NDB No. 01001 Butter, salted

Vitamin E (alpha-tocopherol)	S84
8:0	S27
12:0	S27
18:4	S27
Stigmasterol	S27
Iron, Fe	S7, S10, S6, S11, S9, S12, S8
Zinc, Zn	S7, S10, S6, S11, S9, S12, S8
6:0	S27
14:0	S27
20:1	S27
22:1 undifferentiated	S27
Campesterol	S27
Beta-sitosterol	S27
18:1 t	S27
18:2 n-6 c,c	S27
Potassium, K	S7, S10, S6, S11, S9, S12, S8
Manganese, Mn	S7, S10, S6, S11, S9, S12, S8
Carotene, beta	S1203
Tocopherol, beta	S84
Vitamin B-12	S405
Betaine	S3461
20:4 undifferentiated	S27
18:1 c	S27
Magnesium, Mg	S7, S10, S6, S11, S9, S12, S8
Copper, Cu	S7, S10, S6, S11, S9, S12, S8
Lycopene	S1203
Lutein + zeaxanthin	S1203
Choline, total	S3461
10:0	S27
16:0	S27
18:2 i	S27
Calcium, Ca	S7, S10, S6, S11, S9, S12, S8
Carotene, alpha	S1203
Cryptoxanthin, beta	S1203
Vitamin K (phylloquinone)	D4002
4:0	S27
18:0	S27

NDB No. 01001 Butter, salted

Phosphorus, P	S7, S10, S6, S11, S9, S12, S8
Tocopherol, gamma	S84
Tocopherol, delta	S84
Cholesterol	S27
20:0	S27
22:6 n-3 (DHA)	S27
20:5 n-3 (EPA)	S27
22:5 n-3 (DPA)	S27
18:3 n-3 c,c,c (ALA)	S27
Fluoride, F	D5001, D5007, D5021
17:0	S27
18:2 CLAs	S27
16:1 c	S27

NDB No. 01002 Butter, whipped, with salt

Choline, total	S3461
Fluoride, F	D5001, D5007, D5021
Betaine	S3461

NDB No. 01009 Cheese, cheddar

Maltose	S606
Carotene, alpha	S1203
Vitamin K (phylloquinone)	D4002, S26
Sucrose	S606
Fluoride, F	S26
Vitamin E (alpha-tocopherol)	S81
Cryptoxanthin, beta	S1203
Lutein + zeaxanthin	S1203
Choline, total	S26
Dihydrophylloquinone	S26
Lactose	S606
Carotene, beta	S1203
Tocopherol, gamma	S81
Tocopherol, delta	S81
Sugars, total	S606
Lycopene	S1203

NDB No. 01009 Cheese, cheddar

Betaine	S26

NDB No. 01012 Cheese, cottage, creamed, large or small curd

Sucrose	S2741
Lysine	S2741
Tyrosine	S2741
Histidine	S2741
Maltose	S2741
Sugars, total	S2741
Magnesium, Mg	S2741
Copper, Cu	S2741
Pantothenic acid	S2741
Menaquinone-4	S2741
Dihydrophylloquinone	S2741
Arginine	S2741
Glycine	S2741
Proline	S2741
Serine	S2741
Protein	S2741
Phosphorus, P	S2741
Selenium, Se	S2741
Retinol	S2741
Niacin	S2741
Choline, total	S3461
Betaine	S3461
Isoleucine	S2741
Total lipid (fat)	S2741
Fructose	S2741
Iron, Fe	S2741
Zinc, Zn	S2741
Tocopherol, delta	S2741
Leucine	S2741
Valine	S2741
Alanine	S2741
Glucose (dextrose)	S2741
Manganese, Mn	S2741

NDB No. 01012 Cheese, cottage, creamed, large or small curd

Vitamin E (alpha-tocopherol)	S2741
Vitamin K (phylloquinone)	S2741
Cystine	S2741
Phenylalanine	S2741
Ash	S2741
Water	S2741
Potassium, K	S2741
Fluoride, F	D5001, D5002, D5007
Thiamin	S2741
Riboflavin	S2741
Vitamin B-6	S2741
Vitamin B-12	S2741
Tryptophan	S2741
Methionine	S2741
Cholesterol	S2741
Calcium, Ca	S2741
Sodium, Na	S2741
Tocopherol, beta	S2741
Tocopherol, gamma	S2741
Aspartic acid	S2741
Glutamic acid	S2741
Lactose	S2741
Galactose	S2741
Threonine	S2741

NDB No. 01013 Cheese, cottage, creamed, with fruit

Fluoride, F	D5001, D5002, D5007

NDB No. 01014 Cheese, cottage, nonfat, uncreamed, dry, large or small curd

Protein	S2741
Glucose (dextrose)	S2741
Phosphorus, P	S2741
Selenium, Se	S2741
Arginine	S2741
Histidine	S2741
Cholesterol	S2741

NDB No. 01014 Cheese, cottage, nonfat, uncreamed, dry, large or small curd

18:0	S2741
22:5 n-3 (DPA)	S2741
24:1 c	S2741
20:3 undifferentiated	S2741
Sucrose	S2741
Copper, Cu	S2741
Leucine	S2741
20:1	S2741
22:1 undifferentiated	S2741
24:0	S2741
Fructose	S2741
Sodium, Na	S2741
Isoleucine	S2741
Lysine	S2741
Alanine	S2741
Aspartic acid	S2741
14:0	S2741
18:2 undifferentiated	S2741
22:6 n-3 (DHA)	S2741
20:5 n-3 (EPA)	S2741
Ash	S2741
Lactose	S2741
Thiamin	S2741
Vitamin B-6	S2741
Vitamin B-12	S2741
Vitamin K (phylloquinone)	S2741
Glutamic acid	S2741
17:0	S2741
Total lipid (fat)	S2741
Iron, Fe	S2741
Magnesium, Mg	S2741
Riboflavin	S2741
Niacin	S2741
Tryptophan	S2741
Methionine	S2741
Phenylalanine	S2741
Valine	S2741

NDB No. 01014 Cheese, cottage, nonfat, uncreamed, dry, large or small curd

Proline	S2741
18:3 undifferentiated	S2741
22:4	S2741
Calcium, Ca	S2741
Potassium, K	S2741
Zinc, Zn	S2741
Vitamin E (alpha-tocopherol)	S2741
Tocopherol, beta	S2741
Folate, total	S2741
Dihydrophylloquinone	S2741
Tyrosine	S2741
16:0	S2741
18:1 undifferentiated	S2741
20:4 undifferentiated	S2741
15:0	S2741
17:1	S2741
Maltose	S2741
Water	S2741
Betaine	S3461
Glycine	S2741
22:0	S2741
18:4	S2741
21:5	S2741
Fluoride, F	D5001, D5002, D5007
Manganese, Mn	S2741
Tocopherol, gamma	S2741
Tocopherol, delta	S2741
Pantothenic acid	S2741
Choline, total	S3461
Threonine	S2741
Cystine	S2741
Serine	S2741
20:0	S2741
20:2 n-6 c,c	S2741

NDB No. 01015 Cheese, cottage, lowfat, 2% milkfat

NDB No. 01015 Cheese, cottage, lowfat, 2% milkfat

Iron, Fe	S2741
Tocopherol, beta	S2741
Niacin	S2741
Choline, total	S3461
Menaquinone-4	S2741
Lysine	S2741
20:0	S2741
20:4 undifferentiated	S2741
20:1	S2741
22:5 n-3 (DPA)	S2741
17:1	S2741
21:5	S2741
Lactose	S2741
Calcium, Ca	S2741
Magnesium, Mg	S2741
Vitamin B-6	S2741
Phenylalanine	S2741
Arginine	S2741
17:0	S2741
Ash	S2741
Glucose (dextrose)	S2741
Potassium, K	S2741
Sodium, Na	S2741
Folate, total	S2741
Tryptophan	S2741
Histidine	S2741
Alanine	S2741
Aspartic acid	S2741
15:0	S2741
Vitamin E (alpha-tocopherol)	S2741
Tocopherol, delta	S2741
Riboflavin	S2741
Betaine	S3461
Valine	S2741
Glycine	S2741
Serine	S2741
14:0	S2741

NDB No. 01015 Cheese, cottage, lowfat, 2% milkfat

18:1 undifferentiated	S2741
22:0	S2741
20:3 undifferentiated	S2741
22:4	S2741
Protein	S2741
Fructose	S2741
Maltose	S2741
Water	S2741
Manganese, Mn	S2741
Selenium, Se	S2741
Isoleucine	S2741
Methionine	S2741
Cholesterol	S2741
12:0	S2741
18:2 undifferentiated	S2741
22:6 n-3 (DHA)	S2741
14:1	S2741
18:4	S2741
15:1	S2741
Sucrose	S2741
Galactose	S2741
Zinc, Zn	S2741
Tocopherol, gamma	S2741
Thiamin	S2741
Pantothenic acid	S2741
Proline	S2741
8:0	S2741
16:0	S2741
20:5 n-3 (EPA)	S2741
22:1 undifferentiated	S2741
24:1 c	S2741
20:2 n-6 c,c	S2741
Phosphorus, P	S2741
Fluoride, F	D5001, D5002, D5007
Dihydrophylloquinone	S2741
Cystine	S2741
18:0	S2741

NDB No. 01015 Cheese, cottage, lowfat, 2% milkfat

Total lipid (fat)	S2741
Copper, Cu	S2741
Vitamin B-12	S2741
Vitamin K (phylloquinone)	S2741
Threonine	S2741
Leucine	S2741
Tyrosine	S2741
Glutamic acid	S2741
10:0	S2741
18:3 undifferentiated	S2741
16:1 undifferentiated	S2741
24:0	S2741

NDB No. 01016 Cheese, cottage, lowfat, 1% milkfat

Fluoride, F	D5001, D5002, D5007

NDB No. 01017 Cheese, cream

Iron, Fe	S2702
Phosphorus, P	S2702
Copper, Cu	S2702
Thiamin	S2702
Choline, total	S3461
Isoleucine	S2702
Histidine	S2702
Alanine	S2702
Glutamic acid	S2702
Hydroxyproline	S2702
22:0	S2702
16:1 undifferentiated	S2702
17:0	S2702
15:1	S2702
Ash	S2702
Glucose (dextrose)	S2702
Calcium, Ca	S2702
Zinc, Zn	S2702
Betaine	S3461

NDB No. 01017 Cheese, cream

Methionine	S2702
Proline	S2702
Cholesterol	S2702
20:2 n-6 c,c	S2702
17:1	S2702
Tocopherol, gamma	S2702
Dihydrophylloquinone	S2702
Threonine	S2702
Aspartic acid	S2702
Total lipid (fat)	S2702
Lactose	S2702
Sugars, total	S2702
Sodium, Na	S2702
Vitamin B-12	S2702
Lysine	S2702
Tyrosine	S2702
8:0	S2702
16:0	S2702
18:2 undifferentiated	S2702
Sucrose	S2702
Potassium, K	S2702
Tocopherol, beta	S2702
Menaquinone-4	S2702
Leucine	S2702
Cystine	S2702
Phenylalanine	S2702
Arginine	S2702
12:0	S2702
14:1	S2702
20:3 undifferentiated	S2702
Starch	S2702
Manganese, Mn	S2702
Tocopherol, delta	S2702
Vitamin C, total ascorbic acid	S2702
Riboflavin	S2702
Niacin	S2702
Pantothenic acid	S2702

NDB No. 01017 Cheese, cream

Folate, total	S2702
18:3 undifferentiated	S2702
20:4 undifferentiated	S2702
18:3 n-6 c,c,c	S2702
18:3 n-3 c,c,c (ALA)	S2702
Protein	S2702
Water	S2702
Magnesium, Mg	S2702
Tryptophan	S2702
Serine	S2702
10:0	S2702
14:0	S2702
20:0	S2702
18:1 undifferentiated	S2702
Fructose	S2702
Maltose	S2702
Galactose	S2702
Vitamin B-6	S2702
Valine	S2702
Glycine	S2702
18:0	S2702
20:1	S2702
15:0	S2702

NDB No. 01026 Cheese, mozzarella, whole milk

Total lipid (fat)	S25
Pantothenic acid	S25
Vitamin B-6	S25
Protein	S25
Maltose	S25, S606
Phosphorus, P	S25
Sodium, Na	S25
Phenylalanine	S27
Tyrosine	S27
Glutamic acid	S27
Proline	S27

NDB No. 01026 Cheese, mozzarella, whole milk

Thiamin	S25
Leucine	S27
Lysine	S27
Methionine	S27
Ash	S25
Lactose	S25, S606
Copper, Cu	S25
Selenium, Se	S25
Vitamin K (phylloquinone)	S25
Tryptophan	S27
Cystine	S27
Valine	S27
Arginine	S27
Glycine	S27
Water	S25
Calcium, Ca	S25
Iron, Fe	S25
Manganese, Mn	S25
Niacin	S25
Dihydrophylloquinone	S25
Threonine	S27
Isoleucine	S27
Sucrose	S25, S606
Fructose	S25
Zinc, Zn	S25
Histidine	S27
Aspartic acid	S27
Glucose (dextrose)	S25, S606
Galactose	S25
Magnesium, Mg	S25
Potassium, K	S25
Riboflavin	S25
Folate, total	S25
Vitamin B-12	S25
Alanine	S27
Serine	S27
Cholesterol	S25

NDB No. 01028 Cheese, mozzarella, part skim milk

Calcium, Ca	S5
Cholesterol	S5
Sodium, Na	S5

NDB No. 01029 Cheese, mozzarella, part skim milk, low moisture

Vitamin B-12	S27
Lysine	S27
Tocopherol, beta	S27
Tocopherol, delta	S27
Choline, total	S27
Betaine	S27
Thiamin	S27
Leucine	S27
Valine	S27
Glutamic acid	S27
Glycine	S27
Proline	S27
Ash	S27
Vitamin E (alpha-tocopherol)	S27
Vitamin K (phylloquinone)	S27
Isoleucine	S27
Arginine	S27
Aspartic acid	S27
Tryptophan	S27
Methionine	S27
Serine	S27
Total lipid (fat)	S27
Dihydrophylloquinone	S27
Threonine	S27
Cystine	S27
Phenylalanine	S27
Tyrosine	S27
Histidine	S27
Water	S27
Tocopherol, gamma	S27
Riboflavin	S27

NDB No. 01029 Cheese, mozzarella, part skim milk, low moisture

Alanine	S27

NDB No. 01031 Cheese, neufchatel

Protein	S2702
Total lipid (fat)	S2702
Riboflavin	S2702
Pantothenic acid	S2702
Cholesterol	S2702
12:0	S2702
15:1	S2702
Water	S2702
Menaquinone-4	S2702
Vitamin K (phylloquinone)	S2702
Tryptophan	S2702
Aspartic acid	S2702
Proline	S2702
Serine	S2702
10:0	S2702
20:0	S2702
18:2 undifferentiated	S2702
14:1	S2702
18:3 n-6 c,c,c	S2702
17:1	S2702
20:3 undifferentiated	S2702
Starch	S2702
Sucrose	S2702
Glucose (dextrose)	S2702
Sugars, total	S2702
Calcium, Ca	S2702
Manganese, Mn	S2702
Carotene, beta	S2702
Lycopene	S2702
Isoleucine	S2702
Glutamic acid	S2702
16:0	S2702
18:3 undifferentiated	S2702

NDB No. 01031 Cheese, neufchatel

Sodium, Na	S2702
Vitamin E (alpha-tocopherol)	S2702
Cryptoxanthin, beta	S2702
Leucine	S2702
Arginine	S2702
Alanine	S2702
18:1 undifferentiated	S2702
16:1 undifferentiated	S2702
17:0	S2702
Potassium, K	S2702
Dihydrophylloquinone	S2702
Tyrosine	S2702
Glycine	S2702
Hydroxyproline	S2702
8:0	S2702
14:0	S2702
20:4 undifferentiated	S2702
22:0	S2702
15:0	S2702
Ash	S2702
Lactose	S2702
Galactose	S2702
Magnesium, Mg	S2702
Zinc, Zn	S2702
Tocopherol, delta	S2702
Vitamin C, total ascorbic acid	S2702
Niacin	S2702
Folate, total	S2702
Vitamin B-12	S2702
Valine	S2702
20:1	S2702
Fructose	S2702
Phosphorus, P	S2702
Tocopherol, gamma	S2702
Threonine	S2702
Methionine	S2702
Phenylalanine	S2702

NDB No. 01031 Cheese, neufchatel

18:0	S2702
18:3 n-3 c,c,c (ALA)	S2702
Maltose	S2702
Iron, Fe	S2702
Copper, Cu	S2702
Carotene, alpha	S2702
Tocopherol, beta	S2702
Thiamin	S2702
Lysine	S2702
Cystine	S2702
Histidine	S2702
20:2 n-6 c,c	S2702

NDB No. 01032 Cheese, parmesan, grated

Total lipid (fat)	S19
Water	S19
Phosphorus, P	S19
Isoleucine	S19
Methionine	S19
Alanine	S19
Cholesterol	S19
8:0	S19
18:0	S19
14:1	S19
16:1 undifferentiated	S19
15:0	S19
17:1	S19
Glucose (dextrose)	S19
Fructose	S19
Maltose	S19
Iron, Fe	S19
Selenium, Se	S19
Thiamin	S19
Niacin	S19
20:1	S19
17:0	S19

NDB No. 01032 Cheese, parmesan, grated

Magnesium, Mg	S19
Manganese, Mn	S19
Pantothenic acid	S19
Tryptophan	S19
Lysine	S19
Phenylalanine	S19
Histidine	S19
Glutamic acid	S19
Glycine	S19
10:0	S19
20:0	S19
Folate, total	S19
Vitamin B-12	S19
18:2 undifferentiated	S19
13:0	S19
Galactose	S19
Riboflavin	S19
Vitamin K (phylloquinone)	S19
Valine	S19
12:0	S19
14:0	S19
20:3 undifferentiated	S19
Protein	S19
Potassium, K	S19
Sodium, Na	S19
Zinc, Zn	S19
Dihydrophylloquinone	S19
Aspartic acid	S19
Proline	S19
Sucrose	S19
Lactose	S19
Calcium, Ca	S19
Leucine	S19
Arginine	S19
16:0	S19
Ash	S19
Sugars, total	S19

NDB No. 01032 Cheese, parmesan, grated

Copper, Cu	S19
Vitamin B-6	S19
Threonine	S19
Cystine	S19
Tyrosine	S19
Serine	S19
18:1 undifferentiated	S19
18:3 undifferentiated	S19
22:0	S19

NDB No. 01040 Cheese, swiss

Ash	S27
Maltose	S606
Sugars, total	S606
Thiamin	S27
Glucose (dextrose)	S606
Lactose	S606
Magnesium, Mg	S7, S10, S6, S11, S9, S12, S8
Potassium, K	S7, S10, S6, S11, S9, S12, S8
Manganese, Mn	S7, S10, S6, S11, S9, S12, S8
Betaine	S27
Calcium, Ca	S7, S10, S6, S11, S9, S12, S8
Total lipid (fat)	S27
Sodium, Na	S7, S10, S6, S11, S9, S12, S8
Selenium, Se	S7, S10, S6, S11, S9, S12, S8
Vitamin E (alpha-tocopherol)	S27
Tocopherol, beta	S27
Vitamin K (phylloquinone)	S27
Tocopherol, delta	S27, S81
Riboflavin	S27
Dihydrophylloquinone	S27
Water	S27
Zinc, Zn	S7, S10, S6, S11, S9, S12, S8
Tocopherol, gamma	S27, S81
Vitamin B-12	S27
Iron, Fe	S7, S10, S6, S11, S9, S12, S8

NDB No. 01040 Cheese, swiss

Sucrose	S606
Phosphorus, P	S7, S10, S6, S11, S9, S12, S8
Copper, Cu	S7, S10, S6, S11, S9, S12, S8
Choline, total	S27

NDB No. 01042 Cheese, pasteurized process, american, with di sodium phosphate

Zinc, Zn	S7, S10, S6, S11, S9, S12, S8, S19
Calcium, Ca	S7, S10, S6, S11, S9, S12, S8, S19
Potassium, K	S7, S10, S6, S11, S9, S12, S8, S19
Copper, Cu	S7, S10, S6, S11, S9, S12, S8, S19
Magnesium, Mg	S7, S10, S6, S11, S9, S12, S8, S19
Fluoride, F	D5007
Manganese, Mn	S7, S10, S6, S11, S9, S12, S8, S19
Iron, Fe	S7, S10, S11, S9, S12, S8, S19
Phosphorus, P	S7, S10, S6, S11, S9, S12, S8, S19

NDB No. 01046 Cheese food, pasteurized process, american, without di sodium phosphate

Protein	S19
Zinc, Zn	S19
Manganese, Mn	S19
Proline	S19
10:0	S19
18:0	S19
17:0	S19
Choline, total	S19
Threonine	S19
Cystine	S19
Arginine	S19
20:2 n-6 c,c	S19
Fluoride, F	D5007
Vitamin B-6	S19
Histidine	S19
20:1	S19
20:3 undifferentiated	S19
Water	S19
Phosphorus, P	S19

NDB No. 01046 Cheese food, pasteurized process, american, without di sodium phosphate

Potassium, K	S19
Vitamin K (phylloquinone)	S19
Leucine	S19
Aspartic acid	S19
16:0	S19
18:2 undifferentiated	S19
Sodium, Na	S19
Copper, Cu	S19
Dihydrophylloquinone	S19
Tryptophan	S19
Isoleucine	S19
Lysine	S19
Glycine	S19
20:0	S19
16:1 undifferentiated	S19
Lactose	S606, S19
Iron, Fe	S19
Thiamin	S19
Niacin	S19
Pantothenic acid	S19
Methionine	S19
Phenylalanine	S19
Tyrosine	S19
Serine	S19
17:1	S19
Total lipid (fat)	S19
Glucose (dextrose)	S19
Riboflavin	S19
Vitamin B-12	S19
Betaine	S19
Alanine	S19
Glutamic acid	S19
12:0	S19
14:0	S19
18:3 undifferentiated	S19
20:4 undifferentiated	S19
13:0	S19

NDB No. 01046 Cheese food, pasteurized process, american, without di sodium phosphate

Ash	S19
Fructose	S606
Calcium, Ca	S19
Magnesium, Mg	S19
Valine	S19
Cholesterol	S19
18:1 undifferentiated	S19
14:1	S19
15:0	S19

NDB No. 01048 Cheese spread, pasteurized process, american, without di sodium phosphate

Fluoride, F	D5007

NDB No. 01049 Cream, fluid, half and half

Choline, total	S3461
Fluoride, F	D5007
Betaine	S3461
Vitamin K (phylloquinone)	D4002

NDB No. 01050 Cream, fluid, light (coffee cream or table cream)

Fluoride, F	D5007

NDB No. 01052 Cream, fluid, light whipping

Fluoride, F	D5007

NDB No. 01053 Cream, fluid, heavy whipping

Fluoride, F	D5007

NDB No. 01054 Cream, whipped, cream topping, pressurized

Fluoride, F	D5007

NDB No. 01056 Cream, sour, cultured

NDB No. 01056 Cream, sour, cultured

Protein	S2105
Ash	S2105
Maltose	S2105
Vitamin B-6	S2105
Methionine	S2105
Aspartic acid	S2105
Glycine	S2105
20:0	S2105
20:4 undifferentiated	S2105
16:1 undifferentiated	S2105
17:0	S2105
Total lipid (fat)	S2105
Water	S2105
Iron, Fe	S2105
Carotene, beta	S2105
Vitamin E (alpha-tocopherol)	S2105
Tocopherol, beta	S2105
Tocopherol, delta	S2105
Choline, total	S2105, S3461
Tryptophan	S2105
Histidine	S2105
Glutamic acid	S2105
14:0	S2105
14:1	S2105
20:1	S2105
20:2 n-6 c,c	S2105
17:1	S2105
Potassium, K	S2105
Sodium, Na	S2105
Copper, Cu	S2105
Niacin	S2105
Phenylalanine	S2105
Cholesterol	S2105
16:0	S2105
Lycopene	S2105
Riboflavin	S2105
Vitamin B-12	S2105

NDB No. 01056 Cream, sour, cultured

Dihydrophylloquinone	S2105
Lysine	S2105
Cystine	S2105
Proline	S2105
8:0	S2105
12:0	S2105
18:2 undifferentiated	S2105
Starch	S2105
Calcium, Ca	S2105
Selenium, Se	S2105
Folate, total	S2105
Threonine	S2105
Leucine	S2105
15:0	S2105
18:3 n-6 c,c,c	S2105
Galactose	S2105
Phosphorus, P	S2105
Zinc, Zn	S2105
Tocopherol, gamma	S2105
Vitamin K (phylloquinone)	S2105
Alanine	S2105
15:1	S2105
Sucrose	S2105
Magnesium, Mg	S2105
Manganese, Mn	S2105
Carotene, alpha	S2105
Thiamin	S2105
Tyrosine	S2105
Arginine	S2105
10:0	S2105
18:3 undifferentiated	S2105
22:0	S2105
18:3 n-3 c,c,c (ALA)	S2105
Glucose (dextrose)	S2105
Fructose	S2105
Lactose	S2105
Sugars, total	S2105

NDB No. 01056 Cream, sour, cultured

Fiber, total dietary	S2105
Cryptoxanthin, beta	S2105
Pantothenic acid	S2105
Betaine	S2105, S3461
Isoleucine	S2105
Valine	S2105
Serine	S2105
18:0	S2105
18:1 undifferentiated	S2105
20:3 undifferentiated	S2105

NDB No. 01069 Cream substitute, powdered

Vitamin E (alpha-tocopherol)	S84
Tocopherol, delta	S84
Choline, total	S3461
Tocopherol, beta	S84
Tocopherol, gamma	S84
Betaine	S3461
Fluoride, F	D5007

NDB No. 01077 Milk, whole, 3.25% milkfat, with added vitamin D

Fructose	S27, S2702
Galactose	S27
Lycopene	S27, S1203
Lutein + zeaxanthin	S27, S1203
Pantothenic acid	S27, S2702
Choline, total	S3461
Tryptophan	S27
Aspartic acid	S27
16:0	S27
18:2 undifferentiated	S27
18:4	S27
22:1 undifferentiated	S27
Lactose	S27, S2702
Zinc, Zn	S7, S10, S27, S6, S2702, S11, S9, S12, S8
Selenium, Se	S7, S10, S27, S6, S11, S9, S12, S8

NDB No. 01077 Milk, whole, 3.25% milkfat, with added vitamin D

Vitamin D	S4526, S4525, S4527, S4524
Tocopherol, beta	S27, S2702
Niacin	S27, S2702
6:0	S27
18:3 undifferentiated	S27
17:0	S27
Ash	S27, S2702
Phosphorus, P	S7, S10, S27, S6, S2702, S11, S9, S12, S8
Vitamin B-6	S27, S2702
Cystine	S27
8:0	S27
20:1	S27
Glucose (dextrose)	S27, S2702
Manganese, Mn	S7, S10, S27, S2702, S11, S9, S12, S8
Tocopherol, gamma	S27, S2702
Threonine	S27
Leucine	S27
Valine	S27
12:0	S27
Magnesium, Mg	S7, S10, S27, S6, S2702, S11, S9, S12, S8
Potassium, K	S7, S10, S27, S6, S2702, S11, S9, S12, S8
Carotene, beta	S27, S2702, S1203
Vitamin C, total ascorbic acid	S27, S2702
Methionine	S27
Arginine	S27
Alanine	S27
Serine	S27
22:6 n-3 (DHA)	S27
14:1	S27
16:1 undifferentiated	S27
20:5 n-3 (EPA)	S27
15:0	S27
Protein	S27, S2702
Maltose	S27, S2702
Sodium, Na	S7, S10, S27, S6, S2702, S11, S9, S12, S8
Retinol	S2702
Carotene, alpha	S27, S2702, S1203

NDB No. 01077 Milk, whole, 3.25% milkfat, with added vitamin D

Vitamin E (alpha-tocopherol)	S27, S2702
Tocopherol, delta	S27, S2702
Vitamin K (phylloquinone)	S27, S2702
Isoleucine	S27
Phenylalanine	S27
Histidine	S27
Glycine	S27
Proline	S27
Cholesterol	S27
4:0	S27
18:0	S27
20:4 undifferentiated	S27
22:5 n-3 (DPA)	S27
24:0	S27
Copper, Cu	S7, S10, S27, S6, S2702, S11, S9, S12, S8
Vitamin B-12	S4526, S27, S4525, S4527, S4524
Menaquinone-4	S2702
Glutamic acid	S27
10:0	S27
14:0	S27
22:0	S27
Sucrose	S27, S2702
Water	S4526, S27, S4525, S4527, S2702, S4524
Calcium, Ca	S4526, S4525, S4527, S2702, S4524
Iron, Fe	S7, S4526, S10, S27, S4525, S6, S4527, S2702, S11, S9, S12, S8, S4524
Vitamin D3 (cholecalciferol)	S4526, S4525, S4527, S4524
Cryptoxanthin, beta	S27, S2702, S1203
Thiamin	S27, S2702
Riboflavin	S27, S2702
Folate, total	S2702
Dihydrophylloquinone	S27, S2702
Betaine	S3461
Lysine	S27
Tyrosine	S27
20:0	S27
18:1 undifferentiated	S27
13:0	S27

NDB No. 01079 Milk, reduced fat, fluid, 2% milkfat, with added vitamin A and vitamin D

Total lipid (fat)	S1063, S4526, S4525, S4527, S20, S4524
Sugars, total	S1063, S20
Copper, Cu	S7, S1063, S10, S6, S11, S9, S12, S8
Tocopherol, delta	S1063
Methionine	S1063, S20
Glycine	S1063, S20
Serine	S1063, S20
18:0	S1063, S20
20:4 undifferentiated	S1063
22:6 n-3 (DHA)	S1063
14:1	S1063, S20
Water	S1063, S4526, S4525, S4527, S20, S4524
Calcium, Ca	S4526, S4525, S4527, S4524
Fluoride, F	S1063
Aspartic acid	S1063, S20
Glutamic acid	S1063, S20
Cholesterol	S1063, S20
6:0	S1063
20:0	S1063
Ash	S1063, S20
Sucrose	S1063, S20
Potassium, K	S7, S1063, S10, S6, S11, S9, S12, S8, S20
Vitamin E (alpha-tocopherol)	S1063
Riboflavin	S1063, S20
Cystine	S1063, S20
Phenylalanine	S1063, S20
22:0	S20
15:1	S1063, S20
Fructose	S1063, S20
Maltose	S1063, S20
Manganese, Mn	S7, S1063, S10, S6, S11, S9, S12, S8
Tryptophan	S1063, S20
Isoleucine	S1063, S20
Tyrosine	S1063, S20
Arginine	S1063, S20
12:0	S1063, S20
Beta-sitosterol	S1063

NDB No. 01079 Milk, reduced fat, fluid, 2% milkfat, with added vitamin A and vitamin D

15:0	S1063, S20
18:1 t	S1063
20:3 undifferentiated	S20
Glucose (dextrose)	S1063, S20
Magnesium, Mg	S7, S1063, S10, S6, S11, S9, S12, S8, S20
Vitamin D	S4526, S4525, S4527, S4524
Vitamin D3 (cholecalciferol)	S4526, S4525, S4527, S4524
Tocopherol, beta	S1063
Proline	S1063, S20
Hydroxyproline	S1063
10:0	S1063, S20
20:5 n-3 (EPA)	S1063
Campesterol	S1063
13:0	S20
Galactose	S1063, S20
Iron, Fe	S4526, S4525, S4527, S4524
Sodium, Na	S7, S1063, S10, S6, S11, S9, S12, S8, S20
Tocopherol, gamma	S1063
Thiamin	S1063, S20
Vitamin B-12	S4526, S4525, S4527, S4524
Dihydrophylloquinone	S1063
22:1 undifferentiated	S1063, S20
17:1	S1063, S20
Protein	S1063, S20
Phosphorus, P	S7, S1063, S10, S6, S11, S9, S12, S8, S20
Selenium, Se	S7, S1063, S10, S6, S11, S9, S12, S8, S20
Vitamin C, total ascorbic acid	S1063, S20
Niacin	S1063, S20
Folate, total	S1063
Vitamin K (phylloquinone)	S1063
Lysine	S1063, S20
Valine	S1063, S20
Histidine	S1063, S20
4:0	S1063, S20
14:0	S1063, S20
18:4	S1063
22:5 n-3 (DPA)	S1063

NDB No. 01079 Milk, reduced fat, fluid, 2% milkfat, with added vitamin A and vitamin D

Stigmasterol	S1063
18:2 i	S1063
Lactose	S1063, S20
Zinc, Zn	S7, S1063, S10, S6, S11, S9, S12, S8, S20
Pantothenic acid	S1063, S20
Vitamin B-6	S1063, S20
Choline, total	S1063, S20
Betaine	S1063, S20
Threonine	S1063, S20
Leucine	S1063, S20
Alanine	S1063, S20
8:0	S1063, S20
16:0	S1063, S20
20:1	S1063, S20
17:0	S1063, S20
16:1 c	S1063
18:1 c	S1063
18:2 n-6 c,c	S1063
18:3 n-3 c,c,c (ALA)	S1063

NDB No. 01082 Milk, lowfat, fluid, 1% milkfat, with added vitamin A and vitamin D

Magnesium, Mg	S1063
Zinc, Zn	S1063
Leucine	S1063
Methionine	S1063
Tyrosine	S1063
Glutamic acid	S1063
12:0	S1063
20:4 undifferentiated	S1063
Stigmasterol	S1063
Beta-sitosterol	S1063
15:0	S1063
18:3 n-3 c,c,c (ALA)	S1063
Copper, Cu	S1063
Tocopherol, beta	S1063
Tocopherol, delta	S1063

NDB No. 01082 Milk, lowfat, fluid, 1% milkfat, with added vitamin A and vitamin D

Betaine	S1063
Threonine	S1063
10:0	S1063
18:4	S1063
18:1 c	S1063
Maltose	S1063
Calcium, Ca	S4526, S4525, S4527, S4524
Sodium, Na	S1063
Vitamin D3 (cholecalciferol)	S4526, S4525, S4527, S4524
Tryptophan	S1063
4:0	S1063
22:6 n-3 (DHA)	S1063
14:1	S1063
18:2 i	S1063
17:1	S1063
Protein	S1063
Water	S1063
Fluoride, F	S1063
Selenium, Se	S1063
Vitamin D	S4526, S4525, S4527, S4524
Pantothenic acid	S1063
Lysine	S1063
Histidine	S1063
20:1	S1063
17:0	S1063
18:1 t	S1063
18:2 n-6 c,c	S1063
Glucose (dextrose)	S1063
Lactose	S1063
Sugars, total	S1063
Iron, Fe	S4526, S4525, S4527, S4524
Phosphorus, P	S1063
Potassium, K	S1063
Vitamin E (alpha-tocopherol)	S1063
Vitamin C, total ascorbic acid	S1063
Riboflavin	S1063
Isoleucine	S1063

NDB No. 01082 Milk, lowfat, fluid, 1% milkfat, with added vitamin A and vitamin D

Cystine	S1063
Arginine	S1063
Cholesterol	S1063
8:0	S1063
16:0	S1063
18:0	S1063
20:5 n-3 (EPA)	S1063
22:1 undifferentiated	S1063
Manganese, Mn	S1063
Tocopherol, gamma	S1063
Serine	S1063
6:0	S1063
15:1	S1063
Ash	S1063
Fructose	S1063
Galactose	S1063
Niacin	S1063
Vitamin B-6	S1063
Folate, total	S1063
Vitamin B-12	S4526, S4525, S4527, S4524
Choline, total	S1063
Vitamin K (phylloquinone)	S1063
Phenylalanine	S1063
Valine	S1063
Glycine	S1063
22:5 n-3 (DPA)	S1063
Total lipid (fat)	S1063
Sucrose	S1063
Thiamin	S1063
Dihydrophylloquinone	S1063
Alanine	S1063
Aspartic acid	S1063
Proline	S1063
14:0	S1063
20:0	S1063
Campesterol	S1063
16:1 c	S1063

NDB No. 01085 Milk, nonfat, fluid, with added vitamin A and vitamin D (fat free or skim)

Sucrose	S1063
Glucose (dextrose)	S1063
Pantothenic acid	S1063
Choline, total	S1063
Calcium, Ca	S4526, S4525, S4527, S4524
Manganese, Mn	S1063
Niacin	S1063
Vitamin B-12	S4526, S4525, S4527, S4524
Betaine	S1063
Tryptophan	S1063
Phenylalanine	S1063
Aspartic acid	S1063
Glycine	S1063
Proline	S1063
Serine	S1063
Ash	S1063
Water	S1063
Sugars, total	S1063
Tocopherol, gamma	S1063
Dihydrophylloquinone	S1063
Tyrosine	S1063
Valine	S1063
Arginine	S1063
Alanine	S1063
Fructose	S1063
Maltose	S1063
Magnesium, Mg	S7, S1063, S10, S6, S11, S9, S12, S8
Potassium, K	S7, S1063, S10, S6, S11, S9, S12, S8
Fluoride, F	S1063
Vitamin D3 (cholecalciferol)	S4526, S4525, S4527, S4524
Thiamin	S1063
Folate, total	S1063
Isoleucine	S1063
Methionine	S1063
Total lipid (fat)	S1063
Lactose	S1063
Sodium, Na	S7, S1063, S10, S6, S11, S9, S12, S8

NDB No. 01085 Milk, nonfat, fluid, with added vitamin A and vitamin D (fat free or skim)

Selenium, Se	S1063
Tocopherol, beta	S1063
Tocopherol, delta	S1063
Threonine	S1063
Cystine	S1063
Hydroxyproline	S1063
Protein	S1063
Copper, Cu	S1063
Vitamin D	S4526, S4525, S4527, S4524
Vitamin K (phylloquinone)	S1063
Leucine	S1063
Histidine	S1063
Phosphorus, P	S7, S1063, S10, S6, S11, S9, S12, S8
Zinc, Zn	S7, S1063, S10, S6, S11, S9, S12, S8
Vitamin C, total ascorbic acid	S1063
Riboflavin	S1063
Vitamin B-6	S1063
Galactose	S1063
Iron, Fe	S4526, S4525, S4527, S4524
Vitamin E (alpha-tocopherol)	S1063
Lysine	S1063
Glutamic acid	S1063

NDB No. 01088 Milk, buttermilk, fluid, cultured, lowfat

Fluoride, F	D5007
Vitamin E (alpha-tocopherol)	S82
Tocopherol, beta	S82
Tocopherol, gamma	S82
Tocopherol, delta	S82

NDB No. 01091 Milk, dry, nonfat, regular, without added vitamin A and vitamin D

Vitamin E (alpha-tocopherol)	S82
Tocopherol, delta	S82
Tocopherol, beta	S82
Tocopherol, gamma	S82

NDB No. 01096 Milk, canned, evaporated, with added vitamin D and without added vitamin A

Fluoride, F	D5002, D5007

NDB No. 01097 Milk, canned, evaporated, nonfat, with added vitamin A and vitamin D

Fluoride, F	D5002, D5007

NDB No. 01102 Milk, chocolate, fluid, commercial, whole, with added vitamin A and vitamin D

Fluoride, F	D5007, D5021

NDB No. 01103 Milk, chocolate, fluid, commercial, reduced fat, with added vitamin A and vitamin D

Protein	S1163
Caffeine	S1163
Calcium, Ca	S1163
Tocopherol, beta	S1163
Pantothenic acid	S1163
Dihydrophylloquinone	S1163
Methionine	S1163
Cystine	S1163
8:0	S1163
18:2 undifferentiated	S1163
20:4 undifferentiated	S1163
24:0	S1163
Lactose	S1163
Maltose	S1163
Manganese, Mn	S1163
Niacin	S1163
Leucine	S1163
18:0	S1163
20:5 n-3 (EPA)	S1163
Sucrose	S1163
Water	S1163
Fiber, total dietary	S1163
Magnesium, Mg	S1163
Copper, Cu	S1163
Fluoride, F	D5007, D5021
Selenium, Se	S1163

NDB No. 01103 Milk, chocolate, fluid, commercial, reduced fat, with added vitamin A and vitamin D

Tocopherol, delta	S1163
Vitamin B-6	S1163
Vitamin K (phylloquinone)	S1163
Betaine	S1163
Valine	S1163
14:0	S1163
16:0	S1163
18:1 undifferentiated	S1163
Fatty acids, total polyunsaturated	S1163
17:1	S1163
15:1	S1163
Vitamin B-12	S1163
Tryptophan	S1163
Threonine	S1163
Isoleucine	S1163
Phenylalanine	S1163
Histidine	S1163
Aspartic acid	S1163
22:5 n-3 (DPA)	S1163
Beta-sitosterol	S1163
Sodium, Na	S1163
Carotene, beta	S1163
Carotene, alpha	S1163
Vitamin E (alpha-tocopherol)	S1163
Lycopene	S1163
Tocopherol, gamma	S1163
Choline, total	S1163
Glycine	S1163
10:0	S1163
20:0	S1163
22:1 undifferentiated	S1163
17:0	S1163
20:3 undifferentiated	S1163
18:3 n-3 c,c,c (ALA)	S1163
Total lipid (fat)	S1163
Theobromine	S1163
Zinc, Zn	S1163

NDB No. 01103 Milk, chocolate, fluid, commercial, reduced fat, with added vitamin A and vitamin D

Thiamin	S1163
Tyrosine	S1163
Proline	S1163
12:0	S1163
18:3 undifferentiated	S1163
14:1	S1163
16:1 undifferentiated	S1163
20:1	S1163
Stigmasterol	S1163
Fatty acids, total monounsaturated	S1163
20:2 n-6 c,c	S1163
Fructose	S1163
Vitamin C, total ascorbic acid	S1163
Folate, total	S1163
Alanine	S1163
Cholesterol	S1163
15:0	S1163
Ash	S1163
Starch	S1163
Glucose (dextrose)	S1163
Retinol	S1163
Cryptoxanthin, beta	S1163
Lysine	S1163
Arginine	S1163
Glutamic acid	S1163
Serine	S1163
22:6 n-3 (DHA)	S1163
22:0	S1163
18:4	S1163
Campesterol	S1163

NDB No. 01104 Milk, chocolate, fluid, commercial, lowfat, with added vitamin A and vitamin D

Vitamin B-12	S4526, S4525, S4527, S4524
Iron, Fe	S4526, S4525, S4527, S4524
Water	S4526, S4525, S4527, S4524
Calcium, Ca	S4526, S4525, S4527, S4524

NDB No. 01104 Milk, chocolate, fluid, commercial, lowfat, with added vitamin A and vitamin D

Vitamin D3 (cholecalciferol)	S4526, S4525, S4527, S4524
Fluoride, F	D5007, D5021
Vitamin D	S4526, S4525, S4527, S4524

NDB No. 01116 Yogurt, plain, whole milk, 8 grams protein per 8 ounce

Fluoride, F	D5007

NDB No. 01117 Yogurt, plain, low fat, 12 grams protein per 8 ounce

Fluoride, F	D5007
Choline, total	S3461
Betaine	S3461
Vitamin K (phylloquinone)	D4043, D4002

NDB No. 01118 Yogurt, plain, skim milk, 13 grams protein per 8 ounce

Fluoride, F	D5007
Vitamin K (phylloquinone)	D4043, D4002

NDB No. 01119 Yogurt, vanilla, low fat, 11 grams protein per 8 ounce

Fluoride, F	D5007

NDB No. 01120 Yogurt, fruit, low fat, 9 grams protein per 8 ounce

Fluoride, F	D5007

NDB No. 01121 Yogurt, fruit, low fat, 10 grams protein per 8 ounce

Fluoride, F	D5007
Choline, total	S3461
Betaine	S3461

NDB No. 01122 Yogurt, fruit, low fat, 11 grams protein per 8 ounce

Fluoride, F	D5007

NDB No. 01123 Egg, whole, raw, fresh

Protein	S6743
Ash	S6743
Sucrose	S6743
Sugars, total	S6743
Calcium, Ca	S6743
Magnesium, Mg	S6743
Fluoride, F	D5021
Carotene, alpha	S6743
Thiamin	S6743
Pantothenic acid	S6743
Betaine	S1063, S561
Cystine	S1063, S561
Aspartic acid	S1063, S561
Glycine	S1063, S561
18:3 undifferentiated	S6743
15:0	S6743
18:1 c	S6743
Fatty acids, total trans-polyenoic	S6743
18:3 n-3 c,c,c (ALA)	S6743
Sodium, Na	S6743
Threonine	S1063, S561
Arginine	S1063, S561
Alanine	S1063, S561
Serine	S1063, S561
12:0	S6743
16:0	S6743
18:0	S6743
18:1 undifferentiated	S6743
22:5 n-3 (DPA)	S6743
17:0	S6743
15:1	S6743
Fructose	S6743
Lactose	S6743
Fiber, total dietary	S1063
Copper, Cu	S6743
Selenium, Se	S6743
Lycopene	S6743

NDB No. 01123 Egg, whole, raw, fresh

Lutein + zeaxanthin	S6743
Dihydrophylloquinone	S1063, S561
Methionine	S1063, S561
Tyrosine	S1063, S561
Glutamic acid	S1063, S561
20:5 n-3 (EPA)	S6743
22:1 undifferentiated	S6743
Fatty acids, total monounsaturated	S6743
16:1 t	S6743
18:2 t not further defined	S6743
20:2 n-6 c,c	S6743
20:3 n-6	S6743
Maltose	S6743
Galactose	S6743
Manganese, Mn	S6743
Retinol	S6743
Carotene, beta	S6743
Isoleucine	S1063, S561
Valine	S1063, S561
Proline	S1063, S561
Fatty acids, total trans	S6743
4:0	S6743
8:0	S6743
18:2 undifferentiated	S6743
24:1 c	S6743
20:3 undifferentiated	S6743
20:3 n-3	S6743
Glucose (dextrose)	S6743
Niacin	S6743
Phenylalanine	S1063, S561
Cholesterol	S6743
Fatty acids, total saturated	S6743
6:0	S6743
14:0	S6743
20:4 undifferentiated	S6743
22:0	S6743
18:4	S6743

NDB No. 01123 Egg, whole, raw, fresh

20:1	S6743
Fatty acids, total polyunsaturated	S6743
18:2 CLAs	S6743
16:1 c	S6743
18:3 n-6 c,c,c	S6743
Iron, Fe	S6743
Phosphorus, P	S6743
Zinc, Zn	S6743
Vitamin E (alpha-tocopherol)	S6743
Vitamin D	S6743
Tocopherol, gamma	S6743
Vitamin B-6	S6743
Folate, total	S1063, S561
Vitamin B-12	S6743
Tryptophan	S1063, S561
Lysine	S1063, S561
Histidine	S1063, S561
20:0	S6743
22:6 n-3 (DHA)	S6743
16:1 undifferentiated	S6743
18:1 t	S6743
18:2 n-6 c,c	S6743
22:1 c	S6743
17:1	S6743
Fatty acids, total trans-monoenoic	S6743
22:4	S6743
Total lipid (fat)	S6743
Potassium, K	S6743
Cryptoxanthin, beta	S6743
Tocopherol, beta	S6743
Tocopherol, delta	S6743
Vitamin K (phylloquinone)	S1063, S561
Leucine	S1063, S561
14:1	S6743
24:0	S6743
Water	S6743
Vitamin D3 (cholecalciferol)	S6743

NDB No. 01123 Egg, whole, raw, fresh

Vitamin C, total ascorbic acid	S1063, S561
Riboflavin	S6743
Choline, total	S1063, S561
10:0	S6743
22:1 t	S6743

NDB No. 01124 Egg, white, raw, fresh

Protein	S1065
Maltose	S1065
Galactose	S1065
Magnesium, Mg	S1065
Thiamin	S1065
Pantothenic acid	S1065
Vitamin B-12	S1065
Leucine	S1065
Valine	S1065
Total lipid (fat)	S1065
Fructose	S1065
Phosphorus, P	S1065
Tyrosine	S1065
Water	S1065
Zinc, Zn	S1065
Vitamin C, total ascorbic acid	S1065
Tryptophan	S1065
Cystine	S1065
Selenium, Se	S1065
Riboflavin	S1065
Vitamin B-6	S1065
Isoleucine	S1065
Methionine	S1065
Arginine	S1065
Sugars, total	S1065
Sodium, Na	S1065
Niacin	S1065
Dihydrophylloquinone	S1065
Threonine	S1065

NDB No. 01124 Egg, white, raw, fresh

Phenylalanine	S1065
Histidine	S1065
Aspartic acid	S1065
Glycine	S1065
Glucose (dextrose)	S1065
Calcium, Ca	S1065
Choline, total	S1065
Vitamin K (phylloquinone)	S1065
Lysine	S1065
Ash	S1065
Sucrose	S1065
Lactose	S1065
Iron, Fe	S1065
Copper, Cu	S1065
Manganese, Mn	S1065
Serine	S1065
Potassium, K	S1065
Folate, total	S1065
Betaine	S1065
Alanine	S1065
Glutamic acid	S1065
Proline	S1065

NDB No. 01125 Egg, yolk, raw, fresh

Protein	S1065
Ash	S1065
Sodium, Na	S1065
Threonine	S1065
Tyrosine	S1065
Glycine	S1065
Glucose (dextrose)	S1065
Sugars, total	S1065
Potassium, K	S1065
Manganese, Mn	S1065
Carotene, beta	S1065
Riboflavin	S1065

NDB No. 01125 Egg, yolk, raw, fresh

Lysine	S1065
Lactose	S1065
Copper, Cu	S1065
Selenium, Se	S1065
Lycopene	S1065
Niacin	S1065
Betaine	S1065
Isoleucine	S1065
Leucine	S1065
Cystine	S1065
Phenylalanine	S1065
Valine	S1065
Aspartic acid	S1065
Proline	S1065
Total lipid (fat)	S1065
Magnesium, Mg	S1065
Cryptoxanthin, beta	S1065
Tryptophan	S1065
Histidine	S1065
Serine	S1065
Thiamin	S1065
Vitamin B-6	S1065
Vitamin B-12	S1065
Methionine	S1065
Arginine	S1065
Alanine	S1065
Glutamic acid	S1065
Water	S1065
Carotene, alpha	S1065
Choline, total	S1065
Dihydrophylloquinone	S1065
Sucrose	S1065
Fructose	S1065
Maltose	S1065
Galactose	S1065
Calcium, Ca	S1065
Iron, Fe	S1065

NDB No. 01125 Egg, yolk, raw, fresh

Phosphorus, P	S1065
Zinc, Zn	S1065
Pantothenic acid	S1065
Vitamin K (phylloquinone)	S1065

NDB No. 01129 Egg, whole, cooked, hard-boiled

Choline, total	S1063
Betaine	S1063
Fluoride, F	D5001, D5301, D5002, D5007

NDB No. 01145 Butter, without salt

Lutein + zeaxanthin	S1203
Vitamin B-12	S405
6:0	S27
20:4 undifferentiated	S27
20:1	S27
18:1 c	S27
18:2 n-6 c,c	S27
18:3 n-3 c,c,c (ALA)	S27
Calcium, Ca	S7, S10, S6, S11, S9, S12, S8
Fluoride, F	D5001, D5007, D5021
Vitamin E (alpha-tocopherol)	S84
20:0	S27
Stigmasterol	S27
Campesterol	S27
Magnesium, Mg	S7, S10, S6, S11, S9, S12, S8
Carotene, alpha	S1203
4:0	S27
16:0	S27
22:6 n-3 (DHA)	S27
20:5 n-3 (EPA)	S27
22:1 undifferentiated	S27
18:2 i	S27
16:1 c	S27
8:0	S27
12:0	S27

NDB No. 01145 Butter, without salt

Beta-sitosterol	S27
18:1 t	S27
Phosphorus, P	S7, S10, S6, S11, S9, S12, S8
Lycopene	S1203
22:5 n-3 (DPA)	S27
Tocopherol, beta	S84
14:0	S27
18:4	S27
18:2 CLAs	S27
Iron, Fe	S7, S10, S6, S11, S9, S12, S8
Zinc, Zn	S7, S10, S6, S11, S9, S12, S8
Carotene, beta	S1203
Tocopherol, gamma	S84
17:0	S27
Potassium, K	S7, S10, S6, S11, S9, S12, S8
Cryptoxanthin, beta	S1203
Tocopherol, delta	S84
Vitamin K (phylloquinone)	D4002
Cholesterol	S27
10:0	S27
18:0	S27

NDB No. 01147 Cheese, pasteurized process, american, without di sodium phosphate

Fluoride, F	D5007

NDB No. 01149 Cheese food, pasteurized process, american, with di sodium phosphate

Fluoride, F	D5007

NDB No. 01150 Cheese spread, pasteurized process, american, with di sodium phosphate

Fluoride, F	D5007

NDB No. 01151 Milk, nonfat, fluid, without added vitamin A and vitamin D (fat free or skim)

Maltose	S1063
Galactose	S1063

NDB No. 01151 Milk, nonfat, fluid, without added vitamin A and vitamin D (fat free or skim)

Tocopherol, delta	S1063
Vitamin B-6	S1063
Vitamin B-12	S4526, S4525, S4527, S4524
Arginine	S1063
Water	S1063
Magnesium, Mg	S7, S1063, S10, S6, S11, S9, S12, S8
Ash	S1063
Lactose	S1063
Potassium, K	S7, S1063, S10, S6, S11, S9, S12, S8
Zinc, Zn	S7, S1063, S10, S6, S11, S9, S12, S8
Tocopherol, gamma	S1063
Dihydrophylloquinone	S1063
Betaine	S1063
Isoleucine	S1063
Tyrosine	S1063
Protein	S1063
Fructose	S1063
Selenium, Se	S1063
Vitamin C, total ascorbic acid	S1063
Lysine	S1063
Glycine	S1063
Fluoride, F	S1063
Tocopherol, beta	S1063
Pantothenic acid	S1063
Vitamin K (phylloquinone)	S1063
Methionine	S1063
Cystine	S1063
Phenylalanine	S1063
Histidine	S1063
Total lipid (fat)	S1063
Calcium, Ca	S4526, S4525, S4527, S4524
Iron, Fe	S4526, S4525, S4527, S4524
Sodium, Na	S7, S1063, S10, S6, S11, S9, S12, S8
Manganese, Mn	S1063
Vitamin E (alpha-tocopherol)	S1063
Thiamin	S1063
Choline, total	S1063

NDB No. 01151 Milk, nonfat, fluid, without added vitamin A and vitamin D (fat free or skim)

Valine	S1063
Glutamic acid	S1063
Proline	S1063
Hydroxyproline	S1063
Sucrose	S1063
Copper, Cu	S1063
Riboflavin	S1063
Folate, total	S1063
Alanine	S1063
Serine	S1063
Glucose (dextrose)	S1063
Sugars, total	S1063
Phosphorus, P	S7, S1063, S10, S6, S11, S9, S12, S8
Niacin	S1063
Tryptophan	S1063
Threonine	S1063
Leucine	S1063
Aspartic acid	S1063

NDB No. 01153 Milk, canned, evaporated, with added vitamin A

Fluoride, F	D5002, D5007

NDB No. 01168 Cheese, low fat, cheddar or colby

Fluoride, F	S26

NDB No. 01169 Cheese, low-sodium, cheddar or colby

Fluoride, F	S26

NDB No. 01174 Milk, reduced fat, fluid, 2% milkfat, without added vitamin A and vitamin D

Total lipid (fat)	S1063, S4526, S4525, S4527, S20, S4524
Ash	S1063, S20
Fluoride, F	S1063
Vitamin E (alpha-tocopherol)	S1063
Niacin	S1063, S20

NDB No. 01174 Milk, reduced fat, fluid, 2% milkfat, without added vitamin A and vitamin D

Choline, total	S1063, S20
4:0	S1063, S20
20:1	S1063, S20
20:5 n-3 (EPA)	S1063
Stigmasterol	S1063
Campesterol	S1063
Sucrose	S1063, S20
Glucose (dextrose)	S1063, S20
Sugars, total	S1063, S20
Phosphorus, P	S7, S1063, S10, S6, S11, S9, S12, S8, S20
Tocopherol, gamma	S1063
Dihydrophylloquinone	S1063
Betaine	S1063, S20
Methionine	S1063, S20
Tyrosine	S1063, S20
Proline	S1063, S20
22:0	S20
Lactose	S1063, S20
Water	S1063, S4526, S4525, S4527, S20, S4524
Magnesium, Mg	S7, S1063, S10, S6, S11, S9, S12, S8, S20
Pantothenic acid	S1063, S20
Hydroxyproline	S1063
18:4	S1063
22:1 undifferentiated	S1063, S20
15:0	S1063, S20
Galactose	S1063, S20
Zinc, Zn	S7, S1063, S10, S6, S11, S9, S12, S8, S20
Selenium, Se	S7, S1063, S10, S6, S11, S9, S12, S8, S20
Folate, total	S1063
Vitamin K (phylloquinone)	S1063
Tryptophan	S1063, S20
Isoleucine	S1063, S20
Leucine	S1063, S20
Cystine	S1063, S20
Valine	S1063, S20
Aspartic acid	S1063, S20
Glutamic acid	S1063, S20

NDB No. 01174 Milk, reduced fat, fluid, 2% milkfat, without added vitamin A and vitamin D

Glycine	S1063, S20
Serine	S1063, S20
20:0	S1063
Thiamin	S1063, S20
Riboflavin	S1063, S20
18:2 i	S1063
18:1 c	S1063
13:0	S20
15:1	S1063, S20
Protein	S1063, S20
Maltose	S1063, S20
Calcium, Ca	S4526, S4525, S4527, S4524
Iron, Fe	S4526, S4525, S4527, S4524
Copper, Cu	S7, S1063, S10, S6, S11, S9, S12, S8
Manganese, Mn	S7, S1063, S10, S6, S11, S9, S12, S8
Vitamin B-6	S1063, S20
Vitamin B-12	S4526, S4525, S4527, S4524
Threonine	S1063, S20
Histidine	S1063, S20
Alanine	S1063, S20
14:0	S1063, S20
14:1	S1063, S20
Beta-sitosterol	S1063
20:3 undifferentiated	S20
Fructose	S1063, S20
Potassium, K	S7, S1063, S10, S6, S11, S9, S12, S8, S20
Sodium, Na	S7, S1063, S10, S6, S11, S9, S12, S8, S20
Tocopherol, beta	S1063
Phenylalanine	S1063, S20
8:0	S1063, S20
10:0	S1063, S20
16:0	S1063, S20
18:0	S1063, S20
20:4 undifferentiated	S1063
22:6 n-3 (DHA)	S1063
22:5 n-3 (DPA)	S1063
16:1 c	S1063

NDB No. 01174 Milk, reduced fat, fluid, 2% milkfat, without added vitamin A and vitamin D

17:1	S1063, S20
Tocopherol, delta	S1063
Vitamin C, total ascorbic acid	S1063, S20
Lysine	S1063, S20
Arginine	S1063, S20
Cholesterol	S1063, S20
6:0	S1063
12:0	S1063, S20
17:0	S1063, S20
18:1 t	S1063
18:2 n-6 c,c	S1063
18:3 n-3 c,c,c (ALA)	S1063

NDB No. 01175 Milk, fluid, 1% fat, without added vitamin A and vitamin D

Sugars, total	S1063
Potassium, K	S1063
Vitamin B-6	S1063
Lysine	S1063
Serine	S1063
8:0	S1063
18:4	S1063
20:1	S1063
Campesterol	S1063
17:0	S1063
18:2 i	S1063
17:1	S1063
18:3 n-3 c,c,c (ALA)	S1063
Protein	S1063
Fluoride, F	S1063
Tocopherol, beta	S1063
10:0	S1063
12:0	S1063
22:1 undifferentiated	S1063
Stigmasterol	S1063
15:0	S1063
Total lipid (fat)	S1063

NDB No. 01175 Milk, fluid, 1% fat, without added vitamin A and vitamin D

Copper, Cu	S1063
Vitamin C, total ascorbic acid	S1063
Thiamin	S1063
Pantothenic acid	S1063
Dihydrophylloquinone	S1063
Cystine	S1063
Valine	S1063
Glycine	S1063
6:0	S1063
14:0	S1063
22:6 n-3 (DHA)	S1063
18:2 n-6 c,c	S1063
Sucrose	S1063
Glucose (dextrose)	S1063
Fructose	S1063
Selenium, Se	S1063
Phenylalanine	S1063
Aspartic acid	S1063
16:1 c	S1063
Calcium, Ca	S4526, S4525, S4527, S4524
Manganese, Mn	S1063
Methionine	S1063
Glutamic acid	S1063
Proline	S1063
20:4 undifferentiated	S1063
14:1	S1063
18:1 t	S1063
Water	S1063
Galactose	S1063
Magnesium, Mg	S1063
Vitamin E (alpha-tocopherol)	S1063
Riboflavin	S1063
Threonine	S1063
Isoleucine	S1063
Arginine	S1063
16:0	S1063
20:0	S1063

NDB No. 01175 Milk, fluid, 1% fat, without added vitamin A and vitamin D

20:5 n-3 (EPA)	S1063
22:5 n-3 (DPA)	S1063
Beta-sitosterol	S1063
Ash	S1063
Phosphorus, P	S1063
Zinc, Zn	S1063
Tocopherol, delta	S1063
Niacin	S1063
Vitamin B-12	S4526, S4525, S4527, S4524
Vitamin K (phylloquinone)	S1063
Betaine	S1063
Leucine	S1063
Histidine	S1063
Alanine	S1063
Hydroxyproline	S1063
Cholesterol	S1063
4:0	S1063
18:1 c	S1063
Lactose	S1063
Maltose	S1063
Iron, Fe	S4526, S4525, S4527, S4524
Sodium, Na	S1063
Tocopherol, gamma	S1063
Folate, total	S1063
Choline, total	S1063
Tryptophan	S1063
Tyrosine	S1063
18:0	S1063
15:1	S1063

NDB No. 01184 Yogurt, vanilla or lemon flavor, nonfat milk, sweetened with low-calorie sweetener

Fluoride, F	D5007

NDB No. 01186 Cheese, cream, fat free

Total lipid (fat)	S2702
Calcium, Ca	S2702

NDB No. 01186 Cheese, cream, fat free

Phosphorus, P	S2702
Folate, total	S2702
Tryptophan	S2702
Glutamic acid	S2702
22:0	S2702
20:3 undifferentiated	S2702
Ash	S2702
Glucose (dextrose)	S2702
Galactose	S2702
Iron, Fe	S2702
Potassium, K	S2702
Vitamin E (alpha-tocopherol)	S2702
Thiamin	S2702
Arginine	S2702
Hydroxyproline	S2702
10:0	S2702
18:3 undifferentiated	S2702
15:0	S2702
17:1	S2702
Lactose	S2702
Magnesium, Mg	S2702
Carotene, beta	S2702
Tocopherol, beta	S2702
Tocopherol, gamma	S2702
Vitamin B-12	S2702
Alanine	S2702
Aspartic acid	S2702
8:0	S2702
12:0	S2702
16:0	S2702
16:1 undifferentiated	S2702
18:3 n-6 c,c,c	S2702
Starch	S2702
Sucrose	S2702
Copper, Cu	S2702
Carotene, alpha	S2702
Lycopene	S2702

NDB No. 01186 Cheese, cream, fat free

Tocopherol, delta	S2702
Vitamin K (phylloquinone)	S2702
Isoleucine	S2702
Tyrosine	S2702
Proline	S2702
Cholesterol	S2702
14:0	S2702
18:2 undifferentiated	S2702
20:2 n-6 c,c	S2702
Sodium, Na	S2702
Vitamin B-6	S2702
Leucine	S2702
Methionine	S2702
Zinc, Zn	S2702
Manganese, Mn	S2702
Riboflavin	S2702
Niacin	S2702
Threonine	S2702
Lysine	S2702
Glycine	S2702
20:4 undifferentiated	S2702
Fructose	S2702
Sugars, total	S2702
Cryptoxanthin, beta	S2702
Pantothenic acid	S2702
Menaquinone-4	S2702
Cystine	S2702
Valine	S2702
18:0	S2702
18:1 undifferentiated	S2702
20:1	S2702
17:0	S2702
18:3 n-3 c,c,c (ALA)	S2702
Protein	S2702
Maltose	S2702
Water	S2702
Vitamin C, total ascorbic acid	S2702

NDB No. 01186 Cheese, cream, fat free

Dihydrophylloquinone	S2702
Phenylalanine	S2702
Histidine	S2702
Serine	S2702
20:0	S2702
14:1	S2702
15:1	S2702

NDB No. 01187 Yogurt, chocolate, nonfat milk

Fluoride, F	D5007

NDB No. 01199 Cream, half and half, fat free

Fluoride, F	D5007
Betaine	S3461
Choline, total	S3461

NDB No. 01202 Milk, chocolate, fluid, commercial, reduced fat, with added calcium

Sucrose	S1163
Lactose	S1163
Water	S1163
Carotene, alpha	S1163
Isoleucine	S1163
Tyrosine	S1163
Glycine	S1163
Proline	S1163
10:0	S1163
18:0	S1163
20:5 n-3 (EPA)	S1163
Fatty acids, total polyunsaturated	S1163
Threonine	S1163
Leucine	S1163
Methionine	S1163
Arginine	S1163
Aspartic acid	S1163
12:0	S1163

NDB No. 01202 Milk, chocolate, fluid, commercial, reduced fat, with added calcium

16:0	S1163
22:6 n-3 (DHA)	S1163
22:5 n-3 (DPA)	S1163
17:0	S1163
24:0	S1163
Caffeine	S1163
Retinol	S1163
Lycopene	S1163
Tocopherol, gamma	S1163
Cystine	S1163
Alanine	S1163
14:0	S1163
20:0	S1163
18:4	S1163
20:1	S1163
Ash	S1163
Theobromine	S1163
Potassium, K	S1163
Cryptoxanthin, beta	S1163
Vitamin C, total ascorbic acid	S1163
Thiamin	S1163
Folate, total	S1163
Dihydrophylloquinone	S1163
Valine	S1163
Fatty acids, total saturated	S1163
22:1 undifferentiated	S1163
Stigmasterol	S1163
Fatty acids, total monounsaturated	S1163
20:2 n-6 c,c	S1163
18:3 n-3 c,c,c (ALA)	S1163
Glucose (dextrose)	S1163
Fructose	S1163
Maltose	S1163
Iron, Fe	S1163
Magnesium, Mg	S1163
Phosphorus, P	S1163
Sodium, Na	S1163

NDB No. 01202 Milk, chocolate, fluid, commercial, reduced fat, with added calcium

Selenium, Se	S1163
Tryptophan	S1163
Lysine	S1163
Histidine	S1163
Cholesterol	S1163
22:0	S1163
Campesterol	S1163
20:3 undifferentiated	S1163
Tocopherol, beta	S1163
Vitamin B-12	S1163
18:1 undifferentiated	S1163
20:4 undifferentiated	S1163
Beta-sitosterol	S1163
Protein	S1163
Starch	S1163
Calcium, Ca	S1163
Carotene, beta	S1163
Tocopherol, delta	S1163
Vitamin K (phylloquinone)	S1163
Phenylalanine	S1163
Glutamic acid	S1163
Serine	S1163
18:2 undifferentiated	S1163
18:3 undifferentiated	S1163
14:1	S1163
17:1	S1163
Total lipid (fat)	S1163
Fiber, total dietary	S1163
Zinc, Zn	S1163
Copper, Cu	S1163
Manganese, Mn	S1163
Vitamin E (alpha-tocopherol)	S1163
Riboflavin	S1163
Niacin	S1163
Pantothenic acid	S1163
Vitamin B-6	S1163
8:0	S1163

NDB No. 01202 Milk, chocolate, fluid, commercial, reduced fat, with added calcium

16:1 undifferentiated	S1163
15:0	S1163
15:1	S1163

NDB No. 01204 Cheese, parmesan, dry grated, reduced fat

Ash	S19
Niacin	S19
Tryptophan	S25
Arginine	S25
Histidine	S25
Serine	S25
Iron, Fe	S19
Cystine	S25
Aspartic acid	S25
Glutamic acid	S25
Cholesterol	S19
Calcium, Ca	S19
Manganese, Mn	S19
Selenium, Se	S19
Vitamin B-6	S19
Alanine	S25
Potassium, K	S19
Copper, Cu	S19
Methionine	S25
Phenylalanine	S25
Glycine	S25
Magnesium, Mg	S19
Zinc, Zn	S19
Riboflavin	S19
Folate, total	S19
Isoleucine	S25
Pantothenic acid	S19
Vitamin B-12	S19
Leucine	S25
Lysine	S25
Valine	S25

NDB No. 01204 Cheese, parmesan, dry grated, reduced fat

Proline	S25
Phosphorus, P	S19
Sodium, Na	S19
Thiamin	S19
Threonine	S25
Tyrosine	S25

NDB No. 01210 Egg Mix, USDA Commodity

Total lipid (fat)	S3542
Lactose	S3542
Sugars, total	S3542
Tocopherol, beta	S3542
Tocopherol, delta	S3542
Pantothenic acid	S3542
Proline	S3542
Serine	S3542
20:0	S3542
Fatty acids, total polyunsaturated	S3542
18:3 n-3 c,c,c (ALA)	S3542
Water	S3542
Iron, Fe	S3542
Magnesium, Mg	S3542
Folate, total	S3542
Dihydrophylloquinone	S3542
Alanine	S3542
14:0	S3542
18:3 undifferentiated	S3542
Fructose	S3542
Phosphorus, P	S3542
Vitamin B-6	S3542
Vitamin K (phylloquinone)	S3542
Tyrosine	S3542
18:2 undifferentiated	S3542
17:0	S3542
20:2 n-6 c,c	S3542
Sucrose	S3542

NDB No. 01210 Egg Mix, USDA Commodity

Potassium, K	S3542
Carotene, alpha	S3542
Thiamin	S3542
Menaquinone-4	S3542
Isoleucine	S3542
Glycine	S3542
10:0	S3542
22:0	S3542
14:1	S3542
Fatty acids, total monounsaturated	S3542
17:1	S3542
20:3 undifferentiated	S3542
Glucose (dextrose)	S3542
Galactose	S3542
Zinc, Zn	S3542
Copper, Cu	S3542
Retinol	S3542
Cryptoxanthin, beta	S3542
Vitamin B-12	S3542
Folate, food	S3542
Tryptophan	S3542
Threonine	S3542
Valine	S3542
12:0	S3542
Sodium, Na	S3542
Tocopherol, gamma	S3542
Choline, total	S3542
Lysine	S3542
Cystine	S3542
Histidine	S3542
Glutamic acid	S3542
Hydroxyproline	S3542
8:0	S3542
18:0	S3542
Protein	S3542
Maltose	S3542
Carotene, beta	S3542

NDB No. 01210 Egg Mix, USDA Commodity

Vitamin E (alpha-tocopherol)	S3542
Niacin	S3542
Leucine	S3542
Arginine	S3542
16:0	S3542
20:4 undifferentiated	S3542
18:3 n-6 c,c,c	S3542
Ash	S3542
Calcium, Ca	S3542
Manganese, Mn	S3542
Selenium, Se	S3542
Lycopene	S3542
Riboflavin	S3542
Betaine	S3542
Methionine	S3542
Phenylalanine	S3542
Aspartic acid	S3542
Fatty acids, total saturated	S3542
18:1 undifferentiated	S3542
16:1 undifferentiated	S3542
20:1	S3542
15:0	S3542
15:1	S3542

NDB No. 01211 Milk, whole, 3.25% milkfat, without added vitamin A and vitamin D

Phosphorus, P	S7, S10, S27, S6, S2702, S11, S9, S12, S8
Vitamin K (phylloquinone)	S27, S2702
Tyrosine	S27
Histidine	S27
8:0	S27
14:1	S27
Water	S4526, S27, S4525, S4527, S2702, S4524
Galactose	S27
Magnesium, Mg	S7, S10, S27, S6, S2702, S11, S9, S12, S8
Manganese, Mn	S7, S10, S27, S2702, S11, S9, S12, S8
Selenium, Se	S7, S10, S27, S6, S11, S9, S12, S8

NDB No. 01211 Milk, whole, 3.25% milkfat, without added vitamin A and vitamin D

Cystine	S27
18:1 undifferentiated	S27
Calcium, Ca	S4526, S4525, S4527, S2702, S4524
Retinol	S2702
Carotene, alpha	S27, S2702, S1203
Lycopene	S27, S1203
Phenylalanine	S27
Aspartic acid	S27
Cholesterol	S27
6:0	S27
18:2 undifferentiated	S27
22:6 n-3 (DHA)	S27
20:1	S27
15:0	S27
17:0	S27
Total lipid (fat)	S4526, S27, S4525, S4527, S2702, S4524
Ash	S27, S2702
Maltose	S27, S2702
Potassium, K	S7, S10, S27, S6, S2702, S11, S9, S12, S8
Sodium, Na	S7, S10, S27, S6, S2702, S11, S9, S12, S8
Vitamin E (alpha-tocopherol)	S27, S2702
Cryptoxanthin, beta	S27, S2702, S1203
Tocopherol, delta	S27, S2702
Vitamin C, total ascorbic acid	S27, S2702
Vitamin B-12	S4526, S27, S4525, S4527, S4524
Choline, total	S3461
Leucine	S27
Valine	S27
Arginine	S27
Glutamic acid	S27
18:4	S27
22:1 undifferentiated	S27
13:0	S27
Lactose	S27, S2702
Thiamin	S27, S2702
Niacin	S27, S2702
Dihydrophylloquinone	S27, S2702

NDB No. 01211 Milk, whole, 3.25% milkfat, without added vitamin A and vitamin D

Tryptophan	S27
Lysine	S27
Proline	S27
10:0	S27
12:0	S27
16:0	S27
20:4 undifferentiated	S27
Sucrose	S27, S2702
Fructose	S27, S2702
Iron, Fe	S7, S4526, S10, S27, S4525, S6, S4527, S2702, S11, S9, S12, S8, S4524
Pantothenic acid	S27, S2702
Vitamin B-6	S27, S2702
Betaine	S3461
Threonine	S27
Methionine	S27
Alanine	S27
Serine	S27
20:0	S27
Protein	S27, S2702
Glucose (dextrose)	S27, S2702
Zinc, Zn	S7, S10, S27, S6, S2702, S11, S9, S12, S8
Carotene, beta	S27, S2702, S1203
Tocopherol, gamma	S27, S2702
Riboflavin	S27, S2702
4:0	S27
14:0	S27
24:0	S27
Copper, Cu	S7, S10, S27, S6, S2702, S11, S9, S12, S8
Lutein + zeaxanthin	S27, S1203
Tocopherol, beta	S27, S2702
Menaquinone-4	S2702
Isoleucine	S27
Glycine	S27
18:0	S27
18:3 undifferentiated	S27
22:0	S27
16:1 undifferentiated	S27

NDB No. 01211 Milk, whole, 3.25% milkfat, without added vitamin A and vitamin D

20:5 n-3 (EPA)	S27
22:5 n-3 (DPA)	S27

NDB No. 01214 Milk, canned, evaporated, without added vitamin A and vitamin D

Fluoride, F	D5002, D5007

NDB No. 01225 Dulce de Leche

Protein	S4531
Ash	S4531
Glucose (dextrose)	S4531
Sugars, total	S4531
Potassium, K	S4531
Zinc, Zn	S4531
Copper, Cu	S4531
Tocopherol, gamma	S4531
Tocopherol, delta	S4531
Dihydrophylloquinone	S4531
Fatty acids, total saturated	S4531
24:0	S4531
18:1 t	S4531
22:1 t	S4531
20:3 n-6	S4531
Galactose	S4531
Pantothenic acid	S4531
Vitamin K (phylloquinone)	S4531
16:0	S4531
20:4 undifferentiated	S4531
15:0	S4531
17:0	S4531
16:1 c	S4531
Calcium, Ca	S4531
Magnesium, Mg	S4531
Phosphorus, P	S4531
20:5 n-3 (EPA)	S4531
Fatty acids, total monounsaturated	S4531

NDB No. 01225 Dulce de Leche

18:2 t not further defined	S4531
Fatty acids, total trans-monoenoic	S4531
Fatty acids, total trans-polyenoic	S4531
Total lipid (fat)	S4531
Fructose	S4531
Vitamin E (alpha-tocopherol)	S4531
Fatty acids, total trans	S4531
12:0	S4531
18:0	S4531
22:6 n-3 (DHA)	S4531
14:1	S4531
22:4	S4531
Maltose	S4531
Iron, Fe	S4531
Manganese, Mn	S4531
Selenium, Se	S4531
Riboflavin	S4531
Vitamin B-12	S4531
14:0	S4531
20:0	S4531
18:1 undifferentiated	S4531
20:1	S4531
22:1 undifferentiated	S4531
24:1 c	S4531
22:1 c	S4531
18:3 n-6 c,c,c	S4531
17:1	S4531
15:1	S4531
18:3 n-3 c,c,c (ALA)	S4531
Tocopherol, beta	S4531
Menaquinone-4	S4531
8:0	S4531
18:2 undifferentiated	S4531
18:3 undifferentiated	S4531
16:1 undifferentiated	S4531
22:5 n-3 (DPA)	S4531
Fatty acids, total polyunsaturated	S4531

NDB No. 01225 Dulce de Leche

18:2 n-6 c,c	S4531
20:3 undifferentiated	S4531
Sucrose	S4531
Niacin	S4531
Vitamin B-6	S4531
4:0	S4531
10:0	S4531
22:0	S4531
16:1 t	S4531
18:1 c	S4531
Lactose	S4531
Water	S4531
Sodium, Na	S4531
Thiamin	S4531
Cholesterol	S4531
6:0	S4531
18:4	S4531
18:2 CLAs	S4531
20:2 n-6 c,c	S4531
20:3 n-3	S4531

NDB No. 01227 Cheese, dry white, queso seco

Maltose	S6441
Selenium, Se	S6441
Vitamin B-12	S6441
6:0	S6441
18:1 undifferentiated	S6441
22:0	S6441
22:5 n-3 (DPA)	S6441
15:0	S6441
18:1 c	S6441
18:3 n-3 c,c,c (ALA)	S6441
Glucose (dextrose)	S6441
Iron, Fe	S6441
Copper, Cu	S6441
Manganese, Mn	S6441

NDB No. 01227 Cheese, dry white, queso seco

Vitamin D3 (cholecalciferol)	S6441
Menaquinone-4	S6441
20:4 undifferentiated	S6441
24:1 c	S6441
Sucrose	S6441
Water	S6441
Sugars, total	S6441
Retinol	S6441
10:0	S6441
14:0	S6441
17:0	S6441
Total lipid (fat)	S6441
Ash	S6441
Galactose	S6441
Phosphorus, P	S6441
Tocopherol, gamma	S6441
Tocopherol, delta	S6441
Choline, total	S6441
Cholesterol	S6441
Fatty acids, total trans	S6441
Fatty acids, total saturated	S6441
18:2 undifferentiated	S6441
22:6 n-3 (DHA)	S6441
16:1 undifferentiated	S6441
Fatty acids, total monounsaturated	S6441
24:0	S6441
22:1 c	S6441
17:1	S6441
Fatty acids, total trans-monoenoic	S6441
Fatty acids, total trans-polyenoic	S6441
15:1	S6441
Zinc, Zn	S6441
Lycopene	S6441
Thiamin	S6441
Vitamin B-6	S6441
4:0	S6441

NDB No. 01227 Cheese, dry white, queso seco

16:0	S6441
14:1	S6441
18:4	S6441
22:1 undifferentiated	S6441
Fatty acids, total polyunsaturated	S6441
16:1 t	S6441
18:1 t	S6441
22:1 t	S6441
20:3 n-3	S6441
Carotene, alpha	S6441
Vitamin D	S6441
Riboflavin	S6441
Niacin	S6441
Pantothenic acid	S6441
Betaine	S6441
12:0	S6441
18:0	S6441
20:5 n-3 (EPA)	S6441
18:2 t not further defined	S6441
20:2 n-6 c,c	S6441
18:2 n-6 c,c	S6441
18:3 n-6 c,c,c	S6441
Protein	S6441
Lactose	S6441
Sodium, Na	S6441
Carotene, beta	S6441
Vitamin E (alpha-tocopherol)	S6441
Cryptoxanthin, beta	S6441
8:0	S6441
18:3 undifferentiated	S6441
20:1	S6441
18:2 CLAs	S6441
16:1 c	S6441
20:3 undifferentiated	S6441
22:4	S6441
Fructose	S6441
Calcium, Ca	S6441

NDB No. 01227 Cheese, dry white, queso seco

Magnesium, Mg	S6441
Potassium, K	S6441
Vitamin D (D2 + D3)	S6441
Lutein + zeaxanthin	S6441
Tocopherol, beta	S6441
Vitamin K (phylloquinone)	S6441
20:0	S6441
20:3 n-6	S6441

NDB No. 01228 Cheese, fresh, queso fresco

Calcium, Ca	S6441
Zinc, Zn	S6441
Vitamin E (alpha-tocopherol)	S6441
Vitamin D3 (cholecalciferol)	S6441
Thiamin	S6441
Menaquinone-4	S6441
18:1 undifferentiated	S6441
20:4 undifferentiated	S6441
24:0	S6441
22:4	S6441
Sucrose	S6441
Maltose	S6441
Iron, Fe	S6441
Retinol	S6441
Vitamin K (phylloquinone)	S6441
Cholesterol	S6441
10:0	S6441
18:3 undifferentiated	S6441
20:1	S6441
20:5 n-3 (EPA)	S6441
22:1 undifferentiated	S6441
18:1 t	S6441
18:2 CLAs	S6441
16:1 c	S6441
22:1 c	S6441
17:1	S6441

NDB No. 01228 Cheese, fresh, queso fresco

15:1	S6441
Magnesium, Mg	S6441
Selenium, Se	S6441
Cryptoxanthin, beta	S6441
Tocopherol, beta	S6441
Riboflavin	S6441
Niacin	S6441
Fatty acids, total saturated	S6441
12:0	S6441
16:0	S6441
18:2 undifferentiated	S6441
14:1	S6441
18:4	S6441
22:1 t	S6441
18:3 n-6 c,c,c	S6441
Fatty acids, total trans-polyenoic	S6441
Vitamin D	S6441
Pantothenic acid	S6441
Vitamin B-6	S6441
Vitamin B-12	S6441
22:0	S6441
Fatty acids, total polyunsaturated	S6441
15:0	S6441
17:0	S6441
24:1 c	S6441
20:3 n-3	S6441
Total lipid (fat)	S6441
Ash	S6441
Glucose (dextrose)	S6441
Sugars, total	S6441
Phosphorus, P	S6441
Potassium, K	S6441
Lycopene	S6441
8:0	S6441
16:1 t	S6441
18:1 c	S6441
Fatty acids, total trans-monoenoic	S6441

NDB No. 01228 Cheese, fresh, queso fresco

Carotene, beta	S6441
Vitamin D (D2 + D3)	S6441
Fatty acids, total trans	S6441
6:0	S6441
18:0	S6441
20:0	S6441
22:6 n-3 (DHA)	S6441
18:2 t not further defined	S6441
20:2 n-6 c,c	S6441
Protein	S6441
Water	S6441
Galactose	S6441
Copper, Cu	S6441
Carotene, alpha	S6441
Lutein + zeaxanthin	S6441
Tocopherol, gamma	S6441
Tocopherol, delta	S6441
4:0	S6441
14:0	S6441
22:5 n-3 (DPA)	S6441
20:3 undifferentiated	S6441
20:3 n-6	S6441
Fructose	S6441
Lactose	S6441
Sodium, Na	S6441
Manganese, Mn	S6441
Choline, total	S6441
Betaine	S6441
16:1 undifferentiated	S6441
Fatty acids, total monounsaturated	S6441
18:2 n-6 c,c	S6441
18:3 n-3 c,c,c (ALA)	S6441

NDB No. 01229 Cheese, white, queso blanco

Ash	S6441
Sucrose	S6441

NDB No. 01229 Cheese, white, queso blanco

Lactose	S6441
Water	S6441
Sugars, total	S6441
Magnesium, Mg	S6441
Sodium, Na	S6441
Selenium, Se	S6441
Vitamin D3 (cholecalciferol)	S6441
Lycopene	S6441
Thiamin	S6441
Betaine	S6441
16:1 undifferentiated	S6441
18:4	S6441
22:1 c	S6441
18:3 n-6 c,c,c	S6441
Protein	S6441
Lutein + zeaxanthin	S6441
Tocopherol, beta	S6441
Tocopherol, delta	S6441
Pantothenic acid	S6441
18:2 undifferentiated	S6441
15:0	S6441
18:2 n-6 c,c	S6441
Total lipid (fat)	S6441
Copper, Cu	S6441
Vitamin D (D2 + D3)	S6441
10:0	S6441
22:0	S6441
24:0	S6441
18:1 t	S6441
18:1 c	S6441
17:1	S6441
20:3 n-6	S6441
22:4	S6441
Maltose	S6441
Phosphorus, P	S6441
Potassium, K	S6441
Vitamin D	S6441

NDB No. 01229 Cheese, white, queso blanco

Niacin	S6441
Vitamin B-12	S6441
Menaquinone-4	S6441
Cholesterol	S6441
4:0	S6441
6:0	S6441
16:0	S6441
18:0	S6441
14:1	S6441
20:5 n-3 (EPA)	S6441
22:1 undifferentiated	S6441
Fatty acids, total monounsaturated	S6441
22:1 t	S6441
15:1	S6441
20:3 n-3	S6441
Calcium, Ca	S6441
Retinol	S6441
Carotene, beta	S6441
Carotene, alpha	S6441
Choline, total	S6441
Vitamin K (phylloquinone)	S6441
Fatty acids, total trans	S6441
14:0	S6441
20:1	S6441
17:0	S6441
24:1 c	S6441
Fructose	S6441
Zinc, Zn	S6441
Vitamin B-6	S6441
Fatty acids, total saturated	S6441
12:0	S6441
20:0	S6441
Fatty acids, total trans-polyenoic	S6441
Galactose	S6441
Iron, Fe	S6441
Vitamin E (alpha-tocopherol)	S6441
Riboflavin	S6441

NDB No. 01229 Cheese, white, queso blanco

8:0	S6441
18:1 undifferentiated	S6441
22:5 n-3 (DPA)	S6441
20:2 n-6 c,c	S6441
18:3 n-3 c,c,c (ALA)	S6441
Glucose (dextrose)	S6441
Manganese, Mn	S6441
Cryptoxanthin, beta	S6441
Tocopherol, gamma	S6441
18:3 undifferentiated	S6441
20:4 undifferentiated	S6441
22:6 n-3 (DHA)	S6441
Fatty acids, total polyunsaturated	S6441
16:1 t	S6441
18:2 t not further defined	S6441
18:2 CLAs	S6441
16:1 c	S6441
20:3 undifferentiated	S6441
Fatty acids, total trans-monoenoic	S6441

NDB No. 02001 Spices, allspice, ground

Vitamin B-6	D4381

NDB No. 02002 Spices, anise seed

Vitamin B-6	D4381

NDB No. 02003 Spices, basil, dried

Sugars, total	S1069
Manganese, Mn	S1069
Tocopherol, delta	S1069
Tryptophan	S1069
Lysine	S1069
Methionine	S1069
Phenylalanine	S1069

NDB No. 02003 Spices, basil, dried

Arginine	S1069
Glycine	S1069
20:5 n-3 (EPA)	S1069
15:0	S1069
20:3 undifferentiated	S1069
13:0	S1069
18:3 n-3 c,c,c (ALA)	S1069
Protein	S1069
Fructose	S1069
Maltose	S1069
Magnesium, Mg	S1069
Potassium, K	S1069
Selenium, Se	S1069
Vitamin A, IU	S1069
Lycopene	S1069
Vitamin C, total ascorbic acid	S6362, S1069
Vitamin B-6	D4381, S1069
Dihydrophylloquinone	S1069
Leucine	S1069
Fatty acids, total saturated	S1069
20:4 undifferentiated	S1069
22:6 n-3 (DHA)	S1069
17:0	S1069
15:1	S1069
Total lipid (fat)	S1069
Lactose	S1069
Water	S1069
Iron, Fe	S1069
Tocopherol, beta	S1069
Alanine	S1069
Fatty acids, total trans	S1069
4:0	S1069
10:0	S1069
18:0	S1069
18:1 t	S1069
Ash	S1069
Fiber, total dietary	S1069

NDB No. 02003 Spices, basil, dried

Vitamin A, RAE	S1069
Carotene, beta	S1069
Vitamin E (alpha-tocopherol)	S1069
Lutein + zeaxanthin	S1069
Cystine	S1069
Valine	S1069
Histidine	S1069
Aspartic acid	S1069
Proline	S1069
16:0	S1069
20:1	S1069
18:3 n-6 c,c,c	S1069
Glucose (dextrose)	S1069
Galactose	S1069
Phosphorus, P	S1069
Choline, total	S1069
Tyrosine	S1069
Hydroxyproline	S1069
6:0	S1069
14:0	S1069
18:3 undifferentiated	S1069
22:0	S1069
22:1 undifferentiated	S1069
Fatty acids, total polyunsaturated	S1069
17:1	S1069
Sucrose	S1069
Sodium, Na	S1069
Copper, Cu	S1069
Riboflavin	S1069
Pantothenic acid	S1069
Vitamin K (phylloquinone)	S1069
8:0	S1069
14:1	S1069
16:1 undifferentiated	S1069
18:1 c	S1069
Calcium, Ca	S1069
Zinc, Zn	S1069

NDB No. 02003 Spices, basil, dried

Cryptoxanthin, beta	S1069
Tocopherol, gamma	S1069
Thiamin	S1069
Niacin	S1069
Betaine	S1069
Threonine	S1069
18:2 undifferentiated	S1069
Fatty acids, total monounsaturated	S1069
24:1 c	S1069
20:2 n-6 c,c	S1069
Fatty acids, total trans-monoenoic	S1069
Carotene, alpha	S1069
Folate, total	S1069
Isoleucine	S1069
Glutamic acid	S1069
Serine	S1069
12:0	S1069
20:0	S1069
18:1 undifferentiated	S1069
24:0	S1069

NDB No. 02004 Spices, bay leaf

Vitamin B-6	D4381

NDB No. 02005 Spices, caraway seed

Vitamin B-6	D4381

NDB No. 02006 Spices, cardamom

Vitamin B-6	D4381

NDB No. 02007 Spices, celery seed

Vitamin E (alpha-tocopherol)	D4561
Vitamin B-6	D4381

NDB No. 02007 Spices, celery seed

Tocopherol, gamma	D4561
Tocopherol, beta	D4561
Tocopherol, delta	D4561

NDB No. 02008 Spices, chervil, dried

Vitamin B-6	D4381

NDB No. 02009 Spices, chili powder

Maltose	S1069
Galactose	S1069
Zinc, Zn	S1069
Lutein + zeaxanthin	S1069
Tryptophan	S1069
Phenylalanine	S1069
Fatty acids, total saturated	S1069
4:0	S1069
16:0	S1069
18:2 undifferentiated	S1069
20:4 undifferentiated	S1069
Fatty acids, total trans-monoenoic	S1069
Calcium, Ca	S1069
Phosphorus, P	S1069
Copper, Cu	S1069
Vitamin E (alpha-tocopherol)	S1069
Thiamin	S1069
Riboflavin	S1069
Methionine	S1069
Tyrosine	S1069
Arginine	S1069
Alanine	S1069
Fatty acids, total trans	S1069
22:0	S1069
14:1	S1069
Fatty acids, total polyunsaturated	S1069
24:0	S1069

NDB No. 02009 Spices, chili powder

17:1	S1069
Carotene, alpha	S1069
Choline, total	S1069
Vitamin K (phylloquinone)	S1069
Betaine	S1069
14:0	S1069
18:0	S1069
20:5 n-3 (EPA)	S1069
20:3 undifferentiated	S1069
18:3 n-3 c,c,c (ALA)	S1069
Protein	S1069
Ash	S1069
Sucrose	S1069
Glucose (dextrose)	S1069
Iron, Fe	S1069
Potassium, K	S1069
Tocopherol, gamma	S1069
Tocopherol, delta	S1069
Vitamin C, total ascorbic acid	S6362, S1069
Lysine	S1069
20:1	S1069
13:0	S1069
Water	S1069
Vitamin A, IU	S1069
Vitamin A, RAE	S1069
Cryptoxanthin, beta	S1069
Tocopherol, beta	S1069
Vitamin B-6	D4381, S1069
Folate, total	S1069
Valine	S1069
Glutamic acid	S1069
Serine	S1069
10:0	S1069
20:0	S1069
18:3 undifferentiated	S1069
22:6 n-3 (DHA)	S1069
24:1 c	S1069

NDB No. 02009 Spices, chili powder

20:2 n-6 c,c	S1069
Lactose	S1069
Sugars, total	S1069
Magnesium, Mg	S1069
Sodium, Na	S1069
Selenium, Se	D3358, S1069
Pantothenic acid	S1069
Histidine	S1069
Aspartic acid	S1069
8:0	S1069
18:1 undifferentiated	S1069
18:1 c	S1069
15:1	S1069
Total lipid (fat)	S1069
Fructose	S1069
Carotene, beta	S1069
Lycopene	S1069
Isoleucine	S1069
Cystine	S1069
Proline	S1069
16:1 undifferentiated	S1069
22:1 undifferentiated	S1069
Fatty acids, total monounsaturated	S1069
15:0	S1069
Fiber, total dietary	S1069
Manganese, Mn	S1069
Niacin	S1069
Dihydrophylloquinone	S1069
Threonine	S1069
Leucine	S1069
Glycine	S1069
Hydroxyproline	S1069
6:0	S1069
12:0	S1069
17:0	S1069
18:1 t	S1069
18:3 n-6 c,c,c	S1069

NDB No. 02010 Spices, cinnamon, ground

Total lipid (fat)	S743, S3553, S4281, S1069
Potassium, K	S3281, S3553, S4281, S1069
Betaine	S1069
Isoleucine	S1069
Valine	S1069
Glycine	S1069
Fatty acids, total trans	S1069
10:0	S1069
18:1 undifferentiated	S1069
Fatty acids, total monounsaturated	S1069
18:3 n-3 c,c,c (ALA)	S1069
Calcium, Ca	S3281, S3553, S4281, S1069
Phosphorus, P	S3281, S3553, S4281, S1069
Carotene, beta	S3281, S3553, S1069
Methionine	S1069
Hydroxyproline	S1069
14:0	S1069
16:0	S1069
18:0	S1069
22:0	S1069
16:1 undifferentiated	S1069
22:1 undifferentiated	S1069
18:1 t	S1069
20:2 n-6 c,c	S1069
13:0	S1069
Sucrose	S1069
Lactose	S1069
Maltose	S1069
Copper, Cu	S3281, S3553, S1069
Selenium, Se	D3358, S1069
Lycopene	S3553, S1069
Tocopherol, gamma	S1069
Vitamin C, total ascorbic acid	S3281, S4281, S1069
Lysine	S1069
Tyrosine	S1069
Alanine	S1069
15:0	S1069

NDB No. 02010 Spices, cinnamon, ground

17:0	S1069
Ash	S3281, S3553, S1069
Fiber, total dietary	S837, S3242, S3281, S743, S3553, S1069
Iron, Fe	S3281, S3553, S1069
Vitamin E (alpha-tocopherol)	S1069
6:0	S1069
14:1	S1069
24:0	S1069
18:3 n-6 c,c,c	S1069
Glucose (dextrose)	S1069
Water	S837, S3242, S3281, S743, S3553, S1069
Sugars, total	S1069
Riboflavin	S3281, S3553, S1069
Vitamin B-6	S3281, D4381, S3553, S1069
Choline, total	S1069
Dihydrophylloquinone	S1069
Cystine	S1069
Arginine	S1069
Fatty acids, total saturated	S1069
4:0	S1069
18:3 undifferentiated	S1069
22:6 n-3 (DHA)	S1069
Protein	S3281, S3553, S1069
Fructose	S1069
Zinc, Zn	S3281, S3553, S4281, S1069
Thiamin	S3281, S3553, S1069
Niacin	S3281, S3553, S1069
Folate, total	S3281, S1069
Tryptophan	S1069
Aspartic acid	S1069
Serine	S1069
12:0	S1069
Fatty acids, total polyunsaturated	S1069
20:3 undifferentiated	S1069
Fatty acids, total trans-monoenoic	S1069
15:1	S1069
Carotene, alpha	S3553, S1069

NDB No. 02010 Spices, cinnamon, ground

Lutein + zeaxanthin	S3553, S1069
Tocopherol, beta	S1069
Phenylalanine	S1069
Glutamic acid	S1069
Proline	S1069
8:0	S1069
20:4 undifferentiated	S1069
20:1	S1069
Galactose	S1069
Magnesium, Mg	S3281, S3553, S1069
Sodium, Na	S3281, S3553, S4281, S1069
Manganese, Mn	S3281, S3553, S1069
Cryptoxanthin, beta	S3553, S1069
Tocopherol, delta	S1069
Pantothenic acid	S3281, S3553, S1069
Vitamin K (phylloquinone)	S1069
Threonine	S1069
Leucine	S1069
Histidine	S1069
20:0	S1069
18:2 undifferentiated	S1069
20:5 n-3 (EPA)	S1069
24:1 c	S1069
18:1 c	S1069
17:1	S1069

NDB No. 02011 Spices, cloves, ground

Sugars, total	S1069
Galactose	S1069
Vitamin E (alpha-tocopherol)	D4561
Lutein + zeaxanthin	S1069
Glucose (dextrose)	S1069
Choline, total	S1069
Betaine	S1069
Sucrose	S1069
Fructose	S1069

NDB No. 02011 Spices, cloves, ground

Maltose	S1069
Dihydrophylloquinone	S1069
Vitamin K (phylloquinone)	S1069
Carotene, alpha	S1069
Lactose	S1069
Vitamin B-6	D4381
Lycopene	S1069

NDB No. 02012 Spices, coriander leaf, dried

Vitamin B-6	D4381

NDB No. 02014 Spices, cumin seed

Vitamin E (alpha-tocopherol)	D4561
Sugars, total	D4682
Vitamin B-6	D4381

NDB No. 02015 Spices, curry powder

Maltose	S1069
Tocopherol, gamma	S1069
Sugars, total	S1069
Cryptoxanthin, beta	S1069
Vitamin B-6	D4381
Betaine	S1069
Glucose (dextrose)	S1069
Fructose	S1069
Choline, total	S1069
Sucrose	S1069
Galactose	S1069
Lycopene	S1069
Lutein + zeaxanthin	S1069
Tocopherol, beta	S1069
Dihydrophylloquinone	S1069
Vitamin E (alpha-tocopherol)	S1069
Tocopherol, delta	S1069
Lactose	S1069

NDB No. 02015 Spices, curry powder

Carotene, alpha	S1069
Vitamin K (phylloquinone)	S1069

NDB No. 02016 Spices, dill seed

Vitamin B-6	D4381

NDB No. 02017 Spices, dill weed, dried

Vitamin B-6	D4381

NDB No. 02018 Spices, fennel seed

Vitamin B-6	D4381

NDB No. 02019 Spices, fenugreek seed

Vitamin B-6	D4381

NDB No. 02020 Spices, garlic powder

Ash	S3553, S1069
Fructose	S1069
Vitamin E (alpha-tocopherol)	S1069
Arginine	S1069
Proline	S1069
4:0	S1069
6:0	S1069
18:0	S1069
22:0	S1069
22:1 undifferentiated	S1069
18:1 t	S1069
17:1	S1069
Lactose	S1069
Sugars, total	S1069
Selenium, Se	S1069
Riboflavin	S3553, S1069
Niacin	S3553, S1069
Methionine	S1069

NDB No. 02020 Spices, garlic powder

18:2 undifferentiated	S1069
20:4 undifferentiated	S1069
15:1	S1069
Sucrose	S1069
Maltose	S1069
Water	S3553, S1069
Calcium, Ca	S3553, S1069
Tocopherol, beta	S1069
Folate, total	S1069
Vitamin K (phylloquinone)	D4048, S1069
Glutamic acid	S1069
18:1 undifferentiated	S1069
20:1	S1069
15:0	S1069
17:0	S1069
24:1 c	S1069
Protein	S3553, S1069
Total lipid (fat)	S3553, S1069
Glucose (dextrose)	S1069
Phosphorus, P	S3553, S1069
Cryptoxanthin, beta	S1069
Lutein + zeaxanthin	S1069
Tocopherol, gamma	S1069
Serine	S1069
Fatty acids, total trans	S1069
Fatty acids, total saturated	S1069
Fatty acids, total monounsaturated	S1069
20:3 undifferentiated	S1069
18:3 n-3 c,c,c (ALA)	S1069
Magnesium, Mg	S3553, S1069
Carotene, beta	S1069
Tocopherol, delta	S1069
Thiamin	S3553, S1069
Pantothenic acid	S3553, S1069
Valine	S1069
Histidine	S1069
Hydroxyproline	S1069

NDB No. 02020 Spices, garlic powder

16:0	S1069
18:3 undifferentiated	S1069
16:1 undifferentiated	S1069
13:0	S1069
Galactose	S1069
Fiber, total dietary	S3553, S1069
Potassium, K	S3553, S1069
Vitamin C, total ascorbic acid	S4281, S1069
Choline, total	S1069
Phenylalanine	S1069
Glycine	S1069
10:0	S1069
14:1	S1069
20:5 n-3 (EPA)	S1069
24:0	S1069
Iron, Fe	S3553, S1069
Sodium, Na	S3553, S1069
Carotene, alpha	S1069
Dihydrophylloquinone	S1069
Tryptophan	S1069
Isoleucine	S1069
Leucine	S1069
Lysine	S1069
Cystine	S1069
Tyrosine	S1069
Aspartic acid	S1069
12:0	S1069
20:0	S1069
Fatty acids, total polyunsaturated	S1069
20:2 n-6 c,c	S1069
18:1 c	S1069
Zinc, Zn	S3553, S1069
Copper, Cu	S3553, S1069
Manganese, Mn	S3553, S1069
Lycopene	S1069
Vitamin B-6	D4381, S3553, S1069
Betaine	S1069

NDB No. 02020 Spices, garlic powder

Threonine	S1069
Alanine	S1069
8:0	S1069
14:0	S1069
22:6 n-3 (DHA)	S1069
18:3 n-6 c,c,c	S1069
Fatty acids, total trans-monoenoic	S1069

NDB No. 02021 Spices, ginger, ground

Protein	S1069
Total lipid (fat)	S1069
Lutein + zeaxanthin	S1069
Choline, total	S1069
Leucine	S1069, D4682
Tyrosine	S1069, D4682
Valine	S1069, D4682
Hydroxyproline	S1069
8:0	S1069
20:5 n-3 (EPA)	S1069
24:0	S1069
18:1 c	S1069
Calcium, Ca	S1069
Potassium, K	S1069
Vitamin E (alpha-tocopherol)	S1069
Tocopherol, delta	S1069
Vitamin K (phylloquinone)	S1069
Glutamic acid	S1069, D4682
Fatty acids, total saturated	S1069
4:0	S1069
18:0	S1069
20:1	S1069
18:1 t	S1069
18:3 n-3 c,c,c (ALA)	S1069
Glucose (dextrose)	S1069
Fiber, total dietary	S3242, S1069, D4682
Cryptoxanthin, beta	S1069

NDB No. 02021 Spices, ginger, ground

Tocopherol, beta	S1069
Tocopherol, gamma	S1069
Dihydrophylloquinone	S1069
Histidine	S1069, D4682
Glycine	S1069, D4682
Serine	S1069, D4682
Fatty acids, total trans	S1069
22:6 n-3 (DHA)	S1069
22:0	S1069
18:3 n-6 c,c,c	S1069
Maltose	S1069
Iron, Fe	S1069
Sodium, Na	S1069
Manganese, Mn	S1069
Niacin	S1069
16:0	S1069
16:1 undifferentiated	S1069
Fatty acids, total monounsaturated	S1069
17:0	S1069
Fructose	S1069
Galactose	S1069
Copper, Cu	S1069
Vitamin A, RAE	S1069
Phenylalanine	S1069, D4682
Aspartic acid	S1069, D4682
6:0	S1069
10:0	S1069
20:3 undifferentiated	S1069
Water	S3242, S1069
Vitamin A, IU	S1069
Carotene, alpha	S1069
Riboflavin	S1069
Folate, total	S1069
Tryptophan	S1069, D4682
Threonine	S1069, D4682
Methionine	S1069, D4682
Cystine	S1069, D4682

NDB No. 02021 Spices, ginger, ground

12:0	S1069
20:0	S1069
18:3 undifferentiated	S1069
15:0	S1069
17:1	S1069
13:0	S1069
Ash	S1069
Lactose	S1069
Phosphorus, P	S1069
Pantothenic acid	S1069
Vitamin B-6	D4381, S1069
Betaine	S1069
Isoleucine	S1069, D4682
Lysine	S1069, D4682
Arginine	S1069, D4682
Proline	S1069, D4682
14:0	S1069
18:2 undifferentiated	S1069
20:4 undifferentiated	S1069
22:1 undifferentiated	S1069
24:1 c	S1069
20:2 n-6 c,c	S1069
Sucrose	S1069
Sugars, total	S1069
Magnesium, Mg	S1069
Zinc, Zn	D6003, S1069
Selenium, Se	S1069
Carotene, beta	S1069
Lycopene	S1069
Vitamin C, total ascorbic acid	S1069
Alanine	S1069, D4682
18:1 undifferentiated	S1069
14:1	S1069
Fatty acids, total polyunsaturated	S1069
Fatty acids, total trans-monoenoic	S1069
15:1	S1069

NDB No. 02022 Spices, mace, ground

Vitamin B-6	D4381

NDB No. 02023 Spices, marjoram, dried

Vitamin B-6	D4381

NDB No. 02024 Spices, mustard seed, ground

Protein	S3553, S4281, S1069
Maltose	S1069
Calcium, Ca	S3553, S4281, S1069
Potassium, K	S3553, S4281, S1069
Vitamin A, RAE	S3553
Vitamin C, total ascorbic acid	S4281, S1069
Vitamin B-6	D4381, S3553, S1069
Tryptophan	S1069
Isoleucine	S1069
Cystine	S1069
Histidine	S1069
Hydroxyproline	S1069
4:0	S1069
18:1 undifferentiated	S1069
22:1 undifferentiated	S1069
Phosphorus, P	S3553, S4281, S1069
Vitamin A, IU	S3553
Vitamin E (alpha-tocopherol)	S1069
Folate, total	S1069
Leucine	S1069
Alanine	S1069
Fatty acids, total saturated	S1069
20:1	S1069
Sodium, Na	S3553, S4281, S1069
Selenium, Se	D3358, S1069
Carotene, beta	S3553
Lutein + zeaxanthin	S3553, S1069
Niacin	S3553, S1069
Vitamin K (phylloquinone)	S1069
Methionine	S1069

NDB No. 02024 Spices, mustard seed, ground

Tyrosine	S1069
Serine	S1069
18:1 t	S1069
24:1 c	S1069
Sucrose	S1069
Galactose	S1069
Lysine	S1069
18:3 undifferentiated	S1069
20:2 n-6 c,c	S1069
Fatty acids, total trans-monoenoic	S1069
Fructose	S1069
Lactose	S1069
Fiber, total dietary	S3553, S4281, S1069
Manganese, Mn	S3553, S4281, S1069
Lycopene	S3553, S1069
Pantothenic acid	S3553, S1069
Choline, total	S1069
Betaine	S1069
Phenylalanine	S1069
18:2 undifferentiated	S1069
22:0	S1069
Ash	S3553, S4281, S1069
Glucose (dextrose)	S1069
Water	S3553, S1069
Magnesium, Mg	S3553, S4281, S1069
Zinc, Zn	S3553, S4281, S1069
Carotene, alpha	S3553, S1069
Tocopherol, beta	S1069
Tocopherol, gamma	S1069
Tocopherol, delta	S1069
Arginine	S1069
8:0	S1069
14:0	S1069
16:0	S1069
20:0	S1069
16:1 undifferentiated	S1069
Fatty acids, total	S1069

NDB No. 02024 Spices, mustard seed, ground

monounsaturated	
Sugars, total	S1069
Thiamin	S3553, S4281, S1069
Dihydrophylloquinone	S1069
Threonine	S1069
Valine	S1069
Aspartic acid	S1069
Glutamic acid	S1069
Glycine	S1069
Proline	S1069
Fatty acids, total trans	S1069
Fatty acids, total polyunsaturated	S1069
24:0	S1069
Total lipid (fat)	S3553, S4281, S1069
Iron, Fe	S3553, S4281, S1069
Copper, Cu	S3553, S4281, S1069
Cryptoxanthin, beta	S3553, S1069
Riboflavin	S3553, S4281, S1069
6:0	S1069
10:0	S1069
12:0	S1069
18:0	S1069

NDB No. 02025 Spices, nutmeg, ground

Vitamin E (alpha-tocopherol)	D4561
Vitamin B-6	D4381
Tocopherol, beta	D4561
Tocopherol, delta	D4561
Tocopherol, gamma	D4561

NDB No. 02026 Spices, onion powder

Protein	S1069
Fructose	S1069
Galactose	S1069
Calcium, Ca	S1069
Selenium, Se	S1069

NDB No. 02026 Spices, onion powder

Tryptophan	S1069
Cystine	S1069
20:0	S1069
14:1	S1069
18:3 n-3 c,c,c (ALA)	S1069
Phosphorus, P	S1069
Potassium, K	S1069
Zinc, Zn	S4281, S1069
Copper, Cu	S1069
Vitamin E (alpha-tocopherol)	S1069
Lutein + zeaxanthin	S1069
Valine	S1069
Aspartic acid	S1069
Serine	S1069
10:0	S1069
14:0	S1069
Sucrose	S1069
Lactose	S1069
Manganese, Mn	S1069
Folate, total	S1069
Isoleucine	S1069
16:0	S1069
22:0	S1069
Total lipid (fat)	S4281, S1069
Glucose (dextrose)	S1069
Water	S1069
Iron, Fe	S1069
Sodium, Na	S1069
Cryptoxanthin, beta	S1069
Lycopene	S1069
Tocopherol, delta	S1069
Niacin	S1069
Pantothenic acid	S1069
Dihydrophylloquinone	S1069
Vitamin K (phylloquinone)	S1069
Glutamic acid	S1069
20:2 n-6 c,c	S1069

NDB No. 02026 Spices, onion powder

Ash	S1069
Maltose	S1069
Carotene, beta	S1069
Tocopherol, gamma	S1069
Vitamin B-6	D4381, S1069
Betaine	S1069
Phenylalanine	S1069
Histidine	S1069
Alanine	S1069
8:0	S1069
18:0	S1069
20:4 undifferentiated	S1069
22:6 n-3 (DHA)	S1069
20:5 n-3 (EPA)	S1069
22:1 undifferentiated	S1069
15:0	S1069
24:0	S1069
24:1 c	S1069
15:1	S1069
Carotene, alpha	S1069
Vitamin C, total ascorbic acid	S4281, S1069
Lysine	S1069
Arginine	S1069
4:0	S1069
6:0	S1069
12:0	S1069
16:1 undifferentiated	S1069
20:1	S1069
17:0	S1069
18:1 c	S1069
17:1	S1069
20:3 undifferentiated	S1069
Sugars, total	S1069
Tocopherol, beta	S1069
Threonine	S1069
Leucine	S1069
Tyrosine	S1069

NDB No. 02026 Spices, onion powder

Glycine	S1069
18:1 t	S1069
13:0	S1069
Fiber, total dietary	S1069
Magnesium, Mg	S1069
Thiamin	S1069
Riboflavin	S1069
Choline, total	S1069
Methionine	S1069
Proline	S1069
18:2 undifferentiated	S1069
18:3 n-6 c,c,c	S1069

NDB No. 02027 Spices, oregano, dried

Fructose	S1069
Zinc, Zn	S3553, S1069
Manganese, Mn	S3553, S1069
Tocopherol, beta	S1069
Pantothenic acid	S3553, S1069
Tryptophan	S1069
Fatty acids, total saturated	S1069
6:0	S1069
16:0	S1069
22:0	S1069
14:1	S1069
22:1 undifferentiated	S1069
Fatty acids, total monounsaturated	S1069
Fatty acids, total polyunsaturated	S1069
17:0	S1069
Total lipid (fat)	S3553, S1069
Sucrose	S1069
Copper, Cu	S3553, S1069
Selenium, Se	S1069
Lutein + zeaxanthin	S3553
Leucine	S1069
Tyrosine	S1069

NDB No. 02027 Spices, oregano, dried

12:0	S1069
20:0	S1069
18:2 undifferentiated	S1069
Fatty acids, total trans-monoenoic	S1069
Vitamin E (alpha-tocopherol)	S1069
Tocopherol, delta	S1069
Riboflavin	S3553, S1069
Dihydrophylloquinone	S1069
Serine	S1069
Fatty acids, total trans	S1069
4:0	S1069
10:0	S1069
18:1 c	S1069
17:1	S1069
20:3 undifferentiated	S1069
18:3 n-3 c,c,c (ALA)	S1069
Sodium, Na	S3553, S1069
Thiamin	S3553, S1069
Niacin	S3553, S1069
Vitamin B-6	D4381, S3553, S1069
Threonine	S1069
Alanine	S1069
Glutamic acid	S1069
Hydroxyproline	S1069
18:1 undifferentiated	S1069
20:1	S1069
15:0	S1069
20:2 n-6 c,c	S1069
Calcium, Ca	S3553, S1069
Magnesium, Mg	S3553, S1069
Potassium, K	S3553, S1069
Carotene, beta	S3553
Carotene, alpha	S3553
Methionine	S1069
Arginine	S1069
Aspartic acid	S1069
Proline	S1069

NDB No. 02027 Spices, oregano, dried

14:0	S1069
18:3 undifferentiated	S1069
18:1 t	S1069
18:3 n-6 c,c,c	S1069
Maltose	S1069
Water	S3553, S1069
Sugars, total	S1069
Fiber, total dietary	S3553, S1069
Vitamin A, RAE	S3553
Cryptoxanthin, beta	S3553
Tocopherol, gamma	S1069
Vitamin C, total ascorbic acid	S3553
Folate, total	S1069
Betaine	S1069
Isoleucine	S1069
8:0	S1069
20:5 n-3 (EPA)	S1069
24:1 c	S1069
13:0	S1069
Glucose (dextrose)	S1069
Lactose	S1069
Galactose	S1069
Iron, Fe	S3553, S1069
Phosphorus, P	S3553, S1069
Vitamin A, IU	S3553
Vitamin K (phylloquinone)	S1069
Valine	S1069
Glycine	S1069
20:4 undifferentiated	S1069
15:1	S1069
Protein	S3553, S1069
Ash	S3553, S1069
Lycopene	S3553
Choline, total	S1069
Lysine	S1069
Cystine	S1069
Phenylalanine	S1069

NDB No. 02027 Spices, oregano, dried

Histidine	S1069
18:0	S1069
22:6 n-3 (DHA)	S1069
16:1 undifferentiated	S1069
24:0	S1069

NDB No. 02028 Spices, paprika

Protein	S3553, S1069
Maltose	S1069
Galactose	S1069
Magnesium, Mg	S3553, S1069
Sodium, Na	S3553, S1069
Carotene, alpha	S3553, S1069
Lycopene	S3553, S1069
Vitamin B-6	D4381, S3553, S1069
Folate, total	S1069
Threonine	S1069
Cystine	S1069
Tyrosine	S1069
Serine	S1069
18:1 t	S1069
Ash	S3553, S1069
Manganese, Mn	D5901, S3553, S1069
Tocopherol, gamma	S1069
Thiamin	S3553, S1069
Niacin	S3553, S1069
Tryptophan	S1069
Isoleucine	S1069
Leucine	S1069
16:0	S1069
18:0	S1069
22:0	S1069
14:1	S1069
Total lipid (fat)	S3553, S1069
Sugars, total	S1069
Fiber, total dietary	S3553, S1069

NDB No. 02028 Spices, paprika

Potassium, K	S3553, S1069
Copper, Cu	D5901, S3553, S1069
Vitamin E (alpha-tocopherol)	S1069
Choline, total	S1069
Valine	S1069
6:0	S1069
20:0	S1069
22:1 undifferentiated	S1069
15:1	S1069
Lactose	S1069
Water	S3553, S1069
Calcium, Ca	S3553, S1069
Lutein + zeaxanthin	D4721, S3553, S1069
Vitamin C, total ascorbic acid	S6362
Dihydrophylloquinone	S1069
8:0	S1069
14:0	S1069
20:5 n-3 (EPA)	S1069
18:1 c	S1069
Phosphorus, P	S3553, S1069
Zinc, Zn	D5901, S3553, S1069
Selenium, Se	S1069
Carotene, beta	D4721, D4722, S3553, S1069
Betaine	S1069
Lysine	S1069
16:1 undifferentiated	S1069
17:1	S1069
13:0	S1069
Fructose	S1069
Iron, Fe	D5901, S3553, S1069
Tocopherol, delta	S1069
Riboflavin	S3553, S1069
Methionine	S1069
Arginine	S1069
Aspartic acid	S1069
22:6 n-3 (DHA)	S1069
20:2 n-6 c,c	S1069

NDB No. 02028 Spices, paprika

Glucose (dextrose)	S1069
Tocopherol, beta	S1069
Pantothenic acid	S3553, S1069
Glycine	S1069
Proline	S1069
Hydroxyproline	S1069
4:0	S1069
10:0	S1069
12:0	S1069
18:2 undifferentiated	S1069
20:1	S1069
15:0	S1069
17:0	S1069
24:0	S1069
24:1 c	S1069
Sucrose	S1069
Cryptoxanthin, beta	D4721, S3553, S1069
Vitamin K (phylloquinone)	S1069
Phenylalanine	S1069
Histidine	S1069
Alanine	S1069
Glutamic acid	S1069
20:4 undifferentiated	S1069
18:3 n-6 c,c,c	S1069
20:3 undifferentiated	S1069
18:3 n-3 c,c,c (ALA)	S1069

NDB No. 02029 Spices, parsley, dried

Fructose	S1069
Fiber, total dietary	S3553, S1069, S1401
Magnesium, Mg	S3553, S1069
Vitamin A, IU	S3553
Carotene, beta	S3553
Cryptoxanthin, beta	S3553
Thiamin	S3553
Niacin	S3553, S1069

NDB No. 02029 Spices, parsley, dried

Vitamin B-6	D4381, S3553, S1069
Tyrosine	S1069
Alanine	S1069
Glycine	S1069
18:2 undifferentiated	S1069
18:3 undifferentiated	S1069
20:2 n-6 c,c	S1069
18:3 n-6 c,c,c	S1069
13:0	S1069
18:3 n-3 c,c,c (ALA)	S1069
Lactose	S1069
Water	S3553, S1069
Copper, Cu	S3553
Vitamin A, RAE	S3553
Phenylalanine	S1069
Fatty acids, total saturated	S1069
4:0	S1069
18:0	S1069
20:3 undifferentiated	S1069
15:1	S1069
Lycopene	S3553
Lutein + zeaxanthin	S3553
Pantothenic acid	S3553, S1069
Tryptophan	S1069
Threonine	S1069
Methionine	S1069
Arginine	S1069
16:0	S1069
18:1 undifferentiated	S1069
Fatty acids, total monounsaturated	S1069
17:0	S1069
Iron, Fe	S3553, S1069
Zinc, Zn	S3553, S1069
Vitamin C, total ascorbic acid	S3553
Isoleucine	S1069
Leucine	S1069
Fatty acids, total trans	S1069

NDB No. 02029 Spices, parsley, dried

12:0	S1069
20:4 undifferentiated	S1069
22:1 undifferentiated	S1069
24:0	S1069
Fatty acids, total trans-monoenoic	S1069
Dihydrophylloquinone	S1069
Cystine	S1069
Glutamic acid	S1069
Serine	S1069
Hydroxyproline	S1069
22:6 n-3 (DHA)	S1069
Fatty acids, total polyunsaturated	S1069
Protein	S3553, S1069
Sucrose	S1069
Galactose	S1069
Calcium, Ca	S3553, S1069
Phosphorus, P	S3553, S1069
Potassium, K	S3553, S1069
Carotene, alpha	S3553
Tocopherol, delta	S1069
Choline, total	S1069
Vitamin K (phylloquinone)	S1069
Betaine	S1069
Lysine	S1069
6:0	S1069
22:0	S1069
14:1	S1069
15:0	S1069
Ash	S3553, S1069
Vitamin E (alpha-tocopherol)	S1069
Tocopherol, beta	S1069
Histidine	S1069
Aspartic acid	S1069
10:0	S1069
14:0	S1069
20:5 n-3 (EPA)	S1069
24:1 c	S1069

NDB No. 02029 Spices, parsley, dried

17:1	S1069
Total lipid (fat)	S3553, S1069
Glucose (dextrose)	S1069
Maltose	S1069
Sugars, total	S1069
Manganese, Mn	S3553, S1069
Selenium, Se	S1069
Tocopherol, gamma	S1069
Riboflavin	S3553, S1069
Valine	S1069
Proline	S1069
8:0	S1069
20:0	S1069
16:1 undifferentiated	S1069
20:1	S1069
18:1 t	S1069
18:1 c	S1069

NDB No. 02030 Spices, pepper, black

Protein	S3553, S1069
Tocopherol, delta	S1069
Lysine	S1069
Methionine	S1069
Cystine	S1069
Fatty acids, total trans	S1069
8:0	S1069
10:0	S1069
Fatty acids, total trans-monoenoic	S1069
15:1	S1069
Sucrose	S1069
Fiber, total dietary	S743, S3553, S1069
Calcium, Ca	S743, S3553, S1069
Tyrosine	S1069
Alanine	S1069
14:0	S1069
20:5 n-3 (EPA)	S1069

NDB No. 02030 Spices, pepper, black

22:1 undifferentiated	S1069
15:0	S1069
24:0	S1069
18:1 t	S1069
17:1	S1069
18:3 n-3 c,c,c (ALA)	S1069
Fructose	S1069
Cryptoxanthin, beta	S3553, S1069
Pantothenic acid	S743, S3553, S1069
Dihydrophylloquinone	S1069
Tryptophan	S1069
Phenylalanine	S1069
Arginine	S1069
Histidine	S1069
Hydroxyproline	S1069
6:0	S1069
18:2 undifferentiated	S1069
13:0	S1069
Galactose	S1069
Potassium, K	S743, S3553, S1069
Sodium, Na	S743, S3553, S1069
Carotene, beta	S3553, S1069
Carotene, alpha	S3553, S1069
Lycopene	S3553, S1069
Tocopherol, beta	S1069
Riboflavin	S3553, S1069
Folate, total	S743, S1069
Glycine	S1069
12:0	S1069
17:0	S1069
24:1 c	S1069
Ash	S743, S3553, S1069
Iron, Fe	S3553, S1069
Copper, Cu	S743, S3553, S1069
Lutein + zeaxanthin	S3553, S1069
Choline, total	S1069
Isoleucine	S1069

NDB No. 02030 Spices, pepper, black

Leucine	S1069
Proline	S1069
16:0	S1069
18:0	S1069
20:0	S1069
22:6 n-3 (DHA)	S1069
18:1 c	S1069
Lactose	S1069
Water	S743, S3553, S1069
Sugars, total	S1069
Magnesium, Mg	S743, S3553, S1069
Phosphorus, P	S743, S3553, S1069
Zinc, Zn	S743, S3553, S1069
Selenium, Se	D3358, S1069
Vitamin E (alpha-tocopherol)	S1069
Vitamin B-6	S743, D4381, S3553, S1069
Aspartic acid	S1069
Glutamic acid	S1069
Serine	S1069
18:1 undifferentiated	S1069
20:4 undifferentiated	S1069
Glucose (dextrose)	S1069
Maltose	S1069
Fluoride, F	D5001
Vitamin C, total ascorbic acid	S743, S1069
Thiamin	S743, S3553, S1069
Niacin	S743, S3553, S1069
Vitamin K (phylloquinone)	S1069
Threonine	S1069
4:0	S1069
22:0	S1069
14:1	S1069
16:1 undifferentiated	S1069
Fatty acids, total monounsaturated	S1069
Fatty acids, total polyunsaturated	S1069
20:2 n-6 c,c	S1069
Manganese, Mn	S743, S3553, S1069

NDB No. 02030 Spices, pepper, black

Tocopherol, gamma	S1069
Betaine	S1069
Valine	S1069
Fatty acids, total saturated	S1069
18:3 undifferentiated	S1069
20:1	S1069
18:3 n-6 c,c,c	S1069
20:3 undifferentiated	S1069

NDB No. 02031 Spices, pepper, red or cayenne

Vitamin B-6	D4381

NDB No. 02032 Spices, pepper, white

Vitamin B-6	D4381

NDB No. 02033 Spices, poppy seed

Water	S3242, S1069, D6421
Galactose	S1069
Copper, Cu	D5901, D6401, S1069, D6421
Selenium, Se	S1069
Vitamin C, total ascorbic acid	S4281, S1069
Proline	S1069
22:0	S1069
17:0	S1069
18:1 c	S1069
Magnesium, Mg	S1069, D6421
Tocopherol, gamma	S1069
Threonine	S1069
Aspartic acid	S1069
Glutamic acid	S1069
Hydroxyproline	S1069
20:5 n-3 (EPA)	S1069
Fatty acids, total trans-monoenoic	S1069
15:1	S1069

NDB No. 02033 Spices, poppy seed

Fiber, total dietary	S4281
Lycopene	S1069
Tocopherol, beta	S1069, D6421
Thiamin	S1069
Pantothenic acid	S1069
Leucine	S1069
Histidine	S1069
Glycine	S1069
6:0	S1069
14:0	S1069
16:0	S1069
20:4 undifferentiated	S1069
22:6 n-3 (DHA)	S1069
15:0	S1069
17:1	S1069
Total lipid (fat)	S4281, S1069, D6421
Ash	S1069, D6421
Sucrose	S1069
Dihydrophylloquinone	S1069
Tyrosine	S1069
Fatty acids, total trans	S1069
Fatty acids, total saturated	S1069
4:0	S1069
20:2 n-6 c,c	S1069
Sugars, total	S1069
Calcium, Ca	S4281, D6401, S1069
Zinc, Zn	S1069
Vitamin E (alpha-tocopherol)	S1069, D6421
Tocopherol, delta	S1069, D6421
Betaine	S1069
Isoleucine	S1069
Phenylalanine	S1069
Alanine	S1069
18:1 undifferentiated	S1069
Fatty acids, total polyunsaturated	S1069
13:0	S1069
Protein	S4281, S1069

NDB No. 02033 Spices, poppy seed

Glucose (dextrose)	S1069
Potassium, K	D6401, S1069, D6421
Manganese, Mn	D5901, D6401, S1069, D6421
Vitamin B-6	D4381, S1069
Choline, total	S1069
Arginine	S1069
12:0	S1069
16:1 undifferentiated	S1069
22:1 undifferentiated	S1069
24:0	S1069
20:3 undifferentiated	S1069
Lactose	S1069
Sodium, Na	S4281, S1069, D6421
Carotene, alpha	S1069
Cryptoxanthin, beta	S1069
Lutein + zeaxanthin	S1069
Riboflavin	S1069
Folate, total	S1069
Tryptophan	S1069
Cystine	S1069
Valine	S1069
Serine	S1069
18:0	S1069
20:0	S1069
18:2 undifferentiated	S1069
18:3 undifferentiated	S1069
14:1	S1069
Fatty acids, total monounsaturated	S1069
18:3 n-6 c,c,c	S1069
18:3 n-3 c,c,c (ALA)	S1069
Fructose	S1069
Maltose	S1069
Iron, Fe	D5901, S4281, D6401, S1069, D6421
Phosphorus, P	D6401, S1069, D6421
Carotene, beta	S1069
Niacin	S1069
Vitamin K (phylloquinone)	S1069

NDB No. 02033 Spices, poppy seed

Lysine	S1069
Methionine	S1069
8:0	S1069
10:0	S1069
20:1	S1069
18:1 t	S1069
24:1 c	S1069

NDB No. 02034 Spices, poultry seasoning

Vitamin B-6	D4381

NDB No. 02035 Spices, pumpkin pie spice

Vitamin B-6	D4381

NDB No. 02036 Spices, rosemary, dried

Vitamin B-6	D4381

NDB No. 02037 Spices, saffron

Vitamin B-6	D4381

NDB No. 02038 Spices, sage, ground

Vitamin B-6	D4381

NDB No. 02039 Spices, savory, ground

Vitamin B-6	D4381

NDB No. 02041 Spices, tarragon, dried

Vitamin B-6	D4381

NDB No. 02042 Spices, thyme, dried

Vitamin B-6	D4381

NDB No. 02043 Spices, turmeric, ground

Tocopherol, delta	S1069
Lycopene	S1069
Betaine	S1069
Galactose	S1069
Carotene, beta	S1069
Vitamin K (phylloquinone)	S1069
Sucrose	S1069
Vitamin E (alpha-tocopherol)	S1069
Lactose	S1069
Glucose (dextrose)	S1069
Fructose	S1069
Sugars, total	S1069
Vitamin A, RAE	S1069
Dihydrophylloquinone	S1069
Vitamin A, IU	S1069
Lutein + zeaxanthin	S1069
Tocopherol, gamma	S1069
Choline, total	S1069
Maltose	S1069
Carotene, alpha	S1069
Cryptoxanthin, beta	S1069
Tocopherol, beta	S1069

NDB No. 02044 Basil, fresh

Total lipid (fat)	S743, S1069
Galactose	S1069
Magnesium, Mg	S743, S1069
Riboflavin	S743, S1069
Betaine	S1069
Potassium, K	S743, S1069
Copper, Cu	S743, S1069
Selenium, Se	S1069
Protein	S743, S1069
Calcium, Ca	S743, S1069
Carotene, beta	D4701, D3964, S1069
Lycopene	D4701

NDB No. 02044 Basil, fresh

Maltose	S1069
Sodium, Na	S743
Dihydrophylloquinone	S1069
Sucrose	S1069
Sugars, total	S1069
Phosphorus, P	S743, S1069
Zinc, Zn	S743, S1069
Manganese, Mn	S743, S1069
Pantothenic acid	S743, S1069
Vitamin B-6	S743, S1069
Lactose	S1069
Lutein + zeaxanthin	D4701, S1069
Tocopherol, beta	S1069
Thiamin	S743, S1069
Niacin	S743, S1069
Folate, total	S743, S1069
Choline, total	S1069
Ash	S743, S1069
Glucose (dextrose)	S1069
Carotene, alpha	D4701
Vitamin E (alpha-tocopherol)	S1069
Fructose	S1069
Water	S743, S1069
Fiber, total dietary	S743, S1069
Cryptoxanthin, beta	D4701, S1069
Tocopherol, gamma	S1069
Tocopherol, delta	S1069
Vitamin K (phylloquinone)	S1069

NDB No. 02046 Mustard, prepared, yellow

Potassium, K	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S2109
Manganese, Mn	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S2109
Carotene, alpha	S2109
Tocopherol, beta	S84, S2109
Pantothenic acid	S2109
Arginine	S2109

NDB No. 02046 Mustard, prepared, yellow

Glycine	S2109
Proline	S2109
Fatty acids, total saturated	S2109
10:0	S2109
20:0	S2109
15:0	S2109
18:2 t not further defined	S2109
Fatty acids, total trans-monoenoic	S2109
Sucrose	S3621, S2109
Fructose	S3621, S2109
Lactose	S3621, S2109
Fiber, total dietary	S1401, S2109
Vitamin E (alpha-tocopherol)	S84, S2109
Cryptoxanthin, beta	S2109
Folate, total	S2109
Isoleucine	S2109
Methionine	S2109
Serine	S2109
20:1	S2109
22:1 c	S2109
Fatty acids, total trans-polyenoic	S2109
Starch	S2109
Glucose (dextrose)	S3621, S2109
Maltose	S3621, S2109
Water	S5, S2821, S84, S1401, S2109
Zinc, Zn	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S2109
Lycopene	S2109
Tocopherol, gamma	S84, S2109
Vitamin C, total ascorbic acid	S3621, S3622, S2109, S3001
Thiamin	S2109
Leucine	S2109
Cystine	S2109
Alanine	S2109
Glutamic acid	S2109
18:1 undifferentiated	S2109
22:0	S2109
22:1 t	S2109

NDB No. 02046 Mustard, prepared, yellow

24:1 c	S2109
20:3 n-3	S2109
Calcium, Ca	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S2109
Selenium, Se	S7, S206, S208, S10, S2682, S2684, S2821, S6, S2683, S11, S9, S12, S8, S2109
Tryptophan	S2109
4:0	S2109
14:0	S2109
18:2 undifferentiated	S2109
20:4 undifferentiated	S2109
22:6 n-3 (DHA)	S2109
Fatty acids, total monounsaturated	S2109
16:1 t	S2109
20:3 undifferentiated	S2109
18:3 n-3 c,c,c (ALA)	S2109
Protein	S5, S2109
Total lipid (fat)	S2109
Iron, Fe	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S2109
Phosphorus, P	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S2109
Tocopherol, delta	S84, S2109
Threonine	S2109
Fatty acids, total trans	S2109
22:1 undifferentiated	S2109
18:1 t	S2109
18:2 CLAs	S2109
Magnesium, Mg	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S2109
Copper, Cu	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S2109
Riboflavin	S2109
Choline, total	S2109
Dihydrophylloquinone	S2109
6:0	S2109
16:1 undifferentiated	S2109
18:4	S2109
Fatty acids, total polyunsaturated	S2109
24:0	S2109
20:2 n-6 c,c	S2109
18:2 n-6 c,c	S2109
15:1	S2109

NDB No. 02046 Mustard, prepared, yellow

20:3 n-6	S2109
Fluoride, F	D5021
Niacin	S2109
Vitamin K (phylloquinone)	D4002, S2109
Aspartic acid	S2109
8:0	S2109
12:0	S2109
16:0	S2109
18:3 undifferentiated	S2109
14:1	S2109
22:5 n-3 (DPA)	S2109
16:1 c	S2109
Ash	S5, S2109
Sodium, Na	S7, S206, S208, S10, S2682, S2684, S5, S6, S2683, S11, S9, S12, S8, S2109
Carotene, beta	S3621, S2109
Vitamin B-6	S2109
Betaine	S2109
Lysine	S2109
Phenylalanine	S2109
Tyrosine	S2109
Valine	S2109
Histidine	S2109
Hydroxyproline	S2109
18:0	S2109
20:5 n-3 (EPA)	S2109
17:0	S2109
18:1 c	S2109
18:3 n-6 c,c,c	S2109
17:1	S2109

NDB No. 02047 Salt, table

Fluoride, F	S2104

NDB No. 02048 Vinegar, cider

Ash	S2109
Glucose (dextrose)	S2922

NDB No. 02048 Vinegar, cider

Iron, Fe	S2922, S2109
Copper, Cu	S2109
Total lipid (fat)	S2109
Calcium, Ca	S2922, S2109
Sodium, Na	S2922, S2109
Sucrose	S2922
Lactose	S2922
Maltose	S2922
Magnesium, Mg	S2109
Protein	S2109
Water	S2109
Phosphorus, P	S2109
Potassium, K	S2922, S2109
Fructose	S2922
Manganese, Mn	S2109
Zinc, Zn	S2109

NDB No. 02049 Thyme, fresh

Vitamin A, RAE	S405
Carotene, beta	S405
Vitamin A, IU	S405

NDB No. 02050 Vanilla extract

Vitamin K (phylloquinone)	D4048

NDB No. 02053 Vinegar, distilled

Potassium, K	S2922, S2109
Vitamin K (phylloquinone)	D4048
Magnesium, Mg	S2109
Protein	S2109
Ash	S2109
Iron, Fe	S2109
Zinc, Zn	S2109
Total lipid (fat)	S2109
Water	S2109

NDB No. 02053 Vinegar, distilled

Copper, Cu	S2109
Manganese, Mn	S2109
Calcium, Ca	S2922, S2109
Sodium, Na	S2922, S2109
Phosphorus, P	S2109

NDB No. 02054 Capers, canned

Cryptoxanthin, beta	S1202
Carotene, alpha	S1202
Vitamin A, RAE	S1202
Carotene, beta	S1202
Vitamin A, IU	S1202

NDB No. 02055 Horseradish, prepared

Carotene, alpha	S1202
Cryptoxanthin, beta	S1202

NDB No. 02068 Vinegar, red wine

Total lipid (fat)	S2781, S2109
Ash	S3021, S2781, S2109
Vitamin A, IU	S3021
Sugars, total	S3021
Fatty acids, total trans	S3021
Fatty acids, total saturated	S3021
Sodium, Na	S3021, S2781, S2109
Vitamin C, total ascorbic acid	S3021
Fiber, total dietary	S3021
Calcium, Ca	S3021, S2781, S2109
Magnesium, Mg	S2781, S2109
Potassium, K	S3021, S2781, S2109
Phosphorus, P	S2781, S2109
Protein	S3021, S2781, S2109
Water	S2109
Iron, Fe	S3021, S2781, S2109
Zinc, Zn	S2109

NDB No. 02068 Vinegar, red wine

Manganese, Mn	S2781, S2109
Copper, Cu	S2109

NDB No. 02069 Vinegar, balsamic

Sugars, total	S3021, S2109
Maltose	S2109
Galactose	S2109
Calcium, Ca	S3021, S2109
Iron, Fe	S3021, S2109
Phosphorus, P	S2109
Potassium, K	S3021, S3501, S2109
Zinc, Zn	S2109
Vitamin C, total ascorbic acid	S3021
Lactose	S2109
Water	S3021, S2109
Vitamin A, IU	S3021
Fatty acids, total trans	S3021
Ash	S3021, S2109
Sucrose	S2109
Glucose (dextrose)	S2109
Total lipid (fat)	S2109
Manganese, Mn	S2109
Sodium, Na	S3021, S2109
Copper, Cu	S2109
Fatty acids, total saturated	S3021
Protein	S3021, S2109
Fructose	S2109
Magnesium, Mg	S2109

NDB No. 02073 CAMPBELL Soup Company, PACE, Dry Taco Seasoning Mix

Water	S3921

NDB No. 03002 Babyfood, meat, beef, strained

Manganese, Mn	S2113
18:1 undifferentiated	S2113

NDB No. 03002 Babyfood, meat, beef, strained

16:1 undifferentiated	S2113
15:0	S2113
17:0	S2113
Zinc, Zn	S2113
Pantothenic acid	S2113
Vitamin B-12	S2113
8:0	S2113
Iron, Fe	S2113
Sodium, Na	S2113
Tocopherol, delta	S2113
Riboflavin	S2113
Menaquinone-4	S2113
Dihydrophylloquinone	S2113
Folate, food	S2113
18:3 undifferentiated	S2113
21:5	S2113
Ash	S2113
Water	S2113
Potassium, K	S2113
Tocopherol, gamma	S2113
Niacin	S2113
20:4 undifferentiated	S2113
22:1 undifferentiated	S2113
24:1 c	S2113
17:1	S2113
Protein	S2113
Calcium, Ca	S2113
Phosphorus, P	S2113
Tocopherol, beta	S2113
Vitamin B-6	S2113
Folate, total	S2113
Cholesterol	S2113
14:1	S2113
20:1	S2113
Copper, Cu	S2113
Vitamin E (alpha-tocopherol)	S2113
Choline, total	S2113

NDB No. 03002 Babyfood, meat, beef, strained

Folic acid	S2113
Fatty acids, total saturated	S2113
12:0	S2113
14:0	S2113
16:0	S2113
20:0	S2113
24:0	S2113
Total lipid (fat)	S2113
Magnesium, Mg	S2113
Thiamin	S2113
Betaine	S2113
18:0	S2113
22:0	S2113
22:5 n-3 (DPA)	S2113
Fatty acids, total polyunsaturated	S2113
15:1	S2113
Selenium, Se	S2113
Vitamin D	S2113
Vitamin K (phylloquinone)	S2113
10:0	S2113
18:2 undifferentiated	S2113
18:4	S2113
20:5 n-3 (EPA)	S2113
Fatty acids, total monounsaturated	S2113
20:2 n-6 c,c	S2113
20:3 undifferentiated	S2113
22:4	S2113

NDB No. 03003 Babyfood, meat, beef, junior

Calcium, Ca	S2113
Selenium, Se	S2113
Tocopherol, delta	S2113
Menaquinone-4	S2113
Vitamin K (phylloquinone)	S2113
12:0	S2113
15:0	S2113

NDB No. 03003 Babyfood, meat, beef, junior

Water	S2113
Folate, total	S2113
Choline, total	S2113
Cholesterol	S2113
22:1 undifferentiated	S2113
22:5 n-3 (DPA)	S2113
Fatty acids, total monounsaturated	S2113
Total lipid (fat)	S2113
Ash	S2113
Zinc, Zn	S2113
Tocopherol, beta	S2113
Riboflavin	S2113
Vitamin B-6	S2113
Vitamin B-12	S2113
8:0	S2113
14:0	S2113
20:0	S2113
18:3 undifferentiated	S2113
20:5 n-3 (EPA)	S2113
24:0	S2113
17:1	S2113
22:4	S2113
Phosphorus, P	S2113
Copper, Cu	S2113
Folic acid	S2113
Betaine	S2113
20:4 undifferentiated	S2113
Protein	S2113
Magnesium, Mg	S2113
Potassium, K	S2113
Thiamin	S2113
Folate, food	S2113
14:1	S2113
16:1 undifferentiated	S2113
Fatty acids, total polyunsaturated	S2113
Sodium, Na	S2113
Fluoride, F	D5201

NDB No. 03003 Babyfood, meat, beef, junior

Vitamin D	S2113
Dihydrophylloquinone	S2113
16:0	S2113
22:0	S2113
20:2 n-6 c,c	S2113
20:3 undifferentiated	S2113
21:5	S2113
Iron, Fe	S2113
Manganese, Mn	S2113
Vitamin E (alpha-tocopherol)	S2113
Tocopherol, gamma	S2113
Pantothenic acid	S2113
Fatty acids, total saturated	S2113
18:1 undifferentiated	S2113
18:4	S2113
20:1	S2113
15:1	S2113
Niacin	S2113
10:0	S2113
18:0	S2113
18:2 undifferentiated	S2113
17:0	S2113
24:1 c	S2113

NDB No. 03005 Babyfood, meat, veal, strained

Total lipid (fat)	S2113
Tocopherol, beta	S2113
Folate, food	S2113
10:0	S2113
Magnesium, Mg	S2113
Choline, total	S2113
Folic acid	S2113
Fatty acids, total saturated	S2113
15:1	S2113
Potassium, K	S2113
Folate, total	S2113

NDB No. 03005 Babyfood, meat, veal, strained

Vitamin K (phylloquinone)	S2113
22:0	S2113
17:0	S2113
21:5	S2113
Calcium, Ca	S2113
Riboflavin	S2113
Niacin	S2113
Pantothenic acid	S2113
Cholesterol	S2113
14:0	S2113
18:3 undifferentiated	S2113
22:1 undifferentiated	S2113
22:5 n-3 (DPA)	S2113
Fatty acids, total monounsaturated	S2113
Vitamin D	S2113
12:0	S2113
20:0	S2113
18:2 undifferentiated	S2113
16:1 undifferentiated	S2113
20:1	S2113
17:1	S2113
Water	S2113
Iron, Fe	S2113
Zinc, Zn	S2113
Manganese, Mn	S2113
Selenium, Se	S2113
Tocopherol, delta	S2113
Vitamin B-12	S2113
18:0	S2113
18:1 undifferentiated	S2113
20:4 undifferentiated	S2113
14:1	S2113
24:0	S2113
Sodium, Na	S2113
Copper, Cu	S2113
Menaquinone-4	S2113
8:0	S2113

NDB No. 03005 Babyfood, meat, veal, strained

16:0	S2113
22:6 n-3 (DHA)	S2113
20:5 n-3 (EPA)	S2113
15:0	S2113
24:1 c	S2113
20:3 undifferentiated	S2113
Protein	S2113
Ash	S2113
Phosphorus, P	S2113
Fluoride, F	D5201
Vitamin E (alpha-tocopherol)	S2113
Tocopherol, gamma	S2113
Thiamin	S2113
Vitamin B-6	S2113
Dihydrophylloquinone	S2113
Betaine	S2113
18:4	S2113
Fatty acids, total polyunsaturated	S2113
20:2 n-6 c,c	S2113
22:4	S2113

NDB No. 03009 Babyfood, meat, ham, junior

Fluoride, F	D5201

NDB No. 03010 Babyfood, meat, lamb, strained

Protein	S2113
Sodium, Na	S2113
Selenium, Se	S2113
Vitamin B-6	S2113
10:0	S2113
20:4 undifferentiated	S2113
16:1 undifferentiated	S2113
24:1 c	S2113
Ash	S2113
Riboflavin	S2113
16:0	S2113

NDB No. 03010 Babyfood, meat, lamb, strained

18:3 undifferentiated	S2113
18:4	S2113
15:0	S2113
Potassium, K	S2113
Copper, Cu	S2113
Tocopherol, delta	S2113
Thiamin	S2113
Cholesterol	S2113
12:0	S2113
22:0	S2113
20:3 undifferentiated	S2113
22:4	S2113
Water	S2113
Magnesium, Mg	S2113
Manganese, Mn	S2113
Vitamin E (alpha-tocopherol)	S2113
Tocopherol, beta	S2113
Pantothenic acid	S2113
Menaquinone-4	S2113
18:1 undifferentiated	S2113
14:1	S2113
17:0	S2113
20:2 n-6 c,c	S2113
21:5	S2113
Total lipid (fat)	S2113
Phosphorus, P	S2113
Zinc, Zn	S2113
Choline, total	S2113
Dihydrophylloquinone	S2113
Folic acid	S2113
Folate, food	S2113
20:5 n-3 (EPA)	S2113
22:1 undifferentiated	S2113
Fatty acids, total polyunsaturated	S2113
Calcium, Ca	S2113
Iron, Fe	S2113
Tocopherol, gamma	S2113

NDB No. 03010 Babyfood, meat, lamb, strained

Vitamin B-12	S2113
Vitamin K (phylloquinone)	S2113
Betaine	S2113
22:6 n-3 (DHA)	S2113
22:5 n-3 (DPA)	S2113
Fatty acids, total monounsaturated	S2113
24:0	S2113
15:1	S2113
Niacin	S2113
Folate, total	S2113
Fatty acids, total saturated	S2113
14:0	S2113
18:0	S2113
20:0	S2113
18:2 undifferentiated	S2113
17:1	S2113

NDB No. 03011 Babyfood, meat, lamb, junior

Choline, total	S2113
Fluoride, F	D5201
Betaine	S2113

NDB No. 03012 Babyfood, meat, chicken, strained

Phosphorus, P	S7, S10, S6, S11, S9, S12, S8
Choline, total	S2113
Sodium, Na	S7, S10, S6, S11, S9, S12, S8
Calcium, Ca	S7, S10, S6, S11, S9, S12, S8
Iron, Fe	S7, S10, S6, S11, S9, S12, S8
Selenium, Se	S7, S10, S6, S11, S9, S12, S8
Potassium, K	S7, S10, S6, S11, S9, S12, S8
Zinc, Zn	S7, S10, S6, S11, S9, S12, S8
Copper, Cu	S7, S10, S6, S11, S9, S12, S8
Magnesium, Mg	S7, S10, S6, S11, S9, S12, S8
Betaine	S2113

NDB No. 03013 Babyfood, meat, chicken, junior

Choline, total	S2113
Betaine	S2113

NDB No. 03015 Babyfood, meat, turkey, strained

Zinc, Zn	S2113
Vitamin D	S2113
Vitamin K (phylloquinone)	S2113
Folate, food	S2113
18:0	S2113
20:0	S2113
20:4 undifferentiated	S2113
22:6 n-3 (DHA)	S2113
18:4	S2113
15:0	S2113
20:2 n-6 c,c	S2113
Total lipid (fat)	S2113
Tocopherol, delta	S2113
Folate, total	S2113
Menaquinone-4	S2113
Dihydrophylloquinone	S2113
Cholesterol	S2113
10:0	S2113
22:0	S2113
24:0	S2113
Copper, Cu	S2113
Vitamin B-12	S2113
Choline, total	S2113
Betaine	S2113
14:0	S2113
18:1 undifferentiated	S2113
18:2 undifferentiated	S2113
21:5	S2113
22:4	S2113
Iron, Fe	S2113
Magnesium, Mg	S2113
Niacin	S2113

NDB No. 03015 Babyfood, meat, turkey, strained

12:0	S2113
17:1	S2113
Protein	S2113
Ash	S2113
Phosphorus, P	S2113
Manganese, Mn	S2113
Vitamin E (alpha-tocopherol)	S2113
Tocopherol, beta	S2113
Thiamin	S2113
Fatty acids, total saturated	S2113
14:1	S2113
22:1 undifferentiated	S2113
Water	S2113
Sodium, Na	S2113
Selenium, Se	S2113
Tocopherol, gamma	S2113
Riboflavin	S2113
Pantothenic acid	S2113
Folic acid	S2113
20:1	S2113
20:3 undifferentiated	S2113
Calcium, Ca	S2113
Vitamin B-6	S2113
16:1 undifferentiated	S2113
20:5 n-3 (EPA)	S2113
22:5 n-3 (DPA)	S2113
24:1 c	S2113
Potassium, K	S2113
8:0	S2113
16:0	S2113
18:3 undifferentiated	S2113
Fatty acids, total monounsaturated	S2113
Fatty acids, total polyunsaturated	S2113
17:0	S2113

NDB No. 03016 Babyfood, meat, turkey, junior

NDB No. 03016 Babyfood, meat, turkey, junior

Sodium, Na	S2113
Thiamin	S2113
Pantothenic acid	S2113
14:0	S2113
18:3 undifferentiated	S2113
22:0	S2113
22:1 undifferentiated	S2113
22:5 n-3 (DPA)	S2113
17:1	S2113
Calcium, Ca	S2113
Vitamin D	S2113
Niacin	S2113
Betaine	S2113
Fatty acids, total monounsaturated	S2113
22:4	S2113
Total lipid (fat)	S2113
Zinc, Zn	S2113
Folate, total	S2113
Choline, total	S2113
Folate, food	S2113
10:0	S2113
14:1	S2113
20:5 n-3 (EPA)	S2113
21:5	S2113
Manganese, Mn	S2113
Tocopherol, beta	S2113
Tocopherol, delta	S2113
Vitamin B-6	S2113
Vitamin B-12	S2113
Fatty acids, total saturated	S2113
12:0	S2113
18:0	S2113
18:1 undifferentiated	S2113
18:2 undifferentiated	S2113
20:4 undifferentiated	S2113
16:1 undifferentiated	S2113
17:0	S2113

NDB No. 03016 Babyfood, meat, turkey, junior

24:1 c	S2113
20:2 n-6 c,c	S2113
15:1	S2113
Protein	S2113
Iron, Fe	S2113
Vitamin E (alpha-tocopherol)	S2113
Dihydrophylloquinone	S2113
Folic acid	S2113
24:0	S2113
20:3 undifferentiated	S2113
Fluoride, F	D5201
Tocopherol, gamma	S2113
16:0	S2113
20:0	S2113
22:6 n-3 (DHA)	S2113
15:0	S2113
Magnesium, Mg	S2113
Phosphorus, P	S2113
Potassium, K	S2113
Selenium, Se	S2113
Menaquinone-4	S2113
Cholesterol	S2113
18:4	S2113
20:1	S2113
Fatty acids, total polyunsaturated	S2113
Ash	S2113
Water	S2113
Copper, Cu	S2113
Riboflavin	S2113
Vitamin K (phylloquinone)	S2113
8:0	S2113

NDB No. 03017 Babyfood, meat, turkey sticks, junior

Ash	S2113
Manganese, Mn	S2113
Vitamin K (phylloquinone)	S2113

NDB No. 03017 Babyfood, meat, turkey sticks, junior

Cholesterol	S2113
12:0	S2113
20:1	S2113
Fatty acids, total polyunsaturated	S2113
18:0	S2113
Total lipid (fat)	S2113
Iron, Fe	S2113
Magnesium, Mg	S2113
Selenium, Se	S2113
Tocopherol, gamma	S2113
Thiamin	S2113
Riboflavin	S2113
22:1 undifferentiated	S2113
Sodium, Na	S2113
Copper, Cu	S2113
Vitamin B-12	S2113
Fatty acids, total saturated	S2113
8:0	S2113
10:0	S2113
14:0	S2113
16:1 undifferentiated	S2113
Phosphorus, P	S2113
Potassium, K	S2113
Pantothenic acid	S2113
Folate, total	S2113
20:4 undifferentiated	S2113
20:5 n-3 (EPA)	S2113
Fatty acids, total monounsaturated	S2113
Niacin	S2113
Vitamin D	S2113
Tocopherol, delta	S2113
16:0	S2113
18:1 undifferentiated	S2113
18:2 undifferentiated	S2113
18:3 undifferentiated	S2113
18:4	S2113
Protein	S2113

NDB No. 03017 Babyfood, meat, turkey sticks, junior

Water	S2113
Calcium, Ca	S2113
Zinc, Zn	S2113
Vitamin E (alpha-tocopherol)	S2113
Tocopherol, beta	S2113
Vitamin B-6	S2113
Choline, total	S2113
Betaine	S2113
22:6 n-3 (DHA)	S2113
22:5 n-3 (DPA)	S2113

NDB No. 03050 Babyfood, dinner, spaghetti and tomato and meat, junior

Fluoride, F	D5201

NDB No. 03053 Babyfood, dinner, vegetables and beef, strained

Glucose (dextrose)	S2113
Sugars, total	S2113
Phosphorus, P	S2113
Carotene, beta	S2113
Tocopherol, gamma	S2113
Folic acid	S2113
18:2 undifferentiated	S2113
22:6 n-3 (DHA)	S2113
18:4	S2113
20:5 n-3 (EPA)	S2113
20:3 undifferentiated	S2113
Ash	S2113
Fructose	S2113
Potassium, K	S2113
Sodium, Na	S2113
Cryptoxanthin, beta	S2113
Tocopherol, beta	S2113
Vitamin K (phylloquinone)	S2113
8:0	S2113
16:1 undifferentiated	S2113
20:1	S2113

NDB No. 03053 Babyfood, dinner, vegetables and beef, strained

22:5 n-3 (DPA)	S2113
Fatty acids, total polyunsaturated	S2113
Lactose	S2113
Carotene, alpha	S2113
Lycopene	S2113
Riboflavin	S2113
Folate, total	S2113
Choline, total	S2113
Folate, food	S2113
14:0	S2113
24:1 c	S2113
Galactose	S2113
Fiber, total dietary	S2113
Vitamin E (alpha-tocopherol)	S2113
12:0	S2113
16:0	S2113
18:0	S2113
20:0	S2113
20:4 undifferentiated	S2113
22:1 undifferentiated	S2113
15:0	S2113
15:1	S2113
Calcium, Ca	S2113
Tocopherol, delta	S2113
Thiamin	S2113
Pantothenic acid	S2113
Dihydrophylloquinone	S2113
Fatty acids, total monounsaturated	S2113
Total lipid (fat)	S2113
Sucrose	S2113
Zinc, Zn	S2113
Menaquinone-4	S2113
Betaine	S2113
Cholesterol	S2113
10:0	S2113
17:0	S2113
24:0	S2113

NDB No. 03053 Babyfood, dinner, vegetables and beef, strained

Protein	S2113
Maltose	S2113
Iron, Fe	S2113
Copper, Cu	S2113
Niacin	S2113
Vitamin B-6	S2113
Fatty acids, total saturated	S2113
18:1 undifferentiated	S2113
21:5	S2113
22:4	S2113
Water	S2113
Magnesium, Mg	S2113
Selenium, Se	S2113
Vitamin D	S2113
18:3 undifferentiated	S2113
22:0	S2113
14:1	S2113
20:2 n-6 c,c	S2113
17:1	S2113

NDB No. 03054 Babyfood, dinner, vegetables and beef, junior

Ash	S2113
Maltose	S2113
Copper, Cu	S2113
Fluoride, F	D5201
Selenium, Se	S2113
Tocopherol, delta	S2113
Thiamin	S2113
Riboflavin	S2113
Menaquinone-4	S2113
14:0	S2113
18:0	S2113
22:6 n-3 (DHA)	S2113
16:1 undifferentiated	S2113
20:5 n-3 (EPA)	S2113
24:1 c	S2113

NDB No. 03054 Babyfood, dinner, vegetables and beef, junior

Total lipid (fat)	S2113
Glucose (dextrose)	S2113
Magnesium, Mg	S2113
Sodium, Na	S2113
Tocopherol, gamma	S2113
8:0	S2113
10:0	S2113
18:3 undifferentiated	S2113
18:4	S2113
15:1	S2113
22:4	S2113
Sugars, total	S2113
Iron, Fe	S2113
16:0	S2113
18:1 undifferentiated	S2113
18:2 undifferentiated	S2113
Fatty acids, total monounsaturated	S2113
20:3 undifferentiated	S2113
Fiber, total dietary	S2113
Zinc, Zn	S2113
Tocopherol, beta	S2113
Vitamin B-12	S2113
Betaine	S2113
Fatty acids, total saturated	S2113
20:0	S2113
20:4 undifferentiated	S2113
22:0	S2113
22:1 undifferentiated	S2113
17:0	S2113
21:5	S2113
Phosphorus, P	S2113
Vitamin B-6	S2113
Folic acid	S2113
14:1	S2113
17:1	S2113
Fructose	S2113
Galactose	S2113

NDB No. 03054 Babyfood, dinner, vegetables and beef, junior

Calcium, Ca	S2113
Carotene, alpha	S2113
Vitamin E (alpha-tocopherol)	S2113
Folate, total	S2113
Vitamin K (phylloquinone)	S2113
Cholesterol	S2113
20:1	S2113
22:5 n-3 (DPA)	S2113
15:0	S2113
24:0	S2113
Water	S2113
Manganese, Mn	S2113
Carotene, beta	S2113
Vitamin D	S2113
Cryptoxanthin, beta	S2113
Dihydrophylloquinone	S2113
Folate, food	S2113
20:2 n-6 c,c	S2113
Protein	S2113
Sucrose	S2113
Lactose	S2113
Potassium, K	S2113
Lycopene	S2113
Niacin	S2113
Pantothenic acid	S2113
Choline, total	S2113
12:0	S2113
Fatty acids, total polyunsaturated	S2113

NDB No. 03062 Babyfood, dinner, vegetables and ham, junior

Fluoride, F	D5201

NDB No. 03069 Babyfood, dinner, chicken noodle, junior

Fluoride, F	D5201

NDB No. 03083 Babyfood, dinner, turkey and rice, junior

Fluoride, F	D5201

NDB No. 03085 Babyfood, dinner, vegetables and turkey, junior

Fluoride, F	D5201

NDB No. 03090 Babyfood, dinner, macaroni and cheese, junior

Fluoride, F	D5201

NDB No. 03091 Babyfood, vegetables, green beans, strained

Potassium, K	S2113
Selenium, Se	S2113
Carotene, alpha	S2113
Thiamin	S2113
Pantothenic acid	S2113
Folate, total	S2113
14:0	S2113
18:1 undifferentiated	S2113
18:3 undifferentiated	S2113
17:1	S2113
Maltose	S2113
Sugars, total	S2113
Fiber, total dietary	S2113
Sodium, Na	S2113
Choline, total	S2113
12:0	S2113
16:1 undifferentiated	S2113
Fatty acids, total polyunsaturated	S2113
22:4	S2113
Protein	S2113
Lactose	S2113
Galactose	S2113
Tocopherol, beta	S2113
8:0	S2113
10:0	S2113
16:0	S2113

NDB No. 03091 Babyfood, vegetables, green beans, strained

22:6 n-3 (DHA)	S2113
14:1	S2113
20:5 n-3 (EPA)	S2113
Fructose	S2113
Niacin	S2113
Dihydrophylloquinone	S2113
Vitamin K (phylloquinone)	S2113
20:0	S2113
Fatty acids, total monounsaturated	S2113
17:0	S2113
24:0	S2113
Phosphorus, P	S2113
Zinc, Zn	S2113
Manganese, Mn	S2113
Vitamin C, total ascorbic acid	S2113
Menaquinone-4	S2113
18:2 undifferentiated	S2113
18:4	S2113
20:1	S2113
22:5 n-3 (DPA)	S2113
20:2 n-6 c,c	S2113
Total lipid (fat)	S2113
Ash	S2113
Starch	S2113
Sucrose	S2113
Water	S2113
Iron, Fe	S2113
Cryptoxanthin, beta	S2113
Tocopherol, gamma	S2113
Vitamin B-6	S2113
18:0	S2113
22:0	S2113
15:0	S2113
24:1 c	S2113
Glucose (dextrose)	S2113
Calcium, Ca	S2113
Magnesium, Mg	S2113

NDB No. 03091 Babyfood, vegetables, green beans, strained

Carotene, beta	S2113
Vitamin E (alpha-tocopherol)	S2113
Lycopene	S2113
Tocopherol, delta	S2113
Folate, food	S2113
20:4 undifferentiated	S2113
21:5	S2113
Copper, Cu	S2113
Riboflavin	S2113
Betaine	S2113
Fatty acids, total saturated	S2113
22:1 undifferentiated	S2113
20:3 undifferentiated	S2113

NDB No. 03092 Babyfood, vegetables, green beans, junior

Fluoride, F	D5201

NDB No. 03099 Babyfood, vegetables, carrots, strained

Fluoride, F	D5201

NDB No. 03100 Babyfood, vegetables, carrots, junior

Fluoride, F	D5201

NDB No. 03104 Babyfood, vegetables, squash, strained

Total lipid (fat)	S2113
Fiber, total dietary	S2113
Calcium, Ca	S2113
Iron, Fe	S2113
Choline, total	S2113
Betaine	S2113
16:0	S2113
20:0	S2113
18:2 undifferentiated	S2113
22:6 n-3 (DHA)	S2113

NDB No. 03104 Babyfood, vegetables, squash, strained

22:0	S2113
Fatty acids, total monounsaturated	S2113
20:2 n-6 c,c	S2113
Glucose (dextrose)	D3313, D3337, S2113
Sugars, total	D3313, D3337, S2113
Magnesium, Mg	S2113
Potassium, K	S2113
Niacin	S2113
Folic acid	S2113
12:0	S2113
14:0	S2113
22:5 n-3 (DPA)	S2113
17:0	S2113
Manganese, Mn	S2113
Selenium, Se	S2113
Vitamin E (alpha-tocopherol)	S2113
Thiamin	S2113
Menaquinone-4	S2113
20:4 undifferentiated	S2113
22:4	S2113
Sucrose	D3313, D3337, S2113
Fructose	D3313, D3337, S2113
Phosphorus, P	S2113
Sodium, Na	S2113
Carotene, alpha	D3903, S2113
Lycopene	D3903, S2113
Riboflavin	S2113
Vitamin B-6	S2113
16:1 undifferentiated	S2113
18:4	S2113
20:5 n-3 (EPA)	S2113
Fatty acids, total polyunsaturated	S2113
24:0	S2113
20:3 undifferentiated	S2113
15:1	S2113
Starch	S2113
Maltose	D3313, D3337, S2113

NDB No. 03104 Babyfood, vegetables, squash, strained

Zinc, Zn	S2113
Copper, Cu	S2113
Tocopherol, beta	S2113
Tocopherol, delta	S2113
Pantothenic acid	S2113
Dihydrophylloquinone	S2113
21:5	S2113
Galactose	S2113
Vitamin C, total ascorbic acid	S2113
10:0	S2113
14:1	S2113
24:1 c	S2113
Ash	S2113
Water	S2113
Carotene, beta	D3903, S2113
Cryptoxanthin, beta	D3903, S2113
Folate, total	S2113
Vitamin K (phylloquinone)	S2113
Folate, food	S2113
Fatty acids, total saturated	S2113
8:0	S2113
18:0	S2113
18:1 undifferentiated	S2113
18:3 undifferentiated	S2113
20:1	S2113
22:1 undifferentiated	S2113
Protein	S2113
Lactose	D3313, D3337, S2113
Lutein + zeaxanthin	D3903
Tocopherol, gamma	S2113
15:0	S2113
17:1	S2113

NDB No. 03105 Babyfood, vegetables, squash, junior

Protein	S2113
Galactose	S2113

NDB No. 03105 Babyfood, vegetables, squash, junior

Phosphorus, P	S2113
Tocopherol, gamma	S2113
14:0	S2113
16:0	S2113
18:0	S2113
20:4 undifferentiated	S2113
15:0	S2113
17:0	S2113
Total lipid (fat)	S2113
Maltose	D3313, D3337, S2113
Magnesium, Mg	S2113
Potassium, K	S2113
Riboflavin	S2113
Dihydrophylloquinone	S2113
Vitamin K (phylloquinone)	S2113
20:1	S2113
Ash	S2113
Sucrose	D3313, D3337, S2113
Selenium, Se	S2113
Vitamin E (alpha-tocopherol)	S2113
Lycopene	D3903, S2113
Choline, total	S2113
18:1 undifferentiated	S2113
18:4	S2113
20:5 n-3 (EPA)	S2113
Fatty acids, total polyunsaturated	S2113
Zinc, Zn	S2113
Carotene, alpha	D3903, S2113
Lutein + zeaxanthin	D3903
Tocopherol, beta	S2113
Tocopherol, delta	S2113
Thiamin	S2113
Vitamin B-6	S2113
Folate, total	S2113
Folic acid	S2113
Betaine	S2113
Fatty acids, total saturated	S2113

NDB No. 03105 Babyfood, vegetables, squash, junior

14:1	S2113
Fatty acids, total monounsaturated	S2113
24:1 c	S2113
Starch	S2113
Lactose	D3313, D3337, S2113
Manganese, Mn	S2113
Niacin	S2113
Menaquinone-4	S2113
Folate, food	S2113
8:0	S2113
18:2 undifferentiated	S2113
22:1 undifferentiated	S2113
21:5	S2113
Calcium, Ca	S2113
Pantothenic acid	S2113
12:0	S2113
22:0	S2113
16:1 undifferentiated	S2113
17:1	S2113
Sugars, total	D3313, D3337, S2113
Fiber, total dietary	S2113
Iron, Fe	S2113
Copper, Cu	S2113
Cryptoxanthin, beta	D3903, S2113
Vitamin C, total ascorbic acid	S2113
10:0	S2113
20:0	S2113
22:6 n-3 (DHA)	S2113
22:5 n-3 (DPA)	S2113
24:0	S2113
20:2 n-6 c,c	S2113
20:3 undifferentiated	S2113
15:1	S2113
22:4	S2113
Glucose (dextrose)	D3313, D3337, S2113
Fructose	D3313, D3337, S2113
Water	S2113

NDB No. 03105 Babyfood, vegetables, squash, junior

Sodium, Na	S2113
Carotene, beta	D3903, S2113
18:3 undifferentiated	S2113

NDB No. 03108 Babyfood, vegetables, sweet potatoes strained

Fluoride, F	D5201

NDB No. 03109 Babyfood, vegetables, sweet potatoes, junior

Fluoride, F	D5201

NDB No. 03116 Babyfood, fruit, applesauce, strained

Fluoride, F	D5201

NDB No. 03117 Babyfood, fruit, applesauce, junior

Fluoride, F	D5201

NDB No. 03120 Babyfood, vegetables, corn, creamed, junior

Fluoride, F	D5201

NDB No. 03121 Babyfood, vegetables, peas, strained

Fructose	S2113
Cryptoxanthin, beta	S2113
Choline, total	S2113
14:1	S2113
Fatty acids, total polyunsaturated	S2113
17:1	S2113
15:1	S2113
Glucose (dextrose)	S2113
14:0	S2113
16:0	S2113
16:1 undifferentiated	S2113
24:0	S2113
20:3 undifferentiated	S2113

NDB No. 03121 Babyfood, vegetables, peas, strained

Tocopherol, gamma	S2113
18:0	S2113
22:4	S2113
Tocopherol, delta	S2113
Vitamin B-6	S2113
Fatty acids, total saturated	S2113
8:0	S2113
10:0	S2113
12:0	S2113
17:0	S2113
Sucrose	S2113
Lactose	S2113
Sugars, total	S2113
Vitamin E (alpha-tocopherol)	S2113
Tocopherol, beta	S2113
18:4	S2113
22:5 n-3 (DPA)	S2113
15:0	S2113
Starch	S2113
20:0	S2113
22:0	S2113
22:1 undifferentiated	S2113
Galactose	S2113
Manganese, Mn	S7, S10, S6, S11, S9, S12, S8, S2113
Lycopene	S2113
18:1 undifferentiated	S2113
18:2 undifferentiated	S2113
18:3 undifferentiated	S2113
22:6 n-3 (DHA)	S2113
20:5 n-3 (EPA)	S2113
24:1 c	S2113
20:2 n-6 c,c	S2113
21:5	S2113
Maltose	S2113
Fiber, total dietary	S2113
Carotene, beta	S2113
Carotene, alpha	S2113

NDB No. 03121 Babyfood, vegetables, peas, strained

Vitamin C, total ascorbic acid	S2113
Pantothenic acid	S2113
Menaquinone-4	S2113
Dihydrophylloquinone	S2113
Vitamin K (phylloquinone)	S2113
Betaine	S2113
20:4 undifferentiated	S2113
20:1	S2113
Fatty acids, total monounsaturated	S2113

NDB No. 03122 Babyfood, peas, dices, toddler

Fluoride, F	D5201

NDB No. 03128 Babyfood, fruit, apricot with tapioca, junior

Fluoride, F	D5201

NDB No. 03129 Babyfood, fruit, bananas with tapioca, strained

Fluoride, F	D5201

NDB No. 03130 Babyfood, fruit, peaches, strained

Protein	S2113
Ash	S2113
Fructose	S2113
Fiber, total dietary	S2113
Manganese, Mn	S2113
Tocopherol, delta	S2113
Folate, total	S2113
18:4	S2113
24:0	S2113
22:4	S2113
Starch	S2113
Sucrose	S2113
Maltose	S2113
Calcium, Ca	S2113

NDB No. 03130 Babyfood, fruit, peaches, strained

Copper, Cu	S2113
Selenium, Se	S2113
Carotene, beta	S2113
Betaine	S2113
20:1	S2113
21:5	S2113
Phosphorus, P	S2113
Vitamin B-6	S2113
Vitamin K (phylloquinone)	S2113
16:0	S2113
18:2 undifferentiated	S2113
16:1 undifferentiated	S2113
22:5 n-3 (DPA)	S2113
15:0	S2113
15:1	S2113
Glucose (dextrose)	S2113
Water	S2113
Lycopene	S2113
20:0	S2113
20:4 undifferentiated	S2113
22:6 n-3 (DHA)	S2113
20:5 n-3 (EPA)	S2113
24:1 c	S2113
20:3 undifferentiated	S2113
Lactose	S2113
Iron, Fe	S2113
Magnesium, Mg	S2113
Potassium, K	S2113
Carotene, alpha	S2113
Cryptoxanthin, beta	S2113
Riboflavin	S2113
Menaquinone-4	S2113
Dihydrophylloquinone	S2113
Folate, food	S2113
18:0	S2113
22:0	S2113
Galactose	S2113

NDB No. 03130 Babyfood, fruit, peaches, strained

Sodium, Na	S2113
Zinc, Zn	S2113
Vitamin C, total ascorbic acid	S2113
Choline, total	S2113
10:0	S2113
12:0	S2113
14:0	S2113
18:3 undifferentiated	S2113
17:0	S2113
17:1	S2113
Tocopherol, beta	S2113
Tocopherol, gamma	S2113
Niacin	S2113
Pantothenic acid	S2113
Fatty acids, total monounsaturated	S2113
Fatty acids, total polyunsaturated	S2113
Total lipid (fat)	S2113
Sugars, total	S2113
Vitamin E (alpha-tocopherol)	S2113
Thiamin	S2113
Fatty acids, total saturated	S2113
8:0	S2113
14:1	S2113
22:1 undifferentiated	S2113
20:2 n-6 c,c	S2113

NDB No. 03131 Babyfood, fruit, peaches, junior

Protein	S2113
Total lipid (fat)	S2113
Lactose	S2113
Cryptoxanthin, beta	S2113
Vitamin B-6	S2113
22:1 undifferentiated	S2113
Maltose	S2113
Potassium, K	S2113
Thiamin	S2113

NDB No. 03131 Babyfood, fruit, peaches, junior

Menaquinone-4	S2113
Betaine	S2113
22:6 n-3 (DHA)	S2113
20:5 n-3 (EPA)	S2113
17:0	S2113
24:1 c	S2113
20:3 undifferentiated	S2113
15:1	S2113
Sugars, total	S2113
Calcium, Ca	S2113
Carotene, alpha	S2113
Choline, total	S2113
Dihydrophylloquinone	S2113
Vitamin K (phylloquinone)	S2113
Fatty acids, total saturated	S2113
18:3 undifferentiated	S2113
20:1	S2113
Fatty acids, total polyunsaturated	S2113
22:4	S2113
Sucrose	S2113
Magnesium, Mg	S2113
Vitamin C, total ascorbic acid	S2113
Riboflavin	S2113
8:0	S2113
14:0	S2113
16:0	S2113
18:2 undifferentiated	S2113
14:1	S2113
18:4	S2113
15:0	S2113
17:1	S2113
Water	S2113
Selenium, Se	S2113
Vitamin E (alpha-tocopherol)	S2113
Tocopherol, beta	S2113
Pantothenic acid	S2113
12:0	S2113

NDB No. 03131 Babyfood, fruit, peaches, junior

20:0	S2113
20:4 undifferentiated	S2113
22:0	S2113
Glucose (dextrose)	S2113
Fiber, total dietary	S2113
Sodium, Na	S2113
Copper, Cu	S2113
Lycopene	S2113
Tocopherol, gamma	S2113
Niacin	S2113
18:0	S2113
16:1 undifferentiated	S2113
Ash	S2113
Fructose	S2113
Galactose	S2113
Iron, Fe	S2113
Zinc, Zn	S2113
Tocopherol, delta	S2113
Fatty acids, total monounsaturated	S2113
24:0	S2113
20:2 n-6 c,c	S2113
Starch	S2113
Phosphorus, P	S2113
Manganese, Mn	S2113
Carotene, beta	S2113
Folate, total	S2113
Folate, food	S2113
10:0	S2113
22:5 n-3 (DPA)	S2113
21:5	S2113

NDB No. 03132 Babyfood, fruit, pears, strained

Fluoride, F	D5201

NDB No. 03133 Babyfood, fruit, pears, junior

NDB No. 03133 Babyfood, fruit, pears, junior

Fluoride, F D5201

NDB No. 03135 Babyfood, fruit, plums with tapioca, without ascorbic acid, junior

Fluoride, F D5201

NDB No. 03139 Babyfood, prunes, without vitamin c, strained

Fluoride, F D5201

NDB No. 03156 Babyfood, fruit, bananas and pineapple with tapioca, junior

Fluoride, F D5201

NDB No. 03158 Babyfood, fruit, pears and pineapple, strained

Fluoride, F D5201

NDB No. 03159 Babyfood, fruit, pears and pineapple, junior

Fluoride, F D5201

NDB No. 03165 Babyfood, fruit, apple and blueberry, junior

Fluoride, F D5201

NDB No. 03166 Babyfood, juice, apple

Fluoride, F D5201

NDB No. 03169 Babyfood, apple-cranberry juice

Fluoride, F D5201

NDB No. 03171 Babyfood, juice, apple and prune

Fluoride, F D5201

NDB No. 03187 Babyfood, cereal, mixed, with applesauce and bananas, strained

NDB No. 03187 Babyfood, cereal, mixed, with applesauce and bananas, strained

Fluoride, F	D5201

NDB No. 03189 Babyfood, cereal, oatmeal, dry

Maltose	S2113
Phosphorus, P	S2113
Sodium, Na	S2113
Zinc, Zn	S2113
Selenium, Se	S2113
Vitamin C, total ascorbic acid	S2113
Dihydrophylloquinone	S2113
8:0	S2113
14:0	S2113
18:4	S2113
Fatty acids, total polyunsaturated	S2113
Ash	S2113
Starch	S2113
Menaquinone-4	S2113
22:0	S2113
14:1	S2113
Sucrose	S2113
Fatty acids, total monounsaturated	S2113
15:0	S2113
17:1	S2113
20:3 undifferentiated	S2113
Fructose	S2113
Sugars, total	S2113
Galactose	S2113
Calcium, Ca	S2113
Iron, Fe	S2113
Copper, Cu	S2113
24:1 c	S2113
Protein	S2113
Tocopherol, beta	S2113
Thiamin	S2113
Niacin	S2113
20:0	S2113

NDB No. 03189 Babyfood, cereal, oatmeal, dry

18:2 undifferentiated	S2113
20:4 undifferentiated	S2113
22:6 n-3 (DHA)	S2113
16:1 undifferentiated	S2113
20:1	S2113
22:5 n-3 (DPA)	S2113
24:0	S2113
Fiber, total dietary	S2113
Magnesium, Mg	S2113
Tocopherol, gamma	S2113
Betaine	S2113
12:0	S2113
16:0	S2113
22:1 undifferentiated	S2113
20:2 n-6 c,c	S2113
21:5	S2113
Total lipid (fat)	S2113
Glucose (dextrose)	S2113
Manganese, Mn	S2113
Vitamin E (alpha-tocopherol)	S2113
Tocopherol, delta	S2113
Vitamin K (phylloquinone)	S2113
18:0	S2113
18:1 undifferentiated	S2113
15:1	S2113
22:4	S2113
Lactose	S2113
Water	S2113
Potassium, K	S2113
Riboflavin	S2113
Pantothenic acid	S2113
Vitamin B-6	S2113
Choline, total	S2113
Fatty acids, total saturated	S2113
18:3 undifferentiated	S2113
17:0	S2113

NDB No. 03192 Babyfood, cereal, oatmeal, with applesauce and bananas, junior

Fluoride, F	D5201

NDB No. 03195 Babyfood, cereal, rice, with applesauce and bananas, strained

Fluoride, F	D5201

NDB No. 03210 Babyfood, cereal, rice, with mixed fruit, junior

Fluoride, F	D5201

NDB No. 03221 Babyfood, dessert, dutch apple, junior

Fluoride, F	D5201

NDB No. 03228 Babyfood, dessert, peach cobbler, junior

Fluoride, F	D5201

NDB No. 03236 Babyfood, dessert, fruit dessert, without ascorbic acid, junior

Fluoride, F	D5201

NDB No. 03246 Babyfood, dessert, custard pudding, vanilla, junior

Fluoride, F	D5201

NDB No. 03265 Babyfood, juice, apple and grape

Fluoride, F	D5201

NDB No. 03268 Babyfood, juice, apple and cherry

Fluoride, F	D5201

NDB No. 03298 Babyfood, dinner, broccoli and chicken, junior

Maltose	S2113
Galactose	S2113
Calcium, Ca	S2113
Potassium, K	S2113

NDB No. 03298 Babyfood, dinner, broccoli and chicken, junior

Vitamin E (alpha-tocopherol)	S2113
Pantothenic acid	S2113
Folate, food	S2113
8:0	S2113
22:4	S2113
Total lipid (fat)	S2113
Lactose	S2113
Water	S2113
Fiber, total dietary	S2113
Sodium, Na	S2113
Zinc, Zn	S2113
Riboflavin	S2113
Choline, total	S2113
Menaquinone-4	S2113
10:0	S2113
14:0	S2113
18:2 undifferentiated	S2113
14:1	S2113
22:1 undifferentiated	S2113
Fatty acids, total polyunsaturated	S2113
17:0	S2113
17:1	S2113
Manganese, Mn	S2113
Carotene, beta	S2113
Tocopherol, beta	S2113
18:3 undifferentiated	S2113
Fatty acids, total monounsaturated	S2113
20:3 undifferentiated	S2113
Ash	S2113
Copper, Cu	S2113
Carotene, alpha	S2113
Thiamin	S2113
Niacin	S2113
Vitamin B-6	S2113
Vitamin B-12	S2113
Folic acid	S2113
Betaine	S2113

NDB No. 03298 Babyfood, dinner, broccoli and chicken, junior

12:0	S2113
16:0	S2113
24:1 c	S2113
Magnesium, Mg	S2113
Selenium, Se	S2113
Dihydrophylloquinone	S2113
18:0	S2113
20:0	S2113
22:0	S2113
15:1	S2113
21:5	S2113
Protein	S2113
Fructose	S2113
Iron, Fe	S2113
Vitamin D	S2113
Lycopene	S2113
Tocopherol, gamma	S2113
Tocopherol, delta	S2113
Folate, total	S2113
Fatty acids, total saturated	S2113
24:0	S2113
20:2 n-6 c,c	S2113
Glucose (dextrose)	S2113
Phosphorus, P	S2113
Cholesterol	S2113
20:4 undifferentiated	S2113
22:6 n-3 (DHA)	S2113
18:4	S2113
20:1	S2113
20:5 n-3 (EPA)	S2113
22:5 n-3 (DPA)	S2113
15:0	S2113
Sucrose	S2113
Sugars, total	S2113
Cryptoxanthin, beta	S2113
Vitamin K (phylloquinone)	S2113
18:1 undifferentiated	S2113

NDB No. 03298 Babyfood, dinner, broccoli and chicken, junior

16:1 undifferentiated	S2113

NDB No. 03849 Infant formula, MEAD JOHNSON, ENFAMIL, ENFACARE LIPIL, powder, with ARA and DHA

Carbohydrate, by difference	S1921
Fiber, total dietary	S1921
Protein	S1921
Iron, Fe	S1921
Magnesium, Mg	S1921
Copper, Cu	S1921
Vitamin C, total ascorbic acid	S1921
Pantothenic acid	S1921
Riboflavin	S1921
Total lipid (fat)	S1921
Ash	S1921
Calcium, Ca	S1921
Phosphorus, P	S1921
Folate, total	S1921
Vitamin B-12	S1921
20:4 undifferentiated	S1921
Water	S1921
Zinc, Zn	S1921
Thiamin	S1921
Niacin	S1921
22:6 n-3 (DHA)	S1921
Sugars, total	S1921
Sodium, Na	S1921
Vitamin A, IU	S1921
Vitamin B-6	S1921
Vitamin D	S1921

NDB No. 03957 Infant formula, ABBOTT NUTRITION, ALIMENTUM ADVANCE, with iron, powder, not reconstituted, with DHA and ARA (formerly ROSS)

Vitamin B-6	S2081
Riboflavin	S2081
Vitamin B-12	S2081
Ash	S2081

NDB No. 03957 Infant formula, ABBOTT NUTRITION, ALIMENTUM ADVANCE, with iron, powder, not reconstituted, with DHA and ARA (formerly ROSS)

Zinc, Zn	S2081
Vitamin D	S2081
Thiamin	S2081
Water	S2081
Pantothenic acid	S2081
Total lipid (fat)	S2081
Energy	S2081
Choline, total	S2081
Calcium, Ca	S2081
Copper, Cu	S2081
Vitamin C, total ascorbic acid	S2081
Niacin	S2081
Folate, total	S2081
Protein	S2081
Carbohydrate, by difference	S2081
Iron, Fe	S2081
Sodium, Na	S2081
Magnesium, Mg	S2081
Phosphorus, P	S2081
Vitamin A, IU	S2081

NDB No. 03963 Infant Formula, MEAD JOHNSON, ENFAMIL GENTLEASE LIPIL, with iron, prepared from powder

Carbohydrate, by difference	S1921
Sodium, Na	S1921
Vitamin D	S1921
Thiamin	S1921
Niacin	S1921
Pantothenic acid	S1921
Vitamin K (phylloquinone)	S1921
18:2 undifferentiated	S1921
Fatty acids, total polyunsaturated	S1921
Protein	S1921
Iron, Fe	S1921
Vitamin A, IU	S1921
Vitamin E (alpha-tocopherol)	S1921
20:4 undifferentiated	S1921

NDB No. 03963 Infant Formula, MEAD JOHNSON, ENFAMIL GENTLEASE LIPIL, with iron, prepared from powder

Total lipid (fat)	S1921
Copper, Cu	S1921
Calcium, Ca	S1921
Potassium, K	S1921
Vitamin B-6	S1921
Water	S1921
Magnesium, Mg	S1921
Riboflavin	S1921
Phosphorus, P	S1921
Zinc, Zn	S1921
Manganese, Mn	S1921
Selenium, Se	S1921
Vitamin B-12	S1921
22:6 n-3 (DHA)	S1921
18:3 undifferentiated	S1921

NDB No. 04002 Lard

Tocopherol, gamma	S84
Vitamin E (alpha-tocopherol)	S84
Tocopherol, beta	S84
Tocopherol, delta	S84

NDB No. 04015 Salad dressing, russian dressing

Vitamin C, total ascorbic acid	S4501
Energy	S4501
Cholesterol	S4501
Fatty acids, total trans	S4501
Fatty acids, total saturated	S4501
Iron, Fe	S4501
Sodium, Na	S4501
Protein	S4501
Sugars, total	S4501
Fiber, total dietary	S4501
Calcium, Ca	S4501

NDB No. 04017 Salad dressing, thousand island, commercial, regular

Water	S19
Galactose	S19
Iron, Fe	S19
Selenium, Se	S19
Vitamin C, total ascorbic acid	S19
Dihydrophylloquinone	S19
Tyrosine	S19
6:0	S19
10:0	S19
18:1 undifferentiated	S19
Fructose	S19
Potassium, K	S19
Zinc, Zn	S19
Cryptoxanthin, beta	S19
Folate, total	S19
Vitamin B-12	S19
Alanine	S19
Aspartic acid	S19
4:0	S19
22:0	S19
20:1	S19
20:5 n-3 (EPA)	S19
Calcium, Ca	S19
Copper, Cu	S19
Niacin	S19
Pantothenic acid	S19
Phenylalanine	S19
Arginine	S19
16:0	S19
20:0	S19
17:1	S19
Ash	S19
18:2 undifferentiated	S19
20:4 undifferentiated	S19
18:4	S19
22:5 n-3 (DPA)	S19
17:0	S19

NDB No. 04017 Salad dressing, thousand island, commercial, regular

24:0	S19
Glucose (dextrose)	S19
Maltose	S19
Sugars, total	S19
Fiber, total dietary	S19
Magnesium, Mg	S19
Manganese, Mn	S19
Riboflavin	S19
Lysine	S19
Methionine	S19
Cystine	S19
Glycine	S19
Cholesterol	S19
18:0	S19
22:6 n-3 (DHA)	S19
16:1 undifferentiated	S19
Phosphorus, P	S19
Carotene, beta	S19
Thiamin	S19
Vitamin K (phylloquinone)	S19
Leucine	S19
Proline	S19
8:0	S19
12:0	S19
14:1	S19
22:1 undifferentiated	S19
Protein	S19
Total lipid (fat)	S19
Starch	S19
Sucrose	S19
Lycopene	S19
Vitamin B-6	S19
Isoleucine	S19
Histidine	S19
Glutamic acid	S19
Serine	S19
Lactose	S19

NDB No. 04017 Salad dressing, thousand island, commercial, regular

Sodium, Na	S19
Tryptophan	S19
Threonine	S19
Valine	S19
14:0	S19
18:3 undifferentiated	S19

NDB No. 04018 Salad dressing, mayonnaise type, regular, with salt

Sugars, total	S5
Tocopherol, beta	S84
Tocopherol, delta	S84
Vitamin E (alpha-tocopherol)	S84
Vitamin K (phylloquinone)	D4002, D4072
Betaine	S3461
Tocopherol, gamma	S84
Choline, total	S3461

NDB No. 04020 Salad dressing, french dressing, reduced fat

Total lipid (fat)	S19, S4501
Riboflavin	S19
16:0	S19
18:0	S19
18:1 undifferentiated	S19
Copper, Cu	S19
Lycopene	S19
Zinc, Zn	S19
Vitamin C, total ascorbic acid	S4501
20:1	S19
Ash	S19
Water	S19
Sugars, total	S4501
Iron, Fe	S19, S4501
Fatty acids, total saturated	S4501
Calcium, Ca	S19, S4501
Manganese, Mn	S19
Vitamin B-6	S19

NDB No. 04020 Salad dressing, french dressing, reduced fat

18:2 undifferentiated	S19
Magnesium, Mg	S19
Sodium, Na	S19, S4501
18:3 undifferentiated	S19
Protein	S19, S4501
Fiber, total dietary	S19, S4501
Potassium, K	S19
Carotene, beta	S19
Niacin	S19
Cholesterol	S4501
Phosphorus, P	S19
Cryptoxanthin, beta	S19
Thiamin	S19

NDB No. 04021 Salad dressing, italian dressing, reduced fat

Ash	S19
Fiber, total dietary	S19
Phosphorus, P	S19
22:6 n-3 (DHA)	S19
18:4	S19
17:1	S19
Starch	S19
Galactose	S19
Calcium, Ca	S19
Potassium, K	S19
8:0	S19
10:0	S19
14:0	S19
16:0	S19
20:0	S19
24:0	S19
Vitamin B-6	S19
18:2 undifferentiated	S19
20:1	S19
Lactose	S19
Maltose	S19

NDB No. 04021 Salad dressing, italian dressing, reduced fat

Sugars, total	S19
Lycopene	S19
Niacin	S19
Pantothenic acid	S19
22:0	S19
17:0	S19
Total lipid (fat)	S19
Zinc, Zn	S19
Selenium, Se	S19
Carotene, beta	S19
18:1 undifferentiated	S19
20:4 undifferentiated	S19
20:5 n-3 (EPA)	S19
22:5 n-3 (DPA)	S19
Protein	S19
Glucose (dextrose)	S19
Fructose	S19
Water	S19
Cryptoxanthin, beta	S19
6:0	S19
18:0	S19
14:1	S19
22:1 undifferentiated	S19
Riboflavin	S19
Folate, total	S19
4:0	S19
16:1 undifferentiated	S19
Sucrose	S19
Iron, Fe	S19
Magnesium, Mg	S19
Sodium, Na	S19
Copper, Cu	S19
Manganese, Mn	S19
Thiamin	S19
Vitamin B-12	S19
12:0	S19
18:3 undifferentiated	S19

NDB No. 04023 Salad dressing, thousand island dressing, reduced fat

Maltose	S19
Galactose	S19
Calcium, Ca	S19, S4501
Copper, Cu	S19
Carotene, beta	S19
Thiamin	S19
Riboflavin	S19
Phenylalanine	S19
Arginine	S19
Histidine	S19
8:0	S19
12:0	S19
18:2 undifferentiated	S19
Glucose (dextrose)	S19
Water	S19
Sugars, total	S19
Pantothenic acid	S19
Methionine	S19
Valine	S19
Glutamic acid	S19
Proline	S19
Serine	S19
16:1 undifferentiated	S19
Total lipid (fat)	S19, S4501
Fiber, total dietary	S19, S4501
Phosphorus, P	S19
Sodium, Na	S19, S4501
Vitamin C, total ascorbic acid	S19, S4501
Threonine	S19
Isoleucine	S19
Leucine	S19
Cystine	S19
Aspartic acid	S19
22:6 n-3 (DHA)	S19
22:0	S19
Starch	S19
Fructose	S19

NDB No. 04023 Salad dressing, thousand island dressing, reduced fat

Lactose	S19
Lycopene	S19
Niacin	S19
Vitamin B-12	S19
Lysine	S19
Tyrosine	S19
Glycine	S19
16:0	S19
18:1 undifferentiated	S19
18:3 undifferentiated	S19
20:4 undifferentiated	S19
14:1	S19
22:1 undifferentiated	S19
Potassium, K	S19
Manganese, Mn	S19
Fatty acids, total saturated	S4501
10:0	S19
20:0	S19
20:5 n-3 (EPA)	S19
17:1	S19
Iron, Fe	S19, S4501
Zinc, Zn	S19
Tryptophan	S19
Cholesterol	S19, S4501
22:5 n-3 (DPA)	S19
Protein	S19, S4501
Magnesium, Mg	S19
Selenium, Se	S19
Vitamin B-6	S19
Folate, total	S19
4:0	S19
14:0	S19
18:4	S19
20:1	S19
17:0	S19
24:0	S19
Ash	S19

NDB No. 04023 Salad dressing, thousand island dressing, reduced fat

Sucrose	S19
Cryptoxanthin, beta	S19
Alanine	S19
6:0	S19
18:0	S19

NDB No. 04025 Salad dressing, mayonnaise, soybean oil, with salt

Potassium, K	S22
Sodium, Na	S22
Manganese, Mn	S22
Thiamin	S22
Folate, total	S22
Betaine	S4001
4:0	S22
6:0	S22
8:0	S22
16:1 undifferentiated	S22
17:0	S22
18:2 i	S22
20:3 undifferentiated	S22
Fatty acids, total trans-monoenoic	S22
Sugars, total	S22
Tocopherol, gamma	S22
20:0	S22
Campesterol	S22
20:2 n-6 c,c	S22
Fatty acids, total trans-polyenoic	S22
Total lipid (fat)	S22
Ash	S22
Galactose	S22
Zinc, Zn	S22
Riboflavin	S22
Choline, total	S4001
Fatty acids, total trans	S22
12:0	S22

NDB No. 04025 Salad dressing, mayonnaise, soybean oil, with salt

16:1 c	S22
17:1	S22
18:3 n-3 c,c,c (ALA)	S22
Vitamin E (alpha-tocopherol)	S22
Niacin	S22
Vitamin K (phylloquinone)	D4002, D4072
Fatty acids, total saturated	S22
16:0	S22
18:1 undifferentiated	S22
Stigmasterol	S22
Beta-sitosterol	S22
24:0	S22
Sucrose	S22
Maltose	S22
18:2 n-6 c,c	S22
Fructose	S22
Iron, Fe	S22
Phosphorus, P	S22
Tocopherol, beta	S22
Tocopherol, delta	S22
Pantothenic acid	S22
Cholesterol	S22
22:0	S22
20:1	S22
Glucose (dextrose)	S22
Lactose	S22
Water	S22
Calcium, Ca	S22
Magnesium, Mg	S22
14:0	S22
18:0	S22
22:6 n-3 (DHA)	S22
22:5 n-3 (DPA)	S22
Fatty acids, total monounsaturated	S22
18:1 c	S22
Protein	S22
Copper, Cu	S22

NDB No. 04025 Salad dressing, mayonnaise, soybean oil, with salt

Vitamin B-12	S22
10:0	S22
14:1	S22
18:1 t	S22

NDB No. 04026 Salad dressing, mayonnaise, soybean and safflower oil, with salt

Vitamin K (phylloquinone)	D4043, D4048, D4050, D4074, D4073, D4051, D4072, S19

NDB No. 04027 Salad dressing, mayonnaise, imitation, soybean

Choline, total	S3461
Betaine	S3461

NDB No. 04031 Shortening, household, soybean (partially hydrogenated)-cottonseed (partially hydrogenated)

Tocopherol, beta	S27
Tocopherol, gamma	S27
Water	S81
Total lipid (fat)	S87
Tocopherol, delta	S27
Vitamin E (alpha-tocopherol)	S27, S81

NDB No. 04034 Oil, soybean, salad or cooking, (partially hydrogenated)

Vitamin K (phylloquinone)	D4043, D4048, D4050, D4074, D4073, D4051, D4072, S19

NDB No. 04037 Oil, rice bran

Vitamin K (phylloquinone)	D4043, D4048, D4050, D4074, D4073, D4051, D4072, S19

NDB No. 04038 Oil, wheat germ

Vitamin K (phylloquinone)	D4043, D4048, D4050, D4074, D4073, D4051, D4072, S19

NDB No. 04042 Oil, peanut, salad or cooking

Vitamin E (alpha-tocopherol)	S87
Tocopherol, beta	S87

NDB No. 04042 Oil, peanut, salad or cooking

Tocopherol, gamma	S87
Betaine	S4001
Tocopherol, delta	S87
Vitamin K (phylloquinone)	D4050, D4051
Choline, total	S4001

NDB No. 04044 Oil, soybean, salad or cooking

Vitamin K (phylloquinone)	D4071, S2741, D4077, D4051
18:0	S2741
14:1	S2741
Campesterol	S2741
Beta-sitosterol	S2741
18:1 c	S2741
15:1	S2741
18:3 n-3 c,c,c (ALA)	S2741
Copper, Cu	S2741
Choline, total	S2741
20:0	S2741
22:0	S2741
16:1 undifferentiated	S2741
17:0	S2741
18:3 n-6 c,c,c	S2741
Ash	S2741
Fatty acids, total trans	S2741
Fatty acids, total monounsaturated	S2741
Fatty acids, total polyunsaturated	S2741
18:2 n-6 c,c	S2741
Fatty acids, total trans-monoenoic	S2741
Manganese, Mn	S2741
Vitamin E (alpha-tocopherol)	S82, S2741, S87
10:0	S2741
18:2 undifferentiated	S2741
15:0	S2741
Fatty acids, total trans-polyenoic	S2741
Tocopherol, beta	S82, S2741, S87

NDB No. 04044 Oil, soybean, salad or cooking

Tocopherol, delta	S82, S2741, S87
8:0	S2741
16:0	S2741
18:1 t	S2741
Iron, Fe	S2741
Menaquinone-4	S2741
20:4 undifferentiated	S2741
20:1	S2741
Protein	S2741
Water	S82, S2741
Tocopherol, gamma	S82, S2741, S87
Dihydrophylloquinone	S2741, D4077
Betaine	S2741
Fatty acids, total saturated	S2741
14:0	S2741
18:1 undifferentiated	S2741
Stigmasterol	S2741
18:2 t,t	S2741
Potassium, K	S2741
Sodium, Na	S2741
Zinc, Zn	S2741
12:0	S2741
18:3 undifferentiated	S2741
20:2 n-6 c,c	S2741
17:1	S2741
20:3 undifferentiated	S2741

NDB No. 04047 Oil, coconut

Tocopherol, beta	S84
Tocopherol, delta	S84
Carotene, beta	D3920
Tocopherol, gamma	S84
Vitamin K (phylloquinone)	D4050
Vitamin E (alpha-tocopherol)	S84

NDB No. 04053 Oil, olive, salad or cooking

NDB No. 04053 Oil, olive, salad or cooking

Protein	S19
Manganese, Mn	S19
Selenium, Se	S19
Tocopherol, beta	S87
Tocopherol, gamma	S87
Tocopherol, delta	S87
20:4 undifferentiated	S19
22:5 n-3 (DPA)	S19
Vitamin K (phylloquinone)	S19
20:0	S19
20:5 n-3 (EPA)	S19
Calcium, Ca	S19
Copper, Cu	S19
8:0	S19
12:0	S19
18:1 undifferentiated	S19
17:0	S19
Water	S19
Magnesium, Mg	S19
Phosphorus, P	S19
Potassium, K	S19
16:0	S19
22:0	S19
22:1 undifferentiated	S19
14:0	S19
22:6 n-3 (DHA)	S19
14:1	S19
16:1 undifferentiated	S19
24:0	S19
Total lipid (fat)	S19, S87
Zinc, Zn	S19
18:0	S19
18:4	S19
17:1	S19
Ash	S19
Iron, Fe	S19
Sodium, Na	S19

NDB No. 04053 Oil, olive, salad or cooking

Vitamin E (alpha-tocopherol)	S87
Dihydrophylloquinone	S19
4:0	S19
6:0	S19
10:0	S19
18:2 undifferentiated	S19
18:3 undifferentiated	S19
20:1	S19

NDB No. 04055 Oil, palm

Vitamin E (alpha-tocopherol)	S84
Tocopherol, gamma	S84
Tocopherol, beta	S84
Tocopherol, delta	S84
Vitamin K (phylloquinone)	D4050

NDB No. 04058 Oil, sesame, salad or cooking

Vitamin K (phylloquinone)	D4050, D4051

NDB No. 04060 Oil, sunflower, linoleic (less than 60%)

Vitamin E (alpha-tocopherol)	S84
Vitamin K (phylloquinone)	D4043, D4071, D4050, D4073, D4051

NDB No. 04114 Salad dressing, italian dressing, commercial, regular

Water	S19
Phosphorus, P	S19
Potassium, K	S19
Selenium, Se	S19
Vitamin B-6	S19
Methionine	S19
Valine	S19
Histidine	S19
20:4 undifferentiated	S19
16:1 undifferentiated	S19

NDB No. 04114 Salad dressing, italian dressing, commercial, regular

22:1 undifferentiated	S19
Protein	S19
Starch	S19
Galactose	S19
Phenylalanine	S19
22:0	S19
17:1	S19
Ash	S19
Sodium, Na	S19
Cryptoxanthin, beta	S19
Lycopene	S19
Folate, total	S19
Vitamin B-12	S19
Isoleucine	S19
Serine	S19
18:0	S19
18:1 undifferentiated	S19
15:1	S19
Lactose	S19
Calcium, Ca	S19
Choline, total	S19
Threonine	S19
Alanine	S19
Proline	S19
Maltose	S19
Sugars, total	S19
Magnesium, Mg	S19
Zinc, Zn	S19
Copper, Cu	S19
Carotene, beta	S19
8:0	S19
12:0	S19
18:2 undifferentiated	S19
22:6 n-3 (DHA)	S19
22:5 n-3 (DPA)	S19
17:0	S19
Sucrose	S19

NDB No. 04114 Salad dressing, italian dressing, commercial, regular

Glucose (dextrose)	S19
Iron, Fe	S19
Manganese, Mn	S19
Betaine	S19
Tyrosine	S19
Glycine	S19
10:0	S19
20:0	S19
18:3 undifferentiated	S19
24:0	S19
Fructose	S19
Fiber, total dietary	S19
Thiamin	S19
Riboflavin	S19
Niacin	S19
Tryptophan	S19
Leucine	S19
Arginine	S19
Glutamic acid	S19
14:0	S19
20:1	S19
20:5 n-3 (EPA)	S19
Total lipid (fat)	S19
Pantothenic acid	S19
Lysine	S19
Cystine	S19
Aspartic acid	S19
4:0	S19
6:0	S19
16:0	S19
14:1	S19
18:4	S19

NDB No. 04120 Salad dressing, french dressing, commercial, regular

Riboflavin	S19
Dihydrophylloquinone	S19

NDB No. 04120 Salad dressing, french dressing, commercial, regular

18:1 undifferentiated	S19
17:0	S19
Sucrose	S19
Fructose	S19
Fiber, total dietary	S19
Magnesium, Mg	S19
Niacin	S19
18:3 undifferentiated	S19
Ash	S19
Glucose (dextrose)	S19
Water	S19
Galactose	S19
Selenium, Se	S19
Vitamin K (phylloquinone)	S19
18:0	S19
18:4	S19
20:5 n-3 (EPA)	S19
22:5 n-3 (DPA)	S19
Total lipid (fat)	S19
Lactose	S19
Sugars, total	S19
Carotene, beta	S19
12:0	S19
Protein	S19
Starch	S19
Sodium, Na	S19
Lycopene	S19
Vitamin C, total ascorbic acid	S4501
Betaine	S4001
10:0	S19
14:0	S19
22:0	S19
Phosphorus, P	S19
Manganese, Mn	S19
Thiamin	S19
Pantothenic acid	S19
Vitamin B-6	S19

NDB No. 04120 Salad dressing, french dressing, commercial, regular

Folate, total	S19
Choline, total	S4001
8:0	S19
20:0	S19
18:2 undifferentiated	S19
20:4 undifferentiated	S19
14:1	S19
22:1 undifferentiated	S19
Calcium, Ca	S19
Iron, Fe	S19
Potassium, K	S19
Zinc, Zn	S19
Cryptoxanthin, beta	S19
4:0	S19
6:0	S19
16:1 undifferentiated	S19
24:0	S19
Maltose	S19
Copper, Cu	S19
16:0	S19
22:6 n-3 (DHA)	S19
20:1	S19

NDB No. 04128 Margarine-like, vegetable oil spread, unspecified oils, approximately 37% fat, with salt

Total lipid (fat)	S2741, S3559
Water	S2741, S3559
Vitamin E (alpha-tocopherol)	S2741, S3559
Vitamin B-6	S2741, S20
Vitamin K (phylloquinone)	S2741
18:0	S2741, S3559
20:4 undifferentiated	S2741, S3559
14:1	S3559
24:0	S2741, S3559
18:2 CLAs	S3559
20:2 n-6 c,c	S2741, S3559
20:3 n-3	S3559

NDB No. 04128 Margarine-like, vegetable oil spread, unspecified oils, approximately 37% fat, with salt

22:6 n-3 (DHA)	S2741, S3559
15:0	S2741, S3559
18:1 t	S2741, S3559
22:1 t	S3559
18:2 n-6 c,c	S2741, S3559
20:3 undifferentiated	S3559
Ash	S2741, S3559
Tocopherol, beta	S2741, S3559
Tocopherol, delta	S2741, S3559
Menaquinone-4	S2741
Dihydrophylloquinone	S2741
10:0	S2741, S3559
20:1	S2741, S3559
20:5 n-3 (EPA)	S2741, S3559
17:0	S2741, S3559
18:3 n-3 c,c,c (ALA)	S2741, S3559
Manganese, Mn	S2741, S20
Retinol	S2741
Tocopherol, gamma	S2741, S3559
Fatty acids, total saturated	S2741, S3559
20:0	S2741, S3559
Magnesium, Mg	S2741, S20
Copper, Cu	S2741, S20
Selenium, Se	S20
14:0	S2741, S3559
16:0	S2741, S3559
22:0	S2741, S3559
22:5 n-3 (DPA)	S2741, S3559
18:1 c	S2741, S3559
22:1 c	S2741, S3559
17:1	S2741, S3559
Sodium, Na	S2741, S20
24:1 c	S3559
16:1 c	S2741, S3559
22:4	S3559
Phosphorus, P	S2741, S20
Potassium, K	S2741, S20

NDB No. 04128 Margarine-like, vegetable oil spread, unspecified oils, approximately 37% fat, with salt

Thiamin	S2741
Pantothenic acid	S20
4:0	S2741, S3559
16:1 t	S3559
18:2 t not further defined	S3559
18:3 n-6 c,c,c	S3559
20:3 n-6	S3559
Protein	S2741, S3559
Calcium, Ca	S2741, S20
Iron, Fe	S2741, S20
Zinc, Zn	S2741, S20
Riboflavin	S2741
Niacin	S2741
6:0	S2741, S3559
8:0	S2741, S3559
12:0	S2741, S3559
18:4	S2741, S3559
15:1	S3559

NDB No. 04141 Salad dressing, french dressing, commercial, regular, without salt

Lactose	S19
Fiber, total dietary	S19
Pantothenic acid	S19
Dihydrophylloquinone	S19
10:0	S19
Starch	S19
Fructose	S19
Iron, Fe	S19
Manganese, Mn	S19
Lycopene	S19
Vitamin B-6	S19
8:0	S19
20:0	S19
22:5 n-3 (DPA)	S19
Ash	S19
Sucrose	S19

NDB No. 04141 Salad dressing, french dressing, commercial, regular, without salt

Magnesium, Mg	S19
Phosphorus, P	S19
Vitamin K (phylloquinone)	S19
18:3 undifferentiated	S19
22:0	S19
20:1	S19
Total lipid (fat)	S19
Calcium, Ca	S19
Copper, Cu	S19
Cryptoxanthin, beta	S19
6:0	S19
14:0	S19
Potassium, K	S19
16:0	S19
18:0	S19
18:2 undifferentiated	S19
20:4 undifferentiated	S19
14:1	S19
18:4	S19
17:0	S19
24:0	S19
Protein	S19
Glucose (dextrose)	S19
Galactose	S19
Zinc, Zn	S19
Carotene, beta	S19
Thiamin	S19
4:0	S19
18:1 undifferentiated	S19
16:1 undifferentiated	S19
Sugars, total	S19
Riboflavin	S19
Niacin	S19
12:0	S19
Maltose	S19
Water	S19
Selenium, Se	S19

NDB No. 04141 Salad dressing, french dressing, commercial, regular, without salt

Folate, total	S19
22:6 n-3 (DHA)	S19
20:5 n-3 (EPA)	S19
22:1 undifferentiated	S19

NDB No. 04142 Salad dressing, french dressing, reduced fat, without salt

20:1	S19
18:0	S19
Maltose	S19
Calcium, Ca	S19, S4501
Vitamin B-6	S19
16:0	S19
Starch	S19
Fiber, total dietary	S19, S4501
Iron, Fe	S19, S4501
Potassium, K	S19
Carotene, beta	S19
Cryptoxanthin, beta	S19
Lycopene	S19
Riboflavin	S19
18:2 undifferentiated	S19
18:3 undifferentiated	S19
Glucose (dextrose)	S19
Manganese, Mn	S19
Niacin	S19
Protein	S19, S4501
Total lipid (fat)	S19, S4501
Magnesium, Mg	S19
18:1 undifferentiated	S19
Phosphorus, P	S19
Zinc, Zn	S19
Copper, Cu	S19
Thiamin	S19
Ash	S19
Fructose	S19
Water	S19

NDB No. 04143 Salad dressing, italian dressing, commercial, regular, without salt

Zinc, Zn	S19
Copper, Cu	S19
Manganese, Mn	S19
Niacin	S19
Vitamin B-6	S19
12:0	S19
22:6 n-3 (DHA)	S19
20:5 n-3 (EPA)	S19
Ash	S19
Starch	S19
Fiber, total dietary	S19
Phosphorus, P	S19
4:0	S19
8:0	S19
10:0	S19
18:0	S19
22:1 undifferentiated	S19
Protein	S19
Water	S19
14:0	S19
18:2 undifferentiated	S19
20:1	S19
Total lipid (fat)	S19
Sucrose	S19
Maltose	S19
Lycopene	S19
15:1	S19
Fructose	S19
Galactose	S19
Magnesium, Mg	S19
Potassium, K	S19
Riboflavin	S19
Folate, total	S19
6:0	S19
16:0	S19
18:1 undifferentiated	S19
18:3 undifferentiated	S19

NDB No. 04143 Salad dressing, italian dressing, commercial, regular, without salt

22:5 n-3 (DPA)	S19
17:0	S19
17:1	S19
Carotene, beta	S19
Thiamin	S19
Vitamin B-12	S19
18:4	S19
24:0	S19
Lactose	S19
Iron, Fe	S19
Selenium, Se	S19
20:0	S19
22:0	S19
14:1	S19
Glucose (dextrose)	S19
Sugars, total	S19
Calcium, Ca	S19
Cryptoxanthin, beta	S19
Pantothenic acid	S19
20:4 undifferentiated	S19
16:1 undifferentiated	S19

NDB No. 04144 Salad dressing, italian dressing, reduced fat, without salt

Sugars, total	S19
Selenium, Se	S19
14:1	S19
Glucose (dextrose)	S19
Magnesium, Mg	S19
Cryptoxanthin, beta	S19
Niacin	S19
Vitamin B-6	S19
Vitamin B-12	S19
22:1 undifferentiated	S19
24:0	S19
Protein	S19
8:0	S19

NDB No. 04144 Salad dressing, italian dressing, reduced fat, without salt

14:0	S19
18:3 undifferentiated	S19
20:4 undifferentiated	S19
16:1 undifferentiated	S19
Calcium, Ca	S19
Potassium, K	S19
Zinc, Zn	S19
Thiamin	S19
Pantothenic acid	S19
22:0	S19
17:0	S19
17:1	S19
Sucrose	S19
Lactose	S19
Maltose	S19
Riboflavin	S19
4:0	S19
20:0	S19
18:2 undifferentiated	S19
22:6 n-3 (DHA)	S19
20:1	S19
Ash	S19
Starch	S19
Fiber, total dietary	S19
Lycopene	S19
Folate, total	S19
10:0	S19
18:1 undifferentiated	S19
Fructose	S19
Phosphorus, P	S19
Copper, Cu	S19
Manganese, Mn	S19
6:0	S19
16:0	S19
18:0	S19
20:5 n-3 (EPA)	S19
22:5 n-3 (DPA)	S19

NDB No. 04144 Salad dressing, italian dressing, reduced fat, without salt

Total lipid (fat)	S19
Water	S19
Galactose	S19
Iron, Fe	S19
Carotene, beta	S19
12:0	S19
18:4	S19

NDB No. 04367 Salad dressing, french dressing, fat-free

Fructose	S19
Magnesium, Mg	S19
Phosphorus, P	S19
Zinc, Zn	S19
Carotene, beta	S19
16:1 undifferentiated	S19
20:1	S19
Sucrose	S19
Calcium, Ca	S19
Manganese, Mn	S19
Selenium, Se	S19
Cryptoxanthin, beta	S19
Niacin	S19
16:0	S19
18:3 undifferentiated	S19
Starch	S19
14:0	S19
18:0	S19
22:1 undifferentiated	S19
20:2 n-6 c,c	S19
Maltose	S19
Sodium, Na	S19
Lycopene	S19
Riboflavin	S19
18:1 undifferentiated	S19
Potassium, K	S19
Copper, Cu	S19

NDB No. 04367 Salad dressing, french dressing, fat-free

Thiamin	S19
Folate, total	S19
24:0	S19
17:1	S19
Total lipid (fat)	S19
Glucose (dextrose)	S19
Water	S19
Protein	S19
Ash	S19
Fiber, total dietary	S19
Iron, Fe	S19
12:0	S19
18:2 undifferentiated	S19

NDB No. 04501 Oil, cocoa butter

Vitamin K (phylloquinone)	D4043, D4048, D4050, D4074, D4073, D4051, D4072, S19

NDB No. 04502 Oil, cottonseed, salad or cooking

Vitamin K (phylloquinone)	D4043, D4048, D4050, D4074, D4073, D4051, D4072, S19

NDB No. 04506 Oil, sunflower, linoleic, (approx. 65%)

Vitamin K (phylloquinone)	D4043, D4071, D4050, D4073, D4051
Vitamin E (alpha-tocopherol)	S84

NDB No. 04510 Oil, safflower, salad or cooking, linoleic, (over 70%)

Vitamin K (phylloquinone)	D4048, D4050, D4051

NDB No. 04511 Oil, safflower, salad or cooking, high oleic (primary safflower oil of commerce)

18:2 n-6 c,c	S6641
20:1	S6641
18:1 t	S6641

NDB No. 04511 Oil, safflower, salad or cooking, high oleic (primary safflower oil of commerce)

18:3 n-3 c,c,c (ALA)	S6641
10:0	S6641
22:0	S6641
16:1 c	S6641
18:1 c	S6641
16:0	S6641
18:0	S6641
20:0	S6641

NDB No. 04513 Vegetable oil, palm kernel

Vitamin K (phylloquinone)	D4043, D4048, D4050, D4074, D4073, D4051, D4072, S19

NDB No. 04518 Oil, corn, industrial and retail, all purpose salad or cooking

6:0	S2221
Vitamin K (phylloquinone)	D4043, D4073, D4051, D4072
10:0	S2221
12:0	S2221
18:1 t	S2221
18:1 c	S2221
20:0	S2221
22:0	S2221
20:1	S2221
22:5 n-3 (DPA)	S2221
16:1 c	S2221
18:2 n-6 c,c	S2221
8:0	S2221
14:0	S2221
20:5 n-3 (EPA)	S2221
18:3 n-3 c,c,c (ALA)	S2221
4:0	S2221
18:0	S2221
18:4	S2221
18:3i	S2221
17:0	S2221

NDB No. 04518 Oil, corn, industrial and retail, all purpose salad or cooking

16:0	S2221
20:4 undifferentiated	S2221
22:6 n-3 (DHA)	S2221
22:1 undifferentiated	S2221
18:2 i	S2221
15:0	S2221

NDB No. 04528 Oil, walnut

Betaine	S4001
Choline, total	S4001

NDB No. 04539 Salad dressing, blue or roquefort cheese dressing, commercial, regular

Calcium, Ca	S4501
Choline, total	S4001
Betaine	S4001
Sodium, Na	S4501
Fiber, total dietary	S4501
Protein	S4501
Total lipid (fat)	S4501
Sugars, total	S4501
Vitamin A, IU	S4501
Iron, Fe	S4501
Vitamin C, total ascorbic acid	S4501
Fatty acids, total saturated	S4501

NDB No. 04543 Oil, soybean, salad or cooking, (partially hydrogenated) and cottonseed

Vitamin K (phylloquinone)	D4043, D4048, D4050, D4074, D4073, D4051, D4072, S19

NDB No. 04545 Oil, sunflower, linoleic, (partially hydrogenated)

Vitamin K (phylloquinone)	D4043, D4071, D4050, D4073, D4051
Vitamin E (alpha-tocopherol)	S84

NDB No. 04548 Shortening cake mix, soybean (hydrogenated) and cottonseed (hydrogenated)

Total lipid (fat)	S87

NDB No. 04548 Shortening cake mix, soybean (hydrogenated) and cottonseed (hydrogenated)

Tocopherol, delta	S81, S87
Water	S81
Vitamin E (alpha-tocopherol)	S81, S87
Tocopherol, beta	S87
Tocopherol, gamma	S81, S87

NDB No. 04551 Shortening confectionery, coconut (hydrogenated) and or palm kernel (hydrogenated)

Water	S81
Total lipid (fat)	S87

NDB No. 04554 Shortening industrial, soybean (hydrogenated) and cottonseed

Vitamin E (alpha-tocopherol)	S81, S87
Total lipid (fat)	S87
Water	S81
Tocopherol, delta	S81, S87
Tocopherol, beta	S87
Tocopherol, gamma	S81, S87

NDB No. 04560 Shortening frying (heavy duty), soybean (hydrogenated), linoleic (less than 1%)

Water	S81
Total lipid (fat)	S87

NDB No. 04582 Oil, canola

Tocopherol, delta	S82, S2741, S87
8:0	S2741
18:1 c	S2741
15:1	S2741
Tocopherol, gamma	S82, S2741, S87
Betaine	S2741
18:3 undifferentiated	S2741
20:4 undifferentiated	S2741
Campesterol	S2741
Fatty acids, total polyunsaturated	S2741
Water	S82, S2741

NDB No. 04582 Oil, canola

Choline, total	S2741
Fatty acids, total saturated	S2741
Beta-sitosterol	S2741
18:2 n-6 c,c	S2741
Fatty acids, total trans-polyenoic	S2741
Fatty acids, total trans	S2741
10:0	S2741
18:1 undifferentiated	S2741
14:1	S2741
Fatty acids, total monounsaturated	S2741
15:0	S2741
18:2 t,t	S2741
20:2 n-6 c,c	S2741
20:3 undifferentiated	S2741
Fatty acids, total trans-monoenoic	S2741
Tocopherol, beta	S82, S2741, S87
17:0	S2741
17:1	S2741
18:3 n-3 c,c,c (ALA)	S2741
Total lipid (fat)	S82, S2741, S87
Menaquinone-4	S2741
Dihydrophylloquinone	S2741
14:0	S2741
Ash	S2741
Vitamin K (phylloquinone)	S2741
16:0	S2741
18:0	S2741
20:0	S2741
16:1 undifferentiated	S2741
20:1	S2741
Stigmasterol	S2741
18:1 t	S2741
Protein	S2741
Vitamin E (alpha-tocopherol)	S82, S2741, S87
12:0	S2741
18:2 undifferentiated	S2741

NDB No. 04582 Oil, canola

22:0	S2741
18:3 n-6 c,c,c	S2741

NDB No. 04584 Oil, sunflower, high oleic (70% and over)

Vitamin K (phylloquinone)	D4043, D4071, D4050, D4073, D4051
Vitamin E (alpha-tocopherol)	S84

NDB No. 04585 Margarine-like, margarine-butter blend, soybean oil and butter

Total lipid (fat)	S3548
Thiamin	S3548
Vitamin B-6	S3548
Menaquinone-4	S3548
Betaine	S3548
10:0	S3548
18:0	S3548
22:6 n-3 (DHA)	S3548
16:1 undifferentiated	S3548
18:1 c	S3548
Calcium, Ca	S3548
Sodium, Na	S3548
20:5 n-3 (EPA)	S3548
Iron, Fe	S3548
Copper, Cu	S3548
Manganese, Mn	S3548
Tocopherol, delta	S3548
Vitamin K (phylloquinone)	S3548
4:0	S3548
14:0	S3548
16:0	S3548
18:2 n-6 c,c	S3548
Ash	S3548
Niacin	S3548
8:0	S3548
20:1	S3548
17:1	S3548
Protein	S3548

NDB No. 04585 Margarine-like, margarine-butter blend, soybean oil and butter

Water	S3548
Magnesium, Mg	S3548
Zinc, Zn	S3548
Vitamin E (alpha-tocopherol)	S3548
Tocopherol, gamma	S3548
Pantothenic acid	S3548
Dihydrophylloquinone	S3548
18:3 undifferentiated	S3548
14:1	S3548
22:1 undifferentiated	S3548
Fatty acids, total monounsaturated	S3548
24:0	S3548
Fatty acids, total trans-polyenoic	S3548
Phosphorus, P	S3548
Fatty acids, total trans	S3548
18:2 undifferentiated	S3548
22:0	S3548
22:5 n-3 (DPA)	S3548
15:0	S3548
18:1 t	S3548
22:1 c	S3548
Fatty acids, total trans-monoenoic	S3548
18:3 n-3 c,c,c (ALA)	S3548
Potassium, K	S3548
Choline, total	S3548
Cholesterol	S3548
20:0	S3548
18:1 undifferentiated	S3548
16:1 c	S3548
Tocopherol, beta	S3548
Riboflavin	S3548
Vitamin B-12	S3548
Fatty acids, total saturated	S3548
6:0	S3548
12:0	S3548
20:4 undifferentiated	S3548

NDB No. 04585 Margarine-like, margarine-butter blend, soybean oil and butter

18:4	S3548
Fatty acids, total polyunsaturated	S3548
17:0	S3548
18:2 i	S3548
24:1 c	S3548

NDB No. 04586 Shortening, special purpose for cakes and frostings, soybean (hydrogenated)

Total lipid (fat)	S87
Water	S81

NDB No. 04587 Shortening, special purpose for baking, soybean (hydrogenated) palm and cottonseed

Total lipid (fat)	S87
Water	S81

NDB No. 04588 Oil, oat

Vitamin K (phylloquinone)	D4043, D4048, D4050, D4074, D4073, D4051, D4072, S19

NDB No. 04610 Margarine, regular, 80% fat, composite, stick, with salt

Phosphorus, P	S18
18:0	S3558
16:1 undifferentiated	S3558
22:1 undifferentiated	S3558
18:3 n-3 c,c,c (ALA)	S3558
Fatty acids, total polyunsaturated	S3558
15:1	S3558
Fatty acids, total trans	S3558
8:0	S3558
12:0	S3558
20:1	S3558
22:1 c	S3558
Calcium, Ca	S18
16:0	S3558
17:0	S3558
24:0	S3558

NDB No. 04610 Margarine, regular, 80% fat, composite, stick, with salt

24:1 c	S3558
17:1	S3558
18:1 undifferentiated	S3558
18:3 undifferentiated	S3558
20:5 n-3 (EPA)	S3558
18:2 CLAs	S3558
18:3 n-6 c,c,c	S3558
20:3 undifferentiated	S3558
Fatty acids, total trans-monoenoic	S3558
Fatty acids, total trans-polyenoic	S3558
Water	S3558
Potassium, K	S18
Vitamin E (alpha-tocopherol)	S3558
Pantothenic acid	S18
4:0	S3558
20:4 undifferentiated	S3558
22:0	S3558
18:4	S3558
Stigmasterol	S3558
Fatty acids, total monounsaturated	S3558
22:1 t	S3558
18:2 t not further defined	S3558
20:3 n-6	S3558
Ash	S3558
Fatty acids, total saturated	S3558
14:0	S3558
20:0	S3558
18:2 undifferentiated	S3558
22:5 n-3 (DPA)	S3558
Protein	S3558
Total lipid (fat)	S3558
6:0	S3558
10:0	S3558
22:6 n-3 (DHA)	S3558
14:1	S3558
Campesterol	S3558

NDB No. 04610 Margarine, regular, 80% fat, composite, stick, with salt

Beta-sitosterol	S3558
15:0	S3558
20:2 n-6 c,c	S3558
20:3 n-3	S3558
22:4	S3558

NDB No. 04611 Margarine, regular, 80% fat, composite, tub, with salt

Phosphorus, P	S3558
Tocopherol, gamma	S3558
Vitamin B-6	S3558
Dihydrophylloquinone	S3558
Vitamin K (phylloquinone)	S3558
16:0	S3558
18:2 undifferentiated	S3558
Stigmasterol	S3558
Beta-sitosterol	S3558
Fatty acids, total polyunsaturated	S3558
16:1 t	S3558
20:2 n-6 c,c	S3558
Iron, Fe	S3558
Tocopherol, delta	S3558
4:0	S3558
10:0	S3558
22:5 n-3 (DPA)	S3558
16:1 c	S3558
Fatty acids, total trans-polyenoic	S3558
Zinc, Zn	S3558
Choline, total	S3461
Fatty acids, total trans	S3558
14:0	S3558
18:1 undifferentiated	S3558
16:1 undifferentiated	S3558
20:5 n-3 (EPA)	S3558
22:1 undifferentiated	S3558
18:1 t	S3558
22:1 t	S3558

NDB No. 04611 Margarine, regular, 80% fat, composite, tub, with salt

20:3 undifferentiated	S3558
Fatty acids, total trans-monoenoic	S3558
22:4	S3558
Protein	S3558
Water	S3558
Magnesium, Mg	S3558
Potassium, K	S3558
Vitamin E (alpha-tocopherol)	S3558
Tocopherol, beta	S3558
Fatty acids, total saturated	S3558
20:3 n-6	S3558
Ash	S3558
Copper, Cu	S3558
Pantothenic acid	S3558
8:0	S3558
12:0	S3558
18:0	S3558
Phytosterols	S3558
18:2 CLAs	S3558
18:1 c	S3558
18:3 n-6 c,c,c	S3558
17:1	S3558
Calcium, Ca	S3558
Niacin	S3558
20:0	S3558
18:3 undifferentiated	S3558
18:4	S3558
17:0	S3558
24:1 c	S3558
18:2 n-6 c,c	S3558
18:3 n-3 c,c,c (ALA)	S3558
Total lipid (fat)	S3558
Sodium, Na	S3558
Thiamin	S3558
Fatty acids, total monounsaturated	S3558
24:0	S3558

NDB No. 04611 Margarine, regular, 80% fat, composite, tub, with salt

18:2 t not further defined	S3558
22:1 c	S3558
20:3 n-3	S3558
Manganese, Mn	S3558
Riboflavin	S3558
Menaquinone-4	S3558
6:0	S3558
20:4 undifferentiated	S3558
22:6 n-3 (DHA)	S3558
22:0	S3558
14:1	S3558
20:1	S3558
Campesterol	S3558
15:0	S3558
15:1	S3558

NDB No. 04612 Margarine-like, vegetable oil spread, 60% fat, stick, with salt

Total lipid (fat)	S3558
20:4 undifferentiated	S3558
22:1 undifferentiated	S3558
Campesterol	S3558
18:2 CLAs	S3558
20:3 undifferentiated	S3558
18:3 n-3 c,c,c (ALA)	S3558
10:0	S3558
16:1 undifferentiated	S3558
Fatty acids, total polyunsaturated	S3558
22:1 t	S3558
16:1 c	S3558
18:2 n-6 c,c	S3558
Fatty acids, total trans-monoenoic	S3558
20:3 n-3	S3558
22:4	S3558
Manganese, Mn	S19
Choline, total	S3461
8:0	S3558

NDB No. 04612 Margarine-like, vegetable oil spread, 60% fat, stick, with salt

22:6 n-3 (DHA)	S3558
20:1	S3558
18:1 c	S3558
Fatty acids, total saturated	S3558
12:0	S3558
16:0	S3558
18:0	S3558
15:0	S3558
20:2 n-6 c,c	S3558
18:3 n-6 c,c,c	S3558
17:1	S3558
15:1	S3558
Vitamin K (phylloquinone)	S19
18:3 undifferentiated	S3558
20:5 n-3 (EPA)	S3558
16:1 t	S3558
Fatty acids, total trans-polyenoic	S3558
Protein	S3558
Ash	S3558
Water	S3558
Dihydrophylloquinone	S19
4:0	S3558
18:2 undifferentiated	S3558
22:0	S3558
18:4	S3558
18:1 t	S3558
20:3 n-6	S3558
14:0	S3558
18:1 undifferentiated	S3558
22:5 n-3 (DPA)	S3558
Fatty acids, total monounsaturated	S3558
18:2 t not further defined	S3558
24:1 c	S3558
22:1 c	S3558
Copper, Cu	S19
Fatty acids, total trans	S3558
6:0	S3558

NDB No. 04612 Margarine-like, vegetable oil spread, 60% fat, stick, with salt

20:0	S3558
14:1	S3558
Stigmasterol	S3558
Beta-sitosterol	S3558
17:0	S3558
24:0	S3558

NDB No. 04613 Margarine-like, vegetable oil spread, 60% fat, tub, with salt

Ash	S3558
14:1	S3558
17:0	S3558
16:1 c	S3558
Fatty acids, total trans-monoenoic	S3558
Tocopherol, delta	S3558
Pantothenic acid	S19
Dihydrophylloquinone	S19
4:0	S3558
6:0	S3558
12:0	S3558
18:2 undifferentiated	S3558
15:0	S3558
16:1 t	S3558
24:1 c	S3558
20:3 n-6	S3558
Vitamin E (alpha-tocopherol)	S3558
Tocopherol, gamma	S3558
Cholesterol	S19
22:6 n-3 (DHA)	S3558
22:1 undifferentiated	S3558
20:2 n-6 c,c	S3558
Tocopherol, beta	S3558
Vitamin B-6	S3558
18:1 undifferentiated	S3558
20:4 undifferentiated	S3558
22:0	S3558
18:4	S3558

NDB No. 04613 Margarine-like, vegetable oil spread, 60% fat, tub, with salt

Fatty acids, total polyunsaturated	S3558
18:2 t not further defined	S3558
18:2 CLAs	S3558
22:1 c	S3558
20:3 undifferentiated	S3558
15:1	S3558
Vitamin B-12	S3558
Vitamin K (phylloquinone)	S19
14:0	S3558
20:1	S3558
24:0	S3558
18:2 n-6 c,c	S3558
17:1	S3558
18:3 n-3 c,c,c (ALA)	S3558
Protein	S3558
Water	S3558
18:3 undifferentiated	S3558
20:5 n-3 (EPA)	S3558
22:5 n-3 (DPA)	S3558
18:1 t	S3558
Fatty acids, total trans-polyenoic	S3558
20:3 n-3	S3558
Fatty acids, total saturated	S3558
10:0	S3558
16:0	S3558
Fatty acids, total monounsaturated	S3558
22:4	S3558
Total lipid (fat)	S3558
Choline, total	S3461
Fatty acids, total trans	S3558
8:0	S3558
18:0	S3558
20:0	S3558
16:1 undifferentiated	S3558
22:1 t	S3558
18:1 c	S3558
18:3 n-6 c,c,c	S3558

NDB No. 04614 Margarine-like, vegetable oil spread, 60% fat, stick/tub/bottle, with salt

Vitamin K (phylloquinone)	S19

NDB No. 04615 Shortening, vegetable, household, composite

Sodium, Na	S27
14:1	S27, S3548
16:1 undifferentiated	S27, S3548
18:2 n-6 c,c	S27, S3548
Calcium, Ca	S27
Copper, Cu	S27
Vitamin K (phylloquinone)	S27
6:0	S27, S3548
12:0	S27, S3548
18:3 n-3 c,c,c (ALA)	S27, S3548
Total lipid (fat)	S27, S3548
Zinc, Zn	S27
Pantothenic acid	S27
Cholesterol	S27
16:0	S27, S3548
20:5 n-3 (EPA)	S27, S3548
18:2 CLAs	S27
Magnesium, Mg	S27
Phosphorus, P	S27
Niacin	S27
Vitamin B-6	S27
8:0	S27, S3548
20:0	S27, S3548
18:4	S27, S3548
Beta-sitosterol	S27
Ash	S27, S3548
Potassium, K	S27
Thiamin	S27
Riboflavin	S27
Dihydrophylloquinone	S27
22:6 n-3 (DHA)	S27, S3548
22:1 undifferentiated	S27, S3548
22:5 n-3 (DPA)	S27, S3548

NDB No. 04615 Shortening, vegetable, household, composite

Campesterol	S27
17:0	S27, S3548
Protein	S27, S3548
Water	S27, S3548
Manganese, Mn	S27
Vitamin C, total ascorbic acid	S27
4:0	S27, S3548
18:0	S27, S3548
22:0	S27, S3548
Stigmasterol	S27
24:1 c	S27, S3548
Iron, Fe	S27
10:0	S27, S3548
20:4 undifferentiated	S27, S3548
20:1	S27, S3548
18:2 i	S27, S3548
14:0	S27, S3548
24:0	S27, S3548
18:1 t	S27, S3548
18:1 c	S27, S3548

NDB No. 04620 Margarine-like, vegetable oil spread, 60% fat, stick/tub/bottle, without salt

Choline, total	S3461
Betaine	S3461

NDB No. 04624 Margarine-like, vegetable oil spread, fat free, liquid, with salt

Vitamin K (phylloquinone)	S20

NDB No. 04628 Margarine, 80% fat, stick, includes regular and hydrogenated corn and soybean oils

Tocopherol, beta	S3558
Niacin	S18
18:1 undifferentiated	S3558
Stigmasterol	S3558
Campesterol	S3558

NDB No. 04628 Margarine, 80% fat, stick, includes regular and hydrogenated corn and soybean oils

18:2 CLAs	S3558
20:3 undifferentiated	S3558
22:4	S3558
Total lipid (fat)	S3558
Calcium, Ca	S18
Iron, Fe	S18
Pantothenic acid	S18
16:0	S3558
22:0	S3558
18:4	S3558
15:0	S3558
22:1 t	S3558
Ash	S3558
Tocopherol, gamma	S3558
Tocopherol, delta	S3558
8:0	S3558
18:3 undifferentiated	S3558
20:4 undifferentiated	S3558
20:1	S3558
22:1 undifferentiated	S3558
Beta-sitosterol	S3558
17:0	S3558
24:0	S3558
24:1 c	S3558
18:2 n-6 c,c	S3558
22:1 c	S3558
20:3 n-3	S3558
Vitamin E (alpha-tocopherol)	S3558
Folate, total	S18
Dihydrophylloquinone	S18
Fatty acids, total saturated	S3558
20:0	S3558
22:5 n-3 (DPA)	S3558
18:3 n-6 c,c,c	S3558
18:3 n-3 c,c,c (ALA)	S3558
Water	S3558
Cholesterol	S18

NDB No. 04628 Margarine, 80% fat, stick, includes regular and hydrogenated corn and soybean oils

Fatty acids, total trans	S3558
12:0	S3558
16:1 undifferentiated	S3558
20:5 n-3 (EPA)	S3558
Fatty acids, total monounsaturated	S3558
Fatty acids, total trans-polyenoic	S3558
Protein	S3558
Potassium, K	S18
Vitamin K (phylloquinone)	S18
4:0	S3558
10:0	S3558
18:0	S3558
14:1	S3558
Fatty acids, total polyunsaturated	S3558
16:1 t	S3558
18:1 c	S3558
17:1	S3558
15:1	S3558
Magnesium, Mg	S18
Sodium, Na	S18
Zinc, Zn	S18
Riboflavin	S18
Vitamin B-6	S18
18:2 undifferentiated	S3558
18:2 t not further defined	S3558
16:1 c	S3558
20:3 n-6	S3558
Phosphorus, P	S18
Thiamin	S18
6:0	S3558
14:0	S3558
22:6 n-3 (DHA)	S3558
18:1 t	S3558
20:2 n-6 c,c	S3558
Fatty acids, total trans-monoenoic	S3558

NDB No. 04629 Margarine, margarine-type vegetable oil spread, 70% fat, soybean and partially hydrogenated soybean, stick

Protein	S3558
Total lipid (fat)	S3558
Water	S3558
Calcium, Ca	S18
Tocopherol, beta	S3558
Riboflavin	S18
Pantothenic acid	S18
Cholesterol	S18
6:0	S3558
8:0	S3558
22:0	S3558
18:4	S3558
16:1 t	S3558
18:2 t not further defined	S3558
18:3 n-3 c,c,c (ALA)	S3558
Iron, Fe	S18
4:0	S3558
20:3 n-6	S3558
Folate, total	S18
10:0	S3558
12:0	S3558
16:0	S3558
18:2 undifferentiated	S3558
18:3 undifferentiated	S3558
18:2 CLAs	S3558
Carbohydrate, by difference	S3558
Magnesium, Mg	S18
Zinc, Zn	S18
Thiamin	S18
22:6 n-3 (DHA)	S3558
24:0	S3558
18:3 n-6 c,c,c	S3558
Potassium, K	S18
Fatty acids, total trans	S3558
Fatty acids, total saturated	S3558
14:0	S3558
18:0	S3558

NDB No. 04629 Margarine, margarine-type vegetable oil spread, 70% fat, soybean and partially hydrogenated soybean, stick

18:1 undifferentiated	S3558
Beta-sitosterol	S18
17:0	S3558
16:1 c	S3558
20:3 undifferentiated	S3558
Fatty acids, total trans-polyenoic	S3558
20:3 n-3	S3558
Ash	S3558
Manganese, Mn	S18
Tocopherol, gamma	S3558
Vitamin B-6	S18
Fatty acids, total polyunsaturated	S3558
22:1 t	S3558
20:2 n-6 c,c	S3558
18:2 n-6 c,c	S3558
22:1 c	S3558
Phosphorus, P	S18
20:0	S3558
20:1	S3558
Stigmasterol	S18
Fatty acids, total monounsaturated	S3558
15:0	S3558
24:1 c	S3558
Fatty acids, total trans-monoenoic	S3558
15:1	S3558
22:4	S3558
Sodium, Na	S18
Vitamin E (alpha-tocopherol)	S3558
Tocopherol, delta	S3558
20:4 undifferentiated	S3558
14:1	S3558
16:1 undifferentiated	S3558
20:5 n-3 (EPA)	S3558
22:5 n-3 (DPA)	S3558
Campesterol	S18

NDB No. 04629 Margarine, margarine-type vegetable oil spread, 70% fat, soybean and partially hydrogenated soybean, stick

18:1 t	S3558
18:1 c	S3558
17:1	S3558

NDB No. 04630 Margarine Spread, approximately 48% fat, tub

Calcium, Ca	S19
Zinc, Zn	S19
Vitamin E (alpha-tocopherol)	S19
Dihydrophylloquinone	S19
Vitamin K (phylloquinone)	S19
Cholesterol	S19
18:1 c	S19
18:2 n-6 c,c	S19
20:3 undifferentiated	S19
Total lipid (fat)	S19
Copper, Cu	S19
Manganese, Mn	S19
Niacin	S19
Pantothenic acid	S19
Vitamin B-6	S19
22:6 n-3 (DHA)	S19
22:0	S19
20:1	S19
24:0	S19
16:1 t	S19
18:2 i	S19
Ash	S19
Potassium, K	S19
Folate, total	S19
10:0	S19
20:4 undifferentiated	S19
Stigmasterol	S19
17:0	S19
18:3 n-3 c,c,c (ALA)	S19
Iron, Fe	S19
20:0	S19

NDB No. 04630 Margarine Spread, approximately 48% fat, tub

22:5 n-3 (DPA)	S19
18:1 t	S19
6:0	S19
12:0	S19
16:0	S19
20:5 n-3 (EPA)	S19
22:1 undifferentiated	S19
4:0	S19
8:0	S19
14:0	S19
14:1	S19
Campesterol	S19
Beta-sitosterol	S19
24:1 c	S19
20:2 n-6 c,c	S19
16:1 c	S19
Protein	S19
Phosphorus, P	S19
Sodium, Na	S19
Selenium, Se	S19
Thiamin	S19
Riboflavin	S19
18:0	S19
18:4	S19
15:0	S19
Water	S19
Magnesium, Mg	S19

NDB No. 04631 Margarine-like, vegetable oil spread, fat-free, tub

Ash	S20
Iron, Fe	S20
18:1 t	S20
Water	S20
Calcium, Ca	S20
Magnesium, Mg	S20
Phosphorus, P	S20

NDB No. 04631 Margarine-like, vegetable oil spread, fat-free, tub

Potassium, K	S20
Selenium, Se	S20
Pantothenic acid	S20
4:0	S20
18:2 n-6 c,c	S20
Niacin	S20
14:0	S20
16:0	S20
20:0	S20
22:6 n-3 (DHA)	S20
20:5 n-3 (EPA)	S20
22:1 undifferentiated	S20
Protein	S20
Copper, Cu	S20
Thiamin	S20
Vitamin K (phylloquinone)	S20
18:0	S20
18:4	S20
22:5 n-3 (DPA)	S20
Campesterol	S20
Beta-sitosterol	S20
Total lipid (fat)	S20
Zinc, Zn	S20
Riboflavin	S20
8:0	S20
10:0	S20
16:1 undifferentiated	S20
18:1 c	S20
Manganese, Mn	S20
Dihydrophylloquinone	S20
6:0	S20
12:0	S20
20:1	S20
Stigmasterol	S20
Vitamin E (alpha-tocopherol)	S20
Vitamin B-6	S20
Cholesterol	S20

NDB No. 04631 Margarine-like, vegetable oil spread, fat-free, tub

20:4 undifferentiated	S20
Sodium, Na	S20
18:3 n-3 c,c,c (ALA)	S20

NDB No. 04635 Salad dressing, thousand island dressing, fat-free

Magnesium, Mg	S19
Selenium, Se	S19
Lycopene	S19
Vitamin C, total ascorbic acid	S19
Vitamin K (phylloquinone)	S19
14:0	S19
17:1	S19
Lactose	S19
Niacin	S19
Cholesterol	S19
16:1 undifferentiated	S19
Ash	S19
Glucose (dextrose)	S19
Fructose	S19
Maltose	S19
Copper, Cu	S19
Dihydrophylloquinone	S19
16:0	S19
Total lipid (fat)	S19
Starch	S19
Water	S19
Fiber, total dietary	S19
Calcium, Ca	S19
Phosphorus, P	S19
Sodium, Na	S19
Vitamin B-12	S19
22:0	S19
20:1	S19
Zinc, Zn	S19
Riboflavin	S19
Pantothenic acid	S19

NDB No. 04635 Salad dressing, thousand island dressing, fat-free

Vitamin B-6	S19
12:0	S19
20:0	S19
18:1 undifferentiated	S19
Carotene, beta	S19
Cryptoxanthin, beta	S19
Thiamin	S19
Folate, total	S19
18:3 undifferentiated	S19
24:0	S19
Sucrose	S19
Sugars, total	S19
Galactose	S19
Iron, Fe	S19
Potassium, K	S19
Manganese, Mn	S19
22:1 undifferentiated	S19
Protein	S19
18:0	S19
18:2 undifferentiated	S19
17:0	S19
20:2 n-6 c,c	S19

NDB No. 04636 Salad dressing, italian dressing, fat-free

Lactose	S19
Cryptoxanthin, beta	S19
Riboflavin	S19
18:1 undifferentiated	S19
18:3 undifferentiated	S19
Ash	S19
Sugars, total	S19
Sodium, Na	S19
Zinc, Zn	S19
Lycopene	S19
Niacin	S19
Maltose	S19

NDB No. 04636 Salad dressing, italian dressing, fat-free

Water	S19
Folate, total	S19
Cholesterol	S19
18:0	S19
Sucrose	S19
Calcium, Ca	S19
Magnesium, Mg	S19
Vitamin B-6	S19
Choline, total	S19
14:0	S19
22:1 undifferentiated	S19
Phosphorus, P	S19
Potassium, K	S19
Manganese, Mn	S19
Selenium, Se	S19
Pantothenic acid	S19
20:0	S19
22:0	S19
17:0	S19
17:1	S19
20:3 undifferentiated	S19
Protein	S19
Total lipid (fat)	S19
Fiber, total dietary	S19
Thiamin	S19
Betaine	S19
10:0	S19
12:0	S19
16:0	S19
18:2 undifferentiated	S19
16:1 undifferentiated	S19
15:0	S19
Glucose (dextrose)	S19
Fructose	S19
Galactose	S19
13:0	S19
Iron, Fe	S19

NDB No. 04636 Salad dressing, italian dressing, fat-free

Copper, Cu	S19
Carotene, beta	S19
Vitamin B-12	S19
14:1	S19

NDB No. 04638 Salad dressing, ranch dressing, fat-free

Sucrose	S26
Lactose	S26
Sugars, total	S26
Niacin	S26
18:4	S26
Total lipid (fat)	S26
Maltose	S26
Iron, Fe	S26
Potassium, K	S26
Vitamin B-6	S26
6:0	S26
12:0	S26
24:1 c	S26
16:1 c	S26
18:1 c	S26
Ash	S26
Pantothenic acid	S26
22:0	S26
18:2 n-6 c,c	S26
Starch	S26
Fructose	S26
Water	S26
Sodium, Na	S26
Folate, total	S26
Cholesterol	S26
20:0	S26
22:5 n-3 (DPA)	S26
Magnesium, Mg	S26
Phosphorus, P	S26
Thiamin	S26

NDB No. 04638 Salad dressing, ranch dressing, fat-free

Vitamin K (phylloquinone)	S26
22:6 n-3 (DHA)	S26
17:0	S26
18:3 n-3 c,c,c (ALA)	S26
Galactose	S26
Calcium, Ca	S26
Zinc, Zn	S26
Riboflavin	S26
Vitamin B-12	S26
20:4 undifferentiated	S26
Protein	S26
Vitamin C, total ascorbic acid	S26
Dihydrophylloquinone	S26
4:0	S26
14:0	S26
16:0	S26
18:1 t	S26
Glucose (dextrose)	S26
Copper, Cu	S26
Manganese, Mn	S26
8:0	S26
10:0	S26
18:0	S26
20:1	S26
20:5 n-3 (EPA)	S26
22:1 undifferentiated	S26
24:0	S26
18:2 i	S26

NDB No. 04639 Salad dressing, ranch dressing, commercial, regular

Sucrose	S26
Fiber, total dietary	S26
Copper, Cu	S26
Thiamin	S26
6:0	S26
22:6 n-3 (DHA)	S26

NDB No. 04639 Salad dressing, ranch dressing, commercial, regular

20:5 n-3 (EPA)	S26
24:0	S26
16:1 c	S26
18:3 n-3 c,c,c (ALA)	S26
Folate, total	S26
18:0	S26
22:5 n-3 (DPA)	S26
Glucose (dextrose)	S26
Calcium, Ca	S26
22:1 undifferentiated	S26
18:1 t	S26
18:1 c	S26
Total lipid (fat)	S26
Starch	S26
Galactose	S26
Iron, Fe	S26
Sodium, Na	S26
Zinc, Zn	S26
Vitamin B-6	S26
14:0	S26
Campesterol	S26
18:2 i	S26
Protein	S26
Maltose	S26
Vitamin K (phylloquinone)	S26
22:0	S26
24:1 c	S26
Ash	S26
Fructose	S26
Sugars, total	S26
Riboflavin	S26
Pantothenic acid	S26
Vitamin B-12	S26
Dihydrophylloquinone	S26
10:0	S26
12:0	S26
14:1	S26

NDB No. 04639 Salad dressing, ranch dressing, commercial, regular

18:4	S26
20:1	S26
Water	S26
Magnesium, Mg	S26
Phosphorus, P	S26
4:0	S26
20:0	S26
17:0	S26
18:2 n-6 c,c	S26
Lactose	S26
Potassium, K	S26
Manganese, Mn	S26
Vitamin C, total ascorbic acid	S26
Niacin	S26
Cholesterol	S26
8:0	S26
16:0	S26
20:4 undifferentiated	S26
Stigmasterol	S26

NDB No. 04640 Salad dressing, ranch dressing, reduced fat

Starch	S26
Magnesium, Mg	S26
Sodium, Na	S26, S4501
Folate, total	S26
Fatty acids, total trans	S4501
22:0	S26
17:0	S26
18:2 i	S26
Ash	S26
Sugars, total	S26, S4501
Galactose	S26
Fiber, total dietary	S26, S4501
Calcium, Ca	S26, S4501
Vitamin C, total ascorbic acid	S26, S4501
4:0	S26

NDB No. 04640 Salad dressing, ranch dressing, reduced fat

24:1 c	S26
Protein	S26, S4501
Water	S26
Phosphorus, P	S26
Cholesterol	S26, S4501
12:0	S26
16:0	S26
14:1	S26
22:1 undifferentiated	S26
24:0	S26
Copper, Cu	S26
Pantothenic acid	S26
Vitamin B-6	S26
Vitamin B-12	S26
10:0	S26
18:0	S26
22:6 n-3 (DHA)	S26
18:4	S26
Fructose	S26
Manganese, Mn	S26
16:1 c	S26
Glucose (dextrose)	S26
Lactose	S26
Maltose	S26
Iron, Fe	S26, S4501
Thiamin	S26
Riboflavin	S26
Dihydrophylloquinone	S26
14:0	S26
20:0	S26
20:4 undifferentiated	S26
18:2 n-6 c,c	S26
Total lipid (fat)	S26, S4501
Potassium, K	S26
Niacin	S26
Vitamin K (phylloquinone)	S26
8:0	S26

NDB No. 04640 Salad dressing, ranch dressing, reduced fat

20:5 n-3 (EPA)	S26
18:1 t	S26
Sucrose	S26
Zinc, Zn	S26
Vitamin A, IU	S4501
6:0	S26
20:1	S26
22:5 n-3 (DPA)	S26
18:1 c	S26
18:3 n-3 c,c,c (ALA)	S26

NDB No. 04641 Salad dressing, mayonnaise, light

Galactose	S25
Calcium, Ca	S25
Tocopherol, delta	S25
Thiamin	S25
Vitamin B-6	S25
Cholesterol	S25
16:0	S25
Stigmasterol	S25
18:1 c	S25
Ash	S25
Iron, Fe	S25
Potassium, K	S25
12:0	S25
20:4 undifferentiated	S25
Total lipid (fat)	S25
Starch	S25
Glucose (dextrose)	S25
Phosphorus, P	S25
Riboflavin	S25
Niacin	S25
6:0	S25
10:0	S25
22:5 n-3 (DPA)	S25
Campesterol	S25

NDB No. 04641 Salad dressing, mayonnaise, light

Beta-sitosterol	S25
Fructose	S25
Water	S25
Magnesium, Mg	S25
Tocopherol, beta	S25
Vitamin C, total ascorbic acid	S25
Folic acid	S25
4:0	S25
14:1	S25
20:5 n-3 (EPA)	S25
24:0	S25
18:3 n-3 c,c,c (ALA)	S25
Copper, Cu	S25
Pantothenic acid	S25
8:0	S25
14:0	S25
20:0	S25
17:0	S25
16:1 c	S25
18:2 n-6 c,c	S25
Maltose	S25
Selenium, Se	S25
Vitamin B-12	S25
22:6 n-3 (DHA)	S25
22:0	S25
18:4	S25
18:1 t	S25
18:2 i	S25
18:2 CLAs	S25
Sugars, total	S25
Vitamin E (alpha-tocopherol)	S25
20:1	S25
24:1 c	S25
Protein	S25
Sucrose	S25
Lactose	S25
Sodium, Na	S25

NDB No. 04641 Salad dressing, mayonnaise, light

Zinc, Zn	S25
Tocopherol, gamma	S25
18:0	S25

NDB No. 04642 Oil, industrial, mid-oleic, sunflower

15:0	S2221
18:1 c	S2221
18:3 n-3 c,c,c (ALA)	S2221
4:0	S2221
16:0	S2221
6:0	S2221
18:0	S2221
18:4	S2221
22:5 n-3 (DPA)	S2221
10:0	S2221
22:0	S2221
8:0	S2221
20:1	S2221
16:1 c	S2221
20:0	S2221
17:0	S2221
14:0	S2221
20:4 undifferentiated	S2221
18:2 i	S2221
18:3i	S2221
Total lipid (fat)	S2221
12:0	S2221
22:6 n-3 (DHA)	S2221
20:5 n-3 (EPA)	S2221
22:1 undifferentiated	S2221
18:1 t	S2221
18:2 n-6 c,c	S2221

NDB No. 04643 Oil, industrial, canola with antifoaming agent, principal uses salads, woks and light frying

18:3 undifferentiated	S2741

NDB No. 04644 Oil, industrial, canola for salads, woks and light frying

8:0	S2221
18:1 t	S2221
20:1	S2221
22:5 n-3 (DPA)	S2221
6:0	S2221
14:0	S2221
18:3 n-3 c,c,c (ALA)	S2221
18:3i	S2221
Total lipid (fat)	S2221
18:4	S2221
22:1 undifferentiated	S2221
16:1 c	S2221
18:1 c	S2221
10:0	S2221
20:0	S2221
22:6 n-3 (DHA)	S2221
15:0	S2221
18:0	S2221
20:5 n-3 (EPA)	S2221
17:0	S2221
4:0	S2221
12:0	S2221
16:0	S2221
20:4 undifferentiated	S2221
22:0	S2221
18:2 i	S2221
18:2 n-6 c,c	S2221

NDB No. 04645 Oil, industrial, canola (partially hydrogenated) oil for deep fat frying

8:0	S2221
18:1 t	S2221
16:1 c	S2221
6:0	S2221
20:0	S2221
18:0	S2221
20:4 undifferentiated	S2221

NDB No. 04645 Oil, industrial, canola (partially hydrogenated) oil for deep fat frying

17:0	S2221
18:2 n-6 c,c	S2221
4:0	S2221
10:0	S2221
12:0	S2221
22:6 n-3 (DHA)	S2221
20:5 n-3 (EPA)	S2221
18:3i	S2221
18:4	S2221
20:1	S2221
15:0	S2221
18:2 i	S2221
18:3 n-3 c,c,c (ALA)	S2221
14:0	S2221
22:1 undifferentiated	S2221
18:1 c	S2221
Total lipid (fat)	S2221
16:0	S2221
22:0	S2221
22:5 n-3 (DPA)	S2221

NDB No. 04646 Oil, industrial, coconut, principal uses candy coatings, oil sprays, roasting nuts

6:0	S2221
18:4	S2221
Fatty acids, total monounsaturated	S2221
10:0	S2221
12:0	S2221
14:0	S2221
18:0	S2221
18:3 undifferentiated	S2221
Total lipid (fat)	S2221
18:1 undifferentiated	S2221
22:6 n-3 (DHA)	S2221
20:5 n-3 (EPA)	S2221
18:2 n-6 c,c	S2221
18:3i	S2221

NDB No. 04646 Oil, industrial, coconut, principal uses candy coatings, oil sprays, roasting nuts

20:4 undifferentiated	S2221
16:1 undifferentiated	S2221
Fatty acids, total polyunsaturated	S2221
Fatty acids, total trans	S2221
Fatty acids, total saturated	S2221
22:5 n-3 (DPA)	S2221
16:1 c	S2221
4:0	S2221
8:0	S2221
18:2 undifferentiated	S2221
20:1	S2221
Fatty acids, total trans-monoenoic	S2221
16:0	S2221
15:0	S2221
Fatty acids, total trans-polyenoic	S2221
18:3 n-3 c,c,c (ALA)	S2221
20:0	S2221
22:0	S2221
22:1 undifferentiated	S2221
17:0	S2221
18:1 t	S2221
18:2 i	S2221
18:1 c	S2221

NDB No. 04648 Oil, industrial, soy (partially hydrogenated), principal uses popcorn and flavoring vegetables

18:2 undifferentiated	S2221
18:2 i	S2221
12:0	S2221
16:0	S2221
20:0	S2221
22:6 n-3 (DHA)	S2221
22:5 n-3 (DPA)	S2221
17:0	S2221
20:4 undifferentiated	S2221
16:1 undifferentiated	S2221
Fatty acids, total trans-polyenoic	S2221

NDB No. 04648 Oil, industrial, soy (partially hydrogenated), principal uses popcorn and flavoring vegetables

18:3 n-3 c,c,c (ALA)	S2221
Total lipid (fat)	S2221
10:0	S2221
20:5 n-3 (EPA)	S2221
22:1 undifferentiated	S2221
Fatty acids, total polyunsaturated	S2221
Fatty acids, total saturated	S2221
8:0	S2221
14:0	S2221
18:0	S2221
18:1 t	S2221
4:0	S2221
6:0	S2221
18:4	S2221
Fatty acids, total monounsaturated	S2221
18:2 n-6 c,c	S2221
Fatty acids, total trans-monoenoic	S2221
Fatty acids, total trans	S2221
18:1 undifferentiated	S2221
18:3 undifferentiated	S2221
22:0	S2221
15:0	S2221
20:1	S2221
16:1 c	S2221
18:1 c	S2221
18:3i	S2221

NDB No. 04649 Shortening, industrial, soy (partially hydrogenated), pourable liquid fry shortening

Total lipid (fat)	S2221
12:0	S2221
18:2 undifferentiated	S2221
20:4 undifferentiated	S2221
16:1 undifferentiated	S2221
18:0	S2221
18:1 undifferentiated	S2221

NDB No. 04649 Shortening, industrial, soy (partially hydrogenated), pourable liquid fry shortening

Fatty acids, total trans	S2221
8:0	S2221
10:0	S2221
17:0	S2221
18:1 c	S2221
18:2 n-6 c,c	S2221
Fatty acids, total saturated	S2221
6:0	S2221
20:0	S2221
22:1 undifferentiated	S2221
Fatty acids, total polyunsaturated	S2221
15:0	S2221
18:3i	S2221
18:3 undifferentiated	S2221
22:6 n-3 (DHA)	S2221
22:5 n-3 (DPA)	S2221
16:1 c	S2221
Fatty acids, total trans-polyenoic	S2221
4:0	S2221
14:0	S2221
16:0	S2221
22:0	S2221
20:1	S2221
20:5 n-3 (EPA)	S2221
18:1 t	S2221
Fatty acids, total trans-monoenoic	S2221
18:4	S2221
Fatty acids, total monounsaturated	S2221
18:2 i	S2221
18:3 n-3 c,c,c (ALA)	S2221

NDB No. 04650 Oil, industrial, soy, refined, for woks and light frying

4:0	S2221
14:0	S2221
20:0	S2221

NDB No. 04650 Oil, industrial, soy, refined, for woks and light frying

18:1 c	S2221
18:3 n-3 c,c,c (ALA)	S2221
Total lipid (fat)	S2221
20:5 n-3 (EPA)	S2221
22:5 n-3 (DPA)	S2221
10:0	S2221
18:2 undifferentiated	S2221
Fatty acids, total polyunsaturated	S2221
16:1 c	S2221
18:2 n-6 c,c	S2221
Fatty acids, total trans-polyenoic	S2221
Fatty acids, total trans	S2221
12:0	S2221
18:4	S2221
18:3i	S2221
6:0	S2221
18:3 undifferentiated	S2221
20:4 undifferentiated	S2221
22:6 n-3 (DHA)	S2221
20:1	S2221
Fatty acids, total monounsaturated	S2221
18:1 t	S2221
Fatty acids, total saturated	S2221
8:0	S2221
18:0	S2221
22:0	S2221
15:0	S2221
17:0	S2221
Fatty acids, total trans-monoenoic	S2221
16:0	S2221
18:1 undifferentiated	S2221
16:1 undifferentiated	S2221
22:1 undifferentiated	S2221
18:2 i	S2221

NDB No. 04651 Oil, industrial, soy (partially hydrogenated), multiuse for non-dairy butter flavor

Fatty acids, total saturated	S2221
22:0	S2221
20:1	S2221
16:1 c	S2221
Fatty acids, total trans-monoenoic	S2221
Fatty acids, total trans-polyenoic	S2221
8:0	S2221
12:0	S2221
16:0	S2221
18:0	S2221
18:3 undifferentiated	S2221
18:4	S2221
18:3i	S2221
6:0	S2221
22:6 n-3 (DHA)	S2221
20:5 n-3 (EPA)	S2221
22:5 n-3 (DPA)	S2221
Fatty acids, total monounsaturated	S2221
Fatty acids, total polyunsaturated	S2221
18:2 n-6 c,c	S2221
Total lipid (fat)	S2221
Fatty acids, total trans	S2221
20:0	S2221
16:1 undifferentiated	S2221
22:1 undifferentiated	S2221
18:2 i	S2221
18:3 n-3 c,c,c (ALA)	S2221
4:0	S2221
18:1 undifferentiated	S2221
15:0	S2221
17:0	S2221
18:1 t	S2221
10:0	S2221
14:0	S2221
18:2 undifferentiated	S2221
20:4 undifferentiated	S2221

NDB No. 04651 Oil, industrial, soy (partially hydrogenated), multiuse for non-dairy butter flavor

18:1 c	S2221

NDB No. 04652 Oil, industrial, soy (partially hydrogenated), all purpose

Fatty acids, total trans	S2221
4:0	S2221
22:6 n-3 (DHA)	S2221
22:0	S2221
22:1 undifferentiated	S2221
18:2 i	S2221
Fatty acids, total trans-monoenoic	S2221
18:4	S2221
Fatty acids, total monounsaturated	S2221
17:0	S2221
10:0	S2221
16:0	S2221
18:0	S2221
20:5 n-3 (EPA)	S2221
18:3i	S2221
6:0	S2221
14:0	S2221
18:1 undifferentiated	S2221
8:0	S2221
12:0	S2221
18:3 undifferentiated	S2221
20:1	S2221
15:0	S2221
Fatty acids, total trans-polyenoic	S2221
Fatty acids, total saturated	S2221
18:2 undifferentiated	S2221
18:3 n-3 c,c,c (ALA)	S2221
Total lipid (fat)	S2221
20:0	S2221
20:4 undifferentiated	S2221
22:5 n-3 (DPA)	S2221
18:1 t	S2221

NDB No. 04652 Oil, industrial, soy (partially hydrogenated), all purpose

16:1 c	S2221
18:1 c	S2221
18:2 n-6 c,c	S2221
16:1 undifferentiated	S2221
Fatty acids, total polyunsaturated	S2221

NDB No. 04653 Oil, industrial, soy (partially hydrogenated) and soy (winterized), pourable clear fry

14:0	S2221
18:1 t	S2221
18:2 i	S2221
18:2 n-6 c,c	S2221
Fatty acids, total trans	S2221
20:4 undifferentiated	S2221
18:3i	S2221
18:1 undifferentiated	S2221
22:6 n-3 (DHA)	S2221
18:4	S2221
20:1	S2221
15:0	S2221
Fatty acids, total trans-monoenoic	S2221
Total lipid (fat)	S2221
4:0	S2221
20:5 n-3 (EPA)	S2221
18:2 undifferentiated	S2221
17:0	S2221
12:0	S2221
16:1 c	S2221
Fatty acids, total trans-polyenoic	S2221
16:0	S2221
18:0	S2221
20:0	S2221
16:1 undifferentiated	S2221
22:1 undifferentiated	S2221
22:5 n-3 (DPA)	S2221
Fatty acids, total monounsaturated	S2221

NDB No. 04653 Oil, industrial, soy (partially hydrogenated) and soy (winterized), pourable clear fry

18:3 n-3 c,c,c (ALA)	S2221
Fatty acids, total saturated	S2221
6:0	S2221
8:0	S2221
10:0	S2221
18:3 undifferentiated	S2221
22:0	S2221
Fatty acids, total polyunsaturated	S2221
18:1 c	S2221

NDB No. 04654 Oil, industrial, soy (partially hydrogenated) and cottonseed, principal use as a tortilla shortening

4:0	S2221
18:3 undifferentiated	S2221
20:4 undifferentiated	S2221
20:1	S2221
20:5 n-3 (EPA)	S2221
22:5 n-3 (DPA)	S2221
12:0	S2221
14:0	S2221
20:0	S2221
18:1 c	S2221
Fatty acids, total trans-monoenoic	S2221
Fatty acids, total saturated	S2221
10:0	S2221
18:0	S2221
18:1 undifferentiated	S2221
22:0	S2221
17:0	S2221
18:3 n-3 c,c,c (ALA)	S2221
Fatty acids, total trans	S2221
18:2 undifferentiated	S2221
18:4	S2221
Fatty acids, total polyunsaturated	S2221
18:2 i	S2221
16:1 c	S2221
18:2 n-6 c,c	S2221

NDB No. 04654 Oil, industrial, soy (partially hydrogenated) and cottonseed, principal use as a tortilla shortening

Total lipid (fat)	S2221
16:0	S2221
22:6 n-3 (DHA)	S2221
Fatty acids, total monounsaturated	S2221
15:0	S2221
18:1 t	S2221
18:3i	S2221
6:0	S2221
16:1 undifferentiated	S2221
Fatty acids, total trans-polyenoic	S2221
8:0	S2221
22:1 undifferentiated	S2221

NDB No. 04655 Margarine-like shortening, industrial, soy (partially hydrogenated), cottonseed, and soy, principal use flaky pastries

18:0	S2221
22:0	S2221
18:2 n-6 c,c	S2221
18:3 n-3 c,c,c (ALA)	S2221
4:0	S2221
16:0	S2221
20:1	S2221
18:1 t	S2221
16:1 c	S2221
10:0	S2221
20:4 undifferentiated	S2221
20:5 n-3 (EPA)	S2221
18:2 i	S2221
Total lipid (fat)	S2221
14:0	S2221
22:1 undifferentiated	S2221
12:0	S2221
18:4	S2221
22:5 n-3 (DPA)	S2221
18:1 c	S2221
20:0	S2221

NDB No. 04655 Margarine-like shortening, industrial, soy (partially hydrogenated), cottonseed, and soy, principal use flaky pastries

22:6 n-3 (DHA)	S2221
15:0	S2221
6:0	S2221
8:0	S2221
17:0	S2221
18:3i	S2221

NDB No. 04656 Oil, industrial, palm kernel, confection fat, uses similar to high quality cocoa butter

Iron, Fe	S2221
Zinc, Zn	S2221
4:0	S2221
18:2 undifferentiated	S2221
Fatty acids, total polyunsaturated	S2221
18:1 t	S2221
18:1 c	S2221
Fatty acids, total trans-monoenoic	S2221
Total lipid (fat)	S2221
Fatty acids, total trans	S2221
16:0	S2221
18:0	S2221
20:5 n-3 (EPA)	S2221
Copper, Cu	S2221
10:0	S2221
14:0	S2221
20:4 undifferentiated	S2221
16:1 undifferentiated	S2221
18:4	S2221
22:1 undifferentiated	S2221
Fatty acids, total monounsaturated	S2221
Calcium, Ca	S2221
Magnesium, Mg	S2221
Phosphorus, P	S2221
Manganese, Mn	S2221
18:3 undifferentiated	S2221
20:1	S2221

NDB No. 04656 Oil, industrial, palm kernel, confection fat, uses similar to high quality cocoa butter

Protein	S2221
Ash	S2221
Water	S2221
Potassium, K	S2221
8:0	S2221
12:0	S2221
20:0	S2221
22:6 n-3 (DHA)	S2221
22:5 n-3 (DPA)	S2221
18:2 n-6 c,c	S2221
Sodium, Na	S2221
Fatty acids, total saturated	S2221
6:0	S2221
18:1 undifferentiated	S2221
Fatty acids, total trans-polyenoic	S2221
18:3i	S2221

NDB No. 04657 Oil, industrial, palm kernel (hydrogenated), confection fat, uses similar to 95 degree hard butter

Water	S2221
Magnesium, Mg	S2221
14:0	S2221
16:1 undifferentiated	S2221
20:1	S2221
Calcium, Ca	S2221
6:0	S2221
18:0	S2221
20:4 undifferentiated	S2221
Potassium, K	S2221
Fatty acids, total trans	S2221
18:3 undifferentiated	S2221
Iron, Fe	S2221
Phosphorus, P	S2221
12:0	S2221
18:2 undifferentiated	S2221
18:1 t	S2221
18:1 c	S2221

NDB No. 04657 Oil, industrial, palm kernel (hydrogenated), confection fat, uses similar to 95 degree hard butter

Fatty acids, total trans-monoenoic	S2221
Fatty acids, total trans-polyenoic	S2221
Copper, Cu	S2221
8:0	S2221
20:0	S2221
18:1 undifferentiated	S2221
22:5 n-3 (DPA)	S2221
Protein	S2221
Fatty acids, total saturated	S2221
20:5 n-3 (EPA)	S2221
22:1 undifferentiated	S2221
Fatty acids, total monounsaturated	S2221
18:3i	S2221
Sodium, Na	S2221
Zinc, Zn	S2221
16:0	S2221
Fatty acids, total polyunsaturated	S2221
18:2 n-6 c,c	S2221
Total lipid (fat)	S2221
Ash	S2221
Manganese, Mn	S2221
4:0	S2221
10:0	S2221
22:6 n-3 (DHA)	S2221
18:4	S2221

NDB No. 04658 Oil, industrial, palm kernel (hydrogenated), confection fat, intermediate grade product

Iron, Fe	S2221
18:1 undifferentiated	S2221
Fatty acids, total monounsaturated	S2221
Fatty acids, total polyunsaturated	S2221
18:1 t	S2221
Ash	S2221
Calcium, Ca	S2221
Fatty acids, total trans	S2221

NDB No. 04658 Oil, industrial, palm kernel (hydrogenated), confection fat, intermediate grade product

10:0	S2221
12:0	S2221
16:1 undifferentiated	S2221
20:5 n-3 (EPA)	S2221
22:5 n-3 (DPA)	S2221
Protein	S2221
Potassium, K	S2221
Manganese, Mn	S2221
Fatty acids, total saturated	S2221
20:4 undifferentiated	S2221
18:4	S2221
Magnesium, Mg	S2221
Phosphorus, P	S2221
Copper, Cu	S2221
4:0	S2221
20:1	S2221
18:3i	S2221
6:0	S2221
22:6 n-3 (DHA)	S2221
Sodium, Na	S2221
16:0	S2221
18:3 undifferentiated	S2221
18:1 c	S2221
18:2 n-6 c,c	S2221
Total lipid (fat)	S2221
Water	S2221
8:0	S2221
18:0	S2221
20:0	S2221
Fatty acids, total trans-monoenoic	S2221
Fatty acids, total trans-polyenoic	S2221
Zinc, Zn	S2221
14:0	S2221
18:2 undifferentiated	S2221
22:1 undifferentiated	S2221

NDB No. 04659 Oil, industrial, coconut, confection fat, typical basis for ice cream coatings

Phosphorus, P	S2221
Zinc, Zn	S2221
Copper, Cu	S2221
Manganese, Mn	S2221
4:0	S2221
18:1 undifferentiated	S2221
20:4 undifferentiated	S2221
Fatty acids, total polyunsaturated	S2221
Fatty acids, total trans-monoenoic	S2221
Ash	S2221
18:3i	S2221
Total lipid (fat)	S2221
10:0	S2221
22:6 n-3 (DHA)	S2221
6:0	S2221
18:2 undifferentiated	S2221
18:1 c	S2221
Sodium, Na	S2221
12:0	S2221
16:0	S2221
18:3 undifferentiated	S2221
18:4	S2221
22:5 n-3 (DPA)	S2221
Fatty acids, total trans-polyenoic	S2221
Water	S2221
Calcium, Ca	S2221
Magnesium, Mg	S2221
18:0	S2221
16:1 undifferentiated	S2221
20:5 n-3 (EPA)	S2221
22:1 undifferentiated	S2221
Fatty acids, total monounsaturated	S2221
18:2 n-6 c,c	S2221
Iron, Fe	S2221
Fatty acids, total saturated	S2221
8:0	S2221

NDB No. 04659 Oil, industrial, coconut, confection fat, typical basis for ice cream coatings

14:0	S2221
18:1 t	S2221
Protein	S2221
Potassium, K	S2221
Fatty acids, total trans	S2221
20:0	S2221
20:1	S2221

NDB No. 04660 Oil, industrial, palm kernel (hydrogenated) , used for whipped toppings, non-dairy

Fatty acids, total trans	S2221
10:0	S2221
12:0	S2221
14:0	S2221
18:1 undifferentiated	S2221
20:1	S2221
20:5 n-3 (EPA)	S2221
Iron, Fe	S2221
Magnesium, Mg	S2221
4:0	S2221
18:0	S2221
18:4	S2221
Calcium, Ca	S2221
Potassium, K	S2221
20:0	S2221
18:3 undifferentiated	S2221
18:2 n-6 c,c	S2221
Protein	S2221
16:0	S2221
Fatty acids, total monounsaturated	S2221
18:1 c	S2221
8:0	S2221
20:4 undifferentiated	S2221
16:1 undifferentiated	S2221
22:1 undifferentiated	S2221
Fatty acids, total trans-polyenoic	S2221
Ash	S2221

NDB No. 04660 Oil, industrial, palm kernel (hydrogenated) , used for whipped toppings, non-dairy

Phosphorus, P	S2221
Zinc, Zn	S2221
Copper, Cu	S2221
Fatty acids, total saturated	S2221
6:0	S2221
22:6 n-3 (DHA)	S2221
18:1 t	S2221
18:3i	S2221
Total lipid (fat)	S2221
Water	S2221
Sodium, Na	S2221
Manganese, Mn	S2221
18:2 undifferentiated	S2221
Fatty acids, total trans-monoenoic	S2221
22:5 n-3 (DPA)	S2221
Fatty acids, total polyunsaturated	S2221

NDB No. 04661 Oil, industrial, coconut (hydrogenated), used for whipped toppings and coffee whiteners

Calcium, Ca	S2221
Iron, Fe	S2221
Zinc, Zn	S2221
14:0	S2221
18:2 undifferentiated	S2221
18:3i	S2221
Protein	S2221
Copper, Cu	S2221
10:0	S2221
12:0	S2221
Water	S2221
8:0	S2221
18:0	S2221
20:4 undifferentiated	S2221
Fatty acids, total monounsaturated	S2221
18:1 t	S2221
Fatty acids, total saturated	S2221

NDB No. 04661 Oil, industrial, coconut (hydrogenated), used for whipped toppings and coffee whiteners

18:1 undifferentiated	S2221
22:6 n-3 (DHA)	S2221
20:1	S2221
18:1 c	S2221
18:2 n-6 c,c	S2221
Potassium, K	S2221
16:0	S2221
16:1 undifferentiated	S2221
Ash	S2221
Magnesium, Mg	S2221
Manganese, Mn	S2221
22:1 undifferentiated	S2221
22:5 n-3 (DPA)	S2221
Sodium, Na	S2221
Fatty acids, total trans	S2221
6:0	S2221
18:3 undifferentiated	S2221
18:4	S2221
20:5 n-3 (EPA)	S2221
Fatty acids, total polyunsaturated	S2221
Total lipid (fat)	S2221
Phosphorus, P	S2221
4:0	S2221
20:0	S2221
Fatty acids, total trans-monoenoic	S2221
Fatty acids, total trans-polyenoic	S2221

NDB No. 04662 Oil, industrial, palm and palm kernel, filling fat (non-hydrogenated)

Magnesium, Mg	S2221
Phosphorus, P	S2221
Fatty acids, total trans	S2221
8:0	S2221
10:0	S2221
18:2 n-6 c,c	S2221
Sodium, Na	S2221

NDB No. 04662 Oil, industrial, palm and palm kernel, filling fat (non-hydrogenated)

6:0	S2221
16:0	S2221
Fatty acids, total trans-polyenoic	S2221
Copper, Cu	S2221
Fatty acids, total saturated	S2221
14:0	S2221
18:2 undifferentiated	S2221
18:3 undifferentiated	S2221
20:1	S2221
Fatty acids, total polyunsaturated	S2221
Protein	S2221
Iron, Fe	S2221
Zinc, Zn	S2221
Manganese, Mn	S2221
22:6 n-3 (DHA)	S2221
20:5 n-3 (EPA)	S2221
Ash	S2221
22:1 undifferentiated	S2221
Water	S2221
Calcium, Ca	S2221
Potassium, K	S2221
16:1 undifferentiated	S2221
18:1 t	S2221
Fatty acids, total trans-monoenoic	S2221
Total lipid (fat)	S2221
20:4 undifferentiated	S2221
22:5 n-3 (DPA)	S2221
18:1 c	S2221
4:0	S2221
12:0	S2221
18:0	S2221
20:0	S2221
18:1 undifferentiated	S2221
18:4	S2221
Fatty acids, total monounsaturated	S2221
18:3i	S2221

NDB No. 04663 Oil, industrial, palm kernel (hydrogenated), filling fat

Ash	S2221
Fatty acids, total saturated	S2221
4:0	S2221
18:2 undifferentiated	S2221
22:6 n-3 (DHA)	S2221
18:4	S2221
Fatty acids, total polyunsaturated	S2221
18:1 c	S2221
Fatty acids, total trans-monoenoic	S2221
Fatty acids, total trans-polyenoic	S2221
Iron, Fe	S2221
Potassium, K	S2221
Manganese, Mn	S2221
18:1 t	S2221
18:3i	S2221
Magnesium, Mg	S2221
12:0	S2221
20:0	S2221
18:3 undifferentiated	S2221
20:1	S2221
22:1 undifferentiated	S2221
Protein	S2221
Total lipid (fat)	S2221
Water	S2221
Zinc, Zn	S2221
20:5 n-3 (EPA)	S2221
Sodium, Na	S2221
Fatty acids, total trans	S2221
22:5 n-3 (DPA)	S2221
Phosphorus, P	S2221
Copper, Cu	S2221
10:0	S2221
18:1 undifferentiated	S2221
20:4 undifferentiated	S2221
6:0	S2221
18:0	S2221
18:2 n-6 c,c	S2221

NDB No. 04663 Oil, industrial, palm kernel (hydrogenated), filling fat

Calcium, Ca	S2221
8:0	S2221
14:0	S2221
16:0	S2221
16:1 undifferentiated	S2221
Fatty acids, total monounsaturated	S2221

NDB No. 04664 Oil, industrial, soy (partially hydrogenated), palm, principal uses icings and fillings

10:0	S2221
14:0	S2221
18:1 undifferentiated	S2221
Fatty acids, total trans-polyenoic	S2221
18:3 n-3 c,c,c (ALA)	S2221
6:0	S2221
Fatty acids, total monounsaturated	S2221
15:0	S2221
17:0	S2221
16:1 c	S2221
18:3i	S2221
16:0	S2221
18:0	S2221
20:0	S2221
18:2 undifferentiated	S2221
18:3 undifferentiated	S2221
20:5 n-3 (EPA)	S2221
18:1 t	S2221
Fatty acids, total trans-monoenoic	S2221
Total lipid (fat)	S2221
8:0	S2221
12:0	S2221
22:1 undifferentiated	S2221
Fatty acids, total polyunsaturated	S2221
Fatty acids, total trans	S2221
4:0	S2221
20:4 undifferentiated	S2221

NDB No. 04664 Oil, industrial, soy (partially hydrogenated), palm, principal uses icings and fillings

16:1 undifferentiated	S2221
18:2 i	S2221
Fatty acids, total saturated	S2221
22:6 n-3 (DHA)	S2221
18:4	S2221
22:0	S2221
20:1	S2221
22:5 n-3 (DPA)	S2221
18:1 c	S2221
18:2 n-6 c,c	S2221

NDB No. 04665 Margarine, industrial, non-dairy, cottonseed, soy oil (partially hydrogenated), for flaky pastries

8:0	S2221
12:0	S2221
18:3 n-3 c,c,c (ALA)	S2221
Total lipid (fat)	S2221
22:0	S2221
18:3i	S2221
14:0	S2221
18:0	S2221
20:0	S2221
18:1 undifferentiated	S2221
20:1	S2221
20:5 n-3 (EPA)	S2221
18:1 t	S2221
18:1 c	S2221
4:0	S2221
6:0	S2221
22:6 n-3 (DHA)	S2221
22:5 n-3 (DPA)	S2221
18:2 i	S2221
16:1 c	S2221
18:2 n-6 c,c	S2221
10:0	S2221
18:4	S2221
22:1 undifferentiated	S2221

NDB No. 04665 Margarine, industrial, non-dairy, cottonseed, soy oil (partially hydrogenated), for flaky pastries

15:0	S2221
17:0	S2221
16:0	S2221
20:4 undifferentiated	S2221

NDB No. 04666 Shortening, industrial, soy (partially hydrogenated) and corn for frying

4:0	S2221
10:0	S2221
20:5 n-3 (EPA)	S2221
18:3i	S2221
20:1	S2221
18:1 c	S2221
8:0	S2221
12:0	S2221
18:0	S2221
15:0	S2221
18:2 n-6 c,c	S2221
22:5 n-3 (DPA)	S2221
14:0	S2221
16:0	S2221
22:1 undifferentiated	S2221
18:3 n-3 c,c,c (ALA)	S2221
6:0	S2221
16:1 c	S2221
20:0	S2221
20:4 undifferentiated	S2221
22:6 n-3 (DHA)	S2221
22:0	S2221
18:4	S2221
17:0	S2221
18:1 t	S2221
18:2 i	S2221

NDB No. 04667 Shortening, industrial, soy (partially hydrogenated) for baking and confections

Total lipid (fat)	S2221
8:0	S2221

NDB No. 04667 Shortening, industrial, soy (partially hydrogenated) for baking and confections

16:0	S2221
18:1 undifferentiated	S2221
18:2 undifferentiated	S2221
22:0	S2221
18:4	S2221
20:5 n-3 (EPA)	S2221
Fatty acids, total monounsaturated	S2221
18:1 t	S2221
6:0	S2221
16:1 undifferentiated	S2221
22:1 undifferentiated	S2221
15:0	S2221
16:1 c	S2221
10:0	S2221
12:0	S2221
20:1	S2221
17:0	S2221
18:1 c	S2221
Fatty acids, total trans	S2221
18:3 undifferentiated	S2221
22:5 n-3 (DPA)	S2221
18:2 n-6 c,c	S2221
Fatty acids, total saturated	S2221
Fatty acids, total polyunsaturated	S2221
18:2 i	S2221
4:0	S2221
18:0	S2221
20:0	S2221
22:6 n-3 (DHA)	S2221
18:3 n-3 c,c,c (ALA)	S2221
18:3i	S2221
20:4 undifferentiated	S2221
Fatty acids, total trans-monoenoic	S2221
Fatty acids, total trans-polyenoic	S2221
14:0	S2221

NDB No. 04668 Margarine, industrial, soy and partially hydrogenated soy oil, use for baking, sauces and candy

6:0	S2221
18:0	S2221
22:5 n-3 (DPA)	S2221
15:0	S2221
18:3 n-3 c,c,c (ALA)	S2221
12:0	S2221
18:2 i	S2221
8:0	S2221
22:6 n-3 (DHA)	S2221
18:4	S2221
17:0	S2221
16:1 c	S2221
10:0	S2221
20:1	S2221
18:1 t	S2221
18:3i	S2221
16:0	S2221
18:2 n-6 c,c	S2221
14:0	S2221
20:0	S2221
20:4 undifferentiated	S2221
Total lipid (fat)	S2221
4:0	S2221
22:0	S2221
20:5 n-3 (EPA)	S2221
22:1 undifferentiated	S2221
18:1 c	S2221

NDB No. 04669 USDA Commodity Food, oil, vegetable, soybean, refined

Fatty acids, total trans	S2221
18:2 undifferentiated	S2221
18:4	S2221
17:0	S2221
Fatty acids, total trans-polyenoic	S2221
18:3 n-3 c,c,c (ALA)	S2221
6:0	S2221

NDB No. 04669 USDA Commodity Food, oil, vegetable, soybean, refined

20:5 n-3 (EPA)	S2221
22:1 undifferentiated	S2221
4:0	S2221
14:0	S2221
18:0	S2221
Fatty acids, total monounsaturated	S2221
Fatty acids, total saturated	S2221
12:0	S2221
20:0	S2221
18:3 undifferentiated	S2221
22:6 n-3 (DHA)	S2221
8:0	S2221
18:1 undifferentiated	S2221
16:1 undifferentiated	S2221
20:1	S2221
18:3i	S2221
10:0	S2221
20:4 undifferentiated	S2221
22:0	S2221
22:5 n-3 (DPA)	S2221
18:2 i	S2221
16:1 c	S2221
18:1 c	S2221
Total lipid (fat)	S2221
16:0	S2221
Fatty acids, total polyunsaturated	S2221
18:1 t	S2221
18:2 n-6 c,c	S2221
Fatty acids, total trans-monoenoic	S2221

NDB No. 04670 USDA Commodity Food, oil, vegetable, low saturated fat

18:0	S2221
Total lipid (fat)	S2221
22:5 n-3 (DPA)	S2221
Fatty acids, total trans-monoenoic	S2221

NDB No. 04670 USDA Commodity Food, oil, vegetable, low saturated fat

18:3i	S2221
8:0	S2221
20:0	S2221
22:6 n-3 (DHA)	S2221
20:1	S2221
18:2 i	S2221
16:1 c	S2221
18:2 n-6 c,c	S2221
18:3 n-3 c,c,c (ALA)	S2221
Fatty acids, total saturated	S2221
14:0	S2221
18:3 undifferentiated	S2221
22:1 undifferentiated	S2221
18:1 c	S2221
Fatty acids, total trans	S2221
10:0	S2221
18:2 undifferentiated	S2221
20:4 undifferentiated	S2221
18:4	S2221
Fatty acids, total polyunsaturated	S2221
4:0	S2221
18:1 undifferentiated	S2221
18:1 t	S2221
Fatty acids, total trans-polyenoic	S2221
6:0	S2221
12:0	S2221
Fatty acids, total monounsaturated	S2221
16:0	S2221
22:0	S2221
16:1 undifferentiated	S2221
20:5 n-3 (EPA)	S2221
17:0	S2221

NDB No. 04673 Margarine-like spread, SMART BALANCE Regular Buttery Spread with flax oil

Phosphorus, P	S2401
Fatty acids, total trans	S3559

NDB No. 04673 Margarine-like spread, SMART BALANCE Regular Buttery Spread with flax oil

4:0	S3559
16:0	S3559
18:3 undifferentiated	S3559
18:2 CLAs	S3559
18:1 c	S3559
Water	S3559
Fiber, total dietary	S2401
Sodium, Na	S2401
Vitamin K (phylloquinone)	S2401
Cholesterol	S2401
Fatty acids, total saturated	S3559
18:1 undifferentiated	S3559
22:1 undifferentiated	S3559
18:1 t	S3559
22:1 t	S3559
18:2 n-6 c,c	S3559
20:3 n-3	S3559
Vitamin A, IU	S2401
20:0	S3559
17:0	S3559
22:1 c	S3559
Sugars, total	S2401
22:6 n-3 (DHA)	S3559
22:0	S3559
20:1	S3559
22:5 n-3 (DPA)	S3559
18:2 t not further defined	S3559
18:3 n-3 c,c,c (ALA)	S3559
Potassium, K	S2401
Tocopherol, beta	S3559
10:0	S3559
14:0	S3559
20:4 undifferentiated	S3559
16:1 undifferentiated	S3559
Fatty acids, total monounsaturated	S3559
16:1 t	S3559
20:2 n-6 c,c	S3559

NDB No. 04673 Margarine-like spread, SMART BALANCE Regular Buttery Spread with flax oil

16:1 c	S3559
Fatty acids, total trans-polyenoic	S3559
Total lipid (fat)	S3559
Vitamin E (alpha-tocopherol)	S3559
6:0	S3559
18:4	S3559
Fatty acids, total polyunsaturated	S3559
15:0	S3559
24:1 c	S3559
17:1	S3559
20:3 undifferentiated	S3559
15:1	S3559
22:4	S3559
Protein	S3559
Ash	S3559
Tocopherol, gamma	S3559
Tocopherol, delta	S3559
8:0	S3559
12:0	S3559
18:2 undifferentiated	S3559
14:1	S3559
20:5 n-3 (EPA)	S3559
18:3 n-6 c,c,c	S3559
20:3 n-6	S3559
18:0	S3559
24:0	S3559
Fatty acids, total trans-monoenoic	S3559

NDB No. 04674 Margarine-like spread, SMART BALANCE Light Buttery Spread

Total lipid (fat)	S2741
Energy	S2401
Sodium, Na	S2741
Retinol	S2741
Tocopherol, delta	S2741
Vitamin B-6	S2741
18:2 undifferentiated	S2741

NDB No. 04674 Margarine-like spread, SMART BALANCE Light Buttery Spread

22:6 n-3 (DHA)	S2741
22:0	S2741
Fatty acids, total polyunsaturated	S2741
Protein	S2741
Calcium, Ca	S2741
Potassium, K	S2741
8:0	S2741
10:0	S2741
20:0	S2741
18:1 undifferentiated	S2741
18:2 n-6 c,c	S2741
17:1	S2741
Ash	S2741
Zinc, Zn	S2741
Niacin	S2741
Fatty acids, total saturated	S2741
Fatty acids, total monounsaturated	S2741
22:1 c	S2741
18:3 n-3 c,c,c (ALA)	S2741
Phosphorus, P	S2741
Copper, Cu	S2741
Tocopherol, beta	S2741
Vitamin K (phylloquinone)	S2741
18:0	S2741
18:3 undifferentiated	S2741
20:1	S2741
22:5 n-3 (DPA)	S2741
16:0	S2741
16:1 undifferentiated	S2741
20:5 n-3 (EPA)	S2741
22:1 undifferentiated	S2741
15:0	S2741
20:2 n-6 c,c	S2741
16:1 c	S2741
18:1 c	S2741
Fatty acids, total trans-monoenoic	S2741

NDB No. 04674 Margarine-like spread, SMART BALANCE Light Buttery Spread

Iron, Fe	S2741
6:0	S2741
12:0	S2741
20:4 undifferentiated	S2741
17:0	S2741
18:1 t	S2741
Fatty acids, total trans-polyenoic	S2741
Water	S2741
Manganese, Mn	S2741
Tocopherol, gamma	S2741
Riboflavin	S2741
Dihydrophylloquinone	S2741
4:0	S2741
14:0	S2741
24:0	S2741
18:3i	S2741
Magnesium, Mg	S2741
Vitamin E (alpha-tocopherol)	S2741
Thiamin	S2741
Fatty acids, total trans	S2741
18:4	S2741
18:2 i	S2741

NDB No. 04675 Margarine-like spread, SMART BEAT Super Light without saturated fat

Ash	S2401
Phosphorus, P	S2401
Fatty acids, total trans	S2401
Potassium, K	S2401
Fatty acids, total monounsaturated	S2401
Fiber, total dietary	S2401
Vitamin E (alpha-tocopherol)	S2401
Carbohydrate, by difference	S2401
Sugars, total	S2401
Vitamin K (phylloquinone)	S2401
Fatty acids, total saturated	S2401
Protein	S2401

NDB No. 04675 Margarine-like spread, SMART BEAT Super Light without saturated fat

Water	S2401
Vitamin A, IU	S2401
Fatty acids, total polyunsaturated	S2401
Total lipid (fat)	S2401
Energy	S2401
Sodium, Na	S2401
Cholesterol	S2401

NDB No. 04676 Margarine-like spread, SMART BEAT Smart Squeeze

Vitamin E (alpha-tocopherol)	S2401
Cholesterol	S2401
Fatty acids, total polyunsaturated	S2401
Sugars, total	S2401
Fiber, total dietary	S2401
Energy	S2401
Carbohydrate, by difference	S2401
Ash	S2401
Phosphorus, P	S2401
Vitamin A, IU	S2401
Fatty acids, total trans	S2401
Potassium, K	S2401
Vitamin K (phylloquinone)	S2401
Fatty acids, total saturated	S2401
Fatty acids, total monounsaturated	S2401
Protein	S2401
Total lipid (fat)	S2401
Water	S2401
Sodium, Na	S2401

NDB No. 04677 Margarine-like spread, SMART BALANCE Omega Plus Spread (with plant sterols & fish oil)

Fiber, total dietary	S2401
Sodium, Na	S2401
Cholesterol	S3559
18:0	S3559
16:1 t	S3559

NDB No. 04677 Margarine-like spread, SMART BALANCE Omega Plus Spread (with plant sterols & fish oil)

18:2 n-6 c,c	S3559
20:3 n-3	S3559
Vitamin E (alpha-tocopherol)	S3559
10:0	S3559
20:2 n-6 c,c	S3559
18:3 n-6 c,c,c	S3559
Fatty acids, total trans-monoenoic	S3559
Fatty acids, total trans-polyenoic	S3559
20:3 n-6	S3559
Phosphorus, P	S2401
Vitamin A, IU	S2401
Tocopherol, beta	S3559
16:0	S3559
20:5 n-3 (EPA)	S3559
16:1 c	S3559
22:4	S3559
Vitamin K (phylloquinone)	S2401
8:0	S3559
14:0	S3559
20:0	S3559
22:0	S3559
14:1	S3559
20:1	S3559
Beta-sitosterol	S2401
22:1 t	S3559
22:1 c	S3559
20:3 undifferentiated	S3559
18:3 n-3 c,c,c (ALA)	S3559
Total lipid (fat)	S3559
Sugars, total	S2401
Fatty acids, total trans	S3559
18:1 undifferentiated	S3559
18:2 undifferentiated	S3559
20:4 undifferentiated	S3559
22:6 n-3 (DHA)	S3559
18:4	S3559
22:1 undifferentiated	S3559

NDB No. 04677 Margarine-like spread, SMART BALANCE Omega Plus Spread (with plant sterols & fish oil)

Fatty acids, total polyunsaturated	S3559
15:1	S3559
Energy	S2401
Water	S3559
Potassium, K	S2401
Tocopherol, gamma	S3559
Tocopherol, delta	S3559
Fatty acids, total saturated	S3559
6:0	S3559
18:3 undifferentiated	S3559
Phytosterols	S2401
Stigmasterol	S2401
Campesterol	S2401
17:0	S3559
18:1 t	S3559
Protein	S3559
Carbohydrate, by difference	S2401
12:0	S3559
16:1 undifferentiated	S3559
22:5 n-3 (DPA)	S3559
24:0	S3559
18:2 t not further defined	S3559
18:2 CLAs	S3559
18:1 c	S3559
17:1	S3559
Ash	S3559
4:0	S3559
Fatty acids, total monounsaturated	S3559
15:0	S3559
24:1 c	S3559

NDB No. 04679 Oil, PAM cooking spray, original

Protein	S3742
Energy	S3742
Fiber, total dietary	S3742
Calcium, Ca	S3742

NDB No. 04679 Oil, PAM cooking spray, original

Vitamin C, total ascorbic acid	S3742
Fatty acids, total saturated	S3742
Fatty acids, total monounsaturated	S3742
Carbohydrate, by difference	S3742
Sodium, Na	S3742
Cholesterol	S3742
Fatty acids, total trans	S3742
Ash	S3742
Sugars, total	S3742
Water	S3742
Fatty acids, total polyunsaturated	S3742

NDB No. 04683 Margarine, margarine-like vegetable oil spread, 67-70% fat, tub

Total lipid (fat)	S3558
Vitamin E (alpha-tocopherol)	S3558
Tocopherol, gamma	S3558
Fatty acids, total trans	S3558
4:0	S3558
18:1 undifferentiated	S3558
22:6 n-3 (DHA)	S3558
15:0	S3558
18:1 c	S3558
22:1 c	S3558
Fatty acids, total trans-polyenoic	S3558
20:3 n-6	S3558
Vitamin A, IU	S3558
Tocopherol, beta	S3558
18:0	S3558
16:1 undifferentiated	S3558
20:1	S3558
18:2 t not further defined	S3558
18:2 n-6 c,c	S3558
Fatty acids, total trans-monoenoic	S3558
Fatty acids, total saturated	S3558
8:0	S3558

NDB No. 04683 Margarine, margarine-like vegetable oil spread, 67-70% fat, tub

10:0	S3558
20:4 undifferentiated	S3558
14:1	S3558
22:1 undifferentiated	S3558
17:0	S3558
20:2 n-6 c,c	S3558
18:3 n-6 c,c,c	S3558
20:3 undifferentiated	S3558
Sodium, Na	S3558
Tocopherol, delta	S3558
22:5 n-3 (DPA)	S3558
17:1	S3558
20:3 n-3	S3558
22:4	S3558
Ash	S3558
6:0	S3558
22:0	S3558
Fatty acids, total monounsaturated	S3558
24:1 c	S3558
16:1 c	S3558
Protein	S3558
18:4	S3558
15:1	S3558
12:0	S3558
14:0	S3558
20:0	S3558
18:2 undifferentiated	S3558
18:3 undifferentiated	S3558
20:5 n-3 (EPA)	S3558
Fatty acids, total polyunsaturated	S3558
16:1 t	S3558
22:1 t	S3558
18:2 CLAs	S3558
18:3 n-3 c,c,c (ALA)	S3558
Water	S3558
16:0	S3558
24:0	S3558

NDB No. 04683 Margarine, margarine-like vegetable oil spread, 67-70% fat, tub

18:1 t	S3558

NDB No. 04684 Margarine, 80% fat, tub, CANOLA HARVEST Soft Spread (canola, palm and palm kernel oils)

Protein	S3558
Water	S3558
20:0	S3558
18:3 undifferentiated	S3558
18:2 CLAs	S3558
17:1	S3558
8:0	S3558
10:0	S3558
22:6 n-3 (DHA)	S3558
16:1 undifferentiated	S3558
18:4	S3558
20:2 n-6 c,c	S3558
20:3 n-6	S3558
Total lipid (fat)	S3558
18:1 undifferentiated	S3558
20:4 undifferentiated	S3558
18:2 t not further defined	S3558
24:1 c	S3558
20:3 undifferentiated	S3558
Ash	S3558
Tocopherol, beta	S3558
14:0	S3558
20:1	S3558
17:0	S3558
18:2 n-6 c,c	S3558
22:1 c	S3558
18:3 n-6 c,c,c	S3558
18:3 n-3 c,c,c (ALA)	S3558
Fatty acids, total trans	S3558
14:1	S3558
Fatty acids, total polyunsaturated	S3558
24:0	S3558
16:1 c	S3558

NDB No. 04684 Margarine, 80% fat, tub, CANOLA HARVEST Soft Spread (canola, palm and palm kernel oils)

Fatty acids, total trans-polyenoic	S3558
Vitamin E (alpha-tocopherol)	S3558
Tocopherol, delta	S3558
6:0	S3558
22:0	S3558
22:1 undifferentiated	S3558
22:5 n-3 (DPA)	S3558
15:0	S3558
16:1 t	S3558
22:1 t	S3558
Fatty acids, total trans-monoenoic	S3558
Tocopherol, gamma	S3558
Fatty acids, total saturated	S3558
16:0	S3558
20:5 n-3 (EPA)	S3558
18:1 c	S3558
20:3 n-3	S3558
22:4	S3558
4:0	S3558
12:0	S3558
18:0	S3558
18:2 undifferentiated	S3558
Fatty acids, total monounsaturated	S3558
18:1 t	S3558
15:1	S3558

NDB No. 04685 Oil, cooking and salad, ENOVA, 80% diglycerides

Vitamin E (alpha-tocopherol)	S3553
Tocopherol, gamma	S3553
18:1 undifferentiated	S3553
22:0	S3553
22:1 undifferentiated	S3553
22:5 n-3 (DPA)	S3553
Fatty acids, total polyunsaturated	S3553
18:3i	S3553

NDB No. 04685 Oil, cooking and salad, ENOVA, 80% diglycerides

Ash	S3553
Tocopherol, beta	S3553
18:3 undifferentiated	S3553
18:4	S3553
20:5 n-3 (EPA)	S3553
Fatty acids, total monounsaturated	S3553
Total lipid (fat)	S3553
4:0	S3553
8:0	S3553
10:0	S3553
18:0	S3553
18:2 undifferentiated	S3553
18:2 n-6 c,c	S3553
Water	S3553
Tocopherol, delta	S3553
Fatty acids, total trans	S3553
6:0	S3553
16:0	S3553
24:0	S3553
20:2 n-6 c,c	S3553
18:1 c	S3553
Fatty acids, total trans-polyenoic	S3553
Protein	S3553
16:1 undifferentiated	S3553
20:1	S3553
18:3 n-3 c,c,c (ALA)	S3553
14:0	S3553
20:0	S3553
12:0	S3553
18:2 i	S3553
16:1 c	S3553
17:1	S3553
Fatty acids, total saturated	S3553
17:0	S3553
22:1 c	S3553

NDB No. 04687 Margarine-like spread, BENECOL Light Spread

Magnesium, Mg	S2741
Zinc, Zn	S2741
Manganese, Mn	S2741
Vitamin E (alpha-tocopherol)	S2741
10:0	S2741
18:0	S2741
18:3 undifferentiated	S2741
22:6 n-3 (DHA)	S2741
22:1 undifferentiated	S2741
Fatty acids, total trans-monoenoic	S2741
Total lipid (fat)	S2741
Iron, Fe	S2741
Phosphorus, P	S2741
Tocopherol, delta	S2741
Niacin	S2741
Fatty acids, total trans	S2741
22:0	S2741
Fatty acids, total polyunsaturated	S2741
18:3 n-3 c,c,c (ALA)	S2741
Riboflavin	S2741
Dihydrophylloquinone	S2741
Vitamin K (phylloquinone)	S2741
4:0	S2741
8:0	S2741
16:1 undifferentiated	S2741
24:0	S2741
16:1 c	S2741
Protein	S2741
Tocopherol, beta	S2741
Tocopherol, gamma	S2741
Thiamin	S2741
Vitamin B-6	S2741
18:2 undifferentiated	S2741
20:5 n-3 (EPA)	S2741
Fatty acids, total monounsaturated	S2741
17:0	S2741

NDB No. 04687 Margarine-like spread, BENECOL Light Spread

Calcium, Ca	S2741
12:0	S2741
22:5 n-3 (DPA)	S2741
18:1 t	S2741
18:1 c	S2741
Ash	S2741
Water	S2741
Retinol	S2741
20:4 undifferentiated	S2741
18:4	S2741
20:2 n-6 c,c	S2741
18:2 n-6 c,c	S2741
17:1	S2741
18:3i	S2741
Sodium, Na	S2741
Copper, Cu	S2741
Fatty acids, total saturated	S2741
14:0	S2741
18:1 undifferentiated	S2741
20:1	S2741
15:0	S2741
Fatty acids, total trans-polyenoic	S2741
Potassium, K	S2741
6:0	S2741
16:0	S2741
20:0	S2741
22:1 c	S2741

NDB No. 04688 Salad dressing, spray-style dressing, assorted flavors

Fiber, total dietary	S4501
Energy	S4501
Iron, Fe	S4501
Fatty acids, total trans	S4501
Total lipid (fat)	S4501
Vitamin C, total ascorbic acid	S4501
Protein	S4501

NDB No. 04688 Salad dressing, spray-style dressing, assorted flavors

Cholesterol	S4501
Calcium, Ca	S4501
Carbohydrate, by difference	S4501
Sugars, total	S4501
Fatty acids, total saturated	S4501
Sodium, Na	S4501
Vitamin A, IU	S4501

NDB No. 04689 Salad Dressing, mayonnaise, light, SMART BALANCE, Omega Plus light

Maltose	S3559
Zinc, Zn	S3559
Menaquinone-4	S3559
18:3 undifferentiated	S3559
20:1	S3559
22:1 undifferentiated	S3559
24:1 c	S3559
Glucose (dextrose)	S3559
Selenium, Se	S3559
Vitamin E (alpha-tocopherol)	S3559
Vitamin B-6	S3559
18:1 undifferentiated	S3559
18:2 undifferentiated	S3559
20:4 undifferentiated	S3559
22:5 n-3 (DPA)	S3559
18:1 t	S3559
20:2 n-6 c,c	S3559
16:1 c	S3559
18:1 c	S3559
18:3 n-6 c,c,c	S3559
Fatty acids, total trans-monoenoic	S3559
18:3 n-3 c,c,c (ALA)	S3559
Total lipid (fat)	S3559
Fiber, total dietary	S3559
Phosphorus, P	S3559
Potassium, K	S3559
Tocopherol, beta	S3559

NDB No. 04689 Salad Dressing, mayonnaise, light, SMART BALANCE, Omega Plus light

Niacin	S3559
Dihydrophylloquinone	S3559
8:0	S3559
Fatty acids, total monounsaturated	S3559
15:0	S3559
18:2 t not further defined	S3559
15:1	S3559
Ash	S3559
Sucrose	S3559
Iron, Fe	S3559
Fatty acids, total saturated	S3559
10:0	S3559
12:0	S3559
17:0	S3559
20:3 n-3	S3559
Starch	S3559
Tocopherol, delta	S3559
18:4	S3559
20:5 n-3 (EPA)	S3559
Fatty acids, total polyunsaturated	S3559
24:0	S3559
20:3 undifferentiated	S3559
Vitamin B-12	S3559
16:0	S3559
16:1 undifferentiated	S3559
22:1 c	S3559
Fatty acids, total trans-polyenoic	S3559
20:3 n-6	S3559
Protein	S3559
Lactose	S3559
Water	S3559
Sugars, total	S3559
Calcium, Ca	S3559
Sodium, Na	S3559
Copper, Cu	S3559
Tocopherol, gamma	S3559
Thiamin	S3559

NDB No. 04689 Salad Dressing, mayonnaise, light, SMART BALANCE, Omega Plus light

Pantothenic acid	S3559
Fatty acids, total trans	S3559
4:0	S3559
6:0	S3559
18:0	S3559
22:0	S3559
18:2 CLAs	S3559
17:1	S3559
22:4	S3559
Fructose	S3559
Galactose	S3559
Magnesium, Mg	S3559
Manganese, Mn	S3559
Riboflavin	S3559
Vitamin K (phylloquinone)	S3559
14:0	S3559
20:0	S3559
22:6 n-3 (DHA)	S3559
14:1	S3559
16:1 t	S3559
22:1 t	S3559
18:2 n-6 c,c	S3559

NDB No. 04690 Margarine-like, vegetable oil spread, approximately 37% fat, unspecified oils, with salt, with added vitamin D

Phosphorus, P	S2741, S20
Sodium, Na	S2741, S20
Retinol	S2741
Tocopherol, delta	S2741, S3559
Thiamin	S2741
Riboflavin	S2741
18:0	S2741, S3559
18:2 undifferentiated	S2741, S3559
20:5 n-3 (EPA)	S2741, S3559
Fatty acids, total monounsaturated	S2741, S3559
18:1 t	S2741, S3559

NDB No. 04690 Margarine-like, vegetable oil spread, approximately 37% fat, unspecified oils, with salt, with added vitamin D

18:2 n-6 c,c	S2741, S3559
18:3 n-3 c,c,c (ALA)	S2741, S3559
Selenium, Se	S20
Tocopherol, gamma	S2741, S3559
Vitamin B-6	S2741, S20
Fatty acids, total trans	S2741, S3559
8:0	S2741, S3559
18:3 undifferentiated	S2741, S3559
20:1	S2741, S3559
22:1 undifferentiated	S2741, S3559
16:1 c	S2741, S3559
Fatty acids, total trans-polyenoic	S2741, S3559
15:1	S3559
20:3 n-6	S3559
Ash	S2741, S3559
Iron, Fe	S2741, S20
Copper, Cu	S2741, S20
Vitamin E (alpha-tocopherol)	S2741, S3559
Niacin	S2741
Pantothenic acid	S20
18:1 undifferentiated	S2741, S3559
18:2 i	S2741
Calcium, Ca	S2741, S20
4:0	S2741, S3559
6:0	S2741, S3559
10:0	S2741, S3559
12:0	S2741, S3559
16:0	S2741, S3559
22:6 n-3 (DHA)	S2741, S3559
16:1 undifferentiated	S2741, S3559
22:1 t	S3559
18:2 t not further defined	S3559
18:3 n-6 c,c,c	S3559
20:3 undifferentiated	S3559
22:4	S3559
Total lipid (fat)	S2741, S3559
Menaquinone-4	S2741

NDB No. 04690 Margarine-like, vegetable oil spread, approximately 37% fat, unspecified oils, with salt, with added vitamin D

Vitamin K (phylloquinone)	S2741
14:0	S2741, S3559
20:0	S2741, S3559
Phytosterols	S2741
Stigmasterol	S2741
Beta-sitosterol	S2741
16:1 t	S3559
18:1 c	S2741, S3559
Fatty acids, total trans-monoenoic	S2741, S3559
20:3 n-3	S3559
18:3i	S2741
Potassium, K	S2741, S20
Zinc, Zn	S2741, S20
Manganese, Mn	S2741, S20
20:4 undifferentiated	S2741, S3559
22:0	S2741, S3559
14:1	S3559
22:5 n-3 (DPA)	S2741, S3559
Campesterol	S2741
24:1 c	S3559
20:2 n-6 c,c	S2741, S3559
Magnesium, Mg	S2741, S20
Tocopherol, beta	S2741, S3559
Fatty acids, total saturated	S2741, S3559
18:4	S2741, S3559
17:0	S2741, S3559
24:0	S2741, S3559
18:2 CLAs	S3559
22:1 c	S2741, S3559
17:1	S2741, S3559
Protein	S2741, S3559
Water	S2741, S3559
Dihydrophylloquinone	S2741
Fatty acids, total polyunsaturated	S2741, S3559
15:0	S2741, S3559

NDB No. 04691 Margarine, regular, 80% fat, composite, stick, with salt, with added vitamin D

Protein	S3558
Fatty acids, total trans	S3558
12:0	S3558
14:0	S3558
18:2 undifferentiated	S3558
18:3 undifferentiated	S3558
14:1	S3558
16:1 undifferentiated	S3558
Phytosterols	S3558
22:1 t	S3558
18:2 t not further defined	S3558
16:1 c	S3558
20:3 n-6	S3558
Total lipid (fat)	S3558
Ash	S3558
20:1	S3558
17:0	S3558
20:3 undifferentiated	S3558
Fatty acids, total trans-monoenoic	S3558
Fatty acids, total trans-polyenoic	S3558
Tocopherol, gamma	S3558
Fatty acids, total saturated	S3558
10:0	S3558
18:0	S3558
20:5 n-3 (EPA)	S3558
15:0	S3558
18:1 c	S3558
15:1	S3558
6:0	S3558
16:0	S3558
20:0	S3558
22:0	S3558
24:0	S3558
24:1 c	S3558
Tocopherol, beta	S3558
Stigmasterol	S3558
Campesterol	S3558

NDB No. 04691 Margarine, regular, 80% fat, composite, stick, with salt, with added vitamin D

18:2 CLAs	S3558
20:3 n-3	S3558
4:0	S3558
8:0	S3558
22:5 n-3 (DPA)	S3558
22:1 c	S3558
18:3 n-3 c,c,c (ALA)	S3558
18:1 undifferentiated	S3558
22:6 n-3 (DHA)	S3558
22:1 undifferentiated	S3558
Beta-sitosterol	S3558
Fatty acids, total monounsaturated	S3558
18:3 n-6 c,c,c	S3558
17:1	S3558
Water	S3558
20:4 undifferentiated	S3558
18:4	S3558
Fatty acids, total polyunsaturated	S3558
16:1 t	S3558
18:1 t	S3558
20:2 n-6 c,c	S3558
18:2 n-6 c,c	S3558
22:4	S3558

NDB No. 04692 Margarine, regular, 80% fat, composite, tub, with salt, with added vitamin D

Total lipid (fat)	S3558
Iron, Fe	S3558
Vitamin K (phylloquinone)	S3558
Fatty acids, total trans	S3558
14:0	S3558
22:6 n-3 (DHA)	S3558
18:4	S3558
20:3 n-6	S3558
Phosphorus, P	S3558
Potassium, K	S3558
Vitamin B-6	S3558

NDB No. 04692 Margarine, regular, 80% fat, composite, tub, with salt, with added vitamin D

14:1	S3558
18:3 n-6 c,c,c	S3558
Fatty acids, total trans-monoenoic	S3558
Protein	S3558
Ash	S3558
Thiamin	S3558
Dihydrophylloquinone	S3558
Fatty acids, total saturated	S3558
18:1 undifferentiated	S3558
22:1 undifferentiated	S3558
Fatty acids, total polyunsaturated	S3558
24:1 c	S3558
22:1 c	S3558
22:4	S3558
Zinc, Zn	S3558
Manganese, Mn	S3558
Tocopherol, delta	S3558
Menaquinone-4	S3558
8:0	S3558
16:0	S3558
Phytosterols	S3558
18:2 t not further defined	S3558
15:1	S3558
Calcium, Ca	S3558
Magnesium, Mg	S3558
Niacin	S3558
18:2 undifferentiated	S3558
16:1 undifferentiated	S3558
Campesterol	S3558
22:1 t	S3558
17:1	S3558
20:3 undifferentiated	S3558
Fatty acids, total trans-polyenoic	S3558
Copper, Cu	S3558
Tocopherol, beta	S3558
Tocopherol, gamma	S3558
10:0	S3558

NDB No. 04692 Margarine, regular, 80% fat, composite, tub, with salt, with added vitamin D

12:0	S3558
20:4 undifferentiated	S3558
22:0	S3558
22:5 n-3 (DPA)	S3558
16:1 t	S3558
18:2 CLAs	S3558
16:1 c	S3558
Sodium, Na	S3558
Pantothenic acid	S3558
6:0	S3558
18:0	S3558
20:0	S3558
20:1	S3558
20:5 n-3 (EPA)	S3558
Stigmasterol	S3558
Beta-sitosterol	S3558
Fatty acids, total monounsaturated	S3558
15:0	S3558
17:0	S3558
20:2 n-6 c,c	S3558
18:1 c	S3558
18:2 n-6 c,c	S3558
Water	S3558
Vitamin E (alpha-tocopherol)	S3558
Riboflavin	S3558
4:0	S3558
18:3 undifferentiated	S3558
24:0	S3558
18:1 t	S3558
18:3 n-3 c,c,c (ALA)	S3558
20:3 n-3	S3558

NDB No. 04693 Margarine-like, vegetable oil spread, 60% fat, stick, with salt, with added vitamin D

6:0	S3558
10:0	S3558
20:0	S3558

NDB No. 04693 Margarine-like, vegetable oil spread, 60% fat, stick, with salt, with added vitamin D

18:3 undifferentiated	S3558
18:2 CLAs	S3558
20:2 n-6 c,c	S3558
20:3 n-6	S3558
Ash	S3558
12:0	S3558
16:0	S3558
22:0	S3558
18:4	S3558
22:5 n-3 (DPA)	S3558
15:0	S3558
24:0	S3558
18:1 t	S3558
Fatty acids, total trans-monoenoic	S3558
15:1	S3558
Protein	S3558
18:0	S3558
18:1 undifferentiated	S3558
20:4 undifferentiated	S3558
Fatty acids, total monounsaturated	S3558
22:1 t	S3558
20:3 n-3	S3558
Fatty acids, total saturated	S3558
18:2 undifferentiated	S3558
16:1 undifferentiated	S3558
20:5 n-3 (EPA)	S3558
Phytosterols	S3558
Beta-sitosterol	S3558
17:0	S3558
16:1 t	S3558
18:2 t not further defined	S3558
18:2 n-6 c,c	S3558
22:1 c	S3558
14:1	S3558
24:1 c	S3558
16:1 c	S3558

NDB No. 04693 Margarine-like, vegetable oil spread, 60% fat, stick, with salt, with added vitamin D

20:3 undifferentiated	S3558
Fatty acids, total trans-polyenoic	S3558
18:3 n-3 c,c,c (ALA)	S3558
Fatty acids, total trans	S3558
22:6 n-3 (DHA)	S3558
Stigmasterol	S3558
Campesterol	S3558
17:1	S3558
Total lipid (fat)	S3558
8:0	S3558
14:0	S3558
20:1	S3558
Fatty acids, total polyunsaturated	S3558
18:1 c	S3558
22:4	S3558
Water	S3558
4:0	S3558
22:1 undifferentiated	S3558
18:3 n-6 c,c,c	S3558

NDB No. 04694 Margarine-like, vegetable oil spread, 60% fat, tub, with salt, with added vitamin D

Vitamin E (alpha-tocopherol)	S3558
4:0	S3558
10:0	S3558
20:1	S3558
20:3 n-3	S3558
20:3 n-6	S3558
6:0	S3558
16:1 c	S3558
18:1 c	S3558
22:1 c	S3558
Fatty acids, total trans-monoenoic	S3558
Fatty acids, total trans-polyenoic	S3558
22:4	S3558
Protein	S3558
Water	S3558

NDB No. 04694 Margarine-like, vegetable oil spread, 60% fat, tub, with salt, with added vitamin D

Vitamin B-6	S3558
8:0	S3558
16:0	S3558
14:1	S3558
Fatty acids, total polyunsaturated	S3558
17:0	S3558
24:0	S3558
22:1 t	S3558
18:2 n-6 c,c	S3558
18:3 n-6 c,c,c	S3558
17:1	S3558
Total lipid (fat)	S3558
Ash	S3558
14:0	S3558
20:0	S3558
18:1 undifferentiated	S3558
18:2 undifferentiated	S3558
22:0	S3558
18:4	S3558
22:5 n-3 (DPA)	S3558
Fatty acids, total monounsaturated	S3558
18:1 t	S3558
18:2 t not further defined	S3558
20:2 n-6 c,c	S3558
15:1	S3558
Tocopherol, beta	S3558
Vitamin B-12	S3558
Fatty acids, total trans	S3558
Fatty acids, total saturated	S3558
12:0	S3558
18:0	S3558
20:4 undifferentiated	S3558
22:6 n-3 (DHA)	S3558
22:1 undifferentiated	S3558
15:0	S3558
18:2 CLAs	S3558
18:3 n-3 c,c,c (ALA)	S3558

NDB No. 04694 Margarine-like, vegetable oil spread, 60% fat, tub, with salt, with added vitamin D

Tocopherol, delta	S3558
18:3 undifferentiated	S3558
20:5 n-3 (EPA)	S3558
16:1 t	S3558
24:1 c	S3558
20:3 undifferentiated	S3558
Tocopherol, gamma	S3558
16:1 undifferentiated	S3558

NDB No. 04698 Oil, industrial, canola, high oleic

Total lipid (fat)	S6641
Fatty acids, total polyunsaturated	S6641
18:3 n-3 c,c,c (ALA)	S6641
18:0	S6641
18:1 undifferentiated	S6641
18:3i	S6641
22:1 undifferentiated	S6641
18:1 t	S6641
16:1 c	S6641
18:2 n-6 c,c	S6641
Fatty acids, total trans	S6641
20:0	S6641
22:0	S6641
16:1 undifferentiated	S6641
Fatty acids, total trans-monoenoic	S6641
Fatty acids, total trans-polyenoic	S6641
Fatty acids, total saturated	S6641
20:1	S6641
18:1 c	S6641
18:2 undifferentiated	S6641
18:3 undifferentiated	S6641
16:0	S6641
Fatty acids, total monounsaturated	S6641
24:0	S6641
18:2 t not further defined	S6641

NDB No. 04699 Oil, industrial, soy, low linolenic

18:2 t not further defined	S6641
18:2 n-6 c,c	S6641
18:3i	S6641
Total lipid (fat)	S6641
18:0	S6641
24:0	S6641
18:1 t	S6641
18:3 n-3 c,c,c (ALA)	S6641
14:0	S6641
22:0	S6641
18:1 c	S6641
20:0	S6641
16:0	S6641
20:1	S6641

NDB No. 04700 Oil, industrial, soy, ultra low linolenic

20:0	S6641
24:0	S6641
18:2 t not further defined	S6641
22:0	S6641
18:3i	S6641
14:0	S6641
18:0	S6641
17:0	S6641
18:1 c	S6641
17:1	S6641
18:1 t	S6641
18:3 n-3 c,c,c (ALA)	S6641
16:1 c	S6641
Total lipid (fat)	S6641
16:0	S6641
18:2 n-6 c,c	S6641

NDB No. 04701 Oil, industrial, soy, fully hydrogenated

Fatty acids, total trans	S6641
18:2 undifferentiated	S6641

NDB No. 04701 Oil, industrial, soy, fully hydrogenated

20:1	S6641
Total lipid (fat)	S6641
18:1 undifferentiated	S6641
18:3 n-3 c,c,c (ALA)	S6641
Fatty acids, total saturated	S6641
Fatty acids, total trans-polyenoic	S6641
18:0	S6641
18:1 t	S6641
18:2 t not further defined	S6641
18:1 c	S6641
18:3 undifferentiated	S6641
22:0	S6641
Fatty acids, total monounsaturated	S6641
24:0	S6641
18:3i	S6641
16:0	S6641
20:0	S6641
Fatty acids, total polyunsaturated	S6641
Fatty acids, total trans-monoenoic	S6641

NDB No. 05006 Chicken, broilers or fryers, meat and skin, raw

Choline, total	S3461
Betaine	S3461

NDB No. 05007 Chicken, broilers or fryers, meat and skin, cooked, fried, batter

Fluoride, F	D5301, D5002, D5007

NDB No. 05008 Chicken, broilers or fryers, meat and skin, cooked, fried, flour

Fluoride, F	D5301, D5002, D5007

NDB No. 05009 Chicken, broilers or fryers, meat and skin, cooked, roasted

Choline, total	S3461
Betaine	S3461

NDB No. 05009 Chicken, broilers or fryers, meat and skin, cooked, roasted

Fluoride, F	D5301, D5002, D5007

NDB No. 05011 Chicken, broilers or fryers, meat only, raw

Choline, total	S3461
Betaine	S3461

NDB No. 05013 Chicken, broilers or fryers, meat only, roasted

Betaine	S3461
Choline, total	S3461

NDB No. 05023 Chicken, gizzard, all classes, raw

Iron, Fe	S1581
Potassium, K	S1581
Copper, Cu	S1581
Tocopherol, gamma	S1581
Folate, total	S1581
Vitamin K (phylloquinone)	S1581
16:0	S1581
15:0	S1581
18:3 n-3 c,c,c (ALA)	S1581
Calcium, Ca	S1581
Carotene, beta	S1581
Pantothenic acid	S1581
Vitamin B-12	S1581
22:0	S1581
14:1	S1581
17:0	S1581
Carotene, alpha	S1581
Riboflavin	S1581
10:0	S1581
Magnesium, Mg	S1581
Cryptoxanthin, beta	S1581
Fatty acids, total trans	S1581
8:0	S1581
12:0	S1581

NDB No. 05023 Chicken, gizzard, all classes, raw

20:4 undifferentiated	S1581
Fatty acids, total monounsaturated	S1581
18:3 n-6 c,c,c	S1581
Phosphorus, P	S1581
Vitamin E (alpha-tocopherol)	S1581
Tocopherol, delta	S1581
18:2 undifferentiated	S1581
Retinol	S1581
Tocopherol, beta	S1581
Niacin	S1581
14:0	S1581
20:0	S1581
16:1 undifferentiated	S1581
15:1	S1581
Total lipid (fat)	S1581
Ash	S1581
Zinc, Zn	S1581
Manganese, Mn	S1581
Thiamin	S1581
Vitamin B-6	S1581
Cholesterol	S1581
Fatty acids, total saturated	S1581
Fatty acids, total polyunsaturated	S1581
20:2 n-6 c,c	S1581
20:3 undifferentiated	S1581
Protein	S1581
Water	S1581
Sodium, Na	S1581
Selenium, Se	S1581
Lycopene	S1581
Vitamin C, total ascorbic acid	S1581
18:0	S1581
18:1 undifferentiated	S1581
20:1	S1581

NDB No. 05024 Chicken, gizzard, all classes, cooked, simmered

NDB No. 05024 Chicken, gizzard, all classes, cooked, simmered

Total lipid (fat)	S1581
Water	S1581
Zinc, Zn	S1581
Riboflavin	S1581
18:2 undifferentiated	S1581
20:4 undifferentiated	S1581
Fatty acids, total monounsaturated	S1581
17:0	S1581
20:2 n-6 c,c	S1581
Calcium, Ca	S1581
Cryptoxanthin, beta	S1581
Pantothenic acid	S1581
Cholesterol	S1581
18:0	S1581
16:1 undifferentiated	S1581
Fatty acids, total polyunsaturated	S1581
Iron, Fe	S1581
Selenium, Se	S1581
10:0	S1581
14:0	S1581
18:1 undifferentiated	S1581
15:1	S1581
Ash	S1581
Magnesium, Mg	S1581
Sodium, Na	S1581
Retinol	S1581
Carotene, alpha	S1581
Lycopene	S1581
Thiamin	S1581
Vitamin B-12	S1581
14:1	S1581
Potassium, K	S1581
Manganese, Mn	S1581
Folate, total	S1581
8:0	S1581
16:0	S1581
15:0	S1581

NDB No. 05024 Chicken, gizzard, all classes, cooked, simmered

20:3 undifferentiated	S1581
Phosphorus, P	S1581
Carotene, beta	S1581
Vitamin B-6	S1581
12:0	S1581
22:0	S1581
18:3 n-3 c,c,c (ALA)	S1581
Protein	S1581
Tocopherol, gamma	S1581
Vitamin K (phylloquinone)	S1581
Fatty acids, total trans	S1581
20:0	S1581
Copper, Cu	S1581
Vitamin E (alpha-tocopherol)	S1581
Tocopherol, beta	S1581
Tocopherol, delta	S1581
Niacin	S1581
Fatty acids, total saturated	S1581
20:1	S1581
18:3 n-6 c,c,c	S1581

NDB No. 05027 Chicken, liver, all classes, raw

Magnesium, Mg	S1082
Phosphorus, P	S1082
Carotene, beta	S1082
Lycopene	S1082
Riboflavin	S1082
Pantothenic acid	S1082
Dihydrophylloquinone	S1082
Vitamin K (phylloquinone)	S1082
Leucine	S1082
Valine	S1082
Hydroxyproline	S1082
20:4 undifferentiated	S1082
20:1	S1082
18:2 n-6 c,c	S1082

NDB No. 05027 Chicken, liver, all classes, raw

18:3 n-6 c,c,c	S1082
Water	S1082
Calcium, Ca	S1082
Iron, Fe	S1082
Selenium, Se	S1082
Retinol	S1082
Vitamin E (alpha-tocopherol)	S1166
Vitamin B-6	S1082
Tryptophan	S1082
Cystine	S1082
Phenylalanine	S1082
Histidine	S1082
Glycine	S1082
Proline	S1082
16:0	S1082
20:3 undifferentiated	S1082
Cryptoxanthin, beta	S1082
Thiamin	S1082
Folate, total	S1166
Glutamic acid	S1082
18:1 undifferentiated	S1082
Tocopherol, delta	S1166
Vitamin B-12	S1082
Choline, total	S1082
Methionine	S1082
Tyrosine	S1082
Alanine	S1082
14:0	S1082
16:1 undifferentiated	S1082
Isoleucine	S1082
10:0	S1082
20:0	S1082
17:1	S1082
Protein	S1082
Total lipid (fat)	S1082
Potassium, K	S1082
Zinc, Zn	S1082

NDB No. 05027 Chicken, liver, all classes, raw

Copper, Cu	S1082
Carotene, alpha	S1082
Arginine	S1082
Fatty acids, total trans	S1082
8:0	S1082
18:0	S1082
15:0	S1082
15:1	S1082
Ash	S1082
Manganese, Mn	S1082
Tocopherol, beta	S1166
Tocopherol, gamma	S1166
Niacin	S1082
22:0	S1082
17:0	S1082
20:2 n-6 c,c	S1082
18:3 n-3 c,c,c (ALA)	S1082
Sodium, Na	S1082
Vitamin C, total ascorbic acid	S1082
Betaine	S1082
Threonine	S1082
Lysine	S1082
Aspartic acid	S1082
Serine	S1082
Cholesterol	S1082
12:0	S1082
14:1	S1082

NDB No. 05028 Chicken, liver, all classes, cooked, simmered

Ash	S1082
Water	S1082
Zinc, Zn	S1082
Folate, total	S1166
Isoleucine	S1082
Cystine	S1082
Fatty acids, total trans	S1082

NDB No. 05028 Chicken, liver, all classes, cooked, simmered

18:0	S1082
Total lipid (fat)	S1082
Potassium, K	S1082
Tocopherol, beta	S1166
Choline, total	S1082, S3461
Threonine	S1082
Methionine	S1082
Histidine	S1082
10:0	S1082
14:1	S1082
18:3 n-6 c,c,c	S1082
Calcium, Ca	S1082
Magnesium, Mg	S1082
Sodium, Na	S1082
Lycopene	S1082
Vitamin K (phylloquinone)	S1166, S1082
Leucine	S1082
Arginine	S1082
20:0	S1082
18:1 undifferentiated	S1082
15:1	S1082
Selenium, Se	S1082
Retinol	S1082
Carotene, alpha	S1082
Niacin	S1082
Phenylalanine	S1082
20:1	S1082
Copper, Cu	S1082
Tocopherol, delta	S1166
Vitamin B-12	S1082
Alanine	S1082
Hydroxyproline	S1082
Cholesterol	S1082
16:1 undifferentiated	S1082
17:0	S1082
20:2 n-6 c,c	S1082
17:1	S1082

NDB No. 05028 Chicken, liver, all classes, cooked, simmered

Protein	S1082
Pantothenic acid	S1082
Vitamin B-6	S1082
Lysine	S1082
Glycine	S1082
Serine	S1082
20:4 undifferentiated	S1082
Manganese, Mn	S1082
Vitamin E (alpha-tocopherol)	S1166
Cryptoxanthin, beta	S1082
Tocopherol, gamma	S1166
Thiamin	S1082
Dihydrophylloquinone	S1166, S1082
Valine	S1082
Aspartic acid	S1082
Glutamic acid	S1082
12:0	S1082
16:0	S1082
18:2 n-6 c,c	S1082
18:3 n-3 c,c,c (ALA)	S1082
Iron, Fe	S1082
Phosphorus, P	S1082
Carotene, beta	S1082
Riboflavin	S1082
Betaine	S1082, S3461
Tryptophan	S1082
Tyrosine	S1082
Proline	S1082
14:0	S1082
22:0	S1082
15:0	S1082
20:3 undifferentiated	S1082

NDB No. 05062 Chicken, broilers or fryers, breast, meat only, raw

Magnesium, Mg	S5802
Pantothenic acid	S5802

NDB No. 05062 Chicken, broilers or fryers, breast, meat only, raw

Threonine	S5802
Proline	S5802
20:4 undifferentiated	S5802
22:4	S5802
Protein	S5802
Tocopherol, gamma	S5802
Methionine	S5802
Alanine	S5802
18:1 undifferentiated	S5802
Fatty acids, total trans-monoenoic	S5802
Tocopherol, beta	S5802
Cholesterol	S5802
6:0	S5802
14:0	S5802
16:0	S5802
18:0	S5802
18:3 undifferentiated	S5802
20:5 n-3 (EPA)	S5802
22:1 undifferentiated	S5802
22:1 t	S5802
18:2 t not further defined	S5802
20:3 undifferentiated	S5802
Fatty acids, total trans-polyenoic	S5802
20:3 n-6	S5802
Phosphorus, P	S5802
Selenium, Se	S5802
Retinol	S5802
Tocopherol, delta	S5802
Tryptophan	S5802
Tyrosine	S5802
Aspartic acid	S5802
Glutamic acid	S5802
Fatty acids, total trans	S5802
18:2 undifferentiated	S5802
22:0	S5802
16:1 undifferentiated	S5802
Fatty acids, total	S5802

NDB No. 05062 Chicken, broilers or fryers, breast, meat only, raw

monounsaturated	
Fatty acids, total polyunsaturated	S5802
18:2 CLAs	S5802
18:3 n-3 c,c,c (ALA)	S5802
Ash	S5802
Niacin	S5802
Vitamin B-6	S5802
Isoleucine	S5802
Cystine	S5802
Arginine	S5802
Glycine	S5802
Fatty acids, total saturated	S5802
14:1	S5802
18:4	S5802
20:1	S5802
22:5 n-3 (DPA)	S5802
15:0	S5802
24:0	S5802
16:1 t	S5802
18:1 t	S5802
16:1 c	S5802
18:1 c	S5802
18:3 n-6 c,c,c	S5802
20:3 n-3	S5802
Total lipid (fat)	S5802
Iron, Fe	S5802
Sodium, Na	S5802
Valine	S5802
Histidine	S5802
8:0	S5802
17:0	S5802
20:2 n-6 c,c	S5802
22:1 c	S5802
Vitamin E (alpha-tocopherol)	S5802
Vitamin B-12	S5802
Leucine	S5802
Lysine	S5802

NDB No. 05062 Chicken, broilers or fryers, breast, meat only, raw

Phenylalanine	S5802
Serine	S5802
10:0	S5802
24:1 c	S5802
15:1	S5802
Water	S5802
Calcium, Ca	S5802
Potassium, K	S5802
Zinc, Zn	S5802
Copper, Cu	S5802
Manganese, Mn	S5802
Thiamin	S5802
Riboflavin	S5802
4:0	S5802
12:0	S5802
20:0	S5802
22:6 n-3 (DHA)	S5802
18:2 n-6 c,c	S5802
17:1	S5802

NDB No. 05097 Chicken, broilers or fryers, thigh, meat only, cooked, fried

Vitamin D3 (cholecalciferol)	S5805
Vitamin D	S5805

NDB No. 05106 Chicken, broilers or fryers, wing, meat only, cooked, fried

Vitamin D	S5805
Vitamin D3 (cholecalciferol)	S5805

NDB No. 05112 Chicken, roasting, meat and skin, cooked, roasted

Fluoride, F	D5301, D5002, D5007

NDB No. 05136 Chicken, capons, meat and skin, cooked, roasted

Fluoride, F	D5301, D5002, D5007

NDB No. 05166 Turkey, all classes, meat and skin, cooked, roasted

Fluoride, F	D5001

NDB No. 05173 Turkey, gizzard, all classes, raw

Total lipid (fat)	S1581
Vitamin B-12	S1581
Vitamin K (phylloquinone)	S1581
Fatty acids, total trans	S1581
Fatty acids, total saturated	S1581
20:0	S1581
22:0	S1581
Ash	S1581
Copper, Cu	S1581
Manganese, Mn	S1581
Carotene, beta	S1581
Tocopherol, gamma	S1581
Thiamin	S1581
Riboflavin	S1581
Pantothenic acid	S1581
Betaine	S1581
8:0	S1581
10:0	S1581
12:0	S1581
20:3 undifferentiated	S1581
Water	S1581
Vitamin C, total ascorbic acid	S1581
14:1	S1581
Protein	S1581
Zinc, Zn	S1581
Vitamin E (alpha-tocopherol)	S1581
Cryptoxanthin, beta	S1581
Tocopherol, delta	S1581
Choline, total	S1581
18:1 undifferentiated	S1581
Magnesium, Mg	S1581
Sodium, Na	S1581
Selenium, Se	S1581

NDB No. 05173 Turkey, gizzard, all classes, raw

Niacin	S1581
Vitamin B-6	S1581
16:0	S1581
20:4 undifferentiated	S1581
Fatty acids, total monounsaturated	S1581
17:0	S1581
18:3 n-3 c,c,c (ALA)	S1581
Folate, total	S1581
Cholesterol	S1581
20:1	S1581
18:3 n-6 c,c,c	S1581
15:1	S1581
Iron, Fe	S1581
Phosphorus, P	S1581
Potassium, K	S1581
14:0	S1581
18:0	S1581
18:2 undifferentiated	S1581
16:1 undifferentiated	S1581
Fatty acids, total polyunsaturated	S1581
15:0	S1581
Calcium, Ca	S1581
Retinol	S1581
Carotene, alpha	S1581
Lycopene	S1581
Tocopherol, beta	S1581
20:2 n-6 c,c	S1581

NDB No. 05174 Turkey, gizzard, all classes, cooked, simmered

Potassium, K	S1581
Vitamin B-6	S1581
10:0	S1581
22:0	S1581
Total lipid (fat)	S1581
Magnesium, Mg	S1581
Manganese, Mn	S1581

NDB No. 05174 Turkey, gizzard, all classes, cooked, simmered

Thiamin	S1581
Cholesterol	S1581
18:2 undifferentiated	S1581
14:1	S1581
16:1 undifferentiated	S1581
Copper, Cu	S1581
Vitamin C, total ascorbic acid	S1581
Betaine	S1581
18:0	S1581
15:0	S1581
17:0	S1581
Ash	S1581
Calcium, Ca	S1581
Iron, Fe	S1581
Selenium, Se	S1581
Vitamin E (alpha-tocopherol)	S1581
Pantothenic acid	S1581
Vitamin K (phylloquinone)	S1581
12:0	S1581
18:1 undifferentiated	S1581
20:4 undifferentiated	S1581
18:3 n-6 c,c,c	S1581
15:1	S1581
Tocopherol, beta	S1581
Tocopherol, gamma	S1581
Tocopherol, delta	S1581
Riboflavin	S1581
Fatty acids, total trans	S1581
14:0	S1581
20:1	S1581
20:2 n-6 c,c	S1581
Protein	S1581
Phosphorus, P	S1581
Zinc, Zn	S1581
Folate, total	S1581
Choline, total	S1581
20:3 undifferentiated	S1581

NDB No. 05174 Turkey, gizzard, all classes, cooked, simmered

18:3 n-3 c,c,c (ALA)	S1581
Sodium, Na	S1581
Retinol	S1581
16:0	S1581
20:0	S1581
Fatty acids, total monounsaturated	S1581
Water	S1581
Niacin	S1581
Vitamin B-12	S1581
Fatty acids, total saturated	S1581
Fatty acids, total polyunsaturated	S1581

NDB No. 05175 Turkey, heart, all classes, raw

Sodium, Na	S1581
Lycopene	S1581
Vitamin B-6	S1581
Folate, total	S1581
Vitamin B-12	S1581
Fatty acids, total saturated	S1581
20:0	S1581
Calcium, Ca	S1581
Phosphorus, P	S1581
Vitamin E (alpha-tocopherol)	S1581
Thiamin	S1581
Niacin	S1581
Pantothenic acid	S1581
18:0	S1581
18:1 undifferentiated	S1581
20:1	S1581
Copper, Cu	S1581
Tocopherol, gamma	S1581
Vitamin C, total ascorbic acid	S1581
Vitamin K (phylloquinone)	S1581
10:0	S1581
14:0	S1581
14:1	S1581

NDB No. 05175 Turkey, heart, all classes, raw

Protein	S1581
Selenium, Se	S1581
Carotene, beta	S1581
Tocopherol, beta	S1581
Tocopherol, delta	S1581
Choline, total	S1581
16:0	S1581
20:4 undifferentiated	S1581
16:1 undifferentiated	S1581
20:2 n-6 c,c	S1581
18:3 n-3 c,c,c (ALA)	S1581
Total lipid (fat)	S1581
Ash	S1581
Magnesium, Mg	S1581
Zinc, Zn	S1581
Retinol	S1581
Carotene, alpha	S1581
Cryptoxanthin, beta	S1581
Riboflavin	S1581
Cholesterol	S1581
12:0	S1581
22:0	S1581
17:0	S1581
Water	S1581
Iron, Fe	S1581
Betaine	S1581
Fatty acids, total monounsaturated	S1581
Fatty acids, total polyunsaturated	S1581
15:0	S1581
20:3 undifferentiated	S1581
15:1	S1581
Potassium, K	S1581
Fatty acids, total trans	S1581
Manganese, Mn	S1581
8:0	S1581
18:2 undifferentiated	S1581
18:3 n-6 c,c,c	S1581

NDB No. 05176 Turkey, heart, all classes, cooked, simmered

Calcium, Ca	S1581
Riboflavin	S1581
14:1	S1581
20:3 undifferentiated	S1581
15:1	S1581
Manganese, Mn	S1581
Niacin	S1581
Folate, total	S1581
Fatty acids, total trans	S1581
22:0	S1581
15:0	S1581
Ash	S1581
Iron, Fe	S1581
Sodium, Na	S1581
Retinol	S1581
Tocopherol, beta	S1581
Choline, total	S1581
10:0	S1581
18:1 undifferentiated	S1581
20:1	S1581
18:3 n-6 c,c,c	S1581
18:3 n-3 c,c,c (ALA)	S1581
Phosphorus, P	S1581
Copper, Cu	S1581
Vitamin E (alpha-tocopherol)	S1581
18:0	S1581
20:0	S1581
Fatty acids, total polyunsaturated	S1581
Water	S1581
Magnesium, Mg	S1581
14:0	S1581
20:2 n-6 c,c	S1581
Potassium, K	S1581
Zinc, Zn	S1581
Selenium, Se	S1581
Tocopherol, delta	S1581
Vitamin C, total ascorbic acid	S1581

NDB No. 05176 Turkey, heart, all classes, cooked, simmered

Vitamin B-12	S1581
Vitamin K (phylloquinone)	S1581
Fatty acids, total saturated	S1581
Protein	S1581
Total lipid (fat)	S1581
Thiamin	S1581
Pantothenic acid	S1581
Vitamin B-6	S1581
Betaine	S1581
16:0	S1581
18:2 undifferentiated	S1581
20:4 undifferentiated	S1581
Lycopene	S1581
Tocopherol, gamma	S1581
Cholesterol	S1581
12:0	S1581
16:1 undifferentiated	S1581
Fatty acids, total monounsaturated	S1581
17:0	S1581

NDB No. 05177 Turkey, liver, all classes, raw

Tocopherol, beta	S1581
20:4 undifferentiated	S1581
14:1	S1581
Fatty acids, total monounsaturated	S1581
Fatty acids, total polyunsaturated	S1581
20:2 n-6 c,c	S1581
Ash	S1581
Iron, Fe	S1581
Magnesium, Mg	S1581
Phosphorus, P	S1581
Copper, Cu	S1581
Lycopene	S1581
Tocopherol, gamma	S1581
Tocopherol, delta	S1581

NDB No. 05177 Turkey, liver, all classes, raw

Vitamin C, total ascorbic acid	S1581
Betaine	S1581
Cholesterol	S1581
8:0	S1581
18:0	S1581
15:0	S1581
20:3 undifferentiated	S1581
Calcium, Ca	S1581
Sodium, Na	S1581
Choline, total	S1581
10:0	S1581
14:0	S1581
18:1 undifferentiated	S1581
16:1 undifferentiated	S1581
Cryptoxanthin, beta	S1581
16:0	S1581
Carotene, alpha	S1581
Riboflavin	S1581
Vitamin B-6	S1581
Folate, total	S1581
20:0	S1581
18:2 undifferentiated	S1581
22:0	S1581
18:3 n-6 c,c,c	S1581
15:1	S1581
18:3 n-3 c,c,c (ALA)	S1581
Total lipid (fat)	S1581
Water	S1581
Manganese, Mn	S1581
Selenium, Se	S1581
Vitamin E (alpha-tocopherol)	S1581
Niacin	S1581
Vitamin B-12	S1581
Vitamin K (phylloquinone)	S1581
Fatty acids, total trans	S1581
Fatty acids, total saturated	S1581
12:0	S1581

NDB No. 05177 Turkey, liver, all classes, raw

17:0	S1581
Potassium, K	S1581
Zinc, Zn	S1581
Carotene, beta	S1581
Thiamin	S1581
Protein	S1581
Retinol	S1581
Pantothenic acid	S1581
20:1	S1581

NDB No. 05178 Turkey, liver, all classes, cooked, simmered

Sodium, Na	S1581
Manganese, Mn	S1581
Vitamin E (alpha-tocopherol)	S1581
Vitamin C, total ascorbic acid	S1581
Niacin	S1581
Protein	S1581
Retinol	S1581
Carotene, alpha	S1581
Folate, total	S1581
20:0	S1581
Fatty acids, total monounsaturated	S1581
17:0	S1581
18:3 n-3 c,c,c (ALA)	S1581
Lycopene	S1581
Tocopherol, beta	S1581
Thiamin	S1581
Vitamin K (phylloquinone)	S1581
10:0	S1581
12:0	S1581
14:0	S1581
20:4 undifferentiated	S1581
Fatty acids, total polyunsaturated	S1581
20:3 undifferentiated	S1581
Total lipid (fat)	S1581
Water	S1581

NDB No. 05178 Turkey, liver, all classes, cooked, simmered

Tocopherol, delta	S1581
Vitamin B-12	S1581
Betaine	S1581
8:0	S1581
16:1 undifferentiated	S1581
Magnesium, Mg	S1581
Selenium, Se	S1581
Carotene, beta	S1581
Riboflavin	S1581
Vitamin B-6	S1581
18:1 undifferentiated	S1581
18:2 undifferentiated	S1581
20:1	S1581
15:1	S1581
Ash	S1581
Calcium, Ca	S1581
Potassium, K	S1581
Choline, total	S1581
16:0	S1581
22:0	S1581
15:0	S1581
20:2 n-6 c,c	S1581
Phosphorus, P	S1581
Copper, Cu	S1581
Cryptoxanthin, beta	S1581
Tocopherol, gamma	S1581
Pantothenic acid	S1581
Fatty acids, total saturated	S1581
18:0	S1581
Iron, Fe	S1581
Zinc, Zn	S1581
Cholesterol	S1581
Fatty acids, total trans	S1581
14:1	S1581
18:3 n-6 c,c,c	S1581

NDB No. 05200 Turkey, fryer-roasters, meat and skin, cooked, roasted

Fluoride, F	D5001

NDB No. 05232 Turkey, young hen, meat and skin, cooked, roasted

Fluoride, F	D5001

NDB No. 05256 Turkey, young tom, meat and skin, cooked, roasted

Fluoride, F	D5001

NDB No. 05305 Poultry food products, ground turkey, raw

Water	S6261
Potassium, K	S6261
Tocopherol, beta	S6261
Niacin	S6261
Pantothenic acid	S6261
Vitamin B-12	S6261
Choline, total	S6261
Cystine	S6261
Tyrosine	S6261
Glycine	S6261
Hydroxyproline	S6261
Cholesterol	S6261
10:0	S6261
18:3 undifferentiated	S6261
20:1	S6261
22:5 n-3 (DPA)	S6261
24:0	S6261
18:2 t not further defined	S6261
16:1 c	S6261
22:1 c	S6261
Total lipid (fat)	S6261
Ash	S6261
Calcium, Ca	S6261
Copper, Cu	S6261
Vitamin E (alpha-tocopherol)	S6261
Betaine	S6261

NDB No. 05305 Poultry food products, ground turkey, raw

Lysine	S6261
Serine	S6261
12:0	S6261
20:4 undifferentiated	S6261
24:1 c	S6261
Protein	S6261
Magnesium, Mg	S6261
Zinc, Zn	S6261
Retinol	S6261
Thiamin	S6261
Vitamin K (phylloquinone)	D4002
14:0	S6261
22:6 n-3 (DHA)	S6261
18:2 CLAs	S6261
18:2 n-6 c,c	S6261
18:3 n-3 c,c,c (ALA)	S6261
Tocopherol, gamma	S6261
Threonine	S6261
Leucine	S6261
Phenylalanine	S6261
Arginine	S6261
Glutamic acid	S6261
4:0	S6261
16:1 undifferentiated	S6261
Fatty acids, total monounsaturated	S6261
20:2 n-6 c,c	S6261
20:3 n-3	S6261
20:3 n-6	S6261
Phosphorus, P	S6261
Manganese, Mn	S6261
Fatty acids, total saturated	S6261
6:0	S6261
14:1	S6261
18:4	S6261
15:0	S6261
16:1 t	S6261
18:1 t	S6261

NDB No. 05305 Poultry food products, ground turkey, raw

22:1 t	S6261
20:3 undifferentiated	S6261
Fatty acids, total trans-monoenoic	S6261
18:3i	S6261
Vitamin B-6	S6261
Histidine	S6261
16:0	S6261
18:2 undifferentiated	S6261
22:0	S6261
20:5 n-3 (EPA)	S6261
18:1 c	S6261
Fatty acids, total trans-polyenoic	S6261
22:4	S6261
Selenium, Se	S6261
Tocopherol, delta	S6261
Riboflavin	S6261
Isoleucine	S6261
Methionine	S6261
Alanine	S6261
Fatty acids, total trans	S6261
8:0	S6261
20:0	S6261
22:1 undifferentiated	S6261
17:0	S6261
15:1	S6261
Iron, Fe	S6261
Sodium, Na	S6261
Tryptophan	S6261
Valine	S6261
Aspartic acid	S6261
Proline	S6261
18:0	S6261
18:1 undifferentiated	S6261
Fatty acids, total polyunsaturated	S6261
18:3 n-6 c,c,c	S6261
17:1	S6261

NDB No. 05306 Poultry food products, ground turkey, cooked

Potassium, K	S6261
Riboflavin	S6261
Pantothenic acid	S6261
Glycine	S6261
Cholesterol	S6261
18:1 undifferentiated	S6261
20:1	S6261
Fatty acids, total trans-polyenoic	S6261
15:1	S6261
18:3i	S6261
Vitamin E (alpha-tocopherol)	S6261
Tocopherol, beta	S6261
Thiamin	S6261
Niacin	S6261
Valine	S6261
Fatty acids, total trans	S6261
4:0	S6261
6:0	S6261
15:0	S6261
18:1 c	S6261
22:4	S6261
Phosphorus, P	S6261
Manganese, Mn	S6261
Betaine	S6261
Tryptophan	S6261
8:0	S6261
22:6 n-3 (DHA)	S6261
20:5 n-3 (EPA)	S6261
24:1 c	S6261
16:1 c	S6261
22:1 c	S6261
Protein	S6261
Vitamin K (phylloquinone)	D4002
Threonine	S6261
Leucine	S6261
Proline	S6261
Fatty acids, total saturated	S6261

NDB No. 05306 Poultry food products, ground turkey, cooked

16:0	S6261
18:4	S6261
20:3 n-6	S6261
Ash	S6261
Calcium, Ca	S6261
Zinc, Zn	S6261
Isoleucine	S6261
Cystine	S6261
Serine	S6261
12:0	S6261
18:0	S6261
18:2 undifferentiated	S6261
20:4 undifferentiated	S6261
22:1 undifferentiated	S6261
16:1 t	S6261
22:1 t	S6261
18:2 t not further defined	S6261
20:2 n-6 c,c	S6261
18:2 n-6 c,c	S6261
18:3 n-6 c,c,c	S6261
20:3 undifferentiated	S6261
Magnesium, Mg	S6261
Copper, Cu	S6261
Vitamin B-6	S6261
Vitamin B-12	S6261
Lysine	S6261
10:0	S6261
22:0	S6261
16:1 undifferentiated	S6261
17:0	S6261
24:0	S6261
18:1 t	S6261
18:2 CLAs	S6261
Fatty acids, total trans-monoenoic	S6261
20:3 n-3	S6261
Water	S6261
Iron, Fe	S6261

NDB No. 05306 Poultry food products, ground turkey, cooked

Selenium, Se	S6261
Retinol	S6261
Tocopherol, delta	S6261
Choline, total	S6261
Phenylalanine	S6261
Tyrosine	S6261
Aspartic acid	S6261
20:0	S6261
18:3 undifferentiated	S6261
14:1	S6261
17:1	S6261
Total lipid (fat)	S6261
Sodium, Na	S6261
Tocopherol, gamma	S6261
Methionine	S6261
Arginine	S6261
Histidine	S6261
Alanine	S6261
14:0	S6261
22:5 n-3 (DPA)	S6261
Fatty acids, total monounsaturated	S6261
Fatty acids, total polyunsaturated	S6261
18:3 n-3 c,c,c (ALA)	S6261

NDB No. 05308 Chicken, cornish game hens, meat and skin, cooked, roasted

Fluoride, F	D5301, D5002, D5007

NDB No. 05312 Chicken, wing, frozen, glazed, barbecue flavored

Protein	S26
Water	S26
Magnesium, Mg	S26
Manganese, Mn	S26
Leucine	S26
Lysine	S26
Cystine	S26

NDB No. 05312 Chicken, wing, frozen, glazed, barbecue flavored

Glycine	S26
Cholesterol	S26
20:4 undifferentiated	S26
22:6 n-3 (DHA)	S26
Lactose	S26
Zinc, Zn	S26
Niacin	S26
Vitamin B-12	S26
Threonine	S26
Methionine	S26
Phenylalanine	S26
Glutamic acid	S26
18:2 undifferentiated	S26
20:5 n-3 (EPA)	S26
24:0	S26
20:2 n-6 c,c	S26
17:1	S26
Glucose (dextrose)	S26
Selenium, Se	S26
Thiamin	S26
Riboflavin	S26
Aspartic acid	S26
Proline	S26
12:0	S26
15:1	S26
Sucrose	S26
Fiber, total dietary	S26
Tocopherol, beta	S26
Tocopherol, gamma	S26
Tocopherol, delta	S26
Tryptophan	S26
Alanine	S26
14:0	S26
20:0	S26
22:5 n-3 (DPA)	S26
15:0	S26
Starch	S26

NDB No. 05312 Chicken, wing, frozen, glazed, barbecue flavored

Iron, Fe	S26
Potassium, K	S26
Sodium, Na	S26
Pantothenic acid	S26
Vitamin B-6	S26
Isoleucine	S26
16:0	S26
18:3 undifferentiated	S26
22:0	S26
Fructose	S26
Maltose	S26
Valine	S26
Serine	S26
22:1 undifferentiated	S26
20:3 undifferentiated	S26
Ash	S26
Calcium, Ca	S26
Phosphorus, P	S26
Vitamin E (alpha-tocopherol)	S26
Vitamin C, total ascorbic acid	S26
8:0	S26
10:0	S26
18:1 undifferentiated	S26
16:1 undifferentiated	S26
Total lipid (fat)	S26
Copper, Cu	S26
Retinol	S26
Folate, total	S26
Tyrosine	S26
Arginine	S26
Histidine	S26
18:0	S26
14:1	S26
18:4	S26
20:1	S26
17:0	S26

NDB No. 05313 Chicken, wing, frozen, glazed, barbecue flavored, heated (microwave)

Calcium, Ca	S26
Selenium, Se	S26
Tocopherol, delta	S26
Tyrosine	S26
Valine	S26
Aspartic acid	S26
10:0	S26
12:0	S26
20:0	S26
22:6 n-3 (DHA)	S26
15:0	S26
Starch	S26
Magnesium, Mg	S26
Vitamin B-6	S26
Vitamin B-12	S26
Glycine	S26
Serine	S26
Fatty acids, total saturated	S26
18:1 undifferentiated	S26
18:4	S26
17:1	S26
Ash	S26
Sucrose	S26
Iron, Fe	S26
Sodium, Na	S26
Zinc, Zn	S26
Thiamin	S26
Histidine	S26
18:3 undifferentiated	S26
Fatty acids, total monounsaturated	S26
24:0	S26
20:2 n-6 c,c	S26
15:1	S26
Phosphorus, P	S26
Copper, Cu	S26
Folate, total	S26
Arginine	S26

NDB No. 05313 Chicken, wing, frozen, glazed, barbecue flavored, heated (microwave)

Proline	S26
Cholesterol	S26
14:0	S26
18:0	S26
20:4 undifferentiated	S26
22:0	S26
16:1 undifferentiated	S26
Potassium, K	S26
Retinol	S26
Isoleucine	S26
Leucine	S26
Methionine	S26
Phenylalanine	S26
Glutamic acid	S26
20:1	S26
22:1 undifferentiated	S26
Fatty acids, total polyunsaturated	S26
17:0	S26
Tocopherol, gamma	S26
Niacin	S26
Pantothenic acid	S26
Threonine	S26
8:0	S26
18:2 undifferentiated	S26
14:1	S26
Protein	S26
Glucose (dextrose)	S26
Lactose	S26
Maltose	S26
Manganese, Mn	S26
Vitamin E (alpha-tocopherol)	S26
Riboflavin	S26
Lysine	S26
20:5 n-3 (EPA)	S26
Total lipid (fat)	S26
Fructose	S26
Water	S26

NDB No. 05313 Chicken, wing, frozen, glazed, barbecue flavored, heated (microwave)

Fiber, total dietary	S26
Tocopherol, beta	S26
Vitamin C, total ascorbic acid	S26
Tryptophan	S26
Cystine	S26
Alanine	S26
16:0	S26
22:5 n-3 (DPA)	S26
20:3 undifferentiated	S26

NDB No. 05314 Chicken, broilers or fryers, breast, meat only, raw, enhanced

Total lipid (fat)	S5802
Calcium, Ca	S5802
Potassium, K	S5802
Tocopherol, delta	S5802
Thiamin	S5802
Phenylalanine	S5802
8:0	S5802
14:0	S5802
18:2 undifferentiated	S5802
20:5 n-3 (EPA)	S5802
Fatty acids, total trans-monoenoic	S5802
Phosphorus, P	S5802
Sodium, Na	S5802
Arginine	S5802
Aspartic acid	S5802
22:0	S5802
18:4	S5802
20:1	S5802
Fatty acids, total monounsaturated	S5802
Fatty acids, total polyunsaturated	S5802
18:1 t	S5802
15:1	S5802
Ash	S5802
Iron, Fe	S5802

NDB No. 05314 Chicken, broilers or fryers, breast, meat only, raw, enhanced

Retinol	S5802
Tocopherol, beta	S5802
Methionine	S5802
Tyrosine	S5802
Serine	S5802
Fatty acids, total trans	S5802
18:1 undifferentiated	S5802
16:1 undifferentiated	S5802
20:2 n-6 c,c	S5802
16:1 c	S5802
22:4	S5802
Tocopherol, gamma	S5802
Riboflavin	S5802
Glycine	S5802
16:0	S5802
18:0	S5802
22:5 n-3 (DPA)	S5802
18:2 CLAs	S5802
18:3 n-6 c,c,c	S5802
Magnesium, Mg	S5802
Zinc, Zn	S5802
Selenium, Se	S5802
Niacin	S5802
Lysine	S5802
12:0	S5802
20:4 undifferentiated	S5802
22:1 undifferentiated	S5802
17:0	S5802
24:0	S5802
24:1 c	S5802
20:3 undifferentiated	S5802
Fatty acids, total trans-polyenoic	S5802
20:3 n-3	S5802
20:3 n-6	S5802
Protein	S5802
Tryptophan	S5802
Leucine	S5802

NDB No. 05314 Chicken, broilers or fryers, breast, meat only, raw, enhanced

Valine	S5802
Histidine	S5802
Glutamic acid	S5802
Fatty acids, total saturated	S5802
4:0	S5802
6:0	S5802
10:0	S5802
18:3 undifferentiated	S5802
22:6 n-3 (DHA)	S5802
15:0	S5802
18:2 n-6 c,c	S5802
17:1	S5802
Water	S5802
Copper, Cu	S5802
Vitamin E (alpha-tocopherol)	S5802
Alanine	S5802
22:1 t	S5802
18:2 t not further defined	S5802
22:1 c	S5802
18:3 n-3 c,c,c (ALA)	S5802
Manganese, Mn	S5802
Pantothenic acid	S5802
Vitamin B-6	S5802
Vitamin B-12	S5802
Threonine	S5802
Isoleucine	S5802
Cystine	S5802
Proline	S5802
Cholesterol	S5802
20:0	S5802
14:1	S5802
16:1 t	S5802
18:1 c	S5802

NDB No. 05320 Chicken, wing, frozen, glazed, barbecue flavored, heated (conventional oven)

Water	S26

NDB No. 05320 Chicken, wing, frozen, glazed, barbecue flavored, heated (conventional oven)

Iron, Fe	S26
Riboflavin	S26
20:4 undifferentiated	S26
16:1 undifferentiated	S26
20:2 n-6 c,c	S26
Protein	S26
Total lipid (fat)	S26
Starch	S26
Magnesium, Mg	S26
Phosphorus, P	S26
Vitamin E (alpha-tocopherol)	S26
Cystine	S26
Glutamic acid	S26
Proline	S26
8:0	S26
22:6 n-3 (DHA)	S26
14:1	S26
20:5 n-3 (EPA)	S26
22:5 n-3 (DPA)	S26
17:0	S26
Copper, Cu	S26
Retinol	S26
Vitamin C, total ascorbic acid	S26
Isoleucine	S26
Leucine	S26
Histidine	S26
Alanine	S26
10:0	S26
14:0	S26
18:2 undifferentiated	S26
Maltose	S26
Tocopherol, delta	S26
Thiamin	S26
Vitamin B-6	S26
Folate, total	S26
Vitamin B-12	S26
Lysine	S26

NDB No. 05320 Chicken, wing, frozen, glazed, barbecue flavored, heated (conventional oven)

Phenylalanine	S26
Valine	S26
12:0	S26
20:0	S26
Fatty acids, total polyunsaturated	S26
15:0	S26
Glucose (dextrose)	S26
Fructose	S26
Calcium, Ca	S26
Sodium, Na	S26
Manganese, Mn	S26
Arginine	S26
Glycine	S26
Serine	S26
18:4	S26
22:1 undifferentiated	S26
24:0	S26
20:3 undifferentiated	S26
Fiber, total dietary	S26
Zinc, Zn	S26
Tocopherol, beta	S26
Tyrosine	S26
Aspartic acid	S26
16:0	S26
Ash	S26
Sucrose	S26
Potassium, K	S26
Selenium, Se	S26
Pantothenic acid	S26
Tryptophan	S26
Methionine	S26
Cholesterol	S26
18:0	S26
18:1 undifferentiated	S26
18:3 undifferentiated	S26
22:0	S26
20:1	S26

NDB No. 05320 Chicken, wing, frozen, glazed, barbecue flavored, heated (conventional oven)

Fatty acids, total monounsaturated	S26
Lactose	S26
Tocopherol, gamma	S26
Niacin	S26
Threonine	S26
Fatty acids, total saturated	S26
17:1	S26
15:1	S26

NDB No. 05321 Chicken nuggets, frozen, cooked

Ash	S23
Water	S23
Iron, Fe	S23
Potassium, K	S23
Zinc, Zn	S23
Manganese, Mn	S23
Tryptophan	S26
Threonine	S26
Glycine	S26
4:0	S23
20:4 undifferentiated	S23
14:1	S23
Fiber, total dietary	S23
Thiamin	S23
Betaine	S23
Lysine	S26
Methionine	S26
Cystine	S26
Glutamic acid	S26
Magnesium, Mg	S23
Tocopherol, delta	S23
Pantothenic acid	S23
Isoleucine	S26
Valine	S26
Alanine	S26
Cholesterol	S23

NDB No. 05321 Chicken nuggets, frozen, cooked

14:0	S23
18:1 undifferentiated	S23
18:2 undifferentiated	S23
18:3 undifferentiated	S23
22:5 n-3 (DPA)	S23
15:0	S23
Calcium, Ca	S23
Copper, Cu	S23
Dihydrophylloquinone	S23
Tyrosine	S26
Arginine	S26
10:0	S23
16:0	S23
22:6 n-3 (DHA)	S23
17:0	S23
24:0	S23
Protein	S23
Tocopherol, beta	S23
Vitamin K (phylloquinone)	S23
Phenylalanine	S26
Serine	S26
12:0	S23
20:0	S23
22:0	S23
Total lipid (fat)	S23
Vitamin E (alpha-tocopherol)	S23
Tocopherol, gamma	S23
Vitamin C, total ascorbic acid	S23
Leucine	S26
Aspartic acid	S26
6:0	S23
18:0	S23
16:1 undifferentiated	S23
Phosphorus, P	S23
20:5 n-3 (EPA)	S23
Sodium, Na	S23
Selenium, Se	S23

NDB No. 05321 Chicken nuggets, frozen, cooked

Choline, total	S23
Histidine	S26
Proline	S26
8:0	S23
18:4	S23
20:1	S23
22:1 undifferentiated	S23

NDB No. 05322 Chicken nuggets, frozen, uncooked

Phosphorus, P	S23
Selenium, Se	S23
Retinol	S23
Tocopherol, beta	S23
Tocopherol, delta	S23
Lysine	S26
14:0	S23
20:0	S23
22:0	S23
16:1 undifferentiated	S23
20:1	S23
Tryptophan	S26
Tyrosine	S26
Aspartic acid	S26
Glutamic acid	S26
Serine	S26
Cholesterol	S23
18:0	S23
18:3 undifferentiated	S23
Ash	S23
Fiber, total dietary	S23
Iron, Fe	S23
Copper, Cu	S23
Vitamin E (alpha-tocopherol)	S23
Pantothenic acid	S23
Isoleucine	S26
Alanine	S26

NDB No. 05322 Chicken nuggets, frozen, uncooked

Potassium, K	S23
Zinc, Zn	S23
Vitamin K (phylloquinone)	S23
Proline	S26
6:0	S23
18:1 undifferentiated	S23
18:2 undifferentiated	S23
Protein	S23
Calcium, Ca	S23
Vitamin C, total ascorbic acid	S23
Thiamin	S23
Methionine	S26
Phenylalanine	S26
16:0	S23
24:0	S23
Total lipid (fat)	S23
Magnesium, Mg	S23
Manganese, Mn	S23
Choline, total	S23
Betaine	S23
Histidine	S26
4:0	S23
10:0	S23
22:5 n-3 (DPA)	S23
Threonine	S26
Leucine	S26
Cystine	S26
Valine	S26
Arginine	S26
8:0	S23
20:4 undifferentiated	S23
22:6 n-3 (DHA)	S23
14:1	S23
20:5 n-3 (EPA)	S23
Water	S23
Sodium, Na	S23
Tocopherol, gamma	S23

NDB No. 05322 Chicken nuggets, frozen, uncooked

Dihydrophylloquinone	S23
Glycine	S26
12:0	S23
18:4	S23
22:1 undifferentiated	S23
Fatty acids, total polyunsaturated	S23
15:0	S23
17:0	S23

NDB No. 05323 Chicken patty, frozen, uncooked

Thiamin	S23
Pantothenic acid	S23
Tryptophan	S26
Glutamic acid	S26
18:2 undifferentiated	S23
22:0	S23
18:4	S23
Total lipid (fat)	S23
Ash	S23
Zinc, Zn	S23
Retinol	S23
Vitamin E (alpha-tocopherol)	S23
Histidine	S26
18:3 undifferentiated	S23
20:1	S23
Iron, Fe	S23
Phosphorus, P	S23
Sodium, Na	S23
Selenium, Se	S23
Valine	S26
Serine	S26
16:0	S23
20:5 n-3 (EPA)	S23
22:5 n-3 (DPA)	S23
17:0	S23
24:0	S23

NDB No. 05323 Chicken patty, frozen, uncooked

Magnesium, Mg	S23
14:0	S23
Protein	S23
Calcium, Ca	S23
Threonine	S26
Leucine	S26
Methionine	S26
Cystine	S26
Phenylalanine	S26
6:0	S23
10:0	S23
Potassium, K	S23
Copper, Cu	S23
Manganese, Mn	S23
Tocopherol, gamma	S23
Isoleucine	S26
Alanine	S26
Proline	S26
8:0	S23
20:0	S23
20:4 undifferentiated	S23
22:6 n-3 (DHA)	S23
22:1 undifferentiated	S23
Water	S23
Fiber, total dietary	S23
Tocopherol, delta	S23
Vitamin C, total ascorbic acid	S23
Vitamin B-6	S23
Lysine	S26
Tyrosine	S26
Glycine	S26
Cholesterol	S23
4:0	S23
12:0	S23
18:0	S23
16:1 undifferentiated	S23
15:0	S23

NDB No. 05323 Chicken patty, frozen, uncooked

Starch	S23
Tocopherol, beta	S23
Arginine	S26
Aspartic acid	S26
18:1 undifferentiated	S23
14:1	S23

NDB No. 05324 Chicken patty, frozen, cooked

Tocopherol, beta	S23
Pantothenic acid	S23
Arginine	S26
Histidine	S26
Glutamic acid	S26
22:5 n-3 (DPA)	S23
Zinc, Zn	S23
Manganese, Mn	S23
Vitamin C, total ascorbic acid	S23
Isoleucine	S26
Lysine	S26
12:0	S23
14:0	S23
18:2 undifferentiated	S23
20:5 n-3 (EPA)	S23
Fiber, total dietary	S23
Calcium, Ca	S23
Potassium, K	S23
Vitamin E (alpha-tocopherol)	S23
Leucine	S26
20:0	S23
20:1	S23
15:0	S23
Protein	S23
Starch	S23
Iron, Fe	S23
Phosphorus, P	S23
Sodium, Na	S23

NDB No. 05324 Chicken patty, frozen, cooked

Methionine	S26
Phenylalanine	S26
16:0	S23
18:0	S23
16:1 undifferentiated	S23
Tocopherol, delta	S23
Thiamin	S23
Threonine	S26
Valine	S26
Proline	S26
24:0	S23
Total lipid (fat)	S23
Ash	S23
Copper, Cu	S23
Selenium, Se	S23
Tryptophan	S26
Cystine	S26
Alanine	S26
Cholesterol	S23
18:1 undifferentiated	S23
18:3 undifferentiated	S23
20:4 undifferentiated	S23
22:6 n-3 (DHA)	S23
18:4	S23
17:0	S23
Water	S23
Magnesium, Mg	S23
Tocopherol, gamma	S23
Tyrosine	S26
4:0	S23
8:0	S23
Vitamin B-6	S23
Aspartic acid	S26
Glycine	S26
Serine	S26
6:0	S23
10:0	S23

NDB No. 05324 Chicken patty, frozen, cooked

22:0	S23
14:1	S23
22:1 undifferentiated	S23

NDB No. 05325 Chicken breast tenders, cooked, conventional oven

Protein	S26
Maltose	S26
Fiber, total dietary	S26
Magnesium, Mg	S26
Sodium, Na	S26
Arginine	S26
14:1	S26
20:5 n-3 (EPA)	S26
Total lipid (fat)	S26
Water	S26
Calcium, Ca	S26
Potassium, K	S26
Thiamin	S26
Vitamin B-12	S26
Choline, total	S26
Vitamin K (phylloquinone)	S26
Isoleucine	S26
Cystine	S26
10:0	S26
16:1 undifferentiated	S26
20:1	S26
Zinc, Zn	S26
Betaine	S26
Tryptophan	S26
Threonine	S26
Phenylalanine	S26
Alanine	S26
Glutamic acid	S26
Proline	S26
Cholesterol	S26
14:0	S26

NDB No. 05325 Chicken breast tenders, cooked, conventional oven

20:0	S26
20:4 undifferentiated	S26
22:1 undifferentiated	S26
Manganese, Mn	S26
Niacin	S26
Pantothenic acid	S26
Folate, total	S26
Leucine	S26
16:0	S26
18:0	S26
15:0	S26
Ash	S26
Starch	S26
Vitamin B-6	S26
Valine	S26
Serine	S26
17:0	S26
17:1	S26
Tyrosine	S26
Aspartic acid	S26
6:0	S26
8:0	S26
12:0	S26
18:2 undifferentiated	S26
18:3 undifferentiated	S26
22:5 n-3 (DPA)	S26
Sucrose	S26
Fructose	S26
Sugars, total	S26
Copper, Cu	S26
Riboflavin	S26
Lysine	S26
Glycine	S26
Hydroxyproline	S26
4:0	S26
22:6 n-3 (DHA)	S26
22:0	S26

NDB No. 05325 Chicken breast tenders, cooked, conventional oven

18:4	S26
Glucose (dextrose)	S26
Lactose	S26
Galactose	S26
Iron, Fe	S26
Phosphorus, P	S26
Selenium, Se	S26
Dihydrophylloquinone	S26
Methionine	S26
Histidine	S26
18:1 undifferentiated	S26
24:0	S26

NDB No. 05326 Chicken breast tenders, cooked, microwaved

Thiamin	S26
Pantothenic acid	S26
Glutamic acid	S26
Cholesterol	S26
12:0	S26
18:2 undifferentiated	S26
Potassium, K	S26
Phenylalanine	S26
Aspartic acid	S26
8:0	S26
18:0	S26
20:0	S26
16:1 undifferentiated	S26
Copper, Cu	S26
Selenium, Se	S26
Vitamin B-6	S26
Threonine	S26
Tyrosine	S26
Histidine	S26
6:0	S26
18:4	S26
20:1	S26

NDB No. 05326 Chicken breast tenders, cooked, microwaved

17:0	S26
Total lipid (fat)	S26
Zinc, Zn	S26
Tryptophan	S26
Lysine	S26
Alanine	S26
Glycine	S26
10:0	S26
Ash	S26
Calcium, Ca	S26
Sodium, Na	S26
Manganese, Mn	S26
Riboflavin	S26
Niacin	S26
Leucine	S26
Methionine	S26
Valine	S26
4:0	S26
14:1	S26
22:1 undifferentiated	S26
Protein	S26
Water	S26
Folate, total	S26
Vitamin B-12	S26
Isoleucine	S26
Cystine	S26
Arginine	S26
16:0	S26
18:3 undifferentiated	S26
22:6 n-3 (DHA)	S26
22:0	S26
22:5 n-3 (DPA)	S26
24:0	S26
Magnesium, Mg	S26
Proline	S26
Serine	S26
18:1 undifferentiated	S26

NDB No. 05326 Chicken breast tenders, cooked, microwaved

15:0	S26
Iron, Fe	S26
Phosphorus, P	S26
14:0	S26
20:4 undifferentiated	S26
20:5 n-3 (EPA)	S26

NDB No. 05327 Chicken breast tenders, uncooked

Water	S26
Magnesium, Mg	S26
Zinc, Zn	S26
Threonine	S26
Cystine	S26
Valine	S26
6:0	S26
18:0	S26
24:0	S26
Lactose	S26
Vitamin B-6	S26
Lysine	S26
Arginine	S26
12:0	S26
22:6 n-3 (DHA)	S26
20:5 n-3 (EPA)	S26
Fiber, total dietary	S26
Calcium, Ca	S26
Phosphorus, P	S26
Potassium, K	S26
Selenium, Se	S26
Niacin	S26
Folate, total	S26
Histidine	S26
Cholesterol	S26
16:0	S26
20:0	S26
18:1 undifferentiated	S26

NDB No. 05327 Chicken breast tenders, uncooked

18:2 undifferentiated	S26
16:1 undifferentiated	S26
Starch	S26
Sugars, total	S26
Galactose	S26
Isoleucine	S26
Tyrosine	S26
8:0	S26
22:0	S26
22:1 undifferentiated	S26
Total lipid (fat)	S26
Sucrose	S26
Fructose	S26
Manganese, Mn	S26
Tryptophan	S26
Leucine	S26
Aspartic acid	S26
Serine	S26
10:0	S26
14:1	S26
15:0	S26
17:0	S26
Sodium, Na	S26
Pantothenic acid	S26
Vitamin B-12	S26
Glutamic acid	S26
Proline	S26
18:3 undifferentiated	S26
18:4	S26
22:5 n-3 (DPA)	S26
Maltose	S26
Iron, Fe	S26
Dihydrophylloquinone	S26
Vitamin K (phylloquinone)	S26
Methionine	S26
Alanine	S26
4:0	S26

NDB No. 05327 Chicken breast tenders, uncooked

14:0	S26
20:4 undifferentiated	S26
Protein	S26
Ash	S26
Glucose (dextrose)	S26
Copper, Cu	S26
Thiamin	S26
Riboflavin	S26
Phenylalanine	S26
Glycine	S26
Hydroxyproline	S26
20:1	S26

NDB No. 05332 Chicken, ground, raw

Water	S4241
Lysine	S4241
Valine	S4241
Cholesterol	S4241
10:0	S4241
18:2 undifferentiated	S4241
20:4 undifferentiated	S4241
18:1 c	S4241
18:2 n-6 c,c	S4241
Iron, Fe	S4241
Leucine	S4241
Arginine	S4241
8:0	S4241
12:0	S4241
14:1	S4241
20:1	S4241
15:1	S4241
18:3 n-3 c,c,c (ALA)	S4241
Calcium, Ca	S4241
Phosphorus, P	S4241
Sodium, Na	S4241
Glutamic acid	S4241

NDB No. 05332 Chicken, ground, raw

Proline	S4241
16:0	S4241
22:0	S4241
Fatty acids, total monounsaturated	S4241
18:2 t,t	S4241
20:3 undifferentiated	S4241
Fatty acids, total trans-monoenoic	S4241
Fatty acids, total trans-polyenoic	S4241
Zinc, Zn	S4241
Vitamin E (alpha-tocopherol)	S4241
Vitamin B-12	S4241
Tryptophan	S4241
Serine	S4241
Fatty acids, total trans	S4241
14:0	S4241
18:1 undifferentiated	S4241
Protein	S4241
Ash	S4241
Magnesium, Mg	S4241
Thiamin	S4241
Niacin	S4241
Folic acid	S4241
Folate, food	S4241
Isoleucine	S4241
Cystine	S4241
Tyrosine	S4241
Aspartic acid	S4241
Glycine	S4241
18:3 undifferentiated	S4241
15:0	S4241
17:0	S4241
17:1	S4241
Total lipid (fat)	S4241
Manganese, Mn	S4241
Selenium, Se	S4241
Retinol	S4241

NDB No. 05332 Chicken, ground, raw

Tocopherol, beta	S4241
Pantothenic acid	S4241
Folate, total	S4241
Methionine	S4241
Phenylalanine	S4241
Hydroxyproline	S4241
Fatty acids, total saturated	S4241
20:0	S4241
Fatty acids, total polyunsaturated	S4241
Copper, Cu	S4241
Tocopherol, gamma	S4241
Riboflavin	S4241
Vitamin B-6	S4241
Threonine	S4241
Alanine	S4241
18:0	S4241
16:1 undifferentiated	S4241
18:1 t	S4241
18:3 n-6 c,c,c	S4241
Potassium, K	S4241
Tocopherol, delta	S4241
Histidine	S4241
20:2 n-6 c,c	S4241

NDB No. 05333 Chicken, ground, crumbles, cooked, pan-browned

Manganese, Mn	S4241
Tocopherol, beta	S4241
Vitamin B-12	S4241
Tyrosine	S4241
Arginine	S4241
Glycine	S4241
18:2 undifferentiated	S4241
Fatty acids, total trans-monoenoic	S4241
Fatty acids, total trans-polyenoic	S4241
Leucine	S4241
Proline	S4241

NDB No. 05333 Chicken, ground, crumbles, cooked, pan-browned

20:2 n-6 c,c	S4241
18:3 n-3 c,c,c (ALA)	S4241
Water	S4241
Selenium, Se	S4241
Isoleucine	S4241
Methionine	S4241
Valine	S4241
Histidine	S4241
20:4 undifferentiated	S4241
14:1	S4241
18:2 t,t	S4241
18:3 n-6 c,c,c	S4241
Zinc, Zn	S4241
Folate, total	S4241
Lysine	S4241
Cystine	S4241
Fatty acids, total saturated	S4241
18:0	S4241
Fatty acids, total monounsaturated	S4241
18:1 t	S4241
Total lipid (fat)	S4241
Ash	S4241
Vitamin E (alpha-tocopherol)	S4241
Tocopherol, gamma	S4241
Threonine	S4241
Aspartic acid	S4241
Glutamic acid	S4241
12:0	S4241
16:1 undifferentiated	S4241
15:0	S4241
17:0	S4241
Protein	S4241
Calcium, Ca	S4241
Vitamin B-6	S4241
Folic acid	S4241
Folate, food	S4241
8:0	S4241

NDB No. 05333 Chicken, ground, crumbles, cooked, pan-browned

10:0	S4241
14:0	S4241
20:0	S4241
17:1	S4241
20:3 undifferentiated	S4241
Magnesium, Mg	S4241
Thiamin	S4241
Riboflavin	S4241
Tryptophan	S4241
16:0	S4241
18:1 undifferentiated	S4241
18:3 undifferentiated	S4241
Fatty acids, total polyunsaturated	S4241
18:2 n-6 c,c	S4241
15:1	S4241
Iron, Fe	S4241
Phosphorus, P	S4241
Potassium, K	S4241
Sodium, Na	S4241
Copper, Cu	S4241
Retinol	S4241
Tocopherol, delta	S4241
Niacin	S4241
Pantothenic acid	S4241
Phenylalanine	S4241
Alanine	S4241
Serine	S4241
Cholesterol	S4241
Fatty acids, total trans	S4241
22:0	S4241
20:1	S4241
18:1 c	S4241

NDB No. 05341 Chicken, broilers or fryers, back, meat only, cooked, rotisserie, original seasoning

Glucose (dextrose)	S4101
Iron, Fe	S4101

NDB No. 05341 Chicken, broilers or fryers, back, meat only, cooked, rotisserie, original seasoning

Carotene, beta	S4101
Carotene, alpha	S4101
Riboflavin	S4101
Folate, total	S4101
Choline, total	S4101
Betaine	S4101
Serine	S4101
Cholesterol	S4101
Fatty acids, total saturated	S4101
8:0	S4101
16:0	S4101
20:0	S4101
18:1 c	S4101
Ash	S4101
Lycopene	S4101
Dihydrophylloquinone	S4101
Isoleucine	S4101
Methionine	S4101
15:0	S4101
15:1	S4101
Fiber, total dietary	S4101
Zinc, Zn	S4101
Cryptoxanthin, beta	S4101
Vitamin K (phylloquinone)	S4101
Alanine	S4101
Glycine	S4101
Fatty acids, total trans	S4101
14:0	S4101
20:1	S4101
Fatty acids, total trans-monoenoic	S4101
Selenium, Se	S4101
Retinol	S4101
Thiamin	S4101
Tryptophan	S4101
Threonine	S4101
Phenylalanine	S4101
Tyrosine	S4101

NDB No. 05341 Chicken, broilers or fryers, back, meat only, cooked, rotisserie, original seasoning

12:0	S4101
18:0	S4101
18:2 undifferentiated	S4101
18:3 undifferentiated	S4101
20:5 n-3 (EPA)	S4101
Fatty acids, total monounsaturated	S4101
18:1 t	S4101
Total lipid (fat)	S4101
Sucrose	S4101
Maltose	S4101
Sugars, total	S4101
Magnesium, Mg	S4101
Vitamin B-12	S4101
Leucine	S4101
Aspartic acid	S4101
Proline	S4101
Hydroxyproline	S4101
18:1 undifferentiated	S4101
20:4 undifferentiated	S4101
22:6 n-3 (DHA)	S4101
18:2 n-6 c,c	S4101
20:3 undifferentiated	S4101
Galactose	S4101
Phosphorus, P	S4101
Arginine	S4101
10:0	S4101
22:0	S4101
16:1 undifferentiated	S4101
18:3 n-6 c,c,c	S4101
17:1	S4101
Fatty acids, total trans-polyenoic	S4101
Protein	S4101
Starch	S4101
Lactose	S4101
Water	S4101
Calcium, Ca	S4101
Potassium, K	S4101

NDB No. 05341 Chicken, broilers or fryers, back, meat only, cooked, rotisserie, original seasoning

Sodium, Na	S4101
Niacin	S4101
Vitamin B-6	S4101
Valine	S4101
22:5 n-3 (DPA)	S4101
17:0	S4101
24:0	S4101
20:2 n-6 c,c	S4101
22:1 c	S4101
Fructose	S4101
Copper, Cu	S4101
Manganese, Mn	S4101
Pantothenic acid	S4101
Menaquinone-4	S4101
Folate, food	S4101
Lysine	S4101
Cystine	S4101
Histidine	S4101
Glutamic acid	S4101
14:1	S4101
22:1 undifferentiated	S4101
Fatty acids, total polyunsaturated	S4101
18:2 t,t	S4101
18:3 n-3 c,c,c (ALA)	S4101

NDB No. 05342 Chicken, broilers or fryers, breast, meat only, cooked, rotisserie, original seasoning

Ash	S4101
Sugars, total	S4101
Iron, Fe	S4101
Selenium, Se	S4101
Retinol	S4101
Niacin	S4101
22:1 undifferentiated	S4101
18:2 n-6 c,c	S4101
20:3 undifferentiated	S4101
Protein	S4101

NDB No. 05342 Chicken, broilers or fryers, breast, meat only, cooked, rotisserie, original seasoning

Glucose (dextrose)	S4101
Tocopherol, delta	S4101
Thiamin	S4101
Dihydrophylloquinone	S4101
Betaine	S4101
18:0	S4101
18:3 n-3 c,c,c (ALA)	S4101
Lactose	S4101
Magnesium, Mg	S4101
Copper, Cu	S4101
Lycopene	S4101
10:0	S4101
22:6 n-3 (DHA)	S4101
22:0	S4101
20:2 n-6 c,c	S4101
18:3 n-6 c,c,c	S4101
Starch	S4101
Phosphorus, P	S4101
Carotene, alpha	S4101
Riboflavin	S4101
Pantothenic acid	S4101
Fatty acids, total saturated	S4101
14:1	S4101
16:1 undifferentiated	S4101
24:0	S4101
22:1 c	S4101
Sucrose	S4101
Maltose	S4101
Water	S4101
Carotene, beta	S4101
Tocopherol, beta	S4101
Vitamin B-6	S4101
Vitamin B-12	S4101
Choline, total	S4101
Folic acid	S4101
Folate, food	S4101
8:0	S4101

NDB No. 05342 Chicken, broilers or fryers, breast, meat only, cooked, rotisserie, original seasoning

14:0	S4101
20:1	S4101
22:5 n-3 (DPA)	S4101
18:1 c	S4101
Total lipid (fat)	S4101
Fructose	S4101
Zinc, Zn	S4101
Manganese, Mn	S4101
Vitamin E (alpha-tocopherol)	S4101
Cryptoxanthin, beta	S4101
Menaquinone-4	S4101
12:0	S4101
18:2 undifferentiated	S4101
Fatty acids, total polyunsaturated	S4101
17:1	S4101
Fatty acids, total trans-monoenoic	S4101
15:1	S4101
Fiber, total dietary	S4101
Sodium, Na	S4101
Tocopherol, gamma	S4101
Hydroxyproline	S4101
Fatty acids, total trans	S4101
16:0	S4101
20:0	S4101
18:1 undifferentiated	S4101
20:4 undifferentiated	S4101
17:0	S4101
Galactose	S4101
Calcium, Ca	S4101
Potassium, K	S4101
Folate, total	S4101
Vitamin K (phylloquinone)	S4101
Cholesterol	S4101
18:3 undifferentiated	S4101
20:5 n-3 (EPA)	S4101
Fatty acids, total monounsaturated	S4101

NDB No. 05342 Chicken, broilers or fryers, breast, meat only, cooked, rotisserie, original seasoning

15:0	S4101
18:1 t	S4101
18:2 t,t	S4101
Fatty acids, total trans-polyenoic	S4101

NDB No. 05343 Chicken, broilers or fryers, drumstick, meat only, cooked, rotisserie, original seasoning

Zinc, Zn	S4101
Cryptoxanthin, beta	S4101
Vitamin K (phylloquinone)	S4101
8:0	S4101
18:1 undifferentiated	S4101
16:1 undifferentiated	S4101
17:0	S4101
Fructose	S4101
Carotene, beta	S4101
Choline, total	S4101
Cholesterol	S4101
Fatty acids, total saturated	S4101
14:1	S4101
22:5 n-3 (DPA)	S4101
Fatty acids, total polyunsaturated	S4101
18:3 n-6 c,c,c	S4101
20:3 undifferentiated	S4101
Fatty acids, total trans-polyenoic	S4101
Sucrose	S4101
Maltose	S4101
Fiber, total dietary	S4101
Potassium, K	S4101
Vitamin E (alpha-tocopherol)	S4101
Lycopene	S4101
Tocopherol, beta	S4101
Tocopherol, gamma	S4101
Pantothenic acid	S4101
12:0	S4101
20:1	S4101
15:0	S4101

NDB No. 05343 Chicken, broilers or fryers, drumstick, meat only, cooked, rotisserie, original seasoning

Galactose	S4101
Manganese, Mn	S4101
Thiamin	S4101
Vitamin B-6	S4101
Menaquinone-4	S4101
Dihydrophylloquinone	S4101
10:0	S4101
16:0	S4101
22:0	S4101
24:0	S4101
18:2 t,t	S4101
22:1 c	S4101
17:1	S4101
Protein	S4101
Total lipid (fat)	S4101
Starch	S4101
Phosphorus, P	S4101
Niacin	S4101
Folate, total	S4101
Betaine	S4101
20:0	S4101
22:1 undifferentiated	S4101
Fatty acids, total trans-monoenoic	S4101
Water	S4101
Iron, Fe	S4101
Copper, Cu	S4101
Retinol	S4101
Carotene, alpha	S4101
Tocopherol, delta	S4101
Riboflavin	S4101
Folate, food	S4101
18:0	S4101
20:5 n-3 (EPA)	S4101
20:2 n-6 c,c	S4101
18:2 n-6 c,c	S4101
Lactose	S4101
Sugars, total	S4101

NDB No. 05343 Chicken, broilers or fryers, drumstick, meat only, cooked, rotisserie, original seasoning

Magnesium, Mg	S4101
Sodium, Na	S4101
Hydroxyproline	S4101
14:0	S4101
18:2 undifferentiated	S4101
18:3 undifferentiated	S4101
Ash	S4101
Glucose (dextrose)	S4101
Calcium, Ca	S4101
Selenium, Se	S4101
Vitamin B-12	S4101
Fatty acids, total trans	S4101
20:4 undifferentiated	S4101
22:6 n-3 (DHA)	S4101
Fatty acids, total monounsaturated	S4101
18:1 t	S4101
18:1 c	S4101
15:1	S4101
18:3 n-3 c,c,c (ALA)	S4101

NDB No. 05344 Chicken, broilers or fryers, skin only, cooked, rotisserie, original seasoning

Magnesium, Mg	S4101
Phosphorus, P	S4101
Carotene, beta	S4101
Vitamin E (alpha-tocopherol)	S4101
Tocopherol, gamma	S4101
14:0	S4101
18:1 undifferentiated	S4101
22:6 n-3 (DHA)	S4101
24:0	S4101
Lactose	S4101
Lycopene	S4101
Vitamin B-6	S4101
Folate, total	S4101
Menaquinone-4	S4101
Fatty acids, total saturated	S4101

NDB No. 05344 Chicken, broilers or fryers, skin only, cooked, rotisserie, original seasoning

12:0	S4101
16:0	S4101
18:0	S4101
20:4 undifferentiated	S4101
22:5 n-3 (DPA)	S4101
15:0	S4101
Protein	S4101
Total lipid (fat)	S4101
Sucrose	S4101
Iron, Fe	S4101
Potassium, K	S4101
Sodium, Na	S4101
Manganese, Mn	S4101
Tocopherol, delta	S4101
Choline, total	S4101
Dihydrophylloquinone	S4101
18:3 undifferentiated	S4101
16:1 undifferentiated	S4101
18:3 n-3 c,c,c (ALA)	S4101
Starch	S4101
Fructose	S4101
Selenium, Se	S4101
Vitamin C, total ascorbic acid	S4101
Vitamin B-12	S4101
Folic acid	S4101
20:0	S4101
22:1 undifferentiated	S4101
20:2 n-6 c,c	S4101
17:1	S4101
20:3 undifferentiated	S4101
Water	S4101
Calcium, Ca	S4101
Cryptoxanthin, beta	S4101
Niacin	S4101
Vitamin K (phylloquinone)	S4101
Fatty acids, total trans	S4101
18:1 c	S4101

NDB No. 05344 Chicken, broilers or fryers, skin only, cooked, rotisserie, original seasoning

Glucose (dextrose)	S4101
Copper, Cu	S4101
Tocopherol, beta	S4101
Thiamin	S4101
Pantothenic acid	S4101
Betaine	S4101
8:0	S4101
Galactose	S4101
Carotene, alpha	S4101
Riboflavin	S4101
Folate, food	S4101
Cholesterol	S4101
10:0	S4101
18:2 undifferentiated	S4101
14:1	S4101
20:1	S4101
20:5 n-3 (EPA)	S4101
17:0	S4101
18:2 t,t	S4101
18:2 n-6 c,c	S4101
22:1 c	S4101
18:3 n-6 c,c,c	S4101
Fatty acids, total trans-monoenoic	S4101
Fatty acids, total trans-polyenoic	S4101
15:1	S4101
Ash	S4101
Maltose	S4101
Sugars, total	S4101
Fiber, total dietary	S4101
Zinc, Zn	S4101
Retinol	S4101
Hydroxyproline	S4101
22:0	S4101
Fatty acids, total monounsaturated	S4101
Fatty acids, total polyunsaturated	S4101
18:1 t	S4101

NDB No. 05345 Chicken, broilers or fryers, thigh, meat only, cooked, rotisserie, original seasoning

Maltose	S4101
Iron, Fe	S4101
Zinc, Zn	S4101
Tocopherol, beta	S4101
8:0	S4101
20:1	S4101
20:5 n-3 (EPA)	S4101
22:1 undifferentiated	S4101
Fatty acids, total monounsaturated	S4101
17:1	S4101
Fatty acids, total trans-monoenoic	S4101
15:1	S4101
Manganese, Mn	S4101
Tocopherol, gamma	S4101
Vitamin B-6	S4101
Folate, food	S4101
22:6 n-3 (DHA)	S4101
16:1 undifferentiated	S4101
Fatty acids, total polyunsaturated	S4101
Fatty acids, total trans-polyenoic	S4101
Starch	S4101
Potassium, K	S4101
Copper, Cu	S4101
Tocopherol, delta	S4101
Menaquinone-4	S4101
Folic acid	S4101
Betaine	S4101
Fatty acids, total saturated	S4101
18:2 undifferentiated	S4101
18:1 t	S4101
20:3 undifferentiated	S4101
Total lipid (fat)	S4101
Carotene, beta	S4101
Cryptoxanthin, beta	S4101
Choline, total	S4101
Vitamin K (phylloquinone)	S4101

NDB No. 05345 Chicken, broilers or fryers, thigh, meat only, cooked, rotisserie, original seasoning

Fatty acids, total trans	S4101
14:0	S4101
18:0	S4101
18:1 undifferentiated	S4101
22:0	S4101
14:1	S4101
18:2 t,t	S4101
18:3 n-3 c,c,c (ALA)	S4101
Water	S4101
Niacin	S4101
Folate, total	S4101
Vitamin B-12	S4101
Cholesterol	S4101
12:0	S4101
20:2 n-6 c,c	S4101
18:2 n-6 c,c	S4101
18:3 n-6 c,c,c	S4101
Protein	S4101
Ash	S4101
Sucrose	S4101
Sugars, total	S4101
Selenium, Se	S4101
Dihydrophylloquinone	S4101
Hydroxyproline	S4101
10:0	S4101
16:0	S4101
22:5 n-3 (DPA)	S4101
17:0	S4101
Lactose	S4101
Fiber, total dietary	S4101
Calcium, Ca	S4101
Phosphorus, P	S4101
Retinol	S4101
Vitamin E (alpha-tocopherol)	S4101
Lycopene	S4101
Riboflavin	S4101
18:3 undifferentiated	S4101

NDB No. 05345 Chicken, broilers or fryers, thigh, meat only, cooked, rotisserie, original seasoning

24:0	S4101
18:1 c	S4101
22:1 c	S4101
Glucose (dextrose)	S4101
Fructose	S4101
Galactose	S4101
Magnesium, Mg	S4101
Sodium, Na	S4101
Carotene, alpha	S4101
Thiamin	S4101
Pantothenic acid	S4101
20:0	S4101
20:4 undifferentiated	S4101
15:0	S4101

NDB No. 05346 Chicken, broilers or fryers, wing, meat only, cooked, rotisserie, original seasoning

Protein	S4101
Sucrose	S4101
Fructose	S4101
Calcium, Ca	S4101
Phosphorus, P	S4101
Zinc, Zn	S4101
Menaquinone-4	S4101
Dihydrophylloquinone	S4101
Vitamin K (phylloquinone)	S4101
Hydroxyproline	S4101
10:0	S4101
Fatty acids, total polyunsaturated	S4101
20:2 n-6 c,c	S4101
Glucose (dextrose)	S4101
Galactose	S4101
Potassium, K	S4101
Sodium, Na	S4101
Lycopene	S4101
Riboflavin	S4101
Niacin	S4101

NDB No. 05346 Chicken, broilers or fryers, wing, meat only, cooked, rotisserie, original seasoning

Vitamin B-12	S4101
Betaine	S4101
14:0	S4101
Fatty acids, total monounsaturated	S4101
Fatty acids, total trans-monoenoic	S4101
Retinol	S4101
Carotene, beta	S4101
Thiamin	S4101
Cholesterol	S4101
8:0	S4101
14:1	S4101
20:1	S4101
20:5 n-3 (EPA)	S4101
22:5 n-3 (DPA)	S4101
Starch	S4101
Carotene, alpha	S4101
Folate, total	S4101
Choline, total	S4101
12:0	S4101
18:1 undifferentiated	S4101
18:3 undifferentiated	S4101
20:4 undifferentiated	S4101
17:0	S4101
18:1 t	S4101
18:1 c	S4101
22:1 c	S4101
Total lipid (fat)	S4101
Folate, food	S4101
Fatty acids, total trans	S4101
22:1 undifferentiated	S4101
Water	S4101
Fiber, total dietary	S4101
18:3 n-3 c,c,c (ALA)	S4101
Ash	S4101
Lactose	S4101
Maltose	S4101

NDB No. 05346 Chicken, broilers or fryers, wing, meat only, cooked, rotisserie, original seasoning

Copper, Cu	S4101
Manganese, Mn	S4101
Selenium, Se	S4101
18:2 undifferentiated	S4101
22:6 n-3 (DHA)	S4101
22:0	S4101
15:0	S4101
18:2 t,t	S4101
15:1	S4101
Sugars, total	S4101
Iron, Fe	S4101
Magnesium, Mg	S4101
Cryptoxanthin, beta	S4101
Pantothenic acid	S4101
Vitamin B-6	S4101
Fatty acids, total saturated	S4101
16:0	S4101
18:0	S4101
20:0	S4101
16:1 undifferentiated	S4101
24:0	S4101
18:2 n-6 c,c	S4101
18:3 n-6 c,c,c	S4101
17:1	S4101
20:3 undifferentiated	S4101
Fatty acids, total trans-polyenoic	S4101

NDB No. 05353 USDA Commodity, chicken fajita strips, frozen

Phosphorus, P	S3544
Potassium, K	S3544
Manganese, Mn	S3544
Fatty acids, total saturated	S3544
22:6 n-3 (DHA)	S3544
14:1	S3544
16:1 undifferentiated	S3544
15:1	S3544

NDB No. 05353 USDA Commodity, chicken fajita strips, frozen

Hydroxyproline	S3544
14:0	S3544
22:0	S3544
20:1	S3544
22:4	S3544
Betaine	S3544
Cholesterol	S3544
16:0	S3544
Fatty acids, total polyunsaturated	S3544
24:0	S3544
Water	S3544
Calcium, Ca	S3544
Riboflavin	S3544
Vitamin B-6	S3544
Choline, total	S3544
Folate, food	S3544
12:0	S3544
18:2 undifferentiated	S3544
18:3 undifferentiated	S3544
18:4	S3544
15:0	S3544
Protein	S3544
Ash	S3544
Pantothenic acid	S3544
22:1 undifferentiated	S3544
22:5 n-3 (DPA)	S3544
Fatty acids, total monounsaturated	S3544
24:1 c	S3544
Iron, Fe	S3544
Sodium, Na	S3544
Selenium, Se	S3544
Folate, total	S3544
Vitamin B-12	S3544
8:0	S3544
18:0	S3544
18:1 undifferentiated	S3544
20:5 n-3 (EPA)	S3544

NDB No. 05353 USDA Commodity, chicken fajita strips, frozen

Total lipid (fat)	S3544
Copper, Cu	S3544
Thiamin	S3544
Niacin	S3544
10:0	S3544
17:1	S3544
20:3 undifferentiated	S3544
21:5	S3544
Magnesium, Mg	S3544
Zinc, Zn	S3544
20:0	S3544
20:4 undifferentiated	S3544
17:0	S3544
20:2 n-6 c,c	S3544

NDB No. 05354 USDA Commodity, turkey taco meat, frozen, cooked

Vitamin B-6	S3544
Hydroxyproline	S3544
16:0	S3544
22:6 n-3 (DHA)	S3544
16:1 undifferentiated	S3544
20:5 n-3 (EPA)	S3544
22:5 n-3 (DPA)	S3544
22:4	S3544
Pantothenic acid	S3544
Folate, food	S3544
14:0	S3544
18:3 undifferentiated	S3544
18:4	S3544
20:1	S3544
20:2 n-6 c,c	S3544
21:5	S3544
Water	S3544
Phosphorus, P	S3544
Selenium, Se	S3544
10:0	S3544

NDB No. 05354 USDA Commodity, turkey taco meat, frozen, cooked

14:1	S3544
22:1 undifferentiated	S3544
17:0	S3544
24:1 c	S3544
17:1	S3544
20:3 undifferentiated	S3544
15:1	S3544
Ash	S3544
Zinc, Zn	S3544
Copper, Cu	S3544
Thiamin	S3544
Folate, total	S3544
8:0	S3544
12:0	S3544
18:0	S3544
22:0	S3544
24:0	S3544
Niacin	S3544
Vitamin B-12	S3544
Fatty acids, total saturated	S3544
18:2 undifferentiated	S3544
Fatty acids, total polyunsaturated	S3544
15:0	S3544
Protein	S3544
Magnesium, Mg	S3544
Potassium, K	S3544
Sodium, Na	S3544
Choline, total	S3544
Betaine	S3544
18:1 undifferentiated	S3544
20:4 undifferentiated	S3544
Total lipid (fat)	S3544
Manganese, Mn	S3544
Riboflavin	S3544
20:0	S3544
Calcium, Ca	S3544
Iron, Fe	S3544

NDB No. 05354 USDA Commodity, turkey taco meat, frozen, cooked

Cholesterol	S3544
Fatty acids, total monounsaturated	S3544

NDB No. 05623 Emu, fan fillet, raw

Magnesium, Mg	D4282
Ash	D4282
Protein	D4282
Water	D4282
Calcium, Ca	D4282
Iron, Fe	D4282
Potassium, K	D4282
Zinc, Zn	D4282
Fatty acids, total polyunsaturated	D4282
Fatty acids, total monounsaturated	D4282
Fatty acids, total saturated	D4282
Total lipid (fat)	D4282
Sodium, Na	D4282
Cholesterol	D4282

NDB No. 05624 Emu, fan fillet, cooked, broiled

Manganese, Mn	S3
Cholesterol	S3
Water	S3
Sodium, Na	S3
Zinc, Zn	S3
Iron, Fe	S3
Magnesium, Mg	S3
Protein	S3
Total lipid (fat)	S3
Ash	S3
Copper, Cu	S3
Calcium, Ca	S3
Phosphorus, P	S3
Potassium, K	S3

NDB No. 05625 Emu, flat fillet, raw

Water	D4282
Sodium, Na	D4282
Total lipid (fat)	D4282
Ash	D4282
Calcium, Ca	D4282
Iron, Fe	D4282
Potassium, K	D4282
Cholesterol	D4282
Protein	D4282
Magnesium, Mg	D4282
Zinc, Zn	D4282

NDB No. 05626 Emu, full rump, raw

Potassium, K	D4281, D4282
18:0	D4281
16:1 undifferentiated	D4281
15:0	D4281
Protein	D4281, D4282
Water	D4281, D4282
Calcium, Ca	D4281, D4282
Sodium, Na	D4281, D4282
20:0	D4281
18:3 undifferentiated	D4281
22:1 undifferentiated	D4281
17:0	D4281
17:1	D4281
Ash	D4281, D4282
20:5 n-3 (EPA)	D4281
24:0	D4281
Iron, Fe	D4281, D4282
Zinc, Zn	D4281, D4282
Thiamin	D4281
Vitamin B-12	D4281
20:4 undifferentiated	D4281
Vitamin A, IU	D4281
18:1 undifferentiated	D4281

NDB No. 05626 Emu, full rump, raw

14:1	D4281
20:2 n-6 c,c	D4281
Magnesium, Mg	D4282
18:2 undifferentiated	D4281
22:6 n-3 (DHA)	D4281
20:1	D4281
Total lipid (fat)	D4281, D4282
Vitamin C, total ascorbic acid	D4281
Cholesterol	D4282
14:0	D4281
Retinol	D4281
16:0	D4281
22:0	D4281

NDB No. 05627 Emu, full rump, cooked, broiled

Vitamin B-12	D4282
22:6 n-3 (DHA)	D4282
14:1	D4282
20:1	D4282
17:0	D4282
24:0	D4282
Water	D4282
Potassium, K	D4282
22:0	D4282
Protein	D4282
Total lipid (fat)	D4282
18:0	D4282
17:1	D4282
Cholesterol	D4282
20:0	D4282
18:1 undifferentiated	D4282
18:2 undifferentiated	D4282
18:3 undifferentiated	D4282
16:1 undifferentiated	D4282
22:1 undifferentiated	D4282
Retinol	D4282

NDB No. 05627 Emu, full rump, cooked, broiled

Ash	D4282
Zinc, Zn	D4282
16:0	D4282
20:4 undifferentiated	D4282
Calcium, Ca	D4282
Iron, Fe	D4282
Sodium, Na	D4282
Vitamin C, total ascorbic acid	D4282
15:0	D4282
20:2 n-6 c,c	D4282
Thiamin	D4282
14:0	D4282
20:5 n-3 (EPA)	D4282

NDB No. 05628 Emu, inside drum, raw

14:1	D4281
16:1 undifferentiated	D4281
20:2 n-6 c,c	D4281
Water	D4281, D4282
Retinol	D4281
20:0	D4281
Vitamin A, IU	D4281
18:0	D4281
18:1 undifferentiated	D4281
18:3 undifferentiated	D4281
20:4 undifferentiated	D4281
Total lipid (fat)	D4281, D4282
Magnesium, Mg	D4282
Cholesterol	D4282
14:0	D4281
15:0	D4281
24:0	D4281
Zinc, Zn	D4281, D4282
17:0	D4281
Protein	D4281, D4282
Ash	D4281, D4282

NDB No. 05628 Emu, inside drum, raw

Calcium, Ca	D4281, D4282
Potassium, K	D4281, D4282
Vitamin C, total ascorbic acid	D4281
Vitamin B-12	D4281
22:0	D4281
20:1	D4281
22:1 undifferentiated	D4281
Iron, Fe	D4281, D4282
Sodium, Na	D4281, D4282
Thiamin	D4281
16:0	D4281
18:2 undifferentiated	D4281
22:6 n-3 (DHA)	D4281
20:5 n-3 (EPA)	D4281
17:1	D4281

NDB No. 05629 Emu, inside drums, cooked, broiled

20:0	D4281
22:1 undifferentiated	D4281
Protein	D4281
Ash	D4281
Total lipid (fat)	D4281
Iron, Fe	D4281
Thiamin	D4281
Vitamin B-12	D4281
14:0	D4281
18:2 undifferentiated	D4281
16:1 undifferentiated	D4281
15:0	D4281
24:0	D4281
Zinc, Zn	D4281
16:0	D4281
22:0	D4281
20:1	D4281
Water	D4281
Calcium, Ca	D4281

NDB No. 05629 Emu, inside drums, cooked, broiled

18:3 undifferentiated	D4281
20:5 n-3 (EPA)	D4281
Potassium, K	D4281
Sodium, Na	D4281
Retinol	D4281
Vitamin C, total ascorbic acid	D4281
18:0	D4281
18:1 undifferentiated	D4281
20:4 undifferentiated	D4281
17:1	D4281
22:6 n-3 (DHA)	D4281
14:1	D4281
17:0	D4281
20:2 n-6 c,c	D4281

NDB No. 05630 Emu, outside drum, raw

Calcium, Ca	D4282
Cholesterol	D4282
Ash	D4282
Water	D4282
Iron, Fe	D4282
Potassium, K	D4282
Protein	D4282
Total lipid (fat)	D4282
Sodium, Na	D4282
Magnesium, Mg	D4282
Zinc, Zn	D4282

NDB No. 05631 Emu, oyster, raw

Magnesium, Mg	D4282
Sodium, Na	D4282
Zinc, Zn	D4282
Cholesterol	D4282
Protein	D4282
Iron, Fe	D4282
Potassium, K	D4282

NDB No. 05631 Emu, oyster, raw

Ash	D4282
Water	D4282
Total lipid (fat)	D4282
Calcium, Ca	D4282

NDB No. 05632 Emu, top loin, cooked, broiled

Total lipid (fat)	S3
Calcium, Ca	S3
Manganese, Mn	S3
Cholesterol	S3
Protein	S3
Ash	S3
Iron, Fe	S3
Sodium, Na	S3
Potassium, K	S3
Copper, Cu	S3
Water	S3
Magnesium, Mg	S3
Phosphorus, P	S3
Zinc, Zn	S3

NDB No. 05643 Ostrich, fan, raw

14:0	D4301
16:0	D4301
18:0	D4301
18:3 undifferentiated	D4301
Sodium, Na	D4301
Total lipid (fat)	D4301
Water	D4301
Calcium, Ca	D4301
Iron, Fe	D4301
18:2 undifferentiated	D4301
20:4 undifferentiated	D4301
Protein	D4301
18:1 undifferentiated	D4301
16:1 undifferentiated	D4301

NDB No. 05643 Ostrich, fan, raw

Cholesterol	D4301

NDB No. 05644 Ostrich, inside leg, raw

16:0	D4301
18:0	D4301
Total lipid (fat)	D4301
18:2 undifferentiated	D4301
Sodium, Na	D4301
18:3 undifferentiated	D4301
20:4 undifferentiated	D4301
16:1 undifferentiated	D4301
Protein	D4301
Water	D4301
14:0	D4301
18:1 undifferentiated	D4301
Iron, Fe	D4301
Calcium, Ca	D4301
Cholesterol	D4301

NDB No. 05645 Ostrich, inside leg, cooked

Iron, Fe	D4301
16:1 undifferentiated	D4301
Water	D4301
Calcium, Ca	D4301
Sodium, Na	D4301
Protein	D4301
Total lipid (fat)	D4301
20:4 undifferentiated	D4301
Cholesterol	D4301
16:0	D4301
18:3 undifferentiated	D4301
14:0	D4301
18:1 undifferentiated	D4301
18:0	D4301
18:2 undifferentiated	D4301

NDB No. 05646 Ostrich, inside strip, raw

Sodium, Na	D4301
14:1	D4301
Total lipid (fat)	D4301
18:0	D4301
18:3 undifferentiated	D4301
20:5 n-3 (EPA)	D4301
16:0	D4301
20:2 n-6 c,c	D4301
18:2 undifferentiated	D4301
22:6 n-3 (DHA)	D4301
20:1	D4301
17:1	D4301
Protein	D4301
Ash	D4301
Iron, Fe	D4301
Cholesterol	D4301
12:0	D4301
20:4 undifferentiated	D4301
16:1 undifferentiated	D4301
Water	D4301
15:0	D4301
17:0	D4301
Calcium, Ca	D4301
14:0	D4301
18:1 undifferentiated	D4301
22:0	D4301

NDB No. 05647 Ostrich, inside strip, cooked

Sodium, Na	D4301
14:0	D4301
Calcium, Ca	D4301
Iron, Fe	D4301
16:1 undifferentiated	D4301
16:0	D4301
Protein	D4301
18:3 undifferentiated	D4301

NDB No. 05647 Ostrich, inside strip, cooked

20:4 undifferentiated	D4301
Total lipid (fat)	D4301
Water	D4301
18:0	D4301
Cholesterol	D4301
18:1 undifferentiated	D4301
18:2 undifferentiated	D4301

NDB No. 05648 Ostrich, outside leg, raw

Protein	D4301
Sodium, Na	D4301
20:4 undifferentiated	D4301
Total lipid (fat)	D4301
Water	D4301
18:3 undifferentiated	D4301
16:1 undifferentiated	D4301
14:0	D4301
18:1 undifferentiated	D4301
Cholesterol	D4301
18:0	D4301
Calcium, Ca	D4301
16:0	D4301
Iron, Fe	D4301
18:2 undifferentiated	D4301

NDB No. 05649 Ostrich, outside strip, raw

22:6 n-3 (DHA)	D4301
20:2 n-6 c,c	D4301
Total lipid (fat)	D4301
Calcium, Ca	D4301
16:0	D4301
18:0	D4301
12:0	D4301
18:2 undifferentiated	D4301
18:3 undifferentiated	D4301
22:0	D4301

NDB No. 05649 Ostrich, outside strip, raw

Water	D4301
15:0	D4301
Sodium, Na	D4301
20:4 undifferentiated	D4301
Iron, Fe	D4301
14:1	D4301
16:1 undifferentiated	D4301
20:1	D4301
20:5 n-3 (EPA)	D4301
17:1	D4301
14:0	D4301
17:0	D4301
Protein	D4301
Ash	D4301
Cholesterol	D4301
18:1 undifferentiated	D4301

NDB No. 05650 Ostrich, outside strip, cooked

Total lipid (fat)	D4301
18:0	D4301
20:4 undifferentiated	D4301
Calcium, Ca	D4301
Protein	D4301
14:0	D4301
Sodium, Na	D4301
16:1 undifferentiated	D4301
Water	D4301
18:1 undifferentiated	D4301
18:3 undifferentiated	D4301
Iron, Fe	D4301
Cholesterol	D4301
16:0	D4301
18:2 undifferentiated	D4301

NDB No. 05651 Ostrich, oyster, raw

Calcium, Ca	D4301

NDB No. 05651 Ostrich, oyster, raw

18:1 undifferentiated	D4301
Iron, Fe	D4301
Sodium, Na	D4301
18:0	D4301
16:1 undifferentiated	D4301
Total lipid (fat)	D4301
14:0	D4301
20:4 undifferentiated	D4301
Water	D4301
18:2 undifferentiated	D4301
Cholesterol	D4301
16:0	D4301
Protein	D4301
18:3 undifferentiated	D4301

NDB No. 05652 Ostrich, oyster, cooked

20:4 undifferentiated	D4301
18:1 undifferentiated	D4301
Water	D4301
Calcium, Ca	D4301
18:0	D4301
Protein	D4301
Iron, Fe	D4301
18:2 undifferentiated	D4301
14:0	D4301
18:3 undifferentiated	D4301
Total lipid (fat)	D4301
Sodium, Na	D4301
16:1 undifferentiated	D4301
Cholesterol	D4301
16:0	D4301

NDB No. 05653 Ostrich, round, raw

Total lipid (fat)	D4301
Calcium, Ca	D4301
Iron, Fe	D4301

NDB No. 05653 Ostrich, round, raw

18:2 undifferentiated	D4301
14:0	D4301
18:1 undifferentiated	D4301
16:1 undifferentiated	D4301
Water	D4301
Sodium, Na	D4301
16:0	D4301
18:3 undifferentiated	D4301
Cholesterol	D4301
20:4 undifferentiated	D4301
18:0	D4301
Protein	D4301

NDB No. 05654 Ostrich, tenderloin, raw

Total lipid (fat)	D4301
Sodium, Na	D4301
Cholesterol	D4301
18:1 undifferentiated	D4301
Water	D4301
20:4 undifferentiated	D4301
Iron, Fe	D4301
14:0	D4301
16:0	D4301
Protein	D4301
Calcium, Ca	D4301
18:0	D4301
18:2 undifferentiated	D4301
16:1 undifferentiated	D4301
18:3 undifferentiated	D4301

NDB No. 05655 Ostrich, tip trimmed, raw

Calcium, Ca	D4301
Cholesterol	D4301
Iron, Fe	D4301
18:2 undifferentiated	D4301
20:4 undifferentiated	D4301

NDB No. 05655 Ostrich, tip trimmed, raw

18:0	D4301
18:1 undifferentiated	D4301
18:3 undifferentiated	D4301
Protein	D4301
Water	D4301
14:0	D4301
16:0	D4301
16:1 undifferentiated	D4301
Total lipid (fat)	D4301
Sodium, Na	D4301

NDB No. 05656 Ostrich, tip trimmed, cooked

18:0	D4301
Cholesterol	D4301
Sodium, Na	D4301
18:3 undifferentiated	D4301
20:4 undifferentiated	D4301
Protein	D4301
Total lipid (fat)	D4301
18:2 undifferentiated	D4301
Water	D4301
16:0	D4301
18:1 undifferentiated	D4301
16:1 undifferentiated	D4301
Calcium, Ca	D4301
Iron, Fe	D4301
14:0	D4301

NDB No. 05657 Ostrich, top loin, raw

14:0	D4301
18:3 undifferentiated	D4301
Calcium, Ca	D4301
Total lipid (fat)	D4301
18:1 undifferentiated	D4301
16:1 undifferentiated	D4301
Protein	D4301

NDB No. 05657 Ostrich, top loin, raw

Cholesterol	D4301
16:0	D4301
18:0	D4301
Iron, Fe	D4301
Sodium, Na	D4301
20:4 undifferentiated	D4301
18:2 undifferentiated	D4301
Water	D4301

NDB No. 05658 Ostrich, top loin, cooked

16:0	D4301
18:2 undifferentiated	D4301
Protein	D4301
Total lipid (fat)	D4301
Iron, Fe	D4301
14:0	D4301
18:1 undifferentiated	D4301
16:1 undifferentiated	D4301
Water	D4301
20:4 undifferentiated	D4301
Calcium, Ca	D4301
Sodium, Na	D4301
Cholesterol	D4301
18:0	D4301
18:3 undifferentiated	D4301

NDB No. 05661 Chicken, liver, all classes, cooked, pan-fried

Iron, Fe	S1082
Potassium, K	S1082
Selenium, Se	S1082
Retinol	S1082
Tryptophan	S1082
Leucine	S1082
10:0	S1082
20:0	S1082
18:2 n-6 c,c	S1082

NDB No. 05661 Chicken, liver, all classes, cooked, pan-fried

18:3 n-6 c,c,c	S1082
Ash	S1082
Sodium, Na	S1082
Copper, Cu	S1082
Manganese, Mn	S1082
Betaine	S1082
Lysine	S1082
Methionine	S1082
Phenylalanine	S1082
Alanine	S1082
12:0	S1082
14:0	S1082
14:1	S1082
20:1	S1082
17:1	S1082
Pantothenic acid	S1082
Vitamin B-6	S1082
Dihydrophylloquinone	S1082
Vitamin K (phylloquinone)	S1082
Tyrosine	S1082
Serine	S1082
18:1 undifferentiated	S1082
22:0	S1082
17:0	S1082
20:2 n-6 c,c	S1082
15:1	S1082
Total lipid (fat)	S1082
Magnesium, Mg	S1082
Vitamin E (alpha-tocopherol)	S1166
Thiamin	S1082
Isoleucine	S1082
Cystine	S1082
Glutamic acid	S1082
Cholesterol	S1082
8:0	S1082
Phosphorus, P	S1082
Lycopene	S1082

NDB No. 05661 Chicken, liver, all classes, cooked, pan-fried

Tocopherol, beta	S1166
Vitamin C, total ascorbic acid	S1082
Folate, total	S1166
Choline, total	S1082
Threonine	S1082
Histidine	S1082
Aspartic acid	S1082
18:0	S1082
20:4 undifferentiated	S1082
16:1 undifferentiated	S1082
Zinc, Zn	S1082
Carotene, beta	S1082
Carotene, alpha	S1082
Tocopherol, gamma	S1166
Tocopherol, delta	S1166
Vitamin B-12	S1082
Arginine	S1082
Hydroxyproline	S1082
15:0	S1082
Protein	S1082
Water	S1082
Riboflavin	S1082
16:0	S1082
20:3 undifferentiated	S1082
Calcium, Ca	S1082
Cryptoxanthin, beta	S1082
Niacin	S1082
Valine	S1082
Glycine	S1082
Proline	S1082
Fatty acids, total trans	S1082
4:0	S1082
18:3 n-3 c,c,c (ALA)	S1082

NDB No. 05662 Ground Turkey, fat free, raw

Manganese, Mn	S6261

NDB No. 05662 Ground Turkey, fat free, raw

Vitamin D (D2 + D3)	D7585
Tocopherol, gamma	S6261
Methionine	S6261
Arginine	S6261
Glutamic acid	S6261
Cholesterol	S6261
8:0	S6261
16:0	S6261
20:0	S6261
20:4 undifferentiated	S6261
16:1 undifferentiated	S6261
Fatty acids, total monounsaturated	S6261
Iron, Fe	S6261
Sodium, Na	S6261
Zinc, Zn	S6261
Vitamin K (phylloquinone)	D4002
Tryptophan	S6261
Threonine	S6261
Cystine	S6261
Tyrosine	S6261
Fatty acids, total saturated	S6261
18:1 undifferentiated	S6261
22:5 n-3 (DPA)	S6261
Fatty acids, total polyunsaturated	S6261
18:3i	S6261
Riboflavin	S6261
Pantothenic acid	S6261
Lysine	S6261
Aspartic acid	S6261
10:0	S6261
14:1	S6261
22:1 undifferentiated	S6261
18:1 c	S6261
22:1 c	S6261
Fatty acids, total trans-polyenoic	S6261
Water	S6261
Calcium, Ca	S6261

NDB No. 05662 Ground Turkey, fat free, raw

Selenium, Se	S6261
Tocopherol, delta	S6261
Niacin	S6261
Alanine	S6261
Glycine	S6261
Proline	S6261
20:1	S6261
18:2 t not further defined	S6261
20:3 undifferentiated	S6261
20:3 n-3	S6261
22:4	S6261
Ash	S6261
Potassium, K	S6261
Vitamin E (alpha-tocopherol)	S6261
Thiamin	S6261
Vitamin B-6	S6261
Phenylalanine	S6261
Serine	S6261
4:0	S6261
18:0	S6261
24:1 c	S6261
17:1	S6261
18:3 n-3 c,c,c (ALA)	S6261
20:3 n-6	S6261
Total lipid (fat)	S6261
Phosphorus, P	S6261
Retinol	S6261
Betaine	S6261
Isoleucine	S6261
Valine	S6261
Histidine	S6261
12:0	S6261
18:2 undifferentiated	S6261
18:3 undifferentiated	S6261
22:6 n-3 (DHA)	S6261
20:5 n-3 (EPA)	S6261
15:0	S6261

NDB No. 05662 Ground Turkey, fat free, raw

24:0	S6261
16:1 c	S6261
18:3 n-6 c,c,c	S6261
Tocopherol, beta	S6261
Vitamin B-12	S6261
Leucine	S6261
Hydroxyproline	S6261
6:0	S6261
22:0	S6261
17:0	S6261
22:1 t	S6261
20:2 n-6 c,c	S6261
Fatty acids, total trans-monoenoic	S6261
Protein	S6261
Magnesium, Mg	S6261
Copper, Cu	S6261
Choline, total	S6261
Fatty acids, total trans	S6261
14:0	S6261
18:4	S6261
16:1 t	S6261
18:1 t	S6261
18:2 CLAs	S6261
18:2 n-6 c,c	S6261
15:1	S6261

NDB No. 05663 Ground turkey, fat free, pan-broiled crumbles

Potassium, K	S6261
Copper, Cu	S6261
Manganese, Mn	S6261
Tocopherol, beta	S6261
Isoleucine	S6261
Lysine	S6261
Glycine	S6261
Fatty acids, total trans	S6261
Fatty acids, total saturated	S6261

NDB No. 05663 Ground turkey, fat free, pan-broiled crumbles

12:0	S6261
18:0	S6261
18:2 undifferentiated	S6261
Fatty acids, total polyunsaturated	S6261
18:1 t	S6261
18:3 n-6 c,c,c	S6261
Sodium, Na	S6261
Vitamin E (alpha-tocopherol)	S6261
Methionine	S6261
Cystine	S6261
Phenylalanine	S6261
Glutamic acid	S6261
4:0	S6261
8:0	S6261
14:0	S6261
20:4 undifferentiated	S6261
14:1	S6261
20:1	S6261
20:2 n-6 c,c	S6261
16:1 c	S6261
18:1 c	S6261
17:1	S6261
Water	S6261
Vitamin D (D2 + D3)	D7585
Thiamin	S6261
Pantothenic acid	S6261
Vitamin B-6	S6261
Serine	S6261
6:0	S6261
16:0	S6261
17:0	S6261
18:2 t not further defined	S6261
22:1 c	S6261
Iron, Fe	S6261
Magnesium, Mg	S6261
Phosphorus, P	S6261
Zinc, Zn	S6261

NDB No. 05663 Ground turkey, fat free, pan-broiled crumbles

Tryptophan	S6261
10:0	S6261
18:4	S6261
16:1 t	S6261
22:1 t	S6261
20:3 undifferentiated	S6261
Protein	S6261
Vitamin D3 (cholecalciferol)	D7585
Vitamin K (phylloquinone)	D4002
Alanine	S6261
Aspartic acid	S6261
16:1 undifferentiated	S6261
18:2 CLAs	S6261
18:2 n-6 c,c	S6261
Fatty acids, total trans-monoenoic	S6261
15:1	S6261
18:3i	S6261
Total lipid (fat)	S6261
Calcium, Ca	S6261
Tocopherol, delta	S6261
Riboflavin	S6261
Vitamin B-12	S6261
Leucine	S6261
Histidine	S6261
Proline	S6261
Cholesterol	S6261
20:0	S6261
18:1 undifferentiated	S6261
18:3 undifferentiated	S6261
22:1 undifferentiated	S6261
20:3 n-6	S6261
Ash	S6261
Tocopherol, gamma	S6261
Niacin	S6261
Arginine	S6261
22:6 n-3 (DHA)	S6261
22:0	S6261

NDB No. 05663 Ground turkey, fat free, pan-broiled crumbles

22:5 n-3 (DPA)	S6261
24:1 c	S6261
Fatty acids, total trans-polyenoic	S6261
18:3 n-3 c,c,c (ALA)	S6261
20:3 n-3	S6261
Selenium, Se	S6261
Retinol	S6261
Threonine	S6261
Tyrosine	S6261
Valine	S6261
20:5 n-3 (EPA)	S6261
Fatty acids, total monounsaturated	S6261
15:0	S6261
24:0	S6261
22:4	S6261

NDB No. 05664 Ground turkey, fat free, patties, broiled

Iron, Fe	S6261
Cystine	S6261
14:0	S6261
16:1 undifferentiated	S6261
Fatty acids, total trans-polyenoic	S6261
20:3 n-3	S6261
18:3i	S6261
Ash	S6261
Zinc, Zn	S6261
Tocopherol, beta	S6261
Vitamin B-12	S6261
Threonine	S6261
Methionine	S6261
16:0	S6261
18:0	S6261
15:0	S6261
20:2 n-6 c,c	S6261
22:1 c	S6261
20:3 undifferentiated	S6261

NDB No. 05664 Ground turkey, fat free, patties, broiled

Protein	S6261
Copper, Cu	S6261
Vitamin D (D2 + D3)	D7585
Tocopherol, gamma	S6261
Pantothenic acid	S6261
Valine	S6261
Glutamic acid	S6261
4:0	S6261
8:0	S6261
22:6 n-3 (DHA)	S6261
20:5 n-3 (EPA)	S6261
22:1 undifferentiated	S6261
22:1 t	S6261
17:1	S6261
Fatty acids, total trans-monoenoic	S6261
Water	S6261
Potassium, K	S6261
Sodium, Na	S6261
Manganese, Mn	S6261
Vitamin D3 (cholecalciferol)	D7585
Niacin	S6261
Vitamin K (phylloquinone)	D4002
Lysine	S6261
Tyrosine	S6261
Glycine	S6261
Proline	S6261
Serine	S6261
6:0	S6261
10:0	S6261
20:1	S6261
22:5 n-3 (DPA)	S6261
16:1 t	S6261
18:1 t	S6261
18:2 t not further defined	S6261
20:3 n-6	S6261
Riboflavin	S6261
Vitamin B-6	S6261

NDB No. 05664 Ground turkey, fat free, patties, broiled

Cholesterol	S6261
Fatty acids, total trans	S6261
12:0	S6261
14:1	S6261
Fatty acids, total polyunsaturated	S6261
17:0	S6261
24:0	S6261
24:1 c	S6261
Retinol	S6261
Tocopherol, delta	S6261
Alanine	S6261
Fatty acids, total saturated	S6261
18:2 undifferentiated	S6261
18:3 undifferentiated	S6261
20:4 undifferentiated	S6261
22:0	S6261
Fatty acids, total monounsaturated	S6261
18:2 CLAs	S6261
22:4	S6261
Total lipid (fat)	S6261
Magnesium, Mg	S6261
Selenium, Se	S6261
Vitamin E (alpha-tocopherol)	S6261
Tryptophan	S6261
Isoleucine	S6261
Leucine	S6261
Arginine	S6261
18:4	S6261
18:1 c	S6261
18:3 n-6 c,c,c	S6261
15:1	S6261
18:3 n-3 c,c,c (ALA)	S6261
Calcium, Ca	S6261
Phosphorus, P	S6261
Thiamin	S6261
Phenylalanine	S6261
Histidine	S6261

NDB No. 05664 Ground turkey, fat free, patties, broiled

Aspartic acid	S6261
20:0	S6261
18:1 undifferentiated	S6261
16:1 c	S6261
18:2 n-6 c,c	S6261

NDB No. 05665 Ground turkey, 93% lean, 7% fat, raw

Protein	S6261
Copper, Cu	S6261
Riboflavin	S6261
Hydroxyproline	S6261
6:0	S6261
8:0	S6261
Fatty acids, total trans-polyenoic	S6261
20:3 n-6	S6261
22:4	S6261
Phosphorus, P	S6261
Zinc, Zn	S6261
Tocopherol, delta	S6261
Leucine	S6261
Phenylalanine	S6261
Fatty acids, total saturated	S6261
22:5 n-3 (DPA)	S6261
Fatty acids, total polyunsaturated	S6261
18:1 c	S6261
17:1	S6261
18:3 n-3 c,c,c (ALA)	S6261
Iron, Fe	S6261
Pantothenic acid	S6261
Choline, total	S6261
Tryptophan	S6261
Threonine	S6261
Alanine	S6261
Aspartic acid	S6261
Glycine	S6261
Cholesterol	S6261

NDB No. 05665 Ground turkey, 93% lean, 7% fat, raw

Fatty acids, total trans	S6261
20:0	S6261
18:1 undifferentiated	S6261
18:4	S6261
24:0	S6261
18:2 t not further defined	S6261
24:1 c	S6261
18:2 n-6 c,c	S6261
Ash	S6261
Water	S6261
Calcium, Ca	S6261
Vitamin B-12	S6261
Isoleucine	S6261
Cystine	S6261
Valine	S6261
20:4 undifferentiated	S6261
14:1	S6261
16:1 c	S6261
22:1 c	S6261
20:3 n-3	S6261
Manganese, Mn	S6261
Selenium, Se	S6261
Retinol	S6261
Niacin	S6261
Methionine	S6261
Tyrosine	S6261
Histidine	S6261
Proline	S6261
Serine	S6261
4:0	S6261
14:0	S6261
22:0	S6261
17:0	S6261
16:1 t	S6261
18:2 CLAs	S6261
Magnesium, Mg	S6261
Betaine	S6261

NDB No. 05665 Ground turkey, 93% lean, 7% fat, raw

Arginine	S6261
12:0	S6261
22:6 n-3 (DHA)	S6261
22:1 undifferentiated	S6261
22:1 t	S6261
Fatty acids, total trans-monoenoic	S6261
Tocopherol, beta	S6261
Vitamin B-6	S6261
Lysine	S6261
18:0	S6261
18:2 undifferentiated	S6261
Fatty acids, total monounsaturated	S6261
15:0	S6261
18:1 t	S6261
20:2 n-6 c,c	S6261
20:3 undifferentiated	S6261
18:3i	S6261
Total lipid (fat)	S6261
Potassium, K	S6261
Sodium, Na	S6261
Vitamin E (alpha-tocopherol)	S6261
Vitamin D (D2 + D3)	D7585
Tocopherol, gamma	S6261
Thiamin	S6261
Vitamin K (phylloquinone)	D4002
Glutamic acid	S6261
10:0	S6261
16:0	S6261
18:3 undifferentiated	S6261
16:1 undifferentiated	S6261
20:1	S6261
20:5 n-3 (EPA)	S6261
18:3 n-6 c,c,c	S6261
15:1	S6261

NDB No. 05666 Ground turkey, 93% lean, 7% fat, pan-broiled crumbles

Total lipid (fat)	S6261
Calcium, Ca	S6261
Manganese, Mn	S6261
Vitamin D (D2 + D3)	D7585
Tocopherol, beta	S6261
Isoleucine	S6261
Phenylalanine	S6261
Proline	S6261
Cholesterol	S6261
22:6 n-3 (DHA)	S6261
18:2 t not further defined	S6261
18:2 CLAs	S6261
18:1 c	S6261
18:2 n-6 c,c	S6261
20:3 n-3	S6261
Protein	S6261
Phosphorus, P	S6261
Potassium, K	S6261
Vitamin D3 (cholecalciferol)	D7585
Thiamin	S6261
Tryptophan	S6261
Threonine	S6261
Alanine	S6261
12:0	S6261
16:0	S6261
22:5 n-3 (DPA)	S6261
15:1	S6261
20:3 n-6	S6261
22:4	S6261
Iron, Fe	S6261
Copper, Cu	S6261
Vitamin E (alpha-tocopherol)	S6261
Lysine	S6261
Tyrosine	S6261
Histidine	S6261
Serine	S6261
4:0	S6261

NDB No. 05666 Ground turkey, 93% lean, 7% fat, pan-broiled crumbles

10:0	S6261
14:0	S6261
24:0	S6261
16:1 c	S6261
Ash	S6261
Tocopherol, delta	S6261
Vitamin B-12	S6261
Cystine	S6261
Valine	S6261
Glutamic acid	S6261
Glycine	S6261
20:0	S6261
18:4	S6261
Fatty acids, total polyunsaturated	S6261
15:0	S6261
22:1 c	S6261
Betaine	S6261
Leucine	S6261
Methionine	S6261
6:0	S6261
18:1 undifferentiated	S6261
18:2 undifferentiated	S6261
20:2 n-6 c,c	S6261
18:3 n-6 c,c,c	S6261
17:1	S6261
20:3 undifferentiated	S6261
Water	S6261
Sodium, Na	S6261
Tocopherol, gamma	S6261
Niacin	S6261
Vitamin B-6	S6261
Choline, total	S6261
Vitamin K (phylloquinone)	D4002
8:0	S6261
18:3 undifferentiated	S6261
20:4 undifferentiated	S6261
22:0	S6261

NDB No. 05666 Ground turkey, 93% lean, 7% fat, pan-broiled crumbles

20:1	S6261
24:1 c	S6261
Magnesium, Mg	S6261
Zinc, Zn	S6261
Riboflavin	S6261
Aspartic acid	S6261
Fatty acids, total trans	S6261
Fatty acids, total saturated	S6261
18:0	S6261
22:1 undifferentiated	S6261
16:1 t	S6261
22:1 t	S6261
Fatty acids, total trans-monoenoic	S6261
18:3 n-3 c,c,c (ALA)	S6261
Selenium, Se	S6261
Retinol	S6261
Pantothenic acid	S6261
Arginine	S6261
14:1	S6261
16:1 undifferentiated	S6261
20:5 n-3 (EPA)	S6261
Fatty acids, total monounsaturated	S6261
17:0	S6261
18:1 t	S6261
Fatty acids, total trans-polyenoic	S6261
18:3i	S6261

NDB No. 05667 Ground turkey, 93% lean, 7% fat, patties, broiled

Phosphorus, P	S6261
Manganese, Mn	S6261
Retinol	S6261
Niacin	S6261
Isoleucine	S6261
Cholesterol	S6261
Fatty acids, total trans	S6261

NDB No. 05667 Ground turkey, 93% lean, 7% fat, patties, broiled

4:0	S6261
18:0	S6261
18:2 undifferentiated	S6261
18:4	S6261
16:1 c	S6261
20:3 n-3	S6261
18:3i	S6261
Tocopherol, delta	S6261
Pantothenic acid	S6261
Betaine	S6261
6:0	S6261
14:0	S6261
16:0	S6261
22:5 n-3 (DPA)	S6261
Fatty acids, total monounsaturated	S6261
Fatty acids, total trans-polyenoic	S6261
Magnesium, Mg	S6261
Copper, Cu	S6261
Selenium, Se	S6261
Vitamin E (alpha-tocopherol)	S6261
Riboflavin	S6261
Choline, total	S6261
Tyrosine	S6261
Valine	S6261
Arginine	S6261
Glutamic acid	S6261
Fatty acids, total saturated	S6261
14:1	S6261
16:1 undifferentiated	S6261
22:1 c	S6261
18:3 n-6 c,c,c	S6261
Total lipid (fat)	S6261
Vitamin D3 (cholecalciferol)	D7585
Lysine	S6261
Phenylalanine	S6261
Serine	S6261
12:0	S6261

NDB No. 05667 Ground turkey, 93% lean, 7% fat, patties, broiled

20:4 undifferentiated	S6261
20:5 n-3 (EPA)	S6261
24:1 c	S6261
20:3 undifferentiated	S6261
18:3 n-3 c,c,c (ALA)	S6261
20:3 n-6	S6261
Potassium, K	S6261
Sodium, Na	S6261
Vitamin B-6	S6261
Tryptophan	S6261
Leucine	S6261
Glycine	S6261
20:0	S6261
22:6 n-3 (DHA)	S6261
15:1	S6261
Protein	S6261
Ash	S6261
Zinc, Zn	S6261
Vitamin D (D2 + D3)	D7585
Tocopherol, gamma	S6261
Thiamin	S6261
Histidine	S6261
Aspartic acid	S6261
8:0	S6261
22:0	S6261
Fatty acids, total polyunsaturated	S6261
17:0	S6261
18:2 n-6 c,c	S6261
22:4	S6261
Calcium, Ca	S6261
Tocopherol, beta	S6261
Vitamin B-12	S6261
Threonine	S6261
Methionine	S6261
Alanine	S6261
Proline	S6261
10:0	S6261

NDB No. 05667 Ground turkey, 93% lean, 7% fat, patties, broiled

18:1 undifferentiated	S6261
22:1 undifferentiated	S6261
18:2 t not further defined	S6261
18:1 c	S6261
Water	S6261
Iron, Fe	S6261
Vitamin K (phylloquinone)	D4002
Cystine	S6261
18:3 undifferentiated	S6261
20:1	S6261
15:0	S6261
24:0	S6261
16:1 t	S6261
18:1 t	S6261
22:1 t	S6261
18:2 CLAs	S6261
20:2 n-6 c,c	S6261
17:1	S6261
Fatty acids, total trans-monoenoic	S6261

NDB No. 05668 Ground turkey, 85% lean, 15% fat, raw

Water	S6261
Magnesium, Mg	S6261
Thiamin	S6261
Niacin	S6261
Lysine	S6261
Methionine	S6261
Cystine	S6261
Valine	S6261
Cholesterol	S6261
22:6 n-3 (DHA)	S6261
18:4	S6261
20:5 n-3 (EPA)	S6261
22:1 undifferentiated	S6261
22:1 t	S6261
17:1	S6261

NDB No. 05668 Ground turkey, 85% lean, 15% fat, raw

20:3 n-6	S6261
Copper, Cu	S6261
Selenium, Se	S6261
Retinol	S6261
Tocopherol, delta	S6261
Hydroxyproline	S6261
Fatty acids, total trans	S6261
6:0	S6261
12:0	S6261
18:3 undifferentiated	S6261
Fatty acids, total monounsaturated	S6261
24:1 c	S6261
18:3 n-6 c,c,c	S6261
18:3 n-3 c,c,c (ALA)	S6261
20:3 n-3	S6261
Vitamin B-12	S6261
Isoleucine	S6261
20:0	S6261
18:1 t	S6261
18:2 t not further defined	S6261
20:2 n-6 c,c	S6261
18:1 c	S6261
Calcium, Ca	S6261
Potassium, K	S6261
Tocopherol, gamma	S6261
Leucine	S6261
Tyrosine	S6261
10:0	S6261
20:4 undifferentiated	S6261
22:0	S6261
17:0	S6261
22:1 c	S6261
22:4	S6261
Manganese, Mn	S6261
Vitamin D (D2 + D3)	D7585
Pantothenic acid	S6261
Betaine	S6261

NDB No. 05668 Ground turkey, 85% lean, 15% fat, raw

Histidine	S6261
Aspartic acid	S6261
Glycine	S6261
Serine	S6261
16:0	S6261
18:2 undifferentiated	S6261
16:1 undifferentiated	S6261
Fatty acids, total trans-polyenoic	S6261
Protein	S6261
Iron, Fe	S6261
Phosphorus, P	S6261
Sodium, Na	S6261
Riboflavin	S6261
Vitamin K (phylloquinone)	D4002
Tryptophan	S6261
Fatty acids, total saturated	S6261
14:1	S6261
20:1	S6261
Fatty acids, total polyunsaturated	S6261
18:2 n-6 c,c	S6261
20:3 undifferentiated	S6261
Ash	S6261
Vitamin E (alpha-tocopherol)	S6261
Tocopherol, beta	S6261
Vitamin B-6	S6261
Alanine	S6261
Proline	S6261
4:0	S6261
8:0	S6261
14:0	S6261
15:0	S6261
24:0	S6261
16:1 t	S6261
18:2 CLAs	S6261
Fatty acids, total trans-monoenoic	S6261
15:1	S6261
Total lipid (fat)	S6261

NDB No. 05668 Ground turkey, 85% lean, 15% fat, raw

Zinc, Zn	S6261
Choline, total	S6261
Threonine	S6261
Phenylalanine	S6261
Arginine	S6261
Glutamic acid	S6261
18:0	S6261
18:1 undifferentiated	S6261
22:5 n-3 (DPA)	S6261
16:1 c	S6261
18:3i	S6261

NDB No. 05669 Ground turkey, 85% lean, 15% fat, pan-broiled crumbles

Sodium, Na	S6261
Zinc, Zn	S6261
Retinol	S6261
Tocopherol, beta	S6261
Vitamin K (phylloquinone)	D4002
Threonine	S6261
Aspartic acid	S6261
Fatty acids, total saturated	S6261
20:1	S6261
Fatty acids, total monounsaturated	S6261
17:1	S6261
15:1	S6261
18:3 n-3 c,c,c (ALA)	S6261
20:3 n-3	S6261
Protein	S6261
Iron, Fe	S6261
Phosphorus, P	S6261
Manganese, Mn	S6261
Vitamin D (D2 + D3)	D7585
Riboflavin	S6261
Niacin	S6261
Phenylalanine	S6261
Valine	S6261

NDB No. 05669 Ground turkey, 85% lean, 15% fat, pan-broiled crumbles

Glutamic acid	S6261
4:0	S6261
10:0	S6261
16:0	S6261
20:5 n-3 (EPA)	S6261
22:4	S6261
Magnesium, Mg	S6261
Copper, Cu	S6261
Lysine	S6261
Methionine	S6261
Tyrosine	S6261
Arginine	S6261
6:0	S6261
12:0	S6261
18:0	S6261
20:0	S6261
18:3 n-6 c,c,c	S6261
18:3i	S6261
Total lipid (fat)	S6261
Vitamin E (alpha-tocopherol)	S6261
Tocopherol, delta	S6261
Vitamin B-12	S6261
Fatty acids, total trans	S6261
18:1 undifferentiated	S6261
22:0	S6261
18:1 t	S6261
22:1 c	S6261
Selenium, Se	S6261
Vitamin D3 (cholecalciferol)	D7585
Thiamin	S6261
Isoleucine	S6261
Alanine	S6261
18:2 undifferentiated	S6261
14:1	S6261
15:0	S6261
17:0	S6261
18:2 t not further defined	S6261

NDB No. 05669 Ground turkey, 85% lean, 15% fat, pan-broiled crumbles

24:1 c	S6261
Water	S6261
Pantothenic acid	S6261
Vitamin B-6	S6261
Leucine	S6261
Cystine	S6261
20:4 undifferentiated	S6261
16:1 undifferentiated	S6261
22:5 n-3 (DPA)	S6261
24:0	S6261
20:3 undifferentiated	S6261
Calcium, Ca	S6261
Potassium, K	S6261
Tocopherol, gamma	S6261
Tryptophan	S6261
Histidine	S6261
Glycine	S6261
Proline	S6261
Serine	S6261
Cholesterol	S6261
8:0	S6261
18:3 undifferentiated	S6261
22:6 n-3 (DHA)	S6261
Fatty acids, total polyunsaturated	S6261
16:1 t	S6261
18:1 c	S6261
18:2 n-6 c,c	S6261
Fatty acids, total trans-polyenoic	S6261
20:3 n-6	S6261
Ash	S6261
14:0	S6261
18:4	S6261
22:1 undifferentiated	S6261
22:1 t	S6261
18:2 CLAs	S6261
20:2 n-6 c,c	S6261
16:1 c	S6261

NDB No. 05669 Ground turkey, 85% lean, 15% fat, pan-broiled crumbles

Fatty acids, total trans-monoenoic	S6261

NDB No. 05670 Ground turkey, 85% lean, 15% fat, patties, broiled

Pantothenic acid	S6261
Cystine	S6261
Phenylalanine	S6261
Glycine	S6261
18:2 undifferentiated	S6261
20:1	S6261
18:2 t not further defined	S6261
18:2 CLAs	S6261
24:1 c	S6261
18:1 c	S6261
15:1	S6261
Total lipid (fat)	S6261
Retinol	S6261
Vitamin D3 (cholecalciferol)	D7585
Thiamin	S6261
Histidine	S6261
18:1 undifferentiated	S6261
22:6 n-3 (DHA)	S6261
22:1 undifferentiated	S6261
18:3 n-3 c,c,c (ALA)	S6261
Magnesium, Mg	S6261
Tocopherol, gamma	S6261
Tocopherol, delta	S6261
Fatty acids, total trans	S6261
14:0	S6261
18:0	S6261
18:3 undifferentiated	S6261
16:1 t	S6261
18:3 n-6 c,c,c	S6261
Fatty acids, total trans-monoenoic	S6261
20:3 n-3	S6261
Ash	S6261

NDB No. 05670 Ground turkey, 85% lean, 15% fat, patties, broiled

Potassium, K	S6261
Sodium, Na	S6261
Vitamin B-6	S6261
Vitamin B-12	S6261
Alanine	S6261
Aspartic acid	S6261
22:5 n-3 (DPA)	S6261
24:0	S6261
18:2 n-6 c,c	S6261
22:4	S6261
Calcium, Ca	S6261
Phosphorus, P	S6261
Tryptophan	S6261
Isoleucine	S6261
Arginine	S6261
20:4 undifferentiated	S6261
Fatty acids, total monounsaturated	S6261
17:0	S6261
18:1 t	S6261
20:2 n-6 c,c	S6261
16:1 c	S6261
22:1 c	S6261
17:1	S6261
Protein	S6261
Water	S6261
Iron, Fe	S6261
Copper, Cu	S6261
Manganese, Mn	S6261
Selenium, Se	S6261
Tocopherol, beta	S6261
Riboflavin	S6261
Niacin	S6261
Vitamin K (phylloquinone)	D4002
Threonine	S6261
Glutamic acid	S6261
4:0	S6261
8:0	S6261

NDB No. 05670 Ground turkey, 85% lean, 15% fat, patties, broiled

12:0	S6261
22:0	S6261
14:1	S6261
15:0	S6261
20:3 undifferentiated	S6261
20:3 n-6	S6261
Vitamin D (D2 + D3)	D7585
Leucine	S6261
Valine	S6261
Serine	S6261
Fatty acids, total saturated	S6261
6:0	S6261
10:0	S6261
20:0	S6261
16:1 undifferentiated	S6261
18:4	S6261
Fatty acids, total polyunsaturated	S6261
Zinc, Zn	S6261
Vitamin E (alpha-tocopherol)	S6261
Lysine	S6261
Methionine	S6261
Tyrosine	S6261
Proline	S6261
Cholesterol	S6261
16:0	S6261
20:5 n-3 (EPA)	S6261
22:1 t	S6261
Fatty acids, total trans-polyenoic	S6261
18:3i	S6261

NDB No. 06003 CAMPBELL Soup Company, CAMPBELL'S Red and White, Beefy Mushroom Soup, condensed

Water	S3921

NDB No. 06008 Soup, beef broth or bouillon canned, ready-to-serve

Fluoride, F	D5007

NDB No. 06014 CAMPBELL Soup Company, CAMPBELL'S Red and White, Broccoli Cheese Soup, condensed

Water	S3921

NDB No. 06016 Soup, cream of chicken, canned, condensed

Iron, Fe	S18
Potassium, K	S18
Sodium, Na	S18
Zinc, Zn	S18
18:3 undifferentiated	S18
20:3 undifferentiated	S18
13:0	S18
Pantothenic acid	S18
Cholesterol	S18
Fatty acids, total monounsaturated	S18
15:1	S18
Calcium, Ca	S18
Vitamin B-6	S18
14:0	S18
15:0	S18
Sugars, total	S18
Magnesium, Mg	S18
10:0	S18
Protein	S18
Water	S18
Fiber, total dietary	S18
Copper, Cu	S18
Manganese, Mn	S18
Niacin	S18
16:0	S18
18:0	S18
18:2 undifferentiated	S18
22:0	S18
16:1 undifferentiated	S18
Phosphorus, P	S18
Selenium, Se	S18
Folate, total	S18
20:0	S18

NDB No. 06016 Soup, cream of chicken, canned, condensed

20:1	S18
17:0	S18
Vitamin B-12	S18
Fatty acids, total saturated	S18
18:1 undifferentiated	S18
14:1	S18
Fatty acids, total polyunsaturated	S18
24:0	S18
Total lipid (fat)	S18
Ash	S18
Thiamin	S18
Riboflavin	S18
12:0	S18
20:4 undifferentiated	S18
22:1 undifferentiated	S18
20:2 n-6 c,c	S18
17:1	S18

NDB No. 06019 Soup, chicken noodle, canned, condensed

Protein	S18
Ash	S18
Water	S18
Potassium, K	S18
Niacin	S18
22:0	S18
Phosphorus, P	S18
12:0	S18
Zinc, Zn	S18
Manganese, Mn	S18
14:0	S18
18:2 undifferentiated	S18
18:3 undifferentiated	S18
20:4 undifferentiated	S18
20:2 n-6 c,c	S18
15:1	S18
Calcium, Ca	S18

NDB No. 06019 Soup, chicken noodle, canned, condensed

Iron, Fe	S18
Copper, Cu	S18
Fatty acids, total saturated	S18
17:1	S18
20:3 undifferentiated	S18
Selenium, Se	S18
Betaine	S18
Cholesterol	S18
18:0	S18
Fatty acids, total polyunsaturated	S18
24:0	S18
Pantothenic acid	S18
20:0	S18
18:1 undifferentiated	S18
20:1	S18
22:1 undifferentiated	S18
Fatty acids, total monounsaturated	S18
15:0	S18
Total lipid (fat)	S18
Magnesium, Mg	S18
Thiamin	S18
Riboflavin	S18
Choline, total	S18
16:0	S18
14:1	S18
16:1 undifferentiated	S18
17:0	S18

NDB No. 06029 CAMPBELL Soup Company, HEALTHY REQUEST, Chicken with Rice, condensed

Water	S3921

NDB No. 06030 Soup, clam chowder, new england, canned, condensed

Choline, total	S3461

NDB No. 06038 CAMPBELL Soup Company, CAMPBELL'S Red and White, Cheddar Cheese Soup, condensed

Water	S3921

NDB No. 06040 Soup, minestrone, canned, condensed

Carotene, alpha	D3851
Carotene, beta	D3851
Lycopene	D3851
Lutein + zeaxanthin	D3851
Cryptoxanthin, beta	D3851

NDB No. 06041 CAMPBELL Soup Company, CAMPBELL'S Red and White, Chicken and Dumplings Soup, condensed

Water	S3921

NDB No. 06043 Soup, cream of mushroom, canned, condensed

Magnesium, Mg	S18
Copper, Cu	S18
Thiamin	S18
Niacin	S18
Vitamin B-12	S18
Protein	S18
Ash	S18
Water	S18
Phosphorus, P	S18
12:0	S18
16:0	S18
18:2 undifferentiated	S18
Fatty acids, total monounsaturated	S18
17:0	S18
Total lipid (fat)	S18
Vitamin B-6	S18
18:1 undifferentiated	S18
15:0	S18
15:1	S18
Iron, Fe	S18
Potassium, K	S18

NDB No. 06043 Soup, cream of mushroom, canned, condensed

Sodium, Na	S18
Zinc, Zn	S18
14:0	S18
14:1	S18
Fatty acids, total polyunsaturated	S18
24:0	S18
17:1	S18
Sugars, total	S18
Selenium, Se	S18
Folate, total	S18
8:0	S18
18:0	S18
Fiber, total dietary	S18
Manganese, Mn	S18
16:1 undifferentiated	S18
Calcium, Ca	S18
Riboflavin	S18
10:0	S18
20:0	S18
20:1	S18
20:2 n-6 c,c	S18
Vitamin C, total ascorbic acid	S18
Pantothenic acid	S18
Cholesterol	S18
Fatty acids, total saturated	S18
18:3 undifferentiated	S18
22:0	S18
22:1 undifferentiated	S18

NDB No. 06047 CAMPBELL Soup Company, CAMPBELL'S Red and White, Chicken and Stars Soup, condensed

Water	S3921

NDB No. 06054 CAMPBELL Soup Company, CAMPBELL'S Red and White, Chicken Alphabet Soup, condensed

Water	S3921

NDB No. 06057 CAMPBELL Soup Company, CAMPBELL'S Red and White, Chicken Broth, condensed

Water	S3921

NDB No. 06058 CAMPBELL Soup Company, CAMPBELL'S Red and White, Chicken Gumbo Soup, condensed

Water	S3921

NDB No. 06062 CAMPBELL Soup Company, CAMPBELL'S Red and White, Chicken Noodle Soup, condensed

Water	S3921

NDB No. 06068 Soup, vegetarian vegetable, canned, condensed

Carotene, beta	D3851
Lutein + zeaxanthin	D3851
Carotene, alpha	D3851
Lycopene	D3851
Cryptoxanthin, beta	D3851

NDB No. 06071 Soup, vegetable beef, canned, condensed

Lutein + zeaxanthin	D3851
Lycopene	D3851
Cryptoxanthin, beta	D3851
Carotene, beta	D3851
Carotene, alpha	D3851

NDB No. 06082 CAMPBELL Soup Company, CAMPBELL'S Red and White, Chicken NOODLEO's Soup, condensed

Water	S3921

NDB No. 06084 CAMPBELL Soup Company, CAMPBELL'S Red and White, Chicken Vegetable Soup, condensed

Water	S3921

NDB No. 06091 CAMPBELL Soup Company, CAMPBELL'S Red and White, Beef Broth, condensed

Water	S3921

NDB No. 06094 Soup, onion, dry, mix

Ash	S18
Zinc, Zn	S18
Manganese, Mn	S18
Thiamin	S18
Niacin	S18
Pantothenic acid	S18
14:0	S18
22:1 undifferentiated	S18
Water	S18
Magnesium, Mg	S18
Phosphorus, P	S18
Sodium, Na	S18
Tocopherol, delta	S18
Tocopherol, beta	S18
20:0	S18
15:0	S18
Protein	S18
Vitamin B-6	S18
17:0	S18
17:1	S18
Calcium, Ca	S18
Potassium, K	S18
Riboflavin	S18
22:0	S18
24:0	S18
20:2 n-6 c,c	S18
13:0	S18
Tocopherol, gamma	S18
15:1	S18
Fiber, total dietary	S18
Selenium, Se	S18
Folate, total	S18
18:3 undifferentiated	S18
20:4 undifferentiated	S18
Copper, Cu	S18

NDB No. 06097 CAMPBELL Soup Company, CAMPBELL'S Red and White, Beef Consomme, condensed

Water	S3921

NDB No. 06105 CAMPBELL Soup Company, CAMPBELL'S Red and White, BATMAN Fun Shapes Soup, condensed

Water	S3921

NDB No. 06117 CAMPBELL Soup Company, CAMPBELL'S Red and White, Bean with Bacon Soup, condensed

Water	S3921

NDB No. 06128 Soup, chicken noodle, dry, mix

Glucose (dextrose)	S18
Water	S18
Zinc, Zn	S18
Copper, Cu	S18
Manganese, Mn	S18
Methionine	S18
20:1	S18
15:1	S18
Fiber, total dietary	S18
Vitamin E (alpha-tocopherol)	S18
Riboflavin	S18
Niacin	S18
Vitamin B-12	S18
Tryptophan	S18
Valine	S18
Proline	S18
12:0	S18
Fatty acids, total polyunsaturated	S18
24:0	S18
13:0	S18
Fructose	S18
Iron, Fe	S18
Sodium, Na	S18
Selenium, Se	S18
Vitamin B-6	S18
Leucine	S18

NDB No. 06128 Soup, chicken noodle, dry, mix

22:0	S18
17:1	S18
Protein	S18
Ash	S18
Vitamin C, total ascorbic acid	S18
Threonine	S18
Phenylalanine	S18
Glycine	S18
18:1 undifferentiated	S18
16:1 undifferentiated	S18
Fatty acids, total monounsaturated	S18
Sucrose	S18
Calcium, Ca	S18
Potassium, K	S18
Tocopherol, beta	S18
Tocopherol, gamma	S18
Isoleucine	S18
Cystine	S18
10:0	S18
20:0	S18
22:1 undifferentiated	S18
Total lipid (fat)	S18
Galactose	S18
Tocopherol, delta	S18
18:0	S18
17:0	S18
20:2 n-6 c,c	S18
Lactose	S18
Maltose	S18
Sugars, total	S18
Magnesium, Mg	S18
Thiamin	S18
Folate, total	S18
Lysine	S18
Alanine	S18
Aspartic acid	S18
Glutamic acid	S18

NDB No. 06128 Soup, chicken noodle, dry, mix

14:0	S18
18:2 undifferentiated	S18
20:4 undifferentiated	S18
Starch	S18
Phosphorus, P	S18
Pantothenic acid	S18
Tyrosine	S18
Arginine	S18
Histidine	S18
Serine	S18
Fatty acids, total saturated	S18
16:0	S18
18:3 undifferentiated	S18
14:1	S18
15:0	S18

NDB No. 06145 CAMPBELL Soup Company, CAMPBELL'S Red and White, Beef Noodle Soup, condensed

Water	S3921

NDB No. 06146 CAMPBELL Soup Company, CAMPBELL'S Red and White, Beef with Vegetables and Barley Soup, condensed

Water	S3921

NDB No. 06159 Soup, tomato, canned, condensed

Magnesium, Mg	S18
Phosphorus, P	S18
Carotene, alpha	D3851
Cryptoxanthin, beta	D3851
Lutein + zeaxanthin	D3851
Tocopherol, beta	S18
Vitamin C, total ascorbic acid	S18
Fatty acids, total saturated	S18
18:3 undifferentiated	S18
15:0	S18
24:0	S18

NDB No. 06159 Soup, tomato, canned, condensed

Protein	S18
Water	S18
Iron, Fe	S18
Manganese, Mn	S18
Vitamin B-6	S18
Choline, total	S18
16:0	S18
13:0	S18
Pantothenic acid	S18
18:2 undifferentiated	S18
16:1 undifferentiated	S18
Total lipid (fat)	S18
Potassium, K	S18
Copper, Cu	S18
Carotene, beta	D3851
Vitamin E (alpha-tocopherol)	S18
Riboflavin	S18
Fatty acids, total monounsaturated	S18
Fatty acids, total polyunsaturated	S18
20:3 undifferentiated	S18
Calcium, Ca	S18
Lycopene	D3851
Tocopherol, gamma	S18
Tocopherol, delta	S18
Niacin	S18
18:0	S18
22:1 undifferentiated	S18
17:0	S18
17:1	S18
15:1	S18
Ash	S18
Sugars, total	S18
14:0	S18
Fiber, total dietary	S18
Thiamin	S18
Folate, total	S18
12:0	S18

NDB No. 06159 Soup, tomato, canned, condensed

18:1 undifferentiated	S18
Sodium, Na	S18
Zinc, Zn	S18
Selenium, Se	S18
20:1	S18

NDB No. 06164 Sauce, salsa, ready-to-serve

Iron, Fe	S23
Dihydrophylloquinone	S23
Potassium, K	S23
Calcium, Ca	S23
Phosphorus, P	S23
Cryptoxanthin, beta	S23
Total lipid (fat)	S23
Sodium, Na	S23
Choline, total	S18
Starch	S23
Carotene, beta	S23
Lycopene	S23
Magnesium, Mg	S23
Zinc, Zn	S23
Vitamin C, total ascorbic acid	S23
Pantothenic acid	S23
Vitamin K (phylloquinone)	S23
Ash	S23
Water	S23
Manganese, Mn	S23
Selenium, Se	S23
Carotene, alpha	S23
Lutein + zeaxanthin	S23
Niacin	S23
Folate, total	S23
Copper, Cu	S23
Thiamin	S23
Vitamin B-6	S23

NDB No. 06195 CAMPBELL Soup Company, HEALTHY REQUEST, Cream of Chicken Soup, condensed

Water S3921

NDB No. 06209 CAMPBELL Soup Company, CAMPBELL'S Red and White, 98% Fat Free Cream of Broccoli Soup, condensed

Water S3921

NDB No. 06212 CAMPBELL Soup Company, CAMPBELL'S Red and White, 25% Less Sodium Chicken Noodle Soup, condensed

Water S3921

NDB No. 06213 CAMPBELL Soup Company, CAMPBELL'S Red and White, 25% Less Sodium Tomato Soup, condensed

Water S3921

NDB No. 06215 CAMPBELL Soup Company, CAMPBELL'S Red and White, 98% Fat Free Broccoli Cheese Soup, condensed

Water S3921

NDB No. 06218 CAMPBELL Soup Company, CAMPBELL'S Red and White, 98% Fat Free Cream of Celery Soup, condensed

Water S3921

NDB No. 06219 CAMPBELL Soup Company, CAMPBELL'S Red and White, 98% Fat Free Cream of Chicken Soup, condensed

Water S3921

NDB No. 06220 CAMPBELL Soup Company, PREGO Pasta, Chunky Garden Mushroom and Green Pepper Italian Sauce, ready-to-serve

Water S3921

NDB No. 06221 CAMPBELL Soup Company, PREGO Pasta, Chunky Garden Mushroom Supreme Italian Sauce, ready-to-serve

Water S3921

NDB No. 06222 CAMPBELL Soup Company, PREGO Pasta, Diced Onion and Garlic Italian Sauce, ready-to-serve

Water S3921

NDB No. 06223 CAMPBELL Soup Company, PREGO Pasta, Flavored with Meat Italian Sauce, ready-to-serve

Water S3921

NDB No. 06224 CAMPBELL Soup Company, PREGO Pasta, Fresh Mushroom Italian Sauce, ready-to-serve

Water S3921

NDB No. 06225 CAMPBELL Soup Company, PREGO Pasta, Garlic Supreme Italian Sauce, ready-to-serve

Water S3921

NDB No. 06226 CAMPBELL Soup Company, PREGO Pasta, Italian Sausage and Garlic Italian Sauce, ready-to-serve

Water S3921

NDB No. 06228 CAMPBELL Soup Company, PREGO Pasta, Mini Meatball Italian Sauce, ready-to-serve

Water S3921

NDB No. 06229 CAMPBELL Soup Company, PREGO Pasta, Mushroom and Garlic Italian Sauce, ready-to-serve

Water S3921

NDB No. 06231 CAMPBELL Soup Company, PREGO Pasta, Mushroom and Parmesan Italian Sauce, ready-to-serve

Water S3921

NDB No. 06232 CAMPBELL Soup Company, PREGO Pasta, Organic Mushroom Italian Sauce, ready-to-serve

Water S3921

NDB No. 06233 CAMPBELL Soup Company, PREGO Pasta, Organic Tomato and Basil Italian Sauce, ready-to-serve

Water S3921

NDB No. 06234 CAMPBELL Soup Company, PREGO Pasta, Heart Smart- Ricotta Parmesan Italian Sauce, ready-to-

NDB No. 06234 CAMPBELL Soup Company, PREGO Pasta, Heart Smart- Ricotta Parmesan Italian Sauce, ready-to-serve

Water S3921

NDB No. 06235 CAMPBELL Soup Company, PREGO Pasta, Roasted Garlic and Herb Italian Sauce, ready-to-serve

Water S3921

NDB No. 06236 CAMPBELL Soup Company, PREGO Pasta, Roasted Garlic Parmesan Italian Sauce, ready-to-serve

Water S3921

NDB No. 06237 CAMPBELL Soup Company, PREGO Pasta, Heart Smart- Roasted Red Pepper and Garlic Italian Sauce, ready-to-serve

Water S3921

NDB No. 06239 CAMPBELL Soup Company, PREGO Pasta, Tomato, Basil and Garlic Italian Sauce, ready-to-serve

Water S3921

NDB No. 06240 CAMPBELL Soup Company, PREGO Pasta, Zesty Mushroom Italian Sauce, ready-to-serve

Water S3921

NDB No. 06241 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Microwavable Bowls, Beef with Country Vegetables Soup, ready-to-serve

Water S3921

NDB No. 06242 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Microwavable Bowls, Chicken and Dumplings Soup

Water S3921

NDB No. 06244 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Microwavable Bowls, Classic Chicken Noodle, ready-to-serve

Water S3921

NDB No. 06245 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Microwavable Bowls, Grilled Chicken and Sausage Gumbo, ready-to-serve

NDB No. 06245 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Microwavable Bowls, Grilled Chicken and Sausage Gumbo, ready-to-serve

Water	S3921

NDB No. 06247 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Microwavable Bowls, Grilled Chicken with Vegetables and Pasta Soup, ready-to-serve

Water	S3921

NDB No. 06250 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Microwavable Bowls, New England Clam Chowder, ready-to-serve

Water	S3921

NDB No. 06251 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Microwavable Bowls, Old Fashioned Vegetable Beef Soup, ready-to-serve

Water	S3921

NDB No. 06252 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Microwavable Bowls, Sirloin Burger with Country Vegetables Soup, ready-to-serve

Water	S3921

NDB No. 06309 CAMPBELL Soup Company, CAMPBELL'S Red and White, Chicken with Rice Soup, condensed

Water	S3921

NDB No. 06311 CAMPBELL Soup Company, CAMPBELL'S Red and White, Chicken Won Ton Soup, condensed

Water	S3921

NDB No. 06312 CAMPBELL Soup Company, CAMPBELL'S Red and White, Cream of Asparagus Soup, condensed

Water	S3921

NDB No. 06314 Soup, HEALTHY CHOICE Chicken Noodle Soup, canned

Protein	S3742
Ash	S3742
Water	S3742
Calcium, Ca	S3742

NDB No. 06314 Soup, HEALTHY CHOICE Chicken Noodle Soup, canned

Vitamin A, IU	S3742
Fatty acids, total saturated	S3742
Fatty acids, total monounsaturated	S3742
Fatty acids, total trans	S3742
Fatty acids, total polyunsaturated	S3742
Cholesterol	S3742
Energy	S3742
Vitamin C, total ascorbic acid	S3742
Carbohydrate, by difference	S3742
Sugars, total	S3742
Fiber, total dietary	S3742
Sodium, Na	S3742
Iron, Fe	S3742

NDB No. 06315 Soup, HEALTHY CHOICE Chicken and Rice Soup, canned

Sugars, total	S3742
Iron, Fe	S3742
Fatty acids, total polyunsaturated	S3742
Energy	S3742
Calcium, Ca	S3742
Vitamin C, total ascorbic acid	S3742
Fatty acids, total saturated	S3742
Protein	S3742
Vitamin A, IU	S3742
Cholesterol	S3742
Sodium, Na	S3742
Water	S3742
Carbohydrate, by difference	S3742
Ash	S3742
Fiber, total dietary	S3742
Fatty acids, total monounsaturated	S3742
Fatty acids, total trans	S3742

NDB No. 06316 Soup, HEALTHY CHOICE Garden Vegetable Soup, canned

NDB No. 06316 Soup, HEALTHY CHOICE Garden Vegetable Soup, canned

Iron, Fe	S3742
Fiber, total dietary	S3742
Calcium, Ca	S3742
Protein	S3742
Carbohydrate, by difference	S3742
Sodium, Na	S3742
Vitamin C, total ascorbic acid	S3742
Cholesterol	S3742
Energy	S3742
Water	S3742
Fatty acids, total monounsaturated	S3742
Fatty acids, total saturated	S3742
Sugars, total	S3742
Ash	S3742
Vitamin A, IU	S3742
Fatty acids, total polyunsaturated	S3742

NDB No. 06317 CAMPBELL Soup Company, CAMPBELL'S Fat Free Beef Gravy

Water	S3921

NDB No. 06318 CAMPBELL Soup Company, CAMPBELL'S Country Style Cream Gravy

Water	S3921

NDB No. 06319 CAMPBELL Soup Company, CAMPBELL'S Country Style Sausage Gravy

Water	S3921

NDB No. 06320 CAMPBELL Soup Company, CAMPBELL'S Fat Free Chicken Gravy

Water	S3921

NDB No. 06321 CAMPBELL Soup Company, CAMPBELL'S Golden Pork Gravy

Water	S3921

NDB No. 06322 CAMPBELL Soup Company, CAMPBELL'S Mushroom Gravy

Water S3921

NDB No. 06323 CAMPBELL Soup Company, CAMPBELL'S Fat Free Turkey Gravy

Water S3921

NDB No. 06324 CAMPBELL Soup Company, CAMPBELL'S Microwavable Beef Gravy

Water S3921

NDB No. 06325 CAMPBELL Soup Company, CAMPBELL'S Microwavable Chicken Gravy

Water S3921

NDB No. 06326 CAMPBELL Soup Company, CAMPBELL'S Turkey Gravy

Water S3921

NDB No. 06327 CAMPBELL Soup Company, FRANCO-AMERICAN Fat Free Slow Roast Beef Gravy

Water S3921

NDB No. 06328 CAMPBELL Soup Company, FRANCO-AMERICAN Fat Free Slow Roast Chicken Gravy

Water S3921

NDB No. 06329 CAMPBELL Soup Company, FRANCO-AMERICAN Slow Roast Beef Gravy

Water S3921

NDB No. 06330 CAMPBELL Soup Company, FRANCO-AMERICAN Slow Roast Chicken Gravy

Water S3921

NDB No. 06331 CAMPBELL Soup Company, FRANCO-AMERICAN Slow Roast Turkey Gravy

Water S3921

NDB No. 06332 CAMPBELL Soup Company, CAMPBELL'S Microwavable Turkey Gravy

NDB No. 06332 CAMPBELL Soup Company, CAMPBELL'S Microwavable Turkey Gravy

Water S3921

NDB No. 06333 CAMPBELL Soup Company, CAMPBELL'S Red and White, Cream of Broccoli Soup, condensed

Water S3921

NDB No. 06334 CAMPBELL Soup Company, CAMPBELL'S Red and White, Cream of Celery Soup, condensed

Water S3921

NDB No. 06336 CAMPBELL Soup Company, CAMPBELL'S Red and White, Cream of Chicken Soup, condensed

Water S3921

NDB No. 06337 CAMPBELL Soup Company, CAMPBELL'S Red and White, Cream of Chicken with Herbs Soup, condensed

Water S3921

NDB No. 06338 CAMPBELL Soup Company, CAMPBELL'S Red and White, Cream of Mushroom Soup, condensed

Water S3921

NDB No. 06339 CAMPBELL Soup Company, CAMPBELL'S Red and White, Cream of Mushroom with Roasted Garlic Soup, condensed

Water S3921

NDB No. 06340 CAMPBELL Soup Company, CAMPBELL'S Red and White, Cream of Onion Soup, condensed

Water S3921

NDB No. 06341 CAMPBELL Soup Company, CAMPBELL'S Red and White, Cream of Potato Soup, condensed

Water S3921

NDB No. 06342 CAMPBELL Soup Company, CAMPBELL'S Red and White, Cream of Shrimp Soup, condensed

Water S3921

NDB No. 06343 CAMPBELL Soup Company, CAMPBELL'S Red and White, Creamy Chicken Noodle Soup, condensed

Water S3921

NDB No. 06344 CAMPBELL Soup Company, CAMPBELL'S Red and White, Creamy Chicken Verde Soup, condensed

Water S3921

NDB No. 06346 CAMPBELL Soup Company, CAMPBELL'S Red and White, Curly Noodle Soup, condensed

Water S3921

NDB No. 06347 CAMPBELL Soup Company, CAMPBELL'S Red and White, DANNY PHANTOM shaped pasta with Chicken in Chicken Broth, condensed

Water S3921

NDB No. 06349 CAMPBELL Soup Company, CAMPBELL'S Red and White, DORA THE EXPLORER Kidshapes Soup, condensed

Water S3921

NDB No. 06350 CAMPBELL Soup Company, CAMPBELL'S Red and White, DOUBLE NOODLE in Chicken Broth Soup, condensed

Water S3921

NDB No. 06351 CAMPBELL Soup Company, CAMPBELL'S Red and White, Old Fashioned Tomato Rice Soup, condensed

Water S3921

NDB No. 06353 CAMPBELL Soup Company, CAMPBELL'S Red and White, Fiesta Nacho Cheese Soup, condensed

Water S3921

NDB No. 06354 CAMPBELL Soup Company, CAMPBELL'S Red and White, French Onion Soup, condensed

Water S3921

NDB No. 06355 CAMPBELL Soup Company, CAMPBELL'S Red and White, Golden Mushroom Soup, condensed

Water S3921

NDB No. 06357 CAMPBELL Soup Company, CAMPBELL'S Red and White, GOLDFISH Pasta with Chicken in Chicken Broth, condensed

Water S3921

NDB No. 06360 CAMPBELL Soup Company, CAMPBELL'S Red and White, GOLDFISH Pasta with Meatballs in Chicken Broth Soup, condensed

Water S3921

NDB No. 06361 CAMPBELL Soup Company, CAMPBELL'S Red and White, Green Pea Soup, condensed

Water S3921

NDB No. 06362 CAMPBELL Soup Company, CAMPBELL'S Red and White, Hearty Vegetable with Pasta Soup, condensed

Water S3921

NDB No. 06363 CAMPBELL Soup Company, CAMPBELL'S Red and White, Homestyle Chicken Noodle Soup, condensed

Water S3921

NDB No. 06364 CAMPBELL Soup Company, CAMPBELL'S Red and White, Manhattan Clam Chowder, condensed

Water S3921

NDB No. 06365 CAMPBELL Soup Company, CAMPBELL'S Red and White, Mega Noodle in Chicken Broth, condensed

Water S3921

NDB No. 06366 CAMPBELL Soup Company, CAMPBELL'S Red and White, Minestrone Soup, condensed

Water S3921

NDB No. 06367 CAMPBELL Soup Company, CAMPBELL'S Red and White, New England Clam Chowder, condensed

Water S3921

NDB No. 06369 CAMPBELL Soup Company, CAMPBELL'S Red and White, Oyster Stew, condensed

NDB No. 06369 CAMPBELL Soup Company, CAMPBELL'S Red and White, Oyster Stew, condensed

Water S3921

NDB No. 06370 CAMPBELL Soup Company, CAMPBELL'S Red and White, Pepper Pot Soup, condensed

Water S3921

NDB No. 06371 CAMPBELL Soup Company, CAMPBELL'S Red and White, Scotch Broth, condensed

Water S3921

NDB No. 06372 CAMPBELL Soup Company, CAMPBELL'S Red and White, Southwest Style Pepper Jack Soup, condensed

Water S3921

NDB No. 06373 CAMPBELL Soup Company, CAMPBELL'S Red and White, Vegetarian Vegetable Soup, condensed

Water S3921

NDB No. 06374 CAMPBELL Soup Company, CAMPBELL'S Red and White, Vegetable Soup, condensed

Water S3921

NDB No. 06375 CAMPBELL Soup Company, CAMPBELL'S Red and White, Vegetable Beef Soup, condensed

Water S3921

NDB No. 06377 CAMPBELL Soup Company, CAMPBELL'S Red and White, Tomato Soup, condensed

Water S3921

NDB No. 06379 CAMPBELL Soup Company, CAMPBELL'S Red and White, Tomato Bisque, condensed

Water S3921

NDB No. 06380 CAMPBELL Soup Company, CAMPBELL'S Red and White, Split Pea with Ham and Bacon Soup, condensed

Water S3921

NDB No. 06381 CAMPBELL Soup Company, CAMPBELL'S Red and White, Southwestern-Style Chicken Vegetable Soup, condensed

Water S3921

NDB No. 06383 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Baked Potato with Cheddar & Bacon Bits Soup

Water S3921

NDB No. 06384 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Baked Potato with Steak & Cheese Soup

Water S3921

NDB No. 06385 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Barbeque Seasoned Burger Soup

Water S3921

NDB No. 06386 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, BBQ Seasoned Pork Soup

Water S3921

NDB No. 06387 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Beef Rib Roast with Potatoes & Herbs Soup

Water S3921

NDB No. 06388 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Beef with Country Vegetables Soup

Water S3921

NDB No. 06389 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Beef with White and Wild Rice Soup

Water S3921

NDB No. 06391 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Chicken and Dumplings Soup

Water S3921

NDB No. 06392 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Chicken Broccoli Cheese & Potato Soup

Water S3921

NDB No. 06393 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Chicken Corn Chowder

Water S3921

NDB No. 06394 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Chicken Mushroom Chowder

Water S3921

NDB No. 06395 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Classic Chicken Noodle Soup

Water S3921

NDB No. 06396 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Fajita Chicken with Rice & Beans Soup

Water S3921

NDB No. 06398 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Firehouse - Hot & Spicy Beef & Bean Chili

Water S3921

NDB No. 06399 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Grilled Chicken & Sausage Gumbo Soup

Water S3921

NDB No. 06400 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Grilled Chicken with Vegetables & Pasta Soup

Water S3921

NDB No. 06403 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Grilled Sirloin Steak with Hearty Vegetables Soup

Water S3921

NDB No. 06405 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, HEALTHY REQUEST Chicken Noodle Soup

Water S3921

NDB No. 06408 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, HEALTHY REQUEST Vegetable Soup

Water S3921

NDB No. 06414 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Hearty Bean 'N' Ham Soup

Water S3921

NDB No. 06415 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Hearty Beef Barley Soup

Water S3921

NDB No. 06418 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Hearty Chicken with Vegetables Soup

Water S3921

NDB No. 06420 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Hearty Vegetable with Pasta Soup

Water S3921

NDB No. 06421 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Herb Roasted Chicken with Potatoes & Garlic Soup

Water S3921

NDB No. 06424 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Honey Roasted Ham with Potatoes Soup

Water S3921

NDB No. 06427 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Italian Sausage & Peppers Soup

Water S3921

NDB No. 06429 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Manhattan Clam Chowder

Water S3921

NDB No. 06431 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, New England Clam Chowder

Water S3921

NDB No. 06433 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Old Fashioned Potato Ham Chowder

Water S3921

NDB No. 06434 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Old Fashioned Vegetable Beef Soup

Water S3921

NDB No. 06435 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Pepper Steak Soup

Water S3921

NDB No. 06436 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Pork Roast with Carrots & Potatoes Soup

Water S3921

NDB No. 06437 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Roadhouse - Beef & Bean Chili

Water S3921

NDB No. 06438 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Salisbury Steak with Mushrooms & Onions Soup

Water S3921

NDB No. 06439 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Savory Chicken with White & Wild Rice Soup

Water S3921

NDB No. 06441 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Savory Pot Roast Soup

Water S3921

NDB No. 06447 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Savory Vegetable Soup

Water S3921

NDB No. 06454 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Sizzlin' Steak- Grilled Steak Chili with Beans

Water S3921

NDB No. 06457 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Slow Roasted Beef with Mushrooms Soup

Water S3921

NDB No. 06458 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Smoked Chicken with Roasted Corn Chowder

Water S3921

NDB No. 06459 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Split Pea 'N' Ham Soup

Water S3921

NDB No. 06462 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Steak 'N' Potato Soup

Water S3921

NDB No. 06464 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Tantalizin' Turkey - Turkey Chili with Beans Soup

Water S3921

NDB No. 06470 CAMPBELL Soup company, CAMPBELL'S Low Sodium Soups, Chicken Broth

Water S3921

NDB No. 06482 CAMPBELL Soup company, CAMPBELL'S Low Sodium Soups, Chicken with Noodles Soup

Water S3921

NDB No. 06487 CAMPBELL Soup company, CAMPBELL'S Low Sodium Soups, Cream of Mushroom Soup

Water S3921

NDB No. 06497 CAMPBELL Soup Company, CAMPBELL'S Red and White - Microwaveable Bowls, Chicken Noodle Soup

Water S3921

NDB No. 06502 CAMPBELL Soup Company, CAMPBELL'S Red and White - Microwaveable Bowls, Chicken Rice Soup

Water S3921

NDB No. 06503 CAMPBELL Soup Company, CAMPBELL'S Red and White - Microwaveable Bowls, Creamy Tomato Soup

NDB No. 06503 CAMPBELL Soup Company, CAMPBELL'S Red and White - Microwaveable Bowls, Creamy Tomato Soup

Water S3921

NDB No. 06504 CAMPBELL Soup Company, CAMPBELL'S Red and White - Microwaveable Bowls, Tomato Soup

Water S3921

NDB No. 06505 CAMPBELL Soup Company, CAMPBELL'S Red and White - Microwaveable Bowls, Vegetable Beef Soup

Water S3921

NDB No. 06507 CAMPBELL Soup Company, CAMPBELL'S SELECT Gold Label Soups, Blended Red Pepper Black Bean Soup

Water S3921

NDB No. 06508 CAMPBELL Soup Company, CAMPBELL'S SELECT Gold Label Soups, Creamy Portobello Mushroom Soup

Water S3921

NDB No. 06509 CAMPBELL Soup Company, CAMPBELL'S SELECT Gold Label Soups, Golden Butternut Squash Soup

Water S3921

NDB No. 06513 CAMPBELL Soup Company, CAMPBELL'S SELECT HARVEST Microwaveable Bowls, 98% Fat Free New England Clam Chowder

Water S3921

NDB No. 06514 CAMPBELL Soup Company, CAMPBELL'S SELECT Microwaveable Bowls, Chicken with Egg Noodles Soup

Water S3921

NDB No. 06516 CAMPBELL Soup Company, CAMPBELL'S SELECT Microwaveable Bowls, Italian Sausage Pasta & Pepperoni Soup

Water S3921

NDB No. 06517 CAMPBELL Soup Company, CAMPBELL'S SELECT Microwaveable Bowls, Italian-Style Wedding Soup

Water S3921

NDB No. 06519 CAMPBELL Soup Company, CAMPBELL'S SELECT Microwaveable Bowls, Mexican Style Chicken Tortilla Soup

Water S3921

NDB No. 06521 CAMPBELL Soup Company, CAMPBELL'S SELECT Microwaveable Bowls, Minestrone Soup

Water S3921

NDB No. 06525 CAMPBELL Soup Company, CAMPBELL'S SELECT Microwaveable Bowls, Savory Chicken and Long Grain Rice Soup

Water S3921

NDB No. 06529 CAMPBELL Soup Company, CAMPBELL'S SELECT Soup, 98% Fat Free New England Clam Chowder

Water S3921

NDB No. 06531 CAMPBELL Soup Company, CAMPBELL'S SELECT Soup, Beef with Roasted Barley Soup

Water S3921

NDB No. 06532 CAMPBELL Soup Company, CAMPBELL'S SELECT Soup, Chicken & Pasta with Roasted Garlic Soup

Water S3921

NDB No. 06533 CAMPBELL Soup Company, CAMPBELL'S SELECT Soup, Chicken Vegetable Medley Soup

Water S3921

NDB No. 06535 CAMPBELL Soup Company, CAMPBELL'S SELECT Soup, Creamy Chicken Alfredo Soup

Water S3921

NDB No. 06537 CAMPBELL Soup Company, CAMPBELL'S SELECT Soup, HEALTHY REQUEST Mexican Style Chicken Tortilla

Water S3921

NDB No. 06540 CAMPBELL Soup Company, CAMPBELL'S SELECT Soup, Italian Sausage with Pasta & Pepperoni Soup

Water S3921

NDB No. 06541 CAMPBELL Soup Company, CAMPBELL'S SELECT Soup, Italian-Style Wedding Soup

Water S3921

NDB No. 06542 CAMPBELL Soup Company, CAMPBELL'S SELECT Soup, Mediterranean Meatball w/Bowtie Pasta Soup

Water S3921

NDB No. 06543 CAMPBELL Soup Company, CAMPBELL'S SELECT Soup, Mexican Style Chicken Tortilla Soup

Water S3921

NDB No. 06544 CAMPBELL Soup Company, CAMPBELL'S SELECT Soup, Minestrone Soup

Water S3921

NDB No. 06545 CAMPBELL Soup Company, CAMPBELL'S SELECT Soup, New England Clam Chowder

Water S3921

NDB No. 06546 CAMPBELL Soup Company, CAMPBELL'S SELECT Soup, Potato Broccoli Cheese Soup

Water S3921

NDB No. 06548 CAMPBELL Soup Company, CAMPBELL'S SELECT Soup, Roasted Chicken with Long Grain & Wild Rice Soup

Water S3921

NDB No. 06550 CAMPBELL Soup Company, CAMPBELL'S SELECT Soup, Roasted Chicken with Rotini & Penne Pasta Soup

Water S3921

NDB No. 06553 CAMPBELL Soup Company, CAMPBELL'S SELECT Soup, Savory White Bean with Roasted Ham Soup

NDB No. 06553 CAMPBELL Soup Company, CAMPBELL'S SELECT Soup, Savory White Bean with Roasted Ham Soup

Water	S3921

NDB No. 06554 CAMPBELL Soup Company, CAMPBELL'S SELECT Soup, Slow Roasted Beef and Vegetables Soup

Water	S3921

NDB No. 06556 CAMPBELL Soup Company, CAMPBELL'S SELECT Soup, Split Pea with Roasted Ham Soup

Water	S3921

NDB No. 06578 CAMPBELL Soup Company, CAMPBELL'S SELECT Soup, Tomato Garden Soup

Water	S3921

NDB No. 06580 CAMPBELL Soup Company, CAMPBELL'S SELECT Soup, Vegetable Medley Soup

Water	S3921

NDB No. 06583 Soup, ramen noodle, any flavor, dry

Protein	S18
Ash	S18
Fructose	S18
Calcium, Ca	S18
Iron, Fe	S18
18:3 undifferentiated	S18
Maltose	S18
Galactose	S18
Magnesium, Mg	S18
Tocopherol, delta	S18
Niacin	S18
14:0	S18
20:0	S18
18:2 undifferentiated	S18
20:1	S18
Sugars, total	S18
Phosphorus, P	S18
Selenium, Se	S18

NDB No. 06583 Soup, ramen noodle, any flavor, dry

Tocopherol, beta	S18
18:1 undifferentiated	S18
17:0	S18
20:2 n-6 c,c	S18
Sucrose	S18
Copper, Cu	S18
Manganese, Mn	S18
Thiamin	S18
Fatty acids, total saturated	S18
22:0	S18
Total lipid (fat)	S18
Vitamin E (alpha-tocopherol)	S18
Folate, total	S18
Fatty acids, total polyunsaturated	S18
15:1	S18
Potassium, K	S18
Zinc, Zn	S18
Riboflavin	S18
Vitamin B-6	S18
Vitamin B-12	S18
Fatty acids, total monounsaturated	S18
17:1	S18
Starch	S18
Glucose (dextrose)	S18
Lactose	S18
Tocopherol, gamma	S18
18:0	S18
Water	S18
Fiber, total dietary	S18
Sodium, Na	S18
Vitamin C, total ascorbic acid	S18
Pantothenic acid	S18
12:0	S18
16:0	S18

NDB No. 06585 CAMPBELL Soup Company, CAMPBELL'S SOUP AT HAND, Blended Vegetable Medley Soup

Reference_Report

NDB No. 06585 CAMPBELL Soup Company, CAMPBELL'S SOUP AT HAND, Blended Vegetable Medley Soup

Water S3921

NDB No. 06586 CAMPBELL Soup Company, CAMPBELL'S SOUP AT HAND, Chicken & Stars Soup

Water S3921

NDB No. 06587 CAMPBELL Soup Company, CAMPBELL'S SOUP AT HAND, Chicken with Mini Noodles Soup

Water S3921

NDB No. 06589 CAMPBELL Soup Company, CAMPBELL'S SOUP AT HAND, Cream of Broccoli Soup

Water S3921

NDB No. 06590 CAMPBELL Soup Company, CAMPBELL'S SOUP AT HAND, Creamy Chicken Soup

Water S3921

NDB No. 06592 CAMPBELL Soup Company, CAMPBELL'S SOUP AT HAND, Creamy Tomato Soup

Water S3921

NDB No. 06593 CAMPBELL Soup Company, CAMPBELL'S SOUP AT HAND, Italian Style Wedding Soup

Water S3921

NDB No. 06594 CAMPBELL Soup Company, CAMPBELL'S SOUP AT HAND, New England Clam Chowder

Water S3921

NDB No. 06595 CAMPBELL Soup Company, CAMPBELL'S SOUP AT HAND, Vegetable Beef Soup

Water S3921

NDB No. 06596 CAMPBELL Soup Company, CAMPBELL'S SOUP AT HAND, Velvety Potato Soup

Water S3921

NDB No. 06597 CAMPBELL Soup Company, PACE, Chipotle Chunky Salsa

NDB No. 06597 CAMPBELL Soup Company, PACE, Chipotle Chunky Salsa

Water S3921

NDB No. 06598 CAMPBELL Soup Company, PACE, Cilantro Chunky Salsa

Water S3921

NDB No. 06599 CAMPBELL Soup Company, PACE, Enchilada Sauce

Water S3921

NDB No. 06600 CAMPBELL Soup Company, PACE, Green Taco Sauce

Water S3921

NDB No. 06601 CAMPBELL Soup Company, PACE, Lime & Garlic Chunky Salsa

Water S3921

NDB No. 06602 CAMPBELL Soup Company, PACE, Organic Picante Sauce

Water S3921

NDB No. 06603 CAMPBELL Soup Company, PACE, Picante Sauce

Water S3921

NDB No. 06604 CAMPBELL Soup Company, PACE, Red Taco Sauce

Water S3921

NDB No. 06605 CAMPBELL Soup Company, PACE, Thick & Chunky Salsa

Water S3921

NDB No. 06609 CAMPBELL Soup Company, SWANSON BROTH, Certified Organic Vegetable Broth

Water S3921

NDB No. 06615 CAMPBELL Soup Company, SWANSON BROTH, Vegetable Broth

NDB No. 06615 CAMPBELL Soup Company, SWANSON BROTH, Vegetable Broth

Water	S3921

NDB No. 06617 CAMPBELL Soup Company, CAMPBELL'S SELECT Soup, HEALTHY REQUEST Itallian-Style Wedding Soup

Water	S3921

NDB No. 06931 Sauce, pasta, spaghetti/marinara, ready-to-serve

Carotene, alpha	S4901
Niacin	S22
Ash	S22
Zinc, Zn	S22
Manganese, Mn	S22
Water	S3921
Copper, Cu	S22
Selenium, Se	S22
Lutein + zeaxanthin	S4901
Vitamin K (phylloquinone)	S22
Magnesium, Mg	S22
Carotene, beta	S4901
Lycopene	S4901
Thiamin	S22
Betaine	S22
Fluoride, F	D5301, D5002
Cryptoxanthin, beta	S4901
Riboflavin	S22
Choline, total	S22
Pantothenic acid	S22
Vitamin B-6	S22
Phosphorus, P	S22

NDB No. 06932 CAMPBELL Soup Company, PREGO Pasta, Traditional Italian Sauce, ready-to-serve

Water	S3921

NDB No. 06982 Soup, ramen noodle, beef flavor, dry

Ash	S18

NDB No. 06982 Soup, ramen noodle, beef flavor, dry

Lactose	S18
Maltose	S18
Iron, Fe	S18
Zinc, Zn	S18
Manganese, Mn	S18
Thiamin	S18
Methionine	S18
Arginine	S18
Alanine	S18
Glycine	S18
Protein	S18
Magnesium, Mg	S18
Potassium, K	S18
Vitamin E (alpha-tocopherol)	S18
Vitamin C, total ascorbic acid	S18
Threonine	S18
Isoleucine	S18
Leucine	S18
Water	S18
Sodium, Na	S18
Tryptophan	S18
Valine	S18
Histidine	S18
Aspartic acid	S18
20:1	S18
Sucrose	S18
Riboflavin	S18
Niacin	S18
Vitamin B-6	S18
Vitamin B-12	S18
Total lipid (fat)	S18
Fructose	S18
Phosphorus, P	S18
Selenium, Se	S18
Tocopherol, delta	S18
Folate, total	S18
Phenylalanine	S18

NDB No. 06982 Soup, ramen noodle, beef flavor, dry

Glutamic acid	S18
Fatty acids, total saturated	S18
18:0	S18
18:2 undifferentiated	S18
18:3 undifferentiated	S18
Sugars, total	S18
Galactose	S18
Pantothenic acid	S18
Cystine	S18
Serine	S18
12:0	S18
Glucose (dextrose)	S18
Tyrosine	S18
Proline	S18
14:0	S18
16:0	S18
20:0	S18
18:1 undifferentiated	S18
17:1	S18
Starch	S18
Fiber, total dietary	S18
Calcium, Ca	S18
Copper, Cu	S18
Tocopherol, beta	S18
Tocopherol, gamma	S18
Lysine	S18
22:0	S18
Fatty acids, total monounsaturated	S18
Fatty acids, total polyunsaturated	S18
17:0	S18
20:2 n-6 c,c	S18
15:1	S18

NDB No. 06983 Soup, ramen noodle, chicken flavor, dry

Tocopherol, delta	S18
Pantothenic acid	S18

NDB No. 06983 Soup, ramen noodle, chicken flavor, dry

Vitamin B-12	S18
Isoleucine	S18
Serine	S18
14:0	S18
16:0	S18
18:2 undifferentiated	S18
Fatty acids, total monounsaturated	S18
Sucrose	S18
Water	S18
Sugars, total	S18
Sodium, Na	S18
Tocopherol, beta	S18
Folate, total	S18
Valine	S18
Histidine	S18
18:0	S18
20:2 n-6 c,c	S18
Magnesium, Mg	S18
Selenium, Se	S18
Vitamin B-6	S18
Threonine	S18
Cystine	S18
Phenylalanine	S18
Arginine	S18
18:1 undifferentiated	S18
Maltose	S18
Phosphorus, P	S18
Zinc, Zn	S18
Vitamin E (alpha-tocopherol)	S18
Tryptophan	S18
Alanine	S18
Glutamic acid	S18
Proline	S18
20:0	S18
Lactose	S18
Fiber, total dietary	S18
Iron, Fe	S18

NDB No. 06983 Soup, ramen noodle, chicken flavor, dry

Leucine	S18
Methionine	S18
Fatty acids, total polyunsaturated	S18
17:1	S18
Starch	S18
Fructose	S18
Niacin	S18
Tyrosine	S18
Aspartic acid	S18
Glucose (dextrose)	S18
Calcium, Ca	S18
Potassium, K	S18
Copper, Cu	S18
Manganese, Mn	S18
Tocopherol, gamma	S18
Thiamin	S18
Riboflavin	S18
Lysine	S18
Glycine	S18
Fatty acids, total saturated	S18
12:0	S18
20:1	S18
Protein	S18
Total lipid (fat)	S18
Ash	S18
Galactose	S18
Vitamin C, total ascorbic acid	S18
18:3 undifferentiated	S18

NDB No. 06984 Soup, SWANSON Chicken Broth 99% Fat Free

Glucose (dextrose)	S2104
Water	S2104
Sugars, total	S2104
Sodium, Na	S2104
Thiamin	S2104
Methionine	S2104

NDB No. 06984 Soup, SWANSON Chicken Broth 99% Fat Free

12:0	S2104
18:0	S2104
Ash	S2104
Copper, Cu	S2104
Vitamin K (phylloquinone)	S2104
Lysine	S2104
18:3 undifferentiated	S2104
22:0	S2104
Fatty acids, total monounsaturated	S2104
Calcium, Ca	S2104
Phosphorus, P	S2104
Zinc, Zn	S2104
Folate, total	S2104
Cystine	S2104
10:0	S2104
20:2 n-6 c,c	S2104
18:3 n-6 c,c,c	S2104
Total lipid (fat)	S2104
Lactose	S2104
Fiber, total dietary	S2104
Tryptophan	S2104
Isoleucine	S2104
Leucine	S2104
Aspartic acid	S2104
Proline	S2104
17:0	S2104
20:3 undifferentiated	S2104
Starch	S2104
Iron, Fe	S2104
Potassium, K	S2104
Selenium, Se	S2104
Dihydrophylloquinone	S2104
Threonine	S2104
Glutamic acid	S2104
Glycine	S2104
Fatty acids, total saturated	S2104
16:0	S2104

NDB No. 06984 Soup, SWANSON Chicken Broth 99% Fat Free

20:1	S2104
Fatty acids, total polyunsaturated	S2104
15:0	S2104
18:3 n-3 c,c,c (ALA)	S2104
Maltose	S2104
Galactose	S2104
Magnesium, Mg	S2104
Riboflavin	S2104
Niacin	S2104
Vitamin B-12	S2104
Tyrosine	S2104
Serine	S2104
8:0	S2104
20:0	S2104
20:4 undifferentiated	S2104
Sucrose	S2104
Vitamin C, total ascorbic acid	S2104
Vitamin B-6	S2104
Phenylalanine	S2104
Histidine	S2104
Alanine	S2104
18:2 undifferentiated	S2104
14:1	S2104
17:1	S2104
Protein	S2104
Fructose	S2104
Manganese, Mn	S2104
Pantothenic acid	S2104
Valine	S2104
Arginine	S2104
Cholesterol	S2104
14:0	S2104
18:1 undifferentiated	S2104
16:1 undifferentiated	S2104
15:1	S2104

NDB No. 06985 Gravy, HEINZ Home Style Savory Beef Gravy

Sodium, Na	S2104
Zinc, Zn	S2104
Copper, Cu	S2104
Manganese, Mn	S2104
Pantothenic acid	S2104
Leucine	S2104
Valine	S2104
Histidine	S2104
Aspartic acid	S2104
Cholesterol	S2104
Fatty acids, total polyunsaturated	S2104
20:3 undifferentiated	S2104
15:1	S2104
Total lipid (fat)	S2104
Calcium, Ca	S2104
Potassium, K	S2104
Selenium, Se	S2104
18:1 undifferentiated	S2104
18:3 undifferentiated	S2104
14:1	S2104
17:1	S2104
Iron, Fe	S2104
Vitamin B-6	S2104
Isoleucine	S2104
Proline	S2104
Serine	S2104
Hydroxyproline	S2104
8:0	S2104
12:0	S2104
18:2 undifferentiated	S2104
16:1 undifferentiated	S2104
20:1	S2104
Protein	S2104
Ash	S2104
Niacin	S2104
Methionine	S2104
Tyrosine	S2104

NDB No. 06985 Gravy, HEINZ Home Style Savory Beef Gravy

14:0	S2104
Fiber, total dietary	S2104
Phosphorus, P	S2104
Thiamin	S2104
Cystine	S2104
Alanine	S2104
Fatty acids, total saturated	S2104
10:0	S2104
18:0	S2104
20:2 n-6 c,c	S2104
18:3 n-6 c,c,c	S2104
Water	S2104
Folate, total	S2104
Tryptophan	S2104
Phenylalanine	S2104
Glutamic acid	S2104
20:4 undifferentiated	S2104
15:0	S2104
17:0	S2104
Magnesium, Mg	S2104
Vitamin C, total ascorbic acid	S2104
Threonine	S2104
Arginine	S2104
Glycine	S2104
20:0	S2104
Fatty acids, total monounsaturated	S2104
18:3 n-3 c,c,c (ALA)	S2104
Sugars, total	S2104
Riboflavin	S2104
Vitamin B-12	S2104
Lysine	S2104
16:0	S2104
22:0	S2104

NDB No. 06986 CAMPBELL Soup Company, HEALTHY REQUEST, Chicken Noodle Soup, condensed

Water	S3921

NDB No. 06987 CAMPBELL Soup Company, HEALTHY REQUEST, Cream of Celery Soup, condensed

Water S3921

NDB No. 06988 CAMPBELL Soup Company, HEALTHY REQUEST, Cream of Mushroom Soup, condensed

Water S3921

NDB No. 06989 CAMPBELL Soup Company, HEALTHY REQUEST, Homestyle Chicken Noodle Soup, condensed

Water S3921

NDB No. 06990 CAMPBELL Soup Company, HEALTHY REQUEST, Minestrone Soup, condensed

Water S3921

NDB No. 06991 CAMPBELL Soup Company, HEALTHY REQUEST, Tomato Soup, condensed

Water S3921

NDB No. 06992 CAMPBELL Soup Company, HEALTHY REQUEST, Vegetable Soup, condensed

Water S3921

NDB No. 06994 CAMPBELL Soup Company, PREGO Pasta, Chunky Garden Combination Italian Sauce, ready-to-serve

Water S3921

NDB No. 06995 CAMPBELL Soup Company, PREGO Pasta, Chunky Garden Tomato, Onion and Garlic Italian Sauce, ready-to-serve

Water S3921

NDB No. 06996 CAMPBELL Soup Company, CAMPBELL'S Au Jus Gravy

Water S3921

NDB No. 06997 CAMPBELL Soup Company, CAMPBELL'S Beef Gravy

Water S3921

NDB No. 06998 CAMPBELL Soup Company, CAMPBELL'S Brown Gravy with Onions

Water	S3921

NDB No. 06999 CAMPBELL Soup Company, CAMPBELL'S Chicken Gravy

Water	S3921

NDB No. 07002 Beerwurst, beer salami, pork and beef

Theobromine	S222
Potassium, K	S222
Niacin	S222
4:0	S222
8:0	S222
18:2 undifferentiated	S222
20:4 undifferentiated	S222
20:5 n-3 (EPA)	S222
Ash	S222
Calcium, Ca	S222
Phosphorus, P	S222
Copper, Cu	S222
Fluoride, F	D5001, D5007
Vitamin C, total ascorbic acid	S222
Thiamin	S222
Vitamin B-12	S222
14:0	S222
18:3 undifferentiated	S222
16:1 undifferentiated	S222
20:1	S222
Total lipid (fat)	S222
Magnesium, Mg	S222
Vitamin B-6	S222
12:0	S222
18:1 undifferentiated	S222
18:4	S222
Fatty acids, total monounsaturated	S222
Selenium, Se	S222
Retinol	S222

NDB No. 07002 Beerwurst, beer salami, pork and beef

6:0	S222
Protein	S222
Fiber, total dietary	S222
Iron, Fe	S222
Zinc, Zn	S222
Manganese, Mn	S222
Cholesterol	S222
16:0	S222
22:6 n-3 (DHA)	S222
22:1 undifferentiated	S222
22:5 n-3 (DPA)	S222
Carbohydrate, by difference	S222
Energy	S222
Water	S222
Riboflavin	S222
Pantothenic acid	S222
Folate, total	S222
10:0	S222
18:0	S222
Sodium, Na	S222
Fatty acids, total saturated	S222
Caffeine	S222
Sugars, total	S222
Vitamin A, IU	S222
Fatty acids, total polyunsaturated	S222

NDB No. 07003 Beerwurst, beer salami, pork

Fluoride, F	D5001, D5007

NDB No. 07004 Sausage, Berliner, pork, beef

Sugars, total	S248
Caffeine	S248
Vitamin D	S248

NDB No. 07005 Blood sausage

NDB No. 07005 Blood sausage

Manganese, Mn	S248
Thiamin	S248
Tryptophan	S248
Cystine	S248
Arginine	S248
4:0	S248
Sugars, total	S248
Folate, total	S248
10:0	S248
14:0	S248
Fatty acids, total polyunsaturated	S248
Water	S248
Calcium, Ca	S248
Iron, Fe	S248
Zinc, Zn	S248
Copper, Cu	S248
Vitamin B-6	S248
Aspartic acid	S248
6:0	S248
18:2 undifferentiated	S248
Energy	S248
Fiber, total dietary	S248
Sodium, Na	S248
Phenylalanine	S248
Tyrosine	S248
Alanine	S248
8:0	S248
20:4 undifferentiated	S248
22:5 n-3 (DPA)	S248
Total lipid (fat)	S248
Vitamin C, total ascorbic acid	S248
Pantothenic acid	S248
Vitamin B-12	S248
Lysine	S248
Glutamic acid	S248
16:0	S248
18:1 undifferentiated	S248

NDB No. 07005 Blood sausage

22:6 n-3 (DHA)	S248
Caffeine	S248
Phosphorus, P	S248
Potassium, K	S248
Vitamin A, IU	S248
Niacin	S248
Threonine	S248
Isoleucine	S248
16:1 undifferentiated	S248
20:1	S248
Ash	S248
Riboflavin	S248
Methionine	S248
Proline	S248
Serine	S248
Cholesterol	S248
Fatty acids, total saturated	S248
18:0	S248
Protein	S248
Magnesium, Mg	S248
Leucine	S248
Valine	S248
Histidine	S248
Glycine	S248
12:0	S248
18:3 undifferentiated	S248
18:4	S248
20:5 n-3 (EPA)	S248
22:1 undifferentiated	S248
Fatty acids, total monounsaturated	S248

NDB No. 07006 Bockwurst, pork, veal, raw

Calcium, Ca	S247
Iron, Fe	S247
Cholesterol	S247
Sodium, Na	S247

NDB No. 07007 Bologna, beef

Protein	S1164
Water	S1164
Potassium, K	S1164
Fluoride, F	D5301, D5007, D5021
Manganese, Mn	S1164
Retinol	S1164
Carotene, alpha	S1164
Vitamin C, total ascorbic acid	S1164
Riboflavin	S1164
18:1 undifferentiated	S1164
22:0	S1164
Fatty acids, total monounsaturated	S1164
Ash	S1164
Iron, Fe	S1164
Tocopherol, beta	S1164
Niacin	S1164
Vitamin B-6	S1164
Choline, total	S1164
Folic acid	S1164
Fatty acids, total saturated	S1164
20:2 n-6 c,c	S1164
Total lipid (fat)	S1164
Copper, Cu	S1164
Thiamin	S1164
15:0	S1164
17:0	S1164
18:3 n-6 c,c,c	S1164
20:3 undifferentiated	S1164
15:1	S1164
Energy	S1164
Zinc, Zn	S1164
Hydroxyproline	S1164
8:0	S1164
12:0	S1164
14:0	S1164
Vitamin E (alpha-tocopherol)	S1164
Lycopene	S1164

NDB No. 07007 Bologna, beef

Vitamin K (phylloquinone)	S1164
16:0	S1164
18:2 undifferentiated	S1164
14:1	S1164
20:1	S1164
Selenium, Se	S1164
Cryptoxanthin, beta	S1164
Tocopherol, gamma	S1164
Pantothenic acid	S1164
Folate, total	S1164
Betaine	S1164
Cholesterol	S1164
20:0	S1164
20:4 undifferentiated	S1164
18:3 n-3 c,c,c (ALA)	S1164
Calcium, Ca	S1164
Phosphorus, P	S1164
Carotene, beta	S1164
Fatty acids, total trans	S1164
10:0	S1164
18:0	S1164
Magnesium, Mg	S1164
Sodium, Na	S1164
Tocopherol, delta	S1164
Vitamin B-12	S1164
16:1 undifferentiated	S1164
Fatty acids, total polyunsaturated	S1164

NDB No. 07008 Bologna, beef and pork

Potassium, K	S238
Vitamin C, total ascorbic acid	S238
18:0	S238
Riboflavin	S238
Pantothenic acid	S238
Protein	S238
Copper, Cu	S238

NDB No. 07008 Bologna, beef and pork

Folate, total	S238
Cholesterol	S238
Magnesium, Mg	S238
Phosphorus, P	S238
Fluoride, F	D5301, D5007, D5021
Vitamin B-6	S238
Vitamin B-12	S238
Fiber, total dietary	S238
Calcium, Ca	S238
Sodium, Na	S238
Niacin	S238
Total lipid (fat)	S238
Water	S238
Iron, Fe	S238
Vitamin D	S238
Ash	S238
Sugars, total	S238
Zinc, Zn	S238
Vitamin A, IU	S238
Thiamin	S238

NDB No. 07010 Bologna, pork

Fluoride, F	D5301, D5007, D5021

NDB No. 07011 Bologna, turkey

Vitamin C, total ascorbic acid	S227
Fluoride, F	D5301, D5007, D5021
Cholesterol	S227, S281
Total lipid (fat)	S227, S281
Ash	S281
Iron, Fe	S227
Sodium, Na	S227, S281
Protein	S227, S281
Sugars, total	S227
Calcium, Ca	S227
Fiber, total dietary	S227

NDB No. 07011 Bologna, turkey

Potassium, K	S227
Vitamin A, IU	S227
Water	S227, S281

NDB No. 07013 Bratwurst, pork, cooked

Calcium, Ca	S242
Fiber, total dietary	S242
Vitamin A, IU	S242, S281
Total lipid (fat)	S242, S281
Sugars, total	S242
Vitamin C, total ascorbic acid	S242
Protein	S242, S281
Sodium, Na	S242, S281
Folate, total	S242
Ash	S281
Iron, Fe	S242
Cholesterol	S242, S281
Water	S242, S281

NDB No. 07014 Braunschweiger (a liver sausage), pork

Fatty acids, total saturated	S281
Sodium, Na	S281
Fatty acids, total monounsaturated	S281
Ash	S281
Fatty acids, total polyunsaturated	S281
Carbohydrate, by difference	S281
Iron, Fe	S281
Protein	S281
Total lipid (fat)	S281
Cholesterol	S281
Energy	S281
Water	S281

NDB No. 07015 Brotwurst, pork, beef, link

NDB No. 07015 Brotwurst, pork, beef, link

Potassium, K	S248
Vitamin B-6	S248
Serine	S248
8:0	S248
Total lipid (fat)	S248
Iron, Fe	S248
Magnesium, Mg	S248
Manganese, Mn	S248
Vitamin D	S248
Vitamin C, total ascorbic acid	S248
Pantothenic acid	S248
Cystine	S248
Valine	S248
Aspartic acid	S248
Glycine	S248
Fatty acids, total saturated	S248
14:0	S248
18:1 undifferentiated	S248
18:3 undifferentiated	S248
20:5 n-3 (EPA)	S248
Caffeine	S248
Fiber, total dietary	S248
Sodium, Na	S248
Thiamin	S248
Niacin	S248
Folate, total	S248
Isoleucine	S248
4:0	S248
18:2 undifferentiated	S248
22:6 n-3 (DHA)	S248
18:4	S248
Fatty acids, total polyunsaturated	S248
Protein	S248
Carbohydrate, by difference	S248
Zinc, Zn	S248
Selenium, Se	S248
Riboflavin	S248

NDB No. 07015 Brotwurst, pork, beef, link

Vitamin B-12	S248
Lysine	S248
12:0	S248
16:0	S248
Fatty acids, total monounsaturated	S248
Ash	S248
Calcium, Ca	S248
Alanine	S248
18:0	S248
22:1 undifferentiated	S248
Water	S248
Copper, Cu	S248
Leucine	S248
Phenylalanine	S248
Tyrosine	S248
Arginine	S248
Histidine	S248
20:4 undifferentiated	S248
Phosphorus, P	S248
Vitamin A, IU	S248
Cholesterol	S248
6:0	S248
16:1 undifferentiated	S248
20:1	S248
Sugars, total	S248
Tryptophan	S248
Threonine	S248
Methionine	S248
Glutamic acid	S248
Proline	S248
10:0	S248
22:5 n-3 (DPA)	S248

NDB No. 07016 Cheesefurter, cheese smokie, pork, beef

Fiber, total dietary	S248
Glycine	S248

NDB No. 07016 Cheesefurter, cheese smokie, pork, beef

18:1 undifferentiated	S248
18:2 undifferentiated	S248
Manganese, Mn	S248
Selenium, Se	S248
Vitamin A, IU	S248
Folate, total	S248
Vitamin B-12	S248
Isoleucine	S248
Phenylalanine	S248
8:0	S248
10:0	S248
20:5 n-3 (EPA)	S248
22:1 undifferentiated	S248
Magnesium, Mg	S248
Tryptophan	S248
Methionine	S248
Tyrosine	S248
18:0	S248
18:4	S248
22:5 n-3 (DPA)	S248
Calcium, Ca	S248
Copper, Cu	S248
Arginine	S248
Glutamic acid	S248
Proline	S248
16:0	S248
18:3 undifferentiated	S248
Phosphorus, P	S248
Sodium, Na	S248
Vitamin D	S248
Niacin	S248
Vitamin B-6	S248
Alanine	S248
Serine	S248
Cholesterol	S248
Total lipid (fat)	S248
Ash	S248

NDB No. 07016 Cheesefurter, cheese smokie, pork, beef

Sugars, total	S248
Vitamin C, total ascorbic acid	S248
Riboflavin	S248
Leucine	S248
Cystine	S248
Valine	S248
Aspartic acid	S248
6:0	S248
12:0	S248
14:0	S248
Carbohydrate, by difference	S248
Iron, Fe	S248
Zinc, Zn	S248
Pantothenic acid	S248
Threonine	S248
Lysine	S248
Histidine	S248
20:4 undifferentiated	S248
22:6 n-3 (DHA)	S248
Protein	S248
Water	S248
Caffeine	S248
Potassium, K	S248
Thiamin	S248
4:0	S248
16:1 undifferentiated	S248
20:1	S248
Fatty acids, total polyunsaturated	S248

NDB No. 07017 Chicken roll, light meat

Caffeine	S248
Riboflavin	S3554
Cholesterol	S3554
Fatty acids, total saturated	S3554
18:2 undifferentiated	S3554
22:1 undifferentiated	S3554

NDB No. 07017 Chicken roll, light meat

20:3 undifferentiated	S3554
Fiber, total dietary	S3554
Potassium, K	S3554
Thiamin	S3554
Dihydrophylloquinone	S3554
20:1	S3554
17:0	S3554
18:1 t	S3554
22:1 c	S3554
15:1	S3554
Total lipid (fat)	S3554
Fructose	S3554
Zinc, Zn	S3554
Vitamin B-6	S3554
Vitamin B-12	S3554
Fatty acids, total trans	S3554
16:0	S3554
18:0	S3554
20:4 undifferentiated	S3554
Galactose	S3554
Calcium, Ca	S3554
Magnesium, Mg	S3554
Pantothenic acid	S3554
Choline, total	S3554
Menaquinone-4	S3554
Folic acid	S3554
20:0	S3554
22:5 n-3 (DPA)	S3554
15:0	S3554
18:2 n-6 c,c	S3554
17:1	S3554
Fatty acids, total trans-monoenoic	S3554
Fatty acids, total trans-polyenoic	S3554
Ash	S3554
Glucose (dextrose)	S3554
Water	S3554
Sodium, Na	S3554

NDB No. 07017 Chicken roll, light meat

18:1 undifferentiated	S3554
22:0	S3554
20:5 n-3 (EPA)	S3554
24:0	S3554
Protein	S3554
Sucrose	S3554
Iron, Fe	S3554
Phosphorus, P	S3554
Copper, Cu	S3554
Manganese, Mn	S3554
Selenium, Se	S3554
Hydroxyproline	S3554
12:0	S3554
14:1	S3554
16:1 undifferentiated	S3554
Fatty acids, total polyunsaturated	S3554
20:2 n-6 c,c	S3554
Lactose	S3554
Sugars, total	S3554
Niacin	S3554
10:0	S3554
14:0	S3554
22:6 n-3 (DHA)	S3554
18:2 t,t	S3554
18:1 c	S3554
Maltose	S3554
Folate, total	S3554
Vitamin K (phylloquinone)	S3554
Betaine	S3554
18:3 undifferentiated	S3554
Fatty acids, total monounsaturated	S3554
18:3 n-6 c,c,c	S3554
18:3 n-3 c,c,c (ALA)	S3554

NDB No. 07018 Chicken spread

Total lipid (fat)	S226

NDB No. 07018 Chicken spread

Ash	S226
Water	S226
Sugars, total	S226
Protein	S226
Calcium, Ca	S226
Sodium, Na	S226
Fiber, total dietary	S226
Cholesterol	S226
Vitamin A, IU	S226
Iron, Fe	S226

NDB No. 07021 Dutch brand loaf, chicken, pork and beef

Protein	S237
Calcium, Ca	S237
Ash	S237
Iron, Fe	S237
Total lipid (fat)	S237
Sodium, Na	S237
Cholesterol	S237
Water	S237

NDB No. 07022 Frankfurter, beef

Magnesium, Mg	S21
Vitamin B-6	S21
Betaine	S21, S3461
14:0	S21
18:1 undifferentiated	S21
20:1	S21
15:0	S21
Sucrose	S21
Sodium, Na	S21
Copper, Cu	S21
Folate, total	S21
Tryptophan	S2
Phenylalanine	S2
Glycine	S2

NDB No. 07022 Frankfurter, beef

Proline	S2
Total lipid (fat)	S21
Fructose	S21
Lactose	S21
Maltose	S21
Water	S21
Thiamin	S21
Pantothenic acid	S21
Methionine	S2
Tyrosine	S2
22:0	S21
Starch	S21
Calcium, Ca	S21
Iron, Fe	S21
Potassium, K	S21
Riboflavin	S21
Histidine	S2
Serine	S2
Vitamin B-12	S21
18:3 undifferentiated	S21
22:1 undifferentiated	S21
Phosphorus, P	S21
Manganese, Mn	S21
Selenium, Se	S21
Niacin	S21
Choline, total	S21, S3461
Leucine	S2
Valine	S2
Alanine	S2
Glutamic acid	S2
Cholesterol	S21
16:0	S21
14:1	S21
Galactose	S21
Zinc, Zn	S21
Threonine	S2
Lysine	S2

NDB No. 07022 Frankfurter, beef

18:0	S21
16:1 undifferentiated	S21
17:0	S21
Ash	S21
Glucose (dextrose)	S21
Fluoride, F	S21
Isoleucine	S2
Cystine	S2
Arginine	S2
Aspartic acid	S2
18:2 undifferentiated	S21

NDB No. 07023 Frankfurter, beef and pork

Total lipid (fat)	S242
Water	S242
Protein	S242
Sugars, total	S242
Vitamin A, IU	S242

NDB No. 07024 Frankfurter, chicken

Total lipid (fat)	S3554
Sugars, total	S3554
Folate, food	S3554
8:0	S3554
18:1 t	S3554
15:1	S3554
Water	S3554
Potassium, K	S3554
Selenium, Se	S3554
Dihydrophylloquinone	S3554
18:0	S3554
22:5 n-3 (DPA)	S3554
Fatty acids, total polyunsaturated	S3554
20:2 n-6 c,c	S3554
20:3 undifferentiated	S3554
Zinc, Zn	S3554

NDB No. 07024 Frankfurter, chicken

Pantothenic acid	S3554
Folate, total	S3554
Cholesterol	S3554
10:0	S3554
20:0	S3554
Fatty acids, total trans-monoenoic	S3554
Fatty acids, total trans-polyenoic	S3554
Lactose	S3554
Phosphorus, P	S3554
Thiamin	S3554
Vitamin B-12	S3554
Choline, total	S21, S3554
Menaquinone-4	S3554
20:5 n-3 (EPA)	S3554
Sucrose	S3554
Fructose	S3554
Galactose	S3554
Manganese, Mn	S3554
Vitamin B-6	S3554
Betaine	S21, S3554
16:0	S3554
22:0	S3554
Fatty acids, total monounsaturated	S3554
18:3 n-6 c,c,c	S3554
Glucose (dextrose)	S3554
Fiber, total dietary	S3554
Magnesium, Mg	S3554
Sodium, Na	S3554
Niacin	S3554
Vitamin K (phylloquinone)	S3554
Hydroxyproline	S3554
Fatty acids, total trans	S3554
18:1 undifferentiated	S3554
18:2 undifferentiated	S3554
20:4 undifferentiated	S3554
15:0	S3554

NDB No. 07024 Frankfurter, chicken

24:0	S3554
22:1 c	S3554
Protein	S3554
Iron, Fe	S3554
Copper, Cu	S3554
Folic acid	S3554
12:0	S3554
14:0	S3554
14:1	S3554
16:1 undifferentiated	S3554
22:1 undifferentiated	S3554
17:0	S3554
18:2 t,t	S3554
18:1 c	S3554
17:1	S3554
18:3 n-3 c,c,c (ALA)	S3554
Ash	S3554
Maltose	S3554
Calcium, Ca	S3554
Riboflavin	S3554
Fatty acids, total saturated	S3554
18:3 undifferentiated	S3554
22:6 n-3 (DHA)	S3554
20:1	S3554
18:2 n-6 c,c	S3554

NDB No. 07025 Frankfurter, turkey

Iron, Fe	S3554
Potassium, K	S3554
Thiamin	S3554
Hydroxyproline	S3554
18:0	S3554
18:1 undifferentiated	S3554
14:1	S3554
18:3 n-3 c,c,c (ALA)	S3554
Water	S3554

NDB No. 07025 Frankfurter, turkey

Fiber, total dietary	S3554
Calcium, Ca	S3554
Vitamin B-12	S3554
15:1	S3554
Ash	S3554
Lactose	S3554
Folate, total	S3554
18:3 undifferentiated	S3554
20:4 undifferentiated	S3554
22:0	S3554
16:1 undifferentiated	S3554
17:0	S3554
24:0	S3554
20:2 n-6 c,c	S3554
18:1 c	S3554
22:1 c	S3554
Protein	S3554
Sucrose	S3554
Magnesium, Mg	S3554
Zinc, Zn	S3554
Copper, Cu	S3554
Selenium, Se	S3554
Niacin	S3554
Menaquinone-4	S3554
Dihydrophylloquinone	S3554
Fatty acids, total saturated	S3554
14:0	S3554
22:6 n-3 (DHA)	S3554
Fatty acids, total monounsaturated	S3554
Fatty acids, total polyunsaturated	S3554
15:0	S3554
18:3 n-6 c,c,c	S3554
Fructose	S3554
Sugars, total	S3554
Galactose	S3554
Phosphorus, P	S3554
Vitamin B-6	S3554

NDB No. 07025 Frankfurter, turkey

Betaine	S3554
Fatty acids, total trans	S3554
12:0	S3554
20:1	S3554
18:2 t,t	S3554
Fatty acids, total trans-polyenoic	S3554
20:5 n-3 (EPA)	S3554
22:1 undifferentiated	S3554
Total lipid (fat)	S3554
Sodium, Na	S3554
Pantothenic acid	S3554
Choline, total	S3554
Folic acid	S3554
Folate, food	S3554
Cholesterol	S3554
8:0	S3554
20:0	S3554
18:2 undifferentiated	S3554
22:5 n-3 (DPA)	S3554
18:1 t	S3554
18:2 n-6 c,c	S3554
17:1	S3554
Glucose (dextrose)	S3554
Maltose	S3554
Manganese, Mn	S3554
Riboflavin	S3554
Vitamin K (phylloquinone)	S3554
10:0	S3554
16:0	S3554
20:3 undifferentiated	S3554
Fatty acids, total trans-monoenoic	S3554

NDB No. 07027 Ham, chopped, not canned

Cholesterol	S281
Water	S281
Vitamin A, IU	S281

NDB No. 07027 Ham, chopped, not canned

Fatty acids, total saturated	S281
Protein	S281
Ash	S281
Sodium, Na	S281
Total lipid (fat)	S281

NDB No. 07028 Ham, sliced, extra lean

Iron, Fe	S3554
Phosphorus, P	S3554
20:4 undifferentiated	S3554
22:0	S3554
22:1 undifferentiated	S3554
Water	S3554
Sodium, Na	S3554
Zinc, Zn	S3554
Selenium, Se	S3554
Niacin	S3554
Dihydrophylloquinone	S3554
Fatty acids, total trans	S3554
12:0	S3554
16:1 undifferentiated	S3554
17:0	S3554
20:2 n-6 c,c	S3554
18:3 n-6 c,c,c	S3554
Hydroxyproline	S3554
14:0	S3554
18:1 c	S3554
Riboflavin	S3554
Vitamin K (phylloquinone)	S3554
16:0	S3554
18:2 undifferentiated	S3554
22:6 n-3 (DHA)	S3554
Calcium, Ca	S3554
Copper, Cu	S3554
Thiamin	S3554
Menaquinone-4	S3554

NDB No. 07028 Ham, sliced, extra lean

20:0	S3554
18:1 undifferentiated	S3554
20:5 n-3 (EPA)	S3554
22:5 n-3 (DPA)	S3554
24:0	S3554
17:1	S3554
15:1	S3554
Manganese, Mn	S3554
Vitamin B-6	S3554
Folate, total	S3554
Choline, total	S3554
Betaine	S3554
18:1 t	S3554
18:2 t,t	S3554
18:2 n-6 c,c	S3554
22:1 c	S3554
20:3 undifferentiated	S3554
Fatty acids, total trans-monoenoic	S3554
18:3 n-3 c,c,c (ALA)	S3554
Total lipid (fat)	S3554
Ash	S3554
Pantothenic acid	S3554
Cholesterol	S3554
Fatty acids, total saturated	S3554
18:3 undifferentiated	S3554
20:1	S3554
Fatty acids, total monounsaturated	S3554
15:0	S3554
Protein	S3554
Magnesium, Mg	S3554
Potassium, K	S3554
Vitamin B-12	S3554
8:0	S3554
10:0	S3554
18:0	S3554
14:1	S3554

NDB No. 07028 Ham, sliced, extra lean

Fatty acids, total polyunsaturated	S3554
Fatty acids, total trans-polyenoic	S3554

NDB No. 07029 Ham, sliced, regular (approximately 11% fat)

Cholesterol	S281
Total lipid (fat)	S281
Vitamin A, IU	S281
Protein	S281
Ash	S281
Water	S281
Sodium, Na	S281

NDB No. 07032 Ham and cheese loaf or roll

Sodium, Na	S281
Fluoride, F	D5301
Ash	S281
Cholesterol	S281
Protein	S281
Water	S281
Total lipid (fat)	S281
Vitamin A, IU	S281

NDB No. 07034 Headcheese, pork

Riboflavin	S249
Zinc, Zn	S249
Niacin	S249
Water	S249
Total lipid (fat)	S249
Calcium, Ca	S249
Iron, Fe	S249
Ash	S249
Sodium, Na	S249
Protein	S249
Phosphorus, P	S249
Thiamin	S249

NDB No. 07034 Headcheese, pork

Cholesterol	S249

NDB No. 07035 Honey loaf, pork, beef

Caffeine	S248
Vitamin D	S248

NDB No. 07037 Kielbasa, kolbassy, pork, beef, nonfat dry milk added

Iron, Fe	S3554
Potassium, K	S3554
Sodium, Na	S3554
Dihydrophylloquinone	S3554
Vitamin K (phylloquinone)	S3554
20:4 undifferentiated	S3554
14:1	S3554
20:2 n-6 c,c	S3554
18:1 c	S3554
Fatty acids, total trans-monoenoic	S3554
Fructose	S3554
Selenium, Se	S3554
Folate, total	S3554
12:0	S3554
18:1 undifferentiated	S3554
22:5 n-3 (DPA)	S3554
Sugars, total	S3554
Thiamin	S3554
Pantothenic acid	S3554
8:0	S3554
10:0	S3554
15:0	S3554
Ash	S3554
Phosphorus, P	S3554
Riboflavin	S3554
Niacin	S3554
Menaquinone-4	S3554
Fatty acids, total trans	S3554

NDB No. 07037 Kielbasa, kolbassy, pork, beef, nonfat dry milk added

16:0	S3554
20:0	S3554
22:6 n-3 (DHA)	S3554
22:1 undifferentiated	S3554
18:2 t,t	S3554
22:1 c	S3554
Total lipid (fat)	S3554
Fiber, total dietary	S3554
Magnesium, Mg	S3554
Copper, Cu	S3554
Vitamin B-12	S3554
18:3 undifferentiated	S3554
22:0	S3554
16:1 undifferentiated	S3554
Fatty acids, total monounsaturated	S3554
17:0	S3554
24:0	S3554
20:3 undifferentiated	S3554
Protein	S3554
Betaine	S3554
Hydroxyproline	S3554
Fatty acids, total polyunsaturated	S3554
18:1 t	S3554
18:3 n-3 c,c,c (ALA)	S3554
Sucrose	S3554
Lactose	S3554
Maltose	S3554
Water	S3554
Calcium, Ca	S3554
Choline, total	S3554
14:0	S3554
18:2 undifferentiated	S3554
18:3 n-6 c,c,c	S3554
Glucose (dextrose)	S3554
Galactose	S3554
Zinc, Zn	S3554
Manganese, Mn	S3554

NDB No. 07037 Kielbasa, kolbassy, pork, beef, nonfat dry milk added

Vitamin B-6	S3554
Cholesterol	S3554
Fatty acids, total saturated	S3554
18:0	S3554
20:1	S3554
20:5 n-3 (EPA)	S3554
18:2 n-6 c,c	S3554
17:1	S3554
Fatty acids, total trans-polyenoic	S3554
15:1	S3554

NDB No. 07038 Knackwurst, knockwurst, pork, beef

Total lipid (fat)	S281
Water	S281
Ash	S281
Protein	S281
Iron, Fe	S281
Cholesterol	S281
Sodium, Na	S281

NDB No. 07039 Lebanon bologna, beef

Total lipid (fat)	S244
Energy	S244
Calcium, Ca	S244
Phosphorus, P	S244
Selenium, Se	S244
Vitamin A, IU	S244
Niacin	S244
Iron, Fe	S244
Riboflavin	S244
Vitamin B-6	S244
Vitamin B-12	S244
Cholesterol	S244
Ash	S244
Zinc, Zn	S244
Potassium, K	S244

NDB No. 07039 Lebanon bologna, beef

Magnesium, Mg	S244
Pantothenic acid	S244
Folate, total	S244
Protein	S244
Caffeine	S244
Sodium, Na	S244
Copper, Cu	S244
Water	S244
Fiber, total dietary	S244
Manganese, Mn	S244
Vitamin C, total ascorbic acid	S244
Thiamin	S244

NDB No. 07043 Luncheon meat, beef, thin sliced

Total lipid (fat)	S3554
Copper, Cu	S3554
Dihydrophylloquinone	S3554
Fatty acids, total saturated	S3554
10:0	S3554
20:4 undifferentiated	S3554
22:0	S3554
16:1 undifferentiated	S3554
18:1 c	S3554
18:3 n-6 c,c,c	S3554
18:3 n-3 c,c,c (ALA)	S3554
Phosphorus, P	S3554
Potassium, K	S3554
Pantothenic acid	S3554
Choline, total	S3554
Fatty acids, total trans	S3554
12:0	S3554
Magnesium, Mg	S3554
Menaquinone-4	S3554
Cholesterol	S3554
15:0	S3554
17:0	S3554

NDB No. 07043 Luncheon meat, beef, thin sliced

24:0	S3554
Ash	S3554
Zinc, Zn	S3554
Selenium, Se	S3554
Thiamin	S3554
Vitamin B-12	S3554
Hydroxyproline	S3554
18:1 undifferentiated	S3554
20:1	S3554
22:5 n-3 (DPA)	S3554
Water	S3554
Iron, Fe	S3554
Sodium, Na	S3554
Folate, total	S3554
Vitamin K (phylloquinone)	S3554
Betaine	S3554
14:1	S3554
20:2 n-6 c,c	S3554
18:2 n-6 c,c	S3554
22:1 c	S3554
Fatty acids, total trans-monoenoic	S3554
15:1	S3554
Protein	S3554
Manganese, Mn	S3554
Riboflavin	S3554
Niacin	S3554
16:0	S3554
20:0	S3554
Fatty acids, total monounsaturated	S3554
Vitamin B-6	S3554
18:2 undifferentiated	S3554
22:1 undifferentiated	S3554
18:1 t	S3554
17:1	S3554
Calcium, Ca	S3554
8:0	S3554

NDB No. 07043 Luncheon meat, beef, thin sliced

14:0	S3554
18:0	S3554
18:3 undifferentiated	S3554
22:6 n-3 (DHA)	S3554
20:5 n-3 (EPA)	S3554
Fatty acids, total polyunsaturated	S3554
18:2 t,t	S3554
20:3 undifferentiated	S3554
Fatty acids, total trans-polyenoic	S3554

NDB No. 07044 USDA Commodity, luncheon meat, canned

Tocopherol, beta	S3544
Tocopherol, delta	S3544
Dihydrophylloquinone	S3544
10:0	S3544
12:0	S3544
14:0	S3544
18:3 undifferentiated	S3544
18:4	S3544
20:2 n-6 c,c	S3544
17:1	S3544
Sodium, Na	S3544
Copper, Cu	S3544
Riboflavin	S3544
Folate, total	S3544
22:6 n-3 (DHA)	S3544
17:0	S3544
20:3 undifferentiated	S3544
15:1	S3544
Total lipid (fat)	S3544
Phosphorus, P	S3544
Potassium, K	S3544
Vitamin E (alpha-tocopherol)	S3544
Tocopherol, gamma	S3544
Niacin	S3544
Vitamin K (phylloquinone)	S3544

NDB No. 07044 USDA Commodity, luncheon meat, canned

Fatty acids, total saturated	S3544
8:0	S3544
14:1	S3544
22:1 undifferentiated	S3544
Fatty acids, total polyunsaturated	S3544
15:0	S3544
24:1 c	S3544
Magnesium, Mg	S3544
Hydroxyproline	S3544
18:2 undifferentiated	S3544
22:0	S3544
22:5 n-3 (DPA)	S3544
21:5	S3544
Water	S3544
Pantothenic acid	S3544
Cholesterol	S3544
18:0	S3544
20:0	S3544
Vitamin B-6	S3544
Vitamin B-12	S3544
Betaine	S3544
18:1 undifferentiated	S3544
20:4 undifferentiated	S3544
20:1	S3544
Protein	S3544
Calcium, Ca	S3544
Iron, Fe	S3544
Zinc, Zn	S3544
Manganese, Mn	S3544
Selenium, Se	S3544
Thiamin	S3544
16:1 undifferentiated	S3544
Fatty acids, total monounsaturated	S3544
24:0	S3544
Ash	S3544
Choline, total	S3544
Menaquinone-4	S3544

NDB No. 07044 USDA Commodity, luncheon meat, canned

Folate, food	S3544
16:0	S3544
20:5 n-3 (EPA)	S3544
22:4	S3544

NDB No. 07052 Pastrami, turkey

Sugars, total	S227
Iron, Fe	S227
Vitamin A, IU	S227
Cholesterol	S227
Calcium, Ca	S227
Retinol	S227
Fatty acids, total monounsaturated	S227
Carotene, beta	S227
Protein	S227
Water	S227
Potassium, K	S227
Vitamin C, total ascorbic acid	S227
Ash	S227
Fiber, total dietary	S227
Sodium, Na	S227

NDB No. 07056 Peppered loaf, pork, beef

Vitamin B-12	S248
18:3 undifferentiated	S248
20:4 undifferentiated	S248
Water	S248
Caffeine	S248
Potassium, K	S248
Vitamin C, total ascorbic acid	S248
Niacin	S248
10:0	S248
14:0	S248
18:0	S248
22:1 undifferentiated	S248

NDB No. 07056 Peppered loaf, pork, beef

Total lipid (fat)	S248
Magnesium, Mg	S248
Copper, Cu	S248
Vitamin D	S248
Pantothenic acid	S248
Cholesterol	S248
18:2 undifferentiated	S248
16:1 undifferentiated	S248
18:4	S248
Sugars, total	S248
Folate, total	S248
4:0	S248
16:0	S248
18:1 undifferentiated	S248
20:1	S248
20:5 n-3 (EPA)	S248
22:5 n-3 (DPA)	S248
Zinc, Zn	S248
6:0	S248
Ash	S248
Fiber, total dietary	S248
Iron, Fe	S248
Selenium, Se	S248
Vitamin A, IU	S248
Vitamin B-6	S248
22:6 n-3 (DHA)	S248
Carbohydrate, by difference	S248
Calcium, Ca	S248
Phosphorus, P	S248
Sodium, Na	S248
8:0	S248
Protein	S248
Manganese, Mn	S248
Thiamin	S248
Riboflavin	S248
12:0	S248

NDB No. 07057 Pepperoni, pork, beef

Total lipid (fat)	S3554
Ash	S3554
Sugars, total	S3554
Calcium, Ca	S3554
Iron, Fe	S3554
Zinc, Zn	S3554
Manganese, Mn	S3554
Vitamin B-6	S3554
Vitamin B-12	S3554
Betaine	S3554
20:1	S3554
20:5 n-3 (EPA)	S3554
Fatty acids, total monounsaturated	S3554
24:0	S3554
18:1 t	S3554
18:2 n-6 c,c	S3554
Sucrose	S3554
Fiber, total dietary	S3554
Riboflavin	S3554
Menaquinone-4	S3554
Hydroxyproline	S3554
8:0	S3554
20:4 undifferentiated	S3554
22:0	S3554
Fatty acids, total polyunsaturated	S3554
20:3 undifferentiated	S3554
Maltose	S3554
Phosphorus, P	S3554
Potassium, K	S3554
Sodium, Na	S3554
Vitamin C, total ascorbic acid	S238, S235
Thiamin	S3554
Pantothenic acid	S3554
Vitamin K (phylloquinone)	S3554
14:0	S3554
14:1	S3554
Fatty acids, total trans-	S3554

NDB No. 07057 Pepperoni, pork, beef

monoenoic	
Fatty acids, total trans-polyenoic	S3554
Glucose (dextrose)	S3554
Lactose	S3554
Vitamin D	S238
Dihydrophylloquinone	S3554
10:0	S3554
20:0	S3554
18:2 t,t	S3554
22:1 c	S3554
17:1	S3554
Magnesium, Mg	S3554
Selenium, Se	S3554
Fatty acids, total trans	S3554
17:0	S3554
20:2 n-6 c,c	S3554
Fructose	S3554
Galactose	S3554
Niacin	S3554
Cholesterol	S3554
22:1 undifferentiated	S3554
22:5 n-3 (DPA)	S3554
18:3 n-6 c,c,c	S3554
Protein	S3554
Water	S3554
Folate, total	S3554
18:0	S3554
18:1 undifferentiated	S3554
18:2 undifferentiated	S3554
22:6 n-3 (DHA)	S3554
16:1 undifferentiated	S3554
15:1	S3554
Copper, Cu	S3554
Choline, total	S3554
Fatty acids, total saturated	S3554
12:0	S3554
16:0	S3554

NDB No. 07057 Pepperoni, pork, beef

18:3 undifferentiated	S3554
15:0	S3554
18:1 c	S3554
18:3 n-3 c,c,c (ALA)	S3554

NDB No. 07058 Pickle and pimiento loaf, pork

16:0	S237
Iron, Fe	S237
18:1 undifferentiated	S237
20:1	S237
Ash	S237
Vitamin C, total ascorbic acid	S237
18:0	S237
20:0	S237
17:0	S237
Protein	S237
Calcium, Ca	S237
Sodium, Na	S237
Cholesterol	S237
18:2 undifferentiated	S237
18:3 undifferentiated	S237
16:1 undifferentiated	S237
Total lipid (fat)	S237
Water	S237
Vitamin A, IU	S237
14:0	S237

NDB No. 07063 Pork sausage, fresh, raw

Water	S1164, S582
Choline, total	S1164
20:0	S1164, S582
20:4 undifferentiated	S1164, S582
Protein	S1164, S582
Phosphorus, P	S1164, S582
Selenium, Se	S1164, S582
Vitamin E (alpha-tocopherol)	S1164

NDB No. 07063 Pork sausage, fresh, raw

Cryptoxanthin, beta	S1164, S582
Tocopherol, gamma	S1164
Vitamin C, total ascorbic acid	S1164, S582
Pantothenic acid	S1164, S582
Lysine	S1164, S582
Glycine	S1164, S582
Serine	S1164, S582
Fatty acids, total saturated	S1164, S582
16:1 undifferentiated	S1164, S582
15:1	S1164, S582
Iron, Fe	S1164, S582
Magnesium, Mg	S1164, S582
Carotene, beta	S1164, S582
Tocopherol, beta	S1164
Vitamin B-6	S1164, S582
Vitamin B-12	S1164, S582
Betaine	S1164
Cystine	S1164, S582
Valine	S1164, S582
Alanine	S1164, S582
Proline	S1164, S582
Cholesterol	S1164, S582
Ash	S1164, S582
Copper, Cu	S1164, S582
Lycopene	S1164, S582
Thiamin	S1164, S582
Tryptophan	S1164, S582
Leucine	S1164, S582
Methionine	S1164, S582
8:0	S1164, S582
12:0	S1164, S582
22:0	S1164, S582
14:1	S1164, S582
20:1	S1164, S582
Fatty acids, total polyunsaturated	S1164, S582
18:3 n-3 c,c,c (ALA)	S1164, S582
Total lipid (fat)	S1164, S582

NDB No. 07063 Pork sausage, fresh, raw

Calcium, Ca	S1164, S582
Vitamin K (phylloquinone)	S1164
Threonine	S1164, S582
Phenylalanine	S1164, S582
Aspartic acid	S1164, S582
Glutamic acid	S1164, S582
16:0	S1164, S582
Potassium, K	S1164, S582
Sodium, Na	S1164, S582
Manganese, Mn	S1164, S582
Isoleucine	S1164, S582
Arginine	S1164, S582
Fatty acids, total trans	S1164, S582
18:1 undifferentiated	S1164, S582
18:2 undifferentiated	S1164, S582
15:0	S1164, S582
18:3 n-6 c,c,c	S1164, S582
Zinc, Zn	S1164, S582
Retinol	S1164, S582
Hydroxyproline	S1164, S582
10:0	S1164, S582
14:0	S1164, S582
18:0	S1164, S582
Fatty acids, total monounsaturated	S1164, S582
20:3 undifferentiated	S1164, S582
Carotene, alpha	S1164, S582
Tocopherol, delta	S1164
Riboflavin	S1164, S582
Niacin	S1164, S582
Folate, total	S1164
Tyrosine	S1164, S582
Histidine	S1164, S582
17:0	S1164, S582
20:2 n-6 c,c	S1164, S582

NDB No. 07064 Pork sausage, fresh, cooked

NDB No. 07064 Pork sausage, fresh, cooked

Total lipid (fat)	S1164
Magnesium, Mg	S1164
Manganese, Mn	S1164
Cryptoxanthin, beta	S1164
Tocopherol, gamma	S1164
Tocopherol, delta	S1164
Vitamin C, total ascorbic acid	S1164
20:0	S1164
18:1 undifferentiated	S1164
Fatty acids, total polyunsaturated	S1164
Carotene, beta	S1164
Carotene, alpha	S1164
Vitamin K (phylloquinone)	S1164
18:3 n-6 c,c,c	S1164
Protein	S1164
Cholesterol	S1164
16:0	S1164
18:0	S1164
14:1	S1164
20:1	S1164
15:1	S1164
Calcium, Ca	S1164
Zinc, Zn	S1164
Selenium, Se	S1164
Folate, total	S1164
8:0	S1164
12:0	S1164
20:4 undifferentiated	S1164
Fatty acids, total monounsaturated	S1164
18:3 n-3 c,c,c (ALA)	S1164
Retinol	S1164
Lycopene	S1164
Riboflavin	S1164
10:0	S1164
15:0	S1164
20:3 undifferentiated	S1164
Energy	S1164

NDB No. 07064 Pork sausage, fresh, cooked

Potassium, K	S1164
Copper, Cu	S1164
Fluoride, F	D5301, D5007
Vitamin B-12	S1164
Fatty acids, total trans	S1164
22:0	S1164
Ash	S1164
Water	S1164
Iron, Fe	S1164
Phosphorus, P	S1164
Choline, total	S1164, S3461
Betaine	S1164, S3461
14:0	S1164
18:2 undifferentiated	S1164
17:0	S1164
20:2 n-6 c,c	S1164
Sodium, Na	S1164
Vitamin E (alpha-tocopherol)	S1164
Tocopherol, beta	S1164
Thiamin	S1164
Niacin	S1164
Pantothenic acid	S1164
Vitamin B-6	S1164
Hydroxyproline	S1164
Fatty acids, total saturated	S1164
16:1 undifferentiated	S1164

NDB No. 07068 Salami, cooked, beef

Total lipid (fat)	S1041
Ash	S1041
Energy	S1041
Cholesterol	S1041
Copper, Cu	S1041
16:1 undifferentiated	S1041
Protein	S1041
Sodium, Na	S1041

NDB No. 07068 Salami, cooked, beef

Water	S1041
Iron, Fe	S1041
18:3 undifferentiated	S1041
Potassium, K	S1041
14:0	S1041
16:0	S1041
18:1 undifferentiated	S1041
18:2 undifferentiated	S1041
Carbohydrate, by difference	S1041
Phosphorus, P	S1041
Fluoride, F	D5001, D5007
Sugars, total	S1041
Magnesium, Mg	S1041
Zinc, Zn	S1041
18:0	S1041
Fiber, total dietary	S1041
Calcium, Ca	S1041
Vitamin C, total ascorbic acid	S1041
12:0	S1041

NDB No. 07069 Salami, cooked, beef and pork

Sugars, total	S3554
Galactose	S3554
Iron, Fe	S3554
Phosphorus, P	S3554
Selenium, Se	S3554
Betaine	S3554
10:0	S3554
18:0	S3554
14:1	S3554
16:1 undifferentiated	S3554
22:1 undifferentiated	S3554
20:2 n-6 c,c	S3554
Water	S3554
Fiber, total dietary	S3554
Thiamin	S3554

NDB No. 07069 Salami, cooked, beef and pork

Riboflavin	S3554
Dihydrophylloquinone	S3554
Cholesterol	S3554
Fatty acids, total saturated	S3554
12:0	S3554
20:0	S3554
18:2 undifferentiated	S3554
22:5 n-3 (DPA)	S3554
18:1 t	S3554
18:2 t,t	S3554
Sucrose	S3554
Glucose (dextrose)	S3554
Maltose	S3554
Potassium, K	S3554
Sodium, Na	S3554
Fluoride, F	D5001, D5007
Pantothenic acid	S3554
Choline, total	S3554
22:0	S3554
24:0	S3554
22:1 c	S3554
Fatty acids, total trans-polyenoic	S3554
Protein	S3554
Vitamin K (phylloquinone)	S3554
8:0	S3554
18:1 undifferentiated	S3554
20:5 n-3 (EPA)	S3554
Fatty acids, total monounsaturated	S3554
18:3 n-6 c,c,c	S3554
Fatty acids, total trans-monoenoic	S3554
18:3 n-3 c,c,c (ALA)	S3554
Ash	S3554
Niacin	S3554
Hydroxyproline	S3554
14:0	S3554
20:4 undifferentiated	S3554

NDB No. 07069 Salami, cooked, beef and pork

18:1 c	S3554
Lactose	S3554
Manganese, Mn	S3554
Folate, total	S3554
Menaquinone-4	S3554
16:0	S3554
15:0	S3554
Magnesium, Mg	S3554
Zinc, Zn	S3554
Vitamin B-6	S3554
Fatty acids, total trans	S3554
18:3 undifferentiated	S3554
22:6 n-3 (DHA)	S3554
20:3 undifferentiated	S3554
15:1	S3554
Total lipid (fat)	S3554
Fructose	S3554
Calcium, Ca	S3554
Copper, Cu	S3554
Vitamin B-12	S3554
20:1	S3554
Fatty acids, total polyunsaturated	S3554
17:0	S3554
18:2 n-6 c,c	S3554
17:1	S3554

NDB No. 07070 Salami, cooked, turkey

Vitamin A, IU	S238
Pantothenic acid	S238
Fluoride, F	D5001, D5007
Vitamin B-12	S238
Thiamin	S238
Folate, total	S238
Vitamin D	S238
Riboflavin	S238
Niacin	S238

NDB No. 07070 Salami, cooked, turkey

Vitamin B-6	S238

NDB No. 07072 Salami, dry or hard, pork, beef

Protein	S281
Ash	S281
Sodium, Na	S281
Water	S281
Vitamin A, IU	S281
Total lipid (fat)	S281
Cholesterol	S281

NDB No. 07074 Smoked link sausage, pork

Fiber, total dietary	S3554
Folate, total	S3554
Fatty acids, total saturated	S3554
20:0	S3554
22:6 n-3 (DHA)	S3554
20:5 n-3 (EPA)	S3554
17:1	S3554
Sucrose	S3554
Lactose	S3554
Niacin	S3554
Pantothenic acid	S3554
18:0	S3554
20:4 undifferentiated	S3554
17:0	S3554
18:2 t,t	S3554
18:1 c	S3554
18:3 n-6 c,c,c	S3554
Potassium, K	S3554
Thiamin	S3554
Vitamin B-6	S3554
Dihydrophylloquinone	S3554
Hydroxyproline	S3554
Fatty acids, total trans	S3554
8:0	S3554

NDB No. 07074 Smoked link sausage, pork

14:0	S3554
16:0	S3554
22:0	S3554
20:1	S3554
Fatty acids, total polyunsaturated	S3554
15:0	S3554
Fatty acids, total trans-polyenoic	S3554
Galactose	S3554
Cholesterol	S3554
18:1 undifferentiated	S3554
18:1 t	S3554
22:1 c	S3554
Zinc, Zn	S3554
Copper, Cu	S3554
Manganese, Mn	S3554
Vitamin B-12	S3554
Vitamin K (phylloquinone)	S3554
Betaine	S3554
22:5 n-3 (DPA)	S3554
20:2 n-6 c,c	S3554
15:1	S3554
Selenium, Se	S3554
18:2 undifferentiated	S3554
14:1	S3554
22:1 undifferentiated	S3554
18:3 n-3 c,c,c (ALA)	S3554
Total lipid (fat)	S3554
Ash	S3554
Fructose	S3554
Maltose	S3554
Water	S3554
Sugars, total	S3554
Calcium, Ca	S3554
Iron, Fe	S3554
Magnesium, Mg	S3554
Sodium, Na	S3554
Riboflavin	S3554

NDB No. 07074 Smoked link sausage, pork

12:0	S3554
18:3 undifferentiated	S3554
Fatty acids, total monounsaturated	S3554
Fatty acids, total trans-monoenoic	S3554
Protein	S3554
Glucose (dextrose)	S3554
Phosphorus, P	S3554
Choline, total	S3554
Menaquinone-4	S3554
10:0	S3554
16:1 undifferentiated	S3554
24:0	S3554
18:2 n-6 c,c	S3554
20:3 undifferentiated	S3554

NDB No. 07075 Sausage, smoked link sausage, pork and beef

Retinol	S1164
Carotene, beta	S1164
Carotene, alpha	S1164
Riboflavin	S1164
Fatty acids, total polyunsaturated	S1164
Manganese, Mn	S1164
Selenium, Se	S1164
Tocopherol, delta	S1164
Thiamin	S1164
Potassium, K	S1164
Tocopherol, beta	S1164
Folate, total	S1164
Vitamin B-12	S1164
Betaine	S1164
Fatty acids, total trans	S1164
10:0	S1164
14:0	S1164
18:0	S1164
17:0	S1164

NDB No. 07075 Sausage, smoked link sausage, pork and beef

Iron, Fe	S1164
Sodium, Na	S1164
Niacin	S1164
Pantothenic acid	S1164
Choline, total	S1164
8:0	S1164
20:0	S1164
18:1 undifferentiated	S1164
22:0	S1164
20:2 n-6 c,c	S1164
20:3 undifferentiated	S1164
Protein	S1164
Total lipid (fat)	S1164
Ash	S1164
Magnesium, Mg	S1164
Phosphorus, P	S1164
Cholesterol	S1164
16:1 undifferentiated	S1164
20:1	S1164
18:3 n-6 c,c,c	S1164
18:3 n-3 c,c,c (ALA)	S1164
Copper, Cu	S1164
Hydroxyproline	S1164
Fatty acids, total saturated	S1164
14:1	S1164
15:0	S1164
Zinc, Zn	S1164
Vitamin E (alpha-tocopherol)	S1164
Lycopene	S1164
Vitamin B-6	S1164
Vitamin K (phylloquinone)	S1164
12:0	S1164
18:2 undifferentiated	S1164
Fatty acids, total monounsaturated	S1164
15:1	S1164
Water	S1164
Calcium, Ca	S1164

NDB No. 07075 Sausage, smoked link sausage, pork and beef

Cryptoxanthin, beta	S1164
Tocopherol, gamma	S1164
16:0	S1164
20:4 undifferentiated	S1164

NDB No. 07076 Smoked link sausage, pork and beef, flour and nonfat dry milk added

Sugars, total	S239
Sodium, Na	S239
Calcium, Ca	S239
Iron, Fe	S239
Vitamin C, total ascorbic acid	S239
Cholesterol	S239

NDB No. 07078 Thuringer, cervelat, summer sausage, beef, pork

Water	S281, S228
Protein	S281, S228
Ash	S281, S228
Iron, Fe	S281, S228
Potassium, K	S228
Fiber, total dietary	S228
Total lipid (fat)	S281, S228
Cholesterol	S281, S228
Sodium, Na	S281, S228
Sugars, total	S228
Calcium, Ca	S228
Vitamin C, total ascorbic acid	S281, S228

NDB No. 07079 Turkey breast meat

Calcium, Ca	S227
Sodium, Na	S13, S227, S281
Retinol	S227
Cholesterol	S13, S227, S281
Protein	S13, S227, S281
Sugars, total	S227
Vitamin C, total ascorbic acid	S227

NDB No. 07079 Turkey breast meat

Riboflavin	S227
Potassium, K	S227
Total lipid (fat)	S13, S227, S281
Water	S13, S227, S281
Iron, Fe	S13, S227
Vitamin A, IU	S227
Thiamin	S227
Ash	S13, S281
Fiber, total dietary	S227
Niacin	S227

NDB No. 07080 Turkey ham, cured turkey thigh meat

Potassium, K	S227
Fatty acids, total polyunsaturated	S227
Total lipid (fat)	S227
Calcium, Ca	S227
Sodium, Na	S227
Vitamin C, total ascorbic acid	S227
Fatty acids, total monounsaturated	S227
Iron, Fe	S227
Water	S227
Fatty acids, total saturated	S227
Vitamin A, IU	S227
Cholesterol	S227
Sugars, total	S227
Fiber, total dietary	S227
Protein	S227

NDB No. 07081 Turkey roll, light meat

Iron, Fe	S3554
Copper, Cu	S3554
Manganese, Mn	S3554
Thiamin	S3554
Fatty acids, total saturated	S3554
10:0	S3554

NDB No. 07081 Turkey roll, light meat

16:0	S3554
14:1	S3554
20:5 n-3 (EPA)	S3554
15:0	S3554
18:2 t,t	S3554
22:1 c	S3554
Calcium, Ca	S3554
Magnesium, Mg	S3554
Vitamin B-12	S3554
Cholesterol	S3554
Fatty acids, total trans	S3554
16:1 undifferentiated	S3554
22:5 n-3 (DPA)	S3554
17:1	S3554
20:3 undifferentiated	S3554
Fatty acids, total trans-monoenoic	S3554
17:0	S3554
18:1 t	S3554
18:2 n-6 c,c	S3554
18:3 n-3 c,c,c (ALA)	S3554
Protein	S3554
Potassium, K	S3554
Sodium, Na	S3554
Riboflavin	S3554
Folate, total	S3554
Betaine	S3554
Hydroxyproline	S3554
14:0	S3554
20:0	S3554
18:3 undifferentiated	S3554
22:6 n-3 (DHA)	S3554
22:1 undifferentiated	S3554
Fatty acids, total trans-polyenoic	S3554
Zinc, Zn	S3554
Menaquinone-4	S3554
12:0	S3554
18:1 undifferentiated	S3554

NDB No. 07081 Turkey roll, light meat

20:2 n-6 c,c	S3554
15:1	S3554
Ash	S3554
Phosphorus, P	S3554
Pantothenic acid	S3554
18:2 undifferentiated	S3554
24:0	S3554
18:1 c	S3554
Niacin	S3554
Vitamin B-6	S3554
Choline, total	S3554
Dihydrophylloquinone	S3554
8:0	S3554
18:0	S3554
22:0	S3554
20:1	S3554
18:3 n-6 c,c,c	S3554
Total lipid (fat)	S3554
Water	S3554
Selenium, Se	S3554
Vitamin K (phylloquinone)	S3554
20:4 undifferentiated	S3554
Fatty acids, total monounsaturated	S3554
Fatty acids, total polyunsaturated	S3554

NDB No. 07083 Sausage, Vienna, canned, chicken, beef, pork

Total lipid (fat)	S281
Theobromine	S281
Vitamin A, IU	S281
Protein	S281
Water	S281
Vitamin A, RAE	S281
Carotene, beta	S281
Lycopene	S281
Ash	S281
Lutein + zeaxanthin	S281

NDB No. 07083 Sausage, Vienna, canned, chicken, beef, pork

Cholesterol	S281
Caffeine	S281
Cryptoxanthin, beta	S281
Sodium, Na	S281
Carotene, alpha	S281
Sugars, total	S281

NDB No. 07089 Sausage, Italian, pork, cooked

Ash	S241
Retinol	S251
Vitamin A, IU	S241, S251
Calcium, Ca	S241, S251
Vitamin C, total ascorbic acid	S241, S251
Protein	S241, S251
Iron, Fe	S241, S251
Cholesterol	S241, S251
Water	S241, S251
Sugars, total	S241, S251
Fiber, total dietary	S241, S251
Sodium, Na	S241, S251
Fatty acids, total saturated	S241, S251
Total lipid (fat)	S241, S251

NDB No. 07201 OSCAR MAYER, Bologna (beef)

Protein	S281
Carbohydrate, by difference	S281
Cholesterol	S281
Ash	S281
Water	S281
Total lipid (fat)	S281
Sodium, Na	S281
Energy	S281
Vitamin A, IU	S281

NDB No. 07202 OSCAR MAYER, Bologna (beef light)

NDB No. 07202 OSCAR MAYER, Bologna (beef light)

Protein	S281
Water	S281
Cholesterol	S281
Ash	S281
Total lipid (fat)	S281
Sodium, Na	S281
Vitamin A, IU	S281

NDB No. 07205 OSCAR MAYER, Bologna Light (pork, chicken, beef)

Ash	S281
Protein	S281
Total lipid (fat)	S281
Carbohydrate, by difference	S281
Energy	S281
Cholesterol	S281
Vitamin A, IU	S281
Sodium, Na	S281
Water	S281

NDB No. 07207 OSCAR MAYER, Braunschweiger Liver Sausage (sliced)

Ash	S281
Cholesterol	S281
Protein	S281
Energy	S281
Iron, Fe	S281
Carbohydrate, by difference	S281
Sodium, Na	S281
Total lipid (fat)	S281
Water	S281

NDB No. 07209 OSCAR MAYER, Chicken Breast (honey glazed)

Total lipid (fat)	S281
Cholesterol	S281
Energy	S281
Water	S281

NDB No. 07209 OSCAR MAYER, Chicken Breast (honey glazed)

Sodium, Na	S281
Vitamin A, IU	S281
Protein	S281
Carbohydrate, by difference	S281
Ash	S281

NDB No. 07211 OSCAR MAYER, Ham and Cheese Loaf

Water	S281
Ash	S281
Sodium, Na	S281
Cholesterol	S281
Protein	S281
Total lipid (fat)	S281
Vitamin A, IU	S281

NDB No. 07212 OSCAR MAYER, Ham (chopped with natural juice)

Water	S281
Sodium, Na	S281
Cholesterol	S281
Protein	S281
Total lipid (fat)	S281
Ash	S281
Vitamin A, IU	S281

NDB No. 07213 OSCAR MAYER, Ham (water added, baked cooked 96% fat free)

Water	S281
Sodium, Na	S281
Total lipid (fat)	S281
Ash	S281
Energy	S281
Protein	S281
Carbohydrate, by difference	S281
Vitamin A, IU	S281

NDB No. 07230 OSCAR MAYER, Salami (hard)

Sodium, Na	S281
Ash	S281
Cholesterol	S281
Protein	S281
Total lipid (fat)	S281
Water	S281

NDB No. 07233 OSCAR MAYER, Smokies (beef)

Total lipid (fat)	S281
Energy	S281
Vitamin A, IU	S281
Carbohydrate, by difference	S281
Cholesterol	S281
Sodium, Na	S281
Protein	S281
Ash	S281
Water	S281

NDB No. 07240 OSCAR MAYER, Wieners (pork, turkey)

Total lipid (fat)	S281
Carbohydrate, by difference	S281
Ash	S281
Protein	S281
Vitamin A, IU	S281
Energy	S281
Sodium, Na	S281
Water	S281

NDB No. 07241 OSCAR MAYER, Wieners (beef franks)

Water	S21
Potassium, K	S21
Sodium, Na	S21
14:1	S21
Magnesium, Mg	S21
Copper, Cu	S21

NDB No. 07241 OSCAR MAYER, Wieners (beef franks)

Pantothenic acid	S21
Vitamin B-12	S21
14:0	S21
20:1	S21
Zinc, Zn	S21
Vitamin B-6	S21
Folate, total	S21
Cholesterol	S21
18:2 undifferentiated	S21
15:0	S21
Starch	S21
Calcium, Ca	S21
Phosphorus, P	S21
Niacin	S21
16:0	S21
18:0	S21
Iron, Fe	S21
Selenium, Se	S21
17:0	S21
Total lipid (fat)	S21
Manganese, Mn	S21
Thiamin	S21
Ash	S21
18:3 undifferentiated	S21

NDB No. 07242 OSCAR MAYER, Wieners (beef franks, bun length)

Total lipid (fat)	S281
Vitamin A, IU	S281
Carbohydrate, by difference	S281
Energy	S281
Cholesterol	S281
Ash	S281
Sodium, Na	S281
Water	S281
Protein	S281

NDB No. 07254 LOUIS RICH, Turkey Bacon

Total lipid (fat)	S281
Carbohydrate, by difference	S281
Ash	S281
Energy	S281
Water	S281
Protein	S281
Sodium, Na	S281
Cholesterol	S281

NDB No. 07255 LOUIS RICH, Turkey Bologna

Energy	S281
Total lipid (fat)	S281
Sodium, Na	S281
Protein	S281
Carbohydrate, by difference	S281
Ash	S281
Water	S281
Cholesterol	S281

NDB No. 07256 LOUIS RICH, Turkey Breast and White Turkey (oven roasted)

Protein	S281
Energy	S281
Cholesterol	S281
Carbohydrate, by difference	S281
Water	S281
Ash	S281
Sodium, Na	S281
Total lipid (fat)	S281

NDB No. 07268 LOUIS RICH, Turkey Smoked Sausage

Energy	S281
Cholesterol	S281
Carbohydrate, by difference	S281
Protein	S281
Ash	S281

NDB No. 07268 LOUIS RICH, Turkey Smoked Sausage

Water	S281
Total lipid (fat)	S281
Sodium, Na	S281

NDB No. 07276 HORMEL SPAM, Luncheon Meat, pork with ham, minced, canned

Protein	S281
Magnesium, Mg	S259
Lycopene	S281, S259
18:1 undifferentiated	S259
Calcium, Ca	S259
Iron, Fe	S259
Sodium, Na	S281
Zinc, Zn	S259
Copper, Cu	S259
Caffeine	S281, S259
Vitamin A, IU	S281, S259
Carotene, beta	S281, S259
18:2 undifferentiated	S259
Ash	S281
Cryptoxanthin, beta	S281, S259
16:1 undifferentiated	S259
Water	S281
16:0	S259
Lutein + zeaxanthin	S281, S259
Vitamin C, total ascorbic acid	S259
Cholesterol	S281
18:0	S259
18:3 undifferentiated	S259
Carotene, alpha	S281, S259
14:0	S259
Total lipid (fat)	S281
Theobromine	S281, S259
Potassium, K	S259
12:0	S259

NDB No. 07277 HORMEL SPAM, Lite Luncheon Meat, Pork and chicken, minced, canned, ascorbic acid added

NDB No. 07277 HORMEL SPAM, Lite Luncheon Meat, Pork and chicken, minced, canned, ascorbic acid added

Cholesterol	S259
Lycopene	S259
12:0	S259
18:2 undifferentiated	S259
16:1 undifferentiated	S259
Cryptoxanthin, beta	S259
18:3 undifferentiated	S259
Theobromine	S259
Lutein + zeaxanthin	S259
14:0	S259
18:0	S259
Carotene, beta	S259
Carotene, alpha	S259
18:1 undifferentiated	S259
Caffeine	S259
Fiber, total dietary	S259
16:0	S259

NDB No. 07278 HORMEL Pillow Pak Sliced Turkey Pepperoni

Lutein + zeaxanthin	S259
Vitamin C, total ascorbic acid	S259
14:0	S259
16:0	S259
Protein	S259
Ash	S259
Theobromine	S259
Calcium, Ca	S259
Carotene, alpha	S259
Total lipid (fat)	S259
Fiber, total dietary	S259
Potassium, K	S259
12:0	S259
Copper, Cu	S259
Carotene, beta	S259
Lycopene	S259
18:0	S259

NDB No. 07278 HORMEL Pillow Pak Sliced Turkey Pepperoni

18:3 undifferentiated	S259
Water	S259
Zinc, Zn	S259
18:2 undifferentiated	S259
Caffeine	S259
Iron, Fe	S259
Magnesium, Mg	S259
Sodium, Na	S259
18:1 undifferentiated	S259
Sugars, total	S259
Cholesterol	S259
Vitamin A, IU	S259
Cryptoxanthin, beta	S259
16:1 undifferentiated	S259

NDB No. 07279 HORMEL WRANGLER Beef Franks

Energy	S259
Fiber, total dietary	S259
Cholesterol	S259
Fatty acids, total saturated	S259
18:3 undifferentiated	S259
Sugars, total	S259
Iron, Fe	S259
Sodium, Na	S259
Copper, Cu	S259
Vitamin C, total ascorbic acid	S259
16:0	S259
Ash	S259
Fatty acids, total monounsaturated	S259
Total lipid (fat)	S259
Vitamin A, IU	S259
18:2 undifferentiated	S259
Water	S259
Calcium, Ca	S259
Magnesium, Mg	S259
14:0	S259

NDB No. 07279 HORMEL WRANGLER Beef Franks

Zinc, Zn	S259
18:0	S259
Protein	S259
Potassium, K	S259
12:0	S259
18:1 undifferentiated	S259
16:1 undifferentiated	S259
Fatty acids, total polyunsaturated	S259

NDB No. 07905 Frankfurter, beef, pork, and turkey, fat free

Ash	S281
Sodium, Na	S281
Fatty acids, total monounsaturated	S281
Protein	S281
Vitamin A, IU	S281
Fatty acids, total saturated	S281
Water	S281
Cholesterol	S281
Fatty acids, total polyunsaturated	S281
Total lipid (fat)	S281
Vitamin C, total ascorbic acid	S281

NDB No. 07906 Luncheon meat, pork, ham, and chicken, minced, canned, reduced sodium, added ascorbic acid, includes SPAM, 25% less sodium

Carotene, beta	S281
Lycopene	S281
Theobromine	S281
Ash	S281
Fiber, total dietary	S281
Total lipid (fat)	S281
Cholesterol	S281
Water	S281
Sugars, total	S281
Vitamin A, IU	S281
Carotene, alpha	S281

NDB No. 07906 Luncheon meat, pork, ham, and chicken, minced, canned, reduced sodium, added ascorbic acid, includes SPAM, 25% less sodium

Lutein + zeaxanthin	S281
Protein	S281
Sodium, Na	S281
Cryptoxanthin, beta	S281
Caffeine	S281
Vitamin C, total ascorbic acid	S281

NDB No. 07908 Luncheon meat, pork with ham, minced, canned, includes SPAM (Hormel)

Water	S281
Cholesterol	S281
Caffeine	S281
Carotene, alpha	S281
Sugars, total	S281
Carotene, beta	S281
Ash	S281
Cryptoxanthin, beta	S281
Lycopene	S281
Total lipid (fat)	S281
Sodium, Na	S281
Lutein + zeaxanthin	S281
Vitamin A, IU	S281
Protein	S281
Theobromine	S281
Fiber, total dietary	S281

NDB No. 07909 Luncheon meat, pork and chicken, minced, canned, includes SPAM Lite

Caffeine	S259
Magnesium, Mg	S259
Zinc, Zn	S259
Vitamin A, IU	S259
Carotene, beta	S259
Protein	S259
Potassium, K	S259
Carotene, alpha	S259
Calcium, Ca	S259

NDB No. 07909 Luncheon meat, pork and chicken, minced, canned, includes SPAM Lite

Cryptoxanthin, beta	S259
18:1 undifferentiated	S259
Total lipid (fat)	S259
Carbohydrate, by difference	S259
Fiber, total dietary	S259
Iron, Fe	S259
Sodium, Na	S259
Lutein + zeaxanthin	S259
18:0	S259
Theobromine	S259
Sugars, total	S259
16:0	S259
Water	S259
Lycopene	S259
Vitamin C, total ascorbic acid	S259
Cholesterol	S259
14:0	S259
18:2 undifferentiated	S259
16:1 undifferentiated	S259
Ash	S259
Copper, Cu	S259
12:0	S259
18:3 undifferentiated	S259

NDB No. 07910 Bratwurst, veal, cooked

Energy	S245
Water	S245
Caffeine	S245
Vitamin B-12	S245
18:0	S245
Fatty acids, total polyunsaturated	S245
Fiber, total dietary	S245
Calcium, Ca	S245
Lycopene	S245
Cholesterol	S245
Carbohydrate, by difference	S245

NDB No. 07910 Bratwurst, veal, cooked

Theobromine	S245
Iron, Fe	S245
Zinc, Zn	S245
Vitamin B-6	S245
Sugars, total	S245
Vitamin A, RAE	S245
Thiamin	S245
Vitamin C, total ascorbic acid	S245
Pantothenic acid	S245
Fatty acids, total monounsaturated	S245
Protein	S245
Total lipid (fat)	S245
Sodium, Na	S245
Carotene, beta	S245
Riboflavin	S245
Folate, total	S245
Vitamin A, IU	S245
Carotene, alpha	S245
Fatty acids, total saturated	S245
Ash	S245
Magnesium, Mg	S245
Phosphorus, P	S245
Potassium, K	S245
Copper, Cu	S245
Cryptoxanthin, beta	S245
Lutein + zeaxanthin	S245
Niacin	S245

NDB No. 07911 Liverwurst spread

Ash	S226
Energy	S226
Theobromine	S226
Fiber, total dietary	S226
Lutein + zeaxanthin	S226
Carotene, beta	S226
Cholesterol	S226

NDB No. 07911 Liverwurst spread

Carbohydrate, by difference	S226
Sugars, total	S226
Carotene, alpha	S226
Protein	S226
Water	S226
Calcium, Ca	S226
Lycopene	S226
Vitamin C, total ascorbic acid	S226
Fatty acids, total saturated	S226
Caffeine	S226
Iron, Fe	S226
Sodium, Na	S226
Vitamin A, IU	S226
Total lipid (fat)	S226
Retinol	S226
Cryptoxanthin, beta	S226

NDB No. 07912 Roast beef spread

Vitamin A, RAE	S226
Cryptoxanthin, beta	S226
Lutein + zeaxanthin	S226
Cholesterol	S226
Water	S226
Lycopene	S226
Caffeine	S226
Sugars, total	S226
Calcium, Ca	S226
Sodium, Na	S226
Vitamin A, IU	S226
Vitamin C, total ascorbic acid	S226
Protein	S226
Fiber, total dietary	S226
Iron, Fe	S226
Carotene, alpha	S226
4:0	S226
Ash	S226

NDB No. 07912 Roast beef spread

Theobromine	S226
Carbohydrate, by difference	S226
Total lipid (fat)	S226
Energy	S226
Carotene, beta	S226
Fatty acids, total saturated	S226

NDB No. 07913 Salami, pork, beef, less sodium

Water	S238
Theobromine	S238
Potassium, K	S238
Vitamin D	S238
Vitamin B-6	S238
18:0	S238
Protein	S238
Total lipid (fat)	S238
Phosphorus, P	S238
Sodium, Na	S238
Lycopene	S238
Riboflavin	S238
Sugars, total	S238
Carotene, alpha	S238
Vitamin C, total ascorbic acid	S238
Fatty acids, total monounsaturated	S238
Carbohydrate, by difference	S238
Caffeine	S238
Fiber, total dietary	S238
Magnesium, Mg	S238
Vitamin A, IU	S238
Cryptoxanthin, beta	S238
Folate, total	S238
Fluoride, F	D5001, D5007
Thiamin	S238
Fatty acids, total polyunsaturated	S238
Ash	S238
Energy	S238

NDB No. 07913 Salami, pork, beef, less sodium

Calcium, Ca	S238
Vitamin A, RAE	S238
Carotene, beta	S238
Lutein + zeaxanthin	S238
Pantothenic acid	S238
Cholesterol	S238
Iron, Fe	S238
Zinc, Zn	S238
Niacin	S238
Copper, Cu	S238
Vitamin B-12	S238
Fatty acids, total saturated	S238

NDB No. 07914 Sausage, Italian, sweet, links

Ash	S252
Sugars, total	S252
Carbohydrate, by difference	S252
Fiber, total dietary	S252
Carotene, alpha	S252
Protein	S252
Total lipid (fat)	S252
Water	S252
Iron, Fe	S252
Sodium, Na	S252
Carotene, beta	S252
Cryptoxanthin, beta	S252
Energy	S252
Caffeine	S252
Lycopene	S252
Theobromine	S252
Lutein + zeaxanthin	S252
Calcium, Ca	S252

NDB No. 07915 Sausage, Polish, beef with chicken, hot

Energy	S281
Lutein + zeaxanthin	S281

NDB No. 07915 Sausage, Polish, beef with chicken, hot

Fatty acids, total saturated	S281
Ash	S281
Theobromine	S281
Carotene, beta	S281
Cryptoxanthin, beta	S281
Fatty acids, total monounsaturated	S281
Caffeine	S281
Fiber, total dietary	S281
Total lipid (fat)	S281
Sugars, total	S281
Iron, Fe	S281
Carbohydrate, by difference	S281
Sodium, Na	S281
Vitamin A, IU	S281
Lycopene	S281
Protein	S281
Water	S281
Carotene, alpha	S281
Fatty acids, total polyunsaturated	S281
Vitamin A, RAE	S281
Cholesterol	S281

NDB No. 07916 Sausage, Polish, pork and beef, smoked

Carbohydrate, by difference	S242
Water	S242
Sugars, total	S242
Carotene, alpha	S242
Energy	S242
Cryptoxanthin, beta	S242
Folate, total	S242
Lycopene	S242
Lutein + zeaxanthin	S242
Fatty acids, total saturated	S242
Vitamin A, IU	S242
Caffeine	S242
Theobromine	S242

NDB No. 07916 Sausage, Polish, pork and beef, smoked

Calcium, Ca	S242
Iron, Fe	S242
Vitamin A, RAE	S242
Fiber, total dietary	S242
Sodium, Na	S242
Protein	S242
Total lipid (fat)	S242
Ash	S242
Carotene, beta	S242
Vitamin C, total ascorbic acid	S242

NDB No. 07917 Sausage, pork and beef, with cheddar cheese, smoked

Ash	S242
Carotene, beta	S242
Protein	S242
Fiber, total dietary	S242
Vitamin A, RAE	S242
Water	S242
Caffeine	S242
Calcium, Ca	S242
Lycopene	S242
Iron, Fe	S242
Carotene, alpha	S242
Lutein + zeaxanthin	S242
Folate, total	S242
Cholesterol	S242
Sugars, total	S242
Cryptoxanthin, beta	S242
Theobromine	S242
Total lipid (fat)	S242
Sodium, Na	S242
Vitamin C, total ascorbic acid	S242

NDB No. 07918 Sausage, summer, pork and beef, sticks, with cheddar cheese

Ash	S242
Sugars, total	S242

NDB No. 07918 Sausage, summer, pork and beef, sticks, with cheddar cheese

Caffeine	S242
Vitamin A, IU	S242
Carotene, beta	S242
Carotene, alpha	S242
Cholesterol	S242
Cryptoxanthin, beta	S242
Lycopene	S242
Protein	S242
Total lipid (fat)	S242
Lutein + zeaxanthin	S242
Calcium, Ca	S242
Water	S242
Folate, total	S242
Carbohydrate, by difference	S242
Theobromine	S242
Iron, Fe	S242
Sodium, Na	S242
Vitamin C, total ascorbic acid	S242
Fiber, total dietary	S242
Vitamin A, RAE	S242

NDB No. 07919 Sausage, turkey, breakfast links, mild

Energy	S252
Vitamin A, IU	S252
Sodium, Na	S252
Carotene, alpha	S252
Lycopene	S252
Protein	S252
Sugars, total	S252
Fiber, total dietary	S252
Lutein + zeaxanthin	S252
Water	S252
Carbohydrate, by difference	S252
Calcium, Ca	S252
Vitamin A, RAE	S252
Cryptoxanthin, beta	S252

NDB No. 07919 Sausage, turkey, breakfast links, mild

Total lipid (fat)	S252
Theobromine	S252
Iron, Fe	S252
Ash	S252
Caffeine	S252
Carotene, beta	S252

NDB No. 07920 Swisswurst, pork and beef, with swiss cheese, smoked

Carbohydrate, by difference	S242
Caffeine	S242
Lycopene	S242
Sodium, Na	S242
Calcium, Ca	S242
Carotene, alpha	S242
Cholesterol	S242
Ash	S242
Vitamin A, IU	S242
Carotene, beta	S242
Cryptoxanthin, beta	S242
Total lipid (fat)	S242
Theobromine	S242
Sugars, total	S242
Iron, Fe	S242
Lutein + zeaxanthin	S242
Protein	S242
Water	S242
Vitamin C, total ascorbic acid	S242
Fiber, total dietary	S242
Folate, total	S242

NDB No. 07921 Bacon and beef sticks

Energy	S228
Theobromine	S228
Sugars, total	S228
Carotene, beta	S228
Lutein + zeaxanthin	S228

NDB No. 07921 Bacon and beef sticks

Protein	S228
Ash	S228
Iron, Fe	S228
Vitamin A, RAE	S228
Fatty acids, total saturated	S228
Cryptoxanthin, beta	S228
Fatty acids, total polyunsaturated	S228
Carbohydrate, by difference	S228
Water	S228
Vitamin A, IU	S228
Carotene, alpha	S228
Cholesterol	S228
Sodium, Na	S228
Caffeine	S228
Fiber, total dietary	S228
Potassium, K	S228
Total lipid (fat)	S228
Lycopene	S228
Calcium, Ca	S228
Fatty acids, total monounsaturated	S228

NDB No. 07922 Bratwurst, beef and pork, smoked

Sodium, Na	S242
Carbohydrate, by difference	S242
Water	S242
Vitamin A, IU	S242
Carotene, beta	S242
Cryptoxanthin, beta	S242
Lutein + zeaxanthin	S242
Cholesterol	S242
Vitamin C, total ascorbic acid	S242
Caffeine	S242
Total lipid (fat)	S242
Iron, Fe	S242
Folate, total	S242
Protein	S242

NDB No. 07922 Bratwurst, beef and pork, smoked

Ash	S242
Theobromine	S242
Sugars, total	S242
Calcium, Ca	S242
Carotene, alpha	S242
Fiber, total dietary	S242
Lycopene	S242

NDB No. 07923 Bratwurst, chicken, cooked

Carbohydrate, by difference	S245
Water	S245
Caffeine	S245
Sugars, total	S245
Phosphorus, P	S245
Carotene, alpha	S245
Zinc, Zn	S245
Vitamin C, total ascorbic acid	S245
Total lipid (fat)	S245
Lycopene	S245
Thiamin	S245
Copper, Cu	S245
Pantothenic acid	S245
Vitamin B-6	S245
Cholesterol	S245
Ash	S245
Energy	S245
Iron, Fe	S245
Potassium, K	S245
Sodium, Na	S245
Cryptoxanthin, beta	S245
Folate, total	S245
Theobromine	S245
Magnesium, Mg	S245
Vitamin A, IU	S245
Carotene, beta	S245
Lutein + zeaxanthin	S245

NDB No. 07923 Bratwurst, chicken, cooked

Riboflavin	S245
Niacin	S245
Protein	S245
Fiber, total dietary	S245
Calcium, Ca	S245
Vitamin B-12	S245

NDB No. 07924 Bratwurst, pork, beef and turkey, lite, smoked

Ash	S242
Carotene, beta	S242
Lutein + zeaxanthin	S242
Carotene, alpha	S242
Caffeine	S242
Calcium, Ca	S242
Lycopene	S242
Sodium, Na	S242
Folate, total	S242
Cholesterol	S242
Total lipid (fat)	S242
Theobromine	S242
Cryptoxanthin, beta	S242
Protein	S242
Carbohydrate, by difference	S242
Water	S242
Vitamin C, total ascorbic acid	S242
Vitamin A, IU	S242
Sugars, total	S242
Fiber, total dietary	S242
Iron, Fe	S242

NDB No. 07925 Pastrami, beef, 98% fat-free

Theobromine	S281
Fatty acids, total saturated	S281
Water	S281
Cryptoxanthin, beta	S281
Fatty acids, total	S281

NDB No. 07925 Pastrami, beef, 98% fat-free

monounsaturated	
Protein	S281
Caffeine	S281
Carotene, beta	S281
Vitamin A, IU	S281
Lycopene	S281
Carbohydrate, by difference	S281
Energy	S281
Vitamin C, total ascorbic acid	S281
Fatty acids, total polyunsaturated	S281
Total lipid (fat)	S281
Sugars, total	S281
Fiber, total dietary	S281
Iron, Fe	S281
Sodium, Na	S281
Carotene, alpha	S281
Ash	S281
Vitamin A, RAE	S281
Lutein + zeaxanthin	S281
Cholesterol	S281

NDB No. 07926 Salami, Italian, pork

Carbohydrate, by difference	S228
Calcium, Ca	S228
Cryptoxanthin, beta	S228
Fatty acids, total saturated	S228
Fatty acids, total monounsaturated	S228
Ash	S228
Water	S228
Iron, Fe	S228
Potassium, K	S228
Fluoride, F	D5001, D5007
Fatty acids, total polyunsaturated	S228
Carotene, beta	S228
Carotene, alpha	S228
Cholesterol	S228

NDB No. 07926 Salami, Italian, pork

Protein	S228
Theobromine	S228
Lutein + zeaxanthin	S228
Total lipid (fat)	S228
Caffeine	S228
Sugars, total	S228
Fiber, total dietary	S228
Sodium, Na	S228
Lycopene	S228
Vitamin C, total ascorbic acid	S228

NDB No. 07927 Sausage, Italian, turkey, smoked

Total lipid (fat)	S227
Caffeine	S227
Iron, Fe	S227
Sugars, total	S227
Sodium, Na	S227
Carotene, beta	S227
Ash	S227
Vitamin A, IU	S227
Carotene, alpha	S227
Cholesterol	S227
Energy	S227
Theobromine	S227
Calcium, Ca	S227
Vitamin C, total ascorbic acid	S227
Water	S227
Cryptoxanthin, beta	S227
Carbohydrate, by difference	S227
Fiber, total dietary	S227
Potassium, K	S227
Lycopene	S227
Lutein + zeaxanthin	S227
Protein	S227

NDB No. 07928 Sausage, chicken, beef, pork, skinless, smoked

NDB No. 07928 Sausage, chicken, beef, pork, skinless, smoked

Total lipid (fat)	S225
Sodium, Na	S225
Cryptoxanthin, beta	S225
Iron, Fe	S225
Fatty acids, total saturated	S225
Water	S225
Fiber, total dietary	S225
Carotene, alpha	S225
Carbohydrate, by difference	S225
Ash	S225
Caffeine	S225
Lycopene	S225
Lutein + zeaxanthin	S225
Vitamin C, total ascorbic acid	S225
Energy	S225
Sugars, total	S225
Carotene, beta	S225
Cholesterol	S225
Protein	S225
Theobromine	S225
Calcium, Ca	S225

NDB No. 07929 Sausage, turkey, hot, smoked

Caffeine	S227
Sugars, total	S227
Lutein + zeaxanthin	S227
Potassium, K	S227
Protein	S227
Carbohydrate, by difference	S227
Energy	S227
Theobromine	S227
Iron, Fe	S227
Carotene, beta	S227
Carotene, alpha	S227
Cholesterol	S227
Total lipid (fat)	S227

NDB No. 07929 Sausage, turkey, hot, smoked

Ash	S227
Calcium, Ca	S227
Sodium, Na	S227
Cryptoxanthin, beta	S227
Vitamin C, total ascorbic acid	S227
Lycopene	S227
Fatty acids, total saturated	S227
Water	S227
Fiber, total dietary	S227
Vitamin A, IU	S227

NDB No. 07930 Yachtwurst, with pistachio nuts, cooked

Ash	S222
Iron, Fe	S222
Vitamin A, IU	S222
Fatty acids, total saturated	S222
Energy	S222
Water	S222
Theobromine	S222
Sugars, total	S222
Cryptoxanthin, beta	S222
Total lipid (fat)	S222
Carotene, beta	S222
Lutein + zeaxanthin	S222
Fiber, total dietary	S222
Calcium, Ca	S222
Lycopene	S222
Sodium, Na	S222
Carotene, alpha	S222
Carbohydrate, by difference	S222
Caffeine	S222
Protein	S222
Vitamin C, total ascorbic acid	S222
Cholesterol	S222

NDB No. 07931 Beerwurst, pork and beef

NDB No. 07931 Beerwurst, pork and beef

Ash	S222
Energy	S222
Water	S222
Theobromine	S222
Iron, Fe	S222
Vitamin B-6	S222
4:0	S222
6:0	S222
20:1	S222
Magnesium, Mg	S222
Sodium, Na	S222
Cholesterol	S222
8:0	S222
14:0	S222
Carbohydrate, by difference	S222
Thiamin	S222
12:0	S222
18:4	S222
Total lipid (fat)	S222
Caffeine	S222
Fiber, total dietary	S222
Folate, total	S222
18:0	S222
20:5 n-3 (EPA)	S222
22:5 n-3 (DPA)	S222
Calcium, Ca	S222
Zinc, Zn	S222
Riboflavin	S222
Niacin	S222
Pantothenic acid	S222
Vitamin B-12	S222
18:2 undifferentiated	S222
Sugars, total	S222
Phosphorus, P	S222
Potassium, K	S222
Copper, Cu	S222
Fatty acids, total saturated	S222

NDB No. 07931 Beerwurst, pork and beef

16:0	S222
18:1 undifferentiated	S222
18:3 undifferentiated	S222
16:1 undifferentiated	S222
22:1 undifferentiated	S222
Protein	S222
Vitamin A, IU	S222
20:4 undifferentiated	S222
Manganese, Mn	S222
Selenium, Se	S222
Vitamin C, total ascorbic acid	S222
10:0	S222
22:6 n-3 (DHA)	S222
Fatty acids, total monounsaturated	S222
Fatty acids, total polyunsaturated	S222

NDB No. 07932 Chicken breast, fat-free, mesquite flavor, sliced

Protein	S224
Caffeine	S224
Theobromine	S224
Fiber, total dietary	S224
Cryptoxanthin, beta	S224
Lycopene	S224
Carbohydrate, by difference	S224
Water	S224
Sodium, Na	S224
Vitamin A, RAE	S224
Sugars, total	S224
Calcium, Ca	S224
Carotene, alpha	S224
Vitamin A, IU	S224
Vitamin C, total ascorbic acid	S224
Fatty acids, total saturated	S224
Total lipid (fat)	S224
Ash	S224
Energy	S224

NDB No. 07932 Chicken breast, fat-free, mesquite flavor, sliced

Iron, Fe	S224
Carotene, beta	S224
Lutein + zeaxanthin	S224
Cholesterol	S224

NDB No. 07933 Chicken breast, oven-roasted, fat-free, sliced

Carbohydrate, by difference	S224
Water	S224
Calcium, Ca	S224
Iron, Fe	S224
Lycopene	S224
Vitamin C, total ascorbic acid	S224
Protein	S224
Cryptoxanthin, beta	S224
Total lipid (fat)	S224
Sugars, total	S224
Carotene, beta	S224
Cholesterol	S224
Ash	S224
Caffeine	S224
Theobromine	S224
Fiber, total dietary	S224
Vitamin A, RAE	S224
Carotene, alpha	S224
Fatty acids, total saturated	S224
Energy	S224
Sodium, Na	S224
Lutein + zeaxanthin	S224
Vitamin A, IU	S224

NDB No. 07934 Kielbasa, Polish, turkey and beef, smoked

Water	S281
Cholesterol	S281
Carbohydrate, by difference	S281
Sugars, total	S281
Cryptoxanthin, beta	S281

NDB No. 07934 Kielbasa, Polish, turkey and beef, smoked

Lutein + zeaxanthin	S281
Total lipid (fat)	S281
Fiber, total dietary	S281
Vitamin C, total ascorbic acid	S281
Fatty acids, total saturated	S281
Vitamin A, IU	S281
Vitamin A, RAE	S281
Carotene, alpha	S281
Ash	S281
Energy	S281
Carotene, beta	S281
Lycopene	S281
Caffeine	S281
Theobromine	S281
Iron, Fe	S281
Protein	S281
Sodium, Na	S281
Fatty acids, total monounsaturated	S281
Fatty acids, total polyunsaturated	S281

NDB No. 07935 Oven-roasted chicken breast roll

Carbohydrate, by difference	S224
Sodium, Na	S224
Vitamin A, IU	S224
Carotene, alpha	S224
Total lipid (fat)	S224
Theobromine	S224
Lycopene	S224
Cholesterol	S224
Water	S224
Calcium, Ca	S224
Vitamin A, RAE	S224
Lutein + zeaxanthin	S224
Ash	S224
Energy	S224
Caffeine	S224

NDB No. 07935 Oven-roasted chicken breast roll

Carotene, beta	S224
Cryptoxanthin, beta	S224
Vitamin C, total ascorbic acid	S224
Sugars, total	S224
Fiber, total dietary	S224
Iron, Fe	S224
Fatty acids, total saturated	S224
Protein	S224

NDB No. 07936 Bologna, pork and turkey, lite

Carotene, alpha	S247
Cryptoxanthin, beta	S247
Vitamin C, total ascorbic acid	S247
Total lipid (fat)	S247
Energy	S247
Calcium, Ca	S247
Theobromine	S247
Vitamin A, IU	S247
Fatty acids, total polyunsaturated	S247
Water	S247
Caffeine	S247
Sugars, total	S247
Fiber, total dietary	S247
Lutein + zeaxanthin	S247
Fatty acids, total saturated	S247
Carbohydrate, by difference	S247
Iron, Fe	S247
Sodium, Na	S247
Carotene, beta	S247
Cholesterol	S247
Protein	S247
Ash	S247
Lycopene	S247
Fatty acids, total monounsaturated	S247

NDB No. 07937 Bologna, pork, turkey and beef

Iron, Fe	S239
Sodium, Na	S239
Carotene, beta	S239
Fatty acids, total saturated	S239
Fiber, total dietary	S239
Calcium, Ca	S239
Carotene, alpha	S239
Cryptoxanthin, beta	S239
Lutein + zeaxanthin	S239
Cholesterol	S239
Theobromine	S239
Sugars, total	S239
Protein	S239
Caffeine	S239
Vitamin A, IU	S239
Vitamin C, total ascorbic acid	S239
Total lipid (fat)	S239
Fluoride, F	D5301, D5007, D5021
Lycopene	S239

NDB No. 07938 Ham, honey, smoked, cooked

Calcium, Ca	S233
Lutein + zeaxanthin	S233
Vitamin B-6	S233
Fatty acids, total saturated	S233
Iron, Fe	S233
Lycopene	S233
Thiamin	S233
Niacin	S233
Folate, total	S233
Vitamin B-12	S233
Protein	S233
Theobromine	S233
Ash	S233
Energy	S233
Zinc, Zn	S233

NDB No. 07938 Ham, honey, smoked, cooked

Pantothenic acid	S233
Water	S233
Potassium, K	S233
Copper, Cu	S233
Vitamin A, IU	S233
Total lipid (fat)	S233
Caffeine	S233
Sugars, total	S233
Selenium, Se	S233
Vitamin C, total ascorbic acid	S233
Phosphorus, P	S233
Carotene, beta	S233
Carotene, alpha	S233
Cryptoxanthin, beta	S233
Cholesterol	S233
Carbohydrate, by difference	S233
Fiber, total dietary	S233
Magnesium, Mg	S233
Sodium, Na	S233
Manganese, Mn	S233
Riboflavin	S233

NDB No. 07939 Frankfurter, pork

Carbohydrate, by difference	S235
Water	S235
Lycopene	S235
Vitamin B-12	S235
Cholesterol	S235
Copper, Cu	S235
Niacin	S235
Folate, total	S235
Caffeine	S235
Selenium, Se	S235
Carotene, beta	S235
Carotene, alpha	S235
12:0	S235

NDB No. 07939 Frankfurter, pork

18:3 undifferentiated	S235
Calcium, Ca	S235
Vitamin B-6	S235
18:0	S235
18:4	S235
Protein	S235
Energy	S235
Manganese, Mn	S235
Vitamin A, IU	S235
Cryptoxanthin, beta	S235
Lutein + zeaxanthin	S235
Pantothenic acid	S235
20:4 undifferentiated	S235
Total lipid (fat)	S235
Theobromine	S235
Potassium, K	S235
Sodium, Na	S235
Vitamin C, total ascorbic acid	S235
Fatty acids, total saturated	S235
18:2 undifferentiated	S235
20:1	S235
Fatty acids, total polyunsaturated	S235
Ash	S235
Sugars, total	S235
Fiber, total dietary	S235
Iron, Fe	S235
Phosphorus, P	S235
Thiamin	S235
16:1 undifferentiated	S235
Fatty acids, total monounsaturated	S235
Magnesium, Mg	S235
Zinc, Zn	S235
Riboflavin	S235
10:0	S235
14:0	S235
16:0	S235
18:1 undifferentiated	S235

NDB No. 07940 Macaroni and cheese loaf, chicken, pork and beef

Carbohydrate, by difference	S237
Theobromine	S237
Sugars, total	S237
Total lipid (fat)	S237
Lycopene	S237
Fatty acids, total monounsaturated	S237
Water	S237
Fiber, total dietary	S237
Calcium, Ca	S237
Carotene, beta	S237
Protein	S237
Caffeine	S237
Sodium, Na	S237
Fatty acids, total saturated	S237
Carotene, alpha	S237
Cholesterol	S237
Fatty acids, total polyunsaturated	S237
Ash	S237
Energy	S237
Iron, Fe	S237
Cryptoxanthin, beta	S237

NDB No. 07941 Salami, Italian, pork and beef, dry, sliced, 50% less sodium

Carbohydrate, by difference	S281
Energy	S281
Caffeine	S281
Cryptoxanthin, beta	S281
Theobromine	S281
Fiber, total dietary	S281
Vitamin A, IU	S281
Carotene, alpha	S281
Fatty acids, total saturated	S281
Fatty acids, total monounsaturated	S281
Fatty acids, total polyunsaturated	S281
Water	S281

NDB No. 07941 Salami, Italian, pork and beef, dry, sliced, 50% less sodium

Lutein + zeaxanthin	S281
Ash	S281
Lycopene	S281
Sugars, total	S281
Carotene, beta	S281
Total lipid (fat)	S281
Sodium, Na	S281
Vitamin C, total ascorbic acid	S281
Protein	S281
Cholesterol	S281

NDB No. 07942 Pate, truffle flavor

Fatty acids, total saturated	S281
Fatty acids, total polyunsaturated	S281
Protein	S281
Energy	S281
Carotene, beta	S281
Cholesterol	S281
Ash	S281
Fatty acids, total monounsaturated	S281
Total lipid (fat)	S281
Carbohydrate, by difference	S281
Vitamin A, IU	S281
Iron, Fe	S281
Water	S281
Sodium, Na	S281

NDB No. 07943 Turkey, breast, smoked, lemon pepper flavor, 97% fat-free

Vitamin A, IU	S281
Cryptoxanthin, beta	S281
Fatty acids, total monounsaturated	S281
Carbohydrate, by difference	S281
Caffeine	S281
Fatty acids, total saturated	S281

NDB No. 07943 Turkey, breast, smoked, lemon pepper flavor, 97% fat-free

Sodium, Na	S281
Lycopene	S281
Protein	S281
Total lipid (fat)	S281
Theobromine	S281
Sugars, total	S281
Vitamin A, RAE	S281
Carotene, beta	S281
Lutein + zeaxanthin	S281
Fatty acids, total polyunsaturated	S281
Energy	S281
Ash	S281
Water	S281
Fiber, total dietary	S281
Carotene, alpha	S281
Cholesterol	S281

NDB No. 07944 Turkey, white, rotisserie, deli cut

Caffeine	S227
Iron, Fe	S227
Carotene, alpha	S227
Protein	S227
Fiber, total dietary	S227
Sodium, Na	S227
Vitamin C, total ascorbic acid	S227
Fatty acids, total monounsaturated	S227
Energy	S227
Water	S227
Calcium, Ca	S227
Ash	S227
Total lipid (fat)	S227
Vitamin A, IU	S227
Lycopene	S227
Cholesterol	S227
Carbohydrate, by difference	S227
Potassium, K	S227

NDB No. 07944 Turkey, white, rotisserie, deli cut

Carotene, beta	S227
Cryptoxanthin, beta	S227
Lutein + zeaxanthin	S227
Theobromine	S227
Sugars, total	S227
Fatty acids, total saturated	S227
Fatty acids, total polyunsaturated	S227

NDB No. 07945 Frankfurter, beef, heated

Glucose (dextrose)	S21
Fructose	S21
Maltose	S21
Phosphorus, P	S21
Potassium, K	S21
Selenium, Se	S21
Niacin	S21
Vitamin B-6	S21
Tryptophan	S2
Tyrosine	S2
Arginine	S2
Histidine	S2
Glycine	S2
Proline	S2
Total lipid (fat)	S21
Copper, Cu	S21
Thiamin	S21
Leucine	S2
Lysine	S2
Methionine	S2
16:0	S21
18:1 undifferentiated	S21
Isoleucine	S2
Cystine	S2
Aspartic acid	S2
22:1 undifferentiated	S21
Sodium, Na	S21

NDB No. 07945 Frankfurter, beef, heated

Phenylalanine	S2
Glutamic acid	S2
20:1	S21
Galactose	S21
Threonine	S2
14:0	S21
18:3 undifferentiated	S21
14:1	S21
Starch	S21
Iron, Fe	S21
Manganese, Mn	S21
Riboflavin	S21
Valine	S2
Serine	S2
Cholesterol	S21
17:0	S21
Sucrose	S21
Lactose	S21
Calcium, Ca	S21
Magnesium, Mg	S21
Folate, total	S21
18:0	S21
15:0	S21
Ash	S21
Water	S21
Zinc, Zn	S21
Pantothenic acid	S21
Vitamin B-12	S21
Alanine	S2
18:2 undifferentiated	S21
16:1 undifferentiated	S21

NDB No. 07949 Frankfurter, meat, heated

Calcium, Ca	S23
Potassium, K	S23
14:0	S23

NDB No. 07949 Frankfurter, meat, heated

16:1 undifferentiated	S23
Water	S23
Iron, Fe	S23
Phosphorus, P	S23
Sodium, Na	S23
Threonine	S2
Leucine	S2
Methionine	S2
Tyrosine	S2
Glycine	S2
Zinc, Zn	S23
Manganese, Mn	S23
Isoleucine	S2
Arginine	S2
Alanine	S2
16:0	S23
20:4 undifferentiated	S23
20:1	S23
22:1 undifferentiated	S23
Total lipid (fat)	S23
Valine	S2
Serine	S2
18:2 undifferentiated	S23
Copper, Cu	S23
Phenylalanine	S2
Histidine	S2
Glutamic acid	S2
Proline	S2
Cholesterol	S23
Tryptophan	S2
Aspartic acid	S2
Protein	S23
Lysine	S2
18:0	S23
18:3 undifferentiated	S23
Ash	S23
Magnesium, Mg	S23

NDB No. 07949 Frankfurter, meat, heated

Cystine	S2
18:1 undifferentiated	S23

NDB No. 07950 Frankfurter, meat

Potassium, K	S23
Copper, Cu	S23
Manganese, Mn	S23
Threonine	S2
16:0	S23
Magnesium, Mg	S23
Isoleucine	S2
Lysine	S2
Alanine	S2
Aspartic acid	S2
Glycine	S2
Cholesterol	S23
18:3 undifferentiated	S23
20:1	S23
Methionine	S2
Valine	S2
Serine	S2
18:0	S23
16:1 undifferentiated	S23
Protein	S23
Total lipid (fat)	S23
Histidine	S2
Proline	S2
Water	S23
Iron, Fe	S23
Zinc, Zn	S23
Tyrosine	S2
Glutamic acid	S2
18:2 undifferentiated	S23
Phosphorus, P	S23
Tryptophan	S2
Phenylalanine	S2

NDB No. 07950 Frankfurter, meat

22:1 undifferentiated	S23
Ash	S23
Calcium, Ca	S23
Sodium, Na	S23
Leucine	S2
Arginine	S2
14:0	S23
20:4 undifferentiated	S23
Cystine	S2
18:1 undifferentiated	S23

NDB No. 07951 Scrapple, pork

Ash	S243
Fructose	S243
Lactose	S243
Glucose (dextrose)	S243
Iron, Fe	S243
Riboflavin	S243
Water	S243
Calcium, Ca	S243
Zinc, Zn	S243
Vitamin A, IU	S243
Vitamin C, total ascorbic acid	S243
Niacin	S243
Protein	S243
Magnesium, Mg	S243
Phosphorus, P	S243
Maltose	S243
Fiber, total dietary	S243
Copper, Cu	S243
Thiamin	S243
Cholesterol	S243
Total lipid (fat)	S243
Sucrose	S243
Potassium, K	S243
Sodium, Na	S243

NDB No. 07952 Bologna, chicken, turkey, pork

Choline, total	S1164
20:4 undifferentiated	S1164
18:3 n-3 c,c,c (ALA)	S1164
Protein	S1164
Total lipid (fat)	S1164
Energy	S1164
Tocopherol, beta	S1164
Niacin	S1164
10:0	S1164
15:0	S1164
Ash	S1164
Sodium, Na	S1164
Selenium, Se	S1164
Pantothenic acid	S1164
Vitamin B-6	S1164
Vitamin K (phylloquinone)	S1164
Fatty acids, total trans	S1164
20:0	S1164
18:2 undifferentiated	S1164
16:1 undifferentiated	S1164
Fatty acids, total polyunsaturated	S1164
20:2 n-6 c,c	S1164
15:1	S1164
Calcium, Ca	S1164
Zinc, Zn	S1164
Copper, Cu	S1164
Carotene, alpha	S1164
Vitamin E (alpha-tocopherol)	S1164
Lycopene	S1164
Vitamin C, total ascorbic acid	S1164
Riboflavin	S1164
Fluoride, F	D5301, D5007, D5021
Tocopherol, gamma	S1164
Hydroxyproline	S1164
22:0	S1164
20:3 undifferentiated	S1164
Magnesium, Mg	S1164

NDB No. 07952 Bologna, chicken, turkey, pork

Phosphorus, P	S1164
Manganese, Mn	S1164
Folic acid	S1164
Betaine	S1164
12:0	S1164
14:1	S1164
18:3 n-6 c,c,c	S1164
Water	S1164
Retinol	S1164
Carotene, beta	S1164
Cryptoxanthin, beta	S1164
Thiamin	S1164
Folate, total	S1164
Fatty acids, total saturated	S1164
16:0	S1164
18:0	S1164
20:1	S1164
Fatty acids, total monounsaturated	S1164
17:0	S1164
Iron, Fe	S1164
Potassium, K	S1164
Tocopherol, delta	S1164
Vitamin B-12	S1164
Cholesterol	S1164
8:0	S1164
14:0	S1164
18:1 undifferentiated	S1164

NDB No. 07953 Pork sausage, pre-cooked

Manganese, Mn	S1164, S582
Vitamin E (alpha-tocopherol)	S1164
Lycopene	S1164, S582
Pantothenic acid	S1164, S582
Vitamin K (phylloquinone)	S1164
Tryptophan	S1164, S582
Arginine	S1164, S582

NDB No. 07953 Pork sausage, pre-cooked

Serine	S1164, S582
Fatty acids, total trans	S1164, S582
Fatty acids, total saturated	S1164, S582
14:0	S1164, S582
15:0	S1164, S582
20:3 undifferentiated	S1164, S582
Phosphorus, P	S1164, S582
Thiamin	S1164, S582
Riboflavin	S1164, S582
Choline, total	S1164
Cystine	S1164, S582
10:0	S1164, S582
12:0	S1164, S582
14:1	S1164, S582
16:1 undifferentiated	S1164, S582
17:0	S1164, S582
Protein	S1164, S582
Tocopherol, beta	S1164
Methionine	S1164, S582
Alanine	S1164, S582
Glutamic acid	S1164, S582
20:1	S1164, S582
Iron, Fe	S1164, S582
Cryptoxanthin, beta	S1164, S582
Vitamin B-12	S1164, S582
Phenylalanine	S1164, S582
Tyrosine	S1164, S582
Aspartic acid	S1164, S582
22:0	S1164, S582
Water	S1164, S582
Zinc, Zn	S1164, S582
Copper, Cu	S1164, S582
Tocopherol, delta	S1164
16:0	S1164, S582
18:0	S1164, S582
Fatty acids, total monounsaturated	S1164, S582
18:3 n-6 c,c,c	S1164, S582

NDB No. 07953 Pork sausage, pre-cooked

Sodium, Na	S1164, S582
Vitamin C, total ascorbic acid	S1164, S582
Niacin	S1164, S582
Proline	S1164, S582
8:0	S1164, S582
20:4 undifferentiated	S1164, S582
Fatty acids, total polyunsaturated	S1164, S582
20:2 n-6 c,c	S1164, S582
Total lipid (fat)	S1164, S582
Ash	S1164, S582
Calcium, Ca	S1164, S582
Magnesium, Mg	S1164, S582
Potassium, K	S1164, S582
Selenium, Se	S1164, S582
Retinol	S1164, S582
Vitamin B-6	S1164, S582
Leucine	S1164, S582
Lysine	S1164, S582
Glycine	S1164, S582
Hydroxyproline	S1164, S582
Cholesterol	S1164, S582
18:1 undifferentiated	S1164, S582
18:2 undifferentiated	S1164, S582
18:3 n-3 c,c,c (ALA)	S1164, S582
Carotene, beta	S1164, S582
Carotene, alpha	S1164, S582
Tocopherol, gamma	S1164
Folate, total	S1164
Betaine	S1164
Threonine	S1164, S582
Isoleucine	S1164, S582
Valine	S1164, S582
Histidine	S1164, S582
20:0	S1164, S582
15:1	S1164, S582

NDB No. 07954 Beef sausage, pre-cooked

Total lipid (fat)	S582
Potassium, K	S582
Zinc, Zn	S582
Retinol	S582
Tocopherol, beta	S1164
Tocopherol, delta	S1164
Choline, total	S1164
Glutamic acid	S582
Glycine	S582
Fatty acids, total saturated	S582
8:0	S582
20:4 undifferentiated	S582
Tryptophan	S582
Threonine	S582
Valine	S582
Histidine	S582
Proline	S582
10:0	S582
20:1	S582
18:3 n-6 c,c,c	S582
Protein	S582
Sodium, Na	S582
Copper, Cu	S582
Lycopene	S582
Vitamin C, total ascorbic acid	S582
Pantothenic acid	S582
Lysine	S582
Phosphorus, P	S582
Carotene, beta	S582
Cryptoxanthin, beta	S582
Betaine	S1164
Leucine	S582
Methionine	S582
Tyrosine	S582
14:0	S582
20:0	S582
22:0	S582

NDB No. 07954 Beef sausage, pre-cooked

Fatty acids, total polyunsaturated	S582
20:3 undifferentiated	S582
Calcium, Ca	S582
Manganese, Mn	S582
Vitamin B-6	S582
Folate, total	S1164
Vitamin K (phylloquinone)	S1164
Phenylalanine	S582
Hydroxyproline	S582
16:0	S582
Ash	S582
Water	S582
Iron, Fe	S582
Thiamin	S582
Riboflavin	S582
Fatty acids, total trans	S582
12:0	S582
18:1 undifferentiated	S582
14:1	S582
Fatty acids, total monounsaturated	S582
20:2 n-6 c,c	S582
Carotene, alpha	S582
Vitamin E (alpha-tocopherol)	S1164
Tocopherol, gamma	S1164
Niacin	S582
Cystine	S582
Alanine	S582
Serine	S582
18:0	S582
16:1 undifferentiated	S582
15:0	S582
17:0	S582
15:1	S582
18:3 n-3 c,c,c (ALA)	S582
Magnesium, Mg	S582
Selenium, Se	S582
Vitamin B-12	S582

NDB No. 07954 Beef sausage, pre-cooked

Isoleucine	S582
Arginine	S582
Aspartic acid	S582
Cholesterol	S582
18:2 undifferentiated	S582

NDB No. 07955 Turkey sausage, fresh, raw

Copper, Cu	S1164
Niacin	S1164
Pantothenic acid	S1164
Vitamin K (phylloquinone)	S1164
Cystine	S1164
Valine	S1164
Histidine	S1164
18:1 undifferentiated	S1164
15:0	S1164
18:3 n-6 c,c,c	S1164
Water	S1164
Calcium, Ca	S1164
Magnesium, Mg	S1164
Zinc, Zn	S1164
Selenium, Se	S1164
Carotene, alpha	S1164
Lycopene	S1164
Phenylalanine	S1164
Tyrosine	S1164
Serine	S1164
Iron, Fe	S1164
Phosphorus, P	S1164
Sodium, Na	S1164
Cryptoxanthin, beta	S1164
Tocopherol, gamma	S1164
Tocopherol, delta	S1164
Vitamin B-12	S1164
Threonine	S1164
Methionine	S1164

NDB No. 07955 Turkey sausage, fresh, raw

12:0	S1164
18:2 undifferentiated	S1164
20:2 n-6 c,c	S1164
Protein	S1164
Ash	S1164
Manganese, Mn	S1164
Carotene, beta	S1164
Vitamin E (alpha-tocopherol)	S1164
Vitamin C, total ascorbic acid	S1164
Folate, total	S1164
Alanine	S1164
Aspartic acid	S1164
Glutamic acid	S1164
Fatty acids, total saturated	S1164
16:0	S1164
Fatty acids, total polyunsaturated	S1164
15:1	S1164
Riboflavin	S1164
Lysine	S1164
20:0	S1164
16:1 undifferentiated	S1164
Total lipid (fat)	S1164
Potassium, K	S1164
Retinol	S1164
Tocopherol, beta	S1164
Thiamin	S1164
Isoleucine	S1164
Hydroxyproline	S1164
Cholesterol	S1164
Fatty acids, total trans	S1164
10:0	S1164
14:0	S1164
18:0	S1164
22:0	S1164
14:1	S1164
Vitamin B-6	S1164
Proline	S1164

NDB No. 07955 Turkey sausage, fresh, raw

20:1	S1164
20:3 undifferentiated	S1164
18:3 n-3 c,c,c (ALA)	S1164
Tryptophan	S1164
Leucine	S1164
Glycine	S1164
8:0	S1164
20:4 undifferentiated	S1164
Fatty acids, total monounsaturated	S1164
17:0	S1164

NDB No. 07956 Beef sausage, fresh, cooked

Manganese, Mn	S1164
Folate, total	S1164
Choline, total	S1164
Isoleucine	S1164
Cystine	S1164
Arginine	S1164
Aspartic acid	S1164
Serine	S1164
14:0	S1164
16:0	S1164
20:0	S1164
Total lipid (fat)	S1164
Ash	S1164
Magnesium, Mg	S1164
Potassium, K	S1164
Tocopherol, beta	S1164
Tocopherol, gamma	S1164
Threonine	S1164
Leucine	S1164
Lysine	S1164
Methionine	S1164
Glutamic acid	S1164
Cholesterol	S1164
12:0	S1164

NDB No. 07956 Beef sausage, fresh, cooked

18:2 undifferentiated	S1164
Water	S1164
Fatty acids, total saturated	S1164
18:0	S1164
20:4 undifferentiated	S1164
Betaine	S1164
Phenylalanine	S1164
Hydroxyproline	S1164
18:1 undifferentiated	S1164
14:1	S1164
Iron, Fe	S1164
Copper, Cu	S1164
Cryptoxanthin, beta	S1164
Thiamin	S1164
Niacin	S1164
Vitamin B-6	S1164
Vitamin B-12	S1164
Tryptophan	S1164
Proline	S1164
20:1	S1164
Protein	S1164
Calcium, Ca	S1164
Phosphorus, P	S1164
Lycopene	S1164
Tocopherol, delta	S1164
Valine	S1164
Alanine	S1164
Fatty acids, total monounsaturated	S1164
18:3 n-6 c,c,c	S1164
15:1	S1164
18:3 n-3 c,c,c (ALA)	S1164
Retinol	S1164
Carotene, alpha	S1164
Vitamin C, total ascorbic acid	S1164
Pantothenic acid	S1164
Glycine	S1164
Fatty acids, total trans	S1164

NDB No. 07956 Beef sausage, fresh, cooked

8:0	S1164
10:0	S1164
Fatty acids, total polyunsaturated	S1164
Sodium, Na	S1164
Zinc, Zn	S1164
Selenium, Se	S1164
Carotene, beta	S1164
Vitamin E (alpha-tocopherol)	S1164
Riboflavin	S1164
Vitamin K (phylloquinone)	S1164
Tyrosine	S1164
Histidine	S1164
22:0	S1164
15:0	S1164
20:2 n-6 c,c	S1164
20:3 undifferentiated	S1164

NDB No. 07957 Pork and turkey sausage, pre-cooked

Ash	S1164
Water	S1164
Iron, Fe	S1164
Potassium, K	S1164
Zinc, Zn	S1164
Manganese, Mn	S1164
Vitamin C, total ascorbic acid	S1164
Serine	S1164
10:0	S1164
12:0	S1164
14:0	S1164
20:0	S1164
18:1 undifferentiated	S1164
Protein	S1164
Calcium, Ca	S1164
Copper, Cu	S1164
Thiamin	S1164
Folate, total	S1164

NDB No. 07957 Pork and turkey sausage, pre-cooked

Arginine	S1164
Glutamic acid	S1164
Glycine	S1164
Proline	S1164
20:4 undifferentiated	S1164
22:0	S1164
14:1	S1164
Fatty acids, total polyunsaturated	S1164
20:3 undifferentiated	S1164
15:1	S1164
18:3 n-3 c,c,c (ALA)	S1164
Riboflavin	S1164
Lysine	S1164
Methionine	S1164
16:1 undifferentiated	S1164
Sodium, Na	S1164
Selenium, Se	S1164
Retinol	S1164
Carotene, beta	S1164
Cryptoxanthin, beta	S1164
Tryptophan	S1164
Fatty acids, total trans	S1164
17:0	S1164
Lycopene	S1164
Tocopherol, beta	S1164
Tocopherol, gamma	S1164
Vitamin B-12	S1164
Threonine	S1164
Isoleucine	S1164
Phenylalanine	S1164
Valine	S1164
Phosphorus, P	S1164
Tocopherol, delta	S1164
Pantothenic acid	S1164
Vitamin B-6	S1164
Vitamin K (phylloquinone)	S1164
Alanine	S1164

NDB No. 07957 Pork and turkey sausage, pre-cooked

8:0	S1164
18:0	S1164
18:2 undifferentiated	S1164
Total lipid (fat)	S1164
Magnesium, Mg	S1164
Carotene, alpha	S1164
Leucine	S1164
Aspartic acid	S1164
Cholesterol	S1164
Fatty acids, total saturated	S1164
20:1	S1164
20:2 n-6 c,c	S1164
18:3 n-6 c,c,c	S1164
Vitamin E (alpha-tocopherol)	S1164
Niacin	S1164
Cystine	S1164
Tyrosine	S1164
Histidine	S1164
Hydroxyproline	S1164
16:0	S1164
Fatty acids, total monounsaturated	S1164
15:0	S1164

NDB No. 07958 Turkey sausage, fresh, cooked

Phosphorus, P	S1164
Carotene, beta	S1164
Tocopherol, delta	S1164
Lysine	S1164
Cystine	S1164
Arginine	S1164
Histidine	S1164
Aspartic acid	S1164
10:0	S1164
16:0	S1164
15:1	S1164
Potassium, K	S1164

NDB No. 07958 Turkey sausage, fresh, cooked

Manganese, Mn	S1164
Selenium, Se	S1164
Carotene, alpha	S1164
Vitamin E (alpha-tocopherol)	S1164
Vitamin C, total ascorbic acid	S1164
14:0	S1164
18:0	S1164
Protein	S1164
Sodium, Na	S1164
Copper, Cu	S1164
Cryptoxanthin, beta	S1164
Niacin	S1164
Vitamin B-6	S1164
Tryptophan	S1164
Isoleucine	S1164
18:1 undifferentiated	S1164
20:4 undifferentiated	S1164
20:1	S1164
Energy	S1164
Lycopene	S1164
Tocopherol, beta	S1164
Glutamic acid	S1164
Glycine	S1164
Fatty acids, total trans	S1164
Calcium, Ca	S1164
Pantothenic acid	S1164
Folate, total	S1164
Folic acid	S1164
Tyrosine	S1164
Valine	S1164
Alanine	S1164
Serine	S1164
20:0	S1164
Fatty acids, total monounsaturated	S1164
Fatty acids, total polyunsaturated	S1164
15:0	S1164
17:0	S1164

NDB No. 07958 Turkey sausage, fresh, cooked

20:2 n-6 c,c	S1164
18:3 n-3 c,c,c (ALA)	S1164
Water	S1164
Iron, Fe	S1164
Threonine	S1164
Proline	S1164
Cholesterol	S1164
22:0	S1164
16:1 undifferentiated	S1164
18:3 n-6 c,c,c	S1164
20:3 undifferentiated	S1164
Retinol	S1164
Vitamin B-12	S1164
Methionine	S1164
Phenylalanine	S1164
Hydroxyproline	S1164
Fatty acids, total saturated	S1164
8:0	S1164
14:1	S1164
Total lipid (fat)	S1164
Ash	S1164
Magnesium, Mg	S1164
Zinc, Zn	S1164
Tocopherol, gamma	S1164
Thiamin	S1164
Riboflavin	S1164
Vitamin K (phylloquinone)	S1164
Leucine	S1164
12:0	S1164
18:2 undifferentiated	S1164

NDB No. 07959 Bologna, chicken, pork, beef

Total lipid (fat)	S1164
Choline, total	S1164
Hydroxyproline	S1164
18:1 undifferentiated	S1164

NDB No. 07959 Bologna, chicken, pork, beef

18:3 n-6 c,c,c	S1164
Water	S1164
Magnesium, Mg	S1164
Vitamin E (alpha-tocopherol)	S1164
Cryptoxanthin, beta	S1164
Tocopherol, gamma	S1164
Folic acid	S1164
Fatty acids, total polyunsaturated	S1164
Ash	S1164
Potassium, K	S1164
Sodium, Na	S1164
Vitamin B-12	S1164
Betaine	S1164
10:0	S1164
16:0	S1164
20:0	S1164
16:1 undifferentiated	S1164
Calcium, Ca	S1164
Zinc, Zn	S1164
Riboflavin	S1164
Vitamin K (phylloquinone)	S1164
Fatty acids, total trans	S1164
Fatty acids, total saturated	S1164
14:0	S1164
20:4 undifferentiated	S1164
15:0	S1164
20:3 undifferentiated	S1164
Phosphorus, P	S1164
Retinol	S1164
8:0	S1164
18:0	S1164
18:2 undifferentiated	S1164
Fatty acids, total monounsaturated	S1164
15:1	S1164
Iron, Fe	S1164
Pantothenic acid	S1164
Vitamin B-6	S1164

NDB No. 07959 Bologna, chicken, pork, beef

Folate, total	S1164
22:0	S1164
17:0	S1164
Fluoride, F	D5301, D5007, D5021
Carotene, alpha	S1164
Lycopene	S1164
Tocopherol, beta	S1164
Vitamin C, total ascorbic acid	S1164
Thiamin	S1164
Cholesterol	S1164
12:0	S1164
14:1	S1164
20:1	S1164
Protein	S1164
Energy	S1164
Copper, Cu	S1164
Manganese, Mn	S1164
Selenium, Se	S1164
Carotene, beta	S1164
Tocopherol, delta	S1164
Niacin	S1164
20:2 n-6 c,c	S1164
18:3 n-3 c,c,c (ALA)	S1164

NDB No. 07960 Bologna, chicken, pork

Vitamin B-12	S1164
Arginine	S1164
Cholesterol	S1164
20:2 n-6 c,c	S1164
15:1	S1164
Ash	S1164
Manganese, Mn	S1164
Tocopherol, delta	S1164
Thiamin	S1164
Folate, total	S1164
Cystine	S1164

NDB No. 07960 Bologna, chicken, pork

Tyrosine	S1164
20:0	S1164
22:0	S1164
15:0	S1164
17:0	S1164
Energy	S1164
Water	S1164
Calcium, Ca	S1164
Phosphorus, P	S1164
Copper, Cu	S1164
Fluoride, F	D5301, D5007, D5021
Retinol	S1164
Tocopherol, gamma	S1164
Vitamin K (phylloquinone)	S1164
Threonine	S1164
Lysine	S1164
Phenylalanine	S1164
Alanine	S1164
Proline	S1164
Fatty acids, total trans	S1164
8:0	S1164
20:4 undifferentiated	S1164
20:1	S1164
Iron, Fe	S1164
Carotene, beta	S1164
Niacin	S1164
Pantothenic acid	S1164
Folic acid	S1164
Methionine	S1164
Valine	S1164
10:0	S1164
14:1	S1164
20:3 undifferentiated	S1164
Total lipid (fat)	S1164
Zinc, Zn	S1164
Cryptoxanthin, beta	S1164
Tocopherol, beta	S1164

NDB No. 07960 Bologna, chicken, pork

Riboflavin	S1164
14:0	S1164
18:0	S1164
18:2 undifferentiated	S1164
Protein	S1164
Magnesium, Mg	S1164
Sodium, Na	S1164
Selenium, Se	S1164
Lycopene	S1164
Vitamin B-6	S1164
Isoleucine	S1164
Leucine	S1164
Fatty acids, total monounsaturated	S1164
Fatty acids, total polyunsaturated	S1164
18:3 n-6 c,c,c	S1164
Carotene, alpha	S1164
Tryptophan	S1164
Histidine	S1164
Hydroxyproline	S1164
Fatty acids, total saturated	S1164
18:1 undifferentiated	S1164
16:1 undifferentiated	S1164
Potassium, K	S1164
Vitamin E (alpha-tocopherol)	S1164
Vitamin C, total ascorbic acid	S1164
Aspartic acid	S1164
Glutamic acid	S1164
Glycine	S1164
Serine	S1164
12:0	S1164
16:0	S1164
18:3 n-3 c,c,c (ALA)	S1164

NDB No. 08001 Cereals ready-to-eat, KELLOGG, KELLOGG'S ALL-BRAN Original

Glucose (dextrose)	S1065

NDB No. 08001 Cereals ready-to-eat, KELLOGG, KELLOGG'S ALL-BRAN Original

Sugars, total	S3421
Fiber, total dietary	S1065
Phosphorus, P	S1065
Vitamin D	S3421
Riboflavin	S1065
Energy	S3421
Fructose	S1065
Copper, Cu	S1065
Vitamin B-6	S1065
Dihydrophylloquinone	S1065
Betaine	S1065
Lysine	S1065
Valine	S1065
Glycine	S1065
18:0	S1065
22:1 undifferentiated	S1065
Magnesium, Mg	S1065
Manganese, Mn	S1065
Vitamin C, total ascorbic acid	S1065
16:0	S1065
18:1 undifferentiated	S1065
Fatty acids, total polyunsaturated	S3421
Lactose	S1065
Water	S1065
Iron, Fe	S1065
Choline, total	S1065
Isoleucine	S1065
Cholesterol	S3421
12:0	S1065
18:2 undifferentiated	S1065
20:1	S1065
Calcium, Ca	S1065
Selenium, Se	D3358, S1065, D3359
Thiamin	S1065
Tryptophan	S1065
Threonine	S1065
Phenylalanine	S1065

NDB No. 08001 Cereals ready-to-eat, KELLOGG, KELLOGG'S ALL-BRAN Original

Proline	S1065
Fatty acids, total saturated	S3421
8:0	S1065
10:0	S1065
18:3 undifferentiated	S1065
18:4	S1065
Protein	S1065
Total lipid (fat)	S1065
Carbohydrate, by difference	S3421
Ash	S1065
Maltose	S1065
Sodium, Na	S1065
Vitamin A, IU	S3421
Pantothenic acid	S1065
Folate, total	S1065
Leucine	S1065
Methionine	S1065
Histidine	S1065
Fatty acids, total trans	S3421
14:0	S1065
Fatty acids, total monounsaturated	S3421
Sucrose	S1065
Potassium, K	S1065
Niacin	S1065
Vitamin B-12	S1065
Vitamin K (phylloquinone)	S1065
Tyrosine	S1065
Glutamic acid	S1065
Serine	S1065
20:4 undifferentiated	S1065
16:1 undifferentiated	S1065
20:5 n-3 (EPA)	S1065
Starch	S1065
Zinc, Zn	S1065
Cystine	S1065
Arginine	S1065

NDB No. 08001 Cereals ready-to-eat, KELLOGG, KELLOGG'S ALL-BRAN Original

Alanine	S1065
Aspartic acid	S1065
22:6 n-3 (DHA)	S1065
22:5 n-3 (DPA)	S1065
15:0	S1065
17:0	S1065

NDB No. 08003 Cereals ready-to-eat, KELLOGG, KELLOGG'S APPLE JACKS

Protein	S6541
Ash	S3774
Thiamin	S3774
Pantothenic acid	S3774
Isoleucine	S3774
Cystine	S3774
Alanine	S3774
8:0	S3774
10:0	S3774
14:1	S3774
18:4	S3774
18:1 t	S3774
Total lipid (fat)	S6541
Tyrosine	S3774
Valine	S3774
Serine	S3774
20:0	S3774
16:1 undifferentiated	S3774
Fatty acids, total polyunsaturated	S3774
24:0	S3774
16:1 t	S3774
18:1 c	S3774
Magnesium, Mg	S6541
Tryptophan	S3774
Glutamic acid	S3774
Proline	S3774
Fatty acids, total saturated	S3774
16:0	S3774

NDB No. 08003 Cereals ready-to-eat, KELLOGG, KELLOGG'S APPLE JACKS

17:0	S3774
22:1 t	S3774
20:2 n-6 c,c	S3774
18:2 n-6 c,c	S3774
20:3 n-6	S3774
Zinc, Zn	S3774
Aspartic acid	S3774
14:0	S3774
22:6 n-3 (DHA)	S3774
20:5 n-3 (EPA)	S3774
22:5 n-3 (DPA)	S3774
20:3 undifferentiated	S3774
Fatty acids, total trans-monoenoic	S3774
18:3 n-3 c,c,c (ALA)	S3774
20:3 n-3	S3774
Fiber, total dietary	S6541
Calcium, Ca	S3774
Sodium, Na	S3774
Copper, Cu	S3774
Riboflavin	S3774
Folic acid	S3774
Leucine	S3774
18:0	S3774
20:4 undifferentiated	S3774
22:1 undifferentiated	S3774
18:2 t not further defined	S3774
16:1 c	S3774
22:1 c	S3774
18:3 n-6 c,c,c	S3774
15:1	S3774
22:4	S3774
Manganese, Mn	S3774
Niacin	S3774
Vitamin B-6	S3774
Methionine	S3774
24:1 c	S3774
Fatty acids, total trans-polyenoic	S3774

NDB No. 08003 Cereals ready-to-eat, KELLOGG, KELLOGG'S APPLE JACKS

Water	S3774
Selenium, Se	S3774
Vitamin C, total ascorbic acid	S3774
Arginine	S3774
Fatty acids, total trans	S3774
18:2 undifferentiated	S3774
Fatty acids, total monounsaturated	S3774
18:2 CLAs	S3774
17:1	S3774
Carbohydrate, by difference	S6541
Energy	S6541
Sugars, total	S6541
Iron, Fe	S6541
Phosphorus, P	S3774
Potassium, K	S6541
Vitamin A, IU	S6541
Retinol	S3774
Vitamin D	S6541
Vitamin B-12	S3774
Threonine	S3774
Lysine	S3774
Phenylalanine	S3774
Histidine	S3774
Glycine	S3774
6:0	S3774
12:0	S3774
18:1 undifferentiated	S3774
18:3 undifferentiated	S3774
22:0	S3774
20:1	S3774
15:0	S3774

NDB No. 08005 Cereals ready-to-eat, KELLOGG, KELLOGG'S ALL-BRAN BRAN BUDS

Carbohydrate, by difference	S2664
Water	S2664
Fiber, total dietary	S2664

NDB No. 08005 Cereals ready-to-eat, KELLOGG, KELLOGG'S ALL-BRAN BRAN BUDS

Thiamin	S2664
Riboflavin	S2664
Vitamin B-6	S2664
Folate, total	S2664
Iron, Fe	S2664
Vitamin A, IU	S2664
Fatty acids, total trans	S2664
Fatty acids, total saturated	S2664
Fatty acids, total monounsaturated	S2664
Protein	S2664
Sugars, total	S2664
Vitamin D	S2664
Cholesterol	S2664
Calcium, Ca	S2664
Sodium, Na	S2664
Vitamin B-12	S2664
Ash	S2664
Energy	S2664
Vitamin C, total ascorbic acid	S2664
Magnesium, Mg	S2664
Copper, Cu	S2664
Phosphorus, P	S2664
Potassium, K	S2664
Total lipid (fat)	S2664
Zinc, Zn	S2664
Niacin	S2664
Fatty acids, total polyunsaturated	S2664

NDB No. 08010 Cereals ready-to-eat, QUAKER, CAP'N CRUNCH

Vitamin C, total ascorbic acid	S3901
Niacin	S3901
Vitamin B-6	S3901
Folate, total	S3901
Fatty acids, total monounsaturated	S3901
Fatty acids, total polyunsaturated	S3901

NDB No. 08010 Cereals ready-to-eat, QUAKER, CAP'N CRUNCH

Fiber, total dietary	S3901
Iron, Fe	S3901
Fatty acids, total trans	S3901
Fatty acids, total saturated	S3901
Ash	S3901
Copper, Cu	S3901
Sodium, Na	S3901
Riboflavin	S3901
Total lipid (fat)	S3901
Carbohydrate, by difference	S3901
Water	S3901
Magnesium, Mg	S3901
Vitamin A, IU	S3901
Thiamin	S3901
Potassium, K	S3901
Zinc, Zn	S3901
Vitamin E (alpha-tocopherol)	S3901
Vitamin B-12	S3901
Protein	S3901
Energy	S3901
Sugars, total	S3901
Vitamin D	S3901
Pantothenic acid	S3901
Calcium, Ca	S3901
Phosphorus, P	S3901
Manganese, Mn	S3901
Selenium, Se	S3901
Cholesterol	S3901

NDB No. 08011 Cereals ready-to-eat, QUAKER, CAP'N CRUNCH with CRUNCHBERRIES

Fiber, total dietary	S3901
Magnesium, Mg	S3901
Copper, Cu	S3901
Vitamin E (alpha-tocopherol)	S3901
Vitamin D	S3901
Vitamin C, total ascorbic acid	S3901

NDB No. 08011 Cereals ready-to-eat, QUAKER, CAP'N CRUNCH with CRUNCHBERRIES

Pantothenic acid	S3901
Vitamin B-6	S3901
Iron, Fe	S3901
Phosphorus, P	S3901
Potassium, K	S3901
Vitamin A, IU	S3901
Total lipid (fat)	S3901
Carbohydrate, by difference	S3901
Energy	S3901
Sodium, Na	S3901
Selenium, Se	S3901
Thiamin	S3901
Calcium, Ca	S3901
Folate, total	S3901
Fatty acids, total trans	S3901
Zinc, Zn	S3901
Niacin	S3901
Cholesterol	S3901
Fatty acids, total polyunsaturated	S3901
Protein	S3901
Sugars, total	S3901
Vitamin B-12	S3901
Fatty acids, total saturated	S3901
Manganese, Mn	S3901
Fatty acids, total monounsaturated	S3901
Ash	S3901
Water	S3901
Riboflavin	S3901

NDB No. 08012 Cereals ready-to-eat, QUAKER, CAP'N CRUNCH'S PEANUT BUTTER CRUNCH

Carbohydrate, by difference	S3901
Zinc, Zn	S3901
Copper, Cu	S3901
Niacin	S3901
Fatty acids, total trans	S3901

NDB No. 08012 Cereals ready-to-eat, QUAKER, CAP'N CRUNCH'S PEANUT BUTTER CRUNCH

Protein	S3901
Sugars, total	S3901
Vitamin D	S3901
Potassium, K	S3901
Manganese, Mn	S3901
Selenium, Se	S3901
Folate, total	S3901
Water	S3901
Fiber, total dietary	S3901
Sodium, Na	S3901
Vitamin C, total ascorbic acid	S3901
Fatty acids, total saturated	S3901
Calcium, Ca	S3901
Vitamin E (alpha-tocopherol)	S3901
Pantothenic acid	S3901
Ash	S3901
Energy	S3901
Fatty acids, total monounsaturated	S3901
Fatty acids, total polyunsaturated	S3901
Magnesium, Mg	S3901
Phosphorus, P	S3901
Thiamin	S3901
Riboflavin	S3901
Vitamin B-12	S3901
Total lipid (fat)	S3901
Iron, Fe	S3901
Vitamin A, IU	S3901
Vitamin B-6	S3901
Cholesterol	S3901

NDB No. 08013 Cereals ready-to-eat, GENERAL MILLS, CHEERIOS

Ash	S3774
Lactose	S3774
Water	S3774
Zinc, Zn	S3774

NDB No. 08013 Cereals ready-to-eat, GENERAL MILLS, CHEERIOS

Choline, total	S1065
Threonine	S3774
Isoleucine	S3774
Cystine	S3774
12:0	S3774
16:1 undifferentiated	S3774
18:2 n-6 c,c	S3774
20:3 undifferentiated	S3774
Total lipid (fat)	S3774
Galactose	S3774
Selenium, Se	S3774
Retinol	S3774
Vitamin C, total ascorbic acid	S3774
Pantothenic acid	S3774
Leucine	S3774
Aspartic acid	S3774
Cholesterol	S922
Fatty acids, total trans	S3774
6:0	S3774
16:0	S3774
20:0	S3774
22:0	S3774
16:1 t	S3774
22:1 t	S3774
Tryptophan	S3774
Methionine	S3774
24:1 c	S3774
22:4	S3774
Fiber, total dietary	S3774
Iron, Fe	S3774
18:2 CLAs	S3774
22:1 c	S3774
18:3 n-3 c,c,c (ALA)	S3774
Magnesium, Mg	S3774
Vitamin D	S922
Folic acid	S3774
Lysine	S3774

NDB No. 08013 Cereals ready-to-eat, GENERAL MILLS, CHEERIOS

Arginine	S3774
Alanine	S3774
Glutamic acid	S3774
Glycine	S3774
18:1 undifferentiated	S3774
20:4 undifferentiated	S3774
14:1	S3774
18:4	S3774
20:2 n-6 c,c	S3774
18:1 c	S3774
15:1	S3774
Maltose	S3774
Phosphorus, P	S3774
Potassium, K	S3774
Sodium, Na	S3774
Copper, Cu	S3774
Vitamin B-6	S3774
Vitamin B-12	S3774
Serine	S3774
8:0	S3774
10:0	S3774
20:5 n-3 (EPA)	S3774
22:5 n-3 (DPA)	S3774
Fatty acids, total monounsaturated	S3774
Fatty acids, total polyunsaturated	S3774
15:0	S3774
24:0	S3774
18:3 n-6 c,c,c	S3774
Fatty acids, total trans-polyenoic	S3774
Energy	S922
Starch	S3774
Sucrose	S3774
Fructose	S3774
Calcium, Ca	S3774
Manganese, Mn	S3774
Thiamin	S3774
Riboflavin	S3774

NDB No. 08013 Cereals ready-to-eat, GENERAL MILLS, CHEERIOS

Phenylalanine	S3774
Tyrosine	S3774
Valine	S3774
Histidine	S3774
Proline	S3774
Fatty acids, total saturated	S3774
18:2 t not further defined	S3774
16:1 c	S3774
Fatty acids, total trans-monoenoic	S3774
20:3 n-3	S3774
20:3 n-6	S3774
Protein	S3774
Glucose (dextrose)	S3774
Sugars, total	S3774
Niacin	S3774
Betaine	S1065
14:0	S3774
18:0	S3774
18:2 undifferentiated	S3774
18:3 undifferentiated	S3774
22:6 n-3 (DHA)	S3774
20:1	S3774
22:1 undifferentiated	S3774
17:0	S3774
18:1 t	S3774
17:1	S3774

NDB No. 08014 Cereals ready-to-eat, KELLOGG, KELLOGG'S COCOA KRISPIES

Total lipid (fat)	S1065
Lactose	S1065
Phosphorus, P	S1065
Sodium, Na	S1065
Copper, Cu	S1065
Folate, total	S1065
Lysine	S1065
Histidine	S1065

NDB No. 08014 Cereals ready-to-eat, KELLOGG, KELLOGG'S COCOA KRISPIES

10:0	S1065
Sucrose	S1065
Maltose	S1065
Vitamin B-12	S1065
Aspartic acid	S1065
Cholesterol	S2664
18:0	S1065
20:5 n-3 (EPA)	S1065
Starch	S1065
Magnesium, Mg	S1065
Zinc, Zn	S2664
Vitamin D	S2664
Niacin	S2664
Vitamin K (phylloquinone)	S1065
Threonine	S1065
Cystine	S1065
Proline	S1065
14:1	S1065
18:4	S1065
24:0	S1065
Ash	S1065
Calcium, Ca	S2664
Potassium, K	S1065
Manganese, Mn	S1065
Vitamin C, total ascorbic acid	S2664
Riboflavin	S1065
Methionine	S1065
Tyrosine	S1065
Arginine	S1065
Glycine	S1065
8:0	S1065
16:1 undifferentiated	S1065
15:0	S1065
17:0	S1065
Protein	S1065
Glucose (dextrose)	S1065
Water	S1065

NDB No. 08014 Cereals ready-to-eat, KELLOGG, KELLOGG'S COCOA KRISPIES

Phenylalanine	S1065
Serine	S1065
12:0	S1065
16:0	S1065
20:4 undifferentiated	S1065
22:6 n-3 (DHA)	S1065
22:1 undifferentiated	S1065
17:1	S1065
20:3 undifferentiated	S1065
Energy	S2664
Fructose	S1065
Iron, Fe	S1065
Vitamin A, IU	S2664
Tryptophan	S1065
Isoleucine	S1065
Leucine	S1065
Valine	S1065
Alanine	S1065
18:3 undifferentiated	S1065
20:1	S1065
15:1	S1065
Fiber, total dietary	S1065
Pantothenic acid	S1065
Glutamic acid	S1065
14:0	S1065
20:0	S1065
18:2 undifferentiated	S1065
20:2 n-6 c,c	S1065
Selenium, Se	S1065
Thiamin	S1065
Vitamin B-6	S1065
Dihydrophylloquinone	S1065
18:1 undifferentiated	S1065
22:0	S1065
22:5 n-3 (DPA)	S1065

NDB No. 08015 Cereals ready-to-eat, POST, COCOA PEBBLES

Fluoride, F	D5001, D5301, D5007, D5021

NDB No. 08017 Cereals ready-to-eat, GENERAL MILLS, COOKIE CRISP

Zinc, Zn	S922
Vitamin A, IU	S922
Vitamin D	S922
Riboflavin	S922
Ash	S922
Calcium, Ca	S922
Phosphorus, P	S922
Vitamin B-12	S922
Fatty acids, total monounsaturated	S922
Fiber, total dietary	S922
Fatty acids, total polyunsaturated	S922
Carbohydrate, by difference	S922
Energy	S922
Water	S922
Vitamin C, total ascorbic acid	S922
Folate, total	S922
Fatty acids, total trans	S922
Potassium, K	S922
Thiamin	S922
Protein	S922
Sugars, total	S922
Magnesium, Mg	S922
Sodium, Na	S922
Niacin	S922
Cholesterol	S922
Iron, Fe	S922
Vitamin B-6	S922
Fatty acids, total saturated	S922

NDB No. 08018 Cereals ready-to-eat, QUAKER, QUAKER CRUNCHY BRAN

Ash	S3901
Folate, total	S3901

NDB No. 08018 Cereals ready-to-eat, QUAKER, QUAKER CRUNCHY BRAN

Cholesterol	S3901
Total lipid (fat)	S3901
Water	S3901
Zinc, Zn	S3901
Fatty acids, total saturated	S3901
Protein	S3901
Carbohydrate, by difference	S3901
Iron, Fe	S3901
Magnesium, Mg	S3901
Pantothenic acid	S3901
Vitamin B-12	S3901
Sugars, total	S3901
Calcium, Ca	S3901
Manganese, Mn	S3901
Vitamin E (alpha-tocopherol)	S3901
Vitamin B-6	S3901
Fiber, total dietary	S3901
Phosphorus, P	S3901
Sodium, Na	S3901
Copper, Cu	S3901
Vitamin A, IU	S3901
Thiamin	S3901
Niacin	S3901
Fatty acids, total polyunsaturated	S3901
Energy	S3901
Vitamin D	S3901
Vitamin C, total ascorbic acid	S3901
Riboflavin	S3901
Fatty acids, total monounsaturated	S3901
Potassium, K	S3901
Fatty acids, total trans	S3901

NDB No. 08019 Cereals ready-to-eat, GENERAL MILLS, Corn CHEX

Energy	S922
Protein	S922
Potassium, K	S922

NDB No. 08019 Cereals ready-to-eat, GENERAL MILLS, Corn CHEX

Sugars, total	S922
Fiber, total dietary	S922
Calcium, Ca	S922
Vitamin C, total ascorbic acid	S922
Thiamin	S922
Cholesterol	S922
Carbohydrate, by difference	S922
Ash	S922
Sodium, Na	S922
Riboflavin	S922
Vitamin B-6	S922
Vitamin B-12	S922
Water	S922
Niacin	S922
Folate, total	S922
Iron, Fe	S922
Zinc, Zn	S922
Vitamin A, IU	S922
Vitamin D	S922
Fatty acids, total trans	S922

NDB No. 08020 Cereals ready-to-eat, KELLOGG, KELLOGG'S Corn Flakes

Lactose	S1065
Manganese, Mn	S1065
Glutamic acid	S1065
20:0	S1065
14:1	S1065
22:1 undifferentiated	S1065
24:0	S1065
Sucrose	S1065
Calcium, Ca	S1065
Potassium, K	S1065
Folate, total	S1065
Valine	S1065
Proline	S1065
16:0	S1065

NDB No. 08020 Cereals ready-to-eat, KELLOGG, KELLOGG'S Corn Flakes

18:1 undifferentiated	S1065
20:1	S1065
22:5 n-3 (DPA)	S1065
17:1	S1065
Ash	S1065
Water	S1065
Zinc, Zn	S1065
Vitamin C, total ascorbic acid	S2664
Niacin	S1065
Choline, total	S1065
Lysine	S1065
Histidine	S1065
20:4 undifferentiated	S1065
16:1 undifferentiated	S1065
18:4	S1065
Copper, Cu	S1065
Riboflavin	S1065
Vitamin B-6	S1065
Cystine	S1065
Glycine	S1065
Serine	S1065
12:0	S1065
Maltose	S1065
Fiber, total dietary	S1065
Magnesium, Mg	S1065
Selenium, Se	S1065
Cryptoxanthin, beta	S1065
Vitamin B-12	S1065
Vitamin K (phylloquinone)	S1065
Threonine	S1065
Phenylalanine	S1065
Aspartic acid	S1065
22:0	S1065
20:3 undifferentiated	S1065
Starch	S1065
Glucose (dextrose)	S1065
Iron, Fe	S1065

NDB No. 08020 Cereals ready-to-eat, KELLOGG, KELLOGG'S Corn Flakes

Phosphorus, P	S1065
Carotene, beta	S1065
Carotene, alpha	S1065
8:0	S1065
14:0	S1065
18:2 undifferentiated	S1065
15:1	S1065
Total lipid (fat)	S1065
Energy	S2664
Sodium, Na	S1065
Vitamin D	S2664
Lycopene	S1065
Pantothenic acid	S1065
Dihydrophylloquinone	S1065
Tryptophan	S1065
Leucine	S1065
Methionine	S1065
Cholesterol	S2664
18:0	S1065
18:3 undifferentiated	S1065
Protein	S1065
Fructose	S1065
Thiamin	S1065
Betaine	S1065
Isoleucine	S1065
Tyrosine	S1065
Arginine	S1065
Alanine	S1065
10:0	S1065
22:6 n-3 (DHA)	S1065
20:5 n-3 (EPA)	S1065
15:0	S1065
17:0	S1065
20:2 n-6 c,c	S1065

NDB No. 08023 Cereals ready-to-eat, KELLOGG, KELLOGG'S CRACKLIN' OAT BRAN

NDB No. 08023 Cereals ready-to-eat, KELLOGG, KELLOGG'S CRACKLIN' OAT BRAN

Phosphorus, P	S4561
Fatty acids, total trans	S4561
Fatty acids, total monounsaturated	S4561
Energy	S4561
Sugars, total	S4561
Vitamin D	S4561
Cholesterol	S4561
Carbohydrate, by difference	S4561
Potassium, K	S4561
Sodium, Na	S4561
Manganese, Mn	S4561
Vitamin A, IU	S4561
Folate, total	S4561
Fatty acids, total polyunsaturated	S4561
Total lipid (fat)	S4561
Water	S4561
Zinc, Zn	S4561
Copper, Cu	S4561
Ash	S4561
Vitamin C, total ascorbic acid	S4561
Thiamin	S4561
Riboflavin	S4561
Fatty acids, total saturated	S4561
Iron, Fe	S4561
Niacin	S4561
Protein	S4561
Magnesium, Mg	S4561
Vitamin B-12	S4561
Fiber, total dietary	S4561
Calcium, Ca	S4561
Vitamin B-6	S4561

NDB No. 08025 Cereals ready-to-eat, Ralston Crispy Rice

Sugars, total	S2662
Phosphorus, P	S2662
Potassium, K	S2662

NDB No. 08025 Cereals ready-to-eat, Ralston Crispy Rice

Copper, Cu	S2662
Tocopherol, delta	S2662
Niacin	S2662
Vitamin B-6	S2662
Cystine	S2662
20:0	S2662
18:1 undifferentiated	S2662
Total lipid (fat)	S2662
Water	S2662
Galactose	S2662
Retinol	S2662
Vitamin K (phylloquinone)	S2662
Arginine	S2662
Alanine	S2662
Glycine	S2662
8:0	S2662
12:0	S2662
Fatty acids, total monounsaturated	S2662
24:1 c	S2662
Fructose	S2662
Iron, Fe	S2662
Magnesium, Mg	S2662
Zinc, Zn	S2662
Selenium, Se	S2662
Tocopherol, beta	S2662
Vitamin C, total ascorbic acid	S2662
Menaquinone-4	S2662
Methionine	S2662
Proline	S2662
Serine	S2662
14:0	S2662
16:0	S2662
18:3 undifferentiated	S2662
22:0	S2662
20:5 n-3 (EPA)	S2662
Calcium, Ca	S2662
Thiamin	S2662

NDB No. 08025 Cereals ready-to-eat, Ralston Crispy Rice

Pantothenic acid	S2662
Tryptophan	S2662
Threonine	S2662
Isoleucine	S2662
Tyrosine	S2662
16:1 undifferentiated	S2662
22:1 undifferentiated	S2662
24:0	S2662
15:1	S2662
Maltose	S2662
Manganese, Mn	S2662
Tocopherol, gamma	S2662
Leucine	S2662
Lysine	S2662
14:1	S2662
20:1	S2662
22:5 n-3 (DPA)	S2662
Fatty acids, total polyunsaturated	S2662
17:0	S2662
17:1	S2662
21:5	S2662
Sucrose	S2662
Glucose (dextrose)	S2662
Vitamin E (alpha-tocopherol)	S2662
18:2 undifferentiated	S2662
18:4	S2662
20:2 n-6 c,c	S2662
Ash	S2662
Sodium, Na	S2662
Phenylalanine	S2662
Histidine	S2662
Glutamic acid	S2662
Fatty acids, total saturated	S2662
10:0	S2662
18:0	S2662
20:4 undifferentiated	S2662
22:6 n-3 (DHA)	S2662

NDB No. 08025 Cereals ready-to-eat, Ralston Crispy Rice

15:0	S2662
22:4	S2662
Protein	S2662
Lactose	S2662
Fiber, total dietary	S2662
Riboflavin	S2662
Dihydrophylloquinone	S2662
Valine	S2662
Aspartic acid	S2662
20:3 undifferentiated	S2662

NDB No. 08026 Cereals ready-to-eat, GENERAL MILLS, WHEATIES Raisin Bran

Energy	S603
Calcium, Ca	S603
Vitamin D	S603
Niacin	S603
Vitamin B-12	S603
Carbohydrate, by difference	S603
Ash	S603
Vitamin C, total ascorbic acid	S603
Thiamin	S603
Cholesterol	S603
Fatty acids, total saturated	S603
Protein	S603
Iron, Fe	S603
Zinc, Zn	S603
Vitamin A, IU	S603
Vitamin B-6	S603
Folate, total	S603
Water	S603
Fiber, total dietary	S603
Sodium, Na	S603
Total lipid (fat)	S603
Potassium, K	S603
Riboflavin	S603

NDB No. 08028 Cereals ready-to-eat, KELLOGG, KELLOGG'S COMPLETE Wheat Flakes

Carbohydrate, by difference	S4561
Phosphorus, P	S4561
Vitamin C, total ascorbic acid	S4561
Fatty acids, total trans	S4561
Water	S4561
Vitamin E (alpha-tocopherol)	S4561
Fatty acids, total saturated	S4561
Protein	S4561
Sugars, total	S4561
Magnesium, Mg	S4561
Potassium, K	S4561
Copper, Cu	S4561
Niacin	S4561
Vitamin B-12	S4561
Fatty acids, total polyunsaturated	S4561
Vitamin A, IU	S4561
Riboflavin	S4561
Ash	S4561
Zinc, Zn	S4561
Thiamin	S4561
Folate, total	S4561
Cholesterol	S4561
Total lipid (fat)	S4561
Energy	S4561
Calcium, Ca	S4561
Iron, Fe	S4561
Pantothenic acid	S4561
Fiber, total dietary	S4561
Sodium, Na	S4561
Vitamin B-6	S4561
Fatty acids, total monounsaturated	S4561
Vitamin D	S4561

NDB No. 08030 Cereals ready-to-eat, KELLOGG, KELLOGG'S FROOT LOOPS

Thiamin	S6541
Pantothenic acid	S3774

NDB No. 08030 Cereals ready-to-eat, KELLOGG, KELLOGG'S FROOT LOOPS

Fatty acids, total saturated	S6541
22:0	S3774
14:1	S3774
24:1 c	S3774
Vitamin B-6	S6541
Folate, total	S6541
Methionine	S3774
Tyrosine	S3774
Alanine	S3774
Aspartic acid	S3774
Fatty acids, total trans	S6541
18:2 undifferentiated	S3774
22:6 n-3 (DHA)	S3774
Fatty acids, total polyunsaturated	S6541
Sugars, total	S6541
Calcium, Ca	S6541
Potassium, K	S6541
Copper, Cu	S3774
Manganese, Mn	S3774
Riboflavin	S6541
Vitamin B-12	S6541
Leucine	S3774
Arginine	S3774
Histidine	S3774
Water	S4561
Selenium, Se	S3774
Cholesterol	S6541
18:3 undifferentiated	S3774
Valine	S3774
Glutamic acid	S3774
Glycine	S3774
16:0	S3774
20:0	S3774
20:4 undifferentiated	S3774
Carbohydrate, by difference	S6541
Energy	S6541
Magnesium, Mg	S6541

NDB No. 08030 Cereals ready-to-eat, KELLOGG, KELLOGG'S FROOT LOOPS

Sodium, Na	S6541
Vitamin D	S6541
Niacin	S6541
Proline	S3774
10:0	S3774
12:0	S1065
16:1 undifferentiated	S3774
20:1	S3774
22:1 undifferentiated	S3774
17:0	S3774
22:4	S3774
Protein	S6541
Total lipid (fat)	S6541
Fiber, total dietary	S6541
Iron, Fe	S6541
Vitamin A, IU	S4561
Vitamin C, total ascorbic acid	S6541
Threonine	S3774
Lysine	S3774
Phenylalanine	S3774
14:0	S1065
18:1 undifferentiated	S3774
18:4	S3774
20:5 n-3 (EPA)	S3774
Fatty acids, total monounsaturated	S6541
20:2 n-6 c,c	S3774
15:1	S3774
Phosphorus, P	S6541
Tryptophan	S3774
Isoleucine	S3774
Cystine	S3774
Serine	S3774
8:0	S3774
22:5 n-3 (DPA)	S3774
15:0	S3774
24:0	S3774
17:1	S3774

NDB No. 08030 Cereals ready-to-eat, KELLOGG, KELLOGG'S FROOT LOOPS

20:3 undifferentiated	S3774

NDB No. 08031 Cereals ready-to-eat, KELLOGG'S FROSTED MINI-WHEATS, original

Protein	S4561
Sugars, total	S4561
Iron, Fe	S4561
Carbohydrate, by difference	S4561
Energy	S4561
Water	S4561
Riboflavin	S4561
Niacin	S4561
Calcium, Ca	S4561
Folate, total	S4561
Cholesterol	S4561
Fatty acids, total trans	S4561
Fatty acids, total saturated	S2664
Ash	S4561
Vitamin B-6	S4561
Fiber, total dietary	S4561
Vitamin A, IU	S4561
Vitamin C, total ascorbic acid	S4561
Magnesium, Mg	S4561
Copper, Cu	S4561
Vitamin B-12	S4561
Fatty acids, total polyunsaturated	S2664
Phosphorus, P	S4561
Sodium, Na	S4561
Zinc, Zn	S4561
Thiamin	S4561
Fatty acids, total monounsaturated	S2664
Total lipid (fat)	S4561
Potassium, K	S4561

NDB No. 08032 Cereals ready-to-eat, KELLOGG, KELLOGG'S FROSTED RICE KRISPIES

Protein	S4561

NDB No. 08032 Cereals ready-to-eat, KELLOGG, KELLOGG'S FROSTED RICE KRISPIES

Phosphorus, P	S4561
Potassium, K	S4561
Thiamin	S4561
Total lipid (fat)	S4561
Carbohydrate, by difference	S4561
Ash	S4561
Water	S4561
Magnesium, Mg	S4561
Copper, Cu	S4561
Vitamin D	S4561
Riboflavin	S4561
Fatty acids, total saturated	S4561
Energy	S4561
Sugars, total	S4561
Vitamin B-12	S4561
Cholesterol	S4561
Vitamin A, IU	S4561
Vitamin C, total ascorbic acid	S4561
Folate, total	S4561
Fatty acids, total trans	S4561
Fiber, total dietary	S4561
Calcium, Ca	S4561
Vitamin B-6	S4561
Fatty acids, total monounsaturated	S4561
Sodium, Na	S4561
Zinc, Zn	S4561
Niacin	S4561
Fatty acids, total polyunsaturated	S4561
Iron, Fe	S4561

NDB No. 08035 Cereals ready-to-eat, GENERAL MILLS, GOLDEN GRAHAMS

Carbohydrate, by difference	S922
Folate, total	S922
Sugars, total	S922
Cholesterol	S922
Fatty acids, total trans	S922

NDB No. 08035 Cereals ready-to-eat, GENERAL MILLS, GOLDEN GRAHAMS

Fatty acids, total monounsaturated	S922
Phosphorus, P	S922
Zinc, Zn	S922
Vitamin A, IU	S922
Vitamin D	S922
Vitamin B-12	S922
Thiamin	S922
Riboflavin	S922
Protein	S922
Ash	S922
Energy	S922
Magnesium, Mg	S922
Sodium, Na	S922
Water	S922
Fiber, total dietary	S922
Niacin	S922
Vitamin B-6	S922
Calcium, Ca	S922
Iron, Fe	S922
Potassium, K	S922
Vitamin C, total ascorbic acid	S922

NDB No. 08038 Cereals ready-to-eat, POST, GRAPE-NUTS Cereal

Galactose	S3774
Fiber, total dietary	S3774
Cystine	S3774
Alanine	S3774
Aspartic acid	S3774
24:1 c	S3774
20:3 n-3	S3774
Ash	S3774
Starch	S3774
Fructose	S3774
Threonine	S3774
8:0	S3774
14:0	S3774

NDB No. 08038 Cereals ready-to-eat, POST, GRAPE-NUTS Cereal

22:6 n-3 (DHA)	S3774
22:0	S3774
15:0	S3774
16:1 t	S3774
18:2 n-6 c,c	S3774
Sucrose	S3774
Glucose (dextrose)	S3774
Iron, Fe	S3774
Manganese, Mn	S3774
Thiamin	S3774
Riboflavin	S3774
Vitamin B-6	S3774
Folic acid	S3774
Tyrosine	S3774
Serine	S3774
22:5 n-3 (DPA)	S3774
18:2 t not further defined	S3774
20:2 n-6 c,c	S3774
16:1 c	S3774
18:3 n-3 c,c,c (ALA)	S3774
Selenium, Se	S3774
Tryptophan	S3774
Leucine	S3774
Glycine	S3774
10:0	S3774
17:0	S3774
22:1 c	S3774
Protein	S3774
Total lipid (fat)	S3774
Lactose	S3774
Vitamin C, total ascorbic acid	S3774
Vitamin B-12	S3774
Arginine	S3774
6:0	S3774
20:0	S3774
18:4	S3774
15:1	S3774

NDB No. 08038 Cereals ready-to-eat, POST, GRAPE-NUTS Cereal

Magnesium, Mg	S3774
Sodium, Na	S3774
Zinc, Zn	S3774
Copper, Cu	S3774
Niacin	S3774
Glutamic acid	S3774
20:5 n-3 (EPA)	S3774
18:1 t	S3774
18:2 CLAs	S3774
18:3 n-6 c,c,c	S3774
17:1	S3774
22:4	S3774
Sugars, total	S3774
Calcium, Ca	S3774
Phosphorus, P	S3774
Potassium, K	S3774
Retinol	S3774
Lysine	S3774
Methionine	S3774
Phenylalanine	S3774
Proline	S3774
12:0	S3774
16:0	S3774
20:4 undifferentiated	S3774
18:1 c	S3774
20:3 n-6	S3774
Maltose	S3774
Water	S3774
Pantothenic acid	S3774
Isoleucine	S3774
Valine	S3774
Histidine	S3774
18:0	S3774
14:1	S3774
20:1	S3774
24:0	S3774
22:1 t	S3774

NDB No. 08045 Cereals ready-to-eat, GENERAL MILLS, HONEY NUT CHEERIOS

Energy	S922
Calcium, Ca	S922
Sodium, Na	S922
Vitamin A, IU	S922
Vitamin C, total ascorbic acid	S922
Protein	S922
Carbohydrate, by difference	S922
Iron, Fe	S922
Magnesium, Mg	S922
Potassium, K	S922
Niacin	S922
Fatty acids, total saturated	S922
Ash	S922
Fiber, total dietary	S922
Folate, total	S922
Vitamin D	S922
Cholesterol	S922
Water	S922
Riboflavin	S922
Vitamin B-6	S922
Fatty acids, total monounsaturated	S922
Sugars, total	S922
Phosphorus, P	S922
Zinc, Zn	S922
Thiamin	S922
Vitamin B-12	S922
Fatty acids, total trans	S922

NDB No. 08047 Cereals ready-to-eat, QUAKER, KING VITAMAN

Protein	S3901
Zinc, Zn	S3901
Copper, Cu	S3901
Riboflavin	S3901
Vitamin B-6	S3901
Cholesterol	S3901
Calcium, Ca	S3901

NDB No. 08047 Cereals ready-to-eat, QUAKER, KING VITAMAN

Niacin	S3901
Fatty acids, total monounsaturated	S3901
Energy	S3901
Vitamin E (alpha-tocopherol)	S3901
Total lipid (fat)	S3901
Magnesium, Mg	S3901
Sodium, Na	S3901
Folate, total	S3901
Vitamin B-12	S3901
Fatty acids, total trans	S3901
Sugars, total	S3901
Iron, Fe	S3901
Phosphorus, P	S3901
Selenium, Se	S3901
Vitamin A, IU	S3901
Vitamin D	S3901
Carbohydrate, by difference	S3901
Ash	S3901
Fiber, total dietary	S3901
Vitamin C, total ascorbic acid	S3901
Pantothenic acid	S3901
Fatty acids, total polyunsaturated	S3901
Water	S3901
Potassium, K	S3901
Manganese, Mn	S3901
Thiamin	S3901
Fatty acids, total saturated	S3901

NDB No. 08048 Cereals ready-to-eat, GENERAL MILLS, KIX

Maltose	S3774
Water	S3774
Magnesium, Mg	S3774
Vitamin B-12	S3774
Leucine	S3774
Arginine	S3774
22:0	S3774

NDB No. 08048 Cereals ready-to-eat, GENERAL MILLS, KIX

22:5 n-3 (DPA)	S3774
18:2 CLAs	S3774
Starch	S3774
Sugars, total	S3774
Galactose	S3774
Zinc, Zn	S3774
Methionine	S3774
Cystine	S3774
Aspartic acid	S3774
Glutamic acid	S3774
Serine	S3774
8:0	S3774
10:0	S3774
12:0	S3774
20:1	S3774
18:2 n-6 c,c	S3774
17:1	S3774
18:3 n-3 c,c,c (ALA)	S3774
22:4	S3774
Fiber, total dietary	S3774
Vitamin D	S922
Lysine	S3774
Phenylalanine	S3774
Valine	S3774
18:0	S3774
20:5 n-3 (EPA)	S3774
17:0	S3774
18:2 t not further defined	S3774
Ash	S3774
Glucose (dextrose)	S3774
Riboflavin	S3774
Niacin	S3774
Threonine	S3774
Proline	S3774
14:1	S3774
Protein	S3774
Fructose	S3774

NDB No. 08048 Cereals ready-to-eat, GENERAL MILLS, KIX

Lactose	S3774
Phosphorus, P	S3774
Potassium, K	S3774
Sodium, Na	S3774
Pantothenic acid	S3774
Folic acid	S3774
Isoleucine	S3774
16:0	S3774
20:0	S3774
20:3 n-3	S3774
20:3 n-6	S3774
Total lipid (fat)	S3774
Calcium, Ca	S3774
Selenium, Se	S3774
Alanine	S3774
24:0	S3774
18:1 t	S3774
24:1 c	S3774
18:1 c	S3774
Iron, Fe	S3774
Retinol	S3774
Vitamin C, total ascorbic acid	S3774
Thiamin	S3774
Vitamin B-6	S3774
Tyrosine	S3774
Histidine	S3774
6:0	S3774
14:0	S3774
22:6 n-3 (DHA)	S3774
15:0	S3774
16:1 t	S3774
22:1 t	S3774
18:3 n-6 c,c,c	S3774
Sucrose	S3774
Copper, Cu	S3774
Manganese, Mn	S3774
Tryptophan	S3774

NDB No. 08048 Cereals ready-to-eat, GENERAL MILLS, KIX

Glycine	S3774
20:4 undifferentiated	S3774
18:4	S3774
20:2 n-6 c,c	S3774
16:1 c	S3774
22:1 c	S3774
15:1	S3774

NDB No. 08049 Cereals ready-to-eat, QUAKER, QUAKER OAT LIFE, plain

Protein	S3901
Energy	S3901
Fiber, total dietary	S3901
Magnesium, Mg	S3901
Fatty acids, total monounsaturated	S3901
Carbohydrate, by difference	S3901
Vitamin E (alpha-tocopherol)	S3901
Pantothenic acid	S3901
Folate, total	S3901
Fatty acids, total trans	S3901
Fatty acids, total saturated	S3901
Vitamin B-6	S3901
Total lipid (fat)	S3901
Phosphorus, P	S3901
Vitamin C, total ascorbic acid	S3901
Riboflavin	S3901
Vitamin D	S3901
Vitamin B-12	S3901
Ash	S3901
Water	S3901
Sugars, total	S3901
Calcium, Ca	S3901
Zinc, Zn	S3901
Cholesterol	S3901
Manganese, Mn	S3901
Selenium, Se	S3901
Vitamin A, IU	S3901

NDB No. 08049 Cereals ready-to-eat, QUAKER, QUAKER OAT LIFE, plain

Thiamin	S3901
Iron, Fe	S3901
Potassium, K	S3901
Sodium, Na	S3901
Copper, Cu	S3901
Niacin	S3901
Fatty acids, total polyunsaturated	S3901

NDB No. 08050 Cereals ready-to-eat, GENERAL MILLS, LUCKY CHARMS

Fructose	S3774
Iron, Fe	S3774
Selenium, Se	S3774
Lysine	S3774
Methionine	S3774
12:0	S3774
20:4 undifferentiated	S3774
18:2 CLAs	S3774
18:1 c	S3774
Total lipid (fat)	S3774
Ash	S3774
Sucrose	S3774
Calcium, Ca	S3774
Sodium, Na	S3774
Copper, Cu	S3774
Manganese, Mn	S3774
Vitamin B-12	S3774
Glutamic acid	S3774
14:0	S3774
20:5 n-3 (EPA)	S3774
20:3 n-6	S3774
22:4	S3774
Starch	S3774
Lactose	S3774
Sugars, total	S3774
Potassium, K	S3774
Thiamin	S3774

NDB No. 08050 Cereals ready-to-eat, GENERAL MILLS, LUCKY CHARMS

Niacin	S3774
Leucine	S3774
18:0	S3774
22:0	S3774
14:1	S3774
18:4	S3774
22:5 n-3 (DPA)	S3774
24:1 c	S3774
15:1	S3774
Protein	S3774
Glucose (dextrose)	S3774
Maltose	S3774
Retinol	S3774
Vitamin D	S922
Tryptophan	S3774
Isoleucine	S3774
Cystine	S3774
Aspartic acid	S3774
8:0	S3774
20:0	S3774
20:1	S3774
17:0	S3774
18:1 t	S3774
18:2 n-6 c,c	S3774
Water	S3774
Vitamin B-6	S3774
Serine	S3774
24:0	S3774
22:1 t	S3774
18:2 t not further defined	S3774
17:1	S3774
Galactose	S3774
Fiber, total dietary	S3774
Magnesium, Mg	S3774
Zinc, Zn	S3774
Vitamin C, total ascorbic acid	S3774
Phenylalanine	S3774

NDB No. 08050 Cereals ready-to-eat, GENERAL MILLS, LUCKY CHARMS

Valine	S3774
Histidine	S3774
Alanine	S3774
Proline	S3774
10:0	S3774
20:2 n-6 c,c	S3774
18:3 n-6 c,c,c	S3774
18:3 n-3 c,c,c (ALA)	S3774
Riboflavin	S3774
Tyrosine	S3774
6:0	S3774
22:6 n-3 (DHA)	S3774
15:0	S3774
16:1 t	S3774
Phosphorus, P	S3774
Pantothenic acid	S3774
Folic acid	S3774
Threonine	S3774
Arginine	S3774
Glycine	S3774
16:0	S3774
16:1 c	S3774
22:1 c	S3774
20:3 n-3	S3774

NDB No. 08054 Cereals ready-to-eat, QUAKER, 100% Natural Granola Oats and Honey

Carbohydrate, by difference	S3901
Phosphorus, P	S3901
Vitamin A, IU	S3901
Pantothenic acid	S3901
Cholesterol	S3901
Protein	S3901
Iron, Fe	S3901
Potassium, K	S3901
Vitamin E (alpha-tocopherol)	S3901
Folate, total	S3901

NDB No. 08054 Cereals ready-to-eat, QUAKER, 100% Natural Granola Oats and Honey

Fatty acids, total polyunsaturated	S3901
Sodium, Na	S3901
Selenium, Se	S3901
Total lipid (fat)	S3901
Calcium, Ca	S3901
Copper, Cu	S3901
Manganese, Mn	S3901
Vitamin D	S3901
Zinc, Zn	S3901
Riboflavin	S3901
Energy	S3901
Fiber, total dietary	S3901
Niacin	S3901
Fatty acids, total trans	S3901
Fatty acids, total monounsaturated	S3901
Ash	S3901
Water	S3901
Sugars, total	S3901
Vitamin C, total ascorbic acid	S3901
Vitamin B-6	S3901
Vitamin B-12	S3901
Fatty acids, total saturated	S3901
Magnesium, Mg	S3901
Thiamin	S3901

NDB No. 08057 Cereals ready-to-eat, GENERAL MILLS, Honey Nut CHEX

Protein	S922
Ash	S922
Thiamin	S922
Carbohydrate, by difference	S922
Calcium, Ca	S922
Vitamin C, total ascorbic acid	S922
Water	S922
Magnesium, Mg	S603
Energy	S922

NDB No. 08057 Cereals ready-to-eat, GENERAL MILLS, Honey Nut CHEX

Sugars, total	S922
Iron, Fe	S922
Phosphorus, P	S603
Vitamin A, IU	S922
Folate, total	S922
Cholesterol	S922
Fatty acids, total saturated	S922
Fiber, total dietary	S603
Sodium, Na	S922
Vitamin D	S603
Riboflavin	S922
Niacin	S922
Vitamin B-6	S922
Vitamin B-12	S922
Potassium, K	S922
Zinc, Zn	S922
Fatty acids, total trans	S922

NDB No. 08058 Cereals ready-to-eat, KELLOGG, KELLOGG'S PRODUCT 19

Vitamin D	S2664
Vitamin C, total ascorbic acid	S2664
Thiamin	S2664
Niacin	S2664
Vitamin B-6	S2664
Energy	S2664
Riboflavin	S2664
Vitamin B-12	S2664
Copper, Cu	S2664
Cholesterol	S2664
Protein	S2664
Ash	S2664
Water	S2664
Magnesium, Mg	S2664
Vitamin A, IU	S2664
Folate, total	S2664
Fatty acids, total monounsaturated	S2664

NDB No. 08058 Cereals ready-to-eat, KELLOGG, KELLOGG'S PRODUCT 19

Calcium, Ca	S2664
Sodium, Na	S2664
Pantothenic acid	S2664
Fatty acids, total trans	S2664
Total lipid (fat)	S2664
Sugars, total	S2664
Fiber, total dietary	S2664
Carbohydrate, by difference	S2664
Iron, Fe	S2664
Phosphorus, P	S2664
Potassium, K	S2664
Zinc, Zn	S2664
Vitamin E (alpha-tocopherol)	S2664
Fatty acids, total saturated	S2664
Fatty acids, total polyunsaturated	S2664

NDB No. 08059 Cereals ready-to-eat, QUAKER, SWEET CRUNCH/QUISP

Protein	S3901
Ash	S3901
Potassium, K	S3901
Sodium, Na	S3901
Fatty acids, total saturated	S3901
Fatty acids, total polyunsaturated	S3901
Phosphorus, P	S3901
Copper, Cu	S3901
Pantothenic acid	S3901
Vitamin B-12	S3901
Cholesterol	S3901
Energy	S3901
Vitamin D	S3901
Thiamin	S3901
Vitamin B-6	S3901
Manganese, Mn	S3901
Vitamin A, IU	S3901
Riboflavin	S3901
Folate, total	S3901

NDB No. 08059 Cereals ready-to-eat, QUAKER, SWEET CRUNCH/QUISP

Magnesium, Mg	S3901
Vitamin C, total ascorbic acid	S3901
Fatty acids, total trans	S3901
Total lipid (fat)	S3901
Carbohydrate, by difference	S3901
Water	S3901
Sugars, total	S3901
Calcium, Ca	S3901
Iron, Fe	S3901
Zinc, Zn	S3901
Selenium, Se	S3901
Fiber, total dietary	S3901
Niacin	S3901
Fatty acids, total monounsaturated	S3901

NDB No. 08060 Cereals ready-to-eat, KELLOGG, KELLOGG'S RAISIN BRAN

Lactose	S3774
Vitamin D	S2664
Riboflavin	S3774
Tryptophan	S3774
Isoleucine	S3774
Serine	S3774
8:0	S3774
16:0	S3774
14:1	S3774
Fatty acids, total monounsaturated	S3774
16:1 t	S3774
22:1 t	S3774
20:2 n-6 c,c	S3774
22:1 c	S3774
17:1	S3774
Ash	S3774
Magnesium, Mg	S3774
Potassium, K	S3774
Zinc, Zn	S3774

NDB No. 08060 Cereals ready-to-eat, KELLOGG, KELLOGG'S RAISIN BRAN

Selenium, Se	S3774
Threonine	S3774
Proline	S3774
18:3 undifferentiated	S3774
20:4 undifferentiated	S3774
15:0	S3774
24:1 c	S3774
18:3 n-6 c,c,c	S3774
20:3 undifferentiated	S3774
Fatty acids, total trans-polyenoic	S3774
Sugars, total	S3774
Vitamin B-12	S3774
Cystine	S3774
Aspartic acid	S3774
6:0	S3774
14:0	S3774
18:0	S3774
20:0	S3774
20:1	S3774
20:3 n-6	S3774
Sucrose	S3774
Maltose	S3774
Phosphorus, P	S3774
Vitamin C, total ascorbic acid	S3774
Vitamin B-6	S3774
Tyrosine	S3774
Arginine	S3774
Glutamic acid	S3774
12:0	S3774
17:0	S3774
18:2 t not further defined	S3774
15:1	S3774
18:3 n-3 c,c,c (ALA)	S3774
22:4	S3774
Total lipid (fat)	S3774
Fiber, total dietary	S3774
Calcium, Ca	S3774

NDB No. 08060 Cereals ready-to-eat, KELLOGG, KELLOGG'S RAISIN BRAN

Sodium, Na	S3774
Folic acid	S3774
Leucine	S3774
Histidine	S3774
Glycine	S3774
Fatty acids, total trans	S3774
10:0	S3774
18:2 undifferentiated	S3774
22:1 undifferentiated	S3774
18:1 t	S3774
20:3 n-3	S3774
Starch	S3774
Water	S3774
Galactose	S3774
Manganese, Mn	S3774
Pantothenic acid	S3774
Phenylalanine	S3774
Valine	S3774
18:4	S3774
22:5 n-3 (DPA)	S3774
24:0	S3774
16:1 c	S3774
Fatty acids, total trans-monoenoic	S3774
Fructose	S3774
Retinol	S3774
Lysine	S3774
Methionine	S3774
18:1 undifferentiated	S3774
22:6 n-3 (DHA)	S3774
22:0	S3774
16:1 undifferentiated	S3774
20:5 n-3 (EPA)	S3774
Fatty acids, total polyunsaturated	S3774
18:1 c	S3774
Protein	S3774
Glucose (dextrose)	S3774
Iron, Fe	S3774

NDB No. 08060 Cereals ready-to-eat, KELLOGG, KELLOGG'S RAISIN BRAN

Copper, Cu	S3774
Thiamin	S3774
Niacin	S3774
Alanine	S3774
Fatty acids, total saturated	S3774
18:2 CLAs	S3774
18:2 n-6 c,c	S3774

NDB No. 08061 Cereals ready-to-eat, POST Raisin Bran Cereal

Fructose	S1065
Lactose	S1065
Phosphorus, P	S1065
Riboflavin	S1065
18:0	S1065
18:1 undifferentiated	S1065
22:0	S1065
18:4	S1065
20:5 n-3 (EPA)	S1065
17:1	S1065
Sucrose	S1065
Calcium, Ca	S1065
Vitamin C, total ascorbic acid	S1065
Lysine	S1065
Cystine	S1065
Alanine	S1065
18:2 undifferentiated	S1065
Ash	S1065
Water	S1065
Niacin	S1065
Pantothenic acid	S1065
Vitamin B-12	S1065
Phenylalanine	S1065
Arginine	S1065
Proline	S1065
20:4 undifferentiated	S1065
20:1	S1065

NDB No. 08061 Cereals ready-to-eat, POST Raisin Bran Cereal

Glucose (dextrose)	S1065
Maltose	S1065
Sodium, Na	S1065
Vitamin K (phylloquinone)	S1065
Threonine	S1065
Glycine	S1065
Serine	S1065
22:5 n-3 (DPA)	S1065
15:0	S1065
Total lipid (fat)	S1065
Manganese, Mn	S1065
Folate, total	S1065
Isoleucine	S1065
16:0	S1065
20:0	S1065
20:2 n-6 c,c	S1065
20:3 undifferentiated	S1065
15:1	S1065
Iron, Fe	S1065
Selenium, Se	S1065
Thiamin	S1065
Tyrosine	S1065
8:0	S1065
22:6 n-3 (DHA)	S1065
14:1	S1065
22:1 undifferentiated	S1065
Starch	S1065
Fiber, total dietary	S1065
Magnesium, Mg	S1065
Vitamin B-6	S1065
Tryptophan	S1065
10:0	S1065
14:0	S1065
24:0	S1065
Protein	S1065
Potassium, K	S1065
Zinc, Zn	S1065

NDB No. 08061 Cereals ready-to-eat, POST Raisin Bran Cereal

Copper, Cu	S1065
Dihydrophylloquinone	S1065
Leucine	S1065
Methionine	S1065
Valine	S1065
Histidine	S1065
Aspartic acid	S1065
Glutamic acid	S1065
12:0	S1065
18:3 undifferentiated	S1065
16:1 undifferentiated	S1065
17:0	S1065

NDB No. 08064 Cereals ready-to-eat, GENERAL MILLS, Rice CHEX

Ash	S922
Vitamin C, total ascorbic acid	S4705
Sodium, Na	S4705
Niacin	S4705
Protein	S922
Carbohydrate, by difference	S922
Calcium, Ca	S4705
Vitamin B-12	S4705
Sugars, total	S4705
Zinc, Zn	S4705
Riboflavin	S4705
Fiber, total dietary	S603
Potassium, K	S4705
Vitamin B-6	S4705
Folate, total	S4705
Fatty acids, total trans	S922
Iron, Fe	S4705
Water	S922
Vitamin A, IU	S4705
Energy	S922
Vitamin D	S4705
Thiamin	S4705

NDB No. 08064 Cereals ready-to-eat, GENERAL MILLS, Rice CHEX

Cholesterol	S922

NDB No. 08065 Cereals ready-to-eat, KELLOGG, KELLOGG'S RICE KRISPIES

Ash	S3774
Energy	S2664
Glucose (dextrose)	S3774
Iron, Fe	S3774
Sodium, Na	S3774
Vitamin D	S2664
Fatty acids, total trans	S3774
Fatty acids, total saturated	S3774
18:0	S3774
22:6 n-3 (DHA)	S3774
20:5 n-3 (EPA)	S3774
22:1 undifferentiated	S3774
Calcium, Ca	S3774
Copper, Cu	S3774
Fluoride, F	D5001, D5301, D5007, D5021
Vitamin B-12	S3774
Vitamin K (phylloquinone)	S1065, S2662
Isoleucine	S1065, S2662
Proline	S1065, S2662
18:2 undifferentiated	S3774
16:1 undifferentiated	S3774
20:1	S3774
22:5 n-3 (DPA)	S3774
17:0	S3774
22:1 t	S3774
18:2 CLAs	S3774
24:1 c	S3774
22:1 c	S3774
22:4	S3774
Total lipid (fat)	S3774
Sugars, total	S3774
Zinc, Zn	S3774
Retinol	S3774

NDB No. 08065 Cereals ready-to-eat, KELLOGG, KELLOGG'S RICE KRISPIES

Choline, total	S1065, S2662
Lysine	S1065, S2662
22:0	S3774
20:3 n-3	S3774
Protein	S3774
Starch	S3774
Fructose	S3774
Vitamin E (alpha-tocopherol)	S2662
Tocopherol, beta	S2662
8:0	S3774
24:0	S3774
18:2 n-6 c,c	S3774
Fiber, total dietary	S3774
Selenium, Se	S3774
Pantothenic acid	S3774
Folic acid	S3774
Betaine	S1065, S2662
Leucine	S1065, S2662
Cystine	S1065, S2662
Histidine	S1065, S2662
6:0	S3774
14:0	S3774
20:4 undifferentiated	S3774
14:1	S3774
Fatty acids, total polyunsaturated	S3774
16:1 t	S3774
16:1 c	S3774
Fatty acids, total trans-monoenoic	S3774
Fatty acids, total trans-polyenoic	S3774
15:1	S3774
Magnesium, Mg	S3774
Phosphorus, P	S3774
Manganese, Mn	S3774
Tocopherol, delta	S2662
Vitamin B-6	S3774
Phenylalanine	S1065, S2662
Tyrosine	S1065, S2662

NDB No. 08065 Cereals ready-to-eat, KELLOGG, KELLOGG'S RICE KRISPIES

Valine	S1065, S2662
Glutamic acid	S1065, S2662
Glycine	S1065, S2662
10:0	S3774
12:0	S3774
16:0	S3774
18:1 undifferentiated	S3774
18:1 c	S3774
18:3 n-3 c,c,c (ALA)	S3774
Lactose	S3774
Maltose	S3774
Galactose	S3774
Vitamin C, total ascorbic acid	S3774
Thiamin	S3774
Riboflavin	S3774
Niacin	S3774
Threonine	S1065, S2662
Serine	S1065, S2662
20:0	S3774
18:3 undifferentiated	S3774
15:0	S3774
18:1 t	S3774
18:2 t not further defined	S3774
20:2 n-6 c,c	S3774
17:1	S3774
20:3 undifferentiated	S3774
20:3 n-6	S3774
Sucrose	S3774
Water	S3774
Potassium, K	S3774
Tocopherol, gamma	S2662
Tryptophan	S1065, S2662
Methionine	S1065, S2662
Arginine	S1065, S2662
Alanine	S1065, S2662
Aspartic acid	S1065, S2662
Cholesterol	S2664

NDB No. 08065 Cereals ready-to-eat, KELLOGG, KELLOGG'S RICE KRISPIES

18:4	S3774
Fatty acids, total monounsaturated	S3774
18:3 n-6 c,c,c	S3774

NDB No. 08066 Cereals ready-to-eat, QUAKER, QUAKER Puffed Rice

Fiber, total dietary	S702
Copper, Cu	S702
Vitamin B-12	S702
Magnesium, Mg	S702
Vitamin A, IU	S702
Thiamin	S702
Phosphorus, P	S702
Manganese, Mn	S702
Vitamin D	S702
Fatty acids, total saturated	S702
Fatty acids, total monounsaturated	S702
Total lipid (fat)	S702
Carbohydrate, by difference	S702
Pantothenic acid	S702
Fatty acids, total polyunsaturated	S702
Water	S702
Iron, Fe	S702
Cholesterol	S702
Protein	S702
Energy	S702
Potassium, K	S702
Riboflavin	S702
Vitamin B-6	S702
Ash	S702
Sodium, Na	S702
Zinc, Zn	S702
Folate, total	S702
Calcium, Ca	S702
Vitamin C, total ascorbic acid	S702
Niacin	S702

NDB No. 08067 Cereals ready-to-eat, KELLOGG, KELLOGG'S SPECIAL K

Sugars, total	S2664
Fiber, total dietary	S2664
Calcium, Ca	S2664
Magnesium, Mg	S2664
Vitamin B-6	S2664
Cholesterol	S2664
Iron, Fe	S2664
Fatty acids, total trans	S2664
Niacin	S2664
Vitamin B-12	S2664
Betaine	S4001, S3461
Protein	S2664
Potassium, K	S2664
Zinc, Zn	S2664
Vitamin C, total ascorbic acid	S2664
Folate, total	S2664
Choline, total	S4001, S3461
Fatty acids, total saturated	S2664
Carbohydrate, by difference	S2664
Water	S2664
Sodium, Na	S2664
Vitamin E (alpha-tocopherol)	S2664
Thiamin	S2664
Fatty acids, total polyunsaturated	S2664
Ash	S2664
Fatty acids, total monounsaturated	S2664
Total lipid (fat)	S2664
Energy	S2664
Phosphorus, P	S2664
Copper, Cu	S2664
Vitamin A, IU	S2664
Riboflavin	S2664

NDB No. 08068 Cereals ready-to-eat, KELLOGG, KELLOGG'S CORN POPS

Energy	S6541
Fiber, total dietary	S6541

NDB No. 08068 Cereals ready-to-eat, KELLOGG, KELLOGG'S CORN POPS

Iron, Fe	S6541
Phosphorus, P	S6541
Water	S2664
Vitamin C, total ascorbic acid	S6541
Folate, total	S6541
Copper, Cu	S2664
Sugars, total	S6541
Niacin	S6541
Magnesium, Mg	S6541
Vitamin A, IU	S6541
Thiamin	S6541
Fatty acids, total saturated	S2664
Riboflavin	S6541
Vitamin B-6	S6541
Protein	S6541
Ash	S2664
Potassium, K	S6541
Sodium, Na	S6541
Vitamin D	S6541
Vitamin B-12	S6541
Cholesterol	S6541
Fatty acids, total trans	S6541
Fatty acids, total monounsaturated	S6541
Total lipid (fat)	S6541
Carbohydrate, by difference	S6541
Calcium, Ca	S6541
Fatty acids, total polyunsaturated	S6541

NDB No. 08069 Cereals ready-to-eat, KELLOGG, KELLOGG'S FROSTED FLAKES

Vitamin D	S2664
Vitamin C, total ascorbic acid	S3774
Threonine	S3774
Tyrosine	S3774
6:0	S3774
10:0	S3774
14:0	S3774

NDB No. 08069 Cereals ready-to-eat, KELLOGG, KELLOGG'S FROSTED FLAKES

18:4	S3774
18:2 t not further defined	S3774
Protein	S3774
Energy	S2664
Water	S3774
Fiber, total dietary	S3774
Potassium, K	S3774
Lysine	S3774
Glutamic acid	S3774
Proline	S3774
14:1	S3774
17:1	S3774
22:4	S3774
Lactose	S3774
Retinol	S3774
Pantothenic acid	S3774
Phenylalanine	S3774
Serine	S3774
20:4 undifferentiated	S3774
Fructose	S3774
Thiamin	S3774
Vitamin B-12	S3774
Tryptophan	S3774
20:5 n-3 (EPA)	S3774
16:1 t	S3774
24:1 c	S3774
18:2 n-6 c,c	S3774
18:3 n-6 c,c,c	S3774
18:3 n-3 c,c,c (ALA)	S3774
20:3 n-6	S3774
Starch	S3774
Sugars, total	S3774
Galactose	S3774
Calcium, Ca	S3774
Magnesium, Mg	S3774
Sodium, Na	S3774
Leucine	S3774

NDB No. 08069 Cereals ready-to-eat, KELLOGG, KELLOGG'S FROSTED FLAKES

8:0	S3774
12:0	S3774
16:0	S3774
22:5 n-3 (DPA)	S3774
15:0	S3774
18:1 t	S3774
20:2 n-6 c,c	S3774
20:3 n-3	S3774
Ash	S3774
Sucrose	S3774
Glucose (dextrose)	S3774
Maltose	S3774
Copper, Cu	S3774
Niacin	S3774
Isoleucine	S3774
18:0	S3774
20:0	S3774
18:2 CLAs	S3774
22:1 c	S3774
15:1	S3774
Total lipid (fat)	S3774
Iron, Fe	S3774
Phosphorus, P	S3774
Manganese, Mn	S3774
Selenium, Se	S3774
Riboflavin	S3774
Vitamin B-6	S3774
Folic acid	S3774
Valine	S3774
Arginine	S3774
Alanine	S3774
Aspartic acid	S3774
22:0	S3774
17:0	S3774
24:0	S3774
18:1 c	S3774
Zinc, Zn	S3774

NDB No. 08069 Cereals ready-to-eat, KELLOGG, KELLOGG'S FROSTED FLAKES

Methionine	S3774
Cystine	S3774
Histidine	S3774
Glycine	S3774
Cholesterol	S2664
22:6 n-3 (DHA)	S3774
20:1	S3774
22:1 t	S3774
16:1 c	S3774

NDB No. 08071 Cereals ready-to-eat, KELLOGG, KELLOGG'S Honey SMACKS

Calcium, Ca	S2664
Energy	S2664
Water	S2664
Potassium, K	S2664
Folate, total	S2664
Fatty acids, total trans	S2664
Protein	S2664
Vitamin A, IU	S2664
Vitamin D	S2664
Thiamin	S2664
Fatty acids, total polyunsaturated	S2664
Carbohydrate, by difference	S2664
Sodium, Na	S2664
Fatty acids, total monounsaturated	S2664
Iron, Fe	S2664
Riboflavin	S2664
Niacin	S2664
Vitamin B-6	S2664
Fatty acids, total saturated	S2664
Total lipid (fat)	S2664
Phosphorus, P	S2664
Vitamin C, total ascorbic acid	S2664
Vitamin B-12	S2664
Cholesterol	S2664
Ash	S2664

NDB No. 08071 Cereals ready-to-eat, KELLOGG, KELLOGG'S Honey SMACKS

Sugars, total	S2664
Fiber, total dietary	S2664

NDB No. 08074 Cereals ready-to-eat, Ralston TASTEEOS

Manganese, Mn	S2662
Retinol	S2662
Leucine	S2662
Histidine	S2662
Aspartic acid	S2662
Fatty acids, total saturated	S2662
8:0	S2662
24:1 c	S2662
Water	S2662
Zinc, Zn	S2662
Niacin	S2662
Vitamin K (phylloquinone)	S2662
Phenylalanine	S2662
Glutamic acid	S2662
20:0	S2662
18:2 undifferentiated	S2662
18:3 undifferentiated	S2662
22:1 undifferentiated	S2662
Fatty acids, total monounsaturated	S2662
21:5	S2662
22:4	S2662
Total lipid (fat)	S2662
Iron, Fe	S2662
Phosphorus, P	S2662
Vitamin E (alpha-tocopherol)	S2662
Vitamin B-6	S2662
Choline, total	S2662
Isoleucine	S2662
Cystine	S2662
Valine	S2662
18:0	S2662
18:4	S2662

NDB No. 08074 Cereals ready-to-eat, Ralston TASTEEOS

20:1	S2662
17:0	S2662
24:0	S2662
15:1	S2662
Protein	S2662
Potassium, K	S2662
Thiamin	S2662
Methionine	S2662
Tyrosine	S2662
Arginine	S2662
12:0	S2662
18:1 undifferentiated	S2662
15:0	S2662
20:2 n-6 c,c	S2662
Ash	S2662
Fructose	S2662
Lactose	S2662
Maltose	S2662
Fiber, total dietary	S2662
Calcium, Ca	S2662
Vitamin C, total ascorbic acid	S2662
Tryptophan	S2662
Glycine	S2662
Proline	S2662
14:0	S2662
20:4 undifferentiated	S2662
22:6 n-3 (DHA)	S2662
16:1 undifferentiated	S2662
Sucrose	S2662
Sodium, Na	S2662
Selenium, Se	S2662
Tocopherol, beta	S2662
Menaquinone-4	S2662
Betaine	S2662
Lysine	S2662
16:0	S2662
Fatty acids, total polyunsaturated	S2662

NDB No. 08074 Cereals ready-to-eat, Ralston TASTEEOS

Glucose (dextrose)	S2662
Galactose	S2662
Tocopherol, delta	S2662
Pantothenic acid	S2662
Dihydrophylloquinone	S2662
10:0	S2662
14:1	S2662
22:5 n-3 (DPA)	S2662
17:1	S2662
Sugars, total	S2662
Magnesium, Mg	S2662
Copper, Cu	S2662
Tocopherol, gamma	S2662
Riboflavin	S2662
Threonine	S2662
Alanine	S2662
Serine	S2662
22:0	S2662
20:5 n-3 (EPA)	S2662
20:3 undifferentiated	S2662

NDB No. 08077 Cereals ready-to-eat, GENERAL MILLS, Whole Grain TOTAL

Zinc, Zn	S922
Vitamin D	S922
Niacin	S922
Leucine	S1065
Cystine	S1065
Tyrosine	S1065
Cholesterol	S922
8:0	S1065
18:0	S1065
18:2 undifferentiated	S1065
20:4 undifferentiated	S1065
Vitamin E (alpha-tocopherol)	S922
Riboflavin	S922
Folate, total	S922

NDB No. 08077 Cereals ready-to-eat, GENERAL MILLS, Whole Grain TOTAL

Arginine	S1065
Alanine	S1065
14:0	S1065
Vitamin C, total ascorbic acid	S922
Histidine	S1065
Serine	S1065
22:6 n-3 (DHA)	S1065
Magnesium, Mg	S922
Vitamin B-6	S922
Glycine	S1065
Proline	S1065
Fatty acids, total trans	S922
10:0	S1065
16:1 undifferentiated	S1065
20:5 n-3 (EPA)	S1065
Protein	S922
Water	S922
Fiber, total dietary	S922
Phosphorus, P	S922
Potassium, K	S922
Sodium, Na	S922
Choline, total	S1065
Threonine	S1065
Phenylalanine	S1065
Valine	S1065
16:0	S1065
22:1 undifferentiated	S1065
Energy	S922
Copper, Cu	S922
Selenium, Se	S1065
Thiamin	S922
Pantothenic acid	S922
Betaine	S1065
Isoleucine	S1065
18:4	S1065
20:1	S1065
22:5 n-3 (DPA)	S1065

NDB No. 08077 Cereals ready-to-eat, GENERAL MILLS, Whole Grain TOTAL

Carbohydrate, by difference	S922
Calcium, Ca	S922
Vitamin A, IU	S922
Vitamin B-12	S922
Vitamin K (phylloquinone)	S1065
Tryptophan	S1065
Glutamic acid	S1065
18:1 undifferentiated	S1065
Ash	S922
Sugars, total	S922
Iron, Fe	S922
Aspartic acid	S1065
12:0	S1065
18:3 undifferentiated	S1065

NDB No. 08078 Cereals ready-to-eat, GENERAL MILLS, TRIX

Carbohydrate, by difference	S922
Fatty acids, total trans	S922
Cholesterol	S922
Protein	S922
Water	S922
Fiber, total dietary	S922
Energy	S922
Ash	S922

NDB No. 08082 Cereals ready-to-eat, GENERAL MILLS, Wheat CHEX

Ash	S922
Vitamin A, IU	S922
Vitamin D	S922
Fatty acids, total trans	S922
Carbohydrate, by difference	S922
Sugars, total	S922
Calcium, Ca	S922
Phosphorus, P	S922
Vitamin B-12	S922
Fiber, total dietary	S922

NDB No. 08082 Cereals ready-to-eat, GENERAL MILLS, Wheat CHEX

Iron, Fe	S922
Zinc, Zn	S922
Copper, Cu	S922
Vitamin C, total ascorbic acid	S922
Thiamin	S922
Vitamin B-6	S922
Folate, total	S922
Magnesium, Mg	S922
Potassium, K	S922
Energy	S922
Riboflavin	S922
Cholesterol	S922
Protein	S922
Sodium, Na	S922
Water	S922
Niacin	S922

NDB No. 08083 Cereals ready-to-eat, MALT-O-MEAL, CORN BURSTS

Vitamin B-12	S2502
Folic acid	S2502
Ash	S2502
Vitamin C, total ascorbic acid	S2502
Niacin	S2502
Fatty acids, total polyunsaturated	S2502
Thiamin	S2502
Fiber, total dietary	S2502
Calcium, Ca	S2502
Vitamin B-6	S2502
Energy	S2502
Zinc, Zn	S2502
Riboflavin	S2502
Fatty acids, total saturated	S2502
Carbohydrate, by difference	S2502
Water	S2502
Sugars, total	S2502
Iron, Fe	S2502

NDB No. 08083 Cereals ready-to-eat, MALT-O-MEAL, CORN BURSTS

Vitamin D	S2502
Fatty acids, total monounsaturated	S2502
Protein	S2502
Potassium, K	S2502
Sodium, Na	S2502
Cholesterol	S2502
Fatty acids, total trans	S2502

NDB No. 08084 Cereals ready-to-eat, wheat germ, toasted, plain

Lutein + zeaxanthin	D3921
Vitamin K (phylloquinone)	D4068
Choline, total	S4001
Carotene, beta	D3921

NDB No. 08085 Cereals ready-to-eat, QUAKER, KRETSCHMER Honey Crunch Wheat Germ

Water	S702
Calcium, Ca	S702
Iron, Fe	S702
Phosphorus, P	S702
Manganese, Mn	S702
Vitamin A, IU	S702
Vitamin C, total ascorbic acid	S702
Thiamin	S702
Riboflavin	S702
Fatty acids, total polyunsaturated	S702
Zinc, Zn	S702
Vitamin B-6	S702
Fatty acids, total saturated	S702
Energy	S702
Magnesium, Mg	S702
Potassium, K	S702
Copper, Cu	S702
Niacin	S702
Pantothenic acid	S702
Cholesterol	S702

NDB No. 08085 Cereals ready-to-eat, QUAKER, KRETSCHMER Honey Crunch Wheat Germ

Protein	S702
Vitamin B-12	S702
Folate, total	S702
Carbohydrate, by difference	S702
Vitamin D	S702
Total lipid (fat)	S702
Fiber, total dietary	S702
Sodium, Na	S702
Fatty acids, total monounsaturated	S702

NDB No. 08086 Cereals ready-to-eat, GENERAL MILLS, French Toast Crunch

Energy	S922
Fiber, total dietary	S922
Zinc, Zn	S922
Protein	S922
Magnesium, Mg	S922
Fatty acids, total monounsaturated	S922
Sugars, total	S922
Calcium, Ca	S922
Niacin	S922
Phosphorus, P	S922
Vitamin D	S922
Water	S922
Fatty acids, total polyunsaturated	S922
Ash	S922
Iron, Fe	S922
Potassium, K	S922
Vitamin A, IU	S922
Vitamin C, total ascorbic acid	S922
Thiamin	S922
Riboflavin	S922
Vitamin B-12	S922
Cholesterol	S922
Fatty acids, total trans	S922
Carbohydrate, by difference	S922

NDB No. 08086 Cereals ready-to-eat, GENERAL MILLS, French Toast Crunch

Sodium, Na	S922
Vitamin B-6	S922
Folate, total	S922

NDB No. 08087 Cereals ready-to-eat, GENERAL MILLS, Multi-Grain Cheerios

Sugars, total	S922
Vitamin A, IU	S922
Pantothenic acid	S922
Fatty acids, total trans	S922
Phosphorus, P	S922
Folate, total	S922
Protein	S922
Ash	S922
Water	S922
Fiber, total dietary	S922
Thiamin	S922
Niacin	S922
Carbohydrate, by difference	S922
Iron, Fe	S922
Copper, Cu	S922
Vitamin B-6	S922
Energy	S922
Potassium, K	S922
Vitamin C, total ascorbic acid	S922
Vitamin B-12	S922
Calcium, Ca	S922
Magnesium, Mg	S922
Vitamin E (alpha-tocopherol)	S922
Vitamin D	S922
Sodium, Na	S922
Zinc, Zn	S922
Riboflavin	S922
Cholesterol	S922

NDB No. 08089 Cereals ready-to-eat, GENERAL MILLS, WHEATIES

Carbohydrate, by difference	S922
Potassium, K	S922
Protein	S922
Energy	S922
Water	S922
Fiber, total dietary	S922
Riboflavin	S922
Niacin	S922
Choline, total	S3461
Betaine	S3461
Vitamin D	S922
Fatty acids, total trans	S922
Iron, Fe	S922
Zinc, Zn	S922
Copper, Cu	S922
Ash	S922
Calcium, Ca	S922
Sodium, Na	S922
Vitamin C, total ascorbic acid	S922
Folate, total	S922
Vitamin B-12	S922
Magnesium, Mg	S922
Phosphorus, P	S922
Vitamin A, IU	S922
Vitamin B-6	S922
Cholesterol	S922
Sugars, total	S922
Thiamin	S922

NDB No. 08090 Cereals, corn grits, white, regular and quick, enriched, dry

Iron, Fe	S2661
Tocopherol, beta	S2661
Tyrosine	S2661
Histidine	S2661
20:5 n-3 (EPA)	S2661
20:3 undifferentiated	S2661

NDB No. 08090 Cereals, corn grits, white, regular and quick, enriched, dry

Total lipid (fat)	S2661
Ash	S2661
Fructose	S2661
Lactose	S2661
Maltose	S2661
Sodium, Na	S2661
Isoleucine	S2661
Cystine	S2661
Valine	S2661
Fatty acids, total saturated	S2661
12:0	S2661
20:1	S2661
17:1	S2661
Starch	S2661
Sucrose	S2661
Potassium, K	S2661
Pantothenic acid	S2661
Folate, total	S2661
Menaquinone-4	S2661
Serine	S2661
16:0	S2661
20:0	S2661
18:1 undifferentiated	S2661
22:1 undifferentiated	S2661
17:0	S2661
Sugars, total	S2661
Galactose	S2661
Calcium, Ca	S2661
Tocopherol, gamma	S2661
Vitamin C, total ascorbic acid	S2661
Choline, total	S2661
Tryptophan	S2661
Arginine	S2661
Alanine	S2661
10:0	S2661
20:4 undifferentiated	S2661
20:2 n-6 c,c	S2661

NDB No. 08090 Cereals, corn grits, white, regular and quick, enriched, dry

Protein	S2661
Fiber, total dietary	S2661
Magnesium, Mg	S2661
Dihydrophylloquinone	S2661
Vitamin K (phylloquinone)	S2661
Phenylalanine	S2661
Glutamic acid	S2661
Proline	S2661
14:0	S2661
Fatty acids, total monounsaturated	S2661
24:0	S2661
24:1 c	S2661
15:1	S2661
Water	S2661
Copper, Cu	S2661
Vitamin E (alpha-tocopherol)	S2661
Vitamin B-6	S2661
Methionine	S2661
18:3 undifferentiated	S2661
Fatty acids, total polyunsaturated	S2661
Glucose (dextrose)	S2661
Zinc, Zn	S2661
Tocopherol, delta	S2661
Folate, food	S2661
Threonine	S2661
Aspartic acid	S2661
18:0	S2661
22:6 n-3 (DHA)	S2661
22:0	S2661
14:1	S2661
18:4	S2661
22:5 n-3 (DPA)	S2661
15:0	S2661
Phosphorus, P	S2661
Manganese, Mn	S2661
Thiamin	S2661
Riboflavin	S2661

NDB No. 08090 Cereals, corn grits, white, regular and quick, enriched, dry

Niacin	S2661
Folic acid	S2661
Betaine	S2661
Leucine	S2661
Lysine	S2661
Glycine	S2661
8:0	S2661
18:2 undifferentiated	S2661
16:1 undifferentiated	S2661

NDB No. 08091 Cereals, corn grits, white, regular and quick, enriched, cooked with water, without salt

Protein	S2661
Phosphorus, P	S2661
Folic acid	S2661
Threonine	S2661
22:5 n-3 (DPA)	S2661
Starch	S2661
Glucose (dextrose)	S2661
Sugars, total	S2661
Calcium, Ca	S2661
Potassium, K	S2661
Isoleucine	S2661
Glycine	S2661
8:0	S2661
10:0	S2661
14:0	S2661
16:0	S2661
24:1 c	S2661
Maltose	S2661
Zinc, Zn	S2661
Vitamin E (alpha-tocopherol)	S2661
Tocopherol, delta	S2661
Phenylalanine	S2661
Aspartic acid	S2661
Proline	S2661
18:4	S2661

NDB No. 08091 Cereals, corn grits, white, regular and quick, enriched, cooked with water, without salt

15:0	S2661
Galactose	S2661
Tocopherol, beta	S2661
Tocopherol, gamma	S2661
Pantothenic acid	S2661
Choline, total	S2661
Vitamin K (phylloquinone)	S2661
Folate, food	S2661
Leucine	S2661
Lysine	S2661
Tyrosine	S2661
Fatty acids, total saturated	S2661
20:4 undifferentiated	S2661
Fatty acids, total polyunsaturated	S2661
Water	S2661
Fiber, total dietary	S2661
Niacin	S2661
Tryptophan	S2661
Methionine	S2661
Cystine	S2661
20:5 n-3 (EPA)	S2661
22:1 undifferentiated	S2661
Fatty acids, total monounsaturated	S2661
Sucrose	S2661
Iron, Fe	S2661
Magnesium, Mg	S2661
Copper, Cu	S2661
Manganese, Mn	S2661
Vitamin B-6	S2661
Valine	S2661
Histidine	S2661
18:2 undifferentiated	S2661
22:0	S2661
16:1 undifferentiated	S2661
24:0	S2661
17:1	S2661
Total lipid (fat)	S2661

NDB No. 08091 Cereals, corn grits, white, regular and quick, enriched, cooked with water, without salt

Ash	S2661
Fructose	S2661
Lactose	S2661
Vitamin C, total ascorbic acid	S2661
Thiamin	S2661
Folate, total	S2661
Menaquinone-4	S2661
Glutamic acid	S2661
Serine	S2661
12:0	S2661
20:0	S2661
18:1 undifferentiated	S2661
18:3 undifferentiated	S2661
22:6 n-3 (DHA)	S2661
17:0	S2661
20:2 n-6 c,c	S2661
Riboflavin	S2661
Dihydrophylloquinone	S2661
Betaine	S2661
Arginine	S2661
Alanine	S2661
18:0	S2661
14:1	S2661
20:1	S2661
20:3 undifferentiated	S2661
15:1	S2661

NDB No. 08092 Cereals, QUAKER, corn grits, instant, plain, dry

Total lipid (fat)	S2661
Ash	S2661
Maltose	S2661
Vitamin E (alpha-tocopherol)	S2661
Vitamin B-6	S2661
20:0	S2661
18:1 undifferentiated	S2661
22:1 undifferentiated	S2661

NDB No. 08092 Cereals, QUAKER, corn grits, instant, plain, dry

15:0	S2661
Protein	S2661
Sucrose	S2661
Galactose	S2661
Copper, Cu	S2661
Pantothenic acid	S2661
Folic acid	S2661
Betaine	S2661
16:0	S2661
22:0	S2661
24:1 c	S2661
Fiber, total dietary	S2661
Vitamin C, total ascorbic acid	S2661
Choline, total	S2661
10:0	S2661
16:1 undifferentiated	S2661
Fructose	S2661
Potassium, K	S2661
Zinc, Zn	S2661
Tocopherol, gamma	S2661
Riboflavin	S2661
Vitamin K (phylloquinone)	S2661
Fatty acids, total saturated	S2661
14:0	S2661
18:2 undifferentiated	S2661
18:3 undifferentiated	S2661
22:6 n-3 (DHA)	S2661
22:5 n-3 (DPA)	S2661
Fatty acids, total monounsaturated	S2661
17:1	S2661
20:3 undifferentiated	S2661
15:1	S2661
Lactose	S2661
Folate, total	S2661
Menaquinone-4	S2661
Dihydrophylloquinone	S2661
Starch	S2661

NDB No. 08092 Cereals, QUAKER, corn grits, instant, plain, dry

Phosphorus, P	S2661
Sodium, Na	S2661
Manganese, Mn	S2661
8:0	S2661
12:0	S2661
18:0	S2661
20:4 undifferentiated	S2661
14:1	S2661
18:4	S2661
20:1	S2661
17:0	S2661
Glucose (dextrose)	S2661
Sugars, total	S2661
Iron, Fe	S2661
Folate, food	S2661
20:5 n-3 (EPA)	S2661
Fatty acids, total polyunsaturated	S2661
24:0	S2661
Water	S2661
Calcium, Ca	S2661
Magnesium, Mg	S2661
Tocopherol, beta	S2661
Tocopherol, delta	S2661
Thiamin	S2661
Niacin	S2661
20:2 n-6 c,c	S2661

NDB No. 08093 Cereals, QUAKER, corn grits, instant, plain, prepared (microwaved or boiling water added), without salt

Lactose	S2661
Thiamin	S2661
Niacin	S2661
Folate, total	S2661
Choline, total	S2661
Folic acid	S2661
Threonine	S2661
12:0	S2661

NDB No. 08093 Cereals, QUAKER, corn grits, instant, plain, prepared (microwaved or boiling water added), without salt

16:0	S2661
22:1 undifferentiated	S2661
15:1	S2661
Protein	S2661
Sugars, total	S2661
Zinc, Zn	S2661
Manganese, Mn	S2661
Vitamin E (alpha-tocopherol)	S2661
Riboflavin	S2661
Vitamin B-6	S2661
Proline	S2661
Fatty acids, total polyunsaturated	S2661
17:0	S2661
Sucrose	S2661
Glucose (dextrose)	S2661
Maltose	S2661
Tocopherol, delta	S2661
Dihydrophylloquinone	S2661
Isoleucine	S2661
Leucine	S2661
Methionine	S2661
Phenylalanine	S2661
Arginine	S2661
Aspartic acid	S2661
8:0	S2661
18:1 undifferentiated	S2661
20:5 n-3 (EPA)	S2661
22:5 n-3 (DPA)	S2661
Fatty acids, total monounsaturated	S2661
Fructose	S2661
Copper, Cu	S2661
Tocopherol, gamma	S2661
Vitamin C, total ascorbic acid	S2661
Histidine	S2661
Glutamic acid	S2661
22:6 n-3 (DHA)	S2661

NDB No. 08093 Cereals, QUAKER, corn grits, instant, plain, prepared (microwaved or boiling water added), without salt

14:1	S2661
24:0	S2661
20:2 n-6 c,c	S2661
17:1	S2661
Fiber, total dietary	S2661
Iron, Fe	S2661
Sodium, Na	S2661
Tocopherol, beta	S2661
Folate, food	S2661
Lysine	S2661
Tyrosine	S2661
16:1 undifferentiated	S2661
15:0	S2661
24:1 c	S2661
Potassium, K	S2661
Menaquinone-4	S2661
Cystine	S2661
Alanine	S2661
Glycine	S2661
Fatty acids, total saturated	S2661
18:3 undifferentiated	S2661
Total lipid (fat)	S2661
Water	S2661
Phosphorus, P	S2661
Pantothenic acid	S2661
Vitamin K (phylloquinone)	S2661
20:0	S2661
22:0	S2661
20:1	S2661
Ash	S2661
Starch	S2661
Galactose	S2661
Calcium, Ca	S2661
Magnesium, Mg	S2661
Betaine	S2661
Tryptophan	S2661
Valine	S2661

NDB No. 08093 Cereals, QUAKER, corn grits, instant, plain, prepared (microwaved or boiling water added), without salt

Serine	S2661
10:0	S2661
14:0	S2661
18:0	S2661
18:2 undifferentiated	S2661
20:4 undifferentiated	S2661
18:4	S2661
20:3 undifferentiated	S2661

NDB No. 08094 Cereals, QUAKER, corn grits, instant, cheddar cheese flavor, dry

Sugars, total	S702
Calcium, Ca	S702
Phosphorus, P	S702
Thiamin	S702
Niacin	S702
Pantothenic acid	S702
Magnesium, Mg	S702
Sodium, Na	S702
Riboflavin	S702
Vitamin B-6	S702
Fatty acids, total saturated	S702
Vitamin D	S702
Vitamin B-12	S702
Water	S702
Fiber, total dietary	S702
Copper, Cu	S702
Carbohydrate, by difference	S702
Ash	S702
Fatty acids, total monounsaturated	S702
Potassium, K	S702
Cholesterol	S702
Protein	S702
Total lipid (fat)	S702
Energy	S702
Iron, Fe	S702

NDB No. 08094 Cereals, QUAKER, corn grits, instant, cheddar cheese flavor, dry

Folate, total	S702
Zinc, Zn	S702
Manganese, Mn	S702
Vitamin C, total ascorbic acid	S702
Fatty acids, total polyunsaturated	S702

NDB No. 08102 Cereals, CREAM OF WHEAT, regular, 10 minute cooking, dry

Selenium, Se	D3359

NDB No. 08104 Cereals, farina, enriched, assorted brands including CREAM OF WHEAT, quick (1-3 minutes), dry

Starch	S2661
Glucose (dextrose)	S2661
Galactose	S2661
Fiber, total dietary	S2661
Isoleucine	S2661
Phenylalanine	S2661
Tyrosine	S2661
Alanine	S2661
Fatty acids, total polyunsaturated	S2661
18:1 c	S2661
20:3 undifferentiated	S2661
Fatty acids, total trans-polyenoic	S2661
20:3 n-3	S2661
Total lipid (fat)	S2661
Ash	S2661
Magnesium, Mg	S2661
Tocopherol, beta	S2661
Glycine	S2661
14:0	S2661
20:4 undifferentiated	S2661
24:0	S2661
18:2 CLAs	S2661
Protein	S2661
Lactose	S2661
Tocopherol, delta	S2661
Vitamin C, total ascorbic acid	S2661

NDB No. 08104 Cereals, farina, enriched, assorted brands including CREAM OF WHEAT, quick (1-3 minutes), dry

Thiamin	S2661
Leucine	S2661
Fatty acids, total trans	S2661
6:0	S2661
12:0	S2661
16:0	S2661
16:1 undifferentiated	S2661
18:2 t not further defined	S2661
20:2 n-6 c,c	S2661
22:1 c	S2661
22:4	S2661
Sucrose	S2661
Potassium, K	S2661
Sodium, Na	S2661
Manganese, Mn	S2661
Vitamin K (phylloquinone)	S2661
Arginine	S2661
Histidine	S2661
8:0	S2661
10:0	S2661
18:1 undifferentiated	S2661
18:2 undifferentiated	S2661
20:5 n-3 (EPA)	S2661
22:1 t	S2661
Sugars, total	S2661
Tocopherol, gamma	S2661
Phosphorus, P	S2661
Zinc, Zn	S2661
Vitamin E (alpha-tocopherol)	S2661
Pantothenic acid	S2661
Vitamin B-6	S2661
Menaquinone-4	S2661
Dihydrophylloquinone	S2661
Threonine	S2661
Methionine	S2661
Proline	S2661
Hydroxyproline	S2661

NDB No. 08104 Cereals, farina, enriched, assorted brands including CREAM OF WHEAT, quick (1-3 minutes), dry

20:0	S2661
20:1	S2661
22:1 undifferentiated	S2661
22:5 n-3 (DPA)	S2661
18:1 t	S2661
17:1	S2661
15:1	S2661
Fructose	S2661
Maltose	S2661
Copper, Cu	S2661
Riboflavin	S2661
Niacin	S2661
Tryptophan	S2661
Valine	S2661
Fatty acids, total saturated	S2661
4:0	S2661
14:1	S2661
Fatty acids, total monounsaturated	S2661
17:0	S2661
18:2 n-6 c,c	S2661
Fatty acids, total trans-monoenoic	S2661
Water	S2661
Calcium, Ca	S2661
Iron, Fe	S2661
Lysine	S2661
Cystine	S2661
Aspartic acid	S2661
Glutamic acid	S2661
Serine	S2661
18:0	S2661
18:3 undifferentiated	S2661
22:6 n-3 (DHA)	S2661
22:0	S2661
18:4	S2661
15:0	S2661
24:1 c	S2661

NDB No. 08104 Cereals, farina, enriched, assorted brands including CREAM OF WHEAT, quick (1-3 minutes), dry

16:1 c	S2661
18:3 n-6 c,c,c	S2661
18:3 n-3 c,c,c (ALA)	S2661
20:3 n-6	S2661

NDB No. 08105 Cereals, farina, enriched, assorted brands including CREAM OF WHEAT, quick (1-3 minutes), cooked with water, without salt

Water	S2661
Calcium, Ca	S2661
Tyrosine	S2661
Arginine	S2661
Glycine	S2661
12:0	S2661
22:0	S2661
15:0	S2661
22:1 t	S2661
Fructose	S2661
Galactose	S2661
Thiamin	S2661
Dihydrophylloquinone	S2661
Vitamin K (phylloquinone)	S2661
Folic acid	S2661
Leucine	S2661
Cystine	S2661
18:1 t	S2661
18:1 c	S2661
18:3 n-3 c,c,c (ALA)	S2661
20:3 n-6	S2661
Starch	S2661
Lactose	S2661
Methionine	S2661
Aspartic acid	S2661
Serine	S2661
4:0	S2661
10:0	S2661
18:0	S2661
22:6 n-3 (DHA)	S2661

NDB No. 08105 Cereals, farina, enriched, assorted brands including CREAM OF WHEAT, quick (1-3 minutes), cooked with water, without salt

16:1 c	S2661
18:3 n-6 c,c,c	S2661
17:1	S2661
Total lipid (fat)	S2661
Magnesium, Mg	S2661
Copper, Cu	S2661
Tocopherol, beta	S2661
Riboflavin	S2661
Pantothenic acid	S2661
Choline, total	S3461
Betaine	S3461
Threonine	S2661
Lysine	S2661
Valine	S2661
16:0	S2661
20:2 n-6 c,c	S2661
20:3 n-3	S2661
Protein	S2661
Sucrose	S2661
Maltose	S2661
Phosphorus, P	S2661
Zinc, Zn	S2661
Tocopherol, gamma	S2661
Folate, total	S2661
Menaquinone-4	S2661
Folate, food	S2661
Alanine	S2661
Glutamic acid	S2661
20:0	S2661
14:1	S2661
20:1	S2661
24:0	S2661
18:2 n-6 c,c	S2661
22:1 c	S2661
Ash	S2661
Glucose (dextrose)	S2661
Sugars, total	S2661

NDB No. 08105 Cereals, farina, enriched, assorted brands including CREAM OF WHEAT, quick (1-3 minutes), cooked with water, without salt

Potassium, K	S2661
Tocopherol, delta	S2661
Vitamin C, total ascorbic acid	S2661
Tryptophan	S2661
Phenylalanine	S2661
20:4 undifferentiated	S2661
18:2 CLAs	S2661
15:1	S2661
22:4	S2661
Fiber, total dietary	S2661
Sodium, Na	S2661
Proline	S2661
8:0	S2661
14:0	S2661
17:0	S2661
Iron, Fe	S2661
Manganese, Mn	S2661
Vitamin E (alpha-tocopherol)	S2661
Niacin	S2661
Vitamin B-6	S2661
Isoleucine	S2661
Histidine	S2661
Hydroxyproline	S2661
6:0	S2661
18:4	S2661
20:5 n-3 (EPA)	S2661
22:5 n-3 (DPA)	S2661
18:2 t not further defined	S2661
24:1 c	S2661

NDB No. 08113 Cereals, farina, enriched, cooked with water, without salt

Ash	S2661
Maltose	S2661
Potassium, K	S2661
Sodium, Na	S2661

NDB No. 08113 Cereals, farina, enriched, cooked with water, without salt

Tocopherol, beta	S2661
Tocopherol, delta	S2661
Thiamin	S2661
Vitamin B-6	S2661
Leucine	S2661
Tyrosine	S2661
Glutamic acid	S2661
20:0	S2661
22:1 t	S2661
16:1 c	S2661
Calcium, Ca	S2661
Folate, total	S2661
Phenylalanine	S2661
Histidine	S2661
Glycine	S2661
22:0	S2661
24:1 c	S2661
18:1 c	S2661
Total lipid (fat)	S2661
Starch	S2661
Sugars, total	S2661
Alanine	S2661
18:3 n-3 c,c,c (ALA)	S2661
Iron, Fe	S2661
Phosphorus, P	S2661
Vitamin E (alpha-tocopherol)	S2661
Vitamin C, total ascorbic acid	S2661
Menaquinone-4	S2661
Threonine	S2661
Isoleucine	S2661
8:0	S2661
14:0	S2661
14:1	S2661
18:1 t	S2661
18:2 CLAs	S2661
20:2 n-6 c,c	S2661
22:1 c	S2661

NDB No. 08113 Cereals, farina, enriched, cooked with water, without salt

Glucose (dextrose)	S2661
Water	S2661
Copper, Cu	S2661
Tocopherol, gamma	S2661
Folic acid	S2661
Valine	S2661
Proline	S2661
4:0	S2661
12:0	S2661
16:0	S2661
20:4 undifferentiated	S2661
24:0	S2661
18:3 n-6 c,c,c	S2661
17:1	S2661
Fructose	S2661
Fiber, total dietary	S2661
Zinc, Zn	S2661
Fluoride, F	D5002, D5007
Manganese, Mn	S2661
Pantothenic acid	S2661
Dihydrophylloquinone	S2661
Tryptophan	S2661
Cystine	S2661
Serine	S2661
22:6 n-3 (DHA)	S2661
18:4	S2661
22:4	S2661
Magnesium, Mg	S2661
Riboflavin	S2661
Vitamin K (phylloquinone)	S2661
Methionine	S2661
Arginine	S2661
6:0	S2661
10:0	S2661
18:0	S2661
20:1	S2661
18:2 t not further defined	S2661

NDB No. 08113 Cereals, farina, enriched, cooked with water, without salt

20:3 n-6	S2661
Protein	S2661
Sucrose	S2661
Lactose	S2661
Galactose	S2661
Niacin	S2661
Folate, food	S2661
Lysine	S2661
Aspartic acid	S2661
Hydroxyproline	S2661
20:5 n-3 (EPA)	S2661
22:5 n-3 (DPA)	S2661
15:0	S2661
17:0	S2661
18:2 n-6 c,c	S2661
15:1	S2661
20:3 n-3	S2661

NDB No. 08116 Cereals, MALT-O-MEAL, plain, dry

Fiber, total dietary	S2502
Sugars, total	S2502
Riboflavin	S2502
Ash	S2502
Vitamin B-6	S2502
Fatty acids, total polyunsaturated	S2502
Thiamin	S2502
Carbohydrate, by difference	S2502
Water	S2502
Iron, Fe	S2502
Sodium, Na	S2502
Vitamin A, IU	S2502
Vitamin C, total ascorbic acid	S2502
Protein	S2502
Phosphorus, P	S2502
Potassium, K	S2502
Niacin	S2502

NDB No. 08116 Cereals, MALT-O-MEAL, plain, dry

Cholesterol	S2502
Fatty acids, total monounsaturated	S2502
Energy	S2502
Calcium, Ca	S2502
Folic acid	S2502
Fatty acids, total saturated	S2502

NDB No. 08120 Cereals, oats, regular and quick and instant, not fortified, dry

Water	S1163
Phosphorus, P	S1163
Sodium, Na	S1163
Vitamin E (alpha-tocopherol)	S1163
Lutein + zeaxanthin	D3921
Pantothenic acid	S1163
Alanine	S1163
Proline	S1163
Sucrose	S1163
Maltose	S1163
Sugars, total	S1163
Vitamin B-6	S1163
Isoleucine	S1163
Total lipid (fat)	S1163
Fructose	S1163
Iron, Fe	S1163
Vitamin C, total ascorbic acid	S1163
Phenylalanine	S1163
Arginine	S1163
Glycine	S1163
Glucose (dextrose)	S1163
Lactose	S1163
Lysine	S1163
Protein	S1163
Ash	S1163
Starch	S1163
Selenium, Se	S1163
Niacin	S1163

NDB No. 08120 Cereals, oats, regular and quick and instant, not fortified, dry

Methionine	S1163
Valine	S1163
Histidine	S1163
Aspartic acid	S1163
Glutamic acid	S1163
Potassium, K	S1163
Vitamin A, IU	D3921
Carotene, beta	D3921
Riboflavin	S1163
Tryptophan	S1163
Cystine	S1163
Serine	S1163
Galactose	S1163
Fiber, total dietary	S1163
Tocopherol, delta	S1163
Thiamin	S1163
Vitamin K (phylloquinone)	S1163
Tyrosine	S1163
Magnesium, Mg	S1163
Zinc, Zn	S1163
Copper, Cu	S1163
Tocopherol, beta	S1163
Tocopherol, gamma	S1163
Dihydrophylloquinone	S1163
Threonine	S1163
Leucine	S1163

NDB No. 08121 Cereals, oats, regular and quick and instant, unenriched, cooked with water (includes boiling and microwaving), without salt

Fiber, total dietary	S1163
Thiamin	S1163
Threonine	S1163
Isoleucine	S1163
Cystine	S1163
Phenylalanine	S1163
Aspartic acid	S1163
16:0	S1163

NDB No. 08121 Cereals, oats, regular and quick and instant, unenriched, cooked with water (includes boiling and microwaving), without salt

18:0	S1163
18:3 n-3 c,c,c (ALA)	S1163
Protein	S1163
Tryptophan	S1163
Methionine	S1163
Fatty acids, total trans	S1163
14:0	S1163
20:0	S1163
18:3 undifferentiated	S1163
22:0	S1163
14:1	S1163
16:1 undifferentiated	S1163
17:0	S1163
18:2 n-6 c,c	S1163
Starch	S1163
Sugars, total	S1163
Galactose	S1163
Calcium, Ca	S1163
Zinc, Zn	S1163
Pantothenic acid	S1163
Folate, total	S1163
Leucine	S1163
Proline	S1163
Serine	S1163
16:1 c	S1163
Sucrose	S1163
Lactose	S1163
Copper, Cu	S1163
Fluoride, F	D5001, D5002, D5007
Tocopherol, delta	S1163
Niacin	S1163
Choline, total	S3461
Arginine	S1163
18:2 undifferentiated	S1163
20:1	S1163
Fatty acids, total monounsaturated	S1163

NDB No. 08121 Cereals, oats, regular and quick and instant, unenriched, cooked with water (includes boiling and microwaving), without salt

18:1 t	S1163
Glucose (dextrose)	S1163
Fructose	S1163
Maltose	S1163
Iron, Fe	S1163
Potassium, K	S1163
Selenium, Se	S1163
Vitamin E (alpha-tocopherol)	S1163
Tocopherol, beta	S1163
Riboflavin	S1163
Vitamin K (phylloquinone)	S1163
Lysine	S1163
Tyrosine	S1163
Glutamic acid	S1163
Fatty acids, total saturated	S1163
18:1 undifferentiated	S1163
18:1 c	S1163
Fatty acids, total trans-polyenoic	S1163
Total lipid (fat)	S1163
Magnesium, Mg	S1163
Phosphorus, P	S1163
Manganese, Mn	S1163
Tocopherol, gamma	S1163
Vitamin B-6	S1163
Valine	S1163
Glycine	S1163
18:2 i	S1163
Ash	S1163
Sodium, Na	S1163
Vitamin C, total ascorbic acid	S1163
Histidine	S1163
Alanine	S1163
Fatty acids, total polyunsaturated	S1163
Fatty acids, total trans-monoenoic	S1163
Water	S1163
Dihydrophylloquinone	S1163

NDB No. 08121 Cereals, oats, regular and quick and instant, unenriched, cooked with water (includes boiling and microwaving), without salt

Betaine	S3461
15:0	S1163
17:1	S1163

NDB No. 08122 Cereals, oats, instant, fortified, plain, dry

Maltose	S1163
Galactose	S1163
Vitamin E (alpha-tocopherol)	S1163
Lysine	S1163
Methionine	S1163
Valine	S1163
22:0	S1163
16:1 undifferentiated	S1163
Fatty acids, total polyunsaturated	S1163
Protein	S1163
Sucrose	S1163
Glucose (dextrose)	S1163
Calcium, Ca	S1163
Tocopherol, beta	S1163
Isoleucine	S1163
Glycine	S1163
15:0	S1163
18:1 t	S1163
18:2 i	S1163
18:1 c	S1163
Fatty acids, total trans-polyenoic	S1163
Lactose	S1163
Potassium, K	S1163
Manganese, Mn	S1163
Vitamin A, IU	S3381
Pantothenic acid	S1163
Vitamin K (phylloquinone)	S1163
Threonine	S1163
Leucine	S1163
Tyrosine	S1163
Fatty acids, total	S1163

NDB No. 08122 Cereals, oats, instant, fortified, plain, dry

monounsaturated	
17:0	S1163
Total lipid (fat)	S1163
Magnesium, Mg	S1163
Zinc, Zn	S1163
Tocopherol, gamma	S1163
Niacin	S1163
Aspartic acid	S1163
20:0	S1163
Starch	S1163
Phosphorus, P	S1163
Copper, Cu	S1163
Riboflavin	S1163
Vitamin B-6	S1163
Cystine	S1163
Histidine	S1163
Glutamic acid	S1163
Proline	S1163
Cholesterol	S3381
16:0	S1163
18:1 undifferentiated	S1163
18:2 undifferentiated	S1163
18:3 undifferentiated	S1163
Fructose	S1163
Sugars, total	S1163
Selenium, Se	S1163
Retinol	S1163
Vitamin C, total ascorbic acid	S1163
Phenylalanine	S1163
Fatty acids, total trans	S1163
18:3 n-3 c,c,c (ALA)	S1163
Iron, Fe	S1163
Tocopherol, delta	S1163
Thiamin	S1163
Folate, total	S1163
Tryptophan	S1163
Serine	S1163

NDB No. 08122 Cereals, oats, instant, fortified, plain, dry

Fatty acids, total saturated	S1163
14:1	S1163
17:1	S1163
Fatty acids, total trans-monoenoic	S1163
Ash	S1163
Water	S1163
Fiber, total dietary	S1163
Dihydrophylloquinone	S1163
Arginine	S1163
Alanine	S1163
14:0	S1163
18:0	S1163
20:1	S1163
16:1 c	S1163
18:2 n-6 c,c	S1163

NDB No. 08123 Cereals, oats, instant, fortified, plain, prepared with water (boiling water added or microwaved)

Fructose	S1163
Magnesium, Mg	S1163
Copper, Cu	S1163
Selenium, Se	S1163
Cystine	S1163
Maltose	S1163
Dihydrophylloquinone	S1163
Isoleucine	S1163
Methionine	S1163
Aspartic acid	S1163
Glycine	S1163
Protein	S1163
Lactose	S1163
Galactose	S1163
Tocopherol, gamma	S1163
Tocopherol, delta	S1163
Threonine	S1163
Phenylalanine	S1163
Total lipid (fat)	S1163

NDB No. 08123 Cereals, oats, instant, fortified, plain, prepared with water (boiling water added or microwaved)

Sucrose	S1163
Sugars, total	S1163
Fiber, total dietary	S1163
Calcium, Ca	S1163
Zinc, Zn	S1163
Vitamin C, total ascorbic acid	S1163
Vitamin B-6	S1163
Tryptophan	S1163
Water	S1163
Potassium, K	S1163
Manganese, Mn	S1163
Vitamin E (alpha-tocopherol)	S1163
Thiamin	S1163
Riboflavin	S1163
Niacin	S1163
Tyrosine	S1163
Phosphorus, P	S1163
Sodium, Na	S1163
Leucine	S1163
Lysine	S1163
Alanine	S1163
Glutamic acid	S1163
Serine	S1163
Starch	S1163
Glucose (dextrose)	S1163
Iron, Fe	S1163
Tocopherol, beta	S1163
Pantothenic acid	S1163
Folate, total	S1163
Vitamin K (phylloquinone)	S1163
Arginine	S1163
Ash	S1163
Valine	S1163
Histidine	S1163
Proline	S1163

NDB No. 08124 Cereals, QUAKER, Instant Oatmeal, apples and cinnamon, dry

Ash	S702
Iron, Fe	S702
Magnesium, Mg	S702
Energy	S702
Sugars, total	S702
Manganese, Mn	S702
Thiamin	S702
Pantothenic acid	S702
Cholesterol	S702
Phosphorus, P	S702
Carbohydrate, by difference	S702
Vitamin C, total ascorbic acid	S702
Riboflavin	S702
Vitamin B-6	S702
Vitamin B-12	S702
Total lipid (fat)	S702
Fiber, total dietary	S702
Sodium, Na	S702
Vitamin A, IU	S702
Vitamin D	S702
Calcium, Ca	S702
Zinc, Zn	S702
Copper, Cu	S702
Potassium, K	S702
Niacin	S702
Folate, total	S702
Protein	S702
Water	S702

NDB No. 08128 Cereals, oats, instant, fortified, with cinnamon and spice, dry

Magnesium, Mg	S702
Zinc, Zn	S702
Vitamin B-12	S702
Carbohydrate, by difference	S702
Niacin	S702
Water	S702

NDB No. 08128 Cereals, oats, instant, fortified, with cinnamon and spice, dry

Vitamin D	S702
Pantothenic acid	S702
Total lipid (fat)	S702
Copper, Cu	S702
Vitamin C, total ascorbic acid	S702
Protein	S702
Iron, Fe	S702
Manganese, Mn	S702
Riboflavin	S702
Energy	S702
Sugars, total	S702
Potassium, K	S702
Thiamin	S702
Folate, total	S702
Ash	S702
Phosphorus, P	S702
Fiber, total dietary	S702
Calcium, Ca	S702
Vitamin A, IU	S702
Vitamin B-6	S702
Cholesterol	S702

NDB No. 08130 Cereals, QUAKER, Instant Oatmeal, maple and brown sugar, dry

Vitamin C, total ascorbic acid	S702
Water	S702
Fiber, total dietary	S702
Magnesium, Mg	S702
Phosphorus, P	S702
Potassium, K	S702
Zinc, Zn	S702
Vitamin A, IU	S702
Thiamin	S702
Vitamin B-6	S702
Vitamin B-12	S702
Calcium, Ca	S702
Iron, Fe	S702

NDB No. 08130 Cereals, QUAKER, Instant Oatmeal, maple and brown sugar, dry

Carbohydrate, by difference	S702
Sodium, Na	S702
Folate, total	S702
Protein	S702
Energy	S702
Manganese, Mn	S702
Vitamin D	S702
Niacin	S702
Pantothenic acid	S702
Total lipid (fat)	S702
Ash	S702
Sugars, total	S702
Copper, Cu	S702
Riboflavin	S702

NDB No. 08138 Cereals ready-to-eat, MALT-O-MEAL, MARSHMALLOW MATEYS

Calcium, Ca	S2502
Zinc, Zn	S2502
Riboflavin	S2502
Vitamin B-12	S2502
Folic acid	S2502
Cholesterol	S2502
Protein	S2502
Fiber, total dietary	S2502
Vitamin A, IU	S2502
Thiamin	S2502
Carbohydrate, by difference	S2502
Niacin	S2502
Fatty acids, total polyunsaturated	S2502
Ash	S2502
Energy	S2502
Iron, Fe	S2502
Sodium, Na	S2502
Vitamin B-6	S2502
Fatty acids, total monounsaturated	S2502
Potassium, K	S2502

NDB No. 08138 Cereals ready-to-eat, MALT-O-MEAL, MARSHMALLOW MATEYS

Water	S2502
Sugars, total	S2502
Vitamin D	S2502
Vitamin C, total ascorbic acid	S2502
Fatty acids, total saturated	S2502

NDB No. 08139 Cereals ready-to-eat, GENERAL MILLS, Cinnamon Grahams

Potassium, K	S603
Vitamin D	S603
Thiamin	S603
Cholesterol	S603
Folate, total	S603
Ash	S603
Vitamin C, total ascorbic acid	S603
Vitamin B-12	S603
Fatty acids, total saturated	S603
Protein	S603
Energy	S603
Phosphorus, P	S603
Vitamin A, IU	S603
Vitamin B-6	S603
Water	S603
Fiber, total dietary	S603
Carbohydrate, by difference	S603
Iron, Fe	S603
Magnesium, Mg	S603
Zinc, Zn	S603
Calcium, Ca	S603
Sodium, Na	S603
Riboflavin	S603
Niacin	S603

NDB No. 08146 Cereals ready-to-eat, QUAKER, QUAKER Puffed Wheat

Fiber, total dietary	S702
Phosphorus, P	S702
Vitamin A, IU	S702

NDB No. 08146 Cereals ready-to-eat, QUAKER, QUAKER Puffed Wheat

Iron, Fe	S702
Potassium, K	S702
Zinc, Zn	S702
Copper, Cu	S702
Ash	S702
Magnesium, Mg	S702
Sodium, Na	S702
Riboflavin	S702
Niacin	S702
Fatty acids, total polyunsaturated	S702
Total lipid (fat)	S702
Energy	S702
Vitamin B-6	S702
Vitamin B-12	S702
Fatty acids, total monounsaturated	S702
Protein	S702
Carbohydrate, by difference	S702
Pantothenic acid	S702
Folate, total	S702
Fatty acids, total saturated	S702
Water	S702
Calcium, Ca	S702
Manganese, Mn	S702
Vitamin D	S702
Vitamin C, total ascorbic acid	S702
Thiamin	S702

NDB No. 08147 Cereals ready-to-eat, wheat, shredded, plain, sugar and salt free

Maltose	S1065
Caffeine	S2422
Sugars, total	S2422
Calcium, Ca	S2422, S1065
Magnesium, Mg	S2422, S1065
Phosphorus, P	S2422, S1065
Copper, Cu	S2422, S1065
Carotene, beta	S2422

NDB No. 08147 Cereals ready-to-eat, wheat, shredded, plain, sugar and salt free

Cystine	S1065
Alanine	S1065
Proline	S1065
8:0	S1065
12:0	S1065
22:1 undifferentiated	S1065
15:0	S1065
15:1	S1065
Energy	S2422
Sodium, Na	S2422, S1065
Zinc, Zn	S2422, S1065
Vitamin A, IU	S2422
Folate, total	S2422, S1065
Vitamin B-12	S2422, S1065
Choline, total	S1065
Tryptophan	S1065
Threonine	S1065
Leucine	S1065
Tyrosine	S1065
Arginine	S1065
Glutamic acid	S1065
10:0	S1065
22:5 n-3 (DPA)	S1065
17:0	S1065
20:3 undifferentiated	S1065
Sucrose	S1065
Manganese, Mn	S1065
Retinol	S2422
Niacin	S2422, S1065
Fatty acids, total trans	S2422
18:0	S1065
18:2 undifferentiated	S1065
18:3 undifferentiated	S1065
22:0	S1065
20:1	S1065
Glucose (dextrose)	S1065
Water	S2422, S1065

NDB No. 08147 Cereals ready-to-eat, wheat, shredded, plain, sugar and salt free

Iron, Fe	S2422, S1065
Vitamin E (alpha-tocopherol)	S2422
Dihydrophylloquinone	S1065
Vitamin K (phylloquinone)	S1065
Aspartic acid	S1065
Serine	S1065
18:1 undifferentiated	S1065
20:4 undifferentiated	S1065
22:6 n-3 (DHA)	S1065
Starch	S1065
Fructose	S1065
Potassium, K	S2422, S1065
Thiamin	S2422, S1065
Pantothenic acid	S2422, S1065
Betaine	S1065
Lysine	S1065
Phenylalanine	S1065
Glycine	S1065
16:1 undifferentiated	S1065
20:2 n-6 c,c	S1065
Carbohydrate, by difference	S2422
Fiber, total dietary	S2422, S1065
Vitamin B-6	S2422, S1065
Methionine	S1065
Cholesterol	S2422
16:0	S1065
14:1	S1065
18:4	S1065
17:1	S1065
Total lipid (fat)	S2422, S1065
Ash	S2422, S1065
Selenium, Se	S1065
Vitamin C, total ascorbic acid	S2422, S1065
Isoleucine	S1065
Histidine	S1065
Protein	S2422, S1065
Lactose	S1065

NDB No. 08147 Cereals ready-to-eat, wheat, shredded, plain, sugar and salt free

Vitamin D	S2422
Riboflavin	S2422, S1065
Valine	S1065
14:0	S1065
20:0	S1065
20:5 n-3 (EPA)	S1065
24:0	S1065

NDB No. 08159 Cereals, corn grits, yellow, regular and quick, enriched, dry

Fiber, total dietary	S2661
Potassium, K	S2661
Folate, food	S2661
14:1	S2661
Starch	S2661
Sugars, total	S2661
Iron, Fe	S2661
Tocopherol, beta	S2661
Tocopherol, gamma	S2661
Vitamin C, total ascorbic acid	S2661
Niacin	S2661
Fatty acids, total saturated	S2661
14:0	S2661
16:0	S2661
18:3 undifferentiated	S2661
15:1	S2661
Glucose (dextrose)	S2661
Lactose	S2661
Vitamin B-6	S2661
Folate, total	S2661
20:1	S2661
17:0	S2661
24:1 c	S2661
20:3 undifferentiated	S2661
Tocopherol, delta	S2661
Folic acid	S2661
18:2 undifferentiated	S2661

NDB No. 08159 Cereals, corn grits, yellow, regular and quick, enriched, dry

20:5 n-3 (EPA)	S2661
Fatty acids, total polyunsaturated	S2661
15:0	S2661
24:0	S2661
20:2 n-6 c,c	S2661
17:1	S2661
Protein	S2661
Total lipid (fat)	S2661
Ash	S2661
Phosphorus, P	S2661
Carotene, alpha	S2661
Vitamin E (alpha-tocopherol)	S2661
Cryptoxanthin, beta	S2661
Riboflavin	S2661
12:0	S2661
18:0	S2661
16:1 undifferentiated	S2661
22:5 n-3 (DPA)	S2661
Galactose	S2661
Copper, Cu	S2661
Lycopene	S2661
Menaquinone-4	S2661
22:1 undifferentiated	S2661
Fatty acids, total monounsaturated	S2661
Sucrose	S2661
Fructose	S2661
Maltose	S2661
Water	S2661
Calcium, Ca	S2661
Magnesium, Mg	S2661
Sodium, Na	S2661
Manganese, Mn	S2661
Carotene, beta	S2661
Thiamin	S2661
Dihydrophylloquinone	S2661
Vitamin K (phylloquinone)	S2661
8:0	S2661

NDB No. 08159 Cereals, corn grits, yellow, regular and quick, enriched, dry

18:1 undifferentiated	S2661
22:6 n-3 (DHA)	S2661
22:0	S2661
18:4	S2661
Zinc, Zn	S2661
Pantothenic acid	S2661
10:0	S2661
20:0	S2661
20:4 undifferentiated	S2661

NDB No. 08164 Cereals, corn grits, yellow, regular and quick, enriched, cooked with water, without salt

Glucose (dextrose)	S2661
Potassium, K	S2661
Vitamin E (alpha-tocopherol)	S2661
Vitamin C, total ascorbic acid	S2661
Riboflavin	S2661
Folate, total	S2661
Folate, food	S2661
10:0	S2661
14:0	S2661
20:5 n-3 (EPA)	S2661
22:5 n-3 (DPA)	S2661
Fatty acids, total monounsaturated	S2661
Total lipid (fat)	S2661
Sucrose	S2661
Phosphorus, P	S2661
Copper, Cu	S2661
Cryptoxanthin, beta	S2661
20:0	S2661
18:1 undifferentiated	S2661
Fatty acids, total polyunsaturated	S2661
24:0	S2661
15:1	S2661
Galactose	S2661
Iron, Fe	S2661
Tocopherol, delta	S2661

NDB No. 08164 Cereals, corn grits, yellow, regular and quick, enriched, cooked with water, without salt

Menaquinone-4	S2661
18:3 undifferentiated	S2661
22:6 n-3 (DHA)	S2661
22:0	S2661
18:4	S2661
17:0	S2661
Lactose	S2661
Maltose	S2661
Fiber, total dietary	S2661
Magnesium, Mg	S2661
Carotene, beta	S2661
Niacin	S2661
Vitamin B-6	S2661
Folic acid	S2661
Fatty acids, total saturated	S2661
8:0	S2661
16:0	S2661
20:1	S2661
22:1 undifferentiated	S2661
17:1	S2661
Manganese, Mn	S2661
Tocopherol, beta	S2661
Pantothenic acid	S2661
18:2 undifferentiated	S2661
14:1	S2661
15:0	S2661
Protein	S2661
Fructose	S2661
Water	S2661
Zinc, Zn	S2661
Lycopene	S2661
Tocopherol, gamma	S2661
Dihydrophylloquinone	S2661
18:0	S2661
24:1 c	S2661
20:2 n-6 c,c	S2661
20:3 undifferentiated	S2661

NDB No. 08164 Cereals, corn grits, yellow, regular and quick, enriched, cooked with water, without salt

Sugars, total	S2661
Calcium, Ca	S2661
Thiamin	S2661
12:0	S2661
16:1 undifferentiated	S2661
Ash	S2661
Carotene, alpha	S2661
Vitamin K (phylloquinone)	S2661
20:4 undifferentiated	S2661

NDB No. 08177 Cereals, MALT-O-MEAL, chocolate, dry

Ash	S2502
Sugars, total	S2502
Iron, Fe	S2502
Vitamin C, total ascorbic acid	S2502
Vitamin B-6	S2502
Fatty acids, total polyunsaturated	S2502
Potassium, K	S2502
Calcium, Ca	S2502
Sodium, Na	S2502
Thiamin	S2502
Cholesterol	S2502
Energy	S2502
Phosphorus, P	S2502
Fatty acids, total saturated	S2502
Fiber, total dietary	S2502
Riboflavin	S2502
Carbohydrate, by difference	S2502
Water	S2502
Protein	S2502
Niacin	S2502
Folic acid	S2502
Fatty acids, total monounsaturated	S2502

NDB No. 08189 Cereals ready-to-eat, KELLOGG, KELLOGG'S Low Fat Granola without Raisins

NDB No. 08189 Cereals ready-to-eat, KELLOGG, KELLOGG'S Low Fat Granola without Raisins

Potassium, K	S4561
Water	S4561
Fatty acids, total polyunsaturated	S4561
Total lipid (fat)	S4561
Carbohydrate, by difference	S4561
Sugars, total	S4561
Sodium, Na	S4561
Vitamin A, IU	S4561
Vitamin D	S4561
Cholesterol	S4561
Magnesium, Mg	S4561
Folate, total	S4561
Fatty acids, total monounsaturated	S4561
Protein	S4561
Calcium, Ca	S4561
Phosphorus, P	S4561
Vitamin B-6	S4561
Ash	S4561
Iron, Fe	S4561
Zinc, Zn	S4561
Thiamin	S4561
Fatty acids, total trans	S4561
Fatty acids, total saturated	S4561
Energy	S4561
Fiber, total dietary	S4561
Copper, Cu	S4561
Vitamin C, total ascorbic acid	S4561
Riboflavin	S4561
Niacin	S4561
Vitamin B-12	S4561

NDB No. 08190 Cereals ready-to-eat, GENERAL MILLS, OATMEAL CRISP, APPLE CINNAMON

Phosphorus, P	S922
Vitamin A, IU	S922
Vitamin C, total ascorbic acid	S922
Cholesterol	S922

NDB No. 08190 Cereals ready-to-eat, GENERAL MILLS, OATMEAL CRISP, APPLE CINNAMON

Fatty acids, total trans	S922
Riboflavin	S922
Fatty acids, total monounsaturated	S922
Water	S922
Zinc, Zn	S922
Vitamin D	S922
Vitamin B-6	S922
Carbohydrate, by difference	S922
Fiber, total dietary	S922
Sodium, Na	S922
Fatty acids, total polyunsaturated	S922
Protein	S922
Calcium, Ca	S922
Thiamin	S922
Sugars, total	S922
Vitamin B-12	S922
Ash	S922
Iron, Fe	S922
Magnesium, Mg	S922
Potassium, K	S922
Folate, total	S922
Fatty acids, total saturated	S922
Energy	S922
Copper, Cu	S922
Niacin	S922

NDB No. 08194 Cereals ready-to-eat, GENERAL MILLS, REESE'S PUFFS

Vitamin A, IU	S922
Energy	S922
Thiamin	S922
Fatty acids, total monounsaturated	S922
Fatty acids, total polyunsaturated	S922
Sugars, total	S922
Niacin	S922
Potassium, K	S922

NDB No. 08194 Cereals ready-to-eat, GENERAL MILLS, REESE'S PUFFS

Folate, total	S922
Fatty acids, total saturated	S922
Carbohydrate, by difference	S922
Calcium, Ca	S922
Magnesium, Mg	S922
Zinc, Zn	S922
Vitamin B-12	S922
Water	S922
Fiber, total dietary	S922
Sodium, Na	S922
Cholesterol	S922
Ash	S922
Iron, Fe	S922
Phosphorus, P	S922
Protein	S922
Vitamin D	S922
Vitamin C, total ascorbic acid	S922
Riboflavin	S922
Vitamin B-6	S922
Fatty acids, total trans	S922

NDB No. 08200 Cereals, QUAKER, QUAKER MultiGrain Oatmeal, dry

Total lipid (fat)	S702
Calcium, Ca	S702
Copper, Cu	S702
Thiamin	S702
Vitamin B-12	S702
Fatty acids, total saturated	S702
Protein	S702
Sodium, Na	S702
Vitamin D	S702
Vitamin C, total ascorbic acid	S702
Iron, Fe	S702
Phosphorus, P	S702
Manganese, Mn	S702
Vitamin B-6	S702

NDB No. 08200 Cereals, QUAKER, QUAKER MultiGrain Oatmeal, dry

Fatty acids, total monounsaturated	S702
Sugars, total	S702
Fiber, total dietary	S702
Cholesterol	S702
Fatty acids, total polyunsaturated	S702
Ash	S702
Potassium, K	S702
Zinc, Zn	S702
Folate, total	S702
Carbohydrate, by difference	S702
Water	S702
Magnesium, Mg	S702
Pantothenic acid	S702
Energy	S702
Riboflavin	S702
Niacin	S702

NDB No. 08202 Cereals ready-to-eat, GENERAL MILLS, OATMEAL CRISP with Almonds

Zinc, Zn	S922
Riboflavin	S922
Cholesterol	S922
Copper, Cu	S922
Vitamin A, IU	S922
Choline, total	S4001
Fatty acids, total saturated	S922
Protein	S922
Water	S922
Calcium, Ca	S922
Potassium, K	S922
Sodium, Na	S922
Vitamin B-6	S922
Folate, total	S922
Sugars, total	S922
Magnesium, Mg	S922
Energy	S922
Fiber, total dietary	S922

NDB No. 08202 Cereals ready-to-eat, GENERAL MILLS, OATMEAL CRISP with Almonds

Iron, Fe	S922
Betaine	S4001
Carbohydrate, by difference	S922
Ash	S922
Phosphorus, P	S922
Vitamin C, total ascorbic acid	S922
Niacin	S922
Vitamin B-12	S922
Fatty acids, total trans	S922
Fatty acids, total monounsaturated	S922
Fatty acids, total polyunsaturated	S922
Vitamin D	S922
Thiamin	S922

NDB No. 08206 Cereals ready-to-eat, MALT-O-MEAL, COCO-ROOS

Ash	S2502
Sugars, total	S2502
Sodium, Na	S2502
Zinc, Zn	S2502
Protein	S2502
Calcium, Ca	S2502
Thiamin	S2502
Riboflavin	S2502
Niacin	S2502
Fatty acids, total saturated	S2502
Iron, Fe	S2502
Vitamin B-6	S2502
Fatty acids, total trans	S2502
Fatty acids, total monounsaturated	S2502
Carbohydrate, by difference	S2502
Energy	S2502
Water	S2502
Fatty acids, total polyunsaturated	S2502
Fiber, total dietary	S2502
Potassium, K	S2502

NDB No. 08206 Cereals ready-to-eat, MALT-O-MEAL, COCO-ROOS

Vitamin C, total ascorbic acid	S2502
Vitamin B-12	S2502
Vitamin D	S2502
Folic acid	S2502
Cholesterol	S2502

NDB No. 08210 Cereals ready-to-eat, QUAKER, QUAKER OAT CINNAMON LIFE

Carbohydrate, by difference	S3901
Ash	S3901
Magnesium, Mg	S3901
Selenium, Se	S3901
Protein	S3901
Total lipid (fat)	S3901
Iron, Fe	S3901
Zinc, Zn	S3901
Niacin	S3901
Pantothenic acid	S3901
Fatty acids, total trans	S3901
Sugars, total	S3901
Fiber, total dietary	S3901
Manganese, Mn	S3901
Vitamin D	S3901
Fatty acids, total polyunsaturated	S3901
Calcium, Ca	S3901
Vitamin A, IU	S3901
Folate, total	S3901
Sodium, Na	S3901
Riboflavin	S3901
Vitamin B-6	S3901
Vitamin E (alpha-tocopherol)	S3901
Vitamin C, total ascorbic acid	S3901
Phosphorus, P	S3901
Copper, Cu	S3901
Vitamin B-12	S3901
Fatty acids, total saturated	S3901
Energy	S3901

NDB No. 08210 Cereals ready-to-eat, QUAKER, QUAKER OAT CINNAMON LIFE

Water	S3901
Potassium, K	S3901
Thiamin	S3901
Cholesterol	S3901

NDB No. 08211 Cereals ready-to-eat, QUAKER, HONEY GRAHAM OH!S

Calcium, Ca	S3901
Iron, Fe	S3901
Selenium, Se	S3901
Riboflavin	S3901
Pantothenic acid	S3901
Vitamin B-6	S3901
Folate, total	S3901
Ash	S3901
Energy	S3901
Vitamin A, IU	S3901
Cholesterol	S3901
Total lipid (fat)	S3901
Sugars, total	S3901
Zinc, Zn	S3901
Manganese, Mn	S3901
Water	S3901
Copper, Cu	S3901
Thiamin	S3901
Vitamin B-12	S3901
Fatty acids, total monounsaturated	S3901
Fatty acids, total polyunsaturated	S3901
Phosphorus, P	S3901
Vitamin C, total ascorbic acid	S3901
Niacin	S3901
Fatty acids, total trans	S3901
Fatty acids, total saturated	S3901
Carbohydrate, by difference	S3901
Potassium, K	S3901
Vitamin E (alpha-tocopherol)	S3901
Vitamin D	S3901

NDB No. 08211 Cereals ready-to-eat, QUAKER, HONEY GRAHAM OH!S

Protein	S3901
Fiber, total dietary	S3901
Magnesium, Mg	S3901
Sodium, Na	S3901

NDB No. 08212 Cereals ready-to-eat, QUAKER, SUN COUNTRY Granola with Almonds

Phosphorus, P	S702
Vitamin B-6	S702
Fiber, total dietary	S702
Calcium, Ca	S702
Fatty acids, total polyunsaturated	S702
Vitamin A, IU	S702
Pantothenic acid	S702
Protein	S702
Ash	S702
Magnesium, Mg	S702
Zinc, Zn	S702
Thiamin	S702
Potassium, K	S702
Niacin	S702
Cholesterol	S702
Fatty acids, total monounsaturated	S702
Total lipid (fat)	S702
Carbohydrate, by difference	S702
Iron, Fe	S702
Copper, Cu	S702
Vitamin D	S702
Vitamin B-12	S702
Sodium, Na	S702
Manganese, Mn	S702
Fatty acids, total saturated	S702
Energy	S702
Water	S702
Vitamin C, total ascorbic acid	S702
Riboflavin	S702
Folate, total	S702

NDB No. 08214 Cereals ready-to-eat, QUAKER, QUAKER OATMEAL SQUARES

Carbohydrate, by difference	S702
Manganese, Mn	S702
Thiamin	S702
Pantothenic acid	S702
Vitamin B-6	S702
Ash	S702
Fiber, total dietary	S702
Magnesium, Mg	S702
Potassium, K	S702
Vitamin C, total ascorbic acid	S702
Energy	S702
Folate, total	S702
Fatty acids, total polyunsaturated	S702
Calcium, Ca	S702
Riboflavin	S702
Vitamin B-12	S702
Fatty acids, total monounsaturated	S702
Protein	S702
Total lipid (fat)	S702
Phosphorus, P	S702
Fatty acids, total saturated	S702
Sodium, Na	S702
Copper, Cu	S702
Vitamin D	S702
Niacin	S702
Cholesterol	S702
Water	S702
Zinc, Zn	S702
Selenium, Se	S702
Vitamin A, IU	S702
Iron, Fe	S702

NDB No. 08215 Cereals ready-to-eat, QUAKER, QUAKER CINNAMON OATMEAL SQUARES

Protein	S3901
Ash	S3901

NDB No. 08215 Cereals ready-to-eat, QUAKER, QUAKER CINNAMON OATMEAL SQUARES

Magnesium, Mg	S3901
Cholesterol	S3901
Copper, Cu	S3901
Selenium, Se	S3901
Total lipid (fat)	S3901
Carbohydrate, by difference	S3901
Calcium, Ca	S3901
Phosphorus, P	S3901
Potassium, K	S3901
Manganese, Mn	S3901
Vitamin E (alpha-tocopherol)	S3901
Vitamin C, total ascorbic acid	S3901
Thiamin	S3901
Energy	S3901
Water	S3901
Sodium, Na	S3901
Zinc, Zn	S3901
Folate, total	S3901
Fatty acids, total trans	S3901
Fatty acids, total monounsaturated	S3901
Vitamin A, IU	S3901
Vitamin D	S3901
Fatty acids, total saturated	S3901
Sugars, total	S3901
Iron, Fe	S3901
Niacin	S3901
Vitamin B-6	S3901
Fiber, total dietary	S3901
Riboflavin	S3901
Pantothenic acid	S3901
Vitamin B-12	S3901

NDB No. 08216 Cereals ready-to-eat, QUAKER, QUAKER Oat Bran Cereal

Copper, Cu	S702
Pantothenic acid	S702

NDB No. 08216 Cereals ready-to-eat, QUAKER, QUAKER Oat Bran Cereal

Folate, total	S702
Fatty acids, total polyunsaturated	S702
Vitamin A, IU	S702
Vitamin B-12	S702
Fatty acids, total monounsaturated	S702
Total lipid (fat)	S702
Fiber, total dietary	S702
Thiamin	S702
Niacin	S702
Vitamin B-6	S702
Protein	S702
Calcium, Ca	S702
Iron, Fe	S702
Selenium, Se	S702
Fatty acids, total saturated	S702
Carbohydrate, by difference	S702
Ash	S702
Magnesium, Mg	S702
Potassium, K	S702
Vitamin D	S702
Vitamin C, total ascorbic acid	S702
Energy	S702
Water	S702
Phosphorus, P	S702
Sodium, Na	S702
Zinc, Zn	S702
Manganese, Mn	S702
Riboflavin	S702

NDB No. 08217 Cereals ready to eat, composite character cereals (movies, TV), brand A

Iron, Fe	S2664
Copper, Cu	S2664
Riboflavin	S2664
Niacin	S2664
Protein	S2664
Water	S2664

NDB No. 08217 Cereals ready to eat, composite character cereals (movies, TV), brand A

Fiber, total dietary	S2664
Magnesium, Mg	S2664
Zinc, Zn	S2664
Vitamin B-12	S2664
Vitamin A, IU	S2664
Thiamin	S2664
Fatty acids, total monounsaturated	S2664
Carbohydrate, by difference	S2664
Total lipid (fat)	S2664
Calcium, Ca	S2664
Phosphorus, P	S2664
Sodium, Na	S2664
Vitamin C, total ascorbic acid	S2664
Ash	S2664
Sugars, total	S2664
Potassium, K	S2664
Vitamin D	S2664
Vitamin B-6	S2664
Folate, total	S2664
Energy	S2664
Cholesterol	S2664
Fatty acids, total saturated	S2664
Fatty acids, total polyunsaturated	S2664

NDB No. 08218 Cereals ready-to-eat, QUAKER, QUAKER 100% Natural Cereal with oats, honey, and raisins

Ash	S3901
Fiber, total dietary	S3901
Phosphorus, P	S3901
Selenium, Se	S1065
Fatty acids, total monounsaturated	S3901
Protein	S3901
Thiamin	S3901
Riboflavin	S3901
Fatty acids, total trans	S3901
Carbohydrate, by difference	S3901

NDB No. 08218 Cereals ready-to-eat, QUAKER, QUAKER 100% Natural Cereal with oats, honey, and raisins

Manganese, Mn	S3901
Vitamin D	S3901
Fatty acids, total saturated	S3901
Water	S3901
Sodium, Na	S3901
Niacin	S3901
Vitamin B-6	S3901
Cholesterol	S3901
Calcium, Ca	S3901
Iron, Fe	S3901
Vitamin A, IU	S3901
Vitamin E (alpha-tocopherol)	S3901
Folate, total	S3901
Vitamin B-12	S3901
Choline, total	S1065
Fatty acids, total polyunsaturated	S3901
Copper, Cu	S3901
Total lipid (fat)	S3901
Energy	S3901
Magnesium, Mg	S3901
Zinc, Zn	S3901
Betaine	S1065
Sugars, total	S3901
Potassium, K	S3901
Vitamin C, total ascorbic acid	S3901
Pantothenic acid	S3901

NDB No. 08219 Cereals ready-to-eat, QUAKER, QUAKER toasted Oatmeal Cereal, Honey Nut

Folate, total	S3901
Fatty acids, total polyunsaturated	S3901
Protein	S3901
Ash	S3901
Energy	S3901
Fiber, total dietary	S3901
Magnesium, Mg	S3901
Vitamin C, total ascorbic acid	S3901

NDB No. 08219 Cereals ready-to-eat, QUAKER, QUAKER toasted Oatmeal Cereal, Honey Nut

Niacin	S3901
Cholesterol	S3901
Fatty acids, total monounsaturated	S3901
Phosphorus, P	S3901
Copper, Cu	S3901
Vitamin B-12	S3901
Total lipid (fat)	S3901
Water	S3901
Sugars, total	S3901
Sodium, Na	S3901
Zinc, Zn	S3901
Pantothenic acid	S3901
Fatty acids, total saturated	S3901
Thiamin	S3901
Riboflavin	S3901
Carbohydrate, by difference	S3901
Iron, Fe	S3901
Potassium, K	S3901
Manganese, Mn	S3901
Calcium, Ca	S3901
Fatty acids, total trans	S3901
Selenium, Se	S3901
Vitamin A, IU	S3901
Vitamin E (alpha-tocopherol)	S3901
Vitamin D	S3901
Vitamin B-6	S3901

NDB No. 08220 Cereals ready-to-eat, QUAKER, Low Fat 100% Natural Granola with Raisins

Energy	S3901
Sugars, total	S3901
Fiber, total dietary	S3901
Calcium, Ca	S3901
Vitamin A, IU	S3901
Vitamin B-6	S3901
Pantothenic acid	S3901
Vitamin B-12	S3901

NDB No. 08220 Cereals ready-to-eat, QUAKER, Low Fat 100% Natural Granola with Raisins

Fatty acids, total saturated	S3901
Fatty acids, total monounsaturated	S3901
Thiamin	S3901
Carbohydrate, by difference	S3901
Magnesium, Mg	S3901
Manganese, Mn	S3901
Riboflavin	S3901
Niacin	S3901
Folate, total	S3901
Cholesterol	S3901
Total lipid (fat)	S3901
Ash	S3901
Sodium, Na	S3901
Vitamin C, total ascorbic acid	S3901
Iron, Fe	S3901
Zinc, Zn	S3901
Copper, Cu	S3901
Vitamin E (alpha-tocopherol)	S3901
Fatty acids, total trans	S3901
Fatty acids, total polyunsaturated	S3901
Water	S3901
Potassium, K	S3901
Vitamin D	S3901
Protein	S3901
Phosphorus, P	S3901
Selenium, Se	S3901

NDB No. 08221 Cereals, QUAKER, corn grits, instant, butter flavor, dry

Magnesium, Mg	S702
Phosphorus, P	S702
Sodium, Na	S702
Vitamin C, total ascorbic acid	S702
Water	S702
Iron, Fe	S702
Potassium, K	S702
Zinc, Zn	S702

NDB No. 08221 Cereals, QUAKER, corn grits, instant, butter flavor, dry

Pantothenic acid	S702
Cholesterol	S702
Protein	S702
Selenium, Se	S702
Carotene, beta	S702
Vitamin B-6	S702
Vitamin B-12	S702
Manganese, Mn	S702
Total lipid (fat)	S702
Vitamin D	S702
Riboflavin	S702
Copper, Cu	S702
Thiamin	S702
Fatty acids, total monounsaturated	S702
Ash	S702
Energy	S702
Carbohydrate, by difference	S702
Sugars, total	S702
Fiber, total dietary	S702
Calcium, Ca	S702
Vitamin A, IU	S702
Niacin	S702
Folate, total	S702
Fatty acids, total saturated	S702
Fatty acids, total polyunsaturated	S702

NDB No. 08225 Cereals, QUAKER, Instant Oatmeal, fruit and cream variety, dry

Niacin	S702
Pantothenic acid	S702
Cholesterol	S702
Sugars, total	S702
Magnesium, Mg	S702
Sodium, Na	S702
Manganese, Mn	S702
Folate, total	S702
Vitamin B-12	S702

NDB No. 08225 Cereals, QUAKER, Instant Oatmeal, fruit and cream variety, dry

Copper, Cu	S702
Riboflavin	S702
Carbohydrate, by difference	S702
Ash	S702
Water	S702
Iron, Fe	S702
Potassium, K	S702
Fiber, total dietary	S702
Vitamin A, IU	S702
Vitamin D	S702
Vitamin B-6	S702
Total lipid (fat)	S702
Energy	S702
Phosphorus, P	S702
Protein	S702
Calcium, Ca	S702
Zinc, Zn	S702
Vitamin C, total ascorbic acid	S702
Thiamin	S702

NDB No. 08229 Cereals, QUAKER, Instant Oatmeal, low sodium, dry

Protein	S702
Sugars, total	S702
Zinc, Zn	S702
Vitamin D	S702
Magnesium, Mg	S702
Pantothenic acid	S702
Vitamin B-6	S702
Carbohydrate, by difference	S702
Vitamin A, IU	S702
Sodium, Na	S702
Thiamin	S702
Riboflavin	S702
Niacin	S702
Water	S702
Calcium, Ca	S702

NDB No. 08229 Cereals, QUAKER, Instant Oatmeal, low sodium, dry

Phosphorus, P	S702
Manganese, Mn	S702
Cholesterol	S702
Ash	S702
Energy	S702
Potassium, K	S702
Vitamin B-12	S702
Fiber, total dietary	S702
Folate, total	S702
Total lipid (fat)	S702
Iron, Fe	S702
Copper, Cu	S702
Vitamin C, total ascorbic acid	S702

NDB No. 08231 Cereals, QUAKER, Oat Bran, QUAKER/MOTHER'S Oat Bran, dry

Carbohydrate, by difference	S702
Potassium, K	S702
Selenium, Se	S702
Vitamin C, total ascorbic acid	S702
Folate, total	S702
Fiber, total dietary	S702
Total lipid (fat)	S702
Energy	S702
Copper, Cu	S702
Niacin	S702
Vitamin B-6	S702
Vitamin B-12	S702
Protein	S702
Iron, Fe	S702
Vitamin A, IU	S702
Cholesterol	S702
Water	S702
Sugars, total	S702
Magnesium, Mg	S702
Phosphorus, P	S702
Zinc, Zn	S702

NDB No. 08231 Cereals, QUAKER, Oat Bran, QUAKER/MOTHER'S Oat Bran, dry

Fatty acids, total polyunsaturated	S702
Calcium, Ca	S702
Vitamin D	S702
Ash	S702
Thiamin	S702
Riboflavin	S702
Sodium, Na	S702
Manganese, Mn	S702
Pantothenic acid	S702
Fatty acids, total saturated	S702
Fatty acids, total monounsaturated	S702

NDB No. 08232 Cereals, QUAKER, Scotch Barley, regular and quick, dry

Sodium, Na	S702
Thiamin	S702
Vitamin C, total ascorbic acid	S702
Niacin	S702
Vitamin B-6	S702
Fatty acids, total monounsaturated	S702
Ash	S702
Potassium, K	S702
Protein	S702
Carbohydrate, by difference	S702
Water	S702
Fiber, total dietary	S702
Zinc, Zn	S702
Riboflavin	S702
Pantothenic acid	S702
Vitamin B-12	S702
Energy	S702
Vitamin A, IU	S702
Vitamin D	S702
Folate, total	S702
Iron, Fe	S702
Fatty acids, total saturated	S702

NDB No. 08232 Cereals, QUAKER, Scotch Barley, regular and quick, dry

Total lipid (fat)	S702
Sugars, total	S702
Calcium, Ca	S702
Magnesium, Mg	S702
Phosphorus, P	S702
Copper, Cu	S702
Manganese, Mn	S702
Cholesterol	S702
Fatty acids, total polyunsaturated	S702

NDB No. 08239 Cereals ready-to-eat, GENERAL MILLS, GENERAL MILLS Berry Burst CHEERIOS, all flavors

Vitamin C, total ascorbic acid	S922
Vitamin D	S922
Cholesterol	S922
Carbohydrate, by difference	S922
Fatty acids, total saturated	S922
Ash	S922
Fiber, total dietary	S922
Energy	S922
Water	S922
Sugars, total	S922
Sodium, Na	S922
Fatty acids, total trans	S922
Protein	S922

NDB No. 08243 Cereals ready-to-eat, GENERAL MILLS, HONEY NUT CLUSTERS

Magnesium, Mg	S922
Fatty acids, total polyunsaturated	S922
Carbohydrate, by difference	S922
Iron, Fe	S922
Potassium, K	S922
Folate, total	S922
Protein	S922
Thiamin	S922
Niacin	S922
Sodium, Na	S922

NDB No. 08243 Cereals ready-to-eat, GENERAL MILLS, HONEY NUT CLUSTERS

Vitamin C, total ascorbic acid	S922
Cholesterol	S922
Calcium, Ca	S922
Vitamin B-6	S922
Ash	S922
Sugars, total	S922
Fiber, total dietary	S922
Phosphorus, P	S922
Zinc, Zn	S922
Copper, Cu	S922
Fatty acids, total monounsaturated	S922
Energy	S922
Water	S922
Vitamin A, IU	S922
Vitamin D	S922
Vitamin B-12	S922
Fatty acids, total trans	S922
Riboflavin	S922
Fatty acids, total saturated	S922

NDB No. 08244 Cereals ready-to-eat, GENERAL MILLS, FIBER ONE

Protein	S922
Sugars, total	S922
Phosphorus, P	S922
Vitamin C, total ascorbic acid	S922
Niacin	S922
Vitamin B-6	S922
Cholesterol	S922
Ash	S922
Water	S922
Energy	S922
Calcium, Ca	S922
Zinc, Zn	S922
Fatty acids, total trans	S922
Potassium, K	S922
Sodium, Na	S922

NDB No. 08244 Cereals ready-to-eat, GENERAL MILLS, FIBER ONE

Riboflavin	S922
Vitamin B-12	S922
Iron, Fe	S922
Vitamin D	S922
Thiamin	S922
Carbohydrate, by difference	S922
Fiber, total dietary	S922
Vitamin A, IU	S922
Magnesium, Mg	S922
Folate, total	S922

NDB No. 08245 Cereals ready-to-eat, GENERAL MILLS, Oatmeal Crisp, Raisin

Sugars, total	S922
Zinc, Zn	S922
Vitamin A, IU	S922
Fiber, total dietary	S922
Sodium, Na	S922
Fatty acids, total saturated	S922
Potassium, K	S922
Vitamin C, total ascorbic acid	S922
Thiamin	S922
Fatty acids, total monounsaturated	S922
Magnesium, Mg	S922
Fatty acids, total trans	S922
Iron, Fe	S922
Vitamin D	S922
Vitamin B-12	S922
Fatty acids, total polyunsaturated	S922
Protein	S922
Carbohydrate, by difference	S922
Energy	S922
Phosphorus, P	S922
Folate, total	S922
Calcium, Ca	S922
Cholesterol	S922
Ash	S922

NDB No. 08245 Cereals ready-to-eat, GENERAL MILLS, Oatmeal Crisp, Raisin

Water	S922
Copper, Cu	S922
Riboflavin	S922
Niacin	S922
Vitamin B-6	S922

NDB No. 08246 Cereals ready-to-eat, GENERAL MILLS, TOTAL Corn Flakes

Sodium, Na	S603
Zinc, Zn	S603
Vitamin D	S603
Vitamin C, total ascorbic acid	S603
Fatty acids, total saturated	S603
Iron, Fe	S603
Folate, total	S603
Thiamin	S603
Vitamin B-6	S603
Potassium, K	S603
Calcium, Ca	S603
Riboflavin	S603
Niacin	S603
Pantothenic acid	S603
Vitamin B-12	S603

NDB No. 08247 Cereals ready-to-eat, GENERAL MILLS, TOTAL Raisin Bran

Ash	S922
Phosphorus, P	S922
Zinc, Zn	S922
Cholesterol	S922
Water	S922
Calcium, Ca	S922
Potassium, K	S922
Thiamin	S922
Riboflavin	S922
Vitamin B-6	S922
Fatty acids, total trans	S922
Niacin	S922

NDB No. 08247 Cereals ready-to-eat, GENERAL MILLS, TOTAL Raisin Bran

Protein	S922
Sugars, total	S922
Vitamin A, IU	S922
Vitamin C, total ascorbic acid	S922
Folate, total	S922
Carbohydrate, by difference	S922
Magnesium, Mg	S922
Copper, Cu	S922
Energy	S922
Fiber, total dietary	S922
Sodium, Na	S922
Pantothenic acid	S922
Iron, Fe	S922
Vitamin E (alpha-tocopherol)	S922
Vitamin D	S922
Vitamin B-12	S922

NDB No. 08253 Cereals ready-to-eat, KELLOGG, KELLOGG'S ALL-BRAN WITH EXTRA FIBER

Calcium, Ca	S3421
Sodium, Na	S3421
Vitamin D	S3421
Niacin	S3421
Cholesterol	S3421
Carbohydrate, by difference	S3421
Thiamin	S3421
Vitamin B-12	S3421
Fatty acids, total saturated	S3421
Fatty acids, total polyunsaturated	S3421
Energy	S3421
Sugars, total	S3421
Riboflavin	S3421
Fatty acids, total monounsaturated	S3421
Fiber, total dietary	S3421
Fatty acids, total trans	S3421
Ash	S3421
Magnesium, Mg	S3421

NDB No. 08253 Cereals ready-to-eat, KELLOGG, KELLOGG'S ALL-BRAN WITH EXTRA FIBER

Vitamin A, IU	S3421
Vitamin B-6	S3421
Protein	S3421
Iron, Fe	S3421
Phosphorus, P	S3421
Zinc, Zn	S3421
Total lipid (fat)	S3421
Water	S3421
Potassium, K	S3421
Copper, Cu	S3421
Vitamin C, total ascorbic acid	S3421
Folate, total	S3421

NDB No. 08258 Cereals ready-to-eat, KELLOGG, KELLOGG'S Complete Oat Bran Flakes

Ash	S2664
Vitamin E (alpha-tocopherol)	S2664
Riboflavin	S2664
Folate, total	S2664
Total lipid (fat)	S2664
Energy	S2664
Iron, Fe	S2664
Niacin	S2664
Cholesterol	S2664
Fatty acids, total monounsaturated	S2664
Calcium, Ca	S2664
Magnesium, Mg	S2664
Phosphorus, P	S2664
Potassium, K	S2664
Vitamin D	S2664
Thiamin	S2664
Pantothenic acid	S2664
Vitamin B-6	S2664
Fatty acids, total polyunsaturated	S2664
Water	S2664
Fatty acids, total trans	S2664
Protein	S2664

NDB No. 08258 Cereals ready-to-eat, KELLOGG, KELLOGG'S Complete Oat Bran Flakes

Carbohydrate, by difference	S2664
Sugars, total	S2664
Copper, Cu	S2664
Fatty acids, total saturated	S2664
Vitamin C, total ascorbic acid	S2664
Fiber, total dietary	S2664
Sodium, Na	S2664
Zinc, Zn	S2664
Vitamin A, IU	S2664
Vitamin B-12	S2664

NDB No. 08259 Cereals ready-to-eat, KELLOGG, KELLOGG'S CRISPIX

Protein	S6541
Carbohydrate, by difference	S6541
Energy	S2664
Magnesium, Mg	S6541
Selenium, Se	S2662
Carotene, alpha	S2662
Vitamin D	S6541
Vitamin K (phylloquinone)	S2662
Tryptophan	S2662
Methionine	S2662
Tyrosine	S2662
Proline	S2662
Serine	S2662
14:0	S2662
18:3 undifferentiated	S2662
22:0	S2662
14:1	S2662
16:1 undifferentiated	S2662
20:2 n-6 c,c	S2662
15:1	S2662
Vitamin A, IU	S6541
Vitamin E (alpha-tocopherol)	S2662
Alanine	S2662
18:2 undifferentiated	S2662

NDB No. 08259 Cereals ready-to-eat, KELLOGG, KELLOGG'S CRISPIX

20:1	S2662
22:5 n-3 (DPA)	S2662
Retinol	S2662
Tocopherol, delta	S2662
Histidine	S2662
Fatty acids, total trans	S6541
20:5 n-3 (EPA)	S2662
22:1 undifferentiated	S2662
24:0	S2662
17:1	S2662
Sodium, Na	S6541
Tocopherol, beta	S2662
Riboflavin	S6541
Vitamin B-6	S6541
Choline, total	S2662
Threonine	S2662
Glycine	S2662
18:4	S2662
Fatty acids, total monounsaturated	S6541
Fatty acids, total polyunsaturated	S6541
24:1 c	S2662
Total lipid (fat)	S6541
Water	S2662
Calcium, Ca	S6541
Zinc, Zn	S2662
Carotene, beta	S2662
Thiamin	S6541
Phenylalanine	S2662
Cholesterol	S2664
12:0	S2662
18:1 undifferentiated	S2662
20:4 undifferentiated	S2662
20:3 undifferentiated	S2662
Iron, Fe	S6541
Manganese, Mn	S2662
Folate, total	S6541
Vitamin B-12	S6541

NDB No. 08259 Cereals ready-to-eat, KELLOGG, KELLOGG'S CRISPIX

Leucine	S2662
Valine	S2662
8:0	S2662
10:0	S2662
17:0	S2662
Sugars, total	S6541
Phosphorus, P	S6541
Cryptoxanthin, beta	S2662
Lycopene	S2662
Tocopherol, gamma	S2662
Vitamin C, total ascorbic acid	S6541
Niacin	S6541
Pantothenic acid	S2662
Dihydrophylloquinone	S2662
Isoleucine	S2662
Lysine	S2662
Glutamic acid	S2662
Fatty acids, total saturated	S2662
16:0	S2662
20:0	S2662
22:6 n-3 (DHA)	S2662
21:5	S2662
Ash	S2662
Fiber, total dietary	S6541
Potassium, K	S6541
Copper, Cu	S2662
Betaine	S2662
Cystine	S2662
Arginine	S2662
Aspartic acid	S2662
18:0	S2662
15:0	S2662
22:4	S2662

NDB No. 08261 Cereals ready-to-eat, GENERAL MILLS, RAISIN NUT BRAN

Magnesium, Mg	S922

NDB No. 08261 Cereals ready-to-eat, GENERAL MILLS, RAISIN NUT BRAN

Zinc, Zn	S922
Cholesterol	S922
Fiber, total dietary	S922
Calcium, Ca	S922
Vitamin C, total ascorbic acid	S922
Fatty acids, total polyunsaturated	S922
Ash	S922
Energy	S922
Phosphorus, P	S922
Sodium, Na	S922
Vitamin A, IU	S922
Thiamin	S922
Protein	S922
Sugars, total	S922
Fatty acids, total trans	S922
Water	S922
Potassium, K	S922
Copper, Cu	S922
Vitamin D	S922
Vitamin B-12	S922
Fatty acids, total saturated	S922
Carbohydrate, by difference	S922
Riboflavin	S922
Vitamin B-6	S922
Folate, total	S922
Iron, Fe	S922
Niacin	S922
Fatty acids, total monounsaturated	S922

NDB No. 08262 Cereals ready-to-eat, GENERAL MILLS, BASIC 4

Total lipid (fat)	S922
Calcium, Ca	S922
Iron, Fe	S922
Riboflavin	S922
Vitamin B-12	S922
Fatty acids, total polyunsaturated	S922

NDB No. 08262 Cereals ready-to-eat, GENERAL MILLS, BASIC 4

Vitamin A, IU	S922
Thiamin	S922
Vitamin B-6	S922
Folate, total	S922
Fatty acids, total monounsaturated	S922
Sugars, total	S922
Fiber, total dietary	S922
Zinc, Zn	S922
Vitamin D	S922
Magnesium, Mg	S922
Phosphorus, P	S922
Potassium, K	S922
Copper, Cu	S922
Cholesterol	S922
Carbohydrate, by difference	S922
Energy	S922
Protein	S922
Ash	S922
Water	S922
Niacin	S922
Fatty acids, total trans	S922
Fatty acids, total saturated	S922
Sodium, Na	S922
Vitamin C, total ascorbic acid	S922

NDB No. 08263 Cereals ready-to-eat, GENERAL MILLS, APPLE CINNAMON CHEERIOS

Sugars, total	S922
Magnesium, Mg	S922
Phosphorus, P	S922
Niacin	S922
Fatty acids, total saturated	S922
Iron, Fe	S922
Riboflavin	S922
Carbohydrate, by difference	S922
Ash	S922

NDB No. 08263 Cereals ready-to-eat, GENERAL MILLS, APPLE CINNAMON CHEERIOS

Zinc, Zn	S922
Fiber, total dietary	S922
Vitamin A, IU	S922
Vitamin D	S922
Vitamin B-6	S922
Energy	S922
Water	S922
Calcium, Ca	S922
Cholesterol	S922
Vitamin C, total ascorbic acid	S922
Thiamin	S922
Folate, total	S922
Fatty acids, total monounsaturated	S922
Potassium, K	S922
Fatty acids, total polyunsaturated	S922
Protein	S922
Sodium, Na	S922
Fatty acids, total trans	S922

NDB No. 08267 Cereals ready-to-eat, GENERAL MILLS, FROSTED CHEERIOS

Fiber, total dietary	S922
Thiamin	S922
Fatty acids, total trans	S922
Cholesterol	S922
Water	S922
Magnesium, Mg	S922
Potassium, K	S922
Zinc, Zn	S922
Calcium, Ca	S922
Phosphorus, P	S922
Riboflavin	S922
Vitamin A, IU	S922
Folate, total	S922
Vitamin B-12	S922
Protein	S922

NDB No. 08267 Cereals ready-to-eat, GENERAL MILLS, FROSTED CHEERIOS

Energy	S922
Sugars, total	S922
Vitamin D	S922
Carbohydrate, by difference	S922
Sodium, Na	S922
Vitamin C, total ascorbic acid	S922
Niacin	S922
Vitamin B-6	S922
Ash	S922
Iron, Fe	S922

NDB No. 08268 Cereals ready-to-eat, GENERAL MILLS, FRANKENBERRY

Iron, Fe	S922
Thiamin	S922
Cholesterol	S922
Fatty acids, total trans	S922
Phosphorus, P	S922
Zinc, Zn	S922
Vitamin C, total ascorbic acid	S922
Riboflavin	S922
Fatty acids, total monounsaturated	S922
Protein	S922
Carbohydrate, by difference	S922
Niacin	S922
Vitamin B-12	S922
Water	S922
Calcium, Ca	S922
Energy	S922
Sugars, total	S922
Sodium, Na	S922
Folate, total	S922
Potassium, K	S922
Vitamin B-6	S922
Ash	S922
Magnesium, Mg	S922

NDB No. 08268 Cereals ready-to-eat, GENERAL MILLS, FRANKENBERRY

Vitamin D	S922

NDB No. 08270 Cereals ready-to-eat, GENERAL MILLS, COUNT CHOCULA

Folate, total	S922
Protein	S922
Fiber, total dietary	S922
Iron, Fe	S922
Magnesium, Mg	S922
Phosphorus, P	S922
Potassium, K	S922
Water	S922
Sodium, Na	S922
Zinc, Zn	S922
Vitamin A, IU	S922
Riboflavin	S922
Fatty acids, total trans	S922
Fatty acids, total saturated	S922
Carbohydrate, by difference	S922
Thiamin	S922
Calcium, Ca	S922
Copper, Cu	S922
Vitamin B-12	S922
Energy	S922
Sugars, total	S922
Vitamin B-6	S922
Ash	S922
Vitamin D	S922
Vitamin C, total ascorbic acid	S922
Niacin	S922
Cholesterol	S922

NDB No. 08271 Cereals ready-to-eat, GENERAL MILLS, COCOA PUFFS

Water	S922
Potassium, K	S922
Sodium, Na	S922

NDB No. 08271 Cereals ready-to-eat, GENERAL MILLS, COCOA PUFFS

Vitamin C, total ascorbic acid	S922
Thiamin	S922
Fiber, total dietary	S922
Carbohydrate, by difference	S922
Vitamin D	S922
Vitamin B-12	S922
Sugars, total	S922
Phosphorus, P	S922
Cholesterol	S922
Riboflavin	S922
Fatty acids, total trans	S922
Vitamin B-6	S922
Folate, total	S922
Protein	S922
Energy	S922
Calcium, Ca	S922
Zinc, Zn	S922
Niacin	S922
Fatty acids, total saturated	S922
Fatty acids, total polyunsaturated	S922
Ash	S922
Iron, Fe	S922
Magnesium, Mg	S922
Fatty acids, total monounsaturated	S922

NDB No. 08272 Cereals ready-to-eat, GENERAL MILLS, CINNAMON TOAST CRUNCH

Total lipid (fat)	S3774
Fructose	S3774
Calcium, Ca	S3774
Iron, Fe	S3774
Isoleucine	S3774
Lysine	S3774
Tyrosine	S3774
Arginine	S3774
16:0	S3774
18:0	S3774

NDB No. 08272 Cereals ready-to-eat, GENERAL MILLS, CINNAMON TOAST CRUNCH

14:1	S3774
18:1 t	S3774
17:1	S3774
Ash	S3774
Starch	S3774
Magnesium, Mg	S3774
Phosphorus, P	S3774
Sodium, Na	S3774
Vitamin C, total ascorbic acid	S3774
Tryptophan	S3774
Glutamic acid	S3774
Serine	S3774
12:0	S3774
20:5 n-3 (EPA)	S3774
18:2 t not further defined	S3774
20:3 n-6	S3774
Sugars, total	S3774
Copper, Cu	S3774
Thiamin	S3774
Valine	S3774
8:0	S3774
14:0	S3774
20:0	S3774
15:0	S3774
Glucose (dextrose)	S3774
Lactose	S3774
Zinc, Zn	S3774
Leucine	S3774
Alanine	S3774
Glycine	S3774
20:4 undifferentiated	S3774
22:6 n-3 (DHA)	S3774
22:5 n-3 (DPA)	S3774
17:0	S3774
24:1 c	S3774
22:1 c	S3774
20:3 n-3	S3774

NDB No. 08272 Cereals ready-to-eat, GENERAL MILLS, CINNAMON TOAST CRUNCH

Sucrose	S3774
Niacin	S3774
Pantothenic acid	S3774
Aspartic acid	S3774
22:1 t	S3774
18:1 c	S3774
18:2 n-6 c,c	S3774
15:1	S3774
18:3 n-3 c,c,c (ALA)	S3774
Water	S3774
Galactose	S3774
Potassium, K	S3774
Manganese, Mn	S3774
Vitamin D	S922
Riboflavin	S3774
Vitamin B-6	S3774
Folic acid	S3774
Methionine	S3774
Histidine	S3774
18:4	S3774
20:2 n-6 c,c	S3774
16:1 c	S3774
22:4	S3774
Protein	S3774
Phenylalanine	S3774
Proline	S3774
22:0	S3774
20:1	S3774
24:0	S3774
16:1 t	S3774
18:2 CLAs	S3774
Maltose	S3774
Fiber, total dietary	S3774
Selenium, Se	S3774
Retinol	S3774
Vitamin B-12	S3774
Threonine	S3774

NDB No. 08272 Cereals ready-to-eat, GENERAL MILLS, CINNAMON TOAST CRUNCH

Cystine	S3774
6:0	S3774
10:0	S3774
18:3 n-6 c,c,c	S3774

NDB No. 08273 Cereals ready-to-eat, GENERAL MILLS, BOO BERRY

Total lipid (fat)	S922
Energy	S922
Potassium, K	S922
Sodium, Na	S922
Fatty acids, total saturated	S922
Carbohydrate, by difference	S922
Fiber, total dietary	S603
Vitamin B-6	S922
Water	S922
Sugars, total	S922
Magnesium, Mg	S922
Vitamin C, total ascorbic acid	S922
Fatty acids, total polyunsaturated	S922
Calcium, Ca	S922
Niacin	S922
Cholesterol	S922
Fatty acids, total monounsaturated	S922
Ash	S922
Iron, Fe	S922
Riboflavin	S922
Protein	S922
Zinc, Zn	S922
Vitamin A, IU	S922
Thiamin	S922
Vitamin B-12	S922
Phosphorus, P	S922
Vitamin D	S922
Fatty acids, total trans	S922
Folate, total	S922

NDB No. 08274 Cereals ready-to-eat, GENERAL MILLS, BERRY BERRY KIX

Protein	S922
Vitamin C, total ascorbic acid	S922
Fatty acids, total trans	S922
Water	S922
Phosphorus, P	S922
Potassium, K	S922
Zinc, Zn	S922
Vitamin B-6	S922
Fiber, total dietary	S922
Magnesium, Mg	S922
Cholesterol	S922
Fatty acids, total saturated	S922
Carbohydrate, by difference	S922
Energy	S922
Sugars, total	S922
Vitamin A, IU	S922
Riboflavin	S922
Niacin	S922
Folate, total	S922
Total lipid (fat)	S922
Ash	S922
Calcium, Ca	S922
Sodium, Na	S922
Thiamin	S922
Vitamin B-12	S922
Fatty acids, total polyunsaturated	S922
Iron, Fe	S922
Vitamin D	S922
Fatty acids, total monounsaturated	S922

NDB No. 08277 Cereals ready-to-eat, GENERAL MILLS, NATURE VALLEY LOW FAT FRUIT GRANOLA

Protein	S603
Fiber, total dietary	S603
Zinc, Zn	S603
Copper, Cu	S603

NDB No. 08277 Cereals ready-to-eat, GENERAL MILLS, NATURE VALLEY LOW FAT FRUIT GRANOLA

Thiamin	S603
Cholesterol	S603
Ash	S603
Magnesium, Mg	S603
Phosphorus, P	S603
Sodium, Na	S603
Vitamin A, IU	S603
Total lipid (fat)	S603
Iron, Fe	S603
Potassium, K	S603
Riboflavin	S603
Fatty acids, total saturated	S603
Carbohydrate, by difference	S603
Water	S603
Calcium, Ca	S603
Vitamin C, total ascorbic acid	S603

NDB No. 08278 Cereals ready-to-eat, GENERAL MILLS, KABOOM

Phosphorus, P	S922
Vitamin C, total ascorbic acid	S922
Vitamin B-12	S922
Cholesterol	S922
Calcium, Ca	S922
Potassium, K	S922
Sodium, Na	S922
Protein	S922
Water	S922
Vitamin D	S922
Ash	S922
Sugars, total	S922
Fiber, total dietary	S922
Iron, Fe	S922
Zinc, Zn	S922
Magnesium, Mg	S603
Riboflavin	S922
Niacin	S922

NDB No. 08278 Cereals ready-to-eat, GENERAL MILLS, KABOOM

Vitamin B-6	S922
Carbohydrate, by difference	S922
Energy	S922
Folate, total	S922
Vitamin A, IU	S922
Thiamin	S922
Fatty acids, total trans	S922

NDB No. 08283 Cereals ready-to-eat, KELLOGG, KELLOGG'S JUST RIGHT Fruit & Nut

Iron, Fe	S2664
Vitamin B-12	S2664
Fatty acids, total monounsaturated	S2664
Phosphorus, P	S2664
Vitamin B-6	S2664
Fiber, total dietary	S2664
Calcium, Ca	S2664
Vitamin A, IU	S2664
Carbohydrate, by difference	S2664
Sodium, Na	S2664
Zinc, Zn	S2664
Copper, Cu	S2664
Folate, total	S2664
Fatty acids, total polyunsaturated	S2664
Protein	S2664
Water	S2664
Magnesium, Mg	S2664
Potassium, K	S2664
Vitamin D	S2664
Ash	S2664
Fatty acids, total trans	S2664
Total lipid (fat)	S2664
Sugars, total	S2664
Vitamin E (alpha-tocopherol)	S2664
Thiamin	S2664
Riboflavin	S2664

NDB No. 08283 Cereals ready-to-eat, KELLOGG, KELLOGG'S JUST RIGHT Fruit & Nut

Cholesterol	S2664
Energy	S2664
Niacin	S2664
Fatty acids, total saturated	S2664

NDB No. 08284 Cereals ready-to-eat, KELLOGG, KELLOGG'S Low Fat Granola with Raisins

Vitamin D	S4561
Niacin	S4561
Fatty acids, total trans	S4561
Protein	S4561
Sugars, total	S4561
Copper, Cu	S4561
Energy	S4561
Fiber, total dietary	S4561
Zinc, Zn	S4561
Riboflavin	S4561
Folate, total	S4561
Fatty acids, total monounsaturated	S4561
Thiamin	S4561
Vitamin B-6	S4561
Ash	S4561
Water	S4561
Calcium, Ca	S4561
Phosphorus, P	S4561
Vitamin E (alpha-tocopherol)	S4561
Vitamin B-12	S4561
Fatty acids, total polyunsaturated	S4561
Vitamin A, IU	S4561
Vitamin C, total ascorbic acid	S4561
Cholesterol	S4561
Total lipid (fat)	S4561
Carbohydrate, by difference	S4561
Iron, Fe	S4561
Magnesium, Mg	S4561
Potassium, K	S4561

NDB No. 08284 Cereals ready-to-eat, KELLOGG, KELLOGG'S Low Fat Granola with Raisins

Sodium, Na	S4561
Fatty acids, total saturated	S4561

NDB No. 08286 Cereals ready-to-eat, KELLOGG, KELLOGG'S MUESLIX

Fiber, total dietary	S2664
Potassium, K	S2664
Vitamin A, IU	S2664
Vitamin B-12	S2664
Protein	S2664
Sugars, total	S2664
Vitamin C, total ascorbic acid	S2664
Niacin	S2664
Fatty acids, total saturated	S2664
Fatty acids, total monounsaturated	S2664
Fatty acids, total polyunsaturated	S2664
Energy	S2664
Calcium, Ca	S2664
Phosphorus, P	S2664
Iron, Fe	S2664
Sodium, Na	S2664
Carbohydrate, by difference	S2664
Water	S2664
Vitamin D	S2664
Riboflavin	S2664
Vitamin B-6	S2664
Zinc, Zn	S2664
Copper, Cu	S2664
Folate, total	S2664
Ash	S2664
Fatty acids, total trans	S2664
Total lipid (fat)	S2664
Magnesium, Mg	S2664
Vitamin E (alpha-tocopherol)	S2664
Thiamin	S2664
Pantothenic acid	S2664
Cholesterol	S2664

NDB No. 08288 Cereals ready-to-eat, KELLOGG, KELLOGG'S RICE KRISPIES TREATS Cereal

Energy	S4561
Calcium, Ca	S4561
Thiamin	S4561
Folate, total	S4561
Protein	S4561
Sugars, total	S4561
Fiber, total dietary	S4561
Vitamin C, total ascorbic acid	S4561
Copper, Cu	S4561
Vitamin B-12	S4561
Carbohydrate, by difference	S4561
Ash	S4561
Water	S4561
Sodium, Na	S4561
Vitamin A, IU	S4561
Vitamin D	S4561
Potassium, K	S4561
Vitamin B-6	S4561
Iron, Fe	S4561
Phosphorus, P	S4561
Zinc, Zn	S4561
Niacin	S4561
Cholesterol	S4561
Fatty acids, total saturated	S4561
Fatty acids, total monounsaturated	S4561
Fatty acids, total polyunsaturated	S4561
Total lipid (fat)	S4561
Magnesium, Mg	S4561
Riboflavin	S4561
Fatty acids, total trans	S4561

NDB No. 08293 Cereals ready-to-eat, QUAKER, QUAKER APPLE ZAPS

Protein	S702
Calcium, Ca	S702
Cholesterol	S702
Fatty acids, total	S702

NDB No. 08293 Cereals ready-to-eat, QUAKER, QUAKER APPLE ZAPS

monounsaturated	
Potassium, K	S702
Vitamin A, IU	S702
Vitamin D	S702
Fatty acids, total saturated	S702
Carbohydrate, by difference	S702
Copper, Cu	S702
Fatty acids, total polyunsaturated	S702
Water	S702
Iron, Fe	S702
Magnesium, Mg	S702
Sodium, Na	S702
Thiamin	S702
Niacin	S702
Folate, total	S702
Phosphorus, P	S702
Riboflavin	S702
Zinc, Zn	S702
Selenium, Se	S702
Vitamin C, total ascorbic acid	S702
Total lipid (fat)	S702
Ash	S702
Manganese, Mn	S702
Pantothenic acid	S702
Vitamin B-6	S702
Vitamin B-12	S702
Energy	S702
Fiber, total dietary	S702

NDB No. 08294 Cereals ready-to-eat, QUAKER, QUAKER COCOA BLASTS

Protein	S702
Magnesium, Mg	S702
Pantothenic acid	S702
Energy	S702
Thiamin	S702
Vitamin B-6	S702
Fatty acids, total polyunsaturated	

NDB No. 08294 Cereals ready-to-eat, QUAKER, QUAKER COCOA BLASTS

	S702
Carbohydrate, by difference	S702
Water	S702
Iron, Fe	S702
Manganese, Mn	S702
Vitamin D	S702
Riboflavin	S702
Cholesterol	S702
Fatty acids, total saturated	S702
Zinc, Zn	S702
Copper, Cu	S702
Niacin	S702
Phosphorus, P	S702
Fiber, total dietary	S702
Calcium, Ca	S702
Potassium, K	S702
Sodium, Na	S702
Vitamin B-12	S702
Total lipid (fat)	S702
Ash	S702
Vitamin C, total ascorbic acid	S702
Folate, total	S702
Fatty acids, total monounsaturated	S702

NDB No. 08299 Cereals ready-to-eat, QUAKER, QUAKER SWEET PUFFS

Protein	S702
Fiber, total dietary	S702
Calcium, Ca	S702
Phosphorus, P	S702
Pantothenic acid	S702
Folate, total	S702
Total lipid (fat)	S702
Zinc, Zn	S702
Vitamin B-6	S702
Carbohydrate, by difference	S702

NDB No. 08299 Cereals ready-to-eat, QUAKER, QUAKER SWEET PUFFS

Water	S702
Manganese, Mn	S702
Thiamin	S702
Fatty acids, total monounsaturated	S702
Copper, Cu	S702
Vitamin D	S702
Vitamin B-12	S702
Iron, Fe	S702
Riboflavin	S702
Fatty acids, total polyunsaturated	S702
Energy	S702
Potassium, K	S702
Niacin	S702
Ash	S702
Sodium, Na	S702
Vitamin A, IU	S702
Cholesterol	S702
Magnesium, Mg	S702
Vitamin C, total ascorbic acid	S702
Fatty acids, total saturated	S702

NDB No. 08309 Cereals ready-to-eat, KELLOGG, KELLOGG'S HONEY CRUNCH CORN FLAKES

Carbohydrate, by difference	S2664
Water	S2664
Potassium, K	S2664
Copper, Cu	S2664
Fatty acids, total monounsaturated	S2664
Total lipid (fat)	S2664
Sodium, Na	S2664
Folate, total	S2664
Vitamin B-12	S2664
Vitamin C, total ascorbic acid	S2664
Niacin	S2664
Cholesterol	S2664
Fatty acids, total trans	S2664

NDB No. 08309 Cereals ready-to-eat, KELLOGG, KELLOGG'S HONEY CRUNCH CORN FLAKES

Ash	S2664
Calcium, Ca	S2664
Phosphorus, P	S2664
Riboflavin	S2664
Vitamin B-6	S2664
Fatty acids, total saturated	S2664
Magnesium, Mg	S2664
Zinc, Zn	S2664
Fatty acids, total polyunsaturated	S2664
Protein	S2664
Sugars, total	S2664
Iron, Fe	S2664
Thiamin	S2664
Fiber, total dietary	S2664
Vitamin D	S2664
Energy	S2664

NDB No. 08315 Cereals, QUAKER, hominy grits, yellow, quick, dry

Total lipid (fat)	S702
Phosphorus, P	S702
Potassium, K	S702
Folate, total	S702
Vitamin B-12	S702
Ash	S702
Cholesterol	S702
Energy	S702
Copper, Cu	S702
Fatty acids, total monounsaturated	S702
Fatty acids, total polyunsaturated	S702
Carbohydrate, by difference	S702
Fiber, total dietary	S702
Zinc, Zn	S702
Sugars, total	S702
Calcium, Ca	S702
Vitamin A, IU	S702
Niacin	S702

NDB No. 08315 Cereals, QUAKER, hominy grits, yellow, quick, dry

Pantothenic acid	S702
Water	S702
Iron, Fe	S702
Sodium, Na	S702
Manganese, Mn	S702
Fatty acids, total saturated	S702
Magnesium, Mg	S702
Riboflavin	S702
Protein	S702
Vitamin C, total ascorbic acid	S702
Thiamin	S702
Vitamin B-6	S702

NDB No. 08316 Cereals, QUAKER, hominy grits, white, regular, dry

Total lipid (fat)	S702
Ash	S702
Vitamin B-6	S702
Sugars, total	S702
Potassium, K	S702
Riboflavin	S702
Energy	S702
Water	S702
Fiber, total dietary	S702
Thiamin	S702
Folate, total	S702
Vitamin A, IU	S702
Niacin	S702
Fatty acids, total polyunsaturated	S702
Protein	S702
Iron, Fe	S702
Magnesium, Mg	S702
Sodium, Na	S702
Vitamin B-12	S702
Cholesterol	S702
Fatty acids, total monounsaturated	S702
Phosphorus, P	S702

NDB No. 08316 Cereals, QUAKER, hominy grits, white, regular, dry

Carbohydrate, by difference	S702
Copper, Cu	S702
Manganese, Mn	S702
Calcium, Ca	S702
Zinc, Zn	S702
Vitamin C, total ascorbic acid	S702
Pantothenic acid	S702
Fatty acids, total saturated	S702

NDB No. 08317 Cereals, QUAKER, farina, enriched cinnamon flavor, dry

Protein	S702
Potassium, K	S702
Cholesterol	S702
Copper, Cu	S702
Vitamin B-6	S702
Vitamin B-12	S702
Calcium, Ca	S702
Riboflavin	S702
Total lipid (fat)	S702
Water	S702
Vitamin A, IU	S702
Pantothenic acid	S702
Folate, total	S702
Ash	S702
Selenium, Se	S702
Vitamin C, total ascorbic acid	S702
Niacin	S702
Fatty acids, total saturated	S702
Carbohydrate, by difference	S702
Phosphorus, P	S702
Zinc, Zn	S702
Manganese, Mn	S702
Thiamin	S702
Energy	S702
Sugars, total	S702
Fiber, total dietary	S702

NDB No. 08317 Cereals, QUAKER, farina, enriched cinnamon flavor, dry

Magnesium, Mg	S702
Sodium, Na	S702
Iron, Fe	S702
Vitamin D	S702

NDB No. 08318 Cereals ready-to-eat, KELLOGG, KELLOGG'S SMART START Strong Heart Antioxidants Cereal

Total lipid (fat)	S4561
Iron, Fe	S4561
Riboflavin	S4561
Vitamin B-12	S4561
Vitamin A, IU	S4561
Folate, total	S4561
Sugars, total	S4561
Phosphorus, P	S4561
Thiamin	S4561
Fiber, total dietary	S4561
Potassium, K	S4561
Niacin	S4561
Pantothenic acid	S4561
Fatty acids, total trans	S4561
Ash	S4561
Copper, Cu	S4561
Vitamin D	S4561
Carbohydrate, by difference	S4561
Magnesium, Mg	S4561
Zinc, Zn	S4561
Vitamin C, total ascorbic acid	S4561
Water	S4561
Sodium, Na	S4561
Vitamin E (alpha-tocopherol)	S4561
Vitamin B-6	S4561
Cholesterol	S4561
Fatty acids, total saturated	S4561
Fatty acids, total monounsaturated	S4561
Fatty acids, total polyunsaturated	S4561
Protein	S4561

NDB No. 08318 Cereals ready-to-eat, KELLOGG, KELLOGG'S SMART START Strong Heart Antioxidants Cereal

Energy	S4561

NDB No. 08319 Cereals ready-to-eat, KELLOGG, KELLOGG'S FROSTED MINI-WHEATS, bite size

Protein	S2664
Energy	S2664
Sugars, total	S2664
Iron, Fe	S2664
Riboflavin	S2664
Carbohydrate, by difference	S2664
Fiber, total dietary	S2664
Potassium, K	S2664
Niacin	S2664
Total lipid (fat)	S2664
Ash	S2664
Phosphorus, P	S2664
Vitamin B-12	S2664
Cholesterol	S2664
Fatty acids, total trans	S2664
Fatty acids, total saturated	S2664
Sodium, Na	S2664
Thiamin	S2664
Folate, total	S2664
Fatty acids, total monounsaturated	S2664
Copper, Cu	S2664
Vitamin B-6	S2664
Water	S2664
Calcium, Ca	S2664
Magnesium, Mg	S2664
Zinc, Zn	S2664
Fatty acids, total polyunsaturated	S2664

NDB No. 08345 Cereals ready-to-eat, GENERAL MILLS, Multi-Bran CHEX

Carbohydrate, by difference	S922
Fiber, total dietary	S922
Energy	S922

NDB No. 08345 Cereals ready-to-eat, GENERAL MILLS, Multi-Bran CHEX

Sugars, total	S922
Ash	S922
Water	S922
Vitamin E (alpha-tocopherol)	S84
Cholesterol	S922
Fatty acids, total saturated	S922
Fatty acids, total polyunsaturated	S922
Protein	S922
Fatty acids, total trans	S922
Phosphorus, P	S922
Potassium, K	S922
Sodium, Na	S922

NDB No. 08346 Cereals ready-to-eat, MALT-O-MEAL, COLOSSAL CRUNCH

Protein	S2502
Sodium, Na	S2502
Zinc, Zn	S2502
Sugars, total	S2502
Vitamin B-6	S2502
Energy	S2502
Water	S2502
Fatty acids, total polyunsaturated	S2502
Fiber, total dietary	S2502
Carbohydrate, by difference	S2502
Thiamin	S2502
Riboflavin	S2502
Folic acid	S2502
Fatty acids, total trans	S2502
Ash	S2502
Iron, Fe	S2502
Potassium, K	S2502
Niacin	S2502
Fatty acids, total saturated	S2502
Fatty acids, total monounsaturated	S2502

NDB No. 08347 Cereals ready-to-eat, MALT-O-MEAL, BERRY COLOSSAL CRUNCH

Protein	S2502
Vitamin C, total ascorbic acid	S2502
Fatty acids, total monounsaturated	S2502
Niacin	S2502
Folic acid	S2502
Water	S2502
Iron, Fe	S2502
Potassium, K	S2502
Fiber, total dietary	S2502
Energy	S2502
Thiamin	S2502
Vitamin B-6	S2502
Fatty acids, total trans	S2502
Sodium, Na	S2502
Zinc, Zn	S2502
Fatty acids, total polyunsaturated	S2502
Calcium, Ca	S2502
Cholesterol	S2502
Carbohydrate, by difference	S2502
Ash	S2502
Sugars, total	S2502
Riboflavin	S2502
Fatty acids, total saturated	S2502

NDB No. 08348 Cereals ready-to-eat, MALT-O-MEAL, Crispy Rice

Protein	S2502
Vitamin D	S2502
Vitamin B-12	S2502
Energy	S2502
Sugars, total	S2502
Potassium, K	S2502
Vitamin C, total ascorbic acid	S2502
Niacin	S2502
Cholesterol	S2502
Water	S2502
Phosphorus, P	S2502

NDB No. 08348 Cereals ready-to-eat, MALT-O-MEAL, Crispy Rice

Zinc, Zn	S2502
Carbohydrate, by difference	S2502
Fiber, total dietary	S2502
Fatty acids, total trans	S2502
Sodium, Na	S2502
Vitamin A, IU	S2502
Riboflavin	S2502
Vitamin B-6	S2502
Fatty acids, total polyunsaturated	S2502
Iron, Fe	S2502
Thiamin	S2502
Folic acid	S2502
Fatty acids, total monounsaturated	S2502
Calcium, Ca	S2502
Magnesium, Mg	S2502
Ash	S2502
Copper, Cu	S2502
Fatty acids, total saturated	S2502

NDB No. 08349 Cereals ready-to-eat, MALT-O-MEAL, TOOTIE FRUITIES

Energy	S2502
Water	S2502
Zinc, Zn	S2502
Niacin	S2502
Ash	S2502
Fiber, total dietary	S2502
Vitamin C, total ascorbic acid	S2502
Fatty acids, total polyunsaturated	S2502
Fatty acids, total monounsaturated	S2502
Magnesium, Mg	S2502
Sodium, Na	S2502
Vitamin D	S2502
Vitamin B-12	S2502
Thiamin	S2502
Fatty acids, total saturated	S2502

NDB No. 08349 Cereals ready-to-eat, MALT-O-MEAL, TOOTIE FRUITIES

Calcium, Ca	S2502
Vitamin A, IU	S2502
Vitamin B-6	S2502
Cholesterol	S2502
Iron, Fe	S2502
Phosphorus, P	S2502
Folic acid	S2502
Protein	S2502
Carbohydrate, by difference	S2502
Sugars, total	S2502
Potassium, K	S2502
Riboflavin	S2502
Fatty acids, total trans	S2502

NDB No. 08350 Cereals ready-to-eat, MALT-O-MEAL, TOASTY O'S

Protein	S2502
Water	S2502
Potassium, K	S2502
Zinc, Zn	S2502
Copper, Cu	S2502
Niacin	S2502
Iron, Fe	S2502
Thiamin	S2502
Riboflavin	S2502
Cholesterol	S2502
Fatty acids, total monounsaturated	S2502
Vitamin D	S2502
Fatty acids, total saturated	S2502
Carbohydrate, by difference	S2502
Energy	S2502
Vitamin B-6	S2502
Vitamin B-12	S2502
Sugars, total	S2502
Vitamin C, total ascorbic acid	S2502
Folic acid	S2502
Fiber, total dietary	S2502

NDB No. 08350 Cereals ready-to-eat, MALT-O-MEAL, TOASTY O'S

Magnesium, Mg	S2502
Sodium, Na	S2502
Ash	S2502
Calcium, Ca	S2502
Phosphorus, P	S2502
Fatty acids, total polyunsaturated	S2502
Vitamin A, IU	S2502

NDB No. 08351 Cereals ready-to-eat, QUAKER, MOTHER'S PEANUT BUTTER BUMPERS Cereal

Total lipid (fat)	S702
Ash	S702
Energy	S702
Fiber, total dietary	S702
Thiamin	S702
Cholesterol	S702
Fatty acids, total monounsaturated	S702
Magnesium, Mg	S702
Potassium, K	S702
Sodium, Na	S702
Selenium, Se	S702
Vitamin D	S702
Carbohydrate, by difference	S702
Zinc, Zn	S702
Vitamin C, total ascorbic acid	S702
Riboflavin	S702
Vitamin B-6	S702
Protein	S702
Copper, Cu	S702
Folate, total	S702
Vitamin B-12	S702
Water	S702
Calcium, Ca	S702
Iron, Fe	S702
Phosphorus, P	S702
Vitamin A, IU	S702
Niacin	S702

NDB No. 08351 Cereals ready-to-eat, QUAKER, MOTHER'S PEANUT BUTTER BUMPERS Cereal

Fatty acids, total polyunsaturated	S702
Manganese, Mn	S702
Pantothenic acid	S702
Fatty acids, total saturated	S702

NDB No. 08352 Cereals ready-to-eat, QUAKER, MOTHER'S TOASTED OAT BRAN CEREAL, Brown Sugar Flavor

Zinc, Zn	S702
Carbohydrate, by difference	S702
Water	S702
Thiamin	S702
Niacin	S702
Fatty acids, total saturated	S702
Copper, Cu	S702
Vitamin B-12	S702
Total lipid (fat)	S702
Energy	S702
Fiber, total dietary	S702
Magnesium, Mg	S702
Selenium, Se	S702
Vitamin B-6	S702
Fatty acids, total polyunsaturated	S702
Riboflavin	S702
Sugars, total	S702
Sodium, Na	S702
Vitamin A, IU	S702
Vitamin D	S702
Protein	S702
Ash	S702
Phosphorus, P	S702
Potassium, K	S702
Manganese, Mn	S702
Vitamin C, total ascorbic acid	S702
Pantothenic acid	S702
Folate, total	S702
Calcium, Ca	S702
Iron, Fe	S702

NDB No. 08352 Cereals ready-to-eat, QUAKER, MOTHER'S TOASTED OAT BRAN CEREAL, Brown Sugar Flavor

Fatty acids, total monounsaturated	S702

NDB No. 08353 Cereals ready-to-eat, QUAKER, MOTHER'S CINNAMON OAT CRUNCH

Ash	S702
Water	S702
Sodium, Na	S702
Pantothenic acid	S702
Folate, total	S702
Fatty acids, total polyunsaturated	S702
Energy	S702
Phosphorus, P	S702
Vitamin A, IU	S702
Vitamin C, total ascorbic acid	S702
Fiber, total dietary	S702
Thiamin	S702
Riboflavin	S702
Niacin	S702
Fatty acids, total monounsaturated	S702
Manganese, Mn	S702
Protein	S702
Total lipid (fat)	S702
Vitamin B-6	S702
Iron, Fe	S702
Zinc, Zn	S702
Selenium, Se	S702
Vitamin B-12	S702
Fatty acids, total saturated	S702
Vitamin D	S702
Cholesterol	S702
Carbohydrate, by difference	S702
Calcium, Ca	S702
Magnesium, Mg	S702
Potassium, K	S702
Copper, Cu	S702

NDB No. 08354 Cereals ready-to-eat, QUAKER, MOTHER'S GROOVY GRAHAMS

Vitamin D	S702
Vitamin C, total ascorbic acid	S702
Protein	S702
Calcium, Ca	S702
Fatty acids, total saturated	S702
Energy	S702
Phosphorus, P	S702
Zinc, Zn	S702
Manganese, Mn	S702
Thiamin	S702
Pantothenic acid	S702
Fatty acids, total polyunsaturated	S702
Ash	S702
Fiber, total dietary	S702
Sodium, Na	S702
Folate, total	S702
Potassium, K	S702
Copper, Cu	S702
Vitamin A, IU	S702
Riboflavin	S702
Niacin	S702
Vitamin B-6	S702
Fatty acids, total monounsaturated	S702
Carbohydrate, by difference	S702
Vitamin B-12	S702
Total lipid (fat)	S702
Water	S702
Iron, Fe	S702
Magnesium, Mg	S702
Cholesterol	S702

NDB No. 08355 Cereals ready-to-eat, QUAKER, MOTHER'S COCOA BUMPERS

Iron, Fe	S702
Phosphorus, P	S702
Ash	S702
Water	S702

NDB No. 08355 Cereals ready-to-eat, QUAKER, MOTHER'S COCOA BUMPERS

Magnesium, Mg	S702
Manganese, Mn	S702
Potassium, K	S702
Pantothenic acid	S702
Zinc, Zn	S702
Copper, Cu	S702
Vitamin D	S702
Vitamin B-6	S702
Fatty acids, total saturated	S702
Protein	S702
Total lipid (fat)	S702
Carbohydrate, by difference	S702
Energy	S702
Fiber, total dietary	S702
Calcium, Ca	S702
Vitamin A, IU	S702
Niacin	S702
Folate, total	S702
Fatty acids, total monounsaturated	S702
Thiamin	S702
Vitamin B-12	S702
Fatty acids, total polyunsaturated	S702
Sodium, Na	S702
Vitamin C, total ascorbic acid	S702
Riboflavin	S702
Cholesterol	S702

NDB No. 08360 Cereals ready-to-eat, QUAKER, Oatmeal Cereal, Brown Sugar Bliss

Energy	S702
Manganese, Mn	S702
Folate, total	S702
Cholesterol	S702
Fatty acids, total polyunsaturated	S702
Total lipid (fat)	S702
Vitamin C, total ascorbic acid	S702
Pantothenic acid	S702

NDB No. 08360 Cereals ready-to-eat, QUAKER, Oatmeal Cereal, Brown Sugar Bliss

Protein	S702
Carbohydrate, by difference	S702
Calcium, Ca	S702
Magnesium, Mg	S702
Phosphorus, P	S702
Copper, Cu	S702
Vitamin A, IU	S702
Niacin	S702
Vitamin B-12	S702
Fatty acids, total monounsaturated	S702
Water	S702
Iron, Fe	S702
Potassium, K	S702
Zinc, Zn	S702
Selenium, Se	S702
Riboflavin	S702
Vitamin B-6	S702
Ash	S702
Fiber, total dietary	S702
Vitamin D	S702
Sodium, Na	S702
Thiamin	S702
Fatty acids, total saturated	S702

NDB No. 08361 Cereals ready-to-eat, QUAKER, Honey Graham bagged cereal

Total lipid (fat)	S702
Ash	S702
Water	S702
Thiamin	S702
Riboflavin	S702
Fatty acids, total saturated	S702
Fatty acids, total polyunsaturated	S702
Selenium, Se	S702
Vitamin A, IU	S702
Copper, Cu	S702
Vitamin C, total ascorbic acid	S702

NDB No. 08361 Cereals ready-to-eat, QUAKER, Honey Graham bagged cereal

Niacin	S702
Folate, total	S702
Protein	S702
Iron, Fe	S702
Magnesium, Mg	S702
Potassium, K	S702
Manganese, Mn	S702
Energy	S702
Pantothenic acid	S702
Vitamin B-12	S702
Fiber, total dietary	S702
Calcium, Ca	S702
Sodium, Na	S702
Vitamin B-6	S702
Cholesterol	S702
Carbohydrate, by difference	S702
Phosphorus, P	S702
Vitamin D	S702
Zinc, Zn	S702
Fatty acids, total monounsaturated	S702

NDB No. 08362 Cereals ready-to-eat, QUAKER, Toasted Oats/OATMMM'S

Total lipid (fat)	S702
Carbohydrate, by difference	S702
Riboflavin	S702
Vitamin B-12	S702
Ash	S702
Selenium, Se	S702
Water	S702
Magnesium, Mg	S702
Phosphorus, P	S702
Pantothenic acid	S702
Folate, total	S702
Manganese, Mn	S702
Vitamin A, IU	S702
Thiamin	S702

NDB No. 08362 Cereals ready-to-eat, QUAKER, Toasted Oats/OATMMM'S

Niacin	S702
Fiber, total dietary	S702
Iron, Fe	S702
Sodium, Na	S702
Zinc, Zn	S702
Vitamin C, total ascorbic acid	S702
Fatty acids, total monounsaturated	S702
Fatty acids, total polyunsaturated	S702
Calcium, Ca	S702
Fatty acids, total saturated	S702
Protein	S702
Potassium, K	S702
Cholesterol	S702
Energy	S702
Copper, Cu	S702
Vitamin D	S702
Vitamin B-6	S702

NDB No. 08363 Cereals ready-to-eat, QUAKER, KRETSCHMER Toasted Wheat Bran

Thiamin	S702
Riboflavin	S702
Choline, total	S3461
Protein	S702
Magnesium, Mg	S702
Vitamin D	S702
Cholesterol	S702
Total lipid (fat)	S702
Fiber, total dietary	S702
Iron, Fe	S702
Vitamin B-12	S702
Carbohydrate, by difference	S702
Water	S702
Vitamin A, IU	S702
Vitamin C, total ascorbic acid	S702
Folate, total	S702
Fatty acids, total	S702

NDB No. 08363 Cereals ready-to-eat, QUAKER, KRETSCHMER Toasted Wheat Bran

monounsaturated	
Calcium, Ca	S702
Sodium, Na	S702
Copper, Cu	S702
Manganese, Mn	S702
Vitamin B-6	S702
Fatty acids, total saturated	S702
Ash	S702
Energy	S702
Fatty acids, total polyunsaturated	S702
Potassium, K	S702
Niacin	S702
Pantothenic acid	S702
Phosphorus, P	S702
Zinc, Zn	S702

NDB No. 08365 Cereals ready-to-eat, QUAKER, Shredded Wheat, bagged cereal

Vitamin A, IU	S702
Thiamin	S702
Vitamin B-6	S702
Protein	S702
Manganese, Mn	S702
Riboflavin	S702
Water	S702
Fiber, total dietary	S702
Copper, Cu	S702
Niacin	S702
Ash	S702
Calcium, Ca	S702
Fatty acids, total monounsaturated	S702
Total lipid (fat)	S702
Carbohydrate, by difference	S702
Iron, Fe	S702
Sodium, Na	S702
Pantothenic acid	S702
Phosphorus, P	S702

NDB No. 08365 Cereals ready-to-eat, QUAKER, Shredded Wheat, bagged cereal

Folate, total	S702
Energy	S702
Potassium, K	S702
Vitamin D	S702
Vitamin C, total ascorbic acid	S702
Vitamin B-12	S702
Fatty acids, total polyunsaturated	S702
Magnesium, Mg	S702
Zinc, Zn	S702
Cholesterol	S702
Fatty acids, total saturated	S702

NDB No. 08366 Cereals ready-to-eat, QUAKER, KRETSCHMER Wheat Germ, Regular

Potassium, K	S702
Thiamin	S702
Folate, total	S702
Protein	S702
Copper, Cu	S702
Carbohydrate, by difference	S702
Ash	S702
Cholesterol	S702
Water	S702
Magnesium, Mg	S702
Manganese, Mn	S702
Total lipid (fat)	S702
Energy	S702
Fiber, total dietary	S702
Iron, Fe	S702
Sodium, Na	S702
Zinc, Zn	S702
Phosphorus, P	S702
Vitamin D	S702
Pantothenic acid	S702
Fatty acids, total saturated	S702
Calcium, Ca	S702
Vitamin C, total ascorbic acid	S702

NDB No. 08366 Cereals ready-to-eat, QUAKER, KRETSCHMER Wheat Germ, Regular

Riboflavin	S702
Niacin	S702
Vitamin B-6	S702
Fatty acids, total monounsaturated	S702
Fatty acids, total polyunsaturated	S702
Vitamin A, IU	S702
Vitamin B-12	S702

NDB No. 08376 Cereals ready-to-eat, KELLOGG, KELLOGG'S MARSHMALLOW FROOT LOOPS

Ash	S4561
Magnesium, Mg	S6541
Sodium, Na	S6541
Vitamin A, IU	S6541
Vitamin B-6	S6541
Vitamin B-12	S6541
Fatty acids, total saturated	S6541
Total lipid (fat)	S6541
Sugars, total	S6541
Potassium, K	S6541
Carbohydrate, by difference	S6541
Water	S4561
Fatty acids, total monounsaturated	S6541
Fatty acids, total polyunsaturated	S6541
Protein	S6541
Fiber, total dietary	S6541
Phosphorus, P	S6541
Vitamin C, total ascorbic acid	S6541
Folate, total	S6541
Calcium, Ca	S6541
Thiamin	S6541
Riboflavin	S6541
Niacin	S6541
Energy	S6541
Zinc, Zn	S4561
Vitamin D	S6541

NDB No. 08376 Cereals ready-to-eat, KELLOGG, KELLOGG'S MARSHMALLOW FROOT LOOPS

Cholesterol	S4561
Fatty acids, total trans	S6541
Iron, Fe	S6541

NDB No. 08379 Cereals ready-to-eat, KELLOGG, KELLOGG'S Puffed Wheat

Ash	S4561
Vitamin A, IU	S4561
Fatty acids, total polyunsaturated	S4561
Vitamin C, total ascorbic acid	S4561
Fatty acids, total trans	S4561
Fatty acids, total saturated	S4561
Calcium, Ca	S4561
Sugars, total	S4561
Sodium, Na	S4561
Carbohydrate, by difference	S4561
Energy	S4561
Phosphorus, P	S4561
Potassium, K	S4561
Protein	S4561
Total lipid (fat)	S4561
Fatty acids, total monounsaturated	S4561
Fiber, total dietary	S4561
Cholesterol	S4561
Water	S4561
Iron, Fe	S4561

NDB No. 08380 Cereals ready-to-eat, KELLOGG, KELLOGG'S, RAISIN BRAN CRUNCH

Water	S2664
Folate, total	S2664
Protein	S2664
Carbohydrate, by difference	S2664
Energy	S2664
Magnesium, Mg	S2664
Riboflavin	S2664
Sugars, total	S2664

NDB No. 08380 Cereals ready-to-eat, KELLOGG, KELLOGG'S, RAISIN BRAN CRUNCH

Sodium, Na	S2664
Copper, Cu	S2664
Vitamin A, IU	S2664
Vitamin C, total ascorbic acid	S2664
Ash	S2664
Zinc, Zn	S2664
Niacin	S2664
Fatty acids, total monounsaturated	S2664
Fatty acids, total polyunsaturated	S2664
Total lipid (fat)	S2664
Phosphorus, P	S2664
Vitamin B-6	S2664
Vitamin B-12	S2664
Cholesterol	S2664
Fiber, total dietary	S2664
Calcium, Ca	S2664
Potassium, K	S2664
Fatty acids, total saturated	S2664
Iron, Fe	S2664
Vitamin D	S2664
Thiamin	S2664
Fatty acids, total trans	S2664

NDB No. 08383 Cereals ready-to-eat, KELLOGG, KELLOGG'S SPECIAL K RED BERRIES

Protein	S2664
Carbohydrate, by difference	S2664
Sodium, Na	S2664
Vitamin A, IU	S2664
Niacin	S2664
Calcium, Ca	S2664
Zinc, Zn	S2664
Riboflavin	S2664
Vitamin B-6	S2664
Fatty acids, total saturated	S2664
Fatty acids, total monounsaturated	S2664

NDB No. 08383 Cereals ready-to-eat, KELLOGG, KELLOGG'S SPECIAL K RED BERRIES

Ash	S2664
Copper, Cu	S2664
Sugars, total	S2664
Phosphorus, P	S2664
Vitamin E (alpha-tocopherol)	S2664
Folate, total	S2664
Choline, total	S4001
Fatty acids, total trans	S2664
Total lipid (fat)	S2664
Potassium, K	S2664
Selenium, Se	S2664
Fiber, total dietary	S2664
Iron, Fe	S2664
Vitamin C, total ascorbic acid	S2664
Vitamin B-12	S2664
Cholesterol	S2664
Water	S2664
Magnesium, Mg	S2664
Thiamin	S2664
Energy	S2664
Betaine	S4001
Fatty acids, total polyunsaturated	S2664

NDB No. 08384 Cereals ready-to-eat, KELLOGG, KELLOGG'S Shredded Wheat Miniatures

Cholesterol	S2664
Protein	S4561
Total lipid (fat)	S4561
Energy	S4561
Riboflavin	S4561
Carbohydrate, by difference	S4561
Water	S4561
Calcium, Ca	S4561
Phosphorus, P	S4561
Potassium, K	S4561
Niacin	S4561
Folate, total	S4561

NDB No. 08384 Cereals ready-to-eat, KELLOGG, KELLOGG'S Shredded Wheat Miniatures

Fatty acids, total polyunsaturated	S2664
Ash	S4561
Sugars, total	S4561
Copper, Cu	S4561
Fiber, total dietary	S4561
Iron, Fe	S4561
Sodium, Na	S4561
Zinc, Zn	S4561
Thiamin	S4561
Fatty acids, total trans	S2664
Fatty acids, total saturated	S2664
Vitamin B-6	S4561
Fatty acids, total monounsaturated	S2664

NDB No. 08386 Cereals ready-to-eat, KASHI GOLEAN CRUNCH!

Protein	S2664
Ash	S2664
Sodium, Na	S2664
Copper, Cu	S2664
Iron, Fe	S2664
Phosphorus, P	S2664
Niacin	S2664
Total lipid (fat)	S2664
Fiber, total dietary	S2664
Manganese, Mn	S2664
Vitamin B-6	S2664
Fatty acids, total trans	S2664
Fatty acids, total saturated	S2664
Fatty acids, total polyunsaturated	S2664
Carbohydrate, by difference	S2664
Zinc, Zn	S2664
Vitamin E (alpha-tocopherol)	S2664
Vitamin C, total ascorbic acid	S2664
Magnesium, Mg	S2664
Vitamin A, IU	S2664
Thiamin	S2664

NDB No. 08386 Cereals ready-to-eat, KASHI GOLEAN CRUNCH!

Cholesterol	S2664
Fatty acids, total monounsaturated	S2664
Energy	S2664
Water	S2664
Sugars, total	S2664
Riboflavin	S2664
Calcium, Ca	S2664
Potassium, K	S2664

NDB No. 08387 Cereals ready-to-eat, KASHI HEART TO HEART, Honey Toasted Oat

Sugars, total	S6541
Phosphorus, P	S6541
Potassium, K	S6541
Fatty acids, total saturated	S6541
Fiber, total dietary	S6541
Magnesium, Mg	S6541
Zinc, Zn	S4561
Cholesterol	S4561
Fatty acids, total polyunsaturated	S6541
Calcium, Ca	S6541
Folate, total	S6541
Vitamin B-12	S6541
Fatty acids, total monounsaturated	S6541
Vitamin A, IU	S2664
Vitamin E (alpha-tocopherol)	S4561
Vitamin C, total ascorbic acid	S6541
Protein	S6541
Energy	S6541
Fatty acids, total trans	S4561
Carbohydrate, by difference	S6541
Iron, Fe	S6541
Total lipid (fat)	S6541
Ash	S4561
Water	S4561
Sodium, Na	S6541

NDB No. 08387 Cereals ready-to-eat, KASHI HEART TO HEART, Honey Toasted Oat

Vitamin B-6	S6541

NDB No. 08388 Cereals ready-to-eat, Puffed KASHI

Fiber, total dietary	S6541
Potassium, K	S6541
Cholesterol	S2664
Fatty acids, total saturated	S2664
Water	S2664
Sugars, total	S2664
Niacin	S682
Fatty acids, total polyunsaturated	S2664
Protein	S6541
Total lipid (fat)	S6541
Sodium, Na	S6541
Thiamin	S682
Fatty acids, total monounsaturated	S2664
Carbohydrate, by difference	S6541
Riboflavin	S2664
Fatty acids, total trans	S2664
Energy	S6541
Iron, Fe	S6541
Ash	S2664
Calcium, Ca	S6541
Phosphorus, P	S682

NDB No. 08389 Cereals ready-to-eat, KASHI 7 Whole Grain Honey Puffs

Water	S4561
Vitamin A, IU	S4561
Niacin	S4561
Fatty acids, total trans	S2664
Sugars, total	S4561
Total lipid (fat)	S4561
Phosphorus, P	S2664
Vitamin C, total ascorbic acid	S4561
Carbohydrate, by difference	S4561

NDB No. 08389 Cereals ready-to-eat, KASHI 7 Whole Grain Honey Puffs

Potassium, K	S4561
Fiber, total dietary	S4561
Betaine	S3461
Sodium, Na	S4561
Cholesterol	S2664
Protein	S4561
Choline, total	S3461

NDB No. 08390 Cereals ready-to-eat, KASHI Good Friends

Sodium, Na	S2664
Fatty acids, total trans	S2664
Carbohydrate, by difference	S2664
Water	S2664
Thiamin	S682
Cholesterol	S2664
Fatty acids, total saturated	S2664
Fatty acids, total polyunsaturated	S2664
Total lipid (fat)	S2664
Phosphorus, P	S2664
Vitamin B-6	S682
Fatty acids, total monounsaturated	S2664
Protein	S2664
Ash	S2664
Magnesium, Mg	S2664
Fiber, total dietary	S2664
Calcium, Ca	S2664
Iron, Fe	S2664
Potassium, K	S2664
Riboflavin	S682
Energy	S2664
Sugars, total	S2664
Vitamin A, IU	S2664
Niacin	S682

NDB No. 08393 Cereals ready-to-eat, KASHI GOLEAN

NDB No. 08393 Cereals ready-to-eat, KASHI GOLEAN

Iron, Fe	S6541
Phosphorus, P	S6541
Vitamin B-12	S6541
Total lipid (fat)	S6541
Carbohydrate, by difference	S6541
Water	S2664
Sugars, total	S6541
Fatty acids, total polyunsaturated	S6541
Fiber, total dietary	S6541
Calcium, Ca	S6541
Fatty acids, total monounsaturated	S6541
Ash	S2664
Potassium, K	S6541
Sodium, Na	S6541
Energy	S6541
Magnesium, Mg	S6541
Vitamin C, total ascorbic acid	S6541
Fatty acids, total trans	S6541
Protein	S6541
Niacin	S6541
Vitamin A, IU	S6541
Cholesterol	S6541

NDB No. 08394 Cereals ready-to-eat, QUAKER, MOTHER'S HONEY ROUNDUP

Zinc, Zn	S702
Manganese, Mn	S702
Fatty acids, total monounsaturated	S702
Water	S702
Vitamin D	S702
Pantothenic acid	S702
Protein	S702
Carbohydrate, by difference	S702
Energy	S702
Iron, Fe	S702
Magnesium, Mg	S702

NDB No. 08394 Cereals ready-to-eat, QUAKER, MOTHER'S HONEY ROUNDUP

Sodium, Na	S702
Copper, Cu	S702
Vitamin C, total ascorbic acid	S702
Riboflavin	S702
Ash	S702
Phosphorus, P	S702
Thiamin	S702
Fiber, total dietary	S702
Niacin	S702
Vitamin B-6	S702
Cholesterol	S702
Total lipid (fat)	S702
Potassium, K	S702
Vitamin A, IU	S702
Folate, total	S702
Vitamin B-12	S702
Fatty acids, total polyunsaturated	S702
Calcium, Ca	S702
Fatty acids, total saturated	S702

NDB No. 08395 Cereals ready-to-eat, QUAKER, Honey Nut Oats

Copper, Cu	S702
Manganese, Mn	S702
Folate, total	S702
Energy	S702
Iron, Fe	S702
Phosphorus, P	S702
Thiamin	S702
Niacin	S702
Fatty acids, total saturated	S702
Magnesium, Mg	S702
Zinc, Zn	S702
Vitamin D	S702
Fatty acids, total monounsaturated	S702
Fatty acids, total polyunsaturated	S702
Protein	S702

NDB No. 08395 Cereals ready-to-eat, QUAKER, Honey Nut Oats

Riboflavin	S702
Pantothenic acid	S702
Total lipid (fat)	S702
Carbohydrate, by difference	S702
Sodium, Na	S702
Vitamin B-6	S702
Cholesterol	S702
Ash	S702
Potassium, K	S702
Vitamin A, IU	S702
Fiber, total dietary	S702
Calcium, Ca	S702
Water	S702
Vitamin C, total ascorbic acid	S702
Vitamin B-12	S702

NDB No. 08398 Cereals ready-to-eat, GENERAL MILLS, HARMONY

Total lipid (fat)	S603
Energy	S603
Water	S603
Riboflavin	S603
Niacin	S603
Vitamin B-6	S603
Calcium, Ca	S603
Vitamin A, IU	S603
Vitamin C, total ascorbic acid	S603
Vitamin B-12	S603
Sodium, Na	S603
Copper, Cu	S603
Thiamin	S603
Fiber, total dietary	S603
Zinc, Zn	S603
Cholesterol	S603
Fatty acids, total saturated	S603
Protein	S603
Iron, Fe	S603

NDB No. 08398 Cereals ready-to-eat, GENERAL MILLS, HARMONY

Vitamin D	S603
Carbohydrate, by difference	S603
Ash	S603
Magnesium, Mg	S603
Phosphorus, P	S603
Potassium, K	S603
Folate, total	S603

NDB No. 08400 Cereals ready-to-eat, Cranberry Macadamia Nut Cereal

Iron, Fe	S881
Copper, Cu	S881
Manganese, Mn	S881
Vitamin D	S881
Vitamin C, total ascorbic acid	S881
Vitamin B-6	S881
Sodium, Na	S881
Riboflavin	S881
Water	S881
Magnesium, Mg	S881
Energy	S881
Selenium, Se	S881
Fatty acids, total saturated	S881
Protein	S881
Carbohydrate, by difference	S881
Ash	S881
Zinc, Zn	S881
Vitamin A, IU	S881
Sugars, total	S881
Phosphorus, P	S881
Potassium, K	S881
Niacin	S881
Pantothenic acid	S881
Fatty acids, total polyunsaturated	S881
Calcium, Ca	S881
Fatty acids, total monounsaturated	S881
Total lipid (fat)	S881

NDB No. 08400 Cereals ready-to-eat, Cranberry Macadamia Nut Cereal

Fiber, total dietary	S881
Thiamin	S881
Folate, total	S881
Vitamin B-12	S881

NDB No. 08402 Cereals, QUAKER, Quick Oats, Dry

Total lipid (fat)	S702
Ash	S702
Potassium, K	S702
Niacin	S702
Vitamin B-12	S702
Protein	S702
Carbohydrate, by difference	S702
Water	S702
Manganese, Mn	S702
Magnesium, Mg	S702
Pantothenic acid	S702
Iron, Fe	S702
Vitamin D	S702
Thiamin	S702
Sugars, total	S702
Sodium, Na	S702
Copper, Cu	S702
Vitamin A, IU	S702
Vitamin C, total ascorbic acid	S702
Riboflavin	S702
Energy	S702
Fiber, total dietary	S702
Calcium, Ca	S702
Vitamin B-6	S702
Phosphorus, P	S702
Zinc, Zn	S702
Cholesterol	S702

NDB No. 08409 Cereals ready-to-eat, MALT-O-MEAL, Frosted Flakes

Protein	S2502

NDB No. 08409 Cereals ready-to-eat, MALT-O-MEAL, Frosted Flakes

Energy	S2502
Vitamin D	S2502
Niacin	S2502
Carbohydrate, by difference	S2502
Riboflavin	S2502
Vitamin C, total ascorbic acid	S2502
Thiamin	S2502
Folic acid	S2502
Water	S2502
Fiber, total dietary	S2502
Vitamin A, IU	S2502
Fatty acids, total saturated	S2502
Ash	S2502
Iron, Fe	S2502
Vitamin B-12	S2502
Fatty acids, total polyunsaturated	S2502
Fatty acids, total monounsaturated	S2502
Sugars, total	S2502
Potassium, K	S2502
Sodium, Na	S2502
Vitamin B-6	S2502

NDB No. 08410 Cereals, QUAKER, Instant Oatmeal, Cinnamon-Spice, dry

Total lipid (fat)	S702
Fiber, total dietary	S702
Magnesium, Mg	S702
Copper, Cu	S702
Vitamin C, total ascorbic acid	S702
Vitamin A, IU	S702
Vitamin D	S702
Pantothenic acid	S702
Fatty acids, total polyunsaturated	S702
Protein	S702
Calcium, Ca	S702
Sodium, Na	S702
Water	S702

NDB No. 08410 Cereals, QUAKER, Instant Oatmeal, Cinnamon-Spice, dry

Iron, Fe	S702
Potassium, K	S702
Carotene, beta	S702
Thiamin	S702
Riboflavin	S702
Ash	S702
Zinc, Zn	S702
Selenium, Se	S702
Niacin	S702
Fatty acids, total saturated	S702
Carbohydrate, by difference	S702
Sugars, total	S702
Folate, total	S702
Cholesterol	S702
Energy	S702
Vitamin B-12	S702
Phosphorus, P	S702
Manganese, Mn	S702
Vitamin B-6	S702
Fatty acids, total monounsaturated	S702

NDB No. 08411 Cereals, QUAKER, Instant Oatmeal, DINOSAUR EGGS with "DINOSAUR BONES", Brown Sugar Cinnamon, dry

Fiber, total dietary	S702
Sodium, Na	S702
Total lipid (fat)	S702
Copper, Cu	S702
Thiamin	S702
Vitamin B-6	S702
Protein	S702
Vitamin A, IU	S702
Folate, total	S702
Carbohydrate, by difference	S702
Phosphorus, P	S702
Ash	S702
Energy	S702

NDB No. 08411 Cereals, QUAKER, Instant Oatmeal, DINOSAUR EGGS with "DINOSAUR BONES", Brown Sugar Cinnamon, dry

Zinc, Zn	S702
Riboflavin	S702
Sugars, total	S702
Niacin	S702
Vitamin B-12	S702
Cholesterol	S702
Iron, Fe	S702
Manganese, Mn	S702
Vitamin D	S702
Vitamin C, total ascorbic acid	S702
Pantothenic acid	S702
Water	S702
Calcium, Ca	S702
Magnesium, Mg	S702
Potassium, K	S702

NDB No. 08414 Cereals, QUAKER, Instant Oatmeal EXPRESS, Golden Brown Sugar, dry

Copper, Cu	S702
Riboflavin	S702
Iron, Fe	S702
Potassium, K	S702
Vitamin B-12	S702
Sodium, Na	S702
Vitamin C, total ascorbic acid	S702
Water	S702
Vitamin A, IU	S702
Niacin	S702
Vitamin B-6	S702
Folate, total	S702
Ash	S702
Zinc, Zn	S702
Manganese, Mn	S702
Protein	S702
Carbohydrate, by difference	S702
Energy	S702
Sugars, total	S702

NDB No. 08414 Cereals, QUAKER, Instant Oatmeal EXPRESS, Golden Brown Sugar, dry

Fiber, total dietary	S702
Calcium, Ca	S702
Magnesium, Mg	S702
Phosphorus, P	S702
Thiamin	S702
Pantothenic acid	S702
Cholesterol	S702
Total lipid (fat)	S702
Vitamin D	S702

NDB No. 08417 Cereals, QUAKER, Instant Oatmeal, Banana Bread, dry

Ash	S702
Potassium, K	S702
Vitamin B-12	S702
Fiber, total dietary	S702
Iron, Fe	S702
Carbohydrate, by difference	S702
Sugars, total	S702
Copper, Cu	S702
Vitamin B-6	S702
Water	S702
Manganese, Mn	S702
Vitamin A, IU	S702
Thiamin	S702
Riboflavin	S702
Pantothenic acid	S702
Folate, total	S702
Magnesium, Mg	S702
Sodium, Na	S702
Vitamin D	S702
Phosphorus, P	S702
Cholesterol	S702
Energy	S702
Calcium, Ca	S702
Vitamin C, total ascorbic acid	S702
Protein	S702

NDB No. 08417 Cereals, QUAKER, Instant Oatmeal, Banana Bread, dry

Total lipid (fat)	S702
Zinc, Zn	S702
Niacin	S702

NDB No. 08418 Cereals, QUAKER, Instant Oatmeal EXPRESS, Baked Apple, dry

Carbohydrate, by difference	S702
Magnesium, Mg	S702
Phosphorus, P	S702
Vitamin B-6	S702
Protein	S702
Energy	S702
Iron, Fe	S702
Pantothenic acid	S702
Manganese, Mn	S702
Water	S702
Niacin	S702
Total lipid (fat)	S702
Ash	S702
Calcium, Ca	S702
Sodium, Na	S702
Copper, Cu	S702
Vitamin B-12	S702
Fiber, total dietary	S702
Potassium, K	S702
Cholesterol	S702
Sugars, total	S702
Vitamin A, IU	S702
Vitamin D	S702
Vitamin C, total ascorbic acid	S702
Zinc, Zn	S702
Thiamin	S702
Riboflavin	S702
Folate, total	S702

NDB No. 08419 Cereals, QUAKER, Instant Oatmeal EXPRESS Cinnamon Roll, Dry

Protein	S702

NDB No. 08419 Cereals, QUAKER, Instant Oatmeal EXPRESS Cinnamon Roll, Dry

Total lipid (fat)	S702
Copper, Cu	S702
Vitamin B-12	S702
Fatty acids, total polyunsaturated	S702
Fatty acids, total saturated	S702
Fatty acids, total monounsaturated	S702
Iron, Fe	S702
Phosphorus, P	S702
Thiamin	S702
Cholesterol	S702
Fiber, total dietary	S702
Magnesium, Mg	S702
Carotene, beta	S702
Vitamin C, total ascorbic acid	S702
Carbohydrate, by difference	S702
Energy	S702
Vitamin A, IU	S702
Riboflavin	S702
Niacin	S702
Pantothenic acid	S702
Vitamin B-6	S702
Ash	S702
Water	S702
Calcium, Ca	S702
Zinc, Zn	S702
Sugars, total	S702
Potassium, K	S702
Sodium, Na	S702
Manganese, Mn	S702
Vitamin D	S702
Folate, total	S702

NDB No. 08435 Cereals ready-to-eat, UNCLE SAM CEREAL

Protein	S1065
Fructose	S1065

NDB No. 08435 Cereals ready-to-eat, UNCLE SAM CEREAL

Selenium, Se	S1065
10:0	S1065
20:4 undifferentiated	S1065
22:5 n-3 (DPA)	S1065
Glucose (dextrose)	S1065
Lactose	S1065
Maltose	S1065
Iron, Fe	S1065
Magnesium, Mg	S1065
Copper, Cu	S1065
20:0	S1065
15:1	S1065
Total lipid (fat)	S1065
Water	S1065
Potassium, K	S1065
Niacin	S1065
12:0	S1065
18:0	S1065
18:3 undifferentiated	S1065
22:6 n-3 (DHA)	S1065
17:0	S1065
24:0	S1065
Ash	S1065
Fiber, total dietary	S1065
Sodium, Na	S1065
Folate, total	S1065
14:0	S1065
16:0	S1065
Calcium, Ca	S1065
Zinc, Zn	S1065
Manganese, Mn	S1065
Vitamin C, total ascorbic acid	S1065
16:1 undifferentiated	S1065
15:0	S1065
20:3 undifferentiated	S1065
Dihydrophylloquinone	S1065
8:0	S1065

NDB No. 08435 Cereals ready-to-eat, UNCLE SAM CEREAL

18:1 undifferentiated	S1065
22:1 undifferentiated	S1065
Phosphorus, P	S1065
Thiamin	S1065
Vitamin B-6	S1065
18:2 undifferentiated	S1065
20:1	S1065
20:5 n-3 (EPA)	S1065
20:2 n-6 c,c	S1065
17:1	S1065
Sucrose	S1065
Riboflavin	S1065
Pantothenic acid	S1065
Vitamin B-12	S1065
Vitamin K (phylloquinone)	S1065
22:0	S1065
14:1	S1065
18:4	S1065

NDB No. 08436 Cereals, QUAKER, Instant Oatmeal, Raisin and Spice, dry

Fiber, total dietary	S702
Sodium, Na	S702
Zinc, Zn	S702
Vitamin D	S702
Niacin	S702
Fatty acids, total saturated	S702
Potassium, K	S702
Riboflavin	S702
Vitamin B-6	S702
Thiamin	S702
Cholesterol	S702
Protein	S702
Total lipid (fat)	S702
Vitamin A, IU	S702
Vitamin B-12	S702
Manganese, Mn	S702

NDB No. 08436 Cereals, QUAKER, Instant Oatmeal, Raisin and Spice, dry

Fatty acids, total monounsaturated	S702
Fatty acids, total polyunsaturated	S702
Calcium, Ca	S702
Iron, Fe	S702
Copper, Cu	S702
Vitamin C, total ascorbic acid	S702
Energy	S702
Water	S702
Magnesium, Mg	S702
Phosphorus, P	S702
Folate, total	S702
Carbohydrate, by difference	S702
Ash	S702
Pantothenic acid	S702

NDB No. 08444 Cereals, QUAKER, Instant Grits Product with Redeye Gravy and Imitation Ham Bits, Dry

Carbohydrate, by difference	S702
Calcium, Ca	S702
Selenium, Se	S702
Vitamin B-12	S702
Total lipid (fat)	S702
Sodium, Na	S702
Vitamin A, IU	S702
Thiamin	S702
Vitamin B-6	S702
Fiber, total dietary	S702
Phosphorus, P	S702
Vitamin D	S702
Vitamin C, total ascorbic acid	S702
Niacin	S702
Cholesterol	S702
Fatty acids, total monounsaturated	S702
Ash	S702
Fatty acids, total polyunsaturated	S702
Protein	S702

NDB No. 08444 Cereals, QUAKER, Instant Grits Product with Redeye Gravy and Imitation Ham Bits, Dry

Zinc, Zn	S702
Copper, Cu	S702
Magnesium, Mg	S702
Riboflavin	S702
Pantothenic acid	S702
Energy	S702
Iron, Fe	S702
Potassium, K	S702
Folate, total	S702
Fatty acids, total saturated	S702
Water	S702
Manganese, Mn	S702

NDB No. 08446 Cereals, QUAKER, Mother's Instant Oatmeal (Non-Fortified), Dry

Magnesium, Mg	S702
Phosphorus, P	S702
Manganese, Mn	S702
Fatty acids, total polyunsaturated	S702
Iron, Fe	S702
Riboflavin	S702
Folate, total	S702
Energy	S702
Potassium, K	S702
Thiamin	S702
Fatty acids, total saturated	S702
Protein	S702
Sodium, Na	S702
Total lipid (fat)	S702
Carbohydrate, by difference	S702
Ash	S702
Water	S702
Sugars, total	S702
Calcium, Ca	S702
Copper, Cu	S702
Vitamin A, IU	S702
Vitamin C, total ascorbic acid	S702

NDB No. 08446 Cereals, QUAKER, Mother's Instant Oatmeal (Non-Fortified), Dry

Niacin	S702
Pantothenic acid	S702
Vitamin B-6	S702
Vitamin B-12	S702
Fatty acids, total monounsaturated	S702
Fiber, total dietary	S702
Zinc, Zn	S702
Vitamin D	S702
Cholesterol	S702

NDB No. 08448 Cereals, QUAKER, Instant Grits Product with Imitation Bacon Bits and Cheddar Flavor, Dry

Phosphorus, P	S702
Carbohydrate, by difference	S702
Energy	S702
Vitamin A, IU	S702
Vitamin C, total ascorbic acid	S702
Fatty acids, total polyunsaturated	S702
Niacin	S702
Cholesterol	S702
Fatty acids, total monounsaturated	S702
Manganese, Mn	S702
Selenium, Se	S702
Fatty acids, total saturated	S702
Ash	S702
Calcium, Ca	S702
Potassium, K	S702
Sodium, Na	S702
Copper, Cu	S702
Vitamin D	S702
Vitamin B-6	S702
Folate, total	S702
Total lipid (fat)	S702
Sugars, total	S702
Magnesium, Mg	S702
Zinc, Zn	S702

NDB No. 08448 Cereals, QUAKER, Instant Grits Product with Imitation Bacon Bits and Cheddar Flavor, Dry

Pantothenic acid	S702
Water	S702
Fiber, total dietary	S702
Iron, Fe	S702
Thiamin	S702
Vitamin B-12	S702
Protein	S702
Riboflavin	S702

NDB No. 08449 Cereals, QUAKER, Instant Grits Product with American Cheese Flavor, Dry

Total lipid (fat)	S702
Water	S702
Sugars, total	S702
Vitamin A, IU	S702
Vitamin B-12	S702
Fatty acids, total saturated	S702
Fatty acids, total monounsaturated	S702
Fiber, total dietary	S702
Magnesium, Mg	S702
Sodium, Na	S702
Cholesterol	S702
Copper, Cu	S702
Folate, total	S702
Fatty acids, total polyunsaturated	S702
Protein	S702
Ash	S702
Calcium, Ca	S702
Zinc, Zn	S702
Manganese, Mn	S702
Carbohydrate, by difference	S702
Energy	S702
Selenium, Se	S702
Vitamin D	S702
Vitamin B-6	S702
Iron, Fe	S702
Potassium, K	S702

NDB No. 08449 Cereals, QUAKER, Instant Grits Product with American Cheese Flavor, Dry

Vitamin C, total ascorbic acid	S702
Phosphorus, P	S702
Thiamin	S702
Riboflavin	S702
Niacin	S702
Pantothenic acid	S702

NDB No. 08450 Cereals, QUAKER, Instant Grits Product--Ham 'n' Cheese

Iron, Fe	S702
Magnesium, Mg	S702
Riboflavin	S702
Cholesterol	S702
Fatty acids, total saturated	S702
Fiber, total dietary	S702
Manganese, Mn	S702
Calcium, Ca	S702
Vitamin C, total ascorbic acid	S702
Fatty acids, total monounsaturated	S702
Carbohydrate, by difference	S702
Ash	S702
Phosphorus, P	S702
Sodium, Na	S702
Vitamin D	S702
Thiamin	S702
Total lipid (fat)	S702
Pantothenic acid	S702
Fatty acids, total polyunsaturated	S702
Energy	S702
Potassium, K	S702
Zinc, Zn	S702
Folate, total	S702
Vitamin B-12	S702
Protein	S702
Copper, Cu	S702
Selenium, Se	S702
Vitamin A, IU	S702

NDB No. 08450 Cereals, QUAKER, Instant Grits Product--Ham 'n' Cheese

Water	S702
Niacin	S702
Vitamin B-6	S702

NDB No. 08458 Cereals ready-to-eat, KELLOGG'S, FRUIT HARVEST Strawberry/Blueberry

Fatty acids, total saturated	S2664
Energy	S4561
Potassium, K	S4561
Vitamin A, IU	S4561
Thiamin	S4561
Fatty acids, total polyunsaturated	S2664
Total lipid (fat)	S4561
Sugars, total	S4561
Calcium, Ca	S4561
Vitamin C, total ascorbic acid	S4561
Niacin	S4561
Cholesterol	S2664
Protein	S4561
Carbohydrate, by difference	S4561
Ash	S4561
Fatty acids, total monounsaturated	S2664
Fiber, total dietary	S4561
Magnesium, Mg	S4561
Vitamin B-12	S4561
Fatty acids, total trans	S2664
Sodium, Na	S4561
Zinc, Zn	S4561
Vitamin D	S4561
Riboflavin	S4561
Iron, Fe	S4561
Vitamin B-6	S4561
Water	S4561
Phosphorus, P	S4561
Folate, total	S4561

NDB No. 08459 Cereals ready-to-eat, KELLOGG'S, FROSTED MINI-WHEATS, Maple & Brown Sugar, Bite Size

Total lipid (fat)	S2664
Fiber, total dietary	S2664
Magnesium, Mg	S2664
Phosphorus, P	S2664
Carbohydrate, by difference	S2664
Niacin	S2664
Zinc, Zn	S2664
Folate, total	S2664
Vitamin B-12	S2664
Protein	S2664
Cholesterol	S2664
Ash	S2664
Thiamin	S2664
Vitamin B-6	S2664
Water	S2664
Sodium, Na	S2664
Fatty acids, total monounsaturated	S2664
Energy	S2664
Calcium, Ca	S2664
Iron, Fe	S2664
Potassium, K	S2664
Sugars, total	S2664
Riboflavin	S2664
Fatty acids, total trans	S2664
Fatty acids, total saturated	S2664
Fatty acids, total polyunsaturated	S2664

NDB No. 08461 Cereals ready-to-eat, KASHI, CINNA-RAISIN CRUNCH

Total lipid (fat)	S2664
Iron, Fe	S2664
Magnesium, Mg	S2664
Vitamin A, IU	S2664
Cholesterol	S2664
Fatty acids, total monounsaturated	S2664
Ash	S2664

NDB No. 08461 Cereals ready-to-eat, KASHI, CINNA-RAISIN CRUNCH

Water	S2664
Phosphorus, P	S2664
Energy	S2664
Zinc, Zn	S2664
Fatty acids, total polyunsaturated	S2664
Protein	S2664
Fiber, total dietary	S2664
Calcium, Ca	S2664
Sodium, Na	S2664
Fatty acids, total saturated	S2664
Sugars, total	S2664
Potassium, K	S2664
Carbohydrate, by difference	S2664
Fatty acids, total trans	S2664

NDB No. 08462 Cereals ready-to-eat, KASHI, ORGANIC PROMISE Autumn Wheat

Sodium, Na	S4561
Carbohydrate, by difference	S4561
Water	S4561
Ash	S4561
Total lipid (fat)	S4561
Energy	S4561
Iron, Fe	S4561
Phosphorus, P	S2664
Cholesterol	S4561
Protein	S4561
Sugars, total	S4561
Calcium, Ca	S4561
Magnesium, Mg	S2664
Vitamin C, total ascorbic acid	S4561
Fiber, total dietary	S4561
Potassium, K	S4561
Vitamin A, IU	S4561
Zinc, Zn	S2664
Fatty acids, total trans	S4561

NDB No. 08463 Cereals ready-to-eat, KASHI ORGANIC PROMISE STRAWBERRY FIELDS

Protein	S4561
Energy	S4561
Iron, Fe	S4561
Fatty acids, total trans	S4561
Fatty acids, total saturated	S4561
Water	S4561
Vitamin A, IU	S4561
Fatty acids, total polyunsaturated	S4561
Calcium, Ca	S4561
Cholesterol	S4561
Fiber, total dietary	S4561
Potassium, K	S4561
Fatty acids, total monounsaturated	S4561
Carbohydrate, by difference	S4561
Ash	S4561
Sugars, total	S4561
Sodium, Na	S4561
Vitamin C, total ascorbic acid	S4561
Total lipid (fat)	S4561

NDB No. 08468 Cereals ready-to-eat, KELLOGG'S, Reduced Sugar FROOT LOOPS

Protein	S6541
Calcium, Ca	S4561
Folate, total	S6541
Sugars, total	S6541
Fiber, total dietary	S6541
Thiamin	S6541
Riboflavin	S6541
Fatty acids, total trans	S6541
Iron, Fe	S6541
Magnesium, Mg	S6541
Phosphorus, P	S6541
Zinc, Zn	S4561
Vitamin B-12	S6541
Fatty acids, total saturated	S6541
Carbohydrate, by difference	S6541

NDB No. 08468 Cereals ready-to-eat, KELLOGG'S, Reduced Sugar FROOT LOOPS

Energy	S4561
Sodium, Na	S6541
Vitamin A, IU	S6541
Vitamin B-6	S6541
Potassium, K	S6541
Vitamin D	S6541
Vitamin C, total ascorbic acid	S6541
Total lipid (fat)	S6541
Ash	S4561
Water	S4561
Niacin	S6541
Cholesterol	S6541
Fatty acids, total monounsaturated	S6541
Fatty acids, total polyunsaturated	S6541

NDB No. 08469 Cereals ready-to-eat, KELLOGG'S, Reduced Sugar Frosted Flakes Cereal

Carbohydrate, by difference	S2664
Ash	S2664
Phosphorus, P	S2664
Fatty acids, total trans	S2664
Fatty acids, total polyunsaturated	S2664
Energy	S2664
Riboflavin	S2664
Protein	S2664
Total lipid (fat)	S2664
Water	S2664
Folate, total	S2664
Fiber, total dietary	S2664
Iron, Fe	S2664
Niacin	S2664
Vitamin B-12	S2664
Cholesterol	S2664
Calcium, Ca	S2664
Potassium, K	S2664
Sodium, Na	S2664
Thiamin	S2664

NDB No. 08469 Cereals ready-to-eat, KELLOGG'S, Reduced Sugar Frosted Flakes Cereal

Fatty acids, total monounsaturated	S2664
Vitamin D	S2664
Vitamin B-6	S2664
Fatty acids, total saturated	S2664
Sugars, total	S2664
Magnesium, Mg	S2664
Vitamin C, total ascorbic acid	S2664

NDB No. 08471 Cereals ready-to-eat, KELLOGG'S, SPECIAL K Low Carb Lifestyle Protein Plus

Total lipid (fat)	S4561
Vitamin A, IU	S4561
Thiamin	S4561
Riboflavin	S4561
Cholesterol	S4561
Carbohydrate, by difference	S4561
Sugars, total	S4561
Iron, Fe	S4561
Potassium, K	S4561
Water	S4561
Phosphorus, P	S4561
Sodium, Na	S4561
Zinc, Zn	S4561
Manganese, Mn	S4561
Folate, total	S4561
Ash	S4561
Magnesium, Mg	S4561
Vitamin B-6	S4561
Fatty acids, total polyunsaturated	S4561
Fiber, total dietary	S4561
Copper, Cu	S4561
Fatty acids, total monounsaturated	S4561
Selenium, Se	S4561
Vitamin C, total ascorbic acid	S4561
Fatty acids, total trans	S4561
Protein	S4561

NDB No. 08471 Cereals ready-to-eat, KELLOGG'S, SPECIAL K Low Carb Lifestyle Protein Plus

Energy	S4561
Niacin	S4561
Calcium, Ca	S4561
Vitamin E (alpha-tocopherol)	S4561
Vitamin B-12	S4561
Fatty acids, total saturated	S4561

NDB No. 08476 Cereals ready-to-eat, MALT-O-MEAL, Honey BUZZERS

Carbohydrate, by difference	S2502
Magnesium, Mg	S2502
Sodium, Na	S2502
Vitamin D	S2502
Vitamin B-12	S2502
Potassium, K	S2502
Protein	S2502
Phosphorus, P	S2502
Vitamin B-6	S2502
Fatty acids, total monounsaturated	S2502
Energy	S2502
Water	S2502
Vitamin A, IU	S2502
Riboflavin	S2502
Calcium, Ca	S2502
Iron, Fe	S2502
Niacin	S2502
Cholesterol	S2502
Fatty acids, total saturated	S2502
Zinc, Zn	S2502
Vitamin C, total ascorbic acid	S2502
Thiamin	S2502
Fatty acids, total trans	S2502
Ash	S2502
Sugars, total	S2502
Fiber, total dietary	S2502
Folic acid	S2502
Fatty acids, total polyunsaturated	S2502

NDB No. 08478 Cereals ready-to-eat, MALT-O-MEAL, GOLDEN PUFFS

Vitamin B-12	S3774
Methionine	S3774
Aspartic acid	S3774
Glycine	S3774
10:0	S3774
18:0	S3774
Total lipid (fat)	S3774
Sucrose	S3774
Maltose	S3774
Zinc, Zn	S3774
Isoleucine	S3774
Glutamic acid	S3774
Serine	S3774
14:1	S3774
17:1	S3774
18:3 n-3 c,c,c (ALA)	S3774
Starch	S3774
Water	S3774
Thiamin	S3774
Pantothenic acid	S3774
Vitamin B-6	S3774
Proline	S3774
20:5 n-3 (EPA)	S3774
16:1 t	S3774
18:3 n-6 c,c,c	S3774
20:3 n-3	S3774
Galactose	S3774
Magnesium, Mg	S3774
Potassium, K	S3774
Sodium, Na	S3774
Copper, Cu	S3774
Lysine	S3774
Phenylalanine	S3774
12:0	S3774
20:4 undifferentiated	S3774
22:1 t	S3774
20:2 n-6 c,c	S3774

NDB No. 08478 Cereals ready-to-eat, MALT-O-MEAL, GOLDEN PUFFS

15:1	S3774
Energy	S2502
Fructose	S3774
Retinol	S3774
Threonine	S3774
18:4	S3774
18:1 c	S3774
Glucose (dextrose)	S3774
Lactose	S3774
Sugars, total	S3774
Iron, Fe	S3774
Phosphorus, P	S3774
Vitamin C, total ascorbic acid	S3774
Niacin	S3774
Cystine	S3774
Valine	S3774
Alanine	S3774
8:0	S3774
22:0	S3774
22:5 n-3 (DPA)	S3774
17:0	S3774
18:1 t	S3774
18:2 CLAs	S3774
18:2 n-6 c,c	S3774
20:3 n-6	S3774
Protein	S3774
Fiber, total dietary	S3774
Calcium, Ca	S3774
Manganese, Mn	S3774
Vitamin D	S2502
Folic acid	S3774
Tryptophan	S3774
Leucine	S3774
Tyrosine	S3774
Histidine	S3774
6:0	S3774
14:0	S3774

NDB No. 08478 Cereals ready-to-eat, MALT-O-MEAL, GOLDEN PUFFS

16:0	S3774
22:6 n-3 (DHA)	S3774
15:0	S3774
16:1 c	S3774
22:1 c	S3774
Ash	S3774
Selenium, Se	S3774
Riboflavin	S3774
Arginine	S3774
20:0	S3774
20:1	S3774
24:0	S3774
18:2 t not further defined	S3774
24:1 c	S3774
22:4	S3774

NDB No. 08481 Cereals ready-to-eat, Malt-O-Meal Honey Graham Squares

Water	S2502

NDB No. 08483 Cereals ready-to-eat, MALT-O-MEAL, Puffed Wheat Cereal

Energy	S2502
Sodium, Na	S2502
Vitamin A, IU	S2502
Protein	S2502
Ash	S2502
Riboflavin	S2502
Niacin	S2502
Cholesterol	S2502
Fatty acids, total saturated	S2502
Potassium, K	S2502
Carbohydrate, by difference	S2502
Phosphorus, P	S2502
Fatty acids, total polyunsaturated	S2502
Water	S2502
Calcium, Ca	S2502
Fiber, total dietary	S2502

NDB No. 08483 Cereals ready-to-eat, MALT-O-MEAL, Puffed Wheat Cereal

Thiamin	S2502
Fatty acids, total monounsaturated	S2502
Sugars, total	S2502
Iron, Fe	S2502
Vitamin C, total ascorbic acid	S2502

NDB No. 08484 Cereals ready-to-eat, MALT-O-MEAL, Raisin Bran Cereal

Energy	S2502
Calcium, Ca	S2502
Phosphorus, P	S2502
Potassium, K	S2502
Vitamin D	S2502
Thiamin	S2502
Carbohydrate, by difference	S2502
Water	S2502
Vitamin B-6	S2502
Cholesterol	S2502
Sugars, total	S2502
Fatty acids, total monounsaturated	S2502
Protein	S2502
Ash	S2502
Sodium, Na	S2502
Vitamin C, total ascorbic acid	S2502
Folic acid	S2502
Fatty acids, total polyunsaturated	S2502
Vitamin A, IU	S2502
Riboflavin	S2502
Niacin	S2502
Zinc, Zn	S2502
Copper, Cu	S2502
Vitamin B-12	S2502
Fiber, total dietary	S2502
Iron, Fe	S2502
Magnesium, Mg	S2502
Fatty acids, total saturated	S2502

NDB No. 08487 Cereals ready-to-eat, MALT-O-MEAL, Blueberry Muffin Tops Cereal

Magnesium, Mg	S2502
Phosphorus, P	S2502
Sodium, Na	S2502
Copper, Cu	S2502
Vitamin A, IU	S2502
Vitamin B-6	S2502
Folic acid	S2502
Carbohydrate, by difference	S2502
Sugars, total	S2502
Potassium, K	S2502
Vitamin C, total ascorbic acid	S2502
Riboflavin	S2502
Vitamin D	S2502
Ash	S2502
Fiber, total dietary	S2502
Iron, Fe	S2502
Niacin	S2502
Energy	S2502
Zinc, Zn	S2502
Vitamin B-12	S2502
Fatty acids, total monounsaturated	S2502
Protein	S2502
Water	S2502
Calcium, Ca	S2502
Thiamin	S2502
Fatty acids, total saturated	S2502
Fatty acids, total polyunsaturated	S2502

NDB No. 08488 Cereals, MALT-O-MEAL, Farina Hot Wheat Cereal, dry

Ash	S2502
Niacin	S2502
Thiamin	S2502
Fatty acids, total saturated	S2502
Energy	S2502
Iron, Fe	S2502
Fatty acids, total	S2502

NDB No. 08488 Cereals, MALT-O-MEAL, Farina Hot Wheat Cereal, dry

monounsaturated	
Calcium, Ca	S2502
Fatty acids, total polyunsaturated	S2502
Sugars, total	S2502
Potassium, K	S2502
Vitamin C, total ascorbic acid	S2502
Riboflavin	S2502
Cholesterol	S2502
Water	S2502
Fiber, total dietary	S2502
Vitamin B-6	S2502
Protein	S2502
Carbohydrate, by difference	S2502
Sodium, Na	S2502
Vitamin A, IU	S2502
Folic acid	S2502

NDB No. 08489 Cereals ready-to-eat, MALT-O-MEAL, Maple & Brown Sugar Hot Wheat Cereal, dry

Energy	S2502
Water	S2502
Potassium, K	S2502
Sodium, Na	S2502
Vitamin A, IU	S2502
Vitamin C, total ascorbic acid	S2502
Cholesterol	S2502
Fiber, total dietary	S2502
Iron, Fe	S2502
Sugars, total	S2502
Thiamin	S2502
Calcium, Ca	S2502
Fatty acids, total monounsaturated	S2502
Phosphorus, P	S2502
Ash	S2502
Riboflavin	S2502
Fatty acids, total saturated	S2502
Carbohydrate, by difference	S2502

NDB No. 08489 Cereals ready-to-eat, MALT-O-MEAL, Maple & Brown Sugar Hot Wheat Cereal, dry

Folic acid	S2502
Protein	S2502
Niacin	S2502
Vitamin B-6	S2502
Fatty acids, total polyunsaturated	S2502

NDB No. 08491 Cereals ready-to-eat, MALT-O-MEAL, Honey Nut TOASTY O'S Cereal

Folic acid	S2502
Carbohydrate, by difference	S2502
Ash	S2502
Calcium, Ca	S2502
Magnesium, Mg	S2502
Potassium, K	S2502
Sodium, Na	S2502
Zinc, Zn	S2502
Vitamin D	S2502
Niacin	S2502
Vitamin B-6	S2502
Fatty acids, total monounsaturated	S2502
Fatty acids, total polyunsaturated	S2502
Copper, Cu	S2502
Thiamin	S2502
Protein	S2502
Water	S2502
Sugars, total	S2502
Phosphorus, P	S2502
Vitamin A, IU	S2502
Vitamin C, total ascorbic acid	S2502
Energy	S2502
Fiber, total dietary	S2502
Fatty acids, total saturated	S2502
Iron, Fe	S2502
Riboflavin	S2502
Vitamin B-12	S2502

NDB No. 08492 Cereals ready-to-eat, MALT-O-MEAL, Puffed Rice Cereal

Iron, Fe	S2502
Fatty acids, total polyunsaturated	S2502
Water	S2502
Thiamin	S2502
Carbohydrate, by difference	S2502
Phosphorus, P	S2502
Vitamin A, IU	S2502
Vitamin C, total ascorbic acid	S2502
Fatty acids, total saturated	S2502
Fiber, total dietary	S2502
Calcium, Ca	S2502
Niacin	S2502
Cholesterol	S2502
Sodium, Na	S2502
Protein	S2502
Sugars, total	S2502
Riboflavin	S2502
Potassium, K	S2502
Fatty acids, total monounsaturated	S2502
Ash	S2502
Energy	S2502

NDB No. 08493 Cereals ready-to-eat, MALT-O-MEAL, Apple ZINGS

Calcium, Ca	S2502
Zinc, Zn	S2502
Vitamin A, IU	S2502
Niacin	S2502
Potassium, K	S2502
Copper, Cu	S2502
Cholesterol	S2502
Fatty acids, total saturated	S2502
Protein	S2502
Ash	S2502
Fiber, total dietary	S2502
Riboflavin	S2502
Fatty acids, total trans	S2502

NDB No. 08493 Cereals ready-to-eat, MALT-O-MEAL, Apple ZINGS

Sodium, Na	S2502
Thiamin	S2502
Carbohydrate, by difference	S2502
Vitamin D	S2502
Vitamin B-12	S2502
Energy	S2502
Water	S2502
Sugars, total	S2502
Fatty acids, total monounsaturated	S2502
Iron, Fe	S2502
Magnesium, Mg	S2502
Phosphorus, P	S2502
Vitamin C, total ascorbic acid	S2502
Vitamin B-6	S2502
Folic acid	S2502
Fatty acids, total polyunsaturated	S2502

NDB No. 08494 Cereals ready-to-eat, MALT-O-MEAL, CINNAMON TOASTERS

Energy	S2502
Sugars, total	S2502
Magnesium, Mg	S2502
Copper, Cu	S2502
Vitamin B-12	S2502
Calcium, Ca	S2502
Iron, Fe	S2502
Sodium, Na	S2502
Vitamin D	S2502
Thiamin	S2502
Phosphorus, P	S2502
Zinc, Zn	S2502
Water	S2502
Riboflavin	S2502
Fatty acids, total monounsaturated	S2502
Protein	S2502
Fiber, total dietary	S2502

NDB No. 08494 Cereals ready-to-eat, MALT-O-MEAL, CINNAMON TOASTERS

Fatty acids, total saturated	S2502
Ash	S2502
Vitamin B-6	S2502
Folic acid	S2502
Fatty acids, total polyunsaturated	S2502
Carbohydrate, by difference	S2502
Vitamin A, IU	S2502
Vitamin C, total ascorbic acid	S2502
Niacin	S2502
Cholesterol	S2502
Fatty acids, total trans	S2502

NDB No. 08495 Cereals ready-to-eat, MALT-O-MEAL, Cocoa DYNO-BITES

Protein	S2502
Energy	S2502
Sodium, Na	S2502
Fatty acids, total monounsaturated	S2502
Calcium, Ca	S2502
Iron, Fe	S2502
Fatty acids, total trans	S2502
Ash	S2502
Thiamin	S2502
Fiber, total dietary	S2502
Magnesium, Mg	S2502
Potassium, K	S2502
Vitamin D	S2502
Cholesterol	S2502
Phosphorus, P	S2502
Vitamin A, IU	S2502
Vitamin B-6	S2502
Folic acid	S2502
Fatty acids, total saturated	S2502
Water	S2502
Zinc, Zn	S2502
Niacin	S2502
Vitamin B-12	S2502

NDB No. 08495 Cereals ready-to-eat, MALT-O-MEAL, Cocoa DYNO-BITES

Carbohydrate, by difference	S2502
Sugars, total	S2502
Copper, Cu	S2502
Vitamin C, total ascorbic acid	S2502
Riboflavin	S2502
Fatty acids, total polyunsaturated	S2502

NDB No. 08500 Cereals ready-to-eat, MALT-O-MEAL, Frosted Mini SPOONERS

Protein	S2502
Copper, Cu	S2502
Vitamin B-12	S2502
Fatty acids, total trans	S2502
Water	S2502
Fatty acids, total monounsaturated	S2502
Energy	S2502
Magnesium, Mg	S2502
Potassium, K	S2502
Vitamin C, total ascorbic acid	S2502
Riboflavin	S2502
Niacin	S2502
Iron, Fe	S2502
Phosphorus, P	S2502
Carbohydrate, by difference	S2502
Ash	S2502
Sugars, total	S2502
Sodium, Na	S2502
Vitamin A, IU	S2502
Vitamin B-6	S2502
Folic acid	S2502
Fatty acids, total saturated	S2502
Fiber, total dietary	S2502
Thiamin	S2502
Fatty acids, total polyunsaturated	S2502
Calcium, Ca	S2502
Zinc, Zn	S2502
Cholesterol	S2502

NDB No. 08501 Cereals ready-to-eat, MALT-O-MEAL, Fruity DYNO-BITES

Water	S2502
Fiber, total dietary	S2502
Sodium, Na	S2502
Folic acid	S2502
Calcium, Ca	S2502
Vitamin B-6	S2502
Potassium, K	S2502
Cholesterol	S2502
Fatty acids, total trans	S2502
Sugars, total	S2502
Vitamin A, IU	S2502
Riboflavin	S2502
Niacin	S2502
Carbohydrate, by difference	S2502
Ash	S2502
Vitamin D	S2502
Vitamin C, total ascorbic acid	S2502
Fatty acids, total polyunsaturated	S2502
Zinc, Zn	S2502
Fatty acids, total monounsaturated	S2502
Energy	S2502
Thiamin	S2502
Protein	S2502
Iron, Fe	S2502
Vitamin B-12	S2502
Fatty acids, total saturated	S2502

NDB No. 08504 Cereals ready-to-eat, Ralston Enriched Bran flakes

Potassium, K	S2662
Sodium, Na	S2662
Selenium, Se	S2662
Vitamin K (phylloquinone)	S2662
Tryptophan	S2662
Valine	S2662
12:0	S2662
22:0	S2662

NDB No. 08504 Cereals ready-to-eat, Ralston Enriched Bran flakes

20:5 n-3 (EPA)	S2662
Fatty acids, total monounsaturated	S2662
17:1	S2662
15:1	S2662
Retinol	S2662
Menaquinone-4	S2662
Dihydrophylloquinone	S2662
Alanine	S2662
Proline	S2662
Serine	S2662
8:0	S2662
10:0	S2662
18:1 undifferentiated	S2662
20:4 undifferentiated	S2662
14:1	S2662
18:4	S2662
20:2 n-6 c,c	S2662
Total lipid (fat)	S2662
Sucrose	S2662
Glucose (dextrose)	S2662
Tocopherol, beta	S2662
Riboflavin	S2662
18:3 undifferentiated	S2662
22:5 n-3 (DPA)	S2662
20:3 undifferentiated	S2662
Ash	S2662
Maltose	S2662
Vitamin C, total ascorbic acid	S2662
Pantothenic acid	S2662
Vitamin B-6	S2662
Phenylalanine	S2662
Tyrosine	S2662
Arginine	S2662
18:0	S2662
20:0	S2662
24:0	S2662
24:1 c	S2662

NDB No. 08504 Cereals ready-to-eat, Ralston Enriched Bran flakes

Starch	S2662
Fiber, total dietary	S2662
Calcium, Ca	S2662
Zinc, Zn	S2662
Vitamin E (alpha-tocopherol)	S2662
Niacin	S2662
Leucine	S2662
Histidine	S2662
Fatty acids, total saturated	S2662
18:2 undifferentiated	S2662
22:1 undifferentiated	S2662
15:0	S2662
17:0	S2662
Protein	S2662
Sugars, total	S2662
Magnesium, Mg	S2662
Methionine	S2662
Cystine	S2662
16:1 undifferentiated	S2662
20:1	S2662
Fatty acids, total polyunsaturated	S2662
21:5	S2662
Lactose	S2662
Water	S2662
Galactose	S2662
Phosphorus, P	S2662
Copper, Cu	S2662
Manganese, Mn	S2662
Thiamin	S2662
Choline, total	S2662
Threonine	S2662
Aspartic acid	S2662
14:0	S2662
16:0	S2662
22:4	S2662
Fructose	S2662
Iron, Fe	S2662

NDB No. 08504 Cereals ready-to-eat, Ralston Enriched Bran flakes

Tocopherol, gamma	S2662
Tocopherol, delta	S2662
Betaine	S2662
Isoleucine	S2662
Lysine	S2662
Glutamic acid	S2662
Glycine	S2662
22:6 n-3 (DHA)	S2662

NDB No. 08505 Cereals ready-to-eat, Ralston Corn Biscuits

Ash	S2662
Sucrose	S2662
Lactose	S2662
Magnesium, Mg	S2662
Copper, Cu	S2662
Tocopherol, beta	S2662
Vitamin C, total ascorbic acid	S2662
Riboflavin	S2662
Arginine	S2662
22:5 n-3 (DPA)	S2662
17:0	S2662
Fructose	S2662
Maltose	S2662
Water	S2662
Iron, Fe	S2662
Manganese, Mn	S2662
Threonine	S2662
Alanine	S2662
Serine	S2662
18:0	S2662
18:1 undifferentiated	S2662
20:4 undifferentiated	S2662
20:2 n-6 c,c	S2662
21:5	S2662
22:4	S2662
Sugars, total	S2662

NDB No. 08505 Cereals ready-to-eat, Ralston Corn Biscuits

Thiamin	S2662
Cystine	S2662
Histidine	S2662
16:0	S2662
20:0	S2662
22:1 undifferentiated	S2662
Fatty acids, total polyunsaturated	S2662
20:3 undifferentiated	S2662
Phosphorus, P	S2662
Retinol	S2662
Tocopherol, delta	S2662
Niacin	S2662
Betaine	S2662
Lysine	S2662
18:3 undifferentiated	S2662
Fatty acids, total monounsaturated	S2662
Galactose	S2662
Calcium, Ca	S2662
Potassium, K	S2662
Selenium, Se	S2662
Carotene, beta	S2662
Lycopene	S2662
Pantothenic acid	S2662
Vitamin K (phylloquinone)	S2662
Isoleucine	S2662
22:6 n-3 (DHA)	S2662
14:1	S2662
24:1 c	S2662
Protein	S2662
Glucose (dextrose)	S2662
Tocopherol, gamma	S2662
Leucine	S2662
Phenylalanine	S2662
Fatty acids, total saturated	S2662
10:0	S2662
12:0	S2662
18:2 undifferentiated	S2662

NDB No. 08505 Cereals ready-to-eat, Ralston Corn Biscuits

22:0	S2662
18:4	S2662
15:1	S2662
Total lipid (fat)	S2662
Sodium, Na	S2662
Zinc, Zn	S2662
Carotene, alpha	S2662
Vitamin B-6	S2662
Choline, total	S2662
Dihydrophylloquinone	S2662
Tryptophan	S2662
Glutamic acid	S2662
Glycine	S2662
8:0	S2662
14:0	S2662
16:1 undifferentiated	S2662
20:1	S2662
17:1	S2662
Fiber, total dietary	S2662
Vitamin E (alpha-tocopherol)	S2662
Cryptoxanthin, beta	S2662
Menaquinone-4	S2662
Methionine	S2662
Tyrosine	S2662
Valine	S2662
Aspartic acid	S2662
Proline	S2662
20:5 n-3 (EPA)	S2662
15:0	S2662
24:0	S2662

NDB No. 08506 Cereals ready-to-eat, Ralston Corn Flakes

Sugars, total	S2662
Copper, Cu	S2662
Carotene, alpha	S2662
Vitamin C, total ascorbic acid	S2662

NDB No. 08506 Cereals ready-to-eat, Ralston Corn Flakes

Thiamin	S2662
Vitamin B-6	S2662
Vitamin K (phylloquinone)	S2662
Leucine	S2662
Methionine	S2662
Cystine	S2662
Arginine	S2662
Alanine	S2662
Serine	S2662
Fatty acids, total saturated	S2662
10:0	S2662
16:0	S2662
18:3 undifferentiated	S2662
20:4 undifferentiated	S2662
20:5 n-3 (EPA)	S2662
20:3 undifferentiated	S2662
Protein	S2662
Glucose (dextrose)	S2662
Calcium, Ca	S2662
Magnesium, Mg	S2662
Vitamin E (alpha-tocopherol)	S2662
Cryptoxanthin, beta	S2662
Riboflavin	S2662
Niacin	S2662
Tryptophan	S2662
Phenylalanine	S2662
Glycine	S2662
Total lipid (fat)	S2662
Starch	S2662
Maltose	S2662
Lycopene	S2662
Tocopherol, gamma	S2662
Tocopherol, delta	S2662
Dihydrophylloquinone	S2662
Valine	S2662
Aspartic acid	S2662
12:0	S2662

NDB No. 08506 Cereals ready-to-eat, Ralston Corn Flakes

18:1 undifferentiated	S2662
22:6 n-3 (DHA)	S2662
22:0	S2662
22:1 undifferentiated	S2662
Fatty acids, total monounsaturated	S2662
Fatty acids, total polyunsaturated	S2662
15:0	S2662
17:1	S2662
21:5	S2662
Pantothenic acid	S2662
Menaquinone-4	S2662
Threonine	S2662
Lysine	S2662
Histidine	S2662
14:1	S2662
20:2 n-6 c,c	S2662
Fructose	S2662
Lactose	S2662
Sodium, Na	S2662
Selenium, Se	S2662
Retinol	S2662
Carotene, beta	S2662
Tocopherol, beta	S2662
14:0	S2662
22:5 n-3 (DPA)	S2662
15:1	S2662
22:4	S2662
Fiber, total dietary	S2662
Tyrosine	S2662
Glutamic acid	S2662
8:0	S2662
18:0	S2662
20:0	S2662
18:2 undifferentiated	S2662
16:1 undifferentiated	S2662
Water	S2662
Iron, Fe	S2662

NDB No. 08506 Cereals ready-to-eat, Ralston Corn Flakes

Potassium, K	S2662
Zinc, Zn	S2662
Manganese, Mn	S2662
Choline, total	S2662
Isoleucine	S2662
Proline	S2662
20:1	S2662
24:0	S2662
24:1 c	S2662
Ash	S2662
Sucrose	S2662
Galactose	S2662
Phosphorus, P	S2662
Betaine	S2662
18:4	S2662
17:0	S2662

NDB No. 08507 Cereals ready-to-eat, Ralston Crispy Hexagons

Vitamin C, total ascorbic acid	S2662
Riboflavin	S2662
Tryptophan	S2662
Isoleucine	S2662
Cystine	S2662
Phenylalanine	S2662
Arginine	S2662
Aspartic acid	S2662
Fatty acids, total saturated	S2662
22:6 n-3 (DHA)	S2662
20:1	S2662
24:1 c	S2662
Ash	S2662
Carotene, beta	S2662
Histidine	S2662
Alanine	S2662
10:0	S2662
12:0	S2662

NDB No. 08507 Cereals ready-to-eat, Ralston Crispy Hexagons

Protein	S2662
Glucose (dextrose)	S2662
Fructose	S2662
Maltose	S2662
Galactose	S2662
Copper, Cu	S2662
Retinol	S2662
Tocopherol, beta	S2662
Tocopherol, delta	S2662
Niacin	S2662
Menaquinone-4	S2662
Glutamic acid	S2662
16:1 undifferentiated	S2662
22:5 n-3 (DPA)	S2662
17:1	S2662
Lactose	S2662
Manganese, Mn	S2662
Pantothenic acid	S2662
18:3 undifferentiated	S2662
22:0	S2662
20:5 n-3 (EPA)	S2662
Fatty acids, total monounsaturated	S2662
Fatty acids, total polyunsaturated	S2662
20:3 undifferentiated	S2662
15:1	S2662
22:4	S2662
Total lipid (fat)	S2662
Sucrose	S2662
Phosphorus, P	S2662
Potassium, K	S2662
Zinc, Zn	S2662
Vitamin E (alpha-tocopherol)	S2662
Thiamin	S2662
Vitamin B-6	S2662
Threonine	S2662
Leucine	S2662
Methionine	S2662

NDB No. 08507 Cereals ready-to-eat, Ralston Crispy Hexagons

Valine	S2662
8:0	S2662
16:0	S2662
20:4 undifferentiated	S2662
22:1 undifferentiated	S2662
17:0	S2662
21:5	S2662
Sugars, total	S2662
Fiber, total dietary	S2662
Carotene, alpha	S2662
Proline	S2662
18:0	S2662
18:4	S2662
15:0	S2662
24:0	S2662
Magnesium, Mg	S2662
Sodium, Na	S2662
Cryptoxanthin, beta	S2662
Lysine	S2662
Glycine	S2662
18:1 undifferentiated	S2662
20:2 n-6 c,c	S2662
Water	S2662
Calcium, Ca	S2662
Iron, Fe	S2662
Selenium, Se	S2662
Lycopene	S2662
Tocopherol, gamma	S2662
Dihydrophylloquinone	S2662
Vitamin K (phylloquinone)	S2662
Tyrosine	S2662
Serine	S2662
14:0	S2662
20:0	S2662
18:2 undifferentiated	S2662
14:1	S2662

NDB No. 08508 Cereals ready-to-eat, USDA Commodity Corn and Rice (includes all commodity brands)

Ash	S2662
Sugars, total	S2662
Lycopene	S2662
Niacin	S2662
Dihydrophylloquinone	S2662
Arginine	S2662
Glycine	S2662
12:0	S2662
18:0	S2662
17:1	S2662
Iron, Fe	S2662
Selenium, Se	S2662
Tocopherol, beta	S2662
Tryptophan	S2662
18:4	S2662
Fatty acids, total polyunsaturated	S2662
20:2 n-6 c,c	S2662
Sucrose	S2662
Maltose	S2662
Fiber, total dietary	S2662
Zinc, Zn	S2662
Copper, Cu	S2662
Thiamin	S2662
Vitamin K (phylloquinone)	S2662
Phenylalanine	S2662
Serine	S2662
8:0	S2662
24:0	S2662
22:4	S2662
Lactose	S2662
Water	S2662
Potassium, K	S2662
Carotene, beta	S2662
Tocopherol, delta	S2662
Threonine	S2662
Tyrosine	S2662
Histidine	S2662

NDB No. 08508 Cereals ready-to-eat, USDA Commodity Corn and Rice (includes all commodity brands)

18:1 undifferentiated	S2662
18:2 undifferentiated	S2662
14:1	S2662
17:0	S2662
20:3 undifferentiated	S2662
Fructose	S2662
Calcium, Ca	S2662
Tocopherol, gamma	S2662
Leucine	S2662
Cystine	S2662
Glutamic acid	S2662
10:0	S2662
18:3 undifferentiated	S2662
22:6 n-3 (DHA)	S2662
16:1 undifferentiated	S2662
20:5 n-3 (EPA)	S2662
22:1 undifferentiated	S2662
15:0	S2662
Total lipid (fat)	S2662
Phosphorus, P	S2662
Sodium, Na	S2662
Manganese, Mn	S2662
Vitamin E (alpha-tocopherol)	S2662
Riboflavin	S2662
Isoleucine	S2662
Methionine	S2662
Valine	S2662
Fatty acids, total saturated	S2662
16:0	S2662
20:1	S2662
Fatty acids, total monounsaturated	S2662
15:1	S2662
Protein	S2662
Glucose (dextrose)	S2662
Magnesium, Mg	S2662
Carotene, alpha	S2662
Cryptoxanthin, beta	S2662

NDB No. 08508 Cereals ready-to-eat, USDA Commodity Corn and Rice (includes all commodity brands)

Vitamin C, total ascorbic acid	S2662
Pantothenic acid	S2662
Vitamin B-6	S2662
Proline	S2662
14:0	S2662
20:0	S2662
20:4 undifferentiated	S2662
24:1 c	S2662
21:5	S2662
Galactose	S2662
Retinol	S2662
Menaquinone-4	S2662
Lysine	S2662
Alanine	S2662
Aspartic acid	S2662
22:0	S2662
22:5 n-3 (DPA)	S2662

NDB No. 08509 Cereals ready-to-eat, USDA Commodity Rice Crisps (includes all commodity brands)

Protein	S2662
Fiber, total dietary	S2662
Magnesium, Mg	S2662
Manganese, Mn	S2662
Retinol	S2662
Tocopherol, gamma	S2662
Thiamin	S2662
Pantothenic acid	S2662
Tyrosine	S2662
Proline	S2662
20:5 n-3 (EPA)	S2662
Fatty acids, total polyunsaturated	S2662
20:3 undifferentiated	S2662
Zinc, Zn	S2662
Threonine	S2662
8:0	S2662
22:6 n-3 (DHA)	S2662

NDB No. 08509 Cereals ready-to-eat, USDA Commodity Rice Crisps (includes all commodity brands)

Vitamin K (phylloquinone)	S2662
Cystine	S2662
Phenylalanine	S2662
Glycine	S2662
18:1 undifferentiated	S2662
Sucrose	S2662
Water	S2662
Sodium, Na	S2662
Tocopherol, delta	S2662
Vitamin C, total ascorbic acid	S2662
Dihydrophylloquinone	S2662
Isoleucine	S2662
Arginine	S2662
18:0	S2662
18:3 undifferentiated	S2662
15:0	S2662
Glucose (dextrose)	S2662
Maltose	S2662
Phosphorus, P	S2662
Niacin	S2662
Menaquinone-4	S2662
Tryptophan	S2662
Serine	S2662
18:2 undifferentiated	S2662
20:4 undifferentiated	S2662
22:0	S2662
18:4	S2662
Fatty acids, total monounsaturated	S2662
17:0	S2662
20:2 n-6 c,c	S2662
21:5	S2662
Fructose	S2662
Calcium, Ca	S2662
Potassium, K	S2662
Tocopherol, beta	S2662
Vitamin B-6	S2662
Leucine	S2662

NDB No. 08509 Cereals ready-to-eat, USDA Commodity Rice Crisps (includes all commodity brands)

Valine	S2662
Histidine	S2662
Glutamic acid	S2662
12:0	S2662
20:0	S2662
14:1	S2662
15:1	S2662
22:4	S2662
Total lipid (fat)	S2662
Galactose	S2662
Copper, Cu	S2662
Vitamin E (alpha-tocopherol)	S2662
Lysine	S2662
Aspartic acid	S2662
14:0	S2662
16:1 undifferentiated	S2662
22:1 undifferentiated	S2662
22:5 n-3 (DPA)	S2662
17:1	S2662
Ash	S2662
Lactose	S2662
Sugars, total	S2662
Iron, Fe	S2662
Selenium, Se	S2662
Riboflavin	S2662
Methionine	S2662
Alanine	S2662
Fatty acids, total saturated	S2662
10:0	S2662
16:0	S2662
20:1	S2662
24:0	S2662
24:1 c	S2662

NDB No. 08513 Cereals ready-to-eat, GENERAL MILLS, CHOCOLATE LUCKY CHARMS

Water	S922

NDB No. 08513 Cereals ready-to-eat, GENERAL MILLS, CHOCOLATE LUCKY CHARMS

Sodium, Na	S922
Ash	S922
Fatty acids, total trans	S922

NDB No. 08514 Cereals ready-to-eat, GENERAL MILLS, Frosted CHEX

Water	S922
Fiber, total dietary	S922
Niacin	S922
Calcium, Ca	S922
Vitamin B-6	S922
Iron, Fe	S922
Sodium, Na	S922
Vitamin A, IU	S922
Sugars, total	S922
Vitamin D	S922
Folate, total	S922
Energy	S922
Zinc, Zn	S922
Vitamin C, total ascorbic acid	S922
Thiamin	S922
Riboflavin	S922
Vitamin B-12	S922
Cholesterol	S922
Ash	S922
Potassium, K	S922

NDB No. 08517 Cereals ready-to-eat, GENERAL MILLS Peanut Butter Toast Crunch

Iron, Fe	S922
Magnesium, Mg	S922
Vitamin D	S922
Thiamin	S922
Sugars, total	S922
Riboflavin	S922
Protein	S922
Ash	S922
Water	S922

NDB No. 08517 Cereals ready-to-eat, GENERAL MILLS Peanut Butter Toast Crunch

Niacin	S922
Folate, total	S922
Potassium, K	S922
Fatty acids, total saturated	S922
Energy	S922
Zinc, Zn	S922
Vitamin B-12	S922
Fatty acids, total polyunsaturated	S922
Carbohydrate, by difference	S922
Fiber, total dietary	S922
Calcium, Ca	S922
Vitamin A, IU	S922
Vitamin C, total ascorbic acid	S922
Cholesterol	S922
Phosphorus, P	S922
Sodium, Na	S922
Vitamin B-6	S922
Fatty acids, total monounsaturated	S922

NDB No. 08518 Cereals ready-to-eat, KELLOGG, KELLOGG'S ALL-BRAN Yogurt Bites

Ash	S4561
Vitamin E (alpha-tocopherol)	S4561
Vitamin C, total ascorbic acid	S4561
Phosphorus, P	S4561
Water	S4561
Fiber, total dietary	S4561
Calcium, Ca	S4561
Iron, Fe	S4561
Vitamin A, IU	S4561
Riboflavin	S4561
Cholesterol	S4561
Total lipid (fat)	S4561
Carbohydrate, by difference	S4561
Fatty acids, total trans	S4561
Fatty acids, total saturated	S4561
Sugars, total	S4561

NDB No. 08518 Cereals ready-to-eat, KELLOGG, KELLOGG'S ALL-BRAN Yogurt Bites

Copper, Cu	S4561
Vitamin D	S4561
Niacin	S4561
Pantothenic acid	S4561
Folate, total	S4561
Potassium, K	S4561
Thiamin	S4561
Protein	S4561
Magnesium, Mg	S4561
Zinc, Zn	S4561
Fatty acids, total polyunsaturated	S4561
Energy	S4561
Sodium, Na	S4561
Vitamin B-6	S4561
Vitamin B-12	S4561
Fatty acids, total monounsaturated	S4561

NDB No. 08519 Cereals ready-to-eat, KELLOGG, Berry RICE KRISPIES

Protein	S4561
Carbohydrate, by difference	S4561
Zinc, Zn	S4561
Copper, Cu	S4561
Vitamin D	S4561
Fatty acids, total trans	S4561
Fatty acids, total monounsaturated	S4561
Fatty acids, total polyunsaturated	S4561
Sugars, total	S4561
Potassium, K	S4561
Sodium, Na	S4561
Cholesterol	S4561
Iron, Fe	S4561
Vitamin B-12	S4561
Water	S4561
Calcium, Ca	S4561
Vitamin C, total ascorbic acid	S4561

NDB No. 08519 Cereals ready-to-eat, KELLOGG, Berry RICE KRISPIES

Riboflavin	S4561
Ash	S4561
Energy	S4561
Vitamin A, IU	S4561
Fatty acids, total saturated	S4561
Fiber, total dietary	S4561
Phosphorus, P	S4561
Folate, total	S4561
Total lipid (fat)	S4561
Magnesium, Mg	S4561
Thiamin	S4561
Niacin	S4561
Vitamin B-6	S4561

NDB No. 08520 Cereals ready-to-eat, KELLOGG, KELLOGG'S Cinnamon MINI SWIRLZ

Fiber, total dietary	S4561
Iron, Fe	S4561
Vitamin E (alpha-tocopherol)	S4561
Fatty acids, total trans	S4561
Carbohydrate, by difference	S4561
Calcium, Ca	S4561
Magnesium, Mg	S4561
Phosphorus, P	S4561
Sodium, Na	S4561
Copper, Cu	S4561
Vitamin D	S4561
Total lipid (fat)	S4561
Energy	S4561
Thiamin	S4561
Niacin	S4561
Protein	S4561
Fatty acids, total saturated	S4561
Fatty acids, total monounsaturated	S4561
Sugars, total	S4561
Zinc, Zn	S4561
Vitamin B-6	S4561

NDB No. 08520 Cereals ready-to-eat, KELLOGG, KELLOGG'S Cinnamon MINI SWIRLZ

Fatty acids, total polyunsaturated	S4561
Potassium, K	S4561
Ash	S4561
Water	S4561
Vitamin A, IU	S4561
Vitamin C, total ascorbic acid	S4561
Cholesterol	S4561
Riboflavin	S4561
Folate, total	S4561
Vitamin B-12	S4561

NDB No. 08524 Cereals ready-to-eat, KELLOGG, EGGO Crunch Cereal, maple flavored

Protein	S4561
Riboflavin	S4561
Fatty acids, total trans	S4561
Carbohydrate, by difference	S4561
Energy	S4561
Sugars, total	S4561
Vitamin A, IU	S4561
Fatty acids, total saturated	S4561
Water	S4561
Iron, Fe	S4561
Phosphorus, P	S4561
Cholesterol	S4561
Fatty acids, total polyunsaturated	S4561
Total lipid (fat)	S4561
Copper, Cu	S4561
Magnesium, Mg	S4561
Potassium, K	S4561
Selenium, Se	S4561
Manganese, Mn	S4561
Vitamin E (alpha-tocopherol)	S4561
Thiamin	S4561
Niacin	S4561
Vitamin B-6	S4561
Ash	S4561

NDB No. 08524 Cereals ready-to-eat, KELLOGG, EGGO Crunch Cereal, maple flavored

Fiber, total dietary	S4561
Calcium, Ca	S4561
Sodium, Na	S4561
Zinc, Zn	S4561
Vitamin C, total ascorbic acid	S4561
Vitamin D	S4561
Folate, total	S4561
Vitamin B-12	S4561
Fatty acids, total monounsaturated	S4561

NDB No. 08528 Cereals ready-to-eat, KELLOGG, Smart Start Strong Heart, Original

Ash	S4561
Energy	S4561
Fatty acids, total trans	S4561
Total lipid (fat)	S4561
Thiamin	S4561
Niacin	S4561
Fatty acids, total monounsaturated	S4561
Water	S4561
Iron, Fe	S4561
Potassium, K	S4561
Protein	S4561
Calcium, Ca	S4561
Magnesium, Mg	S4561
Vitamin D	S4561
Pantothenic acid	S4561
Fiber, total dietary	S4561
Zinc, Zn	S4561
Vitamin E (alpha-tocopherol)	S4561
Vitamin C, total ascorbic acid	S4561
Carbohydrate, by difference	S4561
Phosphorus, P	S4561
Sodium, Na	S4561
Vitamin A, IU	S4561
Riboflavin	S4561

NDB No. 08528 Cereals ready-to-eat, KELLOGG, Smart Start Strong Heart, Original

Vitamin B-6	S4561
Sugars, total	S4561
Folate, total	S4561
Vitamin B-12	S4561
Cholesterol	S4561
Fatty acids, total saturated	S4561
Fatty acids, total polyunsaturated	S4561

NDB No. 08529 Cereals ready-to-eat, KELLOGG, SMART START Strong Heart, Maple Brown Sugar

Zinc, Zn	S4561
Thiamin	S4561
Copper, Cu	S4561
Riboflavin	S4561
Niacin	S4561
Sugars, total	S4561
Potassium, K	S4561
Pantothenic acid	S4561
Fatty acids, total saturated	S4561
Water	S4561
Selenium, Se	S4561
Vitamin A, IU	S4561
Vitamin B-6	S4561
Cholesterol	S4561
Fatty acids, total polyunsaturated	S4561
Total lipid (fat)	S4561
Carbohydrate, by difference	S4561
Energy	S4561
Calcium, Ca	S4561
Sodium, Na	S4561
Vitamin E (alpha-tocopherol)	S4561
Fatty acids, total trans	S4561
Protein	S4561
Ash	S4561
Iron, Fe	S4561
Fatty acids, total monounsaturated	S4561
Fiber, total dietary	S4561

NDB No. 08529 Cereals ready-to-eat, KELLOGG, SMART START Strong Heart, Maple Brown Sugar

Phosphorus, P	S4561
Vitamin C, total ascorbic acid	S4561
Magnesium, Mg	S4561
Vitamin D	S4561
Folate, total	S4561
Vitamin B-12	S4561

NDB No. 08530 Cereals ready-to-eat, KELLOGG, SMORZ

Sugars, total	S4561
Calcium, Ca	S4561
Magnesium, Mg	S4561
Sodium, Na	S4561
Vitamin A, IU	S4561
Fatty acids, total polyunsaturated	S4561
Carbohydrate, by difference	S4561
Iron, Fe	S4561
Folate, total	S4561
Total lipid (fat)	S4561
Phosphorus, P	S4561
Potassium, K	S4561
Zinc, Zn	S4561
Vitamin C, total ascorbic acid	S4561
Fatty acids, total trans	S4561
Fatty acids, total saturated	S4561
Riboflavin	S4561
Water	S4561
Fiber, total dietary	S4561
Fatty acids, total monounsaturated	S4561
Protein	S4561
Energy	S4561
Thiamin	S4561
Niacin	S4561
Vitamin B-6	S4561
Cholesterol	S4561
Vitamin B-12	S4561
Ash	S4561

NDB No. 08530 Cereals ready-to-eat, KELLOGG, SMORZ

Vitamin D	S4561

NDB No. 08531 Cereals ready-to-eat, KELLOGG, SPECIAL K, Fruit & Yogurt

Protein	S3421
Carbohydrate, by difference	S3421
Calcium, Ca	S3421
Vitamin A, IU	S3421
Vitamin C, total ascorbic acid	S3421
Niacin	S3421
Water	S3421
Fiber, total dietary	S3421
Iron, Fe	S3421
Riboflavin	S3421
Fatty acids, total trans	S3421
Total lipid (fat)	S3421
Magnesium, Mg	S3421
Vitamin B-12	S3421
Sugars, total	S3421
Vitamin D	S3421
Folate, total	S3421
Cholesterol	S3421
Ash	S3421
Energy	S3421
Phosphorus, P	S3421
Thiamin	S3421
Potassium, K	S3421
Sodium, Na	S3421
Vitamin B-6	S3421
Fatty acids, total saturated	S3421
Fatty acids, total monounsaturated	S3421
Fatty acids, total polyunsaturated	S3421
Zinc, Zn	S3421

NDB No. 08537 Cereals ready-to-eat, KASHI 7 Whole Grain Flakes

Fiber, total dietary	S4561

NDB No. 08537 Cereals ready-to-eat, KASHI 7 Whole Grain Flakes

Zinc, Zn	S4561
Protein	S4561
Iron, Fe	S4561
Phosphorus, P	S4561
Ash	S4561
Calcium, Ca	S4561
Vitamin A, IU	S4561
Vitamin C, total ascorbic acid	S4561
Cholesterol	S4561
Fatty acids, total trans	S4561
Fatty acids, total saturated	S4561
Fatty acids, total monounsaturated	S4561
Total lipid (fat)	S4561
Energy	S4561
Potassium, K	S4561
Sodium, Na	S4561
Water	S4561
Carbohydrate, by difference	S4561
Sugars, total	S4561
Magnesium, Mg	S4561
Fatty acids, total polyunsaturated	S4561

NDB No. 08538 Cereals ready-to-eat, KASHI, HEART TO HEART, Wild Blueberry

Water	S4561
Magnesium, Mg	S4561
Folate, total	S4561
Fatty acids, total monounsaturated	S4561
Iron, Fe	S4561
Sodium, Na	S4561
Carotene, beta	S4561
Fatty acids, total trans	S4561
Fatty acids, total polyunsaturated	S4561
Sugars, total	S4561
Fiber, total dietary	S4561
Zinc, Zn	S4561

NDB No. 08538 Cereals ready-to-eat, KASHI, HEART TO HEART, Wild Blueberry

Fatty acids, total saturated	S4561
Protein	S4561
Total lipid (fat)	S4561
Phosphorus, P	S4561
Carbohydrate, by difference	S4561
Calcium, Ca	S4561
Potassium, K	S4561
Vitamin E (alpha-tocopherol)	S4561
Ash	S4561
Vitamin B-12	S4561
Cholesterol	S4561
Vitamin C, total ascorbic acid	S4561
Energy	S4561
Vitamin B-6	S4561

NDB No. 08539 Cereals ready-to-eat, KASHI ORGANIC PROMISE CINNAMON HARVEST

Protein	S4561
Sodium, Na	S4561
Energy	S4561
Calcium, Ca	S4561
Iron, Fe	S4561
Ash	S4561
Fiber, total dietary	S4561
Cholesterol	S4561
Fatty acids, total saturated	S4561
Fatty acids, total polyunsaturated	S4561
Total lipid (fat)	S4561
Carbohydrate, by difference	S4561
Water	S4561
Vitamin C, total ascorbic acid	S4561
Potassium, K	S4561
Vitamin A, IU	S4561
Fatty acids, total trans	S4561
Sugars, total	S4561
Fatty acids, total monounsaturated	S4561

NDB No. 08541 Cereals ready-to-eat, KASHI MIGHTY BITES, Honey Crunch Cereal

Copper, Cu	S4561
Vitamin E (alpha-tocopherol)	S4561
Folate, total	S4561
Fatty acids, total monounsaturated	S4561
Carbohydrate, by difference	S4561
Vitamin D	S4561
Magnesium, Mg	S4561
Phosphorus, P	S4561
Selenium, Se	S4561
Total lipid (fat)	S4561
Sugars, total	S4561
Fatty acids, total saturated	S4561
Ash	S4561
Energy	S4561
Water	S4561
Sodium, Na	S4561
Manganese, Mn	S4561
Vitamin C, total ascorbic acid	S4561
Thiamin	S4561
Riboflavin	S4561
Pantothenic acid	S4561
Vitamin B-6	S4561
Fatty acids, total polyunsaturated	S4561
Fiber, total dietary	S4561
Iron, Fe	S4561
Cholesterol	S4561
Fatty acids, total trans	S4561
Vitamin B-12	S4561
Protein	S4561
Calcium, Ca	S4561
Potassium, K	S4561
Zinc, Zn	S4561
Vitamin A, IU	S4561
Niacin	S4561

NDB No. 08542 Cereals ready-to-eat, KELLOGG, Frosted MINI-WHEATS bite size STRAWBERRY DELIGHT

NDB No. 08542 Cereals ready-to-eat, KELLOGG, Frosted MINI-WHEATS bite size STRAWBERRY DELIGHT

Calcium, Ca	S3421
Riboflavin	S3421
Folate, total	S3421
Fatty acids, total monounsaturated	S3421
Fatty acids, total polyunsaturated	S3421
Ash	S3421
Water	S3421
Sugars, total	S3421
Fatty acids, total trans	S3421
Iron, Fe	S3421
Sodium, Na	S3421
Copper, Cu	S3421
Zinc, Zn	S3421
Thiamin	S3421
Vitamin B-6	S3421
Total lipid (fat)	S3421
Carbohydrate, by difference	S3421
Cholesterol	S3421
Fatty acids, total saturated	S3421
Energy	S3421
Protein	S3421
Fiber, total dietary	S3421
Niacin	S3421
Vitamin B-12	S3421

NDB No. 08543 Cereals ready-to-eat, KELLOGG'S, SPECIAL K Vanilla Almond

Carbohydrate, by difference	S4561
Energy	S4561
Iron, Fe	S4561
Magnesium, Mg	S4561
Vitamin E (alpha-tocopherol)	S4561
Vitamin D	S4561
Thiamin	S4561
Vitamin B-6	S4561
Fatty acids, total trans	S4561
Total lipid (fat)	S4561

NDB No. 08543 Cereals ready-to-eat, KELLOGG'S, SPECIAL K Vanilla Almond

Folate, total	S4561
Cholesterol	S4561
Fatty acids, total monounsaturated	S4561
Fiber, total dietary	S4561
Potassium, K	S4561
Niacin	S4561
Fatty acids, total polyunsaturated	S4561
Calcium, Ca	S4561
Sodium, Na	S4561
Protein	S4561
Phosphorus, P	S4561
Zinc, Zn	S4561
Vitamin C, total ascorbic acid	S4561
Sugars, total	S4561
Vitamin B-12	S4561
Fatty acids, total saturated	S4561
Ash	S4561
Water	S4561
Vitamin A, IU	S4561
Riboflavin	S4561

NDB No. 08548 Cereals ready-to-eat, QUAKER, QUAKER Toasted Oatmeal Cereal

Potassium, K	S3901
Manganese, Mn	S3901
Riboflavin	S3901
Vitamin B-6	S3901
Carbohydrate, by difference	S3901
Calcium, Ca	S3901
Sodium, Na	S3901
Vitamin C, total ascorbic acid	S3901
Niacin	S3901
Folate, total	S3901
Fatty acids, total saturated	S3901
Fatty acids, total monounsaturated	S3901
Selenium, Se	S3901

NDB No. 08548 Cereals ready-to-eat, QUAKER, QUAKER Toasted Oatmeal Cereal

Sugars, total	S3901
Iron, Fe	S3901
Pantothenic acid	S3901
Zinc, Zn	S3901
Vitamin D	S3901
Energy	S3901
Water	S3901
Fiber, total dietary	S3901
Magnesium, Mg	S3901
Vitamin A, IU	S3901
Ash	S3901
Phosphorus, P	S3901
Copper, Cu	S3901
Thiamin	S3901
Protein	S3901
Total lipid (fat)	S3901
Vitamin B-12	S3901
Fatty acids, total polyunsaturated	S3901

NDB No. 08549 Cereals ready-to-eat, QUAKER, QUAKER Honey Graham LIFE Cereal

Total lipid (fat)	S3901
Iron, Fe	S3901
Vitamin C, total ascorbic acid	S3901
Pantothenic acid	S3901
Vitamin B-6	S3901
Protein	S3901
Energy	S3901
Zinc, Zn	S3901
Potassium, K	S3901
Vitamin D	S3901
Fiber, total dietary	S3901
Calcium, Ca	S3901
Sodium, Na	S3901
Niacin	S3901
Folate, total	S3901
Vitamin B-12	S3901

NDB No. 08549 Cereals ready-to-eat, QUAKER, QUAKER Honey Graham LIFE Cereal

Ash	S3901
Manganese, Mn	S3901
Selenium, Se	S3901
Cholesterol	S3901
Fatty acids, total trans	S3901
Fatty acids, total saturated	S3901
Water	S3901
Magnesium, Mg	S3901
Vitamin A, IU	S3901
Riboflavin	S3901
Fatty acids, total polyunsaturated	S3901
Carbohydrate, by difference	S3901
Sugars, total	S3901
Phosphorus, P	S3901
Copper, Cu	S3901
Vitamin E (alpha-tocopherol)	S3901
Fatty acids, total monounsaturated	S3901
Thiamin	S3901

NDB No. 08554 Cereals ready-to-eat, rolled oats, whole wheat, rice, presweetened, maple flavored, with pecans

Ash	S4221
Fiber, total dietary	S4221
Calcium, Ca	S4221
Iron, Fe	S4221
Phosphorus, P	S4221
Vitamin A, IU	S4221
Vitamin D	S4221
Fatty acids, total saturated	S4221
Water	S4221
Potassium, K	S4221
Fatty acids, total polyunsaturated	S4221
Total lipid (fat)	S4221
Carbohydrate, by difference	S4221
Vitamin C, total ascorbic acid	S4121
Riboflavin	S4221
Folate, total	S4221

NDB No. 08554 Cereals ready-to-eat, rolled oats, whole wheat, rice, presweetened, maple flavored, with pecans

Sugars, total	S4221
Magnesium, Mg	S4121
Niacin	S4221
Cholesterol	S4221
Sodium, Na	S4221
Zinc, Zn	S4221
Vitamin B-12	S4221
Fatty acids, total monounsaturated	S4221
Protein	S4221
Energy	S4221
Copper, Cu	S4221
Thiamin	S4221
Vitamin B-6	S4221
Fatty acids, total trans	S4221

NDB No. 08555 Cereal wafer straws, KELLOGG, APPLE JACKS Cereal straws

Total lipid (fat)	S4561
Iron, Fe	S4561
Magnesium, Mg	S4561
Zinc, Zn	S4561
Copper, Cu	S4561
Vitamin D	S4561
Vitamin C, total ascorbic acid	S4561
Water	S4561
Potassium, K	S4561
Sodium, Na	S4561
Sugars, total	S4561
Fiber, total dietary	S4561
Calcium, Ca	S4561
Vitamin A, IU	S4561
Cholesterol	S4561
Fatty acids, total monounsaturated	S4561
Fatty acids, total polyunsaturated	S4561
Energy	S4561
Thiamin	S4561

NDB No. 08555 Cereal wafer straws, KELLOGG, APPLE JACKS Cereal straws

Riboflavin	S4561
Niacin	S4561
Pantothenic acid	S4561
Folate, total	S4561
Protein	S4561
Carbohydrate, by difference	S4561
Fatty acids, total trans	S4561
Fatty acids, total saturated	S4561
Ash	S4561
Phosphorus, P	S4561
Vitamin B-6	S4561
Vitamin B-12	S4561

NDB No. 08556 Cereal wafer straws, KELLOGG, FROOT LOOPS Cereal straws

Vitamin A, IU	S4561
Vitamin B-6	S4561
Protein	S4561
Vitamin D	S4561
Fatty acids, total saturated	S4561
Total lipid (fat)	S4561
Phosphorus, P	S4561
Sodium, Na	S4561
Thiamin	S4561
Water	S4561
Fiber, total dietary	S4561
Riboflavin	S4561
Vitamin B-12	S4561
Carbohydrate, by difference	S4561
Sugars, total	S4561
Fatty acids, total monounsaturated	S4561
Ash	S4561
Energy	S4561
Niacin	S4561
Fatty acids, total polyunsaturated	S4561
Potassium, K	S4561
Vitamin C, total ascorbic acid	S4561

NDB No. 08556 Cereal wafer straws, KELLOGG, FROOT LOOPS Cereal straws

Fatty acids, total trans	S4561

NDB No. 08557 Cereals ready-to-eat, KELLOGG's MINI-WHEATS Frosted Strawberry Delight Cereal

Magnesium, Mg	S4561
Sodium, Na	S4561
Niacin	S4561
Fatty acids, total monounsaturated	S4561
Zinc, Zn	S4561
Vitamin E (alpha-tocopherol)	S4561
Vitamin B-6	S4561
Vitamin B-12	S4561
Protein	S4561
Carbohydrate, by difference	S4561
Vitamin C, total ascorbic acid	S4561
Energy	S4561
Potassium, K	S4561
Fatty acids, total saturated	S4561
Total lipid (fat)	S4561
Calcium, Ca	S4561
Copper, Cu	S4561
Vitamin A, IU	S4561
Thiamin	S4561
Riboflavin	S4561
Cholesterol	S4561
Water	S4561
Sugars, total	S4561
Iron, Fe	S4561
Phosphorus, P	S4561
Ash	S4561
Fiber, total dietary	S4561
Folate, total	S4561
Fatty acids, total trans	S4561
Fatty acids, total polyunsaturated	S4561

NDB No. 08559 Cereal wafer straws, KELLOGG, COCOA KRISPIES Cereal straws

NDB No. 08559 Cereal wafer straws, KELLOGG, COCOA KRISPIES Cereal straws

Water	S4561
Vitamin A, IU	S4561
Vitamin D	S4561
Niacin	S4561
Folate, total	S4561
Fatty acids, total polyunsaturated	S4561
Fiber, total dietary	S4561
Copper, Cu	S4561
Thiamin	S4561
Magnesium, Mg	S4561
Potassium, K	S4561
Sodium, Na	S4561
Vitamin B-12	S4561
Fatty acids, total trans	S4561
Fatty acids, total saturated	S4561
Fatty acids, total monounsaturated	S4561
Carbohydrate, by difference	S4561
Sugars, total	S4561
Iron, Fe	S4561
Zinc, Zn	S4561
Energy	S4561
Calcium, Ca	S4561
Total lipid (fat)	S4561
Ash	S4561
Phosphorus, P	S4561
Riboflavin	S4561
Protein	S4561
Cholesterol	S4561
Vitamin C, total ascorbic acid	S4561
Vitamin B-6	S4561

NDB No. 08560 Cereals ready-to-eat, KASHI GO LEAN CRUNCH!, Honey Almond Flax

Phosphorus, P	S4561
Sodium, Na	S4561
Fatty acids, total saturated	S4561
Iron, Fe	S4561

NDB No. 08560 Cereals ready-to-eat, KASHI GO LEAN CRUNCH!, Honey Almond Flax

Potassium, K	S4561
Fatty acids, total polyunsaturated	S4561
Total lipid (fat)	S4561
Carbohydrate, by difference	S4561
Energy	S4561
Water	S4561
Magnesium, Mg	S4561
Vitamin A, IU	S4561
Cholesterol	S4561
Sugars, total	S4561
Fatty acids, total trans	S4561
Protein	S4561
Zinc, Zn	S4561
Fatty acids, total monounsaturated	S4561
Ash	S4561
Calcium, Ca	S4561
Vitamin C, total ascorbic acid	S4561
Fiber, total dietary	S4561

NDB No. 08561 Cereals, KASHI GO LEAN Hot Cereal, Hearty Honey & Cinnamon, dry

Protein	S4561
Ash	S4561
Potassium, K	S4561
Vitamin A, IU	S4561
Total lipid (fat)	S4561
Water	S4561
Calcium, Ca	S4561
Fatty acids, total saturated	S4561
Fatty acids, total polyunsaturated	S4561
Sodium, Na	S4561
Vitamin C, total ascorbic acid	S4561
Fiber, total dietary	S4561
Carbohydrate, by difference	S4561
Sugars, total	S4561
Iron, Fe	S4561
Phosphorus, P	S4561

NDB No. 08561 Cereals, KASHI GO LEAN Hot Cereal, Hearty Honey & Cinnamon, dry

Cholesterol	S4561
Fatty acids, total monounsaturated	S4561
Energy	S4561
Fatty acids, total trans	S4561

NDB No. 08562 Cereals, KASHI, KASHI GO LEAN Hot Cereal, Truly Vanilla, dry

Protein	S4561
Carbohydrate, by difference	S4561
Water	S4561
Calcium, Ca	S4561
Phosphorus, P	S4561
Vitamin A, IU	S4561
Cholesterol	S4561
Vitamin C, total ascorbic acid	S4561
Fatty acids, total trans	S4561
Fiber, total dietary	S4561
Fatty acids, total saturated	S4561
Fatty acids, total polyunsaturated	S4561
Total lipid (fat)	S4561
Sugars, total	S4561
Iron, Fe	S4561
Sodium, Na	S4561
Ash	S4561
Energy	S4561
Magnesium, Mg	S4561
Potassium, K	S4561
Fatty acids, total monounsaturated	S4561

NDB No. 08563 Cereals ready-to-eat, KASHI GRANOLA, COCOA BEACH Cereal

Ash	S4561
Sodium, Na	S4561
Fatty acids, total polyunsaturated	S4561
Protein	S4561
Calcium, Ca	S4561

NDB No. 08563 Cereals ready-to-eat, KASHI GRANOLA, COCOA BEACH Cereal

Fatty acids, total trans	S4561
Total lipid (fat)	S4561
Water	S4561
Sugars, total	S4561
Cholesterol	S4561
Potassium, K	S4561
Fiber, total dietary	S4561
Iron, Fe	S4561
Vitamin A, IU	S4561
Vitamin C, total ascorbic acid	S4561
Fatty acids, total saturated	S4561
Fatty acids, total monounsaturated	S4561
Carbohydrate, by difference	S4561
Energy	S4561

NDB No. 08564 Cereals ready-to-eat, KASHI GRANOLA, ORCHARD SPICE CEREAL

Fatty acids, total saturated	S4561
Sugars, total	S4561
Fiber, total dietary	S4561
Iron, Fe	S4561
Fatty acids, total monounsaturated	S4561
Water	S4561
Vitamin A, IU	S4561
Vitamin C, total ascorbic acid	S4561
Fatty acids, total trans	S4561
Total lipid (fat)	S4561
Carbohydrate, by difference	S4561
Protein	S4561
Fatty acids, total polyunsaturated	S4561
Potassium, K	S4561
Sodium, Na	S4561
Ash	S4561
Energy	S4561
Calcium, Ca	S4561
Cholesterol	S4561

NDB No. 08565 Cereals ready-to-eat, KASHI GRANOLA, Summer Berry Cereal

Total lipid (fat)	S4561
Fiber, total dietary	S4561
Sodium, Na	S4561
Fatty acids, total saturated	S4561
Iron, Fe	S4561
Carbohydrate, by difference	S4561
Fatty acids, total polyunsaturated	S4561
Water	S4561
Potassium, K	S4561
Ash	S4561
Protein	S4561
Energy	S4561
Vitamin C, total ascorbic acid	S4561
Sugars, total	S4561
Calcium, Ca	S4561
Vitamin A, IU	S4561
Cholesterol	S4561
Fatty acids, total trans	S4561
Fatty acids, total monounsaturated	S4561

NDB No. 08566 Cereals ready-to-eat, KASHI GRANOLA, Mountain Medley Cereal

Fiber, total dietary	S4561
Calcium, Ca	S4561
Potassium, K	S4561
Sodium, Na	S4561
Vitamin A, IU	S4561
Fatty acids, total trans	S4561
Ash	S4561
Iron, Fe	S4561
Fatty acids, total polyunsaturated	S4561
Carbohydrate, by difference	S4561
Total lipid (fat)	S4561
Sugars, total	S4561
Protein	S4561
Energy	S4561
Water	S4561

NDB No. 08566 Cereals ready-to-eat, KASHI GRANOLA, Mountain Medley Cereal

Vitamin C, total ascorbic acid	S4561
Cholesterol	S4561
Fatty acids, total saturated	S4561
Fatty acids, total monounsaturated	S4561

NDB No. 08567 Cereals ready-to-eat, KASHI 7 Whole Grain Nuggets

Protein	S4561
Sugars, total	S4561
Vitamin A, IU	S4561
Fatty acids, total saturated	S4561
Carbohydrate, by difference	S4561
Calcium, Ca	S4561
Cholesterol	S4561
Total lipid (fat)	S4561
Water	S4561
Ash	S4561
Iron, Fe	S4561
Fatty acids, total polyunsaturated	S4561
Energy	S4561
Phosphorus, P	S4561
Fatty acids, total monounsaturated	S4561
Fiber, total dietary	S4561
Magnesium, Mg	S4561
Sodium, Na	S4561
Vitamin C, total ascorbic acid	S4561
Fatty acids, total trans	S4561

NDB No. 08568 Cereals, KASHI HEART TO HEART, Instant Oatmeal, Apple Cinnamon, dry

Protein	S4561
Iron, Fe	S4561
Cholesterol	S4561
Fatty acids, total polyunsaturated	S4561
Potassium, K	S4561
Vitamin E (alpha-tocopherol)	S4561

NDB No. 08568 Cereals, KASHI HEART TO HEART, Instant Oatmeal, Apple Cinnamon, dry

Total lipid (fat)	S4561
Zinc, Zn	S4561
Sodium, Na	S4561
Fatty acids, total trans	S4561
Carbohydrate, by difference	S4561
Sugars, total	S4561
Folate, total	S4561
Vitamin B-6	S4561
Fatty acids, total monounsaturated	S4561
Water	S4561
Fiber, total dietary	S4561
Calcium, Ca	S4561
Carotene, beta	S4561
Vitamin C, total ascorbic acid	S4561
Ash	S4561
Energy	S4561
Vitamin A, IU	S4561
Vitamin B-12	S4561
Fatty acids, total saturated	S4561

NDB No. 08569 Cereals, KASHI HEART TO HEART, Instant Oatmeal, maple, dry

Protein	S4561
Ash	S4561
Fatty acids, total saturated	S4561
Sugars, total	S4561
Fiber, total dietary	S4561
Carotene, beta	S4561
Vitamin E (alpha-tocopherol)	S4561
Folate, total	S4561
Potassium, K	S4561
Sodium, Na	S4561
Zinc, Zn	S4561
Vitamin A, IU	S4561
Vitamin B-12	S4561
Cholesterol	S4561
Calcium, Ca	S4561

NDB No. 08569 Cereals, KASHI HEART TO HEART, Instant Oatmeal, maple, dry

Vitamin C, total ascorbic acid	S4561
Carbohydrate, by difference	S4561
Water	S4561
Iron, Fe	S4561
Total lipid (fat)	S4561
Energy	S4561
Vitamin B-6	S4561
Fatty acids, total trans	S4561
Fatty acids, total monounsaturated	S4561
Fatty acids, total polyunsaturated	S4561

NDB No. 08573 Cereals, Cream of Wheat, 2 1/2 minute cook time, dry

Protein	S2661
Glucose (dextrose)	S2661
Sugars, total	S2661
Phosphorus, P	S2661
Tocopherol, gamma	S2661
Vitamin C, total ascorbic acid	S2661
Serine	S2661
6:0	S2661
14:0	S2661
18:2 CLAs	S2661
18:3 n-6 c,c,c	S2661
Ash	S2661
Fiber, total dietary	S2661
Tocopherol, delta	S2661
Niacin	S2661
Vitamin B-6	S2661
Isoleucine	S2661
Alanine	S2661
Hydroxyproline	S2661
18:3 undifferentiated	S2661
20:4 undifferentiated	S2661
24:1 c	S2661
Fatty acids, total trans-monoenoic	S2661

NDB No. 08573 Cereals, Cream of Wheat, 2 1/2 minute cook time, dry

Magnesium, Mg	S2661
Zinc, Zn	S2661
Manganese, Mn	S2661
Menaquinone-4	S2661
Valine	S2661
Proline	S2661
Fatty acids, total saturated	S2661
8:0	S2661
22:4	S2661
Lactose	S2661
Calcium, Ca	S2661
Potassium, K	S2661
Tyrosine	S2661
Arginine	S2661
Aspartic acid	S2661
Glutamic acid	S2661
16:0	S2661
18:0	S2661
22:5 n-3 (DPA)	S2661
Fatty acids, total monounsaturated	S2661
16:1 c	S2661
22:1 c	S2661
20:3 undifferentiated	S2661
Riboflavin	S2661
Pantothenic acid	S2661
Dihydrophylloquinone	S2661
Vitamin K (phylloquinone)	S2661
22:6 n-3 (DHA)	S2661
16:1 undifferentiated	S2661
15:0	S2661
20:2 n-6 c,c	S2661
20:3 n-6	S2661
Maltose	S2661
Galactose	S2661
Vitamin E (alpha-tocopherol)	S2661
Threonine	S2661
Leucine	S2661

NDB No. 08573 Cereals, Cream of Wheat, 2 1/2 minute cook time, dry

Lysine	S2661
Phenylalanine	S2661
Histidine	S2661
20:0	S2661
18:2 undifferentiated	S2661
18:4	S2661
20:1	S2661
18:1 t	S2661
18:1 c	S2661
20:3 n-3	S2661
Total lipid (fat)	S2661
Sucrose	S2661
Fructose	S2661
Water	S2661
Tocopherol, beta	S2661
Tryptophan	S2661
Methionine	S2661
Cystine	S2661
Glycine	S2661
4:0	S2661
12:0	S2661
18:1 undifferentiated	S2661
22:0	S2661
14:1	S2661
17:0	S2661
24:0	S2661
22:1 t	S2661
18:2 t not further defined	S2661
18:2 n-6 c,c	S2661
Fatty acids, total trans-polyenoic	S2661
18:3 n-3 c,c,c (ALA)	S2661
Iron, Fe	S2661
Sodium, Na	S2661
Copper, Cu	S2661
Thiamin	S2661
Fatty acids, total trans	S2661
10:0	S2661

NDB No. 08573 Cereals, Cream of Wheat, 2 1/2 minute cook time, dry

20:5 n-3 (EPA)	S2661
22:1 undifferentiated	S2661
Fatty acids, total polyunsaturated	S2661
17:1	S2661
15:1	S2661

NDB No. 08574 Cereals, Cream of Wheat, 2 1/2 minute cook time, cooked with water, stove-top, without salt

Galactose	S2661
Tocopherol, beta	S2661
Thiamin	S2661
Dihydrophylloquinone	S2661
Glutamic acid	S2661
Serine	S2661
8:0	S2661
14:0	S2661
18:0	S2661
20:4 undifferentiated	S2661
20:1	S2661
22:1 undifferentiated	S2661
20:2 n-6 c,c	S2661
18:1 c	S2661
22:1 c	S2661
17:1	S2661
Ash	S2661
Calcium, Ca	S2661
Sodium, Na	S2661
Riboflavin	S2661
Pantothenic acid	S2661
Vitamin B-6	S2661
Folate, total	S2661
Phenylalanine	S2661
22:6 n-3 (DHA)	S2661
16:1 undifferentiated	S2661
Fatty acids, total polyunsaturated	S2661
24:0	S2661
18:3 n-6 c,c,c	S2661

NDB No. 08574 Cereals, Cream of Wheat, 2 1/2 minute cook time, cooked with water, stove-top, without salt

Fatty acids, total trans-monoenoic	S2661
Fatty acids, total trans-polyenoic	S2661
18:3 n-3 c,c,c (ALA)	S2661
20:3 n-6	S2661
Sucrose	S2661
Water	S2661
Zinc, Zn	S2661
Menaquinone-4	S2661
Folic acid	S2661
Lysine	S2661
Methionine	S2661
Cystine	S2661
4:0	S2661
16:0	S2661
22:0	S2661
22:1 t	S2661
16:1 c	S2661
20:3 undifferentiated	S2661
Protein	S2661
Glucose (dextrose)	S2661
Phosphorus, P	S2661
Potassium, K	S2661
Folate, food	S2661
Alanine	S2661
Glycine	S2661
Fatty acids, total trans	S2661
Fatty acids, total saturated	S2661
Fatty acids, total monounsaturated	S2661
18:1 t	S2661
18:2 CLAs	S2661
Lactose	S2661
Sugars, total	S2661
Magnesium, Mg	S2661
Copper, Cu	S2661
Manganese, Mn	S2661
Isoleucine	S2661

NDB No. 08574 Cereals, Cream of Wheat, 2 1/2 minute cook time, cooked with water, stove-top, without salt

Leucine	S2661
Proline	S2661
10:0	S2661
18:3 undifferentiated	S2661
18:4	S2661
22:5 n-3 (DPA)	S2661
18:2 t not further defined	S2661
15:1	S2661
20:3 n-3	S2661
Total lipid (fat)	S2661
Fructose	S2661
Maltose	S2661
Fiber, total dietary	S2661
Tocopherol, delta	S2661
Vitamin C, total ascorbic acid	S2661
Vitamin K (phylloquinone)	S2661
Threonine	S2661
Arginine	S2661
Aspartic acid	S2661
20:0	S2661
20:5 n-3 (EPA)	S2661
18:2 n-6 c,c	S2661
Tocopherol, gamma	S2661
Niacin	S2661
Valine	S2661
Hydroxyproline	S2661
6:0	S2661
18:2 undifferentiated	S2661
15:0	S2661
Iron, Fe	S2661
Vitamin E (alpha-tocopherol)	S2661
Tryptophan	S2661
Tyrosine	S2661
Histidine	S2661
12:0	S2661
18:1 undifferentiated	S2661
14:1	S2661

NDB No. 08574 Cereals, Cream of Wheat, 2 1/2 minute cook time, cooked with water, stove-top, without salt

17:0	S2661
24:1 c	S2661
22:4	S2661

NDB No. 08575 Cereals, Cream of Wheat, 2 1/2 minute cook time, cooked with water, microwaved, without salt

Iron, Fe	S2661
Phosphorus, P	S2661
Riboflavin	S2661
Proline	S2661
4:0	S2661
12:0	S2661
16:0	S2661
18:1 undifferentiated	S2661
16:1 undifferentiated	S2661
22:5 n-3 (DPA)	S2661
24:0	S2661
18:3 n-6 c,c,c	S2661
18:3 n-3 c,c,c (ALA)	S2661
Fiber, total dietary	S2661
Potassium, K	S2661
Tocopherol, gamma	S2661
Tocopherol, delta	S2661
Dihydrophylloquinone	S2661
Folic acid	S2661
Folate, food	S2661
Isoleucine	S2661
Lysine	S2661
Histidine	S2661
6:0	S2661
22:0	S2661
14:1	S2661
18:2 CLAs	S2661
22:4	S2661
Water	S2661
Vitamin E (alpha-tocopherol)	S2661
Folate, total	S2661

NDB No. 08575 Cereals, Cream of Wheat, 2 1/2 minute cook time, cooked with water, microwaved, without salt

Serine	S2661
Hydroxyproline	S2661
8:0	S2661
18:2 undifferentiated	S2661
Fatty acids, total monounsaturated	S2661
22:1 t	S2661
Protein	S2661
Maltose	S2661
Galactose	S2661
Tocopherol, beta	S2661
Thiamin	S2661
Menaquinone-4	S2661
Methionine	S2661
Cystine	S2661
Valine	S2661
10:0	S2661
17:0	S2661
17:1	S2661
Total lipid (fat)	S2661
Lactose	S2661
Sugars, total	S2661
Magnesium, Mg	S2661
Sodium, Na	S2661
Copper, Cu	S2661
Vitamin C, total ascorbic acid	S2661
20:4 undifferentiated	S2661
18:4	S2661
22:1 undifferentiated	S2661
24:1 c	S2661
18:1 c	S2661
15:1	S2661
20:3 n-6	S2661
Pantothenic acid	S2661
Tyrosine	S2661
Arginine	S2661
Glutamic acid	S2661
Glycine	S2661

NDB No. 08575 Cereals, Cream of Wheat, 2 1/2 minute cook time, cooked with water, microwaved, without salt

Fatty acids, total trans	S2661
Fatty acids, total saturated	S2661
18:3 undifferentiated	S2661
20:1	S2661
18:2 t not further defined	S2661
22:1 c	S2661
20:3 undifferentiated	S2661
Ash	S2661
Vitamin K (phylloquinone)	S2661
Tryptophan	S2661
Threonine	S2661
Leucine	S2661
14:0	S2661
18:0	S2661
22:6 n-3 (DHA)	S2661
Fatty acids, total polyunsaturated	S2661
Sucrose	S2661
Glucose (dextrose)	S2661
Fructose	S2661
Calcium, Ca	S2661
Zinc, Zn	S2661
Manganese, Mn	S2661
Niacin	S2661
Vitamin B-6	S2661
Phenylalanine	S2661
Alanine	S2661
Aspartic acid	S2661
20:0	S2661
20:5 n-3 (EPA)	S2661
15:0	S2661
18:1 t	S2661
20:2 n-6 c,c	S2661
16:1 c	S2661
18:2 n-6 c,c	S2661
Fatty acids, total trans-monoenoic	S2661
Fatty acids, total trans-polyenoic	S2661
20:3 n-3	S2661

NDB No. 08576 Cereals, CREAM OF WHEAT, 1 minute cook time, dry

Water	S2661
Galactose	S2661
Fiber, total dietary	S2661
Vitamin K (phylloquinone)	S2661
Threonine	S2661
6:0	S2661
16:1 undifferentiated	S2661
20:3 undifferentiated	S2661
Protein	S2661
Sucrose	S2661
Iron, Fe	S2661
Phosphorus, P	S2661
Arginine	S2661
Glutamic acid	S2661
Glycine	S2661
Proline	S2661
16:0	S2661
20:0	S2661
18:2 undifferentiated	S2661
22:0	S2661
22:1 undifferentiated	S2661
17:0	S2661
20:3 n-3	S2661
20:3 n-6	S2661
Lactose	S2661
Sugars, total	S2661
Vitamin E (alpha-tocopherol)	S2661
Aspartic acid	S2661
Serine	S2661
18:0	S2661
22:6 n-3 (DHA)	S2661
14:1	S2661
Fatty acids, total monounsaturated	S2661
18:2 t not further defined	S2661
24:1 c	S2661
22:4	S2661
Total lipid (fat)	S2661

NDB No. 08576 Cereals, CREAM OF WHEAT, 1 minute cook time, dry

Fructose	S2661
Sodium, Na	S2661
Copper, Cu	S2661
Manganese, Mn	S2661
Menaquinone-4	S2661
Tryptophan	S2661
Leucine	S2661
Methionine	S2661
Histidine	S2661
Alanine	S2661
Hydroxyproline	S2661
12:0	S2661
18:1 undifferentiated	S2661
22:1 t	S2661
Fatty acids, total trans-monoenoic	S2661
Fatty acids, total trans-polyenoic	S2661
Potassium, K	S2661
Zinc, Zn	S2661
Tocopherol, gamma	S2661
Pantothenic acid	S2661
Fatty acids, total saturated	S2661
10:0	S2661
18:3 undifferentiated	S2661
22:5 n-3 (DPA)	S2661
18:1 t	S2661
18:1 c	S2661
Tocopherol, delta	S2661
Riboflavin	S2661
Valine	S2661
20:1	S2661
20:5 n-3 (EPA)	S2661
16:1 c	S2661
18:2 n-6 c,c	S2661
22:1 c	S2661
Ash	S2661
Maltose	S2661
Calcium, Ca	S2661

NDB No. 08576 Cereals, CREAM OF WHEAT, 1 minute cook time, dry

Tocopherol, beta	S2661
Dihydrophylloquinone	S2661
Phenylalanine	S2661
Tyrosine	S2661
8:0	S2661
14:0	S2661
20:4 undifferentiated	S2661
Fatty acids, total polyunsaturated	S2661
18:2 CLAs	S2661
20:2 n-6 c,c	S2661
18:3 n-6 c,c,c	S2661
17:1	S2661
Glucose (dextrose)	S2661
Magnesium, Mg	S2661
Vitamin C, total ascorbic acid	S2661
Thiamin	S2661
Niacin	S2661
Vitamin B-6	S2661
Isoleucine	S2661
Lysine	S2661
Cystine	S2661
Fatty acids, total trans	S2661
4:0	S2661
18:4	S2661
15:0	S2661
24:0	S2661
15:1	S2661
18:3 n-3 c,c,c (ALA)	S2661

NDB No. 08577 Cereals, CREAM OF WHEAT, 1 minute cook time, cooked with water, stove-top, without salt

Zinc, Zn	S2661
Vitamin C, total ascorbic acid	S2661
Isoleucine	S2661
Cystine	S2661
18:2 undifferentiated	S2661
24:0	S2661

NDB No. 08577 Cereals, CREAM OF WHEAT, 1 minute cook time, cooked with water, stove-top, without salt

22:1 c	S2661
20:3 undifferentiated	S2661
20:3 n-6	S2661
Magnesium, Mg	S2661
Sodium, Na	S2661
Manganese, Mn	S2661
Threonine	S2661
Valine	S2661
14:0	S2661
14:1	S2661
22:5 n-3 (DPA)	S2661
18:1 t	S2661
24:1 c	S2661
20:2 n-6 c,c	S2661
15:1	S2661
Fructose	S2661
Galactose	S2661
Calcium, Ca	S2661
Thiamin	S2661
Vitamin B-6	S2661
Folic acid	S2661
Lysine	S2661
Methionine	S2661
Alanine	S2661
Serine	S2661
Fatty acids, total saturated	S2661
4:0	S2661
8:0	S2661
18:3 undifferentiated	S2661
22:6 n-3 (DHA)	S2661
20:1	S2661
17:0	S2661
22:1 t	S2661
16:1 c	S2661
Fatty acids, total trans-polyenoic	S2661
22:4	S2661
Total lipid (fat)	S2661

NDB No. 08577 Cereals, CREAM OF WHEAT, 1 minute cook time, cooked with water, stove-top, without salt

Ash	S2661
Glucose (dextrose)	S2661
Phosphorus, P	S2661
Riboflavin	S2661
Folate, total	S2661
6:0	S2661
Tocopherol, delta	S2661
Pantothenic acid	S2661
Tyrosine	S2661
10:0	S2661
16:0	S2661
Fatty acids, total polyunsaturated	S2661
Protein	S2661
Starch	S2661
Water	S2661
Fiber, total dietary	S2661
Potassium, K	S2661
Tocopherol, gamma	S2661
Niacin	S2661
Menaquinone-4	S2661
Aspartic acid	S2661
Glutamic acid	S2661
12:0	S2661
20:0	S2661
18:1 undifferentiated	S2661
22:0	S2661
22:1 undifferentiated	S2661
Sucrose	S2661
Sugars, total	S2661
Copper, Cu	S2661
Dihydrophylloquinone	S2661
Folate, food	S2661
Tryptophan	S2661
Glycine	S2661
Hydroxyproline	S2661
Fatty acids, total trans	S2661
18:0	S2661

NDB No. 08577 Cereals, CREAM OF WHEAT, 1 minute cook time, cooked with water, stove-top, without salt

20:4 undifferentiated	S2661
18:4	S2661
Fatty acids, total monounsaturated	S2661
18:2 t not further defined	S2661
18:2 n-6 c,c	S2661
18:3 n-6 c,c,c	S2661
Fatty acids, total trans-monoenoic	S2661
18:3 n-3 c,c,c (ALA)	S2661
Lactose	S2661
Maltose	S2661
Iron, Fe	S2661
Vitamin E (alpha-tocopherol)	S2661
Tocopherol, beta	S2661
Vitamin K (phylloquinone)	S2661
Leucine	S2661
Phenylalanine	S2661
Arginine	S2661
Histidine	S2661
Proline	S2661
16:1 undifferentiated	S2661
20:5 n-3 (EPA)	S2661
15:0	S2661
18:2 CLAs	S2661
18:1 c	S2661
17:1	S2661
20:3 n-3	S2661

NDB No. 08578 Cereals, CREAM OF WHEAT, 1 minute cook time, cooked with water, microwaved, without salt

Phosphorus, P	S2661
Potassium, K	S2661
Vitamin C, total ascorbic acid	S2661
Thiamin	S2661
Folate, total	S2661
Menaquinone-4	S2661
Fatty acids, total trans	S2661

NDB No. 08578 Cereals, CREAM OF WHEAT, 1 minute cook time, cooked with water, microwaved, without salt

14:0	S2661
16:0	S2661
18:2 undifferentiated	S2661
20:1	S2661
22:5 n-3 (DPA)	S2661
17:0	S2661
18:3 n-3 c,c,c (ALA)	S2661
22:4	S2661
Protein	S2661
Water	S2661
Sugars, total	S2661
Iron, Fe	S2661
Magnesium, Mg	S2661
Folic acid	S2661
Lysine	S2661
4:0	S2661
18:1 undifferentiated	S2661
22:6 n-3 (DHA)	S2661
20:2 n-6 c,c	S2661
22:1 c	S2661
Glucose (dextrose)	S2661
Calcium, Ca	S2661
Niacin	S2661
Methionine	S2661
Cystine	S2661
Tyrosine	S2661
Glutamic acid	S2661
Proline	S2661
20:0	S2661
18:3 undifferentiated	S2661
22:0	S2661
Fatty acids, total monounsaturated	S2661
15:0	S2661
22:1 t	S2661
24:1 c	S2661
16:1 c	S2661
18:2 n-6 c,c	S2661

NDB No. 08578 Cereals, CREAM OF WHEAT, 1 minute cook time, cooked with water, microwaved, without salt

17:1	S2661
20:3 n-6	S2661
Starch	S2661
Sucrose	S2661
Manganese, Mn	S2661
Vitamin E (alpha-tocopherol)	S2661
Folate, food	S2661
Isoleucine	S2661
Glycine	S2661
6:0	S2661
18:4	S2661
Fatty acids, total polyunsaturated	S2661
18:2 t not further defined	S2661
20:3 undifferentiated	S2661
Fiber, total dietary	S2661
Dihydrophylloquinone	S2661
Tryptophan	S2661
Threonine	S2661
Phenylalanine	S2661
Histidine	S2661
10:0	S2661
12:0	S2661
16:1 undifferentiated	S2661
Fatty acids, total trans-monoenoic	S2661
20:3 n-3	S2661
Fructose	S2661
Lactose	S2661
Zinc, Zn	S2661
Tocopherol, beta	S2661
Vitamin K (phylloquinone)	S2661
Leucine	S2661
Aspartic acid	S2661
18:0	S2661
14:1	S2661
18:1 c	S2661
Fatty acids, total trans-polyenoic	S2661
Maltose	S2661

NDB No. 08578 Cereals, CREAM OF WHEAT, 1 minute cook time, cooked with water, microwaved, without salt

Copper, Cu	S2661
Tocopherol, delta	S2661
Riboflavin	S2661
Arginine	S2661
Hydroxyproline	S2661
20:4 undifferentiated	S2661
24:0	S2661
18:2 CLAs	S2661
18:3 n-6 c,c,c	S2661
15:1	S2661
Total lipid (fat)	S2661
Ash	S2661
Galactose	S2661
Sodium, Na	S2661
Tocopherol, gamma	S2661
Pantothenic acid	S2661
Vitamin B-6	S2661
Valine	S2661
Alanine	S2661
Serine	S2661
Fatty acids, total saturated	S2661
8:0	S2661
20:5 n-3 (EPA)	S2661
22:1 undifferentiated	S2661
18:1 t	S2661

NDB No. 08580 Incaparina, dry mix (corn and soy flours), unprepared

Potassium, K	S3550
Sodium, Na	S3550
Tocopherol, beta	S3550
Isoleucine	S3550
Valine	S3550
Hydroxyproline	S3550
Fiber, total dietary	S3550
Manganese, Mn	S3550
Riboflavin	S3550

NDB No. 08580 Incaparina, dry mix (corn and soy flours), unprepared

Niacin	S3550
Tryptophan	S3550
Leucine	S3550
Serine	S3550
Water	S3550
Phosphorus, P	S3550
Retinol	S3550
Aspartic acid	S3550
Proline	S3550
Zinc, Zn	S3550
Selenium, Se	S3550
Vitamin E (alpha-tocopherol)	S3550
Tocopherol, gamma	S3550
Methionine	S3550
Cystine	S3550
Total lipid (fat)	S3550
Histidine	S3550
Alanine	S3550
Glutamic acid	S3550
Iron, Fe	S3550
Copper, Cu	S3550
Vitamin B-12	S3550
Threonine	S3550
Lysine	S3550
Tyrosine	S3550
Ash	S3550
Starch	S3550
Calcium, Ca	S3550
Phenylalanine	S3550
Arginine	S3550
Magnesium, Mg	S3550
Tocopherol, delta	S3550
Thiamin	S3550
Pantothenic acid	S3550
Vitamin B-6	S3550
Glycine	S3550

NDB No. 08584 Cereals ready-to-eat, KELLOGG'S SPECIAL K Chocolatey Delight

Fatty acids, total monounsaturated	S6541
Sugars, total	S6541
Fatty acids, total polyunsaturated	S6541
Fiber, total dietary	S6541
Vitamin C, total ascorbic acid	S6541
Total lipid (fat)	S6541
Calcium, Ca	S6541
Iron, Fe	S6541
Sodium, Na	S6541
Carbohydrate, by difference	S6541
Energy	S6541
Potassium, K	S6541
Protein	S6541
Fatty acids, total saturated	S6541

NDB No. 08585 Cereals ready-to-eat, GENERAL MILLS, TOTAL, Cranberry Crunch

Water	S6761
Zinc, Zn	S6761
Thiamin	S6761
Riboflavin	S6761
Fatty acids, total saturated	S6761
Vitamin B-6	S6761
Cholesterol	S6761
Phosphorus, P	S6761
Vitamin D	S6761
Protein	S6761
Fiber, total dietary	S6761
Iron, Fe	S6761
Sodium, Na	S6761
Fatty acids, total polyunsaturated	S6761
Total lipid (fat)	S6761
Calcium, Ca	S6761
Potassium, K	S6761
Fatty acids, total trans	S6761
Fatty acids, total monounsaturated	S6761

NDB No. 08585 Cereals ready-to-eat, GENERAL MILLS, TOTAL, Cranberry Crunch

Carbohydrate, by difference	S6761
Ash	S6761
Energy	S6761
Magnesium, Mg	S6761
Niacin	S6761
Vitamin A, IU	S6761
Vitamin B-12	S6761
Sugars, total	S6761
Vitamin C, total ascorbic acid	S6761
Folate, total	S6761

NDB No. 08587 Cereals ready-to-eat, KELLOGG, KELLOGG'S Special K low fat granola

Carbohydrate, by difference	S6541
Thiamin	S6541
Folate, total	S6541
Magnesium, Mg	S6541
Sodium, Na	S6541
Niacin	S6541
Total lipid (fat)	S6541
Vitamin B-12	S6541
Fatty acids, total saturated	S6541
Energy	S6541
Fatty acids, total polyunsaturated	S6541
Vitamin C, total ascorbic acid	S6541
Fatty acids, total monounsaturated	S6541
Calcium, Ca	S6541
Phosphorus, P	S6541
Potassium, K	S6541
Riboflavin	S6541
Fatty acids, total trans	S6541
Sugars, total	S6541
Fiber, total dietary	S6541
Vitamin A, IU	S6541
Vitamin D	S6541
Vitamin B-6	S6541
Cholesterol	S6541

NDB No. 08587 Cereals ready-to-eat, KELLOGG, KELLOGG'S Special K low fat granola

Protein	S6541

NDB No. 08588 Cereals, ready-to-eat, KELLOGG, KELLOGG'S CINNABON cereal

Vitamin C, total ascorbic acid	S6541
Riboflavin	S6541
Vitamin B-12	S6541
Fatty acids, total monounsaturated	S6541
Carbohydrate, by difference	S6541
Energy	S6541
Fiber, total dietary	S6541
Calcium, Ca	S6541
Thiamin	S6541
Vitamin A, IU	S6541
Fatty acids, total saturated	S6541
Sugars, total	S6541
Vitamin D	S6541
Vitamin B-6	S6541
Phosphorus, P	S6541
Total lipid (fat)	S6541
Iron, Fe	S6541
Potassium, K	S6541
Sodium, Na	S6541
Folate, total	S6541
Fatty acids, total trans	S6541
Protein	S6541
Magnesium, Mg	S6541
Niacin	S6541
Cholesterol	S6541
Fatty acids, total polyunsaturated	S6541

NDB No. 08589 KASHI GOLEAN Crisp Toasted Berry Crumble

Cholesterol	S6541
Sugars, total	S6541
Calcium, Ca	S6541
Magnesium, Mg	S6541

NDB No. 08589 KASHI GOLEAN Crisp Toasted Berry Crumble

Fatty acids, total trans	S6541
Fatty acids, total saturated	S6541
Fiber, total dietary	S6541
Sodium, Na	S6541
Fatty acids, total polyunsaturated	S6541
Carbohydrate, by difference	S6541
Vitamin A, IU	S6541
Vitamin C, total ascorbic acid	S6541
Energy	S6541
Iron, Fe	S6541
Phosphorus, P	S6541
Protein	S6541
Potassium, K	S6541
Fatty acids, total monounsaturated	S6541
Total lipid (fat)	S6541

NDB No. 08590 Cereals ready-to-eat, KASHI Heart to Heart Warm Cinnamon

Energy	S6541
Fiber, total dietary	S6541
Vitamin B-6	S6541
Fatty acids, total trans	S6541
Fatty acids, total monounsaturated	S6541
Calcium, Ca	S6541
Magnesium, Mg	S6541
Potassium, K	S6541
Fatty acids, total saturated	S6541
Protein	S6541
Total lipid (fat)	S6541
Thiamin	S6541
Sugars, total	S6541
Vitamin C, total ascorbic acid	S6541
Niacin	S6541
Vitamin B-12	S6541
Carbohydrate, by difference	S6541
Iron, Fe	S6541

NDB No. 08590 Cereals ready-to-eat, KASHI Heart to Heart Warm Cinnamon

Riboflavin	S6541
Folate, total	S6541
Cholesterol	S6541
Fatty acids, total polyunsaturated	S6541
Sodium, Na	S6541
Phosphorus, P	S6541

NDB No. 08591 Cereals ready-to-eat, KASHI ORGANIC PROMISE Island Vanilla Biscuit

Sugars, total	S6541
Fatty acids, total monounsaturated	S6541
Fatty acids, total polyunsaturated	S6541
Thiamin	S6541
Total lipid (fat)	S6541
Carbohydrate, by difference	S6541
Fiber, total dietary	S6541
Cholesterol	S6541
Fatty acids, total saturated	S6541
Phosphorus, P	S6541
Protein	S6541
Energy	S6541
Sodium, Na	S6541
Fatty acids, total trans	S6541
Vitamin A, IU	S6541
Niacin	S6541
Vitamin B-6	S6541
Potassium, K	S6541
Vitamin C, total ascorbic acid	S6541
Riboflavin	S6541

NDB No. 08592 Cereals ready-to-eat, GENERAL MILLS, CHEERIOS, Banana Nut

Protein	S6761
Sugars, total	S6761
Sodium, Na	S6761
Zinc, Zn	S6761
Thiamin	S6761

NDB No. 08592 Cereals ready-to-eat, GENERAL MILLS, CHEERIOS, Banana Nut

Vitamin B-6	S6761
Total lipid (fat)	S6761
Carbohydrate, by difference	S6761
Fatty acids, total trans	S6761
Fatty acids, total polyunsaturated	S6761
Riboflavin	S6761
Cholesterol	S6761
Water	S6761
Fiber, total dietary	S6761
Vitamin A, IU	S6761
Energy	S6761
Magnesium, Mg	S6761
Folate, total	S6761
Fatty acids, total saturated	S6761
Calcium, Ca	S6761
Phosphorus, P	S6761
Ash	S6761
Potassium, K	S6761
Iron, Fe	S6761
Vitamin D	S6761
Vitamin C, total ascorbic acid	S6761
Niacin	S6761
Vitamin B-12	S6761
Fatty acids, total monounsaturated	S6761

NDB No. 08593 Cereals ready-to-eat, GENERAL MILLS, CHEERIOS, Chocolate

Thiamin	S6761
Fatty acids, total trans	S6761
Sugars, total	S6761
Phosphorus, P	S6761
Riboflavin	S6761
Folate, total	S6761
Fatty acids, total polyunsaturated	S6761
Calcium, Ca	S6761
Sodium, Na	S6761
Zinc, Zn	S6761

NDB No. 08593 Cereals ready-to-eat, GENERAL MILLS, CHEERIOS, Chocolate

Vitamin C, total ascorbic acid	S6761
Cholesterol	S6761
Fatty acids, total monounsaturated	S6761
Total lipid (fat)	S6761
Vitamin D	S6761
Niacin	S6761
Vitamin B-6	S6761
Fatty acids, total saturated	S6761
Protein	S6761
Energy	S6761
Magnesium, Mg	S6761
Vitamin B-12	S6761
Ash	S6761
Water	S6761
Iron, Fe	S6761
Vitamin A, IU	S6761
Carbohydrate, by difference	S6761
Fiber, total dietary	S6761
Potassium, K	S6761

NDB No. 08594 Cereals ready-to-eat, GENERAL MILLS, Chocolate CHEX

Carbohydrate, by difference	S6761
Phosphorus, P	S6761
Fatty acids, total monounsaturated	S6761
Energy	S6761
Magnesium, Mg	S6761
Potassium, K	S6761
Zinc, Zn	S6761
Vitamin A, IU	S6761
Sugars, total	S6761
Calcium, Ca	S6761
Iron, Fe	S6761
Cholesterol	S6761
Riboflavin	S6761
Folate, total	S6761

NDB No. 08594 Cereals ready-to-eat, GENERAL MILLS, Chocolate CHEX

Total lipid (fat)	S6761
Vitamin C, total ascorbic acid	S6761
Niacin	S6761
Vitamin B-6	S6761
Fatty acids, total polyunsaturated	S6761
Protein	S6761
Ash	S6761
Sodium, Na	S6761
Vitamin D	S6761
Vitamin B-12	S6761
Fatty acids, total trans	S6761
Water	S6761
Fiber, total dietary	S6761
Thiamin	S6761
Fatty acids, total saturated	S6761

NDB No. 08595 Cereals ready-to-eat, GENERAL MILLS Cinnamon CHEX

Energy	S6761
Calcium, Ca	S6761
Vitamin A, IU	S6761
Cholesterol	S6761
Fatty acids, total trans	S6761
Carbohydrate, by difference	S6761
Fiber, total dietary	S6761
Potassium, K	S6761
Protein	S6761
Total lipid (fat)	S6761
Magnesium, Mg	S6761
Thiamin	S6761
Folate, total	S6761
Sugars, total	S6761
Phosphorus, P	S6761
Riboflavin	S6761
Ash	S6761
Vitamin B-6	S6761
Sodium, Na	S6761

NDB No. 08595 Cereals ready-to-eat, GENERAL MILLS Cinnamon CHEX

Vitamin D	S6761
Niacin	S6761
Vitamin B-12	S6761
Fatty acids, total monounsaturated	S6761
Fatty acids, total polyunsaturated	S6761
Water	S6761
Iron, Fe	S6761
Zinc, Zn	S6761
Vitamin C, total ascorbic acid	S6761
Fatty acids, total saturated	S6761

NDB No. 08596 Cereals ready-to-eat, GENERAL MILLS, FIBER ONE, Caramel Delight

Energy	S6761
Cholesterol	S6761
Total lipid (fat)	S6761
Carbohydrate, by difference	S6761
Water	S6761
Vitamin B-6	S6761
Vitamin B-12	S6761
Sugars, total	S6761
Calcium, Ca	S6761
Potassium, K	S6761
Riboflavin	S6761
Magnesium, Mg	S6761
Zinc, Zn	S6761
Vitamin C, total ascorbic acid	S6761
Thiamin	S6761
Ash	S6761
Fiber, total dietary	S6761
Phosphorus, P	S6761
Sodium, Na	S6761
Vitamin A, IU	S6761
Vitamin D	S6761
Fatty acids, total saturated	S6761
Fatty acids, total monounsaturated	S6761

NDB No. 08596 Cereals ready-to-eat, GENERAL MILLS, FIBER ONE, Caramel Delight

Protein	S6761
Iron, Fe	S6761
Folate, total	S6761
Fatty acids, total trans	S6761
Fatty acids, total polyunsaturated	S6761
Niacin	S6761

NDB No. 08597 Cereals ready-to-eat, GENERAL MILLS, FIBER ONE, Shredded Wheat

Phosphorus, P	S6761
Thiamin	S6761
Energy	S6761
Potassium, K	S6761
Zinc, Zn	S6761
Vitamin A, IU	S6761
Vitamin B-6	S6761
Folate, total	S6761
Protein	S6761
Ash	S6761
Water	S6761
Sugars, total	S6761
Sodium, Na	S6761
Iron, Fe	S6761
Magnesium, Mg	S6761
Riboflavin	S6761
Vitamin B-12	S6761
Fatty acids, total saturated	S6761
Fatty acids, total monounsaturated	S6761
Carbohydrate, by difference	S6761
Fiber, total dietary	S6761
Calcium, Ca	S6761
Fatty acids, total trans	S6761
Fatty acids, total polyunsaturated	S6761
Vitamin D	S6761
Vitamin C, total ascorbic acid	S6761
Total lipid (fat)	S6761
Niacin	S6761

NDB No. 08597 Cereals ready-to-eat, GENERAL MILLS, FIBER ONE, Shredded Wheat

Cholesterol	S6761

NDB No. 08598 Cereals ready-to-eat, GENERAL MILLS, FIBER ONE, Honey Clusters

Water	S6761
Sodium, Na	S6761
Cholesterol	S6761
Phosphorus, P	S6761
Zinc, Zn	S6761
Vitamin A, IU	S6761
Thiamin	S6761
Niacin	S6761
Vitamin B-6	S6761
Vitamin B-12	S6761
Fatty acids, total trans	S6761
Sugars, total	S6761
Protein	S6761
Carbohydrate, by difference	S6761
Ash	S6761
Magnesium, Mg	S6761
Fatty acids, total saturated	S6761
Total lipid (fat)	S6761
Potassium, K	S6761
Fatty acids, total monounsaturated	S6761
Fatty acids, total polyunsaturated	S6761
Energy	S6761
Vitamin D	S6761
Vitamin C, total ascorbic acid	S6761
Riboflavin	S6761
Folate, total	S6761
Fiber, total dietary	S6761
Calcium, Ca	S6761
Iron, Fe	S6761

NDB No. 08599 Cereals ready-to-eat, GENERAL MILLS, FIBER ONE, Raisin Bran Clusters

Energy	S6761

NDB No. 08599 Cereals ready-to-eat, GENERAL MILLS, FIBER ONE, Raisin Bran Clusters

Vitamin D	S6761
Riboflavin	S6761
Folate, total	S6761
Total lipid (fat)	S6761
Niacin	S6761
Fatty acids, total monounsaturated	S6761
Iron, Fe	S6761
Zinc, Zn	S6761
Thiamin	S6761
Fatty acids, total saturated	S6761
Carbohydrate, by difference	S6761
Sodium, Na	S6761
Vitamin B-12	S6761
Cholesterol	S6761
Protein	S6761
Sugars, total	S6761
Magnesium, Mg	S6761
Vitamin A, IU	S6761
Vitamin B-6	S6761
Fatty acids, total polyunsaturated	S6761
Ash	S6761
Fiber, total dietary	S6761
Phosphorus, P	S6761
Potassium, K	S6761
Vitamin C, total ascorbic acid	S6761
Water	S6761
Calcium, Ca	S6761
Fatty acids, total trans	S6761

NDB No. 08600 Cereals ready-to-eat, GENERAL MILLS, TOTAL, Blueberry Pomegranate

Magnesium, Mg	S6761
Vitamin A, IU	S6761
Fatty acids, total saturated	S6761
Carbohydrate, by difference	S6761
Water	S6761
Cholesterol	S6761

NDB No. 08600 Cereals ready-to-eat, GENERAL MILLS, TOTAL, Blueberry Pomegranate

Calcium, Ca	S6761
Total lipid (fat)	S6761
Niacin	S6761
Vitamin B-12	S6761
Fatty acids, total monounsaturated	S6761
Fiber, total dietary	S6761
Zinc, Zn	S6761
Fatty acids, total trans	S6761
Protein	S6761
Energy	S6761
Vitamin D	S6761
Thiamin	S6761
Folate, total	S6761
Fatty acids, total polyunsaturated	S6761
Phosphorus, P	S6761
Sodium, Na	S6761
Vitamin B-6	S6761
Ash	S6761
Sugars, total	S6761
Iron, Fe	S6761
Potassium, K	S6761
Vitamin C, total ascorbic acid	S6761
Riboflavin	S6761

NDB No. 08601 Cereals ready-to-eat, GENERAL MILLS, WHEATIES, Fuel

Potassium, K	S6761
Vitamin A, IU	S6761
Vitamin B-6	S6761
Cholesterol	S6761
Energy	S6761
Fiber, total dietary	S6761
Sodium, Na	S6761
Vitamin D	S6761
Fatty acids, total polyunsaturated	S6761
Zinc, Zn	S6761

NDB No. 08601 Cereals ready-to-eat, GENERAL MILLS, WHEATIES, Fuel

Vitamin B-12	S6761
Fatty acids, total monounsaturated	S6761
Carbohydrate, by difference	S6761
Vitamin C, total ascorbic acid	S6761
Thiamin	S6761
Niacin	S6761
Sugars, total	S6761
Calcium, Ca	S6761
Fatty acids, total trans	S6761
Iron, Fe	S6761
Protein	S6761
Total lipid (fat)	S6761
Ash	S6761
Water	S6761
Magnesium, Mg	S6761
Folate, total	S6761
Phosphorus, P	S6761
Riboflavin	S6761
Fatty acids, total saturated	S6761

NDB No. 08602 Cereals ready-to-eat, KELLOGG, KELLOGG'S Special K, Cinnamon Pecan

Carbohydrate, by difference	S6541
Fiber, total dietary	S6541
Fatty acids, total polyunsaturated	S6541
Total lipid (fat)	S6541
Calcium, Ca	S6541
Iron, Fe	S6541
Protein	S6541
Energy	S6541
Sugars, total	S6541
Vitamin A, IU	S6541
Fatty acids, total saturated	S6541
Potassium, K	S6541
Fatty acids, total monounsaturated	S6541
Sodium, Na	S6541

NDB No. 08602 Cereals ready-to-eat, KELLOGG, KELLOGG'S Special K, Cinnamon Pecan

Vitamin C, total ascorbic acid	S6541
Cholesterol	S6541
Fatty acids, total trans	S6541

NDB No. 08603 Cereals ready-to-eat, KELLOGG, KELLOGG'S Special K Blueberry

Total lipid (fat)	S6541
Fiber, total dietary	S6541
Potassium, K	S6541
Carbohydrate, by difference	S6541
Sugars, total	S6541
Fatty acids, total polyunsaturated	S6541
Iron, Fe	S6541
Cholesterol	S6541
Protein	S6541
Vitamin C, total ascorbic acid	S6541
Fatty acids, total trans	S6541
Energy	S6541
Calcium, Ca	S6541
Fatty acids, total saturated	S6541
Sodium, Na	S6541
Vitamin A, IU	S6541
Fatty acids, total monounsaturated	S6541

NDB No. 08604 Cereals ready-to-eat, KELLOGG, All-Bran Strawberry Medley

Fatty acids, total saturated	S6541
Total lipid (fat)	S6541
Fatty acids, total polyunsaturated	S6541
Protein	S6541
Energy	S6541
Sodium, Na	S6541
Potassium, K	S6541
Vitamin A, IU	S6541
Calcium, Ca	S6541
Cholesterol	S6541
Carbohydrate, by difference	S6541

NDB No. 08604 Cereals ready-to-eat, KELLOGG, All-Bran Strawberry Medley

Fiber, total dietary	S6541
Vitamin C, total ascorbic acid	S6541
Fatty acids, total monounsaturated	S6541
Sugars, total	S6541
Iron, Fe	S6541
Fatty acids, total trans	S6541

NDB No. 08605 Cereals ready-to-eat, KASHI, Kashi U

Protein	S6541
Fatty acids, total trans	S6541
Energy	S6541
Iron, Fe	S6541
Potassium, K	S6541
Fatty acids, total monounsaturated	S6541
Total lipid (fat)	S6541
Sugars, total	S6541
Calcium, Ca	S6541
Fatty acids, total polyunsaturated	S6541
Carbohydrate, by difference	S6541
Vitamin A, IU	S6541
Fiber, total dietary	S6541
Sodium, Na	S6541
Vitamin C, total ascorbic acid	S6541
Cholesterol	S6541
Fatty acids, total saturated	S6541

NDB No. 09003 Apples, raw, with skin

Protein	S502, S561, S1183
Magnesium, Mg	S502, D4070, S561, S1183
Copper, Cu	D4070, S561
Vitamin K (phylloquinone)	S502, S561
Methionine	S561
Cystine	S561
Serine	S561

NDB No. 09003 Apples, raw, with skin

Glucose (dextrose)	S502, S561
Maltose	S502, S561
Galactose	S502, S561
Riboflavin	S502, S561
Betaine	S561
Threonine	S561
Proline	S561
Sucrose	S502, S561
Fiber, total dietary	S502, S561, S1183
Selenium, Se	S502, S561
Vitamin E (alpha-tocopherol)	S561, S87
Vitamin C, total ascorbic acid	S1183
Alanine	S561
Aspartic acid	S561
Water	S502, S561, S1183, S87
Sugars, total	S502, S561
Phosphorus, P	S502, S561, S1183
Lycopene	S502, S561
Tocopherol, delta	S561, S87
Niacin	S561, S1183
Tryptophan	S561
Lysine	S561
Valine	S561
Lactose	S502, S561
Thiamin	S502, S561, S1183
Pantothenic acid	S502, S561, S1183
Vitamin B-6	S502, S561, S1183
Choline, total	S561
Isoleucine	S561
Calcium, Ca	S502, D4070, S561, S1183
Iron, Fe	D4070, S561, S1183
Cryptoxanthin, beta	S502, S561
Leucine	S561
Tyrosine	S561
Total lipid (fat)	S502, S561, S1183, S87
Ash	S502, S561, S1183
Fructose	S502, S561

NDB No. 09003 Apples, raw, with skin

Sodium, Na	D4070, S1183
Zinc, Zn	S502, D4070, S561, S1183
Fluoride, F	S502
Manganese, Mn	S502, D4070, S561, S1183
Carotene, beta	S502, S561
Dihydrophylloquinone	S502, S561
Glutamic acid	S561
Starch	S561
Potassium, K	S502, D4070, S561, S1183
Vitamin A, IU	S502, S561
Vitamin A, RAE	S502, S561
Carotene, alpha	S502, S561
Lutein + zeaxanthin	S502, S561
Tocopherol, beta	S561, S87
Tocopherol, gamma	S561, S87
Phenylalanine	S561
Arginine	S561
Histidine	S561
Glycine	S561

NDB No. 09004 Apples, raw, without skin

Total lipid (fat)	S502, S84
Sucrose	S502
Glucose (dextrose)	S502
Water	S502, S84
Sugars, total	S502
Potassium, K	S502
Zinc, Zn	S502
Vitamin A, IU	S502
Thiamin	S502
Fructose	S502
Lutein + zeaxanthin	S502
Phenylalanine	S561
Aspartic acid	S561
Lactose	S502
Calcium, Ca	S502

NDB No. 09004 Apples, raw, without skin

Pantothenic acid	S502
Vitamin B-6	S502
Valine	S561
Arginine	S561
Proline	S561
Maltose	S502
Fiber, total dietary	S502
Manganese, Mn	S502
Cryptoxanthin, beta	S502
Tocopherol, beta	S84
Tocopherol, gamma	S84
Dihydrophylloquinone	S502
Isoleucine	S561
Leucine	S561
Lysine	S561
Alanine	S561
Galactose	S502
Magnesium, Mg	S502
Carotene, beta	S502
Vitamin K (phylloquinone)	S502
Tryptophan	S561
Protein	S502
Phosphorus, P	S502
Riboflavin	S502
Methionine	S561
Cystine	S561
Tyrosine	S561
Vitamin A, RAE	S502
Carotene, alpha	S502
Threonine	S561
Ash	S502
Vitamin E (alpha-tocopherol)	S84
Lycopene	S502
Tocopherol, delta	S84
Histidine	S561
Glutamic acid	S561
Serine	S561

NDB No. 09011 Apples, dried, sulfured, uncooked

Tocopherol, gamma	S121
Tocopherol, beta	S121
Tocopherol, delta	S121
Vitamin E (alpha-tocopherol)	S121

NDB No. 09016 Apple juice, canned or bottled, unsweetened, without added ascorbic acid

Water	S1067, S1206, S3841
Potassium, K	S7, S206, S208, S1067, S10, S74, S2682, S2684, S6, S73, S2683, S11, S9, S12, S3841, S4061, S8
Betaine	S1067
Sucrose	S1067
Glucose (dextrose)	S1067
Galactose	S1067
Vitamin K (phylloquinone)	D4048, D4002
Lactose	S1067
Maltose	S1067
Phosphorus, P	S7, S206, S208, S1067, S10, S74, S2682, S2684, S6, S73, S2683, S11, S9, S12, S3841, S4061, S8
Zinc, Zn	S7, S206, S208, S1067, S10, S74, S2682, S2684, S6, S73, S2683, S11, S9, S12, S3841, S4061, S8
Ash	S1067
Magnesium, Mg	S7, S206, S208, S1067, S10, S74, S2682, S2684, S6, S73, S2683, S11, S9, S12, S3841, S4061, S8
Copper, Cu	S206, S1067, S74, S73, S6, S11
Protein	S1067
Fructose	S1067
Fiber, total dietary	S1067, S1206
Sodium, Na	S7, S206, S208, S1067, S10, S74, S2682, S2684, S6, S73, S2683, S11, S9, S12, S3841, S4061, S8
Niacin	S1067
Pantothenic acid	S1067
Vitamin B-6	S1067
Total lipid (fat)	S1067
Iron, Fe	S7, S206, S208, S1067, S10, S74, S2682, S2684, S6, S73, S2683, S11, S9, S12, S3841, S4061, S8
Manganese, Mn	S7, S206, S208, S1067, S10, S74, S2682, S2684, S6, S73, S2683, S11, S9, S12, S3841, S4061, S8
Sugars, total	S1067

NDB No. 09016 Apple juice, canned or bottled, unsweetened, without added ascorbic acid

Calcium, Ca	S7, S206, S208, S1067, S10, S74, S2682, S2684, S6, S73, S2683, S11, S9, S12, S3841, S4061, S8
Folic acid	S1067
Choline, total	S1067

NDB No. 09018 Apple juice, frozen concentrate, unsweetened, diluted with 3 volume water without added ascorbic acid

Betaine	S1067
Choline, total	S1067

NDB No. 09019 Applesauce, canned, unsweetened, without added ascorbic acid (includes USDA commodity)

Lactose	S3542
Zinc, Zn	S74, S73, S6, S3542
Riboflavin	S3542
Fructose	S3542
Niacin	S3542
Vitamin B-6	S3542
Vitamin K (phylloquinone)	S3542
Folate, food	S3542
Potassium, K	S74, S73, S6, S3542
Dihydrophylloquinone	S3542
Water	S3542
Vitamin E (alpha-tocopherol)	S3542
Menaquinone-4	S3542
Total lipid (fat)	S3542
Glucose (dextrose)	S3542
Galactose	S3542
Magnesium, Mg	S74, S73, S6, S3542
Phosphorus, P	S74, S73, S6, S3542
Pantothenic acid	S3542
Ash	S3542
Starch	S3542
Manganese, Mn	S74, S73, S6, S3542
Tocopherol, gamma	S3542
Fiber, total dietary	S3542
Iron, Fe	S74, S73, S6, S3542

NDB No. 09019 Applesauce, canned, unsweetened, without added ascorbic acid (includes USDA commodity)

Copper, Cu	S74, S73, S6, S3542
Tocopherol, beta	S3542
Tocopherol, delta	S3542
Protein	S3542
Sucrose	S3542
Maltose	S3542
Sugars, total	S3542
Calcium, Ca	S74, S73, S6, S3542
Vitamin C, total ascorbic acid	S3542
Thiamin	S3542
Folate, total	S3542
Choline, total	S3542
Betaine	S3542

NDB No. 09020 Applesauce, canned, sweetened, without salt (includes USDA commodity)

Protein	S402, S3542
Total lipid (fat)	S84, S402, S3542
Maltose	S3542
Fiber, total dietary	D3780, S3542
Sodium, Na	S7, S206, S208, S10, S2682, S2684, S6, S2683, S402, S11, S9, S12, S3841, S4061, S8, S3542
Copper, Cu	S7, S206, S208, S10, S2682, S2684, S2683, S402, S11, S9, S12, S3841, S4061, S8, S3542
Vitamin A, IU	S402
Tocopherol, beta	S84, S3542
Dihydrophylloquinone	S3542
Lactose	S3542
Phosphorus, P	S7, S206, S208, S10, S2682, S2684, S6, S2683, S402, S11, S9, S12, S3841, S4061, S8, S3542
Thiamin	S402, S3542
Ash	S402, S3542
Sucrose	S3542
Sugars, total	S3542
Selenium, Se	D3357, D3352
Tocopherol, gamma	S84, S3542
Fructose	S3542
Zinc, Zn	S7, S206, S208, S2682, S2684, S6, S2683, S402, S9, S11, S12, S3841, S4061, S8, S3542
Vitamin E (alpha-tocopherol)	S84, S3542

NDB No. 09020 Applesauce, canned, sweetened, without salt (includes USDA commodity)

Vitamin B-6	S402, S3542
Vitamin K (phylloquinone)	D4002, S3542
Glucose (dextrose)	S3542
Galactose	S3542
Riboflavin	S402, S3542
Potassium, K	S7, S206, S208, S10, S2682, S2684, S6, S2683, S402, S11, S9, S12, S3841, S4061, S8, S3542
Niacin	S402, S3542
Pantothenic acid	S402, S3542
Folate, total	S402, S3542
Menaquinone-4	S3542
Water	S402, S3841, S3542
Calcium, Ca	S7, S206, S208, S10, S2682, S2684, S6, S2683, S402, S11, S9, S12, S3841, S4061, S8, S3542
Iron, Fe	S7, S206, S208, S10, S2682, S2684, S6, S2683, S402, S11, S9, S12, S3841, S4061, S8, S3542
Magnesium, Mg	S7, S206, S208, S10, S2682, S2684, S6, S2683, S402, S11, S9, S12, S3841, S4061, S8, S3542
Manganese, Mn	S7, S206, S208, S2682, S2684, S2683, S402, S11, S9, S12, S3841, S4061, S8, S3542
Tocopherol, delta	S84, S3542

NDB No. 09021 Apricots, raw

Zinc, Zn	S7, S206, S208, S10, S11, S9, S12, S8
Copper, Cu	S7, S206, S208, S10, S11, S9, S12, S8
Vitamin K (phylloquinone)	D4002
Calcium, Ca	S7, S206, S208, S10, S11, S9, S12, S8
Magnesium, Mg	S7, S206, S208, S10, S11, S9, S12, S8
Phosphorus, P	S7, S206, S208, S10, S11, S9, S12, S8
Carotene, beta	D3887, D3949, D3924
Maltose	D3321
Iron, Fe	S7, S206, S208, S10, S11, S9, S12, S8
Fructose	D3344, D3321, S604
Fiber, total dietary	D3780, S604
Selenium, Se	S7, S206, S208, S10, S11, S9, S12, S8
Vitamin A, IU	D3887, D3949, D3924
Carotene, alpha	D3887, D3949, D3924
Sucrose	D3344, D3321, S604
Vitamin A, RAE	D3887, D3949, D3924

NDB No. 09021 Apricots, raw

Lutein + zeaxanthin	D3949, D3924
Manganese, Mn	S7, S206, S208, S10, S11, S9, S12, S8
Cryptoxanthin, beta	D3887, D3949, D3924
Glucose (dextrose)	D3344, D3321, S604
Potassium, K	S7, S206, S208, S10, S11, S9, S12, S8

NDB No. 09032 Apricots, dried, sulfured, uncooked

Ash	S21
Lactose	S21
Lutein + zeaxanthin	S21
Pantothenic acid	S21
Betaine	S21
Tryptophan	S21
Lysine	S21
Glutamic acid	S21
Glycine	S21
20:0	S21
22:6 n-3 (DHA)	S21
20:5 n-3 (EPA)	S21
15:0	S21
Glucose (dextrose)	S21
Magnesium, Mg	S21
Zinc, Zn	S21
Vitamin A, IU	S21
Carotene, alpha	S21
Tocopherol, beta	S21
Riboflavin	S21
Vitamin B-6	S21
Tyrosine	S21
Valine	S21
Alanine	S21
Serine	S21
18:1 undifferentiated	S21
16:1 undifferentiated	S21
24:0	S21
Total lipid (fat)	S21

NDB No. 09032 Apricots, dried, sulfured, uncooked

Starch	S21
Sugars, total	S21
Manganese, Mn	S21
Lycopene	S21
Dihydrophylloquinone	S21
Phenylalanine	S21
Proline	S21
14:0	S21
18:2 undifferentiated	S21
Fiber, total dietary	S21, D3780
Iron, Fe	S21
Phosphorus, P	S21
Vitamin C, total ascorbic acid	S21
Vitamin K (phylloquinone)	D4002, S21
Cystine	S21
Histidine	S21
8:0	S21
20:1	S21
Vitamin A, RAE	S21
Tocopherol, delta	S21
4:0	S21
12:0	S21
Galactose	S21
Potassium, K	S21
Niacin	S21
Folate, total	S21
Threonine	S21
Methionine	S21
10:0	S21
18:3 undifferentiated	S21
20:4 undifferentiated	S21
14:1	S21
17:0	S21
Protein	S21
Fructose	S21
Water	S21, D3780
Copper, Cu	S21

NDB No. 09032 Apricots, dried, sulfured, uncooked

Vitamin E (alpha-tocopherol)	S21
Thiamin	S21
Choline, total	S21
Isoleucine	S21
Arginine	S21
Aspartic acid	S21
16:0	S21
18:0	S21
18:4	S21
Sucrose	S21
Maltose	S21
Calcium, Ca	S21
Carotene, beta	S21
Cryptoxanthin, beta	S21
Tocopherol, gamma	S21
Leucine	S21
6:0	S21
22:0	S21
22:1 undifferentiated	S21
22:5 n-3 (DPA)	S21

NDB No. 09033 Apricots, dried, sulfured, stewed, without added sugar

Lysine	S21
Tyrosine	S21
Glutamic acid	S21
Glycine	S21
Phenylalanine	S21
Alanine	S21
Leucine	S21
Methionine	S21
Cystine	S21
Valine	S21
Arginine	S21
Serine	S21
Histidine	S21
Tryptophan	S21

NDB No. 09033 Apricots, dried, sulfured, stewed, without added sugar

Isoleucine	S21
Aspartic acid	S21
Proline	S21
Threonine	S21

NDB No. 09036 Apricot nectar, canned, without added ascorbic acid

Fluoride, F	D5201, D5021

NDB No. 09037 Avocados, raw, all commercial varieties

Galactose	S502, S481
Zinc, Zn	S502, D4070, S1031, S381, S481
Niacin	S502, S1031, S381, S481
Pantothenic acid	S502, S1031, S381, S481
Betaine	S502, S481
8:0	S502, S481
22:0	S502, S481
Protein	S1621, S502, S1031, S381, S481
Fiber, total dietary	S837, S1621, S502, S642, S1031, S381, S1401, S481
Sodium, Na	S1621, D4070, S1031, S381, S481
Copper, Cu	S502, D4070, S1031, S381, S481
Fluoride, F	D5007
14:0	S502, S481
16:0	S502, S481
Water	S837, S1621, S502, S1031, S381, S121, S1401, S481
Iron, Fe	S1621, S502, D4070, S1031, S381, S481
Lycopene	S502, S481
Tocopherol, gamma	S1621, S502, S121, S481
Tocopherol, delta	S502, S121, S481
Riboflavin	S502, S1031, S381, S481
20:0	S502, S481
20:4 undifferentiated	S502, S481
22:1 undifferentiated	S502
22:5 n-3 (DPA)	S502
Campesterol	D4761
Beta-sitosterol	D4761
17:1	S502, S481

NDB No. 09037 Avocados, raw, all commercial varieties

Ash	S1621, S502, S1031, S381, S481
Starch	S502, S481
Sugars, total	S837, S1621, S502, S481
Calcium, Ca	S1621, S502, D4070, S1031, S381, S481
Magnesium, Mg	S502, D4070, S1031, S381, S481
Potassium, K	S1621, S502, D4070, S1031, S381, S481
Manganese, Mn	S502, D4070, S1031, S381, S481
Cryptoxanthin, beta	S1621, S502, S381, S986, S481
Vitamin C, total ascorbic acid	S1621, S1031, S381
Choline, total	S502, S481
12:0	S502, S481
18:1 undifferentiated	S502, S481
16:1 undifferentiated	S502, S481
Sucrose	S837, S502, S481
Glucose (dextrose)	S837, S502, S481
Lactose	S837, S502, S481
Tocopherol, beta	S502, S121, S481
20:5 n-3 (EPA)	S502
18:3 n-6 c,c,c	S481
Total lipid (fat)	S1621, S502, S1031, S381, S121, S481
Maltose	S837, S502, S481
Phosphorus, P	S502, S1031, S381, S481
Selenium, Se	S502, S481
Vitamin A, RAE	S1621, S502, S381, S986, S481
Carotene, beta	S1621, S502, S1031, S381, S986, S481
Thiamin	S502, S1031, S381, S481
Folate, total	S1621, S1031, S381, S481
Dihydrophylloquinone	S502, S481
18:0	S502, S481
18:2 undifferentiated	S502, S481
22:6 n-3 (DHA)	S502
14:1	S502, S481
Stigmasterol	D4761
17:0	S502, S481
18:3 n-3 c,c,c (ALA)	S481
Fructose	S837, S502, S481
Vitamin A, IU	S1621, S502, S1031, S381, S986, S481

NDB No. 09037 Avocados, raw, all commercial varieties

Carotene, alpha	S1621, S502, S1031, S381, S986, S481
Vitamin B-6	S502, S1031, S381, S481
15:0	S502, S481
24:0	S502
20:3 undifferentiated	S502, S481
15:1	S502, S481
Vitamin E (alpha-tocopherol)	S1621, S502, S1031, S121, S481
Lutein + zeaxanthin	S1621, S502, S481
Vitamin K (phylloquinone)	S502, S481
10:0	S502, S481
18:4	S502
20:1	S502, S481
20:2 n-6 c,c	S502, S481

NDB No. 09038 Avocados, raw, California

Total lipid (fat)	S1621, S502, S1031, S121, S481
Zinc, Zn	S502, S1031, S481
Cryptoxanthin, beta	S1621, S502, S986, S481
Lycopene	S502, S481
Niacin	S502, S1031, S481
Dihydrophylloquinone	S502, S481
Glutamic acid	S502, S481
Glycine	S502, S481
20:0	S502, S481
Stigmasterol	D4761
20:2 n-6 c,c	S502, S481
Ash	S1621, S502, S1031, S481
Maltose	S837, S502, S481
Potassium, K	S1621, S502, S1031, S481
Manganese, Mn	S502, S1031, S481
Lutein + zeaxanthin	S1621, S502, S481
Tocopherol, delta	S502, S121, S481
Histidine	S502, S481
Serine	S502, S481
22:6 n-3 (DHA)	S502
22:0	S502, S481

NDB No. 09038 Avocados, raw, California

20:5 n-3 (EPA)	S502
22:5 n-3 (DPA)	S502
Fructose	S837, S502, S481
Water	S837, S1621, S502, S1031, S121, S1401, S481
Phosphorus, P	S502, S1031, S481
Copper, Cu	S502, S1031, S481
Selenium, Se	S502, S481
Vitamin C, total ascorbic acid	S1621, S1031
Methionine	S502, S481
Tyrosine	S502, S481
14:1	S502, S481
16:1 undifferentiated	S502, S481
22:1 undifferentiated	S502
Beta-sitosterol	D4761
18:3 n-6 c,c,c	S481
Starch	S502, S481
Fiber, total dietary	S837, S1621, S502, S642, S1031, S1401, S481
Calcium, Ca	S1621, S502, S1031, S481
Iron, Fe	S1621, S502, S1031, S481
Magnesium, Mg	S502, S1031, S481
Vitamin E (alpha-tocopherol)	S1621, S502, S1031, S121, S481
Isoleucine	S502, S481
Cystine	S502, S481
Proline	S502, S481
16:0	S502, S481
18:0	S502, S481
17:1	S502, S481
Glucose (dextrose)	S837, S502, S481
Lactose	S837, S502, S481
Sugars, total	S837, S1621, S502, S481
Vitamin A, RAE	S502, S986, S481
Vitamin B-6	S502, S1031, S481
Folate, total	S1621, S1031, S481
Choline, total	S502, S481
Alanine	S502, S481
20:4 undifferentiated	S502, S481
18:4	S502

NDB No. 09038 Avocados, raw, California

24:0	S502
18:3 n-3 c,c,c (ALA)	S481
Sucrose	S837, S502, S481
Carotene, beta	S1621, S502, S1031, S986, S481
Tocopherol, beta	S502, S121, S481
Vitamin K (phylloquinone)	S502, S481
Betaine	S502, S481
Tryptophan	S502, S481
Leucine	S502, S481
Lysine	S502, S481
8:0	S502, S481
12:0	S502, S481
18:1 undifferentiated	S502, S481
17:0	S502, S481
20:3 undifferentiated	S502, S481
Protein	S1621, S502, S1031, S481
Sodium, Na	S1621, S1031, S481
Tocopherol, gamma	S1621, S502, S121, S481
Thiamin	S502, S1031, S481
Riboflavin	S502, S1031, S481
Threonine	S502, S481
Valine	S502, S481
Arginine	S502, S481
10:0	S502, S481
18:2 undifferentiated	S502, S481
20:1	S502, S481
15:0	S502, S481
15:1	S502, S481
Galactose	S502, S481
Vitamin A, IU	S1621, S502, S1031, S986
Carotene, alpha	S1621, S502, S1031, S986, S481
Pantothenic acid	S502, S1031, S481
Phenylalanine	S481
Aspartic acid	S502, S481
14:0	S502, S481
Campesterol	D4761

NDB No. 09039 Avocados, raw, Florida

Total lipid (fat)	S381
Iron, Fe	D4070, S381
Phosphorus, P	S381
Manganese, Mn	D4070, S381
Carotene, alpha	S381
Vitamin E (alpha-tocopherol)	S121
Cryptoxanthin, beta	S381
Riboflavin	S381
Ash	S381
Magnesium, Mg	D4070, S381
Copper, Cu	D4070, S381
Tocopherol, gamma	S121
Thiamin	S381
Lactose	S837
Maltose	S837
Water	S837, S381, S121, S1401
Glucose (dextrose)	S837
Tocopherol, beta	S121
Pantothenic acid	S381
Folate, total	S381
Sucrose	S837
Sugars, total	S837
Calcium, Ca	D4070, S381
Potassium, K	D4070, S381
Sodium, Na	D4070, S381
Vitamin A, IU	S381
Vitamin B-6	S381
Zinc, Zn	D4070, S381
Tocopherol, delta	S121
Vitamin C, total ascorbic acid	S381
Carotene, beta	S381
Protein	S381
Fructose	S837
Fiber, total dietary	S837, S381, S1401
Vitamin A, RAE	S381
Niacin	S381

NDB No. 09040 Bananas, raw

Protein	S562, S1023, S481
Selenium, Se	S7, S206, S208, S10, S562, S6, S11, S9, S12, S8, S481
Vitamin A, IU	S562, S1023, S481
Folate, total	S562, S1023, S481
Betaine	S481
Fiber, total dietary	S562, D3764, S642, S1023, S481
Manganese, Mn	S7, S206, S208, S10, S562, S74, S6, S73, S11, S9, S12, S1023, S8, S481
Tocopherol, gamma	S562, S121, S87, S481
Tocopherol, delta	S562, S121, S87, S481
Riboflavin	S562, S1023, S481
Threonine	S562, S481
Aspartic acid	S562, S481
Serine	S562, S481
Water	S562, D3764, S121, S1023, S87, S481
Fluoride, F	S481
Vitamin A, RAE	S562, S1023, S481
Vitamin E (alpha-tocopherol)	S562, S121, S87, S481
Cryptoxanthin, beta	S562, S481
Lycopene	S562, S481
Lutein + zeaxanthin	S562, S481
Choline, total	S481
Total lipid (fat)	S562, S121, S1023, S87, S481
Sugars, total	S562, S481
Magnesium, Mg	S7, S206, S208, S10, S562, S74, S6, S73, S11, S9, S12, S1023, S8, S481
Tryptophan	S562, S481
Lysine	S562, S481
Methionine	S562, S481
Lactose	S562, S481
Calcium, Ca	S7, S206, S208, S10, S562, S74, S6, S73, S11, S9, S12, S1023, S8, S481
Iron, Fe	S7, S206, S208, S10, S562, S74, S6, S73, S11, S9, S12, S1023, S8
Potassium, K	S7, S206, S208, S10, S562, S74, S6, S73, S11, S9, S12, S1023, S8, S481
Copper, Cu	S7, S206, S208, S10, S562, S74, S6, S73, S11, S9, S12, S1023, S8, S481
Thiamin	S562, S1023, S481
Vitamin K (phylloquinone)	D4048, S562, D4002
Phenylalanine	S562, S481
Valine	S562, S481
Ash	S562, S1023, S481

NDB No. 09040 Bananas, raw

Maltose	S562, S481
Galactose	S562, S481
Phosphorus, P	S7, S206, S208, S10, S562, S74, S6, S73, S11, S9, S12, S1023, S8, S481
Sodium, Na	S7, S206, S208, S10, S562, S74, S6, S73, S11, S9, S12, S1023, S8, S481
Tocopherol, beta	S562, S121, S87, S481
Niacin	S562, S1023, S481
Dihydrophylloquinone	S562
Histidine	S562, S481
Glycine	S562, S481
Proline	S562, S481
Starch	S562, S481
Glucose (dextrose)	S562, S481
Fructose	S562, S481
Carotene, alpha	S562, S1023, S481
Pantothenic acid	S562, S1023, S481
Vitamin B-6	S562, S1023, S481
Isoleucine	S562, S481
Cystine	S562, S481
Tyrosine	S562, S481
Arginine	S562, S481
Glutamic acid	S562, S481
Sucrose	S562, S481
Zinc, Zn	S7, S206, S208, S10, S562, S74, S6, S73, S11, S9, S12, S1023, S8, S481
Carotene, beta	S562, S1023, S481
Vitamin C, total ascorbic acid	S562, S1023
Leucine	S562, S481
Alanine	S562, S481

NDB No. 09042 Blackberries, raw

Lactose	S566, S461
Water	S566, S461
Iron, Fe	S566, S461
Copper, Cu	S566, S461
Manganese, Mn	S566, S461
Tocopherol, gamma	S566, S461
Vitamin B-6	S566, S461

NDB No. 09042 Blackberries, raw

Choline, total	S461
Sucrose	S566, S461
Fructose	S566, S461
Fiber, total dietary	S566, S461
Betaine	S461
Zinc, Zn	S566, S461
Lycopene	S566, S461
Lutein + zeaxanthin	S566, S461
Tocopherol, beta	S566, S461
Protein	S566, S461
Magnesium, Mg	S566, S461
Phosphorus, P	S566, S461
Thiamin	S566, S461
Niacin	S566, S461
Sodium, Na	S566
Tocopherol, delta	S566, S461
Total lipid (fat)	S566, S461
Ash	S566, S461
Galactose	S566, S461
Potassium, K	S566
Vitamin A, IU	S566, S461
Carotene, beta	S566, S461
Carotene, alpha	S566, S461
Riboflavin	S566, S461
Pantothenic acid	S566, S461
Folate, total	S566, S461
Dihydrophylloquinone	S566, S461
Vitamin K (phylloquinone)	S566, S461
Glucose (dextrose)	S566, S461
Maltose	S566, S461
Sugars, total	S566, S461
Selenium, Se	S566
Vitamin A, RAE	S566, S461
Cryptoxanthin, beta	S566, S461
Starch	S461
Calcium, Ca	S566, S461
Vitamin E (alpha-tocopherol)	S566, S461

NDB No. 09050 Blueberries, raw

Fructose	S441, S421
Maltose	S441, S421
Water	S1141, S441, S421
Fiber, total dietary	S421
Tocopherol, gamma	S421
Ash	S1141, S441, S421
Starch	S421
Zinc, Zn	S1141, S441, S421
Vitamin B-6	S1141, S441, S421
Betaine	S421
Lactose	S441, S421
Magnesium, Mg	S1141, S441, S421
Vitamin E (alpha-tocopherol)	S421
Cryptoxanthin, beta	S441, D3887, S421
Vitamin C, total ascorbic acid	S1141
Choline, total	S421
Total lipid (fat)	S1141, S441, S421
Sucrose	S441, S421
Galactose	S441, S421
Carotene, beta	S1141, S441, D3887, S421
Calcium, Ca	S1141, S441, S421
Phosphorus, P	S1141, S441, S421
Sodium, Na	S1141, S441
Vitamin A, RAE	S1141, S441, S421
Lycopene	S441, S421
Tocopherol, delta	S421
Riboflavin	S1141, S441, S421
Niacin	S1141, S441, S421
Copper, Cu	S1141, S441, S421
Vitamin A, IU	S1141, S441, S421
Folate, total	S1141, S441, S421
Protein	S1141, S441, S421
Potassium, K	S1141, S441
Manganese, Mn	S1141, S421
Carotene, alpha	S441, D3887, S421
Lutein + zeaxanthin	S441, S421
Thiamin	S1141, S441, S421

NDB No. 09050 Blueberries, raw

Pantothenic acid	S1141, S441, S421
Dihydrophylloquinone	S441, S421
Vitamin K (phylloquinone)	S441, S421
Glucose (dextrose)	S441, S421
Sugars, total	S441, S421
Iron, Fe	S1141, S441, S421
Selenium, Se	S441
Tocopherol, beta	S421

NDB No. 09052 Blueberries, canned, heavy syrup, solids and liquids

Vitamin K (phylloquinone)	D4048

NDB No. 09053 Blueberries, wild, frozen

Protein	S4741
Carotene, alpha	S4741
Vitamin E (alpha-tocopherol)	S4741
Total lipid (fat)	S4741
Ash	S4741
Sucrose	S4741
Fructose	S4741
Carotene, beta	S4741
Vitamin B-6	S4741
Fatty acids, total saturated	S4741
Glucose (dextrose)	S4741
Magnesium, Mg	S4741
Potassium, K	S4741
Zinc, Zn	S4741
Vitamin C, total ascorbic acid	S4741
Sodium, Na	S4741
Iron, Fe	S4741
Riboflavin	S4741
Fatty acids, total trans	S4741
Fatty acids, total polyunsaturated	S4741
Water	S4741
Vitamin A, RAE	S4741
Lactose	S4741

NDB No. 09053 Blueberries, wild, frozen

Fiber, total dietary	S4741
Manganese, Mn	S4741
Thiamin	S4741
Niacin	S4741
Maltose	S4741
Calcium, Ca	S4741
Phosphorus, P	S4741
Vitamin A, IU	S4741
Fatty acids, total monounsaturated	S4741

NDB No. 09059 Breadfruit, raw

Vitamin A, RAE	D3899
Carotene, beta	D3899
Vitamin A, IU	D3899
Carotene, alpha	D3899
Cryptoxanthin, beta	D3899

NDB No. 09060 Carambola, (starfruit), raw

Potassium, K	D4070, S381
Lycopene	D3969
Niacin	S381
Total lipid (fat)	S381
Vitamin A, RAE	S381
Folate, total	S381
Protein	S381
Water	S381
Carotene, beta	D3899
Thiamin	S381
Pantothenic acid	S381
Ash	S381
Fiber, total dietary	S381
Phosphorus, P	S381
Sodium, Na	D4070, S381
Zinc, Zn	D4070, S381
Vitamin C, total ascorbic acid	S381

NDB No. 09060 Carambola, (starfruit), raw

Vitamin B-6	S381
Calcium, Ca	D4070, S381
Iron, Fe	D4070, S381
Magnesium, Mg	D4070, S381
Copper, Cu	D4070, S381
Manganese, Mn	D4070, S381
Vitamin A, IU	S381
Carotene, alpha	D3899
Cryptoxanthin, beta	D3899
Lutein + zeaxanthin	D3969
Riboflavin	S381

NDB No. 09062 Cherimoya, raw

Sugars, total	S5803
Galactose	S5803
Zinc, Zn	S381, S404, S5803
Vitamin A, IU	S5803
Carotene, beta	S5803
Niacin	S381, S404, S5803
Vitamin B-6	S381, S404, S5803
Phenylalanine	S5803
Proline	S5803
18:3 undifferentiated	S5803
22:0	S5803
Fatty acids, total trans-monoenoic	S5803
15:1	S5803
Maltose	S5803
Calcium, Ca	S381, S404, S5803
Copper, Cu	S381, S404, S5803
Tocopherol, beta	S5803
Lysine	S5803
14:0	S5803
18:2 CLAs	S5803
20:3 n-3	S5803
Total lipid (fat)	S381, S404, S5803
Sucrose	S404, S5803

NDB No. 09062 Cherimoya, raw

Lactose	S5803
Potassium, K	S381, S404, S5803
Vitamin E (alpha-tocopherol)	S5803
Cryptoxanthin, beta	S5803
Tryptophan	S5803
Isoleucine	S5803
Histidine	S5803
8:0	S5803
22:6 n-3 (DHA)	S5803
20:5 n-3 (EPA)	S5803
15:0	S5803
22:1 t	S5803
18:3 n-6 c,c,c	S5803
22:4	S5803
Ash	S381, S404, S5803
Water	S381, S404, S5803
Iron, Fe	S381, S404, S5803
Lutein + zeaxanthin	S5803
Vitamin C, total ascorbic acid	S381, S5803
Riboflavin	S381, S404, S5803
Pantothenic acid	S381, S404, S5803
Fatty acids, total saturated	S5803
18:4	S5803
17:0	S5803
Glucose (dextrose)	S5803
Vitamin A, RAE	S5803
Folate, total	S381, S5803
Threonine	S5803
Valine	S5803
Arginine	S5803
Glutamic acid	S5803
Glycine	S5803
10:0	S5803
20:0	S5803
22:1 undifferentiated	S5803
24:1 c	S5803
20:2 n-6 c,c	S5803

NDB No. 09062 Cherimoya, raw

18:2 n-6 c,c	S5803
20:3 n-6	S5803
Starch	S5803
Carotene, alpha	S5803
Lycopene	S5803
Tyrosine	S5803
Alanine	S5803
12:0	S5803
16:0	S5803
18:0	S5803
18:2 undifferentiated	S5803
20:1	S5803
22:5 n-3 (DPA)	S5803
Fatty acids, total monounsaturated	S5803
Fatty acids, total polyunsaturated	S5803
16:1 t	S5803
18:1 t	S5803
Protein	S381, S404, S5803
Fructose	S5803
Fiber, total dietary	S381, S5803
Phosphorus, P	S381, S404, S5803
Sodium, Na	S381, S404, S5803
Manganese, Mn	S381, S404, S5803
Leucine	S5803
Methionine	S5803
Aspartic acid	S5803
Serine	S5803
Fatty acids, total trans	S5803
18:1 undifferentiated	S5803
16:1 undifferentiated	S5803
24:0	S5803
18:2 t not further defined	S5803
16:1 c	S5803
18:1 c	S5803
17:1	S5803
20:3 undifferentiated	S5803
Fatty acids, total trans-polyenoic	S5803

NDB No. 09062 Cherimoya, raw

Magnesium, Mg	S381, S404, S5803
Tocopherol, gamma	S5803
Tocopherol, delta	S5803
Thiamin	S381, S404, S5803
Cystine	S5803
20:4 undifferentiated	S5803
14:1	S5803
22:1 c	S5803
18:3 n-3 c,c,c (ALA)	S5803

NDB No. 09063 Cherries, sour, red, raw

Fructose	D3336, D3321
Sucrose	D3321
Glucose (dextrose)	D3336, D3321

NDB No. 09070 Cherries, sweet, raw

Fructose	D3336, D3344, D3321, S582
Calcium, Ca	S204, S206, S208, S10, S201, D4070, S74, S582, S73, S6, S183, S203, S11, S9, S12, S205, S8, S182, S202, S53
Potassium, K	S204, S206, S208, S10, S201, D4070, S74, S582, S73, S6, S183, S203, S11, S9, S12, S205, S8, S182, S202, S53
Manganese, Mn	S204, S206, S208, S10, S201, D4070, S74, S582, S73, S6, S183, S203, S11, S9, S12, S205, S8, S182, S202, S53
Tocopherol, delta	S582, S121
Folate, total	S53
Vitamin K (phylloquinone)	D4002, S582
Leucine	S582
Tyrosine	S582
Arginine	S582
Galactose	S582
Iron, Fe	S204, S206, S208, S10, S201, D4070, S74, S582, S73, S6, S183, S203, S11, S9, S12, S205, S8, S182, S202, S53
Cystine	S582
Aspartic acid	S582
Glutamic acid	S582
Starch	S582
Fiber, total dietary	S582, S53

NDB No. 09070 Cherries, sweet, raw

Phosphorus, P	S204, S206, S208, S10, S201, S74, S582, S73, S6, S183, S203, S11, S9, S12, S205, S8, S182, S202, S53
Fluoride, F	D5007
Carotene, beta	S582, S53
Pantothenic acid	S582, S53
Isoleucine	S582
Phenylalanine	S582
Glucose (dextrose)	D3336, D3344, D3321, S582
Sodium, Na	S204, S206, S208, S10, S201, D4070, S74, S582, S73, S6, S183, S203, S11, S9, S12, S205, S8, S182, S202, S53
Carotene, alpha	S582
Cryptoxanthin, beta	S582
Vitamin B-6	S582, S53
Glycine	S582
Serine	S582
Lactose	S582
Maltose	D3321, S582
Vitamin E (alpha-tocopherol)	S582, S121
Tocopherol, beta	S582, S121
Vitamin C, total ascorbic acid	S582, S53
Niacin	S582, S53
Threonine	S582
Valine	S582
Lutein + zeaxanthin	S582
Thiamin	S582, S53
Dihydrophylloquinone	S582
Lysine	S582
Methionine	S582
Protein	S582, S53
Sucrose	D3336, D3344, D3321, S582
Water	D3344, S582, S121, S53
Magnesium, Mg	S204, S206, S208, S10, S201, D4070, S74, S582, S73, S6, S183, S203, S11, S9, S12, S205, S8, S182, S202, S53
Zinc, Zn	S204, S206, S208, S10, S201, D4070, S74, S582, S73, S6, S183, S203, S11, S9, S12, S205, S8, S182, S202, S53
Copper, Cu	S204, S206, S208, S10, S201, D4070, S74, S582, S73, S6, S183, S203, S11, S9, S12, S205, S8, S182, S202, S53
Selenium, Se	S582
Vitamin A, IU	S582, S53

NDB No. 09070 Cherries, sweet, raw

Vitamin A, RAE	S582, S53
Lycopene	S582
Tocopherol, gamma	S582, S121
Histidine	S582
Alanine	S582
Proline	S582
Total lipid (fat)	S582, S53
Ash	S582, S53
Riboflavin	S582, S53
Tryptophan	S582

NDB No. 09074 Cherries, sweet, canned, pitted, heavy syrup pack, solids and liquids

Sucrose	S2113
Tocopherol, delta	S84, S2113
Fructose	S2113
Manganese, Mn	S4841, S2113
Galactose	S2113
Tocopherol, beta	S84, S2113
Pantothenic acid	S2113
Glucose (dextrose)	S2113
Vitamin K (phylloquinone)	S2113
Lactose	S2113
Maltose	S2113
Vitamin B-6	S4841, D501, S2113
Dihydrophylloquinone	S2113
Vitamin E (alpha-tocopherol)	S84, S2113
Sugars, total	S2113
Tocopherol, gamma	S84, S2113

NDB No. 09078 Cranberries, raw

Maltose	S561
Sugars, total	S561
Phosphorus, P	S561
Tocopherol, delta	S561
Thiamin	S561
Tyrosine	S561

NDB No. 09078 Cranberries, raw

Sucrose	S561
Fructose	S561
Galactose	S561
Selenium, Se	S561
Carotene, beta	S561
Betaine	S561
Phenylalanine	S561
Iron, Fe	S561
Vitamin A, IU	S561
Lycopene	S561
Riboflavin	S561
Niacin	S561
Vitamin K (phylloquinone)	S561
Leucine	S561
Cystine	S561
Valine	S561
Proline	S561
Fiber, total dietary	S561
Sodium, Na	S561
Vitamin C, total ascorbic acid	S561
Vitamin B-6	S561
Folate, total	S561
Choline, total	S561
Isoleucine	S561
Histidine	S561
Glycine	S561
Starch	S561
Glucose (dextrose)	S561
Zinc, Zn	S561
Copper, Cu	S561
Tocopherol, beta	S561
Pantothenic acid	S561
Threonine	S561
Methionine	S561
Glutamic acid	S561
Ash	S561
Water	S561

NDB No. 09078 Cranberries, raw

Manganese, Mn	S561
Tocopherol, gamma	S561
Tryptophan	S561
Alanine	S561
Serine	S561
Protein	S561
Lactose	S561
Calcium, Ca	S561
Carotene, alpha	S561
Cryptoxanthin, beta	S561
Arginine	S561
Total lipid (fat)	S561
Magnesium, Mg	S561
Potassium, K	S561
Vitamin A, RAE	S561
Vitamin E (alpha-tocopherol)	S561
Lutein + zeaxanthin	S561
Dihydrophylloquinone	S561
Lysine	S561
Aspartic acid	S561

NDB No. 09079 Cranberries, dried, sweetened

Ash	S1701
Calcium, Ca	S1701
Magnesium, Mg	S1701
Potassium, K	S1701
Copper, Cu	S1701
Vitamin C, total ascorbic acid	S1701
Water	S1701
Phosphorus, P	S1701
Niacin	S1701
Sugars, total	S1701
Total lipid (fat)	S1701
Riboflavin	S1701
Protein	S1701
Iron, Fe	S1701

NDB No. 09079 Cranberries, dried, sweetened

Sodium, Na	S1701
Vitamin A, IU	S1701
Fiber, total dietary	S1701
Zinc, Zn	S1701
Thiamin	S1701

NDB No. 09081 Cranberry sauce, canned, sweetened

Vitamin K (phylloquinone)	D4048
Fluoride, F	D5001

NDB No. 09084 Currants, red and white, raw

Carotene, beta	D3919
Cryptoxanthin, beta	D3919
Glucose (dextrose)	D3321
Vitamin A, RAE	D3919
Sucrose	D3321
Fructose	D3321
Vitamin A, IU	D3919
Carotene, alpha	D3919
Lycopene	D3919
Lutein + zeaxanthin	D3919
Vitamin K (phylloquinone)	D4052

NDB No. 09087 Dates, deglet noor

Sucrose	S582, S564
Fructose	S582, S564
Water	S582, S564, S1032
Carotene, beta	S582, S564
Pantothenic acid	S582, S564, S1032
Dihydrophylloquinone	S582, S564
Vitamin K (phylloquinone)	S582, S564
Betaine	S582, S564
Sodium, Na	S564, S1032
Zinc, Zn	S582, S564, S1032
Cryptoxanthin, beta	S582, S564

NDB No. 09087 Dates, deglet noor

Niacin	S582, S564, S1032
Threonine	S582, S564
Glutamic acid	S582, S564
18:0	S564
18:2 undifferentiated	S564
18:3 n-6 c,c,c	S564
Sugars, total	S582, S564
Copper, Cu	S582, S564, S1032
Carotene, alpha	S582, S564
Tocopherol, beta	S564
Choline, total	S582, S564
Lysine	S582, S564
16:0	S564
Lycopene	S582, S564
Tocopherol, gamma	S564
Folate, total	S582, S564, S1032
Isoleucine	S582, S564
Leucine	S582, S564
Tyrosine	S582, S564
Valine	S582, S564
10:0	S564
14:0	S564
20:2 n-6 c,c	S564
20:3 undifferentiated	S564
Total lipid (fat)	S582, S564, S1032
Ash	S582, S564, S1032
Vitamin E (alpha-tocopherol)	S564
Tocopherol, delta	S564
Vitamin C, total ascorbic acid	S582, S564
Thiamin	S582, S564, S1032
Arginine	S582, S564
16:1 undifferentiated	S564
20:1	S564
17:0	S564
Fiber, total dietary	S582, S564, S1032
Calcium, Ca	S582, S564, S1032
Iron, Fe	S582, S564, S1032

NDB No. 09087 Dates, deglet noor

Phosphorus, P	S582, S564, S1032
Vitamin B-6	S582, S564, S1032
Tryptophan	S582, S564
Aspartic acid	S582, S564
Glycine	S582, S564
Proline	S582, S564
8:0	S564
20:0	S564
18:3 undifferentiated	S564
20:4 undifferentiated	S564
15:1	S564
Protein	S582, S564, S1032
Lactose	S582, S564
Maltose	S582, S564
Vitamin A, IU	S582, S564
Histidine	S582, S564
Alanine	S582, S564
22:0	S564
15:0	S564
Glucose (dextrose)	S582, S564
Galactose	S582, S564
Magnesium, Mg	S582, S564, S1032
Potassium, K	S582, S564, S1032
Manganese, Mn	S582, S564, S1032
Selenium, Se	S582, S564
Vitamin A, RAE	S582, S564
Lutein + zeaxanthin	S582, S564
Riboflavin	S582, S564, S1032
Methionine	S582, S564
Cystine	S582, S564
Phenylalanine	S582, S564
Serine	S582, S564
12:0	S564
18:1 undifferentiated	S564
14:1	S564
17:1	S564

NDB No. 09094 Figs, dried, uncooked

Protein	S582, S363
Total lipid (fat)	S582, S363
Fructose	S582, S363
Galactose	S582, S363
Zinc, Zn	S582, S363
Carotene, beta	S582, S363
Vitamin C, total ascorbic acid	S582, S363
Niacin	S582, S363
Betaine	S582, S363
Proline	S582, S363
Ash	S582, S363
Starch	S363
Glucose (dextrose)	S582, S363
Lactose	S582, S363
Iron, Fe	S582, S363
Phosphorus, P	S582, S363
Lycopene	S582, S363
Tocopherol, beta	S363
Folate, total	S582, S363
Leucine	S582, S363
Cystine	S582, S363
Valine	S582, S363
Alanine	S582, S363
Sugars, total	S582, S363
Cryptoxanthin, beta	S582, S363
Tocopherol, gamma	S363
Choline, total	S582, S363
Magnesium, Mg	S582, S363
Vitamin E (alpha-tocopherol)	S363
Riboflavin	S582, S363
Dihydrophylloquinone	S582, S363
Tyrosine	S582, S363
Glycine	S582, S363
Maltose	S582, S363
Water	S582, S363
Vitamin B-6	S582, S363
Vitamin K (phylloquinone)	S582, S363

NDB No. 09094 Figs, dried, uncooked

Threonine	S582, S363
Methionine	S582, S363
Calcium, Ca	S582, S363
Potassium, K	S582, S363
Lutein + zeaxanthin	S582, S363
Isoleucine	S582, S363
Lysine	S582, S363
Glutamic acid	S582, S363
Sucrose	S582, S363
Sodium, Na	S582, S363
Copper, Cu	S582, S363
Selenium, Se	S363
Vitamin A, IU	S582, S363
Vitamin A, RAE	S582, S363
Carotene, alpha	S582, S363
Thiamin	S582, S363
Pantothenic acid	S582, S363
Phenylalanine	S582, S363
Serine	S582, S363
Fiber, total dietary	S582, S363
Manganese, Mn	S582, S363
Tocopherol, delta	S363
Tryptophan	S582, S363
Arginine	S582, S363
Histidine	S582, S363
Aspartic acid	S582, S363

NDB No. 09095 Figs, dried, stewed

Tryptophan	S582, S363
Glycine	S582, S363
Serine	S582, S363
Leucine	S582, S363
Cystine	S582, S363
Glutamic acid	S582, S363
Threonine	S582, S363
Valine	S582, S363

NDB No. 09095 Figs, dried, stewed

Arginine	S582, S363
Histidine	S582, S363
Alanine	S582, S363
Lysine	S582, S363
Methionine	S582, S363
Proline	S582, S363
Isoleucine	S582, S363
Phenylalanine	S582, S363
Tyrosine	S582, S363
Aspartic acid	S582, S363

NDB No. 09099 Fruit cocktail, (peach and pineapple and pear and grape and cherry), canned, light syrup, solids and liquids

Vitamin E (alpha-tocopherol)	S84
Tocopherol, beta	S84
Tocopherol, gamma	S84
Tocopherol, delta	S84

NDB No. 09100 Fruit cocktail, (peach and pineapple and pear and grape and cherry), canned, heavy syrup, solids and liquids

Vitamin E (alpha-tocopherol)	S84
Tocopherol, gamma	S84
Tocopherol, delta	S84
Tocopherol, beta	S84
Vitamin K (phylloquinone)	D4002
Fluoride, F	D5001, D5007, D5003

NDB No. 09111 Grapefruit, raw, pink and red and white, all areas

Arginine	S563, S482
Alanine	S563, S482
Serine	S563, S482
Fluoride, F	D5007
Phenylalanine	S563
Valine	S563, S482
Aspartic acid	S563, S482
Isoleucine	S563, S482

NDB No. 09111 Grapefruit, raw, pink and red and white, all areas

Leucine	S563, S482
Tryptophan	S563, S482
Histidine	S563, S482
Glycine	S563, S482
Threonine	S563, S482
Methionine	S563, S482
Tyrosine	S563, S482
Proline	S563, S482
Lysine	S563, S482
Cystine	S563, S482
Glutamic acid	S563, S482

NDB No. 09112 Grapefruit, raw, pink and red, all areas

Tocopherol, beta	S563, S482
Vitamin C, total ascorbic acid	S563, S482
Alanine	S563, S482
Glutamic acid	S563, S482
Sucrose	S563, S482
Sugars, total	S563, S482
Magnesium, Mg	D4070, S563, S482
Manganese, Mn	D4070, S563, S482
Choline, total	S563, S482
Tryptophan	S563, S482
Methionine	S563, S482
Valine	S563, S482
Histidine	S563, S482
Protein	S563, S482
Ash	S563, S482
Fiber, total dietary	D3764, S563
Cryptoxanthin, beta	D3912, S563, S482, S1203, D3887, D3904
Lycopene	S563, S482, S1203, D3845, D3904
Dihydrophylloquinone	S563, S482
Phenylalanine	S563
Tyrosine	S563, S482
Maltose	S563, S482
Selenium, Se	S563

NDB No. 09112 Grapefruit, raw, pink and red, all areas

Carotene, beta	D3912, S563, S482, D3888, S1203, D3845, D3887, D3904
Tocopherol, delta	S563, S482
Riboflavin	S563, S482
Vitamin K (phylloquinone)	S563, S482
Arginine	S563, S482
Aspartic acid	S563, S482
Fructose	S563, S482
Water	D3764, S563, S482
Galactose	S563, S482
Calcium, Ca	D4070, S563, S482
Leucine	S563, S482
Serine	S563, S482
Phosphorus, P	S563, S482
Potassium, K	D4070, S563, S482
Zinc, Zn	D4070, S563, S482
Copper, Cu	D4070, S563
Carotene, alpha	S563, S482, D3888, S1203, D3887, D3904
Tocopherol, gamma	S563, S482
Betaine	S563, S482
Lysine	S563, S482
Proline	S563, S482
Total lipid (fat)	S563, S482
Starch	S563
Glucose (dextrose)	S563, S482
Lactose	S563, S482
Vitamin E (alpha-tocopherol)	S563, S482
Pantothenic acid	S563, S482
Vitamin B-6	S563, S482
Folate, total	S563, S482
Cystine	S563, S482
Iron, Fe	D4070, S563
Lutein + zeaxanthin	S563, S482, S1203, D3904
Thiamin	S563, S482
Niacin	S563, S482
Threonine	S563, S482
Isoleucine	S563, S482
Glycine	S563, S482

NDB No. 09113 Grapefruit, raw, pink and red, California and Arizona

Threonine	S563, S482
Isoleucine	S563, S482
Valine	S563, S482
Aspartic acid	S563, S482
Histidine	S563, S482
Proline	S563, S482
Tryptophan	S563, S482
Phenylalanine	S563
Glycine	S563, S482
Leucine	S563, S482
Arginine	S563, S482
Alanine	S563, S482
Cystine	S563, S482
Tyrosine	S563, S482
Lysine	S563, S482
Methionine	S563, S482
Glutamic acid	S563, S482
Serine	S563, S482

NDB No. 09114 Grapefruit, raw, pink and red, Florida

Aspartic acid	S563, S482
Glutamic acid	S563, S482
Threonine	S563, S482
Leucine	S563, S482
Tyrosine	S563, S482
Glycine	S563, S482
Alanine	S563, S482
Valine	S563, S482
Tryptophan	S563, S482
Lysine	S563, S482
Proline	S563, S482
Methionine	S563, S482
Cystine	S563, S482
Phenylalanine	S563
Histidine	S563, S482
Isoleucine	S563, S482

NDB No. 09114 Grapefruit, raw, pink and red, Florida

Arginine	S563, S482
Serine	S563, S482

NDB No. 09116 Grapefruit, raw, white, all areas

Carotene, beta	D3888
Lycopene	D3919
Lysine	S563, S482
Methionine	S563, S482
Arginine	S563, S482
Glutamic acid	S563, S482
Phenylalanine	S563
Histidine	S563, S482
Carotene, alpha	D3888
Cryptoxanthin, beta	D3919
Cystine	S563, S482
Valine	S563, S482
Proline	S563, S482
Tryptophan	S563, S482
Threonine	S563, S482
Glycine	S563, S482
Alanine	S563, S482
Tyrosine	S563, S482
Aspartic acid	S563, S482
Serine	S563, S482
Lutein + zeaxanthin	D3919
Isoleucine	S563, S482
Leucine	S563, S482

NDB No. 09117 Grapefruit, raw, white, California

Serine	S563, S482
Glutamic acid	S563, S482
Cystine	S563, S482
Lysine	S563, S482
Methionine	S563, S482
Proline	S563, S482
Phenylalanine	S563

NDB No. 09117 Grapefruit, raw, white, California

Valine	S563, S482
Arginine	S563, S482
Tryptophan	S563, S482
Threonine	S563, S482
Tyrosine	S563, S482
Histidine	S563, S482
Aspartic acid	S563, S482
Isoleucine	S563, S482
Leucine	S563, S482
Alanine	S563, S482
Glycine	S563, S482

NDB No. 09118 Grapefruit, raw, white, Florida

Leucine	S563, S482
Cystine	S563, S482
Tyrosine	S563, S482
Proline	S563, S482
Serine	S563, S482
Tryptophan	S563, S482
Threonine	S563, S482
Isoleucine	S563, S482
Arginine	S563, S482
Histidine	S563, S482
Glycine	S563, S482
Lysine	S563, S482
Alanine	S563, S482
Methionine	S563, S482
Aspartic acid	S563, S482
Phenylalanine	S563
Glutamic acid	S563, S482
Valine	S563, S482

NDB No. 09119 Grapefruit, sections, canned, water pack, solids and liquids

Valine	S563, S482
Arginine	S563, S482
Lysine	S563, S482

NDB No. 09119 Grapefruit, sections, canned, water pack, solids and liquids

Phenylalanine	S563
Glutamic acid	S563, S482
Threonine	S563, S482
Isoleucine	S563, S482
Methionine	S563, S482
Proline	S563, S482
Serine	S563, S482
Cystine	S563, S482
Leucine	S563, S482
Alanine	S563, S482
Aspartic acid	S563, S482
Glycine	S563, S482
Tryptophan	S563, S482
Tyrosine	S563, S482
Histidine	S563, S482

NDB No. 09120 Grapefruit, sections, canned, juice pack, solids and liquids

Glutamic acid	S563, S482
Threonine	S563, S482
Isoleucine	S563, S482
Leucine	S563, S482
Cystine	S563, S482
Valine	S563, S482
Phenylalanine	S563
Glycine	S563, S482
Methionine	S563, S482
Tryptophan	S563, S482
Arginine	S563, S482
Aspartic acid	S563, S482
Serine	S563, S482
Lysine	S563, S482
Histidine	S563, S482
Alanine	S563, S482
Tyrosine	S563, S482
Proline	S563, S482

NDB No. 09121 Grapefruit, sections, canned, light syrup pack, solids and liquids

Aspartic acid	S563, S482
Methionine	S563, S482
Tyrosine	S563, S482
Glutamic acid	S563, S482
Isoleucine	S563, S482
Phenylalanine	S563
Lysine	S563, S482
Valine	S563, S482
Arginine	S563, S482
Tryptophan	S563, S482
Threonine	S563, S482
Leucine	S563, S482
Histidine	S563, S482
Alanine	S563, S482
Proline	S563, S482
Glycine	S563, S482
Serine	S563, S482
Cystine	S563, S482

NDB No. 09123 Grapefruit juice, white, canned, unsweetened

Fluoride, F	D5201, D5001, D5021
Vitamin K (phylloquinone)	D4048

NDB No. 09128 Grapefruit juice, white, raw

Vitamin E (alpha-tocopherol)	S84
Tocopherol, beta	S84
Tocopherol, delta	S84
Tocopherol, gamma	S84

NDB No. 09129 Grapes, muscadine, raw

Zinc, Zn	S4043
Vitamin A, RAE	S4043
Folate, total	S4043
Fiber, total dietary	S4043
Phosphorus, P	S4043

NDB No. 09129 Grapes, muscadine, raw

Carotene, alpha	S4043
Lycopene	S4043
Fructose	S4043
Water	S4043
Sodium, Na	S4043
Sucrose	S4043
Potassium, K	S4043
Manganese, Mn	S4043
Total lipid (fat)	S4043
Glucose (dextrose)	S4043
Lactose	S4043
Lutein + zeaxanthin	S4043
Protein	S4043
Calcium, Ca	S4043
Carotene, beta	S4043
Ash	S4043
Cryptoxanthin, beta	S4043
Maltose	S4043
Iron, Fe	S4043
Magnesium, Mg	S4043
Copper, Cu	S4043
Vitamin A, IU	S4043
Folate, food	S4043

NDB No. 09130 Grape juice, canned or bottled, unsweetened, with added ascorbic acid

Tocopherol, delta	S81, S121
Vitamin B-6	S1067
Folate, total	S1067
Choline, total	S1067
Phosphorus, P	S1067, S74, S73, S6, S4802
Manganese, Mn	S1067, S74, S73, S6, S4802
Tocopherol, beta	S81, S121
Tocopherol, gamma	S81, S121
Niacin	S1067
Ash	S1067, S4802
Sucrose	S1067, S4802

NDB No. 09130 Grape juice, canned or bottled, unsweetened, with added ascorbic acid

Sodium, Na	S1067, S74, S73, S6, S4802
Zinc, Zn	S1067, S74, S73, S6
Selenium, Se	S4802
Pantothenic acid	S1067
Folic acid	S1067
Betaine	S1067
Potassium, K	S1067, S74, S73, S6
Riboflavin	S1067
Protein	S1067, S4802
Total lipid (fat)	S1067, S81, S4802
Fructose	S1067, S4802
Galactose	S1067
Copper, Cu	S1067, S74, S73, S6, S4802
Glucose (dextrose)	S1067, S4802
Maltose	S1067, S4802
Water	S1067, S4802
Magnesium, Mg	S1067, S74, S73, S6, S4802
Fluoride, F	S1067, D5008, D5005
Vitamin E (alpha-tocopherol)	S81, S121
Thiamin	S1067
Folate, food	S1067
Lactose	S1067, S4802
Iron, Fe	S1067, S74, S73, S6, S4802
Fiber, total dietary	S1067
Calcium, Ca	S1067, S74, S73, S6

NDB No. 09132 Grapes, red or green (European type, such as Thompson seedless), raw

Protein	S1062
Sucrose	S1062
Sugars, total	S1062
Zinc, Zn	S7, S206, S208, S10, D4070, S1062, S6, S11, S9, S12, S8
Betaine	S1062
Starch	S1062
Lactose	S1062
Carotene, beta	S1206
Cystine	S1062

NDB No. 09132 Grapes, red or green (European type, such as Thompson seedless), raw

Aspartic acid	S1062
Glucose (dextrose)	S1062
Calcium, Ca	S7, S206, S208, S10, D4070, S1062, S6, S11, S9, S12, S8
Thiamin	S1062
Folate, total	S1062
Vitamin K (phylloquinone)	D4002, S1062
Isoleucine	S1062
Lysine	S1062
Phenylalanine	S1062
Histidine	S1062
Ash	S1062
Magnesium, Mg	S7, S206, S208, S10, D4070, S1062, S6, S11, S9, S12, S8
Potassium, K	S7, S206, S208, S10, D4070, S1062, S6, S11, S9, S12, S8
Sodium, Na	S7, S206, S208, S10, D4070, S1062, S6, S11, S9, S12, S8
Carotene, alpha	D3919
Niacin	S1062
Pantothenic acid	S1062
Threonine	S1062
Glycine	S1062
Phosphorus, P	S7, S206, S208, S10, S1062, S6, S11, S9, S12, S8
Tocopherol, delta	S1062, S121
Riboflavin	S1062
Alanine	S1062
Glutamic acid	S1062
Fructose	S1062
Galactose	S1062
Manganese, Mn	S7, S206, S208, S10, D4070, S1062, S6, S11, S9, S12, S8
Lycopene	D3919
Lutein + zeaxanthin	D3919
Tocopherol, gamma	S1062, S121
Dihydrophylloquinone	S1062
Leucine	S1062
Arginine	S1062
Maltose	S1062
Water	S1062
Fiber, total dietary	S1062
Iron, Fe	S7, S206, S208, S10, D4070, S1062, S6, S11, S9, S12, S8

NDB No. 09132 Grapes, red or green (European type, such as Thompson seedless), raw

Selenium, Se	S1062
Tocopherol, beta	S1062, S121
Methionine	S1062
Tyrosine	S1062
Proline	S1062
Serine	S1062
Total lipid (fat)	S1062
Copper, Cu	S7, S206, S208, S10, D4070, S1062, S6, S11, S9, S12, S8
Fluoride, F	D5301, D5007
Vitamin E (alpha-tocopherol)	S1062, S121
Vitamin B-6	S1062
Choline, total	S1062
Tryptophan	S1062
Valine	S1062

NDB No. 09135 Grape juice, canned or bottled, unsweetened, without added ascorbic acid

Potassium, K	S1067, S74, S73, S6
Fluoride, F	S1067, D5008, D5005
Pantothenic acid	S1067
Folic acid	S1067
Lactose	S1067, S4802
Maltose	S1067, S4802
Fiber, total dietary	S1067
Tocopherol, delta	S81, S121
Vitamin K (phylloquinone)	D4002
Ash	S1067, S4802
Galactose	S1067
Magnesium, Mg	S1067, S74, S73, S6, S4802
Vitamin E (alpha-tocopherol)	S81, S121
Vitamin B-6	S1067
Folate, total	S1067
Glucose (dextrose)	S1067, S4802
Water	S1067, S4802
Iron, Fe	S1067, S74, S73, S6, S4802
Sodium, Na	S1067, S74, S73, S6, S4802
Total lipid (fat)	S1067, S81, S4802

NDB No. 09135 Grape juice, canned or bottled, unsweetened, without added ascorbic acid

Sucrose	S1067, S4802
Phosphorus, P	S1067, S74, S73, S6, S4802
Riboflavin	S1067
Zinc, Zn	S1067, S74, S73, S6
Copper, Cu	S1067, S74, S73, S6, S4802
Tocopherol, beta	S81, S121
Thiamin	S1067
Niacin	S1067
Choline, total	S1067
Folate, food	S1067
Fructose	S1067, S4802
Calcium, Ca	S1067, S74, S73, S6
Selenium, Se	S4802
Tocopherol, gamma	S81, S121
Protein	S1067, S4802
Manganese, Mn	S1067, S74, S73, S6, S4802
Betaine	S1067

NDB No. 09137 Grape juice cocktail, frozen concentrate, diluted with 3 volume water, with added ascorbic acid

Vitamin K (phylloquinone)	D4002

NDB No. 09139 Guavas, common, raw

Ash	S381
Potassium, K	S381
Copper, Cu	S381
Cryptoxanthin, beta	D3899
Thiamin	S381
Folate, total	S381
Total lipid (fat)	S381
Calcium, Ca	S381
Magnesium, Mg	S381
Sodium, Na	S381
Vitamin C, total ascorbic acid	S381
Phosphorus, P	S381
Manganese, Mn	S381
Carotene, beta	D3899, D4864, D4863

NDB No. 09139 Guavas, common, raw

Pantothenic acid	S381
Vitamin B-6	S381
Lycopene	D4864, D4863
Water	S381
Zinc, Zn	S381
Carotene, alpha	D3899
Niacin	S381
Riboflavin	S381
Protein	S381
Iron, Fe	S381

NDB No. 09144 Jackfruit, raw

Ash	S5803
Lactose	S5803
Manganese, Mn	S5803
Carotene, beta	S5803
Riboflavin	S5803
18:4	S5803
22:5 n-3 (DPA)	S5803
20:2 n-6 c,c	S5803
18:1 c	S5803
18:3 n-3 c,c,c (ALA)	S5803
Lycopene	S5803
Tocopherol, delta	S5803
Niacin	S5803
Threonine	S5803
Histidine	S5803
10:0	S5803
20:0	S5803
18:2 undifferentiated	S5803
22:1 undifferentiated	S5803
24:0	S5803
22:1 c	S5803
17:1	S5803
22:4	S5803
Phosphorus, P	S5803

NDB No. 09144 Jackfruit, raw

Copper, Cu	S5803
Tocopherol, gamma	S5803
Lysine	S5803
Phenylalanine	S5803
Arginine	S5803
22:6 n-3 (DHA)	S5803
15:0	S5803
17:0	S5803
16:1 t	S5803
20:3 undifferentiated	S5803
Fatty acids, total trans-polyenoic	S5803
Protein	S5803
Glucose (dextrose)	S5803
Water	S5803
Magnesium, Mg	S5803
Cryptoxanthin, beta	S5803
Pantothenic acid	S5803
Methionine	S5803
Cystine	S5803
Tyrosine	S5803
Proline	S5803
Fatty acids, total trans	S5803
6:0	S5803
18:1 undifferentiated	S5803
16:1 undifferentiated	S5803
20:5 n-3 (EPA)	S5803
Fatty acids, total polyunsaturated	S5803
20:3 n-3	S5803
Fructose	S5803
Potassium, K	S5803
Vitamin C, total ascorbic acid	S5803
Vitamin B-6	S5803
Glycine	S5803
8:0	S5803
18:0	S5803
24:1 c	S5803
18:2 n-6 c,c	S5803

NDB No. 09144 Jackfruit, raw

18:3 n-6 c,c,c	S5803
Starch	S5803
Sucrose	S5803
Calcium, Ca	S5803
Zinc, Zn	S5803
Thiamin	S5803
Folate, food	S5803
14:0	S5803
22:0	S5803
22:1 t	S5803
16:1 c	S5803
Maltose	S5803
Sugars, total	S5803
Iron, Fe	S5803
Vitamin A, IU	S5803
Vitamin A, RAE	S5803
Vitamin E (alpha-tocopherol)	S5803
Tocopherol, beta	S5803
Isoleucine	S5803
Valine	S5803
Alanine	S5803
Aspartic acid	S5803
Fatty acids, total saturated	S5803
12:0	S5803
16:0	S5803
20:4 undifferentiated	S5803
14:1	S5803
18:1 t	S5803
18:2 CLAs	S5803
Total lipid (fat)	S5803
Galactose	S5803
Fiber, total dietary	S5803
Sodium, Na	S5803
Carotene, alpha	S5803
Lutein + zeaxanthin	S5803
Folate, total	S5803
Tryptophan	S5803

NDB No. 09144 Jackfruit, raw

Leucine	S5803
Glutamic acid	S5803
Serine	S5803
18:3 undifferentiated	S5803
20:1	S5803
Fatty acids, total monounsaturated	S5803
18:2 t not further defined	S5803
Fatty acids, total trans-monoenoic	S5803
15:1	S5803
20:3 n-6	S5803

NDB No. 09148 Kiwifruit, green, raw

Total lipid (fat)	S1033, S582, S363
Sugars, total	S582, S363
Galactose	S582, S363
Phosphorus, P	S1033, S582, S363
Potassium, K	S1033, D4070, S363
Selenium, Se	S582, S363
Cryptoxanthin, beta	S582, S363
Betaine	S582, S363
Threonine	S582, S363
Leucine	S582, S363
Methionine	S582, S363
Alanine	S582, S363
Aspartic acid	S582, S363
Glutamic acid	S582, S363
Lactose	S582, S363
Maltose	S582, S363
Manganese, Mn	S1033, D4070, S363
Carotene, alpha	S582, S363
Protein	S1033, S582, S363
Ash	S1033, S582, S363
Starch	S363
Sodium, Na	S1033, D4070, S582, S363
Zinc, Zn	S1033, D4070, S582, S363

NDB No. 09148 Kiwifruit, green, raw

Vitamin E (alpha-tocopherol)	S1033, S363
Lutein + zeaxanthin	S582, S363
Niacin	S1033, S582, S363
Sucrose	S582, S363
Glucose (dextrose)	S582, S363
Magnesium, Mg	S1033, D4070, S582, S363
Lycopene	S582, S363
Tocopherol, gamma	S363
Vitamin C, total ascorbic acid	S1033, S582
Riboflavin	S1033, S582, S363
Pantothenic acid	S1033, S582, S363
Cystine	S582, S363
Phenylalanine	S582, S363
Iron, Fe	S1033, D4070, S582, S363
Vitamin A, RAE	S1033, S582, S363
Tocopherol, beta	S363
Folate, total	S1033, S582, S363
Valine	S582, S363
Copper, Cu	S1033, D4070, S582, S363
Carotene, beta	S1033, S582, S363
Tocopherol, delta	S363
Choline, total	S582, S363
Arginine	S582, S363
Proline	S582, S363
Fructose	S582, S363
Calcium, Ca	S1033, D4070, S582, S363
Vitamin A, IU	S1033, S582, S363
Thiamin	S582
Vitamin B-6	S1033, S582, S363
Tyrosine	S582, S363
Histidine	S582, S363
Serine	S582, S363
Water	S1033, S582, S363
Fiber, total dietary	S582, S363
Dihydrophylloquinone	S582, S363
Vitamin K (phylloquinone)	S582, S363
Tryptophan	S582, S363

NDB No. 09148 Kiwifruit, green, raw

Isoleucine	S582, S363
Lysine	S582, S363
Glycine	S582, S363

NDB No. 09149 Kumquats, raw

Vitamin A, IU	D3899
Vitamin A, RAE	D3899
Carotene, alpha	S381, D3899
Fiber, total dietary	S381
Phosphorus, P	S381
Sodium, Na	S381
Zinc, Zn	S381
Cryptoxanthin, beta	S381, D3899
Riboflavin	S381
Folate, total	S381
Protein	S381
Magnesium, Mg	S381
Total lipid (fat)	S381
Niacin	S381
Thiamin	S381
Pantothenic acid	S381
Vitamin B-6	S381
Ash	S381
Manganese, Mn	S381
Water	S381
Calcium, Ca	S381
Iron, Fe	S381
Potassium, K	S381
Copper, Cu	S381
Carotene, beta	S381, D3899
Vitamin C, total ascorbic acid	S381

NDB No. 09150 Lemons, raw, without peel

Cryptoxanthin, beta	D3949
Carotene, beta	D3919, D3949
Carotene, alpha	D3919, D3949

NDB No. 09150 Lemons, raw, without peel

Lycopene	D3919
Lutein + zeaxanthin	D3919, D3949

NDB No. 09152 Lemon juice, raw

Protein	S69, S5802
Sugars, total	S5802
Galactose	S5802
Vitamin A, RAE	S5802
Carotene, beta	S5802
14:0	S5802
15:0	S5802
17:0	S5802
18:1 c	S5802
20:3 undifferentiated	S5802
Starch	S5802
Manganese, Mn	S69, S5802
Lutein + zeaxanthin	S5802
Vitamin C, total ascorbic acid	S69, S5802
Thiamin	S69, S5802
10:0	S5802
12:0	S5802
18:0	S5802
18:2 undifferentiated	S5802
18:4	S5802
18:2 t not further defined	S5802
16:1 c	S5802
15:1	S5802
Water	S69, S5802
Calcium, Ca	S69, S5802
Magnesium, Mg	S69, S5802
Potassium, K	S69, S5802
20:4 undifferentiated	S5802
14:1	S5802
20:5 n-3 (EPA)	S5802
22:1 t	S5802
20:2 n-6 c,c	S5802

NDB No. 09152 Lemon juice, raw

Fatty acids, total trans-polyenoic	S5802
20:3 n-3	S5802
20:3 n-6	S5802
22:4	S5802
Ash	S69, S5802
Fructose	S5802
Copper, Cu	S69, S5802
Riboflavin	S5802
Folate, total	S69, S5802
Fatty acids, total trans	S5802
8:0	S5802
20:0	S5802
17:1	S5802
Total lipid (fat)	S69, S5802
Lactose	S5802
Fiber, total dietary	S69, S5802
Niacin	S69, S5802
Pantothenic acid	S69, S5802
Fatty acids, total saturated	S5802
20:1	S5802
18:3 n-6 c,c,c	S5802
Fatty acids, total trans-monoenoic	S5802
18:3 n-3 c,c,c (ALA)	S5802
Maltose	S5802
Zinc, Zn	S69, S5802
Lycopene	S5802
Vitamin B-6	S69, S5802
16:0	S5802
18:1 undifferentiated	S5802
22:6 n-3 (DHA)	S5802
22:0	S5802
16:1 undifferentiated	S5802
22:1 undifferentiated	S5802
Fatty acids, total monounsaturated	S5802
Fatty acids, total polyunsaturated	S5802
24:1 c	S5802

NDB No. 09152 Lemon juice, raw

Glucose (dextrose)	S5802
Phosphorus, P	S69, S5802
Vitamin A, IU	S5802
Carotene, alpha	S5802
18:3 undifferentiated	S5802
18:1 t	S5802
22:1 c	S5802
Sucrose	S5802
Iron, Fe	S5802
Cryptoxanthin, beta	S5802
6:0	S5802
22:5 n-3 (DPA)	S5802
24:0	S5802
16:1 t	S5802
18:2 CLAs	S5802
18:2 n-6 c,c	S5802

NDB No. 09153 Lemon juice, canned or bottled

Vitamin K (phylloquinone)	D4048

NDB No. 09160 Lime juice, raw

Sodium, Na	S1065
Protein	S1065
Starch	S1065
Fructose	S1065
Phosphorus, P	S1065
Carotene, beta	S1065
Cryptoxanthin, beta	S1065
Tocopherol, beta	S1065
Valine	S1065
Aspartic acid	S1065
Carotene, alpha	S1065
Tocopherol, delta	S1065
Thiamin	S1065
Vitamin K (phylloquinone)	S1065
Lysine	S1065

NDB No. 09160 Lime juice, raw

Tyrosine	S1065
Glutamic acid	S1065
Glycine	S1065
Proline	S1065
Serine	S1065
Total lipid (fat)	S1065
Ash	S1065
Magnesium, Mg	S1065
Vitamin C, total ascorbic acid	S1065
Riboflavin	S1065
Pantothenic acid	S1065
Folate, total	S1065
Phenylalanine	S1065
Glucose (dextrose)	S1065
Maltose	S1065
Vitamin A, IU	S1065
Betaine	S1065
Leucine	S1065
Methionine	S1065
Cystine	S1065
Alanine	S1065
Water	S1065
Sugars, total	S1065
Iron, Fe	S1065
Manganese, Mn	S1065
Vitamin A, RAE	S1065
Niacin	S1065
Dihydrophylloquinone	S1065
Tryptophan	S1065
Arginine	S1065
Histidine	S1065
Sucrose	S1065
Galactose	S1065
Calcium, Ca	S1065
Potassium, K	S1065
Zinc, Zn	S1065
Copper, Cu	S1065

NDB No. 09160 Lime juice, raw

Selenium, Se	S1065
Tocopherol, gamma	S1065
Vitamin B-6	S1065
Isoleucine	S1065
Lactose	S1065
Vitamin E (alpha-tocopherol)	S1065
Lycopene	S1065
Lutein + zeaxanthin	S1065
Choline, total	S1065
Threonine	S1065

NDB No. 09176 Mangos, raw

Maltose	D7521, S5803
Water	D7421, D7521, S381, D6641, S5803
Carotene, alpha	D7481, S381, S5803
Vitamin C, total ascorbic acid	D5342, D7421, S381, D6641, S5803
Ash	S381, S5803
Sucrose	D7521, S5803
Fructose	D7521, S5803
Sodium, Na	D4070, S381, S5803
Thiamin	S381, S5803
Protein	S381, S5803
Glucose (dextrose)	D7521, S5803
Phosphorus, P	S381, S5803
Lutein + zeaxanthin	D7481, S5803
Tocopherol, delta	D6681, S5803
Lactose	S5803
Galactose	S5803
Niacin	S381, S5803
Fiber, total dietary	D7521, S381, D6641, S5803
Copper, Cu	D4070, S381, S5803
Manganese, Mn	D4070, S381, S5803
Carotene, beta	D7421, D7481, S381, S5803
Vitamin E (alpha-tocopherol)	D6681, S5803
Lycopene	S5803
Tocopherol, gamma	D6681, S5803

NDB No. 09176 Mangos, raw

Riboflavin	S381, S5803
Pantothenic acid	S381, S5803
Folate, total	S381, S5803
Total lipid (fat)	S381, S5803
Potassium, K	D4070, S381, S5803
Cryptoxanthin, beta	D7481, S381, S5803
Tocopherol, beta	D6681, S5803
Vitamin B-6	S381, S5803
Calcium, Ca	D4070, S381, S5803
Iron, Fe	D4070, S381, S5803
Magnesium, Mg	D4070, S381, S5803
Zinc, Zn	D4070, S381, S5803
Folate, food	S381, S5803

NDB No. 09177 Mangosteen, canned, syrup pack

Carotene, beta	S1202
Vitamin A, IU	S1202
Carotene, alpha	S1202
Vitamin A, RAE	S1202
Cryptoxanthin, beta	S1202

NDB No. 09181 Melons, cantaloupe, raw

Fructose	S606, S1121, S604, S461
Tocopherol, beta	S121, S87, S461
Dihydrophylloquinone	S1121, S461
Threonine	S1121
Histidine	S1121
Aspartic acid	S1121
Sucrose	S606, S1121, S604, S461
Lactose	S1121, S461
Niacin	S1024, S1121, S461
Choline, total	S461
Isoleucine	S1121
Leucine	S1121
Valine	S1121
Alanine	S1121

NDB No. 09181 Melons, cantaloupe, raw

Proline	S1121
Glucose (dextrose)	S606, S1121, S604, S461
Galactose	S1121, S461
Fluoride, F	D5007
Carotene, alpha	D3889, S1203, S1121, D3887, D3904, S461
Methionine	S1121
Phenylalanine	S1121
Glycine	S1121
Serine	S1121
Magnesium, Mg	S7, S206, S208, S10, S74, D4070, S1024, S6, S73, S11, S9, S12, S1121, S8, S461
Potassium, K	S7, S206, S208, S10, S74, D4070, S1024, S6, S73, S11, S9, S12, S1121, S8, S461
Selenium, Se	S1121
Tocopherol, gamma	S121, S87, S461
Tocopherol, delta	S121, S87, S461
Pantothenic acid	S1024, S1121, S461
Tyrosine	S1121
Arginine	S1121
Phosphorus, P	S7, S206, S208, S10, S74, S1024, S6, S73, S11, S9, S12, S1121, S8, S461
Copper, Cu	S7, S206, S208, S10, S74, D4070, S1024, S6, S73, S11, S9, S12, S1121, S8, S461
Manganese, Mn	S7, S206, S208, S10, S74, D4070, S1024, S6, S73, S11, S9, S12, S1121, S8, S461
Cryptoxanthin, beta	S1203, S1121, D3887, D3904, S461
Lycopene	S1203, S1121, D3904, S461
Vitamin C, total ascorbic acid	S1024
Folate, total	S1024, S1121, S461
Lysine	S1121
Cystine	S1121
Glutamic acid	S1121
Protein	S1024, S1121, S461
Ash	S1024, S1121, S461
Maltose	S1121, S604, S461
Total lipid (fat)	S1024, S121, S1121, S87, S461
Water	S1024, S606, S121, S1121, S604, S87, S461
Fiber, total dietary	S1024, S1121, S461
Calcium, Ca	S7, S206, S208, S10, S74, D4070, S1024, S6, S73, S11, S9, S12, S1121, S8, S461
Iron, Fe	S7, S206, S208, S10, S74, D4070, S1024, S6, S73, S11, S9, S12, S1121, S8, S461
Sodium, Na	S7, S206, S208, S10, S74, D4070, S1024, S6, S73, S11, S9, S12, S1121, S8
Zinc, Zn	S7, S206, S208, S10, S74, D4070, S1024, S6, S73, S11, S9, S12, S1121, S8, S461

NDB No. 09181 Melons, cantaloupe, raw

Thiamin	S1024, S1121, S461
Riboflavin	S1121
Vitamin K (phylloquinone)	S1121, S461
Betaine	S461
Starch	S461
Carotene, beta	D3912, S1024, D3889, S1203, S1121, D3887, S461
Vitamin E (alpha-tocopherol)	S121, S87, S461
Lutein + zeaxanthin	S1203, S1121, D3904, S461
Vitamin B-6	S1024, S1121
Tryptophan	S1121

NDB No. 09183 Melons, casaba, raw

Magnesium, Mg	S381
Zinc, Zn	S381
Protein	S381
Phosphorus, P	S381
Potassium, K	S381
Sodium, Na	S381
Manganese, Mn	S381
Riboflavin	S381
Copper, Cu	S381
Vitamin A, IU	S381
Vitamin A, RAE	S381
Carotene, alpha	S381
Vitamin C, total ascorbic acid	S381
Pantothenic acid	S381
Ash	S381
Folate, total	S381
Cryptoxanthin, beta	S381
Water	S381
Thiamin	S381
Niacin	S381
Vitamin B-6	S381
Fiber, total dietary	S381
Calcium, Ca	S381
Iron, Fe	S381

NDB No. 09183 Melons, casaba, raw

Carotene, beta	S381

NDB No. 09184 Melons, honeydew, raw

Potassium, K	S1026, S562, S565, D4070
Sodium, Na	S1026, S562, S565, D4070
Zinc, Zn	S1026, S562, S565, D4070
Manganese, Mn	S1026, S562, S565, D4070
Thiamin	S1026, S562
Niacin	S1026, S562, S565
Vitamin K (phylloquinone)	S562, S565
Tryptophan	S562, S565
Phenylalanine	S562, S565
Valine	S562, S565
Aspartic acid	S562, S565
Protein	S1026, S562, S565
Starch	S562
Sucrose	S562, S565
Calcium, Ca	S1026, S562, S565, D4070
Selenium, Se	S562
Carotene, beta	S1026, S562, S565
Vitamin C, total ascorbic acid	S1026, S562
Pantothenic acid	S562, S565
Total lipid (fat)	S562, S565
Water	S1026, S562, S565, D3765
Vitamin A, RAE	S1026, S562, S565
Riboflavin	S562, S565
Cystine	S562, S565
Vitamin A, IU	S1026, S562, S565
Tocopherol, delta	S562
Methionine	S562, S565
Fructose	S562, S565
Lactose	S562, S565
Iron, Fe	S1026, S562, S565, D4070
Vitamin E (alpha-tocopherol)	S562
Lutein + zeaxanthin	S562, S565
Arginine	S562, S565

NDB No. 09184 Melons, honeydew, raw

Alanine	S562, S565
Glutamic acid	S562, S565
Serine	S562, S565
Ash	S1026, S562, S565
Maltose	S562, S565
Copper, Cu	S1026, S562, S565, D4070
Carotene, alpha	S562, S565
Cryptoxanthin, beta	S562, S565
Lycopene	S562, S565
Threonine	S562, S565
Tyrosine	S562, S565
Histidine	S562, S565
Sugars, total	S562, S565
Galactose	S562, S565
Fiber, total dietary	S1026, S562, S565, D3765
Vitamin B-6	S1026, S562, S565
Folate, total	S1026, S562, S565
Proline	S562, S565
Glucose (dextrose)	S562, S565
Magnesium, Mg	S1026, S562, S565, D4070
Phosphorus, P	S1026, S562, S565
Tocopherol, beta	S562
Tocopherol, gamma	S562
Dihydrophylloquinone	S562, S565
Isoleucine	S562, S565
Leucine	S562, S565
Lysine	S562, S565
Glycine	S562, S565

NDB No. 09191 Nectarines, raw

Glucose (dextrose)	D3344, S582, S421
Maltose	S582, S421
Copper, Cu	D4070, S582, S421
Cryptoxanthin, beta	S582, S1206, S421
Lycopene	S582, S421
Threonine	S582, S421

NDB No. 09191 Nectarines, raw

Isoleucine	S582, S421
Glutamic acid	S582, S421
Proline	S582, S421
Total lipid (fat)	S582, S84, S421
Selenium, Se	S582
Tocopherol, delta	S84, S421
Glycine	S582, S421
Starch	S421
Galactose	S582, S421
Calcium, Ca	D4070, S421
Zinc, Zn	D4070, S582, S421
Carotene, beta	S582, S1206, D3888, S421
Lutein + zeaxanthin	S582, S421
Pantothenic acid	S582, S421
Vitamin K (phylloquinone)	S582, S421
Betaine	S421
Leucine	S582, S421
Histidine	S582, S421
Manganese, Mn	D4070, S582, S421
Tocopherol, gamma	S84, S421
Cystine	S582, S421
Tyrosine	S582, S421
Arginine	S582, S421
Ash	S582, S421
Iron, Fe	D4070, S582, S421
Magnesium, Mg	D4070, S582, S421
Phosphorus, P	S582, S421
Carotene, alpha	S582, D3888, S421
Vitamin E (alpha-tocopherol)	S84, S421
Vitamin B-6	S582, S421
Phenylalanine	S582
Fructose	D3344, S582, S421
Potassium, K	D4070, S582, S421
Tocopherol, beta	S84, S421
Thiamin	S582, S421
Riboflavin	S582, S421
Alanine	S582, S421

NDB No. 09191 Nectarines, raw

Aspartic acid	S582, S421
Protein	S582, S421
Water	S837, D3344, D3764, S582, S84, S1206, S421
Sugars, total	S582, S421
Niacin	S582, S421
Choline, total	S421
Sucrose	D3344, S582, S421
Lactose	S582, S421
Fiber, total dietary	S837, D3764, S582, S1206, S421
Sodium, Na	D4070, S582
Folate, total	S582
Dihydrophylloquinone	S582, S421
Tryptophan	S582, S421
Lysine	S582, S421
Methionine	S582, S421
Valine	S582, S421
Serine	S582, S421

NDB No. 09193 Olives, ripe, canned (small-extra large)

Tocopherol, gamma	S84
Sodium, Na	S7, S206, S208, S10, S5881, S2682, S2684, S6, S2683, S11, S9, S12, S3841, S4061, S8
Tocopherol, delta	S84
Vitamin K (phylloquinone)	D4002
Vitamin E (alpha-tocopherol)	S84
Tocopherol, beta	S84

NDB No. 09194 Olives, ripe, canned (jumbo-super colossal)

Tocopherol, delta	S84
Tocopherol, beta	S84
Vitamin E (alpha-tocopherol)	S84
Sodium, Na	S7, S206, S208, S10, S5881, S2682, S2684, S6, S2683, S11, S9, S12, S3841, S4061, S8
Vitamin K (phylloquinone)	D4002
Tocopherol, gamma	S84

NDB No. 09195 Olives, pickled, canned or bottled, green

NDB No. 09195 Olives, pickled, canned or bottled, green

Water	S1202, S1562, S84
Iron, Fe	S1202, S1562
Magnesium, Mg	S1202
Carotene, beta	S1202, D3919
Tocopherol, beta	S84
Vitamin C, total ascorbic acid	S1202, S1562
Vitamin B-6	S1202
Ash	S1202
Phosphorus, P	S1202
Zinc, Zn	S1202
Thiamin	S1202
Fiber, total dietary	S1202, S1562
Calcium, Ca	S1202, S1562
Vitamin A, RAE	S1202, D3919
Vitamin E (alpha-tocopherol)	S84
Lutein + zeaxanthin	D3919
Tocopherol, delta	S84
Riboflavin	S1202
Folate, total	S1202
Total lipid (fat)	S1202, S1562, S84
Lycopene	D3919
Protein	S1202, S1562
Sodium, Na	S1202, S1562
Pantothenic acid	S1202
Tocopherol, gamma	S84
Cryptoxanthin, beta	S1202, D3919
Potassium, K	S1202, S1562
Copper, Cu	S1202
Vitamin A, IU	S1202, S1562, D3919
Carotene, alpha	D3919
Niacin	S1202

NDB No. 09200 Oranges, raw, all commercial varieties

Carotene, beta	S482, S1203, D3887
Lycopene	S482, S1203
Vitamin A, IU	S482, S1203, D3887

NDB No. 09200 Oranges, raw, all commercial varieties

Vitamin E (alpha-tocopherol)	S84, S482, S564
Lutein + zeaxanthin	S482, S1203
Vitamin A, RAE	S482, S1203, D3887
Carotene, alpha	S482, S1203, D3887
Cryptoxanthin, beta	S482, S1203
Vitamin K (phylloquinone)	D4048, D4002, S482, S564

NDB No. 09202 Oranges, raw, navels

Sugars, total	S837, S482, S564
Fiber, total dietary	S837, S564
Lycopene	S482, S1203
Threonine	S482, S564
Isoleucine	S482, S564
Methionine	S482, S564
Glutamic acid	S482, S564
Protein	S482, S564
Magnesium, Mg	S482, S564
Lutein + zeaxanthin	S482, S1203
Tocopherol, delta	S482, S564
Thiamin	S482, S564
Cystine	S482, S564
Alanine	S482, S564
Proline	S482, S564
Phosphorus, P	S482, S564
Copper, Cu	S564
Manganese, Mn	S482, S564
Vitamin C, total ascorbic acid	S482, S564
Pantothenic acid	S482, S564
Vitamin B-6	S482, S564
Vitamin K (phylloquinone)	S482, S564
Tryptophan	S482, S564
Leucine	S482, S564
Lysine	S482, S564
Fructose	S837, S482, S564
Water	S837, S482, S564
Calcium, Ca	S482, S564

NDB No. 09202 Oranges, raw, navels

Iron, Fe	S564
Tocopherol, beta	S482, S564
Histidine	S482, S564
Aspartic acid	S482, S564
Serine	S482, S564
Galactose	S482, S564
Selenium, Se	S564
Carotene, beta	S482, S1203
Carotene, alpha	S482, S1203
Dihydrophylloquinone	S482, S564
Glucose (dextrose)	S837, S482, S564
Lactose	S837, S482, S564
Potassium, K	S482, S564
Sodium, Na	S564
Vitamin E (alpha-tocopherol)	S482, S564
Cryptoxanthin, beta	S482, S1203
Tocopherol, gamma	S482, S564
Niacin	S482, S564
Choline, total	S482, S564
Starch	S564
Sucrose	S837, S482, S564
Vitamin A, IU	S482, S1203
Betaine	S482, S564
Phenylalanine	S564
Total lipid (fat)	S482, S564
Ash	S482, S564
Maltose	S837, S482, S564
Zinc, Zn	S482, S564
Vitamin A, RAE	S482, S1203
Riboflavin	S482, S564
Tyrosine	S482, S564
Valine	S482, S564
Arginine	S482, S564
Glycine	S482, S564

NDB No. 09207 Orange juice, canned, unsweetened

NDB No. 09207 Orange juice, canned, unsweetened

Sugars, total	S1067
Fiber, total dietary	S1067
Zinc, Zn	S1067
Thiamin	S1067
Sucrose	S1067
Water	S1067
Galactose	S1067
Manganese, Mn	S1067
Folic acid	S1067
Calcium, Ca	S1067
Magnesium, Mg	S1067
Niacin	S1067
Protein	S1067
Maltose	S1067
Sodium, Na	S1067
Folate, food	S1067
Glucose (dextrose)	S1067
Fructose	S1067
Fluoride, F	S1067
Vitamin C, total ascorbic acid	S1067
Ash	S1067
Lactose	S1067
Phosphorus, P	S1067
Riboflavin	S1067
Vitamin B-6	S1067
Total lipid (fat)	S1067
Iron, Fe	S1067
Pantothenic acid	S1067
Potassium, K	S1067
Copper, Cu	S1067
Folate, total	S1067

NDB No. 09209 Orange juice, chilled, includes from concentrate

Calcium, Ca	S5881, S3841, S4061, S22
Selenium, Se	S5881, S3841, S4061
Vitamin A, RAE	S22

NDB No. 09209 Orange juice, chilled, includes from concentrate

Cryptoxanthin, beta	S22
Vitamin K (phylloquinone)	S22
Threonine	S23, S22
Isoleucine	S23, S22
Valine	S23, S22
Arginine	S23, S22
Aspartic acid	S23, S22
Ash	S22
Carotene, beta	S22
Lycopene	S22
Glycine	S23, S22
Galactose	S4523, S4522
Potassium, K	S5881, S3841, S4061, S4523, S4522, S22
Thiamin	S22
Vitamin B-6	S22
Betaine	S22
Glutamic acid	S23, S22
Protein	S4523, S4522, S22
Glucose (dextrose)	D7521, S4523, S4522, S22
Carotene, alpha	S22
Lutein + zeaxanthin	S22
Choline, total	S22
Lysine	S23, S22
Fructose	D7521, S4523, S4522, S22
Lactose	S4523, S4522, S22
Maltose	D7521, S4523, S4522
Magnesium, Mg	S5881, S3841, S4061, S4523, S4522, S22
Phosphorus, P	S5881, S3841, S4061, S22
Copper, Cu	S5881, S3841, S4061, S4523, S4522, S22
Riboflavin	S22
Folate, total	S22
Cystine	S23, S22
Alanine	S23, S22
Total lipid (fat)	S4523, S4522, S22
Sucrose	D7521, S4523, S4522, S22
Sodium, Na	S5881, S3841, S4061, S4523, S4522, S22
Zinc, Zn	S5881, S3841, S4061, S4523, S4522, S22

NDB No. 09209 Orange juice, chilled, includes from concentrate

Leucine	S23, S22
Water	D7521, S3841, S4523, S4522, S22
Fiber, total dietary	D7521
Iron, Fe	S5881, S3841, S4061, S4523, S4522, S22
Vitamin A, IU	S22
Pantothenic acid	S22
Dihydrophylloquinone	S22
Tryptophan	S23, S22
Proline	S23, S22
Serine	S23, S22
Manganese, Mn	S5881, S3841, S4061, S4523, S4522, S22
Vitamin C, total ascorbic acid	S4523, S4522, S22
Methionine	S23, S22
Phenylalanine	S23, S22
Tyrosine	S23, S22
Histidine	S23, S22

NDB No. 09210 Orange juice, chilled, includes from concentrate, fortified with calcium and vitamin D

Lactose	S4523, S4522, S22
Iron, Fe	S5881, S3841, S4061, S4523, S4522, S22
Leucine	S23, S22
Glutamic acid	S23, S22
Serine	S23, S22
Protein	S4523, S4522, S22
Fructose	D7521, S4523, S4522, S22
Calcium, Ca	S4523, S4522
Pantothenic acid	S22
Isoleucine	S23, S22
Tyrosine	S23, S22
Maltose	D7521, S4523, S4522
Sodium, Na	S5881, S3841, S4061, S4523, S4522, S22
Carotene, beta	S22
Vitamin D	S4523, S4522
Vitamin D3 (cholecalciferol)	S4523, S4522
Histidine	S23, S22
Magnesium, Mg	S5881, S3841, S4061, S4523, S4522, S22

NDB No. 09210 Orange juice, chilled, includes from concentrate, fortified with calcium and vitamin D

Manganese, Mn	S5881, S3841, S4061, S4523, S4522, S22
Carotene, alpha	S22
Lycopene	S22
Vitamin B-6	S22
Cystine	S23, S22
Sucrose	D7521, S4523, S4522, S22
Glucose (dextrose)	D7521, S4523, S4522, S22
Fiber, total dietary	D7521
Selenium, Se	S5881, S3841, S4061
Threonine	S23, S22
Valine	S23, S22
Total lipid (fat)	S4523, S4522, S22
Copper, Cu	S5881, S3841, S4061, S4523, S4522, S22
Vitamin A, IU	S22
Riboflavin	S22
Choline, total	S22
Phenylalanine	S23, S22
Alanine	S23, S22
Glycine	S23, S22
Water	D7521, S3841, S4523, S4522, S22
Galactose	S4523, S4522
Phosphorus, P	S4523, S4522
Vitamin A, RAE	S22
Thiamin	S22
Dihydrophylloquinone	S22
Vitamin K (phylloquinone)	S22
Betaine	S22
Methionine	S23, S22
Aspartic acid	S23, S22
Ash	S4523, S4522
Potassium, K	S5881, S3841, S4061, S4523, S4522, S22
Zinc, Zn	S5881, S3841, S4061, S4523, S4522, S22
Cryptoxanthin, beta	S22
Lutein + zeaxanthin	S22
Vitamin C, total ascorbic acid	S4523, S4522, S22
Folate, total	S22
Tryptophan	S23, S22

NDB No. 09210 Orange juice, chilled, includes from concentrate, fortified with calcium and vitamin D

Lysine	S23, S22
Arginine	S23, S22
Proline	S23, S22

NDB No. 09211 Orange juice, chilled, includes from concentrate, fortified with calcium

Maltose	D7521, S4523, S4522
Sodium, Na	S5881, S3841, S4061, S4523, S4522, S22
Vitamin A, RAE	S22
Cryptoxanthin, beta	S22
Lutein + zeaxanthin	S22
Folate, total	S22
Phenylalanine	S23, S22
Ash	S4523, S4522
Water	D7521, S3841, S4523, S4522, S22
Copper, Cu	S5881, S3841, S4061, S4523, S4522, S22
Vitamin C, total ascorbic acid	S4523, S4522, S22
Vitamin K (phylloquinone)	S22
Histidine	S23, S22
Serine	S23, S22
Lactose	S4523, S4522, S22
Leucine	S23, S22
Glycine	S23, S22
Glucose (dextrose)	D7521, S4523, S4522, S22
Fructose	D7521, S4523, S4522, S22
Iron, Fe	S5881, S3841, S4061, S4523, S4522, S22
Pantothenic acid	S22
Isoleucine	S23, S22
Proline	S23, S22
Total lipid (fat)	S4523, S4522, S22
Fiber, total dietary	D7521
Zinc, Zn	S5881, S3841, S4061, S4523, S4522, S22
Manganese, Mn	S5881, S3841, S4061, S4523, S4522, S22
Selenium, Se	S5881, S3841, S4061
Vitamin A, IU	S22
Thiamin	S22
Dihydrophylloquinone	S22

NDB No. 09211 Orange juice, chilled, includes from concentrate, fortified with calcium

Glutamic acid	S23, S22
Protein	S4523, S4522, S22
Sucrose	D7521, S4523, S4522, S22
Galactose	S4523, S4522
Magnesium, Mg	S5881, S3841, S4061, S4523, S4522, S22
Lycopene	S22
Vitamin B-6	S22
Betaine	S22
Methionine	S23, S22
Cystine	S23, S22
Alanine	S23, S22
Aspartic acid	S23, S22
Carotene, alpha	S22
Riboflavin	S22
Lysine	S23, S22
Tyrosine	S23, S22
Valine	S23, S22
Arginine	S23, S22
Calcium, Ca	S4523, S4522
Phosphorus, P	S4523, S4522
Potassium, K	S5881, S3841, S4061, S4523, S4522, S22
Carotene, beta	S22
Choline, total	S22
Tryptophan	S23, S22
Threonine	S23, S22

NDB No. 09214 Orange juice, frozen concentrate, unsweetened, undiluted

Betaine	S23
Vitamin K (phylloquinone)	S23
Choline, total	S23
Dihydrophylloquinone	S23
Fluoride, F	S23

NDB No. 09215 Orange juice, frozen concentrate, unsweetened, diluted with 3 volume water

Vitamin A, RAE	D3848, S23, S1203
Lutein + zeaxanthin	S23, S1203

NDB No. 09215 Orange juice, frozen concentrate, unsweetened, diluted with 3 volume water

Tocopherol, gamma	S81, S84
Sucrose	S837, S404
Vitamin E (alpha-tocopherol)	S81, S84
Vitamin A, IU	D3848, S23, S1203
Carotene, beta	D3848, S23, D3912, S1203
Lactose	S837
Carotene, alpha	D3848, S23, S1203
Lycopene	S23, S1203
Tocopherol, delta	S81, S84
Glucose (dextrose)	S837, S404
Maltose	S837
Cryptoxanthin, beta	D3848, S23, D3912, S1203
Tocopherol, beta	S81, S84
Fructose	S837, S404

NDB No. 09218 Tangerines, (mandarin oranges), raw

Ash	S1065, S1161
Fructose	S1065, S606
Calcium, Ca	S1065, S1161
Magnesium, Mg	S1065, S1161
Manganese, Mn	S1065, S1161
Vitamin A, RAE	S1161, S1203
Carotene, beta	S1065, S1161, S1203
Vitamin E (alpha-tocopherol)	S1065
Cryptoxanthin, beta	S1065, S1203
Lycopene	S1065, S1203
Vitamin C, total ascorbic acid	S1065, S1161
Glutamic acid	S1065
Tocopherol, beta	S1065
Thiamin	S1065, S1161
Vitamin K (phylloquinone)	S1065
Tryptophan	S1065
Isoleucine	S1065
Lysine	S1065
Methionine	S1065
Histidine	S1065

NDB No. 09218 Tangerines, (mandarin oranges), raw

Total lipid (fat)	S1065, S1161
Galactose	S1065
Zinc, Zn	S1065, S1161
Copper, Cu	S1065, S1161
Selenium, Se	S1065
Carotene, alpha	S1065, S1203
Lutein + zeaxanthin	S1065, S1203
Tocopherol, delta	S1065
Leucine	S1065
Proline	S1065
Water	S3281, S1065, D3764, S1161, S606
Fiber, total dietary	S3281, S1065, D3764, S642
Phosphorus, P	S1065, S1161
Vitamin A, IU	S1161, S1203
Riboflavin	S1065, S1161
Cystine	S1065
Arginine	S1065
Aspartic acid	S1065
Protein	S1065, S1161
Sucrose	S1065, S606
Niacin	S1065, S1161
Betaine	S1065
Tyrosine	S1065
Glucose (dextrose)	S1065, S606
Sugars, total	S1065, S606
Iron, Fe	S1065, S1161
Potassium, K	S1065, S1161
Alanine	S1065
Glycine	S1065
Lactose	S1065
Sodium, Na	S1065
Tocopherol, gamma	S1065
Pantothenic acid	S1065, S1161
Vitamin B-6	S1065, S1161
Choline, total	S1065
Phenylalanine	S1065
Starch	S1065

NDB No. 09218 Tangerines, (mandarin oranges), raw

Maltose	S1065
Folate, total	S1065, S1161
Dihydrophylloquinone	S1065
Threonine	S1065
Valine	S1065
Serine	S1065

NDB No. 09221 Tangerine juice, raw

Carotene, alpha	D3849
Lutein + zeaxanthin	D3849
Vitamin A, IU	D3849
Vitamin A, RAE	D3849
Carotene, beta	D3849
Cryptoxanthin, beta	D3849

NDB No. 09224 Tangerine juice, frozen concentrate, sweetened, undiluted

Vitamin A, IU	D3912
Vitamin A, RAE	D3912
Cryptoxanthin, beta	D3912
Carotene, beta	D3912

NDB No. 09226 Papayas, raw

Fiber, total dietary	S1181, D3765, D6641, S5803
Calcium, Ca	S1181, D4070, D6661, S5803
Iron, Fe	S1181, D4070, D6661, S5803
Sodium, Na	S1181, D4070, D6661, S5803
Vitamin B-6	S1181, S5803
Ash	S1181, S5803
Lactose	S5803
Maltose	S5803
Sugars, total	S5803
Lutein + zeaxanthin	D7441, D6661, S1203, S5803
Tocopherol, delta	D6681, S5803
Thiamin	S1181, S5803
Total lipid (fat)	S1181, S5803

NDB No. 09226 Papayas, raw

Glucose (dextrose)	S5803
Vitamin C, total ascorbic acid	S1181, D5342, D6661, S5803
Starch	S5803
Sucrose	S5803
Water	S1181, D6941, D6661, D3765, D6641, S5803
Potassium, K	S1181, D4070, D6661, S5803
Manganese, Mn	S1181, D4070, D6661, S5803
Lycopene	D6941, D6661, S5803
Niacin	S1181, S5803
Folate, total	S1181, S5803
Fructose	S5803
Carotene, alpha	D6941, D6661, S1203, S5803
Vitamin E (alpha-tocopherol)	D6681, S5803
Riboflavin	S1181, S5803
Galactose	S5803
Phosphorus, P	S1181, D6661, S5803
Zinc, Zn	S1181, D4070, D6661, S5803
Vitamin A, IU	S1181, D3912, D3842, D6661, S1203, S5803
Protein	S1181, S5803
Vitamin A, RAE	S1181, D3912, D3842, D6661, S1203, S5803
Tocopherol, beta	D6681, S5803
Tocopherol, gamma	D6681, S5803
Magnesium, Mg	S1181, D4070, D6661, S5803
Copper, Cu	S1181, D4070, D6661, S5803
Carotene, beta	S1181, D3912, D3842, D6941, D6661, S1203, S5803
Cryptoxanthin, beta	S1181, D3912, D3842, D6661, S1203, S5803
Pantothenic acid	S1181, S5803

NDB No. 09228 Papaya, canned, heavy syrup, drained

Glucose (dextrose)	S4531
Fiber, total dietary	S4531
Selenium, Se	S4531
Carotene, alpha	S4531
18:0	S4531
18:3 undifferentiated	S4531
24:0	S4531

NDB No. 09228 Papaya, canned, heavy syrup, drained

16:1 c	S4531
22:1 c	S4531
20:3 undifferentiated	S4531
Fatty acids, total trans-monoenoic	S4531
20:3 n-3	S4531
22:4	S4531
Protein	S4531
Maltose	S4531
Zinc, Zn	S4531
Riboflavin	S4531
Vitamin K (phylloquinone)	S4531
16:0	S4531
22:0	S4531
14:1	S4531
Fatty acids, total polyunsaturated	S4531
17:1	S4531
18:3 n-3 c,c,c (ALA)	S4531
Sugars, total	S4531
Phosphorus, P	S4531
Sodium, Na	S4531
Cryptoxanthin, beta	S4531
Lycopene	S4531
Fatty acids, total saturated	S4531
20:4 undifferentiated	S4531
20:5 n-3 (EPA)	S4531
22:5 n-3 (DPA)	S4531
18:1 t	S4531
Total lipid (fat)	S4531
Sucrose	S4531
Water	S4531
Magnesium, Mg	S4531
Pantothenic acid	S4531
22:6 n-3 (DHA)	S4531
20:1	S4531
22:1 undifferentiated	S4531
15:0	S4531
18:2 CLAs	S4531

NDB No. 09228 Papaya, canned, heavy syrup, drained

18:2 n-6 c,c	S4531
18:3 n-6 c,c,c	S4531
15:1	S4531
Galactose	S4531
Niacin	S4531
8:0	S4531
12:0	S4531
20:2 n-6 c,c	S4531
20:3 n-6	S4531
Fructose	S4531
Lactose	S4531
Calcium, Ca	S4531
Vitamin A, IU	S4531
Carotene, beta	S4531
Lutein + zeaxanthin	S4531
Vitamin C, total ascorbic acid	S4531
Thiamin	S4531
20:0	S4531
18:2 undifferentiated	S4531
18:4	S4531
16:1 t	S4531
22:1 t	S4531
Ash	S4531
Potassium, K	S4531
Copper, Cu	S4531
Vitamin A, RAE	S4531
Vitamin B-6	S4531
Menaquinone-4	S4531
Fatty acids, total trans	S4531
10:0	S4531
24:1 c	S4531
Iron, Fe	S4531
Manganese, Mn	S4531
Dihydrophylloquinone	S4531
6:0	S4531
14:0	S4531
18:1 undifferentiated	S4531

NDB No. 09228 Papaya, canned, heavy syrup, drained

16:1 undifferentiated	S4531
Fatty acids, total monounsaturated	S4531
17:0	S4531
18:2 t not further defined	S4531
18:1 c	S4531
Fatty acids, total trans-polyenoic	S4531

NDB No. 09231 Passion-fruit, (granadilla), purple, raw

Vitamin A, IU	D3899
Carotene, beta	D3899
Cryptoxanthin, beta	D3899
Vitamin A, RAE	D3899
Carotene, alpha	D3899

NDB No. 09233 Passion-fruit juice, yellow, raw

Carotene, alpha	D3899
Carotene, beta	D3899
Cryptoxanthin, beta	D3899

NDB No. 09236 Peaches, raw

Manganese, Mn	S7, S10, S74, D4070, S6, S73, S11, S9, S12, S8, S461
Selenium, Se	S582
Vitamin A, IU	S582, S1203, D3887, D3904, S461
Lycopene	S582, S1203, D3904, S461
Thiamin	S582, S461
Pantothenic acid	S582, S461
Dihydrophylloquinone	S582
Cystine	S582
Alanine	S582
Protein	S582, S461
Starch	S461
Folate, total	S582
Tryptophan	S582
Lysine	S582

NDB No. 09236 Peaches, raw

Histidine	S582
Serine	S582
Total lipid (fat)	S582, S121, S461
Galactose	S582, S461
Potassium, K	S7, S10, S74, D4070, S582, S6, S73, S11, S9, S12, S8, S461
Vitamin B-6	S582, S461
Tyrosine	S582
Aspartic acid	S582
Glutamic acid	S582
Phosphorus, P	S7, S10, S74, S582, S6, S73, S11, S9, S12, S8, S461
Copper, Cu	S7, S10, S74, D4070, S582, S6, S73, S11, S9, S12, S8, S461
Carotene, beta	S582, S1203, D3887, D3904, S461
Methionine	S582
Phenylalanine	S582
Arginine	S582
Glucose (dextrose)	S582, S461
Sugars, total	S582, S461
Calcium, Ca	S7, S10, S74, D4070, S6, S73, S11, S9, S12, S8, S461
Iron, Fe	S7, S10, S74, D4070, S582, S6, S73, S11, S9, S12, S8, S461
Zinc, Zn	S7, S10, S74, D4070, S582, S6, S73, S11, S9, S12, S8, S461
Carotene, alpha	S582, S1203, D3887, D3904, S461
Vitamin E (alpha-tocopherol)	S121, S461
Cryptoxanthin, beta	S582, S1203, D3887, D3904, S461
Lutein + zeaxanthin	S582, S1203, D3904, S461
Tocopherol, beta	S121, S461
Niacin	S582, S461
Choline, total	S461
Sucrose	S582, S461
Magnesium, Mg	S7, S10, S74, D4070, S582, S6, S73, S11, S9, S12, S8, S461
Tocopherol, delta	S121, S461
Vitamin K (phylloquinone)	D4002, S582
Isoleucine	S582
Leucine	S582
Ash	S582, S461
Water	S582, S121, S461
Fiber, total dietary	S582, S461
Sodium, Na	S7, S10, S74, D4070, S582, S6, S73, S11, S9, S12, S8

NDB No. 09236 Peaches, raw

Fluoride, F	D5007
Vitamin A, RAE	S582, S1203, D3887, D3904, S461
Betaine	S461
Threonine	S582
Valine	S582
Glycine	S582
Proline	S582
Fructose	S582, S461
Lactose	S582, S461
Maltose	S582, S461
Tocopherol, gamma	S121, S461
Riboflavin	S582, S461

NDB No. 09241 Peaches, canned, heavy syrup pack, solids and liquids

Fluoride, F	D5001, D5301, D5002, D5007, D5003, D5021

NDB No. 09246 Peaches, dried, sulfured, uncooked

Glucose (dextrose)	S606, D3315
Sugars, total	S606, D3315
Tocopherol, gamma	S121
Tocopherol, delta	S121
Tocopherol, beta	S121
Fructose	S606, D3315
Sucrose	S606, D3315
Vitamin E (alpha-tocopherol)	S121

NDB No. 09251 Peach nectar, canned, without added ascorbic acid

Fluoride, F	D5201, D5021

NDB No. 09252 Pears, raw

Ash	S541, S482
Lactose	S541, S482
Carotene, alpha	S1206, S541, S482
Tocopherol, beta	S541

NDB No. 09252 Pears, raw

Tocopherol, gamma	S541
Valine	S541
Arginine	S541
Aspartic acid	S541
Protein	S541, S482
Vitamin A, IU	S1206, S541, S482
Lycopene	S541, S482
Thiamin	S541, S482
Lysine	S541
Cystine	S541
Tyrosine	S541
Alanine	S541
Total lipid (fat)	S541, S482
Choline, total	S541
Dihydrophylloquinone	S541, S482
Phenylalanine	S541
Sucrose	S541, S482
Fiber, total dietary	S541, S482
Zinc, Zn	S7, S206, S208, S10, S74, D4070, S6, S73, S541, S482, S11, S9, S12, S8
Manganese, Mn	S7, S206, S208, S10, S74, D4070, S6, S73, S541, S482, S11, S9, S12, S8
Vitamin A, RAE	S1206, S541, S482
Vitamin E (alpha-tocopherol)	S541
Niacin	S541, S482
Histidine	S541
Glutamic acid	S541
Fructose	S541, S482
Water	S541, S482
Carotene, beta	S1206, S541, S482
Lutein + zeaxanthin	S541, S482
Vitamin K (phylloquinone)	S541, S482
Threonine	S541
Glycine	S541
Serine	S541
Maltose	S541, S482
Sugars, total	S541, S482
Iron, Fe	S7, S206, S208, S10, S74, D4070, S6, S73, S541, S482, S11, S9, S12, S8
Magnesium, Mg	S7, S206, S208, S10, S74, D4070, S6, S73, S541, S482, S11, S9, S12, S8

NDB No. 09252 Pears, raw

Phosphorus, P	S7, S206, S208, S10, S74, S6, S73, S541, S482, S11, S9, S12, S8
Potassium, K	S7, S206, S208, S10, S74, D4070, S6, S73, S541, S482, S11, S9, S12, S8
Sodium, Na	S206, S208, S7, S10, S74, D4070, S6, S73, S541, S12, S11, S9, S8
Fluoride, F	D5002, D5007, D5003
Tocopherol, delta	S541
Pantothenic acid	S541, S482
Folate, total	S541, S482
Tryptophan	S541
Isoleucine	S541
Glucose (dextrose)	S541, S482
Galactose	S541, S482
Selenium, Se	S541
Vitamin C, total ascorbic acid	S541, S482
Riboflavin	S541, S482
Methionine	S541
Calcium, Ca	S7, S206, S208, S10, S74, D4070, S6, S73, S541, S482, S11, S9, S12, S8
Copper, Cu	S7, S206, S208, S10, S74, D4070, S6, S73, S541, S482, S11, S9, S12, S8
Cryptoxanthin, beta	S541, S482
Vitamin B-6	S541, S482
Betaine	S541
Leucine	S541
Proline	S541

NDB No. 09253 Pears, canned, water pack, solids and liquids

Sucrose	D4841
Fructose	D4841
Glucose (dextrose)	D4841
Maltose	D4841
Sugars, total	D4841
Vitamin K (phylloquinone)	D4048, D4002

NDB No. 09254 Pears, canned, juice pack, solids and liquids

Glucose (dextrose)	D4841
Vitamin K (phylloquinone)	D4048, D4002
Fructose	D4841
Maltose	D4841

NDB No. 09254 Pears, canned, juice pack, solids and liquids

Sucrose	D4841
Sugars, total	D4841

NDB No. 09256 Pears, canned, light syrup pack, solids and liquids

Maltose	D4841
Vitamin K (phylloquinone)	D4048, D4002
Sucrose	D4841
Glucose (dextrose)	D4841
Fructose	D4841
Sugars, total	D4841

NDB No. 09257 Pears, canned, heavy syrup pack, solids and liquids

Sucrose	D4841
Fructose	D4841
Fluoride, F	D5002, D5007, D5003
Choline, total	S3461
Betaine	S3461
Maltose	D4841
Glucose (dextrose)	D4841
Vitamin K (phylloquinone)	D4048, D4002
Sugars, total	D4841

NDB No. 09259 Pears, dried, sulfured, uncooked

Vitamin E (alpha-tocopherol)	S121
Tocopherol, beta	S121
Tocopherol, delta	S121
Tocopherol, gamma	S121

NDB No. 09262 Pear nectar, canned, without added ascorbic acid

Fluoride, F	D5201, D5021

NDB No. 09263 Persimmons, japanese, raw

Carotene, beta	D3912, D3842
Glucose (dextrose)	S606, D4941

NDB No. 09263 Persimmons, japanese, raw

Cryptoxanthin, beta	D3912, D3842
Sucrose	S606, D4941
Lycopene	D3842
Sugars, total	S606, D4941
Lutein + zeaxanthin	D3842
Fructose	S606, D4941

NDB No. 09264 Persimmons, japanese, dried

Vitamin A, RAE	D3899
Carotene, alpha	D3899
Cryptoxanthin, beta	D3899
Vitamin A, IU	D3899
Carotene, beta	D3899

NDB No. 09266 Pineapple, raw, all varieties

Protein	S561, S441, S1167
Glucose (dextrose)	S561, S441
Fructose	S561, S441
Lactose	S561, S441
Tocopherol, beta	S561, S441
Tocopherol, delta	S561, S441
Dihydrophylloquinone	S561, S441
Tryptophan	S561, S441
Tyrosine	S561, S441
Alanine	S561, S441
Glutamic acid	S561, S441
Proline	S561, S441
Calcium, Ca	D4070, S561, S441, S1167
Iron, Fe	D4070, S561, S441, S1167
Tocopherol, gamma	S561, S441
Betaine	S561, S441
Isoleucine	S561, S441
Glycine	S561, S441
Serine	S561, S441
Thiamin	S561, S441, S1167
Niacin	S561, S441, S1167

NDB No. 09266 Pineapple, raw, all varieties

Histidine	S561, S441
Aspartic acid	S561, S441
Water	S561, S441, S1167
Manganese, Mn	D4070, S561, S441, S1167
Cryptoxanthin, beta	S561, S441
Leucine	S561, S441
Cystine	S561, S441
Starch	S561
Sucrose	S561, S441
Sugars, total	S561, S441
Zinc, Zn	D4070, S561, S441, S1167
Copper, Cu	D4070, S561, S441, S1167
Vitamin A, IU	S561, S441, S1167
Lutein + zeaxanthin	S561, S441
Lysine	S561, S441
Total lipid (fat)	S561, S441, S1167
Selenium, Se	S561, S441
Carotene, alpha	S561, S441
Vitamin E (alpha-tocopherol)	S561, S441
Folate, total	S561, S441, S1167
Choline, total	S561, S441
Arginine	S561, S441
Galactose	S561, S441
Magnesium, Mg	D4070, S561, S441, S1167
Potassium, K	D4070, S561, S441, S1167
Vitamin A, RAE	S561, S441, S1167
Carotene, beta	S561, S441, S1167
Lycopene	S561, S441
Vitamin C, total ascorbic acid	S561, S441, S1167
Riboflavin	S561, S441, S1167
Pantothenic acid	S561, S441, S1167
Vitamin B-6	S561, S441, S1167
Methionine	S561, S441
Ash	S561, S441, S1167
Maltose	S561, S441
Fiber, total dietary	S561
Phosphorus, P	S561, S441, S1167

NDB No. 09266 Pineapple, raw, all varieties

Vitamin K (phylloquinone)	S561, S441
Threonine	S561, S441
Phenylalanine	S561, S441
Valine	S561, S441

NDB No. 09268 Pineapple, canned, juice pack, solids and liquids

Vitamin K (phylloquinone)	D4002
Glucose (dextrose)	D3315
Sugars, total	D3315
Sucrose	D3315
Fructose	D3315
Fluoride, F	D5301, D5007

NDB No. 09270 Pineapple, canned, heavy syrup pack, solids and liquids

Glucose (dextrose)	D3315
Sugars, total	D3315
Fructose	D3315
Sucrose	D3315

NDB No. 09273 Pineapple juice, canned, unsweetened, without added ascorbic acid

Total lipid (fat)	S2985, S2104
Maltose	S2104
Iron, Fe	S2985, S2104
Niacin	S2985, S2104
Lactose	S2104
Phosphorus, P	S2104
Potassium, K	S2985, S2104
Manganese, Mn	S2104
Vitamin B-6	S2104
Sucrose	S2104
Fiber, total dietary	S2104
Sodium, Na	S2985, S2104
Zinc, Zn	S2104
Ash	S2104
Galactose	S2104

NDB No. 09273 Pineapple juice, canned, unsweetened, without added ascorbic acid

Calcium, Ca	S2985, S2104
Pantothenic acid	S2104
Folate, total	S2104
Glucose (dextrose)	S2104
Fructose	S2104
Sugars, total	S2104
Magnesium, Mg	S2104
Copper, Cu	S2104
Protein	S2985, S2104
Thiamin	S2985, S2104
Riboflavin	S2985, S2104
Water	S2104

NDB No. 09275 Pineapple juice, frozen concentrate, unsweetened, diluted with 3 volume water

Iron, Fe	S7, S206, S208, S10, S5881, S2682, S2684, S6, S2683, S11, S9, S12, S4061, S3841, S8
Potassium, K	S7, S206, S208, S10, S5881, S2682, S2684, S6, S2683, S11, S9, S12, S4061, S3841, S8
Sodium, Na	S7, S206, S208, S10, S5881, S2682, S2684, S6, S2683, S11, S9, S12, S4061, S3841, S8
Manganese, Mn	S7, S206, S208, S10, S5881, S2682, S2684, S6, S2683, S11, S9, S12, S4061, S3841, S8
Water	S5881
Magnesium, Mg	S7, S206, S208, S10, S5881, S2682, S2684, S6, S2683, S11, S9, S12, S4061, S3841, S8
Zinc, Zn	S7, S206, S208, S10, S5881, S2682, S2684, S6, S2683, S11, S9, S12, S4061, S3841, S8
Vitamin K (phylloquinone)	D4002
Copper, Cu	S7, S206, S208, S10, S5881, S2682, S2684, S6, S2683, S11, S9, S12, S4061, S3841, S8
Calcium, Ca	S7, S206, S208, S10, S5881, S2682, S2684, S6, S2683, S11, S9, S12, S4061, S3841, S8
Phosphorus, P	S7, S206, S208, S10, S5881, S2682, S2684, S6, S2683, S11, S9, S12, S4061, S3841, S8

NDB No. 09279 Plums, raw

Calcium, Ca	S7, S206, S208, S10, S74, S6, S73, S11, S9, S12, S8, S421
Magnesium, Mg	S7, S206, S208, S10, S74, S582, S6, S73, S11, S9, S12, S8, S421
Manganese, Mn	S7, S206, S208, S10, S74, S582, S6, S73, S11, S9, S12, S8, S421
Tocopherol, beta	S121, S421
Phenylalanine	S582
Alanine	S582
Glutamic acid	S582
Total lipid (fat)	S582, S121, S421
Sugars, total	S582, S421

NDB No. 09279 Plums, raw

Galactose	S582, S421
Vitamin A, RAE	S582, S421
Carotene, beta	S582, S421
Lutein + zeaxanthin	S582, S421
Thiamin	S582, S421
Aspartic acid	S582
Proline	S582
Protein	S582, S421
Maltose	S582, S421
Selenium, Se	S582
Vitamin A, IU	S582, S421
Folate, total	S582, S421
Leucine	S582
Sucrose	S582, S421
Cryptoxanthin, beta	S582, S421
Riboflavin	S582, S421
Vitamin K (phylloquinone)	D4002, S582, S421
Methionine	S582
Tyrosine	S582
Glycine	S582
Ash	S582, S421
Phosphorus, P	S7, S206, S208, S10, S74, S582, S6, S73, S11, S9, S12, S8, S421
Copper, Cu	S7, S206, S208, S10, S74, S582, S6, S73, S11, S9, S12, S8, S421
Carotene, alpha	S582, S421
Pantothenic acid	S582, S421
Vitamin B-6	S582, S421
Threonine	S582
Isoleucine	S582
Cystine	S582
Valine	S582
Starch	S421
Fructose	S582, S421
Lactose	S582, S421
Water	S582, S121, S421
Fiber, total dietary	S582, S421
Iron, Fe	S7, S206, S208, S10, S74, S582, S6, S73, S11, S9, S12, S8, S421
Potassium, K	S7, S206, S208, S10, S74, S582, S6, S73, S11, S9, S12, S8, S421

NDB No. 09279 Plums, raw

Sodium, Na	S7, S206, S208, S10, S74, S582, S6, S73, S11, S9, S12, S8
Fluoride, F	D5007
Vitamin E (alpha-tocopherol)	S121, S421
Lycopene	S582, S421
Arginine	S582
Glucose (dextrose)	S582, S421
Zinc, Zn	S7, S206, S208, S10, S74, S582, S6, S73, S11, S9, S12, S8, S421
Tocopherol, gamma	S121, S421
Tocopherol, delta	S121, S421
Niacin	S582, S421
Dihydrophylloquinone	S582, S421
Tryptophan	S582
Lysine	S582
Histidine	S582
Serine	S582

NDB No. 09286 Pomegranates, raw

Magnesium, Mg	S4621
Copper, Cu	S4621
Vitamin K (phylloquinone)	S4621
Fatty acids, total saturated	S4621
Fiber, total dietary	S4621
Vitamin C, total ascorbic acid	S4621
Riboflavin	S4621
Niacin	S4621
Selenium, Se	S4621
Fatty acids, total polyunsaturated	S4621
Total lipid (fat)	S4621
Fatty acids, total monounsaturated	S4621
Protein	S4621
Ash	S4621
Calcium, Ca	S4621
Iron, Fe	S4621
Thiamin	S4621
Pantothenic acid	S4621
Folate, total	S4621

NDB No. 09286 Pomegranates, raw

Stigmasterol	D6481
Beta-sitosterol	D6481
Phosphorus, P	S4621
Sodium, Na	S4621
Zinc, Zn	S4621
Fatty acids, total trans	S4621
Water	S4621
Sugars, total	S4621
Potassium, K	S4621
Manganese, Mn	S4621
Vitamin B-6	S4621
Campesterol	D6481

NDB No. 09287 Prickly pears, raw

Carotene, alpha	S1202, D3899
Vitamin A, RAE	S1202, D3899
Carotene, beta	S1202, D3899
Cryptoxanthin, beta	S1202, D3899
Vitamin A, IU	S1202, D3899

NDB No. 09291 Plums, dried (prunes), uncooked

Protein	S566, S564
Sugars, total	S837, S606, S566, D3315
Galactose	S566
Potassium, K	S7, S206, S208, S10, S74, S6, S73, S566, S11, S9, S12, S8, S564
Copper, Cu	S7, S206, S208, S10, S74, S6, S73, S566, S11, S9, S12, S8, S564
Thiamin	S566, S564
Riboflavin	S566, S564
Vitamin K (phylloquinone)	S566, S564
Glutamic acid	S566, S564
Glycine	S566, S564
Proline	S566, S564
12:0	S566, S564
14:0	S566, S564
18:3 undifferentiated	S566, S564
17:1	S566, S564

NDB No. 09291 Plums, dried (prunes), uncooked

Starch	S566, S564
Manganese, Mn	S7, S206, S208, S10, S74, S6, S73, S566, S11, S9, S12, S8, S564
Vitamin A, IU	S1341, S566, S564
Lutein + zeaxanthin	S1341, S566, S564
Vitamin C, total ascorbic acid	S566, S564
18:0	S566, S564
18:1 undifferentiated	S566, S564
22:0	S566, S564
16:1 undifferentiated	S566, S564
Water	S837, S606, S566, S121, S564, D3780
Iron, Fe	S7, S206, S208, S10, S74, S6, S73, S566, S11, S9, S12, S8, S564
Vitamin A, RAE	S1341, S566, S564
Carotene, alpha	S1341, S566, S564
Lycopene	S566, S564
Dihydrophylloquinone	S566, S564
Leucine	S566, S564
Cystine	S566, S564
Aspartic acid	S566, S564
20:0	S566, S564
20:2 n-6 c,c	S566, S564
Ash	S566, S564
Betaine	S566, S564
Tryptophan	S566, S564
Threonine	S566, S564
Lysine	S566, S564
8:0	S566, S564
20:4 undifferentiated	S566, S564
14:1	S566, S564
Calcium, Ca	S7, S206, S208, S10, S74, S6, S73, S566, S11, S9, S12, S8, S564
Sodium, Na	S7, S206, S208, S10, S74, S6, S73, S566, S11, S9, S12, S8, S564
Selenium, Se	S566, S564
Carotene, beta	S1341, S566, S564
Cryptoxanthin, beta	S1341, S566, S564
Vitamin B-6	S566, S564
Arginine	S566, S564
18:2 undifferentiated	S566, S564
15:1	S566, S564

NDB No. 09291 Plums, dried (prunes), uncooked

Lactose	S837, S566, S564
Zinc, Zn	S7, S206, S208, S10, S74, S6, S73, S566, S11, S9, S12, S8, S564
Vitamin E (alpha-tocopherol)	S121, S564
Tocopherol, delta	S121, S564
Niacin	S566, S564
Phenylalanine	S564
Histidine	S566, S564
Alanine	S566, S564
16:0	S566, S564
20:1	S566, S564
Total lipid (fat)	S566, S121, S564
Sucrose	S837, S606, S566, S564, D3315
Glucose (dextrose)	S837, S606, D3318, S566, S564, D3315
Fructose	S837, S606, D3318, S566, S564, D3315
Maltose	S837, S566, S564
Magnesium, Mg	S7, S206, S208, S10, S74, S6, S73, S566, S11, S9, S12, S8, S564
Tocopherol, beta	S121, S564
Pantothenic acid	S566, S564
Isoleucine	S566, S564
Tyrosine	S566, S564
17:0	S566, S564
20:3 undifferentiated	S566, S564
Fiber, total dietary	S566, S564, D3780
Phosphorus, P	S7, S206, S208, S10, S74, S6, S73, S566, S11, S9, S12, S8, S564
Fluoride, F	D5007
Tocopherol, gamma	S121, S564
Folate, total	S564
Choline, total	S566, S564
Methionine	S566, S564
Valine	S566, S564
Serine	S566, S564
10:0	S566, S564
15:0	S566, S564
18:3 n-6 c,c,c	S564

NDB No. 09294 Prune juice, canned

NDB No. 09294 Prune juice, canned

Vitamin E (alpha-tocopherol)	S84
Vitamin K (phylloquinone)	D4002
Tocopherol, delta	S84
Tocopherol, beta	S84
Fluoride, F	D5008, D5007, D5005

NDB No. 09295 Pummelo, raw

Vitamin A, IU	D3899
Carotene, beta	D3899
Cryptoxanthin, beta	D3899
Vitamin A, RAE	D3899
Carotene, alpha	D3899

NDB No. 09298 Raisins, seedless

Maltose	S566, S564
Fluoride, F	S566
Carotene, beta	S566, S564
Tocopherol, delta	S121, S564
Isoleucine	S566, S564
Histidine	S566, S564
Proline	S566, S564
18:3 undifferentiated	S566, S564
16:1 undifferentiated	S566, S564
Protein	S5, S566, S564
Carotene, alpha	S566, S564
Folate, total	S564
Vitamin K (phylloquinone)	D4002, S566, S564
Methionine	S566, S564
Phenylalanine	S564
8:0	S566, S564
10:0	S566, S564
16:0	S566, S564
17:0	S566, S564
15:1	S566, S564
Calcium, Ca	S7, S206, S208, S10, S74, S6, S73, S566, S11, S9, S12, S8, S564
Vitamin E (alpha-tocopherol)	S121, S564

NDB No. 09298 Raisins, seedless

Lutein + zeaxanthin	S566, S564
Betaine	S566, S564
Arginine	S566, S564
Glutamic acid	S566, S564
Glycine	S566, S564
Serine	S566, S564
22:0	S566, S564
15:0	S566, S564
Starch	S566, S564
Water	D3764, D3779, S566, S121, S564
Selenium, Se	S566, S564
Lycopene	S566, S564
Tocopherol, gamma	S121, S564
Pantothenic acid	S566, S564
Dihydrophylloquinone	S566, S564
Cystine	S566, S564
Valine	S566, S564
Alanine	S566, S564
12:0	S566, S564
20:1	S566, S564
Glucose (dextrose)	S837, S566, S564, D3315
Lactose	S566, S564
Sugars, total	S837, S566, S564, D3315
Galactose	S566, S564
Magnesium, Mg	S7, S206, S208, S10, S74, S6, S73, S566, S11, S9, S12, S8, S564
Phosphorus, P	S7, S206, S208, S10, S74, S6, S73, S566, S11, S9, S12, S8, S564
Copper, Cu	S7, S206, S208, S10, S74, S6, S73, S566, S11, S9, S12, S8, S564
Cryptoxanthin, beta	S566, S564
Niacin	S566, S564
Vitamin B-6	S566, S564
Choline, total	S566, S564
Lysine	S566, S564
Tyrosine	S566, S564
20:0	S566, S564
20:4 undifferentiated	S566, S564
20:2 n-6 c,c	S566, S564
20:3 undifferentiated	S566, S564

NDB No. 09298 Raisins, seedless

Total lipid (fat)	S5, S566, S121, S564
Iron, Fe	S7, S206, S208, S10, S74, S5, S6, S73, S566, S11, S9, S12, S8, S564
Vitamin A, RAE	S566, S564
18:1 undifferentiated	S566, S564
18:2 undifferentiated	S566, S564
Sodium, Na	S7, S206, S208, S10, S74, S5, S6, S73, S566, S11, S9, S12, S8, S564
Zinc, Zn	S7, S206, S208, S10, S74, S6, S73, S566, S11, S9, S12, S8, S564
Vitamin A, IU	S566, S564
Thiamin	S566, S564
Riboflavin	S566, S564
Tryptophan	S566, S564
Threonine	S566, S564
Leucine	S566, S564
18:0	S566, S564
18:3 n-6 c,c,c	S564
Ash	S566, S564
Sucrose	S837, S566, S564, D3315
Fructose	S837, S566, S564, D3315
Fiber, total dietary	S837, D3764, D3779, S5, S566, S564
Potassium, K	S7, S206, S208, S10, S74, S6, S73, S566, S11, S9, S12, S8, S564
Manganese, Mn	S7, S206, S208, S10, S74, S6, S73, S566, S11, S9, S12, S8, S564
Tocopherol, beta	S121, S564
Vitamin C, total ascorbic acid	S5, S566, S564
Aspartic acid	S566, S564
14:0	S566, S564
14:1	S566, S564
17:1	S566, S564

NDB No. 09301 Rambutan, canned, syrup pack

Carotene, alpha	S1202
Vitamin A, IU	S1202
Carotene, beta	S1202
Vitamin A, RAE	S1202
Cryptoxanthin, beta	S1202

NDB No. 09302 Raspberries, raw

NDB No. 09302 Raspberries, raw

Fiber, total dietary	S963, S566, S381, D3780, S461
Magnesium, Mg	S963, S566, S381, S461
Copper, Cu	S963, S566, S381, S461
Selenium, Se	S566
Carotene, alpha	S566, D3899, D3887, S461
Tocopherol, beta	S566, S461
Pantothenic acid	S963, S566, S381, S461
Fructose	S566, S461
Lactose	S566, S461
Sugars, total	S566, S461
Phosphorus, P	S963, S566, S381, S461
Vitamin C, total ascorbic acid	S963, S566, S381, S461
Protein	S963, S566, S381, S461
Starch	S461
Potassium, K	S963, S566, S381, S461
Zinc, Zn	S963, S566, S381, S461
Manganese, Mn	S963, S566, S381, S461
Carotene, beta	S963, S566, D3899, D3887, S461
Thiamin	S963, S566, S381, S461
Vitamin K (phylloquinone)	S566, S461
Ash	S963, S566, S381, S461
Galactose	S566, S461
Sodium, Na	S963, S566, S381
Tocopherol, gamma	S566, S461
Choline, total	S461
Dihydrophylloquinone	S566, S461
Betaine	S461
Maltose	S566, S461
Water	S963, S566, S381, D3780, S461
Lycopene	S566, S461
Niacin	S963, S566, S381, S461
Vitamin B-6	S963, S566, S381, S461
Glucose (dextrose)	S566, S461
Iron, Fe	S963, S566, S381, S461
Vitamin E (alpha-tocopherol)	S566, S461
Riboflavin	S963, S566, S381, S461
Cryptoxanthin, beta	S566, D3899, D3887, S461

NDB No. 09302 Raspberries, raw

Lutein + zeaxanthin	S566, S461
Tocopherol, delta	S566, S461
Total lipid (fat)	S963, S566, S381, S461
Sucrose	S566, S461
Calcium, Ca	S963, S566, S381, S461
Folate, total	S963, S566, S381, S461

NDB No. 09307 Rhubarb, raw

Carotene, alpha	D3919
Cryptoxanthin, beta	D3919
Vitamin A, IU	D3919
Vitamin A, RAE	D3919
Carotene, beta	D3919
Lycopene	D3919
Lutein + zeaxanthin	D3919

NDB No. 09314 Sapote, mamey, raw

Sucrose	S5803
Glucose (dextrose)	S5803
Lactose	S5803
Vitamin A, IU	S381, S5803
Niacin	S381, S5803
Fatty acids, total saturated	S5803
12:0	S5803
20:0	S5803
20:1	S5803
22:1 undifferentiated	S5803
17:0	S5803
18:1 t	S5803
16:1 c	S5803
15:1	S5803
Zinc, Zn	S381, S6301, S5803
Vitamin A, RAE	S381, S5803
Vitamin E (alpha-tocopherol)	S5803
Folate, total	S381, S5803
Isoleucine	S5803

NDB No. 09314 Sapote, mamey, raw

Cystine	S5803
Aspartic acid	S5803
Fatty acids, total trans	S5803
10:0	S5803
18:1 undifferentiated	S5803
18:2 undifferentiated	S5803
22:0	S5803
22:1 c	S5803
18:3 n-3 c,c,c (ALA)	S5803
20:3 n-6	S5803
Ash	S381, S5803
Fructose	S5803
Maltose	S5803
Fiber, total dietary	S381, D6641, S5803
Magnesium, Mg	S381, S6301, S5803
Riboflavin	S381, S5803
Lysine	S5803
Glutamic acid	S5803
16:0	S5803
18:2 t not further defined	S5803
Fatty acids, total trans-polyenoic	S5803
Tocopherol, gamma	S5803
Pantothenic acid	S381, S5803
Threonine	S5803
Methionine	S5803
Proline	S5803
8:0	S5803
15:0	S5803
22:4	S5803
Protein	S381, S6301, S5803
Total lipid (fat)	S381, S5803
Starch	S5803
Iron, Fe	S381, S6301, S5803
Phosphorus, P	S381, S6301, S5803
Manganese, Mn	S381, S6301, S5803
Carotene, alpha	S381, S5803
Cryptoxanthin, beta	S381, S5803

NDB No. 09314 Sapote, mamey, raw

Tocopherol, beta	S5803
Tryptophan	S5803
Arginine	S5803
Serine	S5803
18:3 undifferentiated	S5803
18:4	S5803
24:0	S5803
17:1	S5803
Fatty acids, total trans-monoenoic	S5803
Sugars, total	S5803
Copper, Cu	S381, S5803
Carotene, beta	S381, S5803
Tocopherol, delta	S5803
Vitamin C, total ascorbic acid	S381, D6641, S5803
Thiamin	S381, S5803
Glycine	S5803
18:0	S5803
14:1	S5803
20:5 n-3 (EPA)	S5803
22:5 n-3 (DPA)	S5803
22:1 t	S5803
18:2 CLAs	S5803
20:2 n-6 c,c	S5803
18:3 n-6 c,c,c	S5803
20:3 undifferentiated	S5803
Potassium, K	S381, S6301, S5803
Lycopene	S5803
Lutein + zeaxanthin	S5803
Leucine	S5803
Phenylalanine	S5803
Tyrosine	S5803
20:4 undifferentiated	S5803
22:6 n-3 (DHA)	S5803
16:1 undifferentiated	S5803
Fatty acids, total monounsaturated	S5803
24:1 c	S5803

NDB No. 09314 Sapote, mamey, raw

18:2 n-6 c,c	S5803
20:3 n-3	S5803
Water	S381, D6641, S5803
Galactose	S5803
Calcium, Ca	S381, S6301, S5803
Sodium, Na	S381, S5803
Vitamin B-6	S381, S5803
Valine	S5803
Histidine	S5803
Alanine	S5803
14:0	S5803
Fatty acids, total polyunsaturated	S5803
16:1 t	S5803
18:1 c	S5803

NDB No. 09316 Strawberries, raw

Protein	S1162, S581, S566, S421, S604
Total lipid (fat)	S1162, S581, S566, S421, S604
Sucrose	S606, S3402, S566, S421
Manganese, Mn	S204, S7, S206, S208, S10, S201, S74, S73, S6, S581, S566, S183, S203, S11, S9, S12, S205, S8, S421, S182, S202
Selenium, Se	S566
Lycopene	S566, S421
Tocopherol, beta	S566, S421
Tocopherol, gamma	S566, S421
Pantothenic acid	S581, S566, S421
Betaine	S421
Ash	S1162, S581, S566, S421, S604
Lactose	S3402, S566, S421
Fluoride, F	D5301, D5007
Carotene, alpha	S566, S421
Lutein + zeaxanthin	S566, S421
Starch	S566, S421
Galactose	S3402, S566, S421
Fiber, total dietary	D3764, S642, S1162, S581, S566, S421, S604
Zinc, Zn	S204, S7, S206, S208, S10, S201, S74, S73, S6, S581, S566, S183, S203, S11, S9, S12, S205, S8, S421, S182, S202

NDB No. 09316 Strawberries, raw

Vitamin A, RAE	S581, S421
Carotene, beta	S581, S566, S421
Vitamin B-6	S581, S566, S421
Glucose (dextrose)	S606, S3402, S566, S421, S604
Potassium, K	S204, S7, S206, S208, S10, S201, S74, S73, S6, S1162, S581, S566, S183, S203, S11, S9, S12, S205, S8, S421, S182, S202
Vitamin A, IU	S581, S421
Vitamin K (phylloquinone)	D4002, S566, S421
Maltose	S3402, S566, S421
Calcium, Ca	S204, S7, S206, S208, S10, S201, S74, S73, S6, S3402, S581, S566, S183, S203, S11, S9, S12, S205, S8, S421, S182, S202
Iron, Fe	S204, S7, S206, S208, S10, S201, S74, S73, S6, S3402, S581, S566, S183, S203, S11, S9, S12, S205, S8, S421, S182, S202
Magnesium, Mg	S204, S7, S206, S208, S10, S201, S74, S73, S6, S581, S566, S183, S203, S11, S9, S12, S205, S8, S421, S182, S202
Copper, Cu	S204, S7, S206, S208, S10, S201, S74, S73, S6, S581, S183, S203, S11, S9, S12, S205, S8, S421, S182, S202
Cryptoxanthin, beta	S566, S421
Riboflavin	S581, S566, S421
Folate, total	D4781, S1662
Water	D3764, S606, S1162, S581, S566, S421, S604
Tocopherol, delta	S566, S421
Vitamin C, total ascorbic acid	S1162, S581, S421
Thiamin	S581, S566, S421
Choline, total	S421
Fructose	S606, S3402, S566, S421, S604
Phosphorus, P	S204, S7, S206, S208, S10, S201, S74, S73, S6, S581, S566, S183, S203, S11, S9, S12, S205, S8, S421, S182, S202
Sodium, Na	S204, S7, S206, S208, S10, S201, S74, S73, S6, S1162, S581, S566, S183, S203, S11, S9, S12, S205, S8, S182, S202
Vitamin E (alpha-tocopherol)	S566, S421
Niacin	S581, S566, S421
Dihydrophylloquinone	S566, S421

NDB No. 09318 Strawberries, frozen, unsweetened

Glucose (dextrose)	S606, S604
Fructose	S606, S604
Sucrose	S604

NDB No. 09326 Watermelon, raw

Starch	S461
Sugars, total	S837, S441, S461
Magnesium, Mg	S7, S206, S208, S10, S74, S6, S73, S1027, S441, S11, S9, S12, S8, S461
Selenium, Se	S441
Choline, total	S461
Dihydrophylloquinone	S441, S461
Betaine	S461
Water	S837, D3764, S84, S1027, S441, S461
Carotene, alpha	S441, S1203, S461
Tocopherol, beta	S84, S441, S461
Vitamin C, total ascorbic acid	S1027, S461
Fructose	S837, S441, S461
Lactose	S837, S441, S461
Potassium, K	S7, S206, S208, S10, S74, S6, S73, S1027, S441, S11, S9, S12, S8, S461
Fluoride, F	D5301, D5007
Vitamin A, IU	S1027, S441, S461
Thiamin	S1027, S441, S461
Folate, total	S441
Copper, Cu	S7, S206, S208, S10, S74, S6, S73, S1027, S11, S9, S12, S8, S461
Lutein + zeaxanthin	S441, S1203, S461
Total lipid (fat)	S1027, S441, S461
Glucose (dextrose)	S837, S441, S461
Fiber, total dietary	S837, D3764, S1027, S461
Zinc, Zn	S7, S206, S208, S10, S74, S6, S73, S1027, S441, S11, S9, S12, S8, S461
Lycopene	S441, S1203, D4801, S461
Ash	S1027, S441, S461
Maltose	S837, S441, S461
Sodium, Na	S7, S206, S208, S10, S74, S6, S73, S1027, S441, S11, S9, S12, S8
Vitamin A, RAE	S441, S461
Tocopherol, gamma	S84, S441, S461
Vitamin K (phylloquinone)	D4002, S441, S461
Protein	S1027, S441, S461
Sucrose	S837, S441, S461
Calcium, Ca	S7, S206, S208, S10, S74, S6, S73, S1027, S11, S9, S12, S8, S461
Iron, Fe	S7, S206, S208, S10, S74, S6, S73, S1027, S441, S11, S9, S12, S8, S461
Phosphorus, P	S7, S206, S208, S10, S74, S6, S73, S1027, S11, S9, S12, S8, S461
Manganese, Mn	S7, S206, S208, S10, S74, S6, S73, S1027, S441, S11, S9, S12, S8, S461

NDB No. 09326 Watermelon, raw

Carotene, beta	D3912, S1027, S441, S1203, S461
Vitamin E (alpha-tocopherol)	S84, S441, S461
Cryptoxanthin, beta	D3912, S441, S1203, S461
Riboflavin	S1027, S441, S461
Pantothenic acid	S1027, S441, S461
Galactose	S441, S461
Tocopherol, delta	S84, S441, S461
Niacin	S1027, S441, S461
Vitamin B-6	S1027, S441, S461

NDB No. 09328 Maraschino cherries, canned, drained

Sodium, Na	S1206
Riboflavin	S1206
Water	S1206
Niacin	S1206
Copper, Cu	S1206
Fiber, total dietary	S1206
Protein	S1206
Ash	S1206
Phosphorus, P	S1206
Potassium, K	S1206
Manganese, Mn	S1206
Pantothenic acid	S1206
Calcium, Ca	S1206
Iron, Fe	S1206
Zinc, Zn	S1206
Total lipid (fat)	S1206
Magnesium, Mg	S1206
Vitamin B-6	S1206

NDB No. 09334 Feijoa, raw

Fructose	S6602
Sugars, total	S6602
Potassium, K	S381, S6602
Folate, total	S381, S6602
Menaquinone-4	S6602

NDB No. 09334 Feijoa, raw

Alanine	S6602
Glutamic acid	S6602
Serine	S6602
14:0	S6602
20:4 undifferentiated	S6602
22:0	S6602
14:1	S6602
22:1 undifferentiated	S6602
24:0	S6602
18:1 t	S6602
Fatty acids, total trans-polyenoic	S6602
Protein	S381, S6602
Sucrose	S6602
Fiber, total dietary	S6602
Magnesium, Mg	S381, S6602
Copper, Cu	S381, S6602
Pantothenic acid	S381, S6602
Dihydrophylloquinone	S6602
16:0	S6602
18:0	S6602
22:5 n-3 (DPA)	S6602
17:0	S6602
22:1 c	S6602
Phosphorus, P	S381, S6602
Lutein + zeaxanthin	S6602
Riboflavin	S381, S6602
Cystine	S6602
Tyrosine	S6602
10:0	S6602
16:1 undifferentiated	S6602
20:1	S6602
20:5 n-3 (EPA)	S6602
18:2 n-6 c,c	S6602
18:3 n-6 c,c,c	S6602
Total lipid (fat)	S381, S6602
Glucose (dextrose)	S6602
Galactose	S6602

NDB No. 09334 Feijoa, raw

Lycopene	S6602
Thiamin	S381, S6602
Vitamin K (phylloquinone)	S6602
Threonine	S6602
Methionine	S6602
Glycine	S6602
12:0	S6602
15:0	S6602
16:1 t	S6602
22:1 t	S6602
18:1 c	S6602
20:3 undifferentiated	S6602
20:3 n-6	S6602
22:4	S6602
Carotene, alpha	S381, S6602
Cryptoxanthin, beta	S381, S6602
Tocopherol, gamma	S6602
Tocopherol, delta	S6602
Niacin	S381, S6602
Fatty acids, total trans	S6602
20:0	S6602
18:2 undifferentiated	S6602
Fatty acids, total polyunsaturated	S6602
20:2 n-6 c,c	S6602
17:1	S6602
15:1	S6602
Lactose	S6602
Water	S381, S6602
Calcium, Ca	S381, S6602
Zinc, Zn	S381, S6602
Vitamin C, total ascorbic acid	S381, S6602
Vitamin B-6	S381, S6602
Fatty acids, total saturated	S6602
18:1 undifferentiated	S6602
18:4	S6602
18:2 t not further defined	S6602
24:1 c	S6602

NDB No. 09334 Feijoa, raw

20:3 n-3	S6602
Ash	S381, S6602
Starch	S6602
Maltose	S6602
Iron, Fe	S381, S6602
Carotene, beta	S381, S6602
Tocopherol, beta	S6602
Tryptophan	S6602
Isoleucine	S6602
Leucine	S6602
Lysine	S6602
Valine	S6602
Histidine	S6602
4:0	S6602
Fatty acids, total monounsaturated	S6602
18:2 CLAs	S6602
16:1 c	S6602
Fatty acids, total trans-monoenoic	S6602
18:3 n-3 c,c,c (ALA)	S6602
Sodium, Na	S381, S6602
Manganese, Mn	S381, S6602
Vitamin A, IU	S381, S6602
Vitamin A, RAE	S381, S6602
Vitamin E (alpha-tocopherol)	S6602
Phenylalanine	S6602
Arginine	S6602
Aspartic acid	S6602
Proline	S6602
6:0	S6602
8:0	S6602
18:3 undifferentiated	S6602
22:6 n-3 (DHA)	S6602

NDB No. 09351 Fruit cocktail, canned, heavy syrup, drained

Vitamin A, RAE	S1203

NDB No. 09351 Fruit cocktail, canned, heavy syrup, drained

Carotene, beta	S1203
Cryptoxanthin, beta	S1203
Carotene, alpha	S1203
Lycopene	S1203
Vitamin A, IU	S1203
Lutein + zeaxanthin	S1203

NDB No. 09352 Blueberries, canned, light syrup, drained

Zinc, Zn	S2113
Total lipid (fat)	S2113
Vitamin E (alpha-tocopherol)	S2113
Fructose	S2113
Iron, Fe	S2113
Cryptoxanthin, beta	S2113
Tocopherol, gamma	S2113
Calcium, Ca	S2113
Potassium, K	S2113
Carotene, alpha	S2113
Vitamin C, total ascorbic acid	S2113
Niacin	S2113
Menaquinone-4	S2113
Dihydrophylloquinone	S2113
Lactose	S2113
Magnesium, Mg	S2113
Sodium, Na	S2113
Pantothenic acid	S2113
Protein	S2113
Ash	S2113
Sucrose	S2113
Maltose	S2113
Sugars, total	S2113
Fiber, total dietary	S2113
Lycopene	S2113
Tocopherol, delta	S2113
Vitamin B-6	S2113
Glucose (dextrose)	S2113

NDB No. 09352 Blueberries, canned, light syrup, drained

Galactose	S2113
Phosphorus, P	S2113
Tocopherol, beta	S2113
Water	S2113
Manganese, Mn	S2113
Thiamin	S2113
Riboflavin	S2113
Vitamin K (phylloquinone)	S2113

NDB No. 09353 Blueberries, wild, canned, heavy syrup, drained

Water	S2113
Pantothenic acid	S2113
Maltose	S2113
Magnesium, Mg	S2113
Vitamin C, total ascorbic acid	S2113
Folate, total	S2113
Folate, food	S2113
Ash	S2113
Sucrose	S2113
Fiber, total dietary	S2113
Thiamin	S2113
Riboflavin	S2113
Sugars, total	S2113
Galactose	S2113
Vitamin K (phylloquinone)	S2113
Total lipid (fat)	S2113
Glucose (dextrose)	S2113
Iron, Fe	S2113
Manganese, Mn	S2113
Protein	S2113
Fructose	S2113
Lactose	S2113
Phosphorus, P	S2113
Potassium, K	S2113
Sodium, Na	S2113
Niacin	S2113

NDB No. 09353 Blueberries, wild, canned, heavy syrup, drained

Vitamin B-6	S2113
Calcium, Ca	S2113
Zinc, Zn	S2113
Menaquinone-4	S2113
Dihydrophylloquinone	S2113

NDB No. 09354 Pineapple, canned, juice pack, drained

Carotene, beta	D3912

NDB No. 09357 Apricots, canned, heavy syrup, drained

Carotene, alpha	D3919, D3924
Carotene, beta	D3912, D3843, D3919, D3846, D3924
Lutein + zeaxanthin	D3919, D3924
Cryptoxanthin, beta	D3919, D3924

NDB No. 09370 Peaches, canned, heavy syrup, drained

Glucose (dextrose)	S406, S1069
Fiber, total dietary	S1069
Cryptoxanthin, beta	D3912, S1069, D3904
Thiamin	S1069
Choline, total	S1069
Lysine	S582
Proline	S582
Water	S406, S1069
Carotene, beta	D3912, S1069, D3904
Carotene, alpha	S1069, D3904
Folate, total	S1069
Vitamin K (phylloquinone)	S1069
Betaine	S1069
Phenylalanine	S582
Total lipid (fat)	S1069
Fructose	S406, S1069
Fluoride, F	D5001, D5301, D5002, D5007, D5003, D5021
Selenium, Se	S1069
Methionine	S582

NDB No. 09370 Peaches, canned, heavy syrup, drained

Aspartic acid	S582
Sucrose	S406, S1069
Vitamin B-6	S1069
Threonine	S582
Glutamic acid	S582
Serine	S582
Protein	S1069
Vitamin A, IU	D3912, S1069, D3904
Tryptophan	S582
Isoleucine	S582
Leucine	S582
Arginine	S582
Histidine	S582
Niacin	S1069
Tyrosine	S582
Glycine	S582
Lactose	S1069
Maltose	S406, S1069
Vitamin E (alpha-tocopherol)	S1069
Lutein + zeaxanthin	D3904
Tocopherol, beta	S1069
Dihydrophylloquinone	S1069
Cystine	S582
Ash	S1069
Galactose	S1069
Vitamin A, RAE	D3912, S1069, D3904
Lycopene	S1069, D3904
Tocopherol, gamma	S1069
Tocopherol, delta	S1069
Vitamin C, total ascorbic acid	S1069
Riboflavin	S1069
Pantothenic acid	S1069
Valine	S582
Alanine	S582

NDB No. 09374 Pears, canned, heavy syrup, drained

NDB No. 09374 Pears, canned, heavy syrup, drained

Fluoride, F	D5002, D5007, D5003
Carotene, beta	D3843

NDB No. 09400 Apple juice, canned or bottled, unsweetened, with added ascorbic acid

Maltose	S1067
Sugars, total	S1067
Vitamin K (phylloquinone)	D4048, D4002
Protein	S1067
Total lipid (fat)	S1067
Magnesium, Mg	S7, S206, S208, S1067, S10, S74, S2682, S2684, S6, S73, S2683, S11, S9, S12, S3841, S4061, S8
Glucose (dextrose)	S1067
Water	S1067, S1206, S3841
Calcium, Ca	S7, S206, S208, S1067, S10, S74, S2682, S2684, S6, S73, S2683, S11, S9, S12, S3841, S4061, S8
Zinc, Zn	S7, S206, S208, S1067, S10, S74, S2682, S2684, S6, S73, S2683, S11, S9, S12, S3841, S4061, S8
Betaine	S1067
Sucrose	S1067
Lactose	S1067
Choline, total	S1067
Ash	S1067
Iron, Fe	S7, S206, S208, S1067, S10, S74, S2682, S2684, S6, S73, S2683, S11, S9, S12, S3841, S4061, S8
Sodium, Na	S7, S206, S208, S1067, S10, S74, S2682, S2684, S6, S73, S2683, S11, S9, S12, S3841, S4061, S8
Manganese, Mn	S7, S206, S208, S1067, S10, S74, S2682, S2684, S6, S73, S2683, S11, S9, S12, S3841, S4061, S8
Vitamin C, total ascorbic acid	S1067
Niacin	S1067
Fructose	S1067
Galactose	S1067
Potassium, K	S7, S206, S208, S1067, S10, S74, S2682, S2684, S6, S73, S2683, S11, S9, S12, S3841, S4061, S8
Fluoride, F	S1067
Pantothenic acid	S1067
Folic acid	S1067
Phosphorus, P	S7, S206, S208, S1067, S10, S74, S2682, S2684, S6, S73, S2683, S11, S9, S12, S3841, S4061, S8

NDB No. 09400 Apple juice, canned or bottled, unsweetened, with added ascorbic acid

Fiber, total dietary	S1067, S1206
Copper, Cu	S206, S1067, S74, S73, S6, S11
Vitamin B-6	S1067

NDB No. 09401 Applesauce, canned, unsweetened, with added ascorbic acid

Glucose (dextrose)	S3542
Maltose	S3542
Water	S3542
Calcium, Ca	S74, S73, S6, S3542
Manganese, Mn	S74, S73, S6, S3542
Vitamin E (alpha-tocopherol)	S3542
Tocopherol, beta	S3542
Betaine	S3542
Sugars, total	S3542
Galactose	S3542
Fiber, total dietary	S3542
Tocopherol, gamma	S3542
Niacin	S3542
Pantothenic acid	S3542
Vitamin B-6	S3542
Total lipid (fat)	S3542
Phosphorus, P	S74, S73, S6, S3542
Choline, total	S3542
Dihydrophylloquinone	S3542
Folate, food	S3542
Protein	S3542
Iron, Fe	S74, S73, S6, S3542
Magnesium, Mg	S74, S73, S6, S3542
Tocopherol, delta	S3542
Thiamin	S3542
Ash	S3542
Fructose	S3542
Lactose	S3542
Copper, Cu	S74, S73, S6, S3542
Riboflavin	S3542
Menaquinone-4	S3542

NDB No. 09401 Applesauce, canned, unsweetened, with added ascorbic acid

Starch	S3542
Sucrose	S3542
Zinc, Zn	S74, S73, S6, S3542
Vitamin K (phylloquinone)	S3542
Potassium, K	S74, S73, S6, S3542
Folate, total	S3542

NDB No. 09403 Apricot nectar, canned, with added ascorbic acid

Fluoride, F	D5201, D5021

NDB No. 09407 Peach nectar, canned, with added ascorbic acid

Fluoride, F	D5201, D5021

NDB No. 09408 Pear nectar, canned, with added ascorbic acid

Fluoride, F	D5201, D5021

NDB No. 09409 Pineapple juice, canned, unsweetened, with added ascorbic acid

Thiamin	S2985, S2104
Ash	S2104
Vitamin C, total ascorbic acid	S2104
Sugars, total	S2104
Iron, Fe	S2985, S2104
Potassium, K	S2985, S2104
Protein	S2985, S2104
Total lipid (fat)	S2985, S2104
Glucose (dextrose)	S2104
Calcium, Ca	S2985, S2104
Phosphorus, P	S2104
Zinc, Zn	S2104
Manganese, Mn	S2104
Pantothenic acid	S2104
Maltose	S2104
Magnesium, Mg	S2104
Riboflavin	S2985, S2104

NDB No. 09409 Pineapple juice, canned, unsweetened, with added ascorbic acid

Fructose	S2104
Lactose	S2104
Water	S2104
Fiber, total dietary	S2104
Niacin	S2985, S2104
Vitamin B-6	S2104
Sucrose	S2104
Galactose	S2104
Sodium, Na	S2985, S2104
Copper, Cu	S2104
Fluoride, F	D5201, D5002, D5007, D5003
Folate, total	S2104

NDB No. 09421 Dates, medjool

Protein	S582, S564
Potassium, K	S582, S564
Copper, Cu	S582, S564
Vitamin C, total ascorbic acid	S582, S564
Pantothenic acid	S582, S564
Histidine	S582, S564
Sucrose	S582, S564
Glucose (dextrose)	S582, S564
Calcium, Ca	S582, S564
Vitamin K (phylloquinone)	S582, S564
Niacin	S582, S564
Isoleucine	S582, S564
Arginine	S582, S564
Galactose	S582, S564
Fiber, total dietary	S582, S564
Carotene, beta	S582, S564
Riboflavin	S582, S564
Betaine	S564
Threonine	S582, S564
Total lipid (fat)	S582, S564
Ash	S582, S564
Fructose	S582, S564

NDB No. 09421 Dates, medjool

Sugars, total	S582, S564
Iron, Fe	S582, S564
Phosphorus, P	S582, S564
Carotene, alpha	S582, S564
Cryptoxanthin, beta	S582, S564
Vitamin B-6	S582, S564
Folate, total	S564
Dihydrophylloquinone	S582, S564
Methionine	S582, S564
Cystine	S582, S564
Valine	S582, S564
Proline	S582, S564
Zinc, Zn	S582, S564
Manganese, Mn	S582, S564
Lutein + zeaxanthin	S582, S564
Lysine	S582, S564
Tyrosine	S582, S564
Alanine	S582, S564
Lactose	S582, S564
Water	S582, S564
Magnesium, Mg	S582, S564
Sodium, Na	S582, S564
Vitamin A, IU	S582, S564
Thiamin	S582, S564
Choline, total	S564
Leucine	S582, S564
Phenylalanine	S582, S564
Aspartic acid	S582, S564
Maltose	S582, S564
Vitamin A, RAE	S582, S564
Lycopene	S582, S564
Tryptophan	S582, S564
Glutamic acid	S582, S564
Glycine	S582, S564
Serine	S582, S564

NDB No. 09422 Durian, raw or frozen

Fiber, total dietary	S1202
Copper, Cu	S1202
Manganese, Mn	S1202
Water	S1202
Iron, Fe	S1202
Phosphorus, P	S1202
Vitamin A, IU	S1202
Pantothenic acid	S1202
Vitamin B-6	S1202
Folate, total	S1202
Calcium, Ca	S1202
Vitamin C, total ascorbic acid	S1202
Niacin	S1202
Protein	S1202
Magnesium, Mg	S1202
Zinc, Zn	S1202
Carotene, beta	S1202
Carotene, alpha	S1202
Thiamin	S1202
Cryptoxanthin, beta	S1202
Total lipid (fat)	S1202
Ash	S1202
Potassium, K	S1202
Sodium, Na	S1202
Vitamin A, RAE	S1202
Riboflavin	S1202

NDB No. 09427 Abiyuch, raw

Protein	D4053
Maltose	D4053
Fiber, total dietary	D4053
Magnesium, Mg	D4053
Potassium, K	D4053
Carotene, beta	D4053
Sugars, total	D4053
Phosphorus, P	D4053

NDB No. 09427 Abiyuch, raw

Manganese, Mn	D4053
Vitamin A, IU	D4053
Vitamin C, total ascorbic acid	D4053
Lactose	D4053
Iron, Fe	D4053
Total lipid (fat)	D4053
Ash	D4053
Sodium, Na	D4053
Zinc, Zn	D4053
Fatty acids, total saturated	D4053
Sucrose	D4053
Glucose (dextrose)	D4053
Calcium, Ca	D4053
Copper, Cu	D4053
Water	D4053
Fructose	D4053
Galactose	D4053
Carotene, alpha	D4053

NDB No. 09428 Rowal, raw

Protein	D4053
Total lipid (fat)	D4053
Copper, Cu	D4053
Sucrose	D4053
Potassium, K	D4053
Carotene, beta	D4053, D5061
Lactose	D4053
Maltose	D4053
Galactose	D4053
Glucose (dextrose)	D4053
Sugars, total	D4053
Calcium, Ca	D4053
Iron, Fe	D4053
Water	D4053, D5061
Fiber, total dietary	D4053
Magnesium, Mg	D4053

NDB No. 09428 Rowal, raw

Phosphorus, P	D4053
Sodium, Na	D4053
Zinc, Zn	D4053
Ash	D4053
Vitamin C, total ascorbic acid	D4053
Fatty acids, total saturated	D4053
Fructose	D4053
Manganese, Mn	D4053
Vitamin A, IU	D4053, D5061
Carotene, alpha	D4053, D5061

NDB No. 09429 Pineapple, raw, traditional varieties

Ash	S441, S1167
Maltose	S441
Niacin	S441, S1167
Vitamin B-6	S441, S1167
Folate, total	S441, S1167
Magnesium, Mg	D4070, S441, S1167
Carotene, beta	S441, S1167
Sugars, total	S441
Lycopene	S441
Vitamin C, total ascorbic acid	S441, S1167
Vitamin K (phylloquinone)	S441
Protein	S441, S1167
Cryptoxanthin, beta	S441
Dihydrophylloquinone	S441
Betaine	S561
Total lipid (fat)	S441, S1167
Fructose	S441
Water	S441, S1167
Copper, Cu	D4070, S441, S1167
Manganese, Mn	D4070, S441, S1167
Vitamin A, RAE	S441, S1167
Carotene, alpha	S441
Riboflavin	S441, S1167
Pantothenic acid	S441, S1167

NDB No. 09429 Pineapple, raw, traditional varieties

Choline, total	S561
Galactose	S441
Calcium, Ca	D4070, S441, S1167
Selenium, Se	S441
Lutein + zeaxanthin	S441
Lactose	S441
Phosphorus, P	S441, S1167
Thiamin	S441, S1167
Sucrose	S441
Glucose (dextrose)	S441
Iron, Fe	D4070, S441, S1167
Potassium, K	D4070, S441, S1167
Zinc, Zn	D4070, S441, S1167
Vitamin A, IU	S441, S1167

NDB No. 09430 Pineapple, raw, extra sweet variety

Water	S561, S441
Potassium, K	S561, S441
Thiamin	S561, S441
Dihydrophylloquinone	S561, S441
Lactose	S561, S441
Fiber, total dietary	S561
Calcium, Ca	S561, S441
Sucrose	S561, S441
Maltose	S561, S441
Iron, Fe	S561, S441
Selenium, Se	S561
Niacin	S561, S441
Ash	S561, S441
Starch	S561
Fructose	S561, S441
Galactose	S561, S441
Phosphorus, P	S561, S441
Copper, Cu	S561, S441
Lutein + zeaxanthin	S561, S441
Vitamin C, total ascorbic acid	S561, S441

NDB No. 09430 Pineapple, raw, extra sweet variety

Riboflavin	S561, S441
Manganese, Mn	S561, S441
Cryptoxanthin, beta	S561, S441
Tocopherol, beta	S561, S441
Vitamin B-6	S561, S441
Betaine	S441
Vitamin A, RAE	S561, S441
Vitamin E (alpha-tocopherol)	S561, S441
Tocopherol, gamma	S561, S441
Protein	S561, S441
Total lipid (fat)	S561, S441
Sugars, total	S561, S441
Magnesium, Mg	S561, S441
Vitamin A, IU	S561, S441
Carotene, alpha	S561, S441
Lycopene	S561, S441
Tocopherol, delta	S561, S441
Pantothenic acid	S561, S441
Choline, total	S441
Glucose (dextrose)	S561, S441
Zinc, Zn	S561, S441
Carotene, beta	S561, S441
Folate, total	S561, S441
Vitamin K (phylloquinone)	S561, S441

NDB No. 09431 USDA Commodity, mixed fruit (peaches, pears, grapes), canned, light syrup, drained

Ash	S2203
Sodium, Na	S2203
Calcium, Ca	S2203
Potassium, K	S2203
Manganese, Mn	S2203
Niacin	S2203
Fructose	S2203
Phosphorus, P	S2203
Copper, Cu	S2203
Carotene, beta	S2203

NDB No. 09431 USDA Commodity, mixed fruit (peaches, pears, grapes), canned, light syrup, drained

Lutein + zeaxanthin	S2203
Riboflavin	S2203
Vitamin K (phylloquinone)	S2203
Magnesium, Mg	S2203
Sucrose	S2203
Iron, Fe	S2203
Carotene, alpha	S2203
Lycopene	S2203
Vitamin C, total ascorbic acid	S2203
Pantothenic acid	S2203
Protein	S2203
Total lipid (fat)	S2203
Maltose	S2203
Water	S2203
Fiber, total dietary	S2203
Zinc, Zn	S2203
Vitamin B-6	S2203
Lactose	S2203
Cryptoxanthin, beta	S2203
Thiamin	S2203
Glucose (dextrose)	S2203
Folate, total	S2203
Dihydrophylloquinone	S2203

NDB No. 09432 USDA Commodity, mixed fruit (peaches, pears, grapes), canned, light syrup, solids and liquids

Total lipid (fat)	S2203
Ash	S2203
Calcium, Ca	S2203
Sodium, Na	S2203
Copper, Cu	S2203
Manganese, Mn	S2203
Cryptoxanthin, beta	S2203
Pantothenic acid	S2203
Phosphorus, P	S2203
Vitamin C, total ascorbic acid	S2203
Riboflavin	S2203

NDB No. 09432 USDA Commodity, mixed fruit (peaches, pears, grapes), canned, light syrup, solids and liquids

Protein	S2203
Lactose	S2203
Water	S2203
Magnesium, Mg	S2203
Carotene, alpha	S2203
Niacin	S2203
Folate, total	S2203
Sucrose	S2203
Lycopene	S2203
Vitamin B-6	S2203
Vitamin K (phylloquinone)	S2203
Fructose	S2203
Maltose	S2203
Zinc, Zn	S2203
Fiber, total dietary	S2203
Lutein + zeaxanthin	S2203
Glucose (dextrose)	S2203
Potassium, K	S2203
Carotene, beta	S2203
Thiamin	S2203
Dihydrophylloquinone	S2203

NDB No. 09433 Clementines, raw

Starch	S2105
Vitamin E (alpha-tocopherol)	S2105
Ash	S2105, S2961
Galactose	S2105
Potassium, K	S2105, S2961
Manganese, Mn	S2105
Protein	S2105, S2961
Calcium, Ca	S2105, S2961
Tocopherol, beta	S2105
Tocopherol, delta	S2105
Riboflavin	S2105, S2961
Folate, total	S2105, S2961
Total lipid (fat)	S2105, S2961

NDB No. 09433 Clementines, raw

Glucose (dextrose)	S2105
Iron, Fe	S2105, S2961
Phosphorus, P	S2105, S2961
Sodium, Na	S2961
Vitamin C, total ascorbic acid	S2105
Betaine	S2105
Sugars, total	S2105
Zinc, Zn	S2105, S2961
Copper, Cu	S2105, S2961
Selenium, Se	S2105
Lactose	S2105
Choline, total	S2105
Dihydrophylloquinone	S2105
Maltose	S2105
Water	S2105, S2961
Thiamin	S2105, S2961
Niacin	S2105, S2961
Pantothenic acid	S2105, S2961
Vitamin B-6	S2105, S2961
Vitamin K (phylloquinone)	S2105
Sucrose	S2105
Fructose	S2105
Fiber, total dietary	S2105, S2961
Magnesium, Mg	S2105, S2961
Tocopherol, gamma	S2105

NDB No. 09434 Guanabana nectar, canned

Carotene, beta	S2661
Tocopherol, delta	S2661
Ash	S2661
Sugars, total	S2661
Calcium, Ca	S2661
Magnesium, Mg	S2661
Thiamin	S2661
Niacin	S2661
Sodium, Na	S2661

NDB No. 09434 Guanabana nectar, canned

Lutein + zeaxanthin	S2661
Choline, total	S2661
Menaquinone-4	S2661
Dihydrophylloquinone	S2661
Total lipid (fat)	S2661
Water	S2661
Phosphorus, P	S2661
Carotene, alpha	S2661
Pantothenic acid	S2661
Vitamin K (phylloquinone)	S2661
Sucrose	S2661
Fiber, total dietary	S2661
Iron, Fe	S2661
Copper, Cu	S2661
Manganese, Mn	S2661
Vitamin A, RAE	S2661
Cryptoxanthin, beta	S2661
Lycopene	S2661
Tocopherol, beta	S2661
Riboflavin	S2661
Glucose (dextrose)	S2661
Fructose	S2661
Vitamin E (alpha-tocopherol)	S2661
Folic acid	S2661
Starch	S2661
Zinc, Zn	S2661
Vitamin A, IU	S2661
Tocopherol, gamma	S2661
Folate, total	S2661
Folate, food	S2661
Protein	S2661
Lactose	S2661
Maltose	S2661
Galactose	S2661
Potassium, K	S2661
Vitamin C, total ascorbic acid	S2661
Vitamin B-6	S2661

NDB No. 09434 Guanabana nectar, canned

Betaine	S2661

NDB No. 09435 Guava nectar, canned

Protein	S2661
Starch	S2661
Glucose (dextrose)	S2661
Manganese, Mn	S2661
Lutein + zeaxanthin	S2661
Sucrose	S2661
Water	S2661
Sugars, total	S2661
Zinc, Zn	S2661
Vitamin E (alpha-tocopherol)	S2661
Vitamin C, total ascorbic acid	S2661
Riboflavin	S2661
Choline, total	S2661
Calcium, Ca	S2661
Copper, Cu	S2661
Thiamin	S2661
Total lipid (fat)	S2661
Galactose	S2661
Potassium, K	S2661
Carotene, alpha	S2661
Tocopherol, gamma	S2661
Tocopherol, delta	S2661
Menaquinone-4	S2661
Folate, food	S2661
Fructose	S2661
Lactose	S2661
Fiber, total dietary	S2661
Sodium, Na	S2661
Niacin	S2661
Vitamin B-6	S2661
Folate, total	S2661
Dihydrophylloquinone	S2661
Vitamin K (phylloquinone)	S2661

NDB No. 09435 Guava nectar, canned

Folic acid	S2661
Ash	S2661
Magnesium, Mg	S2661
Phosphorus, P	S2661
Carotene, beta	S2661
Lycopene	S2661
Tocopherol, beta	S2661
Betaine	S2661
Maltose	S2661
Cryptoxanthin, beta	S2661
Pantothenic acid	S2661

NDB No. 09436 Mango nectar, canned

Sodium, Na	S2661
Copper, Cu	S2661
Vitamin E (alpha-tocopherol)	S2661
Tocopherol, gamma	S2661
Choline, total	S2661
Dihydrophylloquinone	S2661
Galactose	S2661
Riboflavin	S2661
Vitamin B-6	S2661
Folic acid	S2661
Betaine	S2661
Lactose	S2661
Magnesium, Mg	S2661
Carotene, alpha	S2661
Protein	S2661
Water	S2661
Lutein + zeaxanthin	S2661
Pantothenic acid	S2661
Folate, total	S2661
Vitamin K (phylloquinone)	S2661
Sucrose	S2661
Phosphorus, P	S2661
Zinc, Zn	S2661

NDB No. 09436 Mango nectar, canned

Carotene, beta	S2661
Cryptoxanthin, beta	S2661
Lycopene	S2661
Thiamin	S2661
Folate, food	S2661
Ash	S2661
Starch	S2661
Sugars, total	S2661
Iron, Fe	S2661
Manganese, Mn	S2661
Niacin	S2661
Total lipid (fat)	S2661
Fructose	S2661
Vitamin C, total ascorbic acid	S2661
Glucose (dextrose)	S2661
Maltose	S2661
Fiber, total dietary	S2661
Calcium, Ca	S2661
Potassium, K	S2661
Tocopherol, beta	S2661
Tocopherol, delta	S2661
Menaquinone-4	S2661

NDB No. 09437 Tamarind nectar, canned

Sucrose	S2661
Glucose (dextrose)	S2661
Vitamin E (alpha-tocopherol)	S2661
Thiamin	S2661
Water	S2661
Phosphorus, P	S2661
Carotene, alpha	S2661
Choline, total	S2661
Menaquinone-4	S2661
Dihydrophylloquinone	S2661
Protein	S2661
Starch	S2661

NDB No. 09437 Tamarind nectar, canned

Maltose	S2661
Galactose	S2661
Cryptoxanthin, beta	S2661
Tocopherol, beta	S2661
Vitamin C, total ascorbic acid	S2661
Total lipid (fat)	S2661
Fructose	S2661
Fiber, total dietary	S2661
Iron, Fe	S2661
Manganese, Mn	S2661
Vitamin B-6	S2661
Folic acid	S2661
Folate, food	S2661
Betaine	S2661
Potassium, K	S2661
Copper, Cu	S2661
Lycopene	S2661
Lactose	S2661
Calcium, Ca	S2661
Magnesium, Mg	S2661
Sodium, Na	S2661
Carotene, beta	S2661
Lutein + zeaxanthin	S2661
Riboflavin	S2661
Pantothenic acid	S2661
Folate, total	S2661
Niacin	S2661
Ash	S2661
Sugars, total	S2661
Zinc, Zn	S2661
Tocopherol, gamma	S2661
Tocopherol, delta	S2661
Vitamin K (phylloquinone)	S2661

NDB No. 09438 USDA Commodity peaches, canned, light syrup, drained

Ash	S3542

NDB No. 09438 USDA Commodity peaches, canned, light syrup, drained

Glucose (dextrose)	S3542
Vitamin E (alpha-tocopherol)	S3542
Vitamin B-6	S3542
Sucrose	S3542
Sugars, total	S3542
Magnesium, Mg	S3542
Copper, Cu	S3542
Manganese, Mn	S3542
Carotene, alpha	S3542
Tocopherol, gamma	S3542
Tocopherol, delta	S3542
Protein	S3542
Lactose	S3542
Lycopene	S3542
Niacin	S3542
Maltose	S3542
Galactose	S3542
Vitamin A, IU	S3542
Vitamin A, RAE	S3542
Cryptoxanthin, beta	S3542
Vitamin K (phylloquinone)	S3542
Water	S3542
Iron, Fe	S3542
Potassium, K	S3542
Zinc, Zn	S3542
Tocopherol, beta	S3542
Thiamin	S3542
Pantothenic acid	S3542
Dihydrophylloquinone	S3542
Total lipid (fat)	S3542
Fructose	S3542
Phosphorus, P	S3542
Carotene, beta	S3542
Vitamin C, total ascorbic acid	S3542
Folate, food	S3542
Calcium, Ca	S3542
Folate, total	S3542

NDB No. 09438 USDA Commodity peaches, canned, light syrup, drained

Fiber, total dietary	S3542
Sodium, Na	S3542
Riboflavin	S3542
Menaquinone-4	S3542
Folic acid	S3542

NDB No. 09439 USDA Commodity pears, canned, juice pack, drained

Total lipid (fat)	S3542
Phosphorus, P	S3542
Vitamin C, total ascorbic acid	S3542
Menaquinone-4	S3542
Sucrose	S3542
Glucose (dextrose)	S3542
Lactose	S3542
Maltose	S3542
Galactose	S3542
Sodium, Na	S3542
Tocopherol, delta	S3542
Riboflavin	S3542
Niacin	S3542
Folate, food	S3542
Protein	S3542
Calcium, Ca	S3542
Potassium, K	S3542
Folic acid	S3542
Fructose	S3542
Vitamin E (alpha-tocopherol)	S3542
Tocopherol, beta	S3542
Water	S3542
Manganese, Mn	S3542
Folate, total	S3542
Vitamin K (phylloquinone)	S3542
Iron, Fe	S3542
Ash	S3542
Fiber, total dietary	S3542
Zinc, Zn	S3542

NDB No. 09439 USDA Commodity pears, canned, juice pack, drained

Tocopherol, gamma	S3542
Pantothenic acid	S3542
Sugars, total	S3542
Magnesium, Mg	S3542
Copper, Cu	S3542
Thiamin	S3542
Vitamin B-6	S3542
Dihydrophylloquinone	S3542

NDB No. 09440 USDA Commodity pears, canned, light syrup, drained

Protein	S3542
Total lipid (fat)	S3542
Manganese, Mn	S3542
Vitamin E (alpha-tocopherol)	S3542
Tocopherol, gamma	S3542
Niacin	S3542
Dihydrophylloquinone	S3542
Fructose	S3542
Maltose	S3542
Tocopherol, beta	S3542
Thiamin	S3542
Vitamin B-6	S3542
Glucose (dextrose)	S3542
Iron, Fe	S3542
Phosphorus, P	S3542
Potassium, K	S3542
Sodium, Na	S3542
Copper, Cu	S3542
Folate, food	S3542
Calcium, Ca	S3542
Lactose	S3542
Sugars, total	S3542
Magnesium, Mg	S3542
Zinc, Zn	S3542
Pantothenic acid	S3542
Folic acid	S3542

NDB No. 09440 USDA Commodity pears, canned, light syrup, drained

Ash	S3542
Tocopherol, delta	S3542
Riboflavin	S3542
Folate, total	S3542
Sucrose	S3542
Galactose	S3542
Vitamin K (phylloquinone)	S3542
Water	S3542
Fiber, total dietary	S3542
Vitamin C, total ascorbic acid	S3542
Menaquinone-4	S3542

NDB No. 09442 Pomegranate juice, bottled

Sucrose	S4921
Water	S4921
Calcium, Ca	S4921
Potassium, K	S4921
Cryptoxanthin, beta	S4921
Lycopene	S4921
Ash	S4921
Lactose	S4921
Maltose	S4921
Sugars, total	S4921
Galactose	S4921
Fiber, total dietary	S4921
Copper, Cu	S4921
Lutein + zeaxanthin	S4921
Zinc, Zn	S4921
Carotene, alpha	S4921
Phosphorus, P	S4921
Thiamin	S4921
Pantothenic acid	S4921
Magnesium, Mg	S4921
Manganese, Mn	S4921
Carotene, beta	S4921
Glucose (dextrose)	S4921

NDB No. 09442 Pomegranate juice, bottled

Sodium, Na	S4921
Vitamin C, total ascorbic acid	S4921
Protein	S4921
Total lipid (fat)	S4921
Fructose	S4921
Iron, Fe	S4921
Riboflavin	S4921
Niacin	S4921
Vitamin B-6	S4921

NDB No. 09443 Juice, apple and grape blend, with added ascorbic acid

Sugars, total	S1067
Sodium, Na	S1067
Vitamin C, total ascorbic acid	S1067
Riboflavin	S1067
Vitamin B-6	S1067
Total lipid (fat)	S1067
Ash	S1067
Lactose	S1067
Maltose	S1067
Sucrose	S1067
Potassium, K	S1067
Copper, Cu	S1067
Manganese, Mn	S1067
Thiamin	S1067
Phosphorus, P	S1067
Niacin	S1067
Pantothenic acid	S1067
Glucose (dextrose)	S1067
Fructose	S1067
Water	S1067
Iron, Fe	S1067
Magnesium, Mg	S1067
Protein	S1067
Galactose	S1067
Calcium, Ca	S1067

NDB No. 09443 Juice, apple and grape blend, with added ascorbic acid

Zinc, Zn	S1067
Fluoride, F	S1067

NDB No. 09444 Juice, apple, grape and pear blend, with added ascorbic acid and calcium

Total lipid (fat)	S1067
Glucose (dextrose)	S1067
Sodium, Na	S1067
Thiamin	S1067
Niacin	S1067
Sucrose	S1067
Lactose	S1067
Galactose	S1067
Copper, Cu	S1067
Fluoride, F	S1067
Manganese, Mn	S1067
Vitamin B-6	S1067
Magnesium, Mg	S1067
Potassium, K	S1067
Pantothenic acid	S1067
Protein	S1067
Sugars, total	S1067
Iron, Fe	S1067
Ash	S1067
Fructose	S1067
Water	S1067
Phosphorus, P	S1067
Vitamin C, total ascorbic acid	S1067
Maltose	S1067
Calcium, Ca	S1067
Zinc, Zn	S1067
Riboflavin	S1067

NDB No. 09445 Kiwifruit, gold, raw

Protein	S582, S6161
Sucrose	S6161
Water	S582, S6161

NDB No. 09445 Kiwifruit, gold, raw

Copper, Cu	S6161
Vitamin A, IU	S582, S6161
Cryptoxanthin, beta	S582
Leucine	S6161
Valine	S6161
Arginine	S6161
Proline	S6161
12:0	S6161
14:0	S6161
18:2 undifferentiated	S6161
18:3 n-3 c,c,c (ALA)	S6161
Selenium, Se	S582, S6161
Vitamin A, RAE	S582, S6161
Lutein + zeaxanthin	S582, S6161
Riboflavin	S6161
Pantothenic acid	S6161
Glycine	S6161
16:0	S6161
13:0	S6161
Total lipid (fat)	S582, S6161
Carotene, beta	S582, S6161
Carotene, alpha	S582, S6161
Vitamin E (alpha-tocopherol)	S6161
Methionine	S6161
Maltose	S6161
Calcium, Ca	S6161
Iron, Fe	S6161
Potassium, K	S6161
Tocopherol, delta	S6161
Vitamin C, total ascorbic acid	S582, S6161
Tryptophan	S6161
Fatty acids, total saturated	S6161
22:5 n-3 (DPA)	S6161
Starch	S6161
Glucose (dextrose)	S6161
Phosphorus, P	S6161
Zinc, Zn	S6161

NDB No. 09445 Kiwifruit, gold, raw

Thiamin	S6161
Folate, total	S582, S6161
Vitamin K (phylloquinone)	S6161
Isoleucine	S6161
18:1 undifferentiated	S6161
18:3 undifferentiated	S6161
16:1 undifferentiated	S6161
Ash	S582, S6161
Sugars, total	S6161
Fiber, total dietary	S6161
Vitamin D3 (cholecalciferol)	S6161
Tocopherol, gamma	S6161
Lysine	S6161
8:0	S6161
Fatty acids, total polyunsaturated	S6161
Magnesium, Mg	S6161
Manganese, Mn	S6161
Vitamin B-6	S6161
Threonine	S6161
Cystine	S6161
Histidine	S6161
Alanine	S6161
Glutamic acid	S6161
10:0	S6161
18:3 n-6 c,c,c	S6161
Fructose	S6161
Sodium, Na	S6161
Lycopene	S582
Niacin	S6161
Choline, total	S6161
Phenylalanine	S6161
Tyrosine	S6161
Aspartic acid	S6161
Serine	S6161
18:0	S6161
Fatty acids, total monounsaturated	S6161

NDB No. 09446 Plantains, green, fried

Protein	S1202, S4532
Sucrose	S4532
Magnesium, Mg	S1202, S4532
Potassium, K	S1202, S4532
Copper, Cu	S1202, S4532
Manganese, Mn	S1202, S4532
Vitamin A, IU	S1202
Vitamin C, total ascorbic acid	S1202
18:4	S4532
16:1 t	S4532
18:1 t	S4532
22:1 c	S4532
20:3 n-3	S4532
22:4	S4532
Riboflavin	S1202
Niacin	S1202, S4532
Vitamin B-6	S1202
12:0	S4532
22:0	S4532
18:1 c	S4532
18:3 n-6 c,c,c	S4532
Glucose (dextrose)	S4532
Fructose	S4532
Thiamin	S1202
24:0	S4532
20:3 n-6	S4532
Ash	S1202, S4532
Folate, total	S1202
Fatty acids, total saturated	S4532
14:0	S4532
18:0	S4532
20:0	S4532
18:3 undifferentiated	S4532
22:6 n-3 (DHA)	S4532
20:5 n-3 (EPA)	S4532
Fatty acids, total trans-polyenoic	S4532
18:3 n-3 c,c,c (ALA)	S4532

NDB No. 09446 Plantains, green, fried

Lactose	S4532
Fiber, total dietary	S1202, S4532
Calcium, Ca	S1202, S4532
Carotene, alpha	S1202
22:1 undifferentiated	S4532
18:2 CLAs	S4532
17:1	S4532
Starch	S4532
Maltose	S4532
Sugars, total	S4532
Galactose	S4532
Vitamin A, RAE	S1202
Carotene, beta	S1202
Pantothenic acid	S1202
16:0	S4532
22:5 n-3 (DPA)	S4532
Fatty acids, total monounsaturated	S4532
24:1 c	S4532
20:2 n-6 c,c	S4532
15:1	S4532
Total lipid (fat)	S1202, S4532
Water	S1202, S4532
Iron, Fe	S1202, S4532
Fatty acids, total trans	S4532
18:1 undifferentiated	S4532
18:2 undifferentiated	S4532
20:4 undifferentiated	S4532
14:1	S4532
15:0	S4532
18:2 t not further defined	S4532
20:3 undifferentiated	S4532
Phosphorus, P	S1202, S4532
Sodium, Na	S1202, S4532
Zinc, Zn	S1202, S4532
Cryptoxanthin, beta	S1202
6:0	S4532
10:0	S4532

NDB No. 09446 Plantains, green, fried

16:1 undifferentiated	S4532
20:1	S4532
Fatty acids, total polyunsaturated	S4532
17:0	S4532
22:1 t	S4532
16:1 c	S4532
18:2 n-6 c,c	S4532
Fatty acids, total trans-monoenoic	S4532

NDB No. 09447 Plantains, yellow, fried, Latino restaurant

Starch	S4532
Fiber, total dietary	S4532
Copper, Cu	S4532
Manganese, Mn	S4532
Selenium, Se	S4532
8:0	S4532
22:5 n-3 (DPA)	S4532
Fatty acids, total polyunsaturated	S4532
Glucose (dextrose)	S4532
Fructose	S4532
Magnesium, Mg	S4532
Vitamin A, RAE	S4532
Tocopherol, beta	S4532
6:0	S4532
18:0	S4532
18:2 undifferentiated	S4532
18:2 t not further defined	S4532
24:1 c	S4532
17:1	S4532
Lactose	S4532
Phosphorus, P	S4532
Vitamin A, IU	S4532
Carotene, alpha	S4532
Thiamin	S4532
Menaquinone-4	S4532
Fatty acids, total saturated	S4532

NDB No. 09447 Plantains, yellow, fried, Latino restaurant

12:0	S4532
18:3 undifferentiated	S4532
22:4	S4532
Sucrose	S4532
Calcium, Ca	S4532
Potassium, K	S4532
Cryptoxanthin, beta	S4532
Riboflavin	S4532
Dihydrophylloquinone	S4532
10:0	S4532
14:0	S4532
20:1	S4532
Fatty acids, total monounsaturated	S4532
15:0	S4532
18:1 t	S4532
18:2 CLAs	S4532
16:1 c	S4532
18:2 n-6 c,c	S4532
22:1 c	S4532
Fatty acids, total trans-polyenoic	S4532
18:3 n-3 c,c,c (ALA)	S4532
Protein	S4532
Maltose	S4532
Water	S4532
Iron, Fe	S4532
Sodium, Na	S4532
Niacin	S4532
18:4	S4532
16:1 t	S4532
20:2 n-6 c,c	S4532
15:1	S4532
Total lipid (fat)	S4532
Zinc, Zn	S4532
Vitamin E (alpha-tocopherol)	S4532
Tocopherol, gamma	S4532
16:0	S4532
20:0	S4532

NDB No. 09447 Plantains, yellow, fried, Latino restaurant

20:5 n-3 (EPA)	S4532
17:0	S4532
24:0	S4532
22:1 t	S4532
Fatty acids, total trans-monoenoic	S4532
20:3 n-3	S4532
20:3 n-6	S4532
Ash	S4532
Sugars, total	S4532
Galactose	S4532
Carotene, beta	S4532
Lycopene	S4532
Tocopherol, delta	S4532
Vitamin B-6	S4532
22:0	S4532
22:1 undifferentiated	S4532
18:1 c	S4532
18:3 n-6 c,c,c	S4532
20:3 undifferentiated	S4532
Lutein + zeaxanthin	S4532
Pantothenic acid	S4532
Vitamin K (phylloquinone)	S4532
Fatty acids, total trans	S4532
18:1 undifferentiated	S4532
20:4 undifferentiated	S4532
22:6 n-3 (DHA)	S4532
14:1	S4532
16:1 undifferentiated	S4532

NDB No. 09448 Nance, canned, syrup, drained

Protein	S4531
Maltose	S4531
Water	S4531
Sugars, total	S4531
Galactose	S4531
Iron, Fe	S4531

NDB No. 09448 Nance, canned, syrup, drained

Manganese, Mn	S4531
Ash	S4531
Vitamin C, total ascorbic acid	S4531
Riboflavin	S4531
Sucrose	S4531
Glucose (dextrose)	S4531
Vitamin B-6	S4531
Lactose	S4531
Calcium, Ca	S4531
Magnesium, Mg	S4531
Sodium, Na	S4531
Niacin	S4531
Fructose	S4531
Potassium, K	S4531
Fiber, total dietary	S4531
Zinc, Zn	S4531
Total lipid (fat)	S4531
Phosphorus, P	S4531
Copper, Cu	S4531
Thiamin	S4531

NDB No. 09449 Nance, frozen, unsweetened

Glucose (dextrose)	S6441
Water	S6441
Galactose	S6441
Lycopene	S6441
Tocopherol, gamma	S6441
Niacin	S6441
Calcium, Ca	S6441
Selenium, Se	S6441
Carotene, alpha	S6441
Cryptoxanthin, beta	S6441
Zinc, Zn	S6441
Vitamin A, IU	S6441
Lutein + zeaxanthin	S6441
Vitamin C, total ascorbic acid	S6441

NDB No. 09449 Nance, frozen, unsweetened

Thiamin	S6441
Vitamin B-6	S6441
Lactose	S6441
Phosphorus, P	S6441
Vitamin A, RAE	S6441
Magnesium, Mg	S6441
Sodium, Na	S6441
Riboflavin	S6441
Folate, total	S6441
Total lipid (fat)	S6441
Sucrose	S6441
Fructose	S6441
Manganese, Mn	S6441
Vitamin E (alpha-tocopherol)	S6441
Tocopherol, delta	S6441
Protein	S6441
Tocopherol, beta	S6441
Vitamin K (phylloquinone)	S6441
Folate, food	S6441
Ash	S6441
Maltose	S6441
Sugars, total	S6441
Fiber, total dietary	S6441
Iron, Fe	S6441
Potassium, K	S6441
Copper, Cu	S6441
Carotene, beta	S6441
Pantothenic acid	S6441

NDB No. 09450 Naranjilla (lulo) pulp, frozen, unsweetened

Fructose	S6441
Sugars, total	S6441
Zinc, Zn	S6441
Manganese, Mn	S6441
Vitamin A, IU	S6441
Vitamin A, RAE	S6441

NDB No. 09450 Naranjilla (lulo) pulp, frozen, unsweetened

Vitamin C, total ascorbic acid	S6441
Riboflavin	S6441
Niacin	S6441
Protein	S6441
Total lipid (fat)	S6441
Fiber, total dietary	S6441
Iron, Fe	S6441
Carotene, alpha	S6441
Tocopherol, beta	S6441
Thiamin	S6441
Vitamin K (phylloquinone)	S6441
Potassium, K	S6441
Lycopene	S6441
Vitamin B-6	S6441
Sucrose	S6441
Glucose (dextrose)	S6441
Galactose	S6441
Vitamin E (alpha-tocopherol)	S6441
Tocopherol, delta	S6441
Folate, food	S6441
Ash	S6441
Lactose	S6441
Water	S6441
Selenium, Se	S6441
Cryptoxanthin, beta	S6441
Maltose	S6441
Calcium, Ca	S6441
Magnesium, Mg	S6441
Sodium, Na	S6441
Copper, Cu	S6441
Carotene, beta	S6441
Tocopherol, gamma	S6441
Phosphorus, P	S6441
Lutein + zeaxanthin	S6441
Pantothenic acid	S6441
Folate, total	S6441

NDB No. 09451 Horned melon (Kiwano)

Iron, Fe	S1222
Phosphorus, P	S1222
Niacin	S1222
Water	S1222
Pantothenic acid	S1222
Folate, total	S1222
Total lipid (fat)	S1222
Sodium, Na	S1222
Manganese, Mn	S1222
Vitamin A, IU	S1222
Thiamin	S1222
Riboflavin	S1222
Ash	S1222
Potassium, K	S1222
Copper, Cu	S1222
Carotene, beta	S1222
Vitamin B-6	S1222
Calcium, Ca	S1222
Magnesium, Mg	S1222
Vitamin C, total ascorbic acid	S1222
Protein	S1222
Zinc, Zn	S1222

NDB No. 10000 Pork, fresh, enhanced, composite of separable fat, cooked

Iron, Fe	S3942
Thiamin	S3942
Leucine	S3941, S4381
Aspartic acid	S3941, S4381
Glycine	S3941, S4381
Calcium, Ca	S3942
Manganese, Mn	S3942
Tryptophan	S3941, S4381
Lysine	S3941, S4381
Ash	S3942
Phosphorus, P	S3942
Choline, total	S3942

NDB No. 10000 Pork, fresh, enhanced, composite of separable fat, cooked

Isoleucine	S3941, S4381
Valine	S3941, S4381
Serine	S3941, S4381
Total lipid (fat)	S3942
Zinc, Zn	S3942
Copper, Cu	S3942
Betaine	S3942
Alanine	S3941, S4381
Protein	S3942
Water	S3942
Phenylalanine	S3941, S4381
Tyrosine	S3941, S4381
Histidine	S3941, S4381
Glutamic acid	S3941, S4381
Magnesium, Mg	S3942
Riboflavin	S3942
Niacin	S3942
Methionine	S3941, S4381
Cholesterol	S3942
Potassium, K	S3942
Sodium, Na	S3942
Selenium, Se	S3942
Threonine	S3941, S4381
Cystine	S3941, S4381
Arginine	S3941, S4381
Proline	S3941, S4381

NDB No. 10006 Pork, fresh, separable fat, raw

Phosphorus, P	S5701
Riboflavin	S5701
Niacin	S5701
Tryptophan	S3941, S4381
Tyrosine	S3941, S4381
Alanine	S3941, S4381
Aspartic acid	S3941, S4381
Serine	S3941, S4381

NDB No. 10006 Pork, fresh, separable fat, raw

18:3 undifferentiated	S5701
Fatty acids, total monounsaturated	S5701
Fatty acids, total polyunsaturated	S5701
18:1 t	S5701
18:3 n-3 c,c,c (ALA)	S5701
Calcium, Ca	S5701
Vitamin D3 (cholecalciferol)	S5701
Vitamin B-12	S5701
Glutamic acid	S3941, S4381
Glycine	S3941, S4381
Fatty acids, total saturated	S5701
18:2 undifferentiated	S5701
17:0	S5701
Sodium, Na	S5701
Vitamin B-6	S5701
Lysine	S3941, S4381
Phenylalanine	S3941, S4381
Cholesterol	S5701
18:2 n-6 c,c	S5701
18:3 n-6 c,c,c	S5701
20:3 undifferentiated	S5701
Fatty acids, total trans-polyenoic	S5701
Potassium, K	S5701
Zinc, Zn	S5701
Copper, Cu	S5701
Methionine	S3941, S4381
12:0	S5701
18:1 undifferentiated	S5701
20:4 undifferentiated	S5701
22:0	S5701
14:1	S5701
15:0	S5701
Water	S5701
Magnesium, Mg	S5701
Retinol	S5701
Isoleucine	S3941, S4381
Cystine	S3941, S4381

NDB No. 10006 Pork, fresh, separable fat, raw

16:0	S5701
18:0	S5701
22:6 n-3 (DHA)	S5701
18:4	S5701
20:1	S5701
22:5 n-3 (DPA)	S5701
Protein	S5701
Total lipid (fat)	S5701
Manganese, Mn	S5701
Vitamin D	S5701
Thiamin	S5701
Leucine	S3941, S4381
Arginine	S3941, S4381
Histidine	S3941, S4381
Fatty acids, total trans	S5701
10:0	S5701
16:1 undifferentiated	S5701
24:0	S5701
18:2 t not further defined	S5701
Iron, Fe	S5701
Selenium, Se	S5701
Valine	S3941, S4381
Proline	S3941, S4381
8:0	S5701
20:5 n-3 (EPA)	S5701
22:1 undifferentiated	S5701
20:2 n-6 c,c	S5701
22:1 c	S5701
17:1	S5701
Ash	S5701
Pantothenic acid	S5701
Threonine	S3941, S4381
14:0	S5701
20:0	S5701
18:1 c	S5701
Fatty acids, total trans-monoenoic	S5701
15:1	S5701

NDB No. 10006 Pork, fresh, separable fat, raw

18:3i	S5701

NDB No. 10007 Pork, fresh, separable fat, cooked

Water	S5701
Phosphorus, P	S5701
Copper, Cu	S5701
Manganese, Mn	S5701
Lysine	S3941, S4381
Phenylalanine	S3941, S4381
Tyrosine	S3941, S4381
Fatty acids, total saturated	S5701
14:0	S5701
20:0	S5701
18:1 undifferentiated	S5701
22:6 n-3 (DHA)	S5701
18:4	S5701
15:0	S5701
18:1 t	S5701
18:2 n-6 c,c	S5701
Fatty acids, total trans-polyenoic	S5701
Calcium, Ca	S5701
Selenium, Se	S5701
Thiamin	S5701
Vitamin B-6	S5701
Betaine	S3941
Arginine	S3941, S4381
Glutamic acid	S3941, S4381
Glycine	S3941, S4381
22:0	S5701
18:2 t not further defined	S5701
20:3 undifferentiated	S5701
Retinol	S5701
Riboflavin	S5701
Vitamin B-12	S5701
Threonine	S3941, S4381
Aspartic acid	S3941, S4381

NDB No. 10007 Pork, fresh, separable fat, cooked

Proline	S3941, S4381
8:0	S5701
18:2 undifferentiated	S5701
17:1	S5701
Ash	S5701
Magnesium, Mg	S5701
Niacin	S5701
Serine	S3941, S4381
10:0	S5701
16:1 undifferentiated	S5701
Fatty acids, total monounsaturated	S5701
20:2 n-6 c,c	S5701
18:3i	S5701
Total lipid (fat)	S5701
Iron, Fe	S5701
Potassium, K	S5701
Sodium, Na	S5701
Vitamin D	S5701
Methionine	S3941, S4381
Histidine	S3941, S4381
12:0	S5701
18:3 undifferentiated	S5701
24:0	S5701
18:1 c	S5701
22:1 c	S5701
18:3 n-3 c,c,c (ALA)	S5701
Folate, total	S3941
Choline, total	S3941
Isoleucine	S3941, S4381
16:0	S5701
20:1	S5701
Zinc, Zn	S5701
Pantothenic acid	S5701
Tryptophan	S3941, S4381
Leucine	S3941, S4381
Alanine	S3941, S4381
Cholesterol	S5701

NDB No. 10007 Pork, fresh, separable fat, cooked

Fatty acids, total trans	S5701
18:0	S5701
20:4 undifferentiated	S5701
14:1	S5701
20:5 n-3 (EPA)	S5701
22:1 undifferentiated	S5701
17:0	S5701
15:1	S5701
Protein	S5701
Vitamin D3 (cholecalciferol)	S5701
Cystine	S3941, S4381
Valine	S3941, S4381
22:5 n-3 (DPA)	S5701
Fatty acids, total polyunsaturated	S5701
18:3 n-6 c,c,c	S5701
Fatty acids, total trans-monoenoic	S5701

NDB No. 10032 Pork, fresh, loin, blade (chops or roasts), bone-in, separable lean only, raw

Sodium, Na	S5701
Zinc, Zn	S5701
Niacin	S5701
Leucine	S3941, S4381
Cystine	S3941, S4381
22:0	S5701
20:5 n-3 (EPA)	S5701
Fatty acids, total trans-monoenoic	S5701
15:1	S5701
Vitamin D	S5701
Methionine	S3941, S4381
Alanine	S3941, S4381
Cholesterol	S5701
18:0	S5701
18:3 undifferentiated	S5701
16:1 undifferentiated	S5701
15:0	S5701

NDB No. 10032 Pork, fresh, loin, blade (chops or roasts), bone-in, separable lean only, raw

20:3 undifferentiated	S5701
Water	S5701
Iron, Fe	S5701
Phosphorus, P	S5701
Potassium, K	S5701
Isoleucine	S3941, S4381
Glutamic acid	S3941, S4381
Glycine	S3941, S4381
20:0	S5701
18:1 t	S5701
18:3 n-6 c,c,c	S5701
17:1	S5701
Total lipid (fat)	S5701
Ash	S5701
Calcium, Ca	S5701
Retinol	S5701
Vitamin D3 (cholecalciferol)	S5701
Pantothenic acid	S5701
Vitamin B-12	S5701
Tyrosine	S3941, S4381
Histidine	S3941, S4381
12:0	S5701
20:4 undifferentiated	S5701
22:5 n-3 (DPA)	S5701
18:1 c	S5701
18:2 n-6 c,c	S5701
18:3 n-3 c,c,c (ALA)	S5701
18:3i	S5701
Thiamin	S5701
Proline	S3941, S4381
Serine	S3941, S4381
Fatty acids, total polyunsaturated	S5701
Fatty acids, total trans-polyenoic	S5701
Vitamin B-6	S5701
Tryptophan	S3941, S4381
Threonine	S3941, S4381
Phenylalanine	S3941, S4381

NDB No. 10032 Pork, fresh, loin, blade (chops or roasts), bone-in, separable lean only, raw

Arginine	S3941, S4381
18:1 undifferentiated	S5701
Fatty acids, total monounsaturated	S5701
20:2 n-6 c,c	S5701
Magnesium, Mg	S5701
Manganese, Mn	S5701
Lysine	S3941, S4381
Fatty acids, total trans	S5701
8:0	S5701
16:0	S5701
20:1	S5701
22:1 undifferentiated	S5701
17:0	S5701
24:0	S5701
18:2 t not further defined	S5701
Protein	S5701
Copper, Cu	S5701
Selenium, Se	S5701
Riboflavin	S5701
Valine	S3941, S4381
Aspartic acid	S3941, S4381
Fatty acids, total saturated	S5701
10:0	S5701
14:0	S5701
18:2 undifferentiated	S5701
22:6 n-3 (DHA)	S5701
14:1	S5701
18:4	S5701
22:1 c	S5701

NDB No. 10033 Pork, fresh, loin, blade (chops), bone-in, separable lean only, cooked, braised

Iron, Fe	S5701
Zinc, Zn	S5701
Vitamin D	S5701
Niacin	S5701
Tyrosine	S3941, S4381

NDB No. 10033 Pork, fresh, loin, blade (chops), bone-in, separable lean only, cooked, braised

Proline	S3941, S4381
Manganese, Mn	S5701
Phenylalanine	S3941, S4381
Arginine	S3941, S4381
Glycine	S3941, S4381
Thiamin	S5701
Alanine	S3941, S4381
Glutamic acid	S3941, S4381
Protein	S5701
Magnesium, Mg	S5701
Sodium, Na	S5701
Threonine	S3941, S4381
Isoleucine	S3941, S4381
Lysine	S3941, S4381
Valine	S3941, S4381
Aspartic acid	S3941, S4381
Serine	S3941, S4381
Cholesterol	S5701
Total lipid (fat)	S5701
Selenium, Se	S5701
Vitamin B-12	S5701
Tryptophan	S3941, S4381
Histidine	S3941, S4381
Ash	S5701
Water	S5701
Phosphorus, P	S5701
Copper, Cu	S5701
Retinol	S5701
Vitamin D3 (cholecalciferol)	S5701
Vitamin B-6	S5701
Leucine	S3941, S4381
Methionine	S3941, S4381
Cystine	S3941, S4381
Calcium, Ca	S5701
Potassium, K	S5701
Riboflavin	S5701
Pantothenic acid	S5701

NDB No. 10034 Pork, fresh, loin, blade (chops), bone-in, separable lean only, cooked, broiled

Magnesium, Mg	S5701
Manganese, Mn	S5701
Riboflavin	S5701
Pantothenic acid	S5701
Tryptophan	S3941, S4381
Total lipid (fat)	S5701
Ash	S5701
Phosphorus, P	S5701
Potassium, K	S5701
Niacin	S5701
Lysine	S3941, S4381
Proline	S3941, S4381
Iron, Fe	S5701
Sodium, Na	S5701
Vitamin D	S5701
Arginine	S3941, S4381
Zinc, Zn	S5701
Selenium, Se	S5701
Vitamin D3 (cholecalciferol)	S5701
Isoleucine	S3941, S4381
Valine	S3941, S4381
Aspartic acid	S3941, S4381
Calcium, Ca	S5701
Copper, Cu	S5701
Vitamin B-6	S5701
Vitamin B-12	S5701
Threonine	S3941, S4381
Leucine	S3941, S4381
Glycine	S3941, S4381
Cystine	S3941, S4381
Glutamic acid	S3941, S4381
Retinol	S5701
Histidine	S3941, S4381
Alanine	S3941, S4381
Protein	S5701
Water	S5701
Thiamin	S5701

NDB No. 10034 Pork, fresh, loin, blade (chops), bone-in, separable lean only, cooked, broiled

Methionine	S3941, S4381
Phenylalanine	S3941, S4381
Tyrosine	S3941, S4381
Serine	S3941, S4381
Cholesterol	S5701

NDB No. 10035 Pork, fresh, loin, blade (roasts), bone-in, separable lean only, cooked, roasted

Retinol	S5701
Tryptophan	S3941, S4381
Phenylalanine	S3941, S4381
8:0	S5701
16:1 undifferentiated	S5701
18:4	S5701
24:0	S5701
18:1 t	S5701
18:1 c	S5701
17:1	S5701
Fatty acids, total trans-polyenoic	S5701
Copper, Cu	S5701
Methionine	S3941, S4381
Tyrosine	S3941, S4381
Serine	S3941, S4381
12:0	S5701
18:0	S5701
20:1	S5701
Fatty acids, total trans-monoenoic	S5701
Magnesium, Mg	S5701
Selenium, Se	S5701
Thiamin	S5701
Cholesterol	S5701
20:0	S5701
Fatty acids, total monounsaturated	S5701
Fatty acids, total polyunsaturated	S5701
15:0	S5701
20:2 n-6 c,c	S5701

NDB No. 10035 Pork, fresh, loin, blade (roasts), bone-in, separable lean only, cooked, roasted

Iron, Fe	S5701
Zinc, Zn	S5701
Manganese, Mn	S5701
Vitamin D	S5701
Niacin	S5701
Leucine	S3941, S4381
Glycine	S3941, S4381
Fatty acids, total saturated	S5701
18:1 undifferentiated	S5701
18:2 undifferentiated	S5701
22:6 n-3 (DHA)	S5701
22:1 c	S5701
18:3i	S5701
Ash	S5701
Phosphorus, P	S5701
Sodium, Na	S5701
Riboflavin	S5701
Vitamin B-6	S5701
Lysine	S3941, S4381
Arginine	S3941, S4381
Alanine	S3941, S4381
17:0	S5701
Calcium, Ca	S5701
Vitamin D3 (cholecalciferol)	S5701
Isoleucine	S3941, S4381
Valine	S3941, S4381
Fatty acids, total trans	S5701
20:4 undifferentiated	S5701
22:0	S5701
18:2 t not further defined	S5701
18:2 n-6 c,c	S5701
18:3 n-6 c,c,c	S5701
20:3 undifferentiated	S5701
18:3 n-3 c,c,c (ALA)	S5701
Total lipid (fat)	S5701
Water	S5701
Potassium, K	S5701

NDB No. 10035 Pork, fresh, loin, blade (roasts), bone-in, separable lean only, cooked, roasted

Pantothenic acid	S5701
Threonine	S3941, S4381
Aspartic acid	S3941, S4381
14:0	S5701
20:5 n-3 (EPA)	S5701
22:1 undifferentiated	S5701
15:1	S5701
Protein	S5701
Vitamin B-12	S5701
Cystine	S3941, S4381
Histidine	S3941, S4381
Glutamic acid	S3941, S4381
Proline	S3941, S4381
10:0	S5701
16:0	S5701
18:3 undifferentiated	S5701
14:1	S5701
22:5 n-3 (DPA)	S5701

NDB No. 10040 Pork, fresh, loin, center loin (chops), bone-in, separable lean only, raw

Iron, Fe	S3941
Isoleucine	S3941, S4381
Proline	S3941, S4381
Copper, Cu	S3941
Methionine	S3941, S4381
Zinc, Zn	S3941
Tryptophan	S3941, S4381
Phenylalanine	S3941, S4381
Tyrosine	S3941, S4381
Histidine	S3941, S4381
Glutamic acid	S3941, S4381
Sodium, Na	S3941
Lysine	S3941, S4381
Magnesium, Mg	S3941
Selenium, Se	S3941
Leucine	S3941, S4381

NDB No. 10040 Pork, fresh, loin, center loin (chops), bone-in, separable lean only, raw

Valine	S3941, S4381
Arginine	S3941, S4381
Glycine	S3941, S4381
Calcium, Ca	S3941
Potassium, K	S3941
Threonine	S3941, S4381
Aspartic acid	S3941, S4381
Protein	S3941
Ash	S3941
Alanine	S3941, S4381
Serine	S3941, S4381
Total lipid (fat)	S3941
Water	S3941
Phosphorus, P	S3941
Manganese, Mn	S3941
Cystine	S3941, S4381

NDB No. 10041 Pork, fresh, loin, center loin (chops), bone-in, separable lean only, cooked, braised

Total lipid (fat)	S5701
Ash	S5701
Proline	S3941, S4381
Water	S5701
Tryptophan	S3941, S4381
Lysine	S3941, S4381
Valine	S3941, S4381
Glutamic acid	S3941, S4381
Glycine	S3941, S4381
Phenylalanine	S3941, S4381
Threonine	S3941, S4381
Tyrosine	S3941, S4381
Arginine	S3941, S4381
Histidine	S3941, S4381
Serine	S3941, S4381
Alanine	S3941, S4381
Leucine	S3941, S4381
Methionine	S3941, S4381

NDB No. 10041 Pork, fresh, loin, center loin (chops), bone-in, separable lean only, cooked, braised

Protein	S5701
Isoleucine	S3941, S4381
Cystine	S3941, S4381
Aspartic acid	S3941, S4381
Cholesterol	S5701

NDB No. 10042 Pork, fresh, loin, center loin (chops), bone-in, separable lean only, cooked, broiled

Ash	S3941
Niacin	S3941
Isoleucine	S3941, S4381
Phenylalanine	S3941, S4381
Alanine	S3941, S4381
Glycine	S3941, S4381
Cholesterol	S3941
15:1	S3941
Water	S3941
Manganese, Mn	S3941
Histidine	S3941, S4381
20:1	S3941
20:2 n-6 c,c	S3941
18:1 c	S3941
18:3 n-3 c,c,c (ALA)	S3941
Magnesium, Mg	S3941
Methionine	S3941, S4381
Serine	S3941, S4381
Fatty acids, total trans	S3941
14:1	S3941
15:0	S3941
Fatty acids, total trans-monoenoic	S3941
Zinc, Zn	S3941
Copper, Cu	S3941
Cystine	S3941, S4381
Arginine	S3941, S4381
Aspartic acid	S3941, S4381
20:4 undifferentiated	S3941
18:3 n-6 c,c,c	S3941

NDB No. 10042 Pork, fresh, loin, center loin (chops), bone-in, separable lean only, cooked, broiled

Protein	S3941
Total lipid (fat)	S3941
Sodium, Na	S3941
Thiamin	S3941
Threonine	S3941, S4381
Valine	S3941, S4381
Fatty acids, total saturated	S3941
14:0	S3941
20:0	S3941
17:1	S3941
Fatty acids, total trans-polyenoic	S3941
Lysine	S3941, S4381
12:0	S3941
16:0	S3941
18:0	S3941
18:1 undifferentiated	S3941
16:1 undifferentiated	S3941
Calcium, Ca	S3941
Phosphorus, P	S3941
Potassium, K	S3941
Selenium, Se	S3941
Glutamic acid	S3941, S4381
8:0	S3941
18:2 undifferentiated	S3941
22:0	S3941
Fatty acids, total monounsaturated	S3941
Fatty acids, total polyunsaturated	S3941
18:1 t	S3941
18:2 t,t	S3941
Iron, Fe	S3941
Riboflavin	S3941
Tryptophan	S3941, S4381
Leucine	S3941, S4381
Tyrosine	S3941, S4381
Proline	S3941, S4381
10:0	S3941
18:3 undifferentiated	S3941

NDB No. 10042 Pork, fresh, loin, center loin (chops), bone-in, separable lean only, cooked, broiled

17:0	S3941
18:2 n-6 c,c	S3941
20:3 undifferentiated	S3941

NDB No. 10043 Pork, fresh, loin, center loin (roasts), bone-in, separable lean only, cooked, roasted

Histidine	S3941, S4381
Cholesterol	S5701
16:0	S5701
20:4 undifferentiated	S5701
22:6 n-3 (DHA)	S5701
16:1 undifferentiated	S5701
20:5 n-3 (EPA)	S5701
22:1 undifferentiated	S5701
17:1	S5701
Protein	S5701
Total lipid (fat)	S5701
Isoleucine	S3941, S4381
Valine	S3941, S4381
Arginine	S3941, S4381
Alanine	S3941, S4381
20:0	S5701
18:3 undifferentiated	S5701
24:0	S5701
22:1 c	S5701
18:3 n-6 c,c,c	S5701
18:3i	S5701
Tryptophan	S3941, S4381
Threonine	S3941, S4381
Glycine	S3941, S4381
Proline	S3941, S4381
Fatty acids, total saturated	S5701
15:0	S5701
Phenylalanine	S3941, S4381
Tyrosine	S3941, S4381
Glutamic acid	S3941, S4381
10:0	S5701

NDB No. 10043 Pork, fresh, loin, center loin (roasts), bone-in, separable lean only, cooked, roasted

12:0	S5701
14:1	S5701
Fatty acids, total monounsaturated	S5701
17:0	S5701
18:1 c	S5701
Fatty acids, total trans-polyenoic	S5701
Ash	S5701
Methionine	S3941, S4381
Aspartic acid	S3941, S4381
Serine	S3941, S4381
8:0	S5701
14:0	S5701
18:0	S5701
22:0	S5701
18:4	S5701
18:1 t	S5701
Fatty acids, total trans-monoenoic	S5701
Lysine	S3941, S4381
Fatty acids, total trans	S5701
18:1 undifferentiated	S5701
Fatty acids, total polyunsaturated	S5701
20:2 n-6 c,c	S5701
15:1	S5701
Water	S5701
18:2 t not further defined	S5701
18:2 n-6 c,c	S5701
20:3 undifferentiated	S5701
Leucine	S3941, S4381
Cystine	S3941, S4381
18:2 undifferentiated	S5701
20:1	S5701
22:5 n-3 (DPA)	S5701
18:3 n-3 c,c,c (ALA)	S5701

NDB No. 10048 Pork, fresh, loin, center rib (chops or roasts), bone-in, separable lean only, raw

NDB No. 10048 Pork, fresh, loin, center rib (chops or roasts), bone-in, separable lean only, raw

Manganese, Mn	S3941
Protein	S3941
Phosphorus, P	S3941
Sodium, Na	S3941
Copper, Cu	S3941
Tryptophan	S3941, S4381
Isoleucine	S3941, S4381
Methionine	S3941, S4381
Magnesium, Mg	S3941
Threonine	S3941, S4381
Glycine	S3941, S4381
Proline	S3941, S4381
Total lipid (fat)	S3941
Iron, Fe	S3941
Potassium, K	S3941
Lysine	S3941, S4381
Cystine	S3941, S4381
Water	S3941
Calcium, Ca	S3941
Arginine	S3941, S4381
Glutamic acid	S3941, S4381
Tyrosine	S3941, S4381
Ash	S3941
Selenium, Se	S3941
Leucine	S3941, S4381
Valine	S3941, S4381
Histidine	S3941, S4381
Alanine	S3941, S4381
Zinc, Zn	S3941
Phenylalanine	S3941, S4381
Aspartic acid	S3941, S4381
Serine	S3941, S4381

NDB No. 10049 Pork, fresh, loin, center rib (chops), bone-in, separable lean only, cooked, braised

Threonine	S3941, S4381
Isoleucine	S3941, S4381

NDB No. 10049 Pork, fresh, loin, center rib (chops), bone-in, separable lean only, cooked, braised

Methionine	S3941, S4381
Proline	S3941, S4381
Water	S5701
Tryptophan	S3941, S4381
Cystine	S3941, S4381
Aspartic acid	S3941, S4381
Protein	S5701
Leucine	S3941, S4381
Glycine	S3941, S4381
Cholesterol	S5701
Lysine	S3941, S4381
Tyrosine	S3941, S4381
Serine	S3941, S4381
Valine	S3941, S4381
Alanine	S3941, S4381
Total lipid (fat)	S5701
Ash	S5701
Histidine	S3941, S4381
Phenylalanine	S3941, S4381
Arginine	S3941, S4381
Glutamic acid	S3941, S4381

NDB No. 10050 Pork, fresh, loin, center rib (chops), bone-in, separable lean only, cooked, broiled

Phosphorus, P	S3941
Riboflavin	S3941
Tyrosine	S3941, S4381
Aspartic acid	S3941, S4381
Fatty acids, total trans	S3941
20:0	S3941
Copper, Cu	S3941
Selenium, Se	S3941
Tryptophan	S3941, S4381
18:2 undifferentiated	S3941
20:4 undifferentiated	S3941
16:1 undifferentiated	S3941
Protein	S3941

NDB No. 10050 Pork, fresh, loin, center rib (chops), bone-in, separable lean only, cooked, broiled

Sodium, Na	S3941
Manganese, Mn	S3941
Thiamin	S3941
Alanine	S3941, S4381
Proline	S3941, S4381
Cholesterol	S3941
Fatty acids, total saturated	S3941
8:0	S3941
10:0	S3941
12:0	S3941
18:1 undifferentiated	S3941
15:0	S3941
Fatty acids, total trans-polyenoic	S3941
Total lipid (fat)	S3941
Zinc, Zn	S3941
Valine	S3941, S4381
22:0	S3941
14:1	S3941
Fatty acids, total monounsaturated	S3941
18:3 n-6 c,c,c	S3941
17:1	S3941
Serine	S3941, S4381
20:1	S3941
18:2 n-6 c,c	S3941
15:1	S3941
Calcium, Ca	S3941
Iron, Fe	S3941
Magnesium, Mg	S3941
Isoleucine	S3941, S4381
Lysine	S3941, S4381
Methionine	S3941, S4381
Cystine	S3941, S4381
Histidine	S3941, S4381
14:0	S3941
16:0	S3941
18:1 t	S3941
Ash	S3941

NDB No. 10050 Pork, fresh, loin, center rib (chops), bone-in, separable lean only, cooked, broiled

Water	S3941
Niacin	S3941
Leucine	S3941, S4381
Phenylalanine	S3941, S4381
Glutamic acid	S3941, S4381
Glycine	S3941, S4381
18:0	S3941
18:3 undifferentiated	S3941
17:0	S3941
20:2 n-6 c,c	S3941
20:3 undifferentiated	S3941
Fatty acids, total trans-monoenoic	S3941
18:3 n-3 c,c,c (ALA)	S3941
Potassium, K	S3941
Threonine	S3941, S4381
Arginine	S3941, S4381
Fatty acids, total polyunsaturated	S3941
18:2 t,t	S3941
18:1 c	S3941

NDB No. 10051 Pork, fresh, loin, center rib (roasts), bone-in, separable lean only, cooked, roasted

Total lipid (fat)	S5701
Ash	S5701
Water	S5701
Potassium, K	S5701
Tryptophan	S3941, S4381
Isoleucine	S3941, S4381
Alanine	S3941, S4381
18:2 undifferentiated	S5701
20:5 n-3 (EPA)	S5701
Fatty acids, total monounsaturated	S5701
18:3 n-6 c,c,c	S5701
Phosphorus, P	S5701
Sodium, Na	S5701
Selenium, Se	S5701

NDB No. 10051 Pork, fresh, loin, center rib (roasts), bone-in, separable lean only, cooked, roasted

Leucine	S3941, S4381
Methionine	S3941, S4381
Cholesterol	S5701
20:0	S5701
18:1 undifferentiated	S5701
22:1 undifferentiated	S5701
Protein	S5701
Iron, Fe	S5701
Zinc, Zn	S5701
Manganese, Mn	S5701
Riboflavin	S5701
Cystine	S3941, S4381
8:0	S5701
16:0	S5701
22:5 n-3 (DPA)	S5701
20:2 n-6 c,c	S5701
18:3i	S5701
Niacin	S5701
Histidine	S3941, S4381
Aspartic acid	S3941, S4381
Fatty acids, total saturated	S5701
22:0	S5701
20:3 undifferentiated	S5701
Fatty acids, total trans-monoenoic	S5701
Copper, Cu	S5701
Tyrosine	S3941, S4381
10:0	S5701
18:3 undifferentiated	S5701
20:4 undifferentiated	S5701
18:4	S5701
Fatty acids, total polyunsaturated	S5701
24:0	S5701
18:1 c	S5701
18:2 n-6 c,c	S5701
17:1	S5701
Glycine	S3941, S4381
Fatty acids, total trans	S5701

NDB No. 10051 Pork, fresh, loin, center rib (roasts), bone-in, separable lean only, cooked, roasted

14:0	S5701
18:0	S5701
16:1 undifferentiated	S5701
15:0	S5701
18:1 t	S5701
18:2 t not further defined	S5701
18:3 n-3 c,c,c (ALA)	S5701
Calcium, Ca	S5701
Thiamin	S5701
Threonine	S3941, S4381
Lysine	S3941, S4381
Glutamic acid	S3941, S4381
Proline	S3941, S4381
Serine	S3941, S4381
12:0	S5701
14:1	S5701
22:1 c	S5701
15:1	S5701
Magnesium, Mg	S5701
Phenylalanine	S3941, S4381
Valine	S3941, S4381
Arginine	S3941, S4381
22:6 n-3 (DHA)	S5701
20:1	S5701
17:0	S5701
Fatty acids, total trans-polyenoic	S5701

NDB No. 10056 Pork, fresh, loin, sirloin (chops or roasts), bone-in, separable lean only, raw

Protein	S3941
Tryptophan	S3941, S4381
Threonine	S3941, S4381
Aspartic acid	S3941, S4381
Glycine	S3941, S4381
Proline	S3941, S4381
Calcium, Ca	S3941
Arginine	S3941, S4381

NDB No. 10056 Pork, fresh, loin, sirloin (chops or roasts), bone-in, separable lean only, raw

Ash	S3941
Water	S3941
Potassium, K	S3941
Manganese, Mn	S3941
Cystine	S3941, S4381
Selenium, Se	S3941
Leucine	S3941, S4381
Alanine	S3941, S4381
Magnesium, Mg	S3941
Sodium, Na	S3941
Zinc, Zn	S3941
Copper, Cu	S3941
Tyrosine	S3941, S4381
Valine	S3941, S4381
Total lipid (fat)	S3941
Phosphorus, P	S3941
Isoleucine	S3941, S4381
Lysine	S3941, S4381
Methionine	S3941, S4381
Phenylalanine	S3941, S4381
Glutamic acid	S3941, S4381
Serine	S3941, S4381
Iron, Fe	S3941
Histidine	S3941, S4381

NDB No. 10058 Pork, fresh, loin, sirloin (chops), bone-in, separable lean only, cooked, broiled

Folate, total	S1166
Tocopherol, gamma	S1166
Tocopherol, beta	S1166
Tocopherol, delta	S1166

NDB No. 10059 Pork, fresh, loin, sirloin (roasts), bone-in, separable lean only, cooked, roasted

Iron, Fe	S3941
Manganese, Mn	S3941
Cystine	S3941, S4381
Tyrosine	S3941, S4381

NDB No. 10059 Pork, fresh, loin, sirloin (roasts), bone-in, separable lean only, cooked, roasted

Glycine	S3941, S4381
Proline	S3941, S4381
20:3 undifferentiated	S3941
Sodium, Na	S3941
Niacin	S3941
Isoleucine	S3941, S4381
Glutamic acid	S3941, S4381
Fatty acids, total saturated	S3941
18:1 undifferentiated	S3941
18:3 undifferentiated	S3941
18:1 c	S3941
Ash	S3941
Water	S3941
Calcium, Ca	S3941
Threonine	S3941, S4381
Alanine	S3941, S4381
Serine	S3941, S4381
8:0	S3941
14:0	S3941
16:0	S3941
17:1	S3941
Total lipid (fat)	S3941
Potassium, K	S3941
Riboflavin	S3941
Histidine	S3941, S4381
Fatty acids, total trans	S3941
12:0	S3941
20:1	S3941
Fatty acids, total polyunsaturated	S3941
17:0	S3941
20:2 n-6 c,c	S3941
Fatty acids, total trans-monoenoic	S3941
15:1	S3941
Magnesium, Mg	S3941
Valine	S3941, S4381
20:4 undifferentiated	S3941
14:1	S3941

NDB No. 10059 Pork, fresh, loin, sirloin (roasts), bone-in, separable lean only, cooked, roasted

18:1 t	S3941
18:3 n-3 c,c,c (ALA)	S3941
Protein	S3941
Phosphorus, P	S3941
Zinc, Zn	S3941
Thiamin	S3941
Leucine	S3941, S4381
Aspartic acid	S3941, S4381
Cholesterol	S3941
10:0	S3941
18:2 undifferentiated	S3941
22:0	S3941
Fatty acids, total monounsaturated	S3941
15:0	S3941
Fatty acids, total trans-polyenoic	S3941
Selenium, Se	S3941
Tryptophan	S3941, S4381
Lysine	S3941, S4381
Methionine	S3941, S4381
Arginine	S3941, S4381
20:0	S3941
18:2 t,t	S3941
18:2 n-6 c,c	S3941
18:3 n-6 c,c,c	S3941
Copper, Cu	S3941
Phenylalanine	S3941, S4381
18:0	S3941
16:1 undifferentiated	S3941

NDB No. 10060 Pork, fresh, loin, tenderloin, separable lean only, raw

Protein	S3941
Phosphorus, P	S3941
Tocopherol, beta	S3941
Threonine	S3941, S4381
Methionine	S3941, S4381
Cystine	S3941, S4381

NDB No. 10060 Pork, fresh, loin, tenderloin, separable lean only, raw

Glycine	S3941, S4381
Serine	S3941, S4381
12:0	S3941
14:0	S3941
Fatty acids, total polyunsaturated	S3941
Calcium, Ca	S3941
Retinol	S3941
Thiamin	S3941
Pantothenic acid	S3941
Betaine	S3941
16:0	S3941
18:0	S3941
18:3 undifferentiated	S3941
20:4 undifferentiated	S3941
14:1	S3941
18:2 n-6 c,c	S3941
15:1	S3941
Vitamin B-12	S3941
Isoleucine	S3941, S4381
Leucine	S3941, S4381
Alanine	S3941, S4381
Proline	S3941, S4381
Cholesterol	S3941
15:0	S3941
18:2 t,t	S3941
18:3 n-6 c,c,c	S3941
20:3 undifferentiated	S3941
Tocopherol, delta	S3941
Niacin	S3941
Phenylalanine	S3941, S4381
Fatty acids, total trans	S3941
20:0	S3941
16:1 undifferentiated	S3941
17:0	S3941
20:2 n-6 c,c	S3941
Iron, Fe	S3941
Zinc, Zn	S3941

NDB No. 10060 Pork, fresh, loin, tenderloin, separable lean only, raw

Vitamin E (alpha-tocopherol)	S3941
Vitamin B-6	S3941
Valine	S3941, S4381
10:0	S3941
18:1 c	S3941
Total lipid (fat)	S3941
Magnesium, Mg	S3941
Potassium, K	S3941
Tryptophan	S3941, S4381
Glutamic acid	S3941, S4381
Fatty acids, total saturated	S3941
8:0	S3941
18:2 undifferentiated	S3941
Fatty acids, total monounsaturated	S3941
Fatty acids, total trans-polyenoic	S3941
Ash	S3941
Sodium, Na	S3941
Copper, Cu	S3941
Manganese, Mn	S3941
Selenium, Se	S3941
Riboflavin	S3941
Folate, food	S3941
Aspartic acid	S3941, S4381
18:1 undifferentiated	S3941
22:0	S3941
20:1	S3941
Water	S3941
Tocopherol, gamma	S3941
Folate, total	S3941
Choline, total	S3941
Lysine	S3941, S4381
Tyrosine	S3941, S4381
Arginine	S3941, S4381
Histidine	S3941, S4381
18:1 t	S3941
17:1	S3941
Fatty acids, total trans-	S3941

NDB No. 10060 Pork, fresh, loin, tenderloin, separable lean only, raw

monoenoic	
18:3 n-3 c,c,c (ALA)	S3941

NDB No. 10061 Pork, fresh, loin, tenderloin, separable lean only, cooked, roasted

18:3 undifferentiated	S3941
20:4 undifferentiated	S3941
22:0	S3941
20:2 n-6 c,c	S3941
18:3 n-6 c,c,c	S3941
20:3 undifferentiated	S3941
Phosphorus, P	S3941
Zinc, Zn	S3941
Retinol	S3941
Tocopherol, delta	S3941
Pantothenic acid	S3941
Cystine	S3941, S4381
Tyrosine	S3941, S4381
16:0	S3941
18:1 c	S3941
18:2 n-6 c,c	S3941
Fatty acids, total trans-monoenoic	S3941
Tocopherol, gamma	S3941
Aspartic acid	S3941, S4381
18:0	S3941
16:1 undifferentiated	S3941
18:3 n-3 c,c,c (ALA)	S3941
Iron, Fe	S3941
Sodium, Na	S3941
Manganese, Mn	S3941
Tocopherol, beta	S3941
Riboflavin	S3941
Tryptophan	S3941, S4381
Lysine	S3941, S4381
Alanine	S3941, S4381
8:0	S3941
18:2 undifferentiated	S3941

NDB No. 10061 Pork, fresh, loin, tenderloin, separable lean only, cooked, roasted

14:1	S3941
Fatty acids, total monounsaturated	S3941
17:0	S3941
17:1	S3941
Water	S3941
Thiamin	S3941
Glycine	S3941, S4381
10:0	S3941
18:1 undifferentiated	S3941
15:1	S3941
Niacin	S3941
Choline, total	S3941
Threonine	S3941, S4381
Glutamic acid	S3941, S4381
Serine	S3941, S4381
Fatty acids, total trans	S3941
18:2 t,t	S3941
Fatty acids, total trans-polyenoic	S3941
Ash	S3941
Calcium, Ca	S3941
Magnesium, Mg	S3941
Selenium, Se	S3941
Vitamin E (alpha-tocopherol)	S3941
Vitamin B-6	S3941
Folate, total	S3941
Vitamin B-12	S3941
Folate, food	S3941
Betaine	S3941
Valine	S3941, S4381
Histidine	S3941, S4381
Proline	S3941, S4381
Cholesterol	S3941
Fatty acids, total saturated	S3941
14:0	S3941
20:0	S3941
Fatty acids, total polyunsaturated	S3941
18:1 t	S3941

NDB No. 10061 Pork, fresh, loin, tenderloin, separable lean only, cooked, roasted

Protein	S3941
Total lipid (fat)	S3941
Potassium, K	S3941
Copper, Cu	S3941
Isoleucine	S3941, S4381
Leucine	S3941, S4381
Methionine	S3941, S4381
Phenylalanine	S3941, S4381
Arginine	S3941, S4381
12:0	S3941
20:1	S3941
15:0	S3941

NDB No. 10066 Pork, fresh, loin, top loin (chops), boneless, separable lean only, raw

Phosphorus, P	S3941
Tocopherol, gamma	S3941
Serine	S3941, S4381
8:0	S3941
20:3 undifferentiated	S3941
Magnesium, Mg	S3941
Zinc, Zn	S3941
Selenium, Se	S3941
Aspartic acid	S3941, S4381
Glutamic acid	S3941, S4381
10:0	S3941
14:0	S3941
18:1 undifferentiated	S3941
18:2 undifferentiated	S3941
14:1	S3941
20:2 n-6 c,c	S3941
18:3 n-3 c,c,c (ALA)	S3941
Ash	S3941
Water	S3941
Iron, Fe	S3941
Tocopherol, delta	S3941
Riboflavin	S3941

NDB No. 10066 Pork, fresh, loin, top loin (chops), boneless, separable lean only, raw

Methionine	S3941, S4381
Phenylalanine	S3941, S4381
Alanine	S3941, S4381
16:0	S3941
20:0	S3941
Fatty acids, total polyunsaturated	S3941
15:0	S3941
18:2 n-6 c,c	S3941
Fatty acids, total trans-monoenoic	S3941
15:1	S3941
Pantothenic acid	S3941
Tryptophan	S3941, S4381
Cholesterol	S3941
Fatty acids, total monounsaturated	S3941
Protein	S3941
Potassium, K	S3941
Vitamin E (alpha-tocopherol)	S3941
Choline, total	S3941
Isoleucine	S3941, S4381
Arginine	S3941, S4381
Histidine	S3941, S4381
Proline	S3941, S4381
18:3 undifferentiated	S3941
22:0	S3941
17:0	S3941
18:1 c	S3941
Vitamin B-6	S3941
Threonine	S3941, S4381
12:0	S3941
16:1 undifferentiated	S3941
20:1	S3941
17:1	S3941
Fatty acids, total trans-polyenoic	S3941
Sodium, Na	S3941
Copper, Cu	S3941
Retinol	S3941

NDB No. 10066 Pork, fresh, loin, top loin (chops), boneless, separable lean only, raw

Vitamin B-12	S3941
Cystine	S3941, S4381
Tyrosine	S3941, S4381
18:0	S3941
18:2 t,t	S3941
18:3 n-6 c,c,c	S3941
Total lipid (fat)	S3941
Calcium, Ca	S3941
Manganese, Mn	S3941
Tocopherol, beta	S3941
Thiamin	S3941
Niacin	S3941
Folate, total	S3941
Folate, food	S3941
Betaine	S3941
Leucine	S3941, S4381
Lysine	S3941, S4381
Valine	S3941, S4381
Glycine	S3941, S4381
Fatty acids, total trans	S3941
Fatty acids, total saturated	S3941
20:4 undifferentiated	S3941
18:1 t	S3941

NDB No. 10067 Pork, fresh, loin, top loin (chops), boneless, separable lean only, cooked, braised

Potassium, K	S5701
Manganese, Mn	S5701
Threonine	S3941, S4381
Leucine	S3941, S4381
Cholesterol	S5701
10:0	S5701
12:0	S5701
20:4 undifferentiated	S5701
22:6 n-3 (DHA)	S5701
15:0	S5701
20:2 n-6 c,c	S5701

NDB No. 10067 Pork, fresh, loin, top loin (chops), boneless, separable lean only, cooked, braised

17:1	S5701
Iron, Fe	S5701
Sodium, Na	S5701
Vitamin D	S5701
Niacin	S5701
Valine	S3941, S4381
Histidine	S3941, S4381
14:0	S5701
16:0	S5701
18:3 undifferentiated	S5701
14:1	S5701
Fatty acids, total monounsaturated	S5701
Fatty acids, total polyunsaturated	S5701
18:1 c	S5701
15:1	S5701
Water	S5701
Methionine	S3941, S4381
Alanine	S3941, S4381
Aspartic acid	S3941, S4381
Glycine	S3941, S4381
17:0	S5701
24:0	S5701
22:1 c	S5701
Fatty acids, total trans-polyenoic	S5701
Calcium, Ca	S5701
Magnesium, Mg	S5701
Copper, Cu	S5701
Selenium, Se	S5701
Riboflavin	S5701
Tryptophan	S3941, S4381
Fatty acids, total trans	S5701
18:0	S5701
18:2 undifferentiated	S5701
18:4	S5701
20:1	S5701
20:5 n-3 (EPA)	S5701
18:3 n-6 c,c,c	S5701

NDB No. 10067 Pork, fresh, loin, top loin (chops), boneless, separable lean only, cooked, braised

Fatty acids, total trans-monoenoic	S5701
Thiamin	S5701
Serine	S3941, S4381
16:1 undifferentiated	S5701
22:1 undifferentiated	S5701
18:1 t	S5701
20:3 undifferentiated	S5701
18:3 n-3 c,c,c (ALA)	S5701
Protein	S5701
Zinc, Zn	S5701
Vitamin D3 (cholecalciferol)	S5701
Isoleucine	S3941, S4381
Phenylalanine	S3941, S4381
Arginine	S3941, S4381
Proline	S3941, S4381
18:1 undifferentiated	S5701
18:2 t not further defined	S5701
18:2 n-6 c,c	S5701
18:3i	S5701
Lysine	S3941, S4381
Fatty acids, total saturated	S5701
20:0	S5701
Total lipid (fat)	S5701
Ash	S5701
Phosphorus, P	S5701
Cystine	S3941, S4381
Tyrosine	S3941, S4381
Glutamic acid	S3941, S4381
8:0	S5701
22:0	S5701
22:5 n-3 (DPA)	S5701

NDB No. 10068 Pork, fresh, loin, top loin (chops), boneless, separable lean only, cooked, broiled

Magnesium, Mg	S3941
Copper, Cu	S3941
Tocopherol, gamma	S3941

NDB No. 10068 Pork, fresh, loin, top loin (chops), boneless, separable lean only, cooked, broiled

Vitamin B-12	S3941
Isoleucine	S3941, S4381
Cystine	S3941, S4381
Valine	S3941, S4381
Arginine	S3941, S4381
Aspartic acid	S3941, S4381
Glutamic acid	S3941, S4381
Cholesterol	S3941
8:0	S3941
Fatty acids, total monounsaturated	S3941
20:2 n-6 c,c	S3941
17:1	S3941
20:3 undifferentiated	S3941
Fatty acids, total trans-monoenoic	S3941
18:3 n-3 c,c,c (ALA)	S3941
Folate, total	S3941
Threonine	S3941, S4381
Lysine	S3941, S4381
Methionine	S3941, S4381
Alanine	S3941, S4381
Fatty acids, total trans	S3941
22:0	S3941
Fatty acids, total trans-polyenoic	S3941
Ash	S3941
Calcium, Ca	S3941
Fatty acids, total polyunsaturated	S3941
Potassium, K	S3941
Sodium, Na	S3941
Zinc, Zn	S3941
Selenium, Se	S3941
Tocopherol, delta	S3941
Pantothenic acid	S3941
Choline, total	S3941
Tyrosine	S3941, S4381
Glycine	S3941, S4381
Fatty acids, total saturated	S3941

NDB No. 10068 Pork, fresh, loin, top loin (chops), boneless, separable lean only, cooked, broiled

18:2 undifferentiated	S3941
18:1 t	S3941
18:2 n-6 c,c	S3941
Protein	S3941
Phosphorus, P	S3941
Retinol	S3941
Niacin	S3941
Vitamin B-6	S3941
Betaine	S3941
Proline	S3941, S4381
12:0	S3941
14:0	S3941
16:0	S3941
18:0	S3941
Iron, Fe	S3941
Tocopherol, beta	S3941
Thiamin	S3941
10:0	S3941
18:3 undifferentiated	S3941
15:0	S3941
17:0	S3941
Total lipid (fat)	S3941
Riboflavin	S3941
Tryptophan	S3941, S4381
14:1	S3941
16:1 undifferentiated	S3941
Water	S3941
Manganese, Mn	S3941
Vitamin E (alpha-tocopherol)	S3941
Folate, food	S3941
Leucine	S3941, S4381
Phenylalanine	S3941, S4381
Histidine	S3941, S4381
Serine	S3941, S4381
20:0	S3941
18:1 undifferentiated	S3941
20:4 undifferentiated	S3941

NDB No. 10068 Pork, fresh, loin, top loin (chops), boneless, separable lean only, cooked, broiled

20:1	S3941
18:2 t,t	S3941
18:1 c	S3941
18:3 n-6 c,c,c	S3941
15:1	S3941

NDB No. 10069 Pork, fresh, loin, top loin (roasts), boneless, separable lean only, cooked, roasted

Copper, Cu	S3941
Histidine	S3941, S4381
Glycine	S3941, S4381
18:2 undifferentiated	S3941
15:0	S3941
17:0	S3941
18:3 n-6 c,c,c	S3941
17:1	S3941
Fatty acids, total trans-polyenoic	S3941
Iron, Fe	S3941
Thiamin	S3941
Alanine	S3941, S4381
Cholesterol	S3941
20:0	S3941
Fatty acids, total polyunsaturated	S3941
Total lipid (fat)	S3941
Selenium, Se	S3941
Tryptophan	S3941, S4381
Isoleucine	S3941, S4381
Serine	S3941, S4381
12:0	S3941
16:0	S3941
18:2 n-6 c,c	S3941
Fatty acids, total trans-monoenoic	S3941
15:1	S3941
Magnesium, Mg	S3941
Zinc, Zn	S3941
Manganese, Mn	S3941
Glutamic acid	S3941, S4381

NDB No. 10069 Pork, fresh, loin, top loin (roasts), boneless, separable lean only, cooked, roasted

Fatty acids, total saturated	S3941
20:4 undifferentiated	S3941
14:1	S3941
16:1 undifferentiated	S3941
Ash	S3941
Calcium, Ca	S3941
Phosphorus, P	S3941
Leucine	S3941, S4381
Phenylalanine	S3941, S4381
Arginine	S3941, S4381
18:0	S3941
Protein	S3941
Threonine	S3941, S4381
Valine	S3941, S4381
Aspartic acid	S3941, S4381
Fatty acids, total trans	S3941
18:1 undifferentiated	S3941
18:3 undifferentiated	S3941
22:0	S3941
20:2 n-6 c,c	S3941
18:1 c	S3941
Water	S3941
Riboflavin	S3941
Lysine	S3941, S4381
Cystine	S3941, S4381
Tyrosine	S3941, S4381
8:0	S3941
14:0	S3941
Fatty acids, total monounsaturated	S3941
18:1 t	S3941
20:3 undifferentiated	S3941
Potassium, K	S3941
Sodium, Na	S3941
Niacin	S3941
Methionine	S3941, S4381
Proline	S3941, S4381
10:0	S3941

NDB No. 10069 Pork, fresh, loin, top loin (roasts), boneless, separable lean only, cooked, roasted

20:1	S3941
18:2 t,t	S3941
18:3 n-3 c,c,c (ALA)	S3941

NDB No. 10084 Pork, fresh, shoulder, (Boston butt), blade (steaks), separable lean only, raw

Copper, Cu	S3941
Selenium, Se	S3941
Riboflavin	S3941
Leucine	S3941, S4381
Phenylalanine	S3941, S4381
14:1	S3941
17:1	S3941
20:3 undifferentiated	S3941
Ash	S3941
Potassium, K	S3941
Tyrosine	S3941, S4381
Alanine	S3941, S4381
Serine	S3941, S4381
Fatty acids, total saturated	S3941
12:0	S3941
18:2 undifferentiated	S3941
Fatty acids, total polyunsaturated	S3941
15:1	S3941
Magnesium, Mg	S3941
Phosphorus, P	S3941
Pantothenic acid	S3941
Betaine	S3941
Threonine	S3941, S4381
Cystine	S3941, S4381
Aspartic acid	S3941, S4381
18:1 t	S3941
18:2 t,t	S3941
20:2 n-6 c,c	S3941
Fatty acids, total trans-monoenoic	S3941
Protein	S3941
Zinc, Zn	S3941

NDB No. 10084 Pork, fresh, shoulder, (Boston butt), blade (steaks), separable lean only, raw

Thiamin	S3941
Choline, total	S3941
16:0	S3941
15:0	S3941
18:2 n-6 c,c	S3941
Niacin	S3941
Vitamin B-12	S3941
Arginine	S3941, S4381
Cholesterol	S3941
Fatty acids, total trans	S3941
10:0	S3941
20:4 undifferentiated	S3941
18:1 c	S3941
18:3 n-3 c,c,c (ALA)	S3941
Calcium, Ca	S3941
Iron, Fe	S3941
Fatty acids, total monounsaturated	S3941
17:0	S3941
Total lipid (fat)	S3941
Sodium, Na	S3941
Manganese, Mn	S3941
Tryptophan	S3941, S4381
Isoleucine	S3941, S4381
Lysine	S3941, S4381
Histidine	S3941, S4381
Glycine	S3941, S4381
Proline	S3941, S4381
8:0	S3941
20:0	S3941
18:1 undifferentiated	S3941
18:3 undifferentiated	S3941
Fatty acids, total trans-polyenoic	S3941
Water	S3941
Vitamin B-6	S3941
Methionine	S3941, S4381
Valine	S3941, S4381
Glutamic acid	S3941, S4381

NDB No. 10084 Pork, fresh, shoulder, (Boston butt), blade (steaks), separable lean only, raw

14:0	S3941
18:0	S3941
22:0	S3941
16:1 undifferentiated	S3941
20:1	S3941
18:3 n-6 c,c,c	S3941

NDB No. 10085 Pork, fresh, shoulder, (Boston butt), blade (steaks), separable lean only, cooked, braised

Total lipid (fat)	S3941
Ash	S3941
Water	S3941
Iron, Fe	S3941
Choline, total	S3941
Leucine	S3941, S4381
12:0	S3941
18:1 undifferentiated	S3941
18:3 undifferentiated	S3941
22:0	S3941
Fatty acids, total monounsaturated	S3941
Fatty acids, total polyunsaturated	S3941
18:1 t	S3941
18:3 n-3 c,c,c (ALA)	S3941
Potassium, K	S3941
Tyrosine	S3941, S4381
Histidine	S3941, S4381
Fatty acids, total trans-polyenoic	S3941
Sodium, Na	S3941
Selenium, Se	S3941
Betaine	S3941
Valine	S3941, S4381
Fatty acids, total saturated	S3941
16:0	S3941
18:0	S3941
18:2 undifferentiated	S3941
14:1	S3941
18:2 t,t	S3941

NDB No. 10085 Pork, fresh, shoulder, (Boston butt), blade (steaks), separable lean only, cooked, braised

18:2 n-6 c,c	S3941
17:1	S3941
Niacin	S3941
Methionine	S3941, S4381
Aspartic acid	S3941, S4381
Proline	S3941, S4381
Zinc, Zn	S3941
Thiamin	S3941
Riboflavin	S3941
Tryptophan	S3941, S4381
Threonine	S3941, S4381
Fatty acids, total trans	S3941
14:0	S3941
16:1 undifferentiated	S3941
20:3 undifferentiated	S3941
Phosphorus, P	S3941
Isoleucine	S3941, S4381
Phenylalanine	S3941, S4381
Serine	S3941, S4381
Cholesterol	S3941
8:0	S3941
20:4 undifferentiated	S3941
18:1 c	S3941
Protein	S3941
Magnesium, Mg	S3941
Copper, Cu	S3941
Manganese, Mn	S3941
Vitamin B-12	S3941
Cystine	S3941, S4381
Arginine	S3941, S4381
Glutamic acid	S3941, S4381
10:0	S3941
20:0	S3941
20:1	S3941
15:0	S3941
17:0	S3941
18:3 n-6 c,c,c	S3941

NDB No. 10085 Pork, fresh, shoulder, (Boston butt), blade (steaks), separable lean only, cooked, braised

Calcium, Ca	S3941
Pantothenic acid	S3941
Vitamin B-6	S3941
Lysine	S3941, S4381
Alanine	S3941, S4381
Glycine	S3941, S4381
20:2 n-6 c,c	S3941
Fatty acids, total trans-monoenoic	S3941
15:1	S3941

NDB No. 10088 Pork, fresh, spareribs, separable lean and fat, raw

Protein	S3941
Phosphorus, P	S3941
Manganese, Mn	S3941
Threonine	S3941, S4381
Calcium, Ca	S3941
Zinc, Zn	S3941
Potassium, K	S3941
Selenium, Se	S3941
Isoleucine	S3941, S4381
Leucine	S3941, S4381
Methionine	S3941, S4381
Proline	S3941, S4381
Total lipid (fat)	S3941
Cystine	S3941, S4381
Serine	S3941, S4381
Iron, Fe	S3941
Valine	S3941, S4381
Glutamic acid	S3941, S4381
Water	S3941
Magnesium, Mg	S3941
Sodium, Na	S3941
Copper, Cu	S3941
Tryptophan	S3941, S4381
Tyrosine	S3941, S4381
Arginine	S3941, S4381

NDB No. 10088 Pork, fresh, spareribs, separable lean and fat, raw

Aspartic acid	S3941, S4381
Ash	S3941
Phenylalanine	S3941, S4381
Histidine	S3941, S4381
Glycine	S3941, S4381
Lysine	S3941, S4381
Alanine	S3941, S4381

NDB No. 10098 Pork, fresh, variety meats and by-products, chitterlings, raw

Total lipid (fat)	S1581
Selenium, Se	S1581
Pantothenic acid	S1581
14:0	S1581
16:0	S1581
15:1	S1581
Sodium, Na	S1581
Copper, Cu	S1581
Lycopene	S1581
Tocopherol, delta	S1581
Riboflavin	S1581
Fatty acids, total saturated	S1581
18:0	S1581
16:1 undifferentiated	S1581
20:1	S1581
20:2 n-6 c,c	S1581
20:3 undifferentiated	S1581
Water	S1581
Iron, Fe	S1581
Phosphorus, P	S1581
Manganese, Mn	S1581
Carotene, beta	S1581
Tocopherol, gamma	S1581
Thiamin	S1581
Folate, total	S1581
Fatty acids, total trans	S1581
15:0	S1581

NDB No. 10098 Pork, fresh, variety meats and by-products, chitterlings, raw

18:3 n-3 c,c,c (ALA)	S1581
Ash	S1581
Niacin	S1581
Vitamin B-6	S1581
Cholesterol	S1581
12:0	S1581
18:1 undifferentiated	S1581
20:4 undifferentiated	S1581
Protein	S1581
Calcium, Ca	S1581
Retinol	S1581
8:0	S1581
14:1	S1581
17:0	S1581
Tocopherol, beta	S1581
Vitamin B-12	S1581
Vitamin K (phylloquinone)	S1581
10:0	S1581
20:0	S1581
Fatty acids, total polyunsaturated	S1581
Zinc, Zn	S1581
Carotene, alpha	S1581
Vitamin E (alpha-tocopherol)	S1581
Cryptoxanthin, beta	S1581
Vitamin C, total ascorbic acid	S1581
18:2 undifferentiated	S1581
22:0	S1581
18:3 n-6 c,c,c	S1581
Magnesium, Mg	S1581
Potassium, K	S1581
Fatty acids, total monounsaturated	S1581

NDB No. 10099 Pork, fresh, variety meats and by-products, chitterlings, cooked, simmered

Ash	S1581
Iron, Fe	S1581
Zinc, Zn	S1581

NDB No. 10099 Pork, fresh, variety meats and by-products, chitterlings, cooked, simmered

Vitamin E (alpha-tocopherol)	S1581
Tocopherol, delta	S1581
Pantothenic acid	S1581
Fatty acids, total trans	S1581
18:0	S1581
22:0	S1581
Fatty acids, total monounsaturated	S1581
Manganese, Mn	S1581
Niacin	S1581
18:1 undifferentiated	S1581
18:2 undifferentiated	S1581
20:1	S1581
17:0	S1581
Copper, Cu	S1581
Tocopherol, beta	S1581
16:0	S1581
16:1 undifferentiated	S1581
18:3 n-6 c,c,c	S1581
Protein	S1581
Total lipid (fat)	S1581
Phosphorus, P	S1581
Sodium, Na	S1581
Selenium, Se	S1581
Tocopherol, gamma	S1581
8:0	S1581
14:0	S1581
20:0	S1581
20:4 undifferentiated	S1581
15:0	S1581
20:2 n-6 c,c	S1581
15:1	S1581
Vitamin B-12	S1581
14:1	S1581
18:3 n-3 c,c,c (ALA)	S1581
Calcium, Ca	S1581
Retinol	S1581
Vitamin B-6	S1581

NDB No. 10099 Pork, fresh, variety meats and by-products, chitterlings, cooked, simmered

Folate, total	S1581
12:0	S1581
Water	S1581
Thiamin	S1581
Riboflavin	S1581
10:0	S1581
20:3 undifferentiated	S1581
Magnesium, Mg	S1581
Potassium, K	S1581
Vitamin K (phylloquinone)	S1581
Cholesterol	S1581
Fatty acids, total saturated	S1581
Fatty acids, total polyunsaturated	S1581

NDB No. 10102 Pork, fresh, variety meats and by-products, feet, raw

Thiamin	S1581
Niacin	S1581
Cholesterol	S1581
18:0	S1581
18:3 n-3 c,c,c (ALA)	S1581
Total lipid (fat)	S1581
Ash	S1581
Potassium, K	S1581
Lycopene	S1581
Tocopherol, beta	S1581
Fatty acids, total saturated	S1581
20:1	S1581
Iron, Fe	S1581
Phosphorus, P	S1581
Copper, Cu	S1581
Fatty acids, total trans	S1581
14:0	S1581
18:1 undifferentiated	S1581
22:0	S1581
20:3 undifferentiated	S1581
Protein	S1581

NDB No. 10102 Pork, fresh, variety meats and by-products, feet, raw

Retinol	S1581
Carotene, beta	S1581
Vitamin C, total ascorbic acid	S1581
Pantothenic acid	S1581
8:0	S1581
14:1	S1581
17:0	S1581
15:1	S1581
Vitamin K (phylloquinone)	S1581
10:0	S1581
Calcium, Ca	S1581
Magnesium, Mg	S1581
Sodium, Na	S1581
Manganese, Mn	S1581
Selenium, Se	S1581
Fatty acids, total monounsaturated	S1581
Fatty acids, total polyunsaturated	S1581
Carotene, alpha	S1581
Tocopherol, gamma	S1581
Tocopherol, delta	S1581
Riboflavin	S1581
Vitamin B-6	S1581
Folate, total	S1581
12:0	S1581
16:0	S1581
20:0	S1581
18:2 undifferentiated	S1581
20:2 n-6 c,c	S1581
Water	S1581
Zinc, Zn	S1581
Vitamin E (alpha-tocopherol)	S1581
Cryptoxanthin, beta	S1581
Vitamin B-12	S1581
20:4 undifferentiated	S1581
16:1 undifferentiated	S1581
15:0	S1581
18:3 n-6 c,c,c	S1581

NDB No. 10119 Pork, fresh, variety meats and by-products, stomach, raw

Total lipid (fat)	S1581
Manganese, Mn	S1581
Folate, total	S1581
Fatty acids, total saturated	S1581
14:0	S1581
Sodium, Na	S1581
Tocopherol, gamma	S1581
Fatty acids, total trans	S1581
18:0	S1581
18:3 n-6 c,c,c	S1581
Protein	S1581
Phosphorus, P	S1581
Selenium, Se	S1581
Retinol	S1581
Vitamin E (alpha-tocopherol)	S1581
Vitamin B-6	S1581
Vitamin K (phylloquinone)	S1581
Cholesterol	S1581
10:0	S1581
17:0	S1581
20:2 n-6 c,c	S1581
20:3 undifferentiated	S1581
18:3 n-3 c,c,c (ALA)	S1581
Water	S1581
Magnesium, Mg	S1581
Tocopherol, beta	S1581
Tocopherol, delta	S1581
Niacin	S1581
8:0	S1581
12:0	S1581
20:4 undifferentiated	S1581
20:1	S1581
Calcium, Ca	S1581
Vitamin B-12	S1581
18:1 undifferentiated	S1581
15:1	S1581
Ash	S1581

NDB No. 10119 Pork, fresh, variety meats and by-products, stomach, raw

Iron, Fe	S1581
22:0	S1581
Zinc, Zn	S1581
Thiamin	S1581
Riboflavin	S1581
20:0	S1581
14:1	S1581
16:1 undifferentiated	S1581
Fatty acids, total polyunsaturated	S1581
Potassium, K	S1581
Copper, Cu	S1581
Pantothenic acid	S1581
16:0	S1581
18:2 undifferentiated	S1581
Fatty acids, total monounsaturated	S1581
15:0	S1581

NDB No. 10120 Pork, fresh, loin, blade (chops), bone-in, separable lean only, cooked, pan-fried

Copper, Cu	S5701
Vitamin B-6	S5701
Tyrosine	S3941, S4381
Phosphorus, P	S5701
Selenium, Se	S5701
Vitamin D3 (cholecalciferol)	S5701
Glutamic acid	S3941, S4381
Retinol	S5701
Vitamin D	S5701
Isoleucine	S3941, S4381
Arginine	S3941, S4381
Alanine	S3941, S4381
Total lipid (fat)	S5701
Water	S5701
Niacin	S5701
Threonine	S3941, S4381
Glycine	S3941, S4381
Proline	S3941, S4381

NDB No. 10120 Pork, fresh, loin, blade (chops), bone-in, separable lean only, cooked, pan-fried

Serine	S3941, S4381
Ash	S5701
Thiamin	S5701
Leucine	S3941, S4381
Cystine	S3941, S4381
Phenylalanine	S3941, S4381
Iron, Fe	S5701
Potassium, K	S5701
Sodium, Na	S5701
Zinc, Zn	S5701
Pantothenic acid	S5701
Vitamin B-12	S5701
Aspartic acid	S3941, S4381
Calcium, Ca	S5701
Magnesium, Mg	S5701
Manganese, Mn	S5701
Riboflavin	S5701
Tryptophan	S3941, S4381
Methionine	S3941, S4381
Valine	S3941, S4381
Cholesterol	S5701
Protein	S5701
Lysine	S3941, S4381
Histidine	S3941, S4381

NDB No. 10123 Pork, cured, bacon, raw

Water	S1082
Phosphorus, P	S1082
Leucine	S1082
17:1	S1082
Sodium, Na	S1082
Choline, total	S1166
Tryptophan	S1082
Tyrosine	S1082
Arginine	S1082
Serine	S1082

NDB No. 10123 Pork, cured, bacon, raw

14:0	S1082
20:0	S1082
15:0	S1082
20:3 undifferentiated	S1082
15:1	S1082
Protein	S1082
Calcium, Ca	S1082
Vitamin E (alpha-tocopherol)	S1166
Tocopherol, beta	S1166
Folate, total	S1166
Vitamin K (phylloquinone)	S1166
Lysine	S1082
Valine	S1082
Glycine	S1082
Hydroxyproline	S1082
Fatty acids, total trans	S1082
10:0	S1082
12:0	S1082
18:3 n-6 c,c,c	S1082
Niacin	S1082
Pantothenic acid	S1082
Dihydrophylloquinone	S1166
Cystine	S1082
Glutamic acid	S1082
16:1 undifferentiated	S1082
Iron, Fe	S1082
Retinol	S1082
Riboflavin	S1082
Betaine	S1166
8:0	S1082
18:0	S1082
20:4 undifferentiated	S1082
18:2 n-6 c,c	S1082
Ash	S1082
Magnesium, Mg	S1082
Manganese, Mn	S1082
Tocopherol, delta	S1166

NDB No. 10123 Pork, cured, bacon, raw

Thiamin	S1082
Vitamin B-12	S1082
Methionine	S1082
Histidine	S1082
18:1 undifferentiated	S1082
22:0	S1082
18:3 n-3 c,c,c (ALA)	S1082
Potassium, K	S1082
Zinc, Zn	S1082
Copper, Cu	S1082
Fluoride, F	D5021
Tocopherol, gamma	S1166
Threonine	S1082
Isoleucine	S1082
Phenylalanine	S1082
Alanine	S1082
14:1	S1082
20:1	S1082
17:0	S1082
20:2 n-6 c,c	S1082
Total lipid (fat)	S1082
Selenium, Se	S1082
Vitamin B-6	S1082
Aspartic acid	S1082
Proline	S1082
Cholesterol	S1082
16:0	S1082

NDB No. 10124 Pork, cured, bacon, cooked, broiled, pan-fried or roasted

Total lipid (fat)	S1082
Magnesium, Mg	S1082
Niacin	S1082
Pantothenic acid	S1082
Dihydrophylloquinone	S1166
Methionine	S1082
Valine	S1082

NDB No. 10124 Pork, cured, bacon, cooked, broiled, pan-fried or roasted

Arginine	S1082
17:0	S1082
Ash	S1082
Selenium, Se	S1082
Retinol	S1082
Vitamin E (alpha-tocopherol)	S1166
Isoleucine	S1082
Proline	S1082
22:0	S1082
14:1	S1082
16:1 undifferentiated	S1082
15:0	S1082
18:3 n-3 c,c,c (ALA)	S1082
Water	S1082
Sodium, Na	S1082
Copper, Cu	S1082
Vitamin B-12	S1082
Phenylalanine	S1082
Tyrosine	S1082
8:0	S1082
10:0	S1082
18:1 undifferentiated	S1082
20:2 n-6 c,c	S1082
Tocopherol, delta	S1166
Folate, total	S1166
Vitamin K (phylloquinone)	S1166
Histidine	S1082
18:0	S1082
20:4 undifferentiated	S1082
18:3 n-6 c,c,c	S1082
15:1	S1082
Potassium, K	S1082
Fluoride, F	D5001, D5301, D5007
Vitamin B-6	S1082
Leucine	S1082
Aspartic acid	S1082
Glycine	S1082

NDB No. 10124 Pork, cured, bacon, cooked, broiled, pan-fried or roasted

Serine	S1082
Fatty acids, total trans	S1082
17:1	S1082
Calcium, Ca	S1082
Iron, Fe	S1082
Manganese, Mn	S1082
Tocopherol, beta	S1166
Riboflavin	S1082
Lysine	S1082
14:0	S1082
16:0	S1082
20:0	S1082
20:1	S1082
Threonine	S1082
Cholesterol	S1082
12:0	S1082
20:3 undifferentiated	S1082
Protein	S1082
Phosphorus, P	S1082
Zinc, Zn	S1082
Tocopherol, gamma	S1166
Thiamin	S1082
Tryptophan	S1082
Cystine	S1082
Alanine	S1082
Glutamic acid	S1082
18:2 n-6 c,c	S1082

NDB No. 10132 Pork, cured, feet, pickled

Fructose	S3301
Maltose	S3301
Water	S3301
Zinc, Zn	S3301
Folate, total	S3301
Dihydrophylloquinone	S3301
Vitamin K (phylloquinone)	S3301

NDB No. 10132 Pork, cured, feet, pickled

12:0	S3301
20:4 undifferentiated	S3301
16:1 undifferentiated	S3301
20:1	S3301
17:1	S3301
Phosphorus, P	S3301
Potassium, K	S3301
Manganese, Mn	S3301
Retinol	S3301
Thiamin	S3301
Niacin	S3301
Pantothenic acid	S3301
Folic acid	S3301
18:0	S3301
20:2 n-6 c,c	S3301
Glucose (dextrose)	S3301
Sodium, Na	S3301
Copper, Cu	S3301
Selenium, Se	S3301
Folate, food	S3301
14:0	S3301
18:3 n-6 c,c,c	S3301
15:1	S3301
Magnesium, Mg	S3301
Tocopherol, delta	S3301
Riboflavin	S3301
Menaquinone-4	S3301
Cholesterol	S3301
16:0	S3301
20:0	S3301
18:1 c	S3301
Ash	S3301
Tocopherol, beta	S3301
17:0	S3301
Sucrose	S3301
Galactose	S3301
Iron, Fe	S3301

NDB No. 10132 Pork, cured, feet, pickled

Tocopherol, gamma	S3301
Vitamin B-12	S3301
22:0	S3301
18:1 t	S3301
Total lipid (fat)	S3301
14:1	S3301
18:2 t,t	S3301
18:2 n-6 c,c	S3301
20:3 undifferentiated	S3301
Lactose	S3301
Vitamin E (alpha-tocopherol)	S3301
Vitamin B-6	S3301
8:0	S3301
10:0	S3301
15:0	S3301
18:3 n-3 c,c,c (ALA)	S3301

NDB No. 10151 Pork, cured, ham, whole, separable lean and fat, roasted

Fluoride, F	D5001, D5007, D5021

NDB No. 10158 USDA Commodity, pork, canned

Selenium, Se	S3544
Niacin	S3544
Hydroxyproline	S3544
8:0	S3544
12:0	S3544
18:1 undifferentiated	S3544
18:4	S3544
20:5 n-3 (EPA)	S3544
15:0	S3544
24:0	S3544
21:5	S3544
Folate, food	S3544
Cholesterol	S3544
16:0	S3544
24:1 c	S3544

NDB No. 10158 USDA Commodity, pork, canned

15:1	S3544
Ash	S3544
Calcium, Ca	S3544
Water	S3544
Potassium, K	S3544
Copper, Cu	S3544
Fatty acids, total saturated	S3544
10:0	S3544
14:0	S3544
22:6 n-3 (DHA)	S3544
22:0	S3544
22:5 n-3 (DPA)	S3544
Fatty acids, total monounsaturated	S3544
17:0	S3544
Iron, Fe	S3544
Magnesium, Mg	S3544
Riboflavin	S3544
Choline, total	S3544
20:0	S3544
18:2 undifferentiated	S3544
16:1 undifferentiated	S3544
22:1 undifferentiated	S3544
22:4	S3544
Protein	S3544
Sodium, Na	S3544
Zinc, Zn	S3544
Vitamin B-6	S3544
18:3 undifferentiated	S3544
14:1	S3544
20:1	S3544
17:1	S3544
Tocopherol, beta	S3544
Thiamin	S3544
Folate, total	S3544
Folic acid	S3544
20:4 undifferentiated	S3544
Fatty acids, total polyunsaturated	S3544

NDB No. 10158 USDA Commodity, pork, canned

Total lipid (fat)	S3544
Phosphorus, P	S3544
Manganese, Mn	S3544
Vitamin E (alpha-tocopherol)	S3544
Tocopherol, gamma	S3544
Tocopherol, delta	S3544
Pantothenic acid	S3544
Vitamin B-12	S3544
Menaquinone-4	S3544
Betaine	S3544
18:0	S3544
20:2 n-6 c,c	S3544
20:3 undifferentiated	S3544

NDB No. 10173 Pork, fresh, variety meats and by-products, feet, cooked, simmered

Total lipid (fat)	S1581
Phosphorus, P	S1581
Carotene, alpha	S1581
Vitamin K (phylloquinone)	S1581
Fatty acids, total saturated	S1581
Calcium, Ca	S1581
Magnesium, Mg	S1581
Copper, Cu	S1581
Cryptoxanthin, beta	S1581
Cholesterol	S1581
18:2 undifferentiated	S1581
14:1	S1581
Fatty acids, total monounsaturated	S1581
Zinc, Zn	S1581
Manganese, Mn	S1581
Pantothenic acid	S1581
10:0	S1581
18:0	S1581
20:0	S1581
22:0	S1581
18:3 n-3 c,c,c (ALA)	S1581

NDB No. 10173 Pork, fresh, variety meats and by-products, feet, cooked, simmered

Ash	S1581
Potassium, K	S1581
Sodium, Na	S1581
Lycopene	S1581
Vitamin B-6	S1581
Fatty acids, total trans	S1581
18:3 n-6 c,c,c	S1581
Protein	S1581
Selenium, Se	S1581
Carotene, beta	S1581
Vitamin E (alpha-tocopherol)	S1581
Riboflavin	S1581
18:1 undifferentiated	S1581
Fatty acids, total polyunsaturated	S1581
Iron, Fe	S1581
Tocopherol, delta	S1581
Folate, total	S1581
16:0	S1581
15:0	S1581
17:0	S1581
20:2 n-6 c,c	S1581
20:3 undifferentiated	S1581
Water	S1581
Tocopherol, gamma	S1581
Thiamin	S1581
Niacin	S1581
Vitamin B-12	S1581
12:0	S1581
14:0	S1581
16:1 undifferentiated	S1581
15:1	S1581
Retinol	S1581
Tocopherol, beta	S1581
Vitamin C, total ascorbic acid	S1581
8:0	S1581
20:4 undifferentiated	S1581
20:1	S1581

NDB No. 10176 Pork, fresh, loin, center loin (chops), bone-in, separable lean only, cooked, pan-fried

Protein	S5701
Histidine	S3941, S4381
Water	S5701
Methionine	S3941, S4381
Serine	S3941, S4381
Tryptophan	S3941, S4381
Leucine	S3941, S4381
Proline	S3941, S4381
Lysine	S3941, S4381
Glycine	S3941, S4381
Threonine	S3941, S4381
Cystine	S3941, S4381
Valine	S3941, S4381
Arginine	S3941, S4381
Glutamic acid	S3941, S4381
Total lipid (fat)	S5701
Tyrosine	S3941, S4381
Aspartic acid	S3941, S4381
Ash	S5701
Isoleucine	S3941, S4381
Phenylalanine	S3941, S4381
Alanine	S3941, S4381
Cholesterol	S5701

NDB No. 10177 Pork, fresh, loin, center rib (chops), bone-in, separable lean only, cooked, pan-fried

Ash	S5701
Protein	S5701
Water	S5701
Lysine	S3941, S4381
Histidine	S3941, S4381
Glutamic acid	S3941, S4381
Total lipid (fat)	S5701
Isoleucine	S3941, S4381
Leucine	S3941, S4381
Valine	S3941, S4381
Proline	S3941, S4381

NDB No. 10177 Pork, fresh, loin, center rib (chops), bone-in, separable lean only, cooked, pan-fried

Tryptophan	S3941, S4381
Tyrosine	S3941, S4381
Alanine	S3941, S4381
Aspartic acid	S3941, S4381
Threonine	S3941, S4381
Cystine	S3941, S4381
Arginine	S3941, S4381
Methionine	S3941, S4381
Glycine	S3941, S4381
Cholesterol	S5701
Phenylalanine	S3941, S4381
Serine	S3941, S4381

NDB No. 10181 Pork, fresh, loin, top loin (chops), boneless, separable lean only, cooked, pan-fried

Iron, Fe	S5701
Potassium, K	S5701
Selenium, Se	S5701
Niacin	S5701
Methionine	S3941, S4381
Aspartic acid	S3941, S4381
Glutamic acid	S3941, S4381
Serine	S3941, S4381
18:3 undifferentiated	S5701
22:6 n-3 (DHA)	S5701
Water	S5701
Tryptophan	S3941, S4381
Cystine	S3941, S4381
Phenylalanine	S3941, S4381
18:2 undifferentiated	S5701
20:4 undifferentiated	S5701
16:1 undifferentiated	S5701
22:1 undifferentiated	S5701
Fatty acids, total monounsaturated	S5701
18:2 n-6 c,c	S5701
15:1	S5701
18:3 n-3 c,c,c (ALA)	S5701

NDB No. 10181 Pork, fresh, loin, top loin (chops), boneless, separable lean only, cooked, pan-fried

Phosphorus, P	S5701
Tyrosine	S3941, S4381
Valine	S3941, S4381
Arginine	S3941, S4381
12:0	S5701
14:1	S5701
20:1	S5701
20:3 undifferentiated	S5701
Isoleucine	S3941, S4381
16:0	S5701
Fatty acids, total trans-monoenoic	S5701
Zinc, Zn	S5701
Manganese, Mn	S5701
Lysine	S3941, S4381
Cholesterol	S5701
17:0	S5701
20:2 n-6 c,c	S5701
22:1 c	S5701
18:3 n-6 c,c,c	S5701
Fatty acids, total trans-polyenoic	S5701
18:3i	S5701
Total lipid (fat)	S5701
Magnesium, Mg	S5701
Threonine	S3941, S4381
14:0	S5701
20:0	S5701
18:1 undifferentiated	S5701
22:0	S5701
18:4	S5701
15:0	S5701
18:2 t not further defined	S5701
17:1	S5701
Protein	S5701
Sodium, Na	S5701
Thiamin	S5701
Alanine	S3941, S4381
Glycine	S3941, S4381

NDB No. 10181 Pork, fresh, loin, top loin (chops), boneless, separable lean only, cooked, pan-fried

Fatty acids, total trans	S5701
10:0	S5701
18:0	S5701
22:5 n-3 (DPA)	S5701
18:1 c	S5701
Ash	S5701
Calcium, Ca	S5701
Copper, Cu	S5701
Riboflavin	S5701
Leucine	S3941, S4381
Histidine	S3941, S4381
Proline	S3941, S4381
Fatty acids, total saturated	S5701
8:0	S5701
20:5 n-3 (EPA)	S5701
Fatty acids, total polyunsaturated	S5701
24:0	S5701
18:1 t	S5701

NDB No. 10207 Pork, fresh, loin, country-style ribs, separable lean only, raw

Sodium, Na	S3941
Zinc, Zn	S3941
Phenylalanine	S3941, S4381
Tyrosine	S3941, S4381
Ash	S3941
Isoleucine	S3941, S4381
Lysine	S3941, S4381
Cystine	S3941, S4381
Arginine	S3941, S4381
Histidine	S3941, S4381
Proline	S3941, S4381
Total lipid (fat)	S3941
Magnesium, Mg	S3941
Tryptophan	S3941, S4381
Threonine	S3941, S4381
Leucine	S3941, S4381

NDB No. 10207 Pork, fresh, loin, country-style ribs, separable lean only, raw

Phosphorus, P	S3941
Alanine	S3941, S4381
Aspartic acid	S3941, S4381
Calcium, Ca	S3941
Methionine	S3941, S4381
Iron, Fe	S3941
Manganese, Mn	S3941
Selenium, Se	S3941
Glutamic acid	S3941, S4381
Serine	S3941, S4381
Protein	S3941
Potassium, K	S3941
Glycine	S3941, S4381
Water	S3941
Copper, Cu	S3941
Valine	S3941, S4381

NDB No. 10208 Pork, fresh, loin, country-style ribs, separable lean only, cooked, braised

Magnesium, Mg	S3941
Phosphorus, P	S3941
Potassium, K	S3941
Threonine	S3941, S4381
Cystine	S3941, S4381
Aspartic acid	S3941, S4381
Glutamic acid	S3941, S4381
Fatty acids, total trans	S3941
18:1 undifferentiated	S3941
22:0	S3941
Fatty acids, total trans-monoenoic	S3941
Total lipid (fat)	S3941
Tryptophan	S3941, S4381
Lysine	S3941, S4381
18:1 c	S3941
Ash	S3941
Iron, Fe	S3941
Zinc, Zn	S3941

NDB No. 10208 Pork, fresh, loin, country-style ribs, separable lean only, cooked, braised

Thiamin	S3941
Isoleucine	S3941, S4381
Leucine	S3941, S4381
Methionine	S3941, S4381
Histidine	S3941, S4381
14:0	S3941
18:0	S3941
16:1 undifferentiated	S3941
18:1 t	S3941
18:3 n-3 c,c,c (ALA)	S3941
Protein	S3941
Selenium, Se	S3941
Riboflavin	S3941
Valine	S3941, S4381
Fatty acids, total saturated	S3941
16:0	S3941
18:2 undifferentiated	S3941
20:1	S3941
17:0	S3941
18:2 n-6 c,c	S3941
15:1	S3941
Serine	S3941, S4381
20:0	S3941
18:3 n-6 c,c,c	S3941
20:3 undifferentiated	S3941
Fatty acids, total trans-polyenoic	S3941
Sodium, Na	S3941
Niacin	S3941
Tyrosine	S3941, S4381
Arginine	S3941, S4381
12:0	S3941
Fatty acids, total monounsaturated	S3941
Fatty acids, total polyunsaturated	S3941
Calcium, Ca	S3941
Phenylalanine	S3941, S4381
Glycine	S3941, S4381
10:0	S3941

NDB No. 10208 Pork, fresh, loin, country-style ribs, separable lean only, cooked, braised

18:3 undifferentiated	S3941
20:4 undifferentiated	S3941
15:0	S3941
20:2 n-6 c,c	S3941
Water	S3941
Copper, Cu	S3941
Manganese, Mn	S3941
Alanine	S3941, S4381
Proline	S3941, S4381
Cholesterol	S3941
8:0	S3941
14:1	S3941
18:2 t,t	S3941
17:1	S3941

NDB No. 10225 Pork, fresh, loin, top loin (roasts), boneless, separable lean only, raw

Protein	S3941
Total lipid (fat)	S3941
Manganese, Mn	S3941
Tryptophan	S3941, S4381
Leucine	S3941, S4381
Glutamic acid	S3941, S4381
Glycine	S3941, S4381
Water	S3941
Iron, Fe	S3941
Copper, Cu	S3941
Selenium, Se	S3941
Isoleucine	S3941, S4381
Calcium, Ca	S3941
Sodium, Na	S3941
Threonine	S3941, S4381
Lysine	S3941, S4381
Serine	S3941, S4381
Ash	S3941
Alanine	S3941, S4381
Magnesium, Mg	S3941

NDB No. 10225 Pork, fresh, loin, top loin (roasts), boneless, separable lean only, raw

Phosphorus, P	S3941
Potassium, K	S3941
Aspartic acid	S3941, S4381
Zinc, Zn	S3941
Methionine	S3941, S4381
Cystine	S3941, S4381
Phenylalanine	S3941, S4381
Tyrosine	S3941, S4381
Valine	S3941, S4381
Arginine	S3941, S4381
Histidine	S3941, S4381
Proline	S3941, S4381

NDB No. 10858 Pork, fresh, loin, top loin (chops), boneless, enhanced, separable lean only, cooked, pan-broiled

Ash	S1082
Iron, Fe	S1082
Copper, Cu	S1082
Riboflavin	S1082
Choline, total	S1082
16:0	S1082
22:0	S1082
15:1	S1082
Zinc, Zn	S1082
Tocopherol, beta	S1166
Dihydrophylloquinone	S1082
Vitamin K (phylloquinone)	S1082
Lysine	S1082
Phenylalanine	S1082
4:0	S1082
20:4 undifferentiated	S1082
20:3 undifferentiated	S1082
Total lipid (fat)	S1166, S1082
Water	S1166, S1082
Magnesium, Mg	S1082
Vitamin E (alpha-tocopherol)	S1166
Niacin	S1082

NDB No. 10858 Pork, fresh, loin, top loin (chops), boneless, enhanced, separable lean only, cooked, pan-broiled

Folate, total	S1166
Isoleucine	S1082
Arginine	S1082
20:1	S1082
17:0	S1082
Phosphorus, P	S1082
Retinol	S1082
Threonine	S1082
Cystine	S1082
Tyrosine	S1082
20:0	S1082
16:1 undifferentiated	S1082
18:3 n-6 c,c,c	S1082
Calcium, Ca	S1082
Potassium, K	S1082
Manganese, Mn	S1082
Vitamin B-6	S1082
Methionine	S1082
Valine	S1082
Histidine	S1082
Glutamic acid	S1082
Glycine	S1082
14:0	S1082
18:1 undifferentiated	S1082
15:0	S1082
18:2 n-6 c,c	S1082
17:1	S1082
18:3 n-3 c,c,c (ALA)	S1082
Selenium, Se	S1082
Tocopherol, delta	S1166
Pantothenic acid	S1082
Serine	S1082
8:0	S1082
Leucine	S1082
Fatty acids, total trans	S1082
12:0	S1082
18:0	S1082

NDB No. 10858 Pork, fresh, loin, top loin (chops), boneless, enhanced, separable lean only, cooked, pan-broiled

Protein	S1082
Sodium, Na	S1082
Tocopherol, gamma	S1166
Thiamin	S1082
Vitamin B-12	S1082
Betaine	S1082
Tryptophan	S1082
Alanine	S1082
Aspartic acid	S1082
Proline	S1082
Cholesterol	S1082
6:0	S1082
10:0	S1082
14:1	S1082
20:2 n-6 c,c	S1082

NDB No. 10860 Pork, cured, bacon, cooked, baked

Iron, Fe	S1082
Zinc, Zn	S1082
Choline, total	S1082
Betaine	S1082
Leucine	S1082
20:0	S1082
14:1	S1082
20:3 undifferentiated	S1082
Potassium, K	S1082
Threonine	S1082
Isoleucine	S1082
Methionine	S1082
Cystine	S1082
Aspartic acid	S1082
Fatty acids, total trans	S1082
12:0	S1082
16:0	S1082
18:1 undifferentiated	S1082
18:2 n-6 c,c	S1082

NDB No. 10860 Pork, cured, bacon, cooked, baked

Protein	S1082
Magnesium, Mg	S1082
Thiamin	S1082
Folate, total	S1166
Arginine	S1082
22:0	S1082
15:0	S1082
17:1	S1082
Ash	S1082
Water	S1082
Phosphorus, P	S1082
Copper, Cu	S1082
Selenium, Se	S1082
Riboflavin	S1082
Dihydrophylloquinone	S1166
Glutamic acid	S1082
20:4 undifferentiated	S1082
15:1	S1082
18:3 n-3 c,c,c (ALA)	S1082
Retinol	S1082
Tocopherol, delta	S1166
Vitamin B-6	S1082
Vitamin K (phylloquinone)	S1166
Tryptophan	S1082
Histidine	S1082
10:0	S1082
17:0	S1082
18:3 n-6 c,c,c	S1082
Sodium, Na	S1082
Manganese, Mn	S1082
Tocopherol, gamma	S1166
Pantothenic acid	S1082
Lysine	S1082
Alanine	S1082
Proline	S1082
Serine	S1082
Cholesterol	S1082

NDB No. 10860 Pork, cured, bacon, cooked, baked

8:0	S1082
20:2 n-6 c,c	S1082
Total lipid (fat)	S1082
Calcium, Ca	S1082
Niacin	S1082
Phenylalanine	S1082
14:0	S1082
18:0	S1082
Vitamin E (alpha-tocopherol)	S1166
Tocopherol, beta	S1166
Vitamin B-12	S1082
Tyrosine	S1082
Valine	S1082
Glycine	S1082
4:0	S1082
16:1 undifferentiated	S1082
20:1	S1082

NDB No. 10861 Pork, cured, bacon, cooked, microwaved

Pantothenic acid	S1082
Betaine	S1082
Tyrosine	S1082
Histidine	S1082
Serine	S1082
Ash	S1082
Sodium, Na	S1082
Niacin	S1082
Vitamin B-12	S1082
Vitamin K (phylloquinone)	S1166
Methionine	S1082
Arginine	S1082
Alanine	S1082
Fatty acids, total trans	S1082
16:1 undifferentiated	S1082
Water	S1082
Magnesium, Mg	S1082

NDB No. 10861 Pork, cured, bacon, cooked, microwaved

Copper, Cu	S1082
Manganese, Mn	S1082
Tocopherol, gamma	S1166, S502
Thiamin	S1082
Folate, total	S1166, S502
Leucine	S1082
Cystine	S1082
Valine	S1082
Glutamic acid	S1082
Proline	S1082
Cholesterol	S1082
18:0	S1082
20:1	S1082
17:1	S1082
Total lipid (fat)	S1082
Calcium, Ca	S1082
Phosphorus, P	S1082
Potassium, K	S1082
Tocopherol, beta	S1166, S502
Choline, total	S1082
Lysine	S1082
Phenylalanine	S1082
Aspartic acid	S1082
12:0	S1082
15:0	S1082
17:0	S1082
20:2 n-6 c,c	S1082
Tocopherol, delta	S1166, S502
Isoleucine	S1082
4:0	S1082
10:0	S1082
14:0	S1082
16:0	S1082
20:4 undifferentiated	S1082
Iron, Fe	S1082
Selenium, Se	S1082
Retinol	S1082

NDB No. 10861 Pork, cured, bacon, cooked, microwaved

Vitamin E (alpha-tocopherol)	S1166, S502
Glycine	S1082
14:1	S1082
15:1	S1082
Protein	S1082
Tryptophan	S1082
Threonine	S1082
8:0	S1082
18:1 undifferentiated	S1082
22:0	S1082
18:3 n-3 c,c,c (ALA)	S1082
Zinc, Zn	S1082
Riboflavin	S1082
Vitamin B-6	S1082
Dihydrophylloquinone	S1166
20:0	S1082
18:2 n-6 c,c	S1082
18:3 n-6 c,c,c	S1082
20:3 undifferentiated	S1082

NDB No. 10862 Pork, cured, bacon, cooked, pan-fried

Protein	S1082
Iron, Fe	S1082
Dihydrophylloquinone	S1166
Lysine	S1082
Phenylalanine	S1082
Alanine	S1082
Aspartic acid	S1082
Proline	S1082
Serine	S1082
10:0	S1082
Water	S1082
Potassium, K	S1082
Retinol	S1082
Tocopherol, gamma	S1166
Thiamin	S1082

NDB No. 10862 Pork, cured, bacon, cooked, pan-fried

Pantothenic acid	S1082
Folate, total	S1166
Threonine	S1082
Leucine	S1082
14:0	S1082
14:1	S1082
18:2 n-6 c,c	S1082
Phosphorus, P	S1082
Vitamin B-6	S1082
Valine	S1082
Arginine	S1082
Histidine	S1082
12:0	S1082
16:1 undifferentiated	S1082
Calcium, Ca	S1082
Zinc, Zn	S1082
Manganese, Mn	S1082
Selenium, Se	S1082
Niacin	S1082
Glutamic acid	S1082
16:0	S1082
22:0	S1082
20:1	S1082
17:1	S1082
Ash	S1082
Magnesium, Mg	S1082
Choline, total	S1082
Tryptophan	S1082
Glycine	S1082
Fatty acids, total trans	S1082
20:2 n-6 c,c	S1082
Vitamin E (alpha-tocopherol)	S1166
Vitamin B-12	S1082
Vitamin K (phylloquinone)	S1166
Betaine	S1082
Isoleucine	S1082
Methionine	S1082

NDB No. 10862 Pork, cured, bacon, cooked, pan-fried

8:0	S1082
18:1 undifferentiated	S1082
17:0	S1082
18:3 n-6 c,c,c	S1082
20:3 undifferentiated	S1082
Total lipid (fat)	S1082
Sodium, Na	S1082
Riboflavin	S1082
Tyrosine	S1082
20:0	S1082
20:4 undifferentiated	S1082
15:1	S1082
Copper, Cu	S1082
Tocopherol, beta	S1166
Tocopherol, delta	S1166
Cystine	S1082
Cholesterol	S1082
18:0	S1082
15:0	S1082
18:3 n-3 c,c,c (ALA)	S1082

NDB No. 10863 Pork, fresh, variety meats and by-products, stomach, cooked, simmered

Magnesium, Mg	S1581
Sodium, Na	S1581
Cholesterol	S1581
10:0	S1581
20:2 n-6 c,c	S1581
Zinc, Zn	S1581
Copper, Cu	S1581
Lycopene	S1581
8:0	S1581
14:1	S1581
Fatty acids, total monounsaturated	S1581
17:0	S1581
Ash	S1581
Riboflavin	S1581

NDB No. 10863 Pork, fresh, variety meats and by-products, stomach, cooked, simmered

18:1 undifferentiated	S1581
Fatty acids, total polyunsaturated	S1581
15:0	S1581
Protein	S1581
Manganese, Mn	S1581
Selenium, Se	S1581
Carotene, alpha	S1581
Tocopherol, beta	S1581
Thiamin	S1581
Vitamin K (phylloquinone)	S1581
14:0	S1581
18:0	S1581
18:2 undifferentiated	S1581
22:0	S1581
20:3 undifferentiated	S1581
Water	S1581
Iron, Fe	S1581
Phosphorus, P	S1581
Potassium, K	S1581
Retinol	S1581
Carotene, beta	S1581
Pantothenic acid	S1581
Vitamin B-6	S1581
Vitamin B-12	S1581
16:1 undifferentiated	S1581
15:1	S1581
Tocopherol, gamma	S1581
Fatty acids, total saturated	S1581
20:1	S1581
Calcium, Ca	S1581
Vitamin C, total ascorbic acid	S1581
Niacin	S1581
Fatty acids, total trans	S1581
16:0	S1581
20:4 undifferentiated	S1581
Total lipid (fat)	S1581
Vitamin E (alpha-tocopherol)	S1581

NDB No. 10863 Pork, fresh, variety meats and by-products, stomach, cooked, simmered

Cryptoxanthin, beta	S1581
Tocopherol, delta	S1581
Folate, total	S1581
12:0	S1581
20:0	S1581
18:3 n-6 c,c,c	S1581
18:3 n-3 c,c,c (ALA)	S1581

NDB No. 10864 Pork, bacon, rendered fat, cooked

Riboflavin	S1082
14:0	S1082
16:1 undifferentiated	S1082
Fatty acids, total monounsaturated	S1082
15:0	S1082
17:0	S1082
18:2 n-6 c,c	S1082
Protein	S1082
Total lipid (fat)	S1082
Ash	S1082
Water	S1082
Potassium, K	S1082
Sodium, Na	S1082
Manganese, Mn	S1082
Selenium, Se	S1082
Niacin	S1082
Cholesterol	S1082
16:0	S1082
18:1 undifferentiated	S1082
20:4 undifferentiated	S1082
18:3 n-6 c,c,c	S1082
Vitamin B-6	S1082
4:0	S1082
18:0	S1082
20:0	S1082
14:1	S1082
20:3 undifferentiated	S1082

NDB No. 10864 Pork, bacon, rendered fat, cooked

15:1	S1082
Zinc, Zn	S1082
Copper, Cu	S1082
10:0	S1082
12:0	S1082
18:2 undifferentiated	S1082
18:3 undifferentiated	S1082
20:1	S1082
18:3 n-3 c,c,c (ALA)	S1082
Iron, Fe	S1082
Retinol	S1082
Vitamin B-12	S1082
Betaine	S1082
Fatty acids, total polyunsaturated	S1082
Choline, total	S1082
Fatty acids, total saturated	S1082
8:0	S1082
22:0	S1082
20:2 n-6 c,c	S1082
Calcium, Ca	S1082
Magnesium, Mg	S1082
Phosphorus, P	S1082
Thiamin	S1082
Fatty acids, total trans	S1082
17:1	S1082
Pantothenic acid	S1082

NDB No. 10865 Pork, cured, ham -- water added, rump, bone-in, separable lean only, heated, roasted

Protein	S3301
Ash	S3301
Calcium, Ca	S3301
Selenium, Se	S3301
Retinol	S3301
Vitamin B-6	S3301
Vitamin K (phylloquinone)	S3301
Folate, food	S3301

NDB No. 10865 Pork, cured, ham -- water added, rump, bone-in, separable lean only, heated, roasted

Tryptophan	S3301
14:0	S3301
16:1 undifferentiated	S3301
18:3 n-3 c,c,c (ALA)	S3301
Potassium, K	S3301
Folate, total	S3301
Menaquinone-4	S3301
Glutamic acid	S3301
15:0	S3301
Magnesium, Mg	S3301
Manganese, Mn	S3301
Tocopherol, gamma	S3301
Riboflavin	S3301
Pantothenic acid	S3301
Vitamin B-12	S3301
Dihydrophylloquinone	S3301
Lysine	S3301
Glycine	S3301
18:0	S3301
22:0	S3301
18:1 c	S3301
20:3 undifferentiated	S3301
Folic acid	S3301
Betaine	S3301
Threonine	S3301
Cystine	S3301
Valine	S3301
14:1	S3301
18:2 t,t	S3301
18:2 CLAs	S3301
Fructose	S3301
Lactose	S3301
Water	S3301
Sodium, Na	S3301
Zinc, Zn	S3301
Isoleucine	S3301
Phenylalanine	S3301

NDB No. 10865 Pork, cured, ham -- water added, rump, bone-in, separable lean only, heated, roasted

Histidine	S3301
Proline	S3301
20:1	S3301
17:1	S3301
15:1	S3301
Vitamin E (alpha-tocopherol)	S3301
Tocopherol, beta	S3301
Arginine	S3301
Serine	S3301
Cholesterol	S3301
20:0	S3301
18:1 t	S3301
20:2 n-6 c,c	S3301
18:3 n-6 c,c,c	S3301
Sucrose	S3301
Maltose	S3301
Galactose	S3301
Iron, Fe	S3301
Phosphorus, P	S3301
Tocopherol, delta	S3301
Thiamin	S3301
Tyrosine	S3301
Alanine	S3301
Aspartic acid	S3301
10:0	S3301
12:0	S3301
16:0	S3301
20:4 undifferentiated	S3301
17:0	S3301
Total lipid (fat)	S3301
Glucose (dextrose)	S3301
Sugars, total	S3301
Copper, Cu	S3301
Niacin	S3301
Choline, total	S3301
Leucine	S3301
Methionine	S3301

NDB No. 10865 Pork, cured, ham -- water added, rump, bone-in, separable lean only, heated, roasted

8:0	S3301
18:2 n-6 c,c	S3301

NDB No. 10866 Pork, cured, ham -- water added, rump, bone-in, separable lean only, unheated

Magnesium, Mg	S3301
Selenium, Se	S3301
Riboflavin	S3301
Tryptophan	S3301
Isoleucine	S3301
Leucine	S3301
Alanine	S3301
Serine	S3301
Protein	S3301
Niacin	S3301
Arginine	S3301
Glutamic acid	S3301
Ash	S3301
Iron, Fe	S3301
Pantothenic acid	S3301
Tyrosine	S3301
Proline	S3301
Calcium, Ca	S3301
Phosphorus, P	S3301
Sodium, Na	S3301
Zinc, Zn	S3301
Vitamin B-6	S3301
Lysine	S3301
Cystine	S3301
Histidine	S3301
Threonine	S3301
Methionine	S3301
Aspartic acid	S3301
Cholesterol	S3301
Water	S3301
Potassium, K	S3301
Copper, Cu	S3301

NDB No. 10866 Pork, cured, ham -- water added, rump, bone-in, separable lean only, unheated

Vitamin B-12	S3301
Valine	S3301
Glycine	S3301
Thiamin	S3301
Phenylalanine	S3301
Total lipid (fat)	S3301
Manganese, Mn	S3301

NDB No. 10867 Pork, cured, ham -- water added, shank, bone-in, separable lean only, heated, roasted

Fructose	S3301
Potassium, K	S3301
Vitamin B-6	S3301
Serine	S3301
12:0	S3301
22:0	S3301
20:2 n-6 c,c	S3301
Iron, Fe	S3301
Phosphorus, P	S3301
Copper, Cu	S3301
Selenium, Se	S3301
Tocopherol, beta	S3301
Pantothenic acid	S3301
Choline, total	S3301
Vitamin K (phylloquinone)	S3301
Cystine	S3301
Phenylalanine	S3301
Tyrosine	S3301
10:0	S3301
14:0	S3301
16:0	S3301
15:0	S3301
18:2 t,t	S3301
18:2 n-6 c,c	S3301
20:3 undifferentiated	S3301
Galactose	S3301
Magnesium, Mg	S3301

NDB No. 10867 Pork, cured, ham -- water added, shank, bone-in, separable lean only, heated, roasted

Zinc, Zn	S3301
Vitamin E (alpha-tocopherol)	S3301
Menaquinone-4	S3301
Lysine	S3301
Methionine	S3301
Glycine	S3301
20:0	S3301
20:1	S3301
Total lipid (fat)	S3301
Water	S3301
Thiamin	S3301
Vitamin B-12	S3301
Betaine	S3301
Isoleucine	S3301
Glucose (dextrose)	S3301
Maltose	S3301
Arginine	S3301
Alanine	S3301
18:2 CLAs	S3301
18:3 n-6 c,c,c	S3301
Protein	S3301
Ash	S3301
Sucrose	S3301
Calcium, Ca	S3301
Sodium, Na	S3301
Tocopherol, gamma	S3301
Tocopherol, delta	S3301
Riboflavin	S3301
Folate, total	S3301
Valine	S3301
Glutamic acid	S3301
14:1	S3301
Sugars, total	S3301
Retinol	S3301
Niacin	S3301
Tryptophan	S3301
Proline	S3301

NDB No. 10867 Pork, cured, ham -- water added, shank, bone-in, separable lean only, heated, roasted

18:0	S3301
18:1 c	S3301
18:3 n-3 c,c,c (ALA)	S3301
Lactose	S3301
Manganese, Mn	S3301
Dihydrophylloquinone	S3301
Folic acid	S3301
Folate, food	S3301
Threonine	S3301
Leucine	S3301
Histidine	S3301
Aspartic acid	S3301
Cholesterol	S3301
8:0	S3301
20:4 undifferentiated	S3301
17:0	S3301
18:1 t	S3301
17:1	S3301
15:1	S3301

NDB No. 10868 Pork, cured, ham -- water added, slice, bone-in, separable lean only, heated, pan-broil

Fructose	S3301
Galactose	S3301
Pantothenic acid	S3301
Folate, total	S3301
Menaquinone-4	S3301
Tryptophan	S3301
Cystine	S3301
Proline	S3301
8:0	S3301
20:0	S3301
20:4 undifferentiated	S3301
22:0	S3301
15:1	S3301
Glucose (dextrose)	S3301
Iron, Fe	S3301

NDB No. 10868 Pork, cured, ham -- water added, slice, bone-in, separable lean only, heated, pan-broil

Potassium, K	S3301
Selenium, Se	S3301
Tocopherol, beta	S3301
Threonine	S3301
Tyrosine	S3301
Glutamic acid	S3301
Glycine	S3301
Serine	S3301
18:1 t	S3301
18:3 n-3 c,c,c (ALA)	S3301
Water	S3301
Phosphorus, P	S3301
Thiamin	S3301
Niacin	S3301
Isoleucine	S3301
Phenylalanine	S3301
Alanine	S3301
Cholesterol	S3301
Sugars, total	S3301
Magnesium, Mg	S3301
Riboflavin	S3301
Dihydrophylloquinone	S3301
Folate, food	S3301
Leucine	S3301
Methionine	S3301
20:1	S3301
18:1 c	S3301
17:1	S3301
Total lipid (fat)	S3301
Zinc, Zn	S3301
Vitamin K (phylloquinone)	S3301
14:1	S3301
16:1 undifferentiated	S3301
18:2 t,t	S3301
18:2 n-6 c,c	S3301
20:3 undifferentiated	S3301
Lactose	S3301

NDB No. 10868 Pork, cured, ham -- water added, slice, bone-in, separable lean only, heated, pan-broil

Maltose	S3301
Sodium, Na	S3301
Tocopherol, delta	S3301
Folic acid	S3301
Betaine	S3301
Lysine	S3301
Arginine	S3301
Histidine	S3301
16:0	S3301
15:0	S3301
17:0	S3301
Ash	S3301
Calcium, Ca	S3301
Manganese, Mn	S3301
Retinol	S3301
Vitamin E (alpha-tocopherol)	S3301
Tocopherol, gamma	S3301
Vitamin B-6	S3301
Vitamin B-12	S3301
Valine	S3301
Aspartic acid	S3301
10:0	S3301
12:0	S3301
14:0	S3301
18:0	S3301
20:2 n-6 c,c	S3301
18:3 n-6 c,c,c	S3301
Protein	S3301
Sucrose	S3301
Copper, Cu	S3301
Choline, total	S3301

NDB No. 10869 Pork, cured, ham and water product, slice, bone-in, separable lean only, heated, pan-broil

Fructose	S3301
Copper, Cu	S3301
Tocopherol, beta	S3301

NDB No. 10869 Pork, cured, ham and water product, slice, bone-in, separable lean only, heated, pan-broil

Thiamin	S3301
Choline, total	S3301
Folic acid	S3301
Lysine	S3301
Methionine	S3301
Phenylalanine	S3301
Serine	S3301
17:0	S3301
18:1 t	S3301
15:1	S3301
Niacin	S3301
Vitamin K (phylloquinone)	S3301
Folate, food	S3301
Cystine	S3301
Valine	S3301
Histidine	S3301
Aspartic acid	S3301
Glycine	S3301
16:0	S3301
16:1 undifferentiated	S3301
18:1 c	S3301
18:3 n-3 c,c,c (ALA)	S3301
Water	S3301
Selenium, Se	S3301
Tocopherol, gamma	S3301
Tocopherol, delta	S3301
Riboflavin	S3301
15:0	S3301
18:3 n-6 c,c,c	S3301
Ash	S3301
Glucose (dextrose)	S3301
Calcium, Ca	S3301
Tryptophan	S3301
Isoleucine	S3301
Glutamic acid	S3301
Cholesterol	S3301
14:0	S3301

NDB No. 10869 Pork, cured, ham and water product, slice, bone-in, separable lean only, heated, pan-broil

20:3 undifferentiated	S3301
Iron, Fe	S3301
Phosphorus, P	S3301
Retinol	S3301
Vitamin B-12	S3301
Menaquinone-4	S3301
Betaine	S3301
Arginine	S3301
18:0	S3301
20:0	S3301
17:1	S3301
Protein	S3301
Galactose	S3301
Magnesium, Mg	S3301
Zinc, Zn	S3301
Folate, total	S3301
Tyrosine	S3301
8:0	S3301
22:0	S3301
Total lipid (fat)	S3301
Maltose	S3301
Potassium, K	S3301
Sodium, Na	S3301
Manganese, Mn	S3301
Pantothenic acid	S3301
Vitamin B-6	S3301
Dihydrophylloquinone	S3301
Alanine	S3301
Proline	S3301
10:0	S3301
18:2 t,t	S3301
Sucrose	S3301
Lactose	S3301
Sugars, total	S3301
Vitamin E (alpha-tocopherol)	S3301
Threonine	S3301
Leucine	S3301

NDB No. 10869 Pork, cured, ham and water product, slice, bone-in, separable lean only, heated, pan-broil

12:0	S3301
20:4 undifferentiated	S3301
14:1	S3301
20:1	S3301
20:2 n-6 c,c	S3301
18:2 n-6 c,c	S3301

NDB No. 10870 Pork, cured, ham and water product, slice, boneless, separable lean only, heated, pan-broil

Water	S3301
Retinol	S3301
Tocopherol, gamma	S3301
Glutamic acid	S3301
14:0	S3301
20:1	S3301
20:3 undifferentiated	S3301
Total lipid (fat)	S3301
Maltose	S3301
Copper, Cu	S3301
Tocopherol, delta	S3301
Threonine	S3301
Histidine	S3301
Glycine	S3301
8:0	S3301
14:1	S3301
15:0	S3301
17:0	S3301
18:1 c	S3301
15:1	S3301
Niacin	S3301
Vitamin B-12	S3301
Phenylalanine	S3301
18:2 t,t	S3301
20:2 n-6 c,c	S3301
Iron, Fe	S3301
Tocopherol, beta	S3301
Leucine	S3301

NDB No. 10870 Pork, cured, ham and water product, slice, boneless, separable lean only, heated, pan-broil

Lysine	S3301
Methionine	S3301
Cholesterol	S3301
10:0	S3301
20:4 undifferentiated	S3301
18:3 n-3 c,c,c (ALA)	S3301
Lactose	S3301
Calcium, Ca	S3301
Potassium, K	S3301
Thiamin	S3301
Pantothenic acid	S3301
Dihydrophylloquinone	S3301
Isoleucine	S3301
Arginine	S3301
Alanine	S3301
Proline	S3301
18:0	S3301
18:1 t	S3301
Protein	S3301
Ash	S3301
Sucrose	S3301
Phosphorus, P	S3301
Sodium, Na	S3301
Manganese, Mn	S3301
Vitamin E (alpha-tocopherol)	S3301
Menaquinone-4	S3301
Vitamin K (phylloquinone)	S3301
Betaine	S3301
12:0	S3301
18:2 n-6 c,c	S3301
18:3 n-6 c,c,c	S3301
Glucose (dextrose)	S3301
Fructose	S3301
Galactose	S3301
Choline, total	S3301
Folic acid	S3301
Cystine	S3301

NDB No. 10870 Pork, cured, ham and water product, slice, boneless, separable lean only, heated, pan-broil

Serine	S3301
17:1	S3301
Sugars, total	S3301
Magnesium, Mg	S3301
Zinc, Zn	S3301
Selenium, Se	S3301
Riboflavin	S3301
Vitamin B-6	S3301
Folate, total	S3301
Folate, food	S3301
Tryptophan	S3301
Tyrosine	S3301
Valine	S3301
Aspartic acid	S3301
16:0	S3301
20:0	S3301
22:0	S3301
16:1 undifferentiated	S3301

NDB No. 10871 Pork, cured, ham and water product, whole, boneless, separable lean only, heated, roasted

Protein	S3301
Ash	S3301
Tocopherol, beta	S3301
Riboflavin	S3301
Vitamin K (phylloquinone)	S3301
Folate, food	S3301
Lysine	S3301
Arginine	S3301
18:0	S3301
Sodium, Na	S3301
Manganese, Mn	S3301
Vitamin B-6	S3301
Folate, total	S3301
Cystine	S3301
18:2 t,t	S3301
20:3 undifferentiated	S3301

NDB No. 10871 Pork, cured, ham and water product, whole, boneless, separable lean only, heated, roasted

Magnesium, Mg	S3301
Threonine	S3301
Isoleucine	S3301
Glycine	S3301
20:4 undifferentiated	S3301
18:2 n-6 c,c	S3301
18:3 n-6 c,c,c	S3301
15:1	S3301
Water	S3301
Selenium, Se	S3301
Niacin	S3301
Vitamin B-12	S3301
Choline, total	S3301
Dihydrophylloquinone	S3301
Tryptophan	S3301
Tyrosine	S3301
20:0	S3301
16:1 undifferentiated	S3301
20:1	S3301
17:1	S3301
Galactose	S3301
Calcium, Ca	S3301
Phosphorus, P	S3301
Tocopherol, gamma	S3301
Folic acid	S3301
Phenylalanine	S3301
Proline	S3301
22:0	S3301
20:2 n-6 c,c	S3301
18:3 n-3 c,c,c (ALA)	S3301
Glucose (dextrose)	S3301
Potassium, K	S3301
Retinol	S3301
Methionine	S3301
Histidine	S3301
8:0	S3301
16:0	S3301

NDB No. 10871 Pork, cured, ham and water product, whole, boneless, separable lean only, heated, roasted

Sucrose	S3301
Lactose	S3301
Sugars, total	S3301
Iron, Fe	S3301
Zinc, Zn	S3301
Leucine	S3301
Alanine	S3301
Aspartic acid	S3301
Glutamic acid	S3301
10:0	S3301
12:0	S3301
14:0	S3301
14:1	S3301
15:0	S3301
Total lipid (fat)	S3301
Fructose	S3301
Maltose	S3301
Copper, Cu	S3301
Vitamin E (alpha-tocopherol)	S3301
Tocopherol, delta	S3301
Thiamin	S3301
Pantothenic acid	S3301
Menaquinone-4	S3301
Betaine	S3301
Valine	S3301
Serine	S3301
Cholesterol	S3301
17:0	S3301
18:1 t	S3301
18:1 c	S3301

NDB No. 10872 Pork, cured, ham and water product, whole, boneless, separable lean only, unheated

Lactose	S3301
Water	S3301
Galactose	S3301
Dihydrophylloquinone	S3301

NDB No. 10872 Pork, cured, ham and water product, whole, boneless, separable lean only, unheated

Folate, food	S3301
Isoleucine	S3301
Leucine	S3301
Cystine	S3301
Histidine	S3301
16:0	S3301
Glucose (dextrose)	S3301
Maltose	S3301
Calcium, Ca	S3301
Pantothenic acid	S3301
20:4 undifferentiated	S3301
17:0	S3301
18:3 n-6 c,c,c	S3301
15:1	S3301
Sodium, Na	S3301
Retinol	S3301
Thiamin	S3301
Niacin	S3301
Vitamin K (phylloquinone)	S3301
Betaine	S3301
Lysine	S3301
Methionine	S3301
Alanine	S3301
Cholesterol	S3301
8:0	S3301
20:1	S3301
20:3 undifferentiated	S3301
Total lipid (fat)	S3301
Ash	S3301
Fructose	S3301
Sugars, total	S3301
Iron, Fe	S3301
Magnesium, Mg	S3301
Copper, Cu	S3301
Tocopherol, beta	S3301
Menaquinone-4	S3301
Folic acid	S3301

NDB No. 10872 Pork, cured, ham and water product, whole, boneless, separable lean only, unheated

Tryptophan	S3301
Arginine	S3301
Glycine	S3301
20:2 n-6 c,c	S3301
Phosphorus, P	S3301
Potassium, K	S3301
Vitamin E (alpha-tocopherol)	S3301
Tocopherol, gamma	S3301
Vitamin B-6	S3301
Folate, total	S3301
Phenylalanine	S3301
Tyrosine	S3301
14:1	S3301
Choline, total	S3301
Glutamic acid	S3301
14:0	S3301
20:0	S3301
16:1 undifferentiated	S3301
15:0	S3301
Protein	S3301
Sucrose	S3301
Zinc, Zn	S3301
Tocopherol, delta	S3301
Vitamin B-12	S3301
Valine	S3301
10:0	S3301
18:0	S3301
18:1 c	S3301
18:2 n-6 c,c	S3301
17:1	S3301
18:3 n-3 c,c,c (ALA)	S3301
Manganese, Mn	S3301
Selenium, Se	S3301
Riboflavin	S3301
Threonine	S3301
Aspartic acid	S3301
Proline	S3301

NDB No. 10872 Pork, cured, ham and water product, whole, boneless, separable lean only, unheated

Serine	S3301
12:0	S3301
22:0	S3301
18:1 t	S3301
18:2 t,t	S3301

NDB No. 10873 Pork, cured, ham with natural juices, rump, bone-in, separable lean only, heated, roasted

Galactose	S3301
Calcium, Ca	S3301
Menaquinone-4	S3301
Glycine	S3301
Proline	S3301
18:1 c	S3301
20:3 undifferentiated	S3301
Total lipid (fat)	S3301
Sucrose	S3301
Maltose	S3301
Copper, Cu	S3301
Tocopherol, gamma	S3301
Riboflavin	S3301
Choline, total	S3301
Betaine	S3301
Cystine	S3301
Phenylalanine	S3301
Arginine	S3301
Glutamic acid	S3301
10:0	S3301
12:0	S3301
14:0	S3301
16:1 undifferentiated	S3301
20:2 n-6 c,c	S3301
17:1	S3301
Fructose	S3301
Phosphorus, P	S3301
Zinc, Zn	S3301
Folate, total	S3301

NDB No. 10873 Pork, cured, ham with natural juices, rump, bone-in, separable lean only, heated, roasted

Dihydrophylloquinone	S3301
Histidine	S3301
18:1 t	S3301
18:2 n-6 c,c	S3301
Glucose (dextrose)	S3301
Iron, Fe	S3301
Retinol	S3301
Pantothenic acid	S3301
Vitamin B-12	S3301
Tryptophan	S3301
Leucine	S3301
Lysine	S3301
Serine	S3301
Cholesterol	S3301
16:0	S3301
18:0	S3301
15:0	S3301
18:2 t,t	S3301
18:3 n-6 c,c,c	S3301
Lactose	S3301
Vitamin K (phylloquinone)	S3301
Folic acid	S3301
Tyrosine	S3301
8:0	S3301
22:0	S3301
Magnesium, Mg	S3301
Sodium, Na	S3301
Vitamin E (alpha-tocopherol)	S3301
Niacin	S3301
Vitamin B-6	S3301
Threonine	S3301
Isoleucine	S3301
Valine	S3301
Aspartic acid	S3301
20:1	S3301
17:0	S3301
18:3 n-3 c,c,c (ALA)	S3301

NDB No. 10873 Pork, cured, ham with natural juices, rump, bone-in, separable lean only, heated, roasted

Protein	S3301
Potassium, K	S3301
Tocopherol, beta	S3301
Tocopherol, delta	S3301
Thiamin	S3301
Folate, food	S3301
20:4 undifferentiated	S3301
15:1	S3301
Ash	S3301
Water	S3301
Sugars, total	S3301
Manganese, Mn	S3301
Selenium, Se	S3301
Methionine	S3301
Alanine	S3301
20:0	S3301
14:1	S3301
18:2 CLAs	S3301

NDB No. 10874 Pork, cured, ham with natural juices, shank, bone-in, separable lean only, heated, roasted

Phosphorus, P	S3301
Tocopherol, beta	S3301
Cystine	S3301
Tyrosine	S3301
Arginine	S3301
Serine	S3301
12:0	S3301
20:2 n-6 c,c	S3301
17:1	S3301
Total lipid (fat)	S3301
Glucose (dextrose)	S3301
Fructose	S3301
Maltose	S3301
Calcium, Ca	S3301
Magnesium, Mg	S3301
Tocopherol, delta	S3301

NDB No. 10874 Pork, cured, ham with natural juices, shank, bone-in, separable lean only, heated, roasted

Vitamin K (phylloquinone)	S3301
20:4 undifferentiated	S3301
20:1	S3301
18:1 c	S3301
15:1	S3301
Water	S3301
Iron, Fe	S3301
Sodium, Na	S3301
Pantothenic acid	S3301
Betaine	S3301
Tryptophan	S3301
Glycine	S3301
Proline	S3301
16:1 undifferentiated	S3301
17:0	S3301
18:3 n-6 c,c,c	S3301
Vitamin E (alpha-tocopherol)	S3301
Vitamin B-12	S3301
Choline, total	S3301
Menaquinone-4	S3301
Leucine	S3301
Alanine	S3301
10:0	S3301
16:0	S3301
20:0	S3301
Galactose	S3301
Zinc, Zn	S3301
Thiamin	S3301
Vitamin B-6	S3301
Dihydrophylloquinone	S3301
18:2 t,t	S3301
18:2 n-6 c,c	S3301
20:3 undifferentiated	S3301
Sucrose	S3301
Lactose	S3301
Sugars, total	S3301
Copper, Cu	S3301

NDB No. 10874 Pork, cured, ham with natural juices, shank, bone-in, separable lean only, heated, roasted

Manganese, Mn	S3301
Retinol	S3301
Threonine	S3301
Isoleucine	S3301
Methionine	S3301
Histidine	S3301
Glutamic acid	S3301
22:0	S3301
14:1	S3301
15:0	S3301
Protein	S3301
Ash	S3301
Selenium, Se	S3301
Tocopherol, gamma	S3301
Niacin	S3301
Folate, total	S3301
Folate, food	S3301
Phenylalanine	S3301
Valine	S3301
Aspartic acid	S3301
Cholesterol	S3301
8:0	S3301
14:0	S3301
18:3 n-3 c,c,c (ALA)	S3301
Potassium, K	S3301
Riboflavin	S3301
Folic acid	S3301
Lysine	S3301
18:0	S3301
18:1 t	S3301
18:2 CLAs	S3301

NDB No. 10875 Pork, cured, ham with natural juices, slice, bone-in, separable lean only, heated, pan-broil

Sucrose	S3301
Lactose	S3301
Tocopherol, gamma	S3301

NDB No. 10875 Pork, cured, ham with natural juices, slice, bone-in, separable lean only, heated, pan-broil

Thiamin	S3301
Menaquinone-4	S3301
Vitamin K (phylloquinone)	S3301
Tyrosine	S3301
Cholesterol	S3301
17:0	S3301
18:2 n-6 c,c	S3301
Protein	S3301
Glucose (dextrose)	S3301
Maltose	S3301
Galactose	S3301
Magnesium, Mg	S3301
Sodium, Na	S3301
Manganese, Mn	S3301
Vitamin E (alpha-tocopherol)	S3301
Vitamin B-12	S3301
Tryptophan	S3301
Isoleucine	S3301
Lysine	S3301
Phenylalanine	S3301
Serine	S3301
20:4 undifferentiated	S3301
17:1	S3301
Total lipid (fat)	S3301
Fructose	S3301
Selenium, Se	S3301
Retinol	S3301
Tocopherol, delta	S3301
Folic acid	S3301
Valine	S3301
10:0	S3301
14:0	S3301
20:2 n-6 c,c	S3301
Calcium, Ca	S3301
Iron, Fe	S3301
Phosphorus, P	S3301
Vitamin B-6	S3301

NDB No. 10875 Pork, cured, ham with natural juices, slice, bone-in, separable lean only, heated, pan-broil

Dihydrophylloquinone	S3301
Folate, food	S3301
Arginine	S3301
Aspartic acid	S3301
Glycine	S3301
8:0	S3301
18:3 n-6 c,c,c	S3301
Ash	S3301
Tocopherol, beta	S3301
Riboflavin	S3301
Folate, total	S3301
16:0	S3301
18:1 t	S3301
20:3 undifferentiated	S3301
Water	S3301
Sugars, total	S3301
Histidine	S3301
Alanine	S3301
Proline	S3301
18:0	S3301
22:0	S3301
15:0	S3301
15:1	S3301
Choline, total	S3301
Betaine	S3301
Threonine	S3301
Leucine	S3301
Methionine	S3301
12:0	S3301
14:1	S3301
18:2 t,t	S3301
18:1 c	S3301
18:3 n-3 c,c,c (ALA)	S3301
Potassium, K	S3301
Zinc, Zn	S3301
Copper, Cu	S3301
Niacin	S3301

NDB No. 10875 Pork, cured, ham with natural juices, slice, bone-in, separable lean only, heated, pan-broil

Pantothenic acid	S3301
Cystine	S3301
Glutamic acid	S3301
20:0	S3301
16:1 undifferentiated	S3301
20:1	S3301

NDB No. 10876 Pork, cured, ham with natural juices, spiral slice, meat only, boneless, separable lean only, heated, roasted

Potassium, K	S3301
Folic acid	S3301
Tyrosine	S3301
Serine	S3301
20:1	S3301
20:2 n-6 c,c	S3301
Ash	S3301
Calcium, Ca	S3301
Iron, Fe	S3301
Copper, Cu	S3301
Retinol	S3301
Tocopherol, beta	S3301
Niacin	S3301
Tryptophan	S3301
Threonine	S3301
Methionine	S3301
Histidine	S3301
22:0	S3301
Total lipid (fat)	S3301
Maltose	S3301
Vitamin E (alpha-tocopherol)	S3301
Dihydrophylloquinone	S3301
Betaine	S3301
Phenylalanine	S3301
Arginine	S3301
16:0	S3301
18:0	S3301
14:1	S3301

NDB No. 10876 Pork, cured, ham with natural juices, spiral slice, meat only, boneless, separable lean only, heated, roasted

16:1 undifferentiated	S3301
17:0	S3301
18:2 t,t	S3301
20:3 undifferentiated	S3301
15:1	S3301
Fructose	S3301
Tocopherol, gamma	S3301
Leucine	S3301
20:0	S3301
Lactose	S3301
Sodium, Na	S3301
Manganese, Mn	S3301
Pantothenic acid	S3301
Alanine	S3301
Glutamic acid	S3301
Glycine	S3301
Proline	S3301
8:0	S3301
20:4 undifferentiated	S3301
Sugars, total	S3301
Galactose	S3301
Phosphorus, P	S3301
Tocopherol, delta	S3301
Riboflavin	S3301
Isoleucine	S3301
Aspartic acid	S3301
15:0	S3301
18:3 n-6 c,c,c	S3301
Glucose (dextrose)	S3301
Magnesium, Mg	S3301
Thiamin	S3301
Vitamin B-6	S3301
Folate, total	S3301
Vitamin B-12	S3301
Vitamin K (phylloquinone)	S3301
Lysine	S3301
Cystine	S3301

NDB No. 10876 Pork, cured, ham with natural juices, spiral slice, meat only, boneless, separable lean only, heated, roasted

12:0	S3301
14:0	S3301
18:2 n-6 c,c	S3301
17:1	S3301
18:3 n-3 c,c,c (ALA)	S3301
Protein	S3301
Sucrose	S3301
Water	S3301
Zinc, Zn	S3301
Selenium, Se	S3301
Choline, total	S3301
Menaquinone-4	S3301
Folate, food	S3301
Valine	S3301
Cholesterol	S3301
10:0	S3301
18:1 t	S3301
18:1 c	S3301

NDB No. 10877 Pork, cured, ham and water product, rump, bone-in, separable lean only, heated, roasted

Histidine	S3301
Alanine	S3301
18:2 n-6 c,c	S3301
18:3 n-6 c,c,c	S3301
Total lipid (fat)	S3301
Fructose	S3301
Calcium, Ca	S3301
Iron, Fe	S3301
Magnesium, Mg	S3301
Folate, total	S3301
Lysine	S3301
Valine	S3301
Glycine	S3301
16:0	S3301
20:4 undifferentiated	S3301
14:1	S3301

NDB No. 10877 Pork, cured, ham and water product, rump, bone-in, separable lean only, heated, roasted

Sugars, total	S3301
Selenium, Se	S3301
Thiamin	S3301
Vitamin B-6	S3301
Vitamin B-12	S3301
Menaquinone-4	S3301
18:1 t	S3301
18:1 c	S3301
17:1	S3301
20:3 undifferentiated	S3301
15:1	S3301
Lactose	S3301
Galactose	S3301
Potassium, K	S3301
Tocopherol, beta	S3301
Riboflavin	S3301
Choline, total	S3301
Vitamin K (phylloquinone)	S3301
Methionine	S3301
Phenylalanine	S3301
8:0	S3301
12:0	S3301
Glucose (dextrose)	S3301
Phosphorus, P	S3301
Sodium, Na	S3301
Manganese, Mn	S3301
Folic acid	S3301
Betaine	S3301
Leucine	S3301
22:0	S3301
15:0	S3301
17:0	S3301
18:2 CLAs	S3301
Ash	S3301
Maltose	S3301
Water	S3301
Copper, Cu	S3301

NDB No. 10877 Pork, cured, ham and water product, rump, bone-in, separable lean only, heated, roasted

Tocopherol, gamma	S3301
Dihydrophylloquinone	S3301
Aspartic acid	S3301
Glutamic acid	S3301
Serine	S3301
Sucrose	S3301
Tocopherol, delta	S3301
Niacin	S3301
Pantothenic acid	S3301
Folate, food	S3301
Tryptophan	S3301
Threonine	S3301
Isoleucine	S3301
Cystine	S3301
Proline	S3301
Cholesterol	S3301
14:0	S3301
20:2 n-6 c,c	S3301
18:3 n-3 c,c,c (ALA)	S3301
Protein	S3301
Zinc, Zn	S3301
Retinol	S3301
Vitamin E (alpha-tocopherol)	S3301
Tyrosine	S3301
Arginine	S3301
10:0	S3301
18:0	S3301
20:0	S3301
16:1 undifferentiated	S3301
20:1	S3301
18:2 t,t	S3301

NDB No. 10878 Pork, cured, ham -- water added, slice, boneless, separable lean only, heated, pan-broil

Protein	S3301
Ash	S3301
Vitamin B-6	S3301

NDB No. 10878 Pork, cured, ham -- water added, slice, boneless, separable lean only, heated, pan-broil

Dihydrophylloquinone	S3301
Phenylalanine	S3301
10:0	S3301
20:0	S3301
22:0	S3301
20:3 undifferentiated	S3301
Lactose	S3301
Maltose	S3301
Water	S3301
Potassium, K	S3301
Tocopherol, beta	S3301
Riboflavin	S3301
Choline, total	S3301
Betaine	S3301
Lysine	S3301
Glutamic acid	S3301
Proline	S3301
12:0	S3301
14:0	S3301
15:0	S3301
20:2 n-6 c,c	S3301
18:2 n-6 c,c	S3301
Magnesium, Mg	S3301
Tocopherol, gamma	S3301
Menaquinone-4	S3301
Tyrosine	S3301
16:0	S3301
20:4 undifferentiated	S3301
17:0	S3301
Glucose (dextrose)	S3301
Sugars, total	S3301
Vitamin E (alpha-tocopherol)	S3301
Tryptophan	S3301
Glycine	S3301
18:2 t,t	S3301
18:3 n-6 c,c,c	S3301
Total lipid (fat)	S3301

NDB No. 10878 Pork, cured, ham -- water added, slice, boneless, separable lean only, heated, pan-broil

Sucrose	S3301
Fructose	S3301
Phosphorus, P	S3301
Sodium, Na	S3301
Manganese, Mn	S3301
Folate, total	S3301
Vitamin K (phylloquinone)	S3301
Folic acid	S3301
Leucine	S3301
Valine	S3301
Alanine	S3301
Aspartic acid	S3301
Serine	S3301
Cholesterol	S3301
20:1	S3301
18:1 c	S3301
Calcium, Ca	S3301
Iron, Fe	S3301
Retinol	S3301
Tocopherol, delta	S3301
Cystine	S3301
18:0	S3301
16:1 undifferentiated	S3301
18:1 t	S3301
15:1	S3301
Copper, Cu	S3301
Selenium, Se	S3301
Niacin	S3301
Vitamin B-12	S3301
Folate, food	S3301
Threonine	S3301
Isoleucine	S3301
Methionine	S3301
18:3 n-3 c,c,c (ALA)	S3301
Galactose	S3301
Zinc, Zn	S3301
Thiamin	S3301

NDB No. 10878 Pork, cured, ham -- water added, slice, boneless, separable lean only, heated, pan-broil

Pantothenic acid	S3301
Arginine	S3301
Histidine	S3301
8:0	S3301
14:1	S3301
17:1	S3301

NDB No. 10879 Pork, cured, ham -- water added, whole, boneless, separable lean only, heated, roasted

Tocopherol, gamma	S3301
Riboflavin	S3301
Pantothenic acid	S3301
Folate, total	S3301
Choline, total	S3301
10:0	S3301
12:0	S3301
14:0	S3301
18:0	S3301
14:1	S3301
16:1 undifferentiated	S3301
20:1	S3301
18:2 n-6 c,c	S3301
18:3 n-6 c,c,c	S3301
20:3 undifferentiated	S3301
Magnesium, Mg	S3301
Phosphorus, P	S3301
Sodium, Na	S3301
Vitamin B-6	S3301
Folic acid	S3301
Folate, food	S3301
Lysine	S3301
Proline	S3301
Serine	S3301
20:0	S3301
22:0	S3301
18:3 n-3 c,c,c (ALA)	S3301
Protein	S3301

NDB No. 10879 Pork, cured, ham -- water added, whole, boneless, separable lean only, heated, roasted

Lactose	S3301
Galactose	S3301
Copper, Cu	S3301
Manganese, Mn	S3301
Methionine	S3301
Cholesterol	S3301
Maltose	S3301
Sugars, total	S3301
Selenium, Se	S3301
Vitamin B-12	S3301
Cystine	S3301
Arginine	S3301
Histidine	S3301
Aspartic acid	S3301
16:0	S3301
20:4 undifferentiated	S3301
17:0	S3301
18:1 c	S3301
Total lipid (fat)	S3301
Ash	S3301
Fructose	S3301
Zinc, Zn	S3301
Tocopherol, beta	S3301
Vitamin K (phylloquinone)	S3301
Threonine	S3301
Leucine	S3301
18:2 t,t	S3301
17:1	S3301
Sucrose	S3301
Glucose (dextrose)	S3301
Water	S3301
Calcium, Ca	S3301
Iron, Fe	S3301
Retinol	S3301
Niacin	S3301
Menaquinone-4	S3301
Betaine	S3301

NDB No. 10879 Pork, cured, ham -- water added, whole, boneless, separable lean only, heated, roasted

Phenylalanine	S3301
Glutamic acid	S3301
Glycine	S3301
15:0	S3301
15:1	S3301
Thiamin	S3301
Dihydrophylloquinone	S3301
Isoleucine	S3301
Alanine	S3301
Potassium, K	S3301
Vitamin E (alpha-tocopherol)	S3301
Tocopherol, delta	S3301
Tryptophan	S3301
Tyrosine	S3301
Valine	S3301
8:0	S3301
18:1 t	S3301
20:2 n-6 c,c	S3301

NDB No. 10880 Pork, cured, ham -- water added, whole, boneless, separable lean only, unheated

Ash	S3301
Calcium, Ca	S3301
Sodium, Na	S3301
Copper, Cu	S3301
Dihydrophylloquinone	S3301
Threonine	S3301
Alanine	S3301
14:0	S3301
17:0	S3301
Tocopherol, beta	S3301
Pantothenic acid	S3301
Vitamin B-6	S3301
Tryptophan	S3301
16:0	S3301
18:1 t	S3301
18:3 n-3 c,c,c (ALA)	S3301

NDB No. 10880 Pork, cured, ham -- water added, whole, boneless, separable lean only, unheated

Protein	S3301
Total lipid (fat)	S3301
Fructose	S3301
Lactose	S3301
Magnesium, Mg	S3301
Potassium, K	S3301
Selenium, Se	S3301
Niacin	S3301
Choline, total	S3301
Lysine	S3301
Valine	S3301
Glycine	S3301
Proline	S3301
10:0	S3301
20:4 undifferentiated	S3301
14:1	S3301
18:2 n-6 c,c	S3301
Glucose (dextrose)	S3301
Galactose	S3301
Retinol	S3301
Tocopherol, gamma	S3301
Riboflavin	S3301
Folate, food	S3301
Cystine	S3301
Phenylalanine	S3301
18:0	S3301
Sugars, total	S3301
Iron, Fe	S3301
Zinc, Zn	S3301
Vitamin B-12	S3301
Menaquinone-4	S3301
Methionine	S3301
Serine	S3301
12:0	S3301
18:1 c	S3301
15:1	S3301
Maltose	S3301

NDB No. 10880 Pork, cured, ham -- water added, whole, boneless, separable lean only, unheated

Water	S3301
Manganese, Mn	S3301
Tocopherol, delta	S3301
Thiamin	S3301
Betaine	S3301
Tyrosine	S3301
Arginine	S3301
Glutamic acid	S3301
Cholesterol	S3301
20:0	S3301
15:0	S3301
20:2 n-6 c,c	S3301
18:3 n-6 c,c,c	S3301
17:1	S3301
Vitamin E (alpha-tocopherol)	S3301
Folate, total	S3301
Vitamin K (phylloquinone)	S3301
Isoleucine	S3301
Leucine	S3301
8:0	S3301
16:1 undifferentiated	S3301
20:1	S3301
18:2 t,t	S3301
Sucrose	S3301
Phosphorus, P	S3301
Folic acid	S3301
Histidine	S3301
Aspartic acid	S3301
22:0	S3301
20:3 undifferentiated	S3301

NDB No. 10881 Pork, cured, ham and water product, shank, bone-in, separable lean only, heated, roasted

Protein	S3301
Sucrose	S3301
Zinc, Zn	S3301
Tocopherol, gamma	S3301

NDB No. 10881 Pork, cured, ham and water product, shank, bone-in, separable lean only, heated, roasted

Dihydrophylloquinone	S3301
Betaine	S3301
Tryptophan	S3301
Phenylalanine	S3301
Glycine	S3301
22:0	S3301
20:2 n-6 c,c	S3301
Ash	S3301
Copper, Cu	S3301
Vitamin E (alpha-tocopherol)	S3301
Vitamin B-6	S3301
Cystine	S3301
Histidine	S3301
18:0	S3301
18:2 n-6 c,c	S3301
18:3 n-6 c,c,c	S3301
Galactose	S3301
Phosphorus, P	S3301
Selenium, Se	S3301
Riboflavin	S3301
Folate, total	S3301
Vitamin K (phylloquinone)	S3301
Threonine	S3301
Arginine	S3301
Cholesterol	S3301
14:0	S3301
16:0	S3301
20:4 undifferentiated	S3301
Glucose (dextrose)	S3301
Water	S3301
Tocopherol, delta	S3301
Niacin	S3301
Leucine	S3301
Proline	S3301
16:1 undifferentiated	S3301
Total lipid (fat)	S3301
Iron, Fe	S3301

NDB No. 10881 Pork, cured, ham and water product, shank, bone-in, separable lean only, heated, roasted

Potassium, K	S3301
Thiamin	S3301
Pantothenic acid	S3301
Vitamin B-12	S3301
Isoleucine	S3301
Methionine	S3301
14:1	S3301
17:0	S3301
18:1 c	S3301
17:1	S3301
20:3 undifferentiated	S3301
Calcium, Ca	S3301
Manganese, Mn	S3301
Menaquinone-4	S3301
Valine	S3301
20:0	S3301
15:0	S3301
18:2 t,t	S3301
Lactose	S3301
Magnesium, Mg	S3301
Retinol	S3301
Folate, food	S3301
Lysine	S3301
Tyrosine	S3301
Glutamic acid	S3301
Serine	S3301
8:0	S3301
10:0	S3301
18:1 t	S3301
15:1	S3301
18:3 n-3 c,c,c (ALA)	S3301
Fructose	S3301
Maltose	S3301
Sugars, total	S3301
Sodium, Na	S3301
Tocopherol, beta	S3301
Choline, total	S3301

NDB No. 10881 Pork, cured, ham and water product, shank, bone-in, separable lean only, heated, roasted

Folic acid	S3301
Alanine	S3301
Aspartic acid	S3301
12:0	S3301
20:1	S3301
18:2 CLAs	S3301

NDB No. 10882 Pork, cured, ham with natural juices, slice, boneless, separable lean only, heated, pan-broil

Magnesium, Mg	S3301
Sodium, Na	S3301
Zinc, Zn	S3301
Thiamin	S3301
Tryptophan	S3301
Glutamic acid	S3301
14:1	S3301
18:2 t,t	S3301
Total lipid (fat)	S3301
Potassium, K	S3301
Retinol	S3301
Folate, food	S3301
Betaine	S3301
Phenylalanine	S3301
Tyrosine	S3301
17:0	S3301
Calcium, Ca	S3301
Manganese, Mn	S3301
Selenium, Se	S3301
Tocopherol, gamma	S3301
Riboflavin	S3301
Pantothenic acid	S3301
Folate, total	S3301
Vitamin B-12	S3301
Threonine	S3301
Methionine	S3301
Valine	S3301
Arginine	S3301

NDB No. 10882 Pork, cured, ham with natural juices, slice, boneless, separable lean only, heated, pan-broil

12:0	S3301
20:1	S3301
Lactose	S3301
Phosphorus, P	S3301
Copper, Cu	S3301
Tocopherol, beta	S3301
Tocopherol, delta	S3301
Leucine	S3301
Lysine	S3301
Histidine	S3301
20:0	S3301
Protein	S3301
Ash	S3301
Glucose (dextrose)	S3301
Sugars, total	S3301
Niacin	S3301
Choline, total	S3301
Vitamin K (phylloquinone)	S3301
Cystine	S3301
10:0	S3301
Water	S3301
Galactose	S3301
Vitamin B-6	S3301
Menaquinone-4	S3301
Folic acid	S3301
Isoleucine	S3301
Glycine	S3301
Proline	S3301
22:0	S3301
15:0	S3301
18:1 t	S3301
18:2 n-6 c,c	S3301
18:3 n-6 c,c,c	S3301
18:3 n-3 c,c,c (ALA)	S3301
Alanine	S3301
Cholesterol	S3301
8:0	S3301

NDB No. 10882 Pork, cured, ham with natural juices, slice, boneless, separable lean only, heated, pan-broil

14:0	S3301
16:0	S3301
20:4 undifferentiated	S3301
16:1 undifferentiated	S3301
Sucrose	S3301
Fructose	S3301
Maltose	S3301
Iron, Fe	S3301
Vitamin E (alpha-tocopherol)	S3301
Dihydrophylloquinone	S3301
Aspartic acid	S3301
Serine	S3301
18:0	S3301
20:2 n-6 c,c	S3301
18:1 c	S3301
17:1	S3301
20:3 undifferentiated	S3301
15:1	S3301

NDB No. 10883 Pork, cured, ham with natural juices, whole, boneless, separable lean only, heated, roasted

Calcium, Ca	S3301
Iron, Fe	S3301
Magnesium, Mg	S3301
Folate, total	S3301
Leucine	S3301
Lysine	S3301
Alanine	S3301
18:0	S3301
17:0	S3301
20:3 undifferentiated	S3301
Tocopherol, beta	S3301
Threonine	S3301
Isoleucine	S3301
Tyrosine	S3301
Valine	S3301
16:1 undifferentiated	S3301

NDB No. 10883 Pork, cured, ham with natural juices, whole, boneless, separable lean only, heated, roasted

Fructose	S3301
Vitamin E (alpha-tocopherol)	S3301
Tocopherol, delta	S3301
Riboflavin	S3301
Vitamin B-12	S3301
Dihydrophylloquinone	S3301
Tryptophan	S3301
Serine	S3301
14:0	S3301
16:0	S3301
15:0	S3301
18:2 n-6 c,c	S3301
Sucrose	S3301
Glucose (dextrose)	S3301
Sugars, total	S3301
Manganese, Mn	S3301
Methionine	S3301
Arginine	S3301
Glycine	S3301
22:0	S3301
18:1 t	S3301
Total lipid (fat)	S3301
Phosphorus, P	S3301
Tocopherol, gamma	S3301
Niacin	S3301
Menaquinone-4	S3301
Folic acid	S3301
Cystine	S3301
Phenylalanine	S3301
Histidine	S3301
Glutamic acid	S3301
8:0	S3301
12:0	S3301
14:1	S3301
Protein	S3301
Ash	S3301
Maltose	S3301

NDB No. 10883 Pork, cured, ham with natural juices, whole, boneless, separable lean only, heated, roasted

Sodium, Na	S3301
Zinc, Zn	S3301
Thiamin	S3301
Vitamin K (phylloquinone)	S3301
20:4 undifferentiated	S3301
20:1	S3301
20:2 n-6 c,c	S3301
15:1	S3301
Potassium, K	S3301
Copper, Cu	S3301
Selenium, Se	S3301
Vitamin B-6	S3301
Choline, total	S3301
Folate, food	S3301
Proline	S3301
17:1	S3301
18:3 n-3 c,c,c (ALA)	S3301
Lactose	S3301
Water	S3301
Galactose	S3301
Retinol	S3301
Pantothenic acid	S3301
Betaine	S3301
Aspartic acid	S3301
Cholesterol	S3301
10:0	S3301
20:0	S3301
18:2 t,t	S3301
18:1 c	S3301
18:3 n-6 c,c,c	S3301

NDB No. 10884 Pork, cured, ham with natural juices, whole, boneless, separable lean only, unheated

Sucrose	S3301
Phosphorus, P	S3301
Riboflavin	S3301
Dihydrophylloquinone	S3301

NDB No. 10884 Pork, cured, ham with natural juices, whole, boneless, separable lean only, unheated

Glycine	S3301
8:0	S3301
14:1	S3301
17:0	S3301
18:3 n-6 c,c,c	S3301
20:3 undifferentiated	S3301
Protein	S3301
Zinc, Zn	S3301
Selenium, Se	S3301
Vitamin E (alpha-tocopherol)	S3301
Folic acid	S3301
Betaine	S3301
Alanine	S3301
Proline	S3301
12:0	S3301
22:0	S3301
20:2 n-6 c,c	S3301
18:1 c	S3301
Magnesium, Mg	S3301
Potassium, K	S3301
Tocopherol, beta	S3301
Niacin	S3301
Vitamin B-6	S3301
Leucine	S3301
Arginine	S3301
Histidine	S3301
16:0	S3301
20:4 undifferentiated	S3301
15:0	S3301
17:1	S3301
18:3 n-3 c,c,c (ALA)	S3301
Lactose	S3301
Retinol	S3301
Vitamin K (phylloquinone)	S3301
Tryptophan	S3301
Methionine	S3301
Tyrosine	S3301

NDB No. 10884 Pork, cured, ham with natural juices, whole, boneless, separable lean only, unheated

18:2 t,t	S3301
18:2 n-6 c,c	S3301
Fructose	S3301
Galactose	S3301
Calcium, Ca	S3301
Manganese, Mn	S3301
Tocopherol, gamma	S3301
Tocopherol, delta	S3301
Thiamin	S3301
Menaquinone-4	S3301
Lysine	S3301
Valine	S3301
20:1	S3301
18:1 t	S3301
Ash	S3301
Sugars, total	S3301
Sodium, Na	S3301
Folate, total	S3301
Folate, food	S3301
Phenylalanine	S3301
Aspartic acid	S3301
Cholesterol	S3301
16:1 undifferentiated	S3301
15:1	S3301
Total lipid (fat)	S3301
Glucose (dextrose)	S3301
Water	S3301
Iron, Fe	S3301
Copper, Cu	S3301
Pantothenic acid	S3301
Threonine	S3301
Isoleucine	S3301
Cystine	S3301
Glutamic acid	S3301
Hydroxyproline	S3301
10:0	S3301
14:0	S3301

NDB No. 10884 Pork, cured, ham with natural juices, whole, boneless, separable lean only, unheated

18:0	S3301
Maltose	S3301
Vitamin B-12	S3301
Choline, total	S3301
Serine	S3301
20:0	S3301

NDB No. 10885 Pork, cured, ham -- water added, shank, bone-in, separable lean only, unheated

Total lipid (fat)	S3301
Ash	S3301
Cystine	S3301
Iron, Fe	S3301
Thiamin	S3301
Threonine	S3301
Copper, Cu	S3301
Lysine	S3301
Histidine	S3301
Aspartic acid	S3301
Serine	S3301
Cholesterol	S3301
Manganese, Mn	S3301
Selenium, Se	S3301
Methionine	S3301
Tyrosine	S3301
Alanine	S3301
Water	S3301
Sodium, Na	S3301
Riboflavin	S3301
Tryptophan	S3301
Leucine	S3301
Phenylalanine	S3301
Valine	S3301
Glutamic acid	S3301
Glycine	S3301
Proline	S3301
Calcium, Ca	S3301

NDB No. 10885 Pork, cured, ham -- water added, shank, bone-in, separable lean only, unheated

Phosphorus, P	S3301
Zinc, Zn	S3301
Pantothenic acid	S3301
Vitamin B-6	S3301
Arginine	S3301
Magnesium, Mg	S3301
Vitamin B-12	S3301
Protein	S3301
Potassium, K	S3301
Niacin	S3301
Isoleucine	S3301

NDB No. 10886 Pork, cured, ham -- water added, slice, bone-in, separable lean only, unheated

Ash	S3301
Calcium, Ca	S3301
Pantothenic acid	S3301
Glutamic acid	S3301
Vitamin B-6	S3301
Arginine	S3301
Thiamin	S3301
Valine	S3301
Histidine	S3301
Protein	S3301
Threonine	S3301
Isoleucine	S3301
Cystine	S3301
Magnesium, Mg	S3301
Phosphorus, P	S3301
Leucine	S3301
Tyrosine	S3301
Glycine	S3301
Potassium, K	S3301
Sodium, Na	S3301
Zinc, Zn	S3301
Copper, Cu	S3301
Manganese, Mn	S3301

NDB No. 10886 Pork, cured, ham -- water added, slice, bone-in, separable lean only, unheated

Selenium, Se	S3301
Vitamin B-12	S3301
Lysine	S3301
Phenylalanine	S3301
Total lipid (fat)	S3301
Water	S3301
Niacin	S3301
Methionine	S3301
Alanine	S3301
Proline	S3301
Iron, Fe	S3301
Riboflavin	S3301
Tryptophan	S3301
Aspartic acid	S3301
Serine	S3301
Cholesterol	S3301

NDB No. 10887 Pork, cured, ham and water product, rump, bone-in, separable lean only, unheated

Potassium, K	S3301
Tryptophan	S3301
Glutamic acid	S3301
Serine	S3301
Riboflavin	S3301
Leucine	S3301
Lysine	S3301
Cystine	S3301
Tyrosine	S3301
Arginine	S3301
Protein	S3301
Manganese, Mn	S3301
Vitamin B-6	S3301
Phenylalanine	S3301
Proline	S3301
Iron, Fe	S3301
Sodium, Na	S3301
Zinc, Zn	S3301

NDB No. 10887 Pork, cured, ham and water product, rump, bone-in, separable lean only, unheated

Isoleucine	S3301
Valine	S3301
Alanine	S3301
Total lipid (fat)	S3301
Selenium, Se	S3301
Thiamin	S3301
Pantothenic acid	S3301
Methionine	S3301
Histidine	S3301
Calcium, Ca	S3301
Magnesium, Mg	S3301
Phosphorus, P	S3301
Niacin	S3301
Threonine	S3301
Aspartic acid	S3301
Glycine	S3301
Ash	S3301
Water	S3301
Copper, Cu	S3301
Vitamin B-12	S3301
Cholesterol	S3301

NDB No. 10888 Pork, cured, ham and water product, slice, bone-in, separable lean only, unheated

Ash	S3301
Sodium, Na	S3301
Manganese, Mn	S3301
Thiamin	S3301
Tryptophan	S3301
Leucine	S3301
Alanine	S3301
Serine	S3301
Cholesterol	S3301
Magnesium, Mg	S3301
Tyrosine	S3301
Calcium, Ca	S3301
Total lipid (fat)	S3301

NDB No. 10888 Pork, cured, ham and water product, slice, bone-in, separable lean only, unheated

Phosphorus, P	S3301
Potassium, K	S3301
Niacin	S3301
Vitamin B-6	S3301
Glycine	S3301
Proline	S3301
Protein	S3301
Iron, Fe	S3301
Zinc, Zn	S3301
Lysine	S3301
Aspartic acid	S3301
Glutamic acid	S3301
Threonine	S3301
Methionine	S3301
Valine	S3301
Arginine	S3301
Histidine	S3301
Water	S3301
Pantothenic acid	S3301
Vitamin B-12	S3301
Isoleucine	S3301
Phenylalanine	S3301
Copper, Cu	S3301
Selenium, Se	S3301
Riboflavin	S3301
Cystine	S3301

NDB No. 10889 Pork, cured, ham and water product, shank, bone-in, unheated, separable lean only

Zinc, Zn	S3301
Tryptophan	S3301
Magnesium, Mg	S3301
Manganese, Mn	S3301
Niacin	S3301
Leucine	S3301
Phenylalanine	S3301
Glutamic acid	S3301

NDB No. 10889 Pork, cured, ham and water product, shank, bone-in, unheated, separable lean only

Glycine	S3301
Proline	S3301
Serine	S3301
Ash	S3301
Water	S3301
Pantothenic acid	S3301
Vitamin B-12	S3301
Aspartic acid	S3301
Total lipid (fat)	S3301
Calcium, Ca	S3301
Sodium, Na	S3301
Lysine	S3301
Cystine	S3301
Potassium, K	S3301
Copper, Cu	S3301
Vitamin B-6	S3301
Threonine	S3301
Valine	S3301
Alanine	S3301
Iron, Fe	S3301
Riboflavin	S3301
Isoleucine	S3301
Protein	S3301
Thiamin	S3301
Methionine	S3301
Tyrosine	S3301
Arginine	S3301
Cholesterol	S3301
Phosphorus, P	S3301
Selenium, Se	S3301
Histidine	S3301

NDB No. 10890 Pork, cured, ham with natural juices, rump, bone-in, separable lean only, unheated

Water	S3301
Phosphorus, P	S3301
Selenium, Se	S3301

NDB No. 10890 Pork, cured, ham with natural juices, rump, bone-in, separable lean only, unheated

Riboflavin	S3301
Pantothenic acid	S3301
Vitamin B-6	S3301
Leucine	S3301
Methionine	S3301
Total lipid (fat)	S3301
Magnesium, Mg	S3301
Isoleucine	S3301
Phenylalanine	S3301
Glutamic acid	S3301
Cholesterol	S3301
Sodium, Na	S3301
Zinc, Zn	S3301
Serine	S3301
Calcium, Ca	S3301
Iron, Fe	S3301
Vitamin B-12	S3301
Protein	S3301
Niacin	S3301
Tryptophan	S3301
Threonine	S3301
Lysine	S3301
Cystine	S3301
Tyrosine	S3301
Ash	S3301
Potassium, K	S3301
Manganese, Mn	S3301
Histidine	S3301
Glycine	S3301
Copper, Cu	S3301
Valine	S3301
Alanine	S3301
Thiamin	S3301
Arginine	S3301
Aspartic acid	S3301
Proline	S3301

NDB No. 10891 Pork, cured, ham with natural juices, shank, bone-in, separable lean only, unheated

Zinc, Zn	S3301
Copper, Cu	S3301
Vitamin B-6	S3301
Threonine	S3301
Phenylalanine	S3301
Valine	S3301
Serine	S3301
Total lipid (fat)	S3301
Thiamin	S3301
Riboflavin	S3301
Isoleucine	S3301
Arginine	S3301
Iron, Fe	S3301
Manganese, Mn	S3301
Cystine	S3301
Glutamic acid	S3301
Phosphorus, P	S3301
Leucine	S3301
Lysine	S3301
Histidine	S3301
Cholesterol	S3301
Protein	S3301
Calcium, Ca	S3301
Tryptophan	S3301
Ash	S3301
Magnesium, Mg	S3301
Niacin	S3301
Methionine	S3301
Tyrosine	S3301
Alanine	S3301
Aspartic acid	S3301
Glycine	S3301
Water	S3301
Selenium, Se	S3301
Pantothenic acid	S3301
Vitamin B-12	S3301
Proline	S3301

NDB No. 10891 Pork, cured, ham with natural juices, shank, bone-in, separable lean only, unheated

Potassium, K	S3301
Sodium, Na	S3301

NDB No. 10892 Pork, cured, ham with natural juices, slice, bone-in, separable lean only, unheated

Calcium, Ca	S3301
Magnesium, Mg	S3301
Manganese, Mn	S3301
Cystine	S3301
Sodium, Na	S3301
Vitamin B-12	S3301
Lysine	S3301
Alanine	S3301
Protein	S3301
Total lipid (fat)	S3301
Thiamin	S3301
Valine	S3301
Arginine	S3301
Aspartic acid	S3301
Glutamic acid	S3301
Water	S3301
Copper, Cu	S3301
Riboflavin	S3301
Threonine	S3301
Methionine	S3301
Phenylalanine	S3301
Ash	S3301
Selenium, Se	S3301
Pantothenic acid	S3301
Tryptophan	S3301
Isoleucine	S3301
Cholesterol	S3301
Potassium, K	S3301
Leucine	S3301
Glycine	S3301
Serine	S3301
Zinc, Zn	S3301

NDB No. 10892 Pork, cured, ham with natural juices, slice, bone-in, separable lean only, unheated

Tyrosine	S3301
Histidine	S3301
Iron, Fe	S3301
Phosphorus, P	S3301
Niacin	S3301
Vitamin B-6	S3301
Proline	S3301

NDB No. 10893 Pork, cured, ham with natural juices, spiral slice, boneless, separable lean only, unheated

Fructose	S3301
Isoleucine	S3301
Cystine	S3301
Alanine	S3301
Glycine	S3301
Serine	S3301
Total lipid (fat)	S3301
Sucrose	S3301
Leucine	S3301
Histidine	S3301
Aspartic acid	S3301
Glutamic acid	S3301
Protein	S3301
Water	S3301
Phenylalanine	S3301
Tryptophan	S3301
Proline	S3301
Glucose (dextrose)	S3301
Maltose	S3301
Methionine	S3301
Sugars, total	S3301
Tyrosine	S3301
Ash	S3301
Arginine	S3301
Cholesterol	S3301
Lactose	S3301
Galactose	S3301

NDB No. 10893 Pork, cured, ham with natural juices, spiral slice, boneless, separable lean only, unheated

Threonine	S3301
Lysine	S3301
Valine	S3301

NDB No. 10894 Pork, cured, ham, separable fat, boneless, heated

Maltose	S3301
Galactose	S3301
Cystine	S3301
14:0	S3301
18:3 n-6 c,c,c	S3301
Potassium, K	S3301
Copper, Cu	S3301
Vitamin E (alpha-tocopherol)	S3301
Tocopherol, beta	S3301
Tocopherol, delta	S3301
Riboflavin	S3301
Leucine	S3301
Phenylalanine	S3301
Aspartic acid	S3301
Serine	S3301
12:0	S3301
22:0	S3301
20:1	S3301
Calcium, Ca	S3301
Phosphorus, P	S3301
Sodium, Na	S3301
Manganese, Mn	S3301
Selenium, Se	S3301
Lysine	S3301
Histidine	S3301
20:0	S3301
17:1	S3301
Magnesium, Mg	S3301
Tocopherol, gamma	S3301
Pantothenic acid	S3301
Folate, total	S3301

NDB No. 10894 Pork, cured, ham, separable fat, boneless, heated

Folic acid	S3301
Folate, food	S3301
Methionine	S3301
10:0	S3301
16:0	S3301
18:1 t	S3301
18:2 CLAs	S3301
18:1 c	S3301
18:2 n-6 c,c	S3301
18:3 n-3 c,c,c (ALA)	S3301
Total lipid (fat)	S3301
Sucrose	S3301
Zinc, Zn	S3301
Niacin	S3301
Isoleucine	S3301
Arginine	S3301
Glycine	S3301
18:0	S3301
16:1 undifferentiated	S3301
15:0	S3301
20:2 n-6 c,c	S3301
Ash	S3301
Glucose (dextrose)	S3301
Lactose	S3301
Water	S3301
Iron, Fe	S3301
Vitamin B-12	S3301
Threonine	S3301
Tyrosine	S3301
Alanine	S3301
Glutamic acid	S3301
Cholesterol	S3301
15:1	S3301
Fructose	S3301
Tryptophan	S3301
20:4 undifferentiated	S3301
14:1	S3301

NDB No. 10894 Pork, cured, ham, separable fat, boneless, heated

20:3 undifferentiated	S3301
Retinol	S3301
Thiamin	S3301
Vitamin B-6	S3301
Valine	S3301
Proline	S3301
8:0	S3301
17:0	S3301
18:2 t,t	S3301

NDB No. 10895 Pork, cured, ham, separable fat, boneless, unheated

Lactose	S3301
Galactose	S3301
Magnesium, Mg	S3301
Vitamin K (phylloquinone)	S3301
Arginine	S3301
16:0	S3301
18:1 undifferentiated	S3301
16:1 undifferentiated	S3301
17:0	S3301
20:2 n-6 c,c	S3301
18:1 c	S3301
18:2 n-6 c,c	S3301
15:1	S3301
18:3 n-3 c,c,c (ALA)	S3301
Glucose (dextrose)	S3301
Maltose	S3301
Manganese, Mn	S3301
Tocopherol, beta	S3301
Thiamin	S3301
Folate, total	S3301
Dihydrophylloquinone	S3301
Folic acid	S3301
Tryptophan	S3301
Cystine	S3301
Glutamic acid	S3301

NDB No. 10895 Pork, cured, ham, separable fat, boneless, unheated

10:0	S3301
20:0	S3301
Fatty acids, total monounsaturated	S3301
Total lipid (fat)	S3301
Ash	S3301
Fructose	S3301
Vitamin E (alpha-tocopherol)	S3301
Vitamin B-6	S3301
22:0	S3301
Water	S3301
Phosphorus, P	S3301
Riboflavin	S3301
Niacin	S3301
Vitamin B-12	S3301
Threonine	S3301
Methionine	S3301
Serine	S3301
14:0	S3301
Fatty acids, total polyunsaturated	S3301
Protein	S3301
Calcium, Ca	S3301
Potassium, K	S3301
Zinc, Zn	S3301
Selenium, Se	S3301
Choline, total	S3301
Lysine	S3301
Tyrosine	S3301
Glycine	S3301
18:0	S3301
14:1	S3301
15:0	S3301
18:1 t	S3301
18:2 t,t	S3301
17:1	S3301
Sodium, Na	S3301
Copper, Cu	S3301
Tocopherol, gamma	S3301

NDB No. 10895 Pork, cured, ham, separable fat, boneless, unheated

Folate, food	S3301
Isoleucine	S3301
Leucine	S3301
Hydroxyproline	S3301
Cholesterol	S3301
Fatty acids, total saturated	S3301
18:3 undifferentiated	S3301
Fatty acids, total trans-monoenoic	S3301
Sucrose	S3301
Iron, Fe	S3301
Pantothenic acid	S3301
Fatty acids, total trans	S3301
18:2 undifferentiated	S3301
20:4 undifferentiated	S3301
20:1	S3301
20:3 undifferentiated	S3301
Sugars, total	S3301
Retinol	S3301
Tocopherol, delta	S3301
Menaquinone-4	S3301
Betaine	S3301
Phenylalanine	S3301
Valine	S3301
Histidine	S3301
Alanine	S3301
Aspartic acid	S3301
Proline	S3301
8:0	S3301
12:0	S3301
18:3 n-6 c,c,c	S3301
Fatty acids, total trans-polyenoic	S3301

NDB No. 10898 Pork, pickled pork hocks

Calcium, Ca	S3301
Vitamin B-12	S3301
18:0	S3301

NDB No. 10898 Pork, pickled pork hocks

20:1	S3301
15:0	S3301
18:3 n-3 c,c,c (ALA)	S3301
Copper, Cu	S3301
Tocopherol, delta	S3301
12:0	S3301
16:1 undifferentiated	S3301
20:2 n-6 c,c	S3301
Total lipid (fat)	S3301
Iron, Fe	S3301
Manganese, Mn	S3301
Selenium, Se	S3301
Dihydrophylloquinone	S3301
Cholesterol	S3301
18:3 n-6 c,c,c	S3301
Fructose	S3301
Maltose	S3301
Magnesium, Mg	S3301
Phosphorus, P	S3301
Potassium, K	S3301
Tocopherol, gamma	S3301
Riboflavin	S3301
Folate, food	S3301
8:0	S3301
16:0	S3301
22:0	S3301
14:1	S3301
15:1	S3301
Sucrose	S3301
Sodium, Na	S3301
Tocopherol, beta	S3301
Niacin	S3301
Vitamin K (phylloquinone)	S3301
14:0	S3301
Water	S3301
Vitamin E (alpha-tocopherol)	S3301
Thiamin	S3301

NDB No. 10898 Pork, pickled pork hocks

Vitamin B-6	S3301
Folate, total	S3301
Folic acid	S3301
10:0	S3301
18:1 t	S3301
Lactose	S3301
Zinc, Zn	S3301
Pantothenic acid	S3301
Menaquinone-4	S3301
20:0	S3301
20:4 undifferentiated	S3301
18:2 t,t	S3301
18:2 n-6 c,c	S3301
Ash	S3301
Glucose (dextrose)	S3301
Galactose	S3301
Retinol	S3301
17:0	S3301
18:1 c	S3301
17:1	S3301
20:3 undifferentiated	S3301

NDB No. 10899 Pork, cured, ham, slice, bone-in, separable lean only, heated, pan-broil

Sucrose	S3301
Water	S3301
Selenium, Se	S3301
Thiamin	S3301
Vitamin B-6	S3301
Dihydrophylloquinone	S3301
Vitamin K (phylloquinone)	S3301
Tryptophan	S3301
Threonine	S3301
Glutamic acid	S3301
Serine	S3301
Cholesterol	S3301
22:0	S3301

NDB No. 10899 Pork, cured, ham, slice, bone-in, separable lean only, heated, pan-broil

18:3 n-3 c,c,c (ALA)	S3301
Calcium, Ca	S3301
Manganese, Mn	S3301
Isoleucine	S3301
10:0	S3301
14:0	S3301
16:0	S3301
16:1 undifferentiated	S3301
17:1	S3301
Iron, Fe	S3301
Pantothenic acid	S3301
Choline, total	S3301
Menaquinone-4	S3301
Lysine	S3301
Methionine	S3301
Cystine	S3301
Tyrosine	S3301
18:3 n-6 c,c,c	S3301
Ash	S3301
Glucose (dextrose)	S3301
Copper, Cu	S3301
Vitamin E (alpha-tocopherol)	S3301
Tocopherol, delta	S3301
Folate, total	S3301
Alanine	S3301
12:0	S3301
Fructose	S3301
Niacin	S3301
Phenylalanine	S3301
Valine	S3301
Arginine	S3301
Histidine	S3301
20:0	S3301
20:4 undifferentiated	S3301
14:1	S3301
18:1 t	S3301
Protein	S3301

NDB No. 10899 Pork, cured, ham, slice, bone-in, separable lean only, heated, pan-broil

Lactose	S3301
Phosphorus, P	S3301
Sodium, Na	S3301
Aspartic acid	S3301
Proline	S3301
20:1	S3301
17:0	S3301
18:2 t,t	S3301
Total lipid (fat)	S3301
Sugars, total	S3301
Galactose	S3301
Potassium, K	S3301
Zinc, Zn	S3301
Tocopherol, beta	S3301
Riboflavin	S3301
Folic acid	S3301
Folate, food	S3301
Betaine	S3301
15:1	S3301
Maltose	S3301
Magnesium, Mg	S3301
Tocopherol, gamma	S3301
Vitamin B-12	S3301
Leucine	S3301
Glycine	S3301
8:0	S3301
18:0	S3301
15:0	S3301
20:2 n-6 c,c	S3301
18:1 c	S3301
18:2 n-6 c,c	S3301
20:3 undifferentiated	S3301

NDB No. 10931 Pork, cured, ham, rump, bone-in, separable lean only, heated, roasted

Fructose	S3301
Galactose	S3301

NDB No. 10931 Pork, cured, ham, rump, bone-in, separable lean only, heated, roasted

Iron, Fe	S3301
Tocopherol, beta	S3301
Riboflavin	S3301
Vitamin B-12	S3301
18:0	S3301
18:1 c	S3301
Protein	S3301
Ash	S3301
Glucose (dextrose)	S3301
Lactose	S3301
Calcium, Ca	S3301
Phosphorus, P	S3301
Potassium, K	S3301
Tocopherol, gamma	S3301
Serine	S3301
8:0	S3301
15:0	S3301
20:3 undifferentiated	S3301
Sucrose	S3301
Maltose	S3301
Selenium, Se	S3301
Thiamin	S3301
Choline, total	S3301
Glycine	S3301
20:0	S3301
20:1	S3301
18:1 t	S3301
Copper, Cu	S3301
Folate, food	S3301
Isoleucine	S3301
Cystine	S3301
Valine	S3301
Histidine	S3301
16:0	S3301
18:2 t,t	S3301
17:1	S3301
Total lipid (fat)	S3301

NDB No. 10931 Pork, cured, ham, rump, bone-in, separable lean only, heated, roasted

Zinc, Zn	S3301
Manganese, Mn	S3301
Vitamin E (alpha-tocopherol)	S3301
Pantothenic acid	S3301
Vitamin B-6	S3301
Threonine	S3301
Lysine	S3301
Arginine	S3301
Aspartic acid	S3301
Glutamic acid	S3301
22:0	S3301
16:1 undifferentiated	S3301
18:3 n-6 c,c,c	S3301
15:1	S3301
Sugars, total	S3301
Sodium, Na	S3301
Dihydrophylloquinone	S3301
Vitamin K (phylloquinone)	S3301
Betaine	S3301
Phenylalanine	S3301
Proline	S3301
10:0	S3301
20:2 n-6 c,c	S3301
18:3 n-3 c,c,c (ALA)	S3301
Water	S3301
Magnesium, Mg	S3301
Menaquinone-4	S3301
Folic acid	S3301
Tryptophan	S3301
Leucine	S3301
Tyrosine	S3301
Alanine	S3301
Cholesterol	S3301
12:0	S3301
14:0	S3301
17:0	S3301
18:2 n-6 c,c	S3301

NDB No. 10931 Pork, cured, ham, rump, bone-in, separable lean only, heated, roasted

Tocopherol, delta	S3301
Niacin	S3301
Folate, total	S3301
Methionine	S3301
20:4 undifferentiated	S3301
14:1	S3301

NDB No. 10932 Pork, cured, ham, rump, bone-in, separable lean only, unheated

Protein	S3301
Iron, Fe	S3301
Copper, Cu	S3301
Niacin	S3301
Vitamin B-6	S3301
Betaine	S3301
Cystine	S3301
Total lipid (fat)	S3301
Riboflavin	S3301
Choline, total	S3301
Histidine	S3301
Alanine	S3301
Water	S3301
Potassium, K	S3301
Manganese, Mn	S3301
Thiamin	S3301
Pantothenic acid	S3301
Folate, food	S3301
Threonine	S3301
Ash	S3301
Phosphorus, P	S3301
Selenium, Se	S3301
Folic acid	S3301
Arginine	S3301
Glycine	S3301
Calcium, Ca	S3301
Magnesium, Mg	S3301
Sodium, Na	S3301

NDB No. 10932 Pork, cured, ham, rump, bone-in, separable lean only, unheated

Vitamin B-12	S3301
Dihydrophylloquinone	S3301
Tryptophan	S3301
Leucine	S3301
Methionine	S3301
Phenylalanine	S3301
Valine	S3301
Aspartic acid	S3301
Proline	S3301
Vitamin E (alpha-tocopherol)	S3301
Tocopherol, gamma	S3301
Menaquinone-4	S3301
Vitamin K (phylloquinone)	S3301
Lysine	S3301
Serine	S3301
Cholesterol	S3301
Tocopherol, beta	S3301
Tocopherol, delta	S3301
Isoleucine	S3301
Tyrosine	S3301
Glutamic acid	S3301
Zinc, Zn	S3301
Folate, total	S3301

NDB No. 10933 Pork, cured, ham, shank, bone-in, separable lean only, heated, roasted

Water	S3301
Tocopherol, delta	S3301
Vitamin B-6	S3301
Threonine	S3301
Tyrosine	S3301
Valine	S3301
Histidine	S3301
Glutamic acid	S3301
Serine	S3301
10:0	S3301
12:0	S3301

NDB No. 10933 Pork, cured, ham, shank, bone-in, separable lean only, heated, roasted

16:1 undifferentiated	S3301
15:0	S3301
20:2 n-6 c,c	S3301
Niacin	S3301
Folate, total	S3301
Folic acid	S3301
Phenylalanine	S3301
Aspartic acid	S3301
8:0	S3301
14:0	S3301
18:3 n-6 c,c,c	S3301
Galactose	S3301
Calcium, Ca	S3301
Phosphorus, P	S3301
Sodium, Na	S3301
Selenium, Se	S3301
Thiamin	S3301
Pantothenic acid	S3301
Dihydrophylloquinone	S3301
Alanine	S3301
Cholesterol	S3301
20:4 undifferentiated	S3301
22:0	S3301
17:0	S3301
Sucrose	S3301
Glucose (dextrose)	S3301
Lactose	S3301
Zinc, Zn	S3301
Manganese, Mn	S3301
Tocopherol, beta	S3301
Tocopherol, gamma	S3301
Vitamin K (phylloquinone)	S3301
Methionine	S3301
Arginine	S3301
Proline	S3301
18:0	S3301
18:3 n-3 c,c,c (ALA)	S3301

NDB No. 10933 Pork, cured, ham, shank, bone-in, separable lean only, heated, roasted

Ash	S3301
Iron, Fe	S3301
Vitamin E (alpha-tocopherol)	S3301
Riboflavin	S3301
Folate, food	S3301
Glycine	S3301
18:1 t	S3301
18:2 n-6 c,c	S3301
17:1	S3301
20:3 undifferentiated	S3301
Protein	S3301
Vitamin B-12	S3301
Menaquinone-4	S3301
Cystine	S3301
20:1	S3301
18:2 t,t	S3301
Total lipid (fat)	S3301
Magnesium, Mg	S3301
Potassium, K	S3301
Choline, total	S3301
Betaine	S3301
Tryptophan	S3301
Leucine	S3301
Fructose	S3301
Maltose	S3301
Sugars, total	S3301
Copper, Cu	S3301
Isoleucine	S3301
Lysine	S3301
16:0	S3301
20:0	S3301
14:1	S3301
18:1 c	S3301
15:1	S3301

NDB No. 10934 Pork, cured, ham, shank, bone-in, separable lean only, unheated

NDB No. 10934 Pork, cured, ham, shank, bone-in, separable lean only, unheated

Zinc, Zn	S3301
Niacin	S3301
Choline, total	S3301
Folate, food	S3301
Threonine	S3301
Leucine	S3301
Methionine	S3301
Proline	S3301
Magnesium, Mg	S3301
Potassium, K	S3301
Vitamin E (alpha-tocopherol)	S3301
Thiamin	S3301
Pantothenic acid	S3301
Vitamin B-6	S3301
Valine	S3301
Aspartic acid	S3301
Glycine	S3301
Total lipid (fat)	S3301
Water	S3301
Manganese, Mn	S3301
Riboflavin	S3301
Alanine	S3301
Selenium, Se	S3301
Phenylalanine	S3301
Arginine	S3301
Phosphorus, P	S3301
Copper, Cu	S3301
Dihydrophylloquinone	S3301
Betaine	S3301
Tryptophan	S3301
Tyrosine	S3301
Ash	S3301
Calcium, Ca	S3301
Sodium, Na	S3301
Tocopherol, gamma	S3301
Menaquinone-4	S3301
Vitamin K (phylloquinone)	S3301

NDB No. 10934 Pork, cured, ham, shank, bone-in, separable lean only, unheated

Protein	S3301
Tocopherol, beta	S3301
Tocopherol, delta	S3301
Folic acid	S3301
Isoleucine	S3301
Lysine	S3301
Histidine	S3301
Iron, Fe	S3301
Folate, total	S3301
Vitamin B-12	S3301
Cystine	S3301
Glutamic acid	S3301
Serine	S3301
Cholesterol	S3301

NDB No. 10938 Pork, cured, ham, slice, bone-in, separable lean only, unheated

Copper, Cu	S3301
Vitamin K (phylloquinone)	S3301
Tyrosine	S3301
Glycine	S3301
Ash	S3301
Iron, Fe	S3301
Manganese, Mn	S3301
Histidine	S3301
Tocopherol, beta	S3301
Tocopherol, delta	S3301
Pantothenic acid	S3301
Choline, total	S3301
Tryptophan	S3301
Threonine	S3301
Alanine	S3301
Aspartic acid	S3301
Protein	S3301
Magnesium, Mg	S3301
Potassium, K	S3301
Sodium, Na	S3301

NDB No. 10938 Pork, cured, ham, slice, bone-in, separable lean only, unheated

Zinc, Zn	S3301
Selenium, Se	S3301
Niacin	S3301
Isoleucine	S3301
Leucine	S3301
Valine	S3301
Riboflavin	S3301
Folic acid	S3301
Lysine	S3301
Calcium, Ca	S3301
Vitamin E (alpha-tocopherol)	S3301
Tocopherol, gamma	S3301
Folate, total	S3301
Menaquinone-4	S3301
Dihydrophylloquinone	S3301
Folate, food	S3301
Methionine	S3301
Arginine	S3301
Glutamic acid	S3301
Serine	S3301
Phosphorus, P	S3301
Thiamin	S3301
Vitamin B-6	S3301
Cystine	S3301
Phenylalanine	S3301
Proline	S3301
Total lipid (fat)	S3301
Water	S3301
Vitamin B-12	S3301
Betaine	S3301
Cholesterol	S3301

NDB No. 10940 Pork, fresh, spareribs, separable lean and fat, cooked, roasted

Niacin	S3941
Isoleucine	S3941, S4381
Proline	S3941, S4381

NDB No. 10940 Pork, fresh, spareribs, separable lean and fat, cooked, roasted

8:0	S3941
16:0	S3941
20:4 undifferentiated	S3941
18:2 n-6 c,c	S3941
15:1	S3941
Potassium, K	S3941
Valine	S3941, S4381
Histidine	S3941, S4381
18:0	S3941
Fatty acids, total monounsaturated	S3941
Fatty acids, total trans-monoenoic	S3941
Protein	S3941
Zinc, Zn	S3941
Selenium, Se	S3941
Riboflavin	S3941
Methionine	S3941, S4381
Aspartic acid	S3941, S4381
Glycine	S3941, S4381
Fatty acids, total trans	S3941
14:1	S3941
20:1	S3941
18:1 t	S3941
20:2 n-6 c,c	S3941
Total lipid (fat)	S3941
Sodium, Na	S3941
Copper, Cu	S3941
Phenylalanine	S3941, S4381
Glutamic acid	S3941, S4381
Serine	S3941, S4381
12:0	S3941
15:0	S3941
17:1	S3941
Water	S3941
Magnesium, Mg	S3941
Phosphorus, P	S3941
10:0	S3941

NDB No. 10940 Pork, fresh, spareribs, separable lean and fat, cooked, roasted

14:0	S3941
18:3 undifferentiated	S3941
16:1 undifferentiated	S3941
Calcium, Ca	S3941
Manganese, Mn	S3941
Thiamin	S3941
Lysine	S3941, S4381
Arginine	S3941, S4381
18:2 undifferentiated	S3941
22:0	S3941
Fatty acids, total polyunsaturated	S3941
17:0	S3941
18:1 c	S3941
Fatty acids, total trans-polyenoic	S3941
Ash	S3941
Iron, Fe	S3941
Threonine	S3941, S4381
Leucine	S3941, S4381
Cholesterol	S3941
Fatty acids, total saturated	S3941
20:0	S3941
20:3 undifferentiated	S3941
18:3 n-3 c,c,c (ALA)	S3941
Tryptophan	S3941, S4381
Cystine	S3941, S4381
Tyrosine	S3941, S4381
Alanine	S3941, S4381
18:1 undifferentiated	S3941
18:2 t,t	S3941
18:3 n-6 c,c,c	S3941

NDB No. 10942 Pork, fresh, enhanced, composite of separable fat, raw

Riboflavin	S3942
Isoleucine	S3941, S4381
Lysine	S3941, S4381
Alanine	S3941, S4381

NDB No. 10942 Pork, fresh, enhanced, composite of separable fat, raw

Glutamic acid	S3941, S4381
Glycine	S3941, S4381
Total lipid (fat)	S3942
Ash	S3942
Thiamin	S3942
Niacin	S3942
Leucine	S3941, S4381
Methionine	S3941, S4381
Phenylalanine	S3941, S4381
Phosphorus, P	S3942
Manganese, Mn	S3942
Aspartic acid	S3941, S4381
Serine	S3941, S4381
Cholesterol	S3942
Iron, Fe	S3942
Magnesium, Mg	S3942
Potassium, K	S3942
Zinc, Zn	S3942
Betaine	S3942
Selenium, Se	S3942
Choline, total	S3942
Tryptophan	S3941, S4381
Tyrosine	S3941, S4381
Histidine	S3941, S4381
Calcium, Ca	S3942
Threonine	S3941, S4381
Valine	S3941, S4381
Arginine	S3941, S4381
Proline	S3941, S4381
Water	S3942
Copper, Cu	S3942
Cystine	S3941, S4381
Protein	S3942
Sodium, Na	S3942

NDB No. 10943 Pork, fresh, enhanced, loin, tenderloin, separable lean only, cooked, roasted

NDB No. 10943 Pork, fresh, enhanced, loin, tenderloin, separable lean only, cooked, roasted

Iron, Fe	S3942
Potassium, K	S3942
Phenylalanine	S3941, S4381
Histidine	S3941, S4381
Proline	S3941, S4381
Ash	S3942
Calcium, Ca	S3942
Zinc, Zn	S3942
Magnesium, Mg	S3942
Threonine	S3941, S4381
Serine	S3941, S4381
Protein	S3942
Copper, Cu	S3942
Niacin	S3942
Tryptophan	S3941, S4381
Lysine	S3941, S4381
Methionine	S3941, S4381
Arginine	S3941, S4381
Total lipid (fat)	S3942
Riboflavin	S3942
Isoleucine	S3941, S4381
Valine	S3941, S4381
Glycine	S3941, S4381
Sodium, Na	S3942
Selenium, Se	S3942
Thiamin	S3942
Leucine	S3941, S4381
Cystine	S3941, S4381
Cholesterol	S3942
Water	S3942
Manganese, Mn	S3942
Tyrosine	S3941, S4381
Glutamic acid	S3941, S4381
Phosphorus, P	S3942
Alanine	S3941, S4381
Aspartic acid	S3941, S4381

NDB No. 10944 Pork, fresh, enhanced, loin, tenderloin, separable lean only, raw

Phosphorus, P	S3942
Potassium, K	S3942
Thiamin	S3942
Methionine	S3941, S4381
Arginine	S3941, S4381
Glycine	S3941, S4381
Water	S3942
Copper, Cu	S3942
Manganese, Mn	S3942
Histidine	S3941, S4381
Tryptophan	S3941, S4381
Threonine	S3941, S4381
Lysine	S3941, S4381
Serine	S3941, S4381
Niacin	S3942
Proline	S3941, S4381
Total lipid (fat)	S3942
Calcium, Ca	S3942
Selenium, Se	S3942
Riboflavin	S3942
Isoleucine	S3941, S4381
Leucine	S3941, S4381
Phenylalanine	S3941, S4381
Tyrosine	S3941, S4381
Valine	S3941, S4381
Ash	S3942
Magnesium, Mg	S3942
Sodium, Na	S3942
Zinc, Zn	S3942
Alanine	S3941, S4381
Aspartic acid	S3941, S4381
Glutamic acid	S3941, S4381
Cholesterol	S3942
Protein	S3942
Iron, Fe	S3942
Cystine	S3941, S4381

NDB No. 10945 Pork, fresh, enhanced, shoulder, (Boston butt), blade (steaks), separable lean only, cooked, braised

Total lipid (fat)	S3942
Calcium, Ca	S3942
Zinc, Zn	S3942
Tryptophan	S3941, S4381
Arginine	S3941, S4381
Histidine	S3941, S4381
Phosphorus, P	S3942
Manganese, Mn	S3942
Lysine	S3941, S4381
Phenylalanine	S3941, S4381
Alanine	S3941, S4381
Iron, Fe	S3942
Potassium, K	S3942
Cystine	S3941, S4381
Tyrosine	S3941, S4381
Valine	S3941, S4381
Ash	S3942
Thiamin	S3942
Riboflavin	S3942
Isoleucine	S3941, S4381
Methionine	S3941, S4381
Aspartic acid	S3941, S4381
Glycine	S3941, S4381
Serine	S3941, S4381
Magnesium, Mg	S3942
Sodium, Na	S3942
Copper, Cu	S3942
Niacin	S3942
Leucine	S3941, S4381
Water	S3942
Selenium, Se	S3942
Glutamic acid	S3941, S4381
Protein	S3942
Threonine	S3941, S4381
Proline	S3941, S4381
Cholesterol	S3942

NDB No. 10946 Pork, fresh, enhanced, shoulder, (Boston butt), blade (steaks), separable lean only, raw

Magnesium, Mg	S3942
Sodium, Na	S3942
Zinc, Zn	S3942
Copper, Cu	S3942
Arginine	S3941, S4381
Water	S3942
Riboflavin	S3942
Threonine	S3941, S4381
Tyrosine	S3941, S4381
Aspartic acid	S3941, S4381
Glycine	S3941, S4381
Cholesterol	S3942
Manganese, Mn	S3942
Thiamin	S3942
Total lipid (fat)	S3942
Tryptophan	S3941, S4381
Leucine	S3941, S4381
Valine	S3941, S4381
Proline	S3941, S4381
Protein	S3942
Ash	S3942
Calcium, Ca	S3942
Selenium, Se	S3942
Isoleucine	S3941, S4381
Alanine	S3941, S4381
Serine	S3941, S4381
Iron, Fe	S3942
Methionine	S3941, S4381
Cystine	S3941, S4381
Glutamic acid	S3941, S4381
Potassium, K	S3942
Lysine	S3941, S4381
Phenylalanine	S3941, S4381
Phosphorus, P	S3942
Niacin	S3942
Histidine	S3941, S4381

NDB No. 10947 Pork, fresh, enhanced, loin, top loin (chops), boneless, separable lean only, cooked, broiled

Isoleucine	S3941, S4381
Alanine	S3941, S4381
Glutamic acid	S3941, S4381
Proline	S3941, S4381
Protein	S3942
Iron, Fe	S3942
Potassium, K	S3942
Tryptophan	S3941, S4381
Methionine	S3941, S4381
Valine	S3941, S4381
Calcium, Ca	S3942
Magnesium, Mg	S3942
Sodium, Na	S3942
Manganese, Mn	S3942
Leucine	S3941, S4381
Phenylalanine	S3941, S4381
Tyrosine	S3941, S4381
Histidine	S3941, S4381
Selenium, Se	S3942
Niacin	S3942
Cystine	S3941, S4381
Aspartic acid	S3941, S4381
Water	S3942
Zinc, Zn	S3942
Copper, Cu	S3942
Thiamin	S3942
Arginine	S3941, S4381
Glycine	S3941, S4381
Serine	S3941, S4381
Total lipid (fat)	S3942
Cholesterol	S3942
Ash	S3942
Riboflavin	S3942
Phosphorus, P	S3942
Threonine	S3941, S4381
Lysine	S3941, S4381

NDB No. 10948 Pork, fresh, enhanced, loin, top loin (chops), boneless, separable lean only, raw

Potassium, K	S3942
Thiamin	S3942
Aspartic acid	S3941, S4381
Iron, Fe	S3942
Threonine	S3941, S4381
Alanine	S3941, S4381
Proline	S3941, S4381
Serine	S3941, S4381
Cholesterol	S3942
Isoleucine	S3941, S4381
Histidine	S3941, S4381
Arginine	S3941, S4381
Magnesium, Mg	S3942
Niacin	S3942
Leucine	S3941, S4381
Lysine	S3941, S4381
Methionine	S3941, S4381
Total lipid (fat)	S3942
Calcium, Ca	S3942
Phosphorus, P	S3942
Copper, Cu	S3942
Manganese, Mn	S3942
Riboflavin	S3942
Ash	S3942
Water	S3942
Sodium, Na	S3942
Selenium, Se	S3942
Cystine	S3941, S4381
Phenylalanine	S3941, S4381
Valine	S3941, S4381
Glutamic acid	S3941, S4381
Protein	S3942
Zinc, Zn	S3942
Tryptophan	S3941, S4381
Tyrosine	S3941, S4381
Glycine	S3941, S4381

NDB No. 10956 Pork, loin, leg cap steak, boneless, separable lean and fat, cooked, broiled

Magnesium, Mg	S4381
Zinc, Zn	S4381
Vitamin B-12	S4381
Betaine	S4381
Cystine	S3941, S4381
Cholesterol	S4381
16:1 undifferentiated	S4381
20:1	S4381
22:1 undifferentiated	S4381
Selenium, Se	S4381
Niacin	S4381
Tyrosine	S3941, S4381
Valine	S3941, S4381
Alanine	S3941, S4381
15:0	S4381
18:1 t	S4381
Sodium, Na	S4381
Copper, Cu	S4381
Pantothenic acid	S4381
Folate, total	S4381
Methionine	S3941, S4381
Serine	S3941, S4381
10:0	S4381
14:0	S4381
17:0	S4381
Riboflavin	S4381
Leucine	S3941, S4381
18:0	S4381
14:1	S4381
24:0	S4381
18:2 n-6 c,c	S4381
Total lipid (fat)	S4381
Potassium, K	S4381
Manganese, Mn	S4381
Tryptophan	S3941, S4381
Threonine	S3941, S4381
Phenylalanine	S3941, S4381

NDB No. 10956 Pork, loin, leg cap steak, boneless, separable lean and fat, cooked, broiled

Arginine	S3941, S4381
8:0	S4381
18:2 undifferentiated	S4381
18:3 undifferentiated	S4381
20:4 undifferentiated	S4381
Fatty acids, total polyunsaturated	S4381
18:2 t,t	S4381
20:2 n-6 c,c	S4381
18:1 c	S4381
18:3 n-6 c,c,c	S4381
Fatty acids, total trans-polyenoic	S4381
15:1	S4381
Protein	S4381
Water	S4381
Phosphorus, P	S4381
Glutamic acid	S3941, S4381
Fatty acids, total saturated	S4381
16:0	S4381
20:0	S4381
18:1 undifferentiated	S4381
22:0	S4381
17:1	S4381
Fatty acids, total trans-monoenoic	S4381
Ash	S4381
Calcium, Ca	S4381
Iron, Fe	S4381
Choline, total	S4381
Isoleucine	S3941, S4381
Lysine	S3941, S4381
Histidine	S3941, S4381
Proline	S3941, S4381
Fatty acids, total trans	S4381
12:0	S4381
18:3 n-3 c,c,c (ALA)	S4381
Thiamin	S4381
Vitamin B-6	S4381
Aspartic acid	S3941, S4381

NDB No. 10956 Pork, loin, leg cap steak, boneless, separable lean and fat, cooked, broiled

Glycine	S3941, S4381
Fatty acids, total monounsaturated	S4381
22:1 c	S4381
20:3 undifferentiated	S4381

NDB No. 10957 Pork, Leg Cap Steak, boneless, separable lean and fat, raw

Iron, Fe	S4381
Zinc, Zn	S4381
Alanine	S3941, S4381
Fatty acids, total saturated	S4381
20:1	S4381
18:2 n-6 c,c	S4381
Fatty acids, total trans-monoenoic	S4381
Protein	S4381
Water	S4381
Magnesium, Mg	S4381
Selenium, Se	S4381
Thiamin	S4381
Choline, total	S4381
Phenylalanine	S3941, S4381
Valine	S3941, S4381
Aspartic acid	S3941, S4381
18:0	S4381
20:0	S4381
18:2 undifferentiated	S4381
Fatty acids, total polyunsaturated	S4381
17:1	S4381
Total lipid (fat)	S4381
Calcium, Ca	S4381
Manganese, Mn	S4381
Vitamin B-6	S4381
Fatty acids, total trans	S4381
14:1	S4381
22:1 undifferentiated	S4381
Fatty acids, total monounsaturated	S4381

NDB No. 10957 Pork, Leg Cap Steak, boneless, separable lean and fat, raw

18:1 t	S4381
18:3 n-6 c,c,c	S4381
20:3 undifferentiated	S4381
Tryptophan	S3941, S4381
Isoleucine	S3941, S4381
Lysine	S3941, S4381
Methionine	S3941, S4381
Proline	S3941, S4381
Cholesterol	S4381
14:0	S4381
Ash	S4381
Potassium, K	S4381
Copper, Cu	S4381
Niacin	S4381
Vitamin B-12	S4381
Tyrosine	S3941, S4381
22:0	S4381
16:1 undifferentiated	S4381
17:0	S4381
24:0	S4381
18:2 t,t	S4381
20:2 n-6 c,c	S4381
Pantothenic acid	S4381
Folate, total	S4381
Threonine	S3941, S4381
Leucine	S3941, S4381
16:0	S4381
18:1 undifferentiated	S4381
20:4 undifferentiated	S4381
15:0	S4381
18:3 n-3 c,c,c (ALA)	S4381
Sodium, Na	S4381
Histidine	S3941, S4381
Glutamic acid	S3941, S4381
12:0	S4381
18:3 undifferentiated	S4381
18:1 c	S4381

NDB No. 10957 Pork, Leg Cap Steak, boneless, separable lean and fat, raw

Fatty acids, total trans-polyenoic	S4381
Phosphorus, P	S4381
Riboflavin	S4381
Betaine	S4381
Cystine	S3941, S4381
Arginine	S3941, S4381
Glycine	S3941, S4381
Serine	S3941, S4381
8:0	S4381
10:0	S4381
22:1 c	S4381
15:1	S4381

NDB No. 10958 Pork, Shoulder breast, boneless, separable lean and fat, raw

Total lipid (fat)	S4381
Copper, Cu	S4381
Manganese, Mn	S4381
Riboflavin	S4381
Pantothenic acid	S4381
Phenylalanine	S3941, S4381
Histidine	S3941, S4381
Alanine	S3941, S4381
16:0	S4381
18:2 t,t	S4381
15:1	S4381
Phosphorus, P	S4381
Thiamin	S4381
Choline, total	S4381
18:0	S4381
16:1 undifferentiated	S4381
Folate, total	S4381
Lysine	S3941, S4381
Glutamic acid	S3941, S4381
Proline	S3941, S4381
Serine	S3941, S4381
10:0	S4381

NDB No. 10958 Pork, Shoulder breast, boneless, separable lean and fat, raw

14:0	S4381
18:1 t	S4381
20:3 undifferentiated	S4381
Water	S4381
Magnesium, Mg	S4381
Niacin	S4381
Isoleucine	S3941, S4381
Leucine	S3941, S4381
Valine	S3941, S4381
Fatty acids, total saturated	S4381
12:0	S4381
20:1	S4381
Fatty acids, total polyunsaturated	S4381
Calcium, Ca	S4381
Vitamin B-6	S4381
Arginine	S3941, S4381
Glycine	S3941, S4381
22:1 undifferentiated	S4381
15:0	S4381
24:0	S4381
18:2 n-6 c,c	S4381
18:3 n-3 c,c,c (ALA)	S4381
Protein	S4381
Tryptophan	S3941, S4381
Threonine	S3941, S4381
Cystine	S3941, S4381
8:0	S4381
18:1 undifferentiated	S4381
18:3 undifferentiated	S4381
20:4 undifferentiated	S4381
17:1	S4381
Ash	S4381
Potassium, K	S4381
Sodium, Na	S4381
Selenium, Se	S4381
Vitamin B-12	S4381
Betaine	S4381

NDB No. 10958 Pork, Shoulder breast, boneless, separable lean and fat, raw

Methionine	S3941, S4381
Tyrosine	S3941, S4381
Aspartic acid	S3941, S4381
Cholesterol	S4381
Fatty acids, total trans	S4381
20:0	S4381
14:1	S4381
17:0	S4381
20:2 n-6 c,c	S4381
18:3 n-6 c,c,c	S4381
Fatty acids, total trans-monoenoic	S4381
Fatty acids, total trans-polyenoic	S4381
Iron, Fe	S4381
Zinc, Zn	S4381
18:2 undifferentiated	S4381
22:0	S4381
Fatty acids, total monounsaturated	S4381
18:1 c	S4381
22:1 c	S4381

NDB No. 10959 Pork, Shoulder breast, boneless, separable lean and fat, cooked, broiled

Total lipid (fat)	S4381
Phosphorus, P	S4381
Riboflavin	S4381
Betaine	S4381
Glutamic acid	S3941, S4381
10:0	S4381
20:4 undifferentiated	S4381
Selenium, Se	S4381
22:0	S4381
24:0	S4381
18:3 n-3 c,c,c (ALA)	S4381
Iron, Fe	S4381
Magnesium, Mg	S4381
Potassium, K	S4381

NDB No. 10959 Pork, Shoulder breast, boneless, separable lean and fat, cooked, broiled

Vitamin B-6	S4381
Isoleucine	S3941, S4381
Leucine	S3941, S4381
Methionine	S3941, S4381
Phenylalanine	S3941, S4381
Aspartic acid	S3941, S4381
Serine	S3941, S4381
8:0	S4381
14:1	S4381
22:1 undifferentiated	S4381
Fatty acids, total polyunsaturated	S4381
17:0	S4381
18:1 c	S4381
Pantothenic acid	S4381
Fatty acids, total saturated	S4381
16:1 undifferentiated	S4381
20:1	S4381
20:2 n-6 c,c	S4381
Water	S4381
Calcium, Ca	S4381
Zinc, Zn	S4381
Manganese, Mn	S4381
Thiamin	S4381
Niacin	S4381
Threonine	S3941, S4381
Lysine	S3941, S4381
Histidine	S3941, S4381
Glycine	S3941, S4381
14:0	S4381
15:0	S4381
18:2 n-6 c,c	S4381
Ash	S4381
Cystine	S3941, S4381
Valine	S3941, S4381
Alanine	S3941, S4381
12:0	S4381
18:2 undifferentiated	S4381

NDB No. 10959 Pork, Shoulder breast, boneless, separable lean and fat, cooked, broiled

Fatty acids, total monounsaturated	S4381
18:3 n-6 c,c,c	S4381
15:1	S4381
Protein	S4381
Folate, total	S4381
Tyrosine	S3941, S4381
Arginine	S3941, S4381
Cholesterol	S4381
16:0	S4381
20:0	S4381
18:1 t	S4381
18:2 t,t	S4381
17:1	S4381
20:3 undifferentiated	S4381
Sodium, Na	S4381
Copper, Cu	S4381
Vitamin B-12	S4381
Choline, total	S4381
Tryptophan	S3941, S4381
Proline	S3941, S4381
Fatty acids, total trans	S4381
18:0	S4381
18:1 undifferentiated	S4381
18:3 undifferentiated	S4381
22:1 c	S4381
Fatty acids, total trans-monoenoic	S4381
Fatty acids, total trans-polyenoic	S4381

NDB No. 10960 Pork, shoulder, petite tender, boneless, separable lean and fat, cooked, broiled

Total lipid (fat)	S4381
Ash	S4381
Phosphorus, P	S4381
Lysine	S3941, S4381
Cystine	S3941, S4381
16:0	S4381

NDB No. 10960 Pork, shoulder, petite tender, boneless, separable lean and fat, cooked, broiled

Fatty acids, total polyunsaturated	S4381
20:2 n-6 c,c	S4381
Threonine	S3941, S4381
Tyrosine	S3941, S4381
18:2 t,t	S4381
18:1 c	S4381
Iron, Fe	S4381
Betaine	S4381
Leucine	S3941, S4381
Methionine	S3941, S4381
Arginine	S3941, S4381
Alanine	S3941, S4381
Cholesterol	S4381
20:4 undifferentiated	S4381
20:3 undifferentiated	S4381
18:3 n-3 c,c,c (ALA)	S4381
Copper, Cu	S4381
Selenium, Se	S4381
Thiamin	S4381
Niacin	S4381
Valine	S3941, S4381
Fatty acids, total trans	S4381
10:0	S4381
18:0	S4381
22:0	S4381
16:1 undifferentiated	S4381
22:1 undifferentiated	S4381
15:0	S4381
18:2 n-6 c,c	S4381
Fatty acids, total trans-monoenoic	S4381
Water	S4381
Magnesium, Mg	S4381
Zinc, Zn	S4381
Manganese, Mn	S4381
Pantothenic acid	S4381
Vitamin B-6	S4381
Folate, total	S4381

NDB No. 10960 Pork, shoulder, petite tender, boneless, separable lean and fat, cooked, broiled

Vitamin B-12	S4381
Tryptophan	S3941, S4381
Glutamic acid	S3941, S4381
Serine	S3941, S4381
20:0	S4381
18:2 undifferentiated	S4381
18:3 undifferentiated	S4381
17:0	S4381
Fatty acids, total trans-polyenoic	S4381
Potassium, K	S4381
Riboflavin	S4381
Choline, total	S4381
Phenylalanine	S3941, S4381
Histidine	S3941, S4381
Glycine	S3941, S4381
Proline	S3941, S4381
12:0	S4381
24:0	S4381
22:1 c	S4381
18:3 n-6 c,c,c	S4381
Calcium, Ca	S4381
Sodium, Na	S4381
Isoleucine	S3941, S4381
Fatty acids, total saturated	S4381
14:0	S4381
20:1	S4381
Fatty acids, total monounsaturated	S4381
Protein	S4381
Aspartic acid	S3941, S4381
8:0	S4381
18:1 undifferentiated	S4381
14:1	S4381
18:1 t	S4381
17:1	S4381
15:1	S4381

NDB No. 10961 Pork, Shoulder petite tender, boneless, separable lean and fat, raw

Protein	S4381
Total lipid (fat)	S4381
Ash	S4381
Folate, total	S4381
Tryptophan	S3941, S4381
Leucine	S3941, S4381
Valine	S3941, S4381
Alanine	S3941, S4381
Proline	S3941, S4381
12:0	S4381
16:0	S4381
20:0	S4381
14:1	S4381
Fatty acids, total polyunsaturated	S4381
17:0	S4381
18:1 c	S4381
Iron, Fe	S4381
Phosphorus, P	S4381
Selenium, Se	S4381
Betaine	S4381
Isoleucine	S3941, S4381
10:0	S4381
18:1 undifferentiated	S4381
17:1	S4381
18:3 n-3 c,c,c (ALA)	S4381
Potassium, K	S4381
Zinc, Zn	S4381
Copper, Cu	S4381
Vitamin B-6	S4381
Methionine	S3941, S4381
Phenylalanine	S3941, S4381
Aspartic acid	S3941, S4381
Fatty acids, total saturated	S4381
14:0	S4381
18:0	S4381
18:2 undifferentiated	S4381
20:1	S4381

NDB No. 10961 Pork, Shoulder petite tender, boneless, separable lean and fat, raw

22:1 undifferentiated	S4381
Fatty acids, total monounsaturated	S4381
18:2 t,t	S4381
18:2 n-6 c,c	S4381
20:3 undifferentiated	S4381
15:1	S4381
Water	S4381
Magnesium, Mg	S4381
18:1 t	S4381
18:3 n-6 c,c,c	S4381
Fatty acids, total trans-polyenoic	S4381
Niacin	S4381
Vitamin B-12	S4381
Cystine	S3941, S4381
Fatty acids, total trans	S4381
8:0	S4381
20:2 n-6 c,c	S4381
Calcium, Ca	S4381
Riboflavin	S4381
Lysine	S3941, S4381
Arginine	S3941, S4381
Serine	S3941, S4381
Cholesterol	S4381
18:3 undifferentiated	S4381
22:0	S4381
15:0	S4381
Manganese, Mn	S4381
Thiamin	S4381
Histidine	S3941, S4381
Glutamic acid	S3941, S4381
20:4 undifferentiated	S4381
24:0	S4381
22:1 c	S4381
Sodium, Na	S4381
Pantothenic acid	S4381
Choline, total	S4381
Threonine	S3941, S4381

NDB No. 10961 Pork, Shoulder petite tender, boneless, separable lean and fat, raw

Tyrosine	S3941, S4381
Glycine	S3941, S4381
16:1 undifferentiated	S4381
Fatty acids, total trans-monoenoic	S4381

NDB No. 10962 Pork, Leg sirloin tip roast, boneless, separable lean and fat, cooked, braised

Water	S4381
Calcium, Ca	S4381
Isoleucine	S3941, S4381
Leucine	S3941, S4381
Histidine	S3941, S4381
Proline	S3941, S4381
14:0	S4381
22:0	S4381
Fatty acids, total polyunsaturated	S4381
Vitamin B-12	S4381
Lysine	S3941, S4381
Serine	S3941, S4381
16:0	S4381
18:3 undifferentiated	S4381
20:1	S4381
18:1 c	S4381
22:1 c	S4381
Fatty acids, total trans-monoenoic	S4381
Zinc, Zn	S4381
Copper, Cu	S4381
Manganese, Mn	S4381
Thiamin	S4381
Niacin	S4381
Tryptophan	S3941, S4381
Valine	S3941, S4381
Glycine	S3941, S4381
16:1 undifferentiated	S4381
22:1 undifferentiated	S4381
15:0	S4381

NDB No. 10962 Pork, Leg sirloin tip roast, boneless, separable lean and fat, cooked, braised

17:1	S4381
Fatty acids, total trans-polyenoic	S4381
Selenium, Se	S4381
Pantothenic acid	S4381
Folate, total	S4381
Threonine	S3941, S4381
Methionine	S3941, S4381
Alanine	S3941, S4381
8:0	S4381
12:0	S4381
18:1 undifferentiated	S4381
18:1 t	S4381
18:2 t,t	S4381
Magnesium, Mg	S4381
Sodium, Na	S4381
Tyrosine	S3941, S4381
Arginine	S3941, S4381
Glutamic acid	S3941, S4381
Cholesterol	S4381
10:0	S4381
Fatty acids, total monounsaturated	S4381
Protein	S4381
Total lipid (fat)	S4381
Phosphorus, P	S4381
Potassium, K	S4381
Vitamin B-6	S4381
Choline, total	S4381
Betaine	S4381
Cystine	S3941, S4381
Aspartic acid	S3941, S4381
Fatty acids, total trans	S4381
17:0	S4381
18:3 n-6 c,c,c	S4381
18:3 n-3 c,c,c (ALA)	S4381
Ash	S4381
Riboflavin	S4381
Phenylalanine	S3941, S4381

NDB No. 10962 Pork, Leg sirloin tip roast, boneless, separable lean and fat, cooked, braised

18:0	S4381
20:4 undifferentiated	S4381
18:2 n-6 c,c	S4381
20:3 undifferentiated	S4381
Iron, Fe	S4381
Fatty acids, total saturated	S4381
20:0	S4381
18:2 undifferentiated	S4381
14:1	S4381
24:0	S4381
20:2 n-6 c,c	S4381
15:1	S4381

NDB No. 10963 Pork, Leg sirloin tip roast, boneless, separable lean and fat, raw

Total lipid (fat)	S4381
Copper, Cu	S4381
Thiamin	S4381
Lysine	S3941, S4381
Methionine	S3941, S4381
Histidine	S3941, S4381
14:0	S4381
16:1 undifferentiated	S4381
18:2 t,t	S4381
20:2 n-6 c,c	S4381
20:3 undifferentiated	S4381
Fatty acids, total trans-polyenoic	S4381
Protein	S4381
Phosphorus, P	S4381
Vitamin B-6	S4381
Vitamin B-12	S4381
Betaine	S4381
Arginine	S3941, S4381
Aspartic acid	S3941, S4381
Serine	S3941, S4381
10:0	S4381
18:3 undifferentiated	S4381

NDB No. 10963 Pork, Leg sirloin tip roast, boneless, separable lean and fat, raw

20:4 undifferentiated	S4381
18:1 t	S4381
Riboflavin	S4381
Folate, total	S4381
Isoleucine	S3941, S4381
Alanine	S3941, S4381
Cholesterol	S4381
Fatty acids, total saturated	S4381
12:0	S4381
22:1 undifferentiated	S4381
24:0	S4381
Iron, Fe	S4381
Cystine	S3941, S4381
18:1 undifferentiated	S4381
18:2 undifferentiated	S4381
22:0	S4381
14:1	S4381
17:0	S4381
15:1	S4381
Calcium, Ca	S4381
20:1	S4381
18:2 n-6 c,c	S4381
17:1	S4381
Fatty acids, total trans-monoenoic	S4381
18:3 n-3 c,c,c (ALA)	S4381
Water	S4381
Potassium, K	S4381
Sodium, Na	S4381
Zinc, Zn	S4381
Niacin	S4381
Pantothenic acid	S4381
Leucine	S3941, S4381
Phenylalanine	S3941, S4381
Tyrosine	S3941, S4381
Valine	S3941, S4381
Fatty acids, total trans	S4381
8:0	S4381

NDB No. 10963 Pork, Leg sirloin tip roast, boneless, separable lean and fat, raw

16:0	S4381
18:0	S4381
Fatty acids, total monounsaturated	S4381
Fatty acids, total polyunsaturated	S4381
22:1 c	S4381
Ash	S4381
Magnesium, Mg	S4381
Choline, total	S4381
Tryptophan	S3941, S4381
Glutamic acid	S3941, S4381
Glycine	S3941, S4381
20:0	S4381
18:1 c	S4381
18:3 n-6 c,c,c	S4381
Manganese, Mn	S4381
Selenium, Se	S4381
Threonine	S3941, S4381
Proline	S3941, S4381
15:0	S4381

NDB No. 10971 Pork, ground, 72% lean / 28% fat, raw

Iron, Fe	S5665
Phosphorus, P	S5665
Potassium, K	S5665
Selenium, Se	S5665
Tocopherol, delta	S5665
Vitamin B-12	S5665
Threonine	S5665
Isoleucine	S5665
Tyrosine	S5665
Valine	S5665
Proline	S5665
18:0	S5665
15:0	S5665
17:0	S5665
22:1 c	S5665

NDB No. 10971 Pork, ground, 72% lean / 28% fat, raw

17:1	S5665
Water	S5665
Zinc, Zn	S5665
Manganese, Mn	S5665
Choline, total	S5665
Alanine	S5665
Serine	S5665
Cholesterol	S5665
14:0	S5665
20:4 undifferentiated	S5665
22:6 n-3 (DHA)	S5665
20:3 undifferentiated	S5665
Calcium, Ca	S5665
Vitamin E (alpha-tocopherol)	S5665
Tocopherol, gamma	S5665
Folate, total	S5665
Leucine	S5665
Fatty acids, total trans	S5665
14:1	S5665
18:2 t,t	S5665
18:3 n-6 c,c,c	S5665
Thiamin	S5665
Tryptophan	S5665
Lysine	S5665
18:3 undifferentiated	S5665
20:1	S5665
22:5 n-3 (DPA)	S5665
Fatty acids, total polyunsaturated	S5665
18:1 t	S5665
20:2 n-6 c,c	S5665
Fatty acids, total trans-polyenoic	S5665
Sodium, Na	S5665
Glutamic acid	S5665
Glycine	S5665
Fatty acids, total saturated	S5665
22:0	S5665
16:1 undifferentiated	S5665

NDB No. 10971 Pork, ground, 72% lean / 28% fat, raw

Protein	S5665
Total lipid (fat)	S5665
Magnesium, Mg	S5665
Betaine	S5665
Aspartic acid	S5665
10:0	S5665
22:1 undifferentiated	S5665
18:3 n-3 c,c,c (ALA)	S5665
Ash	S5665
Copper, Cu	S5665
Tocopherol, beta	S5665
Niacin	S5665
Cystine	S5665
Phenylalanine	S5665
8:0	S5665
20:0	S5665
18:2 undifferentiated	S5665
20:5 n-3 (EPA)	S5665
24:0	S5665
18:2 n-6 c,c	S5665
Fatty acids, total trans-monoenoic	S5665
15:1	S5665
Riboflavin	S5665
Pantothenic acid	S5665
Vitamin B-6	S5665
Methionine	S5665
Arginine	S5665
Histidine	S5665
12:0	S5665
16:0	S5665
18:1 undifferentiated	S5665
Fatty acids, total monounsaturated	S5665
18:1 c	S5665

NDB No. 10972 Pork, ground, 84% lean / 16% fat, raw

NDB No. 10972 Pork, ground, 84% lean / 16% fat, raw

Potassium, K	S5665
Vitamin E (alpha-tocopherol)	S5665
Threonine	S5665
Methionine	S5665
Fatty acids, total saturated	S5665
16:1 undifferentiated	S5665
20:5 n-3 (EPA)	S5665
18:2 t,t	S5665
Manganese, Mn	S5665
Vitamin B-12	S5665
Cystine	S5665
18:3 undifferentiated	S5665
22:1 undifferentiated	S5665
22:5 n-3 (DPA)	S5665
18:1 t	S5665
18:2 n-6 c,c	S5665
Fatty acids, total trans-monoenoic	S5665
Iron, Fe	S5665
Vitamin D	S5665
Arginine	S5665
Proline	S5665
12:0	S5665
18:2 undifferentiated	S5665
20:1	S5665
24:0	S5665
18:1 c	S5665
Tocopherol, beta	S5665
Thiamin	S5665
Pantothenic acid	S5665
Vitamin B-6	S5665
Tryptophan	S5665
Serine	S5665
Fatty acids, total trans	S5665
8:0	S5665
18:0	S5665
20:3 undifferentiated	S5665
Ash	S5665

NDB No. 10972 Pork, ground, 84% lean / 16% fat, raw

Magnesium, Mg	S5665
Copper, Cu	S5665
Selenium, Se	S5665
Leucine	S5665
Phenylalanine	S5665
Tyrosine	S5665
Valine	S5665
Aspartic acid	S5665
Cholesterol	S5665
16:0	S5665
20:4 undifferentiated	S5665
22:6 n-3 (DHA)	S5665
Fatty acids, total monounsaturated	S5665
17:0	S5665
17:1	S5665
18:3 n-3 c,c,c (ALA)	S5665
Total lipid (fat)	S5665
Water	S5665
Calcium, Ca	S5665
Phosphorus, P	S5665
Riboflavin	S5665
Folate, total	S5665
Choline, total	S5665
Betaine	S5665
Lysine	S5665
Histidine	S5665
22:0	S5665
14:1	S5665
15:0	S5665
20:2 n-6 c,c	S5665
Fatty acids, total trans-polyenoic	S5665
15:1	S5665
Protein	S5665
Tocopherol, delta	S5665
Niacin	S5665
Alanine	S5665
Glutamic acid	S5665

NDB No. 10972 Pork, ground, 84% lean / 16% fat, raw

10:0	S5665
18:1 undifferentiated	S5665
18:3 n-6 c,c,c	S5665
Sodium, Na	S5665
Zinc, Zn	S5665
Vitamin D3 (cholecalciferol)	S5665
Tocopherol, gamma	S5665
Isoleucine	S5665
Glycine	S5665
14:0	S5665
20:0	S5665
Fatty acids, total polyunsaturated	S5665
22:1 c	S5665

NDB No. 10973 Pork, ground, 96% lean / 4% fat, raw

Calcium, Ca	S5665
Zinc, Zn	S5665
Thiamin	S5665
Tryptophan	S5665
Tyrosine	S5665
Arginine	S5665
14:1	S5665
16:1 undifferentiated	S5665
15:0	S5665
Tocopherol, gamma	S5665
Pantothenic acid	S5665
Vitamin B-6	S5665
Choline, total	S5665
Betaine	S5665
Threonine	S5665
Lysine	S5665
Methionine	S5665
Glutamic acid	S5665
Proline	S5665
8:0	S5665
20:0	S5665

NDB No. 10973 Pork, ground, 96% lean / 4% fat, raw

17:0	S5665
15:1	S5665
Protein	S5665
Tocopherol, beta	S5665
Isoleucine	S5665
Valine	S5665
Fatty acids, total saturated	S5665
14:0	S5665
18:0	S5665
18:2 undifferentiated	S5665
22:1 undifferentiated	S5665
22:5 n-3 (DPA)	S5665
18:2 t,t	S5665
20:2 n-6 c,c	S5665
Ash	S5665
Copper, Cu	S5665
Vitamin B-12	S5665
Histidine	S5665
Alanine	S5665
Serine	S5665
12:0	S5665
18:1 undifferentiated	S5665
22:6 n-3 (DHA)	S5665
Fatty acids, total monounsaturated	S5665
18:2 n-6 c,c	S5665
Water	S5665
Selenium, Se	S5665
Vitamin E (alpha-tocopherol)	S5665
Leucine	S5665
Fatty acids, total trans	S5665
22:0	S5665
18:1 t	S5665
18:1 c	S5665
22:1 c	S5665
18:3 n-6 c,c,c	S5665
17:1	S5665
Fatty acids, total trans-polyenoic	S5665

NDB No. 10973 Pork, ground, 96% lean / 4% fat, raw

Potassium, K	S5665
Riboflavin	S5665
Niacin	S5665
20:1	S5665
Fatty acids, total polyunsaturated	S5665
20:3 undifferentiated	S5665
18:3 n-3 c,c,c (ALA)	S5665
Magnesium, Mg	S5665
Phosphorus, P	S5665
Sodium, Na	S5665
Manganese, Mn	S5665
Tocopherol, delta	S5665
Aspartic acid	S5665
16:0	S5665
18:3 undifferentiated	S5665
20:4 undifferentiated	S5665
Total lipid (fat)	S5665
Iron, Fe	S5665
Folate, total	S5665
Cystine	S5665
Phenylalanine	S5665
Glycine	S5665
Cholesterol	S5665
10:0	S5665
20:5 n-3 (EPA)	S5665
24:0	S5665
Fatty acids, total trans-monoenoic	S5665

NDB No. 10974 Pork, ground, 72% lean / 28% fat, cooked, crumbles

Water	S5665
Selenium, Se	S5665
Thiamin	S5665
Vitamin B-6	S5665
Histidine	S5665
Aspartic acid	S5665
Cholesterol	S5665

NDB No. 10974 Pork, ground, 72% lean / 28% fat, cooked, crumbles

10:0	S5665
18:1 undifferentiated	S5665
20:1	S5665
17:0	S5665
18:2 t,t	S5665
Sodium, Na	S5665
Manganese, Mn	S5665
Tocopherol, gamma	S5665
Tryptophan	S5665
Isoleucine	S5665
Alanine	S5665
18:3 n-6 c,c,c	S5665
Ash	S5665
Zinc, Zn	S5665
Riboflavin	S5665
Pantothenic acid	S5665
Choline, total	S5665
22:0	S5665
16:1 undifferentiated	S5665
Calcium, Ca	S5665
Phosphorus, P	S5665
Phenylalanine	S5665
Valine	S5665
Glutamic acid	S5665
Serine	S5665
Fatty acids, total trans	S5665
18:0	S5665
22:6 n-3 (DHA)	S5665
18:1 t	S5665
18:2 n-6 c,c	S5665
15:1	S5665
Copper, Cu	S5665
Niacin	S5665
Vitamin B-12	S5665
Threonine	S5665
Leucine	S5665
Lysine	S5665

NDB No. 10974 Pork, ground, 72% lean / 28% fat, cooked, crumbles

Proline	S5665
14:0	S5665
20:0	S5665
14:1	S5665
20:5 n-3 (EPA)	S5665
Fatty acids, total monounsaturated	S5665
22:1 c	S5665
18:3 n-3 c,c,c (ALA)	S5665
Protein	S5665
Total lipid (fat)	S5665
Iron, Fe	S5665
Potassium, K	S5665
Betaine	S5665
Cystine	S5665
Tyrosine	S5665
18:3 undifferentiated	S5665
22:1 undifferentiated	S5665
20:2 n-6 c,c	S5665
18:1 c	S5665
Fatty acids, total trans-polyenoic	S5665
Magnesium, Mg	S5665
Tocopherol, beta	S5665
Tocopherol, delta	S5665
Folate, total	S5665
Glycine	S5665
12:0	S5665
18:2 undifferentiated	S5665
15:0	S5665
17:1	S5665
Vitamin E (alpha-tocopherol)	S5665
Methionine	S5665
Arginine	S5665
Fatty acids, total saturated	S5665
8:0	S5665
16:0	S5665
20:4 undifferentiated	S5665
22:5 n-3 (DPA)	S5665

NDB No. 10974 Pork, ground, 72% lean / 28% fat, cooked, crumbles

Fatty acids, total polyunsaturated	S5665
24:0	S5665
20:3 undifferentiated	S5665
Fatty acids, total trans-monoenoic	S5665

NDB No. 10975 Pork, ground, 84% lean / 16% fat, cooked, crumbles

Total lipid (fat)	S5665
Magnesium, Mg	S5665
Phosphorus, P	S5665
Vitamin D3 (cholecalciferol)	S5665
Tocopherol, beta	S5665
Riboflavin	S5665
Isoleucine	S5665
Leucine	S5665
Glutamic acid	S5665
18:0	S5665
20:5 n-3 (EPA)	S5665
18:2 t,t	S5665
20:3 undifferentiated	S5665
Fatty acids, total trans-polyenoic	S5665
Ash	S5665
Sodium, Na	S5665
Histidine	S5665
18:2 undifferentiated	S5665
22:0	S5665
18:1 c	S5665
Water	S5665
Vitamin E (alpha-tocopherol)	S5665
Cystine	S5665
Phenylalanine	S5665
Tyrosine	S5665
Arginine	S5665
Cholesterol	S5665
16:0	S5665
14:1	S5665
Fatty acids, total polyunsaturated	S5665

NDB No. 10975 Pork, ground, 84% lean / 16% fat, cooked, crumbles

17:0	S5665
17:1	S5665
Calcium, Ca	S5665
Iron, Fe	S5665
Vitamin D	S5665
Vitamin B-12	S5665
Methionine	S5665
Valine	S5665
22:1 undifferentiated	S5665
22:5 n-3 (DPA)	S5665
24:0	S5665
20:2 n-6 c,c	S5665
18:2 n-6 c,c	S5665
Fatty acids, total trans-monoenoic	S5665
Potassium, K	S5665
Manganese, Mn	S5665
Selenium, Se	S5665
Folate, total	S5665
Betaine	S5665
Lysine	S5665
Proline	S5665
14:0	S5665
20:0	S5665
18:3 undifferentiated	S5665
20:4 undifferentiated	S5665
18:1 t	S5665
Protein	S5665
Tocopherol, delta	S5665
Fatty acids, total trans	S5665
22:1 c	S5665
15:1	S5665
18:3 n-3 c,c,c (ALA)	S5665
Tocopherol, gamma	S5665
Vitamin B-6	S5665
Choline, total	S5665
Threonine	S5665
Aspartic acid	S5665

NDB No. 10975 Pork, ground, 84% lean / 16% fat, cooked, crumbles

Glycine	S5665
Fatty acids, total saturated	S5665
8:0	S5665
12:0	S5665
22:6 n-3 (DHA)	S5665
20:1	S5665
15:0	S5665
Zinc, Zn	S5665
Copper, Cu	S5665
Thiamin	S5665
Niacin	S5665
Pantothenic acid	S5665
Tryptophan	S5665
Alanine	S5665
Serine	S5665
10:0	S5665
18:1 undifferentiated	S5665
16:1 undifferentiated	S5665
Fatty acids, total monounsaturated	S5665
18:3 n-6 c,c,c	S5665

NDB No. 10976 Pork, ground, 96% lean / 4% fat, cooked, crumbles

Tocopherol, beta	S5665
Tocopherol, gamma	S5665
Serine	S5665
Cholesterol	S5665
20:5 n-3 (EPA)	S5665
18:1 t	S5665
18:2 n-6 c,c	S5665
Zinc, Zn	S5665
Selenium, Se	S5665
Thiamin	S5665
Niacin	S5665
Threonine	S5665
Fatty acids, total trans	S5665
18:1 undifferentiated	S5665

NDB No. 10976 Pork, ground, 96% lean / 4% fat, cooked, crumbles

22:1 undifferentiated	S5665
15:0	S5665
Riboflavin	S5665
Vitamin B-6	S5665
Isoleucine	S5665
Phenylalanine	S5665
Glycine	S5665
14:0	S5665
20:0	S5665
20:1	S5665
18:2 t,t	S5665
18:3 n-6 c,c,c	S5665
Total lipid (fat)	S5665
Iron, Fe	S5665
Vitamin E (alpha-tocopherol)	S5665
Betaine	S5665
Tryptophan	S5665
Aspartic acid	S5665
Glutamic acid	S5665
Fatty acids, total saturated	S5665
16:0	S5665
22:0	S5665
14:1	S5665
22:5 n-3 (DPA)	S5665
Fatty acids, total monounsaturated	S5665
Ash	S5665
Water	S5665
Sodium, Na	S5665
Tocopherol, delta	S5665
Pantothenic acid	S5665
Choline, total	S5665
Methionine	S5665
Cystine	S5665
Arginine	S5665
12:0	S5665
18:2 undifferentiated	S5665
Fatty acids, total polyunsaturated	S5665

NDB No. 10976 Pork, ground, 96% lean / 4% fat, cooked, crumbles

18:1 c	S5665
22:1 c	S5665
Fatty acids, total trans-monoenoic	S5665
Calcium, Ca	S5665
Manganese, Mn	S5665
Proline	S5665
20:2 n-6 c,c	S5665
Protein	S5665
Potassium, K	S5665
Valine	S5665
Histidine	S5665
8:0	S5665
10:0	S5665
18:0	S5665
18:3 undifferentiated	S5665
20:4 undifferentiated	S5665
16:1 undifferentiated	S5665
17:0	S5665
Fatty acids, total trans-polyenoic	S5665
Magnesium, Mg	S5665
Phosphorus, P	S5665
Copper, Cu	S5665
Folate, total	S5665
Vitamin B-12	S5665
Leucine	S5665
Lysine	S5665
Tyrosine	S5665
Alanine	S5665
22:6 n-3 (DHA)	S5665
24:0	S5665
17:1	S5665
20:3 undifferentiated	S5665
15:1	S5665
18:3 n-3 c,c,c (ALA)	S5665

NDB No. 10977 Pork, ground, 72% lean / 28% fat, cooked, pan-broiled

NDB No. 10977 Pork, ground, 72% lean / 28% fat, cooked, pan-broiled

Iron, Fe	S5665
Magnesium, Mg	S5665
Sodium, Na	S5665
Zinc, Zn	S5665
Vitamin B-12	S5665
Cystine	S5665
Arginine	S5665
Histidine	S5665
Glutamic acid	S5665
14:0	S5665
20:4 undifferentiated	S5665
18:2 n-6 c,c	S5665
Ash	S5665
Calcium, Ca	S5665
Vitamin E (alpha-tocopherol)	S5665
Aspartic acid	S5665
Proline	S5665
20:0	S5665
18:1 undifferentiated	S5665
20:5 n-3 (EPA)	S5665
20:2 n-6 c,c	S5665
15:1	S5665
Protein	S5665
Potassium, K	S5665
Tocopherol, beta	S5665
Niacin	S5665
Folate, total	S5665
Choline, total	S5665
Leucine	S5665
Lysine	S5665
Tyrosine	S5665
8:0	S5665
18:2 undifferentiated	S5665
14:1	S5665
20:1	S5665
22:1 c	S5665
Fatty acids, total trans-monoenoic	S5665

NDB No. 10977 Pork, ground, 72% lean / 28% fat, cooked, pan-broiled

Manganese, Mn	S5665
Tocopherol, gamma	S5665
Pantothenic acid	S5665
Serine	S5665
Fatty acids, total saturated	S5665
22:1 undifferentiated	S5665
17:0	S5665
18:2 t,t	S5665
20:3 undifferentiated	S5665
18:3 n-3 c,c,c (ALA)	S5665
Total lipid (fat)	S5665
Tocopherol, delta	S5665
Thiamin	S5665
Riboflavin	S5665
Tryptophan	S5665
Alanine	S5665
Glycine	S5665
22:6 n-3 (DHA)	S5665
18:1 t	S5665
17:1	S5665
Fatty acids, total trans-polyenoic	S5665
Vitamin B-6	S5665
Betaine	S5665
Isoleucine	S5665
Phenylalanine	S5665
Cholesterol	S5665
18:0	S5665
22:0	S5665
Water	S5665
Selenium, Se	S5665
Methionine	S5665
12:0	S5665
18:3 undifferentiated	S5665
16:1 undifferentiated	S5665
22:5 n-3 (DPA)	S5665
Fatty acids, total monounsaturated	S5665
Fatty acids, total polyunsaturated	S5665

NDB No. 10977 Pork, ground, 72% lean / 28% fat, cooked, pan-broiled

24:0	S5665
Phosphorus, P	S5665
Copper, Cu	S5665
Threonine	S5665
Valine	S5665
Fatty acids, total trans	S5665
10:0	S5665
16:0	S5665
15:0	S5665
18:1 c	S5665
18:3 n-6 c,c,c	S5665

NDB No. 10978 Pork, ground, 84% lean / 16% fat, cooked, pan-broiled

Water	S5665
Copper, Cu	S5665
Pantothenic acid	S5665
Betaine	S5665
Aspartic acid	S5665
Glycine	S5665
14:0	S5665
20:4 undifferentiated	S5665
Fatty acids, total polyunsaturated	S5665
18:2 t,t	S5665
Phosphorus, P	S5665
Choline, total	S5665
Histidine	S5665
Fatty acids, total saturated	S5665
10:0	S5665
12:0	S5665
16:0	S5665
22:6 n-3 (DHA)	S5665
20:1	S5665
Fatty acids, total monounsaturated	S5665
22:1 c	S5665
Tocopherol, beta	S5665
Thiamin	S5665

NDB No. 10978 Pork, ground, 84% lean / 16% fat, cooked, pan-broiled

Vitamin B-12	S5665
Lysine	S5665
Alanine	S5665
18:2 undifferentiated	S5665
14:1	S5665
16:1 undifferentiated	S5665
22:1 undifferentiated	S5665
17:1	S5665
Ash	S5665
Iron, Fe	S5665
Magnesium, Mg	S5665
Tocopherol, gamma	S5665
Niacin	S5665
Folate, total	S5665
Tryptophan	S5665
Phenylalanine	S5665
Tyrosine	S5665
18:3 undifferentiated	S5665
15:0	S5665
24:0	S5665
18:1 t	S5665
18:3 n-3 c,c,c (ALA)	S5665
Protein	S5665
Potassium, K	S5665
Sodium, Na	S5665
Selenium, Se	S5665
Methionine	S5665
Valine	S5665
Proline	S5665
8:0	S5665
18:1 undifferentiated	S5665
18:3 n-6 c,c,c	S5665
15:1	S5665
Vitamin B-6	S5665
Threonine	S5665
Cystine	S5665
Glutamic acid	S5665

NDB No. 10978 Pork, ground, 84% lean / 16% fat, cooked, pan-broiled

20:0	S5665
20:5 n-3 (EPA)	S5665
22:5 n-3 (DPA)	S5665
20:3 undifferentiated	S5665
Manganese, Mn	S5665
Tocopherol, delta	S5665
Riboflavin	S5665
Isoleucine	S5665
Leucine	S5665
Serine	S5665
Cholesterol	S5665
18:0	S5665
22:0	S5665
17:0	S5665
20:2 n-6 c,c	S5665
Fatty acids, total trans-monoenoic	S5665
Fatty acids, total trans-polyenoic	S5665
Total lipid (fat)	S5665
Calcium, Ca	S5665
Zinc, Zn	S5665
Vitamin E (alpha-tocopherol)	S5665
Arginine	S5665
Fatty acids, total trans	S5665
18:1 c	S5665
18:2 n-6 c,c	S5665

NDB No. 10979 Pork, ground, 96% lean / 4% fat, cooked, pan-broiled

Water	S5665
Choline, total	S5665
Tryptophan	S5665
Tyrosine	S5665
Fatty acids, total saturated	S5665
16:1 undifferentiated	S5665
Fatty acids, total monounsaturated	S5665
24:0	S5665

NDB No. 10979 Pork, ground, 96% lean / 4% fat, cooked, pan-broiled

Thiamin	S5665
20:0	S5665
22:0	S5665
14:1	S5665
20:1	S5665
20:2 n-6 c,c	S5665
20:3 undifferentiated	S5665
18:3 n-3 c,c,c (ALA)	S5665
Protein	S5665
Copper, Cu	S5665
Riboflavin	S5665
Niacin	S5665
Folate, total	S5665
Arginine	S5665
Histidine	S5665
Glycine	S5665
18:0	S5665
Potassium, K	S5665
Sodium, Na	S5665
Manganese, Mn	S5665
Tocopherol, delta	S5665
Betaine	S5665
Methionine	S5665
8:0	S5665
18:2 undifferentiated	S5665
15:0	S5665
18:2 t,t	S5665
18:1 c	S5665
Vitamin E (alpha-tocopherol)	S5665
Vitamin B-6	S5665
Isoleucine	S5665
Leucine	S5665
Lysine	S5665
Alanine	S5665
Aspartic acid	S5665
Glutamic acid	S5665
Fatty acids, total trans	S5665

NDB No. 10979 Pork, ground, 96% lean / 4% fat, cooked, pan-broiled

18:1 undifferentiated	S5665
20:5 n-3 (EPA)	S5665
22:5 n-3 (DPA)	S5665
18:1 t	S5665
18:3 n-6 c,c,c	S5665
15:1	S5665
Total lipid (fat)	S5665
Calcium, Ca	S5665
Selenium, Se	S5665
Valine	S5665
12:0	S5665
14:0	S5665
22:6 n-3 (DHA)	S5665
17:1	S5665
Magnesium, Mg	S5665
Phosphorus, P	S5665
Tocopherol, beta	S5665
Pantothenic acid	S5665
Cystine	S5665
Phenylalanine	S5665
Serine	S5665
Cholesterol	S5665
18:3 undifferentiated	S5665
20:4 undifferentiated	S5665
Fatty acids, total trans-monoenoic	S5665
Ash	S5665
Iron, Fe	S5665
Zinc, Zn	S5665
Tocopherol, gamma	S5665
Vitamin B-12	S5665
Threonine	S5665
Proline	S5665
10:0	S5665
16:0	S5665
22:1 undifferentiated	S5665
Fatty acids, total polyunsaturated	S5665
17:0	S5665

NDB No. 10979 Pork, ground, 96% lean / 4% fat, cooked, pan-broiled

18:2 n-6 c,c	S5665
22:1 c	S5665
Fatty acids, total trans-polyenoic	S5665

NDB No. 11001 Alfalfa seeds, sprouted, raw

Water	S606, S604
Betaine	S3461
Fructose	S606, S604
Choline, total	S3461
Glucose (dextrose)	S606, S604
Sucrose	S606
Sugars, total	S606

NDB No. 11008 Artichokes, (globe or french), cooked, boiled, drained, without salt

Total lipid (fat)	S565
Copper, Cu	S565
Niacin	S565
Vitamin B-6	S565
Starch	S565
Sucrose	S565
Calcium, Ca	S565
Zinc, Zn	S565
Vitamin C, total ascorbic acid	S565
Riboflavin	S565
Folate, total	S565
Protein	S565
Lactose	S565
Dihydrophylloquinone	S565
Ash	S565
Fructose	S565
Maltose	S565
Carotene, beta	S565
Thiamin	S565
Betaine	S565
Sugars, total	S565
Selenium, Se	S565

NDB No. 11008 Artichokes, (globe or french), cooked, boiled, drained, without salt

Lutein + zeaxanthin	S565
Choline, total	S565
Vitamin K (phylloquinone)	S565
Iron, Fe	S565
Pantothenic acid	S565
Galactose	S565
Fiber, total dietary	S565
Potassium, K	S565
Cryptoxanthin, beta	S565
Glucose (dextrose)	S565
Water	S565
Magnesium, Mg	S565
Phosphorus, P	S565
Sodium, Na	S565
Manganese, Mn	S565
Carotene, alpha	S565
Lycopene	S565

NDB No. 11011 Asparagus, raw

Total lipid (fat)	S81, S1069
Lactose	S1069
Maltose	S1069
Iron, Fe	S1069
Carotene, beta	D3888, D3887
Tocopherol, beta	S81
Niacin	S1069
Vitamin B-6	S1069
Dihydrophylloquinone	S1069
Betaine	S1069
Tyrosine	S1069
14:0	S1069
18:3 undifferentiated	S1069
18:4	S1069
Ash	S1069
Glucose (dextrose)	D3326, D3321, S1069
Phosphorus, P	S1069

NDB No. 11011 Asparagus, raw

Thiamin	S1069
Glycine	S1069
Serine	S1069
18:2 undifferentiated	S1069
16:1 undifferentiated	S1069
15:1	S1069
Potassium, K	S1069
Vitamin E (alpha-tocopherol)	S81
Pantothenic acid	S1069
Choline, total	S1069
Arginine	S1069
18:0	S1069
22:0	S1069
20:5 n-3 (EPA)	S1069
22:5 n-3 (DPA)	S1069
15:0	S1069
Zinc, Zn	S1069
Copper, Cu	S1069
Cryptoxanthin, beta	D3887
Tocopherol, delta	S81
Threonine	S1069
Proline	S1069
12:0	S1069
18:1 undifferentiated	S1069
20:4 undifferentiated	S1069
17:1	S1069
Sucrose	D3321, S1069
Histidine	S1069
Glutamic acid	S1069
8:0	S1069
Protein	S1069
Fructose	D3326, D3321, S1069
Water	D3326, S81, S1069
Vitamin K (phylloquinone)	S1069
Isoleucine	S1069
Alanine	S1069
Aspartic acid	S1069

NDB No. 11011 Asparagus, raw

24:0	S1069
20:2 n-6 c,c	S1069
20:3 undifferentiated	S1069
Magnesium, Mg	S1069
Manganese, Mn	S1069
Carotene, alpha	D3888, D3887
Folate, total	S1069
Lysine	S1069
Cystine	S1069
10:0	S1069
20:0	S1069
22:6 n-3 (DHA)	S1069
17:0	S1069
Sugars, total	D3326
Calcium, Ca	S1069
Tocopherol, gamma	S81
Vitamin C, total ascorbic acid	S1069
Riboflavin	S1069
Tryptophan	S1069
Leucine	S1069
Methionine	S1069
Phenylalanine	S1069
Valine	S1069
16:0	S1069
14:1	S1069
20:1	S1069
22:1 undifferentiated	S1069

NDB No. 11012 Asparagus, cooked, boiled, drained

Protein	S1069
Starch	S1069
Iron, Fe	S1069
Manganese, Mn	S1069
Vitamin C, total ascorbic acid	S1069
Thiamin	S1069
Pantothenic acid	S1069

NDB No. 11012 Asparagus, cooked, boiled, drained

Choline, total	S1069
Alanine	S1069
18:3 undifferentiated	S1069
20:1	S1069
20:5 n-3 (EPA)	S1069
17:1	S1069
Sucrose	S1069
Water	S1069
Fiber, total dietary	S1069
Phosphorus, P	S1069
Lycopene	S1069
Niacin	S1069
Methionine	S1069
Phenylalanine	S1069
Proline	S1069
8:0	S1069
20:2 n-6 c,c	S1069
Fructose	S1069
Cryptoxanthin, beta	S1069
Betaine	S1069
Threonine	S1069
Isoleucine	S1069
Lysine	S1069
10:0	S1069
14:0	S1069
20:0	S1069
14:1	S1069
Glucose (dextrose)	S1069
Zinc, Zn	S1069
Carotene, beta	S1069
Riboflavin	S1069
Folate, total	S1069
Cystine	S1069
Arginine	S1069
Aspartic acid	S1069
12:0	S1069
18:0	S1069

NDB No. 11012 Asparagus, cooked, boiled, drained

18:1 undifferentiated	S1069
22:6 n-3 (DHA)	S1069
22:1 undifferentiated	S1069
22:5 n-3 (DPA)	S1069
Lactose	S1069
Potassium, K	S1069
Dihydrophylloquinone	S1069
Tryptophan	S1069
Glutamic acid	S1069
Serine	S1069
20:4 undifferentiated	S1069
Glycine	S1069
17:0	S1069
20:3 undifferentiated	S1069
Total lipid (fat)	S1069
Ash	S1069
Maltose	S1069
Calcium, Ca	S1069
Magnesium, Mg	S1069
Sodium, Na	S1069
Selenium, Se	S1069
Carotene, alpha	S1069
Vitamin B-6	S1069
Vitamin K (phylloquinone)	S1069
Leucine	S1069
Histidine	S1069
18:2 undifferentiated	S1069
15:0	S1069
24:0	S1069
15:1	S1069
Copper, Cu	S1069
Fluoride, F	D5001, D5007
Tyrosine	S1069
Valine	S1069
16:0	S1069
22:0	S1069
16:1 undifferentiated	S1069

NDB No. 11012 Asparagus, cooked, boiled, drained

18:4	S1069

NDB No. 11019 Asparagus, frozen, cooked, boiled, drained, without salt

Calcium, Ca	S7, S10, S6, S11, S9, S12, S8
Sodium, Na	S7, S10, S6, S11, S9, S12, S8
Selenium, Se	S7, S10, S6, S11, S9, S12, S8
Tocopherol, beta	S84
Vitamin K (phylloquinone)	D4002
Water	S84
Zinc, Zn	S7, S10, S6, S11, S9, S12, S8
Tocopherol, gamma	S84
Tocopherol, delta	S84
Iron, Fe	S7, S10, S6, S11, S9, S12, S8
Phosphorus, P	S7, S10, S6, S11, S9, S12, S8
Potassium, K	S7, S10, S6, S11, S9, S12, S8
Vitamin E (alpha-tocopherol)	S84
Magnesium, Mg	S7, S10, S6, S11, S9, S12, S8
Copper, Cu	S7, S10, S6, S11, S9, S12, S8
Manganese, Mn	S7, S10, S6, S11, S9, S12, S8

NDB No. 11024 Balsam-pear (bitter gourd), pods, raw

Carotene, alpha	D3844
Carotene, beta	D3844
Lutein + zeaxanthin	D3844

NDB No. 11038 Lima beans, immature seeds, frozen, fordhook, cooked, boiled, drained, without salt

Sucrose	S822, S837
Water	S822, S837
Copper, Cu	S201, S6, S183, S203, S202
Selenium, Se	S201, S6, S183, S203, S202
Sugars, total	S837
Vitamin K (phylloquinone)	D4002
Fructose	S837
Magnesium, Mg	S201, S6, S183, S203, S202
Glucose (dextrose)	S837

NDB No. 11038 Lima beans, immature seeds, frozen, fordhook, cooked, boiled, drained, without salt

Iron, Fe	S201, S6, S183, S203, S202
Manganese, Mn	S201, S6, S183, S203, S202
Lactose	S837
Potassium, K	S201, S6, S183, S203, S202
Sodium, Na	S201, S6, S183, S203, S202
Zinc, Zn	S201, S6, S183, S203, S202
Maltose	S837
Calcium, Ca	S201, S6, S183, S203, S202
Phosphorus, P	S201, S6, S183, S203, S202
Fluoride, F	D5007

NDB No. 11052 Beans, snap, green, raw

Cryptoxanthin, beta	D3905, D3887
Lutein + zeaxanthin	D3905
Niacin	S5802
Ash	S5802
Starch	S5802
Maltose	S5802
Iron, Fe	S5802
Fluoride, F	D5002, D5007, D5003, D5021
Manganese, Mn	S5802
Carotene, alpha	D3905, D3889, D3887
Pantothenic acid	S5802
Lactose	S5802
Calcium, Ca	S5802
Copper, Cu	S5802
Riboflavin	S5802
Folate, total	S5802
Glucose (dextrose)	S5802
Sodium, Na	S5802
Total lipid (fat)	S5802
Water	S5802
Galactose	S5802
Sucrose	S5802
Fiber, total dietary	S5802
Magnesium, Mg	S5802

NDB No. 11052 Beans, snap, green, raw

Potassium, K	S5802
Zinc, Zn	S5802
Carotene, beta	D3853, D3905, D3889, D3887
Vitamin B-6	S5802
Phosphorus, P	S5802
Vitamin C, total ascorbic acid	S5802
Thiamin	S5802
Fructose	S5802
Lycopene	D3905

NDB No. 11053 Beans, snap, green, cooked, boiled, drained, without salt

Calcium, Ca	S201, S183, S203, S202
Zinc, Zn	S201, S183, S203, S202
Copper, Cu	S201, S183, S203, S202
Phosphorus, P	S201, S183, S203, S202
Manganese, Mn	S201, S183, S203, S202
Selenium, Se	S183, S203, S202
Iron, Fe	S201, S183, S203, S202
Sodium, Na	S201, S183, S203, S202
Magnesium, Mg	S201, S183, S203, S202
Potassium, K	S201, S183, S203, S202
Vitamin K (phylloquinone)	D4002

NDB No. 11056 Beans, snap, green, canned, regular pack, drained solids

Protein	S3542
Sucrose	S3542
Glucose (dextrose)	S3542
Fiber, total dietary	S3542
Niacin	S3542
Betaine	S3542
Iron, Fe	S3542
Zinc, Zn	S3542
Carotene, beta	S3542
Riboflavin	S3542
Total lipid (fat)	S3542
Ash	S3542

NDB No. 11056 Beans, snap, green, canned, regular pack, drained solids

Potassium, K	S3542
Copper, Cu	S3542
Folate, food	S3542
Galactose	S3542
Vitamin C, total ascorbic acid	S3542
Thiamin	S3542
Folate, total	S3542
Folic acid	S3542
Fructose	S3542
Lactose	S3542
Calcium, Ca	S3542
Magnesium, Mg	S3542
Manganese, Mn	S3542
Cryptoxanthin, beta	S3542
Vitamin K (phylloquinone)	S3542
Starch	S3542
Phosphorus, P	S3542
Menaquinone-4	S3542
Sugars, total	S3542
Dihydrophylloquinone	S3542
Maltose	S3542
Water	S3542
Carotene, alpha	S3542
Choline, total	S3542

NDB No. 11060 Beans, snap, green, frozen, all styles, unprepared

Potassium, K	S3549
Thiamin	S3549
Niacin	S3549
Dihydrophylloquinone	S3549
Manganese, Mn	S3549
Riboflavin	S3549
Fiber, total dietary	S3549
Iron, Fe	S3549
Pantothenic acid	S3549
Vitamin B-6	S3549

NDB No. 11060 Beans, snap, green, frozen, all styles, unprepared

Menaquinone-4	S3549
Ash	S3549
Glucose (dextrose)	S3549
Lactose	S3549
Calcium, Ca	S3549
Sodium, Na	S3549
Protein	S3549
Starch	S3549
Fructose	S3549
Water	S3549
Copper, Cu	S3549
Carotene, beta	D3853
Sugars, total	S3549
Galactose	S3549
Magnesium, Mg	S3549
Phosphorus, P	S3549
Selenium, Se	S3549
Total lipid (fat)	S3549
Sucrose	S3549
Maltose	S3549
Zinc, Zn	S3549
Vitamin K (phylloquinone)	S3549

NDB No. 11061 Beans, snap, green, frozen, cooked, boiled, drained without salt

Sodium, Na	S6
Copper, Cu	S6
Selenium, Se	S6
Zinc, Zn	S6
Calcium, Ca	S6
Magnesium, Mg	S6
Phosphorus, P	S6
Iron, Fe	S6
Tocopherol, gamma	S84
Tocopherol, delta	S84
Potassium, K	S6
Choline, total	S3461

NDB No. 11061 Beans, snap, green, frozen, cooked, boiled, drained without salt

Manganese, Mn	S6
Vitamin E (alpha-tocopherol)	S84
Tocopherol, beta	S84
Betaine	S3461

NDB No. 11062 Beans, snap, green, frozen, all styles, microwaved

Sucrose	S3549
Fructose	S3549
Sugars, total	S3549
Phosphorus, P	S3549
Sodium, Na	S3549
Calcium, Ca	S3549
Selenium, Se	S3549
Thiamin	S3549
Dihydrophylloquinone	S3549
Maltose	S3549
Iron, Fe	S3549
Magnesium, Mg	S3549
Copper, Cu	S3549
Niacin	S3549
Protein	S3549
Lactose	S3549
Galactose	S3549
Fiber, total dietary	S3549
Manganese, Mn	S3549
Ash	S3549
Menaquinone-4	S3549
Vitamin K (phylloquinone)	S3549
Total lipid (fat)	S3549
Starch	S3549
Glucose (dextrose)	S3549
Zinc, Zn	S3549
Pantothenic acid	S3549
Vitamin B-6	S3549
Water	S3549
Potassium, K	S3549

NDB No. 11062 Beans, snap, green, frozen, all styles, microwaved

Riboflavin	S3549

NDB No. 11063 Beans, snap, green, microwaved

Total lipid (fat)	S5802
Starch	S5802
Lactose	S5802
Calcium, Ca	S5802
Riboflavin	S5802
Niacin	S5802
Potassium, K	S5802
Pantothenic acid	S5802
Glucose (dextrose)	S5802
Fiber, total dietary	S5802
Thiamin	S5802
Folate, total	S5802
Maltose	S5802
Water	S5802
Copper, Cu	S5802
Galactose	S5802
Magnesium, Mg	S5802
Zinc, Zn	S5802
Manganese, Mn	S5802
Sucrose	S5802
Fructose	S5802
Iron, Fe	S5802
Sodium, Na	S5802
Ash	S5802
Phosphorus, P	S5802
Vitamin B-6	S5802
Vitamin C, total ascorbic acid	S5802

NDB No. 11080 Beets, raw

Choline, total	S3461
Betaine	S3461

NDB No. 11082 Beets, canned, regular pack, solids and liquids

Potassium, K	S626, S201, S6, S183, S203, S202, S627
Ash	S626, S625, S627
Fructose	D3321
Total lipid (fat)	S626, S625, S627
Water	S626, S406, S625, S627
Iron, Fe	S626, S201, S6, S625, S183, S203, S202, S627
Vitamin K (phylloquinone)	D4052
Galactose	D3305
Glucose (dextrose)	D3321
Calcium, Ca	S626, S201, S6, S625, S183, S203, S202, S627
Manganese, Mn	S201, S6, S183, S203, S202
Selenium, Se	S6, S183, S203, S202
Protein	S626, S625, S627
Sucrose	D3321, S406
Zinc, Zn	S201, S6, S183, S203, S202
Copper, Cu	S201, S6, S183, S203, S202
Fluoride, F	D5001, D5007
Fiber, total dietary	S626, S625, S627
Magnesium, Mg	S201, S6, S183, S203, S202
Phosphorus, P	S201, S6, S183, S203, S202
Sodium, Na	S626, S201, S6, S625, S183, S203, S202, S627

NDB No. 11084 Beets, canned, drained solids

Choline, total	S3461
Fluoride, F	D5001, D5007
Fiber, total dietary	S2122
Betaine	S3461

NDB No. 11086 Beet greens, raw

Iron, Fe	S1821
Carotene, beta	D3887, D3846
Cryptoxanthin, beta	D3887
Ash	S1821
Copper, Cu	S1821
Water	S1821
Total lipid (fat)	S1821

NDB No. 11086 Beet greens, raw

Protein	S1821
Carotene, alpha	D3887
Zinc, Zn	S1821

NDB No. 11090 Broccoli, raw

Lactose	S837, S1121, S564
Zinc, Zn	S619, S1121, S564
Niacin	S619, S1121, S564
Betaine	S1121, S564
18:0	S564
18:2 undifferentiated	S564
20:3 undifferentiated	S564
Galactose	D3305, S564
Potassium, K	S619, S1164, S1121, S564
Manganese, Mn	S619, S1121, S564
Tocopherol, gamma	S121, S1121, S564, S87
Alanine	S1121, S564
14:0	S564
17:0	S564
20:2 n-6 c,c	S564
Protein	S619, S1121, S564
Water	S619, S837, S2122, S606, S6741, D3773, S121, S1121, S564, S604, S87
Sugars, total	S837, S606, S564
Fiber, total dietary	S837, S606, D3773, S564, S604
Selenium, Se	S2122, S564
Tocopherol, beta	S121, S1121, S564, S87
Thiamin	S619, S1121, S564
Riboflavin	S619, S1121, S564
Folate, total	S619, S1164, S1121, S564
Vitamin K (phylloquinone)	S1121, S564
Methionine	S1121, S564
Cystine	S1121, S564
Phenylalanine	S1121, S564
Arginine	S1121, S564
Glycine	S1121, S564
20:4 undifferentiated	S564

NDB No. 11090 Broccoli, raw

20:1	S564
Ash	S619, S1121, S564
Fructose	S837, D3321, S606, S1121, S564, S604
Vitamin A, IU	S619
Carotene, beta	D3853, S1164, D3889, D3901, D3888, S1121, D3887, S564, D3846
Pantothenic acid	S619, S1121, S564
Choline, total	S1121, S564
Leucine	S1121, S564
12:0	S564
20:0	S564
Total lipid (fat)	S619, S121, S1121, S564, S87
Sucrose	S837, D3321, S606, S1121, S564, S604
Glucose (dextrose)	S837, D3321, S606, S1121, S564, S604
Maltose	S837, S1121, S564
Iron, Fe	S619, S1121, S564
Phosphorus, P	S619, S1121, S564
Sodium, Na	S619, S1164, S1121, S564
Copper, Cu	S619, S1121, S564
Vitamin B-6	S619, S1121, S564
Tyrosine	S1121, S564
Aspartic acid	S1121, S564
22:0	S564
Starch	S564
Cryptoxanthin, beta	S1164, D3901, S1121, D3887, S564
Threonine	S1121, S564
Histidine	S1121, S564
Glutamic acid	S1121, S564
Proline	S1121, S564
8:0	S564
16:1 undifferentiated	S564
15:1	S564
Calcium, Ca	S619, S1121, S564
Carotene, alpha	S1164, D3901, D3888, S1121, D3887, S564
Vitamin E (alpha-tocopherol)	S121, S1121, S564, S87
Lycopene	S1164, D3901, S1121, S564
Lutein + zeaxanthin	D3901, S1121, S564
Vitamin C, total ascorbic acid	S619, S1164, S6741

NDB No. 11090 Broccoli, raw

Dihydrophylloquinone	S1121, S564
Lysine	S1121, S564
Valine	S1121, S564
Serine	S1121, S564
10:0	S564
16:0	S564
18:3 undifferentiated	S564
15:0	S564
18:3 n-6 c,c,c	S564
17:1	S564
Magnesium, Mg	S619, S1121, S564
Tocopherol, delta	S121, S1121, S564, S87
Tryptophan	S1121, S564
Isoleucine	S1121, S564
18:1 undifferentiated	S564
14:1	S564

NDB No. 11091 Broccoli, cooked, boiled, drained, without salt

Fructose	S837, S1121, S564
Sodium, Na	S1121, S564
Copper, Cu	S1121, S564
Vitamin E (alpha-tocopherol)	S1121, S564
Lutein + zeaxanthin	S1121, S564, D3890
Pantothenic acid	S1121, S564
Betaine	S564
10:0	S564
16:0	S564
16:1 undifferentiated	S564
Lactose	S837, S1121, S564
Maltose	S837, S1121, S564
Fluoride, F	D5007
Tocopherol, gamma	S1121, S564
Vitamin C, total ascorbic acid	S6741, S564
Niacin	S1121, S564
Vitamin K (phylloquinone)	S1121, S564
Tyrosine	S1121, S564

NDB No. 11091 Broccoli, cooked, boiled, drained, without salt

8:0	S564
20:2 n-6 c,c	S564
Iron, Fe	S1121, S564
Selenium, Se	S1121, S564
Cryptoxanthin, beta	S1121, S564
Tryptophan	S1121, S564
Isoleucine	S1121, S564
Arginine	S1121, S564
Glutamic acid	S1121, S564
18:1 undifferentiated	S564
18:3 n-6 c,c,c	S564
Vitamin B-6	S1121, S564
Folate, total	S1121, S564
Cystine	S1121, S564
Valine	S1121, S564
Serine	S1121, S564
20:0	S564
14:1	S564
Protein	S1121, S564
Sucrose	S837, S1121, S564
Glucose (dextrose)	S837, S1121, S564
Magnesium, Mg	S1121, S564
Manganese, Mn	S1121, S564
Riboflavin	S1121, S564
Choline, total	S564
Histidine	S1121, S564
Glycine	S1121, S564
20:4 undifferentiated	S564
22:0	S564
17:0	S564
17:1	S564
Total lipid (fat)	S1121, S564
Starch	S564
Water	S837, S606, S6741, S1121, S564
Galactose	S564
Carotene, beta	S1121, S564, D3890, D3846
Lycopene	S1121, S564

NDB No. 11091 Broccoli, cooked, boiled, drained, without salt

Tocopherol, beta	S1121, S564
Thiamin	S1121, S564
Dihydrophylloquinone	S1121, S564
Leucine	S1121, S564
Phenylalanine	S1121, S564
14:0	S564
20:1	S564
Ash	S1121, S564
Sugars, total	S837, S564
Fiber, total dietary	S837, S606, S564
Zinc, Zn	S1121, S564
Tocopherol, delta	S1121, S564
Lysine	S1121, S564
Alanine	S1121, S564
18:0	S564
18:2 undifferentiated	S564
18:3 undifferentiated	S564
20:3 undifferentiated	S564
15:1	S564
Calcium, Ca	S1121, S564
Phosphorus, P	S1121, S564
Potassium, K	S1121, S564
Carotene, alpha	S1121, S564
Threonine	S1121, S564
Methionine	S1121, S564
Aspartic acid	S1121, S564
Proline	S1121, S564
12:0	S564
15:0	S564

NDB No. 11092 Broccoli, frozen, chopped, unprepared

Vitamin E (alpha-tocopherol)	S87
Tocopherol, gamma	S87
Tocopherol, delta	S87
Glucose (dextrose)	S822
Fructose	S822

NDB No. 11092 Broccoli, frozen, chopped, unprepared

Tocopherol, beta	S87
Carotene, beta	D3846

NDB No. 11093 Broccoli, frozen, chopped, cooked, boiled, drained, without salt

Sodium, Na	S6
Zinc, Zn	S6
Iron, Fe	S6
Potassium, K	S6
Copper, Cu	S6
Calcium, Ca	S6
Magnesium, Mg	S6
Manganese, Mn	S6
Phosphorus, P	S6
Selenium, Se	S6

NDB No. 11096 Broccoli raab, raw

Galactose	S1121
Zinc, Zn	S482, S1121
Lutein + zeaxanthin	S482, S1121
Threonine	S482, S1121
Valine	S482, S1121
Glycine	S482, S1121
Protein	S482, S1121
Total lipid (fat)	S482, S1121
Ash	S482, S1121
Calcium, Ca	S482, S1121
Potassium, K	S482, S1121
Manganese, Mn	S482, S1121
Carotene, beta	S482, S1121
Lycopene	S482, S1121
Thiamin	S482, S1121
Betaine	S482, S1121
Tryptophan	S482, S1121
Water	S482, S1121
Sugars, total	S1121
Fiber, total dietary	S482, S1121

NDB No. 11096 Broccoli raab, raw

Carotene, alpha	S482, S1121
Tocopherol, beta	S482, S1121
Vitamin B-6	S482, S1121
Histidine	S482, S1121
Alanine	S482, S1121
Glucose (dextrose)	S482, S1121
Maltose	S482, S1121
Sodium, Na	S482, S1121
Cryptoxanthin, beta	S482, S1121
Isoleucine	S482, S1121
Cystine	S482, S1121
Selenium, Se	S1121
Tocopherol, gamma	S482, S1121
Tocopherol, delta	S482, S1121
Riboflavin	S482, S1121
Niacin	S482, S1121
Choline, total	S482, S1121
Dihydrophylloquinone	S482, S1121
Leucine	S482, S1121
Arginine	S482, S1121
Proline	S482, S1121
Fructose	S482, S1121
Lactose	S482, S1121
Phosphorus, P	S482, S1121
Vitamin E (alpha-tocopherol)	S482, S1121
Pantothenic acid	S482, S1121
Tyrosine	S482, S1121
Serine	S482, S1121
Iron, Fe	S482, S1121
Magnesium, Mg	S482, S1121
Vitamin C, total ascorbic acid	S482, S1121
Folate, total	S482, S1121
Lysine	S482, S1121
Methionine	S482, S1121
Phenylalanine	S482, S1121
Glutamic acid	S482, S1121
Sucrose	S482, S1121

NDB No. 11096 Broccoli raab, raw

Copper, Cu	S482, S1121
Vitamin K (phylloquinone)	S482, S1121
Aspartic acid	S482, S1121

NDB No. 11097 Broccoli raab, cooked

Carotene, alpha	S482
Cryptoxanthin, beta	S482
Glutamic acid	S482, S1121
Proline	S482, S1121
18:1 undifferentiated	S482
20:4 undifferentiated	S482
20:5 n-3 (EPA)	S482
22:5 n-3 (DPA)	S482
15:1	S482
Maltose	S482
Magnesium, Mg	S482
Tocopherol, gamma	S482
Riboflavin	S482
Vitamin B-6	S482
Phenylalanine	S482, S1121
Tyrosine	S482, S1121
Histidine	S482, S1121
20:2 n-6 c,c	S482
Protein	S482
Sucrose	S482
Glucose (dextrose)	S482
Fiber, total dietary	S482
Vitamin K (phylloquinone)	S482
Betaine	S482, S1121
Isoleucine	S482, S1121
Leucine	S482, S1121
Lysine	S482, S1121
Cystine	S482, S1121
22:6 n-3 (DHA)	S482
22:0	S482
18:4	S482

NDB No. 11097 Broccoli raab, cooked

17:1	S482
Total lipid (fat)	S482
Water	S482
Phosphorus, P	S482
Lutein + zeaxanthin	S482
Thiamin	S482
Aspartic acid	S482, S1121
16:1 undifferentiated	S482
Ash	S482
Lactose	S482
Iron, Fe	S482
Tocopherol, beta	S482
Valine	S482, S1121
Glycine	S482, S1121
10:0	S482
18:0	S482
18:2 undifferentiated	S482
18:3 undifferentiated	S482
24:0	S482
20:3 undifferentiated	S482
Fructose	S482
Calcium, Ca	S482
Copper, Cu	S482
Folate, total	S482
Tryptophan	S482, S1121
12:0	S482
17:0	S482
Potassium, K	S482
Sodium, Na	S482
Manganese, Mn	S482
Tocopherol, delta	S482
Vitamin C, total ascorbic acid	S482
Choline, total	S482, S1121
Methionine	S482, S1121
Alanine	S482, S1121
16:0	S482
14:1	S482

NDB No. 11097 Broccoli raab, cooked

20:1	S482
15:0	S482
Zinc, Zn	S482
Selenium, Se	S482
Carotene, beta	S482
Vitamin E (alpha-tocopherol)	S482
Lycopene	S482
Niacin	S482
Pantothenic acid	S482
Dihydrophylloquinone	S482
Threonine	S482, S1121
Arginine	S482, S1121
Serine	S482, S1121
8:0	S482
14:0	S482
20:0	S482
22:1 undifferentiated	S482

NDB No. 11098 Brussels sprouts, raw

Carotene, beta	D3889, D3901, D3846
Lutein + zeaxanthin	D3901
Carotene, alpha	D3889, D3901
Lycopene	D3901
Cryptoxanthin, beta	D3901

NDB No. 11099 Brussels sprouts, cooked, boiled, drained, without salt

Tocopherol, beta	S84
Tocopherol, gamma	S84
Betaine	S3461
Carotene, alpha	D3901
Vitamin E (alpha-tocopherol)	S84
Tocopherol, delta	S84
Total lipid (fat)	S84
Lutein + zeaxanthin	D3901
Choline, total	S3461
Water	S84

NDB No. 11099 Brussels sprouts, cooked, boiled, drained, without salt

Carotene, beta	D3901, D3846
Cryptoxanthin, beta	D3901
Lycopene	D3901

NDB No. 11100 Brussels sprouts, frozen, unprepared

Carotene, beta	D3846

NDB No. 11101 Brussels sprouts, frozen, cooked, boiled, drained, without salt

Sodium, Na	S7, S10, S6, S11, S9, S12, S8
Copper, Cu	S7, S10, S6, S11, S9, S12, S8
Vitamin K (phylloquinone)	D4002
Calcium, Ca	S7, S10, S6, S11, S9, S12, S8
Iron, Fe	S7, S10, S6, S11, S9, S12, S8
Phosphorus, P	S7, S10, S6, S11, S9, S12, S8
Potassium, K	S7, S10, S6, S11, S9, S12, S8
Selenium, Se	S7, S10, S6, S11, S9, S12, S8
Zinc, Zn	S7, S10, S6, S11, S9, S12, S8
Magnesium, Mg	S7, S10, S6, S11, S9, S12, S8
Manganese, Mn	S7, S10, S6, S11, S9, S12, S8

NDB No. 11109 Cabbage, raw

Glucose (dextrose)	D3311, S837, S606, S1069
Manganese, Mn	S201, S183, S203, S1069, S202
Tocopherol, gamma	S81, S121, S87
Vitamin B-6	S1069
Threonine	S1065, S1069
Histidine	S1065, S1069
Proline	S1065, S1069
8:0	S1069
18:3 undifferentiated	S1069
20:1	S1069
15:1	S1069
Sucrose	D3311, S837, S606, S1069
Riboflavin	S1069
Leucine	S1065, S1069

NDB No. 11109 Cabbage, raw

17:1	S1069
Total lipid (fat)	S81, S121, S1069, S87
Ash	S1069
Lactose	S837, S1069
Copper, Cu	S201, S183, S203, S1069, S202
Selenium, Se	S201, S183, S203, S202
Tocopherol, beta	S81, S121, S87
Vitamin C, total ascorbic acid	S1069
Niacin	S1069
Isoleucine	S1065, S1069
Phenylalanine	S1065, S1069
12:0	S1069
14:1	S1069
Fructose	D3311, S837, S606, S1069
Calcium, Ca	S201, S183, S203, S1069, S202
Vitamin E (alpha-tocopherol)	S81, S121, S87
Vitamin K (phylloquinone)	D4052, D4066, S1069
Aspartic acid	S1065, S1069
18:0	S1069
20:5 n-3 (EPA)	S1069
Iron, Fe	S201, S183, S203, S1069, S202
Tocopherol, delta	S81, S121, S87
Choline, total	S1069
Lysine	S1065, S1069
Methionine	S1065, S1069
Valine	S1065, S1069
Serine	S1065, S1069
14:0	S1069
22:0	S1069
22:1 undifferentiated	S1069
22:5 n-3 (DPA)	S1069
Fatty acids, total monounsaturated	S1069
15:0	S1069
Phosphorus, P	S201, S183, S203, S1069, S202
Zinc, Zn	S201, S183, S203, S1069, S202
Carotene, beta	D3860, S1202, D3901, D3924
Tryptophan	S1065, S1069

NDB No. 11109 Cabbage, raw

Cystine	S1065, S1069
Tyrosine	S1065, S1069
Alanine	S1065, S1069
Fatty acids, total saturated	S1069
10:0	S1069
16:1 undifferentiated	S1069
Protein	S1069
Starch	S1069
Maltose	S837, S606, S1069
Water	S837, S606, S81, S121, S1069, S87
Sugars, total	S837, S606
Fluoride, F	D5007
Dihydrophylloquinone	S1069
Betaine	S1069
Glycine	S1065, S1069
16:0	S1069
20:0	S1069
17:0	S1069
Magnesium, Mg	S201, S183, S203, S1069, S202
Potassium, K	S201, S183, S203, S1069, S202
Carotene, alpha	S1202, D3901
Cryptoxanthin, beta	S1202, D3901
Lycopene	D3901
Lutein + zeaxanthin	D3860, D3901, D3924
Thiamin	S1069
Pantothenic acid	S1069
Arginine	S1065, S1069
Glutamic acid	S1065, S1069
18:1 undifferentiated	S1069
18:2 undifferentiated	S1069
20:4 undifferentiated	S1069
22:6 n-3 (DHA)	S1069
18:4	S1069
Fatty acids, total polyunsaturated	S1069
24:0	S1069
20:2 n-6 c,c	S1069
20:3 undifferentiated	S1069

NDB No. 11110 Cabbage, cooked, boiled, drained, without salt

Protein	S1069
Cryptoxanthin, beta	S1069
Vitamin C, total ascorbic acid	S1069
Niacin	S1069
Leucine	S1065, S1069
Histidine	S1065, S1069
Glutamic acid	S1065, S1069
8:0	S1069
15:1	S1069
Starch	S1069
Lactose	S1069
Phosphorus, P	S1069
Copper, Cu	S1069
Manganese, Mn	S1069
Choline, total	S1069
Betaine	S1069
Lysine	S1065, S1069
Phenylalanine	S1065, S1069
Arginine	S1065, S1069
14:0	S1069
20:1	S1069
20:5 n-3 (EPA)	S1069
20:3 undifferentiated	S1069
Methionine	S1065, S1069
Aspartic acid	S1065, S1069
10:0	S1069
18:1 undifferentiated	S1069
18:3 undifferentiated	S1069
20:4 undifferentiated	S1069
22:1 undifferentiated	S1069
24:0	S1069
Glucose (dextrose)	S1069
Fiber, total dietary	S1069
Zinc, Zn	S1069
Fluoride, F	D5007
Pantothenic acid	S1069
Vitamin K (phylloquinone)	S1069

NDB No. 11110 Cabbage, cooked, boiled, drained, without salt

Tryptophan	S1065, S1069
Isoleucine	S1065, S1069
Fatty acids, total saturated	S1069
12:0	S1069
16:1 undifferentiated	S1069
22:5 n-3 (DPA)	S1069
15:0	S1069
Calcium, Ca	S1069
Magnesium, Mg	S1069
Thiamin	S1069
Vitamin B-6	S1069
Threonine	S1065, S1069
Tyrosine	S1065, S1069
22:6 n-3 (DHA)	S1069
22:0	S1069
17:1	S1069
Total lipid (fat)	S1069
Ash	S1069
Fructose	S1069
Water	D3775, S1069
Lycopene	S1069
Dihydrophylloquinone	S1069
Valine	S1065, S1069
Alanine	S1065, S1069
20:0	S1069
Fatty acids, total polyunsaturated	S1069
Sucrose	S1069
Maltose	S1069
Carotene, alpha	S1069
Riboflavin	S1069
Cystine	S1065, S1069
Glycine	S1065, S1069
16:0	S1069
14:1	S1069
Fatty acids, total monounsaturated	S1069
Potassium, K	S1069
Carotene, beta	S1069

NDB No. 11110 Cabbage, cooked, boiled, drained, without salt

Folate, total	S1069
Proline	S1065, S1069
Serine	S1065, S1069
18:0	S1069
18:2 undifferentiated	S1069
18:4	S1069
17:0	S1069
20:2 n-6 c,c	S1069

NDB No. 11112 Cabbage, red, raw

Maltose	S1065
Water	D3326, S1065
Iron, Fe	S1065
Potassium, K	S1065
Niacin	S1065
Cystine	S1065, S1069
Phenylalanine	S1065, S1069
Alanine	S1065, S1069
Glutamic acid	S1065, S1069
Sucrose	D3326, S1065
Sodium, Na	S1065
Selenium, Se	S1065
Carotene, beta	S1065
Vitamin B-6	S1065
Arginine	S1065, S1069
Histidine	S1065, S1069
Fructose	D3326, S1065
Lactose	S1065
Phosphorus, P	S1065
Cryptoxanthin, beta	S1065
Lycopene	S1065
Dihydrophylloquinone	S1065
Valine	S1065, S1069
Zinc, Zn	S1065
Thiamin	S1065
Tryptophan	S1065, S1069

NDB No. 11112 Cabbage, red, raw

Aspartic acid	S1065, S1069
Total lipid (fat)	S1065
Calcium, Ca	S1065
Magnesium, Mg	S1065
Isoleucine	S1065, S1069
Methionine	S1065, S1069
Glycine	S1065, S1069
Ash	S1065
Glucose (dextrose)	D3326, S1065
Copper, Cu	S1065
Carotene, alpha	S1065
Pantothenic acid	S1065
Folate, total	S1065
Threonine	S1065, S1069
Lysine	S1065, S1069
Fiber, total dietary	S1065
Riboflavin	S1065
Choline, total	S1065
Proline	S1065, S1069
Serine	S1065, S1069
Protein	S1065
Starch	S1065
Sugars, total	D3326
Manganese, Mn	S1065
Vitamin K (phylloquinone)	S1065
Betaine	S1065
Leucine	S1065, S1069
Tyrosine	S1065, S1069

NDB No. 11113 Cabbage, red, cooked, boiled, drained, without salt

Protein	S1065
Ash	S1065
Fiber, total dietary	S1065
Calcium, Ca	S1065
Phosphorus, P	S1065
Sodium, Na	S1065

NDB No. 11113 Cabbage, red, cooked, boiled, drained, without salt

Zinc, Zn	S1065
Histidine	S1065, S1069
Glutamic acid	S1065, S1069
Riboflavin	S1065
Isoleucine	S1065, S1069
Tyrosine	S1065, S1069
Total lipid (fat)	S1065
Maltose	S1065
Thiamin	S1065
Niacin	S1065
Vitamin K (phylloquinone)	S1065
Valine	S1065, S1069
Sucrose	S1065
Potassium, K	S1065
Selenium, Se	S1065
Lycopene	S1065
Pantothenic acid	S1065
Folate, total	S1065
Threonine	S1065, S1069
Leucine	S1065, S1069
Arginine	S1065, S1069
Aspartic acid	S1065, S1069
Copper, Cu	S1065
Vitamin B-6	S1065
Dihydrophylloquinone	S1065
Serine	S1065, S1069
Iron, Fe	S1065
Tryptophan	S1065, S1069
Methionine	S1065, S1069
Phenylalanine	S1065, S1069
Alanine	S1065, S1069
Starch	S1065
Lactose	S1065
Water	S1065
Magnesium, Mg	S1065
Manganese, Mn	S1065
Carotene, beta	S1065

NDB No. 11113 Cabbage, red, cooked, boiled, drained, without salt

Carotene, alpha	S1065
Cryptoxanthin, beta	S1065
Choline, total	S1065
Lysine	S1065, S1069
Glycine	S1065, S1069
Glucose (dextrose)	S1065
Fructose	S1065
Betaine	S1065
Cystine	S1065, S1069
Proline	S1065, S1069

NDB No. 11124 Carrots, raw

Sugars, total	S837, S606
Fluoride, F	D5002, D5007, D5021
Selenium, Se	S6, S183, S203, S202
Tocopherol, delta	S1062, S84, S87
Methionine	S25
Tyrosine	S25
Serine	S25
10:0	S1062
18:1 undifferentiated	S1062
18:4	S1062
Potassium, K	S201, S1062, S6, S183, S203, S618, S202
Zinc, Zn	S201, S1062, S6, S183, S203, S618, S202
Thiamin	S1062, S618
Riboflavin	S1062, S618
Vitamin B-6	S1062, S618
Dihydrophylloquinone	S1062
Glycine	S25
8:0	S1062
14:0	S1062
20:0	S1062
14:1	S1062
16:1 undifferentiated	S1062
Ash	S1062, S618
Starch	S1062

NDB No. 11124 Carrots, raw

Maltose	S837, S1062
Calcium, Ca	S201, S1062, S6, S183, S203, S618, S202
Iron, Fe	S201, S1062, S6, S183, S203, S618, S202
Carotene, beta	D3911, D3900, D3885, D3909, D3847, S1062, D3889, S2644, D3843, D3850, D3888, D5261, D3887, S1381, D3846
Vitamin E (alpha-tocopherol)	S1062, S84, S87
Vitamin C, total ascorbic acid	S1062, S618
Phenylalanine	S25
20:1	S1062
20:2 n-6 c,c	S1062
15:1	S1062
Sucrose	S837, S1062, S606, S604
Water	S837, S1062, S606, S84, S618, S604, S87
Fiber, total dietary	S1062
Phosphorus, P	S201, S1062, S6, S183, S203, S618, S202
Sodium, Na	S201, S1062, S6, S183, S203, S618, S202
Copper, Cu	S201, S1062, S6, S183, S203, S618, S202
Manganese, Mn	S201, S1062, S6, S183, S203, S618, S202
Cryptoxanthin, beta	D3887
Folate, total	S1062, S618
Vitamin K (phylloquinone)	S1062
22:1 undifferentiated	S1062
22:5 n-3 (DPA)	S1062
24:0	S1062
Fructose	S837, S1062, S606, S604
Lactose	S837, S1062
Vitamin A, IU	D5261
Carotene, alpha	D3911, D3900, D3885, D3909, D3847, S1062, D3889, S2644, D3850, D3888, D3887, S1381, D3846
Niacin	S1062, S618
Threonine	S25
Isoleucine	S25
Leucine	S25
Lysine	S25
Histidine	S25
Aspartic acid	S25
12:0	S1062
20:4 undifferentiated	S1062

NDB No. 11124 Carrots, raw

20:3 undifferentiated	S1062
Protein	S1062, S618
Vitamin A, RAE	D5261
Tocopherol, beta	S1062, S84, S87
Choline, total	S1062
Betaine	S1062
Valine	S25
Alanine	S25
16:0	S1062
18:3 undifferentiated	S1062
17:0	S1062
17:1	S1062
Total lipid (fat)	S1062, S84, S618, S87
Glucose (dextrose)	S837, S1062, S606, S604
Lycopene	D3911, S1062
Pantothenic acid	S1062, S618
Tryptophan	S25
Cystine	S25
Arginine	S25
Glutamic acid	S25
Proline	S25
18:2 undifferentiated	S1062
22:0	S1062
15:0	S1062
Magnesium, Mg	S201, S1062, S6, S183, S203, S618, S202
Tocopherol, gamma	S1062, S84, S87
18:0	S1062
22:6 n-3 (DHA)	S1062
20:5 n-3 (EPA)	S1062

NDB No. 11125 Carrots, cooked, boiled, drained, without salt

Fiber, total dietary	S1062
Dihydrophylloquinone	S1062
Betaine	S1062
Arginine	S25
Proline	S25

NDB No. 11125 Carrots, cooked, boiled, drained, without salt

18:0	S1062
18:1 undifferentiated	S1062
18:4	S1062
17:0	S1062
Pantothenic acid	S1062
Tryptophan	S25
Methionine	S25
Cystine	S25
Glutamic acid	S25
24:0	S1062
Sucrose	S1062
Fluoride, F	D5001
Carotene, alpha	D3885, S1062, D3846
Vitamin K (phylloquinone)	S1062
Tyrosine	S25
Histidine	S25
22:6 n-3 (DHA)	S1062
Protein	S1062
Potassium, K	S1062
Sodium, Na	S1062
Lycopene	S1062
Riboflavin	S1062
Vitamin B-6	S1062
Threonine	S25
Leucine	S25
Phenylalanine	S25
Glycine	S25
14:0	S1062
15:0	S1062
20:2 n-6 c,c	S1062
17:1	S1062
15:1	S1062
Fructose	S1062
Tocopherol, beta	S1062
Tocopherol, gamma	S1062
Choline, total	S1062
8:0	S1062

NDB No. 11125 Carrots, cooked, boiled, drained, without salt

10:0	S1062
20:0	S1062
18:2 undifferentiated	S1062
18:3 undifferentiated	S1062
Total lipid (fat)	S1062
Maltose	S1062
Calcium, Ca	S1062
Phosphorus, P	S1062
Copper, Cu	S1062
Manganese, Mn	S1062
Tocopherol, delta	S1062
Lysine	S25
Aspartic acid	S25
Serine	S25
12:0	S1062
22:1 undifferentiated	S1062
22:5 n-3 (DPA)	S1062
Starch	S1062
Iron, Fe	S1062
Magnesium, Mg	S1062
Zinc, Zn	S1062
Selenium, Se	S1062
Carotene, beta	D3885, S1062, D3846
Thiamin	S1062
Isoleucine	S25
Valine	S25
Alanine	S25
22:0	S1062
14:1	S1062
20:5 n-3 (EPA)	S1062
20:3 undifferentiated	S1062
Ash	S1062
Glucose (dextrose)	S1062
Lactose	S1062
Water	S1062
Vitamin E (alpha-tocopherol)	S1062
Vitamin C, total ascorbic acid	S1062

NDB No. 11125 Carrots, cooked, boiled, drained, without salt

Niacin	S1062
16:0	S1062
20:4 undifferentiated	S1062
16:1 undifferentiated	S1062
20:1	S1062

NDB No. 11128 Carrots, canned, regular pack, drained solids

Lycopene	D3902
Tryptophan	S25
Leucine	S25
Methionine	S25
Valine	S25
Glycine	S25
Tyrosine	S25
Arginine	S25
Alanine	S25
Carotene, alpha	D3911, D3902, D3846
Threonine	S25
Phenylalanine	S25
Histidine	S25
Glutamic acid	S25
Proline	S25
Cryptoxanthin, beta	D3902
Aspartic acid	S25
Serine	S25
Lutein + zeaxanthin	D3902
Isoleucine	S25
Cystine	S25
Carotene, beta	D3911, D3902, D3843, D3846
Lysine	S25

NDB No. 11130 Carrots, frozen, unprepared

Ash	S25
Maltose	S25
Water	S25
Calcium, Ca	S25

NDB No. 11130 Carrots, frozen, unprepared

Niacin	S25
Vitamin K (phylloquinone)	S25
10:0	S25
Galactose	S25
Fiber, total dietary	S25
Magnesium, Mg	S25
Zinc, Zn	S25
20:4 undifferentiated	S25
Vitamin C, total ascorbic acid	S25
Thiamin	S25
4:0	S25
18:2 undifferentiated	S25
Lactose	S25
Iron, Fe	S25
Pantothenic acid	S25
22:6 n-3 (DHA)	S25
18:4	S25
Total lipid (fat)	S25
Glucose (dextrose)	S25
Potassium, K	S25
6:0	S25
Starch	S25
Sugars, total	S25
Riboflavin	S25
Vitamin B-6	S25
Dihydrophylloquinone	S25
22:5 n-3 (DPA)	S25
Sucrose	S25
Fructose	S25
Sodium, Na	S25
22:1 undifferentiated	S25
Protein	S25
Phosphorus, P	S25
Copper, Cu	S25
Manganese, Mn	S25
8:0	S25
20:1	S25

NDB No. 11130 Carrots, frozen, unprepared

20:5 n-3 (EPA)	S25

NDB No. 11131 Carrots, frozen, cooked, boiled, drained, without salt

Calcium, Ca	S25
Manganese, Mn	S25
Pantothenic acid	S25
Vitamin K (phylloquinone)	S25
Phenylalanine	S25
Arginine	S25
22:6 n-3 (DHA)	S25
Total lipid (fat)	S25
Starch	S25
Sugars, total	S25
Proline	S25
24:0	S25
Sucrose	S25
Water	S25
Galactose	S25
Sodium, Na	S25
Copper, Cu	S25
Vitamin B-6	S25
Threonine	S25
Isoleucine	S25
Cystine	S25
Glycine	S25
22:0	S25
20:5 n-3 (EPA)	S25
Ash	S25
Maltose	S25
Fiber, total dietary	S25
Niacin	S25
Aspartic acid	S25
Glutamic acid	S25
Serine	S25
8:0	S25
Dihydrophylloquinone	S25

NDB No. 11131 Carrots, frozen, cooked, boiled, drained, without salt

18:4	S25
Fructose	S25
Phosphorus, P	S25
Vitamin C, total ascorbic acid	S25
Riboflavin	S25
Tryptophan	S25
Tyrosine	S25
4:0	S25
20:4 undifferentiated	S25
14:1	S25
Lactose	S25
Iron, Fe	S25
Thiamin	S25
Methionine	S25
Alanine	S25
6:0	S25
10:0	S25
20:0	S25
22:1 undifferentiated	S25
22:5 n-3 (DPA)	S25
15:0	S25
Protein	S25
Glucose (dextrose)	S25
Magnesium, Mg	S25
Potassium, K	S25
Zinc, Zn	S25
Leucine	S25
Lysine	S25
Valine	S25
Histidine	S25

NDB No. 11135 Cauliflower, raw

Maltose	S4921
Phosphorus, P	S4921
Sodium, Na	S4921
Zinc, Zn	S4921

NDB No. 11135 Cauliflower, raw

Manganese, Mn	S4921
Dihydrophylloquinone	S4921
Lysine	S4921
18:4	S4921
22:5 n-3 (DPA)	S4921
16:1 c	S4921
18:1 c	S4921
Lactose	S4921
Potassium, K	S4921
Lycopene	S4921
Lutein + zeaxanthin	S4921
Niacin	S4921
Cystine	S4921
Serine	S4921
Fatty acids, total saturated	S4921
12:0	S4921
18:2 undifferentiated	S4921
Fatty acids, total polyunsaturated	S4921
16:1 t	S4921
20:3 undifferentiated	S4921
Fructose	S4921
Vitamin B-6	S4921
Menaquinone-4	S4921
Phenylalanine	S4921
Histidine	S4921
Aspartic acid	S4921
8:0	S4921
18:0	S4921
24:0	S4921
Total lipid (fat)	S4921, S121
Ash	S4921
Sugars, total	S4921
Iron, Fe	S4921
Magnesium, Mg	S4921
Carotene, beta	S4921
Tryptophan	S4921
Methionine	S4921

NDB No. 11135 Cauliflower, raw

Arginine	S4921
14:0	S4921
20:1	S4921
20:3 n-3	S4921
Protein	S4921
Glucose (dextrose)	S4921
Fluoride, F	D5007
Isoleucine	S4921
18:1 undifferentiated	S4921
20:4 undifferentiated	S4921
22:6 n-3 (DHA)	S4921
15:0	S4921
22:1 t	S4921
24:1 c	S4921
22:1 c	S4921
17:1	S4921
Fatty acids, total trans-monoenoic	S4921
Sucrose	S4921
Leucine	S4921
Alanine	S4921
Glutamic acid	S4921
Glycine	S4921
18:3 undifferentiated	S4921
16:1 undifferentiated	S4921
20:5 n-3 (EPA)	S4921
Fatty acids, total monounsaturated	S4921
Fatty acids, total trans-polyenoic	S4921
20:3 n-6	S4921
Fiber, total dietary	S4921
Calcium, Ca	S4921
Cryptoxanthin, beta	S4921
Vitamin C, total ascorbic acid	S4921
Riboflavin	S4921
Pantothenic acid	S4921
Threonine	S4921
Proline	S4921

NDB No. 11135 Cauliflower, raw

Fatty acids, total trans	S4921
6:0	S4921
10:0	S4921
16:0	S4921
20:0	S4921
14:1	S4921
17:0	S4921
20:2 n-6 c,c	S4921
18:2 n-6 c,c	S4921
18:3 n-6 c,c,c	S4921
15:1	S4921
18:3 n-3 c,c,c (ALA)	S4921
Water	S4921, S121
Galactose	S4921
Copper, Cu	S4921
Carotene, alpha	S4921
Thiamin	S4921
Vitamin K (phylloquinone)	D4043, D4052, D4002, D4073, S4921
Tyrosine	S4921
Valine	S4921
22:0	S4921
22:1 undifferentiated	S4921
18:2 t not further defined	S4921
18:2 CLAs	S4921
22:4	S4921

NDB No. 11136 Cauliflower, cooked, boiled, drained, without salt

Fiber, total dietary	D3775, D3776
Copper, Cu	S201, S183, S203, S202
Selenium, Se	S183, S203, S202
Magnesium, Mg	S201, S183, S203, S202
Potassium, K	S201, S183, S203, S202
Phosphorus, P	S201, S183, S203, S202
Sodium, Na	S201, S183, S203, S202
Calcium, Ca	S201, S183, S203, S202
Manganese, Mn	S201, S183, S203, S202

NDB No. 11136 Cauliflower, cooked, boiled, drained, without salt

Iron, Fe	S201, S183, S203, S202
Choline, total	S3461
Zinc, Zn	S201, S183, S203, S202
Betaine	S3461

NDB No. 11143 Celery, raw

Calcium, Ca	S201, S6, S183, S203, S1121, S564, S202
Fluoride, F	D5007
Dihydrophylloquinone	S1121, S564
Protein	S1121, S564
Ash	S1121, S564
Sucrose	D3321, D3284, S1121, S564, S604
Glucose (dextrose)	D3321, D3284, S1121, S564, S604
Magnesium, Mg	S201, S6, S183, S203, S1121, S564, S202
Vitamin E (alpha-tocopherol)	S84, S1121, S564, S87
Folate, total	S1121, S564
Betaine	S1121, S564
Starch	S564
Sugars, total	S564
Sodium, Na	S201, S6, S183, S203, S1121, S564, S202
Tocopherol, delta	S84, S1121, S564, S87
Vitamin C, total ascorbic acid	S1121, S564
Vitamin B-6	S1121, S564
Zinc, Zn	S201, S6, S183, S203, S1121, S564, S202
Carotene, beta	S1121, S564
Lutein + zeaxanthin	S1121, S564
Tocopherol, gamma	S84, S1121, S564, S87
Thiamin	S1121, S564
Riboflavin	S1121, S564
Vitamin K (phylloquinone)	D4002, S1121, S564
Water	S84, S1121, S564, S604, S87
Galactose	S564
Manganese, Mn	S201, S6, S183, S203, S1121, S564, S202
Selenium, Se	S6, S183, S564
Fructose	D3321, D3284, S1121, S564, S604
Iron, Fe	S201, S6, S183, S203, S1121, S564, S202

NDB No. 11143 Celery, raw

Phosphorus, P	S201, S6, S183, S203, S1121, S564, S202
Copper, Cu	S201, S6, S183, S203, S1121, S564, S202
Cryptoxanthin, beta	S1121, S564
Choline, total	S1121, S564
Total lipid (fat)	S84, S1121, S564, S87
Maltose	S1121, S564
Carotene, alpha	S1121, S564
Lycopene	S1121, S564
Lactose	S1121, S564
Fiber, total dietary	S1121, S564
Potassium, K	S201, S6, S183, S203, S1121, S564, S202
Tocopherol, beta	S84, S1121, S564, S87
Niacin	S1121, S564
Pantothenic acid	S1121, S564

NDB No. 11147 Chard, swiss, raw

Carotene, alpha	D3889, D3887
Cryptoxanthin, beta	D3887
Carotene, beta	D3889, D3887

NDB No. 11149 Chayote, fruit, raw

Carotene, beta	S1202
Carotene, alpha	S1202
Cryptoxanthin, beta	S1202

NDB No. 11157 Chrysanthemum, garland, raw

Ash	S1202
Cryptoxanthin, beta	S1202, D3870
Vitamin B-6	S1202
Calcium, Ca	S1202
Magnesium, Mg	S1202
Potassium, K	S1202
Copper, Cu	S1202
Carotene, beta	S1202, D3870, D3869
Pantothenic acid	S1202

NDB No. 11157 Chrysanthemum, garland, raw

Protein	S1202
Phosphorus, P	S1202
Manganese, Mn	S1202
Carotene, alpha	D3870
Thiamin	S1202
Folate, total	S1202
Niacin	S1202
Total lipid (fat)	S1202
Sodium, Na	S1202
Lutein + zeaxanthin	D3869
Riboflavin	S1202
Water	S1202
Fiber, total dietary	S1202
Iron, Fe	S1202
Zinc, Zn	S1202
Vitamin C, total ascorbic acid	S1202

NDB No. 11158 Chrysanthemum, garland, cooked, boiled, drained, without salt

Carotene, beta	D3870, D3869
Cryptoxanthin, beta	D3870
Carotene, alpha	D3870
Lutein + zeaxanthin	D3869

NDB No. 11159 Coleslaw, home-prepared

Fluoride, F	D5301, D5007

NDB No. 11161 Collards, raw

Carotene, beta	D3846

NDB No. 11162 Collards, cooked, boiled, drained, without salt

Calcium, Ca	S201, S183, S203, S202
Manganese, Mn	S201, S183, S203, S202
Selenium, Se	S201, S183, S203, S202
Zinc, Zn	S201, S183, S203, S202

NDB No. 11162 Collards, cooked, boiled, drained, without salt

Phosphorus, P	S201, S183, S203, S202
Sodium, Na	S201, S183, S203, S202
Copper, Cu	S201, S183, S203, S202
Carotene, beta	D3846
Iron, Fe	S201, S183, S203, S202
Magnesium, Mg	S201, S183, S203, S202
Vitamin K (phylloquinone)	D4002
Potassium, K	S201, S183, S203, S202

NDB No. 11163 Collards, frozen, chopped, unprepared

Carotene, beta	D3846

NDB No. 11165 Coriander (cilantro) leaves, raw

Carotene, alpha	D3969
Lutein + zeaxanthin	D3969, D3956
Lycopene	D3969
Vitamin B-6	D390
Carotene, beta	D3969, D3956, D3964, D3863
Cryptoxanthin, beta	D3969

NDB No. 11167 Corn, sweet, yellow, raw

Maltose	S5802
Calcium, Ca	S5802
Iron, Fe	S5802
Magnesium, Mg	S5802
Manganese, Mn	S5802
Thiamin	S5802
20:1	S5802
24:0	S5802
24:1 c	S5802
16:1 c	S5802
22:1 c	S5802
15:1	S5802
Sugars, total	S5802
Pantothenic acid	S5802

NDB No. 11167 Corn, sweet, yellow, raw

12:0	S5802
20:4 undifferentiated	S5802
14:1	S5802
18:1 t	S5802
18:2 CLAs	S5802
20:2 n-6 c,c	S5802
18:3 n-6 c,c,c	S5802
17:1	S5802
20:3 n-6	S5802
22:4	S5802
Sucrose	S5802
Fructose	S5802
Galactose	S5802
Fiber, total dietary	S5802
Phosphorus, P	S5802
Sodium, Na	S5802
Zinc, Zn	S5802
Vitamin B-6	S5802
14:0	S5802
15:0	S5802
16:0	S5802
18:0	S5802
17:0	S5802
18:2 n-6 c,c	S5802
Potassium, K	S5802
Folate, total	S5802
18:1 c	S5802
Protein	S5802
Ash	S5802
Niacin	S5802
8:0	S5802
20:0	S5802
20:5 n-3 (EPA)	S5802
16:1 t	S5802
18:3 n-3 c,c,c (ALA)	S5802
Total lipid (fat)	S5802
Copper, Cu	S5802

NDB No. 11167 Corn, sweet, yellow, raw

Riboflavin	S5802
18:4	S5802
22:5 n-3 (DPA)	S5802
22:1 t	S5802
20:3 n-3	S5802
Starch	S5802
Glucose (dextrose)	S5802
Lactose	S5802
Water	S5802
10:0	S5802
22:6 n-3 (DHA)	S5802
18:2 t not further defined	S5802

NDB No. 11168 Corn, sweet, yellow, cooked, boiled, drained, without salt

Sucrose	S604, S5802
Galactose	S5802
Potassium, K	S201, S183, S203, S202, S5802
Copper, Cu	S201, S183, S203, S202, S5802
Sodium, Na	S201, S183, S203, S202, S5802
Zinc, Zn	S201, S183, S203, S202, S5802
Vitamin C, total ascorbic acid	S5802
Pantothenic acid	S5802
Folate, food	S5802
Ash	S5802
Fructose	S604, S5802
Calcium, Ca	S201, S183, S203, S202, S5802
Iron, Fe	S201, S183, S203, S202, S5802
Magnesium, Mg	S201, S183, S203, S202, S5802
Thiamin	S5802
Starch	S5802
Selenium, Se	S201, S183, S203, S202
Niacin	S5802
Manganese, Mn	S201, S183, S203, S202, S5802
Glucose (dextrose)	S604, S5802
Lactose	S5802
Water	S604, S5802

NDB No. 11168 Corn, sweet, yellow, cooked, boiled, drained, without salt

Phosphorus, P	S201, S183, S203, S202, S5802
Vitamin B-6	S5802
Maltose	S604, S5802
Total lipid (fat)	S5802
Fiber, total dietary	S5802
Riboflavin	S5802
Folate, total	S5802

NDB No. 11170 Corn, sweet, yellow, canned, brine pack, regular pack, solids and liquids

Sucrose	S604
Vitamin E (alpha-tocopherol)	S121
Tocopherol, delta	S121
Selenium, Se	S6, S183
Fluoride, F	D5007
Carotene, alpha	D3907
Cryptoxanthin, beta	D3907
Tocopherol, gamma	S121
Maltose	S604
Glucose (dextrose)	S604
Tocopherol, beta	S121
Fructose	S604
Carotene, beta	D3907

NDB No. 11172 Corn, sweet, yellow, canned, whole kernel, drained solids

Starch	S3542
Magnesium, Mg	S3542
Vitamin E (alpha-tocopherol)	S3542
Tocopherol, gamma	S3542
Thiamin	S3542
Riboflavin	S3542
Folate, total	S3542
Dihydrophylloquinone	S3542
Folic acid	S3542
Isoleucine	S3542
Aspartic acid	S3542
16:0	S3542

NDB No. 11172 Corn, sweet, yellow, canned, whole kernel, drained solids

18:3 undifferentiated	S3542
14:1	S3542
17:0	S3542
20:3 undifferentiated	S3542
Iron, Fe	S3542
Phosphorus, P	S3542
Carotene, beta	S3542
Tocopherol, beta	S3542
Vitamin C, total ascorbic acid	S3542
Menaquinone-4	S3542
Vitamin K (phylloquinone)	S3542
Threonine	S3542
Cystine	S3542
Glycine	S3542
12:0	S3542
22:0	S3542
15:1	S3542
Protein	S3542
Sugars, total	S3542
Zinc, Zn	S3542
Cryptoxanthin, beta	S3542
Hydroxyproline	S3542
8:0	S3542
20:1	S3542
Fatty acids, total polyunsaturated	S3542
Manganese, Mn	S3542
Carotene, alpha	S3542
Histidine	S3542
Serine	S3542
18:1 undifferentiated	S3542
Ash	S3542
Sucrose	S406, S3542
Fructose	S406, S3542
Calcium, Ca	S3542
Sodium, Na	S3542
Copper, Cu	S3542
Niacin	S3542

NDB No. 11172 Corn, sweet, yellow, canned, whole kernel, drained solids

Pantothenic acid	S3542
Vitamin B-6	S3542
Tyrosine	S3542
Arginine	S3542
Fatty acids, total monounsaturated	S3542
18:3 n-6 c,c,c	S3542
17:1	S3542
Glucose (dextrose)	S406, S3542
Water	S406, D3773, S3542
Lycopene	S3542
Phenylalanine	S3542
Alanine	S3542
Glutamic acid	S3542
Proline	S3542
20:0	S3542
18:2 undifferentiated	S3542
16:1 undifferentiated	S3542
15:0	S3542
20:2 n-6 c,c	S3542
18:3 n-3 c,c,c (ALA)	S3542
Tocopherol, delta	S3542
Choline, total	S3542
Fatty acids, total saturated	S3542
10:0	S3542
14:0	S3542
Total lipid (fat)	S3542
Lactose	S3542
Maltose	S3542
Galactose	S3542
Fiber, total dietary	D3773, S3542
Potassium, K	S3542
Folate, food	S3542
Betaine	S3542
Tryptophan	S3542
Leucine	S3542
Lysine	S3542
Methionine	S3542

NDB No. 11172 Corn, sweet, yellow, canned, whole kernel, drained solids

Valine	S3542
18:0	S3542
20:4 undifferentiated	S3542

NDB No. 11174 Corn, sweet, yellow, canned, cream style, regular pack

Vitamin E (alpha-tocopherol)	S84
Tocopherol, beta	S84
Selenium, Se	S201, S6, S183, S203, S202
Tocopherol, gamma	S84
Vitamin K (phylloquinone)	D4002
Tocopherol, delta	S84
Manganese, Mn	S201, S6, S183, S203, S202
Fluoride, F	D5007

NDB No. 11178 Corn, sweet, yellow, frozen, kernels cut off cob, unprepared

Sugars, total	S3549
Calcium, Ca	S3549
Zinc, Zn	S3549
Manganese, Mn	S3549
Riboflavin	S3549
Isoleucine	S3542
Valine	S3542
Arginine	S3542
Vitamin B-6	S3549
Glutamic acid	S3542
Proline	S3542
Serine	S3542
Phosphorus, P	S3549
Potassium, K	S3549
Methionine	S3542
Aspartic acid	S3542
Total lipid (fat)	S3549
Iron, Fe	S3549
Niacin	S3549
Pantothenic acid	S3549
Threonine	S3542

NDB No. 11178 Corn, sweet, yellow, frozen, kernels cut off cob, unprepared

Leucine	S3542
Glycine	S3542
Water	S822, D3764, S3549, S604
Galactose	S3549
Cystine	S3542
Sucrose	S822, S3549, S604
Fructose	S822, S3549, S604
Maltose	S3549, S604
Fiber, total dietary	D3764, S3549
Magnesium, Mg	S3549
Copper, Cu	S3549
Tyrosine	S3542
Protein	S3549
Ash	S3549
Lactose	S3549
Fluoride, F	D5021
Histidine	S3542
Starch	S3549
Glucose (dextrose)	S822, S3549, S604
Sodium, Na	S3549
Thiamin	S3549
Tryptophan	S3542
Lysine	S3542
Phenylalanine	S3542
Alanine	S3542

NDB No. 11179 Corn, sweet, yellow, frozen, kernels cut off cob, boiled, drained, without salt

Total lipid (fat)	S405, S84
Sucrose	S822, S837, S604
Glucose (dextrose)	S822, S837, S604
Water	S822, S837, S405, S84, S604
Manganese, Mn	S405, S6
Vitamin E (alpha-tocopherol)	S84
Fructose	S822, S837, S604
Copper, Cu	S405, S6
Carotene, beta	S405

NDB No. 11179 Corn, sweet, yellow, frozen, kernels cut off cob, boiled, drained, without salt

Thiamin	S405
Maltose	S822, S837, S604
Sugars, total	S837
Potassium, K	S405, S6
Zinc, Zn	S405, S6
Tocopherol, beta	S84
Riboflavin	S405
Selenium, Se	S6
Tocopherol, gamma	S84
Protein	S405
Ash	S405
Lactose	S837
Cryptoxanthin, beta	S405
Folate, total	S405
Vitamin K (phylloquinone)	D4002
Calcium, Ca	S405, S6
Iron, Fe	S405, S6
Phosphorus, P	S405, S6
Carotene, alpha	S405
Betaine	S3461
Magnesium, Mg	S405, S6
Sodium, Na	S405, S6
Tocopherol, delta	S84
Vitamin C, total ascorbic acid	S405
Niacin	S405
Pantothenic acid	S405
Vitamin B-6	S405
Choline, total	S3461

NDB No. 11182 Corn, yellow, whole kernel, frozen, microwaved

Lactose	S3549
Iron, Fe	S3549
Zinc, Zn	S3549
Thiamin	S3549
Threonine	S3542
Lysine	S3542

NDB No. 11182 Corn, yellow, whole kernel, frozen, microwaved

Aspartic acid	S3542
Glycine	S3542
Phosphorus, P	S3549
Sodium, Na	S3549
Arginine	S3542
Serine	S3542
Sucrose	S3549
Maltose	S3549
Fiber, total dietary	S3549
Copper, Cu	S3549
Tryptophan	S3542
Cystine	S3542
Glutamic acid	S3542
Glucose (dextrose)	S3549
Fructose	S3549
Galactose	S3549
Calcium, Ca	S3549
Potassium, K	S3549
Pantothenic acid	S3549
Isoleucine	S3542
Leucine	S3542
Valine	S3542
Ash	S3549
Sugars, total	S3549
Phenylalanine	S3542
Total lipid (fat)	S3549
Magnesium, Mg	S3549
Riboflavin	S3549
Tyrosine	S3542
Alanine	S3542
Protein	S3549
Proline	S3542
Starch	S3549
Water	S3549
Manganese, Mn	S3549
Niacin	S3549
Vitamin B-6	S3549

NDB No. 11182 Corn, yellow, whole kernel, frozen, microwaved

Methionine	S3542
Histidine	S3542

NDB No. 11205 Cucumber, with peel, raw

Lactose	S1062
Maltose	S1062, S604
Water	S1062, D3773, S121, S604
Calcium, Ca	S1062
Vitamin C, total ascorbic acid	S1062
Folate, total	S1062
14:0	S1062
18:0	S1062
20:0	S1062
18:2 undifferentiated	S1062
16:1 undifferentiated	S1062
15:0	S1062
17:1	S1062
Fluoride, F	D5007, D5021
Riboflavin	S1062
Pantothenic acid	S1062
Vitamin B-6	S1062
18:1 undifferentiated	S1062
17:0	S1062
20:2 n-6 c,c	S1062
Iron, Fe	S1062
Zinc, Zn	S1062
Betaine	S1062
20:4 undifferentiated	S1062
22:1 undifferentiated	S1062
Protein	S1062
Sucrose	S1062
Phosphorus, P	S1062
Copper, Cu	S1062
Thiamin	S1062
8:0	S1062
22:0	S1062

NDB No. 11205 Cucumber, with peel, raw

20:5 n-3 (EPA)	S1062
Fructose	S1062, S604
24:0	S1062
20:3 undifferentiated	S1062
Total lipid (fat)	S1062, S121
Starch	S1062
Niacin	S1062
Choline, total	S1062
Dihydrophylloquinone	S1062
Vitamin K (phylloquinone)	S1062
14:1	S1062
Glucose (dextrose)	S1062, S604
Fiber, total dietary	D3773
Magnesium, Mg	S1062
Potassium, K	S1062
Vitamin E (alpha-tocopherol)	S1062, S121
Tocopherol, beta	S1062, S121
Tocopherol, delta	S1062, S121
18:3 undifferentiated	S1062
18:4	S1062
15:1	S1062
Ash	S1062
Manganese, Mn	S1062
Selenium, Se	S1062
Tocopherol, gamma	S1062, S121
10:0	S1062
12:0	S1062
16:0	S1062
22:6 n-3 (DHA)	S1062
20:1	S1062
22:5 n-3 (DPA)	S1062

NDB No. 11206 Cucumber, peeled, raw

Calcium, Ca	S201, S1062, S6, S183, S203, S202
Iron, Fe	S201, S1062, S6, S183, S203, S202
Potassium, K	S201, S1062, S6, S183, S203, S202

NDB No. 11206 Cucumber, peeled, raw

Copper, Cu	S201, S1062, S6, S183, S203, S202
20:4 undifferentiated	S1062
17:1	S1062
15:1	S1062
Protein	S1062
Sucrose	S1062
Glucose (dextrose)	S1062
Water	S1062, S81, S121
Magnesium, Mg	S201, S1062, S6, S183, S203, S202
Riboflavin	S1062
Choline, total	S1062
18:0	S1062
18:3 undifferentiated	S1062
14:1	S1062
17:0	S1062
Fructose	S1062
Tocopherol, beta	S1062, S81, S121
Tocopherol, gamma	S1062, S81, S121
Niacin	S1062
Cystine	S1062
Histidine	S1062
Proline	S1062
8:0	S1062
22:6 n-3 (DHA)	S1062
16:1 undifferentiated	S1062
18:4	S1062
22:5 n-3 (DPA)	S1062
Starch	S1062
Phosphorus, P	S201, S1062, S6, S183, S203, S202
Manganese, Mn	S201, S1062, S6, S183, S203, S202
Vitamin K (phylloquinone)	D4052, D4002, S1062
Serine	S1062
24:0	S1062
20:3 undifferentiated	S1062
Total lipid (fat)	S1062, S81, S121
Maltose	S1062
Fluoride, F	D5007, D5021

NDB No. 11206 Cucumber, peeled, raw

Thiamin	S1062
Dihydrophylloquinone	S1062
Tyrosine	S1062
12:0	S1062
14:0	S1062
20:1	S1062
20:5 n-3 (EPA)	S1062
Lactose	S1062
Sodium, Na	S201, S6, S183, S203, S202
Zinc, Zn	S201, S1062, S6, S183, S203, S202
Vitamin E (alpha-tocopherol)	S1062, S81, S121
Tocopherol, delta	S1062, S81, S121
Pantothenic acid	S1062
Vitamin B-6	S1062
Tryptophan	S1062
Isoleucine	S1062
Leucine	S1062
Phenylalanine	S1062
Alanine	S1062
Glutamic acid	S1062
Glycine	S1062
16:0	S1062
15:0	S1062
Vitamin C, total ascorbic acid	S1062
Betaine	S1062
Arginine	S1062
10:0	S1062
20:0	S1062
18:1 undifferentiated	S1062
18:2 undifferentiated	S1062
22:0	S1062
22:1 undifferentiated	S1062
20:2 n-6 c,c	S1062
Ash	S1062
Selenium, Se	S201, S1062, S6, S183, S203, S202
Threonine	S1062
Lysine	S1062

NDB No. 11206 Cucumber, peeled, raw

Methionine	S1062
Valine	S1062
Aspartic acid	S1062

NDB No. 11209 Eggplant, raw

Ash	S615
Fiber, total dietary	S615
Copper, Cu	S615
Potassium, K	S615
Manganese, Mn	S615
Total lipid (fat)	S615
Iron, Fe	S615
Phosphorus, P	S615
Zinc, Zn	S615
Vitamin A, IU	S615
Pantothenic acid	S615
Carotene, beta	S615
Thiamin	S615
Riboflavin	S615
Protein	S615
Sugars, total	D3326
Calcium, Ca	S615
Sodium, Na	S615
Vitamin C, total ascorbic acid	S615
Folate, total	S615
Water	D3326, S615
Magnesium, Mg	S615
Niacin	S615
Vitamin B-6	S615

NDB No. 11210 Eggplant, cooked, boiled, drained, without salt

Sodium, Na	S7, S10, S6, S11, S9, S12, S8
Zinc, Zn	S7, S10, S6, S11, S9, S12, S8
Manganese, Mn	S7, S10, S6, S11, S9, S12, S8
Vitamin K (phylloquinone)	D4002
Calcium, Ca	S7, S10, S6, S11, S9, S12, S8

NDB No. 11210 Eggplant, cooked, boiled, drained, without salt

Phosphorus, P	S7, S10, S6, S11, S9, S12, S8
Selenium, Se	S7, S10, S6, S11, S9, S12, S8
Iron, Fe	S7, S10, S6, S11, S9, S12, S8
Magnesium, Mg	S7, S10, S6, S11, S9, S12, S8
Potassium, K	S7, S10, S6, S11, S9, S12, S8
Copper, Cu	S7, S10, S6, S11, S9, S12, S8

NDB No. 11211 Edamame, frozen, unprepared

Starch	S2661
Threonine	S2661
Leucine	S2661
Hydroxyproline	S2661
Total lipid (fat)	S2661
Sugars, total	S2661
Sodium, Na	S2661
Manganese, Mn	S2661
Phenylalanine	S2661
Tyrosine	S2661
Glutamic acid	S2661
Calcium, Ca	S2661
Thiamin	S2661
Cystine	S2661
Histidine	S2661
Glucose (dextrose)	S2661
Magnesium, Mg	S2661
Potassium, K	S2661
Copper, Cu	S2661
Vitamin C, total ascorbic acid	S2661
Niacin	S2661
Folate, total	S2661
Choline, total	S2661
Folic acid	S2661
Isoleucine	S2661
Sucrose	S2661
Lactose	S2661
Fiber, total dietary	S2661

NDB No. 11211 Edamame, frozen, unprepared

Zinc, Zn	S2661
Tocopherol, beta	S2661
Vitamin B-6	S2661
Tryptophan	S2661
Lysine	S2661
Methionine	S2661
Alanine	S2661
Aspartic acid	S2661
Protein	S2661
Galactose	S2661
Iron, Fe	S2661
Tocopherol, delta	S2661
Pantothenic acid	S2661
Folate, food	S2661
Betaine	S2661
Valine	S2661
Arginine	S2661
Glycine	S2661
Ash	S2661
Fructose	S2661
Water	S2661
Phosphorus, P	S2661
Vitamin E (alpha-tocopherol)	S2661
Riboflavin	S2661
Menaquinone-4	S2661
Serine	S2661
Maltose	S2661
Tocopherol, gamma	S2661
Dihydrophylloquinone	S2661
Vitamin K (phylloquinone)	S2661
Proline	S2661

NDB No. 11212 Edamame, frozen, prepared

Fructose	S2661
Fiber, total dietary	S2661
Calcium, Ca	S2661

NDB No. 11212 Edamame, frozen, prepared

Iron, Fe	S2661
Niacin	S2661
Tyrosine	S2661
8:0	S2661
18:0	S2661
22:6 n-3 (DHA)	S2661
20:5 n-3 (EPA)	S2661
Fatty acids, total polyunsaturated	S2661
18:2 t not further defined	S2661
18:1 c	S2661
18:3 n-6 c,c,c	S2661
Sodium, Na	S2661
Thiamin	S2661
Choline, total	S2661
Tryptophan	S2661
Lysine	S2661
Hydroxyproline	S2661
10:0	S2661
16:0	S2661
18:2 undifferentiated	S2661
Fatty acids, total monounsaturated	S2661
16:1 t	S2661
Water	S2661
Phosphorus, P	S2661
Riboflavin	S2661
Alanine	S2661
6:0	S2661
18:3 undifferentiated	S2661
16:1 undifferentiated	S2661
18:4	S2661
18:3 n-3 c,c,c (ALA)	S2661
Sucrose	S2661
Dihydrophylloquinone	S2661
Proline	S2661
4:0	S2661
12:0	S2661
22:0	S2661

NDB No. 11212 Edamame, frozen, prepared

20:1	S2661
18:2 n-6 c,c	S2661
Sugars, total	S2661
Galactose	S2661
Magnesium, Mg	S2661
Copper, Cu	S2661
Vitamin C, total ascorbic acid	S2661
Arginine	S2661
14:0	S2661
20:4 undifferentiated	S2661
24:1 c	S2661
17:1	S2661
Fatty acids, total trans-polyenoic	S2661
Protein	S2661
Lactose	S2661
Maltose	S2661
Manganese, Mn	S2661
Threonine	S2661
Cystine	S2661
Aspartic acid	S2661
Serine	S2661
20:0	S2661
16:1 c	S2661
Fatty acids, total trans-monoenoic	S2661
Ash	S2661
Starch	S2661
Vitamin E (alpha-tocopherol)	S2661
Tocopherol, beta	S2661
Tocopherol, gamma	S2661
Folate, total	S2661
Vitamin K (phylloquinone)	S2661
Folic acid	S2661
Betaine	S2661
Isoleucine	S2661
Methionine	S2661
Histidine	S2661
Glutamic acid	S2661

NDB No. 11212 Edamame, frozen, prepared

Fatty acids, total trans	S2661
14:1	S2661
22:1 undifferentiated	S2661
24:0	S2661
15:1	S2661
20:3 n-3	S2661
Total lipid (fat)	S2661
Glucose (dextrose)	S2661
Potassium, K	S2661
Zinc, Zn	S2661
Tocopherol, delta	S2661
Pantothenic acid	S2661
Vitamin B-6	S2661
Menaquinone-4	S2661
Folate, food	S2661
Leucine	S2661
Phenylalanine	S2661
Valine	S2661
Glycine	S2661
Fatty acids, total saturated	S2661
18:1 undifferentiated	S2661
22:5 n-3 (DPA)	S2661
15:0	S2661
17:0	S2661
18:1 t	S2661
22:1 t	S2661
18:2 CLAs	S2661
20:2 n-6 c,c	S2661
20:3 undifferentiated	S2661
20:3 n-6	S2661
22:4	S2661

NDB No. 11233 Kale, raw

Carotene, alpha	D3901
Lycopene	D3901
Carotene, beta	D3901, D3843, D3846

NDB No. 11233 Kale, raw

Cryptoxanthin, beta	D3901
Lutein + zeaxanthin	D3901

NDB No. 11234 Kale, cooked, boiled, drained, without salt

Carotene, beta	D3901
Choline, total	S3461
Cryptoxanthin, beta	D3901
Lutein + zeaxanthin	D3901
Carotene, alpha	D3901
Lycopene	D3901
Betaine	S3461

NDB No. 11238 Mushrooms, shiitake, raw

Protein	S6401
Iron, Fe	S6401
Copper, Cu	S6401
Manganese, Mn	S6401
Niacin	S6401
Folate, total	S6401
Folate, food	S6401
Arginine	S2941
Total lipid (fat)	S6401
Ash	S6401
Sucrose	S6401
Fructose	S6401
Galactose	S6401
Calcium, Ca	S6401
Phosphorus, P	S6401
Thiamin	S6401
Cystine	S2941
Aspartic acid	S2941
Glycine	S2941
Serine	S2941
Potassium, K	S6401
Vitamin D3 (cholecalciferol)	S6401
Tryptophan	S2941

NDB No. 11238 Mushrooms, shiitake, raw

Phenylalanine	S2941
Alanine	S2941
Proline	S2941
Magnesium, Mg	S6401
Selenium, Se	S6401
Vitamin D2 (ergocalciferol)	S6401
Isoleucine	S2941
Histidine	S2941
Glucose (dextrose)	S6401
Sodium, Na	S6401
Vitamin D	S6401
Vitamin B-6	S6401
Leucine	S2941
Lysine	S2941
Water	S6401
Fiber, total dietary	S6401
Zinc, Zn	S6401
Valine	S2941
Stigmasterol	S6401
Campesterol	S6401
Maltose	S6401
Riboflavin	S6401
Pantothenic acid	S6401
Glutamic acid	S2941
Beta-sitosterol	S6401
Lactose	S6401
Sugars, total	S6401
Threonine	S2941
Methionine	S2941
Tyrosine	S2941

NDB No. 11239 Mushrooms, Chanterelle, raw

Sodium, Na	S6401
Riboflavin	S6401
Niacin	S6401
Folate, food	S6401

NDB No. 11239 Mushrooms, Chanterelle, raw

Zinc, Zn	S6401
Ash	S6401
Fiber, total dietary	S6401
Iron, Fe	S6401
Potassium, K	S6401
Selenium, Se	S6401
Vitamin D	S6401
Vitamin D3 (cholecalciferol)	S6401
Beta-sitosterol	S6401
Sucrose	S6401
Lactose	S6401
Phosphorus, P	S6401
Pantothenic acid	S6401
Maltose	S6401
Water	S6401
Magnesium, Mg	S6401
Copper, Cu	S6401
Protein	S6401
Total lipid (fat)	S6401
Fructose	S6401
Galactose	S6401
Manganese, Mn	S6401
Thiamin	S6401
Stigmasterol	S6401
Campesterol	S6401
Glucose (dextrose)	S6401
Vitamin B-6	S6401
Folate, total	S6401
Sugars, total	S6401
Calcium, Ca	S6401
Vitamin D2 (ergocalciferol)	S6401

NDB No. 11240 Mushrooms, morel, raw

Glucose (dextrose)	S6401
Sugars, total	S6401
Galactose	S6401

NDB No. 11240 Mushrooms, morel, raw

Calcium, Ca	S6401
Zinc, Zn	S6401
Vitamin D3 (cholecalciferol)	S6401
Fatty acids, total trans	S6401
6:0	S6401
10:0	S6401
18:4	S6401
Stigmasterol	S6401
16:1 t	S6401
24:1 c	S6401
17:1	S6401
Fatty acids, total trans-monoenoic	S6401
22:4	S6401
Ash	S6401
Phosphorus, P	S6401
Cryptoxanthin, beta	D3919
Vitamin B-6	S6401
Fatty acids, total saturated	S6401
20:0	S6401
22:0	S6401
18:2 CLAs	S6401
16:1 c	S6401
Fatty acids, total trans-polyenoic	S6401
Selenium, Se	S6401
Carotene, alpha	D3919
18:3 undifferentiated	S6401
16:1 undifferentiated	S6401
20:3 n-3	S6401
Maltose	S6401
Iron, Fe	S6401
Manganese, Mn	S6401
Thiamin	S6401
16:0	S6401
14:1	S6401
20:1	S6401
20:5 n-3 (EPA)	S6401
22:1 undifferentiated	S6401

NDB No. 11240 Mushrooms, morel, raw

22:5 n-3 (DPA)	S6401
20:3 n-6	S6401
Protein	S6401
Potassium, K	S6401
Sodium, Na	S6401
Lutein + zeaxanthin	D3919
Riboflavin	S6401
Pantothenic acid	S6401
Folate, food	S6401
14:0	S6401
18:0	S6401
18:2 undifferentiated	S6401
20:4 undifferentiated	S6401
22:6 n-3 (DHA)	S6401
Beta-sitosterol	S6401
17:0	S6401
18:1 t	S6401
18:3 n-6 c,c,c	S6401
20:3 undifferentiated	S6401
Sucrose	S6401
Water	S6401
Fiber, total dietary	S6401
Lycopene	D3919
Niacin	S6401
Folate, total	S6401
12:0	S6401
18:1 undifferentiated	S6401
Fatty acids, total monounsaturated	S6401
Fatty acids, total polyunsaturated	S6401
15:0	S6401
24:0	S6401
22:1 t	S6401
18:2 t not further defined	S6401
20:2 n-6 c,c	S6401
22:1 c	S6401
18:3 n-3 c,c,c (ALA)	S6401
Fructose	S6401

NDB No. 11240 Mushrooms, morel, raw

Copper, Cu	S6401
Carotene, beta	D3919
Vitamin D2 (ergocalciferol)	S6401
8:0	S6401
Total lipid (fat)	S6401
Lactose	S6401
Magnesium, Mg	S6401
Vitamin D	S6401
Campesterol	S6401
18:1 c	S6401
18:2 n-6 c,c	S6401
15:1	S6401

NDB No. 11243 Mushrooms, portabella, grilled

Starch	S2941
Tocopherol, beta	S2941
Niacin	S6401, S2941
Vitamin B-6	S6401, S2941
Tryptophan	S2941
Glutamic acid	S2941
12:0	S6401, S2941
16:1 t	S6401
Fatty acids, total trans-monoenoic	S6401
18:3 n-3 c,c,c (ALA)	S6401
20:3 n-3	S6401
Total lipid (fat)	S6401, S2941
Fructose	S6401, S2941
Iron, Fe	S6401, S2941
Manganese, Mn	S6401, S2941
Folate, total	S2941
Menaquinone-4	S2941
Cystine	S2941
Tyrosine	S2941
Proline	S2941
Fatty acids, total trans	S6401
14:0	S6401, S2941

NDB No. 11243 Mushrooms, portabella, grilled

18:2 undifferentiated	S6401, S2941
22:6 n-3 (DHA)	S6401, S2941
18:4	S6401, S2941
Fatty acids, total polyunsaturated	S6401, S2941
18:1 c	S6401
Lactose	S6401, S2941
Phosphorus, P	S6401, S2941
Potassium, K	S6401, S2941
Selenium, Se	S6401, S2941
Tocopherol, gamma	S2941
Lysine	S2941
Phenylalanine	S2941
Serine	S2941
16:0	S6401, S2941
20:0	S6401, S2941
15:0	S6401, S2941
18:1 t	S6401
Sucrose	S6401, S2941
Maltose	S6401, S2941
Copper, Cu	S6401, S2941
Vitamin C, total ascorbic acid	S2941
Pantothenic acid	S6401, S2941
Aspartic acid	S2941
10:0	S6401, S2941
22:1 undifferentiated	S6401, S2941
22:5 n-3 (DPA)	S6401, S2941
24:1 c	S6401, S2941
15:1	S6401, S2941
Ash	S6401, S2941
Zinc, Zn	S6401, S2941
Thiamin	S6401, S2941
Riboflavin	S6401, S2941
Vitamin K (phylloquinone)	S2941
Valine	S2941
Histidine	S2941
Glycine	S2941
6:0	S6401

NDB No. 11243 Mushrooms, portabella, grilled

8:0	S6401, S2941
18:1 undifferentiated	S6401, S2941
20:4 undifferentiated	S6401, S2941
16:1 undifferentiated	S6401, S2941
17:0	S6401, S2941
18:2 t not further defined	S6401
18:2 CLAs	S6401
21:5	S2941
Sugars, total	S6401, S2941
Fiber, total dietary	S6401, S2941
Tocopherol, delta	S2941
Choline, total	S2941
Threonine	S2941
Arginine	S2941
18:0	S6401, S2941
18:3 undifferentiated	S6401, S2941
22:0	S6401, S2941
22:1 t	S6401
Calcium, Ca	S6401, S2941
Sodium, Na	S6401, S2941
Dihydrophylloquinone	S2941
Betaine	S2941
Methionine	S2941
Alanine	S2941
20:1	S6401, S2941
20:5 n-3 (EPA)	S6401, S2941
18:2 n-6 c,c	S6401
22:1 c	S6401
17:1	S6401, S2941
20:3 undifferentiated	S6401, S2941
Fatty acids, total trans-polyenoic	S6401
20:3 n-6	S6401
Protein	S6401, S2941
Glucose (dextrose)	S6401, S2941
Water	S6401, S2941
Galactose	S6401, S2941
Magnesium, Mg	S6401, S2941

NDB No. 11243 Mushrooms, portabella, grilled

Vitamin E (alpha-tocopherol)	S2941
Isoleucine	S2941
Leucine	S2941
Fatty acids, total saturated	S6401, S2941
14:1	S6401, S2941
Fatty acids, total monounsaturated	S6401, S2941
24:0	S6401, S2941
20:2 n-6 c,c	S6401, S2941
16:1 c	S6401
18:3 n-6 c,c,c	S6401
22:4	S6401, S2941

NDB No. 11250 Lettuce, butterhead (includes boston and bibb types), raw

Phosphorus, P	S562, S565
Thiamin	S562, S565
Vitamin B-6	S562, S565
Betaine	S565
Tryptophan	S562, S565
Cystine	S562, S565
Phenylalanine	S562, S565
Arginine	S562, S565
Histidine	S562, S565
Glutamic acid	S562, S565
Fiber, total dietary	S562
Copper, Cu	S562, S565
Cryptoxanthin, beta	S565
Tocopherol, beta	S565
Vitamin K (phylloquinone)	S562, S565
Serine	S562, S565
Ash	S562, S565
Maltose	S562
Carotene, beta	S565
Niacin	S562, S565
Lactose	S562
Iron, Fe	S562, S565
Vitamin E (alpha-tocopherol)	S565

NDB No. 11250 Lettuce, butterhead (includes boston and bibb types), raw

Lycopene	S565
Dihydrophylloquinone	S562, S565
Protein	S562, S565
Glucose (dextrose)	S562
Calcium, Ca	S562, S565
Zinc, Zn	S562, S565
Tocopherol, delta	S565
Leucine	S562, S565
Methionine	S562, S565
Alanine	S562, S565
Magnesium, Mg	S562, S565
Manganese, Mn	S562, S565
Vitamin C, total ascorbic acid	S562, S565
Isoleucine	S562, S565
Lysine	S562, S565
Sucrose	S562
Water	S562, S565
Galactose	S562
Potassium, K	S562, S565
Selenium, Se	S562, S565
Threonine	S562, S565
Tyrosine	S562, S565
Valine	S562, S565
Aspartic acid	S562, S565
Proline	S562, S565
Total lipid (fat)	S562, S565
Fructose	S562
Carotene, alpha	S565
Lutein + zeaxanthin	S565
Tocopherol, gamma	S565
Riboflavin	S562, S565
Pantothenic acid	S562, S565
Choline, total	S565
Glycine	S562, S565

NDB No. 11251 Lettuce, cos or romaine, raw

NDB No. 11251 Lettuce, cos or romaine, raw

Ash	S620, S503, S481
Potassium, K	S620, S503, S481
Carotene, beta	S503, S481
Vitamin E (alpha-tocopherol)	S503, S481
Cryptoxanthin, beta	S503, S481
Lutein + zeaxanthin	S503, S481
Vitamin C, total ascorbic acid	S620, S503, S481
Dihydrophylloquinone	S503, S481
Tryptophan	S503, S481
Valine	S503, S481
Histidine	S503, S481
Glycine	S503, S481
Starch	S503
Glucose (dextrose)	S503
Calcium, Ca	S620, S503, S481
Carotene, alpha	S503, S481
Arginine	S503, S481
Alanine	S503, S481
Total lipid (fat)	S620, S503, S481
Sucrose	S503
Manganese, Mn	S620, S503, S481
Threonine	S503, S481
Lysine	S503, S481
Tyrosine	S503, S481
Vitamin A, IU	S620
Aspartic acid	S503, S481
Serine	S503, S481
Water	S620, S503, S481
Tocopherol, gamma	S503, S481
Tocopherol, delta	S503, S481
Thiamin	S620, S503, S481
Vitamin K (phylloquinone)	S503, S481
Phenylalanine	S503, S481
Maltose	S503
Iron, Fe	S620, S503, S481
Phosphorus, P	S620, S503, S481
Pantothenic acid	S620, S503, S481

NDB No. 11251 Lettuce, cos or romaine, raw

Betaine	S503, S481
Isoleucine	S503, S481
Fructose	S503
Sugars, total	S503
Galactose	S503
Fiber, total dietary	S620, S503, S481
Zinc, Zn	S620, S503, S481
Copper, Cu	S620, S503, S481
Riboflavin	S620, S503, S481
Choline, total	S503, S481
Methionine	S503, S481
Cystine	S503, S481
Glutamic acid	S503, S481
Proline	S503, S481
Protein	S620, S503, S481
Lactose	S503
Magnesium, Mg	S620, S503, S481
Selenium, Se	S503, S481
Lycopene	S503, S481
Tocopherol, beta	S503, S481
Niacin	S620, S503, S481
Vitamin B-6	S620, S503, S481
Leucine	S503, S481

NDB No. 11252 Lettuce, iceberg (includes crisphead types), raw

Vitamin E (alpha-tocopherol)	S562, S121, S87, S481
Cryptoxanthin, beta	S562, S1203, D3887, S481
Vitamin C, total ascorbic acid	S562, S624, S481
Glycine	S562, S481
Threonine	S562, S481
Isoleucine	S562, S481
Lysine	S562, S481
Cystine	S562, S481
Phenylalanine	S562, S481
Calcium, Ca	S7, S10, S562, S201, S6, S183, S203, S624, S11, S9, S12, S8, S202, S481
Lutein + zeaxanthin	S562, S1203, S481

NDB No. 11252 Lettuce, iceberg (includes crisphead types), raw

Tocopherol, beta	S562, S121, S87, S481
Histidine	S562, S481
Proline	S562, S481
Fructose	S837, S562, S604
Lactose	S837, S562
Water	S837, S562, S2121, S81, S1206, S624, D3765, S121, S604, S87, S481
Galactose	S562
Magnesium, Mg	S7, S10, S562, S201, S6, S183, S203, S624, S11, S9, S12, S8, S202, S481
Zinc, Zn	S7, S10, S562, S201, S6, S183, S203, S624, S11, S9, S12, S8, S202, S481
Vitamin A, IU	S624
Pantothenic acid	S562, S624, S481
Betaine	S481
Serine	S562, S481
Protein	S562, S624, S481
Ash	S562, S624, S481
Manganese, Mn	S7, S10, S562, S201, S6, S183, S203, S624, S11, S9, S12, S8, S202, S481
Folate, total	S562, S624, S481
Tyrosine	S562, S481
Total lipid (fat)	S562, S624, S121, S87, S481
Iron, Fe	S7, S10, S562, S201, S6, S183, S203, S624, S11, S9, S12, S8, S202, S481
Potassium, K	S7, S10, S562, S201, S6, S183, S203, S624, S11, S9, S12, S8, S202, S481
Selenium, Se	S7, S10, S562, S6, S183, S203, S11, S9, S12, S8, S202, S481
Tocopherol, gamma	S562, S121, S87, S481
Tocopherol, delta	S562, S121, S87, S481
Niacin	S562, S624, S481
Dihydrophylloquinone	S562, S481
Vitamin K (phylloquinone)	S562, S481
Methionine	S562, S481
Aspartic acid	S562, S481
Sucrose	S837, S562, S604
Sodium, Na	S7, S10, S562, S201, S6, S183, S624, S11, S9, S12, S203, S8, S481, S202
Copper, Cu	S7, S10, S562, S201, S6, S183, S203, S624, S11, S9, S12, S8, S202, S481
Lycopene	S562, S1203, S481
Choline, total	S481
Tryptophan	S562, S481
Arginine	S562, S481
Alanine	S562, S481

NDB No. 11252 Lettuce, iceberg (includes crisphead types), raw

Glucose (dextrose)	S837, S562, S604
Maltose	S837, S562
Sugars, total	S837, S562
Fiber, total dietary	S837, S562, S2121, S81, S1206, D3765, S604
Phosphorus, P	S7, S10, S562, S201, S6, S183, S203, S624, S11, S9, S12, S8, S202, S481
Carotene, beta	S562, S1206, S1203, D3887, S481
Carotene, alpha	S562, S1203, D3887, S481
Thiamin	S562, S624, S481
Riboflavin	S562, S624, S481
Vitamin B-6	S562, S624, S481
Leucine	S562, S481
Valine	S562, S481
Glutamic acid	S562, S481

NDB No. 11253 Lettuce, green leaf, raw

Glucose (dextrose)	S541
Maltose	S541
Fiber, total dietary	S541
Potassium, K	S565, S541
Tocopherol, beta	S565, S541
Dihydrophylloquinone	S565, S541
Ash	S565, S541
Water	S565, S541, S6741
Calcium, Ca	S565, S541
Zinc, Zn	S565, S541
Carotene, alpha	S565, S541
Cryptoxanthin, beta	S565, S541
Tocopherol, delta	S565, S541
Thiamin	S565, S541
Folate, total	S565, S541
Starch	S541
Riboflavin	S565, S541
Protein	S565, S541
Vitamin E (alpha-tocopherol)	S565, S541
Lutein + zeaxanthin	S565
Tocopherol, gamma	S565, S541

NDB No. 11253 Lettuce, green leaf, raw

Lactose	S541
Sugars, total	S541
Selenium, Se	S565, S541
Vitamin B-6	S565, S541
Vitamin K (phylloquinone)	S565, S541
Total lipid (fat)	S565, S541
Galactose	S541
Iron, Fe	S565, S541
Sodium, Na	S565, S541
Vitamin C, total ascorbic acid	S541, S6741
Fructose	S541
Magnesium, Mg	S565, S541
Phosphorus, P	S565, S541
Copper, Cu	S565, S541
Niacin	S565, S541
Pantothenic acid	S565, S541
Sucrose	S541
Manganese, Mn	S565, S541
Carotene, beta	S565, S541
Lycopene	S565, S541

NDB No. 11257 Lettuce, red leaf, raw

Galactose	S541
Zinc, Zn	S565, S541
Carotene, beta	S565, S541
Riboflavin	S565, S541
Niacin	S565, S541
Folate, total	S565, S541
Choline, total	S541
Serine	S565
Calcium, Ca	S565, S541
Phosphorus, P	S565, S541
Sodium, Na	S565, S541
Manganese, Mn	S565, S541
Selenium, Se	S541
Tocopherol, beta	S565

NDB No. 11257 Lettuce, red leaf, raw

Thiamin	S565, S541
Vitamin B-6	S565, S541
Tryptophan	S565
Lysine	S565
Methionine	S565
Arginine	S565
Histidine	S565
Aspartic acid	S565
Starch	S541
Water	S565, S541
Fiber, total dietary	S541
Lactose	S541
Potassium, K	S565, S541
Lutein + zeaxanthin	S565
Vitamin C, total ascorbic acid	S565, S541
Vitamin K (phylloquinone)	S565, S541
Tyrosine	S565
Protein	S565
Ash	S565, S541
Sucrose	S541
Betaine	S541
Cystine	S565
Valine	S565
Glycine	S565
Total lipid (fat)	S565, S541
Iron, Fe	S565, S541
Copper, Cu	S565, S541
Cryptoxanthin, beta	S565, S541
Lycopene	S565, S541
Pantothenic acid	S565, S541
Dihydrophylloquinone	S565, S541
Threonine	S565
Phenylalanine	S565
Alanine	S565
Proline	S565
Fructose	S541
Vitamin E (alpha-tocopherol)	S565

NDB No. 11257 Lettuce, red leaf, raw

Tocopherol, delta	S565
Glutamic acid	S565
Glucose (dextrose)	S541
Maltose	S541
Magnesium, Mg	S565, S541
Carotene, alpha	S565, S541
Tocopherol, gamma	S565
Isoleucine	S565
Leucine	S565

NDB No. 11260 Mushrooms, white, raw

Sugars, total	S606, S2941, S80
Vitamin E (alpha-tocopherol)	S2941, S121
Vitamin C, total ascorbic acid	D566, S2941, S78, S80
Niacin	S2941, S78, S80
Glycine	S2941
20:0	S2941
14:1	S2941
Stigmasterol	S6401, S2941
Fatty acids, total monounsaturated	S2941
24:1 c	S2941
20:2 n-6 c,c	S2941
22:4	S2941
Fructose	S606, S2941, S80, S604
Pantothenic acid	S2941, S78, S80
Vitamin B-6	S2941, S78, D390, S80
Menaquinone-4	S2941
Folate, food	S6401
Betaine	S2941, S3461
Isoleucine	S2941
Proline	S2941
17:1	S2941
Total lipid (fat)	S1821, D566, S2941, S121, S78, S80
Lactose	S2941
Adjusted Protein	S1821, D566, S78, S80
Galactose	S2941

NDB No. 11260 Mushrooms, white, raw

Calcium, Ca	S7, D566, S10, S6, S2941, S11, S9, S12, S78, S8, S80
Iron, Fe	S1821, S7, D566, S10, S6, S2941, D429, S11, S9, S12, S78, S8
Magnesium, Mg	S7, S10, S6, S2941, S11, S9, S12, S78, S8
Copper, Cu	S1821, S7, D566, S10, S6, S2941, D429, S11, S9, S12, S78, S8, S80
Selenium, Se	S7, S10, S6, S2941, S11, S9, S12, S8, S80, D548
Vitamin D3 (cholecalciferol)	S6401
Folate, total	S6401, D566, S2941, S78, D389, S80
Arginine	S2941
Alanine	S2941
8:0	S2941
22:0	S2941
18:4	S2941
17:0	S2941
20:3 undifferentiated	S2941
15:1	S2941
Protein	S1821, D566, S2941, S78, S80
Ash	S1821, D566, S2941, S78, S80
Fiber, total dietary	S2941, S80
Manganese, Mn	S1821, S7, S10, S6, S2941, S11, S9, S12, S78, S8, S80
Tocopherol, gamma	S2941, S121
Dihydrophylloquinone	S2941
Valine	S2941
14:0	S2941
18:0	S2941
Sucrose	S2941
Zinc, Zn	S1821, S7, D566, S10, S6, S2941, D429, S11, S9, S12, S78, S8, S80
Vitamin D	S6401, S3641
Thiamin	S2941, S78, S80
Glutamic acid	S2941
16:0	S2941
16:1 undifferentiated	S2941
20:1	S2941
20:5 n-3 (EPA)	S2941
22:1 undifferentiated	S2941
Campesterol	S6401, S2941
15:0	S2941
Maltose	S2941

NDB No. 11260 Mushrooms, white, raw

Phosphorus, P	S7, S10, S6, S2941, S11, S9, S12, S78, S8, S80
Potassium, K	S7, S10, S6, S2941, S11, S9, S12, S78, S8, S80
Sodium, Na	S7, S10, S6, S2941, S11, S9, S12, S78, S8, S80
Tryptophan	S2941
Phenylalanine	S2941
Tyrosine	S2941
Histidine	S2941
Serine	S2941
10:0	S2941
12:0	S2941
18:1 undifferentiated	S2941
21:5	S2941
Starch	S2941
Water	S1821, S6401, D566, S606, S2941, S121, S78, D389, S80, S604
Tocopherol, beta	S2941, S121
Tocopherol, delta	S2941, S121
Riboflavin	S2941, S78, S80
Choline, total	S2941, S3461
Threonine	S2941
Leucine	S2941
Methionine	S2941
Cystine	S2941
18:3 undifferentiated	S2941
20:4 undifferentiated	S2941
22:6 n-3 (DHA)	S2941
22:5 n-3 (DPA)	S2941
24:0	S2941
Glucose (dextrose)	S606, S2941, S80, S604
Vitamin D2 (ergocalciferol)	S6401, S3641
Vitamin K (phylloquinone)	D4002, S2941
Lysine	S2941
Aspartic acid	S2941
Fatty acids, total saturated	S2941
18:2 undifferentiated	S2941
Beta-sitosterol	S6401, S2941
Fatty acids, total polyunsaturated	S2941

NDB No. 11261 Mushrooms, white, cooked, boiled, drained, without salt

Tyrosine	S2941
Valine	S2941
Alanine	S2941
Phenylalanine	S2941
Tryptophan	S2941
Proline	S2941
Aspartic acid	S2941
Threonine	S2941
Isoleucine	S2941
Methionine	S2941
Cystine	S2941
Leucine	S2941
Arginine	S2941
Lysine	S2941
Glutamic acid	S2941
Serine	S2941
Histidine	S2941
Glycine	S2941

NDB No. 11263 Mushrooms, white, stir-fried

Tocopherol, gamma	S2941
Leucine	S2941
Alanine	S2941
Glutamic acid	S2941
16:0	S2941
20:0	S2941
20:4 undifferentiated	S2941
22:6 n-3 (DHA)	S2941
18:4	S2941
15:1	S2941
Galactose	S2941
Magnesium, Mg	S2941
Phosphorus, P	S2941
Vitamin K (phylloquinone)	S2941
Lysine	S2941
Valine	S2941

NDB No. 11263 Mushrooms, white, stir-fried

Histidine	S2941
10:0	S2941
18:0	S2941
18:1 undifferentiated	S2941
18:2 undifferentiated	S2941
14:1	S2941
17:0	S2941
Starch	S2941
Calcium, Ca	S2941
Potassium, K	S2941
Vitamin E (alpha-tocopherol)	S2941
Betaine	S2941
Fatty acids, total saturated	S2941
20:5 n-3 (EPA)	S2941
24:1 c	S2941
22:4	S2941
Maltose	S2941
Manganese, Mn	S2941
Folate, total	S2941
Tyrosine	S2941
Arginine	S2941
14:0	S2941
16:1 undifferentiated	S2941
Fatty acids, total polyunsaturated	S2941
15:0	S2941
Protein	S2941
Zinc, Zn	S2941
Selenium, Se	S2941
Tocopherol, beta	S2941
Niacin	S2941
Choline, total	S2941
Tryptophan	S2941
Sucrose	S2941
Glucose (dextrose)	S2941
Fructose	S2941
Lactose	S2941
Fiber, total dietary	S2941

NDB No. 11263 Mushrooms, white, stir-fried

Sodium, Na	S2941
Copper, Cu	S2941
Vitamin C, total ascorbic acid	S2941
Riboflavin	S2941
Vitamin B-6	S2941
Threonine	S2941
Cystine	S2941
Aspartic acid	S2941
Glycine	S2941
Serine	S2941
22:1 undifferentiated	S2941
20:3 undifferentiated	S2941
21:5	S2941
Total lipid (fat)	S2941
Ash	S2941
Sugars, total	S2941
Iron, Fe	S2941
Thiamin	S2941
Menaquinone-4	S2941
Dihydrophylloquinone	S2941
Proline	S2941
12:0	S2941
18:3 undifferentiated	S2941
20:1	S2941
22:5 n-3 (DPA)	S2941
24:0	S2941
Water	S2941
Tocopherol, delta	S2941
Pantothenic acid	S2941
Isoleucine	S2941
Methionine	S2941
Phenylalanine	S2941
8:0	S2941
22:0	S2941
Fatty acids, total monounsaturated	S2941
20:2 n-6 c,c	S2941
17:1	S2941

NDB No. 11264 Mushrooms, canned, drained solids

Threonine	S2941
Isoleucine	S2941
Phenylalanine	S2941
Glycine	S2941
Proline	S2941
Cystine	S2941
Histidine	S2941
Valine	S2941
Lysine	S2941
Methionine	S2941
Tryptophan	S2941
Aspartic acid	S2941
Glutamic acid	S2941
Alanine	S2941
Serine	S2941
Leucine	S2941
Tyrosine	S2941
Arginine	S2941

NDB No. 11265 Mushrooms, portabella, raw

Fructose	S6401
Vitamin D	S6401
Tocopherol, beta	S2941
Thiamin	S6401
Vitamin K (phylloquinone)	S2941
Leucine	S6401
Cystine	S6401
Alanine	S6401
Proline	S6401
Beta-sitosterol	S6401, S2941
Fatty acids, total monounsaturated	S6401
20:2 n-6 c,c	S6401
18:2 n-6 c,c	S6401
22:1 c	S6401
20:3 n-6	S6401
Vitamin E (alpha-tocopherol)	S2941

NDB No. 11265 Mushrooms, portabella, raw

Niacin	S6401
24:1 c	S6401
18:3 n-6 c,c,c	S6401
17:1	S6401
20:3 undifferentiated	S6401
Galactose	S6401
Selenium, Se	S6401
Tocopherol, delta	S2941
Pantothenic acid	S6401
Betaine	S2941
Isoleucine	S6401
Methionine	S6401
Aspartic acid	S6401
Serine	S6401
22:0	S6401
Protein	S6401
Calcium, Ca	S6401
Sodium, Na	S6401
Lysine	S6401
14:1	S6401
Stigmasterol	S6401, S2941
Campesterol	S6401, S2941
17:0	S6401
16:1 t	S6401
22:1 t	S6401
18:2 t not further defined	S6401
18:2 CLAs	S6401
18:1 c	S6401
18:3 n-3 c,c,c (ALA)	S6401
20:3 n-3	S6401
Glucose (dextrose)	S6401
Maltose	S6401
Fiber, total dietary	S6401
Potassium, K	S6401
Vitamin D2 (ergocalciferol)	S6401
Riboflavin	S6401
Choline, total	S2941

NDB No. 11265 Mushrooms, portabella, raw

Dihydrophylloquinone	S2941
Folate, food	S6401
Valine	S6401
Histidine	S6401
Glutamic acid	S6401
Fatty acids, total trans	S6401
20:0	S6401
16:1 c	S6401
Fatty acids, total trans-monoenoic	S6401
22:4	S6401
Ash	S6401
Sucrose	S6401
Water	S6401
Sugars, total	S6401
Copper, Cu	S6401
Tocopherol, gamma	S2941
Tryptophan	S6401
Glycine	S6401
Fatty acids, total polyunsaturated	S6401
18:1 t	S6401
Phosphorus, P	S6401
Zinc, Zn	S6401
Manganese, Mn	S6401
Vitamin D3 (cholecalciferol)	S6401
Menaquinone-4	S2941
Threonine	S6401
Phenylalanine	S6401
Tyrosine	S6401
Arginine	S6401
Fatty acids, total saturated	S6401
24:0	S6401
Fatty acids, total trans-polyenoic	S6401
Total lipid (fat)	S6401
Lactose	S6401
Iron, Fe	S6401
Vitamin B-6	S6401
Folate, total	S6401

NDB No. 11265 Mushrooms, portabella, raw

15:0	S6401
15:1	S6401

NDB No. 11266 Mushrooms, brown, Italian, or Crimini, raw

Beta-sitosterol	S6401, S2941
Vitamin E (alpha-tocopherol)	S2941
Folate, total	S6401
Vitamin K (phylloquinone)	S2941
Folate, food	S6401
Stigmasterol	S6401, S2941
Vitamin D2 (ergocalciferol)	S6401
Tocopherol, beta	S2941
Water	S6401
Vitamin D	S6401
Betaine	S2941
Dihydrophylloquinone	S2941
Vitamin D3 (cholecalciferol)	S6401
Tocopherol, gamma	S2941
Tocopherol, delta	S2941
Campesterol	S6401, S2941
Choline, total	S2941
Menaquinone-4	S2941

NDB No. 11267 Mushrooms, shiitake, stir-fried

Protein	S2941
Starch	S2941
Fiber, total dietary	S2941
Calcium, Ca	S2941
Iron, Fe	S2941
Manganese, Mn	S2941
Vitamin B-6	S2941
Phenylalanine	S2941
Alanine	S2941
8:0	S2941
22:1 undifferentiated	S2941
22:5 n-3 (DPA)	S2941

NDB No. 11267 Mushrooms, shiitake, stir-fried

Maltose	S2941
Tocopherol, delta	S2941
Lysine	S2941
Histidine	S2941
Glycine	S2941
20:5 n-3 (EPA)	S2941
Water	S2941
Phosphorus, P	S2941
Threonine	S2941
Tyrosine	S2941
Fatty acids, total saturated	S2941
14:0	S2941
16:0	S2941
18:0	S2941
18:2 undifferentiated	S2941
18:3 undifferentiated	S2941
17:0	S2941
Ash	S2941
Sucrose	S2941
Glucose (dextrose)	S2941
Fructose	S2941
Sugars, total	S2941
Galactose	S2941
Magnesium, Mg	S2941
Niacin	S2941
Cystine	S2941
Glutamic acid	S2941
Serine	S2941
20:4 undifferentiated	S2941
22:0	S2941
22:4	S2941
Total lipid (fat)	S2941
Lactose	S2941
Potassium, K	S2941
Zinc, Zn	S2941
Thiamin	S2941
Dihydrophylloquinone	S2941

NDB No. 11267 Mushrooms, shiitake, stir-fried

Arginine	S2941
18:1 undifferentiated	S2941
22:6 n-3 (DHA)	S2941
16:1 undifferentiated	S2941
15:0	S2941
20:3 undifferentiated	S2941
Sodium, Na	S2941
Copper, Cu	S2941
Pantothenic acid	S2941
Betaine	S2941
Isoleucine	S2941
Proline	S2941
12:0	S2941
14:1	S2941
20:1	S2941
20:2 n-6 c,c	S2941
17:1	S2941
21:5	S2941
Vitamin E (alpha-tocopherol)	S2941
Tocopherol, beta	S2941
Vitamin C, total ascorbic acid	S2941
Leucine	S2941
Valine	S2941
Aspartic acid	S2941
20:0	S2941
Fatty acids, total monounsaturated	S2941
Fatty acids, total polyunsaturated	S2941
24:0	S2941
24:1 c	S2941
15:1	S2941
Selenium, Se	S2941
Tocopherol, gamma	S2941
Riboflavin	S2941
Folate, total	S2941
Choline, total	S2941
Menaquinone-4	S2941
Vitamin K (phylloquinone)	S2941

NDB No. 11267 Mushrooms, shiitake, stir-fried

Tryptophan	S2941
Methionine	S2941
10:0	S2941
18:4	S2941

NDB No. 11278 Okra, raw

Fructose	D1417
Sucrose	D1417
Glucose (dextrose)	D1417
Starch	D1417

NDB No. 11279 Okra, cooked, boiled, drained, without salt

Selenium, Se	S7, S10, S6, S11, S9, S12, S8
Magnesium, Mg	S7, S10, S6, S11, S9, S12, S8
Zinc, Zn	S7, S10, S6, S11, S9, S12, S8
Manganese, Mn	S7, S10, S6, S11, S9, S12, S8
Iron, Fe	S7, S10, S6, S11, S9, S12, S8
Tocopherol, beta	S84
Vitamin K (phylloquinone)	D4002
Total lipid (fat)	S84
Calcium, Ca	S7, S10, S6, S11, S9, S12, S8
Phosphorus, P	S7, S10, S6, S11, S9, S12, S8
Sodium, Na	S7, S10, S6, S11, S9, S12, S8
Water	S84
Potassium, K	S7, S10, S6, S11, S9, S12, S8
Copper, Cu	S7, S10, S6, S11, S9, S12, S8
Vitamin E (alpha-tocopherol)	S84
Tocopherol, gamma	S84
Tocopherol, delta	S84

NDB No. 11282 Onions, raw

Sucrose	S837, D3321, S1062, D3306, D3309
Glucose (dextrose)	S837, D3321, S1062, D3306, D3309
Fiber, total dietary	S605
Vitamin A, IU	S605

NDB No. 11282 Onions, raw

Thiamin	S605, S1062
Niacin	S605, S1062
Dihydrophylloquinone	S1062
Tyrosine	S1062
22:1 undifferentiated	S1062
17:1	S1062
Zinc, Zn	S7, S605, S10, S201, S1062, S6, S183, S203, S11, S9, S12, S8, S202
Choline, total	S1062
Betaine	S1062
Histidine	S1062
Alanine	S1062
Serine	S1062
8:0	S1062
12:0	S1062
18:0	S1062
20:4 undifferentiated	S1062
22:6 n-3 (DHA)	S1062
18:4	S1062
15:0	S1062
Total lipid (fat)	S605, S1062, S121
Maltose	S837, S1062
Sodium, Na	S7, S605, S10, S201, S6, S183, S203, S11, S9, S12, S8, S202
Manganese, Mn	S7, S605, S10, S201, S1062, S6, S183, S203, S11, S9, S12, S8, S202
Tocopherol, beta	S1062, S121
Riboflavin	S605, S1062
Vitamin B-6	S605, S1062
Lysine	S1062
Arginine	S1062
18:3 undifferentiated	S1062
20:3 undifferentiated	S1062
Protein	S605, S1062
Starch	S1062
Lactose	S837, S1062
Water	S837, S605, S1062, D3306, S121
Magnesium, Mg	S7, S605, S10, S201, S1062, S6, S183, S203, S11, S9, S12, S8, S202
Vitamin C, total ascorbic acid	S605
Pantothenic acid	S605, S1062

NDB No. 11282 Onions, raw

Leucine	S1062
Cystine	S1062
Phenylalanine	S1062
Valine	S1062
18:2 undifferentiated	S1062
15:1	S1062
Fructose	S837, D3321, S1062, D3306, D3309
Calcium, Ca	S7, S605, S10, S201, S1062, S6, S183, S203, S11, S9, S12, S8, S202
Phosphorus, P	S7, S605, S10, S201, S1062, S6, S183, S203, S11, S9, S12, S8, S202
Tocopherol, delta	S1062, S121
Isoleucine	S1062
10:0	S1062
16:0	S1062
16:1 undifferentiated	S1062
20:1	S1062
20:5 n-3 (EPA)	S1062
22:5 n-3 (DPA)	S1062
Ash	S605, S1062
Fluoride, F	D5007, D5021
Vitamin E (alpha-tocopherol)	S1062, S121
Tocopherol, gamma	S1062, S121
Vitamin K (phylloquinone)	D4052, D4048, D4002, S1062
Aspartic acid	S1062
Proline	S1062
17:0	S1062
Copper, Cu	S7, S605, S10, S201, S1062, S6, S183, S203, S11, S9, S12, S8, S202
Tryptophan	S1062
Threonine	S1062
Methionine	S1062
Glutamic acid	S1062
Glycine	S1062
14:0	S1062
20:0	S1062
24:0	S1062
20:2 n-6 c,c	S1062
Sugars, total	S837
Iron, Fe	S7, S605, S10, S201, S1062, S6, S183, S203, S11, S9, S12, S8, S202

NDB No. 11282 Onions, raw

Potassium, K	S7, S605, S10, S201, S1062, S6, S183, S203, S11, S9, S12, S8, S202
Selenium, Se	S7, S10, S6, S183, S11, S9, S12, S8
Folate, total	S605
18:1 undifferentiated	S1062
22:0	S1062
14:1	S1062

NDB No. 11286 Onions, yellow, sauteed

Maltose	S1062
Manganese, Mn	S1062
Tocopherol, gamma	S1062
Vitamin C, total ascorbic acid	S1062
Dihydrophylloquinone	S1062
Threonine	S1062
Isoleucine	S1062
Alanine	S1062
Glutamic acid	S1062
Glycine	S1062
8:0	S1062
22:0	S1062
14:1	S1062
18:4	S1062
20:5 n-3 (EPA)	S1062
Tocopherol, beta	S1062
Riboflavin	S1062
Methionine	S1062
Total lipid (fat)	S1062
Starch	S1062
Fructose	S1062
Lactose	S1062
Phenylalanine	S1062
Tyrosine	S1062
Valine	S1062
Arginine	S1062
10:0	S1062
20:0	S1062

NDB No. 11286 Onions, yellow, sauteed

18:2 undifferentiated	S1062
20:4 undifferentiated	S1062
Copper, Cu	S1062
Folate, total	S1062
Histidine	S1062
20:1	S1062
22:1 undifferentiated	S1062
Protein	S1062
Sucrose	S1062
Fiber, total dietary	S1062
Potassium, K	S1062
Vitamin E (alpha-tocopherol)	S1062
Cystine	S1062
Proline	S1062
14:0	S1062
18:1 undifferentiated	S1062
20:2 n-6 c,c	S1062
Glucose (dextrose)	S1062
Water	S1062
Iron, Fe	S1062
Tocopherol, delta	S1062
Tryptophan	S1062
Lysine	S1062
12:0	S1062
18:0	S1062
15:0	S1062
15:1	S1062
Ash	S1062
Magnesium, Mg	S1062
Zinc, Zn	S1062
Thiamin	S1062
Niacin	S1062
Pantothenic acid	S1062
Choline, total	S1062
Vitamin K (phylloquinone)	S1062
Betaine	S1062
Aspartic acid	S1062

NDB No. 11286 Onions, yellow, sauteed

Serine	S1062
18:3 undifferentiated	S1062
17:0	S1062
24:0	S1062
Calcium, Ca	S1062
Phosphorus, P	S1062
Sodium, Na	S1062
Vitamin B-6	S1062
Leucine	S1062
16:0	S1062
22:6 n-3 (DHA)	S1062
16:1 undifferentiated	S1062
22:5 n-3 (DPA)	S1062
17:1	S1062
20:3 undifferentiated	S1062

NDB No. 11292 Onions, young green, tops only

Lactose	S5802
Galactose	S5802
Fiber, total dietary	S5802
Magnesium, Mg	S5802
Pantothenic acid	S5802
Fatty acids, total monounsaturated	S5802
15:0	S5802
17:0	S5802
24:1 c	S5802
Fatty acids, total trans-polyenoic	S5802
Total lipid (fat)	S5802
Potassium, K	S5802
Manganese, Mn	S5802
Fatty acids, total saturated	S5802
18:0	S5802
22:5 n-3 (DPA)	S5802
24:0	S5802
18:1 c	S5802
20:3 n-6	S5802

NDB No. 11292 Onions, young green, tops only

Fructose	S5802
Phosphorus, P	S5802
14:0	S5802
22:0	S5802
18:2 n-6 c,c	S5802
22:1 c	S5802
18:3 n-3 c,c,c (ALA)	S5802
Starch	S5802
Calcium, Ca	S5802
Iron, Fe	S5802
Vitamin C, total ascorbic acid	S5802
Niacin	S5802
8:0	S5802
16:0	S5802
18:4	S5802
22:1 undifferentiated	S5802
18:1 t	S5802
18:2 CLAs	S5802
16:1 c	S5802
Ash	S5802
Sucrose	S5802
Water	S5802
Riboflavin	S5802
18:2 undifferentiated	S5802
16:1 undifferentiated	S5802
18:2 t not further defined	S5802
17:1	S5802
20:3 undifferentiated	S5802
Glucose (dextrose)	S5802
Maltose	S5802
Zinc, Zn	S5802
Thiamin	S5802
Vitamin B-6	S5802
Folate, total	S5802
10:0	S5802
20:4 undifferentiated	S5802
22:6 n-3 (DHA)	S5802

NDB No. 11292 Onions, young green, tops only

14:1	S5802
16:1 t	S5802
22:1 t	S5802
20:2 n-6 c,c	S5802
18:3 n-6 c,c,c	S5802
Fatty acids, total trans-monoenoic	S5802
15:1	S5802
20:3 n-3	S5802
22:4	S5802
Copper, Cu	S5802
20:0	S5802
18:1 undifferentiated	S5802
18:3 undifferentiated	S5802
20:5 n-3 (EPA)	S5802
Sodium, Na	S5802
Fatty acids, total trans	S5802
12:0	S5802
20:1	S5802
Fatty acids, total polyunsaturated	S5802

NDB No. 11294 Onions, sweet, raw

Water	S582, S563
Fiber, total dietary	S582, S563
Calcium, Ca	S582, S563
Iron, Fe	S582, S563
Potassium, K	S582, S563
Cryptoxanthin, beta	S582, S563
Tocopherol, delta	S563
Pantothenic acid	S582, S563
Threonine	S582, S563
Histidine	S582, S563
Starch	S563
Galactose	S563
Manganese, Mn	S582, S563
Thiamin	S582, S563
Leucine	S582, S563

NDB No. 11294 Onions, sweet, raw

Aspartic acid	S582, S563
Glutamic acid	S582, S563
Protein	S582, S563
Sodium, Na	S582, S563
Carotene, alpha	S582, S563
Niacin	S582, S563
Betaine	S582, S563
Valine	S582, S563
Glycine	S582, S563
Proline	S582, S563
Serine	S582, S563
Total lipid (fat)	S582, S563
Selenium, Se	S563
Vitamin E (alpha-tocopherol)	S563
Dihydrophylloquinone	S582, S563
Methionine	S582, S563
Ash	S582, S563
Sucrose	S582, S563
Glucose (dextrose)	S582, S563
Fructose	S582, S563
Magnesium, Mg	S582, S563
Zinc, Zn	S582, S563
Tryptophan	S582, S563
Sugars, total	S563
Phosphorus, P	S582, S563
Carotene, beta	S582, S563
Lycopene	S582, S563
Tocopherol, beta	S563
Tocopherol, gamma	S563
Riboflavin	S582, S563
Choline, total	S582, S563
Lysine	S582, S563
Phenylalanine	S582, S563
Alanine	S582, S563
Lactose	S582, S563
Copper, Cu	S582, S563
Vitamin K (phylloquinone)	S582, S563

NDB No. 11294 Onions, sweet, raw

Arginine	S582, S563
Maltose	S582, S563
Lutein + zeaxanthin	S582, S563
Vitamin C, total ascorbic acid	S582, S563
Vitamin B-6	S582, S563
Folate, total	S582, S563
Isoleucine	S582, S563
Cystine	S582, S563
Tyrosine	S582, S563

NDB No. 11295 Onion rings, breaded, par fried, frozen, unprepared

Fluoride, F	D5007

NDB No. 11297 Parsley, raw

Carotene, alpha	D3919
Cryptoxanthin, beta	D3919
Tocopherol, delta	S84
Vitamin E (alpha-tocopherol)	S84
Lycopene	D3919
Tocopherol, beta	S84
Lutein + zeaxanthin	D3956, D3919, D3924
Tocopherol, gamma	S84
Carotene, beta	D3956, D3919, D3924
Vitamin K (phylloquinone)	D4052, D4072

NDB No. 11298 Parsnips, raw

Folate, total	D389
Water	D389

NDB No. 11299 Parsnips, cooked, boiled, drained, without salt

Iron, Fe	S1821
Total lipid (fat)	S1821
Zinc, Zn	S1821
Water	S1821, D3765

NDB No. 11299 Parsnips, cooked, boiled, drained, without salt

Protein	S1821
Ash	S1821
Fiber, total dietary	D3765
Manganese, Mn	S1821
Copper, Cu	S1821

NDB No. 11304 Peas, green, raw

Carotene, beta	D3889, D3887
Cryptoxanthin, beta	D3887
Carotene, alpha	D3889, D3887

NDB No. 11306 Peas, green, canned, regular pack, solids and liquids

Glucose (dextrose)	S406, S604
Selenium, Se	S6, S183, S203, S202
Tocopherol, beta	S121
Maltose	S406, S604
Sucrose	S406, S604
Vitamin E (alpha-tocopherol)	S121
Tocopherol, delta	S121
Sugars, total	S626, S625, S641, S627
Fiber, total dietary	S626, S625, S641, S627
Tocopherol, gamma	S121
Fructose	S406, S604

NDB No. 11308 Peas, green (includes baby and lesuer types), canned, drained solids, unprepared

Protein	S2702
Galactose	S2702
Fiber, total dietary	S2702, S604
Iron, Fe	S2702
Potassium, K	S2702
Niacin	S2702
Sucrose	S406, S2702, S604
Carotene, alpha	S2702, S1203
Ash	S2702
Maltose	S406, S2702, S604

NDB No. 11308 Peas, green (includes baby and lesuer types), canned, drained solids, unprepared

Water	S406, S2702, S604
Sugars, total	S2702
Magnesium, Mg	S2702
Manganese, Mn	S2702
Cryptoxanthin, beta	S2702, S1203
Folate, total	S2702
Fructose	S406, S2702, S604
Calcium, Ca	S2702
Phosphorus, P	S2702
Zinc, Zn	S2702
Copper, Cu	S2702
Dihydrophylloquinone	S2702
Starch	S2702
Thiamin	S2702
Pantothenic acid	S2702
Vitamin B-6	S2702
Total lipid (fat)	S2702
Glucose (dextrose)	S406, S2702, S604
Sodium, Na	S2702
Lycopene	S1203
Lutein + zeaxanthin	S1203
Menaquinone-4	S2702
Vitamin K (phylloquinone)	S2702
Lactose	S2702
Carotene, beta	S2702, S1203
Riboflavin	S2702

NDB No. 11312 Peas, green, frozen, unprepared

Protein	S3549
Glucose (dextrose)	D3321, S3549, S604
Maltose	S3549, S604
Fiber, total dietary	S3549
Magnesium, Mg	S3549
Tocopherol, gamma	S87
Tocopherol, delta	S87
Ash	S3549

NDB No. 11312 Peas, green, frozen, unprepared

Starch	S3549
Selenium, Se	S3549
Vitamin B-6	S3549
Dihydrophylloquinone	S3549
Total lipid (fat)	S3549, S87
Fructose	D3321, S3549, S604
Calcium, Ca	S3549
Potassium, K	S3549
Vitamin E (alpha-tocopherol)	S87
Iron, Fe	S3549
Sodium, Na	S3549
Copper, Cu	S3549
Lactose	S3549
Zinc, Zn	S3549
Thiamin	S3549
Niacin	S3549
Galactose	S3549
Manganese, Mn	S3549
Tocopherol, beta	S87
Riboflavin	S3549
Pantothenic acid	S3549
Water	S822, S3549, S604, S87
Menaquinone-4	S3549
Vitamin K (phylloquinone)	S3549
Sucrose	S822, D3321, S3549, S604
Sugars, total	S3549
Phosphorus, P	S3549

NDB No. 11313 Peas, green, frozen, cooked, boiled, drained, without salt

Copper, Cu	S201, S6, S183, S203, S202
Choline, total	S3461
Vitamin K (phylloquinone)	D4002
Magnesium, Mg	S201, S6, S183, S203, S202
Selenium, Se	S201, S6, S183, S203, S202
Calcium, Ca	S201, S6, S183, S203, S202
Betaine	S3461

NDB No. 11313 Peas, green, frozen, cooked, boiled, drained, without salt

Potassium, K	S201, S6, S183, S203, S202
Zinc, Zn	S201, S6, S183, S203, S202
Iron, Fe	S201, S6, S183, S203, S202
Phosphorus, P	S201, S6, S183, S203, S202
Sodium, Na	S201, S6, S183, S203, S202
Manganese, Mn	S201, S6, S183, S203, S202

NDB No. 11333 Peppers, sweet, green, raw

Sucrose	S837, S1062, S604
Lactose	S837, S1062
Niacin	S611, S1062
Methionine	S1062
Tyrosine	S1062
Aspartic acid	S1062
Proline	S1062
16:0	S1062
17:0	S1062
20:2 n-6 c,c	S1062
15:1	S1062
Glucose (dextrose)	S837, D3326, S1062, S604
Water	S837, S611, D3326, D3764, S1062, D3776, S604
Sugars, total	S837, D3326
Zinc, Zn	S611, S201, S1062, S6, S183, S203, S202
Copper, Cu	S611, S201, S1062, S6, S183, S203, S202
Selenium, Se	S1062, S6, S183
Vitamin C, total ascorbic acid	S611, S1062
Thiamin	S611, S1062
Riboflavin	S611, S1062
Pantothenic acid	S611, S1062
Vitamin B-6	S611, S1062
Folate, food	S1062
Tryptophan	S1062
Isoleucine	S1062
Lysine	S1062
Valine	S1062
Fatty acids, total saturated	S1062

NDB No. 11333 Peppers, sweet, green, raw

12:0	S1062
14:0	S1062
18:0	S1062
20:0	S1062
20:1	S1062
15:0	S1062
Magnesium, Mg	S611, S201, S1062, S6, S183, S203, S202
Carotene, beta	S611, S1062, D3889, D3888, D3887
Carotene, alpha	S1062, D3889, D3888, D3887
Phenylalanine	S1062
18:1 undifferentiated	S1062
22:0	S1062
16:1 undifferentiated	S1062
Fatty acids, total monounsaturated	S1062
Fatty acids, total polyunsaturated	S1062
24:0	S1062
Fiber, total dietary	S611, D3764, D3776
Calcium, Ca	S611, S201, S1062, S6, S183, S203, S202
Phosphorus, P	S611, S201, S1062, S6, S183, S203, S202
Potassium, K	S611, S201, S1062, S6, S183, S203, S202
Vitamin E (alpha-tocopherol)	S1062, S84
Lycopene	S1062
Tocopherol, beta	S1062, S84
Tocopherol, delta	S1062, S84
Dihydrophylloquinone	S1062
Vitamin K (phylloquinone)	D4052, D4002, S1062
8:0	S1062
10:0	S1062
18:2 undifferentiated	S1062
Total lipid (fat)	S611, S1062, S84
Ash	S1062
Starch	S1062
Maltose	S837, S1062
Iron, Fe	S611, S201, S1062, S6, S183, S203, S202
Vitamin A, IU	S611
Threonine	S1062
Leucine	S1062

NDB No. 11333 Peppers, sweet, green, raw

Arginine	S1062
18:3 undifferentiated	S1062
20:4 undifferentiated	S1062
14:1	S1062
22:1 undifferentiated	S1062
Protein	S611, S1062
Manganese, Mn	S611, S201, S1062, S6, S183, S203, S202
Betaine	S1062
Alanine	S1062
Glutamic acid	S1062
20:5 n-3 (EPA)	S1062
Fructose	S837, D3326, S1062, S604
Sodium, Na	S611, S201, S1062, S6, S183, S203, S202
Fluoride, F	D5007
Tocopherol, gamma	S1062, S84
Folate, total	S1062
Choline, total	S1062
Cystine	S1062
22:6 n-3 (DHA)	S1062
18:4	S1062
Cryptoxanthin, beta	S1062, D3887
Histidine	S1062
Glycine	S1062
Serine	S1062
22:5 n-3 (DPA)	S1062
17:1	S1062
20:3 undifferentiated	S1062

NDB No. 11339 Peppers, sweet, green, sauteed

Glucose (dextrose)	S1062
Water	S1062
Iron, Fe	S1062
Vitamin C, total ascorbic acid	S1062
Riboflavin	S1062
Glycine	S1062
17:0	S1062

NDB No. 11339 Peppers, sweet, green, sauteed

20:3 undifferentiated	S1062
Ash	S1062
Starch	S1062
Sucrose	S1062
Vitamin E (alpha-tocopherol)	S1062
Choline, total	S1062
Threonine	S1062
Arginine	S1062
Histidine	S1062
10:0	S1062
14:0	S1062
22:0	S1062
14:1	S1062
18:4	S1062
Lactose	S1062
Calcium, Ca	S1062
Potassium, K	S1062
Carotene, alpha	S1062
Niacin	S1062
Lysine	S1062
8:0	S1062
12:0	S1062
18:0	S1062
Total lipid (fat)	S1062
Zinc, Zn	S1062
Manganese, Mn	S1062
Cryptoxanthin, beta	S1062
Tryptophan	S1062
Isoleucine	S1062
Tyrosine	S1062
Valine	S1062
18:3 undifferentiated	S1062
20:4 undifferentiated	S1062
Maltose	S1062
Fiber, total dietary	S1062
Magnesium, Mg	S1062
Carotene, beta	S1062

NDB No. 11339 Peppers, sweet, green, sauteed

Lycopene	S1062
Tocopherol, gamma	S1062
Folate, total	S1062
Dihydrophylloquinone	S1062
Vitamin K (phylloquinone)	S1062
16:0	S1062
18:2 undifferentiated	S1062
20:5 n-3 (EPA)	S1062
22:1 undifferentiated	S1062
22:5 n-3 (DPA)	S1062
Sodium, Na	S1062
Tocopherol, delta	S1062
Pantothenic acid	S1062
Vitamin B-6	S1062
Leucine	S1062
Methionine	S1062
Phenylalanine	S1062
18:1 undifferentiated	S1062
Protein	S1062
Fructose	S1062
Copper, Cu	S1062
Betaine	S1062
Serine	S1062
20:0	S1062
16:1 undifferentiated	S1062
15:0	S1062
20:2 n-6 c,c	S1062
17:1	S1062
15:1	S1062
Phosphorus, P	S1062
Tocopherol, beta	S1062
Thiamin	S1062
Cystine	S1062
Alanine	S1062
Aspartic acid	S1062
Glutamic acid	S1062
Proline	S1062

NDB No. 11339 Peppers, sweet, green, sauteed

22:6 n-3 (DHA)	S1062
20:1	S1062
24:0	S1062

NDB No. 11352 Potato, flesh and skin, raw

Glucose (dextrose)	S563, S566
Lactose	S563, S566
Sugars, total	S563
Galactose	S563
Riboflavin	S563, S566
Pantothenic acid	S563, S566
Cystine	S563, S566
Phenylalanine	S563
Aspartic acid	S563, S566
Glycine	S563, S566
Protein	S563, S566
Calcium, Ca	S563, S566
Tocopherol, delta	S563
Thiamin	S563, S566
Leucine	S563, S566
Lysine	S563, S566
Tyrosine	S563, S566
Sucrose	S563, S566
Fructose	S563, S566
Valine	S563, S566
Alanine	S563, S566
Glutamic acid	S563, S566
Ash	S563, S566
Magnesium, Mg	S563, S566
Zinc, Zn	S563, S566
Manganese, Mn	S563, S566
Dihydrophylloquinone	S563, S566
Serine	S563, S566
Total lipid (fat)	S563, S566
Vitamin A, RAE	S566
Vitamin E (alpha-tocopherol)	S563

NDB No. 11352 Potato, flesh and skin, raw

Tocopherol, gamma	S563
Arginine	S563, S566
Water	S563, S566
Fiber, total dietary	S563
Phosphorus, P	S563, S566
Carotene, alpha	S563, S566
Lycopene	S563, S566
Lutein + zeaxanthin	S563, S566
Tryptophan	S563, S566
Isoleucine	S563, S566
Methionine	S563, S566
Proline	S563, S566
Iron, Fe	S563, S566
Carotene, beta	S563, S566
Tocopherol, beta	S563
Folate, total	S563, S566
Threonine	S563, S566
Starch	S563, S566
Maltose	S563, S566
Potassium, K	S563, S566
Copper, Cu	S563, S566
Cryptoxanthin, beta	S563, S566
Niacin	S563, S566
Vitamin B-6	S563, S566
Vitamin K (phylloquinone)	S563, S566
Histidine	S563, S566

NDB No. 11353 Potatoes, russet, flesh and skin, raw

Fructose	S563, S566
Vitamin E (alpha-tocopherol)	S563
Lycopene	S563, S566
Folate, total	S563, S566
Phenylalanine	S563
Ash	S563, S566
Galactose	S563
Phosphorus, P	S563, S566

NDB No. 11353 Potatoes, russet, flesh and skin, raw

Selenium, Se	S563
Tocopherol, delta	S563
Vitamin C, total ascorbic acid	S563, S566
Betaine	S563
Alanine	S563, S566
Zinc, Zn	S563, S566
Manganese, Mn	S563, S566
Cystine	S563, S566
Proline	S563, S566
Total lipid (fat)	S563, S566
Glucose (dextrose)	S563, S566
Carotene, alpha	S563, S566
Tocopherol, beta	S563
Histidine	S563, S566
Sucrose	S563, S566
Fiber, total dietary	S563
Calcium, Ca	S563, S566
Magnesium, Mg	S563, S566
Potassium, K	S563, S566
Cryptoxanthin, beta	S563, S566
Riboflavin	S563, S566
Vitamin B-6	S563, S566
Vitamin K (phylloquinone)	S563, S566
Threonine	S563, S566
Valine	S563, S566
Arginine	S563, S566
Aspartic acid	S563, S566
Starch	S563, S566
Lactose	S563, S566
Lutein + zeaxanthin	S563
Thiamin	S563, S566
Niacin	S563, S566
Pantothenic acid	S563, S566
Choline, total	S563
Dihydrophylloquinone	S563, S566
Isoleucine	S563, S566
Lysine	S563, S566

NDB No. 11353 Potatoes, russet, flesh and skin, raw

Tyrosine	S563, S566
Maltose	S563, S566
Iron, Fe	S563, S566
Carotene, beta	S563, S566
Tocopherol, gamma	S563
Leucine	S563, S566
Protein	S563, S566
Water	S563, S566
Sugars, total	S563
Sodium, Na	S563
Copper, Cu	S563, S566
Tryptophan	S563, S566
Methionine	S563, S566
Glutamic acid	S563, S566
Glycine	S563, S566
Serine	S563, S566

NDB No. 11354 Potatoes, white, flesh and skin, raw

Galactose	S563
Fiber, total dietary	S563
Zinc, Zn	S563, S566
Carotene, beta	S566
Cystine	S563, S566
Histidine	S563, S566
Total lipid (fat)	S563, S566
Ash	S563, S566
Maltose	S563, S566
Niacin	S563, S566
Choline, total	S563, S566
Methionine	S563, S566
Sucrose	S563, S566
Water	S563, S566
Iron, Fe	S563, S566
Copper, Cu	S563, S566
Manganese, Mn	S563, S566
Tyrosine	S563, S566

NDB No. 11354 Potatoes, white, flesh and skin, raw

Aspartic acid	S563, S566
Calcium, Ca	S563, S566
Potassium, K	S563, S566
Riboflavin	S563, S566
Vitamin K (phylloquinone)	S563, S566
Threonine	S563, S566
Isoleucine	S563, S566
Valine	S563, S566
Serine	S563, S566
Glucose (dextrose)	S563, S566
Thiamin	S563, S566
Pantothenic acid	S563, S566
Phenylalanine	S563
Arginine	S563, S566
Glutamic acid	S563, S566
Carotene, alpha	S566
Cryptoxanthin, beta	S566
Vitamin B-6	S563, S566
Folate, total	S563, S566
Dihydrophylloquinone	S563, S566
Tryptophan	S563, S566
Leucine	S563, S566
Proline	S563, S566
Lycopene	S566
Protein	S563, S566
Fructose	S563, S566
Lactose	S563, S566
Magnesium, Mg	S563, S566
Phosphorus, P	S563, S566
Sodium, Na	S563, S566
Betaine	S563, S566
Lysine	S563, S566
Alanine	S563, S566
Glycine	S563, S566

NDB No. 11355 Potatoes, red, flesh and skin, raw

NDB No. 11355 Potatoes, red, flesh and skin, raw

Sodium, Na	S563, S566
Manganese, Mn	S563, S566
Vitamin C, total ascorbic acid	S563, S566
Folate, total	S563, S566
Alanine	S563, S566
Glycine	S563, S566
Total lipid (fat)	S563, S566
Fiber, total dietary	S563
Lysine	S563, S566
Valine	S563, S566
Arginine	S563, S566
Aspartic acid	S563, S566
Sucrose	S563, S566
Maltose	S563, S566
Copper, Cu	S563, S566
Thiamin	S563, S566
Tryptophan	S563, S566
Water	S563, S566
Iron, Fe	S563, S566
Zinc, Zn	S563, S566
Carotene, alpha	S566
Cryptoxanthin, beta	S566
Pantothenic acid	S563, S566
Threonine	S563, S566
Glutamic acid	S563, S566
Vitamin A, IU	S566
Carotene, beta	S566
Lycopene	S566
Riboflavin	S563, S566
Vitamin B-6	S563, S566
Choline, total	S563, S566
Vitamin K (phylloquinone)	S563, S566
Proline	S563, S566
Protein	S563, S566
Starch	S563, S566
Glucose (dextrose)	S563, S566
Fructose	S563, S566

NDB No. 11355 Potatoes, red, flesh and skin, raw

Galactose	S563
Phosphorus, P	S563, S566
Lutein + zeaxanthin	S566
Dihydrophylloquinone	S563, S566
Betaine	S563, S566
Isoleucine	S563, S566
Methionine	S563, S566
Cystine	S563, S566
Phenylalanine	S563
Calcium, Ca	S563, S566
Magnesium, Mg	S563, S566
Niacin	S563, S566
Histidine	S563, S566
Serine	S563, S566
Ash	S563, S566
Lactose	S563, S566
Sugars, total	S563
Potassium, K	S563, S566
Vitamin A, RAE	S566
Leucine	S563, S566
Tyrosine	S563, S566

NDB No. 11356 Potatoes, Russet, flesh and skin, baked

Total lipid (fat)	S563, S566
Ash	S563, S566
Magnesium, Mg	S563, S566
Tocopherol, gamma	S563, S566
Thiamin	S563, S566
Niacin	S563, S566
Leucine	S563, S566
Phenylalanine	S563
Proline	S563, S566
Serine	S563, S566
Fructose	S563, S566
Water	S563, S566
Zinc, Zn	S563, S566

NDB No. 11356 Potatoes, Russet, flesh and skin, baked

Lycopene	S563, S566
Lutein + zeaxanthin	S563, S566
Vitamin B-6	S563, S566
Dihydrophylloquinone	S563, S566
Methionine	S563, S566
Tyrosine	S563, S566
Histidine	S563, S566
Alanine	S563, S566
Starch	S563, S566
Glucose (dextrose)	S563, S566
Galactose	S563
Phosphorus, P	S563, S566
Potassium, K	S563, S566
Sodium, Na	S563, S566
Manganese, Mn	S563, S566
Tocopherol, beta	S563, S566
Tryptophan	S563, S566
Copper, Cu	S563, S566
Fluoride, F	S566
Carotene, alpha	S563, S566
Vitamin E (alpha-tocopherol)	S563, S566
Vitamin C, total ascorbic acid	S563, S566
Betaine	S563, S566
Valine	S563, S566
Protein	S563, S566
Selenium, Se	S563
Riboflavin	S563, S566
Choline, total	S563, S566
Threonine	S563, S566
Aspartic acid	S563, S566
Maltose	S563, S566
Calcium, Ca	S563, S566
Carotene, beta	S563, S566
Folate, total	S563, S566
Cystine	S563, S566
Sucrose	S563, S566
Lactose	S563, S566

NDB No. 11356 Potatoes, Russet, flesh and skin, baked

Fiber, total dietary	S563, S566
Tocopherol, delta	S563, S566
Iron, Fe	S563, S566
Cryptoxanthin, beta	S563, S566
Pantothenic acid	S563, S566
Vitamin K (phylloquinone)	S563, S566
Isoleucine	S563, S566
Lysine	S563, S566
Arginine	S563, S566
Glutamic acid	S563, S566
Glycine	S563, S566

NDB No. 11357 Potatoes, white, flesh and skin, baked

Sugars, total	S563
Calcium, Ca	S563, S566
Carotene, alpha	S563, S566
Cryptoxanthin, beta	S563, S566
Vitamin C, total ascorbic acid	S563, S566
Niacin	S563, S566
Vitamin K (phylloquinone)	S563, S566
Tryptophan	S563, S566
Tyrosine	S563, S566
Aspartic acid	S563, S566
Proline	S563, S566
Total lipid (fat)	S563, S566
Zinc, Zn	S563, S566
Carotene, beta	S563, S566
Leucine	S563, S566
Lysine	S563, S566
Vitamin B-6	S563, S566
Choline, total	S563, S566
Dihydrophylloquinone	S563, S566
Arginine	S563, S566
Histidine	S563, S566
Starch	S563, S566
Sucrose	S563, S566

NDB No. 11357 Potatoes, white, flesh and skin, baked

Glucose (dextrose)	S563, S566
Sodium, Na	S563, S566
Folate, total	S563, S566
Betaine	S563, S566
Alanine	S563, S566
Fructose	S563, S566
Iron, Fe	S563, S566
Thiamin	S563, S566
Riboflavin	S563, S566
Methionine	S563, S566
Cystine	S563, S566
Maltose	S563, S566
Magnesium, Mg	S563, S566
Phosphorus, P	S563, S566
Potassium, K	S563, S566
Lutein + zeaxanthin	S563
Isoleucine	S563, S566
Phenylalanine	S563
Serine	S563, S566
Lactose	S563, S566
Galactose	S563
Fiber, total dietary	S563, S566
Lycopene	S563, S566
Pantothenic acid	S563, S566
Threonine	S563, S566
Glutamic acid	S563, S566
Glycine	S563, S566
Protein	S563, S566
Ash	S563, S566
Water	S563, S566
Copper, Cu	S563, S566
Manganese, Mn	S563, S566
Valine	S563, S566

NDB No. 11358 Potatoes, red, flesh and skin, baked

Calcium, Ca	S563, S566

NDB No. 11358 Potatoes, red, flesh and skin, baked

Magnesium, Mg	S563, S566
Manganese, Mn	S563, S566
Carotene, beta	S563, S566
Lycopene	S563, S566
Vitamin C, total ascorbic acid	S563, S566
Vitamin K (phylloquinone)	S563, S566
Leucine	S563, S566
Tyrosine	S563, S566
Ash	S563, S566
Galactose	S563
Sodium, Na	S563, S566
Pantothenic acid	S563, S566
Phenylalanine	S563
Histidine	S563, S566
Tocopherol, beta	S563, S566
Tocopherol, gamma	S563, S566
Riboflavin	S563, S566
Vitamin B-6	S563, S566
Arginine	S563, S566
Glutamic acid	S563, S566
Proline	S563, S566
Total lipid (fat)	S563, S566
Lactose	S563, S566
Sugars, total	S563
Potassium, K	S563, S566
Carotene, alpha	S563, S566
Lutein + zeaxanthin	S563
Tocopherol, delta	S563, S566
Thiamin	S563, S566
Dihydrophylloquinone	S563, S566
Glycine	S563, S566
Copper, Cu	S563, S566
Folate, total	S563, S566
Valine	S563, S566
Protein	S563, S566
Fructose	S563, S566
Maltose	S563, S566

NDB No. 11358 Potatoes, red, flesh and skin, baked

Fiber, total dietary	S563, S566
Iron, Fe	S563, S566
Zinc, Zn	S563, S566
Cryptoxanthin, beta	S563, S566
Threonine	S563, S566
Isoleucine	S563, S566
Alanine	S563, S566
Aspartic acid	S563, S566
Serine	S563, S566
Starch	S563, S566
Sucrose	S563, S566
Glucose (dextrose)	S563, S566
Phosphorus, P	S563, S566
Vitamin E (alpha-tocopherol)	S563, S566
Betaine	S563, S566
Lysine	S563, S566
Methionine	S563, S566
Water	S563, S566
Niacin	S563, S566
Choline, total	S563, S566
Tryptophan	S563, S566
Cystine	S563, S566

NDB No. 11359 Potatoes, french fried, crinkle or regular cut, salt added in processing, frozen, as purchased

Starch	S2105
Fructose	S2105
Lactose	S2105
Calcium, Ca	S2105
Tocopherol, delta	S2105
Dihydrophylloquinone	S2105
Phenylalanine	S2105
Valine	S2105
Proline	S2105
17:0	S2105
18:3 n-3 c,c,c (ALA)	S2105
Ash	S2105

NDB No. 11359 Potatoes, french fried, crinkle or regular cut, salt added in processing, frozen, as purchased

Glucose (dextrose)	S2105
Magnesium, Mg	S2105
Vitamin E (alpha-tocopherol)	S2105
Tocopherol, gamma	S2105
Folate, total	S2105
Glycine	S2105
16:1 undifferentiated	S2105
17:1	S2105
Total lipid (fat)	S2105
Manganese, Mn	S2105
Riboflavin	S2105
Pantothenic acid	S2105
Serine	S2105
8:0	S2105
20:3 undifferentiated	S2105
Sugars, total	S2105
Copper, Cu	S2105
Vitamin C, total ascorbic acid	S2105
Threonine	S2105
Isoleucine	S2105
Lysine	S2105
Tyrosine	S2105
18:0	S2105
14:1	S2105
Iron, Fe	S2105
Potassium, K	S2105
Tryptophan	S2105
Methionine	S2105
Cystine	S2105
14:0	S2105
16:0	S2105
18:1 undifferentiated	S2105
18:3 undifferentiated	S2105
20:4 undifferentiated	S2105
22:0	S2105
Fatty acids, total monounsaturated	S2105
Water	D3764, S2581, S2105

NDB No. 11359 Potatoes, french fried, crinkle or regular cut, salt added in processing, frozen, as purchased

Galactose	S2105
Fiber, total dietary	D3764, S2581, S2105
Phosphorus, P	S2105
Sodium, Na	S2105
Tocopherol, beta	S2105
12:0	S2105
20:0	S2105
18:2 undifferentiated	S2105
Fatty acids, total polyunsaturated	S2105
20:2 n-6 c,c	S2105
Sucrose	S2105
Maltose	S2105
Thiamin	S2105
Vitamin B-6	S2105
Vitamin K (phylloquinone)	S2105
Glutamic acid	S2105
20:1	S2105
15:0	S2105
18:3 n-6 c,c,c	S2105
Protein	S2105
Zinc, Zn	S2105
Niacin	S2105
Leucine	S2105
Arginine	S2105
Histidine	S2105
Alanine	S2105
Aspartic acid	S2105
Fatty acids, total saturated	S2105
10:0	S2105
15:1	S2105

NDB No. 11360 Potatoes, french fried, crinkle or regular cut, salt added in processing, frozen, oven-heated

Sugars, total	S2105
Zinc, Zn	S201, S6, S183, S203, S2105, S202
Copper, Cu	S201, S6, S183, S203, S2105, S202
Tocopherol, gamma	S2105

NDB No. 11360 Potatoes, french fried, crinkle or regular cut, salt added in processing, frozen, oven-heated

Vitamin C, total ascorbic acid	S2105
Riboflavin	S2105
Pantothenic acid	S2105
Phenylalanine	S2105
Serine	S2105
18:2 undifferentiated	S2105
18:3 undifferentiated	S2105
Fatty acids, total monounsaturated	S2105
Fatty acids, total polyunsaturated	S2105
15:0	S2105
18:3 n-6 c,c,c	S2105
18:3 n-3 c,c,c (ALA)	S2105
Ash	S2105
Fructose	S2105
Lactose	S2105
Fiber, total dietary	S2105
Calcium, Ca	S201, S6, S183, S203, S2105, S202
Magnesium, Mg	S201, S6, S183, S203, S2105, S202
Phosphorus, P	S201, S6, S183, S203, S2105, S202
Proline	S2105
16:1 undifferentiated	S2105
20:1	S2105
Galactose	S2105
Potassium, K	S201, S6, S183, S203, S2105, S202
Leucine	S2105
Valine	S2105
Histidine	S2105
Alanine	S2105
8:0	S2105
12:0	S2105
22:0	S2105
Vitamin E (alpha-tocopherol)	S2105
Tocopherol, beta	S2105
Niacin	S2105
10:0	S2105
18:0	S2105
20:4 undifferentiated	S2105

NDB No. 11360 Potatoes, french fried, crinkle or regular cut, salt added in processing, frozen, oven-heated

Iron, Fe	S201, S6, S183, S203, S2105, S202
Selenium, Se	S201, S6, S183, S203, S202
Tocopherol, delta	S2105
Vitamin B-6	S2105
Cystine	S2105
Glycine	S2105
20:0	S2105
14:1	S2105
20:2 n-6 c,c	S2105
Protein	S2105
Sucrose	S2105
Manganese, Mn	S201, S6, S183, S203, S2105, S202
Vitamin K (phylloquinone)	S2105
Tryptophan	S2105
Methionine	S2105
16:0	S2105
Total lipid (fat)	S2105
Starch	S2105
Glucose (dextrose)	S2105
Sodium, Na	S2105
Thiamin	S2105
Folate, total	S2105
Dihydrophylloquinone	S2105
Threonine	S2105
Lysine	S2105
Tyrosine	S2105
Arginine	S2105
Aspartic acid	S2105
Fatty acids, total saturated	S2105
17:1	S2105
Maltose	S2105
Water	S2105
Isoleucine	S2105
Glutamic acid	S2105
14:0	S2105
18:1 undifferentiated	S2105
17:0	S2105

NDB No. 11360 Potatoes, french fried, crinkle or regular cut, salt added in processing, frozen, oven-heated

20:3 undifferentiated	S2105
15:1	S2105

NDB No. 11365 Potatoes, boiled, cooked in skin, flesh, without salt

Fluoride, F	D5001

NDB No. 11372 Potatoes, scalloped, home-prepared with butter

Fluoride, F	D5002, D5007

NDB No. 11378 Potatoes, mashed, dehydrated, flakes without milk, dry form

Ash	S3542
Water	S3542
Iron, Fe	S3542
Magnesium, Mg	S3542
Phosphorus, P	S3542
Zinc, Zn	S3542
Riboflavin	S3542
Folate, food	S3542
Glycine	S563, S566, S2105, S3542
Fatty acids, total saturated	S3542
18:1 undifferentiated	S3542
18:2 undifferentiated	S3542
17:0	S3542
Protein	S3542
Total lipid (fat)	S3542
Sucrose	S3542
Fructose	S3542
Calcium, Ca	S3542
Sodium, Na	S3542
Tocopherol, beta	S3542
Vitamin C, total ascorbic acid	S3542
Folate, total	S3542
Cystine	S563, S566, S2105, S3542
Histidine	S563, S566, S2105, S3542
20:0	S3542

NDB No. 11378 Potatoes, mashed, dehydrated, flakes without milk, dry form

Maltose	S3542
Selenium, Se	S3542
Niacin	S3542
Isoleucine	S563, S566, S2105, S3542
Glutamic acid	S563, S566, S2105, S3542
12:0	S3542
16:1 undifferentiated	S3542
Glucose (dextrose)	S3542
Fiber, total dietary	S3542
Tocopherol, gamma	S3542
Pantothenic acid	S3542
Folic acid	S3542
Tryptophan	S563, S566, S2105, S3542
22:0	S3542
20:1	S3542
Lactose	S3542
Galactose	S3542
Manganese, Mn	S3542
Vitamin E (alpha-tocopherol)	S3542
Leucine	S563, S566, S2105, S3542
Lysine	S563, S566, S2105, S3542
Methionine	S563, S566, S2105, S3542
Phenylalanine	S563, S566, S2105, S3542
Alanine	S563, S566, S2105, S3542
Serine	S563, S566, S2105, S3542
20:4 undifferentiated	S3542
15:0	S3542
18:3 n-3 c,c,c (ALA)	S3542
Starch	S3542
Copper, Cu	S3542
Tocopherol, delta	S3542
Vitamin B-6	S3542
Valine	S563, S566, S2105, S3542
16:0	S3542
18:3 undifferentiated	S3542
Fatty acids, total monounsaturated	S3542
20:2 n-6 c,c	S3542

NDB No. 11378 Potatoes, mashed, dehydrated, flakes without milk, dry form

15:1	S3542
Potassium, K	S3542
Thiamin	S3542
Tyrosine	S563, S566, S2105, S3542
Arginine	S563, S566, S2105, S3542
Hydroxyproline	S3542
10:0	S3542
18:3 n-6 c,c,c	S3542
17:1	S3542
Sugars, total	S3542
Threonine	S563, S566, S2105, S3542
Aspartic acid	S563, S566, S2105, S3542
Proline	S563, S566, S2105, S3542
8:0	S3542
14:0	S3542
18:0	S3542
14:1	S3542
20:3 undifferentiated	S3542

NDB No. 11380 Potatoes, mashed, dehydrated, granules without milk, dry form

Aspartic acid	S563, S566, S2105, S3542
Isoleucine	S563, S566, S2105, S3542
Methionine	S563, S566, S2105, S3542
Cystine	S563, S566, S2105, S3542
Arginine	S563, S566, S2105, S3542
Alanine	S563, S566, S2105, S3542
Phenylalanine	S563, S566, S2105, S3542
Tyrosine	S563, S566, S2105, S3542
Valine	S563, S566, S2105, S3542
Glycine	S563, S566, S2105, S3542
Proline	S563, S566, S2105, S3542
Tryptophan	S563, S566, S2105, S3542
Leucine	S563, S566, S2105, S3542
Serine	S563, S566, S2105, S3542
Histidine	S563, S566, S2105, S3542
Glutamic acid	S563, S566, S2105, S3542

NDB No. 11380 Potatoes, mashed, dehydrated, granules without milk, dry form

Threonine	S563, S566, S2105, S3542
Lysine	S563, S566, S2105, S3542

NDB No. 11390 Potatoes, hashed brown, frozen, plain, unprepared

Fluoride, F	D5001

NDB No. 11394 Potatoes, french fried, shoestring, salt added in processing, frozen, as purchased

Starch	S2105
Fiber, total dietary	S2105
Manganese, Mn	S2105
10:0	S2105
12:0	S2105
20:0	S2105
16:1 undifferentiated	S2105
20:1	S2105
17:0	S2105
20:2 n-6 c,c	S2105
18:3 n-6 c,c,c	S2105
Total lipid (fat)	S2105
Glucose (dextrose)	S2105
Maltose	S2105
Sugars, total	S2105
Riboflavin	S2105
Tryptophan	S2105
15:0	S2105
Water	S2105
Potassium, K	S2105
Threonine	S2105
Isoleucine	S2105
Phenylalanine	S2105
Valine	S2105
Arginine	S2105
18:2 undifferentiated	S2105
14:1	S2105
Fructose	S2105
Calcium, Ca	S2105

NDB No. 11394 Potatoes, french fried, shoestring, salt added in processing, frozen, as purchased

Sodium, Na	S2105
Zinc, Zn	S2105
Copper, Cu	S2105
Vitamin B-6	S2105
Folate, total	S2105
Methionine	S2105
Glutamic acid	S2105
Fatty acids, total saturated	S2105
18:3 undifferentiated	S2105
17:1	S2105
Protein	S2105
Sucrose	S2105
Tocopherol, delta	S2105
Vitamin C, total ascorbic acid	S2105
Fatty acids, total monounsaturated	S2105
18:3 n-3 c,c,c (ALA)	S2105
Iron, Fe	S2105
Phosphorus, P	S2105
Niacin	S2105
Vitamin K (phylloquinone)	S2105
Leucine	S2105
Tyrosine	S2105
Serine	S2105
Ash	S2105
Magnesium, Mg	S2105
Vitamin E (alpha-tocopherol)	S2105
Dihydrophylloquinone	S2105
Lysine	S2105
Alanine	S2105
Aspartic acid	S2105
Glycine	S2105
16:0	S2105
18:1 undifferentiated	S2105
20:4 undifferentiated	S2105
22:0	S2105
Fatty acids, total polyunsaturated	S2105
20:3 undifferentiated	S2105

NDB No. 11394 Potatoes, french fried, shoestring, salt added in processing, frozen, as purchased

15:1	S2105
Lactose	S2105
Galactose	S2105
Tocopherol, beta	S2105
Tocopherol, gamma	S2105
Thiamin	S2105
Pantothenic acid	S2105
Cystine	S2105
Histidine	S2105
Proline	S2105
8:0	S2105
14:0	S2105
18:0	S2105

NDB No. 11395 Potatoes, french fried, shoestring, salt added in processing, frozen, oven-heated

Maltose	S2105
Water	S2105
Fiber, total dietary	S2105
Manganese, Mn	S2105
Phenylalanine	S2105
Proline	S2105
18:3 undifferentiated	S2105
20:1	S2105
17:0	S2105
Glucose (dextrose)	S2105
Serine	S2105
15:0	S2105
18:3 n-6 c,c,c	S2105
20:3 undifferentiated	S2105
Iron, Fe	S2105
Phosphorus, P	S2105
Tocopherol, beta	S2105
Vitamin C, total ascorbic acid	S2105
Pantothenic acid	S2105
Lysine	S2105
20:2 n-6 c,c	S2105

NDB No. 11395 Potatoes, french fried, shoestring, salt added in processing, frozen, oven-heated

18:3 n-3 c,c,c (ALA)	S2105
Total lipid (fat)	S2105
Starch	S2105
Fructose	S2105
Magnesium, Mg	S2105
Copper, Cu	S2105
Vitamin K (phylloquinone)	S2105
Tyrosine	S2105
Arginine	S2105
Glutamic acid	S2105
10:0	S2105
16:0	S2105
Protein	S2105
Sucrose	S2105
Galactose	S2105
Zinc, Zn	S2105
Thiamin	S2105
Vitamin B-6	S2105
Tryptophan	S2105
Threonine	S2105
Methionine	S2105
Cystine	S2105
Fatty acids, total saturated	S2105
18:0	S2105
20:0	S2105
18:1 undifferentiated	S2105
Fatty acids, total monounsaturated	S2105
15:1	S2105
Ash	S2105
Lactose	S2105
Tocopherol, gamma	S2105
Tocopherol, delta	S2105
Leucine	S2105
Valine	S2105
Alanine	S2105
Aspartic acid	S2105
8:0	S2105

NDB No. 11395 Potatoes, french fried, shoestring, salt added in processing, frozen, oven-heated

12:0	S2105
20:4 undifferentiated	S2105
14:1	S2105
16:1 undifferentiated	S2105
Sugars, total	S2105
Potassium, K	S2105
Sodium, Na	S2105
Niacin	S2105
Dihydrophylloquinone	S2105
Isoleucine	S2105
Histidine	S2105
Glycine	S2105
14:0	S2105
22:0	S2105
Fatty acids, total polyunsaturated	S2105
17:1	S2105
Calcium, Ca	S2105
Vitamin E (alpha-tocopherol)	S2105
Riboflavin	S2105
Folate, total	S2105
18:2 undifferentiated	S2105

NDB No. 11398 Potato puffs, frozen, unprepared

Lysine	S2105
Histidine	S2105
18:3 n-3 c,c,c (ALA)	S2105
Galactose	S2105
Calcium, Ca	S2105
Tryptophan	S2105
Fatty acids, total saturated	S2105
18:1 undifferentiated	S2105
Total lipid (fat)	S2105
Ash	S2105
Lactose	S2105
Copper, Cu	S2105
Folate, total	S2105

NDB No. 11398 Potato puffs, frozen, unprepared

Proline	S2105
14:1	S2105
20:1	S2105
20:3 undifferentiated	S2105
Protein	S2105
Starch	S2105
Water	S2105
Potassium, K	S2105
Pantothenic acid	S2105
Vitamin K (phylloquinone)	S2105
Leucine	S2105
Alanine	S2105
Serine	S2105
22:0	S2105
15:0	S2105
17:1	S2105
15:1	S2105
Sucrose	S2105
Iron, Fe	S2105
Zinc, Zn	S2105
Tocopherol, beta	S2105
Tocopherol, delta	S2105
Phenylalanine	S2105
Valine	S2105
Arginine	S2105
Glutamic acid	S2105
10:0	S2105
14:0	S2105
18:2 undifferentiated	S2105
Fatty acids, total monounsaturated	S2105
Fructose	S2105
Phosphorus, P	S2105
Thiamin	S2105
Vitamin B-6	S2105
Dihydrophylloquinone	S2105
Threonine	S2105
Cystine	S2105

NDB No. 11398 Potato puffs, frozen, unprepared

12:0	S2105
16:0	S2105
20:0	S2105
20:4 undifferentiated	S2105
20:2 n-6 c,c	S2105
Glucose (dextrose)	S2105
Maltose	S2105
Sugars, total	S2105
Fiber, total dietary	S2105
Magnesium, Mg	S2105
Sodium, Na	S2105
Tocopherol, gamma	S2105
Riboflavin	S2105
Methionine	S2105
Tyrosine	S2105
Glycine	S2105
8:0	S2105
18:0	S2105
16:1 undifferentiated	S2105
Fatty acids, total polyunsaturated	S2105
17:0	S2105
Manganese, Mn	S2105
Vitamin E (alpha-tocopherol)	S2105
Vitamin C, total ascorbic acid	S2105
Niacin	S2105
Isoleucine	S2105
Aspartic acid	S2105
18:3 undifferentiated	S2105
18:3 n-6 c,c,c	S2105

NDB No. 11399 Potato puffs, frozen, oven-heated

Copper, Cu	S2105
Vitamin E (alpha-tocopherol)	S2105
Lysine	S2105
Tyrosine	S2105
Valine	S2105

NDB No. 11399 Potato puffs, frozen, oven-heated

8:0	S2105
18:2 undifferentiated	S2105
14:1	S2105
18:3 n-6 c,c,c	S2105
Galactose	S2105
Calcium, Ca	S2105
Iron, Fe	S2105
Histidine	S2105
14:0	S2105
18:0	S2105
20:0	S2105
20:1	S2105
Protein	S2105
Total lipid (fat)	S2105
Ash	S2105
Starch	S2105
Lactose	S2105
Maltose	S2105
Fiber, total dietary	S2105
Zinc, Zn	S2105
Pantothenic acid	S2105
Folate, total	S2105
Glycine	S2105
18:3 undifferentiated	S2105
22:0	S2105
17:1	S2105
20:3 undifferentiated	S2105
Sucrose	S2105
Water	S2105
Vitamin C, total ascorbic acid	S2105
Niacin	S2105
Vitamin K (phylloquinone)	S2105
Isoleucine	S2105
Cystine	S2105
10:0	S2105
12:0	S2105
20:4 undifferentiated	S2105

NDB No. 11399 Potato puffs, frozen, oven-heated

20:2 n-6 c,c	S2105
Glucose (dextrose)	S2105
Sodium, Na	S2105
Fluoride, F	D5301
Manganese, Mn	S2105
Tocopherol, beta	S2105
Tocopherol, delta	S2105
Thiamin	S2105
Dihydrophylloquinone	S2105
Tryptophan	S2105
Methionine	S2105
Aspartic acid	S2105
Proline	S2105
16:0	S2105
16:1 undifferentiated	S2105
Sugars, total	S2105
Tocopherol, gamma	S2105
Threonine	S2105
Leucine	S2105
17:0	S2105
Magnesium, Mg	S2105
Potassium, K	S2105
Riboflavin	S2105
Vitamin B-6	S2105
Phenylalanine	S2105
Serine	S2105
Fatty acids, total saturated	S2105
18:1 undifferentiated	S2105
Fatty acids, total monounsaturated	S2105
Fatty acids, total polyunsaturated	S2105
18:3 n-3 c,c,c (ALA)	S2105
Fructose	S2105
Phosphorus, P	S2105
Arginine	S2105
Alanine	S2105
Glutamic acid	S2105
15:0	S2105

NDB No. 11399 Potato puffs, frozen, oven-heated

15:1	S2105

NDB No. 11402 Potatoes, french fried, all types, salt added in processing, frozen, unprepared

Potassium, K	S2105
Copper, Cu	S2105
Manganese, Mn	S2105
Vitamin E (alpha-tocopherol)	S2105
Pantothenic acid	S2105
Vitamin B-6	S2105
Phenylalanine	S2105
10:0	S2105
18:0	S2105
17:1	S2105
15:1	S2105
Sucrose	S2105
Lactose	S2105
Water	S2105
Galactose	S2105
Magnesium, Mg	S2105
Riboflavin	S2105
Isoleucine	S2105
Leucine	S2105
Fructose	S2105
Sugars, total	S2105
Sodium, Na	S2105
Tocopherol, beta	S2105
Thiamin	S2105
Cystine	S2105
Glycine	S2105
16:0	S2105
18:2 undifferentiated	S2105
22:0	S2105
Total lipid (fat)	S2105
Glucose (dextrose)	S2105
Tocopherol, delta	S2105
Choline, total	S2105

NDB No. 11402 Potatoes, french fried, all types, salt added in processing, frozen, unprepared

Vitamin K (phylloquinone)	S2105
Threonine	S2105
Glutamic acid	S2105
18:1 undifferentiated	S2105
20:4 undifferentiated	S2105
14:1	S2105
Starch	S2105
Phosphorus, P	S2105
Zinc, Zn	S2105
Vitamin C, total ascorbic acid	S2105
Lysine	S2105
Methionine	S2105
Valine	S2105
Arginine	S2105
Histidine	S2105
Alanine	S2105
Proline	S2105
16:1 undifferentiated	S2105
Fatty acids, total monounsaturated	S2105
18:3 n-6 c,c,c	S2105
Maltose	S2105
Niacin	S2105
Dihydrophylloquinone	S2105
Aspartic acid	S2105
Fatty acids, total saturated	S2105
12:0	S2105
20:0	S2105
20:1	S2105
Protein	S2105
Ash	S2105
Fiber, total dietary	S2105
Calcium, Ca	S2105
Iron, Fe	S2105
Tocopherol, gamma	S2105
Betaine	S2105
Tryptophan	S2105
8:0	S2105

NDB No. 11402 Potatoes, french fried, all types, salt added in processing, frozen, unprepared

14:0	S2105
18:3 undifferentiated	S2105
20:3 undifferentiated	S2105
18:3 n-3 c,c,c (ALA)	S2105
Folate, total	S2105
Tyrosine	S2105
Serine	S2105
Fatty acids, total polyunsaturated	S2105
15:0	S2105
17:0	S2105
20:2 n-6 c,c	S2105

NDB No. 11403 Potatoes, french fried, all types, salt added in processing, frozen, home-prepared, oven heated

Phosphorus, P	S201, S6, S183, S203, S2105, S202
Fluoride, F	D5002, D5007, D5003
Riboflavin	S2105
Niacin	S2105
Threonine	S2105
Glycine	S2105
8:0	S2105
14:1	S2105
17:1	S2105
Ash	S2105
Sucrose	S2105
Fructose	S2105
Lactose	S2105
Fiber, total dietary	D3764, S2581, S2105
Iron, Fe	S201, S6, S183, S203, S2105, S202
Sodium, Na	S2105
Tocopherol, delta	S2105
Vitamin C, total ascorbic acid	S2105
Pantothenic acid	S2105
Choline, total	S2105, S3461
Methionine	S2105
Tyrosine	S2105
Glucose (dextrose)	S2105

NDB No. 11403 Potatoes, french fried, all types, salt added in processing, frozen, home-prepared, oven heated

Magnesium, Mg	S201, S6, S183, S203, S2105, S202
Manganese, Mn	S201, S6, S183, S203, S2105, S202
Tocopherol, beta	S2105
Folate, total	S2105
Isoleucine	S2105
Leucine	S2105
Serine	S2105
10:0	S2105
22:0	S2105
20:2 n-6 c,c	S2105
Starch	S2105
Galactose	S2105
Vitamin B-6	S2105
Histidine	S2105
Alanine	S2105
Glutamic acid	S2105
12:0	S2105
18:1 undifferentiated	S2105
18:3 n-3 c,c,c (ALA)	S2105
Protein	S2105
Total lipid (fat)	S2105
Maltose	S2105
Water	D3764, S2105
Calcium, Ca	S201, S6, S183, S203, S2105, S202
Potassium, K	S201, S6, S183, S203, S2105, S202
Selenium, Se	S201, S6, S183, S203, S202
Tocopherol, gamma	S2105
Lysine	S2105
Cystine	S2105
18:0	S2105
20:0	S2105
18:3 undifferentiated	S2105
16:1 undifferentiated	S2105
Fatty acids, total monounsaturated	S2105
Fatty acids, total polyunsaturated	S2105
18:3 n-6 c,c,c	S2105
20:3 undifferentiated	S2105

NDB No. 11403 Potatoes, french fried, all types, salt added in processing, frozen, home-prepared, oven heated

Sugars, total	S2105
Copper, Cu	S201, S6, S183, S203, S2105, S202
Vitamin E (alpha-tocopherol)	S2105
Valine	S2105
Arginine	S2105
Proline	S2105
Fatty acids, total saturated	S2105
14:0	S2105
20:4 undifferentiated	S2105
17:0	S2105
Thiamin	S2105
Dihydrophylloquinone	S2105
Vitamin K (phylloquinone)	S2105
Betaine	S2105, S3461
Phenylalanine	S2105
Aspartic acid	S2105
18:2 undifferentiated	S2105
15:1	S2105
Zinc, Zn	S201, S6, S183, S203, S2105, S202
Tryptophan	S2105
16:0	S2105
20:1	S2105
15:0	S2105

NDB No. 11407 Potatoes, frozen, french fried, par fried, cottage-cut, prepared, heated in oven, without salt

Fluoride, F	D5002, D5007, D5003

NDB No. 11411 Potatoes, french fried, steak fries, salt added in processing, frozen, as purchased

Water	S2105
Galactose	S2105
Phosphorus, P	S2105
Vitamin E (alpha-tocopherol)	S2105
Histidine	S2105
Glycine	S2105
16:0	S2105
18:3 undifferentiated	S2105

NDB No. 11411 Potatoes, french fried, steak fries, salt added in processing, frozen, as purchased

14:1	S2105
20:3 undifferentiated	S2105
Protein	S2105
Total lipid (fat)	S2105
Lactose	S2105
Calcium, Ca	S2105
Iron, Fe	S2105
Manganese, Mn	S2105
Tocopherol, beta	S2105
Riboflavin	S2105
Folate, total	S2105
Vitamin K (phylloquinone)	S2105
Arginine	S2105
Aspartic acid	S2105
8:0	S2105
18:0	S2105
20:0	S2105
20:2 n-6 c,c	S2105
18:3 n-6 c,c,c	S2105
Fructose	S2105
Copper, Cu	S2105
Tocopherol, delta	S2105
Vitamin B-6	S2105
Dihydrophylloquinone	S2105
Leucine	S2105
Lysine	S2105
20:4 undifferentiated	S2105
Sucrose	S2105
Thiamin	S2105
Tryptophan	S2105
Tyrosine	S2105
Valine	S2105
Serine	S2105
20:1	S2105
Fatty acids, total monounsaturated	S2105
15:0	S2105
18:3 n-3 c,c,c (ALA)	S2105

NDB No. 11411 Potatoes, french fried, steak fries, salt added in processing, frozen, as purchased

Maltose	S2105
Magnesium, Mg	S2105
Potassium, K	S2105
Zinc, Zn	S2105
Threonine	S2105
Cystine	S2105
Proline	S2105
Fatty acids, total saturated	S2105
17:0	S2105
17:1	S2105
Starch	S2105
Vitamin C, total ascorbic acid	S2105
10:0	S2105
14:0	S2105
18:2 undifferentiated	S2105
Ash	S2105
Sugars, total	S2105
Tocopherol, gamma	S2105
Alanine	S2105
12:0	S2105
18:1 undifferentiated	S2105
15:1	S2105
Glucose (dextrose)	S2105
Fiber, total dietary	S2105
Sodium, Na	S2105
Niacin	S2105
Pantothenic acid	S2105
Isoleucine	S2105
Methionine	S2105
Phenylalanine	S2105
Glutamic acid	S2105
22:0	S2105
16:1 undifferentiated	S2105
Fatty acids, total polyunsaturated	S2105

NDB No. 11412 Potatoes, french fried, steak fries, salt added in processing, frozen, oven-heated

NDB No. 11412 Potatoes, french fried, steak fries, salt added in processing, frozen, oven-heated

Magnesium, Mg	S2105
Phosphorus, P	S2105
18:0	S2105
14:1	S2105
Maltose	S2105
Manganese, Mn	S2105
Tocopherol, beta	S2105
Tocopherol, delta	S2105
Riboflavin	S2105
Niacin	S2105
Vitamin B-6	S2105
10:0	S2105
16:0	S2105
Fatty acids, total polyunsaturated	S2105
15:1	S2105
Water	S2105
Pantothenic acid	S2105
20:0	S2105
18:3 undifferentiated	S2105
Total lipid (fat)	S2105
Starch	S2105
Sucrose	S2105
Glucose (dextrose)	S2105
Sugars, total	S2105
Galactose	S2105
Sodium, Na	S2105
Zinc, Zn	S2105
Tocopherol, gamma	S2105
Vitamin K (phylloquinone)	S2105
22:0	S2105
17:0	S2105
Vitamin C, total ascorbic acid	S2105
12:0	S2105
16:1 undifferentiated	S2105
15:0	S2105
Protein	S2105
Lactose	S2105

NDB No. 11412 Potatoes, french fried, steak fries, salt added in processing, frozen, oven-heated

Calcium, Ca	S2105
Iron, Fe	S2105
Folate, total	S2105
8:0	S2105
18:1 undifferentiated	S2105
18:2 undifferentiated	S2105
20:1	S2105
20:2 n-6 c,c	S2105
Copper, Cu	S2105
Thiamin	S2105
Dihydrophylloquinone	S2105
20:4 undifferentiated	S2105
Fatty acids, total monounsaturated	S2105
18:3 n-6 c,c,c	S2105
17:1	S2105
Ash	S2105
Fructose	S2105
Fiber, total dietary	S2105
Potassium, K	S2105
Vitamin E (alpha-tocopherol)	S2105
Fatty acids, total saturated	S2105
14:0	S2105
20:3 undifferentiated	S2105
18:3 n-3 c,c,c (ALA)	S2105

NDB No. 11424 Pumpkin, canned, without salt

Carotene, alpha	D3902, D3846
Lutein + zeaxanthin	D3902
Lycopene	D3902
Carotene, beta	D3902, D3846
Cryptoxanthin, beta	D3902

NDB No. 11429 Radishes, raw

Protein	S617, S363, S1121
Calcium, Ca	S617, S363, S1121

NDB No. 11429 Radishes, raw

Magnesium, Mg	S617, S363, S1121
Folate, total	S617, S363, S1121
Isoleucine	S363, S1121
Aspartic acid	S363, S1121
Ash	S617, S363, S1121
Maltose	S363, S1121
Iron, Fe	S617, S363, S1121
Potassium, K	S617, S363, S1121
Zinc, Zn	S617, S363, S1121
Copper, Cu	S617, S363, S1121
Lycopene	S363, S1121
Tocopherol, delta	S363
Vitamin B-6	S617, S363, S1121
Dihydrophylloquinone	S363, S1121
Vitamin K (phylloquinone)	S363, S1121
Valine	S363, S1121
Fructose	D3321, S363, S1121, D3309, S604
Fiber, total dietary	S363, S1121
Thiamin	S617, S363, S1121
Niacin	S617, S363, S1121
Phenylalanine	S363, S1121
Histidine	S363, S1121
Sodium, Na	S617, S363, S1121
Manganese, Mn	S617, S363, S1121
Vitamin E (alpha-tocopherol)	S363
Tocopherol, gamma	S363
Choline, total	S1121, S363
Threonine	S363, S1121
Leucine	S363, S1121
Methionine	S363, S1121
Glucose (dextrose)	D3321, S363, S1121, D3309, S604
Sugars, total	S363
Fluoride, F	D5007
Cryptoxanthin, beta	S363, S1121
Tocopherol, beta	S363
Vitamin C, total ascorbic acid	S617, S363, S1121
Riboflavin	S617, S363, S1121

NDB No. 11429 Radishes, raw

Lysine	S363, S1121
Arginine	S363, S1121
Galactose	S363
Phosphorus, P	S617, S363, S1121
Carotene, beta	S363, S1121
Pantothenic acid	S617, S363, S1121
Alanine	S363, S1121
Total lipid (fat)	S617, S363, S1121
Starch	S363
Sucrose	D3321, S363, S1121, D3309
Water	S617, S363, S1121, S604
Betaine	S1121, S363
Tryptophan	S363, S1121
Cystine	S363, S1121
Tyrosine	S363, S1121
Glutamic acid	S363, S1121
Glycine	S363, S1121
Proline	S363, S1121
Serine	S363, S1121
Lactose	S363, S1121
Selenium, Se	S363
Vitamin A, IU	S617
Carotene, alpha	S363, S1121
Lutein + zeaxanthin	S363, S1121

NDB No. 11439 Sauerkraut, canned, solids and liquids

Fiber, total dietary	D3777
Betaine	S3461
Fructose	D3311
Glucose (dextrose)	D3311
Lysine	S1065, S1069
Tryptophan	S1065, S1069
Cystine	S1065, S1069
Phenylalanine	S1065, S1069
Threonine	S1065, S1069
Arginine	S1065, S1069

NDB No. 11439 Sauerkraut, canned, solids and liquids

Alanine	S1065, S1069
Glycine	S1065, S1069
Serine	S1065, S1069
Fluoride, F	D5007
Choline, total	S3461
Valine	S1065, S1069
Aspartic acid	S1065, S1069
Glutamic acid	S1065, S1069
Proline	S1065, S1069
Isoleucine	S1065, S1069
Tyrosine	S1065, S1069
Vitamin K (phylloquinone)	D4002
Leucine	S1065, S1069
Methionine	S1065, S1069
Histidine	S1065, S1069

NDB No. 11457 Spinach, raw

Lactose	S837
Water	S837, D3326, S606, S84, D3777, S604, S87
Cryptoxanthin, beta	D3905, D3901, D3887
Carotene, beta	D3905, D3901, D3888, D3887, D3846
Fructose	S837, D3326, S606, S604
Maltose	S837
Galactose	D3305
Vitamin E (alpha-tocopherol)	S84, S87
Sucrose	S837, D3326, S606, S604
Fiber, total dietary	D3777
Vitamin K (phylloquinone)	D4041
Glucose (dextrose)	S837, D3326, S606, S604
Lutein + zeaxanthin	D3905, D3901
Tocopherol, delta	S84, S87
Carotene, alpha	D3905, D3901, D3888, D3887
Tocopherol, beta	S84, S87
Total lipid (fat)	S84, S87
Sugars, total	S837, D3326, S606
Lycopene	D3905, D3901

NDB No. 11457 Spinach, raw

Tocopherol, gamma	S84, S87

NDB No. 11458 Spinach, cooked, boiled, drained, without salt

Fluoride, F	D5001, D5007
Lycopene	D3905
Cryptoxanthin, beta	D3905
Carotene, beta	D3905, D3846
Carotene, alpha	D3905
Lutein + zeaxanthin	D3905

NDB No. 11463 Spinach, frozen, chopped or leaf, unprepared

8:0	S25
22:0	S25
18:4	S25
Starch	S25
Galactose	S25
Riboflavin	S25
Dihydrophylloquinone	S25
Phenylalanine	S25
Histidine	S25
Aspartic acid	S25
18:0	S25
24:0	S25
Protein	S25
Vitamin E (alpha-tocopherol)	S25
Tocopherol, beta	S25
Choline, total	S25
Methionine	S25
Tyrosine	S25
18:2 undifferentiated	S25
20:4 undifferentiated	S25
20:1	S25
22:1 undifferentiated	S25
Total lipid (fat)	S25
Magnesium, Mg	S25
Copper, Cu	S25

NDB No. 11463 Spinach, frozen, chopped or leaf, unprepared

Thiamin	S25
Betaine	S25
Threonine	S25
Cystine	S25
Glutamic acid	S25
Ash	S25
Pantothenic acid	S25
Folate, total	S25
Vitamin K (phylloquinone)	S25
Lysine	S25
Alanine	S25
16:0	S25
18:3 undifferentiated	S25
Lactose	S25
Maltose	S25
Water	S25
Iron, Fe	S25
Phosphorus, P	S25
Potassium, K	S25
Selenium, Se	S25
Niacin	S25
Tryptophan	S25
Isoleucine	S25
Arginine	S25
10:0	S25
20:0	S25
16:1 undifferentiated	S25
20:5 n-3 (EPA)	S25
22:5 n-3 (DPA)	S25
15:0	S25
Sucrose	S25
Glucose (dextrose)	S25
Sugars, total	S25
Tocopherol, delta	S25
Vitamin C, total ascorbic acid	S25
Vitamin B-6	S25
Glycine	S25

NDB No. 11463 Spinach, frozen, chopped or leaf, unprepared

Proline	S25
12:0	S25
14:0	S25
22:6 n-3 (DHA)	S25
Fructose	S25
Fiber, total dietary	S25
Calcium, Ca	S25
Zinc, Zn	S25
Manganese, Mn	S25
Tocopherol, gamma	S25
Leucine	S25
Valine	S25
Serine	S25
4:0	S25
6:0	S25
18:1 undifferentiated	S25
14:1	S25
17:0	S25

NDB No. 11464 Spinach, frozen, chopped or leaf, cooked, boiled, drained, without salt

Glucose (dextrose)	S25
Fiber, total dietary	S25
Potassium, K	S25
Selenium, Se	S25
Riboflavin	S25
Vitamin B-6	S25
Betaine	S25
Valine	S25
Aspartic acid	S25
Glutamic acid	S25
Proline	S25
6:0	S25
15:0	S25
Vitamin E (alpha-tocopherol)	S25
Phenylalanine	S25
4:0	S25

NDB No. 11464 Spinach, frozen, chopped or leaf, cooked, boiled, drained, without salt

20:0	S25
22:1 undifferentiated	S25
Water	S25
Magnesium, Mg	S25
Phosphorus, P	S25
Sodium, Na	S25
Choline, total	S25
Vitamin K (phylloquinone)	S25
Histidine	S25
18:0	S25
18:1 undifferentiated	S25
20:5 n-3 (EPA)	S25
Ash	S25
Galactose	S25
Calcium, Ca	S25
Zinc, Zn	S25
Copper, Cu	S25
Tocopherol, gamma	S25
Niacin	S25
Pantothenic acid	S25
Lysine	S25
Cystine	S25
12:0	S25
Protein	S25
Alanine	S25
Glycine	S25
Serine	S25
16:0	S25
18:3 undifferentiated	S25
22:6 n-3 (DHA)	S25
18:4	S25
Starch	S25
Fructose	S25
Maltose	S25
Sugars, total	S25
Isoleucine	S25
Methionine	S25

NDB No. 11464 Spinach, frozen, chopped or leaf, cooked, boiled, drained, without salt

8:0	S25
10:0	S25
18:2 undifferentiated	S25
14:1	S25
Lactose	S25
Iron, Fe	S25
Thiamin	S25
Dihydrophylloquinone	S25
Leucine	S25
14:0	S25
22:0	S25
16:1 undifferentiated	S25
20:1	S25
17:0	S25
24:0	S25
Total lipid (fat)	S25
Sucrose	S25
Manganese, Mn	S25
Tocopherol, beta	S25
Tocopherol, delta	S25
Vitamin C, total ascorbic acid	S25
Folate, total	S25
Tryptophan	S25
Threonine	S25
Tyrosine	S25
Arginine	S25
20:4 undifferentiated	S25
22:5 n-3 (DPA)	S25

NDB No. 11467 Squash, summer, crookneck and straightneck, raw

Fructose	S5802
Zinc, Zn	S5802
Fatty acids, total trans	S5802
12:0	S5802
18:1 undifferentiated	S5802
22:6 n-3 (DHA)	S5802

NDB No. 11467 Squash, summer, crookneck and straightneck, raw

22:1 t	S5802
20:2 n-6 c,c	S5802
Fatty acids, total trans-polyenoic	S5802
20:3 n-3	S5802
Total lipid (fat)	S5802
Iron, Fe	S5802
Potassium, K	S5802
Folate, total	S5802
18:3 undifferentiated	S5802
20:4 undifferentiated	S5802
18:2 t not further defined	S5802
18:3 n-6 c,c,c	S5802
17:1	S5802
18:3 n-3 c,c,c (ALA)	S5802
Glucose (dextrose)	S5802
Maltose	S5802
Galactose	S5802
Magnesium, Mg	S5802
Copper, Cu	S5802
Manganese, Mn	S5802
Vitamin B-6	S5802
Fatty acids, total saturated	S5802
14:1	S5802
24:0	S5802
18:1 c	S5802
Water	S5802
18:0	S5802
18:2 undifferentiated	S5802
22:0	S5802
20:1	S5802
Fatty acids, total monounsaturated	S5802
16:1 t	S5802
Starch	S5802
Sucrose	S5802
Niacin	S5802
8:0	S5802
16:0	S5802

NDB No. 11467 Squash, summer, crookneck and straightneck, raw

22:1 undifferentiated	S5802
Fatty acids, total polyunsaturated	S5802
18:1 t	S5802
22:1 c	S5802
20:3 n-6	S5802
Ash	S5802
Fiber, total dietary	S5802
Calcium, Ca	S5802
Phosphorus, P	S5802
Sodium, Na	S5802
Riboflavin	S5802
10:0	S5802
22:5 n-3 (DPA)	S5802
15:0	S5802
17:0	S5802
18:2 CLAs	S5802
24:1 c	S5802
18:2 n-6 c,c	S5802
20:3 undifferentiated	S5802
Fatty acids, total trans-monoenoic	S5802
Vitamin C, total ascorbic acid	S5802
Thiamin	S5802
20:0	S5802
16:1 undifferentiated	S5802
20:5 n-3 (EPA)	S5802
15:1	S5802
22:4	S5802
Lactose	S5802
Pantothenic acid	S5802
14:0	S5802
18:4	S5802
16:1 c	S5802

NDB No. 11468 Squash, summer, crookneck and straightneck, cooked, boiled, drained, without salt

Starch	S5802
Copper, Cu	S201, S183, S203, S12, S202, S5802

NDB No. 11468 Squash, summer, crookneck and straightneck, cooked, boiled, drained, without salt

Thiamin	S5802
Pantothenic acid	S5802
Total lipid (fat)	S5802
Selenium, Se	S183, S203, S12
Fructose	D3326, D3321, S5802
Water	D3326, S5802
Fiber, total dietary	S5802
Vitamin C, total ascorbic acid	S5802
Ash	S5802
Sucrose	D3321, S5802
Zinc, Zn	S201, S183, S203, S12, S202, S5802
Glucose (dextrose)	D3326, D3321, S5802
Lactose	S5802
Manganese, Mn	S201, S183, S203, S12, S202, S5802
Vitamin B-6	S5802
Maltose	S5802
Phosphorus, P	S201, S183, S203, S12, S202, S5802
Potassium, K	S201, S183, S203, S12, S202, S5802
Niacin	S5802
Vitamin K (phylloquinone)	D4002
Sugars, total	D3326
Galactose	S5802
Magnesium, Mg	S201, S183, S203, S12, S202, S5802
Riboflavin	S5802
Calcium, Ca	S201, S183, S203, S12, S202, S5802
Iron, Fe	S201, S183, S203, S12, S202, S5802
Sodium, Na	S201, S183, S203, S12, S202, S5802
Folate, total	S5802

NDB No. 11477 Squash, summer, zucchini, includes skin, raw

Total lipid (fat)	S1322, S622, S5802
Sucrose	D3321, S604, S5802
Manganese, Mn	S1322, S622, S5802
Niacin	S1322, S622, S5802
14:0	S5802
22:6 n-3 (DHA)	S5802

NDB No. 11477 Squash, summer, zucchini, includes skin, raw

24:0	S5802
18:1 c	S5802
18:2 n-6 c,c	S5802
20:3 undifferentiated	S5802
20:3 n-6	S5802
Lactose	S5802
Lycopene	S1203
Pantothenic acid	S1322, S622, S5802
18:1 undifferentiated	S5802
20:4 undifferentiated	S5802
14:1	S5802
20:5 n-3 (EPA)	S5802
22:1 undifferentiated	S5802
Fatty acids, total monounsaturated	S5802
Fatty acids, total polyunsaturated	S5802
18:1 t	S5802
20:2 n-6 c,c	S5802
Fatty acids, total trans-monoenoic	S5802
Protein	S1322, S622
Galactose	S5802
Fiber, total dietary	S1322, D3764, S642, S604, S5802
Vitamin C, total ascorbic acid	S1322, S622, S5802
18:3 undifferentiated	S5802
22:0	S5802
16:1 t	S5802
22:4	S5802
Maltose	S5802
Calcium, Ca	S1322, S622, S5802
Phosphorus, P	S1322, S622, S5802
Carotene, beta	S1322, S1203, S622
Thiamin	S1322, S622, S5802
Riboflavin	S1322, S622, S5802
Folate, total	S1322, S622, S5802
12:0	S5802
16:1 undifferentiated	S5802
18:4	S5802

NDB No. 11477 Squash, summer, zucchini, includes skin, raw

18:2 CLAs	S5802
22:1 c	S5802
17:1	S5802
20:3 n-3	S5802
Iron, Fe	S1322, S622, S5802
Magnesium, Mg	S1322, S622, S5802
Fatty acids, total trans	S5802
10:0	S5802
20:1	S5802
18:2 t not further defined	S5802
24:1 c	S5802
Starch	S5802
Copper, Cu	S1322, S622, S5802
Carotene, alpha	S1203
Lutein + zeaxanthin	S1203
6:0	S5802
8:0	S5802
16:0	S5802
20:0	S5802
18:2 undifferentiated	S5802
15:0	S5802
18:3 n-6 c,c,c	S5802
18:3 n-3 c,c,c (ALA)	S5802
Fructose	D3321, S604, S5802
Water	S1322, D3764, S622, S604, S5802
Sodium, Na	S1322, S622, S5802
Vitamin B-6	S1322, S622, S5802
18:0	S5802
17:0	S5802
22:1 t	S5802
15:1	S5802
Ash	S1322, S622, S5802
Glucose (dextrose)	D3321, S604, S5802
Potassium, K	S1322, S622, S5802
Zinc, Zn	S1322, S622, S5802
Cryptoxanthin, beta	S1203
Fatty acids, total saturated	S5802

NDB No. 11477 Squash, summer, zucchini, includes skin, raw

22:5 n-3 (DPA)	S5802
16:1 c	S5802
Fatty acids, total trans-polyenoic	S5802

NDB No. 11478 Squash, summer, zucchini, includes skin, cooked, boiled, drained, without salt

Total lipid (fat)	S5802
Water	S5802
Magnesium, Mg	S5802
Calcium, Ca	S5802
Zinc, Zn	S5802
Thiamin	S5802
Vitamin K (phylloquinone)	D4048, D4002
Ash	S5802
Manganese, Mn	S5802
Folate, total	S5802
Choline, total	S3461
Betaine	S3461
Starch	S5802
Vitamin C, total ascorbic acid	S5802
Fiber, total dietary	S5802
Copper, Cu	S5802
Iron, Fe	S5802
Vitamin B-6	S5802
Phosphorus, P	S5802
Sodium, Na	S5802
Niacin	S5802
Potassium, K	S5802
Riboflavin	S5802
Pantothenic acid	S5802

NDB No. 11482 Squash, winter, acorn, raw

Carotene, beta	D3903
Lutein + zeaxanthin	D3903
Carotene, alpha	D3903
Cryptoxanthin, beta	D3903
Lycopene	D3903

NDB No. 11484 Squash, winter, acorn, cooked, boiled, mashed, without salt

Carotene, beta	D3903
Lycopene	D3903
Cryptoxanthin, beta	D3903
Lutein + zeaxanthin	D3903
Carotene, alpha	D3903

NDB No. 11485 Squash, winter, butternut, raw

Vitamin K (phylloquinone)	D4002
Carotene, beta	D3847, D3843, D3846
Carotene, alpha	D3847, D3846

NDB No. 11489 Squash, winter, hubbard, raw

Carotene, alpha	D3846
Carotene, beta	D3847, D3846

NDB No. 11507 Sweet potato, raw, unprepared

Lactose	S1062
Sodium, Na	S1062
Copper, Cu	S1062
Tryptophan	S1062
Phenylalanine	S1062
Tyrosine	S1062
Alanine	S1062
Glycine	S1062
Serine	S1062
10:0	S1062
18:3 undifferentiated	S1062
17:1	S1062
Sucrose	S1062, S606
Carotene, beta	D3891, D3902, S1062, D3843, D3888, D3887, D3846
Vitamin E (alpha-tocopherol)	S1062
Cryptoxanthin, beta	D3902, S1062, D3887
Pantothenic acid	S1062
Leucine	S1062
Methionine	S1062

NDB No. 11507 Sweet potato, raw, unprepared

Valine	S1062
Histidine	S1062
8:0	S1062
16:0	S1062
20:1	S1062
22:1 undifferentiated	S1062
22:5 n-3 (DPA)	S1062
15:0	S1062
Glucose (dextrose)	S1062, S606
Fructose	S1062, S606
Calcium, Ca	S1062
Tocopherol, gamma	S1062
Riboflavin	S1062
Isoleucine	S1062
14:0	S1062
18:1 undifferentiated	S1062
18:2 undifferentiated	S1062
24:0	S1062
Protein	S1062
Water	S1062, S606
Sugars, total	S606
Iron, Fe	S1062
Potassium, K	S1062
Zinc, Zn	S1062
Vitamin C, total ascorbic acid	S1062
Lysine	S1062
14:1	S1062
Manganese, Mn	S1062
Carotene, alpha	D3902, S1062, D3888, D3887
Lutein + zeaxanthin	D3902
Tocopherol, beta	S1062
Tocopherol, delta	S1062
Vitamin B-6	S1062
Folate, total	S1062
Glutamic acid	S1062
Proline	S1062
20:0	S1062

NDB No. 11507 Sweet potato, raw, unprepared

20:4 undifferentiated	S1062
22:6 n-3 (DHA)	S1062
Fatty acids, total monounsaturated	S1062
17:0	S1062
20:2 n-6 c,c	S1062
15:1	S1062
Total lipid (fat)	S1062
Ash	S1062
Lycopene	D3902, S1062
Thiamin	S1062
Niacin	S1062
Fatty acids, total saturated	S1062
18:0	S1062
Maltose	S1062
Phosphorus, P	S1062
Cystine	S1062
12:0	S1062
18:4	S1062
20:5 n-3 (EPA)	S1062
20:3 undifferentiated	S1062
Starch	S1062
Magnesium, Mg	S1062
Dihydrophylloquinone	S1062
Vitamin K (phylloquinone)	S1062
Threonine	S1062
Arginine	S1062
Aspartic acid	S1062
22:0	S1062
16:1 undifferentiated	S1062
Fatty acids, total polyunsaturated	S1062

NDB No. 11508 Sweet potato, cooked, baked in skin, without salt

Sugars, total	S606
Zinc, Zn	S7, S10, S201, S1062, S6, S183, S203, S11, S9, S12, S8, S202
Thiamin	S1062
Vitamin K (phylloquinone)	D4002, S1062

NDB No. 11508 Sweet potato, cooked, baked in skin, without salt

Betaine	S1062
Valine	S1062
Glutamic acid	S1062
18:1 undifferentiated	S1062
20:4 undifferentiated	S1062
22:5 n-3 (DPA)	S1062
Fatty acids, total polyunsaturated	S1062
15:0	S1062
Protein	S1062
Phosphorus, P	S7, S10, S201, S1062, S6, S183, S203, S11, S9, S12, S8, S202
Copper, Cu	S7, S10, S201, S1062, S6, S183, S203, S11, S9, S12, S8, S202
Vitamin E (alpha-tocopherol)	S1062, S121
Vitamin C, total ascorbic acid	S1062
Folate, total	S1062
Leucine	S1062
8:0	S1062
16:0	S1062
22:6 n-3 (DHA)	S1062
20:1	S1062
Calcium, Ca	S7, S10, S201, S1062, S6, S183, S203, S11, S9, S12, S8, S202
Dihydrophylloquinone	S1062
Tyrosine	S1062
Arginine	S1062
Alanine	S1062
22:1 undifferentiated	S1062
24:0	S1062
Glucose (dextrose)	D3335, S1062, S606
Lactose	S1062
Manganese, Mn	S7, S10, S201, S1062, S6, S183, S203, S11, S9, S12, S8, S202
Pantothenic acid	S1062
Tryptophan	S1062
Cystine	S1062
12:0	S1062
22:0	S1062
20:5 n-3 (EPA)	S1062
17:1	S1062
Fructose	D3335, S1062, S606

NDB No. 11508 Sweet potato, cooked, baked in skin, without salt

Water	S1062, S606, S121
Tocopherol, gamma	S1062, S121
Tocopherol, delta	S1062, S121
18:2 undifferentiated	S1062
14:1	S1062
16:1 undifferentiated	S1062
Selenium, Se	S7, D4142, S10, S1062, S6, S183, S203, S11, S9, S12, S8
Tocopherol, beta	S1062, S121
Riboflavin	S1062
Niacin	S1062
Threonine	S1062
Methionine	S1062
Histidine	S1062
Proline	S1062
Serine	S1062
10:0	S1062
14:0	S1062
Fatty acids, total monounsaturated	S1062
17:0	S1062
20:2 n-6 c,c	S1062
15:1	S1062
Fiber, total dietary	S1062
Iron, Fe	S7, S10, S201, S1062, S6, S183, S203, S11, S9, S12, S8, S202
Potassium, K	S7, S10, S1062, S201, S6, S11, S12, S183, S203, S9, S8, S202
Vitamin B-6	S1062
Choline, total	S1062
Glycine	S1062
Fatty acids, total saturated	S1062
18:0	S1062
20:0	S1062
18:3 undifferentiated	S1062
18:4	S1062
Total lipid (fat)	S1062, S121
Ash	S1062
Starch	S1062
Sucrose	D3335, S1062, S606
Magnesium, Mg	S7, S10, S201, S1062, S6, S183, S203, S11, S9, S12, S8, S202

NDB No. 11508 Sweet potato, cooked, baked in skin, without salt

Sodium, Na	S7, S10, S201, S1062, S6, S183, S203, S11, S9, S12, S8, S202
Isoleucine	S1062
Lysine	S1062
Phenylalanine	S1062
Aspartic acid	S1062
20:3 undifferentiated	S1062

NDB No. 11510 Sweet potato, cooked, boiled, without skin

Ash	S1062
Tocopherol, beta	S1062
Tryptophan	S1062
Threonine	S1062
Methionine	S1062
Glutamic acid	S1062
Proline	S1062
14:0	S1062
20:4 undifferentiated	S1062
Lactose	S1062
Zinc, Zn	S1062
Carotene, alpha	D3902
Tocopherol, gamma	S1062
Pantothenic acid	S1062
Tyrosine	S1062
Valine	S1062
24:0	S1062
Total lipid (fat)	S1062
Starch	S1062
Glucose (dextrose)	S1062
Water	S1062
Sodium, Na	S1062
Carotene, beta	D3891, D3902, D3852, D3846
Cryptoxanthin, beta	D3902
Vitamin C, total ascorbic acid	S1062
Riboflavin	S1062
Dihydrophylloquinone	S1062
Alanine	S1062

NDB No. 11510 Sweet potato, cooked, boiled, without skin

10:0	S1062
12:0	S1062
18:1 undifferentiated	S1062
Protein	S1062
Fiber, total dietary	S1062
Phosphorus, P	S1062
Manganese, Mn	S1062
Selenium, Se	S1062
Tocopherol, delta	S1062
Histidine	S1062
20:0	S1062
18:3 undifferentiated	S1062
22:0	S1062
22:1 undifferentiated	S1062
15:1	S1062
Potassium, K	S1062
Vitamin E (alpha-tocopherol)	S1062
Lycopene	D3902
Folate, total	S1062
Aspartic acid	S1062
22:5 n-3 (DPA)	S1062
15:0	S1062
17:0	S1062
20:2 n-6 c,c	S1062
Maltose	S1062
Copper, Cu	S1062
Lutein + zeaxanthin	D3902
Thiamin	S1062
Glycine	S1062
16:0	S1062
18:2 undifferentiated	S1062
22:6 n-3 (DHA)	S1062
18:4	S1062
20:1	S1062
Sucrose	S1062
Iron, Fe	S1062
Vitamin B-6	S1062

NDB No. 11510 Sweet potato, cooked, boiled, without skin

Isoleucine	S1062
Lysine	S1062
18:0	S1062
14:1	S1062
16:1 undifferentiated	S1062
17:1	S1062
Fructose	S1062
Calcium, Ca	S1062
Magnesium, Mg	S1062
Niacin	S1062
Vitamin K (phylloquinone)	S1062
Leucine	S1062
Cystine	S1062
Phenylalanine	S1062
Arginine	S1062
Serine	S1062
8:0	S1062
20:5 n-3 (EPA)	S1062
20:3 undifferentiated	S1062

NDB No. 11512 Sweet potato, canned, vacuum pack

Leucine	S1062
Alanine	S1062
Aspartic acid	S1062
Valine	S1062
Threonine	S1062
Methionine	S1062
Tyrosine	S1062
Isoleucine	S1062
Histidine	S1062
Serine	S1062
Cystine	S1062
Lysine	S1062
Phenylalanine	S1062
Arginine	S1062
Glycine	S1062

NDB No. 11512 Sweet potato, canned, vacuum pack

Proline	S1062
Tryptophan	S1062
Glutamic acid	S1062

NDB No. 11516 Sweet potato, frozen, unprepared

Carotene, beta	D3846

NDB No. 11529 Tomatoes, red, ripe, raw, year round average

Starch	S503
Lactose	S837, S503, S441
Maltose	S837, S503, S441
Magnesium, Mg	S503, S201, S608, S6, S441, S183, S203, S202
Phosphorus, P	S503, S201, S608, S6, S441, S183, S203, S202
Lutein + zeaxanthin	S503, D3905, S441
Riboflavin	S503, S608, S441
Choline, total	S503, S441
Calcium, Ca	S503, S201, S608, S6, S441, S183, S203, S202
Fluoride, F	S441
Thiamin	S503, S608, S441
Methionine	S27, S503, S441
Total lipid (fat)	S503, S608, S84, S441, S87
Water	S837, D3326, S503, S608, D3306, S84, S441, S6741, S604, S87
Iron, Fe	S503, S201, S608, S6, S441, S183, S203, S202
Sodium, Na	S503, S201, S608, S6, S441, S183, S203, S202
Selenium, Se	S503, S6, S183
Tocopherol, beta	S503, S84, S441, S87
Folate, total	S503, S608, S441
Threonine	S27, S503, S441, S21
Lysine	S27, S503, S441, S21
Phenylalanine	S27, S503, S21
Ash	S503, S608, S441
Glucose (dextrose)	S837, D3326, S503, D3306, S441, D3309, S604
Fructose	S837, D3326, S503, D3306, S441, D3309, S604
Potassium, K	S503, S201, S608, S6, S441, S183, S203, S202
Pantothenic acid	S503, S608, S441
Alanine	S27, S503, S441, S21

NDB No. 11529 Tomatoes, red, ripe, raw, year round average

Aspartic acid	S27, S503, S441, S21
Sugars, total	S837, D3326, S503
Copper, Cu	S503, S201, S608, S6, S441, S183, S203, S202
Carotene, alpha	S503, D3905, D3889, S441
Cryptoxanthin, beta	S503, D3905, S441
Vitamin K (phylloquinone)	D4052, S503, D4002, D4066, S441, D4072
Betaine	S503, S441
Tryptophan	S27, S503, S441
Glycine	S27, S503, S441
Serine	S27, S503, S441, S21
Sucrose	S837, S503, D3306, S441, S604
Zinc, Zn	S503, S201, S608, S6, S441, S183, S203, S202
Vitamin A, IU	S608
Lycopene	S503, D3905, S441, D3933
Tocopherol, gamma	S503, S84, S441, S87
Vitamin B-6	S503, S608, S441
Isoleucine	S27, S503, S441
Leucine	S27, S503, S441, S21
Cystine	S27, S503, S441
Tyrosine	S27, S503, S441
Proline	S27, S503, S441
Protein	S503, S608, S441
Galactose	S503
Tocopherol, delta	S503, S84, S441, S87
Vitamin C, total ascorbic acid	S503, S608, S441, S6741
Dihydrophylloquinone	S503, S441
Valine	S27, S503, S441
Arginine	S27, S503, S441
Histidine	S27, S503, S441
Fiber, total dietary	S503
Manganese, Mn	S503, S201, S608, S6, S441, S183, S203, S202
Carotene, beta	S503, D3905, D3912, D3889, S441, D3933
Vitamin E (alpha-tocopherol)	S503, S84, S441, S87
Niacin	S503, S608, S441
Glutamic acid	S27, S503, S441, S21

NDB No. 11530 Tomatoes, red, ripe, cooked

Glucose (dextrose)	S441
Vitamin K (phylloquinone)	S441
Protein	S441
Calcium, Ca	S441
Carotene, beta	D3905, S441
Riboflavin	S441
Dihydrophylloquinone	S441
Ash	S441
Potassium, K	S441
Copper, Cu	S441
Manganese, Mn	S441
Vitamin B-6	S441
Sucrose	S441
Magnesium, Mg	S441
Carotene, alpha	D3905, S441
Tocopherol, beta	S441
Phosphorus, P	S441
Tocopherol, gamma	S441
Niacin	S441
Fructose	S441
Lactose	S441
Iron, Fe	S441
Pantothenic acid	S441
Total lipid (fat)	S441
Water	S441
Zinc, Zn	S441
Vitamin E (alpha-tocopherol)	S441
Cryptoxanthin, beta	D3905, S441
Lycopene	D3905, S441
Thiamin	S441
Maltose	S441
Fiber, total dietary	S441
Lutein + zeaxanthin	D3905, S441
Tocopherol, delta	S441

NDB No. 11531 Tomatoes, red, ripe, canned, packed in tomato juice

NDB No. 11531 Tomatoes, red, ripe, canned, packed in tomato juice

Ash	S626, S27, S625, S641, S627
Water	S626, S27, S625, S641, S627, S604
Aspartic acid	S27
Glutamic acid	S27
Protein	S626, S27, S625, S641, S627
Fructose	S27, S604
Potassium, K	S626, S201, S6, S183, S203, S202, S627
Tocopherol, delta	S27, S87
Niacin	S27
Cystine	S27
Arginine	S27
Alanine	S27
Iron, Fe	S626, S201, S6, S625, S183, S203, S641, S202, S627
Magnesium, Mg	S201, S6, S183, S203, S202
Fluoride, F	D5301, D5007
Manganese, Mn	S201, S6, S183, S203, S202
Riboflavin	S27
Isoleucine	S27
Leucine	S27
Phenylalanine	S27
Total lipid (fat)	S626, S27, S625, S641, S627, S87
Calcium, Ca	S626, S201, S6, S625, S183, S203, S641, S202, S627
Vitamin A, IU	S626, S625, S641, S627
Vitamin E (alpha-tocopherol)	S27, S87
Valine	S27
Fatty acids, total saturated	S626, S627
Sucrose	S27, S604
Fiber, total dietary	S626, S27, S625, S641, S627
Vitamin C, total ascorbic acid	S626, S27, S625, S641, S627
Pantothenic acid	S27
Vitamin B-6	S27
Threonine	S27
Lactose	S27
Sugars, total	S626, S27, S625, S641, S627
Galactose	S27
Tocopherol, gamma	S27, S87
Glycine	S27

NDB No. 11531 Tomatoes, red, ripe, canned, packed in tomato juice

Sodium, Na	S626, S201, S6, S625, S183, S203, S641, S202, S627
Zinc, Zn	S201, S6, S183, S203, S202
Copper, Cu	S201, S6, S183, S203, S202
Tryptophan	S27
Histidine	S27
Serine	S27
Glucose (dextrose)	S27, S604
Maltose	S27
Phosphorus, P	S201, S6, S183, S203, S202
Selenium, Se	S201, S6, S183, S203, S202
Tocopherol, beta	S27, S87
Lysine	S27
Methionine	S27
Tyrosine	S27
Proline	S27

NDB No. 11533 Tomatoes, red, ripe, canned, stewed

Calcium, Ca	S626, S625, S641, S627
Vitamin K (phylloquinone)	D4002
Tocopherol, gamma	S81
Fatty acids, total saturated	S626, S627
Total lipid (fat)	S626, S625, S641, S627
Sugars, total	S626, S625, S641, S627
Fiber, total dietary	S626, S625, S641, S627
Iron, Fe	S626, S625, S641, S627
Sodium, Na	S626, S625, S641, S627
Vitamin E (alpha-tocopherol)	S81
Vitamin C, total ascorbic acid	S626, S625, S641, S627
Tocopherol, beta	S81
Water	S626, S81, S625, S641, S627
Potassium, K	S626, S627
Tocopherol, delta	S81
Vitamin A, IU	S626, S625, S641, S627
Protein	S626, S625, S641, S627
Ash	S626, S625, S641, S627

NDB No. 11540 Tomato juice, canned, with salt added

Sugars, total	D3315
Zinc, Zn	S7, S10, S201, S6, S183, S203, S11, S9, S12, S8, S202
Cryptoxanthin, beta	D3851
Lutein + zeaxanthin	D3851
Calcium, Ca	S7, S10, S201, S6, S183, S203, S11, S9, S12, S8, S202
Magnesium, Mg	S7, S10, S201, S6, S183, S203, S11, S9, S12, S8, S202
Carotene, beta	D3851
Vitamin E (alpha-tocopherol)	S87
Vitamin K (phylloquinone)	D4002
Tocopherol, gamma	S87
Sucrose	D3315
Copper, Cu	S7, S10, S201, S6, S183, S203, S11, S9, S12, S8, S202
Manganese, Mn	S7, S10, S201, S6, S183, S203, S11, S9, S12, S8, S202
Tocopherol, delta	S87
Total lipid (fat)	S87
Sodium, Na	S7, S10, S201, S6, S183, S203, S11, S9, S12, S8, S202
Selenium, Se	S7, S10, S6, S183, S203, S11, S9, S12, S8, S202
Lycopene	D3851, S1381, D3890
Glucose (dextrose)	D3302, D3315
Fructose	D3302, D3315
Iron, Fe	S7, S10, S201, S6, S183, S203, S11, S9, S12, S8, S202
Potassium, K	S7, S10, S201, S6, S183, S203, S11, S9, S12, S8, S202
Phosphorus, P	S7, S10, S201, S6, S183, S203, S11, S9, S12, S8, S202
Carotene, alpha	D3851
Tocopherol, beta	S87

NDB No. 11546 Tomato products, canned, paste, without salt added

Fructose	S21
Water	S626, S5, S81, S625, S21, S641, S627
Carotene, alpha	S21
Lutein + zeaxanthin	S21
Niacin	S21
Folate, total	S21
Calcium, Ca	S626, S625, S21, S627
Magnesium, Mg	S21
Vitamin A, IU	S626, S625, S641, S627

NDB No. 11546 Tomato products, canned, paste, without salt added

Tocopherol, beta	S81
Thiamin	S21
Lysine	S27, S503, S441, S21
16:0	S21
Zinc, Zn	S21
Pantothenic acid	S21
Threonine	S27, S503, S441, S21
Isoleucine	S27, S503, S441
Cystine	S27, S503, S441
Glycine	S27, S503, S441
Protein	S626, S5, S625, S21, S641, S627
Glucose (dextrose)	S21
Fiber, total dietary	S626, S625, S21, S641, S627
Phosphorus, P	S21
Vitamin C, total ascorbic acid	S626, S5, S625, S21, S641, S627
Riboflavin	S21
Dihydrophylloquinone	S21
Betaine	S21
Methionine	S27, S503, S441
Histidine	S27, S503, S441
Fatty acids, total saturated	S626, S627
Ash	S626, S5, S625, S21, S641, S627
Sodium, Na	S626, S5, S625, S21, S641, S627
Carotene, beta	S5, S21
Cryptoxanthin, beta	S21
Tocopherol, gamma	S81
Vitamin B-6	S21
Vitamin K (phylloquinone)	D4048, S21
Leucine	S27, S503, S441, S21
Phenylalanine	S27, S503, S21
Tyrosine	S27, S503, S441
Arginine	S27, S503, S441
Alanine	S27, S503, S441, S21
Sugars, total	S626, S5, S625, S641, S627
Manganese, Mn	S21
Tocopherol, delta	S81
Valine	S27, S503, S441

NDB No. 11546 Tomato products, canned, paste, without salt added

Glutamic acid	S27, S503, S441, S21
Serine	S27, S503, S441, S21
18:2 undifferentiated	S21
Starch	S21
Sucrose	S21
Potassium, K	S626, S21, S627
Copper, Cu	S21
Vitamin E (alpha-tocopherol)	S81
Lycopene	S21
Choline, total	S21
Tryptophan	S27, S503, S441
Proline	S27, S503, S441
Total lipid (fat)	S626, S5, S625, S21, S641, S627
Maltose	S21
Iron, Fe	S626, S625, S21, S641, S627
Selenium, Se	S21
Aspartic acid	S27, S503, S441, S21

NDB No. 11547 Tomato products, canned, puree, without salt added

Iron, Fe	S626, S625, S21, S627
Copper, Cu	S21
Total lipid (fat)	S626, S625, S21, S627
Fructose	S21
Zinc, Zn	S21
Carotene, alpha	S21
Vitamin C, total ascorbic acid	S626, S625, S21, S641, S627
Dihydrophylloquinone	S21
Vitamin A, IU	S626, S625, S641, S627
Lutein + zeaxanthin	S21
Niacin	S21
Water	S626, S625, S21, S641, S627
Magnesium, Mg	S21
Vitamin K (phylloquinone)	S21
Glucose (dextrose)	S21
Calcium, Ca	S626, S625, S21, S627
Potassium, K	S626, S625, S21, S627

NDB No. 11547 Tomato products, canned, puree, without salt added

Manganese, Mn	S21
Thiamin	S21
Riboflavin	S21
Ash	S626, S625, S21, S627
Phosphorus, P	S21
Cryptoxanthin, beta	S21
Lycopene	S21
Vitamin B-6	S21
Fatty acids, total saturated	S626, S627
Protein	S626, S625, S21, S627
Carotene, beta	S21
Fiber, total dietary	S626, S625, S21, S627
Sodium, Na	S626, S625, S21, S627

NDB No. 11549 Tomato products, canned, sauce

Total lipid (fat)	S21, S87
Sucrose	S21
Fructose	S21
Selenium, Se	S201, S6, S183, S203
Carotene, beta	S4901, S21
Choline, total	S21
Glycine	S27, S503, S441
Proline	S27, S503, S441
Serine	S27, S503, S441, S21
Protein	S21
Glucose (dextrose)	S21
Iron, Fe	S201, S6, S183, S203, S21, S202
Phosphorus, P	S201, S6, S183, S203, S21, S202
Copper, Cu	S201, S6, S183, S203, S21, S202
Lycopene	S4901, S21
Lutein + zeaxanthin	S4901, S21
Tryptophan	S27, S503, S441
Isoleucine	S27, S503, S441
Leucine	S27, S503, S441, S21
Arginine	S27, S503, S441
Aspartic acid	S27, S503, S441, S21

NDB No. 11549 Tomato products, canned, sauce

Glutamic acid	S27, S503, S441, S21
Ash	S21
Calcium, Ca	S201, S6, S183, S203, S21, S202
Tocopherol, beta	S81, S87
Methionine	S27, S503, S441
Tyrosine	S27, S503, S441
Sodium, Na	S201, S6, S183, S203, S21, S202
Fluoride, F	S21
Riboflavin	S21
Betaine	S21
Valine	S27, S503, S441
Potassium, K	S201, S6, S183, S203, S21, S202
Manganese, Mn	S201, S6, S183, S203, S21, S202
Carotene, alpha	S4901, S21
Vitamin E (alpha-tocopherol)	S81, S87
Vitamin C, total ascorbic acid	S21
Niacin	S21
Vitamin B-6	S21
Dihydrophylloquinone	S21
Lysine	S27, S503, S441, S21
Histidine	S27, S503, S441
Alanine	S27, S503, S441, S21
Thiamin	S21
Phenylalanine	S27, S503, S21
Magnesium, Mg	S201, S6, S183, S203, S21, S202
Vitamin K (phylloquinone)	D4002, S21
Threonine	S27, S503, S441, S21
Cystine	S27, S503, S441
Water	S81, S21, S87
Fiber, total dietary	S21
Zinc, Zn	S201, S6, S183, S203, S21, S202
Cryptoxanthin, beta	S4901, S21
Tocopherol, gamma	S81, S87
Tocopherol, delta	S81, S87

NDB No. 11565 Turnips, cooked, boiled, drained, without salt

NDB No. 11565 Turnips, cooked, boiled, drained, without salt

Manganese, Mn	S7, S10, S6, S11, S9, S12, S8
Phosphorus, P	S7, S10, S6, S11, S9, S12, S8
Sodium, Na	S7, S10, S6, S11, S9, S12, S8
Calcium, Ca	S7, S10, S6, S11, S9, S12, S8
Zinc, Zn	S7, S10, S6, S11, S9, S12, S8
Copper, Cu	S7, S10, S6, S11, S9, S12, S8
Magnesium, Mg	S7, S10, S6, S11, S9, S12, S8
Selenium, Se	S7, S10, S6, S11, S9, S12, S8
Potassium, K	S7, S10, S6, S11, S9, S12, S8
Iron, Fe	S7, S10, S6, S11, S9, S12, S8

NDB No. 11568 Turnip greens, raw

Tocopherol, beta	S81
Fructose	D3326
Water	D3326, S81
Glucose (dextrose)	D3326
Tocopherol, gamma	S81
Vitamin E (alpha-tocopherol)	S81
Sugars, total	D3326
Tocopherol, delta	S81

NDB No. 11578 Vegetable juice cocktail, canned

Carotene, alpha	D3851
Tocopherol, beta	S84
Lycopene	D3851
Carotene, beta	D3851
Vitamin K (phylloquinone)	D4041
Lutein + zeaxanthin	D3851
Tocopherol, gamma	S84
Cryptoxanthin, beta	D3851
Tocopherol, delta	S84

NDB No. 11579 Vegetables, mixed, canned, solids and liquids

Fluoride, F	D5002

NDB No. 11581 Vegetables, mixed, canned, drained solids

Fluoride, F	D5002

NDB No. 11641 Squash, summer, all varieties, raw

Vitamin B-6	S1322, S622, S5802
Water	S1322, D3764, S622, S604, S5802
Carotene, alpha	S1203
Thiamin	S1322, S622, S5802
Pantothenic acid	S1322, S622, S5802
Folate, total	S1322, S622, S5802
Ash	S1322, S622, S5802
Magnesium, Mg	S1322, S622, S5802
Lycopene	S1203
Niacin	S1322, S622, S5802
Total lipid (fat)	S1322, S622, S5802
Sucrose	D3321, S604, S5802
Potassium, K	S1322, S622, S5802
Phosphorus, P	S1322, S622, S5802
Zinc, Zn	S1322, S622, S5802
Copper, Cu	S1322, S622, S5802
Lutein + zeaxanthin	S1203
Protein	S1322, S622
Fructose	D3321, S604, S5802
Fiber, total dietary	S1322, D3764, S642, S604, S5802
Calcium, Ca	S1322, S622, S5802
Cryptoxanthin, beta	S1203
Vitamin C, total ascorbic acid	S1322, S622, S5802
Riboflavin	S1322, S622, S5802
Glucose (dextrose)	D3321, S604, S5802
Iron, Fe	S1322, S622, S5802
Manganese, Mn	S1322, S622, S5802
Carotene, beta	S1322, S1203, S622

NDB No. 11643 Squash, winter, all varieties, raw

Carotene, alpha	D3846
Carotene, beta	D3847, D3846

NDB No. 11644 Squash, winter, all varieties, cooked, baked, without salt

Betaine	S3461
Carotene, alpha	D3846
Water	S1821
Manganese, Mn	S1821
Iron, Fe	S1821
Choline, total	S3461
Total lipid (fat)	S1821
Ash	S1821
Zinc, Zn	S1821
Protein	S1821
Copper, Cu	S1821
Carotene, beta	D3846

NDB No. 11645 Sweet potato, canned, syrup pack, solids and liquids

Alanine	S1062
Isoleucine	S1062
Leucine	S1062
Glutamic acid	S1062
Proline	S1062
Cystine	S1062
Valine	S1062
Arginine	S1062
Methionine	S1062
Serine	S1062
Threonine	S1062
Tryptophan	S1062
Lysine	S1062
Phenylalanine	S1062
Tyrosine	S1062
Aspartic acid	S1062
Histidine	S1062
Glycine	S1062

NDB No. 11657 Potatoes, mashed, home-prepared, whole milk added

Choline, total	S3461
Betaine	S3461

NDB No. 11659 Sweet potato, cooked, candied, home-prepared

Fluoride, F	D5007

NDB No. 11674 Potato, baked, flesh and skin, without salt

Protein	S563, S566
Sucrose	S563, S566
Glucose (dextrose)	S563, S566
Selenium, Se	S201, S563, S183, S203, S202
Carotene, alpha	S563, S566
Lactose	S563, S566
Maltose	S563, S566
Phosphorus, P	S201, S563, S566, S183, S203, S202
Cryptoxanthin, beta	S563, S566
Tocopherol, beta	S563, S566
Vitamin K (phylloquinone)	D4002, S563, S566
Tryptophan	S563, S566
Leucine	S563, S566
Glutamic acid	S563, S566
Total lipid (fat)	S563, S566
Tocopherol, delta	S563, S566
Dihydrophylloquinone	S563, S566
Isoleucine	S563, S566
Lysine	S563, S566
Phenylalanine	S563
Arginine	S563, S566
Tocopherol, gamma	S563, S566
Niacin	S563, S566
Folate, total	S563, S566
Glycine	S563, S566
Proline	S563, S566
Fiber, total dietary	S563, S566
Lycopene	S563, S566
Lutein + zeaxanthin	S563
Vitamin B-6	S563, S566
Methionine	S563, S566
Fructose	S563, S566
Calcium, Ca	S201, S563, S566, S183, S203, S202

NDB No. 11674 Potato, baked, flesh and skin, without salt

Sodium, Na	S201, S563, S566, S183, S203, S202
Zinc, Zn	S201, S563, S566, S183, S203, S202
Vitamin E (alpha-tocopherol)	S563, S566
Thiamin	S563, S566
Riboflavin	S563, S566
Threonine	S563, S566
Cystine	S563, S566
Valine	S563, S566
Alanine	S563, S566
Starch	S563, S566
Water	S563, S566
Sugars, total	S563
Iron, Fe	S201, S563, S566, S183, S203, S202
Magnesium, Mg	S201, S563, S566, S183, S203, S202
Potassium, K	S201, S563, S566, S183, S203, S202
Tyrosine	S563, S566
Serine	S563, S566
Ash	S563, S566
Galactose	S563
Copper, Cu	S201, S563, S566, S183, S203, S202
Manganese, Mn	S201, S563, S566, S183, S203, S202
Carotene, beta	S563, S566
Vitamin C, total ascorbic acid	S563, S566
Pantothenic acid	S563, S566
Histidine	S563, S566
Aspartic acid	S563, S566

NDB No. 11697 Arrowroot, raw

Carotene, alpha	S1202
Cryptoxanthin, beta	S1202
Carotene, beta	S1202

NDB No. 11702 Artichokes, (globe or french), cooked, boiled, drained, with salt

Ash	S565
Calcium, Ca	S565
Iron, Fe	S565

NDB No. 11702 Artichokes, (globe or french), cooked, boiled, drained, with salt

Cryptoxanthin, beta	S565
Glucose (dextrose)	S565
Sodium, Na	S565
Carotene, beta	S565
Vitamin B-6	S565
Fructose	S565
Sugars, total	S565
Magnesium, Mg	S565
Thiamin	S565
Pantothenic acid	S565
Protein	S565
Total lipid (fat)	S565
Copper, Cu	S565
Lycopene	S565
Niacin	S565
Starch	S565
Sucrose	S565
Vitamin C, total ascorbic acid	S565
Choline, total	S565
Betaine	S565
Lactose	S565
Riboflavin	S565
Maltose	S565
Galactose	S565
Fiber, total dietary	S565
Phosphorus, P	S565
Selenium, Se	S565
Lutein + zeaxanthin	S565
Folate, total	S565
Dihydrophylloquinone	S565
Water	S565
Potassium, K	S565
Zinc, Zn	S565
Manganese, Mn	S565
Carotene, alpha	S565
Vitamin K (phylloquinone)	S565

NDB No. 11705 Asparagus, cooked, boiled, drained, with salt

Sucrose	S1069
Magnesium, Mg	S1069
Dihydrophylloquinone	S1069
Tyrosine	S1069
22:0	S1069
15:0	S1069
Potassium, K	S1069
Carotene, beta	S1069
Lycopene	S1069
Thiamin	S1069
Pantothenic acid	S1069
Methionine	S1069
Valine	S1069
Glycine	S1069
Serine	S1069
16:0	S1069
18:2 undifferentiated	S1069
20:4 undifferentiated	S1069
22:5 n-3 (DPA)	S1069
17:1	S1069
15:1	S1069
Phosphorus, P	S1069
Folate, total	S1069
Threonine	S1069
Leucine	S1069
Phenylalanine	S1069
Aspartic acid	S1069
18:1 undifferentiated	S1069
18:3 undifferentiated	S1069
14:1	S1069
20:2 n-6 c,c	S1069
Ash	S1069
Iron, Fe	S1069
Choline, total	S1069
Isoleucine	S1069
Glutamic acid	S1069
10:0	S1069

NDB No. 11705 Asparagus, cooked, boiled, drained, with salt

20:0	S1069
18:4	S1069
22:1 undifferentiated	S1069
Total lipid (fat)	S1069
Starch	S1069
Maltose	S1069
Calcium, Ca	S1069
Cryptoxanthin, beta	S1069
Vitamin B-6	S1069
Tryptophan	S1069
18:0	S1069
16:1 undifferentiated	S1069
20:1	S1069
24:0	S1069
Glucose (dextrose)	S1069
Fructose	S1069
Lactose	S1069
Zinc, Zn	S1069
Copper, Cu	S1069
Carotene, alpha	S1069
Vitamin C, total ascorbic acid	S1069
Alanine	S1069
Proline	S1069
14:0	S1069
20:5 n-3 (EPA)	S1069
20:3 undifferentiated	S1069
Manganese, Mn	S1069
Selenium, Se	S1069
Riboflavin	S1069
Niacin	S1069
Betaine	S1069
Cystine	S1069
12:0	S1069
17:0	S1069
Protein	S1069
Water	S1069
Fiber, total dietary	S1069

NDB No. 11705 Asparagus, cooked, boiled, drained, with salt

Fluoride, F	D5001, D5007
Vitamin K (phylloquinone)	S1069
Lysine	S1069
Arginine	S1069
Histidine	S1069
8:0	S1069
22:6 n-3 (DHA)	S1069

NDB No. 11709 Asparagus, frozen, cooked, boiled, drained, with salt

Copper, Cu	S7, S10, S6, S11, S9, S12, S8
Tocopherol, delta	S84
Water	S84
Vitamin K (phylloquinone)	D4002
Calcium, Ca	S7, S10, S6, S11, S9, S12, S8
Iron, Fe	S7, S10, S6, S11, S9, S12, S8
Selenium, Se	S7, S10, S6, S11, S9, S12, S8
Magnesium, Mg	S7, S10, S6, S11, S9, S12, S8
Phosphorus, P	S7, S10, S6, S11, S9, S12, S8
Manganese, Mn	S7, S10, S6, S11, S9, S12, S8
Tocopherol, beta	S84
Tocopherol, gamma	S84
Vitamin E (alpha-tocopherol)	S84
Potassium, K	S7, S10, S6, S11, S9, S12, S8
Zinc, Zn	S7, S10, S6, S11, S9, S12, S8

NDB No. 11717 Lima beans, immature seeds, frozen, fordhook, cooked, boiled, drained, with salt

Glucose (dextrose)	S837
Water	S822, S837
Zinc, Zn	S201, S6, S183, S203, S202
Manganese, Mn	S201, S6, S183, S203, S202
Maltose	S837
Fructose	S837
Magnesium, Mg	S201, S6, S183, S203, S202
Phosphorus, P	S201, S6, S183, S203, S202
Lactose	S837
Calcium, Ca	S201, S6, S183, S203, S202

NDB No. 11717 Lima beans, immature seeds, frozen, fordhook, cooked, boiled, drained, with salt

Iron, Fe	S201, S6, S183, S203, S202
Potassium, K	S201, S6, S183, S203, S202
Copper, Cu	S201, S6, S183, S203, S202
Sucrose	S822, S837
Selenium, Se	S201, S6, S183, S203, S202

NDB No. 11723 Beans, snap, green, cooked, boiled, drained, with salt

Iron, Fe	S201, S183, S203, S202
Selenium, Se	S183, S203, S202
Vitamin K (phylloquinone)	D4002
Calcium, Ca	S201, S183, S203, S202
Zinc, Zn	S201, S183, S203, S202
Manganese, Mn	S201, S183, S203, S202
Phosphorus, P	S201, S183, S203, S202
Potassium, K	S201, S183, S203, S202
Magnesium, Mg	S201, S183, S203, S202
Copper, Cu	S201, S183, S203, S202

NDB No. 11731 Beans, snap, green, frozen, cooked, boiled, drained, with salt

Potassium, K	S6
Tocopherol, gamma	S84
Copper, Cu	S6
Zinc, Zn	S6
Magnesium, Mg	S6
Manganese, Mn	S6
Choline, total	S3461
Betaine	S3461
Calcium, Ca	S6
Vitamin E (alpha-tocopherol)	S84
Tocopherol, delta	S84
Phosphorus, P	S6
Selenium, Se	S6
Tocopherol, beta	S84
Iron, Fe	S6

NDB No. 11742 Broccoli, cooked, boiled, drained, with salt

Glucose (dextrose)	S837, S1121, S564
Carotene, alpha	S1121, S564
Betaine	S564
Threonine	S1121, S564
Histidine	S1121, S564
Aspartic acid	S1121, S564
20:0	S564
18:1 undifferentiated	S564
18:2 undifferentiated	S564
18:3 n-6 c,c,c	S564
Ash	S1121, S564
Starch	S564
Water	S837, S606, S6741, S1121, S564
Iron, Fe	S1121, S564
Zinc, Zn	S1121, S564
Copper, Cu	S1121, S564
Fluoride, F	D5007
Vitamin E (alpha-tocopherol)	S1121, S564
Thiamin	S1121, S564
Vitamin B-6	S1121, S564
Cystine	S1121, S564
16:0	S564
18:0	S564
18:3 undifferentiated	S564
Total lipid (fat)	S1121, S564
Vitamin C, total ascorbic acid	S6741, S564
Riboflavin	S1121, S564
Methionine	S1121, S564
Phenylalanine	S1121, S564
Tyrosine	S1121, S564
Arginine	S1121, S564
Serine	S1121, S564
20:2 n-6 c,c	S564
Sucrose	S837, S1121, S564
Phosphorus, P	S1121, S564
Lutein + zeaxanthin	S1121, S564, D3890
Tocopherol, delta	S1121, S564

NDB No. 11742 Broccoli, cooked, boiled, drained, with salt

Pantothenic acid	S1121, S564
Lysine	S1121, S564
Valine	S1121, S564
Glutamic acid	S1121, S564
Glycine	S1121, S564
20:4 undifferentiated	S564
14:1	S564
Sugars, total	S837, S564
Lycopene	S1121, S564
Niacin	S1121, S564
Alanine	S1121, S564
8:0	S564
17:1	S564
20:3 undifferentiated	S564
Lactose	S837, S1121, S564
Maltose	S837, S1121, S564
Galactose	S564
Fiber, total dietary	S837, S606, S564
Magnesium, Mg	S1121, S564
Manganese, Mn	S1121, S564
Cryptoxanthin, beta	S1121, S564
Tocopherol, gamma	S1121, S564
Dihydrophylloquinone	S1121, S564
Tryptophan	S1121, S564
16:1 undifferentiated	S564
20:1	S564
15:0	S564
17:0	S564
Protein	S1121, S564
Fructose	S837, S1121, S564
Carotene, beta	S1121, S564, D3890, D3846
Folate, total	S1121, S564
Vitamin K (phylloquinone)	S1121, S564
10:0	S564
12:0	S564
15:1	S564
Calcium, Ca	S1121, S564

NDB No. 11742 Broccoli, cooked, boiled, drained, with salt

Potassium, K	S1121, S564
Selenium, Se	S1121, S564
Tocopherol, beta	S1121, S564
Choline, total	S564
Isoleucine	S1121, S564
Leucine	S1121, S564
Proline	S1121, S564
14:0	S564
22:0	S564

NDB No. 11743 Broccoli, frozen, chopped, cooked, boiled, drained, with salt

Copper, Cu	S6
Magnesium, Mg	S6
Phosphorus, P	S6
Calcium, Ca	S6
Potassium, K	S6
Zinc, Zn	S6
Selenium, Se	S6
Iron, Fe	S6
Manganese, Mn	S6

NDB No. 11745 Brussels sprouts, cooked, boiled, drained, with salt

Vitamin E (alpha-tocopherol)	S84
Tocopherol, delta	S84
Total lipid (fat)	S84
Carotene, alpha	D3901
Choline, total	S3461
Water	S84
Lycopene	D3901
Tocopherol, gamma	S84
Carotene, beta	D3901, D3846
Cryptoxanthin, beta	D3901
Tocopherol, beta	S84
Lutein + zeaxanthin	D3901
Betaine	S3461

NDB No. 11746 Brussels sprouts, frozen, cooked, boiled, drained, with salt

Manganese, Mn	S7, S10, S6, S11, S9, S12, S8
Phosphorus, P	S7, S10, S6, S11, S9, S12, S8
Selenium, Se	S7, S10, S6, S11, S9, S12, S8
Copper, Cu	S7, S10, S6, S11, S9, S12, S8
Vitamin K (phylloquinone)	D4002
Calcium, Ca	S7, S10, S6, S11, S9, S12, S8
Iron, Fe	S7, S10, S6, S11, S9, S12, S8
Magnesium, Mg	S7, S10, S6, S11, S9, S12, S8
Potassium, K	S7, S10, S6, S11, S9, S12, S8
Zinc, Zn	S7, S10, S6, S11, S9, S12, S8

NDB No. 11751 Cabbage, common, cooked, boiled, drained, with salt

Calcium, Ca	S1069
Magnesium, Mg	S1069
Vitamin C, total ascorbic acid	S1069
Isoleucine	S1065, S1069
Leucine	S1065, S1069
Phenylalanine	S1065, S1069
Valine	S1065, S1069
Aspartic acid	S1065, S1069
Proline	S1065, S1069
16:1 undifferentiated	S1069
22:5 n-3 (DPA)	S1069
Water	D3775, S1069
Zinc, Zn	S1069
Fluoride, F	D5007
Carotene, alpha	S1069
Thiamin	S1069
Dihydrophylloquinone	S1069
Betaine	S1069
16:0	S1069
14:1	S1069
18:4	S1069
20:2 n-6 c,c	S1069
15:1	S1069
Sucrose	S1069

NDB No. 11751 Cabbage, common, cooked, boiled, drained, with salt

Tryptophan	S1065, S1069
Histidine	S1065, S1069
Glutamic acid	S1065, S1069
Protein	S1069
Starch	S1069
Carotene, beta	S1069
Riboflavin	S1069
Pantothenic acid	S1069
Threonine	S1065, S1069
Lysine	S1065, S1069
Arginine	S1065, S1069
Serine	S1065, S1069
Fatty acids, total saturated	S1069
22:6 n-3 (DHA)	S1069
20:5 n-3 (EPA)	S1069
Fatty acids, total monounsaturated	S1069
17:1	S1069
20:3 undifferentiated	S1069
Ash	S1069
Lactose	S1069
Copper, Cu	S1069
Manganese, Mn	S1069
Cryptoxanthin, beta	S1069
Lycopene	S1069
Niacin	S1069
Folate, total	S1069
Methionine	S1065, S1069
18:3 undifferentiated	S1069
20:4 undifferentiated	S1069
15:0	S1069
Total lipid (fat)	S1069
Phosphorus, P	S1069
Vitamin K (phylloquinone)	S1069
Tyrosine	S1065, S1069
Glycine	S1065, S1069
10:0	S1069
18:2 undifferentiated	S1069

NDB No. 11751 Cabbage, common, cooked, boiled, drained, with salt

22:1 undifferentiated	S1069
Fatty acids, total polyunsaturated	S1069
24:0	S1069
Glucose (dextrose)	S1069
Fructose	S1069
Maltose	S1069
Fiber, total dietary	S1069
Potassium, K	S1069
12:0	S1069
18:0	S1069
20:0	S1069
18:1 undifferentiated	S1069
Vitamin B-6	S1069
Choline, total	S1069
Cystine	S1065, S1069
Alanine	S1065, S1069
14:0	S1069
22:0	S1069
20:1	S1069
17:0	S1069

NDB No. 11752 Cabbage, red, cooked, boiled, drained, with salt

Sucrose	S1065
Glucose (dextrose)	S1065
Lactose	S1065
Phosphorus, P	S1065
Zinc, Zn	S1065
Selenium, Se	S1065
Carotene, beta	S1065
Leucine	S1065, S1069
Lysine	S1065, S1069
Proline	S1065, S1069
Starch	S1065
Iron, Fe	S1065
Riboflavin	S1065
Niacin	S1065

NDB No. 11752 Cabbage, red, cooked, boiled, drained, with salt

Isoleucine	S1065, S1069
Protein	S1065
Thiamin	S1065
Pantothenic acid	S1065
Folate, total	S1065
Vitamin K (phylloquinone)	S1065
Methionine	S1065, S1069
Cystine	S1065, S1069
Phenylalanine	S1065, S1069
Histidine	S1065, S1069
Aspartic acid	S1065, S1069
Glutamic acid	S1065, S1069
Water	S1065
Calcium, Ca	S1065
Potassium, K	S1065
Copper, Cu	S1065
Cryptoxanthin, beta	S1065
Vitamin C, total ascorbic acid	S1065
Glycine	S1065, S1069
Maltose	S1065
Tryptophan	S1065, S1069
Ash	S1065
Manganese, Mn	S1065
Carotene, alpha	S1065
Lycopene	S1065
Threonine	S1065, S1069
Fructose	S1065
Magnesium, Mg	S1065
Vitamin B-6	S1065
Dihydrophylloquinone	S1065
Valine	S1065, S1069
Serine	S1065, S1069
Total lipid (fat)	S1065
Fiber, total dietary	S1065
Tyrosine	S1065, S1069
Arginine	S1065, S1069
Alanine	S1065, S1069

NDB No. 11757 Carrots, cooked, boiled, drained, with salt

Protein	S1062
Lactose	S1062
Calcium, Ca	S1062
Vitamin E (alpha-tocopherol)	S1062
Tocopherol, beta	S1062
Niacin	S1062
Folate, total	S1062
Valine	S25
14:0	S1062
18:0	S1062
20:5 n-3 (EPA)	S1062
Glucose (dextrose)	S1062
Fructose	S1062
Fiber, total dietary	S1062
Phosphorus, P	S1062
Tryptophan	S25
Tyrosine	S25
Serine	S25
18:1 undifferentiated	S1062
16:1 undifferentiated	S1062
15:0	S1062
15:1	S1062
Total lipid (fat)	S1062
Sucrose	S1062
Copper, Cu	S1062
Manganese, Mn	S1062
Thiamin	S1062
Riboflavin	S1062
Dihydrophylloquinone	S1062
Vitamin K (phylloquinone)	S1062
10:0	S1062
18:3 undifferentiated	S1062
20:4 undifferentiated	S1062
20:2 n-6 c,c	S1062
Fluoride, F	D5001
Selenium, Se	S1062
Tocopherol, delta	S1062

NDB No. 11757 Carrots, cooked, boiled, drained, with salt

Pantothenic acid	S1062
Betaine	S1062
Threonine	S25
Proline	S25
18:2 undifferentiated	S1062
22:6 n-3 (DHA)	S1062
18:4	S1062
Ash	S1062
Starch	S1062
Magnesium, Mg	S1062
Choline, total	S1062
Lysine	S25
Cystine	S25
Histidine	S25
12:0	S1062
20:0	S1062
20:1	S1062
24:0	S1062
20:3 undifferentiated	S1062
Maltose	S1062
Water	S1062
Iron, Fe	S1062
Lycopene	S1062
Phenylalanine	S25
Glutamic acid	S25
Glycine	S25
14:1	S1062
22:1 undifferentiated	S1062
22:5 n-3 (DPA)	S1062
17:1	S1062
Potassium, K	S1062
Zinc, Zn	S1062
Carotene, beta	D3885, S1062, D3846
Isoleucine	S25
Arginine	S25
Alanine	S25
Aspartic acid	S25

NDB No. 11757 Carrots, cooked, boiled, drained, with salt

16:0	S1062
22:0	S1062
Carotene, alpha	D3885, S1062, D3846
Tocopherol, gamma	S1062
Vitamin C, total ascorbic acid	S1062
Vitamin B-6	S1062
Leucine	S25
Methionine	S25
8:0	S1062
17:0	S1062

NDB No. 11758 Carrots, canned, no salt added, solids and liquids

Isoleucine	S25
Histidine	S25
Carotene, beta	D3911, D3902, D3843, D3846
Lutein + zeaxanthin	D3902
Threonine	S25
Aspartic acid	S25
Cystine	S25
Alanine	S25
Tryptophan	S25
Lysine	S25
Methionine	S25
Valine	S25
Proline	S25
Lycopene	D3902
Tyrosine	S25
Serine	S25
Leucine	S25
Glutamic acid	S25
Carotene, alpha	D3911, D3902, D3846
Cryptoxanthin, beta	D3902
Phenylalanine	S25
Arginine	S25
Glycine	S25

NDB No. 11759 Carrots, canned, no salt added, drained solids

Lycopene	D3902
Cryptoxanthin, beta	D3902
Lutein + zeaxanthin	D3902
Carotene, beta	D3911, D3902, D3843, D3846
Carotene, alpha	D3911, D3902, D3846

NDB No. 11760 Carrots, frozen, cooked, boiled, drained, with salt

Protein	S25
Fructose	S25
Lactose	S25
Calcium, Ca	S25
Niacin	S25
Pantothenic acid	S25
Isoleucine	S25
Methionine	S25
Phenylalanine	S25
Histidine	S25
8:0	S25
Iron, Fe	S25
Copper, Cu	S25
Thiamin	S25
Sucrose	S25
Water	S25
Galactose	S25
Fiber, total dietary	S25
Threonine	S25
Alanine	S25
Aspartic acid	S25
Serine	S25
18:4	S25
Phosphorus, P	S25
Vitamin B-6	S25
Cystine	S25
20:0	S25
22:0	S25
24:0	S25

NDB No. 11760 Carrots, frozen, cooked, boiled, drained, with salt

Sugars, total	S25
Magnesium, Mg	S25
Manganese, Mn	S25
Dihydrophylloquinone	S25
Vitamin K (phylloquinone)	S25
Tyrosine	S25
Arginine	S25
4:0	S25
20:5 n-3 (EPA)	S25
Ash	S25
Tryptophan	S25
Leucine	S25
Proline	S25
20:4 undifferentiated	S25
Glucose (dextrose)	S25
Potassium, K	S25
Zinc, Zn	S25
Vitamin C, total ascorbic acid	S25
Riboflavin	S25
Glutamic acid	S25
Glycine	S25
18:3 undifferentiated	S25
22:6 n-3 (DHA)	S25
15:0	S25
Total lipid (fat)	S25
Starch	S25
Maltose	S25
Lysine	S25
Valine	S25
6:0	S25
10:0	S25
22:5 n-3 (DPA)	S25

NDB No. 11761 Cauliflower, cooked, boiled, drained, with salt

Potassium, K	S201, S183, S203, S202
Fiber, total dietary	D3775, D3776

NDB No. 11761 Cauliflower, cooked, boiled, drained, with salt

Fluoride, F	D5007
Manganese, Mn	S201, S183, S203, S202
Calcium, Ca	S201, S183, S203, S202
Magnesium, Mg	S201, S183, S203, S202
Phosphorus, P	S201, S183, S203, S202
Zinc, Zn	S201, S183, S203, S202
Selenium, Se	S183, S203, S202
Choline, total	S3461
Iron, Fe	S201, S183, S203, S202
Copper, Cu	S201, S183, S203, S202
Betaine	S3461

NDB No. 11767 Chrysanthemum, garland, cooked, boiled, drained, with salt

Carotene, alpha	D3870
Cryptoxanthin, beta	D3870
Lutein + zeaxanthin	D3869
Carotene, beta	D3870, D3869

NDB No. 11768 Collards, cooked, boiled, drained, with salt

Calcium, Ca	S201, S183, S203, S202
Phosphorus, P	S201, S183, S203, S202
Vitamin K (phylloquinone)	D4002
Iron, Fe	S201, S183, S203, S202
Copper, Cu	S201, S183, S203, S202
Selenium, Se	S201, S183, S203, S202
Magnesium, Mg	S201, S183, S203, S202
Potassium, K	S201, S183, S203, S202
Carotene, beta	D3846
Manganese, Mn	S201, S183, S203, S202
Zinc, Zn	S201, S183, S203, S202

NDB No. 11770 Corn, sweet, yellow, cooked, boiled, drained, with salt

Sucrose	S604, S5802
Water	S604, S5802
Galactose	S5802

NDB No. 11770 Corn, sweet, yellow, cooked, boiled, drained, with salt

Phosphorus, P	S201, S183, S203, S202, S5802
Total lipid (fat)	S5802
Starch	S5802
Glucose (dextrose)	S604, S5802
Maltose	S604, S5802
Folate, total	S5802
Lactose	S5802
Fiber, total dietary	S5802
Manganese, Mn	S201, S183, S203, S202, S5802
Vitamin C, total ascorbic acid	S5802
Vitamin B-6	S5802
Folate, food	S5802
Riboflavin	S5802
Pantothenic acid	S5802
Ash	S5802
Fructose	S604, S5802
Potassium, K	S201, S183, S203, S202, S5802
Calcium, Ca	S201, S183, S203, S202, S5802
Zinc, Zn	S201, S183, S203, S202, S5802
Selenium, Se	S201, S183, S203, S202
Niacin	S5802
Iron, Fe	S201, S183, S203, S202, S5802
Magnesium, Mg	S201, S183, S203, S202, S5802
Copper, Cu	S201, S183, S203, S202, S5802
Thiamin	S5802

NDB No. 11771 Corn, sweet, yellow, canned, no salt added, solids and liquids

Fructose	S604
Selenium, Se	S6, S183
Tocopherol, beta	S121
Tocopherol, delta	S121
Maltose	S604
Glucose (dextrose)	S604
Carotene, beta	D3907
Carotene, alpha	D3907
Vitamin E (alpha-tocopherol)	S121

NDB No. 11771 Corn, sweet, yellow, canned, no salt added, solids and liquids

Sucrose	S604
Cryptoxanthin, beta	D3907
Tocopherol, gamma	S121

NDB No. 11772 Corn, sweet, yellow, canned, cream style, no salt added

Vitamin K (phylloquinone)	D4002
Tocopherol, gamma	S84
Vitamin E (alpha-tocopherol)	S84
Selenium, Se	S201, S6, S183, S203, S202
Tocopherol, beta	S84
Tocopherol, delta	S84

NDB No. 11774 Corn, sweet, yellow, frozen, kernels, cut off cob, boiled, drained, with salt

Iron, Fe	S405, S6
Phosphorus, P	S405, S6
Copper, Cu	S405, S6
Carotene, alpha	S405
Total lipid (fat)	S405, S84
Glucose (dextrose)	S822, S837, S604
Fructose	S822, S837, S604
Manganese, Mn	S405, S6
Tocopherol, delta	S84
Vitamin K (phylloquinone)	D4002
Maltose	S822, S837, S604
Calcium, Ca	S405, S6
Vitamin E (alpha-tocopherol)	S84
Thiamin	S405
Niacin	S405
Protein	S405
Lactose	S837
Cryptoxanthin, beta	S405
Tocopherol, beta	S84
Pantothenic acid	S405
Ash	S405
Tocopherol, gamma	S84
Folate, total	S405

NDB No. 11774 Corn, sweet, yellow, frozen, kernels, cut off cob, boiled, drained, with salt

Magnesium, Mg	S405, S6
Vitamin B-6	S405
Sucrose	S822, S837, S604
Water	S822, S837, S405, S84, S604
Potassium, K	S405, S6
Zinc, Zn	S405, S6
Carotene, beta	S405
Vitamin C, total ascorbic acid	S405
Riboflavin	S405

NDB No. 11783 Eggplant, cooked, boiled, drained, with salt

Selenium, Se	S7, S10, S6, S11, S9, S12, S8
Iron, Fe	S7, S10, S6, S11, S9, S12, S8
Zinc, Zn	S7, S10, S6, S11, S9, S12, S8
Manganese, Mn	S7, S10, S6, S11, S9, S12, S8
Potassium, K	S7, S10, S6, S11, S9, S12, S8
Vitamin K (phylloquinone)	D4002
Calcium, Ca	S7, S10, S6, S11, S9, S12, S8
Magnesium, Mg	S7, S10, S6, S11, S9, S12, S8
Phosphorus, P	S7, S10, S6, S11, S9, S12, S8
Copper, Cu	S7, S10, S6, S11, S9, S12, S8

NDB No. 11790 Kale, cooked, boiled, drained, with salt

Cryptoxanthin, beta	D3901
Carotene, alpha	D3901
Choline, total	S3461
Betaine	S3461
Carotene, beta	D3901
Lycopene	D3901
Lutein + zeaxanthin	D3901

NDB No. 11797 Mushrooms, white, cooked, boiled, drained, with salt

Tryptophan	S2941
Phenylalanine	S2941
Alanine	S2941

NDB No. 11797 Mushrooms, white, cooked, boiled, drained, with salt

Aspartic acid	S2941
Leucine	S2941
Methionine	S2941
Valine	S2941
Proline	S2941
Isoleucine	S2941
Lysine	S2941
Cystine	S2941
Histidine	S2941
Arginine	S2941
Serine	S2941
Tyrosine	S2941
Glutamic acid	S2941
Threonine	S2941
Glycine	S2941

NDB No. 11803 Okra, cooked, boiled, drained, with salt

Total lipid (fat)	S84
Calcium, Ca	S7, S10, S6, S11, S9, S12, S8
Copper, Cu	S7, S10, S6, S11, S9, S12, S8
Vitamin E (alpha-tocopherol)	S84
Potassium, K	S7, S10, S6, S11, S9, S12, S8
Magnesium, Mg	S7, S10, S6, S11, S9, S12, S8
Tocopherol, gamma	S84
Iron, Fe	S7, S10, S6, S11, S9, S12, S8
Tocopherol, beta	S84
Selenium, Se	S7, S10, S6, S11, S9, S12, S8
Tocopherol, delta	S84
Vitamin K (phylloquinone)	D4002
Water	S84
Phosphorus, P	S7, S10, S6, S11, S9, S12, S8
Zinc, Zn	S7, S10, S6, S11, S9, S12, S8
Manganese, Mn	S7, S10, S6, S11, S9, S12, S8

NDB No. 11808 Parsnips, cooked, boiled, drained, with salt

Protein	S1821

NDB No. 11808 Parsnips, cooked, boiled, drained, with salt

Water	S1821, D3765

NDB No. 11812 Peas, green, canned, no salt added, solids and liquids

Glucose (dextrose)	S406, S604
Sucrose	S406, S604
Fiber, total dietary	S626, S625, S641, S627
Sugars, total	S626, S625, S641, S627
Vitamin E (alpha-tocopherol)	S121
Tocopherol, delta	S121
Fructose	S406, S604
Tocopherol, gamma	S121
Selenium, Se	S6, S183, S203, S202
Maltose	S406, S604
Tocopherol, beta	S121

NDB No. 11813 Peas, green, canned, no salt added, drained solids

Carotene, beta	S1203
Lycopene	S1203
Lutein + zeaxanthin	S1203
Cryptoxanthin, beta	S1203
Carotene, alpha	S1203

NDB No. 11814 Peas, green, frozen, cooked, boiled, drained, with salt

Iron, Fe	S201, S6, S183, S203, S202
Copper, Cu	S201, S6, S183, S203, S202
Manganese, Mn	S201, S6, S183, S203, S202
Betaine	S3461
Vitamin K (phylloquinone)	D4002
Zinc, Zn	S201, S6, S183, S203, S202
Selenium, Se	S201, S6, S183, S203, S202
Choline, total	S3461
Magnesium, Mg	S201, S6, S183, S203, S202
Calcium, Ca	S201, S6, S183, S203, S202
Phosphorus, P	S201, S6, S183, S203, S202
Potassium, K	S201, S6, S183, S203, S202

NDB No. 11819 Peppers, hot chili, red, raw

Protein	S1202
Calcium, Ca	S1202
Pantothenic acid	S1202
Sodium, Na	S1202
Magnesium, Mg	S1202
Phosphorus, P	S1202
Folate, total	S1202
Total lipid (fat)	S1202
Zinc, Zn	S1202
Copper, Cu	S1202
Vitamin C, total ascorbic acid	S1202
Thiamin	S1202
Riboflavin	S1202
Water	S1202
Iron, Fe	S1202
Potassium, K	S1202
Cryptoxanthin, beta	S1202
Ash	S1202
Manganese, Mn	S1202
Carotene, beta	S1202
Carotene, alpha	S1202
Niacin	S1202
Vitamin B-6	S1202

NDB No. 11821 Peppers, sweet, red, raw

Sucrose	S1062
Fructose	S1062
Iron, Fe	S1062
Zinc, Zn	S1062
Tocopherol, gamma	S1062
Thiamin	S1062
Lysine	S1062
Glutamic acid	S1062
22:1 undifferentiated	S1062
Fatty acids, total polyunsaturated	S1062
17:1	S1062

NDB No. 11821 Peppers, sweet, red, raw

20:3 undifferentiated	S1062
Riboflavin	S1062
Vitamin B-6	S1062
Dihydrophylloquinone	S1062
Methionine	S1062
Alanine	S1062
20:0	S1062
24:0	S1062
20:2 n-6 c,c	S1062
Ash	S1062
Glucose (dextrose)	S1062
Manganese, Mn	S1062
Vitamin C, total ascorbic acid	S1062
Arginine	S1062
Serine	S1062
16:0	S1062
Total lipid (fat)	S1062
Starch	S1062
Magnesium, Mg	S1062
Phosphorus, P	S1062
Copper, Cu	S1062
Carotene, alpha	S1062, D3846
Tocopherol, beta	S1062
Isoleucine	S1062
Glycine	S1062
12:0	S1062
14:0	S1062
16:1 undifferentiated	S1062
Lactose	S1062
Calcium, Ca	S1062
Vitamin E (alpha-tocopherol)	S1062
Lycopene	S1062
Niacin	S1062
Pantothenic acid	S1062
Leucine	S1062
8:0	S1062
18:3 undifferentiated	S1062

NDB No. 11821 Peppers, sweet, red, raw

22:0	S1062
20:5 n-3 (EPA)	S1062
17:0	S1062
Selenium, Se	S1062
Carotene, beta	D3912, S1062, D3894, D3846
Cryptoxanthin, beta	D3912, S1062
Choline, total	S1062
Threonine	S1062
Valine	S1062
18:0	S1062
20:1	S1062
22:5 n-3 (DPA)	S1062
15:0	S1062
15:1	S1062
Protein	S1062
Maltose	S1062
Potassium, K	S1062
Vitamin K (phylloquinone)	S1062
Phenylalanine	S1062
Tyrosine	S1062
Histidine	S1062
Fatty acids, total saturated	S1062
18:1 undifferentiated	S1062
18:2 undifferentiated	S1062
20:4 undifferentiated	S1062
22:6 n-3 (DHA)	S1062
14:1	S1062
Fatty acids, total monounsaturated	S1062
Water	S1062
Tocopherol, delta	S1062
Folate, total	S1062
Betaine	S1062
Tryptophan	S1062
Cystine	S1062
Aspartic acid	S1062
Proline	S1062
10:0	S1062

NDB No. 11821 Peppers, sweet, red, raw

18:4	S1062

NDB No. 11828 Potatoes, baked, flesh and skin, with salt

Potassium, K	S201, S563, S566, S183, S203, S202
Carotene, beta	S563, S566
Cryptoxanthin, beta	S563, S566
Tocopherol, gamma	S563, S566
Tyrosine	S563, S566
Total lipid (fat)	S563, S566
Starch	S563, S566
Copper, Cu	S201, S563, S566, S183, S203, S202
Tocopherol, beta	S563, S566
Folate, total	S563, S566
Isoleucine	S563, S566
Histidine	S563, S566
Alanine	S563, S566
Glutamic acid	S563, S566
Serine	S563, S566
Iron, Fe	S201, S563, S566, S183, S203, S202
Selenium, Se	S201, S563, S183, S203, S202
Carotene, alpha	S563, S566
Thiamin	S563, S566
Vitamin B-6	S563, S566
Lysine	S563, S566
Fructose	S563, S566
Maltose	S563, S566
Water	S563, S566
Magnesium, Mg	S201, S563, S566, S183, S203, S202
Sodium, Na	S201, S563, S566, S183, S203, S202
Manganese, Mn	S201, S563, S566, S183, S203, S202
Tocopherol, delta	S563, S566
Threonine	S563, S566
Sucrose	S563, S566
Sugars, total	S563
Calcium, Ca	S201, S563, S566, S183, S203, S202
Phosphorus, P	S201, S563, S566, S183, S203, S202

NDB No. 11828 Potatoes, baked, flesh and skin, with salt

Lycopene	S563, S566
Leucine	S563, S566
Cystine	S563, S566
Phenylalanine	S563
Glycine	S563, S566
Glucose (dextrose)	S563, S566
Vitamin C, total ascorbic acid	S563, S566
Niacin	S563, S566
Vitamin K (phylloquinone)	D4002, S563, S566
Aspartic acid	S563, S566
Ash	S563, S566
Fiber, total dietary	S563, S566
Zinc, Zn	S201, S563, S566, S183, S203, S202
Vitamin E (alpha-tocopherol)	S563, S566
Pantothenic acid	S563, S566
Arginine	S563, S566
Protein	S563, S566
Lactose	S563, S566
Galactose	S563
Lutein + zeaxanthin	S563
Riboflavin	S563, S566
Dihydrophylloquinone	S563, S566
Tryptophan	S563, S566
Methionine	S563, S566
Valine	S563, S566
Proline	S563, S566

NDB No. 11831 Potatoes, boiled, cooked in skin, flesh, with salt

Fluoride, F	D5001

NDB No. 11840 Potatoes, frozen, french fried, par fried, cottage-cut, prepared, heated in oven, with salt

Fluoride, F	D5002, D5007, D5003

NDB No. 11841 Potatoes, french fried, all types, salt not added in processing, frozen, oven-heated

Protein	S2105

NDB No. 11841 Potatoes, french fried, all types, salt not added in processing, frozen, oven-heated

Starch	S2105
Sugars, total	S2105
Galactose	S2105
Iron, Fe	S201, S6, S183, S203, S2105, S202
Sodium, Na	S201, S6, S183, S203, S202
17:0	S2105
20:3 undifferentiated	S2105
15:1	S2105
Fructose	S2105
Lactose	S2105
Tocopherol, delta	S2105
Riboflavin	S2105
Niacin	S2105
Vitamin B-6	S2105
Folate, total	S2105
16:1 undifferentiated	S2105
Magnesium, Mg	S201, S6, S183, S203, S2105, S202
Phosphorus, P	S201, S6, S183, S203, S2105, S202
Thiamin	S2105
Dihydrophylloquinone	S2105
16:0	S2105
18:3 n-3 c,c,c (ALA)	S2105
Sucrose	S2105
Vitamin C, total ascorbic acid	S2105
14:0	S2105
18:2 undifferentiated	S2105
20:1	S2105
Total lipid (fat)	S2105
Water	S2105
Zinc, Zn	S201, S6, S183, S203, S2105, S202
Manganese, Mn	S201, S6, S183, S203, S2105, S202
Tocopherol, beta	S2105
Tocopherol, gamma	S2105
Pantothenic acid	S2105
20:0	S2105
18:1 undifferentiated	S2105
22:0	S2105

NDB No. 11841 Potatoes, french fried, all types, salt not added in processing, frozen, oven-heated

15:0	S2105
18:3 n-6 c,c,c	S2105
Glucose (dextrose)	S2105
Calcium, Ca	S201, S6, S183, S203, S2105, S202
Potassium, K	S201, S6, S183, S203, S2105, S202
Vitamin E (alpha-tocopherol)	S2105
Fatty acids, total saturated	S2105
8:0	S2105
12:0	S2105
18:3 undifferentiated	S2105
20:4 undifferentiated	S2105
Fatty acids, total monounsaturated	S2105
20:2 n-6 c,c	S2105
17:1	S2105
Ash	S2105
Maltose	S2105
Copper, Cu	S201, S6, S183, S203, S2105, S202
Selenium, Se	S201, S6, S183, S203, S202
Vitamin K (phylloquinone)	S2105
Fatty acids, total polyunsaturated	S2105
Fiber, total dietary	S2105
10:0	S2105
18:0	S2105
14:1	S2105

NDB No. 11842 Potatoes, french fried, all types, salt not added in processing, frozen, as purchased

Total lipid (fat)	S2105
Fiber, total dietary	S2105
18:0	S2105
20:0	S2105
18:2 undifferentiated	S2105
15:0	S2105
17:0	S2105
15:1	S2105
Magnesium, Mg	S2105
Tocopherol, delta	S2105

NDB No. 11842 Potatoes, french fried, all types, salt not added in processing, frozen, as purchased

Vitamin B-6	S2105
16:1 undifferentiated	S2105
18:3 n-6 c,c,c	S2105
Fructose	S2105
Lactose	S2105
Pantothenic acid	S2105
12:0	S2105
18:3 n-3 c,c,c (ALA)	S2105
Iron, Fe	S2105
Vitamin E (alpha-tocopherol)	S2105
Fatty acids, total saturated	S2105
22:0	S2105
20:1	S2105
20:2 n-6 c,c	S2105
20:3 undifferentiated	S2105
Sucrose	S2105
Calcium, Ca	S2105
Zinc, Zn	S2105
Vitamin C, total ascorbic acid	S2105
Riboflavin	S2105
Dihydrophylloquinone	S2105
16:0	S2105
18:1 undifferentiated	S2105
14:1	S2105
Starch	S2105
Maltose	S2105
Water	S2105
Sugars, total	S2105
Potassium, K	S2105
Manganese, Mn	S2105
Tocopherol, beta	S2105
Vitamin K (phylloquinone)	S2105
10:0	S2105
Fatty acids, total monounsaturated	S2105
17:1	S2105
Ash	S2105
Glucose (dextrose)	S2105

NDB No. 11842 Potatoes, french fried, all types, salt not added in processing, frozen, as purchased

Galactose	S2105
Copper, Cu	S2105
Tocopherol, gamma	S2105
Thiamin	S2105
Niacin	S2105
Folate, total	S2105
8:0	S2105
14:0	S2105
20:4 undifferentiated	S2105
Fatty acids, total polyunsaturated	S2105
Protein	S2105
Phosphorus, P	S2105
18:3 undifferentiated	S2105

NDB No. 11844 Potatoes, scalloped, home-prepared with margarine

Fluoride, F	D5002, D5007

NDB No. 11854 Spinach, cooked, boiled, drained, with salt

Fluoride, F	D5001, D5007
Lycopene	D3905
Carotene, alpha	D3905
Lutein + zeaxanthin	D3905
Cryptoxanthin, beta	D3905
Carotene, beta	D3905, D3846

NDB No. 11856 Spinach, frozen, chopped or leaf, cooked, boiled, drained, with salt

Potassium, K	S25
Threonine	S25
Valine	S25
Histidine	S25
8:0	S25
18:2 undifferentiated	S25
14:1	S25
Glucose (dextrose)	S25
Lactose	S25

NDB No. 11856 Spinach, frozen, chopped or leaf, cooked, boiled, drained, with salt

Maltose	S25
Copper, Cu	S25
Thiamin	S25
Riboflavin	S25
Niacin	S25
Vitamin B-6	S25
Betaine	S25
20:0	S25
18:3 undifferentiated	S25
18:4	S25
15:0	S25
Protein	S25
Ash	S25
Starch	S25
Phosphorus, P	S25
Selenium, Se	S25
Folate, total	S25
Leucine	S25
18:0	S25
20:4 undifferentiated	S25
22:6 n-3 (DHA)	S25
17:0	S25
Sucrose	S25
Iron, Fe	S25
Zinc, Zn	S25
Vitamin E (alpha-tocopherol)	S25
Tocopherol, beta	S25
Dihydrophylloquinone	S25
Phenylalanine	S25
Glutamic acid	S25
4:0	S25
6:0	S25
16:1 undifferentiated	S25
Total lipid (fat)	S25
Sugars, total	S25
Galactose	S25
Calcium, Ca	S25

NDB No. 11856 Spinach, frozen, chopped or leaf, cooked, boiled, drained, with salt

Choline, total	S25
Vitamin K (phylloquinone)	S25
Serine	S25
18:1 undifferentiated	S25
22:0	S25
22:5 n-3 (DPA)	S25
Fructose	S25
Magnesium, Mg	S25
Manganese, Mn	S25
Isoleucine	S25
Lysine	S25
Methionine	S25
Arginine	S25
Alanine	S25
20:5 n-3 (EPA)	S25
Water	S25
Tocopherol, gamma	S25
Tocopherol, delta	S25
Vitamin C, total ascorbic acid	S25
Cystine	S25
Tyrosine	S25
Aspartic acid	S25
Glycine	S25
12:0	S25
14:0	S25
22:1 undifferentiated	S25
Fiber, total dietary	S25
Pantothenic acid	S25
Tryptophan	S25
Proline	S25
10:0	S25
16:0	S25
20:1	S25
24:0	S25

NDB No. 11858 Squash, summer, crookneck and straightneck, cooked, boiled, drained, with salt

NDB No. 11858 Squash, summer, crookneck and straightneck, cooked, boiled, drained, with salt

Iron, Fe	S201, S183, S203, S12, S202, S5802
Magnesium, Mg	S201, S183, S203, S12, S202, S5802
Thiamin	S5802
Maltose	S5802
Calcium, Ca	S201, S183, S203, S12, S202, S5802
Manganese, Mn	S201, S183, S203, S12, S202, S5802
Folate, total	S5802
Fiber, total dietary	S5802
Vitamin C, total ascorbic acid	S5802
Niacin	S5802
Total lipid (fat)	S5802
Ash	S5802
Starch	S5802
Sugars, total	D3326
Phosphorus, P	S201, S183, S203, S12, S202, S5802
Potassium, K	S201, S183, S203, S12, S202, S5802
Galactose	S5802
Zinc, Zn	S201, S183, S203, S12, S202, S5802
Lactose	S5802
Selenium, Se	S183, S203, S12
Sucrose	D3321, S5802
Glucose (dextrose)	D3326, D3321, S5802
Copper, Cu	S201, S183, S203, S12, S202, S5802
Riboflavin	S5802
Pantothenic acid	S5802
Fructose	D3326, D3321, S5802
Water	D3326, S5802
Vitamin B-6	S5802
Vitamin K (phylloquinone)	D4002

NDB No. 11861 Squash, summer, zucchini, includes skin, cooked, boiled, drained, with salt

Magnesium, Mg	S5802
Phosphorus, P	S5802
Manganese, Mn	S5802
Ash	S5802
Copper, Cu	S5802

NDB No. 11861 Squash, summer, zucchini, includes skin, cooked, boiled, drained, with salt

Iron, Fe	S5802
Thiamin	S5802
Total lipid (fat)	S5802
Starch	S5802
Water	S5802
Fiber, total dietary	S5802
Vitamin C, total ascorbic acid	S5802
Vitamin B-6	S5802
Calcium, Ca	S5802
Riboflavin	S5802
Folate, total	S5802
Choline, total	S3461
Zinc, Zn	S5802
Niacin	S5802
Pantothenic acid	S5802
Vitamin K (phylloquinone)	D4048, D4002
Betaine	S3461
Potassium, K	S5802

NDB No. 11875 Sweet potato, cooked, baked in skin, with salt

Zinc, Zn	S7, S10, S201, S1062, S6, S183, S203, S11, S9, S12, S8, S202
Selenium, Se	S7, D4142, S10, S1062, S6, S183, S203, S11, S9, S12, S8
Tocopherol, gamma	S1062, S121
Vitamin B-6	S1062
Arginine	S1062
14:0	S1062
18:4	S1062
Fatty acids, total polyunsaturated	S1062
15:0	S1062
20:3 undifferentiated	S1062
Total lipid (fat)	S1062, S121
Iron, Fe	S7, S10, S201, S1062, S6, S183, S203, S11, S9, S12, S8, S202
Vitamin E (alpha-tocopherol)	S1062, S121
Riboflavin	S1062
Dihydrophylloquinone	S1062
12:0	S1062

NDB No. 11875 Sweet potato, cooked, baked in skin, with salt

16:0	S1062
18:0	S1062
17:0	S1062
Sugars, total	S606
Potassium, K	S7, S10, S201, S1062, S6, S183, S203, S11, S9, S12, S8, S202
Tocopherol, beta	S1062, S121
Vitamin K (phylloquinone)	D4002, S1062
Tryptophan	S1062
Threonine	S1062
Leucine	S1062
Phenylalanine	S1062
Valine	S1062
Glycine	S1062
10:0	S1062
22:0	S1062
22:1 undifferentiated	S1062
17:1	S1062
15:1	S1062
Lactose	S1062
Tocopherol, delta	S1062, S121
Niacin	S1062
Isoleucine	S1062
Lysine	S1062
Serine	S1062
8:0	S1062
18:3 undifferentiated	S1062
22:6 n-3 (DHA)	S1062
20:5 n-3 (EPA)	S1062
20:2 n-6 c,c	S1062
Ash	S1062
Glucose (dextrose)	D3335, S1062, S606
Vitamin C, total ascorbic acid	S1062
Thiamin	S1062
Pantothenic acid	S1062
Aspartic acid	S1062
Proline	S1062
Fatty acids, total saturated	S1062

NDB No. 11875 Sweet potato, cooked, baked in skin, with salt

18:1 undifferentiated	S1062
20:1	S1062
24:0	S1062
Sucrose	D3335, S1062, S606
Maltose	D3335, S1062, S606
Calcium, Ca	S7, S10, S201, S1062, S6, S183, S203, S11, S9, S12, S8, S202
Magnesium, Mg	S7, S10, S201, S1062, S6, S183, S203, S11, S9, S12, S8, S202
Folate, total	S1062
Glutamic acid	S1062
20:0	S1062
14:1	S1062
16:1 undifferentiated	S1062
Protein	S1062
Starch	S1062
Water	S1062, S606, S121
Fiber, total dietary	S1062
Manganese, Mn	S7, S10, S201, S1062, S6, S183, S203, S11, S9, S12, S8, S202
Methionine	S1062
Cystine	S1062
18:2 undifferentiated	S1062
Fatty acids, total monounsaturated	S1062
Fructose	D3335, S1062, S606
Phosphorus, P	S7, S10, S201, S1062, S6, S183, S203, S11, S9, S12, S8, S202
Copper, Cu	S7, S10, S201, S1062, S6, S183, S203, S11, S9, S12, S8, S202
Tyrosine	S1062
Histidine	S1062
Alanine	S1062
20:4 undifferentiated	S1062
22:5 n-3 (DPA)	S1062

NDB No. 11876 Sweet potato, cooked, boiled, without skin, with salt

Protein	S1062
Calcium, Ca	S1062
Magnesium, Mg	S1062
Manganese, Mn	S1062

NDB No. 11876 Sweet potato, cooked, boiled, without skin, with salt

Cryptoxanthin, beta	D3902
17:0	S1062
17:1	S1062
15:1	S1062
Starch	S1062
Sucrose	S1062
Zinc, Zn	S1062
Carotene, beta	D3891, D3902, D3852, D3846
Lycopene	D3902
Vitamin C, total ascorbic acid	S1062
Riboflavin	S1062
14:0	S1062
20:4 undifferentiated	S1062
24:0	S1062
Total lipid (fat)	S1062
Maltose	S1062
Potassium, K	S1062
Vitamin E (alpha-tocopherol)	S1062
Lutein + zeaxanthin	D3902
Tocopherol, delta	S1062
Thiamin	S1062
Dihydrophylloquinone	S1062
12:0	S1062
18:1 undifferentiated	S1062
Glucose (dextrose)	S1062
Fructose	S1062
Lactose	S1062
Iron, Fe	S1062
Phosphorus, P	S1062
Carotene, alpha	D3902
Niacin	S1062
18:2 undifferentiated	S1062
22:0	S1062
20:3 undifferentiated	S1062
Tocopherol, gamma	S1062
Pantothenic acid	S1062
Vitamin B-6	S1062

NDB No. 11876 Sweet potato, cooked, boiled, without skin, with salt

8:0	S1062
18:4	S1062
22:5 n-3 (DPA)	S1062
20:2 n-6 c,c	S1062
Selenium, Se	S1062
Tocopherol, beta	S1062
Vitamin K (phylloquinone)	S1062
22:6 n-3 (DHA)	S1062
20:1	S1062
20:5 n-3 (EPA)	S1062
22:1 undifferentiated	S1062
15:0	S1062
Ash	S1062
Fiber, total dietary	S1062
Folate, total	S1062
10:0	S1062
18:3 undifferentiated	S1062
14:1	S1062
16:1 undifferentiated	S1062
Water	S1062
Copper, Cu	S1062
16:0	S1062
18:0	S1062
20:0	S1062

NDB No. 11884 Tomatoes, red, ripe, cooked, with salt

Protein	S441
Sucrose	S441
Glucose (dextrose)	S441
Cryptoxanthin, beta	D3905, S441
Vitamin B-6	S441
Total lipid (fat)	S441
Fructose	S441
Maltose	S441
Water	S441
Potassium, K	S441

NDB No. 11884 Tomatoes, red, ripe, cooked, with salt

Carotene, beta	D3905, S441
Vitamin K (phylloquinone)	S441
Vitamin E (alpha-tocopherol)	S441
Tocopherol, gamma	S441
Ash	S441
Lactose	S441
Magnesium, Mg	S441
Zinc, Zn	S441
Manganese, Mn	S441
Carotene, alpha	D3905, S441
Lycopene	D3905, S441
Calcium, Ca	S441
Tocopherol, beta	S441
Tocopherol, delta	S441
Thiamin	S441
Niacin	S441
Dihydrophylloquinone	S441
Iron, Fe	S441
Riboflavin	S441
Phosphorus, P	S441
Copper, Cu	S441
Pantothenic acid	S441
Fiber, total dietary	S441
Lutein + zeaxanthin	D3905, S441

NDB No. 11885 Tomatoes, red, ripe, canned, packed in tomato juice, no salt added

Protein	S626, S27, S625, S641, S627
Calcium, Ca	S626, S201, S6, S625, S183, S203, S641, S202, S627
Copper, Cu	S201, S6, S183, S203, S202
Selenium, Se	S201, S6, S183, S203, S202
Tocopherol, beta	S27, S87
Pantothenic acid	S27
Threonine	S27
Tyrosine	S27
Aspartic acid	S27
Water	S626, S27, S625, S641, S627, S604

NDB No. 11885 Tomatoes, red, ripe, canned, packed in tomato juice, no salt added

Vitamin C, total ascorbic acid	S626, S27, S625, S641, S627
Leucine	S27
Methionine	S27
Valine	S27
Alanine	S27
Total lipid (fat)	S626, S27, S625, S641, S627, S87
Ash	S626, S27, S625, S641, S627
Sucrose	S27, S604
Galactose	S27
Fiber, total dietary	S626, S27, S625, S641, S627
Zinc, Zn	S201, S6, S183, S203, S202
Tocopherol, gamma	S27, S87
Tocopherol, delta	S27, S87
Riboflavin	S27
Niacin	S27
Magnesium, Mg	S201, S6, S183, S203, S202
Phosphorus, P	S201, S6, S183, S203, S202
Maltose	S27
Iron, Fe	S626, S201, S6, S625, S183, S203, S641, S202, S627
Potassium, K	S626, S201, S6, S183, S203, S202, S627
Manganese, Mn	S201, S6, S183, S203, S202
Isoleucine	S27
Cystine	S27
Arginine	S27
Histidine	S27
Serine	S27
Fluoride, F	D5301, D5007
Vitamin A, IU	S626, S625, S641, S627
Vitamin E (alpha-tocopherol)	S27, S87
Lysine	S27
Phenylalanine	S27
Glucose (dextrose)	S27, S604
Fructose	S27, S604
Lactose	S27
Sugars, total	S626, S27, S625, S641, S627
Vitamin B-6	S27
Glutamic acid	S27

NDB No. 11885 Tomatoes, red, ripe, canned, packed in tomato juice, no salt added

Tryptophan	S27
Glycine	S27
Proline	S27

NDB No. 11886 Tomato juice, canned, without salt added

Magnesium, Mg	S7, S10, S201, S6, S183, S203, S11, S9, S12, S8, S202
Phosphorus, P	S7, S10, S201, S6, S183, S203, S11, S9, S12, S8, S202
Vitamin K (phylloquinone)	D4002
Selenium, Se	S7, S10, S6, S183, S203, S11, S9, S12, S8, S202
Tocopherol, delta	S87
Fructose	D3302, D3315
Potassium, K	S7, S10, S201, S6, S183, S203, S11, S9, S12, S8, S202
Carotene, alpha	D3851
Vitamin E (alpha-tocopherol)	S87
Lycopene	D3851, S1381, D3890
Tocopherol, gamma	S87
Iron, Fe	S7, S10, S201, S6, S183, S203, S11, S9, S12, S8, S202
Copper, Cu	S7, S10, S201, S6, S183, S203, S11, S9, S12, S8, S202
Manganese, Mn	S7, S10, S201, S6, S183, S203, S11, S9, S12, S8, S202
Sucrose	D3315
Lutein + zeaxanthin	D3851
Total lipid (fat)	S87
Sugars, total	D3315
Carotene, beta	D3851
Calcium, Ca	S7, S10, S201, S6, S183, S203, S11, S9, S12, S8, S202
Glucose (dextrose)	D3302, D3315
Zinc, Zn	S7, S10, S201, S6, S183, S203, S11, S9, S12, S8, S202
Cryptoxanthin, beta	D3851
Tocopherol, beta	S87

NDB No. 11887 Tomato products, canned, paste, with salt added

Protein	S626, S5, S625, S21, S641, S627
Maltose	S21
Carotene, beta	S5, S21
Tocopherol, gamma	S81
Vitamin C, total ascorbic acid	S626, S5, S625, S21, S641, S627

NDB No. 11887 Tomato products, canned, paste, with salt added

Thiamin	S21
Histidine	S27, S503, S441
Glycine	S27, S503, S441
Total lipid (fat)	S626, S5, S625, S21, S641, S627
Ash	S626, S5, S625, S21, S641, S627
Sucrose	S21
Calcium, Ca	S626, S625, S21, S627
Iron, Fe	S626, S625, S21, S641, S627
Vitamin A, IU	S626, S625, S641, S627
Vitamin E (alpha-tocopherol)	S81
Threonine	S27, S503, S441, S21
Lysine	S27, S503, S441, S21
Phenylalanine	S27, S503, S21
Valine	S27, S503, S441
Starch	S21
Vitamin B-6	S21
Cystine	S27, S503, S441
Tyrosine	S27, S503, S441
Fatty acids, total saturated	S626, S627
Zinc, Zn	S21
Copper, Cu	S21
Selenium, Se	S21
Folate, total	S21
Isoleucine	S27, S503, S441
Aspartic acid	S27, S503, S441, S21
Water	S626, S5, S81, S625, S21, S641, S627
Niacin	S21
Dihydrophylloquinone	S21
Vitamin K (phylloquinone)	D4048, S21
16:0	S21
Fructose	S21
Manganese, Mn	S21
Tocopherol, beta	S81
Riboflavin	S21
Methionine	S27, S503, S441
Alanine	S27, S503, S441, S21
Glutamic acid	S27, S503, S441, S21

NDB No. 11887 Tomato products, canned, paste, with salt added

Glucose (dextrose)	S21
Sugars, total	S626, S5, S625, S641, S627
Fiber, total dietary	S626, S625, S21, S641, S627
Magnesium, Mg	S21
Phosphorus, P	S21
Lycopene	S21
Tocopherol, delta	S81
Tryptophan	S27, S503, S441
Leucine	S27, S503, S441, S21
Proline	S27, S503, S441
Potassium, K	S626, S21, S627
Carotene, alpha	S21
Cryptoxanthin, beta	S21
Lutein + zeaxanthin	S21
Pantothenic acid	S21
Arginine	S27, S503, S441
Serine	S27, S503, S441, S21
18:2 undifferentiated	S21

NDB No. 11888 Tomato products, canned, puree, with salt added

Cryptoxanthin, beta	S21
Niacin	S21
Water	S626, S625, S21, S641, S627
Fatty acids, total saturated	S626, S627
Fiber, total dietary	S626, S625, S21, S627
Carotene, beta	S21
Thiamin	S21
Protein	S626, S625, S21, S627
Phosphorus, P	S21
Vitamin A, IU	S626, S625, S641, S627
Lycopene	S21
Vitamin B-6	S21
Vitamin K (phylloquinone)	S21
Glutamic acid	S21
Glucose (dextrose)	S21
Fructose	S21

NDB No. 11888 Tomato products, canned, puree, with salt added

Iron, Fe	S626, S625, S21, S627
Potassium, K	S626, S625, S21, S627
Zinc, Zn	S21
Riboflavin	S21
Dihydrophylloquinone	S21
Calcium, Ca	S626, S625, S21, S627
Manganese, Mn	S21
Carotene, alpha	S21
Ash	S626, S625, S21, S627
Vitamin C, total ascorbic acid	S626, S625, S21, S641, S627
Total lipid (fat)	S626, S625, S21, S627
Magnesium, Mg	S21
Copper, Cu	S21
Lutein + zeaxanthin	S21
Aspartic acid	S21

NDB No. 11901 Corn, sweet, white, cooked, boiled, drained, without salt

Thiamin	S5802
Riboflavin	S5802
Pantothenic acid	S5802
Starch	S5802
Sucrose	S5802
Zinc, Zn	S5802
Iron, Fe	S5802
Copper, Cu	S5802
Manganese, Mn	S5802
Fructose	S5802
Magnesium, Mg	S5802
Total lipid (fat)	S5802
Glucose (dextrose)	S5802
Maltose	S5802
Calcium, Ca	S5802
Phosphorus, P	S5802
Sodium, Na	S5802
Folate, total	S5802
Folate, food	S5802

NDB No. 11901 Corn, sweet, white, cooked, boiled, drained, without salt

Lactose	S5802
Water	S5802
Vitamin C, total ascorbic acid	S5802
Vitamin B-6	S5802
Ash	S5802
Galactose	S5802
Potassium, K	S5802
Niacin	S5802

NDB No. 11902 Corn, sweet, white, cooked, boiled, drained, with salt

Phosphorus, P	S5802
Potassium, K	S5802
Manganese, Mn	S5802
Vitamin B-6	S5802
Starch	S5802
Folate, total	S5802
Lactose	S5802
Maltose	S5802
Water	S5802
Galactose	S5802
Sucrose	S5802
Glucose (dextrose)	S5802
Fructose	S5802
Calcium, Ca	S5802
Vitamin C, total ascorbic acid	S5802
Riboflavin	S5802
Total lipid (fat)	S5802
Ash	S5802
Copper, Cu	S5802
Pantothenic acid	S5802
Folate, food	S5802
Magnesium, Mg	S5802
Zinc, Zn	S5802
Iron, Fe	S5802
Thiamin	S5802
Niacin	S5802

NDB No. 11903 Corn, sweet, white, canned, whole kernel, regular pack, solids and liquids

Fluoride, F	D5007

NDB No. 11906 Corn, sweet, white, canned, cream style, regular pack

Fluoride, F	D5007

NDB No. 11910 Corn, sweet, white, frozen, kernels cut off cob, unprepared

Fluoride, F	D5021

NDB No. 11918 Peppers, sweet, red, frozen, chopped, cooked, boiled, drained, without salt

Arginine	S1062
Alanine	S1062
Lysine	S1062
Phenylalanine	S1062
Methionine	S1062
Tyrosine	S1062
Glycine	S1062
Leucine	S1062
Threonine	S1062
Cystine	S1062
Aspartic acid	S1062
Isoleucine	S1062
Histidine	S1062
Proline	S1062
Serine	S1062
Tryptophan	S1062
Valine	S1062
Glutamic acid	S1062

NDB No. 11919 Peppers, sweet, red, frozen, chopped, cooked, boiled, drained, with salt

Lysine	S1062
Histidine	S1062
Methionine	S1062
Tyrosine	S1062
Arginine	S1062

NDB No. 11919 Peppers, sweet, red, frozen, chopped, cooked, boiled, drained, with salt

Isoleucine	S1062
Cystine	S1062
Aspartic acid	S1062
Glutamic acid	S1062
Glycine	S1062
Proline	S1062
Threonine	S1062
Valine	S1062
Tryptophan	S1062
Leucine	S1062
Phenylalanine	S1062
Alanine	S1062
Serine	S1062

NDB No. 11921 Peppers, sweet, red, sauteed

Protein	S1062
Total lipid (fat)	S1062
Glucose (dextrose)	S1062
Carotene, beta	S1062
Folate, total	S1062
Dihydrophylloquinone	S1062
Tryptophan	S1062
Isoleucine	S1062
Histidine	S1062
14:1	S1062
16:1 undifferentiated	S1062
22:1 undifferentiated	S1062
22:5 n-3 (DPA)	S1062
Sucrose	S1062
Maltose	S1062
Phosphorus, P	S1062
Zinc, Zn	S1062
Carotene, alpha	S1062
Pantothenic acid	S1062
Choline, total	S1062
Leucine	S1062

NDB No. 11921 Peppers, sweet, red, sauteed

Methionine	S1062
Tyrosine	S1062
Arginine	S1062
8:0	S1062
18:1 undifferentiated	S1062
Fiber, total dietary	S1062
Potassium, K	S1062
Manganese, Mn	S1062
Cystine	S1062
12:0	S1062
16:0	S1062
20:0	S1062
Starch	S1062
Iron, Fe	S1062
Riboflavin	S1062
Vitamin K (phylloquinone)	S1062
Alanine	S1062
Aspartic acid	S1062
Proline	S1062
18:3 undifferentiated	S1062
Sodium, Na	S1062
Copper, Cu	S1062
Vitamin C, total ascorbic acid	S1062
Vitamin B-6	S1062
Phenylalanine	S1062
Valine	S1062
Glycine	S1062
20:1	S1062
Water	S1062
Magnesium, Mg	S1062
Vitamin E (alpha-tocopherol)	S1062
Niacin	S1062
Betaine	S1062
Serine	S1062
22:6 n-3 (DHA)	S1062
22:0	S1062
20:5 n-3 (EPA)	S1062

NDB No. 11921 Peppers, sweet, red, sauteed

17:0	S1062
20:3 undifferentiated	S1062
15:1	S1062
Ash	S1062
Fructose	S1062
Lactose	S1062
Calcium, Ca	S1062
Cryptoxanthin, beta	S1062
Lycopene	S1062
Tocopherol, gamma	S1062
Thiamin	S1062
Lysine	S1062
10:0	S1062
14:0	S1062
18:0	S1062
20:4 undifferentiated	S1062
18:4	S1062
15:0	S1062
24:0	S1062
20:2 n-6 c,c	S1062
Tocopherol, beta	S1062
Tocopherol, delta	S1062
Threonine	S1062
Glutamic acid	S1062
18:2 undifferentiated	S1062
17:1	S1062

NDB No. 11935 Catsup

Sodium, Na	S6, S5, S183, S203, S202, S22
Copper, Cu	S6, S183, S203, S202, S22
Manganese, Mn	S6, S183, S203, S202, S22
Carotene, beta	S22
Tocopherol, beta	S81
Protein	S5, S22
Glucose (dextrose)	S22
Fructose	S22

NDB No. 11935 Catsup

Zinc, Zn	S6, S183, S203, S202, S22
Carotene, alpha	S22
Niacin	S22
Ash	S5, S22
Maltose	S22
Calcium, Ca	S6, S183, S203, S202, S22
Fluoride, F	D5001, D5301, D5007, D5021
Folate, total	S22
Dihydrophylloquinone	S22
Energy	S5
Lactose	S22
Water	S5, S81, S22
Fiber, total dietary	S22
Magnesium, Mg	S6, S183, S203, S202, S22
Lycopene	S22
Betaine	S22, S3461
Potassium, K	S6, S183, S203, S202, S22
Total lipid (fat)	S5, S22
Carbohydrate, by difference	S5
Sucrose	S22
Iron, Fe	S6, S183, S203, S202, S22
Cryptoxanthin, beta	S22
Tocopherol, gamma	S81
Vitamin B-6	S22
Choline, total	S22, S3461
Pantothenic acid	S22
Phosphorus, P	S6, S183, S203, S202, S22
Selenium, Se	S6, S183, S22
Vitamin E (alpha-tocopherol)	S81
Lutein + zeaxanthin	S22
Tocopherol, delta	S81
Thiamin	S22
Riboflavin	S22

NDB No. 11937 Pickles, cucumber, dill or kosher dill

Protein	S3548

NDB No. 11937 Pickles, cucumber, dill or kosher dill

Sucrose	S3548
Maltose	S3548
Magnesium, Mg	S204, S3548, S6
Sodium, Na	S204, S3548, S6
Manganese, Mn	S204, S3548, S6
Thiamin	S3548
Glucose (dextrose)	S3548
Fructose	S3548, S604
Vitamin C, total ascorbic acid	S3548
Menaquinone-4	S3548
Betaine	S3548
Potassium, K	S204, S3548, S6
Iron, Fe	S204, S3548, S6
Selenium, Se	S204, S6
Dihydrophylloquinone	S3548
Ash	S3548
Water	D3764, S3548, S604
Calcium, Ca	S204, S3548, S6
Zinc, Zn	S204, S3548, S6
Pantothenic acid	S3548
Vitamin K (phylloquinone)	S3548
Fiber, total dietary	D3764, S3548
Riboflavin	S3548
Niacin	S3548
Total lipid (fat)	S3548
Lactose	S3548
Phosphorus, P	S204, S3548, S6
Copper, Cu	S204, S3548, S6
Choline, total	S3548
Vitamin B-6	S3548

NDB No. 11939 Mushrooms, portabella, exposed to ultraviolet light, grilled

Potassium, K	S6401, S2941
Vitamin D2 (ergocalciferol)	S6401
Riboflavin	S6401, S2941
Vitamin B-6	S6401, S2941

NDB No. 11939 Mushrooms, portabella, exposed to ultraviolet light, grilled

Dihydrophylloquinone	S2941
Betaine	S2941
Fatty acids, total saturated	S6401, S2941
12:0	S6401, S2941
Campesterol	S6401
18:2 t not further defined	S6401
20:2 n-6 c,c	S6401, S2941
18:2 n-6 c,c	S6401
Fatty acids, total trans-polyenoic	S6401
21:5	S2941
Protein	S6401, S2941
Ash	S6401, S2941
Glucose (dextrose)	S6401, S2941
Galactose	S6401, S2941
Tocopherol, gamma	S2941
Tocopherol, delta	S2941
Pantothenic acid	S6401, S2941
Arginine	S6401
Serine	S6401
Fatty acids, total trans	S6401
14:0	S6401, S2941
20:5 n-3 (EPA)	S6401, S2941
22:5 n-3 (DPA)	S6401, S2941
Fatty acids, total trans-monoenoic	S6401
Sodium, Na	S6401, S2941
Manganese, Mn	S6401, S2941
Vitamin C, total ascorbic acid	S2941
Menaquinone-4	S2941
Lysine	S6401
Methionine	S6401
Tyrosine	S6401
Valine	S6401
Histidine	S6401
Glutamic acid	S6401
8:0	S6401, S2941
18:4	S6401, S2941
Fatty acids, total	S6401, S2941

NDB No. 11939 Mushrooms, portabella, exposed to ultraviolet light, grilled

monounsaturated	
17:0	S6401, S2941
22:1 t	S6401
18:1 c	S6401
20:3 n-3	S6401
22:4	S6401, S2941
Total lipid (fat)	S6401, S2941
Sucrose	S6401, S2941
Maltose	S6401, S2941
Copper, Cu	S6401, S2941
Leucine	S6401
Aspartic acid	S6401
16:0	S6401, S2941
20:4 undifferentiated	S6401, S2941
Beta-sitosterol	S6401
15:0	S6401, S2941
16:1 c	S6401
18:3 n-6 c,c,c	S6401
Starch	S2941
Iron, Fe	S6401, S2941
Magnesium, Mg	S6401, S2941
Phosphorus, P	S6401, S2941
Vitamin K (phylloquinone)	S2941
Cystine	S6401
Alanine	S6401
18:1 undifferentiated	S6401, S2941
18:2 undifferentiated	S6401, S2941
14:1	S6401, S2941
16:1 undifferentiated	S6401, S2941
Stigmasterol	S6401
24:1 c	S6401, S2941
20:3 n-6	S6401
Fructose	S6401, S2941
Vitamin D	S6401
Vitamin D3 (cholecalciferol)	S6401
Tocopherol, beta	S2941
Tryptophan	S6401

NDB No. 11939 Mushrooms, portabella, exposed to ultraviolet light, grilled

18:0	S6401, S2941
22:6 n-3 (DHA)	S6401, S2941
20:1	S6401, S2941
22:1 undifferentiated	S6401, S2941
18:2 CLAs	S6401
Water	S6401, S2941
Zinc, Zn	S6401, S2941
Vitamin E (alpha-tocopherol)	S2941
Thiamin	S6401, S2941
Niacin	S6401, S2941
Choline, total	S2941
Threonine	S6401
Isoleucine	S6401
Phenylalanine	S6401
Glycine	S6401
Proline	S6401
10:0	S6401, S2941
18:3 undifferentiated	S6401, S2941
Fatty acids, total polyunsaturated	S6401, S2941
18:1 t	S6401
22:1 c	S6401
20:3 undifferentiated	S6401, S2941
18:3 n-3 c,c,c (ALA)	S6401
Lactose	S6401, S2941
Sugars, total	S6401, S2941
Fiber, total dietary	S6401, S2941
Calcium, Ca	S6401, S2941
Selenium, Se	S6401, S2941
Folate, total	S2941
6:0	S6401
20:0	S6401, S2941
22:0	S6401, S2941
24:0	S6401, S2941
16:1 t	S6401
17:1	S6401, S2941
15:1	S6401, S2941

NDB No. 11940 Pickles, cucumber, sweet (includes bread and butter pickles)

Total lipid (fat)	S3548, S5
Carbohydrate, by difference	S5
Water	S3548, S5
Zinc, Zn	S3548
Riboflavin	S3548
Niacin	S3548
Threonine	S1062
Lysine	S1062
Phenylalanine	S1062
Histidine	S1062
Magnesium, Mg	S3548
Choline, total	S3548
Valine	S1062
Alanine	S1062
Proline	S1062
Glucose (dextrose)	S3548
Calcium, Ca	S3548
Iron, Fe	S3548
Phosphorus, P	S3548
Potassium, K	S3548
Vitamin C, total ascorbic acid	S3548
Menaquinone-4	S3548
Vitamin K (phylloquinone)	S3548
Ash	S3548, S5
Manganese, Mn	S3548
Pantothenic acid	S3548
Glutamic acid	S1062
Glycine	S1062
Serine	S1062
Energy	S5
Isoleucine	S1062
Fructose	S3548
Lactose	S3548
Maltose	S3548
Sodium, Na	S3548, S5
Thiamin	S3548
Vitamin B-6	S3548

NDB No. 11940 Pickles, cucumber, sweet (includes bread and butter pickles)

Dihydrophylloquinone	S3548
Betaine	S3548
Tryptophan	S1062
Arginine	S1062
Protein	S3548, S5
Fiber, total dietary	S3548
Leucine	S1062
Methionine	S1062
Aspartic acid	S1062
Sucrose	S3548
Copper, Cu	S3548
Cystine	S1062
Tyrosine	S1062

NDB No. 11949 Catsup, low sodium

Total lipid (fat)	S5, S22
Glucose (dextrose)	S22
Phosphorus, P	S6, S183, S203, S202, S22
Copper, Cu	S6, S183, S203, S202, S22
Pantothenic acid	S22
Folate, total	S22
Energy	S5
Lactose	S22
Iron, Fe	S6, S183, S203, S202, S22
Potassium, K	S6, S183, S203, S202, S22
Protein	S5, S22
Carbohydrate, by difference	S5
Ash	S5, S22
Carotene, alpha	S22
Fructose	S22
Water	S5, S81, S22
Fiber, total dietary	S22
Calcium, Ca	S6, S183, S203, S202, S22
Manganese, Mn	S6, S183, S203, S202, S22
Thiamin	S22
Vitamin E (alpha-tocopherol)	S81

NDB No. 11949 Catsup, low sodium

Lycopene	S22
Niacin	S22
Vitamin B-6	S22
Magnesium, Mg	S6, S183, S203, S202, S22
Lutein + zeaxanthin	S22
Tocopherol, beta	S81
Tocopherol, gamma	S81
Tocopherol, delta	S81
Sucrose	S22
Cryptoxanthin, beta	S22
Riboflavin	S22
Dihydrophylloquinone	S22
Maltose	S22
Zinc, Zn	S6, S183, S203, S202, S22
Selenium, Se	S6, S183, S22

NDB No. 11950 Mushrooms, enoki, raw

Maltose	S2941
Tocopherol, beta	S2941
Pantothenic acid	S2941
8:0	S2941
18:0	S2941
20:0	S2941
20:5 n-3 (EPA)	S2941
22:1 undifferentiated	S2941
17:0	S2941
17:1	S2941
22:4	S2941
Fiber, total dietary	S2941, S2581
Vitamin C, total ascorbic acid	S2941
Folate, total	S6401, S2941
Menaquinone-4	S2941
Fatty acids, total saturated	S2941
18:1 undifferentiated	S2941
18:4	S2941
Campesterol	S6401, S2941

NDB No. 11950 Mushrooms, enoki, raw

Beta-sitosterol	S6401, S2941
Protein	S2941
Lactose	S2941
Magnesium, Mg	S2941
Zinc, Zn	S2941
Vitamin D	S6401
Betaine	S2941
16:0	S2941
18:2 undifferentiated	S2941
Fatty acids, total monounsaturated	S2941
Selenium, Se	S2941
Vitamin E (alpha-tocopherol)	S2941
Thiamin	S2941
Folate, food	S6401
10:0	S2941
20:4 undifferentiated	S2941
Fatty acids, total polyunsaturated	S2941
Starch	S2941
Sucrose	S2941
Water	S6401, S2941, S2581
Phosphorus, P	S2941
Choline, total	S2941
Vitamin K (phylloquinone)	S2941
14:0	S2941
22:0	S2941
14:1	S2941
Stigmasterol	S6401, S2941
15:1	S2941
Total lipid (fat)	S2941
Glucose (dextrose)	S2941
Manganese, Mn	S2941
Vitamin D3 (cholecalciferol)	S6401
Niacin	S2941
12:0	S2941
24:1 c	S2941
21:5	S2941
Ash	S2941

NDB No. 11950 Mushrooms, enoki, raw

Fructose	S2941
Galactose	S2941
Iron, Fe	S2941
Potassium, K	S2941
Tocopherol, gamma	S2941
Tocopherol, delta	S2941
Vitamin B-6	S2941
Dihydrophylloquinone	S2941
18:3 undifferentiated	S2941
22:6 n-3 (DHA)	S2941
20:1	S2941
22:5 n-3 (DPA)	S2941
20:2 n-6 c,c	S2941
Sugars, total	S2941
Calcium, Ca	S2941
Sodium, Na	S2941
Copper, Cu	S2941
Vitamin D2 (ergocalciferol)	S6401
Riboflavin	S2941
16:1 undifferentiated	S2941
15:0	S2941
24:0	S2941
20:3 undifferentiated	S2941
13:0	S2941

NDB No. 11951 Peppers, sweet, yellow, raw

Carotene, beta	D3912

NDB No. 11960 Carrots, baby, raw

Maltose	S562
Iron, Fe	S562, S481
Vitamin C, total ascorbic acid	S562, S481
Folate, total	S562, S481
Fructose	S562
Magnesium, Mg	S562, S481
Phosphorus, P	S562, S481

NDB No. 11960 Carrots, baby, raw

Manganese, Mn	S562, S481
Vitamin B-6	S562, S481
Ash	S562, S481
Glucose (dextrose)	S562
Water	S562, S481
Carotene, alpha	D3900
Pantothenic acid	S562, S481
Vitamin K (phylloquinone)	S562, S481
Betaine	S481
Protein	S562, S481
Lactose	S562
Galactose	S562
Fiber, total dietary	S562, S481
Calcium, Ca	S562, S481
Zinc, Zn	S562, S481
Total lipid (fat)	S562, S481
Copper, Cu	S562, S481
Selenium, Se	S562, S481
Thiamin	S562, S481
Niacin	S562, S481
Dihydrophylloquinone	S562, S481
Starch	S562
Sugars, total	S562
Potassium, K	S562, S481
Carotene, beta	D3900
Sodium, Na	S562, S481
Riboflavin	S562, S481
Choline, total	S481
Sucrose	S562

NDB No. 11963 Nopales, raw

Vitamin C, total ascorbic acid	S405
Thiamin	S405
Protein	S405
Phosphorus, P	S405
Vitamin B-6	S405

NDB No. 11963 Nopales, raw

Riboflavin	S405
Pantothenic acid	S405
Total lipid (fat)	S405
Water	S405
Magnesium, Mg	S405
Potassium, K	S405
Manganese, Mn	S405
Folate, total	S405
Ash	S405
Fiber, total dietary	S405
Sodium, Na	S405
Zinc, Zn	S405
Copper, Cu	S405
Carotene, beta	S405
Carotene, alpha	S405
Calcium, Ca	S405
Iron, Fe	S405
Niacin	S405

NDB No. 11965 Cauliflower, green, raw

Ash	S616
Water	S616
Pantothenic acid	S616
Magnesium, Mg	S616
Sodium, Na	S616
Copper, Cu	S616
Total lipid (fat)	S616
Potassium, K	S616
Vitamin B-6	S616
Zinc, Zn	S616
Thiamin	S616
Vitamin C, total ascorbic acid	S616
Calcium, Ca	S616
Iron, Fe	S616
Manganese, Mn	S616
Riboflavin	S616

NDB No. 11965 Cauliflower, green, raw

Protein	S616
Phosphorus, P	S616
Carotene, beta	S616
Niacin	S616
Folate, total	S616

NDB No. 11970 Cabbage, napa, cooked

Carotene, beta	S1202
Carotene, alpha	S1202
Cryptoxanthin, beta	S1202

NDB No. 11972 Lemon grass (citronella), raw

Carotene, alpha	S1202
Carotene, beta	S1202
Cryptoxanthin, beta	S1202

NDB No. 11973 Beans, fava, in pod, raw

Carotene, beta	S1202
Carotene, alpha	S1202
Cryptoxanthin, beta	S1202

NDB No. 11975 Grape leaves, canned

Carotene, alpha	S1202
Carotene, beta	S1202
Cryptoxanthin, beta	S1202

NDB No. 11976 Pepper, banana, raw

Carotene, beta	S1202
Cryptoxanthin, beta	S1202
Carotene, alpha	S1202

NDB No. 11979 Peppers, jalapeno, raw

Water	S6441

NDB No. 11979 Peppers, jalapeno, raw

Fiber, total dietary	S6441
Cryptoxanthin, beta	S6441
Vitamin C, total ascorbic acid	S6441
Fatty acids, total trans	S6441
Fatty acids, total saturated	S6441
14:0	S6441
18:2 undifferentiated	S6441
22:6 n-3 (DHA)	S6441
20:1	S6441
20:5 n-3 (EPA)	S6441
Fatty acids, total polyunsaturated	S6441
16:1 t	S6441
18:2 n-6 c,c	S6441
22:4	S6441
Lactose	S6441
Galactose	S6441
Zinc, Zn	S6441
Vitamin K (phylloquinone)	S6441
14:1	S6441
22:5 n-3 (DPA)	S6441
15:0	S6441
22:1 c	S6441
Calcium, Ca	S6441
Sodium, Na	S6441
Selenium, Se	S6441
10:0	S6441
22:1 undifferentiated	S6441
17:0	S6441
18:2 t not further defined	S6441
18:2 CLAs	S6441
Fatty acids, total trans-polyenoic	S6441
15:1	S6441
Total lipid (fat)	S6441
Sucrose	S6441
Fructose	S6441
Phosphorus, P	S6441
Potassium, K	S6441

NDB No. 11979 Peppers, jalapeno, raw

Vitamin E (alpha-tocopherol)	S6441
Lutein + zeaxanthin	S6441
Pantothenic acid	S6441
Fatty acids, total monounsaturated	S6441
20:3 n-3	S6441
Glucose (dextrose)	S6441
Maltose	S6441
Sugars, total	S6441
Iron, Fe	S6441
Magnesium, Mg	S6441
Copper, Cu	S6441
Carotene, alpha	S6441
6:0	S6441
16:1 undifferentiated	S6441
24:1 c	S6441
20:2 n-6 c,c	S6441
18:1 c	S6441
20:3 undifferentiated	S6441
Protein	S6441
Manganese, Mn	S6441
8:0	S6441
17:1	S6441
20:3 n-6	S6441
Riboflavin	S6441
Niacin	S6441
Folate, total	S6441
4:0	S6441
12:0	S6441
16:0	S6441
20:0	S6441
20:4 undifferentiated	S6441
22:0	S6441
18:4	S6441
16:1 c	S6441
18:3 n-3 c,c,c (ALA)	S6441
Ash	S6441
Carotene, beta	S6441

NDB No. 11979 Peppers, jalapeno, raw

Lycopene	S6441
Tocopherol, beta	S6441
Tocopherol, gamma	S6441
Tocopherol, delta	S6441
Thiamin	S6441
Vitamin B-6	S6441
Folate, food	S6441
18:0	S6441
18:1 undifferentiated	S6441
18:3 undifferentiated	S6441
24:0	S6441
18:1 t	S6441
22:1 t	S6441
18:3 n-6 c,c,c	S6441
Fatty acids, total trans-monoenoic	S6441

NDB No. 11987 Mushrooms, oyster, raw

Sucrose	S2941
Galactose	S2941
Fiber, total dietary	S1202, S2941
Riboflavin	S1202, S2941
Tryptophan	S2941
Lysine	S2941
Phenylalanine	S2941
Aspartic acid	S2941
20:4 undifferentiated	S2941
22:0	S2941
18:4	S2941
20:1	S2941
22:1 undifferentiated	S2941
Campesterol	S6401, S2941
Fatty acids, total polyunsaturated	S2941
Ash	S1202, S2941
Starch	S2941
Magnesium, Mg	S1202, S2941
Copper, Cu	S1202, S2941

NDB No. 11987 Mushrooms, oyster, raw

Manganese, Mn	S1202, S2941
Carotene, beta	S1202
Vitamin D2 (ergocalciferol)	S6401
Thiamin	S1202, S2941
Folate, total	S1202, S6401, S2941
Vitamin K (phylloquinone)	S2941
Glutamic acid	S2941
Proline	S2941
14:0	S2941
Beta-sitosterol	S6401, S2941
Water	S1202, S6401, S2941
Potassium, K	S1202, S2941
Sodium, Na	S1202, S2941
Vitamin E (alpha-tocopherol)	S2941
Tocopherol, gamma	S2941
Tocopherol, delta	S2941
Vitamin C, total ascorbic acid	S2941
Niacin	S1202, S2941
Arginine	S2941
18:3 undifferentiated	S2941
15:1	S2941
Total lipid (fat)	S1202, S2941
Glucose (dextrose)	S2941
Lactose	S2941
Phosphorus, P	S1202, S2941
Pantothenic acid	S1202, S2941
Valine	S2941
Fatty acids, total saturated	S2941
18:1 undifferentiated	S2941
20:2 n-6 c,c	S2941
20:3 undifferentiated	S2941
22:4	S2941
Protein	S1202, S2941
Calcium, Ca	S1202, S2941
Zinc, Zn	S1202, S2941
Selenium, Se	S2941
Tocopherol, beta	S2941

NDB No. 11987 Mushrooms, oyster, raw

Menaquinone-4	S2941
Betaine	S2941
Leucine	S2941
Serine	S2941
12:0	S2941
18:0	S2941
20:5 n-3 (EPA)	S2941
22:5 n-3 (DPA)	S2941
24:0	S2941
21:5	S2941
Vitamin D	S6401
Vitamin B-6	S1202, S2941
Choline, total	S2941
Dihydrophylloquinone	S2941
Folate, food	S6401
Methionine	S2941
Cystine	S2941
Tyrosine	S2941
Histidine	S2941
Glycine	S2941
18:2 undifferentiated	S2941
16:1 undifferentiated	S2941
15:0	S2941
17:0	S2941
24:1 c	S2941
17:1	S2941
Fructose	S2941
Sugars, total	S2941
Isoleucine	S2941
14:1	S2941
Stigmasterol	S6401, S2941
Maltose	S2941
Iron, Fe	S1202, S2941
Vitamin D3 (cholecalciferol)	S6401
Threonine	S2941
Alanine	S2941
8:0	S2941

NDB No. 11987 Mushrooms, oyster, raw

10:0	S2941
16:0	S2941
20:0	S2941
22:6 n-3 (DHA)	S2941
Fatty acids, total monounsaturated	S2941

NDB No. 11989 Mushrooms, straw, canned, drained solids

Cryptoxanthin, beta	S1202
Carotene, beta	S1202
Carotene, alpha	S1202

NDB No. 11990 Wasabi, root, raw

Magnesium, Mg	S1202
Cryptoxanthin, beta	S1202
Ash	S1202
Water	S1202
Phosphorus, P	S1202
Manganese, Mn	S1202
Carotene, alpha	S1202
Niacin	S1202
Folate, total	S1202
Calcium, Ca	S1202
Sodium, Na	S1202
Copper, Cu	S1202
Vitamin C, total ascorbic acid	S1202
Riboflavin	S1202
Iron, Fe	S1202
Potassium, K	S1202
Protein	S1202
Total lipid (fat)	S1202
Fiber, total dietary	S1202
Pantothenic acid	S1202
Vitamin B-6	S1202
Zinc, Zn	S1202
Carotene, beta	S1202

NDB No. 11990 Wasabi, root, raw

Thiamin	S1202

NDB No. 11991 Yautia (tannier), raw

Copper, Cu	S1202
Manganese, Mn	S1202
Pantothenic acid	S1202
Carotene, alpha	S1202
Riboflavin	S1202
Phosphorus, P	S1202
Niacin	S1202
Folate, total	S1202
Calcium, Ca	S1202
Magnesium, Mg	S1202
Vitamin C, total ascorbic acid	S1202
Protein	S1202
Water	S1202
Fiber, total dietary	S1202
Zinc, Zn	S1202
Cryptoxanthin, beta	S1202
Iron, Fe	S1202
Ash	S1202
Potassium, K	S1202
Sodium, Na	S1202
Carotene, beta	S1202
Vitamin B-6	S1202
Total lipid (fat)	S1202
Thiamin	S1202

NDB No. 11992 Mushrooms, white, microwaved

Niacin	S2941
Tryptophan	S2941
Methionine	S2941
Serine	S2941
14:0	S2941
18:4	S2941
22:4	S2941

NDB No. 11992 Mushrooms, white, microwaved

Glucose (dextrose)	S2941
Fiber, total dietary	S2941
Calcium, Ca	S2941
Tocopherol, gamma	S2941
Thiamin	S2941
Menaquinone-4	S2941
Leucine	S2941
Phenylalanine	S2941
Arginine	S2941
16:0	S2941
18:1 undifferentiated	S2941
22:1 undifferentiated	S2941
Fatty acids, total monounsaturated	S2941
24:0	S2941
Protein	S2941
Galactose	S2941
Iron, Fe	S2941
Manganese, Mn	S2941
Vitamin C, total ascorbic acid	S2941
Vitamin B-6	S2941
Dihydrophylloquinone	S2941
Vitamin K (phylloquinone)	S2941
Betaine	S2941
18:0	S2941
18:3 undifferentiated	S2941
20:5 n-3 (EPA)	S2941
17:1	S2941
Water	S2941
Phosphorus, P	S2941
Potassium, K	S2941
Tocopherol, beta	S2941
Pantothenic acid	S2941
Choline, total	S2941
Threonine	S2941
Isoleucine	S2941
Tyrosine	S2941
Valine	S2941

NDB No. 11992 Mushrooms, white, microwaved

22:6 n-3 (DHA)	S2941
22:0	S2941
Lactose	S2941
Maltose	S2941
Selenium, Se	S2941
Aspartic acid	S2941
Glutamic acid	S2941
Glycine	S2941
Proline	S2941
10:0	S2941
12:0	S2941
18:2 undifferentiated	S2941
20:4 undifferentiated	S2941
24:1 c	S2941
21:5	S2941
Ash	S2941
Copper, Cu	S2941
Lysine	S2941
20:0	S2941
14:1	S2941
Fatty acids, total polyunsaturated	S2941
15:0	S2941
17:0	S2941
Fructose	S2941
Magnesium, Mg	S2941
Sodium, Na	S2941
Zinc, Zn	S2941
Vitamin E (alpha-tocopherol)	S2941
Folate, total	S2941
20:1	S2941
22:5 n-3 (DPA)	S2941
20:2 n-6 c,c	S2941
Total lipid (fat)	S2941
Starch	S2941
Sucrose	S2941
Sugars, total	S2941
Tocopherol, delta	S2941

NDB No. 11992 Mushrooms, white, microwaved

Riboflavin	S2941
Cystine	S2941
Histidine	S2941
Alanine	S2941
Fatty acids, total saturated	S2941
8:0	S2941
16:1 undifferentiated	S2941
20:3 undifferentiated	S2941
15:1	S2941

NDB No. 11993 Mushrooms, maitake, raw

Total lipid (fat)	S2941
Sugars, total	S2941
Calcium, Ca	S2941
Menaquinone-4	S2941
Vitamin K (phylloquinone)	S2941
Lysine	S2941
Arginine	S2941
12:0	S2941
18:1 undifferentiated	S2941
20:4 undifferentiated	S2941
14:1	S2941
20:5 n-3 (EPA)	S2941
22:5 n-3 (DPA)	S2941
24:1 c	S2941
15:1	S2941
Protein	S2941
Ash	S2941
Fiber, total dietary	S2941
Potassium, K	S2941
Vitamin E (alpha-tocopherol)	S2941
Niacin	S2941
Choline, total	S2941
Tyrosine	S2941
10:0	S2941
18:0	S2941

NDB No. 11993 Mushrooms, maitake, raw

20:0	S2941
20:1	S2941
Beta-sitosterol	S6401, S2941
17:1	S2941
Starch	S2941
Lactose	S2941
Water	S6401, S2941
Tocopherol, gamma	S2941
Thiamin	S2941
Histidine	S2941
16:1 undifferentiated	S2941
Campesterol	S6401, S2941
Fatty acids, total monounsaturated	S2941
Glucose (dextrose)	S2941
Manganese, Mn	S2941
Vitamin D	S6401
Vitamin D3 (cholecalciferol)	S6401
Riboflavin	S2941
Vitamin B-6	S2941
Tryptophan	S2941
Threonine	S2941
Methionine	S2941
Cystine	S2941
Phenylalanine	S2941
Valine	S2941
Aspartic acid	S2941
Serine	S2941
16:0	S2941
Stigmasterol	S6401, S2941
Phosphorus, P	S2941
Sodium, Na	S2941
Pantothenic acid	S2941
Folate, total	S6401, S2941
Dihydrophylloquinone	S2941
Folate, food	S6401
Isoleucine	S2941
18:2 undifferentiated	S2941

NDB No. 11993 Mushrooms, maitake, raw

18:3 undifferentiated	S2941
15:0	S2941
17:0	S2941
24:0	S2941
20:3 undifferentiated	S2941
Fructose	S2941
Maltose	S2941
Galactose	S2941
Iron, Fe	S2941
Tocopherol, beta	S2941
Alanine	S2941
Glutamic acid	S2941
Fatty acids, total saturated	S2941
20:2 n-6 c,c	S2941
22:4	S2941
Sucrose	S2941
Zinc, Zn	S2941
Copper, Cu	S2941
Vitamin D2 (ergocalciferol)	S6401
Tocopherol, delta	S2941
Vitamin C, total ascorbic acid	S2941
Glycine	S2941
14:0	S2941
22:0	S2941
18:4	S2941
Fatty acids, total polyunsaturated	S2941
13:0	S2941
Magnesium, Mg	S2941
Selenium, Se	S2941
Leucine	S2941
Proline	S2941
8:0	S2941
22:6 n-3 (DHA)	S2941
22:1 undifferentiated	S2941
21:5	S2941

NDB No. 11995 Fiddlehead ferns, raw

Carotene, alpha	D3886, D3885
Carotene, beta	D3886, D3885

NDB No. 11996 Fiddlehead ferns, frozen, unprepared

Carotene, beta	D3886
Carotene, alpha	D3886

NDB No. 11998 Mushrooms, portabella, exposed to ultraviolet light, raw

Water	S6401
Iron, Fe	S6401
Magnesium, Mg	S6401
Zinc, Zn	S6401
Vitamin B-6	S6401
Cystine	S6401
Proline	S6401
16:1 t	S6401
18:2 CLAs	S6401
Fatty acids, total trans-monoenoic	S6401
20:3 n-3	S6401
Copper, Cu	S6401
Vitamin E (alpha-tocopherol)	S2941
Niacin	S6401
Pantothenic acid	S6401
Threonine	S6401
Phenylalanine	S6401
Valine	S6401
Fatty acids, total saturated	S6401
Beta-sitosterol	S6401, S2941
24:1 c	S6401
15:1	S6401
18:3 n-3 c,c,c (ALA)	S6401
Glucose (dextrose)	S6401
Galactose	S6401
Calcium, Ca	S6401
Sodium, Na	S6401

NDB No. 11998 Mushrooms, portabella, exposed to ultraviolet light, raw

Thiamin	S6401
Choline, total	S2941
Betaine	S2941
Lysine	S6401
Alanine	S6401
14:1	S6401
22:1 t	S6401
16:1 c	S6401
18:3 n-6 c,c,c	S6401
Protein	S6401
Ash	S6401
Potassium, K	S6401
Vitamin D	S6401
Vitamin D3 (cholecalciferol)	S6401
Tocopherol, beta	S2941
Riboflavin	S6401
Folate, total	S6401
Folate, food	S6401
Tryptophan	S6401
Campesterol	S6401, S2941
24:0	S6401
18:2 t not further defined	S6401
18:2 n-6 c,c	S6401
22:1 c	S6401
22:4	S6401
Sugars, total	S6401
Phosphorus, P	S6401
Selenium, Se	S6401
Vitamin D2 (ergocalciferol)	S6401
Vitamin K (phylloquinone)	S2941
Glutamic acid	S6401
Glycine	S6401
Fatty acids, total trans	S6401
17:0	S6401
20:3 undifferentiated	S6401
Lactose	S6401
Fiber, total dietary	S6401

NDB No. 11998 Mushrooms, portabella, exposed to ultraviolet light, raw

Manganese, Mn	S6401
Tocopherol, gamma	S2941
Tocopherol, delta	S2941
Dihydrophylloquinone	S2941
Isoleucine	S6401
Methionine	S6401
Tyrosine	S6401
Histidine	S6401
Serine	S6401
18:1 t	S6401
20:3 n-6	S6401
Total lipid (fat)	S6401
Maltose	S6401
Leucine	S6401
20:0	S6401
22:0	S6401
Stigmasterol	S6401, S2941
15:0	S6401
20:2 n-6 c,c	S6401
Fatty acids, total trans-polyenoic	S6401
Sucrose	S6401
Fructose	S6401
Menaquinone-4	S2941
Arginine	S6401
Aspartic acid	S6401
Fatty acids, total monounsaturated	S6401
Fatty acids, total polyunsaturated	S6401
18:1 c	S6401
17:1	S6401

NDB No. 12006 Seeds, chia seeds, dried

Total lipid (fat)	D4862, D4821, D4822, D4861, S1783
Potassium, K	S1783
Tyrosine	D4822, D4861
Arginine	S1782, D4822, D4861
Aspartic acid	S1782, D4822, D4861

NDB No. 12006 Seeds, chia seeds, dried

Glutamic acid	D4822, D4861
Protein	D4862, D4822, D4861, S1783
Calcium, Ca	D4862, S1783
Zinc, Zn	S1783
Copper, Cu	S1783
Valine	S1782, D4822, D4861
Proline	D4861
16:0	D4862, D4821, D4861, S1783
18:1 undifferentiated	D4862, D4821, D4861, S1783
Water	D4822, S1783
Phosphorus, P	D4862, S1783
Methionine	S1782, D4822, D4861
Cystine	S1782, D4822, D4861
Glycine	S1782, D4822, D4861
18:3 undifferentiated	D4862, D4821, D4861, S1783
Threonine	S1782, D4822, D4861
Lysine	S1782, D4822, D4861
Alanine	S1782, D4822, D4861
22:0	D4862
Ash	D4822, S1783
Manganese, Mn	S1783
Leucine	S1782, D4822, D4861
Histidine	S1782, D4822, D4861
18:0	D4862, D4821, D4861, S1783
20:0	D4862, S1783
20:1	D4862, S1783
17:0	D4862
17:1	D4862
14:0	S1783
14:1	S1783
Sodium, Na	S1783
Isoleucine	S1782, D4822, D4861
Phenylalanine	S1782, D4822, D4861
Serine	S1782, D4822, D4861
18:2 undifferentiated	D4862, D4821, D4861, S1783
Fiber, total dietary	D4822
Tryptophan	S1782

NDB No. 12006 Seeds, chia seeds, dried

16:1 undifferentiated	D4862, S1783
15:0	S1783

NDB No. 12014 Seeds, pumpkin and squash seed kernels, dried

Potassium, K	S4921
Copper, Cu	S4921
Vitamin A, RAE	S4921
Pantothenic acid	S4921
Vitamin B-6	S4921
Menaquinone-4	S4921
Fatty acids, total saturated	S4921
6:0	S4921
10:0	S4921
18:1 undifferentiated	S4921
18:2 undifferentiated	S4921
20:5 n-3 (EPA)	S4921
22:5 n-3 (DPA)	S4921
Fatty acids, total polyunsaturated	S4921
15:0	S4921
22:1 t	S4921
22:4	S4921
Protein	S4921
Ash	S4921
Lactose	S4921
Galactose	S4921
Carotene, alpha	S4921
Tocopherol, beta	S4921
Tryptophan	S4921
Methionine	S4921
Phenylalanine	S4921
Arginine	S4921
4:0	S4921
18:0	S4921
20:4 undifferentiated	S4921
Total lipid (fat)	S4921
Carotene, beta	S4921

NDB No. 12014 Seeds, pumpkin and squash seed kernels, dried

Riboflavin	S4921
Niacin	S4921
Leucine	S4921
16:1 undifferentiated	S4921
18:4	S4921
18:2 CLAs	S4921
24:1 c	S4921
20:3 n-3	S4921
Fructose	S4921
Maltose	S4921
Sugars, total	S4921
Iron, Fe	S4921
Magnesium, Mg	S4921
Cryptoxanthin, beta	S4921
Lutein + zeaxanthin	S4921
Thiamin	S4921
Threonine	S4921
Alanine	S4921
Serine	S4921
16:0	S4921
22:0	S4921
24:0	S4921
20:3 undifferentiated	S4921
Fatty acids, total trans-monoenoic	S4921
Fatty acids, total trans-polyenoic	S4921
Starch	S4921
Fiber, total dietary	S4921
Sodium, Na	S4921
Zinc, Zn	S4921
Vitamin E (alpha-tocopherol)	S4921
Lycopene	S4921
Vitamin K (phylloquinone)	S4921
Valine	S4921
Aspartic acid	S4921
Glycine	S4921
18:3 undifferentiated	S4921
22:6 n-3 (DHA)	S4921

NDB No. 12014 Seeds, pumpkin and squash seed kernels, dried

14:1	S4921
22:1 undifferentiated	S4921
Calcium, Ca	S4921
Phosphorus, P	S4921
Selenium, Se	S4921
Vitamin A, IU	S4921
Tocopherol, delta	S4921
Isoleucine	S4921
Proline	S4921
Fatty acids, total trans	S4921
12:0	S4921
18:2 t not further defined	S4921
20:2 n-6 c,c	S4921
16:1 c	S4921
18:1 c	S4921
17:1	S4921
15:1	S4921
Water	S4921
Dihydrophylloquinone	S4921
Lysine	S4921
Histidine	S4921
Glutamic acid	S4921
17:0	S4921
22:1 c	S4921
18:3 n-6 c,c,c	S4921
18:3 n-3 c,c,c (ALA)	S4921
20:3 n-6	S4921
Sucrose	S4921
Glucose (dextrose)	S4921
Manganese, Mn	S4921
Tocopherol, gamma	S4921
Cystine	S4921
Tyrosine	S4921
8:0	S4921
14:0	S4921
20:0	S4921
20:1	S4921

NDB No. 12014 Seeds, pumpkin and squash seed kernels, dried

Fatty acids, total monounsaturated	S4921
16:1 t	S4921
18:1 t	S4921
18:2 n-6 c,c	S4921

NDB No. 12016 Seeds, pumpkin and squash seed kernels, roasted, without salt

Total lipid (fat)	S4921
Sugars, total	S4921
Fiber, total dietary	S4921
Copper, Cu	S4921, S5804
Manganese, Mn	S4921, S5804
Carotene, beta	S4921
Thiamin	S4921
Menaquinone-4	S4921
12:0	S4921
20:0	S4921
15:0	S4921
17:0	S4921
20:3 undifferentiated	S4921
Lactose	S4921
Water	S4921
Phosphorus, P	S4921, S5804
Zinc, Zn	S4921, S5804
Pantothenic acid	S4921
Vitamin K (phylloquinone)	S4921
Betaine	S4001
Proline	S4921
14:1	S4921
24:0	S4921
16:1 t	S4921
18:2 t not further defined	S4921
24:1 c	S4921
Fatty acids, total trans-polyenoic	S4921
20:3 n-6	S4921
22:4	S4921
Glucose (dextrose)	S4921

NDB No. 12016 Seeds, pumpkin and squash seed kernels, roasted, without salt

Calcium, Ca	S4921, S5804
Carotene, alpha	S4921
Lutein + zeaxanthin	S4921
Niacin	S4921
Choline, total	S4001
Cystine	S4921
Valine	S4921
Glycine	S4921
Fatty acids, total trans	S4921
14:0	S4921
18:0	S4921
18:1 undifferentiated	S4921
18:2 undifferentiated	S4921
20:5 n-3 (EPA)	S4921
18:1 t	S4921
18:2 CLAs	S4921
18:2 n-6 c,c	S4921
17:1	S4921
Galactose	S4921
Vitamin A, IU	S4921
Lycopene	S4921
Riboflavin	S4921
Vitamin B-6	S4921
Dihydrophylloquinone	S4921
Tryptophan	S4921
Arginine	S4921
Histidine	S4921
Serine	S4921
16:0	S4921
18:3 undifferentiated	S4921
16:1 undifferentiated	S4921
18:4	S4921
22:1 undifferentiated	S4921
Stigmasterol	D6321
Fatty acids, total monounsaturated	S4921
Fatty acids, total polyunsaturated	S4921
20:2 n-6 c,c	S4921

NDB No. 12016 Seeds, pumpkin and squash seed kernels, roasted, without salt

16:1 c	S4921
Protein	S4921
Sucrose	S4921
Fructose	S4921
Maltose	S4921
Vitamin A, RAE	S4921
Threonine	S4921
Tyrosine	S4921
Fatty acids, total saturated	S4921
8:0	S4921
Beta-sitosterol	D6321
22:1 t	S4921
18:1 c	S4921
Fatty acids, total trans-monoenoic	S4921
18:3 n-3 c,c,c (ALA)	S4921
Tocopherol, beta	S4921
Lysine	S4921
Phenylalanine	S4921
Alanine	S4921
6:0	S4921
10:0	S4921
Campesterol	D6321
15:1	S4921
20:3 n-3	S4921
Starch	S4921
Iron, Fe	S4921, S5804
Tocopherol, gamma	S4921
Methionine	S4921
Aspartic acid	S4921
22:6 n-3 (DHA)	S4921
20:1	S4921
22:5 n-3 (DPA)	S4921
18:3 n-6 c,c,c	S4921
Magnesium, Mg	S4921, S5804
Potassium, K	S4921, S5804
Vitamin E (alpha-tocopherol)	S4921
Cryptoxanthin, beta	S4921

NDB No. 12016 Seeds, pumpkin and squash seed kernels, roasted, without salt

Tocopherol, delta	S4921
Isoleucine	S4921
Leucine	S4921
Glutamic acid	S4921
4:0	S4921
20:4 undifferentiated	S4921
22:0	S4921
22:1 c	S4921

NDB No. 12023 Seeds, sesame seeds, whole, dried

Sugars, total	S606
Selenium, Se	S1164, D7321, D7282, D7261, D7301

NDB No. 12036 Seeds, sunflower seed kernels, dried

Ash	S3553
Copper, Cu	S3553
Manganese, Mn	S3553
20:1	S3553
22:5 n-3 (DPA)	S3553
17:0	S3553
20:2 n-6 c,c	S3553
15:1	S3553
Menaquinone-4	S3553
18:0	S3553
20:0	S3553
22:0	S3553
21:5	S3553
Protein	S3553
Total lipid (fat)	S3553
Sucrose	S604
Potassium, K	S3553
Riboflavin	S3553
Vitamin B-6	S3553
Choline, total	S3553
20:4 undifferentiated	S3553
Fatty acids, total polyunsaturated	S3553

NDB No. 12036 Seeds, sunflower seed kernels, dried

24:0	S3553
22:4	S3553
Iron, Fe	S3553
Phosphorus, P	S3553
Niacin	S3553
Dihydrophylloquinone	S3553
Vitamin K (phylloquinone)	S3553
Betaine	S3553
16:0	S3553
16:1 undifferentiated	S3553
20:5 n-3 (EPA)	S3553
15:0	S3553
Vitamin E (alpha-tocopherol)	D6881, S1504, S3553
Tocopherol, beta	S1504, S3553
Thiamin	S3553
14:0	S3553
18:1 undifferentiated	S3553
Fiber, total dietary	S3553, S604
Sodium, Na	S3553
12:0	S3553
22:6 n-3 (DHA)	S3553
22:1 undifferentiated	S3553
24:1 c	S3553
Zinc, Zn	S3553
Selenium, Se	D3359, S3553
Tocopherol, gamma	S1504, S3553
8:0	S3553
10:0	S3553
18:3 undifferentiated	S3553
18:4	S3553
17:1	S3553
Water	S3553, S604
Calcium, Ca	S3553
Magnesium, Mg	S3553
Tocopherol, delta	S1504, S3553
Pantothenic acid	S3553
Fatty acids, total saturated	S3553

NDB No. 12036 Seeds, sunflower seed kernels, dried

18:2 undifferentiated	S3553
14:1	S3553
Fatty acids, total monounsaturated	S3553
20:3 undifferentiated	S3553

NDB No. 12037 Seeds, sunflower seed kernels, dry roasted, without salt

Vitamin E (alpha-tocopherol)	S84, S2142
Tocopherol, beta	S84, S2142
Tocopherol, delta	S84, S2142
Tocopherol, gamma	S84, S2142

NDB No. 12038 Seeds, sunflower seed kernels, oil roasted, without salt

Sucrose	S961, S606, S661
Glucose (dextrose)	S961, S606, S661
Vitamin A, RAE	S1202, S661
12:0	S661
14:0	S961, S661
24:1 c	S661
20:3 undifferentiated	S661
Fatty acids, total trans-polyenoic	S961
Protein	S961, S661
Ash	S961, S661
Water	S961, S606, S661
Sugars, total	S961, S606, S661
Retinol	S661
Carotene, alpha	S1202
Tocopherol, delta	S2142
16:1 c	S961
18:2 n-6 c,c	S961
13:0	S661
15:1	S661
Fructose	S961, S661
Cholesterol	S961, S661
4:0	S661
18:3 n-6 c,c,c	S961

NDB No. 12038 Seeds, sunflower seed kernels, oil roasted, without salt

Fatty acids, total trans-monoenoic	S961
Maltose	S961, S661
Vitamin A, IU	S1202, S661
Carotene, beta	S1202, S661
Tocopherol, beta	S2142
Vitamin C, total ascorbic acid	S961, S661
8:0	S661
20:4 undifferentiated	S661
22:6 n-3 (DHA)	S661
17:0	S961, S661
Total lipid (fat)	S961, S661
Tocopherol, gamma	S2142
10:0	S661
18:0	S961, S661
20:1	S961, S661
20:5 n-3 (EPA)	S661
16:1 t	S961
18:1 t	S961
17:1	S961, S661
Lactose	S961, S661
18:1 c	S961
18:3 n-3 c,c,c (ALA)	S961
Fiber, total dietary	S661
Vitamin E (alpha-tocopherol)	S2142
6:0	S661
22:0	S961, S661
15:0	S961, S661
20:2 n-6 c,c	S961, S661
Calcium, Ca	S961, S661
Iron, Fe	S961, S661
Cryptoxanthin, beta	S1202
Fatty acids, total trans	S961
16:0	S961, S661
20:0	S961, S661
14:1	S661
22:1 undifferentiated	S661
24:0	S961, S661

NDB No. 12038 Seeds, sunflower seed kernels, oil roasted, without salt

18:2 t not further defined	S961

NDB No. 12040 Seeds, sunflower seed butter, without salt

Starch	S5804
Zinc, Zn	S5804
Manganese, Mn	S5804
Selenium, Se	S5804
Tocopherol, beta	S5804
Thiamin	S5804
8:0	S5804
18:0	S5804
18:3 undifferentiated	S5804
20:3 undifferentiated	S5804
18:3 n-3 c,c,c (ALA)	S5804
Total lipid (fat)	S5804
Fructose	S5804
Calcium, Ca	S5804
Iron, Fe	S5804
Magnesium, Mg	S5804
Phosphorus, P	S5804
Copper, Cu	S5804
Vitamin B-6	S5804
Threonine	S5804
Valine	S5804
Glutamic acid	S5804
4:0	S5804
18:2 undifferentiated	S5804
18:4	S5804
20:1	S5804
22:5 n-3 (DPA)	S5804
Stigmasterol	S5804
Campesterol	S5804
22:1 c	S5804
17:1	S5804
15:1	S5804
22:4	S5804

NDB No. 12040 Seeds, sunflower seed butter, without salt

Vitamin E (alpha-tocopherol)	S5804
Arginine	S5804
14:0	S5804
20:0	S5804
15:0	S5804
17:0	S5804
16:1 c	S5804
18:3 n-6 c,c,c	S5804
20:3 n-6	S5804
Protein	S5804
Potassium, K	S5804
Tocopherol, gamma	S5804
Niacin	S5804
Pantothenic acid	S5804
Lysine	S5804
Fatty acids, total trans	S5804
Fatty acids, total saturated	S5804
18:1 undifferentiated	S5804
14:1	S5804
22:1 undifferentiated	S5804
24:0	S5804
20:3 n-3	S5804
Ash	S5804
Lactose	S5804
Water	S5804
Tocopherol, delta	S5804
Tryptophan	S5804
Leucine	S5804
Glycine	S5804
20:5 n-3 (EPA)	S5804
Fatty acids, total polyunsaturated	S5804
18:1 t	S5804
18:2 CLAs	S5804
18:1 c	S5804
18:2 n-6 c,c	S5804
Glucose (dextrose)	S5804
Sugars, total	S5804

NDB No. 12040 Seeds, sunflower seed butter, without salt

Riboflavin	S5804
Methionine	S5804
Tyrosine	S5804
10:0	S5804
16:0	S5804
20:4 undifferentiated	S5804
22:0	S5804
16:1 undifferentiated	S5804
Beta-sitosterol	S5804
22:1 t	S5804
24:1 c	S5804
Sucrose	S5804
Isoleucine	S5804
Cystine	S5804
Phenylalanine	S5804
Histidine	S5804
Proline	S5804
12:0	S5804
20:2 n-6 c,c	S5804
Fatty acids, total trans-polyenoic	S5804
Maltose	S5804
Galactose	S5804
Fiber, total dietary	S5804
Alanine	S5804
Aspartic acid	S5804
Serine	S5804
Cholesterol	S5804
6:0	S5804
22:6 n-3 (DHA)	S5804
Fatty acids, total monounsaturated	S5804
16:1 t	S5804
18:2 t not further defined	S5804
Fatty acids, total trans-monoenoic	S5804

NDB No. 12061 Nuts, almonds

NDB No. 12061 Nuts, almonds

Protein	S141, S4141
Total lipid (fat)	S141, S4141
Ash	S141, S4141
Calcium, Ca	S141, S4141
Iron, Fe	S141, S4141
Phosphorus, P	S141, S4141
Vitamin E (alpha-tocopherol)	S141, S4141
Tocopherol, delta	S141, S4141
Thiamin	S141, S4141
Vitamin K (phylloquinone)	S503, S441
Threonine	S141, D6343
Isoleucine	S141, D6343
Phenylalanine	S141, D6343
8:0	S141
10:0	S141, S4141
12:0	S141, S4141
18:3 undifferentiated	S141, S4141
Campesterol	D6341, S141, S4141, D6321, D6342
24:0	S141
18:2 t not further defined	S4141
24:1 c	S141
20:2 n-6 c,c	S141, S4141
18:3 n-6 c,c,c	S4141
17:1	S4141
Vitamin A, IU	S4141
Glutamic acid	S141, D6343
14:0	S141, S4141
18:2 undifferentiated	S141, S4141
18:2 CLAs	S4141
18:1 c	S4141
18:2 n-6 c,c	S4141
Sucrose	S141, S4141
Glucose (dextrose)	S141, S4141
Fructose	S141, S4141
Carotene, beta	S141, S503, S441, S4141
Lycopene	S503, S441
Vitamin C, total ascorbic acid	S141, S4141

NDB No. 12061 Nuts, almonds

20:0	S141, S4141
22:6 n-3 (DHA)	S141
16:1 t	S4141
18:3 n-3 c,c,c (ALA)	S4141
Lactose	S141, S4141
Selenium, Se	S141, S503, S441, S4141
Cryptoxanthin, beta	S503, S441
Riboflavin	S141, S4141
Pantothenic acid	S141, S4141
Choline, total	S503, S441
Leucine	S141, D6343
Valine	S141, D6343
Arginine	S141, D6343
16:0	S141, S4141
20:4 undifferentiated	S141
22:0	S141, S4141
16:1 undifferentiated	S141, S4141
Beta-sitosterol	D6341, S141, S4141, D6321, D6342
18:1 t	S4141
15:1	S4141
Sodium, Na	S141, S4141
Zinc, Zn	S141, S4141
Carotene, alpha	S141, S503, S441
Tocopherol, beta	S141, S4141
Folate, total	S141, S4141
Betaine	S503, S441
Methionine	S141, D6343
Aspartic acid	S141, D6343
Serine	S141, D6343
20:3 undifferentiated	S141, S4141
13:0	S141
Starch	S141
Manganese, Mn	S141, S4141
Niacin	S141, S4141
Cystine	S141, D6343
Proline	S141, D6343
22:1 undifferentiated	S141

NDB No. 12061 Nuts, almonds

22:5 n-3 (DPA)	S141
Stigmasterol	D6341, S141, S4141, D6321, D6342
15:0	S141, S4141
16:1 c	S4141
Galactose	S4141
Lutein + zeaxanthin	S503, S441
Tocopherol, gamma	S141, S4141
Vitamin B-6	S141, S4141
Dihydrophylloquinone	S503, S441
Tryptophan	S141, D6343
Lysine	S141, D6343
Tyrosine	S141, D6343
Histidine	S141, D6343
Alanine	S141, D6343
Glycine	S141, D6343
18:0	S141, S4141
14:1	S141, S4141
20:5 n-3 (EPA)	S141
Maltose	S141, S4141
Water	S141, S4141
Fiber, total dietary	S141, S4141
Magnesium, Mg	S141, S4141
Potassium, K	S141, S4141
Copper, Cu	S141, S4141
18:1 undifferentiated	S141, S4141
18:4	S4141
20:1	S141, S4141
17:0	S141, S4141

NDB No. 12062 Nuts, almonds, blanched

Protein	S141, S4141
Starch	S141
Magnesium, Mg	S141, S4141
Phosphorus, P	S141, S4141
Threonine	S141
Lysine	S141

NDB No. 12062 Nuts, almonds, blanched

Valine	S141
Histidine	S141
Aspartic acid	S141
20:4 undifferentiated	S141
22:6 n-3 (DHA)	S141
Iron, Fe	S141, S4141
Potassium, K	S141, S4141
Vitamin E (alpha-tocopherol)	S141, S4141
Tocopherol, delta	S141, S4141
Vitamin C, total ascorbic acid	S141
Thiamin	S141, S4141
Leucine	S141
Proline	S141
18:2 undifferentiated	S141, S4141
22:5 n-3 (DPA)	S141
Total lipid (fat)	S141, S4141
Fiber, total dietary	S141, S4141
Calcium, Ca	S141, S4141
Niacin	S141, S4141
Cystine	S141
Tyrosine	S141
Serine	S141
22:0	S141
17:1	S4141
13:0	S141
Sucrose	S141, S4141
Zinc, Zn	S141, S4141
Manganese, Mn	S141, S4141
Alanine	S141
8:0	S141
20:0	S141
15:1	S4141
Lactose	S141
Maltose	S141
Copper, Cu	S141, S4141
Tocopherol, gamma	S141, S4141
Pantothenic acid	S141, S4141

NDB No. 12062 Nuts, almonds, blanched

Isoleucine	S141
Fatty acids, total trans	S4141
12:0	S141
16:0	S141, S4141
16:1 undifferentiated	S141, S4141
20:5 n-3 (EPA)	S141
Campesterol	S141, S4141
20:2 n-6 c,c	S141
Selenium, Se	S141, S4141
Carotene, beta	S141
Tocopherol, beta	S141, S4141
Tryptophan	S141
Glutamic acid	S141
18:3 undifferentiated	S141, S4141
14:1	S141
22:1 undifferentiated	S141
Stigmasterol	S141, S4141
17:0	S141, S4141
Glucose (dextrose)	S141, S4141
Fructose	S141, S4141
Riboflavin	S141, S4141
Folate, total	S141, S4141
Phenylalanine	S141
Arginine	S141
10:0	S141
18:0	S141, S4141
18:1 undifferentiated	S141, S4141
20:1	S141
24:0	S141
24:1 c	S141
Ash	S141, S4141
Water	S141, S4141
Sodium, Na	S141, S4141
Carotene, alpha	S141
Vitamin B-6	S141, S4141
Methionine	S141
Glycine	S141

NDB No. 12062 Nuts, almonds, blanched

14:0	S141
Beta-sitosterol	S141, S4141
15:0	S141
20:3 undifferentiated	S141

NDB No. 12063 Nuts, almonds, dry roasted, without salt added

Starch	S141
Water	S141, S4141
Fiber, total dietary	S141, S4141
Phosphorus, P	S141, S4141
Carotene, alpha	S141
Vitamin B-6	S141, S4141
Leucine	S141
Methionine	S141
Arginine	S141
Glycine	S141
Fatty acids, total trans	S4141
12:0	S141
18:0	S141, S4141
20:4 undifferentiated	S141
20:5 n-3 (EPA)	S141
Campesterol	S141, S4141
24:1 c	S141
Protein	S141, S4141
Maltose	S141
Copper, Cu	S141, S4141
Thiamin	S141, S4141
Folate, total	S141, S4141
Threonine	S141
Lysine	S141
Proline	S141
22:6 n-3 (DHA)	S141
15:0	S141
20:2 n-6 c,c	S141
20:3 undifferentiated	S141
Zinc, Zn	S141, S4141

NDB No. 12063 Nuts, almonds, dry roasted, without salt added

Carotene, beta	S141
Tocopherol, gamma	S141, S4141
Niacin	S141, S4141
Phenylalanine	S141
Tyrosine	S141
Aspartic acid	S141
22:0	S141
Glucose (dextrose)	S141, S4141
10:0	S141
16:0	S141, S4141
18:1 undifferentiated	S141, S4141
14:1	S141
20:1	S141
17:0	S141, S4141
Sodium, Na	S141, S4141
Manganese, Mn	S141, S4141
Vitamin E (alpha-tocopherol)	S141, S4141
Tocopherol, beta	S141, S4141
Riboflavin	S141, S4141
Tryptophan	S141
Isoleucine	S141
Cystine	S141
Valine	S141
22:1 undifferentiated	S141
24:0	S141
17:1	S4141
13:0	S141
15:1	S4141
Iron, Fe	S141, S4141
Magnesium, Mg	S141, S4141
Potassium, K	S141, S4141
Vitamin C, total ascorbic acid	S141
Alanine	S141
Serine	S141
8:0	S141
22:5 n-3 (DPA)	S141
Stigmasterol	S141, S4141

NDB No. 12063 Nuts, almonds, dry roasted, without salt added

Total lipid (fat)	S141, S4141
Sucrose	S141, S4141
Fructose	S141, S4141
Calcium, Ca	S141, S4141
Pantothenic acid	S141, S4141
Histidine	S141
Glutamic acid	S141
14:0	S141
Beta-sitosterol	S141, S4141
Ash	S141, S4141
Lactose	S141
Selenium, Se	S141, S4141
Tocopherol, delta	S141, S4141
20:0	S141
18:2 undifferentiated	S141, S4141
18:3 undifferentiated	S141, S4141
16:1 undifferentiated	S141, S4141

NDB No. 12065 Nuts, almonds, oil roasted, without salt added

Fiber, total dietary	S141
Potassium, K	S141
Thiamin	S141
Riboflavin	S141
Methionine	S141
Phenylalanine	S141
18:3 undifferentiated	S141
20:5 n-3 (EPA)	S141
15:0	S141
20:3 undifferentiated	S141
Iron, Fe	S141
Copper, Cu	S141
Tocopherol, beta	S141
Tryptophan	S141
Lysine	S141
10:0	S141
18:0	S141

NDB No. 12065 Nuts, almonds, oil roasted, without salt added

18:1 undifferentiated	S141
18:2 undifferentiated	S141
22:5 n-3 (DPA)	S141
Fructose	S141
Lactose	S141
Calcium, Ca	S141
Zinc, Zn	S141
Manganese, Mn	S141
Tocopherol, delta	S141
Pantothenic acid	S141
Folate, total	S141
Tyrosine	S141
Aspartic acid	S141
8:0	S141
16:1 undifferentiated	S141
Water	S141
Sodium, Na	S141
Vitamin C, total ascorbic acid	S141
Niacin	S141
17:0	S141
20:2 n-6 c,c	S141
Total lipid (fat)	S141
Starch	S141
Magnesium, Mg	S141
Vitamin E (alpha-tocopherol)	S141
Leucine	S141
Valine	S141
Arginine	S141
12:0	S141
20:0	S141
22:6 n-3 (DHA)	S141
20:1	S141
22:1 undifferentiated	S141
Stigmasterol	S141
24:1 c	S141
Protein	S141
Carotene, alpha	S141

NDB No. 12065 Nuts, almonds, oil roasted, without salt added

Threonine	S141
Isoleucine	S141
22:0	S141
14:1	S141
Campesterol	S141
13:0	S141
Phosphorus, P	S141
Tocopherol, gamma	S141
Vitamin B-6	S141
Cystine	S141
Histidine	S141
Glutamic acid	S141
Glycine	S141
Proline	S141
14:0	S141
16:0	S141
20:4 undifferentiated	S141
Beta-sitosterol	S141
Ash	S141
Sucrose	S141
Glucose (dextrose)	S141
Maltose	S141
Carotene, beta	S141
Alanine	S141
Serine	S141
24:0	S141

NDB No. 12071 Nuts, almond paste

Vitamin A, IU	S1202
Carotene, beta	S1202
Carotene, alpha	S1202
Vitamin A, RAE	S1202
Cryptoxanthin, beta	S1202

NDB No. 12078 Nuts, brazilnuts, dried, unblanched

Protein	S1063, S503

NDB No. 12078 Nuts, brazilnuts, dried, unblanched

Starch	S1063, S503
Glucose (dextrose)	S1063, S503
Water	S1063, S503, S81
Selenium, Se	S1063, S503
Lutein + zeaxanthin	S503
Tocopherol, beta	S1063, S503, S81
Lysine	S1063, S503
Cystine	S1063, S503
Alanine	S1063, S503
10:0	S1063, S503
Ash	S1063, S503
Cryptoxanthin, beta	S503
Vitamin K (phylloquinone)	S1063, S503
Leucine	S1063, S503
Phenylalanine	S1063, S503
Histidine	S1063, S503
12:0	S1063, S503
15:0	S1063, S503
Sugars, total	S1063, S503
Iron, Fe	S1063, S503
Magnesium, Mg	S1063, S503
Vitamin A, IU	S503
Vitamin A, RAE	S503
Vitamin E (alpha-tocopherol)	S1063, S503, S81
Vitamin C, total ascorbic acid	S1063, S503
Riboflavin	S1063, S503
Arginine	S1063, S503
14:0	S1063, S503
17:0	S1063, S503
18:3 n-3 c,c,c (ALA)	S1063, S503
Total lipid (fat)	S1063, S503
Sucrose	S1063, S503
Potassium, K	S1063, S503
Sodium, Na	S1063, S503
Copper, Cu	S1063, S503
Thiamin	S1063, S503
Folate, total	S1063

NDB No. 12078 Nuts, brazilnuts, dried, unblanched

Tryptophan	S1063, S503
Isoleucine	S1063, S503
Glycine	S1063, S503
8:0	S1063, S503
18:0	S1063, S503
18:1 undifferentiated	S1063, S503
18:3 n-6 c,c,c	S1063, S503
15:1	S1063, S503
Calcium, Ca	S1063, S503
Dihydrophylloquinone	S1063, S503
Valine	S1063, S503
18:2 undifferentiated	S1063, S503
20:3 undifferentiated	S1063, S503
Galactose	S1063, S503
Phosphorus, P	S1063, S503
Zinc, Zn	S1063, S503
Manganese, Mn	S1063, S503
Carotene, beta	S503
Carotene, alpha	S503
Tocopherol, delta	S1063, S503, S81
Niacin	S1063, S503
Choline, total	S1063, S503
Betaine	S1063, S503
Aspartic acid	S1063, S503
20:4 undifferentiated	S1063, S503
14:1	S1063, S503
16:1 undifferentiated	S1063, S503
Fructose	S1063, S503
Maltose	S1063, S503
Fiber, total dietary	S503
Lycopene	S503
Vitamin B-6	S1063, S503
Methionine	S1063, S503
Proline	S1063, S503
Serine	S1063, S503
20:1	S1063, S503
20:2 n-6 c,c	S1063, S503

NDB No. 12078 Nuts, brazilnuts, dried, unblanched

17:1	S1063, S503
Lactose	S1063, S503
Tocopherol, gamma	S1063, S503, S81
Pantothenic acid	S1063, S503
Threonine	S1063, S503
Tyrosine	S1063, S503
Glutamic acid	S1063, S503
16:0	S1063, S503
20:0	S1063, S503
22:0	S1063, S503

NDB No. 12086 Nuts, cashew nuts, oil roasted, without salt added

Total lipid (fat)	S502, S5, S363
Sucrose	S502, S343, S363
Fructose	S502, S343, S363
Copper, Cu	S502, S343, S363
Carotene, alpha	S502, S363
Choline, total	S502, S363
Isoleucine	S502, S363
Lysine	S502, S363
Cystine	S502, S363
Arginine	S502, S363
24:0	S502
Vitamin K (phylloquinone)	S502, S363
Alanine	S502, S363
14:1	S502, S363
20:2 n-6 c,c	S502, S363
Fiber, total dietary	S502, S363
Phosphorus, P	S502, S343, S363
Manganese, Mn	S502, S343, S363
Lycopene	S502, S363
Pantothenic acid	S502, S363
Vitamin B-6	S502, S343, S363
Leucine	S502, S363
Aspartic acid	S502, S363
Glutamic acid	S502, S363

NDB No. 12086 Nuts, cashew nuts, oil roasted, without salt added

Proline	S502, S363
12:0	S502, S363
18:3 undifferentiated	S502, S363
20:4 undifferentiated	S502, S363
18:4	S502
Starch	S502, S343, S363
Glucose (dextrose)	S502, S343, S363
Lactose	S502, S343, S363
Galactose	S502, S363
Magnesium, Mg	S502, S343, S363
Sodium, Na	S343
Vitamin E (alpha-tocopherol)	S82, S502
Tocopherol, gamma	S82, S502
Folate, total	S502, S363
Methionine	S502, S363
18:2 undifferentiated	S502, S363
16:1 undifferentiated	S502, S363
22:5 n-3 (DPA)	S502
Iron, Fe	S502, S5, S343, S363
Potassium, K	S502, S343, S363
Carotene, beta	S502, S363
Lutein + zeaxanthin	S502, S363
Tocopherol, beta	S82, S502
Tocopherol, delta	S82, S502
Threonine	S502, S363
Serine	S502, S363
8:0	S502, S363
15:0	S502, S363
20:3 undifferentiated	S502, S363
15:1	S502, S363
Maltose	S502, S343, S363
Zinc, Zn	S502, S343, S363
Thiamin	S502, S343, S363
Riboflavin	S502, S343, S363
Phenylalanine	S502, S363
Tyrosine	S502, S363
Histidine	S502, S363

NDB No. 12086 Nuts, cashew nuts, oil roasted, without salt added

20:5 n-3 (EPA)	S502
Protein	S502, S343, S363
Ash	S343
Sugars, total	S502, S343, S363
Calcium, Ca	S502, S343, S363
Selenium, Se	D3358, S502, D3359, S363
Niacin	S502, S343, S363
Betaine	S502, S363
Tryptophan	S502, S363
14:0	S502, S363
16:0	S502, S363
22:6 n-3 (DHA)	S502
22:1 undifferentiated	S502
17:1	S502, S363
Water	S343
Cryptoxanthin, beta	S502, S363
Vitamin C, total ascorbic acid	S502, S343, S363
Dihydrophylloquinone	S502, S363
Valine	S502, S363
Glycine	S502, S363
10:0	S502, S363
18:0	S502, S363
20:0	S502, S363
18:1 undifferentiated	S502, S363
22:0	S502, S363
20:1	S502, S363
17:0	S502, S363

NDB No. 12087 Nuts, cashew nuts, raw

Lactose	S343
Zinc, Zn	S343
Alanine	S502, S363
Glucose (dextrose)	S343
Fructose	S343
Water	S343
Iron, Fe	S343

NDB No. 12087 Nuts, cashew nuts, raw

Phosphorus, P	S343
Copper, Cu	S343
Vitamin B-6	S343
Tryptophan	S502, S363
Glutamic acid	S502, S363
Threonine	S502, S363
Isoleucine	S502, S363
Glycine	S502, S363
Serine	S502, S363
Maltose	S343
Calcium, Ca	S343
Thiamin	S343
Methionine	S502, S363
Arginine	S502, S363
Protein	S343
Potassium, K	S343
Manganese, Mn	S343
Cystine	S502, S363
Ash	S343
Niacin	S343
Leucine	S502, S363
Valine	S502, S363
Aspartic acid	S502, S363
Starch	S343
Sugars, total	S343
Sodium, Na	S343
Vitamin C, total ascorbic acid	S343
Riboflavin	S343
Histidine	S502, S363
Sucrose	S343
Magnesium, Mg	S343
Lysine	S502, S363
Phenylalanine	S502, S363
Tyrosine	S502, S363
Proline	S502, S363

NDB No. 12109 Nuts, coconut meat, dried (desiccated), sweetened, flaked, packaged

Starch	S2661
Fiber, total dietary	S2661
Pantothenic acid	S2661
Vitamin B-6	S2661
Methionine	S2661
Aspartic acid	S2661
4:0	S2661
18:2 undifferentiated	S2661
22:0	S2661
22:1 undifferentiated	S2661
Fatty acids, total monounsaturated	S2661
17:0	S2661
18:1 t	S2661
24:1 c	S2661
Tocopherol, delta	S2661
Thiamin	S2661
Cystine	S2661
Glutamic acid	S2661
20:0	S2661
17:1	S2661
22:4	S2661
Lactose	S2661
Galactose	S2661
Magnesium, Mg	S2661
Betaine	S2661
Phenylalanine	S2661
Fatty acids, total trans	S2661
10:0	S2661
18:0	S2661
20:4 undifferentiated	S2661
20:2 n-6 c,c	S2661
Sugars, total	S2661
Copper, Cu	S2661
Vitamin E (alpha-tocopherol)	S2661
Tocopherol, beta	S2661
Tocopherol, gamma	S2661
Niacin	S2661

NDB No. 12109 Nuts, coconut meat, dried (desiccated), sweetened, flaked, packaged

Choline, total	S2661
Vitamin K (phylloquinone)	S2661
Tryptophan	S2661
Proline	S2661
6:0	S2661
8:0	S2661
12:0	S2661
14:0	S2661
18:1 undifferentiated	S2661
18:3 undifferentiated	S2661
20:5 n-3 (EPA)	S2661
18:2 t,t	S2661
16:1 c	S2661
18:1 c	S2661
22:1 c	S2661
18:3 n-6 c,c,c	S2661
Fatty acids, total trans-polyenoic	S2661
Calcium, Ca	S2661
Folate, total	S2661
Threonine	S2661
Isoleucine	S2661
Tyrosine	S2661
Hydroxyproline	S2661
22:6 n-3 (DHA)	S2661
16:1 t	S2661
20:3 undifferentiated	S2661
20:3 n-6	S2661
Total lipid (fat)	S2661
Ash	S2661
Sucrose	S2661
Water	S2661
Sodium, Na	S2661
Manganese, Mn	S2661
Lysine	S2661
Arginine	S2661
Alanine	S2661
Serine	S2661

NDB No. 12109 Nuts, coconut meat, dried (desiccated), sweetened, flaked, packaged

Fatty acids, total saturated	S2661
14:1	S2661
18:4	S2661
22:1 t	S2661
18:2 n-6 c,c	S2661
Iron, Fe	S2661
Potassium, K	S2661
Zinc, Zn	S2661
Vitamin C, total ascorbic acid	S2661
Riboflavin	S2661
Dihydrophylloquinone	S2661
Folic acid	S2661
Folate, food	S2661
Valine	S2661
Histidine	S2661
16:0	S2661
24:0	S2661
18:2 CLAs	S2661
15:1	S2661
18:3 n-3 c,c,c (ALA)	S2661
20:3 n-3	S2661
Protein	S2661
Glucose (dextrose)	S2661
Fructose	S2661
Maltose	S2661
Phosphorus, P	S2661
Menaquinone-4	S2661
Leucine	S2661
Glycine	S2661
16:1 undifferentiated	S2661
20:1	S2661
22:5 n-3 (DPA)	S2661
Fatty acids, total polyunsaturated	S2661
15:0	S2661
Fatty acids, total trans-monoenoic	S2661

NDB No. 12116 Nuts, coconut cream, canned, sweetened

Sucrose	S4344
6:0	S4344
12:0	S4344
22:6 n-3 (DHA)	S4344
22:0	S4344
16:1 undifferentiated	S4344
Fatty acids, total polyunsaturated	S4344
20:3 undifferentiated	S4344
Fiber, total dietary	S4344
Vitamin C, total ascorbic acid	S4344
Fatty acids, total trans	S4344
10:0	S4344
14:0	S4344
18:0	S4344
14:1	S4344
Fatty acids, total monounsaturated	S4344
24:0	S4344
Total lipid (fat)	S4344
Calcium, Ca	S4344
18:1 undifferentiated	S4344
18:3 undifferentiated	S4344
22:1 undifferentiated	S4344
Maltose	S4344
Protein	S4344
Ash	S4344
Sodium, Na	S4344
18:2 undifferentiated	S4344
20:1	S4344
20:5 n-3 (EPA)	S4344
Glucose (dextrose)	S4344
Iron, Fe	S4344
8:0	S4344
20:4 undifferentiated	S4344
24:1 c	S4344
Fructose	S4344
Lactose	S4344
Carotene, beta	S4344

NDB No. 12116 Nuts, coconut cream, canned, sweetened

16:0	S4344
Water	S4344
Sugars, total	S4344
Fatty acids, total saturated	S4344
20:0	S4344

NDB No. 12118 Nuts, coconut milk, canned (liquid expressed from grated meat and water)

Betaine	S3461
Choline, total	S3461

NDB No. 12120 Nuts, hazelnuts or filberts

Total lipid (fat)	S83
Sodium, Na	S83
Folate, total	S83
Tyrosine	S83
15:0	S83
13:0	S83
Calcium, Ca	S83
Cryptoxanthin, beta	S503
Vitamin C, total ascorbic acid	S83
Thiamin	S83
Riboflavin	S83
Niacin	S83
Vitamin B-6	S83
Betaine	S1063, S503
Threonine	S83
Aspartic acid	S83
Glutamic acid	S83
8:0	S83
12:0	S83
18:0	S83
18:2 undifferentiated	S83
22:6 n-3 (DHA)	S83
24:0	S83
Starch	S83
Potassium, K	S83

NDB No. 12120 Nuts, hazelnuts or filberts

Carotene, alpha	S503, S83
Isoleucine	S83
Lysine	S83
Valine	S83
20:0	S83
16:1 undifferentiated	S83
20:1	S83
22:1 undifferentiated	S83
22:5 n-3 (DPA)	S83
Campesterol	S83
20:2 n-6 c,c	S83
Selenium, Se	S1063, S503
Lycopene	S503
Tocopherol, beta	S83
Pantothenic acid	S83
Vitamin K (phylloquinone)	S1063, S503
Alanine	S83
Beta-sitosterol	S83
24:1 c	S83
Fructose	S83
Maltose	S83
Zinc, Zn	S83
Lutein + zeaxanthin	S503
Tocopherol, gamma	S83
Tocopherol, delta	S83
Dihydrophylloquinone	S1063, S503
Tryptophan	S83
Cystine	S83
Proline	S83
Serine	S83
10:0	S83
16:0	S83
18:3 undifferentiated	S83
14:1	S83
Stigmasterol	S83
Sucrose	S83
Glucose (dextrose)	S83

NDB No. 12120 Nuts, hazelnuts or filberts

Phosphorus, P	S83
Copper, Cu	S83
Choline, total	S1063, S503
Methionine	S83
Phenylalanine	S83
Glycine	S83
22:0	S83
Lactose	S83
Iron, Fe	S83
Manganese, Mn	S83
Carotene, beta	S503, S83
Arginine	S83
14:0	S83
18:1 undifferentiated	S83
20:4 undifferentiated	S83
20:5 n-3 (EPA)	S83
17:0	S83
20:3 undifferentiated	S83
Protein	S83
Ash	S83
Water	S83
Fiber, total dietary	S83
Magnesium, Mg	S83
Vitamin E (alpha-tocopherol)	S83
Leucine	S83
Histidine	S83

NDB No. 12121 Nuts, hazelnuts or filberts, blanched

Glucose (dextrose)	S83
Fiber, total dietary	S83
Niacin	S83
Tyrosine	S83
Arginine	S83
10:0	S83
14:0	S83
22:0	S83

NDB No. 12121 Nuts, hazelnuts or filberts, blanched

Stigmasterol	S83
Water	S83
Magnesium, Mg	S83
Carotene, beta	S83
Folate, total	S83
Tryptophan	S83
Phosphorus, P	S83
Potassium, K	S83
Carotene, alpha	S83
Leucine	S83
Serine	S83
20:0	S83
18:3 undifferentiated	S83
22:1 undifferentiated	S83
Ash	S83
Lactose	S83
Calcium, Ca	S83
Vitamin E (alpha-tocopherol)	S83
Thiamin	S83
Threonine	S83
Phenylalanine	S83
8:0	S83
16:1 undifferentiated	S83
13:0	S83
Iron, Fe	S83
Manganese, Mn	S83
Pantothenic acid	S83
Lysine	S83
Histidine	S83
Alanine	S83
18:1 undifferentiated	S83
24:1 c	S83
Fructose	S83
Maltose	S83
Sodium, Na	S83
Vitamin C, total ascorbic acid	S83
Cystine	S83

NDB No. 12121 Nuts, hazelnuts or filberts, blanched

Valine	S83
12:0	S83
22:6 n-3 (DHA)	S83
14:1	S83
22:5 n-3 (DPA)	S83
17:0	S83
24:0	S83
20:2 n-6 c,c	S83
Protein	S83
Sucrose	S83
Zinc, Zn	S83
Copper, Cu	S83
Tocopherol, beta	S83
Isoleucine	S83
Methionine	S83
Aspartic acid	S83
Glutamic acid	S83
Glycine	S83
16:0	S83
18:0	S83
18:2 undifferentiated	S83
20:5 n-3 (EPA)	S83
Campesterol	S83
Beta-sitosterol	S83
Total lipid (fat)	S83
Starch	S83
Tocopherol, gamma	S83
Tocopherol, delta	S83
Riboflavin	S83
Vitamin B-6	S83
Proline	S83
20:4 undifferentiated	S83
20:1	S83
15:0	S83
20:3 undifferentiated	S83

NDB No. 12122 Nuts, hazelnuts or filberts, dry roasted, without salt added

Glucose (dextrose)	S83
Iron, Fe	S83
Zinc, Zn	S83
Copper, Cu	S83
Carotene, alpha	S83
Tocopherol, gamma	S83
Vitamin B-6	S83
Tryptophan	S83
Threonine	S83
Cystine	S83
Arginine	S83
Histidine	S83
10:0	S83
20:2 n-6 c,c	S83
20:3 undifferentiated	S83
Ash	S83
Lactose	S83
Carotene, beta	S83
Niacin	S83
Leucine	S83
Lysine	S83
Valine	S83
Glutamic acid	S83
Proline	S83
16:0	S83
22:0	S83
16:1 undifferentiated	S83
20:1	S83
22:1 undifferentiated	S83
Protein	S83
Magnesium, Mg	S83
Thiamin	S83
Methionine	S83
Alanine	S83
12:0	S83
20:4 undifferentiated	S83
20:5 n-3 (EPA)	S83

NDB No. 12122 Nuts, hazelnuts or filberts, dry roasted, without salt added

Starch	S83
Potassium, K	S83
Vitamin E (alpha-tocopherol)	S83
Campesterol	S83
Sucrose	S83
Phosphorus, P	S83
Manganese, Mn	S83
Vitamin A, IU	S83
Riboflavin	S83
Tyrosine	S83
18:1 undifferentiated	S83
18:2 undifferentiated	S83
18:3 undifferentiated	S83
24:0	S83
Water	S83
Calcium, Ca	S83
Tocopherol, delta	S83
Vitamin C, total ascorbic acid	S83
Phenylalanine	S83
Glycine	S83
Serine	S83
17:0	S83
Total lipid (fat)	S83
Tocopherol, beta	S83
Folate, total	S83
Isoleucine	S83
8:0	S83
14:0	S83
20:0	S83
22:6 n-3 (DHA)	S83
22:5 n-3 (DPA)	S83
Beta-sitosterol	S83
15:0	S83
24:1 c	S83
13:0	S83
Fructose	S83
Maltose	S83

NDB No. 12122 Nuts, hazelnuts or filberts, dry roasted, without salt added

Fiber, total dietary	S83
Sodium, Na	S83
Pantothenic acid	S83
Aspartic acid	S83
18:0	S83
14:1	S83
Stigmasterol	S83

NDB No. 12131 Nuts, macadamia nuts, raw

Total lipid (fat)	S77
Lactose	S77
Calcium, Ca	S77
Sodium, Na	S77
Copper, Cu	S77
Tocopherol, delta	S77
Thiamin	S77
Pantothenic acid	S77
Leucine	S77
Arginine	S77
18:3 undifferentiated	S77
14:1	S77
24:0	S77
24:1 c	S77
20:2 n-6 c,c	S77
Starch	S77
Glucose (dextrose)	S77
Potassium, K	S77
Vitamin C, total ascorbic acid	S77
Riboflavin	S77
Tryptophan	S77
Glutamic acid	S77
Serine	S77
10:0	S77
20:0	S77
22:6 n-3 (DHA)	S77
22:0	S77

NDB No. 12131 Nuts, macadamia nuts, raw

22:5 n-3 (DPA)	S77
Campesterol	S77
Ash	S77
Sucrose	S77
Water	S77
Manganese, Mn	S77
Valine	S77
8:0	S77
14:0	S77
18:2 undifferentiated	S77
Stigmasterol	S77
Niacin	S77
Histidine	S77
12:0	S77
18:1 undifferentiated	S77
20:1	S77
20:3 undifferentiated	S77
Fiber, total dietary	S77
Vitamin E (alpha-tocopherol)	S77
Tocopherol, beta	S77
Folate, total	S77
Threonine	S77
Isoleucine	S77
Alanine	S77
16:0	S77
13:0	S77
Magnesium, Mg	S77
Phosphorus, P	S77
Tocopherol, gamma	S77
Methionine	S77
Phenylalanine	S77
Glycine	S77
Proline	S77
20:4 undifferentiated	S77
16:1 undifferentiated	S77
Protein	S77
Vitamin B-6	S77

NDB No. 12131 Nuts, macadamia nuts, raw

Lysine	S77
Aspartic acid	S77
22:1 undifferentiated	S77
15:0	S77
Fructose	S77
Maltose	S77
Iron, Fe	S77
Zinc, Zn	S77
Cystine	S77
Tyrosine	S77
18:0	S77
20:5 n-3 (EPA)	S77
Beta-sitosterol	S77
17:0	S77

NDB No. 12132 Nuts, macadamia nuts, dry roasted, without salt added

Total lipid (fat)	S77
Fiber, total dietary	S77
Sodium, Na	S77
Vitamin E (alpha-tocopherol)	S77
Betaine	S566, S363
Arginine	S77
Proline	S77
8:0	S77
18:2 undifferentiated	S77
Beta-sitosterol	S77
24:1 c	S77
20:3 undifferentiated	S77
13:0	S77
Tocopherol, beta	S77
Niacin	S77
Vitamin B-6	S77
Choline, total	S566, S363
Phenylalanine	S77
Valine	S77
Serine	S77

NDB No. 12132 Nuts, macadamia nuts, dry roasted, without salt added

10:0	S77
16:0	S77
Water	S77
Magnesium, Mg	S77
Folate, total	S77
Threonine	S77
18:0	S77
20:0	S77
18:1 undifferentiated	S77
20:4 undifferentiated	S77
22:1 undifferentiated	S77
Lactose	S77
Zinc, Zn	S77
Carotene, beta	S566, S363
Thiamin	S77
Vitamin K (phylloquinone)	S363
Lysine	S77
Alanine	S77
22:5 n-3 (DPA)	S77
Stigmasterol	S77
17:0	S77
24:0	S77
20:2 n-6 c,c	S77
Protein	S77
Fructose	S77
Maltose	S77
Phosphorus, P	S77
Selenium, Se	S566, S363
Carotene, alpha	S566, S363
Tocopherol, gamma	S77
Riboflavin	S77
Dihydrophylloquinone	S363
Leucine	S77
Glutamic acid	S77
12:0	S77
22:6 n-3 (DHA)	S77
22:0	S77

NDB No. 12132 Nuts, macadamia nuts, dry roasted, without salt added

Campesterol	S77
15:0	S77
Starch	S77
Manganese, Mn	S77
Tocopherol, delta	S77
Pantothenic acid	S77
Methionine	S77
Aspartic acid	S77
Sucrose	S77
Vitamin C, total ascorbic acid	S77
Tryptophan	S77
Isoleucine	S77
Cystine	S77
Tyrosine	S77
14:0	S77
18:3 undifferentiated	S77
14:1	S77
16:1 undifferentiated	S77
20:1	S77
20:5 n-3 (EPA)	S77
Ash	S77
Glucose (dextrose)	S77
Calcium, Ca	S77
Iron, Fe	S77
Potassium, K	S77
Copper, Cu	S77
Cryptoxanthin, beta	S566, S363
Lycopene	S566, S363
Lutein + zeaxanthin	S566, S363
Histidine	S77
Glycine	S77

NDB No. 12142 Nuts, pecans

Phosphorus, P	S85
Sodium, Na	S85
Fluoride, F	D5007

NDB No. 12142 Nuts, pecans

Lysine	S85
Cystine	S85
Valine	S85
14:0	S85
20:2 n-6 c,c	S85
13:0	S85
Ash	S85
Copper, Cu	S85
Cryptoxanthin, beta	S363, S1121
Vitamin B-6	S85
Alanine	S85
Proline	S85
18:1 undifferentiated	S85
18:2 undifferentiated	S85
22:0	S85
20:1	S85
Maltose	S85
Fiber, total dietary	S85
Zinc, Zn	S85
Carotene, beta	S85, S363, S1121
Niacin	S85
Dihydrophylloquinone	S363, S1121
Threonine	S85
Phenylalanine	S85
Glutamic acid	S85
15:0	S85
24:1 c	S85
Protein	S85
Glucose (dextrose)	S85
Lutein + zeaxanthin	S363, S1121
Tocopherol, delta	S85
Choline, total	S1121, S363
Betaine	S1121, S363
Methionine	S85
10:0	S85
12:0	S85
18:3 undifferentiated	S85

NDB No. 12142 Nuts, pecans

20:4 undifferentiated	S85
16:1 undifferentiated	S85
22:1 undifferentiated	S85
Stigmasterol	S85
Beta-sitosterol	S85
Sucrose	S85
Water	S85
Calcium, Ca	S85
Pantothenic acid	S85
Vitamin K (phylloquinone)	S363, S1121
Isoleucine	S85
Arginine	S85
Histidine	S85
Aspartic acid	S85
20:0	S85
17:0	S85
Total lipid (fat)	S85
Starch	S85
Magnesium, Mg	S85
Carotene, alpha	S85, S363, S1121
Vitamin E (alpha-tocopherol)	S85
Tryptophan	S85
16:0	S85
22:6 n-3 (DHA)	S85
Potassium, K	S85
Selenium, Se	S85, S363, S1121
Lycopene	S363, S1121
Tocopherol, gamma	S85
Thiamin	S85
Riboflavin	S85
Glycine	S85
Serine	S85
8:0	S85
22:5 n-3 (DPA)	S85
Fructose	S85
Lactose	S85
Iron, Fe	S85

NDB No. 12142 Nuts, pecans

Manganese, Mn	S85
Tocopherol, beta	S85
Vitamin C, total ascorbic acid	S85
Folate, total	S85
Leucine	S85
Tyrosine	S85
18:0	S85
14:1	S85
20:5 n-3 (EPA)	S85
Campesterol	S85
24:0	S85
20:3 undifferentiated	S85

NDB No. 12143 Nuts, pecans, dry roasted, without salt added

Water	S85
Magnesium, Mg	S85
Zinc, Zn	S85
Carotene, alpha	S85
Tocopherol, delta	S85
Methionine	S85
Phenylalanine	S85
18:1 undifferentiated	S85
Campesterol	S85
13:0	S85
Protein	S85
Sucrose	S85
Fiber, total dietary	S85
Selenium, Se	S85
Riboflavin	S85
10:0	S85
14:0	S85
20:0	S85
16:1 undifferentiated	S85
20:1	S85
20:5 n-3 (EPA)	S85
Starch	S85

NDB No. 12143 Nuts, pecans, dry roasted, without salt added

Tocopherol, gamma	S85
Pantothenic acid	S85
Histidine	S85
Serine	S85
18:2 undifferentiated	S85
22:0	S85
22:5 n-3 (DPA)	S85
24:0	S85
24:1 c	S85
Manganese, Mn	S85
Carotene, beta	S85
Folate, total	S85
Isoleucine	S85
Cystine	S85
12:0	S85
Stigmasterol	S85
Ash	S85
Copper, Cu	S85
Tocopherol, beta	S85
Thiamin	S85
Niacin	S85
Threonine	S85
Arginine	S85
Glycine	S85
Proline	S85
18:3 undifferentiated	S85
22:6 n-3 (DHA)	S85
17:0	S85
Total lipid (fat)	S85
Lactose	S85
Vitamin E (alpha-tocopherol)	S85
Vitamin B-6	S85
Tryptophan	S85
Lysine	S85
Tyrosine	S85
Valine	S85
18:0	S85

NDB No. 12143 Nuts, pecans, dry roasted, without salt added

14:1	S85
20:2 n-6 c,c	S85
Glucose (dextrose)	S85
Maltose	S85
Calcium, Ca	S85
Potassium, K	S85
Vitamin C, total ascorbic acid	S85
Leucine	S85
Alanine	S85
Aspartic acid	S85
8:0	S85
16:0	S85
Beta-sitosterol	S85
Fructose	S85
Iron, Fe	S85
Phosphorus, P	S85
Sodium, Na	S85
Glutamic acid	S85
20:4 undifferentiated	S85
22:1 undifferentiated	S85
15:0	S85
20:3 undifferentiated	S85

NDB No. 12144 Nuts, pecans, oil roasted, without salt added

Fructose	S85
Maltose	S85
Fiber, total dietary	S85
Calcium, Ca	S85
Potassium, K	S85
Tocopherol, gamma	S85
Niacin	S85
Threonine	S85
Lysine	S85
Valine	S85
Glycine	S85
14:0	S85

NDB No. 12144 Nuts, pecans, oil roasted, without salt added

20:4 undifferentiated	S85
20:5 n-3 (EPA)	S85
20:3 undifferentiated	S85
Iron, Fe	S85
Sodium, Na	S85
Copper, Cu	S85
Carotene, beta	S85
Vitamin E (alpha-tocopherol)	S85
Pantothenic acid	S85
Aspartic acid	S85
10:0	S85
18:3 undifferentiated	S85
16:1 undifferentiated	S85
Stigmasterol	S85
Beta-sitosterol	S85
Glucose (dextrose)	S85
Phosphorus, P	S85
Zinc, Zn	S85
Manganese, Mn	S85
Riboflavin	S85
Leucine	S85
Serine	S85
18:0	S85
22:1 undifferentiated	S85
Campesterol	S85
15:0	S85
Selenium, Se	S85
Thiamin	S85
Folate, total	S85
Tryptophan	S85
16:0	S85
20:0	S85
20:1	S85
13:0	S85
Total lipid (fat)	S85
Sucrose	S85
Lactose	S85

NDB No. 12144 Nuts, pecans, oil roasted, without salt added

Tocopherol, delta	S85
Vitamin B-6	S85
Isoleucine	S85
Methionine	S85
Tyrosine	S85
Glutamic acid	S85
18:1 undifferentiated	S85
24:0	S85
Ash	S85
Starch	S85
Water	S85
Cystine	S85
Proline	S85
18:2 undifferentiated	S85
22:0	S85
22:5 n-3 (DPA)	S85
Magnesium, Mg	S85
Carotene, alpha	S85
Tocopherol, beta	S85
Vitamin C, total ascorbic acid	S85
Alanine	S85
8:0	S85
12:0	S85
14:1	S85
17:0	S85
20:2 n-6 c,c	S85
Protein	S85
Phenylalanine	S85
Arginine	S85
Histidine	S85
22:6 n-3 (DHA)	S85
24:1 c	S85

NDB No. 12147 Nuts, pine nuts, dried

Lactose	S564
Maltose	S564

NDB No. 12147 Nuts, pine nuts, dried

Pantothenic acid	S502, S564
Threonine	S502, S564
20:5 n-3 (EPA)	S502
22:1 undifferentiated	S502
18:3 n-6 c,c,c	S564
17:1	S502, S564
Protein	S502, S564
Copper, Cu	S502, S564
Vitamin C, total ascorbic acid	S502, S564
Arginine	S502, S564
Alanine	S502, S564
Proline	S502, S564
12:0	S502, S564
18:0	S502, S564
18:4	S502
22:5 n-3 (DPA)	S502
Total lipid (fat)	S502, S564
Starch	S564
Fiber, total dietary	S502, S564
Selenium, Se	S564
Riboflavin	S502
Choline, total	S502, S564
Cystine	S502, S564
Tyrosine	S502, S564
Serine	S502, S564
20:4 undifferentiated	S502, S564
15:0	S502, S564
17:0	S502, S564
15:1	S502, S564
Glucose (dextrose)	S564
Tocopherol, gamma	S502, S564
Vitamin B-6	S502, S564
Betaine	S502, S564
Valine	S502, S564
Aspartic acid	S502, S564
Glutamic acid	S502, S564
18:1 undifferentiated	S502, S564

NDB No. 12147 Nuts, pine nuts, dried

20:2 n-6 c,c	S502, S564
Ash	S502, S564
Sucrose	S564
Fructose	S564
Sugars, total	S564
Galactose	S564
Calcium, Ca	S502, S564
Zinc, Zn	S502, S564
Tocopherol, delta	S502, S564
Folate, total	S502, S564
Lysine	S502, S564
Phenylalanine	S502, S564
Histidine	S502, S564
14:1	S502, S564
24:0	S502
Potassium, K	S502, S564
Manganese, Mn	S502, S564
Vitamin E (alpha-tocopherol)	S502, S564
Thiamin	S502, S564
Vitamin K (phylloquinone)	S502, S564
Isoleucine	S502, S564
Leucine	S502, S564
14:0	S502, S564
20:1	S502, S564
18:3 n-3 c,c,c (ALA)	S564
Iron, Fe	S502, S564
Sodium, Na	S564
Tocopherol, beta	S502, S564
10:0	S502, S564
16:0	S502, S564
20:3 undifferentiated	S502, S564
Water	S502, S564
Magnesium, Mg	S502, S564
Phosphorus, P	S502, S564
Niacin	S502, S564
Dihydrophylloquinone	S502, S564
Tryptophan	S502, S564

NDB No. 12147 Nuts, pine nuts, dried

Methionine	S502, S564
Glycine	S502, S564
8:0	S502, S564
20:0	S502, S564
18:2 undifferentiated	S502, S564
22:6 n-3 (DHA)	S502
22:0	S502, S564
16:1 undifferentiated	S502, S564

NDB No. 12151 Nuts, pistachio nuts, raw

Total lipid (fat)	S6141, S101, S86
Selenium, Se	S86
Tocopherol, delta	S86
Folate, total	S86
Isoleucine	S6141, S86
Proline	S6141, S86
Fatty acids, total trans	S6141
12:0	S86
20:3 undifferentiated	S86
Starch	S86
Lactose	S6141, S101, S86
Magnesium, Mg	S86
Phosphorus, P	S86
Thiamin	S86
18:1 undifferentiated	S86
18:2 undifferentiated	S86
20:5 n-3 (EPA)	S86
24:0	S86
24:1 c	S86
Maltose	S6141, S101, S86
Potassium, K	S101, S86
Zinc, Zn	S86
Copper, Cu	S86
Fluoride, F	S6141
Tocopherol, beta	S86
Riboflavin	S86

NDB No. 12151 Nuts, pistachio nuts, raw

Niacin	S86
Arginine	S6141, S86
Alanine	S6141, S86
10:0	S86
14:0	S86
16:0	S86
22:6 n-3 (DHA)	S86
14:1	S86
20:1	S86
17:0	S86
Protein	S6141, S101, S86
Glucose (dextrose)	S6141, S101, S86
Iron, Fe	S6141, S101, S86
Lutein + zeaxanthin	D7481
Serine	S6141, S86
8:0	S86
Stigmasterol	S86
Water	S6141, S101, S86
Sugars, total	S6141, S101, S86
Calcium, Ca	S6141, S101, S86
Manganese, Mn	S86
Carotene, alpha	D7481, S86
Lysine	S6141, S86
Methionine	S6141, S86
Tyrosine	S6141, S86
Aspartic acid	S6141, S86
Glutamic acid	S6141, S86
18:0	S86
22:5 n-3 (DPA)	S86
Beta-sitosterol	S86
15:0	S86
Fiber, total dietary	S6141, S101, S86
Pantothenic acid	S86
Cystine	S6141, S86
Histidine	S6141, S86
Glycine	S6141, S86
16:1 undifferentiated	S86

NDB No. 12151 Nuts, pistachio nuts, raw

Ash	S6141, S101, S86
Carotene, beta	S6141, S86
Tocopherol, gamma	S86
Vitamin B-6	S86
Tryptophan	S6141, S86
Threonine	S6141, S86
Valine	S6141, S86
18:3 undifferentiated	S86
20:4 undifferentiated	S86
22:0	S86
Campesterol	S86
13:0	S86
Sucrose	S6141, S101, S86
Fructose	S6141, S101, S86
Sodium, Na	S6141, S86
Vitamin E (alpha-tocopherol)	S86
Cryptoxanthin, beta	D7481
Vitamin C, total ascorbic acid	S6141, S86
Leucine	S6141, S86
Phenylalanine	S6141, S86
20:0	S86
22:1 undifferentiated	S86
20:2 n-6 c,c	S86

NDB No. 12152 Nuts, pistachio nuts, dry roasted, without salt added

Protein	S6141, S101, S86
Lactose	S6141, S101, S86
Sugars, total	S6141, S101, S86
Calcium, Ca	S6141, S101, S86
Tocopherol, gamma	S82, S6141, S86
Vitamin C, total ascorbic acid	S6141, S86
Riboflavin	S6141, S86
Vitamin B-6	S565, S563, S6141, S86
Choline, total	S565, S563
Dihydrophylloquinone	S565, S563
Vitamin K (phylloquinone)	S565, S563

NDB No. 12152 Nuts, pistachio nuts, dry roasted, without salt added

Lysine	S6141, S86
Cystine	S6141, S86
Campesterol	S6141, S86
Beta-sitosterol	S6141, S86
15:0	S6141, S86
Maltose	S6141, S101, S86
Water	S6141, S101, S86, D3767
Pantothenic acid	S86
Arginine	S6141, S86
10:0	S6141, S86
14:1	S6141, S86
22:1 undifferentiated	S6141, S86
Fiber, total dietary	S6141, S101, S86, D3767
Magnesium, Mg	S6141, S86
Phosphorus, P	S6141, S86
Manganese, Mn	S6141, S86
Selenium, Se	S565, S563, S6141, S86
Carotene, beta	S565, S563, S6141, S86
Carotene, alpha	S565, S563, S86
Lutein + zeaxanthin	S565, S563, S6141
Folate, total	S6141, S86
Betaine	S565, S563
Isoleucine	S6141, S86
Methionine	S6141, S86
Serine	S6141, S86
8:0	S6141, S86
14:0	S6141, S86
22:0	S6141, S86
24:1 c	S86
17:1	S6141
Total lipid (fat)	S82, S6141, S101, S86
Starch	S86
Vitamin A, IU	S565, S563, S86
Vitamin A, RAE	S565, S563, S86
Tocopherol, delta	S82, S6141, S86
Phenylalanine	S6141, S86
Valine	S6141, S86

NDB No. 12152 Nuts, pistachio nuts, dry roasted, without salt added

Proline	S6141, S86
12:0	S6141, S86
16:0	S6141, S86
18:0	S6141, S86
20:0	S6141, S86
20:1	S6141, S86
20:2 n-6 c,c	S6141, S86
15:1	S6141
Glucose (dextrose)	S6141, S101, S86
Tryptophan	S6141, S86
Leucine	S6141, S86
Histidine	S6141, S86
18:1 undifferentiated	S6141, S86
18:3 undifferentiated	S6141, S86
13:0	S86
Ash	S6141, S101, S86
Sucrose	S6141, S101, S86
Fructose	S6141, S101, S86
Vitamin E (alpha-tocopherol)	S82, S6141, S86
Alanine	S6141, S86
Aspartic acid	S6141, S86
18:2 undifferentiated	S6141, S86
17:0	S6141, S86
24:0	S6141, S86
18:1 t	S6141
Potassium, K	S6141, S101, S86
Sodium, Na	S6141, S86
Copper, Cu	S6141, S86
Tocopherol, beta	S82, S6141, S86
Glycine	S6141, S86
20:4 undifferentiated	S6141, S86
16:1 undifferentiated	S6141, S86
18:2 t not further defined	S6141
20:3 undifferentiated	S6141, S86
Iron, Fe	S6141, S101, S86
Zinc, Zn	S6141, S86
Cryptoxanthin, beta	S565, S563

NDB No. 12152 Nuts, pistachio nuts, dry roasted, without salt added

Lycopene	S565, S563
Thiamin	S6141, S86
Niacin	S6141, S86
Threonine	S6141, S86
Tyrosine	S6141, S86
Glutamic acid	S6141, S86
22:6 n-3 (DHA)	S86
20:5 n-3 (EPA)	S86
22:5 n-3 (DPA)	S86
Stigmasterol	S6141, S86

NDB No. 12154 Nuts, walnuts, black, dried

Sugars, total	S941
Calcium, Ca	S941
Iron, Fe	S941
Tocopherol, delta	S941
Phenylalanine	S1001
Histidine	S1001
18:2 undifferentiated	S941
Campesterol	S941
15:1	S941
Total lipid (fat)	S941
Lactose	S941
Fiber, total dietary	S941
Magnesium, Mg	S941
Sodium, Na	S941
Riboflavin	S941
Choline, total	S941
Arginine	S1001
18:3 n-6 c,c,c	S941
17:1	S941
18:3 n-3 c,c,c (ALA)	S941
Starch	S941
Manganese, Mn	S941
Vitamin A, IU	S941
Niacin	S941

NDB No. 12154 Nuts, walnuts, black, dried

Methionine	S1001
Glycine	S1001
Proline	S1001
20:4 undifferentiated	S941
Beta-sitosterol	S941
20:3 undifferentiated	S941
Sucrose	S941
Fructose	S941
Carotene, alpha	S941
Tocopherol, beta	S941
Tocopherol, gamma	S941
Vitamin C, total ascorbic acid	S941
Betaine	S941
Leucine	S1001
Tyrosine	S1001
Aspartic acid	S1001
Serine	S1001
8:0	S941
18:0	S941
Protein	S1001, S941
Phosphorus, P	S941
Potassium, K	S941
Zinc, Zn	S941
Pantothenic acid	S941
Vitamin B-6	S941
Isoleucine	S1001
Cystine	S1001
Glutamic acid	S1001
Cholesterol	S941
12:0	S941
22:0	S941
20:1	S941
Stigmasterol	S941
Vitamin A, RAE	S941
Carotene, beta	S941
Vitamin E (alpha-tocopherol)	S941
Lysine	S1001

NDB No. 12154 Nuts, walnuts, black, dried

14:0	S941
18:1 undifferentiated	S941
20:2 n-6 c,c	S941
Glucose (dextrose)	S941
Water	S941
Thiamin	S941
Tryptophan	S1001
Alanine	S1001
10:0	S941
16:0	S941
14:1	S941
16:1 undifferentiated	S941
17:0	S941
Ash	S941
Maltose	S941
Copper, Cu	S941
Selenium, Se	D3359
Folate, total	S941
Threonine	S1001
Valine	S1001
20:0	S941
15:0	S941

NDB No. 12155 Nuts, walnuts, english

Copper, Cu	S79
Vitamin A, RAE	S563, S79, S481
Carotene, alpha	S563, S79, S481
Valine	S79
14:1	S79
Tocopherol, delta	S79, S87
Vitamin C, total ascorbic acid	S79
Thiamin	S79
Vitamin B-6	S79
Tryptophan	S79
Threonine	S79
Serine	S79

NDB No. 12155 Nuts, walnuts, english

22:0	S79
20:1	S79
24:1 c	S79
20:3 undifferentiated	S79
Lactose	S79
Magnesium, Mg	S79
Tocopherol, beta	S79, S87
Folate, total	S79
Dihydrophylloquinone	S563, S481
Arginine	S79
Alanine	S79
Proline	S79
14:0	S79
20:0	S79
20:5 n-3 (EPA)	S79
22:5 n-3 (DPA)	S79
Stigmasterol	S79
24:0	S79
20:2 n-6 c,c	S79
Starch	S79
Sucrose	S79
Glucose (dextrose)	S79
Fructose	S79
Maltose	S79
Sodium, Na	S79
Selenium, Se	S563, S481
Lycopene	S563, S481
Betaine	S563, S481
Lysine	S79
Tyrosine	S79
18:2 undifferentiated	S79
20:4 undifferentiated	S79
22:1 undifferentiated	S79
13:0	S79
Water	S79
Zinc, Zn	S79
Lutein + zeaxanthin	S563, S481

NDB No. 12155 Nuts, walnuts, english

Niacin	S563, S481
Pantothenic acid	S79
Vitamin K (phylloquinone)	S563, S481
Leucine	S79
Cystine	S79
Histidine	S79
Aspartic acid	S79
8:0	S79
22:6 n-3 (DHA)	S79
16:1 undifferentiated	S79
17:0	S79
Total lipid (fat)	S79
Calcium, Ca	S79
Iron, Fe	S79
Manganese, Mn	S79
Vitamin A, IU	S563, S79, S481
Carotene, beta	S563, S79, S481
Riboflavin	S79
Choline, total	S563, S481
Glutamic acid	S79
Glycine	S79
10:0	S79
18:0	S79
Phosphorus, P	S79
Vitamin E (alpha-tocopherol)	S79, S87
Cryptoxanthin, beta	S563, S481
Isoleucine	S79
Phenylalanine	S79
12:0	S79
Campesterol	S79
Beta-sitosterol	S79
15:0	S79
Protein	S79
Ash	S79
Fiber, total dietary	S79
Potassium, K	S79
Tocopherol, gamma	S79, S87

NDB No. 12155 Nuts, walnuts, english

Methionine	S79
16:0	S79
18:1 undifferentiated	S79
18:3 undifferentiated	S79

NDB No. 12163 Seeds, pumpkin and squash seeds, whole, roasted, without salt

Fiber, total dietary	S4001

NDB No. 12195 Nuts, almond butter, plain, without salt added

Maltose	S3181
Sodium, Na	S3181
Thiamin	S3181
Vitamin B-6	S3181
Alanine	S3181
Glycine	S3181
8:0	S3181
14:1	S3181
Total lipid (fat)	S3181
Ash	S3181
Glucose (dextrose)	S3181
Lactose	S3181
Zinc, Zn	S3181
Histidine	S3181
18:2 undifferentiated	S3181
15:0	S3181
20:3 undifferentiated	S3181
Protein	S3181
Fructose	S3181
Vitamin E (alpha-tocopherol)	S3181
Niacin	S3181
Tryptophan	S3181
Threonine	S3181
Cystine	S3181
Phenylalanine	S3181
Arginine	S3181
Fatty acids, total saturated	S3181

NDB No. 12195 Nuts, almond butter, plain, without salt added

16:1 undifferentiated	S3181
17:1	S3181
Starch	S3181
Calcium, Ca	S3181
Tocopherol, gamma	S3181
Tyrosine	S3181
12:0	S3181
16:0	S3181
20:0	S3181
18:1 undifferentiated	S3181
20:4 undifferentiated	S3181
Fatty acids, total monounsaturated	S3181
Fatty acids, total polyunsaturated	S3181
17:0	S3181
15:1	S3181
Selenium, Se	S3181
Vitamin C, total ascorbic acid	S3181
Riboflavin	S3181
Pantothenic acid	S3181
14:0	S3181
20:1	S3181
20:2 n-6 c,c	S3181
Water	S3181
Copper, Cu	S3181
Valine	S3181
Glutamic acid	S3181
Proline	S3181
10:0	S3181
18:0	S3181
22:0	S3181
Stigmasterol	S3181
Sucrose	S3181
Fiber, total dietary	S3181
Iron, Fe	S3181
Phosphorus, P	S3181
Potassium, K	S3181
Manganese, Mn	S3181

NDB No. 12195 Nuts, almond butter, plain, without salt added

Leucine	S3181
Lysine	S3181
Aspartic acid	S3181
Serine	S3181
Campesterol	S3181
Beta-sitosterol	S3181
Magnesium, Mg	S3181
Tocopherol, beta	S3181
Tocopherol, delta	S3181
Isoleucine	S3181
Methionine	S3181
18:3 undifferentiated	S3181

NDB No. 12201 Seeds, sesame seed kernels, dried (decorticated)

Galactose	S1164
Phosphorus, P	S1164
Zinc, Zn	S1164
Vitamin E (alpha-tocopherol)	S1164
Folate, total	S1164
Vitamin K (phylloquinone)	S1164
Valine	S1164
Histidine	S1164
Proline	S1164
18:1 t	S1164
13:0	S1164
Maltose	S1164
Water	S1164
Sugars, total	S1164, S606
Sodium, Na	S1164
Copper, Cu	S1164
Tocopherol, delta	S1164
Choline, total	S1164
Betaine	S1164
Phenylalanine	S1164
18:0	S1164
20:1	S1164

NDB No. 12201 Seeds, sesame seed kernels, dried (decorticated)

Total lipid (fat)	S1164
Ash	S1164
Lactose	S1164
Fiber, total dietary	S1401
Calcium, Ca	S1164
Magnesium, Mg	S1164
Tocopherol, beta	S1164
Thiamin	S1164
Pantothenic acid	S1164
Dihydrophylloquinone	S1164
Threonine	S1164
Arginine	S1164
Alanine	S1164
6:0	S1164
8:0	S1164
10:0	S1164
18:2 undifferentiated	S1164
24:1 c	S1164
Sucrose	S1164, S606
Glucose (dextrose)	S1164, S606
Iron, Fe	S1164
Potassium, K	S1164
Tocopherol, gamma	S1164
Methionine	S1164
Cystine	S1164
Aspartic acid	S1164
Glycine	S1164
16:0	S1164
18:1 undifferentiated	S1164
18:3 undifferentiated	S1164
20:2 n-6 c,c	S1164
Protein	S1164
Fructose	S1164
Riboflavin	S1164
Isoleucine	S1164
Lysine	S1164
Fatty acids, total trans	S1164

NDB No. 12201 Seeds, sesame seed kernels, dried (decorticated)

12:0	S1164
14:0	S1164
Niacin	S1164
Hydroxyproline	S1164
20:0	S1164
22:0	S1164
22:1 undifferentiated	S1164
Fatty acids, total monounsaturated	S1164
Fatty acids, total polyunsaturated	S1164
Fatty acids, total trans-monoenoic	S1164
Manganese, Mn	S1164
Vitamin B-6	S1164, D4381
Fatty acids, total saturated	S1164
4:0	S1164
Selenium, Se	S1164, D7321, D7282, D7261, D7301
Tryptophan	S1164
Leucine	S1164
Tyrosine	S1164
Glutamic acid	S1164
Serine	S1164
16:1 undifferentiated	S1164
24:0	S1164

NDB No. 12220 Seeds, flaxseed

Fiber, total dietary	S1221, S2109
Vitamin A, RAE	S1221, S2109
Cryptoxanthin, beta	S2109
Lycopene	S2109
Riboflavin	S1221, S2109
Threonine	D4743, S2109
Valine	D4743, S2109
18:0	S1221, D4743, S2109
22:0	S1221, S2109
16:1 undifferentiated	S1221, S2109
15:0	S1221

NDB No. 12220 Seeds, flaxseed

20:2 n-6 c,c	S1221, S2109
Ash	S1221, S2109
Lactose	S1221, S2109
Sodium, Na	S1221, D4743, S2109
Vitamin B-6	S1221, S2109
Folate, total	S1221, S2109
Vitamin K (phylloquinone)	S2109
Tryptophan	D4743, S2109
Tyrosine	D4743, S2109
Hydroxyproline	S2109
24:1 c	S1221, S2109
Water	S1221, S2109
Iron, Fe	S1221, D4743, S2109
Magnesium, Mg	S1221, D4743, S2109
Potassium, K	S1221, D4743, S2109
Zinc, Zn	S1221, D4743, S2109
Selenium, Se	S2109
Vitamin A, IU	S1221, S2109
Dihydrophylloquinone	S2109
Phenylalanine	D4743, S2109
Glutamic acid	D4743, S2109
Proline	D4743, S2109
16:0	S1221, D4743, S2109
20:0	S1221, S2109
18:3 undifferentiated	S1221, D4743, S2109
24:0	S1221, S2109
Sucrose	S1221, S2109
Vitamin E (alpha-tocopherol)	D4743, S2109
Tocopherol, beta	S2109
Leucine	D4743, S2109
12:0	S2109
22:1 undifferentiated	S1221, S2109
17:0	S1221
Glucose (dextrose)	S1221, S2109
Fructose	S1221, S2109
Calcium, Ca	S1221, D4743, S2109
Carotene, alpha	S1221, S2109

NDB No. 12220 Seeds, flaxseed

Niacin	S1221, S2109
Cystine	D4743, S2109
Alanine	D4743, S2109
Serine	D4743, S2109
10:0	S2109
20:1	S1221, S2109
Total lipid (fat)	D4743, S2109
Phosphorus, P	S1221, S2109
Manganese, Mn	S1221, D4743, S2109
Tocopherol, delta	D4743, S2109
Thiamin	S1221, S2109
Pantothenic acid	S1221, S2109
Betaine	S2109
Arginine	D4743, S2109
Glycine	D4743, S2109
14:0	S1221, S2109
Maltose	S1221, S2109
Copper, Cu	S1221, D4743, S2109
Carotene, beta	S1221, S2109
Lutein + zeaxanthin	D4743
Tocopherol, gamma	D4743, S2109
Vitamin C, total ascorbic acid	S1221, S2109
Choline, total	S2109
Methionine	D4743, S2109
Histidine	D4743, S2109
Aspartic acid	D4743, S2109
8:0	S2109
18:1 undifferentiated	S1221, D4743, S2109
18:2 undifferentiated	S1221, D4743, S2109
Protein	S1221, D4743, S2109
Vitamin B-12	S1221
Isoleucine	D4743, S2109
Lysine	D4743, S2109

NDB No. 12516 Seeds, pumpkin and squash seed kernels, roasted, with salt added

Glucose (dextrose)	S4921

NDB No. 12516 Seeds, pumpkin and squash seed kernels, roasted, with salt added

Calcium, Ca	S4921, S5804
Phosphorus, P	S4921, S5804
Manganese, Mn	S4921, S5804
Carotene, beta	S4921
Lutein + zeaxanthin	S4921
Pantothenic acid	S4921
Dihydrophylloquinone	S4921
Betaine	S4001
Threonine	S4921
Alanine	S4921
18:0	S4921
22:0	S4921
14:1	S4921
20:5 n-3 (EPA)	S4921
22:1 undifferentiated	S4921
Magnesium, Mg	S4921, S5804
Potassium, K	S4921, S5804
Zinc, Zn	S4921, S5804
Vitamin E (alpha-tocopherol)	S4921
Thiamin	S4921
Menaquinone-4	S4921
Leucine	S4921
Tyrosine	S4921
14:0	S4921
18:1 undifferentiated	S4921
18:3 undifferentiated	S4921
Campesterol	D6321
Beta-sitosterol	D6321
20:2 n-6 c,c	S4921
18:1 c	S4921
18:3 n-3 c,c,c (ALA)	S4921
20:3 n-3	S4921
Maltose	S4921
Copper, Cu	S4921, S5804
Riboflavin	S4921
Niacin	S4921
Vitamin K (phylloquinone)	S4921

NDB No. 12516 Seeds, pumpkin and squash seed kernels, roasted, with salt added

Tryptophan	S4921
Isoleucine	S4921
Phenylalanine	S4921
20:4 undifferentiated	S4921
16:1 undifferentiated	S4921
18:1 t	S4921
18:2 n-6 c,c	S4921
20:3 n-6	S4921
22:4	S4921
Protein	S4921
Vitamin A, IU	S4921
Carotene, alpha	S4921
Tocopherol, delta	S4921
Lysine	S4921
Cystine	S4921
4:0	S4921
12:0	S4921
18:4	S4921
17:0	S4921
24:1 c	S4921
22:1 c	S4921
Fatty acids, total trans-polyenoic	S4921
Water	S4921
Iron, Fe	S4921, S5804
Sodium, Na	S5804
Lycopene	S4921
Valine	S4921
Proline	S4921
8:0	S4921
10:0	S4921
18:2 undifferentiated	S4921
20:1	S4921
18:2 CLAs	S4921
Fructose	S4921
Lactose	S4921
Tocopherol, beta	S4921
Vitamin B-6	S4921

NDB No. 12516 Seeds, pumpkin and squash seed kernels, roasted, with salt added

Glycine	S4921
6:0	S4921
20:0	S4921
Fatty acids, total polyunsaturated	S4921
18:3 n-6 c,c,c	S4921
Fatty acids, total trans-monoenoic	S4921
Starch	S4921
Sucrose	S4921
Galactose	S4921
Fiber, total dietary	S4921
Vitamin A, RAE	S4921
Cryptoxanthin, beta	S4921
Arginine	S4921
Aspartic acid	S4921
Serine	S4921
16:0	S4921
Stigmasterol	D6321
15:0	S4921
22:1 t	S4921
18:2 t not further defined	S4921
20:3 undifferentiated	S4921
15:1	S4921
Total lipid (fat)	S4921
Sugars, total	S4921
Tocopherol, gamma	S4921
Choline, total	S4001
Methionine	S4921
Histidine	S4921
Glutamic acid	S4921
Fatty acids, total trans	S4921
Fatty acids, total saturated	S4921
22:6 n-3 (DHA)	S4921
22:5 n-3 (DPA)	S4921
Fatty acids, total monounsaturated	S4921
24:0	S4921
16:1 t	S4921

NDB No. 12516 Seeds, pumpkin and squash seed kernels, roasted, with salt added

16:1 c	S4921
17:1	S4921

NDB No. 12537 Seeds, sunflower seed kernels, dry roasted, with salt added

Vitamin E (alpha-tocopherol)	S84, S2142
Tocopherol, delta	S84, S2142
Tocopherol, beta	S84, S2142
Sucrose	S604
Glucose (dextrose)	S604
Tocopherol, gamma	S84, S2142

NDB No. 12538 Seeds, sunflower seed kernels, oil roasted, with salt added

Glucose (dextrose)	S961, S606, S661
Sugars, total	S961, S606, S661
Vitamin A, IU	S1202, S661
Vitamin E (alpha-tocopherol)	S2142
4:0	S661
10:0	S661
20:4 undifferentiated	S661
14:1	S661
20:2 n-6 c,c	S961, S661
Fructose	S961, S661
Fatty acids, total trans	S961
12:0	S661
22:0	S961, S661
18:2 t not further defined	S961
Total lipid (fat)	S961, S661
Lactose	S961, S661
Vitamin A, RAE	S1202, S661
16:0	S961, S661
20:0	S961, S661
20:1	S961, S661
20:5 n-3 (EPA)	S661
24:0	S961, S661
16:1 t	S961
13:0	S661

NDB No. 12538 Seeds, sunflower seed kernels, oil roasted, with salt added

18:3 n-3 c,c,c (ALA)	S961
Fiber, total dietary	S661
Carotene, beta	S1202, S661
Vitamin C, total ascorbic acid	S961, S661
22:1 undifferentiated	S661
18:1 c	S961
Sodium, Na	S961, S661
Tocopherol, beta	S2142
18:1 t	S961
Fatty acids, total trans-polyenoic	S961
Protein	S961, S661
Water	S961, S606, S661
Calcium, Ca	S961, S661
6:0	S661
18:0	S961, S661
17:0	S961, S661
20:3 undifferentiated	S661
Iron, Fe	S961, S661
Carotene, alpha	S1202
Cryptoxanthin, beta	S1202
Tocopherol, delta	S2142
14:0	S961, S661
22:6 n-3 (DHA)	S661
15:0	S961, S661
18:2 n-6 c,c	S961
15:1	S661
Ash	S961, S661
Sucrose	S961, S606, S661
Maltose	S961, S661
Retinol	S661
Tocopherol, gamma	S2142
Cholesterol	S961, S661
8:0	S661
24:1 c	S661
16:1 c	S961
18:3 n-6 c,c,c	S961
17:1	S961, S661

NDB No. 12538 Seeds, sunflower seed kernels, oil roasted, with salt added

Fatty acids, total trans-monoenoic	S961

NDB No. 12540 Seeds, sunflower seed butter, with salt added

Cystine	S5804
Glycine	S5804
8:0	S5804
18:0	S5804
18:4	S5804
22:1 undifferentiated	S5804
Campesterol	S5804
Beta-sitosterol	S5804
15:0	S5804
18:2 t not further defined	S5804
18:3 n-6 c,c,c	S5804
Fatty acids, total trans-monoenoic	S5804
18:3 n-3 c,c,c (ALA)	S5804
20:3 n-3	S5804
22:4	S5804
Maltose	S5804
Phosphorus, P	S5804
Copper, Cu	S5804
Vitamin B-6	S5804
Tyrosine	S5804
18:2 undifferentiated	S5804
20:4 undifferentiated	S5804
22:0	S5804
14:1	S5804
17:0	S5804
24:0	S5804
18:2 n-6 c,c	S5804
Fatty acids, total trans-polyenoic	S5804
Ash	S5804
Lactose	S5804
Sugars, total	S5804
Niacin	S5804

NDB No. 12540 Seeds, sunflower seed butter, with salt added

Threonine	S5804
Arginine	S5804
Alanine	S5804
Glutamic acid	S5804
Proline	S5804
Fatty acids, total trans	S5804
18:1 undifferentiated	S5804
16:1 t	S5804
18:1 c	S5804
15:1	S5804
Protein	S5804
Sucrose	S5804
Glucose (dextrose)	S5804
Fructose	S5804
Magnesium, Mg	S5804
Vitamin E (alpha-tocopherol)	S5804
Tocopherol, delta	S5804
Serine	S5804
Cholesterol	S5804
Fatty acids, total saturated	S5804
22:5 n-3 (DPA)	S5804
18:2 CLAs	S5804
24:1 c	S5804
20:3 n-6	S5804
Iron, Fe	S5804
Tocopherol, beta	S5804
Riboflavin	S5804
Isoleucine	S5804
Phenylalanine	S5804
18:3 undifferentiated	S5804
20:1	S5804
Stigmasterol	S5804
18:1 t	S5804
17:1	S5804
Starch	S5804
Fiber, total dietary	S5804
Leucine	S5804

NDB No. 12540 Seeds, sunflower seed butter, with salt added

6:0	S5804
12:0	S5804
16:1 undifferentiated	S5804
20:3 undifferentiated	S5804
Total lipid (fat)	S5804
Galactose	S5804
Calcium, Ca	S5804
Potassium, K	S5804
Zinc, Zn	S5804
Selenium, Se	S5804
Thiamin	S5804
Pantothenic acid	S5804
Methionine	S5804
Histidine	S5804
Aspartic acid	S5804
10:0	S5804
20:0	S5804
22:6 n-3 (DHA)	S5804
Fatty acids, total polyunsaturated	S5804
22:1 t	S5804
20:2 n-6 c,c	S5804
16:1 c	S5804
22:1 c	S5804
Water	S5804
Sodium, Na	S5804
Manganese, Mn	S5804
Tocopherol, gamma	S5804
Tryptophan	S5804
Lysine	S5804
Valine	S5804
4:0	S5804
14:0	S5804
16:0	S5804
20:5 n-3 (EPA)	S5804
Fatty acids, total monounsaturated	S5804

NDB No. 12563 Nuts, almonds, dry roasted, with salt added

Calcium, Ca	S141, S4141
Magnesium, Mg	S141, S4141
Pantothenic acid	S141, S4141
Folate, total	S141, S4141
Tryptophan	S141
Threonine	S141
Serine	S141
12:0	S141
18:2 undifferentiated	S141, S4141
22:6 n-3 (DHA)	S141
24:0	S141
20:2 n-6 c,c	S141
20:3 undifferentiated	S141
Starch	S141
Phosphorus, P	S141, S4141
Carotene, alpha	S141
Cystine	S141
Tyrosine	S141
Fatty acids, total trans	S4141
18:0	S141, S4141
16:1 undifferentiated	S141, S4141
22:1 undifferentiated	S141
Glucose (dextrose)	S141, S4141
Lactose	S141
Water	S141, S4141
Manganese, Mn	S141, S4141
Tocopherol, gamma	S141, S4141
Isoleucine	S141
Histidine	S141
Proline	S141
10:0	S141
20:0	S141
15:1	S4141
Total lipid (fat)	S141, S4141
Fructose	S141, S4141
Selenium, Se	S141, S4141
Vitamin C, total ascorbic acid	S141

NDB No. 12563 Nuts, almonds, dry roasted, with salt added

Riboflavin	S141, S4141
Glutamic acid	S141
16:0	S141, S4141
18:3 undifferentiated	S141, S4141
Campesterol	S141, S4141
15:0	S141
Sucrose	S141, S4141
Zinc, Zn	S141, S4141
Arginine	S141
Glycine	S141
8:0	S141
20:4 undifferentiated	S141
22:0	S141
22:5 n-3 (DPA)	S141
17:1	S4141
Potassium, K	S141, S4141
Tocopherol, beta	S141, S4141
Tocopherol, delta	S141, S4141
Thiamin	S141, S4141
Alanine	S141
14:0	S141
18:1 undifferentiated	S141, S4141
20:5 n-3 (EPA)	S141
Stigmasterol	S141, S4141
Ash	S141, S4141
Maltose	S141
Carotene, beta	S141
Vitamin B-6	S141, S4141
Phenylalanine	S141
Valine	S141
14:1	S141
20:1	S141
Beta-sitosterol	S141, S4141
13:0	S141
Protein	S141, S4141
Fiber, total dietary	S141, S4141
Iron, Fe	S141, S4141

NDB No. 12563 Nuts, almonds, dry roasted, with salt added

Copper, Cu	S141, S4141
Vitamin E (alpha-tocopherol)	S141, S4141
Niacin	S141, S4141
Leucine	S141
Lysine	S141
Methionine	S141
Aspartic acid	S141
17:0	S141, S4141
24:1 c	S141

NDB No. 12565 Nuts, almonds, oil roasted, with salt added

Protein	S141
Sucrose	S141
Maltose	S141
Copper, Cu	S141
Tyrosine	S141
Valine	S141
Glutamic acid	S141
Glycine	S141
18:3 undifferentiated	S141
24:0	S141
13:0	S141
Carotene, beta	S141
Folate, total	S141
Cystine	S141
Histidine	S141
12:0	S141
Stigmasterol	S141
Manganese, Mn	S141
Pantothenic acid	S141
Leucine	S141
8:0	S141
16:0	S141
16:1 undifferentiated	S141
15:0	S141
Starch	S141

NDB No. 12565 Nuts, almonds, oil roasted, with salt added

Phosphorus, P	S141
Carotene, alpha	S141
Threonine	S141
Lysine	S141
Phenylalanine	S141
Arginine	S141
20:4 undifferentiated	S141
22:5 n-3 (DPA)	S141
Campesterol	S141
24:1 c	S141
20:3 undifferentiated	S141
Total lipid (fat)	S141
Vitamin E (alpha-tocopherol)	S141
Tocopherol, beta	S141
Vitamin C, total ascorbic acid	S141
Riboflavin	S141
Vitamin B-6	S141
Aspartic acid	S141
18:2 undifferentiated	S141
22:6 n-3 (DHA)	S141
22:0	S141
20:1	S141
22:1 undifferentiated	S141
17:0	S141
Water	S141
Fiber, total dietary	S141
Potassium, K	S141
Isoleucine	S141
Methionine	S141
Proline	S141
Serine	S141
14:0	S141
18:1 undifferentiated	S141
20:2 n-6 c,c	S141
Glucose (dextrose)	S141
Calcium, Ca	S141
Iron, Fe	S141

NDB No. 12565 Nuts, almonds, oil roasted, with salt added

Zinc, Zn	S141
Tryptophan	S141
18:0	S141
20:0	S141
14:1	S141
Ash	S141
Fructose	S141
Lactose	S141
Magnesium, Mg	S141
Tocopherol, gamma	S141
Tocopherol, delta	S141
Thiamin	S141
Niacin	S141
Alanine	S141
10:0	S141
20:5 n-3 (EPA)	S141
Beta-sitosterol	S141

NDB No. 12586 Nuts, cashew nuts, oil roasted, with salt added

Sucrose	S502, S343, S363
Sugars, total	S502, S343, S363
Iron, Fe	S502, S5, S343, S363
Zinc, Zn	S502, S343, S363
Thiamin	S502, S343, S363
Cystine	S502, S363
Valine	S502, S363
Histidine	S502, S363
Proline	S502, S363
14:0	S502, S363
18:3 undifferentiated	S502, S363
15:1	S502, S363
Magnesium, Mg	S502, S343, S363
Copper, Cu	S502, S343, S363
Carotene, beta	S502, S363
Vitamin C, total ascorbic acid	S502, S343, S363
Pantothenic acid	S502, S363

NDB No. 12586 Nuts, cashew nuts, oil roasted, with salt added

Folate, total	S502, S363
Methionine	S502, S363
14:1	S502, S363
20:5 n-3 (EPA)	S502
Protein	S502, S343, S363
Total lipid (fat)	S502, S5, S363
Ash	S502, S5, S343, S363
Maltose	S502, S343, S363
Potassium, K	S502, S343, S363
Lutein + zeaxanthin	S502, S363
Tocopherol, delta	S82, S502
Choline, total	S502, S363
Dihydrophylloquinone	S502, S363
Vitamin K (phylloquinone)	S502, S363
Lysine	S502, S363
Tyrosine	S502, S363
Arginine	S502, S363
Aspartic acid	S502, S363
Serine	S502, S363
8:0	S502, S363
18:1 undifferentiated	S502, S363
22:6 n-3 (DHA)	S502
20:1	S502, S363
15:0	S502, S363
Water	S82, S502, S5, S343, S363
Fiber, total dietary	S502, S363
Sodium, Na	S502, S5, S343, S363
Tocopherol, beta	S82, S502
Glycine	S502, S363
10:0	S502, S363
16:0	S502, S363
20:4 undifferentiated	S502, S363
18:4	S502
22:1 undifferentiated	S502
22:5 n-3 (DPA)	S502
Phosphorus, P	S502, S343, S363
Niacin	S502, S343, S363

NDB No. 12586 Nuts, cashew nuts, oil roasted, with salt added

Tryptophan	S502, S363
Glutamic acid	S502, S363
12:0	S502, S363
18:0	S502, S363
20:0	S502, S363
18:2 undifferentiated	S502, S363
17:0	S502, S363
Galactose	S502, S363
Lycopene	S502, S363
Riboflavin	S502, S343, S363
Isoleucine	S502, S363
16:1 undifferentiated	S502, S363
20:3 undifferentiated	S502, S363
Glucose (dextrose)	S502, S343, S363
Lactose	S502, S343, S363
Calcium, Ca	S502, S343, S363
Vitamin E (alpha-tocopherol)	S82, S502
Cryptoxanthin, beta	S502, S363
Tocopherol, gamma	S82, S502
Vitamin B-6	S502, S343, S363
Betaine	S502, S363
Leucine	S502, S363
22:0	S502, S363
20:2 n-6 c,c	S502, S363
17:1	S502, S363
Starch	S502, S343, S363
Fructose	S502, S343, S363
Manganese, Mn	S502, S343, S363
Selenium, Se	D3358, S502, D3359, S363
Carotene, alpha	S502, S363
Threonine	S502, S363
Phenylalanine	S502, S363
Alanine	S502, S363
24:0	S502

NDB No. 12632 Nuts, macadamia nuts, dry roasted, with salt added

NDB No. 12632 Nuts, macadamia nuts, dry roasted, with salt added

Total lipid (fat)	S77
Ash	S77
Starch	S77
Glucose (dextrose)	S77
Fiber, total dietary	S77
Calcium, Ca	S77
20:0	S77
20:5 n-3 (EPA)	S77
22:1 undifferentiated	S77
24:0	S77
Fructose	S77
Lactose	S77
Water	S77
Phosphorus, P	S77
Carotene, beta	S566, S363, S77
Carotene, alpha	S566, S363, S77
Vitamin B-6	S77
Lysine	S77
Histidine	S77
Aspartic acid	S77
18:3 undifferentiated	S77
22:6 n-3 (DHA)	S77
14:1	S77
Stigmasterol	S77
13:0	S77
Protein	S77
Copper, Cu	S77
Folate, total	S77
Isoleucine	S77
Arginine	S77
Alanine	S77
Glycine	S77
Maltose	S77
Magnesium, Mg	S77
Sodium, Na	S77
Selenium, Se	S566, S363
Lycopene	S566, S363

NDB No. 12632 Nuts, macadamia nuts, dry roasted, with salt added

Methionine	S77
Valine	S77
18:0	S77
20:1	S77
22:5 n-3 (DPA)	S77
17:0	S77
Thiamin	S77
Choline, total	S566, S363
Betaine	S566, S363
Cystine	S77
Beta-sitosterol	S77
20:2 n-6 c,c	S77
Sucrose	S77
Tocopherol, delta	S77
Vitamin C, total ascorbic acid	S77
Vitamin K (phylloquinone)	S363
Threonine	S77
Glutamic acid	S77
8:0	S77
14:0	S77
16:0	S77
18:1 undifferentiated	S77
18:2 undifferentiated	S77
Campesterol	S77
Iron, Fe	S77
Lutein + zeaxanthin	S566, S363
Niacin	S77
Pantothenic acid	S77
Tryptophan	S77
Tyrosine	S77
Serine	S77
10:0	S77
20:4 undifferentiated	S77
22:0	S77
15:0	S77
Potassium, K	S77
Zinc, Zn	S77

NDB No. 12632 Nuts, macadamia nuts, dry roasted, with salt added

Manganese, Mn	S77
Vitamin E (alpha-tocopherol)	S77
Cryptoxanthin, beta	S566, S363
Tocopherol, beta	S77
Tocopherol, gamma	S77
Riboflavin	S77
Dihydrophylloquinone	S363
Leucine	S77
Phenylalanine	S77
Proline	S77
12:0	S77
16:1 undifferentiated	S77
24:1 c	S77
20:3 undifferentiated	S77

NDB No. 12643 Nuts, pecans, dry roasted, with salt added

Phosphorus, P	S85
Carotene, beta	S85
Tocopherol, delta	S85
Thiamin	S85
Aspartic acid	S85
Serine	S85
14:0	S85
18:0	S85
18:1 undifferentiated	S85
20:5 n-3 (EPA)	S85
Campesterol	S85
Starch	S85
Water	S85
Calcium, Ca	S85
Manganese, Mn	S85
Vitamin C, total ascorbic acid	S85
Niacin	S85
Threonine	S85
10:0	S85
20:2 n-6 c,c	S85

NDB No. 12643 Nuts, pecans, dry roasted, with salt added

Ash	S85
Glucose (dextrose)	S85
Selenium, Se	S85
Tyrosine	S85
Histidine	S85
18:2 undifferentiated	S85
14:1	S85
22:5 n-3 (DPA)	S85
17:0	S85
24:1 c	S85
13:0	S85
Fructose	S85
Iron, Fe	S85
Methionine	S85
Phenylalanine	S85
Arginine	S85
20:0	S85
15:0	S85
20:3 undifferentiated	S85
Fiber, total dietary	S85
Potassium, K	S85
Zinc, Zn	S85
Carotene, alpha	S85
Tocopherol, beta	S85
Riboflavin	S85
Vitamin B-6	S85
Tryptophan	S85
Leucine	S85
Alanine	S85
12:0	S85
Magnesium, Mg	S85
Folate, total	S85
Isoleucine	S85
Lysine	S85
Cystine	S85
Valine	S85
8:0	S85

NDB No. 12643 Nuts, pecans, dry roasted, with salt added

20:4 undifferentiated	S85
16:1 undifferentiated	S85
20:1	S85
Stigmasterol	S85
Protein	S85
Sucrose	S85
Proline	S85
22:0	S85
Beta-sitosterol	S85
24:0	S85
Total lipid (fat)	S85
Lactose	S85
Maltose	S85
Copper, Cu	S85
Vitamin E (alpha-tocopherol)	S85
Tocopherol, gamma	S85
Pantothenic acid	S85
Glutamic acid	S85
Glycine	S85
16:0	S85
18:3 undifferentiated	S85
22:6 n-3 (DHA)	S85
22:1 undifferentiated	S85

NDB No. 12644 Nuts, pecans, oil roasted, with salt added

Total lipid (fat)	S85
Carotene, beta	S85
Niacin	S85
Vitamin B-6	S85
Leucine	S85
Proline	S85
12:0	S85
14:1	S85
17:0	S85
13:0	S85
Protein	S85

NDB No. 12644 Nuts, pecans, oil roasted, with salt added

Lactose	S85
Magnesium, Mg	S85
Carotene, alpha	S85
Lysine	S85
Tyrosine	S85
22:0	S85
22:1 undifferentiated	S85
Sucrose	S85
Maltose	S85
Phosphorus, P	S85
Manganese, Mn	S85
Selenium, Se	S85
Folate, total	S85
10:0	S85
20:5 n-3 (EPA)	S85
Water	S85
Potassium, K	S85
Riboflavin	S85
Pantothenic acid	S85
Tryptophan	S85
Threonine	S85
Isoleucine	S85
14:0	S85
20:4 undifferentiated	S85
22:5 n-3 (DPA)	S85
Stigmasterol	S85
15:0	S85
20:3 undifferentiated	S85
Glucose (dextrose)	S85
Copper, Cu	S85
Arginine	S85
Alanine	S85
18:2 undifferentiated	S85
22:6 n-3 (DHA)	S85
Campesterol	S85
24:1 c	S85
Starch	S85

NDB No. 12644 Nuts, pecans, oil roasted, with salt added

Zinc, Zn	S85
Tocopherol, beta	S85
Phenylalanine	S85
Glycine	S85
16:1 undifferentiated	S85
20:1	S85
Ash	S85
Fiber, total dietary	S85
Calcium, Ca	S85
Iron, Fe	S85
Vitamin E (alpha-tocopherol)	S85
Thiamin	S85
Glutamic acid	S85
18:0	S85
Beta-sitosterol	S85
24:0	S85
Fructose	S85
Tocopherol, gamma	S85
Tocopherol, delta	S85
Vitamin C, total ascorbic acid	S85
Methionine	S85
Cystine	S85
Valine	S85
Histidine	S85
Aspartic acid	S85
Serine	S85
8:0	S85
16:0	S85
20:0	S85
18:1 undifferentiated	S85
18:3 undifferentiated	S85
20:2 n-6 c,c	S85

NDB No. 12652 Nuts, pistachio nuts, dry roasted, with salt added

Protein	S6141, S101, S86
Total lipid (fat)	S82, S6141, S101, S86

NDB No. 12652 Nuts, pistachio nuts, dry roasted, with salt added

Glucose (dextrose)	S6141, S101, S86
Fiber, total dietary	S6141, S101, S86, D3767
Potassium, K	S6141, S101, S86
Sodium, Na	S6141, S101, S86
Zinc, Zn	S6141, S86
Lutein + zeaxanthin	S565, S563, S6141
Riboflavin	S6141, S86
Folate, total	S6141, S86
Dihydrophylloquinone	S565, S563
Lysine	S6141, S86
Histidine	S6141, S86
Glutamic acid	S6141, S86
Proline	S6141, S86
Serine	S6141, S86
16:1 undifferentiated	S6141, S86
Beta-sitosterol	S6141, S86
20:2 n-6 c,c	S6141, S86
Iron, Fe	S6141, S101, S86
Thiamin	S6141, S86
Betaine	S565, S563
Methionine	S6141, S86
22:6 n-3 (DHA)	S86
Stigmasterol	S6141, S86
Fatty acids, total trans-monoenoic	S6141
Sugars, total	S6141, S101, S86
Magnesium, Mg	S6141, S86
Phosphorus, P	S6141, S86
Manganese, Mn	S6141, S86
Lycopene	S565, S563
Tryptophan	S6141, S86
Leucine	S6141, S86
18:2 undifferentiated	S6141, S86
22:5 n-3 (DPA)	S86
18:1 t	S6141
Maltose	S6141, S101, S86
Vitamin A, RAE	S565, S563, S86
Carotene, beta	S565, S563, S6141, S86

NDB No. 12652 Nuts, pistachio nuts, dry roasted, with salt added

Tocopherol, beta	S82, S6141, S86
Tocopherol, delta	S82, S6141, S86
Vitamin B-6	S565, S563, S6141, S86
Choline, total	S565, S563
Vitamin K (phylloquinone)	S565, S563
Cystine	S6141, S86
Aspartic acid	S6141, S86
18:0	S6141, S86
18:1 undifferentiated	S6141, S86
18:3 undifferentiated	S6141, S86
14:1	S6141, S86
18:2 t not further defined	S6141
Copper, Cu	S6141, S86
Vitamin A, IU	S565, S563, S86
Vitamin E (alpha-tocopherol)	S82, S6141, S86
Pantothenic acid	S86
Phenylalanine	S6141, S86
Tyrosine	S6141, S86
8:0	S6141, S86
10:0	S6141, S86
14:0	S6141, S86
16:0	S6141, S86
17:0	S6141, S86
13:0	S86
Ash	S6141, S86
Starch	S86
Fructose	S6141, S101, S86
Water	S6141, S86, D3767
Tocopherol, gamma	S82, S6141, S86
Isoleucine	S6141, S86
Glycine	S6141, S86
12:0	S6141, S86
20:0	S6141, S86
22:0	S6141, S86
20:5 n-3 (EPA)	S86
Campesterol	S6141, S86
15:0	S6141, S86

NDB No. 12652 Nuts, pistachio nuts, dry roasted, with salt added

24:0	S6141, S86
20:3 undifferentiated	S6141, S86
15:1	S6141
Lactose	S6141, S101, S86
Selenium, Se	S565, S563, S6141, S86
Carotene, alpha	S565, S563, S86
Niacin	S6141, S86
Valine	S6141, S86
Alanine	S6141, S86
20:4 undifferentiated	S6141, S86
22:1 undifferentiated	S6141, S86
24:1 c	S86
17:1	S6141
Fatty acids, total trans-polyenoic	S6141
Sucrose	S6141, S101, S86
Calcium, Ca	S6141, S101, S86
Cryptoxanthin, beta	S565, S563
Vitamin C, total ascorbic acid	S6141, S86
Threonine	S6141, S86
Arginine	S6141, S86
Fatty acids, total trans	S6141
20:1	S6141, S86

NDB No. 12663 Seeds, pumpkin and squash seeds, whole, roasted, with salt added

Choline, total	S4001
Betaine	S4001
Fiber, total dietary	S4001

NDB No. 12695 Nuts, almond butter, plain, with salt added

Zinc, Zn	S3181
Manganese, Mn	S3181
Tocopherol, delta	S3181
Pantothenic acid	S3181
Tryptophan	S3181
Leucine	S3181
Lysine	S3181

NDB No. 12695 Nuts, almond butter, plain, with salt added

20:4 undifferentiated	S3181
14:1	S3181
17:0	S3181
Glucose (dextrose)	S3181
Vitamin B-6	S3181
Threonine	S3181
Isoleucine	S3181
20:0	S3181
Beta-sitosterol	S3181
Fatty acids, total monounsaturated	S3181
Fatty acids, total polyunsaturated	S3181
Starch	S3181
Vitamin E (alpha-tocopherol)	S3181
Methionine	S3181
Valine	S3181
16:1 undifferentiated	S3181
Stigmasterol	S3181
15:0	S3181
20:3 undifferentiated	S3181
15:1	S3181
Protein	S3181
Total lipid (fat)	S3181
Sucrose	S3181
Iron, Fe	S3181
Potassium, K	S3181
Tocopherol, beta	S3181
Fatty acids, total saturated	S3181
18:0	S3181
18:2 undifferentiated	S3181
Campesterol	S3181
17:1	S3181
Fructose	S3181
Copper, Cu	S3181
Riboflavin	S3181
Niacin	S3181
Glycine	S3181
Serine	S3181

NDB No. 12695 Nuts, almond butter, plain, with salt added

10:0	S3181
22:0	S3181
Ash	S3181
Lactose	S3181
Maltose	S3181
Magnesium, Mg	S3181
Tocopherol, gamma	S3181
8:0	S3181
12:0	S3181
16:0	S3181
Water	S3181
Phosphorus, P	S3181
Selenium, Se	S3181
Tyrosine	S3181
Arginine	S3181
Alanine	S3181
Aspartic acid	S3181
Proline	S3181
20:1	S3181
Fiber, total dietary	S3181
Calcium, Ca	S3181
Vitamin C, total ascorbic acid	S3181
Thiamin	S3181
Cystine	S3181
Phenylalanine	S3181
Histidine	S3181
Glutamic acid	S3181
14:0	S3181
18:1 undifferentiated	S3181
18:3 undifferentiated	S3181
20:2 n-6 c,c	S3181

NDB No. 13000 Beef, grass-fed, strip steaks, lean only, raw

Vitamin B-12	S4201
20:4 undifferentiated	S4201
22:0	S4201

NDB No. 13000 Beef, grass-fed, strip steaks, lean only, raw

18:4	S4201
20:1	S4201
Fatty acids, total polyunsaturated	S4201
18:1 t	S4201
20:3 undifferentiated	S4201
18:3 n-3 c,c,c (ALA)	S4201
Phosphorus, P	S4201
Thiamin	S4201
12:0	S4201
18:1 undifferentiated	S4201
14:1	S4201
18:1 c	S4201
Zinc, Zn	S4201
Betaine	S4201
Cholesterol	S4201
16:0	S4201
18:3 undifferentiated	S4201
Fatty acids, total monounsaturated	S4201
Potassium, K	S4201
15:0	S4201
Fatty acids, total trans-polyenoic	S4201
Total lipid (fat)	S4201
Ash	S4201
Water	S4201
Magnesium, Mg	S4201
Sodium, Na	S4201
Fatty acids, total saturated	S4201
8:0	S4201
20:2 n-6 c,c	S4201
17:1	S4201
Calcium, Ca	S4201
Iron, Fe	S4201
Selenium, Se	S4201
Fatty acids, total trans	S4201
14:0	S4201
22:6 n-3 (DHA)	S4201
16:1 undifferentiated	S4201

NDB No. 13000 Beef, grass-fed, strip steaks, lean only, raw

22:5 n-3 (DPA)	S4201
17:0	S4201
24:0	S4201
18:2 n-6 c,c	S4201
15:1	S4201
10:0	S4201
18:2 undifferentiated	S4201
18:2 t not further defined	S4201
18:2 CLAs	S4201
Fatty acids, total trans-monoenoic	S4201
Protein	S4201
Copper, Cu	S4201
Manganese, Mn	S4201
Choline, total	S4201
18:0	S4201
20:0	S4201
20:5 n-3 (EPA)	S4201
22:1 undifferentiated	S4201
18:3 n-6 c,c,c	S4201

NDB No. 13001 Beef, carcass, separable lean and fat, choice, raw

Fluoride, F	D5001, D5002, D5007, D5021

NDB No. 13002 Beef, carcass, separable lean and fat, select, raw

Fluoride, F	D5001, D5002, D5007, D5021

NDB No. 13019 Beef, retail cuts, separable fat, raw

Phosphorus, P	S2
Retinol	S2
Threonine	S14, S2
Aspartic acid	S14, S2
Glycine	S14, S2
Iron, Fe	S2
Manganese, Mn	S2

NDB No. 13019 Beef, retail cuts, separable fat, raw

Isoleucine	S14, S2
Phenylalanine	S14, S2
Serine	S14, S2
Water	S2
Potassium, K	S2
Tocopherol, gamma	S2
Niacin	S2
Vitamin B-12	S2
Tryptophan	S14, S2
Protein	S2
Total lipid (fat)	S2
Calcium, Ca	S2
Vitamin D3 (cholecalciferol)	S5961
Vitamin B-6	S2
Leucine	S14, S2
Sodium, Na	S2
Zinc, Zn	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, delta	S2
Thiamin	S2
Histidine	S14, S2
Selenium, Se	S2
Tocopherol, beta	S2
Folate, total	S2
Tyrosine	S14, S2
Proline	S14, S2
Ash	S2
Magnesium, Mg	S2
Copper, Cu	S2
Vitamin D	S5961
Riboflavin	S2
Pantothenic acid	S2
Methionine	S14, S2
Arginine	S14, S2
Lysine	S14, S2
Cystine	S14, S2
Valine	S14, S2

NDB No. 13019 Beef, retail cuts, separable fat, raw

Alanine	S14, S2
Glutamic acid	S14, S2

NDB No. 13020 Beef, retail cuts, separable fat, cooked

Threonine	S14, S2
Leucine	S14, S2
Calcium, Ca	S2
Iron, Fe	S2
Potassium, K	S2
Total lipid (fat)	S2
Water	S2
Niacin	S2
Folate, total	S2
Tryptophan	S14, S2
Aspartic acid	S14, S2
Glycine	S14, S2
Serine	S14, S2
Copper, Cu	S2
Vitamin D	S5961
Riboflavin	S2
Methionine	S14, S2
Phenylalanine	S14, S2
Protein	S2
Sodium, Na	S2
Tocopherol, beta	S2
Tocopherol, gamma	S2
Tocopherol, delta	S2
Histidine	S14, S2
Alanine	S14, S2
Ash	S2
Zinc, Zn	S2
Vitamin B-12	S2
Tyrosine	S14, S2
Magnesium, Mg	S2
Phosphorus, P	S2
Manganese, Mn	S2

NDB No. 13020 Beef, retail cuts, separable fat, cooked

Vitamin E (alpha-tocopherol)	S2
Vitamin D3 (cholecalciferol)	S5961
Thiamin	S2
Isoleucine	S14, S2
Lysine	S14, S2
Cystine	S14, S2
Valine	S14, S2
Arginine	S14, S2
Glutamic acid	S14, S2
Selenium, Se	S2
Retinol	S2
Pantothenic acid	S2
Vitamin B-6	S2
Proline	S14, S2

NDB No. 13047 Beef, grass-fed, ground, raw

Zinc, Zn	S4201
Copper, Cu	S4201
14:0	S4201
18:0	S4201
18:2 CLAs	S4201
15:1	S4201
Water	S4201
Sodium, Na	S4201
Betaine	S4201
12:0	S4201
18:1 undifferentiated	S4201
22:6 n-3 (DHA)	S4201
24:0	S4201
18:2 t not further defined	S4201
18:2 n-6 c,c	S4201
17:1	S4201
18:3 n-3 c,c,c (ALA)	S4201
Total lipid (fat)	S4201
Phosphorus, P	S4201
Manganese, Mn	S4201

NDB No. 13047 Beef, grass-fed, ground, raw

10:0	S4201
18:2 undifferentiated	S4201
17:0	S4201
18:1 t	S4201
18:1 c	S4201
18:3 n-6 c,c,c	S4201
Fatty acids, total trans-polyenoic	S4201
Potassium, K	S4201
Thiamin	S4201
Vitamin B-12	S4201
16:0	S4201
18:4	S4201
22:5 n-3 (DPA)	S4201
Fatty acids, total trans-monoenoic	S4201
14:1	S4201
Iron, Fe	S4201
Magnesium, Mg	S4201
Cholesterol	S4201
Fatty acids, total trans	S4201
Fatty acids, total saturated	S4201
18:3 undifferentiated	S4201
22:0	S4201
16:1 undifferentiated	S4201
20:1	S4201
20:2 n-6 c,c	S4201
Calcium, Ca	S4201
Selenium, Se	S4201
Choline, total	S4201
8:0	S4201
20:4 undifferentiated	S4201
Fatty acids, total monounsaturated	S4201
Fatty acids, total polyunsaturated	S4201
15:0	S4201
20:3 undifferentiated	S4201
Protein	S4201
Ash	S4201

NDB No. 13047 Beef, grass-fed, ground, raw

20:0	S4201
20:5 n-3 (EPA)	S4201
22:1 undifferentiated	S4201

NDB No. 13055 Beef, brisket, flat half, separable lean and fat, trimmed to 1/8" fat, select, cooked, braised

Selenium, Se	S2
Retinol	S2
Phenylalanine	S14, S2
18:3 undifferentiated	S2
22:5 n-3 (DPA)	S2
Calcium, Ca	S2
Tocopherol, delta	S2
Niacin	S2
Folate, total	S2
Tryptophan	S14, S2
Lysine	S14, S2
14:0	S2
Iron, Fe	S2
Phosphorus, P	S2
Potassium, K	S2
Tocopherol, gamma	S2
Pantothenic acid	S2
Cystine	S14, S2
22:1 undifferentiated	S2
Sodium, Na	S2
Thiamin	S2
Leucine	S14, S2
Methionine	S14, S2
Arginine	S14, S2
Aspartic acid	S14, S2
18:4	S2
20:1	S2
20:5 n-3 (EPA)	S2
Ash	S2
Vitamin E (alpha-tocopherol)	S2
Riboflavin	S2

NDB No. 13055 Beef, brisket, flat half, separable lean and fat, trimmed to 1/8" fat, select, cooked, braised

Vitamin B-12	S2
Glutamic acid	S14, S2
Proline	S14, S2
12:0	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2
Total lipid (fat)	S2
Fluoride, F	D5001, D5002, D5007, D5021
Vitamin K (phylloquinone)	S2
Tyrosine	S14, S2
Alanine	S14, S2
18:2 undifferentiated	S2
Protein	S2
Zinc, Zn	S2
Copper, Cu	S2
Manganese, Mn	S2
Tocopherol, beta	S2
Threonine	S14, S2
Valine	S14, S2
Histidine	S14, S2
Glycine	S14, S2
Serine	S14, S2
10:0	S2
Water	S2
Magnesium, Mg	S2
Vitamin B-6	S2
Isoleucine	S14, S2
16:0	S2
18:0	S2
18:1 undifferentiated	S2
22:6 n-3 (DHA)	S2

NDB No. 13065 Beef, flank, steak, separable lean and fat, trimmed to 0" fat, choice, raw

Selenium, Se	S2
Pantothenic acid	S2
Threonine	S14, S2

NDB No. 13065 Beef, flank, steak, separable lean and fat, trimmed to 0" fat, choice, raw

Leucine	S14, S2
Valine	S14, S2
12:0	S2
16:0	S2
22:6 n-3 (DHA)	S2
Water	S2
Iron, Fe	S2
Zinc, Zn	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, gamma	S2
Niacin	S2
Folate, total	S2
Methionine	S14, S2
Glycine	S14, S2
Protein	S2
Total lipid (fat)	S2
Riboflavin	S2
Lysine	S14, S2
Phenylalanine	S14, S2
Arginine	S14, S2
Aspartic acid	S14, S2
20:5 n-3 (EPA)	S2
Copper, Cu	S2
Manganese, Mn	S2
Tocopherol, delta	S2
Thiamin	S2
Alanine	S14, S2
10:0	S2
18:4	S2
22:5 n-3 (DPA)	S2
Calcium, Ca	S2
Sodium, Na	S2
Fluoride, F	D5001, D5002, D5007, D5021
Retinol	S2
Vitamin K (phylloquinone)	S2
Tryptophan	S14, S2
Cystine	S14, S2

NDB No. 13065 Beef, flank, steak, separable lean and fat, trimmed to 0" fat, choice, raw

Histidine	S14, S2
Glutamic acid	S14, S2
Serine	S14, S2
18:1 undifferentiated	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2
Ash	S2
20:1	S2
22:1 undifferentiated	S2
Phosphorus, P	S2
Potassium, K	S2
Vitamin B-12	S2
14:0	S2
18:3 undifferentiated	S2
Magnesium, Mg	S2
Tocopherol, beta	S2
Vitamin B-6	S2
Isoleucine	S14, S2
Tyrosine	S14, S2
Proline	S14, S2
18:0	S2
18:2 undifferentiated	S2

NDB No. 13067 Beef, flank, steak, separable lean and fat, trimmed to 0" fat, choice, cooked, broiled

Potassium, K	S2
Manganese, Mn	S2
Lutein + zeaxanthin	S2
Tocopherol, beta	S2
Vitamin B-6	S2
Folate, total	S2
Vitamin K (phylloquinone)	S2
Lysine	S14, S2
Cystine	S14, S2
Glutamic acid	S14, S2
4:0	S2
18:1 undifferentiated	S2

NDB No. 13067 Beef, flank, steak, separable lean and fat, trimmed to 0" fat, choice, cooked, broiled

Water	S2
Iron, Fe	S2
Phosphorus, P	S2
Tocopherol, delta	S2
Proline	S14, S2
6:0	S2
18:0	S2
18:2 undifferentiated	S2
20:4 undifferentiated	S2
20:1	S2
Fiber, total dietary	S2
Glycine	S14, S2
8:0	S2
Total lipid (fat)	S2
Caffeine	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, gamma	S2
Pantothenic acid	S2
Leucine	S14, S2
Valine	S14, S2
Serine	S14, S2
18:3 undifferentiated	S2
Protein	S2
Calcium, Ca	S2
Magnesium, Mg	S2
Selenium, Se	S2
Retinol	S2
Carotene, alpha	S2
Cryptoxanthin, beta	S2
Niacin	S2
Threonine	S14, S2
Isoleucine	S14, S2
Aspartic acid	S14, S2
12:0	S2
18:4	S2
22:1 undifferentiated	S2
22:5 n-3 (DPA)	S2

NDB No. 13067 Beef, flank, steak, separable lean and fat, trimmed to 0" fat, choice, cooked, broiled

Ash	S2
Zinc, Zn	S2
Lycopene	S2
Methionine	S14, S2
Histidine	S14, S2
16:1 undifferentiated	S2
Sugars, total	S2
Sodium, Na	S2
Carotene, beta	S2
Thiamin	S2
Riboflavin	S2
Vitamin B-12	S2
Tryptophan	S14, S2
10:0	S2
14:0	S2
Theobromine	S2
Copper, Cu	S2
Vitamin C, total ascorbic acid	S2
Phenylalanine	S14, S2
Tyrosine	S14, S2
Arginine	S14, S2
Alanine	S14, S2
16:0	S2
22:6 n-3 (DHA)	S2
20:5 n-3 (EPA)	S2

NDB No. 13068 Beef, flank, steak, separable lean only, trimmed to 0" fat, choice, raw

Iron, Fe	S2
Tocopherol, gamma	S2
Niacin	S2
Tyrosine	S14, S2
Histidine	S14, S2
10:0	S2
18:3 undifferentiated	S2
Phosphorus, P	S2
Copper, Cu	S2

NDB No. 13068 Beef, flank, steak, separable lean only, trimmed to 0" fat, choice, raw

Selenium, Se	S2
Riboflavin	S2
Vitamin B-6	S2
Vitamin B-12	S2
Tryptophan	S14, S2
Threonine	S14, S2
Leucine	S14, S2
Glutamic acid	S14, S2
Serine	S14, S2
14:0	S2
18:1 undifferentiated	S2
Ash	S2
Potassium, K	S2
Vitamin E (alpha-tocopherol)	S2
Vitamin K (phylloquinone)	S2
Methionine	S14, S2
Valine	S14, S2
Aspartic acid	S14, S2
Glycine	S14, S2
16:1 undifferentiated	S2
Calcium, Ca	S2
Tocopherol, beta	S2
Pantothenic acid	S2
Proline	S14, S2
12:0	S2
20:4 undifferentiated	S2
22:1 undifferentiated	S2
Magnesium, Mg	S2
Manganese, Mn	S2
18:4	S2
20:1	S2
20:5 n-3 (EPA)	S2
Protein	S2
Sodium, Na	S2
Folate, total	S2
Isoleucine	S14, S2
Phenylalanine	S14, S2

NDB No. 13068 Beef, flank, steak, separable lean only, trimmed to 0" fat, choice, raw

Arginine	S14, S2
16:0	S2
18:0	S2
Thiamin	S2
Alanine	S14, S2
22:5 n-3 (DPA)	S2
Total lipid (fat)	S2
Water	S2
Zinc, Zn	S2
Retinol	S2
Tocopherol, delta	S2
Lysine	S14, S2
Cystine	S14, S2
18:2 undifferentiated	S2
22:6 n-3 (DHA)	S2

NDB No. 13069 Beef, flank, steak, separable lean only, trimmed to 0" fat, choice, cooked, braised

Alanine	S14, S2
Glycine	S14, S2
Tyrosine	S14, S2
Valine	S14, S2
Arginine	S14, S2
Methionine	S14, S2
Cystine	S14, S2
Proline	S14, S2
Tryptophan	S14, S2
Phenylalanine	S14, S2
Histidine	S14, S2
Aspartic acid	S14, S2
Serine	S14, S2
Glutamic acid	S14, S2
Threonine	S14, S2
Isoleucine	S14, S2
Leucine	S14, S2
Lysine	S14, S2

NDB No. 13070 Beef, flank, steak, separable lean only, trimmed to 0" fat, choice, cooked, broiled

Caffeine	S2
Potassium, K	S2
Carotene, beta	S2
Lutein + zeaxanthin	S2
Thiamin	S2
Pantothenic acid	S2
Leucine	S14, S2
Methionine	S14, S2
Alanine	S14, S2
Serine	S14, S2
8:0	S2
22:6 n-3 (DHA)	S2
22:1 undifferentiated	S2
Phosphorus, P	S2
Vitamin E (alpha-tocopherol)	S2
Niacin	S2
Folate, total	S2
Vitamin K (phylloquinone)	S2
Tryptophan	S14, S2
Cystine	S14, S2
Histidine	S14, S2
Glutamic acid	S14, S2
14:0	S2
18:4	S2
Protein	S2
Total lipid (fat)	S2
Ash	S2
Water	S2
Iron, Fe	S2
Selenium, Se	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Vitamin B-12	S2
Isoleucine	S14, S2
Tyrosine	S14, S2
Valine	S14, S2
Aspartic acid	S14, S2

NDB No. 13070 Beef, flank, steak, separable lean only, trimmed to 0" fat, choice, cooked, broiled

Glycine	S14, S2
6:0	S2
16:0	S2
Sugars, total	S2
Copper, Cu	S2
Carotene, alpha	S2
Vitamin B-6	S2
Threonine	S14, S2
Phenylalanine	S14, S2
20:4 undifferentiated	S2
Fiber, total dietary	S2
Calcium, Ca	S2
Sodium, Na	S2
Lysine	S14, S2
12:0	S2
Theobromine	S2
Manganese, Mn	S2
Cryptoxanthin, beta	S2
18:0	S2
18:1 undifferentiated	S2
18:2 undifferentiated	S2
Zinc, Zn	S2
Tocopherol, gamma	S2
Vitamin C, total ascorbic acid	S2
Riboflavin	S2
Arginine	S14, S2
Proline	S14, S2
4:0	S2
10:0	S2
16:1 undifferentiated	S2
20:1	S2
20:5 n-3 (EPA)	S2
Magnesium, Mg	S2
Retinol	S2
Lycopene	S2
18:3 undifferentiated	S2
22:5 n-3 (DPA)	S2

NDB No. 13096 Beef, rib, eye, small end (ribs 10-12), separable lean and fat, trimmed to 0" fat, choice, cooked, broiled

Protein	S2
Theobromine	S2
Fiber, total dietary	S2
Potassium, K	S2
Lutein + zeaxanthin	S2
Tocopherol, gamma	S2
Thiamin	S2
Pantothenic acid	S2
Vitamin K (phylloquinone)	S2
Valine	S14, S2
Proline	S14, S2
Serine	S14, S2
8:0	S2
12:0	S2
18:0	S2
20:1	S2
Ash	S2
Iron, Fe	S2
Retinol	S2
Carotene, beta	S2
Vitamin B-6	S2
Vitamin B-12	S2
Methionine	S14, S2
Aspartic acid	S14, S2
4:0	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2
Sodium, Na	S2
Zinc, Zn	S2
Manganese, Mn	S2
Selenium, Se	S2
Niacin	S2
Tyrosine	S14, S2
Glutamic acid	S14, S2
Glycine	S14, S2
14:0	S2
18:4	S2

NDB No. 13096 Beef, rib, eye, small end (ribs 10-12), separable lean and fat, trimmed to 0" fat, choice, cooked, broiled

Magnesium, Mg	S2
Vitamin E (alpha-tocopherol)	S2
Lysine	S14, S2
18:2 undifferentiated	S2
22:6 n-3 (DHA)	S2
Total lipid (fat)	S2
Phosphorus, P	S2
Carotene, alpha	S2
Tocopherol, delta	S2
Vitamin C, total ascorbic acid	S2
Threonine	S14, S2
Cystine	S14, S2
10:0	S2
18:1 undifferentiated	S2
18:3 undifferentiated	S2
Copper, Cu	S2
Cryptoxanthin, beta	S2
Folate, total	S2
Histidine	S14, S2
Alanine	S14, S2
6:0	S2
16:0	S2
20:5 n-3 (EPA)	S2
Caffeine	S2
Sugars, total	S2
Lycopene	S2
Tocopherol, beta	S2
Riboflavin	S2
Tryptophan	S14, S2
Isoleucine	S14, S2
Phenylalanine	S14, S2
22:5 n-3 (DPA)	S2
Water	S2
Calcium, Ca	S2
Leucine	S14, S2
Arginine	S14, S2
22:1 undifferentiated	S2

NDB No. 13098 Beef, rib, eye, small end (ribs 10-12), separable lean only, trimmed to 0" fat, choice, cooked, broiled

Protein	S2
Sodium, Na	S2
Zinc, Zn	S2
Copper, Cu	S2
Tocopherol, gamma	S2
Aspartic acid	S14, S2
Glycine	S14, S2
Proline	S14, S2
6:0	S2
12:0	S2
20:4 undifferentiated	S2
22:6 n-3 (DHA)	S2
16:1 undifferentiated	S2
Ash	S2
Lysine	S14, S2
Tyrosine	S14, S2
Arginine	S14, S2
4:0	S2
Total lipid (fat)	S2
Vitamin E (alpha-tocopherol)	S2
Lycopene	S2
Vitamin C, total ascorbic acid	S2
Thiamin	S2
Isoleucine	S14, S2
Alanine	S14, S2
16:0	S2
20:1	S2
Folate, total	S2
Threonine	S14, S2
Valine	S14, S2
14:0	S2
18:0	S2
20:5 n-3 (EPA)	S2
22:5 n-3 (DPA)	S2
Caffeine	S2
Fiber, total dietary	S2
Manganese, Mn	S2

NDB No. 13098 Beef, rib, eye, small end (ribs 10-12), separable lean only, trimmed to 0" fat, choice, cooked, broiled

Selenium, Se	S2
Pantothenic acid	S2
Vitamin B-6	S2
Tryptophan	S14, S2
Phenylalanine	S14, S2
Serine	S14, S2
8:0	S2
10:0	S2
18:2 undifferentiated	S2
18:4	S2
Phosphorus, P	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Niacin	S2
22:1 undifferentiated	S2
Theobromine	S2
Iron, Fe	S2
Retinol	S2
Carotene, beta	S2
Carotene, alpha	S2
Cryptoxanthin, beta	S2
Riboflavin	S2
Vitamin K (phylloquinone)	S2
Cystine	S14, S2
Water	S2
Sugars, total	S2
Calcium, Ca	S2
Magnesium, Mg	S2
Potassium, K	S2
Lutein + zeaxanthin	S2
Vitamin B-12	S2
Leucine	S14, S2
Methionine	S14, S2
Histidine	S14, S2
Glutamic acid	S14, S2
18:1 undifferentiated	S2
18:3 undifferentiated	S2

NDB No. 13148 Beef, rib, shortribs, separable lean and fat, choice, cooked, braised

Fluoride, F	D5001, D5002, D5007, D5021
Lysine	S14, S2
Tryptophan	S14, S2
Threonine	S14, S2
Isoleucine	S14, S2
Leucine	S14, S2
Aspartic acid	S14, S2
Serine	S14, S2
Methionine	S14, S2
Arginine	S14, S2
Histidine	S14, S2
Alanine	S14, S2
Glutamic acid	S14, S2
Tyrosine	S14, S2
Cystine	S14, S2
Phenylalanine	S14, S2
Valine	S14, S2
Glycine	S14, S2
Proline	S14, S2

NDB No. 13150 Beef, rib, shortribs, separable lean only, choice, cooked, braised

Threonine	S14, S2
Cystine	S14, S2
Aspartic acid	S14, S2
Serine	S14, S2
Lysine	S14, S2
Histidine	S14, S2
Proline	S14, S2
Isoleucine	S14, S2
Methionine	S14, S2
Alanine	S14, S2
Phenylalanine	S14, S2
Tryptophan	S14, S2
Valine	S14, S2
Arginine	S14, S2
Glutamic acid	S14, S2

NDB No. 13150 Beef, rib, shortribs, separable lean only, choice, cooked, braised

Glycine	S14, S2
Leucine	S14, S2
Tyrosine	S14, S2

NDB No. 13156 Beef, round, full cut, separable lean only, trimmed to 1/4" fat, choice, cooked, broiled

Tryptophan	S14, S2
Threonine	S14, S2
Phenylalanine	S14, S2
Arginine	S14, S2
Lysine	S14, S2
Valine	S14, S2
Histidine	S14, S2
Methionine	S14, S2
Serine	S14, S2
Leucine	S14, S2
Cystine	S14, S2
Tyrosine	S14, S2
Aspartic acid	S14, S2
Alanine	S14, S2
Glycine	S14, S2
Isoleucine	S14, S2
Glutamic acid	S14, S2
Proline	S14, S2

NDB No. 13165 Beef, brisket, flat half, separable lean and fat, trimmed to 0" fat, choice, cooked, braised

Fiber, total dietary	S2
Thiamin	S2
Isoleucine	S14, S2
Proline	S14, S2
6:0	S2
16:0	S2
18:3 undifferentiated	S2
Total lipid (fat)	S2
Caffeine	S2
Potassium, K	S2
Carotene, beta	S2

NDB No. 13165 Beef, brisket, flat half, separable lean and fat, trimmed to 0" fat, choice, cooked, braised

Lycopene	S2
Histidine	S14, S2
Glycine	S14, S2
4:0	S2
Water	S2
Theobromine	S2
Sugars, total	S2
Zinc, Zn	S2
Manganese, Mn	S2
Selenium, Se	S2
Lutein + zeaxanthin	S2
Vitamin C, total ascorbic acid	S2
Folate, total	S2
Vitamin B-12	S2
Threonine	S14, S2
Lysine	S14, S2
Methionine	S14, S2
Aspartic acid	S14, S2
20:5 n-3 (EPA)	S2
Protein	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, delta	S2
Vitamin K (phylloquinone)	S2
Cystine	S14, S2
Alanine	S14, S2
Serine	S14, S2
18:0	S2
22:6 n-3 (DHA)	S2
22:5 n-3 (DPA)	S2
Sodium, Na	S2
Retinol	S2
Cryptoxanthin, beta	S2
Tocopherol, beta	S2
Riboflavin	S2
Pantothenic acid	S2
Leucine	S14, S2
Phenylalanine	S14, S2

NDB No. 13165 Beef, brisket, flat half, separable lean and fat, trimmed to 0" fat, choice, cooked, braised

Tyrosine	S14, S2
12:0	S2
Tocopherol, gamma	S2
Niacin	S2
Arginine	S14, S2
Glutamic acid	S14, S2
8:0	S2
14:0	S2
18:2 undifferentiated	S2
Ash	S2
Iron, Fe	S2
Magnesium, Mg	S2
Copper, Cu	S2
20:4 undifferentiated	S2
18:4	S2
20:1	S2
22:1 undifferentiated	S2
Calcium, Ca	S2
Phosphorus, P	S2
Carotene, alpha	S2
Vitamin B-6	S2
Tryptophan	S14, S2
Valine	S14, S2
10:0	S2
18:1 undifferentiated	S2
16:1 undifferentiated	S2

NDB No. 13166 USDA Commodity, beef, canned

Water	S3544
Manganese, Mn	S3544
Vitamin E (alpha-tocopherol)	S3544
Dihydrophylloquinone	S3544
Folate, food	S3544
Betaine	S3544
Isoleucine	S3544
Glutamic acid	S3544

NDB No. 13166 USDA Commodity, beef, canned

Glycine	S3544
Hydroxyproline	S3544
8:0	S3544
18:0	S3544
20:0	S3544
Ash	S3544
Copper, Cu	S3544
Folate, total	S3544
Threonine	S3544
Arginine	S3544
Proline	S3544
10:0	S3544
14:0	S3544
18:1 undifferentiated	S3544
17:1	S3544
15:1	S3544
21:5	S3544
Protein	S3544
Tocopherol, delta	S3544
Niacin	S3544
Choline, total	S3544
Methionine	S3544
Phenylalanine	S3544
Histidine	S3544
Alanine	S3544
18:3 undifferentiated	S3544
18:4	S3544
20:5 n-3 (EPA)	S3544
22:5 n-3 (DPA)	S3544
Fatty acids, total monounsaturated	S3544
24:1 c	S3544
Iron, Fe	S3544
Selenium, Se	S3544
12:0	S3544
18:2 undifferentiated	S3544
22:6 n-3 (DHA)	S3544
17:0	S3544

NDB No. 13166 USDA Commodity, beef, canned

24:0	S3544
20:2 n-6 c,c	S3544
Phosphorus, P	S3544
Sodium, Na	S3544
Tocopherol, beta	S3544
Menaquinone-4	S3544
Tryptophan	S3544
Fatty acids, total saturated	S3544
16:1 undifferentiated	S3544
Fatty acids, total polyunsaturated	S3544
Riboflavin	S3544
Vitamin B-6	S3544
Vitamin K (phylloquinone)	S3544
Leucine	S3544
Lysine	S3544
16:0	S3544
14:1	S3544
22:1 undifferentiated	S3544
15:0	S3544
22:4	S3544
Total lipid (fat)	S3544
Calcium, Ca	S3544
Potassium, K	S3544
Pantothenic acid	S3544
Vitamin B-12	S3544
Cystine	S3544
Valine	S3544
Aspartic acid	S3544
Serine	S3544
Cholesterol	S3544
20:4 undifferentiated	S3544
22:0	S3544
20:1	S3544
20:3 undifferentiated	S3544
Magnesium, Mg	S3544
Zinc, Zn	S3544
Tocopherol, gamma	S3544

NDB No. 13166 USDA Commodity, beef, canned

Thiamin	S3544
Tyrosine	S3544

NDB No. 13285 Beef, chuck, under blade pot roast, boneless, separable lean only, trimmed to 0" fat, all grades, cooked, braised

Zinc, Zn	S6702
Selenium, Se	S6702
Cystine	S6702
Glutamic acid	S6702
Fatty acids, total trans	S6702
Fatty acids, total saturated	S6702
24:0	S6702
18:2 CLAs	S6702
Magnesium, Mg	S6702
Vitamin E (alpha-tocopherol)	S6702
Niacin	S6702
Histidine	S6702
Cholesterol	S6702
Fatty acids, total polyunsaturated	S6702
Protein	S6702
Total lipid (fat)	S6702
Calcium, Ca	S6702
Manganese, Mn	S6702
Retinol	S6702
Thiamin	S6702
Vitamin B-6	S6702
Valine	S6702
Aspartic acid	S6702
Glycine	S6702
20:0	S6702
18:1 undifferentiated	S6702
20:4 undifferentiated	S6702
14:1	S6702
16:1 undifferentiated	S6702
18:2 n-6 c,c	S6702
Fatty acids, total trans-monoenoic	S6702

NDB No. 13285 Beef, chuck, under blade pot roast, boneless, separable lean only, trimmed to 0" fat, all grades, cooked, braised

18:1-11t (18:1t n-7)	S6702
Ash	S6702
Vitamin D	S6702
Pantothenic acid	S6702
Vitamin B-12	S6702
Tryptophan	S6702
16:0	S6702
18:0	S6702
20:5 n-3 (EPA)	S6702
22:5 n-3 (DPA)	S6702
Vitamin D3 (cholecalciferol)	S6702
14:0	S6702
20:1	S6702
Fatty acids, total monounsaturated	S6702
18:1 t	S6702
18:1 c	S6702
17:1	S6702
18:3 n-3 c,c,c (ALA)	S6702
Iron, Fe	S6702
Potassium, K	S6702
Riboflavin	S6702
Choline, total	S6702
Betaine	S6702
Isoleucine	S6702
Leucine	S6702
Lysine	S6702
Methionine	S6702
Tyrosine	S6702
Alanine	S6702
Proline	S6702
17:0	S6702
Water	S6702
Phosphorus, P	S6702
Sodium, Na	S6702
Threonine	S6702
Phenylalanine	S6702

NDB No. 13285 Beef, chuck, under blade pot roast, boneless, separable lean only, trimmed to 0" fat, all grades, cooked, braised

Arginine	S6702
Copper, Cu	S6702
Vitamin K (phylloquinone)	S14
Serine	S6702
18:2 undifferentiated	S6702
18:3 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
20:2 n-6 c,c	S6702

NDB No. 13293 Beef, chuck, under blade pot roast or steak, boneless, separable lean only, trimmed to 0" fat, all grades, raw

Calcium, Ca	S6702
Vitamin D3 (cholecalciferol)	S6702
Thiamin	S6702
Vitamin B-12	S6702
Leucine	S6702
Arginine	S6702
Proline	S6702
Cholesterol	S6702
Fatty acids, total saturated	S6702
22:6 n-3 (DHA)	S6702
24:0	S6702
Fatty acids, total trans-monoenoic	S6702
Water	S6702
Retinol	S6702
Vitamin E (alpha-tocopherol)	S6702
Riboflavin	S6702
Glycine	S6702
18:1 undifferentiated	S6702
18:2 undifferentiated	S6702
20:4 undifferentiated	S6702
14:1	S6702
20:1	S6702
20:5 n-3 (EPA)	S6702
Fatty acids, total monounsaturated	S6702

NDB No. 13293 Beef, chuck, under blade pot roast or steak, boneless, separable lean only, trimmed to 0" fat, all grades, raw

18:2 n-6 c,c	S6702
Pantothenic acid	S6702
Methionine	S6702
Cystine	S6702
Fatty acids, total polyunsaturated	S6702
20:2 n-6 c,c	S6702
Magnesium, Mg	S6702
Selenium, Se	S6702
Niacin	S6702
Betaine	S6702
Threonine	S6702
Valine	S6702
Histidine	S6702
18:0	S6702
18:3 undifferentiated	S6702
18:2 CLAs	S6702
Total lipid (fat)	S6702
Iron, Fe	S6702
Potassium, K	S6702
Sodium, Na	S6702
Tryptophan	S6702
Tyrosine	S6702
Aspartic acid	S6702
16:1 undifferentiated	S6702
18:1 t	S6702
17:1	S6702
Protein	S6702
Phosphorus, P	S6702
Copper, Cu	S6702
Vitamin D	S6702
Phenylalanine	S6702
20:0	S6702
17:0	S6702
18:1 c	S6702
18:3 n-3 c,c,c (ALA)	S6702
Zinc, Zn	S6702
Lysine	S6702

NDB No. 13293	Beef, chuck, under blade pot roast or steak, boneless, separable lean only, trimmed to 0" fat, all grades, raw
Glutamic acid	S6702
Serine	S6702
22:5 n-3 (DPA)	S6702
Ash	S6702
Manganese, Mn	S6702
Vitamin B-6	S6702
Choline, total	S6702
Vitamin K (phylloquinone)	S14
Isoleucine	S6702
Alanine	S6702
Fatty acids, total trans	S6702
14:0	S6702
16:0	S6702
18:1-11t (18:1t n-7)	S6702

NDB No. 13294	Beef, chuck, under blade pot roast or steak, boneless, separable lean only, trimmed to 0" fat, choice, raw
Selenium, Se	S6702
Retinol	S6702
Riboflavin	S6702
Vitamin K (phylloquinone)	S14
Threonine	S6702
14:0	S6702
16:0	S6702
17:0	S6702
20:2 n-6 c,c	S6702
18:1 c	S6702
18:1-11t (18:1t n-7)	S6702
Water	S6702
Sodium, Na	S6702
Alanine	S6702
Glutamic acid	S6702
18:3 undifferentiated	S6702
20:1	S6702
20:5 n-3 (EPA)	S6702
Fatty acids, total monounsaturated	S6702

NDB No. 13294 Beef, chuck, under blade pot roast or steak, boneless, separable lean only, trimmed to 0" fat, choice, raw

Fatty acids, total trans-monoenoic	S6702
Protein	S6702
Iron, Fe	S6702
Phosphorus, P	S6702
Vitamin E (alpha-tocopherol)	S6702
Pantothenic acid	S6702
Choline, total	S6702
Cystine	S6702
Aspartic acid	S6702
Glycine	S6702
Fatty acids, total trans	S6702
18:0	S6702
20:0	S6702
18:2 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
17:1	S6702
Niacin	S6702
Vitamin B-6	S6702
Leucine	S6702
24:0	S6702
Total lipid (fat)	S6702
Copper, Cu	S6702
Vitamin D3 (cholecalciferol)	S6702
Isoleucine	S6702
Methionine	S6702
Valine	S6702
Serine	S6702
22:6 n-3 (DHA)	S6702
16:1 undifferentiated	S6702
Calcium, Ca	S6702
Potassium, K	S6702
Vitamin D	S6702
Thiamin	S6702
Tryptophan	S6702
Fatty acids, total saturated	S6702
20:4 undifferentiated	S6702

NDB No. 13294 Beef, chuck, under blade pot roast or steak, boneless, separable lean only, trimmed to 0" fat, choice, raw

Ash	S6702
Manganese, Mn	S6702
Betaine	S6702
Lysine	S6702
Tyrosine	S6702
Arginine	S6702
Proline	S6702
Fatty acids, total polyunsaturated	S6702
18:1 t	S6702
18:2 CLAs	S6702
18:2 n-6 c,c	S6702
Magnesium, Mg	S6702
Zinc, Zn	S6702
Vitamin B-12	S6702
Phenylalanine	S6702
Histidine	S6702
Cholesterol	S6702
18:1 undifferentiated	S6702
14:1	S6702
18:3 n-3 c,c,c (ALA)	S6702

NDB No. 13317 Beef, ground, patties, frozen, cooked, broiled

Lactose	S3521
Sodium, Na	S3521
Zinc, Zn	S3521
Copper, Cu	S3521
Thiamin	S3521
Niacin	S3521
17:1	S3521
Riboflavin	S3521
Pantothenic acid	S3521
14:0	S3521
15:0	S3521
Sugars, total	S3521
Iron, Fe	S3521
Vitamin B-6	S3521

NDB No. 13317 Beef, ground, patties, frozen, cooked, broiled

Vitamin B-12	S3521
12:0	S3521
16:0	S3521
16:1 undifferentiated	S3521
18:1 t	S3521
Ash	S3521
Maltose	S3521
Galactose	S3521
Vitamin E (alpha-tocopherol)	S3521
Folate, total	S3521
18:3 n-3 c,c,c (ALA)	S3521
Protein	S3521
18:1 undifferentiated	S3521
18:2 undifferentiated	S3521
20:2 n-6 c,c	S3521
Sucrose	S3521
Magnesium, Mg	S3521
Folate, food	S3521
18:3 undifferentiated	S3521
22:0	S3521
18:2 t,t	S3521
18:2 n-6 c,c	S3521
20:3 undifferentiated	S3521
Glucose (dextrose)	S3521
Fructose	S3521
Calcium, Ca	S3521
Phosphorus, P	S3521
Potassium, K	S3521
Manganese, Mn	S3521
Cholesterol	S3521
8:0	S3521
18:0	S3521
20:0	S3521
20:4 undifferentiated	S3521
14:1	S3521
20:1	S3521
18:3 n-6 c,c,c	S3521

NDB No. 13317 Beef, ground, patties, frozen, cooked, broiled

Total lipid (fat)	S3521
Water	S3521
10:0	S3521
17:0	S3521
18:1 c	S3521
15:1	S3521

NDB No. 13318 Beef, variety meats and by-products, brain, raw

Protein	S1581
Zinc, Zn	S1581
Carotene, alpha	S1581
Tocopherol, gamma	S1581
Tocopherol, delta	S1581
Cholesterol	S1581
14:0	S1581
18:1 undifferentiated	S1581
16:1 undifferentiated	S1581
17:0	S1581
20:3 undifferentiated	S1581
Phosphorus, P	S1581
Vitamin C, total ascorbic acid	S1581
20:1	S1581
18:3 n-3 c,c,c (ALA)	S1581
Carotene, beta	S1581
Thiamin	S1581
Vitamin K (phylloquinone)	S1581
Fatty acids, total trans	S1581
20:0	S1581
15:1	S1581
Magnesium, Mg	S1581
Sodium, Na	S1581
Lycopene	S1581
Riboflavin	S1581
Vitamin B-12	S1581
Ash	S1581
Water	S1581

NDB No. 13318 Beef, variety meats and by-products, brain, raw

Calcium, Ca	S1581
Vitamin B-6	S1581
Folate, total	S1581
10:0	S1581
22:0	S1581
20:2 n-6 c,c	S1581
18:3 n-6 c,c,c	S1581
Potassium, K	S1581
Manganese, Mn	S1581
Selenium, Se	S1581
Pantothenic acid	S1581
8:0	S1581
16:0	S1581
Total lipid (fat)	S1581
Iron, Fe	S1581
Copper, Cu	S1581
Retinol	S1581
Cryptoxanthin, beta	S1581
Tocopherol, beta	S1581
12:0	S1581
18:0	S1581
18:2 undifferentiated	S1581
15:0	S1581
Vitamin E (alpha-tocopherol)	S1581
Niacin	S1581
20:4 undifferentiated	S1581
14:1	S1581

NDB No. 13320 Beef, variety meats and by-products, brain, cooked, simmered

Total lipid (fat)	S1581
Tocopherol, delta	S1581
14:0	S1581
14:1	S1581
15:0	S1581
Calcium, Ca	S1581
Iron, Fe	S1581

NDB No. 13320 Beef, variety meats and by-products, brain, cooked, simmered

Magnesium, Mg	S1581
Riboflavin	S1581
Folate, total	S1581
Vitamin K (phylloquinone)	S1581
16:0	S1581
20:1	S1581
Carotene, beta	S1581
Vitamin B-12	S1581
Protein	S1581
Phosphorus, P	S1581
Zinc, Zn	S1581
Selenium, Se	S1581
Tocopherol, gamma	S1581
Cholesterol	S1581
20:0	S1581
18:1 undifferentiated	S1581
18:3 n-6 c,c,c	S1581
Potassium, K	S1581
Vitamin B-6	S1581
18:0	S1581
20:4 undifferentiated	S1581
15:1	S1581
Manganese, Mn	S1581
Retinol	S1581
Vitamin E (alpha-tocopherol)	S1581
Tocopherol, beta	S1581
Thiamin	S1581
10:0	S1581
12:0	S1581
18:2 undifferentiated	S1581
17:0	S1581
Ash	S1581
Water	S1581
Pantothenic acid	S1581
Fatty acids, total trans	S1581
16:1 undifferentiated	S1581
20:2 n-6 c,c	S1581

NDB No. 13320 Beef, variety meats and by-products, brain, cooked, simmered

20:3 undifferentiated	S1581
18:3 n-3 c,c,c (ALA)	S1581
Sodium, Na	S1581
Copper, Cu	S1581
Vitamin C, total ascorbic acid	S1581
Niacin	S1581
22:0	S1581

NDB No. 13321 Beef, variety meats and by-products, heart, raw

Potassium, K	S1581
Carotene, alpha	S1581
Vitamin E (alpha-tocopherol)	S1581
Lycopene	S1581
Tocopherol, beta	S1581
Vitamin K (phylloquinone)	S1581
8:0	S1581
16:0	S1581
14:1	S1581
Selenium, Se	S1581
Vitamin B-6	S1581
Fatty acids, total trans	S1581
20:1	S1581
18:3 n-6 c,c,c	S1581
18:3 n-3 c,c,c (ALA)	S1581
Retinol	S1581
Tocopherol, gamma	S1581
Fatty acids, total saturated	S1581
10:0	S1581
Fatty acids, total monounsaturated	S1581
17:0	S1581
20:2 n-6 c,c	S1581
Total lipid (fat)	S1581
Calcium, Ca	S1581
Vitamin C, total ascorbic acid	S1581
Thiamin	S1581
Folate, total	S1581

NDB No. 13321 Beef, variety meats and by-products, heart, raw

20:3 undifferentiated	S1581
14:0	S1581
18:1 undifferentiated	S1581
20:4 undifferentiated	S1581
Fatty acids, total polyunsaturated	S1581
Protein	S1581
Magnesium, Mg	S1581
Zinc, Zn	S1581
Cryptoxanthin, beta	S1581
Riboflavin	S1581
Cholesterol	S1581
15:1	S1581
Energy	S1581
Water	S1581
Phosphorus, P	S1581
Sodium, Na	S1581
Copper, Cu	S1581
Manganese, Mn	S1581
Tocopherol, delta	S1581
Pantothenic acid	S1581
12:0	S1581
18:0	S1581
Ash	S1581
Iron, Fe	S1581
Niacin	S1581
Vitamin B-12	S1581
20:0	S1581
18:2 undifferentiated	S1581
22:0	S1581
16:1 undifferentiated	S1581
15:0	S1581

NDB No. 13322 Beef, variety meats and by-products, heart, cooked, simmered

Folate, total	S1581
10:0	S1581
18:0	S1581

NDB No. 13322 Beef, variety meats and by-products, heart, cooked, simmered

18:1 undifferentiated	S1581
18:2 undifferentiated	S1581
Iron, Fe	S1581
Zinc, Zn	S1581
Copper, Cu	S1581
Manganese, Mn	S1581
Selenium, Se	S1581
Pantothenic acid	S1581
15:1	S1581
18:3 n-3 c,c,c (ALA)	S1581
Retinol	S1581
Tocopherol, gamma	S1581
Niacin	S1581
20:0	S1581
Potassium, K	S1581
Sodium, Na	S1581
14:0	S1581
20:1	S1581
20:2 n-6 c,c	S1581
Tocopherol, beta	S1581
Tocopherol, delta	S1581
Fatty acids, total saturated	S1581
20:4 undifferentiated	S1581
22:0	S1581
14:1	S1581
17:0	S1581
Ash	S1581
Magnesium, Mg	S1581
Vitamin B-6	S1581
Cholesterol	S1581
Fatty acids, total trans	S1581
16:0	S1581
16:1 undifferentiated	S1581
18:3 n-6 c,c,c	S1581
20:3 undifferentiated	S1581
Protein	S1581
Water	S1581

NDB No. 13322 Beef, variety meats and by-products, heart, cooked, simmered

Phosphorus, P	S1581
Vitamin E (alpha-tocopherol)	S1581
Vitamin K (phylloquinone)	S1581
15:0	S1581
Total lipid (fat)	S1581
Calcium, Ca	S1581
Thiamin	S1581
Riboflavin	S1581
Vitamin B-12	S1581
12:0	S1581
Fatty acids, total monounsaturated	S1581
Fatty acids, total polyunsaturated	S1581

NDB No. 13323 Beef, variety meats and by-products, kidneys, raw

Total lipid (fat)	S1581
Vitamin C, total ascorbic acid	S1581
Vitamin B-6	S1581
14:0	S1581
14:1	S1581
Magnesium, Mg	S1581
Zinc, Zn	S1581
Manganese, Mn	S1581
Selenium, Se	S1581
Tocopherol, delta	S1581
Folate, total	S1581
18:0	S1581
20:1	S1581
20:2 n-6 c,c	S1581
Sodium, Na	S1581
Tocopherol, beta	S1581
Fatty acids, total saturated	S1581
16:0	S1581
18:2 undifferentiated	S1581
22:0	S1581
15:1	S1581
Calcium, Ca	S1581

NDB No. 13323 Beef, variety meats and by-products, kidneys, raw

Retinol	S1581
Vitamin D	D7121, D7101
Cryptoxanthin, beta	S1581
Pantothenic acid	S1581
Vitamin K (phylloquinone)	S1581
20:0	S1581
Fatty acids, total polyunsaturated	S1581
20:3 undifferentiated	S1581
18:3 n-3 c,c,c (ALA)	S1581
Water	S1581
Iron, Fe	S1581
Carotene, alpha	S1581
Vitamin E (alpha-tocopherol)	S1581
Vitamin D3 (cholecalciferol)	D7121, D7101
Riboflavin	S1581
17:0	S1581
18:3 n-6 c,c,c	S1581
Copper, Cu	S1581
Thiamin	S1581
Fatty acids, total trans	S1581
12:0	S1581
Fatty acids, total monounsaturated	S1581
Protein	S1581
Ash	S1581
Potassium, K	S1581
Carotene, beta	S1581
Niacin	S1581
Cholesterol	S1581
18:1 undifferentiated	S1581
16:1 undifferentiated	S1581
15:0	S1581
Phosphorus, P	S1581
Lycopene	S1581
Tocopherol, gamma	S1581
Vitamin B-12	S1581
8:0	S1581
10:0	S1581

NDB No. 13323 Beef, variety meats and by-products, kidneys, raw

20:4 undifferentiated	S1581

NDB No. 13324 Beef, variety meats and by-products, kidneys, cooked, simmered

Iron, Fe	S1581
Magnesium, Mg	S1581
Zinc, Zn	S1581
Selenium, Se	S1581
Vitamin D3 (cholecalciferol)	D7121, D7101
Tocopherol, delta	S1581
Pantothenic acid	S1581
Vitamin K (phylloquinone)	S1581
18:1 undifferentiated	S1581
20:3 undifferentiated	S1581
Protein	S1581
Water	S1581
Retinol	S1581
Lycopene	S1581
Tocopherol, gamma	S1581
Niacin	S1581
14:1	S1581
20:1	S1581
18:3 n-3 c,c,c (ALA)	S1581
Potassium, K	S1581
Folate, total	S1581
Cholesterol	S1581
18:0	S1581
22:0	S1581
Fatty acids, total monounsaturated	S1581
Calcium, Ca	S1581
Vitamin B-6	S1581
Total lipid (fat)	S1581
Ash	S1581
Sodium, Na	S1581
Vitamin B-12	S1581
15:0	S1581
20:2 n-6 c,c	S1581

NDB No. 13324 Beef, variety meats and by-products, kidneys, cooked, simmered

Fatty acids, total trans	S1581
14:0	S1581
Phosphorus, P	S1581
Manganese, Mn	S1581
Vitamin E (alpha-tocopherol)	S1581
Fatty acids, total saturated	S1581
12:0	S1581
16:0	S1581
20:4 undifferentiated	S1581
Fatty acids, total polyunsaturated	S1581
17:0	S1581
18:3 n-6 c,c,c	S1581
Copper, Cu	S1581
Vitamin D	D7121, D7101
Tocopherol, beta	S1581
Thiamin	S1581
Riboflavin	S1581
10:0	S1581
20:0	S1581
18:2 undifferentiated	S1581
16:1 undifferentiated	S1581
15:1	S1581

NDB No. 13325 Beef, variety meats and by-products, liver, raw

Protein	S1082
Copper, Cu	S1082
Carotene, alpha	S1082
Tocopherol, gamma	S1166
Dihydrophylloquinone	S1082
Tryptophan	S1082
Isoleucine	S1082
20:1	S1082
15:0	S1082
Magnesium, Mg	S1082
Vitamin D	D7121, D7101
Vitamin C, total ascorbic acid	S1082

NDB No. 13325 Beef, variety meats and by-products, liver, raw

Vitamin B-6	S1082
Vitamin K (phylloquinone)	S1082
Phenylalanine	S1082
Valine	S1082
16:0	S1082
20:2 n-6 c,c	S1082
15:1	S1082
Iron, Fe	S1082
Potassium, K	S1082
Sodium, Na	S1082
Selenium, Se	S1082
Retinol	S1082
Vitamin E (alpha-tocopherol)	S1166
Tocopherol, delta	S1166
Thiamin	S1082
Niacin	S1082
Lysine	S1082
Methionine	S1082
Histidine	S1082
Alanine	S1082
Glycine	S1082
18:2 n-6 c,c	S1082
18:3 n-6 c,c,c	S1082
Total lipid (fat)	S1082
Water	S1082
Calcium, Ca	S1082
Zinc, Zn	S1082
Riboflavin	S1082
Betaine	S1082
Cholesterol	S1082
8:0	S1082
22:0	S1082
17:1	S1082
Ash	S1082
Carotene, beta	S1082
Vitamin D3 (cholecalciferol)	D7121, D7101
Cystine	S1082

NDB No. 13325 Beef, variety meats and by-products, liver, raw

14:0	S1082
20:0	S1082
18:3 n-3 c,c,c (ALA)	S1082
Manganese, Mn	S1082
Cryptoxanthin, beta	S1082
Folate, total	S1166
Threonine	S1082
Arginine	S1082
Glutamic acid	S1082
Serine	S1082
Hydroxyproline	S1082
Fatty acids, total trans	S1082
10:0	S1082
12:0	S1082
18:1 undifferentiated	S1082
20:4 undifferentiated	S1082
14:1	S1082
16:1 undifferentiated	S1082
Tocopherol, beta	S1166
Vitamin B-12	S1082
Aspartic acid	S1082
Proline	S1082
4:0	S1082
18:0	S1082
17:0	S1082
Phosphorus, P	S1082
Lycopene	S1082
Pantothenic acid	S1082
Choline, total	S1082
Leucine	S1082
Tyrosine	S1082
20:3 undifferentiated	S1082

NDB No. 13326 Beef, variety meats and by-products, liver, cooked, braised

Phosphorus, P	S1082
Selenium, Se	S1082

NDB No. 13326 Beef, variety meats and by-products, liver, cooked, braised

Carotene, beta	S1082
Pantothenic acid	S1082
Folate, total	S1166
Vitamin B-12	S1082
Dihydrophylloquinone	S1082
Betaine	S1082
Isoleucine	S1082
Phenylalanine	S1082
15:0	S1082
18:3 n-6 c,c,c	S1082
Zinc, Zn	S1082
Riboflavin	S1082
Threonine	S1082
Tyrosine	S1082
Valine	S1082
Glycine	S1082
18:1 undifferentiated	S1082
18:2 n-6 c,c	S1082
17:1	S1082
18:3 n-3 c,c,c (ALA)	S1082
Ash	S1082
Vitamin D	D7121, D7101
Cryptoxanthin, beta	S1082
Alanine	S1082
Glutamic acid	S1082
12:0	S1082
20:0	S1082
16:1 undifferentiated	S1082
Carotene, alpha	S1082
Vitamin E (alpha-tocopherol)	S1166
Tocopherol, delta	S1166
Methionine	S1082
Histidine	S1082
Serine	S1082
14:0	S1082
20:1	S1082
20:2 n-6 c,c	S1082

NDB No. 13326 Beef, variety meats and by-products, liver, cooked, braised

Calcium, Ca	S1082
Manganese, Mn	S1082
Thiamin	S1082
Choline, total	S1082
Proline	S1082
20:4 undifferentiated	S1082
22:0	S1082
14:1	S1082
Total lipid (fat)	S1082
Water	S1082
Iron, Fe	S1082
Magnesium, Mg	S1082
Tocopherol, beta	S1166
Vitamin B-6	S1082
Tryptophan	S1082
Lysine	S1082
Cystine	S1082
Aspartic acid	S1082
Protein	S1082
Potassium, K	S1082
Copper, Cu	S1082
Vitamin D3 (cholecalciferol)	D7121, D7101
Tocopherol, gamma	S1166
Vitamin K (phylloquinone)	S1082
Leucine	S1082
Cholesterol	S1082
10:0	S1082
17:0	S1082
20:3 undifferentiated	S1082
Sodium, Na	S1082
Retinol	S1082
Niacin	S1082
Arginine	S1082
Hydroxyproline	S1082
Fatty acids, total trans	S1082
16:0	S1082
18:0	S1082

NDB No. 13326 Beef, variety meats and by-products, liver, cooked, braised

15:1	S1082

NDB No. 13327 Beef, variety meats and by-products, liver, cooked, pan-fried

Water	S1082
Carotene, alpha	S1082
Riboflavin	S1082
Choline, total	S1082
Leucine	S1082
Glycine	S1082
22:0	S1082
17:0	S1082
Sodium, Na	S1082
Carotene, beta	S1082
Thiamin	S1082
Folate, total	S1166
Methionine	S1082
Tyrosine	S1082
Histidine	S1082
Aspartic acid	S1082
Cholesterol	S1082
10:0	S1082
20:1	S1082
18:3 n-6 c,c,c	S1082
Phosphorus, P	S1082
Zinc, Zn	S1082
Retinol	S1082
Vitamin E (alpha-tocopherol)	S1166
Pantothenic acid	S1082
Vitamin B-6	S1082
Dihydrophylloquinone	S1082
Isoleucine	S1082
Cystine	S1082
12:0	S1082
20:3 undifferentiated	S1082
18:3 n-3 c,c,c (ALA)	S1082
Calcium, Ca	S1082

NDB No. 13327 Beef, variety meats and by-products, liver, cooked, pan-fried

Selenium, Se	S1082
Vitamin C, total ascorbic acid	S1082
Niacin	S1082
Vitamin B-12	S1082
Lysine	S1082
Serine	S1082
Hydroxyproline	S1082
16:0	S1082
15:0	S1082
Protein	S1082
Magnesium, Mg	S1082
Potassium, K	S1082
Cryptoxanthin, beta	S1082
Tocopherol, delta	S1166
Tryptophan	S1082
Fatty acids, total trans	S1082
14:1	S1082
20:2 n-6 c,c	S1082
17:1	S1082
Manganese, Mn	S1082
Tocopherol, gamma	S1166
Vitamin K (phylloquinone)	S1082
Betaine	S1082
Phenylalanine	S1082
Alanine	S1082
Glutamic acid	S1082
18:1 undifferentiated	S1082
20:4 undifferentiated	S1082
16:1 undifferentiated	S1082
18:2 n-6 c,c	S1082
15:1	S1082
Total lipid (fat)	S1082
Ash	S1082
Iron, Fe	S1082
Copper, Cu	S1082
Threonine	S1082
Valine	S1082

NDB No. 13327 Beef, variety meats and by-products, liver, cooked, pan-fried

Arginine	S1082
14:0	S1082
18:0	S1082
20:0	S1082
Fluoride, F	D5007
Vitamin D	D7121, D7101
Vitamin D3 (cholecalciferol)	D7121, D7101
Tocopherol, beta	S1166
Proline	S1082

NDB No. 13335 Beef, variety meats and by-products, suet, raw

Aspartic acid	S14, S2
Phenylalanine	S14, S2
Isoleucine	S14, S2
Valine	S14, S2
Histidine	S14, S2
Leucine	S14, S2
Proline	S14, S2
Tryptophan	S14, S2
Lysine	S14, S2
Alanine	S14, S2
Glycine	S14, S2
Methionine	S14, S2
Tyrosine	S14, S2
Arginine	S14, S2
Glutamic acid	S14, S2
Threonine	S14, S2
Cystine	S14, S2
Serine	S14, S2

NDB No. 13340 Beef, variety meats and by-products, tongue, cooked, simmered

Niacin	S1581
Fatty acids, total saturated	S1581
20:0	S1581
18:3 n-6 c,c,c	S1581
Water	S1581

NDB No. 13340 Beef, variety meats and by-products, tongue, cooked, simmered

Selenium, Se	S1581
Tocopherol, beta	S1581
Riboflavin	S1581
10:0	S1581
18:0	S1581
16:1 undifferentiated	S1581
20:2 n-6 c,c	S1581
Protein	S1581
Sodium, Na	S1581
Vitamin B-12	S1581
Fatty acids, total trans	S1581
14:0	S1581
18:3 undifferentiated	S1581
22:0	S1581
14:1	S1581
Ash	S1581
Calcium, Ca	S1581
Magnesium, Mg	S1581
Phosphorus, P	S1581
Potassium, K	S1581
Tocopherol, gamma	S1581
18:1 undifferentiated	S1581
20:1	S1581
20:3 undifferentiated	S1581
15:1	S1581
Zinc, Zn	S1581
Manganese, Mn	S1581
Retinol	S1581
Vitamin E (alpha-tocopherol)	S1581
Tocopherol, delta	S1581
Vitamin C, total ascorbic acid	S1581
Folate, total	S1581
Vitamin K (phylloquinone)	S1581
16:0	S1581
15:0	S1581
Total lipid (fat)	S1581
Iron, Fe	S1581

NDB No. 13340 Beef, variety meats and by-products, tongue, cooked, simmered

Copper, Cu	S1581
Thiamin	S1581
Vitamin B-6	S1581
Cholesterol	S1581
Fatty acids, total monounsaturated	S1581
Fatty acids, total polyunsaturated	S1581
17:0	S1581
18:3 n-3 c,c,c (ALA)	S1581
Pantothenic acid	S1581
12:0	S1581
18:2 undifferentiated	S1581
20:4 undifferentiated	S1581

NDB No. 13341 Beef, variety meats and by-products, tripe, raw

Total lipid (fat)	S1581
Iron, Fe	S1581
Magnesium, Mg	S1581
Copper, Cu	S1581
Selenium, Se	S1581
Vitamin E (alpha-tocopherol)	S1581
Thiamin	S1581
14:0	S1581
18:2 undifferentiated	S1581
16:1 undifferentiated	S1581
15:0	S1581
Manganese, Mn	S1581
Tocopherol, gamma	S1581
Folate, total	S1581
20:0	S1581
22:0	S1581
Fatty acids, total polyunsaturated	S1581
Potassium, K	S1581
Zinc, Zn	S1581
Tocopherol, beta	S1581
Vitamin K (phylloquinone)	S1581
18:0	S1581

NDB No. 13341 Beef, variety meats and by-products, tripe, raw

20:1	S1581
20:3 undifferentiated	S1581
Protein	S1581
Sodium, Na	S1581
Cholesterol	S1581
14:1	S1581
20:2 n-6 c,c	S1581
Ash	S1581
Phosphorus, P	S1581
Riboflavin	S1581
Vitamin B-6	S1581
Fatty acids, total trans	S1581
18:3 n-6 c,c,c	S1581
Niacin	S1581
Pantothenic acid	S1581
16:0	S1581
18:1 undifferentiated	S1581
15:1	S1581
18:3 n-3 c,c,c (ALA)	S1581
Calcium, Ca	S1581
Retinol	S1581
Fatty acids, total saturated	S1581
10:0	S1581
20:4 undifferentiated	S1581
Water	S1581
Tocopherol, delta	S1581
Vitamin B-12	S1581
12:0	S1581
Fatty acids, total monounsaturated	S1581
17:0	S1581

NDB No. 13343 Beef, brisket, flat half, separable lean only, trimmed to 0" fat, choice, cooked, braised

Fiber, total dietary	S2
Magnesium, Mg	S2
Zinc, Zn	S2
Copper, Cu	S2

NDB No. 13343 Beef, brisket, flat half, separable lean only, trimmed to 0" fat, choice, cooked, braised

Lycopene	S2
Phenylalanine	S14, S2
Arginine	S14, S2
Aspartic acid	S14, S2
Glutamic acid	S14, S2
8:0	S2
10:0	S2
20:1	S2
Caffeine	S2
Carotene, beta	S2
Tocopherol, beta	S2
Vitamin B-6	S2
Theobromine	S2
Iron, Fe	S2
Tocopherol, gamma	S2
Vitamin C, total ascorbic acid	S2
Niacin	S2
Lysine	S14, S2
Valine	S14, S2
22:6 n-3 (DHA)	S2
Protein	S2
Manganese, Mn	S2
Tocopherol, delta	S2
Folate, total	S2
Threonine	S14, S2
Leucine	S14, S2
Cystine	S14, S2
Glycine	S14, S2
4:0	S2
14:0	S2
16:1 undifferentiated	S2
18:4	S2
Water	S2
Retinol	S2
Vitamin E (alpha-tocopherol)	S2
Pantothenic acid	S2
Tryptophan	S14, S2

NDB No. 13343 Beef, brisket, flat half, separable lean only, trimmed to 0" fat, choice, cooked, braised

Methionine	S14, S2
Tyrosine	S14, S2
Histidine	S14, S2
18:1 undifferentiated	S2
18:3 undifferentiated	S2
22:1 undifferentiated	S2
Total lipid (fat)	S2
Calcium, Ca	S2
Potassium, K	S2
Thiamin	S2
Riboflavin	S2
Serine	S14, S2
18:0	S2
18:2 undifferentiated	S2
22:5 n-3 (DPA)	S2
Phosphorus, P	S2
Lutein + zeaxanthin	S2
Isoleucine	S14, S2
Alanine	S14, S2
Ash	S2
Sugars, total	S2
Sodium, Na	S2
Selenium, Se	S2
Carotene, alpha	S2
Cryptoxanthin, beta	S2
Vitamin B-12	S2
Vitamin K (phylloquinone)	S2
Proline	S14, S2
6:0	S2
12:0	S2
16:0	S2
20:4 undifferentiated	S2
20:5 n-3 (EPA)	S2

NDB No. 13347 Beef, cured, corned beef, brisket, cooked

Isoleucine	S14, S2

NDB No. 13347 Beef, cured, corned beef, brisket, cooked

Leucine	S14, S2
Phenylalanine	S14, S2
Tyrosine	S14, S2
Histidine	S14, S2
Threonine	S14, S2
Lysine	S14, S2
Arginine	S14, S2
Glutamic acid	S14, S2
Glycine	S14, S2
Tryptophan	S14, S2
Methionine	S14, S2
Cystine	S14, S2
Alanine	S14, S2
Aspartic acid	S14, S2
Serine	S14, S2
Valine	S14, S2
Proline	S14, S2

NDB No. 13349 Beef, chuck, under blade pot roast or steak, boneless, separable lean only, trimmed to 0" fat, select, raw

Water	S6702
Iron, Fe	S6702
Selenium, Se	S6702
Cystine	S6702
Alanine	S6702
20:0	S6702
18:3 undifferentiated	S6702
14:1	S6702
22:5 n-3 (DPA)	S6702
Fatty acids, total polyunsaturated	S6702
18:1 t	S6702
20:2 n-6 c,c	S6702
18:1 c	S6702
18:2 n-6 c,c	S6702
Phosphorus, P	S6702
Retinol	S6702
Vitamin B-6	S6702

NDB No. 13349 Beef, chuck, under blade pot roast or steak, boneless, separable lean only, trimmed to 0" fat, select, raw

Tryptophan	S6702
Methionine	S6702
Histidine	S6702
Serine	S6702
16:0	S6702
18:1 undifferentiated	S6702
20:1	S6702
18:2 CLAs	S6702
18:3 n-3 c,c,c (ALA)	S6702
18:1-11t (18:1t n-7)	S6702
Total lipid (fat)	S6702
Ash	S6702
Magnesium, Mg	S6702
Vitamin D3 (cholecalciferol)	S6702
Thiamin	S6702
Riboflavin	S6702
Niacin	S6702
Vitamin B-12	S6702
Aspartic acid	S6702
Fatty acids, total saturated	S6702
18:0	S6702
18:2 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
Fatty acids, total trans-monoenoic	S6702
Calcium, Ca	S6702
Vitamin E (alpha-tocopherol)	S6702
Lysine	S6702
Arginine	S6702
Glutamic acid	S6702
Cholesterol	S6702
14:0	S6702
16:1 undifferentiated	S6702
17:0	S6702
Pantothenic acid	S6702
Vitamin K (phylloquinone)	S14

NDB No. 13349 Beef, chuck, under blade pot roast or steak, boneless, separable lean only, trimmed to 0" fat, select, raw

Isoleucine	S6702
Leucine	S6702
Valine	S6702
Proline	S6702
Sodium, Na	S6702
Zinc, Zn	S6702
Betaine	S6702
Threonine	S6702
Tyrosine	S6702
20:4 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
20:5 n-3 (EPA)	S6702
Protein	S6702
Potassium, K	S6702
Vitamin D	S6702
Phenylalanine	S6702
Glycine	S6702
24:0	S6702
17:1	S6702
Copper, Cu	S6702
Manganese, Mn	S6702
Choline, total	S6702
Fatty acids, total trans	S6702

NDB No. 13351 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean only, trimmed to 0" fat, all grades, cooked, grilled

Protein	S6702
Riboflavin	S6702
Pantothenic acid	S6702
Vitamin B-6	S6702
Arginine	S6702
Histidine	S6702
22:5 n-3 (DPA)	S6702
18:1 t	S6702
20:2 n-6 c,c	S6702
18:3 n-3 c,c,c (ALA)	S6702

NDB No. 13351 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean only, trimmed to 0" fat, all grades, cooked, grilled

Total lipid (fat)	S6702
Iron, Fe	S6702
Threonine	S6702
20:0	S6702
Fatty acids, total polyunsaturated	S6702
24:0	S6702
18:2 CLAs	S6702
Magnesium, Mg	S6702
Phosphorus, P	S6702
Potassium, K	S6702
Sodium, Na	S6702
Zinc, Zn	S6702
18:3 undifferentiated	S6702
20:1	S6702
18:1 c	S6702
18:2 n-6 c,c	S6702
Copper, Cu	S6702
Vitamin E (alpha-tocopherol)	S6702
Niacin	S6702
Lysine	S6702
Alanine	S6702
Cholesterol	S6702
Fatty acids, total saturated	S6702
14:0	S6702
17:0	S6702
Fatty acids, total trans-monoenoic	S6702
Betaine	S6702
Aspartic acid	S6702
Glycine	S6702
Proline	S6702
16:0	S6702
20:4 undifferentiated	S6702
Water	S6702
Thiamin	S6702
Vitamin B-12	S6702
Choline, total	S6702

NDB No. 13351 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean only, trimmed to 0" fat, all grades, cooked, grilled

Tryptophan	S6702
Methionine	S6702
Phenylalanine	S6702
Valine	S6702
14:1	S6702
Manganese, Mn	S6702
Selenium, Se	S6702
Leucine	S6702
Tyrosine	S6702
Serine	S6702
18:1 undifferentiated	S6702
18:2 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
16:1 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
18:1-11t (18:1t n-7)	S6702
Ash	S6702
Calcium, Ca	S6702
Vitamin K (phylloquinone)	S14
Isoleucine	S6702
Cystine	S6702
Glutamic acid	S6702
Fatty acids, total trans	S6702
18:0	S6702
Fatty acids, total monounsaturated	S6702
17:1	S6702

NDB No. 13352 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean only, trimmed to 0" fat, choice, cooked, grilled

Phosphorus, P	S6702
Manganese, Mn	S6702
Niacin	S6702
Threonine	S6702
Tyrosine	S6702
Glycine	S6702
14:0	S6702

NDB No. 13352 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean only, trimmed to 0" fat, choice, cooked, grilled

16:0	S6702
20:1	S6702
22:5 n-3 (DPA)	S6702
17:0	S6702
Fatty acids, total trans-monoenoic	S6702
18:3 n-3 c,c,c (ALA)	S6702
Potassium, K	S6702
Vitamin E (alpha-tocopherol)	S6702
Riboflavin	S6702
Pantothenic acid	S6702
Vitamin B-12	S6702
Alanine	S6702
Glutamic acid	S6702
Fatty acids, total saturated	S6702
Iron, Fe	S6702
Methionine	S6702
Histidine	S6702
Fatty acids, total trans	S6702
18:0	S6702
14:1	S6702
18:1 t	S6702
18:2 CLAs	S6702
Protein	S6702
Water	S6702
Copper, Cu	S6702
Selenium, Se	S6702
Phenylalanine	S6702
Arginine	S6702
Proline	S6702
18:1 undifferentiated	S6702
Fatty acids, total polyunsaturated	S6702
17:1	S6702
Magnesium, Mg	S6702
Leucine	S6702
22:6 n-3 (DHA)	S6702
18:2 n-6 c,c	S6702

NDB No. 13352 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean only, trimmed to 0" fat, choice, cooked, grilled

Vitamin B-6	S6702
Tryptophan	S6702
Cystine	S6702
Valine	S6702
Serine	S6702
20:0	S6702
18:2 undifferentiated	S6702
16:1 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
Total lipid (fat)	S6702
Calcium, Ca	S6702
Sodium, Na	S6702
Thiamin	S6702
Aspartic acid	S6702
Cholesterol	S6702
18:3 undifferentiated	S6702
20:4 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
24:0	S6702
18:1 c	S6702
Ash	S6702
Zinc, Zn	S6702
Choline, total	S6702
Vitamin K (phylloquinone)	S14
Betaine	S6702
Isoleucine	S6702
Lysine	S6702
20:2 n-6 c,c	S6702
18:1-11t (18:1t n-7)	S6702

NDB No. 13354 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean only, trimmed to 0" fat, select, cooked, grilled

Protein	S6702
Vitamin E (alpha-tocopherol)	S6702
Niacin	S6702
Lysine	S6702

NDB No. 13354 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean only, trimmed to 0" fat, select, cooked, grilled

20:5 n-3 (EPA)	S6702
22:5 n-3 (DPA)	S6702
Fatty acids, total polyunsaturated	S6702
20:2 n-6 c,c	S6702
Fatty acids, total trans-monoenoic	S6702
Water	S6702
Iron, Fe	S6702
Potassium, K	S6702
Sodium, Na	S6702
Selenium, Se	S6702
Choline, total	S6702
Vitamin K (phylloquinone)	S14
Tryptophan	S6702
Threonine	S6702
Cystine	S6702
Valine	S6702
Glutamic acid	S6702
Glycine	S6702
14:0	S6702
18:0	S6702
17:0	S6702
24:0	S6702
18:2 n-6 c,c	S6702
18:1-11t (18:1t n-7)	S6702
Total lipid (fat)	S6702
Proline	S6702
18:3 n-3 c,c,c (ALA)	S6702
Magnesium, Mg	S6702
Manganese, Mn	S6702
Vitamin B-6	S6702
Vitamin B-12	S6702
Leucine	S6702
Arginine	S6702
Cholesterol	S6702
Fatty acids, total saturated	S6702
16:0	S6702

NDB No. 13354 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean only, trimmed to 0" fat, select, cooked, grilled

22:6 n-3 (DHA)	S6702
Phosphorus, P	S6702
Betaine	S6702
Methionine	S6702
Alanine	S6702
Fatty acids, total trans	S6702
18:2 undifferentiated	S6702
18:3 undifferentiated	S6702
14:1	S6702
Ash	S6702
Zinc, Zn	S6702
Copper, Cu	S6702
Pantothenic acid	S6702
Isoleucine	S6702
Histidine	S6702
20:0	S6702
20:4 undifferentiated	S6702
20:1	S6702
18:1 t	S6702
17:1	S6702
Thiamin	S6702
Riboflavin	S6702
Tyrosine	S6702
Aspartic acid	S6702
Serine	S6702
16:1 undifferentiated	S6702
18:1 c	S6702
Calcium, Ca	S6702
Phenylalanine	S6702
18:1 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
18:2 CLAs	S6702

NDB No. 13355 Beef, cured, pastrami

Water	S230

NDB No. 13355 Beef, cured, pastrami

Cholesterol	S230, S231
Iron, Fe	S230, S231
Ash	S230
Protein	S230, S231
Calcium, Ca	S230
Total lipid (fat)	S230, S231
Niacin	S230
Sodium, Na	S230, S231

NDB No. 13356 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean only, trimmed to 0" fat, all grades, raw

Protein	S6702
Iron, Fe	S6702
Manganese, Mn	S6702
Riboflavin	S6702
Pantothenic acid	S6702
Phenylalanine	S6702
Valine	S6702
Alanine	S6702
Glycine	S6702
20:0	S6702
18:1 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
17:0	S6702
24:0	S6702
18:1 c	S6702
Calcium, Ca	S6702
Vitamin B-6	S6702
Isoleucine	S6702
Lysine	S6702
Fatty acids, total saturated	S6702
14:0	S6702
18:0	S6702
18:2 undifferentiated	S6702
Water	S6702
Zinc, Zn	S6702
Vitamin B-12	S6702

NDB No. 13356 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean only, trimmed to 0" fat, all grades, raw

Cystine	S6702
Proline	S6702
18:1 t	S6702
Ash	S6702
Copper, Cu	S6702
Tryptophan	S6702
Arginine	S6702
Serine	S6702
22:5 n-3 (DPA)	S6702
Magnesium, Mg	S6702
Vitamin E (alpha-tocopherol)	S6702
Vitamin K (phylloquinone)	S14
Leucine	S6702
Glutamic acid	S6702
Cholesterol	S6702
18:3 undifferentiated	S6702
20:4 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
18:3 n-3 c,c,c (ALA)	S6702
Total lipid (fat)	S6702
Potassium, K	S6702
Niacin	S6702
Aspartic acid	S6702
16:1 undifferentiated	S6702
20:2 n-6 c,c	S6702
Fatty acids, total trans-monoenoic	S6702
Phosphorus, P	S6702
Thiamin	S6702
Threonine	S6702
Tyrosine	S6702
16:0	S6702
20:5 n-3 (EPA)	S6702
18:2 CLAs	S6702
17:1	S6702
Sodium, Na	S6702

NDB No. 13356 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean only, trimmed to 0" fat, all grades, raw

Selenium, Se	S6702
Choline, total	S6702
Betaine	S6702
Methionine	S6702
Histidine	S6702
Fatty acids, total trans	S6702
14:1	S6702
20:1	S6702
Fatty acids, total polyunsaturated	S6702
18:2 n-6 c,c	S6702
18:1-11t (18:1t n-7)	S6702

NDB No. 13359 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean only, trimmed to 0" fat, choice, raw

Manganese, Mn	S6702
Isoleucine	S6702
Leucine	S6702
Fatty acids, total saturated	S6702
14:1	S6702
16:1 undifferentiated	S6702
17:0	S6702
18:2 n-6 c,c	S6702
Fatty acids, total trans-monoenoic	S6702
Sodium, Na	S6702
Vitamin B-12	S6702
Lysine	S6702
Glycine	S6702
22:6 n-3 (DHA)	S6702
Magnesium, Mg	S6702
Phosphorus, P	S6702
Copper, Cu	S6702
Selenium, Se	S6702
Vitamin E (alpha-tocopherol)	S6702
Tryptophan	S6702
Tyrosine	S6702
Histidine	S6702

NDB No. 13359 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean only, trimmed to 0" fat, choice, raw

Cholesterol	S6702
Fatty acids, total trans	S6702
18:0	S6702
18:2 undifferentiated	S6702
20:4 undifferentiated	S6702
Total lipid (fat)	S6702
Thiamin	S6702
Niacin	S6702
Vitamin K (phylloquinone)	S14
Cystine	S6702
Arginine	S6702
Aspartic acid	S6702
14:0	S6702
20:1	S6702
18:3 n-3 c,c,c (ALA)	S6702
Ash	S6702
Iron, Fe	S6702
Choline, total	S6702
Glutamic acid	S6702
Proline	S6702
20:5 n-3 (EPA)	S6702
Fatty acids, total monounsaturated	S6702
Fatty acids, total polyunsaturated	S6702
24:0	S6702
18:1 t	S6702
Protein	S6702
Water	S6702
Betaine	S6702
Threonine	S6702
Methionine	S6702
Phenylalanine	S6702
20:0	S6702
18:1-11t (18:1t n-7)	S6702
Potassium, K	S6702
Zinc, Zn	S6702
Riboflavin	S6702

NDB No. 13359 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean only, trimmed to 0" fat, choice, raw

Pantothenic acid	S6702
Vitamin B-6	S6702
Alanine	S6702
16:0	S6702
22:5 n-3 (DPA)	S6702
18:2 CLAs	S6702
Calcium, Ca	S6702
Valine	S6702
Serine	S6702
18:1 undifferentiated	S6702
18:3 undifferentiated	S6702
20:2 n-6 c,c	S6702
18:1 c	S6702
17:1	S6702

NDB No. 13361 Beef, composite of trimmed retail cuts, separable lean and fat, trimmed to 0" fat, all grades, cooked

Tryptophan	S14, S2
Threonine	S14, S2
Leucine	S14, S2
Arginine	S14, S2
Fluoride, F	D5001, D5002, D5007, D5021
Alanine	S14, S2
Proline	S14, S2
Cystine	S14, S2
Glutamic acid	S14, S2
Glycine	S14, S2
Serine	S14, S2
Lysine	S14, S2
Valine	S14, S2
Isoleucine	S14, S2
Phenylalanine	S14, S2
Histidine	S14, S2
Aspartic acid	S14, S2
Methionine	S14, S2
Tyrosine	S14, S2

NDB No. 13362 Beef, composite of trimmed retail cuts, separable lean and fat, trimmed to 0" fat, choice, cooked

Fluoride, F	D5001, D5002, D5007, D5021

NDB No. 13363 Beef, composite of trimmed retail cuts, separable lean and fat, trimmed to 0" fat, select, cooked

Fluoride, F	D5001, D5002, D5007, D5021

NDB No. 13364 Beef, composite of trimmed retail cuts, separable lean only, trimmed to 0" fat, all grades, cooked

Histidine	S14, S2
Phenylalanine	S14, S2
Valine	S14, S2
Aspartic acid	S14, S2
Serine	S14, S2
Threonine	S14, S2
Glutamic acid	S14, S2
Tryptophan	S14, S2
Leucine	S14, S2
Lysine	S14, S2
Cystine	S14, S2
Tyrosine	S14, S2
Methionine	S14, S2
Alanine	S14, S2
Glycine	S14, S2
Proline	S14, S2
Arginine	S14, S2
Isoleucine	S14, S2

NDB No. 13367 Beef, brisket, whole, separable lean and fat, trimmed to 0" fat, all grades, cooked, braised

Arginine	S14, S2
Fluoride, F	D5001, D5002, D5007, D5021
Alanine	S14, S2
Aspartic acid	S14, S2
Leucine	S14, S2
Methionine	S14, S2
Tyrosine	S14, S2
Tryptophan	S14, S2
Phenylalanine	S14, S2

NDB No. 13367 Beef, brisket, whole, separable lean and fat, trimmed to 0" fat, all grades, cooked, braised

Glycine	S14, S2
Proline	S14, S2
Isoleucine	S14, S2
Cystine	S14, S2
Valine	S14, S2
Serine	S14, S2
Threonine	S14, S2
Lysine	S14, S2
Histidine	S14, S2
Glutamic acid	S14, S2

NDB No. 13368 Beef, brisket, whole, separable lean only, trimmed to 0" fat, all grades, cooked, braised

Lysine	S14, S2
Phenylalanine	S14, S2
Serine	S14, S2
Isoleucine	S14, S2
Leucine	S14, S2
Valine	S14, S2
Arginine	S14, S2
Threonine	S14, S2
Histidine	S14, S2
Glutamic acid	S14, S2
Proline	S14, S2
Cystine	S14, S2
Tyrosine	S14, S2
Glycine	S14, S2
Tryptophan	S14, S2
Alanine	S14, S2
Aspartic acid	S14, S2
Methionine	S14, S2

NDB No. 13369 Beef, brisket, flat half, separable lean and fat, trimmed to 0" fat, all grades, cooked, braised

Ash	S2
Phosphorus, P	S2
Retinol	S2
Pantothenic acid	S2

NDB No. 13369 Beef, brisket, flat half, separable lean and fat, trimmed to 0" fat, all grades, cooked, braised

Threonine	S14, S2
Lysine	S14, S2
Proline	S14, S2
10:0	S2
18:2 undifferentiated	S2
18:3 undifferentiated	S2
18:4	S2
Theobromine	S2
Fiber, total dietary	S2
Manganese, Mn	S2
Lutein + zeaxanthin	S2
Valine	S14, S2
Glutamic acid	S14, S2
Glycine	S14, S2
8:0	S2
16:0	S2
Carotene, beta	S2
Tocopherol, beta	S2
Thiamin	S2
Riboflavin	S2
Arginine	S14, S2
Alanine	S14, S2
4:0	S2
Magnesium, Mg	S2
Sodium, Na	S2
Vitamin E (alpha-tocopherol)	S2
Niacin	S2
Isoleucine	S14, S2
Leucine	S14, S2
Cystine	S14, S2
6:0	S2
18:1 undifferentiated	S2
20:4 undifferentiated	S2
20:1	S2
Water	S2
Cryptoxanthin, beta	S2
Tocopherol, delta	S2

NDB No. 13369 Beef, brisket, flat half, separable lean and fat, trimmed to 0" fat, all grades, cooked, braised

Vitamin B-6	S2
Serine	S14, S2
22:6 n-3 (DHA)	S2
16:1 undifferentiated	S2
22:5 n-3 (DPA)	S2
Iron, Fe	S2
Copper, Cu	S2
Vitamin C, total ascorbic acid	S2
14:0	S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2
Caffeine	S2
Carotene, alpha	S2
Lycopene	S2
Tocopherol, gamma	S2
Methionine	S14, S2
Phenylalanine	S14, S2
12:0	S2
18:0	S2
Protein	S2
Total lipid (fat)	S2
Sugars, total	S2
Calcium, Ca	S2
Potassium, K	S2
Zinc, Zn	S2
Selenium, Se	S2
Folate, total	S2
Vitamin B-12	S2
Vitamin K (phylloquinone)	S2
Tryptophan	S14, S2
Tyrosine	S14, S2
Histidine	S14, S2
Aspartic acid	S14, S2

NDB No. 13370 Beef, brisket, flat half, separable lean only, trimmed to 0" fat, all grades, cooked, braised

Caffeine	S2

NDB No. 13370 Beef, brisket, flat half, separable lean only, trimmed to 0" fat, all grades, cooked, braised

Carotene, alpha	S2
Tocopherol, gamma	S2
Vitamin B-12	S2
Vitamin K (phylloquinone)	S2
Alanine	S14, S2
18:0	S2
Vitamin C, total ascorbic acid	S2
Folate, total	S2
Methionine	S14, S2
Arginine	S14, S2
Serine	S14, S2
22:5 n-3 (DPA)	S2
Potassium, K	S2
Retinol	S2
Thiamin	S2
Riboflavin	S2
Aspartic acid	S14, S2
12:0	S2
18:3 undifferentiated	S2
Calcium, Ca	S2
Iron, Fe	S2
Lycopene	S2
Niacin	S2
Proline	S14, S2
4:0	S2
6:0	S2
8:0	S2
14:0	S2
16:0	S2
18:1 undifferentiated	S2
20:4 undifferentiated	S2
22:6 n-3 (DHA)	S2
20:1	S2
Water	S2
Selenium, Se	S2
Cryptoxanthin, beta	S2
Tocopherol, beta	S2

NDB No. 13370 Beef, brisket, flat half, separable lean only, trimmed to 0" fat, all grades, cooked, braised

Tocopherol, delta	S2
Vitamin B-6	S2
16:1 undifferentiated	S2
Vitamin E (alpha-tocopherol)	S2
Pantothenic acid	S2
Lysine	S14, S2
Valine	S14, S2
18:2 undifferentiated	S2
22:1 undifferentiated	S2
Total lipid (fat)	S2
Ash	S2
Theobromine	S2
Sugars, total	S2
Phosphorus, P	S2
Sodium, Na	S2
Carotene, beta	S2
Isoleucine	S14, S2
Leucine	S14, S2
Cystine	S14, S2
Tyrosine	S14, S2
Glutamic acid	S14, S2
Glycine	S14, S2
10:0	S2
Protein	S2
Fiber, total dietary	S2
Magnesium, Mg	S2
Zinc, Zn	S2
Copper, Cu	S2
Manganese, Mn	S2
Lutein + zeaxanthin	S2
Tryptophan	S14, S2
Threonine	S14, S2
Phenylalanine	S14, S2
Histidine	S14, S2
18:4	S2
20:5 n-3 (EPA)	S2

NDB No. 13373 Beef, chuck, arm pot roast, separable lean and fat, trimmed to 0" fat, all grades, cooked, braised

Fiber, total dietary	S2
Zinc, Zn	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, delta	S2
Pantothenic acid	S2
Lysine	S14, S2
4:0	S2
12:0	S2
22:6 n-3 (DHA)	S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2
Copper, Cu	S2
Vitamin B-6	S2
Folate, total	S2
Vitamin K (phylloquinone)	S2
Aspartic acid	S14, S2
14:0	S2
16:0	S2
18:1 undifferentiated	S2
18:2 undifferentiated	S2
Theobromine	S2
Calcium, Ca	S2
Sodium, Na	S2
Selenium, Se	S2
Retinol	S2
Carotene, beta	S2
Cystine	S14, S2
Phenylalanine	S14, S2
Arginine	S14, S2
Histidine	S14, S2
22:5 n-3 (DPA)	S2
Total lipid (fat)	S2
Sugars, total	S2
Iron, Fe	S2
Manganese, Mn	S2
Riboflavin	S2
Niacin	S2

NDB No. 13373 Beef, chuck, arm pot roast, separable lean and fat, trimmed to 0" fat, all grades, cooked, braised

Tryptophan	S14, S2
Valine	S14, S2
10:0	S2
20:4 undifferentiated	S2
20:1	S2
Protein	S2
Potassium, K	S2
Carotene, alpha	S2
Cryptoxanthin, beta	S2
Thiamin	S2
Threonine	S14, S2
Alanine	S14, S2
Serine	S14, S2
Water	S2
Magnesium, Mg	S2
Phosphorus, P	S2
Tocopherol, beta	S2
Methionine	S14, S2
8:0	S2
18:0	S2
Ash	S2
Caffeine	S2
Lycopene	S2
Tocopherol, gamma	S2
18:3 undifferentiated	S2
Lutein + zeaxanthin	S2
Vitamin C, total ascorbic acid	S2
Vitamin B-12	S2
Isoleucine	S14, S2
Leucine	S14, S2
Tyrosine	S14, S2
Glutamic acid	S14, S2
Glycine	S14, S2
Proline	S14, S2
6:0	S2
18:4	S2

NDB No. 13375 Beef, chuck, arm pot roast, separable lean and fat, trimmed to 0" fat, select, cooked, braised

Sodium, Na	S2
Zinc, Zn	S2
Tocopherol, gamma	S2
Tryptophan	S14, S2
Threonine	S14, S2
Leucine	S14, S2
Lysine	S14, S2
Glutamic acid	S14, S2
8:0	S2
Carotene, beta	S2
Tocopherol, delta	S2
Niacin	S2
Alanine	S14, S2
Caffeine	S2
Sugars, total	S2
Calcium, Ca	S2
Phosphorus, P	S2
Manganese, Mn	S2
Selenium, Se	S2
Vitamin C, total ascorbic acid	S2
Vitamin K (phylloquinone)	S2
Methionine	S14, S2
Cystine	S14, S2
Histidine	S14, S2
18:3 undifferentiated	S2
22:1 undifferentiated	S2
Magnesium, Mg	S2
Tocopherol, beta	S2
Thiamin	S2
4:0	S2
18:2 undifferentiated	S2
18:4	S2
20:5 n-3 (EPA)	S2
Ash	S2
Potassium, K	S2
Cryptoxanthin, beta	S2
Riboflavin	S2

NDB No. 13375 Beef, chuck, arm pot roast, separable lean and fat, trimmed to 0" fat, select, cooked, braised

Vitamin B-12	S2
Tyrosine	S14, S2
Valine	S14, S2
Proline	S14, S2
12:0	S2
22:6 n-3 (DHA)	S2
22:5 n-3 (DPA)	S2
Protein	S2
Total lipid (fat)	S2
Fiber, total dietary	S2
Pantothenic acid	S2
Folate, total	S2
Isoleucine	S14, S2
Phenylalanine	S14, S2
6:0	S2
10:0	S2
14:0	S2
20:1	S2
Retinol	S2
Vitamin E (alpha-tocopherol)	S2
Serine	S14, S2
18:0	S2
18:1 undifferentiated	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2
Water	S2
Theobromine	S2
Iron, Fe	S2
Copper, Cu	S2
Carotene, alpha	S2
Lycopene	S2
Lutein + zeaxanthin	S2
Vitamin B-6	S2
Arginine	S14, S2
Aspartic acid	S14, S2
Glycine	S14, S2
16:0	S2

NDB No. 13377 Beef, chuck, arm pot roast, separable lean only, trimmed to 0" fat, choice, cooked, braised

Water	S2
Sugars, total	S2
Potassium, K	S2
Vitamin C, total ascorbic acid	S2
Niacin	S2
Pantothenic acid	S2
Folate, total	S2
Vitamin B-12	S2
Vitamin K (phylloquinone)	S2
Isoleucine	S14, S2
Valine	S14, S2
12:0	S2
20:4 undifferentiated	S2
22:5 n-3 (DPA)	S2
Theobromine	S2
Selenium, Se	S2
Retinol	S2
Cryptoxanthin, beta	S2
Thiamin	S2
Leucine	S14, S2
Lysine	S14, S2
8:0	S2
22:6 n-3 (DHA)	S2
Protein	S2
Calcium, Ca	S2
Zinc, Zn	S2
Lycopene	S2
Tryptophan	S14, S2
Arginine	S14, S2
Histidine	S14, S2
18:3 undifferentiated	S2
18:4	S2
Total lipid (fat)	S2
Riboflavin	S2
Phenylalanine	S14, S2
Tyrosine	S14, S2
18:0	S2

NDB No. 13377 Beef, chuck, arm pot roast, separable lean only, trimmed to 0" fat, choice, cooked, braised

16:1 undifferentiated	S2
Caffeine	S2
Iron, Fe	S2
Carotene, alpha	S2
Vitamin E (alpha-tocopherol)	S2
Methionine	S14, S2
Serine	S14, S2
Ash	S2
Tocopherol, beta	S2
Cystine	S14, S2
Aspartic acid	S14, S2
Glycine	S14, S2
6:0	S2
14:0	S2
20:1	S2
20:5 n-3 (EPA)	S2
Fiber, total dietary	S2
Sodium, Na	S2
Copper, Cu	S2
Lutein + zeaxanthin	S2
Glutamic acid	S14, S2
4:0	S2
10:0	S2
16:0	S2
18:1 undifferentiated	S2
Magnesium, Mg	S2
Phosphorus, P	S2
Manganese, Mn	S2
Carotene, beta	S2
Tocopherol, gamma	S2
Tocopherol, delta	S2
Vitamin B-6	S2
Threonine	S14, S2
Alanine	S14, S2
Proline	S14, S2
18:2 undifferentiated	S2
22:1 undifferentiated	S2

NDB No. 13378 Beef, chuck, arm pot roast, separable lean only, trimmed to 0" fat, select, cooked, braised

Potassium, K	S2
Selenium, Se	S2
Lycopene	S2
Aspartic acid	S14, S2
14:0	S2
16:1 undifferentiated	S2
18:4	S2
Fiber, total dietary	S2
Cryptoxanthin, beta	S2
Lysine	S14, S2
Cystine	S14, S2
Histidine	S14, S2
Glycine	S14, S2
Serine	S14, S2
20:5 n-3 (EPA)	S2
Phosphorus, P	S2
Tocopherol, beta	S2
Thiamin	S2
Vitamin K (phylloquinone)	S2
18:3 undifferentiated	S2
Total lipid (fat)	S2
Calcium, Ca	S2
Zinc, Zn	S2
Lutein + zeaxanthin	S2
Tocopherol, gamma	S2
Tocopherol, delta	S2
Niacin	S2
Threonine	S14, S2
Isoleucine	S14, S2
Leucine	S14, S2
Methionine	S14, S2
Phenylalanine	S14, S2
Valine	S14, S2
Alanine	S14, S2
Glutamic acid	S14, S2
8:0	S2
16:0	S2

NDB No. 13378 Beef, chuck, arm pot roast, separable lean only, trimmed to 0" fat, select, cooked, braised

20:4 undifferentiated	S2
Theobromine	S2
Carotene, alpha	S2
Vitamin E (alpha-tocopherol)	S2
Riboflavin	S2
6:0	S2
22:6 n-3 (DHA)	S2
20:1	S2
Caffeine	S2
Sodium, Na	S2
Manganese, Mn	S2
Vitamin C, total ascorbic acid	S2
Vitamin B-6	S2
Vitamin B-12	S2
Tyrosine	S14, S2
Proline	S14, S2
12:0	S2
18:2 undifferentiated	S2
22:1 undifferentiated	S2
Ash	S2
Water	S2
Sugars, total	S2
Copper, Cu	S2
Folate, total	S2
Tryptophan	S14, S2
4:0	S2
18:1 undifferentiated	S2
Protein	S2
Iron, Fe	S2
Magnesium, Mg	S2
Retinol	S2
Carotene, beta	S2
Pantothenic acid	S2
Arginine	S14, S2
10:0	S2
18:0	S2
22:5 n-3 (DPA)	S2

NDB No. 13380 Beef, chuck, under blade pot roast, boneless, separable lean and fat, trimmed to 0" fat, choice, cooked, braised

Potassium, K	S6702
Vitamin B-12	S6702
Cholesterol	S6702
Fatty acids, total trans	S6702
20:0	S6702
17:0	S6702
24:0	S6702
18:1 t	S6702
20:2 n-6 c,c	S6702
16:1 c	S6702
18:1 c	S6702
17:1	S6702
Fatty acids, total trans-monoenoic	S6702
Protein	S6702
20:1	S6702
Vitamin B-6	S6702
18:3 undifferentiated	S6702
20:4 undifferentiated	S6702
Copper, Cu	S6702
Vitamin D	S6702
Betaine	S6702
14:0	S6702
18:2 n-6 c,c	S6702
Total lipid (fat)	S6702
Riboflavin	S6702
18:0	S6702
18:1 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
16:1 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
18:2 CLAs	S6702
18:1-11t (18:1t n-7)	S6702
Calcium, Ca	S6702
Magnesium, Mg	S6702
Zinc, Zn	S6702
Manganese, Mn	S6702

NDB No. 13380 Beef, chuck, under blade pot roast, boneless, separable lean and fat, trimmed to 0" fat, choice, cooked, braised

Retinol	S6702
Thiamin	S6702
Fatty acids, total monounsaturated	S6702
Fatty acids, total polyunsaturated	S6702
Ash	S6702
Water	S6702
Sodium, Na	S6702
Selenium, Se	S6702
Niacin	S6702
Choline, total	S6702
Vitamin K (phylloquinone)	S14
16:0	S6702
18:2 undifferentiated	S6702
14:1	S6702
20:5 n-3 (EPA)	S6702
Iron, Fe	S6702
Phosphorus, P	S6702
Vitamin E (alpha-tocopherol)	S6702
Vitamin D3 (cholecalciferol)	S6702
Pantothenic acid	S6702
Fatty acids, total saturated	S6702
18:3 n-3 c,c,c (ALA)	S6702

NDB No. 13381 Beef, chuck, under blade pot roast, boneless, separable lean and fat, trimmed to 0" fat, select, cooked, braised

Selenium, Se	S6702
Choline, total	S6702
Fatty acids, total saturated	S6702
16:0	S6702
18:0	S6702
20:4 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
16:1 c	S6702
18:1 c	S6702
17:1	S6702

NDB No. 13381 Beef, chuck, under blade pot roast, boneless, separable lean and fat, trimmed to 0" fat, select, cooked, braised

Fatty acids, total trans-monoenoic	S6702
Ash	S6702
Vitamin D3 (cholecalciferol)	S6702
Pantothenic acid	S6702
18:2 undifferentiated	S6702
18:3 undifferentiated	S6702
20:1	S6702
24:0	S6702
Protein	S6702
Copper, Cu	S6702
Manganese, Mn	S6702
14:0	S6702
17:0	S6702
18:1 t	S6702
18:3 n-3 c,c,c (ALA)	S6702
18:1-11t (18:1t n-7)	S6702
Retinol	S6702
Riboflavin	S6702
Iron, Fe	S6702
Phosphorus, P	S6702
Vitamin K (phylloquinone)	S14
22:5 n-3 (DPA)	S6702
20:2 n-6 c,c	S6702
Water	S6702
Calcium, Ca	S6702
Magnesium, Mg	S6702
Potassium, K	S6702
Vitamin E (alpha-tocopherol)	S6702
Vitamin B-6	S6702
Vitamin B-12	S6702
Fatty acids, total polyunsaturated	S6702
18:2 CLAs	S6702
18:2 n-6 c,c	S6702
Total lipid (fat)	S6702
Sodium, Na	S6702
Zinc, Zn	S6702

NDB No. 13381 Beef, chuck, under blade pot roast, boneless, separable lean and fat, trimmed to 0" fat, select, cooked, braised

Vitamin D	S6702
Thiamin	S6702
Niacin	S6702
Betaine	S6702
Cholesterol	S6702
Fatty acids, total trans	S6702
20:0	S6702
18:1 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
14:1	S6702
16:1 undifferentiated	S6702
20:5 n-3 (EPA)	S6702

NDB No. 13382 Beef, chuck, blade roast, separable lean only, trimmed to 0" fat, all grades, cooked, braised

Threonine	S14, S2
Glutamic acid	S14, S2
Serine	S14, S2
Leucine	S14, S2
Histidine	S14, S2
Tryptophan	S14, S2
Lysine	S14, S2
Isoleucine	S14, S2
Phenylalanine	S14, S2
Valine	S14, S2
Methionine	S14, S2
Arginine	S14, S2
Glycine	S14, S2
Cystine	S14, S2
Tyrosine	S14, S2
Alanine	S14, S2
Aspartic acid	S14, S2
Proline	S14, S2

NDB No. 13383 Beef, chuck, under blade pot roast, boneless, separable lean only, trimmed to 0" fat, choice, cooked, braised

NDB No. 13383 Beef, chuck, under blade pot roast, boneless, separable lean only, trimmed to 0" fat, choice, cooked, braised

Selenium, Se	S6702
Retinol	S6702
Vitamin B-6	S6702
Vitamin B-12	S6702
Tyrosine	S6702
20:0	S6702
17:0	S6702
Ash	S6702
Riboflavin	S6702
Lysine	S6702
Glycine	S6702
16:0	S6702
20:2 n-6 c,c	S6702
18:1 c	S6702
Protein	S6702
Calcium, Ca	S6702
Magnesium, Mg	S6702
Vitamin D	S6702
Thiamin	S6702
Valine	S6702
Arginine	S6702
Aspartic acid	S6702
Fatty acids, total trans	S6702
18:0	S6702
18:1 undifferentiated	S6702
14:1	S6702
20:1	S6702
18:2 CLAs	S6702
Fatty acids, total trans-monoenoic	S6702
Zinc, Zn	S6702
Manganese, Mn	S6702
Betaine	S6702
Threonine	S6702
Cystine	S6702
Alanine	S6702
20:5 n-3 (EPA)	S6702

NDB No. 13383 Beef, chuck, under blade pot roast, boneless, separable lean only, trimmed to 0" fat, choice, cooked, braised

18:2 n-6 c,c	S6702
17:1	S6702
18:1-11t (18:1t n-7)	S6702
Phosphorus, P	S6702
Potassium, K	S6702
Copper, Cu	S6702
Choline, total	S6702
Isoleucine	S6702
Leucine	S6702
Cholesterol	S6702
Fatty acids, total saturated	S6702
18:2 undifferentiated	S6702
Fatty acids, total polyunsaturated	S6702
18:1 t	S6702
Water	S6702
Sodium, Na	S6702
Vitamin E (alpha-tocopherol)	S6702
Methionine	S6702
Proline	S6702
14:0	S6702
18:3 undifferentiated	S6702
16:1 undifferentiated	S6702
18:3 n-3 c,c,c (ALA)	S6702
Vitamin D3 (cholecalciferol)	S6702
Pantothenic acid	S6702
Tryptophan	S6702
Phenylalanine	S6702
20:4 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
Total lipid (fat)	S6702
Iron, Fe	S6702
Niacin	S6702
Vitamin K (phylloquinone)	S14
Histidine	S6702
Glutamic acid	S6702
Serine	S6702
22:5 n-3 (DPA)	S6702

NDB No. 13383 Beef, chuck, under blade pot roast, boneless, separable lean only, trimmed to 0" fat, choice, cooked, braised

Fatty acids, total monounsaturated	S6702
24:0	S6702

NDB No. 13384 Beef, chuck, under blade pot roast, boneless, separable lean only, trimmed to 0" fat, select, cooked, braised

Magnesium, Mg	S6702
Retinol	S6702
Vitamin D	S6702
Vitamin K (phylloquinone)	S14
Leucine	S6702
Lysine	S6702
Proline	S6702
Fatty acids, total trans	S6702
18:3 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
17:0	S6702
Phosphorus, P	S6702
Copper, Cu	S6702
Niacin	S6702
Threonine	S6702
Serine	S6702
18:2 CLAs	S6702
Total lipid (fat)	S6702
Ash	S6702
Calcium, Ca	S6702
Zinc, Zn	S6702
Vitamin E (alpha-tocopherol)	S6702
Pantothenic acid	S6702
Betaine	S6702
18:2 undifferentiated	S6702
20:1	S6702
Sodium, Na	S6702
Riboflavin	S6702
Vitamin B-12	S6702
Isoleucine	S6702
Cystine	S6702

NDB No. 13384 Beef, chuck, under blade pot roast, boneless, separable lean only, trimmed to 0" fat, select, cooked, braised

16:1 undifferentiated	S6702
18:1 c	S6702
18:1-11t (18:1t n-7)	S6702
Vitamin D3 (cholecalciferol)	S6702
Vitamin B-6	S6702
Tryptophan	S6702
Arginine	S6702
Alanine	S6702
Cholesterol	S6702
Fatty acids, total saturated	S6702
14:0	S6702
18:1 undifferentiated	S6702
20:4 undifferentiated	S6702
14:1	S6702
17:1	S6702
Manganese, Mn	S6702
Selenium, Se	S6702
Phenylalanine	S6702
Tyrosine	S6702
Glutamic acid	S6702
Protein	S6702
Water	S6702
Thiamin	S6702
Valine	S6702
Aspartic acid	S6702
16:0	S6702
18:0	S6702
20:0	S6702
22:5 n-3 (DPA)	S6702
18:1 t	S6702
20:2 n-6 c,c	S6702
Fatty acids, total trans-monoenoic	S6702
18:3 n-3 c,c,c (ALA)	S6702
Iron, Fe	S6702
Potassium, K	S6702
Choline, total	S6702

NDB No. 13384	Beef, chuck, under blade pot roast, boneless, separable lean only, trimmed to 0" fat, select, cooked, braised
Methionine	S6702
Histidine	S6702
Glycine	S6702
20:5 n-3 (EPA)	S6702
Fatty acids, total monounsaturated	S6702
Fatty acids, total polyunsaturated	S6702
24:0	S6702
18:2 n-6 c,c	S6702

NDB No. 13388	Beef, rib, large end (ribs 6-9), separable lean only, trimmed to 0" fat, all grades, cooked, roasted
Leucine	S14, S2
Methionine	S14, S2
Valine	S14, S2
Isoleucine	S14, S2
Lysine	S14, S2
Tryptophan	S14, S2
Serine	S14, S2
Histidine	S14, S2
Threonine	S14, S2
Cystine	S14, S2
Phenylalanine	S14, S2
Alanine	S14, S2
Glutamic acid	S14, S2
Aspartic acid	S14, S2
Tyrosine	S14, S2
Arginine	S14, S2
Glycine	S14, S2
Proline	S14, S2

NDB No. 13391	Beef, rib, small end (ribs 10-12), separable lean and fat, trimmed to 0" fat, all grades, cooked, broiled
Total lipid (fat)	S2
Selenium, Se	S2
Thiamin	S2
Vitamin B-6	S2

NDB No. 13391 Beef, rib, small end (ribs 10-12), separable lean and fat, trimmed to 0" fat, all grades, cooked, broiled

Isoleucine	S14, S2
6:0	S2
12:0	S2
20:4 undifferentiated	S2
22:6 n-3 (DHA)	S2
22:5 n-3 (DPA)	S2
Iron, Fe	S2
Sodium, Na	S2
Carotene, beta	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Tyrosine	S14, S2
Protein	S2
Magnesium, Mg	S2
Phosphorus, P	S2
Pantothenic acid	S2
Vitamin B-12	S2
Phenylalanine	S14, S2
8:0	S2
20:5 n-3 (EPA)	S2
Theobromine	S2
Sugars, total	S2
Zinc, Zn	S2
Manganese, Mn	S2
Lycopene	S2
Lysine	S14, S2
Valine	S14, S2
14:0	S2
Copper, Cu	S2
Tryptophan	S14, S2
Methionine	S14, S2
Arginine	S14, S2
Serine	S14, S2
18:1 undifferentiated	S2
20:1	S2
Water	S2
Caffeine	S2

NDB No. 13391 Beef, rib, small end (ribs 10-12), separable lean and fat, trimmed to 0" fat, all grades, cooked, broiled

Potassium, K	S2
Carotene, alpha	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, gamma	S2
Folate, total	S2
Cystine	S14, S2
18:0	S2
22:1 undifferentiated	S2
Ash	S2
Cryptoxanthin, beta	S2
Riboflavin	S2
Niacin	S2
Leucine	S14, S2
Histidine	S14, S2
Aspartic acid	S14, S2
Glutamic acid	S14, S2
16:0	S2
18:3 undifferentiated	S2
Fiber, total dietary	S2
Calcium, Ca	S2
Retinol	S2
Lutein + zeaxanthin	S2
Vitamin C, total ascorbic acid	S2
Vitamin K (phylloquinone)	S2
Threonine	S14, S2
Alanine	S14, S2
Glycine	S14, S2
Proline	S14, S2
4:0	S2
10:0	S2
18:2 undifferentiated	S2
16:1 undifferentiated	S2
18:4	S2

NDB No. 13394 Beef, rib, small end (ribs 10-12), separable lean only, trimmed to 0" fat, all grades, cooked, broiled

Carotene, beta	S2

NDB No. 13394 Beef, rib, small end (ribs 10-12), separable lean only, trimmed to 0" fat, all grades, cooked, broiled

Vitamin C, total ascorbic acid	S2
Thiamin	S2
10:0	S2
18:2 undifferentiated	S2
22:6 n-3 (DHA)	S2
18:4	S2
20:5 n-3 (EPA)	S2
Caffeine	S2
Zinc, Zn	S2
Tocopherol, beta	S2
Niacin	S2
Vitamin B-6	S2
Tryptophan	S14, S2
Phenylalanine	S14, S2
8:0	S2
16:0	S2
18:3 undifferentiated	S2
Fiber, total dietary	S2
Manganese, Mn	S2
Retinol	S2
Tocopherol, gamma	S2
Pantothenic acid	S2
Vitamin B-12	S2
Alanine	S14, S2
Aspartic acid	S14, S2
6:0	S2
12:0	S2
22:1 undifferentiated	S2
Total lipid (fat)	S2
Water	S2
Phosphorus, P	S2
Folate, total	S2
Leucine	S14, S2
14:0	S2
18:0	S2
Protein	S2
Ash	S2

NDB No. 13394 Beef, rib, small end (ribs 10-12), separable lean only, trimmed to 0" fat, all grades, cooked, broiled

Theobromine	S2
Vitamin K (phylloquinone)	S2
Threonine	S14, S2
Cystine	S14, S2
Valine	S14, S2
4:0	S2
20:4 undifferentiated	S2
Copper, Cu	S2
Selenium, Se	S2
Carotene, alpha	S2
Lutein + zeaxanthin	S2
Tocopherol, delta	S2
Methionine	S14, S2
Histidine	S14, S2
Serine	S14, S2
18:1 undifferentiated	S2
Sugars, total	S2
Calcium, Ca	S2
Iron, Fe	S2
Potassium, K	S2
Lycopene	S2
Riboflavin	S2
Lysine	S14, S2
Tyrosine	S14, S2
Glycine	S14, S2
Proline	S14, S2
16:1 undifferentiated	S2
22:5 n-3 (DPA)	S2
Magnesium, Mg	S2
Sodium, Na	S2
Vitamin E (alpha-tocopherol)	S2
Cryptoxanthin, beta	S2
Isoleucine	S14, S2
Arginine	S14, S2
Glutamic acid	S14, S2
20:1	S2

NDB No. 13398 Beef, round, bottom round, steak, separable lean and fat, trimmed to 0" fat, all grades, cooked, braised

Caffeine	S2
Magnesium, Mg	S2
Zinc, Zn	S2
Selenium, Se	S2
Tocopherol, beta	S2
6:0	S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2
Water	S2
Theobromine	S2
Sodium, Na	S2
Tocopherol, gamma	S2
Thiamin	S2
Niacin	S2
Tryptophan	S14, S2
Phenylalanine	S14, S2
Glutamic acid	S14, S2
16:0	S2
22:5 n-3 (DPA)	S2
Calcium, Ca	S2
Vitamin B-12	S2
Lysine	S14, S2
Cystine	S14, S2
Alanine	S14, S2
Glycine	S14, S2
10:0	S2
18:3 undifferentiated	S2
Vitamin E (alpha-tocopherol)	S2
Pantothenic acid	S2
Isoleucine	S14, S2
Tyrosine	S14, S2
Aspartic acid	S14, S2
Serine	S14, S2
18:2 undifferentiated	S2
Tocopherol, delta	S2
Leucine	S14, S2
Valine	S14, S2

NDB No. 13398 Beef, round, bottom round, steak, separable lean and fat, trimmed to 0" fat, all grades, cooked, braised

Arginine	S14, S2
Proline	S14, S2
8:0	S2
14:0	S2
22:6 n-3 (DHA)	S2
Ash	S2
Iron, Fe	S2
Copper, Cu	S2
Manganese, Mn	S2
Lycopene	S2
Vitamin C, total ascorbic acid	S2
Folate, total	S2
Histidine	S14, S2
18:1 undifferentiated	S2
Protein	S2
Sugars, total	S2
Potassium, K	S2
Lutein + zeaxanthin	S2
Vitamin K (phylloquinone)	S2
4:0	S2
12:0	S2
18:0	S2
16:1 undifferentiated	S2
Total lipid (fat)	S2
Fiber, total dietary	S2
Phosphorus, P	S2
Retinol	S2
Carotene, beta	S2
Carotene, alpha	S2
Cryptoxanthin, beta	S2
Riboflavin	S2
Vitamin B-6	S2
Threonine	S14, S2
Methionine	S14, S2
20:4 undifferentiated	S2
18:4	S2
20:1	S2

NDB No. 13399 Beef, round, bottom round, roast, separable lean and fat, trimmed to 0" fat, all grades, cooked, roasted

Sugars, total	S2
Copper, Cu	S2
Lycopene	S2
Vitamin C, total ascorbic acid	S2
Phenylalanine	S14, S2
18:3 undifferentiated	S2
Water	S2
Caffeine	S2
Fiber, total dietary	S2
Manganese, Mn	S2
Selenium, Se	S2
Isoleucine	S14, S2
Glutamic acid	S14, S2
18:0	S2
18:2 undifferentiated	S2
Ash	S2
Carotene, beta	S2
Vitamin E (alpha-tocopherol)	S2
Lutein + zeaxanthin	S2
Niacin	S2
Pantothenic acid	S2
Vitamin K (phylloquinone)	S2
Lysine	S14, S2
Total lipid (fat)	S2
Potassium, K	S2
Sodium, Na	S2
Zinc, Zn	S2
Carotene, alpha	S2
Cryptoxanthin, beta	S2
Thiamin	S2
Vitamin B-12	S2
Aspartic acid	S14, S2
Proline	S14, S2
8:0	S2
14:0	S2
18:4	S2
20:1	S2

NDB No. 13399 Beef, round, bottom round, roast, separable lean and fat, trimmed to 0" fat, all grades, cooked, roasted

Iron, Fe	S2
Tocopherol, gamma	S2
Tocopherol, delta	S2
Vitamin B-6	S2
Folate, total	S2
Threonine	S14, S2
Leucine	S14, S2
Cystine	S14, S2
Tyrosine	S14, S2
Valine	S14, S2
Glycine	S14, S2
10:0	S2
18:1 undifferentiated	S2
20:4 undifferentiated	S2
22:6 n-3 (DHA)	S2
22:5 n-3 (DPA)	S2
Protein	S2
Theobromine	S2
Riboflavin	S2
Arginine	S14, S2
Alanine	S14, S2
6:0	S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2
Phosphorus, P	S2
Methionine	S14, S2
Histidine	S14, S2
4:0	S2
12:0	S2
Calcium, Ca	S2
Magnesium, Mg	S2
Retinol	S2
Tocopherol, beta	S2
Tryptophan	S14, S2
Serine	S14, S2
16:0	S2
16:1 undifferentiated	S2

NDB No. 13401 Beef, round, bottom round, steak, separable lean and fat, trimmed to 0" fat, choice, cooked, braised

Water	S2
Calcium, Ca	S2
Magnesium, Mg	S2
Zinc, Zn	S2
Selenium, Se	S2
Cystine	S14, S2
Arginine	S14, S2
16:0	S2
18:3 undifferentiated	S2
18:4	S2
Iron, Fe	S2
Potassium, K	S2
Copper, Cu	S2
Manganese, Mn	S2
Isoleucine	S14, S2
Lysine	S14, S2
Histidine	S14, S2
Glutamic acid	S14, S2
18:2 undifferentiated	S2
22:6 n-3 (DHA)	S2
Caffeine	S2
Phosphorus, P	S2
Retinol	S2
Tryptophan	S14, S2
Phenylalanine	S14, S2
10:0	S2
12:0	S2
20:1	S2
22:5 n-3 (DPA)	S2
Vitamin E (alpha-tocopherol)	S2
Folate, total	S2
Vitamin B-12	S2
14:0	S2
18:1 undifferentiated	S2
20:5 n-3 (EPA)	S2
Theobromine	S2
Fiber, total dietary	S2

NDB No. 13401 Beef, round, bottom round, steak, separable lean and fat, trimmed to 0" fat, choice, cooked, braised

Lutein + zeaxanthin	S2
Pantothenic acid	S2
Vitamin K (phylloquinone)	S2
Alanine	S14, S2
18:0	S2
Sugars, total	S2
Sodium, Na	S2
Carotene, alpha	S2
Tocopherol, delta	S2
Niacin	S2
Valine	S14, S2
Aspartic acid	S14, S2
Glycine	S14, S2
Proline	S14, S2
4:0	S2
Total lipid (fat)	S2
Ash	S2
Lycopene	S2
Tocopherol, beta	S2
Tocopherol, gamma	S2
Thiamin	S2
Riboflavin	S2
Vitamin B-6	S2
Leucine	S14, S2
Methionine	S14, S2
Tyrosine	S14, S2
Serine	S14, S2
6:0	S2
8:0	S2
20:4 undifferentiated	S2
Protein	S2
Carotene, beta	S2
Cryptoxanthin, beta	S2
Vitamin C, total ascorbic acid	S2
Threonine	S14, S2
16:1 undifferentiated	S2
22:1 undifferentiated	S2

NDB No. 13402 Beef, round, bottom round, roast, separable lean and fat, trimmed to 0" fat, choice, cooked, roasted

Iron, Fe	S2
Copper, Cu	S2
Pantothenic acid	S2
Vitamin B-6	S2
Threonine	S14, S2
Valine	S14, S2
Histidine	S14, S2
Proline	S14, S2
18:2 undifferentiated	S2
18:4	S2
Caffeine	S2
Potassium, K	S2
Sodium, Na	S2
Methionine	S14, S2
Aspartic acid	S14, S2
12:0	S2
Protein	S2
Total lipid (fat)	S2
Water	S2
Fiber, total dietary	S2
Phosphorus, P	S2
Zinc, Zn	S2
Lutein + zeaxanthin	S2
Tryptophan	S14, S2
Arginine	S14, S2
6:0	S2
8:0	S2
18:0	S2
18:1 undifferentiated	S2
20:1	S2
Carotene, beta	S2
Lycopene	S2
Vitamin B-12	S2
Leucine	S14, S2
Lysine	S14, S2
4:0	S2
16:1 undifferentiated	S2

NDB No. 13402 Beef, round, bottom round, roast, separable lean and fat, trimmed to 0" fat, choice, cooked, roasted

20:5 n-3 (EPA)	S2
Manganese, Mn	S2
Retinol	S2
Carotene, alpha	S2
Vitamin E (alpha-tocopherol)	S2
Cryptoxanthin, beta	S2
Tocopherol, beta	S2
Tocopherol, gamma	S2
Riboflavin	S2
Folate, total	S2
Isoleucine	S14, S2
Phenylalanine	S14, S2
Tyrosine	S14, S2
Serine	S14, S2
14:0	S2
18:3 undifferentiated	S2
20:4 undifferentiated	S2
Calcium, Ca	S2
Cystine	S14, S2
Glycine	S14, S2
10:0	S2
22:1 undifferentiated	S2
Sugars, total	S2
Magnesium, Mg	S2
Selenium, Se	S2
Vitamin C, total ascorbic acid	S2
Thiamin	S2
Alanine	S14, S2
16:0	S2
22:6 n-3 (DHA)	S2
22:5 n-3 (DPA)	S2
Ash	S2
Theobromine	S2
Tocopherol, delta	S2
Niacin	S2
Vitamin K (phylloquinone)	S2
Glutamic acid	S14, S2

NDB No. 13404 Beef, round, bottom round, steak, separable lean and fat, trimmed to 0" fat, select, cooked, braised

Fiber, total dietary	S2
Cryptoxanthin, beta	S2
Lycopene	S2
Lutein + zeaxanthin	S2
Tocopherol, gamma	S2
Tocopherol, delta	S2
Vitamin C, total ascorbic acid	S2
Folate, total	S2
Lysine	S14, S2
18:0	S2
20:4 undifferentiated	S2
22:5 n-3 (DPA)	S2
Total lipid (fat)	S2
Calcium, Ca	S2
Potassium, K	S2
Manganese, Mn	S2
Cystine	S14, S2
Arginine	S14, S2
8:0	S2
18:2 undifferentiated	S2
Protein	S2
Ash	S2
Water	S2
Sodium, Na	S2
Zinc, Zn	S2
Selenium, Se	S2
Riboflavin	S2
Pantothenic acid	S2
Leucine	S14, S2
Valine	S14, S2
Magnesium, Mg	S2
Copper, Cu	S2
Alanine	S14, S2
Aspartic acid	S14, S2
10:0	S2
14:0	S2
22:6 n-3 (DHA)	S2

NDB No. 13404 Beef, round, bottom round, steak, separable lean and fat, trimmed to 0" fat, select, cooked, braised

Caffeine	S2
Phosphorus, P	S2
Retinol	S2
Tryptophan	S14, S2
Threonine	S14, S2
Isoleucine	S14, S2
Methionine	S14, S2
Phenylalanine	S14, S2
Tyrosine	S14, S2
Histidine	S14, S2
Serine	S14, S2
6:0	S2
12:0	S2
16:0	S2
18:1 undifferentiated	S2
16:1 undifferentiated	S2
Sugars, total	S2
Carotene, alpha	S2
Tocopherol, beta	S2
Vitamin B-6	S2
Vitamin B-12	S2
Proline	S14, S2
4:0	S2
18:3 undifferentiated	S2
18:4	S2
Theobromine	S2
Vitamin E (alpha-tocopherol)	S2
Vitamin K (phylloquinone)	S2
Glycine	S14, S2
Iron, Fe	S2
Carotene, beta	S2
Thiamin	S2
Niacin	S2
Glutamic acid	S14, S2
20:1	S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2

NDB No. 13405 Beef, round, bottom round, roast, separable lean and fat, trimmed to 0" fat, select, cooked, roasted

Theobromine	S2
Magnesium, Mg	S2
Zinc, Zn	S2
Lycopene	S2
Vitamin C, total ascorbic acid	S2
Pantothenic acid	S2
Vitamin B-12	S2
8:0	S2
Phosphorus, P	S2
Leucine	S14, S2
Glycine	S14, S2
12:0	S2
16:0	S2
18:3 undifferentiated	S2
22:6 n-3 (DHA)	S2
18:4	S2
20:1	S2
Protein	S2
Water	S2
Manganese, Mn	S2
Retinol	S2
Cryptoxanthin, beta	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Vitamin K (phylloquinone)	S2
Tyrosine	S14, S2
Valine	S14, S2
Alanine	S14, S2
10:0	S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2
22:5 n-3 (DPA)	S2
Ash	S2
Niacin	S2
Tryptophan	S14, S2
Cystine	S14, S2
Histidine	S14, S2

NDB No. 13405 Beef, round, bottom round, roast, separable lean and fat, trimmed to 0" fat, select, cooked, roasted

20:4 undifferentiated	S2
Fiber, total dietary	S2
Iron, Fe	S2
Sodium, Na	S2
Copper, Cu	S2
Lutein + zeaxanthin	S2
Thiamin	S2
Riboflavin	S2
Vitamin B-6	S2
Lysine	S14, S2
Phenylalanine	S14, S2
Proline	S14, S2
4:0	S2
6:0	S2
Total lipid (fat)	S2
Caffeine	S2
Potassium, K	S2
Vitamin E (alpha-tocopherol)	S2
Folate, total	S2
Threonine	S14, S2
Methionine	S14, S2
18:0	S2
Sugars, total	S2
Selenium, Se	S2
Tocopherol, gamma	S2
Isoleucine	S14, S2
Aspartic acid	S14, S2
Glutamic acid	S14, S2
14:0	S2
18:1 undifferentiated	S2
18:2 undifferentiated	S2
Calcium, Ca	S2
Carotene, beta	S2
Carotene, alpha	S2
Arginine	S14, S2
Serine	S14, S2
16:1 undifferentiated	S2

NDB No. 13407 Beef, round, bottom round, steak, separable lean only, trimmed to 0" fat, all grades, cooked, braised

Protein	S2
Caffeine	S2
Magnesium, Mg	S2
Potassium, K	S2
Sodium, Na	S2
Cryptoxanthin, beta	S2
Arginine	S14, S2
Alanine	S14, S2
4:0	S2
20:1	S2
Theobromine	S2
Lycopene	S2
Lutein + zeaxanthin	S2
Niacin	S2
10:0	S2
22:6 n-3 (DHA)	S2
18:4	S2
20:5 n-3 (EPA)	S2
Total lipid (fat)	S2
Fiber, total dietary	S2
Thiamin	S2
Vitamin B-12	S2
Tryptophan	S14, S2
Lysine	S14, S2
Aspartic acid	S14, S2
Glycine	S14, S2
Proline	S14, S2
8:0	S2
16:0	S2
18:2 undifferentiated	S2
Carotene, beta	S2
Tocopherol, gamma	S2
Leucine	S14, S2
Tyrosine	S14, S2
12:0	S2
18:0	S2
18:1 undifferentiated	S2

NDB No. 13407 Beef, round, bottom round, steak, separable lean only, trimmed to 0" fat, all grades, cooked, braised

Water	S2
Iron, Fe	S2
Phosphorus, P	S2
Threonine	S14, S2
Phenylalanine	S14, S2
Valine	S14, S2
16:1 undifferentiated	S2
Ash	S2
Copper, Cu	S2
Selenium, Se	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, delta	S2
Vitamin C, total ascorbic acid	S2
Vitamin B-6	S2
Folate, total	S2
Methionine	S14, S2
Cystine	S14, S2
18:3 undifferentiated	S2
22:1 undifferentiated	S2
Zinc, Zn	S2
Retinol	S2
Carotene, alpha	S2
Tocopherol, beta	S2
Riboflavin	S2
Pantothenic acid	S2
Isoleucine	S14, S2
Glutamic acid	S14, S2
22:5 n-3 (DPA)	S2
Sugars, total	S2
Calcium, Ca	S2
Manganese, Mn	S2
Vitamin K (phylloquinone)	S2
Histidine	S14, S2
Serine	S14, S2
6:0	S2
14:0	S2
20:4 undifferentiated	S2

NDB No. 13408 Beef, round, bottom round, roast, separable lean only, trimmed to 0" fat, all grades, cooked, roasted

Total lipid (fat)	S2
Caffeine	S2
Calcium, Ca	S2
Carotene, beta	S2
Carotene, alpha	S2
Isoleucine	S14, S2
Cystine	S14, S2
Valine	S14, S2
Glutamic acid	S14, S2
Glycine	S14, S2
6:0	S2
8:0	S2
20:4 undifferentiated	S2
22:6 n-3 (DHA)	S2
18:4	S2
Water	S2
Theobromine	S2
Fiber, total dietary	S2
Phosphorus, P	S2
Retinol	S2
Vitamin C, total ascorbic acid	S2
Vitamin B-6	S2
Vitamin K (phylloquinone)	S2
Tryptophan	S14, S2
Leucine	S14, S2
Aspartic acid	S14, S2
18:1 undifferentiated	S2
Sodium, Na	S2
Copper, Cu	S2
Selenium, Se	S2
Tocopherol, gamma	S2
Pantothenic acid	S2
Lysine	S14, S2
Methionine	S14, S2
Arginine	S14, S2
Proline	S14, S2
Serine	S14, S2

NDB No. 13408 Beef, round, bottom round, roast, separable lean only, trimmed to 0" fat, all grades, cooked, roasted

18:2 undifferentiated	S2
Sugars, total	S2
Zinc, Zn	S2
Manganese, Mn	S2
Vitamin E (alpha-tocopherol)	S2
Lutein + zeaxanthin	S2
Folate, total	S2
18:0	S2
22:1 undifferentiated	S2
Ash	S2
Magnesium, Mg	S2
Cryptoxanthin, beta	S2
Tocopherol, beta	S2
Thiamin	S2
Niacin	S2
4:0	S2
10:0	S2
16:1 undifferentiated	S2
Vitamin B-12	S2
Threonine	S14, S2
Phenylalanine	S14, S2
Tyrosine	S14, S2
Histidine	S14, S2
18:3 undifferentiated	S2
20:5 n-3 (EPA)	S2
Protein	S2
Potassium, K	S2
Lycopene	S2
Alanine	S14, S2
12:0	S2
20:1	S2
Iron, Fe	S2
Tocopherol, delta	S2
Riboflavin	S2
14:0	S2
16:0	S2
22:5 n-3 (DPA)	S2

NDB No. 13410 Beef, round, bottom round, steak, separable lean only, trimmed to 0" fat, choice, cooked, braised

Ash	S2
Calcium, Ca	S2
Phosphorus, P	S2
Carotene, beta	S2
Tocopherol, gamma	S2
Tocopherol, delta	S2
Niacin	S2
Vitamin K (phylloquinone)	S2
Lysine	S14, S2
Tyrosine	S14, S2
Valine	S14, S2
Serine	S14, S2
14:0	S2
16:0	S2
18:0	S2
18:3 undifferentiated	S2
Theobromine	S2
Vitamin B-6	S2
Phenylalanine	S14, S2
18:1 undifferentiated	S2
18:2 undifferentiated	S2
16:1 undifferentiated	S2
18:4	S2
22:1 undifferentiated	S2
Total lipid (fat)	S2
Magnesium, Mg	S2
Sodium, Na	S2
Zinc, Zn	S2
Tocopherol, beta	S2
Riboflavin	S2
Tryptophan	S14, S2
Arginine	S14, S2
Fiber, total dietary	S2
Folate, total	S2
Threonine	S14, S2
Cystine	S14, S2
Alanine	S14, S2

NDB No. 13410 Beef, round, bottom round, steak, separable lean only, trimmed to 0" fat, choice, cooked, braised

Glycine	S14, S2
8:0	S2
Protein	S2
Caffeine	S2
Potassium, K	S2
Manganese, Mn	S2
Carotene, alpha	S2
Cryptoxanthin, beta	S2
Lycopene	S2
Lutein + zeaxanthin	S2
Pantothenic acid	S2
Methionine	S14, S2
6:0	S2
Water	S2
Sugars, total	S2
Selenium, Se	S2
Retinol	S2
Vitamin E (alpha-tocopherol)	S2
Isoleucine	S14, S2
Proline	S14, S2
20:4 undifferentiated	S2
22:5 n-3 (DPA)	S2
Copper, Cu	S2
Vitamin C, total ascorbic acid	S2
Thiamin	S2
Leucine	S14, S2
Histidine	S14, S2
Aspartic acid	S14, S2
Glutamic acid	S14, S2
12:0	S2
20:1	S2
Iron, Fe	S2
Vitamin B-12	S2
4:0	S2
10:0	S2
22:6 n-3 (DHA)	S2
20:5 n-3 (EPA)	S2

NDB No. 13411 Beef, round, bottom round, roast, separable lean only, trimmed to 0" fat, choice, cooked, roasted

Selenium, Se	S2
Carotene, beta	S2
Vitamin E (alpha-tocopherol)	S2
Tyrosine	S14, S2
10:0	S2
16:1 undifferentiated	S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2
Total lipid (fat)	S2
Theobromine	S2
Magnesium, Mg	S2
Riboflavin	S2
Methionine	S14, S2
Glycine	S14, S2
Proline	S14, S2
18:0	S2
20:1	S2
22:5 n-3 (DPA)	S2
Caffeine	S2
Fiber, total dietary	S2
Sodium, Na	S2
Tocopherol, gamma	S2
Thiamin	S2
Niacin	S2
Pantothenic acid	S2
Vitamin B-6	S2
Threonine	S14, S2
Leucine	S14, S2
Phenylalanine	S14, S2
Arginine	S14, S2
8:0	S2
12:0	S2
14:0	S2
18:4	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Folate, total	S2

NDB No. 13411 Beef, round, bottom round, roast, separable lean only, trimmed to 0" fat, choice, cooked, roasted

Vitamin K (phylloquinone)	S2
Tryptophan	S14, S2
Valine	S14, S2
Aspartic acid	S14, S2
Serine	S14, S2
18:1 undifferentiated	S2
Protein	S2
Ash	S2
Iron, Fe	S2
Potassium, K	S2
Copper, Cu	S2
Manganese, Mn	S2
Lycopene	S2
Lutein + zeaxanthin	S2
Vitamin C, total ascorbic acid	S2
Isoleucine	S14, S2
Lysine	S14, S2
Alanine	S14, S2
18:2 undifferentiated	S2
18:3 undifferentiated	S2
Sugars, total	S2
Phosphorus, P	S2
Zinc, Zn	S2
Vitamin B-12	S2
Glutamic acid	S14, S2
4:0	S2
6:0	S2
Water	S2
Carotene, alpha	S2
Cystine	S14, S2
Histidine	S14, S2
22:6 n-3 (DHA)	S2
Calcium, Ca	S2
Retinol	S2
Cryptoxanthin, beta	S2
16:0	S2
20:4 undifferentiated	S2

NDB No. 13413 Beef, round, bottom round, steak, separable lean only, trimmed to 0" fat, select, cooked, braised

Water	S2
Copper, Cu	S2
Tryptophan	S14, S2
Leucine	S14, S2
Arginine	S14, S2
4:0	S2
16:0	S2
22:1 undifferentiated	S2
Caffeine	S2
Calcium, Ca	S2
Riboflavin	S2
Aspartic acid	S14, S2
10:0	S2
12:0	S2
18:1 undifferentiated	S2
20:1	S2
22:5 n-3 (DPA)	S2
Tocopherol, delta	S2
Thiamin	S2
Vitamin B-6	S2
Histidine	S14, S2
Glutamic acid	S14, S2
Glycine	S14, S2
16:1 undifferentiated	S2
18:4	S2
Protein	S2
Phosphorus, P	S2
Retinol	S2
Carotene, beta	S2
Vitamin B-12	S2
Tyrosine	S14, S2
6:0	S2
8:0	S2
18:0	S2
20:5 n-3 (EPA)	S2
Theobromine	S2
Magnesium, Mg	S2

NDB No. 13413 Beef, round, bottom round, steak, separable lean only, trimmed to 0" fat, select, cooked, braised

Sodium, Na	S2
Zinc, Zn	S2
Selenium, Se	S2
Cryptoxanthin, beta	S2
Isoleucine	S14, S2
Lysine	S14, S2
Methionine	S14, S2
Cystine	S14, S2
Proline	S14, S2
18:3 undifferentiated	S2
Ash	S2
Fiber, total dietary	S2
Lycopene	S2
Tocopherol, beta	S2
Phenylalanine	S14, S2
Alanine	S14, S2
18:2 undifferentiated	S2
20:4 undifferentiated	S2
Total lipid (fat)	S2
Iron, Fe	S2
Potassium, K	S2
Manganese, Mn	S2
Vitamin E (alpha-tocopherol)	S2
Lutein + zeaxanthin	S2
Tocopherol, gamma	S2
Threonine	S14, S2
Valine	S14, S2
14:0	S2
Sugars, total	S2
Carotene, alpha	S2
Vitamin C, total ascorbic acid	S2
Niacin	S2
Pantothenic acid	S2
Folate, total	S2
Vitamin K (phylloquinone)	S2
Serine	S14, S2
22:6 n-3 (DHA)	S2

NDB No. 13414 Beef, round, bottom round roast, separable lean only, trimmed to 0" fat, select, cooked, roasted

Caffeine	S2
Iron, Fe	S2
Copper, Cu	S2
Carotene, beta	S2
Lycopene	S2
Tocopherol, gamma	S2
Riboflavin	S2
Leucine	S14, S2
Glutamic acid	S14, S2
18:1 undifferentiated	S2
22:6 n-3 (DHA)	S2
22:1 undifferentiated	S2
Theobromine	S2
Selenium, Se	S2
Tocopherol, beta	S2
Niacin	S2
Tryptophan	S14, S2
Phenylalanine	S14, S2
Aspartic acid	S14, S2
4:0	S2
14:0	S2
18:0	S2
18:3 undifferentiated	S2
Calcium, Ca	S2
Magnesium, Mg	S2
Potassium, K	S2
Sodium, Na	S2
Retinol	S2
Cryptoxanthin, beta	S2
Tocopherol, delta	S2
Histidine	S14, S2
Alanine	S14, S2
Glycine	S14, S2
Serine	S14, S2
16:0	S2
20:4 undifferentiated	S2
18:4	S2

NDB No. 13414 Beef, round, bottom round roast, separable lean only, trimmed to 0" fat, select, cooked, roasted

Protein	S2
Total lipid (fat)	S2
Water	S2
Zinc, Zn	S2
Carotene, alpha	S2
Vitamin B-12	S2
Methionine	S14, S2
Cystine	S14, S2
20:5 n-3 (EPA)	S2
22:5 n-3 (DPA)	S2
Fiber, total dietary	S2
Manganese, Mn	S2
Vitamin C, total ascorbic acid	S2
Vitamin B-6	S2
Vitamin K (phylloquinone)	S2
Lysine	S14, S2
Sugars, total	S2
Isoleucine	S14, S2
Tyrosine	S14, S2
Valine	S14, S2
Arginine	S14, S2
Phosphorus, P	S2
Lutein + zeaxanthin	S2
Thiamin	S2
Pantothenic acid	S2
Threonine	S14, S2
8:0	S2
12:0	S2
18:2 undifferentiated	S2
20:1	S2
Ash	S2
Vitamin E (alpha-tocopherol)	S2
Folate, total	S2
Proline	S14, S2
6:0	S2
10:0	S2
16:1 undifferentiated	S2

NDB No. 13415 Beef, round, eye of round, roast, separable lean and fat, trimmed to 0" fat, all grades, cooked, roasted

Sugars, total	S2
Iron, Fe	S2
Potassium, K	S2
Copper, Cu	S2
Vitamin E (alpha-tocopherol)	S2
Pantothenic acid	S2
Arginine	S14, S2
Alanine	S14, S2
Glutamic acid	S14, S2
8:0	S2
Total lipid (fat)	S2
Caffeine	S2
Sodium, Na	S2
18:1 undifferentiated	S2
22:5 n-3 (DPA)	S2
Phosphorus, P	S2
Manganese, Mn	S2
Vitamin B-6	S2
Vitamin K (phylloquinone)	S2
Leucine	S14, S2
18:2 undifferentiated	S2
Selenium, Se	S2
Cryptoxanthin, beta	S2
Lutein + zeaxanthin	S2
Riboflavin	S2
Isoleucine	S14, S2
Histidine	S14, S2
10:0	S2
12:0	S2
14:0	S2
16:0	S2
18:0	S2
20:1	S2
Water	S2
Theobromine	S2
Lycopene	S2
Vitamin C, total ascorbic acid	S2

NDB No. 13415 Beef, round, eye of round, roast, separable lean and fat, trimmed to 0" fat, all grades, cooked, roasted

Niacin	S2
Vitamin B-12	S2
Tyrosine	S14, S2
Valine	S14, S2
Glycine	S14, S2
4:0	S2
Calcium, Ca	S2
Zinc, Zn	S2
Tocopherol, beta	S2
Threonine	S14, S2
Lysine	S14, S2
Phenylalanine	S14, S2
Aspartic acid	S14, S2
Proline	S14, S2
20:4 undifferentiated	S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2
Protein	S2
Ash	S2
Fiber, total dietary	S2
Carotene, alpha	S2
Tocopherol, gamma	S2
Cystine	S14, S2
Serine	S14, S2
18:3 undifferentiated	S2
18:4	S2
Magnesium, Mg	S2
Retinol	S2
Carotene, beta	S2
Tocopherol, delta	S2
Thiamin	S2
Folate, total	S2
Tryptophan	S14, S2
Methionine	S14, S2
6:0	S2
22:6 n-3 (DHA)	S2
16:1 undifferentiated	S2

NDB No. 13416 Beef, round, eye of round, roast, separable lean and fat, trimmed to 0" fat, choice, cooked, roasted

Total lipid (fat)	S2
Iron, Fe	S2
Potassium, K	S2
Copper, Cu	S2
Cryptoxanthin, beta	S2
Riboflavin	S2
Folate, total	S2
Isoleucine	S14, S2
Cystine	S14, S2
Aspartic acid	S14, S2
Glycine	S14, S2
22:1 undifferentiated	S2
Theobromine	S2
Fiber, total dietary	S2
Vitamin E (alpha-tocopherol)	S2
Vitamin B-6	S2
Threonine	S14, S2
Leucine	S14, S2
4:0	S2
16:0	S2
16:1 undifferentiated	S2
20:5 n-3 (EPA)	S2
Water	S2
Magnesium, Mg	S2
Carotene, beta	S2
Tocopherol, beta	S2
Vitamin C, total ascorbic acid	S2
Thiamin	S2
Pantothenic acid	S2
Tryptophan	S14, S2
Arginine	S14, S2
Glutamic acid	S14, S2
Serine	S14, S2
14:0	S2
22:6 n-3 (DHA)	S2
22:5 n-3 (DPA)	S2
Ash	S2

NDB No. 13416 Beef, round, eye of round, roast, separable lean and fat, trimmed to 0" fat, choice, cooked, roasted

Sugars, total	S2
Sodium, Na	S2
Manganese, Mn	S2
Niacin	S2
Vitamin K (phylloquinone)	S2
12:0	S2
Zinc, Zn	S2
Retinol	S2
Lutein + zeaxanthin	S2
Tocopherol, gamma	S2
Tocopherol, delta	S2
Valine	S14, S2
8:0	S2
10:0	S2
20:1	S2
Protein	S2
Calcium, Ca	S2
Selenium, Se	S2
Vitamin B-12	S2
Lysine	S14, S2
Phenylalanine	S14, S2
Proline	S14, S2
20:4 undifferentiated	S2
Caffeine	S2
Phosphorus, P	S2
Carotene, alpha	S2
Lycopene	S2
Methionine	S14, S2
Tyrosine	S14, S2
6:0	S2
18:2 undifferentiated	S2
18:3 undifferentiated	S2
Histidine	S14, S2
Alanine	S14, S2
18:0	S2
18:1 undifferentiated	S2
18:4	S2

NDB No. 13417 Beef, round, eye of round, roast, separable lean and fat, trimmed to 0" fat, select, cooked, roasted

Manganese, Mn	S2
Lutein + zeaxanthin	S2
Tocopherol, gamma	S2
Niacin	S2
Pantothenic acid	S2
Vitamin B-6	S2
Cystine	S14, S2
Proline	S14, S2
4:0	S2
Ash	S2
Water	S2
Theobromine	S2
Calcium, Ca	S2
Selenium, Se	S2
Isoleucine	S14, S2
Lysine	S14, S2
Alanine	S14, S2
8:0	S2
16:1 undifferentiated	S2
Potassium, K	S2
Copper, Cu	S2
Lycopene	S2
Thiamin	S2
Tryptophan	S14, S2
Threonine	S14, S2
Aspartic acid	S14, S2
14:0	S2
18:0	S2
20:5 n-3 (EPA)	S2
Protein	S2
Sugars, total	S2
Cryptoxanthin, beta	S2
Tocopherol, delta	S2
Vitamin C, total ascorbic acid	S2
Vitamin K (phylloquinone)	S2
Tyrosine	S14, S2
Histidine	S14, S2

NDB No. 13417 Beef, round, eye of round, roast, separable lean and fat, trimmed to 0" fat, select, cooked, roasted

10:0	S2
16:0	S2
18:2 undifferentiated	S2
Total lipid (fat)	S2
Carotene, beta	S2
Vitamin E (alpha-tocopherol)	S2
Folate, total	S2
Methionine	S14, S2
Phenylalanine	S14, S2
Glutamic acid	S14, S2
12:0	S2
22:6 n-3 (DHA)	S2
Caffeine	S2
Sodium, Na	S2
Retinol	S2
Riboflavin	S2
Leucine	S14, S2
Valine	S14, S2
Arginine	S14, S2
18:1 undifferentiated	S2
Phosphorus, P	S2
Zinc, Zn	S2
Carotene, alpha	S2
Vitamin B-12	S2
Serine	S14, S2
6:0	S2
20:4 undifferentiated	S2
Fiber, total dietary	S2
Iron, Fe	S2
Magnesium, Mg	S2
Tocopherol, beta	S2
Glycine	S14, S2
18:3 undifferentiated	S2
18:4	S2
20:1	S2
22:1 undifferentiated	S2
22:5 n-3 (DPA)	S2

NDB No. 13418 Beef, round, eye of round, roast, separable lean only, trimmed to 0" fat, all grades, cooked, roasted

Total lipid (fat)	S2
Manganese, Mn	S2
Tocopherol, beta	S2
Niacin	S2
6:0	S2
Ash	S2
Theobromine	S2
Fiber, total dietary	S2
Lycopene	S2
Vitamin C, total ascorbic acid	S2
20:5 n-3 (EPA)	S2
Protein	S2
Water	S2
Copper, Cu	S2
Tocopherol, gamma	S2
18:2 undifferentiated	S2
18:4	S2
20:1	S2
Cryptoxanthin, beta	S2
Tocopherol, delta	S2
Vitamin B-12	S2
16:0	S2
18:0	S2
22:6 n-3 (DHA)	S2
22:1 undifferentiated	S2
Iron, Fe	S2
Riboflavin	S2
Vitamin K (phylloquinone)	S2
Sodium, Na	S2
Zinc, Zn	S2
Selenium, Se	S2
Carotene, beta	S2
Vitamin E (alpha-tocopherol)	S2
Lutein + zeaxanthin	S2
4:0	S2
8:0	S2
14:0	S2

NDB No. 13418 Beef, round, eye of round, roast, separable lean only, trimmed to 0" fat, all grades, cooked, roasted

18:3 undifferentiated	S2
16:1 undifferentiated	S2
Sugars, total	S2
Magnesium, Mg	S2
Retinol	S2
Carotene, alpha	S2
Thiamin	S2
Pantothenic acid	S2
Vitamin B-6	S2
10:0	S2
12:0	S2
18:1 undifferentiated	S2
20:4 undifferentiated	S2
22:5 n-3 (DPA)	S2
Caffeine	S2
Calcium, Ca	S2
Phosphorus, P	S2
Potassium, K	S2
Folate, total	S2

NDB No. 13419 Beef, round, eye of round, roast, separable lean only, trimmed to 0" fat, choice, cooked, roasted

Total lipid (fat)	S2
Potassium, K	S2
Riboflavin	S2
Vitamin B-6	S2
Phenylalanine	S14, S2
Valine	S14, S2
Arginine	S14, S2
Glycine	S14, S2
20:4 undifferentiated	S2
Ash	S2
Lutein + zeaxanthin	S2
Vitamin B-12	S2
Vitamin K (phylloquinone)	S2
18:2 undifferentiated	S2
Fiber, total dietary	S2

NDB No. 13419 Beef, round, eye of round, roast, separable lean only, trimmed to 0" fat, choice, cooked, roasted

Zinc, Zn	S2
Manganese, Mn	S2
Cryptoxanthin, beta	S2
Tocopherol, gamma	S2
Vitamin C, total ascorbic acid	S2
Threonine	S14, S2
Isoleucine	S14, S2
Serine	S14, S2
6:0	S2
18:3 undifferentiated	S2
22:6 n-3 (DHA)	S2
Water	S2
Sugars, total	S2
Calcium, Ca	S2
Iron, Fe	S2
Magnesium, Mg	S2
Phosphorus, P	S2
Selenium, Se	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, delta	S2
20:5 n-3 (EPA)	S2
Tocopherol, beta	S2
Niacin	S2
Lysine	S14, S2
Glutamic acid	S14, S2
4:0	S2
8:0	S2
12:0	S2
18:0	S2
16:1 undifferentiated	S2
22:5 n-3 (DPA)	S2
Theobromine	S2
Sodium, Na	S2
Pantothenic acid	S2
Cystine	S14, S2
Alanine	S14, S2
18:1 undifferentiated	S2

NDB No. 13419 Beef, round, eye of round, roast, separable lean only, trimmed to 0" fat, choice, cooked, roasted

18:4	S2
22:1 undifferentiated	S2
Caffeine	S2
Retinol	S2
Carotene, beta	S2
Carotene, alpha	S2
Leucine	S14, S2
Tyrosine	S14, S2
Aspartic acid	S14, S2
Proline	S14, S2
10:0	S2
14:0	S2
16:0	S2
20:1	S2
Protein	S2
Copper, Cu	S2
Lycopene	S2
Thiamin	S2
Folate, total	S2
Tryptophan	S14, S2
Methionine	S14, S2
Histidine	S14, S2

NDB No. 13420 Beef, round, eye of round, roast, separable lean only, trimmed to 0" fat, select, cooked, roasted

Ash	S2
Sodium, Na	S2
Manganese, Mn	S2
Carotene, alpha	S2
Riboflavin	S2
Folate, total	S2
Tryptophan	S14, S2
18:2 undifferentiated	S2
Water	S2
Caffeine	S2
Iron, Fe	S2
Potassium, K	S2

NDB No. 13420 Beef, round, eye of round, roast, separable lean only, trimmed to 0" fat, select, cooked, roasted

Copper, Cu	S2
Tocopherol, gamma	S2
Pantothenic acid	S2
Methionine	S14, S2
Arginine	S14, S2
6:0	S2
20:5 n-3 (EPA)	S2
Calcium, Ca	S2
Vitamin B-6	S2
Threonine	S14, S2
Isoleucine	S14, S2
Histidine	S14, S2
22:6 n-3 (DHA)	S2
18:4	S2
22:1 undifferentiated	S2
Total lipid (fat)	S2
Magnesium, Mg	S2
Phosphorus, P	S2
Selenium, Se	S2
8:0	S2
12:0	S2
14:0	S2
18:1 undifferentiated	S2
Carotene, beta	S2
Lycopene	S2
Lutein + zeaxanthin	S2
Lysine	S14, S2
Aspartic acid	S14, S2
4:0	S2
10:0	S2
Theobromine	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Leucine	S14, S2
16:0	S2
18:3 undifferentiated	S2

NDB No. 13420 Beef, round, eye of round, roast, separable lean only, trimmed to 0" fat, select, cooked, roasted

Protein	S2
Sugars, total	S2
Cryptoxanthin, beta	S2
Vitamin C, total ascorbic acid	S2
Thiamin	S2
Vitamin B-12	S2
Vitamin K (phylloquinone)	S2
Cystine	S14, S2
Phenylalanine	S14, S2
Tyrosine	S14, S2
Valine	S14, S2
Alanine	S14, S2
Glycine	S14, S2
Proline	S14, S2
Serine	S14, S2
22:5 n-3 (DPA)	S2
Fiber, total dietary	S2
Zinc, Zn	S2
Retinol	S2
Niacin	S2
Glutamic acid	S14, S2
18:0	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2
20:1	S2

NDB No. 13421 Beef, round, tip round, roast, separable lean and fat, trimmed to 0" fat, all grades, cooked, roasted

Vitamin E (alpha-tocopherol)	S2
Tryptophan	S14, S2
Aspartic acid	S14, S2
Serine	S14, S2
10:0	S2
12:0	S2
16:0	S2
Total lipid (fat)	S2
Ash	S2

NDB No. 13421 Beef, round, tip round, roast, separable lean and fat, trimmed to 0" fat, all grades, cooked, roasted

Iron, Fe	S2
Zinc, Zn	S2
Folate, total	S2
Vitamin K (phylloquinone)	S2
Leucine	S14, S2
Tyrosine	S14, S2
18:3 undifferentiated	S2
20:4 undifferentiated	S2
Copper, Cu	S2
Manganese, Mn	S2
Phenylalanine	S14, S2
Histidine	S14, S2
Glutamic acid	S14, S2
14:0	S2
16:1 undifferentiated	S2
18:4	S2
22:5 n-3 (DPA)	S2
Protein	S2
Retinol	S2
Tocopherol, gamma	S2
Tocopherol, delta	S2
Vitamin B-12	S2
Lysine	S14, S2
Alanine	S14, S2
18:1 undifferentiated	S2
22:6 n-3 (DHA)	S2
20:1	S2
Water	S2
Phosphorus, P	S2
Potassium, K	S2
Selenium, Se	S2
Tocopherol, beta	S2
Threonine	S14, S2
Isoleucine	S14, S2
Arginine	S14, S2
18:0	S2
20:5 n-3 (EPA)	S2

NDB No. 13421 Beef, round, tip round, roast, separable lean and fat, trimmed to 0" fat, all grades, cooked, roasted

Calcium, Ca	S2
Thiamin	S2
Niacin	S2
Valine	S14, S2
Sodium, Na	S2
Pantothenic acid	S2
Glycine	S14, S2
Proline	S14, S2
18:2 undifferentiated	S2
22:1 undifferentiated	S2
Magnesium, Mg	S2
Riboflavin	S2
Vitamin B-6	S2
Methionine	S14, S2
Cystine	S14, S2

NDB No. 13422 Beef, round, tip round, roast, separable lean and fat, trimmed to 0" fat, choice, cooked, roasted

Protein	S2
Caffeine	S2
Retinol	S2
Cryptoxanthin, beta	S2
Lycopene	S2
Tocopherol, gamma	S2
Tocopherol, delta	S2
Vitamin B-12	S2
Phenylalanine	S14, S2
Aspartic acid	S14, S2
12:0	S2
18:0	S2
22:6 n-3 (DHA)	S2
Sugars, total	S2
Magnesium, Mg	S2
Potassium, K	S2
Sodium, Na	S2
Riboflavin	S2
Folate, total	S2

NDB No. 13422 Beef, round, tip round, roast, separable lean and fat, trimmed to 0" fat, choice, cooked, roasted

Cystine	S14, S2
Proline	S14, S2
20:4 undifferentiated	S2
Fiber, total dietary	S2
Iron, Fe	S2
Selenium, Se	S2
Lutein + zeaxanthin	S2
Vitamin C, total ascorbic acid	S2
Valine	S14, S2
20:1	S2
Water	S2
Manganese, Mn	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, beta	S2
Pantothenic acid	S2
Vitamin B-6	S2
Vitamin K (phylloquinone)	S2
Lysine	S14, S2
Histidine	S14, S2
Glycine	S14, S2
14:0	S2
16:0	S2
16:1 undifferentiated	S2
18:4	S2
20:5 n-3 (EPA)	S2
Calcium, Ca	S2
Phosphorus, P	S2
Thiamin	S2
Isoleucine	S14, S2
Glutamic acid	S14, S2
18:3 undifferentiated	S2
22:5 n-3 (DPA)	S2
Theobromine	S2
Carotene, beta	S2
Tryptophan	S14, S2
Methionine	S14, S2
Arginine	S14, S2

NDB No. 13422 Beef, round, tip round, roast, separable lean and fat, trimmed to 0" fat, choice, cooked, roasted

6:0	S2
18:2 undifferentiated	S2
Ash	S2
Zinc, Zn	S2
Copper, Cu	S2
Niacin	S2
Leucine	S14, S2
Alanine	S14, S2
18:1 undifferentiated	S2
Total lipid (fat)	S2
Carotene, alpha	S2
Threonine	S14, S2
Tyrosine	S14, S2
Serine	S14, S2
4:0	S2
8:0	S2
10:0	S2
22:1 undifferentiated	S2

NDB No. 13423 Beef, round, tip round, roast, separable lean and fat, trimmed to 0" fat, select, cooked, roasted

Caffeine	S2
Theobromine	S2
Iron, Fe	S2
Copper, Cu	S2
Folate, total	S2
Threonine	S14, S2
Arginine	S14, S2
Proline	S14, S2
12:0	S2
18:2 undifferentiated	S2
20:1	S2
Water	S2
Phosphorus, P	S2
Selenium, Se	S2
Vitamin E (alpha-tocopherol)	S2
Vitamin K (phylloquinone)	S2

NDB No. 13423 Beef, round, tip round, roast, separable lean and fat, trimmed to 0" fat, select, cooked, roasted

16:0	S2
18:1 undifferentiated	S2
20:5 n-3 (EPA)	S2
Sodium, Na	S2
Manganese, Mn	S2
Retinol	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Histidine	S14, S2
Alanine	S14, S2
Glycine	S14, S2
18:3 undifferentiated	S2
22:6 n-3 (DHA)	S2
Protein	S2
Fiber, total dietary	S2
Zinc, Zn	S2
Lycopene	S2
Thiamin	S2
Vitamin B-12	S2
Leucine	S14, S2
Valine	S14, S2
Glutamic acid	S14, S2
4:0	S2
18:0	S2
18:4	S2
Total lipid (fat)	S2
Ash	S2
Calcium, Ca	S2
Potassium, K	S2
Carotene, beta	S2
Tocopherol, gamma	S2
Isoleucine	S14, S2
14:0	S2
Carotene, alpha	S2
Riboflavin	S2
Pantothenic acid	S2
Lysine	S14, S2

NDB No. 13423 Beef, round, tip round, roast, separable lean and fat, trimmed to 0" fat, select, cooked, roasted

Tyrosine	S14, S2
Aspartic acid	S14, S2
8:0	S2
22:5 n-3 (DPA)	S2
Lutein + zeaxanthin	S2
Vitamin C, total ascorbic acid	S2
Tryptophan	S14, S2
Cystine	S14, S2
Phenylalanine	S14, S2
6:0	S2
10:0	S2
22:1 undifferentiated	S2
Sugars, total	S2
Magnesium, Mg	S2
Cryptoxanthin, beta	S2
Niacin	S2
Vitamin B-6	S2
Methionine	S14, S2
Serine	S14, S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2

NDB No. 13424 Beef, round, tip round, roast, separable lean only, trimmed to 0" fat, all grades, cooked, roasted

Phosphorus, P	S2
Selenium, Se	S2
Vitamin E (alpha-tocopherol)	S2
Cryptoxanthin, beta	S2
Lycopene	S2
Thiamin	S2
Vitamin B-6	S2
Folate, total	S2
Tryptophan	S14, S2
Leucine	S14, S2
Lysine	S14, S2
18:1 undifferentiated	S2
18:2 undifferentiated	S2

NDB No. 13424 Beef, round, tip round, roast, separable lean only, trimmed to 0" fat, all grades, cooked, roasted

Fatty acids, total monounsaturated	S2
Sugars, total	S2
Tocopherol, beta	S2
Isoleucine	S14, S2
Glycine	S14, S2
Proline	S14, S2
Serine	S14, S2
12:0	S2
22:6 n-3 (DHA)	S2
Protein	S2
Theobromine	S2
Vitamin C, total ascorbic acid	S2
Threonine	S14, S2
Alanine	S14, S2
22:1 undifferentiated	S2
Potassium, K	S2
Riboflavin	S2
Arginine	S14, S2
Fatty acids, total saturated	S2
10:0	S2
16:0	S2
18:0	S2
20:4 undifferentiated	S2
Total lipid (fat)	S2
Water	S2
Magnesium, Mg	S2
Sodium, Na	S2
Zinc, Zn	S2
Carotene, beta	S2
Vitamin K (phylloquinone)	S2
Cystine	S14, S2
Histidine	S14, S2
4:0	S2
16:1 undifferentiated	S2
18:4	S2
Caffeine	S2
Fiber, total dietary	S2

NDB No. 13424 Beef, round, tip round, roast, separable lean only, trimmed to 0" fat, all grades, cooked, roasted

Iron, Fe	S2
Manganese, Mn	S2
Lutein + zeaxanthin	S2
Vitamin B-12	S2
Tyrosine	S14, S2
Valine	S14, S2
Glutamic acid	S14, S2
Calcium, Ca	S2
Copper, Cu	S2
Retinol	S2
Tocopherol, gamma	S2
Tocopherol, delta	S2
Niacin	S2
Pantothenic acid	S2
Methionine	S14, S2
8:0	S2
14:0	S2
18:3 undifferentiated	S2
20:1	S2
22:5 n-3 (DPA)	S2
Fatty acids, total polyunsaturated	S2
Ash	S2
Carotene, alpha	S2
Phenylalanine	S14, S2
Aspartic acid	S14, S2
6:0	S2
20:5 n-3 (EPA)	S2

NDB No. 13425 Beef, round, tip round, roast, separable lean only, trimmed to 0" fat, choice, cooked, roasted

Ash	S2
Fiber, total dietary	S2
Selenium, Se	S2
Niacin	S2
Vitamin B-6	S2
Valine	S14, S2
Glycine	S14, S2

NDB No. 13425 Beef, round, tip round, roast, separable lean only, trimmed to 0" fat, choice, cooked, roasted

12:0	S2
22:5 n-3 (DPA)	S2
Zinc, Zn	S2
Thiamin	S2
Lysine	S14, S2
Aspartic acid	S14, S2
8:0	S2
Total lipid (fat)	S2
Sugars, total	S2
Iron, Fe	S2
Carotene, beta	S2
Cryptoxanthin, beta	S2
Tocopherol, gamma	S2
Tocopherol, delta	S2
Threonine	S14, S2
Arginine	S14, S2
Histidine	S14, S2
Potassium, K	S2
Vitamin E (alpha-tocopherol)	S2
Isoleucine	S14, S2
Methionine	S14, S2
Alanine	S14, S2
18:3 undifferentiated	S2
18:4	S2
Protein	S2
Magnesium, Mg	S2
Riboflavin	S2
Vitamin B-12	S2
Vitamin K (phylloquinone)	S2
10:0	S2
22:6 n-3 (DHA)	S2
20:1	S2
Theobromine	S2
Sodium, Na	S2
Lycopene	S2
Lutein + zeaxanthin	S2
Tocopherol, beta	S2

NDB No. 13425 Beef, round, tip round, roast, separable lean only, trimmed to 0" fat, choice, cooked, roasted

Vitamin C, total ascorbic acid	S2
Pantothenic acid	S2
Folate, total	S2
Leucine	S14, S2
Cystine	S14, S2
Phenylalanine	S14, S2
Tyrosine	S14, S2
Proline	S14, S2
6:0	S2
16:0	S2
18:2 undifferentiated	S2
22:1 undifferentiated	S2
Caffeine	S2
Copper, Cu	S2
Tryptophan	S14, S2
Serine	S14, S2
18:0	S2
20:4 undifferentiated	S2
Water	S2
Calcium, Ca	S2
Phosphorus, P	S2
Manganese, Mn	S2
Retinol	S2
Carotene, alpha	S2
Glutamic acid	S14, S2
4:0	S2
14:0	S2
18:1 undifferentiated	S2
16:1 undifferentiated	S2
20:5 n-3 (EPA)	S2

NDB No. 13426 Beef, round, tip round, roast, separable lean only, trimmed to 0" fat, select, cooked, roasted

Sodium, Na	S2
Selenium, Se	S2
Vitamin B-6	S2
Alanine	S14, S2

NDB No. 13426 Beef, round, tip round, roast, separable lean only, trimmed to 0" fat, select, cooked, roasted

Proline	S14, S2
12:0	S2
18:2 undifferentiated	S2
Ash	S2
Water	S2
Vitamin C, total ascorbic acid	S2
Thiamin	S2
Folate, total	S2
Vitamin B-12	S2
Vitamin K (phylloquinone)	S2
Tryptophan	S14, S2
Tyrosine	S14, S2
Valine	S14, S2
Glutamic acid	S14, S2
10:0	S2
Calcium, Ca	S2
Manganese, Mn	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, delta	S2
Aspartic acid	S14, S2
Serine	S14, S2
4:0	S2
18:4	S2
22:1 undifferentiated	S2
22:5 n-3 (DPA)	S2
Sugars, total	S2
Zinc, Zn	S2
Threonine	S14, S2
Leucine	S14, S2
6:0	S2
18:1 undifferentiated	S2
22:6 n-3 (DHA)	S2
Caffeine	S2
Iron, Fe	S2
Magnesium, Mg	S2
Carotene, beta	S2
Tocopherol, gamma	S2

NDB No. 13426 Beef, round, tip round, roast, separable lean only, trimmed to 0" fat, select, cooked, roasted

Riboflavin	S2
Pantothenic acid	S2
Histidine	S14, S2
8:0	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2
Phosphorus, P	S2
Potassium, K	S2
Lutein + zeaxanthin	S2
Cystine	S14, S2
Arginine	S14, S2
18:0	S2
20:1	S2
20:5 n-3 (EPA)	S2
Protein	S2
Total lipid (fat)	S2
Theobromine	S2
Fiber, total dietary	S2
Copper, Cu	S2
Cryptoxanthin, beta	S2
Lycopene	S2
Tocopherol, beta	S2
Niacin	S2
Lysine	S14, S2
Phenylalanine	S14, S2
Glycine	S14, S2
14:0	S2
16:0	S2
Retinol	S2
Carotene, alpha	S2
Isoleucine	S14, S2
Methionine	S14, S2
18:3 undifferentiated	S2

NDB No. 13428 Beef, round, top round, separable lean and fat, trimmed to 0" fat, all grades, cooked, braised

Phenylalanine	S14, S2

NDB No. 13428 Beef, round, top round, separable lean and fat, trimmed to 0" fat, all grades, cooked, braised

Tyrosine	S14, S2
Valine	S14, S2
Aspartic acid	S14, S2
Glycine	S14, S2
Tryptophan	S14, S2
Arginine	S14, S2
Glutamic acid	S14, S2
Serine	S14, S2
Leucine	S14, S2
Lysine	S14, S2
Cystine	S14, S2
Proline	S14, S2
Alanine	S14, S2
Threonine	S14, S2
Isoleucine	S14, S2
Methionine	S14, S2
Histidine	S14, S2

NDB No. 13434 Beef, round, top round, separable lean only, trimmed to 0" fat, all grades, cooked, braised

Isoleucine	S14, S2
Leucine	S14, S2
Tyrosine	S14, S2
Alanine	S14, S2
Glutamic acid	S14, S2
Cystine	S14, S2
Threonine	S14, S2
Valine	S14, S2
Histidine	S14, S2
Glycine	S14, S2
Proline	S14, S2
Tryptophan	S14, S2
Phenylalanine	S14, S2
Arginine	S14, S2
Methionine	S14, S2
Lysine	S14, S2
Aspartic acid	S14, S2

NDB No. 13434 Beef, round, top round, separable lean only, trimmed to 0" fat, all grades, cooked, braised

Serine	S14, S2

NDB No. 13439 Beef, tenderloin, steak, separable lean and fat, trimmed to 0" fat, all grades, cooked, broiled

Retinol	S2
Tryptophan	S14, S2
Valine	S14, S2
18:1 undifferentiated	S2
18:4	S2
22:1 undifferentiated	S2
Ash	S2
Potassium, K	S2
Sodium, Na	S2
Manganese, Mn	S2
Carotene, beta	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, gamma	S2
Vitamin C, total ascorbic acid	S2
Pantothenic acid	S2
Vitamin K (phylloquinone)	S2
Leucine	S14, S2
Lysine	S14, S2
Phenylalanine	S14, S2
16:1 undifferentiated	S2
20:5 n-3 (EPA)	S2
Protein	S2
Sugars, total	S2
Iron, Fe	S2
Phosphorus, P	S2
Aspartic acid	S14, S2
Glycine	S14, S2
8:0	S2
18:0	S2
22:5 n-3 (DPA)	S2
Water	S2
Calcium, Ca	S2
Copper, Cu	S2

NDB No. 13439 Beef, tenderloin, steak, separable lean and fat, trimmed to 0" fat, all grades, cooked, broiled

Lycopene	S2
Lutein + zeaxanthin	S2
Tyrosine	S14, S2
Alanine	S14, S2
Glutamic acid	S14, S2
6:0	S2
22:6 n-3 (DHA)	S2
Theobromine	S2
Selenium, Se	S2
Carotene, alpha	S2
Riboflavin	S2
Folate, total	S2
18:2 undifferentiated	S2
20:4 undifferentiated	S2
Magnesium, Mg	S2
Cryptoxanthin, beta	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Niacin	S2
Threonine	S14, S2
Isoleucine	S14, S2
Cystine	S14, S2
Arginine	S14, S2
18:3 undifferentiated	S2
20:1	S2
Caffeine	S2
Zinc, Zn	S2
Thiamin	S2
Vitamin B-6	S2
Vitamin B-12	S2
Methionine	S14, S2
4:0	S2
10:0	S2
16:0	S2
Total lipid (fat)	S2
Fiber, total dietary	S2
Histidine	S14, S2

NDB No. 13439 Beef, tenderloin, steak, separable lean and fat, trimmed to 0" fat, all grades, cooked, broiled

Proline	S14, S2
Serine	S14, S2
12:0	S2
14:0	S2

NDB No. 13440 Beef, tenderloin, steak, separable lean and fat, trimmed to 0" fat, choice, cooked, broiled

Protein	S2
Theobromine	S2
Carotene, alpha	S2
Tryptophan	S14, S2
Phenylalanine	S14, S2
18:2 undifferentiated	S2
Phosphorus, P	S2
Tocopherol, gamma	S2
Vitamin C, total ascorbic acid	S2
Riboflavin	S2
10:0	S2
16:0	S2
16:1 undifferentiated	S2
18:4	S2
Total lipid (fat)	S2
Sugars, total	S2
Fiber, total dietary	S2
Lutein + zeaxanthin	S2
Thiamin	S2
Vitamin K (phylloquinone)	S2
Threonine	S14, S2
Tyrosine	S14, S2
Valine	S14, S2
Glycine	S14, S2
8:0	S2
Calcium, Ca	S2
Tocopherol, beta	S2
Isoleucine	S14, S2
Leucine	S14, S2
Arginine	S14, S2

NDB No. 13440 Beef, tenderloin, steak, separable lean and fat, trimmed to 0" fat, choice, cooked, broiled

Aspartic acid	S14, S2
Potassium, K	S2
Manganese, Mn	S2
Carotene, beta	S2
Niacin	S2
Vitamin B-12	S2
Alanine	S14, S2
Proline	S14, S2
18:0	S2
20:1	S2
20:5 n-3 (EPA)	S2
Ash	S2
Iron, Fe	S2
Retinol	S2
Lycopene	S2
Vitamin B-6	S2
Cystine	S14, S2
Histidine	S14, S2
Glutamic acid	S14, S2
Serine	S14, S2
6:0	S2
18:3 undifferentiated	S2
20:4 undifferentiated	S2
22:6 n-3 (DHA)	S2
22:1 undifferentiated	S2
22:5 n-3 (DPA)	S2
Water	S2
Caffeine	S2
Sodium, Na	S2
Selenium, Se	S2
Tocopherol, delta	S2
Folate, total	S2
Lysine	S14, S2
Methionine	S14, S2
14:0	S2
18:1 undifferentiated	S2
Magnesium, Mg	S2

NDB No. 13440 Beef, tenderloin, steak, separable lean and fat, trimmed to 0" fat, choice, cooked, broiled

Zinc, Zn	S2
Copper, Cu	S2
Vitamin E (alpha-tocopherol)	S2
Cryptoxanthin, beta	S2
Pantothenic acid	S2
4:0	S2
12:0	S2

NDB No. 13441 Beef, tenderloin, separable lean and fat, trimmed to 0" fat, select, cooked, broiled

Water	S2
Iron, Fe	S2
Tocopherol, delta	S2
Riboflavin	S2
Lysine	S14, S2
Cystine	S14, S2
Histidine	S14, S2
6:0	S2
14:0	S2
18:0	S2
18:3 undifferentiated	S2
Caffeine	S2
Calcium, Ca	S2
Phosphorus, P	S2
Lutein + zeaxanthin	S2
Tocopherol, beta	S2
Tocopherol, gamma	S2
Isoleucine	S14, S2
Valine	S14, S2
Glycine	S14, S2
4:0	S2
10:0	S2
20:1	S2
Zinc, Zn	S2
Selenium, Se	S2
Carotene, beta	S2
Vitamin B-6	S2

NDB No. 13441 Beef, tenderloin, separable lean and fat, trimmed to 0" fat, select, cooked, broiled

Folate, total	S2
Threonine	S14, S2
18:2 undifferentiated	S2
20:4 undifferentiated	S2
18:4	S2
Ash	S2
Theobromine	S2
Sugars, total	S2
Carotene, alpha	S2
Thiamin	S2
Pantothenic acid	S2
Vitamin K (phylloquinone)	S2
Arginine	S14, S2
Alanine	S14, S2
Proline	S14, S2
16:0	S2
Fiber, total dietary	S2
Magnesium, Mg	S2
Retinol	S2
Cryptoxanthin, beta	S2
Vitamin C, total ascorbic acid	S2
Tryptophan	S14, S2
8:0	S2
22:6 n-3 (DHA)	S2
22:5 n-3 (DPA)	S2
Total lipid (fat)	S2
Sodium, Na	S2
Vitamin E (alpha-tocopherol)	S2
Lycopene	S2
Vitamin B-12	S2
Aspartic acid	S14, S2
22:1 undifferentiated	S2
Tyrosine	S14, S2
12:0	S2
18:1 undifferentiated	S2
16:1 undifferentiated	S2
Protein	S2

NDB No. 13441 Beef, tenderloin, separable lean and fat, trimmed to 0" fat, select, cooked, broiled

Potassium, K	S2
Copper, Cu	S2
Manganese, Mn	S2
Niacin	S2
Leucine	S14, S2
Methionine	S14, S2
Phenylalanine	S14, S2
Glutamic acid	S14, S2
Serine	S14, S2
20:5 n-3 (EPA)	S2

NDB No. 13442 Beef, tenderloin, steak, separable lean only, trimmed to 0" fat, all grades, cooked, broiled

Theobromine	S2
Cryptoxanthin, beta	S2
Folate, total	S2
Vitamin B-12	S2
16:0	S2
22:6 n-3 (DHA)	S2
Caffeine	S2
Magnesium, Mg	S2
Potassium, K	S2
Vitamin E (alpha-tocopherol)	S2
Niacin	S2
Ash	S2
Water	S2
Tocopherol, beta	S2
Vitamin C, total ascorbic acid	S2
Vitamin K (phylloquinone)	S2
4:0	S2
8:0	S2
12:0	S2
14:0	S2
20:1	S2
22:5 n-3 (DPA)	S2
Total lipid (fat)	S2
Phosphorus, P	S2

NDB No. 13442 Beef, tenderloin, steak, separable lean only, trimmed to 0" fat, all grades, cooked, broiled

Sodium, Na	S2
Vitamin B-6	S2
6:0	S2
18:0	S2
20:4 undifferentiated	S2
22:1 undifferentiated	S2
Sugars, total	S2
Fiber, total dietary	S2
Retinol	S2
Carotene, beta	S2
Lycopene	S2
Lutein + zeaxanthin	S2
Riboflavin	S2
Pantothenic acid	S2
18:1 undifferentiated	S2
18:3 undifferentiated	S2
Calcium, Ca	S2
Iron, Fe	S2
Manganese, Mn	S2
18:2 undifferentiated	S2
16:1 undifferentiated	S2
18:4	S2
Protein	S2
Zinc, Zn	S2
Copper, Cu	S2
Carotene, alpha	S2
10:0	S2
Selenium, Se	S2
Tocopherol, gamma	S2
Tocopherol, delta	S2
Thiamin	S2
20:5 n-3 (EPA)	S2

NDB No. 13443 Beef, tenderloin, steak, separable lean only, trimmed to 0" fat, choice, cooked, broiled

Caffeine	S2
Sodium, Na	S2

NDB No. 13443 Beef, tenderloin, steak, separable lean only, trimmed to 0" fat, choice, cooked, broiled

Copper, Cu	S2
Carotene, alpha	S2
Lycopene	S2
Tocopherol, gamma	S2
Pantothenic acid	S2
Valine	S14, S2
Glutamic acid	S14, S2
Proline	S14, S2
10:0	S2
14:0	S2
18:0	S2
18:2 undifferentiated	S2
20:4 undifferentiated	S2
22:5 n-3 (DPA)	S2
Ash	S2
Calcium, Ca	S2
Potassium, K	S2
Tocopherol, delta	S2
Niacin	S2
Arginine	S14, S2
Histidine	S14, S2
Glycine	S14, S2
Protein	S2
Selenium, Se	S2
Cryptoxanthin, beta	S2
Lutein + zeaxanthin	S2
Lysine	S14, S2
Phenylalanine	S14, S2
6:0	S2
20:5 n-3 (EPA)	S2
Carotene, beta	S2
Threonine	S14, S2
4:0	S2
Total lipid (fat)	S2
Leucine	S14, S2
Methionine	S14, S2
8:0	S2

NDB No. 13443 Beef, tenderloin, steak, separable lean only, trimmed to 0" fat, choice, cooked, broiled

22:6 n-3 (DHA)	S2
16:1 undifferentiated	S2
20:1	S2
Fiber, total dietary	S2
Magnesium, Mg	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, beta	S2
Riboflavin	S2
Vitamin B-12	S2
Vitamin K (phylloquinone)	S2
Tryptophan	S14, S2
Isoleucine	S14, S2
18:3 undifferentiated	S2
Water	S2
Theobromine	S2
Sugars, total	S2
Iron, Fe	S2
Zinc, Zn	S2
Retinol	S2
Thiamin	S2
Vitamin B-6	S2
Cystine	S14, S2
Serine	S14, S2
12:0	S2
18:4	S2
22:1 undifferentiated	S2
Phosphorus, P	S2
Manganese, Mn	S2
Vitamin C, total ascorbic acid	S2
Folate, total	S2
Tyrosine	S14, S2
Alanine	S14, S2
Aspartic acid	S14, S2
16:0	S2
18:1 undifferentiated	S2

NDB No. 13444 Beef, tenderloin, steak, separable lean only, trimmed to 0" fat, select, cooked, broiled

Tocopherol, gamma	S2
Riboflavin	S2
Niacin	S2
Isoleucine	S14, S2
12:0	S2
Carotene, alpha	S2
Lycopene	S2
Tryptophan	S14, S2
Lysine	S14, S2
Cystine	S14, S2
Tyrosine	S14, S2
Histidine	S14, S2
Serine	S14, S2
22:6 n-3 (DHA)	S2
Total lipid (fat)	S2
Carotene, beta	S2
Tocopherol, beta	S2
Vitamin B-12	S2
Vitamin K (phylloquinone)	S2
Phenylalanine	S14, S2
Valine	S14, S2
Arginine	S14, S2
Glutamic acid	S14, S2
18:3 undifferentiated	S2
22:5 n-3 (DPA)	S2
Theobromine	S2
Fiber, total dietary	S2
Phosphorus, P	S2
Manganese, Mn	S2
Retinol	S2
Folate, total	S2
Alanine	S14, S2
18:0	S2
18:2 undifferentiated	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2
20:1	S2

NDB No. 13444 Beef, tenderloin, steak, separable lean only, trimmed to 0" fat, select, cooked, broiled

20:5 n-3 (EPA)	S2
Iron, Fe	S2
Potassium, K	S2
Lutein + zeaxanthin	S2
Threonine	S14, S2
Methionine	S14, S2
4:0	S2
Protein	S2
Copper, Cu	S2
Vitamin E (alpha-tocopherol)	S2
Thiamin	S2
Aspartic acid	S14, S2
Glycine	S14, S2
Proline	S14, S2
6:0	S2
8:0	S2
10:0	S2
16:0	S2
18:4	S2
Sugars, total	S2
Calcium, Ca	S2
Sodium, Na	S2
Selenium, Se	S2
Cryptoxanthin, beta	S2
Vitamin C, total ascorbic acid	S2
Vitamin B-6	S2
18:1 undifferentiated	S2
Ash	S2
Water	S2
Caffeine	S2
Magnesium, Mg	S2
Zinc, Zn	S2
Tocopherol, delta	S2
Pantothenic acid	S2
Leucine	S14, S2
14:0	S2
22:1 undifferentiated	S2

NDB No. 13445 Beef, short loin, top loin, steak, separable lean and fat, trimmed to 0" fat, all grades, cooked, broiled

Iron, Fe	S2
Zinc, Zn	S2
Lycopene	S2
Vitamin B-6	S2
Histidine	S14, S2
Ash	S2
Sugars, total	S2
Folate, total	S2
Phenylalanine	S14, S2
4:0	S2
12:0	S2
22:6 n-3 (DHA)	S2
22:1 undifferentiated	S2
Threonine	S14, S2
Isoleucine	S14, S2
Lysine	S14, S2
Valine	S14, S2
16:0	S2
18:3 undifferentiated	S2
20:1	S2
Phosphorus, P	S2
Manganese, Mn	S2
Retinol	S2
Carotene, beta	S2
Vitamin E (alpha-tocopherol)	S2
Cryptoxanthin, beta	S2
Alanine	S14, S2
Serine	S14, S2
6:0	S2
18:0	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2
18:4	S2
Protein	S2
Water	S2
Potassium, K	S2
Selenium, Se	S2

NDB No. 13445 Beef, short loin, top loin, steak, separable lean and fat, trimmed to 0" fat, all grades, cooked, broiled

Tocopherol, gamma	S2
Vitamin C, total ascorbic acid	S2
Vitamin K (phylloquinone)	S2
Leucine	S14, S2
Methionine	S14, S2
Arginine	S14, S2
Glutamic acid	S14, S2
Glycine	S14, S2
Proline	S14, S2
8:0	S2
14:0	S2
18:2 undifferentiated	S2
Magnesium, Mg	S2
Carotene, alpha	S2
Tocopherol, beta	S2
Thiamin	S2
Niacin	S2
Aspartic acid	S14, S2
20:5 n-3 (EPA)	S2
22:5 n-3 (DPA)	S2
Total lipid (fat)	S2
Fiber, total dietary	S2
Sodium, Na	S2
Lutein + zeaxanthin	S2
Tocopherol, delta	S2
Riboflavin	S2
Pantothenic acid	S2
Vitamin B-12	S2
Tryptophan	S14, S2
Cystine	S14, S2
Tyrosine	S14, S2
10:0	S2
Caffeine	S2
Theobromine	S2
Calcium, Ca	S2
Copper, Cu	S2
18:1 undifferentiated	S2

NDB No. 13446 Beef, short loin, top loin, steak, separable lean and fat, trimmed to 0" fat, choice, cooked, broiled

Magnesium, Mg	S2
Phosphorus, P	S2
Copper, Cu	S2
Carotene, alpha	S2
Vitamin E (alpha-tocopherol)	S2
Vitamin C, total ascorbic acid	S2
Isoleucine	S14, S2
Aspartic acid	S14, S2
Glycine	S14, S2
Serine	S14, S2
20:4 undifferentiated	S2
22:6 n-3 (DHA)	S2
Caffeine	S2
Potassium, K	S2
Retinol	S2
Lycopene	S2
Methionine	S14, S2
Glutamic acid	S14, S2
18:0	S2
18:1 undifferentiated	S2
22:5 n-3 (DPA)	S2
Fiber, total dietary	S2
Arginine	S14, S2
Proline	S14, S2
4:0	S2
6:0	S2
12:0	S2
14:0	S2
16:0	S2
Total lipid (fat)	S2
Selenium, Se	S2
Lutein + zeaxanthin	S2
Folate, total	S2
Vitamin K (phylloquinone)	S2
Threonine	S14, S2
Alanine	S14, S2
10:0	S2

NDB No. 13446 Beef, short loin, top loin, steak, separable lean and fat, trimmed to 0" fat, choice, cooked, broiled

Water	S2
Zinc, Zn	S2
Manganese, Mn	S2
Carotene, beta	S2
Cryptoxanthin, beta	S2
Riboflavin	S2
Vitamin B-12	S2
Cystine	S14, S2
16:1 undifferentiated	S2
20:1	S2
22:1 undifferentiated	S2
Protein	S2
Ash	S2
Theobromine	S2
Tocopherol, beta	S2
Tryptophan	S14, S2
Lysine	S14, S2
Phenylalanine	S14, S2
Tyrosine	S14, S2
18:2 undifferentiated	S2
18:3 undifferentiated	S2
Calcium, Ca	S2
Thiamin	S2
Pantothenic acid	S2
Vitamin B-6	S2
Leucine	S14, S2
Histidine	S14, S2
20:5 n-3 (EPA)	S2
Sugars, total	S2
Iron, Fe	S2
Sodium, Na	S2
Tocopherol, gamma	S2
Tocopherol, delta	S2
Niacin	S2
Valine	S14, S2
8:0	S2
18:4	S2

NDB No. 13447 Beef, short loin, top loin, steak, separable lean and fat, trimmed to 0" fat, select, cooked, broiled

Water	S2
Caffeine	S2
Sodium, Na	S2
Copper, Cu	S2
Selenium, Se	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Vitamin K (phylloquinone)	S2
10:0	S2
12:0	S2
18:0	S2
18:3 undifferentiated	S2
22:5 n-3 (DPA)	S2
Ash	S2
Calcium, Ca	S2
Lutein + zeaxanthin	S2
Tocopherol, gamma	S2
Niacin	S2
Pantothenic acid	S2
Vitamin B-12	S2
Threonine	S14, S2
Lysine	S14, S2
Methionine	S14, S2
Histidine	S14, S2
8:0	S2
18:1 undifferentiated	S2
16:1 undifferentiated	S2
20:5 n-3 (EPA)	S2
Total lipid (fat)	S2
Cryptoxanthin, beta	S2
Cystine	S14, S2
Valine	S14, S2
Glutamic acid	S14, S2
4:0	S2
Protein	S2
Fiber, total dietary	S2
Retinol	S2

NDB No. 13447 Beef, short loin, top loin, steak, separable lean and fat, trimmed to 0" fat, select, cooked, broiled

Carotene, alpha	S2
Riboflavin	S2
Tryptophan	S14, S2
Serine	S14, S2
16:0	S2
18:2 undifferentiated	S2
20:4 undifferentiated	S2
22:1 undifferentiated	S2
Sugars, total	S2
Iron, Fe	S2
Potassium, K	S2
Folate, total	S2
Isoleucine	S14, S2
Tyrosine	S14, S2
Aspartic acid	S14, S2
Manganese, Mn	S2
Carotene, beta	S2
Phenylalanine	S14, S2
Glycine	S14, S2
Proline	S14, S2
Phosphorus, P	S2
Zinc, Zn	S2
Vitamin E (alpha-tocopherol)	S2
Lycopene	S2
Vitamin C, total ascorbic acid	S2
Thiamin	S2
Vitamin B-6	S2
Arginine	S14, S2
Alanine	S14, S2
6:0	S2
14:0	S2
22:6 n-3 (DHA)	S2
Theobromine	S2
Magnesium, Mg	S2
Leucine	S14, S2
18:4	S2
20:1	S2

NDB No. 13448 Beef, short loin, top loin, steak, separable lean only, trimmed to 0" fat, all grades, cooked, broiled

Protein	S2
Iron, Fe	S2
Carotene, alpha	S2
Vitamin C, total ascorbic acid	S2
Thiamin	S2
Vitamin B-6	S2
Vitamin K (phylloquinone)	S2
Isoleucine	S14, S2
Leucine	S14, S2
Cystine	S14, S2
8:0	S2
20:4 undifferentiated	S2
22:6 n-3 (DHA)	S2
22:5 n-3 (DPA)	S2
Total lipid (fat)	S2
Caffeine	S2
Sugars, total	S2
Cryptoxanthin, beta	S2
Riboflavin	S2
Niacin	S2
Histidine	S14, S2
Water	S2
Theobromine	S2
Sodium, Na	S2
Manganese, Mn	S2
Retinol	S2
Carotene, beta	S2
Tocopherol, beta	S2
Methionine	S14, S2
Glycine	S14, S2
18:0	S2
18:1 undifferentiated	S2
20:1	S2
Copper, Cu	S2
Tocopherol, delta	S2
Folate, total	S2
Lysine	S14, S2

NDB No. 13448 Beef, short loin, top loin, steak, separable lean only, trimmed to 0" fat, all grades, cooked, broiled

Aspartic acid	S14, S2
4:0	S2
14:0	S2
Ash	S2
Calcium, Ca	S2
Phosphorus, P	S2
Potassium, K	S2
Selenium, Se	S2
Vitamin B-12	S2
Tryptophan	S14, S2
Proline	S14, S2
16:1 undifferentiated	S2
18:4	S2
22:1 undifferentiated	S2
Fiber, total dietary	S2
Magnesium, Mg	S2
Zinc, Zn	S2
Threonine	S14, S2
Valine	S14, S2
Alanine	S14, S2
6:0	S2
10:0	S2
16:0	S2
Vitamin E (alpha-tocopherol)	S2
Lycopene	S2
Lutein + zeaxanthin	S2
Tocopherol, gamma	S2
Pantothenic acid	S2
Phenylalanine	S14, S2
Glutamic acid	S14, S2
12:0	S2
18:2 undifferentiated	S2
18:3 undifferentiated	S2
Tyrosine	S14, S2
Arginine	S14, S2
Serine	S14, S2
20:5 n-3 (EPA)	S2

NDB No. 13449 Beef, short loin, top loin, steak, separable lean only, trimmed to 0" fat, choice, cooked, broiled

Water	S2
Threonine	S14, S2
Proline	S14, S2
Caffeine	S2
Potassium, K	S2
Copper, Cu	S2
Vitamin E (alpha-tocopherol)	S2
Lycopene	S2
Phenylalanine	S14, S2
Glutamic acid	S14, S2
6:0	S2
10:0	S2
18:4	S2
Calcium, Ca	S2
Cryptoxanthin, beta	S2
Tocopherol, beta	S2
Thiamin	S2
Niacin	S2
Pantothenic acid	S2
Lysine	S14, S2
18:1 undifferentiated	S2
Total lipid (fat)	S2
Sugars, total	S2
Fiber, total dietary	S2
Sodium, Na	S2
Zinc, Zn	S2
Selenium, Se	S2
Carotene, beta	S2
Tocopherol, delta	S2
Vitamin C, total ascorbic acid	S2
Riboflavin	S2
Vitamin B-12	S2
Cystine	S14, S2
Arginine	S14, S2
Aspartic acid	S14, S2
Serine	S14, S2
22:6 n-3 (DHA)	S2

NDB No. 13449 Beef, short loin, top loin, steak, separable lean only, trimmed to 0" fat, choice, cooked, broiled

22:1 undifferentiated	S2
Protein	S2
Phosphorus, P	S2
Tocopherol, gamma	S2
Folate, total	S2
Methionine	S14, S2
Histidine	S14, S2
Glycine	S14, S2
4:0	S2
8:0	S2
18:0	S2
18:2 undifferentiated	S2
18:3 undifferentiated	S2
20:4 undifferentiated	S2
20:1	S2
Theobromine	S2
Magnesium, Mg	S2
Manganese, Mn	S2
Carotene, alpha	S2
Vitamin B-6	S2
Vitamin K (phylloquinone)	S2
Isoleucine	S14, S2
16:1 undifferentiated	S2
20:5 n-3 (EPA)	S2
22:5 n-3 (DPA)	S2
Retinol	S2
Tyrosine	S14, S2
Ash	S2
Iron, Fe	S2
Lutein + zeaxanthin	S2
Tryptophan	S14, S2
Leucine	S14, S2
Valine	S14, S2
Alanine	S14, S2
12:0	S2
14:0	S2
16:0	S2

NDB No. 13450 Beef, short loin, top loin, steak, separable lean only, trimmed to 0" fat, select, cooked, broiled

Manganese, Mn	S2
Tocopherol, delta	S2
6:0	S2
10:0	S2
16:0	S2
Protein	S2
Water	S2
Caffeine	S2
Theobromine	S2
Calcium, Ca	S2
Potassium, K	S2
Vitamin E (alpha-tocopherol)	S2
Niacin	S2
Threonine	S14, S2
18:1 undifferentiated	S2
18:3 undifferentiated	S2
16:1 undifferentiated	S2
Ash	S2
Phosphorus, P	S2
Sodium, Na	S2
Vitamin K (phylloquinone)	S2
Cystine	S14, S2
Arginine	S14, S2
Sugars, total	S2
Iron, Fe	S2
Magnesium, Mg	S2
Riboflavin	S2
Pantothenic acid	S2
Tryptophan	S14, S2
Aspartic acid	S14, S2
22:6 n-3 (DHA)	S2
18:4	S2
Selenium, Se	S2
Carotene, beta	S2
Carotene, alpha	S2
Lycopene	S2
Tocopherol, beta	S2

NDB No. 13450 Beef, short loin, top loin, steak, separable lean only, trimmed to 0" fat, select, cooked, broiled

Vitamin B-6	S2
Alanine	S14, S2
Glycine	S14, S2
Proline	S14, S2
Serine	S14, S2
12:0	S2
18:0	S2
Zinc, Zn	S2
Cryptoxanthin, beta	S2
Thiamin	S2
Methionine	S14, S2
20:4 undifferentiated	S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2
Fiber, total dietary	S2
Copper, Cu	S2
Retinol	S2
Lutein + zeaxanthin	S2
Tocopherol, gamma	S2
Vitamin B-12	S2
Isoleucine	S14, S2
Leucine	S14, S2
Lysine	S14, S2
Valine	S14, S2
Histidine	S14, S2
4:0	S2
18:2 undifferentiated	S2
20:1	S2
Total lipid (fat)	S2
Vitamin C, total ascorbic acid	S2
Folate, total	S2
Phenylalanine	S14, S2
Tyrosine	S14, S2
Glutamic acid	S14, S2
8:0	S2
14:0	S2
22:5 n-3 (DPA)	S2

NDB No. 13451 Beef, top sirloin, steak, separable lean and fat, trimmed to 0" fat, all grades, cooked, broiled

Tryptophan	S14, S2
Alanine	S14, S2
4:0	S2
8:0	S2
22:1 undifferentiated	S2
Theobromine	S2
Magnesium, Mg	S2
Tocopherol, delta	S2
Lysine	S14, S2
Cystine	S14, S2
Phenylalanine	S14, S2
Histidine	S14, S2
Serine	S14, S2
12:0	S2
16:0	S2
18:4	S2
Total lipid (fat)	S2
Water	S2
Caffeine	S2
Carotene, beta	S2
Tocopherol, gamma	S2
Pantothenic acid	S2
Aspartic acid	S14, S2
Glycine	S14, S2
16:1 undifferentiated	S2
Protein	S2
Calcium, Ca	S2
Phosphorus, P	S2
Zinc, Zn	S2
Riboflavin	S2
Niacin	S2
Isoleucine	S14, S2
Leucine	S14, S2
18:3 undifferentiated	S2
22:6 n-3 (DHA)	S2
22:5 n-3 (DPA)	S2
Fiber, total dietary	S2

NDB No. 13451 Beef, top sirloin, steak, separable lean and fat, trimmed to 0" fat, all grades, cooked, broiled

Sodium, Na	S2
Copper, Cu	S2
Carotene, alpha	S2
Thiamin	S2
Vitamin B-12	S2
Tyrosine	S14, S2
Valine	S14, S2
Glutamic acid	S14, S2
Cryptoxanthin, beta	S2
Folate, total	S2
Arginine	S14, S2
6:0	S2
10:0	S2
18:0	S2
18:1 undifferentiated	S2
20:1	S2
Ash	S2
Manganese, Mn	S2
Vitamin E (alpha-tocopherol)	S2
Lycopene	S2
Lutein + zeaxanthin	S2
Vitamin C, total ascorbic acid	S2
Vitamin B-6	S2
Methionine	S14, S2
14:0	S2
20:5 n-3 (EPA)	S2
Sugars, total	S2
Iron, Fe	S2
Potassium, K	S2
Selenium, Se	S2
Retinol	S2
Tocopherol, beta	S2
Vitamin K (phylloquinone)	S2
Threonine	S14, S2
Proline	S14, S2
18:2 undifferentiated	S2
20:4 undifferentiated	S2

NDB No. 13452 Beef, top sirloin, steak, separable lean and fat, trimmed to 0" fat, choice, cooked, broiled

Caffeine	S2
Calcium, Ca	S2
Copper, Cu	S2
Carotene, alpha	S2
Tocopherol, beta	S2
Vitamin B-12	S2
Tryptophan	S14, S2
Threonine	S14, S2
Aspartic acid	S14, S2
Proline	S14, S2
Serine	S14, S2
Total lipid (fat)	S2
Cryptoxanthin, beta	S2
Valine	S14, S2
12:0	S2
20:4 undifferentiated	S2
18:4	S2
Theobromine	S2
Magnesium, Mg	S2
Manganese, Mn	S2
Carotene, beta	S2
Lycopene	S2
Tocopherol, gamma	S2
Vitamin B-6	S2
Cystine	S14, S2
14:0	S2
18:0	S2
22:5 n-3 (DPA)	S2
Selenium, Se	S2
Tocopherol, delta	S2
Vitamin C, total ascorbic acid	S2
Pantothenic acid	S2
Lysine	S14, S2
Phenylalanine	S14, S2
Glycine	S14, S2
4:0	S2
18:2 undifferentiated	S2

NDB No. 13452 Beef, top sirloin, steak, separable lean and fat, trimmed to 0" fat, choice, cooked, broiled

Water	S2
Sugars, total	S2
Fiber, total dietary	S2
Phosphorus, P	S2
Sodium, Na	S2
Retinol	S2
Vitamin E (alpha-tocopherol)	S2
Isoleucine	S14, S2
20:1	S2
Ash	S2
Iron, Fe	S2
Riboflavin	S2
Niacin	S2
Arginine	S14, S2
Alanine	S14, S2
16:0	S2
20:5 n-3 (EPA)	S2
Zinc, Zn	S2
Thiamin	S2
Folate, total	S2
Vitamin K (phylloquinone)	S2
Leucine	S14, S2
Glutamic acid	S14, S2
10:0	S2
18:1 undifferentiated	S2
22:6 n-3 (DHA)	S2
22:1 undifferentiated	S2
Protein	S2
Potassium, K	S2
Lutein + zeaxanthin	S2
Methionine	S14, S2
Tyrosine	S14, S2
Histidine	S14, S2
6:0	S2
8:0	S2
18:3 undifferentiated	S2
16:1 undifferentiated	S2

NDB No. 13453 Beef, top sirloin, steak, separable lean and fat, trimmed to 0" fat, select, cooked, broiled

Sugars, total	S2
Phosphorus, P	S2
Zinc, Zn	S2
Selenium, Se	S2
Carotene, beta	S2
Pantothenic acid	S2
Proline	S14, S2
18:1 undifferentiated	S2
22:6 n-3 (DHA)	S2
Protein	S2
Carotene, alpha	S2
Lutein + zeaxanthin	S2
Thiamin	S2
Leucine	S14, S2
Alanine	S14, S2
Serine	S14, S2
16:0	S2
18:0	S2
22:1 undifferentiated	S2
Ash	S2
Potassium, K	S2
Isoleucine	S14, S2
Phenylalanine	S14, S2
Arginine	S14, S2
Histidine	S14, S2
10:0	S2
20:4 undifferentiated	S2
20:5 n-3 (EPA)	S2
Total lipid (fat)	S2
Theobromine	S2
Magnesium, Mg	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Threonine	S14, S2
Glycine	S14, S2
Copper, Cu	S2
Manganese, Mn	S2

NDB No. 13453 Beef, top sirloin, steak, separable lean and fat, trimmed to 0" fat, select, cooked, broiled

Vitamin C, total ascorbic acid	S2
Niacin	S2
Vitamin B-6	S2
Vitamin K (phylloquinone)	S2
Tyrosine	S14, S2
14:0	S2
20:1	S2
22:5 n-3 (DPA)	S2
Retinol	S2
Cryptoxanthin, beta	S2
Riboflavin	S2
Vitamin B-12	S2
Lysine	S14, S2
Methionine	S14, S2
Glutamic acid	S14, S2
4:0	S2
Caffeine	S2
Calcium, Ca	S2
Iron, Fe	S2
Folate, total	S2
Tryptophan	S14, S2
Valine	S14, S2
Aspartic acid	S14, S2
6:0	S2
12:0	S2
18:2 undifferentiated	S2
16:1 undifferentiated	S2
Water	S2
Fiber, total dietary	S2
Sodium, Na	S2
Vitamin E (alpha-tocopherol)	S2
Lycopene	S2
Tocopherol, gamma	S2
Cystine	S14, S2
8:0	S2
18:3 undifferentiated	S2
18:4	S2

NDB No. 13454 Beef, top sirloin, steak, separable lean only, trimmed to 0" fat, all grades, cooked, broiled

Fiber, total dietary	S2
Magnesium, Mg	S2
Phosphorus, P	S2
Selenium, Se	S2
Retinol	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Riboflavin	S2
Phenylalanine	S14, S2
Alanine	S14, S2
Serine	S14, S2
18:1 undifferentiated	S2
18:3 undifferentiated	S2
Calcium, Ca	S2
Cryptoxanthin, beta	S2
Lycopene	S2
Pantothenic acid	S2
Threonine	S14, S2
Isoleucine	S14, S2
Cystine	S14, S2
Aspartic acid	S14, S2
Proline	S14, S2
14:0	S2
20:5 n-3 (EPA)	S2
Ash	S2
Water	S2
Carotene, beta	S2
Carotene, alpha	S2
Vitamin B-12	S2
Tryptophan	S14, S2
Leucine	S14, S2
Glutamic acid	S14, S2
18:4	S2
Total lipid (fat)	S2
Sodium, Na	S2
Niacin	S2
Valine	S14, S2

NDB No. 13454 Beef, top sirloin, steak, separable lean only, trimmed to 0" fat, all grades, cooked, broiled

Histidine	S14, S2
Glycine	S14, S2
4:0	S2
12:0	S2
18:2 undifferentiated	S2
Sugars, total	S2
Folate, total	S2
Methionine	S14, S2
6:0	S2
8:0	S2
10:0	S2
22:1 undifferentiated	S2
Iron, Fe	S2
Copper, Cu	S2
Manganese, Mn	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, gamma	S2
Tyrosine	S14, S2
Arginine	S14, S2
16:0	S2
22:5 n-3 (DPA)	S2
Lutein + zeaxanthin	S2
Vitamin B-6	S2
22:6 n-3 (DHA)	S2
20:1	S2
Protein	S2
Potassium, K	S2
Zinc, Zn	S2
Thiamin	S2
Vitamin K (phylloquinone)	S2
Lysine	S14, S2
18:0	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2

NDB No. 13455 Beef, top sirloin, steak, separable lean only, trimmed to 0" fat, choice, cooked, broiled

NDB No. 13455 Beef, top sirloin, steak, separable lean only, trimmed to 0" fat, choice, cooked, broiled

Zinc, Zn	S2
Manganese, Mn	S2
Retinol	S2
Carotene, beta	S2
Niacin	S2
Vitamin K (phylloquinone)	S2
Isoleucine	S14, S2
Leucine	S14, S2
Serine	S14, S2
Total lipid (fat)	S2
Ash	S2
Theobromine	S2
Thiamin	S2
Threonine	S14, S2
Phenylalanine	S14, S2
Histidine	S14, S2
18:0	S2
20:5 n-3 (EPA)	S2
Caffeine	S2
Magnesium, Mg	S2
Copper, Cu	S2
Selenium, Se	S2
Cryptoxanthin, beta	S2
10:0	S2
12:0	S2
14:0	S2
Sugars, total	S2
Fiber, total dietary	S2
Arginine	S14, S2
18:2 undifferentiated	S2
22:5 n-3 (DPA)	S2
Water	S2
Calcium, Ca	S2
Iron, Fe	S2
Phosphorus, P	S2
Potassium, K	S2
Tocopherol, beta	S2

NDB No. 13455 Beef, top sirloin, steak, separable lean only, trimmed to 0" fat, choice, cooked, broiled

Tocopherol, gamma	S2
Cystine	S14, S2
Aspartic acid	S14, S2
4:0	S2
6:0	S2
18:3 undifferentiated	S2
22:6 n-3 (DHA)	S2
Tocopherol, delta	S2
Riboflavin	S2
Folate, total	S2
Tryptophan	S14, S2
18:4	S2
20:1	S2
Protein	S2
Vitamin E (alpha-tocopherol)	S2
Lycopene	S2
Lutein + zeaxanthin	S2
Pantothenic acid	S2
Vitamin B-12	S2
Lysine	S14, S2
Glutamic acid	S14, S2
Glycine	S14, S2
Proline	S14, S2
8:0	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2
Sodium, Na	S2
Carotene, alpha	S2
Vitamin C, total ascorbic acid	S2
Vitamin B-6	S2
Methionine	S14, S2
Tyrosine	S14, S2
Valine	S14, S2
Alanine	S14, S2
16:0	S2
18:1 undifferentiated	S2
22:1 undifferentiated	S2

NDB No. 13456 Beef, top sirloin, steak, separable lean only, trimmed to 0" fat, select, cooked, broiled

Ash	S2
Sugars, total	S2
Iron, Fe	S2
Zinc, Zn	S2
Selenium, Se	S2
Isoleucine	S14, S2
Arginine	S14, S2
Glycine	S14, S2
Proline	S14, S2
16:0	S2
18:2 undifferentiated	S2
Calcium, Ca	S2
Lycopene	S2
Tocopherol, delta	S2
Phenylalanine	S14, S2
Histidine	S14, S2
6:0	S2
18:3 undifferentiated	S2
20:4 undifferentiated	S2
18:4	S2
Magnesium, Mg	S2
Thiamin	S2
Vitamin B-12	S2
Lysine	S14, S2
Cystine	S14, S2
Total lipid (fat)	S2
Water	S2
Caffeine	S2
Sodium, Na	S2
Riboflavin	S2
Folate, total	S2
Leucine	S14, S2
Methionine	S14, S2
22:6 n-3 (DHA)	S2
20:5 n-3 (EPA)	S2
Protein	S2
Fiber, total dietary	S2

NDB No. 13456 Beef, top sirloin, steak, separable lean only, trimmed to 0" fat, select, cooked, broiled

Phosphorus, P	S2
Retinol	S2
Carotene, alpha	S2
Cryptoxanthin, beta	S2
Niacin	S2
Pantothenic acid	S2
Tryptophan	S14, S2
8:0	S2
10:0	S2
22:1 undifferentiated	S2
Potassium, K	S2
Tocopherol, gamma	S2
Vitamin B-6	S2
Aspartic acid	S14, S2
4:0	S2
18:0	S2
20:1	S2
Copper, Cu	S2
Vitamin E (alpha-tocopherol)	S2
Lutein + zeaxanthin	S2
Vitamin K (phylloquinone)	S2
Tyrosine	S14, S2
Valine	S14, S2
Glutamic acid	S14, S2
14:0	S2
16:1 undifferentiated	S2
22:5 n-3 (DPA)	S2
Theobromine	S2
Manganese, Mn	S2
Carotene, beta	S2
Tocopherol, beta	S2
Vitamin C, total ascorbic acid	S2
Threonine	S14, S2
Alanine	S14, S2
Serine	S14, S2
12:0	S2
18:1 undifferentiated	S2

NDB No. 13467 Beef, short loin, porterhouse steak, separable lean only, trimmed to 0" fat, choice, cooked, broiled

Magnesium, Mg	S221
Threonine	S2
Glycine	S2
16:0	S221
18:1 undifferentiated	S221
18:3 undifferentiated	S221
20:4 undifferentiated	S221
Selenium, Se	S221
Isoleucine	S2
Leucine	S2
Lysine	S2
Methionine	S2
Proline	S2
Serine	S2
18:2 undifferentiated	S221
16:1 undifferentiated	S221
Water	S221
Zinc, Zn	S221
Cystine	S2
Arginine	S2
Histidine	S2
12:0	S221
14:0	S221
20:0	S221
14:1	S221
Protein	S221
Iron, Fe	S221
Phenylalanine	S2
Calcium, Ca	S221
Tyrosine	S2
Alanine	S2
Aspartic acid	S2
Glutamic acid	S2
Total lipid (fat)	S221
Tryptophan	S2
Valine	S2
18:0	S221

NDB No. 13467 Beef, short loin, porterhouse steak, separable lean only, trimmed to 0" fat, choice, cooked, broiled

Ash	S221
Potassium, K	S221

NDB No. 13470 Beef, short loin, porterhouse steak, separable lean only, trimmed to 0" fat, select, cooked, broiled

Magnesium, Mg	S221
Lysine	S2
Phenylalanine	S2
Glycine	S2
Threonine	S2
Serine	S2
14:1	S221
Protein	S221
Selenium, Se	S221
Arginine	S2
Aspartic acid	S2
16:0	S221
18:2 undifferentiated	S221
Calcium, Ca	S221
Tryptophan	S2
Leucine	S2
Water	S221
Iron, Fe	S221
Isoleucine	S2
Tyrosine	S2
Histidine	S2
20:0	S221
18:1 undifferentiated	S221
16:1 undifferentiated	S221
Proline	S2
14:0	S221
Total lipid (fat)	S221
Methionine	S2
Alanine	S2
Glutamic acid	S2
20:4 undifferentiated	S221
Ash	S221

NDB No. 13470 Beef, short loin, porterhouse steak, separable lean only, trimmed to 0" fat, select, cooked, broiled

Zinc, Zn	S221
Cystine	S2
Valine	S2
12:0	S221
18:0	S221
18:3 undifferentiated	S221

NDB No. 13481 Beef, short loin, t-bone steak, separable lean only, trimmed to 0" fat, choice, cooked, broiled

Total lipid (fat)	S221
18:3 undifferentiated	S221
Tyrosine	S2
Alanine	S2
16:0	S221
Calcium, Ca	S221
Magnesium, Mg	S221
Lysine	S2
Methionine	S2
12:0	S221
Water	S221
Tryptophan	S2
Phenylalanine	S2
Glycine	S2
Proline	S2
14:1	S221
Zinc, Zn	S221
Valine	S2
Aspartic acid	S2
14:0	S221
Ash	S221
Iron, Fe	S221
Potassium, K	S221
Leucine	S2
Histidine	S2
Serine	S2
18:1 undifferentiated	S221
Protein	S221

NDB No. 13481 Beef, short loin, t-bone steak, separable lean only, trimmed to 0" fat, choice, cooked, broiled

16:1 undifferentiated	S221
Selenium, Se	S221
Threonine	S2
Isoleucine	S2
Cystine	S2
Arginine	S2
Glutamic acid	S2
18:0	S221
20:0	S221
18:2 undifferentiated	S221
20:4 undifferentiated	S221

NDB No. 13484 Beef, short loin, t-bone steak, separable lean only, trimmed to 0" fat, select, cooked, broiled

Potassium, K	S221
Zinc, Zn	S221
Selenium, Se	S221
Aspartic acid	S2
12:0	S221
Ash	S221
Alanine	S2
Water	S221
Magnesium, Mg	S221
Cystine	S2
Tyrosine	S2
Serine	S2
14:0	S221
16:0	S221
18:3 undifferentiated	S221
Iron, Fe	S221
Glycine	S2
Proline	S2
Protein	S221
Methionine	S2
Phenylalanine	S2
20:0	S221
14:1	S221

NDB No. 13484 Beef, short loin, t-bone steak, separable lean only, trimmed to 0" fat, select, cooked, broiled

Total lipid (fat)	S221
Threonine	S2
Leucine	S2
Arginine	S2
Histidine	S2
Glutamic acid	S2
18:0	S221
16:1 undifferentiated	S221
Calcium, Ca	S221
Valine	S2
Tryptophan	S2
Isoleucine	S2
Lysine	S2
18:1 undifferentiated	S221
18:2 undifferentiated	S221
20:4 undifferentiated	S221

NDB No. 13485 Beef, brisket, flat half, separable lean only, trimmed to 0" fat, select, cooked, braised

Protein	S2
Water	S2
Magnesium, Mg	S2
Sodium, Na	S2
Pantothenic acid	S2
Aspartic acid	S14, S2
18:0	S2
18:2 undifferentiated	S2
18:3 undifferentiated	S2
20:1	S2
Calcium, Ca	S2
Lycopene	S2
Thiamin	S2
Niacin	S2
Leucine	S14, S2
Cystine	S14, S2
Glycine	S14, S2
4:0	S2

NDB No. 13485 Beef, brisket, flat half, separable lean only, trimmed to 0" fat, select, cooked, braised

6:0	S2
18:1 undifferentiated	S2
16:1 undifferentiated	S2
Iron, Fe	S2
Tocopherol, beta	S2
Tyrosine	S14, S2
Glutamic acid	S14, S2
16:0	S2
Fiber, total dietary	S2
Retinol	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, gamma	S2
Tocopherol, delta	S2
Vitamin B-6	S2
Vitamin K (phylloquinone)	S2
Valine	S14, S2
Ash	S2
Caffeine	S2
Phosphorus, P	S2
Potassium, K	S2
Vitamin C, total ascorbic acid	S2
Riboflavin	S2
Threonine	S14, S2
Phenylalanine	S14, S2
Alanine	S14, S2
8:0	S2
14:0	S2
Zinc, Zn	S2
Copper, Cu	S2
Manganese, Mn	S2
Selenium, Se	S2
Histidine	S14, S2
12:0	S2
20:4 undifferentiated	S2
22:6 n-3 (DHA)	S2
Theobromine	S2
Sugars, total	S2

NDB No. 13485 Beef, brisket, flat half, separable lean only, trimmed to 0" fat, select, cooked, braised

Carotene, alpha	S2
Cryptoxanthin, beta	S2
Proline	S14, S2
18:4	S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2
Total lipid (fat)	S2
Carotene, beta	S2
Lutein + zeaxanthin	S2
Folate, total	S2
Vitamin B-12	S2
Tryptophan	S14, S2
Isoleucine	S14, S2
Lysine	S14, S2
Methionine	S14, S2
Arginine	S14, S2
Serine	S14, S2
10:0	S2
22:5 n-3 (DPA)	S2

NDB No. 13486 Beef, round, tip round, roast, separable lean and fat, trimmed to 0" fat, all grades, raw

Protein	S2
Caffeine	S2
Selenium, Se	S2
Folate, total	S2
Vitamin K (phylloquinone)	S2
Methionine	S14, S2
Phenylalanine	S14, S2
16:0	S2
18:1 undifferentiated	S2
20:4 undifferentiated	S2
20:1	S2
Water	S2
Calcium, Ca	S2
Lycopene	S2
Lutein + zeaxanthin	S2

NDB No. 13486 Beef, round, tip round, roast, separable lean and fat, trimmed to 0" fat, all grades, raw

Pantothenic acid	S2
Arginine	S14, S2
Alanine	S14, S2
Serine	S14, S2
4:0	S2
16:1 undifferentiated	S2
18:4	S2
Iron, Fe	S2
Magnesium, Mg	S2
Potassium, K	S2
Copper, Cu	S2
Vitamin C, total ascorbic acid	S2
Vitamin B-6	S2
Lysine	S14, S2
Aspartic acid	S14, S2
22:5 n-3 (DPA)	S2
Tocopherol, beta	S2
Niacin	S2
Vitamin B-12	S2
Threonine	S14, S2
Leucine	S14, S2
Glutamic acid	S14, S2
6:0	S2
12:0	S2
18:3 undifferentiated	S2
22:6 n-3 (DHA)	S2
Theobromine	S2
Fiber, total dietary	S2
Carotene, beta	S2
Vitamin E (alpha-tocopherol)	S2
Cryptoxanthin, beta	S2
Thiamin	S2
Riboflavin	S2
Tyrosine	S14, S2
Proline	S14, S2
8:0	S2
14:0	S2

NDB No. 13486 Beef, round, tip round, roast, separable lean and fat, trimmed to 0" fat, all grades, raw

Total lipid (fat)	S2
Phosphorus, P	S2
Zinc, Zn	S2
Carotene, alpha	S2
Isoleucine	S14, S2
Histidine	S14, S2
10:0	S2
18:2 undifferentiated	S2
20:5 n-3 (EPA)	S2
Manganese, Mn	S2
Retinol	S2
Tocopherol, delta	S2
Cystine	S14, S2
Glycine	S14, S2
18:0	S2
22:1 undifferentiated	S2
Ash	S2
Sugars, total	S2
Sodium, Na	S2
Tocopherol, gamma	S2
Tryptophan	S14, S2
Valine	S14, S2

NDB No. 13487 Beef, round, tip round, roast, separable lean and fat, trimmed to 0" fat, choice, raw

Total lipid (fat)	S2
Water	S2
Potassium, K	S2
Selenium, Se	S2
Tocopherol, beta	S2
Thiamin	S2
Vitamin K (phylloquinone)	S2
18:3 undifferentiated	S2
20:1	S2
Caffeine	S2
Sugars, total	S2
Zinc, Zn	S2

NDB No. 13487 Beef, round, tip round, roast, separable lean and fat, trimmed to 0" fat, choice, raw

Manganese, Mn	S2
Carotene, alpha	S2
Riboflavin	S2
Lysine	S14, S2
Glutamic acid	S14, S2
16:0	S2
18:2 undifferentiated	S2
16:1 undifferentiated	S2
Protein	S2
Ash	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, gamma	S2
Niacin	S2
Histidine	S14, S2
4:0	S2
6:0	S2
18:0	S2
22:6 n-3 (DHA)	S2
Copper, Cu	S2
Tocopherol, delta	S2
Vitamin C, total ascorbic acid	S2
Arginine	S14, S2
10:0	S2
18:4	S2
Theobromine	S2
Magnesium, Mg	S2
Phosphorus, P	S2
Sodium, Na	S2
Folate, total	S2
Methionine	S14, S2
Alanine	S14, S2
Proline	S14, S2
14:0	S2
18:1 undifferentiated	S2
20:5 n-3 (EPA)	S2
Fiber, total dietary	S2
Iron, Fe	S2

NDB No. 13487 Beef, round, tip round, roast, separable lean and fat, trimmed to 0" fat, choice, raw

Cryptoxanthin, beta	S2
Vitamin B-6	S2
Vitamin B-12	S2
Tyrosine	S14, S2
Valine	S14, S2
Glycine	S14, S2
8:0	S2
22:1 undifferentiated	S2
Retinol	S2
Lutein + zeaxanthin	S2
Pantothenic acid	S2
Threonine	S14, S2
Aspartic acid	S14, S2
Serine	S14, S2
12:0	S2
Calcium, Ca	S2
Carotene, beta	S2
Lycopene	S2
Tryptophan	S14, S2
Isoleucine	S14, S2
Leucine	S14, S2
Cystine	S14, S2
Phenylalanine	S14, S2
20:4 undifferentiated	S2
22:5 n-3 (DPA)	S2

NDB No. 13488 Beef, round, tip round, roast, separable lean and fat, trimmed to 0" fat, select, raw

Theobromine	S2
Magnesium, Mg	S2
Vitamin E (alpha-tocopherol)	S2
Thiamin	S2
Vitamin B-12	S2
Vitamin K (phylloquinone)	S2
Lysine	S14, S2
Glycine	S14, S2
14:0	S2

NDB No. 13488 Beef, round, tip round, roast, separable lean and fat, trimmed to 0" fat, select, raw

18:4	S2
22:5 n-3 (DPA)	S2
Sugars, total	S2
Sodium, Na	S2
Carotene, beta	S2
Tocopherol, gamma	S2
Tocopherol, delta	S2
Riboflavin	S2
Isoleucine	S14, S2
Histidine	S14, S2
18:3 undifferentiated	S2
Iron, Fe	S2
Potassium, K	S2
Tryptophan	S14, S2
Glutamic acid	S14, S2
Serine	S14, S2
18:0	S2
16:1 undifferentiated	S2
Retinol	S2
Cryptoxanthin, beta	S2
Lutein + zeaxanthin	S2
Pantothenic acid	S2
Vitamin B-6	S2
Tyrosine	S14, S2
Valine	S14, S2
18:2 undifferentiated	S2
20:1	S2
20:5 n-3 (EPA)	S2
Calcium, Ca	S2
Zinc, Zn	S2
Tocopherol, beta	S2
Alanine	S14, S2
Aspartic acid	S14, S2
10:0	S2
12:0	S2
Caffeine	S2
Phosphorus, P	S2

NDB No. 13488 Beef, round, tip round, roast, separable lean and fat, trimmed to 0" fat, select, raw

Copper, Cu	S2
Manganese, Mn	S2
Methionine	S14, S2
Arginine	S14, S2
6:0	S2
18:1 undifferentiated	S2
22:1 undifferentiated	S2
Total lipid (fat)	S2
Ash	S2
Water	S2
Fiber, total dietary	S2
Selenium, Se	S2
Lycopene	S2
Threonine	S14, S2
Proline	S14, S2
4:0	S2
16:0	S2
Protein	S2
Carotene, alpha	S2
Vitamin C, total ascorbic acid	S2
Niacin	S2
Folate, total	S2
Leucine	S14, S2
Cystine	S14, S2
Phenylalanine	S14, S2
8:0	S2
20:4 undifferentiated	S2
22:6 n-3 (DHA)	S2

NDB No. 13490 Beef, rib, eye, small end (ribs 10- 12) separable lean only, trimmed to 0" fat, select, cooked, broiled

Protein	S2
Ash	S2
Manganese, Mn	S2
Lycopene	S2
Folate, total	S2
Vitamin B-12	S2

NDB No. 13490 Beef, rib, eye, small end (ribs 10- 12) separable lean only, trimmed to 0" fat, select, cooked, broiled

Vitamin K (phylloquinone)	S2
Tryptophan	S14, S2
Leucine	S14, S2
Phenylalanine	S14, S2
Serine	S14, S2
Total lipid (fat)	S2
Potassium, K	S2
Selenium, Se	S2
Niacin	S2
Cystine	S14, S2
Arginine	S14, S2
Histidine	S14, S2
4:0	S2
16:1 undifferentiated	S2
18:4	S2
22:1 undifferentiated	S2
Sugars, total	S2
Pantothenic acid	S2
Alanine	S14, S2
Glutamic acid	S14, S2
22:6 n-3 (DHA)	S2
Iron, Fe	S2
Thiamin	S2
Riboflavin	S2
6:0	S2
12:0	S2
14:0	S2
18:3 undifferentiated	S2
22:5 n-3 (DPA)	S2
Theobromine	S2
Fiber, total dietary	S2
Calcium, Ca	S2
Zinc, Zn	S2
Copper, Cu	S2
Carotene, beta	S2
Vitamin E (alpha-tocopherol)	S2
Cryptoxanthin, beta	S2

NDB No. 13490 Beef, rib, eye, small end (ribs 10- 12) separable lean only, trimmed to 0" fat, select, cooked, broiled

Isoleucine	S14, S2
10:0	S2
20:4 undifferentiated	S2
20:1	S2
20:5 n-3 (EPA)	S2
Carotene, alpha	S2
Lutein + zeaxanthin	S2
Tocopherol, gamma	S2
Vitamin C, total ascorbic acid	S2
Methionine	S14, S2
8:0	S2
18:1 undifferentiated	S2
18:2 undifferentiated	S2
Water	S2
Magnesium, Mg	S2
Retinol	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Vitamin B-6	S2
Threonine	S14, S2
Lysine	S14, S2
Valine	S14, S2
Proline	S14, S2
Caffeine	S2
Phosphorus, P	S2
Sodium, Na	S2
Tyrosine	S14, S2
Aspartic acid	S14, S2
Glycine	S14, S2
16:0	S2
18:0	S2

NDB No. 13491 Beef, round, top round, steak, separable lean only, trimmed to 0" fat, all grades, cooked, broiled

Ash	S2
Fiber, total dietary	S2
Carotene, beta	S2

NDB No. 13491 Beef, round, top round, steak, separable lean only, trimmed to 0" fat, all grades, cooked, broiled

Tocopherol, gamma	S2
10:0	S2
18:3 undifferentiated	S2
16:1 undifferentiated	S2
22:5 n-3 (DPA)	S2
Sodium, Na	S2
Zinc, Zn	S2
Pantothenic acid	S2
Lysine	S14, S2
Methionine	S14, S2
Phenylalanine	S14, S2
4:0	S2
18:0	S2
20:4 undifferentiated	S2
22:6 n-3 (DHA)	S2
Caffeine	S2
Sugars, total	S2
Copper, Cu	S2
Manganese, Mn	S2
Cryptoxanthin, beta	S2
Tocopherol, beta	S2
Thiamin	S2
Vitamin B-6	S2
Isoleucine	S14, S2
Aspartic acid	S14, S2
6:0	S2
16:0	S2
20:1	S2
Total lipid (fat)	S2
Lycopene	S2
Tryptophan	S14, S2
Leucine	S14, S2
Tyrosine	S14, S2
Histidine	S14, S2
Glycine	S14, S2
12:0	S2
20:5 n-3 (EPA)	S2

NDB No. 13491 Beef, round, top round, steak, separable lean only, trimmed to 0" fat, all grades, cooked, broiled

Protein	S2
Calcium, Ca	S2
Tocopherol, delta	S2
Vitamin K (phylloquinone)	S2
Proline	S14, S2
Water	S2
Iron, Fe	S2
Magnesium, Mg	S2
Phosphorus, P	S2
Potassium, K	S2
Lutein + zeaxanthin	S2
Vitamin C, total ascorbic acid	S2
14:0	S2
18:1 undifferentiated	S2
18:4	S2
22:1 undifferentiated	S2
Carotene, alpha	S2
Vitamin E (alpha-tocopherol)	S2
Riboflavin	S2
Folate, total	S2
Vitamin B-12	S2
Glutamic acid	S14, S2
Serine	S14, S2
8:0	S2
Theobromine	S2
Selenium, Se	S2
Retinol	S2
Niacin	S2
Threonine	S14, S2
Cystine	S14, S2
Valine	S14, S2
Arginine	S14, S2
Alanine	S14, S2
18:2 undifferentiated	S2

NDB No. 13492 Beef, round, top round, steak, separable lean only, trimmed to 0" fat, choice, cooked, broiled

NDB No. 13492 Beef, round, top round, steak, separable lean only, trimmed to 0" fat, choice, cooked, broiled

Iron, Fe	S2
Magnesium, Mg	S2
Carotene, beta	S2
Carotene, alpha	S2
Vitamin C, total ascorbic acid	S2
Vitamin K (phylloquinone)	S2
Threonine	S14, S2
Leucine	S14, S2
Phenylalanine	S14, S2
Valine	S14, S2
Aspartic acid	S14, S2
6:0	S2
22:6 n-3 (DHA)	S2
18:4	S2
Ash	S2
Water	S2
Calcium, Ca	S2
Zinc, Zn	S2
Tocopherol, delta	S2
Riboflavin	S2
Tryptophan	S14, S2
Isoleucine	S14, S2
Histidine	S14, S2
18:0	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2
Total lipid (fat)	S2
Sugars, total	S2
Phosphorus, P	S2
Cryptoxanthin, beta	S2
Lycopene	S2
Methionine	S14, S2
Proline	S14, S2
12:0	S2
22:5 n-3 (DPA)	S2
Lutein + zeaxanthin	S2
Glycine	S14, S2

NDB No. 13492 Beef, round, top round, steak, separable lean only, trimmed to 0" fat, choice, cooked, broiled

20:1	S2
Caffeine	S2
Theobromine	S2
Sodium, Na	S2
Manganese, Mn	S2
Selenium, Se	S2
Tocopherol, gamma	S2
Vitamin B-6	S2
Lysine	S14, S2
Tyrosine	S14, S2
4:0	S2
Protein	S2
Potassium, K	S2
Retinol	S2
Vitamin B-12	S2
8:0	S2
18:3 undifferentiated	S2
20:5 n-3 (EPA)	S2
Vitamin E (alpha-tocopherol)	S2
Thiamin	S2
Niacin	S2
Folate, total	S2
Cystine	S14, S2
Arginine	S14, S2
14:0	S2
16:0	S2
18:1 undifferentiated	S2
Fiber, total dietary	S2
Copper, Cu	S2
Tocopherol, beta	S2
Pantothenic acid	S2
Alanine	S14, S2
Glutamic acid	S14, S2
Serine	S14, S2
10:0	S2
18:2 undifferentiated	S2
22:1 undifferentiated	S2

NDB No. 13493 Beef, round, top round, steak, separable lean only, trimmed to 0" fat, select, cooked, broiled

Ash	S2
Manganese, Mn	S2
Tocopherol, delta	S2
Tryptophan	S14, S2
Threonine	S14, S2
Histidine	S14, S2
20:4 undifferentiated	S2
20:1	S2
Vitamin E (alpha-tocopherol)	S2
Riboflavin	S2
Vitamin B-6	S2
Methionine	S14, S2
Valine	S14, S2
Alanine	S14, S2
4:0	S2
18:3 undifferentiated	S2
22:5 n-3 (DPA)	S2
Sugars, total	S2
Fiber, total dietary	S2
Sodium, Na	S2
Copper, Cu	S2
Retinol	S2
Cryptoxanthin, beta	S2
Lutein + zeaxanthin	S2
Niacin	S2
Vitamin K (phylloquinone)	S2
Lysine	S14, S2
18:1 undifferentiated	S2
22:6 n-3 (DHA)	S2
22:1 undifferentiated	S2
Total lipid (fat)	S2
Calcium, Ca	S2
Phosphorus, P	S2
Folate, total	S2
Vitamin B-12	S2
Aspartic acid	S14, S2
Serine	S14, S2

NDB No. 13493 Beef, round, top round, steak, separable lean only, trimmed to 0" fat, select, cooked, broiled

10:0	S2
Leucine	S14, S2
Cystine	S14, S2
16:1 undifferentiated	S2
18:4	S2
20:5 n-3 (EPA)	S2
Theobromine	S2
Lycopene	S2
Tocopherol, beta	S2
Isoleucine	S14, S2
Arginine	S14, S2
Glycine	S14, S2
12:0	S2
16:0	S2
Protein	S2
Caffeine	S2
Iron, Fe	S2
Magnesium, Mg	S2
Zinc, Zn	S2
Selenium, Se	S2
Carotene, beta	S2
Phenylalanine	S14, S2
Glutamic acid	S14, S2
Proline	S14, S2
18:0	S2
Water	S2
Potassium, K	S2
Carotene, alpha	S2
Tocopherol, gamma	S2
Vitamin C, total ascorbic acid	S2
Thiamin	S2
Pantothenic acid	S2
Tyrosine	S14, S2
6:0	S2
8:0	S2
14:0	S2
18:2 undifferentiated	S2

NDB No. 13494 Beef, ground, 70% lean meat / 30% fat, crumbles, cooked, pan-browned

Thiamin	S14
Isoleucine	S14
Methionine	S14
Valine	S14
Alanine	S14
Proline	S14
Iron, Fe	S14
Niacin	S14
Vitamin B-12	S14
Glutamic acid	S14
Water	S14
Potassium, K	S14
Fluoride, F	D5001, D5002, D5007, D5021
Selenium, Se	S14
Tyrosine	S14
Histidine	S14
Ash	S14
Calcium, Ca	S14
Riboflavin	S14
Leucine	S14
Glycine	S14
Serine	S14
20:5 n-3 (EPA)	S14
22:1 undifferentiated	S14
Magnesium, Mg	S14
Sodium, Na	S14
Manganese, Mn	S14
Pantothenic acid	S14
Vitamin B-6	S14
Threonine	S14
Aspartic acid	S14
Cholesterol	S14
Protein	S14
Total lipid (fat)	S14
Zinc, Zn	S14
Retinol	S14
Folate, total	S14

NDB No. 13494 Beef, ground, 70% lean meat / 30% fat, crumbles, cooked, pan-browned

Tryptophan	S14
Lysine	S14
22:6 n-3 (DHA)	S14
22:5 n-3 (DPA)	S14
Phosphorus, P	S14
Copper, Cu	S14
Cystine	S14
Phenylalanine	S14
Arginine	S14

NDB No. 13495 Beef, ground, 70% lean meat / 30% fat, loaf, cooked, baked

Tyrosine	S14
Alanine	S14
Proline	S14
Cholesterol	S14
22:6 n-3 (DHA)	S14
Ash	S14
Magnesium, Mg	S14
Zinc, Zn	S14
Copper, Cu	S14
Fluoride, F	D5001, D5002, D5007, D5021
Riboflavin	S14
Vitamin B-12	S14
22:5 n-3 (DPA)	S14
Water	S14
Potassium, K	S14
Manganese, Mn	S14
Niacin	S14
Cystine	S14
Phenylalanine	S14
20:5 n-3 (EPA)	S14
Protein	S14
Phosphorus, P	S14
Selenium, Se	S14
Pantothenic acid	S14
Lysine	S14

NDB No. 13495 Beef, ground, 70% lean meat / 30% fat, loaf, cooked, baked

Valine	S14
Calcium, Ca	S14
Thiamin	S14
Methionine	S14
Glutamic acid	S14
Glycine	S14
Retinol	S14
Folate, total	S14
Tryptophan	S14
Isoleucine	S14
22:1 undifferentiated	S14
Iron, Fe	S14
Sodium, Na	S14
Threonine	S14
Arginine	S14
Histidine	S14
Aspartic acid	S14
Serine	S14
Total lipid (fat)	S14
Vitamin B-6	S14
Leucine	S14
18:4	S14

NDB No. 13496 Beef, ground, 70% lean meat / 30% fat, patty cooked, pan-broiled

Ash	S14
Sodium, Na	S14
Manganese, Mn	S14
Threonine	S14
Tyrosine	S14
Proline	S14
Cholesterol	S14
22:6 n-3 (DHA)	S14
Total lipid (fat)	S14
Iron, Fe	S14
Magnesium, Mg	S14
Isoleucine	S14

NDB No. 13496 Beef, ground, 70% lean meat / 30% fat, patty cooked, pan-broiled

Cystine	S14
Arginine	S14
20:5 n-3 (EPA)	S14
Retinol	S14
Riboflavin	S14
Glutamic acid	S14
Zinc, Zn	S14
Selenium, Se	S14
Thiamin	S14
Valine	S14
Histidine	S14
Vitamin B-12	S14
Tryptophan	S14
Leucine	S14
Lysine	S14
Alanine	S14
Glycine	S14
Calcium, Ca	S14
Phosphorus, P	S14
Copper, Cu	S14
Fluoride, F	D5001, D5002, D5007, D5021
Vitamin B-6	S14
Phenylalanine	S14
Aspartic acid	S14
Serine	S14
22:1 undifferentiated	S14
Protein	S14
Water	S14
Potassium, K	S14
Niacin	S14
22:5 n-3 (DPA)	S14
Methionine	S14

NDB No. 13497 Beef, ground, 70% lean meat / 30% fat, patty, cooked, broiled

Magnesium, Mg	S14
Copper, Cu	S14

NDB No. 13497 Beef, ground, 70% lean meat / 30% fat, patty, cooked, broiled

Vitamin B-6	S14
Leucine	S14
Valine	S14
Arginine	S14
Cholesterol	S14
18:3 undifferentiated	S14
20:4 undifferentiated	S14
17:0	S14
20:2 n-6 c,c	S14
Manganese, Mn	S14
Riboflavin	S14
Choline, total	S14
16:0	S14
20:0	S14
20:5 n-3 (EPA)	S14
15:0	S14
20:3 undifferentiated	S14
Total lipid (fat)	S14
Iron, Fe	S14
Tryptophan	S14
16:1 undifferentiated	S14
20:1	S14
22:1 undifferentiated	S14
Fatty acids, total trans-monoenoic	S14
Potassium, K	S14
Zinc, Zn	S14
Retinol	S14
Threonine	S14
22:0	S14
18:1 t	S14
Sodium, Na	S14
Tyrosine	S14
Histidine	S14
Alanine	S14
22:6 n-3 (DHA)	S14
Fatty acids, total polyunsaturated	S14
17:1	S14

NDB No. 13497 Beef, ground, 70% lean meat / 30% fat, patty, cooked, broiled

18:3 n-3 c,c,c (ALA)	S14
Ash	S14
Thiamin	S14
Vitamin K (phylloquinone)	S14
Betaine	S14
Isoleucine	S14
Phenylalanine	S14
Aspartic acid	S14
Glutamic acid	S14
Glycine	S14
Serine	S14
Fatty acids, total saturated	S14
8:0	S14
18:2 undifferentiated	S14
22:5 n-3 (DPA)	S14
Fatty acids, total monounsaturated	S14
Calcium, Ca	S14
Fluoride, F	D5001, D5002, D5007, D5021
Niacin	S14
Folate, total	S14
Lysine	S14
Proline	S14
12:0	S14
18:1 undifferentiated	S14
14:1	S14
15:1	S14
Protein	S14
Water	S14
Phosphorus, P	S14
Selenium, Se	S14
Pantothenic acid	S14
Vitamin B-12	S14
Dihydrophylloquinone	S14
Methionine	S14
Cystine	S14
Fatty acids, total trans	S14
10:0	S14

NDB No. 13497 Beef, ground, 70% lean meat / 30% fat, patty, cooked, broiled

14:0	S14
18:0	S14
18:4	S14
18:3 n-6 c,c,c	S14

NDB No. 13498 Beef, ground, 70% lean meat / 30% fat, raw

Iron, Fe	S14
Vitamin B-6	S14
Dihydrophylloquinone	S14
Isoleucine	S14
Phenylalanine	S14
Glycine	S14
17:1	S14
Phosphorus, P	S14
Sodium, Na	S14
Vitamin B-12	S14
Methionine	S14
Alanine	S14
Glutamic acid	S14
Cholesterol	S14
Fatty acids, total saturated	S14
8:0	S14
14:0	S14
18:2 undifferentiated	S14
Magnesium, Mg	S14
Retinol	S14
Niacin	S14
Vitamin K (phylloquinone)	S14
Tryptophan	S14
Tyrosine	S14
Aspartic acid	S14
Fatty acids, total trans	S14
18:3 undifferentiated	S14
22:0	S14
Fatty acids, total polyunsaturated	S14
18:3 n-6 c,c,c	S14

NDB No. 13498 Beef, ground, 70% lean meat / 30% fat, raw

15:1	S14
Total lipid (fat)	S14
Ash	S14
Valine	S14
Proline	S14
Hydroxyproline	S14
16:0	S14
20:4 undifferentiated	S14
18:4	S14
22:5 n-3 (DPA)	S14
17:0	S14
20:3 undifferentiated	S14
18:3 n-3 c,c,c (ALA)	S14
Water	S14
Calcium, Ca	S14
Copper, Cu	S14
Thiamin	S14
Pantothenic acid	S14
Threonine	S14
Histidine	S14
18:1 undifferentiated	S14
16:1 undifferentiated	S14
Fatty acids, total monounsaturated	S14
15:0	S14
Potassium, K	S14
Manganese, Mn	S14
Riboflavin	S14
Choline, total	S14
18:0	S14
20:1	S14
Zinc, Zn	S14
Fluoride, F	D5001, D5002, D5007, D5021
Selenium, Se	S14
Betaine	S14
Leucine	S14
Lysine	S14
Arginine	S14

NDB No. 13498 Beef, ground, 70% lean meat / 30% fat, raw

12:0	S14
20:0	S14
14:1	S14
20:5 n-3 (EPA)	S14
22:1 undifferentiated	S14
18:1 t	S14
20:2 n-6 c,c	S14
Protein	S14
Folate, total	S14
Cystine	S14
Serine	S14
10:0	S14
22:6 n-3 (DHA)	S14

NDB No. 13499 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean only, trimmed to 0" fat, select, raw

Zinc, Zn	S6702
Copper, Cu	S6702
Vitamin E (alpha-tocopherol)	S6702
Tryptophan	S6702
Leucine	S6702
Lysine	S6702
Methionine	S6702
Glutamic acid	S6702
20:1	S6702
22:5 n-3 (DPA)	S6702
18:3 n-3 c,c,c (ALA)	S6702
Calcium, Ca	S6702
Selenium, Se	S6702
Niacin	S6702
Isoleucine	S6702
17:0	S6702
18:2 CLAs	S6702
18:1 c	S6702
Fatty acids, total trans-monoenoic	S6702
Magnesium, Mg	S6702

NDB No. 13499 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean only, trimmed to 0" fat, select, raw

Sodium, Na	S6702
Manganese, Mn	S6702
Riboflavin	S6702
Alanine	S6702
Cholesterol	S6702
18:1 undifferentiated	S6702
Ash	S6702
Threonine	S6702
Proline	S6702
22:6 n-3 (DHA)	S6702
18:1 t	S6702
17:1	S6702
Protein	S6702
Iron, Fe	S6702
Histidine	S6702
Serine	S6702
14:0	S6702
20:0	S6702
14:1	S6702
Fatty acids, total polyunsaturated	S6702
20:2 n-6 c,c	S6702
18:1-11t (18:1t n-7)	S6702
Total lipid (fat)	S6702
Water	S6702
Potassium, K	S6702
Pantothenic acid	S6702
Vitamin B-6	S6702
Vitamin B-12	S6702
Vitamin K (phylloquinone)	S14
Cystine	S6702
Tyrosine	S6702
Valine	S6702
Arginine	S6702
Fatty acids, total trans	S6702
16:0	S6702
20:5 n-3 (EPA)	S6702
Thiamin	S6702

NDB No. 13499 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean only, trimmed to 0" fat, select, raw

Choline, total	S6702
Phenylalanine	S6702
18:0	S6702
18:2 undifferentiated	S6702
18:3 undifferentiated	S6702
24:0	S6702
Phosphorus, P	S6702
Betaine	S6702
Aspartic acid	S6702
Glycine	S6702
Fatty acids, total saturated	S6702
20:4 undifferentiated	S6702
16:1 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
18:2 n-6 c,c	S6702

NDB No. 13500 Beef, shoulder top blade steak, boneless, separable lean only, trimmed to 0" fat, all grades, cooked, grilled

Betaine	S6702
Serine	S6702
20:1	S6702
Fatty acids, total polyunsaturated	S6702
18:2 CLAs	S6702
Fatty acids, total trans-monoenoic	S6702
Total lipid (fat)	S6702
Potassium, K	S6702
Copper, Cu	S6702
Vitamin B-6	S6702
Vitamin B-12	S6702
Isoleucine	S6702
Cystine	S6702
Glutamic acid	S6702
Cholesterol	S6702
14:0	S6702
Fatty acids, total	S6702

NDB No. 13500 Beef, shoulder top blade steak, boneless, separable lean only, trimmed to 0" fat, all grades, cooked, grilled

monounsaturated	
20:2 n-6 c,c	S6702
18:3 n-3 c,c,c (ALA)	S6702
18:1-11t (18:1t n-7)	S6702
Vitamin E (alpha-tocopherol)	S6702
Niacin	S6702
Threonine	S6702
Phenylalanine	S6702
20:0	S6702
18:2 undifferentiated	S6702
Protein	S6702
Magnesium, Mg	S6702
Riboflavin	S6702
Vitamin K (phylloquinone)	S14
Arginine	S6702
Histidine	S6702
Proline	S6702
Fatty acids, total saturated	S6702
16:0	S6702
18:0	S6702
18:3 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
18:2 n-6 c,c	S6702
Iron, Fe	S6702
Phosphorus, P	S6702
Aspartic acid	S6702
18:1 undifferentiated	S6702
14:1	S6702
20:5 n-3 (EPA)	S6702
17:0	S6702
24:0	S6702
17:1	S6702
Sodium, Na	S6702
Thiamin	S6702
Leucine	S6702
Lysine	S6702
Alanine	S6702

NDB No. 13500	Beef, shoulder top blade steak, boneless, separable lean only, trimmed to 0" fat, all grades, cooked, grilled
Glycine	S6702
20:4 undifferentiated	S6702
Water	S6702
Manganese, Mn	S6702
Pantothenic acid	S6702
Choline, total	S6702
Tryptophan	S6702
Methionine	S6702
Valine	S6702
Fatty acids, total trans	S6702
16:1 undifferentiated	S6702
Ash	S6702
Calcium, Ca	S6702
Zinc, Zn	S6702
Selenium, Se	S6702
Tyrosine	S6702
22:6 n-3 (DHA)	S6702
18:1 t	S6702
18:1 c	S6702

NDB No. 13501	Beef, shoulder top blade steak, boneless, separable lean only, trimmed to 0" fat, choice, cooked, grilled
Water	S6702
Iron, Fe	S6702
Phosphorus, P	S6702
Threonine	S6702
Isoleucine	S6702
Lysine	S6702
Alanine	S6702
Aspartic acid	S6702
Fatty acids, total trans	S6702
18:3 undifferentiated	S6702
20:4 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
20:5 n-3 (EPA)	S6702
17:0	S6702

NDB No. 13501 Beef, shoulder top blade steak, boneless, separable lean only, trimmed to 0" fat, choice, cooked, grilled

24:0	S6702
Sodium, Na	S6702
Proline	S6702
20:0	S6702
14:1	S6702
22:5 n-3 (DPA)	S6702
18:3 n-3 c,c,c (ALA)	S6702
18:1-11t (18:1t n-7)	S6702
Total lipid (fat)	S6702
Valine	S6702
Histidine	S6702
Glycine	S6702
16:0	S6702
18:2 undifferentiated	S6702
Fatty acids, total polyunsaturated	S6702
18:2 CLAs	S6702
Protein	S6702
Ash	S6702
Calcium, Ca	S6702
Riboflavin	S6702
Niacin	S6702
Vitamin K (phylloquinone)	S14
Leucine	S6702
Methionine	S6702
Glutamic acid	S6702
Fatty acids, total saturated	S6702
20:1	S6702
Zinc, Zn	S6702
Selenium, Se	S6702
Thiamin	S6702
Betaine	S6702
Tryptophan	S6702
Cystine	S6702
Serine	S6702
14:0	S6702
18:1 undifferentiated	S6702
18:1 t	S6702

NDB No. 13501 Beef, shoulder top blade steak, boneless, separable lean only, trimmed to 0" fat, choice, cooked, grilled

Fatty acids, total trans-monoenoic	S6702
Magnesium, Mg	S6702
Vitamin E (alpha-tocopherol)	S6702
Phenylalanine	S6702
20:2 n-6 c,c	S6702
Potassium, K	S6702
Choline, total	S6702
Tyrosine	S6702
18:0	S6702
Fatty acids, total monounsaturated	S6702
18:1 c	S6702
18:2 n-6 c,c	S6702
Copper, Cu	S6702
Manganese, Mn	S6702
Pantothenic acid	S6702
Vitamin B-6	S6702
Vitamin B-12	S6702
Arginine	S6702
Cholesterol	S6702
16:1 undifferentiated	S6702
17:1	S6702

NDB No. 13502 Beef, shoulder top blade steak, boneless, separable lean only, trimmed to 0" fat, select, cooked, grilled

Total lipid (fat)	S6702
Calcium, Ca	S6702
Iron, Fe	S6702
Vitamin E (alpha-tocopherol)	S6702
Betaine	S6702
Tryptophan	S6702
Cystine	S6702
Phenylalanine	S6702
Glutamic acid	S6702
14:0	S6702
20:0	S6702

NDB No. 13502 Beef, shoulder top blade steak, boneless, separable lean only, trimmed to 0" fat, select, cooked, grilled

22:5 n-3 (DPA)	S6702
Fatty acids, total monounsaturated	S6702
17:1	S6702
Fatty acids, total trans-monoenoic	S6702
Magnesium, Mg	S6702
22:6 n-3 (DHA)	S6702
Zinc, Zn	S6702
Thiamin	S6702
Riboflavin	S6702
Niacin	S6702
Vitamin B-6	S6702
Vitamin B-12	S6702
Vitamin K (phylloquinone)	S14
Tyrosine	S6702
Proline	S6702
Cholesterol	S6702
16:1 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
Water	S6702
Copper, Cu	S6702
Fatty acids, total saturated	S6702
18:0	S6702
20:1	S6702
17:0	S6702
Phosphorus, P	S6702
Potassium, K	S6702
Methionine	S6702
Arginine	S6702
Serine	S6702
18:3 undifferentiated	S6702
24:0	S6702
18:1 t	S6702
18:2 CLAs	S6702
18:1 c	S6702
18:2 n-6 c,c	S6702

NDB No. 13502 Beef, shoulder top blade steak, boneless, separable lean only, trimmed to 0" fat, select, cooked, grilled

Protein	S6702
Ash	S6702
Choline, total	S6702
Lysine	S6702
Fatty acids, total trans	S6702
18:1 undifferentiated	S6702
Fatty acids, total polyunsaturated	S6702
Sodium, Na	S6702
Manganese, Mn	S6702
Selenium, Se	S6702
Isoleucine	S6702
Leucine	S6702
Valine	S6702
Histidine	S6702
Aspartic acid	S6702
Glycine	S6702
18:2 undifferentiated	S6702
14:1	S6702
20:2 n-6 c,c	S6702
18:1-11t (18:1t n-7)	S6702
Pantothenic acid	S6702
Threonine	S6702
Alanine	S6702
16:0	S6702
20:4 undifferentiated	S6702
18:3 n-3 c,c,c (ALA)	S6702

NDB No. 13519 Beef, shoulder top blade steak, boneless, separable lean only, trimmed to 0" fat, all grades, raw

Protein	S6702
Total lipid (fat)	S6702
Copper, Cu	S6702
Vitamin E (alpha-tocopherol)	S6702
Vitamin K (phylloquinone)	S14
18:0	S6702
20:0	S6702
18:1 undifferentiated	S6702

NDB No. 13519 Beef, shoulder top blade steak, boneless, separable lean only, trimmed to 0" fat, all grades, raw

Fatty acids, total polyunsaturated	S6702
17:0	S6702
24:0	S6702
20:2 n-6 c,c	S6702
18:1 c	S6702
Magnesium, Mg	S6702
Aspartic acid	S6702
Fatty acids, total trans	S6702
20:4 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
16:1 undifferentiated	S6702
18:1 t	S6702
Calcium, Ca	S6702
Zinc, Zn	S6702
Selenium, Se	S6702
Riboflavin	S6702
Vitamin B-6	S6702
Threonine	S6702
Cystine	S6702
Serine	S6702
22:5 n-3 (DPA)	S6702
18:2 n-6 c,c	S6702
Niacin	S6702
Tyrosine	S6702
Arginine	S6702
Fatty acids, total saturated	S6702
18:2 undifferentiated	S6702
18:3 undifferentiated	S6702
Iron, Fe	S6702
Potassium, K	S6702
Vitamin B-12	S6702
Valine	S6702
Alanine	S6702
Glutamic acid	S6702
Glycine	S6702
Proline	S6702
Cholesterol	S6702

NDB No. 13519 Beef, shoulder top blade steak, boneless, separable lean only, trimmed to 0" fat, all grades, raw

18:1-11t (18:1t n-7)	S6702
Thiamin	S6702
Pantothenic acid	S6702
Betaine	S6702
Phenylalanine	S6702
Histidine	S6702
20:1	S6702
20:5 n-3 (EPA)	S6702
18:2 CLAs	S6702
Fatty acids, total trans-monoenoic	S6702
Ash	S6702
Water	S6702
Phosphorus, P	S6702
Sodium, Na	S6702
Choline, total	S6702
Tryptophan	S6702
Isoleucine	S6702
Lysine	S6702
Methionine	S6702
16:0	S6702
Fatty acids, total monounsaturated	S6702
18:3 n-3 c,c,c (ALA)	S6702
Manganese, Mn	S6702
Leucine	S6702
14:0	S6702
14:1	S6702
17:1	S6702

NDB No. 13520 Beef, shoulder top blade steak, boneless, separable lean only, trimmed to 0" fat, choice, raw

Vitamin E (alpha-tocopherol)	S6702
Aspartic acid	S6702
Glutamic acid	S6702
17:0	S6702
Fatty acids, total trans-monoenoic	S6702
Protein	S6702

NDB No. 13520 Beef, shoulder top blade steak, boneless, separable lean only, trimmed to 0" fat, choice, raw

Total lipid (fat)	S6702
Water	S6702
Iron, Fe	S6702
Selenium, Se	S6702
Pantothenic acid	S6702
Choline, total	S6702
Serine	S6702
16:0	S6702
Copper, Cu	S6702
Manganese, Mn	S6702
Niacin	S6702
Threonine	S6702
Tyrosine	S6702
Valine	S6702
Arginine	S6702
Histidine	S6702
20:0	S6702
22:6 n-3 (DHA)	S6702
14:1	S6702
16:1 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
22:5 n-3 (DPA)	S6702
Fatty acids, total polyunsaturated	S6702
18:2 n-6 c,c	S6702
Phosphorus, P	S6702
Betaine	S6702
Tryptophan	S6702
Isoleucine	S6702
Phenylalanine	S6702
18:0	S6702
18:2 undifferentiated	S6702
18:3 undifferentiated	S6702
18:1 t	S6702
Ash	S6702
Sodium, Na	S6702
Thiamin	S6702
Vitamin B-6	S6702

NDB No. 13520 Beef, shoulder top blade steak, boneless, separable lean only, trimmed to 0" fat, choice, raw

Vitamin K (phylloquinone)	S14
Leucine	S6702
20:4 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
17:1	S6702
Calcium, Ca	S6702
Vitamin B-12	S6702
Lysine	S6702
Methionine	S6702
Cystine	S6702
Alanine	S6702
18:1 undifferentiated	S6702
18:3 n-3 c,c,c (ALA)	S6702
Magnesium, Mg	S6702
Riboflavin	S6702
Proline	S6702
Cholesterol	S6702
20:1	S6702
24:0	S6702
18:2 CLAs	S6702
18:1 c	S6702
Potassium, K	S6702
Zinc, Zn	S6702
Glycine	S6702
Fatty acids, total trans	S6702
Fatty acids, total saturated	S6702
14:0	S6702
20:2 n-6 c,c	S6702
18:1-11t (18:1t n-7)	S6702

NDB No. 13523 Beef, shoulder top blade steak, boneless, separable lean only, trimmed to 0" fat, select, raw

Water	S6702
Vitamin B-12	S6702
Lysine	S6702
Methionine	S6702
Cystine	S6702

NDB No. 13523 Beef, shoulder top blade steak, boneless, separable lean only, trimmed to 0" fat, select, raw

14:0	S6702
20:2 n-6 c,c	S6702
Calcium, Ca	S6702
Sodium, Na	S6702
Selenium, Se	S6702
Vitamin K (phylloquinone)	S14
Tryptophan	S6702
Phenylalanine	S6702
Fatty acids, total polyunsaturated	S6702
Fatty acids, total trans-monoenoic	S6702
Zinc, Zn	S6702
Alanine	S6702
Proline	S6702
16:0	S6702
20:4 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
17:1	S6702
Betaine	S6702
Serine	S6702
Cholesterol	S6702
18:3 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
22:5 n-3 (DPA)	S6702
18:1 t	S6702
Magnesium, Mg	S6702
Manganese, Mn	S6702
Tyrosine	S6702
Glycine	S6702
20:0	S6702
17:0	S6702
24:0	S6702
Potassium, K	S6702
Copper, Cu	S6702
Niacin	S6702
Threonine	S6702
Aspartic acid	S6702

NDB No. 13523 Beef, shoulder top blade steak, boneless, separable lean only, trimmed to 0" fat, select, raw

Fatty acids, total trans	S6702
18:0	S6702
18:1 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
14:1	S6702
Ash	S6702
Iron, Fe	S6702
Thiamin	S6702
Riboflavin	S6702
Pantothenic acid	S6702
Vitamin B-6	S6702
Choline, total	S6702
Isoleucine	S6702
Arginine	S6702
Histidine	S6702
Glutamic acid	S6702
16:1 undifferentiated	S6702
20:1	S6702
18:2 n-6 c,c	S6702
18:3 n-3 c,c,c (ALA)	S6702
Protein	S6702
Total lipid (fat)	S6702
Phosphorus, P	S6702
Vitamin E (alpha-tocopherol)	S6702
Leucine	S6702
Valine	S6702
Fatty acids, total saturated	S6702
18:2 undifferentiated	S6702
18:2 CLAs	S6702
18:1 c	S6702
18:1-11t (18:1t n-7)	S6702

NDB No. 13595 Beef, brisket, flat half, boneless separable lean only, trimmed to 0" fat, all grades, raw

Total lipid (fat)	S6702
Thiamin	S6702
Pantothenic acid	S6702

NDB No. 13595 Beef, brisket, flat half, boneless separable lean only, trimmed to 0" fat, all grades, raw

Histidine	S6702
Alanine	S6702
Serine	S6702
14:1	S6702
16:1 undifferentiated	S6702
Calcium, Ca	S6702
Sodium, Na	S6702
Zinc, Zn	S6702
Vitamin E (alpha-tocopherol)	S6702
Vitamin B-12	S6702
Threonine	S6702
Tyrosine	S6702
Proline	S6702
16:0	S6702
18:0	S6702
Fatty acids, total trans-monoenoic	S6702
Water	S6702
Iron, Fe	S6702
Magnesium, Mg	S6702
18:1 undifferentiated	S6702
20:4 undifferentiated	S6702
Protein	S6702
Phosphorus, P	S6702
Copper, Cu	S6702
Selenium, Se	S6702
Valine	S6702
Fatty acids, total saturated	S6702
20:0	S6702
22:6 n-3 (DHA)	S6702
Fatty acids, total monounsaturated	S6702
Fatty acids, total polyunsaturated	S6702
17:1	S6702
Manganese, Mn	S6702
Vitamin K (phylloquinone)	S14
Tryptophan	S6702
Isoleucine	S6702

NDB No. 13595 Beef, brisket, flat half, boneless separable lean only, trimmed to 0" fat, all grades, raw

Leucine	S6702
Glycine	S6702
20:5 n-3 (EPA)	S6702
24:0	S6702
18:1 t	S6702
18:2 CLAs	S6702
Betaine	S6702
Lysine	S6702
Aspartic acid	S6702
20:1	S6702
20:2 n-6 c,c	S6702
Ash	S6702
Potassium, K	S6702
Vitamin B-6	S6702
Choline, total	S6702
Methionine	S6702
Cystine	S6702
Phenylalanine	S6702
Glutamic acid	S6702
Cholesterol	S6702
18:2 undifferentiated	S6702
18:3 undifferentiated	S6702
18:2 n-6 c,c	S6702
Riboflavin	S6702
Niacin	S6702
Arginine	S6702
Fatty acids, total trans	S6702
14:0	S6702
22:5 n-3 (DPA)	S6702
17:0	S6702
18:1 c	S6702
18:3 n-3 c,c,c (ALA)	S6702
18:1-11t (18:1t n-7)	S6702

NDB No. 13596 Beef, brisket, flat half, boneless, separable lean only, trimmed to 0" fat, choice, raw

Iron, Fe	S6702

NDB No. 13596 Beef, brisket, flat half, boneless, separable lean only, trimmed to 0" fat, choice, raw

Phosphorus, P	S6702
Manganese, Mn	S6702
Betaine	S6702
Isoleucine	S6702
Cholesterol	S6702
Fatty acids, total saturated	S6702
18:2 undifferentiated	S6702
20:1	S6702
20:5 n-3 (EPA)	S6702
Total lipid (fat)	S6702
Zinc, Zn	S6702
Vitamin K (phylloquinone)	S14
Tryptophan	S6702
Methionine	S6702
Alanine	S6702
Proline	S6702
18:1 undifferentiated	S6702
18:3 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
Fatty acids, total polyunsaturated	S6702
18:2 CLAs	S6702
Riboflavin	S6702
Pantothenic acid	S6702
Cystine	S6702
Phenylalanine	S6702
Glutamic acid	S6702
Glycine	S6702
16:0	S6702
16:1 undifferentiated	S6702
18:1 c	S6702
17:1	S6702
Fatty acids, total trans-monoenoic	S6702
Ash	S6702
Sodium, Na	S6702
Thiamin	S6702
Choline, total	S6702
Leucine	S6702

NDB No. 13596 Beef, brisket, flat half, boneless, separable lean only, trimmed to 0" fat, choice, raw

Arginine	S6702
14:0	S6702
18:0	S6702
Protein	S6702
Magnesium, Mg	S6702
Potassium, K	S6702
Vitamin E (alpha-tocopherol)	S6702
Histidine	S6702
Aspartic acid	S6702
Fatty acids, total trans	S6702
18:3 n-3 c,c,c (ALA)	S6702
Water	S6702
Tyrosine	S6702
20:4 undifferentiated	S6702
20:2 n-6 c,c	S6702
18:2 n-6 c,c	S6702
Calcium, Ca	S6702
Selenium, Se	S6702
Vitamin B-12	S6702
Threonine	S6702
Serine	S6702
20:0	S6702
22:6 n-3 (DHA)	S6702
17:0	S6702
18:1-11t (18:1t n-7)	S6702
Copper, Cu	S6702
Niacin	S6702
Vitamin B-6	S6702
Lysine	S6702
Valine	S6702
14:1	S6702
Fatty acids, total monounsaturated	S6702
24:0	S6702
18:1 t	S6702

NDB No. 13597 Beef, brisket, flat half, boneless, separable lean only, trimmed to 0" fat, select, raw

NDB No. 13597 Beef, brisket, flat half, boneless, separable lean only, trimmed to 0" fat, select, raw

Ash	S6702
Phosphorus, P	S6702
Vitamin E (alpha-tocopherol)	S6702
Thiamin	S6702
Pantothenic acid	S6702
Glutamic acid	S6702
14:1	S6702
Fatty acids, total trans-monoenoic	S6702
18:1-11t (18:1t n-7)	S6702
Total lipid (fat)	S6702
Sodium, Na	S6702
Copper, Cu	S6702
Selenium, Se	S6702
Riboflavin	S6702
Tyrosine	S6702
Proline	S6702
20:0	S6702
18:1 undifferentiated	S6702
16:1 undifferentiated	S6702
Water	S6702
Vitamin K (phylloquinone)	S14
Tryptophan	S6702
Serine	S6702
Cholesterol	S6702
16:0	S6702
20:4 undifferentiated	S6702
20:1	S6702
22:5 n-3 (DPA)	S6702
18:3 n-3 c,c,c (ALA)	S6702
Magnesium, Mg	S6702
Zinc, Zn	S6702
Niacin	S6702
Vitamin B-12	S6702
18:2 undifferentiated	S6702
24:0	S6702
Protein	S6702
Iron, Fe	S6702

NDB No. 13597 Beef, brisket, flat half, boneless, separable lean only, trimmed to 0" fat, select, raw

Choline, total	S6702
Betaine	S6702
Fatty acids, total saturated	S6702
20:5 n-3 (EPA)	S6702
18:1 c	S6702
Manganese, Mn	S6702
Lysine	S6702
Phenylalanine	S6702
Arginine	S6702
Aspartic acid	S6702
14:0	S6702
17:0	S6702
20:2 n-6 c,c	S6702
17:1	S6702
Vitamin B-6	S6702
Valine	S6702
Glycine	S6702
Fatty acids, total trans	S6702
18:0	S6702
Fatty acids, total polyunsaturated	S6702
Calcium, Ca	S6702
Potassium, K	S6702
Threonine	S6702
Isoleucine	S6702
Leucine	S6702
Methionine	S6702
Cystine	S6702
Histidine	S6702
Alanine	S6702
18:3 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
Fatty acids, total monounsaturated	S6702
18:1 t	S6702
18:2 CLAs	S6702
18:2 n-6 c,c	S6702

NDB No. 13598 Beef, shoulder top blade steak, boneless, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

Zinc, Zn	S6702
Thiamin	S6702
Glutamic acid	S6702
Glycine	S6702
22:6 n-3 (DHA)	S6702
22:5 n-3 (DPA)	S6702
18:2 CLAs	S6702
18:3 n-3 c,c,c (ALA)	S6702
Protein	S6702
Copper, Cu	S6702
Vitamin E (alpha-tocopherol)	S6702
Niacin	S6702
Aspartic acid	S6702
Proline	S6702
Serine	S6702
Cholesterol	S6702
18:3 undifferentiated	S6702
20:1	S6702
24:0	S6702
17:1	S6702
Water	S6702
Phosphorus, P	S6702
Potassium, K	S6702
Betaine	S6702
Arginine	S6702
Alanine	S6702
Fatty acids, total trans	S6702
18:0	S6702
18:2 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
16:1 c	S6702
Total lipid (fat)	S6702
Phenylalanine	S6702
14:1	S6702
16:1 undifferentiated	S6702
Fatty acids, total polyunsaturated	S6702

NDB No. 13598 Beef, shoulder top blade steak, boneless, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

18:1 c	S6702
Iron, Fe	S6702
Magnesium, Mg	S6702
Selenium, Se	S6702
Vitamin B-6	S6702
Vitamin K (phylloquinone)	S14
Tryptophan	S6702
Leucine	S6702
Histidine	S6702
Fatty acids, total saturated	S6702
14:0	S6702
16:0	S6702
Threonine	S6702
Lysine	S6702
Tyrosine	S6702
18:1 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
17:0	S6702
18:1-11t (18:1t n-7)	S6702
Ash	S6702
Manganese, Mn	S6702
Riboflavin	S6702
Choline, total	S6702
Isoleucine	S6702
Cystine	S6702
20:2 n-6 c,c	S6702
Fatty acids, total trans-monoenoic	S6702
Calcium, Ca	S6702
Sodium, Na	S6702
Pantothenic acid	S6702
Vitamin B-12	S6702
Methionine	S6702
Valine	S6702
20:0	S6702
20:4 undifferentiated	S6702
18:1 t	S6702

NDB No. 13598 Beef, shoulder top blade steak, boneless, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

18:2 n-6 c,c	S6702

NDB No. 13647 Beef, shoulder pot roast or steak, boneless, separable lean only, trimmed to 0" fat, all grades, raw

Vitamin D3 (cholecalciferol)	S6702
Phenylalanine	S6702
Aspartic acid	S6702
Ash	S6702
Water	S6702
Phosphorus, P	S6702
Selenium, Se	S6702
Cholesterol	S6702
18:1 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
18:2 n-6 c,c	S6702
Sodium, Na	S6702
Tryptophan	S6702
Cystine	S6702
14:0	S6702
20:4 undifferentiated	S6702
17:0	S6702
24:0	S6702
18:1-11t (18:1t n-7)	S6702
Protein	S6702
Potassium, K	S6702
Manganese, Mn	S6702
Vitamin D	S6702
Riboflavin	S6702
Vitamin K (phylloquinone)	S14
Betaine	S6702
Lysine	S6702
Tyrosine	S6702
22:5 n-3 (DPA)	S6702
18:1 t	S6702
20:2 n-6 c,c	S6702
17:1	S6702
Iron, Fe	S6702

NDB No. 13647 Beef, shoulder pot roast or steak, boneless, separable lean only, trimmed to 0" fat, all grades, raw

Vitamin B-6	S6702
Methionine	S6702
Glutamic acid	S6702
Fatty acids, total saturated	S6702
20:0	S6702
20:5 n-3 (EPA)	S6702
Fatty acids, total monounsaturated	S6702
18:1 c	S6702
Total lipid (fat)	S6702
Magnesium, Mg	S6702
Niacin	S6702
Choline, total	S6702
Threonine	S6702
Valine	S6702
Histidine	S6702
Serine	S6702
16:0	S6702
18:2 undifferentiated	S6702
20:1	S6702
Zinc, Zn	S6702
Copper, Cu	S6702
Vitamin E (alpha-tocopherol)	S6702
Thiamin	S6702
Vitamin B-12	S6702
Arginine	S6702
Glycine	S6702
Fatty acids, total trans	S6702
16:1 undifferentiated	S6702
Fatty acids, total polyunsaturated	S6702
Fatty acids, total trans-monoenoic	S6702
Calcium, Ca	S6702
Pantothenic acid	S6702
Isoleucine	S6702
Leucine	S6702
Alanine	S6702
Proline	S6702

NDB No. 13647 Beef, shoulder pot roast or steak, boneless, separable lean only, trimmed to 0" fat, all grades, raw

18:0	S6702
18:3 undifferentiated	S6702
14:1	S6702
18:2 CLAs	S6702
18:3 n-3 c,c,c (ALA)	S6702

NDB No. 13648 Beef, shoulder pot roast or steak, boneless, separable lean only, trimmed to 0" fat, choice, raw

Ash	S6702
Water	S6702
Vitamin E (alpha-tocopherol)	S6702
Vitamin B-6	S6702
Vitamin B-12	S6702
Lysine	S6702
Histidine	S6702
Cholesterol	S6702
16:0	S6702
16:1 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
18:2 n-6 c,c	S6702
18:3 n-3 c,c,c (ALA)	S6702
Magnesium, Mg	S6702
Zinc, Zn	S6702
Vitamin D	S6702
Pantothenic acid	S6702
Isoleucine	S6702
Leucine	S6702
Phenylalanine	S6702
Tyrosine	S6702
20:0	S6702
17:0	S6702
17:1	S6702
18:1-11t (18:1t n-7)	S6702
Calcium, Ca	S6702
Riboflavin	S6702
Cystine	S6702
Alanine	S6702

NDB No. 13648 Beef, shoulder pot roast or steak, boneless, separable lean only, trimmed to 0" fat, choice, raw

18:1 undifferentiated	S6702
18:2 undifferentiated	S6702
Fatty acids, total polyunsaturated	S6702
18:1 c	S6702
Niacin	S6702
Betaine	S6702
Methionine	S6702
Proline	S6702
Protein	S6702
Potassium, K	S6702
Copper, Cu	S6702
Selenium, Se	S6702
Choline, total	S6702
20:4 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
22:5 n-3 (DPA)	S6702
Sodium, Na	S6702
Manganese, Mn	S6702
Aspartic acid	S6702
Glutamic acid	S6702
Glycine	S6702
Serine	S6702
14:0	S6702
22:6 n-3 (DHA)	S6702
14:1	S6702
20:1	S6702
18:2 CLAs	S6702
20:2 n-6 c,c	S6702
Iron, Fe	S6702
Phosphorus, P	S6702
Thiamin	S6702
Threonine	S6702
Valine	S6702
Arginine	S6702
Fatty acids, total trans	S6702
24:0	S6702
Fatty acids, total trans-monoenoic	S6702

NDB No. 13648 Beef, shoulder pot roast or steak, boneless, separable lean only, trimmed to 0" fat, choice, raw

Total lipid (fat)	S6702
Vitamin D3 (cholecalciferol)	S6702
Vitamin K (phylloquinone)	S14
Tryptophan	S6702
Fatty acids, total saturated	S6702
18:0	S6702
18:3 undifferentiated	S6702
18:1 t	S6702

NDB No. 13649 Beef, shoulder pot roast or steak, boneless, separable lean only, trimmed to 0" fat, select, raw

Total lipid (fat)	S6702
Magnesium, Mg	S6702
Phosphorus, P	S6702
Alanine	S6702
Proline	S6702
Fatty acids, total trans	S6702
20:1	S6702
Vitamin D3 (cholecalciferol)	S6702
Valine	S6702
Serine	S6702
22:5 n-3 (DPA)	S6702
Fatty acids, total monounsaturated	S6702
Fatty acids, total polyunsaturated	S6702
20:2 n-6 c,c	S6702
18:3 n-3 c,c,c (ALA)	S6702
Ash	S6702
Threonine	S6702
Arginine	S6702
16:0	S6702
18:3 undifferentiated	S6702
14:1	S6702
20:5 n-3 (EPA)	S6702
18:2 CLAs	S6702
18:2 n-6 c,c	S6702
Potassium, K	S6702
Sodium, Na	S6702

NDB No. 13649 Beef, shoulder pot roast or steak, boneless, separable lean only, trimmed to 0" fat, select, raw

Zinc, Zn	S6702
Manganese, Mn	S6702
Thiamin	S6702
Riboflavin	S6702
Tyrosine	S6702
18:1 undifferentiated	S6702
20:4 undifferentiated	S6702
Vitamin B-12	S6702
Cystine	S6702
Glutamic acid	S6702
18:0	S6702
20:0	S6702
22:6 n-3 (DHA)	S6702
16:1 undifferentiated	S6702
17:0	S6702
18:1 t	S6702
18:1 c	S6702
18:1-11t (18:1t n-7)	S6702
Vitamin D	S6702
Leucine	S6702
Methionine	S6702
Fatty acids, total saturated	S6702
18:2 undifferentiated	S6702
17:1	S6702
Water	S6702
Calcium, Ca	S6702
Iron, Fe	S6702
Selenium, Se	S6702
Vitamin E (alpha-tocopherol)	S6702
Pantothenic acid	S6702
Vitamin B-6	S6702
Choline, total	S6702
Isoleucine	S6702
Lysine	S6702
Histidine	S6702
Aspartic acid	S6702
14:0	S6702

NDB No. 13649 Beef, shoulder pot roast or steak, boneless, separable lean only, trimmed to 0" fat, select, raw

Fatty acids, total trans-monoenoic	S6702
Protein	S6702
Copper, Cu	S6702
Niacin	S6702
Vitamin K (phylloquinone)	S14
Betaine	S6702
Tryptophan	S6702
Phenylalanine	S6702
Glycine	S6702
Cholesterol	S6702
24:0	S6702

NDB No. 13650 Beef, shoulder top blade steak, boneless, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

Iron, Fe	S6702
Pantothenic acid	S6702
Methionine	S6702
Tyrosine	S6702
Glutamic acid	S6702
Glycine	S6702
Serine	S6702
20:0	S6702
14:1	S6702
16:1 c	S6702
18:3 n-3 c,c,c (ALA)	S6702
Riboflavin	S6702
Vitamin K (phylloquinone)	S14
Isoleucine	S6702
Lysine	S6702
Phenylalanine	S6702
18:3 undifferentiated	S6702
20:1	S6702
18:2 n-6 c,c	S6702
18:1-11t (18:1t n-7)	S6702
Magnesium, Mg	S6702
Vitamin B-12	S6702

NDB No. 13650 Beef, shoulder top blade steak, boneless, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

Cystine	S6702
Proline	S6702
Cholesterol	S6702
18:1 undifferentiated	S6702
18:2 undifferentiated	S6702
18:2 CLAs	S6702
Water	S6702
Calcium, Ca	S6702
Vitamin B-6	S6702
Leucine	S6702
Arginine	S6702
Histidine	S6702
Alanine	S6702
18:0	S6702
20:4 undifferentiated	S6702
Fatty acids, total trans-monoenoic	S6702
Protein	S6702
Niacin	S6702
Tryptophan	S6702
Aspartic acid	S6702
14:0	S6702
16:0	S6702
Phosphorus, P	S6702
Potassium, K	S6702
Zinc, Zn	S6702
Copper, Cu	S6702
Thiamin	S6702
Choline, total	S6702
Betaine	S6702
Fatty acids, total trans	S6702
20:2 n-6 c,c	S6702
17:1	S6702
Total lipid (fat)	S6702
Sodium, Na	S6702
Selenium, Se	S6702
Valine	S6702

NDB No. 13650 Beef, shoulder top blade steak, boneless, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

22:6 n-3 (DHA)	S6702
16:1 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
17:0	S6702
24:0	S6702
Ash	S6702
Manganese, Mn	S6702
Vitamin E (alpha-tocopherol)	S6702
Threonine	S6702
Fatty acids, total saturated	S6702
20:5 n-3 (EPA)	S6702
22:5 n-3 (DPA)	S6702
Fatty acids, total polyunsaturated	S6702
18:1 t	S6702
18:1 c	S6702

NDB No. 13786 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean and fat, trimmed to 0" fat, all grades, raw

Vitamin E (alpha-tocopherol)	S6702
Vitamin B-6	S6702
Tryptophan	S6702
Threonine	S6702
Leucine	S6702
Methionine	S6702
Glycine	S6702
16:0	S6702
22:6 n-3 (DHA)	S6702
22:5 n-3 (DPA)	S6702
20:2 n-6 c,c	S6702
Total lipid (fat)	S6702
Water	S6702
Calcium, Ca	S6702
Zinc, Zn	S6702
Manganese, Mn	S6702
Selenium, Se	S6702
Pantothenic acid	S6702

NDB No. 13786 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean and fat, trimmed to 0" fat, all grades, raw

Betaine	S6702
Phenylalanine	S6702
Tyrosine	S6702
Valine	S6702
Arginine	S6702
16:1 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
Fatty acids, total monounsaturated	S6702
18:1 t	S6702
16:1 c	S6702
18:1 c	S6702
Magnesium, Mg	S6702
Sodium, Na	S6702
Vitamin B-12	S6702
Cystine	S6702
Fatty acids, total trans	S6702
18:0	S6702
20:0	S6702
18:3 undifferentiated	S6702
17:0	S6702
18:2 n-6 c,c	S6702
Fatty acids, total trans-monoenoic	S6702
18:1-11t (18:1t n-7)	S6702
Ash	S6702
Phosphorus, P	S6702
Potassium, K	S6702
Lysine	S6702
Alanine	S6702
Glutamic acid	S6702
Serine	S6702
18:1 undifferentiated	S6702
Fatty acids, total polyunsaturated	S6702
Protein	S6702
Thiamin	S6702
Choline, total	S6702

NDB No. 13786 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean and fat, trimmed to 0" fat, all grades, raw

Vitamin K (phylloquinone)	S14
Histidine	S6702
18:2 undifferentiated	S6702
20:1	S6702
18:3 n-3 c,c,c (ALA)	S6702
Iron, Fe	S6702
Copper, Cu	S6702
Riboflavin	S6702
Niacin	S6702
Isoleucine	S6702
24:0	S6702
17:1	S6702
Cholesterol	S6702
14:1	S6702
18:2 CLAs	S6702
Aspartic acid	S6702
Proline	S6702
Fatty acids, total saturated	S6702
14:0	S6702
20:4 undifferentiated	S6702

NDB No. 13788 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean and fat, trimmed to 0" fat, choice, raw

Ash	S6702
Magnesium, Mg	S6702
Potassium, K	S6702
Choline, total	S6702
Methionine	S6702
Phenylalanine	S6702
16:1 undifferentiated	S6702
Thiamin	S6702
Riboflavin	S6702
Vitamin B-12	S6702
Tryptophan	S6702
Isoleucine	S6702
Fatty acids, total saturated	S6702

NDB No. 13788 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean and fat, trimmed to 0" fat, choice, raw

14:0	S6702
18:1 undifferentiated	S6702
18:2 undifferentiated	S6702
14:1	S6702
20:5 n-3 (EPA)	S6702
17:0	S6702
Protein	S6702
Total lipid (fat)	S6702
Iron, Fe	S6702
Betaine	S6702
Lysine	S6702
Histidine	S6702
Alanine	S6702
Fatty acids, total trans	S6702
20:1	S6702
24:0	S6702
20:2 n-6 c,c	S6702
Vitamin E (alpha-tocopherol)	S6702
Niacin	S6702
Vitamin B-6	S6702
Threonine	S6702
Proline	S6702
Fatty acids, total monounsaturated	S6702
18:2 CLAs	S6702
18:2 n-6 c,c	S6702
17:1	S6702
Water	S6702
Manganese, Mn	S6702
Cystine	S6702
Valine	S6702
16:0	S6702
16:1 c	S6702
18:1-11t (18:1t n-7)	S6702
Calcium, Ca	S6702
Zinc, Zn	S6702
Copper, Cu	S6702

NDB No. 13788 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean and fat, trimmed to 0" fat, choice, raw

Pantothenic acid	S6702
Vitamin K (phylloquinone)	S14
Leucine	S6702
Fatty acids, total polyunsaturated	S6702
18:1 t	S6702
18:1 c	S6702
Fatty acids, total trans-monoenoic	S6702
Sodium, Na	S6702
Selenium, Se	S6702
Arginine	S6702
Aspartic acid	S6702
Glutamic acid	S6702
Glycine	S6702
18:0	S6702
22:5 n-3 (DPA)	S6702
18:3 n-3 c,c,c (ALA)	S6702
Phosphorus, P	S6702
Tyrosine	S6702
Serine	S6702
Cholesterol	S6702
20:0	S6702
18:3 undifferentiated	S6702
20:4 undifferentiated	S6702
22:6 n-3 (DHA)	S6702

NDB No. 13791 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean and fat, trimmed to 0" fat, select, raw

Calcium, Ca	S6702
Phosphorus, P	S6702
Potassium, K	S6702
Sodium, Na	S6702
Copper, Cu	S6702
Pantothenic acid	S6702
Lysine	S6702
Valine	S6702
Aspartic acid	S6702

NDB No. 13791 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean and fat, trimmed to 0" fat, select, raw

Glutamic acid	S6702
Cholesterol	S6702
20:0	S6702
18:2 undifferentiated	S6702
17:0	S6702
18:2 CLAs	S6702
20:2 n-6 c,c	S6702
Protein	S6702
Magnesium, Mg	S6702
Threonine	S6702
Tyrosine	S6702
18:0	S6702
18:1 undifferentiated	S6702
18:1 t	S6702
18:2 n-6 c,c	S6702
Ash	S6702
Choline, total	S6702
Vitamin K (phylloquinone)	S14
Fatty acids, total trans	S6702
Fatty acids, total saturated	S6702
14:0	S6702
22:5 n-3 (DPA)	S6702
24:0	S6702
16:1 c	S6702
18:1-11t (18:1t n-7)	S6702
Total lipid (fat)	S6702
Manganese, Mn	S6702
Betaine	S6702
Tryptophan	S6702
Leucine	S6702
Histidine	S6702
Proline	S6702
20:4 undifferentiated	S6702
14:1	S6702
16:1 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702

NDB No. 13791 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean and fat, trimmed to 0" fat, select, raw

Fatty acids, total polyunsaturated	S6702
18:1 c	S6702
18:3 n-3 c,c,c (ALA)	S6702
Iron, Fe	S6702
Vitamin E (alpha-tocopherol)	S6702
Niacin	S6702
Vitamin B-6	S6702
Vitamin B-12	S6702
Phenylalanine	S6702
22:6 n-3 (DHA)	S6702
20:5 n-3 (EPA)	S6702
Fatty acids, total trans-monoenoic	S6702
Thiamin	S6702
16:0	S6702
20:1	S6702
Water	S6702
Methionine	S6702
Glycine	S6702
18:3 undifferentiated	S6702
Zinc, Zn	S6702
Selenium, Se	S6702
Riboflavin	S6702
Isoleucine	S6702
Cystine	S6702
Arginine	S6702
Alanine	S6702
Serine	S6702
17:1	S6702

NDB No. 13795 Beef, composite of trimmed retail cuts, separable lean and fat, trimmed to 1/8" fat, all grades, raw

Fluoride, F	D5001, D5002, D5007, D5021

NDB No. 13796 Beef, composite of trimmed retail cuts, separable lean and fat, trimmed to 1/8" fat, all grades, cooked

Fluoride, F	D5001, D5002, D5007, D5021

NDB No. 13797 Beef, composite of trimmed retail cuts, separable lean and fat, trimmed to 1/8" fat, choice, raw

Fluoride, F	D5001, D5002, D5007, D5021

NDB No. 13798 Beef, composite of trimmed retail cuts, separable lean and fat, trimmed to 1/8" fat, choice, cooked

Fluoride, F	D5001, D5002, D5007, D5021

NDB No. 13799 Beef, composite of trimmed retail cuts, separable lean and fat, trimmed to 1/8" fat, select, raw

Fluoride, F	D5001, D5002, D5007, D5021

NDB No. 13800 Beef, composite of trimmed retail cuts, separable lean and fat, trimmed to 1/8" fat, select, cooked

Fluoride, F	D5001, D5002, D5007, D5021

NDB No. 13801 Beef, composite of trimmed retail cuts, separable lean and fat, trimmed to 1/8" fat, prime, raw

Fluoride, F	D5001, D5002, D5007, D5021

NDB No. 13802 Beef, composite of trimmed retail cuts, separable lean and fat, trimmed to 1/8" fat, prime, cooked

Fluoride, F	D5001, D5002, D5007, D5021

NDB No. 13805 Beef, brisket, flat half, separable lean and fat, trimmed to 1/8" fat, all grades, raw

Protein	S2
Copper, Cu	S2
Carotene, beta	S2
Cryptoxanthin, beta	S2
Lycopene	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
4:0	S2
18:3 undifferentiated	S2
16:1 undifferentiated	S2
18:4	S2
Phosphorus, P	S2
Potassium, K	S2
Carotene, alpha	S2
Vitamin E (alpha-tocopherol)	S2

NDB No. 13805 Beef, brisket, flat half, separable lean and fat, trimmed to 1/8" fat, all grades, raw

Vitamin C, total ascorbic acid	S2
Niacin	S2
Pantothenic acid	S2
Vitamin B-6	S2
Folate, total	S2
18:1 undifferentiated	S2
20:4 undifferentiated	S2
20:5 n-3 (EPA)	S2
Water	S2
Theobromine	S2
Fiber, total dietary	S2
Sodium, Na	S2
Threonine	S14, S2
Leucine	S14, S2
Methionine	S14, S2
14:0	S2
20:1	S2
Sugars, total	S2
Zinc, Zn	S2
Isoleucine	S14, S2
Lysine	S14, S2
Cystine	S14, S2
Arginine	S14, S2
Aspartic acid	S14, S2
Glutamic acid	S14, S2
Proline	S14, S2
Iron, Fe	S2
Lutein + zeaxanthin	S2
Vitamin B-12	S2
Vitamin K (phylloquinone)	S2
Histidine	S14, S2
16:0	S2
22:1 undifferentiated	S2
Total lipid (fat)	S2
Thiamin	S2
Tryptophan	S14, S2
Phenylalanine	S14, S2

NDB No. 13805 Beef, brisket, flat half, separable lean and fat, trimmed to 1/8" fat, all grades, raw

Valine	S14, S2
Alanine	S14, S2
12:0	S2
Magnesium, Mg	S2
Selenium, Se	S2
Retinol	S2
Tocopherol, gamma	S2
Riboflavin	S2
Tyrosine	S14, S2
Glycine	S14, S2
8:0	S2
18:0	S2
18:2 undifferentiated	S2
22:6 n-3 (DHA)	S2
22:5 n-3 (DPA)	S2
Ash	S2
Caffeine	S2
Calcium, Ca	S2
Manganese, Mn	S2
Serine	S14, S2
6:0	S2
10:0	S2

NDB No. 13806 Beef, brisket, flat half, separable lean and fat, trimmed to 1/8" fat, all grades, cooked, braised

Caffeine	S2
Fiber, total dietary	S2
Sodium, Na	S2
Copper, Cu	S2
Carotene, beta	S2
Niacin	S2
Vitamin B-6	S2
Vitamin B-12	S2
Tryptophan	S14, S2
Threonine	S14, S2
Cystine	S14, S2
Alanine	S14, S2

NDB No. 13806 Beef, brisket, flat half, separable lean and fat, trimmed to 1/8" fat, all grades, cooked, braised

Aspartic acid	S14, S2
12:0	S2
Zinc, Zn	S2
Thiamin	S2
Glutamic acid	S14, S2
10:0	S2
22:5 n-3 (DPA)	S2
Total lipid (fat)	S2
Calcium, Ca	S2
Selenium, Se	S2
Cryptoxanthin, beta	S2
16:0	S2
20:4 undifferentiated	S2
Lutein + zeaxanthin	S2
Tocopherol, gamma	S2
Tocopherol, delta	S2
Methionine	S14, S2
4:0	S2
14:0	S2
16:1 undifferentiated	S2
Phosphorus, P	S2
Vitamin E (alpha-tocopherol)	S2
Pantothenic acid	S2
Isoleucine	S14, S2
Leucine	S14, S2
Arginine	S14, S2
Histidine	S14, S2
Proline	S14, S2
18:0	S2
18:2 undifferentiated	S2
18:3 undifferentiated	S2
22:6 n-3 (DHA)	S2
Protein	S2
Ash	S2
Theobromine	S2
Manganese, Mn	S2
Retinol	S2

NDB No. 13806 Beef, brisket, flat half, separable lean and fat, trimmed to 1/8" fat, all grades, cooked, braised

Vitamin C, total ascorbic acid	S2
Riboflavin	S2
Folate, total	S2
Lysine	S14, S2
Tyrosine	S14, S2
18:4	S2
Water	S2
Sugars, total	S2
Iron, Fe	S2
Magnesium, Mg	S2
Potassium, K	S2
Phenylalanine	S14, S2
Valine	S14, S2
Serine	S14, S2
6:0	S2
8:0	S2
18:1 undifferentiated	S2
20:1	S2
22:1 undifferentiated	S2
Carotene, alpha	S2
Lycopene	S2
Tocopherol, beta	S2
Vitamin K (phylloquinone)	S2
Glycine	S14, S2
20:5 n-3 (EPA)	S2

NDB No. 13809 Beef, chuck, arm pot roast, separable lean and fat, trimmed to 1/8" fat, all grades, raw

Sugars, total	S2
Iron, Fe	S2
Phosphorus, P	S2
Selenium, Se	S2
Niacin	S2
Tryptophan	S14, S2
Leucine	S14, S2
Tyrosine	S14, S2
Alanine	S14, S2

NDB No. 13809 Beef, chuck, arm pot roast, separable lean and fat, trimmed to 1/8" fat, all grades, raw

6:0	S2
8:0	S2
16:0	S2
Total lipid (fat)	S2
Ash	S2
Sodium, Na	S2
Carotene, alpha	S2
Cryptoxanthin, beta	S2
Lutein + zeaxanthin	S2
Thiamin	S2
Isoleucine	S14, S2
Phenylalanine	S14, S2
Arginine	S14, S2
Serine	S14, S2
4:0	S2
22:6 n-3 (DHA)	S2
Caffeine	S2
Calcium, Ca	S2
Manganese, Mn	S2
Carotene, beta	S2
Vitamin C, total ascorbic acid	S2
Vitamin B-6	S2
Folate, total	S2
Vitamin K (phylloquinone)	S2
Valine	S14, S2
Riboflavin	S2
Lysine	S14, S2
Cystine	S14, S2
Glycine	S14, S2
20:4 undifferentiated	S2
20:1	S2
Theobromine	S2
Tocopherol, beta	S2
Methionine	S14, S2
Aspartic acid	S14, S2
Glutamic acid	S14, S2
Proline	S14, S2

NDB No. 13809 Beef, chuck, arm pot roast, separable lean and fat, trimmed to 1/8" fat, all grades, raw

18:1 undifferentiated	S2
18:4	S2
22:5 n-3 (DPA)	S2
Protein	S2
Water	S2
Zinc, Zn	S2
Copper, Cu	S2
Retinol	S2
Vitamin E (alpha-tocopherol)	S2
Lycopene	S2
14:0	S2
Fiber, total dietary	S2
Magnesium, Mg	S2
Potassium, K	S2
Tocopherol, gamma	S2
Tocopherol, delta	S2
Vitamin B-12	S2
10:0	S2
12:0	S2
18:0	S2
18:2 undifferentiated	S2
16:1 undifferentiated	S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2
Pantothenic acid	S2
Threonine	S14, S2
Histidine	S14, S2
18:3 undifferentiated	S2

NDB No. 13810 Beef, chuck, arm pot roast, separable lean and fat, trimmed to 1/8" fat, all grades, cooked, braised

Iron, Fe	S2
Manganese, Mn	S2
Vitamin K (phylloquinone)	S2
Leucine	S14, S2
18:1 undifferentiated	S2
18:2 undifferentiated	S2

NDB No. 13810 Beef, chuck, arm pot roast, separable lean and fat, trimmed to 1/8" fat, all grades, cooked, braised

20:4 undifferentiated	S2
Calcium, Ca	S2
Potassium, K	S2
Niacin	S2
Methionine	S14, S2
Cystine	S14, S2
Tyrosine	S14, S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2
Protein	S2
Water	S2
Copper, Cu	S2
Retinol	S2
Tocopherol, beta	S2
Folate, total	S2
Isoleucine	S14, S2
Phenylalanine	S14, S2
Histidine	S14, S2
Aspartic acid	S14, S2
Serine	S14, S2
Ash	S2
Tocopherol, delta	S2
Arginine	S14, S2
Alanine	S14, S2
Glutamic acid	S14, S2
10:0	S2
12:0	S2
18:3 undifferentiated	S2
22:5 n-3 (DPA)	S2
Sodium, Na	S2
Fluoride, F	D5001, D5002, D5007, D5021
Riboflavin	S2
Vitamin B-6	S2
Tryptophan	S14, S2
Threonine	S14, S2
Valine	S14, S2
16:0	S2

NDB No. 13810 Beef, chuck, arm pot roast, separable lean and fat, trimmed to 1/8" fat, all grades, cooked, braised

20:1	S2
Selenium, Se	S2
Tocopherol, gamma	S2
18:0	S2
Magnesium, Mg	S2
Zinc, Zn	S2
Thiamin	S2
Pantothenic acid	S2
Vitamin B-12	S2
Glycine	S14, S2
14:0	S2
22:6 n-3 (DHA)	S2
Total lipid (fat)	S2
Phosphorus, P	S2
Vitamin E (alpha-tocopherol)	S2
Lysine	S14, S2
Proline	S14, S2
16:1 undifferentiated	S2
18:4	S2

NDB No. 13811 Beef, chuck, arm pot roast, separable lean and fat, trimmed to 1/8" fat, choice, raw

Water	S2
Lutein + zeaxanthin	S2
Tocopherol, beta	S2
Pantothenic acid	S2
Vitamin B-6	S2
Folate, total	S2
Lysine	S14, S2
Methionine	S14, S2
Histidine	S14, S2
Proline	S14, S2
12:0	S2
18:1 undifferentiated	S2
22:6 n-3 (DHA)	S2
22:1 undifferentiated	S2
Fiber, total dietary	S2

NDB No. 13811 Beef, chuck, arm pot roast, separable lean and fat, trimmed to 1/8" fat, choice, raw

Phosphorus, P	S2
Tryptophan	S14, S2
Tyrosine	S14, S2
Arginine	S14, S2
4:0	S2
20:4 undifferentiated	S2
20:5 n-3 (EPA)	S2
Sugars, total	S2
Potassium, K	S2
Vitamin E (alpha-tocopherol)	S2
Alanine	S14, S2
Aspartic acid	S14, S2
6:0	S2
18:0	S2
18:4	S2
22:5 n-3 (DPA)	S2
Total lipid (fat)	S2
Calcium, Ca	S2
Copper, Cu	S2
Manganese, Mn	S2
Retinol	S2
Thiamin	S2
Vitamin K (phylloquinone)	S2
Cystine	S14, S2
Glutamic acid	S14, S2
16:1 undifferentiated	S2
Protein	S2
Theobromine	S2
Iron, Fe	S2
Selenium, Se	S2
Lycopene	S2
14:0	S2
16:0	S2
20:1	S2
Sodium, Na	S2
Tocopherol, gamma	S2
Niacin	S2

NDB No. 13811 Beef, chuck, arm pot roast, separable lean and fat, trimmed to 1/8" fat, choice, raw

Vitamin B-12	S2
Phenylalanine	S14, S2
Serine	S14, S2
8:0	S2
10:0	S2
Ash	S2
Magnesium, Mg	S2
Zinc, Zn	S2
Carotene, beta	S2
Carotene, alpha	S2
18:2 undifferentiated	S2
18:3 undifferentiated	S2
Caffeine	S2
Cryptoxanthin, beta	S2
Tocopherol, delta	S2
Vitamin C, total ascorbic acid	S2
Riboflavin	S2
Threonine	S14, S2
Isoleucine	S14, S2
Leucine	S14, S2
Valine	S14, S2
Glycine	S14, S2

NDB No. 13812 Beef, chuck, arm pot roast, separable lean and fat, trimmed to 1/8" fat, choice, cooked, braised

Protein	S2
Total lipid (fat)	S2
Calcium, Ca	S2
Magnesium, Mg	S2
Copper, Cu	S2
12:0	S2
14:0	S2
18:1 undifferentiated	S2
Fluoride, F	D5001, D5002, D5007, D5021
Tocopherol, beta	S2
Thiamin	S2
Vitamin B-12	S2

NDB No. 13812 Beef, chuck, arm pot roast, separable lean and fat, trimmed to 1/8" fat, choice, cooked, braised

Vitamin K (phylloquinone)	S2
Leucine	S14, S2
Lysine	S14, S2
Phenylalanine	S14, S2
Valine	S14, S2
Aspartic acid	S14, S2
20:5 n-3 (EPA)	S2
Selenium, Se	S2
Riboflavin	S2
Methionine	S14, S2
Proline	S14, S2
16:0	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2
22:5 n-3 (DPA)	S2
Retinol	S2
Folate, total	S2
22:6 n-3 (DHA)	S2
Ash	S2
Manganese, Mn	S2
Tocopherol, gamma	S2
Tyrosine	S14, S2
Arginine	S14, S2
Alanine	S14, S2
Glycine	S14, S2
10:0	S2
18:2 undifferentiated	S2
22:1 undifferentiated	S2
Zinc, Zn	S2
Pantothenic acid	S2
Histidine	S14, S2
18:0	S2
18:4	S2
Water	S2
Iron, Fe	S2
Phosphorus, P	S2
Vitamin E (alpha-tocopherol)	S2

NDB No. 13812 Beef, chuck, arm pot roast, separable lean and fat, trimmed to 1/8" fat, choice, cooked, braised

Isoleucine	S14, S2
Cystine	S14, S2
20:1	S2
Potassium, K	S2
Sodium, Na	S2
Tocopherol, delta	S2
Niacin	S2
Tryptophan	S14, S2
Threonine	S14, S2
Glutamic acid	S14, S2
Serine	S14, S2
18:3 undifferentiated	S2

NDB No. 13813 Beef, chuck, arm pot roast, separable lean and fat, trimmed to 1/8" fat, select, raw

Caffeine	S2
Manganese, Mn	S2
Selenium, Se	S2
Retinol	S2
8:0	S2
10:0	S2
16:0	S2
20:1	S2
Zinc, Zn	S2
Tocopherol, beta	S2
Vitamin C, total ascorbic acid	S2
Threonine	S14, S2
Cystine	S14, S2
Phenylalanine	S14, S2
18:0	S2
18:1 undifferentiated	S2
18:3 undifferentiated	S2
20:4 undifferentiated	S2
22:6 n-3 (DHA)	S2
Ash	S2
Copper, Cu	S2
Carotene, beta	S2

NDB No. 13813 Beef, chuck, arm pot roast, separable lean and fat, trimmed to 1/8" fat, select, raw

Carotene, alpha	S2
Vitamin E (alpha-tocopherol)	S2
Vitamin K (phylloquinone)	S2
Lysine	S14, S2
Histidine	S14, S2
Water	S2
Riboflavin	S2
Methionine	S14, S2
Proline	S14, S2
4:0	S2
16:1 undifferentiated	S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2
Iron, Fe	S2
Phosphorus, P	S2
Folate, total	S2
Tyrosine	S14, S2
Arginine	S14, S2
Glycine	S14, S2
12:0	S2
14:0	S2
18:2 undifferentiated	S2
Sodium, Na	S2
Cryptoxanthin, beta	S2
Lycopene	S2
Lutein + zeaxanthin	S2
Tocopherol, gamma	S2
Thiamin	S2
Isoleucine	S14, S2
Aspartic acid	S14, S2
Serine	S14, S2
18:4	S2
22:5 n-3 (DPA)	S2
Theobromine	S2
Fiber, total dietary	S2
Magnesium, Mg	S2
Potassium, K	S2

NDB No. 13813 Beef, chuck, arm pot roast, separable lean and fat, trimmed to 1/8" fat, select, raw

Niacin	S2
Pantothenic acid	S2
Tryptophan	S14, S2
Alanine	S14, S2
Protein	S2
Total lipid (fat)	S2
Sugars, total	S2
Calcium, Ca	S2
Tocopherol, delta	S2
Vitamin B-6	S2
Vitamin B-12	S2
Leucine	S14, S2
Valine	S14, S2
Glutamic acid	S14, S2
6:0	S2

NDB No. 13814 Beef, chuck, arm pot roast, separable lean and fat, trimmed to 1/8" fat, select, cooked, braised

Ash	S2
Isoleucine	S14, S2
Aspartic acid	S14, S2
10:0	S2
12:0	S2
18:0	S2
22:1 undifferentiated	S2
Selenium, Se	S2
Thiamin	S2
Riboflavin	S2
Pantothenic acid	S2
Tryptophan	S14, S2
Methionine	S14, S2
Valine	S14, S2
Histidine	S14, S2
Glycine	S14, S2
20:4 undifferentiated	S2
22:6 n-3 (DHA)	S2
20:1	S2

NDB No. 13814 Beef, chuck, arm pot roast, separable lean and fat, trimmed to 1/8" fat, select, cooked, braised

Potassium, K	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, gamma	S2
Cystine	S14, S2
Phenylalanine	S14, S2
16:1 undifferentiated	S2
Iron, Fe	S2
Sodium, Na	S2
Zinc, Zn	S2
Retinol	S2
Tocopherol, delta	S2
Glutamic acid	S14, S2
16:0	S2
Water	S2
Tocopherol, beta	S2
Vitamin B-12	S2
Lysine	S14, S2
Alanine	S14, S2
Protein	S2
Calcium, Ca	S2
Phosphorus, P	S2
Copper, Cu	S2
Serine	S14, S2
18:2 undifferentiated	S2
18:3 undifferentiated	S2
Total lipid (fat)	S2
Magnesium, Mg	S2
Fluoride, F	D5001, D5002, D5007, D5021
Manganese, Mn	S2
Niacin	S2
Folate, total	S2
Vitamin K (phylloquinone)	S2
Leucine	S14, S2
Arginine	S14, S2
14:0	S2
18:1 undifferentiated	S2
18:4	S2

NDB No. 13814 Beef, chuck, arm pot roast, separable lean and fat, trimmed to 1/8" fat, select, cooked, braised

20:5 n-3 (EPA)	S2
22:5 n-3 (DPA)	S2
Vitamin B-6	S2
Threonine	S14, S2
Tyrosine	S14, S2
Proline	S14, S2

NDB No. 13816 Beef, chuck, blade roast, separable lean and fat, trimmed to 1/8" fat, all grades, cooked, braised

Fluoride, F	D5001, D5002, D5007, D5021

NDB No. 13821 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean only, trimmed to 0" fat, all grades, cooked, roasted

Selenium, Se	S6702
Vitamin K (phylloquinone)	S14
Tryptophan	S6702
Glutamic acid	S6702
Serine	S6702
20:4 undifferentiated	S6702
18:2 CLAs	S6702
Fatty acids, total trans-monoenoic	S6702
Total lipid (fat)	S6702
Phosphorus, P	S6702
Vitamin E (alpha-tocopherol)	S6702
Vitamin B-6	S6702
Cystine	S6702
17:1	S6702
Water	S6702
Iron, Fe	S6702
Manganese, Mn	S6702
Thiamin	S6702
Riboflavin	S6702
Valine	S6702
Alanine	S6702
Glycine	S6702
14:1	S6702

NDB No. 13821 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean only, trimmed to 0" fat, all grades, cooked, roasted

24:0	S6702
18:2 n-6 c,c	S6702
Ash	S6702
Copper, Cu	S6702
Threonine	S6702
Arginine	S6702
16:0	S6702
Fatty acids, total monounsaturated	S6702
18:3 n-3 c,c,c (ALA)	S6702
Magnesium, Mg	S6702
Choline, total	S6702
Isoleucine	S6702
Phenylalanine	S6702
Proline	S6702
Fatty acids, total saturated	S6702
18:3 undifferentiated	S6702
Fatty acids, total polyunsaturated	S6702
17:0	S6702
Potassium, K	S6702
Sodium, Na	S6702
Niacin	S6702
Vitamin B-12	S6702
Lysine	S6702
Histidine	S6702
Aspartic acid	S6702
18:0	S6702
20:0	S6702
18:2 undifferentiated	S6702
20:1	S6702
20:5 n-3 (EPA)	S6702
22:5 n-3 (DPA)	S6702
20:2 n-6 c,c	S6702
18:1 c	S6702
Protein	S6702
Calcium, Ca	S6702
Zinc, Zn	S6702

NDB No. 13821 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean only, trimmed to 0" fat, all grades, cooked, roasted

Pantothenic acid	S6702
Leucine	S6702
Methionine	S6702
Tyrosine	S6702
14:0	S6702
18:1-11t (18:1t n-7)	S6702
Betaine	S6702
Cholesterol	S6702
Fatty acids, total trans	S6702
18:1 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
16:1 undifferentiated	S6702
18:1 t	S6702

NDB No. 13822 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean only, trimmed to 0" fat, choice, cooked, roasted

Ash	S6702
Thiamin	S6702
Threonine	S6702
Leucine	S6702
Lysine	S6702
Tyrosine	S6702
Valine	S6702
16:0	S6702
18:2 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
16:1 undifferentiated	S6702
18:1 c	S6702
Water	S6702
Magnesium, Mg	S6702
Zinc, Zn	S6702
Riboflavin	S6702
Pantothenic acid	S6702
Cholesterol	S6702
Fatty acids, total saturated	S6702
18:0	S6702

NDB No. 13822 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean only, trimmed to 0" fat, choice, cooked, roasted

24:0	S6702
18:1 t	S6702
Phosphorus, P	S6702
Copper, Cu	S6702
Isoleucine	S6702
Phenylalanine	S6702
Arginine	S6702
Histidine	S6702
Glutamic acid	S6702
14:0	S6702
20:0	S6702
18:3 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
20:2 n-6 c,c	S6702
17:1	S6702
18:1-11t (18:1t n-7)	S6702
Vitamin K (phylloquinone)	S14
Betaine	S6702
Tryptophan	S6702
Cystine	S6702
17:0	S6702
18:2 n-6 c,c	S6702
Fatty acids, total trans-monoenoic	S6702
Selenium, Se	S6702
Vitamin B-6	S6702
Serine	S6702
20:1	S6702
Fatty acids, total polyunsaturated	S6702
Potassium, K	S6702
Sodium, Na	S6702
Alanine	S6702
20:4 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
18:3 n-3 c,c,c (ALA)	S6702
Protein	S6702

NDB No. 13822 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean only, trimmed to 0" fat, choice, cooked, roasted

Calcium, Ca	S6702
Iron, Fe	S6702
Manganese, Mn	S6702
Vitamin B-12	S6702
Choline, total	S6702
14:1	S6702
Total lipid (fat)	S6702
Vitamin E (alpha-tocopherol)	S6702
Niacin	S6702
Methionine	S6702
Aspartic acid	S6702
Glycine	S6702
Proline	S6702
Fatty acids, total trans	S6702
18:1 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
18:2 CLAs	S6702

NDB No. 13823 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean only, trimmed to 0" fat, select, cooked, roasted

Iron, Fe	S6702
Threonine	S6702
Isoleucine	S6702
16:0	S6702
14:1	S6702
20:1	S6702
Manganese, Mn	S6702
Vitamin K (phylloquinone)	S14
Methionine	S6702
Tyrosine	S6702
18:3 undifferentiated	S6702
20:4 undifferentiated	S6702
20:2 n-6 c,c	S6702
Thiamin	S6702
Pantothenic acid	S6702
Leucine	S6702

NDB No. 13823 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean only, trimmed to 0" fat, select, cooked, roasted

Phenylalanine	S6702
Valine	S6702
Alanine	S6702
18:1 undifferentiated	S6702
18:2 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
Magnesium, Mg	S6702
Vitamin E (alpha-tocopherol)	S6702
Niacin	S6702
Vitamin B-6	S6702
Vitamin B-12	S6702
Tryptophan	S6702
Cystine	S6702
Arginine	S6702
Histidine	S6702
Aspartic acid	S6702
Serine	S6702
16:1 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
18:2 CLAs	S6702
Protein	S6702
Calcium, Ca	S6702
Zinc, Zn	S6702
Copper, Cu	S6702
Choline, total	S6702
24:0	S6702
18:1-11t (18:1t n-7)	S6702
Total lipid (fat)	S6702
Water	S6702
Potassium, K	S6702
Selenium, Se	S6702
Betaine	S6702
Lysine	S6702
Glutamic acid	S6702
Glycine	S6702
Cholesterol	S6702

NDB No. 13823 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean only, trimmed to 0" fat, select, cooked, roasted

Fatty acids, total trans	S6702
20:5 n-3 (EPA)	S6702
Fatty acids, total trans-monoenoic	S6702
Phosphorus, P	S6702
Proline	S6702
14:0	S6702
18:0	S6702
20:0	S6702
17:0	S6702
18:1 c	S6702
18:3 n-3 c,c,c (ALA)	S6702
Ash	S6702
Sodium, Na	S6702
Riboflavin	S6702
Fatty acids, total saturated	S6702
22:6 n-3 (DHA)	S6702
Fatty acids, total polyunsaturated	S6702
18:1 t	S6702
18:2 n-6 c,c	S6702
17:1	S6702

NDB No. 13840 Beef, rib, large end (ribs 6-9), separable lean and fat, trimmed to 1/8" fat, all grades, cooked, roasted

Fluoride, F	D5001, D5002, D5007, D5021

NDB No. 13850 Beef, rib, small end (ribs 10-12), separable lean and fat, trimmed to 1/8" fat, all grades, raw

Selenium, Se	S2
Carotene, alpha	S2
Riboflavin	S2
Folate, total	S2
Methionine	S14, S2
Phenylalanine	S14, S2
Tyrosine	S14, S2
Valine	S14, S2
10:0	S2

NDB No. 13850 Beef, rib, small end (ribs 10-12), separable lean and fat, trimmed to 1/8" fat, all grades, raw

20:4 undifferentiated	S2
22:6 n-3 (DHA)	S2
16:1 undifferentiated	S2
Potassium, K	S2
Cryptoxanthin, beta	S2
Vitamin C, total ascorbic acid	S2
16:0	S2
Caffeine	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, delta	S2
Thiamin	S2
Threonine	S14, S2
Cystine	S14, S2
Histidine	S14, S2
Proline	S14, S2
12:0	S2
18:1 undifferentiated	S2
18:2 undifferentiated	S2
Sodium, Na	S2
Retinol	S2
Lutein + zeaxanthin	S2
Tocopherol, beta	S2
Tocopherol, gamma	S2
Vitamin B-12	S2
Vitamin K (phylloquinone)	S2
Leucine	S14, S2
Lysine	S14, S2
Alanine	S14, S2
Glycine	S14, S2
4:0	S2
6:0	S2
18:3 undifferentiated	S2
22:5 n-3 (DPA)	S2
Total lipid (fat)	S2
Ash	S2
Iron, Fe	S2
Magnesium, Mg	S2

NDB No. 13850 Beef, rib, small end (ribs 10-12), separable lean and fat, trimmed to 1/8" fat, all grades, raw

Phosphorus, P	S2
Niacin	S2
Isoleucine	S14, S2
Arginine	S14, S2
Serine	S14, S2
8:0	S2
18:4	S2
Sugars, total	S2
Calcium, Ca	S2
Pantothenic acid	S2
Tryptophan	S14, S2
Aspartic acid	S14, S2
Water	S2
Manganese, Mn	S2
Carotene, beta	S2
Glutamic acid	S14, S2
20:1	S2
20:5 n-3 (EPA)	S2
Protein	S2
Theobromine	S2
Fiber, total dietary	S2
Zinc, Zn	S2
Copper, Cu	S2
Lycopene	S2
Vitamin B-6	S2
14:0	S2
18:0	S2
22:1 undifferentiated	S2

NDB No. 13851 Beef, rib, small end (ribs 10-12), separable lean and fat, trimmed to 1/8" fat, all grades, cooked, broiled

Magnesium, Mg	S2
Copper, Cu	S2
Lysine	S14, S2
Cystine	S14, S2
Glutamic acid	S14, S2
18:1 undifferentiated	S2

NDB No. 13851 Beef, rib, small end (ribs 10-12), separable lean and fat, trimmed to 1/8" fat, all grades, cooked, broiled

18:2 undifferentiated	S2
Protein	S2
Fluoride, F	D5001, D5002, D5007, D5021
Thiamin	S2
Niacin	S2
Vitamin B-6	S2
Isoleucine	S14, S2
Aspartic acid	S14, S2
18:3 undifferentiated	S2
16:1 undifferentiated	S2
20:1	S2
22:1 undifferentiated	S2
Ash	S2
Calcium, Ca	S2
10:0	S2
12:0	S2
Iron, Fe	S2
Phosphorus, P	S2
Potassium, K	S2
Folate, total	S2
Tyrosine	S14, S2
Proline	S14, S2
20:4 undifferentiated	S2
18:4	S2
Total lipid (fat)	S2
Zinc, Zn	S2
Selenium, Se	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, gamma	S2
Pantothenic acid	S2
Vitamin B-12	S2
Sodium, Na	S2
Manganese, Mn	S2
Leucine	S14, S2
Alanine	S14, S2
Serine	S14, S2
14:0	S2

NDB No. 13851 Beef, rib, small end (ribs 10-12), separable lean and fat, trimmed to 1/8" fat, all grades, cooked, broiled

16:0	S2
22:6 n-3 (DHA)	S2
22:5 n-3 (DPA)	S2
Water	S2
Retinol	S2
Vitamin K (phylloquinone)	S2
Threonine	S14, S2
Arginine	S14, S2
Histidine	S14, S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Riboflavin	S2
Tryptophan	S14, S2
Methionine	S14, S2
Phenylalanine	S14, S2
Valine	S14, S2
Glycine	S14, S2
18:0	S2
20:5 n-3 (EPA)	S2

NDB No. 13853 Beef, rib, small end (ribs 10-12), separable lean and fat, trimmed to 1/8" fat, choice, raw

Lycopene	S2
Tocopherol, beta	S2
Tocopherol, gamma	S2
Vitamin C, total ascorbic acid	S2
Vitamin K (phylloquinone)	S2
Tryptophan	S14, S2
Tyrosine	S14, S2
Histidine	S14, S2
12:0	S2
18:3 undifferentiated	S2
Manganese, Mn	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, delta	S2
Niacin	S2
Pantothenic acid	S2

NDB No. 13853 Beef, rib, small end (ribs 10-12), separable lean and fat, trimmed to 1/8" fat, choice, raw

Water	S2
Iron, Fe	S2
Potassium, K	S2
Sodium, Na	S2
Riboflavin	S2
Vitamin B-12	S2
Isoleucine	S14, S2
Leucine	S14, S2
Valine	S14, S2
18:0	S2
18:2 undifferentiated	S2
22:6 n-3 (DHA)	S2
Theobromine	S2
Sugars, total	S2
Copper, Cu	S2
Selenium, Se	S2
Folate, total	S2
Proline	S14, S2
16:1 undifferentiated	S2
18:4	S2
20:5 n-3 (EPA)	S2
Magnesium, Mg	S2
Carotene, beta	S2
Carotene, alpha	S2
Vitamin B-6	S2
Methionine	S14, S2
Arginine	S14, S2
4:0	S2
6:0	S2
8:0	S2
10:0	S2
14:0	S2
22:1 undifferentiated	S2
Protein	S2
Total lipid (fat)	S2
Ash	S2
Calcium, Ca	S2

NDB No. 13853 Beef, rib, small end (ribs 10-12), separable lean and fat, trimmed to 1/8" fat, choice, raw

Phosphorus, P	S2
Zinc, Zn	S2
Retinol	S2
Cryptoxanthin, beta	S2
Thiamin	S2
Phenylalanine	S14, S2
22:5 n-3 (DPA)	S2
Caffeine	S2
Lutein + zeaxanthin	S2
Lysine	S14, S2
Cystine	S14, S2
Alanine	S14, S2
Glycine	S14, S2
Serine	S14, S2
20:4 undifferentiated	S2
Fiber, total dietary	S2
Threonine	S14, S2
Aspartic acid	S14, S2
Glutamic acid	S14, S2
16:0	S2
18:1 undifferentiated	S2
20:1	S2

NDB No. 13854 Beef, rib, small end (ribs 10-12), separable lean and fat, trimmed to 1/8" fat, choice, cooked, broiled

Iron, Fe	S2
Leucine	S14, S2
Alanine	S14, S2
14:0	S2
18:0	S2
20:1	S2
22:1 undifferentiated	S2
Theobromine	S2
Sodium, Na	S2
Copper, Cu	S2
Lutein + zeaxanthin	S2
Thiamin	S2

NDB No. 13854 Beef, rib, small end (ribs 10-12), separable lean and fat, trimmed to 1/8" fat, choice, cooked, broiled

Riboflavin	S2
Arginine	S14, S2
Aspartic acid	S14, S2
4:0	S2
12:0	S2
Total lipid (fat)	S2
Ash	S2
Magnesium, Mg	S2
Zinc, Zn	S2
Cystine	S14, S2
Phenylalanine	S14, S2
Valine	S14, S2
Proline	S14, S2
16:0	S2
18:1 undifferentiated	S2
20:4 undifferentiated	S2
20:5 n-3 (EPA)	S2
Calcium, Ca	S2
Potassium, K	S2
Retinol	S2
Carotene, alpha	S2
Vitamin E (alpha-tocopherol)	S2
Vitamin K (phylloquinone)	S2
Serine	S14, S2
16:1 undifferentiated	S2
Water	S2
Sugars, total	S2
Fiber, total dietary	S2
Tocopherol, gamma	S2
Vitamin B-6	S2
Lysine	S14, S2
Methionine	S14, S2
Tyrosine	S14, S2
Glutamic acid	S14, S2
Glycine	S14, S2
8:0	S2
10:0	S2

NDB No. 13854 Beef, rib, small end (ribs 10-12), separable lean and fat, trimmed to 1/8" fat, choice, cooked, broiled

18:2 undifferentiated	S2
18:4	S2
Protein	S2
Niacin	S2
Pantothenic acid	S2
Isoleucine	S14, S2
18:3 undifferentiated	S2
Caffeine	S2
Phosphorus, P	S2
Manganese, Mn	S2
Selenium, Se	S2
Cryptoxanthin, beta	S2
Tocopherol, delta	S2
Vitamin C, total ascorbic acid	S2
Folate, total	S2
Vitamin B-12	S2
Tryptophan	S14, S2
Histidine	S14, S2
22:5 n-3 (DPA)	S2
Carotene, beta	S2
Lycopene	S2
Tocopherol, beta	S2
Threonine	S14, S2
6:0	S2
22:6 n-3 (DHA)	S2

NDB No. 13856 Beef, rib, small end (ribs 10-12), separable lean and fat, trimmed to 1/8" fat, select, raw

Calcium, Ca	S2
Sodium, Na	S2
Selenium, Se	S2
Lycopene	S2
Vitamin B-12	S2
Threonine	S14, S2
Lysine	S14, S2
Arginine	S14, S2
Proline	S14, S2

NDB No. 13856 Beef, rib, small end (ribs 10-12), separable lean and fat, trimmed to 1/8" fat, select, raw

12:0	S2
16:0	S2
22:6 n-3 (DHA)	S2
20:1	S2
20:5 n-3 (EPA)	S2
Theobromine	S2
Sugars, total	S2
Fiber, total dietary	S2
Phosphorus, P	S2
Vitamin E (alpha-tocopherol)	S2
Isoleucine	S14, S2
Phenylalanine	S14, S2
Aspartic acid	S14, S2
Glutamic acid	S14, S2
Glycine	S14, S2
18:0	S2
18:2 undifferentiated	S2
22:1 undifferentiated	S2
Water	S2
Folate, total	S2
Tyrosine	S14, S2
Histidine	S14, S2
4:0	S2
16:1 undifferentiated	S2
Caffeine	S2
Magnesium, Mg	S2
Retinol	S2
Carotene, alpha	S2
Tocopherol, beta	S2
Vitamin C, total ascorbic acid	S2
Carotene, beta	S2
Vitamin B-6	S2
18:3 undifferentiated	S2
18:4	S2
Copper, Cu	S2
Riboflavin	S2
Pantothenic acid	S2

NDB No. 13856 Beef, rib, small end (ribs 10-12), separable lean and fat, trimmed to 1/8" fat, select, raw

Vitamin K (phylloquinone)	S2
Serine	S14, S2
6:0	S2
8:0	S2
10:0	S2
22:5 n-3 (DPA)	S2
Protein	S2
Ash	S2
Cryptoxanthin, beta	S2
Tocopherol, delta	S2
Leucine	S14, S2
Methionine	S14, S2
Valine	S14, S2
Alanine	S14, S2
14:0	S2
20:4 undifferentiated	S2
Total lipid (fat)	S2
Iron, Fe	S2
Potassium, K	S2
Zinc, Zn	S2
Manganese, Mn	S2
Lutein + zeaxanthin	S2
Tocopherol, gamma	S2
Thiamin	S2
Niacin	S2
Tryptophan	S14, S2
Cystine	S14, S2
18:1 undifferentiated	S2

NDB No. 13857 Beef, rib, small end (ribs 10-12), separable lean and fat, trimmed to 1/8" fat, select, cooked, broiled

Iron, Fe	S2
Retinol	S2
Carotene, beta	S2
Vitamin E (alpha-tocopherol)	S2
Cryptoxanthin, beta	S2
Lutein + zeaxanthin	S2

NDB No. 13857 Beef, rib, small end (ribs 10-12), separable lean and fat, trimmed to 1/8" fat, select, cooked, broiled

Thiamin	S2
Folate, total	S2
Vitamin K (phylloquinone)	S2
Tyrosine	S14, S2
Glycine	S14, S2
6:0	S2
14:0	S2
18:4	S2
Ash	S2
Theobromine	S2
Zinc, Zn	S2
Lycopene	S2
Tocopherol, delta	S2
Arginine	S14, S2
Proline	S14, S2
16:0	S2
Caffeine	S2
Phosphorus, P	S2
Sodium, Na	S2
Vitamin C, total ascorbic acid	S2
Niacin	S2
Lysine	S14, S2
Methionine	S14, S2
4:0	S2
Protein	S2
Fiber, total dietary	S2
Vitamin B-12	S2
Leucine	S14, S2
Total lipid (fat)	S2
Water	S2
Selenium, Se	S2
Tocopherol, gamma	S2
Vitamin B-6	S2
Tryptophan	S14, S2
Isoleucine	S14, S2
Valine	S14, S2
Histidine	S14, S2

NDB No. 13857 Beef, rib, small end (ribs 10-12), separable lean and fat, trimmed to 1/8" fat, select, cooked, broiled

Alanine	S14, S2
Serine	S14, S2
8:0	S2
18:2 undifferentiated	S2
20:5 n-3 (EPA)	S2
Magnesium, Mg	S2
Riboflavin	S2
Glutamic acid	S14, S2
18:3 undifferentiated	S2
22:5 n-3 (DPA)	S2
Calcium, Ca	S2
Potassium, K	S2
Carotene, alpha	S2
Tocopherol, beta	S2
Pantothenic acid	S2
Threonine	S14, S2
Cystine	S14, S2
Aspartic acid	S14, S2
10:0	S2
22:6 n-3 (DHA)	S2
Sugars, total	S2
Copper, Cu	S2
Manganese, Mn	S2
Phenylalanine	S14, S2
12:0	S2
18:0	S2
18:1 undifferentiated	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2
20:1	S2
22:1 undifferentiated	S2

NDB No. 13862 Beef, shoulder top blade steak, boneless, separable lean and fat, trimmed to 0" fat, select, cooked, grilled

Protein	S6702
Copper, Cu	S6702
Selenium, Se	S6702

NDB No. 13862 Beef, shoulder top blade steak, boneless, separable lean and fat, trimmed to 0" fat, select, cooked, grilled

Niacin	S6702
Pantothenic acid	S6702
Lysine	S6702
Serine	S6702
20:0	S6702
20:4 undifferentiated	S6702
18:1 c	S6702
Total lipid (fat)	S6702
Water	S6702
Sodium, Na	S6702
Thiamin	S6702
Riboflavin	S6702
Isoleucine	S6702
Tyrosine	S6702
Cholesterol	S6702
18:2 undifferentiated	S6702
16:1 undifferentiated	S6702
18:2 CLAs	S6702
17:1	S6702
Fatty acids, total trans-monoenoic	S6702
Choline, total	S6702
Vitamin K (phylloquinone)	S14
Glycine	S6702
Proline	S6702
Fatty acids, total trans	S6702
14:0	S6702
Fatty acids, total monounsaturated	S6702
18:2 n-6 c,c	S6702
Iron, Fe	S6702
Vitamin E (alpha-tocopherol)	S6702
Betaine	S6702
Aspartic acid	S6702
Glutamic acid	S6702
Fatty acids, total saturated	S6702
22:6 n-3 (DHA)	S6702

NDB No. 13862 Beef, shoulder top blade steak, boneless, separable lean and fat, trimmed to 0" fat, select, cooked, grilled

18:1 t	S6702
20:2 n-6 c,c	S6702
Ash	S6702
Vitamin B-6	S6702
Valine	S6702
Alanine	S6702
16:0	S6702
18:0	S6702
18:3 undifferentiated	S6702
14:1	S6702
20:1	S6702
20:5 n-3 (EPA)	S6702
16:1 c	S6702
18:3 n-3 c,c,c (ALA)	S6702
18:1-11t (18:1t n-7)	S6702
Calcium, Ca	S6702
Potassium, K	S6702
Manganese, Mn	S6702
Vitamin B-12	S6702
Cystine	S6702
22:5 n-3 (DPA)	S6702
Fatty acids, total polyunsaturated	S6702
24:0	S6702
Magnesium, Mg	S6702
Zinc, Zn	S6702
Tryptophan	S6702
Threonine	S6702
Leucine	S6702
Methionine	S6702
Phenylalanine	S6702
Arginine	S6702
Phosphorus, P	S6702
Histidine	S6702
18:1 undifferentiated	S6702
17:0	S6702

NDB No. 13863 Beef, shoulder top blade steak, boneless, separable lean and fat, trimmed to 0" fat, all grades, raw

Phosphorus, P	S6702
Riboflavin	S6702
Vitamin B-6	S6702
Tyrosine	S6702
Alanine	S6702
Cholesterol	S6702
Fatty acids, total trans	S6702
18:0	S6702
20:1	S6702
Iron, Fe	S6702
Zinc, Zn	S6702
Niacin	S6702
Leucine	S6702
14:1	S6702
18:1 t	S6702
17:1	S6702
Potassium, K	S6702
Lysine	S6702
Histidine	S6702
18:1 undifferentiated	S6702
20:4 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
22:5 n-3 (DPA)	S6702
Fatty acids, total polyunsaturated	S6702
24:0	S6702
18:1 c	S6702
Fatty acids, total trans-monoenoic	S6702
18:3 n-3 c,c,c (ALA)	S6702
Calcium, Ca	S6702
Sodium, Na	S6702
Selenium, Se	S6702
Thiamin	S6702
Cystine	S6702
Fatty acids, total saturated	S6702
14:0	S6702
16:0	S6702
18:2 undifferentiated	S6702

NDB No. 13863 Beef, shoulder top blade steak, boneless, separable lean and fat, trimmed to 0" fat, all grades, raw

16:1 c	S6702
Total lipid (fat)	S6702
Copper, Cu	S6702
Manganese, Mn	S6702
Pantothenic acid	S6702
Vitamin K (phylloquinone)	S14
Threonine	S6702
Isoleucine	S6702
Phenylalanine	S6702
Glycine	S6702
18:1-11t (18:1t n-7)	S6702
Ash	S6702
Vitamin E (alpha-tocopherol)	S6702
Betaine	S6702
Tryptophan	S6702
Valine	S6702
Arginine	S6702
18:3 undifferentiated	S6702
16:1 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
17:0	S6702
Protein	S6702
Water	S6702
Magnesium, Mg	S6702
Vitamin B-12	S6702
Choline, total	S6702
Methionine	S6702
Aspartic acid	S6702
Glutamic acid	S6702
Proline	S6702
22:6 n-3 (DHA)	S6702
20:2 n-6 c,c	S6702
18:2 n-6 c,c	S6702
Serine	S6702
20:0	S6702
18:2 CLAs	S6702

NDB No. 13868 Beef, round, bottom round, steak, separable lean and fat, trimmed to 1/8" fat, all grades, raw

Caffeine	S2
Theobromine	S2
Sodium, Na	S2
Carotene, alpha	S2
Tocopherol, delta	S2
Leucine	S14, S2
Methionine	S14, S2
Tyrosine	S14, S2
Aspartic acid	S14, S2
18:4	S2
Ash	S2
Vitamin C, total ascorbic acid	S2
Vitamin B-12	S2
Tryptophan	S14, S2
Cystine	S14, S2
4:0	S2
8:0	S2
22:6 n-3 (DHA)	S2
Iron, Fe	S2
Copper, Cu	S2
Niacin	S2
Vitamin B-6	S2
Folate, total	S2
Lysine	S14, S2
Glutamic acid	S14, S2
Serine	S14, S2
12:0	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2
22:5 n-3 (DPA)	S2
Total lipid (fat)	S2
Magnesium, Mg	S2
Zinc, Zn	S2
Manganese, Mn	S2
Carotene, beta	S2
Lycopene	S2
Lutein + zeaxanthin	S2

NDB No. 13868 Beef, round, bottom round, steak, separable lean and fat, trimmed to 1/8" fat, all grades, raw

Pantothenic acid	S2
10:0	S2
Protein	S2
Water	S2
Calcium, Ca	S2
Phosphorus, P	S2
Potassium, K	S2
Threonine	S14, S2
Isoleucine	S14, S2
16:0	S2
18:2 undifferentiated	S2
Sugars, total	S2
Fiber, total dietary	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, beta	S2
Riboflavin	S2
Valine	S14, S2
Histidine	S14, S2
Alanine	S14, S2
Proline	S14, S2
6:0	S2
18:3 undifferentiated	S2
20:1	S2
22:1 undifferentiated	S2
Retinol	S2
Cryptoxanthin, beta	S2
Tocopherol, gamma	S2
Vitamin K (phylloquinone)	S2
Phenylalanine	S14, S2
Arginine	S14, S2
18:0	S2
20:5 n-3 (EPA)	S2
Selenium, Se	S2
Thiamin	S2
Glycine	S14, S2
14:0	S2
18:1 undifferentiated	S2

NDB No. 13869 Beef, round, bottom round, steak, separable lean and fat, trimmed to 1/8" fat, all grades, cooked, braised

Selenium, Se	S2
Tocopherol, delta	S2
Vitamin B-6	S2
Folate, total	S2
Lysine	S14, S2
Tyrosine	S14, S2
Arginine	S14, S2
Aspartic acid	S14, S2
16:0	S2
18:0	S2
20:4 undifferentiated	S2
22:5 n-3 (DPA)	S2
Total lipid (fat)	S2
Water	S2
Zinc, Zn	S2
Fluoride, F	D5001, D5002, D5007, D5021
Thiamin	S2
Alanine	S14, S2
16:1 undifferentiated	S2
Ash	S2
Pantothenic acid	S2
Vitamin B-12	S2
Isoleucine	S14, S2
12:0	S2
22:6 n-3 (DHA)	S2
Calcium, Ca	S2
Sodium, Na	S2
Glycine	S14, S2
Serine	S14, S2
Protein	S2
Iron, Fe	S2
Phosphorus, P	S2
Manganese, Mn	S2
Tocopherol, beta	S2
Tocopherol, gamma	S2
Vitamin K (phylloquinone)	S2
20:1	S2

NDB No. 13869	Beef, round, bottom round, steak, separable lean and fat, trimmed to 1/8" fat, all grades, cooked, braised
Niacin	S2
Threonine	S14, S2
Leucine	S14, S2
Valine	S14, S2
18:1 undifferentiated	S2
18:3 undifferentiated	S2
18:4	S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2
Magnesium, Mg	S2
Copper, Cu	S2
Retinol	S2
Vitamin E (alpha-tocopherol)	S2
Tryptophan	S14, S2
Cystine	S14, S2
Histidine	S14, S2
Glutamic acid	S14, S2
14:0	S2
18:2 undifferentiated	S2
Potassium, K	S2
Riboflavin	S2
Methionine	S14, S2
Phenylalanine	S14, S2
Proline	S14, S2
10:0	S2

NDB No. 13870	Beef, round, bottom round, roast, separable lean and fat, trimmed to 1/8" fat, all grades, cooked, roasted
Ash	S2
Iron, Fe	S2
Phosphorus, P	S2
Potassium, K	S2
Riboflavin	S2
Pantothenic acid	S2
Isoleucine	S14, S2
18:1 undifferentiated	S2

NDB No. 13870 Beef, round, bottom round, roast, separable lean and fat, trimmed to 1/8" fat, all grades, cooked, roasted

16:1 undifferentiated	S2
18:4	S2
20:5 n-3 (EPA)	S2
Total lipid (fat)	S2
Sodium, Na	S2
Manganese, Mn	S2
Vitamin E (alpha-tocopherol)	S2
Threonine	S14, S2
Methionine	S14, S2
Cystine	S14, S2
Arginine	S14, S2
Serine	S14, S2
Calcium, Ca	S2
Retinol	S2
Cryptoxanthin, beta	S2
Lycopene	S2
Tocopherol, gamma	S2
Vitamin C, total ascorbic acid	S2
Folate, total	S2
Vitamin B-12	S2
Vitamin K (phylloquinone)	S2
Tyrosine	S14, S2
Alanine	S14, S2
Aspartic acid	S14, S2
4:0	S2
18:0	S2
18:3 undifferentiated	S2
Caffeine	S2
Sugars, total	S2
Zinc, Zn	S2
Thiamin	S2
Tryptophan	S14, S2
Phenylalanine	S14, S2
Valine	S14, S2
Histidine	S14, S2
6:0	S2
10:0	S2

NDB No. 13870 Beef, round, bottom round, roast, separable lean and fat, trimmed to 1/8" fat, all grades, cooked, roasted

20:4 undifferentiated	S2
Selenium, Se	S2
Lutein + zeaxanthin	S2
Vitamin B-6	S2
Leucine	S14, S2
12:0	S2
16:0	S2
22:6 n-3 (DHA)	S2
20:1	S2
22:1 undifferentiated	S2
Water	S2
Theobromine	S2
Fiber, total dietary	S2
Magnesium, Mg	S2
Copper, Cu	S2
Carotene, beta	S2
Carotene, alpha	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Protein	S2
Niacin	S2
Lysine	S14, S2
Glycine	S14, S2
Proline	S14, S2
8:0	S2
18:2 undifferentiated	S2
Glutamic acid	S14, S2
14:0	S2
22:5 n-3 (DPA)	S2

NDB No. 13871 Beef, round, bottom round, steak, separable lean and fat, trimmed to 1/8" fat, choice, raw

Total lipid (fat)	S2
Selenium, Se	S2
Carotene, beta	S2
Lutein + zeaxanthin	S2
Tocopherol, gamma	S2

NDB No. 13871 Beef, round, bottom round, steak, separable lean and fat, trimmed to 1/8" fat, choice, raw

Phenylalanine	S14, S2
Tyrosine	S14, S2
Aspartic acid	S14, S2
Proline	S14, S2
Serine	S14, S2
22:6 n-3 (DHA)	S2
Protein	S2
Sodium, Na	S2
Copper, Cu	S2
Riboflavin	S2
Tryptophan	S14, S2
Cystine	S14, S2
Arginine	S14, S2
20:5 n-3 (EPA)	S2
Water	S2
Sugars, total	S2
Fiber, total dietary	S2
Manganese, Mn	S2
Carotene, alpha	S2
Cryptoxanthin, beta	S2
Thiamin	S2
Vitamin B-6	S2
Vitamin K (phylloquinone)	S2
Threonine	S14, S2
Methionine	S14, S2
Glutamic acid	S14, S2
10:0	S2
16:0	S2
22:5 n-3 (DPA)	S2
Lycopene	S2
18:0	S2
Theobromine	S2
Tocopherol, beta	S2
Vitamin C, total ascorbic acid	S2
Pantothenic acid	S2
Isoleucine	S14, S2
Leucine	S14, S2

NDB No. 13871 Beef, round, bottom round, steak, separable lean and fat, trimmed to 1/8" fat, choice, raw

Valine	S14, S2
Histidine	S14, S2
8:0	S2
12:0	S2
22:1 undifferentiated	S2
Iron, Fe	S2
Magnesium, Mg	S2
Phosphorus, P	S2
Vitamin E (alpha-tocopherol)	S2
Alanine	S14, S2
4:0	S2
18:2 undifferentiated	S2
Caffeine	S2
Calcium, Ca	S2
Zinc, Zn	S2
Retinol	S2
Tocopherol, delta	S2
Niacin	S2
Folate, total	S2
Glycine	S14, S2
14:0	S2
18:1 undifferentiated	S2
18:3 undifferentiated	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2
20:1	S2
Ash	S2
Potassium, K	S2
Vitamin B-12	S2
Lysine	S14, S2
6:0	S2
18:4	S2

NDB No. 13872 Beef, round, bottom round, steak, separable lean and fat, trimmed to 1/8" fat, choice, cooked, braised

Sodium, Na	S2
Copper, Cu	S2

NDB No. 13872 Beef, round, bottom round, steak, separable lean and fat, trimmed to 1/8" fat, choice, cooked, braised

Thiamin	S2
16:0	S2
18:0	S2
20:5 n-3 (EPA)	S2
Protein	S2
Water	S2
Vitamin E (alpha-tocopherol)	S2
Phenylalanine	S14, S2
Valine	S14, S2
Arginine	S14, S2
Aspartic acid	S14, S2
22:6 n-3 (DHA)	S2
18:4	S2
Phosphorus, P	S2
Tocopherol, gamma	S2
Vitamin K (phylloquinone)	S2
Threonine	S14, S2
Tyrosine	S14, S2
Histidine	S14, S2
Glycine	S14, S2
Proline	S14, S2
16:1 undifferentiated	S2
Potassium, K	S2
Isoleucine	S14, S2
Methionine	S14, S2
Glutamic acid	S14, S2
12:0	S2
22:1 undifferentiated	S2
Magnesium, Mg	S2
Zinc, Zn	S2
Selenium, Se	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Lysine	S14, S2
Cystine	S14, S2
14:0	S2
20:4 undifferentiated	S2

NDB No. 13872	Beef, round, bottom round, steak, separable lean and fat, trimmed to 1/8" fat, choice, cooked, braised
Ash	S2
Calcium, Ca	S2
Fluoride, F	D5001, D5002, D5007, D5021
Tryptophan	S14, S2
18:2 undifferentiated	S2
20:1	S2
22:5 n-3 (DPA)	S2
Total lipid (fat)	S2
Riboflavin	S2
Niacin	S2
Pantothenic acid	S2
Vitamin B-6	S2
Folate, total	S2
Alanine	S14, S2
Serine	S14, S2
10:0	S2
Iron, Fe	S2
Manganese, Mn	S2
Retinol	S2
Vitamin B-12	S2
Leucine	S14, S2
18:1 undifferentiated	S2
18:3 undifferentiated	S2

NDB No. 13873	Beef, round, bottom round, roast, separable lean and fat, trimmed to 1/8" fat, choice, cooked, roasted
Sugars, total	S2
Selenium, Se	S2
Lutein + zeaxanthin	S2
Pantothenic acid	S2
Vitamin B-6	S2
18:0	S2
18:1 undifferentiated	S2
Protein	S2
Phosphorus, P	S2
Vitamin E (alpha-tocopherol)	S2

NDB No. 13873 Beef, round, bottom round, roast, separable lean and fat, trimmed to 1/8" fat, choice, cooked, roasted

Tocopherol, beta	S2
Vitamin C, total ascorbic acid	S2
Thiamin	S2
Riboflavin	S2
Isoleucine	S14, S2
Cystine	S14, S2
Tyrosine	S14, S2
Alanine	S14, S2
Glutamic acid	S14, S2
6:0	S2
22:1 undifferentiated	S2
Theobromine	S2
Iron, Fe	S2
Manganese, Mn	S2
Folate, total	S2
Threonine	S14, S2
Lysine	S14, S2
Aspartic acid	S14, S2
Proline	S14, S2
10:0	S2
16:1 undifferentiated	S2
Fiber, total dietary	S2
Cryptoxanthin, beta	S2
Tocopherol, gamma	S2
Vitamin K (phylloquinone)	S2
Phenylalanine	S14, S2
Glycine	S14, S2
4:0	S2
Total lipid (fat)	S2
Water	S2
Caffeine	S2
Potassium, K	S2
Sodium, Na	S2
Tryptophan	S14, S2
14:0	S2
18:2 undifferentiated	S2
20:4 undifferentiated	S2

NDB No. 13873 Beef, round, bottom round, roast, separable lean and fat, trimmed to 1/8" fat, choice, cooked, roasted

22:6 n-3 (DHA)	S2
20:1	S2
Ash	S2
Calcium, Ca	S2
Magnesium, Mg	S2
18:3 undifferentiated	S2
Zinc, Zn	S2
Retinol	S2
Carotene, beta	S2
Carotene, alpha	S2
Niacin	S2
Vitamin B-12	S2
Valine	S14, S2
Arginine	S14, S2
Histidine	S14, S2
12:0	S2
16:0	S2
18:4	S2
22:5 n-3 (DPA)	S2
Copper, Cu	S2
Lycopene	S2
Tocopherol, delta	S2
Leucine	S14, S2
Methionine	S14, S2
Serine	S14, S2
8:0	S2
20:5 n-3 (EPA)	S2

NDB No. 13874 Beef, round, bottom round, steak, separable lean and fat, trimmed to 1/8" fat, select, raw

Water	S2
Caffeine	S2
Theobromine	S2
Folate, total	S2
Vitamin K (phylloquinone)	S2
20:1	S2
Potassium, K	S2

NDB No. 13874 Beef, round, bottom round, steak, separable lean and fat, trimmed to 1/8" fat, select, raw

Carotene, beta	S2
Vitamin E (alpha-tocopherol)	S2
Isoleucine	S14, S2
Leucine	S14, S2
Valine	S14, S2
4:0	S2
22:5 n-3 (DPA)	S2
Total lipid (fat)	S2
Sugars, total	S2
Tocopherol, delta	S2
14:0	S2
18:0	S2
18:1 undifferentiated	S2
22:6 n-3 (DHA)	S2
Protein	S2
Phosphorus, P	S2
Retinol	S2
Tocopherol, beta	S2
Vitamin C, total ascorbic acid	S2
Threonine	S14, S2
Alanine	S14, S2
8:0	S2
16:1 undifferentiated	S2
Iron, Fe	S2
Sodium, Na	S2
Zinc, Zn	S2
Tocopherol, gamma	S2
Vitamin B-12	S2
Tryptophan	S14, S2
Methionine	S14, S2
Histidine	S14, S2
Glycine	S14, S2
18:2 undifferentiated	S2
20:4 undifferentiated	S2
18:4	S2
Fiber, total dietary	S2
Magnesium, Mg	S2

NDB No. 13874 Beef, round, bottom round, steak, separable lean and fat, trimmed to 1/8" fat, select, raw

Selenium, Se	S2
Carotene, alpha	S2
Lycopene	S2
Riboflavin	S2
Niacin	S2
Tyrosine	S14, S2
Aspartic acid	S14, S2
Serine	S14, S2
10:0	S2
12:0	S2
16:0	S2
18:3 undifferentiated	S2
Ash	S2
Calcium, Ca	S2
Copper, Cu	S2
Lysine	S14, S2
Phenylalanine	S14, S2
6:0	S2
20:5 n-3 (EPA)	S2
Manganese, Mn	S2
Cryptoxanthin, beta	S2
Lutein + zeaxanthin	S2
Thiamin	S2
Pantothenic acid	S2
Vitamin B-6	S2
Cystine	S14, S2
Arginine	S14, S2
Glutamic acid	S14, S2
Proline	S14, S2
22:1 undifferentiated	S2

NDB No. 13875 Beef, round, bottom round, steak, separable lean and fat, trimmed to 1/8" fat, select, cooked, braised

Total lipid (fat)	S2
Water	S2
Theobromine	S2
Fiber, total dietary	S2

NDB No. 13875 Beef, round, bottom round, steak, separable lean and fat, trimmed to 1/8" fat, select, cooked, braised

Phosphorus, P	S2
Methionine	S14, S2
Aspartic acid	S14, S2
18:1 undifferentiated	S2
20:1	S2
Protein	S2
Ash	S2
Sodium, Na	S2
Manganese, Mn	S2
Cryptoxanthin, beta	S2
Tocopherol, beta	S2
Pantothenic acid	S2
Vitamin B-6	S2
Tryptophan	S14, S2
Tyrosine	S14, S2
Arginine	S14, S2
Glutamic acid	S14, S2
Glycine	S14, S2
10:0	S2
Magnesium, Mg	S2
Vitamin E (alpha-tocopherol)	S2
Isoleucine	S14, S2
Cystine	S14, S2
18:0	S2
20:5 n-3 (EPA)	S2
Retinol	S2
Thiamin	S2
Niacin	S2
Vitamin K (phylloquinone)	S2
Phenylalanine	S14, S2
Histidine	S14, S2
14:0	S2
20:4 undifferentiated	S2
22:6 n-3 (DHA)	S2
22:1 undifferentiated	S2
Calcium, Ca	S2
Carotene, beta	S2

NDB No. 13875 Beef, round, bottom round, steak, separable lean and fat, trimmed to 1/8" fat, select, cooked, braised

Lutein + zeaxanthin	S2
Vitamin C, total ascorbic acid	S2
Folate, total	S2
Leucine	S14, S2
Lysine	S14, S2
Alanine	S14, S2
6:0	S2
12:0	S2
18:2 undifferentiated	S2
18:3 undifferentiated	S2
Iron, Fe	S2
Tocopherol, gamma	S2
Vitamin B-12	S2
Valine	S14, S2
8:0	S2
Sugars, total	S2
Carotene, alpha	S2
Lycopene	S2
Riboflavin	S2
Threonine	S14, S2
16:0	S2
16:1 undifferentiated	S2
Caffeine	S2
Potassium, K	S2
Zinc, Zn	S2
Copper, Cu	S2
Selenium, Se	S2
Tocopherol, delta	S2
Proline	S14, S2
Serine	S14, S2
4:0	S2
18:4	S2
22:5 n-3 (DPA)	S2

NDB No. 13876 Beef, round, bottom round, roast, separable lean and fat, trimmed to 1/8" fat, select, cooked, roasted

Total lipid (fat)	S2

NDB No. 13876 Beef, round, bottom round, roast, separable lean and fat, trimmed to 1/8" fat, select, cooked, roasted

Caffeine	S2
Calcium, Ca	S2
Selenium, Se	S2
Tocopherol, delta	S2
Vitamin K (phylloquinone)	S2
18:1 undifferentiated	S2
22:1 undifferentiated	S2
Protein	S2
Sugars, total	S2
Carotene, beta	S2
Lutein + zeaxanthin	S2
Cystine	S14, S2
18:3 undifferentiated	S2
Ash	S2
Fiber, total dietary	S2
Vitamin C, total ascorbic acid	S2
Thiamin	S2
Isoleucine	S14, S2
6:0	S2
Zinc, Zn	S2
Valine	S14, S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2
22:5 n-3 (DPA)	S2
Water	S2
Theobromine	S2
Tocopherol, beta	S2
Tocopherol, gamma	S2
Threonine	S14, S2
Lysine	S14, S2
Phenylalanine	S14, S2
Histidine	S14, S2
Glutamic acid	S14, S2
Serine	S14, S2
14:0	S2
22:6 n-3 (DHA)	S2
Iron, Fe	S2

NDB No. 13876 Beef, round, bottom round, roast, separable lean and fat, trimmed to 1/8" fat, select, cooked, roasted

Magnesium, Mg	S2
Potassium, K	S2
Sodium, Na	S2
Copper, Cu	S2
Vitamin E (alpha-tocopherol)	S2
Riboflavin	S2
Tyrosine	S14, S2
Alanine	S14, S2
Glycine	S14, S2
10:0	S2
20:1	S2
20:5 n-3 (EPA)	S2
Phosphorus, P	S2
Retinol	S2
Carotene, alpha	S2
Cryptoxanthin, beta	S2
Lycopene	S2
Niacin	S2
Vitamin B-6	S2
Leucine	S14, S2
Methionine	S14, S2
Arginine	S14, S2
Aspartic acid	S14, S2
8:0	S2
12:0	S2
16:0	S2
18:2 undifferentiated	S2
Manganese, Mn	S2
Pantothenic acid	S2
Folate, total	S2
Vitamin B-12	S2
Tryptophan	S14, S2
Proline	S14, S2
4:0	S2
18:0	S2
18:4	S2

NDB No. 13877 Beef, round, eye of round, roast, separable lean and fat, trimmed to 1/8" fat, all grades, raw

Calcium, Ca	S2
Sodium, Na	S2
Lycopene	S2
Vitamin C, total ascorbic acid	S2
Riboflavin	S2
Vitamin K (phylloquinone)	S2
Leucine	S14, S2
Lysine	S14, S2
Aspartic acid	S14, S2
6:0	S2
18:2 undifferentiated	S2
18:4	S2
Total lipid (fat)	S2
Theobromine	S2
Selenium, Se	S2
Lutein + zeaxanthin	S2
Vitamin B-6	S2
Phenylalanine	S14, S2
Alanine	S14, S2
22:1 undifferentiated	S2
Sugars, total	S2
Potassium, K	S2
Copper, Cu	S2
Carotene, alpha	S2
Thiamin	S2
Pantothenic acid	S2
Valine	S14, S2
Serine	S14, S2
Fiber, total dietary	S2
Tryptophan	S14, S2
Threonine	S14, S2
Cystine	S14, S2
4:0	S2
16:1 undifferentiated	S2
Protein	S2
Caffeine	S2
Phosphorus, P	S2

NDB No. 13877 Beef, round, eye of round, roast, separable lean and fat, trimmed to 1/8" fat, all grades, raw

Tocopherol, beta	S2
Tocopherol, gamma	S2
Tocopherol, delta	S2
Methionine	S14, S2
Histidine	S14, S2
Glycine	S14, S2
Water	S2
Zinc, Zn	S2
Manganese, Mn	S2
Carotene, beta	S2
Vitamin E (alpha-tocopherol)	S2
Niacin	S2
Arginine	S14, S2
8:0	S2
10:0	S2
18:0	S2
18:1 undifferentiated	S2
18:3 undifferentiated	S2
22:6 n-3 (DHA)	S2
Magnesium, Mg	S2
Cryptoxanthin, beta	S2
Folate, total	S2
Vitamin B-12	S2
Isoleucine	S14, S2
Glutamic acid	S14, S2
Proline	S14, S2
12:0	S2
14:0	S2
20:1	S2
22:5 n-3 (DPA)	S2
Ash	S2
Iron, Fe	S2
Retinol	S2
Tyrosine	S14, S2
16:0	S2
20:4 undifferentiated	S2
20:5 n-3 (EPA)	S2

NDB No. 13878 Beef, round, eye of round, roast, separable lean and fat, trimmed to 1/8" fat, all grades, cooked, roasted

Sodium, Na	S2
Manganese, Mn	S2
Selenium, Se	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, beta	S2
Tocopherol, gamma	S2
Vitamin B-6	S2
Vitamin B-12	S2
Threonine	S14, S2
Alanine	S14, S2
10:0	S2
18:1 undifferentiated	S2
18:2 undifferentiated	S2
18:3 undifferentiated	S2
20:4 undifferentiated	S2
22:6 n-3 (DHA)	S2
Total lipid (fat)	S2
Retinol	S2
Thiamin	S2
Tryptophan	S14, S2
Leucine	S14, S2
Methionine	S14, S2
Protein	S2
Magnesium, Mg	S2
Potassium, K	S2
Copper, Cu	S2
Histidine	S14, S2
Aspartic acid	S14, S2
Proline	S14, S2
16:0	S2
22:1 undifferentiated	S2
Water	S2
Phosphorus, P	S2
Tocopherol, delta	S2
Isoleucine	S14, S2
Lysine	S14, S2
Cystine	S14, S2

NDB No. 13878 Beef, round, eye of round, roast, separable lean and fat, trimmed to 1/8" fat, all grades, cooked, roasted

Tyrosine	S14, S2
12:0	S2
Zinc, Zn	S2
Fluoride, F	D5001, D5002, D5007, D5021
Folate, total	S2
Phenylalanine	S14, S2
Valine	S14, S2
18:4	S2
20:1	S2
Iron, Fe	S2
Vitamin K (phylloquinone)	S2
Glycine	S14, S2
Serine	S14, S2
Ash	S2
Niacin	S2
Pantothenic acid	S2
Arginine	S14, S2
20:5 n-3 (EPA)	S2
Calcium, Ca	S2
Riboflavin	S2
Glutamic acid	S14, S2
14:0	S2
18:0	S2
16:1 undifferentiated	S2
22:5 n-3 (DPA)	S2

NDB No. 13879 Beef, round, eye of round, roast, separable lean and fat, trimmed to 1/8" fat, choice, raw

Caffeine	S2
Carotene, beta	S2
Vitamin C, total ascorbic acid	S2
8:0	S2
Ash	S2
Copper, Cu	S2
Selenium, Se	S2
Lycopene	S2
Lutein + zeaxanthin	S2

NDB No. 13879 Beef, round, eye of round, roast, separable lean and fat, trimmed to 1/8" fat, choice, raw

Thiamin	S2
Pantothenic acid	S2
Histidine	S14, S2
Glutamic acid	S14, S2
4:0	S2
12:0	S2
20:5 n-3 (EPA)	S2
Protein	S2
Iron, Fe	S2
Phosphorus, P	S2
Vitamin B-6	S2
Folate, total	S2
Isoleucine	S14, S2
Valine	S14, S2
18:0	S2
22:1 undifferentiated	S2
Magnesium, Mg	S2
Zinc, Zn	S2
Vitamin E (alpha-tocopherol)	S2
Lysine	S14, S2
Methionine	S14, S2
Serine	S14, S2
10:0	S2
16:0	S2
18:3 undifferentiated	S2
20:4 undifferentiated	S2
18:4	S2
20:1	S2
Calcium, Ca	S2
Sodium, Na	S2
Manganese, Mn	S2
Cryptoxanthin, beta	S2
Tocopherol, gamma	S2
Vitamin K (phylloquinone)	S2
Cystine	S14, S2
Tyrosine	S14, S2
Proline	S14, S2

NDB No. 13879 Beef, round, eye of round, roast, separable lean and fat, trimmed to 1/8" fat, choice, raw

6:0	S2
14:0	S2
Water	S2
Theobromine	S2
Fiber, total dietary	S2
Retinol	S2
Carotene, alpha	S2
Tocopherol, beta	S2
Niacin	S2
Aspartic acid	S14, S2
22:6 n-3 (DHA)	S2
Total lipid (fat)	S2
Sugars, total	S2
Tocopherol, delta	S2
Leucine	S14, S2
Arginine	S14, S2
Glycine	S14, S2
16:1 undifferentiated	S2
Potassium, K	S2
Riboflavin	S2
Vitamin B-12	S2
Tryptophan	S14, S2
Threonine	S14, S2
Phenylalanine	S14, S2
Alanine	S14, S2
18:1 undifferentiated	S2
18:2 undifferentiated	S2
22:5 n-3 (DPA)	S2

NDB No. 13880 Beef, round, eye of round, roast, separable lean and fat, trimmed to 1/8" fat, choice, cooked, roasted

Zinc, Zn	S2
Selenium, Se	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, gamma	S2
Pantothenic acid	S2
Tryptophan	S14, S2

NDB No. 13880 Beef, round, eye of round, roast, separable lean and fat, trimmed to 1/8" fat, choice, cooked, roasted

Tyrosine	S14, S2
Glutamic acid	S14, S2
18:2 undifferentiated	S2
22:1 undifferentiated	S2
Ash	S2
Calcium, Ca	S2
Iron, Fe	S2
Sodium, Na	S2
Vitamin B-12	S2
Leucine	S14, S2
Lysine	S14, S2
16:1 undifferentiated	S2
20:5 n-3 (EPA)	S2
Theobromine	S2
Vitamin C, total ascorbic acid	S2
Niacin	S2
16:0	S2
18:1 undifferentiated	S2
20:4 undifferentiated	S2
Protein	S2
Caffeine	S2
Fiber, total dietary	S2
Carotene, beta	S2
Lycopene	S2
Cystine	S14, S2
Valine	S14, S2
Alanine	S14, S2
Serine	S14, S2
6:0	S2
14:0	S2
Retinol	S2
Cryptoxanthin, beta	S2
Isoleucine	S14, S2
Methionine	S14, S2
12:0	S2
18:3 undifferentiated	S2
22:6 n-3 (DHA)	S2

NDB No. 13880 Beef, round, eye of round, roast, separable lean and fat, trimmed to 1/8" fat, choice, cooked, roasted

Phosphorus, P	S2
Tocopherol, delta	S2
Glycine	S14, S2
Proline	S14, S2
8:0	S2
18:0	S2
Water	S2
Copper, Cu	S2
Manganese, Mn	S2
Carotene, alpha	S2
Tocopherol, beta	S2
Thiamin	S2
Threonine	S14, S2
Phenylalanine	S14, S2
Arginine	S14, S2
4:0	S2
22:5 n-3 (DPA)	S2
Total lipid (fat)	S2
Sugars, total	S2
Magnesium, Mg	S2
Potassium, K	S2
Lutein + zeaxanthin	S2
Riboflavin	S2
Vitamin B-6	S2
Folate, total	S2
Vitamin K (phylloquinone)	S2
Histidine	S14, S2
Aspartic acid	S14, S2
10:0	S2
18:4	S2
20:1	S2

NDB No. 13881 Beef, round, eye of round, roast, separable lean and fat, trimmed to 1/8" fat, select, raw

Iron, Fe	S2
Lycopene	S2
Lutein + zeaxanthin	S2

NDB No. 13881 Beef, round, eye of round, roast, separable lean and fat, trimmed to 1/8" fat, select, raw

Tocopherol, delta	S2
Glutamic acid	S14, S2
6:0	S2
10:0	S2
Theobromine	S2
Zinc, Zn	S2
Leucine	S14, S2
4:0	S2
20:1	S2
Protein	S2
Sugars, total	S2
Potassium, K	S2
Cryptoxanthin, beta	S2
Tocopherol, gamma	S2
Riboflavin	S2
Tryptophan	S14, S2
Threonine	S14, S2
Methionine	S14, S2
Tyrosine	S14, S2
Arginine	S14, S2
16:0	S2
Magnesium, Mg	S2
Copper, Cu	S2
Vitamin K (phylloquinone)	S2
Lysine	S14, S2
Cystine	S14, S2
Aspartic acid	S14, S2
18:3 undifferentiated	S2
18:4	S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2
Total lipid (fat)	S2
Fiber, total dietary	S2
Sodium, Na	S2
Manganese, Mn	S2
Carotene, alpha	S2
Pantothenic acid	S2

NDB No. 13881 Beef, round, eye of round, roast, separable lean and fat, trimmed to 1/8" fat, select, raw

Vitamin B-6	S2
Isoleucine	S14, S2
Phenylalanine	S14, S2
Valine	S14, S2
Serine	S14, S2
8:0	S2
18:2 undifferentiated	S2
Ash	S2
Water	S2
Caffeine	S2
Calcium, Ca	S2
Selenium, Se	S2
Retinol	S2
Carotene, beta	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, beta	S2
Thiamin	S2
Glycine	S14, S2
14:0	S2
18:0	S2
16:1 undifferentiated	S2
22:5 n-3 (DPA)	S2
Phosphorus, P	S2
Niacin	S2
Vitamin B-12	S2
Alanine	S14, S2
Proline	S14, S2
12:0	S2
22:6 n-3 (DHA)	S2
Vitamin C, total ascorbic acid	S2
Folate, total	S2
Histidine	S14, S2
18:1 undifferentiated	S2
20:4 undifferentiated	S2

NDB No. 13882 Beef, round, eye of round, roast, separable lean and fat, trimmed to 1/8" fat, select, cooked, roasted

NDB No. 13882 Beef, round, eye of round, roast, separable lean and fat, trimmed to 1/8" fat, select, cooked, roasted

Vitamin E (alpha-tocopherol)	S2
Riboflavin	S2
Folate, total	S2
Vitamin K (phylloquinone)	S2
Glutamic acid	S14, S2
Proline	S14, S2
Serine	S14, S2
12:0	S2
Caffeine	S2
Selenium, Se	S2
Retinol	S2
Carotene, beta	S2
Lycopene	S2
Phenylalanine	S14, S2
Histidine	S14, S2
Alanine	S14, S2
10:0	S2
18:3 undifferentiated	S2
20:1	S2
20:5 n-3 (EPA)	S2
Total lipid (fat)	S2
Theobromine	S2
Calcium, Ca	S2
Phosphorus, P	S2
Potassium, K	S2
Vitamin B-6	S2
Isoleucine	S14, S2
Aspartic acid	S14, S2
Glycine	S14, S2
6:0	S2
18:2 undifferentiated	S2
22:1 undifferentiated	S2
Water	S2
Zinc, Zn	S2
Manganese, Mn	S2
Cryptoxanthin, beta	S2
Lutein + zeaxanthin	S2

NDB No. 13882 Beef, round, eye of round, roast, separable lean and fat, trimmed to 1/8" fat, select, cooked, roasted

Niacin	S2
4:0	S2
20:4 undifferentiated	S2
22:5 n-3 (DPA)	S2
Tocopherol, delta	S2
Vitamin C, total ascorbic acid	S2
Leucine	S14, S2
Cystine	S14, S2
18:1 undifferentiated	S2
22:6 n-3 (DHA)	S2
16:1 undifferentiated	S2
18:4	S2
Sugars, total	S2
Magnesium, Mg	S2
Carotene, alpha	S2
Thiamin	S2
Pantothenic acid	S2
Valine	S14, S2
18:0	S2
Ash	S2
Iron, Fe	S2
Copper, Cu	S2
Tocopherol, gamma	S2
Vitamin B-12	S2
Methionine	S14, S2
Tyrosine	S14, S2
16:0	S2
Protein	S2
Fiber, total dietary	S2
Sodium, Na	S2
Tocopherol, beta	S2
Tryptophan	S14, S2
Threonine	S14, S2
Lysine	S14, S2
Arginine	S14, S2
8:0	S2
14:0	S2

NDB No. 13884 Beef, round, tip round, roast, separable lean and fat, trimmed to 1/8" fat, all grades, cooked, roasted

Fluoride, F	D5001, D5002, D5007, D5021

NDB No. 13889 Beef, shoulder top blade steak, boneless, separable lean and fat, trimmed to 0" fat, choice, raw

Total lipid (fat)	S6702
Zinc, Zn	S6702
Manganese, Mn	S6702
Selenium, Se	S6702
Niacin	S6702
Betaine	S6702
Tryptophan	S6702
Phenylalanine	S6702
Valine	S6702
Serine	S6702
18:2 undifferentiated	S6702
18:3 undifferentiated	S6702
20:1	S6702
18:2 n-6 c,c	S6702
Calcium, Ca	S6702
Iron, Fe	S6702
Potassium, K	S6702
Sodium, Na	S6702
Vitamin E (alpha-tocopherol)	S6702
Thiamin	S6702
Pantothenic acid	S6702
Vitamin B-6	S6702
Choline, total	S6702
Vitamin K (phylloquinone)	S14
Isoleucine	S6702
Histidine	S6702
Fatty acids, total trans	S6702
18:0	S6702
Fatty acids, total polyunsaturated	S6702
17:0	S6702
18:1 t	S6702
18:2 CLAs	S6702
18:1 c	S6702

NDB No. 13889 Beef, shoulder top blade steak, boneless, separable lean and fat, trimmed to 0" fat, choice, raw

Lysine	S6702
18:1 undifferentiated	S6702
20:4 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
16:1 undifferentiated	S6702
Ash	S6702
Water	S6702
Cystine	S6702
Arginine	S6702
Alanine	S6702
Fatty acids, total saturated	S6702
16:0	S6702
Fatty acids, total monounsaturated	S6702
16:1 c	S6702
Threonine	S6702
Glutamic acid	S6702
14:1	S6702
22:5 n-3 (DPA)	S6702
18:1-11t (18:1t n-7)	S6702
Magnesium, Mg	S6702
Leucine	S6702
Aspartic acid	S6702
14:0	S6702
17:1	S6702
Copper, Cu	S6702
Riboflavin	S6702
Vitamin B-12	S6702
Tyrosine	S6702
Glycine	S6702
Proline	S6702
24:0	S6702
18:3 n-3 c,c,c (ALA)	S6702
Protein	S6702
Phosphorus, P	S6702
Methionine	S6702
Cholesterol	S6702
20:0	S6702

NDB No. 13889 Beef, shoulder top blade steak, boneless, separable lean and fat, trimmed to 0" fat, choice, raw

20:5 n-3 (EPA)	S6702
20:2 n-6 c,c	S6702
Fatty acids, total trans-monoenoic	S6702

NDB No. 13890 Beef, round, top round, separable lean only, trimmed to 1/8" fat, choice, cooked, pan-fried

Ash	S2
Zinc, Zn	S2
Thiamin	S2
Tryptophan	S14, S2
Threonine	S14, S2
Valine	S14, S2
Histidine	S14, S2
18:2 undifferentiated	S2
Fatty acids, total monounsaturated	S2
Total lipid (fat)	S2
Phosphorus, P	S2
Vitamin B-6	S2
16:0	S2
18:1 undifferentiated	S2
18:3 undifferentiated	S2
Calcium, Ca	S2
Manganese, Mn	S2
Folic acid	S2
Tyrosine	S14, S2
14:0	S2
Selenium, Se	S2
Niacin	S2
Isoleucine	S14, S2
Lysine	S14, S2
Methionine	S14, S2
Cystine	S14, S2
Serine	S14, S2
18:0	S2
20:1	S2
Water	S2

NDB No. 13890 Beef, round, top round, separable lean only, trimmed to 1/8" fat, choice, cooked, pan-fried

Iron, Fe	S2
Riboflavin	S2
Folate, food	S2
Alanine	S14, S2
Glutamic acid	S14, S2
Glycine	S14, S2
Copper, Cu	S2
Folate, total	S2
Fatty acids, total saturated	S2
Magnesium, Mg	S2
Pantothenic acid	S2
Vitamin B-12	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2
Protein	S2
Potassium, K	S2
Sodium, Na	S2
Vitamin K (phylloquinone)	S2
Leucine	S14, S2
Phenylalanine	S14, S2
Arginine	S14, S2
Aspartic acid	S14, S2
Proline	S14, S2
Fatty acids, total polyunsaturated	S2

NDB No. 13891 Beef, round, top round, steak, separable lean and fat, trimmed to 1/8" fat, all grades, raw

Caffeine	S2
Calcium, Ca	S2
Potassium, K	S2
Lycopene	S2
Vitamin C, total ascorbic acid	S2
Lysine	S14, S2
Alanine	S14, S2
Serine	S14, S2
10:0	S2
Protein	S2

NDB No. 13891 Beef, round, top round, steak, separable lean and fat, trimmed to 1/8" fat, all grades, raw

Iron, Fe	S2
Phosphorus, P	S2
Manganese, Mn	S2
Selenium, Se	S2
Niacin	S2
Tryptophan	S14, S2
16:0	S2
18:1 undifferentiated	S2
18:2 undifferentiated	S2
18:3 undifferentiated	S2
Vitamin B-12	S2
Proline	S14, S2
14:0	S2
22:6 n-3 (DHA)	S2
20:1	S2
22:1 undifferentiated	S2
Magnesium, Mg	S2
Sodium, Na	S2
Retinol	S2
Folate, total	S2
Isoleucine	S14, S2
Glutamic acid	S14, S2
12:0	S2
18:0	S2
20:4 undifferentiated	S2
Ash	S2
Water	S2
Carotene, beta	S2
Vitamin E (alpha-tocopherol)	S2
Cryptoxanthin, beta	S2
Tocopherol, delta	S2
Thiamin	S2
Tyrosine	S14, S2
22:5 n-3 (DPA)	S2
Theobromine	S2
Sugars, total	S2
Zinc, Zn	S2

NDB No. 13891 Beef, round, top round, steak, separable lean and fat, trimmed to 1/8" fat, all grades, raw

Copper, Cu	S2
Riboflavin	S2
Vitamin B-6	S2
Methionine	S14, S2
Arginine	S14, S2
Histidine	S14, S2
Aspartic acid	S14, S2
16:1 undifferentiated	S2
18:4	S2
Total lipid (fat)	S2
Fiber, total dietary	S2
Carotene, alpha	S2
Lutein + zeaxanthin	S2
Vitamin K (phylloquinone)	S2
Leucine	S14, S2
Valine	S14, S2
Glycine	S14, S2
Tocopherol, beta	S2
Tocopherol, gamma	S2
Pantothenic acid	S2
Threonine	S14, S2
Cystine	S14, S2
Phenylalanine	S14, S2
4:0	S2
6:0	S2
8:0	S2
20:5 n-3 (EPA)	S2

NDB No. 13892 Beef, round, top round, separable lean and fat, trimmed to 1/8" fat, all grades, cooked, braised

Fluoride, F	D5001, D5002, D5007, D5021

NDB No. 13893 Beef, round, top round steak, separable lean and fat, trimmed to 1/8" fat, all grades, cooked, broiled

Protein	S2
Ash	S2
Calcium, Ca	S2
Fluoride, F	D5001, D5002, D5007, D5021

NDB No. 13893 Beef, round, top round steak, separable lean and fat, trimmed to 1/8" fat, all grades, cooked, broiled

Tocopherol, beta	S2
Vitamin B-12	S2
Serine	S14, S2
18:0	S2
Iron, Fe	S2
Selenium, Se	S2
Retinol	S2
Vitamin E (alpha-tocopherol)	S2
Tryptophan	S14, S2
Cystine	S14, S2
Glycine	S14, S2
Proline	S14, S2
22:6 n-3 (DHA)	S2
18:4	S2
22:5 n-3 (DPA)	S2
Manganese, Mn	S2
Riboflavin	S2
Niacin	S2
Valine	S14, S2
18:2 undifferentiated	S2
Potassium, K	S2
Sodium, Na	S2
Folate, total	S2
Isoleucine	S14, S2
Phenylalanine	S14, S2
Alanine	S14, S2
20:4 undifferentiated	S2
Total lipid (fat)	S2
Magnesium, Mg	S2
Copper, Cu	S2
Methionine	S14, S2
18:1 undifferentiated	S2
18:3 undifferentiated	S2
16:1 undifferentiated	S2
Pantothenic acid	S2
Lysine	S14, S2
Tyrosine	S14, S2

NDB No. 13893 Beef, round, top round steak, separable lean and fat, trimmed to 1/8" fat, all grades, cooked, broiled

10:0	S2
16:0	S2
Thiamin	S2
Vitamin B-6	S2
Threonine	S14, S2
Aspartic acid	S14, S2
12:0	S2
20:1	S2
20:5 n-3 (EPA)	S2
Water	S2
Phosphorus, P	S2
Zinc, Zn	S2
Tocopherol, gamma	S2
Tocopherol, delta	S2
Vitamin K (phylloquinone)	S2
Leucine	S14, S2
Arginine	S14, S2
Histidine	S14, S2
Glutamic acid	S14, S2
14:0	S2
22:1 undifferentiated	S2

NDB No. 13894 Beef, round, top round, steak, separable lean and fat, trimmed to 1/8" fat, choice, raw

Total lipid (fat)	S2
Manganese, Mn	S2
Vitamin C, total ascorbic acid	S2
Proline	S14, S2
6:0	S2
10:0	S2
22:5 n-3 (DPA)	S2
Protein	S2
Fiber, total dietary	S2
Iron, Fe	S2
Potassium, K	S2
Retinol	S2
Carotene, beta	S2

NDB No. 13894 Beef, round, top round, steak, separable lean and fat, trimmed to 1/8" fat, choice, raw

Tocopherol, beta	S2
Tocopherol, gamma	S2
Lysine	S14, S2
Methionine	S14, S2
Histidine	S14, S2
Aspartic acid	S14, S2
Glutamic acid	S14, S2
Serine	S14, S2
8:0	S2
20:1	S2
Ash	S2
Phosphorus, P	S2
Copper, Cu	S2
Selenium, Se	S2
Lycopene	S2
Lutein + zeaxanthin	S2
Tocopherol, delta	S2
Riboflavin	S2
Niacin	S2
Vitamin B-12	S2
Vitamin K (phylloquinone)	S2
Leucine	S14, S2
Phenylalanine	S14, S2
Water	S2
Caffeine	S2
Magnesium, Mg	S2
Vitamin B-6	S2
Threonine	S14, S2
Tyrosine	S14, S2
Valine	S14, S2
Glycine	S14, S2
20:4 undifferentiated	S2
Sugars, total	S2
Calcium, Ca	S2
Sodium, Na	S2
Vitamin E (alpha-tocopherol)	S2
Cryptoxanthin, beta	S2

NDB No. 13894 Beef, round, top round, steak, separable lean and fat, trimmed to 1/8" fat, choice, raw

Thiamin	S2
Isoleucine	S14, S2
4:0	S2
12:0	S2
16:0	S2
18:3 undifferentiated	S2
22:6 n-3 (DHA)	S2
Theobromine	S2
Folate, total	S2
16:1 undifferentiated	S2
18:4	S2
22:1 undifferentiated	S2
Zinc, Zn	S2
Pantothenic acid	S2
Tryptophan	S14, S2
Arginine	S14, S2
Alanine	S14, S2
18:1 undifferentiated	S2
18:2 undifferentiated	S2
Carotene, alpha	S2
Cystine	S14, S2
14:0	S2
18:0	S2
20:5 n-3 (EPA)	S2

NDB No. 13896 Beef, round, top round, steak, separable lean and fat, trimmed to 1/8" fat, choice, cooked, broiled

Total lipid (fat)	S2
Ash	S2
Water	S2
Calcium, Ca	S2
Potassium, K	S2
Threonine	S14, S2
18:3 undifferentiated	S2
22:6 n-3 (DHA)	S2
Copper, Cu	S2
Manganese, Mn	S2

NDB No. 13896 Beef, round, top round, steak, separable lean and fat, trimmed to 1/8" fat, choice, cooked, broiled

Retinol	S2
Cryptoxanthin, beta	S2
Lycopene	S2
Vitamin C, total ascorbic acid	S2
Thiamin	S2
Tryptophan	S14, S2
Isoleucine	S14, S2
Cystine	S14, S2
Tyrosine	S14, S2
Aspartic acid	S14, S2
Proline	S14, S2
12:0	S2
Protein	S2
Fiber, total dietary	S2
Magnesium, Mg	S2
Lutein + zeaxanthin	S2
Folate, total	S2
6:0	S2
Tocopherol, delta	S2
Riboflavin	S2
Niacin	S2
Pantothenic acid	S2
4:0	S2
8:0	S2
14:0	S2
20:1	S2
Vitamin B-6	S2
Vitamin K (phylloquinone)	S2
Serine	S14, S2
18:2 undifferentiated	S2
20:4 undifferentiated	S2
18:4	S2
Zinc, Zn	S2
Carotene, alpha	S2
Tocopherol, beta	S2
Lysine	S14, S2
Methionine	S14, S2

NDB No. 13896 Beef, round, top round, steak, separable lean and fat, trimmed to 1/8" fat, choice, cooked, broiled

Histidine	S14, S2
Alanine	S14, S2
16:1 undifferentiated	S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2
22:5 n-3 (DPA)	S2
Caffeine	S2
Sugars, total	S2
Selenium, Se	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, gamma	S2
Phenylalanine	S14, S2
Valine	S14, S2
Arginine	S14, S2
Glutamic acid	S14, S2
Glycine	S14, S2
16:0	S2
Theobromine	S2
Iron, Fe	S2
Phosphorus, P	S2
Sodium, Na	S2
Carotene, beta	S2
Vitamin B-12	S2
Leucine	S14, S2
10:0	S2
18:0	S2
18:1 undifferentiated	S2

NDB No. 13898 Beef, round, top round, steak, separable lean and fat, trimmed to 1/8" fat, select, raw

Iron, Fe	S2
Magnesium, Mg	S2
Copper, Cu	S2
Retinol	S2
Cryptoxanthin, beta	S2
Vitamin B-12	S2
Tyrosine	S14, S2

NDB No. 13898 Beef, round, top round, steak, separable lean and fat, trimmed to 1/8" fat, select, raw

18:4	S2
Potassium, K	S2
Zinc, Zn	S2
Arginine	S14, S2
Aspartic acid	S14, S2
22:6 n-3 (DHA)	S2
Total lipid (fat)	S2
Water	S2
Carotene, alpha	S2
Vitamin E (alpha-tocopherol)	S2
Thiamin	S2
Isoleucine	S14, S2
Lysine	S14, S2
Serine	S14, S2
18:1 undifferentiated	S2
20:1	S2
22:1 undifferentiated	S2
22:5 n-3 (DPA)	S2
Fiber, total dietary	S2
Sodium, Na	S2
Lycopene	S2
Vitamin B-6	S2
Leucine	S14, S2
Cystine	S14, S2
4:0	S2
10:0	S2
16:0	S2
18:0	S2
18:3 undifferentiated	S2
Protein	S2
Ash	S2
Calcium, Ca	S2
Phosphorus, P	S2
Tocopherol, beta	S2
Tocopherol, gamma	S2
Niacin	S2
Valine	S14, S2

NDB No. 13898 Beef, round, top round, steak, separable lean and fat, trimmed to 1/8" fat, select, raw

Proline	S14, S2
20:4 undifferentiated	S2
20:5 n-3 (EPA)	S2
Riboflavin	S2
Pantothenic acid	S2
Vitamin K (phylloquinone)	S2
Tryptophan	S14, S2
Glutamic acid	S14, S2
18:2 undifferentiated	S2
Theobromine	S2
Manganese, Mn	S2
Carotene, beta	S2
Lutein + zeaxanthin	S2
Tocopherol, delta	S2
Vitamin C, total ascorbic acid	S2
Threonine	S14, S2
Methionine	S14, S2
Phenylalanine	S14, S2
Histidine	S14, S2
Glycine	S14, S2
6:0	S2
8:0	S2
12:0	S2
14:0	S2
Caffeine	S2
Sugars, total	S2
Selenium, Se	S2
Folate, total	S2
Alanine	S14, S2
16:1 undifferentiated	S2

NDB No. 13900 Beef, round, top round, steak, separable lean and fat, trimmed to 1/8" fat, select, cooked, broiled

Ash	S2
Water	S2
Theobromine	S2
Magnesium, Mg	S2

NDB No. 13900 Beef, round, top round, steak, separable lean and fat, trimmed to 1/8" fat, select, cooked, broiled

Selenium, Se	S2
Lutein + zeaxanthin	S2
Pantothenic acid	S2
Folate, total	S2
Vitamin K (phylloquinone)	S2
Tyrosine	S14, S2
18:4	S2
22:5 n-3 (DPA)	S2
Manganese, Mn	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, delta	S2
Isoleucine	S14, S2
Leucine	S14, S2
12:0	S2
14:0	S2
16:0	S2
18:2 undifferentiated	S2
18:3 undifferentiated	S2
22:1 undifferentiated	S2
Total lipid (fat)	S2
Carotene, alpha	S2
Tocopherol, beta	S2
Thiamin	S2
Vitamin B-6	S2
Histidine	S14, S2
Serine	S14, S2
4:0	S2
6:0	S2
8:0	S2
16:1 undifferentiated	S2
Calcium, Ca	S2
Sodium, Na	S2
Retinol	S2
Tryptophan	S14, S2
Threonine	S14, S2
Valine	S14, S2
Aspartic acid	S14, S2

NDB No. 13900 Beef, round, top round, steak, separable lean and fat, trimmed to 1/8" fat, select, cooked, broiled

18:1 undifferentiated	S2
Protein	S2
Riboflavin	S2
Vitamin B-12	S2
10:0	S2
20:4 undifferentiated	S2
22:6 n-3 (DHA)	S2
20:5 n-3 (EPA)	S2
Caffeine	S2
Phosphorus, P	S2
Zinc, Zn	S2
Tocopherol, gamma	S2
Phenylalanine	S14, S2
Alanine	S14, S2
18:0	S2
Fiber, total dietary	S2
Iron, Fe	S2
Potassium, K	S2
Copper, Cu	S2
Carotene, beta	S2
Cryptoxanthin, beta	S2
Lycopene	S2
Niacin	S2
Methionine	S14, S2
Cystine	S14, S2
Glutamic acid	S14, S2
20:1	S2
Sugars, total	S2
Vitamin C, total ascorbic acid	S2
Lysine	S14, S2
Arginine	S14, S2
Glycine	S14, S2
Proline	S14, S2

NDB No. 13903 Beef, shoulder top blade steak, boneless, separable lean and fat, trimmed to 0" fat, select, raw

Ash	S6702

NDB No. 13903 Beef, shoulder top blade steak, boneless, separable lean and fat, trimmed to 0" fat, select, raw

Vitamin B-12	S6702
Choline, total	S6702
Leucine	S6702
Valine	S6702
22:6 n-3 (DHA)	S6702
Total lipid (fat)	S6702
Magnesium, Mg	S6702
Phosphorus, P	S6702
Selenium, Se	S6702
Thiamin	S6702
Riboflavin	S6702
Threonine	S6702
Isoleucine	S6702
Phenylalanine	S6702
Aspartic acid	S6702
Proline	S6702
Serine	S6702
18:3 undifferentiated	S6702
18:2 CLAs	S6702
17:1	S6702
Copper, Cu	S6702
14:0	S6702
16:0	S6702
18:1 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
Vitamin B-6	S6702
Vitamin K (phylloquinone)	S14
Methionine	S6702
Arginine	S6702
Alanine	S6702
Glycine	S6702
Cholesterol	S6702
14:1	S6702
20:1	S6702
22:5 n-3 (DPA)	S6702
Fatty acids, total polyunsaturated	S6702
Calcium, Ca	S6702

NDB No. 13903 Beef, shoulder top blade steak, boneless, separable lean and fat, trimmed to 0" fat, select, raw

Zinc, Zn	S6702
Vitamin E (alpha-tocopherol)	S6702
Fatty acids, total trans	S6702
20:4 undifferentiated	S6702
24:0	S6702
20:2 n-6 c,c	S6702
18:2 n-6 c,c	S6702
Iron, Fe	S6702
Manganese, Mn	S6702
Niacin	S6702
Cystine	S6702
Glutamic acid	S6702
20:0	S6702
16:1 c	S6702
18:3 n-3 c,c,c (ALA)	S6702
Protein	S6702
Water	S6702
Potassium, K	S6702
Pantothenic acid	S6702
Histidine	S6702
Fatty acids, total saturated	S6702
16:1 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
17:0	S6702
18:1 t	S6702
Fatty acids, total trans-monoenoic	S6702
18:1-11t (18:1t n-7)	S6702
Sodium, Na	S6702
Betaine	S6702
Tryptophan	S6702
Lysine	S6702
Tyrosine	S6702
18:0	S6702
18:2 undifferentiated	S6702
18:1 c	S6702

NDB No. 13904 Beef, brisket, flat half, boneless, separable lean and fat, trimmed to 0" fat, all grades, raw

Phosphorus, P	S6702
Potassium, K	S6702
Copper, Cu	S6702
Alanine	S6702
16:0	S6702
18:2 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
Fatty acids, total polyunsaturated	S6702
18:1 c	S6702
Vitamin B-6	S6702
Threonine	S6702
22:6 n-3 (DHA)	S6702
18:1 t	S6702
18:2 n-6 c,c	S6702
Iron, Fe	S6702
Sodium, Na	S6702
Thiamin	S6702
Niacin	S6702
Isoleucine	S6702
Phenylalanine	S6702
20:0	S6702
20:4 undifferentiated	S6702
Vitamin B-12	S6702
Tryptophan	S6702
Leucine	S6702
Arginine	S6702
Glutamic acid	S6702
Serine	S6702
Fatty acids, total trans	S6702
18:0	S6702
18:3 undifferentiated	S6702
24:0	S6702
Total lipid (fat)	S6702
Vitamin E (alpha-tocopherol)	S6702
Riboflavin	S6702
Pantothenic acid	S6702
Lysine	S6702

NDB No. 13904 Beef, brisket, flat half, boneless, separable lean and fat, trimmed to 0" fat, all grades, raw

Tyrosine	S6702
Valine	S6702
14:0	S6702
18:2 CLAs	S6702
20:2 n-6 c,c	S6702
16:1 c	S6702
Methionine	S6702
Cystine	S6702
Glycine	S6702
16:1 undifferentiated	S6702
20:1	S6702
17:0	S6702
Fatty acids, total trans-monoenoic	S6702
18:1-11t (18:1t n-7)	S6702
Protein	S6702
Ash	S6702
Calcium, Ca	S6702
Magnesium, Mg	S6702
Manganese, Mn	S6702
Selenium, Se	S6702
Betaine	S6702
Proline	S6702
Fatty acids, total saturated	S6702
18:1 undifferentiated	S6702
14:1	S6702
18:3 n-3 c,c,c (ALA)	S6702
Water	S6702
Zinc, Zn	S6702
Choline, total	S6702
Vitamin K (phylloquinone)	S14
Histidine	S6702
Aspartic acid	S6702
Cholesterol	S6702
20:5 n-3 (EPA)	S6702
Fatty acids, total monounsaturated	S6702
17:1	S6702

NDB No. 13909 Beef, short loin, top loin, steak, separable lean and fat, trimmed to 1/8" fat, all grades, raw

Ash	S2
Caffeine	S2
Calcium, Ca	S2
Magnesium, Mg	S2
Carotene, alpha	S2
Thiamin	S2
Valine	S14, S2
Alanine	S14, S2
16:0	S2
18:0	S2
Water	S2
Iron, Fe	S2
Retinol	S2
Tocopherol, beta	S2
Vitamin B-6	S2
Tryptophan	S14, S2
Arginine	S14, S2
18:3 undifferentiated	S2
Total lipid (fat)	S2
Sugars, total	S2
Potassium, K	S2
Copper, Cu	S2
Selenium, Se	S2
Vitamin B-12	S2
Methionine	S14, S2
Phenylalanine	S14, S2
Glutamic acid	S14, S2
Serine	S14, S2
4:0	S2
16:1 undifferentiated	S2
Theobromine	S2
Sodium, Na	S2
Manganese, Mn	S2
Carotene, beta	S2
Vitamin E (alpha-tocopherol)	S2
Lycopene	S2
Tocopherol, delta	S2

NDB No. 13909 Beef, short loin, top loin, steak, separable lean and fat, trimmed to 1/8" fat, all grades, raw

Threonine	S14, S2
6:0	S2
10:0	S2
12:0	S2
22:1 undifferentiated	S2
Tocopherol, gamma	S2
Vitamin C, total ascorbic acid	S2
Riboflavin	S2
Vitamin K (phylloquinone)	S2
Isoleucine	S14, S2
Cystine	S14, S2
Aspartic acid	S14, S2
18:2 undifferentiated	S2
20:5 n-3 (EPA)	S2
Phosphorus, P	S2
Zinc, Zn	S2
Lutein + zeaxanthin	S2
Niacin	S2
Pantothenic acid	S2
Leucine	S14, S2
Tyrosine	S14, S2
Glycine	S14, S2
8:0	S2
18:1 undifferentiated	S2
20:4 undifferentiated	S2
20:1	S2
22:5 n-3 (DPA)	S2
Protein	S2
Cryptoxanthin, beta	S2
Folate, total	S2
Proline	S14, S2
Fiber, total dietary	S2
Lysine	S14, S2
Histidine	S14, S2
14:0	S2
22:6 n-3 (DHA)	S2
18:4	S2

NDB No. 13910 Beef, short loin, top loin, steak, separable lean and fat, trimmed to 1/8" fat, all grades, cooked, broiled

Retinol	S2
Tocopherol, beta	S2
Tocopherol, gamma	S2
Thiamin	S2
Pantothenic acid	S2
Threonine	S14, S2
Leucine	S14, S2
Phenylalanine	S14, S2
20:4 undifferentiated	S2
20:1	S2
20:5 n-3 (EPA)	S2
Total lipid (fat)	S2
Riboflavin	S2
Niacin	S2
Tyrosine	S14, S2
Aspartic acid	S14, S2
Serine	S14, S2
4:0	S2
18:3 undifferentiated	S2
18:4	S2
Sugars, total	S2
Sodium, Na	S2
Vitamin B-12	S2
Ash	S2
Lysine	S14, S2
Cystine	S14, S2
Glutamic acid	S14, S2
Glycine	S14, S2
14:0	S2
22:5 n-3 (DPA)	S2
Water	S2
Phosphorus, P	S2
Potassium, K	S2
Folate, total	S2
Vitamin K (phylloquinone)	S2
Valine	S14, S2
12:0	S2

NDB No. 13910 Beef, short loin, top loin, steak, separable lean and fat, trimmed to 1/8" fat, all grades, cooked, broiled

16:0	S2
18:2 undifferentiated	S2
22:6 n-3 (DHA)	S2
Protein	S2
Calcium, Ca	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, delta	S2
Vitamin C, total ascorbic acid	S2
Tryptophan	S14, S2
Isoleucine	S14, S2
Arginine	S14, S2
8:0	S2
10:0	S2
18:0	S2
22:1 undifferentiated	S2
Fiber, total dietary	S2
Magnesium, Mg	S2
Fluoride, F	D5001, D5002, D5007, D5021
Selenium, Se	S2
Vitamin B-6	S2
Histidine	S14, S2
Alanine	S14, S2
Proline	S14, S2
18:1 undifferentiated	S2
16:1 undifferentiated	S2
Iron, Fe	S2
Zinc, Zn	S2
Copper, Cu	S2
Manganese, Mn	S2
Methionine	S14, S2
6:0	S2

NDB No. 13911 Beef, short loin, top loin, steak, separable lean and fat, trimmed to 1/8" fat, choice, raw

Phosphorus, P	S2
Zinc, Zn	S2
Carotene, alpha	S2

NDB No. 13911 Beef, short loin, top loin, steak, separable lean and fat, trimmed to 1/8" fat, choice, raw

Tocopherol, gamma	S2
Phenylalanine	S14, S2
Tyrosine	S14, S2
Histidine	S14, S2
Aspartic acid	S14, S2
8:0	S2
18:1 undifferentiated	S2
18:3 undifferentiated	S2
Water	S2
Caffeine	S2
Potassium, K	S2
Tryptophan	S14, S2
Threonine	S14, S2
Methionine	S14, S2
Serine	S14, S2
12:0	S2
20:5 n-3 (EPA)	S2
Ash	S2
Sodium, Na	S2
Retinol	S2
Cryptoxanthin, beta	S2
Tocopherol, beta	S2
Thiamin	S2
Vitamin B-12	S2
Arginine	S14, S2
16:0	S2
18:4	S2
Protein	S2
Folate, total	S2
Leucine	S14, S2
Glutamic acid	S14, S2
20:1	S2
Total lipid (fat)	S2
Manganese, Mn	S2
Vitamin E (alpha-tocopherol)	S2
Lycopene	S2
Proline	S14, S2

NDB No. 13911 Beef, short loin, top loin, steak, separable lean and fat, trimmed to 1/8" fat, choice, raw

6:0	S2
14:0	S2
16:1 undifferentiated	S2
22:1 undifferentiated	S2
Theobromine	S2
Iron, Fe	S2
Lutein + zeaxanthin	S2
Vitamin C, total ascorbic acid	S2
Niacin	S2
Pantothenic acid	S2
Vitamin K (phylloquinone)	S2
Cystine	S14, S2
Glycine	S14, S2
4:0	S2
10:0	S2
18:0	S2
18:2 undifferentiated	S2
22:5 n-3 (DPA)	S2
Sugars, total	S2
Fiber, total dietary	S2
Calcium, Ca	S2
Copper, Cu	S2
Riboflavin	S2
Vitamin B-6	S2
Lysine	S14, S2
Valine	S14, S2
Magnesium, Mg	S2
Selenium, Se	S2
Carotene, beta	S2
Tocopherol, delta	S2
Isoleucine	S14, S2
Alanine	S14, S2
20:4 undifferentiated	S2
22:6 n-3 (DHA)	S2

NDB No. 13912 Beef, short loin, top loin, steak, separable lean and fat, trimmed to 1/8" fat, choice, cooked, broiled

NDB No. 13912 Beef, short loin, top loin, steak, separable lean and fat, trimmed to 1/8" fat, choice, cooked, broiled

Ash	S2
Theobromine	S2
Tyrosine	S14, S2
Valine	S14, S2
Serine	S14, S2
4:0	S2
18:1 undifferentiated	S2
16:1 undifferentiated	S2
Potassium, K	S2
Vitamin E (alpha-tocopherol)	S2
Cryptoxanthin, beta	S2
Lycopene	S2
Cystine	S14, S2
10:0	S2
20:4 undifferentiated	S2
20:1	S2
Caffeine	S2
Zinc, Zn	S2
Thiamin	S2
Niacin	S2
Phenylalanine	S14, S2
8:0	S2
22:6 n-3 (DHA)	S2
18:4	S2
Protein	S2
Selenium, Se	S2
Methionine	S14, S2
Proline	S14, S2
18:3 undifferentiated	S2
Total lipid (fat)	S2
Fiber, total dietary	S2
Calcium, Ca	S2
Iron, Fe	S2
Magnesium, Mg	S2
Phosphorus, P	S2
Sodium, Na	S2
Copper, Cu	S2

NDB No. 13912 Beef, short loin, top loin, steak, separable lean and fat, trimmed to 1/8" fat, choice, cooked, broiled

Carotene, beta	S2
Pantothenic acid	S2
Vitamin B-12	S2
Threonine	S14, S2
Arginine	S14, S2
Histidine	S14, S2
Aspartic acid	S14, S2
12:0	S2
18:2 undifferentiated	S2
Tocopherol, beta	S2
Tocopherol, gamma	S2
Vitamin C, total ascorbic acid	S2
Riboflavin	S2
Tryptophan	S14, S2
Isoleucine	S14, S2
Leucine	S14, S2
Glutamic acid	S14, S2
Glycine	S14, S2
6:0	S2
14:0	S2
16:0	S2
22:5 n-3 (DPA)	S2
Water	S2
Manganese, Mn	S2
Retinol	S2
Vitamin K (phylloquinone)	S2
Lysine	S14, S2
18:0	S2
20:5 n-3 (EPA)	S2
Sugars, total	S2
Carotene, alpha	S2
Lutein + zeaxanthin	S2
Tocopherol, delta	S2
Vitamin B-6	S2
Folate, total	S2
Alanine	S14, S2
22:1 undifferentiated	S2

NDB No. 13913 Beef, short loin, top loin, steak, separable lean and fat, trimmed to 1/8" fat, select, raw

Sugars, total	S2
Fiber, total dietary	S2
Carotene, alpha	S2
Cryptoxanthin, beta	S2
Lutein + zeaxanthin	S2
Thiamin	S2
Folate, total	S2
Cystine	S14, S2
Histidine	S14, S2
Theobromine	S2
Iron, Fe	S2
Tocopherol, beta	S2
Tocopherol, gamma	S2
Isoleucine	S14, S2
Lysine	S14, S2
Glycine	S14, S2
10:0	S2
20:4 undifferentiated	S2
22:1 undifferentiated	S2
Phosphorus, P	S2
Potassium, K	S2
Selenium, Se	S2
Lycopene	S2
Threonine	S14, S2
Valine	S14, S2
Arginine	S14, S2
Proline	S14, S2
14:0	S2
16:0	S2
18:0	S2
18:3 undifferentiated	S2
Protein	S2
Vitamin C, total ascorbic acid	S2
Niacin	S2
Vitamin B-6	S2
Vitamin K (phylloquinone)	S2
Phenylalanine	S14, S2

NDB No. 13913 Beef, short loin, top loin, steak, separable lean and fat, trimmed to 1/8" fat, select, raw

Aspartic acid	S14, S2
4:0	S2
Zinc, Zn	S2
Carotene, beta	S2
Pantothenic acid	S2
Vitamin B-12	S2
Tryptophan	S14, S2
Methionine	S14, S2
6:0	S2
18:1 undifferentiated	S2
22:6 n-3 (DHA)	S2
Water	S2
Caffeine	S2
Manganese, Mn	S2
Tyrosine	S14, S2
Alanine	S14, S2
8:0	S2
12:0	S2
18:2 undifferentiated	S2
20:5 n-3 (EPA)	S2
Ash	S2
Calcium, Ca	S2
Riboflavin	S2
16:1 undifferentiated	S2
20:1	S2
22:5 n-3 (DPA)	S2
Total lipid (fat)	S2
Magnesium, Mg	S2
Sodium, Na	S2
Copper, Cu	S2
Retinol	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, delta	S2
Leucine	S14, S2
Glutamic acid	S14, S2
Serine	S14, S2
18:4	S2

NDB No. 13914 Beef, short loin, top loin, steak, separable lean and fat, trimmed to 1/8" fat, select, cooked, broiled

Phosphorus, P	S2
Folate, total	S2
Threonine	S14, S2
Isoleucine	S14, S2
Tyrosine	S14, S2
Aspartic acid	S14, S2
6:0	S2
8:0	S2
18:2 undifferentiated	S2
Ash	S2
Sugars, total	S2
Cryptoxanthin, beta	S2
Tocopherol, gamma	S2
Vitamin C, total ascorbic acid	S2
Alanine	S14, S2
4:0	S2
22:1 undifferentiated	S2
Zinc, Zn	S2
Selenium, Se	S2
Lycopene	S2
Niacin	S2
Vitamin B-6	S2
Vitamin B-12	S2
Serine	S14, S2
16:0	S2
Water	S2
Carotene, beta	S2
Lutein + zeaxanthin	S2
Vitamin K (phylloquinone)	S2
Lysine	S14, S2
Valine	S14, S2
18:1 undifferentiated	S2
18:3 undifferentiated	S2
20:4 undifferentiated	S2
18:4	S2
Copper, Cu	S2
Retinol	S2

NDB No. 13914 Beef, short loin, top loin, steak, separable lean and fat, trimmed to 1/8" fat, select, cooked, broiled

Tocopherol, beta	S2
Riboflavin	S2
Pantothenic acid	S2
Methionine	S14, S2
Histidine	S14, S2
Proline	S14, S2
10:0	S2
18:0	S2
20:5 n-3 (EPA)	S2
Theobromine	S2
Iron, Fe	S2
Magnesium, Mg	S2
Sodium, Na	S2
Manganese, Mn	S2
Carotene, alpha	S2
Tocopherol, delta	S2
Cystine	S14, S2
Arginine	S14, S2
12:0	S2
Protein	S2
Total lipid (fat)	S2
Caffeine	S2
Calcium, Ca	S2
Potassium, K	S2
Thiamin	S2
Leucine	S14, S2
Phenylalanine	S14, S2
Glutamic acid	S14, S2
16:1 undifferentiated	S2
20:1	S2
22:5 n-3 (DPA)	S2
Fiber, total dietary	S2
Vitamin E (alpha-tocopherol)	S2
Tryptophan	S14, S2
Glycine	S14, S2
14:0	S2
22:6 n-3 (DHA)	S2

NDB No. 13917 Beef, tenderloin, steak, separable lean and fat, trimmed to 1/8" fat, all grades, raw

Total lipid (fat)	S2
Potassium, K	S2
Cryptoxanthin, beta	S2
Cystine	S14, S2
Histidine	S14, S2
Ash	S2
Sugars, total	S2
Iron, Fe	S2
Zinc, Zn	S2
Selenium, Se	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, delta	S2
Pantothenic acid	S2
Vitamin K (phylloquinone)	S2
Methionine	S14, S2
Phenylalanine	S14, S2
10:0	S2
18:0	S2
20:5 n-3 (EPA)	S2
Protein	S2
Lutein + zeaxanthin	S2
Arginine	S14, S2
18:3 undifferentiated	S2
20:1	S2
Manganese, Mn	S2
Retinol	S2
Tocopherol, gamma	S2
Vitamin C, total ascorbic acid	S2
Folate, total	S2
Lysine	S14, S2
Tyrosine	S14, S2
Alanine	S14, S2
Glutamic acid	S14, S2
Proline	S14, S2
4:0	S2
12:0	S2
22:5 n-3 (DPA)	S2

NDB No. 13917 Beef, tenderloin, steak, separable lean and fat, trimmed to 1/8" fat, all grades, raw

Water	S2
Theobromine	S2
Copper, Cu	S2
Carotene, alpha	S2
Tocopherol, beta	S2
Vitamin B-12	S2
Tryptophan	S14, S2
Threonine	S14, S2
18:2 undifferentiated	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2
Caffeine	S2
Fiber, total dietary	S2
Magnesium, Mg	S2
Phosphorus, P	S2
Carotene, beta	S2
Riboflavin	S2
Aspartic acid	S14, S2
6:0	S2
18:1 undifferentiated	S2
Calcium, Ca	S2
Thiamin	S2
Niacin	S2
Vitamin B-6	S2
Isoleucine	S14, S2
Leucine	S14, S2
Valine	S14, S2
Serine	S14, S2
8:0	S2
14:0	S2
16:0	S2
22:1 undifferentiated	S2
Sodium, Na	S2
Lycopene	S2
Glycine	S14, S2
22:6 n-3 (DHA)	S2
18:4	S2

NDB No. 13918 Beef, tenderloin, steak, separable lean and fat, trimmed to 1/8" fat, all grades, cooked, broiled

Ash	S2
Tryptophan	S14, S2
Leucine	S14, S2
Lysine	S14, S2
Methionine	S14, S2
Histidine	S14, S2
16:0	S2
18:4	S2
20:5 n-3 (EPA)	S2
Total lipid (fat)	S2
Copper, Cu	S2
Manganese, Mn	S2
Cryptoxanthin, beta	S2
Vitamin B-6	S2
Threonine	S14, S2
10:0	S2
Fiber, total dietary	S2
Phosphorus, P	S2
Tocopherol, delta	S2
Vitamin C, total ascorbic acid	S2
Niacin	S2
Cystine	S14, S2
Alanine	S14, S2
Glutamic acid	S14, S2
Serine	S14, S2
8:0	S2
Iron, Fe	S2
Magnesium, Mg	S2
Lutein + zeaxanthin	S2
Riboflavin	S2
Vitamin K (phylloquinone)	S2
Valine	S14, S2
4:0	S2
12:0	S2
14:0	S2
20:4 undifferentiated	S2
20:1	S2

NDB No. 13918 Beef, tenderloin, steak, separable lean and fat, trimmed to 1/8" fat, all grades, cooked, broiled

22:1 undifferentiated	S2
22:5 n-3 (DPA)	S2
Protein	S2
Sodium, Na	S2
Zinc, Zn	S2
Retinol	S2
Vitamin E (alpha-tocopherol)	S2
Folate, total	S2
Phenylalanine	S14, S2
16:1 undifferentiated	S2
Sugars, total	S2
Selenium, Se	S2
Carotene, beta	S2
Lycopene	S2
Thiamin	S2
Aspartic acid	S14, S2
Glycine	S14, S2
18:0	S2
18:2 undifferentiated	S2
Calcium, Ca	S2
Carotene, alpha	S2
Tocopherol, gamma	S2
Pantothenic acid	S2
Arginine	S14, S2
Proline	S14, S2
18:1 undifferentiated	S2
18:3 undifferentiated	S2
22:6 n-3 (DHA)	S2
Water	S2
Potassium, K	S2
Fluoride, F	D5001, D5002, D5007, D5021
Tocopherol, beta	S2
Vitamin B-12	S2
Isoleucine	S14, S2
Tyrosine	S14, S2
6:0	S2

NDB No. 13920 Beef, tenderloin, steak, separable lean and fat, trimmed to 1/8" fat, choice, raw

Ash	S2
Caffeine	S2
Sugars, total	S2
Iron, Fe	S2
Thiamin	S2
Vitamin B-6	S2
Phenylalanine	S14, S2
Proline	S14, S2
18:1 undifferentiated	S2
18:3 undifferentiated	S2
22:5 n-3 (DPA)	S2
Fiber, total dietary	S2
Alanine	S14, S2
14:0	S2
18:4	S2
20:5 n-3 (EPA)	S2
Protein	S2
Manganese, Mn	S2
Selenium, Se	S2
Cryptoxanthin, beta	S2
Isoleucine	S14, S2
16:1 undifferentiated	S2
Calcium, Ca	S2
Phosphorus, P	S2
Copper, Cu	S2
Lutein + zeaxanthin	S2
Riboflavin	S2
Niacin	S2
Folate, total	S2
Methionine	S14, S2
Cystine	S14, S2
Histidine	S14, S2
Glutamic acid	S14, S2
Serine	S14, S2
16:0	S2
18:2 undifferentiated	S2
20:4 undifferentiated	S2

NDB No. 13920 Beef, tenderloin, steak, separable lean and fat, trimmed to 1/8" fat, choice, raw

Total lipid (fat)	S2
Water	S2
Vitamin E (alpha-tocopherol)	S2
Pantothenic acid	S2
Lysine	S14, S2
Tyrosine	S14, S2
Glycine	S14, S2
18:0	S2
Zinc, Zn	S2
Carotene, beta	S2
Lycopene	S2
Valine	S14, S2
6:0	S2
22:6 n-3 (DHA)	S2
22:1 undifferentiated	S2
Magnesium, Mg	S2
Potassium, K	S2
Retinol	S2
Carotene, alpha	S2
Tocopherol, delta	S2
Vitamin B-12	S2
Vitamin K (phylloquinone)	S2
Leucine	S14, S2
Arginine	S14, S2
12:0	S2
Theobromine	S2
Sodium, Na	S2
Tocopherol, beta	S2
Tocopherol, gamma	S2
Vitamin C, total ascorbic acid	S2
Tryptophan	S14, S2
Threonine	S14, S2
Aspartic acid	S14, S2
4:0	S2
8:0	S2
10:0	S2
20:1	S2

NDB No. 13921 Beef, tenderloin, steak, separable lean and fat, trimmed to 1/8" fat, choice, cooked, broiled

Tryptophan	S14, S2
Lysine	S14, S2
Phenylalanine	S14, S2
Histidine	S14, S2
4:0	S2
8:0	S2
14:0	S2
20:4 undifferentiated	S2
Caffeine	S2
16:1 undifferentiated	S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2
Retinol	S2
Thiamin	S2
Riboflavin	S2
Niacin	S2
Methionine	S14, S2
Alanine	S14, S2
Glutamic acid	S14, S2
6:0	S2
10:0	S2
18:0	S2
18:1 undifferentiated	S2
18:2 undifferentiated	S2
18:4	S2
Copper, Cu	S2
Manganese, Mn	S2
Vitamin E (alpha-tocopherol)	S2
Vitamin C, total ascorbic acid	S2
Vitamin K (phylloquinone)	S2
Threonine	S14, S2
Tyrosine	S14, S2
Arginine	S14, S2
16:0	S2
20:1	S2
Protein	S2
Total lipid (fat)	S2

NDB No. 13921 Beef, tenderloin, steak, separable lean and fat, trimmed to 1/8" fat, choice, cooked, broiled

Water	S2
Cryptoxanthin, beta	S2
Lycopene	S2
Tocopherol, gamma	S2
Vitamin B-6	S2
Folate, total	S2
Serine	S14, S2
Ash	S2
Potassium, K	S2
Tocopherol, delta	S2
Pantothenic acid	S2
Valine	S14, S2
Aspartic acid	S14, S2
Proline	S14, S2
22:5 n-3 (DPA)	S2
Theobromine	S2
Calcium, Ca	S2
Sodium, Na	S2
Selenium, Se	S2
Lutein + zeaxanthin	S2
Tocopherol, beta	S2
Vitamin B-12	S2
Isoleucine	S14, S2
Glycine	S14, S2
22:6 n-3 (DHA)	S2
Iron, Fe	S2
Magnesium, Mg	S2
Phosphorus, P	S2
Zinc, Zn	S2
Carotene, beta	S2
Carotene, alpha	S2
Leucine	S14, S2
Cystine	S14, S2
12:0	S2
18:3 undifferentiated	S2

NDB No. 13923 Beef, tenderloin, steak, separable lean and fat, trimmed to 1/8" fat, select, raw

Caffeine	S2
Carotene, beta	S2
Lycopene	S2
Tocopherol, gamma	S2
Riboflavin	S2
Vitamin K (phylloquinone)	S2
Tryptophan	S14, S2
Methionine	S14, S2
Arginine	S14, S2
Glutamic acid	S14, S2
22:5 n-3 (DPA)	S2
Sugars, total	S2
Zinc, Zn	S2
Vitamin C, total ascorbic acid	S2
Vitamin B-12	S2
Phenylalanine	S14, S2
18:3 undifferentiated	S2
20:1	S2
Sodium, Na	S2
Vitamin E (alpha-tocopherol)	S2
Leucine	S14, S2
18:2 undifferentiated	S2
22:6 n-3 (DHA)	S2
20:5 n-3 (EPA)	S2
Water	S2
Calcium, Ca	S2
Phosphorus, P	S2
Selenium, Se	S2
Lutein + zeaxanthin	S2
Lysine	S14, S2
Valine	S14, S2
Histidine	S14, S2
Alanine	S14, S2
6:0	S2
12:0	S2
14:0	S2
18:4	S2

NDB No. 13923 Beef, tenderloin, steak, separable lean and fat, trimmed to 1/8" fat, select, raw

Ash	S2
Iron, Fe	S2
Manganese, Mn	S2
Thiamin	S2
Isoleucine	S14, S2
10:0	S2
16:1 undifferentiated	S2
Protein	S2
Total lipid (fat)	S2
Fiber, total dietary	S2
Magnesium, Mg	S2
Copper, Cu	S2
Retinol	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Niacin	S2
Folate, total	S2
Threonine	S14, S2
Cystine	S14, S2
18:1 undifferentiated	S2
22:1 undifferentiated	S2
Theobromine	S2
Potassium, K	S2
Carotene, alpha	S2
Pantothenic acid	S2
Tyrosine	S14, S2
Aspartic acid	S14, S2
Glycine	S14, S2
Serine	S14, S2
8:0	S2
16:0	S2
20:4 undifferentiated	S2
Cryptoxanthin, beta	S2
Vitamin B-6	S2
Proline	S14, S2
4:0	S2
18:0	S2

NDB No. 13924 Beef, tenderloin, steak, separable lean and fat, trimmed to 1/8" fat, select, cooked, broiled

Fiber, total dietary	S2
Phosphorus, P	S2
Potassium, K	S2
Copper, Cu	S2
Selenium, Se	S2
Folate, total	S2
Valine	S14, S2
Alanine	S14, S2
18:0	S2
18:1 undifferentiated	S2
22:1 undifferentiated	S2
Zinc, Zn	S2
Vitamin E (alpha-tocopherol)	S2
Lycopene	S2
Arginine	S14, S2
Glycine	S14, S2
Proline	S14, S2
8:0	S2
18:3 undifferentiated	S2
16:1 undifferentiated	S2
Water	S2
Carotene, beta	S2
Lutein + zeaxanthin	S2
Vitamin B-6	S2
Phenylalanine	S14, S2
Serine	S14, S2
Theobromine	S2
Calcium, Ca	S2
Iron, Fe	S2
Retinol	S2
Carotene, alpha	S2
Cryptoxanthin, beta	S2
Thiamin	S2
Riboflavin	S2
Vitamin K (phylloquinone)	S2
Tryptophan	S14, S2
Methionine	S14, S2

NDB No. 13924 Beef, tenderloin, steak, separable lean and fat, trimmed to 1/8" fat, select, cooked, broiled

Tyrosine	S14, S2
Histidine	S14, S2
4:0	S2
12:0	S2
16:0	S2
18:2 undifferentiated	S2
20:1	S2
Ash	S2
Sugars, total	S2
Magnesium, Mg	S2
Vitamin C, total ascorbic acid	S2
Niacin	S2
Cystine	S14, S2
14:0	S2
22:6 n-3 (DHA)	S2
22:5 n-3 (DPA)	S2
Protein	S2
Caffeine	S2
Tocopherol, gamma	S2
Vitamin B-12	S2
Isoleucine	S14, S2
Lysine	S14, S2
6:0	S2
20:4 undifferentiated	S2
20:5 n-3 (EPA)	S2
Manganese, Mn	S2
Tocopherol, beta	S2
Pantothenic acid	S2
Threonine	S14, S2
10:0	S2
Total lipid (fat)	S2
Sodium, Na	S2
Tocopherol, delta	S2
Leucine	S14, S2
Aspartic acid	S14, S2
Glutamic acid	S14, S2
18:4	S2

NDB No. 13929 Beef, top sirloin, steak, separable lean and fat, trimmed to 1/8" fat, all grades, raw

Iron, Fe	S2
Cryptoxanthin, beta	S2
Pantothenic acid	S2
Vitamin K (phylloquinone)	S2
22:6 n-3 (DHA)	S2
16:1 undifferentiated	S2
Total lipid (fat)	S2
Sugars, total	S2
Magnesium, Mg	S2
Zinc, Zn	S2
Tocopherol, beta	S2
Vitamin C, total ascorbic acid	S2
Niacin	S2
Threonine	S14, S2
Leucine	S14, S2
Glycine	S14, S2
Proline	S14, S2
8:0	S2
20:1	S2
Theobromine	S2
Calcium, Ca	S2
Manganese, Mn	S2
Folate, total	S2
Histidine	S14, S2
Aspartic acid	S14, S2
10:0	S2
14:0	S2
18:1 undifferentiated	S2
Protein	S2
Phosphorus, P	S2
Retinol	S2
Lutein + zeaxanthin	S2
Tocopherol, gamma	S2
Vitamin B-6	S2
Vitamin B-12	S2
Phenylalanine	S14, S2
Tyrosine	S14, S2

NDB No. 13929 Beef, top sirloin, steak, separable lean and fat, trimmed to 1/8" fat, all grades, raw

4:0	S2
22:5 n-3 (DPA)	S2
Water	S2
Potassium, K	S2
Sodium, Na	S2
Selenium, Se	S2
Thiamin	S2
Arginine	S14, S2
12:0	S2
18:3 undifferentiated	S2
20:5 n-3 (EPA)	S2
Carotene, beta	S2
Riboflavin	S2
Tryptophan	S14, S2
Cystine	S14, S2
Valine	S14, S2
Serine	S14, S2
16:0	S2
18:2 undifferentiated	S2
22:1 undifferentiated	S2
Ash	S2
Caffeine	S2
Fiber, total dietary	S2
Copper, Cu	S2
Carotene, alpha	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, delta	S2
Lysine	S14, S2
Alanine	S14, S2
Glutamic acid	S14, S2
20:4 undifferentiated	S2
18:4	S2
Lycopene	S2
Isoleucine	S14, S2
Methionine	S14, S2
6:0	S2
18:0	S2

NDB No. 13930 Beef, top sirloin, steak, separable lean and fat, trimmed to 1/8" fat, all grades, cooked, broiled

Sugars, total	S2
Phosphorus, P	S2
Lycopene	S2
Lutein + zeaxanthin	S2
Thiamin	S2
Glutamic acid	S14, S2
Glycine	S14, S2
Serine	S14, S2
18:2 undifferentiated	S2
Water	S2
Fiber, total dietary	S2
Retinol	S2
Niacin	S2
Vitamin B-12	S2
Histidine	S14, S2
20:1	S2
20:5 n-3 (EPA)	S2
22:5 n-3 (DPA)	S2
Ash	S2
Manganese, Mn	S2
Selenium, Se	S2
Carotene, alpha	S2
Tocopherol, gamma	S2
Riboflavin	S2
Threonine	S14, S2
Valine	S14, S2
10:0	S2
18:0	S2
18:1 undifferentiated	S2
Protein	S2
Sodium, Na	S2
Copper, Cu	S2
Cryptoxanthin, beta	S2
Tocopherol, beta	S2
Arginine	S14, S2
Alanine	S14, S2
16:0	S2

NDB No. 13930 Beef, top sirloin, steak, separable lean and fat, trimmed to 1/8" fat, all grades, cooked, broiled

22:6 n-3 (DHA)	S2
Total lipid (fat)	S2
Fluoride, F	D5001, D5002, D5007, D5021
Vitamin E (alpha-tocopherol)	S2
Folate, total	S2
Vitamin K (phylloquinone)	S2
Cystine	S14, S2
Aspartic acid	S14, S2
Proline	S14, S2
12:0	S2
18:3 undifferentiated	S2
16:1 undifferentiated	S2
Calcium, Ca	S2
Iron, Fe	S2
Zinc, Zn	S2
Vitamin C, total ascorbic acid	S2
Pantothenic acid	S2
Leucine	S14, S2
Lysine	S14, S2
Methionine	S14, S2
18:4	S2
Vitamin B-6	S2
Isoleucine	S14, S2
Phenylalanine	S14, S2
20:4 undifferentiated	S2
Magnesium, Mg	S2
Potassium, K	S2
Tocopherol, delta	S2
Tryptophan	S14, S2
Tyrosine	S14, S2
14:0	S2
22:1 undifferentiated	S2

NDB No. 13931 Beef, top sirloin, steak, separable lean and fat, trimmed to 1/8" fat, choice, raw

Caffeine	S2
Magnesium, Mg	S2

NDB No. 13931 Beef, top sirloin, steak, separable lean and fat, trimmed to 1/8" fat, choice, raw

Carotene, beta	S2
Carotene, alpha	S2
Vitamin C, total ascorbic acid	S2
Vitamin B-12	S2
Lysine	S14, S2
Aspartic acid	S14, S2
18:0	S2
22:6 n-3 (DHA)	S2
Sodium, Na	S2
Copper, Cu	S2
Lycopene	S2
Tocopherol, beta	S2
Vitamin K (phylloquinone)	S2
Cystine	S14, S2
Arginine	S14, S2
14:0	S2
Protein	S2
Phosphorus, P	S2
Folate, total	S2
Tryptophan	S14, S2
Isoleucine	S14, S2
Proline	S14, S2
4:0	S2
8:0	S2
18:2 undifferentiated	S2
16:1 undifferentiated	S2
Fiber, total dietary	S2
Tocopherol, delta	S2
Niacin	S2
Threonine	S14, S2
Alanine	S14, S2
6:0	S2
16:0	S2
22:1 undifferentiated	S2
Retinol	S2
Cryptoxanthin, beta	S2
Tocopherol, gamma	S2

NDB No. 13931 Beef, top sirloin, steak, separable lean and fat, trimmed to 1/8" fat, choice, raw

Pantothenic acid	S2
Glycine	S14, S2
Serine	S14, S2
18:1 undifferentiated	S2
20:4 undifferentiated	S2
Water	S2
Theobromine	S2
Iron, Fe	S2
Manganese, Mn	S2
Thiamin	S2
Riboflavin	S2
Phenylalanine	S14, S2
Valine	S14, S2
12:0	S2
18:4	S2
Sugars, total	S2
Zinc, Zn	S2
Lutein + zeaxanthin	S2
Methionine	S14, S2
Tyrosine	S14, S2
Histidine	S14, S2
Glutamic acid	S14, S2
20:1	S2
22:5 n-3 (DPA)	S2
Total lipid (fat)	S2
Ash	S2
Calcium, Ca	S2
Potassium, K	S2
Selenium, Se	S2
Vitamin E (alpha-tocopherol)	S2
Vitamin B-6	S2
Leucine	S14, S2
10:0	S2
18:3 undifferentiated	S2
20:5 n-3 (EPA)	S2

NDB No. 13932 Beef, top sirloin, steak, separable lean and fat, trimmed to 1/8" fat, choice, cooked, broiled

Protein	S2
Potassium, K	S2
Sodium, Na	S2
Retinol	S2
Carotene, alpha	S2
Tocopherol, beta	S2
Vitamin B-12	S2
Tryptophan	S14, S2
Valine	S14, S2
Glutamic acid	S14, S2
20:1	S2
22:5 n-3 (DPA)	S2
Water	S2
Sugars, total	S2
Tocopherol, gamma	S2
Vitamin B-6	S2
Cystine	S14, S2
18:4	S2
22:1 undifferentiated	S2
Fiber, total dietary	S2
Zinc, Zn	S2
Carotene, beta	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, delta	S2
Methionine	S14, S2
Alanine	S14, S2
Aspartic acid	S14, S2
Serine	S14, S2
Cryptoxanthin, beta	S2
Lutein + zeaxanthin	S2
Phenylalanine	S14, S2
Histidine	S14, S2
Glycine	S14, S2
6:0	S2
18:2 undifferentiated	S2
Phosphorus, P	S2
Lycopene	S2

NDB No. 13932 Beef, top sirloin, steak, separable lean and fat, trimmed to 1/8" fat, choice, cooked, broiled

Riboflavin	S2
Niacin	S2
Leucine	S14, S2
Arginine	S14, S2
8:0	S2
14:0	S2
18:1 undifferentiated	S2
18:3 undifferentiated	S2
Total lipid (fat)	S2
Caffeine	S2
Theobromine	S2
Calcium, Ca	S2
Magnesium, Mg	S2
Folate, total	S2
Vitamin K (phylloquinone)	S2
Tyrosine	S14, S2
Proline	S14, S2
12:0	S2
18:0	S2
Iron, Fe	S2
Copper, Cu	S2
Manganese, Mn	S2
Selenium, Se	S2
Vitamin C, total ascorbic acid	S2
Thiamin	S2
Pantothenic acid	S2
Threonine	S14, S2
Isoleucine	S14, S2
Lysine	S14, S2
16:0	S2
22:6 n-3 (DHA)	S2
16:1 undifferentiated	S2
20:5 n-3 (EPA)	S2
Ash	S2
4:0	S2
10:0	S2
20:4 undifferentiated	S2

NDB No. 13934 Beef, top sirloin, steak, separable lean and fat, trimmed to 1/8" fat, select, raw

Water	S2
Fiber, total dietary	S2
Magnesium, Mg	S2
Phosphorus, P	S2
Selenium, Se	S2
Lutein + zeaxanthin	S2
Tyrosine	S14, S2
Aspartic acid	S14, S2
Copper, Cu	S2
Manganese, Mn	S2
Carotene, beta	S2
Threonine	S14, S2
Methionine	S14, S2
Valine	S14, S2
Serine	S14, S2
18:0	S2
16:1 undifferentiated	S2
22:5 n-3 (DPA)	S2
Iron, Fe	S2
Tocopherol, gamma	S2
Niacin	S2
Arginine	S14, S2
Histidine	S14, S2
Proline	S14, S2
10:0	S2
18:3 undifferentiated	S2
Cryptoxanthin, beta	S2
Folate, total	S2
Tryptophan	S14, S2
4:0	S2
16:0	S2
22:1 undifferentiated	S2
Sugars, total	S2
Retinol	S2
Carotene, alpha	S2
Lycopene	S2
Tocopherol, delta	S2

NDB No. 13934 Beef, top sirloin, steak, separable lean and fat, trimmed to 1/8" fat, select, raw

Thiamin	S2
Cystine	S14, S2
6:0	S2
18:1 undifferentiated	S2
20:5 n-3 (EPA)	S2
Protein	S2
Ash	S2
Caffeine	S2
Potassium, K	S2
Pantothenic acid	S2
Leucine	S14, S2
Alanine	S14, S2
14:0	S2
18:2 undifferentiated	S2
22:6 n-3 (DHA)	S2
Calcium, Ca	S2
Sodium, Na	S2
Zinc, Zn	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, beta	S2
Vitamin C, total ascorbic acid	S2
Vitamin B-12	S2
Vitamin K (phylloquinone)	S2
Isoleucine	S14, S2
Lysine	S14, S2
Glutamic acid	S14, S2
Glycine	S14, S2
8:0	S2
20:4 undifferentiated	S2
18:4	S2
20:1	S2
Total lipid (fat)	S2
Theobromine	S2
Riboflavin	S2
Vitamin B-6	S2
Phenylalanine	S14, S2
12:0	S2

NDB No. 13935 Beef, top sirloin, steak, separable lean and fat, trimmed to 1/8" fat, select, cooked, broiled

Water	S2
Iron, Fe	S2
Phosphorus, P	S2
Selenium, Se	S2
Retinol	S2
Thiamin	S2
Riboflavin	S2
Pantothenic acid	S2
Phenylalanine	S14, S2
Tyrosine	S14, S2
22:6 n-3 (DHA)	S2
18:4	S2
Caffeine	S2
Fiber, total dietary	S2
Zinc, Zn	S2
Carotene, beta	S2
Folate, total	S2
Leucine	S14, S2
Lysine	S14, S2
Alanine	S14, S2
18:1 undifferentiated	S2
20:4 undifferentiated	S2
20:5 n-3 (EPA)	S2
Ash	S2
Calcium, Ca	S2
Manganese, Mn	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Vitamin B-6	S2
Tryptophan	S14, S2
Methionine	S14, S2
Arginine	S14, S2
16:0	S2
22:5 n-3 (DPA)	S2
Lutein + zeaxanthin	S2
Tocopherol, gamma	S2
Vitamin C, total ascorbic acid	S2

NDB No. 13935 Beef, top sirloin, steak, separable lean and fat, trimmed to 1/8" fat, select, cooked, broiled

Niacin	S2
Cystine	S14, S2
Aspartic acid	S14, S2
Proline	S14, S2
18:3 undifferentiated	S2
16:1 undifferentiated	S2
Sugars, total	S2
Copper, Cu	S2
Vitamin E (alpha-tocopherol)	S2
Cryptoxanthin, beta	S2
Lycopene	S2
Histidine	S14, S2
Glutamic acid	S14, S2
Glycine	S14, S2
Serine	S14, S2
14:0	S2
18:0	S2
18:2 undifferentiated	S2
Protein	S2
Total lipid (fat)	S2
Theobromine	S2
Potassium, K	S2
Vitamin K (phylloquinone)	S2
Threonine	S14, S2
Valine	S14, S2
6:0	S2
8:0	S2
10:0	S2
Magnesium, Mg	S2
Sodium, Na	S2
Vitamin B-12	S2
4:0	S2
20:1	S2
22:1 undifferentiated	S2
Carotene, alpha	S2
Isoleucine	S14, S2
12:0	S2

NDB No. 13937 Beef, chuck, clod roast, separable lean only, trimmed to 0" fat, choice, cooked, roasted

Total lipid (fat)	S221
Selenium, Se	S221
Tyrosine	S2
Glycine	S2
20:0	S221
Isoleucine	S2
Glutamic acid	S2
18:2 undifferentiated	S221
Methionine	S2
Phenylalanine	S2
Valine	S2
14:0	S221
Copper, Cu	S221
Proline	S2
16:0	S221
18:0	S221
18:3 undifferentiated	S221
20:4 undifferentiated	S221
Vitamin D3 (cholecalciferol)	S5961
Tryptophan	S2
Arginine	S2
Histidine	S2
Alanine	S2
Aspartic acid	S2
Serine	S2
18:1 undifferentiated	S221
Zinc, Zn	S221
Threonine	S2
14:1	S221
Magnesium, Mg	S221
Cystine	S2
16:1 undifferentiated	S221
Protein	S221
Carbohydrate, by difference	S221
Ash	S221
Water	S221
Vitamin D	S5961

NDB No. 13937 Beef, chuck, clod roast, separable lean only, trimmed to 0" fat, choice, cooked, roasted

Leucine	S2
Lysine	S2
12:0	S221

NDB No. 13940 Beef, chuck, clod roast, separable lean only, trimmed to 0" fat, select, cooked, roasted

Carbohydrate, by difference	S221
Water	S221
Leucine	S2
Cystine	S2
Valine	S2
Glutamic acid	S2
Proline	S2
14:0	S221
18:3 undifferentiated	S221
Ash	S221
Threonine	S2
Histidine	S2
Aspartic acid	S2
Selenium, Se	S221
Tyrosine	S2
12:0	S221
20:0	S221
18:2 undifferentiated	S221
Vitamin D	S5961
Arginine	S2
Glycine	S2
Serine	S2
Methionine	S2
Phenylalanine	S2
20:4 undifferentiated	S221
Magnesium, Mg	S221
18:0	S221
18:1 undifferentiated	S221
Zinc, Zn	S221
Copper, Cu	S221
Vitamin D3 (cholecalciferol)	S5961

NDB No. 13940 Beef, chuck, clod roast, separable lean only, trimmed to 0" fat, select, cooked, roasted

Isoleucine	S2
16:1 undifferentiated	S221
Protein	S221
Total lipid (fat)	S221
Tryptophan	S2
Lysine	S2
Alanine	S2
16:0	S221
14:1	S221

NDB No. 13943 Beef, shoulder steak, boneless, separable lean only, trimmed to 0" fat, choice, cooked, grilled

Protein	S6702
Potassium, K	S6702
Vitamin K (phylloquinone)	S14
Betaine	S6702
Lysine	S6702
Aspartic acid	S6702
Serine	S6702
Fatty acids, total saturated	S6702
18:3 undifferentiated	S6702
Phosphorus, P	S6702
Pantothenic acid	S6702
Tryptophan	S6702
Threonine	S6702
Isoleucine	S6702
Phenylalanine	S6702
Tyrosine	S6702
16:0	S6702
18:1 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
18:2 n-6 c,c	S6702
Calcium, Ca	S6702
Sodium, Na	S6702
Vitamin B-6	S6702
Cystine	S6702
Glutamic acid	S6702

NDB No. 13943 Beef, shoulder steak, boneless, separable lean only, trimmed to 0" fat, choice, cooked, grilled

Glycine	S6702
Fatty acids, total trans	S6702
18:1 t	S6702
Manganese, Mn	S6702
20:4 undifferentiated	S6702
16:1 undifferentiated	S6702
20:2 n-6 c,c	S6702
18:1-11t (18:1t n-7)	S6702
Total lipid (fat)	S6702
Magnesium, Mg	S6702
Vitamin B-12	S6702
Leucine	S6702
Proline	S6702
20:0	S6702
22:6 n-3 (DHA)	S6702
24:0	S6702
17:1	S6702
Water	S6702
Iron, Fe	S6702
Histidine	S6702
14:0	S6702
22:5 n-3 (DPA)	S6702
Fatty acids, total polyunsaturated	S6702
17:0	S6702
Carbohydrate, by difference	S221
Zinc, Zn	S6702
Selenium, Se	S6702
Arginine	S6702
Cholesterol	S6702
12:0	S221
18:0	S6702
18:2 undifferentiated	S6702
14:1	S6702
20:1	S6702
18:1 c	S6702
Fatty acids, total trans-monoenoic	S6702
Ash	S6702

NDB No. 13943 Beef, shoulder steak, boneless, separable lean only, trimmed to 0" fat, choice, cooked, grilled

Copper, Cu	S6702
Vitamin E (alpha-tocopherol)	S6702
Thiamin	S6702
Riboflavin	S6702
Niacin	S6702
Choline, total	S6702
Methionine	S6702
Valine	S6702
Alanine	S6702
Fatty acids, total monounsaturated	S6702
18:2 CLAs	S6702
18:3 n-3 c,c,c (ALA)	S6702

NDB No. 13946 Beef, shoulder steak, boneless, separable lean only, trimmed to 0" fat, select, cooked, grilled

Total lipid (fat)	S6702
Ash	S6702
Water	S6702
Magnesium, Mg	S6702
Threonine	S6702
Tyrosine	S6702
Glutamic acid	S6702
16:0	S6702
18:3 undifferentiated	S6702
Fatty acids, total polyunsaturated	S6702
Fatty acids, total trans-monoenoic	S6702
18:3 n-3 c,c,c (ALA)	S6702
Calcium, Ca	S6702
Phosphorus, P	S6702
Vitamin E (alpha-tocopherol)	S6702
18:1 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
18:1 c	S6702
Manganese, Mn	S6702
Vitamin B-12	S6702
Alanine	S6702

NDB No. 13946 Beef, shoulder steak, boneless, separable lean only, trimmed to 0" fat, select, cooked, grilled

Aspartic acid	S6702
20:5 n-3 (EPA)	S6702
20:2 n-6 c,c	S6702
18:2 n-6 c,c	S6702
18:1-11t (18:1t n-7)	S6702
Thiamin	S6702
Pantothenic acid	S6702
Tryptophan	S6702
Phenylalanine	S6702
Arginine	S6702
Glycine	S6702
Fatty acids, total trans	S6702
22:5 n-3 (DPA)	S6702
17:1	S6702
Protein	S6702
Potassium, K	S6702
Niacin	S6702
Vitamin B-6	S6702
Fatty acids, total saturated	S6702
20:1	S6702
24:0	S6702
Carbohydrate, by difference	S221
Zinc, Zn	S6702
Isoleucine	S6702
Leucine	S6702
Cystine	S6702
Valine	S6702
14:0	S6702
20:0	S6702
17:0	S6702
18:1 t	S6702
Selenium, Se	S6702
Choline, total	S6702
Histidine	S6702
Cholesterol	S6702
20:4 undifferentiated	S6702
14:1	S6702

NDB No. 13946 Beef, shoulder steak, boneless, separable lean only, trimmed to 0" fat, select, cooked, grilled

16:1 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
Iron, Fe	S6702
Sodium, Na	S6702
Copper, Cu	S6702
Riboflavin	S6702
Vitamin K (phylloquinone)	S14
Betaine	S6702
Lysine	S6702
Methionine	S6702
Proline	S6702
Serine	S6702
12:0	S221
18:0	S6702
18:2 undifferentiated	S6702
18:2 CLAs	S6702

NDB No. 13948 Beef, flank, steak, separable lean and fat, trimmed to 0" fat, all grades, cooked, broiled

Total lipid (fat)	S2
Water	S2
Magnesium, Mg	S2
Phosphorus, P	S2
Copper, Cu	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, beta	S2
Vitamin C, total ascorbic acid	S2
Thiamin	S2
Vitamin B-6	S2
Folate, total	S2
Tyrosine	S14, S2
Alanine	S14, S2
Glycine	S14, S2
Proline	S14, S2
4:0	S2
20:1	S2
Iron, Fe	S2

NDB No. 13948 Beef, flank, steak, separable lean and fat, trimmed to 0" fat, all grades, cooked, broiled

Zinc, Zn	S2
Lutein + zeaxanthin	S2
Vitamin K (phylloquinone)	S2
Lysine	S14, S2
Cystine	S14, S2
Aspartic acid	S14, S2
12:0	S2
16:0	S2
18:2 undifferentiated	S2
Protein	S2
Caffeine	S2
Calcium, Ca	S2
Manganese, Mn	S2
Cryptoxanthin, beta	S2
Niacin	S2
18:3 undifferentiated	S2
22:6 n-3 (DHA)	S2
Sugars, total	S2
Pantothenic acid	S2
Vitamin B-12	S2
Tryptophan	S14, S2
16:1 undifferentiated	S2
Carotene, beta	S2
Phenylalanine	S14, S2
Glutamic acid	S14, S2
Serine	S14, S2
8:0	S2
10:0	S2
20:4 undifferentiated	S2
20:5 n-3 (EPA)	S2
Ash	S2
Fiber, total dietary	S2
Potassium, K	S2
Sodium, Na	S2
Retinol	S2
Carotene, alpha	S2
Tocopherol, delta	S2

NDB No. 13948 Beef, flank, steak, separable lean and fat, trimmed to 0" fat, all grades, cooked, broiled

Riboflavin	S2
Isoleucine	S14, S2
6:0	S2
14:0	S2
22:1 undifferentiated	S2
Tocopherol, gamma	S2
Methionine	S14, S2
Valine	S14, S2
Theobromine	S2
Selenium, Se	S2
Lycopene	S2
Threonine	S14, S2
Leucine	S14, S2
Arginine	S14, S2
Histidine	S14, S2
18:0	S2
18:1 undifferentiated	S2
18:4	S2
22:5 n-3 (DPA)	S2

NDB No. 13949 Beef, flank, steak, separable lean and fat, trimmed to 0" fat, select, cooked, broiled

Fiber, total dietary	S2
Potassium, K	S2
Retinol	S2
Methionine	S14, S2
Proline	S14, S2
12:0	S2
18:3 undifferentiated	S2
18:4	S2
20:1	S2
22:5 n-3 (DPA)	S2
Ash	S2
Theobromine	S2
Carotene, beta	S2
Lycopene	S2
Niacin	S2

NDB No. 13949 Beef, flank, steak, separable lean and fat, trimmed to 0" fat, select, cooked, broiled

Pantothenic acid	S2
Arginine	S14, S2
Aspartic acid	S14, S2
20:4 undifferentiated	S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2
Caffeine	S2
Sugars, total	S2
Calcium, Ca	S2
Zinc, Zn	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Tryptophan	S14, S2
Tyrosine	S14, S2
Histidine	S14, S2
Serine	S14, S2
16:0	S2
Protein	S2
Riboflavin	S2
Lysine	S14, S2
Phenylalanine	S14, S2
Glutamic acid	S14, S2
14:0	S2
18:1 undifferentiated	S2
16:1 undifferentiated	S2
Manganese, Mn	S2
Cryptoxanthin, beta	S2
Cystine	S14, S2
Valine	S14, S2
8:0	S2
10:0	S2
22:6 n-3 (DHA)	S2
Iron, Fe	S2
Magnesium, Mg	S2
Sodium, Na	S2
Copper, Cu	S2

NDB No. 13949 Beef, flank, steak, separable lean and fat, trimmed to 0" fat, select, cooked, broiled

Selenium, Se	S2
Vitamin B-6	S2
Vitamin K (phylloquinone)	S2
Threonine	S14, S2
Alanine	S14, S2
6:0	S2
18:0	S2
Total lipid (fat)	S2
Water	S2
Phosphorus, P	S2
Vitamin C, total ascorbic acid	S2
Thiamin	S2
Vitamin B-12	S2
Isoleucine	S14, S2
Glycine	S14, S2
18:2 undifferentiated	S2
Carotene, alpha	S2
Lutein + zeaxanthin	S2
Tocopherol, gamma	S2
Folate, total	S2
Leucine	S14, S2
4:0	S2

NDB No. 13950 Beef, brisket, flat half, separable lean and fat, trimmed to 0" fat, select, cooked, braised

Sugars, total	S2
Magnesium, Mg	S2
Carotene, alpha	S2
Thiamin	S2
Isoleucine	S14, S2
12:0	S2
18:3 undifferentiated	S2
22:1 undifferentiated	S2
Tocopherol, delta	S2
Threonine	S14, S2
Phenylalanine	S14, S2
Tyrosine	S14, S2

NDB No. 13950 Beef, brisket, flat half, separable lean and fat, trimmed to 0" fat, select, cooked, braised

Glycine	S14, S2
20:4 undifferentiated	S2
18:4	S2
20:1	S2
20:5 n-3 (EPA)	S2
Fiber, total dietary	S2
Riboflavin	S2
Vitamin K (phylloquinone)	S2
Aspartic acid	S14, S2
Glutamic acid	S14, S2
16:1 undifferentiated	S2
22:5 n-3 (DPA)	S2
Phosphorus, P	S2
Tocopherol, beta	S2
Niacin	S2
Leucine	S14, S2
Valine	S14, S2
Proline	S14, S2
6:0	S2
18:1 undifferentiated	S2
Protein	S2
Total lipid (fat)	S2
Ash	S2
Water	S2
Caffeine	S2
Calcium, Ca	S2
Manganese, Mn	S2
Carotene, beta	S2
Vitamin E (alpha-tocopherol)	S2
Lutein + zeaxanthin	S2
Tocopherol, gamma	S2
Vitamin B-12	S2
Methionine	S14, S2
Arginine	S14, S2
Histidine	S14, S2
4:0	S2
16:0	S2

NDB No. 13950 Beef, brisket, flat half, separable lean and fat, trimmed to 0" fat, select, cooked, braised

18:0	S2
22:6 n-3 (DHA)	S2
Theobromine	S2
Cryptoxanthin, beta	S2
Serine	S14, S2
8:0	S2
14:0	S2
Potassium, K	S2
Selenium, Se	S2
Vitamin C, total ascorbic acid	S2
Pantothenic acid	S2
Vitamin B-6	S2
Folate, total	S2
Alanine	S14, S2
10:0	S2
18:2 undifferentiated	S2
Iron, Fe	S2
Sodium, Na	S2
Zinc, Zn	S2
Copper, Cu	S2
Retinol	S2
Lycopene	S2
Tryptophan	S14, S2
Lysine	S14, S2
Cystine	S14, S2

NDB No. 13951 Beef, rib eye, small end (ribs 10-12), separable lean and fat, trimmed to 0" fat, select, cooked, broiled

Fiber, total dietary	S2
Iron, Fe	S2
Carotene, alpha	S2
Lycopene	S2
Vitamin B-6	S2
Lysine	S14, S2
22:5 n-3 (DPA)	S2
Phosphorus, P	S2
Retinol	S2

NDB No. 13951 Beef, rib eye, small end (ribs 10-12), separable lean and fat, trimmed to 0" fat, select, cooked, broiled

Pantothenic acid	S2
Vitamin K (phylloquinone)	S2
Tryptophan	S14, S2
Valine	S14, S2
Glycine	S14, S2
Proline	S14, S2
10:0	S2
18:2 undifferentiated	S2
16:1 undifferentiated	S2
20:5 n-3 (EPA)	S2
Total lipid (fat)	S2
Theobromine	S2
Magnesium, Mg	S2
Carotene, beta	S2
Vitamin E (alpha-tocopherol)	S2
Lutein + zeaxanthin	S2
Tocopherol, gamma	S2
Tocopherol, delta	S2
Thiamin	S2
Folate, total	S2
Threonine	S14, S2
Methionine	S14, S2
4:0	S2
12:0	S2
18:1 undifferentiated	S2
18:4	S2
Water	S2
Cryptoxanthin, beta	S2
Vitamin C, total ascorbic acid	S2
6:0	S2
8:0	S2
22:1 undifferentiated	S2
Protein	S2
Ash	S2
Caffeine	S2
Sugars, total	S2
Tocopherol, beta	S2

NDB No. 13951	Beef, rib eye, small end (ribs 10-12), separable lean and fat, trimmed to 0" fat, select, cooked, broiled
Leucine	S14, S2
Phenylalanine	S14, S2
Arginine	S14, S2
Histidine	S14, S2
Aspartic acid	S14, S2
14:0	S2
16:0	S2
Zinc, Zn	S2
Serine	S14, S2
18:0	S2
20:1	S2
Copper, Cu	S2
Manganese, Mn	S2
Riboflavin	S2
Niacin	S2
Vitamin B-12	S2
Tyrosine	S14, S2
Alanine	S14, S2
18:3 undifferentiated	S2
20:4 undifferentiated	S2
22:6 n-3 (DHA)	S2
Calcium, Ca	S2
Potassium, K	S2
Sodium, Na	S2
Selenium, Se	S2
Isoleucine	S14, S2
Cystine	S14, S2
Glutamic acid	S14, S2

NDB No. 13952	Beef, rib eye, small end (ribs 10-12), separable lean and fat, trimmed to 0" fat, all grades, cooked, broiled
Potassium, K	S2
Zinc, Zn	S2
Tocopherol, beta	S2
Isoleucine	S14, S2
Methionine	S14, S2

NDB No. 13952 Beef, rib eye, small end (ribs 10-12), separable lean and fat, trimmed to 0" fat, all grades, cooked, broiled

Tyrosine	S14, S2
Arginine	S14, S2
Alanine	S14, S2
Glycine	S14, S2
6:0	S2
12:0	S2
20:1	S2
22:1 undifferentiated	S2
Sugars, total	S2
Iron, Fe	S2
Sodium, Na	S2
Carotene, beta	S2
Folate, total	S2
Tryptophan	S14, S2
Aspartic acid	S14, S2
Proline	S14, S2
4:0	S2
8:0	S2
14:0	S2
Protein	S2
Total lipid (fat)	S2
Water	S2
Cryptoxanthin, beta	S2
Vitamin C, total ascorbic acid	S2
Threonine	S14, S2
10:0	S2
16:0	S2
16:1 undifferentiated	S2
Ash	S2
Carotene, alpha	S2
Lutein + zeaxanthin	S2
Niacin	S2
Vitamin B-12	S2
18:0	S2
18:1 undifferentiated	S2
Theobromine	S2
Lycopene	S2

NDB No. 13952	Beef, rib eye, small end (ribs 10-12), separable lean and fat, trimmed to 0" fat, all grades, cooked, broiled
Tocopherol, gamma	S2
Pantothenic acid	S2
Cystine	S14, S2
22:6 n-3 (DHA)	S2
18:4	S2
22:5 n-3 (DPA)	S2
Caffeine	S2
Magnesium, Mg	S2
Copper, Cu	S2
Selenium, Se	S2
Vitamin E (alpha-tocopherol)	S2
Lysine	S14, S2
Histidine	S14, S2
Glutamic acid	S14, S2
20:5 n-3 (EPA)	S2
Fiber, total dietary	S2
Phosphorus, P	S2
Manganese, Mn	S2
Phenylalanine	S14, S2
Valine	S14, S2
18:3 undifferentiated	S2
Calcium, Ca	S2
Retinol	S2
Tocopherol, delta	S2
Thiamin	S2
Riboflavin	S2
Vitamin B-6	S2
Vitamin K (phylloquinone)	S2
Leucine	S14, S2
Serine	S14, S2
18:2 undifferentiated	S2
20:4 undifferentiated	S2

NDB No. 13953	Beef, bottom sirloin, tri-tip roast, separable lean and fat, trimmed to 0" fat, all grades, cooked, roasted
Ash	S2

NDB No. 13953 Beef, bottom sirloin, tri-tip roast, separable lean and fat, trimmed to 0" fat, all grades, cooked, roasted

Water	S2
Theobromine	S2
Calcium, Ca	S2
Magnesium, Mg	S2
Carotene, alpha	S2
Tocopherol, delta	S2
Niacin	S2
Isoleucine	S14, S2
Glutamic acid	S14, S2
Glycine	S14, S2
6:0	S2
8:0	S2
10:0	S2
18:0	S2
16:1 undifferentiated	S2
22:1 undifferentiated	S2
Tocopherol, beta	S2
Pantothenic acid	S2
Vitamin K (phylloquinone)	S2
Aspartic acid	S14, S2
Proline	S14, S2
Serine	S14, S2
4:0	S2
Total lipid (fat)	S2
Copper, Cu	S2
Vitamin C, total ascorbic acid	S2
Vitamin B-6	S2
Threonine	S14, S2
20:1	S2
Iron, Fe	S2
Potassium, K	S2
Lycopene	S2
Tocopherol, gamma	S2
Thiamin	S2
Riboflavin	S2
Cystine	S14, S2
16:0	S2

NDB No. 13953 Beef, bottom sirloin, tri-tip roast, separable lean and fat, trimmed to 0" fat, all grades, cooked, roasted

18:4	S2
20:5 n-3 (EPA)	S2
Fiber, total dietary	S2
Cryptoxanthin, beta	S2
Lutein + zeaxanthin	S2
Folate, total	S2
Leucine	S14, S2
Lysine	S14, S2
Arginine	S14, S2
12:0	S2
14:0	S2
18:1 undifferentiated	S2
18:2 undifferentiated	S2
18:3 undifferentiated	S2
Protein	S2
Sugars, total	S2
Phosphorus, P	S2
Sodium, Na	S2
Zinc, Zn	S2
Phenylalanine	S14, S2
Valine	S14, S2
20:4 undifferentiated	S2
22:5 n-3 (DPA)	S2
Manganese, Mn	S2
Selenium, Se	S2
Vitamin E (alpha-tocopherol)	S2
Vitamin B-12	S2
Tryptophan	S14, S2
Methionine	S14, S2
Histidine	S14, S2
Alanine	S14, S2
22:6 n-3 (DHA)	S2
Caffeine	S2
Retinol	S2
Carotene, beta	S2
Tyrosine	S14, S2

NDB No. 13954 Beef, bottom sirloin, tri-tip roast, separable lean and fat, trimmed to 0" fat, all grades, raw

Potassium, K	S2
Sodium, Na	S2
Zinc, Zn	S2
Thiamin	S2
Niacin	S2
Cystine	S14, S2
Phenylalanine	S14, S2
Tyrosine	S14, S2
Glutamic acid	S14, S2
Proline	S14, S2
Serine	S14, S2
18:0	S2
18:3 undifferentiated	S2
Calcium, Ca	S2
Iron, Fe	S2
Selenium, Se	S2
Cryptoxanthin, beta	S2
Tryptophan	S14, S2
4:0	S2
10:0	S2
Total lipid (fat)	S2
Ash	S2
Sugars, total	S2
Phosphorus, P	S2
Vitamin C, total ascorbic acid	S2
Vitamin B-12	S2
Alanine	S14, S2
6:0	S2
12:0	S2
Caffeine	S2
Carotene, beta	S2
Vitamin E (alpha-tocopherol)	S2
Folate, total	S2
Isoleucine	S14, S2
Arginine	S14, S2
Glycine	S14, S2
8:0	S2

NDB No. 13954 Beef, bottom sirloin, tri-tip roast, separable lean and fat, trimmed to 0" fat, all grades, raw

18:4	S2
22:5 n-3 (DPA)	S2
Tocopherol, beta	S2
Riboflavin	S2
Vitamin B-6	S2
Lysine	S14, S2
Histidine	S14, S2
14:0	S2
16:0	S2
18:2 undifferentiated	S2
20:5 n-3 (EPA)	S2
Lycopene	S2
Tocopherol, gamma	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2
Protein	S2
Fiber, total dietary	S2
Manganese, Mn	S2
Retinol	S2
Carotene, alpha	S2
Tocopherol, delta	S2
Threonine	S14, S2
Leucine	S14, S2
Valine	S14, S2
Aspartic acid	S14, S2
18:1 undifferentiated	S2
22:6 n-3 (DHA)	S2
Water	S2
Theobromine	S2
Magnesium, Mg	S2
Copper, Cu	S2
Lutein + zeaxanthin	S2
Pantothenic acid	S2
Vitamin K (phylloquinone)	S2
Methionine	S14, S2
20:1	S2
22:1 undifferentiated	S2

NDB No. 13955 Beef, bottom sirloin, tri-tip roast, separable lean and fat, trimmed to 0" fat, choice, cooked, roasted

Total lipid (fat)	S2
Water	S2
Caffeine	S2
Fiber, total dietary	S2
Selenium, Se	S2
Tocopherol, delta	S2
Vitamin B-12	S2
Isoleucine	S14, S2
16:0	S2
18:3 undifferentiated	S2
16:1 undifferentiated	S2
18:4	S2
20:5 n-3 (EPA)	S2
Ash	S2
Phosphorus, P	S2
Leucine	S14, S2
8:0	S2
12:0	S2
18:0	S2
20:4 undifferentiated	S2
Theobromine	S2
Sugars, total	S2
Iron, Fe	S2
Potassium, K	S2
Folate, total	S2
Histidine	S14, S2
4:0	S2
10:0	S2
22:6 n-3 (DHA)	S2
Protein	S2
Vitamin E (alpha-tocopherol)	S2
Lutein + zeaxanthin	S2
Niacin	S2
Cystine	S14, S2
Arginine	S14, S2
Glutamic acid	S14, S2
Glycine	S14, S2

NDB No. 13955 Beef, bottom sirloin, tri-tip roast, separable lean and fat, trimmed to 0" fat, choice, cooked, roasted

18:2 undifferentiated	S2
Carotene, beta	S2
Tocopherol, beta	S2
Lysine	S14, S2
Valine	S14, S2
Alanine	S14, S2
6:0	S2
18:1 undifferentiated	S2
22:1 undifferentiated	S2
22:5 n-3 (DPA)	S2
Calcium, Ca	S2
Magnesium, Mg	S2
Tocopherol, gamma	S2
Thiamin	S2
Riboflavin	S2
Vitamin K (phylloquinone)	S2
Tryptophan	S14, S2
Aspartic acid	S14, S2
Proline	S14, S2
20:1	S2
Sodium, Na	S2
Zinc, Zn	S2
Retinol	S2
Cryptoxanthin, beta	S2
Vitamin C, total ascorbic acid	S2
Vitamin B-6	S2
Methionine	S14, S2
Serine	S14, S2
Copper, Cu	S2
Manganese, Mn	S2
Carotene, alpha	S2
Lycopene	S2
Pantothenic acid	S2
Threonine	S14, S2
Phenylalanine	S14, S2
Tyrosine	S14, S2
14:0	S2

NDB No. 13956 Beef, bottom sirloin, tri-tip roast, separable lean and fat, trimmed to 0" fat, choice, raw

Total lipid (fat)	S2
Theobromine	S2
Magnesium, Mg	S2
Vitamin C, total ascorbic acid	S2
Riboflavin	S2
Vitamin K (phylloquinone)	S2
Tryptophan	S14, S2
Leucine	S14, S2
Cystine	S14, S2
18:1 undifferentiated	S2
22:1 undifferentiated	S2
Fiber, total dietary	S2
Calcium, Ca	S2
Glycine	S14, S2
4:0	S2
18:0	S2
22:6 n-3 (DHA)	S2
16:1 undifferentiated	S2
Lycopene	S2
Methionine	S14, S2
Zinc, Zn	S2
Niacin	S2
Pantothenic acid	S2
Vitamin B-6	S2
Lysine	S14, S2
Proline	S14, S2
12:0	S2
18:2 undifferentiated	S2
Protein	S2
Sugars, total	S2
Phosphorus, P	S2
Sodium, Na	S2
Cryptoxanthin, beta	S2
Tocopherol, beta	S2
Thiamin	S2
Folate, total	S2
Alanine	S14, S2

NDB No. 13956 Beef, bottom sirloin, tri-tip roast, separable lean and fat, trimmed to 0" fat, choice, raw

8:0	S2
10:0	S2
16:0	S2
18:3 undifferentiated	S2
18:4	S2
Iron, Fe	S2
Copper, Cu	S2
Selenium, Se	S2
Retinol	S2
Vitamin E (alpha-tocopherol)	S2
Glutamic acid	S14, S2
6:0	S2
Ash	S2
Manganese, Mn	S2
Carotene, beta	S2
Carotene, alpha	S2
Lutein + zeaxanthin	S2
Tocopherol, delta	S2
Vitamin B-12	S2
Threonine	S14, S2
Valine	S14, S2
Histidine	S14, S2
Aspartic acid	S14, S2
14:0	S2
20:1	S2
20:5 n-3 (EPA)	S2
Water	S2
Caffeine	S2
Potassium, K	S2
Tocopherol, gamma	S2
Isoleucine	S14, S2
Phenylalanine	S14, S2
Tyrosine	S14, S2
Arginine	S14, S2
Serine	S14, S2
20:4 undifferentiated	S2
22:5 n-3 (DPA)	S2

NDB No. 13957 Beef, bottom sirloin, tri-tip roast, separable lean and fat, trimmed to 0" fat, select, cooked, roasted

Sugars, total	S2
Selenium, Se	S2
Vitamin E (alpha-tocopherol)	S2
Pantothenic acid	S2
Vitamin B-6	S2
Methionine	S14, S2
Theobromine	S2
Magnesium, Mg	S2
Phosphorus, P	S2
Carotene, beta	S2
Cryptoxanthin, beta	S2
Riboflavin	S2
Vitamin B-12	S2
Serine	S14, S2
20:4 undifferentiated	S2
22:1 undifferentiated	S2
Protein	S2
Ash	S2
Water	S2
Fiber, total dietary	S2
Histidine	S14, S2
12:0	S2
Caffeine	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Threonine	S14, S2
Leucine	S14, S2
Lysine	S14, S2
Tyrosine	S14, S2
6:0	S2
16:0	S2
18:4	S2
20:1	S2
22:5 n-3 (DPA)	S2
Zinc, Zn	S2
Carotene, alpha	S2
Lutein + zeaxanthin	S2

NDB No. 13957 Beef, bottom sirloin, tri-tip roast, separable lean and fat, trimmed to 0" fat, select, cooked, roasted

Tocopherol, gamma	S2
Thiamin	S2
Folate, total	S2
Vitamin K (phylloquinone)	S2
Isoleucine	S14, S2
Cystine	S14, S2
Proline	S14, S2
8:0	S2
Copper, Cu	S2
Vitamin C, total ascorbic acid	S2
Niacin	S2
Phenylalanine	S14, S2
Glycine	S14, S2
4:0	S2
14:0	S2
18:2 undifferentiated	S2
18:3 undifferentiated	S2
22:6 n-3 (DHA)	S2
16:1 undifferentiated	S2
Total lipid (fat)	S2
Calcium, Ca	S2
Iron, Fe	S2
Potassium, K	S2
Tryptophan	S14, S2
Alanine	S14, S2
Aspartic acid	S14, S2
Sodium, Na	S2
Manganese, Mn	S2
Retinol	S2
Lycopene	S2
Valine	S14, S2
Arginine	S14, S2
Glutamic acid	S14, S2
10:0	S2
18:0	S2
18:1 undifferentiated	S2
20:5 n-3 (EPA)	S2

NDB No. 13958 Beef, bottom sirloin, tri-tip roast, separable lean and fat, trimmed to 0" fat, select, raw

Cryptoxanthin, beta	S2
Tocopherol, delta	S2
Vitamin B-12	S2
Vitamin K (phylloquinone)	S2
Leucine	S14, S2
Methionine	S14, S2
Tyrosine	S14, S2
Valine	S14, S2
4:0	S2
8:0	S2
18:4	S2
20:5 n-3 (EPA)	S2
Caffeine	S2
Theobromine	S2
Potassium, K	S2
Niacin	S2
Folate, total	S2
Arginine	S14, S2
6:0	S2
14:0	S2
16:0	S2
18:0	S2
18:3 undifferentiated	S2
20:4 undifferentiated	S2
Total lipid (fat)	S2
Sugars, total	S2
Lutein + zeaxanthin	S2
Tryptophan	S14, S2
Threonine	S14, S2
Isoleucine	S14, S2
Ash	S2
Water	S2
Calcium, Ca	S2
Manganese, Mn	S2
Selenium, Se	S2
Tocopherol, beta	S2
Lysine	S14, S2

NDB No. 13958 Beef, bottom sirloin, tri-tip roast, separable lean and fat, trimmed to 0" fat, select, raw

Cystine	S14, S2
Histidine	S14, S2
20:1	S2
22:5 n-3 (DPA)	S2
Protein	S2
Magnesium, Mg	S2
Phosphorus, P	S2
Tocopherol, gamma	S2
Riboflavin	S2
Vitamin B-6	S2
Serine	S14, S2
18:1 undifferentiated	S2
Zinc, Zn	S2
Retinol	S2
Phenylalanine	S14, S2
Glycine	S14, S2
Proline	S14, S2
22:1 undifferentiated	S2
Copper, Cu	S2
Carotene, alpha	S2
Vitamin E (alpha-tocopherol)	S2
Lycopene	S2
12:0	S2
22:6 n-3 (DHA)	S2
16:1 undifferentiated	S2
Fiber, total dietary	S2
Iron, Fe	S2
Sodium, Na	S2
Carotene, beta	S2
Vitamin C, total ascorbic acid	S2
Thiamin	S2
Pantothenic acid	S2
Alanine	S14, S2
Aspartic acid	S14, S2
Glutamic acid	S14, S2
10:0	S2
18:2 undifferentiated	S2

NDB No. 13959 Beef, round, top round, steak, separable lean and fat, trimmed to 0" fat, all grades, cooked, broiled

Iron, Fe	S2
Riboflavin	S2
Leucine	S14, S2
Cystine	S14, S2
18:2 undifferentiated	S2
22:1 undifferentiated	S2
Phosphorus, P	S2
Manganese, Mn	S2
Cryptoxanthin, beta	S2
Lycopene	S2
Tocopherol, gamma	S2
Niacin	S2
Pantothenic acid	S2
Isoleucine	S14, S2
Valine	S14, S2
6:0	S2
8:0	S2
12:0	S2
18:0	S2
20:4 undifferentiated	S2
22:6 n-3 (DHA)	S2
20:1	S2
Total lipid (fat)	S2
Sugars, total	S2
Potassium, K	S2
Lutein + zeaxanthin	S2
Vitamin C, total ascorbic acid	S2
Vitamin K (phylloquinone)	S2
Methionine	S14, S2
Phenylalanine	S14, S2
Glycine	S14, S2
Serine	S14, S2
18:1 undifferentiated	S2
16:1 undifferentiated	S2
Retinol	S2
Threonine	S14, S2
Tyrosine	S14, S2

NDB No. 13959 Beef, round, top round, steak, separable lean and fat, trimmed to 0" fat, all grades, cooked, broiled

Arginine	S14, S2
Aspartic acid	S14, S2
Water	S2
Caffeine	S2
Sodium, Na	S2
Zinc, Zn	S2
Tocopherol, beta	S2
Lysine	S14, S2
Glutamic acid	S14, S2
14:0	S2
18:3 undifferentiated	S2
18:4	S2
22:5 n-3 (DPA)	S2
Fiber, total dietary	S2
Vitamin E (alpha-tocopherol)	S2
Vitamin B-6	S2
Tryptophan	S14, S2
Histidine	S14, S2
Alanine	S14, S2
Protein	S2
Ash	S2
Theobromine	S2
Calcium, Ca	S2
Copper, Cu	S2
Carotene, beta	S2
Vitamin B-12	S2
Proline	S14, S2
10:0	S2
20:5 n-3 (EPA)	S2
Magnesium, Mg	S2
Selenium, Se	S2
Carotene, alpha	S2
Tocopherol, delta	S2
Thiamin	S2
Folate, total	S2
4:0	S2
16:0	S2

NDB No. 13961 Beef, chuck, mock tender steak, separable lean only, trimmed to 0" fat, choice, cooked, broiled

Serine	S2
12:0	S221
16:0	S221
20:0	S221
14:1	S221
Ash	S221
Zinc, Zn	S221
Leucine	S2
Lysine	S2
Cystine	S2
Valine	S2
14:0	S221
Histidine	S2
Glycine	S2
16:1 undifferentiated	S221
Protein	S221
Potassium, K	S221
Tryptophan	S2
Methionine	S2
18:0	S221
20:4 undifferentiated	S221
Total lipid (fat)	S221
Water	S221
Threonine	S2
Aspartic acid	S2
Isoleucine	S2
Phenylalanine	S2
Arginine	S2
Proline	S2
18:2 undifferentiated	S221
Carbohydrate, by difference	S221
Tyrosine	S2
Glutamic acid	S2
18:1 undifferentiated	S221
Magnesium, Mg	S221
Alanine	S2
18:3 undifferentiated	S221

NDB No. 13963 Beef, chuck, mock tender steak, separable lean only, trimmed to 0" fat, select, cooked, broiled

Protein	S221
Total lipid (fat)	S221
Lysine	S2
Alanine	S2
Carbohydrate, by difference	S221
Zinc, Zn	S221
Threonine	S2
Glutamic acid	S2
Cystine	S2
18:3 undifferentiated	S221
Isoleucine	S2
Aspartic acid	S2
Glycine	S2
12:0	S221
18:0	S221
Potassium, K	S221
Phenylalanine	S2
Valine	S2
Proline	S2
20:0	S221
18:1 undifferentiated	S221
18:2 undifferentiated	S221
Magnesium, Mg	S221
Leucine	S2
Histidine	S2
Serine	S2
14:0	S221
20:4 undifferentiated	S221
16:1 undifferentiated	S221
Ash	S221
Tryptophan	S2
Methionine	S2
Water	S221
Tyrosine	S2
Arginine	S2
16:0	S221
14:1	S221

NDB No. 13965 Beef, chuck, top blade, separable lean only, trimmed to 0" fat, choice, cooked, broiled

Water	S221
Lysine	S2
Cystine	S2
Glutamic acid	S2
Proline	S2
Serine	S2
18:0	S221
18:1 undifferentiated	S221
20:4 undifferentiated	S221
Protein	S221
Ash	S221
12:0	S221
16:0	S221
20:0	S221
16:1 undifferentiated	S221
Carbohydrate, by difference	S221
Tryptophan	S2
Threonine	S2
Tyrosine	S2
14:0	S221
Zinc, Zn	S221
Histidine	S2
18:2 undifferentiated	S221
Magnesium, Mg	S221
Potassium, K	S221
Methionine	S2
Valine	S2
Arginine	S2
Alanine	S2
Glycine	S2
Total lipid (fat)	S221
Selenium, Se	S221
Leucine	S2
Phenylalanine	S2
Aspartic acid	S2
18:3 undifferentiated	S221
14:1	S221

NDB No. 13965 Beef, chuck, top blade, separable lean only, trimmed to 0" fat, choice, cooked, broiled

Isoleucine	S2

NDB No. 13967 Beef, chuck, top blade, separable lean only, trimmed to 0" fat, select, cooked, broiled

Arginine	S2
Alanine	S2
18:2 undifferentiated	S221
Protein	S221
Water	S221
Potassium, K	S221
Phenylalanine	S2
Valine	S2
Glutamic acid	S2
20:0	S221
Magnesium, Mg	S221
Selenium, Se	S221
Glycine	S2
18:1 undifferentiated	S221
Carbohydrate, by difference	S221
Histidine	S2
20:4 undifferentiated	S221
16:1 undifferentiated	S221
Total lipid (fat)	S221
Lysine	S2
Proline	S2
Ash	S221
Threonine	S2
Tyrosine	S2
12:0	S221
14:0	S221
Zinc, Zn	S221
Cystine	S2
Aspartic acid	S2
Serine	S2
16:0	S221
14:1	S221
Tryptophan	S2

NDB No. 13967 Beef, chuck, top blade, separable lean only, trimmed to 0" fat, select, cooked, broiled

Isoleucine	S2
Leucine	S2
Methionine	S2
18:0	S221
18:3 undifferentiated	S221

NDB No. 13968 Beef, round, top round, steak, separable lean and fat, trimmed to 0" fat, choice, cooked, broiled

Total lipid (fat)	S2
Fiber, total dietary	S2
Copper, Cu	S2
Carotene, beta	S2
Thiamin	S2
20:5 n-3 (EPA)	S2
Caffeine	S2
Selenium, Se	S2
Retinol	S2
Cryptoxanthin, beta	S2
Riboflavin	S2
Isoleucine	S14, S2
Aspartic acid	S14, S2
22:6 n-3 (DHA)	S2
Sugars, total	S2
Carotene, alpha	S2
Methionine	S14, S2
Phenylalanine	S14, S2
Tyrosine	S14, S2
Proline	S14, S2
8:0	S2
18:4	S2
Calcium, Ca	S2
Tocopherol, gamma	S2
Folate, total	S2
Vitamin K (phylloquinone)	S2
Leucine	S14, S2
Cystine	S14, S2
Valine	S14, S2

NDB No. 13968 Beef, round, top round, steak, separable lean and fat, trimmed to 0" fat, choice, cooked, broiled

Histidine	S14, S2
18:0	S2
18:1 undifferentiated	S2
18:3 undifferentiated	S2
20:4 undifferentiated	S2
Ash	S2
Iron, Fe	S2
Lycopene	S2
Tocopherol, delta	S2
Pantothenic acid	S2
Lysine	S14, S2
Arginine	S14, S2
Glycine	S14, S2
6:0	S2
16:0	S2
Water	S2
Phosphorus, P	S2
Potassium, K	S2
Zinc, Zn	S2
Manganese, Mn	S2
Vitamin B-12	S2
Serine	S14, S2
14:0	S2
18:2 undifferentiated	S2
22:1 undifferentiated	S2
Protein	S2
Theobromine	S2
Magnesium, Mg	S2
Sodium, Na	S2
Tocopherol, beta	S2
Niacin	S2
Vitamin B-6	S2
Tryptophan	S14, S2
Threonine	S14, S2
Glutamic acid	S14, S2
4:0	S2
10:0	S2

NDB No. 13968 Beef, round, top round, steak, separable lean and fat, trimmed to 0" fat, choice, cooked, broiled

12:0	S2
16:1 undifferentiated	S2
Vitamin E (alpha-tocopherol)	S2
Lutein + zeaxanthin	S2
Vitamin C, total ascorbic acid	S2
Alanine	S14, S2
20:1	S2
22:5 n-3 (DPA)	S2

NDB No. 13969 Beef, round, top round, steak, separable lean and fat, trimmed to 0" fat, select, cooked, broiled

Caffeine	S2
Manganese, Mn	S2
Vitamin B-12	S2
Valine	S14, S2
Sugars, total	S2
Riboflavin	S2
Leucine	S14, S2
18:0	S2
18:3 undifferentiated	S2
Water	S2
Potassium, K	S2
Selenium, Se	S2
Carotene, beta	S2
Carotene, alpha	S2
Methionine	S14, S2
Phenylalanine	S14, S2
Glutamic acid	S14, S2
Proline	S14, S2
20:1	S2
20:5 n-3 (EPA)	S2
22:5 n-3 (DPA)	S2
Theobromine	S2
Fiber, total dietary	S2
Vitamin C, total ascorbic acid	S2
Niacin	S2
Vitamin B-6	S2

NDB No. 13969 Beef, round, top round, steak, separable lean and fat, trimmed to 0" fat, select, cooked, broiled

Folate, total	S2
22:6 n-3 (DHA)	S2
16:1 undifferentiated	S2
22:1 undifferentiated	S2
Ash	S2
Magnesium, Mg	S2
Sodium, Na	S2
Lutein + zeaxanthin	S2
Tocopherol, delta	S2
Cystine	S14, S2
Arginine	S14, S2
Aspartic acid	S14, S2
6:0	S2
18:2 undifferentiated	S2
Protein	S2
Iron, Fe	S2
Copper, Cu	S2
Lycopene	S2
Tocopherol, beta	S2
Tocopherol, gamma	S2
Pantothenic acid	S2
Vitamin K (phylloquinone)	S2
Threonine	S14, S2
Lysine	S14, S2
Glycine	S14, S2
8:0	S2
20:4 undifferentiated	S2
18:4	S2
Total lipid (fat)	S2
Zinc, Zn	S2
Cryptoxanthin, beta	S2
Thiamin	S2
Tyrosine	S14, S2
Histidine	S14, S2
Alanine	S14, S2
14:0	S2
16:0	S2

NDB No. 13969 Beef, round, top round, steak, separable lean and fat, trimmed to 0" fat, select, cooked, broiled

18:1 undifferentiated	S2
Calcium, Ca	S2
Phosphorus, P	S2
Retinol	S2
Vitamin E (alpha-tocopherol)	S2
Tryptophan	S14, S2
Isoleucine	S14, S2
Serine	S14, S2
4:0	S2
10:0	S2
12:0	S2

NDB No. 13970 Beef, flank, steak, separable lean and fat, trimmed to 0" fat, all grades, raw

Ash	S2
Magnesium, Mg	S2
Zinc, Zn	S2
Selenium, Se	S2
Carotene, beta	S2
Vitamin B-6	S2
Vitamin B-12	S2
Threonine	S14, S2
Phenylalanine	S14, S2
Valine	S14, S2
4:0	S2
22:6 n-3 (DHA)	S2
22:1 undifferentiated	S2
Caffeine	S2
Iron, Fe	S2
Vitamin E (alpha-tocopherol)	S2
Riboflavin	S2
Vitamin K (phylloquinone)	S2
Tryptophan	S14, S2
Lysine	S14, S2
Aspartic acid	S14, S2
Glutamic acid	S14, S2
8:0	S2

NDB No. 13970 Beef, flank, steak, separable lean and fat, trimmed to 0" fat, all grades, raw

10:0	S2
16:0	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2
20:5 n-3 (EPA)	S2
Sugars, total	S2
Lutein + zeaxanthin	S2
Tocopherol, gamma	S2
Tocopherol, delta	S2
Vitamin C, total ascorbic acid	S2
Alanine	S14, S2
6:0	S2
18:2 undifferentiated	S2
Phosphorus, P	S2
Thiamin	S2
18:3 undifferentiated	S2
Total lipid (fat)	S2
Theobromine	S2
Manganese, Mn	S2
Carotene, alpha	S2
Tocopherol, beta	S2
Niacin	S2
Isoleucine	S14, S2
Methionine	S14, S2
Tyrosine	S14, S2
Arginine	S14, S2
Serine	S14, S2
14:0	S2
18:1 undifferentiated	S2
20:1	S2
22:5 n-3 (DPA)	S2
Protein	S2
Calcium, Ca	S2
Potassium, K	S2
Retinol	S2
Lycopene	S2
12:0	S2

NDB No. 13970 Beef, flank, steak, separable lean and fat, trimmed to 0" fat, all grades, raw

Water	S2
Fiber, total dietary	S2
Cryptoxanthin, beta	S2
Cystine	S14, S2
18:0	S2
18:4	S2
Sodium, Na	S2
Copper, Cu	S2
Pantothenic acid	S2
Folate, total	S2
Leucine	S14, S2
Histidine	S14, S2
Glycine	S14, S2
Proline	S14, S2

NDB No. 13971 Beef, flank, steak, separable lean and fat, trimmed to 0" fat, select, raw

Theobromine	S2
Magnesium, Mg	S2
Threonine	S14, S2
Tyrosine	S14, S2
Valine	S14, S2
20:5 n-3 (EPA)	S2
22:5 n-3 (DPA)	S2
Water	S2
Lutein + zeaxanthin	S2
Tocopherol, gamma	S2
Riboflavin	S2
Leucine	S14, S2
Glycine	S14, S2
22:6 n-3 (DHA)	S2
16:1 undifferentiated	S2
Protein	S2
Caffeine	S2
Fiber, total dietary	S2
Retinol	S2
Vitamin K (phylloquinone)	S2

NDB No. 13971 Beef, flank, steak, separable lean and fat, trimmed to 0" fat, select, raw

Histidine	S14, S2
Proline	S14, S2
Serine	S14, S2
14:0	S2
22:1 undifferentiated	S2
Iron, Fe	S2
Manganese, Mn	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Niacin	S2
Vitamin B-12	S2
Cystine	S14, S2
Arginine	S14, S2
16:0	S2
18:3 undifferentiated	S2
Ash	S2
Sugars, total	S2
Sodium, Na	S2
Selenium, Se	S2
Carotene, beta	S2
Carotene, alpha	S2
Vitamin E (alpha-tocopherol)	S2
Pantothenic acid	S2
Isoleucine	S14, S2
Aspartic acid	S14, S2
18:4	S2
Calcium, Ca	S2
Phosphorus, P	S2
Potassium, K	S2
Zinc, Zn	S2
Copper, Cu	S2
Vitamin C, total ascorbic acid	S2
Folate, total	S2
18:0	S2
18:1 undifferentiated	S2
18:2 undifferentiated	S2
Cryptoxanthin, beta	S2

NDB No. 13971 Beef, flank, steak, separable lean and fat, trimmed to 0" fat, select, raw

Thiamin	S2
Vitamin B-6	S2
Methionine	S14, S2
Glutamic acid	S14, S2
4:0	S2
Total lipid (fat)	S2
Lycopene	S2
Tryptophan	S14, S2
Lysine	S14, S2
Phenylalanine	S14, S2
Alanine	S14, S2
6:0	S2
8:0	S2
10:0	S2
12:0	S2
20:4 undifferentiated	S2
20:1	S2

NDB No. 13972 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean only, trimmed to 0" fat, all grades, raw

Calcium, Ca	S6702
Magnesium, Mg	S6702
Pantothenic acid	S6702
Tryptophan	S6702
Phenylalanine	S6702
20:1	S6702
20:5 n-3 (EPA)	S6702
20:2 n-6 c,c	S6702
Zinc, Zn	S6702
Selenium, Se	S6702
Vitamin K (phylloquinone)	S14
Isoleucine	S6702
Tyrosine	S6702
Glutamic acid	S6702
Serine	S6702
Fatty acids, total saturated	S6702
16:1 undifferentiated	S6702

NDB No. 13972 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean only, trimmed to 0" fat, all grades, raw

Fatty acids, total trans-monoenoic	S6702
18:1-11t (18:1t n-7)	S6702
Ash	S6702
Water	S6702
Lysine	S6702
Fatty acids, total trans	S6702
18:2 undifferentiated	S6702
18:1 c	S6702
18:3 n-3 c,c,c (ALA)	S6702
Iron, Fe	S6702
Phosphorus, P	S6702
Choline, total	S6702
Betaine	S6702
Valine	S6702
Alanine	S6702
Glycine	S6702
Proline	S6702
18:3 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
14:1	S6702
Fatty acids, total polyunsaturated	S6702
Protein	S6702
Copper, Cu	S6702
Thiamin	S6702
Cystine	S6702
Arginine	S6702
Histidine	S6702
16:0	S6702
22:5 n-3 (DPA)	S6702
17:1	S6702
Manganese, Mn	S6702
Niacin	S6702
Cholesterol	S6702
20:0	S6702
18:1 undifferentiated	S6702
20:4 undifferentiated	S6702

NDB No. 13972 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean only, trimmed to 0" fat, all grades, raw

Fatty acids, total monounsaturated	S6702
17:0	S6702
18:1 t	S6702
Sodium, Na	S6702
Vitamin E (alpha-tocopherol)	S6702
Riboflavin	S6702
Vitamin B-6	S6702
Threonine	S6702
Methionine	S6702
14:0	S6702
18:2 CLAs	S6702
18:2 n-6 c,c	S6702
Total lipid (fat)	S6702
Potassium, K	S6702
Vitamin B-12	S6702
Leucine	S6702
Aspartic acid	S6702
18:0	S6702
24:0	S6702

NDB No. 13973 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean only, trimmed to 0" fat, choice, raw

Calcium, Ca	S6702
Copper, Cu	S6702
Pantothenic acid	S6702
Betaine	S6702
Serine	S6702
14:0	S6702
18:1 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
24:0	S6702
17:1	S6702
18:3 n-3 c,c,c (ALA)	S6702
Total lipid (fat)	S6702
Vitamin B-6	S6702
Isoleucine	S6702

NDB No. 13973 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean only, trimmed to 0" fat, choice, raw

Cystine	S6702
Glutamic acid	S6702
18:3 undifferentiated	S6702
18:1-11t (18:1t n-7)	S6702
Manganese, Mn	S6702
Choline, total	S6702
Valine	S6702
Alanine	S6702
Proline	S6702
Cholesterol	S6702
18:2 CLAs	S6702
20:2 n-6 c,c	S6702
Ash	S6702
Water	S6702
Potassium, K	S6702
Riboflavin	S6702
Threonine	S6702
Arginine	S6702
16:0	S6702
18:0	S6702
20:0	S6702
Phosphorus, P	S6702
Sodium, Na	S6702
Zinc, Zn	S6702
Niacin	S6702
Tryptophan	S6702
20:4 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
14:1	S6702
16:1 undifferentiated	S6702
20:1	S6702
Fatty acids, total polyunsaturated	S6702
Magnesium, Mg	S6702
Selenium, Se	S6702
Leucine	S6702
Phenylalanine	S6702
Histidine	S6702

NDB No. 13973 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean only, trimmed to 0" fat, choice, raw

Aspartic acid	S6702
Fatty acids, total saturated	S6702
18:2 undifferentiated	S6702
Protein	S6702
Vitamin E (alpha-tocopherol)	S6702
Thiamin	S6702
Lysine	S6702
Tyrosine	S6702
Fatty acids, total trans	S6702
17:0	S6702
18:1 t	S6702
18:1 c	S6702
Fatty acids, total trans-monoenoic	S6702
Iron, Fe	S6702
Vitamin B-12	S6702
Vitamin K (phylloquinone)	S14
Methionine	S6702
Glycine	S6702
20:5 n-3 (EPA)	S6702
Fatty acids, total monounsaturated	S6702
18:2 n-6 c,c	S6702

NDB No. 13974 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean only, trimmed to 0" fat, select, raw

Calcium, Ca	S6702
Iron, Fe	S6702
Riboflavin	S6702
Vitamin K (phylloquinone)	S14
Tryptophan	S6702
Isoleucine	S6702
Leucine	S6702
Lysine	S6702
18:2 CLAs	S6702
20:2 n-6 c,c	S6702
Fatty acids, total trans-	S6702

NDB No. 13974 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean only, trimmed to 0" fat, select, raw

monoenoic	
Ash	S6702
Phosphorus, P	S6702
Zinc, Zn	S6702
Tyrosine	S6702
Histidine	S6702
Alanine	S6702
18:3 undifferentiated	S6702
20:4 undifferentiated	S6702
Fatty acids, total polyunsaturated	S6702
17:0	S6702
Potassium, K	S6702
Sodium, Na	S6702
Thiamin	S6702
Threonine	S6702
Glutamic acid	S6702
Cholesterol	S6702
16:0	S6702
20:0	S6702
18:1 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
Manganese, Mn	S6702
Vitamin E (alpha-tocopherol)	S6702
Cystine	S6702
Valine	S6702
Glycine	S6702
Fatty acids, total saturated	S6702
18:2 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
14:1	S6702
Copper, Cu	S6702
Betaine	S6702
Arginine	S6702
Serine	S6702
Fatty acids, total monounsaturated	S6702
18:2 n-6 c,c	S6702

NDB No. 13974 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean only, trimmed to 0" fat, select, raw

Protein	S6702
Total lipid (fat)	S6702
Vitamin B-6	S6702
Vitamin B-12	S6702
Choline, total	S6702
Aspartic acid	S6702
Proline	S6702
14:0	S6702
18:0	S6702
18:3 n-3 c,c,c (ALA)	S6702
18:1-11t (18:1t n-7)	S6702
Water	S6702
Magnesium, Mg	S6702
Selenium, Se	S6702
Niacin	S6702
Methionine	S6702
Fatty acids, total trans	S6702
20:1	S6702
20:5 n-3 (EPA)	S6702
24:0	S6702
17:1	S6702
Pantothenic acid	S6702
Phenylalanine	S6702
16:1 undifferentiated	S6702
18:1 t	S6702
18:1 c	S6702

NDB No. 13975 Beef, brisket, flat half, boneless, separable lean and fat, trimmed to 0" fat, choice, raw

Water	S6702
Cystine	S6702
Phenylalanine	S6702
Cholesterol	S6702
20:4 undifferentiated	S6702
24:0	S6702
18:1-11t (18:1t n-7)	S6702
Protein	S6702

NDB No. 13975 Beef, brisket, flat half, boneless, separable lean and fat, trimmed to 0" fat, choice, raw

Isoleucine	S6702
Methionine	S6702
Aspartic acid	S6702
20:1	S6702
Fatty acids, total monounsaturated	S6702
16:1 c	S6702
Iron, Fe	S6702
Selenium, Se	S6702
Riboflavin	S6702
Niacin	S6702
Alanine	S6702
Glutamic acid	S6702
Serine	S6702
16:0	S6702
18:0	S6702
22:6 n-3 (DHA)	S6702
Fatty acids, total polyunsaturated	S6702
18:1 c	S6702
Copper, Cu	S6702
Vitamin K (phylloquinone)	S14
Betaine	S6702
Valine	S6702
Fatty acids, total trans	S6702
18:3 undifferentiated	S6702
14:1	S6702
18:1 t	S6702
18:2 CLAs	S6702
Potassium, K	S6702
Lysine	S6702
20:5 n-3 (EPA)	S6702
18:2 n-6 c,c	S6702
17:1	S6702
Phosphorus, P	S6702
Pantothenic acid	S6702
Vitamin B-6	S6702
Vitamin B-12	S6702
Arginine	S6702

NDB No. 13975 Beef, brisket, flat half, boneless, separable lean and fat, trimmed to 0" fat, choice, raw

Proline	S6702
Fatty acids, total saturated	S6702
18:1 undifferentiated	S6702
16:1 undifferentiated	S6702
Total lipid (fat)	S6702
Ash	S6702
Sodium, Na	S6702
Zinc, Zn	S6702
Vitamin E (alpha-tocopherol)	S6702
Choline, total	S6702
Tryptophan	S6702
Leucine	S6702
20:0	S6702
22:5 n-3 (DPA)	S6702
20:2 n-6 c,c	S6702
Fatty acids, total trans-monoenoic	S6702
18:3 n-3 c,c,c (ALA)	S6702
Calcium, Ca	S6702
Magnesium, Mg	S6702
Manganese, Mn	S6702
Thiamin	S6702
Threonine	S6702
Tyrosine	S6702
Histidine	S6702
Glycine	S6702
14:0	S6702
18:2 undifferentiated	S6702
17:0	S6702

NDB No. 13976 Beef, plate, inside skirt steak, separable lean only, trimmed to 1/4" fat, all grades, raw

Ash	S221
Histidine	S2
Methionine	S2
Tyrosine	S2
Carbohydrate, by difference	S221
Magnesium, Mg	S221

NDB No. 13976 Beef, plate, inside skirt steak, separable lean only, trimmed to 1/4" fat, all grades, raw

Threonine	S2
Lysine	S2
Cystine	S2
Glutamic acid	S2
12:0	S221
Tryptophan	S2
Isoleucine	S2
Arginine	S2
16:0	S221
18:0	S221
Leucine	S2
Phenylalanine	S2
Valine	S2
Aspartic acid	S2
18:1 undifferentiated	S221
18:2 undifferentiated	S221
18:3 undifferentiated	S221
14:1	S221
16:1 undifferentiated	S221
Protein	S221
Alanine	S2
Glycine	S2
Serine	S2
20:0	S221
Total lipid (fat)	S221
Water	S221
14:0	S221
Proline	S2
20:4 undifferentiated	S221

NDB No. 13977 Beef, plate, inside skirt steak, separable lean only, trimmed to 0" fat, all grades, cooked, broiled

Glutamic acid	S2
Glycine	S2
16:0	S221
18:1 undifferentiated	S221
18:3 undifferentiated	S221

NDB No. 13977 Beef, plate, inside skirt steak, separable lean only, trimmed to 0" fat, all grades, cooked, broiled

Ash	S221
Water	S221
Potassium, K	S221
Cystine	S2
Proline	S2
14:0	S221
18:0	S221
16:1 undifferentiated	S221
Methionine	S2
Phenylalanine	S2
18:2 undifferentiated	S221
Valine	S2
Alanine	S2
Aspartic acid	S2
Leucine	S2
Tryptophan	S2
Tyrosine	S2
Histidine	S2
20:0	S221
14:1	S221
Protein	S221
Total lipid (fat)	S221
Threonine	S2
Isoleucine	S2
Lysine	S2
Serine	S2
12:0	S221
20:4 undifferentiated	S221
Carbohydrate, by difference	S221
Magnesium, Mg	S221
Zinc, Zn	S221
Arginine	S2

NDB No. 13978 Beef, plate, outside skirt steak, separable lean only, trimmed to 1/4" fat, all grades, raw

Arginine	S2
14:0	S221

NDB No. 13978 Beef, plate, outside skirt steak, separable lean only, trimmed to 1/4" fat, all grades, raw

16:0	S221
18:2 undifferentiated	S221
Protein	S221
Cystine	S2
18:0	S221
20:4 undifferentiated	S221
Water	S221
Threonine	S2
Proline	S2
12:0	S221
Ash	S221
Magnesium, Mg	S221
Zinc, Zn	S221
Leucine	S2
Lysine	S2
Methionine	S2
Aspartic acid	S2
14:1	S221
Total lipid (fat)	S221
Isoleucine	S2
Phenylalanine	S2
Serine	S2
Carbohydrate, by difference	S221
Valine	S2
Histidine	S2
Tyrosine	S2
Alanine	S2
Glycine	S2
20:0	S221
Tryptophan	S2
Glutamic acid	S2
18:1 undifferentiated	S221
18:3 undifferentiated	S221
16:1 undifferentiated	S221

NDB No. 13979 Beef, plate, outside skirt steak, separable lean only, trimmed to 0" fat, all grades, cooked, broiled

NDB No. 13979 Beef, plate, outside skirt steak, separable lean only, trimmed to 0" fat, all grades, cooked, broiled

Total lipid (fat)	S221
Ash	S221
Proline	S2
14:1	S221
Threonine	S2
Histidine	S2
Alanine	S2
Serine	S2
12:0	S221
Zinc, Zn	S221
Isoleucine	S2
Aspartic acid	S2
16:0	S221
Water	S221
Leucine	S2
Methionine	S2
Arginine	S2
14:0	S221
Magnesium, Mg	S221
Sodium, Na	S221
Glycine	S2
18:0	S221
18:1 undifferentiated	S221
18:3 undifferentiated	S221
Valine	S2
18:2 undifferentiated	S221
Protein	S221
Carbohydrate, by difference	S221
Phenylalanine	S2
20:0	S221
20:4 undifferentiated	S221
16:1 undifferentiated	S221
Tryptophan	S2
Lysine	S2
Cystine	S2
Tyrosine	S2
Glutamic acid	S2

NDB No. 13980 Beef, chuck, short ribs, boneless, separable lean only, trimmed to 0" fat, choice, cooked, braised

Magnesium, Mg	S6702
Thiamin	S6702
Pantothenic acid	S6702
Alanine	S6702
Fatty acids, total saturated	S6702
22:6 n-3 (DHA)	S6702
18:1 c	S6702
Water	S6702
Potassium, K	S6702
Sodium, Na	S6702
Zinc, Zn	S6702
Manganese, Mn	S6702
Niacin	S6702
Vitamin B-12	S6702
Choline, total	S6702
Isoleucine	S6702
Lysine	S6702
Tyrosine	S6702
Arginine	S6702
Serine	S6702
18:0	S6702
20:4 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
18:1 t	S6702
18:3 n-3 c,c,c (ALA)	S6702
Vitamin K (phylloquinone)	S14
Tryptophan	S6702
Threonine	S6702
Proline	S6702
18:2 undifferentiated	S6702
14:1	S6702
Fatty acids, total trans-monoenoic	S6702
Leucine	S6702
Methionine	S6702
Valine	S6702
Glycine	S6702

NDB No. 13980 Beef, chuck, short ribs, boneless, separable lean only, trimmed to 0" fat, choice, cooked, braised

14:0	S6702
24:0	S6702
Phosphorus, P	S6702
Selenium, Se	S6702
Histidine	S6702
Glutamic acid	S6702
Fatty acids, total trans	S6702
17:0	S6702
Ash	S6702
Vitamin B-6	S6702
Cystine	S6702
Phenylalanine	S6702
Aspartic acid	S6702
20:2 n-6 c,c	S6702
17:1	S6702
18:1-11t (18:1t n-7)	S6702
Protein	S6702
Total lipid (fat)	S6702
Calcium, Ca	S6702
Iron, Fe	S6702
Vitamin E (alpha-tocopherol)	S6702
Riboflavin	S6702
Cholesterol	S6702
16:0	S6702
18:1 undifferentiated	S6702
20:1	S6702
Fatty acids, total polyunsaturated	S6702
18:2 n-6 c,c	S6702
Copper, Cu	S6702
Betaine	S6702
20:0	S6702
18:3 undifferentiated	S6702
16:1 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
22:5 n-3 (DPA)	S6702
18:2 CLAs	S6702

NDB No. 13981 Beef, chuck, short ribs, boneless, separable lean only, trimmed to 0" fat, select, cooked, braised

Water	S6702
Sodium, Na	S6702
Selenium, Se	S6702
Riboflavin	S6702
Vitamin B-12	S6702
Lysine	S6702
Arginine	S6702
Proline	S6702
Cholesterol	S6702
18:2 undifferentiated	S6702
Vitamin B-6	S6702
Vitamin K (phylloquinone)	S14
Threonine	S6702
Cystine	S6702
Alanine	S6702
20:1	S6702
Fatty acids, total monounsaturated	S6702
Protein	S6702
Choline, total	S6702
Serine	S6702
Fatty acids, total saturated	S6702
18:1 undifferentiated	S6702
20:4 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
22:5 n-3 (DPA)	S6702
Ash	S6702
Magnesium, Mg	S6702
Phosphorus, P	S6702
Phenylalanine	S6702
Histidine	S6702
14:1	S6702
18:2 CLAs	S6702
Potassium, K	S6702
Zinc, Zn	S6702
Copper, Cu	S6702
Manganese, Mn	S6702
Niacin	S6702

NDB No. 13981 Beef, chuck, short ribs, boneless, separable lean only, trimmed to 0" fat, select, cooked, braised

Leucine	S6702
Methionine	S6702
Aspartic acid	S6702
Fatty acids, total trans	S6702
18:0	S6702
24:0	S6702
20:2 n-6 c,c	S6702
18:1 c	S6702
Fatty acids, total trans-monoenoic	S6702
18:3 n-3 c,c,c (ALA)	S6702
Total lipid (fat)	S6702
Calcium, Ca	S6702
Pantothenic acid	S6702
Isoleucine	S6702
Valine	S6702
Glutamic acid	S6702
Glycine	S6702
18:3 undifferentiated	S6702
16:1 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
17:0	S6702
17:1	S6702
18:1-11t (18:1t n-7)	S6702
Iron, Fe	S6702
Thiamin	S6702
Betaine	S6702
Tyrosine	S6702
18:1 t	S6702
18:2 n-6 c,c	S6702
Vitamin E (alpha-tocopherol)	S6702
Tryptophan	S6702
14:0	S6702
16:0	S6702
20:0	S6702
Fatty acids, total polyunsaturated	S6702

NDB No. 13982 Beef, chuck, short ribs, boneless, separable lean only, trimmed to 0" fat, all grades, cooked, braised

Total lipid (fat)	S6702
Magnesium, Mg	S6702
Copper, Cu	S6702
Vitamin E (alpha-tocopherol)	S6702
Niacin	S6702
Threonine	S6702
Cystine	S6702
Glycine	S6702
14:0	S6702
20:1	S6702
22:5 n-3 (DPA)	S6702
Calcium, Ca	S6702
Phosphorus, P	S6702
Potassium, K	S6702
Zinc, Zn	S6702
Betaine	S6702
Lysine	S6702
Tyrosine	S6702
Aspartic acid	S6702
Proline	S6702
16:0	S6702
18:2 undifferentiated	S6702
14:1	S6702
18:1 t	S6702
Fatty acids, total trans-monoenoic	S6702
Fatty acids, total trans	S6702
18:2 n-6 c,c	S6702
18:3 n-3 c,c,c (ALA)	S6702
Vitamin B-12	S6702
Phenylalanine	S6702
Serine	S6702
Fatty acids, total saturated	S6702
20:5 n-3 (EPA)	S6702
24:0	S6702
Selenium, Se	S6702
Riboflavin	S6702
Methionine	S6702

NDB No. 13982 Beef, chuck, short ribs, boneless, separable lean only, trimmed to 0" fat, all grades, cooked, braised

Arginine	S6702
Cholesterol	S6702
20:0	S6702
18:1 undifferentiated	S6702
18:3 undifferentiated	S6702
18:2 CLAs	S6702
Water	S6702
Sodium, Na	S6702
Vitamin B-6	S6702
Choline, total	S6702
Histidine	S6702
18:0	S6702
16:1 undifferentiated	S6702
Thiamin	S6702
Vitamin K (phylloquinone)	S14
Tryptophan	S6702
Isoleucine	S6702
Leucine	S6702
Alanine	S6702
20:4 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
Fatty acids, total polyunsaturated	S6702
17:0	S6702
Protein	S6702
Ash	S6702
Iron, Fe	S6702
Manganese, Mn	S6702
Pantothenic acid	S6702
Valine	S6702
Glutamic acid	S6702
Fatty acids, total monounsaturated	S6702
20:2 n-6 c,c	S6702
18:1 c	S6702
17:1	S6702
18:1-11t (18:1t n-7)	S6702

NDB No. 13983 Beef, brisket, flat half, boneless, separable lean and fat, trimmed to 0" fat, select, raw

Protein	S6702
Total lipid (fat)	S6702
Iron, Fe	S6702
Copper, Cu	S6702
Selenium, Se	S6702
Glutamic acid	S6702
Fatty acids, total trans	S6702
22:6 n-3 (DHA)	S6702
22:5 n-3 (DPA)	S6702
16:1 c	S6702
18:2 n-6 c,c	S6702
18:1-11t (18:1t n-7)	S6702
Vitamin K (phylloquinone)	S14
Isoleucine	S6702
Valine	S6702
Aspartic acid	S6702
Serine	S6702
20:0	S6702
18:2 undifferentiated	S6702
18:3 undifferentiated	S6702
Riboflavin	S6702
Leucine	S6702
Fatty acids, total saturated	S6702
Fatty acids, total monounsaturated	S6702
24:0	S6702
Potassium, K	S6702
Threonine	S6702
Cystine	S6702
Tyrosine	S6702
Arginine	S6702
14:0	S6702
Water	S6702
Calcium, Ca	S6702
Vitamin B-12	S6702
Tryptophan	S6702
Lysine	S6702
Proline	S6702

NDB No. 13983 Beef, brisket, flat half, boneless, separable lean and fat, trimmed to 0" fat, select, raw

Fatty acids, total polyunsaturated	S6702
20:2 n-6 c,c	S6702
Magnesium, Mg	S6702
Niacin	S6702
Choline, total	S6702
Betaine	S6702
Methionine	S6702
20:4 undifferentiated	S6702
17:0	S6702
18:2 CLAs	S6702
18:1 c	S6702
18:3 n-3 c,c,c (ALA)	S6702
Ash	S6702
Sodium, Na	S6702
Zinc, Zn	S6702
Manganese, Mn	S6702
Phenylalanine	S6702
Histidine	S6702
Glycine	S6702
Cholesterol	S6702
16:0	S6702
18:0	S6702
14:1	S6702
16:1 undifferentiated	S6702
20:1	S6702
20:5 n-3 (EPA)	S6702
18:1 t	S6702
Fatty acids, total trans-monoenoic	S6702
Phosphorus, P	S6702
Vitamin E (alpha-tocopherol)	S6702
Thiamin	S6702
Pantothenic acid	S6702
Vitamin B-6	S6702
Alanine	S6702
18:1 undifferentiated	S6702
17:1	S6702

NDB No. 13985 Beef, loin, bottom sirloin butt, tri-tip roast, separable lean only, trimmed to 0" fat, all grades, cooked, roasted

Calcium, Ca	S2
Manganese, Mn	S2
Cryptoxanthin, beta	S2
Lutein + zeaxanthin	S2
Methionine	S14, S2
10:0	S2
22:1 undifferentiated	S2
22:5 n-3 (DPA)	S2
Protein	S2
Water	S2
Copper, Cu	S2
Retinol	S2
Carotene, beta	S2
Tocopherol, beta	S2
Leucine	S14, S2
Tyrosine	S14, S2
Glycine	S14, S2
6:0	S2
16:1 undifferentiated	S2
Carotene, alpha	S2
Thiamin	S2
Vitamin B-12	S2
Cystine	S14, S2
Phenylalanine	S14, S2
Histidine	S14, S2
12:0	S2
18:1 undifferentiated	S2
Potassium, K	S2
Selenium, Se	S2
Vitamin B-6	S2
Vitamin K (phylloquinone)	S2
18:0	S2
22:6 n-3 (DHA)	S2
20:1	S2
Total lipid (fat)	S2
Caffeine	S2
Iron, Fe	S2

NDB No. 13985 Beef, loin, bottom sirloin butt, tri-tip roast, separable lean only, trimmed to 0" fat, all grades, cooked, roasted

Magnesium, Mg	S2
Vitamin E (alpha-tocopherol)	S2
Folate, total	S2
Lysine	S14, S2
Valine	S14, S2
Aspartic acid	S14, S2
4:0	S2
8:0	S2
14:0	S2
20:4 undifferentiated	S2
18:4	S2
Ash	S2
Phosphorus, P	S2
Zinc, Zn	S2
Tocopherol, gamma	S2
Riboflavin	S2
Tryptophan	S14, S2
Threonine	S14, S2
Arginine	S14, S2
Alanine	S14, S2
Glutamic acid	S14, S2
16:0	S2
Fiber, total dietary	S2
Lycopene	S2
Tocopherol, delta	S2
Vitamin C, total ascorbic acid	S2
Niacin	S2
18:2 undifferentiated	S2
18:3 undifferentiated	S2
Theobromine	S2
Sodium, Na	S2
Pantothenic acid	S2
Isoleucine	S14, S2
Proline	S14, S2
Serine	S14, S2
20:5 n-3 (EPA)	S2

NDB No. 13987 Beef, loin, bottom sirloin butt, tri-tip steak, separable lean only, trimmed 0" fat, all grades, cooked, broiled

Ash	S221
Water	S221
Alanine	S2
16:0	S221
18:2 undifferentiated	S221
Threonine	S2
Isoleucine	S2
Proline	S2
14:0	S221
20:4 undifferentiated	S221
Protein	S221
Total lipid (fat)	S221
Selenium, Se	S221
Methionine	S2
Cystine	S2
18:1 undifferentiated	S221
Carbohydrate, by difference	S221
Lysine	S2
Tyrosine	S2
Arginine	S2
Aspartic acid	S2
Glutamic acid	S2
12:0	S221
18:0	S221
Magnesium, Mg	S221
Leucine	S2
20:0	S221
16:1 undifferentiated	S221
Valine	S2
Serine	S2
18:3 undifferentiated	S221
14:1	S221
Tryptophan	S2
Phenylalanine	S2
Histidine	S2
Glycine	S2

NDB No. 14003 Alcoholic beverage, beer, regular, all

Carbohydrate, by difference	S2841
Copper, Cu	S2103
Vitamin C, total ascorbic acid	S2103
Vitamin B-6	S2103
Vitamin K (phylloquinone)	S2103
Tryptophan	S2103
Leucine	S2103
Cystine	S2103
Arginine	S2103
Iron, Fe	S2103
Sodium, Na	S2103
Lysine	S2103
Histidine	S2103
Alanine	S2103
Glycine	S2103
Glucose (dextrose)	S2103
Galactose	S2103
Fiber, total dietary	S2103
Calcium, Ca	S2103
Manganese, Mn	S2103
Pantothenic acid	S2103
Proline	S2103
Tocopherol, beta	S87
Folate, total	S2103
Threonine	S2103
Isoleucine	S2103
Methionine	S2103
Valine	S2103
Aspartic acid	S2103
Sucrose	S2103
Maltose	S2103
Alcohol, ethyl	S2841
Zinc, Zn	S2103
Tocopherol, delta	S87
Dihydrophylloquinone	S2103
Phenylalanine	S2103
Ash	S2841

NDB No. 14003 Alcoholic beverage, beer, regular, all

Lactose	S2103
Sugars, total	S2103
Magnesium, Mg	S2103
Phosphorus, P	S2103
Glutamic acid	S2103
Protein	S2841
Total lipid (fat)	S2103
Starch	S2103
Fructose	S2103
Fluoride, F	S2103
Thiamin	S2103
Tyrosine	S2103
Potassium, K	S2103
Selenium, Se	S2103
Vitamin E (alpha-tocopherol)	S87
Tocopherol, gamma	S87
Riboflavin	S2103
Niacin	S2103
Serine	S2103

NDB No. 14005 Alcoholic beverage, beer, light, BUDWEISER SELECT

Glucose (dextrose)	S3761
Fructose	S3761
Fiber, total dietary	S3761
Manganese, Mn	S3761
Total lipid (fat)	S3761
Maltose	S3761
Zinc, Zn	S3761
Carbohydrate, by difference	S3761
Energy	S3761
Calcium, Ca	S3761
Iron, Fe	S3761
Copper, Cu	S3761
Magnesium, Mg	S3761
Cholesterol	S3761
Ash	S3761

NDB No. 14005 Alcoholic beverage, beer, light, BUDWEISER SELECT

Alcohol, ethyl	S3761
Water	S3761
Protein	S3761
Starch	S3761
Potassium, K	S3761
Sodium, Na	S3761

NDB No. 14006 Alcoholic beverage, beer, light

Magnesium, Mg	S2103
Copper, Cu	S2103
Pantothenic acid	S2103
Vitamin B-6	S2103
Vitamin B-12	S2103
Leucine	S2103
Histidine	S2103
Protein	S2841
Sucrose	S2103
Lactose	S2103
Sugars, total	S2103
Vitamin C, total ascorbic acid	S2103
Tryptophan	S2103
Threonine	S2103
Riboflavin	S2103
Isoleucine	S2103
Valine	S2103
Glutamic acid	S2103
Total lipid (fat)	S2103
Ash	S2841
Fructose	S2103
Alcohol, ethyl	S2841
Calcium, Ca	S2103
Phosphorus, P	S2103
Sodium, Na	S2103
Fluoride, F	S2103
Niacin	S2103
Folate, total	S2103

NDB No. 14006 Alcoholic beverage, beer, light

Glucose (dextrose)	S2103
Galactose	S2103
Iron, Fe	S2103
Vitamin K (phylloquinone)	S2103
Phenylalanine	S2103
Glycine	S2103
Proline	S2103
Maltose	S2103
Potassium, K	S2103
Manganese, Mn	S2103
Lysine	S2103
Alanine	S2103
Aspartic acid	S2103
Selenium, Se	S2103
Thiamin	S2103
Dihydrophylloquinone	S2103
Carbohydrate, by difference	S2841
Starch	S2103
Fiber, total dietary	S2103
Zinc, Zn	S2103
Methionine	S2103
Cystine	S2103
Tyrosine	S2103
Arginine	S2103
Serine	S2103

NDB No. 14052 Alcoholic beverage, distilled, whiskey, 86 proof

Calcium, Ca	S7, S10, S6, S11, S9, S12, S8
Selenium, Se	S7, S10, S6, S11, S9, S12, S8
Potassium, K	S7, S10, S6, S11, S9, S12, S8
Copper, Cu	S7, S10, S6, S11, S9, S12, S8
Manganese, Mn	S7, S10, S6, S11, S9, S12, S8
Phosphorus, P	S7, S10, S6, S11, S9, S12, S8
Iron, Fe	S7, S10, S6, S11, S9, S12, S8
Magnesium, Mg	S7, S10, S6, S11, S9, S12, S8
Zinc, Zn	S7, S10, S6, S11, S9, S12, S8

NDB No. 14052 Alcoholic beverage, distilled, whiskey, 86 proof

Sodium, Na	S7, S10, S6, S11, S9, S12, S8

NDB No. 14057 Alcoholic beverage, wine, dessert, sweet

Vitamin K (phylloquinone)	D4048

NDB No. 14084 Alcoholic beverage, wine, table, all

Total lipid (fat)	S2103
Potassium, K	S2103
Copper, Cu	S2103
Vitamin B-12	S2103
Protein	S2103
Calcium, Ca	S2103
Vitamin B-6	S2103
Carbohydrate, by difference	S2841
Alcohol, ethyl	S2841
Sugars, total	S2103
Fiber, total dietary	S2103
Thiamin	S2103
Magnesium, Mg	S2103
Sodium, Na	S2103
Manganese, Mn	S2103
Niacin	S2103
Phosphorus, P	S2103
Zinc, Zn	S2103
Selenium, Se	S2103
Vitamin C, total ascorbic acid	S2103
Folate, total	S2103
Ash	S2841
Iron, Fe	S2103
Fluoride, F	S2103
Riboflavin	S2103
Pantothenic acid	S2103
Vitamin K (phylloquinone)	D4072

NDB No. 14086 CAMPBELL Soup Company, V8 SPLASH Smoothies, Peach Mango

NDB No. 14086 CAMPBELL Soup Company, V8 SPLASH Smoothies, Peach Mango

Water	S3921

NDB No. 14087 CAMPBELL Soup Company, V8 SPLASH Smoothies, Strawberry Banana

Water	S3921

NDB No. 14088 CAMPBELL Soup Company, V8 SPLASH Smoothies, Tropical Colada

Water	S3921

NDB No. 14096 Alcoholic beverage, wine, table, red

Alcohol, ethyl	S2841
Vitamin B-12	S2103
Iron, Fe	S2103
Fluoride, F	S2103
Manganese, Mn	S2103
Sugars, total	S2103
Selenium, Se	S2103
Thiamin	S2103
Niacin	S2103
Protein	S2103
Total lipid (fat)	S2103
Carbohydrate, by difference	S2841
Calcium, Ca	S2103
Sodium, Na	S2103
Zinc, Zn	S2103
Riboflavin	S2103
Folate, total	S2103
Fiber, total dietary	S2103
Magnesium, Mg	S2103
Potassium, K	S2103
Copper, Cu	S2103
Vitamin C, total ascorbic acid	S2103
Ash	S2841
Phosphorus, P	S2103
Pantothenic acid	S2103
Vitamin B-6	S2103

NDB No. 14097 Alcoholic Beverage, wine, table, red, Cabernet Sauvignon

Ash	S2841
Carbohydrate, by difference	S2841
Alcohol, ethyl	S2841

NDB No. 14098 Alcoholic Beverage, wine, table, red, Cabernet Franc

Ash	S2841
Alcohol, ethyl	S2841
Carbohydrate, by difference	S2841

NDB No. 14099 Alcoholic Beverage, wine, table, red, Pinot Noir

Alcohol, ethyl	S2841
Ash	S2841
Carbohydrate, by difference	S2841

NDB No. 14100 Alcoholic Beverage, wine, table, red, Syrah

Ash	S2841
Carbohydrate, by difference	S2841
Alcohol, ethyl	S2841

NDB No. 14101 Alcoholic Beverage, wine, table, red, Barbera

Ash	S2841
Carbohydrate, by difference	S2841
Alcohol, ethyl	S2841

NDB No. 14102 Alcoholic Beverage, wine, table, red, Zinfandel

Alcohol, ethyl	S2841
Carbohydrate, by difference	S2841
Ash	S2841

NDB No. 14103 Alcoholic Beverage, wine, table, red, Petite Sirah

Alcohol, ethyl	S2841
Carbohydrate, by difference	S2841
Ash	S2841

NDB No. 14105 Alcoholic Beverage, wine, table, red, Claret

Carbohydrate, by difference	S2841
Ash	S2841
Alcohol, ethyl	S2841

NDB No. 14106 Alcoholic beverage, wine, table, white

Total lipid (fat)	S2103
Calcium, Ca	S2103
Phosphorus, P	S2103
Fluoride, F	S2103
Vitamin C, total ascorbic acid	S2103
Sodium, Na	S2103
Folate, total	S2103
Ash	S2841
Magnesium, Mg	S2103
Riboflavin	S2103
Niacin	S2103
Pantothenic acid	S2103
Vitamin B-6	S2103
Carbohydrate, by difference	S2841
Alcohol, ethyl	S2841
Fiber, total dietary	S2103
Manganese, Mn	S2103
Protein	S2103
Sugars, total	S2103
Zinc, Zn	S2103
Thiamin	S2103
Vitamin B-12	S2103
Iron, Fe	S2103
Potassium, K	S2103
Copper, Cu	S2103
Selenium, Se	S2103

NDB No. 14107 Alcoholic Beverage, wine, table, red, Lemberger

Carbohydrate, by difference	S2841
Ash	S2841
Alcohol, ethyl	S2841

NDB No. 14108 Alcoholic Beverage, wine, table, red, Sangiovese

Alcohol, ethyl	S2841
Ash	S2841
Carbohydrate, by difference	S2841

NDB No. 14109 Alcoholic Beverage, wine, table, red, Carignane

Carbohydrate, by difference	S2841
Alcohol, ethyl	S2841
Ash	S2841

NDB No. 14113 Alcoholic beverage, wine, table, white, Pinot Gris (Grigio)

Ash	S2841
Alcohol, ethyl	S2841
Carbohydrate, by difference	S2841

NDB No. 14116 Alcoholic beverage, wine, table, white, Chenin Blanc

Ash	S2841
Carbohydrate, by difference	S2841
Alcohol, ethyl	S2841

NDB No. 14117 Alcoholic beverage, wine, table, white, Fume Blanc

Carbohydrate, by difference	S2841
Ash	S2841
Alcohol, ethyl	S2841

NDB No. 14120 Alcoholic beverage, wine, table, white, Muller Thurgau

Ash	S2841
Alcohol, ethyl	S2841
Carbohydrate, by difference	S2841

NDB No. 14124 Alcoholic beverage, wine, table, white, Gewurztraminer

Carbohydrate, by difference	S2841
Ash	S2841
Alcohol, ethyl	S2841

NDB No. 14126 Alcoholic beverage, wine, table, white, Semillon

Carbohydrate, by difference	S2841
Alcohol, ethyl	S2841
Ash	S2841

NDB No. 14132 Alcoholic beverage, wine, table, white, Riesling

Alcohol, ethyl	S2841
Ash	S2841
Carbohydrate, by difference	S2841

NDB No. 14134 Alcoholic beverage, wine, table, white, Sauvignon Blanc

Ash	S2841
Alcohol, ethyl	S2841
Carbohydrate, by difference	S2841

NDB No. 14135 Alcoholic beverage, wine, table, white, late harvest

Carbohydrate, by difference	S2841
Ash	S2841
Alcohol, ethyl	S2841

NDB No. 14137 Tea, ready-to-drink, NESTLE, COOL NESTEA ice tea lemon flavor

Theobromine	S1068
Caffeine	S1068
Magnesium, Mg	S1068
Sodium, Na	S1068
Water	S1068
Sugars, total	S1068
Calcium, Ca	S1068
Fluoride, F	S1068
Iron, Fe	S1068
Potassium, K	S1068
Total lipid (fat)	S1068
Ash	S1068
Phosphorus, P	S1068
Copper, Cu	S1068

NDB No. 14137 Tea, ready-to-drink, NESTLE, COOL NESTEA ice tea lemon flavor

Manganese, Mn	S1068
Protein	S1068
Zinc, Zn	S1068

NDB No. 14138 Alcoholic beverage, wine, table, white, Pinot Blanc

Ash	S2841
Carbohydrate, by difference	S2841
Alcohol, ethyl	S2841

NDB No. 14140 Alcoholic beverage, wine, table, white, Muscat

Carbohydrate, by difference	S2841
Ash	S2841
Alcohol, ethyl	S2841

NDB No. 14143 Carbonated beverage, low calorie, other than cola or pepper, without caffeine

Vitamin K (phylloquinone)	D4048

NDB No. 14144 Carbonated beverage, lemon-lime soda, contains caffeine

Total lipid (fat)	S1068
Manganese, Mn	S1068
Glucose (dextrose)	S1068
Zinc, Zn	S1068
Sucrose	S1068
Iron, Fe	S1068
Calcium, Ca	S1068
Potassium, K	S1068
Sodium, Na	S1068
Copper, Cu	S1068
Water	S1068
Phosphorus, P	S1068
Fructose	S1068
Magnesium, Mg	S1068
Ash	S1068
Theobromine	S1068

NDB No. 14144 Carbonated beverage, lemon-lime soda, contains caffeine

Sugars, total	S1068
Protein	S1068

NDB No. 14145 Carbonated beverage, SPRITE, lemon-lime, without caffeine

Magnesium, Mg	S1066, S1122, S1068, S1064
Ash	S1066, S1122, S1068, S1064
Caffeine	S1122, S1068
Theobromine	S1068
Iron, Fe	S1066, S1122, S1068, S1064
Total lipid (fat)	S1066, S1122, S1068, S1064
Fluoride, F	S1066, S1068, S1064
Sugars, total	S1068, S1064
Zinc, Zn	S1066, S1122, S1068, S1064
Glucose (dextrose)	S1066, S1122, S1068, S1064
Fructose	S1066, S1122, S1068, S1064
Phosphorus, P	S1066, S1122, S1068, S1064
Protein	S1066, S1122, S1068, S1064
Water	S1066, S1122, S1068, S1064
Manganese, Mn	S1066, S1122, S1068, S1064
Sucrose	S1066, S1122, S1068, S1064
Sodium, Na	S1066, S1122, S1068, S1064
Copper, Cu	S1066, S1122, S1068, S1064
Calcium, Ca	S1066, S1122, S1068, S1064
Potassium, K	S1066, S1122, S1068, S1064

NDB No. 14146 Carbonated beverage, low calorie, cola or pepper-type, with aspartame, without caffeine

Calcium, Ca	S1068
Zinc, Zn	S1068
Ash	S1068
Total lipid (fat)	S1068
Magnesium, Mg	S1068
Phosphorus, P	S1068
Potassium, K	S1068
Manganese, Mn	S1068
Water	S1068
Sodium, Na	S1068

NDB No. 14146 Carbonated beverage, low calorie, cola or pepper-type, with aspartame, without caffeine

Copper, Cu	S1068
Theobromine	S1068
Iron, Fe	S1068
Protein	S1068
Fluoride, F	S1068

NDB No. 14147 Carbonated beverage, cola, without caffeine

Protein	S1068
Ash	S1068
Glucose (dextrose)	S1068
Fructose	S1068
Copper, Cu	S1068
Phosphorus, P	S1068
Sodium, Na	S1068
Sugars, total	S1068
Iron, Fe	S1068
Magnesium, Mg	S1068
Calcium, Ca	S1068
Water	S1068
Theobromine	S1068
Total lipid (fat)	S1068
Sucrose	S1068
Potassium, K	S1068
Zinc, Zn	S1068
Manganese, Mn	S1068

NDB No. 14148 Carbonated beverage, cola, with higher caffeine

Total lipid (fat)	S1068
Water	S1068
Theobromine	S1068
Magnesium, Mg	S1068
Sodium, Na	S1068
Iron, Fe	S1068
Phosphorus, P	S1068
Protein	S1068
Fructose	S1068

NDB No. 14148 Carbonated beverage, cola, with higher caffeine

Sucrose	S1068
Calcium, Ca	S1068
Zinc, Zn	S1068
Ash	S1068
Caffeine	S1068
Sugars, total	S1068
Copper, Cu	S1068
Manganese, Mn	S1068
Glucose (dextrose)	S1068
Potassium, K	S1068

NDB No. 14149 Carbonated beverage, reduced sugar, cola, contains caffeine and sweeteners

Protein	S1068
Potassium, K	S1068
Copper, Cu	S1068
Caffeine	S1068
Iron, Fe	S1068
Zinc, Zn	S1068
Vitamin K (phylloquinone)	D4048, D4002
Total lipid (fat)	S1068
Ash	S1068
Water	S1068
Calcium, Ca	S1068
Phosphorus, P	S1068
Theobromine	S1068
Selenium, Se	S7, S10, S6, S11, S9, S12, S8
Sodium, Na	S1068
Magnesium, Mg	S1068
Manganese, Mn	S1068

NDB No. 14150 Carbonated beverage, orange

Betaine	S3461
Fluoride, F	D5004, D5301, D5002, D4981
Choline, total	S3461

NDB No. 14152 Alcoholic Beverage, wine, table, red, Burgundy

Ash	S2841
Alcohol, ethyl	S2841
Carbohydrate, by difference	S2841

NDB No. 14154 Energy drink, RED BULL, with added caffeine, niacin, pantothenic acid, vitamins B6 and B12

Water	S2702
Iron, Fe	S2702
Riboflavin	S2702
Vitamin B-12	S2702
Sodium, Na	S2702
Total lipid (fat)	S2702
Calcium, Ca	S2702
Phosphorus, P	S2702
Zinc, Zn	S2702
Niacin	S2702
Pantothenic acid	S2702
Sugars, total	S2702
Thiamin	S2702
Magnesium, Mg	S2702
Potassium, K	S2702
Manganese, Mn	S2702
Vitamin B-6	S2702
Caffeine	S2702
Copper, Cu	S2702
Protein	S2702
Ash	S2702

NDB No. 14155 Carbonated beverage, tonic water

Fluoride, F	D4341

NDB No. 14156 Energy drink, RED BULL, sugar free, with added caffeine, niacin, pantothenic acid, vitamins B6 and B12

Total lipid (fat)	S2702
Calcium, Ca	S2702
Iron, Fe	S2702

NDB No. 14156 Energy drink, RED BULL, sugar free, with added caffeine, niacin, pantothenic acid, vitamins B6 and B12

Sodium, Na	S2702
Pantothenic acid	S2702
Vitamin B-6	S2702
Riboflavin	S2702
Protein	S2702
Ash	S2702
Copper, Cu	S2702
Manganese, Mn	S2702
Thiamin	S2702
Water	S2702
Zinc, Zn	S2702
Niacin	S2702
Magnesium, Mg	S2702
Phosphorus, P	S2702
Caffeine	S2702
Potassium, K	S2702
Vitamin B-12	S2702

NDB No. 14158 Alcoholic Beverage, wine, table, red, Gamay

Carbohydrate, by difference	S2841
Alcohol, ethyl	S2841
Ash	S2841

NDB No. 14159 Alcoholic Beverage, wine, table, red, Mouvedre

Ash	S2841
Carbohydrate, by difference	S2841
Alcohol, ethyl	S2841

NDB No. 14166 Carbonated beverage, low calorie, cola or pepper-types, with sodium saccharin, contains caffeine

Manganese, Mn	S7, S10, S6, S11, S9, S12, S8
Vitamin K (phylloquinone)	D4048, D4002
Potassium, K	S7, S10, S6, S11, S9, S12, S8
Calcium, Ca	S7, S10, S6, S11, S9, S12, S8
Magnesium, Mg	S7, S10, S6, S11, S9, S12, S8

NDB No. 14166 Carbonated beverage, low calorie, cola or pepper-types, with sodium saccharin, contains caffeine

Phosphorus, P	S7, S10, S6, S11, S9, S12, S8
Zinc, Zn	S7, S10, S6, S11, S9, S12, S8
Iron, Fe	S7, S10, S6, S11, S9, S12, S8
Copper, Cu	S7, S10, S6, S11, S9, S12, S8

NDB No. 14181 Chocolate syrup

Sugars, total	S5

NDB No. 14192 Cocoa mix, powder

Selenium, Se	D3364

NDB No. 14195 Cocoa mix, NESTLE, Hot Cocoa Mix Rich Chocolate With Marshmallows

Energy	S3770
Calcium, Ca	S3770
Sugars, total	S3770
Sodium, Na	S3770
Fiber, total dietary	S3770
Protein	S3770
Vitamin A, IU	S3770
Iron, Fe	S3770
Cholesterol	S3770
Fatty acids, total trans	S3770
Carbohydrate, by difference	S3770
Total lipid (fat)	S3770
Vitamin C, total ascorbic acid	S3770
Fatty acids, total saturated	S3770

NDB No. 14197 Cocoa mix, NESTLE, Rich Chocolate Hot Cocoa Mix

Protein	S3770
Energy	S3770
Calcium, Ca	S3770
Fatty acids, total trans	S3770
Fatty acids, total saturated	S3770
Total lipid (fat)	S3770

NDB No. 14197 Cocoa mix, NESTLE, Rich Chocolate Hot Cocoa Mix

Carbohydrate, by difference	S3770
Sugars, total	S3770
Sodium, Na	S3770
Iron, Fe	S3770
Vitamin A, IU	S3770
Fiber, total dietary	S3770
Cholesterol	S3770
Vitamin C, total ascorbic acid	S3770

NDB No. 14209 Coffee, brewed from grounds, prepared with tap water

Ash	S1066, S23, S1122, S1064
Maltose	S23
Caffeine	S1066, S23, S1122, S1064
Sugars, total	S23
Potassium, K	S1066, S23, S1122, S1064
Sodium, Na	S1066, S23, S1122, S1064
4:0	S23, S1064
18:0	S1066, S23, S1122, S1064
16:1 undifferentiated	S1066, S23, S1122, S1064
22:5 n-3 (DPA)	S1066, S23, S1122
18:1 t	S1064
20:2 n-6 c,c	S1066, S1122, S1064
15:1	S1066, S1122, S1064
Protein	S1066, S23, S1122, S1064
Sucrose	S23
Glucose (dextrose)	S23
Manganese, Mn	S1066, S23, S1122, S1064
Riboflavin	S1066, S23, S1122, S1064
Folate, total	S1066, S23, S1122, S1064
14:1	S1066, S23, S1122, S1064
15:0	S1066, S23, S1122, S1064
Fatty acids, total trans-monoenoic	S1064
Galactose	S23
Selenium, Se	S1066, S23, S1122, S1064
Tocopherol, beta	S1122, S1064
Tocopherol, delta	S1122, S1064

NDB No. 14209 Coffee, brewed from grounds, prepared with tap water

8:0	S1066, S23, S1122, S1064
14:0	S1066, S23, S1122, S1064
16:0	S1066, S23, S1122, S1064
20:4 undifferentiated	S1066, S23, S1122, S1064
22:1 undifferentiated	S1066, S23, S1122, S1064
17:1	S1066, S1122, S1064
Lactose	S23
Water	S1066, S23, S1122, S1064
Calcium, Ca	S1066, S23, S1122, S1064
Fluoride, F	S1066, S1122, S1064
6:0	S23, S1064
20:3 undifferentiated	S1066, S1122, S1064
18:3 n-3 c,c,c (ALA)	S1064
Total lipid (fat)	S1066, S23, S1122, S1064
Vitamin E (alpha-tocopherol)	S1122, S1064
Vitamin B-6	S1066, S23, S1122, S1064
Folic acid	S1066, S1064
20:0	S1066, S23, S1122, S1064
18:2 undifferentiated	S1066, S23, S1122, S1064
20:5 n-3 (EPA)	S1066, S23, S1122, S1064
Copper, Cu	S1066, S1122, S1064
Tocopherol, gamma	S1122, S1064
Thiamin	S1066, S1122, S1064
Pantothenic acid	S1066, S23, S1122, S1064
Vitamin K (phylloquinone)	D4048, D4002, D4069, D4072
Fatty acids, total trans	S1064
12:0	S1066, S23, S1122, S1064
24:0	S1066, S23, S1122, S1064
Fructose	S23
Zinc, Zn	S1066, S23, S1122, S1064
Vitamin C, total ascorbic acid	S23
Niacin	S1066, S23, S1122, S1064
10:0	S1066, S23, S1122, S1064
18:1 undifferentiated	S1066, S23, S1122, S1064
18:3 undifferentiated	S1066, S23, S1122, S1064
18:1 c	S1064
18:3 n-6 c,c,c	S1064

NDB No. 14209 Coffee, brewed from grounds, prepared with tap water

Iron, Fe	S1066, S23, S1122, S1064
Magnesium, Mg	S1066, S23, S1122, S1064
Phosphorus, P	S1066, S23, S1122, S1064
Choline, total	S1066, S1122, S1064
22:6 n-3 (DHA)	S1066, S23, S1122, S1064
22:0	S1066, S23, S1122, S1064
18:4	S1066, S23, S1122
20:1	S1066, S23, S1122, S1064
17:0	S1066, S23, S1122, S1064
13:0	S1064

NDB No. 14218 Coffee, instant, decaffeinated, powder

Choline, total	S3461

NDB No. 14238 Cranberry-apple juice drink, bottled

Water	S2104
Calcium, Ca	S2104
Selenium, Se	S2104
Thiamin	S2104
Sugars, total	S2104
Magnesium, Mg	S2104
Copper, Cu	S2104
Manganese, Mn	S2104
Vitamin C, total ascorbic acid	S2104
Ash	S2104
Protein	S2104
Potassium, K	S2104
Niacin	S2104
Vitamin B-6	S2104
Fiber, total dietary	S2104
Iron, Fe	S2104
Phosphorus, P	S2104
Pantothenic acid	S2104
Total lipid (fat)	S2104
Sodium, Na	S2104
Zinc, Zn	S2104

NDB No. 14238 Cranberry-apple juice drink, bottled

Riboflavin	S2104

NDB No. 14242 Cranberry juice cocktail, bottled

Phosphorus, P	S2104
Vitamin C, total ascorbic acid	S2104
Pantothenic acid	S2104
Protein	S2104
Sucrose	S2104
Water	S2104
Sugars, total	S2104
Galactose	S2104
Fiber, total dietary	S2104
Iron, Fe	S2104
Sodium, Na	S2104
Zinc, Zn	S2104
Vitamin B-6	S2104
Lactose	S2104
Calcium, Ca	S2104
Lycopene	S2104
Betaine	S3461
Total lipid (fat)	S2104
Glucose (dextrose)	S2104
Maltose	S2104
Potassium, K	S2104
Copper, Cu	S2104
Thiamin	S2104
Ash	S2104
Fluoride, F	D5008, D5201, D5001, S3241, D5005
Manganese, Mn	S2104
Cryptoxanthin, beta	S2104
Niacin	S2104
Carotene, alpha	S2104
Riboflavin	S2104
Fructose	S2104
Magnesium, Mg	S2104
Choline, total	S3461

NDB No. 14243 Cranberry juice cocktail, bottled, low calorie, with calcium, saccharin and corn sweetener

Ash	D673
Potassium, K	D673

NDB No. 14267 Fruit punch drink, with added nutrients, canned

Water	D657
Copper, Cu	D614
Manganese, Mn	S7, S10, S6, S11, S9, S12, S8
Potassium, K	S7, S10, S6, S11, S9, S12, S8
Zinc, Zn	S7, S10, S6, S11, S9, S12, S8
Selenium, Se	S7, S10, S6, S11, S9, S12, S8
Iron, Fe	S7, S10, S6, S11, S9, S12, S8
Vitamin K (phylloquinone)	D4002
Sugars, total	D657
Calcium, Ca	S7, S10, S6, S11, S9, S12, S8
Magnesium, Mg	S7, S10, S6, S11, S9, S12, S8
Phosphorus, P	S7, S10, S6, S11, S9, S12, S8

NDB No. 14277 Grape drink, canned

Potassium, K	D673, D672
Ash	D673, D672

NDB No. 14282 Grape juice drink, canned

Ash	D672
Potassium, K	D672

NDB No. 14287 Lemonade, powder

Sodium, Na	S2661
Protein	S2661
Ash	S2661
Lactose	S2661
Fructose	S2661
Maltose	S2661
Calcium, Ca	S2661
Iron, Fe	S2661

NDB No. 14287 Lemonade, powder

Potassium, K	S2661
Zinc, Zn	S2661
Copper, Cu	S2661
Water	S2661
Manganese, Mn	S2661
Total lipid (fat)	S2661
Starch	S2661
Glucose (dextrose)	S2661
Phosphorus, P	S2661
Betaine	S2661
Sucrose	S2661
Vitamin C, total ascorbic acid	S2661
Sugars, total	S2661
Galactose	S2661
Magnesium, Mg	S2661
Choline, total	S2661

NDB No. 14292 Lemonade, frozen concentrate, white

Glucose (dextrose)	S2661
Fiber, total dietary	S2661
Copper, Cu	S2661
Lycopene	S2661
Betaine	S2661
Iron, Fe	S2661
Vitamin E (alpha-tocopherol)	S2661
Vitamin C, total ascorbic acid	S2661
Starch	S2661
Sucrose	S2661
Lactose	S2661
Galactose	S2661
Magnesium, Mg	S2661
Potassium, K	S2661
Tocopherol, gamma	S2661
Niacin	S2661
Vitamin B-6	S2661
Maltose	S2661

NDB No. 14292 Lemonade, frozen concentrate, white

Sodium, Na	S2661
Manganese, Mn	S2661
Protein	S2661
Total lipid (fat)	S2661
Cryptoxanthin, beta	S2661
Pantothenic acid	S2661
Dihydrophylloquinone	S2661
Ash	S2661
Fructose	S2661
Water	S2661
Phosphorus, P	S2661
Carotene, alpha	S2661
Thiamin	S2661
Folate, total	S2661
Choline, total	S2661
Vitamin K (phylloquinone)	S2661
Folic acid	S2661
Folate, food	S2661
Zinc, Zn	S2661
Riboflavin	S2661
Sugars, total	S2661
Calcium, Ca	S2661
Carotene, beta	S2661
Tocopherol, beta	S2661
Tocopherol, delta	S2661
Menaquinone-4	S2661

NDB No. 14296 Lemonade-flavor drink, powder

Vitamin C, total ascorbic acid	S2661
Maltose	S2661
Galactose	S2661
Total lipid (fat)	S2661
Sugars, total	S2661
Iron, Fe	S2661
Magnesium, Mg	S2661
Lactose	S2661

NDB No. 14296 Lemonade-flavor drink, powder

Water	S2661
Protein	S2661
Potassium, K	S2661
Betaine	S2661
Glucose (dextrose)	S2661
Fructose	S2661
Calcium, Ca	S2661
Sodium, Na	S2661
Copper, Cu	S2661
Starch	S2661
Phosphorus, P	S2661
Zinc, Zn	S2661
Manganese, Mn	S2661
Ash	S2661
Sucrose	S2661
Choline, total	S2661

NDB No. 14315 Malted drink mix, chocolate, with added nutrients, powder

Vitamin D	S6061

NDB No. 14323 Orange drink, canned, with added vitamin C

Sugars, total	S1067
Magnesium, Mg	S1067
Manganese, Mn	S1067
Niacin	S1067
Water	S1067
Iron, Fe	S1067
Zinc, Zn	S1067
Vitamin C, total ascorbic acid	S1067
Thiamin	S1067
Copper, Cu	S1067
Vitamin B-6	S1067
Protein	S1067
Ash	S1067
Calcium, Ca	S1067
Riboflavin	S1067

NDB No. 14323 Orange drink, canned, with added vitamin C

Total lipid (fat)	S1067
Phosphorus, P	S1067
Sodium, Na	S1067

NDB No. 14347 Shake, fast food, vanilla

Sugars, total	S1064
Isoleucine	S1122, S1064
Cystine	S1122, S1064
Alanine	S1122, S1064
8:0	S1122, S1064
22:1 undifferentiated	S1122, S1064
24:0	S1122, S1064
Calcium, Ca	S1122, S1064
Magnesium, Mg	S1122, S1064
Selenium, Se	S1064
Thiamin	S1122, S1064
Choline, total	S1064
Folic acid	S1122
Methionine	S1122, S1064
Valine	S1122, S1064
Glycine	S1122, S1064
6:0	S1064
20:0	S1122, S1064
15:0	S1122, S1064
15:1	S1122, S1064
Betaine	S1064
10:0	S1122, S1064
16:0	S1122, S1064
20:3 undifferentiated	S1122, S1064
Fiber, total dietary	S1122, S1064
Phosphorus, P	S1122, S1064
Potassium, K	S1122, S1064
Sodium, Na	S1122, S1064
Riboflavin	S1122, S1064
Tryptophan	S1122, S1064
Phenylalanine	S1122, S1064

NDB No. 14347 Shake, fast food, vanilla

Tyrosine	S1122, S1064
Arginine	S1122, S1064
Serine	S1122, S1064
4:0	S1064
20:4 undifferentiated	S1122, S1064
20:1	S1122, S1064
17:1	S1122, S1064
Protein	S1122, S1064
Iron, Fe	S1122, S1064
Copper, Cu	S1122, S1064
Vitamin B-6	S1122, S1064
Vitamin K (phylloquinone)	S1122
Threonine	S1122, S1064
Lysine	S1122, S1064
Glutamic acid	S1122, S1064
14:1	S1122, S1064
Water	S1122, S1064
Vitamin C, total ascorbic acid	S1122, S1064
Niacin	S1122, S1064
Folate, food	S1122
Leucine	S1122, S1064
Aspartic acid	S1122, S1064
Proline	S1122, S1064
14:0	S1122, S1064
18:0	S1122, S1064
18:1 undifferentiated	S1122, S1064
22:0	S1122, S1064
18:4	S1122, S1064
Total lipid (fat)	S1122, S1064
Pantothenic acid	S1122, S1064
Folate, total	S1122
Cholesterol	S1122, S1064
12:0	S1122, S1064
18:2 undifferentiated	S1122, S1064
22:6 n-3 (DHA)	S1122, S1064
16:1 undifferentiated	S1122, S1064
22:5 n-3 (DPA)	S1122, S1064

NDB No. 14347 Shake, fast food, vanilla

Ash	S1122, S1064
Zinc, Zn	S1122, S1064
Fluoride, F	D5007
Manganese, Mn	S1122, S1064
Vitamin B-12	S1122, S1064
Histidine	S1122, S1064
18:3 undifferentiated	S1122, S1064
20:5 n-3 (EPA)	S1122, S1064
17:0	S1122, S1064

NDB No. 14355 Tea, brewed, prepared with tap water

Fluoride, F	S2107
Vitamin E (alpha-tocopherol)	S81
Vitamin K (phylloquinone)	D4069
Tocopherol, delta	S81
Tocopherol, gamma	S81
Choline, total	S1066

NDB No. 14366 Tea, instant, unsweetened, powder

Theobromine	S2104
Ash	S2104
Zinc, Zn	S2104
Vitamin C, total ascorbic acid	S2104
Thiamin	S2104
Pantothenic acid	S2104
Vitamin B-6	S2104
Sugars, total	S2104
Fiber, total dietary	S2104
Calcium, Ca	S2104
Magnesium, Mg	S2104
Protein	S2104
Total lipid (fat)	S2104
Water	S2104
Iron, Fe	S2104
Manganese, Mn	S2104
Niacin	S2104

NDB No. 14366 Tea, instant, unsweetened, powder

Phosphorus, P	S2104
Sodium, Na	S2104
Copper, Cu	S2104
Starch	S2104
Riboflavin	S2104
Caffeine	S2104
Potassium, K	S2104

NDB No. 14370 Tea, instant, sweetened with sugar, lemon-flavored, without added ascorbic acid, powder

Theobromine	S2104
Fiber, total dietary	S2104
Zinc, Zn	S2104
Total lipid (fat)	S2104
Copper, Cu	S2104
Fluoride, F	S2104
Vitamin C, total ascorbic acid	S2104
Pantothenic acid	S2104
Iron, Fe	S2104
Phosphorus, P	S2104
Potassium, K	S2104
Water	S2104
Caffeine	S2104
Sugars, total	S2104
Riboflavin	S2104
Niacin	S2104
Protein	S2104
Magnesium, Mg	S2104
Thiamin	S2104
Starch	S2104
Sodium, Na	S2104
Manganese, Mn	S2104
Vitamin B-6	S2104
Ash	S2104
Calcium, Ca	S2104

NDB No. 14384 Water, bottled, PERRIER

NDB No. 14384 Water, bottled, PERRIER

Fluoride, F	D5162

NDB No. 14385 Water, bottled, POLAND SPRING

Fluoride, F	D5162

NDB No. 14400 Carbonated beverage, cola, contains caffeine

Total lipid (fat)	S1066, S1122, S1068, S1064
Caffeine	S1066, S1122, S1068, S1064
Calcium, Ca	S1066, S1122, S1068, S1064
Manganese, Mn	S1066, S1122, S1068, S1064
Choline, total	S1068, S3461
Vitamin K (phylloquinone)	D4048, D4002
Betaine	S1068, S3461
Zinc, Zn	S1066, S1122, S1068
Protein	S1066, S1122, S1068
Iron, Fe	S1066, S1122, S1068, S1064
Magnesium, Mg	S1066, S1122, S1068, S1064
Phosphorus, P	S1066, S1122, S1068, S1064
Copper, Cu	S1066, S1122, S1068, S1064
Potassium, K	S1066, S1122, S1068, S1064
Ash	S1066, S1122, S1068, S1064
Water	S1066, S1122, S1068, S1064
Theobromine	S1068
Fluoride, F	S1066, S1068, S1064
Sodium, Na	S1066, S1122, S1068, S1064
Selenium, Se	S7, S10, S6, S11, S9, S12, S8

NDB No. 14407 Orange-flavor drink, breakfast type, powder

Calcium, Ca	D739

NDB No. 14411 Water, tap, drinking

Iron, Fe	S2106
Sodium, Na	S2106
Zinc, Zn	S2106

NDB No. 14411 Water, tap, drinking

Potassium, K	S2106
Calcium, Ca	S2106
Magnesium, Mg	S2106
Manganese, Mn	S2106
Copper, Cu	S2106
Fluoride, F	S2106
Phosphorus, P	S2106

NDB No. 14412 Water, tap, well

Copper, Cu	S2106
Iron, Fe	S2106
Sodium, Na	S2106
Fluoride, F	S2106
Magnesium, Mg	S2106
Calcium, Ca	S2106
Phosphorus, P	S2106
Zinc, Zn	S2106
Manganese, Mn	S2106
Potassium, K	S2106

NDB No. 14416 Carbonated beverage, low calorie, cola or pepper-type, with aspartame, contains caffeine

Fluoride, F	S1066, S1068, S1064
Vitamin K (phylloquinone)	D4048, D4002
Iron, Fe	S1066, S1122, S1068
Magnesium, Mg	S1066, S1122, S1068, S1064
Manganese, Mn	S1066, S1122, S1068
Selenium, Se	S7, S10, S6, S11, S9, S12, S8
Choline, total	S1068, S3461
Protein	S1066, S1122, S1068, S1064
Ash	S1066, S1122, S1068, S1064
Sucrose	S1066, S1122, S1064
Water	S1066, S1122, S1068, S1064
Potassium, K	S1066, S1122, S1068
Sodium, Na	S1066, S1122, S1068, S1064
Total lipid (fat)	S1066, S1122, S1068, S1064
Sugars, total	S1064

NDB No. 14416 Carbonated beverage, low calorie, cola or pepper-type, with aspartame, contains caffeine

Calcium, Ca	S1066, S1122, S1068
Copper, Cu	S1066, S1122, S1068
Caffeine	S1066, S1122, S1068, S1064
Phosphorus, P	S1066, S1122, S1068, S1064
Theobromine	S1068
Zinc, Zn	S1066, S1122, S1068

NDB No. 14424 Orange-flavor drink, breakfast type, with pulp, frozen concentrate

Calcium, Ca	D739

NDB No. 14427 Orange drink, breakfast type, with juice and pulp, frozen concentrate, prepared with water

Potassium, K	D642
Sodium, Na	D642

NDB No. 14429 Water, tap, municipal

Potassium, K	S2106
Magnesium, Mg	S2106
Sodium, Na	S2106
Fluoride, F	S2106
Manganese, Mn	S2106
Iron, Fe	S2106
Phosphorus, P	S2106
Copper, Cu	S2106
Zinc, Zn	S2106
Calcium, Ca	S2106

NDB No. 14432 Water, bottled, non-carbonated, DANNON

Sodium, Na	S1068
Magnesium, Mg	S1068
Zinc, Zn	S1068
Water	S1068
Calcium, Ca	S1068
Iron, Fe	S1068
Copper, Cu	S1068

NDB No. 14432 Water, bottled, non-carbonated, DANNON

Ash	S1068
Fluoride, F	S1068
Manganese, Mn	S1068
Phosphorus, P	S1068
Potassium, K	S1068

NDB No. 14433 Water, bottled, non-carbonated, PEPSI, AQUAFINA

Iron, Fe	S1068
Manganese, Mn	S1068
Water	S1068
Potassium, K	S1068
Magnesium, Mg	S1068
Sodium, Na	S1068
Fluoride, F	S1068
Calcium, Ca	S1068
Phosphorus, P	S1068
Zinc, Zn	S1068
Copper, Cu	S1068
Ash	S1068

NDB No. 14434 Water, bottled, non-carbonated, DASANI

Protein	S1068
Total lipid (fat)	S1068
Ash	S1068
Calcium, Ca	S1068
Iron, Fe	S1068
Phosphorus, P	S1068
Copper, Cu	S1068
Magnesium, Mg	S1068
Water	S1068
Sodium, Na	S1068
Zinc, Zn	S1068
Potassium, K	S1068
Fluoride, F	S1068
Manganese, Mn	S1068

NDB No. 14437 Water, bottled, non-carbonated, CALISTOGA

Calcium, Ca	S27
Fluoride, F	S27
Water	S27
Potassium, K	S27
Magnesium, Mg	S27
Ash	S27
Sodium, Na	S27

NDB No. 14438 Water, bottled, non-carbonated, CRYSTAL GEYSER

Water	S27
Ash	S27
Sodium, Na	S27
Magnesium, Mg	S27
Potassium, K	S27
Fluoride, F	S27
Calcium, Ca	S27

NDB No. 14439 Water, bottled, non-carbonated, NAYA

Ash	S27
Water	S27
Magnesium, Mg	D4541
Potassium, K	D4541
Sodium, Na	D4541
Fluoride, F	D4541
Calcium, Ca	D4541

NDB No. 14440 Water, bottled, non-carbonated, DANNON Fluoride To Go

Water	S2109
Calcium, Ca	S2109
Magnesium, Mg	S2109
Sodium, Na	S2109
Phosphorus, P	S2109
Zinc, Zn	S2109
Protein	S2109
Manganese, Mn	S2109

NDB No. 14440 Water, bottled, non-carbonated, DANNON Fluoride To Go

Copper, Cu	S2109
Ash	S2109
Iron, Fe	S2109
Potassium, K	S2109
Total lipid (fat)	S2109

NDB No. 14450 Drink mix, QUAKER OATS, GATORADE, orange flavor, powder

Glucose (dextrose)	S1164
Fructose	S1164
Magnesium, Mg	S1164
Vitamin B-6	S1164
Maltose	S1164
Water	S1164
Potassium, K	S1164
Manganese, Mn	S1164
Pantothenic acid	S1164
Total lipid (fat)	S1164
Sodium, Na	S1164
Lactose	S1164
Calcium, Ca	S1164
Phosphorus, P	S1164
Niacin	S1164
Vitamin C, total ascorbic acid	S1164
Thiamin	S1164
Riboflavin	S1164
Ash	S1164
Sucrose	S1164
Iron, Fe	S1164
Zinc, Zn	S1164
Copper, Cu	S1164

NDB No. 14460 Sports drink, PEPSICO QUAKER GATORADE, GATORADE, original, fruit-flavored, ready-to-drink

Sucrose	S1164
Lactose	S1164
Calcium, Ca	S1164
Selenium, Se	S1164

NDB No. 14460 Sports drink, PEPSICO QUAKER GATORADE, GATORADE, original, fruit-flavored, ready-to-drink

Riboflavin	S1164
Glucose (dextrose)	S1164
Thiamin	S1164
Niacin	S1164
Pantothenic acid	S1164
Ash	S1164
Water	S1164
Iron, Fe	S1164
Potassium, K	S1164
Maltose	S1164
Fructose	S1164
Magnesium, Mg	S1164
Phosphorus, P	S1164
Sodium, Na	S1164
Manganese, Mn	S1164
Vitamin B-6	S1164
Total lipid (fat)	S1164
Zinc, Zn	S1164
Copper, Cu	S1164
Vitamin C, total ascorbic acid	S1164
Fluoride, F	S2109

NDB No. 14461 Sports drink, COCA-COLA, POWERADE, lemon-lime flavored, ready-to-drink

Potassium, K	S1164
Vitamin B-6	S1164
Iron, Fe	S1164
Copper, Cu	S1164
Pantothenic acid	S1164
Zinc, Zn	S1164
Vitamin B-12	S1164
Niacin	S1164
Thiamin	S1164
Calcium, Ca	S1164
Magnesium, Mg	S1164
Sodium, Na	S1164
Fluoride, F	S2109

NDB No. 14461 Sports drink, COCA-COLA, POWERADE, lemon-lime flavored, ready-to-drink

Manganese, Mn	S1164
Riboflavin	S1164
Phosphorus, P	S1164

NDB No. 14462 QUAKER OATS, PROPEL Fitness Water, fruit-flavored, non-carbonated

Vitamin E (alpha-tocopherol)	S2109
Vitamin B-6	S2109
Total lipid (fat)	S2109
Iron, Fe	S2109
Protein	S2109
Pantothenic acid	S2109
Fluoride, F	S2109
Water	S2109
Potassium, K	S2109
Phosphorus, P	S2109
Zinc, Zn	S2109
Ash	S2109
Copper, Cu	S2109
Manganese, Mn	S2109
Vitamin C, total ascorbic acid	S2109
Niacin	S2109
Calcium, Ca	S2109
Magnesium, Mg	S2109
Sodium, Na	S2109
Vitamin B-12	S2109

NDB No. 14475 Tea, ready-to-drink, ARIZONA iced tea, with lemon flavor

Sodium, Na	S1068
Total lipid (fat)	S1068
Ash	S1068
Iron, Fe	S1068
Potassium, K	S1068
Water	S1068
Sugars, total	S1068
Manganese, Mn	S1068
Protein	S1068

NDB No. 14475 Tea, ready-to-drink, ARIZONA iced tea, with lemon flavor

Theobromine	S1068
Fluoride, F	S1068
Magnesium, Mg	S1068
Phosphorus, P	S1068
Copper, Cu	S1068
Caffeine	S1068
Calcium, Ca	S1068
Zinc, Zn	S1068

NDB No. 14476 Tea, ready-to-drink, LIPTON BRISK iced tea, with lemon flavor

Phosphorus, P	S1068
Manganese, Mn	S1068
Sucrose	S1068
Water	S1068
Iron, Fe	S1068
Zinc, Zn	S1068
Copper, Cu	S1068
Theobromine	S1068
Fluoride, F	S1068
Total lipid (fat)	S1068
Ash	S1068
Calcium, Ca	S1068
Potassium, K	S1068
Sodium, Na	S1068
Protein	S1068
Caffeine	S1068
Sugars, total	S1068
Magnesium, Mg	S1068

NDB No. 14542 Lemonade, frozen concentrate, pink

Ash	S2661
Sucrose	S2661
Fiber, total dietary	S2661
Potassium, K	S2661
Carotene, alpha	S2661
Tocopherol, delta	S2661

NDB No. 14542 Lemonade, frozen concentrate, pink

Pantothenic acid	S2661
Total lipid (fat)	S2661
Iron, Fe	S2661
Magnesium, Mg	S2661
Manganese, Mn	S2661
Carotene, beta	S2661
Folate, total	S2661
Folate, food	S2661
Sodium, Na	S2661
Zinc, Zn	S2661
Vitamin E (alpha-tocopherol)	S2661
Cryptoxanthin, beta	S2661
Menaquinone-4	S2661
Vitamin K (phylloquinone)	S2661
Sugars, total	S2661
Tocopherol, beta	S2661
Vitamin C, total ascorbic acid	S2661
Thiamin	S2661
Lactose	S2661
Maltose	S2661
Water	S2661
Riboflavin	S2661
Niacin	S2661
Vitamin B-6	S2661
Phosphorus, P	S2661
Choline, total	S2661
Starch	S2661
Glucose (dextrose)	S2661
Fructose	S2661
Galactose	S2661
Calcium, Ca	S2661
Copper, Cu	S2661
Lycopene	S2661
Tocopherol, gamma	S2661
Folic acid	S2661
Betaine	S2661
Protein	S2661

NDB No. 14542 Lemonade, frozen concentrate, pink

Dihydrophylloquinone	S2661

NDB No. 14555 Water, bottled, generic

Potassium, K	S27, S1068, D4541
Ash	S27, S1068
Calcium, Ca	S27, S1068, D4541
Sodium, Na	S27, S1068, D4541
Water	S27, S1068
Magnesium, Mg	S27, S1068, D4541
Iron, Fe	S1068

NDB No. 14559 Water, bottled, non-carbonated, EVIAN

Calcium, Ca	S27, S1068
Sodium, Na	S27, S1068
Zinc, Zn	S1068
Phosphorus, P	S1068
Fluoride, F	S1068
Water	S27, S1068
Iron, Fe	S1068
Magnesium, Mg	S27, S1068
Potassium, K	S27, S1068
Ash	S27, S1068
Copper, Cu	S1068
Manganese, Mn	S1068

NDB No. 14601 Tea, ready-to-drink, unsweetened, WENDY'S, fast food, without ice

Protein	S1066
Copper, Cu	S1066
18:2 undifferentiated	S1066
22:0	S1066
16:1 undifferentiated	S1066
22:1 undifferentiated	S1066
Fatty acids, total polyunsaturated	S1066
15:0	S1066
Niacin	S1066

NDB No. 14601 Tea, ready-to-drink, unsweetened, WENDY'S, fast food, without ice

8:0	S1066
12:0	S1066
18:3 undifferentiated	S1066
22:6 n-3 (DHA)	S1066
20:1	S1066
24:0	S1066
20:3 undifferentiated	S1066
20:5 n-3 (EPA)	S1066
Total lipid (fat)	S1066
Calcium, Ca	S1066
Iron, Fe	S1066
Magnesium, Mg	S1066
Zinc, Zn	S1066
Thiamin	S1066
Fatty acids, total monounsaturated	S1066
Caffeine	S1066
Sodium, Na	S1066
Pantothenic acid	S1066
Vitamin B-6	S1066
16:0	S1066
18:0	S1066
14:1	S1066
18:4	S1066
17:0	S1066
Theobromine	S1066
14:0	S1066
18:1 undifferentiated	S1066
17:1	S1066
Ash	S1066
Water	S1066
Fatty acids, total saturated	S1066
10:0	S1066
20:0	S1066
20:2 n-6 c,c	S1066
Phosphorus, P	S1066
Potassium, K	S1066
Manganese, Mn	S1066

NDB No. 14601 Tea, ready-to-drink, unsweetened, WENDY'S, fast food, without ice

Selenium, Se	S1066
Riboflavin	S1066
20:4 undifferentiated	S1066
22:5 n-3 (DPA)	S1066
15:1	S1066

NDB No. 14602 Alcoholic Beverage, wine, table, red, Merlot

Vitamin B-6	S2103
Copper, Cu	S2103
Selenium, Se	S2103
Protein	S2103
Niacin	S2103
Vitamin B-12	S2103
Total lipid (fat)	S2103
Zinc, Zn	S2103
Thiamin	S2103
Ash	S2841
Calcium, Ca	S2103
Fluoride, F	S2103
Carbohydrate, by difference	S2841
Alcohol, ethyl	S2841
Iron, Fe	S2103
Manganese, Mn	S2103
Folate, total	S2103
Water	S2103
Fiber, total dietary	S2103
Magnesium, Mg	S2103
Vitamin C, total ascorbic acid	S2103
Pantothenic acid	S2103
Sugars, total	S2103
Phosphorus, P	S2103
Potassium, K	S2103
Sodium, Na	S2103
Riboflavin	S2103

NDB No. 14604 Water, non-carbonated, bottles, natural fruit flavors, sweetened with low calorie sweetener

NDB No. 14604 Water, non-carbonated, bottles, natural fruit flavors, sweetened with low calorie sweetener

Sodium, Na	S2109
Iron, Fe	S2109
Calcium, Ca	S2109
Magnesium, Mg	S2109
Phosphorus, P	S2109
Fluoride, F	D5201
Ash	S2109
Potassium, K	S2109
Total lipid (fat)	S2109
Water	S2109
Copper, Cu	S2109
Manganese, Mn	S2109
Protein	S2109
Zinc, Zn	S2109

NDB No. 14605 Water with added vitamins and minerals, bottles, sweetened, assorted fruit flavors

Niacin	S3381

NDB No. 14607 CAMPBELL Soup Company, V8 SPLASH Juice Drinks, Diet Berry Blend

Water	S3921

NDB No. 14608 CAMPBELL Soup Company, V8 SPLASH Juice Drinks, Diet Fruit Medley

Water	S3921

NDB No. 14609 CAMPBELL Soup Company, V8 SPLASH Juice Drinks, Diet Strawberry Kiwi

Water	S3921

NDB No. 14610 CAMPBELL Soup Company, V8 SPLASH Juice Drinks, Diet Tropical Blend

Water	S3921

NDB No. 14611 CAMPBELL Soup Company, V8 SPLASH Juice Drinks, Berry Blend

Water	S3921

NDB No. 14612 CAMPBELL Soup Company, V8 SPLASH Juice Drinks, Fruit Medley

Total lipid (fat)	S3921
Carbohydrate, by difference	S3921
Water	S3921
Potassium, K	S3921
Vitamin A, IU	S3921
Energy	S3921
Vitamin C, total ascorbic acid	S3921
Sugars, total	S3921
Sodium, Na	S3921
Protein	S3921
Vitamin E (alpha-tocopherol)	S3921

NDB No. 14613 CAMPBELL Soup Company, V8 SPLASH Juice Drinks, Guava Passion Fruit

Water	S3921

NDB No. 14614 CAMPBELL Soup Company, V8 SPLASH Juice Drinks, Mango Peach

Water	S3921

NDB No. 14615 CAMPBELL Soup Company, V8 SPLASH Juice Drinks, Orange Pineapple

Water	S3921

NDB No. 14616 CAMPBELL Soup Company, V8 SPLASH Juice Drinks, Orchard Blend

Water	S3921

NDB No. 14617 CAMPBELL Soup Company, V8 SPLASH Juice Drinks, Strawberry Banana

Water	S3921

NDB No. 14618 CAMPBELL Soup Company, V8 SPLASH Juice Drinks, Strawberry Kiwi

Water	S3921

NDB No. 14619 CAMPBELL Soup Company, V8 SPLASH Juice Drinks, Tropical Blend

Water	S3921

NDB No. 14620 CAMPBELL Soup Company, V8 V. FUSION Juices, Peach Mango

Water	S3921

NDB No. 14621 CAMPBELL Soup Company, V8 V. FUSION Juices, Strawberry Banana

Water	S3921

NDB No. 14622 CAMPBELL Soup Company, V8 V. FUSION Juices, Tropical

Water	S3921

NDB No. 14623 CAMPBELL Soup Company, V8 V. FUSION Juices, Acai Berry

Water	S4541

NDB No. 14624 Coffee substitute, roasted grain beverage, NATURAL TOUCH KAFFREE ROMA, powder

Protein	S4662
Sugars, total	S4662
Vitamin C, total ascorbic acid	S4662
Fiber, total dietary	S4662
Potassium, K	S4662
Carbohydrate, by difference	S4662
Fatty acids, total trans	S4662
Ash	S4662
Zinc, Zn	S4662
Vitamin A, IU	S4662
Cholesterol	S4662
Total lipid (fat)	S4662
Energy	S4662
Water	S4662
Calcium, Ca	S4662
Iron, Fe	S4662
Sodium, Na	S4662

NDB No. 14631 Beverage, Horchata, dry mix, unprepared, variety of brands, all with morro seeds

Iron, Fe	S3550
Thiamin	S3550
Vitamin B-6	S3550

NDB No. 14631 Beverage, Horchata, dry mix, unprepared, variety of brands, all with morro seeds

6:0	S3550
8:0	S3550
Fatty acids, total polyunsaturated	S3550
18:1 t	S3550
18:2 t not further defined	S3550
18:2 n-6 c,c	S3550
20:3 n-3	S3550
Ash	S3550
Potassium, K	S3550
Copper, Cu	S3550
18:4	S3550
20:1	S3550
15:0	S3550
18:2 CLAs	S3550
18:3 n-6 c,c,c	S3550
20:3 n-6	S3550
22:4	S3550
Niacin	S3550
20:0	S3550
18:1 undifferentiated	S3550
22:6 n-3 (DHA)	S3550
22:0	S3550
24:0	S3550
16:1 c	S3550
Fatty acids, total trans-monoenoic	S3550
Protein	S3550
Starch	S3550
Fatty acids, total saturated	S3550
18:0	S3550
14:1	S3550
16:1 undifferentiated	S3550
22:1 undifferentiated	S3550
24:1 c	S3550
20:2 n-6 c,c	S3550
18:1 c	S3550
17:1	S3550
20:3 undifferentiated	S3550

NDB No. 14631 Beverage, Horchata, dry mix, unprepared, variety of brands, all with morro seeds

Fatty acids, total trans	S3550
10:0	S3550
17:0	S3550
22:1 c	S3550
Fatty acids, total trans-polyenoic	S3550
Total lipid (fat)	S3550
Fiber, total dietary	S3550
Calcium, Ca	S3550
Magnesium, Mg	S3550
Sodium, Na	S3550
Zinc, Zn	S3550
Pantothenic acid	S3550
14:0	S3550
22:5 n-3 (DPA)	S3550
4:0	S3550
12:0	S3550
Fatty acids, total monounsaturated	S3550
16:1 t	S3550
22:1 t	S3550
15:1	S3550
18:3 n-3 c,c,c (ALA)	S3550
Water	S3550
Phosphorus, P	S3550
Manganese, Mn	S3550
Riboflavin	S3550
16:0	S3550
18:2 undifferentiated	S3550
18:3 undifferentiated	S3550
20:4 undifferentiated	S3550
20:5 n-3 (EPA)	S3550

NDB No. 14632 Meal supplement drink, NESTLE, SUPLIGEN, canned, peanut flavor

Tocopherol, beta	S3550
Vitamin C, total ascorbic acid	S3550
Threonine	S3550
Leucine	S3550

NDB No. 14632 Meal supplement drink, NESTLE, SUPLIGEN, canned, peanut flavor

Phenylalanine	S3550
Glycine	S3550
Fatty acids, total trans	S3550
Fatty acids, total saturated	S3550
18:2 n-6 c,c	S3550
Total lipid (fat)	S3550
Ash	S3550
Sucrose	S3550
Iron, Fe	S3550
Potassium, K	S3550
Vitamin B-12	S3550
Isoleucine	S3550
Methionine	S3550
Alanine	S3550
Hydroxyproline	S3550
10:0	S3550
18:0	S3550
22:5 n-3 (DPA)	S3550
24:1 c	S3550
16:1 c	S3550
18:3 n-3 c,c,c (ALA)	S3550
Sodium, Na	S3550
Tyrosine	S3550
Arginine	S3550
12:0	S3550
20:0	S3550
20:4 undifferentiated	S3550
14:1	S3550
18:4	S3550
18:1 t	S3550
18:2 CLAs	S3550
22:1 c	S3550
20:3 undifferentiated	S3550
22:4	S3550
Protein	S3550
Starch	S3550
Vitamin B-6	S3550

NDB No. 14632 Meal supplement drink, NESTLE, SUPLIGEN, canned, peanut flavor

Proline	S3550
14:0	S3550
22:6 n-3 (DHA)	S3550
Fatty acids, total monounsaturated	S3550
Fatty acids, total polyunsaturated	S3550
17:1	S3550
20:3 n-3	S3550
Glucose (dextrose)	S3550
Phosphorus, P	S3550
Manganese, Mn	S3550
Thiamin	S3550
Pantothenic acid	S3550
Tryptophan	S3550
Cystine	S3550
Glutamic acid	S3550
8:0	S3550
16:0	S3550
18:3 undifferentiated	S3550
18:1 c	S3550
Fatty acids, total trans-polyenoic	S3550
20:3 n-6	S3550
Maltose	S3550
Water	S3550
Riboflavin	S3550
Lysine	S3550
Valine	S3550
Histidine	S3550
Aspartic acid	S3550
4:0	S3550
18:1 undifferentiated	S3550
16:1 undifferentiated	S3550
22:1 undifferentiated	S3550
24:0	S3550
16:1 t	S3550
Fructose	S3550
Lactose	S3550
Calcium, Ca	S3550

NDB No. 14632 Meal supplement drink, NESTLE, SUPLIGEN, canned, peanut flavor

Magnesium, Mg	S3550
Tocopherol, gamma	S3550
Tocopherol, delta	S3550
Niacin	S3550
6:0	S3550
18:2 undifferentiated	S3550
20:5 n-3 (EPA)	S3550
17:0	S3550
20:2 n-6 c,c	S3550
Fatty acids, total trans-monoenoic	S3550
15:1	S3550
Zinc, Zn	S3550
Copper, Cu	S3550
Vitamin E (alpha-tocopherol)	S3550
Serine	S3550
22:0	S3550
20:1	S3550
15:0	S3550
22:1 t	S3550
18:2 t not further defined	S3550
18:3 n-6 c,c,c	S3550

NDB No. 14633 Vegetable and fruit juice drink, reduced calorie, with low-calorie sweetener, added vitamin C

Water	S3921

NDB No. 14635 Beverages, vegetable and fruit juice blend, 100% juice, with added vitamins A, C, E

Water	S4541

NDB No. 14636 Beverages, fruit juice drink, reduced sugar, with vitamin E added

Pantothenic acid	S1067
Copper, Cu	S1067
Vitamin E (alpha-tocopherol)	S5401
Thiamin	S1067
Folate, food	S1067

NDB No. 14636 Beverages, fruit juice drink, reduced sugar, with vitamin E added

Iron, Fe	S1067
Sodium, Na	S1067
Protein	S1067
Magnesium, Mg	S1067
Phosphorus, P	S1067
Potassium, K	S1067
Zinc, Zn	S1067
Fluoride, F	S1067
Niacin	S1067
Vitamin B-6	S1067
Folic acid	S1067
Carbohydrate, by difference	S5401
Water	S1067
Sugars, total	S5401
Vitamin C, total ascorbic acid	S1067
Manganese, Mn	S1067
Riboflavin	S1067
Total lipid (fat)	S1067
Ash	S1067
Calcium, Ca	S1067
Folate, total	S1067

NDB No. 14638 Beverage, Horchata, as served in restaurant

Glucose (dextrose)	S4531
Lactose	S4531
Tocopherol, gamma	S4531
Niacin	S4531
Protein	S4531
Total lipid (fat)	S4531
Ash	S4531
Water	S4531
Sugars, total	S4531
Calcium, Ca	S4531
Zinc, Zn	S4531
Vitamin E (alpha-tocopherol)	S4531
Vitamin K (phylloquinone)	S4531

NDB No. 14638 Beverage, Horchata, as served in restaurant

Fiber, total dietary	S4531
Magnesium, Mg	S4531
Copper, Cu	S4531
Selenium, Se	S4531
Dihydrophylloquinone	S4531
Tocopherol, beta	S4531
Riboflavin	S4531
Fructose	S4531
Galactose	S4531
Iron, Fe	S4531
Sodium, Na	S4531
Manganese, Mn	S4531
Sucrose	S4531
Potassium, K	S4531
Thiamin	S4531
Pantothenic acid	S4531
Vitamin B-6	S4531
Starch	S4531
Maltose	S4531
Phosphorus, P	S4531
Tocopherol, delta	S4531
Menaquinone-4	S4531

NDB No. 15015 Fish, cod, Atlantic, raw

Tocopherol, gamma	S84
Vitamin K (phylloquinone)	D4072
Vitamin E (alpha-tocopherol)	S84
Tocopherol, delta	S84
Tocopherol, beta	S84

NDB No. 15016 Fish, cod, Atlantic, cooked, dry heat

Betaine	S3461
Choline, total	S3461

NDB No. 15019 Fish, cod, Pacific, raw

NDB No. 15019 Fish, cod, Pacific, raw

Lactose	S4643
Vitamin E (alpha-tocopherol)	S4643
Dihydrophylloquinone	S4643
Vitamin K (phylloquinone)	S4643
Threonine	S4643
Isoleucine	S4643
Aspartic acid	S4643
Fatty acids, total trans	S4643
22:1 undifferentiated	S4643
17:1	S4643
20:3 undifferentiated	S4643
20:3 n-3	S4643
Glucose (dextrose)	S4643
Water	S4643
Iron, Fe	S4643
Copper, Cu	S4643
Vitamin B-6	S4643
Alanine	S4643
Glutamic acid	S4643
16:0	S4643
18:3 undifferentiated	S4643
15:1	S4643
18:3 n-3 c,c,c (ALA)	S4643
Protein	S4643
Magnesium, Mg	S4643
Retinol	S4643
Tocopherol, delta	S4643
Serine	S4643
Fatty acids, total polyunsaturated	S4643
17:0	S4643
20:3 n-6	S4643
Phosphorus, P	S4643
Thiamin	S4643
Menaquinone-4	S4643
Lysine	S4643
Methionine	S4643
Cystine	S4643

NDB No. 15019 Fish, cod, Pacific, raw

Cholesterol	S4643
12:0	S4643
22:6 n-3 (DHA)	S4643
14:1	S4643
20:1	S4643
22:5 n-3 (DPA)	S4643
15:0	S4643
Fatty acids, total trans-monoenoic	S4643
Fatty acids, total trans-polyenoic	S4643
Ash	S4643
Starch	S4643
Sodium, Na	S4643
Vitamin D3 (cholecalciferol)	S4643
Pantothenic acid	S4643
Histidine	S4643
Proline	S4643
6:0	S4643
8:0	S4643
18:0	S4643
20:4 undifferentiated	S4643
22:0	S4643
18:4	S4643
20:5 n-3 (EPA)	S4643
Fatty acids, total monounsaturated	S4643
24:0	S4643
20:2 n-6 c,c	S4643
18:1 c	S4643
18:2 n-6 c,c	S4643
18:3 n-6 c,c,c	S4643
22:4	S4643
Fructose	S4643
Galactose	S4643
Calcium, Ca	S4643
Potassium, K	S4643
Selenium, Se	S4643
Vitamin D (D2 + D3)	S4643

NDB No. 15019 Fish, cod, Pacific, raw

Tocopherol, gamma	S4643
Vitamin C, total ascorbic acid	S4643
Riboflavin	S4643
Niacin	S4643
Tryptophan	S4643
Tyrosine	S4643
20:0	S4643
22:1 t	S4643
24:1 c	S4643
Maltose	S4643
Tocopherol, beta	S4643
Phenylalanine	S4643
Arginine	S4643
Glycine	S4643
Fatty acids, total saturated	S4643
18:2 undifferentiated	S4643
16:1 undifferentiated	S4643
16:1 t	S4643
18:1 t	S4643
18:2 t not further defined	S4643
22:1 c	S4643
Total lipid (fat)	S4643
Zinc, Zn	S4643
Manganese, Mn	S4643
Vitamin D	S4643
Vitamin B-12	S4643
Leucine	S4643
Valine	S4643
14:0	S4643
18:1 undifferentiated	S4643
18:2 CLAs	S4643
16:1 c	S4643

NDB No. 15027 Fish, fish portions and sticks, frozen, preheated

Sucrose	S1163
Lactose	S1163

NDB No. 15027 Fish, fish portions and sticks, frozen, preheated

Potassium, K	S10, S11, S9, S12, S1163
Vitamin C, total ascorbic acid	S1163
Thiamin	S1163
18:2 undifferentiated	S1163
20:4 undifferentiated	S1163
20:1	S1163
24:0	S1163
24:1 c	S1163
18:1 c	S1163
17:1	S1163
Galactose	S1163
Iron, Fe	S10, S11, S9, S12, S1163
Magnesium, Mg	S10, S11, S9, S12, S1163
Selenium, Se	S10, S11, S9, S12, S1163
Niacin	S1163
Choline, total	S1163, S3461
Folate, food	S1163
6:0	S1163
22:1 undifferentiated	S1163
17:0	S1163
18:1 t	S1163
Starch	S1163
Phosphorus, P	S10, S11, S9, S12, S1163
Zinc, Zn	S10, S11, S9, S12, S1163
Vitamin E (alpha-tocopherol)	S1163
Pantothenic acid	S1163
22:0	S1163
Water	S1163
Sodium, Na	S10, S11, S9, S12, S1163
Tocopherol, beta	S1163
Riboflavin	S1163
Vitamin B-6	S1163
Folate, total	S1163
Vitamin B-12	S1163
Dihydrophylloquinone	S1163
Betaine	S1163, S3461
4:0	S1163

NDB No. 15027 Fish, fish portions and sticks, frozen, preheated

18:0	S1163
16:1 undifferentiated	S1163
15:0	S1163
Total lipid (fat)	S1163
Calcium, Ca	S10, S11, S9, S12, S1163
Tocopherol, gamma	S1163
Tocopherol, delta	S1163
12:0	S1163
14:1	S1163
13:0	S1163
Maltose	S1163
Copper, Cu	S10, S11, S9, S12, S1163
Vitamin K (phylloquinone)	S1163
Folic acid	S1163
10:0	S1163
20:5 n-3 (EPA)	S1163
20:2 n-6 c,c	S1163
Fructose	S1163
Manganese, Mn	S10, S11, S9, S12, S1163
14:0	S1163
16:0	S1163
20:0	S1163
22:6 n-3 (DHA)	S1163
20:3 undifferentiated	S1163
15:1	S1163
18:3 n-3 c,c,c (ALA)	S1163
Ash	S1163
Glucose (dextrose)	S1163
Fluoride, F	D5007
8:0	S1163
18:3 n-6 c,c,c	S1163

NDB No. 15028 Fish, flatfish (flounder and sole species), raw

Total lipid (fat)	S4528
Sugars, total	S4528
Niacin	S4528

NDB No. 15028 Fish, flatfish (flounder and sole species), raw

Pantothenic acid	S4528
Phenylalanine	S4528
Histidine	S4528
Fatty acids, total trans	S4528
6:0	S4528
16:1 undifferentiated	S4528
22:1 undifferentiated	S4528
Fatty acids, total polyunsaturated	S4528
16:1 c	S4528
22:1 c	S4528
Fatty acids, total trans-monoenoic	S4528
15:1	S4528
22:4	S4528
Dihydrophylloquinone	S4528
Vitamin K (phylloquinone)	S4528
Alanine	S4528
Fatty acids, total saturated	S4528
8:0	S4528
16:0	S4528
18:1 t	S4528
18:3 n-3 c,c,c (ALA)	S4528
Ash	S4528
Menaquinone-4	S4528
22:6 n-3 (DHA)	S4528
18:4	S4528
15:0	S4528
22:1 t	S4528
18:2 t not further defined	S4528
24:1 c	S4528
18:2 n-6 c,c	S4528
20:3 n-3	S4528
Glucose (dextrose)	S4528
Calcium, Ca	S4528
Phosphorus, P	S4528
Potassium, K	S4528
Copper, Cu	S4528
Manganese, Mn	S4528

NDB No. 15028 Fish, flatfish (flounder and sole species), raw

Vitamin D3 (cholecalciferol)	S4528
Isoleucine	S4528
Lysine	S4528
20:0	S4528
18:3 undifferentiated	S4528
20:4 undifferentiated	S4528
22:0	S4528
22:5 n-3 (DPA)	S4528
Fatty acids, total monounsaturated	S4528
18:1 c	S4528
Maltose	S4528
Magnesium, Mg	S4528
Zinc, Zn	S4528
Vitamin D	S4528
Tocopherol, gamma	S4528
Tocopherol, delta	S4528
Riboflavin	S4528
12:0	S4528
24:0	S4528
18:3 n-6 c,c,c	S4528
Protein	S4528
Water	S4528
Sodium, Na	S4528
Vitamin B-6	S4528
Threonine	S4528
Tyrosine	S4528
Aspartic acid	S4528
Serine	S4528
Cholesterol	S4528
Sucrose	S4528
Iron, Fe	S4528
Vitamin E (alpha-tocopherol)	S4528
Thiamin	S4528
Folate, total	S4528
Tryptophan	S4528
Leucine	S4528
Cystine	S4528

NDB No. 15028 Fish, flatfish (flounder and sole species), raw

Valine	S4528
Glutamic acid	S4528
Glycine	S4528
18:1 undifferentiated	S4528
18:2 undifferentiated	S4528
14:1	S4528
20:5 n-3 (EPA)	S4528
17:0	S4528
18:2 CLAs	S4528
17:1	S4528
20:3 undifferentiated	S4528
20:3 n-6	S4528
Starch	S4528
Fructose	S4528
Lactose	S4528
Galactose	S4528
Selenium, Se	S4528
Vitamin D (D2 + D3)	S4528
Tocopherol, beta	S4528
Vitamin C, total ascorbic acid	S4528
Vitamin B-12	S4528
Folate, food	S4528
Methionine	S4528
Arginine	S4528
Proline	S4528
10:0	S4528
14:0	S4528
18:0	S4528
20:1	S4528
16:1 t	S4528
20:2 n-6 c,c	S4528
Fatty acids, total trans-polyenoic	S4528

NDB No. 15033 Fish, haddock, raw

Calcium, Ca	S4643
Vitamin D (D2 + D3)	S4643

NDB No. 15033 Fish, haddock, raw

Vitamin B-6	S4643
Vitamin B-12	S4643
14:0	S4643
14:1	S4643
18:2 t not further defined	S4643
18:2 CLAs	S4643
17:1	S4643
Fatty acids, total trans-polyenoic	S4643
18:3 n-3 c,c,c (ALA)	S4643
20:3 n-6	S4643
Protein	S4643
Manganese, Mn	S4643
Selenium, Se	S4643
Vitamin D	S4643
16:1 undifferentiated	S4643
20:5 n-3 (EPA)	S4643
22:1 undifferentiated	S4643
18:1 t	S4643
Potassium, K	S4643
18:0	S4643
18:1 undifferentiated	S4643
22:0	S4643
Fatty acids, total monounsaturated	S4643
15:0	S4643
24:0	S4643
24:1 c	S4643
18:2 n-6 c,c	S4643
Fatty acids, total trans-monoenoic	S4643
20:3 n-3	S4643
Total lipid (fat)	S4643
Water	S4643
Vitamin D3 (cholecalciferol)	S4643
Tocopherol, beta	S4643
Thiamin	S4643
20:0	S4643
20:4 undifferentiated	S4643

NDB No. 15033 Fish, haddock, raw

18:4	S4643
22:1 t	S4643
Iron, Fe	S4643
Zinc, Zn	S4643
Vitamin E (alpha-tocopherol)	S4643
Riboflavin	S4643
Niacin	S4643
22:6 n-3 (DHA)	S4643
16:1 t	S4643
20:2 n-6 c,c	S4643
Magnesium, Mg	S4643
Phosphorus, P	S4643
Cholesterol	S4643
Fatty acids, total saturated	S4643
18:2 undifferentiated	S4643
20:1	S4643
16:1 c	S4643
22:1 c	S4643
22:4	S4643
Sodium, Na	S4643
Tocopherol, gamma	S4643
22:5 n-3 (DPA)	S4643
17:0	S4643
18:1 c	S4643
18:3 n-6 c,c,c	S4643
20:3 undifferentiated	S4643
Ash	S4643
Copper, Cu	S4643
Tocopherol, delta	S4643
Pantothenic acid	S4643
Fatty acids, total trans	S4643
6:0	S4643
8:0	S4643
12:0	S4643
16:0	S4643
18:3 undifferentiated	S4643
Fatty acids, total polyunsaturated	S4643

NDB No. 15033 Fish, haddock, raw

15:1	S4643

NDB No. 15036 Fish, halibut, Atlantic and Pacific, raw

Zinc, Zn	S4644
22:6 n-3 (DHA)	S4644
22:0	S4644
18:1 t	S4644
17:1	S4644
Ash	S4644
Potassium, K	S4644
Vitamin D	S4644
Tocopherol, delta	S4644
14:0	S4644
16:0	S4644
18:0	S4644
20:0	S4644
20:4 undifferentiated	S4644
14:1	S4644
22:5 n-3 (DPA)	S4644
16:1 c	S4644
20:3 n-6	S4644
Fructose	S4644
Galactose	S4644
Magnesium, Mg	S4644
Phosphorus, P	S4644
Sodium, Na	S4644
Pantothenic acid	S4644
Cholesterol	S4644
18:4	S4644
20:5 n-3 (EPA)	S4644
17:0	S4644
24:0	S4644
Calcium, Ca	S4644
Iron, Fe	S4644
Manganese, Mn	S4644
Selenium, Se	S4644

NDB No. 15036 Fish, halibut, Atlantic and Pacific, raw

Vitamin E (alpha-tocopherol)	S4644
Vitamin D (D2 + D3)	S4644
Tocopherol, beta	S4644
Vitamin B-6	S4644
Dihydrophylloquinone	S4644
Vitamin K (phylloquinone)	S4644
18:2 undifferentiated	S4644
20:1	S4644
Fatty acids, total monounsaturated	S4644
20:2 n-6 c,c	S4644
18:3 n-6 c,c,c	S4644
Lactose	S4644
Vitamin B-12	S4644
Fatty acids, total saturated	S4644
8:0	S4644
18:1 undifferentiated	S4644
Fatty acids, total trans-polyenoic	S4644
Starch	S4644
Vitamin C, total ascorbic acid	S4644
6:0	S4644
18:3 undifferentiated	S4644
16:1 t	S4644
22:1 t	S4644
18:2 CLAs	S4644
24:1 c	S4644
22:1 c	S4644
Copper, Cu	S4644
Retinol	S4644
Vitamin D3 (cholecalciferol)	S4644
Tocopherol, gamma	S4644
Riboflavin	S4644
16:1 undifferentiated	S4644
15:0	S4644
18:1 c	S4644
20:3 undifferentiated	S4644
Protein	S4644
Total lipid (fat)	S4644

NDB No. 15036 Fish, halibut, Atlantic and Pacific, raw

Maltose	S4644
Water	S4644
Thiamin	S4644
Niacin	S4644
Menaquinone-4	S4644
12:0	S4644
22:1 undifferentiated	S4644
Fatty acids, total polyunsaturated	S4644
18:2 t not further defined	S4644
18:2 n-6 c,c	S4644
15:1	S4644
18:3 n-3 c,c,c (ALA)	S4644
20:3 n-3	S4644
22:4	S4644

NDB No. 15057 Fish, ocean perch, Atlantic, raw

Glucose (dextrose)	S4643
Maltose	S4643
Vitamin D (D2 + D3)	S4643
Tocopherol, gamma	S4643
Riboflavin	S4643
Histidine	S4643
8:0	S4643
16:0	S4643
18:2 undifferentiated	S4643
14:1	S4643
18:2 CLAs	S4643
Fatty acids, total trans-polyenoic	S4643
15:1	S4643
18:3 n-3 c,c,c (ALA)	S4643
20:3 n-3	S4643
Galactose	S4643
Zinc, Zn	S4643
Tocopherol, beta	S4643
Leucine	S4643
Arginine	S4643

NDB No. 15057 Fish, ocean perch, Atlantic, raw

Fatty acids, total saturated	S4643
18:0	S4643
20:0	S4643
16:1 t	S4643
20:2 n-6 c,c	S4643
18:2 n-6 c,c	S4643
Starch	S4643
Thiamin	S4643
Menaquinone-4	S4643
Methionine	S4643
Cystine	S4643
14:0	S4643
18:1 undifferentiated	S4643
22:0	S4643
18:4	S4643
22:5 n-3 (DPA)	S4643
Fatty acids, total polyunsaturated	S4643
22:1 c	S4643
Potassium, K	S4643
Niacin	S4643
Tryptophan	S4643
Proline	S4643
18:3 undifferentiated	S4643
20:1	S4643
15:0	S4643
22:4	S4643
Protein	S4643
Fructose	S4643
Calcium, Ca	S4643
Copper, Cu	S4643
Selenium, Se	S4643
Vitamin D	S4643
Isoleucine	S4643
Valine	S4643
Alanine	S4643
Glutamic acid	S4643
22:6 n-3 (DHA)	S4643

NDB No. 15057 Fish, ocean perch, Atlantic, raw

22:1 undifferentiated	S4643
17:0	S4643
Sodium, Na	S4643
Vitamin D3 (cholecalciferol)	S4643
Vitamin B-6	S4643
Vitamin B-12	S4643
Tyrosine	S4643
Cholesterol	S4643
24:0	S4643
18:2 t not further defined	S4643
18:1 c	S4643
Fatty acids, total trans-monoenoic	S4643
Total lipid (fat)	S4643
Ash	S4643
Lactose	S4643
Iron, Fe	S4643
Pantothenic acid	S4643
Dihydrophylloquinone	S4643
Vitamin K (phylloquinone)	S4643
Lysine	S4643
Aspartic acid	S4643
Serine	S4643
6:0	S4643
12:0	S4643
16:1 undifferentiated	S4643
20:5 n-3 (EPA)	S4643
Fatty acids, total monounsaturated	S4643
24:1 c	S4643
17:1	S4643
20:3 n-6	S4643
Magnesium, Mg	S4643
Phosphorus, P	S4643
Manganese, Mn	S4643
Vitamin E (alpha-tocopherol)	S4643
Tocopherol, delta	S4643
Vitamin C, total ascorbic acid	S4643

NDB No. 15057 Fish, ocean perch, Atlantic, raw

Threonine	S4643
Phenylalanine	S4643
Glycine	S4643
Fatty acids, total trans	S4643
20:4 undifferentiated	S4643
18:1 t	S4643
22:1 t	S4643
16:1 c	S4643
18:3 n-6 c,c,c	S4643
20:3 undifferentiated	S4643

NDB No. 15066 Fish, pollock, walleye, raw

Ash	S4644
Starch	S4644
Lactose	S4644
Potassium, K	S4644
Sodium, Na	S4644
Vitamin C, total ascorbic acid	S4644
Leucine	S4644
Phenylalanine	S4644
Serine	S4644
Fatty acids, total trans	S4644
8:0	S4644
22:1 undifferentiated	S4644
22:5 n-3 (DPA)	S4644
16:1 t	S4644
24:1 c	S4644
18:3 n-6 c,c,c	S4644
18:3 n-3 c,c,c (ALA)	S4644
20:3 n-3	S4644
Riboflavin	S4644
Niacin	S4644
Pantothenic acid	S4644
Vitamin B-6	S4644
Valine	S4644
Aspartic acid	S4644

NDB No. 15066 Fish, pollock, walleye, raw

12:0	S4644
14:0	S4644
16:0	S4644
17:0	S4644
18:1 t	S4644
22:1 t	S4644
18:2 t not further defined	S4644
20:2 n-6 c,c	S4644
18:2 n-6 c,c	S4644
20:3 n-6	S4644
Zinc, Zn	S4644
Retinol	S4644
Vitamin K (phylloquinone)	S4644
Threonine	S4644
Lysine	S4644
Glutamic acid	S4644
18:3 undifferentiated	S4644
16:1 c	S4644
22:4	S4644
Fructose	S4644
Water	S4644
Vitamin E (alpha-tocopherol)	S4644
Tocopherol, gamma	S4644
Thiamin	S4644
Isoleucine	S4644
Cystine	S4644
Alanine	S4644
16:1 undifferentiated	S4644
Fatty acids, total monounsaturated	S4644
24:0	S4644
20:3 undifferentiated	S4644
Galactose	S4644
Magnesium, Mg	S4644
Vitamin D3 (cholecalciferol)	S4644
Tryptophan	S4644
Histidine	S4644
Fatty acids, total saturated	S4644

NDB No. 15066 Fish, pollock, walleye, raw

20:0	S4644
20:4 undifferentiated	S4644
18:4	S4644
18:2 CLAs	S4644
22:1 c	S4644
17:1	S4644
Fatty acids, total trans-polyenoic	S4644
Maltose	S4644
Calcium, Ca	S4644
Copper, Cu	S4644
Vitamin D (D2 + D3)	S4644
Tocopherol, beta	S4644
Tocopherol, delta	S4644
Dihydrophylloquinone	S4644
Methionine	S4644
Arginine	S4644
18:2 undifferentiated	S4644
22:0	S4644
14:1	S4644
20:1	S4644
20:5 n-3 (EPA)	S4644
Fatty acids, total polyunsaturated	S4644
15:1	S4644
Protein	S4644
Iron, Fe	S4644
Vitamin D	S4644
Vitamin B-12	S4644
Glycine	S4644
Proline	S4644
18:0	S4644
18:1 undifferentiated	S4644
15:0	S4644
18:1 c	S4644
Total lipid (fat)	S4644
Phosphorus, P	S4644
Manganese, Mn	S4644
Selenium, Se	S4644

NDB No. 15066 Fish, pollock, walleye, raw

Menaquinone-4	S4644
Tyrosine	S4644
Cholesterol	S4644
6:0	S4644
22:6 n-3 (DHA)	S4644
Fatty acids, total trans-monoenoic	S4644

NDB No. 15070 Fish, rockfish, Pacific, mixed species, raw

Magnesium, Mg	S4644
Potassium, K	S4644
Zinc, Zn	S4644
Selenium, Se	S4644
Vitamin C, total ascorbic acid	S4644
18:0	S4644
18:3 undifferentiated	S4644
20:4 undifferentiated	S4644
18:2 t not further defined	S4644
17:1	S4644
20:3 n-3	S4644
Total lipid (fat)	S4644
Riboflavin	S4644
Niacin	S4644
Alanine	S4644
Glutamic acid	S4644
8:0	S4644
20:0	S4644
18:1 undifferentiated	S4644
18:4	S4644
20:1	S4644
17:0	S4644
18:1 c	S4644
Fatty acids, total trans-monoenoic	S4644
20:3 n-6	S4644
Lactose	S4644
Phosphorus, P	S4644

NDB No. 15070 Fish, rockfish, Pacific, mixed species, raw

Vitamin D (D2 + D3)	S4644
Tocopherol, delta	S4644
Tryptophan	S4644
Lysine	S4644
Phenylalanine	S4644
Fatty acids, total saturated	S4644
14:0	S4644
22:6 n-3 (DHA)	S4644
14:1	S4644
Fatty acids, total monounsaturated	S4644
Fatty acids, total polyunsaturated	S4644
24:0	S4644
18:1 t	S4644
22:1 t	S4644
18:2 CLAs	S4644
24:1 c	S4644
20:3 undifferentiated	S4644
22:4	S4644
Protein	S4644
Galactose	S4644
Retinol	S4644
Vitamin D	S4644
Tocopherol, beta	S4644
Thiamin	S4644
Vitamin B-12	S4644
Dihydrophylloquinone	S4644
Vitamin K (phylloquinone)	S4644
Glycine	S4644
16:0	S4644
22:0	S4644
20:5 n-3 (EPA)	S4644
Ash	S4644
Water	S4644
Manganese, Mn	S4644
Vitamin E (alpha-tocopherol)	S4644
Pantothenic acid	S4644
12:0	S4644

NDB No. 15070 Fish, rockfish, Pacific, mixed species, raw

18:2 undifferentiated	S4644
16:1 undifferentiated	S4644
22:1 undifferentiated	S4644
22:5 n-3 (DPA)	S4644
16:1 t	S4644
16:1 c	S4644
18:2 n-6 c,c	S4644
15:1	S4644
Sodium, Na	S4644
Threonine	S4644
Cystine	S4644
Tyrosine	S4644
Arginine	S4644
Fatty acids, total trans	S4644
22:1 c	S4644
Fatty acids, total trans-polyenoic	S4644
18:3 n-3 c,c,c (ALA)	S4644
Starch	S4644
Maltose	S4644
Vitamin D3 (cholecalciferol)	S4644
Tocopherol, gamma	S4644
Menaquinone-4	S4644
Isoleucine	S4644
Methionine	S4644
Histidine	S4644
Proline	S4644
Cholesterol	S4644
Fructose	S4644
Calcium, Ca	S4644
Iron, Fe	S4644
Copper, Cu	S4644
Vitamin B-6	S4644
Leucine	S4644
Valine	S4644
Aspartic acid	S4644
Serine	S4644
6:0	S4644

NDB No. 15070 Fish, rockfish, Pacific, mixed species, raw

15:0	S4644
20:2 n-6 c,c	S4644
18:3 n-6 c,c,c	S4644

NDB No. 15073 Fish, roughy, orange, raw

Selenium, Se	S1163
Niacin	S1163
Vitamin B-6	S1163
Glycine	S1163
10:0	S1163
16:1 undifferentiated	S1163
18:4	S1163
15:0	S1163
24:0	S1163
20:3 undifferentiated	S1163
Ash	S1163
Sodium, Na	S1163
Dihydrophylloquinone	S1163
Tryptophan	S1163
Isoleucine	S1163
Alanine	S1163
Aspartic acid	S1163
Glutamic acid	S1163
Fatty acids, total saturated	S1163
22:1 undifferentiated	S1163
15:1	S1163
Water	S1163
Vitamin E (alpha-tocopherol)	S1163
Tocopherol, beta	S1163
Tocopherol, gamma	S1163
Vitamin C, total ascorbic acid	S1163
Riboflavin	S1163
Vitamin B-12	S1163
Tyrosine	S1163
18:2 undifferentiated	S1163
Iron, Fe	S1163

NDB No. 15073 Fish, roughy, orange, raw

Valine	S1163
18:0	S1163
17:1	S1163
Phosphorus, P	S1163
Potassium, K	S1163
Phenylalanine	S1163
Proline	S1163
18:1 undifferentiated	S1163
14:1	S1163
Calcium, Ca	S1163
Threonine	S1163
Arginine	S1163
Serine	S1163
8:0	S1163
14:0	S1163
20:4 undifferentiated	S1163
20:5 n-3 (EPA)	S1163
20:2 n-6 c,c	S1163
Copper, Cu	S1163
Folate, total	S1163
Vitamin K (phylloquinone)	S1163
Leucine	S1163
Lysine	S1163
Cystine	S1163
Histidine	S1163
12:0	S1163
16:0	S1163
22:6 n-3 (DHA)	S1163
22:0	S1163
22:5 n-3 (DPA)	S1163
Fatty acids, total polyunsaturated	S1163
17:0	S1163
18:3 n-3 c,c,c (ALA)	S1163
Protein	S1163
Magnesium, Mg	S1163
Zinc, Zn	S1163
Manganese, Mn	S1163

NDB No. 15073 Fish, roughy, orange, raw

Tocopherol, delta	S1163
Thiamin	S1163
Pantothenic acid	S1163
Methionine	S1163
Cholesterol	S1163
20:0	S1163
18:3 undifferentiated	S1163
20:1	S1163
Fatty acids, total monounsaturated	S1163

NDB No. 15078 Fish, salmon, chinook, raw

Thiamin	D2793, D1066
Vitamin B-12	S2621
16:0	S2621, D964
18:0	S2621, D964
16:1 undifferentiated	S2621, D964
Protein	D1107, S2621, D2793, D1066
Ash	D1107, S2621, D2793, D1066
Niacin	D2793
14:0	S2621, D964
20:0	S2621
18:1 undifferentiated	S2621, D964
18:2 undifferentiated	S2621, D964
22:5 n-3 (DPA)	S2621, D964
Iron, Fe	S2621
Sodium, Na	D1073, S2621
22:6 n-3 (DHA)	S2621, D964
22:1 undifferentiated	S2621, D964
Water	D3410, D1107, S2621, D2793, D1066
Riboflavin	D2793, D1066
20:5 n-3 (EPA)	S2621, D964
18:3 undifferentiated	S2621, D964
20:1	S2621, D964
Total lipid (fat)	D1107, D1191, S2621, D964, D2793, D1066
Potassium, K	D1073
Vitamin C, total ascorbic acid	D1066

NDB No. 15078 Fish, salmon, chinook, raw

20:4 undifferentiated	S2621, D964
Calcium, Ca	S2621, D1066
Cholesterol	S2621
18:4	D964

NDB No. 15083 Fish, salmon, pink, raw

Protein	S4644
Water	S4644
Manganese, Mn	S4644
Riboflavin	S4644
Threonine	S2109
Proline	S2109
Fatty acids, total trans	S4644
16:0	S4644
18:0	S4644
18:1 t	S4644
22:1 t	S4644
Fatty acids, total trans-polyenoic	S4644
Vitamin D	S4644
Tocopherol, gamma	S4644
Glycine	S2109
14:0	S4644
20:0	S4644
14:1	S4644
Iron, Fe	S4644
Magnesium, Mg	S4644
Phosphorus, P	S4644
Sodium, Na	S4644
Niacin	S4644
Serine	S2109
22:0	S4644
24:0	S4644
16:1 c	S4644
18:1 c	S4644
15:1	S4644
18:3 n-3 c,c,c (ALA)	S4644

NDB No. 15083 Fish, salmon, pink, raw

20:3 n-3	S4644
Vitamin E (alpha-tocopherol)	S4644
Vitamin D3 (cholecalciferol)	S4644
Vitamin D (D2 + D3)	S4644
Vitamin B-6	S4644
Phenylalanine	S2109
Valine	S2109
Aspartic acid	S2109
Glutamic acid	S2109
8:0	S4644
20:1	S4644
Fatty acids, total monounsaturated	S4644
18:3 n-6 c,c,c	S4644
17:1	S4644
22:4	S4644
Calcium, Ca	S4644
Isoleucine	S2109
Leucine	S2109
Methionine	S2109
Cystine	S2109
Tyrosine	S2109
Histidine	S2109
18:1 undifferentiated	S4644
18:2 undifferentiated	S4644
20:4 undifferentiated	S4644
16:1 undifferentiated	S4644
22:5 n-3 (DPA)	S4644
17:0	S4644
18:2 n-6 c,c	S4644
22:1 c	S4644
Fatty acids, total trans-monoenoic	S4644
Selenium, Se	S4644
Tocopherol, beta	S4644
Thiamin	S4644
Vitamin B-12	S4644
22:6 n-3 (DHA)	S4644

NDB No. 15083 Fish, salmon, pink, raw

22:1 undifferentiated	S4644
Total lipid (fat)	S4644
Zinc, Zn	S4644
Tocopherol, delta	S4644
Pantothenic acid	S4644
Tryptophan	S2109
Arginine	S2109
Alanine	S2109
6:0	S4644
20:5 n-3 (EPA)	S4644
Fatty acids, total polyunsaturated	S4644
24:1 c	S4644
20:2 n-6 c,c	S4644
20:3 undifferentiated	S4644
Ash	S4644
Potassium, K	S4644
Copper, Cu	S4644
Lysine	S2109
Cholesterol	S4644
Fatty acids, total saturated	S4644
12:0	S4644
18:3 undifferentiated	S4644
18:4	S4644
15:0	S4644
16:1 t	S4644
18:2 t not further defined	S4644
18:2 CLAs	S4644
20:3 n-6	S4644

NDB No. 15084 Fish, salmon, pink, canned, solids with bone and liquid

Vitamin E (alpha-tocopherol)	S81
Tocopherol, delta	S81
Tocopherol, beta	S81
Tocopherol, gamma	S81

NDB No. 15085 Fish, salmon, sockeye, raw

NDB No. 15085 Fish, salmon, sockeye, raw

Galactose	S4528
Vitamin C, total ascorbic acid	S4528
Pantothenic acid	S4528
Vitamin B-6	S4528
Aspartic acid	S4528
24:0	S4528
16:1 c	S4528
22:1 c	S4528
17:1	S4528
Fatty acids, total trans-polyenoic	S4528
Vitamin E (alpha-tocopherol)	S4528
Vitamin D3 (cholecalciferol)	S4528
Tocopherol, gamma	S4528
Riboflavin	S4528
Menaquinone-4	S4528
Dihydrophylloquinone	S4528
Isoleucine	S4528
Histidine	S4528
8:0	S4528
20:0	S4528
18:2 undifferentiated	S4528
20:4 undifferentiated	S4528
22:1 undifferentiated	S4528
22:5 n-3 (DPA)	S4528
16:1 t	S4528
20:3 undifferentiated	S4528
Total lipid (fat)	S4528
Sucrose	S4528
Maltose	S4528
Water	S4528
Sugars, total	S4528
Niacin	S4528
Glutamic acid	S4528
Glycine	S4528
Fatty acids, total polyunsaturated	S4528
15:0	S4528
Glucose (dextrose)	S4528

NDB No. 15085 Fish, salmon, sockeye, raw

Vitamin D	S4528
Tryptophan	S4528
Threonine	S4528
Lysine	S4528
Methionine	S4528
Tyrosine	S4528
Arginine	S4528
10:0	S4528
14:0	S4528
18:0	S4528
14:1	S4528
16:1 undifferentiated	S4528
18:1 c	S4528
Fatty acids, total trans-monoenoic	S4528
15:1	S4528
20:3 n-3	S4528
Manganese, Mn	S4528
Vitamin K (phylloquinone)	S4528
Phenylalanine	S4528
Valine	S4528
Proline	S4528
Cholesterol	S4528
Fatty acids, total trans	S4528
6:0	S4528
18:1 undifferentiated	S4528
22:6 n-3 (DHA)	S4528
20:1	S4528
Fatty acids, total monounsaturated	S4528
18:1 t	S4528
18:2 t not further defined	S4528
Ash	S4528
Potassium, K	S4528
Sodium, Na	S4528
Tocopherol, delta	S4528
Thiamin	S4528
Folate, food	S4528

NDB No. 15085 Fish, salmon, sockeye, raw

Fatty acids, total saturated	S4528
12:0	S4528
18:3 undifferentiated	S4528
22:0	S4528
18:4	S4528
20:5 n-3 (EPA)	S4528
17:0	S4528
18:3 n-6 c,c,c	S4528
18:3 n-3 c,c,c (ALA)	S4528
Protein	S4528
Fructose	S4528
Lactose	S4528
Iron, Fe	S4528
Phosphorus, P	S4528
Zinc, Zn	S4528
Selenium, Se	S4528
Tocopherol, beta	S4528
Vitamin B-12	S4528
Leucine	S4528
Cystine	S4528
20:2 n-6 c,c	S4528
20:3 n-6	S4528
22:4	S4528
Starch	S4528
Calcium, Ca	S4528
Magnesium, Mg	S4528
Copper, Cu	S4528
Folate, total	S4528
Alanine	S4528
Serine	S4528
16:0	S4528
22:1 t	S4528
18:2 CLAs	S4528
24:1 c	S4528
18:2 n-6 c,c	S4528

NDB No. 15086 Fish, salmon, sockeye, cooked, dry heat

Betaine	S3461

NDB No. 15087 Fish, salmon, sockeye, canned, drained solids with bone

Protein	S2109
Phosphorus, P	S2109
Vitamin C, total ascorbic acid	S2109
Tryptophan	S2109
Arginine	S2109
Aspartic acid	S2109
10:0	S2109
14:0	S2109
20:4 undifferentiated	S2109
Fatty acids, total monounsaturated	S2109
18:3 n-6 c,c,c	S2109
Tocopherol, beta	S2109
Pantothenic acid	S2109
Vitamin B-12	S2109
Choline, total	S2109
Betaine	S2109
Lysine	S2109
Serine	S2109
8:0	S2109
20:5 n-3 (EPA)	S2109
15:0	S2109
15:1	S2109
Ash	S2109
Water	S2109
Calcium, Ca	S2109
Potassium, K	S2109
Zinc, Zn	S2109
Vitamin E (alpha-tocopherol)	S2109
Tocopherol, gamma	S2109
Thiamin	S2109
18:2 undifferentiated	S2109
Fatty acids, total polyunsaturated	S2109
24:0	S2109

NDB No. 15087 Fish, salmon, sockeye, canned, drained solids with bone

20:2 n-6 c,c	S2109
17:1	S2109
Starch	S2109
Fructose	S2109
Retinol	S2109
Vitamin K (phylloquinone)	S2109
Tyrosine	S2109
Histidine	S2109
22:1 undifferentiated	S2109
17:0	S2109
Sucrose	S2109
Maltose	S2109
Copper, Cu	S2109
Vitamin B-6	S2109
Dihydrophylloquinone	S2109
12:0	S2109
22:6 n-3 (DHA)	S2109
20:1	S2109
18:3 n-3 c,c,c (ALA)	S2109
Manganese, Mn	S2109
Selenium, Se	S2109
Tocopherol, delta	S2109
Niacin	S2109
Folate, total	S2109
Cystine	S2109
Valine	S2109
Alanine	S2109
Fatty acids, total saturated	S2109
18:0	S2109
20:0	S2109
16:1 undifferentiated	S2109
Threonine	S2109
Isoleucine	S2109
Leucine	S2109
Methionine	S2109
Phenylalanine	S2109
Glycine	S2109

NDB No. 15087 Fish, salmon, sockeye, canned, drained solids with bone

Proline	S2109
18:1 undifferentiated	S2109
22:0	S2109
Lactose	S2109
Iron, Fe	S2109
Magnesium, Mg	S2109
Sodium, Na	S2109
Riboflavin	S2109
Glutamic acid	S2109
16:0	S2109
18:3 undifferentiated	S2109
14:1	S2109
22:5 n-3 (DPA)	S2109
22:1 c	S2109
20:3 undifferentiated	S2109

NDB No. 15110 Fish, swordfish, raw

Ash	S4644
Calcium, Ca	S4644
Magnesium, Mg	S4644
Vitamin D3 (cholecalciferol)	S4644
16:0	S4644
22:0	S4644
22:5 n-3 (DPA)	S4644
24:0	S4644
20:2 n-6 c,c	S4644
16:1 c	S4644
Fatty acids, total trans-polyenoic	S4644
22:4	S4644
Zinc, Zn	S4644
Copper, Cu	S4644
Cholesterol	S4644
16:1 t	S4644
Potassium, K	S4644
Manganese, Mn	S4644
Selenium, Se	S4644

NDB No. 15110 Fish, swordfish, raw

Vitamin B-12	S4644
Fatty acids, total saturated	S4644
22:6 n-3 (DHA)	S4644
Fatty acids, total monounsaturated	S4644
18:1 t	S4644
22:1 t	S4644
18:3 n-6 c,c,c	S4644
Phosphorus, P	S4644
Thiamin	S4644
14:0	S4644
22:1 undifferentiated	S4644
24:1 c	S4644
20:3 n-6	S4644
Protein	S4644
Sodium, Na	S4644
Vitamin E (alpha-tocopherol)	S4644
Vitamin D	S4644
Tocopherol, gamma	S4644
6:0	S4644
12:0	S4644
18:0	S4644
18:1 undifferentiated	S4644
20:4 undifferentiated	S4644
16:1 undifferentiated	S4644
20:1	S4644
Fatty acids, total polyunsaturated	S4644
15:0	S4644
18:2 CLAs	S4644
18:1 c	S4644
Fatty acids, total trans-monoenoic	S4644
18:3 n-3 c,c,c (ALA)	S4644
20:3 n-3	S4644
Tocopherol, delta	S4644
Niacin	S4644
8:0	S4644
18:2 undifferentiated	S4644

NDB No. 15110 Fish, swordfish, raw

14:1	S4644
18:4	S4644
18:2 t not further defined	S4644
18:2 n-6 c,c	S4644
15:1	S4644
Total lipid (fat)	S4644
Iron, Fe	S4644
Vitamin D (D2 + D3)	S4644
Tocopherol, beta	S4644
Riboflavin	S4644
Pantothenic acid	S4644
Vitamin B-6	S4644
20:5 n-3 (EPA)	S4644
Water	S4644
Fatty acids, total trans	S4644
10:0	S4644
20:0	S4644
18:3 undifferentiated	S4644
17:0	S4644
22:1 c	S4644
17:1	S4644
20:3 undifferentiated	S4644

NDB No. 15119 Fish, tuna, light, canned in oil, drained solids

Fluoride, F	D5007
Tocopherol, gamma	S81, S121
Tocopherol, delta	S81, S121
Vitamin E (alpha-tocopherol)	S81, S121
Vitamin K (phylloquinone)	D4002, D4072
Tocopherol, beta	S81, S121

NDB No. 15121 Fish, tuna, light, canned in water, drained solids

Betaine	S27
Vitamin E (alpha-tocopherol)	S27, S87
Choline, total	S27
Tocopherol, delta	S27, S87

NDB No. 15121 Fish, tuna, light, canned in water, drained solids

Tocopherol, beta	S27, S87
Vitamin K (phylloquinone)	S27
Dihydrophylloquinone	S27
Fluoride, F	S27
Tocopherol, gamma	S27, S87

NDB No. 15124 Fish, tuna, white, canned in oil, drained solids

Fluoride, F	D5007

NDB No. 15126 Fish, tuna, white, canned in water, drained solids

Tocopherol, beta	S121
Vitamin E (alpha-tocopherol)	S121
Tocopherol, delta	S121
Vitamin K (phylloquinone)	D4072
Tocopherol, gamma	S121

NDB No. 15127 Fish, tuna, fresh, yellowfin, raw

Ash	S4644
Iron, Fe	S4644
Vitamin D3 (cholecalciferol)	S4644
Vitamin B-12	S4644
Fatty acids, total trans	S4644
14:0	S4644
16:0	S4644
Fatty acids, total polyunsaturated	S4644
18:1 t	S4644
20:3 undifferentiated	S4644
22:4	S4644
Water	S4644
Niacin	S4644
18:2 undifferentiated	S4644
20:5 n-3 (EPA)	S4644
18:2 CLAs	S4644
18:2 n-6 c,c	S4644
Fatty acids, total trans-	S4644

NDB No. 15127 Fish, tuna, fresh, yellowfin, raw

monoenoic	
Fatty acids, total trans-polyenoic	S4644
20:3 n-3	S4644
Magnesium, Mg	S4644
20:3 n-6	S4644
Potassium, K	S4644
Zinc, Zn	S4644
Vitamin D	S4644
Tocopherol, beta	S4644
Thiamin	S4644
12:0	S4644
18:0	S4644
22:6 n-3 (DHA)	S4644
22:0	S4644
Fatty acids, total monounsaturated	S4644
24:0	S4644
18:2 t not further defined	S4644
24:1 c	S4644
20:2 n-6 c,c	S4644
22:1 c	S4644
Calcium, Ca	S4644
Tocopherol, delta	S4644
Riboflavin	S4644
Vitamin B-6	S4644
14:1	S4644
18:3 n-6 c,c,c	S4644
Protein	S4644
Total lipid (fat)	S4644
Copper, Cu	S4644
Selenium, Se	S4644
Tocopherol, gamma	S4644
20:0	S4644
20:4 undifferentiated	S4644
22:5 n-3 (DPA)	S4644
17:0	S4644
16:1 c	S4644
15:1	S4644

NDB No. 15127 Fish, tuna, fresh, yellowfin, raw

Vitamin E (alpha-tocopherol)	S4644
Vitamin D (D2 + D3)	S4644
Pantothenic acid	S4644
Fatty acids, total saturated	S4644
6:0	S4644
16:1 undifferentiated	S4644
18:4	S4644
22:1 t	S4644
18:3 n-3 c,c,c (ALA)	S4644
Phosphorus, P	S4644
Sodium, Na	S4644
Manganese, Mn	S4644
Cholesterol	S4644
8:0	S4644
18:1 undifferentiated	S4644
18:3 undifferentiated	S4644
20:1	S4644
22:1 undifferentiated	S4644
15:0	S4644
16:1 t	S4644
18:1 c	S4644
17:1	S4644

NDB No. 15138 Crustaceans, crab, alaska king, imitation, made from surimi

Protein	S2661
Maltose	S2661
Thiamin	S2661
Dihydrophylloquinone	S2661
Tryptophan	S2661
Threonine	S2661
Leucine	S2661
Methionine	S2661
Arginine	S2661
14:0	S2661
20:0	S2661
18:1 t	S2661

NDB No. 15138 Crustaceans, crab, alaska king, imitation, made from surimi

20:2 n-6 c,c	S2661
20:3 n-3	S2661
Sugars, total	S2661
Tyrosine	S2661
18:0	S2661
22:6 n-3 (DHA)	S2661
22:0	S2661
14:1	S2661
24:0	S2661
18:2 CLAs	S2661
24:1 c	S2661
15:1	S2661
20:3 n-6	S2661
Total lipid (fat)	S2661
Lactose	S2661
Tocopherol, beta	S2661
Pantothenic acid	S2661
Betaine	S2661
Lysine	S2661
Cystine	S2661
Serine	S2661
12:0	S2661
17:0	S2661
17:1	S2661
18:3 n-3 c,c,c (ALA)	S2661
Galactose	S2661
Fiber, total dietary	S2661
Vitamin B-6	S2661
Isoleucine	S2661
Aspartic acid	S2661
18:1 c	S2661
18:2 n-6 c,c	S2661
Ash	S2661
Starch	S2661
Sucrose	S2661
Glucose (dextrose)	S2661
Fructose	S2661

NDB No. 15138 Crustaceans, crab, alaska king, imitation, made from surimi

Riboflavin	S2661
Folate, total	S2661
Vitamin B-12	S2661
Folate, food	S2661
8:0	S2661
10:0	S2661
18:4	S2661
22:5 n-3 (DPA)	S2661
15:0	S2661
16:1 t	S2661
18:2 t not further defined	S2661
22:1 c	S2661
18:3 n-6 c,c,c	S2661
22:4	S2661
Choline, total	S2661
Menaquinone-4	S2661
Vitamin K (phylloquinone)	S2661
Phenylalanine	S2661
Glycine	S2661
4:0	S2661
Water	S2661
Vitamin E (alpha-tocopherol)	S2661
Tocopherol, gamma	S2661
Tocopherol, delta	S2661
Niacin	S2661
Valine	S2661
Proline	S2661
20:5 n-3 (EPA)	S2661
Vitamin C, total ascorbic acid	S2661
Folic acid	S2661
Histidine	S2661
Alanine	S2661
Glutamic acid	S2661
6:0	S2661
16:0	S2661
20:1	S2661
22:1 t	S2661

NDB No. 15138 Crustaceans, crab, alaska king, imitation, made from surimi

16:1 c	S2661

NDB No. 15140 Crustaceans, crab, blue, cooked, moist heat

Glucose (dextrose)	S4645
Sugars, total	S4645
Magnesium, Mg	S4645
Potassium, K	S4645
Zinc, Zn	S4645
Vitamin D	S4645
Dihydrophylloquinone	S4645
Cystine	S4645
Tyrosine	S4645
Proline	S4645
Serine	S4645
18:1 undifferentiated	S4645
14:1	S4645
16:1 undifferentiated	S4645
20:1	S4645
22:1 t	S4645
20:3 n-3	S4645
Fructose	S4645
Maltose	S4645
Calcium, Ca	S4645
Sodium, Na	S4645
Selenium, Se	S4645
Retinol	S4645
Phenylalanine	S4645
18:0	S4645
20:4 undifferentiated	S4645
20:5 n-3 (EPA)	S4645
16:1 t	S4645
18:1 c	S4645
22:4	S4645
Copper, Cu	S4645
Thiamin	S4645
Vitamin B-6	S4645

NDB No. 15140 Crustaceans, crab, blue, cooked, moist heat

Menaquinone-4	S4645
Vitamin K (phylloquinone)	S4645
Isoleucine	S4645
Alanine	S4645
Aspartic acid	S4645
Glutamic acid	S4645
Fatty acids, total saturated	S4645
8:0	S4645
18:2 undifferentiated	S4645
22:0	S4645
22:5 n-3 (DPA)	S4645
Fatty acids, total polyunsaturated	S4645
18:2 n-6 c,c	S4645
22:1 c	S4645
20:3 undifferentiated	S4645
Fatty acids, total trans-polyenoic	S4645
15:1	S4645
18:3 n-3 c,c,c (ALA)	S4645
20:3 n-6	S4645
Sucrose	S4645
Galactose	S4645
Iron, Fe	S4645
Phosphorus, P	S4645
Tryptophan	S4645
Lysine	S4645
Histidine	S4645
Glycine	S4645
Fatty acids, total trans	S4645
20:0	S4645
17:0	S4645
18:1 t	S4645
18:2 t not further defined	S4645
Protein	S4645
Lactose	S4645
Water	S4645
Pantothenic acid	S4645
Cholesterol	S4645

NDB No. 15140 Crustaceans, crab, blue, cooked, moist heat

18:3 undifferentiated	S4645
18:2 CLAs	S4645
24:1 c	S4645
16:1 c	S4645
Fatty acids, total trans-monoenoic	S4645
Vitamin D3 (cholecalciferol)	S4645
Riboflavin	S4645
Leucine	S4645
Methionine	S4645
Fatty acids, total monounsaturated	S4645
15:0	S4645
24:0	S4645
18:3 n-6 c,c,c	S4645
Total lipid (fat)	S4645
Starch	S4645
Manganese, Mn	S4645
Vitamin D (D2 + D3)	S4645
Niacin	S4645
Threonine	S4645
Arginine	S4645
12:0	S4645
14:0	S4645
16:0	S4645
22:6 n-3 (DHA)	S4645
20:2 n-6 c,c	S4645
Ash	S4645
Vitamin B-12	S4645
Valine	S4645
6:0	S4645
18:4	S4645
22:1 undifferentiated	S4645
17:1	S4645

NDB No. 15141 Crustaceans, crab, blue, canned

Betaine	S2104

NDB No. 15141 Crustaceans, crab, blue, canned

Fluoride, F	S2104

NDB No. 15148 Crustaceans, lobster, northern, cooked, moist heat

Water	S4645
Manganese, Mn	S4645
Thiamin	S4645
Vitamin B-6	S4645
Cystine	S4645
14:0	S4645
14:1	S4645
16:1 undifferentiated	S4645
Fatty acids, total polyunsaturated	S4645
22:1 t	S4645
22:1 c	S4645
18:3 n-3 c,c,c (ALA)	S4645
Total lipid (fat)	S4645
Ash	S4645
Starch	S4645
Potassium, K	S4645
Copper, Cu	S4645
Vitamin D (D2 + D3)	S4645
18:0	S4645
18:3 undifferentiated	S4645
20:4 undifferentiated	S4645
18:4	S4645
18:3 n-6 c,c,c	S4645
15:1	S4645
Sucrose	S4645
Fructose	S4645
Iron, Fe	S4645
Magnesium, Mg	S4645
Vitamin D	S4645
Riboflavin	S4645
Niacin	S4645
Threonine	S4645
Arginine	S4645

NDB No. 15148 Crustaceans, lobster, northern, cooked, moist heat

22:6 n-3 (DHA)	S4645
22:0	S4645
24:0	S4645
20:3 undifferentiated	S4645
Phosphorus, P	S4645
Vitamin D3 (cholecalciferol)	S4645
Dihydrophylloquinone	S4645
Valine	S4645
Histidine	S4645
Proline	S4645
Cholesterol	S4645
Fatty acids, total trans	S4645
20:1	S4645
22:1 undifferentiated	S4645
22:5 n-3 (DPA)	S4645
Fatty acids, total monounsaturated	S4645
18:1 t	S4645
16:1 c	S4645
Fatty acids, total trans-polyenoic	S4645
Protein	S4645
Lactose	S4645
Galactose	S4645
Sodium, Na	S4645
Zinc, Zn	S4645
Vitamin B-12	S4645
Tryptophan	S4645
Glutamic acid	S4645
6:0	S4645
8:0	S4645
16:0	S4645
18:1 c	S4645
18:2 n-6 c,c	S4645
Fatty acids, total trans-monoenoic	S4645
20:3 n-6	S4645
Selenium, Se	S4645
Menaquinone-4	S4645

NDB No. 15148 Crustaceans, lobster, northern, cooked, moist heat

Vitamin K (phylloquinone)	S4645
Lysine	S4645
Methionine	S4645
Phenylalanine	S4645
Alanine	S4645
Serine	S4645
Fatty acids, total saturated	S4645
18:2 t not further defined	S4645
24:1 c	S4645
20:2 n-6 c,c	S4645
17:1	S4645
22:4	S4645
Calcium, Ca	S4645
Retinol	S4645
Glycine	S4645
12:0	S4645
18:1 undifferentiated	S4645
18:2 undifferentiated	S4645
18:2 CLAs	S4645
20:3 n-3	S4645
Glucose (dextrose)	S4645
Maltose	S4645
Sugars, total	S4645
Pantothenic acid	S4645
Isoleucine	S4645
Leucine	S4645
Tyrosine	S4645
Aspartic acid	S4645
4:0	S4645
20:0	S4645
20:5 n-3 (EPA)	S4645
15:0	S4645
17:0	S4645
16:1 t	S4645

NDB No. 15149 Crustaceans, shrimp, mixed species, raw

NDB No. 15149 Crustaceans, shrimp, mixed species, raw

Glucose (dextrose)	S4528
Folate, total	S4528
Leucine	S4528
Tyrosine	S4528
6:0	S4528
20:5 n-3 (EPA)	S4528
Fatty acids, total monounsaturated	S4528
18:1 t	S4528
Starch	S4528
Sucrose	S4528
Iron, Fe	S4528
Zinc, Zn	S4528
Tocopherol, beta	S4528
Vitamin B-12	S4528
Menaquinone-4	S4528
Vitamin K (phylloquinone)	S4528
Cystine	S4528
Aspartic acid	S4528
Glutamic acid	S4528
Glycine	S4528
Cholesterol	S4528
8:0	S4528
17:0	S4528
Fatty acids, total trans-polyenoic	S4528
Maltose	S4528
Phosphorus, P	S4528
Sodium, Na	S4528
Copper, Cu	S4528
Tocopherol, delta	S4528
Pantothenic acid	S4528
Vitamin B-6	S4528
Isoleucine	S4528
Lysine	S4528
Serine	S4528
12:0	S4528
20:0	S4528
16:1 undifferentiated	S4528

NDB No. 15149 Crustaceans, shrimp, mixed species, raw

20:1	S4528
18:2 t not further defined	S4528
18:2 n-6 c,c	S4528
Fructose	S4528
Lactose	S4528
Niacin	S4528
Arginine	S4528
Histidine	S4528
10:0	S4528
16:0	S4528
18:2 undifferentiated	S4528
24:1 c	S4528
18:1 c	S4528
22:1 c	S4528
20:3 n-3	S4528
20:3 n-6	S4528
Protein	S4528
Total lipid (fat)	S4528
Water	S4528
Sugars, total	S4528
Vitamin E (alpha-tocopherol)	S4528
Alanine	S4528
20:4 undifferentiated	S4528
18:4	S4528
22:1 t	S4528
18:2 CLAs	S4528
15:1	S4528
Ash	S4528
Calcium, Ca	S4528
Potassium, K	S4528
Vitamin D3 (cholecalciferol)	S4528
Threonine	S4528
Proline	S4528
Fatty acids, total trans	S4528
18:0	S4528
18:3 undifferentiated	S4528
Fatty acids, total polyunsaturated	S4528

NDB No. 15149 Crustaceans, shrimp, mixed species, raw

24:0	S4528
18:3 n-6 c,c,c	S4528
20:3 undifferentiated	S4528
22:4	S4528
Galactose	S4528
Tocopherol, gamma	S4528
Vitamin C, total ascorbic acid	S4528
Thiamin	S4528
Riboflavin	S4528
Dihydrophylloquinone	S4528
Phenylalanine	S4528
14:0	S4528
18:1 undifferentiated	S4528
22:6 n-3 (DHA)	S4528
22:1 undifferentiated	S4528
15:0	S4528
16:1 c	S4528
17:1	S4528
18:3 n-3 c,c,c (ALA)	S4528
Magnesium, Mg	S4528
Manganese, Mn	S4528
Selenium, Se	S4528
Vitamin D	S4528
Folate, food	S4528
Tryptophan	S4528
Methionine	S4528
Valine	S4528
Fatty acids, total saturated	S4528
22:0	S4528
14:1	S4528
22:5 n-3 (DPA)	S4528
16:1 t	S4528
20:2 n-6 c,c	S4528
Fatty acids, total trans-monoenoic	S4528

NDB No. 15150 Crustaceans, shrimp, mixed species, cooked, breaded and fried

NDB No. 15150 Crustaceans, shrimp, mixed species, cooked, breaded and fried

Fluoride, F	D5007

NDB No. 15152 Crustaceans, shrimp, mixed species, canned

Water	S2104
Potassium, K	S2104
Zinc, Zn	S2104
Vitamin E (alpha-tocopherol)	S84, S87
Vitamin K (phylloquinone)	D4002
Tryptophan	S2104
Lysine	S2104
Glycine	S2104
18:0	S2104
20:0	S2104
15:0	S2104
Tocopherol, gamma	S84, S87
Thiamin	S2104
Folate, total	S2104
Choline, total	S2104, S3461
Threonine	S2104
22:0	S2104
17:0	S2104
Iron, Fe	S2104
Fluoride, F	S2104
Vitamin B-6	S2104
Vitamin B-12	S2104
Alanine	S2104
8:0	S2104
10:0	S2104
12:0	S2104
18:3 n-6 c,c,c	S2104
20:3 undifferentiated	S2104
Calcium, Ca	S2104
Sodium, Na	S2104
Tocopherol, delta	S84, S87
Dihydrophylloquinone	S2104
Methionine	S2104

NDB No. 15152 Crustaceans, shrimp, mixed species, canned

Phenylalanine	S2104
Tyrosine	S2104
Valine	S2104
Glutamic acid	S2104
16:0	S2104
20:2 n-6 c,c	S2104
Manganese, Mn	S2104
Selenium, Se	S2104
Vitamin C, total ascorbic acid	S2104
Pantothenic acid	S2104
Leucine	S2104
Histidine	S2104
Total lipid (fat)	S2104
Ash	S2104
Isoleucine	S2104
Arginine	S2104
Aspartic acid	S2104
Serine	S2104
14:0	S2104
18:2 undifferentiated	S2104
20:1	S2104
18:3 n-3 c,c,c (ALA)	S2104
Magnesium, Mg	S2104
Phosphorus, P	S2104
Copper, Cu	S2104
Tocopherol, beta	S84, S87
Riboflavin	S2104
Niacin	S2104
Cystine	S2104
Proline	S2104
20:4 undifferentiated	S2104
14:1	S2104
17:1	S2104
15:1	S2104
Protein	S2104
Cholesterol	S2104
18:1 undifferentiated	S2104

NDB No. 15152 Crustaceans, shrimp, mixed species, canned

18:3 undifferentiated	S2104
16:1 undifferentiated	S2104

NDB No. 15157 Mollusks, clam, mixed species, raw

Lactose	S4528
Sodium, Na	S4528
Vitamin D (D2 + D3)	S4528
Valine	S4528
Aspartic acid	S4528
Glycine	S4528
Fatty acids, total saturated	S4528
6:0	S4528
18:4	S4528
20:5 n-3 (EPA)	S4528
Fatty acids, total polyunsaturated	S4528
24:0	S4528
18:1 t	S4528
18:2 t not further defined	S4528
24:1 c	S4528
18:2 n-6 c,c	S4528
20:3 n-6	S4528
Calcium, Ca	S4528
Zinc, Zn	S4528
Tocopherol, beta	S4528
Thiamin	S4528
Riboflavin	S4528
Pantothenic acid	S4528
Vitamin B-12	S4528
Tryptophan	S4528
Isoleucine	S4528
16:0	S4528
20:0	S4528
18:3 undifferentiated	S4528
14:1	S4528
20:2 n-6 c,c	S4528
18:1 c	S4528

NDB No. 15157 Mollusks, clam, mixed species, raw

17:1	S4528
Total lipid (fat)	S4528
Ash	S4528
Maltose	S4528
Phosphorus, P	S4528
Vitamin D	S4528
Vitamin B-6	S4528
Lysine	S4528
Phenylalanine	S4528
Serine	S4528
Cholesterol	S4528
Fatty acids, total monounsaturated	S4528
16:1 t	S4528
Fatty acids, total trans-monoenoic	S4528
15:1	S4528
18:3 n-3 c,c,c (ALA)	S4528
Potassium, K	S4528
Copper, Cu	S4528
Tocopherol, gamma	S4528
Leucine	S4528
20:1	S4528
22:5 n-3 (DPA)	S4528
17:0	S4528
20:3 n-3	S4528
Glucose (dextrose)	S4528
Sugars, total	S4528
Selenium, Se	S4528
Vitamin D3 (cholecalciferol)	S4528
Dihydrophylloquinone	S4528
Methionine	S4528
Tyrosine	S4528
Alanine	S4528
Fatty acids, total trans	S4528
10:0	S4528
20:4 undifferentiated	S4528
22:6 n-3 (DHA)	S4528

NDB No. 15157 Mollusks, clam, mixed species, raw

22:0	S4528
20:3 undifferentiated	S4528
22:4	S4528
Sucrose	S4528
Water	S4528
Galactose	S4528
Iron, Fe	S4528
Magnesium, Mg	S4528
Manganese, Mn	S4528
Vitamin C, total ascorbic acid	S4528
Menaquinone-4	S4528
Threonine	S4528
Glutamic acid	S4528
Proline	S4528
8:0	S4528
14:0	S4528
18:2 undifferentiated	S4528
22:1 undifferentiated	S4528
15:0	S4528
Protein	S4528
Starch	S4528
Tocopherol, delta	S4528
Vitamin K (phylloquinone)	S4528
Arginine	S4528
Histidine	S4528
12:0	S4528
18:0	S4528
16:1 c	S4528
22:1 c	S4528
Fatty acids, total trans-polyenoic	S4528
Fructose	S4528
Vitamin E (alpha-tocopherol)	S4528
Niacin	S4528
Folate, total	S4528
Folate, food	S4528
Cystine	S4528
18:1 undifferentiated	S4528

NDB No. 15157 Mollusks, clam, mixed species, raw

16:1 undifferentiated	S4528
22:1 t	S4528
18:2 CLAs	S4528
18:3 n-6 c,c,c	S4528

NDB No. 15162 Mollusks, clam, mixed species, canned, liquid

Tocopherol, beta	S121
Tocopherol, gamma	S121
Vitamin E (alpha-tocopherol)	S121
Tocopherol, delta	S121

NDB No. 15164 Mollusks, mussel, blue, raw

Tocopherol, beta	S121
Tocopherol, gamma	S121
Tocopherol, delta	S121
Vitamin E (alpha-tocopherol)	S121

NDB No. 15169 Mollusks, oyster, eastern, wild, cooked, moist heat

Protein	S4645
Fructose	S4645
Sugars, total	S4645
Copper, Cu	S4645
Menaquinone-4	S4645
Vitamin K (phylloquinone)	S4645
Leucine	S4645
Lysine	S4645
Arginine	S4645
Histidine	S4645
Alanine	S4645
Fatty acids, total saturated	S4645
6:0	S4645
18:3 undifferentiated	S4645
14:1	S4645
16:1 t	S4645
20:2 n-6 c,c	S4645

NDB No. 15169 Mollusks, oyster, eastern, wild, cooked, moist heat

Sucrose	S4645
Lactose	S4645
Calcium, Ca	S4645
Glutamic acid	S4645
22:0	S4645
18:4	S4645
24:0	S4645
22:1 c	S4645
Total lipid (fat)	S4645
Iron, Fe	S4645
Pantothenic acid	S4645
Threonine	S4645
Phenylalanine	S4645
Fatty acids, total trans	S4645
16:1 undifferentiated	S4645
20:1	S4645
22:1 undifferentiated	S4645
Fatty acids, total polyunsaturated	S4645
20:3 undifferentiated	S4645
Fatty acids, total trans-monoenoic	S4645
Fatty acids, total trans-polyenoic	S4645
Glucose (dextrose)	S4645
Phosphorus, P	S4645
Zinc, Zn	S4645
Selenium, Se	S4645
Vitamin D (D2 + D3)	S4645
Vitamin B-12	S4645
Dihydrophylloquinone	S4645
18:1 undifferentiated	S4645
Fatty acids, total monounsaturated	S4645
18:2 n-6 c,c	S4645
18:3 n-3 c,c,c (ALA)	S4645
Starch	S4645
Niacin	S4645
Vitamin B-6	S4645
Tryptophan	S4645

NDB No. 15169 Mollusks, oyster, eastern, wild, cooked, moist heat

Cystine	S4645
Valine	S4645
Glycine	S4645
Proline	S4645
Serine	S4645
Cholesterol	S4645
12:0	S4645
16:0	S4645
18:0	S4645
20:5 n-3 (EPA)	S4645
17:0	S4645
18:2 CLAs	S4645
Maltose	S4645
Water	S4645
Magnesium, Mg	S4645
Vitamin D	S4645
Vitamin D3 (cholecalciferol)	S4645
Aspartic acid	S4645
18:2 undifferentiated	S4645
15:0	S4645
22:1 t	S4645
18:2 t not further defined	S4645
18:1 c	S4645
18:3 n-6 c,c,c	S4645
17:1	S4645
20:3 n-3	S4645
22:4	S4645
Retinol	S4645
Riboflavin	S4645
Tyrosine	S4645
14:0	S4645
20:0	S4645
24:1 c	S4645
Ash	S4645
Galactose	S4645
Potassium, K	S4645
Sodium, Na	S4645

NDB No. 15169 Mollusks, oyster, eastern, wild, cooked, moist heat

Manganese, Mn	S4645
Thiamin	S4645
Isoleucine	S4645
Methionine	S4645
20:4 undifferentiated	S4645
22:6 n-3 (DHA)	S4645
22:5 n-3 (DPA)	S4645
18:1 t	S4645
16:1 c	S4645
15:1	S4645
20:3 n-6	S4645

NDB No. 15172 Mollusks, scallop, mixed species, raw

Fructose	S4645
Zinc, Zn	S4645
Thiamin	S4645
Pantothenic acid	S4645
Valine	S4645
Glycine	S4645
Fatty acids, total trans	S4645
10:0	S4645
12:0	S4645
Fatty acids, total monounsaturated	S4645
Protein	S4645
Starch	S4645
Lactose	S4645
Magnesium, Mg	S4645
Potassium, K	S4645
Lysine	S4645
Methionine	S4645
18:3 undifferentiated	S4645
16:1 undifferentiated	S4645
Fatty acids, total trans-polyenoic	S4645
15:1	S4645
Sucrose	S4645
Sodium, Na	S4645

NDB No. 15172 Mollusks, scallop, mixed species, raw

Retinol	S4645
Cystine	S4645
Histidine	S4645
Glutamic acid	S4645
Fatty acids, total saturated	S4645
6:0	S4645
14:0	S4645
16:0	S4645
18:1 undifferentiated	S4645
18:2 undifferentiated	S4645
22:6 n-3 (DHA)	S4645
18:1 c	S4645
22:4	S4645
Maltose	S4645
Vitamin D3 (cholecalciferol)	S4645
Riboflavin	S4645
Niacin	S4645
Menaquinone-4	S4645
Threonine	S4645
Isoleucine	S4645
Phenylalanine	S4645
Arginine	S4645
Cholesterol	S4645
18:0	S4645
20:1	S4645
22:1 undifferentiated	S4645
22:1 t	S4645
20:2 n-6 c,c	S4645
18:3 n-6 c,c,c	S4645
18:3 n-3 c,c,c (ALA)	S4645
Total lipid (fat)	S4645
Phosphorus, P	S4645
Selenium, Se	S4645
Vitamin B-6	S4645
Leucine	S4645
14:1	S4645
18:2 t not further defined	S4645

NDB No. 15172 Mollusks, scallop, mixed species, raw

24:1 c	S4645
18:2 n-6 c,c	S4645
Fatty acids, total trans-monoenoic	S4645
Water	S4645
Sugars, total	S4645
Copper, Cu	S4645
Vitamin D	S4645
Tyrosine	S4645
Alanine	S4645
20:5 n-3 (EPA)	S4645
24:0	S4645
16:1 t	S4645
Ash	S4645
Glucose (dextrose)	S4645
Galactose	S4645
Calcium, Ca	S4645
Dihydrophylloquinone	S4645
Proline	S4645
20:4 undifferentiated	S4645
18:4	S4645
22:5 n-3 (DPA)	S4645
15:0	S4645
18:1 t	S4645
18:2 CLAs	S4645
16:1 c	S4645
22:1 c	S4645
17:1	S4645
20:3 undifferentiated	S4645
20:3 n-3	S4645
20:3 n-6	S4645
Iron, Fe	S4645
Manganese, Mn	S4645
Vitamin D (D2 + D3)	S4645
Vitamin B-12	S4645
Vitamin K (phylloquinone)	S4645
Tryptophan	S4645
Aspartic acid	S4645

NDB No. 15172 Mollusks, scallop, mixed species, raw

Serine	S4645
8:0	S4645
20:0	S4645
22:0	S4645
Fatty acids, total polyunsaturated	S4645
17:0	S4645

NDB No. 15183 Fish, tuna, light, canned in oil, without salt, drained solids

Fluoride, F	D5007

NDB No. 15184 Fish, tuna, light, canned in water, without salt, drained solids

Fluoride, F	S27

NDB No. 15185 Fish, tuna, white, canned in oil, without salt, drained solids

Fluoride, F	D5007

NDB No. 15232 Fish, roughy, orange, cooked, dry heat

Magnesium, Mg	S1163
Folate, total	S1163
Phenylalanine	S1163
10:0	S1163
14:0	S1163
18:2 undifferentiated	S1163
Proline	S1163
16:1 undifferentiated	S1163
24:0	S1163
20:3 undifferentiated	S1163
Niacin	S1163
Vitamin B-12	S1163
Lysine	S1163
Tyrosine	S1163
Aspartic acid	S1163
Glutamic acid	S1163
18:3 undifferentiated	S1163

NDB No. 15232 Fish, roughy, orange, cooked, dry heat

22:0	S1163
22:5 n-3 (DPA)	S1163
Potassium, K	S1163
Copper, Cu	S1163
Selenium, Se	S1163
Tocopherol, delta	S1163
Thiamin	S1163
Riboflavin	S1163
Methionine	S1163
8:0	S1163
16:0	S1163
20:0	S1163
17:0	S1163
17:1	S1163
Ash	S1163
Manganese, Mn	S1163
Vitamin E (alpha-tocopherol)	S1163
Tocopherol, beta	S1163
Dihydrophylloquinone	S1163
Leucine	S1163
Histidine	S1163
Alanine	S1163
Serine	S1163
12:0	S1163
20:4 undifferentiated	S1163
20:2 n-6 c,c	S1163
Phosphorus, P	S1163
Pantothenic acid	S1163
Vitamin K (phylloquinone)	S1163
Threonine	S1163
Isoleucine	S1163
Cystine	S1163
Valine	S1163
Glycine	S1163
Cholesterol	S1163
22:6 n-3 (DHA)	S1163
18:4	S1163

NDB No. 15232 Fish, roughy, orange, cooked, dry heat

22:1 undifferentiated	S1163
18:3 n-3 c,c,c (ALA)	S1163
Water	S1163
Sodium, Na	S1163
Tocopherol, gamma	S1163
Vitamin B-6	S1163
Tryptophan	S1163
Fatty acids, total saturated	S1163
18:0	S1163
18:1 undifferentiated	S1163
20:5 n-3 (EPA)	S1163
Fatty acids, total monounsaturated	S1163
15:0	S1163
15:1	S1163
Protein	S1163
Calcium, Ca	S1163
Iron, Fe	S1163
Zinc, Zn	S1163
Arginine	S1163
14:1	S1163
20:1	S1163
Fatty acids, total polyunsaturated	S1163

NDB No. 15234 Fish, catfish, channel, farmed, raw

Vitamin B-12	S4643
Menaquinone-4	S4643
6:0	S4643
14:1	S4643
18:1 t	S4643
18:1 c	S4643
22:1 c	S4643
Fatty acids, total trans-polyenoic	S4643
20:3 n-3	S4643
Total lipid (fat)	S4643
Zinc, Zn	S4643
Manganese, Mn	S4643

NDB No. 15234 Fish, catfish, channel, farmed, raw

Vitamin E (alpha-tocopherol)	S4643
Tocopherol, beta	S4643
Valine	S4643
14:0	S4643
18:2 undifferentiated	S4643
24:0	S4643
20:3 n-6	S4643
22:4	S4643
Protein	S4643
Lactose	S4643
Copper, Cu	S4643
Vitamin D3 (cholecalciferol)	S4643
Tocopherol, delta	S4643
Tryptophan	S4643
Lysine	S4643
Arginine	S4643
Cholesterol	S4643
Fatty acids, total trans	S4643
16:1 undifferentiated	S4643
20:5 n-3 (EPA)	S4643
18:2 CLAs	S4643
18:3 n-6 c,c,c	S4643
Fatty acids, total trans-monoenoic	S4643
18:3 n-3 c,c,c (ALA)	S4643
Maltose	S4643
Water	S4643
Phosphorus, P	S4643
Vitamin D	S4643
Vitamin D (D2 + D3)	S4643
Vitamin C, total ascorbic acid	S4643
Vitamin B-6	S4643
Tyrosine	S4643
Glutamic acid	S4643
8:0	S4643
18:0	S4643
18:3 undifferentiated	S4643
Starch	S4643

NDB No. 15234 Fish, catfish, channel, farmed, raw

Magnesium, Mg	S4643
Selenium, Se	S4643
Thiamin	S4643
Glycine	S4643
Fatty acids, total saturated	S4643
12:0	S4643
20:0	S4643
22:0	S4643
22:1 undifferentiated	S4643
Fatty acids, total polyunsaturated	S4643
15:0	S4643
18:2 n-6 c,c	S4643
17:1	S4643
20:3 undifferentiated	S4643
Ash	S4643
Galactose	S4643
Calcium, Ca	S4643
Sodium, Na	S4643
Retinol	S4643
Niacin	S4643
Pantothenic acid	S4643
Dihydrophylloquinone	S4643
Vitamin K (phylloquinone)	S4643
Cystine	S4643
Phenylalanine	S4643
Histidine	S4643
Alanine	S4643
Proline	S4643
18:1 undifferentiated	S4643
Fatty acids, total monounsaturated	S4643
18:2 t not further defined	S4643
20:2 n-6 c,c	S4643
15:1	S4643
Glucose (dextrose)	S4643
Potassium, K	S4643
Tocopherol, gamma	S4643
Riboflavin	S4643

NDB No. 15234 Fish, catfish, channel, farmed, raw

Methionine	S4643
Aspartic acid	S4643
16:0	S4643
20:1	S4643
16:1 c	S4643
Fructose	S4643
Iron, Fe	S4643
Threonine	S4643
Isoleucine	S4643
Leucine	S4643
Serine	S4643
10:0	S4643
20:4 undifferentiated	S4643
22:6 n-3 (DHA)	S4643
18:4	S4643
22:5 n-3 (DPA)	S4643
17:0	S4643
16:1 t	S4643
22:1 t	S4643
24:1 c	S4643

NDB No. 15236 Fish, salmon, Atlantic, farmed, raw

Protein	S3548
Thiamin	S3548
Isoleucine	S3548
Cystine	S3548
14:1	S3548
Total lipid (fat)	S3548
Phosphorus, P	S3548
Manganese, Mn	S3548
Hydroxyproline	S3548
18:1 undifferentiated	S3548
20:4 undifferentiated	S3548
20:2 n-6 c,c	S3548
15:1	S3548
Magnesium, Mg	S3548

NDB No. 15236 Fish, salmon, Atlantic, farmed, raw

Tocopherol, delta	S3548
Pantothenic acid	S3548
Tryptophan	S3548
Alanine	S3548
Glutamic acid	S3548
Proline	S3548
18:0	S3548
18:3 n-6 c,c,c	S3548
18:3 n-3 c,c,c (ALA)	S3548
Potassium, K	S3548
Vitamin E (alpha-tocopherol)	S3548
Vitamin B-12	S3548
Threonine	S3548
Leucine	S3548
Tyrosine	S3548
Aspartic acid	S3548
18:2 undifferentiated	S3548
20:1	S3548
22:5 n-3 (DPA)	S3548
17:1	S3548
Calcium, Ca	S3548
Sodium, Na	S3548
Vitamin B-6	S3548
Glycine	S3548
20:0	S3548
22:6 n-3 (DHA)	S3548
22:1 undifferentiated	S3548
Iron, Fe	S3548
Copper, Cu	S3548
Selenium, Se	S3548
Tocopherol, beta	S3548
Niacin	S3548
Choline, total	S3548
Vitamin K (phylloquinone)	S3548
Betaine	S3548
Lysine	S3548
Methionine	S3548

NDB No. 15236 Fish, salmon, Atlantic, farmed, raw

Phenylalanine	S3548
Serine	S3548
17:0	S3548
Water	S3548
Zinc, Zn	S3548
Tocopherol, gamma	S3548
Menaquinone-4	S3548
Arginine	S3548
10:0	S3548
12:0	S3548
14:0	S3548
18:3 undifferentiated	S3548
22:0	S3548
24:0	S3548
Ash	S3548
Riboflavin	S3548
Dihydrophylloquinone	S3548
Valine	S3548
Histidine	S3548
Cholesterol	S3548
8:0	S3548
16:0	S3548
16:1 undifferentiated	S3548
18:4	S3548
20:5 n-3 (EPA)	S3548
15:0	S3548
20:3 undifferentiated	S3548

NDB No. 15240 Fish, trout, rainbow, farmed, raw

Ash	S4643
Sodium, Na	S4643
Copper, Cu	S4643
Manganese, Mn	S4643
Tocopherol, gamma	S4643
Thiamin	S4643
8:0	S4643

NDB No. 15240 Fish, trout, rainbow, farmed, raw

18:0	S4643
18:2 CLAs	S4643
18:3 n-3 c,c,c (ALA)	S4643
Calcium, Ca	S4643
Magnesium, Mg	S4643
Zinc, Zn	S4643
Vitamin D	S4643
Vitamin D (D2 + D3)	S4643
14:0	S4643
Fatty acids, total polyunsaturated	S4643
24:0	S4643
18:2 n-6 c,c	S4643
22:4	S4643
Water	S4643
Phosphorus, P	S4643
Vitamin E (alpha-tocopherol)	S4643
18:3 undifferentiated	S4643
20:5 n-3 (EPA)	S4643
16:1 c	S4643
Iron, Fe	S4643
Potassium, K	S4643
Pantothenic acid	S4643
10:0	S4643
20:0	S4643
18:1 undifferentiated	S4643
14:1	S4643
18:4	S4643
20:1	S4643
24:1 c	S4643
22:1 c	S4643
17:1	S4643
20:3 n-6	S4643
Total lipid (fat)	S4643
Tocopherol, delta	S4643
Niacin	S4643
Fatty acids, total trans	S4643
20:4 undifferentiated	S4643

NDB No. 15240 Fish, trout, rainbow, farmed, raw

17:0	S4643
18:1 t	S4643
18:2 t not further defined	S4643
20:2 n-6 c,c	S4643
18:1 c	S4643
Fatty acids, total trans-monoenoic	S4643
Fatty acids, total trans-polyenoic	S4643
Vitamin D3 (cholecalciferol)	S4643
Vitamin B-12	S4643
Cholesterol	S4643
16:0	S4643
18:2 undifferentiated	S4643
22:5 n-3 (DPA)	S4643
Fatty acids, total monounsaturated	S4643
Selenium, Se	S4643
Vitamin B-6	S4643
Fatty acids, total saturated	S4643
12:0	S4643
22:0	S4643
22:1 undifferentiated	S4643
15:0	S4643
16:1 t	S4643
Protein	S4643
Tocopherol, beta	S4643
Riboflavin	S4643
6:0	S4643
22:6 n-3 (DHA)	S4643
16:1 undifferentiated	S4643
22:1 t	S4643
18:3 n-6 c,c,c	S4643
20:3 undifferentiated	S4643
15:1	S4643
20:3 n-3	S4643

NDB No. 15260 Fish, salmon, pink, canned, drained solids with bone

NDB No. 15260 Fish, salmon, pink, canned, drained solids with bone

Potassium, K	S2109
Vitamin B-6	S2109
Threonine	S2109
12:0	S2109
18:2 undifferentiated	S2109
22:0	S2109
17:0	S2109
22:1 c	S2109
18:3 n-6 c,c,c	S2109
18:3 n-3 c,c,c (ALA)	S2109
Ash	S2109
Glucose (dextrose)	S2109
Retinol	S2109
Choline, total	S2109
Tryptophan	S2109
Alanine	S2109
Aspartic acid	S2109
Glycine	S2109
15:1	S2109
Sucrose	S2109
Magnesium, Mg	S2109
Manganese, Mn	S2109
Thiamin	S2109
Folate, total	S2109
Tyrosine	S2109
Fatty acids, total monounsaturated	S2109
Total lipid (fat)	S2109
Water	S2109
Iron, Fe	S2109
Zinc, Zn	S2109
Vitamin E (alpha-tocopherol)	S2109
Vitamin D	S2109
Tocopherol, beta	S2109
Pantothenic acid	S2109
14:0	S2109
16:0	S2109
18:0	S2109

NDB No. 15260 Fish, salmon, pink, canned, drained solids with bone

20:4 undifferentiated	S2109
22:1 undifferentiated	S2109
Fatty acids, total polyunsaturated	S2109
Protein	S2109
Lactose	S2109
Maltose	S2109
Sodium, Na	S2109
Tocopherol, delta	S2109
Niacin	S2109
Phenylalanine	S2109
15:0	S2109
Calcium, Ca	S2109
Selenium, Se	S2109
Menaquinone-4	S2109
Dihydrophylloquinone	S2109
Betaine	S2109
Isoleucine	S2109
Methionine	S2109
Histidine	S2109
Proline	S2109
8:0	S2109
18:1 undifferentiated	S2109
18:3 undifferentiated	S2109
20:1	S2109
20:5 n-3 (EPA)	S2109
24:0	S2109
Starch	S2109
Fructose	S2109
Phosphorus, P	S2109
Vitamin C, total ascorbic acid	S2109
Leucine	S2109
Cystine	S2109
Valine	S2109
Serine	S2109
Cholesterol	S2109
10:0	S2109
22:6 n-3 (DHA)	S2109

NDB No. 15260 Fish, salmon, pink, canned, drained solids with bone

20:2 n-6 c,c	S2109
Copper, Cu	S2109
Tocopherol, gamma	S2109
Riboflavin	S2109
Vitamin B-12	S2109
Vitamin K (phylloquinone)	S2109
Lysine	S2109
Arginine	S2109
Glutamic acid	S2109
Fatty acids, total saturated	S2109
20:0	S2109
14:1	S2109
16:1 undifferentiated	S2109
22:5 n-3 (DPA)	S2109
17:1	S2109
20:3 undifferentiated	S2109

NDB No. 15261 Fish, tilapia, raw

Tryptophan	S1163
Phenylalanine	S1163
Arginine	S1163
Fatty acids, total saturated	S1163
8:0	S1163
12:0	S1163
22:0	S1163
20:5 n-3 (EPA)	S1163
15:1	S1163
Sodium, Na	S1163
Tocopherol, gamma	S1163
Vitamin B-12	S1163
Glutamic acid	S1163
10:0	S1163
14:1	S1163
24:0	S1163
20:3 undifferentiated	S1163
18:3 n-3 c,c,c (ALA)	S1163

NDB No. 15261 Fish, tilapia, raw

Iron, Fe	S1163
Phosphorus, P	S1163
Copper, Cu	S1163
Manganese, Mn	S1163
Choline, total	S1163
Isoleucine	S1163
Tyrosine	S1163
Glycine	S1163
16:0	S1163
18:1 undifferentiated	S1163
22:6 n-3 (DHA)	S1163
22:1 undifferentiated	S1163
Calcium, Ca	S1163
Zinc, Zn	S1163
Tocopherol, delta	S1163
Vitamin B-6	S1163
Vitamin K (phylloquinone)	S1163
Histidine	S1163
14:0	S1163
18:0	S1163
20:4 undifferentiated	S1163
16:1 undifferentiated	S1163
20:2 n-6 c,c	S1163
Ash	S1163
Potassium, K	S1163
Thiamin	S1163
Riboflavin	S1163
Pantothenic acid	S1163
Leucine	S1163
Methionine	S1163
Proline	S1163
Fatty acids, total polyunsaturated	S1163
17:1	S1163
Protein	S1163
Total lipid (fat)	S1163
Dihydrophylloquinone	S1163
Threonine	S1163

NDB No. 15261 Fish, tilapia, raw

Aspartic acid	S1163
18:2 undifferentiated	S1163
18:3 undifferentiated	S1163
20:1	S1163
17:0	S1163
Magnesium, Mg	S1163
Niacin	S1163
Folate, total	S1163
Betaine	S1163
Cystine	S1163
Valine	S1163
18:4	S1163
22:5 n-3 (DPA)	S1163
Fatty acids, total monounsaturated	S1163
15:0	S1163
Water	S1163
Selenium, Se	S1163
Vitamin E (alpha-tocopherol)	S1163
Tocopherol, beta	S1163
Lysine	S1163
Alanine	S1163
Serine	S1163
Cholesterol	S1163
20:0	S1163

NDB No. 15262 Fish, tilapia, cooked, dry heat

Calcium, Ca	S1163
Potassium, K	S1163
Tocopherol, beta	S1163
Tocopherol, delta	S1163
Threonine	S1163
Leucine	S1163
14:0	S1163
20:0	S1163
20:1	S1163
Copper, Cu	S1163

NDB No. 15262 Fish, tilapia, cooked, dry heat

Tocopherol, gamma	S1163
Lysine	S1163
Phenylalanine	S1163
Arginine	S1163
Histidine	S1163
Glycine	S1163
Proline	S1163
18:2 undifferentiated	S1163
22:6 n-3 (DHA)	S1163
14:1	S1163
22:1 undifferentiated	S1163
Fatty acids, total monounsaturated	S1163
Fatty acids, total polyunsaturated	S1163
17:0	S1163
17:1	S1163
15:1	S1163
Methionine	S1163
10:0	S1163
18:3 undifferentiated	S1163
20:3 undifferentiated	S1163
Phosphorus, P	S1163
Zinc, Zn	S1163
Niacin	S1163
Vitamin B-6	S1163
16:1 undifferentiated	S1163
18:4	S1163
22:5 n-3 (DPA)	S1163
Total lipid (fat)	S1163
Water	S1163
Vitamin E (alpha-tocopherol)	S1163
Thiamin	S1163
Pantothenic acid	S1163
Dihydrophylloquinone	S1163
Serine	S1163
Fatty acids, total saturated	S1163
16:0	S1163
18:1 undifferentiated	S1163

NDB No. 15262 Fish, tilapia, cooked, dry heat

20:4 undifferentiated	S1163
24:0	S1163
Iron, Fe	S1163
Magnesium, Mg	S1163
Manganese, Mn	S1163
Selenium, Se	S1163
Riboflavin	S1163
Vitamin K (phylloquinone)	S1163
Tryptophan	S1163
Cystine	S1163
Alanine	S1163
Cholesterol	S1163
15:0	S1163
20:2 n-6 c,c	S1163
18:3 n-3 c,c,c (ALA)	S1163
Protein	S1163
Ash	S1163
Folate, total	S1163
Vitamin B-12	S1163
Valine	S1163
Aspartic acid	S1163
18:0	S1163
Sodium, Na	S1163
Isoleucine	S1163
Tyrosine	S1163
Glutamic acid	S1163
8:0	S1163
12:0	S1163
22:0	S1163
20:5 n-3 (EPA)	S1163

NDB No. 16006 Beans, baked, canned, plain or vegetarian

Protein	S1164
Sucrose	S1164
Fructose	S1164
Potassium, K	S1164

NDB No. 16006 Beans, baked, canned, plain or vegetarian

Tocopherol, gamma	S1164
Leucine	S1164
Hydroxyproline	S1164
20:0	S1164
22:1 undifferentiated	S1164
17:0	S1164
18:3 n-3 c,c,c (ALA)	S1164
Glucose (dextrose)	S1164
Tocopherol, delta	S1164
Vitamin B-6	S1164
Betaine	S1164
Arginine	S1164
Glycine	S1164
Fatty acids, total trans	S1164
Fatty acids, total saturated	S1164
6:0	S1164
16:1 undifferentiated	S1164
Fatty acids, total monounsaturated	S1164
15:0	S1164
18:3 n-6 c,c,c	S1164
Fatty acids, total trans-monoenoic	S1164
15:1	S1164
Water	S1164, S1401
Magnesium, Mg	S1164
Manganese, Mn	S1164
Lycopene	S1164
Tocopherol, beta	S1164
Riboflavin	S1164
Niacin	S1164
Folate, total	S1164
Methionine	S1164
Histidine	S1164
Glutamic acid	S1164
4:0	S1164
10:0	S1164
18:2 undifferentiated	S1164

NDB No. 16006 Beans, baked, canned, plain or vegetarian

20:5 n-3 (EPA)	S1164
Total lipid (fat)	S1164
Galactose	S1164
Fiber, total dietary	S1164, S1401
Vitamin E (alpha-tocopherol)	S1164
Tryptophan	S1164
Phenylalanine	S1164
Tyrosine	S1164
Serine	S1164
12:0	S1164
14:0	S1164
16:0	S1164
18:0	S1164
20:3 undifferentiated	S1164
Ash	S1164
Starch	S1164
Lactose	S1164
Calcium, Ca	S1164
Zinc, Zn	S1164
Copper, Cu	S1164
Carotene, beta	S1164
Vitamin C, total ascorbic acid	S1164
Vitamin K (phylloquinone)	S1164
Alanine	S1164
8:0	S1164
22:6 n-3 (DHA)	S1164
24:0	S1164
17:1	S1164
Iron, Fe	S1164
Selenium, Se	S1164
Carotene, alpha	S1164
Pantothenic acid	S1164
Cystine	S1164
18:3 undifferentiated	S1164
20:4 undifferentiated	S1164
22:0	S1164
Fatty acids, total polyunsaturated	S1164

NDB No. 16006 Beans, baked, canned, plain or vegetarian

18:1 c	S1164
13:0	S1164
Maltose	S1164
Choline, total	S1164
Dihydrophylloquinone	S1164
Isoleucine	S1164
18:1 undifferentiated	S1164
18:1 t	S1164
20:2 n-6 c,c	S1164
Sugars, total	S1164
Phosphorus, P	S1164
Sodium, Na	S1164
Cryptoxanthin, beta	S1164
Thiamin	S1164
Threonine	S1164
Lysine	S1164
Valine	S1164
Aspartic acid	S1164
Proline	S1164
14:1	S1164
20:1	S1164

NDB No. 16009 Beans, baked, canned, with pork

Fluoride, F	D5007, D5021

NDB No. 16010 Beans, baked, canned, with pork and sweet sauce

Total lipid (fat)	S1164
Ash	S1164
Niacin	S1164
Vitamin B-12	S1164
Fatty acids, total saturated	S1164
10:0	S1164
16:0	S1164
22:0	S1164
24:0	S1164
Fatty acids, total trans-	S1164

NDB No. 16010 Beans, baked, canned, with pork and sweet sauce

monoenoic	
Lycopene	S1164
6:0	S1164
16:1 undifferentiated	S1164
22:1 undifferentiated	S1164
18:3 n-3 c,c,c (ALA)	S1164
Cryptoxanthin, beta	S1164
Riboflavin	S1164
Fatty acids, total trans	S1164
18:0	S1164
20:4 undifferentiated	S1164
14:1	S1164
18:1 t	S1164
Fiber, total dietary	S1164, S2581
Magnesium, Mg	S1164
Potassium, K	S1164
Vitamin B-6	S1164
Dihydrophylloquinone	S1164
Vitamin K (phylloquinone)	S1164
Betaine	S1164
4:0	S1164
22:6 n-3 (DHA)	S1164
20:5 n-3 (EPA)	S1164
17:0	S1164
13:0	S1164
Sucrose	S1164, S606, S604
Copper, Cu	S1164
Manganese, Mn	S1164
Carotene, beta	S1164
Vitamin C, total ascorbic acid	S1164
12:0	S1164
18:1 c	S1164
Fructose	S1164, S606, S604
Lactose	S1164
Tocopherol, beta	S1164
Tocopherol, delta	S1164
Thiamin	S1164

NDB No. 16010 Beans, baked, canned, with pork and sweet sauce

Pantothenic acid	S1164
Folate, total	S1164
Hydroxyproline	S1164
8:0	S1164
20:0	S1164
18:3 undifferentiated	S1164
20:1	S1164
Fatty acids, total monounsaturated	S1164
15:0	S1164
17:1	S1164
20:3 undifferentiated	S1164
Protein	S1164
Glucose (dextrose)	S1164, S606, S604
Maltose	S1164, S606
Calcium, Ca	S1164
Phosphorus, P	S1164
Sodium, Na	S1164
Selenium, Se	S1164
Carotene, alpha	S1164
Tocopherol, gamma	S1164
18:2 undifferentiated	S1164
Fatty acids, total polyunsaturated	S1164
20:2 n-6 c,c	S1164
Starch	S1164
Water	S1164, S606, S2581, S604
Sugars, total	S1164, S606
Galactose	S1164
Iron, Fe	S1164
Zinc, Zn	S1164
Vitamin E (alpha-tocopherol)	S1164
Choline, total	S1164
14:0	S1164
18:1 undifferentiated	S1164
18:3 n-6 c,c,c	S1164
15:1	S1164

NDB No. 16011 Beans, baked, canned, with pork and tomato sauce

Phosphorus, P	S1164
Zinc, Zn	S1164
Tocopherol, beta	S1164, S87
Tocopherol, gamma	S1164, S87
Vitamin B-6	S1164
Histidine	S1164
Proline	S1164
6:0	S1164
20:0	S1164
20:5 n-3 (EPA)	S1164
20:2 n-6 c,c	S1164
18:3 n-6 c,c,c	S1164
Calcium, Ca	S1164
Magnesium, Mg	S1164
Vitamin C, total ascorbic acid	S1164
Pantothenic acid	S1164
Tryptophan	S1164
Isoleucine	S1164
Lysine	S1164
Tyrosine	S1164
Aspartic acid	S1164
Glutamic acid	S1164
16:1 undifferentiated	S1164
Sucrose	S1164, S606, S604
Fiber, total dietary	S1164, S2581
Iron, Fe	S1164
Cryptoxanthin, beta	S1164
Riboflavin	S1164
Dihydrophylloquinone	S1164
Alanine	S1164
Glycine	S1164
10:0	S1164
18:2 undifferentiated	S1164
20:1	S1164
15:1	S1164
Starch	S1164
Glucose (dextrose)	S1164, S606, S604

NDB No. 16011 Beans, baked, canned, with pork and tomato sauce

Potassium, K	S1164
Methionine	S1164
Valine	S1164
Arginine	S1164
12:0	S1164
15:0	S1164
18:3 n-3 c,c,c (ALA)	S1164
Sodium, Na	S1164
Selenium, Se	S1164
Carotene, beta	S1164
Lycopene	S1164
Vitamin B-12	S1164
Choline, total	S1164
Vitamin K (phylloquinone)	S1164
8:0	S1164
14:0	S1164
18:1 c	S1164
Maltose	S1164, S604
Carotene, alpha	S1164
Vitamin E (alpha-tocopherol)	S1164, S87
Niacin	S1164
Betaine	S1164
Threonine	S1164
Leucine	S1164
Phenylalanine	S1164
Serine	S1164
18:0	S1164
20:4 undifferentiated	S1164
20:3 undifferentiated	S1164
13:0	S1164
Protein	S1164
Water	S1164, S606, S2581, S604
Sugars, total	S1164, S606
Galactose	S1164
Manganese, Mn	S1164
Thiamin	S1164
Folate, total	S1164

NDB No. 16011 Beans, baked, canned, with pork and tomato sauce

Hydroxyproline	S1164
22:6 n-3 (DHA)	S1164
14:1	S1164
22:1 undifferentiated	S1164
17:0	S1164
18:1 t	S1164
Total lipid (fat)	S1164, S87
Ash	S1164
Fructose	S1164, S606, S604
Lactose	S1164
Copper, Cu	S1164
Tocopherol, delta	S1164, S87
Cystine	S1164
4:0	S1164
16:0	S1164
22:0	S1164
24:0	S1164
17:1	S1164

NDB No. 16026 Beans, great northern, mature seeds, canned

Methionine	S1065, S1164
Tyrosine	S1065, S1164
Alanine	S1065, S1164
Lysine	S1065, S1164
Phenylalanine	S1065, S1164
Proline	S1065, S1164
Leucine	S1065, S1164
Glycine	S1065, S1164
Cystine	S1065, S1164
Valine	S1065, S1164
Isoleucine	S1065, S1164
Histidine	S1065, S1164
Glutamic acid	S1065, S1164
Threonine	S1065, S1164
Arginine	S1065, S1164
Aspartic acid	S1065, S1164

NDB No. 16026 Beans, great northern, mature seeds, canned

Tryptophan	S1065, S1164
Serine	S1065, S1164

NDB No. 16028 Beans, kidney, all types, mature seeds, cooked, boiled, without salt

Magnesium, Mg	S7, S10, S6, S183, S203, S11, S9, S12, S8, S182
Vitamin K (phylloquinone)	D4002
Phosphorus, P	S7, S10, S6, S183, S203, S11, S9, S12, S8, S182
Isoleucine	S1065, S1164
Alanine	S1065, S1164
Serine	S1065, S1164
Sodium, Na	S7, S10, S6, S183, S203, S11, S9, S12, S8, S182
Copper, Cu	S7, S10, S6, S203, S11, S9, S12, S183, S8, S182
Vitamin E (alpha-tocopherol)	S84
Tocopherol, delta	S84
Threonine	S1065, S1164
Histidine	S1065, S1164
Glutamic acid	S1065, S1164
Glycine	S1065, S1164
Manganese, Mn	S7, S10, S6, S183, S203, S11, S9, S12, S8, S182
Tyrosine	S1065, S1164
Zinc, Zn	S7, S10, S6, S183, S203, S11, S9, S12, S8, S182
Leucine	S1065, S1164
Lysine	S1065, S1164
Aspartic acid	S1065, S1164
Calcium, Ca	S7, S10, S6, S183, S203, S11, S9, S12, S8, S182
Selenium, Se	S7, S10, S6, S183, S203, S11, S9, S12, S8, S182
Tocopherol, gamma	S84
Arginine	S1065, S1164
Potassium, K	S7, S10, S6, S183, S203, S11, S9, S12, S8, S182
Choline, total	S1164
Betaine	S1164
Cystine	S1065, S1164
Phenylalanine	S1065, S1164
Proline	S1065, S1164
Iron, Fe	S7, S10, S6, S183, S203, S11, S9, S12, S8, S182
Tocopherol, beta	S84

NDB No. 16028 Beans, kidney, all types, mature seeds, cooked, boiled, without salt

Tryptophan	S1065, S1164
Methionine	S1065, S1164
Valine	S1065, S1164

NDB No. 16029 Beans, kidney, all types, mature seeds, canned

Total lipid (fat)	S1164
Maltose	S1164
Water	S1164
Potassium, K	S1164
Vitamin E (alpha-tocopherol)	S1164
Folate, total	S1164
Phenylalanine	S1065, S1164
Aspartic acid	S1065, S1164
Proline	S1065, S1164
Hydroxyproline	S1164
Protein	S1164
Galactose	S1164
Phosphorus, P	S1164
Choline, total	S1164
Vitamin K (phylloquinone)	S1164
18:3 undifferentiated	S1164
Ash	S1164
Sucrose	S1164
Sodium, Na	S1164
Copper, Cu	S1164
Tocopherol, gamma	S1164
Methionine	S1065, S1164
10:0	S1164
18:1 undifferentiated	S1164
15:0	S1164
Fructose	S1164
Iron, Fe	S1164
Magnesium, Mg	S1164
Selenium, Se	S1164
Thiamin	S1164
Lysine	S1065, S1164

NDB No. 16029 Beans, kidney, all types, mature seeds, canned

Alanine	S1065, S1164
Glycine	S1065, S1164
Serine	S1065, S1164
8:0	S1164
18:2 undifferentiated	S1164
22:6 n-3 (DHA)	S1164
22:0	S1164
14:1	S1164
20:2 n-6 c,c	S1164
17:1	S1164
Starch	S1164
Calcium, Ca	S1164
Niacin	S1164
Pantothenic acid	S1164
Betaine	S1164
Tyrosine	S1065, S1164
Histidine	S1065, S1164
Glutamic acid	S1065, S1164
20:4 undifferentiated	S1164
16:1 undifferentiated	S1164
17:0	S1164
24:0	S1164
18:1 c	S1164
18:3 n-6 c,c,c	S1164
20:3 undifferentiated	S1164
Tocopherol, beta	S1164
Tocopherol, delta	S1164
Riboflavin	S1164
Cystine	S1065, S1164
Valine	S1065, S1164
12:0	S1164
14:0	S1164
16:0	S1164
20:1	S1164
22:1 undifferentiated	S1164
18:3 n-3 c,c,c (ALA)	S1164
Lactose	S1164

NDB No. 16029 Beans, kidney, all types, mature seeds, canned

Zinc, Zn	S1164
Manganese, Mn	S1164
Dihydrophylloquinone	S1164
Tryptophan	S1065, S1164
Leucine	S1065, S1164
Arginine	S1065, S1164
4:0	S1164
6:0	S1164
18:0	S1164
20:0	S1164
18:1 t	S1164
13:0	S1164
15:1	S1164
Glucose (dextrose)	S1164
Sugars, total	S1164
Vitamin B-6	S1164
Threonine	S1065, S1164
Isoleucine	S1065, S1164
20:5 n-3 (EPA)	S1164

NDB No. 16032 Beans, kidney, red, mature seeds, raw

Fluoride, F	D5007

NDB No. 16034 Beans, kidney, red, mature seeds, canned

Zinc, Zn	S1164
Copper, Cu	S1164
Tocopherol, delta	S1164
Vitamin B-6	S1164
20:0	S1164
20:1	S1164
Maltose	S1164
Galactose	S1164
Sodium, Na	S1164
Riboflavin	S1164
18:0	S1164
18:1 t	S1164

NDB No. 16034 Beans, kidney, red, mature seeds, canned

18:1 c	S1164
20:3 undifferentiated	S1164
15:1	S1164
Sucrose	S1164
Water	S1164
Iron, Fe	S1164
Manganese, Mn	S1164
Vitamin E (alpha-tocopherol)	S1164
Niacin	S1164
Vitamin K (phylloquinone)	S1164
Hydroxyproline	S1164
8:0	S1164
16:0	S1164
18:2 undifferentiated	S1164
22:0	S1164
24:0	S1164
20:2 n-6 c,c	S1164
18:3 n-3 c,c,c (ALA)	S1164
Protein	S1164
Sugars, total	S1164
Potassium, K	S1164
Thiamin	S1164
Folate, total	S1164
10:0	S1164
Starch	S1164
Magnesium, Mg	S1164
Selenium, Se	S1164
14:0	S1164
15:0	S1164
Glucose (dextrose)	S1164
Lactose	S1164
Calcium, Ca	S1164
Tocopherol, beta	S1164
Pantothenic acid	S1164
6:0	S1164
18:3 n-6 c,c,c	S1164
Total lipid (fat)	S1164

NDB No. 16034 Beans, kidney, red, mature seeds, canned

Fructose	S1164
Phosphorus, P	S1164
Choline, total	S1164
Dihydrophylloquinone	S1164
4:0	S1164
12:0	S1164
20:4 undifferentiated	S1164
22:6 n-3 (DHA)	S1164
16:1 undifferentiated	S1164
20:5 n-3 (EPA)	S1164
22:1 undifferentiated	S1164
17:0	S1164
13:0	S1164
Ash	S1164
Fiber, total dietary	S1164
Tocopherol, gamma	S1164
Betaine	S1164
14:1	S1164
17:1	S1164

NDB No. 16037 Beans, navy, mature seeds, raw

Maltose	S1164
Tocopherol, delta	S1164
Vitamin B-6	S1164, S2202
Lysine	S1164
Cystine	S1164
8:0	S1164
14:0	S1164
16:0	S1164
22:6 n-3 (DHA)	S1164
20:5 n-3 (EPA)	S1164
Fatty acids, total polyunsaturated	S1164
17:1	S1164
Water	S1164, S2202
Magnesium, Mg	S1164, S2202
Potassium, K	S1164, S2202

NDB No. 16037 Beans, navy, mature seeds, raw

Riboflavin	S1164, S2202
Vitamin K (phylloquinone)	S1164
Glutamic acid	S1164
Glycine	S1164
Proline	S1164
20:0	S1164
18:1 c	S1164
18:3 n-3 c,c,c (ALA)	S1164
Iron, Fe	S1164, S2202
Serine	S1164
20:1	S1164
18:3 n-6 c,c,c	S1164
20:3 undifferentiated	S1164
Sucrose	S1164
Sodium, Na	S1164, S2202
Zinc, Zn	S1164, S2202
Choline, total	S1164
Tyrosine	S1164
4:0	S1164
6:0	S1164
18:1 undifferentiated	S1164
22:0	S1164
14:1	S1164
15:0	S1164
24:0	S1164
13:0	S1164
Phosphorus, P	S1164, S2202
Tocopherol, beta	S1164
Tocopherol, gamma	S1164
Thiamin	S1164, S2202
Folate, total	S1164, S2202
Phenylalanine	S1164
Valine	S1164
Alanine	S1164
Hydroxyproline	S1164
18:0	S1164
18:2 undifferentiated	S1164

NDB No. 16037 Beans, navy, mature seeds, raw

22:1 undifferentiated	S1164
20:2 n-6 c,c	S1164
15:1	S1164
Fructose	S1164
Galactose	S1164
Vitamin E (alpha-tocopherol)	S1164
Fatty acids, total saturated	S1164
16:1 undifferentiated	S1164
17:0	S1164
Ash	S1164, S2202
Starch	S1164
Glucose (dextrose)	S1164
Lactose	S1164
Sugars, total	S1164
Copper, Cu	S1164, S2202
Niacin	S1164, S2202
Pantothenic acid	S1164, S2202
Dihydrophylloquinone	S1164
Leucine	S1164
Histidine	S1164
Fatty acids, total trans	S1164
10:0	S1164
18:3 undifferentiated	S1164
Fatty acids, total monounsaturated	S1164
18:1 t	S1164
Fatty acids, total trans-monoenoic	S1164
Total lipid (fat)	S1164, S2202
Calcium, Ca	S1164, S2202
Manganese, Mn	S1164, S2202
Betaine	S1164
Tryptophan	S1164
Threonine	S1164
Isoleucine	S1164
Methionine	S1164
Arginine	S1164
Aspartic acid	S1164

NDB No. 16037 Beans, navy, mature seeds, raw

12:0	S1164
20:4 undifferentiated	S1164

NDB No. 16038 Beans, navy, mature seeds, cooked, boiled, without salt

Sucrose	S1164
Zinc, Zn	S1164, S2202, S183, S203, S182
4:0	S1164
18:2 undifferentiated	S1164
22:6 n-3 (DHA)	S1164
14:1	S1164
16:1 undifferentiated	S1164
20:1	S1164
Fatty acids, total monounsaturated	S1164
24:0	S1164
17:1	S1164
20:3 undifferentiated	S1164
18:3 n-3 c,c,c (ALA)	S1164
Total lipid (fat)	S1164, S2202
Calcium, Ca	S1164, S2202, S183, S203, S182
Vitamin E (alpha-tocopherol)	S1164
Riboflavin	S1164, S2202
Dihydrophylloquinone	S1164
Aspartic acid	S1164
12:0	S1164
14:0	S1164
18:0	S1164
13:0	S1164
Lactose	S1164
Fluoride, F	D5007
Tocopherol, delta	S1164
Histidine	S1164
Glycine	S1164
6:0	S1164
15:0	S1164
20:2 n-6 c,c	S1164
Protein	S1164, S2202

NDB No. 16038 Beans, navy, mature seeds, cooked, boiled, without salt

Maltose	S1164
Thiamin	S1164, S2202
Vitamin K (phylloquinone)	S1164
Isoleucine	S1164
Leucine	S1164
Tyrosine	S1164
Fatty acids, total trans	S1164
8:0	S1164
Fatty acids, total polyunsaturated	S1164
18:3 n-6 c,c,c	S1164
Iron, Fe	S1164, S2202, S183, S203, S182
Magnesium, Mg	S1164, S2202, S183, S203, S182
Sodium, Na	S1164, S2202, S183, S203, S182
Selenium, Se	S1164, S203
Vitamin B-6	S1164, S2202
Lysine	S1164
10:0	S1164
18:1 t	S1164
Fatty acids, total trans-monoenoic	S1164
Glucose (dextrose)	S1164
Water	S1164, S2202
Copper, Cu	S1164, S2202, S183, S203, S182
Manganese, Mn	S1164, S2202, S183, S203, S182
Tocopherol, beta	S1164
Tocopherol, gamma	S1164
Folate, total	S2202
Choline, total	S1164
Betaine	S1164
Tryptophan	S1164
Threonine	S1164
Cystine	S1164
Alanine	S1164
Fatty acids, total saturated	S1164
20:0	S1164
20:4 undifferentiated	S1164
22:0	S1164
Starch	S1164

NDB No. 16038 Beans, navy, mature seeds, cooked, boiled, without salt

Sugars, total	S1164
Fiber, total dietary	S1164
Phosphorus, P	S1164, S2202, S183, S203, S182
Niacin	S1164, S2202
Pantothenic acid	S1164, S2202
Valine	S1164
Serine	S1164
Hydroxyproline	S1164
16:0	S1164
18:1 undifferentiated	S1164
22:1 undifferentiated	S1164
17:0	S1164
18:1 c	S1164
15:1	S1164
Ash	S1164, S2202
Fructose	S1164
Galactose	S1164
Potassium, K	S1164, S2202, S183, S203, S182
Methionine	S1164
Phenylalanine	S1164
Arginine	S1164
Glutamic acid	S1164
Proline	S1164
18:3 undifferentiated	S1164
20:5 n-3 (EPA)	S1164

NDB No. 16039 Beans, navy, mature seeds, canned

Phenylalanine	S1065, S1164
Aspartic acid	S1065, S1164
Choline, total	S3461
Tyrosine	S1065, S1164
Tryptophan	S1065, S1164
Threonine	S1065, S1164
Arginine	S1065, S1164
Lysine	S1065, S1164
Histidine	S1065, S1164

NDB No. 16039 Beans, navy, mature seeds, canned

Glutamic acid	S1065, S1164
Proline	S1065, S1164
Betaine	S3461
Leucine	S1065, S1164
Cystine	S1065, S1164
Alanine	S1065, S1164
Isoleucine	S1065, S1164
Methionine	S1065, S1164
Valine	S1065, S1164
Glycine	S1065, S1164
Serine	S1065, S1164

NDB No. 16042 Beans, pinto, mature seeds, raw

Protein	S1065, S2202
Ash	S1065, S2202
Fructose	S1065
Vitamin B-6	S1065, S2202
Iron, Fe	S1065, S2202
Magnesium, Mg	S1065, S2202
Tyrosine	S1065
Starch	S1065
Glucose (dextrose)	S1065
Lactose	S1065
Zinc, Zn	S1065, S2202
Dihydrophylloquinone	S1065
Lysine	S1065
Arginine	S1065
Histidine	S1065
Water	S1065, S2202
Fiber, total dietary	S1065
Phosphorus, P	S1065, S2202
Carotene, beta	S1065
Carotene, alpha	S1065
Thiamin	S1065, S2202
Pantothenic acid	S1065, S2202
Isoleucine	S1065

NDB No. 16042 Beans, pinto, mature seeds, raw

Leucine	S1065
Cystine	S1065
Valine	S1065
Alanine	S1065
Choline, total	S1065
Threonine	S1065
Total lipid (fat)	S1065, S2202
Potassium, K	S1065, S2202
Selenium, Se	S1065
Folate, total	S2202
Vitamin K (phylloquinone)	S1065
Tryptophan	S1065
Methionine	S1065
Aspartic acid	S1065
Maltose	S1065
Calcium, Ca	S1065, S2202
Copper, Cu	S1065, S2202
Manganese, Mn	S1065, S2202
Niacin	S1065, S2202
Betaine	S1065
Phenylalanine	S1065
Glycine	S1065
Serine	S1065
Sucrose	S1065
Sodium, Na	S1065, S2202
Cryptoxanthin, beta	S1065
Lycopene	S1065
Vitamin C, total ascorbic acid	S1065
Riboflavin	S1065, S2202
Glutamic acid	S1065
Proline	S1065

NDB No. 16043 Beans, pinto, mature seeds, cooked, boiled, without salt

Glucose (dextrose)	S1065
Fructose	S1065
Fiber, total dietary	S1065

NDB No. 16043 Beans, pinto, mature seeds, cooked, boiled, without salt

Calcium, Ca	S7, S10, S1065, S2202, S6, S183, S203, S11, S9, S12, S8, S182
Potassium, K	S7, S10, S1065, S2202, S6, S183, S203, S11, S9, S12, S8, S182
Carotene, alpha	S1065
Thiamin	S1065, S2202
Vitamin B-6	S1065, S2202
Folate, total	S2202
Choline, total	S1065
Valine	S1065, S1164
Total lipid (fat)	S1065, S2202
Water	S1065, S2202
Phosphorus, P	S7, S10, S1065, S2202, S6, S183, S203, S11, S9, S12, S8, S182
Carotene, beta	S1065
Threonine	S1065, S1164
Cystine	S1065, S1164
Phenylalanine	S1065, S1164
Tyrosine	S1065, S1164
Arginine	S1065, S1164
Serine	S1065, S1164
Ash	S1065, S2202
Zinc, Zn	S7, S10, S1065, S2202, S6, S183, S203, S11, S9, S12, S8, S182
Isoleucine	S1065, S1164
Leucine	S1065, S1164
Methionine	S1065, S1164
Glutamic acid	S1065, S1164
Sucrose	S1065
Magnesium, Mg	S7, S10, S1065, S2202, S6, S183, S203, S11, S9, S12, S8, S182
Aspartic acid	S1065, S1164
Proline	S1065, S1164
Protein	S1065, S2202
Starch	S1065
Fluoride, F	D5007
Riboflavin	S1065, S2202
Glycine	S1065, S1164
Iron, Fe	S7, S10, S1065, S2202, S6, S183, S203, S11, S9, S12, S8, S182
Cryptoxanthin, beta	S1065
Lycopene	S1065
Vitamin C, total ascorbic acid	S1065

NDB No. 16043 Beans, pinto, mature seeds, cooked, boiled, without salt

Pantothenic acid	S1065, S2202
Tryptophan	S1065, S1164
Maltose	S1065
Copper, Cu	S7, S10, S1065, S2202, S6, S183, S203, S11, S9, S12, S8, S182
Manganese, Mn	S7, S10, S1065, S2202, S6, S183, S203, S11, S9, S12, S8, S182
Niacin	S1065, S2202
Vitamin K (phylloquinone)	S1065, D4002
Lysine	S1065, S1164
Histidine	S1065, S1164
Alanine	S1065, S1164
Lactose	S1065
Sodium, Na	S7, S10, S1065, S2202, S6, S183, S203, S11, S9, S12, S8, S182
Selenium, Se	S7, S10, S1065, S6, S183, S203, S11, S9, S12, S8, S182
Dihydrophylloquinone	S1065
Betaine	S1065

NDB No. 16069 Lentils, raw

Vitamin E (alpha-tocopherol)	S84
Zinc, Zn	S2202, D5083
Thiamin	S2202
Niacin	S2202
Protein	S2202
Potassium, K	S2202
Copper, Cu	S2202, D5083
Tocopherol, gamma	S84
Water	S2202, S84, S604
Magnesium, Mg	S2202
Sodium, Na	S2202
Tocopherol, delta	S84
Fiber, total dietary	S604
Pantothenic acid	S2202
Vitamin B-6	S2202
Total lipid (fat)	S2202, S84
Iron, Fe	S2202, D5083
Phosphorus, P	S2202
Tocopherol, beta	S84

NDB No. 16069 Lentils, raw

Folate, total	S2202
Ash	S2202
Calcium, Ca	S2202
Manganese, Mn	S2202
Riboflavin	S2202

NDB No. 16072 Lima beans, large, mature seeds, cooked, boiled, without salt

Fluoride, F	D5007

NDB No. 16087 Peanuts, all types, raw

Betaine	S563
Choline, total	S563

NDB No. 16089 Peanuts, all types, oil-roasted, with salt

Fructose	S563
Vitamin C, total ascorbic acid	S563
Vitamin K (phylloquinone)	S563
Threonine	S563
Aspartic acid	S563
8:0	S563
10:0	S563
15:0	S563
20:3 undifferentiated	S563
Protein	S563
Water	S563
Galactose	S563
Calcium, Ca	S563
Phosphorus, P	S563
Histidine	S563
Glutamic acid	S563
18:1 undifferentiated	S563
22:0	S563
20:2 n-6 c,c	S563
Maltose	S563
Sugars, total	S563

NDB No. 16089 Peanuts, all types, oil-roasted, with salt

Iron, Fe	S563
Vitamin B-6	S563
Methionine	S563
Valine	S563
Proline	S563
18:0	S563
20:4 undifferentiated	S563
14:1	S563
18:3 n-6 c,c,c	S563
Glucose (dextrose)	S563
Potassium, K	S563
Manganese, Mn	S563
Carotene, alpha	S563
Thiamin	S563
Leucine	S563
Glycine	S563
18:2 undifferentiated	S563
Ash	S563
Selenium, Se	S563
Pantothenic acid	S563
Folate, total	S563
Dihydrophylloquinone	S563
Serine	S563
17:0	S563
17:1	S563
Total lipid (fat)	S563
Sucrose	S563
Fiber, total dietary	S563
Cryptoxanthin, beta	S563
Lycopene	S563
Lutein + zeaxanthin	S563
Riboflavin	S563
Isoleucine	S563
Arginine	S563
12:0	S563
18:3 undifferentiated	S563
15:1	S563

NDB No. 16089 Peanuts, all types, oil-roasted, with salt

Zinc, Zn	S563
Carotene, beta	S563
Tryptophan	S563
Tyrosine	S563
20:0	S563
16:1 undifferentiated	S563
20:1	S563
Lactose	S563
Magnesium, Mg	S563
Sodium, Na	S563
Copper, Cu	S563
Niacin	S563
Lysine	S563
Cystine	S563
Phenylalanine	S563
Alanine	S563
14:0	S563
16:0	S563

NDB No. 16090 Peanuts, all types, dry-roasted, with salt

Fluoride, F	D5007

NDB No. 16097 Peanut butter, chunk style, with salt

Glucose (dextrose)	S22
Galactose	S22
Vitamin E (alpha-tocopherol)	S22
Tocopherol, gamma	S22
Tryptophan	S22
Leucine	S22
Methionine	S22
Glycine	S22
Sugars, total	S22
Calcium, Ca	S22
Manganese, Mn	S22
Selenium, Se	S22
Dihydrophylloquinone	S22

NDB No. 16097 Peanut butter, chunk style, with salt

Arginine	S22
Aspartic acid	S22
16:0	S22
Total lipid (fat)	S22
Sucrose	S22
Tyrosine	S22
20:1	S22
Lactose	S22
Maltose	S22
Fiber, total dietary	D3765, S22
Magnesium, Mg	S22
Vitamin K (phylloquinone)	S22
Betaine	S22
Threonine	S22
Phenylalanine	S22
Serine	S22
18:1 undifferentiated	S22
Potassium, K	S22
Copper, Cu	S22
Riboflavin	S22
Choline, total	S22
Lysine	S22
Histidine	S22
Glutamic acid	S22
Sodium, Na	S22
Isoleucine	S22
Valine	S22
Alanine	S22
Proline	S22
12:0	S22
18:0	S22
Protein	S22
Starch	S22
Iron, Fe	S22
Tocopherol, beta	S22
Tocopherol, delta	S22
18:2 undifferentiated	S22

NDB No. 16097 Peanut butter, chunk style, with salt

Ash	S22
Fructose	S22
Water	D3765, S22
Phosphorus, P	S22
Zinc, Zn	S22
Thiamin	S22
Niacin	S22
Pantothenic acid	S22
Vitamin B-6	S22
Cystine	S22
20:0	S22

NDB No. 16098 Peanut butter, smooth style, with salt

Starch	S22
Phosphorus, P	S7, S10, S6, S183, S203, S11, S9, S12, S8, S182, S22
Fluoride, F	S22
Selenium, Se	S7, S10, S6, S183, S203, S11, S9, S12, S8, S182, S22
Tocopherol, delta	S84, S22, S87
Phenylalanine	S22
Tyrosine	S22
Arginine	S22
20:0	S22
18:1 undifferentiated	S22
Fiber, total dietary	S837, S22
Calcium, Ca	S7, S10, S6, S183, S203, S11, S9, S12, S8, S182, S22
Iron, Fe	S7, S10, S6, S183, S203, S11, S9, S12, S8, S182, S22
Magnesium, Mg	S7, S10, S6, S183, S203, S11, S9, S12, S8, S182, S22
Leucine	S22
Valine	S22
12:0	S22
16:0	S22
Protein	S22
Total lipid (fat)	S84, S22, S87
Fructose	S837, S22
Maltose	S837, S22
Tocopherol, gamma	S84, S22, S87

NDB No. 16098 Peanut butter, smooth style, with salt

Thiamin	S22
Choline, total	S22
Vitamin K (phylloquinone)	D4002, S22
Tryptophan	S22
Alanine	S22
18:0	S22
Sugars, total	S837, S22
Copper, Cu	S7, S10, S6, S183, S203, S11, S9, S12, S8, S182, S22
Dihydrophylloquinone	S22
Threonine	S22
Fatty acids, total saturated	S22
18:2 undifferentiated	S22
Fatty acids, total monounsaturated	S22
Ash	S22
Lactose	S837, S22
Sodium, Na	S7, S10, S6, S183, S203, S11, S9, S12, S8, S182, S22
Vitamin E (alpha-tocopherol)	S84, S22, S87
Lysine	S22
Glutamic acid	S22
Glycine	S22
20:1	S22
Sucrose	S837, S404, S22
Glucose (dextrose)	S837, S404, S22
Galactose	S22
Tocopherol, beta	S84, S22, S87
Vitamin B-6	S22
Histidine	S22
Serine	S22
Water	S837, S84, S404, S22, S87
Zinc, Zn	S7, S10, S6, S183, S203, S11, S9, S12, S8, S182, S22
Manganese, Mn	S7, S10, S6, S183, S203, S11, S9, S12, S8, S182, S22
Isoleucine	S22
Cystine	S22
Aspartic acid	S22
Fatty acids, total polyunsaturated	S22
Potassium, K	S7, S10, S6, S183, S203, S11, S9, S12, S8, S182, S22
Pantothenic acid	S22

NDB No. 16098 Peanut butter, smooth style, with salt

Betaine	S22
Methionine	S22
Proline	S22

NDB No. 16103 Refried beans, canned, traditional style (includes USDA commodity)

Lactose	S3549
Potassium, K	S3549
12:0	S3549
18:1 undifferentiated	S3549
20:4 undifferentiated	S3549
24:0	S3549
18:2 CLAs	S3549
24:1 c	S3549
20:2 n-6 c,c	S3549
Sugars, total	S3549
Fatty acids, total trans	S3549
14:1	S3549
16:1 undifferentiated	S3549
Fatty acids, total monounsaturated	S3549
18:1 t	S3549
22:1 t	S3549
20:3 undifferentiated	S3549
Starch	S3549
Sodium, Na	S3549
Manganese, Mn	S3549
Riboflavin	S3549
Niacin	S3549
Vitamin B-6	S3549
18:2 undifferentiated	S3549
18:3 undifferentiated	S3549
22:1 undifferentiated	S3549
22:5 n-3 (DPA)	S3549
15:1	S3549
18:3 n-3 c,c,c (ALA)	S3549
20:3 n-3	S3549
20:3 n-6	S3549

NDB No. 16103 Refried beans, canned, traditional style (includes USDA commodity)

Glucose (dextrose)	S3549
Water	S3549
Magnesium, Mg	S3549
Fatty acids, total saturated	S3549
17:0	S3549
18:1 c	S3549
17:1	S3549
Protein	S3549
Total lipid (fat)	S3549
Galactose	S3549
Copper, Cu	S3549
Vitamin E (alpha-tocopherol)	S3549
Tocopherol, gamma	S3549
Pantothenic acid	S3549
4:0	S3549
6:0	S3549
14:0	S3549
18:4	S3549
15:0	S3549
18:3 n-6 c,c,c	S3549
Fiber, total dietary	S3549
Calcium, Ca	S3549
Tocopherol, delta	S3549
8:0	S3549
20:0	S3549
22:6 n-3 (DHA)	S3549
18:2 t not further defined	S3549
18:2 n-6 c,c	S3549
Fatty acids, total trans-monoenoic	S3549
22:4	S3549
Sucrose	S3549
Fructose	S3549
Zinc, Zn	S3549
Thiamin	S3549
10:0	S3549
18:0	S3549
20:5 n-3 (EPA)	S3549

NDB No. 16103 Refried beans, canned, traditional style (includes USDA commodity)

16:1 c	S3549
Ash	S3549
Maltose	S3549
Iron, Fe	S3549
Phosphorus, P	S3549
Selenium, Se	S3549
Tocopherol, beta	S3549
Vitamin B-12	S3549
Cholesterol	S3549
16:0	S3549
22:0	S3549
20:1	S3549
Fatty acids, total polyunsaturated	S3549
16:1 t	S3549
22:1 c	S3549
Fatty acids, total trans-polyenoic	S3549

NDB No. 16108 Soybeans, mature seeds, raw

Betaine	S3461
Choline, total	S3461

NDB No. 16112 Miso

Glucose (dextrose)	S604
Fructose	S604
Copper, Cu	S39
Isoleucine	S39
Methionine	S39
8:0	S39
16:0	S39
18:0	S39
20:2 n-6 c,c	S39
15:1	S39
Protein	S39
Sucrose	S604
Threonine	S39
Cystine	S39

NDB No. 16112 Miso

Alanine	S39
Aspartic acid	S39
18:3 undifferentiated	S39
Total lipid (fat)	S39
Ash	S39
Phosphorus, P	S39
Zinc, Zn	S39
Riboflavin	S39
Pantothenic acid	S39
Folate, total	S39
Valine	S39
Arginine	S39
16:1 undifferentiated	S39
24:0	S39
Maltose	S604
Magnesium, Mg	S39
Selenium, Se	S39
Niacin	S39
Proline	S39
10:0	S39
22:1 undifferentiated	S39
Potassium, K	S39
Vitamin B-12	S39
Tryptophan	S39
Lysine	S39
Phenylalanine	S39
Histidine	S39
Glutamic acid	S39
12:0	S39
14:0	S39
18:1 undifferentiated	S39
18:2 undifferentiated	S39
15:0	S39
17:0	S39
Fiber, total dietary	S81
Manganese, Mn	S39
Thiamin	S39

NDB No. 16112 Miso

Vitamin B-6	S39
Leucine	S39
Tyrosine	S39
20:0	S39
14:1	S39
Water	S39, S81, S604
Calcium, Ca	S39
Iron, Fe	S39
20:4 undifferentiated	S39
17:1	S39
13:0	S39
Sodium, Na	S39
Glycine	S39
Serine	S39
22:0	S39
20:1	S39
20:3 undifferentiated	S39

NDB No. 16114 Tempeh

Calcium, Ca	S39
Zinc, Zn	S39
Manganese, Mn	S39
Vitamin A, IU	S39
Cystine	S39
Tyrosine	S39
Arginine	S39
Histidine	S39
12:0	S39
Thiamin	S39
Threonine	S39
Aspartic acid	S39
Glutamic acid	S39
Proline	S39
Fatty acids, total polyunsaturated	S39
Magnesium, Mg	S39
10:0	S39

NDB No. 16114 Tempeh

16:0	S39
18:1 undifferentiated	S39
16:1 undifferentiated	S39
20:1	S39
22:1 undifferentiated	S39
20:3 undifferentiated	S39
Energy	S39
Iron, Fe	S39
Niacin	S39
Tryptophan	S39
Valine	S39
Cholesterol	S39
8:0	S39
18:0	S39
20:0	S39
18:3 undifferentiated	S39
Protein	S39
Phosphorus, P	S39
Potassium, K	S39
Sodium, Na	S39
Riboflavin	S39
Vitamin B-12	S39
Isoleucine	S39
Phenylalanine	S39
Alanine	S39
Fatty acids, total saturated	S39
20:4 undifferentiated	S39
14:1	S39
17:0	S39
24:0	S39
Pantothenic acid	S39
Folate, total	S39
Lysine	S39
14:0	S39
15:0	S39
Ash	S39
Water	S39

NDB No. 16114 Tempeh

Glycine	S39
Serine	S39
Fatty acids, total monounsaturated	S39
17:1	S39
Total lipid (fat)	S39
Carbohydrate, by difference	S39
Copper, Cu	S39
Selenium, Se	S39
Vitamin B-6	S39
Leucine	S39
Methionine	S39
18:2 undifferentiated	S39
22:0	S39

NDB No. 16118 Soy flour, low-fat

Phosphorus, P	S3553
Sodium, Na	S3553
Zinc, Zn	S3553
Copper, Cu	S3553
Vitamin E (alpha-tocopherol)	S3553
Tocopherol, gamma	S3553
Betaine	S3553
22:0	S3553
17:1	S3553
21:5	S3553
Riboflavin	S3553
Fatty acids, total saturated	S3553
16:0	S3553
20:0	S3553
22:6 n-3 (DHA)	S3553
20:1	S3553
22:1 undifferentiated	S3553
17:0	S3553
24:1 c	S3553
Ash	S3553
Water	S3553

NDB No. 16118 Soy flour, low-fat

Magnesium, Mg	S3553
18:1 undifferentiated	S3553
18:3 undifferentiated	S3553
Fatty acids, total monounsaturated	S3553
20:2 n-6 c,c	S3553
22:4	S3553
Starch	S3553
Manganese, Mn	S3553
Pantothenic acid	S3553
Vitamin B-6	S3553
20:5 n-3 (EPA)	S3553
22:5 n-3 (DPA)	S3553
24:0	S3553
15:1	S3553
Iron, Fe	S3553
Tocopherol, beta	S3553
12:0	S3553
20:4 undifferentiated	S3553
14:1	S3553
15:0	S3553
Protein	S3553
Fiber, total dietary	S3553
Calcium, Ca	S3553
Potassium, K	S3553
Selenium, Se	S3553
14:0	S3553
18:2 undifferentiated	S3553
20:3 undifferentiated	S3553
Total lipid (fat)	S3553
Tocopherol, delta	S3553
Niacin	S3553
8:0	S3553
10:0	S3553
18:4	S3553
Thiamin	S3553
Choline, total	S3553
18:0	S3553

NDB No. 16118 Soy flour, low-fat

16:1 undifferentiated	S3553
Fatty acids, total polyunsaturated	S3553

NDB No. 16120 Soymilk, original and vanilla, unfortified

Energy	S4261
Copper, Cu	S39, S4261
Vitamin B-6	S39, S4261
Vitamin B-12	S4261
Threonine	S39
Lysine	S39
Fatty acids, total saturated	S39, S4261
14:0	S39
Fatty acids, total monounsaturated	S39, S4261
Ash	S39
Fiber, total dietary	S4261
Vitamin A, IU	S4261
Riboflavin	S39, S4261
Tryptophan	S39
Isoleucine	S39
Tyrosine	S39
18:0	S39
20:3 undifferentiated	S39
Total lipid (fat)	S39, S4261
Phenylalanine	S39
Valine	S39
Aspartic acid	S39
16:0	S39
18:1 undifferentiated	S39
15:1	S39
Carbohydrate, by difference	S39, S4261
Sugars, total	S4261
Magnesium, Mg	S39, S4261
Sodium, Na	S39, S4261
Niacin	S39, S4261
Methionine	S39
Glycine	S39

NDB No. 16120 Soymilk, original and vanilla, unfortified

Cholesterol	S4261
20:0	S39
Fatty acids, total polyunsaturated	S39, S4261
Water	S39
Vitamin D	S4261
Proline	S39
8:0	S39
10:0	S39
20:1	S39
17:0	S39
20:2 n-6 c,c	S39
Protein	S39, S4261
Calcium, Ca	S39, S4261
Phosphorus, P	S39, S4261
Potassium, K	S39, S4261
Zinc, Zn	S39, S4261
Vitamin C, total ascorbic acid	S4261
Thiamin	S39, S4261
Choline, total	S3461
Arginine	S39
Serine	S39
Fatty acids, total trans	S4261
18:3 undifferentiated	S39
22:0	S39
24:0	S39
Iron, Fe	S39, S4261
Manganese, Mn	S39
Pantothenic acid	S39, S4261
Folate, total	S39, S4261
Betaine	S3461
Leucine	S39
Cystine	S39
Histidine	S39
Alanine	S39
Glutamic acid	S39
12:0	S39
18:2 undifferentiated	S39

NDB No. 16120 Soymilk, original and vanilla, unfortified

20:4 undifferentiated	S39
16:1 undifferentiated	S39
22:1 undifferentiated	S39
Selenium, Se	S39
14:1	S39
15:0	S39
17:1	S39
13:0	S39

NDB No. 16123 Soy sauce made from soy and wheat (shoyu)

Protein	S39
Fiber, total dietary	S1401
Selenium, Se	S2122, D3359, S39
Pantothenic acid	S39
Folate, total	S39
Phosphorus, P	S39
Water	S39, S1401
Iron, Fe	S39
Potassium, K	S39
Total lipid (fat)	S39
Magnesium, Mg	S39
Vitamin B-12	S39
Choline, total	S3461
Cholesterol	S39
Calcium, Ca	S39
Copper, Cu	S39
Riboflavin	S39
Niacin	S39
Vitamin B-6	S39
Sodium, Na	S39
Ash	S39
Zinc, Zn	S39
Thiamin	S39
Betaine	S3461

NDB No. 16126 Tofu, firm, prepared with calcium sulfate and magnesium chloride (nigari)

NDB No. 16126 Tofu, firm, prepared with calcium sulfate and magnesium chloride (nigari)

Protein	S39
Phosphorus, P	S39
Zinc, Zn	S39
Choline, total	S3461
Cystine	S39
Tyrosine	S39
Valine	S39
12:0	S39
Copper, Cu	S39
Carotene, alpha	S1202
Methionine	S39
Glutamic acid	S39
8:0	S39
14:1	S39
17:0	S39
Total lipid (fat)	S39
Water	S1202, S39, S1401
Iron, Fe	S39
Magnesium, Mg	S39
Potassium, K	S39
Thiamin	S39
Pantothenic acid	S39
Lysine	S39
Aspartic acid	S39
Proline	S39
Serine	S39
15:0	S39
Betaine	S3461
Glycine	S39
18:3 undifferentiated	S39
17:1	S39
Ash	S39
Fiber, total dietary	S1202, S1401
Calcium, Ca	S39
Selenium, Se	S39
Carotene, beta	S1202
Folate, total	S39

NDB No. 16126 Tofu, firm, prepared with calcium sulfate and magnesium chloride (nigari)

Tryptophan	S39
20:0	S39
18:2 undifferentiated	S39
22:1 undifferentiated	S39
Sodium, Na	S39
Manganese, Mn	S39
Arginine	S39
10:0	S39
20:4 undifferentiated	S39
20:1	S39
24:0	S39
20:2 n-6 c,c	S39
Carbohydrate, by difference	S39
Riboflavin	S39
Leucine	S39
Phenylalanine	S39
Alanine	S39
16:0	S39
18:0	S39
22:0	S39
16:1 undifferentiated	S39
20:3 undifferentiated	S39
Cryptoxanthin, beta	S1202
Niacin	S39
Vitamin B-6	S39
Threonine	S39
Isoleucine	S39
Histidine	S39
14:0	S39
18:1 undifferentiated	S39
13:0	S39
15:1	S39

NDB No. 16127 Tofu, soft, prepared with calcium sulfate and magnesium chloride (nigari)

Betaine	S3461
Choline, total	S3461

NDB No. 16139 Soymilk, original and vanilla, with added calcium, vitamins A and D

Potassium, K	S4261
Manganese, Mn	S4261
Isoleucine	S39
Cholesterol	S4261
Energy	S4261
Riboflavin	S4261
Vitamin B-6	S4261
Choline, total	S3461
Lysine	S39
Arginine	S39
Thiamin	S4261
Niacin	S4261
Tryptophan	S39
Threonine	S39
Leucine	S39
Tyrosine	S39
Valine	S39
Histidine	S39
Fatty acids, total trans	S4261
Fiber, total dietary	S4261
Sodium, Na	S4261
Pantothenic acid	S4261
Fatty acids, total polyunsaturated	S4261
Protein	S4261
Total lipid (fat)	S4261
Iron, Fe	S4261
Copper, Cu	S4261
Methionine	S39
Glycine	S39
Fatty acids, total monounsaturated	S4261
Sugars, total	S4261
Phenylalanine	S39
Glutamic acid	S39
Proline	S39
Fatty acids, total saturated	S4261
Calcium, Ca	S4261
Phosphorus, P	S4261

NDB No. 16139 Soymilk, original and vanilla, with added calcium, vitamins A and D

Vitamin A, IU	S4261
Vitamin D	S4261
Vitamin C, total ascorbic acid	S4261
Vitamin B-12	S4261
Betaine	S3461
Alanine	S39
Aspartic acid	S39
Carbohydrate, by difference	S4261
Magnesium, Mg	S4261
Zinc, Zn	S4261
Selenium, Se	S4261
Folate, total	S4261
Cystine	S39
Serine	S39

NDB No. 16144 Lentils, pink, raw

Carotene, beta	S1202
Cryptoxanthin, beta	S1202
Carotene, alpha	S1202

NDB No. 16147 Veggie burgers or soyburgers, unprepared

Total lipid (fat)	S2104
Maltose	S2104
Sugars, total	S2104
Niacin	S2104
Vitamin B-6	S2104
Tryptophan	S2104
Proline	S2104
15:0	S2104
18:3 n-6 c,c,c	S2104
20:3 undifferentiated	S2104
Isoleucine	S2104
Leucine	S2104
Histidine	S2104
Cholesterol	S2104
20:0	S2104

NDB No. 16147 Veggie burgers or soyburgers, unprepared

18:1 undifferentiated	S2104
20:1	S2104
17:1	S2104
Pantothenic acid	S2104
Betaine	S2104
Tyrosine	S2104
Valine	S2104
Alanine	S2104
Aspartic acid	S2104
Serine	S2104
18:2 undifferentiated	S2104
16:1 undifferentiated	S2104
20:2 n-6 c,c	S2104
18:3 n-3 c,c,c (ALA)	S2104
Starch	S2104
Fructose	S2104
Water	S2104
Magnesium, Mg	S2104
Phosphorus, P	S2104
Potassium, K	S2104
Manganese, Mn	S2104
Thiamin	S2104
Choline, total	S2104
Threonine	S2104
16:0	S2104
Lactose	S2104
Fiber, total dietary	S2104
Calcium, Ca	S2104
Iron, Fe	S2104
Selenium, Se	S2104
Riboflavin	S2104
Glycine	S2104
18:0	S2104
22:0	S2104
15:1	S2104
Sodium, Na	S2104
Vitamin B-12	S2104

NDB No. 16147 Veggie burgers or soyburgers, unprepared

Methionine	S2104
Cystine	S2104
8:0	S2104
14:0	S2104
17:0	S2104
Ash	S2104
Sucrose	S2104
Vitamin C, total ascorbic acid	S2104
Dihydrophylloquinone	S2104
Lysine	S2104
Phenylalanine	S2104
Arginine	S2104
20:4 undifferentiated	S2104
Protein	S2104
Glucose (dextrose)	S2104
Galactose	S2104
Zinc, Zn	S2104
Copper, Cu	S2104
Vitamin K (phylloquinone)	S2104
Glutamic acid	S2104
10:0	S2104
12:0	S2104
14:1	S2104

NDB No. 16149 Peanut spread, reduced sugar

Protein	S3683
Fiber, total dietary	S3683
Calcium, Ca	S3683
Sodium, Na	S3683
Cholesterol	S3683
Carbohydrate, by difference	S3683
Water	S3683
Iron, Fe	S3683
Magnesium, Mg	S3683
Vitamin E (alpha-tocopherol)	S3683
Sugars, total	S3683

NDB No. 16149 Peanut spread, reduced sugar

Copper, Cu	S3683
Folate, total	S3683
Total lipid (fat)	S3683
Zinc, Zn	S3683
Vitamin C, total ascorbic acid	S3683
Fatty acids, total trans	S3683
Ash	S3683
Vitamin A, IU	S3683
Niacin	S3683
Vitamin B-6	S3683
Fatty acids, total saturated	S3683

NDB No. 16159 Tofu, extra firm, prepared with nigari

Sodium, Na	S39, D342
Pantothenic acid	S39, D342
Vitamin B-6	S39, D342
22:1 undifferentiated	S39
13:0	S39
Copper, Cu	S39, D342
Manganese, Mn	S39, D342
Niacin	S39, D342
8:0	S39
17:1	S39
20:3 undifferentiated	S39
Total lipid (fat)	S39, D342
Iron, Fe	S39, D342
Zinc, Zn	S39, D342
Calcium, Ca	S39, D342
20:0	S39
17:0	S39
Folate, total	S39, D342
15:0	S39
Potassium, K	S39, D342
Selenium, Se	S39, D342
20:4 undifferentiated	S39
22:0	S39

NDB No. 16159 Tofu, extra firm, prepared with nigari

14:1	S39
20:2 n-6 c,c	S39
Ash	S39, D342
Water	S39, D342
Thiamin	S39, D342
10:0	S39
24:0	S39
15:1	S39
Protein	S39, D342
Magnesium, Mg	S39, D342
Phosphorus, P	S39, D342
Riboflavin	S39, D342
12:0	S39
20:1	S39

NDB No. 16166 Soymilk, chocolate, unfortified

Leucine	S39
Alanine	S39
Phenylalanine	S39
Tyrosine	S39
Cholesterol	S4261
Protein	S4261
Energy	S4261
Aspartic acid	S39
Serine	S39
Sugars, total	S4261
Iron, Fe	S4261
Magnesium, Mg	S4261
Potassium, K	S4261
Copper, Cu	S4261
Thiamin	S4261
Riboflavin	S4261
Pantothenic acid	S4261
Threonine	S39
Lysine	S39
Proline	S39

NDB No. 16166 Soymilk, chocolate, unfortified

Phosphorus, P	S4261
Sodium, Na	S4261
Zinc, Zn	S4261
Vitamin C, total ascorbic acid	S4261
Folate, total	S4261
Arginine	S39
Glutamic acid	S39
Fiber, total dietary	S4261
Vitamin B-12	S4261
Tryptophan	S39
Histidine	S39
Glycine	S39
Carbohydrate, by difference	S4261
Methionine	S39
Cystine	S39
Valine	S39
Fatty acids, total trans	S4261
Fatty acids, total polyunsaturated	S4261
Total lipid (fat)	S4261
Isoleucine	S39
Fatty acids, total saturated	S4261
Fatty acids, total monounsaturated	S4261

NDB No. 16167 USDA Commodity, Peanut Butter, smooth

Fiber, total dietary	S2203
Vitamin E (alpha-tocopherol)	S2203
Lysine	S22
Cystine	S22
Glutamic acid	S22
Proline	S22
8:0	S2203
22:6 n-3 (DHA)	S2203
18:4	S2203
24:0	S2203
Folate, total	S2203
Dihydrophylloquinone	S2203

NDB No. 16167 USDA Commodity, Peanut Butter, smooth

Methionine	S22
Tyrosine	S22
Glycine	S22
18:0	S2203
18:3 undifferentiated	S2203
20:1	S2203
22:1 undifferentiated	S2203
15:0	S2203
15:1	S2203
Protein	S2203
Sucrose	S2203
Phosphorus, P	S2203
Tocopherol, beta	S2203
Thiamin	S2203
Leucine	S22
20:4 undifferentiated	S2203
22:0	S2203
20:3 undifferentiated	S2203
Ash	S2203
Maltose	S2203
Potassium, K	S2203
Copper, Cu	S2203
Tocopherol, delta	S2203
Histidine	S22
14:0	S2203
20:2 n-6 c,c	S2203
Total lipid (fat)	S2203
Lactose	S2203
Magnesium, Mg	S2203
Sodium, Na	S2203
Vitamin B-6	S2203
Betaine	S22
Tryptophan	S22
10:0	S2203
14:1	S2203
Fructose	S2203
Iron, Fe	S2203

NDB No. 16167 USDA Commodity, Peanut Butter, smooth

Vitamin K (phylloquinone)	S2203
Isoleucine	S22
Phenylalanine	S22
Valine	S22
16:0	S2203
18:1 undifferentiated	S2203
22:5 n-3 (DPA)	S2203
17:0	S2203
Starch	S2203
Glucose (dextrose)	S2203
Selenium, Se	S2203
Tocopherol, gamma	S2203
Niacin	S2203
Pantothenic acid	S2203
Choline, total	S22
Threonine	S22
Arginine	S22
Aspartic acid	S22
Serine	S22
12:0	S2203
20:0	S2203
18:2 undifferentiated	S2203
16:1 undifferentiated	S2203
Water	S2203
Calcium, Ca	S2203
Zinc, Zn	S2203
Manganese, Mn	S2203
Vitamin C, total ascorbic acid	S2203
Alanine	S22
20:5 n-3 (EPA)	S2203
17:1	S2203

NDB No. 16168 Soymilk, chocolate, with added calcium, vitamins A and D

Potassium, K	S4261
Vitamin B-12	S4261
Isoleucine	S39

NDB No. 16168 Soymilk, chocolate, with added calcium, vitamins A and D

Fatty acids, total saturated	S4261
Carbohydrate, by difference	S4261
Zinc, Zn	S4261
Vitamin D	S4261
Thiamin	S4261
Folate, total	S4261
Glycine	S39
Proline	S39
Cholesterol	S4261
Sugars, total	S4261
Fiber, total dietary	S4261
Valine	S39
Iron, Fe	S4261
Methionine	S39
Cystine	S39
Tyrosine	S39
Fatty acids, total monounsaturated	S4261
Energy	S4261
Aspartic acid	S39
Serine	S39
Magnesium, Mg	S4261
Copper, Cu	S4261
Tryptophan	S39
Lysine	S39
Arginine	S39
Alanine	S39
Protein	S4261
Total lipid (fat)	S4261
Calcium, Ca	S4261
Phosphorus, P	S4261
Sodium, Na	S4261
Vitamin C, total ascorbic acid	S4261
Riboflavin	S4261
Pantothenic acid	S4261
Threonine	S39
Leucine	S39
Phenylalanine	S39

NDB No. 16168 Soymilk, chocolate, with added calcium, vitamins A and D

Histidine	S39
Glutamic acid	S39
Fatty acids, total trans	S4261
Fatty acids, total polyunsaturated	S4261

NDB No. 16171 Refried beans, canned, vegetarian

Ash	S3549
Sugars, total	S3549
Iron, Fe	S3549
Vitamin E (alpha-tocopherol)	S3549
Tocopherol, gamma	S3549
6:0	S3549
8:0	S3549
18:3 undifferentiated	S3549
22:1 undifferentiated	S3549
22:5 n-3 (DPA)	S3549
17:0	S3549
16:1 t	S3549
15:1	S3549
Water	S3549
Copper, Cu	S3549
Fatty acids, total saturated	S3549
18:0	S3549
20:4 undifferentiated	S3549
22:6 n-3 (DHA)	S3549
20:2 n-6 c,c	S3549
16:1 c	S3549
18:1 c	S3549
20:3 undifferentiated	S3549
18:3 n-3 c,c,c (ALA)	S3549
20:3 n-3	S3549
Protein	S3549
Glucose (dextrose)	S3549
Maltose	S3549
Galactose	S3549
Calcium, Ca	S3549

NDB No. 16171 Refried beans, canned, vegetarian

Magnesium, Mg	S3549
Sodium, Na	S3549
Riboflavin	S3549
14:0	S3549
24:1 c	S3549
Fatty acids, total trans-monoenoic	S3549
Manganese, Mn	S3549
Selenium, Se	S3549
Tocopherol, delta	S3549
Thiamin	S3549
Vitamin B-6	S3549
12:0	S3549
22:0	S3549
16:1 undifferentiated	S3549
18:4	S3549
18:2 CLAs	S3549
Fructose	S3549
Potassium, K	S3549
Zinc, Zn	S3549
Tocopherol, beta	S3549
Niacin	S3549
4:0	S3549
10:0	S3549
20:0	S3549
20:1	S3549
20:5 n-3 (EPA)	S3549
15:0	S3549
24:0	S3549
18:1 t	S3549
Fiber, total dietary	S3549
Phosphorus, P	S3549
18:1 undifferentiated	S3549
Fatty acids, total monounsaturated	S3549
17:1	S3549
22:4	S3549
Total lipid (fat)	S3549

NDB No. 16171 Refried beans, canned, vegetarian

Lactose	S3549
Fatty acids, total trans	S3549
16:0	S3549
18:2 undifferentiated	S3549
14:1	S3549
18:2 t not further defined	S3549
18:2 n-6 c,c	S3549
18:3 n-6 c,c,c	S3549
Fatty acids, total trans-polyenoic	S3549
Starch	S3549
Sucrose	S3549
Pantothenic acid	S3549
Fatty acids, total polyunsaturated	S3549
22:1 t	S3549
22:1 c	S3549
20:3 n-6	S3549

NDB No. 16172 Refried beans, canned, fat-free

Glucose (dextrose)	S3549
Galactose	S3549
Thiamin	S3549
Niacin	S3549
6:0	S3549
10:0	S3549
16:1 undifferentiated	S3549
18:4	S3549
20:1	S3549
Phosphorus, P	S3549
Tocopherol, beta	S3549
Vitamin B-6	S3549
22:0	S3549
18:1 t	S3549
Fatty acids, total trans-monoenoic	S3549
18:3 n-3 c,c,c (ALA)	S3549
Protein	S3549
Ash	S3549

NDB No. 16172 Refried beans, canned, fat-free

Starch	S3549
Fructose	S3549
Selenium, Se	S3549
Pantothenic acid	S3549
12:0	S3549
18:2 undifferentiated	S3549
22:6 n-3 (DHA)	S3549
20:5 n-3 (EPA)	S3549
22:1 undifferentiated	S3549
17:0	S3549
22:1 t	S3549
24:1 c	S3549
18:2 n-6 c,c	S3549
15:1	S3549
Water	S3549
Fiber, total dietary	S3549
Potassium, K	S3549
Copper, Cu	S3549
Riboflavin	S3549
22:5 n-3 (DPA)	S3549
24:0	S3549
20:3 n-3	S3549
Iron, Fe	S3549
Vitamin E (alpha-tocopherol)	S3549
Fatty acids, total saturated	S3549
15:0	S3549
16:1 c	S3549
22:1 c	S3549
18:3 n-6 c,c,c	S3549
Sucrose	S3549
Sugars, total	S3549
Magnesium, Mg	S3549
Zinc, Zn	S3549
Tocopherol, gamma	S3549
Tocopherol, delta	S3549
4:0	S3549
20:0	S3549

NDB No. 16172 Refried beans, canned, fat-free

18:1 undifferentiated	S3549
18:1 c	S3549
20:3 n-6	S3549
Total lipid (fat)	S3549
Calcium, Ca	S3549
Sodium, Na	S3549
Fatty acids, total trans	S3549
8:0	S3549
14:0	S3549
18:0	S3549
20:3 undifferentiated	S3549
22:4	S3549
Lactose	S3549
Maltose	S3549
Manganese, Mn	S3549
16:0	S3549
18:3 undifferentiated	S3549
20:4 undifferentiated	S3549
14:1	S3549
Fatty acids, total monounsaturated	S3549
Fatty acids, total polyunsaturated	S3549
16:1 t	S3549
18:2 t not further defined	S3549
18:2 CLAs	S3549
20:2 n-6 c,c	S3549
17:1	S3549
Fatty acids, total trans-polyenoic	S3549

NDB No. 16173 Frijoles rojos volteados (Refried beans, red, canned)

Sodium, Na	S3550
Copper, Cu	S3550
Vitamin E (alpha-tocopherol)	S3550
Tocopherol, delta	S3550
Pantothenic acid	S3550
Folate, total	S3550
Phenylalanine	S3550

NDB No. 16173 Frijoles rojos volteados (Refried beans, red, canned)

Arginine	S3550
Aspartic acid	S3550
Glutamic acid	S3550
Serine	S3550
18:1 undifferentiated	S3550
18:2 undifferentiated	S3550
14:1	S3550
22:1 undifferentiated	S3550
Starch	S3550
Fiber, total dietary	S3550
Tocopherol, gamma	S3550
Folate, food	S3550
Isoleucine	S3550
Leucine	S3550
Tyrosine	S3550
16:1 undifferentiated	S3550
17:0	S3550
18:2 t not further defined	S3550
20:2 n-6 c,c	S3550
16:1 c	S3550
20:3 undifferentiated	S3550
Fatty acids, total trans-polyenoic	S3550
15:1	S3550
Potassium, K	S3550
Tocopherol, beta	S3550
Thiamin	S3550
Riboflavin	S3550
Niacin	S3550
Tryptophan	S3550
Threonine	S3550
Lysine	S3550
Valine	S3550
Histidine	S3550
Hydroxyproline	S3550
18:0	S3550
22:6 n-3 (DHA)	S3550
22:0	S3550

NDB No. 16173 Frijoles rojos volteados (Refried beans, red, canned)

18:4	S3550
24:0	S3550
18:3 n-6 c,c,c	S3550
Ash	S3550
Water	S3550
Magnesium, Mg	S3550
Cystine	S3550
4:0	S3550
8:0	S3550
10:0	S3550
16:0	S3550
20:0	S3550
22:5 n-3 (DPA)	S3550
18:3 n-3 c,c,c (ALA)	S3550
20:3 n-3	S3550
22:4	S3550
Alanine	S3550
Proline	S3550
6:0	S3550
20:1	S3550
22:1 t	S3550
Calcium, Ca	S3550
Zinc, Zn	S3550
Vitamin B-6	S3550
20:4 undifferentiated	S3550
15:0	S3550
18:2 CLAs	S3550
18:1 c	S3550
Fatty acids, total trans-monoenoic	S3550
Iron, Fe	S3550
Fatty acids, total saturated	S3550
12:0	S3550
14:0	S3550
24:1 c	S3550
18:2 n-6 c,c	S3550
17:1	S3550
Protein	S3550

NDB No. 16173 Frijoles rojos volteados (Refried beans, red, canned)

Total lipid (fat)	S3550
Phosphorus, P	S3550
Manganese, Mn	S3550
Selenium, Se	S3550
Methionine	S3550
Glycine	S3550
Fatty acids, total trans	S3550
18:3 undifferentiated	S3550
20:5 n-3 (EPA)	S3550
Fatty acids, total monounsaturated	S3550
Fatty acids, total polyunsaturated	S3550
16:1 t	S3550
18:1 t	S3550
22:1 c	S3550
20:3 n-6	S3550

NDB No. 16174 Tempeh, cooked

Water	S18
Manganese, Mn	S18
Folate, total	S18
Vitamin B-12	S18
8:0	S18
20:3 undifferentiated	S18
Copper, Cu	S18
10:0	S18
16:0	S18
20:0	S18
18:1 undifferentiated	S18
20:1	S18
15:0	S18
Potassium, K	S18
14:1	S18
Protein	S18
Calcium, Ca	S18
17:1	S18
Selenium, Se	S18

NDB No. 16174 Tempeh, cooked

Vitamin B-6	S18
18:0	S18
22:0	S18
16:1 undifferentiated	S18
17:0	S18
Total lipid (fat)	S18
Ash	S18
Iron, Fe	S18
Riboflavin	S18
Niacin	S18
18:2 undifferentiated	S18
18:3 undifferentiated	S18
Magnesium, Mg	S18
Phosphorus, P	S18
Thiamin	S18
14:0	S18
Sodium, Na	S18
Zinc, Zn	S18
Pantothenic acid	S18
12:0	S18
20:4 undifferentiated	S18
22:1 undifferentiated	S18
24:0	S18

NDB No. 16200 CAMPBELL Soup Company, Campbell's Brown Sugar And Bacon Flavored Baked Beans

Water	S3921

NDB No. 16201 CAMPBELL Soup Company, Campbell's Pork and Beans

Water	S3921

NDB No. 16202 CAMPBELL Soup Company, PACE, Traditional Refried Beans

Water	S3921

NDB No. 16203 CAMPBELL Soup Company, PACE, Salsa Refried Beans

NDB No. 16203 CAMPBELL Soup Company, PACE, Salsa Refried Beans

Water	S3921

NDB No. 16204 CAMPBELL Soup Company, PACE, Spicy Jalapeno Refried Beans

Water	S3921

NDB No. 16210 Vitasoy USA, Nasoya Lite Firm Tofu

Vitamin A, IU	S4021
Vitamin B-12	S4021
Protein	S4021
Energy	S4021
Sugars, total	S4021
Fiber, total dietary	S4021
Sodium, Na	S4021
Cholesterol	S4021
Total lipid (fat)	S4021
Calcium, Ca	S4021
Iron, Fe	S4021
Fatty acids, total saturated	S4021
Vitamin D	S4021
Fatty acids, total polyunsaturated	S4021
Fatty acids, total monounsaturated	S4021
Carbohydrate, by difference	S4021
Phosphorus, P	S4021
Vitamin E (alpha-tocopherol)	S4021

NDB No. 16211 Vitasoy USA, Organic Nasoya Super Firm Cubed Tofu

Carbohydrate, by difference	S4021
Fatty acids, total monounsaturated	S4021
Fatty acids, total saturated	S4021
Fiber, total dietary	S4021
Calcium, Ca	S4021
Sugars, total	S4021
Iron, Fe	S4021
Protein	S4021

NDB No. 16211 Vitasoy USA, Organic Nasoya Super Firm Cubed Tofu

Cholesterol	S4021
Total lipid (fat)	S4021
Energy	S4021
Sodium, Na	S4021
Fatty acids, total polyunsaturated	S4021

NDB No. 16212 Vitasoy USA, Organic Nasoya Extra Firm Tofu

Protein	S4021
Sugars, total	S4021
Iron, Fe	S4021
Vitamin A, IU	S4021
Fatty acids, total polyunsaturated	S4021
Total lipid (fat)	S4021
Carbohydrate, by difference	S4021
Sodium, Na	S4021
Fatty acids, total saturated	S4021
Energy	S4021
Fiber, total dietary	S4021
Calcium, Ca	S4021
Cholesterol	S4021
Fatty acids, total monounsaturated	S4021

NDB No. 16213 Vitasoy USA, Organic Nasoya Firm Tofu

Carbohydrate, by difference	S4021
Sugars, total	S4021
Fiber, total dietary	S4021
Fatty acids, total saturated	S4021
Protein	S4021
Iron, Fe	S4021
Sodium, Na	S4021
Cholesterol	S4021
Fatty acids, total monounsaturated	S4021
Fatty acids, total polyunsaturated	S4021
Total lipid (fat)	S4021

NDB No. 16213 Vitasoy USA, Organic Nasoya Firm Tofu

Energy	S4021
Calcium, Ca	S4021

NDB No. 16215 Vitasoy USA, Vitasoy Organic Creamy Original Soymilk

Calcium, Ca	S4021
Iron, Fe	S4021
Sodium, Na	S4021
Folate, total	S4021
Fatty acids, total monounsaturated	S4021
Total lipid (fat)	S4021
Energy	S4021
Potassium, K	S4021
Thiamin	S4021
Sugars, total	S4021
Riboflavin	S4021
Vitamin B-12	S4021
Cholesterol	S4021
Protein	S4021
Magnesium, Mg	S4021
Carbohydrate, by difference	S4021
Fatty acids, total saturated	S4021
Fatty acids, total polyunsaturated	S4021
Fiber, total dietary	S4021
Zinc, Zn	S4021
Vitamin A, IU	S4021
Vitamin D	S4021

NDB No. 16216 Vitasoy USA, Vitasoy Orgnaic Classic Original Soymilk

Total lipid (fat)	S4021
Sugars, total	S4021
Carbohydrate, by difference	S4021
Energy	S4021
Fatty acids, total monounsaturated	S4021
Potassium, K	S4021

NDB No. 16216 Vitasoy USA, Vitasoy Orgnaic Classic Original Soymilk

Cholesterol	S4021
Fatty acids, total saturated	S4021
Fiber, total dietary	S4021
Calcium, Ca	S4021
Iron, Fe	S4021
Protein	S4021
Folate, total	S4021
Sodium, Na	S4021
Fatty acids, total polyunsaturated	S4021

NDB No. 16219 Vitasoy USA, Vitasoy Light Vanilla Soymilk

Folate, total	S4021
Energy	S4021
Sodium, Na	S4021
Carbohydrate, by difference	S4021
Magnesium, Mg	S4021
Vitamin D	S4021
Thiamin	S4021
Vitamin B-12	S4021
Fiber, total dietary	S4021
Calcium, Ca	S4021
Potassium, K	S4021
Vitamin A, IU	S4021
Fatty acids, total polyunsaturated	S4021
Total lipid (fat)	S4021
Cholesterol	S4021
Fatty acids, total saturated	S4021
Protein	S4021
Sugars, total	S4021
Iron, Fe	S4021
Zinc, Zn	S4021
Riboflavin	S4021
Fatty acids, total monounsaturated	S4021

NDB No. 16222 Soymilk (all flavors), unsweetened, with added calcium, vitamins A and D

NDB No. 16222 Soymilk (all flavors), unsweetened, with added calcium, vitamins A and D

Total lipid (fat)	S4261
Carbohydrate, by difference	S4261
Magnesium, Mg	S4261
Fatty acids, total saturated	S4261
Energy	S4261
Sodium, Na	S4261
Vitamin B-12	S4261
Pantothenic acid	S4261
Potassium, K	S4261
Fatty acids, total trans	S4261
Protein	S4261
Sugars, total	S4261
Calcium, Ca	S4261
Vitamin A, IU	S4261
Vitamin D	S4261
Niacin	S4261
Vitamin B-6	S4261
Iron, Fe	S4261
Phosphorus, P	S4261
Copper, Cu	S4261
Vitamin C, total ascorbic acid	S4261
Thiamin	S4261
Riboflavin	S4261
Fatty acids, total monounsaturated	S4261
Fatty acids, total polyunsaturated	S4261
Fiber, total dietary	S4261
Cholesterol	S4261

NDB No. 16223 Soymilk (All flavors), enhanced

Iron, Fe	S4261
Vitamin E (alpha-tocopherol)	S4261
Niacin	S4261
Potassium, K	S4261
Fatty acids, total trans	S4261
Zinc, Zn	S4261
Vitamin B-6	S4261

NDB No. 16223 Soymilk (All flavors), enhanced

Fatty acids, total monounsaturated	S4261
Sodium, Na	S4261
Selenium, Se	S4261
Vitamin C, total ascorbic acid	S4261
Thiamin	S4261
Riboflavin	S4261
Sugars, total	S4261
Fiber, total dietary	S4261
Folate, total	S4261
Total lipid (fat)	S4261
Energy	S4261
Calcium, Ca	S4261
Copper, Cu	S4261
Vitamin A, IU	S4261
Vitamin B-12	S4261
Fatty acids, total saturated	S4261
Fatty acids, total polyunsaturated	S4261
Protein	S4261
Carbohydrate, by difference	S4261
Vitamin D	S4261
Cholesterol	S4261

NDB No. 16225 Soymilk, original and vanilla, light, with added calcium, vitamins A and D

Phosphorus, P	S4261
Zinc, Zn	S4261
Sodium, Na	S4261
Selenium, Se	S4261
Protein	S4261
Sugars, total	S4261
Iron, Fe	S4261
Vitamin D	S4261
Calcium, Ca	S4261
Fatty acids, total monounsaturated	S4261
Energy	S4261
Folate, total	S4261

NDB No. 16225 Soymilk, original and vanilla, light, with added calcium, vitamins A and D

Cholesterol	S4261
Fatty acids, total trans	S4261
Fatty acids, total polyunsaturated	S4261
Thiamin	S4261
Vitamin B-12	S4261
Fatty acids, total saturated	S4261
Total lipid (fat)	S4261
Carbohydrate, by difference	S4261
Fiber, total dietary	S4261
Magnesium, Mg	S4261
Vitamin C, total ascorbic acid	S4261
Riboflavin	S4261
Potassium, K	S4261
Vitamin A, IU	S4261

NDB No. 16227 Soymilk, chocolate and other flavors, light, with added calcium, vitamins A and D

Sugars, total	S4261
Selenium, Se	S4261
Vitamin B-12	S4261
Iron, Fe	S4261
Phosphorus, P	S4261
Zinc, Zn	S4261
Protein	S4261
Carbohydrate, by difference	S4261
Energy	S4261
Vitamin C, total ascorbic acid	S4261
Fatty acids, total polyunsaturated	S4261
Magnesium, Mg	S4261
Vitamin D	S4261
Thiamin	S4261
Fatty acids, total saturated	S4261
Fatty acids, total monounsaturated	S4261
Sodium, Na	S4261
Vitamin A, IU	S4261
Fatty acids, total trans	S4261
Total lipid (fat)	S4261

NDB No. 16227 Soymilk, chocolate and other flavors, light, with added calcium, vitamins A and D

Fiber, total dietary	S4261
Calcium, Ca	S4261
Potassium, K	S4261
Riboflavin	S4261
Folate, total	S4261
Cholesterol	S4261

NDB No. 16228 Soymilk, original and vanilla, light, unsweetened, with added calcium, vitamins A and D

Magnesium, Mg	S4261
Riboflavin	S4261
Vitamin B-12	S4261
Protein	S4261
Carbohydrate, by difference	S4261
Fatty acids, total polyunsaturated	S4261
Phosphorus, P	S4261
Potassium, K	S4261
Vitamin C, total ascorbic acid	S4261
Fatty acids, total saturated	S4261
Fiber, total dietary	S4261
Calcium, Ca	S4261
Zinc, Zn	S4261
Vitamin D	S4261
Energy	S4261
Cholesterol	S4261
Fatty acids, total trans	S4261
Total lipid (fat)	S4261
Sugars, total	S4261
Vitamin A, IU	S4261
Fatty acids, total monounsaturated	S4261
Iron, Fe	S4261
Sodium, Na	S4261

NDB No. 16229 Soymilk (All flavors), lowfat, with added calcium, vitamins A and D

Carbohydrate, by difference	S4261
Sugars, total	S4261

NDB No. 16229 Soymilk (All flavors), lowfat, with added calcium, vitamins A and D

Vitamin C, total ascorbic acid	S4261
Fatty acids, total saturated	S4261
Fatty acids, total polyunsaturated	S4261
Phosphorus, P	S4261
Calcium, Ca	S4261
Potassium, K	S4261
Vitamin A, IU	S4261
Cholesterol	S4261
Protein	S4261
Energy	S4261
Fiber, total dietary	S4261
Fatty acids, total monounsaturated	S4261
Vitamin D	S4261
Vitamin B-12	S4261
Fatty acids, total trans	S4261
Iron, Fe	S4261
Total lipid (fat)	S4261
Sodium, Na	S4261

NDB No. 16230 Soymilk (all flavors), nonfat, with added calcium, vitamins A and D

Cholesterol	S4261
Iron, Fe	S4261
Zinc, Zn	S4261
Fatty acids, total polyunsaturated	S4261
Protein	S4261
Energy	S4261
Magnesium, Mg	S4261
Vitamin C, total ascorbic acid	S4261
Fatty acids, total monounsaturated	S4261
Carbohydrate, by difference	S4261
Sugars, total	S4261
Fiber, total dietary	S4261
Vitamin D	S4261
Riboflavin	S4261
Fatty acids, total saturated	S4261

NDB No. 16230 Soymilk (all flavors), nonfat, with added calcium, vitamins A and D

Phosphorus, P	S4261
Total lipid (fat)	S4261
Potassium, K	S4261
Sodium, Na	S4261
Vitamin A, IU	S4261
Vitamin B-12	S4261
Calcium, Ca	S4261
Fatty acids, total trans	S4261

NDB No. 16231 Soymilk, chocolate, nonfat, with added calcium, vitamins A and D

Total lipid (fat)	S4261
Potassium, K	S4261
Sodium, Na	S4261
Fatty acids, total polyunsaturated	S4261
Protein	S4261
Energy	S4261
Vitamin B-12	S4261
Fatty acids, total saturated	S4261
Carbohydrate, by difference	S4261
Zinc, Zn	S4261
Vitamin C, total ascorbic acid	S4261
Fatty acids, total trans	S4261
Iron, Fe	S4261
Cholesterol	S4261
Sugars, total	S4261
Magnesium, Mg	S4261
Phosphorus, P	S4261
Vitamin A, IU	S4261
Vitamin D	S4261
Fiber, total dietary	S4261
Calcium, Ca	S4261
Riboflavin	S4261
Fatty acids, total monounsaturated	S4261

NDB No. 16338 Beans, navy, mature seeds, cooked, boiled, with salt

NDB No. 16338 Beans, navy, mature seeds, cooked, boiled, with salt

Sucrose	S1164
Galactose	S1164
Calcium, Ca	S1164, S2202, S183, S203, S182
Betaine	S1164
Hydroxyproline	S1164
14:0	S1164
20:0	S1164
22:0	S1164
14:1	S1164
20:2 n-6 c,c	S1164
Zinc, Zn	S1164, S2202, S183, S203, S182
Copper, Cu	S1164, S2202, S183, S203, S182
Histidine	S1164
Glutamic acid	S1164
6:0	S1164
16:0	S1164
18:2 undifferentiated	S1164
18:3 n-6 c,c,c	S1164
15:1	S1164
Total lipid (fat)	S1164, S2202
Sugars, total	S1164
Tocopherol, delta	S1164
Thiamin	S1164, S2202
Folate, total	S2202
Aspartic acid	S1164
8:0	S1164
18:0	S1164
15:0	S1164
17:0	S1164
20:3 undifferentiated	S1164
18:3 n-3 c,c,c (ALA)	S1164
Protein	S1164, S2202
Lactose	S1164
Phosphorus, P	S1164, S2202, S183, S203, S182
Leucine	S1164
Arginine	S1164
12:0	S1164

NDB No. 16338 Beans, navy, mature seeds, cooked, boiled, with salt

18:1 undifferentiated	S1164
22:1 undifferentiated	S1164
18:1 t	S1164
Glucose (dextrose)	S1164
Maltose	S1164
Phenylalanine	S1164
Fatty acids, total saturated	S1164
10:0	S1164
22:6 n-3 (DHA)	S1164
20:5 n-3 (EPA)	S1164
Fatty acids, total monounsaturated	S1164
18:1 c	S1164
17:1	S1164
Fatty acids, total trans-monoenoic	S1164
Starch	S1164
Fructose	S1164
Water	S1164, S2202
Potassium, K	S1164, S2202, S183, S203, S182
Selenium, Se	S1164, S203
Vitamin E (alpha-tocopherol)	S1164
Tocopherol, gamma	S1164
Dihydrophylloquinone	S1164
Isoleucine	S1164
Methionine	S1164
Cystine	S1164
Tyrosine	S1164
Alanine	S1164
Proline	S1164
18:3 undifferentiated	S1164
Fatty acids, total polyunsaturated	S1164
24:0	S1164
Fiber, total dietary	S1164
Iron, Fe	S1164, S2202, S183, S203, S182
Manganese, Mn	S1164, S2202, S183, S203, S182
Tocopherol, beta	S1164
Riboflavin	S1164, S2202

NDB No. 16338 Beans, navy, mature seeds, cooked, boiled, with salt

Pantothenic acid	S1164, S2202
Vitamin K (phylloquinone)	S1164
Tryptophan	S1164
Valine	S1164
Glycine	S1164
Fatty acids, total trans	S1164
4:0	S1164
20:4 undifferentiated	S1164
16:1 undifferentiated	S1164
Ash	S1164, S2202
Magnesium, Mg	S1164, S2202, S183, S203, S182
Niacin	S1164, S2202
Vitamin B-6	S1164, S2202
Choline, total	S1164
Threonine	S1164
Lysine	S1164
Serine	S1164
20:1	S1164
13:0	S1164

NDB No. 16343 Beans, pinto, mature seeds, cooked, boiled, with salt

Carotene, alpha	S1065
Vitamin C, total ascorbic acid	S1065
Pantothenic acid	S1065, S2202
Sucrose	S1065
Lactose	S1065
Phosphorus, P	S7, S10, S1065, S2202, S6, S183, S203, S11, S9, S12, S8, S182
Cryptoxanthin, beta	S1065
Thiamin	S1065, S2202
Starch	S1065
Fructose	S1065
Iron, Fe	S7, S10, S1065, S2202, S6, S183, S203, S11, S9, S12, S8, S182
Potassium, K	S7, S10, S1065, S2202, S6, S183, S203, S11, S9, S12, S8, S182
Copper, Cu	S7, S10, S1065, S2202, S6, S183, S203, S11, S9, S12, S8, S182
Niacin	S1065, S2202
Vitamin K (phylloquinone)	S1065, D4002

NDB No. 16343 Beans, pinto, mature seeds, cooked, boiled, with salt

Water	S1065, S2202
Zinc, Zn	S7, S10, S1065, S2202, S6, S183, S203, S11, S9, S12, S8, S182
Selenium, Se	S7, S10, S1065, S6, S183, S203, S11, S9, S12, S8, S182
Protein	S1065, S2202
Lycopene	S1065
Glucose (dextrose)	S1065
Calcium, Ca	S7, S10, S1065, S2202, S6, S183, S203, S11, S9, S12, S8, S182
Magnesium, Mg	S7, S10, S1065, S2202, S6, S183, S203, S11, S9, S12, S8, S182
Total lipid (fat)	S1065, S2202
Fiber, total dietary	S1065
Vitamin B-6	S1065, S2202
Dihydrophylloquinone	S1065
Ash	S1065, S2202
Maltose	S1065
Manganese, Mn	S7, S10, S1065, S2202, S6, S183, S203, S11, S9, S12, S8, S182
Carotene, beta	S1065
Riboflavin	S1065, S2202
Folate, total	S2202

NDB No. 16363 Cowpeas, common (blackeyes, crowder, southern), mature seeds, cooked, boiled, with salt

Fluoride, F	D5007

NDB No. 16397 Peanut butter, chunk style, without salt

Vitamin K (phylloquinone)	S22
Betaine	S22
Proline	S22
12:0	S22
Lactose	S22
Magnesium, Mg	S22
Pantothenic acid	S22
Leucine	S22
Alanine	S22
Total lipid (fat)	S22
Starch	S22
Sucrose	S22
Fructose	S22

NDB No. 16397 Peanut butter, chunk style, without salt

Potassium, K	S22
Selenium, Se	S22
Riboflavin	S22
Choline, total	S22
Lysine	S22
Cystine	S22
20:0	S22
18:2 undifferentiated	S22
20:1	S22
Glucose (dextrose)	S22
Water	D3765, S22
Fiber, total dietary	D3765, S22
Tocopherol, gamma	S22
Niacin	S22
Dihydrophylloquinone	S22
Isoleucine	S22
Aspartic acid	S22
18:1 undifferentiated	S22
Sugars, total	S22
Zinc, Zn	S22
Copper, Cu	S22
Manganese, Mn	S22
Tocopherol, delta	S22
Vitamin B-6	S22
Arginine	S22
Histidine	S22
Glutamic acid	S22
16:0	S22
18:0	S22
Protein	S22
Iron, Fe	S22
Phenylalanine	S22
Valine	S22
Glycine	S22
Ash	S22
Maltose	S22
Phosphorus, P	S22

NDB No. 16397 Peanut butter, chunk style, without salt

Thiamin	S22
Threonine	S22
Methionine	S22
Tyrosine	S22
Serine	S22
Hydroxyproline	S22
Galactose	S22
Calcium, Ca	S22
Vitamin E (alpha-tocopherol)	S22
Tocopherol, beta	S22
Tryptophan	S22

NDB No. 16398 Peanut butter, smooth style, without salt

Lactose	S837, S22
Tryptophan	S22
Selenium, Se	S7, S10, S6, S183, S203, S11, S9, S12, S8, S182, S22
Vitamin E (alpha-tocopherol)	S84, S22, S87
Pantothenic acid	S22
Cystine	S22
Aspartic acid	S22
Glycine	S22
Total lipid (fat)	S84, S22, S87
Starch	S22
Sucrose	S837, S404, S22
Glucose (dextrose)	S837, S404, S22
Maltose	S837, S22
Water	S837, S84, S404, S22, S87
Galactose	S22
Calcium, Ca	S7, S10, S6, S183, S203, S11, S9, S12, S8, S182, S22
Iron, Fe	S7, S10, S6, S183, S203, S11, S9, S12, S8, S182, S22
Magnesium, Mg	S7, S10, S6, S183, S203, S11, S9, S12, S8, S182, S22
Zinc, Zn	S7, S10, S6, S183, S203, S11, S9, S12, S8, S182, S22
Vitamin B-6	S22
Choline, total	S22
Threonine	S22
Glutamic acid	S22

NDB No. 16398 Peanut butter, smooth style, without salt

Fatty acids, total saturated	S22
18:2 undifferentiated	S22
20:1	S22
Protein	S22
Sugars, total	S837, S22
Tocopherol, gamma	S84, S22, S87
Tocopherol, delta	S84, S22, S87
Histidine	S22
Fructose	S837, S22
Dihydrophylloquinone	S22
Vitamin K (phylloquinone)	D4002, S22
Isoleucine	S22
Alanine	S22
Fiber, total dietary	S837, S22
Potassium, K	S7, S10, S6, S183, S203, S11, S9, S12, S8, S182, S22
Copper, Cu	S7, S10, S6, S183, S203, S11, S9, S12, S8, S182, S22
Tocopherol, beta	S84, S22, S87
Methionine	S22
Tyrosine	S22
Valine	S22
Proline	S22
16:0	S22
18:1 undifferentiated	S22
Fatty acids, total monounsaturated	S22
Phosphorus, P	S7, S10, S6, S183, S203, S11, S9, S12, S8, S182, S22
Manganese, Mn	S7, S10, S6, S183, S203, S11, S9, S12, S8, S182, S22
Betaine	S22
Phenylalanine	S22
Arginine	S22
12:0	S22
20:0	S22
Fatty acids, total polyunsaturated	S22
Ash	S22
Thiamin	S22
Leucine	S22
Lysine	S22
Serine	S22

NDB No. 16398 Peanut butter, smooth style, without salt

18:0	S22

NDB No. 16399 Peanut butter with omega-3, creamy

Protein	S3559
Maltose	S3559
Sodium, Na	S3559
14:0	S3559
16:0	S3559
20:5 n-3 (EPA)	S3559
22:1 t	S3559
20:2 n-6 c,c	S3559
Starch	S3559
Glucose (dextrose)	S3559
Calcium, Ca	S3559
Iron, Fe	S3559
Potassium, K	S3559
Thiamin	S3559
Vitamin B-6	S3559
4:0	S3559
18:4	S3559
16:1 t	S3559
18:1 t	S3559
18:2 CLAs	S3559
20:3 n-6	S3559
Ash	S3559
Water	S3559
Galactose	S3559
Copper, Cu	S3559
Vitamin E (alpha-tocopherol)	S3559
Tocopherol, gamma	S3559
Tocopherol, delta	S3559
12:0	S3559
22:0	S3559
15:0	S3559
18:2 n-6 c,c	S3559
Fatty acids, total trans-monoenoic	S3559

NDB No. 16399 Peanut butter with omega-3, creamy

15:1	S3559
20:3 n-3	S3559
Total lipid (fat)	S3559
Sucrose	S3559
Lactose	S3559
Manganese, Mn	S3559
22:6 n-3 (DHA)	S3559
16:1 undifferentiated	S3559
20:1	S3559
20:3 undifferentiated	S3559
Fatty acids, total trans-polyenoic	S3559
Fiber, total dietary	S3559
Zinc, Zn	S3559
Pantothenic acid	S3559
Choline, total	S3559
8:0	S3559
10:0	S3559
Fatty acids, total monounsaturated	S3559
Fructose	S3559
Phosphorus, P	S3559
Betaine	S3559
Fatty acids, total saturated	S3559
6:0	S3559
20:4 undifferentiated	S3559
22:1 undifferentiated	S3559
18:2 t not further defined	S3559
16:1 c	S3559
18:1 c	S3559
22:4	S3559
Magnesium, Mg	S3559
Fatty acids, total trans	S3559
18:1 undifferentiated	S3559
18:3 undifferentiated	S3559
14:1	S3559
22:5 n-3 (DPA)	S3559
Fatty acids, total polyunsaturated	S3559
18:3 n-6 c,c,c	S3559

NDB No. 16399 Peanut butter with omega-3, creamy

18:3 n-3 c,c,c (ALA)	S3559
Sugars, total	S3559
Tocopherol, beta	S3559
Riboflavin	S3559
Niacin	S3559
18:0	S3559
20:0	S3559
18:2 undifferentiated	S3559
17:0	S3559
24:0	S3559
24:1 c	S3559
22:1 c	S3559
17:1	S3559

NDB No. 16417 Soy flour, defatted, crude protein basis (N x 6.25)

Ash	S3553
Potassium, K	S3553
Zinc, Zn	S3553
Manganese, Mn	S3553
Tocopherol, delta	S3553
Niacin	S3553
Pantothenic acid	S3553
Betaine	S3553
Fatty acids, total saturated	S3553
22:0	S3553
22:1 undifferentiated	S3553
22:5 n-3 (DPA)	S3553
Fatty acids, total polyunsaturated	S3553
17:0	S3553
17:1	S3553
15:1	S3553
22:4	S3553
Sodium, Na	S3553
Tocopherol, beta	S3553
14:0	S3553
20:0	S3553

NDB No. 16417 Soy flour, defatted, crude protein basis (N x 6.25)

18:2 undifferentiated	S3553
Total lipid (fat)	S3553
Tocopherol, gamma	S3553
12:0	S3553
14:1	S3553
Protein	S3553
Fiber, total dietary	S3553
Iron, Fe	S3553
Selenium, Se	S3553
Riboflavin	S3553
22:6 n-3 (DHA)	S3553
Fatty acids, total monounsaturated	S3553
Phosphorus, P	S3553
Vitamin B-6	S3553
Choline, total	S3553
8:0	S3553
18:4	S3553
21:5	S3553
18:0	S3553
18:3 undifferentiated	S3553
16:1 undifferentiated	S3553
20:1	S3553
24:1 c	S3553
Water	S3553
Calcium, Ca	S3553
Magnesium, Mg	S3553
Copper, Cu	S3553
Thiamin	S3553
18:1 undifferentiated	S3553
24:0	S3553
20:2 n-6 c,c	S3553
20:3 undifferentiated	S3553
Vitamin E (alpha-tocopherol)	S3553
10:0	S3553
16:0	S3553
20:4 undifferentiated	S3553
20:5 n-3 (EPA)	S3553

NDB No. 16417 Soy flour, defatted, crude protein basis (N x 6.25)

15:0	S3553

NDB No. 16500 LOMA LINDA Little Links, canned, unprepared

Ash	S6241
Water	S6241
Calcium, Ca	S6241
Sodium, Na	S6241
Vitamin C, total ascorbic acid	S6241
Total lipid (fat)	S6241
Zinc, Zn	S6241
Vitamin A, RAE	S6241
Fatty acids, total trans	S6241
Fatty acids, total monounsaturated	S6241
Sugars, total	S6241
Fiber, total dietary	S6241
Thiamin	S6241
Pantothenic acid	S6241
Vitamin B-6	S6241
Energy	S6241
Vitamin A, IU	S6241
Vitamin B-12	S6241
Fatty acids, total polyunsaturated	S6241
Carbohydrate, by difference	S6241
Cholesterol	S6241
Iron, Fe	S6241
Potassium, K	S6241
Niacin	S6241
Protein	S6241
Phosphorus, P	S6241
Riboflavin	S6241
Fatty acids, total saturated	S6241

NDB No. 16502 LOMA LINDA Low Fat Big Franks, canned, unprepared

Fiber, total dietary	S6241
Potassium, K	S6241

NDB No. 16502 LOMA LINDA Low Fat Big Franks, canned, unprepared

Niacin	S6241
Energy	S6241
Calcium, Ca	S6241
Vitamin C, total ascorbic acid	S6241
Thiamin	S6241
Vitamin B-6	S6241
Vitamin A, RAE	S6241
Fatty acids, total monounsaturated	S6241
Total lipid (fat)	S6241
Carbohydrate, by difference	S6241
Water	S6241
Vitamin A, IU	S6241
Phosphorus, P	S6241
Fatty acids, total saturated	S6241
Fatty acids, total polyunsaturated	S6241
Sugars, total	S6241
Iron, Fe	S6241
Sodium, Na	S6241
Zinc, Zn	S6241
Riboflavin	S6241
Fatty acids, total trans	S6241
Protein	S6241
Pantothenic acid	S6241
Vitamin B-12	S6241
Cholesterol	S6241
Ash	S6241

NDB No. 16504 LOMA LINDA Tender Rounds with Gravy, canned, unprepared

Ash	S6241
Energy	S6241
Calcium, Ca	S6241
Iron, Fe	S6241
Vitamin A, RAE	S6241
Fatty acids, total trans	S6241
Fatty acids, total saturated	S6241
Protein	S6241

NDB No. 16504 LOMA LINDA Tender Rounds with Gravy, canned, unprepared

Water	S6241
Thiamin	S6241
Pantothenic acid	S6241
Fatty acids, total monounsaturated	S6241
Vitamin A, IU	S6241
Vitamin C, total ascorbic acid	S6241
Niacin	S6241
Vitamin B-12	S6241
Total lipid (fat)	S6241
Cholesterol	S6241
Carbohydrate, by difference	S6241
Sugars, total	S6241
Phosphorus, P	S6241
Sodium, Na	S6241
Riboflavin	S6241
Vitamin B-6	S6241
Fiber, total dietary	S6241
Potassium, K	S6241
Zinc, Zn	S6241
Fatty acids, total polyunsaturated	S6241

NDB No. 16505 LOMA LINDA Swiss Stake with Gravy, canned, unprepared

Carbohydrate, by difference	S6241
Phosphorus, P	S6241
Vitamin B-12	S6241
Vitamin C, total ascorbic acid	S6241
Water	S6241
Pantothenic acid	S6241
Vitamin B-6	S6241
Vitamin A, RAE	S6241
Thiamin	S6241
Protein	S6241
Ash	S6241
Sugars, total	S6241
Potassium, K	S6241
Fatty acids, total trans	S6241

NDB No. 16505 LOMA LINDA Swiss Stake with Gravy, canned, unprepared

Fatty acids, total monounsaturated	S6241
Energy	S6241
Calcium, Ca	S6241
Sodium, Na	S6241
Vitamin A, IU	S6241
Fatty acids, total polyunsaturated	S6241
Total lipid (fat)	S6241
Iron, Fe	S6241
Niacin	S6241
Fiber, total dietary	S6241
Zinc, Zn	S6241
Riboflavin	S6241
Cholesterol	S6241
Fatty acids, total saturated	S6241

NDB No. 16506 LOMA LINDA Vege-Burger, canned, unprepared

Vitamin A, IU	S6241
Sugars, total	S6241
Vitamin A, RAE	S6241
Pantothenic acid	S6241
Cholesterol	S6241
Fatty acids, total saturated	S6241
Total lipid (fat)	S6241
Energy	S6241
Phosphorus, P	S6241
Thiamin	S6241
Ash	S6241
Iron, Fe	S6241
Fatty acids, total monounsaturated	S6241
Carbohydrate, by difference	S6241
Zinc, Zn	S6241
Vitamin B-6	S6241
Riboflavin	S6241
Protein	S6241
Water	S6241

NDB No. 16506 LOMA LINDA Vege-Burger, canned, unprepared

Calcium, Ca	S6241
Potassium, K	S6241
Vitamin C, total ascorbic acid	S6241
Niacin	S6241
Vitamin B-12	S6241
Fatty acids, total trans	S6241
Fiber, total dietary	S6241
Sodium, Na	S6241
Fatty acids, total polyunsaturated	S6241

NDB No. 16507 LOMA LINDA Redi-Burger, canned, unprepared

Carbohydrate, by difference	S6241
Sugars, total	S6241
Vitamin A, RAE	S6241
Vitamin B-12	S6241
Ash	S6241
Potassium, K	S6241
Fatty acids, total trans	S6241
Water	S6241
Sodium, Na	S6241
Vitamin C, total ascorbic acid	S6241
Pantothenic acid	S6241
Fatty acids, total monounsaturated	S6241
Fiber, total dietary	S6241
Vitamin A, IU	S6241
Thiamin	S6241
Riboflavin	S6241
Cholesterol	S6241
Zinc, Zn	S6241
Vitamin B-6	S6241
Protein	S6241
Energy	S6241
Niacin	S6241
Fatty acids, total saturated	S6241
Calcium, Ca	S6241
Phosphorus, P	S6241

NDB No. 16507 LOMA LINDA Redi-Burger, canned, unprepared

Total lipid (fat)	S6241
Iron, Fe	S6241
Fatty acids, total polyunsaturated	S6241

NDB No. 16508 LOMA LINDA Tender Bits, canned, unprepared

Ash	S6241
Vitamin A, IU	S6241
Thiamin	S6241
Fatty acids, total trans	S6241
Fatty acids, total saturated	S6241
Fatty acids, total monounsaturated	S6241
Fiber, total dietary	S6241
Calcium, Ca	S6241
Potassium, K	S6241
Sodium, Na	S6241
Vitamin A, RAE	S6241
Vitamin B-6	S6241
Protein	S6241
Energy	S6241
Riboflavin	S6241
Phosphorus, P	S6241
Total lipid (fat)	S6241
Iron, Fe	S6241
Pantothenic acid	S6241
Fatty acids, total polyunsaturated	S6241
Carbohydrate, by difference	S6241
Water	S6241
Zinc, Zn	S6241
Vitamin C, total ascorbic acid	S6241
Niacin	S6241
Sugars, total	S6241
Vitamin B-12	S6241
Cholesterol	S6241

NDB No. 16509 LOMA LINDA Linketts, canned, unprepared

NDB No. 16509 LOMA LINDA Linketts, canned, unprepared

Vitamin A, IU	S6241
Total lipid (fat)	S6241
Vitamin A, RAE	S6241
Thiamin	S6241
Ash	S6241
Sugars, total	S6241
Niacin	S6241
Vitamin B-6	S6241
Vitamin B-12	S6241
Fiber, total dietary	S6241
Zinc, Zn	S6241
Vitamin C, total ascorbic acid	S6241
Riboflavin	S6241
Fatty acids, total polyunsaturated	S6241
Water	S6241
Fatty acids, total monounsaturated	S6241
Energy	S6241
Carbohydrate, by difference	S6241
Phosphorus, P	S6241
Sodium, Na	S6241
Pantothenic acid	S6241
Cholesterol	S6241
Fatty acids, total trans	S6241
Protein	S6241
Calcium, Ca	S6241
Iron, Fe	S6241
Potassium, K	S6241
Fatty acids, total saturated	S6241

NDB No. 16510 WORTHINGTON Chili, canned, unprepared

Protein	S6241
Carbohydrate, by difference	S6241
Sugars, total	S6241
Phosphorus, P	S6241
Potassium, K	S6241
Fatty acids, total trans	S6241

NDB No. 16510 WORTHINGTON Chili, canned, unprepared

Fatty acids, total monounsaturated	S6241
Total lipid (fat)	S6241
Vitamin A, IU	S6241
Riboflavin	S6241
Pantothenic acid	S6241
Vitamin B-6	S6241
Calcium, Ca	S6241
Thiamin	S6241
Niacin	S6241
Fatty acids, total polyunsaturated	S6241
Energy	S6241
Water	S6241
Sodium, Na	S6241
Vitamin A, RAE	S6241
Fiber, total dietary	S6241
Iron, Fe	S6241
Vitamin B-12	S6241
Zinc, Zn	S6241
Cholesterol	S6241
Fatty acids, total saturated	S6241
Ash	S6241
Vitamin C, total ascorbic acid	S6241

NDB No. 16511 WORTHINGTON Choplets, canned, unprepared

Protein	S6241
Water	S6241
Iron, Fe	S6241
Vitamin A, RAE	S6241
Vitamin C, total ascorbic acid	S6241
Thiamin	S6241
Carbohydrate, by difference	S6241
Energy	S6241
Fiber, total dietary	S6241
Phosphorus, P	S6241
Riboflavin	S6241
Fatty acids, total trans	S6241

NDB No. 16511 WORTHINGTON Choplets, canned, unprepared

Fatty acids, total saturated	S6241
Total lipid (fat)	S6241
Sodium, Na	S6241
Potassium, K	S6241
Zinc, Zn	S6241
Vitamin A, IU	S6241
Fatty acids, total monounsaturated	S6241
Calcium, Ca	S6241
Ash	S6241
Sugars, total	S6241
Cholesterol	S6241
Fatty acids, total polyunsaturated	S6241

NDB No. 16512 WORTHINGTON Diced Chik, canned, unprepared

Protein	S6241
Zinc, Zn	S6241
Niacin	S6241
Cholesterol	S6241
Calcium, Ca	S6241
Iron, Fe	S6241
Vitamin A, IU	S6241
Vitamin C, total ascorbic acid	S6241
Carbohydrate, by difference	S6241
Ash	S6241
Energy	S6241
Sugars, total	S6241
Fiber, total dietary	S6241
Sodium, Na	S6241
Vitamin B-6	S6241
Thiamin	S6241
Total lipid (fat)	S6241
Water	S6241
Vitamin A, RAE	S6241
Riboflavin	S6241
Fatty acids, total trans	S6241
Potassium, K	S6241

NDB No. 16512 WORTHINGTON Diced Chik, canned, unprepared

Vitamin B-12	S6241

NDB No. 16513 WORTHINGTON FriChik Original, canned, unprepared

Carbohydrate, by difference	S6241
Energy	S6241
Vitamin C, total ascorbic acid	S6241
Fatty acids, total polyunsaturated	S6241
Total lipid (fat)	S6241
Vitamin B-6	S6241
Fatty acids, total saturated	S6241
Protein	S6241
Ash	S6241
Vitamin A, IU	S6241
Thiamin	S6241
Niacin	S6241
Iron, Fe	S6241
Riboflavin	S6241
Potassium, K	S6241
Zinc, Zn	S6241
Water	S6241
Sugars, total	S6241
Fiber, total dietary	S6241
Cholesterol	S6241
Fatty acids, total trans	S6241
Calcium, Ca	S6241
Sodium, Na	S6241
Vitamin A, RAE	S6241
Fatty acids, total monounsaturated	S6241
Vitamin B-12	S6241

NDB No. 16514 WORTHINGTON Low Fat Fri Chik, canned, unprepared

Calcium, Ca	S6241
Fatty acids, total monounsaturated	S6241
Ash	S6241

NDB No. 16514 WORTHINGTON Low Fat Fri Chik, canned, unprepared

Energy	S6241
Water	S6241
Vitamin C, total ascorbic acid	S6241
Riboflavin	S6241
Vitamin B-6	S6241
Potassium, K	S6241
Fatty acids, total polyunsaturated	S6241
Protein	S6241
Sugars, total	S6241
Iron, Fe	S6241
Zinc, Zn	S6241
Vitamin B-12	S6241
Cholesterol	S6241
Total lipid (fat)	S6241
Phosphorus, P	S6241
Fatty acids, total saturated	S6241
Fiber, total dietary	S6241
Vitamin A, IU	S6241
Niacin	S6241
Carbohydrate, by difference	S6241
Thiamin	S6241
Fatty acids, total trans	S6241
Sodium, Na	S6241
Vitamin A, RAE	S6241

NDB No. 16515 WORTHINGTON Low Fat Veja-Links, canned, unprepared

Water	S6241
Calcium, Ca	S6241
Phosphorus, P	S6241
Zinc, Zn	S6241
Thiamin	S6241
Niacin	S6241
Vitamin B-6	S6241
Vitamin B-12	S6241
Cholesterol	S6241
Fatty acids, total trans	S6241

NDB No. 16515 WORTHINGTON Low Fat Veja-Links, canned, unprepared

Fatty acids, total polyunsaturated	S6241
Carbohydrate, by difference	S6241
Vitamin C, total ascorbic acid	S6241
Fatty acids, total monounsaturated	S6241
Iron, Fe	S6241
Sodium, Na	S6241
Vitamin A, RAE	S6241
Sugars, total	S6241
Potassium, K	S6241
Fatty acids, total saturated	S6241
Protein	S6241
Total lipid (fat)	S6241
Energy	S6241
Vitamin A, IU	S6241
Ash	S6241
Fiber, total dietary	S6241
Riboflavin	S6241

NDB No. 16516 WORTHINGTON Multigrain Cutlets, canned, unprepared

Vitamin A, IU	S6241
Fatty acids, total trans	S6241
Water	S6241
Sugars, total	S6241
Potassium, K	S6241
Vitamin C, total ascorbic acid	S6241
Carbohydrate, by difference	S6241
Energy	S6241
Calcium, Ca	S6241
Ash	S6241
Sodium, Na	S6241
Fatty acids, total polyunsaturated	S6241
Phosphorus, P	S6241
Fatty acids, total saturated	S6241
Total lipid (fat)	S6241
Fiber, total dietary	S6241
Zinc, Zn	S6241

NDB No. 16516 WORTHINGTON Multigrain Cutlets, canned, unprepared

Cholesterol	S6241
Fatty acids, total monounsaturated	S6241
Protein	S6241
Iron, Fe	S6241
Vitamin A, RAE	S6241

NDB No. 16517 WORTHINGTON Prime Stakes, canned, unprepared

Vitamin A, RAE	S6241
Thiamin	S6241
Niacin	S6241
Vitamin B-6	S6241
Vitamin B-12	S6241
Fatty acids, total polyunsaturated	S6241
Sugars, total	S6241
Fiber, total dietary	S6241
Calcium, Ca	S6241
Phosphorus, P	S6241
Fatty acids, total trans	S6241
Fatty acids, total saturated	S6241
Protein	S6241
Water	S6241
Potassium, K	S6241
Zinc, Zn	S6241
Riboflavin	S6241
Fatty acids, total monounsaturated	S6241
Energy	S6241
Vitamin A, IU	S6241
Vitamin C, total ascorbic acid	S6241
Cholesterol	S6241
Total lipid (fat)	S6241
Carbohydrate, by difference	S6241
Ash	S6241
Iron, Fe	S6241
Sodium, Na	S6241

NDB No. 16518 WORTHINGTON Saucettes, canned, unprepared

Vitamin A, RAE	S6241
Vitamin C, total ascorbic acid	S6241
Fatty acids, total trans	S6241
Energy	S6241
Phosphorus, P	S6241
Niacin	S6241
Sugars, total	S6241
Fiber, total dietary	S6241
Iron, Fe	S6241
Potassium, K	S6241
Vitamin B-6	S6241
Cholesterol	S6241
Water	S6241
Calcium, Ca	S6241
Riboflavin	S6241
Sodium, Na	S6241
Thiamin	S6241
Protein	S6241
Total lipid (fat)	S6241
Carbohydrate, by difference	S6241
Ash	S6241
Vitamin A, IU	S6241
Vitamin B-12	S6241
Zinc, Zn	S6241

NDB No. 16519 WORTHINGTON Super Links, canned, unprepared

Protein	S6241
Ash	S6241
Zinc, Zn	S6241
Thiamin	S6241
Vitamin B-6	S6241
Fatty acids, total trans	S6241
Water	S6241
Niacin	S6241
Fatty acids, total polyunsaturated	S6241
Sugars, total	S6241

NDB No. 16519 WORTHINGTON Super Links, canned, unprepared

Vitamin A, IU	S6241
Iron, Fe	S6241
Phosphorus, P	S6241
Potassium, K	S6241
Cholesterol	S6241
Energy	S6241
Fiber, total dietary	S6241
Riboflavin	S6241
Vitamin C, total ascorbic acid	S6241
Fatty acids, total saturated	S6241
Fatty acids, total monounsaturated	S6241
Total lipid (fat)	S6241
Carbohydrate, by difference	S6241
Sodium, Na	S6241
Vitamin B-12	S6241
Calcium, Ca	S6241
Vitamin A, RAE	S6241

NDB No. 16521 WORTHINGTON Vegetable Skallops, canned, unprepared

Protein	S6241
Iron, Fe	S6241
Sodium, Na	S6241
Energy	S6241
Calcium, Ca	S6241
Vitamin A, IU	S6241
Vitamin A, RAE	S6241
Zinc, Zn	S6241
Cholesterol	S6241
Fatty acids, total monounsaturated	S6241
Carbohydrate, by difference	S6241
Water	S6241
Potassium, K	S6241
Vitamin C, total ascorbic acid	S6241
Fatty acids, total polyunsaturated	S6241
Ash	S6241

NDB No. 16521 WORTHINGTON Vegetable Skallops, canned, unprepared

Fatty acids, total trans	S6241
Fatty acids, total saturated	S6241
Total lipid (fat)	S6241
Sugars, total	S6241
Fiber, total dietary	S6241
Phosphorus, P	S6241

NDB No. 16522 WORTHINGTON Vegetable Steaks, canned, unprepared

Phosphorus, P	S6241
Zinc, Zn	S6241
Vitamin B-6	S6241
Fatty acids, total trans	S6241
Protein	S6241
Iron, Fe	S6241
Vitamin B-12	S6241
Energy	S6241
Vitamin A, RAE	S6241
Niacin	S6241
Carbohydrate, by difference	S6241
Sugars, total	S6241
Calcium, Ca	S6241
Cholesterol	S6241
Fiber, total dietary	S6241
Potassium, K	S6241
Sodium, Na	S6241
Vitamin A, IU	S6241
Riboflavin	S6241
Total lipid (fat)	S6241
Ash	S6241
Water	S6241
Vitamin C, total ascorbic acid	S6241
Thiamin	S6241

NDB No. 16523 WORTHINGTON Vegetarian Burger, canned, unprepared

Sugars, total	S6241
Fiber, total dietary	S6241

NDB No. 16523 WORTHINGTON Vegetarian Burger, canned, unprepared

Riboflavin	S6241
Cholesterol	S6241
Fatty acids, total monounsaturated	S6241
Total lipid (fat)	S6241
Ash	S6241
Water	S6241
Phosphorus, P	S6241
Sodium, Na	S6241
Vitamin A, IU	S6241
Carbohydrate, by difference	S6241
Vitamin A, RAE	S6241
Niacin	S6241
Vitamin B-6	S6241
Fatty acids, total saturated	S6241
Protein	S6241
Zinc, Zn	S6241
Thiamin	S6241
Vitamin B-12	S6241
Fatty acids, total polyunsaturated	S6241
Energy	S6241
Iron, Fe	S6241
Potassium, K	S6241
Calcium, Ca	S6241
Vitamin C, total ascorbic acid	S6241
Fatty acids, total trans	S6241

NDB No. 16524 WORTHINGTON Veja-Links, canned, unprepared

Total lipid (fat)	S6241
Energy	S6241
Calcium, Ca	S6241
Sodium, Na	S6241
Vitamin A, RAE	S6241
Vitamin C, total ascorbic acid	S6241
Protein	S6241
Phosphorus, P	S6241
Niacin	S6241

NDB No. 16524 WORTHINGTON Veja-Links, canned, unprepared

Vitamin B-12	S6241
Sugars, total	S6241
Carbohydrate, by difference	S6241
Iron, Fe	S6241
Riboflavin	S6241
Thiamin	S6241
Vitamin B-6	S6241
Cholesterol	S6241
Fatty acids, total monounsaturated	S6241
Ash	S6241
Potassium, K	S6241
Zinc, Zn	S6241
Vitamin A, IU	S6241
Fatty acids, total trans	S6241
Fatty acids, total saturated	S6241
Fatty acids, total polyunsaturated	S6241
Water	S6241
Fiber, total dietary	S6241

NDB No. 16525 WORTHINGTON Chic-Ketts, frozen, unprepared

Vitamin A, IU	S6241
Vitamin D (D2 + D3)	S6241
Fatty acids, total polyunsaturated	S6241
Iron, Fe	S6241
Phosphorus, P	S6241
Vitamin C, total ascorbic acid	S6241
Sugars, total	S6241
Potassium, K	S6241
Riboflavin	S6241
Fiber, total dietary	S6241
Vitamin A, RAE	S6241
Vitamin B-6	S6241
Vitamin B-12	S6241
Cholesterol	S6241
Sodium, Na	S6241
Zinc, Zn	S6241

NDB No. 16525 WORTHINGTON Chic-Ketts, frozen, unprepared

Folate, total	S6241
Fatty acids, total trans	S6241
Protein	S6241
Carbohydrate, by difference	S6241
Energy	S6241
Vitamin D	S6241
Fatty acids, total saturated	S6241
Ash	S6241
Water	S6241
Thiamin	S6241
Total lipid (fat)	S6241
Calcium, Ca	S6241
Magnesium, Mg	S6241
Niacin	S6241
Fatty acids, total monounsaturated	S6241

NDB No. 16526 WORTHINGTON Meatless Chicken Roll, frozen, unprepared

Ash	S6241
Energy	S6241
Vitamin A, RAE	S6241
Vitamin B-6	S6241
Iron, Fe	S6241
Phosphorus, P	S6241
Zinc, Zn	S6241
Fatty acids, total saturated	S6241
Fatty acids, total polyunsaturated	S6241
Protein	S6241
Sugars, total	S6241
Calcium, Ca	S6241
Cholesterol	S6241
Carbohydrate, by difference	S6241
Fiber, total dietary	S6241
Potassium, K	S6241
Niacin	S6241
Sodium, Na	S6241
Riboflavin	S6241

NDB No. 16526 WORTHINGTON Meatless Chicken Roll, frozen, unprepared

Fatty acids, total trans	S6241
Fatty acids, total monounsaturated	S6241
Total lipid (fat)	S6241
Water	S6241
Vitamin A, IU	S6241
Vitamin C, total ascorbic acid	S6241
Thiamin	S6241
Vitamin B-12	S6241

NDB No. 16527 WORTHINGTON Meatless Corned Beef Roll, frozen, unprepared

Carbohydrate, by difference	S6241
Riboflavin	S6241
Vitamin B-6	S6241
Fatty acids, total monounsaturated	S6241
Fiber, total dietary	S6241
Potassium, K	S6241
Zinc, Zn	S6241
Vitamin A, RAE	S6241
Niacin	S6241
Cholesterol	S6241
Thiamin	S6241
Energy	S6241
Phosphorus, P	S6241
Fatty acids, total polyunsaturated	S6241
Ash	S6241
Water	S6241
Vitamin A, IU	S6241
Fatty acids, total trans	S6241
Iron, Fe	S6241
Total lipid (fat)	S6241
Sugars, total	S6241
Calcium, Ca	S6241
Sodium, Na	S6241
Vitamin C, total ascorbic acid	S6241
Vitamin B-12	S6241

NDB No. 16527 WORTHINGTON Meatless Corned Beef Roll, frozen, unprepared

Protein	S6241
Fatty acids, total saturated	S6241

NDB No. 16528 WORTHINGTON Dinner Roast, frozen, unprepared

Total lipid (fat)	S6241
Energy	S6241
Sodium, Na	S6241
Thiamin	S6241
Protein	S6241
Iron, Fe	S6241
Zinc, Zn	S6241
Vitamin A, IU	S6241
Vitamin B-12	S6241
Fatty acids, total saturated	S6241
Water	S6241
Calcium, Ca	S6241
Phosphorus, P	S6241
Niacin	S6241
Fatty acids, total polyunsaturated	S6241
Fatty acids, total monounsaturated	S6241
Carbohydrate, by difference	S6241
Ash	S6241
Sugars, total	S6241
Riboflavin	S6241
Vitamin B-6	S6241
Fiber, total dietary	S6241
Potassium, K	S6241
Vitamin A, RAE	S6241
Vitamin C, total ascorbic acid	S6241
Cholesterol	S6241
Fatty acids, total trans	S6241

NDB No. 16529 WORTHINGTON FriPats, frozen, unprepared

Ash	S6241
Calcium, Ca	S6241

NDB No. 16529 WORTHINGTON FriPats, frozen, unprepared

Vitamin B-12	S6241
Fatty acids, total trans	S6241
Potassium, K	S6241
Fatty acids, total polyunsaturated	S6241
Carbohydrate, by difference	S6241
Water	S6241
Zinc, Zn	S6241
Vitamin A, RAE	S6241
Vitamin C, total ascorbic acid	S6241
Cholesterol	S6241
Vitamin B-6	S6241
Energy	S6241
Thiamin	S6241
Niacin	S6241
Fatty acids, total saturated	S6241
Fatty acids, total monounsaturated	S6241
Protein	S6241
Total lipid (fat)	S6241
Vitamin A, IU	S6241
Fiber, total dietary	S6241
Iron, Fe	S6241
Sodium, Na	S6241
Riboflavin	S6241
Sugars, total	S6241
Phosphorus, P	S6241

NDB No. 16531 WORTHINGTON Prosage Links, frozen, unprepared

Potassium, K	S6241
Vitamin B-6	S6241
Fatty acids, total polyunsaturated	S6241
Energy	S6241
Fiber, total dietary	S6241
Sodium, Na	S6241
Vitamin C, total ascorbic acid	S6241
Thiamin	S6241
Vitamin A, RAE	S6241

NDB No. 16531 WORTHINGTON Prosage Links, frozen, unprepared

Niacin	S6241
Carbohydrate, by difference	S6241
Iron, Fe	S6241
Zinc, Zn	S6241
Riboflavin	S6241
Fatty acids, total monounsaturated	S6241
Ash	S6241
Calcium, Ca	S6241
Fatty acids, total trans	S6241
Protein	S6241
Vitamin B-12	S6241
Cholesterol	S6241
Total lipid (fat)	S6241
Water	S6241
Sugars, total	S6241
Phosphorus, P	S6241
Vitamin A, IU	S6241
Fatty acids, total saturated	S6241

NDB No. 16532 WORTHINGTON Prosage Roll, frozen, unprepared

Sodium, Na	S6241
Vitamin B-6	S6241
Fatty acids, total saturated	S6241
Potassium, K	S6241
Sugars, total	S6241
Calcium, Ca	S6241
Vitamin A, RAE	S6241
Thiamin	S6241
Vitamin B-12	S6241
Cholesterol	S6241
Fatty acids, total trans	S6241
Energy	S6241
Water	S6241
Fiber, total dietary	S6241
Iron, Fe	S6241
Protein	S6241

NDB No. 16532 WORTHINGTON Prosage Roll, frozen, unprepared

Total lipid (fat)	S6241
Vitamin A, IU	S6241
Vitamin C, total ascorbic acid	S6241
Riboflavin	S6241
Niacin	S6241
Fatty acids, total polyunsaturated	S6241
Ash	S6241
Phosphorus, P	S6241
Fatty acids, total monounsaturated	S6241
Carbohydrate, by difference	S6241
Zinc, Zn	S6241

NDB No. 16533 WORTHINGTON Smoked Turkey Roll, frozen, unprepared

Riboflavin	S6241
Fatty acids, total monounsaturated	S6241
Phosphorus, P	S6241
Vitamin B-6	S6241
Protein	S6241
Vitamin A, RAE	S6241
Vitamin C, total ascorbic acid	S6241
Potassium, K	S6241
Zinc, Zn	S6241
Cholesterol	S6241
Fatty acids, total trans	S6241
Total lipid (fat)	S6241
Carbohydrate, by difference	S6241
Water	S6241
Sodium, Na	S6241
Niacin	S6241
Fatty acids, total saturated	S6241
Ash	S6241
Energy	S6241
Fiber, total dietary	S6241
Iron, Fe	S6241
Vitamin A, IU	S6241

NDB No. 16533 WORTHINGTON Smoked Turkey Roll, frozen, unprepared

Vitamin B-12	S6241
Fatty acids, total polyunsaturated	S6241
Sugars, total	S6241
Calcium, Ca	S6241
Thiamin	S6241

NDB No. 16534 WORTHINGTON Stakelets, frozen, unprepared

Carbohydrate, by difference	S6241
Energy	S6241
Niacin	S6241
Fatty acids, total monounsaturated	S6241
Calcium, Ca	S6241
Sodium, Na	S6241
Fatty acids, total polyunsaturated	S6241
Zinc, Zn	S6241
Water	S6241
Fiber, total dietary	S6241
Phosphorus, P	S6241
Potassium, K	S6241
Vitamin C, total ascorbic acid	S6241
Thiamin	S6241
Riboflavin	S6241
Sugars, total	S6241
Vitamin B-12	S6241
Fatty acids, total trans	S6241
Protein	S6241
Total lipid (fat)	S6241
Ash	S6241
Iron, Fe	S6241
Fatty acids, total saturated	S6241
Vitamin B-6	S6241
Vitamin A, IU	S6241
Vitamin A, RAE	S6241
Cholesterol	S6241

NDB No. 16535 WORTHINGTON Stripples, frozen, unprepared

Total lipid (fat)	S6241
Sugars, total	S6241
Zinc, Zn	S6241
Fatty acids, total polyunsaturated	S6241
Sodium, Na	S6241
Riboflavin	S6241
Vitamin B-6	S6241
Energy	S6241
Vitamin A, IU	S6241
Vitamin A, RAE	S6241
Thiamin	S6241
Niacin	S6241
Protein	S6241
Carbohydrate, by difference	S6241
Ash	S6241
Fiber, total dietary	S6241
Phosphorus, P	S6241
Vitamin B-12	S6241
Calcium, Ca	S6241
Vitamin C, total ascorbic acid	S6241
Cholesterol	S6241
Fatty acids, total saturated	S6241
Potassium, K	S6241
Fatty acids, total monounsaturated	S6241
Water	S6241
Iron, Fe	S6241
Fatty acids, total trans	S6241

NDB No. 16536 WORTHINGTON Wham (roll), frozen, unprepared

Iron, Fe	S6241
Vitamin B-12	S6241
Sugars, total	S6241
Vitamin A, RAE	S6241
Thiamin	S6241
Vitamin B-6	S6241
Water	S6241

NDB No. 16536 WORTHINGTON Wham (roll), frozen, unprepared

Total lipid (fat)	S6241
Zinc, Zn	S6241
Fatty acids, total trans	S6241
Carbohydrate, by difference	S6241
Fiber, total dietary	S6241
Calcium, Ca	S6241
Vitamin A, IU	S6241
Vitamin C, total ascorbic acid	S6241
Energy	S6241
Fatty acids, total monounsaturated	S6241
Phosphorus, P	S6241
Riboflavin	S6241
Niacin	S6241
Fatty acids, total saturated	S6241
Fatty acids, total polyunsaturated	S6241
Protein	S6241
Ash	S6241
Potassium, K	S6241
Sodium, Na	S6241
Cholesterol	S6241

NDB No. 16538 MORNINGSTAR FARMS Breakfast Pattie made with Organic Soy, frozen, unprepared

Protein	S6241
Fiber, total dietary	S6241
Fatty acids, total monounsaturated	S6241
Iron, Fe	S6241
Fatty acids, total saturated	S6241
Energy	S6241
Vitamin A, RAE	S6241
Cholesterol	S6241
Fatty acids, total trans	S6241
Carbohydrate, by difference	S6241
Water	S6241
Sugars, total	S6241
Total lipid (fat)	S6241

NDB No. 16538 MORNINGSTAR FARMS Breakfast Pattie made with Organic Soy, frozen, unprepared

Ash	S6241
Potassium, K	S6241
Sodium, Na	S6241
Zinc, Zn	S6241
Vitamin C, total ascorbic acid	S6241
Vitamin A, IU	S6241
Fatty acids, total polyunsaturated	S6241
Calcium, Ca	S6241

NDB No. 16542 MORNINGSTAR FARMS Veggie Breakfast Bacon Strips, frozen, unprepared

Vitamin A, IU	S6241
Sodium, Na	S6241
Fatty acids, total saturated	S6241
Protein	S6241
Thiamin	S6241
Riboflavin	S6241
Fatty acids, total trans	S6241
Total lipid (fat)	S6241
Energy	S6241
Fiber, total dietary	S6241
Calcium, Ca	S6241
Zinc, Zn	S6241
Vitamin B-6	S6241
Phosphorus, P	S6241
Niacin	S6241
Carbohydrate, by difference	S6241
Sugars, total	S6241
Potassium, K	S6241
Vitamin B-12	S6241
Cholesterol	S6241
Fatty acids, total monounsaturated	S6241
Fatty acids, total polyunsaturated	S6241
Iron, Fe	S6241
Vitamin A, RAE	S6241
Vitamin C, total ascorbic acid	S6241
Ash	S6241

NDB No. 16542 MORNINGSTAR FARMS Veggie Breakfast Bacon Strips, frozen, unprepared

Water	S6241

NDB No. 16546 MORNINGSTAR FARMS Veggie Breakfast Sausage Links, frozen, unprepared

Total lipid (fat)	S6241
Sugars, total	S6241
Fiber, total dietary	S6241
Sodium, Na	S6241
Vitamin A, IU	S6241
Calcium, Ca	S6241
Niacin	S6241
Fatty acids, total trans	S6241
Protein	S6241
Ash	S6241
Energy	S6241
Fatty acids, total saturated	S6241
Water	S6241
Potassium, K	S6241
Fatty acids, total polyunsaturated	S6241
Iron, Fe	S6241
Thiamin	S6241
Vitamin B-6	S6241
Fatty acids, total monounsaturated	S6241
Cholesterol	S6241
Carbohydrate, by difference	S6241
Vitamin A, RAE	S6241
Vitamin C, total ascorbic acid	S6241
Riboflavin	S6241
Vitamin B-12	S6241

NDB No. 16548 MORNINGSTAR FARMS Grillers Original, frozen, unprepared

Fatty acids, total polyunsaturated	S6241
Ash	S6241
Iron, Fe	S6241
Potassium, K	S6241
Thiamin	S6241

NDB No. 16548 MORNINGSTAR FARMS Grillers Original, frozen, unprepared

Fiber, total dietary	S6241
Vitamin A, RAE	S6241
Vitamin C, total ascorbic acid	S6241
Fatty acids, total saturated	S6241
Fatty acids, total monounsaturated	S6241
Carbohydrate, by difference	S6241
Sugars, total	S6241
Energy	S6241
Phosphorus, P	S6241
Riboflavin	S6241
Vitamin B-12	S6241
Total lipid (fat)	S6241
Vitamin B-6	S6241
Protein	S6241
Water	S6241
Calcium, Ca	S6241
Niacin	S6241
Sodium, Na	S6241
Zinc, Zn	S6241
Vitamin A, IU	S6241
Cholesterol	S6241
Fatty acids, total trans	S6241

NDB No. 16549 MORNINGSTAR FARMS Grillers Prime, frozen, unprepared

Protein	S6241
Ash	S6241
Fiber, total dietary	S6241
Calcium, Ca	S6241
Iron, Fe	S6241
Zinc, Zn	S6241
Vitamin A, IU	S6241
Vitamin C, total ascorbic acid	S6241
Fatty acids, total saturated	S6241
Sugars, total	S6241
Fatty acids, total trans	S6241
Fatty acids, total	S6241

NDB No. 16549 MORNINGSTAR FARMS Grillers Prime, frozen, unprepared

monounsaturated	
Potassium, K	S6241
Vitamin A, RAE	S6241
Riboflavin	S6241
Cholesterol	S6241
Fatty acids, total polyunsaturated	S6241
Sodium, Na	S6241
Thiamin	S6241
Total lipid (fat)	S6241
Carbohydrate, by difference	S6241
Energy	S6241
Water	S6241

NDB No. 16551 MORNINGSTAR FARMS Asian Veggie Patties, frozen, unprepared

Phosphorus, P	S6241
Vitamin A, IU	S6241
Vitamin C, total ascorbic acid	S6241
Protein	S6241
Niacin	S6241
Fatty acids, total monounsaturated	S6241
Folate, total	S6241
Ash	S6241
Calcium, Ca	S6241
Energy	S6241
Sodium, Na	S6241
Fatty acids, total polyunsaturated	S6241
Carbohydrate, by difference	S6241
Sugars, total	S6241
Iron, Fe	S6241
Vitamin A, RAE	S6241
Thiamin	S6241
Riboflavin	S6241
Fatty acids, total saturated	S6241
Water	S6241
Fiber, total dietary	S6241
Cholesterol	S6241

NDB No. 16551 MORNINGSTAR FARMS Asian Veggie Patties, frozen, unprepared

Fatty acids, total trans	S6241
Total lipid (fat)	S6241
Potassium, K	S6241
Vitamin B-12	S6241

NDB No. 16552 MORNINGSTAR FARMS Mushroom Lover's Burger, frozen, unprepared

Protein	S6241
Fatty acids, total monounsaturated	S6241
Energy	S6241
Vitamin A, IU	S6241
Cholesterol	S6241
Fatty acids, total polyunsaturated	S6241
Sugars, total	S6241
Fatty acids, total trans	S6241
Fiber, total dietary	S6241
Fatty acids, total saturated	S6241
Sodium, Na	S6241
Carbohydrate, by difference	S6241
Vitamin C, total ascorbic acid	S6241
Water	S6241
Iron, Fe	S6241
Vitamin A, RAE	S6241
Total lipid (fat)	S6241
Ash	S6241
Calcium, Ca	S6241

NDB No. 16554 MORNINGSTAR FARMS Tomato & Basil Pizza Burger, frozen, unprepared

Protein	S6241
Carbohydrate, by difference	S6241
Fiber, total dietary	S6241
Calcium, Ca	S6241
Sugars, total	S6241
Phosphorus, P	S6241
Potassium, K	S6241
Vitamin A, IU	S6241

NDB No. 16554 MORNINGSTAR FARMS Tomato & Basil Pizza Burger, frozen, unprepared

Cholesterol	S6241
Total lipid (fat)	S6241
Iron, Fe	S6241
Vitamin C, total ascorbic acid	S6241
Fatty acids, total trans	S6241
Fatty acids, total saturated	S6241
Water	S6241
Thiamin	S6241
Energy	S6241
Sodium, Na	S6241
Vitamin A, RAE	S6241
Riboflavin	S6241
Ash	S6241
Fatty acids, total monounsaturated	S6241
Fatty acids, total polyunsaturated	S6241

NDB No. 16555 MORNINGSTAR FARMS MeatFree Buffalo Wings, frozen, unprepared

Total lipid (fat)	S6241
Vitamin A, IU	S6241
Energy	S6241
Phosphorus, P	S6241
Sodium, Na	S6241
Vitamin C, total ascorbic acid	S6241
Fatty acids, total trans	S6241
Carbohydrate, by difference	S6241
Iron, Fe	S6241
Thiamin	S6241
Niacin	S6241
Vitamin B-6	S6241
Folate, total	S6241
Vitamin B-12	S6241
Fatty acids, total saturated	S6241
Protein	S6241
Calcium, Ca	S6241
Fatty acids, total polyunsaturated	S6241
Potassium, K	S6241

NDB No. 16555 MORNINGSTAR FARMS MeatFree Buffalo Wings, frozen, unprepared

Cholesterol	S6241
Sugars, total	S6241
Fiber, total dietary	S6241
Ash	S6241
Water	S6241
Vitamin A, RAE	S6241
Riboflavin	S6241
Fatty acids, total monounsaturated	S6241

NDB No. 16556 MORNINGSTAR FARMS Chik'n Nuggets, frozen, unprepared

Vitamin C, total ascorbic acid	S6241
Protein	S6241
Carbohydrate, by difference	S6241
Ash	S6241
Vitamin B-12	S6241
Fatty acids, total polyunsaturated	S6241
Energy	S6241
Sugars, total	S6241
Phosphorus, P	S6241
Sodium, Na	S6241
Zinc, Zn	S6241
Riboflavin	S6241
Niacin	S6241
Cholesterol	S6241
Water	S6241
Manganese, Mn	S6241
Vitamin A, RAE	S6241
Fatty acids, total saturated	S6241
Total lipid (fat)	S6241
Thiamin	S6241
Potassium, K	S6241
Calcium, Ca	S6241
Iron, Fe	S6241
Vitamin A, IU	S6241
Vitamin B-6	S6241
Fatty acids, total	S6241

NDB No. 16556 MORNINGSTAR FARMS Chik'n Nuggets, frozen, unprepared

monounsaturated	
Fiber, total dietary	S6241
Magnesium, Mg	S6241
Copper, Cu	S6241
Fatty acids, total trans	S6241

NDB No. 16557 MORNINGSTAR FARMS Chik Patties, frozen, unprepared

Total lipid (fat)	S6241
Sodium, Na	S6241
Zinc, Zn	S6241
Niacin	S6241
Vitamin B-6	S6241
Fatty acids, total polyunsaturated	S6241
Water	S6241
Fiber, total dietary	S6241
Iron, Fe	S6241
Cholesterol	S6241
Fatty acids, total saturated	S6241
Riboflavin	S6241
Fatty acids, total trans	S6241
Fatty acids, total monounsaturated	S6241
Carbohydrate, by difference	S6241
Energy	S6241
Phosphorus, P	S6241
Vitamin B-12	S6241
Calcium, Ca	S6241
Vitamin A, IU	S6241
Vitamin A, RAE	S6241
Thiamin	S6241
Folate, total	S6241
Protein	S6241
Ash	S6241
Sugars, total	S6241
Potassium, K	S6241
Vitamin C, total ascorbic acid	S6241

NDB No. 16558 MORNINGSTAR FARMS Italian Herb Chik Patties, frozen, unprepared

Vitamin A, RAE	S6241
Folate, total	S6241
Iron, Fe	S6241
Vitamin A, IU	S6241
Riboflavin	S6241
Niacin	S6241
Water	S6241
Fiber, total dietary	S6241
Vitamin B-6	S6241
Vitamin B-12	S6241
Total lipid (fat)	S6241
Vitamin C, total ascorbic acid	S6241
Carbohydrate, by difference	S6241
Potassium, K	S6241
Cholesterol	S6241
Fatty acids, total saturated	S6241
Energy	S6241
Fatty acids, total polyunsaturated	S6241
Sugars, total	S6241
Thiamin	S6241
Protein	S6241
Ash	S6241
Calcium, Ca	S6241
Phosphorus, P	S6241
Sodium, Na	S6241
Fatty acids, total trans	S6241
Fatty acids, total monounsaturated	S6241

NDB No. 16559 MORNINGSTAR FARMS Original Chik'n Tenders, frozen, unprepared

Calcium, Ca	S6241
Vitamin C, total ascorbic acid	S6241
Ash	S6241
Protein	S6241
Sugars, total	S6241
Iron, Fe	S6241
Fatty acids, total polyunsaturated	S6241

NDB No. 16559 MORNINGSTAR FARMS Original Chik'n Tenders, frozen, unprepared

Fiber, total dietary	S6241
Potassium, K	S6241
Vitamin A, IU	S6241
Cholesterol	S6241
Water	S6241
Fatty acids, total trans	S6241
Total lipid (fat)	S6241
Carbohydrate, by difference	S6241
Energy	S6241
Sodium, Na	S6241
Vitamin A, RAE	S6241
Fatty acids, total saturated	S6241
Fatty acids, total monounsaturated	S6241

NDB No. 16563 MORNINGSTAR FARMS Meal Starters Chik'n Strips, frozen, unprepared

Carbohydrate, by difference	S6241
Potassium, K	S6241
Energy	S6241
Water	S6241
Pantothenic acid	S6241
Vitamin B-12	S6241
Protein	S6241
Vitamin A, RAE	S6241
Vitamin C, total ascorbic acid	S6241
Niacin	S6241
Fatty acids, total saturated	S6241
Ash	S6241
Sugars, total	S6241
Sodium, Na	S6241
Riboflavin	S6241
Fatty acids, total polyunsaturated	S6241
Zinc, Zn	S6241
Vitamin B-6	S6241
Fatty acids, total trans	S6241
Total lipid (fat)	S6241
Fiber, total dietary	S6241

NDB No. 16563 MORNINGSTAR FARMS Meal Starters Chik'n Strips, frozen, unprepared

Magnesium, Mg	S6241
Fatty acids, total monounsaturated	S6241
Calcium, Ca	S6241
Iron, Fe	S6241
Vitamin A, IU	S6241
Thiamin	S6241
Cholesterol	S6241

NDB No. 16565 MORNINGSTAR FARMS Sausage Style Recipe Crumbles, frozen, unprepared

Vitamin D (D2 + D3)	S6601
Cholesterol	S6601
Energy	S6601
Water	S6601
Iron, Fe	S6601
Potassium, K	S6601
Vitamin A, IU	S6601
Calcium, Ca	S6601
Sodium, Na	S6601
Niacin	S6601
Fatty acids, total polyunsaturated	S6601
Protein	S6601
Total lipid (fat)	S6601
Sugars, total	S6601
Vitamin C, total ascorbic acid	S6601
Folate, total	S6601
Fatty acids, total trans	S6601
Fatty acids, total saturated	S6601
Carbohydrate, by difference	S6601
Zinc, Zn	S6601
Phosphorus, P	S6601
Vitamin B-12	S6601
Ash	S6601
Magnesium, Mg	S6601
Riboflavin	S6601
Vitamin B-6	S6601
Fatty acids, total	S6601

NDB No. 16565 MORNINGSTAR FARMS Sausage Style Recipe Crumbles, frozen, unprepared

monounsaturated	
Fiber, total dietary	S6601
Vitamin D	S6601
Thiamin	S6601

NDB No. 16570 GARDENBURGER, Black Bean Chipotle Burger

Calcium, Ca	S6241
Fatty acids, total monounsaturated	S6241
Protein	S6241
Total lipid (fat)	S6241
Vitamin C, total ascorbic acid	S6241
Fatty acids, total saturated	S6241
Ash	S6241
Vitamin A, IU	S6241
Energy	S6241
Magnesium, Mg	S6241
Fatty acids, total trans	S6241
Sugars, total	S6241
Zinc, Zn	S6241
Water	S6241
Potassium, K	S6241
Sodium, Na	S6241
Cholesterol	S6241
Fiber, total dietary	S6241
Iron, Fe	S6241
Phosphorus, P	S6241
Fatty acids, total polyunsaturated	S6241

NDB No. 16571 GARDENBURGER Breaded Chik'n Veggie Patties

Fiber, total dietary	S6241
Fatty acids, total polyunsaturated	S6241
Magnesium, Mg	S6241
Potassium, K	S6241
Zinc, Zn	S6241
Fatty acids, total trans	S6241

NDB No. 16571 GARDENBURGER Breaded Chik'n Veggie Patties

Fatty acids, total monounsaturated	S6241
Protein	S6241
Phosphorus, P	S6241
Manganese, Mn	S6241
Cholesterol	S6241
Total lipid (fat)	S6241
Energy	S6241
Iron, Fe	S6241
Vitamin A, IU	S6241
Fatty acids, total saturated	S6241
Calcium, Ca	S6241
Sodium, Na	S6241
Sugars, total	S6241
Copper, Cu	S6241
Vitamin C, total ascorbic acid	S6241
Ash	S6241
Water	S6241

NDB No. 16572 GARDENBURGER, California Burger

Total lipid (fat)	S6241
Iron, Fe	S6241
Vitamin C, total ascorbic acid	S6241
Water	S6241
Sugars, total	S6241
Sodium, Na	S6241
Protein	S6241
Fatty acids, total trans	S6241
Fatty acids, total monounsaturated	S6241
Calcium, Ca	S6241
Cholesterol	S6241
Phosphorus, P	S6241
Potassium, K	S6241
Fatty acids, total polyunsaturated	S6241
Vitamin A, IU	S6241
Ash	S6241

NDB No. 16572 GARDENBURGER, California Burger

Energy	S6241
Fiber, total dietary	S6241
Fatty acids, total saturated	S6241

NDB No. 16573 GARDENBURGER, Garden Vegan

Sugars, total	S6241
Water	S6241
Magnesium, Mg	S6241
Sodium, Na	S6241
Energy	S6241
Fiber, total dietary	S6241
Zinc, Zn	S6241
Fatty acids, total trans	S6241
Fatty acids, total saturated	S6241
Fatty acids, total polyunsaturated	S6241
Protein	S6241
Calcium, Ca	S6241
Iron, Fe	S6241
Vitamin C, total ascorbic acid	S6241
Cholesterol	S6241
Fatty acids, total monounsaturated	S6241
Total lipid (fat)	S6241
Phosphorus, P	S6241
Copper, Cu	S6241
Ash	S6241
Potassium, K	S6241
Manganese, Mn	S6241
Vitamin A, IU	S6241

NDB No. 16574 GARDENBURGER, Gourmet Baja Steak

Fatty acids, total monounsaturated	S6241
Protein	S6241
Magnesium, Mg	S6241
Fatty acids, total saturated	S6241

NDB No. 16574 GARDENBURGER, Gourmet Baja Steak

Water	S6241
Phosphorus, P	S6241
Sodium, Na	S6241
Energy	S6241
Vitamin A, IU	S6241
Calcium, Ca	S6241
Iron, Fe	S6241
Copper, Cu	S6241
Manganese, Mn	S6241
Vitamin C, total ascorbic acid	S6241
Ash	S6241
Fiber, total dietary	S6241
Potassium, K	S6241
Zinc, Zn	S6241
Fatty acids, total trans	S6241
Fatty acids, total polyunsaturated	S6241
Total lipid (fat)	S6241
Sugars, total	S6241
Cholesterol	S6241

NDB No. 16575 GARDENBURGER, Gourmet Fire Dragon Steak

Ash	S6241
Water	S6241
Manganese, Mn	S6241
Fatty acids, total saturated	S6241
Fatty acids, total monounsaturated	S6241
Total lipid (fat)	S6241
Sugars, total	S6241
Calcium, Ca	S6241
Iron, Fe	S6241
Potassium, K	S6241
Zinc, Zn	S6241
Vitamin A, IU	S6241
Cholesterol	S6241
Energy	S6241
Vitamin C, total ascorbic acid	S6241

NDB No. 16575 GARDENBURGER, Gourmet Fire Dragon Steak

Magnesium, Mg	S6241
Fatty acids, total polyunsaturated	S6241
Fiber, total dietary	S6241
Copper, Cu	S6241
Protein	S6241
Sodium, Na	S6241
Phosphorus, P	S6241
Fatty acids, total trans	S6241

NDB No. 16576 GARDENBURGER, Gourmet Tuscany Steak

Sugars, total	S6241
Energy	S6241
Fatty acids, total saturated	S6241
Fatty acids, total polyunsaturated	S6241
Potassium, K	S6241
Vitamin A, IU	S6241
Vitamin C, total ascorbic acid	S6241
Fatty acids, total trans	S6241
Total lipid (fat)	S6241
Water	S6241
Calcium, Ca	S6241
Magnesium, Mg	S6241
Copper, Cu	S6241
Protein	S6241
Fiber, total dietary	S6241
Cholesterol	S6241
Ash	S6241
Phosphorus, P	S6241
Sodium, Na	S6241
Manganese, Mn	S6241
Fatty acids, total monounsaturated	S6241
Iron, Fe	S6241
Zinc, Zn	S6241

NDB No. 16577 GARDENBURGER, Herb Crusted Cutlet

NDB No. 16577 GARDENBURGER, Herb Crusted Cutlet

Ash	S6241
Energy	S6241
Iron, Fe	S6241
Phosphorus, P	S6241
Vitamin B-12	S6241
Calcium, Ca	S6241
Cholesterol	S6241
Fatty acids, total polyunsaturated	S6241
Protein	S6241
Total lipid (fat)	S6241
Zinc, Zn	S6241
Manganese, Mn	S6241
Vitamin C, total ascorbic acid	S6241
Fatty acids, total saturated	S6241
Water	S6241
Magnesium, Mg	S6241
Potassium, K	S6241
Sodium, Na	S6241
Thiamin	S6241
Fiber, total dietary	S6241
Vitamin A, IU	S6241
Vitamin B-6	S6241
Sugars, total	S6241
Copper, Cu	S6241
Niacin	S6241
Riboflavin	S6241
Fatty acids, total trans	S6241
Fatty acids, total monounsaturated	S6241

NDB No. 16578 GARDENBURGER, Malibu Burger made with organic whole grains, corn and carrots

Ash	S6241
Fatty acids, total trans	S6241
Protein	S6241
Water	S6241
Calcium, Ca	S6241
Magnesium, Mg	S6241

NDB No. 16578 GARDENBURGER, Malibu Burger made with organic whole grains, corn and carrots

Phosphorus, P	S6241
Sodium, Na	S6241
Iron, Fe	S6241
Copper, Cu	S6241
Fatty acids, total saturated	S6241
Manganese, Mn	S6241
Vitamin A, IU	S6241
Fatty acids, total polyunsaturated	S6241
Potassium, K	S6241
Energy	S6241
Sugars, total	S6241
Vitamin C, total ascorbic acid	S6241
Fatty acids, total monounsaturated	S6241
Fiber, total dietary	S6241
Total lipid (fat)	S6241
Zinc, Zn	S6241
Cholesterol	S6241

NDB No. 16579 GARDENBURGER, Original

Water	S6241
Vitamin C, total ascorbic acid	S6241
Fatty acids, total saturated	S6241
Potassium, K	S6241
Protein	S6241
Energy	S6241
Iron, Fe	S6241
Calcium, Ca	S6241
Sugars, total	S6241
Sodium, Na	S6241
Zinc, Zn	S6241
Total lipid (fat)	S6241
Ash	S6241
Magnesium, Mg	S6241
Copper, Cu	S6241
Manganese, Mn	S6241
Vitamin A, IU	S6241

NDB No. 16579 GARDENBURGER, Original

Fatty acids, total trans	S6241
Fatty acids, total monounsaturated	S6241
Fiber, total dietary	S6241
Phosphorus, P	S6241
Fatty acids, total polyunsaturated	S6241
Cholesterol	S6241

NDB No. 16581 GARDENBURGER, Flame Grilled Burger

Vitamin C, total ascorbic acid	S6241
Ash	S6241
Calcium, Ca	S6241
Magnesium, Mg	S6241
Sodium, Na	S6241
Copper, Cu	S6241
Zinc, Zn	S6241
Fatty acids, total saturated	S6241
Energy	S6241
Phosphorus, P	S6241
Manganese, Mn	S6241
Fatty acids, total trans	S6241
Fatty acids, total polyunsaturated	S6241
Sugars, total	S6241
Cholesterol	S6241
Water	S6241
Fiber, total dietary	S6241
Iron, Fe	S6241
Potassium, K	S6241
Protein	S6241
Total lipid (fat)	S6241
Fatty acids, total monounsaturated	S6241
Vitamin A, IU	S6241

NDB No. 16582 GARDENBURGER, Gourmet Hula Steak

Energy	S6241

NDB No. 16582 GARDENBURGER, Gourmet Hula Steak

Vitamin A, IU	S6241
Fatty acids, total saturated	S6241
Fatty acids, total monounsaturated	S6241
Protein	S6241
Sugars, total	S6241
Fiber, total dietary	S6241
Magnesium, Mg	S6241
Total lipid (fat)	S6241
Ash	S6241
Potassium, K	S6241
Water	S6241
Copper, Cu	S6241
Manganese, Mn	S6241
Vitamin C, total ascorbic acid	S6241
Cholesterol	S6241
Calcium, Ca	S6241
Iron, Fe	S6241
Zinc, Zn	S6241
Fatty acids, total trans	S6241
Fatty acids, total polyunsaturated	S6241
Phosphorus, P	S6241
Sodium, Na	S6241

NDB No. 16583 GARDENBURGER, Homestyle Classic Veggie Burger

Ash	S6241
Sugars, total	S6241
Calcium, Ca	S6241
Magnesium, Mg	S6241
Phosphorus, P	S6241
Niacin	S6241
Sodium, Na	S6241
Riboflavin	S6241
Vitamin B-12	S6241
Fatty acids, total monounsaturated	S6241
Iron, Fe	S6241

NDB No. 16583 GARDENBURGER, Homestyle Classic Veggie Burger

Zinc, Zn	S6241
Total lipid (fat)	S6241
Fiber, total dietary	S6241
Vitamin C, total ascorbic acid	S6241
Thiamin	S6241
Fatty acids, total saturated	S6241
Energy	S6241
Potassium, K	S6241
Vitamin A, IU	S6241
Cholesterol	S6241
Fatty acids, total trans	S6241
Fatty acids, total polyunsaturated	S6241
Water	S6241
Vitamin B-6	S6241
Folate, total	S6241
Protein	S6241
Copper, Cu	S6241
Manganese, Mn	S6241

NDB No. 16584 GARDENBURGER, Savory Portabella Veggie Burger

Sodium, Na	S6241
Ash	S6241
Water	S6241
Zinc, Zn	S6241
Vitamin A, IU	S6241
Fatty acids, total saturated	S6241
Protein	S6241
Total lipid (fat)	S6241
Energy	S6241
Cholesterol	S6241
Fatty acids, total monounsaturated	S6241
Fiber, total dietary	S6241
Magnesium, Mg	S6241
Phosphorus, P	S6241
Fatty acids, total polyunsaturated	S6241
Potassium, K	S6241

NDB No. 16584 GARDENBURGER, Savory Portabella Veggie Burger

Sugars, total	S6241
Calcium, Ca	S6241
Iron, Fe	S6241
Vitamin C, total ascorbic acid	S6241
Fatty acids, total trans	S6241

NDB No. 16585 GARDENBURGER, Sun-Dried Tomato Basil Burger

Protein	S6241
Phosphorus, P	S6241
Zinc, Zn	S6241
Fatty acids, total polyunsaturated	S6241
Fiber, total dietary	S6241
Sodium, Na	S6241
Fatty acids, total monounsaturated	S6241
Iron, Fe	S6241
Sugars, total	S6241
Cholesterol	S6241
Vitamin C, total ascorbic acid	S6241
Total lipid (fat)	S6241
Ash	S6241
Water	S6241
Calcium, Ca	S6241
Magnesium, Mg	S6241
Vitamin A, IU	S6241
Fatty acids, total saturated	S6241
Energy	S6241
Potassium, K	S6241
Fatty acids, total trans	S6241

NDB No. 16586 GARDENBURGER, Veggie Medley Burger

Water	S6241
Vitamin C, total ascorbic acid	S6241
Sugars, total	S6241
Protein	S6241
Energy	S6241

NDB No. 16586 GARDENBURGER, Veggie Medley Burger

Calcium, Ca	S6241
Phosphorus, P	S6241
Potassium, K	S6241
Sodium, Na	S6241
Vitamin A, IU	S6241
Fatty acids, total saturated	S6241
Fatty acids, total monounsaturated	S6241
Fatty acids, total polyunsaturated	S6241
Total lipid (fat)	S6241
Iron, Fe	S6241
Magnesium, Mg	S6241
Cholesterol	S6241
Fiber, total dietary	S6241
Zinc, Zn	S6241
Ash	S6241
Fatty acids, total trans	S6241

NDB No. 16587 MORNINGSTAR FARMS Maple Flavored Veggie Sausage Patties, frozen, unprepared

Magnesium, Mg	S6241
Vitamin C, total ascorbic acid	S6241
Folate, total	S6241
Protein	S6241
Ash	S6241
Vitamin A, RAE	S6241
Vitamin B-6	S6241
Fatty acids, total trans	S6241
Carbohydrate, by difference	S6241
Sugars, total	S6241
Iron, Fe	S6241
Phosphorus, P	S6241
Sodium, Na	S6241
Fatty acids, total monounsaturated	S6241
Vitamin A, IU	S6241
Fatty acids, total polyunsaturated	S6241
Total lipid (fat)	S6241

NDB No. 16587 MORNINGSTAR FARMS Maple Flavored Veggie Sausage Patties, frozen, unprepared

Energy	S6241
Fiber, total dietary	S6241
Zinc, Zn	S6241
Thiamin	S6241
Niacin	S6241
Cholesterol	S6241
Riboflavin	S6241
Fatty acids, total saturated	S6241
Water	S6241
Calcium, Ca	S6241
Potassium, K	S6241
Vitamin B-12	S6241

NDB No. 16588 MORNINGSTAR FARMS Chik'n Grill Veggie Patties, frozen, unprepared

Vitamin A, IU	S6601
Vitamin D	S6601
Carbohydrate, by difference	S6601
Calcium, Ca	S6601
Magnesium, Mg	S6601
Fatty acids, total monounsaturated	S6601
Fiber, total dietary	S6601
Phosphorus, P	S6601
Zinc, Zn	S6601
Cholesterol	S6601
Fatty acids, total trans	S6601
Ash	S6601
Energy	S6601
Vitamin D (D2 + D3)	S6601
Vitamin C, total ascorbic acid	S6601
Niacin	S6601
Vitamin B-6	S6601
Total lipid (fat)	S6601
Riboflavin	S6601
Sugars, total	S6601
Potassium, K	S6601
Folate, total	S6601

NDB No. 16588 MORNINGSTAR FARMS Chik'n Grill Veggie Patties, frozen, unprepared

Vitamin B-12	S6601
Water	S6601
Fatty acids, total polyunsaturated	S6601
Protein	S6601
Iron, Fe	S6601
Sodium, Na	S6601
Thiamin	S6601
Fatty acids, total saturated	S6601

NDB No. 16589 MORNINGSTAR FARMS Veggie Italian Style Sausage, frozen, unprepared

Fiber, total dietary	S6241
Phosphorus, P	S6241
Sodium, Na	S6241
Fatty acids, total saturated	S6241
Magnesium, Mg	S6241
Vitamin A, RAE	S6241
Fatty acids, total polyunsaturated	S6241
Zinc, Zn	S6241
Vitamin C, total ascorbic acid	S6241
Folate, total	S6241
Fatty acids, total trans	S6241
Potassium, K	S6241
Thiamin	S6241
Niacin	S6241
Iron, Fe	S6241
Vitamin B-12	S6241
Sugars, total	S6241
Carbohydrate, by difference	S6241
Vitamin A, IU	S6241
Riboflavin	S6241
Vitamin B-6	S6241
Fatty acids, total monounsaturated	S6241
Protein	S6241
Total lipid (fat)	S6241
Ash	S6241
Energy	S6241

NDB No. 16589 MORNINGSTAR FARMS Veggie Italian Style Sausage, frozen, unprepared

Water	S6241
Calcium, Ca	S6241

NDB No. 16590 MORNINGSTAR FARMS BBQ Riblets, frozen, unprepared

Total lipid (fat)	S6241
Carbohydrate, by difference	S6241
Ash	S6241
Calcium, Ca	S6241
Sodium, Na	S6241
Cholesterol	S6241
Sugars, total	S6241
Manganese, Mn	S6241
Vitamin A, RAE	S6241
Energy	S6241
Water	S6241
Iron, Fe	S6241
Vitamin C, total ascorbic acid	S6241
Fatty acids, total saturated	S6241
Phosphorus, P	S6241
Fatty acids, total polyunsaturated	S6241
Protein	S6241
Magnesium, Mg	S6241
Potassium, K	S6241
Zinc, Zn	S6241
Vitamin A, IU	S6241
Fatty acids, total trans	S6241
Fiber, total dietary	S6241
Copper, Cu	S6241
Fatty acids, total monounsaturated	S6241

NDB No. 16591 WORTHINGTON Leanies, frozen, unprepared

Carbohydrate, by difference	S6241
Phosphorus, P	S6241
Potassium, K	S6241
Protein	S6241

NDB No. 16591 WORTHINGTON Leanies, frozen, unprepared

Total lipid (fat)	S6241
Niacin	S6241
Fatty acids, total trans	S6241
Fiber, total dietary	S6241
Vitamin A, RAE	S6241
Ash	S6241
Water	S6241
Zinc, Zn	S6241
Vitamin B-6	S6241
Vitamin B-12	S6241
Cholesterol	S6241
Fatty acids, total saturated	S6241
Fatty acids, total monounsaturated	S6241
Sugars, total	S6241
Calcium, Ca	S6241
Vitamin A, IU	S6241
Energy	S6241
Iron, Fe	S6241
Vitamin C, total ascorbic acid	S6241
Sodium, Na	S6241
Thiamin	S6241
Riboflavin	S6241
Fatty acids, total polyunsaturated	S6241

NDB No. 16592 MORNINGSTAR FARMS California Turk'y Burger, frozen, unprepared

Vitamin B-12	S6601
Cholesterol	S6601
Fatty acids, total polyunsaturated	S6601
Energy	S6601
Fiber, total dietary	S6601
Vitamin C, total ascorbic acid	S6601
Carbohydrate, by difference	S6601
Protein	S6601
Calcium, Ca	S6601
Zinc, Zn	S6601
Fatty acids, total	S6601

NDB No. 16592 MORNINGSTAR FARMS California Turk'y Burger, frozen, unprepared

monounsaturated	
Sugars, total	S6601
Iron, Fe	S6601
Magnesium, Mg	S6601
Niacin	S6601
Vitamin B-6	S6601
Folate, total	S6601
Fatty acids, total trans	S6601
Water	S6601
Phosphorus, P	S6601
Vitamin A, IU	S6601
Thiamin	S6601
Fatty acids, total saturated	S6601
Potassium, K	S6601
Sodium, Na	S6601
Riboflavin	S6601
Total lipid (fat)	S6601
Ash	S6601
Vitamin D	S6601
Vitamin D (D2 + D3)	S6601

NDB No. 16593 MORNINGSTAR FARMS Hot and Spicy Veggie Sausage Patties, frozen, unprepared

Ash	S6601
Energy	S6601
Thiamin	S6601
Niacin	S6601
Vitamin B-12	S6601
Fatty acids, total trans	S6601
Iron, Fe	S6601
Vitamin B-6	S6601
Folate, total	S6601
Cholesterol	S6601
Fatty acids, total polyunsaturated	S6601
Protein	S6601
Total lipid (fat)	S6601
Phosphorus, P	S6601
Carbohydrate, by difference	

NDB No. 16593 MORNINGSTAR FARMS Hot and Spicy Veggie Sausage Patties, frozen, unprepared

	S6601
Sugars, total	S6601
Magnesium, Mg	S6601
Zinc, Zn	S6601
Fiber, total dietary	S6601
Calcium, Ca	S6601
Potassium, K	S6601
Vitamin C, total ascorbic acid	S6601
Fatty acids, total saturated	S6601
Fatty acids, total monounsaturated	S6601
Sodium, Na	S6601
Vitamin A, IU	S6601
Water	S6601
Riboflavin	S6601

NDB No. 16594 MORNINGSTAR FARMS Lasagna with Veggie Sausage, frozen, unpreapred

Sugars, total	S6601
Magnesium, Mg	S6601
Thiamin	S6601
Folate, total	S6601
Fatty acids, total trans	S6601
Carbohydrate, by difference	S6601
Zinc, Zn	S6601
Niacin	S6601
Vitamin B-6	S6601
Fatty acids, total monounsaturated	S6601
Calcium, Ca	S6601
Sodium, Na	S6601
Vitamin A, IU	S6601
Fatty acids, total saturated	S6601
Fiber, total dietary	S6601
Potassium, K	S6601
Cholesterol	S6601
Fatty acids, total polyunsaturated	S6601
Protein	S6601

NDB No. 16594 MORNINGSTAR FARMS Lasagna with Veggie Sausage, frozen, unpreapred

Vitamin C, total ascorbic acid	S6601
Iron, Fe	S6601
Phosphorus, P	S6601
Vitamin D (D2 + D3)	S6601
Energy	S6601
Vitamin D	S6601
Riboflavin	S6601
Vitamin B-12	S6601
Total lipid (fat)	S6601
Ash	S6601
Water	S6601

NDB No. 16595 MORNINGSTAR FARMS Veggie Sweet and Sour Chik'n, frozen, unprepared

Protein	S6601
Phosphorus, P	S6601
Potassium, K	S6601
Total lipid (fat)	S6601
Thiamin	S6601
Fatty acids, total trans	S6601
Fatty acids, total saturated	S6601
Energy	S6601
Iron, Fe	S6601
Vitamin D	S6601
Vitamin D (D2 + D3)	S6601
Carbohydrate, by difference	S6601
Calcium, Ca	S6601
Vitamin A, IU	S6601
Riboflavin	S6601
Sugars, total	S6601
Sodium, Na	S6601
Vitamin B-6	S6601
Folate, total	S6601
Ash	S6601
Water	S6601
Zinc, Zn	S6601
Vitamin C, total ascorbic acid	S6601

NDB No. 16595 MORNINGSTAR FARMS Veggie Sweet and Sour Chik'n, frozen, unprepared

Fatty acids, total monounsaturated	S6601
Fatty acids, total polyunsaturated	S6601
Fiber, total dietary	S6601
Magnesium, Mg	S6601
Niacin	S6601
Vitamin B-12	S6601
Cholesterol	S6601

NDB No. 16596 MORNINGSTAR FARMS Grillers Quarter Pound Veggie Burger, frozen, unprepared

Protein	S6601
Water	S6601
Vitamin A, IU	S6601
Vitamin C, total ascorbic acid	S6601
Fatty acids, total monounsaturated	S6601
Total lipid (fat)	S6601
Sodium, Na	S6601
Folate, total	S6601
Fatty acids, total trans	S6601
Ash	S6601
Energy	S6601
Calcium, Ca	S6601
Vitamin D	S6601
Phosphorus, P	S6601
Vitamin B-6	S6601
Fiber, total dietary	S6601
Zinc, Zn	S6601
Cholesterol	S6601
Carbohydrate, by difference	S6601
Iron, Fe	S6601
Potassium, K	S6601
Vitamin D (D2 + D3)	S6601
Niacin	S6601
Fatty acids, total polyunsaturated	S6601
Sugars, total	S6601
Magnesium, Mg	S6601

NDB No. 16596 MORNINGSTAR FARMS Grillers Quarter Pound Veggie Burger, frozen, unprepared

Thiamin	S6601
Vitamin B-12	S6601
Riboflavin	S6601
Fatty acids, total saturated	S6601

NDB No. 17089 Veal, composite of trimmed retail cuts, separable lean and fat, cooked

Vitamin D	D7341
Vitamin D3 (cholecalciferol)	D7341

NDB No. 17091 Veal, composite of trimmed retail cuts, separable lean only, cooked

Vitamin D	D7341
Vitamin D3 (cholecalciferol)	D7341

NDB No. 17094 Veal, leg (top round), separable lean and fat, raw

Vitamin D3 (cholecalciferol)	D7341
Vitamin D	D7341

NDB No. 17095 Veal, leg (top round), separable lean and fat, cooked, braised

Vitamin D3 (cholecalciferol)	D7341
Vitamin D	D7341

NDB No. 17096 Veal, leg (top round), separable lean and fat, cooked, pan-fried, breaded

Vitamin D3 (cholecalciferol)	D7341
Fluoride, F	D5001, D5007
Vitamin D	D7341

NDB No. 17097 Veal, leg (top round), separable lean and fat, cooked, pan-fried, not breaded

Vitamin D3 (cholecalciferol)	D7341
Vitamin D	D7341

NDB No. 17098 Veal, leg (top round), separable lean and fat, cooked, roasted

Vitamin D3 (cholecalciferol)	D7341

NDB No. 17098 Veal, leg (top round), separable lean and fat, cooked, roasted

Vitamin D	D7341

NDB No. 17101 Veal, leg (top round), separable lean only, cooked, pan-fried, breaded

Vitamin D	D7341
Vitamin D3 (cholecalciferol)	D7341

NDB No. 17102 Veal, leg (top round), separable lean only, cooked, pan-fried, not breaded

Vitamin D3 (cholecalciferol)	D7341
Vitamin D	D7341

NDB No. 17104 Veal, loin, separable lean and fat, raw

Vitamin D	D7341
Vitamin D3 (cholecalciferol)	D7341

NDB No. 17105 Veal, loin, separable lean and fat, cooked, braised

Vitamin D3 (cholecalciferol)	D7341
Vitamin D	D7341

NDB No. 17106 Veal, loin, separable lean and fat, cooked, roasted

Vitamin D3 (cholecalciferol)	D7341
Vitamin D	D7341

NDB No. 17108 Veal, loin, separable lean only, cooked, braised

Vitamin D3 (cholecalciferol)	D7341
Vitamin D	D7341

NDB No. 17109 Veal, loin, separable lean only, cooked, roasted

Vitamin D3 (cholecalciferol)	D7341
Vitamin D	D7341

NDB No. 17111 Veal, rib, separable lean and fat, cooked, braised

NDB No. 17111 Veal, rib, separable lean and fat, cooked, braised

Vitamin D3 (cholecalciferol)	D7341
Vitamin D	D7341

NDB No. 17114 Veal, rib, separable lean only, cooked, braised

Vitamin D	D7341
Vitamin D3 (cholecalciferol)	D7341

NDB No. 17116 Veal, shoulder, whole (arm and blade), separable lean and fat, raw

Vitamin D	D7341
Vitamin D3 (cholecalciferol)	D7341

NDB No. 17117 Veal, shoulder, whole (arm and blade), separable lean and fat, cooked, braised

Vitamin D3 (cholecalciferol)	D7341
Vitamin D	D7341

NDB No. 17122 Veal, shoulder, arm, separable lean and fat, raw

Vitamin D3 (cholecalciferol)	D7341
Vitamin D	D7341

NDB No. 17129 Veal, shoulder, blade, separable lean and fat, cooked, braised

Vitamin D3 (cholecalciferol)	D7341
Vitamin D	D7341

NDB No. 17132 Veal, shoulder, blade, separable lean only, cooked, braised

Vitamin D3 (cholecalciferol)	D7341
Vitamin D	D7341

NDB No. 17134 Veal, sirloin, separable lean and fat, raw

Vitamin D	D7341
Vitamin D3 (cholecalciferol)	D7341

NDB No. 17136 Veal, sirloin, separable lean and fat, cooked, roasted

Vitamin D	D7341
Vitamin D3 (cholecalciferol)	D7341

NDB No. 17143 Veal, ground, cooked, broiled

Vitamin D3 (cholecalciferol)	D7341
Vitamin D	D7341

NDB No. 17147 Game meat, bear, cooked, simmered

Vitamin D	D7241
Vitamin D3 (cholecalciferol)	D7241

NDB No. 17148 Bison, ground, grass-fed, cooked

Total lipid (fat)	S4661
Vitamin D	D7241
Protein	S4661
Water	S4661
Ash	S4661
Vitamin D3 (cholecalciferol)	D7241

NDB No. 17149 Bison, ground, grass-fed, raw

Ash	S4661
Water	S4661
Vitamin D3 (cholecalciferol)	D7241
Total lipid (fat)	S4661
Protein	S4661
Vitamin D	D7241

NDB No. 17151 Game meat, beaver, cooked, roasted

Vitamin D3 (cholecalciferol)	D7241
Vitamin D	D7241

NDB No. 17157 Game meat, bison, separable lean only, cooked, roasted

Vitamin D	D7241

NDB No. 17157 Game meat, bison, separable lean only, cooked, roasted

Vitamin D3 (cholecalciferol)	D7241

NDB No. 17159 Game meat, boar, wild, cooked, roasted

Vitamin D3 (cholecalciferol)	D7241
Vitamin D	D7241

NDB No. 17163 Game meat, caribou, cooked, roasted

Vitamin D	D7241
Vitamin D3 (cholecalciferol)	D7241

NDB No. 17169 Game meat, goat, cooked, roasted

Vitamin D	D7241
Vitamin D3 (cholecalciferol)	D7241

NDB No. 17173 Game meat, moose, cooked, roasted

Vitamin D3 (cholecalciferol)	D7241
Vitamin D	D7241

NDB No. 17176 Game meat, opossum, cooked, roasted

Vitamin D	D7241
Vitamin D3 (cholecalciferol)	D7241

NDB No. 17179 Game meat, rabbit, domesticated, composite of cuts, cooked, stewed

Vitamin D	D7241
Vitamin D3 (cholecalciferol)	D7241

NDB No. 17181 Game meat, rabbit, wild, cooked, stewed

Vitamin D3 (cholecalciferol)	D7241
Vitamin D	D7241

NDB No. 17182 Game meat, raccoon, cooked, roasted

NDB No. 17182 Game meat, raccoon, cooked, roasted

Vitamin D3 (cholecalciferol)	D7241
Vitamin D	D7241

NDB No. 17184 Game meat, squirrel, cooked, roasted

Vitamin D3 (cholecalciferol)	D7241
Vitamin D	D7241

NDB No. 17202 Veal, variety meats and by-products, liver, raw

Phosphorus, P	S1082
Copper, Cu	S1082
Carotene, alpha	S1082
Dihydrophylloquinone	S1082
Isoleucine	S1082
Phenylalanine	S1082
Tyrosine	S1082
Arginine	S1082
Histidine	S1082
Cholesterol	S1082
14:1	S1082
20:2 n-6 c,c	S1082
Sodium, Na	S1082
Tocopherol, beta	S1166
Vitamin B-12	S1082
Betaine	S1082
Tryptophan	S1082
Aspartic acid	S1082
4:0	S1082
8:0	S1082
15:0	S1082
Calcium, Ca	S1082
Retinol	S1082
Cryptoxanthin, beta	S1082
Choline, total	S1082
Methionine	S1082
Fatty acids, total trans	S1082
18:0	S1082

NDB No. 17202 Veal, variety meats and by-products, liver, raw

18:1 undifferentiated	S1082
20:4 undifferentiated	S1082
Iron, Fe	S1082
Magnesium, Mg	S1082
Manganese, Mn	S1082
Lycopene	S1082
Riboflavin	S1082
Leucine	S1082
Alanine	S1082
Serine	S1082
Hydroxyproline	S1082
10:0	S1082
16:0	S1082
17:1	S1082
Total lipid (fat)	S1082
Ash	S1082
Vitamin C, total ascorbic acid	S1082
Vitamin B-6	S1082
Glutamic acid	S1082
22:0	S1082
18:3 n-6 c,c,c	S1082
18:3 n-3 c,c,c (ALA)	S1082
Carotene, beta	S1082
Vitamin E (alpha-tocopherol)	S1166
Thiamin	S1082
Pantothenic acid	S1082
Proline	S1082
14:0	S1082
17:0	S1082
20:3 undifferentiated	S1082
Protein	S1082
Potassium, K	S1082
Selenium, Se	S1082
Tocopherol, gamma	S1166
Tocopherol, delta	S1166
Vitamin K (phylloquinone)	S1082
Lysine	S1082

NDB No. 17202 Veal, variety meats and by-products, liver, raw

Valine	S1082
Glycine	S1082
12:0	S1082
20:0	S1082
16:1 undifferentiated	S1082
20:1	S1082
18:2 n-6 c,c	S1082
15:1	S1082
Water	S1082
Zinc, Zn	S1082
Niacin	S1082
Folate, total	S1166
Threonine	S1082
Cystine	S1082

NDB No. 17203 Veal, variety meats and by-products, liver, cooked, braised

Copper, Cu	S1082
Cryptoxanthin, beta	S1082
Niacin	S1082
Folate, total	S1166
Aspartic acid	S1082
Glycine	S1082
18:1 undifferentiated	S1082
22:0	S1082
17:1	S1082
Total lipid (fat)	S1082
Water	S1082
Calcium, Ca	S1082
Zinc, Zn	S1082
Manganese, Mn	S1082
Carotene, alpha	S1082
16:0	S1082
18:0	S1082
20:4 undifferentiated	S1082
14:1	S1082
15:0	S1082

NDB No. 17203 Veal, variety meats and by-products, liver, cooked, braised

17:0	S1082
Iron, Fe	S1082
Pantothenic acid	S1082
Isoleucine	S1082
Arginine	S1082
Proline	S1082
8:0	S1082
Sodium, Na	S1082
Tocopherol, beta	S1166
Tocopherol, delta	S1166
Thiamin	S1082
Cystine	S1082
Serine	S1082
Hydroxyproline	S1082
4:0	S1082
15:1	S1082
18:3 n-3 c,c,c (ALA)	S1082
Ash	S1082
Riboflavin	S1082
Betaine	S1082
Tryptophan	S1082
Methionine	S1082
Phenylalanine	S1082
Tyrosine	S1082
Histidine	S1082
Cholesterol	S1082
16:1 undifferentiated	S1082
Selenium, Se	S1082
Retinol	S1082
Choline, total	S1082
Threonine	S1082
12:0	S1082
14:0	S1082
Potassium, K	S1082
Vitamin E (alpha-tocopherol)	S1166
Vitamin B-6	S1082
Dihydrophylloquinone	S1082, D463

NDB No. 17203 Veal, variety meats and by-products, liver, cooked, braised

Leucine	S1082
Valine	S1082
Alanine	S1082
20:0	S1082
20:1	S1082
20:2 n-6 c,c	S1082
18:2 n-6 c,c	S1082
18:3 n-6 c,c,c	S1082
Protein	S1082
Magnesium, Mg	S1082
Phosphorus, P	S1082
Carotene, beta	S1082
Lycopene	S1082
Tocopherol, gamma	S1166
Vitamin B-12	S1082
Vitamin K (phylloquinone)	S1082, D463
Lysine	S1082
Glutamic acid	S1082
Fatty acids, total trans	S1082
10:0	S1082
20:3 undifferentiated	S1082

NDB No. 17204 Veal, variety meats and by-products, liver, cooked, pan-fried

Protein	S1082
Calcium, Ca	S1082
Potassium, K	S1082
Selenium, Se	S1082
Lycopene	S1082
Vitamin B-12	S1082
Isoleucine	S1082
Cystine	S1082
16:0	S1082
20:1	S1082
15:0	S1082
Phosphorus, P	S1082
Manganese, Mn	S1082

NDB No. 17204 Veal, variety meats and by-products, liver, cooked, pan-fried

Vitamin B-6	S1082
Folate, total	S1166, S502
Tryptophan	S1082
Tyrosine	S1082
Arginine	S1082
Hydroxyproline	S1082
18:1 undifferentiated	S1082
14:1	S1082
18:2 n-6 c,c	S1082
Iron, Fe	S1082
Lysine	S1082
Valine	S1082
Histidine	S1082
Alanine	S1082
Glycine	S1082
15:1	S1082
Ash	S1082
Water	S1082
Phenylalanine	S1082
Aspartic acid	S1082
Fatty acids, total trans	S1082
18:0	S1082
20:3 undifferentiated	S1082
Total lipid (fat)	S1082
Copper, Cu	S1082
Fluoride, F	D5007
Carotene, beta	S1082
Tocopherol, beta	S1166, S502
Tocopherol, gamma	S1166, S502
Niacin	S1082
Choline, total	S1082
Betaine	S1082
Glutamic acid	S1082
10:0	S1082
20:0	S1082
20:2 n-6 c,c	S1082
18:3 n-6 c,c,c	S1082

NDB No. 17204 Veal, variety meats and by-products, liver, cooked, pan-fried

18:3 n-3 c,c,c (ALA)	S1082
Retinol	S1082
Carotene, alpha	S1082
Vitamin E (alpha-tocopherol)	S1166, S502
Cryptoxanthin, beta	S1082
Dihydrophylloquinone	S1082
Vitamin K (phylloquinone)	S1082
Leucine	S1082
8:0	S1082
14:0	S1082
22:0	S1082
16:1 undifferentiated	S1082
17:0	S1082
Magnesium, Mg	S1082
Zinc, Zn	S1082
Tocopherol, delta	S1166, S502
Riboflavin	S1082
Pantothenic acid	S1082
4:0	S1082
12:0	S1082
20:4 undifferentiated	S1082
17:1	S1082
Sodium, Na	S1082
Vitamin C, total ascorbic acid	S1082
Thiamin	S1082
Threonine	S1082
Methionine	S1082
Proline	S1082
Serine	S1082
Cholesterol	S1082

NDB No. 17218 Veal, variety meats and by-products, thymus, raw

Total lipid (fat)	S1581
Iron, Fe	S1581
Zinc, Zn	S1581
Carotene, beta	S1581

NDB No. 17218 Veal, variety meats and by-products, thymus, raw

Cholesterol	S1581
20:0	S1581
18:1 undifferentiated	S1581
15:0	S1581
Calcium, Ca	S1581
Copper, Cu	S1581
Retinol	S1581
Tocopherol, delta	S1581
8:0	S1581
20:1	S1581
17:0	S1581
20:3 undifferentiated	S1581
Water	S1581
Lycopene	S1581
Riboflavin	S1581
Vitamin B-12	S1581
Vitamin K (phylloquinone)	S1581
Fatty acids, total trans	S1581
Fatty acids, total saturated	S1581
Protein	S1581
Carotene, alpha	S1581
18:2 undifferentiated	S1581
Fatty acids, total polyunsaturated	S1581
18:3 n-3 c,c,c (ALA)	S1581
Ash	S1581
Phosphorus, P	S1581
Selenium, Se	S1581
Tocopherol, gamma	S1581
Vitamin C, total ascorbic acid	S1581
Vitamin B-6	S1581
Folate, total	S1581
22:0	S1581
14:1	S1581
Fatty acids, total monounsaturated	S1581
20:2 n-6 c,c	S1581
18:3 n-6 c,c,c	S1581
Manganese, Mn	S1581

NDB No. 17218 Veal, variety meats and by-products, thymus, raw

Thiamin	S1581
Niacin	S1581
12:0	S1581
15:1	S1581
Magnesium, Mg	S1581
Potassium, K	S1581
Cryptoxanthin, beta	S1581
14:0	S1581
16:0	S1581
20:4 undifferentiated	S1581
Sodium, Na	S1581
Vitamin E (alpha-tocopherol)	S1581
Tocopherol, beta	S1581
Pantothenic acid	S1581
10:0	S1581
18:0	S1581
16:1 undifferentiated	S1581

NDB No. 17219 Veal, variety meats and by-products, thymus, cooked, braised

Water	S1581
Potassium, K	S1581
Copper, Cu	S1581
Selenium, Se	S1581
Tocopherol, delta	S1581
Fatty acids, total saturated	S1581
8:0	S1581
20:1	S1581
17:0	S1581
Protein	S1581
Zinc, Zn	S1581
Manganese, Mn	S1581
Pantothenic acid	S1581
20:0	S1581
20:4 undifferentiated	S1581
Fatty acids, total polyunsaturated	S1581
Total lipid (fat)	S1581

NDB No. 17219 Veal, variety meats and by-products, thymus, cooked, braised

Carotene, alpha	S1581
Vitamin D	D7341
Vitamin D3 (cholecalciferol)	D7341
Riboflavin	S1581
Folate, total	S1581
18:0	S1581
20:3 undifferentiated	S1581
18:3 n-3 c,c,c (ALA)	S1581
Magnesium, Mg	S1581
Lycopene	S1581
Tocopherol, gamma	S1581
Vitamin C, total ascorbic acid	S1581
Thiamin	S1581
16:0	S1581
14:1	S1581
Fatty acids, total monounsaturated	S1581
20:2 n-6 c,c	S1581
Vitamin B-12	S1581
Vitamin K (phylloquinone)	S1581
10:0	S1581
12:0	S1581
14:0	S1581
Retinol	S1581
Niacin	S1581
Cholesterol	S1581
Ash	S1581
Calcium, Ca	S1581
Phosphorus, P	S1581
Sodium, Na	S1581
Carotene, beta	S1581
Vitamin E (alpha-tocopherol)	S1581
Tocopherol, beta	S1581
22:0	S1581
16:1 undifferentiated	S1581
18:3 n-6 c,c,c	S1581
Iron, Fe	S1581
Cryptoxanthin, beta	S1581

NDB No. 17219 Veal, variety meats and by-products, thymus, cooked, braised

Vitamin B-6	S1581
Fatty acids, total trans	S1581
18:1 undifferentiated	S1581
18:2 undifferentiated	S1581
15:0	S1581
15:1	S1581

NDB No. 17227 Lamb, domestic, composite of trimmed retail cuts, separable lean and fat, trimmed to 1/8" fat, choice, cooked

Fluoride, F	D5007

NDB No. 17332 Game meat , bison, top sirloin, separable lean only, 1" steak, cooked, broiled

Total lipid (fat)	S3
Sodium, Na	S3
Ash	S3
Calcium, Ca	S3
Zinc, Zn	S3
Vitamin B-6	S3
Phosphorus, P	S3
Manganese, Mn	S3
Riboflavin	S3
Niacin	S3
Cholesterol	S3
Water	S3
Magnesium, Mg	S3
Potassium, K	S3
Protein	S3
Iron, Fe	S3
Copper, Cu	S3
Thiamin	S3
Vitamin B-12	S3

NDB No. 17335 Game meat, bison, ribeye, separable lean only, 1" steak, cooked, broiled

Cholesterol	S3
Ash	S3

NDB No. 17335 Game meat, bison, ribeye, separable lean only, 1" steak, cooked, broiled

Water	S3
Iron, Fe	S3
Magnesium, Mg	S3
Total lipid (fat)	S3
Niacin	S3
Potassium, K	S3
Protein	S3
Sodium, Na	S3
Manganese, Mn	S3
Zinc, Zn	S3
Copper, Cu	S3
Thiamin	S3
Vitamin B-6	S3
Calcium, Ca	S3
Phosphorus, P	S3
Vitamin B-12	S3
Riboflavin	S3

NDB No. 17340 Game meat, elk, loin, separable lean only, cooked, broiled

Zinc, Zn	S3
Copper, Cu	S3
Iron, Fe	S3
Magnesium, Mg	S3
Potassium, K	S3
Manganese, Mn	S3
Vitamin B-12	S3
Total lipid (fat)	S3
Ash	S3
Calcium, Ca	S3
Niacin	S3
Sodium, Na	S3
Riboflavin	S3
Vitamin B-6	S3
Protein	S3
Phosphorus, P	S3
Thiamin	S3

NDB No. 17340 Game meat, elk, loin, separable lean only, cooked, broiled

Cholesterol	S3
Water	S3

NDB No. 17341 Game meat, elk, round, separable lean only, cooked, broiled

Calcium, Ca	S3
Iron, Fe	S3
Potassium, K	S3
Manganese, Mn	S3
Total lipid (fat)	S3
Ash	S3
Sodium, Na	S3
Vitamin B-6	S3
Riboflavin	S3
Niacin	S3
Zinc, Zn	S3
Thiamin	S3
Cholesterol	S3
Protein	S3
Water	S3
Magnesium, Mg	S3
Vitamin B-12	S3
Phosphorus, P	S3
Copper, Cu	S3

NDB No. 17342 Game meat, elk, tenderloin, separable lean only, cooked, broiled

Ash	S3
Copper, Cu	S3
Protein	S3
Water	S3
Phosphorus, P	S3
Potassium, K	S3
Magnesium, Mg	S3
Sodium, Na	S3
Manganese, Mn	S3
Cholesterol	S3
Calcium, Ca	S3

NDB No. 17342 Game meat, elk, tenderloin, separable lean only, cooked, broiled

Zinc, Zn	S3
Total lipid (fat)	S3
Iron, Fe	S3

NDB No. 17343 Game meat, deer, ground, raw

Vitamin D	D7241
Vitamin D3 (cholecalciferol)	D7241

NDB No. 17344 Game meat, deer, ground, cooked, pan-broiled

Vitamin D3 (cholecalciferol)	D7241
Vitamin D	D7241

NDB No. 17345 Game meat, deer, loin, separable lean only, 1" steak, cooked, broiled

Iron, Fe	S3
Vitamin D	D7241
Niacin	S3
Sodium, Na	S3
Copper, Cu	S3
Calcium, Ca	S3
Potassium, K	S3
Manganese, Mn	S3
Riboflavin	S3
Cholesterol	S3
Total lipid (fat)	S3
Phosphorus, P	S3
Zinc, Zn	S3
Vitamin B-6	S3
Magnesium, Mg	S3
Selenium, Se	S3
Vitamin D3 (cholecalciferol)	D7241
Thiamin	S3
Vitamin B-12	S3
Ash	S3
Protein	S3
Water	S3

NDB No. 17346 Game meat, deer, shoulder clod, separable lean only, 3-5 lb roast, cooked, braised

Potassium, K	S3
Riboflavin	S3
Vitamin D3 (cholecalciferol)	D7241
Vitamin B-6	S3
Cholesterol	S3
Ash	S3
Phosphorus, P	S3
Copper, Cu	S3
Vitamin D	D7241
Niacin	S3
Magnesium, Mg	S3
Thiamin	S3
Vitamin B-12	S3
Total lipid (fat)	S3
Sodium, Na	S3
Manganese, Mn	S3
Iron, Fe	S3
Zinc, Zn	S3
Water	S3
Calcium, Ca	S3
Selenium, Se	S3
Protein	S3

NDB No. 17347 Game meat, deer, tenderloin, separable lean only, 0.5-1 lb roast, cooked, broiled

Protein	S3
Niacin	S3
Ash	S3
Magnesium, Mg	S3
Potassium, K	S3
Manganese, Mn	S3
Water	S3
Calcium, Ca	S3
Sodium, Na	S3
Selenium, Se	S3
Thiamin	S3
Vitamin B-12	S3

NDB No. 17347 Game meat, deer, tenderloin, separable lean only, 0.5-1 lb roast, cooked, broiled

Iron, Fe	S3
Copper, Cu	S3
Total lipid (fat)	S3
Phosphorus, P	S3
Zinc, Zn	S3
Riboflavin	S3
Vitamin B-6	S3
Cholesterol	S3

NDB No. 17348 Game meat, deer, top round, separable lean only, 1" steak, cooked, broiled

Magnesium, Mg	S3
Riboflavin	S3
Ash	S3
Zinc, Zn	S3
Copper, Cu	S3
Vitamin B-6	S3
Niacin	S3
Sodium, Na	S3
Cholesterol	S3
Protein	S3
Phosphorus, P	S3
Thiamin	S3
Total lipid (fat)	S3
Water	S3
Calcium, Ca	S3
Iron, Fe	S3
Potassium, K	S3
Manganese, Mn	S3
Selenium, Se	S3
Vitamin B-12	S3

NDB No. 18001 Bagels, plain, enriched, with calcium propionate (includes onion, poppy, sesame)

Folate, food	S1162
8:0	S1162
12:0	S1162
18:2 undifferentiated	S1162

NDB No. 18001 Bagels, plain, enriched, with calcium propionate (includes onion, poppy, sesame)

18:3 undifferentiated	S1162
15:0	S1162
18:1 t	S1162
Fatty acids, total trans-monoenoic	S1162
Starch	S1162
Sugars, total	S1162
Pantothenic acid	S1162
Folic acid	S1162
20:1	S1162
Phosphorus, P	S1162
Copper, Cu	S1162
Fatty acids, total saturated	S1162
16:0	S1162
22:0	S1162
18:3 n-6 c,c,c	S1162
17:1	S1162
15:1	S1162
Water	S1162
Potassium, K	S1162
Manganese, Mn	S1162
Vitamin C, total ascorbic acid	S1162
Vitamin B-6	S1162
4:0	S1162
22:6 n-3 (DHA)	S1162
20:5 n-3 (EPA)	S1162
24:0	S1162
18:1 c	S1162
Magnesium, Mg	S1162
Zinc, Zn	S1162
Dihydrophylloquinone	S1162
18:0	S1162
20:0	S1162
14:1	S1162
17:0	S1162
24:1 c	S1162
13:0	S1162
Fiber, total dietary	S1162

NDB No. 18001 Bagels, plain, enriched, with calcium propionate (includes onion, poppy, sesame)

Calcium, Ca	S1162
Vitamin E (alpha-tocopherol)	S1162
Riboflavin	S1162
6:0	S1162
14:0	S1162
20:4 undifferentiated	S1162
Fatty acids, total polyunsaturated	S1162
Protein	S1162
Total lipid (fat)	S1162
Sodium, Na	S1162
Selenium, Se	S1162
Fatty acids, total trans	S1162
18:1 undifferentiated	S1162
16:1 undifferentiated	S1162
20:2 n-6 c,c	S1162
Ash	S1162
Iron, Fe	S1162
Thiamin	S1162
Niacin	S1162
Folate, total	S1162
Vitamin K (phylloquinone)	S1162
10:0	S1162
22:1 undifferentiated	S1162
Fatty acids, total monounsaturated	S1162
20:3 undifferentiated	S1162
18:3 n-3 c,c,c (ALA)	S1162

NDB No. 18002 Bagels, plain, toasted, enriched, with calcium propionate (includes onion, poppy, sesame)

Protein	S1162
Fiber, total dietary	S1162
Sodium, Na	S1162
Zinc, Zn	S1162
Vitamin E (alpha-tocopherol)	S1162
4:0	S1162
10:0	S1162
14:0	S1162

NDB No. 18002 Bagels, plain, toasted, enriched, with calcium propionate (includes onion, poppy, sesame)

16:0	S1162
Ash	S1162
Folate, food	S1162
Fatty acids, total trans	S1162
14:1	S1162
20:5 n-3 (EPA)	S1162
24:1 c	S1162
15:1	S1162
Manganese, Mn	S1162
Selenium, Se	S1162
Vitamin B-6	S1162
Folic acid	S1162
20:0	S1162
18:1 undifferentiated	S1162
17:0	S1162
18:1 c	S1162
20:3 undifferentiated	S1162
Total lipid (fat)	S1162
Water	S1162
Sugars, total	S1162
Potassium, K	S1162
6:0	S1162
8:0	S1162
18:3 undifferentiated	S1162
18:1 t	S1162
13:0	S1162
Starch	S1162
Calcium, Ca	S1162
Iron, Fe	S1162
Copper, Cu	S1162
18:2 undifferentiated	S1162
22:6 n-3 (DHA)	S1162
22:0	S1162
Fatty acids, total polyunsaturated	S1162
17:1	S1162
18:3 n-3 c,c,c (ALA)	S1162
Phosphorus, P	S1162

NDB No. 18002 Bagels, plain, toasted, enriched, with calcium propionate (includes onion, poppy, sesame)

Riboflavin	S1162
Niacin	S1162
Vitamin K (phylloquinone)	S1162
18:0	S1162
16:1 undifferentiated	S1162
20:1	S1162
15:0	S1162
Magnesium, Mg	S1162
Thiamin	S1162
Pantothenic acid	S1162
Folate, total	S1162
Fatty acids, total monounsaturated	S1162
Dihydrophylloquinone	S1162
Hydroxyproline	S1162
Fatty acids, total saturated	S1162
12:0	S1162
20:4 undifferentiated	S1162
22:1 undifferentiated	S1162
24:0	S1162
20:2 n-6 c,c	S1162
18:3 n-6 c,c,c	S1162

NDB No. 18013 Biscuits, plain or buttermilk, refrigerated dough, lower fat, baked

Fluoride, F	D5007

NDB No. 18014 Biscuits, plain or buttermilk, refrigerated dough, higher fat

Calcium, Ca	S2105
Potassium, K	S2105
Copper, Cu	S2105
Manganese, Mn	S2105
8:0	S2105
22:0	S2105
16:1 undifferentiated	S2105
Ash	S2105
15:0	S2105

NDB No. 18014 Biscuits, plain or buttermilk, refrigerated dough, higher fat

20:2 n-6 c,c	S2105
18:3 n-3 c,c,c (ALA)	S2105
Sodium, Na	S2105
Vitamin E (alpha-tocopherol)	S2105
10:0	S2105
20:1	S2105
Zinc, Zn	S2105
Thiamin	S2105
Riboflavin	S2105
12:0	S2105
20:4 undifferentiated	S2105
Water	S2105
Vitamin K (phylloquinone)	S2105
16:0	S2105
18:0	S2105
18:3 n-6 c,c,c	S2105
Niacin	S2105
20:0	S2105
18:1 undifferentiated	S2105
18:2 undifferentiated	S2105
14:1	S2105
15:1	S2105
Magnesium, Mg	S2105
Phosphorus, P	S2105
Vitamin B-6	S2105
14:0	S2105
17:0	S2105
Total lipid (fat)	S2105
Iron, Fe	S2105
Pantothenic acid	S2105
17:1	S2105
20:3 undifferentiated	S2105

NDB No. 18015 Biscuits, plain or buttermilk, refrigerated dough, higher fat, baked

Water	S2105
Calcium, Ca	S2105

NDB No. 18015 Biscuits, plain or buttermilk, refrigerated dough, higher fat, baked

20:0	S2105
18:2 undifferentiated	S2105
16:1 undifferentiated	S2105
Magnesium, Mg	S2105
Potassium, K	S2105
Vitamin E (alpha-tocopherol)	S2105
17:1	S2105
15:1	S2105
Total lipid (fat)	S2105
Sodium, Na	S2105
Zinc, Zn	S2105
Fluoride, F	D5007
Vitamin K (phylloquinone)	S2105
14:0	S2105
20:2 n-6 c,c	S2105
Phosphorus, P	S2105
16:0	S2105
Iron, Fe	S2105
22:0	S2105
14:1	S2105
20:3 undifferentiated	S2105
18:3 n-3 c,c,c (ALA)	S2105
Thiamin	S2105
12:0	S2105
17:0	S2105
Ash	S2105
Copper, Cu	S2105
Manganese, Mn	S2105
Riboflavin	S2105
20:4 undifferentiated	S2105
20:1	S2105
18:3 n-6 c,c,c	S2105
Niacin	S2105
Pantothenic acid	S2105
Vitamin B-6	S2105
8:0	S2105
10:0	S2105

NDB No. 18015 Biscuits, plain or buttermilk, refrigerated dough, higher fat, baked

18:0	S2105
18:1 undifferentiated	S2105
15:0	S2105

NDB No. 18029 Bread, french or vienna (includes sourdough)

Ash	S2105
Riboflavin	S2105
20:1	S2105
17:0	S2105
17:1	S2105
18:3 n-3 c,c,c (ALA)	S2105
Total lipid (fat)	S2105
Phosphorus, P	S2105
Vitamin C, total ascorbic acid	S2105
Vitamin B-6	S2105
8:0	S2105
16:0	S2105
20:4 undifferentiated	S2105
14:1	S2105
Potassium, K	S2105
10:0	S2105
20:0	S2105
18:2 undifferentiated	S2105
16:1 undifferentiated	S2105
15:1	S2105
Iron, Fe	S2105
Magnesium, Mg	S2105
Manganese, Mn	S2105
Selenium, Se	S2105
Vitamin K (phylloquinone)	S2105
12:0	S2105
18:1 undifferentiated	S2105
Sodium, Na	S2105
Zinc, Zn	S2105
Copper, Cu	S2105
15:0	S2105

NDB No. 18029 Bread, french or vienna (includes sourdough)

20:3 undifferentiated	S2105
Calcium, Ca	S2105
Thiamin	S2105
18:0	S2105
20:2 n-6 c,c	S2105
18:3 n-6 c,c,c	S2105
Water	S2105
Vitamin E (alpha-tocopherol)	S2105
Niacin	S2105
Pantothenic acid	S2105
Folate, total	D4901
14:0	S2105
22:0	S2105

NDB No. 18030 Bread, french or vienna, toasted (includes sourdough)

Potassium, K	S2105
Vitamin E (alpha-tocopherol)	S2105
Vitamin K (phylloquinone)	S2105
16:0	S2105
Thiamin	S2105
Pantothenic acid	S2105
12:0	S2105
15:0	S2105
Ash	S2105
Iron, Fe	S2105
Phosphorus, P	S2105
Selenium, Se	S2105
18:1 undifferentiated	S2105
14:1	S2105
16:1 undifferentiated	S2105
20:1	S2105
Total lipid (fat)	S2105
Calcium, Ca	S2105
Sodium, Na	S2105
Manganese, Mn	S2105
22:0	S2105

NDB No. 18030 Bread, french or vienna, toasted (includes sourdough)

18:3 n-6 c,c,c	S2105
17:1	S2105
20:3 undifferentiated	S2105
Magnesium, Mg	S2105
Riboflavin	S2105
14:0	S2105
18:0	S2105
18:3 n-3 c,c,c (ALA)	S2105
Copper, Cu	S2105
8:0	S2105
20:2 n-6 c,c	S2105
Water	S2105
Zinc, Zn	S2105
Niacin	S2105
18:2 undifferentiated	S2105
Vitamin C, total ascorbic acid	S2105
Vitamin B-6	S2105
10:0	S2105
20:0	S2105
20:4 undifferentiated	S2105
17:0	S2105
15:1	S2105

NDB No. 18033 Bread, italian

Folate, total	D4901

NDB No. 18035 Bread, Multi-Grain (includes whole-grain)

Fructose	S3553
Copper, Cu	S3553
Tocopherol, delta	S3553
16:1 undifferentiated	S3553
20:2 n-6 c,c	S3553
Zinc, Zn	S3553
Manganese, Mn	S3553
Tocopherol, beta	S3553
Niacin	S3553

NDB No. 18035 Bread, Multi-Grain (includes whole-grain)

8:0	S3553
20:0	S3553
17:0	S3553
24:1 c	S3553
21:5	S3553
Magnesium, Mg	S3553
Phosphorus, P	S3553
Selenium, Se	S3553
16:0	S3553
24:0	S3553
20:3 undifferentiated	S3553
Sucrose	S3553
Lactose	S3553
Fiber, total dietary	S3553
Pantothenic acid	S3553
18:0	S3553
18:1 undifferentiated	S3553
18:2 undifferentiated	S3553
18:3 undifferentiated	S3553
22:6 n-3 (DHA)	S3553
22:5 n-3 (DPA)	S3553
Ash	S3553
Calcium, Ca	S3553
Sodium, Na	S3553
Vitamin E (alpha-tocopherol)	S3553
Vitamin B-6	S3553
20:4 undifferentiated	S3553
22:0	S3553
14:1	S3553
22:4	S3553
Maltose	S3553
Water	S3553
Potassium, K	S3553
Riboflavin	S3553
10:0	S3553
14:0	S3553
18:4	S3553

NDB No. 18035 Bread, Multi-Grain (includes whole-grain)

20:1	S3553
20:5 n-3 (EPA)	S3553
22:1 undifferentiated	S3553
Total lipid (fat)	S3553
Iron, Fe	S3553
Tocopherol, gamma	S3553
17:1	S3553
Protein	S3553
Glucose (dextrose)	S3553
Thiamin	S3553
12:0	S3553
15:0	S3553
15:1	S3553

NDB No. 18059 Bread, rice bran

Choline, total	S2105

NDB No. 18060 Bread, rye

Fluoride, F	D5007

NDB No. 18064 Bread, wheat

Niacin	S2105
Choline, total	S2105
17:1	S2105
20:3 undifferentiated	S2105
Ash	S2105
Copper, Cu	S2105
Manganese, Mn	S2105
20:0	S2105
22:0	S2105
20:1	S2105
17:0	S2105
20:2 n-6 c,c	S2105
Selenium, Se	S2105
8:0	S2105

NDB No. 18064 Bread, wheat

Calcium, Ca	S2105
Iron, Fe	S2105
Magnesium, Mg	S2105
Zinc, Zn	S2105
Vitamin B-6	S2105
18:0	S2105
14:1	S2105
Vitamin C, total ascorbic acid	S2105
Vitamin K (phylloquinone)	S2105
15:1	S2105
Total lipid (fat)	S2105
Vitamin E (alpha-tocopherol)	S2105
10:0	S2105
18:3 n-6 c,c,c	S2105
Water	S2105
Phosphorus, P	S2105
14:0	S2105
16:0	S2105
20:4 undifferentiated	S2105
16:1 undifferentiated	S2105
Potassium, K	S2105
Sodium, Na	S2105
Thiamin	S2105
Riboflavin	S2105
Pantothenic acid	S2105
12:0	S2105
18:1 undifferentiated	S2105
18:2 undifferentiated	S2105
15:0	S2105
18:3 n-3 c,c,c (ALA)	S2105

NDB No. 18065 Bread, wheat, toasted

20:0	S2105
16:1 undifferentiated	S2105
20:1	S2105
15:0	S2105

NDB No. 18065 Bread, wheat, toasted

17:1	S2105
Potassium, K	S2105
Manganese, Mn	S2105
Vitamin C, total ascorbic acid	S2105
Pantothenic acid	S2105
Vitamin B-6	S2105
18:1 undifferentiated	S2105
Phosphorus, P	S2105
Vitamin E (alpha-tocopherol)	S2105
Riboflavin	S2105
12:0	S2105
20:4 undifferentiated	S2105
22:0	S2105
20:2 n-6 c,c	S2105
Total lipid (fat)	S2105
Water	S2105
Niacin	S2105
Vitamin K (phylloquinone)	S2105
8:0	S2105
18:0	S2105
14:1	S2105
Ash	S2105
Calcium, Ca	S2105
Magnesium, Mg	S2105
Zinc, Zn	S2105
14:0	S2105
15:1	S2105
Sodium, Na	S2105
Copper, Cu	S2105
Selenium, Se	S2105
Thiamin	S2105
16:0	S2105
18:3 n-6 c,c,c	S2105
18:3 n-3 c,c,c (ALA)	S2105
Iron, Fe	S2105
10:0	S2105
18:2 undifferentiated	S2105

NDB No. 18065 Bread, wheat, toasted

17:0	S2105
20:3 undifferentiated	S2105

NDB No. 18069 Bread, white, commercially prepared (includes soft bread crumbs)

Fiber, total dietary	S20
Phosphorus, P	S20
Sodium, Na	S20
Fluoride, F	D5001, D5301, D5002, D5007, D5021
Vitamin C, total ascorbic acid	S20
24:0	S20
Protein	S20
Pantothenic acid	S20
18:0	S20
18:3 undifferentiated	S20
15:0	S20
Sucrose	S20
Galactose	S20
Magnesium, Mg	S20
Zinc, Zn	S20
Manganese, Mn	S20
Selenium, Se	S20
Thiamin	S20
Vitamin B-12	S20
4:0	S20
18:1 undifferentiated	S20
16:1 undifferentiated	S20
Fructose	S20
Sugars, total	S20
6:0	S20
10:0	S20
16:0	S20
22:0	S20
14:1	S20
20:5 n-3 (EPA)	S20
Starch	S20
Glucose (dextrose)	S20

NDB No. 18069 Bread, white, commercially prepared (includes soft bread crumbs)

Lactose	S20
Water	S20
Calcium, Ca	S20
Potassium, K	S20
Copper, Cu	S20
Niacin	S20
Folate, food	S20
Cholesterol	S20
20:0	S20
22:6 n-3 (DHA)	S20
22:5 n-3 (DPA)	S20
Total lipid (fat)	S20
Iron, Fe	S20
Riboflavin	S20
14:0	S20
18:4	S20
15:1	S20
Ash	S20
Maltose	S20
Folate, total	S20
Vitamin K (phylloquinone)	D4002, D4072
Folic acid	S20
12:0	S20
18:2 undifferentiated	S20
20:4 undifferentiated	S20
17:0	S20
17:1	S20
Vitamin B-6	S20
8:0	S20
20:1	S20
22:1 undifferentiated	S20

NDB No. 18075 Bread, whole-wheat, commercially prepared

Calcium, Ca	S27
Sodium, Na	S27
Protein	S27

NDB No. 18075 Bread, whole-wheat, commercially prepared

Total lipid (fat)	S27
Ash	S27
Zinc, Zn	S27
Niacin	S27
Copper, Cu	S27
Manganese, Mn	S27
Thiamin	S27
Vitamin B-6	S27
Vitamin K (phylloquinone)	S27
Potassium, K	S27
Selenium, Se	S27
Pantothenic acid	S27
Choline, total	S27, S3461
Fiber, total dietary	S27
Iron, Fe	S27
Phosphorus, P	S27
Water	S27
Magnesium, Mg	S27
Riboflavin	S27
Betaine	S27, S3461

NDB No. 18076 Bread, whole-wheat, commercially prepared, toasted

Phosphorus, P	S27
Potassium, K	S27
Zinc, Zn	S27
Pantothenic acid	S27
Iron, Fe	S27
Sodium, Na	S27
Vitamin C, total ascorbic acid	S27
Vitamin B-6	S27
Magnesium, Mg	S27
Selenium, Se	S27
Niacin	S27
Ash	S27
Calcium, Ca	S27
Water	S27

NDB No. 18076 Bread, whole-wheat, commercially prepared, toasted

Total lipid (fat)	S27
Fiber, total dietary	S27
Copper, Cu	S27
Manganese, Mn	S27
Thiamin	S27
Riboflavin	S27
Vitamin K (phylloquinone)	S27

NDB No. 18079 Bread crumbs, dry, grated, plain

Galactose	S25
Folate, total	S25
Dihydrophylloquinone	S25
18:3 undifferentiated	S25
24:0	S25
Starch	S25
Iron, Fe	S25
Potassium, K	S25
Copper, Cu	S25
Selenium, Se	S25
Cryptoxanthin, beta	S25
Riboflavin	S25
Pantothenic acid	S25
Vitamin K (phylloquinone)	S25
4:0	S25
6:0	S25
8:0	S25
18:2 undifferentiated	S25
22:0	S25
14:1	S25
Lactose	S25
Water	S25
Fiber, total dietary	S25
22:6 n-3 (DHA)	S25
16:1 undifferentiated	S25
20:5 n-3 (EPA)	S25
22:5 n-3 (DPA)	S25

NDB No. 18079 Bread crumbs, dry, grated, plain

15:0	S25
17:0	S25
Ash	S25
Glucose (dextrose)	S25
Thiamin	S25
10:0	S25
14:0	S25
18:4	S25
Sugars, total	S25
Sodium, Na	S25
Manganese, Mn	S25
Tocopherol, gamma	S25
Tocopherol, delta	S25
Niacin	S25
Cholesterol	S25
18:0	S25
22:1 undifferentiated	S25
Fructose	S25
Magnesium, Mg	S25
Zinc, Zn	S25
Vitamin E (alpha-tocopherol)	S25
Tocopherol, beta	S25
Vitamin B-6	S25
Vitamin B-12	S25
16:0	S25
20:0	S25
18:1 undifferentiated	S25
Protein	S25
Total lipid (fat)	S25
Sucrose	S25
Calcium, Ca	S25
Carotene, beta	S25
Carotene, alpha	S25
12:0	S25
Maltose	S25
Phosphorus, P	S25
Lycopene	S25

NDB No. 18079 Bread crumbs, dry, grated, plain

20:4 undifferentiated	S25
20:1	S25

NDB No. 18082 Bread stuffing, bread, dry mix, prepared

Fluoride, F	D5001

NDB No. 18086 Cake, angelfood, commercially prepared

Phosphorus, P	S3221

NDB No. 18101 Cake, chocolate, prepared from recipe without frosting

Betaine	S1063
Choline, total	S1063

NDB No. 18127 Cake, snack cakes, creme-filled, chocolate with frosting

Total lipid (fat)	S1162
Riboflavin	S1162
Pantothenic acid	S1162
Hydroxyproline	S1162
6:0	S1162
12:0	S1162
20:5 n-3 (EPA)	S1162
Water	S1162
Sugars, total	S1162
Fiber, total dietary	S1162
Sodium, Na	S1162
Zinc, Zn	S1162
Folate, total	S1162
4:0	S1162
8:0	S1162
20:0	S1162
16:1 undifferentiated	S1162
20:1	S1162
24:1 c	S1162

NDB No. 18127 Cake, snack cakes, creme-filled, chocolate with frosting

13:0	S1162
18:3 n-3 c,c,c (ALA)	S1162
Phosphorus, P	S1162
Vitamin C, total ascorbic acid	S1162
Niacin	S1162
Vitamin B-6	S1162
Folic acid	S1162
20:4 undifferentiated	S1162
22:0	S1162
24:0	S1162
Ash	S1162
Copper, Cu	S1162
14:0	S1162
Protein	S1162
Calcium, Ca	S1162
Iron, Fe	S1162
18:1 undifferentiated	S1162
18:3 undifferentiated	S1162
22:6 n-3 (DHA)	S1162
22:1 undifferentiated	S1162
15:0	S1162
Vitamin K (phylloquinone)	S1162
Folate, food	S1162
20:3 undifferentiated	S1162
Magnesium, Mg	S1162
Thiamin	S1162
Fatty acids, total saturated	S1162
10:0	S1162
16:0	S1162
18:0	S1162
14:1	S1162
17:0	S1162
20:2 n-6 c,c	S1162
15:1	S1162
Potassium, K	S1162
Manganese, Mn	S1162

NDB No. 18127 Cake, snack cakes, creme-filled, chocolate with frosting

Selenium, Se	S1162
18:2 undifferentiated	S1162
Fatty acids, total monounsaturated	S1162
Fatty acids, total polyunsaturated	S1162
18:3 n-6 c,c,c	S1162
17:1	S1162

NDB No. 18128 Cake, snack cakes, creme-filled, sponge

Protein	S2741
Total lipid (fat)	S2741
Zinc, Zn	S2741
Selenium, Se	S2741
Tocopherol, gamma	S2741
Folic acid	S2741
12:0	S2741
16:1 undifferentiated	S2741
20:1	S2741
Fructose	S2741
Phosphorus, P	S2741
4:0	S2741
20:4 undifferentiated	S2741
22:6 n-3 (DHA)	S2741
22:1 undifferentiated	S2741
Lactose	S2741
Sodium, Na	S2741
Thiamin	S2741
Betaine	S2741
18:0	S2741
18:4	S2741
17:0	S2741
20:2 n-6 c,c	S2741
Maltose	S2741
Calcium, Ca	S2741
Iron, Fe	S2741

NDB No. 18128 Cake, snack cakes, creme-filled, sponge

Copper, Cu	S2741
Vitamin E (alpha-tocopherol)	S2741
Vitamin B-6	S2741
Fatty acids, total trans	S2741
6:0	S2741
10:0	S2741
16:0	S2741
Pantothenic acid	S2741
Ash	S2741
Water	S2741
Fiber, total dietary	S2741
Magnesium, Mg	S2741
Tocopherol, beta	S2741
Niacin	S2741
Folate, total	S2741
Choline, total	S2741
8:0	S2741
14:0	S2741
20:0	S2741
18:1 undifferentiated	S2741
18:2 undifferentiated	S2741
18:3 undifferentiated	S2741
22:0	S2741
15:0	S2741
Sucrose	S2741
Glucose (dextrose)	S2741
Manganese, Mn	S2741
Tocopherol, delta	S2741
Vitamin K (phylloquinone)	S2741
14:1	S2741
20:5 n-3 (EPA)	S2741
22:5 n-3 (DPA)	S2741
Starch	S2741
Potassium, K	S2741
Riboflavin	S2741
Folate, food	S2741

NDB No. 18135 Cake, white, dry mix, pudding-type, enriched

Folate, total	D4901

NDB No. 18137 Cake, white, dry mix, regular

Folate, total	D4901

NDB No. 18142 Cake, yellow, dry mix, pudding-type

Folate, total	D4901

NDB No. 18144 Cake, yellow, dry mix, regular, enriched

Folate, total	D4901

NDB No. 18159 Cookies, chocolate chip, commercially prepared, regular, higher fat, enriched

Maltose	S21, S3559
Copper, Cu	S21, S3559
Tocopherol, beta	S3559
Pantothenic acid	S21, S3559
Folic acid	S21, S3559
Betaine	S21
Leucine	S3559
Alanine	S3559
Glycine	S3559
8:0	S3559
10:0	S3559
12:0	S3559
14:0	S3559
16:1 undifferentiated	S3559
Fatty acids, total monounsaturated	S3559
24:0	S3559
18:2 CLAs	S3559
16:1 c	S3559
18:3 n-6 c,c,c	S3559
Sucrose	S21, S3559
Vitamin K (phylloquinone)	S3559
Tyrosine	S3559

NDB No. 18159 Cookies, chocolate chip, commercially prepared, regular, higher fat, enriched

Valine	S3559
Histidine	S3559
14:1	S3559
18:2 n-6 c,c	S3559
Iron, Fe	S21, S3559
Magnesium, Mg	S21, S3559
Vitamin E (alpha-tocopherol)	S3559
Tocopherol, delta	S3559
Riboflavin	S21, S3559
Folate, total	S21, S3559
Vitamin B-12	S3559
Threonine	S3559
20:4 undifferentiated	S3559
22:6 n-3 (DHA)	S3559
22:0	S3559
18:4	S3559
22:1 t	S3559
22:4	S3559
Calcium, Ca	S21, S3559
Zinc, Zn	S21, S3559
Selenium, Se	S21, S3559
Niacin	S21, S3559
Fatty acids, total saturated	S3559
18:1 undifferentiated	S3559
18:2 t not further defined	S3559
20:3 n-6	S3559
Protein	S21, S3559
Fiber, total dietary	S21, S3559
Sodium, Na	S21, S3559
Tocopherol, gamma	S3559
Dihydrophylloquinone	S3559
Folate, food	S21, S3559
Phenylalanine	S3559
16:0	S3559
18:2 undifferentiated	S3559
22:1 undifferentiated	S3559
17:0	S3559

NDB No. 18159 Cookies, chocolate chip, commercially prepared, regular, higher fat, enriched

18:1 t	S3559
20:3 n-3	S3559
Ash	S21, S3559
Galactose	S21, S3559
Manganese, Mn	S21, S3559
Thiamin	S21, S3559
Vitamin B-6	S21, S3559
Choline, total	S21
Isoleucine	S3559
Methionine	S3559
Cystine	S3559
Aspartic acid	S3559
Proline	S3559
Fatty acids, total trans	S3559
6:0	S3559
20:1	S3559
24:1 c	S3559
18:1 c	S3559
Total lipid (fat)	S21, S3559
Starch	S21, S3559
Lactose	S21, S3559
Water	S21, S3559
Sugars, total	S21, S3559
Phosphorus, P	S21, S3559
Potassium, K	S21, S3559
Tryptophan	S3559
Lysine	S3559
18:0	S3559
20:0	S3559
20:5 n-3 (EPA)	S3559
20:3 undifferentiated	S3559
Fatty acids, total trans-polyenoic	S3559
15:1	S3559
Glucose (dextrose)	S21, S3559
Fructose	S21, S3559
Menaquinone-4	S3559
Arginine	S3559

NDB No. 18159 Cookies, chocolate chip, commercially prepared, regular, higher fat, enriched

Glutamic acid	S3559
Serine	S3559
4:0	S3559
18:3 undifferentiated	S3559
22:5 n-3 (DPA)	S3559
Fatty acids, total polyunsaturated	S3559
15:0	S3559
16:1 t	S3559
20:2 n-6 c,c	S3559
22:1 c	S3559
17:1	S3559
Fatty acids, total trans-monoenoic	S3559
18:3 n-3 c,c,c (ALA)	S3559

NDB No. 18160 Cookies, chocolate chip, commercially prepared, soft-type

Iron, Fe	S3559
Vitamin B-12	S3559
Folic acid	S3559
6:0	S3559
8:0	S3559
10:0	S3559
14:0	S3559
14:1	S3559
22:4	S3559
Maltose	S3559
Water	S3559
Sugars, total	S3559
Galactose	S3559
Potassium, K	S3559
Sodium, Na	S3559
Niacin	S3559
Menaquinone-4	S3559
16:0	S3559
18:3 undifferentiated	S3559
22:6 n-3 (DHA)	S3559
18:4	S3559

NDB No. 18160 Cookies, chocolate chip, commercially prepared, soft-type

Fatty acids, total monounsaturated	S3559
17:0	S3559
16:1 t	S3559
18:2 t not further defined	S3559
Total lipid (fat)	S3559
Starch	S3559
Calcium, Ca	S3559
Manganese, Mn	S3559
Vitamin K (phylloquinone)	S3559
Folate, food	S3559
4:0	S3559
12:0	S3559
16:1 undifferentiated	S3559
22:1 c	S3559
20:3 n-3	S3559
Protein	S3559
Fiber, total dietary	S3559
18:0	S3559
18:2 undifferentiated	S3559
20:4 undifferentiated	S3559
22:5 n-3 (DPA)	S3559
24:0	S3559
18:1 t	S3559
22:1 t	S3559
24:1 c	S3559
18:2 n-6 c,c	S3559
17:1	S3559
15:1	S3559
Ash	S3559
Glucose (dextrose)	S3559
Phosphorus, P	S3559
Zinc, Zn	S3559
Selenium, Se	S3559
Fatty acids, total saturated	S3559
20:1	S3559
20:5 n-3 (EPA)	S3559
15:0	S3559

NDB No. 18160 Cookies, chocolate chip, commercially prepared, soft-type

18:3 n-6 c,c,c	S3559
18:3 n-3 c,c,c (ALA)	S3559
Sucrose	S3559
Fructose	S3559
Magnesium, Mg	S3559
Copper, Cu	S3559
Thiamin	S3559
Fatty acids, total trans	S3559
18:1 undifferentiated	S3559
20:2 n-6 c,c	S3559
16:1 c	S3559
18:1 c	S3559
Fatty acids, total trans-polyenoic	S3559
20:3 n-6	S3559
Vitamin E (alpha-tocopherol)	S3559
Tocopherol, gamma	S3559
Riboflavin	S3559
22:0	S3559
22:1 undifferentiated	S3559
Fatty acids, total polyunsaturated	S3559
18:2 CLAs	S3559
20:3 undifferentiated	S3559
Lactose	S3559
Tocopherol, beta	S3559
Tocopherol, delta	S3559
Pantothenic acid	S3559
Vitamin B-6	S3559
Folate, total	S3559
Dihydrophylloquinone	S3559
20:0	S3559
Fatty acids, total trans-monoenoic	S3559

NDB No. 18166 Cookies, chocolate sandwich, with creme filling, regular

Protein	S3559
Lactose	S3559
Riboflavin	S3559

NDB No. 18166 Cookies, chocolate sandwich, with creme filling, regular

Threonine	S3559
Cystine	S3559
Histidine	S3559
Serine	S3559
8:0	S3559
10:0	S3559
Fatty acids, total monounsaturated	S3559
20:2 n-6 c,c	S3559
18:3 n-6 c,c,c	S3559
15:1	S3559
Fructose	S3559
Water	S3559
Sodium, Na	S3559
Manganese, Mn	S3559
Tocopherol, beta	S3559
Vitamin B-6	S3559
Folate, total	S3559
Dihydrophylloquinone	S3559
Folate, food	S3559
Tryptophan	S3559
Alanine	S3559
4:0	S3559
12:0	S3559
20:0	S3559
18:2 undifferentiated	S3559
18:2 t not further defined	S3559
24:1 c	S3559
16:1 c	S3559
22:1 c	S3559
18:3 n-3 c,c,c (ALA)	S3559
20:3 n-3	S3559
Maltose	S3559
Zinc, Zn	S3559
Tocopherol, delta	S3559
Thiamin	S3559
Valine	S3559
18:1 undifferentiated	S3559

NDB No. 18166 Cookies, chocolate sandwich, with creme filling, regular

20:1	S3559
22:5 n-3 (DPA)	S3559
Ash	S3559
Glucose (dextrose)	S3559
Sugars, total	S3559
Galactose	S3559
Magnesium, Mg	S3559
Vitamin C, total ascorbic acid	S25
Vitamin K (phylloquinone)	S3559
18:3 undifferentiated	S3559
22:6 n-3 (DHA)	S3559
22:1 undifferentiated	S3559
16:1 t	S3559
20:3 undifferentiated	S3559
Starch	S3559
Iron, Fe	S3559
Phosphorus, P	S3559
Selenium, Se	S3559
Menaquinone-4	S3559
Folic acid	S3559
Leucine	S3559
Lysine	S3559
Methionine	S3559
Phenylalanine	S3559
Arginine	S3559
6:0	S3559
14:0	S3559
20:4 undifferentiated	S3559
14:1	S3559
16:1 undifferentiated	S3559
Fatty acids, total polyunsaturated	S3559
Fatty acids, total trans-polyenoic	S3559
Vitamin E (alpha-tocopherol)	S3559
Pantothenic acid	S3559
Isoleucine	S3559
Glycine	S3559
Proline	S3559

NDB No. 18166 Cookies, chocolate sandwich, with creme filling, regular

Fatty acids, total trans	S3559
22:0	S3559
20:5 n-3 (EPA)	S3559
17:0	S3559
22:4	S3559
Total lipid (fat)	S3559
Copper, Cu	S3559
Niacin	S3559
Aspartic acid	S3559
Glutamic acid	S3559
16:0	S3559
18:0	S3559
18:4	S3559
15:0	S3559
17:1	S3559
Sucrose	S3559
Fiber, total dietary	S3559
Calcium, Ca	S3559
Potassium, K	S3559
Tocopherol, gamma	S3559
Vitamin B-12	S3559
Tyrosine	S3559
Fatty acids, total saturated	S3559
24:0	S3559
22:1 t	S3559
Fatty acids, total trans-monoenoic	S3559
20:3 n-6	S3559

NDB No. 18168 Cookies, chocolate sandwich, with extra creme filling

Total lipid (fat)	S25
Lactose	S25
Water	S25
Vitamin B-6	S25
17:0	S25
Fiber, total dietary	S25
Magnesium, Mg	S25

NDB No. 18168 Cookies, chocolate sandwich, with extra creme filling

Zinc, Zn	S25
Copper, Cu	S25
Vitamin C, total ascorbic acid	S25
Niacin	S25
Folate, food	S25
10:0	S25
20:5 n-3 (EPA)	S25
Sucrose	S25
Glucose (dextrose)	S25
Fructose	S25
Manganese, Mn	S25
Riboflavin	S25
Folate, total	S25
8:0	S25
Campesterol	S25
17:1	S25
Iron, Fe	S25
Sodium, Na	S25
20:0	S25
18:4	S25
20:1	S25
22:5 n-3 (DPA)	S25
Potassium, K	S25
Thiamin	S25
12:0	S25
20:4 undifferentiated	S25
Stigmasterol	S25
24:0	S25
24:1 c	S25
16:1 c	S25
22:1 c	S25
Maltose	S25
Sugars, total	S25
Galactose	S25
Phosphorus, P	S25
Tocopherol, beta	S25
Tocopherol, gamma	S25

NDB No. 18168 Cookies, chocolate sandwich, with extra creme filling

4:0	S25
22:0	S25
14:1	S25
Protein	S25
Starch	S25
Pantothenic acid	S25
6:0	S25
14:0	S25
18:0	S25
Beta-sitosterol	S25
Ash	S25
Calcium, Ca	S25
Selenium, Se	S25
Vitamin E (alpha-tocopherol)	S25
Tocopherol, delta	S25
16:0	S25

NDB No. 18209 Cookies, sugar wafers with creme filling, regular

Protein	S6441
Lactose	S6441
Sugars, total	S6441
Calcium, Ca	S6441
Copper, Cu	S6441
Vitamin E (alpha-tocopherol)	S6441
Pantothenic acid	S6441
Fatty acids, total trans	S6441
4:0	S6441
18:3 undifferentiated	S6441
17:0	S6441
24:0	S6441
24:1 c	S6441
20:2 n-6 c,c	S6441
Fatty acids, total trans-monoenoic	S6441
Fatty acids, total trans-polyenoic	S6441
Glucose (dextrose)	S6441
Sodium, Na	S6441

NDB No. 18209 Cookies, sugar wafers with creme filling, regular

Vitamin K (phylloquinone)	S6441
Fatty acids, total saturated	S6441
14:0	S6441
16:0	S6441
18:0	S6441
20:4 undifferentiated	S6441
22:5 n-3 (DPA)	S6441
Fatty acids, total polyunsaturated	S6441
16:1 c	S6441
17:1	S6441
20:3 n-6	S6441
Galactose	S6441
Phosphorus, P	S6441
Selenium, Se	S6441
18:1 undifferentiated	S6441
22:1 c	S6441
20:3 n-3	S6441
Fructose	S6441
Fiber, total dietary	S6441
Potassium, K	S6441
Thiamin	S6441
Riboflavin	S6441
10:0	S6441
22:1 undifferentiated	S6441
Fatty acids, total monounsaturated	S6441
15:1	S6441
22:4	S6441
Starch	S6441
Maltose	S6441
Water	S6441
Zinc, Zn	S6441
Tocopherol, gamma	S6441
Niacin	S6441
Vitamin B-6	S6441
12:0	S6441
22:6 n-3 (DHA)	S6441
16:1 t	S6441

NDB No. 18209 Cookies, sugar wafers with creme filling, regular

18:1 t	S6441
Total lipid (fat)	S6441
Ash	S6441
Tocopherol, beta	S6441
Dihydrophylloquinone	S6441
6:0	S6441
20:0	S6441
18:2 undifferentiated	S6441
15:0	S6441
18:3 n-3 c,c,c (ALA)	S6441
Sucrose	S6441
Iron, Fe	S6441
Manganese, Mn	S6441
Folate, total	S6441
Folic acid	S6441
8:0	S6441
16:1 undifferentiated	S6441
18:4	S6441
22:1 t	S6441
18:2 CLAs	S6441
18:3 n-6 c,c,c	S6441
20:3 undifferentiated	S6441
Magnesium, Mg	S6441
Tocopherol, delta	S6441
Folate, food	S6441
22:0	S6441
14:1	S6441
20:1	S6441
20:5 n-3 (EPA)	S6441
18:2 t not further defined	S6441
18:1 c	S6441
18:2 n-6 c,c	S6441

NDB No. 18214 Crackers, cheese, regular

Folate, total	D4901

NDB No. 18215 Crackers, cheese, sandwich-type with peanut butter filling

Ash	S25
Potassium, K	S25
Niacin	S25
Vitamin K (phylloquinone)	S25
22:5 n-3 (DPA)	S25
Total lipid (fat)	S25
Selenium, Se	S25
Folate, total	S25
12:0	S25
18:1 undifferentiated	S25
18:3 undifferentiated	S25
22:1 undifferentiated	S25
24:0	S25
4:0	S25
6:0	S25
18:2 undifferentiated	S25
20:4 undifferentiated	S25
22:6 n-3 (DHA)	S25
20:5 n-3 (EPA)	S25
Protein	S25
Water	S25
Zinc, Zn	S25
Pantothenic acid	S25
15:0	S25
Magnesium, Mg	S25
Sodium, Na	S25
Manganese, Mn	S25
Vitamin E (alpha-tocopherol)	S25
8:0	S25
10:0	S25
16:0	S25
Calcium, Ca	S25
Iron, Fe	S25
Phosphorus, P	S25
18:0	S25
16:1 undifferentiated	S25
18:4	S25

NDB No. 18215 Crackers, cheese, sandwich-type with peanut butter filling

20:1	S25
Riboflavin	S25
Vitamin B-6	S25
Copper, Cu	S25
Vitamin C, total ascorbic acid	S25
Thiamin	S25
Vitamin B-12	S25
Cholesterol	S25
14:0	S25
20:0	S25
22:0	S25
14:1	S25
17:0	S25

NDB No. 18228 Crackers, saltines (includes oyster, soda, soup)

Lactose	S3559
Manganese, Mn	S3559
Vitamin E (alpha-tocopherol)	S3559
Folate, food	S3559
Lysine	S3559
Aspartic acid	S3559
Fatty acids, total monounsaturated	S3559
18:1 c	S3559
18:2 n-6 c,c	S3559
Protein	S3559
Total lipid (fat)	S3559
Starch	S3559
Fiber, total dietary	S3559
Pantothenic acid	S3559
Choline, total	S3461
Phenylalanine	S3559
Cholesterol	S23
18:4	S3559
16:1 t	S3559
Menaquinone-4	S3559
Fatty acids, total trans	S3559

NDB No. 18228 Crackers, saltines (includes oyster, soda, soup)

20:5 n-3 (EPA)	S3559
24:0	S3559
24:1 c	S3559
Maltose	S3559
Magnesium, Mg	S3559
Potassium, K	S3559
Copper, Cu	S3559
Folate, total	S3559
Vitamin B-12	S3559
Glutamic acid	S3559
Serine	S3559
10:0	S3559
14:0	S3559
18:1 undifferentiated	S3559
22:6 n-3 (DHA)	S3559
22:0	S3559
22:1 undifferentiated	S3559
20:2 n-6 c,c	S3559
20:3 undifferentiated	S3559
Fatty acids, total trans-polyenoic	S3559
Tocopherol, beta	S3559
Tocopherol, delta	S3559
Riboflavin	S3559
Vitamin B-6	S3559
Tryptophan	S3559
Valine	S3559
Arginine	S3559
Proline	S3559
6:0	S3559
18:0	S3559
18:3 undifferentiated	S3559
14:1	S3559
18:1 t	S3559
22:1 t	S3559
17:1	S3559
Sucrose	S3559
Fructose	S3559

NDB No. 18228 Crackers, saltines (includes oyster, soda, soup)

Water	S3559
Galactose	S3559
Iron, Fe	S3559
Sodium, Na	S3559
Zinc, Zn	S3559
Dihydrophylloquinone	S3559
Leucine	S3559
Alanine	S3559
16:0	S3559
20:0	S3559
18:2 undifferentiated	S3559
20:1	S3559
22:5 n-3 (DPA)	S3559
18:2 t not further defined	S3559
18:2 CLAs	S3559
18:3 n-6 c,c,c	S3559
15:1	S3559
Ash	S3559
Vitamin K (phylloquinone)	S3559
Betaine	S3461
Threonine	S3559
Cystine	S3559
Glycine	S3559
12:0	S3559
16:1 undifferentiated	S3559
22:1 c	S3559
18:3 n-3 c,c,c (ALA)	S3559
22:4	S3559
Glucose (dextrose)	S3559
Sugars, total	S3559
Calcium, Ca	S3559
Phosphorus, P	S3559
Selenium, Se	S3559
Tocopherol, gamma	S3559
Thiamin	S3559
Niacin	S3559
Folic acid	S3559

NDB No. 18228 Crackers, saltines (includes oyster, soda, soup)

Isoleucine	S3559
Methionine	S3559
Tyrosine	S3559
Histidine	S3559
Fatty acids, total saturated	S3559
4:0	S3559
8:0	S3559
20:4 undifferentiated	S3559
Fatty acids, total polyunsaturated	S3559
15:0	S3559
17:0	S3559
16:1 c	S3559
Fatty acids, total trans-monoenoic	S3559
20:3 n-3	S3559
20:3 n-6	S3559

NDB No. 18229 Crackers, standard snack-type, regular

Water	S3559
Phosphorus, P	S3559
Manganese, Mn	S3559
Vitamin B-6	S3559
Dihydrophylloquinone	S3559
Phenylalanine	S3559
Tyrosine	S3559
14:1	S3559
16:1 undifferentiated	S3559
18:3 n-6 c,c,c	S3559
Iron, Fe	S3559
Magnesium, Mg	S3559
Potassium, K	S3559
Tocopherol, beta	S3559
Tocopherol, gamma	S3559
Niacin	S3559
Choline, total	S3461
Cystine	S3559

NDB No. 18229 Crackers, standard snack-type, regular

22:0	S3559
Fatty acids, total monounsaturated	S3559
15:0	S3559
16:1 t	S3559
18:1 t	S3559
24:1 c	S3559
20:2 n-6 c,c	S3559
15:1	S3559
18:3 n-3 c,c,c (ALA)	S3559
Protein	S3559
Fructose	S3559
Lactose	S3559
Zinc, Zn	S3559
Selenium, Se	S3559
Folate, total	S3559
Threonine	S3559
Valine	S3559
12:0	S3559
18:0	S3559
18:1 undifferentiated	S3559
24:0	S3559
18:2 t not further defined	S3559
17:1	S3559
Total lipid (fat)	S3559
Fiber, total dietary	S3559
Sodium, Na	S3559
Folate, food	S3559
Leucine	S3559
Lysine	S3559
Methionine	S3559
Arginine	S3559
Aspartic acid	S3559
Proline	S3559
20:0	S3559
17:0	S3559
16:1 c	S3559

NDB No. 18229 Crackers, standard snack-type, regular

20:3 n-3	S3559
Starch	S3559
Glucose (dextrose)	S3559
Galactose	S3559
Calcium, Ca	S3559
Copper, Cu	S3559
Riboflavin	S3559
Isoleucine	S3559
Alanine	S3559
Glycine	S3559
Fatty acids, total saturated	S3559
18:3 undifferentiated	S3559
22:5 n-3 (DPA)	S3559
Fatty acids, total polyunsaturated	S3559
18:2 CLAs	S3559
18:2 n-6 c,c	S3559
Fatty acids, total trans-polyenoic	S3559
20:3 n-6	S3559
22:4	S3559
Ash	S3559
Maltose	S3559
Vitamin K (phylloquinone)	S3559
Folic acid	S3559
Betaine	S3461
Tryptophan	S3559
Glutamic acid	S3559
Serine	S3559
Fatty acids, total trans	S3559
4:0	S3559
6:0	S3559
8:0	S3559
14:0	S3559
22:6 n-3 (DHA)	S3559
18:4	S3559
20:1	S3559
20:5 n-3 (EPA)	S3559
22:1 c	S3559

NDB No. 18229 Crackers, standard snack-type, regular

Sugars, total	S3559
Vitamin E (alpha-tocopherol)	S3559
Tocopherol, delta	S3559
Thiamin	S3559
Menaquinone-4	S3559
10:0	S3559
20:4 undifferentiated	S3559
22:1 undifferentiated	S3559
22:1 t	S3559
18:1 c	S3559
Fatty acids, total trans-monoenoic	S3559
Sucrose	S3559
Pantothenic acid	S3559
Histidine	S3559
16:0	S3559
18:2 undifferentiated	S3559
20:3 undifferentiated	S3559

NDB No. 18231 Crackers, standard snack-type, sandwich, with peanut butter filling

Selenium, Se	S25
4:0	S25
18:1 undifferentiated	S25
Protein	S25
Sucrose	S25
Maltose	S25
Water	S25
Calcium, Ca	S25
Phosphorus, P	S25
Zinc, Zn	S25
Vitamin C, total ascorbic acid	S25
Thiamin	S25
Folate, total	S25
8:0	S25
10:0	S25
Iron, Fe	S25

NDB No. 18231 Crackers, standard snack-type, sandwich, with peanut butter filling

Manganese, Mn	S25
Tocopherol, gamma	S25
Vitamin B-6	S25
18:2 undifferentiated	S25
22:0	S25
20:1	S25
Total lipid (fat)	S25
Tocopherol, delta	S25
Vitamin K (phylloquinone)	S25
14:0	S25
20:5 n-3 (EPA)	S25
24:0	S25
Starch	S25
Glucose (dextrose)	S25
Magnesium, Mg	S25
Vitamin E (alpha-tocopherol)	S25
Pantothenic acid	S25
12:0	S25
14:1	S25
22:5 n-3 (DPA)	S25
Lactose	S25
Tocopherol, beta	S25
Dihydrophylloquinone	S25
16:0	S25
20:0	S25
18:3 undifferentiated	S25
16:1 undifferentiated	S25
18:4	S25
17:0	S25
Ash	S25
Galactose	S25
Potassium, K	S25
Sodium, Na	S25
Copper, Cu	S25
Riboflavin	S25
15:0	S25
Fructose	S25

NDB No. 18231 Crackers, standard snack-type, sandwich, with peanut butter filling

Niacin	S25
6:0	S25
18:0	S25
20:4 undifferentiated	S25
22:6 n-3 (DHA)	S25
22:1 undifferentiated	S25
13:0	S25

NDB No. 18232 Crackers, wheat, regular

Thiamin	S3559
Vitamin B-12	S3559
10:0	S3559
12:0	S3559
20:1	S3559
20:2 n-6 c,c	S3559
18:1 c	S3559
22:1 c	S3559
Galactose	S3559
Phosphorus, P	S3559
Selenium, Se	S3559
Tocopherol, gamma	S3559
Riboflavin	S3559
Niacin	S3559
Phenylalanine	S3559
16:0	S3559
14:1	S3559
16:1 undifferentiated	S3559
24:1 c	S3559
16:1 c	S3559
Fatty acids, total trans-polyenoic	S3559
20:3 n-3	S3559
Sucrose	S3559
Iron, Fe	S3559
Copper, Cu	S3559
Tocopherol, beta	S3559
Vitamin B-6	S3559

NDB No. 18232 Crackers, wheat, regular

Betaine	S4001, S3461
Glutamic acid	S3559
4:0	S3559
8:0	S3559
18:3 undifferentiated	S3559
18:4	S3559
22:5 n-3 (DPA)	S3559
16:1 t	S3559
Fatty acids, total trans-monoenoic	S3559
18:3 n-3 c,c,c (ALA)	S3559
Ash	S3559
Fructose	S3559
Maltose	S3559
Calcium, Ca	S3559
Tocopherol, delta	S3559
Threonine	S3559
Lysine	S3559
Arginine	S3559
Histidine	S3559
20:4 undifferentiated	S3559
20:5 n-3 (EPA)	S3559
Total lipid (fat)	S3559
Magnesium, Mg	S3559
Manganese, Mn	S3559
Menaquinone-4	S3559
Folate, food	S3559
Valine	S3559
Glycine	S3559
Fatty acids, total trans	S3559
Fatty acids, total saturated	S3559
18:1 undifferentiated	S3559
22:0	S3559
Fatty acids, total monounsaturated	S3559
15:0	S3559
18:2 t not further defined	S3559
20:3 n-6	S3559

NDB No. 18232 Crackers, wheat, regular

Starch	S3559
Glucose (dextrose)	S3559
Potassium, K	S3559
Folate, total	S3559
Choline, total	S4001, S3461
Tryptophan	S3559
Isoleucine	S3559
Serine	S3559
14:0	S3559
18:2 undifferentiated	S3559
22:6 n-3 (DHA)	S3559
22:1 undifferentiated	S3559
Fatty acids, total polyunsaturated	S3559
17:0	S3559
24:0	S3559
18:1 t	S3559
18:2 n-6 c,c	S3559
17:1	S3559
Water	S3559
Pantothenic acid	S3559
Vitamin K (phylloquinone)	S3559
Leucine	S3559
Cystine	S3559
Tyrosine	S3559
Aspartic acid	S3559
Proline	S3559
6:0	S3559
18:0	S3559
20:0	S3559
20:3 undifferentiated	S3559
15:1	S3559
22:4	S3559
Protein	S3559
Lactose	S3559
Sugars, total	S3559
Fiber, total dietary	S3559
Sodium, Na	S3559

NDB No. 18232 Crackers, wheat, regular

Zinc, Zn	S3559
Vitamin E (alpha-tocopherol)	S3559
Dihydrophylloquinone	S3559
Folic acid	S3559
Methionine	S3559
Alanine	S3559
22:1 t	S3559
18:2 CLAs	S3559
18:3 n-6 c,c,c	S3559

NDB No. 18235 Crackers, whole-wheat

Starch	S3559
Galactose	S3559
Vitamin E (alpha-tocopherol)	S3559
Vitamin B-6	S3559
Threonine	S3559
Alanine	S3559
6:0	S3559
18:0	S3559
18:3 undifferentiated	S3559
22:6 n-3 (DHA)	S3559
17:0	S3559
18:2 CLAs	S3559
18:3 n-6 c,c,c	S3559
Protein	S3559
Ash	S3559
Sucrose	S3559
Magnesium, Mg	S3559
Zinc, Zn	S3559
Copper, Cu	S3559
Tocopherol, beta	S3559
Tocopherol, delta	S3559
Vitamin B-12	S3559
Leucine	S3559
Tyrosine	S3559
4:0	S3559

NDB No. 18235 Crackers, whole-wheat

18:1 undifferentiated	S3559
22:0	S3559
22:1 undifferentiated	S3559
22:5 n-3 (DPA)	S3559
Sodium, Na	S3559
Thiamin	S3559
Isoleucine	S3559
Methionine	S3559
Phenylalanine	S3559
Arginine	S3559
Glutamic acid	S3559
16:1 t	S3559
17:1	S3559
Total lipid (fat)	S3559
Fiber, total dietary	S3559
Selenium, Se	S3559
Dihydrophylloquinone	S3559
Fatty acids, total saturated	S3559
20:0	S3559
18:2 undifferentiated	S3559
18:4	S3559
Fatty acids, total polyunsaturated	S3559
24:1 c	S3559
Fatty acids, total trans-polyenoic	S3559
18:3 n-3 c,c,c (ALA)	S3559
Water	S3559
Calcium, Ca	S3559
Phosphorus, P	S3559
Pantothenic acid	S3559
Histidine	S3559
14:0	S3559
16:0	S3559
20:4 undifferentiated	S3559
16:1 undifferentiated	S3559
18:1 t	S3559
22:1 t	S3559
16:1 c	S3559

NDB No. 18235 Crackers, whole-wheat

22:1 c	S3559
Fructose	S3559
Lactose	S3559
Iron, Fe	S3559
Manganese, Mn	S3559
Riboflavin	S3559
Niacin	S3559
Choline, total	S4001, S3461
Menaquinone-4	S3559
Vitamin K (phylloquinone)	S3559
Proline	S3559
8:0	S3559
18:2 t not further defined	S3559
20:3 undifferentiated	S3559
20:3 n-6	S3559
Glucose (dextrose)	S3559
Potassium, K	S3559
Tocopherol, gamma	S3559
Valine	S3559
Fatty acids, total trans	S3559
10:0	S3559
14:1	S3559
20:1	S3559
15:0	S3559
18:1 c	S3559
Fatty acids, total trans-monoenoic	S3559
Maltose	S3559
Sugars, total	S3559
Tryptophan	S3559
Lysine	S3559
Cystine	S3559
Aspartic acid	S3559
Glycine	S3559
Serine	S3559
12:0	S3559
20:5 n-3 (EPA)	S3559
Fatty acids, total	S3559

NDB No. 18235 Crackers, whole-wheat

monounsaturated	
24:0	S3559
20:2 n-6 c,c	S3559
18:2 n-6 c,c	S3559
15:1	S3559
20:3 n-3	S3559
22:4	S3559

NDB No. 18236 Cracker meal

Choline, total	S3461

NDB No. 18248 Doughnuts, cake-type, plain (includes unsugared, old-fashioned)

Total lipid (fat)	S1162
Phosphorus, P	S1162
Niacin	S1162
6:0	S1162
18:0	S1162
17:0	S1162
Magnesium, Mg	S1162
Potassium, K	S1162
Zinc, Zn	S1162
18:2 undifferentiated	S1162
22:6 n-3 (DHA)	S1162
22:0	S1162
20:2 n-6 c,c	S1162
17:1	S1162
Protein	S1162
Thiamin	S1162
20:4 undifferentiated	S1162
14:1	S1162
15:0	S1162
18:1 t	S1162
Sugars, total	S1162
Sodium, Na	S1162
Copper, Cu	S1162
Vitamin B-6	S1162

NDB No. 18248 Doughnuts, cake-type, plain (includes unsugared, old-fashioned)

Folate, total	S1162
4:0	S1162
10:0	S1162
22:1 undifferentiated	S1162
24:0	S1162
Fiber, total dietary	S1162
Calcium, Ca	S1162
Manganese, Mn	S1162
Vitamin C, total ascorbic acid	S1162
Pantothenic acid	S1162
Folate, food	S1162
14:0	S1162
18:1 c	S1162
20:3 undifferentiated	S1162
Water	S1162
Iron, Fe	S1162
12:0	S1162
16:0	S1162
13:0	S1162
Folic acid	S1162
Hydroxyproline	S1162
20:0	S1162
16:1 undifferentiated	S1162
20:5 n-3 (EPA)	S1162
24:1 c	S1162
15:1	S1162
Ash	S1162
Selenium, Se	S1162
Riboflavin	S1162
Choline, total	S1162
Vitamin K (phylloquinone)	S1162
8:0	S1162
20:1	S1162
18:3 n-6 c,c,c	S1162
18:3 n-3 c,c,c (ALA)	S1162

NDB No. 18249 Doughnuts, cake-type, plain, chocolate-coated or frosted

8:0	S1162
14:0	S1162
20:4 undifferentiated	S1162
22:1 undifferentiated	S1162
Fatty acids, total polyunsaturated	S1162
17:1	S1162
Water	S1162
Fiber, total dietary	S1162
Magnesium, Mg	S1162
4:0	S1162
18:2 undifferentiated	S1162
20:1	S1162
17:0	S1162
24:0	S1162
Pantothenic acid	S1162
Folate, total	S1162
Choline, total	S1162
Folic acid	S1162
Folate, food	S1162
18:1 undifferentiated	S1162
18:1 t	S1162
24:1 c	S1162
20:2 n-6 c,c	S1162
15:1	S1162
Total lipid (fat)	S1162
Sodium, Na	S1162
Vitamin B-6	S1162
10:0	S1162
16:0	S1162
20:0	S1162
14:1	S1162
Fatty acids, total monounsaturated	S1162
13:0	S1162
Iron, Fe	S1162
Phosphorus, P	S1162
Zinc, Zn	S1162
Vitamin K (phylloquinone)	S1162

NDB No. 18249 Doughnuts, cake-type, plain, chocolate-coated or frosted

12:0	S1162
18:3 undifferentiated	S1162
18:1 c	S1162
18:3 n-3 c,c,c (ALA)	S1162
Ash	S1162
Copper, Cu	S1162
Thiamin	S1162
Riboflavin	S1162
Fatty acids, total saturated	S1162
22:0	S1162
Protein	S1162
Calcium, Ca	S1162
Potassium, K	S1162
Selenium, Se	S1162
Vitamin C, total ascorbic acid	S1162
Niacin	S1162
6:0	S1162
20:5 n-3 (EPA)	S1162
20:3 undifferentiated	S1162
Sugars, total	S1162
Manganese, Mn	S1162
Hydroxyproline	S1162
18:0	S1162
22:6 n-3 (DHA)	S1162
16:1 undifferentiated	S1162
15:0	S1162
18:3 n-6 c,c,c	S1162

NDB No. 18251 Doughnuts, cake-type, chocolate, sugared or glazed

Vitamin K (phylloquinone)	D4002, D4078

NDB No. 18252 Doughnuts, cake-type, wheat, sugared or glazed

Vitamin K (phylloquinone)	D4002, D4078

NDB No. 18255 Doughnuts, yeast-leavened, glazed, enriched (includes honey buns)

NDB No. 18255 Doughnuts, yeast-leavened, glazed, enriched (includes honey buns)

Vitamin B-6	S1162
Fatty acids, total monounsaturated	S1162
18:3 n-6 c,c,c	S1162
18:3 n-3 c,c,c (ALA)	S1162
Protein	S1162
Ash	S1162
Magnesium, Mg	S1162
Potassium, K	S1162
4:0	S1162
10:0	S1162
20:0	S1162
16:1 undifferentiated	S1162
20:5 n-3 (EPA)	S1162
Total lipid (fat)	S1162
Manganese, Mn	S1162
Niacin	S1162
Folic acid	S1162
Hydroxyproline	S1162
18:1 undifferentiated	S1162
22:6 n-3 (DHA)	S1162
Water	S1162
Sugars, total	S1162
Calcium, Ca	S1162
Copper, Cu	S1162
Pantothenic acid	S1162
Folate, food	S1162
20:2 n-6 c,c	S1162
20:3 undifferentiated	S1162
15:1	S1162
Iron, Fe	S1162
Phosphorus, P	S1162
Folate, total	S1162
Vitamin K (phylloquinone)	S1162
12:0	S1162
18:0	S1162
Fatty acids, total polyunsaturated	S1162
17:1	S1162

NDB No. 18255 Doughnuts, yeast-leavened, glazed, enriched (includes honey buns)

Fiber, total dietary	S1162
Sodium, Na	S1162
Zinc, Zn	S1162
Selenium, Se	S1162
Vitamin C, total ascorbic acid	S1162
6:0	S1162
18:2 undifferentiated	S1162
18:3 undifferentiated	S1162
24:0	S1162
24:1 c	S1162
20:4 undifferentiated	S1162
14:1	S1162
20:1	S1162
22:1 undifferentiated	S1162
15:0	S1162
13:0	S1162
Thiamin	S1162
Riboflavin	S1162
Fatty acids, total saturated	S1162
8:0	S1162
14:0	S1162
16:0	S1162
22:0	S1162
17:0	S1162

NDB No. 18258 English muffins, plain, enriched, with ca prop (includes sourdough)

Potassium, K	S1162
Pantothenic acid	S1162
Fatty acids, total saturated	S1162
6:0	S1162
18:0	S1162
20:0	S1162
Fatty acids, total monounsaturated	S1162
17:1	S1162
Total lipid (fat)	S1162
Riboflavin	S1162

NDB No. 18258 English muffins, plain, enriched, with ca prop (includes sourdough)

Fatty acids, total trans	S1162
12:0	S1162
22:1 undifferentiated	S1162
24:1 c	S1162
Fructose	S1162
Water	S1162
Sodium, Na	S1162
Hydroxyproline	S1162
4:0	S1162
18:2 undifferentiated	S1162
17:0	S1162
24:0	S1162
Maltose	S1162
Sugars, total	S1162
Galactose	S1162
Iron, Fe	S1162
Phosphorus, P	S1162
Manganese, Mn	S1162
Vitamin B-6	S1162
Folate, total	S1162
10:0	S1162
22:0	S1162
Glucose (dextrose)	S1162
Lactose	S1162
Magnesium, Mg	S1162
Selenium, Se	S1162
Vitamin C, total ascorbic acid	S1162
Folate, food	S1162
14:1	S1162
20:5 n-3 (EPA)	S1162
15:0	S1162
13:0	S1162
15:1	S1162
Starch	S1162
Sucrose	S1162
Fiber, total dietary	S1162
Zinc, Zn	S1162

NDB No. 18258 English muffins, plain, enriched, with ca prop (includes sourdough)

Niacin	S1162
Choline, total	S1162
Dihydrophylloquinone	S1162
Folic acid	S1162
8:0	S1162
14:0	S1162
16:0	S1162
22:6 n-3 (DHA)	S1162
20:3 undifferentiated	S1162
Protein	S1162
Calcium, Ca	S1162
16:1 undifferentiated	S1162
18:1 t	S1162
20:2 n-6 c,c	S1162
18:1 c	S1162
18:3 n-6 c,c,c	S1162
18:3 n-3 c,c,c (ALA)	S1162
Ash	S1162
Copper, Cu	S1162
Thiamin	S1162
Vitamin K (phylloquinone)	S1162
18:1 undifferentiated	S1162
18:3 undifferentiated	S1162
20:4 undifferentiated	S1162
20:1	S1162
Fatty acids, total polyunsaturated	S1162

NDB No. 18259 English muffins, plain, toasted, enriched, with calcium propionate (includes sourdough)

Magnesium, Mg	S1162
12:0	S1162
18:0	S1162
Total lipid (fat)	S1162
Copper, Cu	S1162
Vitamin C, total ascorbic acid	S1162
Thiamin	S1162
Niacin	S1162

NDB No. 18259 English muffins, plain, toasted, enriched, with calcium propionate (includes sourdough)

Fatty acids, total saturated	S1162
10:0	S1162
16:0	S1162
Fatty acids, total polyunsaturated	S1162
18:3 n-3 c,c,c (ALA)	S1162
Ash	S1162
Calcium, Ca	S1162
Phosphorus, P	S1162
Zinc, Zn	S1162
Pantothenic acid	S1162
Vitamin B-6	S1162
Folate, total	S1162
Folate, food	S1162
Hydroxyproline	S1162
22:6 n-3 (DHA)	S1162
Fatty acids, total monounsaturated	S1162
15:0	S1162
24:1 c	S1162
20:2 n-6 c,c	S1162
Starch	S1162
Potassium, K	S1162
Selenium, Se	S1162
Vitamin K (phylloquinone)	S1162
8:0	S1162
20:0	S1162
20:4 undifferentiated	S1162
16:1 undifferentiated	S1162
18:3 n-6 c,c,c	S1162
Protein	S1162
Water	S1162
Sugars, total	S1162
Sodium, Na	S1162
4:0	S1162
18:2 undifferentiated	S1162
20:5 n-3 (EPA)	S1162
18:1 t	S1162
13:0	S1162

NDB No. 18259 English muffins, plain, toasted, enriched, with calcium propionate (includes sourdough)

Fiber, total dietary	S1162
Folic acid	S1162
6:0	S1162
14:0	S1162
18:1 undifferentiated	S1162
18:3 undifferentiated	S1162
22:0	S1162
22:1 undifferentiated	S1162
18:1 c	S1162
17:1	S1162
20:1	S1162
24:0	S1162
Iron, Fe	S1162
Manganese, Mn	S1162
Riboflavin	S1162
Fatty acids, total trans	S1162
14:1	S1162
17:0	S1162
20:3 undifferentiated	S1162
15:1	S1162

NDB No. 18262 English muffins, raisin-cinnamon (includes apple-cinnamon)

Sugars, total	S1162
Magnesium, Mg	S1162
Vitamin C, total ascorbic acid	S1162
Niacin	S1162
Fatty acids, total polyunsaturated	S1162
17:0	S1162
18:3 n-6 c,c,c	S1162
Calcium, Ca	S1162
8:0	S1162
20:4 undifferentiated	S1162
20:1	S1162
13:0	S1162
Starch	S1162
Sodium, Na	S1162

NDB No. 18262 English muffins, raisin-cinnamon (includes apple-cinnamon)

Thiamin	S1162
Folate, total	S1162
18:0	S1162
22:0	S1162
20:5 n-3 (EPA)	S1162
Fatty acids, total trans-monoenoic	S1162
Protein	S1162
Phosphorus, P	S1162
18:2 undifferentiated	S1162
Total lipid (fat)	S1162
Ash	S1162
Water	S1162
Fiber, total dietary	S1162
Copper, Cu	S1162
Riboflavin	S1162
Vitamin B-6	S1162
18:1 undifferentiated	S1162
22:1 undifferentiated	S1162
Fatty acids, total monounsaturated	S1162
20:3 undifferentiated	S1162
Folic acid	S1162
Folate, food	S1162
10:0	S1162
12:0	S1162
16:1 undifferentiated	S1162
15:0	S1162
20:2 n-6 c,c	S1162
Potassium, K	S1162
Zinc, Zn	S1162
Selenium, Se	S1162
Pantothenic acid	S1162
Hydroxyproline	S1162
Fatty acids, total saturated	S1162
14:0	S1162
20:0	S1162
18:3 undifferentiated	S1162

NDB No. 18262 English muffins, raisin-cinnamon (includes apple-cinnamon)

22:6 n-3 (DHA)	S1162
14:1	S1162
18:1 t	S1162
24:1 c	S1162
18:1 c	S1162
15:1	S1162
Iron, Fe	S1162
Manganese, Mn	S1162
Vitamin K (phylloquinone)	S1162
Fatty acids, total trans	S1162
4:0	S1162
6:0	S1162
16:0	S1162
24:0	S1162
17:1	S1162
18:3 n-3 c,c,c (ALA)	S1162

NDB No. 18263 English muffins, raisin-cinnamon, toasted (includes apple-cinnamon)

Calcium, Ca	S1162
Folic acid	S1162
Fatty acids, total trans	S1162
Fatty acids, total saturated	S1162
18:2 undifferentiated	S1162
20:4 undifferentiated	S1162
Sugars, total	S1162
Iron, Fe	S1162
Magnesium, Mg	S1162
Selenium, Se	S1162
Pantothenic acid	S1162
10:0	S1162
15:1	S1162
Thiamin	S1162
Vitamin K (phylloquinone)	S1162
8:0	S1162
14:0	S1162
16:0	S1162

NDB No. 18263 English muffins, raisin-cinnamon, toasted (includes apple-cinnamon)

20:1	S1162
20:2 n-6 c,c	S1162
18:3 n-6 c,c,c	S1162
20:3 undifferentiated	S1162
Protein	S1162
Total lipid (fat)	S1162
Ash	S1162
Fiber, total dietary	S1162
Riboflavin	S1162
Folate, total	S1162
Folate, food	S1162
Hydroxyproline	S1162
6:0	S1162
20:0	S1162
22:0	S1162
24:0	S1162
18:3 n-3 c,c,c (ALA)	S1162
Water	S1162
Potassium, K	S1162
Vitamin B-6	S1162
4:0	S1162
24:1 c	S1162
18:1 c	S1162
17:1	S1162
Fatty acids, total trans-monoenoic	S1162
13:0	S1162
Phosphorus, P	S1162
Sodium, Na	S1162
12:0	S1162
18:0	S1162
18:1 undifferentiated	S1162
22:6 n-3 (DHA)	S1162
14:1	S1162
20:5 n-3 (EPA)	S1162
22:1 undifferentiated	S1162
18:1 t	S1162
Niacin	S1162

NDB No. 18263 English muffins, raisin-cinnamon, toasted (includes apple-cinnamon)

18:3 undifferentiated	S1162
16:1 undifferentiated	S1162
Fatty acids, total monounsaturated	S1162
Fatty acids, total polyunsaturated	S1162
15:0	S1162
17:0	S1162
Starch	S1162
Zinc, Zn	S1162
Copper, Cu	S1162
Manganese, Mn	S1162
Vitamin C, total ascorbic acid	S1162

NDB No. 18274 Muffins, blueberry, commercially prepared (Includes mini-muffins)

Copper, Cu	S1162
Folate, food	S1162
10:0	S1162
17:0	S1162
Sugars, total	S1162
Sodium, Na	S1162
Riboflavin	S1162
Folic acid	S1162
Hydroxyproline	S1162
6:0	S1162
18:1 undifferentiated	S1162
20:4 undifferentiated	S1162
20:3 undifferentiated	S1162
Fatty acids, total trans-monoenoic	S1162
Water	S1162
Phosphorus, P	S1162
4:0	S1162
12:0	S1162
22:0	S1162
16:1 undifferentiated	S1162
15:0	S1162
Total lipid (fat)	S1162

NDB No. 18274 Muffins, blueberry, commercially prepared (Includes mini-muffins)

Fiber, total dietary	S1162
Iron, Fe	S1162
Potassium, K	S1162
Manganese, Mn	S1162
Pantothenic acid	S1162
Vitamin B-6	S1162
16:0	S1162
18:0	S1162
20:0	S1162
18:2 undifferentiated	S1162
18:3 n-6 c,c,c	S1162
Protein	S1162
8:0	S1162
22:6 n-3 (DHA)	S1162
14:1	S1162
20:1	S1162
20:2 n-6 c,c	S1162
Ash	S1162
Vitamin C, total ascorbic acid	S1162
Niacin	S1162
Folate, total	S1162
Fatty acids, total saturated	S1162
20:5 n-3 (EPA)	S1162
22:1 undifferentiated	S1162
24:0	S1162
17:1	S1162
15:1	S1162
Magnesium, Mg	S1162
14:0	S1162
18:3 undifferentiated	S1162
24:1 c	S1162
18:3 n-3 c,c,c (ALA)	S1162
Calcium, Ca	S1162
Zinc, Zn	S1162
Selenium, Se	S1162
Thiamin	S1162
Vitamin K (phylloquinone)	S1162

NDB No. 18274 Muffins, blueberry, commercially prepared (Includes mini-muffins)

Fatty acids, total monounsaturated	S1162
Fatty acids, total polyunsaturated	S1162
13:0	S1162

NDB No. 18275 Muffins, blueberry, dry mix

Folate, total	D4901

NDB No. 18288 Pancakes plain, frozen, ready-to-heat (includes buttermilk)

Manganese, Mn	S27
Fatty acids, total saturated	S27
18:2 undifferentiated	S27
Fatty acids, total monounsaturated	S27
Protein	S27
Total lipid (fat)	S27
Ash	S27
Vitamin E (alpha-tocopherol)	S27
Pantothenic acid	S27
10:0	S27
20:4 undifferentiated	S27
20:1	S27
Sugars, total	S27
Iron, Fe	S27
Potassium, K	S27
Sodium, Na	S27
Copper, Cu	S27
Vitamin K (phylloquinone)	S27
14:0	S27
22:0	S27
16:1 undifferentiated	S27
20:2 n-6 c,c	S27
Starch	S27
Zinc, Zn	S27
Thiamin	S27
18:3 undifferentiated	S27

NDB No. 18288 Pancakes plain, frozen, ready-to-heat (includes buttermilk)

Fatty acids, total polyunsaturated	S27
18:0	S27
Water	S27
Calcium, Ca	S27
Magnesium, Mg	S27
Phosphorus, P	S27
Vitamin B-6	S27
20:0	S27
18:1 undifferentiated	S27
14:1	S27
Selenium, Se	S27
Niacin	S27
8:0	S27
17:0	S27
18:3 n-6 c,c,c	S27
17:1	S27
Fiber, total dietary	S27
Riboflavin	S27
12:0	S27
16:0	S27
20:3 undifferentiated	S27
15:1	S27

NDB No. 18301 Pie, apple, commercially prepared, enriched flour

Betaine	S3461
Choline, total	S3461

NDB No. 18324 Pie, pecan, commercially prepared

Galactose	S4481
Phosphorus, P	S4481
Zinc, Zn	S4481
Tocopherol, gamma	S4481
Tocopherol, delta	S4481
Tryptophan	S4481
Leucine	S4481
Methionine	S4481

NDB No. 18324 Pie, pecan, commercially prepared

18:3 undifferentiated	S4481
14:1	S4481
18:4	S4481
Total lipid (fat)	S4481
Menaquinone-4	S4481
Vitamin K (phylloquinone)	S4481
Isoleucine	S4481
Valine	S4481
12:0	S4481
22:6 n-3 (DHA)	S4481
22:1 undifferentiated	S4481
24:0	S4481
Protein	S4481
Sucrose	S4481
Copper, Cu	S4481
Niacin	S4481
Threonine	S4481
Histidine	S4481
Aspartic acid	S4481
8:0	S4481
10:0	S4481
18:0	S4481
16:1 undifferentiated	S4481
20:5 n-3 (EPA)	S4481
17:1	S4481
21:5	S4481
Glucose (dextrose)	S4481
Selenium, Se	S4481
Vitamin E (alpha-tocopherol)	S4481
Vitamin C, total ascorbic acid	S4481
Phenylalanine	S4481
Tyrosine	S4481
18:2 undifferentiated	S4481
20:1	S4481
15:0	S4481
20:2 n-6 c,c	S4481
Ash	S4481

NDB No. 18324 Pie, pecan, commercially prepared

Lactose	S4481
Magnesium, Mg	S4481
Tocopherol, beta	S4481
Betaine	S4481
Lysine	S4481
Alanine	S4481
16:0	S4481
22:0	S4481
20:3 undifferentiated	S4481
Starch	S4481
Fructose	S4481
Water	S4481
Fiber, total dietary	S4481
Potassium, K	S4481
Sodium, Na	S4481
Manganese, Mn	S4481
Thiamin	S4481
Riboflavin	S4481
Vitamin B-6	S4481
Arginine	S4481
Glutamic acid	S4481
20:0	S4481
15:1	S4481
Maltose	S4481
Choline, total	S4481
Folate, food	S4481
Cystine	S4481
Glycine	S4481
Proline	S4481
Serine	S4481
14:0	S4481
18:1 undifferentiated	S4481
22:5 n-3 (DPA)	S4481
17:0	S4481
24:1 c	S4481
22:4	S4481
Sugars, total	S4481

NDB No. 18324 Pie, pecan, commercially prepared

Calcium, Ca	S4481
Iron, Fe	S4481
Pantothenic acid	S4481
Folate, total	S4481
Folic acid	S4481
20:4 undifferentiated	S4481

NDB No. 18326 Pie, pumpkin, commercially prepared

Sucrose	S4481
Zinc, Zn	S4481
Manganese, Mn	S4481
Tocopherol, gamma	S4481
Isoleucine	S4481
Glycine	S4481
8:0	S4481
20:0	S4481
20:5 n-3 (EPA)	S4481
20:3 undifferentiated	S4481
22:4	S4481
Lactose	S4481
Fiber, total dietary	S4481
Phosphorus, P	S4481
Potassium, K	S4481
Sodium, Na	S4481
Choline, total	S4481
Vitamin K (phylloquinone)	S4481
Betaine	S4481
Methionine	S4481
Phenylalanine	S4481
10:0	S4481
16:0	S4481
20:4 undifferentiated	S4481
20:1	S4481
15:1	S4481
Glucose (dextrose)	S4481
Calcium, Ca	S4481

NDB No. 18326 Pie, pumpkin, commercially prepared

Tocopherol, beta	S4481
Leucine	S4481
Arginine	S4481
12:0	S4481
14:0	S4481
18:1 undifferentiated	S4481
22:0	S4481
16:1 undifferentiated	S4481
Fructose	S4481
Selenium, Se	S4481
Niacin	S4481
Pantothenic acid	S4481
Tryptophan	S4481
Valine	S4481
Aspartic acid	S4481
14:1	S4481
24:1 c	S4481
Ash	S4481
Maltose	S4481
Magnesium, Mg	S4481
Copper, Cu	S4481
Tocopherol, delta	S4481
Thiamin	S4481
Folic acid	S4481
18:0	S4481
22:1 undifferentiated	S4481
22:5 n-3 (DPA)	S4481
20:2 n-6 c,c	S4481
Protein	S4481
Total lipid (fat)	S4481
Starch	S4481
Water	S4481
Histidine	S4481
Proline	S4481
18:2 undifferentiated	S4481
18:3 undifferentiated	S4481
17:0	S4481

NDB No. 18326 Pie, pumpkin, commercially prepared

17:1	S4481
21:5	S4481
Vitamin E (alpha-tocopherol)	S4481
Vitamin B-6	S4481
Folate, total	S4481
Menaquinone-4	S4481
Cystine	S4481
Serine	S4481
Iron, Fe	S4481
Vitamin C, total ascorbic acid	S4481
Riboflavin	S4481
Folate, food	S4481
Threonine	S4481
Lysine	S4481
Tyrosine	S4481
Alanine	S4481
Glutamic acid	S4481
22:6 n-3 (DHA)	S4481
18:4	S4481
15:0	S4481
24:0	S4481

NDB No. 18334 Pie crust, standard-type, frozen, ready-to-bake, enriched

Protein	S2702
Zinc, Zn	S2702
Pantothenic acid	S2702
Folic acid	S2702
Folate, food	S2702
Threonine	S2702
Methionine	S2702
Arginine	S2702
Glutamic acid	S2702
Proline	S2702
20:0	S2702
20:4 undifferentiated	S2702
20:3 undifferentiated	S2702

NDB No. 18334 Pie crust, standard-type, frozen, ready-to-bake, enriched

Selenium, Se	S2702
Lysine	S2702
Cystine	S2702
Glycine	S2702
Hydroxyproline	S2702
14:0	S2702
20:1	S2702
15:1	S2702
Ash	S2702
Potassium, K	S2702
Niacin	S2702
Dihydrophylloquinone	S2702
Tryptophan	S2702
Leucine	S2702
Valine	S2702
Fatty acids, total saturated	S2702
10:0	S2702
20:2 n-6 c,c	S2702
Calcium, Ca	S2702
Vitamin B-6	S2702
Menaquinone-4	S2702
Phenylalanine	S2702
Tyrosine	S2702
Aspartic acid	S2702
8:0	S2702
Fatty acids, total polyunsaturated	S2702
17:0	S2702
Total lipid (fat)	S2702
Phosphorus, P	S2702
Copper, Cu	S2702
Tocopherol, beta	S2702
Tocopherol, delta	S2702
Thiamin	S2702
18:0	S2702
18:2 undifferentiated	S2702
18:3 undifferentiated	S2702
22:0	S2702

NDB No. 18334 Pie crust, standard-type, frozen, ready-to-bake, enriched

Starch	S2702
Water	S2702
Magnesium, Mg	S2702
Sodium, Na	S2702
Vitamin E (alpha-tocopherol)	S2702
Riboflavin	S2702
Vitamin B-12	S2702
Serine	S2702
16:0	S2702
18:1 undifferentiated	S2702
14:1	S2702
16:1 undifferentiated	S2702
15:0	S2702
18:3 n-6 c,c,c	S2702
Manganese, Mn	S2702
Folate, total	S2702
Histidine	S2702
Alanine	S2702
12:0	S2702
18:3 n-3 c,c,c (ALA)	S2702
Fiber, total dietary	S2702
Iron, Fe	S2702
Tocopherol, gamma	S2702
Isoleucine	S2702
Fatty acids, total monounsaturated	S2702
17:1	S2702

NDB No. 18335 Pie crust, standard-type, frozen, ready-to-bake, enriched, baked

Iron, Fe	S2702
Potassium, K	S2702
Thiamin	S2702
Riboflavin	S2702
Niacin	S2702
Lysine	S2702
Valine	S2702
Aspartic acid	S2702

NDB No. 18335 Pie crust, standard-type, frozen, ready-to-bake, enriched, baked

Fatty acids, total saturated	S2702
8:0	S2702
20:4 undifferentiated	S2702
18:3 n-6 c,c,c	S2702
Protein	S2702
Starch	S2702
Water	S2702
Fiber, total dietary	S2702
Tocopherol, delta	S2702
Menaquinone-4	S2702
Tryptophan	S2702
Methionine	S2702
Cystine	S2702
Tyrosine	S2702
Arginine	S2702
Hydroxyproline	S2702
12:0	S2702
Phosphorus, P	S2702
Vitamin B-6	S2702
14:0	S2702
16:0	S2702
14:1	S2702
Fatty acids, total monounsaturated	S2702
Copper, Cu	S2702
Choline, total	S2702
Folate, food	S2702
Histidine	S2702
Glycine	S2702
Serine	S2702
18:2 undifferentiated	S2702
20:2 n-6 c,c	S2702
Sodium, Na	S2702
Tocopherol, beta	S2702
Betaine	S2702
20:0	S2702
20:3 undifferentiated	S2702
15:1	S2702

NDB No. 18335 Pie crust, standard-type, frozen, ready-to-bake, enriched, baked

Ash	S2702
Calcium, Ca	S2702
Magnesium, Mg	S2702
Vitamin E (alpha-tocopherol)	S2702
Dihydrophylloquinone	S2702
Vitamin K (phylloquinone)	S2702
Folic acid	S2702
Leucine	S2702
Alanine	S2702
Proline	S2702
18:1 undifferentiated	S2702
22:0	S2702
20:1	S2702
Fatty acids, total polyunsaturated	S2702
15:0	S2702
17:1	S2702
18:3 n-3 c,c,c (ALA)	S2702
Selenium, Se	S2702
Threonine	S2702
Isoleucine	S2702
Phenylalanine	S2702
Glutamic acid	S2702
10:0	S2702
18:3 undifferentiated	S2702
17:0	S2702
Total lipid (fat)	S2702
Tocopherol, gamma	S2702
Pantothenic acid	S2702
Folate, total	S2702
Vitamin B-12	S2702
18:0	S2702
16:1 undifferentiated	S2702

NDB No. 18342 Rolls, dinner, plain, commercially prepared (includes brown-and-serve)

Fiber, total dietary	S2105
Magnesium, Mg	S2105

NDB No. 18342 Rolls, dinner, plain, commercially prepared (includes brown-and-serve)

Folic acid	S2105
Tyrosine	S2105
Serine	S2105
18:1 undifferentiated	S2105
18:3 undifferentiated	S2105
22:0	S2105
17:0	S2105
20:2 n-6 c,c	S2105
17:1	S2105
Potassium, K	S2105
Tryptophan	S2105
Isoleucine	S2105
Cystine	S2105
16:0	S2105
18:2 undifferentiated	S2105
20:1	S2105
18:3 n-6 c,c,c	S2105
18:3 n-3 c,c,c (ALA)	S2105
Manganese, Mn	S2105
Selenium, Se	S2105
Threonine	S2105
Methionine	S2105
Alanine	S2105
20:0	S2105
20:4 undifferentiated	S2105
16:1 undifferentiated	S2105
Fatty acids, total polyunsaturated	S2105
Water	S2105
Zinc, Zn	S2105
Copper, Cu	S2105
Glutamic acid	S2105
Iron, Fe	S2105
Vitamin E (alpha-tocopherol)	S2105
Pantothenic acid	S2105
Fatty acids, total saturated	S2105
14:0	S2105
14:1	S2105

NDB No. 18342 Rolls, dinner, plain, commercially prepared (includes brown-and-serve)

Calcium, Ca	S2105
Phosphorus, P	S2105
Sodium, Na	S2105
Vitamin B-6	S2105
Vitamin K (phylloquinone)	S2105
Phenylalanine	S2105
Arginine	S2105
Aspartic acid	S2105
Proline	S2105
8:0	S2105
18:0	S2105
Fatty acids, total monounsaturated	S2105
Ash	S2105
Sugars, total	S2105
Thiamin	S2105
Niacin	S2105
Folate, food	S2105
Lysine	S2105
Valine	S2105
10:0	S2105
Protein	S2105
Total lipid (fat)	S2105
Riboflavin	S2105
Folate, total	S2105
Leucine	S2105
Histidine	S2105
Glycine	S2105
12:0	S2105
15:0	S2105
20:3 undifferentiated	S2105
15:1	S2105

NDB No. 18346 Rolls, dinner, rye

Vitamin K (phylloquinone)	D4068, D4002

NDB No. 18349 Rolls, french

Vitamin K (phylloquinone)	D4068

NDB No. 18350 Rolls, hamburger or hotdog, plain

6:0	S21
8:0	S21
18:2 undifferentiated	S21
20:4 undifferentiated	S21
22:0	S21
16:1 undifferentiated	S21
15:0	S21
Protein	S21
Total lipid (fat)	S21
Sucrose	S21
Maltose	S21
Sugars, total	S21
Fiber, total dietary	S21
Magnesium, Mg	S21
Thiamin	S21
Pantothenic acid	S21
Vitamin B-6	S21
Vitamin B-12	S21
18:0	S21
22:1 undifferentiated	S21
Fructose	S21
Calcium, Ca	S21
Phosphorus, P	S21
Sodium, Na	S21
Vitamin E (alpha-tocopherol)	S21
Niacin	S21
4:0	S21
18:1 undifferentiated	S21
20:5 n-3 (EPA)	S21
Galactose	S21
Copper, Cu	S21
Cholesterol	S21
10:0	S21

NDB No. 18350 Rolls, hamburger or hotdog, plain

18:4	S21
Iron, Fe	S21
Selenium, Se	S21
Riboflavin	S21
14:1	S21
20:1	S21
Water	S21
Potassium, K	S21
12:0	S21
20:0	S21
22:5 n-3 (DPA)	S21
Glucose (dextrose)	S21
Lactose	S21
Zinc, Zn	S21
Manganese, Mn	S21
14:0	S21
16:0	S21
22:6 n-3 (DHA)	S21
24:0	S21
Ash	S21
Starch	S21
Vitamin K (phylloquinone)	D4002, D4072
18:3 undifferentiated	S21
17:0	S21

NDB No. 18351 Rolls, hamburger or hotdog, mixed-grain

Folic acid	S20
Folate, food	S20
Sugars, total	S21
Vitamin E (alpha-tocopherol)	S21
Folate, total	S20

NDB No. 18352 Rolls, hamburger or hotdog, reduced-calorie

Vitamin E (alpha-tocopherol)	S21
Folic acid	S20
Folate, food	S20

NDB No. 18352 Rolls, hamburger or hotdog, reduced-calorie

Folate, total	S20
Sugars, total	S21

NDB No. 18360 Taco shells, baked

Sugars, total	S1164
Calcium, Ca	S1164
Manganese, Mn	S1164
Carotene, beta	S1164
Lycopene	S1164
Folate, food	S1164
Isoleucine	S1164
Alanine	S1164
Glycine	S1164
Proline	S1164
20:5 n-3 (EPA)	S1164
18:1 c	S1164
Fiber, total dietary	S1164
Zinc, Zn	S1164
Vitamin C, total ascorbic acid	S1164
Threonine	S1164
4:0	S1164
24:0	S1164
Phosphorus, P	S1164
Selenium, Se	S1164
Carotene, alpha	S1164
Thiamin	S1164
Niacin	S1164
Folic acid	S1164
Lysine	S1164
Cystine	S1164
Phenylalanine	S1164
Valine	S1164
Serine	S1164
22:1 undifferentiated	S1164
15:0	S1164
13:0	S1164

NDB No. 18360 Taco shells, baked

15:1	S1164
Water	S1164
Sodium, Na	S1164
Vitamin E (alpha-tocopherol)	S1164
Vitamin B-6	S1164
Betaine	S1164
Glutamic acid	S1164
Total lipid (fat)	S1164
Methionine	S1164
Aspartic acid	S1164
Hydroxyproline	S1164
Ash	S1164
Magnesium, Mg	S1164
Potassium, K	S1164
Pantothenic acid	S1164
Vitamin K (phylloquinone)	S1164
Leucine	S1164
Tyrosine	S1164
8:0	S1164
14:1	S1164
Protein	S1164
Starch	S1164
Copper, Cu	S1164
Cryptoxanthin, beta	S1164
Riboflavin	S1164
Tryptophan	S1164
Histidine	S1164
6:0	S1164
Iron, Fe	S1164
Folate, total	S1164
Choline, total	S1164
Arginine	S1164

NDB No. 18362 Toaster pastries, fruit (includes apple, blueberry, cherry, strawberry)

Water	S1164
Sugars, total	S1164

NDB No. 18362 Toaster pastries, fruit (includes apple, blueberry, cherry, strawberry)

Iron, Fe	S1164
Magnesium, Mg	S1164
Phosphorus, P	S1164
Zinc, Zn	S1164
Vitamin C, total ascorbic acid	S1164
Pantothenic acid	S1164
Folate, total	S1164
Fatty acids, total trans	S1164
8:0	S1164
18:3 undifferentiated	S1164
18:1 c	S1164
Calcium, Ca	S1164
18:0	S1164
15:1	S1164
Retinol	S1164
Folate, food	S1164
12:0	S1164
22:1 undifferentiated	S1164
24:0	S1164
17:1	S1164
Fiber, total dietary	S1164
Folic acid	S1164
6:0	S1164
18:2 undifferentiated	S1164
16:1 undifferentiated	S1164
20:5 n-3 (EPA)	S1164
18:1 t	S1164
18:3 n-6 c,c,c	S1164
13:0	S1164
Total lipid (fat)	S1164
Selenium, Se	S1164
Carotene, beta	S1164
Riboflavin	S1164
Niacin	S1164
16:0	S1164
20:4 undifferentiated	S1164
20:3 undifferentiated	S1164

NDB No. 18362 Toaster pastries, fruit (includes apple, blueberry, cherry, strawberry)

18:3 n-3 c,c,c (ALA)	S1164
Ash	S1164
Thiamin	S1164
10:0	S1164
14:0	S1164
18:1 undifferentiated	S1164
Potassium, K	S1164
Manganese, Mn	S1164
Cryptoxanthin, beta	S1164
Lycopene	S1164
20:0	S1164
22:0	S1164
15:0	S1164
Protein	S1164
Sodium, Na	S1164
Copper, Cu	S1164
Carotene, alpha	S1164
Vitamin E (alpha-tocopherol)	S1164
Vitamin B-6	S1164
Vitamin K (phylloquinone)	S1164
Hydroxyproline	S1164
4:0	S1164
22:6 n-3 (DHA)	S1164
14:1	S1164
20:1	S1164
17:0	S1164
20:2 n-6 c,c	S1164

NDB No. 18363 Tortillas, ready-to-bake or -fry, corn

Total lipid (fat)	S22
Manganese, Mn	S22
16:0	S22
18:1 undifferentiated	S22
Potassium, K	S22
Zinc, Zn	S22
Copper, Cu	S22

NDB No. 18363 Tortillas, ready-to-bake or -fry, corn

Pantothenic acid	S22
Folate, total	S22
Vitamin K (phylloquinone)	S22
Water	S22
Iron, Fe	S22
Magnesium, Mg	S22
Thiamin	S22
Sodium, Na	S22
18:2 undifferentiated	S22
Selenium, Se	S22
Ash	S22
Calcium, Ca	S22
Vitamin E (alpha-tocopherol)	S22
Riboflavin	S22

NDB No. 18364 Tortillas, ready-to-bake or -fry, flour

Zinc, Zn	S22
18:2 undifferentiated	S22
20:4 undifferentiated	S22
14:1	S22
22:5 n-3 (DPA)	S22
Calcium, Ca	S22
20:0	S22
18:3 undifferentiated	S22
18:4	S22
Vitamin E (alpha-tocopherol)	S22
Thiamin	S22
16:1 undifferentiated	S22
17:0	S22
Protein	S22
Total lipid (fat)	S22
Iron, Fe	S22
8:0	S22
10:0	S22
20:1	S22
20:5 n-3 (EPA)	S22

NDB No. 18364 Tortillas, ready-to-bake or -fry, flour

15:0	S22
Sodium, Na	S22
Pantothenic acid	S22
12:0	S22
14:0	S22
16:0	S22
22:0	S22
Magnesium, Mg	S22
Potassium, K	S22
6:0	S22
Ash	S22
Copper, Cu	S22
Manganese, Mn	S22
Riboflavin	S22
Vitamin K (phylloquinone)	S22
4:0	S22
Water	S22
Selenium, Se	S22
18:0	S22
18:1 undifferentiated	S22
22:6 n-3 (DHA)	S22
22:1 undifferentiated	S22
24:0	S22

NDB No. 18365 Waffles, plain, frozen, ready-to-heat

Total lipid (fat)	S27
Ash	S27
Sucrose	S27
Lactose	S27
Vitamin B-12	S27
Vitamin K (phylloquinone)	S27
18:0	S27
14:1	S27
17:1	S27
Fructose	S27
Galactose	S27

NDB No. 18365 Waffles, plain, frozen, ready-to-heat

Phosphorus, P	S27
Tocopherol, gamma	S27
Fatty acids, total saturated	S27
20:2 n-6 c,c	S27
20:3 undifferentiated	S27
Glucose (dextrose)	S27
Fiber, total dietary	S27
Copper, Cu	S27
Manganese, Mn	S27
Niacin	S27
Vitamin B-6	S27
Cholesterol	S27
18:3 undifferentiated	S27
18:3 n-6 c,c,c	S27
Maltose	S27
Calcium, Ca	S27
20:0	S27
18:1 undifferentiated	S27
16:1 undifferentiated	S27
Riboflavin	S27
Pantothenic acid	S27
Dihydrophylloquinone	S27
10:0	S27
16:0	S27
22:0	S27
Starch	S27
Iron, Fe	S27
Potassium, K	S27
Folate, total	S27
Folic acid	S27
Folate, food	S27
8:0	S27
12:0	S27
14:0	S27
Protein	S27
Sugars, total	S27
Magnesium, Mg	S27

NDB No. 18365 Waffles, plain, frozen, ready-to-heat

Sodium, Na	S27
Selenium, Se	S27
Vitamin E (alpha-tocopherol)	S27
Tocopherol, delta	S27
18:2 undifferentiated	S27
Fatty acids, total monounsaturated	S27
Fatty acids, total polyunsaturated	S27
15:0	S27
17:0	S27
15:1	S27
Water	S27
Zinc, Zn	S27
Tocopherol, beta	S27
Thiamin	S27
20:4 undifferentiated	S27
20:1	S27

NDB No. 18375 Leavening agents, yeast, baker's, active dry

Potassium, K	S4921
Sodium, Na	S4921
Pantothenic acid	S4921
Vitamin B-12	S4921
Vitamin K (phylloquinone)	S4921
Threonine	S4921
Aspartic acid	S4921
Ash	S4921
Phosphorus, P	S4921
Tryptophan	S4921
Methionine	S4921
Arginine	S4921
Glutamic acid	S4921
Glycine	S4921
Iron, Fe	S4921
Dihydrophylloquinone	S4921
Betaine	S4001
Valine	S4921

NDB No. 18375 Leavening agents, yeast, baker's, active dry

Total lipid (fat)	S4921
Thiamin	S4921
Tyrosine	S4921
Protein	S4921
Magnesium, Mg	S4921
Riboflavin	S4921
Choline, total	S4001
Leucine	S4921
Serine	S4921
Calcium, Ca	S4921
Niacin	S4921
Phenylalanine	S4921
Proline	S4921
Zinc, Zn	S4921
Vitamin B-6	S4921
Isoleucine	S4921
Lysine	S4921
Histidine	S4921
Water	S4921
Fiber, total dietary	S4921
Copper, Cu	S4921
Manganese, Mn	S4921
Selenium, Se	S4921
Menaquinone-4	S4921
Cystine	S4921
Alanine	S4921

NDB No. 18376 Bread crumbs, dry, grated, seasoned

Protein	S25
Copper, Cu	S25
Carotene, alpha	S25
Vitamin C, total ascorbic acid	S25
Riboflavin	S25
Dihydrophylloquinone	S25
14:1	S25
18:4	S25

NDB No. 18376 Bread crumbs, dry, grated, seasoned

20:1	S25
Total lipid (fat)	S25
Starch	S25
Sucrose	S25
Lactose	S25
Phosphorus, P	S25
Zinc, Zn	S25
18:0	S25
20:4 undifferentiated	S25
22:1 undifferentiated	S25
17:0	S25
Glucose (dextrose)	S25
Maltose	S25
Sugars, total	S25
Galactose	S25
Potassium, K	S25
Manganese, Mn	S25
Lycopene	S25
Tocopherol, delta	S25
Thiamin	S25
20:0	S25
18:2 undifferentiated	S25
18:3 undifferentiated	S25
24:0	S25
Folate, total	S25
14:0	S25
20:5 n-3 (EPA)	S25
Selenium, Se	S25
Tocopherol, beta	S25
Niacin	S25
4:0	S25
6:0	S25
22:0	S25
15:0	S25
Magnesium, Mg	S25
Vitamin E (alpha-tocopherol)	S25
Pantothenic acid	S25

NDB No. 18376 Bread crumbs, dry, grated, seasoned

8:0	S25
16:0	S25
18:1 undifferentiated	S25
22:6 n-3 (DHA)	S25
22:5 n-3 (DPA)	S25
Fructose	S25
Water	S25
Fiber, total dietary	S25
Calcium, Ca	S25
Sodium, Na	S25
Carotene, beta	S25
Cryptoxanthin, beta	S25
Vitamin B-6	S25
10:0	S25
12:0	S25
Ash	S25
Iron, Fe	S25
Tocopherol, gamma	S25
Vitamin K (phylloquinone)	S25
16:1 undifferentiated	S25

NDB No. 18403 Waffles, plain, frozen, ready -to-heat, toasted

Protein	S27
Galactose	S27
Iron, Fe	S27
Sodium, Na	S27
Manganese, Mn	S27
Thiamin	S27
Pantothenic acid	S27
Vitamin K (phylloquinone)	S27
Folate, food	S27
14:1	S27
Fatty acids, total polyunsaturated	S27
Water	S27
Copper, Cu	S27
Dihydrophylloquinone	S27

NDB No. 18403 Waffles, plain, frozen, ready -to-heat, toasted

18:0	S27
18:2 undifferentiated	S27
20:2 n-6 c,c	S27
Maltose	S27
Magnesium, Mg	S27
Vitamin B-12	S27
16:0	S27
Starch	S27
Zinc, Zn	S27
Vitamin B-6	S27
Folic acid	S27
Cholesterol	S27
10:0	S27
20:4 undifferentiated	S27
20:1	S27
18:3 n-6 c,c,c	S27
15:1	S27
Ash	S27
Sucrose	S27
Potassium, K	S27
Selenium, Se	S27
20:0	S27
18:1 undifferentiated	S27
18:3 undifferentiated	S27
17:1	S27
Sugars, total	S27
Fiber, total dietary	S27
Calcium, Ca	S27
Folate, total	S27
Fatty acids, total saturated	S27
22:0	S27
Fructose	S27
Lactose	S27
Phosphorus, P	S27
Vitamin E (alpha-tocopherol)	S27
Riboflavin	S27
Niacin	S27

NDB No. 18403 Waffles, plain, frozen, ready -to-heat, toasted

14:0	S27
16:1 undifferentiated	S27
Fatty acids, total monounsaturated	S27
15:0	S27
17:0	S27
20:3 undifferentiated	S27
Total lipid (fat)	S27
Glucose (dextrose)	S27
8:0	S27
12:0	S27

NDB No. 18416 Bread, white, commercially prepared, low sodium no salt

Sugars, total	S20
Folate, total	S20
Folic acid	S20
Vitamin K (phylloquinone)	D4002, D4072
Folate, food	S20

NDB No. 18425 Crackers, saltines, low salt (includes oyster, soda, soup)

Maltose	S3559
Fatty acids, total trans	S3559
20:0	S3559
Fatty acids, total monounsaturated	S3559
18:2 CLAs	S3559
20:3 undifferentiated	S3559
Protein	S3559
Iron, Fe	S3559
Phosphorus, P	S3559
Tocopherol, beta	S3559
Tocopherol, delta	S3559
Thiamin	S3559
Menaquinone-4	S3559
Folate, food	S3559
15:0	S3559

NDB No. 18425 Crackers, saltines, low salt (includes oyster, soda, soup)

24:0	S3559
18:2 n-6 c,c	S3559
18:3 n-3 c,c,c (ALA)	S3559
Starch	S3559
Sugars, total	S3559
Magnesium, Mg	S3559
Riboflavin	S3559
Niacin	S3559
Folate, total	S3559
8:0	S3559
18:3 undifferentiated	S3559
20:5 n-3 (EPA)	S3559
22:1 t	S3559
Fatty acids, total trans-polyenoic	S3559
Sucrose	S3559
Glucose (dextrose)	S3559
Water	S3559
Manganese, Mn	S3559
Tocopherol, gamma	S3559
4:0	S3559
6:0	S3559
12:0	S3559
20:1	S3559
17:0	S3559
18:1 t	S3559
22:1 c	S3559
18:3 n-6 c,c,c	S3559
17:1	S3559
22:4	S3559
Lactose	S3559
Fiber, total dietary	S3559
Zinc, Zn	S3559
Vitamin E (alpha-tocopherol)	S3559
Pantothenic acid	S3559
Choline, total	S3461
14:0	S3559
22:0	S3559

NDB No. 18425 Crackers, saltines, low salt (includes oyster, soda, soup)

22:5 n-3 (DPA)	S3559
16:1 t	S3559
16:1 c	S3559
20:3 n-6	S3559
Total lipid (fat)	S3559
Ash	S3559
Sodium, Na	S3559
Copper, Cu	S3559
Selenium, Se	S3559
14:1	S3559
16:1 undifferentiated	S3559
Fatty acids, total polyunsaturated	S3559
20:2 n-6 c,c	S3559
15:1	S3559
Fructose	S3559
Vitamin B-6	S3559
Vitamin B-12	S3559
Dihydrophylloquinone	S3559
Betaine	S3461
10:0	S3559
18:0	S3559
18:1 undifferentiated	S3559
18:2 undifferentiated	S3559
22:6 n-3 (DHA)	S3559
18:4	S3559
18:2 t not further defined	S3559
Fatty acids, total trans-monoenoic	S3559
Galactose	S3559
Calcium, Ca	S3559
Potassium, K	S3559
Vitamin K (phylloquinone)	S3559
Folic acid	S3559
Fatty acids, total saturated	S3559
16:0	S3559
20:4 undifferentiated	S3559
22:1 undifferentiated	S3559
24:1 c	S3559

NDB No. 18425 Crackers, saltines, low salt (includes oyster, soda, soup)

18:1 c	S3559
20:3 n-3	S3559

NDB No. 18514 ARCHWAY Home Style Cookies, Sugar Free Rocky Road

Water	S3741
Riboflavin	S3741
Niacin	S3741
Folate, total	S3741
Cholesterol	S3741
Fatty acids, total trans	S3741
Fatty acids, total polyunsaturated	S3741
Energy	S3741
Total lipid (fat)	S3741
Ash	S3741
Sugars, total	S3741
Fatty acids, total monounsaturated	S3741
Protein	S3741
Fiber, total dietary	S3741
Iron, Fe	S3741
Potassium, K	S3741
Vitamin A, IU	S3741
Fatty acids, total saturated	S3741
Carbohydrate, by difference	S3741
Sodium, Na	S3741
Thiamin	S3741
Calcium, Ca	S3741

NDB No. 18516 ARCHWAY Home Style Cookies, Apple Filled Oatmeal

Total lipid (fat)	S3741
Sugars, total	S3741
Fatty acids, total polyunsaturated	S3741
Energy	S3741
Calcium, Ca	S3741
Vitamin A, IU	S3741
Folate, total	S3741

NDB No. 18516 ARCHWAY Home Style Cookies, Apple Filled Oatmeal

Fatty acids, total trans	S3741
Water	S3741
Iron, Fe	S3741
Sodium, Na	S3741
Riboflavin	S3741
Ash	S3741
Fiber, total dietary	S3741
Fatty acids, total saturated	S3741
Carbohydrate, by difference	S3741
Thiamin	S3741
Cholesterol	S3741
Protein	S3741
Potassium, K	S3741
Niacin	S3741
Fatty acids, total monounsaturated	S3741

NDB No. 18517 ARCHWAY Home Style Cookies, Apricot Filled

Carbohydrate, by difference	S3741
Energy	S3741
Fiber, total dietary	S3741
Iron, Fe	S3741
Total lipid (fat)	S3741
Sugars, total	S3741
Folate, total	S3741
Fatty acids, total saturated	S3741
Fatty acids, total polyunsaturated	S3741
Protein	S3741
Potassium, K	S3741
Cholesterol	S3741
Sodium, Na	S3741
Thiamin	S3741
Fatty acids, total monounsaturated	S3741
Calcium, Ca	S3741
Fatty acids, total trans	S3741
Ash	S3741

NDB No. 18517 ARCHWAY Home Style Cookies, Apricot Filled

Water	S3741
Vitamin A, IU	S3741
Riboflavin	S3741
Niacin	S3741

NDB No. 18520 ARCHWAY Home Style Cookies, Cherry Filled

Protein	S3741
Riboflavin	S3741
Fatty acids, total polyunsaturated	S3741
Total lipid (fat)	S3741
Iron, Fe	S3741
Vitamin C, total ascorbic acid	S3741
Ash	S3741
Niacin	S3741
Fatty acids, total trans	S3741
Energy	S3741
Sugars, total	S3741
Sodium, Na	S3741
Thiamin	S3741
Cholesterol	S3741
Carbohydrate, by difference	S3741
Fatty acids, total monounsaturated	S3741
Water	S3741
Calcium, Ca	S3741
Potassium, K	S3741
Vitamin A, IU	S3741
Folate, total	S3741
Fatty acids, total saturated	S3741
Fiber, total dietary	S3741

NDB No. 18521 ARCHWAY Home Style Cookies, Chocolate Chip Drop

Vitamin C, total ascorbic acid	S3741
Riboflavin	S3741
Protein	S3741
Sugars, total	S3741

NDB No. 18521 ARCHWAY Home Style Cookies, Chocolate Chip Drop

Fatty acids, total trans	S3741
Energy	S3741
Calcium, Ca	S3741
Fatty acids, total polyunsaturated	S3741
Total lipid (fat)	S3741
Water	S3741
Potassium, K	S3741
Sodium, Na	S3741
Cholesterol	S3741
Fiber, total dietary	S3741
Iron, Fe	S3741
Vitamin A, IU	S3741
Thiamin	S3741
Niacin	S3741
Fatty acids, total saturated	S3741
Fatty acids, total monounsaturated	S3741
Folate, total	S3741
Carbohydrate, by difference	S3741
Ash	S3741

NDB No. 18522 ARCHWAY Home Style Cookies, Chocolate Chip Ice Box

Sodium, Na	S3741
Fiber, total dietary	S3741
Vitamin C, total ascorbic acid	S3741
Fatty acids, total trans	S3741
Sugars, total	S3741
Iron, Fe	S3741
Folate, total	S3741
Fatty acids, total saturated	S3741
Fatty acids, total polyunsaturated	S3741
Carbohydrate, by difference	S3741
Ash	S3741
Water	S3741
Potassium, K	S3741
Cholesterol	S3741
Fatty acids, total	S3741

NDB No. 18522 ARCHWAY Home Style Cookies, Chocolate Chip Ice Box

monounsaturated	
Protein	S3741
Total lipid (fat)	S3741
Calcium, Ca	S3741
Thiamin	S3741
Riboflavin	S3741
Niacin	S3741
Energy	S3741
Vitamin A, IU	S3741

NDB No. 18524 ARCHWAY Home Style Cookies, Coconut Macaroon

Fiber, total dietary	S3741
Potassium, K	S3741
Vitamin C, total ascorbic acid	S3741
Niacin	S3741
Total lipid (fat)	S3741
Thiamin	S3741
Folate, total	S3741
Fatty acids, total monounsaturated	S3741
Carbohydrate, by difference	S3741
Vitamin A, IU	S3741
Cholesterol	S3741
Ash	S3741
Water	S3741
Sugars, total	S3741
Sodium, Na	S3741
Riboflavin	S3741
Fatty acids, total polyunsaturated	S3741
Protein	S3741
Fatty acids, total saturated	S3741
Energy	S3741
Calcium, Ca	S3741
Iron, Fe	S3741

NDB No. 18525 ARCHWAY Home Style Cookies, Cookies Jar Hermits

NDB No. 18525 ARCHWAY Home Style Cookies, Cookies Jar Hermits

Energy	S3741
Calcium, Ca	S3741
Vitamin A, IU	S3741
Sugars, total	S3741
Folate, total	S3741
Fatty acids, total polyunsaturated	S3741
Protein	S3741
Fiber, total dietary	S3741
Iron, Fe	S3741
Total lipid (fat)	S3741
Carbohydrate, by difference	S3741
Potassium, K	S3741
Niacin	S3741
Ash	S3741
Thiamin	S3741
Riboflavin	S3741
Fatty acids, total monounsaturated	S3741
Cholesterol	S3741
Water	S3741
Sodium, Na	S3741
Vitamin C, total ascorbic acid	S3741
Fatty acids, total trans	S3741
Fatty acids, total saturated	S3741

NDB No. 18526 ARCHWAY Home Style Cookies, Dark Molasses

Carbohydrate, by difference	S3741
Fiber, total dietary	S3741
Calcium, Ca	S3741
Sodium, Na	S3741
Cholesterol	S3741
Potassium, K	S3741
Water	S3741
Fatty acids, total saturated	S3741
Vitamin C, total ascorbic acid	S3741
Niacin	S3741
Protein	S3741

NDB No. 18526 ARCHWAY Home Style Cookies, Dark Molasses

Iron, Fe	S3741
Thiamin	S3741
Riboflavin	S3741
Folate, total	S3741
Fatty acids, total trans	S3741
Energy	S3741
Vitamin A, IU	S3741
Total lipid (fat)	S3741
Ash	S3741
Sugars, total	S3741
Fatty acids, total monounsaturated	S3741
Fatty acids, total polyunsaturated	S3741

NDB No. 18527 ARCHWAY Home Style Cookies, Date Filled Oatmeal

Calcium, Ca	S3741
Fatty acids, total saturated	S3741
Ash	S3741
Potassium, K	S3741
Riboflavin	S3741
Total lipid (fat)	S3741
Niacin	S3741
Fatty acids, total monounsaturated	S3741
Water	S3741
Vitamin A, IU	S3741
Carbohydrate, by difference	S3741
Thiamin	S3741
Fatty acids, total polyunsaturated	S3741
Fiber, total dietary	S3741
Protein	S3741
Sugars, total	S3741
Fatty acids, total trans	S3741
Energy	S3741
Iron, Fe	S3741
Sodium, Na	S3741
Folate, total	S3741

NDB No. 18527 ARCHWAY Home Style Cookies, Date Filled Oatmeal

Cholesterol	S3741

NDB No. 18528 ARCHWAY Home Style Cookies, Dutch Cocoa

Fiber, total dietary	S3741
Iron, Fe	S3741
Ash	S3741
Thiamin	S3741
Fatty acids, total trans	S3741
Fatty acids, total saturated	S3741
Fatty acids, total polyunsaturated	S3741
Sugars, total	S3741
Cholesterol	S3741
Vitamin A, IU	S3741
Protein	S3741
Energy	S3741
Calcium, Ca	S3741
Potassium, K	S3741
Sodium, Na	S3741
Riboflavin	S3741
Niacin	S3741
Fatty acids, total monounsaturated	S3741
Total lipid (fat)	S3741
Carbohydrate, by difference	S3741
Folate, total	S3741
Water	S3741

NDB No. 18531 ARCHWAY Home Style Cookies, Fruit & Honey Bar

Ash	S3741
Fiber, total dietary	S3741
Sodium, Na	S3741
Carbohydrate, by difference	S3741
Vitamin A, IU	S3741
Niacin	S3741
Protein	S3741
Sugars, total	S3741

NDB No. 18531 ARCHWAY Home Style Cookies, Fruit & Honey Bar

Iron, Fe	S3741
Potassium, K	S3741
Thiamin	S3741
Folate, total	S3741
Fatty acids, total trans	S3741
Fatty acids, total polyunsaturated	S3741
Water	S3741
Cholesterol	S3741
Fatty acids, total saturated	S3741
Total lipid (fat)	S3741
Calcium, Ca	S3741
Fatty acids, total monounsaturated	S3741
Energy	S3741
Riboflavin	S3741
Vitamin C, total ascorbic acid	S3741

NDB No. 18532 ARCHWAY Home Style Cookies, Iced Molasses

Vitamin A, IU	S3741
Fatty acids, total trans	S3741
Energy	S3741
Folate, total	S3741
Cholesterol	S3741
Fiber, total dietary	S3741
Thiamin	S3741
Riboflavin	S3741
Iron, Fe	S3741
Potassium, K	S3741
Sodium, Na	S3741
Fatty acids, total saturated	S3741
Fatty acids, total polyunsaturated	S3741
Water	S3741
Sugars, total	S3741
Carbohydrate, by difference	S3741
Calcium, Ca	S3741
Niacin	S3741
Protein	S3741

NDB No. 18532 ARCHWAY Home Style Cookies, Iced Molasses

Total lipid (fat)	S3741
Ash	S3741
Fatty acids, total monounsaturated	S3741

NDB No. 18533 ARCHWAY Home Style Cookies, Iced Oatmeal

Sugars, total	S3741
Iron, Fe	S3741
Potassium, K	S3741
Niacin	S3741
Protein	S3741
Carbohydrate, by difference	S3741
Riboflavin	S3741
Fatty acids, total polyunsaturated	S3741
Energy	S3741
Calcium, Ca	S3741
Vitamin A, IU	S3741
Fatty acids, total monounsaturated	S3741
Total lipid (fat)	S3741
Fiber, total dietary	S3741
Fatty acids, total saturated	S3741
Water	S3741
Vitamin C, total ascorbic acid	S3741
Fatty acids, total trans	S3741
Sodium, Na	S3741
Thiamin	S3741
Folate, total	S3741
Ash	S3741
Cholesterol	S3741

NDB No. 18535 ARCHWAY Home Style Cookies, Molasses

Total lipid (fat)	S3741
Ash	S3741
Energy	S3741
Sugars, total	S3741

NDB No. 18535 ARCHWAY Home Style Cookies, Molasses

Iron, Fe	S3741
Fatty acids, total trans	S3741
Water	S3741
Fiber, total dietary	S3741
Calcium, Ca	S3741
Niacin	S3741
Folate, total	S3741
Cholesterol	S3741
Fatty acids, total saturated	S3741
Potassium, K	S3741
Vitamin C, total ascorbic acid	S3741
Fatty acids, total monounsaturated	S3741
Protein	S3741
Thiamin	S3741
Riboflavin	S3741
Carbohydrate, by difference	S3741
Vitamin A, IU	S3741
Fatty acids, total polyunsaturated	S3741
Sodium, Na	S3741

NDB No. 18537 ARCHWAY Home Style Cookies, Oatmeal

Water	S3741
Fiber, total dietary	S3741
Carbohydrate, by difference	S3741
Fatty acids, total monounsaturated	S3741
Sodium, Na	S3741
Vitamin A, IU	S3741
Calcium, Ca	S3741
Potassium, K	S3741
Thiamin	S3741
Fatty acids, total trans	S3741
Iron, Fe	S3741
Niacin	S3741
Total lipid (fat)	S3741
Ash	S3741

NDB No. 18537 ARCHWAY Home Style Cookies, Oatmeal

Cholesterol	S3741
Protein	S3741
Energy	S3741
Sugars, total	S3741
Vitamin C, total ascorbic acid	S3741
Riboflavin	S3741
Folate, total	S3741
Fatty acids, total saturated	S3741
Fatty acids, total polyunsaturated	S3741

NDB No. 18538 ARCHWAY Home Style Cookies, Oatmeal Raisin

Protein	S3741
Ash	S3741
Potassium, K	S3741
Sodium, Na	S3741
Cholesterol	S3741
Fatty acids, total monounsaturated	S3741
Energy	S3741
Fiber, total dietary	S3741
Vitamin A, IU	S3741
Thiamin	S3741
Fatty acids, total trans	S3741
Fatty acids, total saturated	S3741
Fatty acids, total polyunsaturated	S3741
Riboflavin	S3741
Iron, Fe	S3741
Vitamin C, total ascorbic acid	S3741
Total lipid (fat)	S3741
Sugars, total	S3741
Calcium, Ca	S3741
Folate, total	S3741
Carbohydrate, by difference	S3741
Water	S3741
Niacin	S3741

NDB No. 18539 ARCHWAY Home Style Cookies, Old Fashioned Molasses

Protein	S3741
Ash	S3741
Energy	S3741
Total lipid (fat)	S3741
Water	S3741
Sodium, Na	S3741
Vitamin A, IU	S3741
Carbohydrate, by difference	S3741
Riboflavin	S3741
Niacin	S3741
Cholesterol	S3741
Fatty acids, total trans	S3741
Fatty acids, total saturated	S3741
Fatty acids, total polyunsaturated	S3741
Fiber, total dietary	S3741
Calcium, Ca	S3741
Iron, Fe	S3741
Vitamin C, total ascorbic acid	S3741
Folate, total	S3741
Sugars, total	S3741
Thiamin	S3741
Fatty acids, total monounsaturated	S3741

NDB No. 18540 ARCHWAY Home Style Cookies, Old Fashioned Windmill Cookies

Protein	S3741
Sodium, Na	S3741
Vitamin A, IU	S3741
Fatty acids, total monounsaturated	S3741
Calcium, Ca	S3741
Thiamin	S3741
Folate, total	S3741
Fatty acids, total polyunsaturated	S3741
Carbohydrate, by difference	S3741
Fiber, total dietary	S3741
Energy	S3741

NDB No. 18540 ARCHWAY Home Style Cookies, Old Fashioned Windmill Cookies

Water	S3741
Iron, Fe	S3741
Fatty acids, total trans	S3741
Total lipid (fat)	S3741
Sugars, total	S3741
Riboflavin	S3741
Niacin	S3741
Cholesterol	S3741
Fatty acids, total saturated	S3741
Ash	S3741
Potassium, K	S3741
Vitamin C, total ascorbic acid	S3741

NDB No. 18543 ARCHWAY Home Style Cookies, Pecan Ice Box

Carbohydrate, by difference	S3741
Sodium, Na	S3741
Protein	S3741
Calcium, Ca	S3741
Ash	S3741
Iron, Fe	S3741
Niacin	S3741
Fatty acids, total saturated	S3741
Fatty acids, total polyunsaturated	S3741
Energy	S3741
Sugars, total	S3741
Vitamin A, IU	S3741
Cholesterol	S3741
Total lipid (fat)	S3741
Water	S3741
Fiber, total dietary	S3741
Thiamin	S3741
Vitamin C, total ascorbic acid	S3741
Riboflavin	S3741
Folate, total	S3741
Fatty acids, total trans	S3741
Potassium, K	S3741

NDB No. 18543 ARCHWAY Home Style Cookies, Pecan Ice Box

Fatty acids, total monounsaturated	S3741

NDB No. 18544 ARCHWAY Home Style Cookies, Raspberry Filled

Carbohydrate, by difference	S3741
Water	S3741
Fiber, total dietary	S3741
Fatty acids, total trans	S3741
Protein	S3741
Niacin	S3741
Cholesterol	S3741
Total lipid (fat)	S3741
Fatty acids, total saturated	S3741
Thiamin	S3741
Fatty acids, total monounsaturated	S3741
Calcium, Ca	S3741
Riboflavin	S3741
Folate, total	S3741
Iron, Fe	S3741
Vitamin A, IU	S3741
Sugars, total	S3741
Sodium, Na	S3741
Fatty acids, total polyunsaturated	S3741
Ash	S3741
Energy	S3741
Potassium, K	S3741

NDB No. 18546 ARCHWAY Home Style Cookies, Soft Sugar Drop

Energy	S3741
Vitamin A, IU	S3741
Riboflavin	S3741
Thiamin	S3741
Cholesterol	S3741
Fatty acids, total trans	S3741
Fatty acids, total saturated	S3741

NDB No. 18546 ARCHWAY Home Style Cookies, Soft Sugar Drop

Sugars, total	S3741
Iron, Fe	S3741
Fatty acids, total monounsaturated	S3741
Sodium, Na	S3741
Folate, total	S3741
Fatty acids, total polyunsaturated	S3741
Protein	S3741
Calcium, Ca	S3741
Ash	S3741
Fiber, total dietary	S3741
Niacin	S3741
Total lipid (fat)	S3741
Carbohydrate, by difference	S3741
Water	S3741
Potassium, K	S3741

NDB No. 18547 ARCHWAY Home Style Cookies, Strawberry Filled

Carbohydrate, by difference	S3741
Vitamin A, IU	S3741
Fatty acids, total saturated	S3741
Fatty acids, total polyunsaturated	S3741
Calcium, Ca	S3741
Riboflavin	S3741
Water	S3741
Sodium, Na	S3741
Protein	S3741
Energy	S3741
Niacin	S3741
Cholesterol	S3741
Thiamin	S3741
Total lipid (fat)	S3741
Ash	S3741
Iron, Fe	S3741
Fatty acids, total trans	S3741
Fatty acids, total monounsaturated	S3741

NDB No. 18547 ARCHWAY Home Style Cookies, Strawberry Filled

Potassium, K	S3741
Folate, total	S3741
Sugars, total	S3741
Fiber, total dietary	S3741

NDB No. 18548 ARCHWAY Home Style Cookies, Sugar

Total lipid (fat)	S3741
Riboflavin	S3741
Fatty acids, total trans	S3741
Water	S3741
Folate, total	S3741
Vitamin A, IU	S3741
Thiamin	S3741
Niacin	S3741
Fatty acids, total saturated	S3741
Ash	S3741
Calcium, Ca	S3741
Sodium, Na	S3741
Vitamin C, total ascorbic acid	S3741
Fatty acids, total monounsaturated	S3741
Carbohydrate, by difference	S3741
Fatty acids, total polyunsaturated	S3741
Energy	S3741
Iron, Fe	S3741
Protein	S3741
Fiber, total dietary	S3741
Potassium, K	S3741
Cholesterol	S3741

NDB No. 18549 ARCHWAY Home Style Cookies, Gourmet Apple'n Raisin

Thiamin	S3741
Niacin	S3741
Cholesterol	S3741
Fatty acids, total polyunsaturated	S3741
Fiber, total dietary	S3741

NDB No. 18549 ARCHWAY Home Style Cookies, Gourmet Apple'n Raisin

Vitamin A, IU	S3741
Fatty acids, total monounsaturated	S3741
Protein	S3741
Sugars, total	S3741
Potassium, K	S3741
Sodium, Na	S3741
Vitamin C, total ascorbic acid	S3741
Riboflavin	S3741
Total lipid (fat)	S3741
Water	S3741
Iron, Fe	S3741
Folate, total	S3741
Ash	S3741
Fatty acids, total trans	S3741
Fatty acids, total saturated	S3741
Carbohydrate, by difference	S3741
Energy	S3741
Calcium, Ca	S3741

NDB No. 18555 ARCHWAY Home Style Cookies, Fat Free Oatmeal Raisin

Calcium, Ca	S3741
Iron, Fe	S3741
Sodium, Na	S3741
Fatty acids, total polyunsaturated	S3741
Total lipid (fat)	S3741
Ash	S3741
Protein	S3741
Fiber, total dietary	S3741
Thiamin	S3741
Fatty acids, total monounsaturated	S3741
Water	S3741
Sugars, total	S3741
Riboflavin	S3741
Potassium, K	S3741
Carbohydrate, by difference	S3741

NDB No. 18555 ARCHWAY Home Style Cookies, Fat Free Oatmeal Raisin

Energy	S3741
Niacin	S3741
Cholesterol	S3741
Folate, total	S3741
Vitamin A, IU	S3741
Fatty acids, total saturated	S3741

NDB No. 18560 ARCHWAY Home Style Cookies, Gourmet Oatmeal Pecan

Potassium, K	S3741
Sodium, Na	S3741
Niacin	S3741
Vitamin A, IU	S3741
Fatty acids, total saturated	S3741
Calcium, Ca	S3741
Iron, Fe	S3741
Fatty acids, total monounsaturated	S3741
Carbohydrate, by difference	S3741
Water	S3741
Fatty acids, total trans	S3741
Total lipid (fat)	S3741
Thiamin	S3741
Folate, total	S3741
Cholesterol	S3741
Ash	S3741
Sugars, total	S3741
Fiber, total dietary	S3741
Fatty acids, total polyunsaturated	S3741
Protein	S3741
Energy	S3741
Riboflavin	S3741

NDB No. 18562 ARCHWAY Home Style Cookies, Reduced Fat Ginger Snaps

Riboflavin	S3741
Fatty acids, total polyunsaturated	S3741
Iron, Fe	S3741

NDB No. 18562 ARCHWAY Home Style Cookies, Reduced Fat Ginger Snaps

Fatty acids, total saturated	S3741
Protein	S3741
Ash	S3741
Sugars, total	S3741
Calcium, Ca	S3741
Potassium, K	S3741
Fiber, total dietary	S3741
Sodium, Na	S3741
Fatty acids, total monounsaturated	S3741
Folate, total	S3741
Fatty acids, total trans	S3741
Total lipid (fat)	S3741
Carbohydrate, by difference	S3741
Vitamin A, IU	S3741
Energy	S3741
Cholesterol	S3741
Water	S3741
Thiamin	S3741
Niacin	S3741

NDB No. 18563 ARCHWAY Home Style Cookies, Gourmet Rocky Road

Ash	S3741
Fiber, total dietary	S3741
Carbohydrate, by difference	S3741
Sodium, Na	S3741
Vitamin C, total ascorbic acid	S3741
Fatty acids, total polyunsaturated	S3741
Iron, Fe	S3741
Thiamin	S3741
Protein	S3741
Sugars, total	S3741
Riboflavin	S3741
Fatty acids, total trans	S3741
Energy	S3741
Calcium, Ca	S3741
Vitamin A, IU	S3741

NDB No. 18563 ARCHWAY Home Style Cookies, Gourmet Rocky Road

Cholesterol	S3741
Fatty acids, total saturated	S3741
Total lipid (fat)	S3741
Water	S3741
Fatty acids, total monounsaturated	S3741
Potassium, K	S3741
Niacin	S3741
Folate, total	S3741

NDB No. 18564 ARCHWAY Home Style Cookies, Gourmet Ruth's Golden Oatmeal

Vitamin A, IU	S3741
Folate, total	S3741
Fatty acids, total polyunsaturated	S3741
Protein	S3741
Fatty acids, total saturated	S3741
Potassium, K	S3741
Cholesterol	S3741
Fatty acids, total trans	S3741
Total lipid (fat)	S3741
Carbohydrate, by difference	S3741
Water	S3741
Sugars, total	S3741
Fiber, total dietary	S3741
Iron, Fe	S3741
Fatty acids, total monounsaturated	S3741
Calcium, Ca	S3741
Thiamin	S3741
Ash	S3741
Energy	S3741
Sodium, Na	S3741
Riboflavin	S3741
Niacin	S3741

NDB No. 18565 ARCHWAY Home Style Cookies, Sugar Free Chocolate Chip

NDB No. 18565 ARCHWAY Home Style Cookies, Sugar Free Chocolate Chip

Calcium, Ca	S3741
Carbohydrate, by difference	S3741
Ash	S3741
Fiber, total dietary	S3741
Iron, Fe	S3741
Potassium, K	S3741
Thiamin	S3741
Fatty acids, total trans	S3741
Fatty acids, total monounsaturated	S3741
Fatty acids, total polyunsaturated	S3741
Protein	S3741
Energy	S3741
Folate, total	S3741
Cholesterol	S3741
Fatty acids, total saturated	S3741
Sodium, Na	S3741
Total lipid (fat)	S3741
Water	S3741
Sugars, total	S3741
Vitamin C, total ascorbic acid	S3741
Niacin	S3741
Vitamin A, IU	S3741
Riboflavin	S3741

NDB No. 18610 CONTINENTAL MILLS, KRUSTEAZ Almond Poppyseed Muffin Mix, Artificially Flavored, dry

Energy	S3743
Fiber, total dietary	S3743
Sodium, Na	S3743
Protein	S3743
Carbohydrate, by difference	S3743
Iron, Fe	S3743
Fatty acids, total saturated	S3743
Total lipid (fat)	S3743
Sugars, total	S3743
Calcium, Ca	S3743

NDB No. 18610 CONTINENTAL MILLS, KRUSTEAZ Almond Poppyseed Muffin Mix, Artificially Flavored, dry

Fatty acids, total trans	S3743

NDB No. 18614 MARTHA WHITE FOODS, Martha White's Chewy Fudge Brownie Mix,dry

Vitamin B-6	S3767
Folate, total	S3767
Cholesterol	S3767
Fatty acids, total saturated	S3767
Total lipid (fat)	S3767
Vitamin C, total ascorbic acid	S3767
Energy	S3767
Water	S3767
Carbohydrate, by difference	S3767
Ash	S3767
Iron, Fe	S3767
Potassium, K	S3767
Sodium, Na	S3767
Niacin	S3767
Vitamin B-12	S3767
Calcium, Ca	S3767
Thiamin	S3767
Riboflavin	S3767
Protein	S3767
Sugars, total	S3767
Zinc, Zn	S3767
Vitamin A, IU	S3767
Pantothenic acid	S3767
Fiber, total dietary	S3767

NDB No. 18615 MARTHA WHITE FOODS, Martha White's Buttermilk Biscuit Mix,dry

Total lipid (fat)	S3767
Carbohydrate, by difference	S3767
Sugars, total	S3767
Sodium, Na	S3767
Zinc, Zn	S3767
Protein	S3767

NDB No. 18615 MARTHA WHITE FOODS, Martha White's Buttermilk Biscuit Mix,dry

Water	S3767
Energy	S3767
Fiber, total dietary	S3767
Potassium, K	S3767
Vitamin B-6	S3767
Ash	S3767
Iron, Fe	S3767
Riboflavin	S3767
Vitamin B-12	S3767
Fatty acids, total trans	S3767
Vitamin C, total ascorbic acid	S3767
Calcium, Ca	S3767
Thiamin	S3767
Cholesterol	S3767
Fatty acids, total saturated	S3767
Vitamin A, IU	S3767
Niacin	S3767

NDB No. 18621 NABISCO, NABISCO RITZ Crackers

Starch	S3559
Fiber, total dietary	S3559
Calcium, Ca	S3559
Magnesium, Mg	S3559
Tocopherol, gamma	S3559
Thiamin	S3559
22:0	S3559
14:1	S3559
15:0	S3559
Sucrose	S3559
Sugars, total	S3559
Vitamin E (alpha-tocopherol)	S3559
Niacin	S3559
Folate, total	S3559
Folic acid	S3559
18:0	S3559
18:1 undifferentiated	S3559

NDB No. 18621 NABISCO, NABISCO RITZ Crackers

20:4 undifferentiated	S3559
22:5 n-3 (DPA)	S3559
16:1 t	S3559
20:3 n-3	S3559
Total lipid (fat)	S3559
Glucose (dextrose)	S3559
Water	S3559
Galactose	S3559
Sodium, Na	S3559
Manganese, Mn	S3559
Menaquinone-4	S3559
12:0	S3559
20:1	S3559
22:1 t	S3559
18:2 CLAs	S3559
22:1 c	S3559
17:1	S3559
Fatty acids, total trans-monoenoic	S3559
Fructose	S3559
Iron, Fe	S3559
Phosphorus, P	S3559
Potassium, K	S3559
Copper, Cu	S3559
Tocopherol, beta	S3559
Folate, food	S3559
Fatty acids, total trans	S3559
Fatty acids, total saturated	S3559
14:0	S3559
18:2 undifferentiated	S3559
22:6 n-3 (DHA)	S3559
16:1 undifferentiated	S3559
22:1 undifferentiated	S3559
17:0	S3559
18:1 t	S3559
18:2 t not further defined	S3559
20:3 undifferentiated	S3559
18:3 n-3 c,c,c (ALA)	S3559

NDB No. 18621 NABISCO, NABISCO RITZ Crackers

Maltose	S3559
Zinc, Zn	S3559
Selenium, Se	S3559
Riboflavin	S3559
Vitamin K (phylloquinone)	S3559
4:0	S3559
20:0	S3559
Fatty acids, total monounsaturated	S3559
Fatty acids, total polyunsaturated	S3559
24:1 c	S3559
Protein	S3559
Lactose	S3559
10:0	S3559
18:3 undifferentiated	S3559
18:4	S3559
16:1 c	S3559
18:2 n-6 c,c	S3559
Fatty acids, total trans-polyenoic	S3559
22:4	S3559
Pantothenic acid	S3559
Vitamin B-6	S3559
6:0	S3559
16:0	S3559
20:5 n-3 (EPA)	S3559
24:0	S3559
18:1 c	S3559
15:1	S3559
Ash	S3559
Tocopherol, delta	S3559
Dihydrophylloquinone	S3559
8:0	S3559
20:2 n-6 c,c	S3559
18:3 n-6 c,c,c	S3559
20:3 n-6	S3559

NDB No. 18629 PILLSBURY, Buttermilk Biscuits, Artificial Flavor, refrigerated dough

NDB No. 18629 PILLSBURY, Buttermilk Biscuits, Artificial Flavor, refrigerated dough

Cholesterol	S3766
Fatty acids, total saturated	S3766
Total lipid (fat)	S3766
Fiber, total dietary	S3766
Protein	S3766
Carbohydrate, by difference	S3766
Iron, Fe	S3766
Sodium, Na	S3766
Ash	S3766
Energy	S3766
Water	S3766
Sugars, total	S3766
Fatty acids, total trans	S3766

NDB No. 18630 PILLSBURY, Chocolate Chip Cookies, refrigerated dough

Protein	S3766
Fatty acids, total trans	S3766
Ash	S3766
Energy	S3766
Sugars, total	S3766
Total lipid (fat)	S3766
Sodium, Na	S3766
Water	S3766
Fiber, total dietary	S3766
Cholesterol	S3766
Fatty acids, total saturated	S3766
Carbohydrate, by difference	S3766
Iron, Fe	S3766

NDB No. 18631 PILLSBURY, Crusty French Loaf, refrigerated dough

Sodium, Na	S3766
Total lipid (fat)	S3766
Water	S3766
Energy	S3766
Ash	S3766
Cholesterol	S3766

NDB No. 18631 PILLSBURY, Crusty French Loaf, refrigerated dough

Fatty acids, total saturated	S3766
Sugars, total	S3766
Carbohydrate, by difference	S3766
Fiber, total dietary	S3766
Protein	S3766
Iron, Fe	S3766
Fatty acids, total trans	S3766

NDB No. 18633 PILLSBURY GRANDS, Buttermilk Biscuits, refrigerated dough

Sodium, Na	S3766
Cholesterol	S3766
Carbohydrate, by difference	S3766
Water	S3766
Sugars, total	S3766
Fiber, total dietary	S3766
Fatty acids, total saturated	S3766
Iron, Fe	S3766
Fatty acids, total trans	S3766
Protein	S3766
Ash	S3766
Energy	S3766
Calcium, Ca	S3766
Total lipid (fat)	S3766

NDB No. 18634 PILLSBURY Golden Layer Buttermilk Biscuits, Artificial Flavor, refrigerated dough

Energy	S3766
Carbohydrate, by difference	S3766
Iron, Fe	S3766
Protein	S3766
Ash	S3766
Sodium, Na	S3766
Total lipid (fat)	S3766
Sugars, total	S3766
Fatty acids, total saturated	S3766
Cholesterol	S3766
Water	S3766

NDB No. 18634 PILLSBURY Golden Layer Buttermilk Biscuits, Artificial Flavor, refrigerated dough

Fiber, total dietary	S3766
Fatty acids, total trans	S3766

NDB No. 18635 PILLSBURY, Cinnamon Rolls with Icing, refrigerated dough

Total lipid (fat)	S3766
Sugars, total	S3766
Fatty acids, total trans	S3766
Protein	S3766
Fatty acids, total saturated	S3766
Carbohydrate, by difference	S3766
Energy	S3766
Sodium, Na	S3766
Ash	S3766
Iron, Fe	S3766
Water	S3766
Fiber, total dietary	S3766
Cholesterol	S3766

NDB No. 18639 GEORGE WESTON BAKERIES, Thomas English Muffins

18:1 undifferentiated	S3764
18:3 undifferentiated	S3764
Total lipid (fat)	S3764
Fatty acids, total monounsaturated	S3764
Fatty acids, total polyunsaturated	S3764
Fatty acids, total saturated	S3764
Calcium, Ca	S3764
Fatty acids, total trans	S3764
Energy	S3764
Sodium, Na	S3764
16:0	S3764
Protein	S3764
Carbohydrate, by difference	S3764
Iron, Fe	S3764
Folate, total	S3764
18:2 undifferentiated	S3764

NDB No. 18640 HEINZ, WEIGHT WATCHER, Chocolate Eclair, frozen

Fiber, total dietary	S3765
Iron, Fe	S3765
Fatty acids, total trans	S3765
Fatty acids, total saturated	S3765
Protein	S3765
Energy	S3765
Total lipid (fat)	S3765
Sugars, total	S3765
Fatty acids, total monounsaturated	S3765
Calcium, Ca	S3765
Cholesterol	S3765
Fatty acids, total polyunsaturated	S3765
Carbohydrate, by difference	S3765
Vitamin A, IU	S3765
Water	S3765
Sodium, Na	S3765
Vitamin C, total ascorbic acid	S3765
Ash	S3765

NDB No. 18927 Crackers, cheese, sandwich-type with cheese filling

Total lipid (fat)	S25
Sucrose	S25
Water	S25
Phosphorus, P	S25
Zinc, Zn	S25
Vitamin C, total ascorbic acid	S25
Pantothenic acid	S25
Choline, total	S25
4:0	S25
18:1 undifferentiated	S25
18:2 undifferentiated	S25
22:6 n-3 (DHA)	S25
14:1	S25
Starch	S25
Sodium, Na	S25
Tocopherol, beta	S25

NDB No. 18927 Crackers, cheese, sandwich-type with cheese filling

Tocopherol, delta	S25
Vitamin K (phylloquinone)	S25
20:0	S25
17:0	S25
Fructose	S25
Vitamin E (alpha-tocopherol)	S25
6:0	S25
8:0	S25
16:0	S25
20:1	S25
22:5 n-3 (DPA)	S25
Glucose (dextrose)	S25
Iron, Fe	S25
Magnesium, Mg	S25
Dihydrophylloquinone	S25
14:0	S25
18:3 undifferentiated	S25
22:1 undifferentiated	S25
Protein	S25
Maltose	S25
Selenium, Se	S25
Thiamin	S25
Niacin	S25
Vitamin B-6	S25
Folate, total	S25
Cholesterol	S25
15:0	S25
Calcium, Ca	S25
Potassium, K	S25
Copper, Cu	S25
20:4 undifferentiated	S25
18:4	S25
24:0	S25
Ash	S25
Lactose	S25
Manganese, Mn	S25
Riboflavin	S25

NDB No. 18927 Crackers, cheese, sandwich-type with cheese filling

10:0	S25
12:0	S25
18:0	S25
16:1 undifferentiated	S25
20:5 n-3 (EPA)	S25
Galactose	S25
Tocopherol, gamma	S25
Vitamin B-12	S25
22:0	S25

NDB No. 18930 USDA Commodity, Bakery, Flour Mix

Protein	S2203
Sucrose	S2203
Riboflavin	S2203
Vitamin B-6	S2203
Vitamin K (phylloquinone)	S2203
22:6 n-3 (DHA)	S2203
Total lipid (fat)	S2203
Starch	S2203
8:0	S2203
20:0	S2203
22:1 undifferentiated	S2203
22:5 n-3 (DPA)	S2203
20:3 undifferentiated	S2203
Fructose	S2203
Fiber, total dietary	S2203
22:0	S2203
18:4	S2203
Fatty acids, total monounsaturated	S2203
17:0	S2203
Ash	S2203
Glucose (dextrose)	S2203
Maltose	S2203
Sodium, Na	S2203
Vitamin C, total ascorbic acid	S2203
Fatty acids, total saturated	S2203

NDB No. 18930 USDA Commodity, Bakery, Flour Mix

10:0	S2203
16:0	S2203
18:1 undifferentiated	S2203
14:1	S2203
20:1	S2203
Fatty acids, total polyunsaturated	S2203
Lactose	S2203
Phosphorus, P	S2203
Potassium, K	S2203
Manganese, Mn	S2203
14:0	S2203
18:3 undifferentiated	S2203
15:0	S2203
17:1	S2203
15:1	S2203
Zinc, Zn	S2203
Copper, Cu	S2203
Thiamin	S2203
Dihydrophylloquinone	S2203
Water	S2203
Calcium, Ca	S2203
Pantothenic acid	S2203
18:2 undifferentiated	S2203
16:1 undifferentiated	S2203
24:0	S2203
20:2 n-6 c,c	S2203
Iron, Fe	S2203
Magnesium, Mg	S2203
Selenium, Se	S2203
12:0	S2203
18:0	S2203
20:4 undifferentiated	S2203
20:5 n-3 (EPA)	S2203

NDB No. 18931 USDA Commodity, Bakery , Flour Mix Low-fat

Total lipid (fat)	S2203

NDB No. 18931 USDA Commodity, Bakery , Flour Mix Low-fat

Zinc, Zn	S2203
12:0	S2203
20:4 undifferentiated	S2203
14:1	S2203
20:1	S2203
17:0	S2203
Ash	S2203
Lactose	S2203
Copper, Cu	S2203
Vitamin B-6	S2203
16:1 undifferentiated	S2203
18:4	S2203
20:5 n-3 (EPA)	S2203
Fatty acids, total monounsaturated	S2203
24:0	S2203
15:1	S2203
Fructose	S2203
Potassium, K	S2203
Sodium, Na	S2203
Fatty acids, total saturated	S2203
10:0	S2203
Glucose (dextrose)	S2203
Manganese, Mn	S2203
Selenium, Se	S2203
Pantothenic acid	S2203
18:1 undifferentiated	S2203
Sucrose	S2203
Water	S2203
Phosphorus, P	S2203
Vitamin C, total ascorbic acid	S2203
8:0	S2203
18:0	S2203
22:6 n-3 (DHA)	S2203
Fiber, total dietary	S2203
Calcium, Ca	S2203
Magnesium, Mg	S2203
Thiamin	S2203

NDB No. 18931 USDA Commodity, Bakery , Flour Mix Low-fat

14:0	S2203
20:0	S2203
22:5 n-3 (DPA)	S2203
20:2 n-6 c,c	S2203
Maltose	S2203
Riboflavin	S2203
16:0	S2203
18:2 undifferentiated	S2203
18:3 undifferentiated	S2203
Fatty acids, total polyunsaturated	S2203
15:0	S2203
20:3 undifferentiated	S2203
Protein	S2203
Starch	S2203
22:0	S2203
22:1 undifferentiated	S2203
17:1	S2203

NDB No. 18932 Waffles, buttermilk, frozen, ready-to-heat

Ash	S27
Lactose	S27
Sodium, Na	S27
Zinc, Zn	S27
Selenium, Se	S27
18:3 n-6 c,c,c	S27
Magnesium, Mg	S27
Tocopherol, delta	S27
Dihydrophylloquinone	S27
Vitamin K (phylloquinone)	S27
Cholesterol	S27
12:0	S27
20:4 undifferentiated	S27
14:1	S27
17:0	S27
15:1	S27
Starch	S27

NDB No. 18932 Waffles, buttermilk, frozen, ready-to-heat

Sugars, total	S27
Iron, Fe	S27
Vitamin C, total ascorbic acid	S27
Folate, food	S27
20:0	S27
Fatty acids, total monounsaturated	S27
Fiber, total dietary	S27
Phosphorus, P	S27
Copper, Cu	S27
Manganese, Mn	S27
Vitamin E (alpha-tocopherol)	S27
Niacin	S27
Pantothenic acid	S27
8:0	S27
10:0	S27
16:0	S27
18:0	S27
20:2 n-6 c,c	S27
20:3 undifferentiated	S27
Glucose (dextrose)	S27
Calcium, Ca	S27
Thiamin	S27
Vitamin B-6	S27
Fatty acids, total saturated	S27
18:1 undifferentiated	S27
Fatty acids, total polyunsaturated	S27
Protein	S27
Sucrose	S27
Fructose	S27
Maltose	S27
Retinol	S27
Tocopherol, gamma	S27
Riboflavin	S27
Folate, total	S27
Vitamin B-12	S27
14:0	S27
22:0	S27

NDB No. 18932 Waffles, buttermilk, frozen, ready-to-heat

20:1	S27
Total lipid (fat)	S27
Galactose	S27
Potassium, K	S27
Tocopherol, beta	S27
Folic acid	S27
18:3 undifferentiated	S27
17:1	S27
Water	S27
18:2 undifferentiated	S27
16:1 undifferentiated	S27
15:0	S27

NDB No. 18933 Waffle, buttermilk, frozen, ready-to-heat, toasted

Maltose	S27
10:0	S27
18:0	S27
18:3 n-6 c,c,c	S27
Retinol	S27
Thiamin	S27
Riboflavin	S27
Fatty acids, total saturated	S27
22:0	S27
Fatty acids, total polyunsaturated	S27
17:1	S27
Protein	S27
Ash	S27
Starch	S27
Galactose	S27
Pantothenic acid	S27
Vitamin B-6	S27
Cholesterol	S27
12:0	S27
20:0	S27
20:2 n-6 c,c	S27
Sucrose	S27

NDB No. 18933 Waffle, buttermilk, frozen, ready-to-heat, toasted

Fiber, total dietary	S27
Calcium, Ca	S27
Potassium, K	S27
Selenium, Se	S27
Folic acid	S27
8:0	S27
18:1 undifferentiated	S27
Water	S27
Vitamin C, total ascorbic acid	S27
Folate, food	S27
18:2 undifferentiated	S27
18:3 undifferentiated	S27
20:4 undifferentiated	S27
20:1	S27
Glucose (dextrose)	S27
Fructose	S27
Vitamin E (alpha-tocopherol)	S27
Vitamin B-12	S27
14:1	S27
16:1 undifferentiated	S27
Fatty acids, total monounsaturated	S27
17:0	S27
20:3 undifferentiated	S27
Total lipid (fat)	S27
Iron, Fe	S27
Magnesium, Mg	S27
Vitamin K (phylloquinone)	S27
14:0	S27
15:0	S27
Lactose	S27
Sugars, total	S27
Phosphorus, P	S27
Sodium, Na	S27
Zinc, Zn	S27
Copper, Cu	S27
Manganese, Mn	S27
Niacin	S27

NDB No. 18933 Waffle, buttermilk, frozen, ready-to-heat, toasted

Folate, total	S27
16:0	S27
15:1	S27

NDB No. 18934 Waffle, buttermilk, frozen, ready-to-heat, microwaved

Ash	S27
Tocopherol, beta	S27
Riboflavin	S27
Fatty acids, total saturated	S27
20:4 undifferentiated	S27
Starch	S27
Galactose	S27
Manganese, Mn	S27
Tocopherol, gamma	S27
Vitamin C, total ascorbic acid	S27
Pantothenic acid	S27
Folate, total	S27
16:0	S27
18:2 undifferentiated	S27
18:3 n-6 c,c,c	S27
17:1	S27
15:1	S27
Lactose	S27
Vitamin K (phylloquinone)	S27
18:3 undifferentiated	S27
Protein	S27
Total lipid (fat)	S27
Water	S27
Sugars, total	S27
Iron, Fe	S27
Phosphorus, P	S27
Copper, Cu	S27
Selenium, Se	S27
Vitamin B-12	S27
14:0	S27
14:1	S27

NDB No. 18934 Waffle, buttermilk, frozen, ready-to-heat, microwaved

Fatty acids, total polyunsaturated	S27
Glucose (dextrose)	S27
Maltose	S27
Potassium, K	S27
Folic acid	S27
Folate, food	S27
Cholesterol	S27
12:0	S27
18:1 undifferentiated	S27
15:0	S27
20:2 n-6 c,c	S27
Sucrose	S27
Calcium, Ca	S27
Magnesium, Mg	S27
Retinol	S27
Thiamin	S27
17:0	S27
20:3 undifferentiated	S27
Vitamin E (alpha-tocopherol)	S27
Vitamin B-6	S27
18:0	S27
22:0	S27
20:1	S27
Fatty acids, total monounsaturated	S27
Fructose	S27
Fiber, total dietary	S27
Sodium, Na	S27
Zinc, Zn	S27
Tocopherol, delta	S27
Niacin	S27
Dihydrophylloquinone	S27
8:0	S27
10:0	S27
20:0	S27
16:1 undifferentiated	S27

NDB No. 18935 Waffle, plain, frozen, ready-to-heat, microwave

Maltose	S27
Riboflavin	S27
Vitamin B-6	S27
Dihydrophylloquinone	S27
Total lipid (fat)	S27
Glucose (dextrose)	S27
Fiber, total dietary	S27
Tocopherol, gamma	S27
8:0	S27
16:1 undifferentiated	S27
Fatty acids, total monounsaturated	S27
Lactose	S27
Sugars, total	S27
Iron, Fe	S27
Copper, Cu	S27
Selenium, Se	S27
Folate, total	S27
Fatty acids, total saturated	S27
12:0	S27
18:3 n-6 c,c,c	S27
Sucrose	S27
Niacin	S27
Vitamin K (phylloquinone)	S27
Cholesterol	S27
20:0	S27
18:3 undifferentiated	S27
20:4 undifferentiated	S27
14:1	S27
20:3 undifferentiated	S27
Protein	S27
Water	S27
Galactose	S27
Calcium, Ca	S27
Phosphorus, P	S27
Zinc, Zn	S27
14:0	S27
18:0	S27

NDB No. 18935 Waffle, plain, frozen, ready-to-heat, microwave

17:0	S27
Starch	S27
Magnesium, Mg	S27
Vitamin E (alpha-tocopherol)	S27
Tocopherol, beta	S27
Vitamin B-12	S27
10:0	S27
16:0	S27
22:0	S27
20:1	S27
20:2 n-6 c,c	S27
Fructose	S27
Potassium, K	S27
Sodium, Na	S27
Tocopherol, delta	S27
Pantothenic acid	S27
Folic acid	S27
18:2 undifferentiated	S27
Fatty acids, total polyunsaturated	S27
15:0	S27
17:1	S27
15:1	S27
Ash	S27
Manganese, Mn	S27
Thiamin	S27
Folate, food	S27
18:1 undifferentiated	S27

NDB No. 18936 Pancakes, plain, frozen, ready-to-heat, microwave (includes buttermilk)

Sucrose	S27
Manganese, Mn	S27
Selenium, Se	S27
Thiamin	S27
Folate, total	S27
Folate, food	S27
10:0	S27

NDB No. 18936 Pancakes, plain, frozen, ready-to-heat, microwave (includes buttermilk)

12:0	S27
18:3 undifferentiated	S27
17:0	S27
Glucose (dextrose)	S27
Sodium, Na	S27
Copper, Cu	S27
Protein	S27
Total lipid (fat)	S27
Starch	S27
Galactose	S27
Tocopherol, delta	S27
Dihydrophylloquinone	S27
8:0	S27
20:0	S27
18:1 undifferentiated	S27
Ash	S27
Fiber, total dietary	S27
Retinol	S27
Vitamin E (alpha-tocopherol)	S27
Tocopherol, gamma	S27
Choline, total	S27
14:0	S27
14:1	S27
20:1	S27
15:0	S27
17:1	S27
20:3 undifferentiated	S27
Fructose	S27
Sugars, total	S27
Potassium, K	S27
Tocopherol, beta	S27
Vitamin K (phylloquinone)	S27
18:0	S27
22:0	S27
20:2 n-6 c,c	S27
Lactose	S27
Iron, Fe	S27

NDB No. 18936 Pancakes, plain, frozen, ready-to-heat, microwave (includes buttermilk)

Phosphorus, P	S27
Niacin	S27
16:0	S27
Riboflavin	S27
Fatty acids, total saturated	S27
20:4 undifferentiated	S27
Maltose	S27
Water	S27
Calcium, Ca	S27
Magnesium, Mg	S27
Zinc, Zn	S27
Pantothenic acid	S27
Vitamin B-6	S27
Folic acid	S27
18:2 undifferentiated	S27
16:1 undifferentiated	S27
Fatty acids, total monounsaturated	S27
Fatty acids, total polyunsaturated	S27
18:3 n-6 c,c,c	S27
15:1	S27

NDB No. 18938 Toaster Pastries, fruit, frosted (include apples, blueberry, cherry, strawberry)

Galactose	S1164
Riboflavin	S1164
Vitamin B-6	S1164
6:0	S1164
8:0	S1164
10:0	S1164
12:0	S1164
20:0	S1164
20:4 undifferentiated	S1164
22:0	S1164
22:1 undifferentiated	S1164
Sucrose	S1164
Fiber, total dietary	S1164
Potassium, K	S1164

NDB No. 18938 Toaster Pastries, fruit, frosted (include apples, blueberry, cherry, strawberry)

Sodium, Na	S1164
Manganese, Mn	S1164
4:0	S1164
18:2 undifferentiated	S1164
24:0	S1164
17:1	S1164
20:3 undifferentiated	S1164
Magnesium, Mg	S1164
Carotene, beta	S1164
Niacin	S1164
Folic acid	S1164
14:1	S1164
15:0	S1164
15:1	S1164
Total lipid (fat)	S1164
Lactose	S1164
Maltose	S1164
Iron, Fe	S1164
Retinol	S1164
Vitamin E (alpha-tocopherol)	S1164
Folate, food	S1164
18:3 undifferentiated	S1164
20:1	S1164
20:5 n-3 (EPA)	S1164
13:0	S1164
Ash	S1164
Glucose (dextrose)	S1164
Fructose	S1164
Water	S1164
Cryptoxanthin, beta	S1164
Folate, total	S1164
Vitamin K (phylloquinone)	S1164
18:0	S1164
18:1 undifferentiated	S1164
Carotene, alpha	S1164
17:0	S1164
Calcium, Ca	S1164

NDB No. 18938 Toaster Pastries, fruit, frosted (include apples, blueberry, cherry, strawberry)

Phosphorus, P	S1164
Zinc, Zn	S1164
Lycopene	S1164
Choline, total	S1164
16:0	S1164
20:2 n-6 c,c	S1164
Protein	S1164
Sugars, total	S1164
Copper, Cu	S1164
Selenium, Se	S1164
Vitamin C, total ascorbic acid	S1164
Thiamin	S1164
Pantothenic acid	S1164
Hydroxyproline	S1164
14:0	S1164
22:6 n-3 (DHA)	S1164
16:1 undifferentiated	S1164

NDB No. 18939 Toaster pastries, fruit, toasted (include apple, blueberry, cherry, strawberry)

Protein	S1164
Magnesium, Mg	S1164
Carotene, beta	S1164
Cryptoxanthin, beta	S1164
Lycopene	S1164
Folic acid	S1164
14:1	S1164
20:1	S1164
Fatty acids, total monounsaturated	S1164
20:3 undifferentiated	S1164
Water	S1164
Manganese, Mn	S1164
Carotene, alpha	S1164
Vitamin E (alpha-tocopherol)	S1164
Vitamin C, total ascorbic acid	S1164
14:0	S1164
20:0	S1164

NDB No. 18939 Toaster pastries, fruit, toasted (include apple, blueberry, cherry, strawberry)

Starch	S1164
Sugars, total	S1164
Iron, Fe	S1164
Retinol	S1164
16:0	S1164
Fatty acids, total polyunsaturated	S1164
13:0	S1164
Fiber, total dietary	S1164
Zinc, Zn	S1164
Vitamin K (phylloquinone)	S1164
Fatty acids, total saturated	S1164
6:0	S1164
18:0	S1164
18:3 undifferentiated	S1164
22:6 n-3 (DHA)	S1164
22:0	S1164
22:1 undifferentiated	S1164
20:2 n-6 c,c	S1164
18:3 n-6 c,c,c	S1164
Phosphorus, P	S1164
Niacin	S1164
Vitamin B-6	S1164
12:0	S1164
20:4 undifferentiated	S1164
Sodium, Na	S1164
Riboflavin	S1164
Pantothenic acid	S1164
Folate, total	S1164
Folate, food	S1164
18:1 undifferentiated	S1164
20:5 n-3 (EPA)	S1164
24:0	S1164
15:1	S1164
Potassium, K	S1164
Thiamin	S1164
8:0	S1164
18:2 undifferentiated	S1164

NDB No. 18939 Toaster pastries, fruit, toasted (include apple, blueberry, cherry, strawberry)

15:0	S1164
17:1	S1164
18:3 n-3 c,c,c (ALA)	S1164
Total lipid (fat)	S1164
Ash	S1164
Calcium, Ca	S1164
Copper, Cu	S1164
Selenium, Se	S1164
4:0	S1164
10:0	S1164
16:1 undifferentiated	S1164
17:0	S1164

NDB No. 18942 Pie Crust, Cookie-type, Graham Cracker, Ready Crust

Glucose (dextrose)	S2741
Zinc, Zn	S2741
18:3 undifferentiated	S2741
22:0	S2741
18:4	S2741
20:1	S2741
Water	S2741
Manganese, Mn	S2741
Thiamin	S2741
Pantothenic acid	S2741
Fatty acids, total saturated	S2741
4:0	S2741
14:0	S2741
Folate, total	S2741
Choline, total	S2741
8:0	S2741
16:0	S2741
20:4 undifferentiated	S2741
22:5 n-3 (DPA)	S2741
15:0	S2741

NDB No. 18942 Pie Crust, Cookie-type, Graham Cracker, Ready Crust

Total lipid (fat)	S2741
Calcium, Ca	S2741
Phosphorus, P	S2741
Potassium, K	S2741
Vitamin K (phylloquinone)	S2741
20:0	S2741
18:1 undifferentiated	S2741
22:6 n-3 (DHA)	S2741
Lactose	S2741
Vitamin E (alpha-tocopherol)	S2741
Folic acid	S2741
12:0	S2741
16:1 undifferentiated	S2741
Fatty acids, total polyunsaturated	S2741
Maltose	S2741
Niacin	S2741
6:0	S2741
10:0	S2741
17:0	S2741
Protein	S2741
Magnesium, Mg	S2741
Sodium, Na	S2741
Riboflavin	S2741
Betaine	S2741
18:2 undifferentiated	S2741
Fatty acids, total monounsaturated	S2741
Ash	S2741
Starch	S2741
Sucrose	S2741
Fructose	S2741
Fiber, total dietary	S2741
Iron, Fe	S2741
Copper, Cu	S2741
Selenium, Se	S2741

NDB No. 18942 Pie Crust, Cookie-type, Graham Cracker, Ready Crust

Vitamin B-6	S2741
Folate, food	S2741
18:0	S2741
20:5 n-3 (EPA)	S2741
22:1 undifferentiated	S2741

NDB No. 18943 Pie Crust, Cookie-type, Chocolate, Ready Crust

Folate, total	S2741
Water	S2741
Potassium, K	S2741
Choline, total	S2741
4:0	S2741
18:1 undifferentiated	S2741
20:5 n-3 (EPA)	S2741
Protein	S2741
Iron, Fe	S2741
Niacin	S2741
18:2 undifferentiated	S2741
18:3 undifferentiated	S2741
22:0	S2741
15:0	S2741
Theobromine	S2741
Calcium, Ca	S2741
Selenium, Se	S2741
Thiamin	S2741
Vitamin K (phylloquinone)	S2741
22:6 n-3 (DHA)	S2741
16:1 undifferentiated	S2741
20:1	S2741
Phosphorus, P	S2741
Sodium, Na	S2741
Vitamin E (alpha-tocopherol)	S2741
10:0	S2741
Total lipid (fat)	S2741

NDB No. 18943 Pie Crust, Cookie-type, Chocolate, Ready Crust

Fiber, total dietary	S2741
Magnesium, Mg	S2741
Riboflavin	S2741
Pantothenic acid	S2741
Vitamin B-6	S2741
Menaquinone-4	S2741
Folic acid	S2741
16:0	S2741
18:0	S2741
20:4 undifferentiated	S2741
Ash	S2741
Copper, Cu	S2741
8:0	S2741
12:0	S2741
18:4	S2741
17:0	S2741
Starch	S2741
Zinc, Zn	S2741
Manganese, Mn	S2741
Folate, food	S2741
Betaine	S2741
6:0	S2741
14:0	S2741
20:0	S2741
22:1 undifferentiated	S2741
22:5 n-3 (DPA)	S2741

NDB No. 18944 Pie, Dutch Apple, Commercially Prepared

Glucose (dextrose)	S4481
Calcium, Ca	S4481
Choline, total	S4481
Methionine	S4481
Cystine	S4481
Phenylalanine	S4481
Valine	S4481
Serine	S4481

NDB No. 18944 Pie, Dutch Apple, Commercially Prepared

16:0	S4481
18:0	S4481
18:3 undifferentiated	S4481
22:6 n-3 (DHA)	S4481
16:1 undifferentiated	S4481
17:0	S4481
20:3 undifferentiated	S4481
Protein	S4481
Sodium, Na	S4481
Tocopherol, beta	S4481
Thiamin	S4481
Niacin	S4481
Folate, food	S4481
Isoleucine	S4481
Aspartic acid	S4481
17:1	S4481
15:1	S4481
21:5	S4481
22:4	S4481
Total lipid (fat)	S4481
Lactose	S4481
Zinc, Zn	S4481
Manganese, Mn	S4481
Tocopherol, gamma	S4481
Riboflavin	S4481
Glutamic acid	S4481
14:0	S4481
22:0	S4481
18:4	S4481
Sucrose	S4481
Maltose	S4481
Iron, Fe	S4481
Vitamin E (alpha-tocopherol)	S4481
Arginine	S4481
Alanine	S4481
8:0	S4481
12:0	S4481

NDB No. 18944 Pie, Dutch Apple, Commercially Prepared

18:2 undifferentiated	S4481
20:1	S4481
24:0	S4481
Fiber, total dietary	S4481
Phosphorus, P	S4481
Menaquinone-4	S4481
Vitamin K (phylloquinone)	S4481
Tyrosine	S4481
Glycine	S4481
Proline	S4481
Cholesterol	S4481
18:1 undifferentiated	S4481
22:1 undifferentiated	S4481
Fructose	S4481
Water	S4481
Tocopherol, delta	S4481
Pantothenic acid	S4481
Vitamin B-6	S4481
Threonine	S4481
Lysine	S4481
Histidine	S4481
22:5 n-3 (DPA)	S4481
24:1 c	S4481
20:2 n-6 c,c	S4481
Ash	S4481
Magnesium, Mg	S4481
Copper, Cu	S4481
Vitamin C, total ascorbic acid	S4481
Folic acid	S4481
Betaine	S4481
10:0	S4481
20:0	S4481
20:5 n-3 (EPA)	S4481
Starch	S4481
Potassium, K	S4481
Selenium, Se	S4481
Folate, total	S4481

NDB No. 18944 Pie, Dutch Apple, Commercially Prepared

Tryptophan	S4481
Leucine	S4481
20:4 undifferentiated	S4481
14:1	S4481
15:0	S4481

NDB No. 18945 Pie crust, deep dish, frozen, unbaked, made with enriched flour

Water	S2702
Zinc, Zn	S2702
Tocopherol, gamma	S2702
Tocopherol, delta	S2702
Vitamin B-6	S2702
Folate, food	S2702
Alanine	S2702
Aspartic acid	S2702
Glycine	S2702
Hydroxyproline	S2702
18:2 undifferentiated	S2702
20:4 undifferentiated	S2702
22:0	S2702
18:3 n-6 c,c,c	S2702
17:1	S2702
18:3 n-3 c,c,c (ALA)	S2702
Calcium, Ca	S2702
Phosphorus, P	S2702
Manganese, Mn	S2702
Selenium, Se	S2702
Dihydrophylloquinone	S2702
Threonine	S2702
Cystine	S2702
14:0	S2702
18:0	S2702
14:1	S2702
16:1 undifferentiated	S2702
Fatty acids, total polyunsaturated	S2702
Fiber, total dietary	S2702

NDB No. 18945 Pie crust, deep dish, frozen, unbaked, made with enriched flour

Magnesium, Mg	S2702
Vitamin E (alpha-tocopherol)	S2702
Thiamin	S2702
Riboflavin	S2702
Pantothenic acid	S2702
Menaquinone-4	S2702
Folic acid	S2702
Isoleucine	S2702
18:3 undifferentiated	S2702
15:0	S2702
17:0	S2702
15:1	S2702
Total lipid (fat)	S2702
Ash	S2702
Starch	S2702
Iron, Fe	S2702
Folate, total	S2702
Vitamin B-12	S2702
Tryptophan	S2702
Leucine	S2702
Histidine	S2702
Fatty acids, total saturated	S2702
18:1 undifferentiated	S2702
Sodium, Na	S2702
Methionine	S2702
Arginine	S2702
Serine	S2702
8:0	S2702
Potassium, K	S2702
Copper, Cu	S2702
Tocopherol, beta	S2702
Phenylalanine	S2702
Tyrosine	S2702
12:0	S2702
20:0	S2702
20:1	S2702
Fatty acids, total monounsaturated	S2702

NDB No. 18945 Pie crust, deep dish, frozen, unbaked, made with enriched flour

Protein	S2702
Niacin	S2702
Vitamin K (phylloquinone)	S2702
Lysine	S2702
Valine	S2702
Glutamic acid	S2702
10:0	S2702
16:0	S2702
Proline	S2702
20:2 n-6 c,c	S2702
20:3 undifferentiated	S2702

NDB No. 18946 Pie crust, refrigerated, regular, baked

Tocopherol, gamma	S2702
Riboflavin	S2702
Dihydrophylloquinone	S2702
Vitamin K (phylloquinone)	S2702
Phenylalanine	S2702
10:0	S2702
18:2 undifferentiated	S2702
18:3 n-3 c,c,c (ALA)	S2702
Total lipid (fat)	S2702
Vitamin E (alpha-tocopherol)	S2702
Vitamin B-6	S2702
Tryptophan	S2702
Isoleucine	S2702
Fatty acids, total saturated	S2702
20:1	S2702
15:0	S2702
20:2 n-6 c,c	S2702
20:3 undifferentiated	S2702
Water	S2702
Fiber, total dietary	S2702
Iron, Fe	S2702
Phosphorus, P	S2702
Sodium, Na	S2702

NDB No. 18946 Pie crust, refrigerated, regular, baked

Zinc, Zn	S2702
Manganese, Mn	S2702
Tocopherol, delta	S2702
Lysine	S2702
Cystine	S2702
Arginine	S2702
18:0	S2702
18:1 undifferentiated	S2702
22:0	S2702
14:1	S2702
Copper, Cu	S2702
Niacin	S2702
Menaquinone-4	S2702
Threonine	S2702
Valine	S2702
Histidine	S2702
Alanine	S2702
16:0	S2702
20:0	S2702
18:3 undifferentiated	S2702
16:1 undifferentiated	S2702
Fatty acids, total monounsaturated	S2702
Folic acid	S2702
Leucine	S2702
Hydroxyproline	S2702
12:0	S2702
Calcium, Ca	S2702
Selenium, Se	S2702
Pantothenic acid	S2702
Folate, total	S2702
Vitamin B-12	S2702
Tyrosine	S2702
Glutamic acid	S2702
Serine	S2702
14:0	S2702
Fatty acids, total polyunsaturated	S2702
18:3 n-6 c,c,c	S2702

NDB No. 18946 Pie crust, refrigerated, regular, baked

15:1	S2702
Protein	S2702
Ash	S2702
Starch	S2702
Potassium, K	S2702
Folate, food	S2702
Glycine	S2702
Proline	S2702
8:0	S2702
17:0	S2702
Magnesium, Mg	S2702
Tocopherol, beta	S2702
Thiamin	S2702
Methionine	S2702
Aspartic acid	S2702
20:4 undifferentiated	S2702
17:1	S2702

NDB No. 18947 Pie crust, deep dish, frozen, baked, made with enriched flour

Copper, Cu	S2702
Vitamin B-6	S2702
Leucine	S2702
Lysine	S2702
Alanine	S2702
Serine	S2702
Hydroxyproline	S2702
18:2 undifferentiated	S2702
14:1	S2702
17:0	S2702
Water	S2702
Iron, Fe	S2702
Zinc, Zn	S2702
Selenium, Se	S2702
Tocopherol, beta	S2702
Dihydrophylloquinone	S2702
Cystine	S2702

NDB No. 18947 Pie crust, deep dish, frozen, baked, made with enriched flour

Fatty acids, total monounsaturated	S2702
Starch	S2702
Sodium, Na	S2702
Thiamin	S2702
Folate, total	S2702
Tryptophan	S2702
Threonine	S2702
Arginine	S2702
Aspartic acid	S2702
20:4 undifferentiated	S2702
Fatty acids, total polyunsaturated	S2702
18:3 n-3 c,c,c (ALA)	S2702
Calcium, Ca	S2702
Manganese, Mn	S2702
Niacin	S2702
Vitamin K (phylloquinone)	S2702
Methionine	S2702
Phenylalanine	S2702
Glutamic acid	S2702
8:0	S2702
18:1 undifferentiated	S2702
Total lipid (fat)	S2702
Ash	S2702
Fiber, total dietary	S2702
Potassium, K	S2702
Tocopherol, delta	S2702
Menaquinone-4	S2702
16:0	S2702
16:1 undifferentiated	S2702
15:1	S2702
Protein	S2702
Riboflavin	S2702
Folate, food	S2702
Isoleucine	S2702
Valine	S2702
12:0	S2702
14:0	S2702

NDB No. 18947 Pie crust, deep dish, frozen, baked, made with enriched flour

18:0	S2702
18:3 undifferentiated	S2702
20:1	S2702
17:1	S2702
Magnesium, Mg	S2702
Tocopherol, gamma	S2702
Pantothenic acid	S2702
Vitamin B-12	S2702
Tyrosine	S2702
Proline	S2702
Fatty acids, total saturated	S2702
15:0	S2702
20:2 n-6 c,c	S2702
18:3 n-6 c,c,c	S2702
Phosphorus, P	S2702
Vitamin E (alpha-tocopherol)	S2702
Folic acid	S2702
Histidine	S2702
Glycine	S2702
10:0	S2702
20:0	S2702
22:0	S2702
20:3 undifferentiated	S2702

NDB No. 18948 Pie crust, refrigerated, regular, unbaked

Protein	S2702
Iron, Fe	S2702
Zinc, Zn	S2702
Vitamin E (alpha-tocopherol)	S2702
Riboflavin	S2702
Folate, total	S2702
Vitamin B-12	S2702
Folic acid	S2702
Leucine	S2702
Cystine	S2702
Tyrosine	S2702

NDB No. 18948 Pie crust, refrigerated, regular, unbaked

Arginine	S2702
Histidine	S2702
8:0	S2702
18:0	S2702
22:0	S2702
20:1	S2702
20:3 undifferentiated	S2702
Total lipid (fat)	S2702
Thiamin	S2702
Niacin	S2702
16:0	S2702
15:1	S2702
18:3 n-3 c,c,c (ALA)	S2702
Selenium, Se	S2702
Tryptophan	S2702
Aspartic acid	S2702
20:0	S2702
Sodium, Na	S2702
Methionine	S2702
Glutamic acid	S2702
14:0	S2702
18:2 undifferentiated	S2702
14:1	S2702
Fatty acids, total polyunsaturated	S2702
Fiber, total dietary	S2702
Magnesium, Mg	S2702
Phosphorus, P	S2702
Manganese, Mn	S2702
Dihydrophylloquinone	S2702
Vitamin K (phylloquinone)	S2702
Valine	S2702
Alanine	S2702
Serine	S2702
10:0	S2702
Starch	S2702
Water	S2702
Calcium, Ca	S2702

NDB No. 18948 Pie crust, refrigerated, regular, unbaked

Potassium, K	S2702
Tocopherol, delta	S2702
Pantothenic acid	S2702
Threonine	S2702
Glycine	S2702
12:0	S2702
17:0	S2702
18:3 n-6 c,c,c	S2702
Ash	S2702
Tocopherol, gamma	S2702
Isoleucine	S2702
Proline	S2702
Fatty acids, total saturated	S2702
16:1 undifferentiated	S2702
Fatty acids, total monounsaturated	S2702
20:2 n-6 c,c	S2702
Copper, Cu	S2702
Tocopherol, beta	S2702
Vitamin B-6	S2702
Menaquinone-4	S2702
Folate, food	S2702
Lysine	S2702
Phenylalanine	S2702
Hydroxyproline	S2702
18:1 undifferentiated	S2702
18:3 undifferentiated	S2702
20:4 undifferentiated	S2702
15:0	S2702

NDB No. 18949 Crackers, whole-wheat, reduced fat

Total lipid (fat)	S3559
Ash	S3559
Selenium, Se	S3559
Tocopherol, beta	S3559
Isoleucine	S3559
Leucine	S3559

NDB No. 18949 Crackers, whole-wheat, reduced fat

Phenylalanine	S3559
4:0	S3559
6:0	S3559
18:0	S3559
16:1 undifferentiated	S3559
18:2 n-6 c,c	S3559
20:3 undifferentiated	S3559
Vitamin B-12	S3559
Tryptophan	S3559
Aspartic acid	S3559
18:4	S3559
18:3 n-6 c,c,c	S3559
Fatty acids, total trans-monoenoic	S3559
15:1	S3559
Protein	S3559
Fructose	S3559
Manganese, Mn	S3559
Threonine	S3559
Fatty acids, total saturated	S3559
8:0	S3559
14:0	S3559
16:0	S3559
22:6 n-3 (DHA)	S3559
20:1	S3559
15:0	S3559
22:1 c	S3559
20:3 n-6	S3559
Magnesium, Mg	S3559
Sodium, Na	S3559
Copper, Cu	S3559
Thiamin	S3559
Dihydrophylloquinone	S3559
Methionine	S3559
10:0	S3559
20:4 undifferentiated	S3559
Fatty acids, total monounsaturated	S3559

NDB No. 18949 Crackers, whole-wheat, reduced fat

24:0	S3559
16:1 t	S3559
18:1 t	S3559
16:1 c	S3559
Fatty acids, total trans-polyenoic	S3559
Water	S3559
Fiber, total dietary	S3559
Potassium, K	S3559
Vitamin E (alpha-tocopherol)	S3559
Tocopherol, gamma	S3559
Tocopherol, delta	S3559
Lysine	S3559
Histidine	S3559
Fatty acids, total trans	S3559
20:5 n-3 (EPA)	S3559
18:2 t not further defined	S3559
24:1 c	S3559
20:2 n-6 c,c	S3559
Glucose (dextrose)	S3559
Lactose	S3559
Sugars, total	S3559
Galactose	S3559
Zinc, Zn	S3559
Pantothenic acid	S3559
Vitamin B-6	S3559
Vitamin K (phylloquinone)	S3559
Cystine	S3559
17:1	S3559
18:3 n-3 c,c,c (ALA)	S3559
20:3 n-3	S3559
Starch	S3559
Maltose	S3559
Calcium, Ca	S3559
Iron, Fe	S3559
Phosphorus, P	S3559
Menaquinone-4	S3559
Tyrosine	S3559

NDB No. 18949 Crackers, whole-wheat, reduced fat

Valine	S3559
Arginine	S3559
Alanine	S3559
Glutamic acid	S3559
Glycine	S3559
Proline	S3559
12:0	S3559
20:0	S3559
18:1 undifferentiated	S3559
18:2 undifferentiated	S3559
18:3 undifferentiated	S3559
Fatty acids, total polyunsaturated	S3559
17:0	S3559
18:2 CLAs	S3559
Sucrose	S3559
Riboflavin	S3559
Niacin	S3559
Serine	S3559
22:0	S3559
14:1	S3559
22:1 undifferentiated	S3559
22:5 n-3 (DPA)	S3559
22:1 t	S3559
18:1 c	S3559
22:4	S3559

NDB No. 18950 Crackers, wheat, reduced fat

Protein	S3559
Potassium, K	S3559
Dihydrophylloquinone	S3559
Threonine	S3559
Glycine	S3559
20:4 undifferentiated	S3559
14:1	S3559
22:1 undifferentiated	S3559
16:1 t	S3559

NDB No. 18950 Crackers, wheat, reduced fat

20:2 n-6 c,c	S3559
Ash	S3559
Lactose	S3559
Iron, Fe	S3559
Zinc, Zn	S3559
Manganese, Mn	S3559
Menaquinone-4	S3559
Lysine	S3559
Tyrosine	S3559
Proline	S3559
12:0	S3559
22:6 n-3 (DHA)	S3559
18:1 t	S3559
24:1 c	S3559
17:1	S3559
20:3 n-3	S3559
Maltose	S3559
Selenium, Se	S3559
Methionine	S3559
6:0	S3559
8:0	S3559
18:2 undifferentiated	S3559
22:1 c	S3559
Sucrose	S3559
Galactose	S3559
Fiber, total dietary	S3559
Calcium, Ca	S3559
Magnesium, Mg	S3559
Pantothenic acid	S3559
Leucine	S3559
Cystine	S3559
Phenylalanine	S3559
Fatty acids, total saturated	S3559
18:4	S3559
17:0	S3559
18:1 c	S3559
18:3 n-6 c,c,c	S3559

NDB No. 18950 Crackers, wheat, reduced fat

15:1	S3559
18:3 n-3 c,c,c (ALA)	S3559
Glucose (dextrose)	S3559
Water	S3559
Sodium, Na	S3559
Vitamin B-12	S3559
Valine	S3559
Arginine	S3559
Aspartic acid	S3559
Glutamic acid	S3559
4:0	S3559
10:0	S3559
18:1 undifferentiated	S3559
22:0	S3559
Fatty acids, total polyunsaturated	S3559
15:0	S3559
18:2 n-6 c,c	S3559
Starch	S3559
Vitamin B-6	S3559
Tryptophan	S3559
Histidine	S3559
Alanine	S3559
16:0	S3559
16:1 undifferentiated	S3559
Fatty acids, total monounsaturated	S3559
18:2 CLAs	S3559
16:1 c	S3559
Fatty acids, total trans-monoenoic	S3559
Fructose	S3559
Niacin	S3559
Serine	S3559
20:0	S3559
20:1	S3559
20:5 n-3 (EPA)	S3559
22:5 n-3 (DPA)	S3559
22:1 t	S3559

NDB No. 18950 Crackers, wheat, reduced fat

18:2 t not further defined	S3559
Fatty acids, total trans-polyenoic	S3559
Total lipid (fat)	S3559
Sugars, total	S3559
Phosphorus, P	S3559
Copper, Cu	S3559
Thiamin	S3559
Riboflavin	S3559
Vitamin K (phylloquinone)	S3559
Isoleucine	S3559
Fatty acids, total trans	S3559
14:0	S3559
18:0	S3559
18:3 undifferentiated	S3559
24:0	S3559
20:3 undifferentiated	S3559
20:3 n-6	S3559
22:4	S3559

NDB No. 18952 Tostada shells, corn

Water	S3550
Zinc, Zn	S3550
Manganese, Mn	S3550
Fatty acids, total saturated	S3550
12:0	S3550
18:0	S3550
Protein	S3550
Thiamin	S3550
18:2 undifferentiated	S3550
20:4 undifferentiated	S3550
22:0	S3550
18:1 t	S3550
17:1	S3550
Fiber, total dietary	S3550
Calcium, Ca	S3550
Phosphorus, P	S3550

NDB No. 18952 Tostada shells, corn

Pantothenic acid	S3550
16:0	S3550
18:1 undifferentiated	S3550
20:2 n-6 c,c	S3550
Fatty acids, total trans-monoenoic	S3550
Ash	S3550
Selenium, Se	S3550
Niacin	S3550
Vitamin B-6	S3550
Fatty acids, total trans	S3550
18:3 undifferentiated	S3550
16:1 undifferentiated	S3550
20:1	S3550
Potassium, K	S3550
14:0	S3550
20:3 undifferentiated	S3550
Fatty acids, total trans-polyenoic	S3550
Starch	S3550
Fatty acids, total monounsaturated	S3550
Fatty acids, total polyunsaturated	S3550
15:0	S3550
15:1	S3550
Total lipid (fat)	S3550
Iron, Fe	S3550
Magnesium, Mg	S3550
Copper, Cu	S3550
Riboflavin	S3550
8:0	S3550
10:0	S3550
20:0	S3550
14:1	S3550
18:2 t,t	S3550
Sodium, Na	S3550
17:0	S3550
18:3 n-6 c,c,c	S3550
18:3 n-3 c,c,c (ALA)	S3550

NDB No. 18953 Bread, salvadoran sweet cheese (quesadilla salvadorena)

Protein	S3550
Ash	S3550
Fiber, total dietary	S3550
Tocopherol, delta	S3550
Isoleucine	S3550
Lysine	S3550
Proline	S3550
8:0	S3550
14:0	S3550
24:0	S3550
24:1 c	S3550
18:1 c	S3550
18:3 n-6 c,c,c	S3550
22:4	S3550
Selenium, Se	S3550
Vitamin B-6	S3550
Leucine	S3550
Methionine	S3550
Valine	S3550
Alanine	S3550
Aspartic acid	S3550
22:0	S3550
20:5 n-3 (EPA)	S3550
17:0	S3550
18:1 t	S3550
18:2 n-6 c,c	S3550
22:1 c	S3550
17:1	S3550
Starch	S3550
Potassium, K	S3550
Vitamin E (alpha-tocopherol)	S3550
Tocopherol, beta	S3550
Hydroxyproline	S3550
10:0	S3550
20:0	S3550
16:1 t	S3550
15:1	S3550

NDB No. 18953 Bread, salvadoran sweet cheese (quesadilla salvadorena)

Calcium, Ca	S3550
Riboflavin	S3550
Pantothenic acid	S3550
Tyrosine	S3550
Glycine	S3550
Fatty acids, total saturated	S3550
16:0	S3550
18:1 undifferentiated	S3550
18:3 undifferentiated	S3550
22:6 n-3 (DHA)	S3550
14:1	S3550
18:4	S3550
Fatty acids, total trans-monoenoic	S3550
18:3 n-3 c,c,c (ALA)	S3550
Glucose (dextrose)	S3550
Fructose	S3550
Iron, Fe	S3550
Niacin	S3550
Threonine	S3550
Phenylalanine	S3550
Arginine	S3550
Histidine	S3550
Glutamic acid	S3550
18:0	S3550
16:1 undifferentiated	S3550
22:1 undifferentiated	S3550
Fatty acids, total polyunsaturated	S3550
20:3 undifferentiated	S3550
Tocopherol, gamma	S3550
Thiamin	S3550
Cystine	S3550
18:2 undifferentiated	S3550
20:4 undifferentiated	S3550
22:5 n-3 (DPA)	S3550
18:2 CLAs	S3550
16:1 c	S3550
Fatty acids, total trans-polyenoic	S3550

NDB No. 18953 Bread, salvadoran sweet cheese (quesadilla salvadorena)

Sucrose	S3550
Water	S3550
Phosphorus, P	S3550
Zinc, Zn	S3550
Copper, Cu	S3550
Tryptophan	S3550
Serine	S3550
Fatty acids, total trans	S3550
4:0	S3550
6:0	S3550
Fatty acids, total monounsaturated	S3550
18:2 t not further defined	S3550
20:3 n-3	S3550
20:3 n-6	S3550
Total lipid (fat)	S3550
Lactose	S3550
Maltose	S3550
Magnesium, Mg	S3550
Sodium, Na	S3550
Manganese, Mn	S3550
12:0	S3550
20:1	S3550
15:0	S3550
22:1 t	S3550
20:2 n-6 c,c	S3550

NDB No. 18954 Bread, pound cake type, pan de torta salvadoran

Starch	S3550
Glucose (dextrose)	S3550
Sodium, Na	S3550
Vitamin B-6	S3550
20:0	S3550
22:6 n-3 (DHA)	S3550
20:5 n-3 (EPA)	S3550
Total lipid (fat)	S3550
Ash	S3550

NDB No. 18954 Bread, pound cake type, pan de torta salvadoran

Sucrose	S3550
Maltose	S3550
Water	S3550
Selenium, Se	S3550
22:0	S3550
22:5 n-3 (DPA)	S3550
18:2 n-6 c,c	S3550
18:3 n-6 c,c,c	S3550
Fatty acids, total trans-polyenoic	S3550
Protein	S3550
Iron, Fe	S3550
Phosphorus, P	S3550
Copper, Cu	S3550
18:3 undifferentiated	S3550
20:4 undifferentiated	S3550
20:1	S3550
15:0	S3550
24:0	S3550
18:2 CLAs	S3550
22:4	S3550
Zinc, Zn	S3550
8:0	S3550
12:0	S3550
22:1 undifferentiated	S3550
17:0	S3550
20:2 n-6 c,c	S3550
16:1 c	S3550
22:1 c	S3550
Fructose	S3550
Fiber, total dietary	S3550
Vitamin E (alpha-tocopherol)	S3550
Tocopherol, beta	S3550
Riboflavin	S3550
Pantothenic acid	S3550
10:0	S3550
14:0	S3550
18:2 undifferentiated	S3550

NDB No. 18954 Bread, pound cake type, pan de torta salvadoran

18:4	S3550
Fatty acids, total monounsaturated	S3550
18:2 t not further defined	S3550
17:1	S3550
Fatty acids, total trans-monoenoic	S3550
18:3 n-3 c,c,c (ALA)	S3550
Calcium, Ca	S3550
Manganese, Mn	S3550
Niacin	S3550
Fatty acids, total saturated	S3550
16:0	S3550
16:1 undifferentiated	S3550
16:1 t	S3550
18:1 t	S3550
18:1 c	S3550
20:3 undifferentiated	S3550
20:3 n-3	S3550
Lactose	S3550
Magnesium, Mg	S3550
Tocopherol, gamma	S3550
Hydroxyproline	S3550
18:1 undifferentiated	S3550
Fatty acids, total polyunsaturated	S3550
24:1 c	S3550
15:1	S3550
20:3 n-6	S3550
Potassium, K	S3550
Tocopherol, delta	S3550
Thiamin	S3550
Fatty acids, total trans	S3550
4:0	S3550
6:0	S3550
18:0	S3550
14:1	S3550
22:1 t	S3550

NDB No. 18955 Bread, pan dulce, sweet yeast bread

Iron, Fe	S4531
Phosphorus, P	S4531
Menaquinone-4	S4531
15:0	S4531
24:0	S4531
16:1 t	S4531
22:1 c	S4531
Fatty acids, total trans-monoenoic	S4531
Fatty acids, total trans-polyenoic	S4531
Maltose	S4531
Sugars, total	S4531
Calcium, Ca	S4531
Zinc, Zn	S4531
Copper, Cu	S4531
18:0	S4531
20:4 undifferentiated	S4531
18:2 n-6 c,c	S4531
18:3 n-3 c,c,c (ALA)	S4531
Sucrose	S4531
Selenium, Se	S4531
Vitamin E (alpha-tocopherol)	S4531
Niacin	S4531
16:0	S4531
14:1	S4531
17:0	S4531
22:1 t	S4531
24:1 c	S4531
20:3 n-3	S4531
Potassium, K	S4531
Sodium, Na	S4531
Manganese, Mn	S4531
Tocopherol, delta	S4531
Riboflavin	S4531
Fatty acids, total saturated	S4531
18:1 undifferentiated	S4531
22:5 n-3 (DPA)	S4531
18:2 t not further defined	S4531

NDB No. 18955 Bread, pan dulce, sweet yeast bread

20:2 n-6 c,c	S4531
17:1	S4531
Lactose	S4531
Water	S4531
Magnesium, Mg	S4531
Vitamin B-6	S4531
Dihydrophylloquinone	S4531
Vitamin K (phylloquinone)	S4531
6:0	S4531
18:4	S4531
Fatty acids, total polyunsaturated	S4531
18:2 CLAs	S4531
18:3 n-6 c,c,c	S4531
20:3 undifferentiated	S4531
Total lipid (fat)	S4531
Fructose	S4531
Galactose	S4531
Fiber, total dietary	S4531
8:0	S4531
10:0	S4531
22:0	S4531
20:5 n-3 (EPA)	S4531
22:1 undifferentiated	S4531
Protein	S4531
Tocopherol, beta	S4531
Tocopherol, gamma	S4531
Thiamin	S4531
14:0	S4531
20:0	S4531
18:3 undifferentiated	S4531
20:1	S4531
16:1 c	S4531
20:3 n-6	S4531
Ash	S4531
Starch	S4531
Glucose (dextrose)	S4531
Pantothenic acid	S4531

NDB No. 18955 Bread, pan dulce, sweet yeast bread

Fatty acids, total trans	S4531
12:0	S4531
18:2 undifferentiated	S4531
22:6 n-3 (DHA)	S4531
16:1 undifferentiated	S4531
Fatty acids, total monounsaturated	S4531
18:1 t	S4531
18:1 c	S4531
15:1	S4531
22:4	S4531

NDB No. 18956 Keikitos (muffins), Latino bakery item

Water	S4531
Iron, Fe	S4531
Phosphorus, P	S4531
Fiber, total dietary	S4531
Total lipid (fat)	S4531
Lactose	S4531
Sugars, total	S4531
Starch	S4531
Calcium, Ca	S4531
Zinc, Zn	S4531
Protein	S4531
Ash	S4531
Potassium, K	S4531
Copper, Cu	S4531
Glucose (dextrose)	S4531
Fructose	S4531
Magnesium, Mg	S4531
Sodium, Na	S4531
Selenium, Se	S4531
Sucrose	S4531
Maltose	S4531
Galactose	S4531
Manganese, Mn	S4531

NDB No. 18957 Cake, pound, BIMBO Bakeries USA, Panque Casero, home baked style

Protein	S4531
Ash	S4531
Fructose	S4531
Riboflavin	S4531
Water	S4531
Sodium, Na	S4531
Selenium, Se	S4531
Vitamin B-6	S4531
Glucose (dextrose)	S4531
Maltose	S4531
Sugars, total	S4531
Potassium, K	S4531
Niacin	S4531
Sucrose	S4531
Fiber, total dietary	S4531
Zinc, Zn	S4531
Galactose	S4531
Iron, Fe	S4531
Phosphorus, P	S4531
Manganese, Mn	S4531
Thiamin	S4531
Calcium, Ca	S4531
Lactose	S4531
Copper, Cu	S4531
Total lipid (fat)	S4531
Starch	S4531
Magnesium, Mg	S4531

NDB No. 18958 Pan Dulce, LA RICURA, Salpora de Arroz con Azucar, cookie-like, contains wheat flour and rice flour

Starch	S4531
Fructose	S4531
Maltose	S4531
Water	S4531
Galactose	S4531
Fiber, total dietary	S4531
Total lipid (fat)	S4531

NDB No. 18958 Pan Dulce, LA RICURA, Salpora de Arroz con Azucar, cookie-like, contains wheat flour and rice flour

Lactose	S4531
Iron, Fe	S4531
Glucose (dextrose)	S4531
Magnesium, Mg	S4531
Potassium, K	S4531
Manganese, Mn	S4531
Selenium, Se	S4531
Ash	S4531
Protein	S4531
Sugars, total	S4531
Zinc, Zn	S4531
Sucrose	S4531
Calcium, Ca	S4531
Phosphorus, P	S4531
Sodium, Na	S4531
Copper, Cu	S4531

NDB No. 18959 Pastry, Pastelitos de Guava (guava pastries)

Ash	S4531
Magnesium, Mg	S4531
Carotene, beta	S4531
Carotene, alpha	S4531
Lycopene	S4531
Menaquinone-4	S4531
Vitamin K (phylloquinone)	S4531
16:0	S4531
20:5 n-3 (EPA)	S4531
Fatty acids, total monounsaturated	S4531
18:3 n-6 c,c,c	S4531
Fructose	S4531
Sugars, total	S4531
Fiber, total dietary	S4531
Selenium, Se	S4531
Cryptoxanthin, beta	S4531
Tocopherol, beta	S4531

NDB No. 18959 Pastry, Pastelitos de Guava (guava pastries)

20:0	S4531
22:0	S4531
22:1 undifferentiated	S4531
17:0	S4531
18:2 t not further defined	S4531
18:3 n-3 c,c,c (ALA)	S4531
Glucose (dextrose)	S4531
Galactose	S4531
Phosphorus, P	S4531
Sodium, Na	S4531
Riboflavin	S4531
Vitamin B-6	S4531
18:0	S4531
18:3 undifferentiated	S4531
20:2 n-6 c,c	S4531
18:1 c	S4531
18:2 n-6 c,c	S4531
Fatty acids, total trans-polyenoic	S4531
20:3 n-6	S4531
Lactose	S4531
Water	S4531
Copper, Cu	S4531
Manganese, Mn	S4531
Tocopherol, gamma	S4531
Thiamin	S4531
Fatty acids, total trans	S4531
Fatty acids, total saturated	S4531
14:1	S4531
16:1 undifferentiated	S4531
15:0	S4531
24:0	S4531
16:1 t	S4531
20:3 undifferentiated	S4531
Fatty acids, total trans-monoenoic	S4531
20:3 n-3	S4531
22:4	S4531
Iron, Fe	S4531

NDB No. 18959 Pastry, Pastelitos de Guava (guava pastries)

14:0	S4531
18:1 undifferentiated	S4531
17:1	S4531
15:1	S4531
Maltose	S4531
Calcium, Ca	S4531
Tocopherol, delta	S4531
Pantothenic acid	S4531
Dihydrophylloquinone	S4531
8:0	S4531
10:0	S4531
12:0	S4531
22:6 n-3 (DHA)	S4531
18:4	S4531
20:1	S4531
16:1 c	S4531
Total lipid (fat)	S4531
Sucrose	S4531
Cholesterol	S4531
20:4 undifferentiated	S4531
22:1 t	S4531
18:2 CLAs	S4531
Protein	S4531
Starch	S4531
Potassium, K	S4531
Zinc, Zn	S4531
Vitamin E (alpha-tocopherol)	S4531
Lutein + zeaxanthin	S4531
Niacin	S4531
6:0	S4531
18:2 undifferentiated	S4531
22:5 n-3 (DPA)	S4531
Fatty acids, total polyunsaturated	S4531
18:1 t	S4531
24:1 c	S4531
22:1 c	S4531

NDB No. 18960 Crackers, snack, GOYA CRACKERS

Glucose (dextrose)	S6441
Lactose	S6441
10:0	S6441
18:0	S6441
18:4	S6441
20:5 n-3 (EPA)	S6441
15:0	S6441
24:0	S6441
16:1 t	S6441
18:2 CLAs	S6441
22:1 c	S6441
17:1	S6441
15:1	S6441
20:3 n-3	S6441
Protein	S6441
Magnesium, Mg	S6441
16:0	S6441
18:2 undifferentiated	S6441
18:3 undifferentiated	S6441
18:2 n-6 c,c	S6441
18:3 n-3 c,c,c (ALA)	S6441
20:3 n-6	S6441
Copper, Cu	S6441
4:0	S6441
8:0	S6441
22:1 undifferentiated	S6441
Fructose	S6441
Maltose	S6441
6:0	S6441
14:0	S6441
20:0	S6441
22:1 t	S6441
18:2 t not further defined	S6441
18:1 c	S6441
Calcium, Ca	S6441
Sodium, Na	S6441
Fatty acids, total saturated	S6441

NDB No. 18960 Crackers, snack, GOYA CRACKERS

Fatty acids, total monounsaturated	S6441
16:1 c	S6441
Starch	S6441
Sugars, total	S6441
Zinc, Zn	S6441
Fatty acids, total trans	S6441
12:0	S6441
18:1 undifferentiated	S6441
Fatty acids, total polyunsaturated	S6441
18:1 t	S6441
24:1 c	S6441
Fatty acids, total trans-monoenoic	S6441
Ash	S6441
Sucrose	S6441
Water	S6441
Galactose	S6441
20:4 undifferentiated	S6441
22:6 n-3 (DHA)	S6441
14:1	S6441
16:1 undifferentiated	S6441
20:1	S6441
22:5 n-3 (DPA)	S6441
17:0	S6441
20:2 n-6 c,c	S6441
18:3 n-6 c,c,c	S6441
Fatty acids, total trans-polyenoic	S6441
Total lipid (fat)	S6441
Fiber, total dietary	S6441
Iron, Fe	S6441
Phosphorus, P	S6441
Potassium, K	S6441
Manganese, Mn	S6441
22:0	S6441
20:3 undifferentiated	S6441
22:4	S6441

NDB No. 18961 Crackers, cream, GAMESA SABROSAS

Glucose (dextrose)	S6441
Water	S6441
Sodium, Na	S6441
Zinc, Zn	S6441
Copper, Cu	S6441
Selenium, Se	S6441
Tocopherol, beta	S6441
Tocopherol, gamma	S6441
Riboflavin	S6441
Folate, total	S6441
22:6 n-3 (DHA)	S6441
22:0	S6441
22:5 n-3 (DPA)	S6441
Fatty acids, total monounsaturated	S6441
Ash	S6441
Manganese, Mn	S6441
Dihydrophylloquinone	S6441
Folate, food	S6441
8:0	S6441
18:0	S6441
20:4 undifferentiated	S6441
20:5 n-3 (EPA)	S6441
17:0	S6441
24:0	S6441
20:2 n-6 c,c	S6441
18:2 n-6 c,c	S6441
17:1	S6441
20:3 undifferentiated	S6441
Fatty acids, total trans-monoenoic	S6441
Fatty acids, total trans-polyenoic	S6441
22:4	S6441
Starch	S6441
Sucrose	S6441
Fiber, total dietary	S6441
Phosphorus, P	S6441
Pantothenic acid	S6441

NDB No. 18961 Crackers, cream, GAMESA SABROSAS

Vitamin B-12	S6441
Fatty acids, total saturated	S6441
12:0	S6441
16:1 c	S6441
Sugars, total	S6441
Vitamin E (alpha-tocopherol)	S6441
Tocopherol, delta	S6441
Vitamin B-6	S6441
16:0	S6441
18:1 undifferentiated	S6441
22:1 undifferentiated	S6441
22:1 t	S6441
24:1 c	S6441
18:3 n-3 c,c,c (ALA)	S6441
Lactose	S6441
Iron, Fe	S6441
Vitamin K (phylloquinone)	S6441
Folic acid	S6441
20:0	S6441
18:2 undifferentiated	S6441
16:1 undifferentiated	S6441
18:1 t	S6441
22:1 c	S6441
18:3 n-6 c,c,c	S6441
20:3 n-3	S6441
Protein	S6441
Fructose	S6441
Niacin	S6441
6:0	S6441
10:0	S6441
14:0	S6441
14:1	S6441
Fatty acids, total polyunsaturated	S6441
18:1 c	S6441
20:3 n-6	S6441
Maltose	S6441
Galactose	S6441

NDB No. 18961 Crackers, cream, GAMESA SABROSAS

Fatty acids, total trans	S6441
18:4	S6441
20:1	S6441
16:1 t	S6441
18:2 t not further defined	S6441
15:1	S6441
Total lipid (fat)	S6441
Calcium, Ca	S6441
Magnesium, Mg	S6441
Potassium, K	S6441
Thiamin	S6441
4:0	S6441
18:3 undifferentiated	S6441
15:0	S6441
18:2 CLAs	S6441

NDB No. 18962 Crackers, cream, LA MODERNA RIKIS CREAM CRACKERS

Total lipid (fat)	S6441
Galactose	S6441
16:0	S6441
22:0	S6441
20:5 n-3 (EPA)	S6441
Calcium, Ca	S6441
Zinc, Zn	S6441
Vitamin B-12	S6441
Fatty acids, total trans	S6441
18:2 undifferentiated	S6441
18:4	S6441
22:5 n-3 (DPA)	S6441
22:1 c	S6441
Water	S6441
Iron, Fe	S6441
Magnesium, Mg	S6441
Sodium, Na	S6441
16:1 t	S6441
22:1 t	S6441

NDB No. 18962 Crackers, cream, LA MODERNA RIKIS CREAM CRACKERS

Ash	S6441
Starch	S6441
Glucose (dextrose)	S6441
Copper, Cu	S6441
10:0	S6441
18:0	S6441
20:1	S6441
Fatty acids, total polyunsaturated	S6441
17:1	S6441
Fatty acids, total trans-monoenoic	S6441
Fatty acids, total trans-polyenoic	S6441
20:3 n-3	S6441
22:4	S6441
Protein	S6441
Lactose	S6441
Maltose	S6441
Fiber, total dietary	S6441
20:0	S6441
18:3 undifferentiated	S6441
20:4 undifferentiated	S6441
22:6 n-3 (DHA)	S6441
14:1	S6441
15:0	S6441
17:0	S6441
16:1 c	S6441
18:2 n-6 c,c	S6441
20:3 undifferentiated	S6441
Sugars, total	S6441
Phosphorus, P	S6441
Potassium, K	S6441
Manganese, Mn	S6441
4:0	S6441
6:0	S6441
8:0	S6441
14:0	S6441
18:1 undifferentiated	S6441
22:1 undifferentiated	S6441

NDB No. 18962 Crackers, cream, LA MODERNA RIKIS CREAM CRACKERS

24:0	S6441
18:2 CLAs	S6441
20:2 n-6 c,c	S6441
18:3 n-3 c,c,c (ALA)	S6441
20:3 n-6	S6441
Sucrose	S6441
12:0	S6441
16:1 undifferentiated	S6441
18:2 t not further defined	S6441
18:3 n-6 c,c,c	S6441
Fructose	S6441
Fatty acids, total saturated	S6441
Fatty acids, total monounsaturated	S6441
18:1 t	S6441
24:1 c	S6441
18:1 c	S6441
15:1	S6441

NDB No. 19003 Snacks, corn-based, extruded, chips, plain

Fiber, total dietary	S26
Thiamin	S26
Cholesterol	S26
10:0	S26
18:2 undifferentiated	S26
18:4	S26
Stigmasterol	S26
18:2 n-6 c,c	S26
Sucrose	S26
Fructose	S26
Manganese, Mn	S26
Niacin	S26
Vitamin K (phylloquinone)	S26
14:0	S26
20:1	S26
Campesterol	S26
24:0	S26

NDB No. 19003 Snacks, corn-based, extruded, chips, plain

22:1 c	S26
Protein	S26
Starch	S26
Copper, Cu	S26
Carotene, alpha	S26
Dihydrophylloquinone	S26
8:0	S26
18:0	S26
20:4 undifferentiated	S26
22:0	S26
20:5 n-3 (EPA)	S26
Glucose (dextrose)	S26
Lactose	S26
Maltose	S26
Magnesium, Mg	S26
Sodium, Na	S26
Zinc, Zn	S26
Folate, total	S26
Fatty acids, total trans	S26
18:1 undifferentiated	S26
18:3 n-3 c,c,c (ALA)	S26
Water	S26
Galactose	S26
Calcium, Ca	S26
Carotene, beta	S26
Vitamin C, total ascorbic acid	S26
Riboflavin	S26
Choline, total	S26
12:0	S26
16:0	S26
16:1 undifferentiated	S26
24:1 c	S26
Total lipid (fat)	S26
Sugars, total	S26
Pantothenic acid	S26
Betaine	S26
Fatty acids, total saturated	S26

NDB No. 19003 Snacks, corn-based, extruded, chips, plain

6:0	S26
18:3 undifferentiated	S26
18:1 t	S26
18:2 i	S26
Iron, Fe	S26
Vitamin B-6	S26
Beta-sitosterol	S26
Fatty acids, total monounsaturated	S26
Fatty acids, total polyunsaturated	S26
16:1 c	S26
17:1	S26
Ash	S26
Phosphorus, P	S26
Potassium, K	S26
Fluoride, F	D5301, D5007, D5021
Cryptoxanthin, beta	S26
22:6 n-3 (DHA)	S26
14:1	S26
22:1 undifferentiated	S26
22:5 n-3 (DPA)	S26
18:2 CLAs	S26
18:1 c	S26
Fatty acids, total trans-monoenoic	S26
Fatty acids, total trans-polyenoic	S26

NDB No. 19008 Snacks, corn-based, extruded, puffs or twists, cheese-flavor

Lactose	S26, S2109
Water	S26, S2109
Galactose	S26, S2109
Iron, Fe	S26, S2109
Vitamin C, total ascorbic acid	S2109
Fatty acids, total trans	S2109
10:0	S2109
Sucrose	S26, S2109
Glucose (dextrose)	S26, S2109

NDB No. 19008 Snacks, corn-based, extruded, puffs or twists, cheese-flavor

Sugars, total	S26, S2109
Thiamin	S26, S2109
Menaquinone-4	S2109
Hydroxyproline	S2109
14:1	S2109
16:1 undifferentiated	S2109
20:3 undifferentiated	S2109
Fatty acids, total trans-monoenoic	S2109
Fatty acids, total trans-polyenoic	S2109
Total lipid (fat)	S26, S2109
Ash	S26, S2109
Phosphorus, P	S26, S2109
Carotene, alpha	S26
Riboflavin	S26, S2109
8:0	S2109
14:0	S2109
16:0	S2109
20:4 undifferentiated	S2109
15:1	S2109
Starch	S2109
Potassium, K	S26, S2109
Copper, Cu	S2109
Fatty acids, total saturated	S2109
18:3 undifferentiated	S2109
22:0	S2109
20:1	S2109
Fatty acids, total polyunsaturated	S2109
15:0	S2109
17:0	S2109
Cryptoxanthin, beta	S26
Vitamin B-6	S26, S2109
Dihydrophylloquinone	S2109
18:0	S2109
18:2 undifferentiated	S2109
Maltose	S26, S2109
Magnesium, Mg	S26, S2109
Sodium, Na	S26, S2109

NDB No. 19008 Snacks, corn-based, extruded, puffs or twists, cheese-flavor

Selenium, Se	S2109
20:0	S2109
20:2 n-6 c,c	S2109
18:3 n-6 c,c,c	S2109
Protein	S26, S2109
Fructose	S26, S2109
Fiber, total dietary	S26, S2109
Manganese, Mn	S26, S2109
Niacin	S26, S2109
Vitamin B-12	S26
Choline, total	S2109
Betaine	S2109
12:0	S2109
Fatty acids, total monounsaturated	S2109
18:1 t	S2109
18:2 t,t	S2109
17:1	S2109
Calcium, Ca	S26, S2109
Zinc, Zn	S26, S2109
Carotene, beta	S26
Pantothenic acid	S26, S2109
Folate, total	S26
Vitamin K (phylloquinone)	S2109
18:1 undifferentiated	S2109
18:3 n-3 c,c,c (ALA)	S2109

NDB No. 19014 Snacks, fruit leather, rolls

15:0	S5
17:1	S5
Vitamin C, total ascorbic acid	S5
Sodium, Na	S5
Water	S5
20:0	S5
17:0	S5
Protein	S5
22:0	S5

NDB No. 19014 Snacks, fruit leather, rolls

20:3 undifferentiated	S5
14:1	S5

NDB No. 19015 Snacks, granola bars, hard, plain

Betaine	S2105
Choline, total	S2105

NDB No. 19033 Snacks, RALSTON PURINA, CHEX MIX

Zinc, Zn	S3774
Thiamin	S3774
18:1 undifferentiated	S3774
22:1 t	S3774
18:2 CLAs	S3774
Fatty acids, total trans-monoenoic	S3774
20:3 n-3	S3774
Sucrose	S3774
Water	S3774
Galactose	S3774
Fiber, total dietary	S3774
Copper, Cu	S3774
20:0	S3774
Fatty acids, total polyunsaturated	S3774
24:0	S3774
20:2 n-6 c,c	S3774
18:3 n-6 c,c,c	S3774
Ash	S3774
Glucose (dextrose)	S3774
Fructose	S3774
8:0	S3774
18:2 undifferentiated	S3774
18:1 t	S3774
Total lipid (fat)	S3774
Maltose	S3774
Phosphorus, P	S3774
Manganese, Mn	S3774

NDB No. 19033 Snacks, RALSTON PURINA, CHEX MIX

Selenium, Se	S3774
20:4 undifferentiated	S3774
20:5 n-3 (EPA)	S3774
16:1 t	S3774
18:2 n-6 c,c	S3774
17:1	S3774
Lactose	S3774
Iron, Fe	S3774
Potassium, K	S3774
Sodium, Na	S3774
Pantothenic acid	S3774
Fatty acids, total saturated	S3774
4:0	S3774
12:0	S3774
14:0	S3774
14:1	S3774
18:4	S3774
20:1	S3774
22:5 n-3 (DPA)	S3774
Fatty acids, total monounsaturated	S3774
15:0	S3774
24:1 c	S3774
16:1 c	S3774
20:3 undifferentiated	S3774
20:3 n-6	S3774
22:4	S3774
Protein	S3774
Sugars, total	S3774
Magnesium, Mg	S3774
Vitamin B-6	S3774
Fatty acids, total trans	S3774
22:1 c	S3774
Starch	S3774
Calcium, Ca	S3774
Riboflavin	S3774
6:0	S3774
10:0	S3774

NDB No. 19033 Snacks, RALSTON PURINA, CHEX MIX

18:0	S3774
22:6 n-3 (DHA)	S3774
16:1 undifferentiated	S3774
Niacin	S3774
16:0	S3774
18:3 undifferentiated	S3774
22:0	S3774
22:1 undifferentiated	S3774
17:0	S3774
18:2 t not further defined	S3774
18:1 c	S3774
Fatty acids, total trans-polyenoic	S3774
15:1	S3774
18:3 n-3 c,c,c (ALA)	S3774

NDB No. 19034 Snacks, popcorn, air-popped

Fructose	S26
Water	S26
Fiber, total dietary	S26
Folate, total	S26
10:0	S26
18:2 undifferentiated	S26
18:3 undifferentiated	S26
18:3 n-6 c,c,c	S26
Thiamin	S26
Betaine	S26
15:0	S26
Calcium, Ca	S26
Potassium, K	S26
Copper, Cu	S26
Selenium, Se	S26
Sugars, total	S26
Pantothenic acid	S26
Vitamin B-6	S26
20:3 undifferentiated	S26
Protein	S26

NDB No. 19034 Snacks, popcorn, air-popped

Total lipid (fat)	S26
Glucose (dextrose)	S26
Galactose	S26
Phosphorus, P	S26
Manganese, Mn	S26
Riboflavin	S26
14:0	S26
18:0	S26
18:1 undifferentiated	S26
Ash	S26
Lactose	S26
Magnesium, Mg	S26
12:0	S26
16:0	S26
20:4 undifferentiated	S26
16:1 undifferentiated	S26
17:0	S26
20:2 n-6 c,c	S26
15:1	S26
Sucrose	S26
Maltose	S26
Iron, Fe	S26
Sodium, Na	S26
Niacin	S26
20:0	S26
22:0	S26
Starch	S26
Zinc, Zn	S26
Choline, total	S26
14:1	S26
20:1	S26
17:1	S26

NDB No. 19035 Snacks, popcorn, oil-popped, microwave, regular flavor

Lactose	S26
Vitamin B-6	S26

NDB No. 19035 Snacks, popcorn, oil-popped, microwave, regular flavor

18:2 undifferentiated	S26
Sucrose	S26
Galactose	S26
Potassium, K	S26
Copper, Cu	S26
Tocopherol, gamma	S26
16:0	S26
Maltose	S26
Water	S26
Magnesium, Mg	S26
Folate, total	S26
10:0	S26
12:0	S26
Fructose	S26
Manganese, Mn	S26
Tocopherol, beta	S26
Riboflavin	S26
20:1	S26
Protein	S26
Sugars, total	S26
Iron, Fe	S26
Vitamin E (alpha-tocopherol)	S26
Betaine	S3461
Fatty acids, total saturated	S26
14:0	S26
18:0	S26
Starch	S26
Glucose (dextrose)	S26
Fiber, total dietary	S26
Calcium, Ca	S26
Tocopherol, delta	S26
Niacin	S26
Pantothenic acid	S26
18:1 undifferentiated	S26
20:4 undifferentiated	S26
20:3 undifferentiated	S26
Total lipid (fat)	S26

NDB No. 19035 Snacks, popcorn, oil-popped, microwave, regular flavor

Choline, total	S3461
8:0	S26
18:3 undifferentiated	S26
16:1 undifferentiated	S26
Fatty acids, total polyunsaturated	S26
20:2 n-6 c,c	S26
Phosphorus, P	S26
Fluoride, F	D5007, D5021
Fatty acids, total monounsaturated	S26

NDB No. 19045 Snacks, potato chips, made from dried potatoes, reduced fat

6:0	S3774
16:0	S3774
22:0	S3774
20:1	S3774
16:1 c	S3774
Fatty acids, total trans-monoenoic	S3774
Fiber, total dietary	S3774
Sodium, Na	S3774
Zinc, Zn	S3774
Fatty acids, total trans	S3774
4:0	S3774
18:0	S3774
18:4	S3774
20:5 n-3 (EPA)	S3774
15:0	S3774
16:1 t	S3774
18:2 t not further defined	S3774
20:2 n-6 c,c	S3774
18:1 c	S3774
22:1 c	S3774
Fatty acids, total trans-polyenoic	S3774
Ash	S3774
Fructose	S3774
Phosphorus, P	S3774

NDB No. 19045 Snacks, potato chips, made from dried potatoes, reduced fat

Selenium, Se	S3774
Niacin	S3774
Pantothenic acid	S3774
14:0	S3774
18:1 undifferentiated	S3774
24:0	S3774
24:1 c	S3774
18:3 n-3 c,c,c (ALA)	S3774
20:3 n-3	S3774
Total lipid (fat)	S3774
Riboflavin	S3774
20:4 undifferentiated	S3774
Fatty acids, total polyunsaturated	S3774
17:0	S3774
18:1 t	S3774
15:1	S3774
Protein	S3774
Calcium, Ca	S3774
Iron, Fe	S3774
Thiamin	S3774
8:0	S3774
12:0	S3774
18:2 undifferentiated	S3774
16:1 undifferentiated	S3774
Water	S3774
Sugars, total	S3774
Manganese, Mn	S3774
20:3 n-6	S3774
Glucose (dextrose)	S3774
Magnesium, Mg	S3774
Potassium, K	S3774
Vitamin B-6	S3774
10:0	S3774
20:0	S3774
14:1	S3774
22:1 undifferentiated	S3774
22:5 n-3 (DPA)	S3774

NDB No. 19045 Snacks, potato chips, made from dried potatoes, reduced fat

Fatty acids, total monounsaturated	S3774
22:1 t	S3774
18:2 n-6 c,c	S3774
20:3 undifferentiated	S3774
Sucrose	S3774
Lactose	S3774
Maltose	S3774
Copper, Cu	S3774
Fatty acids, total saturated	S3774
18:3 undifferentiated	S3774
18:2 CLAs	S3774
18:3 n-6 c,c,c	S3774
17:1	S3774
22:4	S3774

NDB No. 19047 Snacks, pretzels, hard, plain, salted

Sucrose	S1162
Fiber, total dietary	S1162
Methionine	S1162
Cystine	S1162
Tyrosine	S1162
Proline	S1162
6:0	S1162
18:1 undifferentiated	S1162
20:5 n-3 (EPA)	S1162
20:2 n-6 c,c	S1162
18:3 n-3 c,c,c (ALA)	S1162
Magnesium, Mg	S1162
Zinc, Zn	S1162
Niacin	S1162
Isoleucine	S1162
4:0	S1162
14:0	S1162
14:1	S1162
16:1 undifferentiated	S1162
18:1 t	S1162

NDB No. 19047 Snacks, pretzels, hard, plain, salted

13:0	S1162
15:1	S1162
Ash	S1162
Galactose	S1162
Selenium, Se	S1162
Vitamin B-6	S1162
Folic acid	S1162
Glycine	S1162
15:0	S1162
18:3 n-6 c,c,c	S1162
20:3 undifferentiated	S1162
Copper, Cu	S1162
Thiamin	S1162
Choline, total	S3461
Vitamin K (phylloquinone)	S1162
Tryptophan	S1162
Threonine	S1162
Alanine	S1162
Fatty acids, total trans	S1162
20:0	S1162
18:3 undifferentiated	S1162
17:0	S1162
18:1 c	S1162
Starch	S1162
Glucose (dextrose)	S1162
Lactose	S1162
Riboflavin	S1162
Dihydrophylloquinone	S1162
Leucine	S1162
Valine	S1162
8:0	S1162
12:0	S1162
18:0	S1162
22:6 n-3 (DHA)	S1162
Fatty acids, total monounsaturated	S1162
17:1	S1162
Fatty acids, total trans-	S1162

NDB No. 19047 Snacks, pretzels, hard, plain, salted

monoenoic	
Fructose	S1162
Maltose	S1162
Phosphorus, P	S1162
Arginine	S1162
Histidine	S1162
Serine	S1162
Fatty acids, total saturated	S1162
16:0	S1162
Fatty acids, total polyunsaturated	S1162
24:0	S1162
Protein	S1162
Water	S1162
Calcium, Ca	S1162
Iron, Fe	S1162
Potassium, K	S1162
Sodium, Na	S1162
Manganese, Mn	S1162
Pantothenic acid	S1162
Folate, total	S1162
Folate, food	S1162
Lysine	S1162
Phenylalanine	S1162
Aspartic acid	S1162
Glutamic acid	S1162
18:2 undifferentiated	S1162
20:4 undifferentiated	S1162
20:1	S1162
24:1 c	S1162
Total lipid (fat)	S1162
Sugars, total	S1162
Betaine	S3461
10:0	S1162
22:0	S1162
22:1 undifferentiated	S1162

NDB No. 19056 Snacks, tortilla chips, plain, white corn

Protein	S26, S6261
Water	S26, S6261
Calcium, Ca	S26, S6261
Niacin	S26, S6261
Threonine	S26
Leucine	S26
Methionine	S26
Phenylalanine	S26
12:0	S6261
22:0	S6261
16:1 t	S6261
18:1 t	S6261
18:1 c	S6261
20:3 n-3	S6261
Total lipid (fat)	S26
Glucose (dextrose)	S26, S6261
Fructose	S26, S6261
Fiber, total dietary	S26, S6261
Potassium, K	S26, S6261
Thiamin	S26, S6261
Isoleucine	S26
Serine	S26
8:0	S6261
20:0	S6261
15:0	S6261
17:0	S6261
17:1	S6261
Fatty acids, total trans-polyenoic	S6261
Sucrose	S26, S6261
Iron, Fe	S26, S6261
Sodium, Na	S26, S6261
Vitamin C, total ascorbic acid	S26
Dihydrophylloquinone	S26
Valine	S26
Arginine	S26
18:0	S6261
18:2 undifferentiated	S6261

NDB No. 19056 Snacks, tortilla chips, plain, white corn

18:2 CLAs	S6261
20:2 n-6 c,c	S6261
Starch	S6261
Magnesium, Mg	S26, S6261
Choline, total	S26
Tryptophan	S26
16:0	S6261
22:1 undifferentiated	S6261
Beta-sitosterol	S26
16:1 c	S6261
18:2 n-6 c,c	S6261
18:3 n-3 c,c,c (ALA)	S6261
Maltose	S26, S6261
Riboflavin	S26, S6261
Vitamin B-6	S26, S6261
Lysine	S26
Histidine	S26
Alanine	S26
Aspartic acid	S26
Fatty acids, total trans	S6261
Fatty acids, total saturated	S6261
18:3 undifferentiated	S6261
18:4	S6261
20:1	S6261
Stigmasterol	S26
22:1 t	S6261
22:1 c	S6261
18:3 n-6 c,c,c	S6261
Lactose	S26, S6261
Galactose	S26, S6261
Phosphorus, P	S26, S6261
Copper, Cu	S26, S6261
Fluoride, F	D5301, D5007, D5021
Betaine	S26
10:0	S6261
Fatty acids, total polyunsaturated	S6261
22:4	S6261

NDB No. 19056 Snacks, tortilla chips, plain, white corn

Zinc, Zn	S26, S6261
Vitamin K (phylloquinone)	S26
Cholesterol	S26
6:0	S6261
18:1 undifferentiated	S6261
20:4 undifferentiated	S6261
22:6 n-3 (DHA)	S6261
16:1 undifferentiated	S6261
20:5 n-3 (EPA)	S6261
24:0	S6261
18:2 t not further defined	S6261
20:3 undifferentiated	S6261
Ash	S26, S6261
Sugars, total	S26, S6261
Pantothenic acid	S26, S6261
Folate, total	S26
Vitamin B-12	S26
Cystine	S26
Tyrosine	S26
Glutamic acid	S26
Glycine	S26
Proline	S26
14:0	S6261
22:5 n-3 (DPA)	S6261
Campesterol	S26
24:1 c	S6261
Fatty acids, total trans-monoenoic	S6261
20:3 n-6	S6261

NDB No. 19057 Snacks, tortilla chips, nacho cheese

Sucrose	S2109
Glucose (dextrose)	S2109
Magnesium, Mg	S2109
Sodium, Na	S2109
14:0	S2109
Fatty acids, total trans-	S2109

NDB No. 19057 Snacks, tortilla chips, nacho cheese

monoenoic	
Lactose	S2109
Fiber, total dietary	S2109
Menaquinone-4	S2109
Dihydrophylloquinone	S2109
Hydroxyproline	S2109
18:0	S2109
18:2 undifferentiated	S2109
20:4 undifferentiated	S2109
22:0	S2109
20:1	S2109
15:0	S2109
18:2 t,t	S2109
Starch	S2109
Water	S2109
Galactose	S2109
Iron, Fe	S2109
Copper, Cu	S2109
Manganese, Mn	S2109
Selenium, Se	S2109
12:0	S2109
Fatty acids, total monounsaturated	S2109
17:0	S2109
Ash	S2109
Niacin	S2109
Vitamin B-6	S2109
Fatty acids, total trans	S2109
16:1 undifferentiated	S2109
18:1 t	S2109
Fatty acids, total trans-polyenoic	S2109
Potassium, K	S2109
Vitamin C, total ascorbic acid	S2109
8:0	S2109
14:1	S2109
17:1	S2109
Zinc, Zn	S2109
Thiamin	S2109

NDB No. 19057 Snacks, tortilla chips, nacho cheese

Betaine	S2109
Fatty acids, total saturated	S2109
10:0	S2109
Fatty acids, total polyunsaturated	S2109
20:2 n-6 c,c	S2109
Total lipid (fat)	S2109
Fructose	S2109
Calcium, Ca	S2109
Riboflavin	S2109
Pantothenic acid	S2109
16:0	S2109
18:3 undifferentiated	S2109
18:3 n-6 c,c,c	S2109
18:3 n-3 c,c,c (ALA)	S2109
Protein	S2109
Phosphorus, P	S2109
Choline, total	S2109
Vitamin K (phylloquinone)	S2109
20:0	S2109
18:1 undifferentiated	S2109
20:3 undifferentiated	S2109
15:1	S2109

NDB No. 19058 Snacks, tortilla chips, ranch-flavor

Glucose (dextrose)	S2109
Fiber, total dietary	S2109
Calcium, Ca	S2109
Pantothenic acid	S2109
Choline, total	S2109
Hydroxyproline	S2109
Fatty acids, total saturated	S2109
14:0	S2109
18:1 undifferentiated	S2109
20:4 undifferentiated	S2109
22:0	S2109
16:1 undifferentiated	S2109

NDB No. 19058 Snacks, tortilla chips, ranch-flavor

15:0	S2109
17:1	S2109
Protein	S2109
Dihydrophylloquinone	S2109
18:0	S2109
20:0	S2109
Sugars, total	S2109
Copper, Cu	S2109
Menaquinone-4	S2109
10:0	S2109
12:0	S2109
14:1	S2109
Fatty acids, total polyunsaturated	S2109
Ash	S2109
Fructose	S2109
Vitamin C, total ascorbic acid	S2109
Fatty acids, total trans	S2109
16:0	S2109
20:3 undifferentiated	S2109
15:1	S2109
Sucrose	S2109
Selenium, Se	S2109
Niacin	S2109
18:2 undifferentiated	S2109
20:1	S2109
20:2 n-6 c,c	S2109
18:3 n-6 c,c,c	S2109
Maltose	S2109
Iron, Fe	S2109
Phosphorus, P	S2109
Riboflavin	S2109
Vitamin B-6	S2109
Total lipid (fat)	S2109
Lactose	S2109
Water	S2109
Potassium, K	S2109
Zinc, Zn	S2109

NDB No. 19058 Snacks, tortilla chips, ranch-flavor

Thiamin	S2109
Vitamin K (phylloquinone)	S2109
Betaine	S2109
8:0	S2109
17:0	S2109
18:1 t	S2109
Fatty acids, total trans-monoenoic	S2109
18:3 n-3 c,c,c (ALA)	S2109
Starch	S2109
Galactose	S2109
Magnesium, Mg	S2109
Sodium, Na	S2109
Manganese, Mn	S2109
18:3 undifferentiated	S2109
Fatty acids, total monounsaturated	S2109
18:2 t,t	S2109
Fatty acids, total trans-polyenoic	S2109

NDB No. 19064 Candies, TOOTSIE ROLL, chocolate-flavor roll

Ash	S1164
Phosphorus, P	S1164
Sodium, Na	S1164
Folate, total	S1164
Leucine	S1164
Valine	S1164
Histidine	S1164
Alanine	S1164
18:0	S1164
Calcium, Ca	S1164
Cryptoxanthin, beta	S1164
Pantothenic acid	S1164
Vitamin K (phylloquinone)	S1164
18:2 undifferentiated	S1164
22:1 undifferentiated	S1164
17:1	S1164

NDB No. 19064 Candies, TOOTSIE ROLL, chocolate-flavor roll

Total lipid (fat)	S1164
Glucose (dextrose)	S1164
Lactose	S1164
Fiber, total dietary	S1164
Magnesium, Mg	S1164
Zinc, Zn	S1164
Thiamin	S1164
Niacin	S1164
Folic acid	S1164
Methionine	S1164
Aspartic acid	S1164
6:0	S1164
17:0	S1164
20:2 n-6 c,c	S1164
18:3 n-6 c,c,c	S1164
Fructose	S1164
Water	S1164
Caffeine	S1164
Copper, Cu	S1164
Carotene, beta	S1164
Vitamin E (alpha-tocopherol)	S1164
Tocopherol, delta	S1164
Vitamin C, total ascorbic acid	S1164
Vitamin B-6	S1164
Vitamin B-12	S1164
Folate, food	S1164
Tryptophan	S1164
Cystine	S1164
20:4 undifferentiated	S1164
Fatty acids, total monounsaturated	S1164
Fatty acids, total polyunsaturated	S1164
24:0	S1164
Starch	S1164
Sucrose	S1164
Iron, Fe	S1164
Threonine	S1164
Arginine	S1164

NDB No. 19064 Candies, TOOTSIE ROLL, chocolate-flavor roll

Serine	S1164
16:0	S1164
16:1 undifferentiated	S1164
15:0	S1164
Galactose	S1164
Potassium, K	S1164
Manganese, Mn	S1164
Tocopherol, beta	S1164
Riboflavin	S1164
Phenylalanine	S1164
Tyrosine	S1164
Glycine	S1164
Proline	S1164
Hydroxyproline	S1164
4:0	S1164
8:0	S1164
22:6 n-3 (DHA)	S1164
14:1	S1164
Maltose	S1164
Lycopene	S1164
Glutamic acid	S1164
Cholesterol	S1164
10:0	S1164
12:0	S1164
14:0	S1164
22:0	S1164
20:1	S1164
13:0	S1164
15:1	S1164
Protein	S1164
Theobromine	S1164
Sugars, total	S1164
Selenium, Se	S1164
Carotene, alpha	S1164
Tocopherol, gamma	S1164
Dihydrophylloquinone	S1164
Isoleucine	S1164

NDB No. 19064 Candies, TOOTSIE ROLL, chocolate-flavor roll

Lysine	S1164
Fatty acids, total saturated	S1164
20:0	S1164
20:5 n-3 (EPA)	S1164
18:1 t	S1164
18:1 c	S1164
20:3 undifferentiated	S1164
18:3 n-3 c,c,c (ALA)	S1164

NDB No. 19068 Candies, NESTLE, BIT-O'-HONEY Candy Chews

Total lipid (fat)	S3770
Iron, Fe	S3770
Protein	S3770
Fiber, total dietary	S3770
Calcium, Ca	S3770
Sodium, Na	S3770
Carbohydrate, by difference	S3770
Vitamin C, total ascorbic acid	S3770
Vitamin A, IU	S3770
Cholesterol	S3770
Energy	S3770
Sugars, total	S3770
Fatty acids, total trans	S3770
Fatty acids, total saturated	S3770

NDB No. 19069 Candies, NESTLE, BUTTERFINGER Bar

Fiber, total dietary	S3770
Fatty acids, total trans	S3770
Energy	S3770
Protein	S3770
Carbohydrate, by difference	S3770
Fatty acids, total saturated	S3770
Sugars, total	S3770
Total lipid (fat)	S3770
Calcium, Ca	S3770
Vitamin A, IU	S3770

NDB No. 19069 Candies, NESTLE, BUTTERFINGER Bar

Vitamin C, total ascorbic acid	S3770
Iron, Fe	S3770
Sodium, Na	S3770
Cholesterol	S3770

NDB No. 19074 Candies, caramels

Fluoride, F	D5007

NDB No. 19076 Candies, caramels, chocolate-flavor roll

Iron, Fe	S1164
Phosphorus, P	S1164
Potassium, K	S1164
Cryptoxanthin, beta	S1164
Water	S1164
Theobromine	S1164
Zinc, Zn	S1164
Cholesterol	S1164
18:1 t	S1164
Caffeine	S1164
Calcium, Ca	S1164
Sodium, Na	S1164
Manganese, Mn	S1164
Carotene, alpha	S1164
Folate, food	S1164
Ash	S1164
Tocopherol, gamma	S1164
Vitamin B-12	S1164
Vitamin K (phylloquinone)	S1164
Hydroxyproline	S1164
Total lipid (fat)	S1164
Sugars, total	S1164
Fiber, total dietary	S1164
Carotene, beta	S1164
Thiamin	S1164
Choline, total	S1164
13:0	S1164

NDB No. 19076 Candies, caramels, chocolate-flavor roll

18:3 n-3 c,c,c (ALA)	S1164
Selenium, Se	S1164
Riboflavin	S1164
Niacin	S1164
14:1	S1164
24:0	S1164
20:3 undifferentiated	S1164
15:1	S1164
Protein	S1164
Copper, Cu	S1164
Vitamin E (alpha-tocopherol)	S1164
20:2 n-6 c,c	S1164
Magnesium, Mg	S1164
Lycopene	S1164
Tocopherol, beta	S1164
Vitamin C, total ascorbic acid	S1164
Pantothenic acid	S1164
Vitamin B-6	S1164
Folate, total	S1164
Folic acid	S1164
18:1 c	S1164
18:3 n-6 c,c,c	S1164
17:1	S1164

NDB No. 19078 Baking chocolate, unsweetened, squares

Fiber, total dietary	S1069
Selenium, Se	S1069
Dihydrophylloquinone	S1069
Betaine	S1069
Cystine	S1069
Valine	S1069
Aspartic acid	S1069
Glycine	S1069
20:4 undifferentiated	S1069
22:0	S1069
14:1	S1069

NDB No. 19078 Baking chocolate, unsweetened, squares

22:1 undifferentiated	S1069
18:3 n-3 c,c,c (ALA)	S1069
Sugars, total	S1069
Calcium, Ca	S1069
Sodium, Na	S1069
Cryptoxanthin, beta	S1069
Threonine	S1069
Leucine	S1069
Lysine	S1069
Methionine	S1069
6:0	S1069
16:0	S1069
18:0	S1069
20:1	S1069
15:0	S1069
18:1 t	S1069
20:2 n-6 c,c	S1069
18:1 c	S1069
18:3 n-6 c,c,c	S1069
Theobromine	S1069
Magnesium, Mg	S1069
Potassium, K	S1069
Copper, Cu	S1069
Lycopene	S1069
Tocopherol, beta	S84
16:1 undifferentiated	S1069
Beta-sitosterol	S1069
17:1	S1069
Water	S1069
Vitamin E (alpha-tocopherol)	S84
Riboflavin	S1069
Pantothenic acid	S1069
12:0	S1069
Stigmasterol	S1069
Adjusted Protein	S1069
Iron, Fe	S1069
Phosphorus, P	S1069

NDB No. 19078 Baking chocolate, unsweetened, squares

Carotene, beta	S1069
Tocopherol, delta	S84
Tryptophan	S1069
4:0	S1069
13:0	S1069
15:1	S1069
Total lipid (fat)	S1069
Ash	S1069
Carotene, alpha	S1069
Thiamin	S1069
Vitamin K (phylloquinone)	S1069
Isoleucine	S1069
Histidine	S1069
Proline	S1069
10:0	S1069
14:0	S1069
17:0	S1069
Caffeine	S1069
Manganese, Mn	S1069
Tocopherol, gamma	S84
Vitamin B-6	S1069
Folate, total	S1069
Choline, total	S1069
Phenylalanine	S1069
Alanine	S1069
Glutamic acid	S1069
Serine	S1069
20:5 n-3 (EPA)	S1069
Campesterol	S1069
24:0	S1069
24:1 c	S1069
Zinc, Zn	S1069
Vitamin C, total ascorbic acid	S1069
Niacin	S1069
Tyrosine	S1069
Arginine	S1069
Hydroxyproline	S1069

NDB No. 19078 Baking chocolate, unsweetened, squares

8:0	S1069
20:0	S1069
18:2 undifferentiated	S1069
22:6 n-3 (DHA)	S1069
20:3 undifferentiated	S1069

NDB No. 19080 Candies, semisweet chocolate

Sugars, total	S5

NDB No. 19088 Ice creams, vanilla, light

Potassium, K	S7, S10, S6, S12, S9, S11, S8
Selenium, Se	S7, S10, S6, S12, S9, S11, S8
Sodium, Na	S7, S10, S6, S12, S9, S11, S8
Phosphorus, P	S7, S10, S6, S12, S9, S11, S8
Zinc, Zn	S7, S10, S6, S12, S9, S11, S8
Magnesium, Mg	S7, S10, S6, S12, S9, S11, S8

NDB No. 19095 Ice creams, vanilla

Fluoride, F	S1067
Sugars, total	S1067
Vitamin K (phylloquinone)	D4002
Selenium, Se	S7, S10, S6, S11, S9, S12, S8
Choline, total	S1067

NDB No. 19105 Candies, NESTLE, GOOBERS Chocolate Covered Peanuts

Protein	S3770
Sugars, total	S3770
Carbohydrate, by difference	S3770
Iron, Fe	S3770
Fatty acids, total saturated	S3770
Fiber, total dietary	S3770
Total lipid (fat)	S3770
Vitamin A, IU	S3770
Cholesterol	S3770

NDB No. 19105 Candies, NESTLE, GOOBERS Chocolate Covered Peanuts

Energy	S3770
Fatty acids, total trans	S3770
Sodium, Na	S3770
Vitamin C, total ascorbic acid	S3770
Calcium, Ca	S3770

NDB No. 19109 Candies, KIT KAT Wafer Bar

Magnesium, Mg	S1164
Phosphorus, P	S1164
Carotene, beta	S1164
Cryptoxanthin, beta	S1164
Tryptophan	S1164
Lysine	S1164
Aspartic acid	S1164
8:0	S1164
14:0	S1164
18:0	S1164
16:1 undifferentiated	S1164
22:1 undifferentiated	S1164
15:1	S1164
Sucrose	S1164
Water	S1164
Copper, Cu	S1164
Niacin	S1164
Vitamin K (phylloquinone)	S1164
Histidine	S1164
Alanine	S1164
4:0	S1164
12:0	S1164
Fatty acids, total polyunsaturated	S1164
Fatty acids, total trans-monoenoic	S1164
Total lipid (fat)	S1164
Fructose	S1164
Retinol	S1164
Tocopherol, gamma	S1164
Riboflavin	S1164

NDB No. 19109 Candies, KIT KAT Wafer Bar

16:0	S1164
20:4 undifferentiated	S1164
15:0	S1164
20:2 n-6 c,c	S1164
17:1	S1164
13:0	S1164
Sodium, Na	S1164
Vitamin B-6	S1164
Folate, total	S1164
Dihydrophylloquinone	S1164
Threonine	S1164
Phenylalanine	S1164
Valine	S1164
Proline	S1164
Fatty acids, total saturated	S1164
6:0	S1164
10:0	S1164
18:2 undifferentiated	S1164
18:3 n-6 c,c,c	S1164
Protein	S1164
Sugars, total	S1164
Galactose	S1164
Iron, Fe	S1164
Potassium, K	S1164
Manganese, Mn	S1164
Carotene, alpha	S1164
Tocopherol, delta	S1164
Methionine	S1164
Serine	S1164
Cholesterol	S1164
18:3 undifferentiated	S1164
22:0	S1164
18:1 t	S1164
20:3 undifferentiated	S1164
Selenium, Se	S1164
Vitamin E (alpha-tocopherol)	S1164
Lycopene	S1164

NDB No. 19109 Candies, KIT KAT Wafer Bar

Tocopherol, beta	S1164
Pantothenic acid	S1164
Vitamin B-12	S1164
Choline, total	S1164
Isoleucine	S1164
Cystine	S1164
Glycine	S1164
14:1	S1164
Fatty acids, total monounsaturated	S1164
24:0	S1164
18:3 n-3 c,c,c (ALA)	S1164
Glucose (dextrose)	S1164
Lactose	S1164
Theobromine	S1164
Fiber, total dietary	S1164
Vitamin C, total ascorbic acid	S1164
Thiamin	S1164
Folic acid	S1164
Arginine	S1164
Glutamic acid	S1164
Fatty acids, total trans	S1164
18:1 undifferentiated	S1164
22:6 n-3 (DHA)	S1164
20:1	S1164
17:0	S1164
Ash	S1164
Starch	S1164
Maltose	S1164
Caffeine	S1164
Calcium, Ca	S1164
Folate, food	S1164
Betaine	S1164
Leucine	S1164
Tyrosine	S1164
Hydroxyproline	S1164
20:0	S1164
20:5 n-3 (EPA)	S1164

NDB No. 19109 Candies, KIT KAT Wafer Bar

18:1 c	S1164

NDB No. 19111 Candies, NESTLE, BABY RUTH Bar

Total lipid (fat)	S3770
Vitamin C, total ascorbic acid	S3770
Carbohydrate, by difference	S3770
Fiber, total dietary	S3770
Cholesterol	S3770
Fatty acids, total trans	S3770
Iron, Fe	S3770
Vitamin A, IU	S3770
Calcium, Ca	S3770
Fatty acids, total saturated	S3770
Protein	S3770
Sugars, total	S3770
Sodium, Na	S3770
Energy	S3770

NDB No. 19118 Candies, NESTLE, OH HENRY! Bar

Protein	S3770
Vitamin A, IU	S3770
Sugars, total	S3770
Sodium, Na	S3770
Fatty acids, total trans	S3770
Carbohydrate, by difference	S3770
Energy	S3770
Fiber, total dietary	S3770
Calcium, Ca	S3770
Iron, Fe	S3770
Fatty acids, total saturated	S3770
Vitamin C, total ascorbic acid	S3770
Cholesterol	S3770
Total lipid (fat)	S3770

NDB No. 19119 Candies, NESTLE, CHUNKY Bar

NDB No. 19119 Candies, NESTLE, CHUNKY Bar

Sugars, total	S3770
Total lipid (fat)	S3770
Fiber, total dietary	S3770
Vitamin C, total ascorbic acid	S3770
Cholesterol	S3770
Carbohydrate, by difference	S3770
Iron, Fe	S3770
Sodium, Na	S3770
Fatty acids, total trans	S3770
Calcium, Ca	S3770
Vitamin A, IU	S3770
Protein	S3770
Energy	S3770
Fatty acids, total saturated	S3770

NDB No. 19120 Candies, milk chocolate

Niacin	S1069
20:3 undifferentiated	S1069
Calcium, Ca	S7, S10, S6, S11, S9, S12, S1069, S8
Cholesterol	S1069
10:0	S1069
18:2 undifferentiated	S1069
17:0	S1069
20:2 n-6 c,c	S1069
Total lipid (fat)	S1069
Iron, Fe	S7, S10, S6, S11, S9, S12, S1069, S8
Potassium, K	S7, S10, S6, S11, S9, S12, S1069, S8
Selenium, Se	S7, S10, S6, S11, S9, S12, S1069, S8
Carotene, beta	S1069
4:0	S1069
20:4 undifferentiated	S1069
Stigmasterol	S1069
Carotene, alpha	S1069
Choline, total	S1069
Dihydrophylloquinone	S1069
14:0	S1069

NDB No. 19120 Candies, milk chocolate

24:0	S1069
Ash	S1069
Water	S1069
Theobromine	S1069
Sugars, total	S1069
Phosphorus, P	S7, S10, S6, S11, S9, S12, S1069, S8
Copper, Cu	S7, S10, S6, S11, S9, S12, S1069, S8
Fluoride, F	D5007
Manganese, Mn	S7, S10, S6, S11, S9, S12, S1069, S8
Pantothenic acid	S1069
Vitamin B-6	S1069
20:0	S1069
14:1	S1069
20:1	S1069
22:1 undifferentiated	S1069
24:1 c	S1069
17:1	S1069
13:0	S1069
18:3 n-3 c,c,c (ALA)	S1069
Caffeine	S1069
Fiber, total dietary	S1069
Folate, total	S1069
Vitamin K (phylloquinone)	S1069
Betaine	S1069
6:0	S1069
16:1 undifferentiated	S1069
20:5 n-3 (EPA)	S1069
Campesterol	S1069
Beta-sitosterol	S1069
15:0	S1069
15:1	S1069
Protein	S1069
Magnesium, Mg	S7, S10, S6, S11, S9, S12, S1069, S8
Sodium, Na	S7, S10, S6, S11, S9, S12, S1069, S8
Cryptoxanthin, beta	S1069
16:0	S1069
22:0	S1069

NDB No. 19120 Candies, milk chocolate

18:1 t	S1069
18:3 n-6 c,c,c	S1069
Lycopene	S1069
Vitamin C, total ascorbic acid	S1069
Thiamin	S1069
Riboflavin	S1069
8:0	S1069
12:0	S1069
18:0	S1069
18:1 c	S1069

NDB No. 19129 Syrups, table blends, pancake

Copper, Cu	S7, S10, S6, S11, S9, S12, S8
Vitamin K (phylloquinone)	D4002
Calcium, Ca	S7, S10, S6, S11, S9, S12, S8
Sodium, Na	S7, S10, S6, S11, S9, S12, S8
Manganese, Mn	S7, S10, S6, S11, S9, S12, S8
Selenium, Se	S7, S10, S6, D3364, S11, S9, S12, S8
Phosphorus, P	S7, S10, S6, S11, S9, S12, S8
Magnesium, Mg	S7, S10, S6, S11, S9, S12, S8
Iron, Fe	S7, S10, S6, S11, S9, S12, S8
Potassium, K	S7, S10, S6, S11, S9, S12, S8
Zinc, Zn	S7, S10, S6, S11, S9, S12, S8

NDB No. 19135 Candies, MARS SNACKFOOD US, MILKY WAY Bar

Sugars, total	S3361
Calcium, Ca	S3361
Iron, Fe	S3361
Vitamin C, total ascorbic acid	S3361
Cholesterol	S3361
Fiber, total dietary	S3361
Carbohydrate, by difference	S3361
Fatty acids, total trans	S3361
Energy	S3361
Sodium, Na	S3361
Vitamin A, IU	S3361

NDB No. 19135 Candies, MARS SNACKFOOD US, MILKY WAY Bar

Protein	S3361
Total lipid (fat)	S3361
Fatty acids, total saturated	S3361

NDB No. 19139 Baking chocolate, MARS SNACKFOOD US, M&M's Semisweet Chocolate Mini Baking Bits

Iron, Fe	S3361
Cholesterol	S3361
Protein	S3361
Carbohydrate, by difference	S3361
Energy	S3361
Sodium, Na	S3361
Sugars, total	S3361
Vitamin A, IU	S3361
Fiber, total dietary	S3361
Fatty acids, total trans	S3361
Calcium, Ca	S3361
Vitamin C, total ascorbic acid	S3361
Fatty acids, total saturated	S3361
Total lipid (fat)	S3361

NDB No. 19140 Candies, MARS SNACKFOOD US, M&M's Peanut Chocolate Candies

Total lipid (fat)	S3361
Vitamin A, IU	S3361
Protein	S3361
Carbohydrate, by difference	S3361
Energy	S3361
Fiber, total dietary	S3361
Vitamin C, total ascorbic acid	S3361
Cholesterol	S3361
Fatty acids, total saturated	S3361
Sugars, total	S3361
Calcium, Ca	S3361
Iron, Fe	S3361
Sodium, Na	S3361

NDB No. 19141 Candies, MARS SNACKFOOD US, M&M's Milk Chocolate Candies

Sugars, total	S3361
Total lipid (fat)	S3361
Carbohydrate, by difference	S3361
Energy	S3361
Choline, total	S4001
Cholesterol	S3361
Fatty acids, total saturated	S3361
Fluoride, F	D5301
Sodium, Na	S3361
Protein	S3361
Calcium, Ca	S3361
Iron, Fe	S3361
Vitamin C, total ascorbic acid	S3361
Fiber, total dietary	S3361
Vitamin A, IU	S3361
Betaine	S4001
Fatty acids, total trans	S3361

NDB No. 19142 Candies, MOUNDS Candy Bar

10:0	S5
20:1	S5
20:3 undifferentiated	S5
16:0	S5
8:0	S5
20:4 undifferentiated	S5
16:1 undifferentiated	S5
17:1	S5
15:0	S5
14:0	S5
20:0	S5
12:0	S5
18:0	S5
22:0	S5
14:1	S5
17:0	S5

NDB No. 19144 Candies, NESTLE, 100 GRAND Bar

Calcium, Ca	S3770
Caffeine	S3770
Theobromine	S3770
Sugars, total	S3770
Carbohydrate, by difference	S3770
Water	S3770
Potassium, K	S3770
Protein	S3770
Total lipid (fat)	S3770
Fiber, total dietary	S3770
Iron, Fe	S3770
Vitamin C, total ascorbic acid	S3770
Energy	S3770
Sodium, Na	S3770
Vitamin A, IU	S3770
Fatty acids, total saturated	S3770

NDB No. 19145 Candies, NESTLE, CRUNCH Bar and Dessert Topping

Theobromine	S3770
Sodium, Na	S3770
Total lipid (fat)	S3770
Water	S3770
Fatty acids, total saturated	S3770
Fiber, total dietary	S3770
Vitamin C, total ascorbic acid	S3770
Potassium, K	S3770
Vitamin A, IU	S3770
Calcium, Ca	S3770
Cholesterol	S3770
Energy	S3770
Caffeine	S3770
Iron, Fe	S3770
Protein	S3770
Carbohydrate, by difference	S3770
Sugars, total	S3770
Fatty acids, total trans	S3770

NDB No. 19146 Baking chocolate, MARS SNACKFOOD US, M&M's Milk Chocolate Mini Baking Bits

Protein	S3361
Sugars, total	S3361
Fatty acids, total trans	S3361
Carbohydrate, by difference	S3361
Sodium, Na	S3361
Calcium, Ca	S3361
Vitamin A, IU	S3361
Cholesterol	S3361
Total lipid (fat)	S3361
Fiber, total dietary	S3361
Iron, Fe	S3361
Fatty acids, total saturated	S3361
Energy	S3361
Vitamin C, total ascorbic acid	S3361

NDB No. 19149 Candies, NESTLE, RAISINETS Chocolate Covered Raisins

Carbohydrate, by difference	S3770
Sodium, Na	S3770
Energy	S3770
Fatty acids, total saturated	S3770
Protein	S3770
Vitamin A, IU	S3770
Sugars, total	S3770
Calcium, Ca	S3770
Total lipid (fat)	S3770
Iron, Fe	S3770
Cholesterol	S3770
Fiber, total dietary	S3770
Vitamin C, total ascorbic acid	S3770
Fatty acids, total trans	S3770

NDB No. 19153 Candies, NESTLE, AFTER EIGHT Mints

Protein	S3770
Iron, Fe	S3770
Fatty acids, total trans	S3770
Sugars, total	S3770

NDB No. 19153 Candies, NESTLE, AFTER EIGHT Mints

Sodium, Na	S3770
Cholesterol	S3770
Vitamin C, total ascorbic acid	S3770
Total lipid (fat)	S3770
Vitamin A, IU	S3770
Carbohydrate, by difference	S3770
Energy	S3770
Fiber, total dietary	S3770
Calcium, Ca	S3770
Fatty acids, total saturated	S3770

NDB No. 19155 Candies, MARS SNACKFOOD US, SNICKERS Bar

Iron, Fe	S3361
Zinc, Zn	S1164
Selenium, Se	S1164
Lycopene	S1164
Tocopherol, delta	S1164
Vitamin B-12	S1164
Choline, total	S1164
Cholesterol	S3361
24:0	S1164
Carbohydrate, by difference	S3361
Fluoride, F	D5301
Tocopherol, beta	S1164
Folate, food	S1164
15:1	S1164
Calcium, Ca	S3361
Phosphorus, P	S1164
Potassium, K	S1164
Manganese, Mn	S1164
Carotene, alpha	S1164
Pantothenic acid	S1164
20:5 n-3 (EPA)	S1164
20:2 n-6 c,c	S1164
20:3 undifferentiated	S1164
Energy	S3361

NDB No. 19155 Candies, MARS SNACKFOOD US, SNICKERS Bar

Riboflavin	S1164
Vitamin B-6	S1164
Folate, total	S1164
Folic acid	S1164
20:4 undifferentiated	S1164
Protein	S3361
Total lipid (fat)	S3361
Water	S1164
Sugars, total	S3361
Magnesium, Mg	S1164
Copper, Cu	S1164
Vitamin E (alpha-tocopherol)	S1164
Vitamin K (phylloquinone)	S1164
Fatty acids, total trans	S3361
Ash	S1164
Vitamin A, IU	S3361
Tocopherol, gamma	S1164
Thiamin	S1164
18:3 n-6 c,c,c	S1164
Vitamin C, total ascorbic acid	S3361
Niacin	S1164
Fiber, total dietary	S3361
Sodium, Na	S3361
Cryptoxanthin, beta	S1164
Betaine	S1164
Fatty acids, total saturated	S3361
22:6 n-3 (DHA)	S1164

NDB No. 19156 Candies, MARS SNACKFOOD US, STARBURST Fruit Chews, Original fruits

Protein	S3361
Sugars, total	S3361
Iron, Fe	S3361
Fatty acids, total saturated	S3361
Carbohydrate, by difference	S3361
Fatty acids, total trans	S3361
Cholesterol	S3361

NDB No. 19156 Candies, MARS SNACKFOOD US, STARBURST Fruit Chews, Original fruits

Fiber, total dietary	S3361
Calcium, Ca	S3361
Vitamin C, total ascorbic acid	S3361
Sodium, Na	S3361
Total lipid (fat)	S3361
Vitamin A, IU	S3361
Energy	S3361

NDB No. 19157 Candies, MARS SNACKFOOD US, M&M's MINIs Milk Chocolate Candies

Carbohydrate, by difference	S3361
Sodium, Na	S3361
Vitamin C, total ascorbic acid	S3361
Protein	S3361
Energy	S3361
Fatty acids, total trans	S3361
Total lipid (fat)	S3361
Sugars, total	S3361
Calcium, Ca	S3361
Vitamin A, IU	S3361
Fiber, total dietary	S3361
Iron, Fe	S3361
Cholesterol	S3361
Fatty acids, total saturated	S3361

NDB No. 19159 Candies, MARS SNACKFOOD US, 3 MUSKETEERS Bar

Vitamin A, IU	S3361
Total lipid (fat)	S3361
Fiber, total dietary	S3361
Protein	S3361
Carbohydrate, by difference	S3361
Sugars, total	S3361
Vitamin C, total ascorbic acid	S3361
Fatty acids, total saturated	S3361
Calcium, Ca	S3361
Iron, Fe	S3361
Sodium, Na	S3361

NDB No. 19159 Candies, MARS SNACKFOOD US, 3 MUSKETEERS Bar

Energy	S3361
Cholesterol	S3361
Fatty acids, total trans	S3361

NDB No. 19160 Candies, MARS SNACKFOOD US, TWIX Caramel Cookie Bars

Total lipid (fat)	S3361
Carbohydrate, by difference	S3361
Fiber, total dietary	S3361
Cholesterol	S3361
Fatty acids, total saturated	S3361
Protein	S3361
Calcium, Ca	S3361
Vitamin C, total ascorbic acid	S3361
Energy	S3361
Sodium, Na	S3361
Vitamin A, IU	S3361
Iron, Fe	S3361
Sugars, total	S3361
Fatty acids, total trans	S3361

NDB No. 19161 Candies, MARS SNACKFOOD US, TWIX Peanut Butter Cookie Bars

Sugars, total	S3361
Calcium, Ca	S3361
Vitamin A, IU	S3361
Fatty acids, total saturated	S3361
Protein	S3361
Sodium, Na	S3361
Carbohydrate, by difference	S3361
Fiber, total dietary	S3361
Fatty acids, total trans	S3361
Vitamin C, total ascorbic acid	S3361
Total lipid (fat)	S3361
Energy	S3361
Iron, Fe	S3361
Cholesterol	S3361

NDB No. 19173 Gelatin desserts, dry mix, prepared with water

Fluoride, F	D5001, D5002, D5007, D5003
Betaine	S2105
Choline, total	S2105

NDB No. 19183 Puddings, chocolate, ready-to-eat

Fructose	S2105
Fiber, total dietary	S2105
Iron, Fe	S2105
Cryptoxanthin, beta	S2105
18:3 undifferentiated	S2105
Fatty acids, total polyunsaturated	S2105
18:3 n-3 c,c,c (ALA)	S2105
Phosphorus, P	S2105
Zinc, Zn	S2105
Manganese, Mn	S2105
14:0	S2105
20:4 undifferentiated	S2105
17:0	S2105
18:3 n-6 c,c,c	S2105
Sucrose	S2105
Glucose (dextrose)	S2105
Lactose	S2105
Lycopene	S2105
Tocopherol, gamma	S2105
Tocopherol, delta	S2105
Thiamin	S2105
18:1 undifferentiated	S2105
20:1	S2105
Fatty acids, total monounsaturated	S2105
15:1	S2105
Vitamin E (alpha-tocopherol)	S2105
Niacin	S2105
Vitamin B-6	S2105
Fatty acids, total saturated	S2105
10:0	S2105
12:0	S2105

NDB No. 19183 Puddings, chocolate, ready-to-eat

18:0	S2105
17:1	S2105
Protein	S2105
Calcium, Ca	S2105
Magnesium, Mg	S2105
Sodium, Na	S2105
Selenium, Se	S2105
Carotene, beta	S2105
Tocopherol, beta	S2105
Riboflavin	S2105
Choline, total	S2105
20:0	S2105
18:2 undifferentiated	S2105
16:1 undifferentiated	S2105
20:2 n-6 c,c	S2105
Maltose	S2105
Carotene, alpha	S2105
Betaine	S2105
20:3 undifferentiated	S2105
Galactose	S2105
Potassium, K	S2105
Pantothenic acid	S2105
Vitamin B-12	S2105
Vitamin K (phylloquinone)	S2105
8:0	S2105
22:0	S2105
14:1	S2105
15:0	S2105
Total lipid (fat)	S2105
Ash	S2105
Water	S2105
Sugars, total	S2105
Copper, Cu	S2105
16:0	S2105

NDB No. 19201 Puddings, vanilla, ready-to-eat

NDB No. 19201 Puddings, vanilla, ready-to-eat

Ash	S2105
Glucose (dextrose)	S2105
Fructose	S2105
Maltose	S2105
Magnesium, Mg	S2105
Selenium, Se	S2105
Tocopherol, delta	S2105
18:3 undifferentiated	S2105
22:0	S2105
17:0	S2105
15:1	S2105
Phosphorus, P	S2105
Copper, Cu	S2105
Vitamin B-12	S2105
20:2 n-6 c,c	S2105
20:3 undifferentiated	S2105
Water	S2105
Fiber, total dietary	S2105
Sodium, Na	S2105
Zinc, Zn	S2105
Carotene, alpha	S2105
Niacin	S2105
16:1 undifferentiated	S2105
Protein	S2105
Total lipid (fat)	S2105
Sucrose	S2105
Lycopene	S2105
Vitamin K (phylloquinone)	S2105
8:0	S2105
12:0	S2105
20:0	S2105
18:3 n-6 c,c,c	S2105
Iron, Fe	S2105
Carotene, beta	S2105
Riboflavin	S2105
Pantothenic acid	S2105
16:0	S2105

NDB No. 19201 Puddings, vanilla, ready-to-eat

18:0	S2105
20:4 undifferentiated	S2105
14:1	S2105
18:3 n-3 c,c,c (ALA)	S2105
Lactose	S2105
Galactose	S2105
Calcium, Ca	S2105
Potassium, K	S2105
Manganese, Mn	S2105
Thiamin	S2105
Vitamin B-6	S2105
15:0	S2105
Cryptoxanthin, beta	S2105
Tocopherol, beta	S2105
10:0	S2105
14:0	S2105
18:1 undifferentiated	S2105
20:1	S2105
Sugars, total	S2105
Tocopherol, gamma	S2105
18:2 undifferentiated	S2105
17:1	S2105

NDB No. 19218 Puddings, tapioca, ready-to-eat

Sucrose	S2105
Glucose (dextrose)	S2105
Maltose	S2105
Phosphorus, P	S2105
Sodium, Na	S2105
Vitamin E (alpha-tocopherol)	S2105
Cryptoxanthin, beta	S2105
Tocopherol, beta	S2105
Riboflavin	S2105
Vitamin B-12	S2105
10:0	S2105
Fatty acids, total monounsaturated	S2105

NDB No. 19218 Puddings, tapioca, ready-to-eat

Fatty acids, total polyunsaturated	S2105
Manganese, Mn	S2105
Fatty acids, total saturated	S2105
8:0	S2105
22:0	S2105
16:1 undifferentiated	S2105
15:1	S2105
18:3 n-3 c,c,c (ALA)	S2105
Lactose	S2105
Thiamin	S2105
Niacin	S2105
Pantothenic acid	S2105
Vitamin K (phylloquinone)	S2105
18:1 undifferentiated	S2105
18:3 undifferentiated	S2105
18:3 n-6 c,c,c	S2105
20:3 undifferentiated	S2105
Protein	S2105
Iron, Fe	S2105
Copper, Cu	S2105
Vitamin B-6	S2105
14:1	S2105
Total lipid (fat)	S2105
Galactose	S2105
Selenium, Se	S2105
20:4 undifferentiated	S2105
Ash	S2105
Fructose	S2105
Magnesium, Mg	S2105
Carotene, alpha	S2105
14:0	S2105
18:0	S2105
18:2 undifferentiated	S2105
17:0	S2105
Fiber, total dietary	S2105
Calcium, Ca	S2105
Potassium, K	S2105

NDB No. 19218 Puddings, tapioca, ready-to-eat

Zinc, Zn	S2105
Carotene, beta	S2105
Lycopene	S2105
Tocopherol, delta	S2105
12:0	S2105
20:2 n-6 c,c	S2105
Water	S2105
Sugars, total	S2105
Tocopherol, gamma	S2105
16:0	S2105
20:0	S2105
20:1	S2105
17:1	S2105

NDB No. 19226 Frostings, chocolate, creamy, ready-to-eat

Choline, total	S1063
Tocopherol, beta	S84
Tocopherol, gamma	S84
Vitamin E (alpha-tocopherol)	S84
Tocopherol, delta	S84

NDB No. 19230 Frostings, vanilla, creamy, ready-to-eat

Zinc, Zn	S1063
Vitamin K (phylloquinone)	S1063
Total lipid (fat)	S1063
Manganese, Mn	S1063
Riboflavin	S1063
Calcium, Ca	S1063
Potassium, K	S1063
Niacin	S1063
Pantothenic acid	S1063
Magnesium, Mg	S1063
Thiamin	S1063
Vitamin B-6	S1063
Choline, total	S1063
Ash	S1063

NDB No. 19230 Frostings, vanilla, creamy, ready-to-eat

Water	S1063
Phosphorus, P	S1063
Protein	S1063
Iron, Fe	S1063
Sodium, Na	S1063
Copper, Cu	S1063
Selenium, Se	S1063
Folate, total	S1063

NDB No. 19234 Puddings, tapioca, ready-to-eat, fat free

Fiber, total dietary	S2105
Copper, Cu	S2105
Carotene, beta	S2105
Vitamin E (alpha-tocopherol)	S2105
Niacin	S2105
Vitamin K (phylloquinone)	S2105
Fatty acids, total saturated	S2105
12:0	S2105
14:0	S2105
18:1 undifferentiated	S2105
18:2 undifferentiated	S2105
17:1	S2105
22:0	S2105
17:0	S2105
18:3 n-6 c,c,c	S2105
Cryptoxanthin, beta	S2105
14:1	S2105
20:1	S2105
Fatty acids, total monounsaturated	S2105
20:3 undifferentiated	S2105
18:3 n-3 c,c,c (ALA)	S2105
Sugars, total	S2105
Phosphorus, P	S2105
Manganese, Mn	S2105
Tocopherol, beta	S2105
Pantothenic acid	S2105

NDB No. 19234 Puddings, tapioca, ready-to-eat, fat free

8:0	S2105
16:0	S2105
20:4 undifferentiated	S2105
Protein	S2105
Sodium, Na	S2105
Carotene, alpha	S2105
Tocopherol, gamma	S2105
15:1	S2105
Iron, Fe	S2105
Lycopene	S2105
Tocopherol, delta	S2105
Riboflavin	S2105
Vitamin B-6	S2105
10:0	S2105
18:3 undifferentiated	S2105
Total lipid (fat)	S2105
Ash	S2105
Water	S2105
Calcium, Ca	S2105
Zinc, Zn	S2105
Selenium, Se	S2105
Thiamin	S2105
Vitamin B-12	S2105
Dihydrophylloquinone	S2105
Fatty acids, total polyunsaturated	S2105
15:0	S2105
20:2 n-6 c,c	S2105
Magnesium, Mg	S2105
Potassium, K	S2105
18:0	S2105
20:0	S2105
16:1 undifferentiated	S2105

NDB No. 19254 Candies, MARS SNACKFOOD US, DOVE Milk Chocolate

Protein	S3361
Calcium, Ca	S3361

NDB No. 19254 Candies, MARS SNACKFOOD US, DOVE Milk Chocolate

Sodium, Na	S3361
Fiber, total dietary	S3361
Cholesterol	S3361
Fatty acids, total saturated	S3361
Energy	S3361
Sugars, total	S3361
Vitamin C, total ascorbic acid	S3361
Total lipid (fat)	S3361
Carbohydrate, by difference	S3361
Fatty acids, total trans	S3361
Iron, Fe	S3361
Vitamin A, IU	S3361

NDB No. 19255 Candies, MARS SNACKFOOD US, DOVE Dark Chocolate

Vitamin A, IU	S3361
Protein	S3361
Energy	S3361
Sodium, Na	S3361
Iron, Fe	S3361
Vitamin C, total ascorbic acid	S3361
Fatty acids, total saturated	S3361
Sugars, total	S3361
Calcium, Ca	S3361
Fiber, total dietary	S3361
Cholesterol	S3361
Total lipid (fat)	S3361
Carbohydrate, by difference	S3361
Fatty acids, total trans	S3361

NDB No. 19256 Candies, MARS SNACKFOOD US, MILKY WAY Caramels, milk chocolate covered

Cholesterol	S3361
Carbohydrate, by difference	S3361
Calcium, Ca	S3361
Vitamin A, IU	S3361
Iron, Fe	S3361
Vitamin C, total ascorbic acid	S3361

NDB No. 19256 Candies, MARS SNACKFOOD US, MILKY WAY Caramels, milk chocolate covered

Fatty acids, total saturated	S3361
Protein	S3361
Total lipid (fat)	S3361
Sugars, total	S3361
Fiber, total dietary	S3361
Sodium, Na	S3361
Energy	S3361
Fatty acids, total trans	S3361

NDB No. 19258 Candies, MARS SNACKFOOD US, MILKY WAY Caramels. dark chocolate covered

Protein	S3361
Carbohydrate, by difference	S3361
Iron, Fe	S3361
Vitamin A, IU	S3361
Fatty acids, total trans	S3361
Sugars, total	S3361
Total lipid (fat)	S3361
Calcium, Ca	S3361
Vitamin C, total ascorbic acid	S3361
Cholesterol	S3361
Fatty acids, total saturated	S3361
Sodium, Na	S3361
Energy	S3361
Fiber, total dietary	S3361

NDB No. 19270 Ice creams, chocolate

Choline, total	S1067
Betaine	S1067
Fluoride, F	S1067

NDB No. 19283 Frozen novelties, ice type, pop

Manganese, Mn	S1067
Vitamin K (phylloquinone)	D4002
Lactose	S1067
Fluoride, F	S1067

NDB No. 19283 Frozen novelties, ice type, pop

Total lipid (fat)	S1067
Fructose	S1067
Fiber, total dietary	S1067
Sucrose	S1067
Water	S1067
Magnesium, Mg	S1067
Potassium, K	S1067
Glucose (dextrose)	S1067
Iron, Fe	S1067
Sodium, Na	S1067
Copper, Cu	S1067
Vitamin C, total ascorbic acid	S1067
Maltose	S1067
Phosphorus, P	S1067
Zinc, Zn	S1067
Protein	S1067
Ash	S1067
Calcium, Ca	S1067
Selenium, Se	S7, S10, S6, S11, S9, S12, S8

NDB No. 19292 Candies, MARS SNACKFOOD US, M&M's Crispy Chocolate Candies

Iron, Fe	S3361
Sodium, Na	S3361
Energy	S3361
Protein	S3361
Vitamin A, IU	S3361
Vitamin C, total ascorbic acid	S3361
Carbohydrate, by difference	S3361
Fiber, total dietary	S3361
Calcium, Ca	S3361
Total lipid (fat)	S3361
Sugars, total	S3361
Cholesterol	S3361
Fatty acids, total trans	S3361
Fatty acids, total saturated	S3361

NDB No. 19293 Frozen yogurts, vanilla, soft-serve

Choline, total	S3461

NDB No. 19295 Candies, MARS SNACKFOOD US, SNICKERS MUNCH bar

Calcium, Ca	S3361
Iron, Fe	S3361
Vitamin A, IU	S3361
Vitamin C, total ascorbic acid	S3361
Fatty acids, total trans	S3361
Total lipid (fat)	S3361
Carbohydrate, by difference	S3361
Fatty acids, total saturated	S3361
Sodium, Na	S3361
Sugars, total	S3361
Fiber, total dietary	S3361
Cholesterol	S3361
Energy	S3361
Protein	S3361

NDB No. 19296 Honey

Betaine	S2661
Glucose (dextrose)	D3316, D3339, D3338
Vitamin K (phylloquinone)	D4048, D4002
Maltose	D3339, D3338
Fluoride, F	D5007
Fructose	D3316, D3339, D3338
Sucrose	D3339, D3338
Galactose	D3342
Choline, total	S2661

NDB No. 19297 Jams and preserves

Choline, total	S3461
Fluoride, F	D5001

NDB No. 19300 Jellies

NDB No. 19300 Jellies

Magnesium, Mg	S7, S10, S6, S11, S9, S12, S8
Phosphorus, P	S7, S10, S6, S11, S9, S12, S8
Sodium, Na	S7, S10, S5, S6, S11, S9, S12, S8
Sugars, total	S5
Selenium, Se	S7, S10, D3359, S6, S11, S9, S12, S8
Protein	S5
Iron, Fe	S7, S10, S6, S11, S9, S12, S8
Zinc, Zn	S7, S10, S6, S11, S9, S12, S8
Calcium, Ca	S7, S10, S6, S11, S9, S12, S8
Copper, Cu	S7, S10, S6, S11, S9, S12, S8
Manganese, Mn	S7, S10, S6, S11, S9, S12, S8
Total lipid (fat)	S5
Water	S5
Potassium, K	S7, S10, S6, S11, S9, S12, S8
Ash	S5

NDB No. 19302 Candies, MARS SNACKFOOD US, SNICKERS Almond bar

Vitamin A, IU	S3361
Vitamin C, total ascorbic acid	S3361
Sugars, total	S3361
Calcium, Ca	S3361
Protein	S3361
Carbohydrate, by difference	S3361
Fatty acids, total saturated	S3361
Total lipid (fat)	S3361
Fiber, total dietary	S3361
Iron, Fe	S3361
Fatty acids, total trans	S3361
Energy	S3361
Sodium, Na	S3361
Cholesterol	S3361

NDB No. 19304 Molasses

Choline, total	S3461
Glucose (dextrose)	D3296
Sugars, total	D3296

NDB No. 19304 Molasses

Fructose	D3296
Sucrose	D3296

NDB No. 19306 Candies, MARS SNACKFOOD US, POP'ABLES SNICKERS Brand Bite Size Candies

Vitamin C, total ascorbic acid	S3361
Carbohydrate, by difference	S3361
Vitamin A, IU	S3361
Fiber, total dietary	S3361
Sodium, Na	S3361
Fatty acids, total saturated	S3361
Sugars, total	S3361
Iron, Fe	S3361
Protein	S3361
Energy	S3361
Total lipid (fat)	S3361
Calcium, Ca	S3361
Cholesterol	S3361
Fatty acids, total trans	S3361

NDB No. 19307 Candies, MARS SNACKFOOD US, POP'ABLES MILKY WAY Brand Bite Size Candies

Protein	S3361
Sugars, total	S3361
Fiber, total dietary	S3361
Calcium, Ca	S3361
Sodium, Na	S3361
Energy	S3361
Vitamin A, IU	S3361
Vitamin C, total ascorbic acid	S3361
Cholesterol	S3361
Total lipid (fat)	S3361
Carbohydrate, by difference	S3361
Fatty acids, total trans	S3361
Iron, Fe	S3361
Fatty acids, total saturated	S3361

NDB No. 19308 Candies, MARS SNACKFOOD US, POP'ABLES 3 MUSKETEERS Brand Bite Size Candies

Sugars, total	S3361
Iron, Fe	S3361
Vitamin C, total ascorbic acid	S3361
Fatty acids, total trans	S3361
Total lipid (fat)	S3361
Vitamin A, IU	S3361
Cholesterol	S3361
Protein	S3361
Energy	S3361
Sodium, Na	S3361
Fatty acids, total saturated	S3361
Carbohydrate, by difference	S3361
Fiber, total dietary	S3361
Calcium, Ca	S3361

NDB No. 19309 Candies, MARS SNACKFOOD US, STARBURST Fruit Chews, Fruit and Creme

Protein	S3361
Cholesterol	S3361
Iron, Fe	S3361
Sodium, Na	S3361
Total lipid (fat)	S3361
Carbohydrate, by difference	S3361
Vitamin A, IU	S3361
Fatty acids, total saturated	S3361
Fiber, total dietary	S3361
Calcium, Ca	S3361
Vitamin C, total ascorbic acid	S3361
Energy	S3361
Sugars, total	S3361
Fatty acids, total trans	S3361

NDB No. 19313 Candies, MARS SNACKFOOD US, STARBURST Fruit Chews, Tropical fruits

Vitamin C, total ascorbic acid	S3361
Total lipid (fat)	S3361
Protein	S3361

NDB No. 19313 Candies, MARS SNACKFOOD US, STARBURST Fruit Chews, Tropical fruits

Calcium, Ca	S3361
Fiber, total dietary	S3361
Cholesterol	S3361
Sodium, Na	S3361
Vitamin A, IU	S3361
Carbohydrate, by difference	S3361
Sugars, total	S3361
Fatty acids, total trans	S3361
Fatty acids, total saturated	S3361
Energy	S3361
Iron, Fe	S3361

NDB No. 19315 Candies, MARS SNACKFOOD US, STARBURST Sour Fruit Chews

Protein	S3361
Total lipid (fat)	S3361
Fiber, total dietary	S3361
Vitamin C, total ascorbic acid	S3361
Iron, Fe	S3361
Sodium, Na	S3361
Fatty acids, total trans	S3361
Vitamin A, IU	S3361
Carbohydrate, by difference	S3361
Calcium, Ca	S3361
Fatty acids, total saturated	S3361
Energy	S3361
Sugars, total	S3361
Cholesterol	S3361

NDB No. 19326 Candies, MARS SNACKFOOD US, COCOAVIA Chocolate Bar

Total lipid (fat)	S3361
Calcium, Ca	S3361
Cholesterol	S3361
Fatty acids, total saturated	S3361
Energy	S3361
Vitamin A, IU	S3361
Sugars, total	S3361

NDB No. 19326 Candies, MARS SNACKFOOD US, COCOAVIA Chocolate Bar

Carbohydrate, by difference	S3361
Vitamin C, total ascorbic acid	S3361
Fatty acids, total trans	S3361
Protein	S3361
Fiber, total dietary	S3361
Iron, Fe	S3361
Sodium, Na	S3361

NDB No. 19327 Candies, MARS SNACKFOOD US, COCOAVIA Blueberry and Almond Chocolate Bar

Cholesterol	S3361
Total lipid (fat)	S3361
Energy	S3361
Calcium, Ca	S3361
Vitamin A, IU	S3361
Protein	S3361
Carbohydrate, by difference	S3361
Vitamin C, total ascorbic acid	S3361
Fatty acids, total trans	S3361
Iron, Fe	S3361
Sugars, total	S3361
Fiber, total dietary	S3361
Sodium, Na	S3361
Fatty acids, total saturated	S3361

NDB No. 19328 Candies, MARS SNACKFOOD US, COCOAVIA Crispy Chocolate Bar

Energy	S3361
Iron, Fe	S3361
Sodium, Na	S3361
Vitamin C, total ascorbic acid	S3361
Protein	S3361
Cholesterol	S3361
Carbohydrate, by difference	S3361
Sugars, total	S3361
Fatty acids, total trans	S3361
Fiber, total dietary	S3361
Vitamin A, IU	S3361

NDB No. 19328 Candies, MARS SNACKFOOD US, COCOAVIA Crispy Chocolate Bar

Fatty acids, total saturated	S3361
Total lipid (fat)	S3361
Calcium, Ca	S3361

NDB No. 19334 Sugars, brown

Protein	S3559
Ash	S3559
Vitamin B-6	S3559
Betaine	S3559
Water	S3559
Magnesium, Mg	S3559
Potassium, K	S3559
Sucrose	S3559
Calcium, Ca	S3559
Phosphorus, P	S3559
Manganese, Mn	S3559
Maltose	S3559
Zinc, Zn	S3559
Thiamin	S3559
Pantothenic acid	S3559
Fructose	S3559
Lactose	S3559
Sodium, Na	S3559
Choline, total	S3559
Glucose (dextrose)	S3559
Sugars, total	S3559
Galactose	S3559
Iron, Fe	S3559
Riboflavin	S3559
Total lipid (fat)	S3559
Copper, Cu	S3559
Selenium, Se	D3357, D3364
Niacin	S3559

NDB No. 19335 Sugars, granulated

Sodium, Na	S3559

NDB No. 19335 Sugars, granulated

Vitamin K (phylloquinone)	D4048, D4002
Water	S3559
Galactose	S3559
Potassium, K	S3559
Zinc, Zn	S3559
Protein	S3559
Ash	S3559
Sucrose	S3559
Maltose	S3559
Sugars, total	S3559
Copper, Cu	S3559
Glucose (dextrose)	S3559
Calcium, Ca	S3559
Magnesium, Mg	S3559
Phosphorus, P	S3559
Manganese, Mn	S3559
Total lipid (fat)	S3559
Lactose	S3559
Fructose	S3559
Iron, Fe	S3559

NDB No. 19336 Sugars, powdered

Total lipid (fat)	S3559
Lactose	S3559
Iron, Fe	S3559
Maltose	S3559
Water	S3559
Fructose	S3559
Potassium, K	S3559
Glucose (dextrose)	S3559
Galactose	S3559
Sodium, Na	S3559
Zinc, Zn	S3559
Manganese, Mn	S3559
Magnesium, Mg	S3559
Copper, Cu	S3559

NDB No. 19336 Sugars, powdered

Protein	S3559
Ash	S3559
Starch	S3559
Sugars, total	S3559
Calcium, Ca	S3559
Phosphorus, P	S3559

NDB No. 19337 Sweeteners, tabletop, aspartame, EQUAL, packets

Water	S2109
Copper, Cu	S2109
Manganese, Mn	S2109
Tryptophan	S2109
Proline	S2109
Magnesium, Mg	S2109
Ash	S2109
Starch	S2109
Threonine	S2109
Leucine	S2109
Lysine	S2109
Total lipid (fat)	S2109
Isoleucine	S2109
Glutamic acid	S2109
Calcium, Ca	S2109
Potassium, K	S2109
Sodium, Na	S2109
Methionine	S2109
Cystine	S2109
Serine	S2109
Protein	S2109
Phosphorus, P	S2109
Zinc, Zn	S2109
Phenylalanine	S2109
Histidine	S2109
Aspartic acid	S2109
Glycine	S2109
Iron, Fe	S2109

NDB No. 19337 Sweeteners, tabletop, aspartame, EQUAL, packets

Tyrosine	S2109
Valine	S2109
Arginine	S2109
Alanine	S2109

NDB No. 19349 Syrups, corn, dark

Selenium, Se	D3359

NDB No. 19350 Syrups, corn, light

Magnesium, Mg	S1164
Sodium, Na	S1164
Sugars, total	S1164
Calcium, Ca	S1164
Copper, Cu	S1164
Water	S1164
Iron, Fe	S1164
Phosphorus, P	S1164
Potassium, K	S1164
Pantothenic acid	S1164
Total lipid (fat)	S1164
Zinc, Zn	S1164
Manganese, Mn	S1164
Niacin	S1164
Ash	S1164
Sucrose	S1164
Thiamin	S1164
Vitamin B-6	S1164
Riboflavin	S1164
Protein	S1164

NDB No. 19353 Syrups, maple

Lactose	S3061
Galactose	S3061
Sodium, Na	S3061
Fructose	S3061, D3316

NDB No. 19353 Syrups, maple

Zinc, Zn	S3061
Manganese, Mn	S3061
Sucrose	S3061, D3316
Iron, Fe	S3061
Total lipid (fat)	S3061
Magnesium, Mg	S3061
Copper, Cu	S3061
Protein	S3061
Glucose (dextrose)	S3061, D3316
Sugars, total	S3061
Potassium, K	S3061
Water	S3061
Ash	S3061
Maltose	S3061
Calcium, Ca	S3061

NDB No. 19355 Syrups, sorghum

Selenium, Se	D3358

NDB No. 19359 Candies, MARS SNACKFOOD US, SNICKERS CRUNCHER

Total lipid (fat)	S3361
Carbohydrate, by difference	S3361
Calcium, Ca	S3361
Cholesterol	S3361
Vitamin A, IU	S3361
Energy	S3361
Fiber, total dietary	S3361
Iron, Fe	S3361
Protein	S3361
Sugars, total	S3361
Sodium, Na	S3361
Vitamin C, total ascorbic acid	S3361
Fatty acids, total trans	S3361
Fatty acids, total saturated	S3361

NDB No. 19363 Candies, MARS SNACKFOOD US, SKITTLES Wild Berry Bite Size Candies

Sugars, total	S3361
Vitamin A, IU	S3361
Protein	S3361
Total lipid (fat)	S3361
Calcium, Ca	S3361
Fatty acids, total saturated	S3361
Vitamin C, total ascorbic acid	S3361
Iron, Fe	S3361
Sodium, Na	S3361
Carbohydrate, by difference	S3361
Cholesterol	S3361
Energy	S3361
Fiber, total dietary	S3361
Fatty acids, total trans	S3361

NDB No. 19368 Candies, MARS SNACKFOOD US, SKITTLES Tropical Bite Size Candies

Carbohydrate, by difference	S3361
Energy	S3361
Vitamin C, total ascorbic acid	S3361
Total lipid (fat)	S3361
Fiber, total dietary	S3361
Calcium, Ca	S3361
Protein	S3361
Iron, Fe	S3361
Vitamin A, IU	S3361
Fatty acids, total trans	S3361
Cholesterol	S3361
Sugars, total	S3361
Sodium, Na	S3361

NDB No. 19369 Candies, MARS SNACKFOOD US, SKITTLES Sours Original

Energy	S3361
Sodium, Na	S3361
Cholesterol	S3361
Fatty acids, total saturated	S3361
Sugars, total	S3361

NDB No. 19369 Candies, MARS SNACKFOOD US, SKITTLES Sours Original

Calcium, Ca	S3361
Vitamin A, IU	S3361
Total lipid (fat)	S3361
Iron, Fe	S3361
Fiber, total dietary	S3361
Vitamin C, total ascorbic acid	S3361
Fatty acids, total trans	S3361
Carbohydrate, by difference	S3361
Protein	S3361

NDB No. 19370 Candies, MARS SNACKFOOD US, SKITTLES Original Bite Size Candies

Sugars, total	S3361
Sodium, Na	S3361
Cholesterol	S3361
Total lipid (fat)	S3361
Calcium, Ca	S3361
Vitamin A, IU	S3361
Vitamin C, total ascorbic acid	S3361
Fatty acids, total saturated	S3361
Fiber, total dietary	S3361
Protein	S3361
Carbohydrate, by difference	S3361
Energy	S3361
Iron, Fe	S3361
Fatty acids, total trans	S3361

NDB No. 19404 Snacks, granola bars, soft, uncoated, chocolate chip

Total lipid (fat)	S2105
Sugars, total	S2105
Iron, Fe	S2105
Niacin	S2105
Pantothenic acid	S2105
Dihydrophylloquinone	S2105
Threonine	S2105
Phenylalanine	S2105
Glycine	S2105

NDB No. 19404 Snacks, granola bars, soft, uncoated, chocolate chip

18:3 n-6 c,c,c	S2105
20:3 undifferentiated	S2105
Riboflavin	S2105
Vitamin B-6	S2105
Betaine	S2105
Isoleucine	S2105
Tyrosine	S2105
Histidine	S2105
16:0	S2105
18:0	S2105
22:0	S2105
14:1	S2105
15:1	S2105
Ash	S2105
Galactose	S2105
Calcium, Ca	S2105
Methionine	S2105
Cystine	S2105
Cholesterol	S2105
18:3 undifferentiated	S2105
Sucrose	S2105
Water	S2105
Potassium, K	S2105
Manganese, Mn	S2105
Selenium, Se	S2105
Tocopherol, delta	S2105
Thiamin	S2105
Folate, total	S2105
Vitamin B-12	S2105
Leucine	S2105
Proline	S2105
10:0	S2105
Protein	S2105
Maltose	S2105
Sodium, Na	S2105
Choline, total	S2105
Aspartic acid	S2105

NDB No. 19404 Snacks, granola bars, soft, uncoated, chocolate chip

20:0	S2105
18:2 undifferentiated	S2105
Starch	S2105
Copper, Cu	S2105
Vitamin E (alpha-tocopherol)	S2105
Serine	S2105
14:0	S2105
Fatty acids, total polyunsaturated	S2105
Glucose (dextrose)	S2105
Fructose	S2105
Magnesium, Mg	S2105
Phosphorus, P	S2105
Zinc, Zn	S2105
Lysine	S2105
Valine	S2105
Glutamic acid	S2105
8:0	S2105
18:1 undifferentiated	S2105
20:4 undifferentiated	S2105
Fatty acids, total monounsaturated	S2105
20:2 n-6 c,c	S2105
18:3 n-3 c,c,c (ALA)	S2105
Lactose	S2105
Fiber, total dietary	S2105
Tocopherol, beta	S2105
Tocopherol, gamma	S2105
Vitamin K (phylloquinone)	S2105
Tryptophan	S2105
Arginine	S2105
Alanine	S2105
Fatty acids, total saturated	S2105
12:0	S2105
16:1 undifferentiated	S2105
20:1	S2105

NDB No. 19410 Snack, potato chips, made from dried potatoes, plain

NDB No. 19410 Snack, potato chips, made from dried potatoes, plain

Water	S3774, S3549
Galactose	S3774, S3549
Fatty acids, total saturated	S3774, S3549
14:0	S3774, S3549
18:1 undifferentiated	S3774, S3549
16:1 undifferentiated	S3774, S3549
20:5 n-3 (EPA)	S3774, S3549
18:1 t	S3774, S3549
24:1 c	S3774, S3549
18:2 n-6 c,c	S3774, S3549
Fatty acids, total trans-polyenoic	S3774, S3549
Zinc, Zn	S3549
Manganese, Mn	S3549
Tocopherol, gamma	S3549
Tocopherol, delta	S3549
Riboflavin	S3549
Pantothenic acid	S3549
18:3 undifferentiated	S3774, S3549
22:0	S3774, S3549
18:4	S3774, S3549
Fatty acids, total polyunsaturated	S3774, S3549
15:0	S3774, S3549
16:1 t	S3774, S3549
18:2 t not further defined	S3774, S3549
22:1 c	S3774, S3549
Sucrose	S3774, S3549
Tocopherol, beta	S3549
Niacin	S3549
10:0	S3774, S3549
18:2 undifferentiated	S3774, S3549
20:4 undifferentiated	S3774, S3549
22:1 t	S3774, S3549
17:1	S3774, S3549
20:3 n-6	S3774, S3549
Protein	S3774, S3549
Fructose	S3774, S3549
Sodium, Na	S3549

NDB No. 19410 Snack, potato chips, made from dried potatoes, plain

Selenium, Se	S3549
Vitamin E (alpha-tocopherol)	S3549
4:0	S3774, S3549
8:0	S3774, S3549
16:0	S3774, S3549
18:0	S3774, S3549
20:0	S3774, S3549
22:6 n-3 (DHA)	S3774, S3549
14:1	S3774, S3549
22:5 n-3 (DPA)	S3774, S3549
16:1 c	S3774, S3549
18:1 c	S3774, S3549
Fatty acids, total trans-monoenoic	S3774, S3549
18:3 n-3 c,c,c (ALA)	S3774, S3549
Glucose (dextrose)	S3774, S3549
Iron, Fe	S3549
12:0	S3774, S3549
18:2 CLAs	S3774, S3549
22:4	S3774, S3549
Total lipid (fat)	S3774, S3549
Starch	S3774, S3549
Lactose	S3774, S3549
Maltose	S3774, S3549
Copper, Cu	S3549
Thiamin	S3549
Vitamin B-6	S3549
Fatty acids, total trans	S3774, S3549
Potassium, K	S3549
6:0	S3774, S3549
20:1	S3774, S3549
Fatty acids, total monounsaturated	S3774, S3549
17:0	S3774, S3549
20:2 n-6 c,c	S3774, S3549
20:3 undifferentiated	S3774, S3549
Ash	S3774, S3549
Sugars, total	S3774, S3549

NDB No. 19410 Snack, potato chips, made from dried potatoes, plain

Fiber, total dietary	S3774, S3549
Calcium, Ca	S3549
Magnesium, Mg	S3549
Phosphorus, P	S3549
22:1 undifferentiated	S3774, S3549
24:0	S3774, S3549
20:3 n-3	S3774, S3549

NDB No. 19411 Snacks, potato chips, plain, salted

Manganese, Mn	S26
Vitamin C, total ascorbic acid	S26
Riboflavin	S26
Folate, total	S26
Iron, Fe	S26
Sodium, Na	S26
Choline, total	S26
Total lipid (fat)	S26
Ash	S26
Zinc, Zn	S26
Thiamin	S26
Protein	S26
Niacin	S26
Copper, Cu	S26
Magnesium, Mg	S26
Betaine	S26
Sugars, total	S26
Fluoride, F	D5301, D5007
Pantothenic acid	S26
Water	S26
Fiber, total dietary	S26
Phosphorus, P	S26
Potassium, K	S26
Vitamin B-6	S26
Vitamin K (phylloquinone)	S26

NDB No. 19423 Snacks, potato chips, fat-free, made with olestra

NDB No. 19423 Snacks, potato chips, fat-free, made with olestra

Protein	S1069
Ash	S1069
Carotene, alpha	S1069
Cryptoxanthin, beta	S1069
Thiamin	S1069
6:0	S1069
Sugars, total	S1069
Sodium, Na	S1069
16:0	S1069
Niacin	S1069
Folate, total	S1069
Vitamin K (phylloquinone)	S1069
10:0	S1069
12:0	S1069
18:0	S1069
Phosphorus, P	S1069
Carotene, beta	S1069
Vitamin C, total ascorbic acid	S1069
16:1 undifferentiated	S1069
Selenium, Se	S1069
Lycopene	S1069
Betaine	S1069
Total lipid (fat)	S1069
Zinc, Zn	S1069
Manganese, Mn	S1069
Starch	S1069
Fiber, total dietary	S1069
Calcium, Ca	S1069
Iron, Fe	S1069
Potassium, K	S1069
Vitamin B-6	S1069
22:0	S1069
14:1	S1069
20:1	S1069
Magnesium, Mg	S1069
Copper, Cu	S1069
Riboflavin	S1069

NDB No. 19423 Snacks, potato chips, fat-free, made with olestra

Pantothenic acid	S1069
Choline, total	S1069
Dihydrophylloquinone	S1069
8:0	S1069
14:0	S1069
20:0	S1069
18:1 undifferentiated	S1069
18:3 undifferentiated	S1069

NDB No. 19444 Snacks, tortilla chips, low fat, made with olestra, nacho cheese

Copper, Cu	S1069
Manganese, Mn	S1069
16:0	S1069
14:1	S1069
Carotene, alpha	S1069
Vitamin B-6	S1069
8:0	S1069
10:0	S1069
22:0	S1069
17:0	S1069
Total lipid (fat)	S1069
Sucrose	S1069
Lactose	S1069
Maltose	S1069
Zinc, Zn	S1069
Carotene, beta	S1069
Vitamin C, total ascorbic acid	S1069
Choline, total	S1069
20:1	S1069
Fructose	S1069
Sugars, total	S1069
Calcium, Ca	S1069
Sodium, Na	S1069
Folate, total	S1069
Vitamin K (phylloquinone)	S1069
20:0	S1069

NDB No. 19444 Snacks, tortilla chips, low fat, made with olestra, nacho cheese

Fatty acids, total polyunsaturated	S1069
Starch	S1069
Galactose	S1069
Iron, Fe	S1069
Selenium, Se	S1069
Riboflavin	S1069
16:1 undifferentiated	S1069
Ash	S1069
Glucose (dextrose)	S1069
Water	S1069
Fiber, total dietary	S1069
6:0	S1069
12:0	S1069
14:0	S1069
Pantothenic acid	S1069
18:1 undifferentiated	S1069
18:2 undifferentiated	S1069
Protein	S1069
Lycopene	S1069
Thiamin	S1069
Niacin	S1069
Betaine	S1069
18:3 undifferentiated	S1069

NDB No. 19445 Snacks, potato chips, made from dried potatoes, fat-free, made with olestra

Calcium, Ca	S3774
Carotene, beta	S1069
Riboflavin	S3774
Hydroxyproline	S1069
10:0	S1069
22:0	S1069
14:1	S1069
22:4	S3774
Protein	S3774
Sucrose	S3774
Fructose	S3774

NDB No. 19445 Snacks, potato chips, made from dried potatoes, fat-free, made with olestra

Fiber, total dietary	S3774
Sodium, Na	S3774
Vitamin K (phylloquinone)	S1069
15:0	S3774
17:0	S1069
Total lipid (fat)	S1069
Maltose	S3774
Sugars, total	S3774
Galactose	S3774
Phosphorus, P	S3774
Potassium, K	S3774
6:0	S1069
Magnesium, Mg	S3774
Manganese, Mn	S3774
Carotene, alpha	S1069
Lycopene	S1069
Starch	S3774
Vitamin B-6	S3774
8:0	S1069
Lactose	S3774
Selenium, Se	S3774
Vitamin C, total ascorbic acid	S1069
Thiamin	S3774
Niacin	S3774
Folate, total	S1069
Copper, Cu	S3774
Cryptoxanthin, beta	S1069
Dihydrophylloquinone	S1069
20:0	S1069
20:3 n-6	S3774
Ash	S3774
Glucose (dextrose)	S3774
Water	S3774
Iron, Fe	S3774
Zinc, Zn	S3774
Pantothenic acid	S3774
24:0	S3774

NDB No. 19445 Snacks, potato chips, made from dried potatoes, fat-free, made with olestra

20:3 undifferentiated	S3774
20:3 n-3	S3774

NDB No. 19802 Snacks, corn-based, extruded, puffs or twists, cheese-flavor, unenriched

Calcium, Ca	S26, S2109
Thiamin	S26, S2109
Dihydrophylloquinone	S2109
18:0	S2109
Glucose (dextrose)	S26, S2109
Niacin	S26, S2109
8:0	S2109
14:0	S2109
16:1 undifferentiated	S2109
Total lipid (fat)	S26, S2109
Sugars, total	S26, S2109
Fiber, total dietary	S26, S2109
Magnesium, Mg	S26, S2109
Vitamin C, total ascorbic acid	S2109
Vitamin K (phylloquinone)	S2109
Fatty acids, total saturated	S2109
12:0	S2109
20:2 n-6 c,c	S2109
Fatty acids, total trans-polyenoic	S2109
Vitamin B-6	S26, S2109
20:0	S2109
22:0	S2109
14:1	S2109
18:3 n-3 c,c,c (ALA)	S2109
Ash	S26, S2109
Galactose	S26, S2109
Manganese, Mn	S26, S2109
16:0	S2109
20:4 undifferentiated	S2109
Fatty acids, total polyunsaturated	S2109
17:1	S2109
Water	S26, S2109

NDB No. 19802 Snacks, corn-based, extruded, puffs or twists, cheese-flavor, unenriched

Potassium, K	S26, S2109
Zinc, Zn	S26, S2109
Fatty acids, total trans	S2109
10:0	S2109
15:0	S2109
17:0	S2109
20:3 undifferentiated	S2109
Fatty acids, total trans-monoenoic	S2109
Lactose	S26, S2109
18:3 undifferentiated	S2109
Fatty acids, total monounsaturated	S2109
18:1 t	S2109
15:1	S2109
Protein	S26, S2109
Folate, total	S26
Vitamin B-12	S26
18:1 undifferentiated	S2109
18:2 undifferentiated	S2109
20:1	S2109
18:2 t,t	S2109
18:3 n-6 c,c,c	S2109

NDB No. 19856 Frozen novelties, juice type, POPSICLE SCRIBBLERS

Total lipid (fat)	S1067
Calcium, Ca	S1067
Phosphorus, P	S1067
Copper, Cu	S1067
Ash	S1067
Maltose	S1067
Lactose	S1067
Iron, Fe	S1067
Potassium, K	S1067
Zinc, Zn	S1067
Sucrose	S1067
Glucose (dextrose)	S1067

NDB No. 19856 Frozen novelties, juice type, POPSICLE SCRIBBLERS

Fructose	S1067
Manganese, Mn	S1067
Protein	S1067
Fiber, total dietary	S1067
Magnesium, Mg	S1067
Sodium, Na	S1067
Water	S1067
Fluoride, F	S1067
Vitamin C, total ascorbic acid	S1067

NDB No. 19868 Sweeteners, tabletop, sucralose, SPLENDA packets

Magnesium, Mg	S2109
Potassium, K	S2109
Starch	S2109
Protein	S2109
Ash	S2109
Phosphorus, P	S2109
Copper, Cu	S2109
Water	S2109
Iron, Fe	S2109
Zinc, Zn	S2109
Manganese, Mn	S2109
Calcium, Ca	S2109
Total lipid (fat)	S2109
Sodium, Na	S2109

NDB No. 19873 Frozen novelties, ice type, sugar free, orange, cherry, and grape POPSICLE pops

Manganese, Mn	S1067
Lactose	S1067
Maltose	S1067
Magnesium, Mg	S1067
Fructose	S1067
Fiber, total dietary	S1067
Copper, Cu	S1067
Ash	S1067
Fluoride, F	S1067

NDB No. 19873 Frozen novelties, ice type, sugar free, orange, cherry, and grape POPSICLE pops

Protein	S1067
Water	S1067
Potassium, K	S1067
Zinc, Zn	S1067
Iron, Fe	S1067
Phosphorus, P	S1067
Sucrose	S1067
Glucose (dextrose)	S1067
Calcium, Ca	S1067
Sodium, Na	S1067
Vitamin C, total ascorbic acid	S1067

NDB No. 19897 Candies, MARS SNACKFOOD US, COCOAVIA Chocolate Covered Almonds

Fiber, total dietary	S3361
Fatty acids, total saturated	S3361
Carbohydrate, by difference	S3361
Fatty acids, total trans	S3361
Iron, Fe	S3361
Energy	S3361
Calcium, Ca	S3361
Total lipid (fat)	S3361
Sugars, total	S3361
Vitamin C, total ascorbic acid	S3361
Cholesterol	S3361
Protein	S3361
Sodium, Na	S3361
Vitamin A, IU	S3361

NDB No. 19902 Chocolate, dark, 45- 59% cacao solids

Ash	S4644
Lactose	S4644
Maltose	S4644
Water	S4644
Caffeine	S4644
Theobromine	S4644

NDB No. 19902 Chocolate, dark, 45- 59% cacao solids

Galactose	S4644
Calcium, Ca	S4644
Selenium, Se	S4644
Carotene, alpha	S4644
Tocopherol, gamma	S4644
Cholesterol	S4644
24:1 c	S4644
22:1 c	S4644
18:3 n-3 c,c,c (ALA)	S4644
Tocopherol, delta	S4644
Vitamin K (phylloquinone)	S4644
Fatty acids, total saturated	S4644
18:4	S4644
Fatty acids, total polyunsaturated	S4644
24:0	S4644
22:1 t	S4644
18:2 t not further defined	S4644
17:1	S4644
Lycopene	S4644
Pantothenic acid	S4644
Vitamin B-6	S4644
10:0	S4644
14:0	S4644
18:2 undifferentiated	S4644
20:4 undifferentiated	S4644
22:0	S4644
16:1 undifferentiated	S4644
22:1 undifferentiated	S4644
Beta-sitosterol	S4644
18:1 t	S4644
20:3 undifferentiated	S4644
Glucose (dextrose)	S4644
Fiber, total dietary	S4644
Potassium, K	S4644
Cryptoxanthin, beta	S4644
Niacin	S4644
8:0	S4644

NDB No. 19902 Chocolate, dark, 45- 59% cacao solids

16:0	S4644
18:0	S4644
18:1 undifferentiated	S4644
20:1	S4644
15:0	S4644
17:0	S4644
18:2 CLAs	S4644
Protein	S4644
Fructose	S4644
Iron, Fe	S4644
Phosphorus, P	S4644
Manganese, Mn	S4644
Carotene, beta	S4644
Lutein + zeaxanthin	S4644
Thiamin	S4644
Riboflavin	S4644
4:0	S4644
6:0	S4644
20:5 n-3 (EPA)	S4644
22:5 n-3 (DPA)	S4644
Campesterol	S4644
20:2 n-6 c,c	S4644
Sugars, total	S4644
Magnesium, Mg	S4644
Sodium, Na	S4644
Zinc, Zn	S4644
12:0	S4644
22:6 n-3 (DHA)	S4644
16:1 t	S4644
16:1 c	S4644
18:3 n-6 c,c,c	S4644
Fatty acids, total trans-polyenoic	S4644
20:3 n-3	S4644
Total lipid (fat)	S4644
Sucrose	S4644
Copper, Cu	S4644
Tocopherol, beta	S4644

NDB No. 19902 Chocolate, dark, 45- 59% cacao solids

Fatty acids, total trans	S4644
18:3 undifferentiated	S4644
14:1	S4644
18:1 c	S4644
18:2 n-6 c,c	S4644
Fatty acids, total trans-monoenoic	S4644
15:1	S4644
20:3 n-6	S4644
22:4	S4644
Vitamin E (alpha-tocopherol)	S4644
Vitamin B-12	S4644
Menaquinone-4	S4644
Dihydrophylloquinone	S4644
20:0	S4644
Stigmasterol	S4644
Fatty acids, total monounsaturated	S4644

NDB No. 19903 Chocolate, dark, 60-69% cacao solids

Sucrose	S4644
Fructose	S4644
Menaquinone-4	S4644
Dihydrophylloquinone	S4644
22:6 n-3 (DHA)	S4644
14:1	S4644
Fatty acids, total polyunsaturated	S4644
Fatty acids, total trans-polyenoic	S4644
20:3 n-3	S4644
Protein	S4644
Sugars, total	S4644
Zinc, Zn	S4644
Lycopene	S4644
Tocopherol, gamma	S4644
Niacin	S4644
Pantothenic acid	S4644
10:0	S4644

NDB No. 19903 Chocolate, dark, 60-69% cacao solids

20:1	S4644
20:5 n-3 (EPA)	S4644
Stigmasterol	S4644
Beta-sitosterol	S4644
22:4	S4644
Carotene, beta	S4644
Tocopherol, beta	S4644
Riboflavin	S4644
18:0	S4644
18:1 c	S4644
17:1	S4644
20:3 n-6	S4644
Ash	S4644
Fiber, total dietary	S4644
Calcium, Ca	S4644
Copper, Cu	S4644
Manganese, Mn	S4644
Thiamin	S4644
Vitamin B-6	S4644
Vitamin B-12	S4644
Fatty acids, total saturated	S4644
12:0	S4644
16:0	S4644
18:1 undifferentiated	S4644
18:3 undifferentiated	S4644
18:4	S4644
17:0	S4644
18:1 t	S4644
18:2 CLAs	S4644
18:2 n-6 c,c	S4644
Water	S4644
Selenium, Se	S4644
Vitamin E (alpha-tocopherol)	S4644
14:0	S4644
20:0	S4644
16:1 undifferentiated	S4644
18:2 t not further defined	S4644

NDB No. 19903 Chocolate, dark, 60-69% cacao solids

22:1 c	S4644
Fatty acids, total trans-monoenoic	S4644
Maltose	S4644
Iron, Fe	S4644
Fatty acids, total trans	S4644
20:4 undifferentiated	S4644
22:1 undifferentiated	S4644
Campesterol	S4644
Fatty acids, total monounsaturated	S4644
15:0	S4644
22:1 t	S4644
24:1 c	S4644
20:2 n-6 c,c	S4644
16:1 c	S4644
18:3 n-6 c,c,c	S4644
15:1	S4644
18:3 n-3 c,c,c (ALA)	S4644
Total lipid (fat)	S4644
Theobromine	S4644
Phosphorus, P	S4644
Potassium, K	S4644
Carotene, alpha	S4644
Cryptoxanthin, beta	S4644
8:0	S4644
18:2 undifferentiated	S4644
22:0	S4644
24:0	S4644
Glucose (dextrose)	S4644
Lactose	S4644
Caffeine	S4644
Galactose	S4644
Magnesium, Mg	S4644
Sodium, Na	S4644
Lutein + zeaxanthin	S4644
Tocopherol, delta	S4644
Vitamin K (phylloquinone)	S4644

NDB No. 19903 Chocolate, dark, 60-69% cacao solids

Cholesterol	S4644
4:0	S4644
6:0	S4644
22:5 n-3 (DPA)	S4644
16:1 t	S4644
20:3 undifferentiated	S4644

NDB No. 19904 Chocolate, dark, 70-85% cacao solids

Water	S4644
Fiber, total dietary	S4644
Phosphorus, P	S4644
Cryptoxanthin, beta	S4644
Lycopene	S4644
Lutein + zeaxanthin	S4644
Vitamin B-6	S4644
Vitamin K (phylloquinone)	S4644
Fatty acids, total saturated	S4644
10:0	S4644
20:0	S4644
Fatty acids, total polyunsaturated	S4644
24:0	S4644
24:1 c	S4644
20:2 n-6 c,c	S4644
18:1 c	S4644
Sucrose	S4644
Glucose (dextrose)	S4644
Galactose	S4644
12:0	S4644
16:1 undifferentiated	S4644
16:1 t	S4644
18:1 t	S4644
Fatty acids, total trans-monoenoic	S4644
Protein	S4644
Caffeine	S4644
Potassium, K	S4644
Tocopherol, delta	S4644

NDB No. 19904 Chocolate, dark, 70-85% cacao solids

18:1 undifferentiated	S4644
18:3 undifferentiated	S4644
22:0	S4644
22:5 n-3 (DPA)	S4644
Stigmasterol	S4644
18:2 CLAs	S4644
20:3 undifferentiated	S4644
20:3 n-3	S4644
Total lipid (fat)	S4644
Theobromine	S4644
Magnesium, Mg	S4644
Copper, Cu	S4644
Tocopherol, gamma	S4644
22:6 n-3 (DHA)	S4644
17:0	S4644
18:2 t not further defined	S4644
18:2 n-6 c,c	S4644
18:3 n-3 c,c,c (ALA)	S4644
Sodium, Na	S4644
Carotene, beta	S4644
Pantothenic acid	S4644
Menaquinone-4	S4644
14:0	S4644
18:2 undifferentiated	S4644
22:1 c	S4644
18:3 n-6 c,c,c	S4644
20:3 n-6	S4644
Ash	S4644
Lactose	S4644
Maltose	S4644
Iron, Fe	S4644
Niacin	S4644
Vitamin B-12	S4644
Cholesterol	S4644
20:4 undifferentiated	S4644
22:1 undifferentiated	S4644
16:1 c	S4644

NDB No. 19904 Chocolate, dark, 70-85% cacao solids

17:1	S4644
Fructose	S4644
Calcium, Ca	S4644
Zinc, Zn	S4644
Carotene, alpha	S4644
Vitamin E (alpha-tocopherol)	S4644
Tocopherol, beta	S4644
Thiamin	S4644
Dihydrophylloquinone	S4644
6:0	S4644
8:0	S4644
18:0	S4644
14:1	S4644
20:5 n-3 (EPA)	S4644
Campesterol	S4644
Beta-sitosterol	S4644
15:0	S4644
22:1 t	S4644
15:1	S4644
Sugars, total	S4644
Manganese, Mn	S4644
Selenium, Se	S4644
Riboflavin	S4644
Fatty acids, total trans	S4644
4:0	S4644
16:0	S4644
18:4	S4644
20:1	S4644
Fatty acids, total monounsaturated	S4644
Fatty acids, total trans-polyenoic	S4644
22:4	S4644

NDB No. 19905 Candies, chocolate, dark, NFS (45-59% cacao solids 90%; 60-69% cacao solids 5%; 70-85% cacao solids 5%)

Galactose	S4644
Vitamin E (alpha-tocopherol)	S4644

NDB No. 19905 Candies, chocolate, dark, NFS (45-59% cacao solids 90%; 60-69% cacao solids 5%; 70-85% cacao solids 5%)

Riboflavin	S4644
Menaquinone-4	S4644
Dihydrophylloquinone	S4644
Fatty acids, total trans	S4644
12:0	S4644
18:3 undifferentiated	S4644
16:1 undifferentiated	S4644
22:1 t	S4644
18:2 t not further defined	S4644
18:1 c	S4644
Fructose	S4644
Iron, Fe	S4644
Phosphorus, P	S4644
Manganese, Mn	S4644
Carotene, alpha	S4644
Tocopherol, delta	S4644
18:0	S4644
20:1	S4644
Fatty acids, total monounsaturated	S4644
17:0	S4644
24:0	S4644
17:1	S4644
Fatty acids, total trans-polyenoic	S4644
Total lipid (fat)	S4644
Glucose (dextrose)	S4644
Fiber, total dietary	S4644
Potassium, K	S4644
Sodium, Na	S4644
Lycopene	S4644
14:0	S4644
Stigmasterol	S4644
Protein	S4644
Calcium, Ca	S4644
Cryptoxanthin, beta	S4644
Vitamin B-6	S4644
Cholesterol	S4644

NDB No. 19905 Candies, chocolate, dark, NFS (45-59% cacao solids 90%; 60-69% cacao solids 5%; 70-85% cacao solids 5%)

18:2 undifferentiated	S4644
20:5 n-3 (EPA)	S4644
Fatty acids, total trans-monoenoic	S4644
15:1	S4644
18:3 n-3 c,c,c (ALA)	S4644
20:3 n-3	S4644
20:3 n-6	S4644
Ash	S4644
Sucrose	S4644
Water	S4644
Tocopherol, beta	S4644
Niacin	S4644
Pantothenic acid	S4644
Vitamin B-12	S4644
Vitamin K (phylloquinone)	S4644
8:0	S4644
22:0	S4644
Beta-sitosterol	S4644
18:1 t	S4644
24:1 c	S4644
20:3 undifferentiated	S4644
Magnesium, Mg	S4644
Copper, Cu	S4644
20:4 undifferentiated	S4644
18:4	S4644
22:1 undifferentiated	S4644
22:5 n-3 (DPA)	S4644
18:2 CLAs	S4644
18:2 n-6 c,c	S4644
22:1 c	S4644
18:3 n-6 c,c,c	S4644
Lactose	S4644
Theobromine	S4644
Sugars, total	S4644
Zinc, Zn	S4644
Selenium, Se	S4644

NDB No. 19905 Candies, chocolate, dark, NFS (45-59% cacao solids 90%; 60-69% cacao solids 5%; 70-85% cacao solids 5%)

Fatty acids, total saturated	S4644
4:0	S4644
6:0	S4644
10:0	S4644
14:1	S4644
Campesterol	S4644
Fatty acids, total polyunsaturated	S4644
15:0	S4644
16:1 t	S4644
20:2 n-6 c,c	S4644
Maltose	S4644
Caffeine	S4644
Carotene, beta	S4644
Lutein + zeaxanthin	S4644
Tocopherol, gamma	S4644
Thiamin	S4644
16:0	S4644
20:0	S4644
18:1 undifferentiated	S4644
22:6 n-3 (DHA)	S4644
16:1 c	S4644
22:4	S4644

NDB No. 19906 Sweeteners, for baking, brown, contains sugar and sucralose

Ash	S3559
Niacin	S3559
Zinc, Zn	S3559
Iron, Fe	S3559
Magnesium, Mg	S3559
Manganese, Mn	S3559
Thiamin	S3559
Protein	S3559
Sugars, total	S3559
Galactose	S3559
Copper, Cu	S3559
Glucose (dextrose)	S3559

NDB No. 19906 Sweeteners, for baking, brown, contains sugar and sucralose

Water	S3559
Phosphorus, P	S3559
Riboflavin	S3559
Fructose	S3559
Sucrose	S3559
Maltose	S3559
Calcium, Ca	S3559
Potassium, K	S3559
Sodium, Na	S3559
Pantothenic acid	S3559
Vitamin B-6	S3559

NDB No. 19907 Sweeteners, for baking, contains sugar and sucralose

Sucrose	S3559
Iron, Fe	S3559
Protein	S3559
Galactose	S3559
Potassium, K	S3559
Lactose	S3559
Maltose	S3559
Zinc, Zn	S3559
Ash	S3559
Phosphorus, P	S3559
Water	S3559
Magnesium, Mg	S3559
Calcium, Ca	S3559
Sodium, Na	S3559
Copper, Cu	S3559
Manganese, Mn	S3559
Glucose (dextrose)	S3559
Fructose	S3559
Sugars, total	S3559

NDB No. 19908 Sugar, turbinado

Water	S3559
Sugars, total	S3559

NDB No. 19908 Sugar, turbinado

Magnesium, Mg	S3559
Sodium, Na	S3559
Copper, Cu	S3559
Total lipid (fat)	S3559
Glucose (dextrose)	S3559
Lactose	S3559
Ash	S3559
Maltose	S3559
Phosphorus, P	S3559
Zinc, Zn	S3559
Manganese, Mn	S3559
Calcium, Ca	S3559
Iron, Fe	S3559
Sucrose	S3559
Fructose	S3559
Galactose	S3559
Potassium, K	S3559
Protein	S3559

NDB No. 19909 Sweeteners, sugar substitute, granulated, brown

Potassium, K	S3559
Lactose	S3559
Pantothenic acid	S3559
Total lipid (fat)	S3559
Starch	S3559
Glucose (dextrose)	S3559
Water	S3559
Zinc, Zn	S3559
Copper, Cu	S3559
Manganese, Mn	S3559
Protein	S3559
Ash	S3559
Maltose	S3559
Calcium, Ca	S3559
Magnesium, Mg	S3559
Sucrose	S3559

NDB No. 19909 Sweeteners, sugar substitute, granulated, brown

Fructose	S3559
Galactose	S3559
Sugars, total	S3559
Fiber, total dietary	S3559
Phosphorus, P	S3559
Thiamin	S3559
Riboflavin	S3559
Vitamin B-6	S3559
Iron, Fe	S3559
Sodium, Na	S3559

NDB No. 20001 Amaranth, uncooked

Total lipid (fat)	S3552, D6501, D6521
Glucose (dextrose)	S3552
Fiber, total dietary	S3552, S743
Iron, Fe	S3552
Copper, Cu	S3552
Tocopherol, delta	S3552, D6501, D6522
10:0	S3552
18:2 undifferentiated	S3552, D6501
20:1	S3552
20:2 n-6 c,c	S3552
20:3 undifferentiated	S3552
Protein	S3552, D6521
Starch	S3552, D6523
Thiamin	S3552, D6521
Folate, total	S3552
12:0	S3552
20:0	S3552
Water	S3552, D6521
Potassium, K	S3552
Sodium, Na	S3552
Manganese, Mn	S3552
Selenium, Se	S3552
Carotene, beta	S3552
Vitamin E (alpha-tocopherol)	S3552, D6501, D6522

NDB No. 20001 Amaranth, uncooked

Cryptoxanthin, beta	S3552
Menaquinone-4	S3552
Betaine	S3552
18:1 undifferentiated	S3552, D6501
22:0	S3552
15:0	S3552
17:0	S3552
18:3 n-6 c,c,c	S3552
Sucrose	S3552
Calcium, Ca	S3552
Zinc, Zn	S3552
Vitamin A, RAE	S3552
Lycopene	S3552
Niacin	S3552
Vitamin K (phylloquinone)	S3552
Folate, food	S3552
8:0	S3552
17:1	S3552
15:1	S3552
Sugars, total	S3552
Galactose	S3552
Phosphorus, P	S3552
Lutein + zeaxanthin	S3552
Fructose	S3552
Lactose	S3552
Maltose	S3552
Magnesium, Mg	S3552
Vitamin A, IU	S3552
Carotene, alpha	S3552
Riboflavin	S3552, D6521
Fatty acids, total saturated	S3552, D6501
16:0	S3552, D6501
18:0	S3552, D6501
Fatty acids, total polyunsaturated	S3552, D6501
Tocopherol, beta	S3552, D6501, D6522
Pantothenic acid	S3552
Choline, total	S3552

NDB No. 20001 Amaranth, uncooked

18:3 undifferentiated	S3552, D6501
20:4 undifferentiated	S3552
Fatty acids, total monounsaturated	S3552, D6501
18:3 n-3 c,c,c (ALA)	S3552
Ash	S3552, D6521
Tocopherol, gamma	S3552, D6501, D6522
Vitamin B-6	S3552
Dihydrophylloquinone	S3552
14:0	S3552
14:1	S3552
16:1 undifferentiated	S3552

NDB No. 20002 Amaranth grain, cooked

Magnesium, Mg	S3552
Total lipid (fat)	S3552
Iron, Fe	S3552
Sodium, Na	S3552
Tocopherol, beta	S3552
Protein	S3552
Fiber, total dietary	S3552
Copper, Cu	S3552
Starch	S3552
Calcium, Ca	S3552
Tocopherol, gamma	S3552
Water	S3552
Potassium, K	S3552
Manganese, Mn	S3552
Riboflavin	S3552
Niacin	S3552
Selenium, Se	S3552
Ash	S3552
Zinc, Zn	S3552
Vitamin E (alpha-tocopherol)	S3552
Tocopherol, delta	S3552
Vitamin B-6	S3552
Folate, food	S3552

NDB No. 20002 Amaranth grain, cooked

Phosphorus, P	S3552
Thiamin	S3552
Folate, total	S3552

NDB No. 20009 Buckwheat groats, roasted, dry

Betaine	S4001
Choline, total	S4001

NDB No. 20010 Buckwheat groats, roasted, cooked

Sugars, total	S604
Choline, total	S3461
Sucrose	S604
Fructose	S604
Glucose (dextrose)	S604
Betaine	S3461

NDB No. 20011 Buckwheat flour, whole-groat

Tocopherol, delta	D4602
Tocopherol, gamma	D4602
Sucrose	S604
Vitamin E (alpha-tocopherol)	D4602

NDB No. 20013 Bulgur, cooked

Betaine	S3461
Choline, total	S3461

NDB No. 20015 Corn bran, crude

Fiber, total dietary	D3766, D3771, D5202
Choline, total	S4001
Betaine	S4001

NDB No. 20017 Corn flour, masa, enriched, white

Calcium, Ca	S201, S405, S6501, S183, S182, S6481, S3550

NDB No. 20017 Corn flour, masa, enriched, white

Cryptoxanthin, beta	S1343
Lutein + zeaxanthin	S1343
Cystine	S3550
Phenylalanine	S3550
Glutamic acid	S3550
Iron, Fe	S201, S6501, S183, S182, S6481
Phosphorus, P	S201, S405, S6501, S183, S182, D2028, S3550
Carotene, beta	S1343
Carotene, alpha	S1343
Valine	S3550
Alanine	S3550
Vitamin A, IU	S1343
Methionine	S3550
Arginine	S3550
Proline	S3550
Potassium, K	S405, S6501, S183, S182, S6481, D2028, S3550
Niacin	S6501, S6481
Vitamin B-6	S6501, S3550
Histidine	S3550
Protein	S405, S6501, S6481, D2028, S3550
Selenium, Se	S201, S183, S182, S3550
Riboflavin	S6501, S6481
Tryptophan	S3550
Tyrosine	S3550
Glycine	S3550
Ash	S405, S6501, S6481, D2028, S3550
Starch	S3550
Copper, Cu	S201, S405, S6501, S183, S2982, S182, S3550
Lycopene	S1343
Isoleucine	S3550
Aspartic acid	S3550
Sodium, Na	S405, S6501, S6481, S3550
Zinc, Zn	S405, S6501, S2982, S3550
Vitamin A, RAE	S1343
Thiamin	S6501, S6481
Threonine	S3550
Leucine	S3550

NDB No. 20017 Corn flour, masa, enriched, white

Total lipid (fat)	S405, S6501, S6481, D2028, S3550
Water	S405, S6501, S6481, D2028, S3550
Fiber, total dietary	S405, S3550
Magnesium, Mg	S405, S6501, S3550
Manganese, Mn	S201, S405, S183, S182, S3550
Pantothenic acid	S405, S3550
Folate, food	S405, S6501
Lysine	S3550
Serine	S3550

NDB No. 20019 Corn flour, masa, unenriched, white

Ash	S405, S6501, S6481, D2028, S3550
Magnesium, Mg	S405, S6501, S3550
Tryptophan	S3550
Phenylalanine	S3550
Glutamic acid	S3550
Protein	S405, S6501, S6481, D2028, S3550
Manganese, Mn	S201, S405, S183, S182, S3550
Niacin	S405, S3550
Tyrosine	S3550
Alanine	S3550
Carotene, beta	S1343
Cystine	S3550
Serine	S3550
Calcium, Ca	S201, S405, S6501, S183, S182, S6481, S3550
Iron, Fe	S405, S3550
Vitamin A, IU	S1343
Lutein + zeaxanthin	S1343
Histidine	S3550
Potassium, K	S405, S6501, S183, S182, S6481, D2028, S3550
Zinc, Zn	S405, S6501, S2982, S3550
Leucine	S3550
Methionine	S3550
Glycine	S3550
Phosphorus, P	S201, S405, S6501, S183, S182, D2028, S3550
Vitamin A, RAE	S1343

NDB No. 20019 Corn flour, masa, unenriched, white

Cryptoxanthin, beta	S1343
Thiamin	S405, S3550
Valine	S3550
Arginine	S3550
Aspartic acid	S3550
Fiber, total dietary	S405, S3550
Vitamin B-6	S6501, S3550
Folate, food	S405, S6501
Threonine	S3550
Total lipid (fat)	S405, S6501, S6481, D2028, S3550
Starch	S3550
Water	S405, S6501, S6481, D2028, S3550
Sodium, Na	S405, S6501, S6481, S3550
Copper, Cu	S201, S405, S6501, S183, S2982, S182, S3550
Selenium, Se	S201, S183, S182, S3550
Carotene, alpha	S1343
Lycopene	S1343
Riboflavin	S405, S3550
Pantothenic acid	S405, S3550
Isoleucine	S3550
Lysine	S3550
Proline	S3550

NDB No. 20020 Cornmeal, whole-grain, yellow

Betaine	S4001
Tocopherol, gamma	S84
Vitamin E (alpha-tocopherol)	S84
Tocopherol, beta	S84
Tocopherol, delta	S84
Choline, total	S4001

NDB No. 20022 Cornmeal, degermed, enriched, yellow

Total lipid (fat)	S1164, S3548
Ash	S1164, S3548
Water	S1164, S3548
Selenium, Se	S1164, S3548

NDB No. 20022 Cornmeal, degermed, enriched, yellow

Carotene, beta	S1203
Carotene, alpha	S1203
Vitamin E (alpha-tocopherol)	S1164, S3548
Vitamin B-6	S1164, S3548
Vitamin K (phylloquinone)	S1164
Phenylalanine	S1164, S3548
14:0	S1164, S3548
16:0	S1164, S3548
24:0	S1164, S3548
Maltose	S837, S1164, S3548
Copper, Cu	S1164, S3548
Vitamin A, IU	S1203
Riboflavin	S1164, S3548
Niacin	S1164, S3548
Dihydrophylloquinone	S1164
Tryptophan	S1164, S3548
Threonine	S1164, S3548
Glutamic acid	S1164, S3548
18:1 undifferentiated	S1164, S3548
22:5 n-3 (DPA)	S3548
Fatty acids, total trans-monoenoic	S1164
21:5	S3548
Sucrose	S837, S1164, S3548
Galactose	S1164
Fiber, total dietary	S837, S1164, S3548
Iron, Fe	S1164, S3548
Magnesium, Mg	S1164, S3548
Cryptoxanthin, beta	S1164, S1203
Tocopherol, beta	S1164, S3548
Arginine	S1164, S3548
Histidine	S1164, S3548
Glycine	S1164, S3548
6:0	S1164
18:2 undifferentiated	S1164, S3548
18:1 t	S1164
18:3 n-6 c,c,c	S1164
13:0	S1164

NDB No. 20022 Cornmeal, degermed, enriched, yellow

Thiamin	S1164, S3548
Folate, total	D4901, S1164, S3548, D5981
Folate, food	S1164, D5961
Isoleucine	S1164, S3548
Cystine	S1164, S3548
Alanine	S1164, S3548
Aspartic acid	S1164, S3548
12:0	S1164, S3548
20:0	S1164, S3548
20:1	S1164, S3548
15:0	S1164, S3548
Glucose (dextrose)	S837, S1164, S3548
Vitamin A, RAE	S1203
Lutein + zeaxanthin	S1164, S1203
Pantothenic acid	S1164, S3548
Choline, total	S1164, S3548
10:0	S1164, S3548
22:6 n-3 (DHA)	S1164, S3548
22:0	S1164, S3548
20:5 n-3 (EPA)	S1164, S3548
24:1 c	S3548
Starch	S1164, S3548
Lactose	S837, S1164, S3548
Calcium, Ca	S1164, S3548
Manganese, Mn	S1164, S3548
Tocopherol, delta	S1164, S3548
Methionine	S1164, S3548
Proline	S1164, S3548
18:0	S1164, S3548
22:1 undifferentiated	S1164, S3548
17:0	S1164, S3548
15:1	S1164, S3548
Protein	S1164, S3548
Potassium, K	S1164, S3548
Zinc, Zn	S1164, S3548
Lycopene	S1164, S1203
Leucine	S1164, S3548

NDB No. 20022 Cornmeal, degermed, enriched, yellow

Lysine	S1164, S3548
Serine	S1164, S3548
Fatty acids, total trans	S1164
8:0	S1164, S3548
18:3 undifferentiated	S1164, S3548
14:1	S1164, S3548
18:4	S3548
20:2 n-6 c,c	S1164, S3548
22:4	S3548
Fructose	S837, S1164, S3548
Phosphorus, P	S1164, S3548
Sodium, Na	S1164, S3548
Tocopherol, gamma	S1164, S3548
Betaine	S1164, S3548
Tyrosine	S1164, S3548
Valine	S1164, S3548
Hydroxyproline	S1164
4:0	S1164
20:4 undifferentiated	S1164, S3548
16:1 undifferentiated	S1164, S3548
17:1	S1164, S3548
20:3 undifferentiated	S1164, S3548

NDB No. 20024 Cornmeal, self-rising, bolted, with wheat flour added, enriched, yellow

Folate, total	D4901

NDB No. 20027 Cornstarch

Tocopherol, delta	S84
Tocopherol, gamma	S84
Sugars, total	S837
Vitamin E (alpha-tocopherol)	S84
Tocopherol, beta	S84

NDB No. 20033 Oat bran, raw

Tocopherol, beta	S121

NDB No. 20033 Oat bran, raw

Tocopherol, gamma	S121
Betaine	S4001
Vitamin E (alpha-tocopherol)	S121
Tocopherol, delta	S121
Choline, total	S4001

NDB No. 20035 Quinoa, uncooked

Total lipid (fat)	S3552
Ash	S3552
Magnesium, Mg	S3552
Phosphorus, P	S3552
Folate, food	S3552
Alanine	S3552
12:0	S3552
15:1	S3552
Sodium, Na	S3552
Carotene, beta	S3552
Carotene, alpha	S3552
Menaquinone-4	S3552
Tryptophan	S3552
Tyrosine	S3552
Glutamic acid	S3552
Proline	S3552
10:0	S3552
18:0	S3552
18:2 undifferentiated	S3552
18:3 undifferentiated	S3552
20:4 undifferentiated	S3552
14:1	S3552
18:4	S3552
15:0	S3552
20:3 undifferentiated	S3552
Protein	S3552
Potassium, K	S3552
Tocopherol, beta	S3552
Dihydrophylloquinone	S3552

NDB No. 20035 Quinoa, uncooked

Leucine	S3552
22:6 n-3 (DHA)	S3552
16:1 undifferentiated	S3552
22:5 n-3 (DPA)	S3552
Fiber, total dietary	S3552
Calcium, Ca	S3552
Lycopene	S3552
Lutein + zeaxanthin	S3552
Tocopherol, gamma	S3552
Tocopherol, delta	S3552
Vitamin B-6	S3552
Vitamin K (phylloquinone)	S3552
Cystine	S3552
8:0	S3552
20:0	S3552
18:1 undifferentiated	S3552
22:1 undifferentiated	S3552
Fatty acids, total monounsaturated	S3552
24:0	S3552
Zinc, Zn	S3552
Copper, Cu	S3552
Niacin	S3552
Phenylalanine	S3552
Histidine	S3552
24:1 c	S3552
21:5	S3552
Water	S3552
Manganese, Mn	S3552
Thiamin	S3552
Valine	S3552
Arginine	S3552
Aspartic acid	S3552
Glycine	S3552
Fatty acids, total polyunsaturated	S3552
17:1	S3552
Starch	S3552
Iron, Fe	S3552

NDB No. 20035 Quinoa, uncooked

Selenium, Se	S3552
Vitamin E (alpha-tocopherol)	S3552
Cryptoxanthin, beta	S3552
Riboflavin	S3552
Folate, total	S3552
Betaine	S3552
Threonine	S3552
Methionine	S3552
14:0	S3552
16:0	S3552
20:1	S3552
17:0	S3552
22:4	S3552
Vitamin A, RAE	S3552
Pantothenic acid	S3552
Choline, total	S3552
Isoleucine	S3552
Lysine	S3552
Serine	S3552
Fatty acids, total saturated	S3552
22:0	S3552
20:5 n-3 (EPA)	S3552
20:2 n-6 c,c	S3552

NDB No. 20036 Rice, brown, long-grain, raw

Sucrose	S604
Tocopherol, gamma	S84
Tocopherol, delta	S84
Vitamin E (alpha-tocopherol)	S84
Tocopherol, beta	S84

NDB No. 20037 Rice, brown, long-grain, cooked

Glucose (dextrose)	S837
Betaine	S3461
Fructose	S837
Vitamin E (alpha-tocopherol)	S84

NDB No. 20037 Rice, brown, long-grain, cooked

Tocopherol, delta	S84
Tocopherol, beta	S84
Tocopherol, gamma	S84
Sucrose	S837, S604
Choline, total	S3461
Lactose	S837
Maltose	S837

NDB No. 20044 Rice, white, long-grain, regular, raw, enriched

Glucose (dextrose)	S1164
Sucrose	S1164
Fructose	S1164
Lactose	S1164
Maltose	S1164

NDB No. 20045 Rice, white, long-grain, regular, cooked

Betaine	S20
Choline, total	S20
Fluoride, F	D5001, D5002, D5007
Vitamin K (phylloquinone)	D4048, S1164, D4002

NDB No. 20046 Rice, white, long-grain, parboiled, enriched, dry

Protein	S20, S3550
Lactose	S20
Phosphorus, P	S20, S3550
Vitamin E (alpha-tocopherol)	S20
Niacin	S2921, S2722, S20, S3550
Isoleucine	S1164, S20, S3550
22:5 n-3 (DPA)	S20
15:0	S20
17:0	S20
Ash	S20, S3550
Glucose (dextrose)	S606, S20
Fructose	S606, S20
Water	S606, S604, S20, S3550

NDB No. 20046 Rice, white, long-grain, parboiled, enriched, dry

Calcium, Ca	S20, S3550
Iron, Fe	S20, S3550
Tocopherol, gamma	S20
Folate, total	S20
Folate, food	S20
Threonine	S1164, S20, S3550
Methionine	S1164, S20, S3550
Cystine	S1164, S20, S3550
Fatty acids, total saturated	S20
12:0	S20
22:1 undifferentiated	S20
Zinc, Zn	S20, S3550
Phenylalanine	S1164, S20, S3550
6:0	S20
14:0	S20
18:0	S20
18:2 undifferentiated	S20
20:4 undifferentiated	S20
16:1 undifferentiated	S20
Sucrose	S606, S604, S20
Potassium, K	S20, S3550
Thiamin	S20, S3550
Pantothenic acid	S3550
Aspartic acid	S1164, S20, S3550
Serine	S1164, S20, S3550
14:1	S20
Sodium, Na	S20, S3550
Selenium, Se	S20, S3550
Tocopherol, beta	S20
Tocopherol, delta	S20
Riboflavin	S20, S3550
Vitamin B-6	S20, S3550
Alanine	S1164, S20, S3550
4:0	S20
18:3 undifferentiated	S20
22:0	S20
20:1	S20

NDB No. 20046 Rice, white, long-grain, parboiled, enriched, dry

20:5 n-3 (EPA)	S20
Fatty acids, total polyunsaturated	S20
Starch	S20, S3550
Maltose	S20
Folic acid	S20
Leucine	S1164, S20, S3550
Lysine	S1164, S20, S3550
Tyrosine	S1164, S20, S3550
Valine	S1164, S20, S3550
Arginine	S1164, S20, S3550
Glutamic acid	S1164, S20, S3550
8:0	S20
16:0	S20
20:0	S20
Total lipid (fat)	S20, S3550
Tryptophan	S1164, S20, S3550
Glycine	S1164, S20, S3550
Proline	S1164, S20, S3550
18:1 undifferentiated	S20
22:6 n-3 (DHA)	S20
24:0	S20
Fiber, total dietary	S604, S20, S3550
Magnesium, Mg	S20, S3550
Copper, Cu	S20, S3550
Manganese, Mn	S20, S3550
Histidine	S1164, S20, S3550
10:0	S20
18:4	S20
Fatty acids, total monounsaturated	S20

NDB No. 20047 Rice, white, long-grain, parboiled, enriched, cooked

Glucose (dextrose)	S606, S20
Potassium, K	S20
Thiamin	S20
Arginine	S1164, S20, S3550
8:0	S20

NDB No. 20047 Rice, white, long-grain, parboiled, enriched, cooked

10:0	S20
18:0	S20
20:4 undifferentiated	S20
20:1	S20
Iron, Fe	S20
Phosphorus, P	S20
Riboflavin	S20
Lysine	S1164, S20, S3550
Methionine	S1164, S20, S3550
Phenylalanine	S1164, S20, S3550
14:0	S20
Copper, Cu	S20
Pantothenic acid	S20
Folate, total	S20
Threonine	S1164, S20, S3550
Isoleucine	S1164, S20, S3550
Cystine	S1164, S20, S3550
Tyrosine	S1164, S20, S3550
Aspartic acid	S1164, S20, S3550
Proline	S1164, S20, S3550
6:0	S20
22:1 undifferentiated	S20
22:5 n-3 (DPA)	S20
Protein	S20
Fiber, total dietary	S604, S20
Calcium, Ca	S20
Folic acid	S20
Glycine	S1164, S20, S3550
Fatty acids, total saturated	S20
12:0	S20
16:0	S20
16:1 undifferentiated	S20
20:5 n-3 (EPA)	S20
Fatty acids, total polyunsaturated	S20
Sodium, Na	S20
Leucine	S1164, S20, S3550
4:0	S20

NDB No. 20047 Rice, white, long-grain, parboiled, enriched, cooked

20:0	S20
14:1	S20
17:0	S20
24:0	S20
Total lipid (fat)	S20
Manganese, Mn	S20
Selenium, Se	S2123, S20
Vitamin B-6	S20
Valine	S1164, S20, S3550
Alanine	S1164, S20, S3550
Glutamic acid	S1164, S20, S3550
18:2 undifferentiated	S20
22:6 n-3 (DHA)	S20
Fatty acids, total monounsaturated	S20
Ash	S20
Fructose	S20
Maltose	S20
Water	S606, S2123, S604, S20
Niacin	S20
Folate, food	S20
Tryptophan	S1164, S20, S3550
Histidine	S1164, S20, S3550
18:1 undifferentiated	S20
22:0	S20
18:4	S20
15:0	S20
Sucrose	S606, S20
Lactose	S20
Magnesium, Mg	S20
Zinc, Zn	S20
Serine	S1164, S20, S3550
18:3 undifferentiated	S20

NDB No. 20048 Rice, white, long-grain, precooked or instant, enriched, dry

Sucrose	S20
Maltose	S20

NDB No. 20048 Rice, white, long-grain, precooked or instant, enriched, dry

Folic acid	S20
Threonine	S1164, S20, S3550
Phenylalanine	S1164, S20, S3550
Aspartic acid	S1164, S20, S3550
Glutamic acid	S1164, S20, S3550
Glycine	S1164, S20, S3550
Serine	S1164, S20, S3550
16:0	S20
18:3 undifferentiated	S20
22:5 n-3 (DPA)	S20
Fatty acids, total polyunsaturated	S20
Fructose	S20
Water	S1206, S20
Selenium, Se	S20
Folate, total	S20
Tryptophan	S1164, S20, S3550
Leucine	S1164, S20, S3550
Arginine	S1164, S20, S3550
22:1 undifferentiated	S20
15:0	S20
Glucose (dextrose)	S20
Manganese, Mn	S20
Tocopherol, delta	S20
Cystine	S1164, S20, S3550
Histidine	S1164, S20, S3550
4:0	S20
10:0	S20
18:0	S20
14:1	S20
18:4	S20
20:1	S20
Starch	S20
Calcium, Ca	S20
Tocopherol, beta	S20
6:0	S20
8:0	S20
12:0	S20

NDB No. 20048 Rice, white, long-grain, precooked or instant, enriched, dry

14:0	S20
22:6 n-3 (DHA)	S20
Fatty acids, total monounsaturated	S20
Ash	S20
Iron, Fe	S20
Potassium, K	S20
Sodium, Na	S20
Vitamin E (alpha-tocopherol)	S20
Isoleucine	S1164, S20, S3550
20:4 undifferentiated	S20
20:5 n-3 (EPA)	S20
24:0	S20
Total lipid (fat)	S20
Fiber, total dietary	S1206, S20
Magnesium, Mg	S20
Tocopherol, gamma	S20
Thiamin	S20
Riboflavin	S20
Vitamin B-6	S20
Tyrosine	S1164, S20, S3550
Fatty acids, total saturated	S20
20:0	S20
18:2 undifferentiated	S20
Protein	S20
Phosphorus, P	S20
Niacin	S20
Folate, food	S20
Lysine	S1164, S20, S3550
18:1 undifferentiated	S20
22:0	S20
Lactose	S20
Zinc, Zn	S20
Copper, Cu	S20
Methionine	S1164, S20, S3550
Valine	S1164, S20, S3550
Alanine	S1164, S20, S3550
Proline	S1164, S20, S3550

NDB No. 20048 Rice, white, long-grain, precooked or instant, enriched, dry

16:1 undifferentiated	S20
17:0	S20

NDB No. 20049 Rice, white, long-grain, precooked or instant, enriched, prepared

Ash	S20
Glucose (dextrose)	S20
Maltose	S20
Selenium, Se	S2123
Folate, total	S20
Folic acid	S20
Folate, food	S20
Threonine	S1164, S20, S3550
Aspartic acid	S1164, S20, S3550
10:0	S20
12:0	S20
14:0	S20
22:5 n-3 (DPA)	S20
Tryptophan	S1164, S20, S3550
Methionine	S1164, S20, S3550
Cystine	S1164, S20, S3550
16:0	S20
18:2 undifferentiated	S20
22:6 n-3 (DHA)	S20
22:0	S20
16:1 undifferentiated	S20
18:4	S20
Total lipid (fat)	S20
Sucrose	S20
Calcium, Ca	S20
Leucine	S1164, S20, S3550
Alanine	S1164, S20, S3550
17:0	S20
Starch	S20
Fiber, total dietary	S1206, S20
Arginine	S1164, S20, S3550
Histidine	S1164, S20, S3550

NDB No. 20049 Rice, white, long-grain, precooked or instant, enriched, prepared

Serine	S1164, S20, S3550
Fatty acids, total saturated	S20
18:0	S20
20:0	S20
20:5 n-3 (EPA)	S20
15:0	S20
Fructose	S20
Water	S1206, S2123, S20
Potassium, K	S20
Sodium, Na	S20
Zinc, Zn	S20
Copper, Cu	S20
Phenylalanine	S1164, S20, S3550
Glutamic acid	S1164, S20, S3550
14:1	S20
22:1 undifferentiated	S20
Lactose	S20
Vitamin B-6	S20
Isoleucine	S1164, S20, S3550
Lysine	S1164, S20, S3550
Valine	S1164, S20, S3550
Glycine	S1164, S20, S3550
Proline	S1164, S20, S3550
4:0	S20
6:0	S20
18:3 undifferentiated	S20
Protein	S20
Sugars, total	S20
Magnesium, Mg	S20
Phosphorus, P	S20
Riboflavin	S20
Pantothenic acid	S20
Tyrosine	S1164, S20, S3550
Fatty acids, total monounsaturated	S20
Fatty acids, total polyunsaturated	S20
Iron, Fe	S20
Manganese, Mn	S20

NDB No. 20049 Rice, white, long-grain, precooked or instant, enriched, prepared

Niacin	S20
8:0	S20
18:1 undifferentiated	S20
20:4 undifferentiated	S20
20:1	S20
24:0	S20

NDB No. 20058 Rice, white, steamed, Chinese restaurant

Fiber, total dietary	S3551
Sodium, Na	S3551
Copper, Cu	S3551
Total lipid (fat)	S3551
Folate, food	S3551
Protein	S3551
Phosphorus, P	S3551
Potassium, K	S3551
Folate, total	S3551
Zinc, Zn	S3551
Manganese, Mn	S3551
Water	S3551
Thiamin	S3551
Niacin	S3551
Vitamin B-6	S3551
Starch	S3551
Riboflavin	S3551
Folic acid	S3551
Ash	S3551
Calcium, Ca	S3551
Iron, Fe	S3551
Magnesium, Mg	S3551

NDB No. 20060 Rice bran, crude

Sugars, total	D4581
Fructose	D4581
Glucose (dextrose)	D4581
Sucrose	D4581

NDB No. 20061 Rice flour, white

Vitamin K (phylloquinone)	D4048

NDB No. 20062 Rye

Total lipid (fat)	S6281
Maltose	S6281
Calcium, Ca	S6281
Glucose (dextrose)	S6281, S606
Water	S6281
Copper, Cu	S6281
Selenium, Se	S6281
Glutamic acid	S6281
Fatty acids, total trans	S6281
Protein	S6281
Vitamin E (alpha-tocopherol)	S6281
Threonine	S6281
Phenylalanine	S6281
Iron, Fe	S6281
Isoleucine	S6281
Arginine	S6281
Cholesterol	S6281
Ash	S6281
Lactose	S6281
Magnesium, Mg	S6281
Potassium, K	S6281
Sodium, Na	S6281
Manganese, Mn	S6281
Folate, total	S6281
Choline, total	S4001
Methionine	S6281
Aspartic acid	S6281
Serine	S6281
Fructose	S6281, S606
Leucine	S6281
Histidine	S6281
Alanine	S6281
Sucrose	S6281, S606

NDB No. 20062 Rye

Phosphorus, P	S6281
Zinc, Zn	S6281
Vitamin C, total ascorbic acid	S6281
Betaine	S4001
Glycine	S6281
Proline	S6281
Fiber, total dietary	S6281
Lysine	S6281
Tyrosine	S6281
Valine	S6281

NDB No. 20063 Rye flour, dark

Sodium, Na	S6281
Vitamin C, total ascorbic acid	S6281
Glycine	S6281
Protein	S6281
Carotene, beta	D3921
Methionine	S6281
Ash	S6281
Magnesium, Mg	S6281
Zinc, Zn	S6281
Folate, total	S6281
Valine	S6281
Arginine	S6281
Alanine	S6281
Water	S3242, S6281
Manganese, Mn	S6281
Threonine	S6281
Histidine	S6281
Cholesterol	S6281
Sucrose	S6281
Fructose	S6281
Phosphorus, P	S6281
Copper, Cu	S6281
Vitamin E (alpha-tocopherol)	S6281
Fatty acids, total trans	S6281

NDB No. 20063 Rye flour, dark

Maltose	S6281
Lutein + zeaxanthin	D3921
Phenylalanine	S6281
Serine	S6281
Glucose (dextrose)	S6281
Lactose	S6281
Calcium, Ca	S6281
Iron, Fe	S6281
Vitamin K (phylloquinone)	D4068
Tyrosine	S6281
Aspartic acid	S6281
Glutamic acid	S6281
Proline	S6281
Total lipid (fat)	S6281
Fiber, total dietary	S3242, S6281
Potassium, K	S6281
Selenium, Se	S6281
Isoleucine	S6281
Leucine	S6281
Lysine	S6281

NDB No. 20064 Rye flour, medium

Protein	S6281
Ash	S6281
Sucrose	S6281
Water	S3242, S6281
Methionine	S6281
Histidine	S6281
Total lipid (fat)	S6281
Fructose	S6281
Fiber, total dietary	S3242, S6281
Phosphorus, P	S6281
Threonine	S6281
Glutamic acid	S6281
Vitamin E (alpha-tocopherol)	S6281
Vitamin C, total ascorbic acid	S6281

NDB No. 20064 Rye flour, medium

Valine	S6281
Calcium, Ca	S6281
Iron, Fe	S6281
Magnesium, Mg	S6281
Isoleucine	S6281
Tyrosine	S6281
Arginine	S6281
Alanine	S6281
Aspartic acid	S6281
Fatty acids, total trans	S6281
Maltose	S6281
Potassium, K	S6281
Sodium, Na	S6281
Copper, Cu	S6281
Selenium, Se	S6281
Folate, total	S6281
Leucine	S6281
Lysine	S6281
Glucose (dextrose)	S6281
Lactose	S6281
Zinc, Zn	S6281
Phenylalanine	S6281
Glycine	S6281
Proline	S6281
Serine	S6281
Cholesterol	S6281
Manganese, Mn	S6281

NDB No. 20065 Rye flour, light

Calcium, Ca	S6281
Manganese, Mn	S6281
Vitamin C, total ascorbic acid	S6281
Tyrosine	S6281
Alanine	S6281
Glycine	S6281
Glucose (dextrose)	S6281, S606

NDB No. 20065 Rye flour, light

Phosphorus, P	S6281
Copper, Cu	S6281
Vitamin E (alpha-tocopherol)	S6281
Isoleucine	S6281
Lysine	S6281
Fructose	S6281, S606
Iron, Fe	S6281
Magnesium, Mg	S6281
Potassium, K	S6281
Sodium, Na	S6281
Folate, total	S6281
Methionine	S6281
Valine	S6281
Serine	S6281
Fatty acids, total trans	S6281
Sucrose	S6281, S606
Glutamic acid	S6281
Total lipid (fat)	S6281
Water	S6281
Fiber, total dietary	S6281
Zinc, Zn	S6281
Selenium, Se	S6281
Histidine	S6281
Protein	S6281
Maltose	S6281
Phenylalanine	S6281
Arginine	S6281
Threonine	S6281
Leucine	S6281
Cholesterol	S6281
Ash	S6281
Lactose	S6281
Aspartic acid	S6281
Proline	S6281

NDB No. 20067 Sorghum

NDB No. 20067 Sorghum

Fiber, total dietary	S3081

NDB No. 20072 Wheat, hard red winter

Vitamin E (alpha-tocopherol)	D4602

NDB No. 20073 Wheat, soft red winter

Vitamin E (alpha-tocopherol)	D4602

NDB No. 20074 Wheat, hard white

Vitamin E (alpha-tocopherol)	D4602

NDB No. 20075 Wheat, soft white

Vitamin E (alpha-tocopherol)	D4602

NDB No. 20077 Wheat bran, crude

Vitamin A, IU	D3921
Lutein + zeaxanthin	D3921
Vitamin A, RAE	D3921
Carotene, beta	D3921

NDB No. 20080 Wheat flour, whole-grain

Protein	S3550
Vitamin E (alpha-tocopherol)	S3550
Leucine	S3550
14:0	S3550
18:3 undifferentiated	S3550
22:6 n-3 (DHA)	S3550
22:0	S3550
16:1 undifferentiated	S3550
18:4	S3550
Starch	S3550
Phosphorus, P	S3550
Lutein + zeaxanthin	D3921

NDB No. 20080 Wheat flour, whole-grain

Tocopherol, gamma	S3550
Pantothenic acid	S3550
Vitamin B-6	S3550
Betaine	S4001
Tryptophan	S3550
10:0	S3550
22:5 n-3 (DPA)	S3550
Fatty acids, total polyunsaturated	S3550
Glucose (dextrose)	S606
Sugars, total	S606
Sodium, Na	S3550
Manganese, Mn	S3550
Tocopherol, beta	S3550
Tocopherol, delta	S3550
Isoleucine	S3550
Methionine	S3550
Glutamic acid	S3550
Proline	S3550
12:0	S3550
22:1 undifferentiated	S3550
24:0	S3550
21:5	S3550
Total lipid (fat)	S3550
Fructose	S606
Zinc, Zn	S3550
Selenium, Se	D3358, D3359, D3357, S3550
Threonine	S3550
Lysine	S3550
Arginine	S3550
Glycine	S3550
15:0	S3550
17:0	S3550
20:2 n-6 c,c	S3550
Ash	S3550
Calcium, Ca	S3550
Iron, Fe	S3550
Carotene, beta	D3921

NDB No. 20080 Wheat flour, whole-grain

Valine	S3550
20:0	S3550
14:1	S3550
17:1	S3550
Potassium, K	S3550
Niacin	S3550
Choline, total	S4001
Tyrosine	S3550
Alanine	S3550
Serine	S3550
18:1 undifferentiated	S3550
Fatty acids, total monounsaturated	S3550
24:1 c	S3550
20:3 undifferentiated	S3550
22:4	S3550
Sucrose	S606
Magnesium, Mg	S3550
Thiamin	S3550
Phenylalanine	S3550
Histidine	S3550
Aspartic acid	S3550
8:0	S3550
16:0	S3550
18:2 undifferentiated	S3550
20:1	S3550
20:5 n-3 (EPA)	S3550
Water	S606, S3550
Fiber, total dietary	S6362, S3550
Copper, Cu	S3550
Riboflavin	S3550
Vitamin K (phylloquinone)	D4068, D4048
Cystine	S3550
Fatty acids, total saturated	S3550
18:0	S3550
20:4 undifferentiated	S3550
15:1	S3550

NDB No. 20081 Wheat flour, white, all-purpose, enriched, bleached

Carotene, alpha	S20
Lutein + zeaxanthin	S20
Betaine	S3461, S20
Vitamin E (alpha-tocopherol)	S82, S20, S87
Lycopene	S20
Tocopherol, delta	S82, S20, S87
Folate, total	S20
Vitamin K (phylloquinone)	S20
Vitamin A, RAE	S20
Carotene, beta	S20
Tocopherol, gamma	S82, S20, S87
Choline, total	S3461, S20
Sugars, total	S837, S606, S20
Folate, food	S20
Vitamin A, IU	S20
Cryptoxanthin, beta	S20
Folic acid	S20
Tocopherol, beta	S82, S20, S87

NDB No. 20082 Wheat flour, white, all-purpose, self-rising, enriched

Vitamin E (alpha-tocopherol)	S20
Folic acid	S20
Folate, total	S20
Tocopherol, gamma	S20
Tocopherol, beta	S20
Sugars, total	S606
Tocopherol, delta	S20
Folate, food	S20

NDB No. 20083 Wheat flour, white, bread, enriched

Carotene, beta	S20
Tocopherol, delta	S20
Vitamin A, IU	S20
Tocopherol, beta	S20
Cryptoxanthin, beta	S20
Lutein + zeaxanthin	S20

NDB No. 20083 Wheat flour, white, bread, enriched

Folate, total	S20
Vitamin A, RAE	S20
Lycopene	S20
Folic acid	S20
Folate, food	S20
Tocopherol, gamma	S20
Carotene, alpha	S20
Vitamin E (alpha-tocopherol)	S20

NDB No. 20084 Wheat flour, white, cake, enriched

Vitamin E (alpha-tocopherol)	S20
Lycopene	S20
Lutein + zeaxanthin	S20
Carotene, beta	S20
Folate, total	S20
Folic acid	S20
Folate, food	S20
Cryptoxanthin, beta	S20
Tocopherol, beta	S20
Carotene, alpha	S20
Tocopherol, delta	S20
Vitamin A, IU	S20
Tocopherol, gamma	S20

NDB No. 20088 Wild rice, raw

Sucrose	S604

NDB No. 20089 Wild rice, cooked

Glucose (dextrose)	S604
Fructose	S604
Fiber, total dietary	S604, S1401
Sucrose	S604

NDB No. 20099 Macaroni, dry, enriched

NDB No. 20099 Macaroni, dry, enriched

Total lipid (fat)	S82, S5, S20, S1163
Sucrose	S20, S1163
Galactose	S20, S1163
Fiber, total dietary	S5, S20, S1163
Iron, Fe	S5, S20, S1163
Magnesium, Mg	S20, S1163
Niacin	S20, S1163
Vitamin B-6	S20, S1163
Dihydrophylloquinone	S1163
Tyrosine	S20, S1163
Arginine	S20, S1163
Aspartic acid	S20, S1163
Glutamic acid	S20, S1163
16:0	S20, S1163
20:0	S20, S1163
18:1 undifferentiated	S20, S1163
Fatty acids, total trans-monoenoic	S1163
Fructose	S20, S1163
Maltose	S20, S1163
Isoleucine	S20, S1163
Leucine	S20, S1163
Phenylalanine	S20, S1163
4:0	S20, S1163
16:1 undifferentiated	S20, S1163
20:2 n-6 c,c	S1163
Lactose	S20, S1163
Sugars, total	S20, S1163
Potassium, K	S20, S1163
Copper, Cu	S20, S1163
Tocopherol, delta	S82, S20, S1163
Serine	S20, S1163
Fatty acids, total trans	S1163
Fatty acids, total saturated	S20, S1163
18:0	S20, S1163
18:4	S20
22:5 n-3 (DPA)	S20
Fatty acids, total polyunsaturated	S20, S1163

NDB No. 20099 Macaroni, dry, enriched

18:1 t	S1163
18:1 c	S1163
18:3 n-3 c,c,c (ALA)	S1163
Vitamin K (phylloquinone)	D4048, S1163
Betaine	S1163, S20
12:0	S20, S1163
22:1 undifferentiated	S20, S1163
15:0	S20, S1163
17:0	S20, S1163
24:0	S20, S1163
24:1 c	S1163
18:3 n-6 c,c,c	S1163
Glucose (dextrose)	S20, S1163
Calcium, Ca	S20, S1163
Sodium, Na	S5, S20, S1163
Selenium, Se	D3358, D3359, S1163
Vitamin E (alpha-tocopherol)	S82, S20, S1163
Thiamin	S20, S1163
Threonine	S20, S1163
Lysine	S20, S1163
Cystine	S20, S1163
Alanine	S20, S1163
Hydroxyproline	S1163
14:0	S20, S1163
20:5 n-3 (EPA)	S20, S1163
13:0	S1163
Manganese, Mn	S20, S1163
Tocopherol, beta	S82, S20, S1163
Riboflavin	S20, S1163
Tryptophan	S20, S1163
Methionine	S20, S1163
Proline	S20, S1163
8:0	S20, S1163
22:6 n-3 (DHA)	S20, S1163
22:0	S20, S1163
15:1	S1163
Ash	S20, S1163

NDB No. 20099 Macaroni, dry, enriched

Folate, total	D4901, S20, S1163
Valine	S20, S1163
Histidine	S20, S1163
Glycine	S20, S1163
18:2 undifferentiated	S20, S1163
20:4 undifferentiated	S20, S1163
14:1	S20, S1163
20:1	S20, S1163
Fatty acids, total monounsaturated	S20, S1163
17:1	S1163
Protein	S5, S20, S1163
Starch	S20, S1163
Water	S5, S606, S20, S1163
Phosphorus, P	S20, S1163
Zinc, Zn	S20, S1163
Fluoride, F	D5021
Tocopherol, gamma	S82, S20, S1163
Choline, total	S1163, S20
6:0	S20, S1163
10:0	S20, S1163
18:3 undifferentiated	S20, S1163
20:3 undifferentiated	S1163

NDB No. 20100 Macaroni, cooked, enriched

Fiber, total dietary	S837, D3764, S642, D3765, S20, S1163
Zinc, Zn	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Choline, total	S1163, S20
Valine	S20, S1163
10:0	S20, S1163
22:0	S20, S1163
14:1	S20, S1163
13:0	S1163
18:3 n-3 c,c,c (ALA)	S1163
Ash	S2901, S20
Iron, Fe	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Potassium, K	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163

NDB No. 20100 Macaroni, cooked, enriched

Vitamin E (alpha-tocopherol)	S20, S1163
Riboflavin	S20, S1163
Lysine	S20, S1163
Proline	S20, S1163
Serine	S20, S1163
20:0	S20, S1163
20:3 undifferentiated	S1163
Lactose	S837, S20, S1163
Maltose	S837, S606, S20, S1163
Sodium, Na	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8
Tocopherol, delta	S20, S1163
Tryptophan	S20, S1163
Leucine	S20, S1163
Hydroxyproline	S1163
Fatty acids, total trans	S1163
4:0	S20, S1163
12:0	S20, S1163
18:0	S20
20:5 n-3 (EPA)	S20, S1163
24:0	S20, S1163
20:2 n-6 c,c	S1163
17:1	S1163
Fatty acids, total trans-monoenoic	S1163
Protein	S2901, S20, S1163
Phosphorus, P	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Manganese, Mn	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Niacin	S20, S1163
Dihydrophylloquinone	S20, S1163
Vitamin K (phylloquinone)	D4002, S20, S1163
Cystine	S20, S1163
Arginine	S20, S1163
Histidine	S20, S1163
Aspartic acid	S20, S1163
20:1	S20, S1163
22:5 n-3 (DPA)	S20
Total lipid (fat)	S2901, S20, S1163
Sucrose	S837, S20, S1163

NDB No. 20100 Macaroni, cooked, enriched

Fructose	S837, S20, S1163
Galactose	S837, S20, S1163
Tocopherol, gamma	S20, S1163
Methionine	S20, S1163
Glycine	S20, S1163
6:0	S20, S1163
16:0	S20, S1163
18:2 undifferentiated	S20, S1163
20:4 undifferentiated	S20, S1163
22:6 n-3 (DHA)	S20, S1163
18:4	S20
Fatty acids, total polyunsaturated	S20, S1163
17:0	S20, S1163
Sugars, total	S837, S606, S20, S1163
Copper, Cu	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Thiamin	S20, S1163
Threonine	S20, S1163
Isoleucine	S20, S1163
Phenylalanine	S20, S1163
14:0	S20, S1163
22:1 undifferentiated	S20, S1163
18:1 t	S1163
24:1 c	S1163
18:3 n-6 c,c,c	S1163
Water	S837, D3764, S606, S2901, D3765, S20, S1163
Magnesium, Mg	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Fluoride, F	D5007
Vitamin B-6	S20, S1163
Tyrosine	S20, S1163
18:1 undifferentiated	S20, S1163
18:3 undifferentiated	S20, S1163
16:1 undifferentiated	S20, S1163
Starch	S20, S1163
Glucose (dextrose)	S837, S606, S20, S1163
Calcium, Ca	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Selenium, Se	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Tocopherol, beta	S20, S1163

NDB No. 20100 Macaroni, cooked, enriched

Folate, total	S20, S1163
Betaine	S1163, S20
Alanine	S20, S1163
Glutamic acid	S20, S1163
8:0	S20, S1163
15:0	S20, S1163
18:1 c	S1163
15:1	S1163

NDB No. 20108 Macaroni, whole-wheat, cooked

Sucrose	S604
Maltose	S604

NDB No. 20109 Noodles, egg, dry, enriched

Fructose	S2105
Potassium, K	S2105
Manganese, Mn	S2105
Tocopherol, delta	S2105
Pantothenic acid	S2105
Vitamin B-6	S2105
Vitamin K (phylloquinone)	S2105
Threonine	S2105
Leucine	S2105
Alanine	S2105
Fatty acids, total trans	S2901
18:0	S2105
18:1 undifferentiated	S2105
14:1	S2105
Total lipid (fat)	S2105
Iron, Fe	S2105
Magnesium, Mg	S2105
Phosphorus, P	S2105
Selenium, Se	S2105
Tocopherol, gamma	S2105
Vitamin B-12	S2105
Dihydrophylloquinone	S2105

NDB No. 20109 Noodles, egg, dry, enriched

Tyrosine	S2105
Valine	S2105
Arginine	S2105
Glycine	S2105
Cholesterol	S2105
Fatty acids, total saturated	S2105
18:3 undifferentiated	S2105
Sugars, total	S606, S2105
12:0	S2105
16:0	S2105
18:2 undifferentiated	S2105
16:1 undifferentiated	S2105
20:1	S2105
18:3 n-6 c,c,c	S2105
Glucose (dextrose)	S606, S2105
Maltose	S606, S2105
Water	S606, S2105
Betaine	S2105
Methionine	S2105
Serine	S2105
20:0	S2105
20:4 undifferentiated	S2105
15:1	S2105
Sodium, Na	S2105
Zinc, Zn	S2105
Vitamin E (alpha-tocopherol)	S2105
Tryptophan	S2105
22:0	S2105
17:0	S2105
20:2 n-6 c,c	S2105
17:1	S2105
20:3 undifferentiated	S2105
Lactose	S2105
Fiber, total dietary	S2105
Tocopherol, beta	S2105
Niacin	S2105
Isoleucine	S2105

NDB No. 20109 Noodles, egg, dry, enriched

Lysine	S2105
Histidine	S2105
14:0	S2105
Fatty acids, total monounsaturated	S2105
Fatty acids, total polyunsaturated	S2105
Galactose	S2105
Calcium, Ca	S2105
Riboflavin	S2105
Folate, total	D4901, S2105
Choline, total	S2105
Phenylalanine	S2105
Aspartic acid	S2105
Glutamic acid	S2105
Proline	S2105
10:0	S2105
Protein	S2105
Ash	S2105
Sucrose	S606, S2105
Copper, Cu	S2105
Thiamin	S2105
Cystine	S2105
8:0	S2105
15:0	S2105
18:3 n-3 c,c,c (ALA)	S2105

NDB No. 20110 Noodles, egg, cooked, enriched

Folate, total	S2105
Threonine	S2105
Leucine	S2105
Methionine	S2105
Cystine	S2105
Aspartic acid	S2105
Cholesterol	S2105
Glucose (dextrose)	S606, S2105
Calcium, Ca	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Zinc, Zn	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8

NDB No. 20110 Noodles, egg, cooked, enriched

Manganese, Mn	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Selenium, Se	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Thiamin	S2105
Dihydrophylloquinone	S2105
Betaine	S2105
Protein	S2105
Iron, Fe	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Tocopherol, gamma	S2105
Niacin	S2105
Vitamin B-6	S2105
Isoleucine	S2105
Phenylalanine	S2105
Valine	S2105
Histidine	S2105
Glutamic acid	S2105
Glycine	S2105
Galactose	S2105
Copper, Cu	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Riboflavin	S2105
Pantothenic acid	S2105
Choline, total	S2105
Vitamin K (phylloquinone)	D4002, S2105
Tyrosine	S2105
Sucrose	S606, S2105
Potassium, K	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Fluoride, F	D5007
Vitamin E (alpha-tocopherol)	S2105
Arginine	S2105
Water	D3764, S606, S2105, S1401
Sodium, Na	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Tocopherol, beta	S2105
Tryptophan	S2105
Proline	S2105
Fructose	S2105
Sugars, total	S606, S2105
Magnesium, Mg	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Tocopherol, delta	S2105

NDB No. 20110 Noodles, egg, cooked, enriched

Vitamin B-12	S2105
Lysine	S2105
Alanine	S2105
Total lipid (fat)	S2105
Ash	S2105
Lactose	S2105
Maltose	S606, S2105
Fiber, total dietary	D3764, S642, S2105, S1401
Phosphorus, P	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Serine	S2105

NDB No. 20118 Noodles, flat, crunchy, Chinese restaurant

Zinc, Zn	S3551
6:0	S3551
10:0	S3551
14:0	S3551
18:4	S3551
22:1 undifferentiated	S3551
20:2 n-6 c,c	S3551
17:1	S3551
20:3 n-3	S3551
Calcium, Ca	S3551
Magnesium, Mg	S3551
18:0	S3551
20:5 n-3 (EPA)	S3551
22:1 t	S3551
18:2 t not further defined	S3551
20:3 undifferentiated	S3551
Niacin	S3551
Fatty acids, total saturated	S3551
16:0	S3551
14:1	S3551
20:1	S3551
18:1 c	S3551
18:2 n-6 c,c	S3551
Fatty acids, total trans-monoenoic	S3551

NDB No. 20118 Noodles, flat, crunchy, Chinese restaurant

Fatty acids, total trans-polyenoic	S3551
Protein	S3551
Ash	S3551
Potassium, K	S3551
22:0	S3551
15:0	S3551
17:0	S3551
18:3 n-6 c,c,c	S3551
18:3 n-3 c,c,c (ALA)	S3551
20:3 n-6	S3551
22:4	S3551
Phosphorus, P	S3551
Thiamin	S3551
Fatty acids, total trans	S3551
4:0	S3551
18:2 undifferentiated	S3551
18:3 undifferentiated	S3551
20:4 undifferentiated	S3551
24:0	S3551
16:1 c	S3551
15:1	S3551
8:0	S3551
18:1 undifferentiated	S3551
22:6 n-3 (DHA)	S3551
16:1 undifferentiated	S3551
18:2 CLAs	S3551
22:1 c	S3551
Water	S3551
Sodium, Na	S3551
Copper, Cu	S3551
12:0	S3551
20:0	S3551
Fatty acids, total monounsaturated	S3551
16:1 t	S3551
18:1 t	S3551
Total lipid (fat)	S3551
Iron, Fe	S3551

NDB No. 20118 Noodles, flat, crunchy, Chinese restaurant

Manganese, Mn	S3551
Riboflavin	S3551
22:5 n-3 (DPA)	S3551
Fatty acids, total polyunsaturated	S3551
24:1 c	S3551

NDB No. 20120 Spaghetti, dry, enriched

Protein	S5, S20, S1163
Total lipid (fat)	S82, S5, S20, S1163
Sugars, total	S20, S1163
Galactose	S20, S1163
Phosphorus, P	S20, S1163
Tocopherol, delta	S82, S20, S1163
Thiamin	S20, S1163
Riboflavin	S20, S1163
Threonine	S20, S1163
Lysine	S20, S1163
Methionine	S20, S1163
Glutamic acid	S20, S1163
Serine	S20, S1163
6:0	S20, S1163
18:3 n-6 c,c,c	S1163
15:1	S1163
Tocopherol, gamma	S82, S20, S1163
Vitamin B-6	S20, S1163
Leucine	S20, S1163
Aspartic acid	S20, S1163
14:0	S20, S1163
18:3 undifferentiated	S20, S1163
20:1	S20, S1163
Sucrose	S20, S1163
Potassium, K	S20, S1163
Copper, Cu	S20, S1163
Isoleucine	S20, S1163
Histidine	S20, S1163
Glycine	S20, S1163

NDB No. 20120 Spaghetti, dry, enriched

4:0	S20, S1163
18:1 undifferentiated	S20, S1163
22:6 n-3 (DHA)	S20, S1163
16:1 undifferentiated	S20, S1163
22:1 undifferentiated	S20, S1163
18:1 t	S1163
Fatty acids, total trans-monoenoic	S1163
Starch	S20, S1163
Sodium, Na	S5, S20, S1163
Zinc, Zn	S20, S1163
Fluoride, F	D5021
Manganese, Mn	S20, S1163
Vitamin E (alpha-tocopherol)	S82, S20, S1163
Tocopherol, beta	S82, S20, S1163
Vitamin K (phylloquinone)	D4048, S1163
Betaine	S1163, S20
Tryptophan	S20, S1163
Fatty acids, total saturated	S20, S1163
8:0	S20, S1163
20:0	S20, S1163
14:1	S20, S1163
Fatty acids, total polyunsaturated	S20, S1163
15:0	S20, S1163
24:0	S20, S1163
Water	S5, S606, S20, S1163
Magnesium, Mg	S20, S1163
Folate, total	D4901, S20, S1163
Tyrosine	S20, S1163
Proline	S20, S1163
18:0	S20, S1163
20:5 n-3 (EPA)	S20, S1163
17:0	S20, S1163
Glucose (dextrose)	S20, S1163
Calcium, Ca	S20, S1163
Phenylalanine	S20, S1163
10:0	S20, S1163
12:0	S20, S1163

NDB No. 20120 Spaghetti, dry, enriched

18:4	S20
22:5 n-3 (DPA)	S20
24:1 c	S1163
13:0	S1163
Maltose	S20, S1163
Selenium, Se	D3358, D3359, S1163
Niacin	S20, S1163
Dihydrophylloquinone	S1163
Cystine	S20, S1163
Alanine	S20, S1163
Fatty acids, total trans	S1163
20:4 undifferentiated	S20, S1163
Fatty acids, total monounsaturated	S20, S1163
18:1 c	S1163
17:1	S1163
18:3 n-3 c,c,c (ALA)	S1163
Ash	S20, S1163
Fructose	S20, S1163
Lactose	S20, S1163
Fiber, total dietary	S5, S20, S1163
Iron, Fe	S5, S20, S1163
Choline, total	S1163, S20
Valine	S20, S1163
Arginine	S20, S1163
Hydroxyproline	S1163
16:0	S20, S1163
18:2 undifferentiated	S20, S1163
22:0	S20, S1163
20:2 n-6 c,c	S1163
20:3 undifferentiated	S1163

NDB No. 20121 Spaghetti, cooked, enriched, without added salt

Water	S837, D3764, S606, S2901, D3765, S20, S1163
Fiber, total dietary	S837, D3764, S642, D3765, S20, S1163
Copper, Cu	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Selenium, Se	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163

NDB No. 20121 Spaghetti, cooked, enriched, without added salt

Thiamin	S20, S1163
Folate, total	S20, S1163
Dihydrophylloquinone	S20, S1163
Betaine	S1163, S20
Isoleucine	S20, S1163
Arginine	S20, S1163
Glutamic acid	S20, S1163
Glycine	S20, S1163
Serine	S20, S1163
12:0	S20, S1163
20:0	S20, S1163
18:2 undifferentiated	S20, S1163
17:0	S20, S1163
24:0	S20, S1163
Fatty acids, total trans-monoenoic	S1163
15:1	S1163
Galactose	S837, S20, S1163
Magnesium, Mg	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Zinc, Zn	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Manganese, Mn	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Tocopherol, gamma	S20, S1163
Riboflavin	S20, S1163
Choline, total	S1163, S20
Leucine	S20, S1163
Phenylalanine	S20, S1163
Tyrosine	S20, S1163
22:5 n-3 (DPA)	S20
18:1 t	S1163
Total lipid (fat)	S2901, S20, S1163
Sugars, total	S837, S606, S20, S1163
Sodium, Na	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8
Cystine	S20, S1163
Aspartic acid	S20, S1163
16:0	S20, S1163
18:1 c	S1163
Ash	S2901, S20
Maltose	S837, S606, S20, S1163

NDB No. 20121 Spaghetti, cooked, enriched, without added salt

Potassium, K	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Vitamin B-6	S20, S1163
Threonine	S20, S1163
14:0	S20, S1163
22:6 n-3 (DHA)	S20, S1163
16:1 undifferentiated	S20, S1163
20:1	S20, S1163
22:1 undifferentiated	S20, S1163
18:3 n-6 c,c,c	S1163
Vitamin E (alpha-tocopherol)	S20, S1163
4:0	S20, S1163
10:0	S20, S1163
18:3 undifferentiated	S20, S1163
18:3 n-3 c,c,c (ALA)	S1163
Starch	S20, S1163
Calcium, Ca	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Iron, Fe	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Phosphorus, P	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Tocopherol, beta	S20, S1163
Tocopherol, delta	S20, S1163
Lysine	S20, S1163
Valine	S20, S1163
6:0	S20, S1163
14:1	S20, S1163
20:5 n-3 (EPA)	S20, S1163
24:1 c	S1163
20:3 undifferentiated	S1163
13:0	S1163
Protein	S2901, S20, S1163
Sucrose	S837, S20, S1163
Lactose	S837, S20, S1163
Fluoride, F	D5007
Niacin	S20, S1163
Vitamin K (phylloquinone)	D4002, S20, S1163
Methionine	S20, S1163
Proline	S20, S1163
Hydroxyproline	S1163

NDB No. 20121 Spaghetti, cooked, enriched, without added salt

Fatty acids, total trans	S1163
8:0	S20, S1163
18:0	S20
18:1 undifferentiated	S20, S1163
18:4	S20
17:1	S1163
Glucose (dextrose)	S837, S606, S20, S1163
Fructose	S837, S20, S1163
Tryptophan	S20, S1163
Histidine	S20, S1163
Alanine	S20, S1163
20:4 undifferentiated	S20, S1163
22:0	S20, S1163
Fatty acids, total polyunsaturated	S20, S1163
15:0	S20, S1163
20:2 n-6 c,c	S1163

NDB No. 20130 Barley flour or meal

Vitamin A, RAE	S1202, D3921
Choline, total	S3461
Betaine	S3461
Carotene, beta	S1202, D3921
Carotene, alpha	S1202
Cryptoxanthin, beta	S1202
Lutein + zeaxanthin	D3921
Vitamin K (phylloquinone)	D4068
Vitamin A, IU	S1202, D3921

NDB No. 20132 Oat flour, partially debranned

Sucrose	D4581
Copper, Cu	S1202
Thiamin	S1202
Water	S1202
Phosphorus, P	S1202
Manganese, Mn	S1202
Niacin	S1202

NDB No. 20132 Oat flour, partially debranned

Protein	S1202
Total lipid (fat)	S1202
Iron, Fe	S1202
Vitamin B-6	S1202
Fructose	D4581
Potassium, K	S1202
Sodium, Na	S1202
Zinc, Zn	S1202
Pantothenic acid	S1202
Glucose (dextrose)	D4581
Calcium, Ca	S1202
Betaine	S4001
Ash	S1202
Sugars, total	D4581
Magnesium, Mg	S1202
Riboflavin	S1202
Choline, total	S4001
Fiber, total dietary	S1202

NDB No. 20137 Quinoa, cooked

Folate, food	S3552
Alanine	S3552
Glycine	S3552
Fiber, total dietary	S3552
Selenium, Se	S3552
Thiamin	S3552
Proline	S3552
Calcium, Ca	S3552
Tocopherol, gamma	S3552
Vitamin B-6	S3552
Methionine	S3552
Valine	S3552
Histidine	S3552
Aspartic acid	S3552
Total lipid (fat)	S3552
Ash	S3552

NDB No. 20137 Quinoa, cooked

Sodium, Na	S3552
Phenylalanine	S3552
Arginine	S3552
Starch	S3552
Water	S3552
Iron, Fe	S3552
Potassium, K	S3552
Copper, Cu	S3552
Tocopherol, beta	S3552
Tryptophan	S3552
Lysine	S3552
Protein	S3552
Phosphorus, P	S3552
Manganese, Mn	S3552
Vitamin E (alpha-tocopherol)	S3552
Niacin	S3552
Folate, total	S3552
Isoleucine	S3552
Leucine	S3552
Serine	S3552
Tocopherol, delta	S3552
Riboflavin	S3552
Tyrosine	S3552
Glutamic acid	S3552
Magnesium, Mg	S3552
Zinc, Zn	S3552
Threonine	S3552
Cystine	S3552

NDB No. 20138 Kamut, uncooked

Protein	S3552
Starch	S3552
Galactose	S3552
Vitamin A, RAE	S3552
Cryptoxanthin, beta	S3552
Tocopherol, beta	S3552

NDB No. 20138 Kamut, uncooked

Niacin	S3552
Isoleucine	S3552
Leucine	S3552
Glycine	S3552
Fatty acids, total saturated	S3552
14:0	S3552
22:0	S3552
16:1 undifferentiated	S3552
Ash	S3552
Calcium, Ca	S3552
Sodium, Na	S3552
Menaquinone-4	S3552
Dihydrophylloquinone	S3552
Methionine	S3552
Phenylalanine	S3552
Proline	S3552
12:0	S3552
18:0	S3552
20:1	S3552
15:0	S3552
17:0	S3552
Water	S3552
Iron, Fe	S3552
Zinc, Zn	S3552
Total lipid (fat)	S3552
Glucose (dextrose)	S3552
Lactose	S3552
Copper, Cu	S3552
Carotene, beta	S3552
Carotene, alpha	S3552
Lutein + zeaxanthin	S3552
Tocopherol, gamma	S3552
Tocopherol, delta	S3552
Threonine	S3552
Valine	S3552
Arginine	S3552
Aspartic acid	S3552

NDB No. 20138 Kamut, uncooked

Glutamic acid	S3552
Serine	S3552
18:1 undifferentiated	S3552
Fatty acids, total monounsaturated	S3552
Potassium, K	S3552
Lycopene	S3552
Vitamin K (phylloquinone)	S3552
Tryptophan	S3552
Cystine	S3552
8:0	S3552
16:0	S3552
18:2 undifferentiated	S3552
18:3 undifferentiated	S3552
20:4 undifferentiated	S3552
20:2 n-6 c,c	S3552
Fructose	S3552
Maltose	S3552
Fiber, total dietary	S3552
Phosphorus, P	S3552
Manganese, Mn	S3552
Vitamin E (alpha-tocopherol)	S3552
Choline, total	S3552
Betaine	S3552
20:0	S3552
14:1	S3552
Fatty acids, total polyunsaturated	S3552
18:3 n-6 c,c,c	S3552
17:1	S3552
20:3 undifferentiated	S3552
18:3 n-3 c,c,c (ALA)	S3552
Magnesium, Mg	S3552
Selenium, Se	S3552
Thiamin	S3552
Riboflavin	S3552
Tyrosine	S3552
Histidine	S3552
Alanine	S3552

NDB No. 20138 Kamut, uncooked

Sucrose	S3552
Sugars, total	S3552
Vitamin A, IU	S3552
Pantothenic acid	S3552
Vitamin B-6	S3552
Lysine	S3552
10:0	S3552
15:1	S3552

NDB No. 20139 Kamut, cooked

Ash	S3552
Serine	S3552
Calcium, Ca	S3552
Phosphorus, P	S3552
Manganese, Mn	S3552
Vitamin B-6	S3552
Folate, total	S3552
Isoleucine	S3552
Leucine	S3552
Aspartic acid	S3552
Tyrosine	S3552
Water	S3552
Riboflavin	S3552
Glutamic acid	S3552
Iron, Fe	S3552
Methionine	S3552
Arginine	S3552
Glycine	S3552
Proline	S3552
Potassium, K	S3552
Sodium, Na	S3552
Copper, Cu	S3552
Niacin	S3552
Cystine	S3552
Phenylalanine	S3552
Protein	S3552

NDB No. 20139 Kamut, cooked

Zinc, Zn	S3552
Thiamin	S3552
Folate, food	S3552
Lysine	S3552
Histidine	S3552
Total lipid (fat)	S3552
Magnesium, Mg	S3552
Tryptophan	S3552
Threonine	S3552
Valine	S3552
Alanine	S3552

NDB No. 20140 Spelt, uncooked

Protein	S3552
Total lipid (fat)	S3552
Sugars, total	S3552
Manganese, Mn	S3552
Carotene, beta	S3552
Tocopherol, beta	S3552
Tocopherol, delta	S3552
Vitamin K (phylloquinone)	S3552
Leucine	S3552
Phenylalanine	S3552
12:0	S3552
16:0	S3552
20:0	S3552
18:3 undifferentiated	S3552
20:3 undifferentiated	S3552
Starch	S3552
Fructose	S3552
Water	S3552
Fiber, total dietary	S3552
Phosphorus, P	S3552
Sodium, Na	S3552
Riboflavin	S3552
Pantothenic acid	S3552

NDB No. 20140 Spelt, uncooked

Threonine	S3552
Isoleucine	S3552
Histidine	S3552
Glycine	S3552
20:1	S3552
Fatty acids, total polyunsaturated	S3552
15:0	S3552
17:1	S3552
Galactose	S3552
Magnesium, Mg	S3552
Arginine	S3552
Aspartic acid	S3552
Proline	S3552
Serine	S3552
Vitamin E (alpha-tocopherol)	S3552
Menaquinone-4	S3552
Dihydrophylloquinone	S3552
Lysine	S3552
Methionine	S3552
Glutamic acid	S3552
Fatty acids, total saturated	S3552
18:2 undifferentiated	S3552
22:0	S3552
Fatty acids, total monounsaturated	S3552
Potassium, K	S3552
Cryptoxanthin, beta	S3552
Lutein + zeaxanthin	S3552
Folate, food	S3552
Cystine	S3552
Tyrosine	S3552
18:1 undifferentiated	S3552
18:3 n-3 c,c,c (ALA)	S3552
Glucose (dextrose)	S3552
Calcium, Ca	S3552
Iron, Fe	S3552
Lycopene	S3552
Folate, total	S3552

NDB No. 20140 Spelt, uncooked

Tryptophan	S3552
Valine	S3552
8:0	S3552
10:0	S3552
14:0	S3552
18:0	S3552
20:4 undifferentiated	S3552
14:1	S3552
17:0	S3552
20:2 n-6 c,c	S3552
Ash	S3552
Sucrose	S3552
Lactose	S3552
Maltose	S3552
Zinc, Zn	S3552
Copper, Cu	S3552
Selenium, Se	S3552
Vitamin A, RAE	S3552
Tocopherol, gamma	S3552
Thiamin	S3552
Vitamin B-6	S3552
Alanine	S3552
16:1 undifferentiated	S3552
18:3 n-6 c,c,c	S3552
Carotene, alpha	S3552
Niacin	S3552
15:1	S3552

NDB No. 20141 Spelt, cooked

Manganese, Mn	S3552
Selenium, Se	S3552
Tocopherol, gamma	S3552
Potassium, K	S3552
Tocopherol, beta	S3552
Thiamin	S3552
Calcium, Ca	S3552

NDB No. 20141 Spelt, cooked

Ash	S3552
Water	S3552
Sodium, Na	S3552
Niacin	S3552
Protein	S3552
Magnesium, Mg	S3552
Phosphorus, P	S3552
Fiber, total dietary	S3552
Iron, Fe	S3552
Zinc, Zn	S3552
Riboflavin	S3552
Total lipid (fat)	S3552
Vitamin E (alpha-tocopherol)	S3552
Vitamin B-6	S3552
Starch	S3552
Copper, Cu	S3552
Tocopherol, delta	S3552
Folate, total	S3552
Folate, food	S3552

NDB No. 20142 Teff, uncooked

Calcium, Ca	S3552
Zinc, Zn	S3552
Vitamin E (alpha-tocopherol)	S3552
Lycopene	S3552
Tocopherol, delta	S3552
Riboflavin	S3552
Niacin	S3552
Pantothenic acid	S3552
Tryptophan	S3552
Phenylalanine	S3552
15:1	S3552
Potassium, K	S3552
Cryptoxanthin, beta	S3552
Vitamin B-6	S3552
Histidine	S3552

NDB No. 20142 Teff, uncooked

Alanine	S3552
Aspartic acid	S3552
Fatty acids, total saturated	S3552
20:0	S3552
20:2 n-6 c,c	S3552
Glucose (dextrose)	S3552
Magnesium, Mg	S3552
Manganese, Mn	S3552
Tocopherol, beta	S3552
Tocopherol, gamma	S3552
Betaine	S3552
Isoleucine	S3552
Leucine	S3552
Cystine	S3552
Arginine	S3552
18:0	S3552
14:1	S3552
Fatty acids, total polyunsaturated	S3552
Ash	S3552
Starch	S3552
Sucrose	S3552
Fructose	S3552
Galactose	S3552
Iron, Fe	S3552
Carotene, alpha	S3552
Lutein + zeaxanthin	S3552
Choline, total	S3552
Lysine	S3552
Valine	S3552
Glutamic acid	S3552
Serine	S3552
12:0	S3552
18:3 n-3 c,c,c (ALA)	S3552
Sugars, total	S3552
Fiber, total dietary	S3552
Phosphorus, P	S3552
Copper, Cu	S3552

NDB No. 20142 Teff, uncooked

Carotene, beta	S3552
Methionine	S3552
8:0	S3552
18:1 undifferentiated	S3552
Maltose	S3552
Water	S3552
Sodium, Na	S3552
Selenium, Se	S3552
Menaquinone-4	S3552
Threonine	S3552
Glycine	S3552
Proline	S3552
10:0	S3552
16:0	S3552
20:4 undifferentiated	S3552
22:0	S3552
Fatty acids, total monounsaturated	S3552
15:0	S3552
Protein	S3552
Vitamin A, RAE	S3552
Thiamin	S3552
Tyrosine	S3552
18:3 undifferentiated	S3552
16:1 undifferentiated	S3552
20:1	S3552
17:0	S3552
17:1	S3552
20:3 undifferentiated	S3552
Lactose	S3552
Dihydrophylloquinone	S3552
Vitamin K (phylloquinone)	S3552
14:0	S3552
18:2 undifferentiated	S3552
18:3 n-6 c,c,c	S3552

NDB No. 20143 Teff, cooked

NDB No. 20143 Teff, cooked

Ash	S3552
Calcium, Ca	S3552
Threonine	S3552
Leucine	S3552
Aspartic acid	S3552
Fiber, total dietary	S3552
Iron, Fe	S3552
Zinc, Zn	S3552
Vitamin B-6	S3552
Lysine	S3552
Phenylalanine	S3552
Folate, food	S3552
Water	S3552
Phosphorus, P	S3552
Copper, Cu	S3552
Methionine	S3552
Glutamic acid	S3552
Glycine	S3552
Protein	S3552
Total lipid (fat)	S3552
Manganese, Mn	S3552
Folate, total	S3552
Tryptophan	S3552
Cystine	S3552
Proline	S3552
Magnesium, Mg	S3552
Sodium, Na	S3552
Thiamin	S3552
Valine	S3552
Alanine	S3552
Serine	S3552
Riboflavin	S3552
Isoleucine	S3552
Histidine	S3552
Potassium, K	S3552
Niacin	S3552
Tyrosine	S3552

NDB No. 20143 Teff, cooked

Arginine	S3552

NDB No. 20310 Noodles, egg, cooked, enriched, with added salt

Manganese, Mn	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Tocopherol, beta	S2105
Threonine	S2105
Protein	S2105
Lactose	S2105
Potassium, K	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Copper, Cu	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Niacin	S2105
Pantothenic acid	S2105
Dihydrophylloquinone	S2105
Tryptophan	S2105
Phenylalanine	S2105
Proline	S2105
Maltose	S606, S2105
Folate, total	S2105
Leucine	S2105
Lysine	S2105
Cystine	S2105
Serine	S2105
Iron, Fe	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Tocopherol, gamma	S2105
Tyrosine	S2105
Arginine	S2105
Ash	S2105
Calcium, Ca	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Zinc, Zn	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Selenium, Se	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Vitamin E (alpha-tocopherol)	S2105
Vitamin B-6	S2105
Vitamin K (phylloquinone)	D4002, S2105
Methionine	S2105
Histidine	S2105
Tocopherol, delta	S2105

NDB No. 20310 Noodles, egg, cooked, enriched, with added salt

Choline, total	S2105
Betaine	S2105
Aspartic acid	S2105
Glutamic acid	S2105
Glycine	S2105
Total lipid (fat)	S2105
Phosphorus, P	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Thiamin	S2105
Riboflavin	S2105
Alanine	S2105
Cholesterol	S2105
Sucrose	S606, S2105
Glucose (dextrose)	S606, S2105
Fructose	S2105
Water	D3764, S606, S2105, S1401
Sugars, total	S606, S2105
Galactose	S2105
Fiber, total dietary	D3764, S642, S2105, S1401
Magnesium, Mg	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Vitamin B-12	S2105
Isoleucine	S2105
Valine	S2105

NDB No. 20315 Corn flour, whole-grain, blue (harina de maiz morado)

Calcium, Ca	S3550
Potassium, K	S3550
Niacin	S3550
Ash	S3550
Starch	S3550
Water	S3550
Vitamin B-6	S3550
Magnesium, Mg	S3550
Thiamin	S3550
Total lipid (fat)	S3550
Fiber, total dietary	S3550
Iron, Fe	S3550

NDB No. 20315 Corn flour, whole-grain, blue (harina de maiz morado)

Phosphorus, P	S3550
Selenium, Se	S3550
Zinc, Zn	S3550
Copper, Cu	S3550
Riboflavin	S3550
Pantothenic acid	S3550
Protein	S3550
Sodium, Na	S3550
Manganese, Mn	S3550

NDB No. 20317 Corn flour, masa, enriched, yellow

Total lipid (fat)	S405, S6501, S6481, D2028, S3550
Starch	S3550
Potassium, K	S405, S6501, S183, S182, S6481, D2028, S3550
Zinc, Zn	S405, S6501, S2982, S3550
Copper, Cu	S201, S405, S6501, S183, S2982, S182, S3550
Thiamin	S6501, S6481
Tryptophan	S3550
Tyrosine	S3550
Glutamic acid	S3550
Proline	S3550
Selenium, Se	S201, S183, S182, S3550
Niacin	S6501, S6481
Isoleucine	S3550
Protein	S405, S6501, S6481, D2028, S3550
Ash	S405, S6501, S6481, D2028, S3550
Water	S405, S6501, S6481, D2028, S3550
Calcium, Ca	S201, S405, S6501, S183, S182, S6481, S3550
Manganese, Mn	S201, S405, S183, S182, S3550
Leucine	S3550
Cystine	S3550
Serine	S3550
Phosphorus, P	S201, S405, S6501, S183, S182, D2028, S3550
Sodium, Na	S405, S6501, S6481, S3550
Riboflavin	S6501, S6481
Folate, food	S405, S6501

NDB No. 20317 Corn flour, masa, enriched, yellow

Phenylalanine	S3550
Valine	S3550
Iron, Fe	S201, S6501, S183, S182, S6481
Pantothenic acid	S405, S3550
Threonine	S3550
Histidine	S3550
Fiber, total dietary	S405, S3550
Lysine	S3550
Vitamin B-6	S6501, S3550
Methionine	S3550
Alanine	S3550
Magnesium, Mg	S405, S6501, S3550
Arginine	S3550
Aspartic acid	S3550
Glycine	S3550

NDB No. 20320 Cornmeal, whole-grain, white

Choline, total	S4001
Betaine	S4001

NDB No. 20321 Spaghetti, cooked, enriched, with added salt

Methionine	S20, S1163
Aspartic acid	S20, S1163
16:1 undifferentiated	S20, S1163
22:1 undifferentiated	S20, S1163
Ash	S1163
Water	S837, D3764, S606, S2901, D3765, S20, S1163
Vitamin B-6	S20, S1163
Dihydrophylloquinone	S20, S1163
Leucine	S20, S1163
Cystine	S20, S1163
Hydroxyproline	S1163
18:1 undifferentiated	S20, S1163
18:3 n-6 c,c,c	S1163
20:3 undifferentiated	S1163
Total lipid (fat)	S2901, S20, S1163

NDB No. 20321 Spaghetti, cooked, enriched, with added salt

Iron, Fe	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Magnesium, Mg	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Potassium, K	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Copper, Cu	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Tocopherol, beta	S20, S1163
Niacin	S20, S1163
Folate, total	S20, S1163
Vitamin K (phylloquinone)	D4002, S20, S1163
Valine	S20, S1163
Arginine	S20, S1163
14:0	S20, S1163
18:0	S20
20:4 undifferentiated	S20, S1163
Fiber, total dietary	S837, D3764, S642, D3765, S20, S1163
Sodium, Na	S1163
Tocopherol, gamma	S20, S1163
Tocopherol, delta	S20, S1163
Lysine	S20, S1163
Tyrosine	S20, S1163
Glutamic acid	S20, S1163
8:0	S20, S1163
12:0	S20, S1163
22:6 n-3 (DHA)	S20, S1163
20:5 n-3 (EPA)	S20, S1163
24:0	S20, S1163
Protein	S2901, S20, S1163
Starch	S20, S1163
Fructose	S837, S20, S1163
Zinc, Zn	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Selenium, Se	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Tryptophan	S20, S1163
Isoleucine	S20, S1163
Glycine	S20, S1163
4:0	S20, S1163
22:0	S20, S1163
14:1	S20, S1163
22:5 n-3 (DPA)	S20

NDB No. 20321 Spaghetti, cooked, enriched, with added salt

18:1 t	S1163
13:0	S1163
15:1	S1163
Phosphorus, P	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Manganese, Mn	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Vitamin E (alpha-tocopherol)	S20, S1163
Threonine	S20, S1163
Phenylalanine	S20, S1163
Proline	S20, S1163
18:2 undifferentiated	S20, S1163
18:3 undifferentiated	S20, S1163
20:1	S20, S1163
Fatty acids, total polyunsaturated	S20, S1163
15:0	S20, S1163
17:0	S20, S1163
24:1 c	S1163
20:2 n-6 c,c	S1163
18:1 c	S1163
17:1	S1163
Fatty acids, total trans-monoenoic	S1163
Glucose (dextrose)	S837, S606, S20, S1163
Maltose	S837, S606, S20, S1163
Calcium, Ca	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Thiamin	S20, S1163
Histidine	S20, S1163
Alanine	S20, S1163
Serine	S20, S1163
6:0	S20, S1163
10:0	S20, S1163
16:0	S20, S1163
20:0	S20, S1163
Sucrose	S837, S20, S1163
Lactose	S837, S20, S1163
Sugars, total	S837, S606, S20, S1163
Galactose	S837, S20, S1163
Riboflavin	S20, S1163
Fatty acids, total trans	S1163

NDB No. 20321 Spaghetti, cooked, enriched, with added salt

18:4	S20
18:3 n-3 c,c,c (ALA)	S1163

NDB No. 20322 Cornmeal, degermed, enriched, white

Carotene, alpha	S1343
Choline, total	S1164, S3548
Folate, food	S1164, D5961
Betaine	S1164, S3548
Lysine	S1164, S3548
Methionine	S1164, S3548
Arginine	S1164, S3548
Histidine	S1164, S3548
Proline	S1164, S3548
8:0	S1164, S3548
10:0	S1164, S3548
12:0	S1164, S3548
22:0	S1164, S3548
22:1 undifferentiated	S1164, S3548
20:2 n-6 c,c	S1164, S3548
17:1	S1164, S3548
Fatty acids, total trans-monoenoic	S1164
Ash	S1164, S3548
Magnesium, Mg	S1164, S3548
Folate, total	D4901, S1164, S3548, D5981
20:0	S1164, S3548
18:1 undifferentiated	S1164, S3548
20:4 undifferentiated	S1164, S3548
Total lipid (fat)	S1164, S3548
Lactose	S837, S1164, S3548
Water	S1164, S3548
Iron, Fe	S1164, S3548
Zinc, Zn	S1164, S3548
Copper, Cu	S1164, S3548
Vitamin A, IU	S1343
Carotene, beta	S1343
Threonine	S1164, S3548

NDB No. 20322 Cornmeal, degermed, enriched, white

Tyrosine	S1164, S3548
20:1	S1164, S3548
22:5 n-3 (DPA)	S3548
15:0	S1164, S3548
17:0	S1164, S3548
24:0	S1164, S3548
Fiber, total dietary	S837, S1164, S3548
Phosphorus, P	S1164, S3548
Lutein + zeaxanthin	S1343
Thiamin	S1164, S3548
Niacin	S1164, S3548
Pantothenic acid	S1164, S3548
Vitamin K (phylloquinone)	S1164
Tryptophan	S1164, S3548
Hydroxyproline	S1164
18:2 undifferentiated	S1164, S3548
16:1 undifferentiated	S1164, S3548
18:1 t	S1164
Manganese, Mn	S1164, S3548
Vitamin E (alpha-tocopherol)	S1164, S3548
Tocopherol, delta	S1164, S3548
Vitamin B-6	S1164, S3548
Dihydrophylloquinone	S1164
Phenylalanine	S1164, S3548
Valine	S1164, S3548
Fatty acids, total trans	S1164
14:0	S1164, S3548
16:0	S1164, S3548
18:3 undifferentiated	S1164, S3548
14:1	S1164, S3548
24:1 c	S3548
20:3 undifferentiated	S1164, S3548
13:0	S1164
15:1	S1164, S3548
21:5	S3548
Starch	S1164, S3548
Fructose	S837, S1164, S3548

NDB No. 20322 Cornmeal, degermed, enriched, white

Maltose	S837, S1164, S3548
Potassium, K	S1164, S3548
Tocopherol, beta	S1164, S3548
Tocopherol, gamma	S1164, S3548
Alanine	S1164, S3548
Aspartic acid	S1164, S3548
6:0	S1164
18:0	S1164, S3548
22:6 n-3 (DHA)	S1164, S3548
20:5 n-3 (EPA)	S1164, S3548
18:3 n-6 c,c,c	S1164
22:4	S3548
Protein	S1164, S3548
Calcium, Ca	S1164, S3548
Selenium, Se	S1164, S3548
Cryptoxanthin, beta	S1343
Isoleucine	S1164, S3548
Cystine	S1164, S3548
Glycine	S1164, S3548
Serine	S1164, S3548
18:4	S3548
Sucrose	S837, S1164, S3548
Glucose (dextrose)	S837, S1164, S3548
Galactose	S1164
Sodium, Na	S1164, S3548
Vitamin A, RAE	S1343
Lycopene	S1164, S1203
Riboflavin	S1164, S3548
Leucine	S1164, S3548
Glutamic acid	S1164, S3548
4:0	S1164

NDB No. 20324 Cornmeal, self-rising, bolted, with wheat flour added, enriched, white

Folate, total	D4901

NDB No. 20400 Macaroni, cooked, unenriched

NDB No. 20400 Macaroni, cooked, unenriched

Total lipid (fat)	S2901, S20, S1163
Calcium, Ca	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Phosphorus, P	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Tyrosine	S20, S1163
Serine	S20, S1163
Fatty acids, total trans	S1163
16:0	S20, S1163
18:1 undifferentiated	S20, S1163
20:5 n-3 (EPA)	S20, S1163
17:1	S1163
18:3 n-3 c,c,c (ALA)	S1163
Protein	S2901, S20, S1163
Galactose	S837, S20, S1163
Fiber, total dietary	S837, D3764, S642, D3765, S20, S1163
Potassium, K	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Dihydrophylloquinone	S20, S1163
Vitamin K (phylloquinone)	D4002, S20, S1163
Isoleucine	S20, S1163
Alanine	S20, S1163
Aspartic acid	S20, S1163
18:0	S20
16:1 undifferentiated	S20, S1163
22:1 undifferentiated	S20, S1163
Fatty acids, total polyunsaturated	S20, S1163
24:0	S20, S1163
18:1 c	S1163
18:3 n-6 c,c,c	S1163
Ash	S2901, S20
Sucrose	S837, S20, S1163
Glucose (dextrose)	S837, S606, S20, S1163
Sugars, total	S837, S606, S20, S1163
Tocopherol, gamma	S20, S1163
Choline, total	S1163, S20
Betaine	S1163, S20
Histidine	S20, S1163
Hydroxyproline	S1163
4:0	S20, S1163

NDB No. 20400 Macaroni, cooked, unenriched

8:0	S20, S1163
10:0	S20, S1163
14:0	S20, S1163
20:0	S20, S1163
24:1 c	S1163
15:1	S1163
Starch	S20, S1163
Sodium, Na	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8
Vitamin E (alpha-tocopherol)	S20, S1163
Threonine	S20, S1163
Cystine	S20, S1163
Arginine	S20, S1163
12:0	S20, S1163
20:4 undifferentiated	S20, S1163
22:6 n-3 (DHA)	S20, S1163
14:1	S20, S1163
18:4	S20
20:1	S20, S1163
22:5 n-3 (DPA)	S20
18:1 t	S1163
Fructose	S837, S20, S1163
Zinc, Zn	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Copper, Cu	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Selenium, Se	S206, S208, S7, S10, S2682, S2684, S6, S2683, S11, S12, S9, S8, S20, S1163
Leucine	S20, S1163
Valine	S20, S1163
20:2 n-6 c,c	S1163
20:3 undifferentiated	S1163
Maltose	S837, S606, S20, S1163
Tocopherol, beta	S20, S1163
Tryptophan	S20, S1163
Lysine	S20, S1163
Glycine	S20, S1163
Proline	S20, S1163
17:0	S20, S1163
Magnesium, Mg	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Methionine	S20, S1163

NDB No. 20400 Macaroni, cooked, unenriched

6:0	S20, S1163
18:3 undifferentiated	S20, S1163
13:0	S1163
Lactose	S837, S20, S1163
Water	S837, D3764, S606, S2901, D3765, S20, S1163
Manganese, Mn	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Tocopherol, delta	S20, S1163
Vitamin B-6	S20, S1163
Phenylalanine	S20, S1163
Glutamic acid	S20, S1163
18:2 undifferentiated	S20, S1163
22:0	S20, S1163
15:0	S20, S1163
Fatty acids, total trans-monoenoic	S1163

NDB No. 20409 Noodles, egg, dry, unenriched

Fructose	S2105
Glycine	S2105
Cholesterol	S2105
Fatty acids, total saturated	S2105
14:0	S2105
16:0	S2105
18:1 undifferentiated	S2105
Protein	S2105
Glucose (dextrose)	S606, S2105
Pantothenic acid	S2105
Vitamin B-12	S2105
Vitamin K (phylloquinone)	S2105
Methionine	S2105
Phenylalanine	S2105
10:0	S2105
18:0	S2105
Fatty acids, total polyunsaturated	S2105
20:2 n-6 c,c	S2105
Copper, Cu	S2105
Manganese, Mn	S2105

NDB No. 20409 Noodles, egg, dry, unenriched

Tocopherol, gamma	S2105
Tocopherol, delta	S2105
Threonine	S2105
Arginine	S2105
Alanine	S2105
Proline	S2105
15:0	S2105
18:3 n-6 c,c,c	S2105
Calcium, Ca	S2105
Phosphorus, P	S2105
Potassium, K	S2105
Tocopherol, beta	S2105
Vitamin B-6	S2105
Betaine	S2105
Tryptophan	S2105
Tyrosine	S2105
Valine	S2105
Aspartic acid	S2105
18:3 undifferentiated	S2105
14:1	S2105
20:3 undifferentiated	S2105
18:3 n-3 c,c,c (ALA)	S2105
Magnesium, Mg	S2105
Selenium, Se	S2105
Vitamin E (alpha-tocopherol)	S2105
Histidine	S2105
18:2 undifferentiated	S2105
22:0	S2105
16:1 undifferentiated	S2105
17:1	S2105
Ash	S2105
Lactose	S2105
Choline, total	S2105
Dihydrophylloquinone	S2105
Leucine	S2105
Fatty acids, total trans	S2901
12:0	S2105

NDB No. 20409 Noodles, egg, dry, unenriched

20:4 undifferentiated	S2105
20:1	S2105
Fatty acids, total monounsaturated	S2105
15:1	S2105
Sucrose	S606, S2105
Water	S606, S2105
Galactose	S2105
Fiber, total dietary	S2105
Zinc, Zn	S2105
Cystine	S2105
8:0	S2105
20:0	S2105
Total lipid (fat)	S2105
Maltose	S606, S2105
Sugars, total	S606, S2105
Sodium, Na	S2105
Isoleucine	S2105
Lysine	S2105
Glutamic acid	S2105
Serine	S2105
17:0	S2105

NDB No. 20410 Noodles, egg, cooked, unenriched, without added salt

Sucrose	S606, S2105
Galactose	S2105
Calcium, Ca	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Vitamin B-6	S2105
Vitamin B-12	S2105
Cystine	S2105
Valine	S2105
Glutamic acid	S2105
Serine	S2105
Cholesterol	S2105
Copper, Cu	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Dihydrophylloquinone	S2105
Betaine	S2105

NDB No. 20410 Noodles, egg, cooked, unenriched, without added salt

Tryptophan	S2105
Lysine	S2105
Total lipid (fat)	S2105
Ash	S2105
Glucose (dextrose)	S606, S2105
Sugars, total	S606, S2105
Potassium, K	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Leucine	S2105
Methionine	S2105
Tyrosine	S2105
Arginine	S2105
Lactose	S2105
Phosphorus, P	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Vitamin E (alpha-tocopherol)	S2105
Pantothenic acid	S2105
Choline, total	S2105
Alanine	S2105
Phenylalanine	S2105
Glycine	S2105
Manganese, Mn	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Tocopherol, beta	S2105
Vitamin K (phylloquinone)	D4002, S2105
Threonine	S2105
Protein	S2105
Fructose	S2105
Fiber, total dietary	D3764, S642, S2105, S1401
Sodium, Na	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Selenium, Se	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Tocopherol, gamma	S2105
Isoleucine	S2105
Histidine	S2105
Proline	S2105
Maltose	S606, S2105
Water	D3764, S606, S2105, S1401
Magnesium, Mg	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Zinc, Zn	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Tocopherol, delta	S2105

NDB No. 20410 Noodles, egg, cooked, unenriched, without added salt

Aspartic acid	S2105

NDB No. 20420 Spaghetti, dry, unenriched

Ash	S20, S1163
Lysine	S20, S1163
Alanine	S20, S1163
Glutamic acid	S20, S1163
Proline	S20, S1163
6:0	S20, S1163
16:0	S20, S1163
18:3 undifferentiated	S20, S1163
22:0	S20, S1163
15:0	S20, S1163
18:1 c	S1163
18:3 n-3 c,c,c (ALA)	S1163
Sucrose	S20, S1163
Aspartic acid	S20, S1163
4:0	S20, S1163
20:4 undifferentiated	S20, S1163
16:1 undifferentiated	S20, S1163
20:1	S20, S1163
20:3 undifferentiated	S1163
Calcium, Ca	S20, S1163
Phosphorus, P	S20, S1163
Selenium, Se	D3358, D3359, S1163
Tocopherol, gamma	S82, S20, S1163
Threonine	S20, S1163
Cystine	S20, S1163
Phenylalanine	S20, S1163
24:1 c	S1163
13:0	S1163
Glucose (dextrose)	S20, S1163
Manganese, Mn	S20, S1163
Tocopherol, delta	S82, S20, S1163
14:0	S20, S1163
20:5 n-3 (EPA)	S20, S1163

NDB No. 20420 Spaghetti, dry, unenriched

18:3 n-6 c,c,c	S1163
Total lipid (fat)	S82, S5, S20, S1163
Maltose	S20, S1163
Potassium, K	S20, S1163
Copper, Cu	S20, S1163
Leucine	S20, S1163
Valine	S20, S1163
Arginine	S20, S1163
Histidine	S20, S1163
18:2 undifferentiated	S20, S1163
Fatty acids, total monounsaturated	S20, S1163
24:0	S20, S1163
17:1	S1163
Protein	S5, S20, S1163
Water	S5, S606, S20, S1163
Sugars, total	S20, S1163
Galactose	S20, S1163
Fiber, total dietary	S5, S20, S1163
Sodium, Na	S5, S20, S1163
Tocopherol, beta	S82, S20, S1163
Methionine	S20, S1163
Fatty acids, total saturated	S20, S1163
22:6 n-3 (DHA)	S20, S1163
14:1	S20, S1163
Fatty acids, total polyunsaturated	S20, S1163
17:0	S20, S1163
18:1 t	S1163
Fructose	S20, S1163
Zinc, Zn	S20, S1163
Tryptophan	S20, S1163
Isoleucine	S20, S1163
Glycine	S20, S1163
Fatty acids, total trans	S1163
18:0	S20, S1163
20:0	S20, S1163
18:1 undifferentiated	S20, S1163
18:4	S20

NDB No. 20420 Spaghetti, dry, unenriched

20:2 n-6 c,c	S1163
Fatty acids, total trans-monoenoic	S1163
Starch	S20, S1163
Lactose	S20, S1163
Magnesium, Mg	S20, S1163
Vitamin E (alpha-tocopherol)	S82, S20, S1163
Vitamin B-6	S20, S1163
Dihydrophylloquinone	S1163
Vitamin K (phylloquinone)	D4048, S1163
Tyrosine	S20, S1163
Serine	S20, S1163
Hydroxyproline	S1163
8:0	S20, S1163
10:0	S20, S1163
12:0	S20, S1163
22:1 undifferentiated	S20, S1163
22:5 n-3 (DPA)	S20
15:1	S1163

NDB No. 20421 Spaghetti, cooked, unenriched, without added salt

Water	S837, D3764, S606, S2901, D3765, S20, S1163
Phosphorus, P	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Sodium, Na	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8
Leucine	S20, S1163
Glycine	S20, S1163
8:0	S20, S1163
10:0	S20, S1163
14:0	S20, S1163
20:2 n-6 c,c	S1163
18:3 n-6 c,c,c	S1163
Fiber, total dietary	S837, D3764, S642, D3765, S20, S1163
Potassium, K	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Vitamin B-6	S20, S1163
Phenylalanine	S20, S1163
Hydroxyproline	S1163
Fatty acids, total trans	S1163

NDB No. 20421 Spaghetti, cooked, unenriched, without added salt

18:2 undifferentiated	S20, S1163
14:1	S20, S1163
20:1	S20, S1163
22:1 undifferentiated	S20, S1163
18:1 c	S1163
Protein	S2901, S20, S1163
Lactose	S837, S20, S1163
Tocopherol, delta	S20, S1163
Dihydrophylloquinone	S20, S1163
Cystine	S20, S1163
Arginine	S20, S1163
16:1 undifferentiated	S20, S1163
20:5 n-3 (EPA)	S20, S1163
Ash	S2901, S20
Maltose	S837, S606, S20, S1163
Vitamin E (alpha-tocopherol)	S20, S1163
Methionine	S20, S1163
Glutamic acid	S20, S1163
20:0	S20, S1163
20:4 undifferentiated	S20, S1163
22:6 n-3 (DHA)	S20, S1163
15:0	S20, S1163
17:0	S20, S1163
24:1 c	S1163
20:3 undifferentiated	S1163
Sugars, total	S837, S606, S20, S1163
Magnesium, Mg	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Copper, Cu	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Selenium, Se	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Tocopherol, beta	S20, S1163
Proline	S20, S1163
Serine	S20, S1163
22:0	S20, S1163
18:4	S20
Fatty acids, total polyunsaturated	S20, S1163
24:0	S20, S1163
18:1 t	S1163

NDB No. 20421 Spaghetti, cooked, unenriched, without added salt

13:0	S1163
Starch	S20, S1163
Sucrose	S837, S20, S1163
Glucose (dextrose)	S837, S606, S20, S1163
Fructose	S837, S20, S1163
Galactose	S837, S20, S1163
Calcium, Ca	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Zinc, Zn	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
6:0	S20, S1163
16:0	S20, S1163
18:3 undifferentiated	S20, S1163
22:5 n-3 (DPA)	S20
Fatty acids, total trans-monoenoic	S1163
15:1	S1163
18:3 n-3 c,c,c (ALA)	S1163
Manganese, Mn	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Tryptophan	S20, S1163
Threonine	S20, S1163
Isoleucine	S20, S1163
Aspartic acid	S20, S1163
4:0	S20, S1163
12:0	S20, S1163
18:0	S20
Total lipid (fat)	S2901, S20, S1163
Iron, Fe	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Tocopherol, gamma	S20, S1163
Vitamin K (phylloquinone)	D4002, S20, S1163
Lysine	S20, S1163
Tyrosine	S20, S1163
Valine	S20, S1163
Histidine	S20, S1163
Alanine	S20, S1163
18:1 undifferentiated	S20, S1163
17:1	S1163

NDB No. 20422 Cornmeal, degermed, unenriched, yellow

NDB No. 20422 Cornmeal, degermed, unenriched, yellow

Starch	S1164, S3548
Sodium, Na	S1164, S3548
Zinc, Zn	S1164, S3548
Copper, Cu	S1164, S3548
Selenium, Se	S1164, S3548
Carotene, alpha	S1203
Vitamin K (phylloquinone)	S1164
Lysine	S1164, S3548
Methionine	S1164, S3548
Glycine	S1164, S3548
Proline	S1164, S3548
Serine	S1164, S3548
Fatty acids, total trans	S1164
20:0	S1164, S3548
Fatty acids, total trans-monoenoic	S1164
Glucose (dextrose)	S837, S1164, S3548
Vitamin A, IU	S1203
Cryptoxanthin, beta	S1164, S1203
Tocopherol, beta	S1164, S3548
Tryptophan	S1164, S3548
Histidine	S1164, S3548
Alanine	S1164, S3548
12:0	S1164, S3548
20:1	S1164, S3548
15:0	S1164, S3548
24:0	S1164, S3548
20:2 n-6 c,c	S1164, S3548
20:3 undifferentiated	S1164, S3548
Phosphorus, P	S1164, S3548
Manganese, Mn	S1164, S3548
Vitamin A, RAE	S1203
Leucine	S1164, S3548
Aspartic acid	S1164, S3548
6:0	S1164
8:0	S1164, S3548
18:0	S1164, S3548
22:0	S1164, S3548

NDB No. 20422 Cornmeal, degermed, unenriched, yellow

22:5 n-3 (DPA)	S3548
24:1 c	S3548
21:5	S3548
Lactose	S837, S1164, S3548
Potassium, K	S1164, S3548
Vitamin E (alpha-tocopherol)	S1164, S3548
Lycopene	S1164, S1203
Betaine	S1164, S3548
Phenylalanine	S1164, S3548
Glutamic acid	S1164, S3548
Hydroxyproline	S1164
18:3 undifferentiated	S1164, S3548
14:1	S1164, S3548
22:1 undifferentiated	S1164, S3548
Ash	S1164, S3548
Galactose	S1164
Fiber, total dietary	S837, S1164, S3548
Magnesium, Mg	S1164, S3548
Cystine	S1164, S3548
Tyrosine	S1164, S3548
Valine	S1164, S3548
10:0	S1164, S3548
18:1 undifferentiated	S1164, S3548
18:2 undifferentiated	S1164, S3548
22:6 n-3 (DHA)	S1164, S3548
18:4	S3548
18:1 t	S1164
18:3 n-6 c,c,c	S1164
Total lipid (fat)	S1164, S3548
Maltose	S837, S1164, S3548
Water	S1164, S3548
Calcium, Ca	S1164, S3548
Tocopherol, gamma	S1164, S3548
Tocopherol, delta	S1164, S3548
Pantothenic acid	S1164, S3548
Vitamin B-6	S1164, S3548
Dihydrophylloquinone	S1164

NDB No. 20422 Cornmeal, degermed, unenriched, yellow

Arginine	S1164, S3548
14:0	S1164, S3548
20:4 undifferentiated	S1164, S3548
13:0	S1164
22:4	S3548
Fructose	S837, S1164, S3548
Lutein + zeaxanthin	S1164, S1203
Choline, total	S1164, S3548
Folate, food	S1164, D5961
Threonine	S1164, S3548
Isoleucine	S1164, S3548
16:0	S1164, S3548
16:1 undifferentiated	S1164, S3548
20:5 n-3 (EPA)	S1164, S3548
Protein	S1164, S3548
Sucrose	S837, S1164, S3548
Carotene, beta	S1203
4:0	S1164
17:0	S1164, S3548
17:1	S1164, S3548
15:1	S1164, S3548

NDB No. 20446 Rice, white, long-grain, parboiled, unenriched, dry

Starch	S20, S3550
Water	S606, S604, S20, S3550
Potassium, K	S20, S3550
Selenium, Se	S20, S3550
Thiamin	S2722
Tryptophan	S1164, S20, S3550
4:0	S20
16:0	S20
20:1	S20
Riboflavin	S20, S3550
Folate, food	S20
6:0	S20
14:0	S20

NDB No. 20446 Rice, white, long-grain, parboiled, unenriched, dry

18:1 undifferentiated	S20
16:1 undifferentiated	S20
24:0	S20
Sucrose	S606, S604, S20
Maltose	S20
Manganese, Mn	S20, S3550
Vitamin E (alpha-tocopherol)	S20
Lysine	S1164, S20, S3550
Arginine	S1164, S20, S3550
Alanine	S1164, S20, S3550
22:1 undifferentiated	S20
Calcium, Ca	S20, S3550
Copper, Cu	S20, S3550
Niacin	S2921, S2722, S20, S3550
Vitamin B-6	S20, S3550
Histidine	S1164, S20, S3550
20:4 undifferentiated	S20
22:5 n-3 (DPA)	S20
Fiber, total dietary	S604, S20, S3550
Tocopherol, delta	S20
Isoleucine	S1164, S20, S3550
Glutamic acid	S1164, S20, S3550
Glycine	S1164, S20, S3550
18:2 undifferentiated	S20
17:0	S20
Ash	S20, S3550
Glucose (dextrose)	S606, S20
Threonine	S1164, S20, S3550
Cystine	S1164, S20, S3550
Tyrosine	S1164, S20, S3550
18:0	S20
22:0	S20
20:5 n-3 (EPA)	S20
Fatty acids, total monounsaturated	S20
Fatty acids, total polyunsaturated	S20
Protein	S20, S3550
Total lipid (fat)	S20, S3550

NDB No. 20446 Rice, white, long-grain, parboiled, unenriched, dry

Sodium, Na	S20, S3550
Zinc, Zn	S20, S3550
Tocopherol, beta	S20
Leucine	S1164, S20, S3550
Methionine	S1164, S20, S3550
Aspartic acid	S1164, S20, S3550
Serine	S1164, S20, S3550
Fatty acids, total saturated	S20
8:0	S20
20:0	S20
18:3 undifferentiated	S20
22:6 n-3 (DHA)	S20
15:0	S20
Fructose	S606, S20
Lactose	S20
Iron, Fe	S2722
Magnesium, Mg	S20, S3550
Phosphorus, P	S20, S3550
Tocopherol, gamma	S20
Pantothenic acid	S3550
Phenylalanine	S1164, S20, S3550
Valine	S1164, S20, S3550
Proline	S1164, S20, S3550
10:0	S20
12:0	S20
14:1	S20
18:4	S20

NDB No. 20447 Rice, white, long-grain, parboiled, unenriched, cooked

Sucrose	S606, S20
Glucose (dextrose)	S606, S20
Fiber, total dietary	S604, S20
Magnesium, Mg	S20
Potassium, K	S20
Niacin	S20
Pantothenic acid	S20

NDB No. 20447 Rice, white, long-grain, parboiled, unenriched, cooked

Isoleucine	S1164, S20, S3550
Methionine	S1164, S20, S3550
Fatty acids, total polyunsaturated	S20
Calcium, Ca	S20
Phosphorus, P	S20
Zinc, Zn	S20
Selenium, Se	S2123, S20
Threonine	S1164, S20, S3550
Proline	S1164, S20, S3550
Fatty acids, total saturated	S20
14:1	S20
Protein	S20
Sodium, Na	S20
Valine	S1164, S20, S3550
Arginine	S1164, S20, S3550
Histidine	S1164, S20, S3550
Aspartic acid	S1164, S20, S3550
14:0	S20
18:2 undifferentiated	S20
20:5 n-3 (EPA)	S20
Ash	S20
Riboflavin	S20
Folate, food	S20
Glycine	S1164, S20, S3550
8:0	S20
20:1	S20
22:1 undifferentiated	S20
17:0	S20
Total lipid (fat)	S20
Maltose	S20
Water	S606, S2123, S604, S20
Manganese, Mn	S20
Vitamin B-6	S20
Lysine	S1164, S20, S3550
Alanine	S1164, S20, S3550
12:0	S20
18:4	S20

NDB No. 20447 Rice, white, long-grain, parboiled, unenriched, cooked

Fructose	S20
Lactose	S20
6:0	S20
18:3 undifferentiated	S20
22:6 n-3 (DHA)	S20
16:1 undifferentiated	S20
Leucine	S1164, S20, S3550
Phenylalanine	S1164, S20, S3550
Tyrosine	S1164, S20, S3550
Glutamic acid	S1164, S20, S3550
Serine	S1164, S20, S3550
4:0	S20
10:0	S20
16:0	S20
18:0	S20
18:1 undifferentiated	S20
20:4 undifferentiated	S20
22:0	S20
Fatty acids, total monounsaturated	S20
15:0	S20
Copper, Cu	S20
Tryptophan	S1164, S20, S3550
Cystine	S1164, S20, S3550
20:0	S20
22:5 n-3 (DPA)	S20
24:0	S20

NDB No. 20499 Macaroni, dry, unenriched

Total lipid (fat)	S82, S5, S20, S1163
Zinc, Zn	S20, S1163
Copper, Cu	S20, S1163
Vitamin K (phylloquinone)	D4048, S1163
Tryptophan	S20, S1163
Leucine	S20, S1163
Arginine	S20, S1163
Glutamic acid	S20, S1163

NDB No. 20499 Macaroni, dry, unenriched

Serine	S20, S1163
Fatty acids, total saturated	S20, S1163
6:0	S20, S1163
18:0	S20, S1163
22:5 n-3 (DPA)	S20
15:0	S20, S1163
Starch	S20, S1163
Sodium, Na	S5, S20, S1163
Tocopherol, beta	S82, S20, S1163
Tocopherol, gamma	S82, S20, S1163
Tocopherol, delta	S82, S20, S1163
Vitamin B-6	S20, S1163
Isoleucine	S20, S1163
Phenylalanine	S20, S1163
4:0	S20, S1163
22:0	S20, S1163
14:1	S20, S1163
24:0	S20, S1163
18:3 n-3 c,c,c (ALA)	S1163
Lactose	S20, S1163
Sugars, total	S20, S1163
Vitamin E (alpha-tocopherol)	S82, S20, S1163
Dihydrophylloquinone	S1163
Tyrosine	S20, S1163
Alanine	S20, S1163
18:1 undifferentiated	S20, S1163
22:6 n-3 (DHA)	S20, S1163
16:1 undifferentiated	S20, S1163
18:4	S20
Ash	S20, S1163
Glucose (dextrose)	S20, S1163
Fructose	S20, S1163
Water	S5, S606, S20, S1163
Calcium, Ca	S20, S1163
Selenium, Se	D3358, D3359, S1163
Histidine	S20, S1163
Aspartic acid	S20, S1163

NDB No. 20499 Macaroni, dry, unenriched

Fatty acids, total trans	S1163
10:0	S20, S1163
14:0	S20, S1163
20:0	S20, S1163
20:4 undifferentiated	S20, S1163
18:3 n-6 c,c,c	S1163
Fiber, total dietary	S5, S20, S1163
Threonine	S20, S1163
Methionine	S20, S1163
Hydroxyproline	S1163
8:0	S20, S1163
12:0	S20, S1163
20:5 n-3 (EPA)	S20, S1163
22:1 undifferentiated	S20, S1163
Lysine	S20, S1163
Cystine	S20, S1163
Valine	S20, S1163
Proline	S20, S1163
18:3 undifferentiated	S20, S1163
Fatty acids, total polyunsaturated	S20, S1163
18:1 t	S1163
18:1 c	S1163
20:3 undifferentiated	S1163
15:1	S1163
Protein	S5, S20, S1163
Sucrose	S20, S1163
Maltose	S20, S1163
Magnesium, Mg	S20, S1163
Potassium, K	S20, S1163
Manganese, Mn	S20, S1163
Glycine	S20, S1163
16:0	S20, S1163
18:2 undifferentiated	S20, S1163
Fatty acids, total monounsaturated	S20, S1163
17:0	S20, S1163
Galactose	S20, S1163
Phosphorus, P	S20, S1163

NDB No. 20499 Macaroni, dry, unenriched

20:1	S20, S1163
24:1 c	S1163
20:2 n-6 c,c	S1163
17:1	S1163
Fatty acids, total trans-monoenoic	S1163
13:0	S1163

NDB No. 20510 Noodles, egg, cooked, unenriched, with added salt

Glucose (dextrose)	S606, S2105
Lactose	S2105
Maltose	S606, S2105
Galactose	S2105
Potassium, K	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Tryptophan	S2105
Methionine	S2105
Aspartic acid	S2105
Serine	S2105
Magnesium, Mg	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Copper, Cu	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Selenium, Se	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Tocopherol, beta	S2105
Pantothenic acid	S2105
Vitamin B-12	S2105
Choline, total	S2105
Total lipid (fat)	S2105
Zinc, Zn	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Arginine	S2105
Ash	S2105
Sucrose	S606, S2105
Manganese, Mn	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Phenylalanine	S2105
Histidine	S2105
Alanine	S2105
Cholesterol	S2105
Vitamin E (alpha-tocopherol)	S2105
Cystine	S2105

NDB No. 20510 Noodles, egg, cooked, unenriched, with added salt

Sugars, total	S606, S2105
Tocopherol, gamma	S2105
Dihydrophylloquinone	S2105
Threonine	S2105
Lysine	S2105
Tyrosine	S2105
Glycine	S2105
Water	D3764, S606, S2105, S1401
Tocopherol, delta	S2105
Betaine	S2105
Isoleucine	S2105
Glutamic acid	S2105
Protein	S2105
Fructose	S2105
Fiber, total dietary	D3764, S642, S2105, S1401
Calcium, Ca	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Phosphorus, P	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S2105, S8
Vitamin B-6	S2105
Vitamin K (phylloquinone)	D4002, S2105
Leucine	S2105
Valine	S2105
Proline	S2105

NDB No. 20521 Spaghetti, cooked, unenriched, with added salt

Protein	S2901, S20, S1163
Glucose (dextrose)	S837, S606, S20, S1163
Fructose	S837, S20, S1163
Lactose	S837, S20, S1163
Maltose	S837, S606, S20, S1163
Sodium, Na	S1163
Manganese, Mn	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Selenium, Se	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Threonine	S20, S1163
Isoleucine	S20, S1163
Cystine	S20, S1163
Tyrosine	S20, S1163

NDB No. 20521 Spaghetti, cooked, unenriched, with added salt

Histidine	S20, S1163
Alanine	S20, S1163
22:0	S20, S1163
22:5 n-3 (DPA)	S20
18:1 t	S1163
18:1 c	S1163
Fatty acids, total trans-monoenoic	S1163
18:3 n-3 c,c,c (ALA)	S1163
Sucrose	S837, S20, S1163
Magnesium, Mg	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
8:0	S20, S1163
12:0	S20, S1163
14:0	S20, S1163
20:0	S20, S1163
13:0	S1163
Total lipid (fat)	S2901, S20, S1163
Tocopherol, delta	S20, S1163
Dihydrophylloquinone	S20, S1163
Valine	S20, S1163
Fatty acids, total polyunsaturated	S20, S1163
20:3 undifferentiated	S1163
Copper, Cu	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Lysine	S20, S1163
6:0	S20, S1163
Ash	S1163
Sugars, total	S837, S606, S20, S1163
Galactose	S837, S20, S1163
Vitamin E (alpha-tocopherol)	S20, S1163
Vitamin B-6	S20, S1163
Vitamin K (phylloquinone)	D4002, S20, S1163
Leucine	S20, S1163
Glutamic acid	S20, S1163
Fatty acids, total trans	S1163
20:1	S20, S1163
18:3 n-6 c,c,c	S1163
Water	S837, D3764, S606, S2901, D3765, S20, S1163
Tryptophan	S20, S1163

NDB No. 20521 Spaghetti, cooked, unenriched, with added salt

Glycine	S20, S1163
Proline	S20, S1163
Hydroxyproline	S1163
4:0	S20, S1163
16:0	S20, S1163
18:0	S20
18:2 undifferentiated	S20, S1163
20:4 undifferentiated	S20, S1163
14:1	S20, S1163
22:1 undifferentiated	S20, S1163
15:0	S20, S1163
24:1 c	S1163
17:1	S1163
15:1	S1163
Fiber, total dietary	S837, D3764, S642, D3765, S20, S1163
Zinc, Zn	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Methionine	S20, S1163
Arginine	S20, S1163
Serine	S20, S1163
18:1 undifferentiated	S20, S1163
16:1 undifferentiated	S20, S1163
20:5 n-3 (EPA)	S20, S1163
17:0	S20, S1163
20:2 n-6 c,c	S1163
Starch	S20, S1163
Calcium, Ca	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Phosphorus, P	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Potassium, K	S7, S206, S208, S10, S2682, S2684, S6, S2683, S11, S9, S12, S8, S20, S1163
Tocopherol, beta	S20, S1163
Tocopherol, gamma	S20, S1163
Phenylalanine	S20, S1163
Aspartic acid	S20, S1163
10:0	S20, S1163
18:3 undifferentiated	S20, S1163
22:6 n-3 (DHA)	S20, S1163
18:4	S20
24:0	S20, S1163

NDB No. 20522 Cornmeal, degermed, unenriched, white

Protein	S1164, S3548
Glucose (dextrose)	S837, S1164, S3548
Water	S1164, S3548
Magnesium, Mg	S1164, S3548
Phosphorus, P	S1164, S3548
Zinc, Zn	S1164, S3548
Selenium, Se	S1164, S3548
Vitamin B-6	S1164, S3548
Folate, food	S1164, D5961
Cystine	S1164, S3548
Aspartic acid	S1164, S3548
22:1 undifferentiated	S1164, S3548
17:0	S1164, S3548
22:4	S3548
Fructose	S837, S1164, S3548
Maltose	S837, S1164, S3548
Fiber, total dietary	S837, S1164, S3548
Sodium, Na	S1164, S3548
Tocopherol, beta	S1164, S3548
Leucine	S1164, S3548
Lysine	S1164, S3548
Tyrosine	S1164, S3548
6:0	S1164
16:0	S1164, S3548
24:1 c	S3548
20:2 n-6 c,c	S1164, S3548
Isoleucine	S1164, S3548
Valine	S1164, S3548
Arginine	S1164, S3548
Alanine	S1164, S3548
10:0	S1164, S3548
12:0	S1164, S3548
18:2 undifferentiated	S1164, S3548
18:3 undifferentiated	S1164, S3548
22:0	S1164, S3548
14:1	S1164, S3548
Starch	S1164, S3548

NDB No. 20522 Cornmeal, degermed, unenriched, white

Manganese, Mn	S1164, S3548
Tocopherol, delta	S1164, S3548
Vitamin K (phylloquinone)	S1164
Proline	S1164, S3548
Serine	S1164, S3548
20:3 undifferentiated	S1164, S3548
Fatty acids, total trans-monoenoic	S1164
Methionine	S1164, S3548
4:0	S1164
18:0	S1164, S3548
20:0	S1164, S3548
20:4 undifferentiated	S1164, S3548
Total lipid (fat)	S1164, S3548
Dihydrophylloquinone	S1164
Tryptophan	S1164, S3548
Threonine	S1164, S3548
Histidine	S1164, S3548
Glycine	S1164, S3548
8:0	S1164, S3548
18:1 undifferentiated	S1164, S3548
22:6 n-3 (DHA)	S1164, S3548
16:1 undifferentiated	S1164, S3548
20:5 n-3 (EPA)	S1164, S3548
22:5 n-3 (DPA)	S3548
17:1	S1164, S3548
13:0	S1164
15:1	S1164, S3548
Sucrose	S837, S1164, S3548
Galactose	S1164
Copper, Cu	S1164, S3548
Vitamin E (alpha-tocopherol)	S1164, S3548
Betaine	S1164, S3548
Phenylalanine	S1164, S3548
Hydroxyproline	S1164
14:0	S1164, S3548
18:4	S3548
15:0	S1164, S3548

NDB No. 20522 Cornmeal, degermed, unenriched, white

24:0	S1164, S3548
18:1 t	S1164
21:5	S3548
Ash	S1164, S3548
Lactose	S837, S1164, S3548
Calcium, Ca	S1164, S3548
Potassium, K	S1164, S3548
Tocopherol, gamma	S1164, S3548
Pantothenic acid	S1164, S3548
Choline, total	S1164, S3548
Glutamic acid	S1164, S3548
Fatty acids, total trans	S1164
20:1	S1164, S3548
18:3 n-6 c,c,c	S1164

NDB No. 20581 Wheat flour, white, all-purpose, enriched, unbleached

Carotene, alpha	S20
Tocopherol, beta	S20
Folic acid	S20
Vitamin A, IU	S20
Tocopherol, gamma	S20
Carotene, beta	S20
Folate, total	S20
Tocopherol, delta	S20
Lutein + zeaxanthin	S20
Folate, food	S20
Vitamin E (alpha-tocopherol)	S20
Sugars, total	S837, S606, S20
Vitamin A, RAE	S20
Cryptoxanthin, beta	S20
Lycopene	S20

NDB No. 20623 Wheat flour, white (industrial), 9% protein, bleached, enriched

Fructose	S1742
Iron, Fe	S1742
Vitamin C, total ascorbic acid	S1742

NDB No. 20623 Wheat flour, white (industrial), 9% protein, bleached, enriched

Thiamin	S1742
Aspartic acid	S1742
4:0	S1742
6:0	S1742
16:0	S1742
20:4 undifferentiated	S1742
20:1	S1742
Water	S1742
Sugars, total	S1742
Selenium, Se	S1742
Riboflavin	S1742
Tryptophan	S1742
Alanine	S1742
14:1	S1742
24:0	S1742
Sucrose	S1742
Manganese, Mn	S1742
Vitamin E (alpha-tocopherol)	S1742
Tocopherol, beta	S1742
Lysine	S1742
Methionine	S1742
Cystine	S1742
Glycine	S1742
10:0	S1742
20:0	S1742
16:1 undifferentiated	S1742
Lactose	S1742
Serine	S1742
22:6 n-3 (DHA)	S1742
18:4	S1742
22:1 undifferentiated	S1742
Starch	S1742
Magnesium, Mg	S1742
Zinc, Zn	S1742
Niacin	S1742
Isoleucine	S1742
18:0	S1742

NDB No. 20623 Wheat flour, white (industrial), 9% protein, bleached, enriched

Protein	S1742
Total lipid (fat)	S1742
Glucose (dextrose)	S1742
Maltose	S1742
Calcium, Ca	S1742
Tocopherol, gamma	S1742
Pantothenic acid	S1742
Threonine	S1742
Phenylalanine	S1742
Tyrosine	S1742
Valine	S1742
Arginine	S1742
Histidine	S1742
Glutamic acid	S1742
Proline	S1742
14:0	S1742
Galactose	S1742
Folate, total	S1742
Leucine	S1742
18:1 undifferentiated	S1742
18:3 undifferentiated	S1742
20:5 n-3 (EPA)	S1742
22:5 n-3 (DPA)	S1742
15:0	S1742
17:0	S1742
Ash	S1742
Phosphorus, P	S1742
Potassium, K	S1742
Copper, Cu	S1742
Tocopherol, delta	S1742
Vitamin B-6	S1742
8:0	S1742
12:0	S1742
18:2 undifferentiated	S1742
22:0	S1742

NDB No. 20624 Wheat flour, white (industrial), 9% protein, bleached, unenriched

Iron, Fe	S1742
Copper, Cu	S1742
Vitamin E (alpha-tocopherol)	S1742
Starch	S1742
Fructose	S1742
Sugars, total	S1742
Potassium, K	S1742
Tocopherol, gamma	S1742
Vitamin B-6	S1742
Threonine	S1742
Serine	S1742
12:0	S1742
16:0	S1742
18:0	S1742
18:1 undifferentiated	S1742
22:0	S1742
20:1	S1742
24:0	S1742
Ash	S1742
Phosphorus, P	S1742
Manganese, Mn	S1742
Vitamin C, total ascorbic acid	S1742
Tryptophan	S1742
Isoleucine	S1742
Lysine	S1742
Phenylalanine	S1742
Arginine	S1742
Aspartic acid	S1742
8:0	S1742
18:2 undifferentiated	S1742
15:0	S1742
Sucrose	S1742
Water	S1742
Tocopherol, beta	S1742
Thiamin	S1742
Pantothenic acid	S1742
20:4 undifferentiated	S1742

NDB No. 20624 Wheat flour, white (industrial), 9% protein, bleached, unenriched

14:1	S1742
Total lipid (fat)	S1742
Niacin	S1742
Glutamic acid	S1742
14:0	S1742
22:1 undifferentiated	S1742
22:5 n-3 (DPA)	S1742
17:0	S1742
Protein	S1742
Glucose (dextrose)	S1742
Maltose	S1742
Galactose	S1742
Selenium, Se	S1742
Riboflavin	S1742
Folate, total	S1742
Leucine	S1742
Tyrosine	S1742
20:0	S1742
16:1 undifferentiated	S1742
18:4	S1742
Fiber, total dietary	S1742
Calcium, Ca	S1742
Magnesium, Mg	S1742
Zinc, Zn	S1742
Tocopherol, delta	S1742
Cystine	S1742
Histidine	S1742
Alanine	S1742
Proline	S1742
6:0	S1742
10:0	S1742
22:6 n-3 (DHA)	S1742
Lactose	S1742
Methionine	S1742
Valine	S1742
Glycine	S1742
4:0	S1742

NDB No. 20624 Wheat flour, white (industrial), 9% protein, bleached, unenriched

18:3 undifferentiated	S1742
20:5 n-3 (EPA)	S1742

NDB No. 20628 Wheat flour, white (industrial), 10% protein, bleached, enriched

Protein	S1742
Water	S1742
Tocopherol, delta	S1742
Threonine	S1742
Leucine	S1742
Histidine	S1742
8:0	S1742
16:0	S1742
Starch	S1742
Galactose	S1742
Zinc, Zn	S1742
Riboflavin	S1742
Vitamin B-6	S1742
Methionine	S1742
18:0	S1742
20:4 undifferentiated	S1742
22:6 n-3 (DHA)	S1742
24:0	S1742
Total lipid (fat)	S1742
Ash	S1742
Lactose	S1742
Maltose	S1742
Iron, Fe	S1742
Magnesium, Mg	S1742
Copper, Cu	S1742
Pantothenic acid	S1742
Valine	S1742
Aspartic acid	S1742
Glycine	S1742
4:0	S1742
14:0	S1742
20:0	S1742

NDB No. 20628 Wheat flour, white (industrial), 10% protein, bleached, enriched

20:5 n-3 (EPA)	S1742
15:0	S1742
Fructose	S1742
Tryptophan	S1742
Isoleucine	S1742
Glutamic acid	S1742
12:0	S1742
22:1 undifferentiated	S1742
Calcium, Ca	S1742
Manganese, Mn	S1742
Thiamin	S1742
Cystine	S1742
Phenylalanine	S1742
Serine	S1742
10:0	S1742
16:1 undifferentiated	S1742
18:4	S1742
20:1	S1742
Glucose (dextrose)	S1742
Fiber, total dietary	S1742
Phosphorus, P	S1742
Potassium, K	S1742
Tocopherol, beta	S1742
Lysine	S1742
Alanine	S1742
Proline	S1742
18:1 undifferentiated	S1742
Selenium, Se	S1742
Sucrose	S1742
Sugars, total	S1742
Vitamin E (alpha-tocopherol)	S1742
Tocopherol, gamma	S1742
Vitamin C, total ascorbic acid	S1742
Niacin	S1742
Folate, total	S1742
Tyrosine	S1742
Arginine	S1742

NDB No. 20628 Wheat flour, white (industrial), 10% protein, bleached, enriched

6:0	S1742
18:2 undifferentiated	S1742
18:3 undifferentiated	S1742
22:0	S1742
14:1	S1742
22:5 n-3 (DPA)	S1742
17:0	S1742

NDB No. 20629 Wheat flour, white (industrial), 10% protein, bleached, unenriched

Ash	S1742
Calcium, Ca	S1742
Niacin	S1742
Threonine	S1742
Isoleucine	S1742
Phenylalanine	S1742
20:0	S1742
20:5 n-3 (EPA)	S1742
15:0	S1742
17:0	S1742
Water	S1742
Sugars, total	S1742
Fiber, total dietary	S1742
Potassium, K	S1742
Zinc, Zn	S1742
Tocopherol, beta	S1742
Vitamin C, total ascorbic acid	S1742
Leucine	S1742
Lysine	S1742
Valine	S1742
Aspartic acid	S1742
Proline	S1742
Serine	S1742
6:0	S1742
10:0	S1742
18:0	S1742
Starch	S1742

NDB No. 20629 Wheat flour, white (industrial), 10% protein, bleached, unenriched

Iron, Fe	S1742
Magnesium, Mg	S1742
Thiamin	S1742
Methionine	S1742
18:1 undifferentiated	S1742
22:1 undifferentiated	S1742
Riboflavin	S1742
Pantothenic acid	S1742
Arginine	S1742
Glutamic acid	S1742
8:0	S1742
18:2 undifferentiated	S1742
18:3 undifferentiated	S1742
Protein	S1742
Glucose (dextrose)	S1742
Lactose	S1742
Tocopherol, gamma	S1742
12:0	S1742
14:1	S1742
22:5 n-3 (DPA)	S1742
Total lipid (fat)	S1742
Sucrose	S1742
Phosphorus, P	S1742
Tryptophan	S1742
Histidine	S1742
Alanine	S1742
Glycine	S1742
4:0	S1742
14:0	S1742
16:0	S1742
18:4	S1742
20:1	S1742
Maltose	S1742
Copper, Cu	S1742
Selenium, Se	S1742
Vitamin E (alpha-tocopherol)	S1742
Tocopherol, delta	S1742

NDB No. 20629 Wheat flour, white (industrial), 10% protein, bleached, unenriched

Folate, total	S1742
Tyrosine	S1742
20:4 undifferentiated	S1742
24:0	S1742
Fructose	S1742
Galactose	S1742
Manganese, Mn	S1742
Vitamin B-6	S1742
Cystine	S1742
22:6 n-3 (DHA)	S1742
22:0	S1742
16:1 undifferentiated	S1742

NDB No. 20630 Wheat flour, white (industrial), 10% protein, unbleached, enriched

Potassium, K	S1742
Vitamin E (alpha-tocopherol)	S1742
Tocopherol, delta	S1742
Thiamin	S1742
Methionine	S1742
8:0	S1742
12:0	S1742
18:3 undifferentiated	S1742
22:6 n-3 (DHA)	S1742
17:0	S1742
Protein	S1742
Glucose (dextrose)	S1742
Sugars, total	S1742
Zinc, Zn	S1742
Manganese, Mn	S1742
Riboflavin	S1742
22:0	S1742
15:0	S1742
Sucrose	S1742
Water	S1742
Calcium, Ca	S1742
Niacin	S1742

NDB No. 20630 Wheat flour, white (industrial), 10% protein, unbleached, enriched

Alanine	S1742
6:0	S1742
10:0	S1742
16:1 undifferentiated	S1742
Magnesium, Mg	S1742
Threonine	S1742
Tyrosine	S1742
Arginine	S1742
Glycine	S1742
24:0	S1742
Ash	S1742
Fructose	S1742
Galactose	S1742
Copper, Cu	S1742
Pantothenic acid	S1742
Cystine	S1742
Histidine	S1742
Aspartic acid	S1742
Proline	S1742
20:4 undifferentiated	S1742
20:1	S1742
20:5 n-3 (EPA)	S1742
Total lipid (fat)	S1742
Lactose	S1742
Maltose	S1742
Fiber, total dietary	S1742
Iron, Fe	S1742
Phosphorus, P	S1742
Selenium, Se	S1742
Vitamin B-6	S1742
Leucine	S1742
Lysine	S1742
Phenylalanine	S1742
4:0	S1742
14:0	S1742
18:0	S1742
20:0	S1742

NDB No. 20630 Wheat flour, white (industrial), 10% protein, unbleached, enriched

18:1 undifferentiated	S1742
18:2 undifferentiated	S1742
18:4	S1742
22:1 undifferentiated	S1742
Tocopherol, gamma	S1742
Vitamin C, total ascorbic acid	S1742
Tryptophan	S1742
Isoleucine	S1742
Valine	S1742
Glutamic acid	S1742
Serine	S1742
22:5 n-3 (DPA)	S1742
Starch	S1742
Tocopherol, beta	S1742
Folate, total	S1742
16:0	S1742
14:1	S1742

NDB No. 20634 Wheat flour, white (industrial), 11.5% protein, bleached, enriched

Lactose	S1742
Iron, Fe	S1742
Magnesium, Mg	S1742
Tocopherol, beta	S1742
Tryptophan	S1742
Lysine	S1742
Serine	S1742
12:0	S1742
22:1 undifferentiated	S1742
Maltose	S1742
Fiber, total dietary	S1742
Vitamin E (alpha-tocopherol)	S1742
Thiamin	S1742
8:0	S1742
14:0	S1742
20:1	S1742
Protein	S1742

NDB No. 20634 Wheat flour, white (industrial), 11.5% protein, bleached, enriched

Total lipid (fat)	S1742
Ash	S1742
Sugars, total	S1742
Zinc, Zn	S1742
Selenium, Se	S1742
Threonine	S1742
Isoleucine	S1742
Cystine	S1742
Tyrosine	S1742
Valine	S1742
Galactose	S1742
Potassium, K	S1742
Manganese, Mn	S1742
Tocopherol, delta	S1742
Riboflavin	S1742
Methionine	S1742
20:4 undifferentiated	S1742
22:6 n-3 (DHA)	S1742
14:1	S1742
18:4	S1742
24:0	S1742
Glucose (dextrose)	S1742
Vitamin C, total ascorbic acid	S1742
Leucine	S1742
Arginine	S1742
Glutamic acid	S1742
10:0	S1742
20:0	S1742
18:1 undifferentiated	S1742
22:0	S1742
16:1 undifferentiated	S1742
20:5 n-3 (EPA)	S1742
Calcium, Ca	S1742
Vitamin B-6	S1742
Phenylalanine	S1742
Alanine	S1742
Proline	S1742

NDB No. 20634 Wheat flour, white (industrial), 11.5% protein, bleached, enriched

6:0	S1742
16:0	S1742
18:2 undifferentiated	S1742
18:3 undifferentiated	S1742
Starch	S1742
Copper, Cu	S1742
Folate, total	S1742
Aspartic acid	S1742
4:0	S1742
18:0	S1742
22:5 n-3 (DPA)	S1742
15:0	S1742
17:0	S1742
Sucrose	S1742
Fructose	S1742
Water	S1742
Phosphorus, P	S1742
Tocopherol, gamma	S1742
Niacin	S1742
Pantothenic acid	S1742
Histidine	S1742
Glycine	S1742

NDB No. 20635 Wheat flour, white (industrial), 11.5% protein, bleached, unenriched

Maltose	S1742
Phosphorus, P	S1742
Alanine	S1742
Glutamic acid	S1742
Proline	S1742
8:0	S1742
14:0	S1742
18:4	S1742
Thiamin	S1742
Riboflavin	S1742
Tyrosine	S1742
Glycine	S1742

NDB No. 20635 Wheat flour, white (industrial), 11.5% protein, bleached, unenriched

6:0	S1742
20:0	S1742
20:1	S1742
Calcium, Ca	S1742
Tocopherol, beta	S1742
Threonine	S1742
22:6 n-3 (DHA)	S1742
14:1	S1742
16:1 undifferentiated	S1742
22:1 undifferentiated	S1742
Fructose	S1742
Sugars, total	S1742
Copper, Cu	S1742
Folate, total	S1742
Isoleucine	S1742
Phenylalanine	S1742
4:0	S1742
18:0	S1742
24:0	S1742
Ash	S1742
Starch	S1742
Galactose	S1742
Iron, Fe	S1742
Magnesium, Mg	S1742
Zinc, Zn	S1742
Tocopherol, gamma	S1742
Niacin	S1742
Pantothenic acid	S1742
Leucine	S1742
Manganese, Mn	S1742
Vitamin E (alpha-tocopherol)	S1742
Cystine	S1742
18:2 undifferentiated	S1742
18:3 undifferentiated	S1742
20:4 undifferentiated	S1742
20:5 n-3 (EPA)	S1742
15:0	S1742

NDB No. 20635 Wheat flour, white (industrial), 11.5% protein, bleached, unenriched

17:0	S1742
Tryptophan	S1742
10:0	S1742
12:0	S1742
16:0	S1742
18:1 undifferentiated	S1742
22:0	S1742
22:5 n-3 (DPA)	S1742
Protein	S1742
Total lipid (fat)	S1742
Sucrose	S1742
Glucose (dextrose)	S1742
Lactose	S1742
Water	S1742
Fiber, total dietary	S1742
Potassium, K	S1742
Selenium, Se	S1742
Tocopherol, delta	S1742
Vitamin C, total ascorbic acid	S1742
Vitamin B-6	S1742
Lysine	S1742
Methionine	S1742
Valine	S1742
Arginine	S1742
Histidine	S1742
Aspartic acid	S1742
Serine	S1742

NDB No. 20636 Wheat flour, white (industrial), 11.5% protein, unbleached, enriched

Total lipid (fat)	S1742
Phosphorus, P	S1742
Copper, Cu	S1742
Selenium, Se	S1742
Aspartic acid	S1742
Glycine	S1742
4:0	S1742

NDB No. 20636 Wheat flour, white (industrial), 11.5% protein, unbleached, enriched

20:4 undifferentiated	S1742
20:5 n-3 (EPA)	S1742
Fructose	S1742
Lactose	S1742
Tyrosine	S1742
Histidine	S1742
Proline	S1742
12:0	S1742
16:0	S1742
15:0	S1742
17:0	S1742
Maltose	S1742
Water	S1742
Zinc, Zn	S1742
Niacin	S1742
Folate, total	S1742
Alanine	S1742
8:0	S1742
22:6 n-3 (DHA)	S1742
14:1	S1742
Protein	S1742
Ash	S1742
Iron, Fe	S1742
Pantothenic acid	S1742
Tryptophan	S1742
Methionine	S1742
Phenylalanine	S1742
Arginine	S1742
18:3 undifferentiated	S1742
18:4	S1742
22:1 undifferentiated	S1742
Sucrose	S1742
Glucose (dextrose)	S1742
Tocopherol, delta	S1742
Riboflavin	S1742
10:0	S1742
14:0	S1742

NDB No. 20636 Wheat flour, white (industrial), 11.5% protein, unbleached, enriched

20:0	S1742
18:1 undifferentiated	S1742
16:1 undifferentiated	S1742
Vitamin B-6	S1742
Isoleucine	S1742
Cystine	S1742
Valine	S1742
Serine	S1742
22:0	S1742
20:1	S1742
Starch	S1742
Sugars, total	S1742
Magnesium, Mg	S1742
Potassium, K	S1742
Tocopherol, gamma	S1742
Vitamin C, total ascorbic acid	S1742
Thiamin	S1742
Lysine	S1742
18:0	S1742
18:2 undifferentiated	S1742
24:0	S1742
Galactose	S1742
Fiber, total dietary	S1742
Calcium, Ca	S1742
Manganese, Mn	S1742
Vitamin E (alpha-tocopherol)	S1742
Tocopherol, beta	S1742
Threonine	S1742
Leucine	S1742
Glutamic acid	S1742
6:0	S1742
22:5 n-3 (DPA)	S1742

NDB No. 20640 Wheat flour, white (industrial), 13% protein, bleached, enriched

Ash	S1742
Glucose (dextrose)	S1742

NDB No. 20640 Wheat flour, white (industrial), 13% protein, bleached, enriched

Sugars, total	S1742
Selenium, Se	S1742
Vitamin C, total ascorbic acid	S1742
Vitamin B-6	S1742
Lysine	S1742
20:0	S1742
22:0	S1742
18:4	S1742
17:0	S1742
Starch	S1742
Copper, Cu	S1742
Tocopherol, delta	S1742
Tryptophan	S1742
Glutamic acid	S1742
Glycine	S1742
Proline	S1742
4:0	S1742
20:4 undifferentiated	S1742
14:1	S1742
Galactose	S1742
Fiber, total dietary	S1742
Calcium, Ca	S1742
Manganese, Mn	S1742
Valine	S1742
18:1 undifferentiated	S1742
15:0	S1742
Sucrose	S1742
Lactose	S1742
Tocopherol, gamma	S1742
Pantothenic acid	S1742
Tyrosine	S1742
14:0	S1742
18:0	S1742
22:6 n-3 (DHA)	S1742
16:1 undifferentiated	S1742
22:1 undifferentiated	S1742
Total lipid (fat)	S1742

NDB No. 20640 Wheat flour, white (industrial), 13% protein, bleached, enriched

Fructose	S1742
Water	S1742
Magnesium, Mg	S1742
Vitamin E (alpha-tocopherol)	S1742
Thiamin	S1742
Folate, total	S1742
Histidine	S1742
10:0	S1742
Protein	S1742
Potassium, K	S1742
Niacin	S1742
Arginine	S1742
18:3 undifferentiated	S1742
24:0	S1742
Iron, Fe	S1742
Phosphorus, P	S1742
Zinc, Zn	S1742
Tocopherol, beta	S1742
Leucine	S1742
Phenylalanine	S1742
Aspartic acid	S1742
Serine	S1742
6:0	S1742
8:0	S1742
18:2 undifferentiated	S1742
Maltose	S1742
Riboflavin	S1742
Threonine	S1742
Isoleucine	S1742
Methionine	S1742
Cystine	S1742
Alanine	S1742
12:0	S1742
16:0	S1742
20:1	S1742
20:5 n-3 (EPA)	S1742
22:5 n-3 (DPA)	S1742

NDB No. 20641 Wheat flour, white (industrial), 13% protein, bleached, unenriched

Sucrose	S1742
Sugars, total	S1742
Manganese, Mn	S1742
Isoleucine	S1742
14:1	S1742
Ash	S1742
Fructose	S1742
Iron, Fe	S1742
Tocopherol, delta	S1742
Threonine	S1742
Arginine	S1742
8:0	S1742
16:0	S1742
20:0	S1742
18:1 undifferentiated	S1742
20:4 undifferentiated	S1742
22:0	S1742
24:0	S1742
Lactose	S1742
Tocopherol, gamma	S1742
Vitamin B-6	S1742
Leucine	S1742
Lysine	S1742
Phenylalanine	S1742
Tyrosine	S1742
Histidine	S1742
Glycine	S1742
10:0	S1742
17:0	S1742
Maltose	S1742
Phosphorus, P	S1742
Riboflavin	S1742
14:0	S1742
18:0	S1742
22:6 n-3 (DHA)	S1742
22:5 n-3 (DPA)	S1742
Starch	S1742

NDB No. 20641 Wheat flour, white (industrial), 13% protein, bleached, unenriched

Glucose (dextrose)	S1742
Potassium, K	S1742
Tocopherol, beta	S1742
Thiamin	S1742
Aspartic acid	S1742
Glutamic acid	S1742
4:0	S1742
18:3 undifferentiated	S1742
20:1	S1742
20:5 n-3 (EPA)	S1742
22:1 undifferentiated	S1742
Total lipid (fat)	S1742
Fiber, total dietary	S1742
Calcium, Ca	S1742
Magnesium, Mg	S1742
Zinc, Zn	S1742
Selenium, Se	S1742
Vitamin E (alpha-tocopherol)	S1742
Pantothenic acid	S1742
Folate, total	S1742
Cystine	S1742
Alanine	S1742
6:0	S1742
18:2 undifferentiated	S1742
16:1 undifferentiated	S1742
Protein	S1742
Galactose	S1742
Copper, Cu	S1742
Vitamin C, total ascorbic acid	S1742
Niacin	S1742
Valine	S1742
Proline	S1742
18:4	S1742
Water	S1742
Tryptophan	S1742
Methionine	S1742
Serine	S1742

NDB No. 20641 Wheat flour, white (industrial), 13% protein, bleached, unenriched

12:0	S1742
15:0	S1742

NDB No. 20645 Wheat flour, white (industrial), 15% protein, bleached, enriched

Calcium, Ca	S1742
Vitamin C, total ascorbic acid	S1742
Pantothenic acid	S1742
Tryptophan	S1742
Tyrosine	S1742
8:0	S1742
22:1 undifferentiated	S1742
Total lipid (fat)	S1742
Maltose	S1742
Sugars, total	S1742
Magnesium, Mg	S1742
Manganese, Mn	S1742
Selenium, Se	S1742
Tocopherol, beta	S1742
Tocopherol, gamma	S1742
Tocopherol, delta	S1742
Niacin	S1742
Folate, total	S1742
Threonine	S1742
Leucine	S1742
Aspartic acid	S1742
18:1 undifferentiated	S1742
20:4 undifferentiated	S1742
Ash	S1742
Iron, Fe	S1742
Potassium, K	S1742
Isoleucine	S1742
18:0	S1742
22:6 n-3 (DHA)	S1742
22:0	S1742
24:0	S1742
Protein	S1742

NDB No. 20645 Wheat flour, white (industrial), 15% protein, bleached, enriched

Galactose	S1742
Zinc, Zn	S1742
Vitamin E (alpha-tocopherol)	S1742
Thiamin	S1742
Riboflavin	S1742
Methionine	S1742
Alanine	S1742
Glycine	S1742
10:0	S1742
16:1 undifferentiated	S1742
Starch	S1742
Glucose (dextrose)	S1742
Water	S1742
Phosphorus, P	S1742
Vitamin B-6	S1742
Phenylalanine	S1742
Arginine	S1742
14:0	S1742
18:3 undifferentiated	S1742
Sucrose	S1742
Cystine	S1742
Glutamic acid	S1742
Proline	S1742
12:0	S1742
20:0	S1742
20:5 n-3 (EPA)	S1742
Fructose	S1742
Fiber, total dietary	S1742
Lysine	S1742
Histidine	S1742
Serine	S1742
6:0	S1742
14:1	S1742
22:5 n-3 (DPA)	S1742
15:0	S1742
17:0	S1742
Lactose	S1742

NDB No. 20645 Wheat flour, white (industrial), 15% protein, bleached, enriched

Copper, Cu	S1742
Valine	S1742
4:0	S1742
16:0	S1742
18:2 undifferentiated	S1742
18:4	S1742
20:1	S1742

NDB No. 20646 Wheat flour, white (industrial), 15% protein, bleached, unenriched

Sucrose	S1742
Phosphorus, P	S1742
Isoleucine	S1742
Lysine	S1742
Valine	S1742
8:0	S1742
18:2 undifferentiated	S1742
20:5 n-3 (EPA)	S1742
Galactose	S1742
Iron, Fe	S1742
Alanine	S1742
14:0	S1742
24:0	S1742
Total lipid (fat)	S1742
Glucose (dextrose)	S1742
Fructose	S1742
Water	S1742
Copper, Cu	S1742
Manganese, Mn	S1742
18:0	S1742
20:4 undifferentiated	S1742
20:1	S1742
Riboflavin	S1742
Pantothenic acid	S1742
Vitamin B-6	S1742
Tryptophan	S1742
Leucine	S1742

NDB No. 20646 Wheat flour, white (industrial), 15% protein, bleached, unenriched

Histidine	S1742
Proline	S1742
15:0	S1742
Sugars, total	S1742
Fiber, total dietary	S1742
Calcium, Ca	S1742
Potassium, K	S1742
Zinc, Zn	S1742
Vitamin E (alpha-tocopherol)	S1742
Tocopherol, gamma	S1742
Folate, total	S1742
Tyrosine	S1742
Aspartic acid	S1742
Glutamic acid	S1742
10:0	S1742
20:0	S1742
18:1 undifferentiated	S1742
17:0	S1742
Lactose	S1742
Magnesium, Mg	S1742
Tocopherol, delta	S1742
Vitamin C, total ascorbic acid	S1742
Niacin	S1742
Threonine	S1742
Methionine	S1742
Arginine	S1742
Glycine	S1742
Serine	S1742
6:0	S1742
18:3 undifferentiated	S1742
18:4	S1742
Ash	S1742
Selenium, Se	S1742
Tocopherol, beta	S1742
12:0	S1742
16:0	S1742
22:0	S1742

NDB No. 20646 Wheat flour, white (industrial), 15% protein, bleached, unenriched

14:1	S1742
16:1 undifferentiated	S1742
22:1 undifferentiated	S1742
22:5 n-3 (DPA)	S1742
Protein	S1742
Starch	S1742
Maltose	S1742
Thiamin	S1742
Cystine	S1742
Phenylalanine	S1742
4:0	S1742
22:6 n-3 (DHA)	S1742

NDB No. 20647 Millet flour

Total lipid (fat)	S6781, S5802
Sucrose	S6781, S5802
Selenium, Se	S6781, S5802
Tocopherol, delta	S5802
Thiamin	S6781, S5802
Glutamic acid	S5802
Glycine	S5802
14:1	S5802
16:1 undifferentiated	S5802
Fatty acids, total trans-monoenoic	S5802
Maltose	S6781, S5802
Calcium, Ca	S6781, S5802
Manganese, Mn	S6781, S5802
Leucine	S5802
Valine	S5802
Aspartic acid	S5802
18:1 t	S5802
18:3 n-3 c,c,c (ALA)	S5802
Fructose	S6781, S5802
Tryptophan	S5802
Lysine	S5802
Fatty acids, total saturated	S5802

NDB No. 20647 Millet flour

6:0	S5802
8:0	S5802
22:6 n-3 (DHA)	S5802
20:5 n-3 (EPA)	S5802
Fatty acids, total polyunsaturated	S5802
18:2 CLAs	S5802
Ash	S6781, S5802
Water	S6781, S5802
Iron, Fe	S6781, S5802
Zinc, Zn	S6781, S5802
Tocopherol, beta	S5802
Tocopherol, gamma	S5802
Niacin	S5802
Vitamin K (phylloquinone)	S5802
Folate, food	S6781, S5802
Histidine	S5802
Proline	S5802
Serine	S5802
Fatty acids, total trans	S6781, S5802
12:0	S5802
16:0	S5802
20:1	S5802
18:2 t not further defined	S5802
20:3 undifferentiated	S5802
Starch	S5802
Fiber, total dietary	S6781, S5802
Phosphorus, P	S6781, S5802
Sodium, Na	S5802
Vitamin E (alpha-tocopherol)	S5802
Vitamin B-6	S5802
Folate, total	S6781, S5802
18:0	S5802
22:0	S5802
22:5 n-3 (DPA)	S5802
Fatty acids, total monounsaturated	S5802
17:1	S5802
20:3 n-6	S5802

NDB No. 20647 Millet flour

Protein	S5802
Glucose (dextrose)	S6781, S5802
Lactose	S6781, S5802
Magnesium, Mg	S6781, S5802
Riboflavin	S6781, S5802
Menaquinone-4	S5802
Threonine	S5802
Isoleucine	S5802
Methionine	S5802
Cystine	S5802
Arginine	S5802
Alanine	S5802
4:0	S5802
20:0	S5802
18:2 undifferentiated	S5802
22:1 undifferentiated	S5802
24:0	S5802
16:1 t	S5802
22:1 c	S5802
15:1	S5802
Galactose	S5802
Potassium, K	S6781, S5802
Vitamin C, total ascorbic acid	S5802
Pantothenic acid	S5802
Phenylalanine	S5802
Tyrosine	S5802
14:0	S5802
18:3 undifferentiated	S5802
20:4 undifferentiated	S5802
18:4	S5802
15:0	S5802
17:0	S5802
22:1 t	S5802
16:1 c	S5802
18:3 n-6 c,c,c	S5802
Fatty acids, total trans-polyenoic	S5802
Copper, Cu	S6781, S5802

NDB No. 20647 Millet flour

Dihydrophylloquinone	S5802
10:0	S5802
18:1 undifferentiated	S5802
24:1 c	S5802
20:2 n-6 c,c	S5802
18:1 c	S5802
18:2 n-6 c,c	S5802
20:3 n-3	S5802
22:4	S5802

NDB No. 20648 Sorghum flour

Ash	S6781, S5802
Starch	S5802
Glucose (dextrose)	S6781, S5802
Galactose	S5802
Fiber, total dietary	S6781, S5802
Iron, Fe	S6781, S5802
Lysine	S6781, S5802
Tyrosine	S6781, S5802
Histidine	S6781, S5802
Glycine	S6781, S5802
Serine	S6781, S5802
12:0	S5802
14:0	S5802
20:4 undifferentiated	S5802
Fatty acids, total monounsaturated	S5802
24:0	S5802
24:1 c	S5802
16:1 c	S5802
22:1 c	S5802
20:3 n-6	S5802
Riboflavin	S6781, S5802
Pantothenic acid	S5802
Fatty acids, total trans	S5802
18:0	S5802
18:4	S5802

NDB No. 20648 Sorghum flour

22:5 n-3 (DPA)	S5802
16:1 t	S5802
20:2 n-6 c,c	S5802
15:1	S5802
Lactose	S6781, S5802
Maltose	S6781, S5802
Vitamin E (alpha-tocopherol)	S6781, S5802
16:0	S5802
14:1	S5802
17:0	S5802
18:1 t	S5802
18:1 c	S5802
Fatty acids, total trans-polyenoic	S5802
Total lipid (fat)	S6781, S5802
Sucrose	S6781, S5802
Potassium, K	S6781, S5802
Zinc, Zn	S6781, S5802
Selenium, Se	S6781, S5802
Tocopherol, delta	S5802
4:0	S5802
8:0	S5802
22:6 n-3 (DHA)	S5802
Fatty acids, total trans-monoenoic	S5802
18:3 n-3 c,c,c (ALA)	S5802
Protein	S6781, S5802
Magnesium, Mg	S6781, S5802
Sodium, Na	S5802
Copper, Cu	S6781, S5802
Menaquinone-4	S5802
Vitamin K (phylloquinone)	S5802
Threonine	S6781, S5802
Leucine	S6781, S5802
Aspartic acid	S6781, S5802
Fatty acids, total saturated	S5802
20:0	S5802
18:1 undifferentiated	S5802
16:1 undifferentiated	S5802

NDB No. 20648 Sorghum flour

Fatty acids, total polyunsaturated	S5802
18:2 t not further defined	S5802
20:3 undifferentiated	S5802
Fructose	S6781, S5802
Tocopherol, beta	S5802
Tocopherol, gamma	S5802
Niacin	S5802
Methionine	S6781, S5802
Cystine	S5802
Valine	S6781, S5802
Arginine	S6781, S5802
10:0	S5802
18:2 n-6 c,c	S5802
18:3 n-6 c,c,c	S5802
17:1	S5802
22:4	S5802
Water	S6781, S5802
Calcium, Ca	S6781, S5802
Phosphorus, P	S6781, S5802
Thiamin	S6781, S5802
Folate, total	S6781, S5802
Alanine	S6781, S5802
Proline	S6781, S5802
18:2 undifferentiated	S5802
18:3 undifferentiated	S5802
22:1 undifferentiated	S5802
15:0	S5802
22:1 t	S5802
Manganese, Mn	S6781, S5802
Vitamin C, total ascorbic acid	S5802
Vitamin B-6	S5802
Dihydrophylloquinone	S5802
Tryptophan	S5802
Isoleucine	S6781, S5802
Phenylalanine	S6781, S5802
Glutamic acid	S6781, S5802
6:0	S5802

NDB No. 20648 Sorghum flour

22:0	S5802
20:1	S5802
20:5 n-3 (EPA)	S5802
18:2 CLAs	S5802
20:3 n-3	S5802

NDB No. 21005 Fast Foods, biscuit, with egg and sausage

Maltose	S1165
Retinol	S1165
Tocopherol, beta	S1165
Tryptophan	S1165
Isoleucine	S1165
Valine	S1165
Glutamic acid	S1165
Fatty acids, total saturated	S1165
18:2 undifferentiated	S1165
22:0	S1165
16:1 undifferentiated	S1165
17:0	S1165
Ash	S1165
Fructose	S1165
Water	S1165
Leucine	S1165
Glycine	S1165
Proline	S1165
14:0	S1165
15:1	S1165
Sucrose	S1165
Sugars, total	S1165
Phosphorus, P	S1165
Copper, Cu	S1165
Riboflavin	S1165
Threonine	S1165
Phenylalanine	S1165
Tyrosine	S1165
Alanine	S1165

NDB No. 21005 Fast Foods, biscuit, with egg and sausage

Cholesterol	S1165
10:0	S1165
Fatty acids, total polyunsaturated	S1165
17:1	S1165
Protein	S1165
Galactose	S1165
Iron, Fe	S1165
Sodium, Na	S1165
Zinc, Zn	S1165
Selenium, Se	S1165
Vitamin C, total ascorbic acid	S1165
Niacin	S1165
Pantothenic acid	S1165
Lysine	S1165
Histidine	S1165
18:0	S1165
14:1	S1165
20:5 n-3 (EPA)	S1165
Fatty acids, total monounsaturated	S1165
Total lipid (fat)	S1165
Lactose	S1165
Calcium, Ca	S1165
Magnesium, Mg	S1165
Potassium, K	S1165
Vitamin E (alpha-tocopherol)	S1165
Tocopherol, delta	S1165
Thiamin	S1165
Vitamin B-6	S1165
Vitamin B-12	S1165
Folate, food	S1165
Cystine	S1165
Arginine	S1165
Aspartic acid	S1165
18:1 undifferentiated	S1165
22:6 n-3 (DHA)	S1165
22:5 n-3 (DPA)	S1165
15:0	S1165

NDB No. 21005 Fast Foods, biscuit, with egg and sausage

Glucose (dextrose)	S1165
Dihydrophylloquinone	S1165
Betaine	S1165
8:0	S1165
20:4 undifferentiated	S1165
20:1	S1165
20:3 undifferentiated	S1165
Starch	S1165
Vitamin K (phylloquinone)	S1165
16:0	S1165
24:0	S1165
20:2 n-6 c,c	S1165
Fiber, total dietary	S1165
Manganese, Mn	S1165
Tocopherol, gamma	S1165
Folate, total	S1165
Choline, total	S1165
Folic acid	S1165
Methionine	S1165
Serine	S1165
12:0	S1165
20:0	S1165
18:3 undifferentiated	S1165
18:4	S1165
22:1 undifferentiated	S1165

NDB No. 21007 Fast foods, biscuit, with egg, cheese, and bacon

Glucose (dextrose)	S1165
Phosphorus, P	S1165
Copper, Cu	S1165
Tocopherol, beta	S1165
Threonine	S1165
Histidine	S1165
17:0	S1165
Ash	S1165
Fiber, total dietary	S1165

NDB No. 21007 Fast foods, biscuit, with egg, cheese, and bacon

Selenium, Se	S1165
Choline, total	S1165
Leucine	S1165
Phenylalanine	S1165
10:0	S1165
18:0	S1165
18:2 undifferentiated	S1165
Sucrose	S1165
Calcium, Ca	S1165
Potassium, K	S1165
Thiamin	S1165
Niacin	S1165
Folic acid	S1165
Glycine	S1165
18:1 undifferentiated	S1165
22:1 undifferentiated	S1165
Fructose	S1165
Maltose	S1165
Water	S1165
Manganese, Mn	S1165
Vitamin C, total ascorbic acid	S1165
Folate, total	S1165
Vitamin K (phylloquinone)	S1165
Isoleucine	S1165
Cystine	S1165
Tyrosine	S1165
Alanine	S1165
Serine	S1165
Fatty acids, total saturated	S1165
12:0	S1165
18:4	S1165
22:5 n-3 (DPA)	S1165
Fatty acids, total polyunsaturated	S1165
15:0	S1165
24:0	S1165
Iron, Fe	S1165
Vitamin B-6	S1165

NDB No. 21007 Fast foods, biscuit, with egg, cheese, and bacon

Vitamin B-12	S1165
Glutamic acid	S1165
Cholesterol	S1165
8:0	S1165
20:0	S1165
18:3 undifferentiated	S1165
22:6 n-3 (DHA)	S1165
Sugars, total	S1165
Zinc, Zn	S1165
Vitamin E (alpha-tocopherol)	S1165
Tocopherol, gamma	S1165
Folate, food	S1165
Lysine	S1165
Methionine	S1165
Valine	S1165
14:0	S1165
16:0	S1165
20:4 undifferentiated	S1165
16:1 undifferentiated	S1165
15:1	S1165
Total lipid (fat)	S1165
Lactose	S1165
Sodium, Na	S1165
Tocopherol, delta	S1165
Dihydrophylloquinone	S1165
20:5 n-3 (EPA)	S1165
Fatty acids, total monounsaturated	S1165
17:1	S1165
Protein	S1165
Starch	S1165
Galactose	S1165
Magnesium, Mg	S1165
Retinol	S1165
Riboflavin	S1165
Pantothenic acid	S1165
Betaine	S1165
Tryptophan	S1165

NDB No. 21007 Fast foods, biscuit, with egg, cheese, and bacon

Arginine	S1165
Aspartic acid	S1165
Proline	S1165
22:0	S1165
20:1	S1165
20:2 n-6 c,c	S1165
20:3 undifferentiated	S1165

NDB No. 21009 Fast foods, biscuit, with sausage

Glucose (dextrose)	S1165
Fructose	S1165
Zinc, Zn	S1165
Threonine	S1165
Glycine	S1165
18:0	S1165
20:1	S1165
Fatty acids, total monounsaturated	S1165
Fatty acids, total polyunsaturated	S1165
17:1	S1165
15:1	S1165
Magnesium, Mg	S1165
Isoleucine	S1165
Cystine	S1165
Valine	S1165
20:0	S1165
20:4 undifferentiated	S1165
22:0	S1165
14:1	S1165
20:5 n-3 (EPA)	S1165
22:1 undifferentiated	S1165
Ash	S1165
Starch	S1165
Sodium, Na	S1165
Retinol	S1165
Thiamin	S1165
Pantothenic acid	S1165

NDB No. 21009 Fast foods, biscuit, with sausage

Folate, total	S1165
Dihydrophylloquinone	S1165
Folate, food	S1165
Tryptophan	S1165
Serine	S1165
10:0	S1165
18:3 undifferentiated	S1165
16:1 undifferentiated	S1165
15:0	S1165
20:3 undifferentiated	S1165
Lactose	S1165
Galactose	S1165
Calcium, Ca	S1165
Selenium, Se	S1165
Leucine	S1165
Glutamic acid	S1165
14:0	S1165
18:1 undifferentiated	S1165
Fiber, total dietary	S1165
Phosphorus, P	S1165
Potassium, K	S1165
Copper, Cu	S1165
Riboflavin	S1165
8:0	S1165
Protein	S1165
Total lipid (fat)	S1165
Iron, Fe	S1165
Manganese, Mn	S1165
Vitamin E (alpha-tocopherol)	S1165
Vitamin C, total ascorbic acid	S1165
Vitamin B-6	S1165
Folic acid	S1165
Tyrosine	S1165
18:2 undifferentiated	S1165
18:4	S1165
22:5 n-3 (DPA)	S1165
24:0	S1165

NDB No. 21009 Fast foods, biscuit, with sausage

20:2 n-6 c,c	S1165
Sucrose	S1165
Tocopherol, beta	S1165
Tocopherol, delta	S1165
Vitamin B-12	S1165
Vitamin K (phylloquinone)	S1165
Methionine	S1165
Histidine	S1165
Cholesterol	S1165
12:0	S1165
16:0	S1165
22:6 n-3 (DHA)	S1165
17:0	S1165
Maltose	S1165
Water	S1165
Sugars, total	S1165
Tocopherol, gamma	S1165
Niacin	S1165
Choline, total	S1165
Betaine	S1165
Lysine	S1165
Alanine	S1165
Fatty acids, total saturated	S1165

NDB No. 21011 Fast foods, croissant, with egg and cheese

Choline, total	S2102
Betaine	S2102

NDB No. 21014 Fast foods, croissant, with egg, cheese, and sausage

Betaine	S2102
Choline, total	S2102

NDB No. 21020 Fast foods, english muffin, with cheese and sausage

Sugars, total	S1165
Galactose	S1165

NDB No. 21020 Fast foods, english muffin, with cheese and sausage

Iron, Fe	S1165
Zinc, Zn	S1165
Folate, total	S1165
Vitamin B-12	S1165
Betaine	S1165
Alanine	S1165
10:0	S1165
Fatty acids, total monounsaturated	S1165
17:1	S1165
Ash	S1165
Pantothenic acid	S1165
Threonine	S1165
Valine	S1165
Glutamic acid	S1165
Fatty acids, total saturated	S1165
16:0	S1165
18:0	S1165
20:0	S1165
15:1	S1165
Protein	S1165
Starch	S1165
Glucose (dextrose)	S1165
Water	S1165
Calcium, Ca	S1165
Tocopherol, gamma	S1165
Choline, total	S1165
Vitamin K (phylloquinone)	S1165
Cystine	S1165
Aspartic acid	S1165
Proline	S1165
8:0	S1165
14:0	S1165
22:6 n-3 (DHA)	S1165
22:0	S1165
14:1	S1165
Sucrose	S1165
Fiber, total dietary	S1165

NDB No. 21020 Fast foods, english muffin, with cheese and sausage

Vitamin C, total ascorbic acid	S1165
Glycine	S1165
Serine	S1165
18:3 undifferentiated	S1165
16:1 undifferentiated	S1165
18:4	S1165
22:1 undifferentiated	S1165
Total lipid (fat)	S1165
Magnesium, Mg	S1165
Tocopherol, delta	S1165
Dihydrophylloquinone	S1165
Tyrosine	S1165
Cholesterol	S1165
20:1	S1165
Fructose	S1165
Sodium, Na	S1165
Vitamin E (alpha-tocopherol)	S1165
Thiamin	S1165
Vitamin B-6	S1165
Folate, food	S1165
Tryptophan	S1165
Leucine	S1165
Lysine	S1165
Arginine	S1165
12:0	S1165
18:1 undifferentiated	S1165
22:5 n-3 (DPA)	S1165
20:2 n-6 c,c	S1165
20:3 undifferentiated	S1165
Lactose	S1165
Phosphorus, P	S1165
Potassium, K	S1165
Manganese, Mn	S1165
Selenium, Se	S1165
Tocopherol, beta	S1165
Riboflavin	S1165
Methionine	S1165

NDB No. 21020 Fast foods, english muffin, with cheese and sausage

Phenylalanine	S1165
Histidine	S1165
18:2 undifferentiated	S1165
Fatty acids, total polyunsaturated	S1165
17:0	S1165
24:0	S1165
Maltose	S1165
Copper, Cu	S1165
Retinol	S1165
Niacin	S1165
Folic acid	S1165
Isoleucine	S1165
20:4 undifferentiated	S1165
20:5 n-3 (EPA)	S1165
15:0	S1165

NDB No. 21021 Fast foods, english muffin, with egg, cheese, and canadian bacon

Sugars, total	S1165
Magnesium, Mg	S1165
Manganese, Mn	S1165
Folate, total	S1165
Lysine	S1165
Phenylalanine	S1165
Histidine	S1165
22:0	S1165
Lactose	S1165
Water	S1165
Zinc, Zn	S1165
Retinol	S1165
Tocopherol, delta	S1165
Vitamin B-6	S1165
Tryptophan	S1165
Leucine	S1165
Glutamic acid	S1165
10:0	S1165
16:0	S1165

NDB No. 21021 Fast foods, english muffin, with egg, cheese, and canadian bacon

18:2 undifferentiated	S1165
20:5 n-3 (EPA)	S1165
17:0	S1165
15:1	S1165
Protein	S1165
Starch	S1165
Sucrose	S1165
Glucose (dextrose)	S1165
Maltose	S1165
Tocopherol, beta	S1165
Tocopherol, gamma	S1165
Serine	S1165
Fatty acids, total saturated	S1165
18:4	S1165
22:5 n-3 (DPA)	S1165
Fatty acids, total monounsaturated	S1165
Fatty acids, total polyunsaturated	S1165
17:1	S1165
Total lipid (fat)	S1165
Fiber, total dietary	S1165
Calcium, Ca	S1165
Vitamin B-12	S1165
Tyrosine	S1165
Cholesterol	S1165
20:0	S1165
20:2 n-6 c,c	S1165
20:3 undifferentiated	S1165
Galactose	S1165
Iron, Fe	S1165
Sodium, Na	S1165
Dihydrophylloquinone	S1165
Methionine	S1165
8:0	S1165
12:0	S1165
14:0	S1165
18:1 undifferentiated	S1165
14:1	S1165

NDB No. 21021 Fast foods, english muffin, with egg, cheese, and canadian bacon

24:0	S1165
Ash	S1165
Fructose	S1165
Potassium, K	S1165
Selenium, Se	S1165
Vitamin E (alpha-tocopherol)	S1165
Thiamin	S1165
Folate, food	S1165
Threonine	S1165
Valine	S1165
Alanine	S1165
Proline	S1165
18:0	S1165
20:4 undifferentiated	S1165
15:0	S1165
Vitamin C, total ascorbic acid	S1165
Riboflavin	S1165
Pantothenic acid	S1165
Vitamin K (phylloquinone)	S1165
Isoleucine	S1165
Aspartic acid	S1165
22:6 n-3 (DHA)	S1165
20:1	S1165
22:1 undifferentiated	S1165
Phosphorus, P	S1165
Copper, Cu	S1165
Niacin	S1165
Folic acid	S1165
Cystine	S1165
Arginine	S1165
Glycine	S1165
18:3 undifferentiated	S1165
16:1 undifferentiated	S1165

NDB No. 21022 Fast foods, english muffin, with egg, cheese, and sausage

Niacin	S1165

NDB No. 21022 Fast foods, english muffin, with egg, cheese, and sausage

Vitamin B-12	S1165
Choline, total	S1165
Folic acid	S1165
Betaine	S1165
18:4	S1165
Total lipid (fat)	S1165
Fructose	S1165
Calcium, Ca	S1165
Magnesium, Mg	S1165
Selenium, Se	S1165
Retinol	S1165
Tyrosine	S1165
Serine	S1165
18:0	S1165
16:1 undifferentiated	S1165
20:5 n-3 (EPA)	S1165
22:5 n-3 (DPA)	S1165
Fatty acids, total monounsaturated	S1165
Glucose (dextrose)	S1165
Fiber, total dietary	S1165
Sodium, Na	S1165
Tocopherol, delta	S1165
Vitamin B-6	S1165
Vitamin K (phylloquinone)	S1165
Tryptophan	S1165
Leucine	S1165
Methionine	S1165
Phenylalanine	S1165
Fatty acids, total polyunsaturated	S1165
24:0	S1165
20:2 n-6 c,c	S1165
20:3 undifferentiated	S1165
Protein	S1165
Ash	S1165
Starch	S1165
Iron, Fe	S1165
Pantothenic acid	S1165

NDB No. 21022 Fast foods, english muffin, with egg, cheese, and sausage

Histidine	S1165
Alanine	S1165
10:0	S1165
20:0	S1165
14:1	S1165
17:0	S1165
Lactose	S1165
Maltose	S1165
Phosphorus, P	S1165
Vitamin E (alpha-tocopherol)	S1165
Tocopherol, gamma	S1165
Dihydrophylloquinone	S1165
Folate, food	S1165
Cystine	S1165
Valine	S1165
Proline	S1165
20:1	S1165
15:0	S1165
Sugars, total	S1165
Tocopherol, beta	S1165
Folate, total	S1165
Threonine	S1165
Lysine	S1165
Aspartic acid	S1165
Glycine	S1165
Fatty acids, total saturated	S1165
18:2 undifferentiated	S1165
20:4 undifferentiated	S1165
17:1	S1165
15:1	S1165
Sucrose	S1165
Manganese, Mn	S1165
Vitamin C, total ascorbic acid	S1165
Thiamin	S1165
Isoleucine	S1165
Glutamic acid	S1165
12:0	S1165

NDB No. 21022 Fast foods, english muffin, with egg, cheese, and sausage

16:0	S1165
18:1 undifferentiated	S1165
22:6 n-3 (DHA)	S1165
22:0	S1165
22:1 undifferentiated	S1165
Water	S1165
Galactose	S1165
Potassium, K	S1165
Zinc, Zn	S1165
Copper, Cu	S1165
Riboflavin	S1165
Arginine	S1165
Cholesterol	S1165
8:0	S1165
14:0	S1165
18:3 undifferentiated	S1165

NDB No. 21024 Fast foods, french toast sticks

Protein	S2102
Starch	S2102
Iron, Fe	S2102
Potassium, K	S2102
Riboflavin	S2102
Pantothenic acid	S2102
Betaine	S2102
20:4 undifferentiated	S2102
20:1	S2102
18:3 n-3 c,c,c (ALA)	S2102
Lactose	S2102
Maltose	S2102
Calcium, Ca	S2102
Copper, Cu	S2102
Manganese, Mn	S2102
Tocopherol, beta	S2102
Choline, total	S2102
Vitamin K (phylloquinone)	S2102

NDB No. 21024 Fast foods, french toast sticks

16:0	S2102
18:0	S2102
20:3 undifferentiated	S2102
Sugars, total	S2102
Phosphorus, P	S2102
Vitamin C, total ascorbic acid	S2102
15:0	S2102
Ash	S2102
Fructose	S2102
Sodium, Na	S2102
Zinc, Zn	S2102
Vitamin E (alpha-tocopherol)	S2102
Niacin	S2102
Dihydrophylloquinone	S2102
Fatty acids, total saturated	S2102
8:0	S2102
18:1 undifferentiated	S2102
16:1 undifferentiated	S2102
Galactose	S2102
Thiamin	S2102
18:2 undifferentiated	S2102
17:0	S2102
15:1	S2102
Water	S2102
Selenium, Se	S2102
Cholesterol	S2102
14:0	S2102
20:0	S2102
22:0	S2102
Fatty acids, total polyunsaturated	S2102
20:2 n-6 c,c	S2102
18:3 n-6 c,c,c	S2102
17:1	S2102
Total lipid (fat)	S2102
Glucose (dextrose)	S2102
Tocopherol, delta	S2102
Vitamin B-12	S2102

NDB No. 21024 Fast foods, french toast sticks

18:3 undifferentiated	S2102
14:1	S2102
Sucrose	S2102
Fiber, total dietary	S2102
Magnesium, Mg	S2102
Tocopherol, gamma	S2102
Vitamin B-6	S2102
10:0	S2102
12:0	S2102
Fatty acids, total monounsaturated	S2102

NDB No. 21026 Fast foods, potatoes, hashed brown

Lactose	S2102, S1165
Carotene, beta	S2102
Carotene, alpha	S2102
Tocopherol, gamma	S2102, S1165
Lysine	S2102
Tyrosine	S2102
12:0	S1165
16:1 undifferentiated	S1165
20:5 n-3 (EPA)	S1165
17:1	S1165
Total lipid (fat)	S2102, S1165
Sucrose	S2102, S1165
Sugars, total	S2102, S1165
Phosphorus, P	S2102, S1165
Vitamin E (alpha-tocopherol)	S2102, S1165
Thiamin	S2102, S1165
Pantothenic acid	S2102, S1165
Vitamin B-6	S2102, S1165
Vitamin B-12	S2102
Alanine	S2102
Glutamic acid	S2102
18:4	S1165
22:1 undifferentiated	S1165
15:0	S1165

NDB No. 21026 Fast foods, potatoes, hashed brown

15:1	S1165
Fructose	S2102, S1165
Sodium, Na	S2102, S1165
Selenium, Se	S2102, S1165
Lycopene	S2102
Tocopherol, delta	S2102, S1165
Riboflavin	S2102, S1165
Dihydrophylloquinone	S1165
Valine	S2102
Serine	S2102
22:5 n-3 (DPA)	S1165
24:0	S1165
Protein	S2102, S1165
Calcium, Ca	S2102, S1165
Zinc, Zn	S2102, S1165
Tocopherol, beta	S2102, S1165
Vitamin C, total ascorbic acid	S2102, S1165
Methionine	S2102
Proline	S2102
14:0	S1165
14:1	S1165
20:1	S1165
20:3 undifferentiated	S1165
Starch	S2102, S1165
Maltose	S2102, S1165
Iron, Fe	S2102, S1165
Folic acid	S1165
Tryptophan	S2102
Isoleucine	S2102
Cystine	S2102
Aspartic acid	S2102
Cholesterol	S2102, S1165
16:0	S1165
18:3 undifferentiated	S1165
17:0	S1165
20:2 n-6 c,c	S1165
Glucose (dextrose)	S2102, S1165

NDB No. 21026 Fast foods, potatoes, hashed brown

Galactose	S2102, S1165
Potassium, K	S2102, S1165
Copper, Cu	S2102, S1165
Manganese, Mn	S2102, S1165
Folate, total	S1165
Choline, total	S1165
Leucine	S2102
Water	S2102, S1165
Fiber, total dietary	S2102, S1165
Cryptoxanthin, beta	S2102
Niacin	S2102, S1165
Vitamin K (phylloquinone)	S1165
Folate, food	S1165
Betaine	S1165
Phenylalanine	S2102
Arginine	S2102
Glycine	S2102
10:0	S1165
18:0	S1165
20:0	S1165
18:1 undifferentiated	S1165
22:0	S1165
Ash	S2102, S1165
Magnesium, Mg	S2102, S1165
Threonine	S2102
Histidine	S2102
8:0	S1165
18:2 undifferentiated	S1165
20:4 undifferentiated	S1165
22:6 n-3 (DHA)	S1165

NDB No. 21060 Fast foods, burrito, with beans

Choline, total	S1082
Betaine	S1082

NDB No. 21064 Fast foods, burrito, with beans, cheese, and beef

NDB No. 21064 Fast foods, burrito, with beans, cheese, and beef

Choline, total	S1082
Betaine	S1082

NDB No. 21078 Fast foods, nachos, with cheese

Choline, total	S1082
Betaine	S1082

NDB No. 21080 Fast foods, nachos, with cheese, beans, ground beef, and peppers

Choline, total	S1082
Betaine	S1082

NDB No. 21082 Fast foods, taco

Betaine	S1082
Choline, total	S1082

NDB No. 21083 Fast foods, taco salad

Choline, total	S1082
Betaine	S1082

NDB No. 21089 Fast foods, cheeseburger; single, regular patty; plain

Choline, total	S1066
Betaine	S1066

NDB No. 21090 Fast foods, cheeseburger; single, regular patty, with condiments

Niacin	S1066, S1122, S1064
Pantothenic acid	S1066, S1122, S1064
Vitamin B-6	S1066, S1122, S1064
Folate, total	S1122
Folic acid	S1122
18:0	S1066, S1122, S1064
20:4 undifferentiated	S1066, S1122, S1064
Fatty acids, total monounsaturated	S1066, S1122, S1064

NDB No. 21090 Fast foods, cheeseburger; single, regular patty, with condiments

15:0	S1066, S1122, S1064
17:0	S1066, S1122, S1064
Ash	S1066, S1122, S1064
Fructose	S1066, S1122, S1064
Lactose	S1066, S1122, S1064
Galactose	S1064
Tocopherol, beta	S1122, S1064
Tocopherol, delta	S1122, S1064
20:0	S1066, S1122, S1064
22:1 undifferentiated	S1066, S1122, S1064
22:5 n-3 (DPA)	S1066, S1122, S1064
20:2 n-6 c,c	S1066, S1122, S1064
Zinc, Zn	S1066, S1122, S1064
Vitamin K (phylloquinone)	S1066, S1122, S1064
6:0	S1066, S1064
18:2 undifferentiated	S1066, S1122, S1064
18:1 t	S1066, S1064
18:2 i	S1066, S1064
20:3 n-6	S1066
Water	S1066, S1122, S1064
Sodium, Na	S1066, S1122, S1064
Vitamin B-12	S1066, S1122
Dihydrophylloquinone	S1066, S1122, S1064
12:0	S1066, S1122, S1064
16:0	S1066, S1122, S1064
16:1 c	S1066, S1064
15:1	S1066, S1122
Glucose (dextrose)	S1066, S1122, S1064
Sugars, total	S1064
Fiber, total dietary	S1066, S1122, S1064
Calcium, Ca	S1066, S1122, S1064
Potassium, K	S1066, S1122, S1064
Manganese, Mn	S1066, S1122, S1064
Selenium, Se	S1066, S1122, S1064
Vitamin E (alpha-tocopherol)	S1122, S1064
Vitamin C, total ascorbic acid	S1066, S1122, S1064
Thiamin	S1066, S1122, S1064

NDB No. 21090 Fast foods, cheeseburger; single, regular patty, with condiments

Fatty acids, total saturated	S1066, S1122, S1064
8:0	S1066, S1122, S1064
18:1 undifferentiated	S1066, S1122, S1064
14:1	S1066, S1122, S1064
20:3 undifferentiated	S1066, S1122, S1064
18:3 n-3 c,c,c (ALA)	S1066, S1064
Iron, Fe	S1066, S1122, S1064
Magnesium, Mg	S1066, S1122, S1064
Phosphorus, P	S1066, S1122, S1064
10:0	S1066, S1122, S1064
14:0	S1066, S1122, S1064
22:6 n-3 (DHA)	S1066, S1122, S1064
16:1 undifferentiated	S1066, S1122, S1064
20:1	S1066, S1122, S1064
20:4 n-6	S1066
Total lipid (fat)	S1066, S1122, S1064
Copper, Cu	S1066, S1122, S1064
Tocopherol, gamma	S1122, S1064
4:0	S1066, S1064
18:3 undifferentiated	S1066, S1122, S1064
18:4	S1066, S1122, S1064
20:5 n-3 (EPA)	S1066, S1122, S1064
24:0	S1066, S1122, S1064
16:1 t	S1066, S1064
18:1 c	S1066, S1064
18:2 n-6 c,c	S1066, S1064
Protein	S1066, S1122, S1064
Starch	S1066, S1122, S1064
Sucrose	S1066, S1122, S1064
Maltose	S1066, S1122, S1064
Riboflavin	S1066, S1122, S1064
Folate, food	S1122
Cholesterol	S1066, S1122, S1064
22:0	S1066, S1122, S1064
Fatty acids, total polyunsaturated	S1066, S1122, S1064
17:1	S1066, S1122, S1064

NDB No. 21098 Fast foods, cheeseburger; single, large patty; with condiments and vegetables

Betaine	S1066
Choline, total	S1066

NDB No. 21100 Fast foods, cheeseburger; double, large patty, with condiments and vegetables

Betaine	S1066, S1122, S1064
Choline, total	S1066, S1122, S1064

NDB No. 21102 Fast foods, chicken fillet sandwich, plain

Betaine	S1066, S1122, S1064
Choline, total	S1066, S1122, S1064

NDB No. 21106 Fast foods, fish sandwich, with tartar sauce and cheese

Betaine	S1122, S1064
Choline, total	S1122, S1064

NDB No. 21107 Fast foods, hamburger; single, regular patty; plain

Choline, total	S1066, S1122, S1064
Betaine	S1066, S1122, S1064

NDB No. 21108 Fast foods, hamburger; single, regular patty; with condiments

Total lipid (fat)	S1066, S1122, S1064
Sodium, Na	S1066, S1122, S1064
Manganese, Mn	S1066, S1122, S1064
Thiamin	S1066, S1122, S1064
Vitamin K (phylloquinone)	S1066, S1122, S1064
Cholesterol	S1066, S1122, S1064
14:0	S1066, S1122, S1064
18:2 undifferentiated	S1066, S1122, S1064
16:1 undifferentiated	S1066, S1122, S1064
20:4 n-6	S1066
Maltose	S1066, S1122, S1064
Fiber, total dietary	S1066, S1122, S1064
Calcium, Ca	S1066, S1122, S1064
Phosphorus, P	S1066, S1122, S1064

NDB No. 21108 Fast foods, hamburger; single, regular patty; with condiments

Niacin	S1066, S1122, S1064
22:6 n-3 (DHA)	S1066, S1122, S1064
18:4	S1066, S1122
Fatty acids, total monounsaturated	S1066, S1122, S1064
17:0	S1066, S1122, S1064
24:0	S1066, S1122, S1064
16:1 t	S1066
18:1 t	S1066, S1064
20:2 n-6 c,c	S1066, S1122, S1064
17:1	S1066, S1122, S1064
Protein	S1066, S1122, S1064
Lactose	S1066, S1122, S1064
Iron, Fe	S1066, S1122, S1064
Potassium, K	S1066, S1122, S1064
Vitamin B-6	S1066, S1122, S1064
Folate, food	S1122, S1064
Fatty acids, total saturated	S1066, S1122, S1064
4:0	S1066, S1064
8:0	S1066, S1122, S1064
18:0	S1066, S1122, S1064
14:1	S1066, S1122, S1064
22:5 n-3 (DPA)	S1066, S1122
18:3 n-6 c,c,c	S1064
Fructose	S1066, S1122, S1064
Water	S1066, S1122, S1064
Folate, total	S1122, S1064
Vitamin B-12	S1066, S1122
16:1 c	S1066
18:3 n-3 c,c,c (ALA)	S1066, S1064
Ash	S1066, S1122, S1064
Sucrose	S1066, S1122, S1064
Zinc, Zn	S1066, S1122, S1064
Vitamin E (alpha-tocopherol)	S1122, S1064
Tocopherol, gamma	S1122, S1064
Tocopherol, delta	S1122, S1064
Vitamin C, total ascorbic acid	S1066, S1122, S1064
Pantothenic acid	S1066, S1122, S1064

NDB No. 21108 Fast foods, hamburger; single, regular patty; with condiments

Folic acid	S1122, S1064
10:0	S1066, S1122, S1064
20:5 n-3 (EPA)	S1066, S1122, S1064
22:1 undifferentiated	S1066, S1122, S1064
Fatty acids, total polyunsaturated	S1066, S1122, S1064
18:1 c	S1066, S1064
12:0	S1066, S1122, S1064
20:0	S1066, S1122, S1064
22:0	S1066, S1122, S1064
15:0	S1066, S1122, S1064
Starch	S1066, S1122, S1064
Sugars, total	S1064
Riboflavin	S1066, S1122, S1064
Dihydrophylloquinone	S1066, S1122, S1064
16:0	S1066, S1122, S1064
18:1 undifferentiated	S1066, S1122, S1064
18:3 undifferentiated	S1066, S1122, S1064
18:2 i	S1066
13:0	S1064
15:1	S1066, S1122, S1064
20:3 n-6	S1066
Glucose (dextrose)	S1066, S1122, S1064
Galactose	S1064
Magnesium, Mg	S1066, S1122, S1064
Copper, Cu	S1066, S1122, S1064
Selenium, Se	S1066, S1122, S1064
Tocopherol, beta	S1122, S1064
6:0	S1066, S1064
20:4 undifferentiated	S1066, S1122, S1064
20:1	S1066, S1122, S1064
18:2 n-6 c,c	S1066
20:3 undifferentiated	S1066, S1122, S1064

NDB No. 21114 Fast foods, hamburger; double, large patty; with condiments and vegetables

Choline, total	S1122, S1064
Betaine	S1122, S1064

NDB No. 21123 Sandwiches and burgers, steak sandwich

Fluoride, F	D5003

NDB No. 21127 Fast foods, coleslaw

Protein	S3773, S3557
Ash	S3773, S3557
Iron, Fe	S3773, S3557
Potassium, K	S3773, S3557
Niacin	S3773, S3557
Dihydrophylloquinone	S3557
14:0	S3773, S3557
16:1 undifferentiated	S3773, S3557
18:4	S3773, S3557
24:1 c	S3773, S3557
18:2 n-6 c,c	S3773, S3557
15:1	S3773, S3557
Sugars, total	S3773, S3557
Fiber, total dietary	S3773, S3557
Tocopherol, gamma	S3557
Fatty acids, total saturated	S3773, S3557
6:0	S3773, S3557
18:2 undifferentiated	S3773, S3557
15:0	S3773, S3557
20:3 n-3	S3773, S3557
22:4	S3773, S3557
Sodium, Na	S3773, S3557
Zinc, Zn	S3773, S3557
Pantothenic acid	S3773, S3557
8:0	S3773, S3557
20:5 n-3 (EPA)	S3773, S3557
22:5 n-3 (DPA)	S3773, S3557
Fatty acids, total monounsaturated	S3773, S3557
24:0	S3773, S3557
18:1 t	S3773, S3557
20:2 n-6 c,c	S3773, S3557
22:1 c	S3773, S3557
Sucrose	S3773, S3557

NDB No. 21127 Fast foods, coleslaw

Vitamin E (alpha-tocopherol)	S3557
Riboflavin	S3773, S3557
Vitamin B-12	S3773, S3557
Menaquinone-4	S3557
Vitamin K (phylloquinone)	S3557
12:0	S3773, S3557
16:0	S3773, S3557
22:1 undifferentiated	S3773, S3557
22:1 t	S3773, S3557
18:1 c	S3773, S3557
18:3 n-6 c,c,c	S3773, S3557
Fatty acids, total trans-polyenoic	S3773, S3557
20:3 n-6	S3773, S3557
Glucose (dextrose)	S3773, S3557
Water	S3773, S3557
Tocopherol, beta	S3557
18:1 undifferentiated	S3773, S3557
22:6 n-3 (DHA)	S3773, S3557
Lactose	S3773, S3557
Maltose	S3773, S3557
Galactose	S3773, S3557
Vitamin C, total ascorbic acid	S3773, S3557
Thiamin	S3773, S3557
Fatty acids, total polyunsaturated	S3773, S3557
17:0	S3773, S3557
18:2 CLAs	S3773, S3557
Magnesium, Mg	S3773, S3557
Copper, Cu	S3773, S3557
Manganese, Mn	S3773, S3557
Cholesterol	S3773, S3557
Fatty acids, total trans	S3773, S3557
4:0	S3773, S3557
10:0	S3773, S3557
18:0	S3773, S3557
20:0	S3773, S3557
20:4 undifferentiated	S3773, S3557
22:0	S3773, S3557

NDB No. 21127 Fast foods, coleslaw

14:1	S3773, S3557
16:1 t	S3773, S3557
17:1	S3773, S3557
20:3 undifferentiated	S3773, S3557
Fatty acids, total trans-monoenoic	S3773, S3557
Total lipid (fat)	S3773, S3557
Fructose	S3773, S3557
Calcium, Ca	S3773, S3557
Phosphorus, P	S3773, S3557
Retinol	S3773, S3557
Tocopherol, delta	S3557
Vitamin B-6	S3773, S3557
18:3 undifferentiated	S3773, S3557
20:1	S3773, S3557
18:2 t not further defined	S3773, S3557
16:1 c	S3773, S3557
18:3 n-3 c,c,c (ALA)	S3773, S3557

NDB No. 21138 Fast foods, potato, french fried in vegetable oil

Sugars, total	S1064
Calcium, Ca	S1066, S1122, S1064
Phosphorus, P	S1066, S1122, S1064
Lutein + zeaxanthin	S1122
Vitamin C, total ascorbic acid	S1066, S1122, S1064
Riboflavin	S1066, S1122, S1064
Tryptophan	S1066, S1122, S1064
Leucine	S1066, S1122, S1064
Glutamic acid	S1066, S1122, S1064
Proline	S1066, S1122, S1064
Fatty acids, total trans	S4881
18:1 undifferentiated	S4881
18:3 undifferentiated	S4881
Copper, Cu	S1066, S1122, S1064
Vitamin B-6	S1066, S1122, S1064
Betaine	S1066, S1122, S1064
Tyrosine	S1066, S1122, S1064

NDB No. 21138 Fast foods, potato, french fried in vegetable oil

Glycine	S1066, S1122, S1064
14:0	S4881
16:0	S4881
18:0	S4881
22:6 n-3 (DHA)	S1066, S1122, S1064
17:0	S4881
18:1 c	S4881
Protein	S1066, S1122, S1064
Magnesium, Mg	S1066, S1122, S1064
Selenium, Se	S1066, S1122, S1064
Tocopherol, beta	S1122, S1064
Tocopherol, delta	S1122, S1064
Choline, total	S1066, S1122, S1064
20:0	S4881
20:4 undifferentiated	S4881
Fatty acids, total polyunsaturated	S4881
Sodium, Na	S4881
Threonine	S1066, S1122, S1064
Methionine	S1066, S1122, S1064
Valine	S1066, S1122, S1064
Arginine	S1066, S1122, S1064
Serine	S1066, S1122, S1064
10:0	S4881
22:0	S4881
Fatty acids, total monounsaturated	S4881
18:2 n-6 c,c	S4881
Fiber, total dietary	S1066, S1122, S1064
Manganese, Mn	S1066, S1122, S1064
Carotene, beta	S1122
Carotene, alpha	S1122
Niacin	S1066, S1122, S1064
Pantothenic acid	S1066, S1122, S1064
Lysine	S1066, S1122, S1064
Cystine	S1066, S1122, S1064
Alanine	S1066, S1122, S1064
12:0	S4881
18:2 undifferentiated	S4881

NDB No. 21138 Fast foods, potato, french fried in vegetable oil

18:4	S1066, S1122, S1064
22:5 n-3 (DPA)	S1066, S1122, S1064
18:1 t	S4881
20:3 undifferentiated	S4881
Ash	S1066, S1122, S1064
Cryptoxanthin, beta	S1122
Tocopherol, gamma	S1122, S1064
Thiamin	S1066, S1122, S1064
Folate, total	S1066, S1122, S1064
Vitamin K (phylloquinone)	S1066, S1122, S1064
Aspartic acid	S1066, S1122, S1064
Fatty acids, total saturated	S4881
16:1 undifferentiated	S4881
20:1	S4881
24:0	S4881
20:2 n-6 c,c	S4881
Total lipid (fat)	S4881
Water	S2801
Iron, Fe	S1066, S1122, S1064
Dihydrophylloquinone	S1066, S1122, S1064
Phenylalanine	S1066, S1122, S1064
Hydroxyproline	S1064
4:0	S4881
8:0	S4881
22:1 undifferentiated	S4881
Potassium, K	S1066, S1122, S1064
Zinc, Zn	S1066, S1122, S1064
Vitamin E (alpha-tocopherol)	S1122, S1064
Lycopene	S1122
Isoleucine	S1066, S1122, S1064
Histidine	S1066, S1122, S1064
Cholesterol	S2801
6:0	S4881
20:5 n-3 (EPA)	S1066, S1122, S1064

NDB No. 21141 BURGER KING, Vanilla Shake

NDB No. 21141 BURGER KING, Vanilla Shake

Iron, Fe	S1064
Vitamin E (alpha-tocopherol)	S1064
Fatty acids, total saturated	S1064
4:0	S1064
10:0	S1064
16:0	S1064
22:0	S1064
15:0	S1064
Starch	S1064
Sucrose	S1064
Phosphorus, P	S1064
Cholesterol	S1064
8:0	S1064
20:3 n-6	S1064
Maltose	S1064
Potassium, K	S1064
Pantothenic acid	S1064
Fatty acids, total trans	S1064
12:0	S1064
14:1	S1064
17:0	S1064
16:1 t	S1064
18:1 t	S1064
16:1 c	S1064
18:3 n-6 c,c,c	S1064
Fatty acids, total trans-monoenoic	S1064
15:1	S1064
Protein	S1064
Fructose	S1064
Calcium, Ca	S1064
Magnesium, Mg	S1064
Zinc, Zn	S1064
Vitamin B-6	S1064
14:0	S1064
20:4 undifferentiated	S1064
16:1 undifferentiated	S1064
24:0	S1064

NDB No. 21141 BURGER KING, Vanilla Shake

18:2 CLAs	S1064
Fatty acids, total trans-polyenoic	S1064
18:3 n-3 c,c,c (ALA)	S1064
Galactose	S1064
Copper, Cu	S1064
Manganese, Mn	S1064
Selenium, Se	S1064
Vitamin C, total ascorbic acid	S1064
Thiamin	S1064
18:0	S1064
20:0	S1064
18:2 t not further defined	S1064
24:1 c	S1064
18:2 n-6 c,c	S1064
Niacin	S1064
Vitamin B-12	S1064
6:0	S1064
22:5 n-3 (DPA)	S1064
Fatty acids, total monounsaturated	S1064
22:1 t	S1064
20:2 n-6 c,c	S1064
Total lipid (fat)	S1064
Lactose	S1064
Water	S1064
Sugars, total	S1064
Fiber, total dietary	S1064
22:6 n-3 (DHA)	S1064
20:1	S1064
Fatty acids, total polyunsaturated	S1064
18:1 c	S1064
Ash	S1064
Glucose (dextrose)	S1064
Sodium, Na	S1064
Riboflavin	S1064
18:1 undifferentiated	S1064
18:4	S1064
20:5 n-3 (EPA)	S1064

NDB No. 21141 BURGER KING, Vanilla Shake

22:1 c	S1064
17:1	S1064

NDB No. 21202 Fast foods, hamburger, large, single patty, with condiments

Iron, Fe	S1122
Tocopherol, beta	S1122
Vitamin C, total ascorbic acid	S1122
Folate, total	S1122
Vitamin B-12	S1122
Folate, food	S1122
Betaine	S1066, S1122, S1064
Cholesterol	S1122
20:5 n-3 (EPA)	S1122
20:2 n-6 c,c	S1122
15:1	S1122
Lactose	S1122
Magnesium, Mg	S1122
Potassium, K	S1122
Zinc, Zn	S1122
Copper, Cu	S1122
Pantothenic acid	S1122
Dihydrophylloquinone	S1122
Folic acid	S1122
10:0	S1122
14:0	S1122
22:6 n-3 (DHA)	S1122
16:1 undifferentiated	S1122
Fatty acids, total monounsaturated	S1122
17:1	S1122
Sucrose	S1122
Riboflavin	S1122
Fatty acids, total saturated	S1122
18:0	S1122
20:0	S1122
18:1 undifferentiated	S1122
18:4	S1122

NDB No. 21202 Fast foods, hamburger, large, single patty, with condiments

20:1	S1122
Water	S1122
Vitamin E (alpha-tocopherol)	S1122
Vitamin K (phylloquinone)	S1122
22:0	S1122
Fatty acids, total polyunsaturated	S1122
17:0	S1122
Protein	S1122
Total lipid (fat)	S1122
Ash	S1122
Fructose	S1122
Tocopherol, gamma	S1122
8:0	S1122
12:0	S1122
24:0	S1122
Starch	S1122
Fiber, total dietary	S1122
Calcium, Ca	S1122
Phosphorus, P	S1122
Fluoride, F	D5007
Manganese, Mn	S1122
Selenium, Se	S1122
Thiamin	S1122
Niacin	S1122
Vitamin B-6	S1122
16:0	S1122
18:3 undifferentiated	S1122
14:1	S1122
Glucose (dextrose)	S1122
Maltose	S1122
Tocopherol, delta	S1122
18:2 undifferentiated	S1122
22:1 undifferentiated	S1122
Sodium, Na	S1122
Choline, total	S1066, S1122, S1064
20:4 undifferentiated	S1122
22:5 n-3 (DPA)	S1122

NDB No. 21202 Fast foods, hamburger, large, single patty, with condiments

15:0	S1122
20:3 undifferentiated	S1122

NDB No. 21224 Pizza, cheese topping, regular crust, frozen, cooked

Iron, Fe	S19
Magnesium, Mg	S19
Niacin	S19
Vitamin B-12	S19
Threonine	S19
Isoleucine	S19
Cystine	S19
12:0	S19
18:1 undifferentiated	S19
Sucrose	S19
Maltose	S19
Calcium, Ca	S19
Phosphorus, P	S19
Sodium, Na	S19
Vitamin C, total ascorbic acid	S19
Thiamin	S19
Folate, total	S19
Phenylalanine	S19
Tyrosine	S19
18:0	S19
18:3 undifferentiated	S19
Fructose	S19
Water	S19
Glutamic acid	S19
Glycine	S19
Copper, Cu	S19
Selenium, Se	S19
Vitamin B-6	S19
Valine	S19
Arginine	S19
Serine	S19
18:2 undifferentiated	S19

NDB No. 21224 Pizza, cheese topping, regular crust, frozen, cooked

Lactose	S19
Potassium, K	S19
Zinc, Zn	S19
Pantothenic acid	S19
Starch	S19
Fluoride, F	D5007, D5003
Manganese, Mn	S19
Leucine	S19
Methionine	S19
Alanine	S19
Aspartic acid	S19
14:0	S19
16:0	S19
16:1 undifferentiated	S19
Protein	S19
Total lipid (fat)	S19
Ash	S19
Fiber, total dietary	S19
Tryptophan	S19
Lysine	S19
Proline	S19
Cholesterol	S19
Glucose (dextrose)	S19
Riboflavin	S19
Histidine	S19
10:0	S19

NDB No. 21225 Pizza, cheese topping, rising crust, frozen, cooked

Maltose	S19
Phenylalanine	S19
Arginine	S19
Alanine	S19
18:3 undifferentiated	S19
Fiber, total dietary	S19
Potassium, K	S19
Thiamin	S19

NDB No. 21225 Pizza, cheese topping, rising crust, frozen, cooked

18:0	S19
Manganese, Mn	S19
Threonine	S19
Methionine	S19
Cystine	S19
16:0	S19
18:1 undifferentiated	S19
Total lipid (fat)	S19
Glucose (dextrose)	S19
Fructose	S19
Water	S19
Vitamin B-6	S19
Tryptophan	S19
Proline	S19
Serine	S19
18:2 undifferentiated	S19
Protein	S19
Ash	S19
Iron, Fe	S19
Vitamin C, total ascorbic acid	S19
Pantothenic acid	S19
Lysine	S19
16:1 undifferentiated	S19
Sodium, Na	S19
Zinc, Zn	S19
Copper, Cu	S19
Riboflavin	S19
Glycine	S19
12:0	S19
14:0	S19
Magnesium, Mg	S19
Phosphorus, P	S19
Selenium, Se	S19
Niacin	S19
Vitamin B-12	S19
Leucine	S19
Tyrosine	S19

NDB No. 21225 Pizza, cheese topping, rising crust, frozen, cooked

Histidine	S19
Aspartic acid	S19
Cholesterol	S19
10:0	S19
Starch	S19
Calcium, Ca	S19
Folate, total	S19
Isoleucine	S19
Valine	S19
Glutamic acid	S19

NDB No. 21226 Pizza, meat and vegetable topping, regular crust, frozen, cooked

Fructose	S22
Fiber, total dietary	S22
Iron, Fe	S22
Pantothenic acid	S22
Cholesterol	S22
16:0	S22
18:0	S22
18:3 undifferentiated	S22
Phosphorus, P	S22
Zinc, Zn	S22
Vitamin B-12	S22
Calcium, Ca	S22
Riboflavin	S22
Vitamin B-6	S22
18:1 undifferentiated	S22
18:2 undifferentiated	S22
Fatty acids, total polyunsaturated	S22
Protein	S22
Total lipid (fat)	S22
Thiamin	S22
Niacin	S22
Water	S22
Fatty acids, total monounsaturated	S22
Potassium, K	S22

NDB No. 21226 Pizza, meat and vegetable topping, regular crust, frozen, cooked

Vitamin C, total ascorbic acid	S22
Folate, total	S22
Choline, total	S22
Fatty acids, total saturated	S22
16:1 undifferentiated	S22
Ash	S22
Starch	S22
Glucose (dextrose)	S22
Galactose	S22
Copper, Cu	S22
Manganese, Mn	S22
Betaine	S22
12:0	S22
Maltose	S22
Magnesium, Mg	S22
Sodium, Na	S22
Selenium, Se	S22
10:0	S22
14:0	S22

NDB No. 21227 Pizza, meat and vegetable topping, rising crust, frozen, cooked

Magnesium, Mg	S22
Manganese, Mn	S22
16:1 undifferentiated	S22
Water	S22
Fiber, total dietary	S22
Iron, Fe	S22
Vitamin B-6	S22
Protein	S22
Galactose	S22
Vitamin C, total ascorbic acid	S22
Fatty acids, total saturated	S22
18:1 undifferentiated	S22
Total lipid (fat)	S22
Ash	S22
Starch	S22

NDB No. 21227 Pizza, meat and vegetable topping, rising crust, frozen, cooked

Copper, Cu	S22
Cholesterol	S22
12:0	S22
14:0	S22
16:0	S22
Fatty acids, total polyunsaturated	S22
Calcium, Ca	S22
Phosphorus, P	S22
18:2 undifferentiated	S22
Glucose (dextrose)	S22
Potassium, K	S22
Selenium, Se	S22
Pantothenic acid	S22
Fatty acids, total monounsaturated	S22
Fructose	S22
Zinc, Zn	S22
Thiamin	S22
Riboflavin	S22
Niacin	S22
Folate, total	S22
Vitamin B-12	S22
18:0	S22
18:3 undifferentiated	S22
Maltose	S22
Sodium, Na	S22

NDB No. 21229 Fast foods, chicken, breaded and fried, boneless pieces, plain

Iron, Fe	S1122
Magnesium, Mg	S1122
Phosphorus, P	S1122
Riboflavin	S1122
Folate, total	S1122
Betaine	S1066, S1122
18:4	S1122
22:1 undifferentiated	S1122
Sucrose	S1122

NDB No. 21229 Fast foods, chicken, breaded and fried, boneless pieces, plain

Copper, Cu	S1122
Dihydrophylloquinone	S1122
Folate, food	S1122
Methionine	S1122
12:0	S1122
14:0	S1122
22:5 n-3 (DPA)	S1122
15:0	S1122
17:0	S1122
17:1	S1122
Glucose (dextrose)	S1122
Tocopherol, beta	S1122
Pantothenic acid	S1122
Leucine	S1122
Lysine	S1122
Aspartic acid	S1122
20:0	S1122
22:6 n-3 (DHA)	S1122
20:1	S1122
20:3 undifferentiated	S1122
Total lipid (fat)	S1122
Ash	S1122
Choline, total	S1066, S1122
Tryptophan	S1122
Isoleucine	S1122
Fatty acids, total saturated	S1122
Water	S1122
Vitamin E (alpha-tocopherol)	S1122
Tocopherol, gamma	S1122
Vitamin C, total ascorbic acid	S1122
Vitamin B-12	S1122
Vitamin K (phylloquinone)	S1122
Cystine	S1122
Tyrosine	S1122
Histidine	S1122
Proline	S1122
16:0	S1122

NDB No. 21229 Fast foods, chicken, breaded and fried, boneless pieces, plain

18:1 undifferentiated	S1122
18:3 undifferentiated	S1122
Fatty acids, total polyunsaturated	S1122
24:0	S1122
20:2 n-6 c,c	S1122
Lactose	S1122
Fiber, total dietary	S1122
Calcium, Ca	S1122
Potassium, K	S1122
Zinc, Zn	S1122
Selenium, Se	S1122
Vitamin B-6	S1122
Threonine	S1122
Phenylalanine	S1122
Valine	S1122
Arginine	S1122
20:4 undifferentiated	S1122
14:1	S1122
20:5 n-3 (EPA)	S1122
Protein	S1122
Fructose	S1122
Maltose	S1122
Tocopherol, delta	S1122
Niacin	S1122
Glutamic acid	S1122
Glycine	S1122
Serine	S1122
8:0	S1122
10:0	S1122
16:1 undifferentiated	S1122
Sodium, Na	S1122
Fluoride, F	D5301
Manganese, Mn	S1122
Thiamin	S1122
Folic acid	S1122
Alanine	S1122
Cholesterol	S1122

NDB No. 21229 Fast foods, chicken, breaded and fried, boneless pieces, plain

18:0	S1122
18:2 undifferentiated	S1122
22:0	S1122
Fatty acids, total monounsaturated	S1122
15:1	S1122

NDB No. 21230 Fast Foods, crispy chicken filet sandwich, with lettuce, tomato and mayonnaise

Lactose	S1122
Zinc, Zn	S1122
Copper, Cu	S1122
Tryptophan	S1122
Cystine	S1122
Arginine	S1122
Histidine	S1122
10:0	S1122
20:3 undifferentiated	S1122
Total lipid (fat)	S1122
Starch	S1122
Sucrose	S1122
Water	S1122
Vitamin C, total ascorbic acid	S1122
Choline, total	S1122
Leucine	S1122
16:0	S1122
18:0	S1122
22:1 undifferentiated	S1122
15:1	S1122
Glucose (dextrose)	S1122
Potassium, K	S1122
Selenium, Se	S1122
Tocopherol, delta	S1122
Niacin	S1122
Pantothenic acid	S1122
Folate, total	S1122
Lysine	S1122
Phenylalanine	S1122

NDB No. 21230 Fast Foods, crispy chicken filet sandwich, with lettuce, tomato and mayonnaise

Tyrosine	S1122
Proline	S1122
12:0	S1122
Fiber, total dietary	S1122
Tocopherol, beta	S1122
Vitamin B-6	S1122
Threonine	S1122
Glycine	S1122
8:0	S1122
20:5 n-3 (EPA)	S1122
24:0	S1122
17:1	S1122
Fructose	S1122
Maltose	S1122
Betaine	S1122
Valine	S1122
Alanine	S1122
Aspartic acid	S1122
18:1 undifferentiated	S1122
18:3 undifferentiated	S1122
20:4 undifferentiated	S1122
20:2 n-6 c,c	S1122
Sodium, Na	S1122
Vitamin E (alpha-tocopherol)	S1122
Dihydrophylloquinone	S1122
Folate, food	S1122
Glutamic acid	S1122
Cholesterol	S1122
Fatty acids, total saturated	S1122
14:0	S1122
18:2 undifferentiated	S1122
22:0	S1122
14:1	S1122
Protein	S1122
Phosphorus, P	S1122
Thiamin	S1122
Vitamin B-12	S1122

NDB No. 21230 Fast Foods, crispy chicken filet sandwich, with lettuce, tomato and mayonnaise

Vitamin K (phylloquinone)	S1122
Folic acid	S1122
Methionine	S1122
Serine	S1122
22:6 n-3 (DHA)	S1122
22:5 n-3 (DPA)	S1122
Fatty acids, total monounsaturated	S1122
Fatty acids, total polyunsaturated	S1122
17:0	S1122
Ash	S1122
Calcium, Ca	S1122
Iron, Fe	S1122
Magnesium, Mg	S1122
Manganese, Mn	S1122
Tocopherol, gamma	S1122
Riboflavin	S1122
Isoleucine	S1122
20:0	S1122
16:1 undifferentiated	S1122
20:1	S1122
15:0	S1122

NDB No. 21238 McDONALD'S, French Fries

Sugars, total	S4881
20:4 undifferentiated	S4881
Fatty acids, total polyunsaturated	S4881
20:3 undifferentiated	S4881
Fatty acids, total trans-monoenoic	S4881
Cholesterol	S2801
Fatty acids, total saturated	S4881
18:0	S4881
18:1 c	S4881
17:1	S4881
Calcium, Ca	S4881
Iron, Fe	S4881

NDB No. 21238 McDONALD'S, French Fries

8:0	S4881
10:0	S4881
22:1 undifferentiated	S4881
Protein	S4881
Fatty acids, total trans	S4881
4:0	S4881
6:0	S4881
16:0	S4881
15:0	S4881
17:0	S4881
18:3 n-6 c,c,c	S4881
Sodium, Na	S4881
22:0	S4881
16:1 undifferentiated	S4881
20:1	S4881
24:0	S4881
18:1 undifferentiated	S4881
18:3 undifferentiated	S4881
Fatty acids, total monounsaturated	S4881
18:2 t,t	S4881
20:2 n-6 c,c	S4881
Fatty acids, total trans-polyenoic	S4881
15:1	S4881
Total lipid (fat)	S4881
18:2 undifferentiated	S4881
18:1 t	S4881
18:2 n-6 c,c	S4881
Fiber, total dietary	S4881
Vitamin C, total ascorbic acid	S4881
12:0	S4881
14:0	S4881
20:0	S4881
14:1	S4881
22:1 c	S4881
18:3 n-3 c,c,c (ALA)	S4881

NDB No. 21239 WENDY'S, CLASSIC SINGLE Hamburger, no cheese

Water	S1066
Riboflavin	S1066
Niacin	S1066
10:0	S1066
20:4 undifferentiated	S1066
Maltose	S1066
Iron, Fe	S1066
Vitamin K (phylloquinone)	S1066
Tryptophan	S1066
Threonine	S1066
Methionine	S1066
18:0	S1066
22:1 undifferentiated	S1066
Fatty acids, total polyunsaturated	S1066
17:1	S1066
Vitamin B-12	S1066
Arginine	S1066
Glycine	S1066
Serine	S1066
12:0	S1066
20:1	S1066
20:2 n-6 c,c	S1066
Protein	S1066
Calcium, Ca	S1066
Magnesium, Mg	S1066
Zinc, Zn	S1066
Selenium, Se	S1066
Thiamin	S1066
Vitamin B-6	S1066
Histidine	S1066
8:0	S1066
16:0	S1066
Total lipid (fat)	S1066
Ash	S1066
Potassium, K	S1066
Sodium, Na	S1066
Vitamin C, total ascorbic acid	S1066

NDB No. 21239 WENDY'S, CLASSIC SINGLE Hamburger, no cheese

Pantothenic acid	S1066
Isoleucine	S1066
Leucine	S1066
Phenylalanine	S1066
Alanine	S1066
20:0	S1066
22:5 n-3 (DPA)	S1066
Fatty acids, total monounsaturated	S1066
15:0	S1066
17:0	S1066
Phosphorus, P	S1066
Manganese, Mn	S1066
Dihydrophylloquinone	S1066
Cystine	S1066
Aspartic acid	S1066
Glutamic acid	S1066
Cholesterol	S1066
18:1 undifferentiated	S1066
18:2 undifferentiated	S1066
22:6 n-3 (DHA)	S1066
16:1 undifferentiated	S1066
20:5 n-3 (EPA)	S1066
20:3 undifferentiated	S1066
Glucose (dextrose)	S1066
Fructose	S1066
Lactose	S1066
Fiber, total dietary	S1066
Copper, Cu	S1066
Lysine	S1066
Valine	S1066
Proline	S1066
Fatty acids, total saturated	S1066
18:3 undifferentiated	S1066
22:0	S1066
Starch	S1066
Sucrose	S1066
Tyrosine	S1066

NDB No. 21239 WENDY'S, CLASSIC SINGLE Hamburger, no cheese

14:0	S1066
14:1	S1066
18:4	S1066
24:0	S1066
15:1	S1066

NDB No. 21240 WENDY'S, CLASSIC SINGLE Hamburger, with cheese

Ash	S1066
Lactose	S1066
Iron, Fe	S1066
Vitamin B-12	S1066
Cystine	S1066
Proline	S1066
6:0	S1066
15:0	S1066
17:1	S1066
18:3 n-3 c,c,c (ALA)	S1066
20:3 n-6	S1066
Calcium, Ca	S1066
Selenium, Se	S1066
Threonine	S1066
Phenylalanine	S1066
Glutamic acid	S1066
Serine	S1066
Fatty acids, total trans	S1066
10:0	S1066
18:0	S1066
22:6 n-3 (DHA)	S1066
22:5 n-3 (DPA)	S1066
18:2 i	S1066
16:1 c	S1066
Fatty acids, total trans-monoenoic	S1066
Fructose	S1066
Maltose	S1066
Zinc, Zn	S1066
Isoleucine	S1066

NDB No. 21240 WENDY'S, CLASSIC SINGLE Hamburger, with cheese

Lysine	S1066
Arginine	S1066
20:3 undifferentiated	S1066
Total lipid (fat)	S1066
Fiber, total dietary	S1066
Dihydrophylloquinone	S1066
Methionine	S1066
Aspartic acid	S1066
20:0	S1066
18:1 c	S1066
18:2 n-6 c,c	S1066
Protein	S1066
Glucose (dextrose)	S1066
Water	S1066
Vitamin C, total ascorbic acid	S1066
Niacin	S1066
Alanine	S1066
Glycine	S1066
Cholesterol	S1066
4:0	S1066
8:0	S1066
14:0	S1066
18:2 undifferentiated	S1066
22:0	S1066
16:1 undifferentiated	S1066
20:1	S1066
20:5 n-3 (EPA)	S1066
Fatty acids, total monounsaturated	S1066
Fatty acids, total polyunsaturated	S1066
24:0	S1066
Fatty acids, total trans-polyenoic	S1066
15:1	S1066
Magnesium, Mg	S1066
Riboflavin	S1066
Tyrosine	S1066
16:0	S1066
18:1 undifferentiated	S1066

NDB No. 21240 WENDY'S, CLASSIC SINGLE Hamburger, with cheese

18:3 undifferentiated	S1066
20:4 undifferentiated	S1066
17:0	S1066
20:4 n-6	S1066
Phosphorus, P	S1066
Manganese, Mn	S1066
Thiamin	S1066
Pantothenic acid	S1066
Tryptophan	S1066
Leucine	S1066
14:1	S1066
18:4	S1066
20:2 n-6 c,c	S1066
Starch	S1066
Sucrose	S1066
Potassium, K	S1066
Sodium, Na	S1066
Copper, Cu	S1066
Vitamin B-6	S1066
Vitamin K (phylloquinone)	S1066
Valine	S1066
Histidine	S1066
Fatty acids, total saturated	S1066
12:0	S1066
22:1 undifferentiated	S1066
16:1 t	S1066
18:1 t	S1066

NDB No. 21241 WENDY'S, Jr. Hamburger, without cheese

Lactose	S1066
Maltose	S1066
Iron, Fe	S1066
Zinc, Zn	S1066
Copper, Cu	S1066
Vitamin C, total ascorbic acid	S1066
Pantothenic acid	S1066

NDB No. 21241 WENDY'S, Jr. Hamburger, without cheese

Dihydrophylloquinone	S1066
Tyrosine	S1066
Cholesterol	S1066
16:0	S1066
18:3 undifferentiated	S1066
20:5 n-3 (EPA)	S1066
24:0	S1066
Total lipid (fat)	S1066
Glucose (dextrose)	S1066
Phosphorus, P	S1066
Riboflavin	S1066
Threonine	S1066
Methionine	S1066
Cystine	S1066
10:0	S1066
12:0	S1066
20:0	S1066
16:1 t	S1066
Sucrose	S1066
Fiber, total dietary	S1066
Potassium, K	S1066
Manganese, Mn	S1066
Leucine	S1066
Valine	S1066
14:0	S1066
18:2 undifferentiated	S1066
14:1	S1066
Fatty acids, total monounsaturated	S1066
20:2 n-6 c,c	S1066
20:3 undifferentiated	S1066
20:4 n-6	S1066
Magnesium, Mg	S1066
Tryptophan	S1066
Phenylalanine	S1066
Proline	S1066
8:0	S1066
20:1	S1066

NDB No. 21241 WENDY'S, Jr. Hamburger, without cheese

18:1 t	S1066
16:1 c	S1066
Ash	S1066
Selenium, Se	S1066
Niacin	S1066
Fatty acids, total trans	S1066
16:1 undifferentiated	S1066
18:4	S1066
22:5 n-3 (DPA)	S1066
18:1 c	S1066
Fatty acids, total trans-monoenoic	S1066
15:1	S1066
Water	S1066
Isoleucine	S1066
Lysine	S1066
6:0	S1066
18:0	S1066
22:6 n-3 (DHA)	S1066
22:0	S1066
22:1 undifferentiated	S1066
Fatty acids, total polyunsaturated	S1066
18:2 i	S1066
18:2 n-6 c,c	S1066
Fructose	S1066
Sodium, Na	S1066
Thiamin	S1066
Arginine	S1066
Histidine	S1066
Alanine	S1066
Serine	S1066
Fatty acids, total saturated	S1066
4:0	S1066
18:1 undifferentiated	S1066
20:4 undifferentiated	S1066
15:0	S1066
17:1	S1066
18:3 n-3 c,c,c (ALA)	S1066

NDB No. 21241 WENDY'S, Jr. Hamburger, without cheese

20:3 n-6	S1066
Protein	S1066
Starch	S1066
Calcium, Ca	S1066
Vitamin B-6	S1066
Vitamin B-12	S1066
Vitamin K (phylloquinone)	S1066
Aspartic acid	S1066
Glutamic acid	S1066
Glycine	S1066
17:0	S1066
Fatty acids, total trans-polyenoic	S1066

NDB No. 21242 WENDY'S, Jr. Hamburger, with cheese

Lactose	S1066
Water	S1066
Sodium, Na	S1066
Zinc, Zn	S1066
Vitamin C, total ascorbic acid	S1066
Niacin	S1066
Vitamin B-12	S1066
Leucine	S1066
Lysine	S1066
Tyrosine	S1066
Proline	S1066
20:4 undifferentiated	S1066
20:2 n-6 c,c	S1066
17:1	S1066
Phosphorus, P	S1066
Potassium, K	S1066
Manganese, Mn	S1066
Methionine	S1066
Cystine	S1066
Cholesterol	S1066
6:0	S1066
14:1	S1066

NDB No. 21242 WENDY'S, Jr. Hamburger, with cheese

18:2 i	S1066
18:1 c	S1066
Ash	S1066
Starch	S1066
Glucose (dextrose)	S1066
Fiber, total dietary	S1066
Calcium, Ca	S1066
Thiamin	S1066
Tryptophan	S1066
Phenylalanine	S1066
16:0	S1066
18:2 undifferentiated	S1066
22:6 n-3 (DHA)	S1066
16:1 undifferentiated	S1066
20:5 n-3 (EPA)	S1066
20:3 undifferentiated	S1066
15:1	S1066
20:4 n-6	S1066
Protein	S1066
Total lipid (fat)	S1066
Sucrose	S1066
Iron, Fe	S1066
Copper, Cu	S1066
Riboflavin	S1066
Dihydrophylloquinone	S1066
Histidine	S1066
Alanine	S1066
Fatty acids, total saturated	S1066
8:0	S1066
18:0	S1066
18:1 undifferentiated	S1066
20:1	S1066
22:5 n-3 (DPA)	S1066
24:0	S1066
18:1 t	S1066
Fatty acids, total trans-polyenoic	S1066
Magnesium, Mg	S1066

NDB No. 21242 WENDY'S, Jr. Hamburger, with cheese

Selenium, Se	S1066
Threonine	S1066
Arginine	S1066
Aspartic acid	S1066
20:0	S1066
15:0	S1066
17:0	S1066
18:2 n-6 c,c	S1066
Fatty acids, total trans-monoenoic	S1066
20:3 n-6	S1066
Pantothenic acid	S1066
Glutamic acid	S1066
18:3 undifferentiated	S1066
16:1 c	S1066
18:3 n-3 c,c,c (ALA)	S1066
Maltose	S1066
Glycine	S1066
10:0	S1066
14:0	S1066
22:0	S1066
22:1 undifferentiated	S1066
Fatty acids, total polyunsaturated	S1066
Fructose	S1066
Vitamin B-6	S1066
Vitamin K (phylloquinone)	S1066
Isoleucine	S1066
Valine	S1066
Serine	S1066
Fatty acids, total trans	S1066
4:0	S1066
12:0	S1066
18:4	S1066
Fatty acids, total monounsaturated	S1066
16:1 t	S1066

NDB No. 21243 WENDY'S, CLASSIC DOUBLE, with cheese

Starch	S1066
Vitamin B-12	S1066
12:0	S1066
Fatty acids, total monounsaturated	S1066
Vitamin C, total ascorbic acid	S1066
Thiamin	S1066
Histidine	S1066
Serine	S1066
18:3 undifferentiated	S1066
Fatty acids, total polyunsaturated	S1066
20:2 n-6 c,c	S1066
20:3 undifferentiated	S1066
Lactose	S1066
Water	S1066
Iron, Fe	S1066
Magnesium, Mg	S1066
Phosphorus, P	S1066
Zinc, Zn	S1066
Selenium, Se	S1066
Riboflavin	S1066
Threonine	S1066
Tyrosine	S1066
Glutamic acid	S1066
Proline	S1066
20:0	S1066
20:4 undifferentiated	S1066
Glucose (dextrose)	S1066
Potassium, K	S1066
Dihydrophylloquinone	S1066
Isoleucine	S1066
Methionine	S1066
Valine	S1066
Cholesterol	S1066
16:0	S1066
15:0	S1066
17:0	S1066
24:0	S1066

NDB No. 21243 WENDY'S, CLASSIC DOUBLE, with cheese

Total lipid (fat)	S1066
Ash	S1066
Sucrose	S1066
Fatty acids, total saturated	S1066
18:0	S1066
22:6 n-3 (DHA)	S1066
16:1 undifferentiated	S1066
22:1 undifferentiated	S1066
22:5 n-3 (DPA)	S1066
Maltose	S1066
Fiber, total dietary	S1066
Calcium, Ca	S1066
Sodium, Na	S1066
Niacin	S1066
Leucine	S1066
Lysine	S1066
Phenylalanine	S1066
8:0	S1066
14:0	S1066
20:1	S1066
20:5 n-3 (EPA)	S1066
Protein	S1066
Copper, Cu	S1066
Manganese, Mn	S1066
Pantothenic acid	S1066
Vitamin K (phylloquinone)	S1066
Tryptophan	S1066
Alanine	S1066
Glycine	S1066
10:0	S1066
18:1 undifferentiated	S1066
22:0	S1066
15:1	S1066
Fructose	S1066
Vitamin B-6	S1066
Cystine	S1066
Arginine	S1066

NDB No. 21243 WENDY'S, CLASSIC DOUBLE, with cheese

Aspartic acid	S1066
18:2 undifferentiated	S1066
14:1	S1066
18:4	S1066
17:1	S1066

NDB No. 21244 WENDY'S, Homestyle Chicken Fillet Sandwich

Glucose (dextrose)	S1066
Potassium, K	S1066
Selenium, Se	S1066
Thiamin	S1066
Leucine	S1066
Histidine	S1066
Aspartic acid	S1066
6:0	S1066
14:1	S1066
18:2 i	S1066
18:2 n-6 c,c	S1066
Fatty acids, total trans-monoenoic	S1066
Water	S1066
Isoleucine	S1066
Cystine	S1066
Phenylalanine	S1066
Alanine	S1066
Glutamic acid	S1066
Cholesterol	S1066
4:0	S1066
20:2 n-6 c,c	S1066
20:4 n-6	S1066
Total lipid (fat)	S1066
Ash	S1066
Starch	S1066
Sucrose	S1066
Copper, Cu	S1066
Manganese, Mn	S1066
Dihydrophylloquinone	S1066

NDB No. 21244 WENDY'S, Homestyle Chicken Fillet Sandwich

Serine	S1066
Fatty acids, total trans	S1066
10:0	S1066
14:0	S1066
22:1 undifferentiated	S1066
20:3 undifferentiated	S1066
Fructose	S1066
Glycine	S1066
Fatty acids, total saturated	S1066
18:2 undifferentiated	S1066
20:1	S1066
20:5 n-3 (EPA)	S1066
22:5 n-3 (DPA)	S1066
Fatty acids, total polyunsaturated	S1066
15:0	S1066
Lactose	S1066
Maltose	S1066
Fiber, total dietary	S1066
Iron, Fe	S1066
Phosphorus, P	S1066
Riboflavin	S1066
Vitamin B-6	S1066
Vitamin B-12	S1066
Vitamin K (phylloquinone)	S1066
Tryptophan	S1066
Methionine	S1066
Valine	S1066
Arginine	S1066
8:0	S1066
20:0	S1066
16:1 undifferentiated	S1066
Protein	S1066
Sodium, Na	S1066
Threonine	S1066
Tyrosine	S1066
Proline	S1066
12:0	S1066

NDB No. 21244 WENDY'S, Homestyle Chicken Fillet Sandwich

16:0	S1066
18:3 undifferentiated	S1066
20:4 undifferentiated	S1066
16:1 t	S1066
18:1 t	S1066
18:1 c	S1066
18:3 n-3 c,c,c (ALA)	S1066
Zinc, Zn	S1066
Niacin	S1066
18:0	S1066
18:1 undifferentiated	S1066
22:6 n-3 (DHA)	S1066
18:4	S1066
17:0	S1066
16:1 c	S1066
17:1	S1066
20:3 n-6	S1066
Calcium, Ca	S1066
Magnesium, Mg	S1066
Vitamin C, total ascorbic acid	S1066
Pantothenic acid	S1066
Lysine	S1066
22:0	S1066
Fatty acids, total monounsaturated	S1066
24:0	S1066
Fatty acids, total trans-polyenoic	S1066
15:1	S1066

NDB No. 21245 WENDY'S, Ultimate Chicken Grill Sandwich

Sucrose	S1066
Fiber, total dietary	S1066
Vitamin C, total ascorbic acid	S1066
Vitamin K (phylloquinone)	S1066
Methionine	S1066
Cystine	S1066
Tyrosine	S1066

NDB No. 21245 WENDY'S, Ultimate Chicken Grill Sandwich

Valine	S1066
8:0	S1066
16:0	S1066
18:4	S1066
20:1	S1066
20:2 n-6 c,c	S1066
Protein	S1066
Ash	S1066
Glucose (dextrose)	S1066
Vitamin B-12	S1066
20:0	S1066
20:4 undifferentiated	S1066
22:0	S1066
Total lipid (fat)	S1066
Calcium, Ca	S1066
Iron, Fe	S1066
Magnesium, Mg	S1066
Isoleucine	S1066
Leucine	S1066
Lysine	S1066
Glutamic acid	S1066
Serine	S1066
Cholesterol	S1066
10:0	S1066
18:0	S1066
14:1	S1066
Fatty acids, total polyunsaturated	S1066
15:1	S1066
Maltose	S1066
Sodium, Na	S1066
Threonine	S1066
Glycine	S1066
Proline	S1066
18:3 undifferentiated	S1066
15:0	S1066
Starch	S1066
Zinc, Zn	S1066

NDB No. 21245 WENDY'S, Ultimate Chicken Grill Sandwich

Niacin	S1066
Vitamin B-6	S1066
Phenylalanine	S1066
Histidine	S1066
Alanine	S1066
Fatty acids, total saturated	S1066
18:2 undifferentiated	S1066
20:5 n-3 (EPA)	S1066
17:0	S1066
Selenium, Se	S1066
Dihydrophylloquinone	S1066
14:0	S1066
Water	S1066
Potassium, K	S1066
Thiamin	S1066
Tryptophan	S1066
18:1 undifferentiated	S1066
22:6 n-3 (DHA)	S1066
16:1 undifferentiated	S1066
22:1 undifferentiated	S1066
17:1	S1066
Fructose	S1066
Lactose	S1066
Phosphorus, P	S1066
Copper, Cu	S1066
Manganese, Mn	S1066
Riboflavin	S1066
Arginine	S1066
Aspartic acid	S1066
12:0	S1066
22:5 n-3 (DPA)	S1066
Fatty acids, total monounsaturated	S1066
24:0	S1066
20:3 undifferentiated	S1066

NDB No. 21246 WENDY'S, Chicken Nuggets

NDB No. 21246 WENDY'S, Chicken Nuggets

Lactose	S1066
Maltose	S1066
Water	S1066
Manganese, Mn	S1066
Thiamin	S1066
Dihydrophylloquinone	S1066
Vitamin K (phylloquinone)	S1066
Cystine	S1066
Alanine	S1066
4:0	S1066
10:0	S1066
17:0	S1066
Ash	S1066
Iron, Fe	S1066
Isoleucine	S1066
Lysine	S1066
Cholesterol	S1066
Fatty acids, total monounsaturated	S1066
Potassium, K	S1066
Niacin	S1066
Leucine	S1066
Serine	S1066
14:0	S1066
16:0	S1066
Fiber, total dietary	S1066
Zinc, Zn	S1066
Copper, Cu	S1066
Valine	S1066
20:0	S1066
Protein	S1066
Tryptophan	S1066
Methionine	S1066
Tyrosine	S1066
Glycine	S1066
Proline	S1066
6:0	S1066
12:0	S1066

NDB No. 21246 WENDY'S, Chicken Nuggets

Fatty acids, total polyunsaturated	S1066
Total lipid (fat)	S1066
Starch	S1066
Fructose	S1066
Magnesium, Mg	S1066
Selenium, Se	S1066
Vitamin C, total ascorbic acid	S1066
Pantothenic acid	S1066
Vitamin B-6	S1066
Vitamin B-12	S1066
Threonine	S1066
Aspartic acid	S1066
Fatty acids, total saturated	S1066
8:0	S1066
22:0	S1066
15:0	S1066
Sucrose	S1066
Glucose (dextrose)	S1066
Calcium, Ca	S1066
Sodium, Na	S1066
Phenylalanine	S1066
Histidine	S1066
18:0	S1066
Phosphorus, P	S1066
Riboflavin	S1066
Arginine	S1066
Glutamic acid	S1066
24:0	S1066

NDB No. 21247 WENDY'S, French Fries

Riboflavin	S1066
Threonine	S1066
Isoleucine	S1066
Tyrosine	S1066
Proline	S1066
8:0	S1066

NDB No. 21247 WENDY'S, French Fries

Total lipid (fat)	S1066
Fructose	S1066
Serine	S1066
4:0	S1066
14:0	S1066
Sodium, Na	S1066
Zinc, Zn	S1066
Manganese, Mn	S1066
Leucine	S1066
6:0	S1066
18:0	S1066
Protein	S1066
Glucose (dextrose)	S1066
Lactose	S1066
Calcium, Ca	S1066
Iron, Fe	S1066
Methionine	S1066
Valine	S1066
Alanine	S1066
Fatty acids, total saturated	S1066
Maltose	S1066
Water	S1066
Magnesium, Mg	S1066
Vitamin C, total ascorbic acid	S1066
Folate, total	S1066
Dihydrophylloquinone	S1066
Phenylalanine	S1066
Glycine	S1066
12:0	S1066
22:0	S1066
Fatty acids, total monounsaturated	S1066
17:0	S1066
Ash	S1066
Starch	S1066
Selenium, Se	S1066
Niacin	S1066
Pantothenic acid	S1066

NDB No. 21247 WENDY'S, French Fries

Vitamin K (phylloquinone)	S1066
Histidine	S1066
Aspartic acid	S1066
10:0	S1066
24:0	S1066
Phosphorus, P	S1066
Potassium, K	S1066
Tryptophan	S1066
Lysine	S1066
Cystine	S1066
Arginine	S1066
16:0	S1066
Fatty acids, total polyunsaturated	S1066
Sucrose	S1066
Fiber, total dietary	S1066
Copper, Cu	S1066
Thiamin	S1066
Vitamin B-6	S1066
Glutamic acid	S1066
20:0	S1066

NDB No. 21248 WENDY'S, Frosty Dairy Dessert

Ash	S1066
Phenylalanine	S1066
Histidine	S1066
Fatty acids, total saturated	S1066
10:0	S1066
16:0	S1066
20:0	S1066
20:4 undifferentiated	S1066
22:6 n-3 (DHA)	S1066
Total lipid (fat)	S1066
Magnesium, Mg	S1066
Vitamin K (phylloquinone)	S1066
Threonine	S1066
Cholesterol	S1066

NDB No. 21248 WENDY'S, Frosty Dairy Dessert

18:0	S1066
20:1	S1066
20:5 n-3 (EPA)	S1066
22:5 n-3 (DPA)	S1066
20:3 undifferentiated	S1066
Starch	S1066
Lactose	S1066
Fiber, total dietary	S1066
Potassium, K	S1066
Isoleucine	S1066
Valine	S1066
Proline	S1066
18:2 undifferentiated	S1066
Fatty acids, total polyunsaturated	S1066
Sucrose	S1066
Maltose	S1066
Copper, Cu	S1066
Manganese, Mn	S1066
Aspartic acid	S1066
Glycine	S1066
12:0	S1066
22:1 undifferentiated	S1066
Fatty acids, total monounsaturated	S1066
Fructose	S1066
Water	S1066
Phosphorus, P	S1066
Niacin	S1066
Glutamic acid	S1066
8:0	S1066
14:0	S1066
14:1	S1066
15:0	S1066
17:0	S1066
20:2 n-6 c,c	S1066
Calcium, Ca	S1066
Sodium, Na	S1066
Zinc, Zn	S1066

NDB No. 21248 WENDY'S, Frosty Dairy Dessert

Dihydrophylloquinone	S1066
Betaine	S1066
Tryptophan	S1066
Tyrosine	S1066
Serine	S1066
18:3 undifferentiated	S1066
22:0	S1066
18:4	S1066
15:1	S1066
Glucose (dextrose)	S1066
Vitamin C, total ascorbic acid	S1066
Thiamin	S1066
Pantothenic acid	S1066
Vitamin B-6	S1066
Choline, total	S1066
Leucine	S1066
Lysine	S1066
Methionine	S1066
Cystine	S1066
Alanine	S1066
18:1 undifferentiated	S1066
Protein	S1066
Iron, Fe	S1066
Selenium, Se	S1066
Riboflavin	S1066
Vitamin B-12	S1066
Arginine	S1066
16:1 undifferentiated	S1066
24:0	S1066
17:1	S1066

NDB No. 21249 BURGER KING, French Fries

Total lipid (fat)	S1064
Sucrose	S1064
Sugars, total	S1064
Tocopherol, delta	S1064

NDB No. 21249 BURGER KING, French Fries

Vitamin C, total ascorbic acid	S1064
Dihydrophylloquinone	S1064
Lysine	S1064
Alanine	S1064
Ash	S1064
Tocopherol, beta	S1064
Thiamin	S1064
Tryptophan	S1064
Leucine	S1064
Phenylalanine	S1064
Valine	S1064
Histidine	S1064
Glycine	S1064
Proline	S1064
Serine	S1064
Sodium, Na	S1064
Zinc, Zn	S1064
Manganese, Mn	S1064
Galactose	S1064
Fiber, total dietary	S1064
Iron, Fe	S1064
Magnesium, Mg	S1064
Threonine	S1064
Vitamin E (alpha-tocopherol)	S1064
Riboflavin	S1064
Niacin	S1064
Isoleucine	S1064
Methionine	S1064
Aspartic acid	S1064
Hydroxyproline	S1064
Calcium, Ca	S1064
Phosphorus, P	S1064
Potassium, K	S1064
Starch	S1064
Fructose	S1064
Lactose	S1064
Maltose	S1064

NDB No. 21249 BURGER KING, French Fries

Tocopherol, gamma	S1064
Vitamin K (phylloquinone)	S1064
Cystine	S1064
Arginine	S1064
Protein	S1064
Glucose (dextrose)	S1064
Water	S1064
Copper, Cu	S1064
Selenium, Se	S1064
Pantothenic acid	S1064
Vitamin B-6	S1064
Tyrosine	S1064
Glutamic acid	S1064

NDB No. 21250 BURGER KING, Hamburger

Ash	S1064
Manganese, Mn	S1064
Niacin	S1064
Phenylalanine	S1064
Valine	S1064
Arginine	S1064
Glycine	S1064
Serine	S1064
20:1	S1064
22:1 undifferentiated	S1064
20:3 undifferentiated	S1064
Protein	S1064
Total lipid (fat)	S1064
Maltose	S1064
Iron, Fe	S1064
Potassium, K	S1064
Vitamin C, total ascorbic acid	S1064
Vitamin K (phylloquinone)	S1064
Alanine	S1064
Fatty acids, total trans	S1064
8:0	S1064

NDB No. 21250 BURGER KING, Hamburger

18:2 undifferentiated	S1064
15:1	S1064
18:3 n-3 c,c,c (ALA)	S1064
Sucrose	S1064
Vitamin E (alpha-tocopherol)	S1064
Riboflavin	S1064
Methionine	S1064
Aspartic acid	S1064
Fatty acids, total saturated	S1064
12:0	S1064
18:1 t	S1064
Calcium, Ca	S1064
Selenium, Se	S1064
Pantothenic acid	S1064
Folate, food	S1064
Cholesterol	S1064
20:5 n-3 (EPA)	S1064
15:0	S1064
Zinc, Zn	S1064
Thiamin	S1064
Dihydrophylloquinone	S1064
Tyrosine	S1064
Histidine	S1064
Glutamic acid	S1064
Hydroxyproline	S1064
4:0	S1064
10:0	S1064
14:0	S1064
16:1 undifferentiated	S1064
Fatty acids, total monounsaturated	S1064
20:2 n-6 c,c	S1064
13:0	S1064
Starch	S1064
Fructose	S1064
Sugars, total	S1064
Galactose	S1064
Phosphorus, P	S1064

NDB No. 21250 BURGER KING, Hamburger

Sodium, Na	S1064
Copper, Cu	S1064
Folate, total	S1064
Folic acid	S1064
Tryptophan	S1064
Isoleucine	S1064
Lysine	S1064
Cystine	S1064
Proline	S1064
20:0	S1064
18:3 n-6 c,c,c	S1064
Glucose (dextrose)	S1064
Lactose	S1064
Water	S1064
Fiber, total dietary	S1064
Magnesium, Mg	S1064
Tocopherol, delta	S1064
Vitamin B-6	S1064
6:0	S1064
16:0	S1064
18:1 undifferentiated	S1064
18:3 undifferentiated	S1064
20:4 undifferentiated	S1064
22:0	S1064
17:0	S1064
Fatty acids, total trans-monoenoic	S1064
Threonine	S1064
Leucine	S1064
18:0	S1064
22:6 n-3 (DHA)	S1064
14:1	S1064
Fatty acids, total polyunsaturated	S1064
24:0	S1064
18:1 c	S1064
17:1	S1064

NDB No. 21251 BURGER KING, Cheeseburger

Maltose	S1064
Zinc, Zn	S1064
Selenium, Se	S1064
Thiamin	S1064
Dihydrophylloquinone	S1064
Valine	S1064
Serine	S1064
4:0	S1064
18:3 undifferentiated	S1064
22:5 n-3 (DPA)	S1064
16:1 c	S1064
Total lipid (fat)	S1064
Lactose	S1064
Fiber, total dietary	S1064
Vitamin E (alpha-tocopherol)	S1064
Threonine	S1064
Lysine	S1064
Aspartic acid	S1064
Glycine	S1064
20:0	S1064
22:1 undifferentiated	S1064
15:0	S1064
18:2 i	S1064
18:3 n-3 c,c,c (ALA)	S1064
Sucrose	S1064
Water	S1064
Iron, Fe	S1064
Potassium, K	S1064
Copper, Cu	S1064
Leucine	S1064
Arginine	S1064
Histidine	S1064
Fatty acids, total saturated	S1064
10:0	S1064
12:0	S1064
Fatty acids, total monounsaturated	S1064
18:1 c	S1064

NDB No. 21251 BURGER KING, Cheeseburger

20:3 undifferentiated	S1064
Calcium, Ca	S1064
Tocopherol, gamma	S1064
Tocopherol, delta	S1064
Pantothenic acid	S1064
Tryptophan	S1064
Phenylalanine	S1064
Tyrosine	S1064
Glutamic acid	S1064
Hydroxyproline	S1064
14:0	S1064
18:2 undifferentiated	S1064
14:1	S1064
20:1	S1064
Starch	S1064
Magnesium, Mg	S1064
6:0	S1064
20:4 undifferentiated	S1064
18:4	S1064
Fatty acids, total polyunsaturated	S1064
17:0	S1064
20:2 n-6 c,c	S1064
Fatty acids, total trans-monoenoic	S1064
Galactose	S1064
Vitamin C, total ascorbic acid	S1064
Methionine	S1064
Cystine	S1064
Alanine	S1064
Proline	S1064
Cholesterol	S1064
18:1 undifferentiated	S1064
16:1 undifferentiated	S1064
16:1 t	S1064
Protein	S1064
Ash	S1064
Glucose (dextrose)	S1064
Sugars, total	S1064

NDB No. 21251 BURGER KING, Cheeseburger

Phosphorus, P	S1064
Tocopherol, beta	S1064
Riboflavin	S1064
Fatty acids, total trans	S1064
8:0	S1064
16:0	S1064
22:6 n-3 (DHA)	S1064
20:5 n-3 (EPA)	S1064
24:0	S1064
18:1 t	S1064
17:1	S1064
Fructose	S1064
Sodium, Na	S1064
Manganese, Mn	S1064
Niacin	S1064
Vitamin B-6	S1064
Vitamin K (phylloquinone)	S1064
Isoleucine	S1064
18:0	S1064
22:0	S1064
18:2 n-6 c,c	S1064
Fatty acids, total trans-polyenoic	S1064

NDB No. 21252 BURGER KING, WHOPPER, no cheese

Phosphorus, P	S1064
Manganese, Mn	S1064
Vitamin C, total ascorbic acid	S1064
Thiamin	S1064
Pantothenic acid	S1064
Vitamin B-6	S1064
Tryptophan	S1064
Lysine	S1064
Methionine	S1064
8:0	S1064
16:0	S1064
18:1 undifferentiated	S1064

NDB No. 21252 BURGER KING, WHOPPER, no cheese

17:0	S1064
18:2 i	S1064
Lactose	S1064
Maltose	S1064
Selenium, Se	S1064
12:0	S1064
14:0	S1064
18:1 c	S1064
17:1	S1064
Fatty acids, total trans-polyenoic	S1064
18:3 n-3 c,c,c (ALA)	S1064
Ash	S1064
Vitamin E (alpha-tocopherol)	S1064
Vitamin K (phylloquinone)	S1064
Threonine	S1064
Histidine	S1064
Aspartic acid	S1064
Glycine	S1064
22:0	S1064
15:0	S1064
20:3 undifferentiated	S1064
13:0	S1064
Total lipid (fat)	S1064
Calcium, Ca	S1064
Magnesium, Mg	S1064
Potassium, K	S1064
Tocopherol, delta	S1064
Riboflavin	S1064
Niacin	S1064
20:2 n-6 c,c	S1064
Glucose (dextrose)	S1064
Water	S1064
Tocopherol, gamma	S1064
Dihydrophylloquinone	S1064
Folate, food	S1064
Valine	S1064
Alanine	S1064

NDB No. 21252 BURGER KING, WHOPPER, no cheese

Glutamic acid	S1064
Serine	S1064
Fatty acids, total trans	S1064
Fatty acids, total saturated	S1064
6:0	S1064
18:2 undifferentiated	S1064
22:6 n-3 (DHA)	S1064
16:1 c	S1064
18:2 n-6 c,c	S1064
15:1	S1064
Sucrose	S1064
Sugars, total	S1064
Fiber, total dietary	S1064
Sodium, Na	S1064
Copper, Cu	S1064
Tocopherol, beta	S1064
Arginine	S1064
Proline	S1064
18:0	S1064
20:0	S1064
20:4 undifferentiated	S1064
16:1 undifferentiated	S1064
20:1	S1064
20:5 n-3 (EPA)	S1064
22:1 undifferentiated	S1064
Fatty acids, total polyunsaturated	S1064
24:0	S1064
18:3 n-6 c,c,c	S1064
Fatty acids, total trans-monoenoic	S1064
Galactose	S1064
Zinc, Zn	S1064
Leucine	S1064
Phenylalanine	S1064
Tyrosine	S1064
Cholesterol	S1064
4:0	S1064
10:0	S1064

NDB No. 21252 BURGER KING, WHOPPER, no cheese

22:5 n-3 (DPA)	S1064
16:1 t	S1064
Protein	S1064
Starch	S1064
Fructose	S1064
Iron, Fe	S1064
Folate, total	S1064
Folic acid	S1064
Isoleucine	S1064
Hydroxyproline	S1064
18:3 undifferentiated	S1064
14:1	S1064
18:4	S1064
Fatty acids, total monounsaturated	S1064
18:1 t	S1064

NDB No. 21253 BURGER KING, WHOPPER, with cheese

Ash	S1064
Lactose	S1064
Iron, Fe	S1064
Manganese, Mn	S1064
Tocopherol, beta	S1064
Tocopherol, delta	S1064
Vitamin C, total ascorbic acid	S1064
Niacin	S1064
Folate, food	S1064
Serine	S1064
Cholesterol	S1064
18:2 undifferentiated	S1064
Fatty acids, total monounsaturated	S1064
18:1 t	S1064
20:3 undifferentiated	S1064
Galactose	S1064
Folic acid	S1064
Lysine	S1064

NDB No. 21253 BURGER KING, WHOPPER, with cheese

Valine	S1064
22:6 n-3 (DHA)	S1064
22:1 undifferentiated	S1064
Maltose	S1064
Copper, Cu	S1064
Isoleucine	S1064
Methionine	S1064
Alanine	S1064
Proline	S1064
4:0	S1064
20:1	S1064
17:0	S1064
20:2 n-6 c,c	S1064
18:3 n-6 c,c,c	S1064
17:1	S1064
Protein	S1064
Total lipid (fat)	S1064
Calcium, Ca	S1064
Riboflavin	S1064
Dihydrophylloquinone	S1064
Fatty acids, total trans	S1064
10:0	S1064
14:0	S1064
20:0	S1064
20:4 undifferentiated	S1064
22:0	S1064
24:0	S1064
18:1 c	S1064
Glucose (dextrose)	S1064
Water	S1064
Fiber, total dietary	S1064
Potassium, K	S1064
Selenium, Se	S1064
Vitamin E (alpha-tocopherol)	S1064
Vitamin B-6	S1064
Vitamin K (phylloquinone)	S1064
Threonine	S1064

NDB No. 21253 BURGER KING, WHOPPER, with cheese

Phenylalanine	S1064
Tyrosine	S1064
Glutamic acid	S1064
Hydroxyproline	S1064
12:0	S1064
18:1 undifferentiated	S1064
20:5 n-3 (EPA)	S1064
Fatty acids, total polyunsaturated	S1064
13:0	S1064
18:3 n-3 c,c,c (ALA)	S1064
Sucrose	S1064
Sugars, total	S1064
Magnesium, Mg	S1064
Zinc, Zn	S1064
Pantothenic acid	S1064
Folate, total	S1064
Tryptophan	S1064
Leucine	S1064
Cystine	S1064
16:0	S1064
Fatty acids, total trans-monoenoic	S1064
Phosphorus, P	S1064
Tocopherol, gamma	S1064
Thiamin	S1064
Arginine	S1064
Histidine	S1064
6:0	S1064
18:0	S1064
14:1	S1064
16:1 undifferentiated	S1064
15:1	S1064
Fructose	S1064
Sodium, Na	S1064
Aspartic acid	S1064
Glycine	S1064
Fatty acids, total saturated	S1064
8:0	S1064

NDB No. 21253 BURGER KING, WHOPPER, with cheese

18:3 undifferentiated	S1064
15:0	S1064

NDB No. 21254 BURGER KING, DOUBLE WHOPPER, no cheese

Total lipid (fat)	S1064
Sugars, total	S1064
Magnesium, Mg	S1064
Serine	S1064
Galactose	S1064
Sodium, Na	S1064
Thiamin	S1064
Folate, total	S1064
Folate, food	S1064
Alanine	S1064
Proline	S1064
Fatty acids, total trans	S1064
Fatty acids, total saturated	S1064
18:2 undifferentiated	S1064
22:6 n-3 (DHA)	S1064
17:0	S1064
17:1	S1064
20:3 undifferentiated	S1064
Iron, Fe	S1064
Potassium, K	S1064
Zinc, Zn	S1064
Niacin	S1064
Vitamin K (phylloquinone)	S1064
Tryptophan	S1064
Lysine	S1064
Methionine	S1064
Cholesterol	S1064
20:4 undifferentiated	S1064
18:4	S1064
18:2 n-6 c,c	S1064
Fatty acids, total trans-polyenoic	S1064
Ash	S1064

NDB No. 21254 BURGER KING, DOUBLE WHOPPER, no cheese

Lactose	S1064
Vitamin C, total ascorbic acid	S1064
Aspartic acid	S1064
4:0	S1064
18:0	S1064
18:1 undifferentiated	S1064
22:5 n-3 (DPA)	S1064
18:2 i	S1064
20:2 n-6 c,c	S1064
Sucrose	S1064
Copper, Cu	S1064
Dihydrophylloquinone	S1064
Cystine	S1064
Hydroxyproline	S1064
10:0	S1064
20:5 n-3 (EPA)	S1064
22:1 undifferentiated	S1064
Fatty acids, total monounsaturated	S1064
Fatty acids, total polyunsaturated	S1064
24:0	S1064
18:1 t	S1064
Leucine	S1064
6:0	S1064
8:0	S1064
12:0	S1064
14:0	S1064
14:1	S1064
Starch	S1064
Maltose	S1064
Water	S1064
Calcium, Ca	S1064
Phosphorus, P	S1064
Riboflavin	S1064
Pantothenic acid	S1064
Folic acid	S1064
Valine	S1064
Histidine	S1064

NDB No. 21254 BURGER KING, DOUBLE WHOPPER, no cheese

Glutamic acid	S1064
16:0	S1064
20:0	S1064
18:3 undifferentiated	S1064
22:0	S1064
15:0	S1064
16:1 t	S1064
16:1 c	S1064
18:1 c	S1064
Fatty acids, total trans-monoenoic	S1064
18:3 n-3 c,c,c (ALA)	S1064
Protein	S1064
Glucose (dextrose)	S1064
Fructose	S1064
Fiber, total dietary	S1064
Manganese, Mn	S1064
Selenium, Se	S1064
Vitamin B-6	S1064
Threonine	S1064
Isoleucine	S1064
Phenylalanine	S1064
Tyrosine	S1064
Arginine	S1064
Glycine	S1064
16:1 undifferentiated	S1064
20:1	S1064

NDB No. 21255 BURGER KING, DOUBLE WHOPPER, with cheese

Starch	S1064
Lactose	S1064
Magnesium, Mg	S1064
Tocopherol, gamma	S1064
Pantothenic acid	S1064
Vitamin B-6	S1064
Arginine	S1064
Glutamic acid	S1064

NDB No. 21255 BURGER KING, DOUBLE WHOPPER, with cheese

Serine	S1064
12:0	S1064
18:1 undifferentiated	S1064
20:4 undifferentiated	S1064
22:6 n-3 (DHA)	S1064
Fatty acids, total polyunsaturated	S1064
24:0	S1064
18:1 t	S1064
Total lipid (fat)	S1064
Maltose	S1064
Fiber, total dietary	S1064
Zinc, Zn	S1064
Vitamin E (alpha-tocopherol)	S1064
Vitamin C, total ascorbic acid	S1064
Aspartic acid	S1064
8:0	S1064
20:0	S1064
22:0	S1064
20:1	S1064
20:3 undifferentiated	S1064
15:1	S1064
18:3 n-3 c,c,c (ALA)	S1064
Iron, Fe	S1064
Thiamin	S1064
Vitamin K (phylloquinone)	S1064
Isoleucine	S1064
Lysine	S1064
Histidine	S1064
Hydroxyproline	S1064
6:0	S1064
14:1	S1064
22:1 undifferentiated	S1064
17:1	S1064
Glucose (dextrose)	S1064
Manganese, Mn	S1064
Riboflavin	S1064
Folate, food	S1064

NDB No. 21255 BURGER KING, DOUBLE WHOPPER, with cheese

Methionine	S1064
Phenylalanine	S1064
18:3 undifferentiated	S1064
Ash	S1064
Fructose	S1064
Sodium, Na	S1064
Tocopherol, beta	S1064
Dihydrophylloquinone	S1064
Tryptophan	S1064
Alanine	S1064
Glycine	S1064
Fatty acids, total trans	S1064
18:0	S1064
16:1 undifferentiated	S1064
17:0	S1064
Fatty acids, total trans-monoenoic	S1064
Water	S1064
Copper, Cu	S1064
Niacin	S1064
Folic acid	S1064
Tyrosine	S1064
Fatty acids, total saturated	S1064
10:0	S1064
20:2 n-6 c,c	S1064
18:1 c	S1064
Protein	S1064
Sucrose	S1064
Sugars, total	S1064
Phosphorus, P	S1064
Selenium, Se	S1064
Leucine	S1064
Proline	S1064
4:0	S1064
18:3 n-6 c,c,c	S1064
13:0	S1064
Galactose	S1064
Calcium, Ca	S1064

NDB No. 21255 BURGER KING, DOUBLE WHOPPER, with cheese

Potassium, K	S1064
Tocopherol, delta	S1064
Folate, total	S1064
Threonine	S1064
Cystine	S1064
Valine	S1064
Cholesterol	S1064
14:0	S1064
16:0	S1064
18:2 undifferentiated	S1064
20:5 n-3 (EPA)	S1064
Fatty acids, total monounsaturated	S1064
15:0	S1064

NDB No. 21256 BURGER KING, CHICKEN TENDERS

Starch	S1064
Lactose	S1064
Iron, Fe	S1064
Magnesium, Mg	S1064
Pantothenic acid	S1064
Isoleucine	S1064
Phenylalanine	S1064
Glucose (dextrose)	S1064
Zinc, Zn	S1064
Niacin	S1064
Vitamin B-6	S1064
Folate, total	S1064
Leucine	S1064
Serine	S1064
Sucrose	S1064
Fructose	S1064
Phosphorus, P	S1064
Potassium, K	S1064
Sodium, Na	S1064
Manganese, Mn	S1064
Riboflavin	S1064

NDB No. 21256 BURGER KING, CHICKEN TENDERS

Folic acid	S1064
Valine	S1064
Glutamic acid	S1064
Cholesterol	S1064
Total lipid (fat)	S1064
Ash	S1064
Sugars, total	S1064
Fiber, total dietary	S1064
Copper, Cu	S1064
Tryptophan	S1064
Threonine	S1064
Cystine	S1064
Arginine	S1064
Protein	S1064
Galactose	S1064
Selenium, Se	S1064
Vitamin C, total ascorbic acid	S1064
Folate, food	S1064
Methionine	S1064
Tyrosine	S1064
Histidine	S1064
Alanine	S1064
Glycine	S1064
Maltose	S1064
Water	S1064
Tocopherol, beta	S1064
Tocopherol, gamma	S1064
Proline	S1064
Vitamin E (alpha-tocopherol)	S1064
Tocopherol, delta	S1064
Vitamin K (phylloquinone)	S1064
Lysine	S1064
Hydroxyproline	S1064
Calcium, Ca	S1064
Thiamin	S1064
Dihydrophylloquinone	S1064
Aspartic acid	S1064

NDB No. 21257 BURGER KING, Chicken WHOPPER Sandwich

Protein	S1064
Thiamin	S1064
Vitamin B-6	S1064
Folic acid	S1064
Folate, food	S1064
Alanine	S1064
4:0	S1064
22:6 n-3 (DHA)	S1064
20:1	S1064
Fatty acids, total monounsaturated	S1064
20:3 undifferentiated	S1064
Sugars, total	S1064
Iron, Fe	S1064
Copper, Cu	S1064
Phenylalanine	S1064
Arginine	S1064
Glycine	S1064
Proline	S1064
8:0	S1064
20:4 undifferentiated	S1064
18:1 t	S1064
18:1 c	S1064
17:1	S1064
Maltose	S1064
Galactose	S1064
Calcium, Ca	S1064
Magnesium, Mg	S1064
Pantothenic acid	S1064
Glutamic acid	S1064
18:0	S1064
22:0	S1064
24:0	S1064
20:2 n-6 c,c	S1064
18:3 n-6 c,c,c	S1064
Water	S1064
Sodium, Na	S1064
Vitamin K (phylloquinone)	S1064

NDB No. 21257 BURGER KING, Chicken WHOPPER Sandwich

Tryptophan	S1064
Isoleucine	S1064
Methionine	S1064
Valine	S1064
Cholesterol	S1064
14:0	S1064
Fructose	S1064
Fiber, total dietary	S1064
Phosphorus, P	S1064
Potassium, K	S1064
Vitamin C, total ascorbic acid	S1064
Riboflavin	S1064
Folate, total	S1064
Threonine	S1064
Lysine	S1064
18:1 undifferentiated	S1064
20:5 n-3 (EPA)	S1064
22:1 undifferentiated	S1064
15:0	S1064
Fatty acids, total trans-monoenoic	S1064
18:3 n-3 c,c,c (ALA)	S1064
Ash	S1064
Glucose (dextrose)	S1064
Fatty acids, total saturated	S1064
20:0	S1064
Fatty acids, total polyunsaturated	S1064
15:1	S1064
Manganese, Mn	S1064
Selenium, Se	S1064
Histidine	S1064
Serine	S1064
Hydroxyproline	S1064
12:0	S1064
16:0	S1064
18:2 undifferentiated	S1064
14:1	S1064
17:0	S1064

NDB No. 21257 BURGER KING, Chicken WHOPPER Sandwich

13:0	S1064
Total lipid (fat)	S1064
Sucrose	S1064
Lactose	S1064
Zinc, Zn	S1064
Niacin	S1064
Dihydrophylloquinone	S1064
Leucine	S1064
Cystine	S1064
Tyrosine	S1064
Aspartic acid	S1064
Fatty acids, total trans	S1064
6:0	S1064
10:0	S1064
18:3 undifferentiated	S1064
16:1 undifferentiated	S1064

NDB No. 21259 BURGER KING, Original Chicken Sandwich

Total lipid (fat)	S1064
Ash	S1064
Vitamin C, total ascorbic acid	S1064
Vitamin B-6	S1064
Folate, food	S1064
Methionine	S1064
Tyrosine	S1064
Valine	S1064
Histidine	S1064
Proline	S1064
Sucrose	S1064
Water	S1064
Potassium, K	S1064
Pantothenic acid	S1064
Tryptophan	S1064
Glucose (dextrose)	S1064
Sugars, total	S1064
Selenium, Se	S1064

NDB No. 21259 BURGER KING, Original Chicken Sandwich

Folate, total	S1064
Dihydrophylloquinone	S1064
Threonine	S1064
Protein	S1064
Lactose	S1064
Calcium, Ca	S1064
Lysine	S1064
Aspartic acid	S1064
Manganese, Mn	S1064
Leucine	S1064
Phenylalanine	S1064
Glycine	S1064
Cholesterol	S1064
Phosphorus, P	S1064
Folic acid	S1064
Isoleucine	S1064
Arginine	S1064
Alanine	S1064
Serine	S1064
Starch	S1064
Fructose	S1064
Fiber, total dietary	S1064
Iron, Fe	S1064
Sodium, Na	S1064
Zinc, Zn	S1064
Copper, Cu	S1064
Niacin	S1064
Vitamin K (phylloquinone)	S1064
Maltose	S1064
Galactose	S1064
Magnesium, Mg	S1064
Thiamin	S1064
Riboflavin	S1064
Cystine	S1064
Glutamic acid	S1064
Hydroxyproline	S1064

NDB No. 21260 TACO BELL, Original Taco with beef

Glucose (dextrose)	S1082
Iron, Fe	S1082
Carotene, alpha	S1082
Vitamin B-12	S1082
Folate, food	S1082
Lysine	S1082
Glycine	S1082
Fatty acids, total saturated	S1082
20:0	S1082
18:2 undifferentiated	S1082
18:3 undifferentiated	S1082
22:6 n-3 (DHA)	S1082
Fatty acids, total polyunsaturated	S1082
20:3 undifferentiated	S1082
Lactose	S1082
Sodium, Na	S1082
Copper, Cu	S1082
Selenium, Se	S1082
Tocopherol, beta	S1082
Vitamin B-6	S1082
Dihydrophylloquinone	S1082
Vitamin K (phylloquinone)	S1082
Folic acid	S1082
Leucine	S1082
Cystine	S1082
12:0	S1082
18:4	S1082
22:5 n-3 (DPA)	S1082
Fructose	S1082
Zinc, Zn	S1082
Tocopherol, gamma	S1082
Threonine	S1082
Isoleucine	S1082
Methionine	S1082
Alanine	S1082
Aspartic acid	S1082
Serine	S1082

NDB No. 21260 TACO BELL, Original Taco with beef

Fatty acids, total monounsaturated	S1082
24:0	S1082
Fiber, total dietary	S1082
Phosphorus, P	S1082
Carotene, beta	S1082
18:1 undifferentiated	S1082
22:0	S1082
14:1	S1082
16:1 undifferentiated	S1082
Ash	S1082
Magnesium, Mg	S1082
Manganese, Mn	S1082
Cryptoxanthin, beta	S1082
Tryptophan	S1082
Protein	S1082
Total lipid (fat)	S1082
Sucrose	S1082
Water	S1082
Riboflavin	S1082
Tyrosine	S1082
Arginine	S1082
10:0	S1082
20:4 undifferentiated	S1082
20:1	S1082
20:5 n-3 (EPA)	S1082
15:0	S1082
20:2 n-6 c,c	S1082
Calcium, Ca	S1082
Vitamin E (alpha-tocopherol)	S1082
Tocopherol, delta	S1082
Pantothenic acid	S1082
Folate, total	S1082
Valine	S1082
Histidine	S1082
Proline	S1082
8:0	S1082
14:0	S1082

NDB No. 21260 TACO BELL, Original Taco with beef

22:1 undifferentiated	S1082
Starch	S1082
Maltose	S1082
Potassium, K	S1082
Thiamin	S1082
Niacin	S1082
Phenylalanine	S1082
Glutamic acid	S1082
Cholesterol	S1082
16:0	S1082
18:0	S1082
17:0	S1082
17:1	S1082
15:1	S1082

NDB No. 21261 TACO BELL, Soft Taco with beef

Ash	S1082
Magnesium, Mg	S1082
Selenium, Se	S1082
Carotene, beta	S1082
Vitamin B-12	S1082
Leucine	S1082
Methionine	S1082
Arginine	S1082
Alanine	S1082
Proline	S1082
8:0	S1082
24:0	S1082
17:1	S1082
Total lipid (fat)	S1082
Fiber, total dietary	S1082
Dihydrophylloquinone	S1082
Tryptophan	S1082
Cystine	S1082
Tyrosine	S1082
18:2 undifferentiated	S1082

NDB No. 21261 TACO BELL, Soft Taco with beef

16:1 undifferentiated	S1082
Iron, Fe	S1082
Potassium, K	S1082
Copper, Cu	S1082
Carotene, alpha	S1082
Vitamin E (alpha-tocopherol)	S1082
Niacin	S1082
Folate, total	S1082
Vitamin K (phylloquinone)	S1082
Glycine	S1082
20:0	S1082
20:4 undifferentiated	S1082
Fatty acids, total monounsaturated	S1082
20:3 undifferentiated	S1082
15:1	S1082
Maltose	S1082
Tocopherol, beta	S1082
Tocopherol, delta	S1082
Phenylalanine	S1082
Aspartic acid	S1082
Fatty acids, total saturated	S1082
20:5 n-3 (EPA)	S1082
Fatty acids, total polyunsaturated	S1082
Protein	S1082
Starch	S1082
Sucrose	S1082
Glucose (dextrose)	S1082
Sodium, Na	S1082
Manganese, Mn	S1082
Cryptoxanthin, beta	S1082
Folate, food	S1082
Threonine	S1082
Lysine	S1082
Histidine	S1082
Serine	S1082
14:0	S1082
22:6 n-3 (DHA)	S1082

NDB No. 21261 TACO BELL, Soft Taco with beef

14:1	S1082
18:4	S1082
17:0	S1082
Fructose	S1082
Water	S1082
Isoleucine	S1082
Cholesterol	S1082
22:0	S1082
15:0	S1082
Lactose	S1082
Phosphorus, P	S1082
Thiamin	S1082
Folic acid	S1082
Glutamic acid	S1082
10:0	S1082
18:0	S1082
20:1	S1082
22:1 undifferentiated	S1082
22:5 n-3 (DPA)	S1082
20:2 n-6 c,c	S1082
Calcium, Ca	S1082
Zinc, Zn	S1082
Tocopherol, gamma	S1082
Riboflavin	S1082
Pantothenic acid	S1082
Vitamin B-6	S1082
Valine	S1082
12:0	S1082
16:0	S1082
18:1 undifferentiated	S1082
18:3 undifferentiated	S1082

NDB No. 21262 TACO BELL, Soft Taco with chicken

Protein	S1082
Fiber, total dietary	S1082
Tocopherol, beta	S1082

NDB No. 21262 TACO BELL, Soft Taco with chicken

Tryptophan	S1082
Isoleucine	S1082
10:0	S1082
22:5 n-3 (DPA)	S1082
15:0	S1082
Starch	S1082
Fructose	S1082
Cryptoxanthin, beta	S1082
Tocopherol, delta	S1082
Valine	S1082
16:0	S1082
18:1 undifferentiated	S1082
22:1 undifferentiated	S1082
Fatty acids, total monounsaturated	S1082
Fatty acids, total polyunsaturated	S1082
24:0	S1082
Lactose	S1082
Maltose	S1082
Vitamin E (alpha-tocopherol)	S1082
Vitamin B-6	S1082
Dihydrophylloquinone	S1082
Vitamin K (phylloquinone)	S1082
Threonine	S1082
Tyrosine	S1082
Histidine	S1082
18:2 undifferentiated	S1082
18:3 undifferentiated	S1082
20:2 n-6 c,c	S1082
Iron, Fe	S1082
Sodium, Na	S1082
Carotene, alpha	S1082
Tocopherol, gamma	S1082
Thiamin	S1082
Folic acid	S1082
Lysine	S1082
Phenylalanine	S1082
Arginine	S1082

NDB No. 21262 TACO BELL, Soft Taco with chicken

18:0	S1082
20:4 undifferentiated	S1082
14:1	S1082
16:1 undifferentiated	S1082
20:5 n-3 (EPA)	S1082
Total lipid (fat)	S1082
Calcium, Ca	S1082
Potassium, K	S1082
Zinc, Zn	S1082
Carotene, beta	S1082
Pantothenic acid	S1082
Vitamin B-12	S1082
Folate, food	S1082
Methionine	S1082
Cystine	S1082
Alanine	S1082
8:0	S1082
20:1	S1082
17:0	S1082
17:1	S1082
Ash	S1082
Glucose (dextrose)	S1082
Phosphorus, P	S1082
Copper, Cu	S1082
Riboflavin	S1082
Serine	S1082
Cholesterol	S1082
Magnesium, Mg	S1082
Selenium, Se	S1082
Niacin	S1082
Leucine	S1082
Aspartic acid	S1082
Glutamic acid	S1082
Glycine	S1082
Fatty acids, total saturated	S1082
12:0	S1082
14:0	S1082

NDB No. 21262 TACO BELL, Soft Taco with chicken

22:6 n-3 (DHA)	S1082
22:0	S1082
18:4	S1082
15:1	S1082
Sucrose	S1082
Water	S1082
Manganese, Mn	S1082
Folate, total	S1082
Proline	S1082
20:0	S1082
20:3 undifferentiated	S1082

NDB No. 21263 TACO BELL, Soft Taco with steak

Ash	S1082
Tocopherol, beta	S1082
Tyrosine	S1082
Histidine	S1082
Aspartic acid	S1082
Glutamic acid	S1082
20:4 undifferentiated	S1082
15:0	S1082
Starch	S1082
Glucose (dextrose)	S1082
Magnesium, Mg	S1082
Zinc, Zn	S1082
Carotene, beta	S1082
Pantothenic acid	S1082
Folate, total	S1082
Folic acid	S1082
Methionine	S1082
Valine	S1082
14:1	S1082
Sucrose	S1082
Fructose	S1082
Water	S1082
Vitamin E (alpha-tocopherol)	S1082

NDB No. 21263 TACO BELL, Soft Taco with steak

Cryptoxanthin, beta	S1082
Thiamin	S1082
Leucine	S1082
16:1 undifferentiated	S1082
20:1	S1082
22:1 undifferentiated	S1082
Fatty acids, total monounsaturated	S1082
Maltose	S1082
Fiber, total dietary	S1082
Sodium, Na	S1082
Selenium, Se	S1082
Tocopherol, gamma	S1082
Glycine	S1082
10:0	S1082
14:0	S1082
22:6 n-3 (DHA)	S1082
18:4	S1082
20:5 n-3 (EPA)	S1082
20:3 undifferentiated	S1082
Total lipid (fat)	S1082
Lactose	S1082
Calcium, Ca	S1082
Riboflavin	S1082
Vitamin B-6	S1082
Proline	S1082
18:2 undifferentiated	S1082
15:1	S1082
Iron, Fe	S1082
Tocopherol, delta	S1082
12:0	S1082
16:0	S1082
18:1 undifferentiated	S1082
18:3 undifferentiated	S1082
Potassium, K	S1082
Copper, Cu	S1082
Niacin	S1082
Tryptophan	S1082

NDB No. 21263 TACO BELL, Soft Taco with steak

Threonine	S1082
Lysine	S1082
Cystine	S1082
Alanine	S1082
Serine	S1082
8:0	S1082
18:0	S1082
20:0	S1082
22:0	S1082
22:5 n-3 (DPA)	S1082
Fatty acids, total polyunsaturated	S1082
17:0	S1082
Protein	S1082
Phosphorus, P	S1082
Manganese, Mn	S1082
Carotene, alpha	S1082
Vitamin B-12	S1082
Dihydrophylloquinone	S1082
Vitamin K (phylloquinone)	S1082
Folate, food	S1082
Isoleucine	S1082
Phenylalanine	S1082
Arginine	S1082
Cholesterol	S1082
Fatty acids, total saturated	S1082
24:0	S1082
20:2 n-6 c,c	S1082
17:1	S1082

NDB No. 21264 TACO BELL, Bean Burrito

Lactose	S1082
Phosphorus, P	S1082
Tocopherol, gamma	S1082
Dihydrophylloquinone	S1082
Cystine	S1082
Valine	S1082

NDB No. 21264 TACO BELL, Bean Burrito

Glycine	S1082
Cholesterol	S1082
8:0	S1082
18:1 undifferentiated	S1082
20:4 undifferentiated	S1082
15:0	S1082
24:0	S1082
15:1	S1082
Starch	S1082
Glucose (dextrose)	S1082
Fructose	S1082
Water	S1082
Iron, Fe	S1082
Manganese, Mn	S1082
Vitamin B-6	S1082
Methionine	S1082
Glutamic acid	S1082
Zinc, Zn	S1082
Copper, Cu	S1082
Thiamin	S1082
Folic acid	S1082
Histidine	S1082
Serine	S1082
12:0	S1082
18:4	S1082
20:1	S1082
20:5 n-3 (EPA)	S1082
Fatty acids, total polyunsaturated	S1082
Sucrose	S1082
Potassium, K	S1082
Carotene, beta	S1082
Tocopherol, delta	S1082
18:3 undifferentiated	S1082
22:5 n-3 (DPA)	S1082
17:0	S1082
Total lipid (fat)	S1082
Ash	S1082

NDB No. 21264 TACO BELL, Bean Burrito

Carotene, alpha	S1082
Vitamin E (alpha-tocopherol)	S1082
Tocopherol, beta	S1082
Niacin	S1082
Folate, food	S1082
Lysine	S1082
Tyrosine	S1082
Alanine	S1082
Proline	S1082
22:0	S1082
Fatty acids, total monounsaturated	S1082
17:1	S1082
Sodium, Na	S1082
Cryptoxanthin, beta	S1082
Vitamin K (phylloquinone)	S1082
Isoleucine	S1082
Aspartic acid	S1082
Fatty acids, total saturated	S1082
16:0	S1082
18:0	S1082
18:2 undifferentiated	S1082
22:6 n-3 (DHA)	S1082
14:1	S1082
16:1 undifferentiated	S1082
22:1 undifferentiated	S1082
20:3 undifferentiated	S1082
Protein	S1082
Fiber, total dietary	S1082
Calcium, Ca	S1082
Selenium, Se	S1082
Pantothenic acid	S1082
Threonine	S1082
Phenylalanine	S1082
10:0	S1082
20:0	S1082
Maltose	S1082
Magnesium, Mg	S1082

NDB No. 21264 TACO BELL, Bean Burrito

Riboflavin	S1082
Folate, total	S1082
Vitamin B-12	S1082
Tryptophan	S1082
Leucine	S1082
Arginine	S1082
14:0	S1082
20:2 n-6 c,c	S1082

NDB No. 21265 TACO BELL, BURRITO SUPREME with beef

Ash	S1082
Lactose	S1082
Tocopherol, beta	S1082
Vitamin B-12	S1082
Isoleucine	S1082
Tyrosine	S1082
Aspartic acid	S1082
Glutamic acid	S1082
Serine	S1082
14:0	S1082
Starch	S1082
Water	S1082
Iron, Fe	S1082
Phosphorus, P	S1082
Carotene, beta	S1082
Carotene, alpha	S1082
Vitamin K (phylloquinone)	S1082
Proline	S1082
Cholesterol	S1082
10:0	S1082
18:1 undifferentiated	S1082
22:6 n-3 (DHA)	S1082
Fatty acids, total monounsaturated	S1082
Protein	S1082
Fructose	S1082
Calcium, Ca	S1082

NDB No. 21265 TACO BELL, BURRITO SUPREME with beef

Selenium, Se	S1082
Thiamin	S1082
Niacin	S1082
Threonine	S1082
Leucine	S1082
Lysine	S1082
Arginine	S1082
Histidine	S1082
12:0	S1082
18:0	S1082
18:2 undifferentiated	S1082
14:1	S1082
Fatty acids, total polyunsaturated	S1082
20:2 n-6 c,c	S1082
20:3 undifferentiated	S1082
Magnesium, Mg	S1082
Zinc, Zn	S1082
Tocopherol, delta	S1082
Folate, total	S1082
16:0	S1082
16:1 undifferentiated	S1082
15:0	S1082
15:1	S1082
Glucose (dextrose)	S1082
Maltose	S1082
Fiber, total dietary	S1082
Copper, Cu	S1082
Manganese, Mn	S1082
Phenylalanine	S1082
Valine	S1082
20:4 undifferentiated	S1082
22:5 n-3 (DPA)	S1082
17:0	S1082
24:0	S1082
Vitamin E (alpha-tocopherol)	S1082
Dihydrophylloquinone	S1082
Folic acid	S1082

NDB No. 21265 TACO BELL, BURRITO SUPREME with beef

Cystine	S1082
Fatty acids, total saturated	S1082
20:0	S1082
18:3 undifferentiated	S1082
18:4	S1082
22:1 undifferentiated	S1082
17:1	S1082
Total lipid (fat)	S1082
Potassium, K	S1082
Sodium, Na	S1082
Cryptoxanthin, beta	S1082
Tryptophan	S1082
Alanine	S1082
Glycine	S1082
8:0	S1082
22:0	S1082
Sucrose	S1082
Tocopherol, gamma	S1082
Riboflavin	S1082
Pantothenic acid	S1082
Vitamin B-6	S1082
Folate, food	S1082
Methionine	S1082
20:1	S1082
20:5 n-3 (EPA)	S1082

NDB No. 21266 TACO BELL, BURRITO SUPREME with chicken

Water	S1082
Calcium, Ca	S1082
Potassium, K	S1082
Manganese, Mn	S1082
Carotene, alpha	S1082
Riboflavin	S1082
Folate, total	S1082
Vitamin K (phylloquinone)	S1082
Folic acid	S1082

NDB No. 21266 TACO BELL, BURRITO SUPREME with chicken

Glycine	S1082
16:1 undifferentiated	S1082
Fructose	S1082
Selenium, Se	S1082
Carotene, beta	S1082
Vitamin E (alpha-tocopherol)	S1082
Proline	S1082
8:0	S1082
18:1 undifferentiated	S1082
18:2 undifferentiated	S1082
20:4 undifferentiated	S1082
20:5 n-3 (EPA)	S1082
20:3 undifferentiated	S1082
Starch	S1082
Sucrose	S1082
Glucose (dextrose)	S1082
Fiber, total dietary	S1082
Phosphorus, P	S1082
Tocopherol, beta	S1082
Tocopherol, gamma	S1082
Tocopherol, delta	S1082
Leucine	S1082
Cystine	S1082
Arginine	S1082
Cholesterol	S1082
22:0	S1082
15:0	S1082
20:2 n-6 c,c	S1082
17:1	S1082
Total lipid (fat)	S1082
Ash	S1082
Maltose	S1082
Magnesium, Mg	S1082
Sodium, Na	S1082
Dihydrophylloquinone	S1082
Alanine	S1082
Serine	S1082

NDB No. 21266 TACO BELL, BURRITO SUPREME with chicken

Fatty acids, total saturated	S1082
10:0	S1082
20:0	S1082
22:1 undifferentiated	S1082
Fatty acids, total monounsaturated	S1082
Iron, Fe	S1082
Thiamin	S1082
Folate, food	S1082
Threonine	S1082
Phenylalanine	S1082
Valine	S1082
Histidine	S1082
Glutamic acid	S1082
16:0	S1082
18:3 undifferentiated	S1082
17:0	S1082
15:1	S1082
Protein	S1082
Cryptoxanthin, beta	S1082
Isoleucine	S1082
Lysine	S1082
Methionine	S1082
12:0	S1082
18:0	S1082
22:6 n-3 (DHA)	S1082
Copper, Cu	S1082
Vitamin B-6	S1082
Vitamin B-12	S1082
Tryptophan	S1082
14:0	S1082
14:1	S1082
20:1	S1082
22:5 n-3 (DPA)	S1082
24:0	S1082
Lactose	S1082
Zinc, Zn	S1082
Niacin	S1082

NDB No. 21266 TACO BELL, BURRITO SUPREME with chicken

Pantothenic acid	S1082
Tyrosine	S1082
Aspartic acid	S1082
18:4	S1082
Fatty acids, total polyunsaturated	S1082

NDB No. 21267 TACO BELL, BURRITO SUPREME with steak

Iron, Fe	S1082
Potassium, K	S1082
Selenium, Se	S1082
Cryptoxanthin, beta	S1082
Tocopherol, delta	S1082
Pantothenic acid	S1082
Tryptophan	S1082
Proline	S1082
Cholesterol	S1082
8:0	S1082
14:0	S1082
18:2 undifferentiated	S1082
18:4	S1082
15:0	S1082
20:2 n-6 c,c	S1082
15:1	S1082
Lactose	S1082
Calcium, Ca	S1082
Tocopherol, beta	S1082
Riboflavin	S1082
Vitamin B-6	S1082
Vitamin B-12	S1082
Folic acid	S1082
Fatty acids, total saturated	S1082
10:0	S1082
18:3 undifferentiated	S1082
17:0	S1082
Starch	S1082
Water	S1082

NDB No. 21267 TACO BELL, BURRITO SUPREME with steak

Fiber, total dietary	S1082
Lysine	S1082
Glycine	S1082
Serine	S1082
20:1	S1082
20:5 n-3 (EPA)	S1082
22:5 n-3 (DPA)	S1082
17:1	S1082
Carotene, alpha	S1082
Vitamin E (alpha-tocopherol)	S1082
Tocopherol, gamma	S1082
Thiamin	S1082
Folate, total	S1082
Phenylalanine	S1082
18:0	S1082
14:1	S1082
24:0	S1082
Glucose (dextrose)	S1082
Sodium, Na	S1082
Manganese, Mn	S1082
Carotene, beta	S1082
Dihydrophylloquinone	S1082
Threonine	S1082
Isoleucine	S1082
Tyrosine	S1082
Alanine	S1082
12:0	S1082
20:0	S1082
18:1 undifferentiated	S1082
20:4 undifferentiated	S1082
22:6 n-3 (DHA)	S1082
Protein	S1082
Fructose	S1082
Vitamin K (phylloquinone)	S1082
Cystine	S1082
Valine	S1082
Arginine	S1082

NDB No. 21267 TACO BELL, BURRITO SUPREME with steak

Histidine	S1082
Fatty acids, total polyunsaturated	S1082
20:3 undifferentiated	S1082
Total lipid (fat)	S1082
Sucrose	S1082
Folate, food	S1082
Aspartic acid	S1082
Glutamic acid	S1082
16:0	S1082
Fatty acids, total monounsaturated	S1082
Ash	S1082
Maltose	S1082
Magnesium, Mg	S1082
Phosphorus, P	S1082
Zinc, Zn	S1082
Copper, Cu	S1082
Niacin	S1082
Leucine	S1082
Methionine	S1082
22:0	S1082
16:1 undifferentiated	S1082
22:1 undifferentiated	S1082

NDB No. 21268 TACO BELL, Nachos

Ash	S1082
Zinc, Zn	S1082
Tocopherol, beta	S1082
Pantothenic acid	S1082
Methionine	S1082
Tyrosine	S1082
Cholesterol	S1082
10:0	S1082
14:0	S1082
18:0	S1082
Fatty acids, total monounsaturated	S1082

NDB No. 21268 TACO BELL, Nachos

15:0	S1082
Starch	S1082
Glucose (dextrose)	S1082
Iron, Fe	S1082
Folate, total	S1082
Vitamin K (phylloquinone)	S1082
Folic acid	S1082
Isoleucine	S1082
Histidine	S1082
Aspartic acid	S1082
Proline	S1082
24:0	S1082
Fructose	S1082
Fiber, total dietary	S1082
Manganese, Mn	S1082
Thiamin	S1082
Threonine	S1082
Leucine	S1082
Lysine	S1082
Arginine	S1082
8:0	S1082
12:0	S1082
16:0	S1082
16:1 undifferentiated	S1082
18:4	S1082
Carotene, beta	S1082
Riboflavin	S1082
Cystine	S1082
Valine	S1082
22:6 n-3 (DHA)	S1082
20:1	S1082
22:5 n-3 (DPA)	S1082
Calcium, Ca	S1082
Magnesium, Mg	S1082
Sodium, Na	S1082
Carotene, alpha	S1082
Vitamin E (alpha-tocopherol)	S1082

NDB No. 21268 TACO BELL, Nachos

Tocopherol, gamma	S1082
Dihydrophylloquinone	S1082
Folate, food	S1082
Phenylalanine	S1082
Alanine	S1082
Glycine	S1082
Fatty acids, total saturated	S1082
20:3 undifferentiated	S1082
Sucrose	S1082
Maltose	S1082
Copper, Cu	S1082
Selenium, Se	S1082
Glutamic acid	S1082
18:1 undifferentiated	S1082
18:2 undifferentiated	S1082
18:3 undifferentiated	S1082
22:0	S1082
14:1	S1082
22:1 undifferentiated	S1082
Fatty acids, total polyunsaturated	S1082
20:2 n-6 c,c	S1082
15:1	S1082
Protein	S1082
Water	S1082
Cryptoxanthin, beta	S1082
Tocopherol, delta	S1082
Tryptophan	S1082
20:0	S1082
20:4 undifferentiated	S1082
20:5 n-3 (EPA)	S1082
17:0	S1082
Total lipid (fat)	S1082
Lactose	S1082
Phosphorus, P	S1082
Potassium, K	S1082
Niacin	S1082
Vitamin B-6	S1082

NDB No. 21268 TACO BELL, Nachos

Vitamin B-12	S1082
Serine	S1082
17:1	S1082

NDB No. 21269 TACO BELL, Nachos Supreme

Tocopherol, gamma	S1082
Tocopherol, delta	S1082
Vitamin B-6	S1082
Alanine	S1082
Glutamic acid	S1082
Proline	S1082
14:0	S1082
Fatty acids, total monounsaturated	S1082
Starch	S1082
Folate, total	S1082
12:0	S1082
18:0	S1082
20:0	S1082
18:1 undifferentiated	S1082
22:6 n-3 (DHA)	S1082
20:5 n-3 (EPA)	S1082
22:1 undifferentiated	S1082
Fructose	S1082
Lactose	S1082
Fiber, total dietary	S1082
Manganese, Mn	S1082
Carotene, beta	S1082
Cryptoxanthin, beta	S1082
Pantothenic acid	S1082
Tyrosine	S1082
10:0	S1082
16:0	S1082
22:5 n-3 (DPA)	S1082
20:2 n-6 c,c	S1082
Glucose (dextrose)	S1082
Maltose	S1082

NDB No. 21269 TACO BELL, Nachos Supreme

Water	S1082
Calcium, Ca	S1082
Copper, Cu	S1082
Carotene, alpha	S1082
Niacin	S1082
Glycine	S1082
8:0	S1082
18:4	S1082
20:1	S1082
17:1	S1082
Magnesium, Mg	S1082
Phosphorus, P	S1082
Selenium, Se	S1082
Tocopherol, beta	S1082
Riboflavin	S1082
Folic acid	S1082
Methionine	S1082
20:4 undifferentiated	S1082
Fatty acids, total polyunsaturated	S1082
24:0	S1082
20:3 undifferentiated	S1082
Potassium, K	S1082
Vitamin E (alpha-tocopherol)	S1082
Vitamin B-12	S1082
Dihydrophylloquinone	S1082
Vitamin K (phylloquinone)	S1082
Phenylalanine	S1082
Aspartic acid	S1082
18:2 undifferentiated	S1082
14:1	S1082
15:1	S1082
Protein	S1082
Total lipid (fat)	S1082
Ash	S1082
Sodium, Na	S1082
Folate, food	S1082
Tryptophan	S1082

NDB No. 21269 TACO BELL, Nachos Supreme

Threonine	S1082
Leucine	S1082
Lysine	S1082
Arginine	S1082
Histidine	S1082
Cholesterol	S1082
18:3 undifferentiated	S1082
16:1 undifferentiated	S1082
Sucrose	S1082
Iron, Fe	S1082
Zinc, Zn	S1082
Thiamin	S1082
Isoleucine	S1082
Cystine	S1082
Valine	S1082
Serine	S1082
Fatty acids, total saturated	S1082
22:0	S1082
15:0	S1082
17:0	S1082

NDB No. 21270 TACO BELL, Taco Salad

Maltose	S1082
Manganese, Mn	S1082
Folate, total	S1082
Folic acid	S1082
Serine	S1082
18:3 undifferentiated	S1082
24:0	S1082
Ash	S1082
Carotene, alpha	S1082
Vitamin B-6	S1082
Folate, food	S1082
Isoleucine	S1082
Glutamic acid	S1082
8:0	S1082

NDB No. 21270 TACO BELL, Taco Salad

18:0	S1082
18:1 undifferentiated	S1082
20:1	S1082
17:0	S1082
Starch	S1082
Sucrose	S1082
Copper, Cu	S1082
Tocopherol, beta	S1082
Tocopherol, gamma	S1082
Thiamin	S1082
Dihydrophylloquinone	S1082
Vitamin K (phylloquinone)	S1082
Phenylalanine	S1082
Alanine	S1082
20:0	S1082
22:6 n-3 (DHA)	S1082
14:1	S1082
22:1 undifferentiated	S1082
15:0	S1082
17:1	S1082
Total lipid (fat)	S1082
Fiber, total dietary	S1082
Zinc, Zn	S1082
Vitamin B-12	S1082
Lysine	S1082
Valine	S1082
Proline	S1082
12:0	S1082
16:0	S1082
18:4	S1082
Glucose (dextrose)	S1082
Calcium, Ca	S1082
Iron, Fe	S1082
Phosphorus, P	S1082
Tocopherol, delta	S1082
Niacin	S1082
Threonine	S1082

NDB No. 21270 TACO BELL, Taco Salad

Methionine	S1082
16:1 undifferentiated	S1082
20:5 n-3 (EPA)	S1082
Fatty acids, total polyunsaturated	S1082
Protein	S1082
Lactose	S1082
Water	S1082
Sodium, Na	S1082
Vitamin E (alpha-tocopherol)	S1082
Riboflavin	S1082
Tryptophan	S1082
Tyrosine	S1082
Histidine	S1082
Aspartic acid	S1082
10:0	S1082
14:0	S1082
18:2 undifferentiated	S1082
22:0	S1082
22:5 n-3 (DPA)	S1082
Fructose	S1082
Magnesium, Mg	S1082
Cryptoxanthin, beta	S1082
Pantothenic acid	S1082
Leucine	S1082
Cystine	S1082
Arginine	S1082
Glycine	S1082
Cholesterol	S1082
20:4 undifferentiated	S1082
20:3 undifferentiated	S1082
Potassium, K	S1082
Selenium, Se	S1082
Carotene, beta	S1082
Fatty acids, total saturated	S1082
Fatty acids, total monounsaturated	S1082
20:2 n-6 c,c	S1082
15:1	S1082

NDB No. 21271 PIZZA HUT 12" Cheese Pizza, Regular Crust

Maltose	S2108
Water	S2108
Selenium, Se	S2108
Tryptophan	S2108
Leucine	S2108
Aspartic acid	S2108
14:0	S2108
14:1	S2108
Ash	S2108
Sugars, total	S2108
Galactose	S2108
Retinol	S2108
Vitamin B-12	S2108
16:0	S2108
18:2 undifferentiated	S2108
18:3 undifferentiated	S2108
20:1	S2108
17:1	S2108
18:3 n-3 c,c,c (ALA)	S2108
Protein	S2108
Total lipid (fat)	S2108
Cryptoxanthin, beta	S4901
Tocopherol, delta	S2108
Vitamin B-6	S2108
Dihydrophylloquinone	S2108
Cystine	S2108
Alanine	S2108
Glutamic acid	S2108
Serine	S2108
15:1	S2108
Fructose	S2108
Lycopene	S4901
Tocopherol, gamma	S2108
Vitamin C, total ascorbic acid	S2108
Thiamin	S2108
Riboflavin	S2108
Cholesterol	S2108

NDB No. 21271 PIZZA HUT 12" Cheese Pizza, Regular Crust

15:0	S2108
20:2 n-6 c,c	S2108
Magnesium, Mg	S2108
Copper, Cu	S2108
Tocopherol, beta	S2108
Threonine	S2108
Isoleucine	S2108
Lysine	S2108
Methionine	S2108
Fatty acids, total saturated	S2108
18:1 undifferentiated	S2108
Fatty acids, total polyunsaturated	S2108
Potassium, K	S2108
Carotene, beta	S4901
Pantothenic acid	S2108
Phenylalanine	S2108
8:0	S2108
18:0	S2108
22:0	S2108
Fatty acids, total monounsaturated	S2108
Calcium, Ca	S2108
Phosphorus, P	S2108
Manganese, Mn	S2108
Vitamin E (alpha-tocopherol)	S2108
Niacin	S2108
Valine	S2108
Arginine	S2108
Histidine	S2108
Glycine	S2108
Proline	S2108
12:0	S2108
17:0	S2108
18:3 n-6 c,c,c	S2108
20:3 undifferentiated	S2108
Starch	S2108
Sucrose	S2108
Glucose (dextrose)	S2108

NDB No. 21271 PIZZA HUT 12" Cheese Pizza, Regular Crust

Lactose	S2108
Fiber, total dietary	S2108
Iron, Fe	S2108
Sodium, Na	S2108
Zinc, Zn	S2108
Carotene, alpha	S4901
Lutein + zeaxanthin	S4901
Vitamin K (phylloquinone)	S2108
Tyrosine	S2108
10:0	S2108
20:0	S2108
20:4 undifferentiated	S2108
16:1 undifferentiated	S2108

NDB No. 21272 PIZZA HUT 12" Cheese Pizza, Thick Crust

Ash	S2108
Galactose	S2108
Calcium, Ca	S2108
Retinol	S2108
18:0	S2108
18:1 undifferentiated	S2108
14:1	S2108
Fatty acids, total monounsaturated	S2108
Fructose	S2108
Copper, Cu	S2108
Vitamin C, total ascorbic acid	S2108
Dihydrophylloquinone	S2108
Vitamin K (phylloquinone)	S2108
Lysine	S2108
Glycine	S2108
Proline	S2108
Fatty acids, total saturated	S2108
16:0	S2108
20:4 undifferentiated	S2108
20:2 n-6 c,c	S2108
18:3 n-6 c,c,c	S2108

NDB No. 21272 PIZZA HUT 12" Cheese Pizza, Thick Crust

Total lipid (fat)	S2108
Lactose	S2108
Manganese, Mn	S2108
Tocopherol, beta	S2108
Cholesterol	S2108
8:0	S2108
17:0	S2108
Sucrose	S2108
Glucose (dextrose)	S2108
Sodium, Na	S2108
Selenium, Se	S2108
Thiamin	S2108
Vitamin B-6	S2108
Leucine	S2108
Methionine	S2108
Cystine	S2108
Alanine	S2108
12:0	S2108
Water	S2108
Iron, Fe	S2108
Magnesium, Mg	S2108
Zinc, Zn	S2108
Tocopherol, delta	S2108
Isoleucine	S2108
Tyrosine	S2108
Histidine	S2108
10:0	S2108
16:1 undifferentiated	S2108
17:1	S2108
Starch	S2108
Sugars, total	S2108
Vitamin E (alpha-tocopherol)	S2108
Tocopherol, gamma	S2108
Riboflavin	S2108
Pantothenic acid	S2108
Threonine	S2108
Arginine	S2108

NDB No. 21272 PIZZA HUT 12" Cheese Pizza, Thick Crust

Aspartic acid	S2108
Glutamic acid	S2108
Serine	S2108
18:3 undifferentiated	S2108
22:0	S2108
20:1	S2108
Protein	S2108
Fiber, total dietary	S2108
Niacin	S2108
Phenylalanine	S2108
14:0	S2108
20:0	S2108
18:2 undifferentiated	S2108
15:0	S2108
20:3 undifferentiated	S2108
Maltose	S2108
Phosphorus, P	S2108
Potassium, K	S2108
Vitamin B-12	S2108
Tryptophan	S2108
Valine	S2108
Fatty acids, total polyunsaturated	S2108
15:1	S2108
18:3 n-3 c,c,c (ALA)	S2108

NDB No. 21273 PIZZA HUT 12" Cheese Pizza, THIN 'N CRISPY Crust

Starch	S2108
Water	S2108
Retinol	S2108
Vitamin K (phylloquinone)	S2108
8:0	S2108
10:0	S2108
12:0	S2108
16:1 undifferentiated	S2108
Fatty acids, total polyunsaturated	S2108
20:3 undifferentiated	S2108

NDB No. 21273 PIZZA HUT 12" Cheese Pizza, THIN 'N CRISPY Crust

Protein	S2108
Fructose	S2108
Phosphorus, P	S2108
Zinc, Zn	S2108
Manganese, Mn	S2108
Tocopherol, beta	S2108
Dihydrophylloquinone	S2108
Isoleucine	S2108
Leucine	S2108
Cystine	S2108
16:0	S2108
18:2 undifferentiated	S2108
14:1	S2108
20:1	S2108
15:0	S2108
18:3 n-6 c,c,c	S2108
15:1	S2108
Magnesium, Mg	S2108
Niacin	S2108
Vitamin B-12	S2108
Tyrosine	S2108
Valine	S2108
Glycine	S2108
Proline	S2108
20:2 n-6 c,c	S2108
17:1	S2108
Ash	S2108
Maltose	S2108
Thiamin	S2108
Histidine	S2108
14:0	S2108
20:0	S2108
Glucose (dextrose)	S2108
Selenium, Se	S2108
Vitamin E (alpha-tocopherol)	S2108
Vitamin B-6	S2108
Tryptophan	S2108

NDB No. 21273 PIZZA HUT 12" Cheese Pizza, THIN 'N CRISPY Crust

Aspartic acid	S2108
Cholesterol	S2108
18:1 undifferentiated	S2108
18:3 n-3 c,c,c (ALA)	S2108
Lactose	S2108
Sugars, total	S2108
Galactose	S2108
Fiber, total dietary	S2108
Vitamin C, total ascorbic acid	S2108
Threonine	S2108
Lysine	S2108
Methionine	S2108
22:0	S2108
Total lipid (fat)	S2108
Calcium, Ca	S2108
Potassium, K	S2108
Tocopherol, gamma	S2108
Phenylalanine	S2108
Alanine	S2108
Glutamic acid	S2108
Serine	S2108
Fatty acids, total saturated	S2108
18:0	S2108
18:3 undifferentiated	S2108
Fatty acids, total monounsaturated	S2108
Sucrose	S2108
Iron, Fe	S2108
Sodium, Na	S2108
Copper, Cu	S2108
Tocopherol, delta	S2108
Riboflavin	S2108
Pantothenic acid	S2108
Arginine	S2108
20:4 undifferentiated	S2108
17:0	S2108

NDB No. 21274 PIZZA HUT 12" Pepperoni Pizza, Regular Crust

Protein	S2108
Glucose (dextrose)	S2108
Lactose	S2108
Galactose	S2108
Fiber, total dietary	S2108
Selenium, Se	S2108
Methionine	S2108
Tyrosine	S2108
Glutamic acid	S2108
18:0	S2108
22:0	S2108
20:2 n-6 c,c	S2108
20:3 undifferentiated	S2108
15:1	S2108
Ash	S2108
Magnesium, Mg	S2108
Phosphorus, P	S2108
Vitamin E (alpha-tocopherol)	S2108
Leucine	S2108
Cholesterol	S2108
18:1 undifferentiated	S2108
18:3 n-3 c,c,c (ALA)	S2108
Sucrose	S2108
Fructose	S2108
Maltose	S2108
Zinc, Zn	S2108
Riboflavin	S2108
Niacin	S2108
Pantothenic acid	S2108
Fatty acids, total monounsaturated	S2108
17:1	S2108
Starch	S2108
Calcium, Ca	S2108
Potassium, K	S2108
Tocopherol, gamma	S2108
Threonine	S2108
Lysine	S2108

NDB No. 21274 PIZZA HUT 12" Pepperoni Pizza, Regular Crust

Arginine	S2108
Histidine	S2108
14:0	S2108
18:2 undifferentiated	S2108
20:4 undifferentiated	S2108
20:1	S2108
Fatty acids, total polyunsaturated	S2108
15:0	S2108
Iron, Fe	S2108
Copper, Cu	S2108
Tocopherol, beta	S2108
Tocopherol, delta	S2108
Dihydrophylloquinone	S2108
Phenylalanine	S2108
Aspartic acid	S2108
Fatty acids, total saturated	S2108
16:1 undifferentiated	S2108
Total lipid (fat)	S2108
Water	S2108
Sodium, Na	S2108
Manganese, Mn	S2108
Vitamin B-12	S2108
Cystine	S2108
Valine	S2108
Proline	S2108
8:0	S2108
16:0	S2108
20:0	S2108
14:1	S2108
Sugars, total	S2108
Vitamin B-6	S2108
Vitamin K (phylloquinone)	S2108
Isoleucine	S2108
Alanine	S2108
10:0	S2108
18:3 undifferentiated	S2108
Retinol	S2108

NDB No. 21274 PIZZA HUT 12" Pepperoni Pizza, Regular Crust

Vitamin C, total ascorbic acid	S2108
Thiamin	S2108
Tryptophan	S2108
Glycine	S2108
Serine	S2108
12:0	S2108
17:0	S2108
18:3 n-6 c,c,c	S2108

NDB No. 21275 PIZZA HUT 12" Pepperoni Pizza, Thick Crust

Protein	S2108
Ash	S2108
Fiber, total dietary	S2108
Vitamin E (alpha-tocopherol)	S2108
Serine	S2108
Cholesterol	S2108
Copper, Cu	S2108
Tocopherol, beta	S2108
Niacin	S2108
Vitamin B-12	S2108
Tyrosine	S2108
Valine	S2108
18:2 undifferentiated	S2108
Lactose	S2108
Sugars, total	S2108
Tocopherol, gamma	S2108
Tocopherol, delta	S2108
Vitamin K (phylloquinone)	S2108
Lysine	S2108
Phenylalanine	S2108
Fatty acids, total saturated	S2108
14:0	S2108
18:0	S2108
22:0	S2108
Fatty acids, total polyunsaturated	S2108
17:1	S2108

NDB No. 21275 PIZZA HUT 12" Pepperoni Pizza, Thick Crust

Total lipid (fat)	S2108
Maltose	S2108
Sodium, Na	S2108
Dihydrophylloquinone	S2108
Threonine	S2108
Histidine	S2108
Proline	S2108
18:3 n-3 c,c,c (ALA)	S2108
Fructose	S2108
Water	S2108
Galactose	S2108
Iron, Fe	S2108
Magnesium, Mg	S2108
Potassium, K	S2108
Selenium, Se	S2108
Thiamin	S2108
Riboflavin	S2108
Pantothenic acid	S2108
Tryptophan	S2108
Cystine	S2108
Glutamic acid	S2108
20:0	S2108
16:1 undifferentiated	S2108
18:3 n-6 c,c,c	S2108
20:3 undifferentiated	S2108
Starch	S2108
Zinc, Zn	S2108
Manganese, Mn	S2108
Retinol	S2108
Methionine	S2108
18:1 undifferentiated	S2108
20:1	S2108
17:0	S2108
Phosphorus, P	S2108
Vitamin C, total ascorbic acid	S2108
Isoleucine	S2108
Leucine	S2108

NDB No. 21275 PIZZA HUT 12" Pepperoni Pizza, Thick Crust

Arginine	S2108
Alanine	S2108
8:0	S2108
10:0	S2108
18:3 undifferentiated	S2108
20:4 undifferentiated	S2108
20:2 n-6 c,c	S2108
15:1	S2108
Sucrose	S2108
Glucose (dextrose)	S2108
Calcium, Ca	S2108
Vitamin B-6	S2108
Aspartic acid	S2108
Glycine	S2108
12:0	S2108
16:0	S2108
14:1	S2108
Fatty acids, total monounsaturated	S2108
15:0	S2108

NDB No. 21276 PIZZA HUT 12" Super Supreme Pizza, Regular Crust

Starch	S2108
Maltose	S2108
Calcium, Ca	S2108
Potassium, K	S2108
Tocopherol, gamma	S2108
Niacin	S2108
Vitamin B-6	S2108
Vitamin B-12	S2108
18:3 n-6 c,c,c	S2108
Sucrose	S2108
Glucose (dextrose)	S2108
Fructose	S2108
Selenium, Se	S2108
Pantothenic acid	S2108
Tyrosine	S2108

NDB No. 21276 PIZZA HUT 12" Super Supreme Pizza, Regular Crust

Histidine	S2108
Aspartic acid	S2108
Serine	S2108
14:1	S2108
17:0	S2108
Total lipid (fat)	S2108
Iron, Fe	S2108
Magnesium, Mg	S2108
Tryptophan	S2108
Isoleucine	S2108
Lysine	S2108
Proline	S2108
8:0	S2108
22:0	S2108
15:1	S2108
Lactose	S2108
Galactose	S2108
Phosphorus, P	S2108
Vitamin E (alpha-tocopherol)	S2108
Tocopherol, beta	S2108
Tocopherol, delta	S2108
Vitamin K (phylloquinone)	S2108
Threonine	S2108
Arginine	S2108
Alanine	S2108
18:0	S2108
18:2 undifferentiated	S2108
16:1 undifferentiated	S2108
20:1	S2108
Fatty acids, total polyunsaturated	S2108
20:3 undifferentiated	S2108
Fiber, total dietary	S2108
Zinc, Zn	S2108
Manganese, Mn	S2108
Thiamin	S2108
Glutamic acid	S2108
12:0	S2108

NDB No. 21276 PIZZA HUT 12" Super Supreme Pizza, Regular Crust

20:0	S2108
20:4 undifferentiated	S2108
Retinol	S2108
Cholesterol	S2108
15:0	S2108
20:2 n-6 c,c	S2108
17:1	S2108
Protein	S2108
Water	S2108
Sugars, total	S2108
Sodium, Na	S2108
Copper, Cu	S2108
Riboflavin	S2108
Methionine	S2108
Phenylalanine	S2108
Glycine	S2108
Fatty acids, total saturated	S2108
10:0	S2108
14:0	S2108
Fatty acids, total monounsaturated	S2108
Ash	S2108
Vitamin C, total ascorbic acid	S2108
Dihydrophylloquinone	S2108
Leucine	S2108
Cystine	S2108
Valine	S2108
16:0	S2108
18:1 undifferentiated	S2108
18:3 n-3 c,c,c (ALA)	S2108

NDB No. 21277 DOMINO'S 14" Cheese Pizza, Classic Hand-Tossed Crust

Glucose (dextrose)	S2110
Sugars, total	S2110
Potassium, K	S2110
Retinol	S2110
Vitamin E (alpha-tocopherol)	S2110

NDB No. 21277 DOMINO'S 14" Cheese Pizza, Classic Hand-Tossed Crust

Tocopherol, beta	S2110
Riboflavin	S2110
Dihydrophylloquinone	S2110
10:0	S2110
22:1 undifferentiated	S2110
20:3 undifferentiated	S2110
18:3 n-3 c,c,c (ALA)	S2110
Iron, Fe	S2110
Vitamin D	S2110
Tocopherol, delta	S2110
Pantothenic acid	S2110
14:0	S2110
20:0	S2110
14:1	S2110
24:0	S2110
18:3 n-6 c,c,c	S2110
Protein	S2110
Sodium, Na	S2110
Tocopherol, gamma	S2110
Vitamin K (phylloquinone)	S2110
20:4 undifferentiated	S2110
16:1 undifferentiated	S2110
Fatty acids, total monounsaturated	S2110
Starch	S2110
Sucrose	S2110
Calcium, Ca	S2110
Selenium, Se	S2110
Vitamin B-6	S2110
8:0	S2110
18:0	S2110
18:4	S2110
Fatty acids, total polyunsaturated	S2110
20:2 n-6 c,c	S2110
Total lipid (fat)	S2110
Lactose	S2110
Magnesium, Mg	S2110
Vitamin B-12	S2110

NDB No. 21277 DOMINO'S 14" Cheese Pizza, Classic Hand-Tossed Crust

Fatty acids, total saturated	S2110
12:0	S2110
18:3 undifferentiated	S2110
17:0	S2110
Ash	S2110
Manganese, Mn	S2110
18:2 undifferentiated	S2110
20:5 n-3 (EPA)	S2110
13:0	S2110
15:1	S2110
Fructose	S2110
Phosphorus, P	S2110
Copper, Cu	S2110
Thiamin	S2110
16:0	S2110
18:1 undifferentiated	S2110
22:6 n-3 (DHA)	S2110
20:1	S2110
22:5 n-3 (DPA)	S2110
17:1	S2110
Maltose	S2110
Water	S2110
Galactose	S2110
Fiber, total dietary	S2110
Zinc, Zn	S2110
Vitamin C, total ascorbic acid	S2110
Niacin	S2110
22:0	S2110
15:0	S2110

NDB No. 21278 DOMINO'S 14" Cheese Pizza, Ultimate Deep Dish Crust

Starch	S2110
Sucrose	S2110
Maltose	S2110
Iron, Fe	S2110
Phosphorus, P	S2110

NDB No. 21278 DOMINO'S 14" Cheese Pizza, Ultimate Deep Dish Crust

Tocopherol, delta	S2110
Dihydrophylloquinone	S2110
Lysine	S2110
Tyrosine	S2110
Glycine	S2110
10:0	S2110
12:0	S2110
18:2 undifferentiated	S2110
20:2 n-6 c,c	S2110
15:1	S2110
Total lipid (fat)	S2110
Glucose (dextrose)	S2110
Fiber, total dietary	S2110
Calcium, Ca	S2110
Copper, Cu	S2110
Vitamin C, total ascorbic acid	S2110
Threonine	S2110
Alanine	S2110
Glutamic acid	S2110
Fatty acids, total polyunsaturated	S2110
17:0	S2110
Fructose	S2110
Lactose	S2110
Zinc, Zn	S2110
Tocopherol, gamma	S2110
Thiamin	S2110
Pantothenic acid	S2110
Phenylalanine	S2110
Serine	S2110
22:0	S2110
14:1	S2110
20:1	S2110
18:3 n-6 c,c,c	S2110
20:3 undifferentiated	S2110
Protein	S2110
Ash	S2110
Tocopherol, beta	S2110

NDB No. 21278 DOMINO'S 14" Cheese Pizza, Ultimate Deep Dish Crust

Aspartic acid	S2110
Fatty acids, total saturated	S2110
Fatty acids, total monounsaturated	S2110
17:1	S2110
Water	S2110
Sugars, total	S2110
Manganese, Mn	S2110
Vitamin E (alpha-tocopherol)	S2110
Riboflavin	S2110
Methionine	S2110
Arginine	S2110
15:0	S2110
Retinol	S2110
Leucine	S2110
Valine	S2110
Histidine	S2110
14:0	S2110
16:0	S2110
18:3 n-3 c,c,c (ALA)	S2110
Galactose	S2110
Vitamin B-12	S2110
Tryptophan	S2110
18:1 undifferentiated	S2110
16:1 undifferentiated	S2110
Magnesium, Mg	S2110
Potassium, K	S2110
Selenium, Se	S2110
Niacin	S2110
Vitamin K (phylloquinone)	S2110
Isoleucine	S2110
Cystine	S2110
Proline	S2110
8:0	S2110
18:0	S2110
20:0	S2110
20:4 undifferentiated	S2110

NDB No. 21279 DOMINO'S 14" Cheese Pizza, Crunchy Thin Crust

Starch	S2110
Maltose	S2110
Selenium, Se	S2110
Tryptophan	S2110
Cystine	S2110
Phenylalanine	S2110
Histidine	S2110
20:1	S2110
Fatty acids, total monounsaturated	S2110
Water	S2110
Fiber, total dietary	S2110
Copper, Cu	S2110
Manganese, Mn	S2110
Thiamin	S2110
Vitamin B-12	S2110
Leucine	S2110
Fatty acids, total saturated	S2110
8:0	S2110
16:0	S2110
Total lipid (fat)	S2110
Fructose	S2110
Threonine	S2110
Methionine	S2110
Arginine	S2110
Alanine	S2110
Aspartic acid	S2110
Glutamic acid	S2110
16:1 undifferentiated	S2110
Fatty acids, total polyunsaturated	S2110
17:0	S2110
Ash	S2110
Sugars, total	S2110
Potassium, K	S2110
Vitamin C, total ascorbic acid	S2110
Pantothenic acid	S2110
Vitamin K (phylloquinone)	S2110
Lysine	S2110

NDB No. 21279 DOMINO'S 14" Cheese Pizza, Crunchy Thin Crust

Tyrosine	S2110
Glycine	S2110
Proline	S2110
Serine	S2110
14:1	S2110
17:1	S2110
Glucose (dextrose)	S2110
Lactose	S2110
Magnesium, Mg	S2110
Phosphorus, P	S2110
Tocopherol, beta	S2110
Dihydrophylloquinone	S2110
10:0	S2110
18:0	S2110
18:2 undifferentiated	S2110
Sucrose	S2110
Iron, Fe	S2110
Riboflavin	S2110
Valine	S2110
12:0	S2110
14:0	S2110
15:0	S2110
20:2 n-6 c,c	S2110
15:1	S2110
18:3 n-3 c,c,c (ALA)	S2110
Protein	S2110
Galactose	S2110
Zinc, Zn	S2110
Retinol	S2110
Vitamin E (alpha-tocopherol)	S2110
Tocopherol, gamma	S2110
Tocopherol, delta	S2110
Niacin	S2110
Isoleucine	S2110
20:4 undifferentiated	S2110
20:3 undifferentiated	S2110
20:0	S2110

NDB No. 21279 DOMINO'S 14" Cheese Pizza, Crunchy Thin Crust

18:1 undifferentiated	S2110
22:0	S2110
18:3 n-6 c,c,c	S2110

NDB No. 21280 DOMINO'S 14" Pepperoni Pizza, Classic Hand-Tossed Crust

Retinol	S2110
Tocopherol, beta	S2110
Riboflavin	S2110
Isoleucine	S2110
18:1 undifferentiated	S2110
24:0	S2110
Potassium, K	S2110
Copper, Cu	S2110
Niacin	S2110
Vitamin B-12	S2110
Vitamin K (phylloquinone)	S2110
Valine	S2110
16:0	S2110
20:4 undifferentiated	S2110
20:5 n-3 (EPA)	S2110
Protein	S2110
Total lipid (fat)	S2110
Iron, Fe	S2110
Zinc, Zn	S2110
Vitamin B-6	S2110
18:4	S2110
22:5 n-3 (DPA)	S2110
Fatty acids, total monounsaturated	S2110
Starch	S2110
Fructose	S2110
Fiber, total dietary	S2110
Calcium, Ca	S2110
Vitamin E (alpha-tocopherol)	S2110
Vitamin D	S2110
Tyrosine	S2110
Fatty acids, total saturated	S2110

NDB No. 21280 DOMINO'S 14" Pepperoni Pizza, Classic Hand-Tossed Crust

18:0	S2110
18:2 undifferentiated	S2110
14:1	S2110
20:1	S2110
15:0	S2110
13:0	S2110
Ash	S2110
Sucrose	S2110
Maltose	S2110
Galactose	S2110
Phosphorus, P	S2110
Thiamin	S2110
Dihydrophylloquinone	S2110
Lysine	S2110
Cystine	S2110
Arginine	S2110
Glycine	S2110
Proline	S2110
8:0	S2110
16:1 undifferentiated	S2110
Fatty acids, total polyunsaturated	S2110
18:3 n-6 c,c,c	S2110
17:1	S2110
Glucose (dextrose)	S2110
Water	S2110
Manganese, Mn	S2110
Tocopherol, gamma	S2110
Tryptophan	S2110
Alanine	S2110
Glutamic acid	S2110
14:0	S2110
20:0	S2110
18:3 undifferentiated	S2110
22:6 n-3 (DHA)	S2110
Lactose	S2110
Selenium, Se	S2110
Threonine	S2110

NDB No. 21280 DOMINO'S 14" Pepperoni Pizza, Classic Hand-Tossed Crust

Phenylalanine	S2110
Histidine	S2110
Serine	S2110
17:0	S2110
20:3 undifferentiated	S2110
15:1	S2110
Sugars, total	S2110
Magnesium, Mg	S2110
Tocopherol, delta	S2110
Vitamin C, total ascorbic acid	S2110
Pantothenic acid	S2110
Leucine	S2110
Methionine	S2110
Aspartic acid	S2110
10:0	S2110
12:0	S2110
22:0	S2110
22:1 undifferentiated	S2110
20:2 n-6 c,c	S2110
18:3 n-3 c,c,c (ALA)	S2110

NDB No. 21281 DOMINO'S 14" Pepperoni Pizza, Ultimate Deep Dish Crust

Protein	S2110
Tryptophan	S2110
Cystine	S2110
Tyrosine	S2110
Arginine	S2110
Total lipid (fat)	S2110
Magnesium, Mg	S2110
Tocopherol, delta	S2110
8:0	S2110
22:0	S2110
17:0	S2110
18:3 n-3 c,c,c (ALA)	S2110
Starch	S2110
Phosphorus, P	S2110

NDB No. 21281 DOMINO'S 14" Pepperoni Pizza, Ultimate Deep Dish Crust

Zinc, Zn	S2110
Thiamin	S2110
Dihydrophylloquinone	S2110
Threonine	S2110
Glycine	S2110
18:2 undifferentiated	S2110
20:1	S2110
Fatty acids, total monounsaturated	S2110
20:2 n-6 c,c	S2110
Glucose (dextrose)	S2110
Fructose	S2110
Lactose	S2110
Maltose	S2110
Galactose	S2110
Tocopherol, beta	S2110
Niacin	S2110
Histidine	S2110
Serine	S2110
Fatty acids, total saturated	S2110
16:0	S2110
18:1 undifferentiated	S2110
Fatty acids, total polyunsaturated	S2110
Retinol	S2110
Vitamin E (alpha-tocopherol)	S2110
Isoleucine	S2110
Valine	S2110
Alanine	S2110
Aspartic acid	S2110
Proline	S2110
12:0	S2110
20:4 undifferentiated	S2110
15:1	S2110
Ash	S2110
Sucrose	S2110
Water	S2110
Sugars, total	S2110
Iron, Fe	S2110

NDB No. 21281 DOMINO'S 14" Pepperoni Pizza, Ultimate Deep Dish Crust

Vitamin B-12	S2110
Phenylalanine	S2110
10:0	S2110
20:0	S2110
Vitamin C, total ascorbic acid	S2110
Pantothenic acid	S2110
Vitamin K (phylloquinone)	S2110
Leucine	S2110
Methionine	S2110
Glutamic acid	S2110
14:1	S2110
15:0	S2110
17:1	S2110
Fiber, total dietary	S2110
Potassium, K	S2110
Copper, Cu	S2110
Manganese, Mn	S2110
Selenium, Se	S2110
Tocopherol, gamma	S2110
Riboflavin	S2110
Lysine	S2110
14:0	S2110
18:0	S2110
16:1 undifferentiated	S2110
18:3 n-6 c,c,c	S2110
20:3 undifferentiated	S2110

NDB No. 21282 DOMINO'S 14" EXTRAVAGANZZA FEAST Pizza, Classic Hand-Tossed Crust

Protein	S2110
Sucrose	S2110
Copper, Cu	S2110
Retinol	S2110
Tocopherol, delta	S2110
Vitamin B-12	S2110
Phenylalanine	S2110
16:0	S2110

NDB No. 21282 DOMINO'S 14" EXTRAVAGANZZA FEAST Pizza, Classic Hand-Tossed Crust

20:0	S2110
18:1 undifferentiated	S2110
Total lipid (fat)	S2110
Starch	S2110
Glucose (dextrose)	S2110
Maltose	S2110
Thiamin	S2110
Pantothenic acid	S2110
Isoleucine	S2110
Valine	S2110
Glycine	S2110
14:1	S2110
Lactose	S2110
Iron, Fe	S2110
Riboflavin	S2110
Methionine	S2110
Tyrosine	S2110
Aspartic acid	S2110
Fatty acids, total saturated	S2110
10:0	S2110
12:0	S2110
22:0	S2110
Fructose	S2110
Selenium, Se	S2110
Leucine	S2110
Lysine	S2110
Alanine	S2110
8:0	S2110
14:0	S2110
18:0	S2110
18:2 undifferentiated	S2110
Magnesium, Mg	S2110
Potassium, K	S2110
Vitamin C, total ascorbic acid	S2110
Histidine	S2110
Glutamic acid	S2110
Proline	S2110

NDB No. 21282 DOMINO'S 14" EXTRAVAGANZZA FEAST Pizza, Classic Hand-Tossed Crust

20:2 n-6 c,c	S2110
Galactose	S2110
Zinc, Zn	S2110
Manganese, Mn	S2110
Vitamin E (alpha-tocopherol)	S2110
Tocopherol, beta	S2110
Tryptophan	S2110
Threonine	S2110
Arginine	S2110
20:4 undifferentiated	S2110
16:1 undifferentiated	S2110
20:1	S2110
Fatty acids, total monounsaturated	S2110
15:0	S2110
18:3 n-6 c,c,c	S2110
15:1	S2110
Ash	S2110
Water	S2110
Niacin	S2110
Dihydrophylloquinone	S2110
Vitamin K (phylloquinone)	S2110
Cystine	S2110
Serine	S2110
Fatty acids, total polyunsaturated	S2110
17:0	S2110
Sugars, total	S2110
Fiber, total dietary	S2110
Calcium, Ca	S2110
Phosphorus, P	S2110
Tocopherol, gamma	S2110
17:1	S2110
20:3 undifferentiated	S2110
18:3 n-3 c,c,c (ALA)	S2110

NDB No. 21283 PAPA JOHN'S 14" Cheese Pizza, Original Crust

Sucrose	S2111

NDB No. 21283 PAPA JOHN'S 14" Cheese Pizza, Original Crust

Fructose	S2111
Calcium, Ca	S2111
Iron, Fe	S2111
Zinc, Zn	S2111
Manganese, Mn	S2111
Cryptoxanthin, beta	S4901
Tocopherol, gamma	S2111
Niacin	S2111
Vitamin B-12	S2111
8:0	S2111
18:0	S2111
18:2 undifferentiated	S2111
15:0	S2111
18:3 n-6 c,c,c	S2111
20:3 undifferentiated	S2111
Glucose (dextrose)	S2111
Magnesium, Mg	S2111
Vitamin E (alpha-tocopherol)	S2111
Vitamin C, total ascorbic acid	S2111
Vitamin K (phylloquinone)	S2111
Total lipid (fat)	S2111
Lactose	S2111
Galactose	S2111
Fiber, total dietary	S2111
Thiamin	S2111
Folate, total	S2111
Dihydrophylloquinone	S2111
16:0	S2111
20:4 undifferentiated	S2111
22:0	S2111
17:0	S2111
24:0	S2111
18:3 n-3 c,c,c (ALA)	S2111
Water	S2111
Sugars, total	S2111
Selenium, Se	S2111
Tocopherol, beta	S2111

NDB No. 21283 PAPA JOHN'S 14" Cheese Pizza, Original Crust

Riboflavin	S2111
14:0	S2111
14:1	S2111
22:5 n-3 (DPA)	S2111
Fatty acids, total monounsaturated	S2111
Fatty acids, total polyunsaturated	S2111
15:1	S2111
Ash	S2111
Maltose	S2111
Phosphorus, P	S2111
Copper, Cu	S2111
Retinol	S2111
Carotene, beta	S4901
Lycopene	S4901
Tocopherol, delta	S2111
Fatty acids, total saturated	S2111
18:1 undifferentiated	S2111
16:1 undifferentiated	S2111
20:1	S2111
20:2 n-6 c,c	S2111
17:1	S2111
Starch	S2111
Carotene, alpha	S4901
Lutein + zeaxanthin	S4901
Folate, food	S2111
Cholesterol	S2111
18:4	S2111
13:0	S2111
Potassium, K	S2111
Sodium, Na	S2111
Vitamin D	S2111
Pantothenic acid	S2111
Vitamin B-6	S2111
Folic acid	S2111
10:0	S2111
20:0	S2111
22:1 undifferentiated	S2111

NDB No. 21283 PAPA JOHN'S 14" Cheese Pizza, Original Crust

Protein	S2111
12:0	S2111
18:3 undifferentiated	S2111
22:6 n-3 (DHA)	S2111
20:5 n-3 (EPA)	S2111

NDB No. 21284 PAPA JOHN'S 14" Pepperoni Pizza, Original Crust

Sucrose	S2111
Maltose	S2111
Calcium, Ca	S2111
Magnesium, Mg	S2111
Vitamin D	S2111
Tocopherol, delta	S2111
Vitamin B-6	S2111
22:5 n-3 (DPA)	S2111
20:3 undifferentiated	S2111
15:1	S2111
Fiber, total dietary	S2111
Potassium, K	S2111
Copper, Cu	S2111
Riboflavin	S2111
8:0	S2111
20:2 n-6 c,c	S2111
17:1	S2111
Protein	S2111
Glucose (dextrose)	S2111
Sugars, total	S2111
Galactose	S2111
Phosphorus, P	S2111
Sodium, Na	S2111
Manganese, Mn	S2111
Vitamin E (alpha-tocopherol)	S2111
Tocopherol, gamma	S2111
Niacin	S2111
Pantothenic acid	S2111
12:0	S2111

NDB No. 21284 PAPA JOHN'S 14" Pepperoni Pizza, Original Crust

20:4 undifferentiated	S2111
18:4	S2111
20:5 n-3 (EPA)	S2111
18:3 n-3 c,c,c (ALA)	S2111
Lactose	S2111
Retinol	S2111
Folate, total	S2111
Vitamin B-12	S2111
Vitamin K (phylloquinone)	S2111
Cholesterol	S2111
18:2 undifferentiated	S2111
22:1 undifferentiated	S2111
Folate, food	S2111
16:0	S2111
18:1 undifferentiated	S2111
22:6 n-3 (DHA)	S2111
Fatty acids, total monounsaturated	S2111
17:0	S2111
24:0	S2111
Starch	S2111
Fructose	S2111
Iron, Fe	S2111
Zinc, Zn	S2111
Selenium, Se	S2111
Tocopherol, beta	S2111
Fatty acids, total saturated	S2111
20:0	S2111
22:0	S2111
14:1	S2111
15:0	S2111
Ash	S2111
Water	S2111
Thiamin	S2111
Dihydrophylloquinone	S2111
Folic acid	S2111
18:0	S2111
18:3 undifferentiated	S2111

NDB No. 21284 PAPA JOHN'S 14" Pepperoni Pizza, Original Crust

Fatty acids, total polyunsaturated	S2111
Total lipid (fat)	S2111
Vitamin C, total ascorbic acid	S2111
10:0	S2111
14:0	S2111
16:1 undifferentiated	S2111
20:1	S2111
18:3 n-6 c,c,c	S2111
13:0	S2111

NDB No. 21285 PAPA JOHN'S 14" The Works Pizza, Original Crust

Iron, Fe	S2111
Copper, Cu	S2111
Tocopherol, gamma	S2111
Isoleucine	S2111
Lysine	S2111
Tyrosine	S2111
20:1	S2111
22:1 undifferentiated	S2111
Water	S2111
Magnesium, Mg	S2111
Potassium, K	S2111
Sodium, Na	S2111
Zinc, Zn	S2111
Tocopherol, delta	S2111
Tryptophan	S2111
Leucine	S2111
Cystine	S2111
Phenylalanine	S2111
Alanine	S2111
Aspartic acid	S2111
Cholesterol	S2111
22:6 n-3 (DHA)	S2111
17:1	S2111
Protein	S2111
Fructose	S2111

NDB No. 21285 PAPA JOHN'S 14" The Works Pizza, Original Crust

Fiber, total dietary	S2111
Phosphorus, P	S2111
Thiamin	S2111
Vitamin B-12	S2111
Folic acid	S2111
14:0	S2111
17:0	S2111
24:0	S2111
20:3 undifferentiated	S2111
Sugars, total	S2111
Calcium, Ca	S2111
Folate, total	S2111
Vitamin K (phylloquinone)	S2111
Histidine	S2111
16:0	S2111
20:0	S2111
18:2 undifferentiated	S2111
22:0	S2111
22:5 n-3 (DPA)	S2111
Fatty acids, total polyunsaturated	S2111
Vitamin C, total ascorbic acid	S2111
Niacin	S2111
Dihydrophylloquinone	S2111
Folate, food	S2111
Threonine	S2111
Glycine	S2111
Serine	S2111
12:0	S2111
20:5 n-3 (EPA)	S2111
Total lipid (fat)	S2111
Starch	S2111
Lactose	S2111
Maltose	S2111
Manganese, Mn	S2111
Methionine	S2111
Valine	S2111
Glutamic acid	S2111

NDB No. 21285 PAPA JOHN'S 14" The Works Pizza, Original Crust

Proline	S2111
18:0	S2111
20:4 undifferentiated	S2111
18:4	S2111
15:1	S2111
Glucose (dextrose)	S2111
Galactose	S2111
Selenium, Se	S2111
Retinol	S2111
Vitamin E (alpha-tocopherol)	S2111
Tocopherol, beta	S2111
Riboflavin	S2111
Pantothenic acid	S2111
Fatty acids, total saturated	S2111
8:0	S2111
18:1 undifferentiated	S2111
18:3 undifferentiated	S2111
14:1	S2111
16:1 undifferentiated	S2111
Fatty acids, total monounsaturated	S2111
13:0	S2111
Ash	S2111
Sucrose	S2111
Arginine	S2111
10:0	S2111
15:0	S2111

NDB No. 21286 PAPA JOHN'S 14" Cheese Pizza, Thin Crust

Aspartic acid	S2111
Fatty acids, total saturated	S2111
18:2 undifferentiated	S2111
15:0	S2111
Phosphorus, P	S2111
Pantothenic acid	S2111
Leucine	S2111
14:0	S2111

NDB No. 21286 PAPA JOHN'S 14" Cheese Pizza, Thin Crust

14:1	S2111
Fructose	S2111
Sugars, total	S2111
Galactose	S2111
Vitamin C, total ascorbic acid	S2111
Niacin	S2111
Cystine	S2111
Tyrosine	S2111
Glutamic acid	S2111
10:0	S2111
22:6 n-3 (DHA)	S2111
16:1 undifferentiated	S2111
18:4	S2111
20:1	S2111
Fatty acids, total monounsaturated	S2111
13:0	S2111
15:1	S2111
Calcium, Ca	S2111
Potassium, K	S2111
Zinc, Zn	S2111
Selenium, Se	S2111
Vitamin E (alpha-tocopherol)	S2111
Glycine	S2111
22:5 n-3 (DPA)	S2111
Fatty acids, total polyunsaturated	S2111
Protein	S2111
Fiber, total dietary	S2111
Magnesium, Mg	S2111
Copper, Cu	S2111
Thiamin	S2111
Vitamin B-12	S2111
Threonine	S2111
Arginine	S2111
Histidine	S2111
12:0	S2111
18:1 undifferentiated	S2111
22:1 undifferentiated	S2111

NDB No. 21286 PAPA JOHN'S 14" Cheese Pizza, Thin Crust

20:3 undifferentiated	S2111
Total lipid (fat)	S2111
Sucrose	S2111
Iron, Fe	S2111
Sodium, Na	S2111
Tocopherol, beta	S2111
Tocopherol, delta	S2111
Dihydrophylloquinone	S2111
Isoleucine	S2111
Lysine	S2111
Alanine	S2111
Cholesterol	S2111
22:0	S2111
17:0	S2111
Ash	S2111
Glucose (dextrose)	S2111
Maltose	S2111
Water	S2111
Manganese, Mn	S2111
Tocopherol, gamma	S2111
Vitamin K (phylloquinone)	S2111
Tryptophan	S2111
8:0	S2111
18:0	S2111
20:0	S2111
20:4 undifferentiated	S2111
20:5 n-3 (EPA)	S2111
24:0	S2111
Starch	S2111
Lactose	S2111
Retinol	S2111
Riboflavin	S2111
Methionine	S2111
Phenylalanine	S2111
Valine	S2111
Proline	S2111
Serine	S2111

NDB No. 21286 PAPA JOHN'S 14" Cheese Pizza, Thin Crust

16:0	S2111
18:3 undifferentiated	S2111
17:1	S2111

NDB No. 21287 LITTLE CAESARS 14" Original Round Cheese Pizza, Regular Crust

Sucrose	S2112
Sugars, total	S2112
Galactose	S2112
Riboflavin	S2112
18:3 n-3 c,c,c (ALA)	S2112
Magnesium, Mg	S2112
Pantothenic acid	S2112
22:0	S2112
Sodium, Na	S2112
Copper, Cu	S2112
Vitamin B-12	S2112
12:0	S2112
20:1	S2112
Fatty acids, total polyunsaturated	S2112
17:1	S2112
Starch	S2112
Vitamin E (alpha-tocopherol)	S2112
Dihydrophylloquinone	S2112
Cholesterol	S2112
Fatty acids, total saturated	S2112
8:0	S2112
16:1 undifferentiated	S2112
18:3 n-6 c,c,c	S2112
20:3 undifferentiated	S2112
Ash	S2112
Glucose (dextrose)	S2112
Lactose	S2112
Fiber, total dietary	S2112
Manganese, Mn	S2112
Vitamin C, total ascorbic acid	S2112
Niacin	S2112

NDB No. 21287 LITTLE CAESARS 14" Original Round Cheese Pizza, Regular Crust

15:1	S2112
Protein	S2112
Potassium, K	S2112
Zinc, Zn	S2112
10:0	S2112
15:0	S2112
17:0	S2112
20:2 n-6 c,c	S2112
Total lipid (fat)	S2112
Maltose	S2112
Water	S2112
Phosphorus, P	S2112
Selenium, Se	S2112
Retinol	S2112
Tocopherol, beta	S2112
Tocopherol, gamma	S2112
Tocopherol, delta	S2112
Thiamin	S2112
Vitamin K (phylloquinone)	S2112
18:0	S2112
Fructose	S2112
Calcium, Ca	S2112
Iron, Fe	S2112
Vitamin D	S2112
14:0	S2112
16:0	S2112
20:0	S2112
18:1 undifferentiated	S2112
18:2 undifferentiated	S2112
18:3 undifferentiated	S2112
20:4 undifferentiated	S2112
14:1	S2112
Fatty acids, total monounsaturated	S2112

NDB No. 21288 LITTLE CAESARS 14" Original Round Pepperoni Pizza, Regular Crust

Ash	S2112

NDB No. 21288 LITTLE CAESARS 14" Original Round Pepperoni Pizza, Regular Crust

Fructose	S2112
Maltose	S2112
Galactose	S2112
Calcium, Ca	S2112
Potassium, K	S2112
Tocopherol, beta	S2112
20:1	S2112
20:3 undifferentiated	S2112
Total lipid (fat)	S2112
Vitamin E (alpha-tocopherol)	S2112
Tocopherol, gamma	S2112
Thiamin	S2112
18:1 undifferentiated	S2112
Starch	S2112
Lactose	S2112
Sugars, total	S2112
Fiber, total dietary	S2112
Magnesium, Mg	S2112
14:0	S2112
18:0	S2112
22:0	S2112
14:1	S2112
Fatty acids, total monounsaturated	S2112
15:1	S2112
Phosphorus, P	S2112
Selenium, Se	S2112
Riboflavin	S2112
16:1 undifferentiated	S2112
Fatty acids, total polyunsaturated	S2112
17:1	S2112
Sucrose	S2112
Glucose (dextrose)	S2112
Water	S2112
Sodium, Na	S2112
Copper, Cu	S2112
Dihydrophylloquinone	S2112
Cholesterol	S2112

NDB No. 21288 LITTLE CAESARS 14" Original Round Pepperoni Pizza, Regular Crust

8:0	S2112
18:3 n-6 c,c,c	S2112
18:3 n-3 c,c,c (ALA)	S2112
Manganese, Mn	S2112
10:0	S2112
12:0	S2112
18:2 undifferentiated	S2112
20:4 undifferentiated	S2112
17:0	S2112
20:2 n-6 c,c	S2112
Iron, Fe	S2112
Vitamin D	S2112
Pantothenic acid	S2112
Fatty acids, total saturated	S2112
20:0	S2112
18:3 undifferentiated	S2112
15:0	S2112
Protein	S2112
Zinc, Zn	S2112
Retinol	S2112
Tocopherol, delta	S2112
Vitamin C, total ascorbic acid	S2112
Niacin	S2112
Vitamin B-12	S2112
Vitamin K (phylloquinone)	S2112
16:0	S2112

NDB No. 21289 LITTLE CAESARS 14" Original Round Meat and Vegetable Pizza, Regular Crust

Ash	S2112
Starch	S2112
Maltose	S2112
Phosphorus, P	S2112
Manganese, Mn	S2112
Tryptophan	S2112
Tyrosine	S2112
Valine	S2112

NDB No. 21289 LITTLE CAESARS 14" Original Round Meat and Vegetable Pizza, Regular Crust

Proline	S2112
Cholesterol	S2112
Fatty acids, total saturated	S2112
14:0	S2112
18:1 undifferentiated	S2112
20:1	S2112
20:3 undifferentiated	S2112
Magnesium, Mg	S2112
Copper, Cu	S2112
Thiamin	S2112
Riboflavin	S2112
Pantothenic acid	S2112
Threonine	S2112
18:0	S2112
18:2 undifferentiated	S2112
20:4 undifferentiated	S2112
14:1	S2112
20:2 n-6 c,c	S2112
18:3 n-6 c,c,c	S2112
18:3 n-3 c,c,c (ALA)	S2112
Protein	S2112
Sucrose	S2112
Glucose (dextrose)	S2112
Lactose	S2112
Fiber, total dietary	S2112
Zinc, Zn	S2112
Dihydrophylloquinone	S2112
Serine	S2112
10:0	S2112
12:0	S2112
22:0	S2112
15:1	S2112
Water	S2112
Galactose	S2112
Retinol	S2112
Fatty acids, total monounsaturated	S2112
17:0	S2112

NDB No. 21289 LITTLE CAESARS 14" Original Round Meat and Vegetable Pizza, Regular Crust

17:1	S2112
Total lipid (fat)	S2112
Fructose	S2112
Calcium, Ca	S2112
Sodium, Na	S2112
Selenium, Se	S2112
Vitamin B-12	S2112
Leucine	S2112
Histidine	S2112
Aspartic acid	S2112
Fatty acids, total polyunsaturated	S2112
Sugars, total	S2112
Iron, Fe	S2112
Potassium, K	S2112
Tocopherol, delta	S2112
Methionine	S2112
8:0	S2112
15:0	S2112
Tocopherol, beta	S2112
Tocopherol, gamma	S2112
Vitamin C, total ascorbic acid	S2112
Vitamin K (phylloquinone)	S2112
Cystine	S2112
Phenylalanine	S2112
Arginine	S2112
Glutamic acid	S2112
20:0	S2112
16:1 undifferentiated	S2112
Vitamin E (alpha-tocopherol)	S2112
Niacin	S2112
Isoleucine	S2112
Lysine	S2112
Alanine	S2112
Glycine	S2112
16:0	S2112
18:3 undifferentiated	S2112

NDB No. 21290 LITTLE CAESARS 14" Cheese Pizza, Large Deep Dish Crust

Ash	S2112
Potassium, K	S2112
Vitamin E (alpha-tocopherol)	S2112
Vitamin B-12	S2112
Tryptophan	S2112
Aspartic acid	S2112
Serine	S2112
14:0	S2112
20:0	S2112
14:1	S2112
20:2 n-6 c,c	S2112
15:1	S2112
18:3 n-3 c,c,c (ALA)	S2112
Protein	S2112
Sucrose	S2112
Fiber, total dietary	S2112
Selenium, Se	S2112
Tocopherol, beta	S2112
Thiamin	S2112
Vitamin K (phylloquinone)	S2112
Leucine	S2112
Methionine	S2112
Glutamic acid	S2112
8:0	S2112
20:4 undifferentiated	S2112
Starch	S2112
Galactose	S2112
Iron, Fe	S2112
Phosphorus, P	S2112
Isoleucine	S2112
Phenylalanine	S2112
Valine	S2112
Cholesterol	S2112
18:0	S2112
Lactose	S2112
Maltose	S2112
Magnesium, Mg	S2112

NDB No. 21290 LITTLE CAESARS 14" Cheese Pizza, Large Deep Dish Crust

Copper, Cu	S2112
Riboflavin	S2112
Niacin	S2112
Arginine	S2112
Alanine	S2112
18:2 undifferentiated	S2112
Fatty acids, total polyunsaturated	S2112
Manganese, Mn	S2112
Retinol	S2112
Pantothenic acid	S2112
Lysine	S2112
Tyrosine	S2112
Fatty acids, total saturated	S2112
22:0	S2112
18:3 n-6 c,c,c	S2112
Total lipid (fat)	S2112
Sodium, Na	S2112
Dihydrophylloquinone	S2112
Cystine	S2112
Histidine	S2112
18:1 undifferentiated	S2112
20:1	S2112
Fatty acids, total monounsaturated	S2112
15:0	S2112
Glucose (dextrose)	S2112
Water	S2112
Sugars, total	S2112
Calcium, Ca	S2112
Tocopherol, gamma	S2112
Tocopherol, delta	S2112
Vitamin C, total ascorbic acid	S2112
Glycine	S2112
Hydroxyproline	S2112
10:0	S2112
12:0	S2112
16:0	S2112
17:0	S2112

NDB No. 21290 LITTLE CAESARS 14" Cheese Pizza, Large Deep Dish Crust

Fructose	S2112
Zinc, Zn	S2112
Threonine	S2112
Proline	S2112
18:3 undifferentiated	S2112
16:1 undifferentiated	S2112
17:1	S2112
20:3 undifferentiated	S2112

NDB No. 21291 LITTLE CAESARS 14" Pepperoni Pizza, Large Deep Dish Crust

Ash	S2112
Sucrose	S2112
Water	S2112
Copper, Cu	S2112
Selenium, Se	S2112
Tocopherol, beta	S2112
Tocopherol, gamma	S2112
Vitamin K (phylloquinone)	S2112
Isoleucine	S2112
15:1	S2112
Lactose	S2112
Maltose	S2112
Phosphorus, P	S2112
Potassium, K	S2112
Pantothenic acid	S2112
Cystine	S2112
Histidine	S2112
Alanine	S2112
Glycine	S2112
Cholesterol	S2112
Fatty acids, total saturated	S2112
20:4 undifferentiated	S2112
15:0	S2112
Starch	S2112
Glucose (dextrose)	S2112
Manganese, Mn	S2112

NDB No. 21291 LITTLE CAESARS 14" Pepperoni Pizza, Large Deep Dish Crust

Leucine	S2112
Lysine	S2112
18:1 undifferentiated	S2112
20:1	S2112
17:1	S2112
Protein	S2112
Total lipid (fat)	S2112
Galactose	S2112
Thiamin	S2112
Dihydrophylloquinone	S2112
Methionine	S2112
Phenylalanine	S2112
12:0	S2112
14:0	S2112
18:3 undifferentiated	S2112
17:0	S2112
18:3 n-3 c,c,c (ALA)	S2112
Vitamin E (alpha-tocopherol)	S2112
Vitamin B-12	S2112
Proline	S2112
Serine	S2112
8:0	S2112
10:0	S2112
16:0	S2112
22:0	S2112
16:1 undifferentiated	S2112
Magnesium, Mg	S2112
Sodium, Na	S2112
Threonine	S2112
Valine	S2112
20:0	S2112
14:1	S2112
Fatty acids, total polyunsaturated	S2112
20:2 n-6 c,c	S2112
Fructose	S2112
Iron, Fe	S2112
Zinc, Zn	S2112

NDB No. 21291 LITTLE CAESARS 14" Pepperoni Pizza, Large Deep Dish Crust

Retinol	S2112
Aspartic acid	S2112
Glutamic acid	S2112
18:0	S2112
20:3 undifferentiated	S2112
Sugars, total	S2112
Fiber, total dietary	S2112
Calcium, Ca	S2112
Tocopherol, delta	S2112
Vitamin C, total ascorbic acid	S2112
Riboflavin	S2112
Niacin	S2112
Tryptophan	S2112
Tyrosine	S2112
Arginine	S2112
18:2 undifferentiated	S2112
Fatty acids, total monounsaturated	S2112
18:3 n-6 c,c,c	S2112

NDB No. 21292 LITTLE CAESARS 14" Cheese Pizza, Thin Crust

Total lipid (fat)	S2112
Water	S2112
Vitamin C, total ascorbic acid	S2112
Dihydrophylloquinone	S2112
Histidine	S2112
Proline	S2112
Fatty acids, total saturated	S2112
20:2 n-6 c,c	S2112
20:3 undifferentiated	S2112
Lactose	S2112
Calcium, Ca	S2112
Phosphorus, P	S2112
Zinc, Zn	S2112
Manganese, Mn	S2112
Thiamin	S2112
Riboflavin	S2112

NDB No. 21292 LITTLE CAESARS 14" Cheese Pizza, Thin Crust

Niacin	S2112
18:1 undifferentiated	S2112
18:2 undifferentiated	S2112
20:4 undifferentiated	S2112
14:1	S2112
15:0	S2112
17:0	S2112
18:3 n-3 c,c,c (ALA)	S2112
Potassium, K	S2112
Tocopherol, delta	S2112
Vitamin K (phylloquinone)	S2112
Leucine	S2112
16:1 undifferentiated	S2112
18:3 n-6 c,c,c	S2112
17:1	S2112
Ash	S2112
Fructose	S2112
Galactose	S2112
Threonine	S2112
Methionine	S2112
Cystine	S2112
Phenylalanine	S2112
Alanine	S2112
Glycine	S2112
Serine	S2112
Fatty acids, total polyunsaturated	S2112
Protein	S2112
Sugars, total	S2112
Vitamin B-12	S2112
14:0	S2112
20:1	S2112
Starch	S2112
Maltose	S2112
Fiber, total dietary	S2112
Tocopherol, beta	S2112
Pantothenic acid	S2112
Tyrosine	S2112

NDB No. 21292 LITTLE CAESARS 14" Cheese Pizza, Thin Crust

12:0	S2112
16:0	S2112
20:0	S2112
18:3 undifferentiated	S2112
Fatty acids, total monounsaturated	S2112
Sucrose	S2112
Glucose (dextrose)	S2112
Magnesium, Mg	S2112
Copper, Cu	S2112
Retinol	S2112
Tryptophan	S2112
Valine	S2112
Glutamic acid	S2112
Cholesterol	S2112
22:0	S2112
Iron, Fe	S2112
Sodium, Na	S2112
Selenium, Se	S2112
Vitamin E (alpha-tocopherol)	S2112
Tocopherol, gamma	S2112
Isoleucine	S2112
Lysine	S2112
Arginine	S2112
Aspartic acid	S2112
8:0	S2112
10:0	S2112
18:0	S2112
15:1	S2112

NDB No. 21293 PIZZA HUT 14" Cheese Pizza, Regular Crust

Total lipid (fat)	S2782
Sodium, Na	S2782
Tocopherol, gamma	S2782
Vitamin B-6	S2782
18:3 undifferentiated	S2782
20:3 undifferentiated	S2782

NDB No. 21293 PIZZA HUT 14" Cheese Pizza, Regular Crust

15:1	S2782
Maltose	S2782
Phosphorus, P	S2782
Tocopherol, delta	S2782
Dihydrophylloquinone	S2782
12:0	S2782
16:0	S2782
22:0	S2782
14:1	S2782
18:4	S2782
22:5 n-3 (DPA)	S2782
17:1	S2782
Ash	S2782
Glucose (dextrose)	S2782
Calcium, Ca	S2782
Riboflavin	S2782
Pantothenic acid	S2782
18:0	S2782
20:1	S2782
Fatty acids, total monounsaturated	S2782
Starch	S2782
Fructose	S2782
Iron, Fe	S2782
Vitamin E (alpha-tocopherol)	S2782
Tocopherol, beta	S2782
Folate, total	S2782
Folate, food	S2782
Cholesterol	S2782
20:0	S2782
18:1 undifferentiated	S2782
16:1 undifferentiated	S2782
22:1 undifferentiated	S2782
Fatty acids, total polyunsaturated	S2782
15:0	S2782
17:0	S2782
Sugars, total	S2782
Galactose	S2782

NDB No. 21293 PIZZA HUT 14" Cheese Pizza, Regular Crust

Zinc, Zn	S2782
Copper, Cu	S2782
Menaquinone-4	S2782
14:0	S2782
24:0	S2782
20:2 n-6 c,c	S2782
Protein	S2782
Water	S2782
Fiber, total dietary	S2782
Manganese, Mn	S2782
Retinol	S2782
Vitamin D	S2782
Thiamin	S2782
Vitamin B-12	S2782
Vitamin K (phylloquinone)	S2782
20:4 undifferentiated	S2782
Sucrose	S2782
Lactose	S2782
Niacin	S2782
Folic acid	S2782
Fatty acids, total saturated	S2782
18:2 undifferentiated	S2782
22:6 n-3 (DHA)	S2782
Magnesium, Mg	S2782
Potassium, K	S2782
Selenium, Se	S2782
Vitamin C, total ascorbic acid	S2782
8:0	S2782
10:0	S2782
20:5 n-3 (EPA)	S2782

NDB No. 21294 PIZZA HUT 14" Cheese Pizza, Thick Crust

Protein	S2782
Manganese, Mn	S2782
Riboflavin	S2782
Folate, total	S2782

NDB No. 21294 PIZZA HUT 14" Cheese Pizza, Thick Crust

Folic acid	S2782
8:0	S2782
18:3 undifferentiated	S2782
20:5 n-3 (EPA)	S2782
15:1	S2782
Fructose	S2782
Fiber, total dietary	S2782
Vitamin E (alpha-tocopherol)	S2782
18:0	S2782
20:0	S2782
Fatty acids, total monounsaturated	S2782
Sugars, total	S2782
Galactose	S2782
Calcium, Ca	S2782
Magnesium, Mg	S2782
Sodium, Na	S2782
Tocopherol, delta	S2782
Vitamin B-6	S2782
16:0	S2782
18:2 undifferentiated	S2782
Lactose	S2782
Water	S2782
Tocopherol, gamma	S2782
20:4 undifferentiated	S2782
22:6 n-3 (DHA)	S2782
16:1 undifferentiated	S2782
22:5 n-3 (DPA)	S2782
17:1	S2782
Selenium, Se	S2782
Vitamin B-12	S2782
22:0	S2782
Fatty acids, total polyunsaturated	S2782
Sucrose	S2782
Iron, Fe	S2782
Phosphorus, P	S2782
Zinc, Zn	S2782
Vitamin D	S2782

NDB No. 21294 PIZZA HUT 14" Cheese Pizza, Thick Crust

Tocopherol, beta	S2782
Dihydrophylloquinone	S2782
Folate, food	S2782
10:0	S2782
14:1	S2782
15:0	S2782
20:3 undifferentiated	S2782
Total lipid (fat)	S2782
Starch	S2782
Maltose	S2782
Thiamin	S2782
Vitamin K (phylloquinone)	S2782
Cholesterol	S2782
Fatty acids, total saturated	S2782
18:1 undifferentiated	S2782
17:0	S2782
24:0	S2782
Ash	S2782
Glucose (dextrose)	S2782
Potassium, K	S2782
Retinol	S2782
Vitamin C, total ascorbic acid	S2782
Niacin	S2782
Pantothenic acid	S2782
Menaquinone-4	S2782
12:0	S2782
14:0	S2782
18:4	S2782
20:1	S2782
22:1 undifferentiated	S2782
20:2 n-6 c,c	S2782

NDB No. 21295 PIZZA HUT 14" Cheese Pizza, THIN 'N CRISPY Crust

Lactose	S2782
Selenium, Se	S2782
Tocopherol, delta	S2782

NDB No. 21295 PIZZA HUT 14" Cheese Pizza, THIN 'N CRISPY Crust

Vitamin B-12	S2782
Tryptophan	S2782
Lysine	S2782
Serine	S2782
14:0	S2782
20:0	S2782
16:1 undifferentiated	S2782
Fatty acids, total monounsaturated	S2782
24:0	S2782
Galactose	S2782
Phosphorus, P	S2782
Potassium, K	S2782
Copper, Cu	S2782
Thiamin	S2782
Folate, food	S2782
Tyrosine	S2782
Valine	S2782
Arginine	S2782
Alanine	S2782
Aspartic acid	S2782
Glycine	S2782
8:0	S2782
18:1 undifferentiated	S2782
18:3 undifferentiated	S2782
20:5 n-3 (EPA)	S2782
Fatty acids, total polyunsaturated	S2782
20:2 n-6 c,c	S2782
Ash	S2782
Starch	S2782
Glucose (dextrose)	S2782
Water	S2782
Zinc, Zn	S2782
Manganese, Mn	S2782
Vitamin E (alpha-tocopherol)	S2782
Vitamin B-6	S2782
Threonine	S2782
Fatty acids, total saturated	S2782

NDB No. 21295 PIZZA HUT 14" Cheese Pizza, THIN 'N CRISPY Crust

20:3 undifferentiated	S2782
Fiber, total dietary	S2782
Retinol	S2782
Folate, total	S2782
Isoleucine	S2782
Phenylalanine	S2782
Histidine	S2782
12:0	S2782
18:4	S2782
22:5 n-3 (DPA)	S2782
17:1	S2782
Maltose	S2782
Vitamin K (phylloquinone)	S2782
Cholesterol	S2782
10:0	S2782
18:0	S2782
18:2 undifferentiated	S2782
Fructose	S2782
Sugars, total	S2782
Vitamin C, total ascorbic acid	S2782
Riboflavin	S2782
Niacin	S2782
Menaquinone-4	S2782
Leucine	S2782
Methionine	S2782
Glutamic acid	S2782
Proline	S2782
22:0	S2782
15:1	S2782
Protein	S2782
Sucrose	S2782
Iron, Fe	S2782
Tocopherol, beta	S2782
Tocopherol, gamma	S2782
Pantothenic acid	S2782
Dihydrophylloquinone	S2782
16:0	S2782

NDB No. 21295 PIZZA HUT 14" Cheese Pizza, THIN 'N CRISPY Crust

14:1	S2782
17:0	S2782
Total lipid (fat)	S2782
Calcium, Ca	S2782
Magnesium, Mg	S2782
Sodium, Na	S2782
Folic acid	S2782
Cystine	S2782
20:4 undifferentiated	S2782
22:6 n-3 (DHA)	S2782
20:1	S2782
22:1 undifferentiated	S2782
15:0	S2782

NDB No. 21296 PIZZA HUT 14" Pepperoni Pizza, Regular Crust

Starch	S2782
Water	S2782
Galactose	S2782
Retinol	S2782
Thiamin	S2782
Riboflavin	S2782
Dihydrophylloquinone	S2782
Cholesterol	S2782
18:2 undifferentiated	S2782
14:1	S2782
Fatty acids, total monounsaturated	S2782
17:1	S2782
Fiber, total dietary	S2782
Magnesium, Mg	S2782
Tocopherol, beta	S2782
Tocopherol, delta	S2782
Folate, total	S2782
Fatty acids, total saturated	S2782
8:0	S2782
20:5 n-3 (EPA)	S2782
Lactose	S2782

NDB No. 21296 PIZZA HUT 14" Pepperoni Pizza, Regular Crust

Calcium, Ca	S2782
Vitamin E (alpha-tocopherol)	S2782
Tocopherol, gamma	S2782
Niacin	S2782
Folic acid	S2782
14:0	S2782
18:4	S2782
20:2 n-6 c,c	S2782
Sucrose	S2782
Glucose (dextrose)	S2782
Potassium, K	S2782
Sodium, Na	S2782
Manganese, Mn	S2782
Pantothenic acid	S2782
Vitamin B-12	S2782
12:0	S2782
18:3 undifferentiated	S2782
24:0	S2782
20:3 undifferentiated	S2782
Protein	S2782
Fructose	S2782
Sugars, total	S2782
Vitamin C, total ascorbic acid	S2782
20:0	S2782
20:4 undifferentiated	S2782
16:1 undifferentiated	S2782
20:1	S2782
Fatty acids, total polyunsaturated	S2782
17:0	S2782
Total lipid (fat)	S2782
Maltose	S2782
Vitamin B-6	S2782
Menaquinone-4	S2782
Folate, food	S2782
22:0	S2782
15:0	S2782
Ash	S2782

NDB No. 21296 PIZZA HUT 14" Pepperoni Pizza, Regular Crust

Iron, Fe	S2782
Zinc, Zn	S2782
Copper, Cu	S2782
Selenium, Se	S2782
Vitamin D	S2782
10:0	S2782
16:0	S2782
18:1 undifferentiated	S2782
Phosphorus, P	S2782
Vitamin K (phylloquinone)	S2782
18:0	S2782
22:6 n-3 (DHA)	S2782
22:1 undifferentiated	S2782
22:5 n-3 (DPA)	S2782
15:1	S2782

NDB No. 21297 PIZZA HUT 14" Pepperoni Pizza, Thick Crust

Calcium, Ca	S2782
Vitamin E (alpha-tocopherol)	S2782
Tocopherol, beta	S2782
Niacin	S2782
Pantothenic acid	S2782
Vitamin K (phylloquinone)	S2782
8:0	S2782
18:4	S2782
Fatty acids, total polyunsaturated	S2782
24:0	S2782
Ash	S2782
Fiber, total dietary	S2782
Magnesium, Mg	S2782
Selenium, Se	S2782
Tocopherol, delta	S2782
Vitamin B-6	S2782
Vitamin B-12	S2782
Folate, food	S2782
14:1	S2782

NDB No. 21297 PIZZA HUT 14" Pepperoni Pizza, Thick Crust

20:3 undifferentiated	S2782
15:1	S2782
Sucrose	S2782
Glucose (dextrose)	S2782
Water	S2782
Galactose	S2782
Zinc, Zn	S2782
Vitamin C, total ascorbic acid	S2782
Menaquinone-4	S2782
Dihydrophylloquinone	S2782
Folic acid	S2782
18:0	S2782
20:2 n-6 c,c	S2782
Phosphorus, P	S2782
Thiamin	S2782
Fatty acids, total saturated	S2782
20:0	S2782
20:5 n-3 (EPA)	S2782
17:1	S2782
Maltose	S2782
Iron, Fe	S2782
Potassium, K	S2782
Sodium, Na	S2782
14:0	S2782
18:1 undifferentiated	S2782
18:2 undifferentiated	S2782
18:3 undifferentiated	S2782
20:1	S2782
Protein	S2782
Vitamin D	S2782
Tocopherol, gamma	S2782
Cholesterol	S2782
22:6 n-3 (DHA)	S2782
22:5 n-3 (DPA)	S2782
Total lipid (fat)	S2782
Starch	S2782
Lactose	S2782

NDB No. 21297 PIZZA HUT 14" Pepperoni Pizza, Thick Crust

Sugars, total	S2782
Manganese, Mn	S2782
10:0	S2782
20:4 undifferentiated	S2782
22:0	S2782
16:1 undifferentiated	S2782
15:0	S2782
17:0	S2782
Fructose	S2782
Retinol	S2782
Riboflavin	S2782
Folate, total	S2782
12:0	S2782
16:0	S2782
22:1 undifferentiated	S2782
Fatty acids, total monounsaturated	S2782

NDB No. 21298 PIZZA HUT 14" Super Supreme Pizza, Regular Crust

Total lipid (fat)	S2782
Glucose (dextrose)	S2782
Lactose	S2782
Sugars, total	S2782
Potassium, K	S2782
Retinol	S2782
Menaquinone-4	S2782
Valine	S2782
Glutamic acid	S2782
18:1 undifferentiated	S2782
18:2 undifferentiated	S2782
18:3 undifferentiated	S2782
20:4 undifferentiated	S2782
22:1 undifferentiated	S2782
Ash	S2782
Sucrose	S2782
Phosphorus, P	S2782
Folate, total	S2782

NDB No. 21298 PIZZA HUT 14" Super Supreme Pizza, Regular Crust

Folic acid	S2782
Phenylalanine	S2782
Aspartic acid	S2782
Serine	S2782
Fatty acids, total saturated	S2782
12:0	S2782
22:6 n-3 (DHA)	S2782
16:1 undifferentiated	S2782
Fatty acids, total monounsaturated	S2782
17:1	S2782
Zinc, Zn	S2782
Copper, Cu	S2782
Tocopherol, beta	S2782
Tocopherol, delta	S2782
Thiamin	S2782
Niacin	S2782
Pantothenic acid	S2782
Dihydrophylloquinone	S2782
Leucine	S2782
Proline	S2782
22:0	S2782
22:5 n-3 (DPA)	S2782
24:0	S2782
15:1	S2782
Vitamin C, total ascorbic acid	S2782
Riboflavin	S2782
Isoleucine	S2782
Arginine	S2782
15:0	S2782
17:0	S2782
Calcium, Ca	S2782
Manganese, Mn	S2782
Selenium, Se	S2782
Vitamin B-12	S2782
Folate, food	S2782
Tryptophan	S2782
Tyrosine	S2782

NDB No. 21298 PIZZA HUT 14" Super Supreme Pizza, Regular Crust

8:0	S2782
20:5 n-3 (EPA)	S2782
20:2 n-6 c,c	S2782
Water	S2782
Fiber, total dietary	S2782
Tocopherol, gamma	S2782
Threonine	S2782
Histidine	S2782
Alanine	S2782
10:0	S2782
16:0	S2782
18:0	S2782
20:0	S2782
18:4	S2782
Protein	S2782
Starch	S2782
Maltose	S2782
Galactose	S2782
Vitamin E (alpha-tocopherol)	S2782
Lysine	S2782
Methionine	S2782
20:1	S2782
Fatty acids, total polyunsaturated	S2782
20:3 undifferentiated	S2782
Fructose	S2782
Iron, Fe	S2782
Magnesium, Mg	S2782
Sodium, Na	S2782
Vitamin B-6	S2782
Vitamin K (phylloquinone)	S2782
Cystine	S2782
Glycine	S2782
Cholesterol	S2782
14:0	S2782
14:1	S2782

NDB No. 21299 Fast Food, Pizza Chain, 14" Pizza, cheese topping, regular crust

Total lipid (fat)	S2111, S2782, S2110, S2112
Water	S2111, S2782, S2110, S2112
Iron, Fe	S2111, S2782, S2110, S2112
Magnesium, Mg	S2111, S2782, S2110, S2112
Potassium, K	S2111, S2782, S2110, S2112
Zinc, Zn	S2111, S2782, S2110, S2112
Lycopene	S4901
Tocopherol, gamma	S2111, S2782, S2110, S2112
Thiamin	S2111, S2782, S2110, S2112
Vitamin B-6	S2111, S2782, S2110
Folic acid	S2111, S2782
Folate, food	S2111, S2782
Tryptophan	S2108
16:0	S2111, S2782, S2110, S2112
18:2 undifferentiated	S2111, S2782, S2110, S2112
20:1	S2111, S2782, S2110, S2112
Tocopherol, delta	S2111, S2782, S2110, S2112
Vitamin K (phylloquinone)	S2111, S2782, S2110, S2112
Isoleucine	S2108
8:0	S2111, S2782, S2110, S2112
22:5 n-3 (DPA)	S2111, S2782, S2110
Protein	S2111, S2782, S2110, S2112
Carotene, beta	S4901
Riboflavin	S2111, S2782, S2110, S2112
Lysine	S2108
Fatty acids, total saturated	S2111, S2782, S2110, S2112
18:4	S2111, S2782, S2110
15:0	S2111, S2782, S2110, S2112
Ash	S2111, S2782, S2110, S2112
Glucose (dextrose)	S2111, S2782, S2110, S2112
Maltose	S2111, S2782, S2110, S2112
Fiber, total dietary	S2111, S2782, S2110, S2112
Calcium, Ca	S2111, S2782, S2110, S2112
Copper, Cu	S2111, S2782, S2110, S2112
Vitamin D	S2111, S2782, S2110, S2112
Cholesterol	S2111, S2782, S2110, S2112
20:0	S2111, S2782, S2110, S2112

NDB No. 21299 Fast Food, Pizza Chain, 14" Pizza, cheese topping, regular crust

18:1 undifferentiated	S2111, S2782, S2110, S2112
22:0	S2111, S2782, S2110, S2112
22:1 undifferentiated	S2111, S2782, S2110
17:0	S2111, S2782, S2110, S2112
24:0	S2111, S2782, S2110
20:2 n-6 c,c	S2111, S2782, S2110, S2112
17:1	S2111, S2782, S2110, S2112
Fructose	S2111, S2782, S2110, S2112
Selenium, Se	S2111, S2782, S2110, S2112
Carotene, alpha	S4901
Cryptoxanthin, beta	S4901
Vitamin B-12	S2111, S2782, S2110, S2112
Choline, total	S2111, S2782, S2108, S2110, S2112
Methionine	S2108
Phenylalanine	S2108
Tyrosine	S2108
Glutamic acid	S2108
Glycine	S2108
Proline	S2108
Serine	S2108
18:0	S2111, S2782, S2110, S2112
20:4 undifferentiated	S2111, S2782, S2110, S2112
22:6 n-3 (DHA)	S2111, S2782, S2110
Fatty acids, total monounsaturated	S2111, S2782, S2110, S2112
18:3 n-6 c,c,c	S2111, S2110, S2112
13:0	S2111, S2110
15:1	S2111, S2782, S2110, S2112
18:3 n-3 c,c,c (ALA)	S2111, S2110, S2112
Lactose	S2111, S2782, S2110, S2112
Galactose	S2111, S2782, S2110, S2112
Phosphorus, P	S2111, S2782, S2110, S2112
Manganese, Mn	S2111, S2782, S2110, S2112
Lutein + zeaxanthin	S4901
Pantothenic acid	S2111, S2782, S2110, S2112
Betaine	S2111, S2782, S2108, S2110, S2112
Leucine	S2108
Aspartic acid	S2108

NDB No. 21299 Fast Food, Pizza Chain, 14" Pizza, cheese topping, regular crust

10:0	S2111, S2782, S2110, S2112
18:3 undifferentiated	S2111, S2782, S2110, S2112
20:5 n-3 (EPA)	S2111, S2782, S2110
Fatty acids, total polyunsaturated	S2111, S2782, S2110, S2112
Tocopherol, beta	S2111, S2782, S2110, S2112
Folate, total	S2111, S2782
Cystine	S2108
Valine	S2108
Arginine	S2108
Alanine	S2108
14:1	S2111, S2782, S2110, S2112
16:1 undifferentiated	S2111, S2782, S2110, S2112
20:3 undifferentiated	S2111, S2782, S2110, S2112
Starch	S2111, S2782, S2110, S2112
Sucrose	S2111, S2782, S2110, S2112
Sugars, total	S2111, S2782, S2110, S2112
Sodium, Na	S2111, S2782, S2110, S2112
Retinol	S2111, S2782, S2110, S2112
Vitamin E (alpha-tocopherol)	S2111, S2782, S2110, S2112
Vitamin C, total ascorbic acid	S2111, S2782, S2110, S2112
Niacin	S2111, S2782, S2110, S2112
Dihydrophylloquinone	S2111, S2782, S2110, S2112
Threonine	S2108
Histidine	S2108
Hydroxyproline	S2110, S2112
12:0	S2111, S2782, S2110, S2112
14:0	S2111, S2782, S2110, S2112

NDB No. 21300 Fast Food, Pizza Chain, 14" Pizza, cheese topping, thick crust

Copper, Cu	S2110, S2112
Niacin	S2782, S2110, S2112
Folic acid	S2782
Folate, food	S2782
Threonine	S2108, S2110, S2112
Methionine	S2108, S2110, S2112
Alanine	S2108, S2110, S2112

NDB No. 21300 Fast Food, Pizza Chain, 14" Pizza, cheese topping, thick crust

Aspartic acid	S2108, S2110, S2112
20:0	S2782, S2110, S2112
18:1 undifferentiated	S2782, S2110, S2112
22:0	S2782, S2110, S2112
20:1	S2782, S2110, S2112
Sucrose	S2782, S2110, S2112
Galactose	S2782, S2110, S2112
Phosphorus, P	S2782, S2110, S2112
Zinc, Zn	S2782, S2110, S2112
Tocopherol, gamma	S2782, S2110, S2112
Tocopherol, delta	S2782, S2110, S2112
Proline	S2108, S2110, S2112
Serine	S2108, S2110, S2112
Hydroxyproline	S2110, S2112
18:2 undifferentiated	S2782, S2110, S2112
Calcium, Ca	S2782, S2110, S2112
Manganese, Mn	S2782, S2110, S2112
Thiamin	S2782, S2110, S2112
Cystine	S2108, S2110, S2112
Phenylalanine	S2108, S2110, S2112
14:0	S2782, S2110, S2112
22:1 undifferentiated	S2782
20:2 n-6 c,c	S2782, S2110, S2112
Protein	S2782, S2110, S2112
Lactose	S2782, S2110, S2112
Fiber, total dietary	S2782, S2110, S2112
Tocopherol, beta	S2782, S2110, S2112
Vitamin C, total ascorbic acid	S2782, S2110, S2112
Pantothenic acid	S2782, S2110, S2112
Folate, total	S2782
Betaine	S2782, S2108, S2110, S2112
Valine	S2108, S2110, S2112
Glycine	S2108, S2110, S2112
Fatty acids, total saturated	S2782, S2110, S2112
8:0	S2782, S2110, S2112
12:0	S2782, S2110, S2112
20:4 undifferentiated	S2782, S2110, S2112

NDB No. 21300 Fast Food, Pizza Chain, 14" Pizza, cheese topping, thick crust

18:3 n-3 c,c,c (ALA)	S2110, S2112
Total lipid (fat)	S2782, S2110, S2112
Glucose (dextrose)	S2782, S2110, S2112
Fructose	S2782, S2110, S2112
Vitamin B-12	S2782, S2110, S2112
Tryptophan	S2108, S2110, S2112
Leucine	S2108, S2110, S2112
18:0	S2782, S2110, S2112
14:1	S2782, S2110, S2112
18:4	S2782
17:0	S2782, S2110, S2112
20:3 undifferentiated	S2782, S2110, S2112
Water	S2782, S2110, S2112
Potassium, K	S2782, S2110, S2112
Riboflavin	S2782, S2110, S2112
Vitamin K (phylloquinone)	S2782, S2110, S2112
Lysine	S2108, S2110, S2112
Cholesterol	S2782, S2110, S2112
16:1 undifferentiated	S2782, S2110, S2112
20:5 n-3 (EPA)	S2782
Fatty acids, total polyunsaturated	S2782, S2110, S2112
17:1	S2782, S2110, S2112
Ash	S2782, S2110, S2112
Maltose	S2782, S2110, S2112
Sugars, total	S2782, S2110, S2112
Iron, Fe	S2782, S2110, S2112
Selenium, Se	S2782, S2110, S2112
Vitamin E (alpha-tocopherol)	S2782, S2110, S2112
Vitamin D	S2782
Vitamin B-6	S2782
Tyrosine	S2108, S2110, S2112
Arginine	S2108, S2110, S2112
10:0	S2782, S2110, S2112
22:6 n-3 (DHA)	S2782
Fatty acids, total monounsaturated	S2782, S2110, S2112
15:0	S2782, S2110, S2112
24:0	S2782

NDB No. 21300 Fast Food, Pizza Chain, 14" Pizza, cheese topping, thick crust

Starch	S2782, S2110, S2112
Magnesium, Mg	S2782, S2110, S2112
Sodium, Na	S2782, S2110, S2112
Choline, total	S2782, S2108, S2110, S2112
Dihydrophylloquinone	S2782, S2110, S2112
Isoleucine	S2108, S2110, S2112
Histidine	S2108, S2110, S2112
Glutamic acid	S2108, S2110, S2112
16:0	S2782, S2110, S2112
18:3 undifferentiated	S2782, S2112
22:5 n-3 (DPA)	S2782
18:3 n-6 c,c,c	S2110, S2112
15:1	S2782, S2110, S2112

NDB No. 21301 Fast Food, Pizza Chain, 14" Pizza, cheese topping, thin crust

Protein	S2111, S2782, S2110, S2112
Ash	S2111, S2782, S2110, S2112
Magnesium, Mg	S2111, S2782, S2110, S2112
Manganese, Mn	S2111, S2782, S2110, S2112
Folic acid	S2782
Histidine	S2111, S2782, S2108, S2110, S2112
12:0	S2111, S2782, S2110, S2112
20:0	S2111, S2782, S2110, S2112
20:1	S2111, S2782, S2110, S2112
20:2 n-6 c,c	S2782, S2110, S2112
20:3 undifferentiated	S2111, S2782, S2110, S2112
Glucose (dextrose)	S2111, S2782, S2110, S2112
Lactose	S2111, S2782, S2110, S2112
Thiamin	S2111, S2782, S2110, S2112
Dihydrophylloquinone	S2111, S2782, S2110, S2112
Valine	S2111, S2782, S2108, S2110, S2112
Arginine	S2111, S2782, S2108, S2110, S2112
Fatty acids, total saturated	S2111, S2782, S2110, S2112
18:1 undifferentiated	S2111, S2782, S2110, S2112
18:3 undifferentiated	S2111, S2782, S2112
18:4	S2111, S2782

NDB No. 21301 Fast Food, Pizza Chain, 14" Pizza, cheese topping, thin crust

24:0	S2111, S2782
18:3 n-3 c,c,c (ALA)	S2110, S2112
Maltose	S2111, S2782, S2110, S2112
Galactose	S2111, S2782, S2110, S2112
Fiber, total dietary	S2111, S2782, S2110, S2112
Phosphorus, P	S2111, S2782, S2110, S2112
Tocopherol, delta	S2111, S2782, S2110, S2112
Riboflavin	S2111, S2782, S2110, S2112
Niacin	S2111, S2782, S2110, S2112
Folate, total	S2782
Tryptophan	S2111, S2782, S2108, S2110, S2112
Threonine	S2111, S2782, S2108, S2110, S2112
Methionine	S2111, S2782, S2108, S2110, S2112
Aspartic acid	S2111, S2782, S2108, S2110, S2112
Glycine	S2111, S2782, S2108, S2110, S2112
Proline	S2111, S2782, S2108, S2110, S2112
10:0	S2111, S2782, S2110, S2112
14:0	S2111, S2782, S2110, S2112
16:1 undifferentiated	S2111, S2782, S2110, S2112
Fatty acids, total polyunsaturated	S2111, S2782, S2110, S2112
15:0	S2111, S2782, S2110, S2112
Total lipid (fat)	S2111, S2782, S2110, S2112
Starch	S2111, S2782, S2110, S2112
Water	S2111, S2782, S2110, S2112
Tocopherol, gamma	S2111, S2782, S2110, S2112
Choline, total	S2111, S2108, S2110
Menaquinone-4	S2782
Folate, food	S2782
Leucine	S2111, S2782, S2108, S2110, S2112
Glutamic acid	S2111, S2782, S2108, S2110, S2112
22:0	S2111, S2782, S2110, S2112
20:5 n-3 (EPA)	S2111, S2782
Sucrose	S2111, S2782, S2110, S2112
Sugars, total	S2111, S2782, S2110, S2112
Vitamin B-12	S2111, S2782, S2110, S2112
Vitamin K (phylloquinone)	S2111, S2782, S2110, S2112
Lysine	S2111, S2782, S2108, S2110, S2112

NDB No. 21301 Fast Food, Pizza Chain, 14" Pizza, cheese topping, thin crust

Serine	S2111, S2782, S2108, S2110, S2112
Hydroxyproline	S2110
8:0	S2111, S2782, S2110, S2112
16:0	S2111, S2782, S2110, S2112
14:1	S2111, S2782, S2110, S2112
22:5 n-3 (DPA)	S2111, S2782
17:0	S2111, S2782, S2110, S2112
Calcium, Ca	S2111, S2782, S2110, S2112
Potassium, K	S2111, S2782, S2110, S2112
Copper, Cu	S2111, S2782, S2110, S2112
Selenium, Se	S2111, S2782, S2110, S2112
Tocopherol, beta	S2111, S2782, S2110, S2112
Vitamin B-6	S2782
18:2 undifferentiated	S2111, S2782, S2110, S2112
22:6 n-3 (DHA)	S2111, S2782
18:3 n-6 c,c,c	S2110, S2112
15:1	S2111, S2782, S2110, S2112
Fructose	S2111, S2782, S2110, S2112
Sodium, Na	S2111, S2782, S2110, S2112
Pantothenic acid	S2111, S2782, S2110, S2112
Betaine	S2111, S2108, S2110
Alanine	S2111, S2782, S2108, S2110, S2112
20:4 undifferentiated	S2111, S2782, S2110, S2112
Fatty acids, total monounsaturated	S2111, S2782, S2110, S2112
17:1	S2111, S2782, S2110, S2112
Iron, Fe	S2111, S2782, S2110, S2112
Zinc, Zn	S2111, S2782, S2110, S2112
Vitamin E (alpha-tocopherol)	S2111, S2782, S2110, S2112
Vitamin C, total ascorbic acid	S2111, S2782, S2110, S2112
Isoleucine	S2111, S2782, S2108, S2110, S2112
Cystine	S2111, S2782, S2108, S2110, S2112
Phenylalanine	S2111, S2782, S2108, S2110, S2112
Tyrosine	S2111, S2782, S2108, S2110, S2112
Cholesterol	S2111, S2782, S2110, S2112
18:0	S2111, S2782, S2110, S2112
22:1 undifferentiated	S2111, S2782
13:0	S2111

NDB No. 21302 Fast Food, Pizza Chain, 14" pizza, pepperoni topping, regular crust

Ash	S2111, S2782, S2110, S2112
Fiber, total dietary	S2111, S2782, S2110, S2112
Phosphorus, P	S2111, S2782, S2110, S2112
Leucine	S2108
Hydroxyproline	S2110, S2112
12:0	S2111, S2782, S2110, S2112
16:0	S2111, S2782, S2110, S2112
18:3 undifferentiated	S2111, S2782, S2110, S2112
20:1	S2111, S2782, S2110, S2112
Fatty acids, total monounsaturated	S2111, S2782, S2110, S2112
20:2 n-6 c,c	S2111, S2782, S2110, S2112
18:3 n-3 c,c,c (ALA)	S2111, S2110, S2112
Sucrose	S2111, S2782, S2110, S2112
Water	S2111, S2782, S2110, S2112
Calcium, Ca	S2111, S2782, S2110, S2112
Potassium, K	S2111, S2782, S2110, S2112
Vitamin B-6	S2111, S2782, S2110
Vitamin B-12	S2111, S2782, S2110, S2112
Folate, food	S2111, S2782
Tryptophan	S2108
Proline	S2108
Serine	S2108
18:2 undifferentiated	S2111, S2782, S2110, S2112
24:0	S2111, S2782, S2110
Lactose	S2111, S2782, S2110, S2112
Galactose	S2111, S2782, S2110, S2112
Manganese, Mn	S2111, S2782, S2110, S2112
Vitamin C, total ascorbic acid	S2111, S2782, S2110, S2112
Pantothenic acid	S2111, S2782, S2110, S2112
Isoleucine	S2108
Phenylalanine	S2108
Tyrosine	S2108
Cholesterol	S2111, S2782, S2110, S2112
18:0	S2111, S2782, S2110, S2112
18:1 undifferentiated	S2111, S2782, S2110, S2112
22:6 n-3 (DHA)	S2111, S2782, S2110
17:0	S2111, S2782, S2110, S2112

NDB No. 21302 Fast Food, Pizza Chain, 14" pizza, pepperoni topping, regular crust

17:1	S2111, S2782, S2110, S2112
13:0	S2111, S2110
15:1	S2111, S2782, S2110, S2112
Fructose	S2111, S2782, S2110, S2112
Tocopherol, gamma	S2111, S2782, S2110, S2112
Folate, total	S2111, S2782
Valine	S2108
Histidine	S2108
20:0	S2111, S2782, S2110, S2112
22:1 undifferentiated	S2111, S2782, S2110
18:3 n-6 c,c,c	S2111, S2110, S2112
Protein	S2111, S2782, S2110, S2112
Total lipid (fat)	S2111, S2782, S2110, S2112
Tocopherol, beta	S2111, S2782, S2110, S2112
Riboflavin	S2111, S2782, S2110, S2112
Niacin	S2111, S2782, S2110, S2112
Betaine	S2111, S2782, S2108, S2110
Threonine	S2108
Methionine	S2108
Arginine	S2108
Alanine	S2108
Aspartic acid	S2108
14:0	S2111, S2782, S2110, S2112
20:4 undifferentiated	S2111, S2782, S2110, S2112
22:0	S2111, S2782, S2110, S2112
22:5 n-3 (DPA)	S2111, S2782, S2110
15:0	S2111, S2782, S2110, S2112
Sugars, total	S2111, S2782, S2110, S2112
Copper, Cu	S2111, S2782, S2110, S2112
Vitamin D	S2111, S2782, S2110, S2112
Thiamin	S2111, S2782, S2110, S2112
Glutamic acid	S2108
Glycine	S2108
Fatty acids, total saturated	S2111, S2782, S2110, S2112
18:4	S2111, S2782, S2110
20:5 n-3 (EPA)	S2111, S2782, S2110
Starch	S2111, S2782, S2110, S2112

NDB No. 21302 Fast Food, Pizza Chain, 14" pizza, pepperoni topping, regular crust

Maltose	S2111, S2782, S2110, S2112
Sodium, Na	S2111, S2782, S2110, S2112
Tocopherol, delta	S2111, S2782, S2110, S2112
Folic acid	S2111, S2782
Lysine	S2108
16:1 undifferentiated	S2111, S2782, S2110, S2112
Fatty acids, total polyunsaturated	S2111, S2782, S2110, S2112
Glucose (dextrose)	S2111, S2782, S2110, S2112
Iron, Fe	S2111, S2782, S2110, S2112
Magnesium, Mg	S2111, S2782, S2110, S2112
Zinc, Zn	S2111, S2782, S2110, S2112
Selenium, Se	S2111, S2782, S2110, S2112
Vitamin E (alpha-tocopherol)	S2111, S2782, S2110, S2112
Choline, total	S2111, S2782, S2108, S2110
Menaquinone-4	S2782
Dihydrophylloquinone	S2111, S2782, S2110, S2112
Vitamin K (phylloquinone)	S2111, S2782, S2110, S2112
Cystine	S2108
8:0	S2111, S2782, S2110, S2112
10:0	S2111, S2782, S2110, S2112
14:1	S2111, S2782, S2110, S2112
20:3 undifferentiated	S2111, S2782, S2110, S2112

NDB No. 21303 Fast Food, Pizza Chain, 14" Pizza, pepperoni topping, thick crust

Sugars, total	S2782, S2110, S2112
Calcium, Ca	S2782, S2110, S2112
Magnesium, Mg	S2782, S2110, S2112
Potassium, K	S2782, S2110, S2112
Sodium, Na	S2782, S2110, S2112
Pantothenic acid	S2782, S2110, S2112
Lysine	S2108, S2110, S2112
Cystine	S2108, S2110, S2112
Glycine	S2108, S2110, S2112
Serine	S2108, S2110, S2112
Fatty acids, total saturated	S2782, S2110, S2112
16:0	S2782, S2110, S2112

NDB No. 21303 Fast Food, Pizza Chain, 14" Pizza, pepperoni topping, thick crust

18:2 undifferentiated	S2782, S2110, S2112
22:1 undifferentiated	S2782
18:3 n-3 c,c,c (ALA)	S2110, S2112
Sucrose	S2782, S2110, S2112
Selenium, Se	S2782, S2110, S2112
Niacin	S2782, S2110, S2112
Histidine	S2108, S2110, S2112
20:0	S2782, S2110, S2112
15:0	S2782, S2110, S2112
Maltose	S2782, S2110, S2112
Galactose	S2782, S2110, S2112
Vitamin K (phylloquinone)	S2782, S2110, S2112
Threonine	S2108, S2110, S2112
Glutamic acid	S2108, S2110, S2112
8:0	S2782, S2110, S2112
18:4	S2782
18:3 n-6 c,c,c	S2110, S2112
Ash	S2782, S2110, S2112
Glucose (dextrose)	S2782, S2110, S2112
Phosphorus, P	S2782, S2110, S2112
Zinc, Zn	S2782, S2110, S2112
Copper, Cu	S2110, S2112
Vitamin D	S2782
Vitamin C, total ascorbic acid	S2782, S2110, S2112
Betaine	S2782, S2108, S2110, S2112
Isoleucine	S2108, S2110, S2112
Leucine	S2108, S2110, S2112
Aspartic acid	S2108, S2110, S2112
18:0	S2782, S2110, S2112
20:4 undifferentiated	S2782, S2110, S2112
16:1 undifferentiated	S2782, S2110, S2112
20:1	S2782, S2110, S2112
17:0	S2782, S2110, S2112
20:3 undifferentiated	S2782, S2110, S2112
Starch	S2782, S2110, S2112
Tocopherol, beta	S2782, S2110, S2112
Vitamin B-6	S2782

NDB No. 21303 Fast Food, Pizza Chain, 14" Pizza, pepperoni topping, thick crust

Folate, total	S2782
Choline, total	S2782, S2108, S2110, S2112
Menaquinone-4	S2782
Dihydrophylloquinone	S2782, S2110, S2112
Folate, food	S2782
Tryptophan	S2108, S2110, S2112
Alanine	S2108, S2110, S2112
10:0	S2782, S2110, S2112
18:1 undifferentiated	S2782, S2110, S2112
22:6 n-3 (DHA)	S2782
22:0	S2782, S2110, S2112
20:5 n-3 (EPA)	S2782
Manganese, Mn	S2782, S2110, S2112
Retinol	S2782, S2110, S2112
Vitamin E (alpha-tocopherol)	S2782, S2110, S2112
Tocopherol, delta	S2782, S2110, S2112
Thiamin	S2782, S2110, S2112
Tyrosine	S2108, S2110, S2112
Cholesterol	S2782, S2110, S2112
14:0	S2782, S2110, S2112
Fiber, total dietary	S2782, S2110, S2112
Riboflavin	S2782, S2110, S2112
Methionine	S2108, S2110, S2112
Arginine	S2108, S2110, S2112
12:0	S2782, S2110, S2112
22:5 n-3 (DPA)	S2782
Fatty acids, total polyunsaturated	S2782, S2110, S2112
15:1	S2782, S2110, S2112
Protein	S2782, S2110, S2112
Total lipid (fat)	S2782, S2110, S2112
Fructose	S2782, S2110, S2112
Lactose	S2782, S2110, S2112
Water	S2782, S2110, S2112
Iron, Fe	S2782, S2110, S2112
Tocopherol, gamma	S2782, S2110, S2112
Vitamin B-12	S2782, S2110, S2112
Folic acid	S2782

NDB No. 21303 Fast Food, Pizza Chain, 14" Pizza, pepperoni topping, thick crust

Phenylalanine	S2108, S2110, S2112
Valine	S2108, S2110, S2112
Proline	S2108, S2110, S2112
Hydroxyproline	S2110, S2112
18:3 undifferentiated	S2782, S2112
14:1	S2782, S2110, S2112
Fatty acids, total monounsaturated	S2782, S2110, S2112
24:0	S2782
20:2 n-6 c,c	S2782, S2110, S2112
17:1	S2782, S2110, S2112

NDB No. 21304 Fast Food, Pizza Chain, 14" pizza, meat and vegetable topping, regular crust

Galactose	S2111, S2782, S2110, S2112
Vitamin C, total ascorbic acid	S2111, S2782, S2110, S2112
Tryptophan	S2111, S2782, S2108, S2110, S2112
Glutamic acid	S2111, S2782, S2108, S2110, S2112
Cholesterol	S2111, S2782, S2110, S2112
10:0	S2111, S2782, S2110, S2112
18:3 undifferentiated	S2111, S2782, S2112
22:0	S2111, S2782, S2110, S2112
14:1	S2111, S2782, S2110, S2112
20:5 n-3 (EPA)	S2111, S2782
22:5 n-3 (DPA)	S2111, S2782
17:0	S2111, S2782, S2110, S2112
24:0	S2111, S2782
Fructose	S2111, S2782, S2110, S2112
Phosphorus, P	S2111, S2782, S2110, S2112
Potassium, K	S2111, S2782, S2110, S2112
Zinc, Zn	S2111, S2782, S2110, S2112
Copper, Cu	S2111, S2782, S2110, S2112
Folic acid	S2111, S2782
Proline	S2111, S2782, S2108, S2110, S2112
Hydroxyproline	S2110, S2112
22:6 n-3 (DHA)	S2111, S2782
17:1	S2111, S2782, S2110, S2112
18:3 n-3 c,c,c (ALA)	S2110, S2112

NDB No. 21304 Fast Food, Pizza Chain, 14" pizza, meat and vegetable topping, regular crust

Total lipid (fat)	S2111, S2782, S2110, S2112
Ash	S2111, S2782, S2110, S2112
Lactose	S2111, S2782, S2110, S2112
Pantothenic acid	S2111, S2782, S2110, S2112
Menaquinone-4	S2782
Methionine	S2111, S2782, S2108, S2110, S2112
Cystine	S2111, S2782, S2108, S2110, S2112
12:0	S2111, S2782, S2110, S2112
18:2 undifferentiated	S2111, S2782, S2110, S2112
16:1 undifferentiated	S2111, S2782, S2110, S2112
18:4	S2111, S2782
15:0	S2111, S2782, S2110, S2112
18:3 n-6 c,c,c	S2110, S2112
20:3 undifferentiated	S2111, S2782, S2110, S2112
15:1	S2111, S2782, S2110, S2112
Iron, Fe	S2111, S2782, S2110, S2112
Riboflavin	S2111, S2782, S2110, S2112
Folate, total	S2111, S2782
Lysine	S2111, S2782, S2108, S2110, S2112
Glycine	S2111, S2782, S2108, S2110, S2112
14:0	S2111, S2782, S2110, S2112
Fatty acids, total monounsaturated	S2111, S2782, S2110, S2112
13:0	S2111
Glucose (dextrose)	S2111, S2782, S2110, S2112
Water	S2111, S2782, S2110, S2112
Sodium, Na	S2111, S2782, S2110, S2112
Manganese, Mn	S2111, S2782, S2110, S2112
Selenium, Se	S2111, S2782, S2110, S2112
Thiamin	S2111, S2782, S2110, S2112
Folate, food	S2111, S2782
Betaine	S2111, S2108, S2110, S2112
Leucine	S2111, S2782, S2108, S2110, S2112
Phenylalanine	S2111, S2782, S2108, S2110, S2112
Tyrosine	S2111, S2782, S2108, S2110, S2112
Histidine	S2111, S2782, S2108, S2110, S2112
20:4 undifferentiated	S2111, S2782, S2110, S2112
Starch	S2111, S2782, S2110, S2112

NDB No. 21304 Fast Food, Pizza Chain, 14" pizza, meat and vegetable topping, regular crust

Maltose	S2111, S2782, S2110, S2112
Sugars, total	S2111, S2782, S2110, S2112
Fiber, total dietary	S2111, S2782, S2110, S2112
Magnesium, Mg	S2111, S2782, S2110, S2112
Tocopherol, gamma	S2111, S2782, S2110, S2112
Vitamin B-6	S2782
Dihydrophylloquinone	S2111, S2782, S2110, S2112
Threonine	S2111, S2782, S2108, S2110, S2112
Arginine	S2111, S2782, S2108, S2110, S2112
Aspartic acid	S2111, S2782, S2108, S2110, S2112
8:0	S2111, S2782, S2110, S2112
18:0	S2111, S2782, S2110, S2112
20:0	S2111, S2782, S2110, S2112
Protein	S2111, S2782, S2110, S2112
Choline, total	S2111, S2108, S2110, S2112
18:1 undifferentiated	S2111, S2782, S2110, S2112
20:1	S2111, S2782, S2110, S2112
Sucrose	S2111, S2782, S2110, S2112
Calcium, Ca	S2111, S2782, S2110, S2112
Vitamin E (alpha-tocopherol)	S2111, S2782, S2110, S2112
Tocopherol, beta	S2111, S2782, S2110, S2112
Tocopherol, delta	S2111, S2782, S2110, S2112
Niacin	S2111, S2782, S2110, S2112
Vitamin B-12	S2111, S2782, S2110, S2112
Vitamin K (phylloquinone)	S2111, S2782, S2110, S2112
Isoleucine	S2111, S2782, S2108, S2110, S2112
Valine	S2111, S2782, S2108, S2110, S2112
Alanine	S2111, S2782, S2108, S2110, S2112
Serine	S2111, S2782, S2108, S2110, S2112
Fatty acids, total saturated	S2111, S2782, S2110, S2112
16:0	S2111, S2782, S2110, S2112
22:1 undifferentiated	S2111, S2782
Fatty acids, total polyunsaturated	S2111, S2782, S2110, S2112
20:2 n-6 c,c	S2782, S2110, S2112

NDB No. 21308 McDONALD'S, Chicken SELECTS Premium Breast Strips

NDB No. 21308 McDONALD'S, Chicken SELECTS Premium Breast Strips

Water	S4881
Sugars, total	S4881
Pantothenic acid	S2801
Folate, total	S2801
12:0	S4881
14:0	S4881
18:1 undifferentiated	S4881
20:4 undifferentiated	S4881
16:1 undifferentiated	S4881
Fatty acids, total monounsaturated	S4881
Copper, Cu	S2801
Vitamin A, IU	S4881
Vitamin B-12	S2801
Fatty acids, total saturated	S4881
4:0	S4881
18:2 undifferentiated	S4881
22:0	S4881
24:0	S4881
18:2 t,t	S4881
Vitamin B-6	S2801
10:0	S4881
18:3 undifferentiated	S4881
18:1 c	S4881
17:1	S4881
15:1	S4881
Fiber, total dietary	S4881
Calcium, Ca	S4881
Iron, Fe	S4881
Magnesium, Mg	S2801
20:1	S4881
20:2 n-6 c,c	S4881
18:2 n-6 c,c	S4881
22:1 c	S4881
18:3 n-3 c,c,c (ALA)	S4881
Protein	S4881
Zinc, Zn	S2801
Riboflavin	S2801

NDB No. 21308 McDONALD'S, Chicken SELECTS Premium Breast Strips

Fatty acids, total trans	S4881
15:0	S4881
20:3 undifferentiated	S4881
Manganese, Mn	S2801
Niacin	S2801
18:0	S4881
20:0	S4881
17:0	S4881
18:3 n-6 c,c,c	S4881
Total lipid (fat)	S4881
Ash	S4881
Phosphorus, P	S2801
Vitamin C, total ascorbic acid	S4881
Thiamin	S2801
8:0	S4881
22:1 undifferentiated	S4881
Fatty acids, total polyunsaturated	S4881
18:1 t	S4881
Potassium, K	S2801
Sodium, Na	S4881
Cholesterol	S4881
6:0	S4881
16:0	S4881
14:1	S4881

NDB No. 21309 McDONALD'S, Chicken McNUGGETS

Potassium, K	S2801
Sodium, Na	S4881
Manganese, Mn	S2801
Thiamin	S2801
Riboflavin	S2801
Pantothenic acid	S2801
20:4 undifferentiated	S4881
14:1	S4881
18:3 n-3 c,c,c (ALA)	S4881
Calcium, Ca	S4881

NDB No. 21309 McDONALD'S, Chicken McNUGGETS

Cholesterol	S4881
6:0	S4881
22:0	S4881
20:3 undifferentiated	S4881
Water	S4881
Fiber, total dietary	S4881
Iron, Fe	S4881
Phosphorus, P	S2801
16:0	S4881
18:0	S4881
22:1 undifferentiated	S4881
Fatty acids, total monounsaturated	S4881
20:2 n-6 c,c	S4881
15:1	S4881
Sugars, total	S4881
Magnesium, Mg	S2801
Zinc, Zn	S2801
Vitamin A, IU	S4881
20:0	S4881
16:1 undifferentiated	S4881
15:0	S4881
18:2 n-6 c,c	S4881
Vitamin C, total ascorbic acid	S4881
Fatty acids, total trans	S4881
10:0	S4881
12:0	S4881
14:0	S4881
18:1 t	S4881
4:0	S4881
8:0	S4881
18:2 undifferentiated	S4881
17:0	S4881
18:2 t,t	S4881
18:3 n-6 c,c,c	S4881
Protein	S4881
Total lipid (fat)	S4881
Ash	S4881

NDB No. 21309 McDONALD'S, Chicken McNUGGETS

Copper, Cu	S2801
Folate, total	S2801
Vitamin B-12	S2801
18:1 undifferentiated	S4881
18:3 undifferentiated	S4881
20:1	S4881
Fatty acids, total polyunsaturated	S4881
17:1	S4881
Niacin	S2801
Vitamin B-6	S2801
Fatty acids, total saturated	S4881
24:0	S4881
18:1 c	S4881
22:1 c	S4881

NDB No. 21310 McDONALD'S, Barbeque Sauce

Sucrose	S2801
Lactose	S2801
Fiber, total dietary	S2801
Iron, Fe	S2801
Folate, total	S2801
Fatty acids, total trans	S2801
10:0	S2801
22:0	S2801
Galactose	S2801
Copper, Cu	S2801
Manganese, Mn	S2801
Vitamin B-6	S2801
8:0	S2801
14:1	S2801
Fatty acids, total monounsaturated	S2801
20:2 n-6 c,c	S2801
17:1	S2801
Total lipid (fat)	S2801
Vitamin E (alpha-tocopherol)	S2801
Riboflavin	S2801

NDB No. 21310 McDONALD'S, Barbeque Sauce

12:0	S2801
18:3 n-6 c,c,c	S2801
15:1	S2801
Glucose (dextrose)	S2801
Sodium, Na	S2801
Zinc, Zn	S2801
Carotene, beta	S2801
14:0	S2801
16:0	S2801
18:1 t	S2801
18:1 c	S2801
18:2 n-6 c,c	S2801
Fatty acids, total trans-monoenoic	S2801
Ash	S2801
Fructose	S2801
Thiamin	S2801
16:1 undifferentiated	S2801
20:1	S2801
Niacin	S2801
Pantothenic acid	S2801
20:3 undifferentiated	S2801
Protein	S2801
Maltose	S2801
Sugars, total	S2801
Magnesium, Mg	S2801
Vitamin C, total ascorbic acid	S2801
Fatty acids, total saturated	S2801
18:0	S2801
Fatty acids, total polyunsaturated	S2801
15:0	S2801
17:0	S2801
18:3 n-3 c,c,c (ALA)	S2801
Water	S2801
Calcium, Ca	S2801
Phosphorus, P	S2801
Potassium, K	S2801
20:0	S2801

NDB No. 21310 McDONALD'S, Barbeque Sauce

20:4 undifferentiated	S2801
18:2 t,t	S2801
Fatty acids, total trans-polyenoic	S2801

NDB No. 21311 McDONALD'S, Creamy Ranch Sauce

Total lipid (fat)	S2801
Calcium, Ca	S2801
Thiamin	S2801
10:0	S2801
15:0	S2801
20:3 undifferentiated	S2801
Fatty acids, total trans-polyenoic	S2801
Water	S2801
Galactose	S2801
Phosphorus, P	S2801
Retinol	S2801
Vitamin B-6	S2801
Cholesterol	S2801
14:0	S2801
22:0	S2801
18:1 t	S2801
Ash	S2801
Glucose (dextrose)	S2801
Magnesium, Mg	S2801
Potassium, K	S2801
Pantothenic acid	S2801
Fatty acids, total trans	S2801
Fatty acids, total saturated	S2801
18:0	S2801
20:0	S2801
20:2 n-6 c,c	S2801
18:1 c	S2801
18:3 n-6 c,c,c	S2801
Fatty acids, total trans-monoenoic	S2801
Lactose	S2801
18:2 n-6 c,c	S2801

NDB No. 21311 McDONALD'S, Creamy Ranch Sauce

Protein	S2801
Copper, Cu	S2801
Carotene, beta	S2801
Vitamin E (alpha-tocopherol)	S2801
8:0	S2801
16:0	S2801
17:0	S2801
18:2 t,t	S2801
Maltose	S2801
Sugars, total	S2801
Fiber, total dietary	S2801
Manganese, Mn	S2801
Vitamin C, total ascorbic acid	S2801
Folate, total	S2801
Fatty acids, total polyunsaturated	S2801
17:1	S2801
18:3 n-3 c,c,c (ALA)	S2801
20:1	S2801
Fatty acids, total monounsaturated	S2801
Sucrose	S2801
Fructose	S2801
Iron, Fe	S2801
Sodium, Na	S2801
Zinc, Zn	S2801
Riboflavin	S2801
Niacin	S2801
Vitamin B-12	S2801
12:0	S2801
20:4 undifferentiated	S2801
14:1	S2801
16:1 undifferentiated	S2801
15:1	S2801

NDB No. 21312 McDONALD'S, Honey

Lactose	S2801
Potassium, K	S2801

NDB No. 21312 McDONALD'S, Honey

Manganese, Mn	S2801
Folate, total	S2801
Fatty acids, total saturated	S2801
18:1 undifferentiated	S2801
15:0	S2801
18:3 n-3 c,c,c (ALA)	S2801
Protein	S2801
Fructose	S2801
Calcium, Ca	S2801
Iron, Fe	S2801
8:0	S2801
20:4 undifferentiated	S2801
17:1	S2801
Zinc, Zn	S2801
Riboflavin	S2801
10:0	S2801
12:0	S2801
14:0	S2801
18:0	S2801
22:0	S2801
20:1	S2801
20:2 n-6 c,c	S2801
Glucose (dextrose)	S2801
Magnesium, Mg	S2801
18:2 undifferentiated	S2801
14:1	S2801
18:1 t	S2801
20:3 undifferentiated	S2801
Ash	S2801
Phosphorus, P	S2801
Sodium, Na	S2801
Pantothenic acid	S2801
Vitamin B-6	S2801
16:0	S2801
16:1 undifferentiated	S2801
Fatty acids, total monounsaturated	S2801
18:3 n-6 c,c,c	S2801

NDB No. 21312 McDONALD'S, Honey

Fatty acids, total trans-monoenoic	S2801
Fatty acids, total trans-polyenoic	S2801
Total lipid (fat)	S2801
Sucrose	S2801
Maltose	S2801
Galactose	S2801
Vitamin C, total ascorbic acid	S2801
20:0	S2801
18:3 undifferentiated	S2801
18:2 t,t	S2801
15:1	S2801
Niacin	S2801
Fatty acids, total polyunsaturated	S2801
Water	S2801
Sugars, total	S2801
Copper, Cu	S2801
Thiamin	S2801
Fatty acids, total trans	S2801
17:0	S2801

NDB No. 21313 McDONALD'S, Hot Mustard Sauce

Manganese, Mn	S2801
Niacin	S2801
Folate, total	S2801
Fatty acids, total saturated	S2801
14:0	S2801
16:0	S2801
22:0	S2801
15:0	S2801
18:1 c	S2801
18:2 n-6 c,c	S2801
Ash	S2801
Sucrose	S2801
Calcium, Ca	S2801
18:0	S2801
18:2 t,t	S2801

NDB No. 21313 McDONALD'S, Hot Mustard Sauce

Water	S2801
Galactose	S2801
Magnesium, Mg	S2801
Potassium, K	S2801
Thiamin	S2801
Vitamin B-12	S2801
10:0	S2801
20:4 undifferentiated	S2801
17:1	S2801
Iron, Fe	S2801
Zinc, Zn	S2801
Vitamin B-6	S2801
12:0	S2801
16:1 undifferentiated	S2801
Glucose (dextrose)	S2801
Sugars, total	S2801
Carotene, beta	S2801
20:1	S2801
Fatty acids, total polyunsaturated	S2801
18:1 t	S2801
20:2 n-6 c,c	S2801
20:3 undifferentiated	S2801
18:3 n-3 c,c,c (ALA)	S2801
Lactose	S2801
Copper, Cu	S2801
Vitamin E (alpha-tocopherol)	S2801
Fatty acids, total trans	S2801
Fatty acids, total monounsaturated	S2801
18:3 n-6 c,c,c	S2801
Fructose	S2801
Maltose	S2801
Fiber, total dietary	S2801
Phosphorus, P	S2801
Riboflavin	S2801
20:0	S2801
14:1	S2801
17:0	S2801

NDB No. 21313 McDONALD'S, Hot Mustard Sauce

15:1	S2801
Protein	S2801
Total lipid (fat)	S2801
Sodium, Na	S2801
Retinol	S2801
Vitamin C, total ascorbic acid	S2801
Pantothenic acid	S2801
8:0	S2801

NDB No. 21314 McDONALD'S, Spicy Buffalo Sauce

Sucrose	S2801
Iron, Fe	S2801
Carotene, beta	S2801
Fatty acids, total saturated	S2801
8:0	S2801
Fatty acids, total monounsaturated	S2801
Fatty acids, total polyunsaturated	S2801
15:0	S2801
18:2 t,t	S2801
18:3 n-6 c,c,c	S2801
Glucose (dextrose)	S2801
Sugars, total	S2801
Sodium, Na	S2801
Cholesterol	S2801
Vitamin C, total ascorbic acid	S2801
14:0	S2801
17:0	S2801
Water	S2801
Zinc, Zn	S2801
Copper, Cu	S2801
16:0	S2801
20:1	S2801
18:3 n-3 c,c,c (ALA)	S2801
Total lipid (fat)	S2801
Fructose	S2801
Fiber, total dietary	S2801

NDB No. 21314 McDONALD'S, Spicy Buffalo Sauce

Vitamin B-6	S2801
Folate, total	S2801
18:1 t	S2801
18:1 c	S2801
Maltose	S2801
Calcium, Ca	S2801
Potassium, K	S2801
Riboflavin	S2801
Pantothenic acid	S2801
Vitamin B-12	S2801
10:0	S2801
20:0	S2801
22:0	S2801
20:3 undifferentiated	S2801
Ash	S2801
Lactose	S2801
12:0	S2801
18:0	S2801
20:4 undifferentiated	S2801
17:1	S2801
Fatty acids, total trans-monoenoic	S2801
Fatty acids, total trans-polyenoic	S2801
15:1	S2801
Protein	S2801
Galactose	S2801
Magnesium, Mg	S2801
Phosphorus, P	S2801
Manganese, Mn	S2801
Vitamin E (alpha-tocopherol)	S2801
Thiamin	S2801
Niacin	S2801
Fatty acids, total trans	S2801
14:1	S2801
16:1 undifferentiated	S2801
20:2 n-6 c,c	S2801
18:2 n-6 c,c	S2801

NDB No. 21315 McDONALD'S, Sweet 'N Sour Sauce

Fructose	S2801
Iron, Fe	S2801
Manganese, Mn	S2801
Vitamin E (alpha-tocopherol)	S2801
Niacin	S2801
12:0	S2801
18:3 n-6 c,c,c	S2801
Protein	S2801
Maltose	S2801
Sodium, Na	S2801
Vitamin C, total ascorbic acid	S2801
16:1 undifferentiated	S2801
17:0	S2801
18:3 n-3 c,c,c (ALA)	S2801
Total lipid (fat)	S2801
Glucose (dextrose)	S2801
Lactose	S2801
Fiber, total dietary	S2801
Copper, Cu	S2801
Thiamin	S2801
Folate, total	S2801
8:0	S2801
16:0	S2801
18:0	S2801
14:1	S2801
20:1	S2801
Fatty acids, total monounsaturated	S2801
17:1	S2801
Potassium, K	S2801
Carotene, beta	S2801
Fatty acids, total saturated	S2801
14:0	S2801
15:0	S2801
Fatty acids, total trans-monoenoic	S2801
Water	S2801
Sugars, total	S2801

NDB No. 21315 McDONALD'S, Sweet 'N Sour Sauce

Galactose	S2801
Calcium, Ca	S2801
Zinc, Zn	S2801
Vitamin B-6	S2801
18:2 t,t	S2801
Ash	S2801
Phosphorus, P	S2801
10:0	S2801
Fatty acids, total trans-polyenoic	S2801
Riboflavin	S2801
Pantothenic acid	S2801
Fatty acids, total trans	S2801
20:0	S2801
22:0	S2801
Fatty acids, total polyunsaturated	S2801
18:2 n-6 c,c	S2801
20:3 undifferentiated	S2801
Sucrose	S2801
Magnesium, Mg	S2801
20:4 undifferentiated	S2801
18:1 t	S2801
20:2 n-6 c,c	S2801
18:1 c	S2801
15:1	S2801

NDB No. 21316 McDONALD'S, Tangy Honey Mustard Sauce

Total lipid (fat)	S2801
Ash	S2801
Zinc, Zn	S2801
Fatty acids, total saturated	S2801
10:0	S2801
20:4 undifferentiated	S2801
18:2 t,t	S2801
17:1	S2801
Lactose	S2801
Maltose	S2801

NDB No. 21316 McDONALD'S, Tangy Honey Mustard Sauce

Copper, Cu	S2801
Vitamin C, total ascorbic acid	S2801
Thiamin	S2801
Niacin	S2801
Pantothenic acid	S2801
Vitamin B-6	S2801
Folate, total	S2801
Vitamin B-12	S2801
18:0	S2801
20:0	S2801
18:3 n-6 c,c,c	S2801
Fatty acids, total trans-monoenoic	S2801
Fatty acids, total trans-polyenoic	S2801
15:1	S2801
Fiber, total dietary	S2801
Magnesium, Mg	S2801
Potassium, K	S2801
Sodium, Na	S2801
16:1 undifferentiated	S2801
Fatty acids, total monounsaturated	S2801
20:3 undifferentiated	S2801
Calcium, Ca	S2801
Iron, Fe	S2801
Riboflavin	S2801
17:0	S2801
18:2 n-6 c,c	S2801
Fructose	S2801
Sugars, total	S2801
Galactose	S2801
Carotene, beta	S2801
Fatty acids, total trans	S2801
Fatty acids, total polyunsaturated	S2801
18:1 t	S2801
Water	S2801
Retinol	S2801
Vitamin E (alpha-tocopherol)	S2801

NDB No. 21316 McDONALD'S, Tangy Honey Mustard Sauce

16:0	S2801
20:1	S2801
15:0	S2801
20:2 n-6 c,c	S2801
18:3 n-3 c,c,c (ALA)	S2801
Sucrose	S2801
Glucose (dextrose)	S2801
Phosphorus, P	S2801
14:0	S2801
22:0	S2801
14:1	S2801
18:1 c	S2801
Protein	S2801
Manganese, Mn	S2801
8:0	S2801
12:0	S2801

NDB No. 21318 McDONALD'S, Deluxe Warm Cinnamon Roll

Phosphorus, P	S2801
17:0	S2801
18:3 n-6 c,c,c	S2801
Total lipid (fat)	S2801
Potassium, K	S2801
Fatty acids, total saturated	S2801
12:0	S2801
16:0	S2801
18:0	S2801
15:0	S2801
18:2 n-6 c,c	S2801
Fructose	S2801
Sugars, total	S2801
Niacin	S2801
Fatty acids, total polyunsaturated	S2801
18:1 c	S2801
17:1	S2801
Water	S2801

NDB No. 21318 McDONALD'S, Deluxe Warm Cinnamon Roll

Iron, Fe	S2801
Zinc, Zn	S2801
Vitamin C, total ascorbic acid	S2801
8:0	S2801
18:3 n-3 c,c,c (ALA)	S2801
Maltose	S2801
Copper, Cu	S2801
Vitamin B-6	S2801
20:0	S2801
Fatty acids, total monounsaturated	S2801
15:1	S2801
Protein	S2801
Lactose	S2801
Calcium, Ca	S2801
Carotene, beta	S2801
Vitamin E (alpha-tocopherol)	S2801
Riboflavin	S2801
10:0	S2801
22:0	S2801
20:1	S2801
Sucrose	S2801
Galactose	S2801
Magnesium, Mg	S2801
Sodium, Na	S2801
Manganese, Mn	S2801
Retinol	S2801
Thiamin	S2801
Folate, total	S2801
16:1 undifferentiated	S2801
18:1 t	S2801
20:2 n-6 c,c	S2801
20:3 undifferentiated	S2801
Ash	S2801
Glucose (dextrose)	S2801
Fiber, total dietary	S2801
Pantothenic acid	S2801
Cholesterol	S2801

NDB No. 21318 McDONALD'S, Deluxe Warm Cinnamon Roll

Fatty acids, total trans	S2801
14:0	S2801
20:4 undifferentiated	S2801
14:1	S2801
18:2 t,t	S2801

NDB No. 21319 McDONALD'S, Hash Browns

Vitamin C, total ascorbic acid	S4881
Thiamin	S2801
Cholesterol	S4881
Fatty acids, total trans	S4881
14:0	S4881
20:0	S4881
16:1 undifferentiated	S4881
20:1	S4881
18:2 t,t	S4881
15:1	S4881
18:3 n-3 c,c,c (ALA)	S4881
Total lipid (fat)	S4881
Sugars, total	S4881
Iron, Fe	S4881
Copper, Cu	S2801
Vitamin B-6	S2801
4:0	S4881
18:2 undifferentiated	S4881
15:0	S4881
18:1 c	S4881
Calcium, Ca	S4881
Fatty acids, total saturated	S4881
20:4 undifferentiated	S4881
Fatty acids, total trans-monoenoic	S4881
Fiber, total dietary	S4881
Riboflavin	S2801
16:0	S4881
Fatty acids, total polyunsaturated	S4881
18:1 t	S4881

NDB No. 21319 McDONALD'S, Hash Browns

18:2 n-6 c,c	S4881
22:1 c	S4881
Ash	S2801
Phosphorus, P	S2801
Manganese, Mn	S2801
Pantothenic acid	S2801
24:0	S4881
18:3 n-6 c,c,c	S4881
Protein	S4881
Magnesium, Mg	S2801
Sodium, Na	S4881
Zinc, Zn	S2801
Folate, total	S2801
8:0	S4881
18:0	S4881
18:3 undifferentiated	S4881
22:0	S4881
17:0	S4881
20:2 n-6 c,c	S4881
Fatty acids, total trans-polyenoic	S4881
Niacin	S2801
10:0	S4881
12:0	S4881
18:1 undifferentiated	S4881
22:1 undifferentiated	S4881
20:3 undifferentiated	S4881
Water	S2801
Potassium, K	S2801
6:0	S4881
14:1	S4881
Fatty acids, total monounsaturated	S4881
17:1	S4881

NDB No. 21321 McDONALD'S, Hotcakes (plain)

Total lipid (fat)	S2801
Fructose	S2801

NDB No. 21321 McDONALD'S, Hotcakes (plain)

Sugars, total	S2801
Galactose	S2801
Potassium, K	S2801
Cholesterol	S2801
14:0	S2801
20:4 undifferentiated	S2801
22:0	S2801
14:1	S2801
16:1 undifferentiated	S2801
18:2 n-6 c,c	S2801
20:3 undifferentiated	S2801
Carotene, beta	S2801
Pantothenic acid	S2801
18:0	S2801
Fatty acids, total trans-monoenoic	S2801
Ash	S2801
Magnesium, Mg	S2801
Manganese, Mn	S2801
Thiamin	S2801
Vitamin B-6	S2801
18:2 t,t	S2801
Fiber, total dietary	S2801
Riboflavin	S2801
Niacin	S2801
17:1	S2801
15:1	S2801
10:0	S2801
12:0	S2801
20:1	S2801
Fatty acids, total monounsaturated	S2801
Fatty acids, total polyunsaturated	S2801
15:0	S2801
20:2 n-6 c,c	S2801
18:1 c	S2801
Fatty acids, total trans-polyenoic	S2801
Protein	S2801

NDB No. 21321 McDONALD'S, Hotcakes (plain)

Maltose	S2801
Water	S2801
Iron, Fe	S2801
Phosphorus, P	S2801
Vitamin E (alpha-tocopherol)	S2801
16:0	S2801
20:0	S2801
18:3 n-6 c,c,c	S2801
18:3 n-3 c,c,c (ALA)	S2801
Glucose (dextrose)	S2801
Sodium, Na	S2801
Retinol	S2801
8:0	S2801
18:1 t	S2801
Sucrose	S2801
Lactose	S2801
Calcium, Ca	S2801
Zinc, Zn	S2801
Copper, Cu	S2801
Folate, total	S2801
Fatty acids, total trans	S2801
Fatty acids, total saturated	S2801
17:0	S2801

NDB No. 21322 McDONALD'S, Warm Cinnamon Roll

Phosphorus, P	S2801
16:0	S2801
22:0	S2801
16:1 undifferentiated	S2801
20:1	S2801
Fatty acids, total monounsaturated	S2801
Water	S2801
Copper, Cu	S2801
Niacin	S2801
Cholesterol	S2801
Fatty acids, total trans	S2801

NDB No. 21322 McDONALD'S, Warm Cinnamon Roll

14:0	S2801
20:0	S2801
Fatty acids, total polyunsaturated	S2801
18:2 n-6 c,c	S2801
18:3 n-6 c,c,c	S2801
Ash	S2801
Potassium, K	S2801
Manganese, Mn	S2801
20:4 undifferentiated	S2801
20:2 n-6 c,c	S2801
20:3 undifferentiated	S2801
Glucose (dextrose)	S2801
Magnesium, Mg	S2801
Zinc, Zn	S2801
Vitamin E (alpha-tocopherol)	S2801
Vitamin C, total ascorbic acid	S2801
Pantothenic acid	S2801
17:0	S2801
18:2 t,t	S2801
18:1 c	S2801
17:1	S2801
Lactose	S2801
Fatty acids, total saturated	S2801
10:0	S2801
18:3 n-3 c,c,c (ALA)	S2801
Total lipid (fat)	S2801
Sucrose	S2801
Fiber, total dietary	S2801
Calcium, Ca	S2801
Sodium, Na	S2801
15:0	S2801
Fructose	S2801
Sugars, total	S2801
Iron, Fe	S2801
Retinol	S2801
Thiamin	S2801
Folate, total	S2801

NDB No. 21322 McDONALD'S, Warm Cinnamon Roll

18:1 t	S2801
Protein	S2801
Maltose	S2801
Galactose	S2801
Carotene, beta	S2801
Riboflavin	S2801
Vitamin B-6	S2801
8:0	S2801
12:0	S2801
18:0	S2801
14:1	S2801
15:1	S2801

NDB No. 21323 McDONALD'S, Sausage Patty

Total lipid (fat)	S2801
Sugars, total	S2801
Galactose	S2801
Vitamin B-12	S2801
14:0	S2801
20:0	S2801
20:2 n-6 c,c	S2801
18:1 c	S2801
Fatty acids, total trans-monoenoic	S2801
Ash	S2801
Sucrose	S2801
Maltose	S2801
Vitamin E (alpha-tocopherol)	S2801
Thiamin	S2801
Pantothenic acid	S2801
12:0	S2801
16:1 undifferentiated	S2801
Fatty acids, total polyunsaturated	S2801
Manganese, Mn	S2801
Niacin	S2801
Fatty acids, total monounsaturated	S2801

NDB No. 21323 McDONALD'S, Sausage Patty

15:0	S2801
Glucose (dextrose)	S2801
Magnesium, Mg	S2801
Cholesterol	S2801
18:0	S2801
22:0	S2801
14:1	S2801
20:1	S2801
17:0	S2801
18:1 t	S2801
Fructose	S2801
Sodium, Na	S2801
Zinc, Zn	S2801
Retinol	S2801
16:0	S2801
20:4 undifferentiated	S2801
18:2 t,t	S2801
Fatty acids, total trans-polyenoic	S2801
Calcium, Ca	S2801
Phosphorus, P	S2801
Potassium, K	S2801
Vitamin B-6	S2801
Protein	S2801
Lactose	S2801
Iron, Fe	S2801
Vitamin C, total ascorbic acid	S2801
Riboflavin	S2801
Fatty acids, total trans	S2801
8:0	S2801
10:0	S2801
18:3 n-6 c,c,c	S2801
17:1	S2801
18:3 n-3 c,c,c (ALA)	S2801
Water	S2801
Copper, Cu	S2801
Fatty acids, total saturated	S2801
18:2 n-6 c,c	S2801

NDB No. 21323 McDONALD'S, Sausage Patty

20:3 undifferentiated	S2801
15:1	S2801

NDB No. 21324 McDONALD'S, Baked Apple Pie

Glucose (dextrose)	S2801
Fructose	S2801
Vitamin C, total ascorbic acid	S2801
Fatty acids, total saturated	S2801
14:0	S2801
16:0	S2801
18:1 t	S2801
18:2 t,t	S2801
20:2 n-6 c,c	S2801
18:2 n-6 c,c	S2801
Sucrose	S2801
Water	S2801
Thiamin	S2801
Fatty acids, total trans	S2801
18:0	S2801
18:1 c	S2801
20:3 undifferentiated	S2801
15:1	S2801
Galactose	S2801
Fiber, total dietary	S2801
10:0	S2801
Sugars, total	S2801
Vitamin E (alpha-tocopherol)	S2801
Protein	S2801
Lactose	S2801
Maltose	S2801
Calcium, Ca	S2801
Potassium, K	S2801
Sodium, Na	S2801
Copper, Cu	S2801
Manganese, Mn	S2801
Folate, total	S2801

NDB No. 21324 McDONALD'S, Baked Apple Pie

12:0	S2801
22:0	S2801
15:0	S2801
17:0	S2801
18:3 n-6 c,c,c	S2801
Total lipid (fat)	S2801
Phosphorus, P	S2801
Zinc, Zn	S2801
Pantothenic acid	S2801
20:0	S2801
14:1	S2801
Ash	S2801
Iron, Fe	S2801
Riboflavin	S2801
Niacin	S2801
20:1	S2801
Fatty acids, total monounsaturated	S2801
17:1	S2801
Fatty acids, total trans-monoenoic	S2801
Fatty acids, total trans-polyenoic	S2801
18:3 n-3 c,c,c (ALA)	S2801
Magnesium, Mg	S2801
Vitamin B-6	S2801
8:0	S2801
20:4 undifferentiated	S2801
16:1 undifferentiated	S2801
Fatty acids, total polyunsaturated	S2801

NDB No. 21325 McDONALD'S, McDONALDLAND Chocolate Chip Cookies

Sugars, total	S2801
Vitamin E (alpha-tocopherol)	S2801
Riboflavin	S2801
Folate, total	S2801
Fatty acids, total saturated	S2801
Galactose	S2801

NDB No. 21325 McDONALD'S, McDONALDLAND Chocolate Chip Cookies

Calcium, Ca	S2801
Magnesium, Mg	S2801
Vitamin B-6	S2801
Fatty acids, total polyunsaturated	S2801
Sucrose	S2801
Water	S2801
Potassium, K	S2801
Fatty acids, total trans	S2801
8:0	S2801
10:0	S2801
20:4 undifferentiated	S2801
16:1 undifferentiated	S2801
Total lipid (fat)	S2801
Glucose (dextrose)	S2801
Lactose	S2801
Maltose	S2801
16:0	S2801
20:0	S2801
20:1	S2801
17:0	S2801
18:1 c	S2801
Phosphorus, P	S2801
12:0	S2801
18:0	S2801
15:0	S2801
18:1 t	S2801
18:2 t,t	S2801
17:1	S2801
15:1	S2801
Zinc, Zn	S2801
Vitamin B-12	S2801
22:0	S2801
14:1	S2801
Fatty acids, total monounsaturated	S2801
18:3 n-6 c,c,c	S2801
18:3 n-3 c,c,c (ALA)	S2801
Protein	S2801

NDB No. 21325 McDONALD'S, McDONALDLAND Chocolate Chip Cookies

Fructose	S2801
Fiber, total dietary	S2801
Iron, Fe	S2801
Sodium, Na	S2801
Thiamin	S2801
Niacin	S2801
Pantothenic acid	S2801
Cholesterol	S2801
14:0	S2801
20:2 n-6 c,c	S2801
18:2 n-6 c,c	S2801
20:3 undifferentiated	S2801
Ash	S2801
Copper, Cu	S2801
Manganese, Mn	S2801
Retinol	S2801

NDB No. 21326 McDONALD'S, McDONALDLAND Cookies

Sucrose	S2801
Lactose	S2801
Fiber, total dietary	S2801
8:0	S2801
10:0	S2801
14:0	S2801
16:0	S2801
16:1 undifferentiated	S2801
Fatty acids, total monounsaturated	S2801
20:2 n-6 c,c	S2801
18:2 n-6 c,c	S2801
Calcium, Ca	S2801
Magnesium, Mg	S2801
Zinc, Zn	S2801
Retinol	S2801
Niacin	S2801
18:0	S2801
15:0	S2801

NDB No. 21326 McDONALD'S, McDONALDLAND Cookies

18:1 c	S2801
Protein	S2801
Ash	S2801
Fructose	S2801
Thiamin	S2801
Pantothenic acid	S2801
20:4 undifferentiated	S2801
18:3 n-3 c,c,c (ALA)	S2801
Maltose	S2801
Phosphorus, P	S2801
Vitamin E (alpha-tocopherol)	S2801
12:0	S2801
20:0	S2801
Total lipid (fat)	S2801
Sodium, Na	S2801
Manganese, Mn	S2801
Riboflavin	S2801
Fatty acids, total saturated	S2801
18:1 t	S2801
17:1	S2801
20:3 undifferentiated	S2801
Glucose (dextrose)	S2801
Galactose	S2801
Fatty acids, total trans	S2801
22:0	S2801
14:1	S2801
15:1	S2801
Potassium, K	S2801
Copper, Cu	S2801
Vitamin B-6	S2801
17:0	S2801
18:2 t,t	S2801
Water	S2801
Sugars, total	S2801
Iron, Fe	S2801
Folate, total	S2801
20:1	S2801

NDB No. 21326 McDONALD'S, McDONALDLAND Cookies

Fatty acids, total polyunsaturated	S2801
18:3 n-6 c,c,c	S2801

NDB No. 21337 McDONALD'S, Peanuts (for Sundaes)

Maltose	S2801
Calcium, Ca	S2801
Magnesium, Mg	S2801
Potassium, K	S2801
Sodium, Na	S2801
Vitamin E (alpha-tocopherol)	S2801
Folate, total	S2801
10:0	S2801
17:1	S2801
Protein	S2801
Water	S2801
Phosphorus, P	S2801
12:0	S2801
20:4 undifferentiated	S2801
18:1 t	S2801
Lactose	S2801
Riboflavin	S2801
Vitamin B-6	S2801
15:0	S2801
17:0	S2801
Fatty acids, total trans-polyenoic	S2801
Sucrose	S2801
Iron, Fe	S2801
Pantothenic acid	S2801
14:1	S2801
Zinc, Zn	S2801
16:1 undifferentiated	S2801
18:2 t,t	S2801
18:3 n-6 c,c,c	S2801
Sugars, total	S2801
Thiamin	S2801
Fatty acids, total trans	S2801

NDB No. 21337 McDONALD'S, Peanuts (for Sundaes)

14:0	S2801
20:0	S2801
Fatty acids, total monounsaturated	S2801
18:1 c	S2801
18:2 n-6 c,c	S2801
15:1	S2801
Total lipid (fat)	S2801
Glucose (dextrose)	S2801
Manganese, Mn	S2801
Fatty acids, total saturated	S2801
16:0	S2801
22:0	S2801
Fatty acids, total polyunsaturated	S2801
20:2 n-6 c,c	S2801
20:3 undifferentiated	S2801
Ash	S2801
Fructose	S2801
Galactose	S2801
Copper, Cu	S2801
Niacin	S2801
8:0	S2801
18:0	S2801
20:1	S2801
Fatty acids, total trans-monoenoic	S2801
18:3 n-3 c,c,c (ALA)	S2801

NDB No. 21342 McDONALD'S, Apple Dippers

Sucrose	S2801
Glucose (dextrose)	S2801
Maltose	S2801
Sugars, total	S2801
Galactose	S2801
Sodium, Na	S2801
Retinol	S2801
Vitamin E (alpha-tocopherol)	S2801

NDB No. 21342 McDONALD'S, Apple Dippers

Total lipid (fat)	S2801
Ash	S2801
Fructose	S2801
Vitamin C, total ascorbic acid	S2801
Lactose	S2801
Water	S2801
Calcium, Ca	S2801
Iron, Fe	S2801
Vitamin B-12	S2801
Protein	S2801

NDB No. 21343 McDONALD'S, Low Fat Caramel Sauce

Calcium, Ca	S2801
Riboflavin	S2801
14:0	S2801
20:4 undifferentiated	S2801
17:0	S2801
Fatty acids, total trans-polyenoic	S2801
Protein	S2801
Retinol	S2801
Vitamin B-12	S2801
18:1 undifferentiated	S2801
22:0	S2801
18:2 n-6 c,c	S2801
18:3 n-3 c,c,c (ALA)	S2801
Glucose (dextrose)	S2801
Lactose	S2801
Sugars, total	S2801
Zinc, Zn	S2801
Pantothenic acid	S2801
Fatty acids, total saturated	S2801
18:0	S2801
18:3 n-6 c,c,c	S2801
Water	S2801
Potassium, K	S2801
Sodium, Na	S2801

NDB No. 21343 McDONALD'S, Low Fat Caramel Sauce

Copper, Cu	S2801
Vitamin E (alpha-tocopherol)	S2801
Niacin	S2801
Folate, total	S2801
10:0	S2801
12:0	S2801
20:0	S2801
18:2 undifferentiated	S2801
20:3 undifferentiated	S2801
Sucrose	S2801
Fructose	S2801
Magnesium, Mg	S2801
Manganese, Mn	S2801
Vitamin A, IU	S2801
16:0	S2801
16:1 undifferentiated	S2801
18:1 c	S2801
Fatty acids, total trans-monoenoic	S2801
15:1	S2801
Maltose	S2801
Iron, Fe	S2801
Fatty acids, total trans	S2801
18:3 undifferentiated	S2801
20:1	S2801
Fatty acids, total monounsaturated	S2801
Ash	S2801
Galactose	S2801
Phosphorus, P	S2801
Thiamin	S2801
Vitamin B-6	S2801
Cholesterol	S2801
8:0	S2801
15:0	S2801
Total lipid (fat)	S2801
14:1	S2801
Fatty acids, total polyunsaturated	S2801

NDB No. 21343 McDONALD'S, Low Fat Caramel Sauce

18:1 t	S2801
18:2 t not further defined	S2801
20:2 n-6 c,c	S2801
17:1	S2801

NDB No. 21346 McDONALD'S, NEWMAN'S OWN Cobb Dressing

Water	S2801
Manganese, Mn	S2801
Vitamin E (alpha-tocopherol)	S2801
Vitamin D	S2801
Ash	S2801
Sodium, Na	S2801
Vitamin C, total ascorbic acid	S2801
Niacin	S2801
Fatty acids, total saturated	S2801
Copper, Cu	S2801
Vitamin A, IU	S2801
Pantothenic acid	S2801
Fatty acids, total polyunsaturated	S2801
Total lipid (fat)	S2801
Sugars, total	S2801
Fiber, total dietary	S2801
Magnesium, Mg	S2801
Potassium, K	S2801
Fatty acids, total monounsaturated	S2801
Protein	S2801
Cholesterol	S2801
Calcium, Ca	S2801
Iron, Fe	S2801
Thiamin	S2801
Vitamin B-12	S2801
Phosphorus, P	S2801
Zinc, Zn	S2801
Riboflavin	S2801
Vitamin B-6	S2801
Folate, total	S2801

NDB No. 21346 McDONALD'S, NEWMAN'S OWN Cobb Dressing

Fatty acids, total trans	S2801
Selenium, Se	S2801

NDB No. 21347 McDONALD'S, NEWMAN'S OWN Creamy Caesar Dressing

Sugars, total	S2801
Zinc, Zn	S2801
Vitamin C, total ascorbic acid	S2801
Potassium, K	S2801
Sodium, Na	S2801
Niacin	S2801
Fatty acids, total saturated	S2801
Copper, Cu	S2801
Vitamin B-12	S2801
Iron, Fe	S2801
Pantothenic acid	S2801
Calcium, Ca	S2801
Fatty acids, total monounsaturated	S2801
Total lipid (fat)	S2801
Water	S2801
Fiber, total dietary	S2801
Phosphorus, P	S2801
Selenium, Se	S2801
Cholesterol	S2801
Protein	S2801
Vitamin A, IU	S2801
Vitamin E (alpha-tocopherol)	S2801
Vitamin B-6	S2801
Folate, total	S2801
Fatty acids, total trans	S2801
Fatty acids, total polyunsaturated	S2801
Magnesium, Mg	S2801
Thiamin	S2801
Riboflavin	S2801

NDB No. 21348 McDONALD'S, NEWMAN'S OWN Low Fat Balsamic Vinaigrette

NDB No. 21348 McDONALD'S, NEWMAN'S OWN Low Fat Balsamic Vinaigrette

Niacin	S2801
Protein	S2801
Total lipid (fat)	S2801
Vitamin C, total ascorbic acid	S2801
Fatty acids, total polyunsaturated	S2801
Ash	S2801
Sugars, total	S2801
Fiber, total dietary	S2801
Selenium, Se	S2801
Riboflavin	S2801
Folate, total	S2801
Fatty acids, total trans	S2801
Iron, Fe	S2801
Phosphorus, P	S2801
Sodium, Na	S2801
Cholesterol	S2801
Potassium, K	S2801
Zinc, Zn	S2801
Magnesium, Mg	S2801
Manganese, Mn	S2801
Pantothenic acid	S2801
Fatty acids, total saturated	S2801
Calcium, Ca	S2801
Vitamin A, IU	S2801
Vitamin D	S2801
Thiamin	S2801
Vitamin B-6	S2801
Fatty acids, total monounsaturated	S2801
Water	S2801
Copper, Cu	S2801
Vitamin E (alpha-tocopherol)	S2801
Vitamin B-12	S2801

NDB No. 21349 McDONALD'S, NEWMAN'S OWN Ranch Dressing

Vitamin C, total ascorbic acid	S2801
Folate, total	S2801

NDB No. 21349 McDONALD'S, NEWMAN'S OWN Ranch Dressing

Vitamin B-12	S2801
Fatty acids, total saturated	S2801
Calcium, Ca	S2801
Niacin	S2801
Pantothenic acid	S2801
Cholesterol	S2801
Fatty acids, total polyunsaturated	S2801
Iron, Fe	S2801
Sodium, Na	S2801
Zinc, Zn	S2801
Copper, Cu	S2801
Selenium, Se	S2801
Vitamin A, IU	S2801
Fatty acids, total monounsaturated	S2801
Protein	S2801
Thiamin	S2801
Total lipid (fat)	S2801
Fiber, total dietary	S2801
Potassium, K	S2801
Fatty acids, total trans	S2801
Manganese, Mn	S2801
Riboflavin	S2801
Sugars, total	S2801
Magnesium, Mg	S2801
Phosphorus, P	S2801
Vitamin B-6	S2801

NDB No. 21383 BURGER KING, CROISSAN'WICH with Sausage, Egg and Cheese

Protein	S2102
Starch	S2102
Sucrose	S2102
Maltose	S2102
Phosphorus, P	S2102
Vitamin C, total ascorbic acid	S2102
Thiamin	S2102
Pantothenic acid	S2102

NDB No. 21383 BURGER KING, CROISSAN'WICH with Sausage, Egg and Cheese

Lysine	S2102
Arginine	S2102
Proline	S2102
Serine	S2102
10:0	S2102
Fatty acids, total polyunsaturated	S2102
17:0	S2102
20:3 undifferentiated	S2102
Fiber, total dietary	S2102
Calcium, Ca	S2102
Iron, Fe	S2102
Zinc, Zn	S2102
Vitamin E (alpha-tocopherol)	S2102
Tocopherol, beta	S2102
Tryptophan	S2102
Threonine	S2102
Leucine	S2102
Valine	S2102
20:0	S2102
18:1 undifferentiated	S2102
18:3 undifferentiated	S2102
Sugars, total	S2102
Galactose	S2102
Sodium, Na	S2102
Aspartic acid	S2102
18:2 undifferentiated	S2102
22:0	S2102
20:2 n-6 c,c	S2102
Phenylalanine	S2102
Cholesterol	S2102
16:0	S2102
18:0	S2102
18:3 n-3 c,c,c (ALA)	S2102
Tocopherol, delta	S2102
Niacin	S2102
Cystine	S2102
Tyrosine	S2102

NDB No. 21383 BURGER KING, CROISSAN'WICH with Sausage, Egg and Cheese

Histidine	S2102
16:1 undifferentiated	S2102
Magnesium, Mg	S2102
Potassium, K	S2102
Tocopherol, gamma	S2102
Riboflavin	S2102
Vitamin B-12	S2102
Alanine	S2102
Fatty acids, total saturated	S2102
14:1	S2102
15:0	S2102
17:1	S2102
Ash	S2102
Glucose (dextrose)	S2102
Copper, Cu	S2102
Dihydrophylloquinone	S2102
Isoleucine	S2102
Methionine	S2102
15:1	S2102
Total lipid (fat)	S2102
Fructose	S2102
Lactose	S2102
Water	S2102
Manganese, Mn	S2102
Selenium, Se	S2102
Vitamin B-6	S2102
Vitamin K (phylloquinone)	S2102
Glutamic acid	S2102
Glycine	S2102
8:0	S2102
12:0	S2102
14:0	S2102
20:4 undifferentiated	S2102
20:1	S2102
Fatty acids, total monounsaturated	S2102
18:3 n-6 c,c,c	S2102

NDB No. 21384 BURGER KING, CROISSAN'WICH with Sausage and Cheese

Sucrose	S2102
Sugars, total	S2102
Iron, Fe	S2102
Potassium, K	S2102
Sodium, Na	S2102
Manganese, Mn	S2102
Niacin	S2102
Cystine	S2102
Tyrosine	S2102
Arginine	S2102
Serine	S2102
Fatty acids, total saturated	S2102
12:0	S2102
18:2 undifferentiated	S2102
Ash	S2102
Starch	S2102
Calcium, Ca	S2102
Magnesium, Mg	S2102
Copper, Cu	S2102
Leucine	S2102
Alanine	S2102
20:3 undifferentiated	S2102
Thiamin	S2102
Pantothenic acid	S2102
Vitamin B-6	S2102
Methionine	S2102
Valine	S2102
Aspartic acid	S2102
Glycine	S2102
Proline	S2102
14:0	S2102
18:1 undifferentiated	S2102
18:3 undifferentiated	S2102
15:0	S2102
15:1	S2102
Galactose	S2102
Tocopherol, gamma	S2102

NDB No. 21384 BURGER KING, CROISSAN'WICH with Sausage and Cheese

Tocopherol, delta	S2102
Vitamin C, total ascorbic acid	S2102
Threonine	S2102
Cholesterol	S2102
18:0	S2102
22:0	S2102
Protein	S2102
Glucose (dextrose)	S2102
Lactose	S2102
Water	S2102
Riboflavin	S2102
Dihydrophylloquinone	S2102
Vitamin K (phylloquinone)	S2102
Glutamic acid	S2102
20:0	S2102
18:3 n-6 c,c,c	S2102
17:1	S2102
Fiber, total dietary	S2102
Selenium, Se	S2102
Vitamin E (alpha-tocopherol)	S2102
Vitamin B-12	S2102
Tryptophan	S2102
Isoleucine	S2102
Lysine	S2102
Histidine	S2102
20:4 undifferentiated	S2102
Fatty acids, total polyunsaturated	S2102
17:0	S2102
Total lipid (fat)	S2102
Fructose	S2102
Maltose	S2102
8:0	S2102
16:0	S2102
16:1 undifferentiated	S2102
20:1	S2102
Phosphorus, P	S2102
Zinc, Zn	S2102

NDB No. 21384 BURGER KING, CROISSAN'WICH with Sausage and Cheese

Tocopherol, beta	S2102
Phenylalanine	S2102
10:0	S2102
14:1	S2102
Fatty acids, total monounsaturated	S2102
20:2 n-6 c,c	S2102
18:3 n-3 c,c,c (ALA)	S2102

NDB No. 21385 BURGER KING, CROISSAN'WICH with Egg and Cheese

Starch	S2102
Sugars, total	S2102
Galactose	S2102
Iron, Fe	S2102
Tyrosine	S2102
Alanine	S2102
Glycine	S2102
20:4 undifferentiated	S2102
14:1	S2102
18:3 n-3 c,c,c (ALA)	S2102
Total lipid (fat)	S2102
Sucrose	S2102
Niacin	S2102
Cystine	S2102
Histidine	S2102
Fatty acids, total saturated	S2102
8:0	S2102
10:0	S2102
12:0	S2102
14:0	S2102
18:3 n-6 c,c,c	S2102
20:3 undifferentiated	S2102
Water	S2102
Calcium, Ca	S2102
Phosphorus, P	S2102
Zinc, Zn	S2102
Riboflavin	S2102

NDB No. 21385 BURGER KING, CROISSAN'WICH with Egg and Cheese

Threonine	S2102
Glutamic acid	S2102
18:3 undifferentiated	S2102
22:0	S2102
15:1	S2102
Protein	S2102
Lactose	S2102
Magnesium, Mg	S2102
Potassium, K	S2102
Tocopherol, beta	S2102
Pantothenic acid	S2102
18:2 undifferentiated	S2102
15:0	S2102
17:0	S2102
Maltose	S2102
Copper, Cu	S2102
Tocopherol, gamma	S2102
Vitamin C, total ascorbic acid	S2102
Vitamin K (phylloquinone)	S2102
Arginine	S2102
Aspartic acid	S2102
16:1 undifferentiated	S2102
20:1	S2102
Ash	S2102
Fiber, total dietary	S2102
Selenium, Se	S2102
Vitamin B-12	S2102
Tryptophan	S2102
Phenylalanine	S2102
Valine	S2102
18:0	S2102
18:1 undifferentiated	S2102
Fructose	S2102
Dihydrophylloquinone	S2102
Isoleucine	S2102
Lysine	S2102
Methionine	S2102

NDB No. 21385 BURGER KING, CROISSAN'WICH with Egg and Cheese

Proline	S2102
16:0	S2102
20:0	S2102
Fatty acids, total polyunsaturated	S2102
20:2 n-6 c,c	S2102
Glucose (dextrose)	S2102
Sodium, Na	S2102
Manganese, Mn	S2102
Vitamin E (alpha-tocopherol)	S2102
Tocopherol, delta	S2102
Thiamin	S2102
Vitamin B-6	S2102
Leucine	S2102
Serine	S2102
Cholesterol	S2102
Fatty acids, total monounsaturated	S2102
17:1	S2102

NDB No. 21386 BURGER KING, French Toast Sticks

Starch	S2102
Sucrose	S2102
Maltose	S2102
Sodium, Na	S2102
Tocopherol, beta	S2102
Tyrosine	S2102
Glutamic acid	S2102
Serine	S2102
20:0	S2102
18:2 undifferentiated	S2102
18:3 n-3 c,c,c (ALA)	S2102
Galactose	S2102
Potassium, K	S2102
Selenium, Se	S2102
Vitamin C, total ascorbic acid	S2102
Thiamin	S2102
Niacin	S2102

NDB No. 21386 BURGER KING, French Toast Sticks

Cystine	S2102
Valine	S2102
Glycine	S2102
10:0	S2102
16:0	S2102
20:1	S2102
Sugars, total	S2102
Zinc, Zn	S2102
Lysine	S2102
Methionine	S2102
Histidine	S2102
Alanine	S2102
18:1 undifferentiated	S2102
Ash	S2102
Fructose	S2102
Lactose	S2102
Water	S2102
Iron, Fe	S2102
Copper, Cu	S2102
Manganese, Mn	S2102
Riboflavin	S2102
Vitamin B-6	S2102
Aspartic acid	S2102
Cholesterol	S2102
17:1	S2102
15:1	S2102
Protein	S2102
Phosphorus, P	S2102
Tocopherol, gamma	S2102
Tryptophan	S2102
Phenylalanine	S2102
Proline	S2102
8:0	S2102
14:0	S2102
18:0	S2102
20:4 undifferentiated	S2102
14:1	S2102

NDB No. 21386 BURGER KING, French Toast Sticks

16:1 undifferentiated	S2102
20:2 n-6 c,c	S2102
18:3 n-6 c,c,c	S2102
Magnesium, Mg	S2102
Vitamin E (alpha-tocopherol)	S2102
Tocopherol, delta	S2102
Pantothenic acid	S2102
Vitamin K (phylloquinone)	S2102
Leucine	S2102
Fatty acids, total saturated	S2102
12:0	S2102
Fatty acids, total monounsaturated	S2102
Total lipid (fat)	S2102
Glucose (dextrose)	S2102
Calcium, Ca	S2102
Vitamin B-12	S2102
Dihydrophylloquinone	S2102
Threonine	S2102
15:0	S2102
17:0	S2102
Fiber, total dietary	S2102
Isoleucine	S2102
Arginine	S2102
18:3 undifferentiated	S2102
22:0	S2102
Fatty acids, total polyunsaturated	S2102
20:3 undifferentiated	S2102

NDB No. 21387 BURGER KING, Hash Brown Rounds

Maltose	S2102
Calcium, Ca	S2102
Magnesium, Mg	S2102
Zinc, Zn	S2102
Valine	S2102
Total lipid (fat)	S2102
Glucose (dextrose)	S2102

NDB No. 21387 BURGER KING, Hash Brown Rounds

Water	S2102
Potassium, K	S2102
Tocopherol, gamma	S2102
Riboflavin	S2102
Alanine	S2102
Glutamic acid	S2102
Proline	S2102
Protein	S2102
Sodium, Na	S2102
Carotene, beta	S2102
Tyrosine	S2102
Glycine	S2102
Cholesterol	S2102
Sucrose	S2102
Fructose	S2102
Phosphorus, P	S2102
Vitamin E (alpha-tocopherol)	S2102
Cryptoxanthin, beta	S2102
Histidine	S2102
Serine	S2102
Sugars, total	S2102
Iron, Fe	S2102
Tocopherol, beta	S2102
Niacin	S2102
Vitamin B-6	S2102
Tryptophan	S2102
Methionine	S2102
Cystine	S2102
Phenylalanine	S2102
Arginine	S2102
Copper, Cu	S2102
Pantothenic acid	S2102
Threonine	S2102
Ash	S2102
Starch	S2102
Lactose	S2102
Galactose	S2102

NDB No. 21387 BURGER KING, Hash Brown Rounds

Fiber, total dietary	S2102
Carotene, alpha	S2102
Vitamin B-12	S2102
Isoleucine	S2102
Leucine	S2102
Manganese, Mn	S2102
Selenium, Se	S2102
Lycopene	S2102
Tocopherol, delta	S2102
Vitamin C, total ascorbic acid	S2102
Thiamin	S2102
Lysine	S2102
Aspartic acid	S2102

NDB No. 21388 Fast foods, miniature cinnamon rolls

Lactose	S2102
Water	S2102
Tryptophan	S2102
Isoleucine	S2102
15:0	S2102
Niacin	S2102
Pantothenic acid	S2102
Histidine	S2102
18:2 undifferentiated	S2102
20:4 undifferentiated	S2102
14:1	S2102
Fatty acids, total monounsaturated	S2102
20:3 undifferentiated	S2102
Glucose (dextrose)	S2102
Sugars, total	S2102
Phosphorus, P	S2102
Vitamin E (alpha-tocopherol)	S2102
Proline	S2102
14:0	S2102
Fatty acids, total polyunsaturated	S2102
Ash	S2102

NDB No. 21388 Fast foods, miniature cinnamon rolls

Selenium, Se	S2102
Leucine	S2102
Phenylalanine	S2102
Tyrosine	S2102
Alanine	S2102
Aspartic acid	S2102
Cholesterol	S2102
10:0	S2102
18:3 n-6 c,c,c	S2102
Fructose	S2102
Fiber, total dietary	S2102
Iron, Fe	S2102
Copper, Cu	S2102
Threonine	S2102
Methionine	S2102
16:0	S2102
18:1 undifferentiated	S2102
16:1 undifferentiated	S2102
Starch	S2102
Calcium, Ca	S2102
Potassium, K	S2102
Tocopherol, gamma	S2102
Tocopherol, delta	S2102
Vitamin C, total ascorbic acid	S2102
Vitamin B-12	S2102
Fatty acids, total saturated	S2102
8:0	S2102
18:0	S2102
18:3 undifferentiated	S2102
20:2 n-6 c,c	S2102
Protein	S2102
Total lipid (fat)	S2102
Sucrose	S2102
Maltose	S2102
Magnesium, Mg	S2102
Sodium, Na	S2102
Tocopherol, beta	S2102

NDB No. 21388 Fast foods, miniature cinnamon rolls

Vitamin B-6	S2102
Vitamin K (phylloquinone)	S2102
Betaine	S2102
Lysine	S2102
Cystine	S2102
Valine	S2102
Arginine	S2102
Glutamic acid	S2102
Glycine	S2102
20:0	S2102
20:1	S2102
17:0	S2102
17:1	S2102
18:3 n-3 c,c,c (ALA)	S2102
Galactose	S2102
Zinc, Zn	S2102
Manganese, Mn	S2102
Thiamin	S2102
Riboflavin	S2102
Choline, total	S2102
Dihydrophylloquinone	S2102
Serine	S2102
12:0	S2102
22:0	S2102
15:1	S2102

NDB No. 21389 Fast foods, hamburger; double, large patty; with condiments, vegetables and mayonnaise

Protein	S1064
Water	S1064
Fiber, total dietary	S1064
Vitamin C, total ascorbic acid	S1064
16:0	S1064
20:4 undifferentiated	S1064
22:5 n-3 (DPA)	S1064
15:0	S1064
Sucrose	S1064

NDB No. 21389 Fast foods, hamburger; double, large patty; with condiments, vegetables and mayonnaise

Galactose	S1064
Phosphorus, P	S1064
Copper, Cu	S1064
Thiamin	S1064
Vitamin B-6	S1064
Folate, total	S1064
Dihydrophylloquinone	S1064
Folate, food	S1064
8:0	S1064
18:3 undifferentiated	S1064
16:1 c	S1064
Fatty acids, total trans-monoenoic	S1064
Potassium, K	S1064
Cholesterol	S1064
Fatty acids, total monounsaturated	S1064
18:2 i	S1064
20:3 undifferentiated	S1064
Glucose (dextrose)	S1064
Riboflavin	S1064
Folic acid	S1064
Fatty acids, total trans	S1064
6:0	S1064
18:1 undifferentiated	S1064
20:5 n-3 (EPA)	S1064
24:0	S1064
Starch	S1064
Sugars, total	S1064
Calcium, Ca	S1064
Iron, Fe	S1064
Manganese, Mn	S1064
4:0	S1064
10:0	S1064
22:6 n-3 (DHA)	S1064
14:1	S1064
18:4	S1064
16:1 t	S1064

NDB No. 21389 Fast foods, hamburger; double, large patty; with condiments, vegetables and mayonnaise

Fatty acids, total trans-polyenoic	S1064
Total lipid (fat)	S1064
Fructose	S1064
Lactose	S1064
Maltose	S1064
Sodium, Na	S1064
12:0	S1064
14:0	S1064
18:0	S1064
20:0	S1064
22:0	S1064
16:1 undifferentiated	S1064
22:1 undifferentiated	S1064
18:1 t	S1064
17:1	S1064
18:3 n-3 c,c,c (ALA)	S1064
Selenium, Se	S1064
Niacin	S1064
Fatty acids, total saturated	S1064
Fatty acids, total polyunsaturated	S1064
17:0	S1064
18:1 c	S1064
18:2 n-6 c,c	S1064
Ash	S1064
Magnesium, Mg	S1064
Zinc, Zn	S1064
Pantothenic acid	S1064
Vitamin K (phylloquinone)	S1064
18:2 undifferentiated	S1064
20:1	S1064
20:2 n-6 c,c	S1064

NDB No. 21390 Fast foods, hamburger; single, large patty; with condiments, vegetables and mayonnaise

Sucrose	S1066, S1064
Maltose	S1066, S1064
Magnesium, Mg	S1066, S1064

NDB No. 21390 Fast foods, hamburger; single, large patty; with condiments, vegetables and mayonnaise

Selenium, Se	S1066, S1064
Riboflavin	S1066, S1064
Leucine	S1066, S1064
Valine	S1066, S1064
Glycine	S1066, S1064
10:0	S1066, S1064
14:0	S1066, S1064
22:0	S1066, S1064
18:4	S1066, S1064
20:5 n-3 (EPA)	S1066, S1064
17:0	S1066, S1064
18:2 n-6 c,c	S1064
Lactose	S1066, S1064
Fiber, total dietary	S1066, S1064
Sodium, Na	S1066, S1064
Tocopherol, delta	S1064
Serine	S1066, S1064
4:0	S1064
20:0	S1066, S1064
22:6 n-3 (DHA)	S1066, S1064
15:1	S1066, S1064
Total lipid (fat)	S1066, S1064
Ash	S1066, S1064
Glucose (dextrose)	S1066, S1064
Phosphorus, P	S1066, S1064
Manganese, Mn	S1066, S1064
Vitamin E (alpha-tocopherol)	S1064
Folate, total	S1064
Isoleucine	S1066, S1064
Histidine	S1066, S1064
18:1 t	S1064
18:2 i	S1064
18:3 n-6 c,c,c	S1064
Starch	S1066, S1064
Water	S1066, S1064
Potassium, K	S1066, S1064
Zinc, Zn	S1066, S1064

NDB No. 21390 Fast foods, hamburger; single, large patty; with condiments, vegetables and mayonnaise

Thiamin	S1066, S1064
Niacin	S1066, S1064
Pantothenic acid	S1066, S1064
Vitamin B-6	S1066, S1064
Dihydrophylloquinone	S1066, S1064
Folate, food	S1064
Tryptophan	S1066, S1064
Arginine	S1066, S1064
Alanine	S1066, S1064
Cholesterol	S1066, S1064
16:0	S1066, S1064
18:1 undifferentiated	S1066, S1064
15:0	S1066, S1064
16:1 t	S1064
20:3 undifferentiated	S1066, S1064
Calcium, Ca	S1066, S1064
Tocopherol, beta	S1064
Threonine	S1066, S1064
Methionine	S1066, S1064
Aspartic acid	S1066, S1064
Glutamic acid	S1066, S1064
8:0	S1066, S1064
12:0	S1066, S1064
22:1 undifferentiated	S1066, S1064
22:5 n-3 (DPA)	S1066, S1064
24:0	S1066, S1064
18:3 n-3 c,c,c (ALA)	S1064
Protein	S1066, S1064
Galactose	S1064
Copper, Cu	S1066, S1064
Tocopherol, gamma	S1064
Phenylalanine	S1066, S1064
Proline	S1066, S1064
6:0	S1064
16:1 undifferentiated	S1066, S1064
20:1	S1066, S1064
18:1 c	S1064

NDB No. 21390 Fast foods, hamburger; single, large patty; with condiments, vegetables and mayonnaise

Sugars, total	S1064
Vitamin C, total ascorbic acid	S1066, S1064
Vitamin B-12	S1066
Cystine	S1066, S1064
Tyrosine	S1066, S1064
18:3 undifferentiated	S1066, S1064
14:1	S1066, S1064
16:1 c	S1064
Fructose	S1066, S1064
Iron, Fe	S1066, S1064
Vitamin K (phylloquinone)	S1066, S1064
Folic acid	S1064
18:0	S1066, S1064
18:2 undifferentiated	S1066, S1064
20:4 undifferentiated	S1066, S1064
20:2 n-6 c,c	S1066, S1064
17:1	S1066, S1064
13:0	S1064

NDB No. 21391 Fast foods, hamburger; single, large patty; with condiments

Fiber, total dietary	S1122
Potassium, K	S1122
Pantothenic acid	S1122
Cholesterol	S1122
18:0	S1122
22:1 undifferentiated	S1122
24:0	S1122
Maltose	S1122
Magnesium, Mg	S1122
Vitamin E (alpha-tocopherol)	S1122
Tocopherol, gamma	S1122
Thiamin	S1122
Vitamin K (phylloquinone)	S1122
16:0	S1122
20:0	S1122
18:2 undifferentiated	S1122

NDB No. 21391 Fast foods, hamburger; single, large patty; with condiments

20:1	S1122
17:0	S1122
Starch	S1122
Lactose	S1122
8:0	S1122
14:0	S1122
18:1 undifferentiated	S1122
18:3 undifferentiated	S1122
22:0	S1122
18:4	S1122
20:2 n-6 c,c	S1122
Calcium, Ca	S1122
Phosphorus, P	S1122
Tocopherol, beta	S1122
Vitamin B-12	S1122
Fatty acids, total monounsaturated	S1122
Tocopherol, delta	S1122
Vitamin B-6	S1122
Folic acid	S1122
10:0	S1122
20:5 n-3 (EPA)	S1122
22:5 n-3 (DPA)	S1122
Fatty acids, total polyunsaturated	S1122
Protein	S1122
Glucose (dextrose)	S1122
Iron, Fe	S1122
Copper, Cu	S1122
Vitamin C, total ascorbic acid	S1122
Niacin	S1122
Dihydrophylloquinone	S1122
22:6 n-3 (DHA)	S1122
15:0	S1122
15:1	S1122
Ash	S1122
Zinc, Zn	S1122
Manganese, Mn	S1122
Riboflavin	S1122

NDB No. 21391 Fast foods, hamburger; single, large patty; with condiments

Folate, food	S1122
20:4 undifferentiated	S1122
14:1	S1122
17:1	S1122
Total lipid (fat)	S1122
Sucrose	S1122
Fructose	S1122
Water	S1122
Sodium, Na	S1122
Selenium, Se	S1122
Folate, total	S1122
Fatty acids, total saturated	S1122
12:0	S1122
20:3 undifferentiated	S1122

NDB No. 21393 Fast foods, hamburger; single, regular patty; double decker bun with condiments and special sauce

Glucose (dextrose)	S1122
Phosphorus, P	S1122
Tocopherol, delta	S1122
Riboflavin	S1122
Vitamin B-6	S1122
Dihydrophylloquinone	S1122
Cystine	S1122
10:0	S1122
14:0	S1122
18:2 undifferentiated	S1122
18:3 undifferentiated	S1122
15:0	S1122
17:0	S1122
20:3 undifferentiated	S1122
Total lipid (fat)	S1122
Tocopherol, beta	S1122
Folate, food	S1122
Threonine	S1122
Phenylalanine	S1122
Arginine	S1122

NDB No. 21393 Fast foods, hamburger; single, regular patty; double decker bun with condiments and special sauce

18:0	S1122
14:1	S1122
20:2 n-6 c,c	S1122
15:1	S1122
Protein	S1122
Starch	S1122
Calcium, Ca	S1122
Iron, Fe	S1122
Tocopherol, gamma	S1122
Vitamin K (phylloquinone)	S1122
Lysine	S1122
Histidine	S1122
Alanine	S1122
Cholesterol	S1122
18:1 undifferentiated	S1122
20:1	S1122
20:5 n-3 (EPA)	S1122
22:1 undifferentiated	S1122
Fatty acids, total polyunsaturated	S1122
17:1	S1122
Ash	S1122
Sucrose	S1122
Fructose	S1122
Vitamin E (alpha-tocopherol)	S1122
Folic acid	S1122
Leucine	S1122
Glutamic acid	S1122
22:6 n-3 (DHA)	S1122
24:0	S1122
Water	S1122
Fiber, total dietary	S1122
Magnesium, Mg	S1122
Sodium, Na	S1122
Vitamin C, total ascorbic acid	S1122
Thiamin	S1122
Tryptophan	S1122
Tyrosine	S1122

NDB No. 21393 Fast foods, hamburger; single, regular patty; double decker bun with condiments and special sauce

Glycine	S1122
20:0	S1122
Fatty acids, total monounsaturated	S1122
Pantothenic acid	S1122
Folate, total	S1122
Methionine	S1122
Serine	S1122
8:0	S1122
22:0	S1122
Potassium, K	S1122
Copper, Cu	S1122
Manganese, Mn	S1122
Valine	S1122
Fatty acids, total saturated	S1122
12:0	S1122
20:4 undifferentiated	S1122
18:4	S1122
22:5 n-3 (DPA)	S1122
Lactose	S1122
Maltose	S1122
Zinc, Zn	S1122
Selenium, Se	S1122
Niacin	S1122
Vitamin B-12	S1122
Isoleucine	S1122
Aspartic acid	S1122
Proline	S1122
16:0	S1122

NDB No. 21397 Fast foods, cheeseburger;single, large patty; with condiments, vegetables and mayonnaise

Ash	S1066, S1064
Magnesium, Mg	S1066, S1064
12:0	S1066, S1064
18:2 undifferentiated	S1066, S1064
22:0	S1066, S1064
17:0	S1066, S1064

NDB No. 21397 Fast foods, cheeseburger;single, large patty; with condiments, vegetables and mayonnaise

17:1	S1066, S1064
Manganese, Mn	S1066, S1064
Vitamin E (alpha-tocopherol)	S1064
Vitamin B-6	S1066, S1064
4:0	S1066, S1064
8:0	S1066, S1064
18:1 t	S1066, S1064
16:1 c	S1066
18:1 c	S1066, S1064
18:3 n-6 c,c,c	S1064
13:0	S1064
Sugars, total	S1064
Calcium, Ca	S1066, S1064
Phosphorus, P	S1066, S1064
Vitamin C, total ascorbic acid	S1066, S1064
Thiamin	S1066, S1064
6:0	S1066, S1064
14:1	S1066, S1064
20:1	S1066, S1064
15:0	S1066, S1064
15:1	S1066, S1064
Glucose (dextrose)	S1066
Maltose	S1066, S1064
Water	S1066, S1064
Riboflavin	S1066, S1064
Vitamin B-12	S1066
Dihydrophylloquinone	S1066, S1064
20:5 n-3 (EPA)	S1066, S1064
22:1 undifferentiated	S1066, S1064
20:4 n-6	S1066
Sucrose	S1064
Fructose	S1066, S1064
Iron, Fe	S1066, S1064
Sodium, Na	S1066, S1064
Zinc, Zn	S1066, S1064
Copper, Cu	S1066, S1064
Folate, total	S1064

NDB No. 21397 Fast foods, cheeseburger;single, large patty; with condiments, vegetables and mayonnaise

16:0	S1066, S1064
18:0	S1066, S1064
18:2 n-6 c,c	S1066
20:3 n-6	S1066
Protein	S1066, S1064
Galactose	S1064
Vitamin K (phylloquinone)	S1066, S1064
Folic acid	S1064
16:1 undifferentiated	S1066, S1064
18:4	S1066
22:5 n-3 (DPA)	S1066
16:1 t	S1066
20:2 n-6 c,c	S1066, S1064
20:3 undifferentiated	S1066, S1064
18:3 n-3 c,c,c (ALA)	S1066, S1064
Lactose	S1066, S1064
Potassium, K	S1066, S1064
Selenium, Se	S1066, S1064
Pantothenic acid	S1066, S1064
Cholesterol	S1066, S1064
10:0	S1066, S1064
20:0	S1066, S1064
18:3 undifferentiated	S1066, S1064
22:6 n-3 (DHA)	S1066, S1064
Total lipid (fat)	S1066, S1064
Fiber, total dietary	S1066, S1064
Niacin	S1066, S1064
14:0	S1066, S1064
18:1 undifferentiated	S1066, S1064
20:4 undifferentiated	S1066, S1064
24:0	S1066, S1064
18:2 i	S1066

NDB No. 21398 Fast foods, cheeseburger; single, large patty; with condiments

Glucose (dextrose)	S1122
Fructose	S1122

NDB No. 21398 Fast foods, cheeseburger; single, large patty; with condiments

Iron, Fe	S1122
Copper, Cu	S1122
Tocopherol, gamma	S1122
16:0	S1122
18:3 undifferentiated	S1122
22:5 n-3 (DPA)	S1122
Zinc, Zn	S1122
Tocopherol, beta	S1122
Vitamin B-6	S1122
8:0	S1122
18:0	S1122
16:1 undifferentiated	S1122
17:0	S1122
17:1	S1122
Phosphorus, P	S1122
Potassium, K	S1122
Manganese, Mn	S1122
Riboflavin	S1122
Niacin	S1122
10:0	S1122
22:1 undifferentiated	S1122
15:0	S1122
Protein	S1122
Water	S1122
Calcium, Ca	S1122
Vitamin K (phylloquinone)	S1122
12:0	S1122
20:1	S1122
Fatty acids, total polyunsaturated	S1122
Dihydrophylloquinone	S1122
20:5 n-3 (EPA)	S1122
20:3 undifferentiated	S1122
Vitamin E (alpha-tocopherol)	S1122
Pantothenic acid	S1122
Fatty acids, total saturated	S1122
20:0	S1122
22:6 n-3 (DHA)	S1122

NDB No. 21398 Fast foods, cheeseburger; single, large patty; with condiments

Fatty acids, total monounsaturated	S1122
24:0	S1122
Starch	S1122
Sucrose	S1122
Maltose	S1122
Fiber, total dietary	S1122
Magnesium, Mg	S1122
Sodium, Na	S1122
Thiamin	S1122
18:2 undifferentiated	S1122
20:4 undifferentiated	S1122
22:0	S1122
Total lipid (fat)	S1122
Ash	S1122
Lactose	S1122
Selenium, Se	S1122
Tocopherol, delta	S1122
Vitamin C, total ascorbic acid	S1122
Folate, total	S1122
Vitamin B-12	S1122
Folic acid	S1122
Folate, food	S1122
Cholesterol	S1122
14:0	S1122
18:1 undifferentiated	S1122
14:1	S1122
18:4	S1122
20:2 n-6 c,c	S1122
15:1	S1122

NDB No. 21399 Fast Foods, cheeseburger; double, large patty; with condiments, vegetables and mayonnaise

Ash	S1066, S1064
Starch	S1066, S1064
Thiamin	S1066, S1064
8:0	S1066, S1064
12:0	S1066, S1064

NDB No. 21399 Fast Foods, cheeseburger; double, large patty; with condiments, vegetables and mayonnaise

20:0	S1066, S1064
18:1 undifferentiated	S1066, S1064
17:1	S1066, S1064
15:1	S1066, S1064
Protein	S1066, S1064
Glucose (dextrose)	S1066, S1064
Magnesium, Mg	S1066, S1064
Manganese, Mn	S1066, S1064
Tocopherol, beta	S1064
Vitamin K (phylloquinone)	S1066, S1064
6:0	S1064
22:6 n-3 (DHA)	S1066, S1064
18:4	S1066
20:1	S1066, S1064
20:2 n-6 c,c	S1066, S1064
Total lipid (fat)	S1066, S1064
Zinc, Zn	S1066, S1064
Niacin	S1066, S1064
Folate, food	S1064
18:2 undifferentiated	S1066, S1064
22:0	S1066, S1064
18:1 t	S1064
18:1 c	S1064
13:0	S1064
18:3 n-3 c,c,c (ALA)	S1064
Sucrose	S1066, S1064
Sodium, Na	S1066, S1064
Vitamin C, total ascorbic acid	S1066, S1064
Riboflavin	S1066, S1064
10:0	S1066, S1064
14:0	S1066, S1064
22:1 undifferentiated	S1066, S1064
15:0	S1066, S1064
20:3 undifferentiated	S1066, S1064
Iron, Fe	S1066, S1064
Tocopherol, gamma	S1064
Dihydrophylloquinone	S1066, S1064

NDB No. 21399 Fast Foods, cheeseburger; double, large patty; with condiments, vegetables and mayonnaise

4:0	S1064
16:1 undifferentiated	S1066, S1064
20:5 n-3 (EPA)	S1066, S1064
24:0	S1066, S1064
Fructose	S1066, S1064
Lactose	S1066, S1064
Water	S1066, S1064
Calcium, Ca	S1066, S1064
Selenium, Se	S1066, S1064
Pantothenic acid	S1066, S1064
Vitamin B-6	S1066, S1064
Vitamin B-12	S1066
Fatty acids, total trans	S1064
18:3 undifferentiated	S1066, S1064
18:3 n-6 c,c,c	S1064
Fiber, total dietary	S1066, S1064
Vitamin E (alpha-tocopherol)	S1064
Tocopherol, delta	S1064
Cholesterol	S1066, S1064
22:5 n-3 (DPA)	S1066
17:0	S1066, S1064
Sugars, total	S1064
Phosphorus, P	S1066, S1064
Potassium, K	S1066, S1064
Copper, Cu	S1066, S1064
Folate, total	S1064
Folic acid	S1064
16:0	S1066, S1064
18:0	S1066, S1064
20:4 undifferentiated	S1066, S1064
14:1	S1066, S1064

NDB No. 21400 Fast foods, cheeseburger; double, regular patty; double decker bun with condiments and special sauce

Glucose (dextrose)	S1122
Fiber, total dietary	S1122
Magnesium, Mg	S1122

NDB No. 21400 Fast foods, cheeseburger; double, regular patty; double decker bun with condiments and special sauce

Tocopherol, beta	S1122
Riboflavin	S1122
Folate, total	S1122
Vitamin B-12	S1122
Tryptophan	S1122
Tyrosine	S1122
Valine	S1122
8:0	S1122
10:0	S1122
20:0	S1122
14:1	S1122
Fatty acids, total polyunsaturated	S1122
Iron, Fe	S1122
Phosphorus, P	S1122
Zinc, Zn	S1122
Copper, Cu	S1122
Tocopherol, gamma	S1122
Folate, food	S1122
Serine	S1122
18:2 undifferentiated	S1122
Potassium, K	S1122
Selenium, Se	S1122
Niacin	S1122
Vitamin B-6	S1122
Vitamin K (phylloquinone)	S1122
Histidine	S1122
18:4	S1122
Protein	S1122
Fructose	S1122
Vitamin E (alpha-tocopherol)	S1122
Pantothenic acid	S1122
Leucine	S1122
Cholesterol	S1122
12:0	S1122
14:0	S1122
22:0	S1122
20:2 n-6 c,c	S1122

NDB No. 21400 Fast foods, cheeseburger; double, regular patty; double decker bun with condiments and special sauce

Ash	S1122
Water	S1122
Dihydrophylloquinone	S1122
Lysine	S1122
Aspartic acid	S1122
Glutamic acid	S1122
Proline	S1122
Fatty acids, total saturated	S1122
18:1 undifferentiated	S1122
15:0	S1122
15:1	S1122
Lactose	S1122
Manganese, Mn	S1122
Vitamin C, total ascorbic acid	S1122
Thiamin	S1122
Folic acid	S1122
Isoleucine	S1122
Phenylalanine	S1122
Arginine	S1122
16:0	S1122
20:1	S1122
17:0	S1122
Starch	S1122
Sucrose	S1122
Calcium, Ca	S1122
Tocopherol, delta	S1122
Threonine	S1122
Cystine	S1122
18:0	S1122
Fatty acids, total monounsaturated	S1122
24:0	S1122
17:1	S1122
20:3 undifferentiated	S1122
Total lipid (fat)	S1122
Maltose	S1122
Sodium, Na	S1122

NDB No. 21400 Fast foods, cheeseburger; double, regular patty; double decker bun with condiments and special sauce

Methionine	S1122
Alanine	S1122
Glycine	S1122
18:3 undifferentiated	S1122
20:4 undifferentiated	S1122
22:6 n-3 (DHA)	S1122
16:1 undifferentiated	S1122
20:5 n-3 (EPA)	S1122
22:1 undifferentiated	S1122
22:5 n-3 (DPA)	S1122

NDB No. 21401 Fast foods, chicken tenders

Ash	S4881, S5805
Folate, total	S2801
Choline, total	S1064
Betaine	S1064
Methionine	S1066, S1122, S1064
Aspartic acid	S1066, S1122, S1064
20:0	S4881, S5805
18:1 undifferentiated	S4881, S5805
18:4	S5805
17:0	S4881, S5805
18:2 CLAs	S5805
20:2 n-6 c,c	S4881, S5805
Fatty acids, total trans-polyenoic	S5805
Phosphorus, P	S2801, S3557
Sodium, Na	S4881, S3557
Manganese, Mn	S2801, S3557
Niacin	S2801, S3557
Vitamin B-6	S2801, S3557
Vitamin K (phylloquinone)	S3557
Tyrosine	S1066, S1122, S1064
Arginine	S1066, S1122, S1064
Histidine	S1066, S1122, S1064
20:4 undifferentiated	S4881, S5805
16:1 t	S5805

NDB No. 21401 Fast foods, chicken tenders

20:3 n-3	S5805
Protein	S4881, S5805
Dihydrophylloquinone	S3557
Tryptophan	S1066, S1122, S1064
Serine	S1066, S1122, S1064
4:0	S4881, S5805
18:3 undifferentiated	S4881, S5805
16:1 undifferentiated	S4881, S5805
22:1 undifferentiated	S4881, S5805
15:0	S4881, S5805
22:1 t	S5805
18:2 t,t	S4881
18:3 n-6 c,c,c	S4881, S5805
17:1	S4881, S5805
Lactose	S3557
Galactose	S3557
Pantothenic acid	S2801, S3557
Vitamin B-12	S2801, S3557
Valine	S1066, S1122, S1064
Alanine	S1066, S1122, S1064
Cholesterol	S4881, S3557
14:1	S4881, S5805
18:1 t	S4881, S5805
18:2 t not further defined	S5805
22:1 c	S4881, S5805
18:3 n-3 c,c,c (ALA)	S4881, S5805
Glucose (dextrose)	S3557
Maltose	S3557
Magnesium, Mg	S2801, S3557
Potassium, K	S2801, S3557
Selenium, Se	S3557
Thiamin	S2801, S3557
Menaquinone-4	S3557
Phenylalanine	S1066, S1122, S1064
Fatty acids, total trans	S4881, S5805
6:0	S4881, S5805
14:0	S4881, S5805

NDB No. 21401 Fast foods, chicken tenders

18:2 undifferentiated	S4881, S5805
22:6 n-3 (DHA)	S5805
22:4	S5805
Total lipid (fat)	S4881, S5805
Sugars, total	S4881, S3557
Fiber, total dietary	S4881, S3557
Calcium, Ca	S4881, S3557
Iron, Fe	S4881, S3557
Copper, Cu	S2801, S3557
Tocopherol, beta	S3557
Vitamin C, total ascorbic acid	S4881
Cystine	S1066, S1122, S1064
Glutamic acid	S1066, S1122, S1064
Glycine	S1066, S1122, S1064
Fatty acids, total saturated	S4881, S5805
8:0	S4881, S5805
12:0	S4881, S5805
22:0	S4881, S5805
20:1	S4881, S5805
Fatty acids, total polyunsaturated	S4881, S5805
18:1 c	S4881, S5805
20:3 undifferentiated	S4881, S5805
15:1	S4881, S5805
Water	S4881, S5805
Vitamin E (alpha-tocopherol)	S3557
Riboflavin	S2801, S3557
Threonine	S1066, S1122, S1064
Lysine	S1066, S1122, S1064
20:5 n-3 (EPA)	S5805
22:5 n-3 (DPA)	S5805
Fatty acids, total monounsaturated	S4881, S5805
24:0	S4881, S5805
24:1 c	S5805
Fatty acids, total trans-monoenoic	S5805
Starch	S3557
Sucrose	S3557

NDB No. 21401 Fast foods, chicken tenders

Fructose	S3557
Zinc, Zn	S2801, S3557
Tocopherol, gamma	S3557
Tocopherol, delta	S3557
Isoleucine	S1066, S1122, S1064
Leucine	S1066, S1122, S1064
Proline	S1066, S1122, S1064
10:0	S4881, S5805
16:0	S4881, S5805
18:0	S4881, S5805
16:1 c	S5805
18:2 n-6 c,c	S4881, S5805
20:3 n-6	S5805

NDB No. 21409 Fast foods, bagel, with ham, egg, and cheese

Starch	S1165
Magnesium, Mg	S1165
Potassium, K	S1165
Copper, Cu	S1165
Retinol	S1165
Pantothenic acid	S1165
Vitamin K (phylloquinone)	S1165
12:0	S1165
18:2 undifferentiated	S1165
14:1	S1165
16:1 undifferentiated	S1165
18:4	S1165
20:1	S1165
20:5 n-3 (EPA)	S1165
Fatty acids, total monounsaturated	S1165
Total lipid (fat)	S1165
Ash	S1165
Glucose (dextrose)	S1165
Fiber, total dietary	S1165
Thiamin	S1165
16:0	S1165

NDB No. 21409 Fast foods, bagel, with ham, egg, and cheese

20:0	S1165
17:0	S1165
Sucrose	S1165
Selenium, Se	S1165
Tocopherol, delta	S1165
8:0	S1165
10:0	S1165
18:1 undifferentiated	S1165
22:1 undifferentiated	S1165
22:5 n-3 (DPA)	S1165
Fatty acids, total polyunsaturated	S1165
20:2 n-6 c,c	S1165
Sugars, total	S1165
Calcium, Ca	S1165
Phosphorus, P	S1165
Sodium, Na	S1165
Manganese, Mn	S1165
Vitamin E (alpha-tocopherol)	S1165
Tocopherol, beta	S1165
Folic acid	S1165
Fatty acids, total saturated	S1165
14:0	S1165
20:4 undifferentiated	S1165
15:0	S1165
Riboflavin	S1165
Dihydrophylloquinone	S1165
22:6 n-3 (DHA)	S1165
24:0	S1165
Fructose	S1165
Water	S1165
Zinc, Zn	S1165
Vitamin C, total ascorbic acid	S1165
Vitamin B-6	S1165
Folate, total	S1165
Vitamin B-12	S1165
Betaine	S1165
20:3 undifferentiated	S1165

NDB No. 21409 Fast foods, bagel, with ham, egg, and cheese

Protein	S1165
Lactose	S1165
Iron, Fe	S1165
Tocopherol, gamma	S1165
Niacin	S1165
Choline, total	S1165
15:1	S1165
Maltose	S1165
Galactose	S1165
Cholesterol	S1165
18:0	S1165
18:3 undifferentiated	S1165
22:0	S1165
17:1	S1165

NDB No. 21410 Fast foods, bagel, with egg, sausage patty, cheese, and condiments

Ash	S1165
Maltose	S1165
Copper, Cu	S1165
Niacin	S1165
Vitamin B-6	S1165
Fatty acids, total saturated	S1165
20:2 n-6 c,c	S1165
Total lipid (fat)	S1165
Fructose	S1165
Folic acid	S1165
14:0	S1165
20:4 undifferentiated	S1165
22:6 n-3 (DHA)	S1165
14:1	S1165
20:5 n-3 (EPA)	S1165
Fatty acids, total polyunsaturated	S1165
24:0	S1165
Glucose (dextrose)	S1165
Vitamin E (alpha-tocopherol)	S1165
Tocopherol, beta	S1165

NDB No. 21410 Fast foods, bagel, with egg, sausage patty, cheese, and condiments

Tocopherol, delta	S1165
Folate, total	S1165
Cholesterol	S1165
18:4	S1165
15:0	S1165
17:1	S1165
Galactose	S1165
Fiber, total dietary	S1165
Iron, Fe	S1165
Selenium, Se	S1165
Cryptoxanthin, beta	S1165
Lycopene	S1165
Vitamin C, total ascorbic acid	S1165
Thiamin	S1165
Pantothenic acid	S1165
Dihydrophylloquinone	S1165
Vitamin K (phylloquinone)	S1165
8:0	S1165
18:3 undifferentiated	S1165
22:0	S1165
22:1 undifferentiated	S1165
Lactose	S1165
Sodium, Na	S1165
Vitamin B-12	S1165
Choline, total	S1165
Folate, food	S1165
16:0	S1165
20:0	S1165
18:1 undifferentiated	S1165
16:1 undifferentiated	S1165
20:1	S1165
Water	S1165
Sugars, total	S1165
Tocopherol, gamma	S1165
Riboflavin	S1165
Betaine	S1165
Protein	S1165

NDB No. 21410 Fast foods, bagel, with egg, sausage patty, cheese, and condiments

Starch	S1165
Phosphorus, P	S1165
Potassium, K	S1165
Zinc, Zn	S1165
Carotene, alpha	S1165
10:0	S1165
22:5 n-3 (DPA)	S1165
Fatty acids, total monounsaturated	S1165
20:3 undifferentiated	S1165
15:1	S1165
Sucrose	S1165
Calcium, Ca	S1165
Magnesium, Mg	S1165
Manganese, Mn	S1165
Retinol	S1165
Carotene, beta	S1165
12:0	S1165
18:0	S1165
18:2 undifferentiated	S1165
17:0	S1165

NDB No. 21411 Fast foods, bagel, with breakfast steak, egg, cheese, and condiments

Lactose	S1165
Iron, Fe	S1165
Potassium, K	S1165
Copper, Cu	S1165
Tocopherol, beta	S1165
Thiamin	S1165
Pantothenic acid	S1165
Dihydrophylloquinone	S1165
Folic acid	S1165
Betaine	S1165
Cholesterol	S1165
12:0	S1165
18:4	S1165
22:5 n-3 (DPA)	S1165

NDB No. 21411 Fast foods, bagel, with breakfast steak, egg, cheese, and condiments

17:0	S1165
Ash	S1165
Glucose (dextrose)	S1165
Fructose	S1165
Fiber, total dietary	S1165
Sodium, Na	S1165
Manganese, Mn	S1165
Vitamin B-6	S1165
18:0	S1165
22:6 n-3 (DHA)	S1165
22:1 undifferentiated	S1165
15:0	S1165
17:1	S1165
Magnesium, Mg	S1165
Vitamin C, total ascorbic acid	S1165
Riboflavin	S1165
Niacin	S1165
Fatty acids, total saturated	S1165
14:0	S1165
18:1 undifferentiated	S1165
Fatty acids, total monounsaturated	S1165
Tocopherol, gamma	S1165
Folate, total	S1165
16:0	S1165
16:1 undifferentiated	S1165
Sugars, total	S1165
Choline, total	S1165
Folate, food	S1165
18:3 undifferentiated	S1165
Fatty acids, total polyunsaturated	S1165
Protein	S1165
Total lipid (fat)	S1165
Starch	S1165
Maltose	S1165
Zinc, Zn	S1165
Tocopherol, delta	S1165
20:0	S1165

NDB No. 21411 Fast foods, bagel, with breakfast steak, egg, cheese, and condiments

14:1	S1165
20:5 n-3 (EPA)	S1165
20:2 n-6 c,c	S1165
Sucrose	S1165
Water	S1165
Selenium, Se	S1165
Vitamin B-12	S1165
10:0	S1165
20:3 undifferentiated	S1165
15:1	S1165
Galactose	S1165
Calcium, Ca	S1165
Phosphorus, P	S1165
Retinol	S1165
Vitamin E (alpha-tocopherol)	S1165
Vitamin K (phylloquinone)	S1165
8:0	S1165
18:2 undifferentiated	S1165
20:4 undifferentiated	S1165
22:0	S1165
20:1	S1165
24:0	S1165

NDB No. 21414 POPEYES, Batter Fries, analyzed prior to December 2006

Vitamin C, total ascorbic acid	S3773
Pantothenic acid	S3773
Vitamin B-6	S3773
Serine	S3773
22:6 n-3 (DHA)	S3773
22:0	S3773
20:5 n-3 (EPA)	S3773
22:5 n-3 (DPA)	S3773
Fatty acids, total monounsaturated	S3773
Sugars, total	S3773
Copper, Cu	S3773
Leucine	S3773

NDB No. 21414 POPEYES, Batter Fries, analyzed prior to December 2006

Phenylalanine	S3773
14:0	S3773
18:3 undifferentiated	S3773
20:2 n-6 c,c	S3773
17:1	S3773
20:3 undifferentiated	S3773
Ash	S3773
Fructose	S3773
Magnesium, Mg	S3773
Zinc, Zn	S3773
Niacin	S3773
Lysine	S3773
4:0	S3773
20:0	S3773
20:1	S3773
15:0	S3773
18:2 CLAs	S3773
Maltose	S3773
Phosphorus, P	S3773
Potassium, K	S3773
Selenium, Se	S3773
Vitamin B-12	S3773
Cholesterol	S3773
10:0	S3773
16:0	S3773
20:4 undifferentiated	S3773
22:1 undifferentiated	S3773
18:2 t not further defined	S3773
24:1 c	S3773
18:1 c	S3773
Sucrose	S3773
Galactose	S3773
Sodium, Na	S3773
Manganese, Mn	S3773
Tryptophan	S3773
Isoleucine	S3773
Methionine	S3773

NDB No. 21414 POPEYES, Batter Fries, analyzed prior to December 2006

Glutamic acid	S3773
Proline	S3773
12:0	S3773
18:0	S3773
14:1	S3773
16:1 undifferentiated	S3773
Fatty acids, total polyunsaturated	S3773
24:0	S3773
16:1 t	S3773
22:1 c	S3773
18:3 n-6 c,c,c	S3773
15:1	S3773
22:4	S3773
Total lipid (fat)	S3773
Lactose	S3773
Fiber, total dietary	S3773
Cystine	S3773
18:4	S3773
17:0	S3773
Protein	S3773
Glucose (dextrose)	S3773
Thiamin	S3773
Riboflavin	S3773
Threonine	S3773
Arginine	S3773
Histidine	S3773
Alanine	S3773
Glycine	S3773
Fatty acids, total saturated	S3773
8:0	S3773
18:1 undifferentiated	S3773
18:2 undifferentiated	S3773
22:1 t	S3773
Starch	S3773
Water	S3773
Calcium, Ca	S3773
Iron, Fe	S3773

NDB No. 21414 POPEYES, Batter Fries, analyzed prior to December 2006

Tyrosine	S3773
Valine	S3773
Aspartic acid	S3773
Fatty acids, total trans	S3773
6:0	S3773
18:1 t	S3773
16:1 c	S3773
18:2 n-6 c,c	S3773
18:3 n-3 c,c,c (ALA)	S3773
20:3 n-3	S3773
20:3 n-6	S3773

NDB No. 21415 POPEYES, Biscuit

Glucose (dextrose)	S3773
Iron, Fe	S3773
Magnesium, Mg	S3773
Thiamin	S3773
Pantothenic acid	S3773
Threonine	S3773
Arginine	S3773
Glycine	S3773
Serine	S3773
8:0	S5805
18:0	S5805
20:4 undifferentiated	S5805
22:0	S5805
Fatty acids, total polyunsaturated	S5805
17:0	S5805
16:1 c	S5805
Total lipid (fat)	S5805
Ash	S5805
Starch	S3773
Lactose	S3773
Selenium, Se	S3773
Lysine	S3773
Phenylalanine	S3773

NDB No. 21415 POPEYES, Biscuit

Valine	S3773
Aspartic acid	S3773
4:0	S5805
12:0	S5805
18:3 undifferentiated	S5805
14:1	S5805
24:0	S5805
20:2 n-6 c,c	S5805
Protein	S5805
Maltose	S3773
Water	S5805
Manganese, Mn	S3773
Leucine	S3773
10:0	S5805
18:4	S5805
18:1 t	S5805
Fatty acids, total trans-monoenoic	S5805
20:3 n-3	S5805
Fiber, total dietary	S3773
Sodium, Na	S3773
Vitamin B-12	S3773
Cystine	S3773
Tyrosine	S3773
Alanine	S3773
Proline	S3773
Cholesterol	S3773
6:0	S5805
14:0	S5805
17:1	S5805
Sucrose	S3773
Fructose	S3773
Phosphorus, P	S3773
Niacin	S3773
Isoleucine	S3773
Glutamic acid	S3773
18:1 undifferentiated	S5805
22:1 t	S5805

NDB No. 21415 POPEYES, Biscuit

18:2 CLAs	S5805
22:1 c	S5805
18:3 n-6 c,c,c	S5805
Sugars, total	S3773
Zinc, Zn	S3773
Copper, Cu	S3773
22:6 n-3 (DHA)	S5805
16:1 undifferentiated	S5805
20:5 n-3 (EPA)	S5805
22:5 n-3 (DPA)	S5805
Fatty acids, total monounsaturated	S5805
22:4	S5805
Galactose	S3773
Riboflavin	S3773
Tryptophan	S3773
18:2 undifferentiated	S5805
16:1 t	S5805
18:2 n-6 c,c	S5805
20:3 undifferentiated	S5805
15:1	S5805
20:3 n-6	S5805
Calcium, Ca	S3773
Potassium, K	S3773
Vitamin C, total ascorbic acid	S3773
Vitamin B-6	S3773
Methionine	S3773
Histidine	S3773
Fatty acids, total trans	S5805
Fatty acids, total saturated	S5805
16:0	S5805
20:0	S5805
20:1	S5805
22:1 undifferentiated	S5805
15:0	S5805
18:2 t not further defined	S5805
24:1 c	S5805
18:1 c	S5805

NDB No. 21415 POPEYES, Biscuit

Fatty acids, total trans-polyenoic	S5805
18:3 n-3 c,c,c (ALA)	S5805

NDB No. 21416 POPEYES, Coleslaw

Zinc, Zn	S3773
Copper, Cu	S3773
Pantothenic acid	S3773
Vitamin B-6	S3773
20:4 undifferentiated	S3773
16:1 undifferentiated	S3773
20:5 n-3 (EPA)	S3773
20:2 n-6 c,c	S3773
Fatty acids, total trans-monoenoic	S3773
18:3 n-3 c,c,c (ALA)	S3773
Isoleucine	S3773
Valine	S3773
Alanine	S3773
Serine	S3773
12:0	S3773
14:0	S3773
18:2 undifferentiated	S3773
18:2 t not further defined	S3773
18:2 n-6 c,c	S3773
17:1	S3773
Ash	S3773
Sucrose	S3773
Fructose	S3773
Water	S3773
Phosphorus, P	S3773
Potassium, K	S3773
Lysine	S3773
Cystine	S3773
Tyrosine	S3773
Arginine	S3773
Aspartic acid	S3773
Fatty acids, total saturated	S3773

NDB No. 21416 POPEYES, Coleslaw

18:1 undifferentiated	S3773
18:4	S3773
22:1 undifferentiated	S3773
Fatty acids, total polyunsaturated	S3773
22:1 t	S3773
24:1 c	S3773
18:1 c	S3773
20:3 n-3	S3773
Lactose	S3773
Methionine	S3773
4:0	S3773
6:0	S3773
8:0	S3773
10:0	S3773
14:1	S3773
18:3 n-6 c,c,c	S3773
Manganese, Mn	S3773
Retinol	S3773
Vitamin C, total ascorbic acid	S3773
Riboflavin	S3773
Glutamic acid	S3773
20:0	S3773
18:3 undifferentiated	S3773
20:1	S3773
Protein	S3773
Maltose	S3773
Fiber, total dietary	S3773
Iron, Fe	S3773
Magnesium, Mg	S3773
Histidine	S3773
Fatty acids, total trans	S3773
16:0	S3773
22:0	S3773
17:0	S3773
18:1 t	S3773
16:1 c	S3773
22:1 c	S3773

NDB No. 21416 POPEYES, Coleslaw

Glucose (dextrose)	S3773
Calcium, Ca	S3773
Thiamin	S3773
Niacin	S3773
Vitamin B-12	S3773
Tryptophan	S3773
Threonine	S3773
Leucine	S3773
Cholesterol	S3773
22:6 n-3 (DHA)	S3773
15:0	S3773
24:0	S3773
18:2 CLAs	S3773
15:1	S3773
Total lipid (fat)	S3773
Sugars, total	S3773
Galactose	S3773
Sodium, Na	S3773
Phenylalanine	S3773
Glycine	S3773
Proline	S3773
18:0	S3773
22:5 n-3 (DPA)	S3773
Fatty acids, total monounsaturated	S3773
16:1 t	S3773
20:3 undifferentiated	S3773
Fatty acids, total trans-polyenoic	S3773
20:3 n-6	S3773
22:4	S3773

NDB No. 21417 POPEYES, Mild Chicken Strips, analyzed 2006

Protein	S3773
Sucrose	S3773
Fructose	S3773
Selenium, Se	S3773
Cystine	S3773

NDB No. 21417 POPEYES, Mild Chicken Strips, analyzed 2006

Valine	S3773
Arginine	S3773
Glutamic acid	S3773
8:0	S3773
20:1	S3773
17:0	S3773
18:2 CLAs	S3773
24:1 c	S3773
20:2 n-6 c,c	S3773
17:1	S3773
Phosphorus, P	S3773
Potassium, K	S3773
Sodium, Na	S3773
Copper, Cu	S3773
Vitamin C, total ascorbic acid	S3773
Thiamin	S3773
Glycine	S3773
20:4 undifferentiated	S3773
22:1 undifferentiated	S3773
22:5 n-3 (DPA)	S3773
15:0	S3773
18:2 t not further defined	S3773
15:1	S3773
Glucose (dextrose)	S3773
Water	S3773
Lysine	S3773
Methionine	S3773
Histidine	S3773
4:0	S3773
18:0	S3773
18:1 undifferentiated	S3773
18:3 undifferentiated	S3773
16:1 undifferentiated	S3773
16:1 t	S3773
22:1 t	S3773
Sugars, total	S3773
Iron, Fe	S3773

NDB No. 21417 POPEYES, Mild Chicken Strips, analyzed 2006

Riboflavin	S3773
Tryptophan	S3773
Cholesterol	S3773
10:0	S3773
16:0	S3773
Fatty acids, total polyunsaturated	S3773
18:1 t	S3773
16:1 c	S3773
20:3 undifferentiated	S3773
Fatty acids, total trans-polyenoic	S3773
20:3 n-3	S3773
20:3 n-6	S3773
Pantothenic acid	S3773
6:0	S3773
14:0	S3773
14:1	S3773
18:1 c	S3773
22:1 c	S3773
Fatty acids, total trans-monoenoic	S3773
18:3 n-3 c,c,c (ALA)	S3773
Ash	S3773
Maltose	S3773
Magnesium, Mg	S3773
Vitamin B-6	S3773
Threonine	S3773
Isoleucine	S3773
Phenylalanine	S3773
Alanine	S3773
Aspartic acid	S3773
18:2 undifferentiated	S3773
24:0	S3773
18:2 n-6 c,c	S3773
18:3 n-6 c,c,c	S3773
Starch	S3773
Lactose	S3773
Zinc, Zn	S3773
Niacin	S3773

NDB No. 21417 POPEYES, Mild Chicken Strips, analyzed 2006

Vitamin B-12	S3773
Leucine	S3773
Tyrosine	S3773
Fatty acids, total trans	S3773
12:0	S3773
20:0	S3773
22:0	S3773
Total lipid (fat)	S3773
Galactose	S3773
Fiber, total dietary	S3773
Calcium, Ca	S3773
Manganese, Mn	S3773
Proline	S3773
Serine	S3773
Fatty acids, total saturated	S3773
22:6 n-3 (DHA)	S3773
18:4	S3773
20:5 n-3 (EPA)	S3773
Fatty acids, total monounsaturated	S3773
22:4	S3773

NDB No. 21418 POPEYES, Spicy Chicken Strips, analyzed 2006

Protein	S3773
Total lipid (fat)	S3773
Selenium, Se	S3773
Vitamin C, total ascorbic acid	S3773
Pantothenic acid	S3773
Isoleucine	S3773
Proline	S3773
14:0	S3773
16:1 undifferentiated	S3773
20:1	S3773
20:5 n-3 (EPA)	S3773
24:0	S3773
18:1 c	S3773
Fiber, total dietary	S3773

NDB No. 21418 POPEYES, Spicy Chicken Strips, analyzed 2006

Iron, Fe	S3773
Vitamin B-12	S3773
Tryptophan	S3773
Lysine	S3773
Phenylalanine	S3773
16:0	S3773
20:0	S3773
18:1 undifferentiated	S3773
18:2 undifferentiated	S3773
20:4 undifferentiated	S3773
14:1	S3773
18:2 n-6 c,c	S3773
17:1	S3773
Potassium, K	S3773
Methionine	S3773
18:1 t	S3773
22:1 t	S3773
18:2 t not further defined	S3773
18:3 n-3 c,c,c (ALA)	S3773
22:4	S3773
Fructose	S3773
Sodium, Na	S3773
Manganese, Mn	S3773
Thiamin	S3773
Riboflavin	S3773
Niacin	S3773
Aspartic acid	S3773
10:0	S3773
22:0	S3773
18:4	S3773
24:1 c	S3773
20:3 n-6	S3773
Ash	S3773
Water	S3773
Sugars, total	S3773
Phosphorus, P	S3773
Zinc, Zn	S3773

NDB No. 21418 POPEYES, Spicy Chicken Strips, analyzed 2006

Histidine	S3773
Glycine	S3773
Cholesterol	S3773
18:0	S3773
22:1 undifferentiated	S3773
Fatty acids, total monounsaturated	S3773
15:0	S3773
22:1 c	S3773
18:3 n-6 c,c,c	S3773
20:3 undifferentiated	S3773
20:3 n-3	S3773
Lactose	S3773
Magnesium, Mg	S3773
Cystine	S3773
Arginine	S3773
Alanine	S3773
6:0	S3773
18:3 undifferentiated	S3773
22:5 n-3 (DPA)	S3773
16:1 t	S3773
Fatty acids, total trans-monoenoic	S3773
Sucrose	S3773
Glucose (dextrose)	S3773
Maltose	S3773
Calcium, Ca	S3773
Copper, Cu	S3773
Vitamin B-6	S3773
Threonine	S3773
Leucine	S3773
Valine	S3773
Glutamic acid	S3773
4:0	S3773
8:0	S3773
12:0	S3773
Fatty acids, total polyunsaturated	S3773
18:2 CLAs	S3773

NDB No. 21418 POPEYES, Spicy Chicken Strips, analyzed 2006

Fatty acids, total trans-polyenoic	S3773
15:1	S3773
Starch	S3773
Galactose	S3773
Tyrosine	S3773
Serine	S3773
Fatty acids, total trans	S3773
Fatty acids, total saturated	S3773
22:6 n-3 (DHA)	S3773
17:0	S3773
20:2 n-6 c,c	S3773
16:1 c	S3773

NDB No. 21419 KENTUCKY FRIED CHICKEN, Biscuit, analyzed prior to January 2007

Fructose	S3557
Zinc, Zn	S3557
Selenium, Se	S3557
Tocopherol, delta	S3557
Pantothenic acid	S3557
Proline	S3557
12:0	S3557
18:1 undifferentiated	S3557
20:4 undifferentiated	S3557
15:0	S3557
17:0	S3557
24:0	S3557
22:1 t	S3557
18:2 t not further defined	S3557
18:3 n-3 c,c,c (ALA)	S3557
Protein	S3557
Water	S3557
Iron, Fe	S3557
Vitamin E (alpha-tocopherol)	S3557
Tocopherol, beta	S3557
Vitamin K (phylloquinone)	S3557
Tryptophan	S3557

NDB No. 21419 KENTUCKY FRIED CHICKEN, Biscuit, analyzed prior to January 2007

Isoleucine	S3557
Leucine	S3557
Lysine	S3557
Methionine	S3557
Valine	S3557
Arginine	S3557
Glutamic acid	S3557
Serine	S3557
Fatty acids, total trans	S3557
14:1	S3557
24:1 c	S3557
16:1 c	S3557
Sucrose	S3557
Sugars, total	S3557
Sodium, Na	S3557
Tocopherol, gamma	S3557
Cystine	S3557
Histidine	S3557
Aspartic acid	S3557
18:2 undifferentiated	S3557
22:0	S3557
16:1 undifferentiated	S3557
20:5 n-3 (EPA)	S3557
22:5 n-3 (DPA)	S3557
Fatty acids, total monounsaturated	S3557
Fatty acids, total polyunsaturated	S3557
Starch	S3557
Phosphorus, P	S3557
Potassium, K	S3557
Thiamin	S3557
4:0	S3557
6:0	S3557
20:2 n-6 c,c	S3557
18:2 n-6 c,c	S3557
Fatty acids, total trans-polyenoic	S3557
Vitamin B-6	S3557
Vitamin B-12	S3557

NDB No. 21419 KENTUCKY FRIED CHICKEN, Biscuit, analyzed prior to January 2007

8:0	S3557
10:0	S3557
20:1	S3557
18:1 c	S3557
Fatty acids, total trans-monoenoic	S3557
20:3 n-6	S3557
22:4	S3557
Ash	S3557
Glucose (dextrose)	S3557
Maltose	S3557
Niacin	S3557
Menaquinone-4	S3557
Tyrosine	S3557
18:3 undifferentiated	S3557
18:4	S3557
22:1 c	S3557
18:3 n-6 c,c,c	S3557
Total lipid (fat)	S3557
Lactose	S3557
Dihydrophylloquinone	S3557
Fatty acids, total saturated	S3557
22:6 n-3 (DHA)	S3557
18:1 t	S3557
18:2 CLAs	S3557
Galactose	S3557
Fiber, total dietary	S3557
Calcium, Ca	S3557
Magnesium, Mg	S3557
Copper, Cu	S3557
Manganese, Mn	S3557
Riboflavin	S3557
Threonine	S3557
Phenylalanine	S3557
Alanine	S3557
Glycine	S3557
Cholesterol	S3557
14:0	S3557

NDB No. 21419 KENTUCKY FRIED CHICKEN, Biscuit, analyzed prior to January 2007

16:0	S3557
18:0	S3557
20:0	S3557
22:1 undifferentiated	S3557
16:1 t	S3557
17:1	S3557
20:3 undifferentiated	S3557
15:1	S3557
20:3 n-3	S3557

NDB No. 21420 KENTUCKY FRIED CHICKEN, Coleslaw

Ash	S3557
Water	S3557
Sugars, total	S3557
Galactose	S3557
Phosphorus, P	S3557
Tocopherol, delta	S3557
Thiamin	S3557
Lysine	S3557
Methionine	S3557
Phenylalanine	S3557
Valine	S3557
Cholesterol	S3557
6:0	S3557
16:1 t	S3557
20:3 undifferentiated	S3557
Fatty acids, total trans-polyenoic	S3557
20:3 n-6	S3557
Protein	S3557
Total lipid (fat)	S3557
Magnesium, Mg	S3557
Retinol	S3557
Riboflavin	S3557
Vitamin B-6	S3557
Vitamin K (phylloquinone)	S3557
Threonine	S3557

NDB No. 21420 KENTUCKY FRIED CHICKEN, Coleslaw

Proline	S3557
14:0	S3557
18:0	S3557
18:1 undifferentiated	S3557
22:6 n-3 (DHA)	S3557
22:5 n-3 (DPA)	S3557
Fatty acids, total polyunsaturated	S3557
22:1 c	S3557
Fatty acids, total trans-monoenoic	S3557
Manganese, Mn	S3557
Tocopherol, gamma	S3557
Fatty acids, total saturated	S3557
18:2 undifferentiated	S3557
22:1 undifferentiated	S3557
Fatty acids, total monounsaturated	S3557
15:0	S3557
18:2 CLAs	S3557
20:2 n-6 c,c	S3557
18:3 n-3 c,c,c (ALA)	S3557
20:3 n-3	S3557
22:4	S3557
Calcium, Ca	S3557
Potassium, K	S3557
Niacin	S3557
Cystine	S3557
Tyrosine	S3557
Glutamic acid	S3557
Glycine	S3557
8:0	S3557
12:0	S3557
18:3 undifferentiated	S3557
20:5 n-3 (EPA)	S3557
18:1 t	S3557
24:1 c	S3557
16:1 c	S3557
18:2 n-6 c,c	S3557

NDB No. 21420 KENTUCKY FRIED CHICKEN, Coleslaw

17:1	S3557
Glucose (dextrose)	S3557
Maltose	S3557
Iron, Fe	S3557
Copper, Cu	S3557
Vitamin C, total ascorbic acid	S3557
Dihydrophylloquinone	S3557
Fatty acids, total trans	S3557
4:0	S3557
20:0	S3557
17:0	S3557
18:2 t not further defined	S3557
15:1	S3557
Fiber, total dietary	S3557
Sodium, Na	S3557
Tocopherol, beta	S3557
Isoleucine	S3557
Leucine	S3557
Histidine	S3557
Alanine	S3557
16:0	S3557
14:1	S3557
18:1 c	S3557
Fructose	S3557
Lactose	S3557
Zinc, Zn	S3557
Vitamin B-12	S3557
Menaquinone-4	S3557
Serine	S3557
10:0	S3557
18:4	S3557
18:3 n-6 c,c,c	S3557
Sucrose	S3557
Vitamin E (alpha-tocopherol)	S3557
Pantothenic acid	S3557
Tryptophan	S3557
Arginine	S3557

NDB No. 21420 KENTUCKY FRIED CHICKEN, Coleslaw

Aspartic acid	S3557
20:4 undifferentiated	S3557
22:0	S3557
16:1 undifferentiated	S3557
20:1	S3557
24:0	S3557
22:1 t	S3557

NDB No. 21421 KENTUCKY FRIED CHICKEN, Crispy Chicken Strips

Iron, Fe	S3557
Zinc, Zn	S3557
Dihydrophylloquinone	S3557
Threonine	S3557
10:0	S5805
18:3 undifferentiated	S5805
Fatty acids, total monounsaturated	S5805
18:1 c	S5805
20:3 undifferentiated	S5805
Starch	S3557
Lactose	S3557
Water	S5805
Galactose	S3557
Calcium, Ca	S3557
Sodium, Na	S3557
Tryptophan	S3557
Methionine	S3557
Proline	S3557
Cholesterol	S3557
16:1 undifferentiated	S5805
20:5 n-3 (EPA)	S5805
22:1 undifferentiated	S5805
Fatty acids, total polyunsaturated	S5805
18:2 CLAs	S5805
Protein	S5805
Fiber, total dietary	S3557
Pantothenic acid	S3557

NDB No. 21421 KENTUCKY FRIED CHICKEN, Crispy Chicken Strips

Menaquinone-4	S3557
Arginine	S3557
Alanine	S3557
6:0	S5805
8:0	S5805
12:0	S5805
16:0	S5805
22:0	S5805
20:1	S5805
18:1 t	S5805
Fatty acids, total trans-monoenoic	S5805
Fatty acids, total trans-polyenoic	S5805
20:3 n-6	S5805
Glucose (dextrose)	S3557
Sugars, total	S3557
Tocopherol, beta	S3557
Tocopherol, gamma	S3557
Thiamin	S3557
Cystine	S3557
Aspartic acid	S3557
Glutamic acid	S3557
14:0	S5805
18:1 undifferentiated	S5805
20:4 undifferentiated	S5805
15:0	S5805
16:1 t	S5805
18:2 t not further defined	S5805
24:1 c	S5805
20:2 n-6 c,c	S5805
Magnesium, Mg	S3557
Phosphorus, P	S3557
Vitamin E (alpha-tocopherol)	S3557
Valine	S3557
Glycine	S3557
Fatty acids, total trans	S5805
20:0	S5805
20:3 n-3	S5805

NDB No. 21421 KENTUCKY FRIED CHICKEN, Crispy Chicken Strips

Total lipid (fat)	S5805
Ash	S5805
Maltose	S3557
Selenium, Se	S3557
Vitamin B-12	S3557
Isoleucine	S3557
Leucine	S3557
Lysine	S3557
Tyrosine	S3557
Fatty acids, total saturated	S5805
14:1	S5805
17:0	S5805
24:0	S5805
22:1 t	S5805
18:2 n-6 c,c	S5805
15:1	S5805
Sucrose	S3557
Fructose	S3557
Potassium, K	S3557
Copper, Cu	S3557
Manganese, Mn	S3557
Niacin	S3557
Phenylalanine	S3557
Histidine	S3557
18:0	S5805
18:2 undifferentiated	S5805
18:4	S5805
22:1 c	S5805
Tocopherol, delta	S3557
Riboflavin	S3557
Vitamin B-6	S3557
Vitamin K (phylloquinone)	S3557
Serine	S3557
4:0	S5805
22:6 n-3 (DHA)	S5805
22:5 n-3 (DPA)	S5805
16:1 c	S5805

NDB No. 21421 KENTUCKY FRIED CHICKEN, Crispy Chicken Strips

18:3 n-6 c,c,c	S5805
17:1	S5805
18:3 n-3 c,c,c (ALA)	S5805
22:4	S5805

NDB No. 21422 KENTUCKY FRIED CHICKEN, Popcorn Chicken

Sodium, Na	S3557
Dihydrophylloquinone	S3557
Vitamin K (phylloquinone)	S3557
Cystine	S3557
20:0	S5805
18:3 undifferentiated	S5805
Fatty acids, total monounsaturated	S5805
15:0	S5805
16:1 t	S5805
18:3 n-6 c,c,c	S5805
20:3 n-3	S5805
Starch	S3557
Maltose	S3557
Thiamin	S3557
Niacin	S3557
Vitamin B-6	S3557
Menaquinone-4	S3557
Methionine	S3557
Proline	S3557
Serine	S3557
Fatty acids, total trans	S5805
4:0	S5805
6:0	S5805
10:0	S5805
16:0	S5805
22:0	S5805
16:1 undifferentiated	S5805
24:1 c	S5805
20:3 n-6	S5805
Lactose	S3557

NDB No. 21422 KENTUCKY FRIED CHICKEN, Popcorn Chicken

Fiber, total dietary	S3557
Calcium, Ca	S3557
Zinc, Zn	S3557
Arginine	S3557
Histidine	S3557
Alanine	S3557
Aspartic acid	S3557
Glycine	S3557
8:0	S5805
18:2 undifferentiated	S5805
24:0	S5805
22:1 t	S5805
22:1 c	S5805
20:3 undifferentiated	S5805
Ash	S5805
Sugars, total	S3557
Copper, Cu	S3557
Tocopherol, gamma	S3557
Threonine	S3557
Isoleucine	S3557
Tyrosine	S3557
20:4 undifferentiated	S5805
17:0	S5805
18:1 t	S5805
18:1 c	S5805
15:1	S5805
Sucrose	S3557
Glucose (dextrose)	S3557
Magnesium, Mg	S3557
Tryptophan	S3557
14:0	S5805
14:1	S5805
20:1	S5805
Fatty acids, total trans-monoenoic	S5805
22:4	S5805
Total lipid (fat)	S5805
Riboflavin	S3557

NDB No. 21422 KENTUCKY FRIED CHICKEN, Popcorn Chicken

Vitamin B-12	S3557
Leucine	S3557
Valine	S3557
Glutamic acid	S3557
Cholesterol	S3557
18:0	S5805
18:4	S5805
22:1 undifferentiated	S5805
18:2 t not further defined	S5805
20:2 n-6 c,c	S5805
16:1 c	S5805
Protein	S5805
Fructose	S3557
Water	S5805
Galactose	S3557
Iron, Fe	S3557
Phosphorus, P	S3557
Manganese, Mn	S3557
Pantothenic acid	S3557
Fatty acids, total saturated	S5805
12:0	S5805
18:2 CLAs	S5805
18:2 n-6 c,c	S5805
18:3 n-3 c,c,c (ALA)	S5805
Potassium, K	S3557
Selenium, Se	S3557
Vitamin E (alpha-tocopherol)	S3557
Tocopherol, beta	S3557
Tocopherol, delta	S3557
Lysine	S3557
Phenylalanine	S3557
18:1 undifferentiated	S5805
22:6 n-3 (DHA)	S5805
20:5 n-3 (EPA)	S5805
22:5 n-3 (DPA)	S5805
Fatty acids, total polyunsaturated	S5805
17:1	S5805

NDB No. 21422 KENTUCKY FRIED CHICKEN, Popcorn Chicken

Fatty acids, total trans-polyenoic	S5805

NDB No. 21423 KENTUCKY FRIED CHICKEN, Potato Wedges, analyzed prior to January 2007

Maltose	S3557
Galactose	S3557
Copper, Cu	S3557
Vitamin E (alpha-tocopherol)	S3557
Dihydrophylloquinone	S3557
Arginine	S3557
Glycine	S3557
16:0	S3557
22:1 undifferentiated	S3557
Fatty acids, total polyunsaturated	S3557
24:0	S3557
22:1 c	S3557
Sucrose	S3557
Lactose	S3557
Water	S3557
Tryptophan	S3557
Histidine	S3557
14:0	S3557
18:2 undifferentiated	S3557
15:0	S3557
17:0	S3557
18:2 t not further defined	S3557
20:3 n-6	S3557
Sugars, total	S3557
Magnesium, Mg	S3557
Potassium, K	S3557
Vitamin K (phylloquinone)	S3557
Threonine	S3557
Fatty acids, total trans	S3557
4:0	S3557
18:0	S3557
20:0	S3557
20:4 undifferentiated	S3557

NDB No. 21423 KENTUCKY FRIED CHICKEN, Potato Wedges, analyzed prior to January 2007

22:6 n-3 (DHA)	S3557
14:1	S3557
18:2 CLAs	S3557
17:1	S3557
20:3 n-3	S3557
Fiber, total dietary	S3557
Sodium, Na	S3557
Tocopherol, delta	S3557
Methionine	S3557
Tyrosine	S3557
Glutamic acid	S3557
Proline	S3557
10:0	S3557
22:5 n-3 (DPA)	S3557
16:1 t	S3557
18:1 t	S3557
22:1 t	S3557
20:2 n-6 c,c	S3557
Vitamin B-6	S3557
Menaquinone-4	S3557
Valine	S3557
Aspartic acid	S3557
6:0	S3557
18:1 undifferentiated	S3557
16:1 undifferentiated	S3557
24:1 c	S3557
18:1 c	S3557
Fatty acids, total trans-monoenoic	S3557
Fatty acids, total trans-polyenoic	S3557
Protein	S3557
Total lipid (fat)	S3557
Glucose (dextrose)	S3557
Calcium, Ca	S3557
Tocopherol, gamma	S3557
Thiamin	S3557
Niacin	S3557
Serine	S3557

NDB No. 21423 KENTUCKY FRIED CHICKEN, Potato Wedges, analyzed prior to January 2007

22:0	S3557
Fatty acids, total monounsaturated	S3557
16:1 c	S3557
18:3 n-6 c,c,c	S3557
15:1	S3557
22:4	S3557
Ash	S3557
Fructose	S3557
Phosphorus, P	S3557
Tocopherol, beta	S3557
Isoleucine	S3557
Leucine	S3557
Lysine	S3557
8:0	S3557
12:0	S3557
18:3 undifferentiated	S3557
18:4	S3557
20:1	S3557
18:2 n-6 c,c	S3557
Starch	S3557
Iron, Fe	S3557
Zinc, Zn	S3557
Manganese, Mn	S3557
Riboflavin	S3557
Pantothenic acid	S3557
Cystine	S3557
Phenylalanine	S3557
Alanine	S3557
Fatty acids, total saturated	S3557
20:5 n-3 (EPA)	S3557
20:3 undifferentiated	S3557
18:3 n-3 c,c,c (ALA)	S3557

NDB No. 21424 KENTUCKY FRIED CHICKEN, Fried Chicken, ORIGINAL RECIPE, Skin and Breading

Sucrose	S3557
Maltose	S3557

NDB No. 21424 KENTUCKY FRIED CHICKEN, Fried Chicken, ORIGINAL RECIPE, Skin and Breading

Magnesium, Mg	S3557
Retinol	S3557
Threonine	S3773, S3557
Phenylalanine	S3773, S3557
Fatty acids, total saturated	S5805
4:0	S5805
8:0	S5805
16:0	S5805
Fatty acids, total polyunsaturated	S5805
18:2 CLAs	S5805
22:4	S5805
Ash	S5805
Fructose	S3557
Vitamin B-6	S3557
Isoleucine	S3773, S3557
Cystine	S3773, S3557
10:0	S5805
18:0	S5805
18:3 undifferentiated	S5805
22:6 n-3 (DHA)	S5805
20:1	S5805
16:1 t	S5805
16:1 c	S5805
18:1 c	S5805
20:3 n-6	S5805
Glucose (dextrose)	S3557
Sodium, Na	S3557
Selenium, Se	S3557
Riboflavin	S3557
Methionine	S3773, S3557
Valine	S3773, S3557
14:0	S5805
16:1 undifferentiated	S5805
18:4	S5805
18:2 n-6 c,c	S5805
20:3 undifferentiated	S5805
Fatty acids, total trans-polyenoic	S5805

NDB No. 21424 KENTUCKY FRIED CHICKEN, Fried Chicken, ORIGINAL RECIPE, Skin and Breading

Starch	S3557
Calcium, Ca	S3557
Potassium, K	S3557
Copper, Cu	S3557
Leucine	S3773, S3557
Aspartic acid	S3773, S3557
18:2 undifferentiated	S5805
14:1	S5805
17:0	S5805
24:0	S5805
20:2 n-6 c,c	S5805
18:3 n-6 c,c,c	S5805
Fatty acids, total trans-monoenoic	S5805
18:3 n-3 c,c,c (ALA)	S5805
20:3 n-3	S5805
Zinc, Zn	S3557
Thiamin	S3557
Lysine	S3773, S3557
Tyrosine	S3773, S3557
Histidine	S3773, S3557
Alanine	S3773, S3557
20:4 undifferentiated	S5805
20:5 n-3 (EPA)	S5805
Fatty acids, total monounsaturated	S5805
22:1 t	S5805
Lactose	S3557
Phosphorus, P	S3557
Vitamin B-12	S3557
Tryptophan	S3773, S3557
Glycine	S3773, S3557
Proline	S3773, S3557
Serine	S3773, S3557
20:0	S5805
22:0	S5805
18:2 t not further defined	S5805
22:1 c	S5805

NDB No. 21424 KENTUCKY FRIED CHICKEN, Fried Chicken, ORIGINAL RECIPE, Skin and Breading

Total lipid (fat)	S5805
Water	S5805
Manganese, Mn	S3557
Niacin	S3557
Pantothenic acid	S3557
Hydroxyproline	S3557
6:0	S5805
22:1 undifferentiated	S5805
15:0	S5805
17:1	S5805
15:1	S5805
Protein	S5805
Galactose	S3557
Iron, Fe	S3557
Arginine	S3773, S3557
Glutamic acid	S3773, S3557
Cholesterol	S3557
Fatty acids, total trans	S5805
12:0	S5805
18:1 undifferentiated	S5805
22:5 n-3 (DPA)	S5805
18:1 t	S5805
24:1 c	S5805

NDB No. 21425 KENTUCKY FRIED CHICKEN, Fried Chicken, ORIGINAL RECIPE, Breast, meat only, skin and breading removed

Water	S5805
Manganese, Mn	S3557
Cystine	S3773, S3557
12:0	S5805
14:1	S5805
22:5 n-3 (DPA)	S5805
Iron, Fe	S3557
Niacin	S3557
Pantothenic acid	S3557
Valine	S3773, S3557
Glutamic acid	S3773, S3557

NDB No. 21425 KENTUCKY FRIED CHICKEN, Fried Chicken, ORIGINAL RECIPE, Breast, meat only, skin and breading removed

4:0	S5805
16:0	S5805
22:0	S5805
18:1 t	S5805
24:1 c	S5805
16:1 c	S5805
22:4	S5805
Sodium, Na	S3557
Riboflavin	S3557
Tyrosine	S3773, S3557
Aspartic acid	S3773, S3557
Glycine	S3773, S3557
Serine	S3773, S3557
Fatty acids, total trans	S5805
8:0	S5805
20:0	S5805
20:4 undifferentiated	S5805
16:1 undifferentiated	S5805
20:5 n-3 (EPA)	S5805
Fatty acids, total polyunsaturated	S5805
18:2 n-6 c,c	S5805
15:1	S5805
Magnesium, Mg	S3557
Selenium, Se	S3557
Tryptophan	S3773, S3557
Threonine	S3773, S3557
Leucine	S3773, S3557
Lysine	S3773, S3557
Phenylalanine	S3773, S3557
Histidine	S3773, S3557
Fatty acids, total saturated	S5805
10:0	S5805
18:1 undifferentiated	S5805
20:1	S5805
Fatty acids, total monounsaturated	S5805
18:3 n-3 c,c,c (ALA)	S5805

NDB No. 21425 KENTUCKY FRIED CHICKEN, Fried Chicken, ORIGINAL RECIPE, Breast, meat only, skin and breading removed

Total lipid (fat)	S5805
Ash	S5805
Copper, Cu	S3557
Vitamin B-6	S3557
Methionine	S3773, S3557
18:0	S5805
18:4	S5805
Fatty acids, total trans-polyenoic	S5805
20:3 n-3	S5805
20:3 n-6	S5805
Thiamin	S3557
Cholesterol	S3557
18:3 undifferentiated	S5805
15:0	S5805
18:2 t not further defined	S5805
18:2 CLAs	S5805
20:3 undifferentiated	S5805
Fatty acids, total trans-monoenoic	S5805
Isoleucine	S3773, S3557
Arginine	S3773, S3557
Proline	S3773, S3557
17:0	S5805
16:1 t	S5805
20:2 n-6 c,c	S5805
18:1 c	S5805
22:1 c	S5805
18:3 n-6 c,c,c	S5805
Protein	S5805
Calcium, Ca	S3557
Phosphorus, P	S3557
Potassium, K	S3557
Zinc, Zn	S3557
Vitamin B-12	S3557
Alanine	S3773, S3557
6:0	S5805
14:0	S5805

NDB No. 21425 KENTUCKY FRIED CHICKEN, Fried Chicken, ORIGINAL RECIPE, Breast, meat only, skin and breading removed

18:2 undifferentiated	S5805
22:6 n-3 (DHA)	S5805
22:1 undifferentiated	S5805
24:0	S5805
17:1	S5805

NDB No. 21426 KENTUCKY FRIED CHICKEN, Fried Chicken, ORIGINAL RECIPE, Drumstick, meat only, skin and breading removed

Ash	S5805
Magnesium, Mg	S3557
Phosphorus, P	S3557
Manganese, Mn	S3557
Methionine	S3773, S3557
Cystine	S3773, S3557
6:0	S5805
10:0	S5805
22:0	S5805
24:0	S5805
18:1 c	S5805
22:1 c	S5805
18:3 n-3 c,c,c (ALA)	S5805
Calcium, Ca	S3557
Thiamin	S3557
Tyrosine	S3773, S3557
Alanine	S3773, S3557
Proline	S3773, S3557
8:0	S5805
14:0	S5805
22:6 n-3 (DHA)	S5805
22:1 t	S5805
20:2 n-6 c,c	S5805
18:3 n-6 c,c,c	S5805
20:3 n-3	S5805
20:3 n-6	S5805
Pantothenic acid	S3557
Leucine	S3773, S3557

NDB No. 21426 KENTUCKY FRIED CHICKEN, Fried Chicken, ORIGINAL RECIPE, Drumstick, meat only, skin and breading removed

Lysine	S3773, S3557
16:0	S5805
18:0	S5805
18:3 undifferentiated	S5805
20:5 n-3 (EPA)	S5805
18:1 t	S5805
20:3 undifferentiated	S5805
Iron, Fe	S3557
Potassium, K	S3557
Arginine	S3773, S3557
Fatty acids, total saturated	S5805
4:0	S5805
18:1 undifferentiated	S5805
20:1	S5805
22:1 undifferentiated	S5805
15:0	S5805
18:2 t not further defined	S5805
Protein	S5805
Vitamin B-6	S3557
Isoleucine	S3773, S3557
Glutamic acid	S3773, S3557
Cholesterol	S3557
Fatty acids, total trans	S5805
20:0	S5805
17:0	S5805
16:1 c	S5805
17:1	S5805
Sodium, Na	S3557
Zinc, Zn	S3557
Riboflavin	S3557
Tryptophan	S3773, S3557
Threonine	S3773, S3557
Histidine	S3773, S3557
Serine	S3773, S3557
12:0	S5805
24:1 c	S5805
22:4	S5805

NDB No. 21426 KENTUCKY FRIED CHICKEN, Fried Chicken, ORIGINAL RECIPE, Drumstick, meat only, skin and breading removed

Selenium, Se	S3557
Vitamin B-12	S3557
20:4 undifferentiated	S5805
14:1	S5805
18:4	S5805
Fatty acids, total monounsaturated	S5805
18:2 n-6 c,c	S5805
Fatty acids, total trans-monoenoic	S5805
15:1	S5805
Total lipid (fat)	S5805
Water	S5805
Copper, Cu	S3557
Niacin	S3557
Phenylalanine	S3773, S3557
Valine	S3773, S3557
Aspartic acid	S3773, S3557
Glycine	S3773, S3557
18:2 undifferentiated	S5805
16:1 undifferentiated	S5805
22:5 n-3 (DPA)	S5805
Fatty acids, total polyunsaturated	S5805
16:1 t	S5805
18:2 CLAs	S5805
Fatty acids, total trans-polyenoic	S5805

NDB No. 21427 KENTUCKY FRIED CHICKEN, Fried Chicken, ORIGINAL RECIPE, Thigh, meat only, skin and breading removed

Zinc, Zn	S3557
Copper, Cu	S3557
Selenium, Se	S3557
Tyrosine	S3773, S3557
Glutamic acid	S3773, S3557
Serine	S3773, S3557
12:0	S5805
16:0	S5805

NDB No. 21427 KENTUCKY FRIED CHICKEN, Fried Chicken, ORIGINAL RECIPE, Thigh, meat only, skin and breading removed

22:6 n-3 (DHA)	S5805
22:1 t	S5805
18:2 CLAs	S5805
17:1	S5805
20:3 undifferentiated	S5805
Riboflavin	S3557
Vitamin B-12	S3557
Arginine	S3773, S3557
Histidine	S3773, S3557
Fatty acids, total saturated	S5805
4:0	S5805
20:0	S5805
20:5 n-3 (EPA)	S5805
16:1 t	S5805
20:2 n-6 c,c	S5805
16:1 c	S5805
18:3 n-3 c,c,c (ALA)	S5805
20:3 n-3	S5805
Ash	S5805
Calcium, Ca	S3557
Tryptophan	S3773, S3557
Aspartic acid	S3773, S3557
18:1 undifferentiated	S5805
18:2 undifferentiated	S5805
20:4 undifferentiated	S5805
24:0	S5805
18:1 t	S5805
18:2 t not further defined	S5805
Water	S5805
Glycine	S3773, S3557
Proline	S3773, S3557
Cholesterol	S3557
6:0	S5805
8:0	S5805
10:0	S5805
22:0	S5805
20:1	S5805

NDB No. 21427 KENTUCKY FRIED CHICKEN, Fried Chicken, ORIGINAL RECIPE, Thigh, meat only, skin and breading removed

Fatty acids, total monounsaturated	S5805
Protein	S5805
Manganese, Mn	S3557
Vitamin B-6	S3557
Leucine	S3773, S3557
Valine	S3773, S3557
14:0	S5805
18:0	S5805
14:1	S5805
22:5 n-3 (DPA)	S5805
Fatty acids, total polyunsaturated	S5805
24:1 c	S5805
22:1 c	S5805
15:1	S5805
Phosphorus, P	S3557
Potassium, K	S3557
Sodium, Na	S3557
Thiamin	S3557
Niacin	S3557
Threonine	S3773, S3557
22:1 undifferentiated	S5805
17:0	S5805
18:3 n-6 c,c,c	S5805
Fatty acids, total trans-monoenoic	S5805
22:4	S5805
Total lipid (fat)	S5805
Magnesium, Mg	S3557
Pantothenic acid	S3557
Lysine	S3773, S3557
Methionine	S3773, S3557
Cystine	S3773, S3557
Fatty acids, total trans	S5805
16:1 undifferentiated	S5805
18:4	S5805
18:2 n-6 c,c	S5805

NDB No. 21427 KENTUCKY FRIED CHICKEN, Fried Chicken, ORIGINAL RECIPE, Thigh, meat only, skin and breading removed

Iron, Fe	S3557
Isoleucine	S3773, S3557
Phenylalanine	S3773, S3557
Alanine	S3773, S3557
18:3 undifferentiated	S5805
15:0	S5805
18:1 c	S5805
Fatty acids, total trans-polyenoic	S5805
20:3 n-6	S5805

NDB No. 21428 KENTUCKY FRIED CHICKEN, Fried Chicken, ORIGINAL RECIPE, Wing, meat only, skin and breading removed

Water	S5805
Magnesium, Mg	S3557
Phosphorus, P	S3557
Sodium, Na	S3557
Copper, Cu	S3557
12:0	S5805
14:0	S5805
16:0	S5805
22:6 n-3 (DHA)	S5805
20:5 n-3 (EPA)	S5805
20:2 n-6 c,c	S5805
20:3 n-3	S5805
Calcium, Ca	S3557
Potassium, K	S3557
Manganese, Mn	S3557
Riboflavin	S3557
Leucine	S3773, S3557
Cystine	S3773, S3557
Phenylalanine	S3773, S3557
18:1 undifferentiated	S5805
18:2 undifferentiated	S5805
18:4	S5805
20:1	S5805
Fatty acids, total polyunsaturated	S5805

NDB No. 21428 KENTUCKY FRIED CHICKEN, Fried Chicken, ORIGINAL RECIPE, Wing, meat only, skin and breading removed

24:0	S5805
18:1 t	S5805
Selenium, Se	S3557
Vitamin B-6	S3557
Alanine	S3773, S3557
20:0	S5805
14:1	S5805
15:0	S5805
18:2 t not further defined	S5805
18:1 c	S5805
15:1	S5805
20:3 n-6	S5805
22:4	S5805
Total lipid (fat)	S5805
Iron, Fe	S3557
Lysine	S3773, S3557
Valine	S3773, S3557
Serine	S3773, S3557
18:0	S5805
16:1 undifferentiated	S5805
18:3 n-3 c,c,c (ALA)	S5805
Ash	S5805
Pantothenic acid	S3557
Vitamin B-12	S3557
Arginine	S3773, S3557
22:1 undifferentiated	S5805
22:5 n-3 (DPA)	S5805
22:1 t	S5805
17:1	S5805
Fatty acids, total trans-monoenoic	S5805
Niacin	S3557
Tyrosine	S3773, S3557
Glycine	S3773, S3557
Proline	S3773, S3557
Cholesterol	S3557
Fatty acids, total saturated	S5805

NDB No. 21428 KENTUCKY FRIED CHICKEN, Fried Chicken, ORIGINAL RECIPE, Wing, meat only, skin and breading removed

4:0	S5805
6:0	S5805
20:4 undifferentiated	S5805
22:0	S5805
18:3 n-6 c,c,c	S5805
Protein	S5805
Zinc, Zn	S3557
Thiamin	S3557
Threonine	S3773, S3557
Histidine	S3773, S3557
Fatty acids, total trans	S5805
8:0	S5805
18:3 undifferentiated	S5805
17:0	S5805
16:1 t	S5805
18:2 n-6 c,c	S5805
Tryptophan	S3773, S3557
Isoleucine	S3773, S3557
Methionine	S3773, S3557
Aspartic acid	S3773, S3557
Glutamic acid	S3773, S3557
10:0	S5805
Fatty acids, total monounsaturated	S5805
18:2 CLAs	S5805
24:1 c	S5805
16:1 c	S5805
22:1 c	S5805
20:3 undifferentiated	S5805
Fatty acids, total trans-polyenoic	S5805

NDB No. 21429 KENTUCKY FRIED CHICKEN, Fried Chicken, EXTRA CRISPY, Skin and Breading

Protein	S5805
Ash	S5805
Maltose	S3557
Phosphorus, P	S3557

NDB No. 21429 KENTUCKY FRIED CHICKEN, Fried Chicken, EXTRA CRISPY, Skin and Breading

Sodium, Na	S3557
Copper, Cu	S3557
Retinol	S3557
Riboflavin	S3557
Niacin	S3557
Isoleucine	S3773, S3557
Tyrosine	S3773, S3557
Hydroxyproline	S3557
18:0	S5805
Fatty acids, total polyunsaturated	S5805
18:1 t	S5805
20:3 n-3	S5805
Lactose	S3557
Selenium, Se	S3557
Vitamin B-6	S3557
Cystine	S3773, S3557
Histidine	S3773, S3557
4:0	S5805
14:0	S5805
18:3 undifferentiated	S5805
14:1	S5805
20:5 n-3 (EPA)	S5805
18:2 n-6 c,c	S5805
Fatty acids, total trans-monoenoic	S5805
Sucrose	S3557
Glutamic acid	S3773, S3557
18:1 undifferentiated	S5805
22:5 n-3 (DPA)	S5805
16:1 t	S5805
18:2 CLAs	S5805
20:2 n-6 c,c	S5805
18:1 c	S5805
22:4	S5805
Glucose (dextrose)	S3557
Potassium, K	S3557
Zinc, Zn	S3557
Manganese, Mn	S3557

NDB No. 21429 KENTUCKY FRIED CHICKEN, Fried Chicken, EXTRA CRISPY, Skin and Breading

Pantothenic acid	S3557
Tryptophan	S3773, S3557
Proline	S3773, S3557
Serine	S3773, S3557
Fatty acids, total trans	S5805
20:1	S5805
15:0	S5805
18:2 t not further defined	S5805
24:1 c	S5805
Fatty acids, total trans-polyenoic	S5805
Water	S5805
Calcium, Ca	S3557
Threonine	S3773, S3557
Phenylalanine	S3773, S3557
Glycine	S3773, S3557
20:0	S5805
Fatty acids, total monounsaturated	S5805
22:1 c	S5805
Vitamin B-12	S3557
Valine	S3773, S3557
Arginine	S3773, S3557
Cholesterol	S3557
6:0	S5805
16:0	S5805
18:2 undifferentiated	S5805
22:6 n-3 (DHA)	S5805
22:0	S5805
22:1 undifferentiated	S5805
22:1 t	S5805
15:1	S5805
Fructose	S3557
Galactose	S3557
Iron, Fe	S3557
Magnesium, Mg	S3557
Leucine	S3773, S3557
Lysine	S3773, S3557
Alanine	S3773, S3557

NDB No. 21429 KENTUCKY FRIED CHICKEN, Fried Chicken, EXTRA CRISPY, Skin and Breading

Aspartic acid	S3773, S3557
12:0	S5805
17:0	S5805
24:0	S5805
18:3 n-6 c,c,c	S5805
17:1	S5805
18:3 n-3 c,c,c (ALA)	S5805
Total lipid (fat)	S5805
Starch	S3557
Sugars, total	S3557
Fiber, total dietary	S3557
Thiamin	S3557
Methionine	S3773, S3557
Fatty acids, total saturated	S5805
8:0	S5805
10:0	S5805
20:4 undifferentiated	S5805
16:1 undifferentiated	S5805
18:4	S5805
16:1 c	S5805
20:3 undifferentiated	S5805
20:3 n-6	S5805

NDB No. 21430 KENTUCKY FRIED CHICKEN, Fried Chicken, EXTRA CRISPY, Breast, meat only, skin and breading removed

Threonine	S3773, S3557
Histidine	S3773, S3557
6:0	S5805
8:0	S5805
16:0	S5805
18:0	S5805
16:1 t	S5805
18:1 t	S5805
18:2 n-6 c,c	S5805
18:3 n-6 c,c,c	S5805
20:3 n-6	S5805
Tryptophan	S3773, S3557

NDB No. 21430 KENTUCKY FRIED CHICKEN, Fried Chicken, EXTRA CRISPY, Breast, meat only, skin and breading removed

Isoleucine	S3773, S3557
Methionine	S3773, S3557
Glutamic acid	S3773, S3557
Fatty acids, total trans	S5805
18:1 undifferentiated	S5805
22:1 t	S5805
Fatty acids, total trans-monoenoic	S5805
18:3 n-3 c,c,c (ALA)	S5805
22:4	S5805
Water	S5805
Phenylalanine	S3773, S3557
Tyrosine	S3773, S3557
4:0	S5805
22:0	S5805
22:5 n-3 (DPA)	S5805
Fatty acids, total monounsaturated	S5805
20:2 n-6 c,c	S5805
Valine	S3773, S3557
Aspartic acid	S3773, S3557
18:2 undifferentiated	S5805
18:4	S5805
18:1 c	S5805
22:1 c	S5805
17:1	S5805
Protein	S5805
Ash	S5805
Alanine	S3773, S3557
16:1 undifferentiated	S5805
22:1 undifferentiated	S5805
17:0	S5805
Serine	S3773, S3557
14:0	S5805
20:4 undifferentiated	S5805
16:1 c	S5805
20:3 n-3	S5805

NDB No. 21430 KENTUCKY FRIED CHICKEN, Fried Chicken, EXTRA CRISPY, Breast, meat only, skin and breading removed

Leucine	S3773, S3557
Arginine	S3773, S3557
10:0	S5805
12:0	S5805
18:3 undifferentiated	S5805
15:0	S5805
18:2 CLAs	S5805
20:3 undifferentiated	S5805
Fatty acids, total trans-polyenoic	S5805
15:1	S5805
Total lipid (fat)	S5805
Lysine	S3773, S3557
Cystine	S3773, S3557
Glycine	S3773, S3557
Proline	S3773, S3557
Fatty acids, total saturated	S5805
20:0	S5805
22:6 n-3 (DHA)	S5805
14:1	S5805
20:1	S5805
20:5 n-3 (EPA)	S5805
Fatty acids, total polyunsaturated	S5805
24:0	S5805
18:2 t not further defined	S5805
24:1 c	S5805

NDB No. 21431 KENTUCKY FRIED CHICKEN, Fried Chicken, EXTRA CRISPY, Drumstick, meat only, skin and breading removed

Total lipid (fat)	S5805
Phenylalanine	S3773, S3557
Valine	S3773, S3557
Arginine	S3773, S3557
12:0	S5805
16:0	S5805
18:0	S5805
20:4 undifferentiated	S5805

NDB No. 21431 KENTUCKY FRIED CHICKEN, Fried Chicken, EXTRA CRISPY, Drumstick, meat only, skin and breading removed

22:1 undifferentiated	S5805
18:2 n-6 c,c	S5805
18:3 n-6 c,c,c	S5805
20:3 n-6	S5805
Protein	S5805
Water	S5805
Threonine	S3773, S3557
Cystine	S3773, S3557
Aspartic acid	S3773, S3557
8:0	S5805
18:3 undifferentiated	S5805
22:6 n-3 (DHA)	S5805
14:1	S5805
16:1 undifferentiated	S5805
22:5 n-3 (DPA)	S5805
Fatty acids, total polyunsaturated	S5805
22:1 t	S5805
17:1	S5805
Ash	S5805
Lysine	S3773, S3557
Methionine	S3773, S3557
Tyrosine	S3773, S3557
Alanine	S3773, S3557
Serine	S3773, S3557
Fatty acids, total saturated	S5805
6:0	S5805
18:1 undifferentiated	S5805
15:0	S5805
16:1 t	S5805
18:1 t	S5805
20:2 n-6 c,c	S5805
20:3 undifferentiated	S5805
Leucine	S3773, S3557
Glutamic acid	S3773, S3557
10:0	S5805
20:5 n-3 (EPA)	S5805
17:0	S5805

NDB No. 21431 KENTUCKY FRIED CHICKEN, Fried Chicken, EXTRA CRISPY, Drumstick, meat only, skin and breading removed

16:1 c	S5805
18:1 c	S5805
Glycine	S3773, S3557
Fatty acids, total trans	S5805
14:0	S5805
22:0	S5805
20:1	S5805
Fatty acids, total monounsaturated	S5805
Fatty acids, total trans-monoenoic	S5805
15:1	S5805
18:3 n-3 c,c,c (ALA)	S5805
20:0	S5805
24:0	S5805
Tryptophan	S3773, S3557
4:0	S5805
18:2 undifferentiated	S5805
22:1 c	S5805
20:3 n-3	S5805
Isoleucine	S3773, S3557
Histidine	S3773, S3557
Proline	S3773, S3557
18:4	S5805
18:2 t not further defined	S5805
18:2 CLAs	S5805
24:1 c	S5805
Fatty acids, total trans-polyenoic	S5805
22:4	S5805

NDB No. 21432 KENTUCKY FRIED CHICKEN, Fried Chicken, EXTRA CRISPY, Thigh, meat only, skin and breading removed

Water	S5805
Proline	S3773, S3557
Fatty acids, total trans	S5805
16:0	S5805
14:1	S5805

NDB No. 21432 KENTUCKY FRIED CHICKEN, Fried Chicken, EXTRA CRISPY, Thigh, meat only, skin and breading removed

20:1	S5805
22:1 undifferentiated	S5805
16:1 t	S5805
22:1 c	S5805
Methionine	S3773, S3557
Cystine	S3773, S3557
Histidine	S3773, S3557
18:0	S5805
20:0	S5805
18:3 undifferentiated	S5805
18:4	S5805
17:0	S5805
22:1 t	S5805
16:1 c	S5805
18:2 n-6 c,c	S5805
Threonine	S3773, S3557
Aspartic acid	S3773, S3557
20:5 n-3 (EPA)	S5805
Fatty acids, total trans-monoenoic	S5805
Fatty acids, total trans-polyenoic	S5805
20:3 n-3	S5805
Fatty acids, total saturated	S5805
18:2 undifferentiated	S5805
16:1 undifferentiated	S5805
Fatty acids, total monounsaturated	S5805
Fatty acids, total polyunsaturated	S5805
20:3 undifferentiated	S5805
Protein	S5805
Tryptophan	S3773, S3557
Isoleucine	S3773, S3557
Leucine	S3773, S3557
Phenylalanine	S3773, S3557
Arginine	S3773, S3557
Serine	S3773, S3557
10:0	S5805

NDB No. 21432 KENTUCKY FRIED CHICKEN, Fried Chicken, EXTRA CRISPY, Thigh, meat only, skin and breading removed

12:0	S5805
14:0	S5805
18:1 undifferentiated	S5805
15:0	S5805
18:3 n-6 c,c,c	S5805
15:1	S5805
20:3 n-6	S5805
Total lipid (fat)	S5805
Lysine	S3773, S3557
Alanine	S3773, S3557
Glutamic acid	S3773, S3557
4:0	S5805
20:4 undifferentiated	S5805
24:0	S5805
18:1 t	S5805
18:2 t not further defined	S5805
18:2 CLAs	S5805
18:1 c	S5805
18:3 n-3 c,c,c (ALA)	S5805
Tyrosine	S3773, S3557
Valine	S3773, S3557
Glycine	S3773, S3557
6:0	S5805
8:0	S5805
22:6 n-3 (DHA)	S5805
22:0	S5805
22:5 n-3 (DPA)	S5805
20:2 n-6 c,c	S5805
17:1	S5805
22:4	S5805
Ash	S5805
24:1 c	S5805

NDB No. 21433 KENTUCKY FRIED CHICKEN, Fried Chicken, EXTRA CRISPY, Wing, meat only, skin and breading removed

Threonine	S3773, S3557

NDB No. 21433 KENTUCKY FRIED CHICKEN, Fried Chicken, EXTRA CRISPY, Wing, meat only, skin and breading removed

22:1 undifferentiated	S5805
22:1 t	S5805
18:1 c	S5805
20:3 undifferentiated	S5805
Fatty acids, total trans-monoenoic	S5805
16:1 undifferentiated	S5805
18:4	S5805
18:1 t	S5805
20:2 n-6 c,c	S5805
22:1 c	S5805
Phenylalanine	S3773, S3557
Glutamic acid	S3773, S3557
8:0	S5805
14:1	S5805
20:5 n-3 (EPA)	S5805
17:0	S5805
18:2 CLAs	S5805
15:1	S5805
Protein	S5805
Water	S5805
Methionine	S3773, S3557
Arginine	S3773, S3557
Histidine	S3773, S3557
4:0	S5805
6:0	S5805
Fatty acids, total monounsaturated	S5805
20:3 n-6	S5805
Total lipid (fat)	S5805
Ash	S5805
Lysine	S3773, S3557
Valine	S3773, S3557
Alanine	S3773, S3557
Serine	S3773, S3557
Fatty acids, total saturated	S5805
14:0	S5805

NDB No. 21433 KENTUCKY FRIED CHICKEN, Fried Chicken, EXTRA CRISPY, Wing, meat only, skin and breading removed

20:0	S5805
18:3 undifferentiated	S5805
20:4 undifferentiated	S5805
24:0	S5805
16:1 t	S5805
17:1	S5805
Fatty acids, total trans-polyenoic	S5805
18:3 n-3 c,c,c (ALA)	S5805
Isoleucine	S3773, S3557
Leucine	S3773, S3557
Tyrosine	S3773, S3557
16:0	S5805
18:2 undifferentiated	S5805
22:6 n-3 (DHA)	S5805
22:0	S5805
22:5 n-3 (DPA)	S5805
18:2 n-6 c,c	S5805
22:4	S5805
Tryptophan	S3773, S3557
Cystine	S3773, S3557
Glycine	S3773, S3557
Fatty acids, total trans	S5805
12:0	S5805
18:0	S5805
24:1 c	S5805
18:3 n-6 c,c,c	S5805
20:3 n-3	S5805
Aspartic acid	S3773, S3557
Proline	S3773, S3557
10:0	S5805
18:1 undifferentiated	S5805
20:1	S5805
Fatty acids, total polyunsaturated	S5805
15:0	S5805
18:2 t not further defined	S5805
16:1 c	S5805

NDB No. 21442 POPEYES, Fried Chicken, Mild, Breast, meat only, skin and breading removed

Protein	S5805
Tryptophan	S3773, S3557
Leucine	S3773, S3557
Arginine	S3773, S3557
22:6 n-3 (DHA)	S5805
18:4	S5805
Serine	S3773, S3557
10:0	S5805
18:2 CLAs	S5805
16:1 c	S5805
18:1 c	S5805
Fatty acids, total trans-monoenoic	S5805
Fatty acids, total trans-polyenoic	S5805
15:1	S5805
20:3 n-3	S5805
Total lipid (fat)	S5805
Ash	S5805
Proline	S3773, S3557
18:1 undifferentiated	S5805
20:4 undifferentiated	S5805
14:1	S5805
Fatty acids, total polyunsaturated	S5805
15:0	S5805
16:1 t	S5805
18:2 t not further defined	S5805
18:3 n-6 c,c,c	S5805
17:1	S5805
Cystine	S3773, S3557
Valine	S3773, S3557
Fatty acids, total trans	S5805
4:0	S5805
14:0	S5805
16:0	S5805
18:0	S5805
20:0	S5805
20:5 n-3 (EPA)	S5805
18:1 t	S5805

NDB No. 21442 POPEYES, Fried Chicken, Mild, Breast, meat only, skin and breading removed

22:1 t	S5805
20:2 n-6 c,c	S5805
22:4	S5805
Histidine	S3773, S3557
Glutamic acid	S3773, S3557
Fatty acids, total saturated	S5805
18:2 undifferentiated	S5805
22:0	S5805
22:1 undifferentiated	S5805
22:5 n-3 (DPA)	S5805
24:1 c	S5805
20:3 undifferentiated	S5805
18:3 n-3 c,c,c (ALA)	S5805
20:3 n-6	S5805
Lysine	S3773, S3557
Methionine	S3773, S3557
Phenylalanine	S3773, S3557
Tyrosine	S3773, S3557
Glycine	S3773, S3557
8:0	S5805
17:0	S5805
18:2 n-6 c,c	S5805
Water	S5805
Isoleucine	S3773, S3557
Alanine	S3773, S3557
6:0	S5805
18:3 undifferentiated	S5805
20:1	S5805
Threonine	S3773, S3557
Aspartic acid	S3773, S3557
12:0	S5805
16:1 undifferentiated	S5805
Fatty acids, total monounsaturated	S5805
24:0	S5805
22:1 c	S5805

NDB No. 21443 POPEYES, Fried Chicken, Mild, Drumstick, meat only, skin and breading removed

Total lipid (fat)	S5805
18:0	S5805
22:6 n-3 (DHA)	S5805
16:1 undifferentiated	S5805
20:1	S5805
22:1 undifferentiated	S5805
Histidine	S3773, S3557
Glutamic acid	S3773, S3557
8:0	S5805
18:1 undifferentiated	S5805
18:2 undifferentiated	S5805
22:0	S5805
22:5 n-3 (DPA)	S5805
Fatty acids, total monounsaturated	S5805
Fatty acids, total polyunsaturated	S5805
24:0	S5805
16:1 t	S5805
Ash	S5805
Methionine	S3773, S3557
Cystine	S3773, S3557
Valine	S3773, S3557
Aspartic acid	S3773, S3557
4:0	S5805
10:0	S5805
14:0	S5805
18:3 undifferentiated	S5805
18:3 n-6 c,c,c	S5805
20:3 undifferentiated	S5805
Fatty acids, total trans-monoenoic	S5805
20:3 n-3	S5805
22:4	S5805
Leucine	S3773, S3557
Fatty acids, total saturated	S5805
20:4 undifferentiated	S5805
18:1 t	S5805
22:1 t	S5805

NDB No. 21443 POPEYES, Fried Chicken, Mild, Drumstick, meat only, skin and breading removed

18:2 t not further defined	S5805
Water	S5805
Arginine	S3773, S3557
Alanine	S3773, S3557
Glycine	S3773, S3557
Serine	S3773, S3557
20:0	S5805
20:5 n-3 (EPA)	S5805
18:1 c	S5805
17:1	S5805
Fatty acids, total trans	S5805
18:2 n-6 c,c	S5805
22:1 c	S5805
18:3 n-3 c,c,c (ALA)	S5805
20:3 n-6	S5805
Tryptophan	S3773, S3557
Isoleucine	S3773, S3557
Phenylalanine	S3773, S3557
14:1	S5805
18:4	S5805
15:0	S5805
17:0	S5805
16:1 c	S5805
15:1	S5805
Protein	S5805
Threonine	S3773, S3557
Lysine	S3773, S3557
Tyrosine	S3773, S3557
Proline	S3773, S3557
6:0	S5805
12:0	S5805
16:0	S5805
18:2 CLAs	S5805
24:1 c	S5805
20:2 n-6 c,c	S5805
Fatty acids, total trans-polyenoic	S5805

NDB No. 21444 POPEYES, Fried Chicken, Mild, Skin and Breading

Lactose	S3773
Galactose	S3773
Selenium, Se	S3773
Pantothenic acid	S3773
Threonine	S3773, S3557
Phenylalanine	S3773, S3557
Serine	S3773, S3557
Cholesterol	S3773
6:0	S5805
12:0	S5805
18:4	S5805
22:1 undifferentiated	S5805
24:0	S5805
22:1 c	S5805
17:1	S5805
Starch	S3773
Vitamin B-6	S3773
Tryptophan	S3773, S3557
Isoleucine	S3773, S3557
Histidine	S3773, S3557
Glutamic acid	S3773, S3557
Glycine	S3773, S3557
8:0	S5805
10:0	S5805
20:0	S5805
18:2 undifferentiated	S5805
20:5 n-3 (EPA)	S5805
22:1 t	S5805
18:2 t not further defined	S5805
24:1 c	S5805
20:3 undifferentiated	S5805
18:3 n-3 c,c,c (ALA)	S5805
Total lipid (fat)	S5805
Glucose (dextrose)	S3773
Fructose	S3773
Iron, Fe	S3773
Sodium, Na	S3773

NDB No. 21444 POPEYES, Fried Chicken, Mild, Skin and Breading

Thiamin	S3773
Riboflavin	S3773
Leucine	S3773, S3557
Valine	S3773, S3557
Fatty acids, total trans	S5805
16:1 undifferentiated	S5805
Fatty acids, total monounsaturated	S5805
18:2 CLAs	S5805
20:2 n-6 c,c	S5805
16:1 c	S5805
18:2 n-6 c,c	S5805
Fatty acids, total trans-monoenoic	S5805
22:4	S5805
Water	S5805
Sugars, total	S3773
Potassium, K	S3773
Niacin	S3773
20:4 undifferentiated	S5805
20:1	S5805
Fatty acids, total polyunsaturated	S5805
16:1 t	S5805
Protein	S5805
Ash	S5805
Fiber, total dietary	S3773
Calcium, Ca	S3773
Zinc, Zn	S3773
Retinol	S3773
Vitamin B-12	S3773
Proline	S3773, S3557
14:0	S5805
16:0	S5805
18:1 undifferentiated	S5805
22:6 n-3 (DHA)	S5805
22:0	S5805
22:5 n-3 (DPA)	S5805
15:0	S5805

NDB No. 21444 POPEYES, Fried Chicken, Mild, Skin and Breading

17:0	S5805
18:1 c	S5805
15:1	S5805
20:3 n-6	S5805
Maltose	S3773
Magnesium, Mg	S3773
Manganese, Mn	S3773
Methionine	S3773, S3557
Arginine	S3773, S3557
4:0	S5805
18:0	S5805
20:3 n-3	S5805
Sucrose	S3773
Aspartic acid	S3773, S3557
18:3 undifferentiated	S5805
14:1	S5805
18:3 n-6 c,c,c	S5805
Fatty acids, total trans-polyenoic	S5805
Phosphorus, P	S3773
Copper, Cu	S3773
Lysine	S3773, S3557
Cystine	S3773, S3557
Tyrosine	S3773, S3557
Alanine	S3773, S3557
Fatty acids, total saturated	S5805
18:1 t	S5805

NDB No. 21445 POPEYES, Fried Chicken, Mild, Thigh, meat only, skin and breading removed

Protein	S5805
Alanine	S3773, S3557
4:0	S5805
14:1	S5805
Fatty acids, total polyunsaturated	S5805
18:2 t not further defined	S5805
Phenylalanine	S3773, S3557
Tyrosine	S3773, S3557

NDB No. 21445 POPEYES, Fried Chicken, Mild, Thigh, meat only, skin and breading removed

20:1	S5805
Fatty acids, total trans-polyenoic	S5805
15:1	S5805
Total lipid (fat)	S5805
Water	S5805
Lysine	S3773, S3557
Valine	S3773, S3557
Histidine	S3773, S3557
Serine	S3773, S3557
Fatty acids, total trans	S5805
14:0	S5805
18:0	S5805
18:1 undifferentiated	S5805
20:5 n-3 (EPA)	S5805
24:0	S5805
18:2 CLAs	S5805
22:1 c	S5805
Isoleucine	S3773, S3557
Aspartic acid	S3773, S3557
Glutamic acid	S3773, S3557
10:0	S5805
16:0	S5805
22:6 n-3 (DHA)	S5805
18:1 t	S5805
24:1 c	S5805
16:1 c	S5805
18:2 n-6 c,c	S5805
18:3 n-6 c,c,c	S5805
Tryptophan	S3773, S3557
Methionine	S3773, S3557
Cystine	S3773, S3557
Proline	S3773, S3557
Fatty acids, total saturated	S5805
6:0	S5805
8:0	S5805
18:2 undifferentiated	S5805
18:3 undifferentiated	S5805

NDB No. 21445 POPEYES, Fried Chicken, Mild, Thigh, meat only, skin and breading removed

22:1 undifferentiated	S5805
20:2 n-6 c,c	S5805
18:1 c	S5805
17:1	S5805
18:3 n-3 c,c,c (ALA)	S5805
20:3 n-6	S5805
22:4	S5805
Leucine	S3773, S3557
Glycine	S3773, S3557
22:0	S5805
16:1 undifferentiated	S5805
18:4	S5805
Fatty acids, total monounsaturated	S5805
15:0	S5805
17:0	S5805
16:1 t	S5805
20:3 n-3	S5805
12:0	S5805
20:0	S5805
20:3 undifferentiated	S5805
Fatty acids, total trans-monoenoic	S5805
Ash	S5805
Threonine	S3773, S3557
Arginine	S3773, S3557
20:4 undifferentiated	S5805
22:5 n-3 (DPA)	S5805
22:1 t	S5805

NDB No. 21446 POPEYES, Fried Chicken, Mild, Wing, meat only, skin and breading removed

Methionine	S3773, S3557
Valine	S3773, S3557
Proline	S3773, S3557
Fatty acids, total saturated	S5805
18:2 undifferentiated	S5805
18:3 undifferentiated	S5805

NDB No. 21446 POPEYES, Fried Chicken, Mild, Wing, meat only, skin and breading removed

20:5 n-3 (EPA)	S5805
22:5 n-3 (DPA)	S5805
20:2 n-6 c,c	S5805
20:3 undifferentiated	S5805
20:3 n-3	S5805
Lysine	S3773, S3557
Cystine	S3773, S3557
Phenylalanine	S3773, S3557
Alanine	S3773, S3557
12:0	S5805
18:0	S5805
20:4 undifferentiated	S5805
16:1 undifferentiated	S5805
22:1 undifferentiated	S5805
17:0	S5805
18:1 t	S5805
15:1	S5805
Protein	S5805
20:1	S5805
17:1	S5805
20:3 n-6	S5805
Total lipid (fat)	S5805
Tryptophan	S3773, S3557
Leucine	S3773, S3557
Tyrosine	S3773, S3557
Glutamic acid	S3773, S3557
16:0	S5805
22:6 n-3 (DHA)	S5805
Fatty acids, total monounsaturated	S5805
15:0	S5805
18:2 t not further defined	S5805
Ash	S5805
Arginine	S3773, S3557
Glycine	S3773, S3557
Serine	S3773, S3557
4:0	S5805
18:1 undifferentiated	S5805

NDB No. 21446 POPEYES, Fried Chicken, Mild, Wing, meat only, skin and breading removed

22:0	S5805
18:2 CLAs	S5805
Fatty acids, total trans-monoenoic	S5805
Isoleucine	S3773, S3557
20:0	S5805
14:1	S5805
Fatty acids, total polyunsaturated	S5805
24:0	S5805
24:1 c	S5805
22:1 c	S5805
18:3 n-3 c,c,c (ALA)	S5805
Water	S5805
Histidine	S3773, S3557
6:0	S5805
8:0	S5805
10:0	S5805
14:0	S5805
22:1 t	S5805
18:1 c	S5805
Fatty acids, total trans-polyenoic	S5805
22:4	S5805
Threonine	S3773, S3557
Aspartic acid	S3773, S3557
Fatty acids, total trans	S5805
18:4	S5805
16:1 t	S5805
16:1 c	S5805
18:2 n-6 c,c	S5805
18:3 n-6 c,c,c	S5805

NDB No. 21464 Fast Foods, Fried Chicken, Breast, meat only, skin and breading removed

Magnesium, Mg	S3773, S3557
Copper, Cu	S3773, S3557
6:0	S5805
Fatty acids, total monounsaturated	S5805

NDB No. 21464 Fast Foods, Fried Chicken, Breast, meat only, skin and breading removed

Ash	S5805
Selenium, Se	S3773, S3557
Thiamin	S3773, S3557
Niacin	S3773, S3557
Vitamin B-6	S3773, S3557
Vitamin B-12	S3773, S3557
16:1 undifferentiated	S5805
18:4	S5805
20:1	S5805
24:1 c	S5805
16:1 c	S5805
17:1	S5805
22:4	S5805
Calcium, Ca	S3773, S3557
Iron, Fe	S3773, S3557
8:0	S5805
16:1 t	S5805
22:1 t	S5805
20:3 n-3	S5805
Total lipid (fat)	S5805
Phosphorus, P	S3773, S3557
Fatty acids, total trans	S5805
18:1 undifferentiated	S5805
22:1 undifferentiated	S5805
22:5 n-3 (DPA)	S5805
18:2 t not further defined	S5805
20:3 undifferentiated	S5805
Fatty acids, total trans-polyenoic	S5805
Protein	S5805
Potassium, K	S3773, S3557
Fatty acids, total saturated	S5805
4:0	S5805
10:0	S5805
16:0	S5805
18:0	S5805
18:2 undifferentiated	S5805
20:4 undifferentiated	S5805

NDB No. 21464 Fast Foods, Fried Chicken, Breast, meat only, skin and breading removed

22:0	S5805
20:5 n-3 (EPA)	S5805
Fatty acids, total polyunsaturated	S5805
17:0	S5805
18:1 t	S5805
18:2 CLAs	S5805
Sodium, Na	S3773, S3557
18:3 undifferentiated	S5805
15:0	S5805
24:0	S5805
22:1 c	S5805
Fatty acids, total trans-monoenoic	S5805
18:3 n-3 c,c,c (ALA)	S5805
Riboflavin	S3773, S3557
Cholesterol	S3773, S3557
14:0	S5805
22:6 n-3 (DHA)	S5805
18:1 c	S5805
18:2 n-6 c,c	S5805
18:3 n-6 c,c,c	S5805
Water	S5805
Zinc, Zn	S3773, S3557
Manganese, Mn	S3773, S3557
Pantothenic acid	S3773, S3557
12:0	S5805
20:0	S5805
14:1	S5805
20:2 n-6 c,c	S5805
15:1	S5805
20:3 n-6	S5805

NDB No. 21465 Fast Foods, Fried Chicken, Drumstick, meat only, skin and breading removed

22:6 n-3 (DHA)	S5805
18:4	S5805
Ash	S5805
Iron, Fe	S3773, S3557

NDB No. 21465 Fast Foods, Fried Chicken, Drumstick, meat only, skin and breading removed

Sodium, Na	S3773, S3557
Cholesterol	S3773, S3557
8:0	S5805
10:0	S5805
20:4 undifferentiated	S5805
16:1 undifferentiated	S5805
20:1	S5805
Fatty acids, total monounsaturated	S5805
Fatty acids, total polyunsaturated	S5805
20:3 n-6	S5805
Water	S5805
Selenium, Se	S3773, S3557
Pantothenic acid	S3773, S3557
Vitamin B-6	S3773, S3557
16:0	S5805
20:0	S5805
18:2 undifferentiated	S5805
22:5 n-3 (DPA)	S5805
15:0	S5805
18:2 t not further defined	S5805
18:2 CLAs	S5805
17:1	S5805
18:3 n-3 c,c,c (ALA)	S5805
Phosphorus, P	S3773, S3557
Zinc, Zn	S3773, S3557
Thiamin	S3773, S3557
12:0	S5805
22:1 undifferentiated	S5805
24:0	S5805
18:2 n-6 c,c	S5805
22:1 c	S5805
Fatty acids, total trans-monoenoic	S5805
20:3 n-3	S5805
Total lipid (fat)	S5805
Calcium, Ca	S3773, S3557
Magnesium, Mg	S3773, S3557

NDB No. 21465 Fast Foods, Fried Chicken, Drumstick, meat only, skin and breading removed

Potassium, K	S3773, S3557
Copper, Cu	S3773, S3557
Manganese, Mn	S3773, S3557
Riboflavin	S3773, S3557
Fatty acids, total saturated	S5805
18:3 undifferentiated	S5805
18:1 t	S5805
Niacin	S3773, S3557
6:0	S5805
14:0	S5805
14:1	S5805
20:5 n-3 (EPA)	S5805
Vitamin B-12	S3773, S3557
16:1 t	S5805
22:1 t	S5805
24:1 c	S5805
20:2 n-6 c,c	S5805
16:1 c	S5805
18:1 c	S5805
20:3 undifferentiated	S5805
Fatty acids, total trans-polyenoic	S5805
22:4	S5805
Protein	S5805
Fatty acids, total trans	S5805
4:0	S5805
18:0	S5805
18:1 undifferentiated	S5805
22:0	S5805
17:0	S5805
18:3 n-6 c,c,c	S5805
15:1	S5805

NDB No. 21466 Fast Foods, Fried Chicken, Thigh, meat only, skin and breading removed

Calcium, Ca	S3773, S3557
Potassium, K	S3773, S3557
Zinc, Zn	S3773, S3557

NDB No. 21466 Fast Foods, Fried Chicken, Thigh, meat only, skin and breading removed

Thiamin	S3773, S3557
Niacin	S3773, S3557
Fatty acids, total trans	S5805
4:0	S5805
18:0	S5805
20:0	S5805
20:4 undifferentiated	S5805
15:0	S5805
18:2 CLAs	S5805
22:1 c	S5805
Fatty acids, total trans-polyenoic	S5805
Protein	S5805
Copper, Cu	S3773, S3557
Vitamin B-6	S3773, S3557
Cholesterol	S3773, S3557
14:1	S5805
20:5 n-3 (EPA)	S5805
Fatty acids, total monounsaturated	S5805
24:0	S5805
24:1 c	S5805
16:1 c	S5805
18:3 n-6 c,c,c	S5805
Phosphorus, P	S3773, S3557
6:0	S5805
14:0	S5805
18:3 undifferentiated	S5805
22:1 undifferentiated	S5805
Fatty acids, total polyunsaturated	S5805
18:1 t	S5805
18:3 n-3 c,c,c (ALA)	S5805
22:4	S5805
Water	S5805
18:1 undifferentiated	S5805
16:1 t	S5805
18:1 c	S5805
Iron, Fe	S3773, S3557
Vitamin B-12	S3773, S3557

NDB No. 21466 Fast Foods, Fried Chicken, Thigh, meat only, skin and breading removed

8:0	S5805
16:0	S5805
20:1	S5805
20:3 undifferentiated	S5805
Fatty acids, total trans-monoenoic	S5805
20:3 n-3	S5805
Ash	S5805
Manganese, Mn	S3773, S3557
Selenium, Se	S3773, S3557
22:6 n-3 (DHA)	S5805
16:1 undifferentiated	S5805
22:5 n-3 (DPA)	S5805
22:1 t	S5805
18:2 n-6 c,c	S5805
Magnesium, Mg	S3773, S3557
Sodium, Na	S3773, S3557
Pantothenic acid	S3773, S3557
12:0	S5805
18:2 undifferentiated	S5805
15:1	S5805
20:3 n-6	S5805
Total lipid (fat)	S5805
Riboflavin	S3773, S3557
Fatty acids, total saturated	S5805
10:0	S5805
22:0	S5805
18:4	S5805
17:0	S5805
18:2 t not further defined	S5805
20:2 n-6 c,c	S5805
17:1	S5805

NDB No. 21467 Fast Foods, Fried Chicken, Wing, meat only, skin and breading removed

Iron, Fe	S3773, S3557
Vitamin B-12	S3773, S3557
Fatty acids, total saturated	S5805

NDB No. 21467 Fast Foods, Fried Chicken, Wing, meat only, skin and breading removed

14:0	S5805
18:0	S5805
20:4 undifferentiated	S5805
20:5 n-3 (EPA)	S5805
Fatty acids, total polyunsaturated	S5805
18:1 c	S5805
18:2 n-6 c,c	S5805
20:3 undifferentiated	S5805
22:4	S5805
Phosphorus, P	S3773, S3557
Riboflavin	S3773, S3557
Niacin	S3773, S3557
8:0	S5805
10:0	S5805
18:3 undifferentiated	S5805
22:0	S5805
15:0	S5805
24:0	S5805
16:1 c	S5805
17:1	S5805
18:3 n-3 c,c,c (ALA)	S5805
20:3 n-6	S5805
Protein	S5805
Total lipid (fat)	S5805
Sodium, Na	S3773, S3557
14:1	S5805
16:1 t	S5805
22:1 t	S5805
18:2 t not further defined	S5805
18:3 n-6 c,c,c	S5805
Fatty acids, total trans-monoenoic	S5805
Fatty acids, total trans-polyenoic	S5805
Ash	S5805
Zinc, Zn	S3773, S3557
Pantothenic acid	S3773, S3557
Fatty acids, total trans	S5805
4:0	S5805

NDB No. 21467 Fast Foods, Fried Chicken, Wing, meat only, skin and breading removed

18:1 undifferentiated	S5805
20:1	S5805
17:0	S5805
18:2 CLAs	S5805
Thiamin	S3773, S3557
16:0	S5805
22:1 undifferentiated	S5805
24:1 c	S5805
20:3 n-3	S5805
Copper, Cu	S3773, S3557
Selenium, Se	S3773, S3557
16:1 undifferentiated	S5805
Fatty acids, total monounsaturated	S5805
Calcium, Ca	S3773, S3557
Potassium, K	S3773, S3557
Cholesterol	S3773, S3557
20:0	S5805
22:6 n-3 (DHA)	S5805
22:1 c	S5805
Water	S5805
Magnesium, Mg	S3773, S3557
Manganese, Mn	S3773, S3557
Vitamin B-6	S3773, S3557
6:0	S5805
12:0	S5805
18:2 undifferentiated	S5805
18:4	S5805
22:5 n-3 (DPA)	S5805
18:1 t	S5805
20:2 n-6 c,c	S5805
15:1	S5805

NDB No. 21468 Fast Foods, Fried Chicken, Skin and breading from all pieces

Phosphorus, P	S3773, S3557
Riboflavin	S3773, S3557
Vitamin B-6	S3773, S3557

NDB No. 21468 Fast Foods, Fried Chicken, Skin and breading from all pieces

4:0	S5805
6:0	S5805
18:3 undifferentiated	S5805
22:6 n-3 (DHA)	S5805
20:1	S5805
Fatty acids, total polyunsaturated	S5805
20:2 n-6 c,c	S5805
Fatty acids, total trans-monoenoic	S5805
Total lipid (fat)	S5805
Sucrose	S3773, S3557
Sugars, total	S3773, S3557
Calcium, Ca	S3773, S3557
Magnesium, Mg	S3773, S3557
20:0	S5805
22:1 undifferentiated	S5805
18:2 n-6 c,c	S5805
18:3 n-6 c,c,c	S5805
Galactose	S3773, S3557
Sodium, Na	S3773, S3557
Manganese, Mn	S3773, S3557
Pantothenic acid	S3773, S3557
Fatty acids, total saturated	S5805
18:1 undifferentiated	S5805
20:5 n-3 (EPA)	S5805
22:1 t	S5805
18:2 CLAs	S5805
20:3 undifferentiated	S5805
Glucose (dextrose)	S3773, S3557
Selenium, Se	S3773, S3557
Cholesterol	S3773, S3557
8:0	S5805
10:0	S5805
22:0	S5805
18:4	S5805
Fatty acids, total monounsaturated	S5805
17:0	S5805

NDB No. 21468 Fast Foods, Fried Chicken, Skin and breading from all pieces

16:1 t	S5805
24:1 c	S5805
18:1 c	S5805
22:1 c	S5805
17:1	S5805
15:1	S5805
Maltose	S3773, S3557
Water	S5805
Potassium, K	S3773, S3557
Retinol	S3773, S3557
12:0	S5805
14:0	S5805
20:4 undifferentiated	S5805
Starch	S3773, S3557
Lactose	S3773, S3557
Iron, Fe	S3773, S3557
18:0	S5805
14:1	S5805
16:1 c	S5805
Fatty acids, total trans-polyenoic	S5805
20:3 n-3	S5805
Ash	S5805
Fructose	S3773, S3557
Fatty acids, total trans	S5805
16:0	S5805
16:1 undifferentiated	S5805
22:5 n-3 (DPA)	S5805
15:0	S5805
22:4	S5805
Protein	S5805
Fiber, total dietary	S3773, S3557
Zinc, Zn	S3773, S3557
Copper, Cu	S3773, S3557
Thiamin	S3773, S3557
Niacin	S3773, S3557
Vitamin B-12	S3773, S3557
18:2 undifferentiated	S5805

NDB No. 21468 Fast Foods, Fried Chicken, Skin and breading from all pieces

24:0	S5805
18:1 t	S5805
18:2 t not further defined	S5805
18:3 n-3 c,c,c (ALA)	S5805
20:3 n-6	S5805

NDB No. 21473 DIGIORNO Pizza, cheese topping, cheese stuffed crust, frozen, baked

Vitamin B-12	S5802
8:0	S5802
18:0	S5802
22:6 n-3 (DHA)	S5802
14:1	S5802
Fatty acids, total monounsaturated	S5802
17:0	S5802
16:1 c	S5802
20:3 n-3	S5802
Ash	S5802
Glucose (dextrose)	S5802
Fructose	S5802
Fiber, total dietary	S5802
Magnesium, Mg	S5802
Selenium, Se	S5802
Riboflavin	S5802
Dihydrophylloquinone	S5802
16:0	S5802
Fatty acids, total polyunsaturated	S5802
24:0	S5802
20:2 n-6 c,c	S5802
22:1 c	S5802
18:3 n-6 c,c,c	S5802
Fatty acids, total trans-polyenoic	S5802
18:3 n-3 c,c,c (ALA)	S5802
Manganese, Mn	S5802
Retinol	S5802
Tocopherol, gamma	S5802
12:0	S5802

NDB No. 21473 DIGIORNO Pizza, cheese topping, cheese stuffed crust, frozen, baked

22:5 n-3 (DPA)	S5802
18:1 t	S5802
18:2 t not further defined	S5802
17:1	S5802
Potassium, K	S5802
Vitamin C, total ascorbic acid	S5802
Menaquinone-4	S5802
Cholesterol	S5802
Fatty acids, total trans	S5802
18:1 undifferentiated	S5802
15:0	S5802
Lactose	S5802
Calcium, Ca	S5802
Copper, Cu	S5802
Tocopherol, beta	S5802
Thiamin	S5802
Vitamin B-6	S5802
18:4	S5802
22:1 undifferentiated	S5802
16:1 t	S5802
22:1 t	S5802
24:1 c	S5802
20:3 undifferentiated	S5802
22:4	S5802
Phosphorus, P	S5802
Fatty acids, total saturated	S5802
14:0	S5802
20:5 n-3 (EPA)	S5802
Protein	S5802
Starch	S5802
Sucrose	S5802
Water	S5802
Iron, Fe	S5802
Vitamin E (alpha-tocopherol)	S5802
Tocopherol, delta	S5802
Pantothenic acid	S5802
Vitamin K (phylloquinone)	S5802

NDB No. 21473 DIGIORNO Pizza, cheese topping, cheese stuffed crust, frozen, baked

10:0	S5802
16:1 undifferentiated	S5802
18:2 CLAs	S5802
18:1 c	S5802
Fatty acids, total trans-monoenoic	S5802
20:3 n-6	S5802
Total lipid (fat)	S5802
Sodium, Na	S5802
Zinc, Zn	S5802
Niacin	S5802
4:0	S5802
6:0	S5802
20:0	S5802
18:2 undifferentiated	S5802
18:3 undifferentiated	S5802
20:4 undifferentiated	S5802
22:0	S5802
20:1	S5802
18:2 n-6 c,c	S5802
15:1	S5802

NDB No. 21474 DIGIORNO Pizza, cheese topping, rising crust, frozen, baked

Maltose	S5802
Zinc, Zn	S5802
Tocopherol, delta	S5802
Vitamin C, total ascorbic acid	S5802
Riboflavin	S5802
Niacin	S5802
Fatty acids, total trans	S5802
4:0	S5802
20:4 undifferentiated	S5802
22:6 n-3 (DHA)	S5802
16:1 undifferentiated	S5802
24:1 c	S5802
18:3 n-6 c,c,c	S5802
Fatty acids, total trans-	S5802

NDB No. 21474 DIGIORNO Pizza, cheese topping, rising crust, frozen, baked

monoenoic	
Sucrose	S5802
Lactose	S5802
Fiber, total dietary	S5802
Calcium, Ca	S5802
Selenium, Se	S5802
Retinol	S5802
Tocopherol, beta	S5802
Dihydrophylloquinone	S5802
14:0	S5802
18:1 undifferentiated	S5802
14:1	S5802
16:1 t	S5802
20:3 undifferentiated	S5802
18:3 n-3 c,c,c (ALA)	S5802
20:3 n-3	S5802
Total lipid (fat)	S5802
Ash	S5802
Fructose	S5802
Phosphorus, P	S5802
Vitamin E (alpha-tocopherol)	S5802
Tocopherol, gamma	S5802
Pantothenic acid	S5802
Menaquinone-4	S5802
Cholesterol	S5802
16:0	S5802
22:5 n-3 (DPA)	S5802
17:0	S5802
16:1 c	S5802
22:4	S5802
Copper, Cu	S5802
Manganese, Mn	S5802
6:0	S5802
Fatty acids, total polyunsaturated	S5802
22:1 t	S5802
20:2 n-6 c,c	S5802
18:2 n-6 c,c	S5802

NDB No. 21474 DIGIORNO Pizza, cheese topping, rising crust, frozen, baked

Protein	S5802
Starch	S5802
Sugars, total	S5802
Iron, Fe	S5802
Potassium, K	S5802
Thiamin	S5802
Vitamin B-6	S5802
Fatty acids, total saturated	S5802
18:2 undifferentiated	S5802
20:1	S5802
Water	S5802
Vitamin B-12	S5802
Vitamin K (phylloquinone)	S5802
12:0	S5802
22:0	S5802
15:0	S5802
18:2 t not further defined	S5802
Fatty acids, total trans-polyenoic	S5802
Glucose (dextrose)	S5802
Magnesium, Mg	S5802
Sodium, Na	S5802
18:0	S5802
22:1 undifferentiated	S5802
Fatty acids, total monounsaturated	S5802
24:0	S5802
18:1 t	S5802
18:2 CLAs	S5802
17:1	S5802
15:1	S5802
20:3 n-6	S5802
Galactose	S5802
8:0	S5802
10:0	S5802
20:0	S5802
18:3 undifferentiated	S5802
18:4	S5802
20:5 n-3 (EPA)	S5802

NDB No. 21474 DIGIORNO Pizza, cheese topping, rising crust, frozen, baked

18:1 c	S5802
22:1 c	S5802

NDB No. 21475 DIGIORNO Pizza, cheese topping, thin crispy crust, frozen, baked

Fiber, total dietary	S5802
Zinc, Zn	S5802
Manganese, Mn	S5802
Dihydrophylloquinone	S5802
18:1 undifferentiated	S5802
20:1	S5802
22:1 undifferentiated	S5802
Fatty acids, total trans-polyenoic	S5802
Total lipid (fat)	S5802
Water	S5802
8:0	S5802
12:0	S5802
14:0	S5802
20:0	S5802
18:2 undifferentiated	S5802
22:0	S5802
14:1	S5802
Fatty acids, total monounsaturated	S5802
17:1	S5802
20:3 n-3	S5802
Protein	S5802
Menaquinone-4	S5802
Vitamin K (phylloquinone)	S5802
Fatty acids, total saturated	S5802
6:0	S5802
22:6 n-3 (DHA)	S5802
15:0	S5802
18:3 n-6 c,c,c	S5802
22:4	S5802
Lactose	S5802
Sodium, Na	S5802
Thiamin	S5802

NDB No. 21475 DIGIORNO Pizza, cheese topping, thin crispy crust, frozen, baked

Pantothenic acid	S5802
Fatty acids, total trans	S5802
16:1 undifferentiated	S5802
18:1 t	S5802
22:1 t	S5802
24:1 c	S5802
Fatty acids, total trans-monoenoic	S5802
Fructose	S5802
Iron, Fe	S5802
Retinol	S5802
Tocopherol, beta	S5802
Vitamin B-12	S5802
16:0	S5802
18:0	S5802
20:4 undifferentiated	S5802
18:4	S5802
24:0	S5802
16:1 t	S5802
18:1 c	S5802
22:1 c	S5802
Ash	S5802
Starch	S5802
Sucrose	S5802
Calcium, Ca	S5802
Selenium, Se	S5802
Tocopherol, gamma	S5802
Tocopherol, delta	S5802
Vitamin C, total ascorbic acid	S5802
20:5 n-3 (EPA)	S5802
Fatty acids, total polyunsaturated	S5802
17:0	S5802
18:2 t not further defined	S5802
18:2 CLAs	S5802
20:2 n-6 c,c	S5802
18:2 n-6 c,c	S5802
Glucose (dextrose)	S5802
Magnesium, Mg	S5802

NDB No. 21475 DIGIORNO Pizza, cheese topping, thin crispy crust, frozen, baked

Potassium, K	S5802
Vitamin E (alpha-tocopherol)	S5802
Riboflavin	S5802
Cholesterol	S5802
18:3 undifferentiated	S5802
22:5 n-3 (DPA)	S5802
16:1 c	S5802
20:3 undifferentiated	S5802
Phosphorus, P	S5802
Copper, Cu	S5802
Niacin	S5802
Vitamin B-6	S5802
4:0	S5802
10:0	S5802
15:1	S5802
18:3 n-3 c,c,c (ALA)	S5802
20:3 n-6	S5802

NDB No. 21476 DIGIORNO Pizza, pepperoni topping, cheese stuffed crust, frozen, baked

Total lipid (fat)	S5802
Iron, Fe	S5802
Potassium, K	S5802
Zinc, Zn	S5802
Selenium, Se	S5802
Cholesterol	S5802
Fatty acids, total saturated	S5802
18:1 undifferentiated	S5802
20:4 undifferentiated	S5802
20:1	S5802
20:5 n-3 (EPA)	S5802
17:0	S5802
18:2 t not further defined	S5802
18:2 n-6 c,c	S5802
17:1	S5802
Sucrose	S5802
Glucose (dextrose)	S5802

NDB No. 21476 DIGIORNO Pizza, pepperoni topping, cheese stuffed crust, frozen, baked

Fructose	S5802
Phosphorus, P	S5802
Sodium, Na	S5802
Vitamin E (alpha-tocopherol)	S5802
Niacin	S5802
Vitamin B-6	S5802
Fatty acids, total trans	S5802
10:0	S5802
20:0	S5802
18:3 undifferentiated	S5802
16:1 t	S5802
22:4	S5802
Protein	S5802
Lactose	S5802
Thiamin	S5802
16:0	S5802
22:0	S5802
18:4	S5802
Fatty acids, total polyunsaturated	S5802
24:1 c	S5802
18:1 c	S5802
Starch	S5802
Manganese, Mn	S5802
Tocopherol, beta	S5802
Tocopherol, gamma	S5802
Vitamin K (phylloquinone)	S5802
12:0	S5802
18:1 t	S5802
20:3 n-3	S5802
Maltose	S5802
Copper, Cu	S5802
Menaquinone-4	S5802
18:0	S5802
16:1 undifferentiated	S5802
18:2 CLAs	S5802
18:3 n-6 c,c,c	S5802
Fatty acids, total trans-monoenoic	S5802

NDB No. 21476 DIGIORNO Pizza, pepperoni topping, cheese stuffed crust, frozen, baked

Retinol	S5802
Tocopherol, delta	S5802
4:0	S5802
6:0	S5802
8:0	S5802
14:0	S5802
18:2 undifferentiated	S5802
Fatty acids, total monounsaturated	S5802
20:2 n-6 c,c	S5802
18:3 n-3 c,c,c (ALA)	S5802
20:3 n-6	S5802
Ash	S5802
Fiber, total dietary	S5802
Calcium, Ca	S5802
Vitamin C, total ascorbic acid	S5802
Riboflavin	S5802
14:1	S5802
22:1 undifferentiated	S5802
15:0	S5802
22:1 t	S5802
22:1 c	S5802
20:3 undifferentiated	S5802
Water	S5802
Magnesium, Mg	S5802
Pantothenic acid	S5802
Vitamin B-12	S5802
Dihydrophylloquinone	S5802
22:6 n-3 (DHA)	S5802
22:5 n-3 (DPA)	S5802
24:0	S5802
16:1 c	S5802
Fatty acids, total trans-polyenoic	S5802
15:1	S5802

NDB No. 21477 DIGIORNO Pizza, pepperoni topping, rising crust, frozen, baked

Zinc, Zn	S5802

NDB No. 21477 DIGIORNO Pizza, pepperoni topping, rising crust, frozen, baked

Copper, Cu	S5802
Tocopherol, delta	S5802
Vitamin B-12	S5802
Fatty acids, total trans	S5802
4:0	S5802
8:0	S5802
22:0	S5802
14:1	S5802
16:1 undifferentiated	S5802
18:4	S5802
Fatty acids, total polyunsaturated	S5802
15:0	S5802
24:1 c	S5802
20:2 n-6 c,c	S5802
18:1 c	S5802
20:3 n-3	S5802
Lactose	S5802
Maltose	S5802
Tocopherol, gamma	S5802
12:0	S5802
20:4 undifferentiated	S5802
22:5 n-3 (DPA)	S5802
24:0	S5802
18:1 t	S5802
18:2 t not further defined	S5802
18:3 n-6 c,c,c	S5802
15:1	S5802
Starch	S5802
Sodium, Na	S5802
Tocopherol, beta	S5802
Niacin	S5802
Fatty acids, total saturated	S5802
10:0	S5802
20:5 n-3 (EPA)	S5802
16:1 t	S5802
22:1 c	S5802
Total lipid (fat)	S5802

NDB No. 21477 DIGIORNO Pizza, pepperoni topping, rising crust, frozen, baked

Sucrose	S5802
Glucose (dextrose)	S5802
Fructose	S5802
Fiber, total dietary	S5802
Magnesium, Mg	S5802
Retinol	S5802
Vitamin C, total ascorbic acid	S5802
Thiamin	S5802
14:0	S5802
22:6 n-3 (DHA)	S5802
18:2 n-6 c,c	S5802
Fatty acids, total trans-monoenoic	S5802
Protein	S5802
Ash	S5802
Iron, Fe	S5802
Pantothenic acid	S5802
18:0	S5802
18:2 undifferentiated	S5802
Fatty acids, total monounsaturated	S5802
16:1 c	S5802
Dihydrophylloquinone	S5802
20:0	S5802
18:1 undifferentiated	S5802
17:0	S5802
17:1	S5802
22:4	S5802
Sugars, total	S5802
Galactose	S5802
Selenium, Se	S5802
6:0	S5802
16:0	S5802
18:3 undifferentiated	S5802
20:1	S5802
22:1 undifferentiated	S5802
22:1 t	S5802
20:3 undifferentiated	S5802

NDB No. 21477 DIGIORNO Pizza, pepperoni topping, rising crust, frozen, baked

Fatty acids, total trans-polyenoic	S5802
18:3 n-3 c,c,c (ALA)	S5802
20:3 n-6	S5802
Water	S5802
Calcium, Ca	S5802
Phosphorus, P	S5802
Potassium, K	S5802
Manganese, Mn	S5802
Vitamin E (alpha-tocopherol)	S5802
Riboflavin	S5802
Vitamin B-6	S5802
Menaquinone-4	S5802
Vitamin K (phylloquinone)	S5802
Cholesterol	S5802
18:2 CLAs	S5802

NDB No. 21478 DIGIORNO Pizza, pepperoni topping, thin crispy crust, frozen, baked

Fructose	S5802
Iron, Fe	S5802
20:0	S5802
Fatty acids, total polyunsaturated	S5802
18:2 CLAs	S5802
18:3 n-6 c,c,c	S5802
20:3 n-3	S5802
Protein	S5802
Zinc, Zn	S5802
Copper, Cu	S5802
Vitamin E (alpha-tocopherol)	S5802
Dihydrophylloquinone	S5802
4:0	S5802
8:0	S5802
14:0	S5802
14:1	S5802
16:1 undifferentiated	S5802
15:0	S5802
18:1 t	S5802

NDB No. 21478 DIGIORNO Pizza, pepperoni topping, thin crispy crust, frozen, baked

18:2 t not further defined	S5802
24:1 c	S5802
18:1 c	S5802
Fatty acids, total trans-monoenoic	S5802
Total lipid (fat)	S5802
Starch	S5802
Sucrose	S5802
Selenium, Se	S5802
Thiamin	S5802
Fatty acids, total trans	S5802
16:0	S5802
18:2 undifferentiated	S5802
18:4	S5802
17:0	S5802
15:1	S5802
Water	S5802
Menaquinone-4	S5802
Vitamin K (phylloquinone)	S5802
Cholesterol	S5802
22:1 t	S5802
18:2 n-6 c,c	S5802
22:1 c	S5802
Fatty acids, total trans-polyenoic	S5802
Lactose	S5802
Phosphorus, P	S5802
Retinol	S5802
Tocopherol, gamma	S5802
Vitamin C, total ascorbic acid	S5802
10:0	S5802
18:1 undifferentiated	S5802
22:5 n-3 (DPA)	S5802
17:1	S5802
Sodium, Na	S5802
Manganese, Mn	S5802
Riboflavin	S5802
6:0	S5802
12:0	S5802

NDB No. 21478 DIGIORNO Pizza, pepperoni topping, thin crispy crust, frozen, baked

20:4 undifferentiated	S5802
22:6 n-3 (DHA)	S5802
22:0	S5802
16:1 t	S5802
Ash	S5802
Fiber, total dietary	S5802
Calcium, Ca	S5802
Potassium, K	S5802
Tocopherol, beta	S5802
Tocopherol, delta	S5802
Niacin	S5802
Vitamin B-6	S5802
Vitamin B-12	S5802
Fatty acids, total saturated	S5802
18:0	S5802
20:5 n-3 (EPA)	S5802
Fatty acids, total monounsaturated	S5802
16:1 c	S5802
20:3 undifferentiated	S5802
Glucose (dextrose)	S5802
Maltose	S5802
Magnesium, Mg	S5802
Pantothenic acid	S5802
18:3 undifferentiated	S5802
20:1	S5802
22:1 undifferentiated	S5802
24:0	S5802
20:2 n-6 c,c	S5802
18:3 n-3 c,c,c (ALA)	S5802
20:3 n-6	S5802
22:4	S5802

NDB No. 21479 DIGIORNO Pizza, supreme topping, rising crust, frozen, baked

Maltose	S5802
Vitamin E (alpha-tocopherol)	S5802
Vitamin K (phylloquinone)	S5802

NDB No. 21479 DIGIORNO Pizza, supreme topping, rising crust, frozen, baked

Fatty acids, total trans	S5802
22:0	S5802
18:4	S5802
22:1 undifferentiated	S5802
Fatty acids, total polyunsaturated	S5802
15:0	S5802
18:2 t not further defined	S5802
18:2 CLAs	S5802
24:1 c	S5802
16:1 c	S5802
22:1 c	S5802
15:1	S5802
Starch	S5802
Water	S5802
Iron, Fe	S5802
Tocopherol, beta	S5802
Pantothenic acid	S5802
Vitamin B-12	S5802
20:0	S5802
18:3 undifferentiated	S5802
17:0	S5802
24:0	S5802
20:2 n-6 c,c	S5802
Fatty acids, total trans-monoenoic	S5802
Fiber, total dietary	S5802
Sodium, Na	S5802
Copper, Cu	S5802
Thiamin	S5802
Niacin	S5802
Vitamin B-6	S5802
Cholesterol	S5802
Fatty acids, total saturated	S5802
16:0	S5802
17:1	S5802
Glucose (dextrose)	S5802
Lactose	S5802
Zinc, Zn	S5802

NDB No. 21479 DIGIORNO Pizza, supreme topping, rising crust, frozen, baked

4:0	S5802
12:0	S5802
Fatty acids, total monounsaturated	S5802
22:1 t	S5802
Ash	S5802
Fructose	S5802
Sugars, total	S5802
Galactose	S5802
Potassium, K	S5802
Selenium, Se	S5802
Dihydrophylloquinone	S5802
20:1	S5802
20:5 n-3 (EPA)	S5802
18:3 n-3 c,c,c (ALA)	S5802
20:3 n-3	S5802
20:3 n-6	S5802
Magnesium, Mg	S5802
Manganese, Mn	S5802
Tocopherol, gamma	S5802
Tocopherol, delta	S5802
Menaquinone-4	S5802
10:0	S5802
22:6 n-3 (DHA)	S5802
22:5 n-3 (DPA)	S5802
16:1 t	S5802
18:3 n-6 c,c,c	S5802
22:4	S5802
Total lipid (fat)	S5802
Sucrose	S5802
Calcium, Ca	S5802
Retinol	S5802
Riboflavin	S5802
6:0	S5802
14:0	S5802
20:4 undifferentiated	S5802
18:1 t	S5802
Fatty acids, total trans-polyenoic	S5802

NDB No. 21479 DIGIORNO Pizza, supreme topping, rising crust, frozen, baked

Protein	S5802
Phosphorus, P	S5802
8:0	S5802
18:0	S5802
18:1 undifferentiated	S5802
18:2 undifferentiated	S5802
14:1	S5802
16:1 undifferentiated	S5802
18:1 c	S5802
18:2 n-6 c,c	S5802
20:3 undifferentiated	S5802

NDB No. 21480 DIGIORNO Pizza, supreme topping, thin crispy crust, frozen, baked

Fructose	S5802
Tocopherol, delta	S5802
Dihydrophylloquinone	S5802
Fatty acids, total saturated	S5802
10:0	S5802
14:0	S5802
22:6 n-3 (DHA)	S5802
22:1 t	S5802
18:1 c	S5802
Starch	S5802
Iron, Fe	S5802
Vitamin B-12	S5802
20:0	S5802
18:1 undifferentiated	S5802
17:0	S5802
16:1 t	S5802
Fatty acids, total trans-monoenoic	S5802
Sodium, Na	S5802
Copper, Cu	S5802
Thiamin	S5802
Niacin	S5802
Fatty acids, total trans	S5802
18:3 undifferentiated	S5802

NDB No. 21480 DIGIORNO Pizza, supreme topping, thin crispy crust, frozen, baked

20:1	S5802
22:1 undifferentiated	S5802
24:0	S5802
24:1 c	S5802
20:2 n-6 c,c	S5802
18:3 n-3 c,c,c (ALA)	S5802
20:3 n-3	S5802
Protein	S5802
Magnesium, Mg	S5802
Selenium, Se	S5802
Riboflavin	S5802
16:0	S5802
18:0	S5802
18:4	S5802
22:5 n-3 (DPA)	S5802
Fatty acids, total monounsaturated	S5802
18:1 t	S5802
18:3 n-6 c,c,c	S5802
Fatty acids, total trans-polyenoic	S5802
15:1	S5802
Sucrose	S5802
Lactose	S5802
Calcium, Ca	S5802
Phosphorus, P	S5802
Pantothenic acid	S5802
Fatty acids, total polyunsaturated	S5802
18:2 t not further defined	S5802
16:1 c	S5802
Fiber, total dietary	S5802
Zinc, Zn	S5802
Manganese, Mn	S5802
Menaquinone-4	S5802
6:0	S5802
12:0	S5802
15:0	S5802
18:2 CLAs	S5802
22:4	S5802

NDB No. 21480 DIGIORNO Pizza, supreme topping, thin crispy crust, frozen, baked

Potassium, K	S5802
Retinol	S5802
Tocopherol, beta	S5802
Vitamin K (phylloquinone)	S5802
4:0	S5802
8:0	S5802
20:4 undifferentiated	S5802
20:5 n-3 (EPA)	S5802
22:1 c	S5802
Total lipid (fat)	S5802
Ash	S5802
Glucose (dextrose)	S5802
Water	S5802
Vitamin E (alpha-tocopherol)	S5802
Tocopherol, gamma	S5802
Vitamin C, total ascorbic acid	S5802
Vitamin B-6	S5802
Cholesterol	S5802
18:2 undifferentiated	S5802
22:0	S5802
14:1	S5802
16:1 undifferentiated	S5802
18:2 n-6 c,c	S5802
17:1	S5802
20:3 undifferentiated	S5802
20:3 n-6	S5802

NDB No. 22118 MORNINGSTAR FARMS Garden Veggie Patties, frozen, unprepared

Total lipid (fat)	S6241
Sodium, Na	S6241
Vitamin A, RAE	S6241
Thiamin	S6241
Cholesterol	S6241
Carbohydrate, by difference	S6241
Niacin	S6241
Protein	S6241

NDB No. 22118 MORNINGSTAR FARMS Garden Veggie Patties, frozen, unprepared

Ash	S6241
Phosphorus, P	S6241
Vitamin C, total ascorbic acid	S6241
Fatty acids, total saturated	S6241
Energy	S6241
Fiber, total dietary	S6241
Water	S6241
Zinc, Zn	S6241
Vitamin A, IU	S6241
Fatty acids, total monounsaturated	S6241
Sugars, total	S6241
Calcium, Ca	S6241
Iron, Fe	S6241
Potassium, K	S6241
Riboflavin	S6241
Vitamin B-6	S6241
Fatty acids, total trans	S6241
Fatty acids, total polyunsaturated	S6241

NDB No. 22120 MORNINGSTAR FARMS Grillers Burger Style Recipe Crumbles, frozen, unprepared

Sugars, total	S6241
Zinc, Zn	S6241
Vitamin A, RAE	S6241
Vitamin C, total ascorbic acid	S6241
Vitamin B-12	S6241
Protein	S6241
Vitamin A, IU	S6241
Energy	S6241
Fiber, total dietary	S6241
Potassium, K	S6241
Vitamin B-6	S6241
Folate, total	S6241
Fatty acids, total trans	S6241
Fatty acids, total polyunsaturated	S6241
Sodium, Na	S6241

NDB No. 22120 MORNINGSTAR FARMS Grillers Burger Style Recipe Crumbles, frozen, unprepared

Fatty acids, total saturated	S6241
Total lipid (fat)	S6241
Water	S6241
Phosphorus, P	S6241
Thiamin	S6241
Carbohydrate, by difference	S6241
Ash	S6241
Calcium, Ca	S6241
Iron, Fe	S6241
Riboflavin	S6241
Cholesterol	S6241
Niacin	S6241
Fatty acids, total monounsaturated	S6241

NDB No. 22121 MORNINGSTAR FARMS Grillers Vegan, frozen, unprepared

Energy	S6241
Calcium, Ca	S6241
Fatty acids, total saturated	S6241
Fatty acids, total polyunsaturated	S6241
Iron, Fe	S6241
Fatty acids, total trans	S6241
Ash	S6241
Sodium, Na	S6241
Vitamin A, RAE	S6241
Protein	S6241
Sugars, total	S6241
Riboflavin	S6241
Potassium, K	S6241
Zinc, Zn	S6241
Vitamin C, total ascorbic acid	S6241
Thiamin	S6241
Cholesterol	S6241
Fatty acids, total monounsaturated	S6241
Total lipid (fat)	S6241
Water	S6241

NDB No. 22121 MORNINGSTAR FARMS Grillers Vegan, frozen, unprepared

Carbohydrate, by difference	S6241
Fiber, total dietary	S6241
Phosphorus, P	S6241
Vitamin A, IU	S6241

NDB No. 22122 MORNINGSTAR FARMS Veggie Breakfast Sausage Patties, frozen, unprepared

Protein	S6241
Total lipid (fat)	S6241
Phosphorus, P	S6241
Thiamin	S6241
Vitamin B-12	S6241
Water	S6241
Niacin	S6241
Sodium, Na	S6241
Zinc, Zn	S6241
Fatty acids, total monounsaturated	S6241
Ash	S6241
Vitamin A, RAE	S6241
Vitamin C, total ascorbic acid	S6241
Vitamin B-6	S6241
Cholesterol	S6241
Fatty acids, total polyunsaturated	S6241
Riboflavin	S6241
Sugars, total	S6241
Fiber, total dietary	S6241
Calcium, Ca	S6241
Iron, Fe	S6241
Potassium, K	S6241
Vitamin A, IU	S6241
Fatty acids, total saturated	S6241
Carbohydrate, by difference	S6241
Energy	S6241
Fatty acids, total trans	S6241

NDB No. 22123 MORNINGSTAR FARMS Spicy Black Bean Burger, frozen, unprepared

NDB No. 22123 MORNINGSTAR FARMS Spicy Black Bean Burger, frozen, unprepared

Ash	S6241
Phosphorus, P	S6241
Potassium, K	S6241
Fatty acids, total trans	S6241
Fatty acids, total polyunsaturated	S6241
Sugars, total	S6241
Magnesium, Mg	S6241
Vitamin A, RAE	S6241
Folate, total	S6241
Calcium, Ca	S6241
Copper, Cu	S6241
Vitamin B-6	S6241
Vitamin A, IU	S6241
Riboflavin	S6241
Carbohydrate, by difference	S6241
Iron, Fe	S6241
Fatty acids, total monounsaturated	S6241
Protein	S6241
Sodium, Na	S6241
Zinc, Zn	S6241
Cholesterol	S6241
Fatty acids, total saturated	S6241
Fiber, total dietary	S6241
Manganese, Mn	S6241
Thiamin	S6241
Vitamin B-12	S6241
Total lipid (fat)	S6241
Energy	S6241
Water	S6241
Vitamin C, total ascorbic acid	S6241
Niacin	S6241

NDB No. 22126 LOMA LINDA Big Franks, canned, unprepared

Protein	S6241
Total lipid (fat)	S6241

NDB No. 22126 LOMA LINDA Big Franks, canned, unprepared

Energy	S6241
Phosphorus, P	S6241
Fiber, total dietary	S6241
Pantothenic acid	S6241
Vitamin C, total ascorbic acid	S6241
Niacin	S6241
Water	S6241
Calcium, Ca	S6241
Iron, Fe	S6241
Sodium, Na	S6241
Vitamin A, IU	S6241
Thiamin	S6241
Fatty acids, total monounsaturated	S6241
Riboflavin	S6241
Zinc, Zn	S6241
Vitamin A, RAE	S6241
Vitamin B-6	S6241
Vitamin B-12	S6241
Fatty acids, total trans	S6241
Carbohydrate, by difference	S6241
Ash	S6241
Sugars, total	S6241
Potassium, K	S6241
Cholesterol	S6241
Fatty acids, total saturated	S6241
Fatty acids, total polyunsaturated	S6241

NDB No. 22247 Macaroni and Cheese, canned entree

Lactose	S20
Magnesium, Mg	S20
Phosphorus, P	S20
Niacin	S20
4:0	S20
18:1 undifferentiated	S20
18:4	S20
15:0	S20

NDB No. 22247 Macaroni and Cheese, canned entree

Ash	S20
Glucose (dextrose)	S20
Potassium, K	S20
Manganese, Mn	S20
12:0	S20
18:2 undifferentiated	S20
20:4 undifferentiated	S20
24:0	S20
20:3 undifferentiated	S20
Sucrose	S20
Fiber, total dietary	S20
Zinc, Zn	S20
Riboflavin	S20
6:0	S20
22:1 undifferentiated	S20
Iron, Fe	S20
16:1 undifferentiated	S20
20:5 n-3 (EPA)	S20
17:1	S20
Water	S20
Galactose	S20
Betaine	S20
Cholesterol	S20
20:0	S20
18:3 undifferentiated	S20
13:0	S20
Protein	S20
Total lipid (fat)	S20
Fructose	S20
Calcium, Ca	S20
Copper, Cu	S20
Thiamin	S20
Choline, total	S20
8:0	S20
14:0	S20
16:0	S20
18:0	S20

NDB No. 22247 Macaroni and Cheese, canned entree

20:1	S20
22:5 n-3 (DPA)	S20
17:0	S20
Pantothenic acid	S20
Vitamin B-12	S20
22:6 n-3 (DHA)	S20
Starch	S20
Maltose	S20
Sugars, total	S20
Selenium, Se	S20
Vitamin C, total ascorbic acid	S20
Vitamin B-6	S20
10:0	S20
22:0	S20
14:1	S20

NDB No. 22529 Beef Pot Pie, frozen entree, prepared

Total lipid (fat)	S2941
Sucrose	S2941
Iron, Fe	S2941
Tocopherol, beta	S2941
Vitamin C, total ascorbic acid	S2941
Isoleucine	S2941
Phenylalanine	S2941
Arginine	S2941
Aspartic acid	S2941
10:0	S2941
20:4 undifferentiated	S2941
22:6 n-3 (DHA)	S2941
14:1	S2941
20:5 n-3 (EPA)	S2941
15:0	S2941
Protein	S2941
Sodium, Na	S2941
Zinc, Zn	S2941
Manganese, Mn	S2941

NDB No. 22529 Beef Pot Pie, frozen entree, prepared

Selenium, Se	S2941
Vitamin B-12	S2941
Dihydrophylloquinone	S2941
Folic acid	S2941
Alanine	S2941
Serine	S2941
8:0	S2941
20:0	S2941
20:1	S2941
22:5 n-3 (DPA)	S2941
Fatty acids, total polyunsaturated	S2941
17:0	S2941
17:1	S2941
22:4	S2941
Lactose	S2941
Vitamin E (alpha-tocopherol)	S2941
Choline, total	S2941
Menaquinone-4	S2941
Tryptophan	S2941
Tyrosine	S2941
Glycine	S2941
21:5	S2941
Maltose	S2941
Water	S2941
Tocopherol, gamma	S2941
Leucine	S2941
Glutamic acid	S2941
Cholesterol	S2941
16:1 undifferentiated	S2941
20:2 n-6 c,c	S2941
Thiamin	S2941
Niacin	S2941
Lysine	S2941
Cystine	S2941
16:0	S2941
18:0	S2941
24:1 c	S2941

NDB No. 22529 Beef Pot Pie, frozen entree, prepared

Fructose	S2941
Magnesium, Mg	S2941
Phosphorus, P	S2941
Pantothenic acid	S2941
Vitamin B-6	S2941
Vitamin K (phylloquinone)	S2941
Folate, food	S2941
Threonine	S2941
Methionine	S2941
12:0	S2941
14:0	S2941
22:0	S2941
Starch	S2941
Fiber, total dietary	S2941
Calcium, Ca	S2941
Betaine	S2941
Proline	S2941
18:2 undifferentiated	S2941
18:3 undifferentiated	S2941
24:0	S2941
15:1	S2941
Ash	S2941
Glucose (dextrose)	S2941
Potassium, K	S2941
Copper, Cu	S2941
Tocopherol, delta	S2941
Riboflavin	S2941
Folate, total	S2941
Valine	S2941
Histidine	S2941
Fatty acids, total saturated	S2941
18:1 undifferentiated	S2941
18:4	S2941
22:1 undifferentiated	S2941
Fatty acids, total monounsaturated	S2941
20:3 undifferentiated	S2941

NDB No. 22537 HOT POCKETS Ham 'N Cheese Stuffed Sandwich, frozen

Lactose	S4921
Calcium, Ca	S4921
Iron, Fe	S4921
Zinc, Zn	S4921
Vitamin B-12	S4921
Methionine	S4921
Arginine	S4921
Proline	S4921
Cholesterol	S4921
14:0	S4921
14:1	S4921
18:4	S4921
Fatty acids, total polyunsaturated	S4921
16:1 t	S4921
18:2 CLAs	S4921
20:3 n-3	S4921
Maltose	S4921
Potassium, K	S4921
Manganese, Mn	S4921
Lysine	S4921
Histidine	S4921
Aspartic acid	S4921
Glutamic acid	S4921
22:1 undifferentiated	S4921
22:1 t	S4921
Sucrose	S4921
Water	S4921
Thiamin	S4921
Niacin	S4921
Menaquinone-4	S4921
Tryptophan	S4921
Cystine	S4921
Valine	S4921
Fatty acids, total trans	S4921
18:0	S4921
22:0	S4921
Fatty acids, total monounsaturated	S4921

NDB No. 22537 HOT POCKETS Ham 'N Cheese Stuffed Sandwich, frozen

17:0	S4921
24:1 c	S4921
18:2 n-6 c,c	S4921
18:3 n-6 c,c,c	S4921
17:1	S4921
20:3 undifferentiated	S4921
Fatty acids, total trans-monoenoic	S4921
20:3 n-6	S4921
Glucose (dextrose)	S4921
Copper, Cu	S4921
Protein	S4921
Fiber, total dietary	S4921
Phosphorus, P	S4921
Selenium, Se	S4921
Riboflavin	S4921
Pantothenic acid	S4921
Alanine	S4921
Serine	S4921
16:1 undifferentiated	S4921
20:1	S4921
15:0	S4921
18:1 t	S4921
20:2 n-6 c,c	S4921
Sugars, total	S4921
Magnesium, Mg	S4921
Isoleucine	S4921
6:0	S4921
12:0	S4921
16:0	S4921
22:5 n-3 (DPA)	S4921
18:1 c	S4921
22:1 c	S4921
15:1	S4921
18:3 n-3 c,c,c (ALA)	S4921
Total lipid (fat)	S4921
Ash	S4921
Fructose	S4921

NDB No. 22537 HOT POCKETS Ham 'N Cheese Stuffed Sandwich, frozen

Threonine	S4921
Leucine	S4921
Glycine	S4921
22:6 n-3 (DHA)	S4921
20:5 n-3 (EPA)	S4921
24:0	S4921
18:2 t not further defined	S4921
16:1 c	S4921
Fatty acids, total trans-polyenoic	S4921
22:4	S4921
Starch	S4921
Galactose	S4921
Vitamin B-6	S4921
Phenylalanine	S4921
Tyrosine	S4921
Fatty acids, total saturated	S4921
4:0	S4921
8:0	S4921
10:0	S4921
20:0	S4921
18:1 undifferentiated	S4921
18:2 undifferentiated	S4921
18:3 undifferentiated	S4921
20:4 undifferentiated	S4921

NDB No. 22903 Pizza, pepperoni topping, regular crust, frozen, cooked

Sucrose	S21
Iron, Fe	S21
Zinc, Zn	S21
Vitamin B-12	S21
18:2 undifferentiated	S21
18:3 undifferentiated	S21
16:1 undifferentiated	S21
Total lipid (fat)	S21
Ash	S21
Calcium, Ca	S21

NDB No. 22903 Pizza, pepperoni topping, regular crust, frozen, cooked

Folate, total	S21
Magnesium, Mg	S21
Phosphorus, P	S21
Thiamin	S21
Betaine	S21
14:0	S21
Protein	S21
Water	S21
Potassium, K	S21
Riboflavin	S21
Choline, total	S21
18:0	S21
Glucose (dextrose)	S21
Fructose	S21
Vitamin B-6	S21
Fatty acids, total saturated	S21
Starch	S21
Maltose	S21
Pantothenic acid	S21
12:0	S21
16:0	S21
Fatty acids, total monounsaturated	S21
Lactose	S21
Fiber, total dietary	S21
Sodium, Na	S21
Copper, Cu	S21
Manganese, Mn	S21
Selenium, Se	S21
Niacin	S21
18:1 undifferentiated	S21
Fatty acids, total polyunsaturated	S21
Vitamin C, total ascorbic acid	S21
Cholesterol	S21

NDB No. 22904 Chili con carne with beans, canned entree

Water	S18

NDB No. 22904 Chili con carne with beans, canned entree

Iron, Fe	S18
Zinc, Zn	S18
Vitamin B-6	S18
Fatty acids, total saturated	S18
Calcium, Ca	S18
Cholesterol	S18
16:0	S18
18:1 undifferentiated	S18
22:1 undifferentiated	S18
Total lipid (fat)	S18
Sodium, Na	S18
Manganese, Mn	S18
Vitamin B-12	S18
20:3 undifferentiated	S18
13:0	S18
Protein	S18
Ash	S18
Thiamin	S18
20:0	S18
17:0	S18
17:1	S18
Phosphorus, P	S18
Potassium, K	S18
Copper, Cu	S18
Pantothenic acid	S18
12:0	S18
18:3 undifferentiated	S18
20:1	S18
Fiber, total dietary	S18
14:0	S18
18:2 undifferentiated	S18
Selenium, Se	S18
Vitamin C, total ascorbic acid	S18
Niacin	S18
Fatty acids, total monounsaturated	S18
15:0	S18
24:0	S18

NDB No. 22904 Chili con carne with beans, canned entree

Starch	S18
Magnesium, Mg	S18
Riboflavin	S18
18:0	S18
20:4 undifferentiated	S18
22:0	S18
14:1	S18
16:1 undifferentiated	S18
Fatty acids, total polyunsaturated	S18

NDB No. 22905 Beef stew, canned entree

Copper, Cu	S18, S3546
Fluoride, F	D5002
Carotene, beta	S3546
Niacin	S18, S3546
Threonine	S18, S3546
Isoleucine	S18, S3546
Aspartic acid	S18, S3546
18:1 undifferentiated	S18, S3546
18:2 undifferentiated	S18, S3546
20:4 undifferentiated	S3546
14:1	S18, S3546
17:0	S18, S3546
20:2 n-6 c,c	S3546
Sucrose	S18, S3546
Calcium, Ca	S18, S3546
Sodium, Na	S18, S3546
Zinc, Zn	S18, S3546
Lutein + zeaxanthin	S3546
Pantothenic acid	S18, S3546
Vitamin B-6	S18, S3546
Choline, total	S18
Cholesterol	S18, S3546
Fatty acids, total saturated	S18, S3546
18:3 undifferentiated	S18, S3546
18:4	S3546

NDB No. 22905 Beef stew, canned entree

20:1	S18, S3546
Glucose (dextrose)	S3546
Fructose	S18, S3546
Iron, Fe	S18, S3546
Tryptophan	S3546
Cystine	S3546
Histidine	S18, S3546
Glycine	S18, S3546
20:3 undifferentiated	S3546
Lactose	S3546
Lycopene	S3546
Tyrosine	S18, S3546
Valine	S18, S3546
22:5 n-3 (DPA)	S3546
24:0	S3546
24:1 c	S3546
Total lipid (fat)	S18, S3546
Starch	S18, S3546
Fiber, total dietary	S3546
Manganese, Mn	S18, S3546
Selenium, Se	S18, S3546
Cryptoxanthin, beta	S3546
Tocopherol, beta	S3546
Tocopherol, delta	S3546
Methionine	S3546
Arginine	S18, S3546
8:0	S3546
12:0	S18, S3546
16:0	S18, S3546
20:0	S18, S3546
Protein	S18, S3546
Water	S18, S3546
Magnesium, Mg	S18, S3546
Phosphorus, P	S18, S3546
Potassium, K	S18, S3546
Carotene, alpha	S3546
Vitamin E (alpha-tocopherol)	S3546

NDB No. 22905 Beef stew, canned entree

Riboflavin	S18, S3546
Vitamin B-12	S18, S3546
Betaine	S18
10:0	S3546
14:0	S18, S3546
18:0	S18, S3546
22:6 n-3 (DHA)	S3546
20:5 n-3 (EPA)	S3546
Fatty acids, total monounsaturated	S18, S3546
15:0	S18, S3546
17:1	S18, S3546
Maltose	S3546
Tocopherol, gamma	S3546
Vitamin C, total ascorbic acid	S18, S3546
Thiamin	S18, S3546
Glutamic acid	S18, S3546
16:1 undifferentiated	S18, S3546
22:1 undifferentiated	S18, S3546
21:5	S3546
Ash	S18, S3546
Leucine	S18, S3546
Lysine	S18, S3546
Phenylalanine	S18, S3546
Alanine	S18, S3546
Proline	S18, S3546
Serine	S18, S3546
22:0	S3546
Fatty acids, total polyunsaturated	S18, S3546
22:4	S3546

NDB No. 22906 Chicken pot pie, frozen entree, prepared

Starch	S2941
Water	S2941
Zinc, Zn	S2941
Tocopherol, delta	S2941
Riboflavin	S2941

NDB No. 22906 Chicken pot pie, frozen entree, prepared

Choline, total	S2941
Tryptophan	S2941
Leucine	S2941
Aspartic acid	S2941
Cholesterol	S2941
Fatty acids, total saturated	S2941
10:0	S2941
12:0	S2941
14:0	S2941
20:0	S2941
18:3 undifferentiated	S2941
17:1	S2941
20:3 undifferentiated	S2941
21:5	S2941
Calcium, Ca	S2941
Phosphorus, P	S2941
Vitamin E (alpha-tocopherol)	S2941
Tocopherol, beta	S2941
Pantothenic acid	S2941
Vitamin B-12	S2941
Folate, food	S2941
Betaine	S2941
Isoleucine	S2941
8:0	S2941
16:1 undifferentiated	S2941
20:2 n-6 c,c	S2941
22:4	S2941
Copper, Cu	S2941
Niacin	S2941
Tyrosine	S2941
18:0	S2941
18:2 undifferentiated	S2941
18:4	S2941
20:1	S2941
22:1 undifferentiated	S2941
22:5 n-3 (DPA)	S2941
Fatty acids, total monounsaturated	S2941

NDB No. 22906 Chicken pot pie, frozen entree, prepared

15:1	S2941
Total lipid (fat)	S2941
Sucrose	S2941
Potassium, K	S2941
Manganese, Mn	S2941
Thiamin	S2941
Threonine	S2941
Methionine	S2941
Cystine	S2941
Histidine	S2941
Alanine	S2941
Glutamic acid	S2941
16:0	S2941
20:4 undifferentiated	S2941
20:5 n-3 (EPA)	S2941
Glucose (dextrose)	S2941
Selenium, Se	S2941
Menaquinone-4	S2941
Dihydrophylloquinone	S2941
Phenylalanine	S2941
Proline	S2941
Serine	S2941
18:1 undifferentiated	S2941
Ash	S2941
Magnesium, Mg	S2941
Sodium, Na	S2941
Tocopherol, gamma	S2941
Folate, total	S2941
Vitamin K (phylloquinone)	S2941
Lysine	S2941
Valine	S2941
Glycine	S2941
Maltose	S2941
Iron, Fe	S2941
Fatty acids, total polyunsaturated	S2941
Protein	S2941
Fructose	S2941

NDB No. 22906 Chicken pot pie, frozen entree, prepared

Lactose	S2941
Fiber, total dietary	S2941
Vitamin C, total ascorbic acid	S2941
Vitamin B-6	S2941
Folic acid	S2941
Arginine	S2941
22:6 n-3 (DHA)	S2941
22:0	S2941
14:1	S2941
15:0	S2941
17:0	S2941
24:0	S2941
24:1 c	S2941

NDB No. 22907 Pasta with meatballs in tomato sauce, canned entree

Folate, total	S19
Vitamin B-12	S19
Isoleucine	S19
Aspartic acid	S19
Glycine	S19
14:0	S19
18:0	S19
18:2 undifferentiated	S19
18:3 undifferentiated	S19
22:0	S19
17:0	S19
20:2 n-6 c,c	S19
20:3 undifferentiated	S19
Selenium, Se	S19
Niacin	S19
Leucine	S19
Lysine	S19
Phenylalanine	S19
Glutamic acid	S19
Glucose (dextrose)	S19
Manganese, Mn	S19

NDB No. 22907 Pasta with meatballs in tomato sauce, canned entree

Vitamin K (phylloquinone)	S19
Valine	S19
Fructose	S19
Sodium, Na	S19
Dihydrophylloquinone	S19
Arginine	S19
Alanine	S19
Cholesterol	S19
Fatty acids, total monounsaturated	S19
Fatty acids, total polyunsaturated	S19
Protein	S19
Water	S19
Iron, Fe	S19
Potassium, K	S19
Threonine	S19
20:1	S19
Maltose	S19
Calcium, Ca	S19
Zinc, Zn	S19
Choline, total	S19
12:0	S19
18:1 undifferentiated	S19
22:1 undifferentiated	S19
Thiamin	S19
Riboflavin	S19
Serine	S19
20:0	S19
20:4 undifferentiated	S19
14:1	S19
16:1 undifferentiated	S19
Total lipid (fat)	S19
Ash	S19
Magnesium, Mg	S19
Copper, Cu	S19
Vitamin B-6	S19
Betaine	S19
Histidine	S19

NDB No. 22907 Pasta with meatballs in tomato sauce, canned entree

Proline	S19
Fatty acids, total saturated	S19
16:0	S19
15:0	S19
17:1	S19

NDB No. 22908 Beef, corned beef hash, with potato, canned

Choline, total	S18

NDB No. 22910 Lasagna, Cheese, frozen, prepared

Ash	S22
Water	S22
Sugars, total	S22
Zinc, Zn	S22
Vitamin C, total ascorbic acid	S22
Niacin	S22
4:0	S22
18:2 undifferentiated	S22
20:4 undifferentiated	S22
20:5 n-3 (EPA)	S22
Fatty acids, total polyunsaturated	S22
24:0	S22
Fiber, total dietary	S22
Calcium, Ca	S22
Selenium, Se	S22
Riboflavin	S22
Folate, total	S22
Arginine	S22
Glycine	S22
Hydroxyproline	S22
Fatty acids, total saturated	S22
22:1 undifferentiated	S22
15:0	S22
Total lipid (fat)	S22
Copper, Cu	S22
Vitamin E (alpha-tocopherol)	S22

NDB No. 22910 Lasagna, Cheese, frozen, prepared

Vitamin B-12	S22
Phenylalanine	S22
Valine	S22
10:0	S22
16:1 undifferentiated	S22
17:0	S22
Iron, Fe	S22
Manganese, Mn	S22
Thiamin	S22
Tryptophan	S22
Serine	S22
Cholesterol	S22
12:0	S22
14:0	S22
Phosphorus, P	S22
Vitamin B-6	S22
Threonine	S22
Alanine	S22
6:0	S22
18:0	S22
14:1	S22
18:4	S22
20:1	S22
Fatty acids, total monounsaturated	S22
Protein	S22
Potassium, K	S22
Vitamin K (phylloquinone)	S22
Isoleucine	S22
Leucine	S22
Tyrosine	S22
Histidine	S22
Aspartic acid	S22
Glutamic acid	S22
16:0	S22
18:1 undifferentiated	S22
22:6 n-3 (DHA)	S22
Magnesium, Mg	S22

NDB No. 22910 Lasagna, Cheese, frozen, prepared

Pantothenic acid	S22
Lysine	S22
Methionine	S22
Cystine	S22
22:0	S22
Sodium, Na	S22
Retinol	S22
Proline	S22
8:0	S22
20:0	S22
18:3 undifferentiated	S22
22:5 n-3 (DPA)	S22

NDB No. 22911 Chili, no beans, canned entree

Starch	S18
Zinc, Zn	S18
Vitamin C, total ascorbic acid	S18
Thiamin	S18
Arginine	S18
Alanine	S18
Aspartic acid	S18
Cholesterol	S18
18:0	S18
14:1	S18
20:1	S18
Fructose	S18
Water	S18
Serine	S18
12:0	S18
16:0	S18
Selenium, Se	S18
Pantothenic acid	S18
Vitamin B-12	S18
Methionine	S18
14:0	S18
18:1 undifferentiated	S18

NDB No. 22911 Chili, no beans, canned entree

18:2 undifferentiated	S18
Fatty acids, total monounsaturated	S18
Fatty acids, total polyunsaturated	S18
17:1	S18
Protein	S18
Total lipid (fat)	S18
Sucrose	S18
Calcium, Ca	S18
Phosphorus, P	S18
Riboflavin	S18
Lysine	S18
Valine	S18
16:1 undifferentiated	S18
22:1 undifferentiated	S18
Sodium, Na	S18
Copper, Cu	S18
Isoleucine	S18
Histidine	S18
Fatty acids, total saturated	S18
20:3 undifferentiated	S18
Ash	S18
Iron, Fe	S18
Magnesium, Mg	S18
Leucine	S18
Phenylalanine	S18
Glycine	S18
22:0	S18
17:0	S18
Potassium, K	S18
Manganese, Mn	S18
Niacin	S18
Threonine	S18
20:0	S18
15:0	S18
Vitamin B-6	S18
Tyrosine	S18
Glutamic acid	S18

NDB No. 22911 Chili, no beans, canned entree

Proline	S18
18:3 undifferentiated	S18
24:0	S18

NDB No. 22912 Spaghetti, with meatballs, canned

Phosphorus, P	S19
Thiamin	S19
Riboflavin	S19
14:1	S19
20:1	S19
Total lipid (fat)	S19
Niacin	S19
Folate, total	S19
20:0	S19
16:1 undifferentiated	S19
Sodium, Na	S19
Vitamin B-6	S19
Fatty acids, total saturated	S19
18:2 undifferentiated	S19
22:0	S19
Fatty acids, total monounsaturated	S19
Fatty acids, total polyunsaturated	S19
Water	S19
Iron, Fe	S19
Copper, Cu	S19
Selenium, Se	S19
18:3 undifferentiated	S19
20:2 n-6 c,c	S19
Calcium, Ca	S19
Vitamin K (phylloquinone)	S19
22:1 undifferentiated	S19
17:1	S19
20:3 undifferentiated	S19
Magnesium, Mg	S19
Vitamin B-12	S19
Choline, total	S19

NDB No. 22912 Spaghetti, with meatballs, canned

15:0	S19
Protein	S19
Starch	S19
Potassium, K	S19
Betaine	S19
Cholesterol	S19
12:0	S19
18:0	S19
18:1 undifferentiated	S19
17:0	S19
Ash	S19
Zinc, Zn	S19
Manganese, Mn	S19
14:0	S19
16:0	S19
20:4 undifferentiated	S19

NDB No. 22914 Pasta with tomato sauce, no meat, canned

18:2 undifferentiated	S19
22:1 undifferentiated	S19
Lactose	S19
Calcium, Ca	S19
Dihydrophylloquinone	S19
14:0	S19
Riboflavin	S19
18:1 undifferentiated	S19
18:3 undifferentiated	S19
Fatty acids, total monounsaturated	S19
Fatty acids, total polyunsaturated	S19
15:0	S19
Glucose (dextrose)	S19
Vitamin K (phylloquinone)	S19
16:0	S19
14:1	S19
17:0	S19
20:3 undifferentiated	S19

NDB No. 22914 Pasta with tomato sauce, no meat, canned

Maltose	S19
Iron, Fe	S19
Selenium, Se	S19
12:0	S19
22:0	S19
20:1	S19
17:1	S19
Total lipid (fat)	S19
Starch	S19
Phosphorus, P	S19
16:1 undifferentiated	S19
20:2 n-6 c,c	S19
Water	S19
Zinc, Zn	S19
Copper, Cu	S19
Manganese, Mn	S19
Thiamin	S19
Niacin	S19
Vitamin B-6	S19
Fatty acids, total saturated	S19
10:0	S19
18:0	S19
Protein	S19
Ash	S19
Fructose	S19
Magnesium, Mg	S19
Potassium, K	S19
Folate, total	S19

NDB No. 22915 Lasagna with meat & sauce, low-fat, frozen entree

Niacin	S19
Folate, total	S19
8:0	S19
14:1	S19
Pantothenic acid	S19
10:0	S19

NDB No. 22915 Lasagna with meat & sauce, low-fat, frozen entree

Fatty acids, total monounsaturated	S19
13:0	S19
Total lipid (fat)	S19
Manganese, Mn	S19
Vitamin C, total ascorbic acid	S19
Riboflavin	S19
12:0	S19
18:3 undifferentiated	S19
17:0	S19
Calcium, Ca	S19
Zinc, Zn	S19
Selenium, Se	S19
Fructose	S19
Iron, Fe	S19
Magnesium, Mg	S19
Phosphorus, P	S19
Sodium, Na	S19
Fatty acids, total saturated	S19
14:0	S19
18:2 undifferentiated	S19
17:1	S19
Glucose (dextrose)	S19
Water	S19
Copper, Cu	S19
Thiamin	S19
18:0	S19
22:1 undifferentiated	S19
Starch	S19
Sucrose	S19
Potassium, K	S19
Cholesterol	S19
16:0	S19
20:0	S19
18:1 undifferentiated	S19
16:1 undifferentiated	S19
Fatty acids, total polyunsaturated	S19
15:0	S19

NDB No. 22915 Lasagna with meat & sauce, low-fat, frozen entree

Protein	S19
Ash	S19
Fiber, total dietary	S19
Vitamin B-6	S19
Vitamin B-12	S19
22:0	S19
20:3 undifferentiated	S19

NDB No. 22916 Lasagna with meat & sauce, frozen entree

Magnesium, Mg	S19
Riboflavin	S19
18:0	S19
18:1 undifferentiated	S19
22:0	S19
Ash	S19
Copper, Cu	S19
Iron, Fe	S19
Vitamin C, total ascorbic acid	S19
Folate, total	S19
16:1 undifferentiated	S19
20:1	S19
17:1	S19
13:0	S19
Starch	S19
Phosphorus, P	S19
Sodium, Na	S19
Zinc, Zn	S19
Cholesterol	S19
Fatty acids, total saturated	S19
8:0	S19
Fatty acids, total polyunsaturated	S19
Fiber, total dietary	S19
Calcium, Ca	S19
Potassium, K	S19
Manganese, Mn	S19
Vitamin B-6	S19

NDB No. 22916 Lasagna with meat & sauce, frozen entree

Vitamin B-12	S19
16:0	S19
20:0	S19
18:2 undifferentiated	S19
22:1 undifferentiated	S19
Protein	S19
Selenium, Se	S19
Pantothenic acid	S19
14:1	S19
Niacin	S19
10:0	S19
12:0	S19
Fatty acids, total monounsaturated	S19
17:0	S19
20:3 undifferentiated	S19
Total lipid (fat)	S19
Water	S19
Thiamin	S19
14:0	S19
18:3 undifferentiated	S19
15:0	S19
24:0	S19

NDB No. 22917 Burrito, beef and bean, frozen

Starch	S23
Vitamin B-6	S23
12:0	S23
18:1 undifferentiated	S23
20:1	S23
20:5 n-3 (EPA)	S23
22:5 n-3 (DPA)	S23
15:0	S23
24:0	S23
Ash	S23
Fiber, total dietary	S23
Vitamin K (phylloquinone)	S23

NDB No. 22917 Burrito, beef and bean, frozen

20:0	S23
18:4	S23
Total lipid (fat)	S23
Iron, Fe	S23
Phosphorus, P	S23
Selenium, Se	S23
Dihydrophylloquinone	S23
22:6 n-3 (DHA)	S23
14:1	S23
Magnesium, Mg	S23
17:0	S23
Zinc, Zn	S23
10:0	S23
18:0	S23
18:2 undifferentiated	S23
22:0	S23
Water	S23
6:0	S23
14:0	S23
18:3 undifferentiated	S23
20:4 undifferentiated	S23
16:1 undifferentiated	S23
Potassium, K	S23
Manganese, Mn	S23
Cholesterol	S23
4:0	S23
8:0	S23
22:1 undifferentiated	S23
Calcium, Ca	S23
Sodium, Na	S23
Copper, Cu	S23
Retinol	S23
Riboflavin	S23
Pantothenic acid	S23
Folate, total	S23
16:0	S23

NDB No. 22918 Burrito, bean and cheese, frozen

Starch	S23
Maltose	S23
Water	S23
Fiber, total dietary	S23
Iron, Fe	S23
Riboflavin	S23
Total lipid (fat)	S23
Glucose (dextrose)	S23
Galactose	S23
Vitamin B-6	S23
10:0	S23
20:0	S23
Fructose	S23
Copper, Cu	S23
18:1 undifferentiated	S23
18:2 undifferentiated	S23
22:0	S23
16:1 undifferentiated	S23
Potassium, K	S23
Sodium, Na	S23
Manganese, Mn	S23
6:0	S23
12:0	S23
20:4 undifferentiated	S23
20:5 n-3 (EPA)	S23
Ash	S23
Lactose	S23
Sugars, total	S23
Magnesium, Mg	S23
Fatty acids, total saturated	S23
22:6 n-3 (DHA)	S23
Fatty acids, total polyunsaturated	S23
24:0	S23
Sucrose	S23
4:0	S23
14:1	S23
18:4	S23

NDB No. 22918 Burrito, bean and cheese, frozen

22:1 undifferentiated	S23
22:5 n-3 (DPA)	S23
Selenium, Se	S23
8:0	S23
14:0	S23
18:0	S23
18:3 undifferentiated	S23
20:1	S23
Fatty acids, total monounsaturated	S23
15:0	S23
17:0	S23
Protein	S23
Calcium, Ca	S23
Phosphorus, P	S23
Zinc, Zn	S23
Folate, total	S23
Vitamin K (phylloquinone)	S23
16:0	S23

NDB No. 22919 Macaroni and Cheese, canned, microwaveable

Fiber, total dietary	S20
Potassium, K	S20
Niacin	S20
Pantothenic acid	S20
16:0	S20
22:5 n-3 (DPA)	S20
17:0	S20
24:0	S20
20:2 n-6 c,c	S20
17:1	S20
Total lipid (fat)	S20
Sucrose	S20
Sugars, total	S20
Magnesium, Mg	S20
Phosphorus, P	S20
Manganese, Mn	S20

NDB No. 22919 Macaroni and Cheese, canned, microwaveable

18:3 undifferentiated	S20
Vitamin B-6	S20
Cholesterol	S20
14:0	S20
16:1 undifferentiated	S20
18:4	S20
20:1	S20
15:0	S20
Maltose	S20
Water	S20
8:0	S20
10:0	S20
22:6 n-3 (DHA)	S20
Starch	S20
Zinc, Zn	S20
6:0	S20
18:2 undifferentiated	S20
20:4 undifferentiated	S20
22:0	S20
14:1	S20
Protein	S20
Ash	S20
Galactose	S20
Calcium, Ca	S20
Riboflavin	S20
Vitamin B-12	S20
18:1 undifferentiated	S20
Glucose (dextrose)	S20
Fructose	S20
Selenium, Se	S20
22:1 undifferentiated	S20
13:0	S20
Lactose	S20
Iron, Fe	S20
Sodium, Na	S20
Copper, Cu	S20
Vitamin C, total ascorbic acid	S20

NDB No. 22919 Macaroni and Cheese, canned, microwaveable

Thiamin	S20
4:0	S20
12:0	S20
18:0	S20
20:0	S20
20:5 n-3 (EPA)	S20
20:3 undifferentiated	S20

NDB No. 22927 Burrito, bean and cheese, microwaved

Sucrose	S23
Calcium, Ca	S23
Folate, total	S23
14:0	S23
18:3 undifferentiated	S23
20:1	S23
20:5 n-3 (EPA)	S23
24:0	S23
Ash	S23
Glucose (dextrose)	S23
Lactose	S23
Water	S23
Choline, total	S23
4:0	S23
22:1 undifferentiated	S23
Fructose	S23
Fiber, total dietary	S23
Copper, Cu	S23
Pantothenic acid	S23
Vitamin B-6	S23
16:0	S23
20:4 undifferentiated	S23
22:6 n-3 (DHA)	S23
22:0	S23
16:1 undifferentiated	S23
18:4	S23
15:0	S23

NDB No. 22927 Burrito, bean and cheese, microwaved

Protein	S23
Total lipid (fat)	S23
Iron, Fe	S23
Magnesium, Mg	S23
Riboflavin	S23
Cholesterol	S23
6:0	S23
12:0	S23
20:0	S23
14:1	S23
Manganese, Mn	S23
Selenium, Se	S23
Betaine	S23
8:0	S23
18:0	S23
17:0	S23
Sugars, total	S23
Galactose	S23
Phosphorus, P	S23
Potassium, K	S23
Sodium, Na	S23
18:2 undifferentiated	S23
22:5 n-3 (DPA)	S23
Starch	S23
Maltose	S23
Zinc, Zn	S23
10:0	S23
18:1 undifferentiated	S23

NDB No. 22928 Burrito, beef and bean, microwaved

Iron, Fe	S23
Zinc, Zn	S23
Selenium, Se	S23
Dihydrophylloquinone	S23
Vitamin K (phylloquinone)	S23
Betaine	S23

NDB No. 22928 Burrito, beef and bean, microwaved

22:0	S23
24:0	S23
Total lipid (fat)	S23
Ash	S23
Calcium, Ca	S23
8:0	S23
14:1	S23
18:4	S23
20:1	S23
22:1 undifferentiated	S23
Fatty acids, total monounsaturated	S23
Galactose	S23
4:0	S23
20:0	S23
18:2 undifferentiated	S23
20:4 undifferentiated	S23
20:5 n-3 (EPA)	S23
Fatty acids, total polyunsaturated	S23
10:0	S23
Starch	S23
Fructose	S23
Water	S23
Copper, Cu	S23
Pantothenic acid	S23
Folate, total	S23
18:3 undifferentiated	S23
16:1 undifferentiated	S23
Sugars, total	S23
Sodium, Na	S23
Manganese, Mn	S23
Riboflavin	S23
6:0	S23
18:1 undifferentiated	S23
22:6 n-3 (DHA)	S23
Glucose (dextrose)	S23
Magnesium, Mg	S23

NDB No. 22928 Burrito, beef and bean, microwaved

Potassium, K	S23
Choline, total	S23
Cholesterol	S23
Fatty acids, total saturated	S23
14:0	S23
16:0	S23
18:0	S23
15:0	S23
17:0	S23
Protein	S23
Sucrose	S23
Lactose	S23
Maltose	S23
Fiber, total dietary	S23
Phosphorus, P	S23
Vitamin B-6	S23
12:0	S23
22:5 n-3 (DPA)	S23

NDB No. 22929 CAMPBELL Soup Company, SPAGHETTIOS, Mini Beef Ravioli in Meat Sauce

Water	S3921

NDB No. 22930 CAMPBELL Soup Company, SPAGHETTIOS, Spaghetti in Tomato & Cheese Sauce

Water	S3921

NDB No. 22931 CAMPBELL Soup Company, SPAGHETTIOS, SpaghettiOs Original

Water	S3921

NDB No. 22932 CAMPBELL Soup Company, SPAGHETTIOS, SpaghettiOs A to Z's

Water	S3921

NDB No. 22937 CAMPBELL Soup Company, SPAGHETTIOS, SpaghettiOs in Meat Sauce

Water	S3921

NDB No. 22938 CAMPBELL Soup Company, SPAGHETTIOS, SpaghettiOs plus Calcium

Water S3921

NDB No. 22939 CAMPBELL Soup Company, SPAGHETTIOS, SpaghettiOs RavioliOs Beef Ravioli in Meat Sauce

Water S3921

NDB No. 22940 CAMPBELL Soup Company, SPAGHETTIOS, SpaghettiO's with Meatballs

Water S3921

NDB No. 22941 CAMPBELL Soup Company, SPAGHETTIOS, SpaghettiO's with Sliced Franks

Water S3921

NDB No. 22942 CAMPBELL Soup Company, SPAGHETTIOS, SpaghettiOs A to Z's with Meatballs

Water S3921

NDB No. 22943 CAMPBELL Soup Company, SUPPER BAKES MEAL KITS, Cheesy Chicken with pasta (chicken not included)

Water S3921

NDB No. 22944 CAMPBELL Soup Company, SUPPER BAKES MEAL KITS, Creamy Stroganoff Sauce with pasta

Water S3921

NDB No. 22945 CAMPBELL Soup Company, SUPPER BAKES MEAL KITS, Garlic Chicken with pasta (chicken not included)

Water S3921

NDB No. 22946 CAMPBELL Soup Company, SUPPER BAKES MEAL KITS, Herb Chicken with rice (chicken not included)

Water S3921

NDB No. 22947 CAMPBELL Soup Company, SUPPER BAKES MEAL KITS, Lemon Chicken with herb rice (chicken not included)

Water S3921

NDB No. 22948 CAMPBELL Soup Company, SUPPER BAKES MEAL KITS, Savory Pork Chops with herb stuffing (pork chop not included)

Water	S3921

NDB No. 22949 CAMPBELL Soup Company, SUPPER BAKES MEAL KITS, Southwestern-Style Chicken w/rice (chicken not included)

Water	S3921

NDB No. 22950 CAMPBELL Soup Company, SUPPER BAKES MEAL KITS, Traditional Roast Chicken with stuffing (chicken not included)

Water	S3921

NDB No. 22951 CAMPBELL Soup Company, SWANSON, Chicken A La King

Water	S3921

NDB No. 22952 CAMPBELL Soup Company, SWANSON, Chicken and Dumplings

Water	S3921

NDB No. 22953 Egg rolls, pork, refrigerated, heated

Starch	S3558
Calcium, Ca	S3558
Vitamin E (alpha-tocopherol)	S3558
Thiamin	S3558
17:1	S3558
22:4	S3558
Protein	S3558
Zinc, Zn	S3558
Selenium, Se	S3558
Riboflavin	S3558
Tryptophan	S3558
Leucine	S3558
Cystine	S3558
Tyrosine	S3558
Cholesterol	S3558
14:0	S3558
20:0	S3558

NDB No. 22953 Egg rolls, pork, refrigerated, heated

Sodium, Na	S3558
Niacin	S3558
Pantothenic acid	S3558
Glycine	S3558
Fatty acids, total monounsaturated	S3558
20:3 undifferentiated	S3558
15:1	S3558
Maltose	S3558
Magnesium, Mg	S3558
Tocopherol, delta	S3558
Vitamin B-6	S3558
Vitamin B-12	S3558
Isoleucine	S3558
Arginine	S3558
16:0	S3558
18:2 undifferentiated	S3558
22:0	S3558
14:1	S3558
20:5 n-3 (EPA)	S3558
24:0	S3558
24:1 c	S3558
Total lipid (fat)	S3558
Sugars, total	S3558
Fiber, total dietary	S3558
Iron, Fe	S3558
Copper, Cu	S3558
Tocopherol, beta	S3558
Glutamic acid	S3558
Proline	S3558
12:0	S3558
18:3 undifferentiated	S3558
22:6 n-3 (DHA)	S3558
17:0	S3558
Sucrose	S3558
Lactose	S3558
Potassium, K	S3558
Threonine	S3558

NDB No. 22953 Egg rolls, pork, refrigerated, heated

Lysine	S3558
Valine	S3558
Histidine	S3558
Alanine	S3558
Serine	S3558
18:0	S3558
Fatty acids, total polyunsaturated	S3558
Ash	S3558
Glucose (dextrose)	S3558
Fructose	S3558
Water	S3558
Fatty acids, total saturated	S3558
8:0	S3558
10:0	S3558
18:1 undifferentiated	S3558
18:4	S3558
20:1	S3558
Galactose	S3558
Phosphorus, P	S3558
Manganese, Mn	S3558
Tocopherol, gamma	S3558
Vitamin K (phylloquinone)	S3558
Methionine	S3558
Phenylalanine	S3558
Aspartic acid	S3558
4:0	S3558
6:0	S3558
20:4 undifferentiated	S3558
16:1 undifferentiated	S3558
22:1 undifferentiated	S3558
22:5 n-3 (DPA)	S3558
15:0	S3558
20:2 n-6 c,c	S3558

NDB No. 22954 Egg rolls, chicken, refrigerated, heated

Ash	S3558

NDB No. 22954 Egg rolls, chicken, refrigerated, heated

Sucrose	S3558
Sodium, Na	S3558
Lysine	S3558
Tyrosine	S3558
Histidine	S3558
Proline	S3558
14:0	S3558
18:0	S3558
20:0	S3558
16:1 undifferentiated	S3558
22:5 n-3 (DPA)	S3558
15:0	S3558
17:1	S3558
Total lipid (fat)	S3558
Galactose	S3558
Tocopherol, gamma	S3558
Tocopherol, delta	S3558
Riboflavin	S3558
Pantothenic acid	S3558
Isoleucine	S3558
Methionine	S3558
Phenylalanine	S3558
Arginine	S3558
8:0	S3558
18:2 undifferentiated	S3558
20:4 undifferentiated	S3558
15:1	S3558
22:4	S3558
Glucose (dextrose)	S3558
Sugars, total	S3558
Zinc, Zn	S3558
Tryptophan	S3558
Leucine	S3558
Cystine	S3558
Serine	S3558
Fatty acids, total saturated	S3558
Fructose	S3558

NDB No. 22954 Egg rolls, chicken, refrigerated, heated

Maltose	S3558
Calcium, Ca	S3558
Selenium, Se	S3558
Thiamin	S3558
Vitamin B-6	S3558
Vitamin B-12	S3558
20:1	S3558
24:0	S3558
Potassium, K	S3558
Copper, Cu	S3558
Vitamin E (alpha-tocopherol)	S3558
Tocopherol, beta	S3558
Niacin	S3558
Valine	S3558
18:3 undifferentiated	S3558
14:1	S3558
Fatty acids, total monounsaturated	S3558
Starch	S3558
Vitamin K (phylloquinone)	S3558
Alanine	S3558
Glutamic acid	S3558
4:0	S3558
10:0	S3558
18:1 undifferentiated	S3558
20:2 n-6 c,c	S3558
Protein	S3558
Lactose	S3558
Iron, Fe	S3558
Magnesium, Mg	S3558
Phosphorus, P	S3558
Threonine	S3558
6:0	S3558
16:0	S3558
18:4	S3558
20:5 n-3 (EPA)	S3558
22:1 undifferentiated	S3558
Fatty acids, total polyunsaturated	S3558

NDB No. 22954 Egg rolls, chicken, refrigerated, heated

17:0	S3558
Water	S3558
Fiber, total dietary	S3558
Manganese, Mn	S3558
Aspartic acid	S3558
Glycine	S3558
Cholesterol	S3558
12:0	S3558
22:6 n-3 (DHA)	S3558
22:0	S3558
20:3 undifferentiated	S3558

NDB No. 22955 Egg rolls, vegetable, refrigerated, heated

Starch	S3558
Sucrose	S3558
Calcium, Ca	S3558
Manganese, Mn	S3558
Tocopherol, beta	S3558
Thiamin	S3558
Vitamin B-6	S3558
Vitamin K (phylloquinone)	S3558
Aspartic acid	S3558
6:0	S3558
10:0	S3558
18:0	S3558
18:1 undifferentiated	S3558
Fatty acids, total polyunsaturated	S3558
Total lipid (fat)	S3558
Iron, Fe	S3558
Potassium, K	S3558
Sodium, Na	S3558
Vitamin E (alpha-tocopherol)	S3558
Lysine	S3558
Valine	S3558
Arginine	S3558
Fatty acids, total saturated	S3558

NDB No. 22955 Egg rolls, vegetable, refrigerated, heated

22:6 n-3 (DHA)	S3558
Fiber, total dietary	S3558
Phosphorus, P	S3558
Zinc, Zn	S3558
Tocopherol, delta	S3558
Riboflavin	S3558
4:0	S3558
12:0	S3558
22:0	S3558
15:1	S3558
Lactose	S3558
Galactose	S3558
Tryptophan	S3558
Histidine	S3558
Proline	S3558
20:5 n-3 (EPA)	S3558
Protein	S3558
Sugars, total	S3558
Selenium, Se	S3558
Niacin	S3558
Isoleucine	S3558
Phenylalanine	S3558
Tyrosine	S3558
20:0	S3558
18:2 undifferentiated	S3558
16:1 undifferentiated	S3558
Fatty acids, total monounsaturated	S3558
20:2 n-6 c,c	S3558
22:4	S3558
Ash	S3558
Magnesium, Mg	S3558
Copper, Cu	S3558
Vitamin B-12	S3558
Threonine	S3558
Methionine	S3558
Serine	S3558
20:4 undifferentiated	S3558

NDB No. 22955 Egg rolls, vegetable, refrigerated, heated

20:1	S3558
22:1 undifferentiated	S3558
17:0	S3558
Fructose	S3558
Pantothenic acid	S3558
Cystine	S3558
Alanine	S3558
Glycine	S3558
Cholesterol	S3558
14:0	S3558
18:3 undifferentiated	S3558
22:5 n-3 (DPA)	S3558
24:0	S3558
17:1	S3558
Glucose (dextrose)	S3558
Maltose	S3558
Water	S3558
Tocopherol, gamma	S3558
Leucine	S3558
Glutamic acid	S3558
8:0	S3558
16:0	S3558
14:1	S3558
18:4	S3558
15:0	S3558
20:3 undifferentiated	S3558

NDB No. 22956 Lasagna, Vegetable, frozen, baked

Protein	S3546
Calcium, Ca	S3546
Potassium, K	S3546
Selenium, Se	S3546
Thiamin	S3546
Vitamin B-6	S3546
22:0	S3546
20:1	S3546

NDB No. 22956 Lasagna, Vegetable, frozen, baked

22:5 n-3 (DPA)	S3546
20:3 undifferentiated	S3546
Cholesterol	S3546
20:0	S3546
20:2 n-6 c,c	S3546
Vitamin B-12	S3546
22:6 n-3 (DHA)	S3546
15:0	S3546
Sodium, Na	S3546
Copper, Cu	S3546
Niacin	S3546
10:0	S3546
12:0	S3546
14:0	S3546
16:1 undifferentiated	S3546
22:1 undifferentiated	S3546
17:0	S3546
24:0	S3546
22:4	S3546
Zinc, Zn	S3546
Manganese, Mn	S3546
8:0	S3546
18:1 undifferentiated	S3546
20:5 n-3 (EPA)	S3546
Ash	S3546
Phosphorus, P	S3546
Riboflavin	S3546
18:2 undifferentiated	S3546
17:1	S3546
15:1	S3546
Water	S3546
Iron, Fe	S3546
16:0	S3546
18:0	S3546
18:3 undifferentiated	S3546
18:4	S3546
24:1 c	S3546

NDB No. 22956 Lasagna, Vegetable, frozen, baked

Total lipid (fat)	S3546
Magnesium, Mg	S3546
Pantothenic acid	S3546
20:4 undifferentiated	S3546
14:1	S3546
21:5	S3546

NDB No. 22957 Turkey, stuffing, mashed potatoes w/gravy, assorted vegetables, frozen, microwaved

Folate, total	S3546
20:0	S3546
22:0	S3546
20:5 n-3 (EPA)	S3546
20:2 n-6 c,c	S3546
17:1	S3546
Thiamin	S3546
Riboflavin	S3546
Pantothenic acid	S3546
Folate, food	S3546
Phenylalanine	S3546
Aspartic acid	S3546
Fatty acids, total monounsaturated	S3546
15:1	S3546
Total lipid (fat)	S3546
Lactose	S3546
Water	S3546
Magnesium, Mg	S3546
Tocopherol, beta	S3546
Tocopherol, delta	S3546
Lysine	S3546
12:0	S3546
18:0	S3546
16:1 undifferentiated	S3546
15:0	S3546
20:3 undifferentiated	S3546
Sucrose	S3546

NDB No. 22957 Turkey, stuffing, mashed potatoes w/gravy, assorted vegetables, frozen, microwaved

Glucose (dextrose)	S3546
Fructose	S3546
Calcium, Ca	S3546
Iron, Fe	S3546
Potassium, K	S3546
Glycine	S3546
8:0	S3546
18:3 undifferentiated	S3546
22:6 n-3 (DHA)	S3546
22:5 n-3 (DPA)	S3546
Fiber, total dietary	S3546
Tryptophan	S3546
Threonine	S3546
Methionine	S3546
Histidine	S3546
Proline	S3546
20:4 undifferentiated	S3546
17:0	S3546
21:5	S3546
Protein	S3546
Copper, Cu	S3546
Selenium, Se	S3546
Vitamin E (alpha-tocopherol)	S3546
Tocopherol, gamma	S3546
Folic acid	S3546
Leucine	S3546
18:2 undifferentiated	S3546
14:1	S3546
18:4	S3546
Ash	S3546
Maltose	S3546
Phosphorus, P	S3546
Zinc, Zn	S3546
Choline, total	S3546
Vitamin K (phylloquinone)	S3546
Isoleucine	S3546
Valine	S3546

NDB No. 22957 Turkey, stuffing, mashed potatoes w/gravy, assorted vegetables, frozen, microwaved

Alanine	S3546
Cholesterol	S3546
18:1 undifferentiated	S3546
22:1 undifferentiated	S3546
24:0	S3546
Sodium, Na	S3546
Manganese, Mn	S3546
Vitamin C, total ascorbic acid	S3546
Niacin	S3546
Vitamin B-6	S3546
Vitamin B-12	S3546
Betaine	S3546
Cystine	S3546
Tyrosine	S3546
Arginine	S3546
Glutamic acid	S3546
Serine	S3546
Fatty acids, total saturated	S3546
10:0	S3546
14:0	S3546
16:0	S3546
20:1	S3546
Fatty acids, total polyunsaturated	S3546
24:1 c	S3546
22:4	S3546

NDB No. 22958 Rice bowl with chicken, frozen entree, prepared (includes fried, teriyaki, and sweet and sour varieties)

Riboflavin	S2941
Threonine	S2941
Methionine	S2941
Serine	S2941
8:0	S2941
22:0	S2941
16:1 undifferentiated	S2941
Fatty acids, total monounsaturated	S2941

NDB No. 22958 Rice bowl with chicken, frozen entree, prepared (includes fried, teriyaki, and sweet and sour varieties)

Glucose (dextrose)	S2941
Maltose	S2941
Zinc, Zn	S2941
Manganese, Mn	S2941
Lysine	S2941
Phenylalanine	S2941
Valine	S2941
Histidine	S2941
Alanine	S2941
Proline	S2941
Lactose	S2941
Phosphorus, P	S2941
Tocopherol, beta	S2941
Pantothenic acid	S2941
Tryptophan	S2941
14:0	S2941
20:5 n-3 (EPA)	S2941
21:5	S2941
Protein	S2941
Total lipid (fat)	S2941
Sugars, total	S2941
Magnesium, Mg	S2941
Niacin	S2941
Vitamin B-6	S2941
Folate, food	S2941
Betaine	S2941
Leucine	S2941
Cystine	S2941
Arginine	S2941
16:0	S2941
18:1 undifferentiated	S2941
14:1	S2941
22:1 undifferentiated	S2941
Fatty acids, total polyunsaturated	S2941
15:0	S2941
17:0	S2941
20:2 n-6 c,c	S2941

NDB No. 22958 Rice bowl with chicken, frozen entree, prepared (includes fried, teriyaki, and sweet and sour varieties)

Copper, Cu	S2941
Vitamin E (alpha-tocopherol)	S2941
Tocopherol, gamma	S2941
Isoleucine	S2941
Aspartic acid	S2941
20:4 undifferentiated	S2941
Starch	S2941
Water	S2941
Iron, Fe	S2941
Potassium, K	S2941
Sodium, Na	S2941
Selenium, Se	S2941
Vitamin C, total ascorbic acid	S2941
Choline, total	S2941
Vitamin K (phylloquinone)	S2941
Tyrosine	S2941
Glutamic acid	S2941
Glycine	S2941
12:0	S2941
18:2 undifferentiated	S2941
18:3 undifferentiated	S2941
22:6 n-3 (DHA)	S2941
20:1	S2941
22:5 n-3 (DPA)	S2941
24:0	S2941
22:4	S2941
Ash	S2941
Galactose	S2941
Tocopherol, delta	S2941
Thiamin	S2941
Vitamin B-12	S2941
Dihydrophylloquinone	S2941
Fatty acids, total saturated	S2941
10:0	S2941
24:1 c	S2941
15:1	S2941
Sucrose	S2941

NDB No. 22958 Rice bowl with chicken, frozen entree, prepared (includes fried, teriyaki, and sweet and sour varieties)

Fructose	S2941
Fiber, total dietary	S2941
Calcium, Ca	S2941
Folate, total	S2941
Menaquinone-4	S2941
Folic acid	S2941
Cholesterol	S2941
18:0	S2941
20:0	S2941
18:4	S2941
17:1	S2941
20:3 undifferentiated	S2941

NDB No. 22959 Macaroni and cheese dinner with dry sauce mix, boxed, uncooked

Protein	S20
Glucose (dextrose)	S20
Maltose	S20
Copper, Cu	S20
Vitamin B-6	S20
Cystine	S20
Arginine	S20
10:0	S20
Threonine	S20
Isoleucine	S20
Glycine	S20
Cholesterol	S20
4:0	S20
18:0	S20
18:1 undifferentiated	S20
18:2 undifferentiated	S20
20:4 undifferentiated	S20
22:6 n-3 (DHA)	S20
22:0	S20
14:1	S20
22:1 undifferentiated	S20
Magnesium, Mg	S20

NDB No. 22959 Macaroni and cheese dinner with dry sauce mix, boxed, uncooked

Sodium, Na	S20
Lysine	S20
Phenylalanine	S20
Serine	S20
8:0	S20
12:0	S20
20:5 n-3 (EPA)	S20
Water	S20
Galactose	S20
Phosphorus, P	S20
Manganese, Mn	S20
Tyrosine	S20
Glutamic acid	S20
20:0	S20
Total lipid (fat)	S20
Starch	S20
Fiber, total dietary	S20
Iron, Fe	S20
Selenium, Se	S20
Tryptophan	S20
Methionine	S20
Histidine	S20
6:0	S20
18:4	S20
15:0	S20
17:0	S20
24:0	S20
Sucrose	S20
Lactose	S20
Thiamin	S20
Riboflavin	S20
Leucine	S20
22:5 n-3 (DPA)	S20
Ash	S20
Fructose	S20
Calcium, Ca	S20
Niacin	S20

NDB No. 22959 Macaroni and cheese dinner with dry sauce mix, boxed, uncooked

Vitamin B-12	S20
Valine	S20
Alanine	S20
Aspartic acid	S20
14:0	S20
16:0	S20
18:3 undifferentiated	S20
16:1 undifferentiated	S20
Sugars, total	S20
Potassium, K	S20
Zinc, Zn	S20
Vitamin C, total ascorbic acid	S20
Pantothenic acid	S20
Proline	S20
20:1	S20

NDB No. 22960 Macaroni and cheese dinner with dry sauce mix, boxed, prepared with 2% milk and 60% vegetable oil spread

Starch	S20
Lactose	S20
Phosphorus, P	S20
Glutamic acid	S20
20:4 undifferentiated	S20
20:5 n-3 (EPA)	S20
22:1 undifferentiated	S20
Potassium, K	S20
Tryptophan	S20
17:1	S20
Fructose	S20
Fiber, total dietary	S20
Leucine	S20
20:0	S20
20:1	S20
22:5 n-3 (DPA)	S20
Sugars, total	S20
Threonine	S20
Proline	S20

NDB No. 22960 Macaroni and cheese dinner with dry sauce mix, boxed, prepared with 2% milk and 60% vegetable oil spread

10:0	S20
12:0	S20
22:6 n-3 (DHA)	S20
17:0	S20
Iron, Fe	S20
Zinc, Zn	S20
Thiamin	S20
Tyrosine	S20
Arginine	S20
14:0	S20
18:1 undifferentiated	S20
18:2 undifferentiated	S20
22:0	S20
16:1 undifferentiated	S20
Water	S20
Calcium, Ca	S20
Magnesium, Mg	S20
Vitamin C, total ascorbic acid	S20
Riboflavin	S20
Pantothenic acid	S20
Vitamin B-6	S20
Choline, total	S20
Betaine	S20
Phenylalanine	S20
Alanine	S20
Aspartic acid	S20
Cholesterol	S20
Fatty acids, total saturated	S20
4:0	S20
6:0	S20
18:3 undifferentiated	S20
14:1	S20
18:4	S20
Sucrose	S20
Glucose (dextrose)	S20
Maltose	S20
Sodium, Na	S20

NDB No. 22960 Macaroni and cheese dinner with dry sauce mix, boxed, prepared with 2% milk and 60% vegetable oil spread

Vitamin B-12	S20
Isoleucine	S20
Lysine	S20
Methionine	S20
18:0	S20
Protein	S20
Total lipid (fat)	S20
Ash	S20
Galactose	S20
Copper, Cu	S20
Manganese, Mn	S20
Selenium, Se	S20
Niacin	S20
Dihydrophylloquinone	S20
Vitamin K (phylloquinone)	S20
Cystine	S20
Valine	S20
Histidine	S20
Glycine	S20
Serine	S20
8:0	S20
16:0	S20
15:0	S20
24:0	S20

NDB No. 22961 HOT POCKETS, meatballs & mozzarella stuffed sandwich, frozen

Sugars, total	S4921
Manganese, Mn	S4921
Methionine	S4921
Phenylalanine	S4921
16:0	S4921
16:1 c	S4921
22:1 c	S4921
Phosphorus, P	S4921
Potassium, K	S4921
Zinc, Zn	S4921

NDB No. 22961 HOT POCKETS, meatballs & mozzarella stuffed sandwich, frozen

Riboflavin	S4921
Niacin	S4921
Leucine	S4921
Glycine	S4921
Fatty acids, total saturated	S4921
18:0	S4921
18:2 undifferentiated	S4921
20:4 undifferentiated	S4921
20:3 undifferentiated	S4921
Starch	S4921
Sucrose	S4921
Fructose	S4921
Maltose	S4921
Water	S4921
Iron, Fe	S4921
Carotene, beta	S4921
Vitamin K (phylloquinone)	S4921
Proline	S4921
4:0	S4921
8:0	S4921
18:3 undifferentiated	S4921
22:6 n-3 (DHA)	S4921
14:1	S4921
20:1	S4921
22:1 undifferentiated	S4921
18:3 n-3 c,c,c (ALA)	S4921
20:3 n-3	S4921
Glucose (dextrose)	S4921
Carotene, alpha	S4921
Threonine	S4921
Tyrosine	S4921
10:0	S4921
15:0	S4921
22:1 t	S4921
20:2 n-6 c,c	S4921
18:2 n-6 c,c	S4921
22:4	S4921

NDB No. 22961 HOT POCKETS, meatballs & mozzarella stuffed sandwich, frozen

Protein	S4921
Total lipid (fat)	S4921
Fiber, total dietary	S4921
Cryptoxanthin, beta	S4921
Lutein + zeaxanthin	S4921
Menaquinone-4	S4921
Serine	S4921
Cholesterol	S4921
24:0	S4921
18:2 t not further defined	S4921
18:2 CLAs	S4921
18:3 n-6 c,c,c	S4921
17:1	S4921
Magnesium, Mg	S4921
Copper, Cu	S4921
Lycopene	S4921
Vitamin B-12	S4921
Tryptophan	S4921
Lysine	S4921
Valine	S4921
Fatty acids, total trans	S4921
20:0	S4921
18:4	S4921
22:5 n-3 (DPA)	S4921
Fatty acids, total polyunsaturated	S4921
18:1 t	S4921
24:1 c	S4921
18:1 c	S4921
Fatty acids, total trans-polyenoic	S4921
15:1	S4921
Ash	S4921
Galactose	S4921
Calcium, Ca	S4921
Sodium, Na	S4921
Selenium, Se	S4921
Pantothenic acid	S4921
Vitamin B-6	S4921

NDB No. 22961 HOT POCKETS, meatballs & mozzarella stuffed sandwich, frozen

Arginine	S4921
Histidine	S4921
Aspartic acid	S4921
Glutamic acid	S4921
12:0	S4921
14:0	S4921
18:1 undifferentiated	S4921
16:1 undifferentiated	S4921
20:5 n-3 (EPA)	S4921
17:0	S4921
Fatty acids, total trans-monoenoic	S4921
20:3 n-6	S4921
Lactose	S4921
Thiamin	S4921
Dihydrophylloquinone	S4921
Isoleucine	S4921
Cystine	S4921
Alanine	S4921
6:0	S4921
22:0	S4921
Fatty acids, total monounsaturated	S4921
16:1 t	S4921

NDB No. 22962 LEAN POCKETS, Ham N Cheddar

Vitamin B-6	S4921
Glycine	S4921
20:0	S4921
22:5 n-3 (DPA)	S4921
22:1 c	S4921
15:1	S4921
20:3 n-3	S4921
Histidine	S4921
Serine	S4921
20:1	S4921
22:1 t	S4921

NDB No. 22962 LEAN POCKETS, Ham N Cheddar

20:3 n-6	S4921
Water	S4921
Potassium, K	S4921
Vitamin B-12	S4921
Vitamin K (phylloquinone)	S4921
Lysine	S4921
Methionine	S4921
Valine	S4921
Alanine	S4921
Proline	S4921
Fatty acids, total trans	S4921
12:0	S4921
16:0	S4921
22:0	S4921
15:0	S4921
17:0	S4921
20:2 n-6 c,c	S4921
17:1	S4921
18:3 n-3 c,c,c (ALA)	S4921
22:4	S4921
Total lipid (fat)	S4921
Calcium, Ca	S4921
Copper, Cu	S4921
Thiamin	S4921
Riboflavin	S4921
Dihydrophylloquinone	S4921
Tryptophan	S4921
Phenylalanine	S4921
Fatty acids, total saturated	S4921
10:0	S4921
18:1 undifferentiated	S4921
18:4	S4921
Fatty acids, total polyunsaturated	S4921
16:1 c	S4921
Isoleucine	S4921
Cystine	S4921
Arginine	S4921

NDB No. 22962 LEAN POCKETS, Ham N Cheddar

Glutamic acid	S4921
4:0	S4921
22:1 undifferentiated	S4921
Fatty acids, total monounsaturated	S4921
16:1 t	S4921
18:3 n-6 c,c,c	S4921
Fatty acids, total trans-monoenoic	S4921
Ash	S4921
Fiber, total dietary	S4921
Iron, Fe	S4921
Magnesium, Mg	S4921
Menaquinone-4	S4921
Tyrosine	S4921
Cholesterol	S4921
18:0	S4921
16:1 undifferentiated	S4921
24:0	S4921
18:2 t not further defined	S4921
18:2 CLAs	S4921
24:1 c	S4921
Fatty acids, total trans-polyenoic	S4921
Protein	S4921
Phosphorus, P	S4921
Sodium, Na	S4921
Zinc, Zn	S4921
Leucine	S4921
6:0	S4921
18:2 undifferentiated	S4921
22:6 n-3 (DHA)	S4921
14:1	S4921
Starch	S4921
Manganese, Mn	S4921
Selenium, Se	S4921
Niacin	S4921
Threonine	S4921
Aspartic acid	S4921

NDB No. 22962 LEAN POCKETS, Ham N Cheddar

8:0	S4921
14:0	S4921
18:3 undifferentiated	S4921
20:4 undifferentiated	S4921
20:5 n-3 (EPA)	S4921
18:1 t	S4921
18:1 c	S4921
18:2 n-6 c,c	S4921
20:3 undifferentiated	S4921

NDB No. 22963 Lean Pockets, Meatballs & Mozzarella

Total lipid (fat)	S4921
Galactose	S4921
Fiber, total dietary	S4921
Magnesium, Mg	S4921
Zinc, Zn	S4921
Selenium, Se	S4921
Lycopene	S4921
Dihydrophylloquinone	S4921
Threonine	S4921
Fatty acids, total trans	S4921
18:2 undifferentiated	S4921
22:5 n-3 (DPA)	S4921
Starch	S4921
Sucrose	S4921
Glutamic acid	S4921
20:4 undifferentiated	S4921
18:1 c	S4921
20:3 undifferentiated	S4921
18:3 n-3 c,c,c (ALA)	S4921
20:3 n-6	S4921
Lactose	S4921
Iron, Fe	S4921
Carotene, beta	S4921
Pantothenic acid	S4921
Menaquinone-4	S4921

NDB No. 22963 Lean Pockets, Meatballs & Mozzarella

Valine	S4921
Arginine	S4921
Proline	S4921
6:0	S4921
22:6 n-3 (DHA)	S4921
14:1	S4921
16:1 undifferentiated	S4921
20:5 n-3 (EPA)	S4921
22:1 undifferentiated	S4921
Fatty acids, total polyunsaturated	S4921
18:2 n-6 c,c	S4921
17:1	S4921
Water	S4921
Phosphorus, P	S4921
Carotene, alpha	S4921
Lutein + zeaxanthin	S4921
Thiamin	S4921
Niacin	S4921
Isoleucine	S4921
Leucine	S4921
Phenylalanine	S4921
Histidine	S4921
16:0	S4921
22:0	S4921
15:0	S4921
Fatty acids, total trans-monoenoic	S4921
Maltose	S4921
Calcium, Ca	S4921
Tryptophan	S4921
Tyrosine	S4921
Alanine	S4921
Fatty acids, total saturated	S4921
4:0	S4921
8:0	S4921
17:0	S4921
24:0	S4921
22:1 c	S4921

NDB No. 22963 Lean Pockets, Meatballs & Mozzarella

Fatty acids, total trans-polyenoic	S4921
Protein	S4921
Ash	S4921
Glucose (dextrose)	S4921
Fructose	S4921
Sugars, total	S4921
Potassium, K	S4921
Sodium, Na	S4921
Cryptoxanthin, beta	S4921
Vitamin B-12	S4921
Vitamin K (phylloquinone)	S4921
Methionine	S4921
Aspartic acid	S4921
Cholesterol	S4921
12:0	S4921
18:0	S4921
20:0	S4921
18:3 undifferentiated	S4921
20:1	S4921
16:1 t	S4921
18:1 t	S4921
20:2 n-6 c,c	S4921
16:1 c	S4921
Copper, Cu	S4921
Manganese, Mn	S4921
Riboflavin	S4921
Vitamin B-6	S4921
Lysine	S4921
Cystine	S4921
10:0	S4921
18:4	S4921
22:1 t	S4921
20:3 n-3	S4921
22:4	S4921
Glycine	S4921
Serine	S4921
14:0	S4921

NDB No. 22963 Lean Pockets, Meatballs & Mozzarella

18:1 undifferentiated	S4921
Fatty acids, total monounsaturated	S4921
18:2 t not further defined	S4921
18:2 CLAs	S4921
24:1 c	S4921
18:3 n-6 c,c,c	S4921

NDB No. 23000 Beef, shoulder pot roast or steak, boneless, separable lean and fat, trimmed to 0" fat, all grades, raw

Choline, total	S6702
Tryptophan	S6702
Lysine	S6702
Methionine	S6702
Histidine	S6702
Aspartic acid	S6702
Glycine	S6702
Cholesterol	S6702
Fatty acids, total trans	S6702
14:0	S6702
20:4 undifferentiated	S6702
16:1 undifferentiated	S6702
18:2 CLAs	S6702
18:2 n-6 c,c	S6702
Iron, Fe	S6702
Zinc, Zn	S6702
Isoleucine	S6702
Cystine	S6702
Arginine	S6702
16:0	S6702
18:0	S6702
18:3 undifferentiated	S6702
20:2 n-6 c,c	S6702
16:1 c	S6702
18:1-11t (18:1t n-7)	S6702
Water	S6702
Thiamin	S6702

NDB No. 23000 Beef, shoulder pot roast or steak, boneless, separable lean and fat, trimmed to 0" fat, all grades, raw

Vitamin B-6	S6702
Threonine	S6702
Selenium, Se	S6702
Vitamin D3 (cholecalciferol)	S6702
Pantothenic acid	S6702
Serine	S6702
22:5 n-3 (DPA)	S6702
Fatty acids, total monounsaturated	S6702
18:3 n-3 c,c,c (ALA)	S6702
Magnesium, Mg	S6702
Phosphorus, P	S6702
Sodium, Na	S6702
Manganese, Mn	S6702
Vitamin B-12	S6702
Betaine	S6702
Alanine	S6702
22:6 n-3 (DHA)	S6702
Fatty acids, total polyunsaturated	S6702
17:1	S6702
Ash	S6702
Potassium, K	S6702
Copper, Cu	S6702
Vitamin D	S6702
Leucine	S6702
Proline	S6702
20:0	S6702
14:1	S6702
17:0	S6702
24:0	S6702
Protein	S6702
Total lipid (fat)	S6702
Calcium, Ca	S6702
Vitamin E (alpha-tocopherol)	S6702
Niacin	S6702
Vitamin K (phylloquinone)	S14
Phenylalanine	S6702

NDB No. 23000 Beef, shoulder pot roast or steak, boneless, separable lean and fat, trimmed to 0" fat, all grades, raw

Valine	S6702
18:1 undifferentiated	S6702
18:2 undifferentiated	S6702
20:1	S6702
18:1 t	S6702
Fatty acids, total trans-monoenoic	S6702
Riboflavin	S6702
Tyrosine	S6702
Glutamic acid	S6702
Fatty acids, total saturated	S6702
20:5 n-3 (EPA)	S6702
18:1 c	S6702

NDB No. 23030 Beef, round, knuckle, tip side, steak, separable lean and fat, trimmed to 0" fat, choice, raw

Protein	S2703
Potassium, K	S2703
Selenium, Se	S2703
Retinol	S2703
Choline, total	S2703
Menaquinone-4	S2703
Dihydrophylloquinone	S2703
Isoleucine	S14, S2
18:0	S2703
18:2 undifferentiated	S2703
18:3 undifferentiated	S2703
20:1	S2703
18:2 n-6 c,c	S2703
Magnesium, Mg	S2703
Thiamin	S2703
Riboflavin	S2703
Niacin	S2703
Vitamin B-12	S2703
Vitamin K (phylloquinone)	S2703
Leucine	S14, S2
Lysine	S14, S2

NDB No. 23030 Beef, round, knuckle, tip side, steak, separable lean and fat, trimmed to 0" fat, choice, raw

Valine	S14, S2
Histidine	S14, S2
Proline	S14, S2
Cholesterol	S2703
10:0	S2703
14:1	S2703
Iron, Fe	S2703
Tyrosine	S14, S2
12:0	S2703
18:1 undifferentiated	S2703
18:1 t	S2703
20:3 undifferentiated	S2703
Fatty acids, total trans-monoenoic	S2703
18:3 n-3 c,c,c (ALA)	S2703
Water	S2703
Calcium, Ca	S2703
Sodium, Na	S2703
Copper, Cu	S2703
Tocopherol, delta	S2703
Vitamin B-6	S2703
Threonine	S14, S2
Methionine	S14, S2
Aspartic acid	S14, S2
Glutamic acid	S14, S2
Serine	S14, S2
Fatty acids, total saturated	S2703
Fatty acids, total monounsaturated	S2703
18:2 t,t	S2703
20:2 n-6 c,c	S2703
18:3 n-6 c,c,c	S2703
Ash	S2703
Zinc, Zn	S2703
Manganese, Mn	S2703
Tocopherol, beta	S2703
Phenylalanine	S14, S2
Fatty acids, total trans	S2703

NDB No. 23030 Beef, round, knuckle, tip side, steak, separable lean and fat, trimmed to 0" fat, choice, raw

16:0	S2703
22:0	S2703
16:1 undifferentiated	S2703
Fatty acids, total polyunsaturated	S2703
15:0	S2703
17:0	S2703
Total lipid (fat)	S2703
Vitamin E (alpha-tocopherol)	S2703
Tocopherol, gamma	S2703
Pantothenic acid	S2703
Glycine	S14, S2
Hydroxyproline	S2703
14:0	S2703
Phosphorus, P	S2703
Folate, total	S2703
Betaine	S2703
Tryptophan	S14, S2
Cystine	S14, S2
Arginine	S14, S2
8:0	S2703
20:0	S2703
15:1	S2703
Alanine	S14, S2
20:4 undifferentiated	S2703
18:1 c	S2703
17:1	S2703
Fatty acids, total trans-polyenoic	S2703

NDB No. 23031 Beef, round, knuckle, tip side, steak, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

Total lipid (fat)	S2703
Manganese, Mn	S2703
Vitamin E (alpha-tocopherol)	S2703
Tocopherol, beta	S2703
Thiamin	S2703
Riboflavin	S2703
Menaquinone-4	S2703

NDB No. 23031 Beef, round, knuckle, tip side, steak, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

Isoleucine	S14, S2
8:0	S2703
10:0	S2703
22:0	S2703
18:3 n-6 c,c,c	S2703
Calcium, Ca	S2703
Glutamic acid	S14, S2
Glycine	S14, S2
14:0	S2703
20:1	S2703
Fatty acids, total trans-polyenoic	S2703
Copper, Cu	S2703
Retinol	S2703
Pantothenic acid	S2703
Vitamin K (phylloquinone)	S2703
Lysine	S14, S2
Arginine	S14, S2
16:1 undifferentiated	S2703
15:0	S2703
Vitamin B-12	S2703
Choline, total	S2703
Betaine	S2703
Phenylalanine	S14, S2
Proline	S14, S2
18:0	S2703
18:1 undifferentiated	S2703
18:2 undifferentiated	S2703
18:3 undifferentiated	S2703
Fatty acids, total monounsaturated	S2703
Protein	S2703
Phosphorus, P	S2703
Tocopherol, gamma	S2703
Folate, total	S2703
Dihydrophylloquinone	S2703
Threonine	S14, S2
Cystine	S14, S2

NDB No. 23031 Beef, round, knuckle, tip side, steak, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

Aspartic acid	S14, S2
Cholesterol	S2703
Fatty acids, total saturated	S2703
20:0	S2703
20:4 undifferentiated	S2703
14:1	S2703
Fatty acids, total trans-monoenoic	S2703
18:3 n-3 c,c,c (ALA)	S2703
Water	S2703
Magnesium, Mg	S2703
Potassium, K	S2703
Vitamin B-6	S2703
Tryptophan	S14, S2
Alanine	S14, S2
Serine	S14, S2
Fatty acids, total polyunsaturated	S2703
17:0	S2703
18:2 n-6 c,c	S2703
15:1	S2703
Sodium, Na	S2703
Zinc, Zn	S2703
Tocopherol, delta	S2703
Valine	S14, S2
16:0	S2703
18:2 t,t	S2703
20:2 n-6 c,c	S2703
18:1 c	S2703
17:1	S2703
Ash	S2703
Iron, Fe	S2703
Selenium, Se	S2703
Niacin	S2703
Leucine	S14, S2
Methionine	S14, S2
Tyrosine	S14, S2
Histidine	S14, S2

NDB No. 23031 Beef, round, knuckle, tip side, steak, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

Fatty acids, total trans	S2703
12:0	S2703
18:1 t	S2703
20:3 undifferentiated	S2703

NDB No. 23032 Beef, round, knuckle, tip side, steak, separable lean and fat , trimmed to 0" fat, select, raw

Magnesium, Mg	S2703
Sodium, Na	S2703
Thiamin	S2703
Threonine	S14, S2
Cystine	S14, S2
Cholesterol	S2703
18:1 undifferentiated	S2703
18:2 undifferentiated	S2703
16:1 undifferentiated	S2703
18:2 n-6 c,c	S2703
Fatty acids, total trans-polyenoic	S2703
Potassium, K	S2703
Copper, Cu	S2703
Leucine	S14, S2
Valine	S14, S2
Aspartic acid	S14, S2
18:0	S2703
17:0	S2703
18:2 t,t	S2703
Fatty acids, total trans-monoenoic	S2703
Total lipid (fat)	S2703
Selenium, Se	S2703
Pantothenic acid	S2703
Vitamin B-12	S2703
Isoleucine	S14, S2
Phenylalanine	S14, S2
Glutamic acid	S14, S2
Serine	S14, S2
18:3 n-6 c,c,c	S2703

NDB No. 23032 Beef, round, knuckle, tip side, steak, separable lean and fat , trimmed to 0" fat, select, raw

17:1	S2703
18:3 n-3 c,c,c (ALA)	S2703
Ash	S2703
Alanine	S14, S2
8:0	S2703
16:0	S2703
Fatty acids, total monounsaturated	S2703
15:0	S2703
18:1 c	S2703
Calcium, Ca	S2703
Choline, total	S2703
Tryptophan	S14, S2
Histidine	S14, S2
Fatty acids, total trans	S2703
12:0	S2703
14:0	S2703
18:3 undifferentiated	S2703
20:4 undifferentiated	S2703
18:1 t	S2703
Water	S2703
Riboflavin	S2703
Vitamin B-6	S2703
Betaine	S2703
Hydroxyproline	S2703
10:0	S2703
Fatty acids, total polyunsaturated	S2703
Phosphorus, P	S2703
Methionine	S14, S2
Tyrosine	S14, S2
Arginine	S14, S2
Fatty acids, total saturated	S2703
20:0	S2703
20:1	S2703
20:3 undifferentiated	S2703
15:1	S2703
Protein	S2703
Iron, Fe	S2703

NDB No. 23032 Beef, round, knuckle, tip side, steak, separable lean and fat , trimmed to 0" fat, select, raw

Zinc, Zn	S2703
Manganese, Mn	S2703
Niacin	S2703
Lysine	S14, S2
Glycine	S14, S2
Proline	S14, S2
22:0	S2703
14:1	S2703
20:2 n-6 c,c	S2703

NDB No. 23033 Beef, round, knuckle, tip side, steak, separable lean and fat, trimmed to 0" fat, select, cooked, grilled

Total lipid (fat)	S2703
Ash	S2703
Vitamin B-12	S2703
Lysine	S14, S2
Valine	S14, S2
10:0	S2703
18:1 undifferentiated	S2703
Phosphorus, P	S2703
Tryptophan	S14, S2
16:0	S2703
18:0	S2703
22:0	S2703
16:1 undifferentiated	S2703
15:0	S2703
20:2 n-6 c,c	S2703
18:3 n-6 c,c,c	S2703
17:1	S2703
Fatty acids, total trans-polyenoic	S2703
Iron, Fe	S2703
Manganese, Mn	S2703
Thiamin	S2703
Niacin	S2703
Pantothenic acid	S2703
Vitamin B-6	S2703
Betaine	S2703

NDB No. 23033 Beef, round, knuckle, tip side, steak, separable lean and fat, trimmed to 0" fat, select, cooked, grilled

Isoleucine	S14, S2
Leucine	S14, S2
Aspartic acid	S14, S2
8:0	S2703
14:0	S2703
17:0	S2703
Water	S2703
Sodium, Na	S2703
Zinc, Zn	S2703
Cystine	S14, S2
Alanine	S14, S2
Serine	S14, S2
Cholesterol	S2703
20:0	S2703
18:2 undifferentiated	S2703
18:3 undifferentiated	S2703
14:1	S2703
20:1	S2703
18:1 t	S2703
18:2 t,t	S2703
Protein	S2703
Calcium, Ca	S2703
Riboflavin	S2703
Glycine	S14, S2
Fatty acids, total trans	S2703
Fatty acids, total polyunsaturated	S2703
20:3 undifferentiated	S2703
Tyrosine	S14, S2
12:0	S2703
Fatty acids, total monounsaturated	S2703
18:1 c	S2703
15:1	S2703
Potassium, K	S2703
Copper, Cu	S2703
Phenylalanine	S14, S2
Histidine	S14, S2

NDB No. 23033 Beef, round, knuckle, tip side, steak, separable lean and fat, trimmed to 0" fat, select, cooked, grilled

Proline	S14, S2
18:2 n-6 c,c	S2703
Fatty acids, total trans-monoenoic	S2703
Magnesium, Mg	S2703
Selenium, Se	S2703
Choline, total	S2703
Threonine	S14, S2
Methionine	S14, S2
Arginine	S14, S2
Glutamic acid	S14, S2
Fatty acids, total saturated	S2703
20:4 undifferentiated	S2703
18:3 n-3 c,c,c (ALA)	S2703

NDB No. 23034 Beef, chuck, shoulder clod, shoulder tender, medallion, separable lean and fat, trimmed to 0" fat, choice, raw

Tocopherol, beta	S2703
Riboflavin	S2703
Choline, total	S2703
Betaine	S2703
Cholesterol	S2703
18:3 undifferentiated	S2703
Fatty acids, total monounsaturated	S2703
17:0	S2703
20:2 n-6 c,c	S2703
17:1	S2703
Iron, Fe	S2703
Zinc, Zn	S2703
Retinol	S2703
Niacin	S2703
Folate, total	S2703
Tryptophan	S14, S2
Fatty acids, total saturated	S2703
8:0	S2703
12:0	S2703

NDB No. 23034 Beef, chuck, shoulder clod, shoulder tender, medallion, separable lean and fat, trimmed to 0" fat, choice, raw

14:1	S2703
18:2 n-6 c,c	S2703
Fatty acids, total trans-polyenoic	S2703
Protein	S2703
Calcium, Ca	S2703
Phosphorus, P	S2703
Leucine	S14, S2
Tyrosine	S14, S2
Fatty acids, total trans	S2703
16:0	S2703
20:4 undifferentiated	S2703
16:1 undifferentiated	S2703
Thiamin	S2703
Vitamin B-12	S2703
Histidine	S14, S2
Glycine	S14, S2
10:0	S2703
20:0	S2703
18:1 t	S2703
Vitamin B-6	S2703
Phenylalanine	S14, S2
Serine	S14, S2
Hydroxyproline	S2703
18:3 n-6 c,c,c	S2703
Ash	S2703
Magnesium, Mg	S2703
Copper, Cu	S2703
Tocopherol, gamma	S2703
Lysine	S14, S2
Cystine	S14, S2
Arginine	S14, S2
Alanine	S14, S2
Glutamic acid	S14, S2
Proline	S14, S2
18:2 undifferentiated	S2703
Fatty acids, total polyunsaturated	S2703
15:0	S2703

NDB No. 23034 Beef, chuck, shoulder clod, shoulder tender, medallion, separable lean and fat, trimmed to 0" fat, choice, raw

18:2 t,t	S2703
18:1 c	S2703
15:1	S2703
18:3 n-3 c,c,c (ALA)	S2703
Total lipid (fat)	S2703
Selenium, Se	S2703
Vitamin E (alpha-tocopherol)	S2703
Aspartic acid	S14, S2
14:0	S2703
22:0	S2703
20:3 undifferentiated	S2703
Fatty acids, total trans-monoenoic	S2703
Water	S2703
Potassium, K	S2703
Sodium, Na	S2703
Manganese, Mn	S2703
Tocopherol, delta	S2703
Pantothenic acid	S2703
Threonine	S14, S2
Isoleucine	S14, S2
Methionine	S14, S2
Valine	S14, S2
18:0	S2703
18:1 undifferentiated	S2703
20:1	S2703

NDB No. 23035 Beef, chuck, shoulder clod, shoulder tender, medallion, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

Retinol	S2703
Cholesterol	S2703
18:2 undifferentiated	S2703
22:0	S2703
Fatty acids, total monounsaturated	S2703
20:3 undifferentiated	S2703
Iron, Fe	S2703

NDB No. 23035 Beef, chuck, shoulder clod, shoulder tender, medallion, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

Phosphorus, P	S2703
Riboflavin	S2703
Tryptophan	S14, S2
Leucine	S14, S2
Histidine	S14, S2
Serine	S14, S2
Fatty acids, total trans	S2703
12:0	S2703
14:0	S2703
20:0	S2703
18:1 c	S2703
15:1	S2703
18:3 n-3 c,c,c (ALA)	S2703
Copper, Cu	S2703
Vitamin E (alpha-tocopherol)	S2703
Pantothenic acid	S2703
Choline, total	S2703
Betaine	S2703
Methionine	S14, S2
Phenylalanine	S14, S2
Proline	S14, S2
8:0	S2703
Ash	S2703
Lysine	S14, S2
Arginine	S14, S2
Alanine	S14, S2
Aspartic acid	S14, S2
18:1 undifferentiated	S2703
16:1 undifferentiated	S2703
18:3 n-6 c,c,c	S2703
Fatty acids, total trans-polyenoic	S2703
Water	S2703
Folate, total	S2703
Vitamin K (phylloquinone)	S2703
Cystine	S14, S2
Fatty acids, total saturated	S2703
14:1	S2703

NDB No. 23035 Beef, chuck, shoulder clod, shoulder tender, medallion, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

Fatty acids, total trans-monoenoic	S2703
Total lipid (fat)	S2703
Calcium, Ca	S2703
Tocopherol, beta	S2703
Tocopherol, gamma	S2703
Thiamin	S2703
20:4 undifferentiated	S2703
20:1	S2703
Fatty acids, total polyunsaturated	S2703
17:0	S2703
18:1 t	S2703
Magnesium, Mg	S2703
Manganese, Mn	S2703
Selenium, Se	S2703
Tocopherol, delta	S2703
Vitamin B-6	S2703
Vitamin B-12	S2703
Dihydrophylloquinone	S2703
Isoleucine	S14, S2
Tyrosine	S14, S2
Glutamic acid	S14, S2
Glycine	S14, S2
15:0	S2703
18:2 t,t	S2703
18:2 n-6 c,c	S2703
17:1	S2703
Protein	S2703
Potassium, K	S2703
Sodium, Na	S2703
Zinc, Zn	S2703
Niacin	S2703
Menaquinone-4	S2703
Threonine	S14, S2
Valine	S14, S2
10:0	S2703
16:0	S2703

NDB No. 23035	Beef, chuck, shoulder clod, shoulder tender, medallion, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled
18:0	S2703
18:3 undifferentiated	S2703
20:2 n-6 c,c	S2703

NDB No. 23036	Beef, chuck, shoulder clod, shoulder tender, medallion, separable lean and fat, trimmed to 0" fat, select, raw
Water	S2703
Phosphorus, P	S2703
Sodium, Na	S2703
Valine	S14, S2
Fatty acids, total monounsaturated	S2703
Zinc, Zn	S2703
Copper, Cu	S2703
Leucine	S14, S2
10:0	S2703
18:0	S2703
18:2 n-6 c,c	S2703
17:1	S2703
12:0	S2703
18:3 undifferentiated	S2703
14:1	S2703
15:0	S2703
17:0	S2703
18:1 t	S2703
Fatty acids, total trans-monoenoic	S2703
Ash	S2703
Niacin	S2703
Threonine	S14, S2
Histidine	S14, S2
Aspartic acid	S14, S2
Proline	S14, S2
Fatty acids, total trans	S2703
20:0	S2703
18:1 undifferentiated	S2703
22:0	S2703

NDB No. 23036 Beef, chuck, shoulder clod, shoulder tender, medallion, separable lean and fat, trimmed to 0" fat, select, raw

16:1 undifferentiated	S2703
18:2 t,t	S2703
18:3 n-6 c,c,c	S2703
15:1	S2703
Potassium, K	S2703
Manganese, Mn	S2703
Vitamin B-12	S2703
Cystine	S14, S2
Tyrosine	S14, S2
14:0	S2703
Fatty acids, total polyunsaturated	S2703
18:3 n-3 c,c,c (ALA)	S2703
Protein	S2703
Iron, Fe	S2703
Selenium, Se	S2703
Vitamin B-6	S2703
Isoleucine	S14, S2
Lysine	S14, S2
Serine	S14, S2
Fatty acids, total saturated	S2703
16:0	S2703
20:4 undifferentiated	S2703
Calcium, Ca	S2703
Magnesium, Mg	S2703
Choline, total	S2703
Betaine	S2703
Tryptophan	S14, S2
Methionine	S14, S2
Alanine	S14, S2
Glycine	S14, S2
Cholesterol	S2703
8:0	S2703
18:2 undifferentiated	S2703
20:1	S2703
20:2 n-6 c,c	S2703
20:3 undifferentiated	S2703
Fatty acids, total trans-polyenoic	S2703

NDB No. 23036	Beef, chuck, shoulder clod, shoulder tender, medallion, separable lean and fat, trimmed to 0" fat, select, raw
Total lipid (fat)	S2703
Thiamin	S2703
Riboflavin	S2703
Pantothenic acid	S2703
Phenylalanine	S14, S2
Arginine	S14, S2
Glutamic acid	S14, S2
Hydroxyproline	S2703
18:1 c	S2703

NDB No. 23037	Beef, chuck, shoulder clod, shoulder top and center steaks, separable lean and fat, trimmed to 0" fat, choice, raw
Total lipid (fat)	S2703
Ash	S2703
Betaine	S2703
Proline	S14, S2
Hydroxyproline	S2703
10:0	S2703
18:2 undifferentiated	S2703
22:0	S2703
18:3 n-3 c,c,c (ALA)	S2703
Copper, Cu	S2703
Thiamin	S2703
Folate, total	S2703
Choline, total	S2703
Lysine	S14, S2
Alanine	S14, S2
14:1	S2703
Fatty acids, total trans-monoenoic	S2703
Iron, Fe	S2703
Potassium, K	S2703
Zinc, Zn	S2703
Selenium, Se	S2703
Retinol	S2703
Tocopherol, beta	S2703
Riboflavin	S2703

NDB No. 23037 Beef, chuck, shoulder clod, shoulder top and center steaks, separable lean and fat, trimmed to 0" fat, choice, raw

Arginine	S14, S2
Histidine	S14, S2
Glutamic acid	S14, S2
Serine	S14, S2
Fatty acids, total saturated	S2703
12:0	S2703
20:4 undifferentiated	S2703
Fatty acids, total monounsaturated	S2703
17:0	S2703
18:2 n-6 c,c	S2703
17:1	S2703
Tocopherol, delta	S2703
Pantothenic acid	S2703
Dihydrophylloquinone	S2703
Valine	S14, S2
Cholesterol	S2703
Fatty acids, total trans	S2703
20:0	S2703
18:3 undifferentiated	S2703
15:0	S2703
18:1 t	S2703
18:2 t,t	S2703
20:3 undifferentiated	S2703
Manganese, Mn	S2703
Leucine	S14, S2
Cystine	S14, S2
16:0	S2703
18:0	S2703
18:1 undifferentiated	S2703
16:1 undifferentiated	S2703
18:1 c	S2703
Protein	S2703
Calcium, Ca	S2703
Tocopherol, gamma	S2703
Vitamin B-12	S2703
Menaquinone-4	S2703

NDB No. 23037 Beef, chuck, shoulder clod, shoulder top and center steaks, separable lean and fat, trimmed to 0" fat, choice, raw

Vitamin K (phylloquinone)	S2703
Aspartic acid	S14, S2
20:1	S2703
18:3 n-6 c,c,c	S2703
Sodium, Na	S2703
Vitamin E (alpha-tocopherol)	S2703
Threonine	S14, S2
Isoleucine	S14, S2
Phenylalanine	S14, S2
Tyrosine	S14, S2
8:0	S2703
Water	S2703
Magnesium, Mg	S2703
Phosphorus, P	S2703
Niacin	S2703
Vitamin B-6	S2703
Tryptophan	S14, S2
Methionine	S14, S2
Glycine	S14, S2
14:0	S2703
20:2 n-6 c,c	S2703
Fatty acids, total trans-polyenoic	S2703
15:1	S2703

NDB No. 23038 Beef, chuck, shoulder clod, shoulder top and center steaks, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

Vitamin E (alpha-tocopherol)	S2703
Tocopherol, delta	S2703
Niacin	S2703
Pantothenic acid	S2703
Menaquinone-4	S2703
Isoleucine	S14, S2
16:0	S2703
18:0	S2703
18:1 undifferentiated	S2703
20:4 undifferentiated	S2703

NDB No. 23038 Beef, chuck, shoulder clod, shoulder top and center steaks, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

15:0	S2703
Potassium, K	S2703
Selenium, Se	S2703
Phenylalanine	S14, S2
Histidine	S14, S2
Alanine	S14, S2
Aspartic acid	S14, S2
Glycine	S14, S2
18:2 t,t	S2703
Betaine	S2703
Cystine	S14, S2
Valine	S14, S2
Glutamic acid	S14, S2
Proline	S14, S2
Serine	S14, S2
Cholesterol	S2703
22:0	S2703
14:1	S2703
18:2 n-6 c,c	S2703
18:3 n-6 c,c,c	S2703
Fatty acids, total trans-monoenoic	S2703
Zinc, Zn	S2703
Copper, Cu	S2703
Retinol	S2703
Thiamin	S2703
Riboflavin	S2703
Vitamin B-6	S2703
Folate, total	S2703
Threonine	S14, S2
Methionine	S14, S2
Tyrosine	S14, S2
Fatty acids, total trans	S2703
Fatty acids, total polyunsaturated	S2703
17:0	S2703
20:2 n-6 c,c	S2703
Ash	S2703

NDB No. 23038 Beef, chuck, shoulder clod, shoulder top and center steaks, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

Calcium, Ca	S2703
Sodium, Na	S2703
Choline, total	S2703
Fatty acids, total saturated	S2703
8:0	S2703
18:2 undifferentiated	S2703
20:1	S2703
17:1	S2703
Manganese, Mn	S2703
Tocopherol, beta	S2703
Lysine	S14, S2
14:0	S2703
20:0	S2703
Protein	S2703
Total lipid (fat)	S2703
Water	S2703
Tocopherol, gamma	S2703
Dihydrophylloquinone	S2703
Tryptophan	S14, S2
Leucine	S14, S2
Arginine	S14, S2
10:0	S2703
12:0	S2703
18:3 undifferentiated	S2703
Fatty acids, total monounsaturated	S2703
18:1 c	S2703
20:3 undifferentiated	S2703
Iron, Fe	S2703
Magnesium, Mg	S2703
Phosphorus, P	S2703
Vitamin B-12	S2703
Vitamin K (phylloquinone)	S2703
16:1 undifferentiated	S2703
18:1 t	S2703
Fatty acids, total trans-polyenoic	S2703
15:1	S2703

NDB No. 23038 Beef, chuck, shoulder clod, shoulder top and center steaks, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

18:3 n-3 c,c,c (ALA)	S2703

NDB No. 23039 Beef, chuck, shoulder clod, shoulder top and center steaks, separable lean and fat, trimmed to 0" fat, select, raw

Phosphorus, P	S2703
Zinc, Zn	S2703
Pantothenic acid	S2703
Cystine	S14, S2
22:0	S2703
15:0	S2703
17:0	S2703
18:1 c	S2703
18:2 n-6 c,c	S2703
Potassium, K	S2703
Tryptophan	S14, S2
Tyrosine	S14, S2
Hydroxyproline	S2703
Fatty acids, total trans	S2703
8:0	S2703
14:1	S2703
Fatty acids, total polyunsaturated	S2703
20:3 undifferentiated	S2703
Fatty acids, total trans-monoenoic	S2703
Total lipid (fat)	S2703
Alanine	S14, S2
Glycine	S14, S2
20:4 undifferentiated	S2703
16:1 undifferentiated	S2703
20:1	S2703
Fatty acids, total monounsaturated	S2703
20:2 n-6 c,c	S2703
17:1	S2703
Fatty acids, total trans-polyenoic	S2703
Thiamin	S2703
Isoleucine	S14, S2

NDB No. 23039 Beef, chuck, shoulder clod, shoulder top and center steaks, separable lean and fat, trimmed to 0" fat, select, raw

Methionine	S14, S2
Phenylalanine	S14, S2
Valine	S14, S2
Aspartic acid	S14, S2
12:0	S2703
20:0	S2703
15:1	S2703
Protein	S2703
Water	S2703
Calcium, Ca	S2703
Copper, Cu	S2703
Niacin	S2703
Threonine	S14, S2
Arginine	S14, S2
Proline	S14, S2
Serine	S14, S2
14:0	S2703
18:3 undifferentiated	S2703
18:1 t	S2703
18:2 t,t	S2703
Iron, Fe	S2703
Vitamin B-6	S2703
Choline, total	S2703
Betaine	S2703
10:0	S2703
18:3 n-6 c,c,c	S2703
18:3 n-3 c,c,c (ALA)	S2703
Ash	S2703
Magnesium, Mg	S2703
Sodium, Na	S2703
Vitamin B-12	S2703
Leucine	S14, S2
Lysine	S14, S2
Histidine	S14, S2
Glutamic acid	S14, S2
16:0	S2703
18:1 undifferentiated	S2703

NDB No. 23039 Beef, chuck, shoulder clod, shoulder top and center steaks, separable lean and fat, trimmed to 0" fat, select, raw

18:2 undifferentiated	S2703
Manganese, Mn	S2703
Selenium, Se	S2703
Riboflavin	S2703
Cholesterol	S2703
Fatty acids, total saturated	S2703
18:0	S2703

NDB No. 23040 Beef, chuck, shoulder clod, shoulder top and center steaks, separable lean and fat, trimmed to 0" fat, select, cooked, grilled

Niacin	S2703
Isoleucine	S14, S2
Lysine	S14, S2
14:0	S2703
18:3 undifferentiated	S2703
18:2 n-6 c,c	S2703
Total lipid (fat)	S2703
Vitamin B-6	S2703
Vitamin B-12	S2703
Arginine	S14, S2
Glycine	S14, S2
Proline	S14, S2
12:0	S2703
18:0	S2703
20:4 undifferentiated	S2703
Fatty acids, total polyunsaturated	S2703
18:1 c	S2703
Fatty acids, total trans-monoenoic	S2703
Potassium, K	S2703
Zinc, Zn	S2703
Copper, Cu	S2703
Manganese, Mn	S2703
Selenium, Se	S2703
Thiamin	S2703
Riboflavin	S2703
Tryptophan	S14, S2

NDB No. 23040 Beef, chuck, shoulder clod, shoulder top and center steaks, separable lean and fat, trimmed to 0" fat, select, cooked, grilled

Cholesterol	S2703
Fatty acids, total trans	S2703
18:1 t	S2703
20:3 undifferentiated	S2703
Betaine	S2703
Methionine	S14, S2
Cystine	S14, S2
Tyrosine	S14, S2
Aspartic acid	S14, S2
Glutamic acid	S14, S2
Iron, Fe	S2703
Leucine	S14, S2
Phenylalanine	S14, S2
Alanine	S14, S2
16:1 undifferentiated	S2703
17:0	S2703
20:2 n-6 c,c	S2703
18:3 n-6 c,c,c	S2703
17:1	S2703
18:3 n-3 c,c,c (ALA)	S2703
Water	S2703
Valine	S14, S2
Histidine	S14, S2
Serine	S14, S2
10:0	S2703
14:1	S2703
Fatty acids, total trans-polyenoic	S2703
15:1	S2703
Phosphorus, P	S2703
Sodium, Na	S2703
Pantothenic acid	S2703
8:0	S2703
16:0	S2703
20:0	S2703
20:1	S2703
Fatty acids, total monounsaturated	S2703

NDB No. 23040 Beef, chuck, shoulder clod, shoulder top and center steaks, separable lean and fat, trimmed to 0" fat, select, cooked, grilled

Protein	S2703
Ash	S2703
Calcium, Ca	S2703
Magnesium, Mg	S2703
Choline, total	S2703
Threonine	S14, S2
Fatty acids, total saturated	S2703
18:1 undifferentiated	S2703
18:2 undifferentiated	S2703
22:0	S2703
15:0	S2703
18:2 t,t	S2703

NDB No. 23041 Beef, chuck, shoulder clod, top blade, steak, separable lean and fat, trimmed to 0" fat, choice, raw

Manganese, Mn	S2703
Tocopherol, beta	S2703
Leucine	S14, S2
Lysine	S14, S2
Cystine	S14, S2
Serine	S14, S2
10:0	S2703
12:0	S2703
Water	S2703
Vitamin B-6	S2703
Vitamin B-12	S2703
Choline, total	S2703
Menaquinone-4	S2703
Dihydrophylloquinone	S2703
Glutamic acid	S14, S2
Fatty acids, total trans	S2703
20:0	S2703
18:2 undifferentiated	S2703
16:1 undifferentiated	S2703
18:3 n-6 c,c,c	S2703
Protein	S2703
Total lipid (fat)	S2703

NDB No. 23041 Beef, chuck, shoulder clod, top blade, steak, separable lean and fat, trimmed to 0" fat, choice, raw

Magnesium, Mg	S2703
Sodium, Na	S2703
Zinc, Zn	S2703
Copper, Cu	S2703
Selenium, Se	S2703
Vitamin K (phylloquinone)	S2703
Methionine	S14, S2
Arginine	S14, S2
Histidine	S14, S2
Alanine	S14, S2
Aspartic acid	S14, S2
14:0	S2703
Phosphorus, P	S2703
Tocopherol, gamma	S2703
Riboflavin	S2703
Isoleucine	S14, S2
Phenylalanine	S14, S2
Tyrosine	S14, S2
Glycine	S14, S2
18:0	S2703
18:1 undifferentiated	S2703
17:0	S2703
18:2 t,t	S2703
20:2 n-6 c,c	S2703
18:1 c	S2703
20:3 undifferentiated	S2703
15:1	S2703
18:3 n-3 c,c,c (ALA)	S2703
Vitamin E (alpha-tocopherol)	S2703
Tocopherol, delta	S2703
Pantothenic acid	S2703
Betaine	S2703
Fatty acids, total saturated	S2703
20:4 undifferentiated	S2703
15:0	S2703
18:1 t	S2703
Ash	S2703

NDB No. 23041 Beef, chuck, shoulder clod, top blade, steak, separable lean and fat, trimmed to 0" fat, choice, raw

Folate, total	S2703
Threonine	S14, S2
Valine	S14, S2
22:0	S2703
18:2 n-6 c,c	S2703
17:1	S2703
Fatty acids, total trans-monoenoic	S2703
Thiamin	S2703
Tryptophan	S14, S2
Hydroxyproline	S2703
8:0	S2703
16:0	S2703
18:3 undifferentiated	S2703
14:1	S2703
Fatty acids, total monounsaturated	S2703
Fatty acids, total polyunsaturated	S2703
Calcium, Ca	S2703
Iron, Fe	S2703
Potassium, K	S2703
Retinol	S2703
Niacin	S2703
Proline	S14, S2
Cholesterol	S2703
20:1	S2703
Fatty acids, total trans-polyenoic	S2703

NDB No. 23042 Beef, chuck, shoulder clod, top blade, steak, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

Manganese, Mn	S2703
Riboflavin	S2703
Dihydrophylloquinone	S2703
Vitamin K (phylloquinone)	S2703
Tryptophan	S14, S2
Fatty acids, total trans	S2703
16:0	S2703
Fatty acids, total	S2703

NDB No. 23042 Beef, chuck, shoulder clod, top blade, steak, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

monounsaturated	
Water	S2703
Calcium, Ca	S2703
Copper, Cu	S2703
Selenium, Se	S2703
Tocopherol, gamma	S2703
Valine	S14, S2
Histidine	S14, S2
Proline	S14, S2
Serine	S14, S2
Fatty acids, total polyunsaturated	S2703
17:0	S2703
18:2 t,t	S2703
Protein	S2703
Zinc, Zn	S2703
Pantothenic acid	S2703
Vitamin B-6	S2703
Threonine	S14, S2
14:0	S2703
20:1	S2703
15:0	S2703
20:3 undifferentiated	S2703
Potassium, K	S2703
Vitamin E (alpha-tocopherol)	S2703
Leucine	S14, S2
Aspartic acid	S14, S2
8:0	S2703
20:0	S2703
18:1 undifferentiated	S2703
16:1 undifferentiated	S2703
18:3 n-6 c,c,c	S2703
Magnesium, Mg	S2703
Phosphorus, P	S2703
Methionine	S14, S2
Arginine	S14, S2
Glutamic acid	S14, S2
Fatty acids, total saturated	S2703

NDB No. 23042 Beef, chuck, shoulder clod, top blade, steak, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

10:0	S2703
12:0	S2703
18:2 undifferentiated	S2703
18:3 undifferentiated	S2703
18:1 t	S2703
18:1 c	S2703
Fatty acids, total trans-polyenoic	S2703
Iron, Fe	S2703
Sodium, Na	S2703
Phenylalanine	S14, S2
Tyrosine	S14, S2
Glycine	S14, S2
18:0	S2703
17:1	S2703
18:3 n-3 c,c,c (ALA)	S2703
Total lipid (fat)	S2703
Tocopherol, beta	S2703
Tocopherol, delta	S2703
Niacin	S2703
Vitamin B-12	S2703
Menaquinone-4	S2703
Lysine	S14, S2
Alanine	S14, S2
Cholesterol	S2703
14:1	S2703
20:2 n-6 c,c	S2703
Ash	S2703
Retinol	S2703
Thiamin	S2703
Folate, total	S2703
Choline, total	S2703
Betaine	S2703
Isoleucine	S14, S2
Cystine	S14, S2
20:4 undifferentiated	S2703
22:0	S2703
18:2 n-6 c,c	S2703

NDB No. 23042 Beef, chuck, shoulder clod, top blade, steak, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

Fatty acids, total trans-monoenoic	S2703
15:1	S2703

NDB No. 23043 Beef, chuck, shoulder clod, top blade, steak, separable lean and fat, trimmed to 0" fat, select, raw

Water	S2703
Calcium, Ca	S2703
Magnesium, Mg	S2703
Phosphorus, P	S2703
Copper, Cu	S2703
Riboflavin	S2703
Vitamin B-6	S2703
Tryptophan	S14, S2
Isoleucine	S14, S2
Arginine	S14, S2
Histidine	S14, S2
Aspartic acid	S14, S2
Serine	S14, S2
8:0	S2703
Fatty acids, total polyunsaturated	S2703
15:0	S2703
Fatty acids, total trans-monoenoic	S2703
Fatty acids, total trans-polyenoic	S2703
Niacin	S2703
Threonine	S14, S2
Valine	S14, S2
Glycine	S14, S2
10:0	S2703
18:0	S2703
14:1	S2703
17:1	S2703
Protein	S2703
Potassium, K	S2703
Zinc, Zn	S2703
Manganese, Mn	S2703
Vitamin B-12	S2703

NDB No. 23043 Beef, chuck, shoulder clod, top blade, steak, separable lean and fat, trimmed to 0" fat, select, raw

Betaine	S2703
Lysine	S14, S2
Methionine	S14, S2
Cystine	S14, S2
Fatty acids, total trans	S2703
18:3 undifferentiated	S2703
20:2 n-6 c,c	S2703
16:0	S2703
20:0	S2703
18:2 undifferentiated	S2703
Fatty acids, total monounsaturated	S2703
17:0	S2703
Selenium, Se	S2703
Hydroxyproline	S2703
12:0	S2703
20:4 undifferentiated	S2703
22:0	S2703
16:1 undifferentiated	S2703
20:1	S2703
18:1 c	S2703
20:3 undifferentiated	S2703
Total lipid (fat)	S2703
Iron, Fe	S2703
Choline, total	S2703
Leucine	S14, S2
Fatty acids, total saturated	S2703
18:1 undifferentiated	S2703
18:2 t,t	S2703
18:2 n-6 c,c	S2703
15:1	S2703
18:3 n-3 c,c,c (ALA)	S2703
Sodium, Na	S2703
Thiamin	S2703
Pantothenic acid	S2703
Alanine	S14, S2
Glutamic acid	S14, S2
Cholesterol	S2703

NDB No. 23043 Beef, chuck, shoulder clod, top blade, steak, separable lean and fat, trimmed to 0" fat, select, raw

18:3 n-6 c,c,c	S2703
Ash	S2703
Phenylalanine	S14, S2
Tyrosine	S14, S2
Proline	S14, S2
14:0	S2703
18:1 t	S2703

NDB No. 23044 Beef, chuck, shoulder clod, top blade, steak, separable lean and fat, trimmed to 0" fat, select, cooked, grilled

Manganese, Mn	S2703
Riboflavin	S2703
Methionine	S14, S2
Cystine	S14, S2
Valine	S14, S2
14:0	S2703
20:0	S2703
20:4 undifferentiated	S2703
15:1	S2703
Protein	S2703
Calcium, Ca	S2703
Magnesium, Mg	S2703
Thiamin	S2703
Pantothenic acid	S2703
Choline, total	S2703
Tryptophan	S14, S2
Phenylalanine	S14, S2
Glutamic acid	S14, S2
Proline	S14, S2
20:1	S2703
Fatty acids, total polyunsaturated	S2703
17:0	S2703
18:3 n-3 c,c,c (ALA)	S2703
Copper, Cu	S2703
Vitamin B-6	S2703
Vitamin B-12	S2703
Glycine	S14, S2

NDB No. 23044 Beef, chuck, shoulder clod, top blade, steak, separable lean and fat, trimmed to 0" fat, select, cooked, grilled

Cholesterol	S2703
Fatty acids, total trans	S2703
10:0	S2703
Fatty acids, total monounsaturated	S2703
15:0	S2703
18:3 n-6 c,c,c	S2703
Total lipid (fat)	S2703
Potassium, K	S2703
Zinc, Zn	S2703
Histidine	S14, S2
Serine	S14, S2
12:0	S2703
18:0	S2703
18:1 undifferentiated	S2703
18:3 undifferentiated	S2703
Fatty acids, total trans-polyenoic	S2703
Selenium, Se	S2703
Tyrosine	S14, S2
16:0	S2703
14:1	S2703
Fatty acids, total trans-monoenoic	S2703
Water	S2703
Iron, Fe	S2703
Phosphorus, P	S2703
Niacin	S2703
Threonine	S14, S2
Lysine	S14, S2
Alanine	S14, S2
Fatty acids, total saturated	S2703
8:0	S2703
18:1 t	S2703
18:2 t,t	S2703
20:3 undifferentiated	S2703
Ash	S2703
Betaine	S2703

NDB No. 23044 Beef, chuck, shoulder clod, top blade, steak, separable lean and fat, trimmed to 0" fat, select, cooked, grilled

Isoleucine	S14, S2
18:2 undifferentiated	S2703
22:0	S2703
20:2 n-6 c,c	S2703
18:1 c	S2703
Sodium, Na	S2703
Leucine	S14, S2
Arginine	S14, S2
Aspartic acid	S14, S2
16:1 undifferentiated	S2703
18:2 n-6 c,c	S2703
17:1	S2703

NDB No. 23045 Beef, round, knuckle, tip center, steak, separable lean and fat, trimmed to 0" fat, choice, raw

Selenium, Se	S2703
Tocopherol, delta	S2703
Vitamin B-12	S2703
Betaine	S2703
Lysine	S14, S2
Fatty acids, total trans	S2703
12:0	S2703
18:2 undifferentiated	S2703
20:4 undifferentiated	S2703
18:2 t,t	S2703
Protein	S2703
Magnesium, Mg	S2703
Tocopherol, beta	S2703
Niacin	S2703
Pantothenic acid	S2703
Threonine	S14, S2
20:1	S2703
Fatty acids, total monounsaturated	S2703
15:0	S2703
Fatty acids, total trans-polyenoic	S2703
18:3 n-3 c,c,c (ALA)	S2703

NDB No. 23045 Beef, round, knuckle, tip center, steak, separable lean and fat, trimmed to 0" fat, choice, raw

Copper, Cu	S2703
Vitamin K (phylloquinone)	S2703
Tryptophan	S14, S2
Isoleucine	S14, S2
Phenylalanine	S14, S2
Glycine	S14, S2
Serine	S14, S2
Cholesterol	S2703
10:0	S2703
20:0	S2703
Fatty acids, total trans-monoenoic	S2703
15:1	S2703
Total lipid (fat)	S2703
Water	S2703
Thiamin	S2703
Vitamin B-6	S2703
Alanine	S14, S2
Glutamic acid	S14, S2
Iron, Fe	S2703
Phosphorus, P	S2703
Sodium, Na	S2703
Vitamin E (alpha-tocopherol)	S2703
Riboflavin	S2703
Folate, total	S2703
Leucine	S14, S2
Cystine	S14, S2
Tyrosine	S14, S2
Hydroxyproline	S2703
Fatty acids, total saturated	S2703
8:0	S2703
14:0	S2703
18:3 undifferentiated	S2703
22:0	S2703
14:1	S2703
16:1 undifferentiated	S2703
18:3 n-6 c,c,c	S2703
Calcium, Ca	S2703

NDB No. 23045 Beef, round, knuckle, tip center, steak, separable lean and fat, trimmed to 0" fat, choice, raw

Potassium, K	S2703
Manganese, Mn	S2703
18:0	S2703
Fatty acids, total polyunsaturated	S2703
20:2 n-6 c,c	S2703
18:2 n-6 c,c	S2703
20:3 undifferentiated	S2703
Zinc, Zn	S2703
Retinol	S2703
Tocopherol, gamma	S2703
Menaquinone-4	S2703
Methionine	S14, S2
Valine	S14, S2
Histidine	S14, S2
Aspartic acid	S14, S2
16:0	S2703
18:1 undifferentiated	S2703
17:0	S2703
18:1 t	S2703
18:1 c	S2703
Ash	S2703
Choline, total	S2703
Dihydrophylloquinone	S2703
Arginine	S14, S2
Proline	S14, S2
17:1	S2703

NDB No. 23046 Beef, round, knuckle, tip center, steak, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

Water	S2703
Phosphorus, P	S2703
Histidine	S14, S2
Aspartic acid	S14, S2
Proline	S14, S2
Serine	S14, S2
Cholesterol	S2703
16:0	S2703

NDB No. 23046 Beef, round, knuckle, tip center, steak, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

22:0	S2703
Fatty acids, total monounsaturated	S2703
18:1 c	S2703
Protein	S2703
Niacin	S2703
Folate, total	S2703
Vitamin B-12	S2703
Choline, total	S2703
Dihydrophylloquinone	S2703
Lysine	S14, S2
Valine	S14, S2
Arginine	S14, S2
8:0	S2703
18:3 undifferentiated	S2703
17:1	S2703
Fatty acids, total trans-polyenoic	S2703
Tocopherol, beta	S2703
Thiamin	S2703
Riboflavin	S2703
Alanine	S14, S2
10:0	S2703
18:2 undifferentiated	S2703
16:1 undifferentiated	S2703
18:1 t	S2703
18:3 n-6 c,c,c	S2703
Potassium, K	S2703
Retinol	S2703
Threonine	S14, S2
Phenylalanine	S14, S2
14:1	S2703
20:1	S2703
18:2 t,t	S2703
20:2 n-6 c,c	S2703
Fatty acids, total trans-monoenoic	S2703
Manganese, Mn	S2703

NDB No. 23046 Beef, round, knuckle, tip center, steak, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

Selenium, Se	S2703
Tocopherol, delta	S2703
Vitamin B-6	S2703
Glycine	S14, S2
18:2 n-6 c,c	S2703
Calcium, Ca	S2703
Magnesium, Mg	S2703
Sodium, Na	S2703
Pantothenic acid	S2703
Isoleucine	S14, S2
Leucine	S14, S2
Fatty acids, total trans	S2703
12:0	S2703
18:1 undifferentiated	S2703
20:4 undifferentiated	S2703
15:0	S2703
18:3 n-3 c,c,c (ALA)	S2703
Total lipid (fat)	S2703
Iron, Fe	S2703
Zinc, Zn	S2703
Vitamin E (alpha-tocopherol)	S2703
Tocopherol, gamma	S2703
Vitamin K (phylloquinone)	S2703
Methionine	S14, S2
Glutamic acid	S14, S2
14:0	S2703
18:0	S2703
20:0	S2703
Fatty acids, total polyunsaturated	S2703
Ash	S2703
Copper, Cu	S2703
Menaquinone-4	S2703
Betaine	S2703
Tryptophan	S14, S2
Cystine	S14, S2
Tyrosine	S14, S2
Fatty acids, total saturated	S2703

NDB No. 23046 Beef, round, knuckle, tip center, steak, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

17:0	S2703
20:3 undifferentiated	S2703
15:1	S2703

NDB No. 23047 Beef, round, knuckle, tip center, steak, separable lean and fat, trimmed to 0" fat, select, raw

Calcium, Ca	S2703
Thiamin	S2703
Valine	S14, S2
Aspartic acid	S14, S2
14:0	S2703
18:1 undifferentiated	S2703
18:2 t,t	S2703
18:1 c	S2703
17:1	S2703
18:3 n-3 c,c,c (ALA)	S2703
Phosphorus, P	S2703
Manganese, Mn	S2703
Niacin	S2703
Phenylalanine	S14, S2
Tyrosine	S14, S2
Fatty acids, total trans	S2703
Fatty acids, total saturated	S2703
10:0	S2703
22:0	S2703
17:0	S2703
18:2 n-6 c,c	S2703
15:1	S2703
Water	S2703
Zinc, Zn	S2703
Threonine	S14, S2
Leucine	S14, S2
8:0	S2703
20:4 undifferentiated	S2703
Magnesium, Mg	S2703
Pantothenic acid	S2703
Vitamin B-6	S2703

NDB No. 23047 Beef, round, knuckle, tip center, steak, separable lean and fat, trimmed to 0" fat, select, raw

Choline, total	S2703
Betaine	S2703
Tryptophan	S14, S2
Cystine	S14, S2
Histidine	S14, S2
Alanine	S14, S2
Proline	S14, S2
Hydroxyproline	S2703
16:0	S2703
18:2 undifferentiated	S2703
15:0	S2703
18:1 t	S2703
18:3 n-6 c,c,c	S2703
Total lipid (fat)	S2703
Isoleucine	S14, S2
Glycine	S14, S2
Serine	S14, S2
Cholesterol	S2703
20:0	S2703
18:3 undifferentiated	S2703
14:1	S2703
16:1 undifferentiated	S2703
Protein	S2703
Iron, Fe	S2703
Riboflavin	S2703
Lysine	S14, S2
Copper, Cu	S2703
Selenium, Se	S2703
Vitamin B-12	S2703
Glutamic acid	S14, S2
20:2 n-6 c,c	S2703
20:3 undifferentiated	S2703
Fatty acids, total trans-monoenoic	S2703
Fatty acids, total trans-polyenoic	S2703
Ash	S2703
Potassium, K	S2703
Sodium, Na	S2703

NDB No. 23047 Beef, round, knuckle, tip center, steak, separable lean and fat, trimmed to 0" fat, select, raw

Methionine	S14, S2
Arginine	S14, S2
12:0	S2703
18:0	S2703
20:1	S2703
Fatty acids, total monounsaturated	S2703
Fatty acids, total polyunsaturated	S2703

NDB No. 23048 Beef, round, knuckle, tip center, steak, separable lean and fat, trimmed to 0" fat, select, cooked, grilled

Thiamin	S2703
Choline, total	S2703
Alanine	S14, S2
Fatty acids, total saturated	S2703
10:0	S2703
20:1	S2703
18:2 n-6 c,c	S2703
18:3 n-3 c,c,c (ALA)	S2703
Iron, Fe	S2703
Isoleucine	S14, S2
Methionine	S14, S2
Aspartic acid	S14, S2
20:0	S2703
18:1 undifferentiated	S2703
22:0	S2703
15:0	S2703
Fatty acids, total trans-monoenoic	S2703
Valine	S14, S2
Glycine	S14, S2
Cholesterol	S2703
12:0	S2703
18:3 undifferentiated	S2703
17:1	S2703
Pantothenic acid	S2703
Threonine	S14, S2
Leucine	S14, S2

NDB No. 23048 Beef, round, knuckle, tip center, steak, separable lean and fat, trimmed to 0" fat, select, cooked, grilled

Lysine	S14, S2
Phenylalanine	S14, S2
Histidine	S14, S2
Fatty acids, total trans	S2703
16:0	S2703
14:1	S2703
17:0	S2703
18:2 t,t	S2703
Protein	S2703
Water	S2703
Calcium, Ca	S2703
Phosphorus, P	S2703
Niacin	S2703
Tyrosine	S14, S2
Proline	S14, S2
Ash	S2703
Zinc, Zn	S2703
Manganese, Mn	S2703
Selenium, Se	S2703
Riboflavin	S2703
Vitamin B-12	S2703
Tryptophan	S14, S2
Glutamic acid	S14, S2
18:0	S2703
18:2 undifferentiated	S2703
16:1 undifferentiated	S2703
Fatty acids, total polyunsaturated	S2703
Fatty acids, total trans-polyenoic	S2703
15:1	S2703
Potassium, K	S2703
Sodium, Na	S2703
Copper, Cu	S2703
Cystine	S14, S2
Serine	S14, S2
8:0	S2703
20:4 undifferentiated	S2703
Fatty acids, total	S2703

NDB No. 23048 Beef, round, knuckle, tip center, steak, separable lean and fat, trimmed to 0" fat, select, cooked, grilled

monounsaturated	
20:2 n-6 c,c	S2703
18:1 c	S2703
18:3 n-6 c,c,c	S2703
20:3 undifferentiated	S2703
Total lipid (fat)	S2703
Magnesium, Mg	S2703
Vitamin B-6	S2703
Betaine	S2703
Arginine	S14, S2
14:0	S2703
18:1 t	S2703

NDB No. 23049 Beef, round, outside round, bottom round, steak, separable lean and fat, trimmed to 0" fat, choice, raw

Iron, Fe	S2703
Vitamin E (alpha-tocopherol)	S2703
Riboflavin	S2703
Threonine	S14, S2
Cystine	S14, S2
Valine	S14, S2
Arginine	S14, S2
Histidine	S14, S2
15:0	S2703
17:0	S2703
18:1 t	S2703
20:2 n-6 c,c	S2703
Fatty acids, total trans-polyenoic	S2703
18:3 n-3 c,c,c (ALA)	S2703
Tocopherol, delta	S2703
Vitamin B-12	S2703
Isoleucine	S14, S2
Aspartic acid	S14, S2
8:0	S2703
18:0	S2703
20:0	S2703

NDB No. 23049 Beef, round, outside round, bottom round, steak, separable lean and fat, trimmed to 0" fat, choice, raw

18:1 undifferentiated	S2703
Fatty acids, total monounsaturated	S2703
Fatty acids, total polyunsaturated	S2703
18:3 n-6 c,c,c	S2703
Calcium, Ca	S2703
Vitamin B-6	S2703
Folate, total	S2703
Betaine	S2703
Methionine	S14, S2
Fatty acids, total trans	S2703
Fatty acids, total saturated	S2703
16:1 undifferentiated	S2703
18:2 t,t	S2703
Total lipid (fat)	S2703
Tocopherol, beta	S2703
Thiamin	S2703
Niacin	S2703
Choline, total	S2703
Menaquinone-4	S2703
Cholesterol	S2703
18:1 c	S2703
Ash	S2703
Sodium, Na	S2703
Tocopherol, gamma	S2703
Dihydrophylloquinone	S2703
Leucine	S14, S2
Alanine	S14, S2
Glycine	S14, S2
Proline	S14, S2
Serine	S14, S2
16:0	S2703
14:1	S2703
18:2 n-6 c,c	S2703
20:3 undifferentiated	S2703
15:1	S2703
Water	S2703

NDB No. 23049 Beef, round, outside round, bottom round, steak, separable lean and fat, trimmed to 0" fat, choice, raw

Potassium, K	S2703
Zinc, Zn	S2703
Copper, Cu	S2703
Vitamin K (phylloquinone)	S2703
12:0	S2703
18:2 undifferentiated	S2703
18:3 undifferentiated	S2703
Manganese, Mn	S2703
Selenium, Se	S2703
Tryptophan	S14, S2
Lysine	S14, S2
Tyrosine	S14, S2
Glutamic acid	S14, S2
Hydroxyproline	S2703
10:0	S2703
20:4 undifferentiated	S2703
22:0	S2703
20:1	S2703
17:1	S2703
Protein	S2703
Magnesium, Mg	S2703
Phosphorus, P	S2703
Retinol	S2703
Pantothenic acid	S2703
Phenylalanine	S14, S2
14:0	S2703
Fatty acids, total trans-monoenoic	S2703

NDB No. 23050 Beef, round, outside round, bottom round, steak, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

Total lipid (fat)	S2703
Magnesium, Mg	S2703
Retinol	S2703
Tocopherol, beta	S2703
Tocopherol, delta	S2703
Dihydrophylloquinone	S2703

NDB No. 23050 Beef, round, outside round, bottom round, steak, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

Isoleucine	S14, S2
Lysine	S14, S2
Cystine	S14, S2
Proline	S14, S2
10:0	S2703
14:0	S2703
16:0	S2703
14:1	S2703
20:2 n-6 c,c	S2703
18:1 c	S2703
20:3 undifferentiated	S2703
Ash	S2703
Menaquinone-4	S2703
Betaine	S2703
Threonine	S14, S2
Leucine	S14, S2
Phenylalanine	S14, S2
Valine	S14, S2
Cholesterol	S2703
22:0	S2703
17:0	S2703
18:1 t	S2703
18:3 n-6 c,c,c	S2703
Vitamin B-6	S2703
Vitamin K (phylloquinone)	S2703
Methionine	S14, S2
Fatty acids, total trans	S2703
Fatty acids, total monounsaturated	S2703
15:1	S2703
Zinc, Zn	S2703
Riboflavin	S2703
Pantothenic acid	S2703
Folate, total	S2703
Tyrosine	S14, S2
Arginine	S14, S2
Alanine	S14, S2

NDB No. 23050 Beef, round, outside round, bottom round, steak, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

12:0	S2703
20:4 undifferentiated	S2703
20:1	S2703
Fatty acids, total polyunsaturated	S2703
18:2 t,t	S2703
18:2 n-6 c,c	S2703
17:1	S2703
Calcium, Ca	S2703
Iron, Fe	S2703
Phosphorus, P	S2703
Manganese, Mn	S2703
Selenium, Se	S2703
Tocopherol, gamma	S2703
Vitamin B-12	S2703
Choline, total	S2703
20:0	S2703
18:1 undifferentiated	S2703
18:3 n-3 c,c,c (ALA)	S2703
Niacin	S2703
Tryptophan	S14, S2
Serine	S14, S2
Fatty acids, total saturated	S2703
16:1 undifferentiated	S2703
Fatty acids, total trans-monoenoic	S2703
Potassium, K	S2703
Sodium, Na	S2703
Copper, Cu	S2703
Histidine	S14, S2
Aspartic acid	S14, S2
Glycine	S14, S2
18:2 undifferentiated	S2703
18:3 undifferentiated	S2703
Fatty acids, total trans-polyenoic	S2703
Protein	S2703
Water	S2703
Vitamin E (alpha-tocopherol)	S2703

NDB No. 23050	Beef, round, outside round, bottom round, steak, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled
Thiamin	S2703
Glutamic acid	S14, S2
8:0	S2703
18:0	S2703
15:0	S2703

NDB No. 23051	Beef, round, outside round, bottom round, steak, separable lean and fat, trimmed to 0" fat, select, raw
Ash	S2703
Iron, Fe	S2703
Vitamin B-6	S2703
Valine	S14, S2
Histidine	S14, S2
Hydroxyproline	S2703
14:0	S2703
20:4 undifferentiated	S2703
17:1	S2703
Total lipid (fat)	S2703
Copper, Cu	S2703
Thiamin	S2703
Riboflavin	S2703
Vitamin B-12	S2703
Choline, total	S2703
Phenylalanine	S14, S2
Glutamic acid	S14, S2
Fatty acids, total saturated	S2703
20:2 n-6 c,c	S2703
18:3 n-6 c,c,c	S2703
Fatty acids, total trans-polyenoic	S2703
Protein	S2703
Calcium, Ca	S2703
Magnesium, Mg	S2703
Zinc, Zn	S2703
Manganese, Mn	S2703
Niacin	S2703
Betaine	S2703

NDB No. 23051 Beef, round, outside round, bottom round, steak, separable lean and fat, trimmed to 0" fat, select, raw

Threonine	S14, S2
Lysine	S14, S2
Tyrosine	S14, S2
Aspartic acid	S14, S2
12:0	S2703
16:0	S2703
18:1 undifferentiated	S2703
14:1	S2703
16:1 undifferentiated	S2703
Fatty acids, total monounsaturated	S2703
15:0	S2703
18:2 t,t	S2703
Tryptophan	S14, S2
Fatty acids, total trans	S2703
18:2 n-6 c,c	S2703
18:3 n-3 c,c,c (ALA)	S2703
Potassium, K	S2703
Sodium, Na	S2703
Cholesterol	S2703
18:0	S2703
20:0	S2703
18:3 undifferentiated	S2703
18:1 c	S2703
Fatty acids, total trans-monoenoic	S2703
Water	S2703
Selenium, Se	S2703
Isoleucine	S14, S2
8:0	S2703
10:0	S2703
22:0	S2703
18:1 t	S2703
Phosphorus, P	S2703
Pantothenic acid	S2703
Methionine	S14, S2
Cystine	S14, S2

NDB No. 23051	Beef, round, outside round, bottom round, steak, separable lean and fat, trimmed to 0" fat, select, raw
Arginine	S14, S2
Alanine	S14, S2
Serine	S14, S2
20:3 undifferentiated	S2703
15:1	S2703
Leucine	S14, S2
Glycine	S14, S2
Proline	S14, S2
18:2 undifferentiated	S2703
20:1	S2703
Fatty acids, total polyunsaturated	S2703
17:0	S2703

NDB No. 23052	Beef, round, outside round, bottom round, steak, separable lean and fat, trimmed to 0" fat, select, cooked, grilled
Water	S2703
Vitamin B-12	S2703
Tryptophan	S14, S2
Isoleucine	S14, S2
Cystine	S14, S2
Alanine	S14, S2
Glycine	S14, S2
Serine	S14, S2
8:0	S2703
16:1 undifferentiated	S2703
20:1	S2703
Fatty acids, total monounsaturated	S2703
18:1 t	S2703
15:1	S2703
Total lipid (fat)	S2703
Iron, Fe	S2703
Niacin	S2703
Pantothenic acid	S2703
Threonine	S14, S2
Leucine	S14, S2
Tyrosine	S14, S2

NDB No. 23052 Beef, round, outside round, bottom round, steak, separable lean and fat, trimmed to 0" fat, select, cooked, grilled

17:0	S2703
18:2 t,t	S2703
20:2 n-6 c,c	S2703
Fatty acids, total trans-monoenoic	S2703
Phosphorus, P	S2703
Methionine	S14, S2
Phenylalanine	S14, S2
Valine	S14, S2
Fatty acids, total saturated	S2703
17:1	S2703
20:3 undifferentiated	S2703
Potassium, K	S2703
Cholesterol	S2703
12:0	S2703
18:1 undifferentiated	S2703
18:2 undifferentiated	S2703
Fatty acids, total polyunsaturated	S2703
15:0	S2703
18:3 n-3 c,c,c (ALA)	S2703
Magnesium, Mg	S2703
Sodium, Na	S2703
Vitamin B-6	S2703
Betaine	S2703
Histidine	S14, S2
18:3 undifferentiated	S2703
20:4 undifferentiated	S2703
14:1	S2703
Protein	S2703
Zinc, Zn	S2703
Riboflavin	S2703
Proline	S14, S2
Fatty acids, total trans	S2703
14:0	S2703
18:0	S2703
22:0	S2703
18:2 n-6 c,c	S2703

NDB No. 23052 Beef, round, outside round, bottom round, steak, separable lean and fat, trimmed to 0" fat, select, cooked, grilled

Fatty acids, total trans-polyenoic	S2703
Ash	S2703
Calcium, Ca	S2703
Copper, Cu	S2703
Selenium, Se	S2703
Choline, total	S2703
Lysine	S14, S2
Arginine	S14, S2
Aspartic acid	S14, S2
Glutamic acid	S14, S2
10:0	S2703
16:0	S2703
18:3 n-6 c,c,c	S2703
Manganese, Mn	S2703
Thiamin	S2703
20:0	S2703
18:1 c	S2703

NDB No. 23053 Beef, chuck, shoulder clod, shoulder tender, medallion, separable lean and fat, trimmed to 0" fat, all grades, raw

Potassium, K	S2703
Vitamin E (alpha-tocopherol)	S2703
Folate, total	S2703
Valine	S14, S2
Arginine	S14, S2
Fatty acids, total saturated	S2703
18:1 undifferentiated	S2703
18:3 undifferentiated	S2703
18:1 c	S2703
Ash	S2703
Iron, Fe	S2703
Manganese, Mn	S2703
Threonine	S14, S2
18:2 undifferentiated	S2703
20:3 undifferentiated	S2703
Phosphorus, P	S2703

NDB No. 23053 Beef, chuck, shoulder clod, shoulder tender, medallion, separable lean and fat, trimmed to 0" fat, all grades, raw

Zinc, Zn	S2703
Riboflavin	S2703
Phenylalanine	S14, S2
Tyrosine	S14, S2
Alanine	S14, S2
Aspartic acid	S14, S2
Serine	S14, S2
Fatty acids, total trans	S2703
16:0	S2703
20:0	S2703
20:4 undifferentiated	S2703
15:1	S2703
Water	S2703
Sodium, Na	S2703
Tocopherol, gamma	S2703
Pantothenic acid	S2703
Tryptophan	S14, S2
Isoleucine	S14, S2
Glutamic acid	S14, S2
18:0	S2703
Fatty acids, total trans-monoenoic	S2703
Retinol	S2703
Tocopherol, delta	S2703
Thiamin	S2703
Leucine	S14, S2
Cystine	S14, S2
14:0	S2703
17:0	S2703
18:2 n-6 c,c	S2703
17:1	S2703
Protein	S2703
Magnesium, Mg	S2703
Lysine	S14, S2
Methionine	S14, S2
Histidine	S14, S2
Glycine	S14, S2

NDB No. 23053 Beef, chuck, shoulder clod, shoulder tender, medallion, separable lean and fat, trimmed to 0" fat, all grades, raw

22:0	S2703
14:1	S2703
Fatty acids, total monounsaturated	S2703
Fatty acids, total polyunsaturated	S2703
Fatty acids, total trans-polyenoic	S2703
Total lipid (fat)	S2703
Calcium, Ca	S2703
Copper, Cu	S2703
Selenium, Se	S2703
Niacin	S2703
Vitamin B-12	S2703
Proline	S14, S2
Cholesterol	S2703
8:0	S2703
16:1 undifferentiated	S2703
15:0	S2703
18:1 t	S2703
18:2 t,t	S2703
20:2 n-6 c,c	S2703
18:3 n-6 c,c,c	S2703
Tocopherol, beta	S2703
Vitamin B-6	S2703
10:0	S2703
12:0	S2703
20:1	S2703
18:3 n-3 c,c,c (ALA)	S2703

NDB No. 23054 Beef, chuck, shoulder clod, shoulder tender, medallion, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

Iron, Fe	S2703
Magnesium, Mg	S2703
Sodium, Na	S2703
Pantothenic acid	S2703
Vitamin B-12	S2703
Vitamin K (phylloquinone)	S2703
Lysine	S14, S2

NDB No. 23054 Beef, chuck, shoulder clod, shoulder tender, medallion, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

Arginine	S14, S2
Alanine	S14, S2
Fatty acids, total trans	S2703
18:2 undifferentiated	S2703
14:1	S2703
20:2 n-6 c,c	S2703
Tocopherol, beta	S2703
Dihydrophylloquinone	S2703
Tyrosine	S14, S2
Valine	S14, S2
16:1 undifferentiated	S2703
18:1 t	S2703
18:2 n-6 c,c	S2703
Potassium, K	S2703
Tocopherol, gamma	S2703
14:0	S2703
18:3 undifferentiated	S2703
20:4 undifferentiated	S2703
20:1	S2703
Fatty acids, total monounsaturated	S2703
Fatty acids, total polyunsaturated	S2703
18:1 c	S2703
18:3 n-6 c,c,c	S2703
Riboflavin	S2703
Niacin	S2703
Choline, total	S2703
Leucine	S14, S2
Methionine	S14, S2
Glutamic acid	S14, S2
Glycine	S14, S2
Proline	S14, S2
Serine	S14, S2
8:0	S2703
10:0	S2703
12:0	S2703
18:0	S2703

NDB No. 23054 Beef, chuck, shoulder clod, shoulder tender, medallion, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

20:0	S2703
22:0	S2703
15:0	S2703
18:2 t,t	S2703
Fatty acids, total trans-monoenoic	S2703
Protein	S2703
Ash	S2703
Calcium, Ca	S2703
Phosphorus, P	S2703
Histidine	S14, S2
Aspartic acid	S14, S2
16:0	S2703
17:1	S2703
15:1	S2703
Zinc, Zn	S2703
Vitamin E (alpha-tocopherol)	S2703
Tocopherol, delta	S2703
Thiamin	S2703
Vitamin B-6	S2703
Folate, total	S2703
Tryptophan	S14, S2
Threonine	S14, S2
Isoleucine	S14, S2
Cholesterol	S2703
Fatty acids, total saturated	S2703
18:1 undifferentiated	S2703
Manganese, Mn	S2703
Retinol	S2703
Betaine	S2703
17:0	S2703
Fatty acids, total trans-polyenoic	S2703
Total lipid (fat)	S2703
Water	S2703
Copper, Cu	S2703
Selenium, Se	S2703
Menaquinone-4	S2703

NDB No. 23054 Beef, chuck, shoulder clod, shoulder tender, medallion, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

Cystine	S14, S2
Phenylalanine	S14, S2
20:3 undifferentiated	S2703
18:3 n-3 c,c,c (ALA)	S2703

NDB No. 23055 Beef, round, knuckle, tip side, steak, separable lean and fat, trimmed to 0" fat, all grades, raw

Sodium, Na	S2703
Manganese, Mn	S2703
Choline, total	S2703
Isoleucine	S14, S2
Tyrosine	S14, S2
Fatty acids, total saturated	S2703
8:0	S2703
16:0	S2703
18:1 undifferentiated	S2703
20:4 undifferentiated	S2703
Fatty acids, total monounsaturated	S2703
18:2 n-6 c,c	S2703
18:3 n-3 c,c,c (ALA)	S2703
Potassium, K	S2703
Selenium, Se	S2703
Tocopherol, delta	S2703
Menaquinone-4	S2703
Betaine	S2703
Methionine	S14, S2
Aspartic acid	S14, S2
Glycine	S14, S2
Hydroxyproline	S2703
20:0	S2703
18:3 undifferentiated	S2703
20:1	S2703
18:1 t	S2703
15:1	S2703
Magnesium, Mg	S2703
Riboflavin	S2703

NDB No. 23055 Beef, round, knuckle, tip side, steak, separable lean and fat, trimmed to 0" fat, all grades, raw

Vitamin B-12	S2703
Dihydrophylloquinone	S2703
Phenylalanine	S14, S2
12:0	S2703
Fatty acids, total polyunsaturated	S2703
20:2 n-6 c,c	S2703
20:3 undifferentiated	S2703
Calcium, Ca	S2703
Pantothenic acid	S2703
Vitamin K (phylloquinone)	S2703
Cystine	S14, S2
10:0	S2703
18:0	S2703
Fatty acids, total trans-polyenoic	S2703
Protein	S2703
Water	S2703
Copper, Cu	S2703
Tocopherol, gamma	S2703
Niacin	S2703
Alanine	S14, S2
14:1	S2703
16:1 undifferentiated	S2703
15:0	S2703
18:3 n-6 c,c,c	S2703
Fatty acids, total trans-monoenoic	S2703
Zinc, Zn	S2703
Vitamin E (alpha-tocopherol)	S2703
Thiamin	S2703
Arginine	S14, S2
18:2 undifferentiated	S2703
Iron, Fe	S2703
Tocopherol, beta	S2703
Folate, total	S2703
Lysine	S14, S2
Histidine	S14, S2
Glutamic acid	S14, S2
Proline	S14, S2

NDB No. 23055 Beef, round, knuckle, tip side, steak, separable lean and fat, trimmed to 0" fat, all grades, raw

Cholesterol	S2703
Fatty acids, total trans	S2703
14:0	S2703
18:2 t,t	S2703
18:1 c	S2703
Total lipid (fat)	S2703
Ash	S2703
Phosphorus, P	S2703
Retinol	S2703
Vitamin B-6	S2703
Tryptophan	S14, S2
Threonine	S14, S2
Leucine	S14, S2
Valine	S14, S2
Serine	S14, S2
22:0	S2703
17:0	S2703
17:1	S2703

NDB No. 23056 Beef, round, knuckle, tip side, steak, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

Ash	S2703
Phenylalanine	S14, S2
Proline	S14, S2
Fatty acids, total trans	S2703
14:1	S2703
Fatty acids, total trans-polyenoic	S2703
15:1	S2703
Niacin	S2703
Dihydrophylloquinone	S2703
Tryptophan	S14, S2
Threonine	S14, S2
Leucine	S14, S2
Methionine	S14, S2
18:2 undifferentiated	S2703
20:2 n-6 c,c	S2703
20:3 undifferentiated	S2703

NDB No. 23056 Beef, round, knuckle, tip side, steak, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

Fatty acids, total trans-monoenoic	S2703
Tocopherol, delta	S2703
Thiamin	S2703
Lysine	S14, S2
Cystine	S14, S2
Valine	S14, S2
Serine	S14, S2
17:1	S2703
18:3 n-3 c,c,c (ALA)	S2703
Sodium, Na	S2703
Manganese, Mn	S2703
Selenium, Se	S2703
Tocopherol, beta	S2703
Pantothenic acid	S2703
Isoleucine	S14, S2
Fatty acids, total monounsaturated	S2703
18:3 n-6 c,c,c	S2703
Calcium, Ca	S2703
Zinc, Zn	S2703
Copper, Cu	S2703
Retinol	S2703
Vitamin B-6	S2703
Menaquinone-4	S2703
Betaine	S2703
Arginine	S14, S2
Glutamic acid	S14, S2
18:0	S2703
20:1	S2703
18:1 c	S2703
Protein	S2703
Total lipid (fat)	S2703
Magnesium, Mg	S2703
Phosphorus, P	S2703
Vitamin E (alpha-tocopherol)	S2703
Tocopherol, gamma	S2703

NDB No. 23056 Beef, round, knuckle, tip side, steak, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

Vitamin B-12	S2703
Choline, total	S2703
Vitamin K (phylloquinone)	S2703
Tyrosine	S14, S2
8:0	S2703
14:0	S2703
20:0	S2703
18:2 n-6 c,c	S2703
Riboflavin	S2703
Folate, total	S2703
Histidine	S14, S2
Alanine	S14, S2
Glycine	S14, S2
Fatty acids, total saturated	S2703
10:0	S2703
12:0	S2703
18:1 undifferentiated	S2703
18:3 undifferentiated	S2703
Fatty acids, total polyunsaturated	S2703
15:0	S2703
17:0	S2703
18:2 t,t	S2703
Water	S2703
Iron, Fe	S2703
Potassium, K	S2703
Aspartic acid	S14, S2
Cholesterol	S2703
16:0	S2703
20:4 undifferentiated	S2703
22:0	S2703
16:1 undifferentiated	S2703
18:1 t	S2703

NDB No. 23057 Beef, chuck, shoulder clod, shoulder top and center steaks, separable lean and fat, trimmed to 0" fat, all grades, raw

Protein	S2703

NDB No. 23057 Beef, chuck, shoulder clod, shoulder top and center steaks, separable lean and fat, trimmed to 0" fat, all grades, raw

Calcium, Ca	S2703
Zinc, Zn	S2703
Selenium, Se	S2703
Vitamin E (alpha-tocopherol)	S2703
Riboflavin	S2703
Cystine	S14, S2
Alanine	S14, S2
18:1 t	S2703
18:2 n-6 c,c	S2703
20:3 undifferentiated	S2703
Sodium, Na	S2703
Tocopherol, beta	S2703
Isoleucine	S14, S2
Lysine	S14, S2
Tyrosine	S14, S2
Glutamic acid	S14, S2
Serine	S14, S2
Cholesterol	S2703
20:1	S2703
17:0	S2703
18:2 t,t	S2703
17:1	S2703
Manganese, Mn	S2703
Proline	S14, S2
Fatty acids, total saturated	S2703
18:0	S2703
Fatty acids, total trans-polyenoic	S2703
Ash	S2703
Iron, Fe	S2703
Potassium, K	S2703
Thiamin	S2703
Vitamin B-6	S2703
Vitamin B-12	S2703
Phenylalanine	S14, S2
Valine	S14, S2
Aspartic acid	S14, S2
20:4 undifferentiated	S2703

NDB No. 23057 Beef, chuck, shoulder clod, shoulder top and center steaks, separable lean and fat, trimmed to 0" fat, all grades, raw

16:1 undifferentiated	S2703
Fatty acids, total monounsaturated	S2703
20:2 n-6 c,c	S2703
Fatty acids, total trans-monoenoic	S2703
18:3 n-3 c,c,c (ALA)	S2703
Copper, Cu	S2703
Retinol	S2703
Tocopherol, gamma	S2703
Menaquinone-4	S2703
Arginine	S14, S2
Histidine	S14, S2
18:2 undifferentiated	S2703
18:1 c	S2703
18:3 n-6 c,c,c	S2703
Water	S2703
Magnesium, Mg	S2703
Folate, total	S2703
Vitamin K (phylloquinone)	S2703
Threonine	S14, S2
Glycine	S14, S2
10:0	S2703
14:1	S2703
Fatty acids, total polyunsaturated	S2703
15:0	S2703
Phosphorus, P	S2703
Tocopherol, delta	S2703
Methionine	S14, S2
Hydroxyproline	S2703
8:0	S2703
14:0	S2703
16:0	S2703
15:1	S2703
Total lipid (fat)	S2703
Niacin	S2703
Pantothenic acid	S2703

NDB No. 23057 Beef, chuck, shoulder clod, shoulder top and center steaks, separable lean and fat, trimmed to 0" fat, all grades, raw

Choline, total	S2703
Dihydrophylloquinone	S2703
Betaine	S2703
Tryptophan	S14, S2
Leucine	S14, S2
Fatty acids, total trans	S2703
12:0	S2703
20:0	S2703
18:1 undifferentiated	S2703
18:3 undifferentiated	S2703
22:0	S2703

NDB No. 23058 Beef, chuck, shoulder clod, shoulder top and center steaks, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

Phosphorus, P	S2703
Zinc, Zn	S2703
Dihydrophylloquinone	S2703
14:0	S2703
18:3 n-6 c,c,c	S2703
Tocopherol, delta	S2703
Lysine	S14, S2
Serine	S14, S2
20:4 undifferentiated	S2703
20:3 undifferentiated	S2703
Ash	S2703
Water	S2703
Calcium, Ca	S2703
Manganese, Mn	S2703
Vitamin E (alpha-tocopherol)	S2703
Tocopherol, beta	S2703
Thiamin	S2703
Vitamin B-6	S2703
16:0	S2703
Fatty acids, total monounsaturated	S2703
Total lipid (fat)	S2703
Iron, Fe	S2703

NDB No. 23058 Beef, chuck, shoulder clod, shoulder top and center steaks, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

Sodium, Na	S2703
Retinol	S2703
Vitamin B-12	S2703
Choline, total	S2703
Tryptophan	S14, S2
Threonine	S14, S2
Aspartic acid	S14, S2
Proline	S14, S2
14:1	S2703
20:1	S2703
Fatty acids, total polyunsaturated	S2703
15:0	S2703
18:1 t	S2703
18:2 t,t	S2703
Fatty acids, total trans-monoenoic	S2703
Copper, Cu	S2703
Menaquinone-4	S2703
Betaine	S2703
Cystine	S14, S2
Histidine	S14, S2
Alanine	S14, S2
Fatty acids, total trans	S2703
12:0	S2703
18:0	S2703
16:1 undifferentiated	S2703
18:2 n-6 c,c	S2703
Fatty acids, total trans-polyenoic	S2703
15:1	S2703
18:3 n-3 c,c,c (ALA)	S2703
Magnesium, Mg	S2703
Tocopherol, gamma	S2703
Methionine	S14, S2
Phenylalanine	S14, S2
Glycine	S14, S2
Fatty acids, total saturated	S2703
10:0	S2703

NDB No. 23058 Beef, chuck, shoulder clod, shoulder top and center steaks, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

18:1 undifferentiated	S2703
18:2 undifferentiated	S2703
18:3 undifferentiated	S2703
22:0	S2703
17:0	S2703
18:1 c	S2703
Protein	S2703
Selenium, Se	S2703
Vitamin K (phylloquinone)	S2703
Isoleucine	S14, S2
Tyrosine	S14, S2
Valine	S14, S2
Arginine	S14, S2
Glutamic acid	S14, S2
8:0	S2703
20:0	S2703
17:1	S2703
Potassium, K	S2703
Riboflavin	S2703
Niacin	S2703
Pantothenic acid	S2703
Folate, total	S2703
Leucine	S14, S2
Cholesterol	S2703
20:2 n-6 c,c	S2703

NDB No. 23059 Beef, chuck, shoulder clod, top blade, steak, separable lean and fat, trimmed to 0" fat, all grades, raw

Total lipid (fat)	S2703
Tocopherol, beta	S2703
Choline, total	S2703
Alanine	S14, S2
12:0	S2703
20:4 undifferentiated	S2703
20:2 n-6 c,c	S2703
Fatty acids, total trans-polyenoic	S2703

NDB No. 23059 Beef, chuck, shoulder clod, top blade, steak, separable lean and fat, trimmed to 0" fat, all grades, raw

Tocopherol, gamma	S2703
Vitamin B-6	S2703
Folate, total	S2703
Tryptophan	S14, S2
Cystine	S14, S2
Phenylalanine	S14, S2
Glutamic acid	S14, S2
8:0	S2703
18:2 undifferentiated	S2703
Fatty acids, total polyunsaturated	S2703
18:3 n-6 c,c,c	S2703
20:3 undifferentiated	S2703
15:1	S2703
18:3 n-3 c,c,c (ALA)	S2703
Protein	S2703
Ash	S2703
Selenium, Se	S2703
Riboflavin	S2703
Vitamin B-12	S2703
Dihydrophylloquinone	S2703
Methionine	S14, S2
Proline	S14, S2
Serine	S14, S2
Cholesterol	S2703
18:1 undifferentiated	S2703
20:1	S2703
18:1 t	S2703
18:2 t,t	S2703
17:1	S2703
Calcium, Ca	S2703
Iron, Fe	S2703
Magnesium, Mg	S2703
Phosphorus, P	S2703
Retinol	S2703
Pantothenic acid	S2703
Threonine	S14, S2
16:0	S2703

NDB No. 23059 Beef, chuck, shoulder clod, top blade, steak, separable lean and fat, trimmed to 0" fat, all grades, raw

20:0	S2703
14:1	S2703
Water	S2703
Thiamin	S2703
Vitamin K (phylloquinone)	S2703
Tyrosine	S14, S2
17:0	S2703
Betaine	S2703
Histidine	S14, S2
Fatty acids, total saturated	S2703
18:3 undifferentiated	S2703
15:0	S2703
18:1 c	S2703
Fatty acids, total trans-monoenoic	S2703
Potassium, K	S2703
Sodium, Na	S2703
Copper, Cu	S2703
Manganese, Mn	S2703
Niacin	S2703
Leucine	S14, S2
Lysine	S14, S2
Valine	S14, S2
Arginine	S14, S2
Glycine	S14, S2
Fatty acids, total trans	S2703
14:0	S2703
Fatty acids, total monounsaturated	S2703
Zinc, Zn	S2703
Vitamin E (alpha-tocopherol)	S2703
Tocopherol, delta	S2703
Menaquinone-4	S2703
Isoleucine	S14, S2
Aspartic acid	S14, S2
Hydroxyproline	S2703
10:0	S2703

NDB No. 23059	Beef, chuck, shoulder clod, top blade, steak, separable lean and fat, trimmed to 0" fat, all grades, raw
18:0	S2703
22:0	S2703
16:1 undifferentiated	S2703
18:2 n-6 c,c	S2703

NDB No. 23060	Beef, chuck, shoulder clod, top blade, steak, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled
Retinol	S2703
Isoleucine	S14, S2
Phenylalanine	S14, S2
Glutamic acid	S14, S2
Cholesterol	S2703
8:0	S2703
Fatty acids, total monounsaturated	S2703
18:2 t,t	S2703
Protein	S2703
Ash	S2703
Vitamin E (alpha-tocopherol)	S2703
Thiamin	S2703
Choline, total	S2703
Tyrosine	S14, S2
Proline	S14, S2
20:4 undifferentiated	S2703
17:1	S2703
Iron, Fe	S2703
Sodium, Na	S2703
Tocopherol, delta	S2703
Riboflavin	S2703
Menaquinone-4	S2703
Fatty acids, total trans	S2703
12:0	S2703
Fatty acids, total polyunsaturated	S2703
18:2 n-6 c,c	S2703
Fatty acids, total trans-monoenoic	S2703
15:1	S2703

NDB No. 23060 Beef, chuck, shoulder clod, top blade, steak, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

Phosphorus, P	S2703
Selenium, Se	S2703
Tocopherol, gamma	S2703
Dihydrophylloquinone	S2703
Betaine	S2703
Tryptophan	S14, S2
Methionine	S14, S2
18:2 undifferentiated	S2703
16:1 undifferentiated	S2703
20:2 n-6 c,c	S2703
20:3 undifferentiated	S2703
Fatty acids, total trans-polyenoic	S2703
Calcium, Ca	S2703
Magnesium, Mg	S2703
Potassium, K	S2703
Zinc, Zn	S2703
Copper, Cu	S2703
Vitamin B-12	S2703
Cystine	S14, S2
Aspartic acid	S14, S2
14:0	S2703
22:0	S2703
15:0	S2703
17:0	S2703
Water	S2703
Tocopherol, beta	S2703
Vitamin B-6	S2703
Folate, total	S2703
Vitamin K (phylloquinone)	S2703
Threonine	S14, S2
Leucine	S14, S2
Lysine	S14, S2
Arginine	S14, S2
Histidine	S14, S2
Glycine	S14, S2
18:0	S2703
20:0	S2703

NDB No. 23060 Beef, chuck, shoulder clod, top blade, steak, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

18:3 undifferentiated	S2703
14:1	S2703
20:1	S2703
18:3 n-6 c,c,c	S2703
Valine	S14, S2
16:0	S2703
18:1 t	S2703
18:1 c	S2703
18:3 n-3 c,c,c (ALA)	S2703
Total lipid (fat)	S2703
Manganese, Mn	S2703
Niacin	S2703
Pantothenic acid	S2703
Alanine	S14, S2
Serine	S14, S2
Fatty acids, total saturated	S2703
10:0	S2703
18:1 undifferentiated	S2703

NDB No. 23061 Beef, round, knuckle, tip center, steak, separable lean and fat, trimmed to 0" fat, all grades, raw

Calcium, Ca	S2703
Potassium, K	S2703
Selenium, Se	S2703
Tocopherol, gamma	S2703
Vitamin B-6	S2703
Hydroxyproline	S2703
10:0	S2703
16:0	S2703
18:0	S2703
18:3 undifferentiated	S2703
15:0	S2703
18:1 t	S2703
Fatty acids, total trans-polyenoic	S2703
Ash	S2703
Sodium, Na	S2703
Retinol	S2703

NDB No. 23061 Beef, round, knuckle, tip center, steak, separable lean and fat, trimmed to 0" fat, all grades, raw

Thiamin	S2703
Choline, total	S2703
Vitamin K (phylloquinone)	S2703
Threonine	S14, S2
Phenylalanine	S14, S2
18:2 undifferentiated	S2703
20:4 undifferentiated	S2703
Fatty acids, total polyunsaturated	S2703
18:2 n-6 c,c	S2703
18:3 n-3 c,c,c (ALA)	S2703
Vitamin E (alpha-tocopherol)	S2703
Riboflavin	S2703
Vitamin B-12	S2703
Isoleucine	S14, S2
Serine	S14, S2
18:1 c	S2703
18:3 n-6 c,c,c	S2703
20:3 undifferentiated	S2703
15:1	S2703
Copper, Cu	S2703
Dihydrophylloquinone	S2703
Tryptophan	S14, S2
Glycine	S14, S2
Cholesterol	S2703
18:2 t,t	S2703
Magnesium, Mg	S2703
Zinc, Zn	S2703
Tocopherol, delta	S2703
Niacin	S2703
Folate, total	S2703
Cystine	S14, S2
Alanine	S14, S2
Proline	S14, S2
20:0	S2703
20:2 n-6 c,c	S2703
Leucine	S14, S2
Arginine	S14, S2

NDB No. 23061 Beef, round, knuckle, tip center, steak, separable lean and fat, trimmed to 0" fat, all grades, raw

Histidine	S14, S2
Aspartic acid	S14, S2
Fatty acids, total saturated	S2703
12:0	S2703
14:0	S2703
18:1 undifferentiated	S2703
17:0	S2703
17:1	S2703
Water	S2703
Iron, Fe	S2703
Manganese, Mn	S2703
Menaquinone-4	S2703
Methionine	S14, S2
Fatty acids, total trans	S2703
22:0	S2703
Fatty acids, total monounsaturated	S2703
Protein	S2703
Total lipid (fat)	S2703
Phosphorus, P	S2703
Tocopherol, beta	S2703
Pantothenic acid	S2703
Betaine	S2703
Lysine	S14, S2
Tyrosine	S14, S2
Valine	S14, S2
Glutamic acid	S14, S2
8:0	S2703
14:1	S2703
16:1 undifferentiated	S2703
20:1	S2703
Fatty acids, total trans-monoenoic	S2703

NDB No. 23062 Beef, round, knuckle, tip center, steak, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

Menaquinone-4	S2703
Betaine	S2703

NDB No. 23062 Beef, round, knuckle, tip center, steak, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

Serine	S14, S2
Fatty acids, total trans	S2703
16:0	S2703
Fatty acids, total monounsaturated	S2703
17:0	S2703
18:2 t,t	S2703
18:1 c	S2703
18:2 n-6 c,c	S2703
18:3 n-6 c,c,c	S2703
20:3 undifferentiated	S2703
Fatty acids, total trans-monoenoic	S2703
Riboflavin	S2703
Vitamin B-12	S2703
Vitamin K (phylloquinone)	S2703
Isoleucine	S14, S2
Glutamic acid	S14, S2
Proline	S14, S2
Fatty acids, total saturated	S2703
14:1	S2703
16:1 undifferentiated	S2703
Protein	S2703
Water	S2703
Phosphorus, P	S2703
Manganese, Mn	S2703
Threonine	S14, S2
Lysine	S14, S2
Arginine	S14, S2
Alanine	S14, S2
Cholesterol	S2703
10:0	S2703
18:1 undifferentiated	S2703
18:3 undifferentiated	S2703
15:0	S2703
18:1 t	S2703
18:3 n-3 c,c,c (ALA)	S2703

NDB No. 23062 Beef, round, knuckle, tip center, steak, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

Potassium, K	S2703
Zinc, Zn	S2703
Retinol	S2703
Thiamin	S2703
14:0	S2703
Vitamin E (alpha-tocopherol)	S2703
Tocopherol, beta	S2703
Tocopherol, delta	S2703
Niacin	S2703
Pantothenic acid	S2703
Vitamin B-6	S2703
Tryptophan	S14, S2
Leucine	S14, S2
Aspartic acid	S14, S2
8:0	S2703
20:2 n-6 c,c	S2703
17:1	S2703
Fatty acids, total trans-polyenoic	S2703
Total lipid (fat)	S2703
Calcium, Ca	S2703
Iron, Fe	S2703
Copper, Cu	S2703
Selenium, Se	S2703
Choline, total	S2703
18:0	S2703
20:4 undifferentiated	S2703
20:1	S2703
Fatty acids, total polyunsaturated	S2703
Magnesium, Mg	S2703
Tocopherol, gamma	S2703
Folate, total	S2703
Methionine	S14, S2
Phenylalanine	S14, S2
Tyrosine	S14, S2
Glycine	S14, S2
20:0	S2703
18:2 undifferentiated	S2703

NDB No. 23062 Beef, round, knuckle, tip center, steak, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

22:0	S2703
Ash	S2703
Sodium, Na	S2703
Dihydrophylloquinone	S2703
Cystine	S14, S2
Valine	S14, S2
Histidine	S14, S2
12:0	S2703
15:1	S2703

NDB No. 23063 Beef, round, outside round, bottom round, steak, separable lean and fat, trimmed to 0" fat, all grades, raw

Ash	S2703
Retinol	S2703
Tocopherol, delta	S2703
Riboflavin	S2703
Vitamin K (phylloquinone)	S2703
Leucine	S14, S2
Cystine	S14, S2
Aspartic acid	S14, S2
Fatty acids, total trans	S2703
16:1 undifferentiated	S2703
20:3 undifferentiated	S2703
Water	S2703
Phosphorus, P	S2703
Vitamin E (alpha-tocopherol)	S2703
Pantothenic acid	S2703
Folate, total	S2703
Tyrosine	S14, S2
Glutamic acid	S14, S2
Glycine	S14, S2
16:0	S2703
20:4 undifferentiated	S2703
17:1	S2703
Fatty acids, total trans-monoenoic	S2703
Vitamin B-6	S2703

NDB No. 23063 Beef, round, outside round, bottom round, steak, separable lean and fat, trimmed to 0" fat, all grades, raw

Choline, total	S2703
Threonine	S14, S2
Fatty acids, total saturated	S2703
14:0	S2703
20:0	S2703
18:2 undifferentiated	S2703
14:1	S2703
18:2 t,t	S2703
Zinc, Zn	S2703
Selenium, Se	S2703
Dihydrophylloquinone	S2703
Betaine	S2703
Isoleucine	S14, S2
Methionine	S14, S2
Phenylalanine	S14, S2
Arginine	S14, S2
Histidine	S14, S2
Serine	S14, S2
10:0	S2703
17:0	S2703
18:3 n-6 c,c,c	S2703
Copper, Cu	S2703
Thiamin	S2703
Vitamin B-12	S2703
Hydroxyproline	S2703
Cholesterol	S2703
8:0	S2703
18:3 undifferentiated	S2703
22:0	S2703
Fatty acids, total polyunsaturated	S2703
18:1 t	S2703
Iron, Fe	S2703
Manganese, Mn	S2703
Tocopherol, gamma	S2703
Lysine	S14, S2
18:1 undifferentiated	S2703
18:1 c	S2703

NDB No. 23063 Beef, round, outside round, bottom round, steak, separable lean and fat, trimmed to 0" fat, all grades, raw

Tocopherol, beta	S2703
18:2 n-6 c,c	S2703
15:1	S2703
18:3 n-3 c,c,c (ALA)	S2703
Protein	S2703
Total lipid (fat)	S2703
Calcium, Ca	S2703
Magnesium, Mg	S2703
Potassium, K	S2703
Sodium, Na	S2703
Niacin	S2703
Menaquinone-4	S2703
Tryptophan	S14, S2
Valine	S14, S2
Alanine	S14, S2
Proline	S14, S2
12:0	S2703
18:0	S2703
20:1	S2703
Fatty acids, total monounsaturated	S2703
15:0	S2703
20:2 n-6 c,c	S2703
Fatty acids, total trans-polyenoic	S2703

NDB No. 23064 Beef, round, outside round, bottom round, steak, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

Pantothenic acid	S2703
Vitamin B-12	S2703
Menaquinone-4	S2703
Betaine	S2703
Histidine	S14, S2
Alanine	S14, S2
Aspartic acid	S14, S2
Glutamic acid	S14, S2
Proline	S14, S2
14:1	S2703

NDB No. 23064 Beef, round, outside round, bottom round, steak, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

Fatty acids, total monounsaturated	S2703
Fatty acids, total polyunsaturated	S2703
18:3 n-6 c,c,c	S2703
Fatty acids, total trans-monoenoic	S2703
Calcium, Ca	S2703
Zinc, Zn	S2703
Threonine	S14, S2
Tyrosine	S14, S2
Serine	S14, S2
8:0	S2703
20:0	S2703
18:3 undifferentiated	S2703
20:1	S2703
Protein	S2703
Iron, Fe	S2703
Magnesium, Mg	S2703
Sodium, Na	S2703
Manganese, Mn	S2703
Valine	S14, S2
15:0	S2703
20:3 undifferentiated	S2703
Ash	S2703
Potassium, K	S2703
Copper, Cu	S2703
Niacin	S2703
Vitamin B-6	S2703
Dihydrophylloquinone	S2703
Methionine	S14, S2
Phenylalanine	S14, S2
Cholesterol	S2703
22:0	S2703
18:1 c	S2703
17:1	S2703
15:1	S2703
18:3 n-3 c,c,c (ALA)	S2703

NDB No. 23064 Beef, round, outside round, bottom round, steak, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

Total lipid (fat)	S2703
Retinol	S2703
Tocopherol, beta	S2703
Tocopherol, delta	S2703
Lysine	S14, S2
Cystine	S14, S2
16:0	S2703
18:0	S2703
18:2 undifferentiated	S2703
Fatty acids, total trans-polyenoic	S2703
Vitamin E (alpha-tocopherol)	S2703
Tocopherol, gamma	S2703
Folate, total	S2703
Tryptophan	S14, S2
12:0	S2703
18:1 undifferentiated	S2703
18:2 t,t	S2703
20:2 n-6 c,c	S2703
Water	S2703
Phosphorus, P	S2703
Thiamin	S2703
Riboflavin	S2703
Vitamin K (phylloquinone)	S2703
Isoleucine	S14, S2
Arginine	S14, S2
Glycine	S14, S2
Fatty acids, total trans	S2703
Fatty acids, total saturated	S2703
10:0	S2703
14:0	S2703
18:2 n-6 c,c	S2703
Selenium, Se	S2703
Choline, total	S2703
Leucine	S14, S2
20:4 undifferentiated	S2703
16:1 undifferentiated	S2703
17:0	S2703

NDB No. 23064 Beef, round, outside round, bottom round, steak, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

18:1 t	S2703

NDB No. 23065 Beef, chuck, shoulder clod, shoulder tender, medallion, separable lean and fat, trimmed to 0" fat, select, cooked, grilled

Vitamin B-12	S2703
Betaine	S2703
Proline	S14, S2
18:0	S2703
18:3 n-6 c,c,c	S2703
Total lipid (fat)	S2703
Zinc, Zn	S2703
Copper, Cu	S2703
Niacin	S2703
Phenylalanine	S14, S2
16:0	S2703
18:3 undifferentiated	S2703
Fatty acids, total monounsaturated	S2703
15:1	S2703
Sodium, Na	S2703
Choline, total	S2703
Threonine	S14, S2
Arginine	S14, S2
Histidine	S14, S2
Fatty acids, total saturated	S2703
22:0	S2703
Fatty acids, total polyunsaturated	S2703
Protein	S2703
Water	S2703
Potassium, K	S2703
Pantothenic acid	S2703
Vitamin B-6	S2703
Isoleucine	S14, S2
Cystine	S14, S2
Serine	S14, S2
15:0	S2703
20:2 n-6 c,c	S2703

NDB No. 23065 Beef, chuck, shoulder clod, shoulder tender, medallion, separable lean and fat, trimmed to 0" fat, select, cooked, grilled

18:1 c	S2703
Manganese, Mn	S2703
Leucine	S14, S2
Glutamic acid	S14, S2
8:0	S2703
20:0	S2703
20:4 undifferentiated	S2703
16:1 undifferentiated	S2703
18:2 n-6 c,c	S2703
18:3 n-3 c,c,c (ALA)	S2703
Magnesium, Mg	S2703
Lysine	S14, S2
Glycine	S14, S2
Fatty acids, total trans	S2703
14:0	S2703
17:0	S2703
Fatty acids, total trans-polyenoic	S2703
Calcium, Ca	S2703
Iron, Fe	S2703
Phosphorus, P	S2703
Riboflavin	S2703
Methionine	S14, S2
Alanine	S14, S2
Aspartic acid	S14, S2
10:0	S2703
18:1 undifferentiated	S2703
18:2 undifferentiated	S2703
18:1 t	S2703
18:2 t,t	S2703
17:1	S2703
Ash	S2703
Selenium, Se	S2703
Thiamin	S2703
Tryptophan	S14, S2
Tyrosine	S14, S2
Valine	S14, S2
Cholesterol	S2703

NDB No. 23065 Beef, chuck, shoulder clod, shoulder tender, medallion, separable lean and fat, trimmed to 0" fat, select, cooked, grilled

12:0	S2703
14:1	S2703
20:1	S2703
20:3 undifferentiated	S2703
Fatty acids, total trans-monoenoic	S2703

NDB No. 23066 Beef, chuck, short ribs, boneless, separable lean only, trimmed to 0" fat, choice, raw

Calcium, Ca	S6702
Selenium, Se	S6702
Niacin	S6702
Vitamin K (phylloquinone)	S14
Valine	S6702
Fatty acids, total monounsaturated	S6702
Fatty acids, total trans-monoenoic	S6702
Sodium, Na	S6702
Vitamin E (alpha-tocopherol)	S6702
Tryptophan	S6702
Threonine	S6702
Alanine	S6702
Aspartic acid	S6702
Glutamic acid	S6702
Glycine	S6702
Serine	S6702
Fatty acids, total saturated	S6702
16:1 undifferentiated	S6702
17:0	S6702
Phosphorus, P	S6702
Zinc, Zn	S6702
Leucine	S6702
Lysine	S6702
14:0	S6702
18:2 undifferentiated	S6702
20:4 undifferentiated	S6702
18:2 CLAs	S6702

NDB No. 23066 Beef, chuck, short ribs, boneless, separable lean only, trimmed to 0" fat, choice, raw

Manganese, Mn	S6702
Tyrosine	S6702
Proline	S6702
22:6 n-3 (DHA)	S6702
20:5 n-3 (EPA)	S6702
24:0	S6702
18:1 t	S6702
Ash	S6702
Iron, Fe	S6702
Magnesium, Mg	S6702
Pantothenic acid	S6702
Isoleucine	S6702
14:1	S6702
20:1	S6702
18:1 c	S6702
Total lipid (fat)	S6702
Potassium, K	S6702
Copper, Cu	S6702
Vitamin B-6	S6702
Choline, total	S6702
Phenylalanine	S6702
Fatty acids, total trans	S6702
16:0	S6702
18:3 undifferentiated	S6702
17:1	S6702
18:3 n-3 c,c,c (ALA)	S6702
Water	S6702
Thiamin	S6702
Riboflavin	S6702
Betaine	S6702
Arginine	S6702
Histidine	S6702
18:0	S6702
20:0	S6702
18:1 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
20:2 n-6 c,c	S6702

NDB No. 23066 Beef, chuck, short ribs, boneless, separable lean only, trimmed to 0" fat, choice, raw

18:2 n-6 c,c	S6702
Protein	S6702
Vitamin B-12	S6702
Methionine	S6702
Cystine	S6702
Cholesterol	S6702
Fatty acids, total polyunsaturated	S6702
18:1-11t (18:1t n-7)	S6702

NDB No. 23067 Beef, chuck, short ribs, boneless, separable lean only, trimmed to 0" fat, select, raw

Sodium, Na	S6702
Copper, Cu	S6702
Niacin	S6702
Pantothenic acid	S6702
Choline, total	S6702
Aspartic acid	S6702
Proline	S6702
20:5 n-3 (EPA)	S6702
22:5 n-3 (DPA)	S6702
18:1 t	S6702
18:2 CLAs	S6702
Ash	S6702
Selenium, Se	S6702
Vitamin E (alpha-tocopherol)	S6702
Lysine	S6702
Alanine	S6702
20:0	S6702
18:1 undifferentiated	S6702
20:1	S6702
17:0	S6702
Iron, Fe	S6702
Potassium, K	S6702
Riboflavin	S6702
Vitamin B-12	S6702
Betaine	S6702
Threonine	S6702

NDB No. 23067 Beef, chuck, short ribs, boneless, separable lean only, trimmed to 0" fat, select, raw

Methionine	S6702
Tyrosine	S6702
18:2 undifferentiated	S6702
24:0	S6702
18:1 c	S6702
17:1	S6702
Water	S6702
Magnesium, Mg	S6702
Tryptophan	S6702
Isoleucine	S6702
Fatty acids, total saturated	S6702
22:6 n-3 (DHA)	S6702
Fatty acids, total monounsaturated	S6702
18:1-11t (18:1t n-7)	S6702
Calcium, Ca	S6702
Thiamin	S6702
Vitamin B-6	S6702
Cystine	S6702
Phenylalanine	S6702
Glutamic acid	S6702
Glycine	S6702
Cholesterol	S6702
18:3 undifferentiated	S6702
18:3 n-3 c,c,c (ALA)	S6702
Protein	S6702
Manganese, Mn	S6702
Leucine	S6702
Serine	S6702
Fatty acids, total trans	S6702
14:0	S6702
16:0	S6702
18:0	S6702
Fatty acids, total polyunsaturated	S6702
Phosphorus, P	S6702
Zinc, Zn	S6702
Valine	S6702
Arginine	S6702

NDB No. 23067 Beef, chuck, short ribs, boneless, separable lean only, trimmed to 0" fat, select, raw

14:1	S6702
20:2 n-6 c,c	S6702
Fatty acids, total trans-monoenoic	S6702
Total lipid (fat)	S6702
Vitamin K (phylloquinone)	S14
Histidine	S6702
20:4 undifferentiated	S6702
16:1 undifferentiated	S6702
18:2 n-6 c,c	S6702

NDB No. 23068 Beef, chuck, short ribs, boneless, separable lean only, trimmed to 0" fat, all grades, raw

Potassium, K	S6702
Zinc, Zn	S6702
Selenium, Se	S6702
Alanine	S6702
18:2 undifferentiated	S6702
18:1 c	S6702
Sodium, Na	S6702
Vitamin E (alpha-tocopherol)	S6702
Threonine	S6702
Aspartic acid	S6702
Glycine	S6702
14:0	S6702
20:4 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
20:1	S6702
17:0	S6702
20:2 n-6 c,c	S6702
18:3 n-3 c,c,c (ALA)	S6702
Water	S6702
Magnesium, Mg	S6702
Choline, total	S6702
Isoleucine	S6702
Lysine	S6702
Methionine	S6702
Tyrosine	S6702

NDB No. 23068 Beef, chuck, short ribs, boneless, separable lean only, trimmed to 0" fat, all grades, raw

Fatty acids, total trans	S6702
Fatty acids, total saturated	S6702
20:0	S6702
16:1 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
Fatty acids, total polyunsaturated	S6702
Riboflavin	S6702
Vitamin B-6	S6702
Tryptophan	S6702
Cystine	S6702
Histidine	S6702
Cholesterol	S6702
18:3 undifferentiated	S6702
14:1	S6702
Fatty acids, total monounsaturated	S6702
18:1-11t (18:1t n-7)	S6702
Iron, Fe	S6702
Phosphorus, P	S6702
Pantothenic acid	S6702
Betaine	S6702
18:1 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
17:1	S6702
Fatty acids, total trans-monoenoic	S6702
Total lipid (fat)	S6702
Copper, Cu	S6702
Niacin	S6702
Vitamin B-12	S6702
16:0	S6702
18:0	S6702
18:1 t	S6702
Manganese, Mn	S6702
Phenylalanine	S6702
Valine	S6702
Arginine	S6702
Serine	S6702

NDB No. 23068 Beef, chuck, short ribs, boneless, separable lean only, trimmed to 0" fat, all grades, raw

18:2 CLAs	S6702
Protein	S6702
Ash	S6702
Calcium, Ca	S6702
Thiamin	S6702
Vitamin K (phylloquinone)	S14
Leucine	S6702
Glutamic acid	S6702
Proline	S6702
24:0	S6702
18:2 n-6 c,c	S6702

NDB No. 23069 Beef, chuck eye Country-Style ribs, boneless, separable lean only, trimmed to 0" fat, choice, cooked, braised

Total lipid (fat)	S6702
Riboflavin	S6702
Vitamin K (phylloquinone)	S14
Cystine	S6702
Phenylalanine	S6702
Valine	S6702
Histidine	S6702
18:1 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
24:0	S6702
18:1 c	S6702
18:3 n-3 c,c,c (ALA)	S6702
18:1-11t (18:1t n-7)	S6702
Water	S6702
Calcium, Ca	S6702
Zinc, Zn	S6702
Lysine	S6702
Tyrosine	S6702
20:4 undifferentiated	S6702
16:1 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
Fatty acids, total polyunsaturated	S6702

NDB No. 23069 Beef, chuck eye Country-Style ribs, boneless, separable lean only, trimmed to 0" fat, choice, cooked, braised

18:2 CLAs	S6702
Fatty acids, total trans-monoenoic	S6702
Thiamin	S6702
Pantothenic acid	S6702
Betaine	S6702
Tryptophan	S6702
Fatty acids, total trans	S6702
18:2 undifferentiated	S6702
17:1	S6702
Sodium, Na	S6702
Selenium, Se	S6702
Methionine	S6702
Arginine	S6702
Alanine	S6702
Aspartic acid	S6702
Glycine	S6702
Cholesterol	S6702
18:3 undifferentiated	S6702
14:1	S6702
20:2 n-6 c,c	S6702
Iron, Fe	S6702
Magnesium, Mg	S6702
Copper, Cu	S6702
Vitamin E (alpha-tocopherol)	S6702
18:0	S6702
Protein	S6702
Ash	S6702
Vitamin B-6	S6702
Choline, total	S6702
Threonine	S6702
Glutamic acid	S6702
22:6 n-3 (DHA)	S6702
Phosphorus, P	S6702
Potassium, K	S6702
Manganese, Mn	S6702
Niacin	S6702

NDB No. 23069 Beef, chuck eye Country-Style ribs, boneless, separable lean only, trimmed to 0" fat, choice, cooked, braised

Vitamin B-12	S6702
Isoleucine	S6702
16:0	S6702
20:0	S6702
20:1	S6702
18:1 t	S6702
18:2 n-6 c,c	S6702
Leucine	S6702
Proline	S6702
Serine	S6702
Fatty acids, total saturated	S6702
14:0	S6702
20:5 n-3 (EPA)	S6702
17:0	S6702

NDB No. 23070 Beef, chuck eye Country-Style ribs, boneless, separable lean only, trimmed to 0" fat, select, cooked, braised

Phosphorus, P	S6702
Selenium, Se	S6702
16:1 undifferentiated	S6702
Fatty acids, total polyunsaturated	S6702
18:1 c	S6702
Fatty acids, total trans-monoenoic	S6702
Isoleucine	S6702
Methionine	S6702
Alanine	S6702
Proline	S6702
14:0	S6702
20:1	S6702
18:3 n-3 c,c,c (ALA)	S6702
Water	S6702
Sodium, Na	S6702
Thiamin	S6702
Tryptophan	S6702
Threonine	S6702
Leucine	S6702

NDB No. 23070 Beef, chuck eye Country-Style ribs, boneless, separable lean only, trimmed to 0" fat, select, cooked, braised

18:1 undifferentiated	S6702
18:3 undifferentiated	S6702
14:1	S6702
Fatty acids, total monounsaturated	S6702
24:0	S6702
20:2 n-6 c,c	S6702
18:2 n-6 c,c	S6702
18:1-11t (18:1t n-7)	S6702
Ash	S6702
Vitamin B-12	S6702
Phenylalanine	S6702
Arginine	S6702
20:0	S6702
Protein	S6702
Pantothenic acid	S6702
Glycine	S6702
18:2 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
20:5 n-3 (EPA)	S6702
17:0	S6702
Magnesium, Mg	S6702
Vitamin E (alpha-tocopherol)	S6702
Vitamin B-6	S6702
Lysine	S6702
Cystine	S6702
16:0	S6702
18:0	S6702
18:1 t	S6702
Total lipid (fat)	S6702
Zinc, Zn	S6702
Manganese, Mn	S6702
Riboflavin	S6702
Tyrosine	S6702
Histidine	S6702
Aspartic acid	S6702
Glutamic acid	S6702

NDB No. 23070 Beef, chuck eye Country-Style ribs, boneless, separable lean only, trimmed to 0" fat, select, cooked, braised

Serine	S6702
Cholesterol	S6702
Fatty acids, total saturated	S6702
20:4 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
17:1	S6702
Calcium, Ca	S6702
Iron, Fe	S6702
Potassium, K	S6702
Copper, Cu	S6702
Niacin	S6702
Choline, total	S6702
Vitamin K (phylloquinone)	S14
Betaine	S6702
Valine	S6702
Fatty acids, total trans	S6702
18:2 CLAs	S6702

NDB No. 23071 Beef, chuck eye Country-Style ribs, boneless, separable lean only, trimmed to 0" fat, all grades, cooked, braised

Total lipid (fat)	S6702
Riboflavin	S6702
Vitamin K (phylloquinone)	S14
Threonine	S6702
Leucine	S6702
Alanine	S6702
22:5 n-3 (DPA)	S6702
Manganese, Mn	S6702
Isoleucine	S6702
Cystine	S6702
Fatty acids, total trans	S6702
Protein	S6702
Water	S6702
Sodium, Na	S6702
Tryptophan	S6702
Phenylalanine	S6702

NDB No. 23071 Beef, chuck eye Country-Style ribs, boneless, separable lean only, trimmed to 0" fat, all grades, cooked, braised

Arginine	S6702
Fatty acids, total saturated	S6702
20:5 n-3 (EPA)	S6702
18:2 CLAs	S6702
Calcium, Ca	S6702
Phosphorus, P	S6702
Vitamin E (alpha-tocopherol)	S6702
Vitamin B-12	S6702
Lysine	S6702
Histidine	S6702
Glycine	S6702
14:0	S6702
24:0	S6702
18:1 t	S6702
18:2 n-6 c,c	S6702
18:1-11t (18:1t n-7)	S6702
Thiamin	S6702
Vitamin B-6	S6702
Glutamic acid	S6702
18:0	S6702
20:0	S6702
20:1	S6702
Fatty acids, total monounsaturated	S6702
Fatty acids, total polyunsaturated	S6702
18:1 c	S6702
Fatty acids, total trans-monoenoic	S6702
Niacin	S6702
Choline, total	S6702
Methionine	S6702
Valine	S6702
Cholesterol	S6702
16:0	S6702
18:1 undifferentiated	S6702
14:1	S6702
16:1 undifferentiated	S6702

NDB No. 23071 Beef, chuck eye Country-Style ribs, boneless, separable lean only, trimmed to 0" fat, all grades, cooked, braised

20:2 n-6 c,c	S6702
Iron, Fe	S6702
Magnesium, Mg	S6702
Potassium, K	S6702
Copper, Cu	S6702
Tyrosine	S6702
18:3 undifferentiated	S6702
20:4 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
17:0	S6702
18:3 n-3 c,c,c (ALA)	S6702
Ash	S6702
Zinc, Zn	S6702
Selenium, Se	S6702
Pantothenic acid	S6702
Betaine	S6702
Aspartic acid	S6702
Proline	S6702
Serine	S6702
18:2 undifferentiated	S6702
17:1	S6702

NDB No. 23072 Beef, chuck eye Country-Style ribs, boneless, separable lean only, trimmed to 0" fat, choice, raw

Total lipid (fat)	S6702
Vitamin B-12	S6702
Vitamin K (phylloquinone)	S14
Valine	S6702
Arginine	S6702
Glutamic acid	S6702
14:0	S6702
20:1	S6702
Iron, Fe	S6702
Manganese, Mn	S6702
Vitamin E (alpha-tocopherol)	S6702
Niacin	S6702
Isoleucine	S6702

NDB No. 23072 Beef, chuck eye Country-Style ribs, boneless, separable lean only, trimmed to 0" fat, choice, raw

Aspartic acid	S6702
14:1	S6702
16:1 undifferentiated	S6702
20:2 n-6 c,c	S6702
Fatty acids, total trans-monoenoic	S6702
Phosphorus, P	S6702
Betaine	S6702
Tyrosine	S6702
Fatty acids, total trans	S6702
16:0	S6702
18:0	S6702
20:4 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
20:5 n-3 (EPA)	S6702
Fatty acids, total monounsaturated	S6702
18:1 c	S6702
Sodium, Na	S6702
Riboflavin	S6702
Proline	S6702
Fatty acids, total saturated	S6702
18:1 undifferentiated	S6702
18:3 n-3 c,c,c (ALA)	S6702
Protein	S6702
Potassium, K	S6702
Choline, total	S6702
Alanine	S6702
Cholesterol	S6702
18:2 n-6 c,c	S6702
Vitamin B-6	S6702
Histidine	S6702
18:2 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
17:0	S6702
24:0	S6702
17:1	S6702
Water	S6702

NDB No. 23072 Beef, chuck eye Country-Style ribs, boneless, separable lean only, trimmed to 0" fat, choice, raw

Calcium, Ca	S6702
Magnesium, Mg	S6702
Pantothenic acid	S6702
Tryptophan	S6702
Leucine	S6702
Cystine	S6702
Phenylalanine	S6702
Glycine	S6702
Serine	S6702
20:0	S6702
18:3 undifferentiated	S6702
Fatty acids, total polyunsaturated	S6702
18:1 t	S6702
18:2 CLAs	S6702
18:1-11t (18:1t n-7)	S6702
Ash	S6702
Zinc, Zn	S6702
Copper, Cu	S6702
Selenium, Se	S6702
Thiamin	S6702
Threonine	S6702
Lysine	S6702
Methionine	S6702

NDB No. 23073 Beef, chuck eye Country-Style ribs, boneless, separable lean only, trimmed to 0" fat, select, raw

Calcium, Ca	S6702
Sodium, Na	S6702
Selenium, Se	S6702
Riboflavin	S6702
Vitamin B-12	S6702
Cholesterol	S6702
16:1 undifferentiated	S6702
20:1	S6702
Protein	S6702
Copper, Cu	S6702
Manganese, Mn	S6702

NDB No. 23073 Beef, chuck eye Country-Style ribs, boneless, separable lean only, trimmed to 0" fat, select, raw

Tyrosine	S6702
Valine	S6702
Alanine	S6702
16:0	S6702
18:0	S6702
Total lipid (fat)	S6702
Magnesium, Mg	S6702
Threonine	S6702
Cystine	S6702
14:0	S6702
14:1	S6702
17:0	S6702
24:0	S6702
18:2 CLAs	S6702
Iron, Fe	S6702
Zinc, Zn	S6702
Niacin	S6702
Vitamin K (phylloquinone)	S14
Glycine	S6702
Proline	S6702
20:5 n-3 (EPA)	S6702
Fatty acids, total polyunsaturated	S6702
18:1 c	S6702
18:2 n-6 c,c	S6702
Water	S6702
Thiamin	S6702
Histidine	S6702
Glutamic acid	S6702
Fatty acids, total trans	S6702
Fatty acids, total saturated	S6702
18:1 undifferentiated	S6702
18:2 undifferentiated	S6702
Phosphorus, P	S6702
Potassium, K	S6702
Vitamin B-6	S6702
Lysine	S6702
Methionine	S6702

NDB No. 23073 Beef, chuck eye Country-Style ribs, boneless, separable lean only, trimmed to 0" fat, select, raw

Arginine	S6702
Serine	S6702
18:3 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
18:1 t	S6702
17:1	S6702
Vitamin E (alpha-tocopherol)	S6702
Pantothenic acid	S6702
Betaine	S6702
Isoleucine	S6702
Phenylalanine	S6702
Aspartic acid	S6702
20:0	S6702
20:2 n-6 c,c	S6702
18:3 n-3 c,c,c (ALA)	S6702
Ash	S6702
Choline, total	S6702
Tryptophan	S6702
Leucine	S6702
20:4 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
Fatty acids, total monounsaturated	S6702
Fatty acids, total trans-monoenoic	S6702
18:1-11t (18:1t n-7)	S6702

NDB No. 23074 Beef, chuck eye Country-Style ribs, boneless, separable lean only, trimmed to 0" fat, all grades, raw

Ash	S6702
Iron, Fe	S6702
Vitamin K (phylloquinone)	S14
Threonine	S6702
Glutamic acid	S6702
Proline	S6702
16:1 undifferentiated	S6702
Fatty acids, total trans-monoenoic	S6702
Phosphorus, P	S6702

NDB No. 23074 Beef, chuck eye Country-Style ribs, boneless, separable lean only, trimmed to 0" fat, all grades, raw

Copper, Cu	S6702
Riboflavin	S6702
Pantothenic acid	S6702
Phenylalanine	S6702
Glycine	S6702
Cholesterol	S6702
Fatty acids, total trans	S6702
16:0	S6702
22:6 n-3 (DHA)	S6702
18:1 t	S6702
Protein	S6702
Total lipid (fat)	S6702
Calcium, Ca	S6702
Vitamin E (alpha-tocopherol)	S6702
Niacin	S6702
18:0	S6702
18:1 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
24:0	S6702
Water	S6702
Magnesium, Mg	S6702
Sodium, Na	S6702
Betaine	S6702
Tryptophan	S6702
Tyrosine	S6702
Valine	S6702
Arginine	S6702
18:3 undifferentiated	S6702
14:1	S6702
22:5 n-3 (DPA)	S6702
20:2 n-6 c,c	S6702
18:1 c	S6702
Selenium, Se	S6702
Choline, total	S6702
Alanine	S6702
14:0	S6702
Fatty acids, total monounsaturated	S6702

NDB No. 23074 Beef, chuck eye Country-Style ribs, boneless, separable lean only, trimmed to 0" fat, all grades, raw

17:0	S6702
18:2 n-6 c,c	S6702
Potassium, K	S6702
Manganese, Mn	S6702
Isoleucine	S6702
Lysine	S6702
Cystine	S6702
Aspartic acid	S6702
Serine	S6702
20:4 undifferentiated	S6702
Vitamin B-6	S6702
Leucine	S6702
Methionine	S6702
Histidine	S6702
Fatty acids, total saturated	S6702
18:2 undifferentiated	S6702
17:1	S6702
18:3 n-3 c,c,c (ALA)	S6702
18:1-11t (18:1t n-7)	S6702
Zinc, Zn	S6702
Thiamin	S6702
Vitamin B-12	S6702
20:0	S6702
20:1	S6702
Fatty acids, total polyunsaturated	S6702
18:2 CLAs	S6702

NDB No. 23075 Beef, chuck eye steak, boneless, separable lean only, trimmed to 0" fat, choice, cooked, grilled

Iron, Fe	S6702
Vitamin B-12	S6702
Betaine	S6702
Tryptophan	S6702
Leucine	S6702
Phenylalanine	S6702
Arginine	S6702
Glutamic acid	S6702

NDB No. 23075 Beef, chuck eye steak, boneless, separable lean only, trimmed to 0" fat, choice, cooked, grilled

Serine	S6702
14:0	S6702
Ash	S6702
Magnesium, Mg	S6702
Thiamin	S6702
Methionine	S6702
16:0	S6702
22:6 n-3 (DHA)	S6702
22:5 n-3 (DPA)	S6702
18:1-11t (18:1t n-7)	S6702
Zinc, Zn	S6702
Niacin	S6702
Choline, total	S6702
Threonine	S6702
Tyrosine	S6702
Valine	S6702
Glycine	S6702
Cholesterol	S6702
Fatty acids, total trans	S6702
Fatty acids, total saturated	S6702
18:2 undifferentiated	S6702
18:1 c	S6702
17:1	S6702
Total lipid (fat)	S6702
Vitamin E (alpha-tocopherol)	S6702
Isoleucine	S6702
18:0	S6702
Fatty acids, total trans-monoenoic	S6702
Water	S6702
Potassium, K	S6702
Riboflavin	S6702
Vitamin K (phylloquinone)	S14
Histidine	S6702
Proline	S6702
20:0	S6702
18:1 undifferentiated	S6702
18:1 t	S6702

NDB No. 23075 Beef, chuck eye steak, boneless, separable lean only, trimmed to 0" fat, choice, cooked, grilled

20:2 n-6 c,c	S6702
Sodium, Na	S6702
Pantothenic acid	S6702
Lysine	S6702
Alanine	S6702
Aspartic acid	S6702
20:5 n-3 (EPA)	S6702
Fatty acids, total monounsaturated	S6702
Fatty acids, total polyunsaturated	S6702
18:2 n-6 c,c	S6702
Calcium, Ca	S6702
Phosphorus, P	S6702
Copper, Cu	S6702
Manganese, Mn	S6702
20:4 undifferentiated	S6702
20:1	S6702
18:3 n-3 c,c,c (ALA)	S6702
Protein	S6702
Selenium, Se	S6702
Vitamin B-6	S6702
Cystine	S6702
18:3 undifferentiated	S6702
14:1	S6702
16:1 undifferentiated	S6702
17:0	S6702
24:0	S6702
18:2 CLAs	S6702

NDB No. 23076 Beef, chuck eye steak, boneless, separable lean only, trimmed to 0" fat, select, cooked, grilled

Zinc, Zn	S6702
Threonine	S6702
Leucine	S6702
Methionine	S6702
14:0	S6702
18:2 undifferentiated	S6702
Fatty acids, total	S6702

NDB No. 23076 Beef, chuck eye steak, boneless, separable lean only, trimmed to 0" fat, select, cooked, grilled

monounsaturated	
18:3 n-3 c,c,c (ALA)	S6702
Ash	S6702
Betaine	S6702
Cystine	S6702
Valine	S6702
Arginine	S6702
20:0	S6702
22:6 n-3 (DHA)	S6702
16:1 undifferentiated	S6702
Potassium, K	S6702
Sodium, Na	S6702
Copper, Cu	S6702
Riboflavin	S6702
Proline	S6702
Serine	S6702
Cholesterol	S6702
18:0	S6702
18:1 undifferentiated	S6702
Protein	S6702
Total lipid (fat)	S6702
Calcium, Ca	S6702
Vitamin K (phylloquinone)	S14
Phenylalanine	S6702
Tyrosine	S6702
Fatty acids, total saturated	S6702
20:4 undifferentiated	S6702
14:1	S6702
20:1	S6702
Fatty acids, total trans-monoenoic	S6702
Water	S6702
Manganese, Mn	S6702
Vitamin E (alpha-tocopherol)	S6702
Isoleucine	S6702
Aspartic acid	S6702
Fatty acids, total polyunsaturated	S6702
17:0	S6702

NDB No. 23076 Beef, chuck eye steak, boneless, separable lean only, trimmed to 0" fat, select, cooked, grilled

18:1 t	S6702
Lysine	S6702
20:5 n-3 (EPA)	S6702
18:1 c	S6702
Iron, Fe	S6702
Magnesium, Mg	S6702
Phosphorus, P	S6702
Selenium, Se	S6702
Niacin	S6702
Pantothenic acid	S6702
Vitamin B-6	S6702
Tryptophan	S6702
Histidine	S6702
Alanine	S6702
Glutamic acid	S6702
Glycine	S6702
Fatty acids, total trans	S6702
16:0	S6702
20:2 n-6 c,c	S6702
Thiamin	S6702
Vitamin B-12	S6702
Choline, total	S6702
18:3 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
24:0	S6702
18:2 CLAs	S6702
18:2 n-6 c,c	S6702
17:1	S6702
18:1-11t (18:1t n-7)	S6702

NDB No. 23077 Beef, chuck eye steak, boneless, separable lean only, trimmed to 0" fat, all grades, cooked, grilled

Magnesium, Mg	S6702
Sodium, Na	S6702
Copper, Cu	S6702
Niacin	S6702
Fatty acids, total trans	S6702

NDB No. 23077 Beef, chuck eye steak, boneless, separable lean only, trimmed to 0" fat, all grades, cooked, grilled

20:0	S6702
14:1	S6702
Fatty acids, total polyunsaturated	S6702
18:1 c	S6702
Protein	S6702
Phosphorus, P	S6702
Vitamin E (alpha-tocopherol)	S6702
Methionine	S6702
Water	S6702
Calcium, Ca	S6702
Potassium, K	S6702
Zinc, Zn	S6702
Manganese, Mn	S6702
Riboflavin	S6702
Pantothenic acid	S6702
Choline, total	S6702
Lysine	S6702
Phenylalanine	S6702
Histidine	S6702
Glutamic acid	S6702
Fatty acids, total saturated	S6702
24:0	S6702
Iron, Fe	S6702
Vitamin B-6	S6702
Valine	S6702
Proline	S6702
18:0	S6702
17:1	S6702
18:3 n-3 c,c,c (ALA)	S6702
Ash	S6702
Betaine	S6702
Threonine	S6702
Alanine	S6702
Serine	S6702
Cholesterol	S6702
16:0	S6702
18:2 n-6 c,c	S6702

NDB No. 23077 Beef, chuck eye steak, boneless, separable lean only, trimmed to 0" fat, all grades, cooked, grilled

Thiamin	S6702
Isoleucine	S6702
Cystine	S6702
Tyrosine	S6702
Aspartic acid	S6702
14:0	S6702
18:2 undifferentiated	S6702
18:3 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
16:1 undifferentiated	S6702
20:1	S6702
22:5 n-3 (DPA)	S6702
Fatty acids, total trans-monoenoic	S6702
18:1-11t (18:1t n-7)	S6702
Total lipid (fat)	S6702
Vitamin K (phylloquinone)	S14
Leucine	S6702
20:2 n-6 c,c	S6702
Selenium, Se	S6702
Vitamin B-12	S6702
Tryptophan	S6702
Arginine	S6702
Glycine	S6702
18:1 undifferentiated	S6702
20:4 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
Fatty acids, total monounsaturated	S6702
17:0	S6702
18:1 t	S6702
18:2 CLAs	S6702

NDB No. 23078 Beef, chuck eye steak, boneless, separable lean only, trimmed to 0" fat, choice, raw

Ash	S6702
Potassium, K	S6702
Vitamin B-6	S6702

NDB No. 23078 Beef, chuck eye steak, boneless, separable lean only, trimmed to 0" fat, choice, raw

Aspartic acid	S6702
Glutamic acid	S6702
Glycine	S6702
Cholesterol	S6702
20:4 undifferentiated	S6702
18:1 c	S6702
17:1	S6702
18:1-11t (18:1t n-7)	S6702
Water	S6702
Iron, Fe	S6702
Zinc, Zn	S6702
Vitamin K (phylloquinone)	S14
Lysine	S6702
Arginine	S6702
Alanine	S6702
20:0	S6702
18:1 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
18:2 CLAs	S6702
20:2 n-6 c,c	S6702
18:2 n-6 c,c	S6702
Pantothenic acid	S6702
Vitamin B-12	S6702
Cystine	S6702
Phenylalanine	S6702
Fatty acids, total trans	S6702
Fatty acids, total saturated	S6702
14:0	S6702
Fatty acids, total trans-monoenoic	S6702
Riboflavin	S6702
Tryptophan	S6702
Leucine	S6702
Methionine	S6702
Valine	S6702
16:0	S6702
20:5 n-3 (EPA)	S6702
Fatty acids, total polyunsaturated	S6702

NDB No. 23078 Beef, chuck eye steak, boneless, separable lean only, trimmed to 0" fat, choice, raw

18:1 t	S6702
Total lipid (fat)	S6702
Magnesium, Mg	S6702
Phosphorus, P	S6702
Threonine	S6702
Histidine	S6702
Serine	S6702
18:0	S6702
18:2 undifferentiated	S6702
14:1	S6702
20:1	S6702
24:0	S6702
Manganese, Mn	S6702
Niacin	S6702
Isoleucine	S6702
Tyrosine	S6702
18:3 undifferentiated	S6702
Calcium, Ca	S6702
Copper, Cu	S6702
Vitamin E (alpha-tocopherol)	S6702
Proline	S6702
22:6 n-3 (DHA)	S6702
16:1 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
17:0	S6702
Protein	S6702
Sodium, Na	S6702
Selenium, Se	S6702
Thiamin	S6702
Choline, total	S6702
Betaine	S6702
18:3 n-3 c,c,c (ALA)	S6702

NDB No. 23079 Beef, chuck eye steak, boneless, separable lean only, trimmed to 0" fat, select, raw

Calcium, Ca	S6702
Phosphorus, P	S6702

NDB No. 23079 Beef, chuck eye steak, boneless, separable lean only, trimmed to 0" fat, select, raw

Thiamin	S6702
Vitamin B-6	S6702
Cholesterol	S6702
14:1	S6702
16:1 undifferentiated	S6702
Betaine	S6702
Isoleucine	S6702
Methionine	S6702
Proline	S6702
Fatty acids, total saturated	S6702
20:0	S6702
20:1	S6702
17:1	S6702
Magnesium, Mg	S6702
Manganese, Mn	S6702
Threonine	S6702
Leucine	S6702
Aspartic acid	S6702
14:0	S6702
22:5 n-3 (DPA)	S6702
18:1 t	S6702
18:2 CLAs	S6702
Water	S6702
Zinc, Zn	S6702
Selenium, Se	S6702
Vitamin E (alpha-tocopherol)	S6702
Riboflavin	S6702
Niacin	S6702
Tryptophan	S6702
Cystine	S6702
Alanine	S6702
20:4 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
Potassium, K	S6702
Copper, Cu	S6702
Choline, total	S6702
Lysine	S6702

NDB No. 23079 Beef, chuck eye steak, boneless, separable lean only, trimmed to 0" fat, select, raw

Valine	S6702
Glutamic acid	S6702
22:6 n-3 (DHA)	S6702
20:5 n-3 (EPA)	S6702
18:3 n-3 c,c,c (ALA)	S6702
Protein	S6702
Vitamin B-12	S6702
Vitamin K (phylloquinone)	S14
Histidine	S6702
Serine	S6702
18:0	S6702
18:1 undifferentiated	S6702
18:3 undifferentiated	S6702
17:0	S6702
18:1 c	S6702
Total lipid (fat)	S6702
Ash	S6702
Pantothenic acid	S6702
Phenylalanine	S6702
Tyrosine	S6702
Arginine	S6702
Glycine	S6702
Fatty acids, total trans	S6702
16:0	S6702
18:2 undifferentiated	S6702
Fatty acids, total polyunsaturated	S6702
20:2 n-6 c,c	S6702
Fatty acids, total trans-monoenoic	S6702
Iron, Fe	S6702
Sodium, Na	S6702
24:0	S6702
18:2 n-6 c,c	S6702
18:1-11t (18:1t n-7)	S6702

NDB No. 23080 Beef, chuck eye steak, boneless, separable lean only, trimmed to 0" fat, all grades, raw

Water	S6702

NDB No. 23080 Beef, chuck eye steak, boneless, separable lean only, trimmed to 0" fat, all grades, raw

Choline, total	S6702
Tryptophan	S6702
Isoleucine	S6702
18:2 undifferentiated	S6702
Magnesium, Mg	S6702
Zinc, Zn	S6702
Copper, Cu	S6702
Vitamin B-6	S6702
Tyrosine	S6702
18:1 undifferentiated	S6702
Fatty acids, total polyunsaturated	S6702
20:2 n-6 c,c	S6702
Iron, Fe	S6702
Vitamin E (alpha-tocopherol)	S6702
Phenylalanine	S6702
Glycine	S6702
Fatty acids, total trans	S6702
18:0	S6702
20:1	S6702
24:0	S6702
18:1 t	S6702
Fatty acids, total trans-monoenoic	S6702
18:3 n-3 c,c,c (ALA)	S6702
Potassium, K	S6702
Selenium, Se	S6702
Vitamin K (phylloquinone)	S14
Threonine	S6702
Valine	S6702
Arginine	S6702
22:6 n-3 (DHA)	S6702
14:1	S6702
20:5 n-3 (EPA)	S6702
18:1 c	S6702
Ash	S6702
Vitamin B-12	S6702
Alanine	S6702
Cholesterol	S6702

NDB No. 23080 Beef, chuck eye steak, boneless, separable lean only, trimmed to 0" fat, all grades, raw

Fatty acids, total monounsaturated	S6702
18:2 n-6 c,c	S6702
Sodium, Na	S6702
Thiamin	S6702
Niacin	S6702
Pantothenic acid	S6702
Betaine	S6702
Leucine	S6702
Methionine	S6702
Cystine	S6702
Fatty acids, total saturated	S6702
14:0	S6702
18:2 CLAs	S6702
18:1-11t (18:1t n-7)	S6702
Phosphorus, P	S6702
Riboflavin	S6702
Histidine	S6702
Aspartic acid	S6702
Glutamic acid	S6702
Proline	S6702
20:0	S6702
22:5 n-3 (DPA)	S6702
17:1	S6702
Protein	S6702
Total lipid (fat)	S6702
Calcium, Ca	S6702
Manganese, Mn	S6702
Lysine	S6702
Serine	S6702
16:0	S6702
18:3 undifferentiated	S6702
20:4 undifferentiated	S6702
16:1 undifferentiated	S6702
17:0	S6702

NDB No. 23081 Beef, shoulder pot roast, boneless, separable lean only, trimmed to 0" fat, choice, cooked, braised

NDB No. 23081 Beef, shoulder pot roast, boneless, separable lean only, trimmed to 0" fat, choice, cooked, braised

Iron, Fe	S6702
Phosphorus, P	S6702
Vitamin D3 (cholecalciferol)	S6702
Vitamin K (phylloquinone)	S14
Leucine	S6702
Phenylalanine	S6702
Fatty acids, total trans-monoenoic	S6702
Water	S6702
Manganese, Mn	S6702
Thiamin	S6702
Choline, total	S6702
Betaine	S6702
Proline	S6702
Fatty acids, total trans	S6702
18:0	S6702
22:5 n-3 (DPA)	S6702
18:3 n-3 c,c,c (ALA)	S6702
Vitamin D	S6702
Pantothenic acid	S6702
Valine	S6702
Arginine	S6702
Cholesterol	S6702
14:0	S6702
20:0	S6702
Fatty acids, total polyunsaturated	S6702
18:2 n-6 c,c	S6702
Tryptophan	S6702
Fatty acids, total saturated	S6702
20:4 undifferentiated	S6702
14:1	S6702
Fatty acids, total monounsaturated	S6702
18:1-11t (18:1t n-7)	S6702
Total lipid (fat)	S6702
Ash	S6702
Selenium, Se	S6702
Lysine	S6702

NDB No. 23081 Beef, shoulder pot roast, boneless, separable lean only, trimmed to 0" fat, choice, cooked, braised

Methionine	S6702
18:2 CLAs	S6702
17:1	S6702
Calcium, Ca	S6702
Sodium, Na	S6702
Riboflavin	S6702
Vitamin B-12	S6702
Threonine	S6702
Isoleucine	S6702
Tyrosine	S6702
Alanine	S6702
Glutamic acid	S6702
16:0	S6702
18:1 undifferentiated	S6702
18:3 undifferentiated	S6702
16:1 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
24:0	S6702
18:1 c	S6702
Magnesium, Mg	S6702
Zinc, Zn	S6702
Vitamin E (alpha-tocopherol)	S6702
Niacin	S6702
Vitamin B-6	S6702
Cystine	S6702
Histidine	S6702
Serine	S6702
18:2 undifferentiated	S6702
Protein	S6702
Potassium, K	S6702
Copper, Cu	S6702
Aspartic acid	S6702
Glycine	S6702
22:6 n-3 (DHA)	S6702
20:1	S6702
17:0	S6702
18:1 t	S6702

NDB No. 23081 Beef, shoulder pot roast, boneless, separable lean only, trimmed to 0" fat, choice, cooked, braised

20:2 n-6 c,c	S6702

NDB No. 23082 Beef, shoulder pot roast, boneless, separable lean only, trimmed to 0" fat, select, cooked, braised

Sodium, Na	S6702
Choline, total	S6702
Betaine	S6702
Leucine	S6702
Phenylalanine	S6702
20:0	S6702
20:4 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
18:2 n-6 c,c	S6702
17:1	S6702
Total lipid (fat)	S6702
Iron, Fe	S6702
Zinc, Zn	S6702
Vitamin D3 (cholecalciferol)	S6702
Vitamin B-12	S6702
Vitamin K (phylloquinone)	S14
Lysine	S6702
18:1 undifferentiated	S6702
20:1	S6702
18:2 CLAs	S6702
18:1-11t (18:1t n-7)	S6702
Copper, Cu	S6702
Manganese, Mn	S6702
Niacin	S6702
Arginine	S6702
Histidine	S6702
Glycine	S6702
Cholesterol	S6702
18:1 t	S6702
Ash	S6702
Potassium, K	S6702
Selenium, Se	S6702
Vitamin E (alpha-tocopherol)	S6702

NDB No. 23082 Beef, shoulder pot roast, boneless, separable lean only, trimmed to 0" fat, select, cooked, braised

Alanine	S6702
Glutamic acid	S6702
Proline	S6702
Fatty acids, total trans	S6702
18:0	S6702
18:2 undifferentiated	S6702
Fatty acids, total trans-monoenoic	S6702
Protein	S6702
Magnesium, Mg	S6702
Thiamin	S6702
Vitamin B-6	S6702
Tryptophan	S6702
Tyrosine	S6702
Fatty acids, total saturated	S6702
17:0	S6702
18:1 c	S6702
Calcium, Ca	S6702
Isoleucine	S6702
Valine	S6702
Serine	S6702
16:0	S6702
20:5 n-3 (EPA)	S6702
Fatty acids, total monounsaturated	S6702
Water	S6702
Vitamin D	S6702
Riboflavin	S6702
Methionine	S6702
Aspartic acid	S6702
14:0	S6702
18:3 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
Fatty acids, total polyunsaturated	S6702
24:0	S6702
20:2 n-6 c,c	S6702
18:3 n-3 c,c,c (ALA)	S6702
Phosphorus, P	S6702

NDB No. 23082 Beef, shoulder pot roast, boneless, separable lean only, trimmed to 0" fat, select, cooked, braised

Pantothenic acid	S6702
Threonine	S6702
Cystine	S6702
14:1	S6702
16:1 undifferentiated	S6702

NDB No. 23083 Beef, shoulder pot roast, boneless, separable lean only, trimmed to 0" fat, all grades, cooked, braised

Magnesium, Mg	S6702
Niacin	S6702
Choline, total	S6702
Threonine	S6702
Tyrosine	S6702
Glycine	S6702
Fatty acids, total saturated	S6702
20:0	S6702
18:2 CLAs	S6702
Protein	S6702
Potassium, K	S6702
Vitamin D3 (cholecalciferol)	S6702
Pantothenic acid	S6702
Leucine	S6702
Lysine	S6702
Phenylalanine	S6702
18:3 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
Fatty acids, total polyunsaturated	S6702
Fatty acids, total trans-monoenoic	S6702
Phosphorus, P	S6702
Sodium, Na	S6702
Vitamin E (alpha-tocopherol)	S6702
Glutamic acid	S6702
18:0	S6702
18:2 n-6 c,c	S6702
18:3 n-3 c,c,c (ALA)	S6702
Iron, Fe	S6702

NDB No. 23083 Beef, shoulder pot roast, boneless, separable lean only, trimmed to 0" fat, all grades, cooked, braised

Selenium, Se	S6702
Vitamin B-6	S6702
Vitamin B-12	S6702
Methionine	S6702
Alanine	S6702
Aspartic acid	S6702
Serine	S6702
16:0	S6702
Manganese, Mn	S6702
Thiamin	S6702
Betaine	S6702
Isoleucine	S6702
Proline	S6702
18:1 undifferentiated	S6702
14:1	S6702
16:1 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
17:0	S6702
24:0	S6702
20:2 n-6 c,c	S6702
Zinc, Zn	S6702
Copper, Cu	S6702
Cystine	S6702
Arginine	S6702
Cholesterol	S6702
22:6 n-3 (DHA)	S6702
20:1	S6702
22:5 n-3 (DPA)	S6702
18:1 c	S6702
18:1-11t (18:1t n-7)	S6702
Total lipid (fat)	S6702
Water	S6702
Calcium, Ca	S6702
Vitamin K (phylloquinone)	S14
14:0	S6702
18:1 t	S6702
17:1	S6702

NDB No. 23083 Beef, shoulder pot roast, boneless, separable lean only, trimmed to 0" fat, all grades, cooked, braised

Ash	S6702
Vitamin D	S6702
Riboflavin	S6702
Tryptophan	S6702
Valine	S6702
Histidine	S6702
Fatty acids, total trans	S6702
18:2 undifferentiated	S6702
20:4 undifferentiated	S6702

NDB No. 23084 Beef, chuck, mock tender steak, boneless, separable lean only, trimmed to 0" fat, choice, cooked, braised

Calcium, Ca	S6702
Sodium, Na	S6702
Threonine	S6702
Cystine	S6702
Histidine	S6702
16:0	S6702
20:4 undifferentiated	S6702
18:3 n-3 c,c,c (ALA)	S6702
Iron, Fe	S6702
Vitamin E (alpha-tocopherol)	S6702
Vitamin B-6	S6702
Vitamin B-12	S6702
Choline, total	S6702
16:1 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
Fatty acids, total monounsaturated	S6702
18:1 t	S6702
18:2 CLAs	S6702
Ash	S6702
Magnesium, Mg	S6702
Manganese, Mn	S6702
Leucine	S6702
Glutamic acid	S6702
Fatty acids, total polyunsaturated	S6702

NDB No. 23084 Beef, chuck, mock tender steak, boneless, separable lean only, trimmed to 0" fat, choice, cooked, braised

17:0	S6702
Copper, Cu	S6702
Thiamin	S6702
Pantothenic acid	S6702
Tryptophan	S6702
Phenylalanine	S6702
Aspartic acid	S6702
Serine	S6702
18:3 undifferentiated	S6702
24:0	S6702
20:2 n-6 c,c	S6702
Phosphorus, P	S6702
Methionine	S6702
Arginine	S6702
Fatty acids, total saturated	S6702
18:1 undifferentiated	S6702
18:2 undifferentiated	S6702
20:1	S6702
Total lipid (fat)	S6702
Potassium, K	S6702
Isoleucine	S6702
Tyrosine	S6702
Proline	S6702
14:0	S6702
22:5 n-3 (DPA)	S6702
18:1 c	S6702
18:2 n-6 c,c	S6702
17:1	S6702
18:1-11t (18:1t n-7)	S6702
Selenium, Se	S6702
Vitamin K (phylloquinone)	S14
Lysine	S6702
Valine	S6702
Glycine	S6702
Cholesterol	S6702
18:0	S6702
22:6 n-3 (DHA)	S6702

NDB No. 23084 Beef, chuck, mock tender steak, boneless, separable lean only, trimmed to 0" fat, choice, cooked, braised

Fatty acids, total trans-monoenoic	S6702
Protein	S6702
Water	S6702
Zinc, Zn	S6702
Riboflavin	S6702
Niacin	S6702
Betaine	S6702
Alanine	S6702
Fatty acids, total trans	S6702
20:0	S6702
14:1	S6702

NDB No. 23085 Beef, chuck, mock tender steak, boneless, separable lean only, trimmed to 0" fat, select, cooked, braised

Phosphorus, P	S6702
Zinc, Zn	S6702
Manganese, Mn	S6702
Vitamin K (phylloquinone)	S14
14:1	S6702
20:1	S6702
Fatty acids, total polyunsaturated	S6702
20:2 n-6 c,c	S6702
18:1 c	S6702
Protein	S6702
Niacin	S6702
Cystine	S6702
Arginine	S6702
Fatty acids, total saturated	S6702
20:4 undifferentiated	S6702
Fatty acids, total trans-monoenoic	S6702
Iron, Fe	S6702
Riboflavin	S6702
Vitamin B-12	S6702
Betaine	S6702
Leucine	S6702

NDB No. 23085 Beef, chuck, mock tender steak, boneless, separable lean only, trimmed to 0" fat, select, cooked, braised

Tyrosine	S6702
Aspartic acid	S6702
17:1	S6702
Potassium, K	S6702
Copper, Cu	S6702
Thiamin	S6702
Pantothenic acid	S6702
Methionine	S6702
Phenylalanine	S6702
Histidine	S6702
Serine	S6702
Cholesterol	S6702
20:0	S6702
18:1 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
18:2 CLAs	S6702
18:3 n-3 c,c,c (ALA)	S6702
18:1-11t (18:1t n-7)	S6702
Water	S6702
Magnesium, Mg	S6702
Selenium, Se	S6702
Vitamin E (alpha-tocopherol)	S6702
Valine	S6702
14:0	S6702
18:2 undifferentiated	S6702
24:0	S6702
Total lipid (fat)	S6702
Threonine	S6702
Fatty acids, total trans	S6702
16:0	S6702
18:0	S6702
Calcium, Ca	S6702
Sodium, Na	S6702
Vitamin B-6	S6702
Choline, total	S6702
Isoleucine	S6702

NDB No. 23085 Beef, chuck, mock tender steak, boneless, separable lean only, trimmed to 0" fat, select, cooked, braised

Alanine	S6702
Glutamic acid	S6702
Glycine	S6702
18:3 undifferentiated	S6702
16:1 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
18:1 t	S6702
Ash	S6702
Tryptophan	S6702
Lysine	S6702
Proline	S6702
22:6 n-3 (DHA)	S6702
20:5 n-3 (EPA)	S6702
17:0	S6702
18:2 n-6 c,c	S6702

NDB No. 23086 Beef, chuck, mock tender steak, boneless, separable lean only, trimmed to 0" fat, all grades, cooked, braised

Zinc, Zn	S6702
Cystine	S6702
Histidine	S6702
Cholesterol	S6702
16:0	S6702
22:5 n-3 (DPA)	S6702
Protein	S6702
Iron, Fe	S6702
Potassium, K	S6702
Vitamin B-12	S6702
Methionine	S6702
Fatty acids, total trans	S6702
18:1 t	S6702
Fatty acids, total trans-monoenoic	S6702
18:1-11t (18:1t n-7)	S6702
Copper, Cu	S6702
Phenylalanine	S6702
Glycine	S6702

NDB No. 23086 Beef, chuck, mock tender steak, boneless, separable lean only, trimmed to 0" fat, all grades, cooked, braised

18:2 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
20:5 n-3 (EPA)	S6702
18:2 CLAs	S6702
18:3 n-3 c,c,c (ALA)	S6702
Ash	S6702
Water	S6702
Selenium, Se	S6702
Thiamin	S6702
Niacin	S6702
Choline, total	S6702
Arginine	S6702
Fatty acids, total saturated	S6702
20:4 undifferentiated	S6702
16:1 undifferentiated	S6702
Pantothenic acid	S6702
Vitamin K (phylloquinone)	S14
Threonine	S6702
Lysine	S6702
Valine	S6702
Proline	S6702
18:0	S6702
14:1	S6702
17:0	S6702
17:1	S6702
Magnesium, Mg	S6702
Manganese, Mn	S6702
Vitamin E (alpha-tocopherol)	S6702
Riboflavin	S6702
Tryptophan	S6702
Leucine	S6702
Alanine	S6702
Aspartic acid	S6702
14:0	S6702
18:1 undifferentiated	S6702
18:3 undifferentiated	S6702
20:2 n-6 c,c	S6702

NDB No. 23086 Beef, chuck, mock tender steak, boneless, separable lean only, trimmed to 0" fat, all grades, cooked, braised

18:2 n-6 c,c	S6702
Calcium, Ca	S6702
Sodium, Na	S6702
Betaine	S6702
Serine	S6702
24:0	S6702
Total lipid (fat)	S6702
Phosphorus, P	S6702
Vitamin B-6	S6702
Isoleucine	S6702
Tyrosine	S6702
Glutamic acid	S6702
20:0	S6702
20:1	S6702
Fatty acids, total monounsaturated	S6702
Fatty acids, total polyunsaturated	S6702
18:1 c	S6702

NDB No. 23087 Beef, chuck, mock tender steak, boneless, separable lean only, trimmed to 0" fat, choice, raw

Zinc, Zn	S6702
Vitamin E (alpha-tocopherol)	S6702
Thiamin	S6702
Pantothenic acid	S6702
Betaine	S6702
Arginine	S6702
Glutamic acid	S6702
Serine	S6702
18:0	S6702
18:1 undifferentiated	S6702
20:2 n-6 c,c	S6702
17:1	S6702
Fatty acids, total trans-monoenoic	S6702
Iron, Fe	S6702
Copper, Cu	S6702
Glycine	S6702

NDB No. 23087 Beef, chuck, mock tender steak, boneless, separable lean only, trimmed to 0" fat, choice, raw

Fatty acids, total saturated	S6702
Fatty acids, total polyunsaturated	S6702
Protein	S6702
Ash	S6702
Calcium, Ca	S6702
Riboflavin	S6702
Niacin	S6702
Threonine	S6702
Leucine	S6702
Histidine	S6702
16:0	S6702
14:1	S6702
24:0	S6702
Total lipid (fat)	S6702
Sodium, Na	S6702
Manganese, Mn	S6702
Cystine	S6702
Fatty acids, total monounsaturated	S6702
18:1 c	S6702
Phosphorus, P	S6702
Selenium, Se	S6702
Vitamin B-12	S6702
Isoleucine	S6702
Alanine	S6702
20:0	S6702
18:3 undifferentiated	S6702
16:1 undifferentiated	S6702
20:1	S6702
18:1-11t (18:1t n-7)	S6702
Methionine	S6702
Proline	S6702
14:0	S6702
22:5 n-3 (DPA)	S6702
18:1 t	S6702
18:2 CLAs	S6702
Water	S6702
Lysine	S6702

NDB No. 23087 Beef, chuck, mock tender steak, boneless, separable lean only, trimmed to 0" fat, choice, raw

Phenylalanine	S6702
Tyrosine	S6702
Valine	S6702
Cholesterol	S6702
Fatty acids, total trans	S6702
20:4 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
17:0	S6702
18:2 n-6 c,c	S6702
Magnesium, Mg	S6702
Potassium, K	S6702
Vitamin B-6	S6702
Choline, total	S6702
Vitamin K (phylloquinone)	S14
Tryptophan	S6702
Aspartic acid	S6702
18:2 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
18:3 n-3 c,c,c (ALA)	S6702

NDB No. 23088 Beef, chuck, mock tender steak, boneless, separable lean only, trimmed to 0" fat, select, raw

Iron, Fe	S6702
Vitamin K (phylloquinone)	S14
Isoleucine	S6702
Methionine	S6702
Glutamic acid	S6702
Serine	S6702
Fatty acids, total saturated	S6702
16:0	S6702
20:4 undifferentiated	S6702
17:1	S6702
18:1-11t (18:1t n-7)	S6702
Threonine	S6702
Leucine	S6702
Valine	S6702
Histidine	S6702

NDB No. 23088 Beef, chuck, mock tender steak, boneless, separable lean only, trimmed to 0" fat, select, raw

Aspartic acid	S6702
Glycine	S6702
Proline	S6702
18:2 CLAs	S6702
Fatty acids, total trans-monoenoic	S6702
Water	S6702
Calcium, Ca	S6702
Thiamin	S6702
Pantothenic acid	S6702
Vitamin B-6	S6702
Fatty acids, total polyunsaturated	S6702
17:0	S6702
18:1 c	S6702
Protein	S6702
Magnesium, Mg	S6702
Zinc, Zn	S6702
Riboflavin	S6702
Niacin	S6702
Vitamin B-12	S6702
Betaine	S6702
Lysine	S6702
Phenylalanine	S6702
Alanine	S6702
22:6 n-3 (DHA)	S6702
20:1	S6702
Fatty acids, total monounsaturated	S6702
Total lipid (fat)	S6702
Phosphorus, P	S6702
Selenium, Se	S6702
Choline, total	S6702
Cholesterol	S6702
20:0	S6702
16:1 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
24:0	S6702
18:1 t	S6702

NDB No. 23088 Beef, chuck, mock tender steak, boneless, separable lean only, trimmed to 0" fat, select, raw

18:2 n-6 c,c	S6702
18:3 n-3 c,c,c (ALA)	S6702
Manganese, Mn	S6702
Fatty acids, total trans	S6702
18:3 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
Ash	S6702
Vitamin E (alpha-tocopherol)	S6702
Tryptophan	S6702
Tyrosine	S6702
Arginine	S6702
14:0	S6702
18:2 undifferentiated	S6702
Potassium, K	S6702
Sodium, Na	S6702
Copper, Cu	S6702
Cystine	S6702
18:0	S6702
18:1 undifferentiated	S6702
14:1	S6702
20:2 n-6 c,c	S6702

NDB No. 23089 Beef, chuck, mock tender steak, boneless, separable lean only, trimmed to 0" fat, all grades, raw

Water	S6702
Copper, Cu	S6702
Vitamin E (alpha-tocopherol)	S6702
Thiamin	S6702
Choline, total	S6702
Tryptophan	S6702
Phenylalanine	S6702
Cholesterol	S6702
20:5 n-3 (EPA)	S6702
Fatty acids, total monounsaturated	S6702
18:2 CLAs	S6702
18:2 n-6 c,c	S6702
17:1	S6702

NDB No. 23089 Beef, chuck, mock tender steak, boneless, separable lean only, trimmed to 0" fat, all grades, raw

18:3 n-3 c,c,c (ALA)	S6702
Potassium, K	S6702
Sodium, Na	S6702
Zinc, Zn	S6702
Vitamin B-12	S6702
Lysine	S6702
Aspartic acid	S6702
Serine	S6702
Fatty acids, total trans	S6702
16:1 undifferentiated	S6702
Fatty acids, total polyunsaturated	S6702
17:0	S6702
Selenium, Se	S6702
Vitamin K (phylloquinone)	S14
18:3 undifferentiated	S6702
24:0	S6702
18:1 t	S6702
Fatty acids, total trans-monoenoic	S6702
Protein	S6702
Riboflavin	S6702
Vitamin B-6	S6702
Arginine	S6702
Histidine	S6702
Fatty acids, total saturated	S6702
14:0	S6702
16:0	S6702
18:1 undifferentiated	S6702
Niacin	S6702
Pantothenic acid	S6702
Cystine	S6702
Proline	S6702
18:0	S6702
20:4 undifferentiated	S6702
20:1	S6702
Total lipid (fat)	S6702
Calcium, Ca	S6702
Phosphorus, P	S6702

NDB No. 23089 Beef, chuck, mock tender steak, boneless, separable lean only, trimmed to 0" fat, all grades, raw

Manganese, Mn	S6702
Methionine	S6702
Tyrosine	S6702
Glutamic acid	S6702
Glycine	S6702
18:2 undifferentiated	S6702
20:2 n-6 c,c	S6702
Ash	S6702
Magnesium, Mg	S6702
Betaine	S6702
Threonine	S6702
Leucine	S6702
Alanine	S6702
18:1-11t (18:1t n-7)	S6702
Iron, Fe	S6702
Isoleucine	S6702
Valine	S6702
20:0	S6702
22:6 n-3 (DHA)	S6702
14:1	S6702
22:5 n-3 (DPA)	S6702
18:1 c	S6702

NDB No. 23090 Beef, chuck for stew, separable lean and fat, all grades, cooked, braised

Protein	S6702
Potassium, K	S6702
Manganese, Mn	S6702
Valine	S6702
Alanine	S6702
24:0	S6702
Fatty acids, total trans-monoenoic	S6702
Calcium, Ca	S6702
Vitamin B-12	S6702
Choline, total	S6702
Vitamin K (phylloquinone)	S14
14:0	S6702

NDB No. 23090 Beef, chuck for stew, separable lean and fat, all grades, cooked, braised

20:0	S6702
18:2 undifferentiated	S6702
18:3 undifferentiated	S6702
14:1	S6702
20:5 n-3 (EPA)	S6702
20:2 n-6 c,c	S6702
18:2 n-6 c,c	S6702
17:1	S6702
18:1-11t (18:1t n-7)	S6702
Magnesium, Mg	S6702
Vitamin E (alpha-tocopherol)	S6702
Methionine	S6702
Glutamic acid	S6702
17:0	S6702
Ash	S6702
Phosphorus, P	S6702
Isoleucine	S6702
Aspartic acid	S6702
Fatty acids, total trans	S6702
16:0	S6702
18:0	S6702
Fatty acids, total polyunsaturated	S6702
Copper, Cu	S6702
Selenium, Se	S6702
Thiamin	S6702
Betaine	S6702
Tryptophan	S6702
Cystine	S6702
Tyrosine	S6702
Histidine	S6702
Glycine	S6702
Serine	S6702
20:4 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
16:1 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
18:1 c	S6702

NDB No. 23090 Beef, chuck for stew, separable lean and fat, all grades, cooked, braised

18:3 n-3 c,c,c (ALA)	S6702
Water	S6702
Vitamin B-6	S6702
Threonine	S6702
Phenylalanine	S6702
Arginine	S6702
Cholesterol	S6702
18:1 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
Total lipid (fat)	S6702
Iron, Fe	S6702
Riboflavin	S6702
Niacin	S6702
Leucine	S6702
Lysine	S6702
Proline	S6702
20:1	S6702
18:1 t	S6702
18:2 CLAs	S6702
Sodium, Na	S6702
Zinc, Zn	S6702
Pantothenic acid	S6702
Fatty acids, total saturated	S6702

NDB No. 23091 Beef, chuck for stew, separable lean and fat, select, cooked, braised

Sodium, Na	S6702
Tryptophan	S6702
Leucine	S6702
Valine	S6702
Arginine	S6702
14:1	S6702
16:1 undifferentiated	S6702
20:2 n-6 c,c	S6702
Pantothenic acid	S6702
Vitamin B-12	S6702
Histidine	S6702

NDB No. 23091 Beef, chuck for stew, separable lean and fat, select, cooked, braised

Glycine	S6702
Proline	S6702
18:0	S6702
18:1 undifferentiated	S6702
Riboflavin	S6702
Niacin	S6702
Betaine	S6702
22:5 n-3 (DPA)	S6702
Fatty acids, total trans-monoenoic	S6702
Magnesium, Mg	S6702
Zinc, Zn	S6702
Manganese, Mn	S6702
Lysine	S6702
Tyrosine	S6702
Fatty acids, total trans	S6702
16:0	S6702
Total lipid (fat)	S6702
Water	S6702
Iron, Fe	S6702
Vitamin E (alpha-tocopherol)	S6702
Vitamin B-6	S6702
Vitamin K (phylloquinone)	S14
Phenylalanine	S6702
20:5 n-3 (EPA)	S6702
18:2 n-6 c,c	S6702
17:1	S6702
18:1-11t (18:1t n-7)	S6702
Calcium, Ca	S6702
Selenium, Se	S6702
Serine	S6702
14:0	S6702
20:1	S6702
Fatty acids, total monounsaturated	S6702
Fatty acids, total polyunsaturated	S6702
Protein	S6702
Ash	S6702

NDB No. 23091 Beef, chuck for stew, separable lean and fat, select, cooked, braised

Phosphorus, P	S6702
Copper, Cu	S6702
Threonine	S6702
Cystine	S6702
Cholesterol	S6702
20:0	S6702
18:2 undifferentiated	S6702
18:3 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
18:1 t	S6702
18:1 c	S6702
Potassium, K	S6702
Thiamin	S6702
Choline, total	S6702
Isoleucine	S6702
Methionine	S6702
Alanine	S6702
Aspartic acid	S6702
Glutamic acid	S6702
Fatty acids, total saturated	S6702
20:4 undifferentiated	S6702
17:0	S6702
24:0	S6702
18:2 CLAs	S6702
18:3 n-3 c,c,c (ALA)	S6702

NDB No. 23092 Beef, chuck for stew, separable lean and fat, choice, cooked, braised

Magnesium, Mg	S6702
Copper, Cu	S6702
Riboflavin	S6702
Leucine	S6702
Glutamic acid	S6702
18:1 undifferentiated	S6702
Calcium, Ca	S6702
Phosphorus, P	S6702
Manganese, Mn	S6702

NDB No. 23092 Beef, chuck for stew, separable lean and fat, choice, cooked, braised

Thiamin	S6702
Vitamin B-12	S6702
Tyrosine	S6702
22:6 n-3 (DHA)	S6702
Potassium, K	S6702
Vitamin E (alpha-tocopherol)	S6702
Lysine	S6702
Arginine	S6702
Histidine	S6702
Fatty acids, total saturated	S6702
20:4 undifferentiated	S6702
24:0	S6702
18:1 c	S6702
Fatty acids, total trans-monoenoic	S6702
Total lipid (fat)	S6702
Ash	S6702
Water	S6702
Sodium, Na	S6702
Vitamin B-6	S6702
Alanine	S6702
Zinc, Zn	S6702
Choline, total	S6702
Betaine	S6702
Phenylalanine	S6702
Aspartic acid	S6702
14:1	S6702
20:1	S6702
20:5 n-3 (EPA)	S6702
Fatty acids, total polyunsaturated	S6702
18:1 t	S6702
18:2 n-6 c,c	S6702
Iron, Fe	S6702
Niacin	S6702
Pantothenic acid	S6702
Tryptophan	S6702
Cystine	S6702
Glycine	S6702

NDB No. 23092 Beef, chuck for stew, separable lean and fat, choice, cooked, braised

Proline	S6702
Serine	S6702
16:0	S6702
18:0	S6702
20:0	S6702
18:2 undifferentiated	S6702
16:1 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
18:1-11t (18:1t n-7)	S6702
Protein	S6702
Selenium, Se	S6702
Vitamin K (phylloquinone)	S14
Threonine	S6702
Methionine	S6702
Fatty acids, total trans	S6702
14:0	S6702
Fatty acids, total monounsaturated	S6702
20:2 n-6 c,c	S6702
17:1	S6702
Isoleucine	S6702
Valine	S6702
Cholesterol	S6702
18:3 undifferentiated	S6702
17:0	S6702
18:2 CLAs	S6702
18:3 n-3 c,c,c (ALA)	S6702

NDB No. 23093 Beef, chuck for stew, separable lean and fat, all grades, raw

Tyrosine	S6702
Arginine	S6702
20:4 undifferentiated	S6702
18:2 CLAs	S6702
20:2 n-6 c,c	S6702
Water	S6702
Copper, Cu	S6702
Riboflavin	S6702

NDB No. 23093 Beef, chuck for stew, separable lean and fat, all grades, raw

Pantothenic acid	S6702
Vitamin B-6	S6702
Methionine	S6702
Valine	S6702
Aspartic acid	S6702
Proline	S6702
Fatty acids, total trans	S6702
18:1-11t (18:1t n-7)	S6702
Phosphorus, P	S6702
Selenium, Se	S6702
Niacin	S6702
Betaine	S6702
Glutamic acid	S6702
Serine	S6702
18:2 undifferentiated	S6702
Fatty acids, total polyunsaturated	S6702
17:1	S6702
Fatty acids, total trans-monoenoic	S6702
Glycine	S6702
14:0	S6702
16:0	S6702
18:0	S6702
22:6 n-3 (DHA)	S6702
22:5 n-3 (DPA)	S6702
17:0	S6702
24:0	S6702
18:1 t	S6702
Protein	S6702
Magnesium, Mg	S6702
Thiamin	S6702
Choline, total	S6702
Vitamin K (phylloquinone)	S14
Tryptophan	S6702
Threonine	S6702
Phenylalanine	S6702
Histidine	S6702
18:3 n-3 c,c,c (ALA)	S6702

NDB No. 23093 Beef, chuck for stew, separable lean and fat, all grades, raw

Zinc, Zn	S6702
Vitamin E (alpha-tocopherol)	S6702
Vitamin B-12	S6702
Leucine	S6702
Cystine	S6702
Fatty acids, total saturated	S6702
18:2 n-6 c,c	S6702
Ash	S6702
Calcium, Ca	S6702
Potassium, K	S6702
Sodium, Na	S6702
Isoleucine	S6702
Lysine	S6702
Alanine	S6702
18:1 undifferentiated	S6702
18:3 undifferentiated	S6702
14:1	S6702
20:1	S6702
Fatty acids, total monounsaturated	S6702
Total lipid (fat)	S6702
Iron, Fe	S6702
Manganese, Mn	S6702
Cholesterol	S6702
20:0	S6702
16:1 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
18:1 c	S6702

NDB No. 23094 Beef, chuck for stew, separable lean and fat, select, raw

Vitamin B-12	S6702
Aspartic acid	S6702
Serine	S6702
16:0	S6702
18:0	S6702
20:0	S6702
16:1 undifferentiated	S6702

NDB No. 23094 Beef, chuck for stew, separable lean and fat, select, raw

24:0	S6702
Phosphorus, P	S6702
Potassium, K	S6702
Thiamin	S6702
Arginine	S6702
14:0	S6702
18:3 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
18:3 n-3 c,c,c (ALA)	S6702
Sodium, Na	S6702
Selenium, Se	S6702
Riboflavin	S6702
Vitamin B-6	S6702
Methionine	S6702
Glycine	S6702
Cholesterol	S6702
20:4 undifferentiated	S6702
20:1	S6702
Fatty acids, total polyunsaturated	S6702
18:2 n-6 c,c	S6702
Total lipid (fat)	S6702
Zinc, Zn	S6702
Niacin	S6702
Pantothenic acid	S6702
Threonine	S6702
Valine	S6702
Proline	S6702
Fatty acids, total trans	S6702
Fatty acids, total saturated	S6702
18:2 undifferentiated	S6702
14:1	S6702
17:1	S6702
Water	S6702
Magnesium, Mg	S6702
Tryptophan	S6702
Leucine	S6702
Alanine	S6702

NDB No. 23094 Beef, chuck for stew, separable lean and fat, select, raw

18:1 undifferentiated	S6702
Calcium, Ca	S6702
Iron, Fe	S6702
Copper, Cu	S6702
Phenylalanine	S6702
Glutamic acid	S6702
22:6 n-3 (DHA)	S6702
22:5 n-3 (DPA)	S6702
Fatty acids, total monounsaturated	S6702
18:1 c	S6702
Fatty acids, total trans-monoenoic	S6702
Protein	S6702
Manganese, Mn	S6702
Choline, total	S6702
Vitamin K (phylloquinone)	S14
Betaine	S6702
Isoleucine	S6702
Cystine	S6702
Tyrosine	S6702
Histidine	S6702
17:0	S6702
18:1 t	S6702
18:2 CLAs	S6702
20:2 n-6 c,c	S6702
18:1-11t (18:1t n-7)	S6702
Ash	S6702
Vitamin E (alpha-tocopherol)	S6702
Lysine	S6702

NDB No. 23095 Beef, chuck for stew, separable lean and fat, choice, raw

Manganese, Mn	S6702
Vitamin K (phylloquinone)	S14
Betaine	S6702
Tryptophan	S6702
Cystine	S6702

NDB No. 23095 Beef, chuck for stew, separable lean and fat, choice, raw

Phenylalanine	S6702
Valine	S6702
14:0	S6702
18:1 undifferentiated	S6702
Ash	S6702
Calcium, Ca	S6702
Iron, Fe	S6702
Phosphorus, P	S6702
Proline	S6702
18:2 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
Fatty acids, total polyunsaturated	S6702
Water	S6702
Vitamin E (alpha-tocopherol)	S6702
Pantothenic acid	S6702
Leucine	S6702
18:3 undifferentiated	S6702
20:4 undifferentiated	S6702
16:1 undifferentiated	S6702
17:0	S6702
17:1	S6702
18:3 n-3 c,c,c (ALA)	S6702
Total lipid (fat)	S6702
Vitamin B-12	S6702
Isoleucine	S6702
Lysine	S6702
Histidine	S6702
Glycine	S6702
Serine	S6702
Cholesterol	S6702
Fatty acids, total trans	S6702
Fatty acids, total saturated	S6702
16:0	S6702
22:5 n-3 (DPA)	S6702
18:1 c	S6702
Fatty acids, total trans-monoenoic	S6702
Magnesium, Mg	S6702

NDB No. 23095 Beef, chuck for stew, separable lean and fat, choice, raw

Methionine	S6702
Arginine	S6702
Alanine	S6702
Aspartic acid	S6702
18:0	S6702
20:0	S6702
Sodium, Na	S6702
Thiamin	S6702
Vitamin B-6	S6702
18:1 t	S6702
18:2 CLAs	S6702
20:2 n-6 c,c	S6702
18:1-11t (18:1t n-7)	S6702
Protein	S6702
Copper, Cu	S6702
Riboflavin	S6702
Choline, total	S6702
Threonine	S6702
14:1	S6702
18:2 n-6 c,c	S6702
Potassium, K	S6702
Zinc, Zn	S6702
Selenium, Se	S6702
Niacin	S6702
Tyrosine	S6702
Glutamic acid	S6702
22:6 n-3 (DHA)	S6702
20:1	S6702
Fatty acids, total monounsaturated	S6702
24:0	S6702

NDB No. 23096 Beef, chuck, under blade steak, boneless, separable lean only, trimmed to 0" fat, choice, cooked, braised

Total lipid (fat)	S6702
Lysine	S6702
Proline	S6702

NDB No. 23096 Beef, chuck, under blade steak, boneless, separable lean only, trimmed to 0" fat, choice, cooked, braised

Water	S6702
Leucine	S6702
Methionine	S6702
Cystine	S6702
Arginine	S6702
Alanine	S6702
Ash	S6702
Threonine	S6702
Isoleucine	S6702
Histidine	S6702
Vitamin K (phylloquinone)	S14
Phenylalanine	S6702
Serine	S6702
Protein	S6702
Tryptophan	S6702
Tyrosine	S6702
Glycine	S6702
Valine	S6702
Aspartic acid	S6702
Glutamic acid	S6702

NDB No. 23097 Beef, chuck, under blade steak, boneless, separable lean only, trimmed to 0" fat, select, cooked, braised

Water	S6702
Threonine	S6702
Lysine	S6702
Vitamin K (phylloquinone)	S14
Tryptophan	S6702
Phenylalanine	S6702
Tyrosine	S6702
Valine	S6702
Histidine	S6702
Aspartic acid	S6702
Cystine	S6702
Proline	S6702
Isoleucine	S6702

NDB No. 23097 Beef, chuck, under blade steak, boneless, separable lean only, trimmed to 0" fat, select, cooked, braised

Arginine	S6702
Alanine	S6702
Total lipid (fat)	S6702
Ash	S6702
Glycine	S6702
Methionine	S6702
Glutamic acid	S6702
Serine	S6702
Protein	S6702
Leucine	S6702

NDB No. 23098 Beef, chuck, under blade steak, boneless, separable lean only, trimmed to 0" fat, all grades, cooked, braised

Lysine	S6702
Histidine	S6702
Alanine	S6702
Aspartic acid	S6702
Arginine	S6702
Water	S6702
Tryptophan	S6702
Leucine	S6702
Proline	S6702
Protein	S6702
Ash	S6702
Methionine	S6702
Serine	S6702
Threonine	S6702
Glycine	S6702
Vitamin K (phylloquinone)	S14
Tyrosine	S6702
Valine	S6702
Glutamic acid	S6702
Total lipid (fat)	S6702
Cystine	S6702
Isoleucine	S6702
Phenylalanine	S6702

NDB No. 23099 Beef, chuck, under blade pot roast, boneless, separable lean and fat, trimmed to 0" fat, all grades, cooked, braised

Protein	S6702
Copper, Cu	S6702
Niacin	S6702
Aspartic acid	S6702
16:0	S6702
20:1	S6702
Fatty acids, total polyunsaturated	S6702
16:1 c	S6702
Calcium, Ca	S6702
Phosphorus, P	S6702
Sodium, Na	S6702
Vitamin D	S6702
Riboflavin	S6702
Vitamin B-6	S6702
Leucine	S6702
Phenylalanine	S6702
Histidine	S6702
Glutamic acid	S6702
17:1	S6702
Total lipid (fat)	S6702
Vitamin E (alpha-tocopherol)	S6702
Vitamin B-12	S6702
Vitamin K (phylloquinone)	S14
Betaine	S6702
Lysine	S6702
Cholesterol	S6702
14:0	S6702
18:1 undifferentiated	S6702
18:3 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
24:0	S6702
18:3 n-3 c,c,c (ALA)	S6702
18:1-11t (18:1t n-7)	S6702
Pantothenic acid	S6702
Tryptophan	S6702
Methionine	S6702
Fatty acids, total trans	S6702

NDB No. 23099 Beef, chuck, under blade pot roast, boneless, separable lean and fat, trimmed to 0" fat, all grades, cooked, braised

Fatty acids, total saturated	S6702
20:2 n-6 c,c	S6702
18:1 c	S6702
Ash	S6702
Zinc, Zn	S6702
Thiamin	S6702
Choline, total	S6702
Threonine	S6702
Cystine	S6702
Proline	S6702
18:2 undifferentiated	S6702
14:1	S6702
20:5 n-3 (EPA)	S6702
Fatty acids, total monounsaturated	S6702
Water	S6702
Magnesium, Mg	S6702
Potassium, K	S6702
Retinol	S6702
20:4 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
18:1 t	S6702
Selenium, Se	S6702
Vitamin D3 (cholecalciferol)	S6702
Isoleucine	S6702
Serine	S6702
18:0	S6702
18:2 CLAs	S6702
Iron, Fe	S6702
Manganese, Mn	S6702
Tyrosine	S6702
Valine	S6702
Arginine	S6702
Alanine	S6702
Glycine	S6702
20:0	S6702
16:1 undifferentiated	S6702

NDB No. 23099 Beef, chuck, under blade pot roast, boneless, separable lean and fat, trimmed to 0" fat, all grades, cooked, braised

17:0	S6702
18:2 n-6 c,c	S6702
Fatty acids, total trans-monoenoic	S6702

NDB No. 23102 Beef, chuck, under blade pot roast or steak, boneless, separable lean and fat, trimmed to 0" fat, all grades, raw

Magnesium, Mg	S6702
Manganese, Mn	S6702
Vitamin K (phylloquinone)	S14
Lysine	S6702
Cystine	S6702
Valine	S6702
Fatty acids, total trans	S6702
18:0	S6702
20:0	S6702
22:6 n-3 (DHA)	S6702
Fatty acids, total polyunsaturated	S6702
18:1 c	S6702
17:1	S6702
18:1-11t (18:1t n-7)	S6702
Ash	S6702
Iron, Fe	S6702
Potassium, K	S6702
Retinol	S6702
Vitamin B-6	S6702
Leucine	S6702
18:1 undifferentiated	S6702
18:3 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
Water	S6702
Calcium, Ca	S6702
Copper, Cu	S6702
Vitamin E (alpha-tocopherol)	S6702
Riboflavin	S6702
Pantothenic acid	S6702
Choline, total	S6702

NDB No. 23102 Beef, chuck, under blade pot roast or steak, boneless, separable lean and fat, trimmed to 0" fat, all grades, raw

Alanine	S6702
Aspartic acid	S6702
Fatty acids, total saturated	S6702
22:5 n-3 (DPA)	S6702
Fatty acids, total monounsaturated	S6702
24:0	S6702
Protein	S6702
Phosphorus, P	S6702
Thiamin	S6702
Niacin	S6702
Arginine	S6702
Glutamic acid	S6702
20:2 n-6 c,c	S6702
Selenium, Se	S6702
Serine	S6702
16:0	S6702
20:4 undifferentiated	S6702
14:1	S6702
16:1 undifferentiated	S6702
18:2 n-6 c,c	S6702
Sodium, Na	S6702
Vitamin D	S6702
Vitamin D3 (cholecalciferol)	S6702
Betaine	S6702
Methionine	S6702
Tyrosine	S6702
Histidine	S6702
Proline	S6702
18:2 CLAs	S6702
16:1 c	S6702
Zinc, Zn	S6702
Isoleucine	S6702
Phenylalanine	S6702
Glycine	S6702
14:0	S6702
20:1	S6702

NDB No. 23102 Beef, chuck, under blade pot roast or steak, boneless, separable lean and fat, trimmed to 0" fat, all grades, raw

17:0	S6702
Total lipid (fat)	S6702
Vitamin B-12	S6702
Tryptophan	S6702
Threonine	S6702
Cholesterol	S6702
18:2 undifferentiated	S6702
18:1 t	S6702
Fatty acids, total trans-monoenoic	S6702
18:3 n-3 c,c,c (ALA)	S6702

NDB No. 23103 Beef, chuck, under blade pot roast or steak, boneless, separable lean and fat, trimmed to 0" fat, choice, raw

Ash	S6702
Phosphorus, P	S6702
Vitamin D	S6702
Vitamin D3 (cholecalciferol)	S6702
Riboflavin	S6702
Vitamin K (phylloquinone)	S14
Isoleucine	S6702
Cholesterol	S6702
18:0	S6702
18:3 undifferentiated	S6702
16:1 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
Fatty acids, total monounsaturated	S6702
Fatty acids, total trans-monoenoic	S6702
18:3 n-3 c,c,c (ALA)	S6702
Iron, Fe	S6702
Potassium, K	S6702
Retinol	S6702
Vitamin E (alpha-tocopherol)	S6702
Choline, total	S6702
Tyrosine	S6702

NDB No. 23103 Beef, chuck, under blade pot roast or steak, boneless, separable lean and fat, trimmed to 0" fat, choice, raw

Alanine	S6702
18:2 CLAs	S6702
18:1 c	S6702
17:1	S6702
Sodium, Na	S6702
Copper, Cu	S6702
Betaine	S6702
Glutamic acid	S6702
Glycine	S6702
Serine	S6702
Fatty acids, total trans	S6702
14:0	S6702
16:0	S6702
20:4 undifferentiated	S6702
14:1	S6702
20:1	S6702
Fatty acids, total polyunsaturated	S6702
18:2 n-6 c,c	S6702
Calcium, Ca	S6702
Manganese, Mn	S6702
Niacin	S6702
Threonine	S6702
Leucine	S6702
Methionine	S6702
Cystine	S6702
20:0	S6702
18:1 undifferentiated	S6702
18:2 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
20:2 n-6 c,c	S6702
Vitamin B-12	S6702
Lysine	S6702
Histidine	S6702
22:5 n-3 (DPA)	S6702
18:1 t	S6702
Protein	S6702
Total lipid (fat)	S6702

NDB No. 23103	Beef, chuck, under blade pot roast or steak, boneless, separable lean and fat, trimmed to 0" fat, choice, raw
Water	S6702
Thiamin	S6702
Valine	S6702
Proline	S6702
24:0	S6702
18:1-11t (18:1t n-7)	S6702
Zinc, Zn	S6702
Selenium, Se	S6702
Pantothenic acid	S6702
Vitamin B-6	S6702
Tryptophan	S6702
Fatty acids, total saturated	S6702
Magnesium, Mg	S6702
Phenylalanine	S6702
Arginine	S6702
Aspartic acid	S6702
17:0	S6702
16:1 c	S6702

NDB No. 23104	Beef, chuck, under blade pot roast or steak, boneless, separable lean and fat, trimmed to 0" fat, select, raw
Water	S6702
Phosphorus, P	S6702
Potassium, K	S6702
Copper, Cu	S6702
Thiamin	S6702
Niacin	S6702
Isoleucine	S6702
Leucine	S6702
Cystine	S6702
Phenylalanine	S6702
18:3 undifferentiated	S6702
17:0	S6702
18:2 CLAs	S6702
16:1 c	S6702
Fatty acids, total trans-monoenoic	S6702

NDB No. 23104 Beef, chuck, under blade pot roast or steak, boneless, separable lean and fat, trimmed to 0" fat, select, raw

18:3 n-3 c,c,c (ALA)	S6702
Calcium, Ca	S6702
Selenium, Se	S6702
Vitamin D	S6702
Vitamin D3 (cholecalciferol)	S6702
Riboflavin	S6702
Histidine	S6702
Alanine	S6702
Glutamic acid	S6702
16:0	S6702
22:6 n-3 (DHA)	S6702
20:1	S6702
18:1 c	S6702
Serine	S6702
Total lipid (fat)	S6702
Ash	S6702
Iron, Fe	S6702
Magnesium, Mg	S6702
Vitamin E (alpha-tocopherol)	S6702
Vitamin B-6	S6702
Vitamin B-12	S6702
Betaine	S6702
Tryptophan	S6702
Lysine	S6702
Tyrosine	S6702
Valine	S6702
Aspartic acid	S6702
Fatty acids, total trans	S6702
20:0	S6702
18:2 undifferentiated	S6702
16:1 undifferentiated	S6702
Pantothenic acid	S6702
Choline, total	S6702
18:1 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
18:2 n-6 c,c	S6702

NDB No. 23104 Beef, chuck, under blade pot roast or steak, boneless, separable lean and fat, trimmed to 0" fat, select, raw

18:1-11t (18:1t n-7)	S6702
Methionine	S6702
Proline	S6702
20:2 n-6 c,c	S6702
Protein	S6702
Sodium, Na	S6702
Zinc, Zn	S6702
Manganese, Mn	S6702
Retinol	S6702
Arginine	S6702
Glycine	S6702
Cholesterol	S6702
14:1	S6702
24:0	S6702
Vitamin K (phylloquinone)	S14
Threonine	S6702
Fatty acids, total saturated	S6702
14:0	S6702
18:0	S6702
20:4 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
22:5 n-3 (DPA)	S6702
Fatty acids, total polyunsaturated	S6702
18:1 t	S6702
17:1	S6702

NDB No. 23105 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

Total lipid (fat)	S6702
Magnesium, Mg	S6702
Potassium, K	S6702
Zinc, Zn	S6702
Vitamin E (alpha-tocopherol)	S6702
Niacin	S6702
Betaine	S6702
Lysine	S6702

NDB No. 23105 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

Arginine	S6702
Histidine	S6702
Fatty acids, total trans	S6702
20:1	S6702
17:0	S6702
18:2 CLAs	S6702
16:1 c	S6702
18:1-11t (18:1t n-7)	S6702
Copper, Cu	S6702
Tryptophan	S6702
Isoleucine	S6702
Aspartic acid	S6702
Glycine	S6702
18:2 undifferentiated	S6702
18:3 undifferentiated	S6702
20:2 n-6 c,c	S6702
Sodium, Na	S6702
Thiamin	S6702
Pantothenic acid	S6702
Vitamin B-12	S6702
Threonine	S6702
Cystine	S6702
Tyrosine	S6702
Serine	S6702
Cholesterol	S6702
20:5 n-3 (EPA)	S6702
Fatty acids, total monounsaturated	S6702
18:1 t	S6702
Protein	S6702
Valine	S6702
Alanine	S6702
Fatty acids, total saturated	S6702
16:0	S6702
18:0	S6702
14:1	S6702
Calcium, Ca	S6702

NDB No. 23105 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

Iron, Fe	S6702
Phosphorus, P	S6702
14:0	S6702
18:1 c	S6702
18:2 n-6 c,c	S6702
Water	S6702
Choline, total	S6702
Glutamic acid	S6702
Proline	S6702
20:4 undifferentiated	S6702
Fatty acids, total polyunsaturated	S6702
Ash	S6702
Selenium, Se	S6702
Riboflavin	S6702
Vitamin B-6	S6702
Methionine	S6702
16:1 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
24:0	S6702
17:1	S6702
Manganese, Mn	S6702
Vitamin K (phylloquinone)	S14
Leucine	S6702
Phenylalanine	S6702
20:0	S6702
18:1 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
Fatty acids, total trans-monoenoic	S6702
18:3 n-3 c,c,c (ALA)	S6702

NDB No. 23106 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

Water	S6702
Selenium, Se	S6702
Riboflavin	S6702
Tryptophan	S6702

NDB No. 23106 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

Isoleucine	S6702
Lysine	S6702
Tyrosine	S6702
Histidine	S6702
Glycine	S6702
18:0	S6702
20:0	S6702
20:5 n-3 (EPA)	S6702
18:2 n-6 c,c	S6702
Total lipid (fat)	S6702
Magnesium, Mg	S6702
Vitamin E (alpha-tocopherol)	S6702
Betaine	S6702
18:1 undifferentiated	S6702
18:3 undifferentiated	S6702
20:4 undifferentiated	S6702
14:1	S6702
20:1	S6702
22:5 n-3 (DPA)	S6702
Fatty acids, total polyunsaturated	S6702
20:2 n-6 c,c	S6702
Potassium, K	S6702
Copper, Cu	S6702
Phenylalanine	S6702
Alanine	S6702
Fatty acids, total monounsaturated	S6702
18:3 n-3 c,c,c (ALA)	S6702
Thiamin	S6702
Valine	S6702
Glutamic acid	S6702
14:0	S6702
18:2 undifferentiated	S6702
17:0	S6702
18:1 t	S6702
Fatty acids, total trans-monoenoic	S6702

NDB No. 23106 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

Protein	S6702
Sodium, Na	S6702
Vitamin B-6	S6702
Proline	S6702
Serine	S6702
16:0	S6702
22:6 n-3 (DHA)	S6702
18:2 CLAs	S6702
16:1 c	S6702
Calcium, Ca	S6702
Iron, Fe	S6702
Zinc, Zn	S6702
Niacin	S6702
Pantothenic acid	S6702
Vitamin B-12	S6702
Cystine	S6702
Fatty acids, total trans	S6702
Fatty acids, total saturated	S6702
16:1 undifferentiated	S6702
18:1-11t (18:1t n-7)	S6702
Choline, total	S6702
Vitamin K (phylloquinone)	S14
Threonine	S6702
Leucine	S6702
Aspartic acid	S6702
24:0	S6702
Ash	S6702
Phosphorus, P	S6702
Manganese, Mn	S6702
Methionine	S6702
Arginine	S6702
Cholesterol	S6702
18:1 c	S6702
17:1	S6702

NDB No. 23107 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean and fat, trimmed to 0"

NDB No. 23107 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean and fat, trimmed to 0" fat, select, cooked, grilled

Iron, Fe	S6702
Betaine	S6702
Isoleucine	S6702
Leucine	S6702
Lysine	S6702
Methionine	S6702
Proline	S6702
14:0	S6702
18:2 undifferentiated	S6702
18:3 undifferentiated	S6702
Fatty acids, total polyunsaturated	S6702
Magnesium, Mg	S6702
Potassium, K	S6702
Vitamin E (alpha-tocopherol)	S6702
Niacin	S6702
Vitamin B-12	S6702
Threonine	S6702
Tyrosine	S6702
Histidine	S6702
Fatty acids, total trans	S6702
16:0	S6702
18:1 undifferentiated	S6702
18:1 t	S6702
18:1-11t (18:1t n-7)	S6702
Protein	S6702
Sodium, Na	S6702
Pantothenic acid	S6702
Vitamin K (phylloquinone)	S14
Phenylalanine	S6702
Aspartic acid	S6702
20:0	S6702
14:1	S6702
18:3 n-3 c,c,c (ALA)	S6702
Phosphorus, P	S6702
Zinc, Zn	S6702
Thiamin	S6702
Vitamin B-6	S6702

NDB No. 23107 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean and fat, trimmed to 0" fat, select, cooked, grilled

Alanine	S6702
Fatty acids, total saturated	S6702
Manganese, Mn	S6702
Selenium, Se	S6702
Arginine	S6702
Glycine	S6702
16:1 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
17:0	S6702
24:0	S6702
18:1 c	S6702
18:2 n-6 c,c	S6702
Total lipid (fat)	S6702
Ash	S6702
Riboflavin	S6702
Cystine	S6702
Cholesterol	S6702
22:6 n-3 (DHA)	S6702
Choline, total	S6702
Tryptophan	S6702
Valine	S6702
Glutamic acid	S6702
20:5 n-3 (EPA)	S6702
Fatty acids, total monounsaturated	S6702
20:2 n-6 c,c	S6702
16:1 c	S6702
Fatty acids, total trans-monoenoic	S6702
Water	S6702
Calcium, Ca	S6702
Copper, Cu	S6702
Serine	S6702
18:0	S6702
20:4 undifferentiated	S6702
20:1	S6702
18:2 CLAs	S6702

NDB No. 23107 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean and fat, trimmed to 0" fat, select, cooked, grilled

17:1	S6702

NDB No. 23108 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean and fat, trimmed to 0" fat, all grades, raw

Total lipid (fat)	S6702
Water	S6702
Calcium, Ca	S6702
Phosphorus, P	S6702
Manganese, Mn	S6702
Niacin	S6702
Phenylalanine	S6702
Cholesterol	S6702
16:1 c	S6702
18:1-11t (18:1t n-7)	S6702
Selenium, Se	S6702
Betaine	S6702
Aspartic acid	S6702
20:0	S6702
18:2 undifferentiated	S6702
18:2 CLAs	S6702
17:1	S6702
Riboflavin	S6702
Vitamin B-12	S6702
Choline, total	S6702
Leucine	S6702
Methionine	S6702
Cystine	S6702
Alanine	S6702
18:3 undifferentiated	S6702
14:1	S6702
16:1 undifferentiated	S6702
17:0	S6702
18:2 n-6 c,c	S6702
Magnesium, Mg	S6702
Zinc, Zn	S6702
Tryptophan	S6702

NDB No. 23108 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean and fat, trimmed to 0" fat, all grades, raw

Threonine	S6702
Glycine	S6702
Serine	S6702
20:4 undifferentiated	S6702
Copper, Cu	S6702
Vitamin E (alpha-tocopherol)	S6702
Tyrosine	S6702
Proline	S6702
18:0	S6702
20:2 n-6 c,c	S6702
18:3 n-3 c,c,c (ALA)	S6702
Sodium, Na	S6702
Vitamin B-6	S6702
Isoleucine	S6702
Valine	S6702
Fatty acids, total trans	S6702
14:0	S6702
16:0	S6702
20:1	S6702
Protein	S6702
Potassium, K	S6702
Thiamin	S6702
Vitamin K (phylloquinone)	S14
Lysine	S6702
Glutamic acid	S6702
Fatty acids, total saturated	S6702
24:0	S6702
18:1 t	S6702
Ash	S6702
Iron, Fe	S6702
Pantothenic acid	S6702
Arginine	S6702
Histidine	S6702
18:1 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
20:5 n-3 (EPA)	S6702
22:5 n-3 (DPA)	S6702

NDB No. 23108	Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean and fat, trimmed to 0" fat, all grades, raw
Fatty acids, total monounsaturated	S6702
Fatty acids, total polyunsaturated	S6702
18:1 c	S6702
Fatty acids, total trans-monoenoic	S6702

NDB No. 23109	Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean and fat, trimmed to 0" fat, choice, raw
Iron, Fe	S6702
Phosphorus, P	S6702
Pantothenic acid	S6702
Choline, total	S6702
Aspartic acid	S6702
Proline	S6702
20:4 undifferentiated	S6702
20:1	S6702
Fatty acids, total monounsaturated	S6702
Fatty acids, total polyunsaturated	S6702
18:2 CLAs	S6702
Protein	S6702
Magnesium, Mg	S6702
Zinc, Zn	S6702
Niacin	S6702
Methionine	S6702
18:1 undifferentiated	S6702
24:0	S6702
18:1-11t (18:1t n-7)	S6702
Lysine	S6702
Valine	S6702
Arginine	S6702
Glutamic acid	S6702
20:2 n-6 c,c	S6702
Betaine	S6702
Isoleucine	S6702
Leucine	S6702

NDB No. 23109 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean and fat, trimmed to 0" fat, choice, raw

Tyrosine	S6702
16:0	S6702
22:6 n-3 (DHA)	S6702
22:5 n-3 (DPA)	S6702
17:0	S6702
18:1 c	S6702
Fatty acids, total trans-monoenoic	S6702
18:3 n-3 c,c,c (ALA)	S6702
Ash	S6702
Water	S6702
Potassium, K	S6702
Vitamin E (alpha-tocopherol)	S6702
Serine	S6702
Cholesterol	S6702
20:0	S6702
Total lipid (fat)	S6702
Selenium, Se	S6702
Thiamin	S6702
Vitamin B-6	S6702
Tryptophan	S6702
Cystine	S6702
Histidine	S6702
18:0	S6702
18:2 undifferentiated	S6702
18:3 undifferentiated	S6702
16:1 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
Calcium, Ca	S6702
Copper, Cu	S6702
Manganese, Mn	S6702
Vitamin K (phylloquinone)	S14
Phenylalanine	S6702
Alanine	S6702
Fatty acids, total trans	S6702
Fatty acids, total saturated	S6702
18:1 t	S6702

NDB No. 23109	Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean and fat, trimmed to 0" fat, choice, raw
16:1 c	S6702
17:1	S6702
Sodium, Na	S6702
Riboflavin	S6702
Vitamin B-12	S6702
Threonine	S6702
Glycine	S6702
14:0	S6702
14:1	S6702
18:2 n-6 c,c	S6702

NDB No. 23110	Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean and fat, trimmed to 0" fat, select, raw
Pantothenic acid	S6702
Arginine	S6702
Histidine	S6702
Aspartic acid	S6702
Serine	S6702
Fatty acids, total saturated	S6702
14:0	S6702
14:1	S6702
17:0	S6702
Iron, Fe	S6702
Magnesium, Mg	S6702
Potassium, K	S6702
Zinc, Zn	S6702
Selenium, Se	S6702
Vitamin B-6	S6702
Vitamin K (phylloquinone)	S14
Phenylalanine	S6702
22:6 n-3 (DHA)	S6702
18:1-11t (18:1t n-7)	S6702
Phosphorus, P	S6702
Manganese, Mn	S6702
Niacin	S6702
Choline, total	S6702

NDB No. 23110 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean and fat, trimmed to 0" fat, select, raw

Methionine	S6702
Fatty acids, total trans	S6702
20:0	S6702
18:2 undifferentiated	S6702
18:3 undifferentiated	S6702
24:0	S6702
20:2 n-6 c,c	S6702
Ash	S6702
Betaine	S6702
Threonine	S6702
Valine	S6702
Alanine	S6702
16:1 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
16:1 c	S6702
Water	S6702
Vitamin E (alpha-tocopherol)	S6702
Tryptophan	S6702
Tyrosine	S6702
Glycine	S6702
Proline	S6702
Fatty acids, total trans-monoenoic	S6702
Total lipid (fat)	S6702
Isoleucine	S6702
Glutamic acid	S6702
16:0	S6702
20:4 undifferentiated	S6702
20:1	S6702
18:1 c	S6702
17:1	S6702
18:3 n-3 c,c,c (ALA)	S6702
Protein	S6702
Calcium, Ca	S6702
Copper, Cu	S6702
Thiamin	S6702
Vitamin B-12	S6702

NDB No. 23110 Beef, chuck, under blade center steak, boneless, Denver Cut, separable lean and fat, trimmed to 0" fat, select, raw

Leucine	S6702
Lysine	S6702
18:0	S6702
18:1 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
Fatty acids, total polyunsaturated	S6702
18:2 CLAs	S6702
Sodium, Na	S6702
Riboflavin	S6702
Cystine	S6702
Cholesterol	S6702
22:5 n-3 (DPA)	S6702
18:1 t	S6702
18:2 n-6 c,c	S6702

NDB No. 23111 Beef, shoulder pot roast or steak, boneless, separable lean and fat, trimmed to 0" fat, choice, raw

Ash	S6702
Selenium, Se	S6702
Glycine	S6702
Fatty acids, total monounsaturated	S6702
Water	S6702
Zinc, Zn	S6702
Vitamin E (alpha-tocopherol)	S6702
Lysine	S6702
Aspartic acid	S6702
Serine	S6702
Fatty acids, total trans	S6702
16:0	S6702
20:5 n-3 (EPA)	S6702
Magnesium, Mg	S6702
Vitamin B-12	S6702
Methionine	S6702
14:0	S6702
20:0	S6702
18:2 undifferentiated	S6702

NDB No. 23111 Beef, shoulder pot roast or steak, boneless, separable lean and fat, trimmed to 0" fat, choice, raw

22:6 n-3 (DHA)	S6702
22:5 n-3 (DPA)	S6702
18:1 t	S6702
18:2 n-6 c,c	S6702
Fatty acids, total trans-monoenoic	S6702
18:3 n-3 c,c,c (ALA)	S6702
Manganese, Mn	S6702
Vitamin D	S6702
Vitamin B-6	S6702
Choline, total	S6702
Vitamin K (phylloquinone)	S14
Cystine	S6702
Phenylalanine	S6702
Proline	S6702
Fatty acids, total saturated	S6702
18:1 undifferentiated	S6702
24:0	S6702
18:2 CLAs	S6702
20:2 n-6 c,c	S6702
17:1	S6702
Total lipid (fat)	S6702
Calcium, Ca	S6702
Betaine	S6702
Isoleucine	S6702
Leucine	S6702
Histidine	S6702
Glutamic acid	S6702
16:1 c	S6702
Protein	S6702
Iron, Fe	S6702
Phosphorus, P	S6702
Potassium, K	S6702
Copper, Cu	S6702
Riboflavin	S6702
Tryptophan	S6702
Tyrosine	S6702
Valine	S6702

NDB No. 23111 Beef, shoulder pot roast or steak, boneless, separable lean and fat, trimmed to 0" fat, choice, raw

Arginine	S6702
20:4 undifferentiated	S6702
14:1	S6702
18:1 c	S6702
18:1-11t (18:1t n-7)	S6702
Vitamin D3 (cholecalciferol)	S6702
Niacin	S6702
Pantothenic acid	S6702
Threonine	S6702
Alanine	S6702
Cholesterol	S6702
20:1	S6702
Sodium, Na	S6702
Thiamin	S6702
18:0	S6702
18:3 undifferentiated	S6702
16:1 undifferentiated	S6702
Fatty acids, total polyunsaturated	S6702
17:0	S6702

NDB No. 23112 Beef, shoulder pot roast or steak, boneless, separable lean and fat, trimmed to 0" fat, select, raw

Magnesium, Mg	S6702
Zinc, Zn	S6702
Choline, total	S6702
Serine	S6702
Cholesterol	S6702
18:2 undifferentiated	S6702
20:2 n-6 c,c	S6702
18:1 c	S6702
18:3 n-3 c,c,c (ALA)	S6702
Protein	S6702
Sodium, Na	S6702
Selenium, Se	S6702
Vitamin D3 (cholecalciferol)	S6702
Riboflavin	S6702
Leucine	S6702

NDB No. 23112 Beef, shoulder pot roast or steak, boneless, separable lean and fat, trimmed to 0" fat, select, raw

Methionine	S6702
Arginine	S6702
Fatty acids, total monounsaturated	S6702
Fatty acids, total polyunsaturated	S6702
17:0	S6702
24:0	S6702
17:1	S6702
Potassium, K	S6702
Manganese, Mn	S6702
Thiamin	S6702
Vitamin B-6	S6702
Tryptophan	S6702
Valine	S6702
Proline	S6702
Fatty acids, total trans	S6702
16:0	S6702
18:1-11t (18:1t n-7)	S6702
Calcium, Ca	S6702
Copper, Cu	S6702
Vitamin E (alpha-tocopherol)	S6702
Vitamin K (phylloquinone)	S14
Betaine	S6702
Threonine	S6702
18:0	S6702
20:5 n-3 (EPA)	S6702
Ash	S6702
Water	S6702
Isoleucine	S6702
Glycine	S6702
Fatty acids, total saturated	S6702
20:4 undifferentiated	S6702
14:1	S6702
16:1 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
Total lipid (fat)	S6702
Phosphorus, P	S6702
Vitamin D	S6702

NDB No. 23112 Beef, shoulder pot roast or steak, boneless, separable lean and fat, trimmed to 0" fat, select, raw

Pantothenic acid	S6702
Vitamin B-12	S6702
Cystine	S6702
Phenylalanine	S6702
18:1 undifferentiated	S6702
18:3 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
18:1 t	S6702
16:1 c	S6702
Fatty acids, total trans-monoenoic	S6702
Iron, Fe	S6702
Niacin	S6702
Lysine	S6702
Aspartic acid	S6702
20:1	S6702
18:2 n-6 c,c	S6702
Tyrosine	S6702
Histidine	S6702
Alanine	S6702
Glutamic acid	S6702
14:0	S6702
20:0	S6702
18:2 CLAs	S6702

NDB No. 23113 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean and fat, trimmed to 0" fat, all grades, cooked, roasted

Sodium, Na	S6702
Manganese, Mn	S6702
Niacin	S6702
Histidine	S6702
Proline	S6702
18:3 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
24:0	S6702
Ash	S6702
Potassium, K	S6702

NDB No. 23113 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean and fat, trimmed to 0" fat, all grades, cooked, roasted

Pantothenic acid	S6702
Vitamin K (phylloquinone)	S14
Betaine	S6702
Cystine	S6702
Arginine	S6702
Aspartic acid	S6702
Cholesterol	S6702
Fatty acids, total trans	S6702
Fatty acids, total saturated	S6702
14:1	S6702
20:5 n-3 (EPA)	S6702
16:1 c	S6702
Water	S6702
Calcium, Ca	S6702
Phosphorus, P	S6702
Copper, Cu	S6702
Thiamin	S6702
16:0	S6702
18:2 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
17:1	S6702
Magnesium, Mg	S6702
Tryptophan	S6702
Threonine	S6702
Tyrosine	S6702
18:1 undifferentiated	S6702
20:4 undifferentiated	S6702
Fatty acids, total polyunsaturated	S6702
20:2 n-6 c,c	S6702
18:2 n-6 c,c	S6702
Iron, Fe	S6702
Vitamin E (alpha-tocopherol)	S6702
Vitamin B-6	S6702
Isoleucine	S6702
Lysine	S6702
Phenylalanine	S6702
Valine	S6702

NDB No. 23113 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean and fat, trimmed to 0" fat, all grades, cooked, roasted

Serine	S6702
14:0	S6702
18:0	S6702
20:1	S6702
18:1 t	S6702
18:1 c	S6702
18:1-11t (18:1t n-7)	S6702
Protein	S6702
Leucine	S6702
Alanine	S6702
Glutamic acid	S6702
22:5 n-3 (DPA)	S6702
18:3 n-3 c,c,c (ALA)	S6702
Selenium, Se	S6702
Methionine	S6702
Glycine	S6702
20:0	S6702
16:1 undifferentiated	S6702
17:0	S6702
18:2 CLAs	S6702
Total lipid (fat)	S6702
Zinc, Zn	S6702
Riboflavin	S6702
Vitamin B-12	S6702
Choline, total	S6702
Fatty acids, total trans-monoenoic	S6702

NDB No. 23114 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean and fat, trimmed to 0" fat, choice, cooked, roasted

Valine	S6702
Aspartic acid	S6702
18:0	S6702
18:1 undifferentiated	S6702
18:2 undifferentiated	S6702
18:3 undifferentiated	S6702
18:1 c	S6702

NDB No. 23114 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean and fat, trimmed to 0" fat, choice, cooked, roasted

18:2 n-6 c,c	S6702
Pantothenic acid	S6702
Lysine	S6702
Serine	S6702
Protein	S6702
Phosphorus, P	S6702
Zinc, Zn	S6702
Selenium, Se	S6702
Riboflavin	S6702
Niacin	S6702
Vitamin K (phylloquinone)	S14
Tyrosine	S6702
Arginine	S6702
Proline	S6702
Fatty acids, total monounsaturated	S6702
Iron, Fe	S6702
Copper, Cu	S6702
Vitamin B-6	S6702
Tryptophan	S6702
Threonine	S6702
Leucine	S6702
Phenylalanine	S6702
Glycine	S6702
Cholesterol	S6702
14:0	S6702
Fatty acids, total polyunsaturated	S6702
17:0	S6702
18:2 CLAs	S6702
18:3 n-3 c,c,c (ALA)	S6702
Total lipid (fat)	S6702
Water	S6702
Sodium, Na	S6702
Vitamin E (alpha-tocopherol)	S6702
Methionine	S6702
Cystine	S6702
Histidine	S6702

NDB No. 23114 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean and fat, trimmed to 0" fat, choice, cooked, roasted

Glutamic acid	S6702
Fatty acids, total saturated	S6702
16:0	S6702
20:4 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
Magnesium, Mg	S6702
Thiamin	S6702
Vitamin B-12	S6702
Choline, total	S6702
Betaine	S6702
Fatty acids, total trans	S6702
14:1	S6702
22:5 n-3 (DPA)	S6702
18:1 t	S6702
16:1 c	S6702
Ash	S6702
Calcium, Ca	S6702
Potassium, K	S6702
Manganese, Mn	S6702
Isoleucine	S6702
Alanine	S6702
20:0	S6702
22:6 n-3 (DHA)	S6702
20:1	S6702
20:2 n-6 c,c	S6702
17:1	S6702
18:1-11t (18:1t n-7)	S6702
16:1 undifferentiated	S6702
24:0	S6702
Fatty acids, total trans-monoenoic	S6702

NDB No. 23115 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean and fat, trimmed to 0" fat, select, cooked, roasted

Calcium, Ca	S6702
Iron, Fe	S6702
Vitamin B-12	S6702

NDB No. 23115 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean and fat, trimmed to 0" fat, select, cooked, roasted

Lysine	S6702
Tyrosine	S6702
Aspartic acid	S6702
Glutamic acid	S6702
18:1 t	S6702
Water	S6702
Zinc, Zn	S6702
Vitamin K (phylloquinone)	S14
Threonine	S6702
Methionine	S6702
Valine	S6702
Arginine	S6702
Proline	S6702
20:0	S6702
Fatty acids, total polyunsaturated	S6702
24:0	S6702
Protein	S6702
Total lipid (fat)	S6702
Selenium, Se	S6702
Tryptophan	S6702
Isoleucine	S6702
Fatty acids, total saturated	S6702
16:0	S6702
17:1	S6702
Fatty acids, total trans-monoenoic	S6702
Magnesium, Mg	S6702
Vitamin B-6	S6702
Betaine	S6702
Leucine	S6702
Histidine	S6702
Alanine	S6702
Fatty acids, total trans	S6702
18:0	S6702
18:1 undifferentiated	S6702
18:2 undifferentiated	S6702
18:3 undifferentiated	S6702

NDB No. 23115 Beef, chuck eye roast, boneless, America's Beef Roast, separable lean and fat, trimmed to 0" fat, select, cooked, roasted

14:1	S6702
16:1 undifferentiated	S6702
17:0	S6702
20:2 n-6 c,c	S6702
Copper, Cu	S6702
Riboflavin	S6702
Cystine	S6702
14:0	S6702
18:2 CLAs	S6702
16:1 c	S6702
18:2 n-6 c,c	S6702
Ash	S6702
Sodium, Na	S6702
Manganese, Mn	S6702
Thiamin	S6702
Niacin	S6702
20:4 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
18:3 n-3 c,c,c (ALA)	S6702
Potassium, K	S6702
Vitamin E (alpha-tocopherol)	S6702
Choline, total	S6702
Glycine	S6702
Serine	S6702
22:6 n-3 (DHA)	S6702
22:5 n-3 (DPA)	S6702
18:1-11t (18:1t n-7)	S6702
Phosphorus, P	S6702
Pantothenic acid	S6702
Phenylalanine	S6702
Cholesterol	S6702
20:1	S6702
20:5 n-3 (EPA)	S6702
18:1 c	S6702

NDB No. 23116 Beef, chuck, under blade steak, boneless, separable lean and fat, trimmed to 0" fat, all grades, cooked, braised

Protein	S6702
Isoleucine	S6702
Arginine	S6702
Serine	S6702
Total lipid (fat)	S6702
Vitamin K (phylloquinone)	S14
Lysine	S6702
Glutamic acid	S6702
Proline	S6702
Ash	S6702
Tryptophan	S6702
Threonine	S6702
Alanine	S6702
Aspartic acid	S6702
Water	S6702
Valine	S6702
Leucine	S6702
Methionine	S6702
Cystine	S6702
Tyrosine	S6702
Histidine	S6702
Phenylalanine	S6702
Glycine	S6702

NDB No. 23117 Beef, chuck, under blade steak, boneless, separable lean and fat, trimmed to 0" fat, choice, cooked, braised

Vitamin K (phylloquinone)	S14
Leucine	S6702
Lysine	S6702
Histidine	S6702
Total lipid (fat)	S6702
Ash	S6702
Protein	S6702
Water	S6702
Tryptophan	S6702
Phenylalanine	S6702

NDB No. 23117 Beef, chuck, under blade steak, boneless, separable lean and fat, trimmed to 0" fat, choice, cooked, braised

Tyrosine	S6702
Glycine	S6702
Methionine	S6702
Threonine	S6702
Cystine	S6702
Arginine	S6702
Aspartic acid	S6702
Glutamic acid	S6702
Proline	S6702
Serine	S6702
Valine	S6702
Alanine	S6702
Isoleucine	S6702

NDB No. 23118 Beef, chuck, under blade steak, boneless, separable lean and fat, trimmed to 0" fat, select, cooked, braised

Tryptophan	S6702
Threonine	S6702
Lysine	S6702
Alanine	S6702
Aspartic acid	S6702
Protein	S6702
Ash	S6702
Water	S6702
Tyrosine	S6702
Valine	S6702
Vitamin K (phylloquinone)	S14
Leucine	S6702
Isoleucine	S6702
Methionine	S6702
Glutamic acid	S6702
Total lipid (fat)	S6702
Serine	S6702
Cystine	S6702
Histidine	S6702
Proline	S6702

NDB No. 23118 Beef, chuck, under blade steak, boneless, separable lean and fat, trimmed to 0" fat, select, cooked, braised

Glycine	S6702
Phenylalanine	S6702
Arginine	S6702

NDB No. 23119 Beef, chuck, mock tender steak, boneless, separable lean and fat, trimmed to 0" fat, all grades, cooked, braised

Protein	S6702
Leucine	S6702
Glycine	S6702
16:0	S6702
18:3 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
14:1	S6702
Selenium, Se	S6702
Vitamin B-12	S6702
Betaine	S6702
Tryptophan	S6702
Cystine	S6702
Arginine	S6702
Fatty acids, total saturated	S6702
18:2 undifferentiated	S6702
20:1	S6702
Fatty acids, total polyunsaturated	S6702
18:2 CLAs	S6702
16:1 c	S6702
Water	S6702
Iron, Fe	S6702
Riboflavin	S6702
Methionine	S6702
Tyrosine	S6702
22:5 n-3 (DPA)	S6702
18:1 t	S6702
20:2 n-6 c,c	S6702
18:2 n-6 c,c	S6702
Calcium, Ca	S6702
Sodium, Na	S6702

NDB No. 23119 Beef, chuck, mock tender steak, boneless, separable lean and fat, trimmed to 0" fat, all grades, cooked, braised

Manganese, Mn	S6702
Alanine	S6702
14:0	S6702
18:0	S6702
20:4 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
Fatty acids, total monounsaturated	S6702
18:1 c	S6702
Ash	S6702
Phosphorus, P	S6702
Niacin	S6702
Aspartic acid	S6702
20:0	S6702
17:1	S6702
18:3 n-3 c,c,c (ALA)	S6702
Total lipid (fat)	S6702
Vitamin E (alpha-tocopherol)	S6702
Pantothenic acid	S6702
Vitamin B-6	S6702
Choline, total	S6702
Isoleucine	S6702
Glutamic acid	S6702
Proline	S6702
Serine	S6702
Fatty acids, total trans	S6702
18:1 undifferentiated	S6702
18:1-11t (18:1t n-7)	S6702
Potassium, K	S6702
Zinc, Zn	S6702
Copper, Cu	S6702
Thiamin	S6702
Threonine	S6702
Phenylalanine	S6702
Valine	S6702
Histidine	S6702
24:0	S6702

NDB No. 23119 Beef, chuck, mock tender steak, boneless, separable lean and fat, trimmed to 0" fat, all grades, cooked, braised

Magnesium, Mg	S6702
Vitamin K (phylloquinone)	S14
Lysine	S6702
Cholesterol	S6702
16:1 undifferentiated	S6702
17:0	S6702
Fatty acids, total trans-monoenoic	S6702

NDB No. 23120 Beef, chuck, mock tender steak, boneless, separable lean and fat, trimmed to 0" fat, choice, cooked, braised

Magnesium, Mg	S6702
Vitamin E (alpha-tocopherol)	S6702
Threonine	S6702
Methionine	S6702
Histidine	S6702
Glycine	S6702
Fatty acids, total saturated	S6702
17:0	S6702
Water	S6702
Copper, Cu	S6702
Manganese, Mn	S6702
Vitamin B-6	S6702
Betaine	S6702
Cholesterol	S6702
18:0	S6702
18:1 undifferentiated	S6702
18:2 undifferentiated	S6702
24:0	S6702
18:1 c	S6702
Ash	S6702
Thiamin	S6702
Riboflavin	S6702
Choline, total	S6702
Vitamin K (phylloquinone)	S14
Proline	S6702
14:1	S6702

NDB No. 23120 Beef, chuck, mock tender steak, boneless, separable lean and fat, trimmed to 0" fat, choice, cooked, braised

20:1	S6702
22:5 n-3 (DPA)	S6702
Fatty acids, total monounsaturated	S6702
18:1 t	S6702
20:2 n-6 c,c	S6702
Total lipid (fat)	S6702
Leucine	S6702
Lysine	S6702
Tyrosine	S6702
Arginine	S6702
20:5 n-3 (EPA)	S6702
16:1 c	S6702
Fatty acids, total trans-monoenoic	S6702
18:1-11t (18:1t n-7)	S6702
Protein	S6702
Sodium, Na	S6702
Selenium, Se	S6702
Pantothenic acid	S6702
Vitamin B-12	S6702
Isoleucine	S6702
Phenylalanine	S6702
Valine	S6702
18:3 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
Fatty acids, total polyunsaturated	S6702
18:2 n-6 c,c	S6702
17:1	S6702
Calcium, Ca	S6702
Phosphorus, P	S6702
Cystine	S6702
Aspartic acid	S6702
Glutamic acid	S6702
Serine	S6702
Fatty acids, total trans	S6702
20:0	S6702

NDB No. 23120 Beef, chuck, mock tender steak, boneless, separable lean and fat, trimmed to 0" fat, choice, cooked, braised

20:4 undifferentiated	S6702
18:2 CLAs	S6702
Iron, Fe	S6702
Niacin	S6702
Tryptophan	S6702
Alanine	S6702
14:0	S6702
16:0	S6702
18:3 n-3 c,c,c (ALA)	S6702
Potassium, K	S6702
Zinc, Zn	S6702
16:1 undifferentiated	S6702

NDB No. 23121 Beef, chuck, mock tender steak, boneless, separable lean and fat, trimmed to 0" fat, select, cooked, braised

Water	S6702
Calcium, Ca	S6702
Copper, Cu	S6702
Vitamin E (alpha-tocopherol)	S6702
Vitamin B-6	S6702
Vitamin K (phylloquinone)	S14
Leucine	S6702
Cystine	S6702
Tyrosine	S6702
Valine	S6702
Alanine	S6702
Glutamic acid	S6702
20:1	S6702
20:5 n-3 (EPA)	S6702
Fatty acids, total monounsaturated	S6702
20:2 n-6 c,c	S6702
16:1 c	S6702
18:1 c	S6702
Iron, Fe	S6702
Riboflavin	S6702
Tryptophan	S6702

NDB No. 23121 Beef, chuck, mock tender steak, boneless, separable lean and fat, trimmed to 0" fat, select, cooked, braised

Lysine	S6702
Phenylalanine	S6702
Glycine	S6702
Fatty acids, total saturated	S6702
20:4 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
14:1	S6702
18:1 t	S6702
18:2 n-6 c,c	S6702
18:1-11t (18:1t n-7)	S6702
Protein	S6702
Total lipid (fat)	S6702
Ash	S6702
Magnesium, Mg	S6702
Potassium, K	S6702
Selenium, Se	S6702
Thiamin	S6702
Pantothenic acid	S6702
Isoleucine	S6702
Arginine	S6702
Proline	S6702
20:0	S6702
22:5 n-3 (DPA)	S6702
Cholesterol	S6702
18:0	S6702
16:1 undifferentiated	S6702
Fatty acids, total trans-monoenoic	S6702
Phosphorus, P	S6702
Fatty acids, total trans	S6702
14:0	S6702
Manganese, Mn	S6702
Choline, total	S6702
Betaine	S6702
Threonine	S6702
18:1 undifferentiated	S6702
18:2 undifferentiated	S6702

NDB No. 23121 Beef, chuck, mock tender steak, boneless, separable lean and fat, trimmed to 0" fat, select, cooked, braised

Sodium, Na	S6702
Zinc, Zn	S6702
Niacin	S6702
Aspartic acid	S6702
16:0	S6702
17:0	S6702
18:3 n-3 c,c,c (ALA)	S6702
Vitamin B-12	S6702
Methionine	S6702
Histidine	S6702
Serine	S6702
18:3 undifferentiated	S6702
Fatty acids, total polyunsaturated	S6702
24:0	S6702
18:2 CLAs	S6702
17:1	S6702

NDB No. 23122 Beef, chuck, mock tender steak, boneless, separable lean and fat, trimmed to 0" fat, all grades, raw

Potassium, K	S6702
Copper, Cu	S6702
Choline, total	S6702
Arginine	S6702
Histidine	S6702
14:0	S6702
20:0	S6702
18:1 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
20:1	S6702
18:1 c	S6702
Protein	S6702
Water	S6702
Magnesium, Mg	S6702
Zinc, Zn	S6702
Vitamin E (alpha-tocopherol)	S6702
Betaine	S6702
Glutamic acid	S6702

NDB No. 23122 Beef, chuck, mock tender steak, boneless, separable lean and fat, trimmed to 0" fat, all grades, raw

Serine	S6702
16:0	S6702
14:1	S6702
Fatty acids, total polyunsaturated	S6702
17:0	S6702
18:1 t	S6702
Phenylalanine	S6702
18:2 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
18:2 CLAs	S6702
18:2 n-6 c,c	S6702
Iron, Fe	S6702
Manganese, Mn	S6702
Selenium, Se	S6702
Thiamin	S6702
Vitamin B-12	S6702
Valine	S6702
Cholesterol	S6702
18:3 n-3 c,c,c (ALA)	S6702
Total lipid (fat)	S6702
Riboflavin	S6702
Pantothenic acid	S6702
Vitamin B-6	S6702
Leucine	S6702
Tyrosine	S6702
Fatty acids, total saturated	S6702
18:3 undifferentiated	S6702
16:1 undifferentiated	S6702
20:2 n-6 c,c	S6702
16:1 c	S6702
Calcium, Ca	S6702
Niacin	S6702
Tryptophan	S6702
Threonine	S6702
Alanine	S6702
18:0	S6702
24:0	S6702

NDB No. 23122 Beef, chuck, mock tender steak, boneless, separable lean and fat, trimmed to 0" fat, all grades, raw

17:1	S6702
Phosphorus, P	S6702
Sodium, Na	S6702
Lysine	S6702
20:5 n-3 (EPA)	S6702
Ash	S6702
Vitamin K (phylloquinone)	S14
Isoleucine	S6702
Methionine	S6702
Cystine	S6702
Aspartic acid	S6702
Glycine	S6702
Proline	S6702
Fatty acids, total trans	S6702
20:4 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
Fatty acids, total trans-monoenoic	S6702
18:1-11t (18:1t n-7)	S6702

NDB No. 23123 Beef, chuck, mock tender steak, boneless, separable lean and fat, trimmed to 0" fat, choice, raw

Sodium, Na	S6702
Zinc, Zn	S6702
Tyrosine	S6702
Alanine	S6702
16:0	S6702
18:0	S6702
24:0	S6702
16:1 c	S6702
Fatty acids, total trans-monoenoic	S6702
Total lipid (fat)	S6702
Iron, Fe	S6702
Phosphorus, P	S6702
Methionine	S6702
Arginine	S6702
Fatty acids, total saturated	S6702

NDB No. 23123 Beef, chuck, mock tender steak, boneless, separable lean and fat, trimmed to 0" fat, choice, raw

14:1	S6702
17:0	S6702
Vitamin B-6	S6702
Vitamin K (phylloquinone)	S14
Tryptophan	S6702
Threonine	S6702
Leucine	S6702
Valine	S6702
Glutamic acid	S6702
Fatty acids, total trans	S6702
18:3 undifferentiated	S6702
18:1 t	S6702
18:1-11t (18:1t n-7)	S6702
Protein	S6702
Magnesium, Mg	S6702
Choline, total	S6702
Isoleucine	S6702
Serine	S6702
Cholesterol	S6702
20:0	S6702
20:5 n-3 (EPA)	S6702
Fatty acids, total monounsaturated	S6702
20:2 n-6 c,c	S6702
Calcium, Ca	S6702
Betaine	S6702
Lysine	S6702
Cystine	S6702
Glycine	S6702
14:0	S6702
18:1 undifferentiated	S6702
18:2 undifferentiated	S6702
Fatty acids, total polyunsaturated	S6702
17:1	S6702
Ash	S6702
Copper, Cu	S6702
Selenium, Se	S6702
Vitamin E (alpha-tocopherol)	S6702

NDB No. 23123 Beef, chuck, mock tender steak, boneless, separable lean and fat, trimmed to 0" fat, choice, raw

Niacin	S6702
Pantothenic acid	S6702
Phenylalanine	S6702
20:4 undifferentiated	S6702
20:1	S6702
18:2 n-6 c,c	S6702
Water	S6702
Manganese, Mn	S6702
Thiamin	S6702
Riboflavin	S6702
Vitamin B-12	S6702
Histidine	S6702
Proline	S6702
16:1 undifferentiated	S6702
18:2 CLAs	S6702
Potassium, K	S6702
Aspartic acid	S6702
22:6 n-3 (DHA)	S6702
22:5 n-3 (DPA)	S6702
18:1 c	S6702
18:3 n-3 c,c,c (ALA)	S6702

NDB No. 23124 Beef, chuck, mock tender steak, boneless, separable lean and fat, trimmed to 0" fat, select, raw

Ash	S6702
Thiamin	S6702
Pantothenic acid	S6702
Vitamin B-6	S6702
Threonine	S6702
Tyrosine	S6702
Arginine	S6702
20:0	S6702
18:3 undifferentiated	S6702
14:1	S6702
Protein	S6702
Total lipid (fat)	S6702
Betaine	S6702

NDB No. 23124 Beef, chuck, mock tender steak, boneless, separable lean and fat, trimmed to 0" fat, select, raw

14:0	S6702
20:4 undifferentiated	S6702
20:1	S6702
Fatty acids, total monounsaturated	S6702
18:2 n-6 c,c	S6702
Magnesium, Mg	S6702
Tryptophan	S6702
Leucine	S6702
Aspartic acid	S6702
18:1 t	S6702
Potassium, K	S6702
Vitamin E (alpha-tocopherol)	S6702
Methionine	S6702
Histidine	S6702
Glycine	S6702
Cholesterol	S6702
Fatty acids, total trans	S6702
16:0	S6702
17:0	S6702
18:2 CLAs	S6702
18:1 c	S6702
17:1	S6702
Iron, Fe	S6702
Copper, Cu	S6702
Selenium, Se	S6702
Choline, total	S6702
Cystine	S6702
Fatty acids, total saturated	S6702
18:0	S6702
18:1 undifferentiated	S6702
24:0	S6702
Fatty acids, total trans-monoenoic	S6702
18:3 n-3 c,c,c (ALA)	S6702
Phosphorus, P	S6702
Sodium, Na	S6702
Riboflavin	S6702

NDB No. 23124 Beef, chuck, mock tender steak, boneless, separable lean and fat, trimmed to 0" fat, select, raw

Lysine	S6702
18:2 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
18:1-11t (18:1t n-7)	S6702
Water	S6702
Calcium, Ca	S6702
Zinc, Zn	S6702
Manganese, Mn	S6702
Niacin	S6702
Vitamin K (phylloquinone)	S14
Isoleucine	S6702
Valine	S6702
Vitamin B-12	S6702
Phenylalanine	S6702
Alanine	S6702
Glutamic acid	S6702
Proline	S6702
Serine	S6702
22:6 n-3 (DHA)	S6702
16:1 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
Fatty acids, total polyunsaturated	S6702
20:2 n-6 c,c	S6702
16:1 c	S6702

NDB No. 23125 Beef, chuck, short ribs, boneless, separable lean and fat, trimmed to 0" fat, all grades, cooked, braised

Riboflavin	S6702
Vitamin B-6	S6702
16:0	S6702
Zinc, Zn	S6702
Threonine	S6702
Methionine	S6702
Aspartic acid	S6702
Fatty acids, total trans	S6702
14:0	S6702
20:1	S6702

NDB No. 23125 Beef, chuck, short ribs, boneless, separable lean and fat, trimmed to 0" fat, all grades, cooked, braised

20:5 n-3 (EPA)	S6702
Calcium, Ca	S6702
Magnesium, Mg	S6702
Potassium, K	S6702
Vitamin B-12	S6702
Isoleucine	S6702
Lysine	S6702
Phenylalanine	S6702
Valine	S6702
Glycine	S6702
18:3 undifferentiated	S6702
17:0	S6702
18:2 n-6 c,c	S6702
Iron, Fe	S6702
Phosphorus, P	S6702
Thiamin	S6702
Niacin	S6702
Pantothenic acid	S6702
Vitamin K (phylloquinone)	S14
Betaine	S6702
Leucine	S6702
Tyrosine	S6702
Arginine	S6702
Cholesterol	S6702
20:0	S6702
22:6 n-3 (DHA)	S6702
18:1 c	S6702
18:3 n-3 c,c,c (ALA)	S6702
Protein	S6702
Vitamin E (alpha-tocopherol)	S6702
Choline, total	S6702
Tryptophan	S6702
Cystine	S6702
Histidine	S6702
Fatty acids, total saturated	S6702
16:1 undifferentiated	S6702
22:5 n-3 (DPA)	S6702

NDB No. 23125 Beef, chuck, short ribs, boneless, separable lean and fat, trimmed to 0" fat, all grades, cooked, braised

Copper, Cu	S6702
Manganese, Mn	S6702
Alanine	S6702
Glutamic acid	S6702
18:0	S6702
14:1	S6702
Fatty acids, total monounsaturated	S6702
18:1 t	S6702
18:2 CLAs	S6702
Fatty acids, total trans-monoenoic	S6702
18:1-11t (18:1t n-7)	S6702
Total lipid (fat)	S6702
Selenium, Se	S6702
Fatty acids, total polyunsaturated	S6702
20:2 n-6 c,c	S6702
16:1 c	S6702
Ash	S6702
Water	S6702
Sodium, Na	S6702
Proline	S6702
Serine	S6702
18:1 undifferentiated	S6702
18:2 undifferentiated	S6702
20:4 undifferentiated	S6702
24:0	S6702
17:1	S6702

NDB No. 23126 Beef, chuck, short ribs, boneless, separable lean and fat, trimmed to 0" fat, choice, cooked, braised

Magnesium, Mg	S6702
Copper, Cu	S6702
Manganese, Mn	S6702
Selenium, Se	S6702
Niacin	S6702
Vitamin B-6	S6702
Vitamin B-12	S6702

NDB No. 23126 Beef, chuck, short ribs, boneless, separable lean and fat, trimmed to 0" fat, choice, cooked, braised

Glutamic acid	S6702
Fatty acids, total trans	S6702
18:0	S6702
14:1	S6702
Betaine	S6702
22:6 n-3 (DHA)	S6702
22:5 n-3 (DPA)	S6702
Fatty acids, total polyunsaturated	S6702
20:2 n-6 c,c	S6702
Zinc, Zn	S6702
Arginine	S6702
Serine	S6702
14:0	S6702
16:0	S6702
16:1 undifferentiated	S6702
17:0	S6702
24:0	S6702
18:2 n-6 c,c	S6702
17:1	S6702
Protein	S6702
Water	S6702
Vitamin K (phylloquinone)	S14
Tryptophan	S6702
Threonine	S6702
Lysine	S6702
Histidine	S6702
Alanine	S6702
20:5 n-3 (EPA)	S6702
18:1 t	S6702
18:2 CLAs	S6702
Fatty acids, total trans-monoenoic	S6702
18:3 n-3 c,c,c (ALA)	S6702
Ash	S6702
Iron, Fe	S6702
Sodium, Na	S6702
Isoleucine	S6702
Leucine	S6702

NDB No. 23126 Beef, chuck, short ribs, boneless, separable lean and fat, trimmed to 0" fat, choice, cooked, braised

Valine	S6702
Aspartic acid	S6702
18:3 undifferentiated	S6702
18:1-11t (18:1t n-7)	S6702
Cystine	S6702
Proline	S6702
20:0	S6702
Fatty acids, total monounsaturated	S6702
16:1 c	S6702
Calcium, Ca	S6702
Phosphorus, P	S6702
Vitamin E (alpha-tocopherol)	S6702
Riboflavin	S6702
Pantothenic acid	S6702
Choline, total	S6702
Methionine	S6702
Phenylalanine	S6702
Glycine	S6702
18:1 undifferentiated	S6702
18:2 undifferentiated	S6702
20:1	S6702
Total lipid (fat)	S6702
Potassium, K	S6702
Thiamin	S6702
Tyrosine	S6702
Cholesterol	S6702
Fatty acids, total saturated	S6702
20:4 undifferentiated	S6702
18:1 c	S6702

NDB No. 23127 Beef, chuck, short ribs, boneless, separable lean and fat, trimmed to 0" fat, select, cooked, braised

Total lipid (fat)	S6702
Sodium, Na	S6702
Manganese, Mn	S6702
Vitamin E (alpha-tocopherol)	S6702
Pantothenic acid	S6702

NDB No. 23127 Beef, chuck, short ribs, boneless, separable lean and fat, trimmed to 0" fat, select, cooked, braised

Vitamin B-12	S6702
18:3 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
Niacin	S6702
Valine	S6702
14:1	S6702
16:1 undifferentiated	S6702
20:1	S6702
24:0	S6702
17:1	S6702
Vitamin B-6	S6702
Threonine	S6702
Isoleucine	S6702
Methionine	S6702
Histidine	S6702
Fatty acids, total trans	S6702
Fatty acids, total polyunsaturated	S6702
18:1 t	S6702
Fatty acids, total trans-monoenoic	S6702
18:1-11t (18:1t n-7)	S6702
Iron, Fe	S6702
Zinc, Zn	S6702
Betaine	S6702
Tryptophan	S6702
18:0	S6702
22:6 n-3 (DHA)	S6702
20:2 n-6 c,c	S6702
Protein	S6702
Potassium, K	S6702
Copper, Cu	S6702
Choline, total	S6702
Vitamin K (phylloquinone)	S14
Cystine	S6702
Aspartic acid	S6702
Cholesterol	S6702
14:0	S6702
16:0	S6702

NDB No. 23127 Beef, chuck, short ribs, boneless, separable lean and fat, trimmed to 0" fat, select, cooked, braised

18:2 undifferentiated	S6702
17:0	S6702
18:2 CLAs	S6702
Ash	S6702
Water	S6702
Selenium, Se	S6702
Riboflavin	S6702
Phenylalanine	S6702
Proline	S6702
Fatty acids, total saturated	S6702
20:0	S6702
20:5 n-3 (EPA)	S6702
16:1 c	S6702
Magnesium, Mg	S6702
Phosphorus, P	S6702
Leucine	S6702
Lysine	S6702
Arginine	S6702
Glutamic acid	S6702
Glycine	S6702
Serine	S6702
18:1 undifferentiated	S6702
20:4 undifferentiated	S6702
18:1 c	S6702
18:2 n-6 c,c	S6702
Calcium, Ca	S6702
Thiamin	S6702
Tyrosine	S6702
Alanine	S6702
Fatty acids, total monounsaturated	S6702
18:3 n-3 c,c,c (ALA)	S6702

NDB No. 23128 Beef, chuck, short ribs, boneless, separable lean and fat, trimmed to 0" fat, all grades, raw

Magnesium, Mg	S6702
Sodium, Na	S6702
Thiamin	S6702

NDB No. 23128 Beef, chuck, short ribs, boneless, separable lean and fat, trimmed to 0" fat, all grades, raw

Vitamin B-12	S6702
Betaine	S6702
Cystine	S6702
Histidine	S6702
Glycine	S6702
Cholesterol	S6702
Fatty acids, total trans	S6702
18:2 n-6 c,c	S6702
Fatty acids, total trans-monoenoic	S6702
Total lipid (fat)	S6702
Proline	S6702
16:0	S6702
18:2 undifferentiated	S6702
18:3 undifferentiated	S6702
20:1	S6702
Iron, Fe	S6702
Threonine	S6702
Alanine	S6702
Serine	S6702
18:0	S6702
18:1 undifferentiated	S6702
14:1	S6702
22:5 n-3 (DPA)	S6702
16:1 c	S6702
Tryptophan	S6702
Leucine	S6702
Tyrosine	S6702
17:0	S6702
18:1-11t (18:1t n-7)	S6702
Water	S6702
Phosphorus, P	S6702
Potassium, K	S6702
Zinc, Zn	S6702
Copper, Cu	S6702
Pantothenic acid	S6702
Isoleucine	S6702
Methionine	S6702

NDB No. 23128 Beef, chuck, short ribs, boneless, separable lean and fat, trimmed to 0" fat, all grades, raw

14:0	S6702
16:1 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
Fatty acids, total polyunsaturated	S6702
18:2 CLAs	S6702
17:1	S6702
Vitamin E (alpha-tocopherol)	S6702
Aspartic acid	S6702
20:0	S6702
24:0	S6702
18:1 c	S6702
Protein	S6702
Calcium, Ca	S6702
Riboflavin	S6702
Niacin	S6702
Vitamin B-6	S6702
Vitamin K (phylloquinone)	S14
Lysine	S6702
Phenylalanine	S6702
Valine	S6702
Glutamic acid	S6702
Ash	S6702
Manganese, Mn	S6702
Selenium, Se	S6702
Choline, total	S6702
Arginine	S6702
Fatty acids, total saturated	S6702
20:4 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
20:5 n-3 (EPA)	S6702
18:1 t	S6702
20:2 n-6 c,c	S6702
18:3 n-3 c,c,c (ALA)	S6702

NDB No. 23129 Beef, chuck, short ribs, boneless, separable lean and fat, trimmed to 0" fat, choice, raw

Ash	S6702

NDB No. 23129 Beef, chuck, short ribs, boneless, separable lean and fat, trimmed to 0" fat, choice, raw

Magnesium, Mg	S6702
Thiamin	S6702
18:2 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
18:2 n-6 c,c	S6702
Protein	S6702
Niacin	S6702
Vitamin B-6	S6702
Vitamin B-12	S6702
Threonine	S6702
Histidine	S6702
Cholesterol	S6702
18:3 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
14:1	S6702
16:1 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
18:2 CLAs	S6702
Copper, Cu	S6702
Selenium, Se	S6702
Vitamin E (alpha-tocopherol)	S6702
Pantothenic acid	S6702
Vitamin K (phylloquinone)	S14
Aspartic acid	S6702
Fatty acids, total trans	S6702
18:0	S6702
20:4 undifferentiated	S6702
Fatty acids, total trans-monoenoic	S6702
Water	S6702
Potassium, K	S6702
Riboflavin	S6702
Betaine	S6702
Tryptophan	S6702
Alanine	S6702
Fatty acids, total polyunsaturated	S6702
17:0	S6702
18:1 t	S6702

NDB No. 23129 Beef, chuck, short ribs, boneless, separable lean and fat, trimmed to 0" fat, choice, raw

20:2 n-6 c,c	S6702
18:1 c	S6702
Zinc, Zn	S6702
Choline, total	S6702
Lysine	S6702
Valine	S6702
Arginine	S6702
Serine	S6702
18:1 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
16:1 c	S6702
18:3 n-3 c,c,c (ALA)	S6702
Calcium, Ca	S6702
Iron, Fe	S6702
Sodium, Na	S6702
Tyrosine	S6702
Glycine	S6702
Fatty acids, total saturated	S6702
14:0	S6702
24:0	S6702
17:1	S6702
Total lipid (fat)	S6702
Phosphorus, P	S6702
Leucine	S6702
Methionine	S6702
Phenylalanine	S6702
Glutamic acid	S6702
Proline	S6702
16:0	S6702
20:0	S6702
Manganese, Mn	S6702
Isoleucine	S6702
Cystine	S6702
20:1	S6702
18:1-11t (18:1t n-7)	S6702

NDB No. 23130 Beef, chuck, short ribs, boneless, separable lean and fat, trimmed to 0" fat, select, raw

Water	S6702
Zinc, Zn	S6702
Copper, Cu	S6702
Pantothenic acid	S6702
Choline, total	S6702
Alanine	S6702
20:4 undifferentiated	S6702
18:1-11t (18:1t n-7)	S6702
Riboflavin	S6702
Methionine	S6702
Serine	S6702
17:0	S6702
18:1 c	S6702
17:1	S6702
Calcium, Ca	S6702
Manganese, Mn	S6702
Vitamin E (alpha-tocopherol)	S6702
Thiamin	S6702
Vitamin B-6	S6702
Cystine	S6702
Tyrosine	S6702
Arginine	S6702
Glutamic acid	S6702
Cholesterol	S6702
16:1 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
18:2 CLAs	S6702
18:2 n-6 c,c	S6702
Fatty acids, total trans-monoenoic	S6702
Iron, Fe	S6702
Lysine	S6702
Valine	S6702
Fatty acids, total trans	S6702
18:0	S6702
14:1	S6702
20:5 n-3 (EPA)	S6702
Fatty acids, total polyunsaturated	S6702

NDB No. 23130 Beef, chuck, short ribs, boneless, separable lean and fat, trimmed to 0" fat, select, raw

Total lipid (fat)	S6702
Selenium, Se	S6702
Vitamin K (phylloquinone)	S14
Isoleucine	S6702
Phenylalanine	S6702
Glycine	S6702
18:2 undifferentiated	S6702
18:3 undifferentiated	S6702
20:2 n-6 c,c	S6702
16:1 c	S6702
Potassium, K	S6702
Niacin	S6702
Threonine	S6702
Leucine	S6702
Proline	S6702
16:0	S6702
24:0	S6702
Vitamin B-12	S6702
Betaine	S6702
Histidine	S6702
Aspartic acid	S6702
20:0	S6702
18:1 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
18:1 t	S6702
Protein	S6702
Ash	S6702
Magnesium, Mg	S6702
Phosphorus, P	S6702
Sodium, Na	S6702
Tryptophan	S6702
Fatty acids, total saturated	S6702
14:0	S6702
22:6 n-3 (DHA)	S6702
20:1	S6702
18:3 n-3 c,c,c (ALA)	S6702

NDB No. 23131 Beef, shoulder pot roast, boneless, separable lean and fat, trimmed to 0" fat, all grades, cooked, braised

Ash	S6702
Niacin	S6702
Proline	S6702
18:1 c	S6702
Iron, Fe	S6702
Phosphorus, P	S6702
Riboflavin	S6702
Fatty acids, total saturated	S6702
18:3 undifferentiated	S6702
17:0	S6702
Protein	S6702
Magnesium, Mg	S6702
Zinc, Zn	S6702
Thiamin	S6702
Vitamin B-12	S6702
Vitamin K (phylloquinone)	S14
Lysine	S6702
Tyrosine	S6702
Valine	S6702
Histidine	S6702
Serine	S6702
Fatty acids, total trans	S6702
20:0	S6702
20:4 undifferentiated	S6702
14:1	S6702
22:5 n-3 (DPA)	S6702
Fatty acids, total polyunsaturated	S6702
20:2 n-6 c,c	S6702
18:2 n-6 c,c	S6702
Calcium, Ca	S6702
Copper, Cu	S6702
Selenium, Se	S6702
Betaine	S6702
Threonine	S6702
Phenylalanine	S6702
Cholesterol	S6702
22:6 n-3 (DHA)	S6702

NDB No. 23131 Beef, shoulder pot roast, boneless, separable lean and fat, trimmed to 0" fat, all grades, cooked, braised

Total lipid (fat)	S6702
Vitamin B-6	S6702
Choline, total	S6702
Tryptophan	S6702
Glutamic acid	S6702
14:0	S6702
18:1 undifferentiated	S6702
18:2 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
Vitamin E (alpha-tocopherol)	S6702
Vitamin D	S6702
Pantothenic acid	S6702
Leucine	S6702
Cystine	S6702
Aspartic acid	S6702
16:0	S6702
16:1 undifferentiated	S6702
20:1	S6702
Fatty acids, total monounsaturated	S6702
18:1 t	S6702
Fatty acids, total trans-monoenoic	S6702
18:1-11t (18:1t n-7)	S6702
Manganese, Mn	S6702
Vitamin D3 (cholecalciferol)	S6702
Isoleucine	S6702
Arginine	S6702
Alanine	S6702
18:2 CLAs	S6702
16:1 c	S6702
Water	S6702
Potassium, K	S6702
Sodium, Na	S6702
Methionine	S6702
Glycine	S6702
18:0	S6702

NDB No. 23131 Beef, shoulder pot roast, boneless, separable lean and fat, trimmed to 0" fat, all grades, cooked, braised

24:0	S6702
17:1	S6702
18:3 n-3 c,c,c (ALA)	S6702

NDB No. 23132 Beef, shoulder pot roast, boneless, separable lean and fat, trimmed to 0" fat, choice, cooked, braised

Ash	S6702
Thiamin	S6702
Vitamin B-12	S6702
Phenylalanine	S6702
Tyrosine	S6702
Glutamic acid	S6702
Fatty acids, total saturated	S6702
20:5 n-3 (EPA)	S6702
22:5 n-3 (DPA)	S6702
17:0	S6702
16:1 c	S6702
Pantothenic acid	S6702
Vitamin B-6	S6702
Tryptophan	S6702
Arginine	S6702
22:6 n-3 (DHA)	S6702
24:0	S6702
17:1	S6702
Water	S6702
Calcium, Ca	S6702
Choline, total	S6702
Methionine	S6702
Proline	S6702
Cholesterol	S6702
18:2 undifferentiated	S6702
18:3 undifferentiated	S6702
Fatty acids, total trans-monoenoic	S6702
Magnesium, Mg	S6702
Selenium, Se	S6702
Vitamin D	S6702

NDB No. 23132 Beef, shoulder pot roast, boneless, separable lean and fat, trimmed to 0" fat, choice, cooked, braised

Vitamin D3 (cholecalciferol)	S6702
Aspartic acid	S6702
Glycine	S6702
Fatty acids, total trans	S6702
20:1	S6702
20:2 n-6 c,c	S6702
18:2 n-6 c,c	S6702
Phosphorus, P	S6702
Potassium, K	S6702
Zinc, Zn	S6702
Manganese, Mn	S6702
Vitamin E (alpha-tocopherol)	S6702
Serine	S6702
20:0	S6702
14:1	S6702
Fatty acids, total polyunsaturated	S6702
18:2 CLAs	S6702
Sodium, Na	S6702
Niacin	S6702
Vitamin K (phylloquinone)	S14
14:0	S6702
16:0	S6702
18:0	S6702
Fatty acids, total monounsaturated	S6702
18:3 n-3 c,c,c (ALA)	S6702
Protein	S6702
Copper, Cu	S6702
Lysine	S6702
Valine	S6702
Histidine	S6702
Alanine	S6702
16:1 undifferentiated	S6702
18:1 t	S6702
Total lipid (fat)	S6702
Iron, Fe	S6702
Riboflavin	S6702

NDB No. 23132 Beef, shoulder pot roast, boneless, separable lean and fat, trimmed to 0" fat, choice, cooked, braised

Betaine	S6702
Threonine	S6702
Isoleucine	S6702
Leucine	S6702
Cystine	S6702
18:1 undifferentiated	S6702
20:4 undifferentiated	S6702
18:1 c	S6702
18:1-11t (18:1t n-7)	S6702

NDB No. 23133 Beef, shoulder pot roast, boneless, separable lean and fat, trimmed to 0" fat, select, cooked, braised

Selenium, Se	S6702
Vitamin E (alpha-tocopherol)	S6702
Lysine	S6702
Cystine	S6702
18:2 undifferentiated	S6702
14:1	S6702
18:1 t	S6702
Fatty acids, total trans-monoenoic	S6702
18:3 n-3 c,c,c (ALA)	S6702
Iron, Fe	S6702
Manganese, Mn	S6702
Niacin	S6702
Choline, total	S6702
Glutamic acid	S6702
14:0	S6702
20:0	S6702
22:5 n-3 (DPA)	S6702
Fatty acids, total monounsaturated	S6702
24:0	S6702
18:2 CLAs	S6702
20:2 n-6 c,c	S6702
18:1-11t (18:1t n-7)	S6702
Thiamin	S6702
18:1 undifferentiated	S6702

NDB No. 23133 Beef, shoulder pot roast, boneless, separable lean and fat, trimmed to 0" fat, select, cooked, braised

22:6 n-3 (DHA)	S6702
20:1	S6702
Magnesium, Mg	S6702
Phosphorus, P	S6702
Riboflavin	S6702
Threonine	S6702
Histidine	S6702
Alanine	S6702
Serine	S6702
18:0	S6702
20:5 n-3 (EPA)	S6702
Water	S6702
Copper, Cu	S6702
Vitamin D	S6702
Vitamin B-6	S6702
Methionine	S6702
Aspartic acid	S6702
16:0	S6702
Fatty acids, total polyunsaturated	S6702
17:0	S6702
18:2 n-6 c,c	S6702
Calcium, Ca	S6702
Potassium, K	S6702
Zinc, Zn	S6702
Glycine	S6702
20:4 undifferentiated	S6702
Ash	S6702
Vitamin D3 (cholecalciferol)	S6702
Pantothenic acid	S6702
Vitamin B-12	S6702
Vitamin K (phylloquinone)	S14
Betaine	S6702
Leucine	S6702
Phenylalanine	S6702
Valine	S6702
Arginine	S6702
Proline	S6702

NDB No. 23133 Beef, shoulder pot roast, boneless, separable lean and fat, trimmed to 0" fat, select, cooked, braised

Cholesterol	S6702
Fatty acids, total saturated	S6702
18:3 undifferentiated	S6702
18:1 c	S6702
17:1	S6702
Protein	S6702
Total lipid (fat)	S6702
Sodium, Na	S6702
Tryptophan	S6702
Isoleucine	S6702
Tyrosine	S6702
Fatty acids, total trans	S6702
16:1 undifferentiated	S6702
16:1 c	S6702

NDB No. 23134 Beef, chuck eye Country-Style ribs, boneless, separable lean and fat, trimmed to 0" fat, all grades, cooked, braised

Magnesium, Mg	S6702
Phosphorus, P	S6702
Selenium, Se	S6702
Niacin	S6702
Choline, total	S6702
20:0	S6702
14:1	S6702
20:5 n-3 (EPA)	S6702
17:0	S6702
24:0	S6702
20:2 n-6 c,c	S6702
18:1 c	S6702
17:1	S6702
18:3 n-3 c,c,c (ALA)	S6702
Valine	S6702
Glutamic acid	S6702
22:6 n-3 (DHA)	S6702
16:1 undifferentiated	S6702
Fatty acids, total trans-monoenoic	S6702

NDB No. 23134 Beef, chuck eye Country-Style ribs, boneless, separable lean and fat, trimmed to 0" fat, all grades, cooked, braised

Protein	S6702
Copper, Cu	S6702
Thiamin	S6702
Zinc, Zn	S6702
Pantothenic acid	S6702
Vitamin K (phylloquinone)	S14
Lysine	S6702
Tyrosine	S6702
Arginine	S6702
Serine	S6702
Fatty acids, total saturated	S6702
18:3 undifferentiated	S6702
20:4 undifferentiated	S6702
Glycine	S6702
Cholesterol	S6702
16:0	S6702
18:2 undifferentiated	S6702
16:1 c	S6702
Total lipid (fat)	S6702
Water	S6702
Potassium, K	S6702
Manganese, Mn	S6702
Vitamin E (alpha-tocopherol)	S6702
Cystine	S6702
Histidine	S6702
Aspartic acid	S6702
Proline	S6702
14:0	S6702
18:1 undifferentiated	S6702
18:2 CLAs	S6702
Riboflavin	S6702
Betaine	S6702
Threonine	S6702
Isoleucine	S6702
Fatty acids, total trans	S6702
18:0	S6702
Fatty acids, total polyunsaturated	S6702

NDB No. 23134 Beef, chuck eye Country-Style ribs, boneless, separable lean and fat, trimmed to 0" fat, all grades, cooked, braised

18:1 t	S6702
18:2 n-6 c,c	S6702
Ash	S6702
Calcium, Ca	S6702
Iron, Fe	S6702
Sodium, Na	S6702
Vitamin B-6	S6702
Vitamin B-12	S6702
Tryptophan	S6702
Leucine	S6702
Methionine	S6702
Phenylalanine	S6702
Alanine	S6702
20:1	S6702
22:5 n-3 (DPA)	S6702
Fatty acids, total monounsaturated	S6702
18:1-11t (18:1t n-7)	S6702

NDB No. 23135 Beef, chuck eye Country-Style ribs, boneless, separable lean and fat, trimmed to 0" fat, choice, cooked, braised

Niacin	S6702
Isoleucine	S6702
18:0	S6702
Fatty acids, total polyunsaturated	S6702
Fatty acids, total trans-monoenoic	S6702
Water	S6702
Copper, Cu	S6702
Cystine	S6702
20:0	S6702
18:1 undifferentiated	S6702
18:2 undifferentiated	S6702
18:2 CLAs	S6702
17:1	S6702
Phosphorus, P	S6702
Manganese, Mn	S6702

NDB No. 23135 Beef, chuck eye Country-Style ribs, boneless, separable lean and fat, trimmed to 0" fat, choice, cooked, braised

Riboflavin	S6702
Choline, total	S6702
Phenylalanine	S6702
Glycine	S6702
Proline	S6702
20:1	S6702
Fatty acids, total monounsaturated	S6702
24:0	S6702
20:2 n-6 c,c	S6702
Protein	S6702
Total lipid (fat)	S6702
Zinc, Zn	S6702
Vitamin E (alpha-tocopherol)	S6702
Aspartic acid	S6702
16:0	S6702
18:3 undifferentiated	S6702
18:3 n-3 c,c,c (ALA)	S6702
Calcium, Ca	S6702
Iron, Fe	S6702
Magnesium, Mg	S6702
Lysine	S6702
Methionine	S6702
Tyrosine	S6702
14:0	S6702
Vitamin K (phylloquinone)	S14
Alanine	S6702
Serine	S6702
Fatty acids, total trans	S6702
20:5 n-3 (EPA)	S6702
22:5 n-3 (DPA)	S6702
18:1 t	S6702
18:1 c	S6702
18:2 n-6 c,c	S6702
Ash	S6702
Tryptophan	S6702
Threonine	S6702

NDB No. 23135 Beef, chuck eye Country-Style ribs, boneless, separable lean and fat, trimmed to 0" fat, choice, cooked, braised

Leucine	S6702
Arginine	S6702
Histidine	S6702
Glutamic acid	S6702
Fatty acids, total saturated	S6702
22:6 n-3 (DHA)	S6702
14:1	S6702
17:0	S6702
Potassium, K	S6702
Sodium, Na	S6702
Selenium, Se	S6702
Thiamin	S6702
Pantothenic acid	S6702
Vitamin B-6	S6702
Vitamin B-12	S6702
Betaine	S6702
Valine	S6702
Cholesterol	S6702
20:4 undifferentiated	S6702
16:1 undifferentiated	S6702
16:1 c	S6702
18:1-11t (18:1t n-7)	S6702

NDB No. 23136 Beef, chuck eye Country-Style ribs, boneless, separable lean and fat, trimmed to 0" fat, select, cooked, braised

Choline, total	S6702
Vitamin K (phylloquinone)	S14
18:1 undifferentiated	S6702
16:1 c	S6702
17:1	S6702
Sodium, Na	S6702
Selenium, Se	S6702
Niacin	S6702
Pantothenic acid	S6702
Vitamin B-6	S6702
Betaine	S6702

NDB No. 23136 Beef, chuck eye Country-Style ribs, boneless, separable lean and fat, trimmed to 0" fat, select, cooked, braised

Phenylalanine	S6702
Glutamic acid	S6702
16:0	S6702
16:1 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
Fatty acids, total polyunsaturated	S6702
24:0	S6702
Ash	S6702
Water	S6702
Zinc, Zn	S6702
18:0	S6702
20:0	S6702
Fatty acids, total monounsaturated	S6702
Riboflavin	S6702
Threonine	S6702
Cystine	S6702
Serine	S6702
Fatty acids, total saturated	S6702
14:0	S6702
14:1	S6702
Fatty acids, total trans-monoenoic	S6702
Calcium, Ca	S6702
Potassium, K	S6702
Leucine	S6702
Alanine	S6702
Proline	S6702
18:2 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
18:1 c	S6702
18:2 n-6 c,c	S6702
18:3 n-3 c,c,c (ALA)	S6702
Total lipid (fat)	S6702
Iron, Fe	S6702
Tryptophan	S6702
Lysine	S6702

NDB No. 23136 Beef, chuck eye Country-Style ribs, boneless, separable lean and fat, trimmed to 0" fat, select, cooked, braised

Arginine	S6702
Histidine	S6702
Aspartic acid	S6702
18:1 t	S6702
Phosphorus, P	S6702
Manganese, Mn	S6702
Thiamin	S6702
Vitamin B-12	S6702
Methionine	S6702
Glycine	S6702
20:4 undifferentiated	S6702
17:0	S6702
18:1-11t (18:1t n-7)	S6702
Protein	S6702
Magnesium, Mg	S6702
Copper, Cu	S6702
Vitamin E (alpha-tocopherol)	S6702
Isoleucine	S6702
Tyrosine	S6702
Valine	S6702
Cholesterol	S6702
Fatty acids, total trans	S6702
18:3 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
20:1	S6702
18:2 CLAs	S6702
20:2 n-6 c,c	S6702

NDB No. 23137 Beef, chuck eye Country-Style ribs, boneless, separable lean and fat, trimmed to 0" fat, all grades, raw

Total lipid (fat)	S6702
Isoleucine	S6702
Tyrosine	S6702
Arginine	S6702
Serine	S6702
22:6 n-3 (DHA)	S6702

NDB No. 23137 Beef, chuck eye Country-Style ribs, boneless, separable lean and fat, trimmed to 0" fat, all grades, raw

Protein	S6702
Vitamin E (alpha-tocopherol)	S6702
Thiamin	S6702
Pantothenic acid	S6702
Cystine	S6702
Alanine	S6702
Glycine	S6702
Fatty acids, total saturated	S6702
14:0	S6702
18:1 undifferentiated	S6702
24:0	S6702
18:1 c	S6702
Fatty acids, total trans-monoenoic	S6702
Water	S6702
Copper, Cu	S6702
Niacin	S6702
Methionine	S6702
Valine	S6702
20:2 n-6 c,c	S6702
Phosphorus, P	S6702
Vitamin K (phylloquinone)	S14
Lysine	S6702
20:4 undifferentiated	S6702
Calcium, Ca	S6702
Iron, Fe	S6702
Zinc, Zn	S6702
Selenium, Se	S6702
Vitamin B-12	S6702
Betaine	S6702
Leucine	S6702
Phenylalanine	S6702
Cholesterol	S6702
14:1	S6702
20:1	S6702
22:5 n-3 (DPA)	S6702
18:2 n-6 c,c	S6702

NDB No. 23137 Beef, chuck eye Country-Style ribs, boneless, separable lean and fat, trimmed to 0" fat, all grades, raw

17:1	S6702
Magnesium, Mg	S6702
Potassium, K	S6702
Riboflavin	S6702
18:0	S6702
18:2 undifferentiated	S6702
18:1-11t (18:1t n-7)	S6702
Sodium, Na	S6702
Choline, total	S6702
Tryptophan	S6702
Threonine	S6702
Histidine	S6702
Glutamic acid	S6702
16:1 undifferentiated	S6702
Fatty acids, total polyunsaturated	S6702
16:1 c	S6702
Ash	S6702
Manganese, Mn	S6702
Vitamin B-6	S6702
Aspartic acid	S6702
Proline	S6702
Fatty acids, total trans	S6702
16:0	S6702
20:0	S6702
18:3 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
Fatty acids, total monounsaturated	S6702
17:0	S6702
18:1 t	S6702
18:2 CLAs	S6702
18:3 n-3 c,c,c (ALA)	S6702

NDB No. 23138 Beef, chuck eye Country-Style ribs, boneless, separable lean and fat, trimmed to 0" fat, choice, raw

Total lipid (fat)	S6702
Threonine	S6702

NDB No. 23138 Beef, chuck eye Country-Style ribs, boneless, separable lean and fat, trimmed to 0" fat, choice, raw

Methionine	S6702
18:2 undifferentiated	S6702
16:1 undifferentiated	S6702
18:1 t	S6702
20:2 n-6 c,c	S6702
18:1 c	S6702
Potassium, K	S6702
Sodium, Na	S6702
Vitamin B-6	S6702
Leucine	S6702
Glycine	S6702
Serine	S6702
16:1 c	S6702
18:2 n-6 c,c	S6702
18:1-11t (18:1t n-7)	S6702
Thiamin	S6702
Niacin	S6702
Pantothenic acid	S6702
Betaine	S6702
Fatty acids, total trans	S6702
18:0	S6702
18:3 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
18:2 CLAs	S6702
Protein	S6702
Vitamin B-12	S6702
Tryptophan	S6702
Isoleucine	S6702
Phenylalanine	S6702
Histidine	S6702
Alanine	S6702
Aspartic acid	S6702
Fatty acids, total saturated	S6702
Ash	S6702
Magnesium, Mg	S6702
Lysine	S6702
Tyrosine	S6702

NDB No. 23138 Beef, chuck eye Country-Style ribs, boneless, separable lean and fat, trimmed to 0" fat, choice, raw

Cholesterol	S6702
18:1 undifferentiated	S6702
Iron, Fe	S6702
Manganese, Mn	S6702
Choline, total	S6702
Cystine	S6702
Glutamic acid	S6702
14:0	S6702
16:0	S6702
20:4 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
22:5 n-3 (DPA)	S6702
Fatty acids, total polyunsaturated	S6702
24:0	S6702
17:1	S6702
Fatty acids, total trans-monoenoic	S6702
Phosphorus, P	S6702
Zinc, Zn	S6702
Vitamin E (alpha-tocopherol)	S6702
Riboflavin	S6702
Vitamin K (phylloquinone)	S14
Proline	S6702
20:0	S6702
17:0	S6702
Water	S6702
Calcium, Ca	S6702
Copper, Cu	S6702
Selenium, Se	S6702
Valine	S6702
Arginine	S6702
14:1	S6702
20:1	S6702
Fatty acids, total monounsaturated	S6702
18:3 n-3 c,c,c (ALA)	S6702

NDB No. 23139 Beef, chuck eye Country-Style ribs, boneless, separable lean and fat, trimmed to 0" fat, select, raw

Magnesium, Mg	S6702
Phosphorus, P	S6702
Riboflavin	S6702
Arginine	S6702
Alanine	S6702
Fatty acids, total trans-monoenoic	S6702
Thiamin	S6702
Pantothenic acid	S6702
Glycine	S6702
Proline	S6702
18:2 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
Total lipid (fat)	S6702
Iron, Fe	S6702
Zinc, Zn	S6702
Niacin	S6702
18:3 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
Fatty acids, total polyunsaturated	S6702
20:2 n-6 c,c	S6702
18:2 n-6 c,c	S6702
18:3 n-3 c,c,c (ALA)	S6702
Protein	S6702
Water	S6702
Calcium, Ca	S6702
Copper, Cu	S6702
Vitamin B-6	S6702
Cystine	S6702
Phenylalanine	S6702
Valine	S6702
Glutamic acid	S6702
Cholesterol	S6702
14:0	S6702
20:4 undifferentiated	S6702
17:1	S6702
Ash	S6702
Threonine	S6702

NDB No. 23139 Beef, chuck eye Country-Style ribs, boneless, separable lean and fat, trimmed to 0" fat, select, raw

Tyrosine	S6702
Fatty acids, total trans	S6702
18:0	S6702
20:0	S6702
22:5 n-3 (DPA)	S6702
Fatty acids, total monounsaturated	S6702
18:1 c	S6702
Manganese, Mn	S6702
Methionine	S6702
Serine	S6702
16:0	S6702
18:1 undifferentiated	S6702
14:1	S6702
16:1 undifferentiated	S6702
24:0	S6702
18:1 t	S6702
Potassium, K	S6702
Vitamin E (alpha-tocopherol)	S6702
Vitamin K (phylloquinone)	S14
Isoleucine	S6702
Leucine	S6702
Histidine	S6702
Aspartic acid	S6702
Fatty acids, total saturated	S6702
20:1	S6702
17:0	S6702
18:2 CLAs	S6702
16:1 c	S6702
18:1-11t (18:1t n-7)	S6702
Sodium, Na	S6702
Selenium, Se	S6702
Vitamin B-12	S6702
Choline, total	S6702
Betaine	S6702
Tryptophan	S6702
Lysine	S6702

NDB No. 23140 Beef, chuck eye steak, boneless, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

Total lipid (fat)	S6702
Calcium, Ca	S6702
Selenium, Se	S6702
Vitamin B-6	S6702
Cholesterol	S6702
22:5 n-3 (DPA)	S6702
Potassium, K	S6702
Zinc, Zn	S6702
Pantothenic acid	S6702
Valine	S6702
16:0	S6702
20:4 undifferentiated	S6702
18:1 c	S6702
17:1	S6702
Water	S6702
Niacin	S6702
20:1	S6702
17:0	S6702
24:0	S6702
Manganese, Mn	S6702
Vitamin B-12	S6702
Choline, total	S6702
Vitamin K (phylloquinone)	S14
Tyrosine	S6702
Alanine	S6702
Proline	S6702
Serine	S6702
Fatty acids, total saturated	S6702
18:3 undifferentiated	S6702
16:1 c	S6702
Fatty acids, total trans-monoenoic	S6702
Magnesium, Mg	S6702
Riboflavin	S6702
Betaine	S6702
Glycine	S6702
Fatty acids, total trans	S6702

NDB No. 23140 Beef, chuck eye steak, boneless, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

14:0	S6702
18:2 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
20:5 n-3 (EPA)	S6702
Fatty acids, total polyunsaturated	S6702
18:1 t	S6702
20:2 n-6 c,c	S6702
18:2 n-6 c,c	S6702
Iron, Fe	S6702
Phosphorus, P	S6702
Sodium, Na	S6702
Tryptophan	S6702
20:0	S6702
16:1 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
18:1-11t (18:1t n-7)	S6702
Protein	S6702
Ash	S6702
Copper, Cu	S6702
Vitamin E (alpha-tocopherol)	S6702
Isoleucine	S6702
Leucine	S6702
Arginine	S6702
Glutamic acid	S6702
18:0	S6702
18:1 undifferentiated	S6702
18:2 CLAs	S6702
Thiamin	S6702
Threonine	S6702
Lysine	S6702
Methionine	S6702
Cystine	S6702
Phenylalanine	S6702
Histidine	S6702
Aspartic acid	S6702
14:1	S6702

NDB No. 23140 Beef, chuck eye steak, boneless, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

18:3 n-3 c,c,c (ALA)	S6702

NDB No. 23141 Beef, chuck eye steak, boneless, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

Phosphorus, P	S6702
Zinc, Zn	S6702
20:4 undifferentiated	S6702
20:1	S6702
18:1 t	S6702
Manganese, Mn	S6702
Riboflavin	S6702
Tryptophan	S6702
Phenylalanine	S6702
Alanine	S6702
Fatty acids, total trans	S6702
Fatty acids, total saturated	S6702
20:5 n-3 (EPA)	S6702
Vitamin E (alpha-tocopherol)	S6702
Thiamin	S6702
Vitamin B-12	S6702
Lysine	S6702
Valine	S6702
Histidine	S6702
Serine	S6702
Cholesterol	S6702
16:0	S6702
22:5 n-3 (DPA)	S6702
16:1 c	S6702
18:2 n-6 c,c	S6702
Total lipid (fat)	S6702
Water	S6702
Magnesium, Mg	S6702
Potassium, K	S6702
Vitamin K (phylloquinone)	S14
Cystine	S6702
20:0	S6702
Fatty acids, total	S6702

NDB No. 23141 Beef, chuck eye steak, boneless, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

monounsaturated	
24:0	S6702
18:1 c	S6702
Niacin	S6702
Methionine	S6702
Aspartic acid	S6702
Proline	S6702
Fatty acids, total polyunsaturated	S6702
17:0	S6702
20:2 n-6 c,c	S6702
17:1	S6702
Fatty acids, total trans-monoenoic	S6702
18:1-11t (18:1t n-7)	S6702
Calcium, Ca	S6702
Vitamin B-6	S6702
Tyrosine	S6702
Arginine	S6702
Glutamic acid	S6702
14:0	S6702
18:1 undifferentiated	S6702
18:2 undifferentiated	S6702
16:1 undifferentiated	S6702
Ash	S6702
Pantothenic acid	S6702
Betaine	S6702
Glycine	S6702
18:3 undifferentiated	S6702
14:1	S6702
18:3 n-3 c,c,c (ALA)	S6702
Protein	S6702
Iron, Fe	S6702
Sodium, Na	S6702
Copper, Cu	S6702
Selenium, Se	S6702
Choline, total	S6702
Threonine	S6702
Isoleucine	S6702

NDB No. 23141 Beef, chuck eye steak, boneless, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

Leucine	S6702
18:0	S6702
22:6 n-3 (DHA)	S6702
18:2 CLAs	S6702

NDB No. 23142 Beef, chuck eye steak, boneless, separable lean and fat, trimmed to 0" fat, select, cooked, grilled

Magnesium, Mg	S6702
Manganese, Mn	S6702
Betaine	S6702
20:4 undifferentiated	S6702
20:1	S6702
22:5 n-3 (DPA)	S6702
Sodium, Na	S6702
Threonine	S6702
Methionine	S6702
Cystine	S6702
16:0	S6702
18:0	S6702
18:2 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
16:1 undifferentiated	S6702
18:2 n-6 c,c	S6702
18:3 n-3 c,c,c (ALA)	S6702
Ash	S6702
Iron, Fe	S6702
Phosphorus, P	S6702
Riboflavin	S6702
Vitamin K (phylloquinone)	S14
Fatty acids, total monounsaturated	S6702
24:0	S6702
18:1 t	S6702
Zinc, Zn	S6702
Selenium, Se	S6702
Leucine	S6702
Lysine	S6702
Glycine	S6702

NDB No. 23142 Beef, chuck eye steak, boneless, separable lean and fat, trimmed to 0" fat, select, cooked, grilled

Serine	S6702
14:0	S6702
18:3 undifferentiated	S6702
20:2 n-6 c,c	S6702
Vitamin E (alpha-tocopherol)	S6702
Thiamin	S6702
Pantothenic acid	S6702
Tryptophan	S6702
Proline	S6702
Fatty acids, total saturated	S6702
20:5 n-3 (EPA)	S6702
17:0	S6702
18:1 c	S6702
17:1	S6702
Calcium, Ca	S6702
Potassium, K	S6702
Niacin	S6702
Choline, total	S6702
Isoleucine	S6702
Valine	S6702
Histidine	S6702
Glutamic acid	S6702
14:1	S6702
Fatty acids, total polyunsaturated	S6702
Total lipid (fat)	S6702
Vitamin B-6	S6702
Phenylalanine	S6702
Arginine	S6702
Aspartic acid	S6702
Fatty acids, total trans	S6702
18:1 undifferentiated	S6702
18:2 CLAs	S6702
16:1 c	S6702
Fatty acids, total trans-monoenoic	S6702
18:1-11t (18:1t n-7)	S6702
Protein	S6702
Water	S6702

NDB No. 23142 Beef, chuck eye steak, boneless, separable lean and fat, trimmed to 0" fat, select, cooked, grilled

Copper, Cu	S6702
Vitamin B-12	S6702
Tyrosine	S6702
Alanine	S6702
Cholesterol	S6702
20:0	S6702

NDB No. 23143 Beef, chuck eye steak, boneless, separable lean and fat, trimmed to 0" fat, all grades, raw

Thiamin	S6702
Niacin	S6702
Threonine	S6702
Isoleucine	S6702
Cystine	S6702
Phenylalanine	S6702
Alanine	S6702
18:3 undifferentiated	S6702
Ash	S6702
Calcium, Ca	S6702
Zinc, Zn	S6702
Pantothenic acid	S6702
Leucine	S6702
Tyrosine	S6702
Glutamic acid	S6702
Serine	S6702
20:0	S6702
14:1	S6702
Water	S6702
Iron, Fe	S6702
Copper, Cu	S6702
Selenium, Se	S6702
Vitamin B-12	S6702
Betaine	S6702
Lysine	S6702
Methionine	S6702
Glycine	S6702
22:6 n-3 (DHA)	S6702

NDB No. 23143 Beef, chuck eye steak, boneless, separable lean and fat, trimmed to 0" fat, all grades, raw

Fatty acids, total polyunsaturated	S6702
17:0	S6702
18:2 CLAs	S6702
20:2 n-6 c,c	S6702
18:1 c	S6702
Magnesium, Mg	S6702
Phosphorus, P	S6702
Sodium, Na	S6702
Riboflavin	S6702
18:0	S6702
16:1 undifferentiated	S6702
20:1	S6702
20:5 n-3 (EPA)	S6702
18:2 n-6 c,c	S6702
Vitamin E (alpha-tocopherol)	S6702
Vitamin K (phylloquinone)	S14
Aspartic acid	S6702
Fatty acids, total trans	S6702
22:5 n-3 (DPA)	S6702
Fatty acids, total monounsaturated	S6702
18:1 t	S6702
Protein	S6702
Choline, total	S6702
Tryptophan	S6702
Valine	S6702
Proline	S6702
14:0	S6702
16:0	S6702
18:1 undifferentiated	S6702
18:2 undifferentiated	S6702
16:1 c	S6702
Total lipid (fat)	S6702
Manganese, Mn	S6702
Histidine	S6702
Fatty acids, total saturated	S6702
24:0	S6702
17:1	S6702

NDB No. 23143 Beef, chuck eye steak, boneless, separable lean and fat, trimmed to 0" fat, all grades, raw

18:1-11t (18:1t n-7)	S6702
Potassium, K	S6702
Vitamin B-6	S6702
Arginine	S6702
Cholesterol	S6702
20:4 undifferentiated	S6702
Fatty acids, total trans-monoenoic	S6702
18:3 n-3 c,c,c (ALA)	S6702

NDB No. 23144 Beef, chuck eye steak, boneless, separable lean and fat, trimmed to 0" fat, choice, raw

Calcium, Ca	S6702
Betaine	S6702
Isoleucine	S6702
Valine	S6702
Fatty acids, total saturated	S6702
16:1 c	S6702
17:1	S6702
Ash	S6702
Water	S6702
Vitamin E (alpha-tocopherol)	S6702
Arginine	S6702
20:0	S6702
Fatty acids, total monounsaturated	S6702
17:0	S6702
18:1 t	S6702
18:3 n-3 c,c,c (ALA)	S6702
Magnesium, Mg	S6702
Vitamin B-12	S6702
Tryptophan	S6702
18:0	S6702
20:2 n-6 c,c	S6702
Protein	S6702
Phosphorus, P	S6702
Riboflavin	S6702
Niacin	S6702

NDB No. 23144 Beef, chuck eye steak, boneless, separable lean and fat, trimmed to 0" fat, choice, raw

Cystine	S6702
Tyrosine	S6702
Histidine	S6702
22:5 n-3 (DPA)	S6702
Total lipid (fat)	S6702
Sodium, Na	S6702
Thiamin	S6702
Choline, total	S6702
Threonine	S6702
Leucine	S6702
Proline	S6702
20:5 n-3 (EPA)	S6702
18:1 c	S6702
18:2 n-6 c,c	S6702
18:1-11t (18:1t n-7)	S6702
Lysine	S6702
Methionine	S6702
Serine	S6702
Fatty acids, total trans	S6702
14:0	S6702
22:6 n-3 (DHA)	S6702
16:1 undifferentiated	S6702
18:2 CLAs	S6702
Fatty acids, total trans-monoenoic	S6702
Zinc, Zn	S6702
Copper, Cu	S6702
Pantothenic acid	S6702
Vitamin K (phylloquinone)	S14
Alanine	S6702
Aspartic acid	S6702
18:1 undifferentiated	S6702
18:2 undifferentiated	S6702
14:1	S6702
20:1	S6702
Fatty acids, total polyunsaturated	S6702
Iron, Fe	S6702
Potassium, K	S6702

NDB No. 23144 Beef, chuck eye steak, boneless, separable lean and fat, trimmed to 0" fat, choice, raw

Manganese, Mn	S6702
Selenium, Se	S6702
Vitamin B-6	S6702
Phenylalanine	S6702
Glutamic acid	S6702
Glycine	S6702
Cholesterol	S6702
16:0	S6702
18:3 undifferentiated	S6702
20:4 undifferentiated	S6702
24:0	S6702

NDB No. 23145 Beef, chuck eye steak, boneless, separable lean and fat, trimmed to 0" fat, select, raw

Iron, Fe	S6702
Riboflavin	S6702
Tryptophan	S6702
Tyrosine	S6702
Water	S6702
Calcium, Ca	S6702
Magnesium, Mg	S6702
Choline, total	S6702
Phenylalanine	S6702
Glycine	S6702
17:0	S6702
24:0	S6702
20:2 n-6 c,c	S6702
18:2 n-6 c,c	S6702
Total lipid (fat)	S6702
Copper, Cu	S6702
Selenium, Se	S6702
Vitamin B-6	S6702
Vitamin K (phylloquinone)	S14
Threonine	S6702
Leucine	S6702
Valine	S6702
Glutamic acid	S6702

NDB No. 23145 Beef, chuck eye steak, boneless, separable lean and fat, trimmed to 0" fat, select, raw

14:0	S6702
16:1 undifferentiated	S6702
17:1	S6702
Protein	S6702
Ash	S6702
Zinc, Zn	S6702
Thiamin	S6702
Betaine	S6702
Serine	S6702
22:6 n-3 (DHA)	S6702
Fatty acids, total polyunsaturated	S6702
Manganese, Mn	S6702
Fatty acids, total saturated	S6702
18:2 undifferentiated	S6702
14:1	S6702
20:1	S6702
20:5 n-3 (EPA)	S6702
22:5 n-3 (DPA)	S6702
18:1 c	S6702
18:1-11t (18:1t n-7)	S6702
Phosphorus, P	S6702
Niacin	S6702
Pantothenic acid	S6702
Vitamin B-12	S6702
Arginine	S6702
Cholesterol	S6702
Fatty acids, total trans	S6702
20:0	S6702
20:4 undifferentiated	S6702
Fatty acids, total trans-monoenoic	S6702
Sodium, Na	S6702
Vitamin E (alpha-tocopherol)	S6702
Methionine	S6702
Cystine	S6702
Alanine	S6702
Proline	S6702
18:0	S6702

NDB No. 23145 Beef, chuck eye steak, boneless, separable lean and fat, trimmed to 0" fat, select, raw

18:3 undifferentiated	S6702
18:3 n-3 c,c,c (ALA)	S6702
Potassium, K	S6702
Isoleucine	S6702
Lysine	S6702
Histidine	S6702
Aspartic acid	S6702
16:0	S6702
18:1 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
18:1 t	S6702
18:2 CLAs	S6702
16:1 c	S6702

NDB No. 23516 Beef, shoulder steak, boneless, separable lean only, trimmed to 0" fat, all grades, cooked, grilled

Selenium, Se	S6702
Niacin	S6702
Methionine	S6702
Alanine	S6702
Serine	S6702
18:2 undifferentiated	S6702
18:1-11t (18:1t n-7)	S6702
Manganese, Mn	S6702
Phenylalanine	S6702
20:4 undifferentiated	S6702
18:3 n-3 c,c,c (ALA)	S6702
Ash	S6702
Calcium, Ca	S6702
Iron, Fe	S6702
Riboflavin	S6702
Vitamin B-12	S6702
14:1	S6702
18:2 n-6 c,c	S6702
Fatty acids, total trans-monoenoic	S6702
Total lipid (fat)	S6702

NDB No. 23516 Beef, shoulder steak, boneless, separable lean only, trimmed to 0" fat, all grades, cooked, grilled

Potassium, K	S6702
Sodium, Na	S6702
Thiamin	S6702
Pantothenic acid	S6702
Vitamin B-6	S6702
Choline, total	S6702
Tryptophan	S6702
Leucine	S6702
Cystine	S6702
Glutamic acid	S6702
Cholesterol	S6702
Fatty acids, total saturated	S6702
18:0	S6702
20:0	S6702
16:1 undifferentiated	S6702
20:1	S6702
Magnesium, Mg	S6702
Phosphorus, P	S6702
Vitamin K (phylloquinone)	S14
Fatty acids, total trans	S6702
14:0	S6702
22:5 n-3 (DPA)	S6702
18:2 CLAs	S6702
20:2 n-6 c,c	S6702
18:1 c	S6702
17:1	S6702
Water	S6702
Lysine	S6702
Tyrosine	S6702
Aspartic acid	S6702
Proline	S6702
16:0	S6702
18:3 undifferentiated	S6702
Fatty acids, total polyunsaturated	S6702
24:0	S6702
18:1 t	S6702
Zinc, Zn	S6702

NDB No. 23516 Beef, shoulder steak, boneless, separable lean only, trimmed to 0" fat, all grades, cooked, grilled

Betaine	S6702
Arginine	S6702
Glycine	S6702
18:1 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
20:5 n-3 (EPA)	S6702
17:0	S6702
Protein	S6702
Copper, Cu	S6702
Vitamin E (alpha-tocopherol)	S6702
Threonine	S6702
Isoleucine	S6702
Valine	S6702
Histidine	S6702
Fatty acids, total monounsaturated	S6702

NDB No. 23533 Beef, shoulder steak, boneless, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

Thiamin	S6702
Threonine	S6702
Glutamic acid	S6702
Glycine	S6702
Fatty acids, total saturated	S6702
20:4 undifferentiated	S6702
18:1 t	S6702
Total lipid (fat)	S6702
Potassium, K	S6702
Sodium, Na	S6702
Zinc, Zn	S6702
Niacin	S6702
Choline, total	S6702
Vitamin K (phylloquinone)	S14
22:5 n-3 (DPA)	S6702
Phosphorus, P	S6702
Selenium, Se	S6702
Histidine	S6702
18:0	S6702

NDB No. 23533 Beef, shoulder steak, boneless, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

18:1 undifferentiated	S6702
18:3 undifferentiated	S6702
20:1	S6702
Fatty acids, total polyunsaturated	S6702
20:2 n-6 c,c	S6702
Ash	S6702
Copper, Cu	S6702
Vitamin B-6	S6702
Isoleucine	S6702
Tyrosine	S6702
Valine	S6702
16:1 undifferentiated	S6702
20:5 n-3 (EPA)	S6702
24:0	S6702
17:1	S6702
Protein	S6702
Vitamin E (alpha-tocopherol)	S6702
Pantothenic acid	S6702
Methionine	S6702
Arginine	S6702
Proline	S6702
20:0	S6702
22:6 n-3 (DHA)	S6702
Fatty acids, total monounsaturated	S6702
16:1 c	S6702
Fatty acids, total trans-monoenoic	S6702
18:3 n-3 c,c,c (ALA)	S6702
Water	S6702
Vitamin B-12	S6702
Tryptophan	S6702
Leucine	S6702
Lysine	S6702
Phenylalanine	S6702
Fatty acids, total trans	S6702
16:0	S6702
18:2 undifferentiated	S6702

NDB No. 23533 Beef, shoulder steak, boneless, separable lean and fat, trimmed to 0" fat, choice, cooked, grilled

14:1	S6702
17:0	S6702
18:2 CLAs	S6702
18:2 n-6 c,c	S6702
18:1-11t (18:1t n-7)	S6702
Calcium, Ca	S6702
Iron, Fe	S6702
Manganese, Mn	S6702
Riboflavin	S6702
Betaine	S6702
Alanine	S6702
Serine	S6702
Cholesterol	S6702
18:1 c	S6702
Magnesium, Mg	S6702
Cystine	S6702
Aspartic acid	S6702
14:0	S6702

NDB No. 23536 Beef, shoulder steak, boneless, separable lean and fat, trimmed to 0" fat, select, cooked, grilled

Thiamin	S6702
Lysine	S6702
Valine	S6702
Histidine	S6702
20:1	S6702
16:1 c	S6702
Protein	S6702
Total lipid (fat)	S6702
Manganese, Mn	S6702
Selenium, Se	S6702
Vitamin K (phylloquinone)	S14
Glutamic acid	S6702
Glycine	S6702
Fatty acids, total trans	S6702
14:0	S6702
18:2 undifferentiated	S6702

NDB No. 23536 Beef, shoulder steak, boneless, separable lean and fat, trimmed to 0" fat, select, cooked, grilled

18:3 undifferentiated	S6702
18:2 n-6 c,c	S6702
Water	S6702
Potassium, K	S6702
Pantothenic acid	S6702
Vitamin B-12	S6702
Alanine	S6702
Fatty acids, total saturated	S6702
18:0	S6702
20:5 n-3 (EPA)	S6702
24:0	S6702
18:1 t	S6702
18:1 c	S6702
18:3 n-3 c,c,c (ALA)	S6702
Iron, Fe	S6702
Magnesium, Mg	S6702
Phosphorus, P	S6702
Vitamin B-6	S6702
Betaine	S6702
Arginine	S6702
Aspartic acid	S6702
Proline	S6702
Cholesterol	S6702
22:5 n-3 (DPA)	S6702
17:1	S6702
Ash	S6702
Niacin	S6702
Choline, total	S6702
Tryptophan	S6702
Leucine	S6702
20:0	S6702
14:1	S6702
17:0	S6702
18:2 CLAs	S6702
20:2 n-6 c,c	S6702
Sodium, Na	S6702
Copper, Cu	S6702

NDB No. 23536 Beef, shoulder steak, boneless, separable lean and fat, trimmed to 0" fat, select, cooked, grilled

Riboflavin	S6702
Isoleucine	S6702
Methionine	S6702
Cystine	S6702
18:1 undifferentiated	S6702
Fatty acids, total trans-monoenoic	S6702
Zinc, Zn	S6702
Vitamin E (alpha-tocopherol)	S6702
Threonine	S6702
Phenylalanine	S6702
Tyrosine	S6702
16:1 undifferentiated	S6702
Fatty acids, total monounsaturated	S6702
Fatty acids, total polyunsaturated	S6702
Calcium, Ca	S6702
Serine	S6702
16:0	S6702
20:4 undifferentiated	S6702
22:6 n-3 (DHA)	S6702
18:1-11t (18:1t n-7)	S6702

NDB No. 23554 Beef, shoulder steak, boneless, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

Ash	S6702
Vitamin E (alpha-tocopherol)	S6702
Riboflavin	S6702
Tryptophan	S6702
Aspartic acid	S6702
Glycine	S6702
Fatty acids, total saturated	S6702
16:0	S6702
20:0	S6702
Protein	S6702
Threonine	S6702
Lysine	S6702
Arginine	S6702

NDB No. 23554 Beef, shoulder steak, boneless, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

Proline	S6702
16:1 undifferentiated	S6702
17:1	S6702
Fatty acids, total trans-monoenoic	S6702
Magnesium, Mg	S6702
Methionine	S6702
14:0	S6702
20:4 undifferentiated	S6702
Fatty acids, total polyunsaturated	S6702
18:1 c	S6702
18:3 n-3 c,c,c (ALA)	S6702
Total lipid (fat)	S6702
Water	S6702
Phosphorus, P	S6702
Potassium, K	S6702
Copper, Cu	S6702
Manganese, Mn	S6702
Isoleucine	S6702
18:3 undifferentiated	S6702
20:1	S6702
16:1 c	S6702
18:1-11t (18:1t n-7)	S6702
Niacin	S6702
Vitamin B-6	S6702
Glutamic acid	S6702
Cholesterol	S6702
24:0	S6702
18:1 t	S6702
20:2 n-6 c,c	S6702
Sodium, Na	S6702
Zinc, Zn	S6702
Selenium, Se	S6702
Choline, total	S6702
Leucine	S6702
Cystine	S6702
Phenylalanine	S6702
Tyrosine	S6702

NDB No. 23554 Beef, shoulder steak, boneless, separable lean and fat, trimmed to 0" fat, all grades, cooked, grilled

18:2 undifferentiated	S6702
22:5 n-3 (DPA)	S6702
Calcium, Ca	S6702
Iron, Fe	S6702
Thiamin	S6702
Vitamin B-12	S6702
Betaine	S6702
Alanine	S6702
Fatty acids, total trans	S6702
18:0	S6702
18:1 undifferentiated	S6702
14:1	S6702
18:2 CLAs	S6702
18:2 n-6 c,c	S6702
Pantothenic acid	S6702
Vitamin K (phylloquinone)	S14
Valine	S6702
Histidine	S6702
Serine	S6702
22:6 n-3 (DHA)	S6702
20:5 n-3 (EPA)	S6702
Fatty acids, total monounsaturated	S6702
17:0	S6702

NDB No. 23557 Beef, ground, 95% lean meat / 5% fat, raw

Potassium, K	S14
Selenium, Se	S14
Niacin	S14
Leucine	S14
Lysine	S14
Alanine	S14
Glycine	S14
Proline	S14
Fatty acids, total saturated	S14
18:2 undifferentiated	S14
22:6 n-3 (DHA)	S14

NDB No. 23557 Beef, ground, 95% lean meat / 5% fat, raw

Protein	S14
4:0	S14
8:0	S14
18:0	S14
22:0	S14
18:4	S14
20:5 n-3 (EPA)	S14
17:0	S14
15:1	S14
Thiamin	S14
Pantothenic acid	S14
Folate, total	S14
Vitamin B-12	S14
Methionine	S14
Cystine	S14
Fatty acids, total trans	S14
12:0	S14
22:1 undifferentiated	S14
Fatty acids, total polyunsaturated	S14
Ash	S14
Sodium, Na	S14
Copper, Cu	S14
Vitamin K (phylloquinone)	S14
Tyrosine	S14
Histidine	S14
14:0	S14
20:0	S14
14:1	S14
22:5 n-3 (DPA)	S14
Water	S14
Retinol	S14
Vitamin B-6	S14
Betaine	S14
Isoleucine	S14
Serine	S14
Cholesterol	S14
15:0	S14

NDB No. 23557 Beef, ground, 95% lean meat / 5% fat, raw

17:1	S14
18:3 n-3 c,c,c (ALA)	S14
Iron, Fe	S14
Zinc, Zn	S14
Manganese, Mn	S14
Riboflavin	S14
Choline, total	S14
Threonine	S14
Phenylalanine	S14
6:0	S14
16:0	S14
18:3 undifferentiated	S14
20:1	S14
18:3 n-6 c,c,c	S14
Calcium, Ca	S14
Magnesium, Mg	S14
Fluoride, F	D5001, D5002, D5007, D5021
Valine	S14
Aspartic acid	S14
Glutamic acid	S14
18:1 undifferentiated	S14
Fatty acids, total monounsaturated	S14
20:3 undifferentiated	S14
Total lipid (fat)	S14
Phosphorus, P	S14
Dihydrophylloquinone	S14
Folate, food	S14
Tryptophan	S14
Arginine	S14
10:0	S14
20:4 undifferentiated	S14
16:1 undifferentiated	S14
20:2 n-6 c,c	S14

NDB No. 23558 Beef, ground, 95% lean meat / 5% fat, patty, cooked, broiled

Ash	S14

NDB No. 23558 Beef, ground, 95% lean meat / 5% fat, patty, cooked, broiled

Phosphorus, P	S14
Manganese, Mn	S14
Pantothenic acid	S14
Folate, total	S14
Leucine	S14
Lysine	S14
Methionine	S14
Cystine	S14
Aspartic acid	S14
Cholesterol	S14
4:0	S14
16:0	S14
18:0	S14
16:1 undifferentiated	S14
22:1 undifferentiated	S14
17:0	S14
18:3 n-3 c,c,c (ALA)	S14
Potassium, K	S14
Fluoride, F	D5001, D5002, D5007, D5021
Proline	S14
20:1	S14
15:0	S14
18:3 n-6 c,c,c	S14
Calcium, Ca	S14
Zinc, Zn	S14
Vitamin B-12	S14
Betaine	S14
Tryptophan	S14
Serine	S14
Fatty acids, total trans	S14
8:0	S14
18:4	S14
20:3 undifferentiated	S14
Protein	S14
Sodium, Na	S14
Niacin	S14
Choline, total	S14

NDB No. 23558 Beef, ground, 95% lean meat / 5% fat, patty, cooked, broiled

Tyrosine	S14
Glutamic acid	S14
10:0	S14
14:1	S14
22:5 n-3 (DPA)	S14
Magnesium, Mg	S14
Copper, Cu	S14
Threonine	S14
Glycine	S14
12:0	S14
14:0	S14
22:6 n-3 (DHA)	S14
Fatty acids, total monounsaturated	S14
20:2 n-6 c,c	S14
17:1	S14
Retinol	S14
Vitamin B-6	S14
Folate, food	S14
18:1 undifferentiated	S14
Total lipid (fat)	S14
Water	S14
Iron, Fe	S14
Selenium, Se	S14
Thiamin	S14
Dihydrophylloquinone	S14
Phenylalanine	S14
Valine	S14
Histidine	S14
20:5 n-3 (EPA)	S14
15:1	S14
Riboflavin	S14
Vitamin K (phylloquinone)	S14
Isoleucine	S14
Arginine	S14
Alanine	S14
Fatty acids, total saturated	S14
6:0	S14

NDB No. 23558 Beef, ground, 95% lean meat / 5% fat, patty, cooked, broiled

20:0	S14
18:2 undifferentiated	S14
18:3 undifferentiated	S14
20:4 undifferentiated	S14
22:0	S14
Fatty acids, total polyunsaturated	S14

NDB No. 23559 Beef, ground, 95% lean meat / 5% fat, patty, cooked, pan-broiled

Copper, Cu	S14
Selenium, Se	S14
Riboflavin	S14
Protein	S14
Calcium, Ca	S14
Iron, Fe	S14
Manganese, Mn	S14
Histidine	S14
Aspartic acid	S14
Total lipid (fat)	S14
Water	S14
Potassium, K	S14
Tryptophan	S14
Leucine	S14
Cystine	S14
Glutamic acid	S14
Serine	S14
Lysine	S14
Arginine	S14
Alanine	S14
Proline	S14
Magnesium, Mg	S14
Zinc, Zn	S14
Threonine	S14
Isoleucine	S14
Phenylalanine	S14
Valine	S14
Cholesterol	S14

NDB No. 23559 Beef, ground, 95% lean meat / 5% fat, patty, cooked, pan-broiled

Ash	S14
Sodium, Na	S14
Methionine	S14
Phosphorus, P	S14
Thiamin	S14
Vitamin B-12	S14
Tyrosine	S14
Glycine	S14
10:0	S14
Fluoride, F	D5001, D5002, D5007, D5021
Niacin	S14
Vitamin B-6	S14

NDB No. 23560 Beef, ground, 95% lean meat / 5% fat, crumbles, cooked, pan-browned

Calcium, Ca	S14
Zinc, Zn	S14
Leucine	S14
Aspartic acid	S14
Proline	S14
Sodium, Na	S14
Selenium, Se	S14
Vitamin B-12	S14
Tryptophan	S14
Valine	S14
Manganese, Mn	S14
Pantothenic acid	S14
Vitamin B-6	S14
Tyrosine	S14
Serine	S14
Iron, Fe	S14
Magnesium, Mg	S14
Copper, Cu	S14
Lysine	S14
Arginine	S14
Histidine	S14
Alanine	S14

NDB No. 23560 Beef, ground, 95% lean meat / 5% fat, crumbles, cooked, pan-browned

Cholesterol	S14
Phosphorus, P	S14
Fluoride, F	D5001, D5002, D5007, D5021
Folate, total	S14
Threonine	S14
Cystine	S14
Ash	S14
Folate, food	S14
Glutamic acid	S14
Total lipid (fat)	S14
Water	S14
Potassium, K	S14
Retinol	S14
Thiamin	S14
Niacin	S14
Methionine	S14
Phenylalanine	S14
Protein	S14
Riboflavin	S14
Isoleucine	S14
Glycine	S14

NDB No. 23561 Beef, ground, 95% lean meat / 5% fat, loaf, cooked, baked

Protein	S14
Ash	S14
Fluoride, F	D5001, D5002, D5007, D5021
Pantothenic acid	S14
Folate, total	S14
Tryptophan	S14
Zinc, Zn	S14
Manganese, Mn	S14
Lysine	S14
Glutamic acid	S14
Total lipid (fat)	S14
Magnesium, Mg	S14
Selenium, Se	S14

NDB No. 23561 Beef, ground, 95% lean meat / 5% fat, loaf, cooked, baked

Thiamin	S14
Folate, food	S14
Methionine	S14
Serine	S14
Sodium, Na	S14
Riboflavin	S14
Cystine	S14
Alanine	S14
Calcium, Ca	S14
Phosphorus, P	S14
Copper, Cu	S14
Niacin	S14
Vitamin B-12	S14
Leucine	S14
Phenylalanine	S14
Arginine	S14
Histidine	S14
Proline	S14
Retinol	S14
Isoleucine	S14
Aspartic acid	S14
Potassium, K	S14
Valine	S14
Water	S14
Iron, Fe	S14
Vitamin B-6	S14
Threonine	S14
Tyrosine	S14
Glycine	S14
Cholesterol	S14

NDB No. 23562 Beef, ground, 90% lean meat / 10% fat, raw

Potassium, K	S14
Zinc, Zn	S14
Selenium, Se	S14
Folate, food	S14

NDB No. 23562 Beef, ground, 90% lean meat / 10% fat, raw

Cystine	S14
14:0	S14
18:2 undifferentiated	S14
18:3 n-3 c,c,c (ALA)	S14
Ash	S14
Sodium, Na	S14
Niacin	S14
Vitamin B-6	S14
Lysine	S14
16:0	S14
20:1	S14
17:1	S14
15:1	S14
Protein	S14
Magnesium, Mg	S14
Copper, Cu	S14
Retinol	S14
Arginine	S14
Alanine	S14
Fatty acids, total trans	S14
10:0	S14
14:1	S14
18:4	S14
Phosphorus, P	S14
Vitamin K (phylloquinone)	S14
Phenylalanine	S14
Tyrosine	S14
Aspartic acid	S14
Serine	S14
Fatty acids, total saturated	S14
4:0	S14
6:0	S14
18:1 undifferentiated	S14
20:4 undifferentiated	S14
22:6 n-3 (DHA)	S14
17:0	S14
Calcium, Ca	S14

NDB No. 23562 Beef, ground, 90% lean meat / 10% fat, raw

Iron, Fe	S14
Fluoride, F	D5001, D5002, D5007, D5021
Pantothenic acid	S14
Threonine	S14
Valine	S14
Histidine	S14
Glutamic acid	S14
Proline	S14
18:0	S14
20:5 n-3 (EPA)	S14
Fatty acids, total polyunsaturated	S14
Riboflavin	S14
Dihydrophylloquinone	S14
Betaine	S14
20:0	S14
18:3 undifferentiated	S14
22:5 n-3 (DPA)	S14
15:0	S14
Water	S14
Manganese, Mn	S14
Folate, total	S14
Vitamin B-12	S14
Choline, total	S14
Tryptophan	S14
16:1 undifferentiated	S14
22:1 undifferentiated	S14
Fatty acids, total monounsaturated	S14
Total lipid (fat)	S14
Thiamin	S14
Isoleucine	S14
Leucine	S14
Methionine	S14
Glycine	S14
Cholesterol	S14
8:0	S14
12:0	S14
22:0	S14

NDB No. 23562 Beef, ground, 90% lean meat / 10% fat, raw

20:2 n-6 c,c	S14
18:3 n-6 c,c,c	S14
20:3 undifferentiated	S14

NDB No. 23563 Beef, ground, 90% lean meat / 10% fat, patty, cooked, broiled

Zinc, Zn	S14
Pantothenic acid	S14
Vitamin B-6	S14
Valine	S14
Glutamic acid	S14
14:0	S14
18:1 undifferentiated	S14
Potassium, K	S14
Choline, total	S14
Methionine	S14
Alanine	S14
Proline	S14
Serine	S14
10:0	S14
12:0	S14
20:4 undifferentiated	S14
Fatty acids, total polyunsaturated	S14
17:1	S14
Calcium, Ca	S14
Copper, Cu	S14
Fluoride, F	D5001, D5002, D5007, D5021
Niacin	S14
Dihydrophylloquinone	S14
Betaine	S14
Lysine	S14
Aspartic acid	S14
Fatty acids, total saturated	S14
20:0	S14
15:0	S14
Folate, total	S14
Tryptophan	S14

NDB No. 23563 Beef, ground, 90% lean meat / 10% fat, patty, cooked, broiled

Threonine	S14
Isoleucine	S14
Tyrosine	S14
Histidine	S14
Cholesterol	S14
Fatty acids, total trans	S14
18:0	S14
20:1	S14
20:2 n-6 c,c	S14
18:3 n-6 c,c,c	S14
15:1	S14
Water	S14
Vitamin K (phylloquinone)	S14
Folate, food	S14
Leucine	S14
Arginine	S14
Glycine	S14
4:0	S14
6:0	S14
16:0	S14
16:1 undifferentiated	S14
22:5 n-3 (DPA)	S14
17:0	S14
20:3 undifferentiated	S14
Total lipid (fat)	S14
Ash	S14
Iron, Fe	S14
Phosphorus, P	S14
Sodium, Na	S14
Manganese, Mn	S14
Thiamin	S14
Phenylalanine	S14
18:2 undifferentiated	S14
20:5 n-3 (EPA)	S14
22:1 undifferentiated	S14
Fatty acids, total monounsaturated	S14
Magnesium, Mg	S14

NDB No. 23563 Beef, ground, 90% lean meat / 10% fat, patty, cooked, broiled

8:0	S14
18:3 undifferentiated	S14
18:3 n-3 c,c,c (ALA)	S14
Protein	S14
Selenium, Se	S14
Retinol	S14
Riboflavin	S14
Vitamin B-12	S14
Cystine	S14
22:6 n-3 (DHA)	S14
22:0	S14
14:1	S14
18:4	S14
Fatty acids, total trans-monoenoic	S14

NDB No. 23564 Beef, ground, 90% lean meat / 10% fat, patty, cooked, pan-broiled

Copper, Cu	S14
Thiamin	S14
Arginine	S14
Protein	S14
Iron, Fe	S14
Zinc, Zn	S14
Manganese, Mn	S14
Leucine	S14
Cystine	S14
Phenylalanine	S14
Tyrosine	S14
Calcium, Ca	S14
Fluoride, F	D5001, D5002, D5007, D5021
Tryptophan	S14
Alanine	S14
Riboflavin	S14
Lysine	S14
Aspartic acid	S14
Ash	S14
Magnesium, Mg	S14

NDB No. 23564 Beef, ground, 90% lean meat / 10% fat, patty, cooked, pan-broiled

Vitamin B-12	S14
Threonine	S14
Isoleucine	S14
Valine	S14
Glutamic acid	S14
Serine	S14
Cholesterol	S14
Total lipid (fat)	S14
Potassium, K	S14
Sodium, Na	S14
Selenium, Se	S14
Niacin	S14
Vitamin B-6	S14
Proline	S14
Water	S14
Phosphorus, P	S14
Methionine	S14
Histidine	S14
Glycine	S14

NDB No. 23565 Beef, ground, 90% lean meat / 10% fat, crumbles, cooked, pan-browned

Ash	S14
Manganese, Mn	S14
Riboflavin	S14
Pantothenic acid	S14
Tyrosine	S14
Alanine	S14
Total lipid (fat)	S14
Magnesium, Mg	S14
Fluoride, F	D5001, D5002, D5007, D5021
Lysine	S14
Valine	S14
Zinc, Zn	S14
Histidine	S14
Cholesterol	S14
Iron, Fe	S14

NDB No. 23565 Beef, ground, 90% lean meat / 10% fat, crumbles, cooked, pan-browned

Water	S14
Copper, Cu	S14
Vitamin B-12	S14
Methionine	S14
Aspartic acid	S14
Glycine	S14
Protein	S14
Sodium, Na	S14
Vitamin B-6	S14
Tryptophan	S14
Threonine	S14
Leucine	S14
Calcium, Ca	S14
Potassium, K	S14
Niacin	S14
Folate, total	S14
Folate, food	S14
Isoleucine	S14
Cystine	S14
Phenylalanine	S14
Serine	S14
Phosphorus, P	S14
Selenium, Se	S14
Retinol	S14
Thiamin	S14
Arginine	S14
Glutamic acid	S14
Proline	S14

NDB No. 23566 Beef, ground, 90% lean meat / 10% fat, loaf, cooked, baked

Water	S14
Manganese, Mn	S14
Selenium, Se	S14
Folate, total	S14
Folate, food	S14
Tryptophan	S14

NDB No. 23566 Beef, ground, 90% lean meat / 10% fat, loaf, cooked, baked

Aspartic acid	S14
Ash	S14
Potassium, K	S14
Zinc, Zn	S14
Fluoride, F	D5001, D5002, D5007, D5021
Valine	S14
Alanine	S14
Riboflavin	S14
Threonine	S14
Leucine	S14
Phenylalanine	S14
Proline	S14
Total lipid (fat)	S14
Phosphorus, P	S14
Retinol	S14
Thiamin	S14
Glycine	S14
Calcium, Ca	S14
Magnesium, Mg	S14
Vitamin B-12	S14
Lysine	S14
Methionine	S14
Glutamic acid	S14
Cholesterol	S14
Copper, Cu	S14
Tyrosine	S14
Protein	S14
Sodium, Na	S14
Niacin	S14
Vitamin B-6	S14
Isoleucine	S14
Cystine	S14
Arginine	S14
Histidine	S14
Iron, Fe	S14
Pantothenic acid	S14
Serine	S14

NDB No. 23567 Beef, ground, 85% lean meat / 15% fat, raw

Potassium, K	S14
Selenium, Se	S14
Vitamin K (phylloquinone)	S14
Glutamic acid	S14
10:0	S14
18:1 undifferentiated	S14
18:3 undifferentiated	S14
Fatty acids, total polyunsaturated	S14
18:3 n-3 c,c,c (ALA)	S14
Ash	S14
Thiamin	S14
Pantothenic acid	S14
Threonine	S14
Lysine	S14
Fatty acids, total saturated	S14
17:1	S14
Iron, Fe	S14
Manganese, Mn	S14
Vitamin B-12	S14
Tyrosine	S14
Aspartic acid	S14
Serine	S14
18:0	S14
18:2 undifferentiated	S14
17:0	S14
Protein	S14
Fluoride, F	D5001, D5002, D5007, D5021
Riboflavin	S14
Folate, total	S14
Phenylalanine	S14
Valine	S14
Alanine	S14
Glycine	S14
12:0	S14
18:4	S14
Phosphorus, P	S14
Leucine	S14

NDB No. 23567 Beef, ground, 85% lean meat / 15% fat, raw

Methionine	S14
Arginine	S14
Cholesterol	S14
16:0	S14
20:0	S14
14:1	S14
22:1 undifferentiated	S14
15:1	S14
Dihydrophylloquinone	S14
Betaine	S14
Histidine	S14
Fatty acids, total trans	S14
20:4 undifferentiated	S14
20:5 n-3 (EPA)	S14
Fatty acids, total monounsaturated	S14
15:0	S14
20:2 n-6 c,c	S14
20:3 undifferentiated	S14
Total lipid (fat)	S14
Calcium, Ca	S14
Sodium, Na	S14
Niacin	S14
Folate, food	S14
Tryptophan	S14
Isoleucine	S14
Cystine	S14
14:0	S14
22:6 n-3 (DHA)	S14
22:0	S14
18:3 n-6 c,c,c	S14
Water	S14
Magnesium, Mg	S14
Zinc, Zn	S14
Copper, Cu	S14
Retinol	S14
Vitamin B-6	S14
Choline, total	S14

NDB No. 23567 Beef, ground, 85% lean meat / 15% fat, raw

Proline	S14
16:1 undifferentiated	S14
20:1	S14
22:5 n-3 (DPA)	S14

NDB No. 23568 Beef, ground, 85% lean meat / 15% fat, patty, cooked, broiled

Magnesium, Mg	S14
Sodium, Na	S14
Retinol	S14
Leucine	S14
Glycine	S14
18:2 undifferentiated	S14
18:1 t	S14
Riboflavin	S14
Folate, total	S14
Folate, food	S14
Methionine	S14
Cholesterol	S14
18:0	S14
22:6 n-3 (DHA)	S14
14:1	S14
Choline, total	S14
Tryptophan	S14
Threonine	S14
Tyrosine	S14
Histidine	S14
Aspartic acid	S14
Proline	S14
Fatty acids, total saturated	S14
Ash	S14
Fluoride, F	D5001, D5002, D5007, D5021
Isoleucine	S14
Valine	S14
Alanine	S14
18:3 undifferentiated	S14
16:1 undifferentiated	S14

NDB No. 23568 Beef, ground, 85% lean meat / 15% fat, patty, cooked, broiled

20:1	S14
Phosphorus, P	S14
Vitamin B-6	S14
Vitamin B-12	S14
Vitamin K (phylloquinone)	S14
Phenylalanine	S14
Serine	S14
Fatty acids, total trans	S14
20:4 undifferentiated	S14
20:5 n-3 (EPA)	S14
Protein	S14
Water	S14
Potassium, K	S14
Zinc, Zn	S14
Copper, Cu	S14
Manganese, Mn	S14
Pantothenic acid	S14
Dihydrophylloquinone	S14
12:0	S14
14:0	S14
18:1 undifferentiated	S14
22:0	S14
22:1 undifferentiated	S14
22:5 n-3 (DPA)	S14
15:0	S14
17:0	S14
18:3 n-6 c,c,c	S14
17:1	S14
Fatty acids, total trans-monoenoic	S14
15:1	S14
18:3 n-3 c,c,c (ALA)	S14
Total lipid (fat)	S14
Selenium, Se	S14
Lysine	S14
Cystine	S14
Arginine	S14
16:0	S14

NDB No. 23568 Beef, ground, 85% lean meat / 15% fat, patty, cooked, broiled

Fatty acids, total monounsaturated	S14
20:2 n-6 c,c	S14
20:3 undifferentiated	S14
Calcium, Ca	S14
Iron, Fe	S14
Thiamin	S14
Niacin	S14
Betaine	S14
Glutamic acid	S14
10:0	S14
20:0	S14
18:4	S14
Fatty acids, total polyunsaturated	S14

NDB No. 23569 Beef, ground, 85% lean meat / 15% fat, patty, cooked, pan-broiled

Fluoride, F	D5001, D5002, D5007, D5021
Niacin	S14
Tryptophan	S14
Ash	S14
Phosphorus, P	S14
Sodium, Na	S14
Copper, Cu	S14
Vitamin B-6	S14
Cystine	S14
Phenylalanine	S14
Aspartic acid	S14
Glutamic acid	S14
Glycine	S14
Serine	S14
Cholesterol	S14
Water	S14
Magnesium, Mg	S14
Vitamin B-12	S14
Lysine	S14
Methionine	S14
Protein	S14

NDB No. 23569 Beef, ground, 85% lean meat / 15% fat, patty, cooked, pan-broiled

Total lipid (fat)	S14
Calcium, Ca	S14
Iron, Fe	S14
Isoleucine	S14
Riboflavin	S14
Arginine	S14
Histidine	S14
Threonine	S14
Valine	S14
Manganese, Mn	S14
Thiamin	S14
Alanine	S14
Proline	S14
Potassium, K	S14
Zinc, Zn	S14
Selenium, Se	S14
Leucine	S14
Tyrosine	S14

NDB No. 23570 Beef, ground, 85% lean meat / 15% fat, crumbles, cooked, pan-browned

Ash	S14
Calcium, Ca	S14
Retinol	S14
Leucine	S14
Methionine	S14
Valine	S14
Cholesterol	S14
Selenium, Se	S14
Pantothenic acid	S14
Arginine	S14
Folate, total	S14
Tryptophan	S14
Threonine	S14
Lysine	S14
Protein	S14
Total lipid (fat)	S14

NDB No. 23570 Beef, ground, 85% lean meat / 15% fat, crumbles, cooked, pan-browned

Iron, Fe	S14
Sodium, Na	S14
Fluoride, F	D5001, D5002, D5007, D5021
Folate, food	S14
Cystine	S14
Water	S14
Magnesium, Mg	S14
Potassium, K	S14
Zinc, Zn	S14
Riboflavin	S14
Vitamin B-6	S14
Isoleucine	S14
Alanine	S14
Aspartic acid	S14
Glutamic acid	S14
Proline	S14
Copper, Cu	S14
Niacin	S14
Histidine	S14
Glycine	S14
Phosphorus, P	S14
Manganese, Mn	S14
Thiamin	S14
Vitamin B-12	S14
Phenylalanine	S14
Tyrosine	S14
Serine	S14

NDB No. 23571 Beef, ground, 85% lean meat / 15% fat, loaf, cooked, baked

Total lipid (fat)	S14
Iron, Fe	S14
Magnesium, Mg	S14
Manganese, Mn	S14
Thiamin	S14
Threonine	S14
Arginine	S14

NDB No. 23571 Beef, ground, 85% lean meat / 15% fat, loaf, cooked, baked

Fluoride, F	D5001, D5002, D5007, D5021
Selenium, Se	S14
Leucine	S14
Lysine	S14
Cystine	S14
Phenylalanine	S14
Tyrosine	S14
Serine	S14
Cholesterol	S14
Retinol	S14
Vitamin B-12	S14
Valine	S14
Aspartic acid	S14
Potassium, K	S14
Zinc, Zn	S14
Tryptophan	S14
Isoleucine	S14
Histidine	S14
Glycine	S14
Proline	S14
Niacin	S14
Glutamic acid	S14
Ash	S14
Water	S14
Sodium, Na	S14
Copper, Cu	S14
Riboflavin	S14
Pantothenic acid	S14
Methionine	S14
Calcium, Ca	S14
Vitamin B-6	S14
Folate, total	S14
Folate, food	S14
Alanine	S14
Protein	S14
Phosphorus, P	S14

NDB No. 23572 Beef, ground, 80% lean meat / 20% fat, raw

Total lipid (fat)	S14
Pantothenic acid	S14
Threonine	S14
Alanine	S14
Fatty acids, total trans	S14
18:2 undifferentiated	S14
Ash	S14
Iron, Fe	S14
Sodium, Na	S14
Copper, Cu	S14
Riboflavin	S14
Vitamin B-6	S14
Phenylalanine	S14
Proline	S14
12:0	S14
18:1 undifferentiated	S14
20:2 n-6 c,c	S14
Water	S14
Phosphorus, P	S14
Isoleucine	S14
Leucine	S14
Methionine	S14
Arginine	S14
Fatty acids, total saturated	S14
18:3 n-3 c,c,c (ALA)	S14
Manganese, Mn	S14
Valine	S14
Glutamic acid	S14
22:6 n-3 (DHA)	S14
14:1	S14
Fatty acids, total polyunsaturated	S14
20:3 undifferentiated	S14
Zinc, Zn	S14
Fluoride, F	D5001, D5002, D5007, D5021
Retinol	S14
Folate, total	S14
Choline, total	S14

NDB No. 23572 Beef, ground, 80% lean meat / 20% fat, raw

Cystine	S14
Histidine	S14
Glycine	S14
Cholesterol	S14
14:0	S14
20:1	S14
17:0	S14
15:1	S14
Potassium, K	S14
Selenium, Se	S14
Niacin	S14
Folate, food	S14
10:0	S14
18:0	S14
Calcium, Ca	S14
Dihydrophylloquinone	S14
Betaine	S14
Tryptophan	S14
16:0	S14
18:3 undifferentiated	S14
16:1 undifferentiated	S14
Protein	S14
Magnesium, Mg	S14
Thiamin	S14
Vitamin B-12	S14
Vitamin K (phylloquinone)	S14
Lysine	S14
Tyrosine	S14
Aspartic acid	S14
Serine	S14
20:0	S14
20:4 undifferentiated	S14
22:0	S14
18:4	S14
20:5 n-3 (EPA)	S14
22:5 n-3 (DPA)	S14
Fatty acids, total monounsaturated	S14

NDB No. 23572 Beef, ground, 80% lean meat / 20% fat, raw

15:0	S14
18:3 n-6 c,c,c	S14
17:1	S14

NDB No. 23573 Beef, ground, 80% lean meat / 20% fat, patty, cooked, broiled

Phosphorus, P	S14
Threonine	S14
Lysine	S14
Cholesterol	S14
Fatty acids, total trans	S14
8:0	S14
14:0	S14
14:1	S14
16:1 undifferentiated	S14
Iron, Fe	S14
Folate, total	S14
Vitamin K (phylloquinone)	S14
Betaine	S14
Histidine	S14
12:0	S14
18:2 undifferentiated	S14
18:3 undifferentiated	S14
18:3 n-6 c,c,c	S14
15:1	S14
Protein	S14
Zinc, Zn	S14
Retinol	S14
Riboflavin	S14
Niacin	S14
Leucine	S14
Phenylalanine	S14
Glutamic acid	S14
Serine	S14
16:0	S14
18:4	S14
20:3 undifferentiated	S14

NDB No. 23573 Beef, ground, 80% lean meat / 20% fat, patty, cooked, broiled

18:3 n-3 c,c,c (ALA)	S14
Calcium, Ca	S14
Sodium, Na	S14
Dihydrophylloquinone	S14
Valine	S14
Proline	S14
Fatty acids, total saturated	S14
18:1 undifferentiated	S14
22:0	S14
22:1 undifferentiated	S14
20:2 n-6 c,c	S14
17:1	S14
Water	S14
Magnesium, Mg	S14
Copper, Cu	S14
Vitamin B-12	S14
Methionine	S14
Aspartic acid	S14
10:0	S14
18:0	S14
20:1	S14
20:5 n-3 (EPA)	S14
15:0	S14
Tryptophan	S14
Isoleucine	S14
Arginine	S14
Alanine	S14
Glycine	S14
Fatty acids, total monounsaturated	S14
Fatty acids, total trans-monoenoic	S14
Total lipid (fat)	S14
Potassium, K	S14
Fluoride, F	D5001, D5002, D5007, D5021
Manganese, Mn	S14
Tyrosine	S14
20:4 undifferentiated	S14

NDB No. 23573 Beef, ground, 80% lean meat / 20% fat, patty, cooked, broiled

22:6 n-3 (DHA)	S14
22:5 n-3 (DPA)	S14
Ash	S14
Selenium, Se	S14
Thiamin	S14
Pantothenic acid	S14
Vitamin B-6	S14
Choline, total	S14
Folate, food	S14
Cystine	S14
20:0	S14
Fatty acids, total polyunsaturated	S14
17:0	S14

NDB No. 23574 Beef, ground, 80% lean meat / 20% fat, patty, cooked, pan-broiled

Proline	S14
Ash	S14
Sodium, Na	S14
Thiamin	S14
Vitamin B-6	S14
Alanine	S14
Total lipid (fat)	S14
Riboflavin	S14
Phenylalanine	S14
Arginine	S14
Histidine	S14
Serine	S14
Iron, Fe	S14
Magnesium, Mg	S14
Lysine	S14
Tyrosine	S14
Calcium, Ca	S14
Niacin	S14
Cholesterol	S14
Potassium, K	S14
Zinc, Zn	S14

NDB No. 23574 Beef, ground, 80% lean meat / 20% fat, patty, cooked, pan-broiled

Fluoride, F	D5001, D5002, D5007, D5021
Water	S14
Phosphorus, P	S14
Manganese, Mn	S14
Isoleucine	S14
Leucine	S14
Methionine	S14
Aspartic acid	S14
Glutamic acid	S14
Glycine	S14
Protein	S14
Copper, Cu	S14
Selenium, Se	S14
Vitamin B-12	S14
Tryptophan	S14
Threonine	S14
Cystine	S14
Valine	S14

NDB No. 23575 Beef, ground, 80% lean meat / 20% fat, crumbles, cooked, pan-browned

Potassium, K	S14
Isoleucine	S14
Arginine	S14
Alanine	S14
Zinc, Zn	S14
Thiamin	S14
Valine	S14
Proline	S14
Cholesterol	S14
Iron, Fe	S14
Folate, food	S14
Histidine	S14
Glutamic acid	S14
Ash	S14
Fluoride, F	D5001, D5002, D5007, D5021
Retinol	S14

NDB No. 23575 Beef, ground, 80% lean meat / 20% fat, crumbles, cooked, pan-browned

Vitamin B-6	S14
Folate, total	S14
Lysine	S14
Phenylalanine	S14
Aspartic acid	S14
Serine	S14
Protein	S14
Total lipid (fat)	S14
Water	S14
Phosphorus, P	S14
Tryptophan	S14
Leucine	S14
Tyrosine	S14
Manganese, Mn	S14
Niacin	S14
Pantothenic acid	S14
Vitamin B-12	S14
Threonine	S14
Cystine	S14
Calcium, Ca	S14
Sodium, Na	S14
Copper, Cu	S14
Selenium, Se	S14
Magnesium, Mg	S14
Riboflavin	S14
Methionine	S14
Glycine	S14

NDB No. 23576 Beef, ground, 80% lean meat / 20% fat, loaf, cooked, baked

Phosphorus, P	S14
Selenium, Se	S14
Pantothenic acid	S14
Vitamin B-6	S14
Leucine	S14
Methionine	S14
Phenylalanine	S14

NDB No. 23576 Beef, ground, 80% lean meat / 20% fat, loaf, cooked, baked

Zinc, Zn	S14
Copper, Cu	S14
Folate, total	S14
Vitamin B-12	S14
Cystine	S14
Arginine	S14
Protein	S14
Total lipid (fat)	S14
Water	S14
Threonine	S14
Aspartic acid	S14
Calcium, Ca	S14
Magnesium, Mg	S14
Fluoride, F	D5001, D5002, D5007, D5021
Folate, food	S14
Lysine	S14
Tyrosine	S14
Histidine	S14
Glycine	S14
Ash	S14
Sodium, Na	S14
Manganese, Mn	S14
Serine	S14
Cholesterol	S14
Riboflavin	S14
Proline	S14
Retinol	S14
Niacin	S14
Iron, Fe	S14
Potassium, K	S14
Thiamin	S14
Tryptophan	S14
Isoleucine	S14
Valine	S14
Alanine	S14
Glutamic acid	S14

NDB No. 23577 Beef, ground, 75% lean meat / 25% fat, raw

Water	S14
Potassium, K	S14
Sodium, Na	S14
Fluoride, F	D5001, D5002, D5007, D5021
Threonine	S14
Phenylalanine	S14
Valine	S14
Cholesterol	S14
20:3 undifferentiated	S14
Calcium, Ca	S14
Iron, Fe	S14
Isoleucine	S14
Arginine	S14
22:6 n-3 (DHA)	S14
14:1	S14
Fatty acids, total monounsaturated	S14
Pantothenic acid	S14
Tryptophan	S14
Leucine	S14
Histidine	S14
Serine	S14
16:0	S14
20:0	S14
18:4	S14
Total lipid (fat)	S14
Ash	S14
Phosphorus, P	S14
Copper, Cu	S14
Retinol	S14
Betaine	S14
Glycine	S14
20:4 undifferentiated	S14
18:3 n-6 c,c,c	S14
17:1	S14
Zinc, Zn	S14
Manganese, Mn	S14
Thiamin	S14

NDB No. 23577 Beef, ground, 75% lean meat / 25% fat, raw

Riboflavin	S14
Niacin	S14
Folate, total	S14
Dihydrophylloquinone	S14
Lysine	S14
Cystine	S14
Tyrosine	S14
Aspartic acid	S14
Glutamic acid	S14
Proline	S14
Fatty acids, total trans	S14
10:0	S14
14:0	S14
18:0	S14
18:1 undifferentiated	S14
18:2 undifferentiated	S14
15:0	S14
17:0	S14
20:2 n-6 c,c	S14
Protein	S14
Selenium, Se	S14
Vitamin B-12	S14
Choline, total	S14
Vitamin K (phylloquinone)	S14
Methionine	S14
Alanine	S14
Fatty acids, total saturated	S14
18:3 undifferentiated	S14
22:1 undifferentiated	S14
20:1	S14
22:5 n-3 (DPA)	S14
Magnesium, Mg	S14
Vitamin B-6	S14
Folate, food	S14
12:0	S14
22:0	S14
16:1 undifferentiated	S14

NDB No. 23577 Beef, ground, 75% lean meat / 25% fat, raw

20:5 n-3 (EPA)	S14
Fatty acids, total polyunsaturated	S14
18:3 n-3 c,c,c (ALA)	S14

NDB No. 23578 Beef, ground, 75% lean meat / 25% fat, patty, cooked, broiled

Total lipid (fat)	S14
Ash	S14
Calcium, Ca	S14
Pantothenic acid	S14
Vitamin B-6	S14
Vitamin B-12	S14
Tryptophan	S14
Leucine	S14
Lysine	S14
Arginine	S14
Histidine	S14
Glycine	S14
16:0	S14
18:0	S14
18:3 undifferentiated	S14
22:6 n-3 (DHA)	S14
15:1	S14
Phosphorus, P	S14
Folate, food	S14
Methionine	S14
22:0	S14
16:1 undifferentiated	S14
Fatty acids, total monounsaturated	S14
17:0	S14
18:3 n-6 c,c,c	S14
Iron, Fe	S14
Potassium, K	S14
Zinc, Zn	S14
Fluoride, F	D5001, D5002, D5007, D5021
Manganese, Mn	S14
Riboflavin	S14

NDB No. 23578 Beef, ground, 75% lean meat / 25% fat, patty, cooked, broiled

Isoleucine	S14
Alanine	S14
Proline	S14
Serine	S14
Fatty acids, total trans	S14
14:0	S14
20:0	S14
22:5 n-3 (DPA)	S14
15:0	S14
20:3 undifferentiated	S14
Protein	S14
Folate, total	S14
Choline, total	S14
Aspartic acid	S14
6:0	S14
18:2 undifferentiated	S14
20:4 undifferentiated	S14
14:1	S14
20:5 n-3 (EPA)	S14
20:2 n-6 c,c	S14
Magnesium, Mg	S14
Copper, Cu	S14
Retinol	S14
Thiamin	S14
Betaine	S14
Threonine	S14
Valine	S14
Cholesterol	S14
20:1	S14
22:1 undifferentiated	S14
18:3 n-3 c,c,c (ALA)	S14
Water	S14
Niacin	S14
Vitamin K (phylloquinone)	S14
Tyrosine	S14
4:0	S14
10:0	S14

NDB No. 23578 Beef, ground, 75% lean meat / 25% fat, patty, cooked, broiled

12:0	S14
18:4	S14
Fatty acids, total polyunsaturated	S14
17:1	S14
Fatty acids, total trans-monoenoic	S14
Cystine	S14
Glutamic acid	S14
8:0	S14
Sodium, Na	S14
Selenium, Se	S14
Dihydrophylloquinone	S14
Phenylalanine	S14
Fatty acids, total saturated	S14
18:1 undifferentiated	S14

NDB No. 23579 Beef, ground, 75% lean meat / 25% fat, patty, cooked, pan-broiled

Leucine	S14
Sodium, Na	S14
Copper, Cu	S14
Lysine	S14
Histidine	S14
Glutamic acid	S14
Total lipid (fat)	S14
Zinc, Zn	S14
Selenium, Se	S14
Niacin	S14
Tryptophan	S14
Threonine	S14
Alanine	S14
Protein	S14
Iron, Fe	S14
Riboflavin	S14
Vitamin B-12	S14
Tyrosine	S14
Valine	S14
Proline	S14

NDB No. 23579 Beef, ground, 75% lean meat / 25% fat, patty, cooked, pan-broiled

Cholesterol	S14
Ash	S14
Magnesium, Mg	S14
Isoleucine	S14
Aspartic acid	S14
Manganese, Mn	S14
Thiamin	S14
Vitamin B-6	S14
Arginine	S14
Serine	S14
Phosphorus, P	S14
Cystine	S14
Phenylalanine	S14
Glycine	S14
Water	S14
Calcium, Ca	S14
Potassium, K	S14
Fluoride, F	D5001, D5002, D5007, D5021
Methionine	S14

NDB No. 23580 Beef, ground, 75% lean meat / 25% fat, crumbles, cooked, pan-browned

Potassium, K	S14
Retinol	S14
Tryptophan	S14
Isoleucine	S14
Glycine	S14
Phosphorus, P	S14
Fluoride, F	D5001, D5002, D5007, D5021
Selenium, Se	S14
Folate, total	S14
Folate, food	S14
Lysine	S14
Methionine	S14
Alanine	S14
Aspartic acid	S14
Serine	S14

NDB No. 23580 Beef, ground, 75% lean meat / 25% fat, crumbles, cooked, pan-browned

Zinc, Zn	S14
Cystine	S14
Arginine	S14
Ash	S14
Riboflavin	S14
Niacin	S14
Threonine	S14
Leucine	S14
Proline	S14
Protein	S14
Iron, Fe	S14
Thiamin	S14
Phenylalanine	S14
Calcium, Ca	S14
Sodium, Na	S14
Copper, Cu	S14
Valine	S14
Histidine	S14
Glutamic acid	S14
Magnesium, Mg	S14
Vitamin B-12	S14
Tyrosine	S14
Cholesterol	S14
Total lipid (fat)	S14
Water	S14
Manganese, Mn	S14
Pantothenic acid	S14
Vitamin B-6	S14

NDB No. 23581 Beef, ground, 75% lean meat / 25% fat, loaf, cooked, baked

Vitamin B-12	S14
Folate, food	S14
Water	S14
Fluoride, F	D5001, D5002, D5007, D5021
Manganese, Mn	S14
Tryptophan	S14

NDB No. 23581 Beef, ground, 75% lean meat / 25% fat, loaf, cooked, baked

Glycine	S14
Proline	S14
Serine	S14
Leucine	S14
Methionine	S14
Valine	S14
Arginine	S14
Thiamin	S14
Alanine	S14
Total lipid (fat)	S14
Phosphorus, P	S14
Selenium, Se	S14
Riboflavin	S14
Threonine	S14
Histidine	S14
Protein	S14
Ash	S14
Magnesium, Mg	S14
Copper, Cu	S14
Retinol	S14
Pantothenic acid	S14
Folate, total	S14
Lysine	S14
Phenylalanine	S14
Tyrosine	S14
Calcium, Ca	S14
Iron, Fe	S14
Cholesterol	S14
Potassium, K	S14
Sodium, Na	S14
Zinc, Zn	S14
Niacin	S14
Vitamin B-6	S14
Isoleucine	S14
Cystine	S14
Aspartic acid	S14
Glutamic acid	S14

NDB No. 23582 Beef, rib, small end (ribs 10-12), separable lean only, trimmed to 1/8" fat, select, raw

Ash	S2
Water	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, beta	S2
Thiamin	S2
16:0	S2
18:0	S2
20:4 undifferentiated	S2
22:1 undifferentiated	S2
Calcium, Ca	S2
Tocopherol, gamma	S2
Tocopherol, delta	S2
Niacin	S2
Vitamin B-12	S2
Tyrosine	S14, S2
Alanine	S14, S2
10:0	S2
Fiber, total dietary	S2
Iron, Fe	S2
Phosphorus, P	S2
Copper, Cu	S2
Carotene, alpha	S2
Cryptoxanthin, beta	S2
Valine	S14, S2
Arginine	S14, S2
Glycine	S14, S2
12:0	S2
22:6 n-3 (DHA)	S2
18:4	S2
22:5 n-3 (DPA)	S2
Protein	S2
Theobromine	S2
Carotene, beta	S2
Lycopene	S2
Vitamin C, total ascorbic acid	S2
Vitamin B-6	S2
Folate, total	S2

NDB No. 23582 Beef, rib, small end (ribs 10-12), separable lean only, trimmed to 1/8" fat, select, raw

Tryptophan	S14, S2
Threonine	S14, S2
Leucine	S14, S2
Phenylalanine	S14, S2
Glutamic acid	S14, S2
Serine	S14, S2
14:0	S2
16:1 undifferentiated	S2
Caffeine	S2
Manganese, Mn	S2
Proline	S14, S2
18:1 undifferentiated	S2
18:2 undifferentiated	S2
20:1	S2
Sugars, total	S2
Magnesium, Mg	S2
Zinc, Zn	S2
Selenium, Se	S2
Retinol	S2
Lutein + zeaxanthin	S2
Pantothenic acid	S2
Vitamin K (phylloquinone)	S2
6:0	S2
8:0	S2
Potassium, K	S2
Methionine	S14, S2
Cystine	S14, S2
Histidine	S14, S2
Aspartic acid	S14, S2
Total lipid (fat)	S2
Sodium, Na	S2
Riboflavin	S2
Isoleucine	S14, S2
Lysine	S14, S2
18:3 undifferentiated	S2
20:5 n-3 (EPA)	S2

NDB No. 23583 Beef, tenderloin, steak, separable lean only, trimmed to 1/8" fat, select, raw

Sodium, Na	S2
Carotene, alpha	S2
Lutein + zeaxanthin	S2
Tocopherol, gamma	S2
Vitamin C, total ascorbic acid	S2
Riboflavin	S2
Vitamin K (phylloquinone)	S2
Methionine	S14, S2
Phenylalanine	S14, S2
Proline	S14, S2
22:5 n-3 (DPA)	S2
Water	S2
Carotene, beta	S2
Cryptoxanthin, beta	S2
Lycopene	S2
Tocopherol, delta	S2
Vitamin B-6	S2
Leucine	S14, S2
8:0	S2
20:4 undifferentiated	S2
20:1	S2
Caffeine	S2
Iron, Fe	S2
Phosphorus, P	S2
Zinc, Zn	S2
Selenium, Se	S2
Tocopherol, beta	S2
Valine	S14, S2
22:1 undifferentiated	S2
Sugars, total	S2
Fiber, total dietary	S2
Cystine	S14, S2
4:0	S2
6:0	S2
14:0	S2
18:2 undifferentiated	S2
16:1 undifferentiated	S2

NDB No. 23583 Beef, tenderloin, steak, separable lean only, trimmed to 1/8" fat, select, raw

Theobromine	S2
Manganese, Mn	S2
Thiamin	S2
Pantothenic acid	S2
Lysine	S14, S2
Tyrosine	S14, S2
Potassium, K	S2
Retinol	S2
Vitamin E (alpha-tocopherol)	S2
Folate, total	S2
Threonine	S14, S2
10:0	S2
18:1 undifferentiated	S2
Protein	S2
Calcium, Ca	S2
Copper, Cu	S2
Tryptophan	S14, S2
Histidine	S14, S2
Alanine	S14, S2
Aspartic acid	S14, S2
Glutamic acid	S14, S2
Serine	S14, S2
16:0	S2
18:3 undifferentiated	S2
22:6 n-3 (DHA)	S2
Total lipid (fat)	S2
Ash	S2
Magnesium, Mg	S2
Niacin	S2
Vitamin B-12	S2
Isoleucine	S14, S2
Arginine	S14, S2
Glycine	S14, S2
12:0	S2
18:0	S2
18:4	S2
20:5 n-3 (EPA)	S2

NDB No. 23584 Beef, top sirloin, steak, separable lean only, trimmed to 1/8" fat, select, raw

Ash	S2
Zinc, Zn	S2
Lutein + zeaxanthin	S2
Tryptophan	S14, S2
Glycine	S14, S2
18:4	S2
Fiber, total dietary	S2
Iron, Fe	S2
Riboflavin	S2
Pantothenic acid	S2
Vitamin K (phylloquinone)	S2
Leucine	S14, S2
8:0	S2
18:3 undifferentiated	S2
20:4 undifferentiated	S2
Protein	S2
Phosphorus, P	S2
Manganese, Mn	S2
Vitamin E (alpha-tocopherol)	S2
Cryptoxanthin, beta	S2
Vitamin B-12	S2
Isoleucine	S14, S2
Phenylalanine	S14, S2
Arginine	S14, S2
Aspartic acid	S14, S2
Glutamic acid	S14, S2
Proline	S14, S2
Serine	S14, S2
6:0	S2
16:0	S2
18:1 undifferentiated	S2
Sugars, total	S2
Threonine	S14, S2
Cystine	S14, S2
12:0	S2
18:2 undifferentiated	S2
Water	S2

NDB No. 23584 Beef, top sirloin, steak, separable lean only, trimmed to 1/8" fat, select, raw

Calcium, Ca	S2
Tocopherol, gamma	S2
Niacin	S2
Methionine	S14, S2
22:1 undifferentiated	S2
22:5 n-3 (DPA)	S2
Potassium, K	S2
Carotene, beta	S2
Carotene, alpha	S2
Vitamin C, total ascorbic acid	S2
Thiamin	S2
Vitamin B-6	S2
Histidine	S14, S2
Alanine	S14, S2
18:0	S2
Magnesium, Mg	S2
Sodium, Na	S2
Selenium, Se	S2
Lycopene	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Folate, total	S2
Tyrosine	S14, S2
Valine	S14, S2
10:0	S2
16:1 undifferentiated	S2
20:5 n-3 (EPA)	S2
Total lipid (fat)	S2
Copper, Cu	S2
Retinol	S2
Lysine	S14, S2
4:0	S2
14:0	S2
22:6 n-3 (DHA)	S2
20:1	S2

NDB No. 23585 Beef, short loin, top loin, steak, separable lean only, trimmed to 1/8" fat, select, raw

Protein	S2
Calcium, Ca	S2
Lutein + zeaxanthin	S2
Vitamin C, total ascorbic acid	S2
Riboflavin	S2
Glycine	S14, S2
8:0	S2
12:0	S2
18:0	S2
20:1	S2
22:5 n-3 (DPA)	S2
Total lipid (fat)	S2
Zinc, Zn	S2
Retinol	S2
Vitamin K (phylloquinone)	S2
Leucine	S14, S2
16:1 undifferentiated	S2
20:5 n-3 (EPA)	S2
Water	S2
Phosphorus, P	S2
Carotene, alpha	S2
Cryptoxanthin, beta	S2
18:2 undifferentiated	S2
Magnesium, Mg	S2
Sodium, Na	S2
Selenium, Se	S2
Thiamin	S2
Niacin	S2
Folate, total	S2
Lysine	S14, S2
Phenylalanine	S14, S2
18:1 undifferentiated	S2
Caffeine	S2
Theobromine	S2
Fiber, total dietary	S2
Vitamin B-12	S2
Tryptophan	S14, S2

NDB No. 23585 Beef, short loin, top loin, steak, separable lean only, trimmed to 1/8" fat, select, raw

Isoleucine	S14, S2
Cystine	S14, S2
Proline	S14, S2
Serine	S14, S2
10:0	S2
22:6 n-3 (DHA)	S2
Tocopherol, delta	S2
Pantothenic acid	S2
Vitamin B-6	S2
Methionine	S14, S2
Glutamic acid	S14, S2
4:0	S2
6:0	S2
14:0	S2
16:0	S2
18:3 undifferentiated	S2
18:4	S2
Ash	S2
Iron, Fe	S2
Potassium, K	S2
Copper, Cu	S2
Manganese, Mn	S2
Tocopherol, beta	S2
Tocopherol, gamma	S2
Threonine	S14, S2
Arginine	S14, S2
Histidine	S14, S2
22:1 undifferentiated	S2
Sugars, total	S2
Carotene, beta	S2
Vitamin E (alpha-tocopherol)	S2
Lycopene	S2
Tyrosine	S14, S2
Valine	S14, S2
Alanine	S14, S2
Aspartic acid	S14, S2
20:4 undifferentiated	S2

NDB No. 23586 Beef, rib, small end (ribs 10-12), separable lean only, trimmed to 1/8" fat, select, cooked, broiled

Total lipid (fat)	S2
Water	S2
Iron, Fe	S2
Carotene, beta	S2
Tocopherol, beta	S2
Vitamin C, total ascorbic acid	S2
Riboflavin	S2
Histidine	S14, S2
4:0	S2
20:4 undifferentiated	S2
22:5 n-3 (DPA)	S2
Theobromine	S2
Phosphorus, P	S2
Sodium, Na	S2
Lycopene	S2
Lutein + zeaxanthin	S2
Tryptophan	S14, S2
Leucine	S14, S2
Tyrosine	S14, S2
Alanine	S14, S2
20:5 n-3 (EPA)	S2
Caffeine	S2
Calcium, Ca	S2
Carotene, alpha	S2
Cryptoxanthin, beta	S2
Vitamin K (phylloquinone)	S2
Phenylalanine	S14, S2
8:0	S2
12:0	S2
18:4	S2
22:1 undifferentiated	S2
Protein	S2
Sugars, total	S2
Fiber, total dietary	S2
Vitamin E (alpha-tocopherol)	S2
Threonine	S14, S2
Proline	S14, S2

NDB No. 23586 Beef, rib, small end (ribs 10-12), separable lean only, trimmed to 1/8" fat, select, cooked, broiled

Serine	S14, S2
20:1	S2
Ash	S2
Potassium, K	S2
Manganese, Mn	S2
Retinol	S2
Thiamin	S2
Folate, total	S2
Lysine	S14, S2
Methionine	S14, S2
Cystine	S14, S2
Copper, Cu	S2
Niacin	S2
Pantothenic acid	S2
Vitamin B-6	S2
Vitamin B-12	S2
Valine	S14, S2
Aspartic acid	S14, S2
6:0	S2
18:2 undifferentiated	S2
18:3 undifferentiated	S2
Magnesium, Mg	S2
Zinc, Zn	S2
Isoleucine	S14, S2
Arginine	S14, S2
Glutamic acid	S14, S2
Glycine	S14, S2
10:0	S2
16:0	S2
18:0	S2
16:1 undifferentiated	S2
Selenium, Se	S2
Tocopherol, gamma	S2
Tocopherol, delta	S2
14:0	S2
18:1 undifferentiated	S2
22:6 n-3 (DHA)	S2

NDB No. 23587 Beef, tenderloin, steak, separable lean only, trimmed to 1/8" fat, select, cooked, broiled

Theobromine	S2
Magnesium, Mg	S2
Vitamin E (alpha-tocopherol)	S2
Cryptoxanthin, beta	S2
Vitamin C, total ascorbic acid	S2
Thiamin	S2
Pantothenic acid	S2
22:6 n-3 (DHA)	S2
22:5 n-3 (DPA)	S2
Calcium, Ca	S2
Phosphorus, P	S2
Sodium, Na	S2
Lycopene	S2
Lutein + zeaxanthin	S2
Riboflavin	S2
Threonine	S14, S2
12:0	S2
Protein	S2
Ash	S2
Vitamin B-6	S2
Methionine	S14, S2
Cystine	S14, S2
Phenylalanine	S14, S2
8:0	S2
14:0	S2
18:2 undifferentiated	S2
Total lipid (fat)	S2
Fiber, total dietary	S2
Iron, Fe	S2
Copper, Cu	S2
Retinol	S2
Tocopherol, beta	S2
Tryptophan	S14, S2
Leucine	S14, S2
Glycine	S14, S2
Serine	S14, S2
16:0	S2

NDB No. 23587 Beef, tenderloin, steak, separable lean only, trimmed to 1/8" fat, select, cooked, broiled

18:0	S2
16:1 undifferentiated	S2
20:1	S2
20:5 n-3 (EPA)	S2
Caffeine	S2
Selenium, Se	S2
Carotene, alpha	S2
Isoleucine	S14, S2
Lysine	S14, S2
Valine	S14, S2
Potassium, K	S2
Zinc, Zn	S2
Carotene, beta	S2
Tocopherol, gamma	S2
Vitamin B-12	S2
Vitamin K (phylloquinone)	S2
Tyrosine	S14, S2
4:0	S2
18:3 undifferentiated	S2
20:4 undifferentiated	S2
18:4	S2
22:1 undifferentiated	S2
Water	S2
Tocopherol, delta	S2
Folate, total	S2
Arginine	S14, S2
Alanine	S14, S2
6:0	S2
10:0	S2
18:1 undifferentiated	S2
Sugars, total	S2
Manganese, Mn	S2
Niacin	S2
Histidine	S14, S2
Aspartic acid	S14, S2
Glutamic acid	S14, S2
Proline	S14, S2

NDB No. 23588 Beef, top sirloin, steak, separable lean only, trimmed to 1/8" fat, select, cooked, broiled

Protein	S2
Total lipid (fat)	S2
Phosphorus, P	S2
Potassium, K	S2
Copper, Cu	S2
Folate, total	S2
Arginine	S14, S2
Glycine	S14, S2
12:0	S2
20:1	S2
Fiber, total dietary	S2
Retinol	S2
Vitamin C, total ascorbic acid	S2
18:3 undifferentiated	S2
Sugars, total	S2
Manganese, Mn	S2
Isoleucine	S14, S2
8:0	S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2
Sodium, Na	S2
Carotene, beta	S2
Carotene, alpha	S2
Cryptoxanthin, beta	S2
Lycopene	S2
Pantothenic acid	S2
Leucine	S14, S2
Histidine	S14, S2
18:1 undifferentiated	S2
18:2 undifferentiated	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2
22:5 n-3 (DPA)	S2
Iron, Fe	S2
Vitamin E (alpha-tocopherol)	S2
Vitamin B-12	S2
Vitamin K (phylloquinone)	S2

NDB No. 23588 Beef, top sirloin, steak, separable lean only, trimmed to 1/8" fat, select, cooked, broiled

4:0	S2
6:0	S2
Ash	S2
Water	S2
Selenium, Se	S2
Lutein + zeaxanthin	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Niacin	S2
Tryptophan	S14, S2
Lysine	S14, S2
Methionine	S14, S2
Glutamic acid	S14, S2
10:0	S2
14:0	S2
18:0	S2
18:4	S2
Calcium, Ca	S2
Thiamin	S2
Riboflavin	S2
Threonine	S14, S2
Alanine	S14, S2
Serine	S14, S2
Magnesium, Mg	S2
Zinc, Zn	S2
Tocopherol, gamma	S2
Vitamin B-6	S2
Cystine	S14, S2
Phenylalanine	S14, S2
Tyrosine	S14, S2
Valine	S14, S2
Aspartic acid	S14, S2
Proline	S14, S2
16:0	S2
22:6 n-3 (DHA)	S2

NDB No. 23589 Beef, short loin, top loin, steak, separable lean only, trimmed to 1/8" fat, select, cooked, broiled

Iron, Fe	S2
Sodium, Na	S2
Lutein + zeaxanthin	S2
Tocopherol, gamma	S2
Cystine	S14, S2
Phenylalanine	S14, S2
12:0	S2
22:1 undifferentiated	S2
Sugars, total	S2
Potassium, K	S2
Tryptophan	S14, S2
Histidine	S14, S2
Aspartic acid	S14, S2
Glutamic acid	S14, S2
16:1 undifferentiated	S2
20:1	S2
Protein	S2
Water	S2
Caffeine	S2
Phosphorus, P	S2
Manganese, Mn	S2
Carotene, beta	S2
Thiamin	S2
Tyrosine	S14, S2
Alanine	S14, S2
Proline	S14, S2
20:5 n-3 (EPA)	S2
Total lipid (fat)	S2
Ash	S2
Zinc, Zn	S2
Tocopherol, beta	S2
Folate, total	S2
Vitamin K (phylloquinone)	S2
Leucine	S14, S2
Fiber, total dietary	S2
Magnesium, Mg	S2
Copper, Cu	S2

NDB No. 23589 Beef, short loin, top loin, steak, separable lean only, trimmed to 1/8" fat, select, cooked, broiled

Retinol	S2
Cryptoxanthin, beta	S2
Vitamin B-6	S2
6:0	S2
14:0	S2
18:3 undifferentiated	S2
22:5 n-3 (DPA)	S2
Selenium, Se	S2
Carotene, alpha	S2
Tocopherol, delta	S2
Vitamin C, total ascorbic acid	S2
Riboflavin	S2
Isoleucine	S14, S2
Methionine	S14, S2
Arginine	S14, S2
Serine	S14, S2
8:0	S2
10:0	S2
18:1 undifferentiated	S2
22:6 n-3 (DHA)	S2
Theobromine	S2
Lycopene	S2
Niacin	S2
Pantothenic acid	S2
Vitamin B-12	S2
Valine	S14, S2
4:0	S2
18:4	S2
Calcium, Ca	S2
Vitamin E (alpha-tocopherol)	S2
Threonine	S14, S2
Lysine	S14, S2
Glycine	S14, S2
16:0	S2
18:0	S2
18:2 undifferentiated	S2
20:4 undifferentiated	S2

NDB No. 23590 Beef, round, bottom round , roast, separable lean only, trimmed to 1/8" fat, select, cooked, roasted

Protein	S2
Sodium, Na	S2
Threonine	S14, S2
Phenylalanine	S14, S2
Ash	S2
Phosphorus, P	S2
Potassium, K	S2
Carotene, beta	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, beta	S2
Tocopherol, gamma	S2
Vitamin C, total ascorbic acid	S2
Folate, total	S2
Vitamin K (phylloquinone)	S2
Methionine	S14, S2
Histidine	S14, S2
8:0	S2
18:3 undifferentiated	S2
20:4 undifferentiated	S2
22:5 n-3 (DPA)	S2
Selenium, Se	S2
Retinol	S2
Lutein + zeaxanthin	S2
Riboflavin	S2
Lysine	S14, S2
Glutamic acid	S14, S2
Proline	S14, S2
18:2 undifferentiated	S2
Sugars, total	S2
Magnesium, Mg	S2
Manganese, Mn	S2
Tocopherol, delta	S2
Tryptophan	S14, S2
14:0	S2
Fiber, total dietary	S2
Calcium, Ca	S2
Iron, Fe	S2

NDB No. 23590 Beef, round, bottom round , roast, separable lean only, trimmed to 1/8" fat, select, cooked, roasted

Cryptoxanthin, beta	S2
Thiamin	S2
Vitamin B-12	S2
Cystine	S14, S2
Aspartic acid	S14, S2
4:0	S2
10:0	S2
16:1 undifferentiated	S2
Water	S2
Theobromine	S2
Lycopene	S2
Niacin	S2
Vitamin B-6	S2
Valine	S14, S2
Glycine	S14, S2
6:0	S2
20:5 n-3 (EPA)	S2
Caffeine	S2
Zinc, Zn	S2
Copper, Cu	S2
Leucine	S14, S2
Serine	S14, S2
16:0	S2
18:0	S2
22:6 n-3 (DHA)	S2
18:4	S2
20:1	S2
22:1 undifferentiated	S2
Total lipid (fat)	S2
Carotene, alpha	S2
Pantothenic acid	S2
Isoleucine	S14, S2
Tyrosine	S14, S2
Arginine	S14, S2
Alanine	S14, S2
12:0	S2
18:1 undifferentiated	S2

NDB No. 23591 Beef, round, eye of round, roast, separable lean only, trimmed to 1/8" fat, select, cooked, roasted

Protein	S2
Magnesium, Mg	S2
Vitamin B-12	S2
Leucine	S14, S2
8:0	S2
18:0	S2
22:1 undifferentiated	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Riboflavin	S2
Vitamin K (phylloquinone)	S2
Phenylalanine	S14, S2
6:0	S2
20:4 undifferentiated	S2
20:1	S2
Theobromine	S2
Sugars, total	S2
Fiber, total dietary	S2
Carotene, beta	S2
Carotene, alpha	S2
Cryptoxanthin, beta	S2
Lycopene	S2
Lutein + zeaxanthin	S2
Threonine	S14, S2
Lysine	S14, S2
10:0	S2
22:5 n-3 (DPA)	S2
Total lipid (fat)	S2
Copper, Cu	S2
Tocopherol, gamma	S2
16:0	S2
18:1 undifferentiated	S2
18:3 undifferentiated	S2
Selenium, Se	S2
Niacin	S2
Folate, total	S2
Isoleucine	S14, S2

NDB No. 23591 Beef, round, eye of round, roast, separable lean only, trimmed to 1/8" fat, select, cooked, roasted

Methionine	S14, S2
Histidine	S14, S2
Alanine	S14, S2
12:0	S2
18:4	S2
20:5 n-3 (EPA)	S2
Water	S2
Caffeine	S2
Sodium, Na	S2
Manganese, Mn	S2
Vitamin E (alpha-tocopherol)	S2
Aspartic acid	S14, S2
Serine	S14, S2
14:0	S2
Phosphorus, P	S2
Potassium, K	S2
Zinc, Zn	S2
Pantothenic acid	S2
4:0	S2
18:2 undifferentiated	S2
22:6 n-3 (DHA)	S2
16:1 undifferentiated	S2
Ash	S2
Calcium, Ca	S2
Iron, Fe	S2
Retinol	S2
Vitamin C, total ascorbic acid	S2
Thiamin	S2
Vitamin B-6	S2
Tryptophan	S14, S2
Cystine	S14, S2
Tyrosine	S14, S2
Valine	S14, S2
Arginine	S14, S2
Glutamic acid	S14, S2
Glycine	S14, S2
Proline	S14, S2

NDB No. 23592 Beef, round, top round, steak, separable lean only, trimmed to 1/8" fat, select, cooked, broiled

Water	S2
Sugars, total	S2
Potassium, K	S2
Copper, Cu	S2
Riboflavin	S2
Vitamin B-12	S2
Isoleucine	S14, S2
Lysine	S14, S2
Glutamic acid	S14, S2
Glycine	S14, S2
4:0	S2
14:0	S2
22:6 n-3 (DHA)	S2
Zinc, Zn	S2
Manganese, Mn	S2
Retinol	S2
Carotene, alpha	S2
Lutein + zeaxanthin	S2
Vitamin C, total ascorbic acid	S2
Vitamin B-6	S2
Folate, total	S2
Vitamin K (phylloquinone)	S2
Alanine	S14, S2
Serine	S14, S2
18:1 undifferentiated	S2
Fiber, total dietary	S2
Iron, Fe	S2
Threonine	S14, S2
Caffeine	S2
Vitamin E (alpha-tocopherol)	S2
Lycopene	S2
Pantothenic acid	S2
Cystine	S14, S2
Histidine	S14, S2
12:0	S2
18:3 undifferentiated	S2
20:1	S2

NDB No. 23592 Beef, round, top round, steak, separable lean only, trimmed to 1/8" fat, select, cooked, broiled

Magnesium, Mg	S2
Phosphorus, P	S2
Sodium, Na	S2
Selenium, Se	S2
Tocopherol, delta	S2
Thiamin	S2
Niacin	S2
Tryptophan	S14, S2
Methionine	S14, S2
18:0	S2
20:4 undifferentiated	S2
Total lipid (fat)	S2
Ash	S2
Carotene, beta	S2
Tocopherol, beta	S2
Tocopherol, gamma	S2
Leucine	S14, S2
Tyrosine	S14, S2
6:0	S2
8:0	S2
10:0	S2
18:4	S2
22:1 undifferentiated	S2
Valine	S14, S2
Aspartic acid	S14, S2
18:2 undifferentiated	S2
Protein	S2
Theobromine	S2
Calcium, Ca	S2
Cryptoxanthin, beta	S2
Phenylalanine	S14, S2
Arginine	S14, S2
Proline	S14, S2
16:0	S2
16:1 undifferentiated	S2
20:5 n-3 (EPA)	S2
22:5 n-3 (DPA)	S2

NDB No. 23593 Beef, round, bottom round, steak, separable lean only, trimmed to 1/8" fat, select, cooked, braised

Vitamin E (alpha-tocopherol)	S2
Pantothenic acid	S2
Threonine	S14, S2
Lysine	S14, S2
Serine	S14, S2
8:0	S2
18:2 undifferentiated	S2
18:3 undifferentiated	S2
Water	S2
Fiber, total dietary	S2
Sodium, Na	S2
Zinc, Zn	S2
Selenium, Se	S2
Riboflavin	S2
Vitamin B-6	S2
Vitamin B-12	S2
Phenylalanine	S14, S2
Valine	S14, S2
4:0	S2
18:1 undifferentiated	S2
Sugars, total	S2
Potassium, K	S2
Manganese, Mn	S2
Cryptoxanthin, beta	S2
Vitamin C, total ascorbic acid	S2
Isoleucine	S14, S2
Arginine	S14, S2
Aspartic acid	S14, S2
16:0	S2
22:6 n-3 (DHA)	S2
Total lipid (fat)	S2
Magnesium, Mg	S2
Lycopene	S2
Lutein + zeaxanthin	S2
Vitamin K (phylloquinone)	S2
Cystine	S14, S2
Histidine	S14, S2

NDB No. 23593 Beef, round, bottom round, steak, separable lean only, trimmed to 1/8" fat, select, cooked, braised

Glutamic acid	S14, S2
Glycine	S14, S2
20:1	S2
20:5 n-3 (EPA)	S2
22:5 n-3 (DPA)	S2
Ash	S2
Phosphorus, P	S2
Leucine	S14, S2
Methionine	S14, S2
14:0	S2
Calcium, Ca	S2
Iron, Fe	S2
Retinol	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Thiamin	S2
Folate, total	S2
Tryptophan	S14, S2
12:0	S2
18:4	S2
Caffeine	S2
Copper, Cu	S2
Carotene, beta	S2
Niacin	S2
Tyrosine	S14, S2
Alanine	S14, S2
18:0	S2
22:1 undifferentiated	S2
Protein	S2
Theobromine	S2
Carotene, alpha	S2
Tocopherol, gamma	S2
Proline	S14, S2
6:0	S2
10:0	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2

NDB No. 23594 Beef, round, bottom round, roast, separable lean only, trimmed to 1/8" fat, all grades, raw

Sodium, Na	S2
Selenium, Se	S2
Lycopene	S2
Lutein + zeaxanthin	S2
Tocopherol, beta	S2
Phenylalanine	S14, S2
Cryptoxanthin, beta	S2
Thiamin	S2
Vitamin B-12	S2
Arginine	S14, S2
8:0	S2
22:1 undifferentiated	S2
Manganese, Mn	S2
Niacin	S2
Alanine	S14, S2
Glycine	S14, S2
14:0	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2
22:5 n-3 (DPA)	S2
Theobromine	S2
Iron, Fe	S2
Zinc, Zn	S2
Copper, Cu	S2
Retinol	S2
Tocopherol, delta	S2
Lysine	S14, S2
Methionine	S14, S2
Cystine	S14, S2
Tyrosine	S14, S2
18:1 undifferentiated	S2
18:2 undifferentiated	S2
18:3 undifferentiated	S2
Protein	S2
Caffeine	S2
Sugars, total	S2
Magnesium, Mg	S2

NDB No. 23594 Beef, round, bottom round, roast, separable lean only, trimmed to 1/8" fat, all grades, raw

Vitamin K (phylloquinone)	S2
Valine	S14, S2
Aspartic acid	S14, S2
6:0	S2
10:0	S2
18:0	S2
20:1	S2
Fiber, total dietary	S2
Phosphorus, P	S2
Vitamin E (alpha-tocopherol)	S2
Vitamin C, total ascorbic acid	S2
Riboflavin	S2
Threonine	S14, S2
Histidine	S14, S2
Proline	S14, S2
Serine	S14, S2
12:0	S2
22:6 n-3 (DHA)	S2
18:4	S2
20:5 n-3 (EPA)	S2
Total lipid (fat)	S2
Water	S2
Calcium, Ca	S2
Carotene, alpha	S2
Vitamin B-6	S2
Folate, total	S2
Tryptophan	S14, S2
Glutamic acid	S14, S2
16:0	S2
Ash	S2
Potassium, K	S2
Carotene, beta	S2
Tocopherol, gamma	S2
Pantothenic acid	S2
Isoleucine	S14, S2
Leucine	S14, S2
4:0	S2

NDB No. 23595 Beef, brisket, flat half, separable lean only, trimmed to 1/8" fat, all grades, cooked, braised

Sodium, Na	S2
Retinol	S2
Tocopherol, delta	S2
Riboflavin	S2
Vitamin K (phylloquinone)	S2
Thiamin	S2
Methionine	S14, S2
Arginine	S14, S2
4:0	S2
Water	S2
Fiber, total dietary	S2
Cryptoxanthin, beta	S2
Tryptophan	S14, S2
Lysine	S14, S2
Proline	S14, S2
Serine	S14, S2
18:0	S2
18:1 undifferentiated	S2
16:1 undifferentiated	S2
20:5 n-3 (EPA)	S2
Total lipid (fat)	S2
Theobromine	S2
Calcium, Ca	S2
Carotene, beta	S2
Carotene, alpha	S2
Lycopene	S2
Aspartic acid	S14, S2
6:0	S2
12:0	S2
20:4 undifferentiated	S2
18:4	S2
Protein	S2
Phosphorus, P	S2
Potassium, K	S2
Vitamin C, total ascorbic acid	S2
Leucine	S14, S2
Cystine	S14, S2

NDB No. 23595 Beef, brisket, flat half, separable lean only, trimmed to 1/8" fat, all grades, cooked, braised

Valine	S14, S2
8:0	S2
Magnesium, Mg	S2
Zinc, Zn	S2
Copper, Cu	S2
Tocopherol, gamma	S2
Niacin	S2
Pantothenic acid	S2
Vitamin B-6	S2
Folate, total	S2
Vitamin B-12	S2
Histidine	S14, S2
10:0	S2
16:0	S2
18:3 undifferentiated	S2
20:1	S2
22:5 n-3 (DPA)	S2
Ash	S2
Caffeine	S2
Vitamin E (alpha-tocopherol)	S2
Phenylalanine	S14, S2
Tyrosine	S14, S2
Alanine	S14, S2
Glutamic acid	S14, S2
Glycine	S14, S2
14:0	S2
22:1 undifferentiated	S2
Sugars, total	S2
Iron, Fe	S2
Manganese, Mn	S2
Selenium, Se	S2
Lutein + zeaxanthin	S2
Tocopherol, beta	S2
Threonine	S14, S2
Isoleucine	S14, S2
18:2 undifferentiated	S2
22:6 n-3 (DHA)	S2

NDB No. 23596 Beef, brisket, flat half, separable lean only, trimmed to 1/8" fat, all grades, raw

Protein	S2
Theobromine	S2
Fiber, total dietary	S2
Vitamin B-12	S2
Tryptophan	S14, S2
Total lipid (fat)	S2
Caffeine	S2
Phosphorus, P	S2
Zinc, Zn	S2
Carotene, alpha	S2
Vitamin E (alpha-tocopherol)	S2
Lycopene	S2
Niacin	S2
Lysine	S14, S2
Histidine	S14, S2
Glycine	S14, S2
18:0	S2
20:5 n-3 (EPA)	S2
Vitamin C, total ascorbic acid	S2
Threonine	S14, S2
Leucine	S14, S2
6:0	S2
18:2 undifferentiated	S2
18:3 undifferentiated	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2
Ash	S2
Sugars, total	S2
Calcium, Ca	S2
Iron, Fe	S2
Sodium, Na	S2
Copper, Cu	S2
Carotene, beta	S2
Cryptoxanthin, beta	S2
Riboflavin	S2
Pantothenic acid	S2
Phenylalanine	S14, S2

NDB No. 23596 Beef, brisket, flat half, separable lean only, trimmed to 1/8" fat, all grades, raw

Tyrosine	S14, S2
Alanine	S14, S2
8:0	S2
22:6 n-3 (DHA)	S2
20:1	S2
Selenium, Se	S2
Folate, total	S2
Cystine	S14, S2
Arginine	S14, S2
Aspartic acid	S14, S2
Serine	S14, S2
14:0	S2
16:0	S2
18:1 undifferentiated	S2
22:5 n-3 (DPA)	S2
Water	S2
Manganese, Mn	S2
Retinol	S2
Lutein + zeaxanthin	S2
Tocopherol, beta	S2
Tocopherol, gamma	S2
Tocopherol, delta	S2
Vitamin K (phylloquinone)	S2
Isoleucine	S14, S2
Methionine	S14, S2
Valine	S14, S2
10:0	S2
12:0	S2
18:4	S2
Magnesium, Mg	S2
Vitamin B-6	S2
22:1 undifferentiated	S2
Potassium, K	S2
Thiamin	S2
Glutamic acid	S14, S2
Proline	S14, S2
4:0	S2

NDB No. 23597 Beef, round, eye of round, roast, separable lean only, trimmed to 1/8" fat, all grades, raw

Potassium, K	S2
Sodium, Na	S2
Niacin	S2
Pantothenic acid	S2
Vitamin B-12	S2
Vitamin K (phylloquinone)	S2
Phenylalanine	S14, S2
14:0	S2
18:1 undifferentiated	S2
20:5 n-3 (EPA)	S2
Fiber, total dietary	S2
Zinc, Zn	S2
Tocopherol, beta	S2
Tocopherol, gamma	S2
Tyrosine	S14, S2
Arginine	S14, S2
Alanine	S14, S2
Serine	S14, S2
4:0	S2
16:0	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2
18:4	S2
Calcium, Ca	S2
Retinol	S2
Cryptoxanthin, beta	S2
Lysine	S14, S2
Cystine	S14, S2
Valine	S14, S2
Histidine	S14, S2
Glycine	S14, S2
6:0	S2
8:0	S2
10:0	S2
18:2 undifferentiated	S2
18:3 undifferentiated	S2
22:1 undifferentiated	S2

NDB No. 23597 Beef, round, eye of round, roast, separable lean only, trimmed to 1/8" fat, all grades, raw

Protein	S2
Theobromine	S2
Iron, Fe	S2
Selenium, Se	S2
Vitamin C, total ascorbic acid	S2
Vitamin B-6	S2
Threonine	S14, S2
Glutamic acid	S14, S2
Phosphorus, P	S2
Tryptophan	S14, S2
20:1	S2
Ash	S2
Sugars, total	S2
Magnesium, Mg	S2
Copper, Cu	S2
Carotene, alpha	S2
Lycopene	S2
Lutein + zeaxanthin	S2
Riboflavin	S2
Aspartic acid	S14, S2
12:0	S2
22:5 n-3 (DPA)	S2
Total lipid (fat)	S2
Water	S2
Caffeine	S2
Carotene, beta	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, delta	S2
Folate, total	S2
Isoleucine	S14, S2
Methionine	S14, S2
Proline	S14, S2
22:6 n-3 (DHA)	S2
Manganese, Mn	S2
Thiamin	S2
Leucine	S14, S2
18:0	S2

NDB No. 23598 Beef, round, eye of round, roast, separable lean only, trimmed to 1/8" fat, all grades, cooked, roasted

Ash	S2
Copper, Cu	S2
Tocopherol, gamma	S2
Riboflavin	S2
Alanine	S14, S2
Glutamic acid	S14, S2
12:0	S2
Protein	S2
Iron, Fe	S2
Magnesium, Mg	S2
Vitamin B-6	S2
Vitamin B-12	S2
Aspartic acid	S14, S2
20:1	S2
22:1 undifferentiated	S2
Zinc, Zn	S2
Thiamin	S2
Threonine	S14, S2
Leucine	S14, S2
Methionine	S14, S2
Cystine	S14, S2
Valine	S14, S2
10:0	S2
18:3 undifferentiated	S2
18:4	S2
Retinol	S2
Vitamin K (phylloquinone)	S2
14:0	S2
18:1 undifferentiated	S2
Phosphorus, P	S2
Potassium, K	S2
Tocopherol, beta	S2
Niacin	S2
Folate, total	S2
Tryptophan	S14, S2
Isoleucine	S14, S2
Lysine	S14, S2

NDB No. 23598 Beef, round, eye of round, roast, separable lean only, trimmed to 1/8" fat, all grades, cooked, roasted

Arginine	S14, S2
Histidine	S14, S2
20:4 undifferentiated	S2
Manganese, Mn	S2
Tocopherol, delta	S2
Pantothenic acid	S2
Glycine	S14, S2
Serine	S14, S2
18:0	S2
16:1 undifferentiated	S2
22:5 n-3 (DPA)	S2
Vitamin E (alpha-tocopherol)	S2
Phenylalanine	S14, S2
22:6 n-3 (DHA)	S2
Total lipid (fat)	S2
Water	S2
Calcium, Ca	S2
Sodium, Na	S2
Selenium, Se	S2
Tyrosine	S14, S2
Proline	S14, S2
16:0	S2
18:2 undifferentiated	S2
20:5 n-3 (EPA)	S2

NDB No. 23599 Beef, rib, small end (ribs 10-12), separable lean only, trimmed to 1/8" fat, all grades, raw

Protein	S2
Sugars, total	S2
Cryptoxanthin, beta	S2
Pantothenic acid	S2
Vitamin B-6	S2
Tryptophan	S14, S2
Lysine	S14, S2
Tyrosine	S14, S2
6:0	S2
8:0	S2

NDB No. 23599 Beef, rib, small end (ribs 10-12), separable lean only, trimmed to 1/8" fat, all grades, raw

22:6 n-3 (DHA)	S2
16:1 undifferentiated	S2
Total lipid (fat)	S2
Theobromine	S2
Phosphorus, P	S2
Zinc, Zn	S2
Carotene, beta	S2
Vitamin C, total ascorbic acid	S2
Proline	S14, S2
18:3 undifferentiated	S2
20:4 undifferentiated	S2
22:5 n-3 (DPA)	S2
Magnesium, Mg	S2
Vitamin E (alpha-tocopherol)	S2
Vitamin K (phylloquinone)	S2
Arginine	S14, S2
20:5 n-3 (EPA)	S2
Selenium, Se	S2
Niacin	S2
Isoleucine	S14, S2
Cystine	S14, S2
12:0	S2
18:0	S2
18:1 undifferentiated	S2
20:1	S2
Caffeine	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Leucine	S14, S2
Phenylalanine	S14, S2
Aspartic acid	S14, S2
Glutamic acid	S14, S2
14:0	S2
Water	S2
Manganese, Mn	S2
Lycopene	S2
Tocopherol, gamma	S2

NDB No. 23599 Beef, rib, small end (ribs 10-12), separable lean only, trimmed to 1/8" fat, all grades, raw

Threonine	S14, S2
4:0	S2
16:0	S2
18:4	S2
22:1 undifferentiated	S2
Ash	S2
Fiber, total dietary	S2
Iron, Fe	S2
Potassium, K	S2
Sodium, Na	S2
Retinol	S2
Riboflavin	S2
Folate, total	S2
Vitamin B-12	S2
Alanine	S14, S2
Glycine	S14, S2
10:0	S2
Calcium, Ca	S2
Copper, Cu	S2
Carotene, alpha	S2
Lutein + zeaxanthin	S2
Thiamin	S2
Methionine	S14, S2
Valine	S14, S2
Histidine	S14, S2
Serine	S14, S2
18:2 undifferentiated	S2

NDB No. 23600 Beef, tenderloin, steak, separable lean only, trimmed to 1/8" fat, all grades, cooked, broiled

Ash	S2
Phosphorus, P	S2
Vitamin E (alpha-tocopherol)	S2
Thiamin	S2
20:4 undifferentiated	S2
Zinc, Zn	S2
Carotene, beta	S2

NDB No. 23600 Beef, tenderloin, steak, separable lean only, trimmed to 1/8" fat, all grades, cooked, broiled

Cryptoxanthin, beta	S2
Leucine	S14, S2
Tyrosine	S14, S2
Aspartic acid	S14, S2
Glycine	S14, S2
Serine	S14, S2
8:0	S2
18:3 undifferentiated	S2
Total lipid (fat)	S2
Calcium, Ca	S2
Manganese, Mn	S2
Lutein + zeaxanthin	S2
Pantothenic acid	S2
Threonine	S14, S2
Phenylalanine	S14, S2
Arginine	S14, S2
Histidine	S14, S2
18:1 undifferentiated	S2
20:5 n-3 (EPA)	S2
22:5 n-3 (DPA)	S2
Caffeine	S2
Sugars, total	S2
Fiber, total dietary	S2
Iron, Fe	S2
Sodium, Na	S2
Isoleucine	S14, S2
6:0	S2
18:4	S2
Selenium, Se	S2
Carotene, alpha	S2
Lycopene	S2
Cystine	S14, S2
Valine	S14, S2
4:0	S2
12:0	S2
16:0	S2
18:2 undifferentiated	S2

NDB No. 23600 Beef, tenderloin, steak, separable lean only, trimmed to 1/8" fat, all grades, cooked, broiled

22:1 undifferentiated	S2
Theobromine	S2
Magnesium, Mg	S2
Potassium, K	S2
Tocopherol, gamma	S2
Tocopherol, delta	S2
Vitamin C, total ascorbic acid	S2
Niacin	S2
Tryptophan	S14, S2
14:0	S2
16:1 undifferentiated	S2
Protein	S2
Water	S2
Vitamin B-6	S2
Vitamin B-12	S2
Vitamin K (phylloquinone)	S2
Methionine	S14, S2
Alanine	S14, S2
Glutamic acid	S14, S2
10:0	S2
18:0	S2
Copper, Cu	S2
Retinol	S2
Tocopherol, beta	S2
Riboflavin	S2
Folate, total	S2
Lysine	S14, S2
Proline	S14, S2
22:6 n-3 (DHA)	S2
20:1	S2

NDB No. 23601 Beef, tenderloin, steak, separable lean only, trimmed to 1/8" fat, all grades, raw

Vitamin E (alpha-tocopherol)	S2
Pantothenic acid	S2
Cystine	S14, S2
14:0	S2

NDB No. 23601 Beef, tenderloin, steak, separable lean only, trimmed to 1/8" fat, all grades, raw

16:0	S2
16:1 undifferentiated	S2
Protein	S2
Ash	S2
Water	S2
Zinc, Zn	S2
Cryptoxanthin, beta	S2
Vitamin C, total ascorbic acid	S2
Vitamin B-12	S2
Vitamin K (phylloquinone)	S2
Phenylalanine	S14, S2
Glycine	S14, S2
10:0	S2
18:0	S2
20:4 undifferentiated	S2
22:6 n-3 (DHA)	S2
20:1	S2
20:5 n-3 (EPA)	S2
Sodium, Na	S2
Threonine	S14, S2
Leucine	S14, S2
Lysine	S14, S2
Tyrosine	S14, S2
Proline	S14, S2
12:0	S2
18:1 undifferentiated	S2
Sugars, total	S2
Tocopherol, gamma	S2
Riboflavin	S2
Methionine	S14, S2
Histidine	S14, S2
Aspartic acid	S14, S2
18:3 undifferentiated	S2
18:4	S2
Total lipid (fat)	S2
Calcium, Ca	S2
Magnesium, Mg	S2

NDB No. 23601 Beef, tenderloin, steak, separable lean only, trimmed to 1/8" fat, all grades, raw

Serine	S14, S2
6:0	S2
22:1 undifferentiated	S2
Copper, Cu	S2
Manganese, Mn	S2
Retinol	S2
Carotene, beta	S2
Niacin	S2
Folate, total	S2
Arginine	S14, S2
Caffeine	S2
Theobromine	S2
Fiber, total dietary	S2
Iron, Fe	S2
Potassium, K	S2
Selenium, Se	S2
Lycopene	S2
Thiamin	S2
Isoleucine	S14, S2
Alanine	S14, S2
Glutamic acid	S14, S2
4:0	S2
8:0	S2
Phosphorus, P	S2
Carotene, alpha	S2
Lutein + zeaxanthin	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Vitamin B-6	S2
Tryptophan	S14, S2
Valine	S14, S2
18:2 undifferentiated	S2
22:5 n-3 (DPA)	S2

NDB No. 23602 Beef, chuck, arm pot roast, separable lean only, trimmed to 1/8" fat, all grades, cooked, braised

Total lipid (fat)	S2

NDB No. 23602 Beef, chuck, arm pot roast, separable lean only, trimmed to 1/8" fat, all grades, cooked, braised

Zinc, Zn	S2
Proline	S14, S2
18:3 undifferentiated	S2
20:5 n-3 (EPA)	S2
Protein	S2
Tocopherol, gamma	S2
Folate, total	S2
Threonine	S14, S2
Methionine	S14, S2
16:1 undifferentiated	S2
Calcium, Ca	S2
Tocopherol, beta	S2
Riboflavin	S2
Pantothenic acid	S2
Vitamin B-12	S2
Serine	S14, S2
18:0	S2
Water	S2
Iron, Fe	S2
Magnesium, Mg	S2
Tocopherol, delta	S2
Niacin	S2
18:1 undifferentiated	S2
22:6 n-3 (DHA)	S2
Phosphorus, P	S2
Sodium, Na	S2
Manganese, Mn	S2
Alanine	S14, S2
10:0	S2
16:0	S2
Thiamin	S2
Vitamin B-6	S2
Leucine	S14, S2
Phenylalanine	S14, S2
Tyrosine	S14, S2
Arginine	S14, S2
Aspartic acid	S14, S2

NDB No. 23602 Beef, chuck, arm pot roast, separable lean only, trimmed to 1/8" fat, all grades, cooked, braised

Glycine	S14, S2
12:0	S2
14:0	S2
18:2 undifferentiated	S2
20:4 undifferentiated	S2
20:1	S2
Copper, Cu	S2
Selenium, Se	S2
Retinol	S2
Vitamin E (alpha-tocopherol)	S2
Vitamin K (phylloquinone)	S2
Tryptophan	S14, S2
Histidine	S14, S2
Glutamic acid	S14, S2
22:5 n-3 (DPA)	S2
Ash	S2
Potassium, K	S2
Isoleucine	S14, S2
Lysine	S14, S2
Cystine	S14, S2
Valine	S14, S2
22:1 undifferentiated	S2

NDB No. 23603 Beef, chuck, arm pot roast, separable lean only, trimmed to 1/8" fat, all grades, raw

Magnesium, Mg	S2
Retinol	S2
Carotene, beta	S2
Carotene, alpha	S2
Lutein + zeaxanthin	S2
Vitamin B-6	S2
Folate, total	S2
Isoleucine	S14, S2
Alanine	S14, S2
16:1 undifferentiated	S2
Sugars, total	S2
Riboflavin	S2

NDB No. 23603 Beef, chuck, arm pot roast, separable lean only, trimmed to 1/8" fat, all grades, raw

Niacin	S2
Proline	S14, S2
6:0	S2
16:0	S2
18:2 undifferentiated	S2
Protein	S2
Ash	S2
Water	S2
Iron, Fe	S2
Potassium, K	S2
Thiamin	S2
Pantothenic acid	S2
Threonine	S14, S2
Leucine	S14, S2
Lysine	S14, S2
Methionine	S14, S2
Phenylalanine	S14, S2
Tyrosine	S14, S2
10:0	S2
14:0	S2
Caffeine	S2
Lycopene	S2
Tryptophan	S14, S2
Valine	S14, S2
Glutamic acid	S14, S2
18:0	S2
20:1	S2
22:5 n-3 (DPA)	S2
Theobromine	S2
Copper, Cu	S2
Cryptoxanthin, beta	S2
Tocopherol, beta	S2
Histidine	S14, S2
18:4	S2
Total lipid (fat)	S2
Calcium, Ca	S2
Tocopherol, gamma	S2

NDB No. 23603 Beef, chuck, arm pot roast, separable lean only, trimmed to 1/8" fat, all grades, raw

Tocopherol, delta	S2
Vitamin C, total ascorbic acid	S2
Serine	S14, S2
4:0	S2
20:5 n-3 (EPA)	S2
Manganese, Mn	S2
Selenium, Se	S2
Vitamin K (phylloquinone)	S2
Cystine	S14, S2
Arginine	S14, S2
8:0	S2
12:0	S2
18:1 undifferentiated	S2
22:1 undifferentiated	S2
Fiber, total dietary	S2
Phosphorus, P	S2
Sodium, Na	S2
Zinc, Zn	S2
Vitamin E (alpha-tocopherol)	S2
Vitamin B-12	S2
Aspartic acid	S14, S2
Glycine	S14, S2
18:3 undifferentiated	S2
20:4 undifferentiated	S2
22:6 n-3 (DHA)	S2

NDB No. 23604 Beef, round, bottom round, roast, separable lean only, trimmed to 1/8" fat, all grades, cooked

Water	S2
Carotene, alpha	S2
Tocopherol, gamma	S2
Vitamin C, total ascorbic acid	S2
Riboflavin	S2
Niacin	S2
Folate, total	S2
Phenylalanine	S14, S2
Glycine	S14, S2

NDB No. 23604 Beef, round, bottom round, roast, separable lean only, trimmed to 1/8" fat, all grades, cooked

Proline	S14, S2
10:0	S2
18:2 undifferentiated	S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2
Theobromine	S2
Cryptoxanthin, beta	S2
Histidine	S14, S2
6:0	S2
Sugars, total	S2
Fiber, total dietary	S2
Selenium, Se	S2
Retinol	S2
Lutein + zeaxanthin	S2
Pantothenic acid	S2
Methionine	S14, S2
Glutamic acid	S14, S2
Serine	S14, S2
12:0	S2
18:0	S2
20:4 undifferentiated	S2
18:4	S2
Calcium, Ca	S2
Magnesium, Mg	S2
Thiamin	S2
Tyrosine	S14, S2
4:0	S2
Protein	S2
Phosphorus, P	S2
Sodium, Na	S2
Copper, Cu	S2
Tocopherol, delta	S2
Tryptophan	S14, S2
Isoleucine	S14, S2
Cystine	S14, S2
Aspartic acid	S14, S2
14:0	S2

NDB No. 23604 Beef, round, bottom round, roast, separable lean only, trimmed to 1/8" fat, all grades, cooked

18:1 undifferentiated	S2
Carotene, beta	S2
Vitamin B-12	S2
Vitamin K (phylloquinone)	S2
Valine	S14, S2
Total lipid (fat)	S2
Ash	S2
Iron, Fe	S2
Lycopene	S2
Leucine	S14, S2
Lysine	S14, S2
8:0	S2
22:6 n-3 (DHA)	S2
20:1	S2
22:5 n-3 (DPA)	S2
Caffeine	S2
Potassium, K	S2
Zinc, Zn	S2
Manganese, Mn	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, beta	S2
Vitamin B-6	S2
Threonine	S14, S2
Arginine	S14, S2
Alanine	S14, S2
16:0	S2
18:3 undifferentiated	S2
16:1 undifferentiated	S2

NDB No. 23605 Beef, round, bottom round, steak, separable lean only, trimmed to 1/8" fat, all grades, cooked, braised

Sodium, Na	S2
Pantothenic acid	S2
Vitamin B-6	S2
12:0	S2
22:1 undifferentiated	S2
Copper, Cu	S2

NDB No. 23605 Beef, round, bottom round, steak, separable lean only, trimmed to 1/8" fat, all grades, cooked, braised

Retinol	S2
Riboflavin	S2
Cystine	S14, S2
18:1 undifferentiated	S2
16:1 undifferentiated	S2
Water	S2
Zinc, Zn	S2
Manganese, Mn	S2
Vitamin E (alpha-tocopherol)	S2
Thiamin	S2
Isoleucine	S14, S2
Valine	S14, S2
Arginine	S14, S2
Aspartic acid	S14, S2
Glutamic acid	S14, S2
10:0	S2
18:3 undifferentiated	S2
20:5 n-3 (EPA)	S2
Ash	S2
Phosphorus, P	S2
Tyrosine	S14, S2
18:0	S2
20:1	S2
Calcium, Ca	S2
Niacin	S2
Folate, total	S2
Leucine	S14, S2
Alanine	S14, S2
Glycine	S14, S2
18:4	S2
22:5 n-3 (DPA)	S2
Protein	S2
Iron, Fe	S2
Potassium, K	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Vitamin B-12	S2

NDB No. 23605 Beef, round, bottom round, steak, separable lean only, trimmed to 1/8" fat, all grades, cooked, braised

Threonine	S14, S2
Phenylalanine	S14, S2
Serine	S14, S2
18:2 undifferentiated	S2
Tryptophan	S14, S2
Lysine	S14, S2
Histidine	S14, S2
14:0	S2
20:4 undifferentiated	S2
22:6 n-3 (DHA)	S2
Total lipid (fat)	S2
Magnesium, Mg	S2
Selenium, Se	S2
Tocopherol, gamma	S2
Vitamin K (phylloquinone)	S2
Methionine	S14, S2
Proline	S14, S2
16:0	S2

NDB No. 23606 Beef, short loin, top loin, steak, separable lean only, trimmed to 1/8" fat, all grades, cooked, broiled

Water	S2
Tocopherol, beta	S2
Riboflavin	S2
Threonine	S14, S2
Phenylalanine	S14, S2
Potassium, K	S2
Sodium, Na	S2
Selenium, Se	S2
Carotene, beta	S2
Lycopene	S2
Tocopherol, gamma	S2
Tocopherol, delta	S2
Vitamin C, total ascorbic acid	S2
Vitamin B-6	S2
Tyrosine	S14, S2
6:0	S2

NDB No. 23606 Beef, short loin, top loin, steak, separable lean only, trimmed to 1/8" fat, all grades, cooked, broiled

14:0	S2
18:0	S2
22:1 undifferentiated	S2
Calcium, Ca	S2
Vitamin E (alpha-tocopherol)	S2
Cryptoxanthin, beta	S2
Folate, total	S2
Isoleucine	S14, S2
Arginine	S14, S2
Histidine	S14, S2
Alanine	S14, S2
18:3 undifferentiated	S2
Protein	S2
Ash	S2
Theobromine	S2
Fiber, total dietary	S2
Carotene, alpha	S2
Vitamin K (phylloquinone)	S2
Leucine	S14, S2
Lysine	S14, S2
Methionine	S14, S2
Aspartic acid	S14, S2
20:4 undifferentiated	S2
Total lipid (fat)	S2
Iron, Fe	S2
Magnesium, Mg	S2
Niacin	S2
Pantothenic acid	S2
18:4	S2
20:1	S2
Sugars, total	S2
Retinol	S2
Thiamin	S2
Glutamic acid	S14, S2
Glycine	S14, S2
4:0	S2
8:0	S2

NDB No. 23606 Beef, short loin, top loin, steak, separable lean only, trimmed to 1/8" fat, all grades, cooked, broiled

10:0	S2
18:1 undifferentiated	S2
22:6 n-3 (DHA)	S2
16:1 undifferentiated	S2
Manganese, Mn	S2
Valine	S14, S2
Serine	S14, S2
12:0	S2
22:5 n-3 (DPA)	S2
Caffeine	S2
Phosphorus, P	S2
Zinc, Zn	S2
Copper, Cu	S2
Lutein + zeaxanthin	S2
Vitamin B-12	S2
Tryptophan	S14, S2
Cystine	S14, S2
Proline	S14, S2
16:0	S2
18:2 undifferentiated	S2
20:5 n-3 (EPA)	S2

NDB No. 23607 Beef, short loin, top loin, steak, separable lean only, trimmed to 1/8" fat, all grades, raw

Total lipid (fat)	S2
Theobromine	S2
Cystine	S14, S2
Tyrosine	S14, S2
Serine	S14, S2
6:0	S2
8:0	S2
20:1	S2
Phosphorus, P	S2
Copper, Cu	S2
Tocopherol, gamma	S2
Riboflavin	S2
Pantothenic acid	S2

NDB No. 23607 Beef, short loin, top loin, steak, separable lean only, trimmed to 1/8" fat, all grades, raw

Tryptophan	S14, S2
Proline	S14, S2
14:0	S2
16:1 undifferentiated	S2
22:1 undifferentiated	S2
Ash	S2
Sugars, total	S2
Sodium, Na	S2
Manganese, Mn	S2
Selenium, Se	S2
Cryptoxanthin, beta	S2
Vitamin B-12	S2
Alanine	S14, S2
Magnesium, Mg	S2
Tocopherol, delta	S2
Valine	S14, S2
18:0	S2
Calcium, Ca	S2
Carotene, beta	S2
Vitamin C, total ascorbic acid	S2
Methionine	S14, S2
Arginine	S14, S2
Aspartic acid	S14, S2
Glutamic acid	S14, S2
12:0	S2
16:0	S2
18:1 undifferentiated	S2
22:6 n-3 (DHA)	S2
Water	S2
Caffeine	S2
Vitamin E (alpha-tocopherol)	S2
Thiamin	S2
Folate, total	S2
Threonine	S14, S2
Leucine	S14, S2
Phenylalanine	S14, S2
4:0	S2

NDB No. 23607 Beef, short loin, top loin, steak, separable lean only, trimmed to 1/8" fat, all grades, raw

10:0	S2
18:4	S2
22:5 n-3 (DPA)	S2
Protein	S2
Fiber, total dietary	S2
Carotene, alpha	S2
Lutein + zeaxanthin	S2
Tocopherol, beta	S2
Niacin	S2
Vitamin B-6	S2
Isoleucine	S14, S2
Lysine	S14, S2
Histidine	S14, S2
Glycine	S14, S2
20:4 undifferentiated	S2
20:5 n-3 (EPA)	S2
Iron, Fe	S2
Potassium, K	S2
Zinc, Zn	S2
Retinol	S2
Lycopene	S2
Vitamin K (phylloquinone)	S2
18:2 undifferentiated	S2
18:3 undifferentiated	S2

NDB No. 23608 Beef, round, top round, steak, separable lean only, trimmed to 1/8" fat, all grades, cooked, broiled

Copper, Cu	S2
Thiamin	S2
Vitamin K (phylloquinone)	S2
12:0	S2
18:3 undifferentiated	S2
16:1 undifferentiated	S2
22:1 undifferentiated	S2
Sodium, Na	S2
Zinc, Zn	S2
Folate, total	S2

NDB No. 23608 Beef, round, top round, steak, separable lean only, trimmed to 1/8" fat, all grades, cooked, broiled

Threonine	S14, S2
Tyrosine	S14, S2
Alanine	S14, S2
16:0	S2
Magnesium, Mg	S2
Manganese, Mn	S2
Selenium, Se	S2
Tocopherol, beta	S2
Methionine	S14, S2
Total lipid (fat)	S2
Ash	S2
Pantothenic acid	S2
Vitamin B-6	S2
18:1 undifferentiated	S2
22:6 n-3 (DHA)	S2
22:5 n-3 (DPA)	S2
Iron, Fe	S2
Phosphorus, P	S2
Potassium, K	S2
Niacin	S2
Valine	S14, S2
Glutamic acid	S14, S2
10:0	S2
20:1	S2
Protein	S2
Calcium, Ca	S2
Vitamin E (alpha-tocopherol)	S2
Riboflavin	S2
Arginine	S14, S2
Aspartic acid	S14, S2
20:4 undifferentiated	S2
Retinol	S2
Tocopherol, delta	S2
Leucine	S14, S2
Lysine	S14, S2
Glycine	S14, S2
Proline	S14, S2

NDB No. 23608 Beef, round, top round, steak, separable lean only, trimmed to 1/8" fat, all grades, cooked, broiled

Serine	S14, S2
14:0	S2
18:0	S2
18:2 undifferentiated	S2
20:5 n-3 (EPA)	S2
Water	S2
Tocopherol, gamma	S2
Vitamin B-12	S2
Tryptophan	S14, S2
Isoleucine	S14, S2
Cystine	S14, S2
Phenylalanine	S14, S2
Histidine	S14, S2

NDB No. 23609 Beef, round, top round, steak, separable lean only, trimmed to 1/8" fat, all grades, raw

Ash	S2
Water	S2
Fiber, total dietary	S2
Magnesium, Mg	S2
Vitamin E (alpha-tocopherol)	S2
Vitamin B-6	S2
Cystine	S14, S2
Arginine	S14, S2
8:0	S2
Caffeine	S2
Phosphorus, P	S2
Selenium, Se	S2
Tryptophan	S14, S2
Tyrosine	S14, S2
Glycine	S14, S2
18:0	S2
18:3 undifferentiated	S2
Protein	S2
Calcium, Ca	S2
Potassium, K	S2
Cryptoxanthin, beta	S2

NDB No. 23609 Beef, round, top round, steak, separable lean only, trimmed to 1/8" fat, all grades, raw

Niacin	S2
Histidine	S14, S2
Serine	S14, S2
16:1 undifferentiated	S2
Theobromine	S2
Iron, Fe	S2
Riboflavin	S2
Vitamin B-12	S2
4:0	S2
12:0	S2
Lutein + zeaxanthin	S2
Thiamin	S2
Vitamin K (phylloquinone)	S2
Methionine	S14, S2
Alanine	S14, S2
Aspartic acid	S14, S2
10:0	S2
18:2 undifferentiated	S2
20:4 undifferentiated	S2
22:1 undifferentiated	S2
22:5 n-3 (DPA)	S2
Sugars, total	S2
Zinc, Zn	S2
Manganese, Mn	S2
Retinol	S2
Vitamin C, total ascorbic acid	S2
Folate, total	S2
Isoleucine	S14, S2
Valine	S14, S2
Proline	S14, S2
6:0	S2
16:0	S2
18:1 undifferentiated	S2
Total lipid (fat)	S2
Sodium, Na	S2
Tocopherol, beta	S2
Leucine	S14, S2

NDB No. 23609 Beef, round, top round, steak, separable lean only, trimmed to 1/8" fat, all grades, raw

Phenylalanine	S14, S2
Glutamic acid	S14, S2
14:0	S2
22:6 n-3 (DHA)	S2
20:5 n-3 (EPA)	S2
Copper, Cu	S2
Carotene, beta	S2
Carotene, alpha	S2
Lycopene	S2
Tocopherol, gamma	S2
Tocopherol, delta	S2
Pantothenic acid	S2
Threonine	S14, S2
Lysine	S14, S2
18:4	S2
20:1	S2

NDB No. 23610 Beef, top sirloin, steak, separable lean only, trimmed to 1/8" fat, all grades, cooked, broiled

Iron, Fe	S2
Riboflavin	S2
Leucine	S14, S2
Phenylalanine	S14, S2
Proline	S14, S2
22:6 n-3 (DHA)	S2
Total lipid (fat)	S2
Sodium, Na	S2
Pantothenic acid	S2
Tryptophan	S14, S2
Lysine	S14, S2
Valine	S14, S2
Aspartic acid	S14, S2
18:0	S2
Fiber, total dietary	S2
Copper, Cu	S2
Manganese, Mn	S2
Vitamin E (alpha-tocopherol)	S2

NDB No. 23610 Beef, top sirloin, steak, separable lean only, trimmed to 1/8" fat, all grades, cooked, broiled

Tocopherol, delta	S2
Vitamin C, total ascorbic acid	S2
Thiamin	S2
Methionine	S14, S2
Glutamic acid	S14, S2
18:3 undifferentiated	S2
22:1 undifferentiated	S2
Calcium, Ca	S2
Selenium, Se	S2
Lutein + zeaxanthin	S2
Tyrosine	S14, S2
Histidine	S14, S2
Alanine	S14, S2
Glycine	S14, S2
16:1 undifferentiated	S2
Cryptoxanthin, beta	S2
Vitamin B-6	S2
Threonine	S14, S2
Arginine	S14, S2
16:0	S2
20:4 undifferentiated	S2
20:1	S2
Magnesium, Mg	S2
Potassium, K	S2
Carotene, beta	S2
Lycopene	S2
Niacin	S2
Isoleucine	S14, S2
Cystine	S14, S2
10:0	S2
12:0	S2
14:0	S2
20:5 n-3 (EPA)	S2
Protein	S2
Ash	S2
Phosphorus, P	S2
Zinc, Zn	S2

NDB No. 23610 Beef, top sirloin, steak, separable lean only, trimmed to 1/8" fat, all grades, cooked, broiled

Tocopherol, beta	S2
Folate, total	S2
Vitamin K (phylloquinone)	S2
Serine	S14, S2
Water	S2
Sugars, total	S2
Retinol	S2
Carotene, alpha	S2
Tocopherol, gamma	S2
Vitamin B-12	S2
18:1 undifferentiated	S2
18:2 undifferentiated	S2
18:4	S2
22:5 n-3 (DPA)	S2

NDB No. 23611 Beef, top sirloin, steak, separable lean only, trimmed to 1/8" fat, all grades, raw

Phosphorus, P	S2
Sodium, Na	S2
Tryptophan	S14, S2
Isoleucine	S14, S2
Tyrosine	S14, S2
4:0	S2
8:0	S2
18:1 undifferentiated	S2
Protein	S2
Total lipid (fat)	S2
Calcium, Ca	S2
Iron, Fe	S2
Carotene, alpha	S2
Lutein + zeaxanthin	S2
Tocopherol, gamma	S2
Vitamin K (phylloquinone)	S2
Methionine	S14, S2
Aspartic acid	S14, S2
6:0	S2
18:4	S2

NDB No. 23611 Beef, top sirloin, steak, separable lean only, trimmed to 1/8" fat, all grades, raw

Water	S2
Magnesium, Mg	S2
Carotene, beta	S2
Lycopene	S2
Tocopherol, beta	S2
Vitamin C, total ascorbic acid	S2
Riboflavin	S2
Pantothenic acid	S2
Vitamin B-6	S2
Phenylalanine	S14, S2
Valine	S14, S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2
Fiber, total dietary	S2
Potassium, K	S2
Zinc, Zn	S2
Vitamin E (alpha-tocopherol)	S2
Cryptoxanthin, beta	S2
Tocopherol, delta	S2
Folate, total	S2
Ash	S2
Sugars, total	S2
Niacin	S2
Cystine	S14, S2
Alanine	S14, S2
12:0	S2
14:0	S2
20:4 undifferentiated	S2
22:5 n-3 (DPA)	S2
Copper, Cu	S2
Selenium, Se	S2
Arginine	S14, S2
18:3 undifferentiated	S2
Manganese, Mn	S2
Retinol	S2
Thiamin	S2
Lysine	S14, S2

NDB No. 23611 Beef, top sirloin, steak, separable lean only, trimmed to 1/8" fat, all grades, raw

Histidine	S14, S2
Glycine	S14, S2
Proline	S14, S2
16:0	S2
18:2 undifferentiated	S2
20:1	S2
Vitamin B-12	S2
Threonine	S14, S2
Leucine	S14, S2
Glutamic acid	S14, S2
Serine	S14, S2
10:0	S2
18:0	S2
22:6 n-3 (DHA)	S2
16:1 undifferentiated	S2

NDB No. 23612 Beef, chuck, arm pot roast, separable lean only, trimmed to 1/8" fat, choice, raw

Total lipid (fat)	S2
Iron, Fe	S2
Potassium, K	S2
Pantothenic acid	S2
Arginine	S14, S2
Proline	S14, S2
Serine	S14, S2
10:0	S2
Copper, Cu	S2
Selenium, Se	S2
Tocopherol, delta	S2
Niacin	S2
Leucine	S14, S2
14:0	S2
18:0	S2
18:4	S2
Water	S2
Lysine	S14, S2
Tyrosine	S14, S2

NDB No. 23612 Beef, chuck, arm pot roast, separable lean only, trimmed to 1/8" fat, choice, raw

Aspartic acid	S14, S2
18:1 undifferentiated	S2
Retinol	S2
Vitamin E (alpha-tocopherol)	S2
Vitamin B-6	S2
Tryptophan	S14, S2
22:1 undifferentiated	S2
Magnesium, Mg	S2
Sodium, Na	S2
Manganese, Mn	S2
Histidine	S14, S2
Ash	S2
Tocopherol, gamma	S2
Thiamin	S2
Riboflavin	S2
18:3 undifferentiated	S2
22:5 n-3 (DPA)	S2
Protein	S2
Vitamin B-12	S2
Threonine	S14, S2
Methionine	S14, S2
Cystine	S14, S2
Phenylalanine	S14, S2
Valine	S14, S2
Glycine	S14, S2
16:0	S2
16:1 undifferentiated	S2
20:5 n-3 (EPA)	S2
Calcium, Ca	S2
Phosphorus, P	S2
Zinc, Zn	S2
Tocopherol, beta	S2
Folate, total	S2
Vitamin K (phylloquinone)	S2
Isoleucine	S14, S2
Alanine	S14, S2
Glutamic acid	S14, S2

NDB No. 23612 Beef, chuck, arm pot roast, separable lean only, trimmed to 1/8" fat, choice, raw

12:0	S2
18:2 undifferentiated	S2
20:4 undifferentiated	S2
22:6 n-3 (DHA)	S2
20:1	S2

NDB No. 23613 Beef, brisket, flat half, separable lean only, trimmed to 1/8" fat, choice, raw

Ash	S2
Water	S2
Selenium, Se	S2
Tocopherol, gamma	S2
Riboflavin	S2
Lysine	S14, S2
Phenylalanine	S14, S2
8:0	S2
22:6 n-3 (DHA)	S2
22:5 n-3 (DPA)	S2
Magnesium, Mg	S2
Phosphorus, P	S2
Tocopherol, delta	S2
Pantothenic acid	S2
Folate, total	S2
18:4	S2
Zinc, Zn	S2
Manganese, Mn	S2
Thiamin	S2
Vitamin B-6	S2
Valine	S14, S2
Glutamic acid	S14, S2
20:5 n-3 (EPA)	S2
Calcium, Ca	S2
Potassium, K	S2
Copper, Cu	S2
Carotene, alpha	S2
Vitamin E (alpha-tocopherol)	S2
Niacin	S2

NDB No. 23613 Beef, brisket, flat half, separable lean only, trimmed to 1/8" fat, choice, raw

Isoleucine	S14, S2
Leucine	S14, S2
Cystine	S14, S2
Glycine	S14, S2
6:0	S2
22:1 undifferentiated	S2
Protein	S2
Caffeine	S2
Theobromine	S2
Cryptoxanthin, beta	S2
Threonine	S14, S2
Arginine	S14, S2
4:0	S2
10:0	S2
12:0	S2
14:0	S2
18:1 undifferentiated	S2
16:1 undifferentiated	S2
20:1	S2
Total lipid (fat)	S2
Iron, Fe	S2
Sodium, Na	S2
Vitamin B-12	S2
Tyrosine	S14, S2
Histidine	S14, S2
Aspartic acid	S14, S2
18:0	S2
18:2 undifferentiated	S2
Sugars, total	S2
Carotene, beta	S2
Methionine	S14, S2
Serine	S14, S2
Fiber, total dietary	S2
Retinol	S2
Lycopene	S2
Lutein + zeaxanthin	S2
Tocopherol, beta	S2

NDB No. 23613 Beef, brisket, flat half, separable lean only, trimmed to 1/8" fat, choice, raw

Vitamin C, total ascorbic acid	S2
Vitamin K (phylloquinone)	S2
Tryptophan	S14, S2
Alanine	S14, S2
Proline	S14, S2
16:0	S2
18:3 undifferentiated	S2
20:4 undifferentiated	S2

NDB No. 23614 Beef, chuck, arm pot roast, separable lean only, trimmed to 1/8" fat, choice, cooked, braised

Protein	S2
Zinc, Zn	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Niacin	S2
Folate, total	S2
Leucine	S14, S2
Cystine	S14, S2
18:3 undifferentiated	S2
20:1	S2
22:5 n-3 (DPA)	S2
Total lipid (fat)	S2
Water	S2
Potassium, K	S2
Thiamin	S2
Vitamin K (phylloquinone)	S2
Serine	S14, S2
14:0	S2
16:0	S2
Manganese, Mn	S2
Selenium, Se	S2
Riboflavin	S2
Vitamin B-6	S2
Arginine	S14, S2
Alanine	S14, S2

NDB No. 23614 Beef, chuck, arm pot roast, separable lean only, trimmed to 1/8" fat, choice, cooked, braised

10:0	S2
18:4	S2
22:1 undifferentiated	S2
Iron, Fe	S2
Copper, Cu	S2
Tryptophan	S14, S2
Lysine	S14, S2
Valine	S14, S2
Glycine	S14, S2
12:0	S2
18:1 undifferentiated	S2
20:4 undifferentiated	S2
Calcium, Ca	S2
Sodium, Na	S2
Tocopherol, gamma	S2
Isoleucine	S14, S2
Histidine	S14, S2
22:6 n-3 (DHA)	S2
20:5 n-3 (EPA)	S2
Magnesium, Mg	S2
18:0	S2
Retinol	S2
Pantothenic acid	S2
Vitamin B-12	S2
Threonine	S14, S2
Methionine	S14, S2
Phenylalanine	S14, S2
Glutamic acid	S14, S2
Proline	S14, S2
Ash	S2
Phosphorus, P	S2
Tyrosine	S14, S2
Aspartic acid	S14, S2
18:2 undifferentiated	S2
16:1 undifferentiated	S2

NDB No. 23615 Beef, brisket, flat half, separable lean only, trimmed to 1/8" fat, choice, cooked, braised

Water	S2
Zinc, Zn	S2
Lutein + zeaxanthin	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Isoleucine	S14, S2
Lysine	S14, S2
Cystine	S14, S2
Histidine	S14, S2
Alanine	S14, S2
18:1 undifferentiated	S2
18:2 undifferentiated	S2
22:6 n-3 (DHA)	S2
Theobromine	S2
Magnesium, Mg	S2
Selenium, Se	S2
Cryptoxanthin, beta	S2
Tocopherol, gamma	S2
Vitamin B-6	S2
Folate, total	S2
Methionine	S14, S2
Arginine	S14, S2
4:0	S2
18:0	S2
18:3 undifferentiated	S2
22:1 undifferentiated	S2
Iron, Fe	S2
Copper, Cu	S2
Vitamin C, total ascorbic acid	S2
Vitamin K (phylloquinone)	S2
Tyrosine	S14, S2
Serine	S14, S2
6:0	S2
Retinol	S2
Tryptophan	S14, S2
20:4 undifferentiated	S2
20:5 n-3 (EPA)	S2

NDB No. 23615 Beef, brisket, flat half, separable lean only, trimmed to 1/8" fat, choice, cooked, braised

22:5 n-3 (DPA)	S2
Caffeine	S2
Potassium, K	S2
Carotene, beta	S2
Lycopene	S2
Threonine	S14, S2
Phenylalanine	S14, S2
Proline	S14, S2
16:1 undifferentiated	S2
Total lipid (fat)	S2
Sugars, total	S2
Carotene, alpha	S2
Riboflavin	S2
Leucine	S14, S2
Valine	S14, S2
Glycine	S14, S2
14:0	S2
18:4	S2
Protein	S2
Fiber, total dietary	S2
Sodium, Na	S2
Vitamin E (alpha-tocopherol)	S2
Aspartic acid	S14, S2
Glutamic acid	S14, S2
8:0	S2
10:0	S2
12:0	S2
16:0	S2
Ash	S2
Calcium, Ca	S2
Phosphorus, P	S2
Manganese, Mn	S2
Thiamin	S2
Niacin	S2
Pantothenic acid	S2
Vitamin B-12	S2
20:1	S2

NDB No. 23616 Beef, round, eye of round, roast, separable lean only, trimmed to 1/8" fat, choice, raw

Sugars, total	S2
Magnesium, Mg	S2
16:0	S2
Total lipid (fat)	S2
Caffeine	S2
Sodium, Na	S2
Tocopherol, delta	S2
Folate, total	S2
Isoleucine	S14, S2
Tyrosine	S14, S2
Valine	S14, S2
Proline	S14, S2
18:2 undifferentiated	S2
22:6 n-3 (DHA)	S2
18:4	S2
Protein	S2
Carotene, beta	S2
Lycopene	S2
Tryptophan	S14, S2
Lysine	S14, S2
Cystine	S14, S2
Histidine	S14, S2
Glycine	S14, S2
4:0	S2
14:0	S2
18:3 undifferentiated	S2
Water	S2
Zinc, Zn	S2
Carotene, alpha	S2
Thiamin	S2
Riboflavin	S2
Niacin	S2
Alanine	S14, S2
Aspartic acid	S14, S2
12:0	S2
Copper, Cu	S2
Manganese, Mn	S2

NDB No. 23616 Beef, round, eye of round, roast, separable lean only, trimmed to 1/8" fat, choice, raw

Selenium, Se	S2
Threonine	S14, S2
Methionine	S14, S2
8:0	S2
18:1 undifferentiated	S2
20:4 undifferentiated	S2
20:1	S2
22:5 n-3 (DPA)	S2
Fiber, total dietary	S2
Calcium, Ca	S2
Vitamin E (alpha-tocopherol)	S2
Lutein + zeaxanthin	S2
Vitamin C, total ascorbic acid	S2
Vitamin B-6	S2
Phenylalanine	S14, S2
16:1 undifferentiated	S2
22:1 undifferentiated	S2
Theobromine	S2
Potassium, K	S2
Retinol	S2
Vitamin K (phylloquinone)	S2
Arginine	S14, S2
Glutamic acid	S14, S2
18:0	S2
Ash	S2
Iron, Fe	S2
Phosphorus, P	S2
Cryptoxanthin, beta	S2
Tocopherol, beta	S2
Tocopherol, gamma	S2
Pantothenic acid	S2
Vitamin B-12	S2
Leucine	S14, S2
Serine	S14, S2
6:0	S2
10:0	S2
20:5 n-3 (EPA)	S2

NDB No. 23617 Beef, round, top round, steak, separable lean only, trimmed to 1/8" fat, choice, raw

Water	S2
Niacin	S2
Glutamic acid	S14, S2
Serine	S14, S2
8:0	S2
12:0	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2
20:1	S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2
Potassium, K	S2
Copper, Cu	S2
Vitamin B-6	S2
Vitamin K (phylloquinone)	S2
Isoleucine	S14, S2
Phenylalanine	S14, S2
Valine	S14, S2
Arginine	S14, S2
4:0	S2
18:4	S2
Manganese, Mn	S2
Pantothenic acid	S2
Folate, total	S2
Leucine	S14, S2
10:0	S2
14:0	S2
16:0	S2
18:1 undifferentiated	S2
Zinc, Zn	S2
Thiamin	S2
Threonine	S14, S2
Methionine	S14, S2
Histidine	S14, S2
18:0	S2
18:2 undifferentiated	S2
22:5 n-3 (DPA)	S2

NDB No. 23617 Beef, round, top round, steak, separable lean only, trimmed to 1/8" fat, choice, raw

Ash	S2
Calcium, Ca	S2
Iron, Fe	S2
Selenium, Se	S2
Tyrosine	S14, S2
18:3 undifferentiated	S2
Sodium, Na	S2
Vitamin E (alpha-tocopherol)	S2
Riboflavin	S2
Vitamin B-12	S2
Lysine	S14, S2
Alanine	S14, S2
Aspartic acid	S14, S2
Glycine	S14, S2
6:0	S2
Protein	S2
Phosphorus, P	S2
Tryptophan	S14, S2
Proline	S14, S2
22:6 n-3 (DHA)	S2
Total lipid (fat)	S2
Magnesium, Mg	S2
Retinol	S2
Cystine	S14, S2

NDB No. 23618 Beef, round, bottom round, roast, separable lean only, trimmed to 1/8" fat, choice, raw

Retinol	S2
Vitamin B-12	S2
Tyrosine	S14, S2
Valine	S14, S2
Alanine	S14, S2
Glycine	S14, S2
6:0	S2
22:6 n-3 (DHA)	S2
Calcium, Ca	S2
Lutein + zeaxanthin	S2

NDB No. 23618 Beef, round, bottom round, roast, separable lean only, trimmed to 1/8" fat, choice, raw

Tocopherol, beta	S2
Tocopherol, gamma	S2
Vitamin C, total ascorbic acid	S2
Vitamin K (phylloquinone)	S2
Aspartic acid	S14, S2
Protein	S2
Magnesium, Mg	S2
Zinc, Zn	S2
Tocopherol, delta	S2
Riboflavin	S2
Threonine	S14, S2
16:1 undifferentiated	S2
Phosphorus, P	S2
Sodium, Na	S2
Carotene, beta	S2
Thiamin	S2
Vitamin B-6	S2
Folate, total	S2
Leucine	S14, S2
Cystine	S14, S2
14:0	S2
18:3 undifferentiated	S2
20:4 undifferentiated	S2
22:5 n-3 (DPA)	S2
Caffeine	S2
Copper, Cu	S2
Manganese, Mn	S2
Lycopene	S2
16:0	S2
18:4	S2
20:1	S2
Water	S2
Potassium, K	S2
Cryptoxanthin, beta	S2
Methionine	S14, S2
Arginine	S14, S2
Histidine	S14, S2

NDB No. 23618 Beef, round, bottom round, roast, separable lean only, trimmed to 1/8" fat, choice, raw

Proline	S14, S2
4:0	S2
18:2 undifferentiated	S2
22:1 undifferentiated	S2
Ash	S2
Fiber, total dietary	S2
Iron, Fe	S2
Selenium, Se	S2
Carotene, alpha	S2
Vitamin E (alpha-tocopherol)	S2
Niacin	S2
Pantothenic acid	S2
Tryptophan	S14, S2
Isoleucine	S14, S2
Lysine	S14, S2
Phenylalanine	S14, S2
10:0	S2
12:0	S2
18:1 undifferentiated	S2
Total lipid (fat)	S2
Theobromine	S2
Sugars, total	S2
Glutamic acid	S14, S2
Serine	S14, S2
8:0	S2
18:0	S2
20:5 n-3 (EPA)	S2

NDB No. 23619 Beef, round, bottom round, roast, separable lean only, trimmed to 1/8" fat, choice, cooked, roasted

Vitamin E (alpha-tocopherol)	S2
Methionine	S14, S2
Glutamic acid	S14, S2
8:0	S2
14:0	S2
18:2 undifferentiated	S2
Total lipid (fat)	S2

NDB No. 23619 Beef, round, bottom round, roast, separable lean only, trimmed to 1/8" fat, choice, cooked, roasted

Theobromine	S2
Manganese, Mn	S2
Carotene, beta	S2
Tocopherol, delta	S2
Riboflavin	S2
Pantothenic acid	S2
Arginine	S14, S2
Proline	S14, S2
18:3 undifferentiated	S2
22:6 n-3 (DHA)	S2
18:4	S2
20:5 n-3 (EPA)	S2
Sugars, total	S2
Fiber, total dietary	S2
Iron, Fe	S2
Lutein + zeaxanthin	S2
Tocopherol, beta	S2
Niacin	S2
Vitamin B-6	S2
Folate, total	S2
Aspartic acid	S14, S2
6:0	S2
16:0	S2
18:0	S2
16:1 undifferentiated	S2
20:1	S2
Ash	S2
Water	S2
Phosphorus, P	S2
Selenium, Se	S2
Lycopene	S2
Vitamin C, total ascorbic acid	S2
Vitamin B-12	S2
Cystine	S14, S2
Alanine	S14, S2
Sodium, Na	S2
Zinc, Zn	S2

NDB No. 23619 Beef, round, bottom round, roast, separable lean only, trimmed to 1/8" fat, choice, cooked, roasted

Retinol	S2
Phenylalanine	S14, S2
Glycine	S14, S2
Serine	S14, S2
4:0	S2
20:4 undifferentiated	S2
Magnesium, Mg	S2
Potassium, K	S2
Cryptoxanthin, beta	S2
Tocopherol, gamma	S2
Tryptophan	S14, S2
Isoleucine	S14, S2
Valine	S14, S2
Histidine	S14, S2
18:1 undifferentiated	S2
Calcium, Ca	S2
Copper, Cu	S2
Thiamin	S2
Threonine	S14, S2
Lysine	S14, S2
Tyrosine	S14, S2
10:0	S2
12:0	S2
Protein	S2
Caffeine	S2
Carotene, alpha	S2
Vitamin K (phylloquinone)	S2
Leucine	S14, S2
22:1 undifferentiated	S2
22:5 n-3 (DPA)	S2

NDB No. 23620 Beef, round, eye of round, roast, separable lean only, trimmed to 1/8" fat, choice, cooked, roasted

Water	S2
Copper, Cu	S2
Selenium, Se	S2
Vitamin B-12	S2

NDB No. 23620 Beef, round, eye of round, roast, separable lean only, trimmed to 1/8" fat, choice, cooked, roasted

Tryptophan	S14, S2
Threonine	S14, S2
Isoleucine	S14, S2
Valine	S14, S2
Aspartic acid	S14, S2
22:5 n-3 (DPA)	S2
Protein	S2
Caffeine	S2
Alanine	S14, S2
Glycine	S14, S2
Proline	S14, S2
8:0	S2
16:0	S2
18:1 undifferentiated	S2
Total lipid (fat)	S2
Ash	S2
Sugars, total	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, beta	S2
Tocopherol, gamma	S2
Folate, total	S2
Lysine	S14, S2
16:1 undifferentiated	S2
6:0	S2
12:0	S2
18:3 undifferentiated	S2
20:4 undifferentiated	S2
Theobromine	S2
Fiber, total dietary	S2
Retinol	S2
Tocopherol, delta	S2
Vitamin C, total ascorbic acid	S2
Pantothenic acid	S2
Vitamin B-6	S2
Vitamin K (phylloquinone)	S2
Cystine	S14, S2
14:0	S2

NDB No. 23620 Beef, round, eye of round, roast, separable lean only, trimmed to 1/8" fat, choice, cooked, roasted

22:6 n-3 (DHA)	S2
Phosphorus, P	S2
Manganese, Mn	S2
Carotene, beta	S2
Carotene, alpha	S2
Thiamin	S2
Niacin	S2
Leucine	S14, S2
Arginine	S14, S2
Histidine	S14, S2
Glutamic acid	S14, S2
18:0	S2
18:2 undifferentiated	S2
Calcium, Ca	S2
Iron, Fe	S2
Sodium, Na	S2
Lycopene	S2
Lutein + zeaxanthin	S2
Riboflavin	S2
Methionine	S14, S2
Phenylalanine	S14, S2
Serine	S14, S2
Magnesium, Mg	S2
Potassium, K	S2
Zinc, Zn	S2
Cryptoxanthin, beta	S2
Tyrosine	S14, S2
4:0	S2
10:0	S2
18:4	S2
20:1	S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2

NDB No. 23621 Beef, round, top round, steak, separable lean only, trimmed to 1/8" fat, choice, cooked, broiled

Riboflavin	S2

NDB No. 23621 Beef, round, top round, steak, separable lean only, trimmed to 1/8" fat, choice, cooked, broiled

Pantothenic acid	S2
Folate, total	S2
Vitamin K (phylloquinone)	S2
Cystine	S14, S2
Aspartic acid	S14, S2
Glycine	S14, S2
12:0	S2
Manganese, Mn	S2
Vitamin E (alpha-tocopherol)	S2
Vitamin B-12	S2
Arginine	S14, S2
20:4 undifferentiated	S2
18:4	S2
Protein	S2
Phosphorus, P	S2
Alanine	S14, S2
18:2 undifferentiated	S2
Calcium, Ca	S2
Copper, Cu	S2
Methionine	S14, S2
Phenylalanine	S14, S2
4:0	S2
6:0	S2
16:1 undifferentiated	S2
20:1	S2
Ash	S2
Water	S2
Iron, Fe	S2
Magnesium, Mg	S2
Potassium, K	S2
Tryptophan	S14, S2
Isoleucine	S14, S2
Serine	S14, S2
8:0	S2
20:5 n-3 (EPA)	S2
Zinc, Zn	S2
Thiamin	S2

NDB No. 23621 Beef, round, top round, steak, separable lean only, trimmed to 1/8" fat, choice, cooked, broiled

Vitamin B-6	S2
Threonine	S14, S2
Histidine	S14, S2
Glutamic acid	S14, S2
Proline	S14, S2
14:0	S2
18:1 undifferentiated	S2
22:6 n-3 (DHA)	S2
Sodium, Na	S2
Selenium, Se	S2
Niacin	S2
Lysine	S14, S2
Tyrosine	S14, S2
Valine	S14, S2
10:0	S2
18:0	S2
22:1 undifferentiated	S2
Total lipid (fat)	S2
Retinol	S2
Leucine	S14, S2
16:0	S2
18:3 undifferentiated	S2
22:5 n-3 (DPA)	S2

NDB No. 23622 Beef, round, bottom round, steak, separable lean only, trimmed to 1/8" fat, choice, cooked, braised

Phosphorus, P	S2
Zinc, Zn	S2
Tocopherol, gamma	S2
Vitamin K (phylloquinone)	S2
Methionine	S14, S2
Cystine	S14, S2
Proline	S14, S2
16:1 undifferentiated	S2
Protein	S2
Total lipid (fat)	S2
Selenium, Se	S2

NDB No. 23622 Beef, round, bottom round, steak, separable lean only, trimmed to 1/8" fat, choice, cooked, braised

Aspartic acid	S14, S2
Water	S2
Sodium, Na	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Vitamin B-6	S2
Tryptophan	S14, S2
Alanine	S14, S2
Glycine	S14, S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2
Vitamin E (alpha-tocopherol)	S2
Phenylalanine	S14, S2
Histidine	S14, S2
Glutamic acid	S14, S2
10:0	S2
12:0	S2
18:4	S2
Calcium, Ca	S2
Iron, Fe	S2
Potassium, K	S2
Thiamin	S2
Riboflavin	S2
14:0	S2
Copper, Cu	S2
Manganese, Mn	S2
Retinol	S2
Pantothenic acid	S2
Threonine	S14, S2
Isoleucine	S14, S2
18:3 undifferentiated	S2
Ash	S2
Leucine	S14, S2
Lysine	S14, S2
Tyrosine	S14, S2
Serine	S14, S2
18:0	S2

NDB No. 23622 Beef, round, bottom round, steak, separable lean only, trimmed to 1/8" fat, choice, cooked, braised

18:2 undifferentiated	S2
22:6 n-3 (DHA)	S2
20:1	S2
Magnesium, Mg	S2
Niacin	S2
Folate, total	S2
Vitamin B-12	S2
Valine	S14, S2
Arginine	S14, S2
16:0	S2
18:1 undifferentiated	S2
20:4 undifferentiated	S2
22:5 n-3 (DPA)	S2

NDB No. 23623 Beef, rib, small end (ribs 10-12), separable lean only, trimmed to 1/8" fat, choice, raw

Water	S2
Iron, Fe	S2
Phosphorus, P	S2
Retinol	S2
Lutein + zeaxanthin	S2
Threonine	S14, S2
Leucine	S14, S2
Methionine	S14, S2
Glycine	S14, S2
10:0	S2
Total lipid (fat)	S2
Calcium, Ca	S2
Zinc, Zn	S2
Cryptoxanthin, beta	S2
Lysine	S14, S2
8:0	S2
18:3 undifferentiated	S2
22:5 n-3 (DPA)	S2
Fiber, total dietary	S2
Copper, Cu	S2
Vitamin E (alpha-tocopherol)	S2

NDB No. 23623 Beef, rib, small end (ribs 10-12), separable lean only, trimmed to 1/8" fat, choice, raw

Tocopherol, gamma	S2
Tocopherol, delta	S2
Vitamin C, total ascorbic acid	S2
Vitamin B-12	S2
Isoleucine	S14, S2
Valine	S14, S2
Glutamic acid	S14, S2
4:0	S2
20:1	S2
20:5 n-3 (EPA)	S2
Sodium, Na	S2
Manganese, Mn	S2
Carotene, beta	S2
Lycopene	S2
Riboflavin	S2
Niacin	S2
Histidine	S14, S2
Alanine	S14, S2
Proline	S14, S2
12:0	S2
18:2 undifferentiated	S2
Protein	S2
Theobromine	S2
Magnesium, Mg	S2
Tocopherol, beta	S2
Thiamin	S2
Vitamin B-6	S2
6:0	S2
18:0	S2
18:4	S2
22:1 undifferentiated	S2
Selenium, Se	S2
Carotene, alpha	S2
Tryptophan	S14, S2
Phenylalanine	S14, S2
Tyrosine	S14, S2
22:6 n-3 (DHA)	S2

NDB No. 23623 Beef, rib, small end (ribs 10-12), separable lean only, trimmed to 1/8" fat, choice, raw

16:1 undifferentiated	S2
Caffeine	S2
Pantothenic acid	S2
Vitamin K (phylloquinone)	S2
Cystine	S14, S2
Aspartic acid	S14, S2
14:0	S2
18:1 undifferentiated	S2
20:4 undifferentiated	S2
Ash	S2
Sugars, total	S2
Potassium, K	S2
Folate, total	S2
Arginine	S14, S2
Serine	S14, S2
16:0	S2

NDB No. 23624 Beef, tenderloin, steak, separable lean only, trimmed to 1/8" fat, choice, raw

Magnesium, Mg	S2
Potassium, K	S2
Selenium, Se	S2
Tocopherol, gamma	S2
Niacin	S2
Methionine	S14, S2
Histidine	S14, S2
14:0	S2
18:2 undifferentiated	S2
22:6 n-3 (DHA)	S2
18:4	S2
Total lipid (fat)	S2
Ash	S2
Sugars, total	S2
Carotene, beta	S2
Leucine	S14, S2
Glycine	S14, S2
Proline	S14, S2

NDB No. 23624 Beef, tenderloin, steak, separable lean only, trimmed to 1/8" fat, choice, raw

6:0	S2
10:0	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2
Protein	S2
Water	S2
Caffeine	S2
Zinc, Zn	S2
Lutein + zeaxanthin	S2
Vitamin C, total ascorbic acid	S2
Folate, total	S2
Vitamin B-12	S2
Cystine	S14, S2
Aspartic acid	S14, S2
Iron, Fe	S2
Copper, Cu	S2
Tocopherol, beta	S2
Vitamin B-6	S2
4:0	S2
18:3 undifferentiated	S2
Phosphorus, P	S2
Manganese, Mn	S2
Carotene, alpha	S2
Tocopherol, delta	S2
Thiamin	S2
Vitamin K (phylloquinone)	S2
Phenylalanine	S14, S2
Tyrosine	S14, S2
Arginine	S14, S2
Alanine	S14, S2
Serine	S14, S2
Calcium, Ca	S2
Sodium, Na	S2
Retinol	S2
Lycopene	S2

NDB No. 23624 Beef, tenderloin, steak, separable lean only, trimmed to 1/8" fat, choice, raw

Tryptophan	S14, S2
12:0	S2
18:0	S2
20:1	S2
Theobromine	S2
Fiber, total dietary	S2
Vitamin E (alpha-tocopherol)	S2
Cryptoxanthin, beta	S2
Pantothenic acid	S2
Threonine	S14, S2
Lysine	S14, S2
Valine	S14, S2
Glutamic acid	S14, S2
8:0	S2
16:0	S2
Riboflavin	S2
Isoleucine	S14, S2
18:1 undifferentiated	S2
22:5 n-3 (DPA)	S2

NDB No. 23625 Beef, top sirloin, steak, separable lean only, trimmed to 1/8" fat, choice, raw

Ash	S2
Water	S2
Vitamin E (alpha-tocopherol)	S2
Thiamin	S2
Folate, total	S2
Vitamin K (phylloquinone)	S2
Leucine	S14, S2
10:0	S2
20:4 undifferentiated	S2
Protein	S2
Total lipid (fat)	S2
Sugars, total	S2
Calcium, Ca	S2
Iron, Fe	S2
Potassium, K	S2

NDB No. 23625 Beef, top sirloin, steak, separable lean only, trimmed to 1/8" fat, choice, raw

Carotene, alpha	S2
Tocopherol, beta	S2
Tyrosine	S14, S2
14:0	S2
18:0	S2
18:1 undifferentiated	S2
22:6 n-3 (DHA)	S2
16:1 undifferentiated	S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2
Phosphorus, P	S2
Tocopherol, gamma	S2
Vitamin C, total ascorbic acid	S2
Niacin	S2
Pantothenic acid	S2
Glutamic acid	S14, S2
Proline	S14, S2
4:0	S2
12:0	S2
Sodium, Na	S2
Zinc, Zn	S2
Lutein + zeaxanthin	S2
Tocopherol, delta	S2
Tryptophan	S14, S2
Isoleucine	S14, S2
Serine	S14, S2
6:0	S2
16:0	S2
22:5 n-3 (DPA)	S2
Copper, Cu	S2
Cryptoxanthin, beta	S2
Riboflavin	S2
Methionine	S14, S2
Phenylalanine	S14, S2
Glycine	S14, S2
18:4	S2
20:1	S2

NDB No. 23625 Beef, top sirloin, steak, separable lean only, trimmed to 1/8" fat, choice, raw

Magnesium, Mg	S2
Retinol	S2
Vitamin B-12	S2
Selenium, Se	S2
Carotene, beta	S2
Lycopene	S2
Vitamin B-6	S2
Valine	S14, S2
Arginine	S14, S2
Alanine	S14, S2
8:0	S2
18:2 undifferentiated	S2
Fiber, total dietary	S2
Manganese, Mn	S2
Threonine	S14, S2
Lysine	S14, S2
Cystine	S14, S2
Histidine	S14, S2
Aspartic acid	S14, S2
18:3 undifferentiated	S2

NDB No. 23626 Beef, rib, small end (ribs 10-12), separable lean only, trimmed to 1/8"fat, choice, cooked, broiled

Potassium, K	S2
Carotene, alpha	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, beta	S2
Tocopherol, gamma	S2
Tocopherol, delta	S2
Tryptophan	S14, S2
Phenylalanine	S14, S2
Alanine	S14, S2
Aspartic acid	S14, S2
Glycine	S14, S2
14:0	S2
Caffeine	S2
Calcium, Ca	S2

NDB No. 23626 Beef, rib, small end (ribs 10-12), separable lean only, trimmed to 1/8"fat, choice, cooked, broiled

Iron, Fe	S2
Manganese, Mn	S2
Vitamin C, total ascorbic acid	S2
Thiamin	S2
Riboflavin	S2
Pantothenic acid	S2
12:0	S2
22:5 n-3 (DPA)	S2
Sodium, Na	S2
Lycopene	S2
Vitamin B-6	S2
Vitamin K (phylloquinone)	S2
Carotene, beta	S2
Threonine	S14, S2
16:0	S2
18:2 undifferentiated	S2
20:1	S2
Protein	S2
Total lipid (fat)	S2
Ash	S2
Water	S2
Sugars, total	S2
Magnesium, Mg	S2
Copper, Cu	S2
Cryptoxanthin, beta	S2
Folate, total	S2
Histidine	S14, S2
Serine	S14, S2
18:3 undifferentiated	S2
20:4 undifferentiated	S2
Phosphorus, P	S2
Cystine	S14, S2
Tyrosine	S14, S2
Arginine	S14, S2
Proline	S14, S2
4:0	S2
22:6 n-3 (DHA)	S2

NDB No. 23626 Beef, rib, small end (ribs 10-12), separable lean only, trimmed to 1/8"fat, choice, cooked, broiled

16:1 undifferentiated	S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2
Theobromine	S2
Zinc, Zn	S2
Retinol	S2
Vitamin B-12	S2
Lysine	S14, S2
Methionine	S14, S2
8:0	S2
10:0	S2
18:0	S2
Fiber, total dietary	S2
Selenium, Se	S2
Lutein + zeaxanthin	S2
Niacin	S2
Isoleucine	S14, S2
Leucine	S14, S2
Valine	S14, S2
Glutamic acid	S14, S2
6:0	S2
18:1 undifferentiated	S2
18:4	S2

NDB No. 23627 Beef, short loin, top loin, steak, separable lean only, trimmed to 1/8" fat, choice, raw

Selenium, Se	S2
Carotene, alpha	S2
Lutein + zeaxanthin	S2
Tryptophan	S14, S2
Valine	S14, S2
Proline	S14, S2
6:0	S2
Water	S2
Cryptoxanthin, beta	S2
Tocopherol, gamma	S2
Folate, total	S2

NDB No. 23627 Beef, short loin, top loin, steak, separable lean only, trimmed to 1/8" fat, choice, raw

Vitamin K (phylloquinone)	S2
Aspartic acid	S14, S2
16:0	S2
18:0	S2
Caffeine	S2
Theobromine	S2
Sugars, total	S2
Retinol	S2
Vitamin B-6	S2
Vitamin B-12	S2
Threonine	S14, S2
Cystine	S14, S2
Phenylalanine	S14, S2
22:6 n-3 (DHA)	S2
Fiber, total dietary	S2
Phosphorus, P	S2
Sodium, Na	S2
Arginine	S14, S2
Alanine	S14, S2
14:0	S2
18:2 undifferentiated	S2
22:5 n-3 (DPA)	S2
Protein	S2
Total lipid (fat)	S2
Zinc, Zn	S2
Manganese, Mn	S2
Tocopherol, delta	S2
Riboflavin	S2
Isoleucine	S14, S2
Serine	S14, S2
18:1 undifferentiated	S2
20:1	S2
Copper, Cu	S2
Vitamin C, total ascorbic acid	S2
Niacin	S2
Pantothenic acid	S2
Leucine	S14, S2

NDB No. 23627 Beef, short loin, top loin, steak, separable lean only, trimmed to 1/8" fat, choice, raw

Methionine	S14, S2
Histidine	S14, S2
Glutamic acid	S14, S2
Glycine	S14, S2
4:0	S2
8:0	S2
18:4	S2
Ash	S2
Iron, Fe	S2
Magnesium, Mg	S2
Potassium, K	S2
Vitamin E (alpha-tocopherol)	S2
Lycopene	S2
Lysine	S14, S2
10:0	S2
20:5 n-3 (EPA)	S2
Calcium, Ca	S2
Carotene, beta	S2
Tocopherol, beta	S2
Thiamin	S2
Tyrosine	S14, S2
12:0	S2
18:3 undifferentiated	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2
22:1 undifferentiated	S2

NDB No. 23628 Beef, tenderloin, steak, separable lean only, trimmed to 1/8" fat, choice, cooked, broiled

Manganese, Mn	S2
Carotene, beta	S2
Carotene, alpha	S2
Lutein + zeaxanthin	S2
Pantothenic acid	S2
Vitamin B-6	S2
Isoleucine	S14, S2
Glycine	S14, S2

NDB No. 23628 Beef, tenderloin, steak, separable lean only, trimmed to 1/8" fat, choice, cooked, broiled

14:0	S2
20:4 undifferentiated	S2
22:6 n-3 (DHA)	S2
20:5 n-3 (EPA)	S2
22:5 n-3 (DPA)	S2
Ash	S2
Copper, Cu	S2
Selenium, Se	S2
Tocopherol, delta	S2
Niacin	S2
Methionine	S14, S2
Tyrosine	S14, S2
Valine	S14, S2
Aspartic acid	S14, S2
16:1 undifferentiated	S2
Theobromine	S2
Sugars, total	S2
Zinc, Zn	S2
Lycopene	S2
Thiamin	S2
Vitamin B-12	S2
Phenylalanine	S14, S2
Arginine	S14, S2
Histidine	S14, S2
Glutamic acid	S14, S2
Proline	S14, S2
18:2 undifferentiated	S2
Total lipid (fat)	S2
Fiber, total dietary	S2
Calcium, Ca	S2
Sodium, Na	S2
18:0	S2
Iron, Fe	S2
Folate, total	S2
Tryptophan	S14, S2
6:0	S2
10:0	S2

NDB No. 23628 Beef, tenderloin, steak, separable lean only, trimmed to 1/8" fat, choice, cooked, broiled

Protein	S2
Water	S2
Caffeine	S2
Potassium, K	S2
Tocopherol, beta	S2
Vitamin C, total ascorbic acid	S2
Vitamin K (phylloquinone)	S2
Leucine	S14, S2
Serine	S14, S2
4:0	S2
12:0	S2
22:1 undifferentiated	S2
Phosphorus, P	S2
Retinol	S2
Tocopherol, gamma	S2
Threonine	S14, S2
16:0	S2
18:1 undifferentiated	S2
18:3 undifferentiated	S2
20:1	S2
Magnesium, Mg	S2
Vitamin E (alpha-tocopherol)	S2
Cryptoxanthin, beta	S2
Riboflavin	S2
Lysine	S14, S2
Cystine	S14, S2
Alanine	S14, S2
8:0	S2
18:4	S2

NDB No. 23629 Beef, top sirloin, steak, separable lean only, trimmed to 1/8" fat, choice, cooked, broiled

Manganese, Mn	S2
Cryptoxanthin, beta	S2
Lutein + zeaxanthin	S2
Proline	S14, S2
12:0	S2

NDB No. 23629 Beef, top sirloin, steak, separable lean only, trimmed to 1/8" fat, choice, cooked, broiled

Water	S2
Calcium, Ca	S2
Copper, Cu	S2
Vitamin C, total ascorbic acid	S2
Thiamin	S2
Isoleucine	S14, S2
Valine	S14, S2
20:1	S2
Fiber, total dietary	S2
Potassium, K	S2
Zinc, Zn	S2
Vitamin E (alpha-tocopherol)	S2
Vitamin K (phylloquinone)	S2
Lysine	S14, S2
Methionine	S14, S2
14:0	S2
18:1 undifferentiated	S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2
Ash	S2
Lycopene	S2
Vitamin B-12	S2
Tryptophan	S14, S2
Threonine	S14, S2
Tyrosine	S14, S2
Arginine	S14, S2
Histidine	S14, S2
Glutamic acid	S14, S2
Serine	S14, S2
18:4	S2
Protein	S2
Magnesium, Mg	S2
Retinol	S2
Tocopherol, beta	S2
16:0	S2
Total lipid (fat)	S2
Sodium, Na	S2

NDB No. 23629 Beef, top sirloin, steak, separable lean only, trimmed to 1/8" fat, choice, cooked, broiled

Selenium, Se	S2
Niacin	S2
8:0	S2
22:6 n-3 (DHA)	S2
Sugars, total	S2
Iron, Fe	S2
Folate, total	S2
Leucine	S14, S2
Cystine	S14, S2
Alanine	S14, S2
Aspartic acid	S14, S2
4:0	S2
6:0	S2
10:0	S2
18:2 undifferentiated	S2
Phosphorus, P	S2
Carotene, alpha	S2
Tocopherol, gamma	S2
Tocopherol, delta	S2
Riboflavin	S2
Pantothenic acid	S2
Vitamin B-6	S2
Phenylalanine	S14, S2
Glycine	S14, S2
18:0	S2
18:3 undifferentiated	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2
22:5 n-3 (DPA)	S2

NDB No. 23630 Beef, short loin, top loin, steak, separable lean only, trimmed to 1/8" fat, choice, cooked, broiled

Caffeine	S2
Sugars, total	S2
Phosphorus, P	S2
Tocopherol, delta	S2
Vitamin B-12	S2

NDB No. 23630 Beef, short loin, top loin, steak, separable lean only, trimmed to 1/8" fat, choice, cooked, broiled

Isoleucine	S14, S2
Cystine	S14, S2
Glycine	S14, S2
4:0	S2
18:0	S2
Carotene, alpha	S2
Tocopherol, gamma	S2
Niacin	S2
Vitamin B-6	S2
Methionine	S14, S2
Alanine	S14, S2
Aspartic acid	S14, S2
6:0	S2
8:0	S2
18:1 undifferentiated	S2
20:4 undifferentiated	S2
18:4	S2
Fiber, total dietary	S2
Copper, Cu	S2
Manganese, Mn	S2
Selenium, Se	S2
Retinol	S2
Tocopherol, beta	S2
Vitamin C, total ascorbic acid	S2
Phenylalanine	S14, S2
Tyrosine	S14, S2
Serine	S14, S2
12:0	S2
Protein	S2
Water	S2
Carotene, beta	S2
Riboflavin	S2
Tryptophan	S14, S2
Threonine	S14, S2
Arginine	S14, S2
Proline	S14, S2
10:0	S2

NDB No. 23630 Beef, short loin, top loin, steak, separable lean only, trimmed to 1/8" fat, choice, cooked, broiled

16:0	S2
20:5 n-3 (EPA)	S2
Magnesium, Mg	S2
Sodium, Na	S2
Lutein + zeaxanthin	S2
18:2 undifferentiated	S2
20:1	S2
Theobromine	S2
Calcium, Ca	S2
Potassium, K	S2
Zinc, Zn	S2
Cryptoxanthin, beta	S2
Pantothenic acid	S2
Folate, total	S2
Valine	S14, S2
22:1 undifferentiated	S2
Ash	S2
Vitamin E (alpha-tocopherol)	S2
Lycopene	S2
Leucine	S14, S2
Glutamic acid	S14, S2
14:0	S2
Total lipid (fat)	S2
Iron, Fe	S2
Thiamin	S2
Vitamin K (phylloquinone)	S2
Lysine	S14, S2
Histidine	S14, S2
18:3 undifferentiated	S2
22:6 n-3 (DHA)	S2
16:1 undifferentiated	S2
22:5 n-3 (DPA)	S2

NDB No. 23631 Beef, chuck, arm pot roast, separable lean only, trimmed to 1/8" fat, select, raw

Theobromine	S2
Sugars, total	S2

NDB No. 23631 Beef, chuck, arm pot roast, separable lean only, trimmed to 1/8" fat, select, raw

Fiber, total dietary	S2
Calcium, Ca	S2
Leucine	S14, S2
Cystine	S14, S2
Valine	S14, S2
20:1	S2
Zinc, Zn	S2
Copper, Cu	S2
Lutein + zeaxanthin	S2
Arginine	S14, S2
Glycine	S14, S2
20:5 n-3 (EPA)	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, delta	S2
Threonine	S14, S2
Tyrosine	S14, S2
Glutamic acid	S14, S2
Serine	S14, S2
4:0	S2
8:0	S2
18:0	S2
16:1 undifferentiated	S2
Magnesium, Mg	S2
Sodium, Na	S2
Selenium, Se	S2
Cryptoxanthin, beta	S2
Lycopene	S2
Phenylalanine	S14, S2
Proline	S14, S2
10:0	S2
14:0	S2
Water	S2
Carotene, alpha	S2
Tocopherol, beta	S2
Vitamin C, total ascorbic acid	S2
Thiamin	S2
Isoleucine	S14, S2

NDB No. 23631 Beef, chuck, arm pot roast, separable lean only, trimmed to 1/8" fat, select, raw

Methionine	S14, S2
6:0	S2
18:2 undifferentiated	S2
20:4 undifferentiated	S2
18:4	S2
Total lipid (fat)	S2
Ash	S2
Caffeine	S2
Iron, Fe	S2
Potassium, K	S2
Carotene, beta	S2
Pantothenic acid	S2
Folate, total	S2
16:0	S2
18:1 undifferentiated	S2
22:1 undifferentiated	S2
Protein	S2
Manganese, Mn	S2
Tocopherol, gamma	S2
Niacin	S2
Vitamin B-12	S2
Tryptophan	S14, S2
Lysine	S14, S2
Alanine	S14, S2
Aspartic acid	S14, S2
18:3 undifferentiated	S2
22:5 n-3 (DPA)	S2
Phosphorus, P	S2
Retinol	S2
Riboflavin	S2
Vitamin B-6	S2
Vitamin K (phylloquinone)	S2
Histidine	S14, S2
12:0	S2
22:6 n-3 (DHA)	S2

NDB No. 23632 Beef, brisket, flat half, separable lean only, trimmed to 1/8" fat, select, raw

Ash	S2
Copper, Cu	S2
Retinol	S2
Vitamin C, total ascorbic acid	S2
Leucine	S14, S2
Methionine	S14, S2
4:0	S2
8:0	S2
20:4 undifferentiated	S2
Water	S2
Sodium, Na	S2
Selenium, Se	S2
Tocopherol, gamma	S2
Threonine	S14, S2
Tyrosine	S14, S2
Histidine	S14, S2
Proline	S14, S2
18:1 undifferentiated	S2
18:2 undifferentiated	S2
Potassium, K	S2
Carotene, alpha	S2
Lutein + zeaxanthin	S2
Riboflavin	S2
Phenylalanine	S14, S2
12:0	S2
14:0	S2
16:0	S2
Tocopherol, beta	S2
Vitamin B-12	S2
Vitamin K (phylloquinone)	S2
Isoleucine	S14, S2
Serine	S14, S2
22:6 n-3 (DHA)	S2
16:1 undifferentiated	S2
22:5 n-3 (DPA)	S2
Zinc, Zn	S2
Vitamin E (alpha-tocopherol)	S2

NDB No. 23632 Beef, brisket, flat half, separable lean only, trimmed to 1/8" fat, select, raw

6:0	S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2
Protein	S2
Iron, Fe	S2
Phosphorus, P	S2
Cryptoxanthin, beta	S2
Niacin	S2
Lysine	S14, S2
Cystine	S14, S2
Arginine	S14, S2
Alanine	S14, S2
20:1	S2
Total lipid (fat)	S2
Caffeine	S2
Theobromine	S2
Calcium, Ca	S2
Carotene, beta	S2
Lycopene	S2
Thiamin	S2
Pantothenic acid	S2
Tryptophan	S14, S2
Valine	S14, S2
Aspartic acid	S14, S2
Glycine	S14, S2
18:0	S2
Sugars, total	S2
Fiber, total dietary	S2
Magnesium, Mg	S2
Manganese, Mn	S2
Tocopherol, delta	S2
Vitamin B-6	S2
Folate, total	S2
Glutamic acid	S14, S2
10:0	S2
18:3 undifferentiated	S2
18:4	S2

NDB No. 23633 Beef, chuck, arm pot roast, separable lean only, trimmed to 1/8" fat, select, cooked, braised

Magnesium, Mg	S2
Phosphorus, P	S2
Zinc, Zn	S2
Tocopherol, gamma	S2
Vitamin B-6	S2
Methionine	S14, S2
Valine	S14, S2
Arginine	S14, S2
Glutamic acid	S14, S2
Serine	S14, S2
14:0	S2
Histidine	S14, S2
Alanine	S14, S2
Aspartic acid	S14, S2
Iron, Fe	S2
Copper, Cu	S2
Selenium, Se	S2
Vitamin E (alpha-tocopherol)	S2
Vitamin B-12	S2
16:0	S2
18:2 undifferentiated	S2
22:1 undifferentiated	S2
Total lipid (fat)	S2
Calcium, Ca	S2
Potassium, K	S2
Manganese, Mn	S2
Niacin	S2
Vitamin K (phylloquinone)	S2
Tryptophan	S14, S2
Threonine	S14, S2
Phenylalanine	S14, S2
Glycine	S14, S2
18:0	S2
20:1	S2
Ash	S2
Sodium, Na	S2
Tocopherol, beta	S2

NDB No. 23633 Beef, chuck, arm pot roast, separable lean only, trimmed to 1/8" fat, select, cooked, braised

Thiamin	S2
Folate, total	S2
Lysine	S14, S2
18:3 undifferentiated	S2
16:1 undifferentiated	S2
18:4	S2
22:5 n-3 (DPA)	S2
Riboflavin	S2
Pantothenic acid	S2
Cystine	S14, S2
10:0	S2
22:6 n-3 (DHA)	S2
20:5 n-3 (EPA)	S2
Protein	S2
Isoleucine	S14, S2
Tyrosine	S14, S2
Proline	S14, S2
18:1 undifferentiated	S2
Water	S2
Retinol	S2
Tocopherol, delta	S2
Leucine	S14, S2
12:0	S2
20:4 undifferentiated	S2

NDB No. 23634 Beef, brisket, flat half, separable lean only, trimmed to 1/8" fat, select, cooked, braised

Water	S2
Caffeine	S2
Copper, Cu	S2
Retinol	S2
Vitamin C, total ascorbic acid	S2
Niacin	S2
Vitamin B-6	S2
Lysine	S14, S2
Cystine	S14, S2
Aspartic acid	S14, S2

NDB No. 23634 Beef, brisket, flat half, separable lean only, trimmed to 1/8" fat, select, cooked, braised

Proline	S14, S2
18:0	S2
Fiber, total dietary	S2
Lycopene	S2
Riboflavin	S2
Folate, total	S2
Histidine	S14, S2
Alanine	S14, S2
18:1 undifferentiated	S2
Threonine	S14, S2
Isoleucine	S14, S2
Leucine	S14, S2
Valine	S14, S2
Arginine	S14, S2
16:0	S2
18:2 undifferentiated	S2
20:5 n-3 (EPA)	S2
Ash	S2
Calcium, Ca	S2
Magnesium, Mg	S2
Sodium, Na	S2
Selenium, Se	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Thiamin	S2
Vitamin B-12	S2
Tryptophan	S14, S2
Phenylalanine	S14, S2
Tyrosine	S14, S2
Glutamic acid	S14, S2
4:0	S2
20:4 undifferentiated	S2
Protein	S2
Total lipid (fat)	S2
Iron, Fe	S2
Potassium, K	S2

NDB No. 23634 Beef, brisket, flat half, separable lean only, trimmed to 1/8" fat, select, cooked, braised

Tocopherol, gamma	S2
12:0	S2
Theobromine	S2
Carotene, alpha	S2
Pantothenic acid	S2
Vitamin K (phylloquinone)	S2
Methionine	S14, S2
6:0	S2
10:0	S2
18:3 undifferentiated	S2
Zinc, Zn	S2
Manganese, Mn	S2
Cryptoxanthin, beta	S2
Glycine	S14, S2
8:0	S2
22:6 n-3 (DHA)	S2
16:1 undifferentiated	S2
18:4	S2
Sugars, total	S2
Phosphorus, P	S2
Carotene, beta	S2
Lutein + zeaxanthin	S2
Serine	S14, S2
14:0	S2
20:1	S2
22:1 undifferentiated	S2
22:5 n-3 (DPA)	S2

NDB No. 23635 Beef, round, eye of round, roast, separable lean only, trimmed to 1/8" fat, select, raw

Carotene, alpha	S2
Tocopherol, beta	S2
Vitamin K (phylloquinone)	S2
Lysine	S14, S2
Arginine	S14, S2
6:0	S2
Manganese, Mn	S2

NDB No. 23635 Beef, round, eye of round, roast, separable lean only, trimmed to 1/8" fat, select, raw

Vitamin B-12	S2
Tyrosine	S14, S2
22:6 n-3 (DHA)	S2
22:1 undifferentiated	S2
Protein	S2
Total lipid (fat)	S2
Magnesium, Mg	S2
Retinol	S2
Vitamin B-6	S2
Folate, total	S2
Valine	S14, S2
Proline	S14, S2
8:0	S2
14:0	S2
18:3 undifferentiated	S2
20:5 n-3 (EPA)	S2
Ash	S2
Caffeine	S2
Calcium, Ca	S2
Iron, Fe	S2
Phosphorus, P	S2
Copper, Cu	S2
16:0	S2
20:1	S2
22:5 n-3 (DPA)	S2
Sodium, Na	S2
Selenium, Se	S2
Carotene, beta	S2
Cryptoxanthin, beta	S2
Lutein + zeaxanthin	S2
Vitamin C, total ascorbic acid	S2
Threonine	S14, S2
Phenylalanine	S14, S2
Alanine	S14, S2
Serine	S14, S2
12:0	S2
18:2 undifferentiated	S2

NDB No. 23635 Beef, round, eye of round, roast, separable lean only, trimmed to 1/8" fat, select, raw

16:1 undifferentiated	S2
Theobromine	S2
Sugars, total	S2
Fiber, total dietary	S2
Zinc, Zn	S2
Tocopherol, delta	S2
Tryptophan	S14, S2
Methionine	S14, S2
Aspartic acid	S14, S2
4:0	S2
10:0	S2
18:0	S2
Lycopene	S2
Thiamin	S2
Riboflavin	S2
Pantothenic acid	S2
Glutamic acid	S14, S2
Glycine	S14, S2
18:4	S2
Water	S2
Potassium, K	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, gamma	S2
Niacin	S2
Isoleucine	S14, S2
Leucine	S14, S2
Cystine	S14, S2
Histidine	S14, S2
18:1 undifferentiated	S2
20:4 undifferentiated	S2

NDB No. 23636 Beef, round, top round, steak, separable lean only, trimmed to 1/8" fat, select, raw

Caffeine	S2
Calcium, Ca	S2
Sodium, Na	S2
Carotene, alpha	S2

NDB No. 23636 Beef, round, top round, steak, separable lean only, trimmed to 1/8" fat, select, raw

Aspartic acid	S14, S2
6:0	S2
Copper, Cu	S2
Tocopherol, beta	S2
Niacin	S2
Vitamin K (phylloquinone)	S2
Methionine	S14, S2
Histidine	S14, S2
12:0	S2
Fiber, total dietary	S2
Iron, Fe	S2
Carotene, beta	S2
Pantothenic acid	S2
Folate, total	S2
Vitamin B-12	S2
Isoleucine	S14, S2
Arginine	S14, S2
4:0	S2
14:0	S2
16:0	S2
18:1 undifferentiated	S2
22:6 n-3 (DHA)	S2
20:5 n-3 (EPA)	S2
Theobromine	S2
Magnesium, Mg	S2
Cryptoxanthin, beta	S2
Tocopherol, gamma	S2
Thiamin	S2
Riboflavin	S2
Vitamin B-6	S2
Threonine	S14, S2
Leucine	S14, S2
Phenylalanine	S14, S2
18:2 undifferentiated	S2
18:3 undifferentiated	S2
20:4 undifferentiated	S2
Ash	S2

NDB No. 23636 Beef, round, top round, steak, separable lean only, trimmed to 1/8" fat, select, raw

Phosphorus, P	S2
Zinc, Zn	S2
Selenium, Se	S2
Proline	S14, S2
Serine	S14, S2
18:0	S2
16:1 undifferentiated	S2
18:4	S2
22:5 n-3 (DPA)	S2
Manganese, Mn	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, delta	S2
Vitamin C, total ascorbic acid	S2
Tryptophan	S14, S2
Lysine	S14, S2
Cystine	S14, S2
Tyrosine	S14, S2
Valine	S14, S2
Alanine	S14, S2
10:0	S2
Protein	S2
Sugars, total	S2
Potassium, K	S2
Lycopene	S2
Lutein + zeaxanthin	S2
Glutamic acid	S14, S2
Glycine	S14, S2
Total lipid (fat)	S2
Water	S2
Retinol	S2
8:0	S2
20:1	S2
22:1 undifferentiated	S2

NDB No. 23637 Beef, round, bottom round, roast, separable lean only, trimmed to 1/8" fat, select, raw

Total lipid (fat)	S2

NDB No. 23637 Beef, round, bottom round, roast, separable lean only, trimmed to 1/8" fat, select, raw

Fiber, total dietary	S2
Copper, Cu	S2
Lutein + zeaxanthin	S2
Vitamin K (phylloquinone)	S2
Threonine	S14, S2
Leucine	S14, S2
Tyrosine	S14, S2
18:1 undifferentiated	S2
Caffeine	S2
Sugars, total	S2
Tocopherol, beta	S2
Tocopherol, gamma	S2
Isoleucine	S14, S2
Methionine	S14, S2
Valine	S14, S2
Aspartic acid	S14, S2
8:0	S2
18:3 undifferentiated	S2
18:4	S2
Potassium, K	S2
Manganese, Mn	S2
Selenium, Se	S2
Vitamin C, total ascorbic acid	S2
Riboflavin	S2
Lysine	S14, S2
Arginine	S14, S2
Alanine	S14, S2
Serine	S14, S2
22:6 n-3 (DHA)	S2
20:1	S2
Carotene, beta	S2
Carotene, alpha	S2
Niacin	S2
Vitamin B-12	S2
Glycine	S14, S2
Water	S2
Magnesium, Mg	S2

NDB No. 23637 Beef, round, bottom round, roast, separable lean only, trimmed to 1/8" fat, select, raw

Phosphorus, P	S2
Zinc, Zn	S2
Vitamin E (alpha-tocopherol)	S2
Lycopene	S2
Tryptophan	S14, S2
Phenylalanine	S14, S2
18:0	S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2
Protein	S2
Theobromine	S2
Calcium, Ca	S2
Cryptoxanthin, beta	S2
Tocopherol, delta	S2
Thiamin	S2
Pantothenic acid	S2
Vitamin B-6	S2
4:0	S2
10:0	S2
14:0	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2
Sodium, Na	S2
Retinol	S2
Folate, total	S2
6:0	S2
12:0	S2
18:2 undifferentiated	S2
22:5 n-3 (DPA)	S2
Ash	S2
Iron, Fe	S2
Cystine	S14, S2
Histidine	S14, S2
Glutamic acid	S14, S2
Proline	S14, S2
16:0	S2

NDB No. 23638 Beef, rib, small end (ribs 10-12), separable lean only, trimmed to 1/8" fat, all grades, cooked, broiled

Sodium, Na	S2
Tocopherol, gamma	S2
Thiamin	S2
Tryptophan	S14, S2
16:0	S2
18:0	S2
22:6 n-3 (DHA)	S2
Folate, total	S2
Isoleucine	S14, S2
Arginine	S14, S2
Alanine	S14, S2
12:0	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2
Magnesium, Mg	S2
Phosphorus, P	S2
Zinc, Zn	S2
Selenium, Se	S2
Vitamin B-12	S2
Leucine	S14, S2
14:0	S2
18:2 undifferentiated	S2
18:3 undifferentiated	S2
Iron, Fe	S2
Copper, Cu	S2
Retinol	S2
Vitamin E (alpha-tocopherol)	S2
Niacin	S2
Vitamin B-6	S2
Lysine	S14, S2
Phenylalanine	S14, S2
Proline	S14, S2
20:5 n-3 (EPA)	S2
Total lipid (fat)	S2
Methionine	S14, S2
Cystine	S14, S2
Tyrosine	S14, S2

NDB No. 23638 Beef, rib, small end (ribs 10-12), separable lean only, trimmed to 1/8" fat, all grades, cooked, broiled

18:1 undifferentiated	S2
20:1	S2
22:5 n-3 (DPA)	S2
Protein	S2
Ash	S2
Threonine	S14, S2
Histidine	S14, S2
Glutamic acid	S14, S2
Serine	S14, S2
Calcium, Ca	S2
Potassium, K	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Riboflavin	S2
Pantothenic acid	S2
Vitamin K (phylloquinone)	S2
Aspartic acid	S14, S2
Glycine	S14, S2
10:0	S2
22:1 undifferentiated	S2
Water	S2
Manganese, Mn	S2
Valine	S14, S2
18:4	S2

NDB No. 23640 Beef, variety meats and by-products, tripe, cooked, simmered

Magnesium, Mg	S1581
Sodium, Na	S1581
Carotene, beta	S1581
Folate, total	S1581
Fatty acids, total trans	S1581
18:0	S1581
18:2 undifferentiated	S1581
22:0	S1581
Fatty acids, total monounsaturated	S1581
Fatty acids, total polyunsaturated	S1581

NDB No. 23640 Beef, variety meats and by-products, tripe, cooked, simmered

Potassium, K	S1581
Retinol	S1581
Tocopherol, beta	S1581
12:0	S1581
20:4 undifferentiated	S1581
17:0	S1581
15:1	S1581
Total lipid (fat)	S1581
Selenium, Se	S1581
Cryptoxanthin, beta	S1581
Thiamin	S1581
Fatty acids, total saturated	S1581
18:1 undifferentiated	S1581
20:1	S1581
15:0	S1581
20:2 n-6 c,c	S1581
Ash	S1581
Zinc, Zn	S1581
Lycopene	S1581
Vitamin C, total ascorbic acid	S1581
Vitamin B-6	S1581
Cholesterol	S1581
8:0	S1581
10:0	S1581
14:1	S1581
20:3 undifferentiated	S1581
Calcium, Ca	S1581
Vitamin B-12	S1581
18:3 n-3 c,c,c (ALA)	S1581
Protein	S1581
Vitamin E (alpha-tocopherol)	S1581
Tocopherol, delta	S1581
Niacin	S1581
Pantothenic acid	S1581
Vitamin K (phylloquinone)	S1581
20:0	S1581
Iron, Fe	S1581

NDB No. 23640 Beef, variety meats and by-products, tripe, cooked, simmered

Phosphorus, P	S1581
Copper, Cu	S1581
Manganese, Mn	S1581
Carotene, alpha	S1581
Riboflavin	S1581
16:0	S1581
16:1 undifferentiated	S1581
18:3 n-6 c,c,c	S1581
Water	S1581
Tocopherol, gamma	S1581
14:0	S1581

NDB No. 23646 Beef, bottom sirloin, tri-tip roast, separable lean only, trimmed to 0" fat, all grades, raw

Calcium, Ca	S2
Selenium, Se	S2
Carotene, beta	S2
Carotene, alpha	S2
Tocopherol, gamma	S2
Vitamin B-12	S2
Methionine	S14, S2
Phenylalanine	S14, S2
4:0	S2
14:0	S2
16:0	S2
22:1 undifferentiated	S2
Water	S2
Riboflavin	S2
8:0	S2
20:4 undifferentiated	S2
Sugars, total	S2
Zinc, Zn	S2
Manganese, Mn	S2
Niacin	S2
Histidine	S14, S2
Aspartic acid	S14, S2
Glutamic acid	S14, S2

NDB No. 23646 Beef, bottom sirloin, tri-tip roast, separable lean only, trimmed to 0" fat, all grades, raw

10:0	S2
18:2 undifferentiated	S2
18:3 undifferentiated	S2
18:4	S2
20:5 n-3 (EPA)	S2
Protein	S2
Caffeine	S2
Fiber, total dietary	S2
Iron, Fe	S2
Magnesium, Mg	S2
Phosphorus, P	S2
Potassium, K	S2
Sodium, Na	S2
Vitamin E (alpha-tocopherol)	S2
Cryptoxanthin, beta	S2
Lycopene	S2
Tocopherol, beta	S2
Thiamin	S2
Vitamin B-6	S2
Valine	S14, S2
16:1 undifferentiated	S2
Pantothenic acid	S2
Folate, total	S2
Vitamin K (phylloquinone)	S2
Tryptophan	S14, S2
6:0	S2
22:6 n-3 (DHA)	S2
Total lipid (fat)	S2
Ash	S2
Lutein + zeaxanthin	S2
Tocopherol, delta	S2
Vitamin C, total ascorbic acid	S2
Leucine	S14, S2
Lysine	S14, S2
Arginine	S14, S2
Serine	S14, S2
12:0	S2

NDB No. 23646 Beef, bottom sirloin, tri-tip roast, separable lean only, trimmed to 0" fat, all grades, raw

18:0	S2
18:1 undifferentiated	S2
20:1	S2
22:5 n-3 (DPA)	S2
Theobromine	S2
Copper, Cu	S2
Retinol	S2
Isoleucine	S14, S2
Tyrosine	S14, S2
Alanine	S14, S2
Glycine	S14, S2
Proline	S14, S2
Threonine	S14, S2
Cystine	S14, S2

NDB No. 23647 Beef, bottom sirloin, tri-tip roast, separable lean only, trimmed to 0" fat, choice, cooked, roasted

Lycopene	S2
Vitamin K (phylloquinone)	S2
Tryptophan	S14, S2
Glycine	S14, S2
4:0	S2
20:1	S2
20:5 n-3 (EPA)	S2
Zinc, Zn	S2
Folate, total	S2
Cystine	S14, S2
Phenylalanine	S14, S2
Histidine	S14, S2
16:0	S2
18:3 undifferentiated	S2
16:1 undifferentiated	S2
18:4	S2
Phosphorus, P	S2
Copper, Cu	S2
Tocopherol, gamma	S2
Pantothenic acid	S2

NDB No. 23647 Beef, bottom sirloin, tri-tip roast, separable lean only, trimmed to 0" fat, choice, cooked, roasted

Tyrosine	S14, S2
Arginine	S14, S2
Aspartic acid	S14, S2
10:0	S2
18:0	S2
18:1 undifferentiated	S2
18:2 undifferentiated	S2
Protein	S2
Glutamic acid	S14, S2
Serine	S14, S2
6:0	S2
12:0	S2
22:5 n-3 (DPA)	S2
Total lipid (fat)	S2
Ash	S2
Water	S2
Caffeine	S2
Manganese, Mn	S2
Carotene, beta	S2
Cryptoxanthin, beta	S2
Lutein + zeaxanthin	S2
Vitamin C, total ascorbic acid	S2
Thiamin	S2
Niacin	S2
22:1 undifferentiated	S2
Theobromine	S2
Iron, Fe	S2
Potassium, K	S2
Sodium, Na	S2
Vitamin E (alpha-tocopherol)	S2
Isoleucine	S14, S2
Alanine	S14, S2
14:0	S2
20:4 undifferentiated	S2
Fiber, total dietary	S2
Calcium, Ca	S2
Selenium, Se	S2

NDB No. 23647 Beef, bottom sirloin, tri-tip roast, separable lean only, trimmed to 0" fat, choice, cooked, roasted

Retinol	S2
Tocopherol, beta	S2
Vitamin B-6	S2
Threonine	S14, S2
Leucine	S14, S2
Lysine	S14, S2
Proline	S14, S2
8:0	S2
22:6 n-3 (DHA)	S2
Sugars, total	S2
Magnesium, Mg	S2
Carotene, alpha	S2
Tocopherol, delta	S2
Riboflavin	S2
Vitamin B-12	S2
Methionine	S14, S2
Valine	S14, S2

NDB No. 23648 Beef, bottom sirloin, tri-tip roast, separable lean only, trimmed to 0" fat, choice, raw

Protein	S2
Theobromine	S2
Phosphorus, P	S2
Lutein + zeaxanthin	S2
Vitamin B-12	S2
Valine	S14, S2
18:4	S2
Water	S2
Potassium, K	S2
Manganese, Mn	S2
Vitamin B-6	S2
Methionine	S14, S2
14:0	S2
22:5 n-3 (DPA)	S2
Copper, Cu	S2
Thiamin	S2
Tryptophan	S14, S2

NDB No. 23648 Beef, bottom sirloin, tri-tip roast, separable lean only, trimmed to 0" fat, choice, raw

Phenylalanine	S14, S2
Histidine	S14, S2
Glutamic acid	S14, S2
16:0	S2
18:3 undifferentiated	S2
22:6 n-3 (DHA)	S2
20:5 n-3 (EPA)	S2
Selenium, Se	S2
Cryptoxanthin, beta	S2
Tocopherol, gamma	S2
Pantothenic acid	S2
Vitamin K (phylloquinone)	S2
Cystine	S14, S2
Proline	S14, S2
8:0	S2
10:0	S2
Ash	S2
Calcium, Ca	S2
Retinol	S2
Carotene, beta	S2
Niacin	S2
Folate, total	S2
Leucine	S14, S2
Tyrosine	S14, S2
Alanine	S14, S2
Glycine	S14, S2
Serine	S14, S2
6:0	S2
12:0	S2
18:0	S2
16:1 undifferentiated	S2
20:1	S2
Carbohydrate, by difference	S2
Caffeine	S2
Zinc, Zn	S2
Tocopherol, delta	S2
Vitamin C, total ascorbic acid	S2

NDB No. 23648 Beef, bottom sirloin, tri-tip roast, separable lean only, trimmed to 0" fat, choice, raw

Threonine	S14, S2
Total lipid (fat)	S2
Fiber, total dietary	S2
Iron, Fe	S2
Carotene, alpha	S2
Riboflavin	S2
Lysine	S14, S2
Aspartic acid	S14, S2
4:0	S2
18:1 undifferentiated	S2
18:2 undifferentiated	S2
20:4 undifferentiated	S2
Sugars, total	S2
Magnesium, Mg	S2
Sodium, Na	S2
Vitamin E (alpha-tocopherol)	S2
Lycopene	S2
Tocopherol, beta	S2
Isoleucine	S14, S2
Arginine	S14, S2
22:1 undifferentiated	S2

NDB No. 23649 Beef, bottom sirloin, tri-tip roast, separable lean only, trimmed to 0" fat, select, cooked, roasted

Total lipid (fat)	S2
Water	S2
Cryptoxanthin, beta	S2
Niacin	S2
Folate, total	S2
Threonine	S14, S2
Phenylalanine	S14, S2
Tyrosine	S14, S2
Arginine	S14, S2
Glutamic acid	S14, S2
Glycine	S14, S2
10:0	S2
18:0	S2

NDB No. 23649 Beef, bottom sirloin, tri-tip roast, separable lean only, trimmed to 0" fat, select, cooked, roasted

18:4	S2
Sugars, total	S2
Manganese, Mn	S2
Carotene, alpha	S2
Lycopene	S2
Lutein + zeaxanthin	S2
Thiamin	S2
Vitamin B-6	S2
Vitamin B-12	S2
Histidine	S14, S2
4:0	S2
14:0	S2
Calcium, Ca	S2
Phosphorus, P	S2
Tocopherol, beta	S2
Riboflavin	S2
Pantothenic acid	S2
Methionine	S14, S2
6:0	S2
Ash	S2
Theobromine	S2
Iron, Fe	S2
Carotene, beta	S2
Vitamin C, total ascorbic acid	S2
Alanine	S14, S2
Aspartic acid	S14, S2
18:2 undifferentiated	S2
18:3 undifferentiated	S2
16:1 undifferentiated	S2
20:1	S2
Protein	S2
Magnesium, Mg	S2
Potassium, K	S2
Selenium, Se	S2
Retinol	S2
Isoleucine	S14, S2
Proline	S14, S2

NDB No. 23649 Beef, bottom sirloin, tri-tip roast, separable lean only, trimmed to 0" fat, select, cooked, roasted

12:0	S2
18:1 undifferentiated	S2
Zinc, Zn	S2
Tocopherol, gamma	S2
Serine	S14, S2
20:4 undifferentiated	S2
22:1 undifferentiated	S2
Caffeine	S2
Copper, Cu	S2
Tocopherol, delta	S2
Vitamin K (phylloquinone)	S2
Tryptophan	S14, S2
Leucine	S14, S2
Lysine	S14, S2
20:5 n-3 (EPA)	S2
22:5 n-3 (DPA)	S2
Fiber, total dietary	S2
Sodium, Na	S2
Vitamin E (alpha-tocopherol)	S2
Cystine	S14, S2
Valine	S14, S2
8:0	S2
16:0	S2
22:6 n-3 (DHA)	S2

NDB No. 23650 Beef, bottom sirloin, tri-tip roast, separable lean only, trimmed to 0" fat, select, raw

Water	S2
Phosphorus, P	S2
Manganese, Mn	S2
Retinol	S2
Carotene, alpha	S2
Thiamin	S2
Vitamin B-6	S2
Folate, total	S2
Tryptophan	S14, S2
Protein	S2

NDB No. 23650 Beef, bottom sirloin, tri-tip roast, separable lean only, trimmed to 0" fat, select, raw

Ash	S2
Iron, Fe	S2
Sodium, Na	S2
Cryptoxanthin, beta	S2
Tocopherol, gamma	S2
Vitamin C, total ascorbic acid	S2
Niacin	S2
12:0	S2
16:0	S2
16:1 undifferentiated	S2
Total lipid (fat)	S2
Theobromine	S2
Potassium, K	S2
Copper, Cu	S2
Tocopherol, beta	S2
Threonine	S14, S2
10:0	S2
14:0	S2
20:5 n-3 (EPA)	S2
Magnesium, Mg	S2
Tocopherol, delta	S2
Vitamin K (phylloquinone)	S2
Isoleucine	S14, S2
Arginine	S14, S2
Glycine	S14, S2
Serine	S14, S2
Sugars, total	S2
Lutein + zeaxanthin	S2
Lysine	S14, S2
Methionine	S14, S2
Phenylalanine	S14, S2
Histidine	S14, S2
4:0	S2
18:1 undifferentiated	S2
Zinc, Zn	S2
Leucine	S14, S2
Aspartic acid	S14, S2

NDB No. 23650 Beef, bottom sirloin, tri-tip roast, separable lean only, trimmed to 0" fat, select, raw

6:0	S2
18:2 undifferentiated	S2
20:4 undifferentiated	S2
22:6 n-3 (DHA)	S2
Calcium, Ca	S2
Selenium, Se	S2
Carotene, beta	S2
Riboflavin	S2
Tyrosine	S14, S2
Proline	S14, S2
8:0	S2
18:4	S2
22:1 undifferentiated	S2
22:5 n-3 (DPA)	S2
Caffeine	S2
Fiber, total dietary	S2
Vitamin E (alpha-tocopherol)	S2
Lycopene	S2
Pantothenic acid	S2
Vitamin B-12	S2
Cystine	S14, S2
Valine	S14, S2
Alanine	S14, S2
Glutamic acid	S14, S2
18:0	S2
18:3 undifferentiated	S2
20:1	S2

NDB No. 23651 Beef, round, tip round, roast, separable lean only, trimmed to 0" fat, all grades, raw

Calcium, Ca	S2
Magnesium, Mg	S2
Copper, Cu	S2
Carotene, alpha	S2
Lutein + zeaxanthin	S2
Cystine	S14, S2
Serine	S14, S2

NDB No. 23651 Beef, round, tip round, roast, separable lean only, trimmed to 0" fat, all grades, raw

6:0	S2
10:0	S2
16:0	S2
18:3 undifferentiated	S2
20:5 n-3 (EPA)	S2
Potassium, K	S2
Vitamin B-6	S2
Folate, total	S2
Tyrosine	S14, S2
Valine	S14, S2
Histidine	S14, S2
Proline	S14, S2
22:1 undifferentiated	S2
Total lipid (fat)	S2
Fiber, total dietary	S2
Iron, Fe	S2
Carotene, beta	S2
Tocopherol, beta	S2
Vitamin C, total ascorbic acid	S2
Arginine	S14, S2
Glutamic acid	S14, S2
20:4 undifferentiated	S2
Phosphorus, P	S2
Zinc, Zn	S2
Retinol	S2
Vitamin E (alpha-tocopherol)	S2
Thiamin	S2
4:0	S2
18:0	S2
Sugars, total	S2
Tocopherol, gamma	S2
Pantothenic acid	S2
Vitamin B-12	S2
Vitamin K (phylloquinone)	S2
Phenylalanine	S14, S2
22:6 n-3 (DHA)	S2
18:4	S2

NDB No. 23651 Beef, round, tip round, roast, separable lean only, trimmed to 0" fat, all grades, raw

Water	S2
Caffeine	S2
Sodium, Na	S2
Selenium, Se	S2
Cryptoxanthin, beta	S2
Lycopene	S2
Tryptophan	S14, S2
Glycine	S14, S2
12:0	S2
14:0	S2
16:1 undifferentiated	S2
22:5 n-3 (DPA)	S2
Ash	S2
Theobromine	S2
Niacin	S2
Lysine	S14, S2
18:1 undifferentiated	S2
20:1	S2
Protein	S2
Manganese, Mn	S2
Tocopherol, delta	S2
Riboflavin	S2
Threonine	S14, S2
Isoleucine	S14, S2
Leucine	S14, S2
Methionine	S14, S2
Alanine	S14, S2
Aspartic acid	S14, S2
8:0	S2
18:2 undifferentiated	S2

NDB No. 23652 Beef, round, tip round, roast, separable lean only, trimmed to 0" fat, choice, raw

Sugars, total	S2
Fiber, total dietary	S2
Manganese, Mn	S2
Selenium, Se	S2

NDB No. 23652 Beef, round, tip round, roast, separable lean only, trimmed to 0" fat, choice, raw

Vitamin K (phylloquinone)	S2
Valine	S14, S2
Alanine	S14, S2
18:0	S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2
Total lipid (fat)	S2
Caffeine	S2
Iron, Fe	S2
Carotene, alpha	S2
Riboflavin	S2
Threonine	S14, S2
Methionine	S14, S2
Phenylalanine	S14, S2
Glutamic acid	S14, S2
4:0	S2
6:0	S2
10:0	S2
20:4 undifferentiated	S2
22:6 n-3 (DHA)	S2
Water	S2
Calcium, Ca	S2
Sodium, Na	S2
Lutein + zeaxanthin	S2
Thiamin	S2
Arginine	S14, S2
Aspartic acid	S14, S2
Proline	S14, S2
18:3 undifferentiated	S2
Ash	S2
Theobromine	S2
Potassium, K	S2
Vitamin B-12	S2
Cystine	S14, S2
20:1	S2
22:5 n-3 (DPA)	S2
Cryptoxanthin, beta	S2

NDB No. 23652 Beef, round, tip round, roast, separable lean only, trimmed to 0" fat, choice, raw

Lycopene	S2
Tocopherol, delta	S2
Leucine	S14, S2
Tyrosine	S14, S2
Serine	S14, S2
12:0	S2
18:1 undifferentiated	S2
18:4	S2
Retinol	S2
Pantothenic acid	S2
Tryptophan	S14, S2
Histidine	S14, S2
Carotene, beta	S2
Tocopherol, gamma	S2
Vitamin B-6	S2
Isoleucine	S14, S2
Glycine	S14, S2
8:0	S2
Protein	S2
Magnesium, Mg	S2
Phosphorus, P	S2
Zinc, Zn	S2
Copper, Cu	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, beta	S2
Vitamin C, total ascorbic acid	S2
Niacin	S2
Folate, total	S2
Lysine	S14, S2
14:0	S2
16:0	S2
18:2 undifferentiated	S2
16:1 undifferentiated	S2

NDB No. 23653 Beef, round, tip round, roast, separable lean only, trimmed to 0" fat, select, raw

Water	S2

NDB No. 23653 Beef, round, tip round, roast, separable lean only, trimmed to 0" fat, select, raw

Caffeine	S2
Theobromine	S2
Zinc, Zn	S2
Copper, Cu	S2
Lycopene	S2
Lutein + zeaxanthin	S2
Vitamin B-12	S2
Glycine	S14, S2
18:2 undifferentiated	S2
Total lipid (fat)	S2
Ash	S2
Thiamin	S2
Phenylalanine	S14, S2
Valine	S14, S2
12:0	S2
22:5 n-3 (DPA)	S2
Sodium, Na	S2
Cryptoxanthin, beta	S2
Vitamin C, total ascorbic acid	S2
Folate, total	S2
Tryptophan	S14, S2
Threonine	S14, S2
Lysine	S14, S2
Cystine	S14, S2
Glutamic acid	S14, S2
Proline	S14, S2
Serine	S14, S2
8:0	S2
10:0	S2
16:0	S2
20:4 undifferentiated	S2
Iron, Fe	S2
Potassium, K	S2
Selenium, Se	S2
Tocopherol, beta	S2
Vitamin K (phylloquinone)	S2
18:1 undifferentiated	S2

NDB No. 23653 Beef, round, tip round, roast, separable lean only, trimmed to 0" fat, select, raw

22:6 n-3 (DHA)	S2
16:1 undifferentiated	S2
Vitamin B-6	S2
Arginine	S14, S2
Histidine	S14, S2
Sugars, total	S2
Magnesium, Mg	S2
Niacin	S2
Methionine	S14, S2
Alanine	S14, S2
20:1	S2
Calcium, Ca	S2
Manganese, Mn	S2
Retinol	S2
Tocopherol, gamma	S2
Leucine	S14, S2
4:0	S2
6:0	S2
18:3 undifferentiated	S2
18:4	S2
Protein	S2
Fiber, total dietary	S2
Phosphorus, P	S2
Carotene, beta	S2
Carotene, alpha	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, delta	S2
Riboflavin	S2
Pantothenic acid	S2
Isoleucine	S14, S2
Tyrosine	S14, S2
Aspartic acid	S14, S2
14:0	S2
18:0	S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2

NDB No. 23654 Beef, flank, steak, separable lean only, trimmed to 0" fat, all grades, cooked, broiled

Sugars, total	S2
Iron, Fe	S2
Carotene, beta	S2
Carotene, alpha	S2
Cryptoxanthin, beta	S2
Pantothenic acid	S2
Isoleucine	S14, S2
Methionine	S14, S2
18:0	S2
Theobromine	S2
Selenium, Se	S2
Vitamin B-12	S2
Arginine	S14, S2
Histidine	S14, S2
6:0	S2
Sodium, Na	S2
Copper, Cu	S2
Tyrosine	S14, S2
Aspartic acid	S14, S2
22:6 n-3 (DHA)	S2
18:4	S2
22:1 undifferentiated	S2
Total lipid (fat)	S2
Water	S2
Vitamin E (alpha-tocopherol)	S2
Tocopherol, delta	S2
Cystine	S14, S2
Valine	S14, S2
Glutamic acid	S14, S2
4:0	S2
8:0	S2
22:5 n-3 (DPA)	S2
Ash	S2
Fiber, total dietary	S2
Potassium, K	S2
Zinc, Zn	S2
Manganese, Mn	S2

NDB No. 23654 Beef, flank, steak, separable lean only, trimmed to 0" fat, all grades, cooked, broiled

Lycopene	S2
Tocopherol, beta	S2
Vitamin C, total ascorbic acid	S2
Riboflavin	S2
Niacin	S2
Tryptophan	S14, S2
Threonine	S14, S2
Alanine	S14, S2
Glycine	S14, S2
18:3 undifferentiated	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2
Caffeine	S2
Phosphorus, P	S2
Proline	S14, S2
Calcium, Ca	S2
Lutein + zeaxanthin	S2
Tocopherol, gamma	S2
Leucine	S14, S2
Lysine	S14, S2
Phenylalanine	S14, S2
10:0	S2
16:0	S2
18:2 undifferentiated	S2
20:5 n-3 (EPA)	S2
Protein	S2
Magnesium, Mg	S2
Retinol	S2
Thiamin	S2
Vitamin B-6	S2
Folate, total	S2
Vitamin K (phylloquinone)	S2
Serine	S14, S2
12:0	S2
14:0	S2
18:1 undifferentiated	S2
20:1	S2

NDB No. 23655 Beef, flank, steak, separable lean only, trimmed to 0" fat, select, cooked, broiled

Protein	S2
Theobromine	S2
Fiber, total dietary	S2
Carotene, beta	S2
Tocopherol, gamma	S2
Tryptophan	S14, S2
Leucine	S14, S2
18:1 undifferentiated	S2
Ash	S2
Water	S2
Phosphorus, P	S2
Carotene, alpha	S2
Niacin	S2
Serine	S14, S2
4:0	S2
10:0	S2
16:1 undifferentiated	S2
20:1	S2
22:5 n-3 (DPA)	S2
Caffeine	S2
Magnesium, Mg	S2
Vitamin C, total ascorbic acid	S2
Glutamic acid	S14, S2
18:3 undifferentiated	S2
20:5 n-3 (EPA)	S2
Lycopene	S2
Vitamin B-6	S2
Vitamin B-12	S2
Vitamin K (phylloquinone)	S2
Isoleucine	S14, S2
Cystine	S14, S2
18:0	S2
18:2 undifferentiated	S2
20:4 undifferentiated	S2
22:6 n-3 (DHA)	S2
Sugars, total	S2
Copper, Cu	S2

NDB No. 23655 Beef, flank, steak, separable lean only, trimmed to 0" fat, select, cooked, broiled

Cryptoxanthin, beta	S2
Alanine	S14, S2
6:0	S2
14:0	S2
Iron, Fe	S2
Tocopherol, delta	S2
Lysine	S14, S2
Methionine	S14, S2
Phenylalanine	S14, S2
Glycine	S14, S2
Proline	S14, S2
12:0	S2
22:1 undifferentiated	S2
Potassium, K	S2
Zinc, Zn	S2
Manganese, Mn	S2
Vitamin E (alpha-tocopherol)	S2
Lutein + zeaxanthin	S2
Thiamin	S2
Pantothenic acid	S2
Folate, total	S2
Valine	S14, S2
16:0	S2
Total lipid (fat)	S2
Calcium, Ca	S2
Sodium, Na	S2
Selenium, Se	S2
Retinol	S2
Tocopherol, beta	S2
Riboflavin	S2
Threonine	S14, S2
Tyrosine	S14, S2
Arginine	S14, S2
Histidine	S14, S2
Aspartic acid	S14, S2
8:0	S2
18:4	S2

NDB No. 23656 Beef, flank, steak, separable lean only, trimmed to 0" fat, all grades, raw

Water	S2
Potassium, K	S2
Vitamin B-12	S2
Isoleucine	S14, S2
Leucine	S14, S2
Cystine	S14, S2
Proline	S14, S2
6:0	S2
16:0	S2
22:6 n-3 (DHA)	S2
22:5 n-3 (DPA)	S2
Caffeine	S2
Sugars, total	S2
Fiber, total dietary	S2
Sodium, Na	S2
Retinol	S2
Lutein + zeaxanthin	S2
Tocopherol, beta	S2
Tocopherol, delta	S2
Thiamin	S2
Riboflavin	S2
Folate, total	S2
Valine	S14, S2
Alanine	S14, S2
Glycine	S14, S2
14:0	S2
Ash	S2
Iron, Fe	S2
Copper, Cu	S2
Threonine	S14, S2
8:0	S2
16:1 undifferentiated	S2
Protein	S2
Total lipid (fat)	S2
Magnesium, Mg	S2
Methionine	S14, S2
Glutamic acid	S14, S2

NDB No. 23656 Beef, flank, steak, separable lean only, trimmed to 0" fat, all grades, raw

18:4	S2
20:5 n-3 (EPA)	S2
Zinc, Zn	S2
Selenium, Se	S2
Vitamin E (alpha-tocopherol)	S2
Cryptoxanthin, beta	S2
Vitamin K (phylloquinone)	S2
Aspartic acid	S14, S2
18:0	S2
18:3 undifferentiated	S2
Theobromine	S2
Manganese, Mn	S2
Tocopherol, gamma	S2
Vitamin C, total ascorbic acid	S2
Phenylalanine	S14, S2
Histidine	S14, S2
Serine	S14, S2
10:0	S2
12:0	S2
18:2 undifferentiated	S2
Phosphorus, P	S2
Carotene, beta	S2
Lycopene	S2
Vitamin B-6	S2
Tryptophan	S14, S2
Lysine	S14, S2
Arginine	S14, S2
4:0	S2
18:1 undifferentiated	S2
20:4 undifferentiated	S2
Calcium, Ca	S2
Carotene, alpha	S2
Niacin	S2
Pantothenic acid	S2
Tyrosine	S14, S2
20:1	S2
22:1 undifferentiated	S2

NDB No. 23657 Beef, flank, steak, separable lean only, trimmed to 0" fat, select, raw

Copper, Cu	S2
Thiamin	S2
Vitamin B-12	S2
Cystine	S14, S2
Valine	S14, S2
Histidine	S14, S2
4:0	S2
12:0	S2
18:1 undifferentiated	S2
16:1 undifferentiated	S2
Water	S2
Fiber, total dietary	S2
Carotene, alpha	S2
Folate, total	S2
Lysine	S14, S2
Tyrosine	S14, S2
Arginine	S14, S2
Serine	S14, S2
22:6 n-3 (DHA)	S2
Calcium, Ca	S2
Potassium, K	S2
Zinc, Zn	S2
Lycopene	S2
18:3 undifferentiated	S2
20:4 undifferentiated	S2
18:4	S2
20:1	S2
Iron, Fe	S2
Magnesium, Mg	S2
Sodium, Na	S2
Riboflavin	S2
Phenylalanine	S14, S2
8:0	S2
Ash	S2
Sugars, total	S2
Tocopherol, delta	S2
Vitamin C, total ascorbic acid	S2

NDB No. 23657 Beef, flank, steak, separable lean only, trimmed to 0" fat, select, raw

Niacin	S2
Proline	S14, S2
6:0	S2
18:2 undifferentiated	S2
Theobromine	S2
Selenium, Se	S2
Threonine	S14, S2
Isoleucine	S14, S2
Alanine	S14, S2
Glycine	S14, S2
14:0	S2
18:0	S2
Protein	S2
Manganese, Mn	S2
Retinol	S2
Vitamin E (alpha-tocopherol)	S2
Pantothenic acid	S2
Vitamin B-6	S2
Tryptophan	S14, S2
Aspartic acid	S14, S2
10:0	S2
22:5 n-3 (DPA)	S2
Total lipid (fat)	S2
Caffeine	S2
Phosphorus, P	S2
Carotene, beta	S2
Cryptoxanthin, beta	S2
Lutein + zeaxanthin	S2
Tocopherol, beta	S2
Tocopherol, gamma	S2
Vitamin K (phylloquinone)	S2
Leucine	S14, S2
Methionine	S14, S2
Glutamic acid	S14, S2
16:0	S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2

NDB No. 23658 Beef, brisket, flat half, separable lean and fat, trimmed to 1/8" fat, choice, raw

Total lipid (fat)	S2
Sugars, total	S2
Calcium, Ca	S2
Valine	S14, S2
18:1 undifferentiated	S2
16:1 undifferentiated	S2
20:1	S2
Fiber, total dietary	S2
Lycopene	S2
Niacin	S2
Alanine	S14, S2
Aspartic acid	S14, S2
14:0	S2
22:6 n-3 (DHA)	S2
Protein	S2
Ash	S2
Caffeine	S2
Iron, Fe	S2
Magnesium, Mg	S2
Sodium, Na	S2
Zinc, Zn	S2
Manganese, Mn	S2
Cryptoxanthin, beta	S2
Folate, total	S2
Vitamin B-12	S2
Vitamin K (phylloquinone)	S2
Isoleucine	S14, S2
Phenylalanine	S14, S2
Histidine	S14, S2
Serine	S14, S2
4:0	S2
18:0	S2
Selenium, Se	S2
Carotene, alpha	S2
Tocopherol, beta	S2
Tocopherol, gamma	S2
Riboflavin	S2

NDB No. 23658 Beef, brisket, flat half, separable lean and fat, trimmed to 1/8" fat, choice, raw

Methionine	S14, S2
Arginine	S14, S2
Proline	S14, S2
12:0	S2
16:0	S2
18:2 undifferentiated	S2
22:5 n-3 (DPA)	S2
Thiamin	S2
Glutamic acid	S14, S2
6:0	S2
20:5 n-3 (EPA)	S2
Water	S2
Theobromine	S2
Potassium, K	S2
Vitamin C, total ascorbic acid	S2
Pantothenic acid	S2
Leucine	S14, S2
Cystine	S14, S2
10:0	S2
18:3 undifferentiated	S2
18:4	S2
Phosphorus, P	S2
Copper, Cu	S2
Retinol	S2
Lutein + zeaxanthin	S2
Tocopherol, delta	S2
Vitamin B-6	S2
Lysine	S14, S2
Carotene, beta	S2
Vitamin E (alpha-tocopherol)	S2
Tryptophan	S14, S2
Threonine	S14, S2
Tyrosine	S14, S2
Glycine	S14, S2
8:0	S2
20:4 undifferentiated	S2
22:1 undifferentiated	S2

NDB No. 23659 Beef, brisket, flat half, separable lean and fat, trimmed to 1/8" fat, select, raw

Total lipid (fat)	S2
Phosphorus, P	S2
Vitamin E (alpha-tocopherol)	S2
Lutein + zeaxanthin	S2
Riboflavin	S2
Vitamin K (phylloquinone)	S2
Threonine	S14, S2
Lysine	S14, S2
Cystine	S14, S2
Serine	S14, S2
4:0	S2
Ash	S2
Tocopherol, beta	S2
Tyrosine	S14, S2
18:4	S2
Protein	S2
Calcium, Ca	S2
Retinol	S2
Glutamic acid	S14, S2
Water	S2
Selenium, Se	S2
Carotene, alpha	S2
Tocopherol, gamma	S2
Vitamin B-6	S2
Aspartic acid	S14, S2
10:0	S2
20:4 undifferentiated	S2
22:5 n-3 (DPA)	S2
Theobromine	S2
Potassium, K	S2
Manganese, Mn	S2
Carotene, beta	S2
Lycopene	S2
Pantothenic acid	S2
Tryptophan	S14, S2
Histidine	S14, S2
6:0	S2

NDB No. 23659 Beef, brisket, flat half, separable lean and fat, trimmed to 1/8" fat, select, raw

8:0	S2
18:1 undifferentiated	S2
18:3 undifferentiated	S2
22:6 n-3 (DHA)	S2
16:1 undifferentiated	S2
20:1	S2
Sugars, total	S2
Zinc, Zn	S2
Copper, Cu	S2
Thiamin	S2
Isoleucine	S14, S2
Leucine	S14, S2
Methionine	S14, S2
Alanine	S14, S2
Proline	S14, S2
16:0	S2
18:0	S2
18:2 undifferentiated	S2
Magnesium, Mg	S2
Cryptoxanthin, beta	S2
Vitamin C, total ascorbic acid	S2
Niacin	S2
Vitamin B-12	S2
Phenylalanine	S14, S2
Valine	S14, S2
Glycine	S14, S2
12:0	S2
14:0	S2
Caffeine	S2
Fiber, total dietary	S2
Iron, Fe	S2
Sodium, Na	S2
Tocopherol, delta	S2
Folate, total	S2
Arginine	S14, S2
20:5 n-3 (EPA)	S2
22:1 undifferentiated	S2

NDB No. 23660 Beef, brisket, flat half, separable lean and fat, trimmed to 1/8" fat, choice, cooked, braised

Total lipid (fat)	S2
Magnesium, Mg	S2
Vitamin E (alpha-tocopherol)	S2
Vitamin C, total ascorbic acid	S2
Pantothenic acid	S2
Lysine	S14, S2
Cystine	S14, S2
Aspartic acid	S14, S2
8:0	S2
10:0	S2
Carotene, beta	S2
Tryptophan	S14, S2
4:0	S2
18:2 undifferentiated	S2
Ash	S2
Calcium, Ca	S2
Phosphorus, P	S2
Carotene, alpha	S2
Cryptoxanthin, beta	S2
Tocopherol, gamma	S2
Folate, total	S2
Vitamin B-12	S2
Leucine	S14, S2
Methionine	S14, S2
Alanine	S14, S2
14:0	S2
20:1	S2
Water	S2
Iron, Fe	S2
Selenium, Se	S2
Retinol	S2
Lutein + zeaxanthin	S2
Tocopherol, delta	S2
Thiamin	S2
Threonine	S14, S2
Glutamic acid	S14, S2
6:0	S2

NDB No. 23660 Beef, brisket, flat half, separable lean and fat, trimmed to 1/8" fat, choice, cooked, braised

12:0	S2
16:0	S2
18:3 undifferentiated	S2
20:4 undifferentiated	S2
16:1 undifferentiated	S2
20:5 n-3 (EPA)	S2
22:5 n-3 (DPA)	S2
Protein	S2
Caffeine	S2
Theobromine	S2
Sugars, total	S2
Manganese, Mn	S2
Isoleucine	S14, S2
Riboflavin	S2
Vitamin B-6	S2
Phenylalanine	S14, S2
Glycine	S14, S2
Serine	S14, S2
18:4	S2
Sodium, Na	S2
Zinc, Zn	S2
Vitamin K (phylloquinone)	S2
Tyrosine	S14, S2
18:0	S2
Fiber, total dietary	S2
Potassium, K	S2
Copper, Cu	S2
Lycopene	S2
Tocopherol, beta	S2
Niacin	S2
Valine	S14, S2
Arginine	S14, S2
Histidine	S14, S2
Proline	S14, S2
18:1 undifferentiated	S2
22:6 n-3 (DHA)	S2
22:1 undifferentiated	S2

NDB No. 25000 Snacks, popcorn, microwave, 94% fat free

Iron, Fe	S3549, S1163
Folate, food	S1163
Threonine	S1163
Leucine	S1163
Cystine	S1163
Histidine	S1163
Glutamic acid	S1163
Proline	S1163
16:0	S3549
22:5 n-3 (DPA)	S3549
17:0	S3549
24:1 c	S3549
Water	S3549, S1163
Sugars, total	S3549, S1163
Vitamin E (alpha-tocopherol)	S3549, S1163
Tocopherol, beta	S3549, S1163
Tocopherol, gamma	S3549, S1163
Isoleucine	S1163
Arginine	S1163
6:0	S3549
12:0	S3549
18:0	S3549
20:0	S3549
22:1 undifferentiated	S3549
18:2 t not further defined	S3549
18:2 CLAs	S3549
Maltose	S3549, S1163
Manganese, Mn	S3549, S1163
Choline, total	S1163
Betaine	S1163
Lysine	S1163
Valine	S1163
Glycine	S1163
10:0	S3549
22:6 n-3 (DHA)	S3549
22:0	S3549
18:4	S3549

NDB No. 25000 Snacks, popcorn, microwave, 94% fat free

20:1	S3549
Fatty acids, total monounsaturated	S3549
Fatty acids, total trans-polyenoic	S3549
20:3 n-6	S3549
Total lipid (fat)	S3549, S1163
Lactose	S3549, S1163
Lutein + zeaxanthin	S3549
Vitamin B-6	S3549, S1163
Folate, total	S1163
Tryptophan	S1163
Phenylalanine	S1163
Fatty acids, total trans	S3549
4:0	S3549
8:0	S3549
14:0	S3549
18:1 undifferentiated	S3549
20:4 undifferentiated	S3549
Fatty acids, total polyunsaturated	S3549
22:1 t	S3549
16:1 c	S3549
18:2 n-6 c,c	S3549
15:1	S3549
Sucrose	S3549, S1163
Galactose	S3549, S1163
Tocopherol, delta	S3549, S1163
Thiamin	S1163
Riboflavin	S3549, S1163
Vitamin K (phylloquinone)	S1163
Serine	S1163
Fatty acids, total saturated	S3549
20:5 n-3 (EPA)	S3549
20:2 n-6 c,c	S3549
18:3 n-6 c,c,c	S3549
20:3 undifferentiated	S3549
20:3 n-3	S3549
22:4	S3549
Ash	S3549, S1163

NDB No. 25000 Snacks, popcorn, microwave, 94% fat free

Fiber, total dietary	S3549
Phosphorus, P	S3549, S1163
Potassium, K	S3549, S1163
Zinc, Zn	S3549, S1163
Copper, Cu	S3549, S1163
Lycopene	S3549
Niacin	S3549, S1163
24:0	S3549
22:1 c	S3549
Protein	S3549, S1163
Starch	S3549, S1163
Fructose	S3549, S1163
Sodium, Na	S3549, S1163
Selenium, Se	S3549, S1163
Cryptoxanthin, beta	S3549
Folic acid	S1163
Methionine	S1163
Tyrosine	S1163
18:2 undifferentiated	S3549
18:3 undifferentiated	S3549
15:0	S3549
16:1 t	S3549
18:1 c	S3549
Glucose (dextrose)	S3549, S1163
Calcium, Ca	S3549, S1163
Magnesium, Mg	S3549, S1163
Carotene, beta	S3549
Carotene, alpha	S3549
Vitamin C, total ascorbic acid	S1163
Dihydrophylloquinone	S1163
Alanine	S1163
Aspartic acid	S1163
14:1	S3549
16:1 undifferentiated	S3549
18:1 t	S3549
17:1	S3549
Fatty acids, total trans-monoenoic	S3549

NDB No. 25000 Snacks, popcorn, microwave, 94% fat free

18:3 n-3 c,c,c (ALA)	S3549

NDB No. 25002 Snacks, popcorn, unpopped kernels

Sucrose	S26
Phosphorus, P	S26
Zinc, Zn	S26
Pantothenic acid	S26
12:0	S26
14:0	S26
20:0	S26
20:1	S26
Fatty acids, total monounsaturated	S26
18:3 n-6 c,c,c	S26
20:3 undifferentiated	S26
Sugars, total	S26
16:1 undifferentiated	S26
Lactose	S26
Tocopherol, gamma	S26
Vitamin B-6	S26
18:2 undifferentiated	S26
22:0	S26
Galactose	S26
Vitamin E (alpha-tocopherol)	S26
Tocopherol, delta	S26
10:0	S26
20:2 n-6 c,c	S26
Total lipid (fat)	S26
Ash	S26
Starch	S26
Fructose	S26
Tocopherol, beta	S26
Riboflavin	S26
8:0	S26
16:0	S26
18:0	S26
15:0	S26

NDB No. 25002 Snacks, popcorn, unpopped kernels

Protein	S26
Maltose	S26
Potassium, K	S26
Sodium, Na	S26
18:1 undifferentiated	S26
20:4 undifferentiated	S26
Fatty acids, total polyunsaturated	S26
17:0	S26
17:1	S26
Glucose (dextrose)	S26
Water	S26
Fiber, total dietary	S26
Copper, Cu	S26
Thiamin	S26
Folate, total	S26
Fatty acids, total saturated	S26
18:3 undifferentiated	S26
14:1	S26
15:1	S26
Calcium, Ca	S26
Iron, Fe	S26
Magnesium, Mg	S26
Manganese, Mn	S26
Selenium, Se	S26
Niacin	S26

NDB No. 25004 Formulated bar, MARS SNACKFOOD US, SNICKERS Marathon Chewy Chocolate Peanut Bar

Cholesterol	S3361
Sodium, Na	S3361
Vitamin A, IU	S3361
Fatty acids, total trans	S3361
Protein	S3361
Fatty acids, total saturated	S3361
Carbohydrate, by difference	S3361
Ash	S3361
Calcium, Ca	S3361

NDB No. 25004 Formulated bar, MARS SNACKFOOD US, SNICKERS Marathon Chewy Chocolate Peanut Bar

Total lipid (fat)	S3361
Fiber, total dietary	S3361
Vitamin C, total ascorbic acid	S3361
Water	S3361
Sugars, total	S3361

NDB No. 25005 Formulated bar, MARS SNACKFOOD US, SNICKERS MARATHON MULTIGRAIN CRUNCH BAR

Iron, Fe	S3361
Carbohydrate, by difference	S3361
Water	S3361
Total lipid (fat)	S3361
Ash	S3361
Calcium, Ca	S3361
Protein	S3361
Cholesterol	S3361
Energy	S3361
Sodium, Na	S3361
Vitamin A, IU	S3361
Fatty acids, total saturated	S3361
Fiber, total dietary	S3361
Fatty acids, total trans	S3361
Sugars, total	S3361
Vitamin C, total ascorbic acid	S3361

NDB No. 25006 Formulated bar, MARS SNACKFOOD US, SNICKERS Marathon Double Chocolate Nut Bar

Vitamin B-6	S3361
Calcium, Ca	S3361
Zinc, Zn	S3361
Vitamin C, total ascorbic acid	S3361
Niacin	S3361
Folate, total	S3361
Protein	S3361
Carbohydrate, by difference	S3361
Vitamin B-12	S3361
Iron, Fe	S3361
Magnesium, Mg	S3361

NDB No. 25006 Formulated bar, MARS SNACKFOOD US, SNICKERS Marathon Double Chocolate Nut Bar

Pantothenic acid	S3361
Total lipid (fat)	S3361
Energy	S3361
Fiber, total dietary	S3361
Sodium, Na	S3361
Sugars, total	S3361
Vitamin E (alpha-tocopherol)	S3361
Ash	S3361
Water	S3361
Fatty acids, total trans	S3361
Fatty acids, total saturated	S3361
Phosphorus, P	S3361
Vitamin A, IU	S3361
Cholesterol	S3361

NDB No. 25007 Snacks, M&M MARS, KUDOS Whole Grain Bars, peanut butter

Fiber, total dietary	S3361
Vitamin A, IU	S3361
Ash	S3361
Fatty acids, total trans	S3361
Energy	S3361
Water	S3361
Sugars, total	S3361
Total lipid (fat)	S3361
Carbohydrate, by difference	S3361
Cholesterol	S3361
Iron, Fe	S3361
Sodium, Na	S3361
Vitamin C, total ascorbic acid	S3361
Protein	S3361
Fatty acids, total saturated	S3361
Calcium, Ca	S3361

NDB No. 25008 Formulated bar, MARS SNACKFOOD US, SNICKERS Marathon Honey Nut Oat Bar

Sodium, Na	S3361
Ash	S3361

NDB No. 25008 Formulated bar, MARS SNACKFOOD US, SNICKERS Marathon Honey Nut Oat Bar

Vitamin A, IU	S3361
Fatty acids, total trans	S3361
Total lipid (fat)	S3361
Protein	S3361
Fiber, total dietary	S3361
Fatty acids, total saturated	S3361
Water	S3361
Sugars, total	S3361
Vitamin C, total ascorbic acid	S3361

NDB No. 25009 Snacks, M&M MARS, KUDOS Whole Grain Bar, M&M's milk chocolate

Protein	S3361
Carbohydrate, by difference	S3361
Fatty acids, total trans	S3361
Energy	S3361
Water	S3361
Fiber, total dietary	S3361
Cholesterol	S3361
Ash	S3361
Total lipid (fat)	S3361
Sugars, total	S3361
Vitamin A, IU	S3361
Calcium, Ca	S3361
Iron, Fe	S3361
Fatty acids, total saturated	S3361
Sodium, Na	S3361
Vitamin C, total ascorbic acid	S3361

NDB No. 25010 Formulated bar, MARS SNACKFOOD US, COCOAVIA, Chocolate Almond Snack Bar

Iron, Fe	S3361
Sodium, Na	S3361
Fatty acids, total trans	S3361
Total lipid (fat)	S3361
Sugars, total	S3361
Calcium, Ca	S3361
Protein	S3361

NDB No. 25010 Formulated bar, MARS SNACKFOOD US, COCOAVIA, Chocolate Almond Snack Bar

Water	S3361
Vitamin A, IU	S3361
Carbohydrate, by difference	S3361
Fiber, total dietary	S3361
Vitamin C, total ascorbic acid	S3361
Ash	S3361
Fatty acids, total saturated	S3361

NDB No. 25012 Snacks, sweet potato chips

Vitamin A, IU	S3602
Cholesterol	S3602
Iron, Fe	S3602
Sodium, Na	S3602
Total lipid (fat)	S3602
Protein	S3602
Fiber, total dietary	S3602
Calcium, Ca	S3602
Sugars, total	S3602
Vitamin C, total ascorbic acid	S3602
Fatty acids, total saturated	S3602

NDB No. 25013 Snacks, FRITOLAY, SUNCHIPS, Multigrain Snack, original flavor

Choline, total	S2109
Alanine	S2661
Proline	S2661
Serine	S2661
Threonine	S2661
Leucine	S2661
Cystine	S2661
Glycine	S2661
Lysine	S2661
Histidine	S2661
Isoleucine	S2661
Phenylalanine	S2661
Methionine	S2661
Aspartic acid	S2661

NDB No. 25013 Snacks, FRITOLAY, SUNCHIPS, Multigrain Snack, original flavor

Betaine	S2109
Tryptophan	S2661
Tyrosine	S2661
Valine	S2661
Arginine	S2661
Glutamic acid	S2661

NDB No. 25014 Snacks, popcorn, microwave, regular (butter) flavor, made with partially hydrogenated oil

Total lipid (fat)	S3549, S1163
Starch	S3549, S1163
Sucrose	S3549, S1163
Glucose (dextrose)	S3549, S1163
Lactose	S3549, S1163
Maltose	S3549, S1163
Iron, Fe	S3549, S1163
Manganese, Mn	S3549, S1163
Vitamin B-6	S3549, S1163
Folate, food	S1163
Proline	S1163
22:6 n-3 (DHA)	S3549
22:1 t	S3549
18:2 CLAs	S3549
22:1 c	S3549
18:3 n-6 c,c,c	S3549
22:4	S3549
Ash	S3549, S1163
Fructose	S3549, S1163
Galactose	S3549, S1163
Magnesium, Mg	S3549, S1163
Potassium, K	S3549, S1163
Sodium, Na	S3549, S1163
Selenium, Se	S3549, S1163
Cryptoxanthin, beta	S3549
Methionine	S1163
Aspartic acid	S1163
Serine	S1163

NDB No. 25014 Snacks, popcorn, microwave, regular (butter) flavor, made with partially hydrogenated oil

Hydroxyproline	S1163
20:5 n-3 (EPA)	S3549
24:0	S3549
18:1 c	S3549
Protein	S3549, S1163
Fiber, total dietary	S3549
Zinc, Zn	S3549, S1163
Vitamin C, total ascorbic acid	S1163
Folic acid	S1163
Tryptophan	S1163
Threonine	S1163
Glycine	S1163
16:1 t	S3549
18:1 t	S3549
24:1 c	S3549
Sugars, total	S3549, S1163
Calcium, Ca	S3549, S1163
Copper, Cu	S3549, S1163
Carotene, beta	S3549
Tocopherol, gamma	S3549, S1163
Tocopherol, delta	S3549, S1163
Choline, total	S1163
Alanine	S1163
20:4 undifferentiated	S3549
20:2 n-6 c,c	S3549
Phosphorus, P	S3549, S1163
Vitamin E (alpha-tocopherol)	S3549, S1163
Riboflavin	S3549, S1163
Folate, total	S1163
Lysine	S1163
Phenylalanine	S1163
Valine	S1163
Histidine	S1163
20:1	S3549
22:5 n-3 (DPA)	S3549
18:2 t not further defined	S3549
Leucine	S1163

NDB No. 25014 Snacks, popcorn, microwave, regular (butter) flavor, made with partially hydrogenated oil

Tyrosine	S1163
Fatty acids, total saturated	S3549
18:4	S3549
22:1 undifferentiated	S3549
20:3 n-6	S3549
Water	S3549, S1163
Lycopene	S3549
Tocopherol, beta	S3549, S1163
Thiamin	S1163
Niacin	S3549, S1163
Pantothenic acid	S1163
Vitamin K (phylloquinone)	S1163
Isoleucine	S1163
Cystine	S1163
Fatty acids, total trans	S3549
18:1 undifferentiated	S3549
15:1	S3549
Carotene, alpha	S3549
Lutein + zeaxanthin	S3549
Dihydrophylloquinone	S1163
Betaine	S1163
Arginine	S1163
Glutamic acid	S1163
20:3 undifferentiated	S3549
20:3 n-3	S3549

NDB No. 25015 Formulated bar, MARS SNACKFOOD US, SNICKERS MARATHON Protein Performance Bar, Caramel Nut Rush

Phosphorus, P	S3361
Niacin	S3361
Total lipid (fat)	S3361
Sodium, Na	S3361
Pantothenic acid	S3361
Potassium, K	S3361
Zinc, Zn	S3361
Thiamin	S3361
Vitamin B-6	S3361

NDB No. 25015 Formulated bar, MARS SNACKFOOD US, SNICKERS MARATHON Protein Performance Bar, Caramel Nut Rush

Vitamin B-12	S3361
Fatty acids, total trans	S3361
Vitamin E (alpha-tocopherol)	S3361
Cholesterol	S3361
Fiber, total dietary	S3361
Protein	S3361
Iron, Fe	S3361
Sugars, total	S3361
Calcium, Ca	S3361
Vitamin A, IU	S3361
Folate, total	S3361
Magnesium, Mg	S3361
Vitamin D	S3361
Vitamin C, total ascorbic acid	S3361
Riboflavin	S3361
Fatty acids, total saturated	S3361

NDB No. 25016 Formulated bar, MARS SNACKFOOD US, SNICKERS Marathon Energy Bar, all flavors

Fatty acids, total saturated	S3361
Calcium, Ca	S3361
Niacin	S3361
Protein	S3361
Total lipid (fat)	S3361
Energy	S3361
Iron, Fe	S3361
Vitamin C, total ascorbic acid	S3361
Vitamin A, IU	S3361
Cholesterol	S3361
Carbohydrate, by difference	S3361
Magnesium, Mg	S3361
Fiber, total dietary	S3361
Fatty acids, total trans	S3361
Ash	S3361
Water	S3361
Sugars, total	S3361
Sodium, Na	S3361

NDB No. 25017 Formulated bar, POWER BAR, chocolate

Sucrose	S2109
Sugars, total	S2109
Galactose	S2109
Calcium, Ca	S2109
Zinc, Zn	S2109
Tocopherol, gamma	S2109
Pantothenic acid	S2109
Methionine	S2109
Alanine	S2109
Hydroxyproline	S2109
Fatty acids, total trans	S2109
22:0	S2109
20:3 n-6	S2109
Glucose (dextrose)	S2109
Water	S2109
Iron, Fe	S2109
Phosphorus, P	S2109
Potassium, K	S2109
Thiamin	S2109
Tryptophan	S2109
Threonine	S2109
8:0	S2109
18:2 undifferentiated	S2109
22:6 n-3 (DHA)	S2109
15:0	S2109
18:1 c	S2109
18:2 n-6 c,c	S2109
Fatty acids, total trans-polyenoic	S2109
Fructose	S2109
Copper, Cu	S2109
Manganese, Mn	S2109
Tocopherol, beta	S2109
Riboflavin	S2109
Niacin	S2109
Dihydrophylloquinone	S2109
Vitamin K (phylloquinone)	S2109
Isoleucine	S2109

NDB No. 25017 Formulated bar, POWER BAR, chocolate

Leucine	S2109
Lysine	S2109
Arginine	S2109
Cholesterol	S2109
12:0	S2109
16:0	S2109
20:4 undifferentiated	S2109
22:1 undifferentiated	S2109
22:5 n-3 (DPA)	S2109
Fatty acids, total polyunsaturated	S2109
18:2 CLAs	S2109
Total lipid (fat)	S2109
Fiber, total dietary	S2109
Magnesium, Mg	S2109
Vitamin B-12	S2109
Valine	S2109
6:0	S2109
18:0	S2109
18:1 undifferentiated	S2109
18:3 undifferentiated	S2109
14:1	S2109
20:5 n-3 (EPA)	S2109
24:0	S2109
16:1 t	S2109
20:2 n-6 c,c	S2109
18:3 n-6 c,c,c	S2109
17:1	S2109
20:3 undifferentiated	S2109
Protein	S2109
Selenium, Se	S2109
Choline, total	S2109
Cystine	S2109
Tyrosine	S2109
Proline	S2109
Serine	S2109
Fatty acids, total saturated	S2109
17:0	S2109

NDB No. 25017 Formulated bar, POWER BAR, chocolate

22:1 t	S2109
18:2 t not further defined	S2109
16:1 c	S2109
20:3 n-3	S2109
Maltose	S2109
Betaine	S2109
4:0	S2109
16:1 undifferentiated	S2109
20:1	S2109
18:1 t	S2109
24:1 c	S2109
15:1	S2109
Starch	S2109
Vitamin E (alpha-tocopherol)	S2109
Phenylalanine	S2109
Aspartic acid	S2109
Glutamic acid	S2109
10:0	S2109
20:0	S2109
Fatty acids, total monounsaturated	S2109
Fatty acids, total trans-monoenoic	S2109
18:3 n-3 c,c,c (ALA)	S2109
Ash	S2109
Lactose	S2109
Sodium, Na	S2109
Tocopherol, delta	S2109
Vitamin B-6	S2109
Histidine	S2109
Glycine	S2109
14:0	S2109
18:4	S2109
22:1 c	S2109

NDB No. 25018 Formulated bar, MARS SNACKFOOD US, COCOAVIA, Chocolate Blueberry Snack Bar

Cholesterol	S3361

NDB No. 25018 Formulated bar, MARS SNACKFOOD US, COCOAVIA, Chocolate Blueberry Snack Bar

Fiber, total dietary	S3361
Iron, Fe	S3361
Vitamin A, IU	S3361
Protein	S3361
Sodium, Na	S3361
Fatty acids, total trans	S3361
Sugars, total	S3361
Calcium, Ca	S3361
Vitamin C, total ascorbic acid	S3361
Carbohydrate, by difference	S3361
Ash	S3361
Fatty acids, total saturated	S3361
Total lipid (fat)	S3361
Water	S3361

NDB No. 25020 Formulated bar, SLIM-FAST OPTIMA meal bar, milk chocolate peanut

Fructose	S3549
Iron, Fe	S3549
Potassium, K	S3549
Tocopherol, delta	S3549
Thiamin	S3549
Vitamin K (phylloquinone)	S3549
18:0	S3549
18:3 undifferentiated	S3549
Fatty acids, total polyunsaturated	S3549
18:1 t	S3549
18:2 CLAs	S3549
18:3 n-6 c,c,c	S3549
Fatty acids, total trans-polyenoic	S3549
15:1	S3549
22:4	S3549
Lactose	S3549
Water	S3549
Vitamin E (alpha-tocopherol)	S3549
Tocopherol, beta	S3549
Choline, total	S3549

NDB No. 25020 Formulated bar, SLIM-FAST OPTIMA meal bar, milk chocolate peanut

4:0	S3549
22:5 n-3 (DPA)	S3549
17:1	S3549
Fatty acids, total trans-monoenoic	S3549
Galactose	S3549
Tocopherol, gamma	S3549
Folate, food	S3549
Fatty acids, total saturated	S3549
6:0	S3549
8:0	S3549
12:0	S3549
20:1	S3549
Fatty acids, total monounsaturated	S3549
24:0	S3549
18:2 t not further defined	S3549
22:1 c	S3549
Ash	S3549
Niacin	S3549
Menaquinone-4	S3549
10:0	S3549
18:1 undifferentiated	S3549
22:0	S3549
24:1 c	S3549
20:2 n-6 c,c	S3549
16:1 c	S3549
20:3 n-3	S3549
Protein	S3549
Starch	S3549
Sucrose	S3549
Maltose	S3549
Fiber, total dietary	S3549
Zinc, Zn	S3549
Manganese, Mn	S3549
Selenium, Se	S3549
Vitamin B-12	S3549
Dihydrophylloquinone	S3549

NDB No. 25020 Formulated bar, SLIM-FAST OPTIMA meal bar, milk chocolate peanut

Folic acid	S3549
Fatty acids, total trans	S3549
14:0	S3549
16:1 undifferentiated	S3549
22:1 undifferentiated	S3549
15:0	S3549
20:3 undifferentiated	S3549
Sugars, total	S3549
Phosphorus, P	S3549
Sodium, Na	S3549
Pantothenic acid	S3549
Folate, total	S3549
18:2 undifferentiated	S3549
14:1	S3549
18:4	S3549
20:5 n-3 (EPA)	S3549
22:1 t	S3549
Total lipid (fat)	S3549
Glucose (dextrose)	S3549
Vitamin C, total ascorbic acid	S3549
Vitamin B-6	S3549
16:0	S3549
20:0	S3549
20:4 undifferentiated	S3549
22:6 n-3 (DHA)	S3549
17:0	S3549
18:2 n-6 c,c	S3549
Calcium, Ca	S3549
Copper, Cu	S3549
Riboflavin	S3549
Betaine	S3549
16:1 t	S3549
18:1 c	S3549
18:3 n-3 c,c,c (ALA)	S3549
20:3 n-6	S3549

NDB No. 25021 Formulated bar, LUNA BAR, NUTZ OVER CHOCOLATE

Protein	S3549
Galactose	S3549
Calcium, Ca	S3549
Magnesium, Mg	S3549
Vitamin C, total ascorbic acid	S3549
Thiamin	S3549
Niacin	S3549
Vitamin B-6	S3549
Menaquinone-4	S3549
Dihydrophylloquinone	S3549
Fatty acids, total trans	S3549
4:0	S3549
10:0	S3549
16:0	S3549
Starch	S3549
Potassium, K	S3549
Manganese, Mn	S3549
Tocopherol, beta	S3549
Pantothenic acid	S3549
16:1 undifferentiated	S3549
22:1 undifferentiated	S3549
16:1 t	S3549
18:1 t	S3549
22:1 c	S3549
Ash	S3549
Lactose	S3549
Water	S3549
Sugars, total	S3549
Fiber, total dietary	S3549
Phosphorus, P	S3549
14:0	S3549
20:0	S3549
18:4	S3549
24:0	S3549
18:2 n-6 c,c	S3549
Fatty acids, total trans-polyenoic	S3549
Glucose (dextrose)	S3549

NDB No. 25021 Formulated bar, LUNA BAR, NUTZ OVER CHOCOLATE

Copper, Cu	S3549
Selenium, Se	S3549
Tocopherol, delta	S3549
Choline, total	S3549
Betaine	S3549
Fatty acids, total saturated	S3549
6:0	S3549
12:0	S3549
18:2 undifferentiated	S3549
18:3 undifferentiated	S3549
20:4 undifferentiated	S3549
22:0	S3549
14:1	S3549
20:5 n-3 (EPA)	S3549
18:2 t not further defined	S3549
24:1 c	S3549
16:1 c	S3549
20:3 n-3	S3549
Fructose	S3549
Maltose	S3549
Iron, Fe	S3549
Vitamin E (alpha-tocopherol)	S3549
Riboflavin	S3549
Vitamin K (phylloquinone)	S3549
8:0	S3549
22:1 t	S3549
18:1 c	S3549
18:3 n-6 c,c,c	S3549
Total lipid (fat)	S3549
Zinc, Zn	S3549
Folic acid	S3549
22:6 n-3 (DHA)	S3549
22:5 n-3 (DPA)	S3549
Fatty acids, total monounsaturated	S3549
20:3 undifferentiated	S3549
15:1	S3549
20:3 n-6	S3549

NDB No. 25021 Formulated bar, LUNA BAR, NUTZ OVER CHOCOLATE

22:4	S3549
Sucrose	S3549
Sodium, Na	S3549
Folate, total	S3549
18:0	S3549
18:1 undifferentiated	S3549
20:1	S3549
Fatty acids, total polyunsaturated	S3549
18:2 CLAs	S3549
20:2 n-6 c,c	S3549
17:1	S3549
18:3 n-3 c,c,c (ALA)	S3549
Tocopherol, gamma	S3549
Vitamin B-12	S3549
Folate, food	S3549
15:0	S3549
17:0	S3549
Fatty acids, total trans-monoenoic	S3549

NDB No. 25026 Popcorn, microwave, regular (butter) flavor, made with palm oil

Protein	S3549, S1163
Selenium, Se	S3549, S1163
Fatty acids, total monounsaturated	S3549
Sugars, total	S3549, S1163
10:0	S3549
Fructose	S3549, S1163
Fiber, total dietary	S3549
Magnesium, Mg	S3549, S1163
Phosphorus, P	S3549, S1163
Manganese, Mn	S3549, S1163
Niacin	S3549, S1163
8:0	S3549
12:0	S3549
Starch	S3549, S1163
Maltose	S3549, S1163

NDB No. 25026 Popcorn, microwave, regular (butter) flavor, made with palm oil

Galactose	S3549, S1163
Iron, Fe	S3549, S1163
Sodium, Na	S3549, S1163
Zinc, Zn	S3549, S1163
Vitamin C, total ascorbic acid	S1163
Riboflavin	S3549, S1163
14:0	S3549
Sucrose	S3549, S1163
Vitamin B-6	S3549, S1163
22:0	S3549
Fatty acids, total polyunsaturated	S3549
Ash	S3549, S1163
Glucose (dextrose)	S3549, S1163
Lactose	S3549, S1163
Water	S3549, S1163
Calcium, Ca	S3549, S1163
Copper, Cu	S3549, S1163
Thiamin	S1163
Potassium, K	S3549, S1163
Pantothenic acid	S1163
6:0	S3549
16:0	S3549
Hydroxyproline	S1163
4:0	S3549
16:1 undifferentiated	S3549

NDB No. 25027 Snacks, plantain chips, salted

Protein	S4531
Folate, total	S3550
Menaquinone-4	S4531
Fatty acids, total trans	S4531
12:0	S4531
20:4 undifferentiated	S4531
16:1 undifferentiated	S4531
22:1 t	S4531
17:1	S4531

NDB No. 25027 Snacks, plantain chips, salted

Water	S4531
Copper, Cu	S4531
Tocopherol, gamma	S4531
Pantothenic acid	S4531
Dihydrophylloquinone	S4531
Folate, food	S3550
6:0	S4531
10:0	S4531
18:1 undifferentiated	S4531
22:5 n-3 (DPA)	S4531
22:1 c	S4531
18:3 n-3 c,c,c (ALA)	S4531
20:3 n-3	S4531
20:3 n-6	S4531
Calcium, Ca	S4531
Phosphorus, P	S4531
Carotene, beta	S4531
Tocopherol, delta	S4531
Thiamin	S4531
Vitamin K (phylloquinone)	S4531
Fatty acids, total saturated	S4531
16:0	S4531
22:0	S4531
24:0	S4531
18:2 n-6 c,c	S4531
22:4	S4531
Ash	S4531
Starch	S3550
Manganese, Mn	S4531
Carotene, alpha	S4531
18:2 undifferentiated	S4531
18:3 undifferentiated	S4531
20:1	S4531
20:5 n-3 (EPA)	S4531
Lutein + zeaxanthin	S4531
Fatty acids, total polyunsaturated	S4531
17:0	S4531

NDB No. 25027 Snacks, plantain chips, salted

24:1 c	S4531
20:2 n-6 c,c	S4531
18:3 n-6 c,c,c	S4531
20:3 undifferentiated	S4531
Sugars, total	S4531
Fiber, total dietary	S4531
Zinc, Zn	S4531
Vitamin E (alpha-tocopherol)	S4531
Cryptoxanthin, beta	S4531
Tocopherol, beta	S4531
Riboflavin	S4531
14:0	S4531
18:0	S4531
22:1 undifferentiated	S4531
15:0	S4531
16:1 c	S4531
Total lipid (fat)	S4531
Magnesium, Mg	S4531
Potassium, K	S4531
Selenium, Se	S4531
Lycopene	S4531
Vitamin B-6	S4531
4:0	S4531
14:1	S4531
18:4	S4531
18:1 t	S4531
18:2 CLAs	S4531
18:1 c	S4531
Fatty acids, total trans-monoenoic	S4531
15:1	S4531
Sucrose	S4531
Iron, Fe	S4531
Sodium, Na	S4531
Niacin	S4531
8:0	S4531
20:0	S4531
22:6 n-3 (DHA)	S4531

NDB No. 25027 Snacks, plantain chips, salted

Fatty acids, total monounsaturated	S4531
16:1 t	S4531
18:2 t not further defined	S4531
Fatty acids, total trans-polyenoic	S4531

NDB No. 25028 Snacks, tortilla chips, plain, yellow corn

Glucose (dextrose)	S3774
Water	S3774
Vitamin B-6	S3774
6:0	S3774
20:0	S3774
18:3 undifferentiated	S3774
18:4	S3774
15:0	S3774
17:0	S3774
24:1 c	S3774
Total lipid (fat)	S3774
Fructose	S3774
Iron, Fe	S3774
18:2 undifferentiated	S3774
14:1	S3774
22:5 n-3 (DPA)	S3774
Fatty acids, total monounsaturated	S3774
24:0	S3774
18:1 t	S3774
18:2 t not further defined	S3774
Fatty acids, total trans-polyenoic	S3774
Magnesium, Mg	S3774
Phosphorus, P	S3774
Fatty acids, total saturated	S3774
4:0	S3774
18:0	S3774
20:2 n-6 c,c	S3774
18:2 n-6 c,c	S3774
22:1 c	S3774

NDB No. 25028 Snacks, tortilla chips, plain, yellow corn

20:3 undifferentiated	S3774
15:1	S3774
Maltose	S3774
Galactose	S3774
Potassium, K	S3774
16:1 undifferentiated	S3774
20:5 n-3 (EPA)	S3774
17:1	S3774
Ash	S3774
Fiber, total dietary	S3774
Calcium, Ca	S3774
Sodium, Na	S3774
Selenium, Se	S3774
Thiamin	S3774
12:0	S3774
Fatty acids, total polyunsaturated	S3774
22:1 t	S3774
18:2 CLAs	S3774
16:1 c	S3774
Starch	S3774
Zinc, Zn	S3774
Copper, Cu	S3774
Niacin	S3774
Pantothenic acid	S3774
16:0	S3774
18:1 undifferentiated	S3774
20:1	S3774
Fatty acids, total trans-monoenoic	S3774
20:3 n-3	S3774
20:3 n-6	S3774
Protein	S3774
Sucrose	S3774
Manganese, Mn	S3774
14:0	S3774
22:6 n-3 (DHA)	S3774
22:1 undifferentiated	S3774
16:1 t	S3774

NDB No. 25028 Snacks, tortilla chips, plain, yellow corn

18:3 n-6 c,c,c	S3774
18:3 n-3 c,c,c (ALA)	S3774
22:4	S3774
Lactose	S3774
Sugars, total	S3774
Riboflavin	S3774
Fatty acids, total trans	S3774
8:0	S3774
10:0	S3774
20:4 undifferentiated	S3774
22:0	S3774
18:1 c	S3774

NDB No. 25037 Snacks, pita chips, salted

Starch	S6261
Sugars, total	S6261
Sodium, Na	S6261
Zinc, Zn	S6261
Riboflavin	S6261
Tryptophan	S6261
Arginine	S6261
Aspartic acid	S6261
Glycine	S6261
6:0	S6261
8:0	S6261
10:0	S6261
18:0	S6261
18:1 undifferentiated	S6261
22:1 undifferentiated	S6261
Fatty acids, total monounsaturated	S6261
16:1 t	S6261
18:2 CLAs	S6261
16:1 c	S6261
Fatty acids, total trans-polyenoic	S6261
Protein	S6261
Fructose	S6261

NDB No. 25037 Snacks, pita chips, salted

Threonine	S6261
Serine	S6261
Fatty acids, total trans	S6261
18:2 undifferentiated	S6261
22:6 n-3 (DHA)	S6261
22:0	S6261
18:4	S6261
20:5 n-3 (EPA)	S6261
Fatty acids, total polyunsaturated	S6261
18:1 t	S6261
22:1 t	S6261
15:1	S6261
Lactose	S6261
Phosphorus, P	S6261
Copper, Cu	S6261
Tyrosine	S6261
22:5 n-3 (DPA)	S6261
18:3 n-6 c,c,c	S6261
18:3 n-3 c,c,c (ALA)	S6261
Maltose	S6261
Methionine	S6261
Cystine	S6261
18:2 t not further defined	S6261
24:1 c	S6261
17:1	S6261
Sucrose	S6261
Glucose (dextrose)	S6261
Calcium, Ca	S6261
Potassium, K	S6261
Niacin	S6261
Pantothenic acid	S6261
18:3 undifferentiated	S6261
20:4 undifferentiated	S6261
24:0	S6261
22:1 c	S6261
20:3 n-6	S6261
Water	S6261

NDB No. 25037 Snacks, pita chips, salted

Fiber, total dietary	S6261
Iron, Fe	S6261
Vitamin B-6	S6261
Isoleucine	S6261
Histidine	S6261
Alanine	S6261
Proline	S6261
Fatty acids, total saturated	S6261
14:0	S6261
16:0	S6261
18:1 c	S6261
18:2 n-6 c,c	S6261
20:3 undifferentiated	S6261
Ash	S6261
Magnesium, Mg	S6261
Selenium, Se	S6261
Leucine	S6261
Lysine	S6261
Phenylalanine	S6261
Valine	S6261
4:0	S6261
14:1	S6261
15:0	S6261
20:3 n-3	S6261
Total lipid (fat)	S6261
Galactose	S6261
Manganese, Mn	S6261
Thiamin	S6261
Glutamic acid	S6261
12:0	S6261
20:0	S6261
16:1 undifferentiated	S6261
20:1	S6261
17:0	S6261
20:2 n-6 c,c	S6261
Fatty acids, total trans-monoenoic	S6261
22:4	S6261

NDB No. 25046 Snacks, bagel chips

Zinc, Zn	S6261
Thiamin	S6261
Glycine	S6261
14:1	S6261
22:5 n-3 (DPA)	S6261
Selenium, Se	S6261
Phenylalanine	S6261
Histidine	S6261
18:0	S6261
20:0	S6261
18:1 undifferentiated	S6261
20:4 undifferentiated	S6261
20:5 n-3 (EPA)	S6261
Fatty acids, total monounsaturated	S6261
15:0	S6261
24:0	S6261
18:3 n-6 c,c,c	S6261
17:1	S6261
Fatty acids, total trans-monoenoic	S6261
Protein	S6261
Lactose	S6261
Sugars, total	S6261
Sodium, Na	S6261
Riboflavin	S6261
Methionine	S6261
Valine	S6261
Fatty acids, total saturated	S6261
6:0	S6261
16:0	S6261
16:1 undifferentiated	S6261
22:1 undifferentiated	S6261
16:1 t	S6261
20:3 undifferentiated	S6261
18:3 n-3 c,c,c (ALA)	S6261
Maltose	S6261
Fiber, total dietary	S6261

NDB No. 25046 Snacks, bagel chips

Calcium, Ca	S6261
Niacin	S6261
Alanine	S6261
Fatty acids, total trans	S6261
14:0	S6261
20:1	S6261
20:2 n-6 c,c	S6261
20:3 n-3	S6261
Total lipid (fat)	S6261
Manganese, Mn	S6261
Cystine	S6261
8:0	S6261
12:0	S6261
18:4	S6261
17:0	S6261
22:1 c	S6261
Ash	S6261
Glucose (dextrose)	S6261
Water	S6261
Phosphorus, P	S6261
Vitamin B-6	S6261
Leucine	S6261
Lysine	S6261
Tyrosine	S6261
Serine	S6261
18:2 undifferentiated	S6261
22:6 n-3 (DHA)	S6261
Fatty acids, total polyunsaturated	S6261
18:2 n-6 c,c	S6261
22:4	S6261
Starch	S6261
Sucrose	S6261
Fructose	S6261
Magnesium, Mg	S6261
Potassium, K	S6261
Tryptophan	S6261
Isoleucine	S6261

NDB No. 25046 Snacks, bagel chips

Aspartic acid	S6261
Glutamic acid	S6261
22:1 t	S6261
18:2 CLAs	S6261
16:1 c	S6261
Fatty acids, total trans-polyenoic	S6261
Galactose	S6261
Iron, Fe	S6261
Copper, Cu	S6261
Pantothenic acid	S6261
Threonine	S6261
Arginine	S6261
Proline	S6261
4:0	S6261
10:0	S6261
18:3 undifferentiated	S6261
22:0	S6261
18:1 t	S6261
18:2 t not further defined	S6261
24:1 c	S6261
18:1 c	S6261
15:1	S6261
20:3 n-6	S6261

NDB No. 25050 Snacks, yucca (cassava) chips, salted

Tocopherol, beta	S4531
Tocopherol, gamma	S4531
Dihydrophylloquinone	S4531
8:0	S4531
18:0	S4531
20:1	S4531
20:5 n-3 (EPA)	S4531
Fatty acids, total monounsaturated	S4531
22:1 t	S4531
18:2 t not further defined	S4531
Water	S4531

NDB No. 25050 Snacks, yucca (cassava) chips, salted

Phosphorus, P	S4531
Sodium, Na	S4531
Thiamin	S4531
Menaquinone-4	S4531
12:0	S4531
16:0	S4531
22:6 n-3 (DHA)	S4531
18:4	S4531
18:1 c	S4531
18:3 n-3 c,c,c (ALA)	S4531
Sugars, total	S4531
Calcium, Ca	S4531
Magnesium, Mg	S4531
Potassium, K	S4531
20:0	S4531
16:1 t	S4531
18:2 CLAs	S4531
20:3 undifferentiated	S4531
Total lipid (fat)	S4531
Vitamin E (alpha-tocopherol)	S4531
Tocopherol, delta	S4531
Pantothenic acid	S4531
Fatty acids, total saturated	S4531
6:0	S4531
10:0	S4531
14:0	S4531
22:5 n-3 (DPA)	S4531
15:1	S4531
Protein	S4531
Zinc, Zn	S4531
Riboflavin	S4531
Niacin	S4531
Vitamin K (phylloquinone)	S4531
18:3 undifferentiated	S4531
Ash	S4531
Iron, Fe	S4531
Manganese, Mn	S4531

NDB No. 25050 Snacks, yucca (cassava) chips, salted

Fatty acids, total trans	S4531
18:1 undifferentiated	S4531
16:1 undifferentiated	S4531
Fatty acids, total polyunsaturated	S4531
15:0	S4531
18:1 t	S4531
20:2 n-6 c,c	S4531
16:1 c	S4531
18:3 n-6 c,c,c	S4531
17:1	S4531
Fatty acids, total trans-polyenoic	S4531
20:3 n-6	S4531
Selenium, Se	S4531
4:0	S4531
20:4 undifferentiated	S4531
22:0	S4531
14:1	S4531
22:1 undifferentiated	S4531
24:1 c	S4531
18:2 n-6 c,c	S4531
22:1 c	S4531
20:3 n-3	S4531
Starch	S4531
Fiber, total dietary	S4531
Copper, Cu	S4531
Vitamin B-6	S4531
18:2 undifferentiated	S4531
17:0	S4531
24:0	S4531
Fatty acids, total trans-monoenoic	S4531
22:4	S4531

NDB No. 27000 Soup, egg drop, Chinese restaurant

Total lipid (fat)	S3551
Starch	S3551
Magnesium, Mg	S3551

NDB No. 27000 Soup, egg drop, Chinese restaurant

Copper, Cu	S3551
Leucine	S3551
Cystine	S3551
Glutamic acid	S3551
Fatty acids, total trans	S3551
4:0	S3551
12:0	S3551
20:0	S3551
22:0	S3551
20:3 undifferentiated	S3551
Potassium, K	S3551
Selenium, Se	S3551
Pantothenic acid	S3551
Methionine	S3551
Histidine	S3551
14:1	S3551
16:1 undifferentiated	S3551
20:1	S3551
20:5 n-3 (EPA)	S3551
22:1 undifferentiated	S3551
22:5 n-3 (DPA)	S3551
17:0	S3551
20:2 n-6 c,c	S3551
17:1	S3551
Calcium, Ca	S3551
Riboflavin	S3551
Vitamin B-6	S3551
Isoleucine	S3551
Tyrosine	S3551
Cholesterol	S3551
Fatty acids, total polyunsaturated	S3551
16:1 c	S3551
18:2 n-6 c,c	S3551
Water	S3551
Iron, Fe	S3551
Sodium, Na	S3551
Arginine	S3551

NDB No. 27000 Soup, egg drop, Chinese restaurant

18:2 t not further defined	S3551
20:3 n-3	S3551
20:3 n-6	S3551
Manganese, Mn	S3551
Niacin	S3551
Lysine	S3551
Phenylalanine	S3551
Serine	S3551
Fatty acids, total saturated	S3551
8:0	S3551
10:0	S3551
20:4 undifferentiated	S3551
18:2 CLAs	S3551
15:1	S3551
Protein	S3551
Phosphorus, P	S3551
Proline	S3551
6:0	S3551
18:0	S3551
18:2 undifferentiated	S3551
18:1 t	S3551
18:1 c	S3551
18:3 n-6 c,c,c	S3551
18:3 n-3 c,c,c (ALA)	S3551
22:4	S3551
Ash	S3551
Zinc, Zn	S3551
Thiamin	S3551
Tryptophan	S3551
Valine	S3551
Alanine	S3551
Aspartic acid	S3551
Glycine	S3551
14:0	S3551
16:0	S3551
18:1 undifferentiated	S3551
18:3 undifferentiated	S3551

NDB No. 27000 Soup, egg drop, Chinese restaurant

22:6 n-3 (DHA)	S3551
18:4	S3551
Fatty acids, total monounsaturated	S3551
15:0	S3551
16:1 t	S3551
22:1 t	S3551
24:1 c	S3551
22:1 c	S3551
Vitamin B-12	S3551
Threonine	S3551
24:0	S3551

NDB No. 27001 Soup, hot and sour, Chinese restaurant

Protein	S3551
Glucose (dextrose)	S3551
Niacin	S3551
Valine	S3551
Alanine	S3551
6:0	S3551
12:0	S3551
18:2 CLAs	S3551
Starch	S3551
Sucrose	S3551
Calcium, Ca	S3551
Phosphorus, P	S3551
Zinc, Zn	S3551
Vitamin K (phylloquinone)	S3551
Aspartic acid	S3551
Fatty acids, total trans	S3551
16:1 undifferentiated	S3551
Fatty acids, total monounsaturated	S3551
17:0	S3551
18:1 t	S3551
24:1 c	S3551
Water	S3551

NDB No. 27001 Soup, hot and sour, Chinese restaurant

Sugars, total	S3551
Iron, Fe	S3551
Sodium, Na	S3551
Copper, Cu	S3551
Selenium, Se	S3551
Vitamin B-6	S3551
Phenylalanine	S3551
8:0	S3551
18:0	S3551
18:1 undifferentiated	S3551
18:3 undifferentiated	S3551
18:4	S3551
18:1 c	S3551
18:2 n-6 c,c	S3551
20:3 n-3	S3551
Choline, total	S3551
Tryptophan	S3551
Arginine	S3551
Histidine	S3551
4:0	S3551
20:4 undifferentiated	S3551
22:6 n-3 (DHA)	S3551
20:5 n-3 (EPA)	S3551
24:0	S3551
22:1 t	S3551
Total lipid (fat)	S3551
Ash	S3551
Maltose	S3551
Galactose	S3551
Thiamin	S3551
Dihydrophylloquinone	S3551
Betaine	S3551
Threonine	S3551
Lysine	S3551
Methionine	S3551
Serine	S3551
Cholesterol	S3551

NDB No. 27001 Soup, hot and sour, Chinese restaurant

18:2 undifferentiated	S3551
22:1 undifferentiated	S3551
Fatty acids, total polyunsaturated	S3551
15:0	S3551
20:2 n-6 c,c	S3551
18:3 n-6 c,c,c	S3551
17:1	S3551
Fatty acids, total trans-monoenoic	S3551
22:4	S3551
Potassium, K	S3551
Vitamin B-12	S3551
Tyrosine	S3551
Glutamic acid	S3551
20:0	S3551
14:1	S3551
20:1	S3551
22:5 n-3 (DPA)	S3551
18:2 t not further defined	S3551
20:3 undifferentiated	S3551
18:3 n-3 c,c,c (ALA)	S3551
20:3 n-6	S3551
Manganese, Mn	S3551
Vitamin C, total ascorbic acid	S3551
Riboflavin	S3551
Pantothenic acid	S3551
Menaquinone-4	S3551
Isoleucine	S3551
Leucine	S3551
Cystine	S3551
Proline	S3551
Fatty acids, total saturated	S3551
10:0	S3551
14:0	S3551
16:0	S3551
22:0	S3551
16:1 t	S3551
16:1 c	S3551

NDB No. 27001 Soup, hot and sour, Chinese restaurant

22:1 c	S3551
Fatty acids, total trans-polyenoic	S3551
Fructose	S3551
Lactose	S3551
Magnesium, Mg	S3551
Glycine	S3551
15:1	S3551

NDB No. 27002 Soup, wonton, Chinese restaurant

Starch	S3551
Vitamin B-6	S3551
Menaquinone-4	S3551
Methionine	S3551
Fatty acids, total trans	S3551
Fatty acids, total saturated	S3551
14:0	S3551
18:0	S3551
20:4 undifferentiated	S3551
Fatty acids, total polyunsaturated	S3551
15:0	S3551
24:0	S3551
18:2 CLAs	S3551
18:2 n-6 c,c	S3551
Fatty acids, total trans-polyenoic	S3551
Sucrose	S3551
Magnesium, Mg	S3551
10:0	S3551
16:0	S3551
22:5 n-3 (DPA)	S3551
20:2 n-6 c,c	S3551
20:3 n-3	S3551
Lactose	S3551
Potassium, K	S3551
Carotene, alpha	S3551
Vitamin B-12	S3551
Dihydrophylloquinone	S3551

NDB No. 27002 Soup, wonton, Chinese restaurant

Vitamin K (phylloquinone)	S3551
Phenylalanine	S3551
Proline	S3551
20:0	S3551
18:3 undifferentiated	S3551
20:1	S3551
22:1 undifferentiated	S3551
16:1 t	S3551
18:2 t not further defined	S3551
20:3 undifferentiated	S3551
15:1	S3551
Glucose (dextrose)	S3551
Fructose	S3551
Phosphorus, P	S3551
Selenium, Se	S3551
Lutein + zeaxanthin	S3551
Riboflavin	S3551
Pantothenic acid	S3551
Threonine	S3551
Cystine	S3551
Arginine	S3551
Aspartic acid	S3551
Serine	S3551
14:1	S3551
17:1	S3551
Protein	S3551
Copper, Cu	S3551
Manganese, Mn	S3551
Carotene, beta	S3551
Niacin	S3551
8:0	S3551
22:0	S3551
Fatty acids, total monounsaturated	S3551
17:0	S3551
18:1 t	S3551
22:1 t	S3551
Sugars, total	S3551

NDB No. 27002 Soup, wonton, Chinese restaurant

Galactose	S3551
Cryptoxanthin, beta	S3551
Thiamin	S3551
Tryptophan	S3551
Leucine	S3551
Tyrosine	S3551
Valine	S3551
4:0	S3551
6:0	S3551
18:2 undifferentiated	S3551
22:6 n-3 (DHA)	S3551
16:1 undifferentiated	S3551
20:5 n-3 (EPA)	S3551
16:1 c	S3551
22:1 c	S3551
Maltose	S3551
Water	S3551
Calcium, Ca	S3551
Iron, Fe	S3551
Zinc, Zn	S3551
Isoleucine	S3551
Alanine	S3551
Glycine	S3551
Cholesterol	S3551
18:4	S3551
18:3 n-6 c,c,c	S3551
Fatty acids, total trans-monoenoic	S3551
20:3 n-6	S3551
22:4	S3551
Total lipid (fat)	S3551
Ash	S3551
Sodium, Na	S3551
Lycopene	S3551
Lysine	S3551
Histidine	S3551
Glutamic acid	S3551
12:0	S3551

NDB No. 27002 Soup, wonton, Chinese restaurant

18:1 undifferentiated	S3551
24:1 c	S3551
18:1 c	S3551
18:3 n-3 c,c,c (ALA)	S3551

NDB No. 27004 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Beef Stew - Fully Loaded

Water	S4601

NDB No. 27005 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Beef Stroganof - Fully Loaded

Water	S4601

NDB No. 27006 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, HEALTHY REQUEST Beef Barley Soup

Water	S4601

NDB No. 27007 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, HEALTHY REQUEST Microwavable Bowls, Chicken Noodle Soup

Water	S4601

NDB No. 27008 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, HEALTHY REQUEST Microwavable Bowls, Grilled Chicken & Sausage Gumbo Soup

Water	S4601

NDB No. 27009 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, HEALTHY REQUEST New England Clam Chowder

Water	S4601

NDB No. 27010 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Rigatoni & Meatballs - Fully Loaded

Water	S4601

NDB No. 27011 CAMPBELL Soup Company, CAMPBELL'S CHUNKY Soups, Turkey Pot Pie - Fully Loaded

Water	S4601

NDB No. 27013 CAMPBELL Soup Company, CAMPBELL'S Red and White, Chicken Barley with Mushrooms Soup, condensed

Water S4601

NDB No. 27014 CAMPBELL Soup Company, CAMPBELL'S Red and White, Italian Style Wedding Soup, condensed

Water S4601

NDB No. 27015 CAMPBELL Soup Company, CAMPBELL'S Red and White, SHREK shaped pasta with Chicken in Chicken Broth Soup, condensed

Water S4601

NDB No. 27016 CAMPBELL Soup Company, CAMPBELL's Red and White, Souper Shapes Soup - Cars, condensed

Water S4601

NDB No. 27017 CAMPBELL Soup Company, CAMPBELL'S SELECT Microwaveable Bowls, HEALTHY REQUEST Italian Wedding Soup

Water S4601

NDB No. 27018 CAMPBELL Soup Company, CAMPBELL'S SELECT Microwaveable Bowls, HEALTHY REQUEST Mexican Style Tortilla

Water S4601

NDB No. 27019 CAMPBELL Soup Company, CAMPBELL'S SELECT Soup, Harvest Tomato with Basil Soup

Water S4601

NDB No. 27020 CAMPBELL Soup Company, CAMPBELL'S SELECT Soup, Zesty Azteca Meatballs & Rice

Water S4601

NDB No. 27021 CAMPBELL Soup Company, CAMPBELL'S SELECT Soups, HEALTHY REQUEST Chicken with Egg Noodles

Water S4601

NDB No. 27022 CAMPBELL Soup Company, CAMPBELL'S SOUP AT HAND, 25% Less Sodium Chicken with Mini Noodles Soup

NDB No. 27022 CAMPBELL Soup Company, CAMPBELL'S SOUP AT HAND, 25% Less Sodium Chicken with Mini Noodles Soup

Water S4601

NDB No. 27023 CAMPBELL Soup Company, CAMPBELL'S SOUP AT HAND, 25% Less Sodium Classic Tomato

Water S4601

NDB No. 27024 CAMPBELL Soup Company, CAMPBELL'S SELECT Gold Label Soups, Creamy Tomato Parmesan

Water S4601

NDB No. 27025 CAMPBELL Soup Company, CAMPBELL'S SELECT Gold Label Soups, Italian Tomato & Basil Soup

Water S4601

NDB No. 27026 CAMPBELL Soup Company, CAMPBELL'S SELECT Gold Label Soups, Southwestern Corn Chowder

Water S4601

NDB No. 27027 CAMPBELL Soup Company, PACE, Pico De Gallo

Water S4601

NDB No. 27028 CAMPBELL Soup Company, PACE, Salsa Verde

Water S4601

NDB No. 27029 CAMPBELL Soup Company, PACE, Tequila Lime Salsa

Water S4601

NDB No. 27030 CAMPBELL Soup Company, PACE, Triple Pepper Salsa

Water S4601

NDB No. 27032 CAMPBELL Soup Company, CAMPBELL'S Red and White, Lentil Soup, condensed

Water S4601

NDB No. 27033 CAMPBELL Soup Company, PREGO Pasta, Heart Smart- Traditional Sauce, ready-to-serve

Water	S4601

NDB No. 27034 CAMPBELL Soup Company, CAMPBELL'S Red and White, 98% Fat Free Cream of Mushroom Soup, condensed

Water	S3921

NDB No. 31011 CAMPBELL Soup Company, V8 Vegetable Juice, Calcium Enriched V8

Water	S3921

NDB No. 31014 CAMPBELL Soup Company, PACE, Jalapenos Nacho Sliced Peppers

Water	S3921

NDB No. 31015 CAMPBELL Soup Company, PACE, Diced Green Chilies

Water	S3921

NDB No. 35001 Agutuk, fish/berry with seal oil (Alaskan ice cream) (Alaska Native)

Calcium, Ca	D4961
Iron, Fe	D4961
Vitamin E (alpha-tocopherol)	D4961
Pantothenic acid	D4961
Fatty acids, total saturated	D4961
Water	D4961
Folate, total	D4961
Protein	D4961
Ash	D4961
Riboflavin	D4961
Niacin	D4961
Cholesterol	D4961
Fiber, total dietary	D4961
Potassium, K	D4961
Zinc, Zn	D4961
18:3 undifferentiated	D4961
Phosphorus, P	D4961
Manganese, Mn	D4961

NDB No. 35001 Agutuk, fish/berry with seal oil (Alaskan ice cream) (Alaska Native)

Vitamin A, IU	D4961
Thiamin	D4961
Vitamin B-6	D4961
Total lipid (fat)	D4961
Fatty acids, total polyunsaturated	D4961
Carbohydrate, by difference	D4961
Sodium, Na	D4961
Magnesium, Mg	D4961
Copper, Cu	D4961
Vitamin C, total ascorbic acid	D4961
18:2 undifferentiated	D4961
Fatty acids, total monounsaturated	D4961

NDB No. 35003 Agutuk, meat-caribou (Alaskan ice cream) (Alaska Native)

Protein	D4961
Sodium, Na	D4961
Zinc, Zn	D4961
Carbohydrate, by difference	D4961
Phosphorus, P	D4961
Vitamin A, IU	D4961
Fatty acids, total saturated	D4961
Water	D4961
Calcium, Ca	D4961
18:2 undifferentiated	D4961
Copper, Cu	D4961
Niacin	D4961
Folate, total	D4961
Fatty acids, total polyunsaturated	D4961
Manganese, Mn	D4961
Riboflavin	D4961
Vitamin B-12	D4961
Fatty acids, total monounsaturated	D4961
Ash	D4961
Iron, Fe	D4961
Thiamin	D4961

NDB No. 35003 Agutuk, meat-caribou (Alaskan ice cream) (Alaska Native)

18:3 undifferentiated	D4961
Magnesium, Mg	D4961
Potassium, K	D4961
Cholesterol	D4961
Total lipid (fat)	D4961
Vitamin C, total ascorbic acid	D4961
Pantothenic acid	D4961
Vitamin B-6	D4961

NDB No. 35004 Ascidians (tunughnak) (Alaska Native)

Protein	D4961
Vitamin C, total ascorbic acid	D4961
Cholesterol	D4961
Fatty acids, total monounsaturated	D4961
Ash	D4961
Water	D4961
Thiamin	D4961
Total lipid (fat)	D4961
Riboflavin	D4961
Fatty acids, total saturated	D4961
Calcium, Ca	D4961
Potassium, K	D4961
18:2 undifferentiated	D4961
18:3 undifferentiated	D4961
Fatty acids, total polyunsaturated	D4961
Sodium, Na	D4961
Vitamin A, IU	D4961
Niacin	D4961
Carbohydrate, by difference	D4961
Iron, Fe	D4961

NDB No. 35007 Bear, black, meat (Alaska Native)

Protein	D4961
Phosphorus, P	D4961
Total lipid (fat)	D4961

NDB No. 35007 Bear, black, meat (Alaska Native)

Water	D4961
Iron, Fe	D4961
Vitamin A, IU	D4961
Thiamin	D4961
Ash	D4961
Niacin	D4961
Riboflavin	D4961
Carbohydrate, by difference	D4961

NDB No. 35008 Bear, polar, meat, raw (Alaska Native)

Niacin	D4961
Fatty acids, total monounsaturated	D4961
Carbohydrate, by difference	D4961
Potassium, K	D4961
Protein	D4961
Iron, Fe	D4961
Thiamin	D4961
Water	D4961
Vitamin C, total ascorbic acid	D4961
18:3 undifferentiated	D4961
Calcium, Ca	D4961
Riboflavin	D4961
Fatty acids, total polyunsaturated	D4961
Total lipid (fat)	D4961
Ash	D4961
Vitamin A, IU	D4961
Fatty acids, total saturated	D4961
18:2 undifferentiated	D4961

NDB No. 35009 Whale, beluga, meat, dried (Alaska Native)

Methionine	S3561
Serine	S3561
Fatty acids, total saturated	S3561
12:0	S3561
18:0	S3561

NDB No. 35009 Whale, beluga, meat, dried (Alaska Native)

18:2 undifferentiated	S3561
18:4	S3561
Fatty acids, total monounsaturated	S3561
Calcium, Ca	S3561, D4961
Tocopherol, beta	S3561
Tocopherol, gamma	S3561
Niacin	S3561
Lysine	S3561
Cystine	S3561
10:0	S3561
Carbohydrate, by difference	D4961
Ash	S3561
Iron, Fe	S3561, D4961
Zinc, Zn	S3561
Thiamin	S3561
Riboflavin	S3561
Vitamin B-6	S3561
Choline, total	S3561
Histidine	S3561
Aspartic acid	S3561
8:0	S3561
14:0	S3561
16:0	S3561
20:5 n-3 (EPA)	S3561
17:1	S3561
Total lipid (fat)	S3561, D4961
Vitamin C, total ascorbic acid	S3561
Vitamin B-12	S3561
Dihydrophylloquinone	S3561
Tyrosine	S3561
16:1 undifferentiated	S3561
24:0	S3561
Protein	S3561, D4961
Folate, total	S3561
Leucine	S3561
18:1 undifferentiated	S3561
18:3 undifferentiated	S3561

NDB No. 35009 Whale, beluga, meat, dried (Alaska Native)

20:4 undifferentiated	S3561
22:6 n-3 (DHA)	S3561
14:1	S3561
24:1 c	S3561
15:1	S3561
Water	S3561, D4961
Potassium, K	S3561
Manganese, Mn	S3561
Folate, food	S3561
Isoleucine	S3561
Proline	S3561
20:1	S3561
Fatty acids, total polyunsaturated	S3561
Phosphorus, P	S3561, D4961
Tocopherol, delta	S3561
Vitamin K (phylloquinone)	S3561
Folic acid	S3561
Tryptophan	S3561
Phenylalanine	S3561
Valine	S3561
Glutamic acid	S3561
22:1 undifferentiated	S3561
22:5 n-3 (DPA)	S3561
15:0	S3561
20:2 n-6 c,c	S3561
20:3 undifferentiated	S3561
21:5	S3561
22:4	S3561
Magnesium, Mg	S3561
Sodium, Na	S3561
Copper, Cu	S3561
Selenium, Se	S3561
Pantothenic acid	S3561
Betaine	S3561
Threonine	S3561
Arginine	S3561
Alanine	S3561

NDB No. 35009 Whale, beluga, meat, dried (Alaska Native)

Glycine	S3561
Cholesterol	S3561
20:0	S3561
22:0	S3561
17:0	S3561

NDB No. 35010 Whale, beluga, eyes (Alaska Native)

Carbohydrate, by difference	D4961
Phosphorus, P	D4961
Total lipid (fat)	D4961
Ash	D4961
Water	D4961
Protein	D4961

NDB No. 35011 Whale, beluga, meat, raw (Alaska Native)

Protein	D4961
Total lipid (fat)	D4961
Ash	D4961
Calcium, Ca	D4961
Phosphorus, P	D4961
Cholesterol	D4961
Iron, Fe	D4961
Water	D4961
Carbohydrate, by difference	D4961

NDB No. 35012 Whale, beluga, flipper, raw (Alaska Native)

Total lipid (fat)	D4961
Phosphorus, P	D4961
Water	D4961
Protein	D4961
Ash	D4961
Carbohydrate, by difference	D4961
Iron, Fe	D4961

NDB No. 35013 Whale, beluga, liver, raw (Alaska Native)

Water	D4961
Phosphorus, P	D4961
Calcium, Ca	D4961
Protein	D4961
Total lipid (fat)	D4961
Ash	D4961
Vitamin A, IU	D4961
Carbohydrate, by difference	D4961

NDB No. 35014 Oil, beluga, whale (Alaska Native)

Protein	S3561
Total lipid (fat)	D4961
Carbohydrate, by difference	D4961
Vitamin E (alpha-tocopherol)	S3561
Thiamin	D4961
Niacin	D4961
20:4 undifferentiated	S3561
22:5 n-3 (DPA)	S3561
20:3 undifferentiated	S3561
15:1	S3561
22:4	S3561
Ash	S3561
Phosphorus, P	S3561
Potassium, K	S3561
Tocopherol, beta	S3561
18:0	S3561
18:2 undifferentiated	S3561
22:0	S3561
Fatty acids, total monounsaturated	S3561
Fatty acids, total polyunsaturated	S3561
21:5	S3561
Water	D4961
Sodium, Na	S3561
Zinc, Zn	S3561
Menaquinone-4	S3561
12:0	S3561

NDB No. 35014 Oil, beluga, whale (Alaska Native)

20:0	S3561
14:1	S3561
20:1	S3561
20:5 n-3 (EPA)	S3561
17:0	S3561
20:2 n-6 c,c	S3561
Magnesium, Mg	S3561
Manganese, Mn	S3561
Selenium, Se	S3561
Tocopherol, delta	S3561
10:0	S3561
16:1 undifferentiated	S3561
Riboflavin	D4961
Vitamin K (phylloquinone)	S3561
18:1 undifferentiated	S3561
22:1 undifferentiated	S3561
24:0	S3561
Dihydrophylloquinone	S3561
8:0	S3561
18:3 undifferentiated	S3561
22:6 n-3 (DHA)	S3561
Calcium, Ca	S3561
Iron, Fe	S3561
Fatty acids, total saturated	S3561
14:0	S3561
15:0	S3561
17:1	S3561
Copper, Cu	S3561
Vitamin D	S3561
Tocopherol, gamma	S3561
16:0	S3561
18:4	S3561
24:1 c	S3561

NDB No. 35015 Blackberries, wild, raw (Alaska Native)

Water	S3481

NDB No. 35015 Blackberries, wild, raw (Alaska Native)

Fiber, total dietary	S3481
Phosphorus, P	S3481
Manganese, Mn	S3481
Carotene, beta	S3481
Cryptoxanthin, beta	S3481
Folate, total	S3481
Protein	S3481
Sucrose	S3481
Lactose	S3481
Potassium, K	S3481
Iron, Fe	S3481
Tocopherol, beta	S3481
Menaquinone-4	S3481
Dihydrophylloquinone	S3481
Total lipid (fat)	S3481
Sugars, total	S3481
Sodium, Na	S3481
Vitamin C, total ascorbic acid	S3481
Tocopherol, delta	S3481
Vitamin B-6	S3481
Folic acid	S3481
Ash	S3481
Glucose (dextrose)	S3481
Galactose	S3481
Magnesium, Mg	S3481
Carotene, alpha	S3481
Lycopene	S3481
Niacin	S3481
Pantothenic acid	S3481
Vitamin K (phylloquinone)	S3481
Folate, food	S3481
Zinc, Zn	S3481
Copper, Cu	S3481
Vitamin E (alpha-tocopherol)	S3481
Tocopherol, gamma	S3481
Thiamin	S3481
Riboflavin	S3481

NDB No. 35015 Blackberries, wild, raw (Alaska Native)

Starch	S3481
Fructose	S3481
Maltose	S3481
Calcium, Ca	S3481

NDB No. 35016 Fish, blackfish, whole (Alaska Native)

Calcium, Ca	D4961
Vitamin A, IU	D4961
Riboflavin	D4961
Ash	D4961
Iron, Fe	D4961
Total lipid (fat)	D4961
Carbohydrate, by difference	D4961
Phosphorus, P	D4961
Water	D4961
Thiamin	D4961
Protein	D4961
Niacin	D4961

NDB No. 35017 Blueberries, wild, frozen (Alaska Native)

Total lipid (fat)	D4961
Riboflavin	D4961
Water	D4961
Iron, Fe	D4961
Protein	D4961
Carbohydrate, by difference	D4961
Thiamin	D4961
Ash	D4961
Calcium, Ca	D4961
Vitamin C, total ascorbic acid	D4961
Niacin	D4961
Vitamin A, IU	D4961

NDB No. 35021 Caribou, bone marrow, raw (Alaska Native)

Phosphorus, P	D4961

NDB No. 35021 Caribou, bone marrow, raw (Alaska Native)

Vitamin A, IU	D4961
Thiamin	D4961
Total lipid (fat)	D4961
Iron, Fe	D4961
Carbohydrate, by difference	D4961
Protein	D4961
Ash	D4961
Niacin	D4961
Water	D4961

NDB No. 35022 Caribou, eye, raw (Alaska Native)

Calcium, Ca	D4961
Iron, Fe	D4961
Phosphorus, P	D4961
Water	D4961
Thiamin	D4961
Riboflavin	D4961
Carbohydrate, by difference	D4961
Niacin	D4961
Total lipid (fat)	D4961
Protein	D4961
Ash	D4961
Vitamin A, IU	D4961

NDB No. 35023 Caribou, liver, raw (Alaska Native)

Total lipid (fat)	D4961
Carbohydrate, by difference	D4961
Phosphorus, P	D4961
Protein	D4961
Calcium, Ca	D4961
Ash	D4961
Water	D4961
Iron, Fe	D4961
Vitamin A, IU	D4961

NDB No. 35024 Stew/soup, caribou (Alaska Native)

Total lipid (fat)	D4961
Carbohydrate, by difference	D4961
Riboflavin	D4961
Pantothenic acid	D4961
Vitamin B-6	D4961
Ash	D4961
Vitamin A, IU	D4961
Vitamin C, total ascorbic acid	D4961
Calcium, Ca	D4961
Niacin	D4961
Fatty acids, total saturated	D4961
18:3 undifferentiated	D4961
Water	D4961
Phosphorus, P	D4961
Zinc, Zn	D4961
Copper, Cu	D4961
Folate, total	D4961
Fiber, total dietary	D4961
Iron, Fe	D4961
Manganese, Mn	D4961
Magnesium, Mg	D4961
Potassium, K	D4961
Sodium, Na	D4961
Protein	D4961
Thiamin	D4961
Fatty acids, total polyunsaturated	D4961

NDB No. 35025 Caribou, tongue, raw (Alaska Native)

Protein	D4961
Calcium, Ca	D4961
Iron, Fe	D4961
Total lipid (fat)	D4961
Carbohydrate, by difference	D4961
Vitamin A, IU	D4961
Thiamin	D4961
Phosphorus, P	D4961

NDB No. 35025 Caribou, tongue, raw (Alaska Native)

Ash	D4961
Water	D4961

NDB No. 35026 Chiton, leathery, gumboots (Alaska Native)

Protein	D4961
Carbohydrate, by difference	D4961
Ash	D4961
Vitamin A, IU	D4961
Vitamin C, total ascorbic acid	D4961
Iron, Fe	D4961
Thiamin	D4961
Niacin	D4961
Calcium, Ca	D4961
Riboflavin	D4961
Total lipid (fat)	D4961
Water	D4961

NDB No. 35027 Cloudberries, raw (Alaska Native)

Niacin	D4961
Protein	D4961
Water	D4961
Phosphorus, P	D4961
Vitamin C, total ascorbic acid	D4961
Carbohydrate, by difference	D4961
Ash	D4961
Vitamin A, IU	D4961
Total lipid (fat)	D4961
Iron, Fe	D4961
Thiamin	D4961
Calcium, Ca	D4961
Riboflavin	D4961

NDB No. 35028 Cockles, raw (Alaska Native)

Ash	D4961
Iron, Fe	D4961

NDB No. 35028 Cockles, raw (Alaska Native)

Water	D4961
Calcium, Ca	D4961
Protein	D4961
Total lipid (fat)	D4961
Niacin	D4961
Carbohydrate, by difference	D4961
Riboflavin	D4961
Thiamin	D4961

NDB No. 35029 Cranberries, wild, bush, raw (Alaska Native)

Riboflavin	D4961
Calcium, Ca	D4961
Fiber, total dietary	D4961
Thiamin	D4961
Carbohydrate, by difference	D4961
Ash	D4961
Water	D4961
Vitamin A, IU	D4961
Vitamin C, total ascorbic acid	D4961
Protein	D4961
Phosphorus, P	D4961
Total lipid (fat)	D4961
Iron, Fe	D4961
Potassium, K	D4961
Sodium, Na	D4961
Niacin	D4961

NDB No. 35030 Cranberry, low bush or lingenberry, raw (Alaska Native)

Total lipid (fat)	D4961
Calcium, Ca	D4961
Iron, Fe	D4961
Vitamin A, IU	D4961
Vitamin C, total ascorbic acid	D4961
Carbohydrate, by difference	D4961
Phosphorus, P	D4961
Thiamin	D4961

NDB No. 35030 Cranberry, low bush or lingenberry, raw (Alaska Native)

Ash	D4961
Water	D4961
Niacin	D4961
Protein	D4961
Riboflavin	D4961

NDB No. 35034 Fish, devilfish, meat (Alaska Native)

Total lipid (fat)	D4961
Ash	D4961
Vitamin A, IU	D4961
Calcium, Ca	D4961
Protein	D4961
Carbohydrate, by difference	D4961
Phosphorus, P	D4961
Water	D4961
Niacin	D4961
Vitamin C, total ascorbic acid	D4961
Thiamin	D4961
Iron, Fe	D4961
Riboflavin	D4961

NDB No. 35038 Fireweed, young leaves, raw (Alaska Native)

Total lipid (fat)	D4961
Water	D4961
Protein	D4961
Potassium, K	D4961
Sodium, Na	D4961
Calcium, Ca	D4961
Iron, Fe	D4961
Carbohydrate, by difference	D4961
Ash	D4961
Phosphorus, P	D4961
Thiamin	D4961
Riboflavin	D4961
Niacin	D4961
Vitamin A, IU	D4961

NDB No. 35038 Fireweed, young leaves, raw (Alaska Native)

Fiber, total dietary	D4961
Vitamin C, total ascorbic acid	D4961

NDB No. 35039 Fish, herring eggs on giant kelp, Pacific (Alaska Native)

Sodium, Na	D4961
Protein	D4961
Calcium, Ca	D4961
Water	D4961
Thiamin	D4961
Carbohydrate, by difference	D4961
Ash	D4961
Iron, Fe	D4961
Vitamin A, IU	D4961
Riboflavin	D4961
Total lipid (fat)	D4961
Niacin	D4961

NDB No. 35040 Fish, herring eggs, Pacific, dry (Alaska Native)

Total lipid (fat)	D4961
Carbohydrate, by difference	D4961
Ash	D4961
Thiamin	D4961
Niacin	D4961
Riboflavin	D4961
Calcium, Ca	D4961
Phosphorus, P	D4961
Water	D4961
Protein	D4961

NDB No. 35041 Fish, herring eggs, Pacific, plain (Alaska Native)

Riboflavin	D4961
Vitamin C, total ascorbic acid	D4961
Cholesterol	D4961
18:3 undifferentiated	D4961
Carbohydrate, by difference	D4961

NDB No. 35041 Fish, herring eggs, Pacific, plain (Alaska Native)

Calcium, Ca	D4961
Sodium, Na	D4961
Fatty acids, total monounsaturated	D4961
Fatty acids, total polyunsaturated	D4961
Iron, Fe	D4961
Thiamin	D4961
Niacin	D4961
Fatty acids, total saturated	D4961
Vitamin A, IU	D4961
Protein	D4961
Total lipid (fat)	D4961
Ash	D4961
Water	D4961
18:2 undifferentiated	D4961

NDB No. 35042 Fish, herring, Pacific, flesh, air-dried, packed in oil (Alaska Native)

Total lipid (fat)	D4961
Protein	D4961
Water	D4961
Ash	D4961
Phosphorus, P	D4961
Vitamin A, IU	D4961
Carbohydrate, by difference	D4961
Niacin	D4961
Thiamin	D4961

NDB No. 35043 Huckleberries, raw (Alaska Native)

Total lipid (fat)	D4961
Iron, Fe	D4961
Carbohydrate, by difference	D4961
Sodium, Na	D4961
Calcium, Ca	D4961
Ash	D4961
Riboflavin	D4961
Protein	D4961

NDB No. 35043 Huckleberries, raw (Alaska Native)

Thiamin	D4961
Water	D4961
Vitamin A, IU	D4961
Vitamin C, total ascorbic acid	D4961
Niacin	D4961

NDB No. 35046 Fish, lingcod, meat, raw (Alaska Native)

Protein	D4961
Thiamin	D4961
Carbohydrate, by difference	D4961
Ash	D4961
Sodium, Na	D4961
Riboflavin	D4961
Potassium, K	D4961
Vitamin A, IU	D4961
Total lipid (fat)	D4961
Water	D4961

NDB No. 35047 Fish, lingcod, liver (Alaska Native)

Protein	D4961
Carbohydrate, by difference	D4961
Phosphorus, P	D4961
Water	D4961
Vitamin A, IU	D4961
Vitamin C, total ascorbic acid	D4961
Thiamin	D4961
Calcium, Ca	D4961
Niacin	D4961
Total lipid (fat)	D4961
Ash	D4961
Iron, Fe	D4961

NDB No. 35048 Stew, moose (Alaska Native)

Total lipid (fat)	D4961
Iron, Fe	D4961

NDB No. 35048 Stew, moose (Alaska Native)

Vitamin A, IU	D4961
Fatty acids, total saturated	D4961
18:2 undifferentiated	D4961
Calcium, Ca	D4961
Phosphorus, P	D4961
Vitamin C, total ascorbic acid	D4961
Pantothenic acid	D4961
Folate, total	D4961
Magnesium, Mg	D4961
Potassium, K	D4961
Manganese, Mn	D4961
Riboflavin	D4961
Vitamin B-6	D4961
Fatty acids, total monounsaturated	D4961
Protein	D4961
Zinc, Zn	D4961
Carbohydrate, by difference	D4961
Water	D4961
Thiamin	D4961
Ash	D4961
Sodium, Na	D4961
Copper, Cu	D4961
Niacin	D4961
Fiber, total dietary	D4961
18:3 undifferentiated	D4961
Fatty acids, total polyunsaturated	D4961

NDB No. 35049 Moose, meat, raw (Alaska Native)

Ash	D4961
Calcium, Ca	D4961
Iron, Fe	D4961
Riboflavin	D4961
Protein	D4961
Phosphorus, P	D4961
Sodium, Na	D4961
18:2 undifferentiated	D4961

NDB No. 35049 Moose, meat, raw (Alaska Native)

Fatty acids, total polyunsaturated	D4961
Carbohydrate, by difference	D4961
Water	D4961
Magnesium, Mg	D4961
Manganese, Mn	D4961
Vitamin A, IU	D4961
Cholesterol	D4961
18:3 undifferentiated	D4961
Thiamin	D4961
Niacin	D4961
Fatty acids, total monounsaturated	D4961
Copper, Cu	D4961
Total lipid (fat)	D4961
Potassium, K	D4961
Zinc, Zn	D4961
Vitamin C, total ascorbic acid	D4961

NDB No. 35050 Mashu roots, raw (Alaska Native)

Total lipid (fat)	D4961
Ash	D4961
Niacin	D4961
Carbohydrate, by difference	D4961
Water	D4961
Vitamin A, IU	D4961
Vitamin C, total ascorbic acid	D4961
Phosphorus, P	D4961
Protein	D4961
Riboflavin	D4961
Thiamin	D4961

NDB No. 35051 Moose, liver, braised (Alaska Native)

Total lipid (fat)	D4961
Potassium, K	D4961
Vitamin A, IU	D4961
Pantothenic acid	D4961

NDB No. 35051 Moose, liver, braised (Alaska Native)

Water	D4961
Niacin	D4961
Fatty acids, total polyunsaturated	D4961
Sodium, Na	D4961
Manganese, Mn	D4961
Vitamin C, total ascorbic acid	D4961
Folate, total	D4961
Calcium, Ca	D4961
Magnesium, Mg	D4961
Phosphorus, P	D4961
Cholesterol	D4961
Protein	D4961
Carbohydrate, by difference	D4961
18:3 undifferentiated	D4961
Thiamin	D4961
Vitamin B-12	D4961
Copper, Cu	D4961
Ash	D4961
Iron, Fe	D4961
Zinc, Zn	D4961
Riboflavin	D4961
Vitamin B-6	D4961
Fatty acids, total monounsaturated	D4961

NDB No. 35052 Mouse nuts, roots (Alaska Native)

Total lipid (fat)	D4961
Thiamin	D4961
Protein	D4961
Calcium, Ca	D4961
Riboflavin	D4961
Niacin	D4961
Carbohydrate, by difference	D4961
Water	D4961
Ash	D4961
Phosphorus, P	D4961
Vitamin C, total ascorbic acid	D4961

NDB No. 35053 Mouse nuts, seedlings (Alaska Native)

Total lipid (fat)	D4961
Carbohydrate, by difference	D4961
Ash	D4961
Water	D4961
Phosphorus, P	D4961
Riboflavin	D4961
Niacin	D4961
Vitamin C, total ascorbic acid	D4961
Protein	D4961
Thiamin	D4961
Calcium, Ca	D4961

NDB No. 35054 Octopus (Alaska Native)

Fatty acids, total polyunsaturated	D4961
Manganese, Mn	D4961
Thiamin	D4961
Ash	D4961
Zinc, Zn	D4961
Copper, Cu	D4961
Vitamin C, total ascorbic acid	D4961
Cholesterol	D4961
Water	D4961
Calcium, Ca	D4961
Total lipid (fat)	D4961
Protein	D4961
Iron, Fe	D4961
Phosphorus, P	D4961
Vitamin A, IU	D4961
Fatty acids, total saturated	D4961
Riboflavin	D4961
Niacin	D4961
Carbohydrate, by difference	D4961

NDB No. 35055 Seal, bearded (Oogruk), meat, dried (Alaska Native)

Vitamin A, IU	D4961
Leucine	S3561

NDB No. 35055 Seal, bearded (Oogruk), meat, dried (Alaska Native)

Tyrosine	S3561
Glutamic acid	S3561
Fatty acids, total monounsaturated	D4961
Iron, Fe	D4961
Threonine	S3561
Isoleucine	S3561
Lysine	S3561
Cystine	S3561
Alanine	S3561
Proline	S3561
18:3 undifferentiated	D4961
Phosphorus, P	D4961
Histidine	S3561
Fatty acids, total saturated	D4961
Carbohydrate, by difference	D4961
Ash	D4961
Thiamin	D4961
Methionine	S3561
Valine	S3561
Phenylalanine	S3561
Fatty acids, total polyunsaturated	D4961
Water	D4961
Tryptophan	S3561
Arginine	S3561
Glycine	S3561
Protein	D4961
Total lipid (fat)	D4961
Riboflavin	D4961
Aspartic acid	S3561
Serine	S3561
18:2 undifferentiated	D4961

NDB No. 35056 Seal, bearded (Oogruk), meat, raw (Alaska Native)

Total lipid (fat)	D4961
Iron, Fe	D4961
Vitamin A, IU	D4961

NDB No. 35056 Seal, bearded (Oogruk), meat, raw (Alaska Native)

Protein	D4961
Ash	D4961
Riboflavin	D4961
Phosphorus, P	D4961
Cholesterol	D4961
Thiamin	D4961
Niacin	D4961
Carbohydrate, by difference	D4961
Water	D4961
Calcium, Ca	D4961

NDB No. 35057 Oil, bearded seal (Oogruk) (Alaska Native)

Iron, Fe	S3561, D4961, S4303
Zinc, Zn	S3561, S4303
Copper, Cu	S3561, S4303
Thiamin	D4961, S4303
Vitamin B-6	S4303
Vitamin B-12	S4303
Vitamin K (phylloquinone)	S3561, S4303
18:0	S3561, S4303
18:3 undifferentiated	S3561, D4961, S4303
22:1 undifferentiated	S3561, S4303
24:0	S3561, S4303
Phosphorus, P	S3561, D4961, S4303
Tocopherol, delta	S3561, S4303
Vitamin C, total ascorbic acid	S4303
Niacin	D4961, S4303
Betaine	S4303
10:0	S3561, S4303
18:2 undifferentiated	S3561, D4961, S4303
22:6 n-3 (DHA)	S3561, S4303
Fatty acids, total polyunsaturated	S3561, D4961, S4303
Dihydrophylloquinone	S3561, S4303
17:0	S3561, S4303
15:1	S3561, S4303
Total lipid (fat)	S3561, D4961, S4303

NDB No. 35057 Oil, bearded seal (Oogruk) (Alaska Native)

Selenium, Se	S3561, S4303
Vitamin D	S3561
Tocopherol, beta	S3561, S4303
Riboflavin	D4961, S4303
20:0	S3561, S4303
18:4	S3561, S4303
15:0	S3561, S4303
17:1	S3561, S4303
Ash	S3561, D4961, S4303
Calcium, Ca	S3561, D4961, S4303
Magnesium, Mg	S3561, S4303
Vitamin E (alpha-tocopherol)	S3561, S4303
Folate, total	S4303
Cholesterol	S3561, S4303
14:0	S3561, S4303
20:1	S3561, S4303
Fatty acids, total monounsaturated	S3561, D4961, S4303
21:5	S3561, S4303
Protein	S3561, D4961, S4303
Water	S3561, D4961, S4303
Sodium, Na	S3561
Manganese, Mn	S3561, S4303
16:0	S3561, S4303
22:5 n-3 (DPA)	S3561, S4303
24:1 c	S3561, S4303
20:3 undifferentiated	S3561, S4303
Carbohydrate, by difference	D4961
Potassium, K	S3561, S4303
Pantothenic acid	S4303
Choline, total	S4303
20:4 undifferentiated	S3561, S4303
22:0	S3561, S4303
16:1 undifferentiated	S3561, S4303
20:2 n-6 c,c	S3561, S4303
Retinol	S3561
Tocopherol, gamma	S3561, S4303
Menaquinone-4	S3561, S4303

NDB No. 35057 Oil, bearded seal (Oogruk) (Alaska Native)

Fatty acids, total saturated	S3561, D4961, S4303
8:0	S3561, S4303
12:0	S3561, S4303
18:1 undifferentiated	S3561, S4303
14:1	S3561, S4303
20:5 n-3 (EPA)	S3561, S4303
22:4	S3561, S4303

NDB No. 35058 Oopah (tunicate), whole animal (Alaska Native)

Carbohydrate, by difference	D4961
Calcium, Ca	D4961
Iron, Fe	D4961
Protein	D4961
Riboflavin	D4961
Water	D4961
Phosphorus, P	D4961
Niacin	D4961
Total lipid (fat)	D4961
Ash	D4961

NDB No. 35059 Owl, horned, flesh, raw (Alaska Native)

Protein	D4961
Total lipid (fat)	D4961
Calcium, Ca	D4961
Iron, Fe	D4961
Ash	D4961
Phosphorus, P	D4961
Vitamin A, IU	D4961
Carbohydrate, by difference	D4961
Water	D4961

NDB No. 35060 Fish, pike, northern, liver (Alaska Native)

Carbohydrate, by difference	D4961
Niacin	D4961
Ash	D4961

NDB No. 35060 Fish, pike, northern, liver (Alaska Native)

Iron, Fe	D4961
Protein	D4961
Riboflavin	D4961
Phosphorus, P	D4961
Vitamin A, IU	D4961
Thiamin	D4961
Water	D4961
Total lipid (fat)	D4961
Calcium, Ca	D4961

NDB No. 35063 Rhubarb, wild, leaves (Alaska Native)

Protein	D4961
Water	D4961
Total lipid (fat)	D4961
Vitamin C, total ascorbic acid	D4961
Carbohydrate, by difference	D4961
Phosphorus, P	D4961
Vitamin A, IU	D4961
Niacin	D4961
Ash	D4961
Thiamin	D4961

NDB No. 35064 Fish, salmon, tipnuk, fermented (Alaska Native)

Niacin	D4961
Vitamin A, IU	D4961
Protein	D4961
Ash	D4961
Water	D4961
Carbohydrate, by difference	D4961
Phosphorus, P	D4961
Riboflavin	D4961
Total lipid (fat)	D4961
Thiamin	D4961

NDB No. 35065 Fish, salmon, king, chinook, kippered, canned (Alaska Native)

NDB No. 35065 Fish, salmon, king, chinook, kippered, canned (Alaska Native)

Calcium, Ca	D4961
Carbohydrate, by difference	D4961
Vitamin A, IU	D4961
Thiamin	D4961
Total lipid (fat)	D4961
Iron, Fe	D4961
Protein	D4961
Niacin	D4961
Water	D4961
Ash	D4961
Riboflavin	D4961

NDB No. 35066 Fish, salmon, king, chinook, smoked and canned (Alaska Native)

Total lipid (fat)	D4961
Ash	D4961
Water	D4961
Protein	D4961
Vitamin A, IU	D4961
Niacin	D4961
Carbohydrate, by difference	D4961
Iron, Fe	D4961
Calcium, Ca	D4961
Thiamin	D4961
Riboflavin	D4961

NDB No. 35067 Fish, salmon, king, chinook, smoked, brined (Alaska Native)

Protein	D4961
Total lipid (fat)	D4961
Carbohydrate, by difference	D4961
Water	D4961
Calcium, Ca	D4961
Niacin	D4961
Vitamin A, IU	D4961
Cholesterol	D4961
Iron, Fe	D4961
Sodium, Na	D4961

NDB No. 35067 Fish, salmon, king, chinook, smoked, brined (Alaska Native)

Potassium, K	D4961
Thiamin	D4961
Riboflavin	D4961
Fiber, total dietary	D4961
Ash	D4961
Fatty acids, total saturated	D4961
18:2 undifferentiated	D4961
Fatty acids, total polyunsaturated	D4961
18:3 undifferentiated	D4961
Fatty acids, total monounsaturated	D4961

NDB No. 35068 Fish, salmon, king, chinook, liver (Alaska Native)

Calcium, Ca	D4961
Niacin	D4961
Total lipid (fat)	D4961
Water	D4961
Vitamin A, IU	D4961
Riboflavin	D4961
Protein	D4961
Phosphorus, P	D4961
Carbohydrate, by difference	D4961
Ash	D4961
Thiamin	D4961
Iron, Fe	D4961

NDB No. 35069 Duck, scoter, white-winged, meat (Alaska Native)

Total lipid (fat)	D4961
Carbohydrate, by difference	D4961
Ash	D4961
Calcium, Ca	D4961
Vitamin A, IU	D4961
Protein	D4961
Water	D4961

NDB No. 35070 Sea cucumber, yane (Alaska Native)

Calcium, Ca	D4961
Protein	D4961
Carbohydrate, by difference	D4961
Iron, Fe	D4961
Thiamin	D4961
Riboflavin	D4961
Niacin	D4961
Ash	D4961
Total lipid (fat)	D4961
Water	D4961
Vitamin A, IU	D4961

NDB No. 35071 Seal, ringed, meat (Alaska Native)

Total lipid (fat)	D4961
Ash	D4961
Fatty acids, total saturated	D4961
Sodium, Na	D4961
18:2 undifferentiated	D4961
18:3 undifferentiated	D4961
Phosphorus, P	D4961
Cholesterol	D4961
Protein	D4961
Carbohydrate, by difference	D4961
Riboflavin	D4961
Fatty acids, total monounsaturated	D4961
Thiamin	D4961
Fatty acids, total polyunsaturated	D4961
Water	D4961
Iron, Fe	D4961
Vitamin A, IU	D4961
Calcium, Ca	D4961
Pantothenic acid	D4961

NDB No. 35072 Seal, ringed, liver (Alaska Native)

Carbohydrate, by difference	D4961

NDB No. 35072 Seal, ringed, liver (Alaska Native)

18:2 undifferentiated	D4961
Ash	D4961
Thiamin	D4961
Fatty acids, total monounsaturated	D4961
Protein	D4961
Total lipid (fat)	D4961
Fatty acids, total polyunsaturated	D4961
Iron, Fe	D4961
Vitamin A, IU	D4961
Phosphorus, P	D4961
Fatty acids, total saturated	D4961
18:3 undifferentiated	D4961
Water	D4961
Calcium, Ca	D4961

NDB No. 35073 Soup, fish, homemade (Alaska Native)

Potassium, K	D4961
Sodium, Na	D4961
Vitamin C, total ascorbic acid	D4961
Total lipid (fat)	D4961
Folate, total	D4961
Carbohydrate, by difference	D4961
Iron, Fe	D4961
Fatty acids, total saturated	D4961
Manganese, Mn	D4961
Riboflavin	D4961
Ash	D4961
Calcium, Ca	D4961
Phosphorus, P	D4961
Niacin	D4961
Pantothenic acid	D4961
Cholesterol	D4961
Protein	D4961
Water	D4961
Magnesium, Mg	D4961
Vitamin A, IU	D4961

NDB No. 35073 Soup, fish, homemade (Alaska Native)

Thiamin	D4961
Vitamin B-6	D4961

NDB No. 35074 Sourdock, young leaves (Alaska Native)

Total lipid (fat)	D4961
Thiamin	D4961
Protein	D4961
Phosphorus, P	D4961
Vitamin C, total ascorbic acid	D4961
Riboflavin	D4961
Carbohydrate, by difference	D4961
Iron, Fe	D4961
Vitamin A, IU	D4961
Water	D4961
Calcium, Ca	D4961
Ash	D4961
Niacin	D4961

NDB No. 35075 Squirrel, ground, meat (Alaska Native)

Protein	D4961
Iron, Fe	D4961
Vitamin A, IU	D4961
Phosphorus, P	D4961
Carbohydrate, by difference	D4961
Water	D4961
Ash	D4961
Total lipid (fat)	D4961

NDB No. 35078 Tea, tundra, herb and laborador combination (Alaska Native)

Sodium, Na	D4961
Manganese, Mn	D4961
Vitamin C, total ascorbic acid	D4961
Fatty acids, total saturated	D4961
18:2 undifferentiated	D4961
Zinc, Zn	D4961

NDB No. 35078 Tea, tundra, herb and laborador combination (Alaska Native)

Protein	D4961
Ash	D4961
Vitamin A, IU	D4961
Thiamin	D4961
Fatty acids, total polyunsaturated	D4961
Calcium, Ca	D4961
Copper, Cu	D4961
Riboflavin	D4961
Cholesterol	D4961
Carbohydrate, by difference	D4961
Water	D4961
18:3 undifferentiated	D4961
Magnesium, Mg	D4961
Phosphorus, P	D4961
Vitamin B-12	D4961
Iron, Fe	D4961
Potassium, K	D4961
Vitamin B-6	D4961
Folate, total	D4961
Total lipid (fat)	D4961
Niacin	D4961
Pantothenic acid	D4961
Fatty acids, total monounsaturated	D4961

NDB No. 35079 Walrus, meat, dried (Alaska Native)

Iron, Fe	D4961
Niacin	D4961
Phosphorus, P	D4961
Carbohydrate, by difference	D4961
Thiamin	D4961
Protein	D4961
Vitamin A, IU	D4961
Ash	D4961
Water	D4961
Riboflavin	D4961
Total lipid (fat)	D4961

NDB No. 35080 Deer (venison), sitka, raw (Alaska Native)

Cholesterol	D4961
18:2 undifferentiated	D4961
Carbohydrate, by difference	D4961
Thiamin	D4961
Fatty acids, total monounsaturated	D4961
Total lipid (fat)	D4961
Water	D4961
Riboflavin	D4961
Vitamin A, IU	D4961
Vitamin C, total ascorbic acid	D4961
Ash	D4961
Iron, Fe	D4961
Niacin	D4961
Calcium, Ca	D4961
Fatty acids, total saturated	D4961
Fatty acids, total polyunsaturated	D4961
Protein	D4961
18:3 undifferentiated	D4961

NDB No. 35081 Walrus, meat, raw (Alaska Native)

Phosphorus, P	D4961
Riboflavin	D4961
Fatty acids, total monounsaturated	D4961
Water	D4961
Iron, Fe	D4961
Carbohydrate, by difference	D4961
Fatty acids, total saturated	D4961
Vitamin A, IU	D4961
Thiamin	D4961
18:3 undifferentiated	D4961
Protein	D4961
Ash	D4961
Calcium, Ca	D4961
18:2 undifferentiated	D4961
Fatty acids, total polyunsaturated	D4961

NDB No. 35081 Walrus, meat, raw (Alaska Native)

Niacin	D4961
Total lipid (fat)	D4961
Cholesterol	D4961

NDB No. 35082 Walrus, meat and subcutaneous fat raw (Alaska Native)

Riboflavin	D4961
Protein	D4961
Iron, Fe	D4961
Ash	D4961
Thiamin	D4961
Phosphorus, P	D4961
Carbohydrate, by difference	D4961
Vitamin A, IU	D4961
Total lipid (fat)	D4961
Water	D4961

NDB No. 35083 Walrus, liver, raw (Alaska Native)

Phosphorus, P	D4961
Vitamin A, IU	D4961
Ash	D4961
Thiamin	D4961
Riboflavin	D4961
Water	D4961
Protein	D4961
Total lipid (fat)	D4961
Carbohydrate, by difference	D4961
Iron, Fe	D4961

NDB No. 35084 Oil, walrus (Alaska Native)

Calcium, Ca	D4961
Carbohydrate, by difference	D4961
Water	D4961
Riboflavin	D4961
Ash	D4961
Vitamin A, IU	D4961

NDB No. 35084 Oil, walrus (Alaska Native)

Cholesterol	D4961
Total lipid (fat)	D4961
Niacin	D4961
Protein	D4961
Thiamin	D4961

NDB No. 35085 Whale, bowhead, subcutaneous fat (blubber) (Alaska Native)

Carbohydrate, by difference	D4961
Phosphorus, P	D4961
Protein	D4961
Total lipid (fat)	D4961
Ash	D4961
Water	D4961
Cholesterol	D4961
Iron, Fe	D4961

NDB No. 35086 Whale, bowhead, skin and subcutaneous fat (muktuk) (Alaska Native)

Protein	D4961
Vitamin A, IU	D4961
Thiamin	D4961
Niacin	D4961
Carbohydrate, by difference	D4961
Calcium, Ca	D4961
Total lipid (fat)	D4961
Water	D4961
Fatty acids, total monounsaturated	D4961
Fatty acids, total polyunsaturated	D4961
Ash	D4961
Riboflavin	D4961
Cholesterol	D4961
Fatty acids, total saturated	D4961
Phosphorus, P	D4961
18:2 undifferentiated	D4961
18:3 undifferentiated	D4961

NDB No. 35087 Oil, whale, bowhead (Alaska Native)

Carbohydrate, by difference	D4961
Niacin	D4961
Protein	D4961
Iron, Fe	D4961
Ash	D4961
Calcium, Ca	D4961
Riboflavin	D4961
Total lipid (fat)	D4961
Phosphorus, P	D4961
Vitamin A, IU	D4961
Thiamin	D4961
Water	D4961

NDB No. 35088 Fish, whitefish, broad, liver (Alaska Native)

Total lipid (fat)	D4961
Riboflavin	D4961
Carbohydrate, by difference	D4961
Ash	D4961
Phosphorus, P	D4961
Vitamin A, IU	D4961
Calcium, Ca	D4961
Iron, Fe	D4961
Niacin	D4961
Protein	D4961
Water	D4961
Thiamin	D4961

NDB No. 35089 Fish, whitefish, mixed species, raw (Alaska Native)

Magnesium, Mg	D4961
Fatty acids, total polyunsaturated	D4961
Carbohydrate, by difference	D4961
Vitamin A, IU	D4961
18:2 undifferentiated	D4961
Fatty acids, total monounsaturated	D4961
Protein	D4961

NDB No. 35089 Fish, whitefish, mixed species, raw (Alaska Native)

Ash	D4961
Iron, Fe	D4961
Riboflavin	D4961
Total lipid (fat)	D4961
Cholesterol	D4961
18:3 undifferentiated	D4961
Potassium, K	D4961
Sodium, Na	D4961
Fatty acids, total saturated	D4961
Water	D4961
Zinc, Zn	D4961
Copper, Cu	D4961
Phosphorus, P	D4961
Thiamin	D4961

NDB No. 35091 Fish, whitefish, broad, head, eyes, cheeks and soft bones (Alaska Native)

Total lipid (fat)	D4961
Water	D4961
Phosphorus, P	D4961
Ash	D4961
Iron, Fe	D4961
Protein	D4961
Carbohydrate, by difference	D4961

NDB No. 35092 Willow, leaves in oil (Alaska Native)

Iron, Fe	D4961
Protein	D4961
Total lipid (fat)	D4961
Carbohydrate, by difference	D4961
Ash	D4961
Water	D4961
Phosphorus, P	D4961

NDB No. 35093 Willow, young leaves, chopped (Alaska Native)

Water	D4961

NDB No. 35093 Willow, young leaves, chopped (Alaska Native)

Calcium, Ca	D4961
Vitamin A, IU	D4961
Niacin	D4961
Protein	D4961
Total lipid (fat)	D4961
Ash	D4961
Iron, Fe	D4961
Carbohydrate, by difference	D4961
Phosphorus, P	D4961
Vitamin C, total ascorbic acid	D4961

NDB No. 35130 Mush, blue corn with ash (Navajo)

Water	S2381
Phosphorus, P	S2381
Tocopherol, delta	S2381
Niacin	S2381
Dihydrophylloquinone	S2381
18:2 undifferentiated	S2381
Fatty acids, total polyunsaturated	S2381
15:0	S2381
Total lipid (fat)	S2381
Starch	S2381
Sucrose	S2381
Iron, Fe	S2381
Manganese, Mn	S2381
Vitamin B-6	S2381
8:0	S2381
12:0	S2381
18:3 n-6 c,c,c	S2381
17:1	S2381
Galactose	S2381
Vitamin E (alpha-tocopherol)	S2381
Tocopherol, beta	S2381
Vitamin K (phylloquinone)	S2381
14:0	S2381
17:0	S2381

NDB No. 35130 Mush, blue corn with ash (Navajo)

Glucose (dextrose)	S2381
Sugars, total	S2381
Potassium, K	S2381
Zinc, Zn	S2381
20:4 undifferentiated	S2381
14:1	S2381
15:1	S2381
Protein	S2381
Fructose	S2381
Fiber, total dietary	S2381
Sodium, Na	S2381
Tocopherol, gamma	S2381
Vitamin C, total ascorbic acid	S2381
10:0	S2381
18:0	S2381
18:3 undifferentiated	S2381
20:1	S2381
20:2 n-6 c,c	S2381
20:3 undifferentiated	S2381
18:3 n-3 c,c,c (ALA)	S2381
Lactose	S2381
Magnesium, Mg	S2381
Copper, Cu	S2381
Pantothenic acid	S2381
Fatty acids, total saturated	S2381
22:0	S2381
Fatty acids, total monounsaturated	S2381
Ash	S2381
Calcium, Ca	S2381
Selenium, Se	S2381
Maltose	S2381
Thiamin	S2381
Riboflavin	S2381
Folate, total	S2381
16:0	S2381
20:0	S2381
18:1 undifferentiated	S2381

NDB No. 35130 Mush, blue corn with ash (Navajo)

16:1 undifferentiated	S2381

NDB No. 35131 Cornmeal, blue (Navajo)

Maltose	S2381
Water	S2381
Galactose	S2381
Manganese, Mn	S2381
Vitamin K (phylloquinone)	S2381
18:1 undifferentiated	S2381
14:1	S2381
20:1	S2381
17:0	S2381
Sucrose	S2381
Fructose	S2381
Tocopherol, gamma	S2381
Thiamin	S2381
Riboflavin	S2381
Niacin	S2381
Vitamin B-6	S2381
Dihydrophylloquinone	S2381
15:1	S2381
Iron, Fe	S2381
Zinc, Zn	S2381
Tocopherol, delta	S2381
Fatty acids, total saturated	S2381
22:0	S2381
Fatty acids, total polyunsaturated	S2381
15:0	S2381
17:1	S2381
Potassium, K	S2381
Selenium, Se	S2381
Vitamin E (alpha-tocopherol)	S2381
10:0	S2381
12:0	S2381
Fatty acids, total monounsaturated	S2381
20:2 n-6 c,c	S2381

NDB No. 35131 Cornmeal, blue (Navajo)

Magnesium, Mg	S2381
Phosphorus, P	S2381
Vitamin C, total ascorbic acid	S2381
8:0	S2381
20:4 undifferentiated	S2381
20:3 undifferentiated	S2381
Ash	S2381
Fiber, total dietary	S2381
Copper, Cu	S2381
14:0	S2381
20:0	S2381
18:3 n-6 c,c,c	S2381
Lactose	S2381
Calcium, Ca	S2381
Sodium, Na	S2381
Tocopherol, beta	S2381
18:2 undifferentiated	S2381
Protein	S2381
Total lipid (fat)	S2381
Starch	S2381
Glucose (dextrose)	S2381
Sugars, total	S2381
Pantothenic acid	S2381
Folate, total	S2381
16:0	S2381
18:0	S2381
18:3 undifferentiated	S2381
16:1 undifferentiated	S2381
18:3 n-3 c,c,c (ALA)	S2381

NDB No. 35132 Melon, banana (Navajo)

Glucose (dextrose)	S2381
Iron, Fe	S2381
Niacin	S2381
Fructose	S2381
Fiber, total dietary	S2381

NDB No. 35132 Melon, banana (Navajo)

Calcium, Ca	S2381
Vitamin K (phylloquinone)	S2381
Total lipid (fat)	S2381
Sucrose	S2381
Riboflavin	S2381
Pantothenic acid	S2381
Starch	S2381
Manganese, Mn	S2381
Selenium, Se	S2381
Protein	S2381
Lactose	S2381
Galactose	S2381
Sodium, Na	S2381
Folate, total	S2381
Water	S2381
Sugars, total	S2381
Vitamin E (alpha-tocopherol)	S2381
Vitamin C, total ascorbic acid	S2381
Ash	S2381
Maltose	S2381
Phosphorus, P	S2381
Potassium, K	S2381
Copper, Cu	S2381
Tocopherol, gamma	S2381
Tocopherol, delta	S2381
Thiamin	S2381
Vitamin B-6	S2381
Magnesium, Mg	S2381
Zinc, Zn	S2381
Tocopherol, beta	S2381
Dihydrophylloquinone	S2381

NDB No. 35133 Chilchen (Red Berry Beverage) (Navajo)

Fructose	S2381
Lactose	S2381
Tocopherol, delta	S2381

NDB No. 35133 Chilchen (Red Berry Beverage) (Navajo)

8:0	S2381
20:0	S2381
20:1	S2381
Fatty acids, total polyunsaturated	S2381
17:0	S2381
18:3 n-3 c,c,c (ALA)	S2381
Maltose	S2381
Water	S2381
Zinc, Zn	S2381
Dihydrophylloquinone	S2381
10:0	S2381
18:1 undifferentiated	S2381
18:3 undifferentiated	S2381
14:1	S2381
Fatty acids, total monounsaturated	S2381
Calcium, Ca	S2381
Copper, Cu	S2381
22:0	S2381
18:3 n-6 c,c,c	S2381
Ash	S2381
Sugars, total	S2381
Potassium, K	S2381
Sodium, Na	S2381
Vitamin E (alpha-tocopherol)	S2381
Vitamin K (phylloquinone)	S2381
15:1	S2381
Sucrose	S2381
Magnesium, Mg	S2381
Manganese, Mn	S2381
Tocopherol, gamma	S2381
Thiamin	S2381
Folate, total	S2381
Fatty acids, total saturated	S2381
20:4 undifferentiated	S2381
15:0	S2381
Iron, Fe	S2381
Phosphorus, P	S2381

NDB No. 35133 Chilchen (Red Berry Beverage) (Navajo)

16:1 undifferentiated	S2381
Glucose (dextrose)	S2381
Tocopherol, beta	S2381
Riboflavin	S2381
Niacin	S2381
Pantothenic acid	S2381
Vitamin B-6	S2381
12:0	S2381
14:0	S2381
18:0	S2381
18:2 undifferentiated	S2381
20:2 n-6 c,c	S2381
17:1	S2381
20:3 undifferentiated	S2381
Protein	S2381
Total lipid (fat)	S2381
Galactose	S2381
16:0	S2381

NDB No. 35134 Corn, dried (Navajo)

Ash	S2381
Sucrose	S2381
Fructose	S2381
Thiamin	S2381
16:0	S2381
Fatty acids, total monounsaturated	S2381
20:3 undifferentiated	S2381
18:3 n-3 c,c,c (ALA)	S2381
Maltose	S2381
Water	S2381
Tocopherol, delta	S2381
Pantothenic acid	S2381
14:1	S2381
17:0	S2381
18:3 n-6 c,c,c	S2381
15:1	S2381

NDB No. 35134 Corn, dried (Navajo)

Copper, Cu	S2381
Manganese, Mn	S2381
Vitamin K (phylloquinone)	S2381
Fatty acids, total saturated	S2381
18:2 undifferentiated	S2381
22:0	S2381
Total lipid (fat)	S2381
Sugars, total	S2381
Galactose	S2381
Sodium, Na	S2381
Zinc, Zn	S2381
Vitamin E (alpha-tocopherol)	S2381
Vitamin C, total ascorbic acid	S2381
Folate, total	S2381
10:0	S2381
12:0	S2381
16:1 undifferentiated	S2381
15:0	S2381
Riboflavin	S2381
8:0	S2381
18:0	S2381
20:0	S2381
20:1	S2381
17:1	S2381
Iron, Fe	S2381
Magnesium, Mg	S2381
Niacin	S2381
Dihydrophylloquinone	S2381
18:1 undifferentiated	S2381
Lactose	S2381
Calcium, Ca	S2381
Phosphorus, P	S2381
Vitamin B-6	S2381
20:4 undifferentiated	S2381
Fatty acids, total polyunsaturated	S2381
Protein	S2381
Starch	S2381

NDB No. 35134 Corn, dried (Navajo)

Glucose (dextrose)	S2381
Potassium, K	S2381
Tocopherol, beta	S2381
Tocopherol, gamma	S2381
14:0	S2381
18:3 undifferentiated	S2381
20:2 n-6 c,c	S2381

NDB No. 35135 Corn, white, steamed (Navajo)

Fructose	S2381
Lactose	S2381
Water	S2381
Fiber, total dietary	S2381
Sodium, Na	S2381
Riboflavin	S2381
Niacin	S2381
Lysine	S2381
14:1	S2381
16:1 undifferentiated	S2381
Sucrose	S2381
Vitamin C, total ascorbic acid	S2381
Methionine	S2381
Cystine	S2381
18:1 undifferentiated	S2381
Vitamin B-6	S2381
Threonine	S2381
8:0	S2381
10:0	S2381
18:0	S2381
20:1	S2381
Fatty acids, total monounsaturated	S2381
20:2 n-6 c,c	S2381
20:3 undifferentiated	S2381
Iron, Fe	S2381
Potassium, K	S2381
Zinc, Zn	S2381

NDB No. 35135 Corn, white, steamed (Navajo)

Pantothenic acid	S2381
Phenylalanine	S2381
22:0	S2381
Total lipid (fat)	S2381
Sugars, total	S2381
Phosphorus, P	S2381
Copper, Cu	S2381
Manganese, Mn	S2381
Tocopherol, gamma	S2381
Tocopherol, delta	S2381
Folate, total	S2381
Leucine	S2381
Tyrosine	S2381
12:0	S2381
20:4 undifferentiated	S2381
18:3 n-6 c,c,c	S2381
Maltose	S2381
Magnesium, Mg	S2381
Thiamin	S2381
Vitamin K (phylloquinone)	S2381
Fatty acids, total saturated	S2381
Fatty acids, total polyunsaturated	S2381
17:0	S2381
18:3 n-3 c,c,c (ALA)	S2381
Protein	S2381
Starch	S2381
Glucose (dextrose)	S2381
Galactose	S2381
Calcium, Ca	S2381
Vitamin E (alpha-tocopherol)	S2381
Dihydrophylloquinone	S2381
Tryptophan	S2381
Isoleucine	S2381
16:0	S2381
18:2 undifferentiated	S2381
17:1	S2381
Ash	S2381

NDB No. 35135 Corn, white, steamed (Navajo)

Tocopherol, beta	S2381
14:0	S2381
20:0	S2381
18:3 undifferentiated	S2381
15:0	S2381
15:1	S2381

NDB No. 35136 Cornmeal, white (Navajo)

Fructose	S2381
Lactose	S2381
Magnesium, Mg	S2381
Folate, total	S2381
Folic acid	S2381
Folate, food	S2381
Cystine	S2381
Proline	S2381
18:1 undifferentiated	S2381
17:1	S2381
Iron, Fe	S2381
Zinc, Zn	S2381
Copper, Cu	S2381
Tocopherol, gamma	S2381
Vitamin K (phylloquinone)	S2381
Threonine	S2381
18:2 undifferentiated	S2381
18:3 undifferentiated	S2381
20:4 undifferentiated	S2381
Protein	S2381
Water	S2381
Fiber, total dietary	S2381
Potassium, K	S2381
Serine	S2381
18:0	S2381
16:1 undifferentiated	S2381
Fatty acids, total monounsaturated	S2381
15:0	S2381

NDB No. 35136 Cornmeal, white (Navajo)

20:3 undifferentiated	S2381
Manganese, Mn	S2381
Vitamin C, total ascorbic acid	S2381
Thiamin	S2381
Riboflavin	S2381
Aspartic acid	S2381
Glutamic acid	S2381
8:0	S2381
20:1	S2381
17:0	S2381
18:3 n-6 c,c,c	S2381
Sugars, total	S2381
Calcium, Ca	S2381
Sodium, Na	S2381
Tocopherol, beta	S2381
Niacin	S2381
Pantothenic acid	S2381
Phenylalanine	S2381
Arginine	S2381
Histidine	S2381
10:0	S2381
20:2 n-6 c,c	S2381
Glucose (dextrose)	S2381
Maltose	S2381
Galactose	S2381
Phosphorus, P	S2381
Tocopherol, delta	S2381
Isoleucine	S2381
Lysine	S2381
Methionine	S2381
Fatty acids, total saturated	S2381
12:0	S2381
14:0	S2381
Total lipid (fat)	S2381
Ash	S2381
Starch	S2381
Sucrose	S2381

NDB No. 35136 Cornmeal, white (Navajo)

Dihydrophylloquinone	S2381
Tryptophan	S2381
Leucine	S2381
Tyrosine	S2381
Valine	S2381
Alanine	S2381
16:0	S2381
20:0	S2381
22:0	S2381
15:1	S2381
Vitamin E (alpha-tocopherol)	S2381
Vitamin B-6	S2381
Glycine	S2381
14:1	S2381
Fatty acids, total polyunsaturated	S2381
18:3 n-3 c,c,c (ALA)	S2381

NDB No. 35137 Cornmeal, yellow (Navajo)

Ash	S2381
Selenium, Se	S2381
Tocopherol, beta	S2381
Dihydrophylloquinone	S2381
Lysine	S2381
22:0	S2381
16:1 undifferentiated	S2381
Calcium, Ca	S2381
Tocopherol, gamma	S2381
Folate, food	S2381
Valine	S2381
10:0	S2381
16:0	S2381
18:3 undifferentiated	S2381
20:4 undifferentiated	S2381
14:1	S2381
Starch	S2381
Sucrose	S2381

NDB No. 35137 Cornmeal, yellow (Navajo)

Glucose (dextrose)	S2381
Fructose	S2381
Sugars, total	S2381
Iron, Fe	S2381
Magnesium, Mg	S2381
Sodium, Na	S2381
Pantothenic acid	S2381
Folate, total	S2381
Tryptophan	S2381
Tyrosine	S2381
Alanine	S2381
Glutamic acid	S2381
8:0	S2381
12:0	S2381
Protein	S2381
Water	S2381
Riboflavin	S2381
Niacin	S2381
Cystine	S2381
Serine	S2381
Fatty acids, total saturated	S2381
Fatty acids, total polyunsaturated	S2381
20:2 n-6 c,c	S2381
Maltose	S2381
Phosphorus, P	S2381
Copper, Cu	S2381
Thiamin	S2381
Threonine	S2381
Methionine	S2381
Histidine	S2381
18:1 undifferentiated	S2381
20:1	S2381
15:0	S2381
Galactose	S2381
Tocopherol, delta	S2381
Folic acid	S2381
Aspartic acid	S2381

NDB No. 35137 Cornmeal, yellow (Navajo)

14:0	S2381
18:2 undifferentiated	S2381
Total lipid (fat)	S2381
Fiber, total dietary	S2381
Potassium, K	S2381
Vitamin E (alpha-tocopherol)	S2381
Phenylalanine	S2381
Glycine	S2381
Fatty acids, total monounsaturated	S2381
17:0	S2381
18:3 n-6 c,c,c	S2381
15:1	S2381
18:3 n-3 c,c,c (ALA)	S2381
Lactose	S2381
Zinc, Zn	S2381
Manganese, Mn	S2381
Vitamin C, total ascorbic acid	S2381
Vitamin B-6	S2381
Vitamin K (phylloquinone)	S2381
Isoleucine	S2381
Leucine	S2381
Arginine	S2381
Proline	S2381
18:0	S2381
20:0	S2381
17:1	S2381
20:3 undifferentiated	S2381

NDB No. 35138 Squash, Indian, raw (Navajo)

Total lipid (fat)	S2381
Ash	S2381
Starch	S2381
Galactose	S2381
Magnesium, Mg	S2381
Potassium, K	S2381
Folate, total	S2381

NDB No. 35138 Squash, Indian, raw (Navajo)

Maltose	S2381
Iron, Fe	S2381
Vitamin C, total ascorbic acid	S2381
Niacin	S2381
Lactose	S2381
Phosphorus, P	S2381
Sodium, Na	S2381
Copper, Cu	S2381
Tocopherol, delta	S2381
Pantothenic acid	S2381
Water	S2381
Calcium, Ca	S2381
Riboflavin	S2381
Zinc, Zn	S2381
Tocopherol, gamma	S2381
Vitamin B-6	S2381
Protein	S2381
Manganese, Mn	S2381
Vitamin E (alpha-tocopherol)	S2381
Tocopherol, beta	S2381
Thiamin	S2381

NDB No. 35139 Squash, Indian, cooked, boiled (Navajo)

Water	S2381
Galactose	S2381
Fiber, total dietary	S2381
Ash	S2381
Sucrose	S2381
Starch	S2381
Maltose	S2381
Thiamin	S2381
Vitamin B-6	S2381
Fructose	S2381
Riboflavin	S2381
Niacin	S2381
Total lipid (fat)	S2381

NDB No. 35139 Squash, Indian, cooked, boiled (Navajo)

Sugars, total	S2381
Pantothenic acid	S2381
Protein	S2381
Glucose (dextrose)	S2381
Folate, total	S2381
Lactose	S2381

NDB No. 35140 Bread, kneel down (Navajo)

Ash	S2381
Galactose	S2381
Sodium, Na	S2381
Niacin	S2381
Dihydrophylloquinone	S2381
18:2 undifferentiated	S2381
18:3 undifferentiated	S2381
Vitamin E (alpha-tocopherol)	S2381
Tocopherol, delta	S2381
8:0	S2381
10:0	S2381
Pantothenic acid	S2381
20:0	S2381
16:1 undifferentiated	S2381
17:1	S2381
Water	S2381
Riboflavin	S2381
12:0	S2381
18:1 undifferentiated	S2381
14:1	S2381
20:2 n-6 c,c	S2381
20:3 undifferentiated	S2381
Protein	S2381
Sugars, total	S2381
Iron, Fe	S2381
Potassium, K	S2381
Zinc, Zn	S2381
Copper, Cu	S2381

NDB No. 35140 Bread, kneel down (Navajo)

Folate, total	S2381
Vitamin K (phylloquinone)	S2381
16:0	S2381
18:0	S2381
20:1	S2381
15:1	S2381
18:3 n-3 c,c,c (ALA)	S2381
Magnesium, Mg	S2381
Manganese, Mn	S2381
Fatty acids, total saturated	S2381
Fatty acids, total polyunsaturated	S2381
Starch	S2381
Fructose	S2381
Phosphorus, P	S2381
Selenium, Se	S2381
Tocopherol, beta	S2381
Tocopherol, gamma	S2381
14:0	S2381
20:4 undifferentiated	S2381
15:0	S2381
17:0	S2381
Total lipid (fat)	S2381
Sucrose	S2381
Glucose (dextrose)	S2381
Lactose	S2381
Maltose	S2381
Calcium, Ca	S2381
Thiamin	S2381
22:0	S2381
Fatty acids, total monounsaturated	S2381
18:3 n-6 c,c,c	S2381

NDB No. 35141 Mutton, cooked, roasted (Navajo)

Potassium, K	S2381
Tocopherol, gamma	S2381
Betaine	S2381

NDB No. 35141 Mutton, cooked, roasted (Navajo)

Tryptophan	S2381
Methionine	S2381
Cystine	S2381
Cholesterol	S2381
12:0	S2381
18:0	S2381
18:3 undifferentiated	S2381
Tocopherol, delta	S2381
Thiamin	S2381
Folate, total	S2381
14:0	S2381
20:0	S2381
18:1 undifferentiated	S2381
18:2 undifferentiated	S2381
20:4 undifferentiated	S2381
14:1	S2381
Fatty acids, total polyunsaturated	S2381
15:1	S2381
Protein	S2381
Phenylalanine	S2381
Valine	S2381
Alanine	S2381
Glycine	S2381
Hydroxyproline	S2381
8:0	S2381
20:2 n-6 c,c	S2381
18:3 n-3 c,c,c (ALA)	S2381
Iron, Fe	S2381
Manganese, Mn	S2381
Tocopherol, beta	S2381
Histidine	S2381
Aspartic acid	S2381
Proline	S2381
Serine	S2381
Fatty acids, total saturated	S2381
Fatty acids, total monounsaturated	S2381
20:3 undifferentiated	S2381

NDB No. 35141 Mutton, cooked, roasted (Navajo)

Total lipid (fat)	S2381
Niacin	S2381
Pantothenic acid	S2381
Vitamin B-12	S2381
Dihydrophylloquinone	S2381
Threonine	S2381
Isoleucine	S2381
Lysine	S2381
Tyrosine	S2381
Glutamic acid	S2381
10:0	S2381
16:1 undifferentiated	S2381
18:3 n-6 c,c,c	S2381
Ash	S2381
Water	S2381
Calcium, Ca	S2381
Phosphorus, P	S2381
Zinc, Zn	S2381
Leucine	S2381
22:0	S2381
Magnesium, Mg	S2381
Sodium, Na	S2381
Copper, Cu	S2381
Choline, total	S2381
17:0	S2381
17:1	S2381
Selenium, Se	S2381
Vitamin E (alpha-tocopherol)	S2381
Riboflavin	S2381
Vitamin B-6	S2381
Arginine	S2381
16:0	S2381
20:1	S2381
15:0	S2381

NDB No. 35142 Frybread, made with lard (Navajo)

NDB No. 35142 Frybread, made with lard (Navajo)

Manganese, Mn	S2381
Vitamin K (phylloquinone)	S2381
Folic acid	S2381
10:0	S2381
Thiamin	S2381
18:3 undifferentiated	S2381
16:1 undifferentiated	S2381
17:0	S2381
20:2 n-6 c,c	S2381
Sugars, total	S2381
Copper, Cu	S2381
Tocopherol, delta	S2381
Vitamin B-12	S2381
Cholesterol	S2381
18:1 undifferentiated	S2381
Fatty acids, total monounsaturated	S2381
15:0	S2381
Protein	S2381
Starch	S2381
Glucose (dextrose)	S2381
Vitamin E (alpha-tocopherol)	S2381
14:0	S2381
18:2 undifferentiated	S2381
22:0	S2381
18:3 n-3 c,c,c (ALA)	S2381
Sucrose	S2381
Lactose	S2381
Phosphorus, P	S2381
Potassium, K	S2381
Tocopherol, beta	S2381
Tocopherol, gamma	S2381
Riboflavin	S2381
Folate, food	S2381
8:0	S2381
18:0	S2381
14:1	S2381
20:1	S2381

NDB No. 35142 Frybread, made with lard (Navajo)

17:1	S2381
Ash	S2381
Fructose	S2381
Water	S2381
Sodium, Na	S2381
Zinc, Zn	S2381
Niacin	S2381
Folate, total	S2381
Dihydrophylloquinone	S2381
Fatty acids, total saturated	S2381
12:0	S2381
20:0	S2381
15:1	S2381
Total lipid (fat)	S2381
Maltose	S2381
Calcium, Ca	S2381
Magnesium, Mg	S2381
Selenium, Se	S2381
Pantothenic acid	S2381
16:0	S2381
Fatty acids, total polyunsaturated	S2381
Galactose	S2381
Iron, Fe	S2381
Vitamin B-6	S2381
20:4 undifferentiated	S2381
18:3 n-6 c,c,c	S2381
20:3 undifferentiated	S2381

NDB No. 35143 Tortilla, includes plain and from mutton sandwich (Navajo)

Glucose (dextrose)	S2381
Folate, food	S2381
Methionine	S2381
8:0	S2381
10:0	S2381
14:1	S2381
20:2 n-6 c,c	S2381

NDB No. 35143 Tortilla, includes plain and from mutton sandwich (Navajo)

17:1	S2381
Manganese, Mn	S2381
Riboflavin	S2381
Folate, total	S2381
Tryptophan	S2381
Lysine	S2381
Histidine	S2381
Alanine	S2381
Aspartic acid	S2381
Proline	S2381
17:0	S2381
18:3 n-3 c,c,c (ALA)	S2381
Sucrose	S2381
Calcium, Ca	S2381
Copper, Cu	S2381
Tocopherol, delta	S2381
Vitamin K (phylloquinone)	S2381
Isoleucine	S2381
Leucine	S2381
Cystine	S2381
Valine	S2381
14:0	S2381
18:1 undifferentiated	S2381
20:4 undifferentiated	S2381
22:0	S2381
15:0	S2381
Fructose	S2381
Glycine	S2381
20:1	S2381
20:3 undifferentiated	S2381
Starch	S2381
Lactose	S2381
Maltose	S2381
Iron, Fe	S2381
Zinc, Zn	S2381
Selenium, Se	S2381
Pantothenic acid	S2381

NDB No. 35143 Tortilla, includes plain and from mutton sandwich (Navajo)

Vitamin B-6	S2381
Tyrosine	S2381
Arginine	S2381
18:3 n-6 c,c,c	S2381
Water	S2381
Sugars, total	S2381
Galactose	S2381
Magnesium, Mg	S2381
Tocopherol, beta	S2381
Tocopherol, gamma	S2381
Dihydrophylloquinone	S2381
12:0	S2381
18:0	S2381
15:1	S2381
Total lipid (fat)	S2381
Fiber, total dietary	S2381
Phosphorus, P	S2381
Potassium, K	S2381
Sodium, Na	S2381
Vitamin C, total ascorbic acid	S2381
Niacin	S2381
Threonine	S2381
Serine	S2381
16:0	S2381
20:0	S2381
Protein	S2381
Ash	S2381
Vitamin E (alpha-tocopherol)	S2381
Thiamin	S2381
Folic acid	S2381
Phenylalanine	S2381
Glutamic acid	S2381
18:2 undifferentiated	S2381
16:1 undifferentiated	S2381

NDB No. 35144 Stew, dumpling with mutton (Navajo)

NDB No. 35144 Stew, dumpling with mutton (Navajo)

Ash	S2381
Sugars, total	S2381
Phosphorus, P	S2381
Tocopherol, delta	S2381
Niacin	S2381
Dihydrophylloquinone	S2381
18:1 undifferentiated	S2381
20:4 undifferentiated	S2381
Fatty acids, total monounsaturated	S2381
15:0	S2381
Glucose (dextrose)	S2381
Fructose	S2381
Galactose	S2381
Selenium, Se	S2381
16:0	S2381
Sodium, Na	S2381
Vitamin C, total ascorbic acid	S2381
Folate, total	S2381
Cholesterol	S2381
18:3 undifferentiated	S2381
20:2 n-6 c,c	S2381
Maltose	S2381
Tocopherol, beta	S2381
Vitamin B-6	S2381
8:0	S2381
12:0	S2381
Fatty acids, total polyunsaturated	S2381
20:3 undifferentiated	S2381
Protein	S2381
Total lipid (fat)	S2381
Starch	S2381
Lactose	S2381
Potassium, K	S2381
Manganese, Mn	S2381
Vitamin E (alpha-tocopherol)	S2381
Fatty acids, total saturated	S2381
16:1 undifferentiated	S2381

NDB No. 35144 Stew, dumpling with mutton (Navajo)

17:1	S2381
Calcium, Ca	S2381
Tocopherol, gamma	S2381
Thiamin	S2381
Riboflavin	S2381
14:0	S2381
17:0	S2381
Sucrose	S2381
Water	S2381
Iron, Fe	S2381
Retinol	S2381
Pantothenic acid	S2381
Vitamin K (phylloquinone)	S2381
20:0	S2381
14:1	S2381
20:1	S2381
18:3 n-6 c,c,c	S2381
15:1	S2381
Magnesium, Mg	S2381
Zinc, Zn	S2381
Copper, Cu	S2381
Vitamin B-12	S2381
10:0	S2381
18:0	S2381
18:2 undifferentiated	S2381
22:0	S2381
18:3 n-3 c,c,c (ALA)	S2381

NDB No. 35145 Stew, hominy with mutton (Navajo)

Total lipid (fat)	S2381
Starch	S2381
Fructose	S2381
Maltose	S2381
Manganese, Mn	S2381
Tocopherol, beta	S2381
Vitamin C, total ascorbic acid	S2381

NDB No. 35145 Stew, hominy with mutton (Navajo)

Niacin	S2381
Aspartic acid	S2381
Cholesterol	S2381
18:0	S2381
22:0	S2381
Fatty acids, total monounsaturated	S2381
Fatty acids, total polyunsaturated	S2381
Glucose (dextrose)	S2381
Lactose	S2381
Sugars, total	S2381
Iron, Fe	S2381
Riboflavin	S2381
Vitamin B-6	S2381
Phenylalanine	S2381
Tyrosine	S2381
20:1	S2381
17:1	S2381
Ash	S2381
Calcium, Ca	S2381
Potassium, K	S2381
Copper, Cu	S2381
Retinol	S2381
Vitamin E (alpha-tocopherol)	S2381
Tocopherol, delta	S2381
Folate, total	S2381
Histidine	S2381
14:0	S2381
20:0	S2381
18:2 undifferentiated	S2381
20:2 n-6 c,c	S2381
20:3 undifferentiated	S2381
Water	S2381
Sodium, Na	S2381
Dihydrophylloquinone	S2381
Vitamin K (phylloquinone)	S2381
Cystine	S2381
8:0	S2381

NDB No. 35145 Stew, hominy with mutton (Navajo)

10:0	S2381
16:0	S2381
17:0	S2381
18:3 n-3 c,c,c (ALA)	S2381
Sucrose	S2381
Magnesium, Mg	S2381
Zinc, Zn	S2381
Isoleucine	S2381
Valine	S2381
Glycine	S2381
Proline	S2381
18:1 undifferentiated	S2381
20:4 undifferentiated	S2381
14:1	S2381
15:0	S2381
18:3 n-6 c,c,c	S2381
15:1	S2381
Selenium, Se	S2381
Tryptophan	S2381
Leucine	S2381
Methionine	S2381
Fatty acids, total saturated	S2381
18:3 undifferentiated	S2381
16:1 undifferentiated	S2381
Tocopherol, gamma	S2381
Thiamin	S2381
Vitamin B-12	S2381
Threonine	S2381
Lysine	S2381
Arginine	S2381
Alanine	S2381
Serine	S2381
12:0	S2381
Protein	S2381
Galactose	S2381
Fiber, total dietary	S2381
Phosphorus, P	S2381

NDB No. 35145 Stew, hominy with mutton (Navajo)

Glutamic acid	S2381

NDB No. 35146 Stew, mutton, corn, squash (Navajo)

Galactose	S2381
Calcium, Ca	S2381
Sodium, Na	S2381
Tocopherol, beta	S2381
Tocopherol, delta	S2381
Vitamin B-6	S2381
Phenylalanine	S2381
Glutamic acid	S2381
10:0	S2381
12:0	S2381
20:0	S2381
20:4 undifferentiated	S2381
16:1 undifferentiated	S2381
20:3 undifferentiated	S2381
Ash	S2381
Maltose	S2381
Retinol	S2381
Niacin	S2381
Histidine	S2381
Fatty acids, total polyunsaturated	S2381
17:1	S2381
Sucrose	S2381
Glucose (dextrose)	S2381
Fiber, total dietary	S2381
Phosphorus, P	S2381
Copper, Cu	S2381
Methionine	S2381
Aspartic acid	S2381
Proline	S2381
8:0	S2381
Fatty acids, total monounsaturated	S2381
20:2 n-6 c,c	S2381
Total lipid (fat)	S2381

NDB No. 35146 Stew, mutton, corn, squash (Navajo)

Zinc, Zn	S2381
Vitamin E (alpha-tocopherol)	S2381
Riboflavin	S2381
Lysine	S2381
Cholesterol	S2381
14:0	S2381
16:0	S2381
18:1 undifferentiated	S2381
15:0	S2381
Fructose	S2381
Iron, Fe	S2381
Potassium, K	S2381
Selenium, Se	S2381
Tocopherol, gamma	S2381
Vitamin C, total ascorbic acid	S2381
Dihydrophylloquinone	S2381
Isoleucine	S2381
Arginine	S2381
Fatty acids, total saturated	S2381
20:1	S2381
18:3 n-6 c,c,c	S2381
Lactose	S2381
Water	S2381
Pantothenic acid	S2381
Folate, total	S2381
Leucine	S2381
Tyrosine	S2381
Glycine	S2381
18:0	S2381
15:1	S2381
Protein	S2381
Sugars, total	S2381
Magnesium, Mg	S2381
Manganese, Mn	S2381
Tryptophan	S2381
Threonine	S2381
Cystine	S2381

NDB No. 35146 Stew, mutton, corn, squash (Navajo)

Valine	S2381
Serine	S2381
18:2 undifferentiated	S2381
17:0	S2381
18:3 n-3 c,c,c (ALA)	S2381
Thiamin	S2381
Vitamin B-12	S2381
Vitamin K (phylloquinone)	S2381
Alanine	S2381
18:3 undifferentiated	S2381
22:0	S2381
14:1	S2381

NDB No. 35147 Tamales (Navajo)

Sugars, total	S2381
Zinc, Zn	S2381
Vitamin E (alpha-tocopherol)	S2381
Tocopherol, gamma	S2381
Vitamin C, total ascorbic acid	S2381
Folate, total	S2381
Lysine	S2381
Phenylalanine	S2381
Arginine	S2381
Cholesterol	S2381
Fatty acids, total saturated	S2381
16:0	S2381
15:1	S2381
Fructose	S2381
Tryptophan	S2381
Methionine	S2381
Tyrosine	S2381
Histidine	S2381
20:0	S2381
20:4 undifferentiated	S2381
Maltose	S2381
Water	S2381

NDB No. 35147 Tamales (Navajo)

Selenium, Se	S2381
Niacin	S2381
Valine	S2381
8:0	S2381
22:0	S2381
20:1	S2381
20:2 n-6 c,c	S2381
20:3 undifferentiated	S2381
Protein	S2381
Starch	S2381
Lactose	S2381
Fiber, total dietary	S2381
Sodium, Na	S2381
Tocopherol, delta	S2381
Threonine	S2381
Isoleucine	S2381
14:0	S2381
14:1	S2381
16:1 undifferentiated	S2381
Sucrose	S2381
Glucose (dextrose)	S2381
Galactose	S2381
Iron, Fe	S2381
Phosphorus, P	S2381
Potassium, K	S2381
Riboflavin	S2381
Vitamin B-12	S2381
10:0	S2381
12:0	S2381
18:1 undifferentiated	S2381
18:3 n-3 c,c,c (ALA)	S2381
Manganese, Mn	S2381
Pantothenic acid	S2381
18:2 undifferentiated	S2381
17:1	S2381
Ash	S2381
Magnesium, Mg	S2381

NDB No. 35147 Tamales (Navajo)

Copper, Cu	S2381
Retinol	S2381
Tocopherol, beta	S2381
Thiamin	S2381
Vitamin B-6	S2381
Cystine	S2381
Glutamic acid	S2381
Glycine	S2381
Serine	S2381
17:0	S2381
18:3 n-6 c,c,c	S2381
Total lipid (fat)	S2381
Calcium, Ca	S2381
Leucine	S2381
Alanine	S2381
Aspartic acid	S2381
Proline	S2381
18:0	S2381
18:3 undifferentiated	S2381
Fatty acids, total monounsaturated	S2381
Fatty acids, total polyunsaturated	S2381
15:0	S2381

NDB No. 35148 Stew, steamed corn (Navajo)

Total lipid (fat)	S2381
Phosphorus, P	S2381
Vitamin C, total ascorbic acid	S2381
8:0	S2381
10:0	S2381
12:0	S2381
18:1 undifferentiated	S2381
20:1	S2381
Fatty acids, total monounsaturated	S2381
Glucose (dextrose)	S2381
Maltose	S2381

NDB No. 35148 Stew, steamed corn (Navajo)

Selenium, Se	S2381
Fatty acids, total saturated	S2381
14:0	S2381
18:0	S2381
Calcium, Ca	S2381
Copper, Cu	S2381
Thiamin	S2381
20:0	S2381
18:3 n-6 c,c,c	S2381
Protein	S2381
Sugars, total	S2381
Potassium, K	S2381
Sodium, Na	S2381
Manganese, Mn	S2381
Vitamin E (alpha-tocopherol)	S2381
Vitamin K (phylloquinone)	S2381
18:2 undifferentiated	S2381
16:1 undifferentiated	S2381
17:1	S2381
Starch	S2381
Tocopherol, delta	S2381
Niacin	S2381
16:0	S2381
22:0	S2381
14:1	S2381
15:0	S2381
20:3 undifferentiated	S2381
Sucrose	S2381
Lactose	S2381
Fiber, total dietary	S2381
Tocopherol, gamma	S2381
Vitamin B-6	S2381
Dihydrophylloquinone	S2381
18:3 undifferentiated	S2381
Iron, Fe	S2381
Zinc, Zn	S2381
Riboflavin	S2381

NDB No. 35148 Stew, steamed corn (Navajo)

Pantothenic acid	S2381
Fatty acids, total polyunsaturated	S2381
20:2 n-6 c,c	S2381
15:1	S2381
18:3 n-3 c,c,c (ALA)	S2381
Ash	S2381
Fructose	S2381
Water	S2381
Galactose	S2381
Magnesium, Mg	S2381
Tocopherol, beta	S2381
Folate, total	S2381
20:4 undifferentiated	S2381
17:0	S2381

NDB No. 35149 Fish, halibut, raw, with skin (Alaska Native)

Potassium, K	S3481
Sodium, Na	S3481
Aspartic acid	S3481
16:0	S3481
17:0	S3481
24:0	S3481
22:1 c	S3481
Selenium, Se	S3481
Vitamin E (alpha-tocopherol)	S3481
Tocopherol, delta	S3481
Vitamin B-12	S3481
Vitamin K (phylloquinone)	S3481
Leucine	S3481
Serine	S3481
12:0	S3481
18:0	S3481
20:4 undifferentiated	S3481
15:0	S3481
Calcium, Ca	S3481
Zinc, Zn	S3481

NDB No. 35149 Fish, halibut, raw, with skin (Alaska Native)

Copper, Cu	S3481
Pantothenic acid	S3481
Vitamin B-6	S3481
Tyrosine	S3481
14:0	S3481
22:6 n-3 (DHA)	S3481
Fatty acids, total polyunsaturated	S3481
Phosphorus, P	S3481
Tocopherol, beta	S3481
Threonine	S3481
Phenylalanine	S3481
Arginine	S3481
Histidine	S3481
Alanine	S3481
Proline	S3481
Hydroxyproline	S3481
18:3 undifferentiated	S3481
Ash	S3481
Tocopherol, gamma	S3481
Folate, total	S3481
Dihydrophylloquinone	S3481
Tryptophan	S3481
Cystine	S3481
Glycine	S3481
Cholesterol	S3481
Fatty acids, total saturated	S3481
8:0	S3481
10:0	S3481
20:0	S3481
18:1 undifferentiated	S3481
14:1	S3481
Fatty acids, total monounsaturated	S3481
18:3 n-6 c,c,c	S3481
15:1	S3481
Protein	S3481
Total lipid (fat)	S3481
Water	S3481

NDB No. 35149 Fish, halibut, raw, with skin (Alaska Native)

Iron, Fe	S3481
Manganese, Mn	S3481
Riboflavin	S3481
Valine	S3481
22:0	S3481
16:1 undifferentiated	S3481
22:5 n-3 (DPA)	S3481
Thiamin	S3481
Niacin	S3481
Lysine	S3481
Glutamic acid	S3481
20:2 n-6 c,c	S3481
20:3 undifferentiated	S3481
Magnesium, Mg	S3481
Menaquinone-4	S3481
Isoleucine	S3481
Methionine	S3481
18:2 undifferentiated	S3481
20:1	S3481
20:5 n-3 (EPA)	S3481
22:1 undifferentiated	S3481
17:1	S3481
18:3 n-3 c,c,c (ALA)	S3481

NDB No. 35150 Fish, salmon, coho (silver), raw (Alaska Native)

Pantothenic acid	S3481
Dihydrophylloquinone	S3481
Vitamin K (phylloquinone)	S3481
Tryptophan	S3481
Arginine	S3481
Alanine	S3481
Glutamic acid	S3481
Proline	S3481
18:3 undifferentiated	S3481
20:1	S3481
20:5 n-3 (EPA)	S3481

NDB No. 35150 Fish, salmon, coho (silver), raw (Alaska Native)

24:1 c	S3481
17:1	S3481
21:5	S3481
22:4	S3481
Protein	S3481
Total lipid (fat)	S3481
Tocopherol, beta	S3481
Vitamin C, total ascorbic acid	S3481
Lysine	S3481
Potassium, K	S3481
Sodium, Na	S3481
Tocopherol, delta	S3481
Aspartic acid	S3481
10:0	S3481
20:4 undifferentiated	S3481
22:6 n-3 (DHA)	S3481
16:1 undifferentiated	S3481
18:4	S3481
Ash	S3481
Magnesium, Mg	S3481
Phosphorus, P	S3481
Methionine	S3481
Histidine	S3481
16:0	S3481
20:0	S3481
Fatty acids, total monounsaturated	S3481
Water	S3481
Calcium, Ca	S3481
Thiamin	S3481
Riboflavin	S3481
Leucine	S3481
Cystine	S3481
Tyrosine	S3481
Glycine	S3481
18:1 undifferentiated	S3481
22:0	S3481
17:0	S3481

NDB No. 35150 Fish, salmon, coho (silver), raw (Alaska Native)

20:2 n-6 c,c	S3481
Vitamin E (alpha-tocopherol)	S3481
Isoleucine	S3481
Valine	S3481
8:0	S3481
14:1	S3481
15:0	S3481
20:3 undifferentiated	S3481
15:1	S3481
Vitamin B-6	S3481
Vitamin B-12	S3481
Cholesterol	S3481
18:2 undifferentiated	S3481
22:5 n-3 (DPA)	S3481
Fatty acids, total polyunsaturated	S3481
24:0	S3481
Iron, Fe	S3481
Selenium, Se	S3481
Tocopherol, gamma	S3481
Niacin	S3481
Folate, total	S3481
Threonine	S3481
Phenylalanine	S3481
Serine	S3481
Fatty acids, total saturated	S3481
12:0	S3481
14:0	S3481
18:0	S3481
22:1 undifferentiated	S3481

NDB No. 35151 Fish, salmon, sockeye (red), raw (Alaska Native)

Total lipid (fat)	S3481
Vitamin E (alpha-tocopherol)	S3481
Tocopherol, delta	S3481
Thiamin	S3481
Folate, total	S3481

NDB No. 35151 Fish, salmon, sockeye (red), raw (Alaska Native)

Phenylalanine	S3481
Tyrosine	S3481
Histidine	S3481
Alanine	S3481
Protein	S3481
Zinc, Zn	S3481
Selenium, Se	S3481
Tocopherol, gamma	S3481
Vitamin B-6	S3481
Vitamin B-12	S3481
14:1	S3481
Fatty acids, total monounsaturated	S3481
Fatty acids, total polyunsaturated	S3481
24:0	S3481
14:0	S3481
18:0	S3481
Water	S3481
Calcium, Ca	S3481
Vitamin C, total ascorbic acid	S3481
Tryptophan	S3481
Methionine	S3481
Arginine	S3481
Glycine	S3481
Fatty acids, total saturated	S3481
15:0	S3481
17:1	S3481
20:3 undifferentiated	S3481
22:4	S3481
Iron, Fe	S3481
Niacin	S3481
Dihydrophylloquinone	S3481
Vitamin K (phylloquinone)	S3481
Valine	S3481
Aspartic acid	S3481
Glutamic acid	S3481
Proline	S3481
12:0	S3481

NDB No. 35151 Fish, salmon, sockeye (red), raw (Alaska Native)

20:4 undifferentiated	S3481
22:5 n-3 (DPA)	S3481
Ash	S3481
Cystine	S3481
Serine	S3481
Cholesterol	S3481
8:0	S3481
16:0	S3481
20:0	S3481
18:1 undifferentiated	S3481
22:0	S3481
20:1	S3481
Magnesium, Mg	S3481
Potassium, K	S3481
Sodium, Na	S3481
Tocopherol, beta	S3481
Riboflavin	S3481
Pantothenic acid	S3481
Threonine	S3481
Leucine	S3481
Lysine	S3481
18:3 undifferentiated	S3481
22:6 n-3 (DHA)	S3481
16:1 undifferentiated	S3481
20:5 n-3 (EPA)	S3481
17:0	S3481
24:1 c	S3481
15:1	S3481
Phosphorus, P	S3481
Isoleucine	S3481
10:0	S3481
18:2 undifferentiated	S3481
18:4	S3481
22:1 undifferentiated	S3481
20:2 n-6 c,c	S3481
21:5	S3481

NDB No. 35152 Fish, Salmon, Chum, raw (Alaska Native)

Ash	S3481
Magnesium, Mg	S3481
Selenium, Se	S3481
Riboflavin	S3481
Tryptophan	S3481
Histidine	S3481
20:4 undifferentiated	S3481
20:1	S3481
Fatty acids, total polyunsaturated	S3481
21:5	S3481
Calcium, Ca	S3481
Iron, Fe	S3481
Tocopherol, beta	S3481
Tocopherol, gamma	S3481
Tocopherol, delta	S3481
Thiamin	S3481
Phenylalanine	S3481
Valine	S3481
Glutamic acid	S3481
Proline	S3481
18:2 undifferentiated	S3481
18:3 undifferentiated	S3481
22:5 n-3 (DPA)	S3481
15:0	S3481
17:1	S3481
Sodium, Na	S3481
Niacin	S3481
Pantothenic acid	S3481
8:0	S3481
16:0	S3481
15:1	S3481
Phosphorus, P	S3481
Vitamin B-12	S3481
Vitamin K (phylloquinone)	S3481
Alanine	S3481
Aspartic acid	S3481
Serine	S3481

NDB No. 35152 Fish, Salmon, Chum, raw (Alaska Native)

14:0	S3481
14:1	S3481
16:1 undifferentiated	S3481
20:5 n-3 (EPA)	S3481
Fatty acids, total monounsaturated	S3481
24:1 c	S3481
Zinc, Zn	S3481
Dihydrophylloquinone	S3481
Fatty acids, total saturated	S3481
10:0	S3481
18:0	S3481
20:0	S3481
22:0	S3481
18:4	S3481
22:1 undifferentiated	S3481
17:0	S3481
20:3 undifferentiated	S3481
Potassium, K	S3481
Leucine	S3481
Glycine	S3481
12:0	S3481
24:0	S3481
20:2 n-6 c,c	S3481
Protein	S3481
Water	S3481
Vitamin E (alpha-tocopherol)	S3481
Vitamin B-6	S3481
Threonine	S3481
Isoleucine	S3481
Lysine	S3481
Methionine	S3481
Cystine	S3481
Tyrosine	S3481
Arginine	S3481
Cholesterol	S3481
18:1 undifferentiated	S3481
22:6 n-3 (DHA)	S3481

NDB No. 35152 Fish, Salmon, Chum, raw (Alaska Native)

22:4	S3481
Total lipid (fat)	S3481
Vitamin C, total ascorbic acid	S3481
Folate, total	S3481

NDB No. 35153 Fish, salmon, king (chinook), raw (Alaska Native)

10:0	S3481
18:1 undifferentiated	S3481
18:2 undifferentiated	S3481
17:0	S3481
Protein	S3481, S2141
Sodium, Na	S3481
Selenium, Se	S3481
Pantothenic acid	S3481
Dihydrophylloquinone	S3481
16:0	S3481
22:6 n-3 (DHA)	S3481
22:1 undifferentiated	S3481
Ash	S3481
Water	S3481, S2141
Iron, Fe	S3481, S2141
Vitamin B-12	S3481
8:0	S3481
18:4	S3481
20:1	S3481
22:5 n-3 (DPA)	S3481
Fatty acids, total polyunsaturated	S3481
Phosphorus, P	S3481, S2141
15:0	S3481
24:1 c	S3481
21:5	S3481
Zinc, Zn	S3481
Niacin	S3481, S2141
Vitamin B-6	S3481
Vitamin K (phylloquinone)	S3481
18:0	S3481

NDB No. 35153 Fish, salmon, king (chinook), raw (Alaska Native)

20:5 n-3 (EPA)	S3481
20:2 n-6 c,c	S3481
Vitamin E (alpha-tocopherol)	S3481
Thiamin	S3481
Riboflavin	S3481, S2141
Folate, total	S3481
12:0	S3481
20:4 undifferentiated	S3481
22:0	S3481
14:1	S3481
Fatty acids, total monounsaturated	S3481
24:0	S3481
22:4	S3481
Total lipid (fat)	S3481, S2141
Magnesium, Mg	S3481
Potassium, K	S3481
Tocopherol, beta	S3481
Tocopherol, gamma	S3481
Tocopherol, delta	S3481
Fatty acids, total saturated	S3481
14:0	S3481
16:1 undifferentiated	S3481
17:1	S3481
20:3 undifferentiated	S3481
Calcium, Ca	S3481, S2141
Vitamin C, total ascorbic acid	S3481
Cholesterol	S3481
20:0	S3481
18:3 undifferentiated	S3481
15:1	S3481

NDB No. 35154 Salmonberries, raw (Alaska Native)

Tocopherol, beta	S3561
Tocopherol, gamma	S3561
Dihydrophylloquinone	S3561
Folic acid	S3561

NDB No. 35154 Salmonberries, raw (Alaska Native)

Total lipid (fat)	S3561
Ash	S3561
Sucrose	S3561
Carotene, alpha	S3561
Tocopherol, delta	S3561
Thiamin	S3561
Water	S3561
Iron, Fe	S3561
Manganese, Mn	S3561
Carotene, beta	S3561
Niacin	S3561
Galactose	S3561
Magnesium, Mg	S3561
Phosphorus, P	S3561
Zinc, Zn	S3561
Copper, Cu	S3561
Menaquinone-4	S3561
Folate, food	S3561
Starch	S3561
Calcium, Ca	S3561
Potassium, K	S3561
Riboflavin	S3561
Glucose (dextrose)	S3561
Fructose	S3561
Cryptoxanthin, beta	S3561
Lycopene	S3561
Vitamin C, total ascorbic acid	S3561
Pantothenic acid	S3561
Vitamin B-6	S3561
Lactose	S3561
Maltose	S3561
Sodium, Na	S3561
Vitamin E (alpha-tocopherol)	S3561
Folate, total	S3561
Vitamin K (phylloquinone)	S3561

NDB No. 35155 Blueberries, wild, raw (Alaska Native)

Ash	S3561, S3481
Galactose	S3561, S3481
Fiber, total dietary	S3481
Tocopherol, gamma	S3561, S3481
Vitamin C, total ascorbic acid	S3561, S3481
Sugars, total	S3481
Sodium, Na	S3561, S3481
Zinc, Zn	S3561, S3481
Tocopherol, delta	S3561, S3481
Folate, food	S3561, S3481
Glucose (dextrose)	S3561, S3481
Fructose	S3561, S3481
Calcium, Ca	S3561, S3481
Manganese, Mn	S3561, S3481
Sucrose	S3561, S3481
Carotene, alpha	S3561, S3481
Lycopene	S3481
Tocopherol, beta	S3561, S3481
Vitamin B-6	S3561, S3481
Maltose	S3561, S3481
Potassium, K	S3561, S3481
Vitamin K (phylloquinone)	S3561, S3481
Total lipid (fat)	S3561, S3481
Carotene, beta	S3561, S3481
Cryptoxanthin, beta	S3561, S3481
Folic acid	S3561, S3481
Protein	S3481
Water	S3561, S3481
Iron, Fe	S3561, S3481
Magnesium, Mg	S3561, S3481
Thiamin	S3561, S3481
Riboflavin	S3561, S3481
Pantothenic acid	S3561
Folate, total	S3561, S3481
Menaquinone-4	S3561, S3481
Starch	S3561, S3481
Lactose	S3561, S3481

NDB No. 35155 Blueberries, wild, raw (Alaska Native)

Phosphorus, P	S3561, S3481
Copper, Cu	S3561, S3481
Vitamin E (alpha-tocopherol)	S3561, S3481
Niacin	S3561, S3481
Dihydrophylloquinone	S3561, S3481

NDB No. 35156 Oil, spotted seal (Alaska Native)

Tocopherol, beta	S3561
18:0	S3561
18:2 undifferentiated	S3561
22:1 undifferentiated	S3561
22:5 n-3 (DPA)	S3561
17:0	S3561
18:3 undifferentiated	S3561
Protein	S3561
Total lipid (fat)	S3561
Water	S3561
Iron, Fe	S3561
Sodium, Na	S3561
Menaquinone-4	S3561
14:0	S3561
20:0	S3561
22:4	S3561
Manganese, Mn	S3561
10:0	S3561
12:0	S3561
20:4 undifferentiated	S3561
20:1	S3561
24:0	S3561
15:1	S3561
Potassium, K	S3561
Selenium, Se	S3561
Tocopherol, delta	S3561
22:6 n-3 (DHA)	S3561
14:1	S3561
16:1 undifferentiated	S3561

NDB No. 35156 Oil, spotted seal (Alaska Native)

Fatty acids, total monounsaturated	S3561
15:0	S3561
17:1	S3561
Calcium, Ca	S3561
Magnesium, Mg	S3561
Copper, Cu	S3561
20:5 n-3 (EPA)	S3561
Retinol	S3561
Vitamin D	S3561
Tocopherol, gamma	S3561
8:0	S3561
18:1 undifferentiated	S3561
22:0	S3561
18:4	S3561
20:3 undifferentiated	S3561
21:5	S3561
Ash	S3561
Phosphorus, P	S3561
Zinc, Zn	S3561
Vitamin E (alpha-tocopherol)	S3561
Dihydrophylloquinone	S3561
Vitamin K (phylloquinone)	S3561
Fatty acids, total saturated	S3561
16:0	S3561
Fatty acids, total polyunsaturated	S3561
24:1 c	S3561
20:2 n-6 c,c	S3561

NDB No. 35157 Fish, salmon, red, canned, bones removed (Alaska Native)

Copper, Cu	S3561
Vitamin K (phylloquinone)	S3561
Lysine	S3561
Phenylalanine	S3561
Cholesterol	S3561
16:1 undifferentiated	S3561
20:2 n-6 c,c	S3561

NDB No. 35157 Fish, salmon, red, canned, bones removed (Alaska Native)

Calcium, Ca	S3561
Sodium, Na	S3561
Manganese, Mn	S3561
Tocopherol, beta	S3561
Thiamin	S3561
Riboflavin	S3561
Serine	S3561
20:5 n-3 (EPA)	S3561
22:1 undifferentiated	S3561
17:0	S3561
20:3 undifferentiated	S3561
Water	S3561
Magnesium, Mg	S3561
Phosphorus, P	S3561
Potassium, K	S3561
Zinc, Zn	S3561
Niacin	S3561
Folate, total	S3561
Alanine	S3561
8:0	S3561
14:0	S3561
24:0	S3561
15:1	S3561
Total lipid (fat)	S3561
Iron, Fe	S3561
Pantothenic acid	S3561
Vitamin B-12	S3561
Choline, total	S3561
Folate, food	S3561
Isoleucine	S3561
Fatty acids, total saturated	S3561
10:0	S3561
16:0	S3561
22:6 n-3 (DHA)	S3561
18:4	S3561
15:0	S3561
21:5	S3561

NDB No. 35157 Fish, salmon, red, canned, bones removed (Alaska Native)

Vitamin B-6	S3561
Arginine	S3561
Histidine	S3561
Glutamic acid	S3561
Glycine	S3561
12:0	S3561
18:0	S3561
Fatty acids, total monounsaturated	S3561
Fatty acids, total polyunsaturated	S3561
17:1	S3561
Ash	S3561
Vitamin E (alpha-tocopherol)	S3561
Tocopherol, gamma	S3561
Dihydrophylloquinone	S3561
Folic acid	S3561
Methionine	S3561
Aspartic acid	S3561
20:0	S3561
18:1 undifferentiated	S3561
22:0	S3561
Protein	S3561
Selenium, Se	S3561
Tocopherol, delta	S3561
Betaine	S3561
Tryptophan	S3561
Leucine	S3561
Cystine	S3561
Tyrosine	S3561
Valine	S3561
Proline	S3561
18:2 undifferentiated	S3561
18:3 undifferentiated	S3561
22:5 n-3 (DPA)	S3561
24:1 c	S3561
22:4	S3561
Threonine	S3561
20:4 undifferentiated	S3561

NDB No. 35157 Fish, salmon, red, canned, bones removed (Alaska Native)

14:1	S3561
20:1	S3561

NDB No. 35158 Fish, whitefish, eggs (Alaska Native)

Total lipid (fat)	S3561, D4961
Ash	S3561
Iron, Fe	S3561, D4961
Magnesium, Mg	S3561
Manganese, Mn	S3561
Vitamin E (alpha-tocopherol)	S3561
Riboflavin	S3561
Folic acid	S3561
Threonine	S3561
Histidine	S3561
18:0	S3561
18:4	S3561
Fatty acids, total monounsaturated	S3561
17:1	S3561
Protein	S3561, D4961
Water	S3561, D4961
Calcium, Ca	S3561, D4961
Copper, Cu	S3561
Selenium, Se	S3561
Vitamin B-12	S3561
Choline, total	S3561
Vitamin K (phylloquinone)	S3561
Cystine	S3561
Arginine	S3561
Proline	S3561
12:0	S3561
18:1 undifferentiated	S3561
20:1	S3561
22:5 n-3 (DPA)	S3561
24:1 c	S3561
Potassium, K	S3561
Tocopherol, delta	S3561

NDB No. 35158 Fish, whitefish, eggs (Alaska Native)

Folate, food	S3561
Alanine	S3561
Aspartic acid	S3561
Cholesterol	S3561
10:0	S3561
14:0	S3561
18:3 undifferentiated	S3561
20:4 undifferentiated	S3561
22:6 n-3 (DHA)	S3561
20:3 undifferentiated	S3561
Sodium, Na	S3561
Folate, total	S3561
Menaquinone-4	S3561
Glutamic acid	S3561
Serine	S3561
22:1 undifferentiated	S3561
21:5	S3561
Carbohydrate, by difference	D4961
Vitamin A, IU	D4961
Vitamin B-6	S3561
Dihydrophylloquinone	S3561
Glycine	S3561
8:0	S3561
18:2 undifferentiated	S3561
15:1	S3561
Tocopherol, beta	S3561
Tryptophan	S3561
Isoleucine	S3561
Tyrosine	S3561
16:0	S3561
20:0	S3561
22:0	S3561
Fatty acids, total polyunsaturated	S3561
24:0	S3561
Phosphorus, P	S3561, D4961
Zinc, Zn	S3561
Tocopherol, gamma	S3561

NDB No. 35158 Fish, whitefish, eggs (Alaska Native)

Thiamin	S3561, D4961
Pantothenic acid	S3561
Methionine	S3561
Valine	S3561
14:1	S3561
16:1 undifferentiated	S3561
Niacin	S3561, D4961
Betaine	S3561
Leucine	S3561
Lysine	S3561
Phenylalanine	S3561
Fatty acids, total saturated	S3561
20:5 n-3 (EPA)	S3561
15:0	S3561
17:0	S3561
20:2 n-6 c,c	S3561
22:4	S3561

NDB No. 35160 Caribou, rump meat, half dried (Alaska Native)

Iron, Fe	S3561
Magnesium, Mg	S3561
Riboflavin	S3561
Vitamin B-6	S3561
18:1 undifferentiated	S3561
18:3 undifferentiated	S3561
Fatty acids, total monounsaturated	S3561
20:3 undifferentiated	S3561
Ash	S3561
Copper, Cu	S3561
Manganese, Mn	S3561
Pantothenic acid	S3561
Dihydrophylloquinone	S3561
Vitamin K (phylloquinone)	S3561
Cholesterol	S3561
22:5 n-3 (DPA)	S3561
20:2 n-6 c,c	S3561

NDB No. 35160 Caribou, rump meat, half dried (Alaska Native)

Protein	S3561
Calcium, Ca	S3561
Sodium, Na	S3561
Vitamin E (alpha-tocopherol)	S3561
Thiamin	S3561
Folate, total	S3561
10:0	S3561
12:0	S3561
18:4	S3561
20:5 n-3 (EPA)	S3561
Fatty acids, total polyunsaturated	S3561
24:1 c	S3561
17:1	S3561
22:4	S3561
Total lipid (fat)	S3561
Selenium, Se	S3561
Tocopherol, gamma	S3561
Folate, food	S3561
Fatty acids, total saturated	S3561
22:6 n-3 (DHA)	S3561
22:0	S3561
22:1 undifferentiated	S3561
21:5	S3561
Water	S3561
Vitamin B-12	S3561
Menaquinone-4	S3561
Folic acid	S3561
Betaine	S3561
14:0	S3561
18:0	S3561
18:2 undifferentiated	S3561
Zinc, Zn	S3561
Choline, total	S3561
16:0	S3561
20:0	S3561
14:1	S3561
15:0	S3561

NDB No. 35160 Caribou, rump meat, half dried (Alaska Native)

Phosphorus, P	S3561
Potassium, K	S3561
Tocopherol, beta	S3561
Tocopherol, delta	S3561
Niacin	S3561
8:0	S3561
20:4 undifferentiated	S3561
16:1 undifferentiated	S3561
20:1	S3561
17:0	S3561
24:0	S3561
15:1	S3561

NDB No. 35161 Caribou, shoulder meat, dried (Alaska Native)

Tocopherol, gamma	S3561
Tocopherol, delta	S3561
Vitamin B-12	S3561
12:0	S3561
18:0	S3561
14:1	S3561
22:1 undifferentiated	S3561
22:4	S3561
Protein	S3561
Calcium, Ca	S3561
Zinc, Zn	S3561
Vitamin E (alpha-tocopherol)	S3561
Pantothenic acid	S3561
Vitamin B-6	S3561
20:0	S3561
18:4	S3561
Fatty acids, total monounsaturated	S3561
17:1	S3561
15:1	S3561
Total lipid (fat)	S3561
Magnesium, Mg	S3561
Sodium, Na	S3561

NDB No. 35161 Caribou, shoulder meat, dried (Alaska Native)

Selenium, Se	S3561
Choline, total	S3561
Cholesterol	S3561
Fatty acids, total saturated	S3561
20:4 undifferentiated	S3561
22:6 n-3 (DHA)	S3561
20:5 n-3 (EPA)	S3561
20:2 n-6 c,c	S3561
Ash	S3561
Phosphorus, P	S3561
Thiamin	S3561
Niacin	S3561
Folate, food	S3561
10:0	S3561
20:1	S3561
22:5 n-3 (DPA)	S3561
Fatty acids, total polyunsaturated	S3561
24:0	S3561
21:5	S3561
Water	S3561
Potassium, K	S3561
Copper, Cu	S3561
Folate, total	S3561
20:3 undifferentiated	S3561
Manganese, Mn	S3561
Riboflavin	S3561
Folic acid	S3561
18:3 undifferentiated	S3561
16:1 undifferentiated	S3561
17:0	S3561
Iron, Fe	S3561
Menaquinone-4	S3561
Dihydrophylloquinone	S3561
Betaine	S3561
14:0	S3561
16:0	S3561
Tocopherol, beta	S3561

NDB No. 35161 Caribou, shoulder meat, dried (Alaska Native)

Vitamin K (phylloquinone)	S3561
8:0	S3561
18:1 undifferentiated	S3561
18:2 undifferentiated	S3561
22:0	S3561
15:0	S3561
24:1 c	S3561

NDB No. 35162 Caribou, hind quarter meat, raw (Alaska Native)

Vitamin K (phylloquinone)	S3561
18:2 undifferentiated	S3561
20:4 undifferentiated	S3561
22:0	S3561
22:1 undifferentiated	S3561
17:1	S3561
21:5	S3561
22:4	S3561
Water	S3561
Calcium, Ca	S3561
Zinc, Zn	S3561
Tocopherol, beta	S3561
Niacin	S3561
Folic acid	S3561
Fatty acids, total saturated	S3561
12:0	S3561
24:0	S3561
Ash	S3561
Manganese, Mn	S3561
20:1	S3561
20:3 undifferentiated	S3561
15:1	S3561
Iron, Fe	S3561
Sodium, Na	S3561
Copper, Cu	S3561
Selenium, Se	S3561
Thiamin	S3561

NDB No. 35162 Caribou, hind quarter meat, raw (Alaska Native)

Vitamin B-6	S3561
Menaquinone-4	S3561
14:0	S3561
22:5 n-3 (DPA)	S3561
Total lipid (fat)	S3561
Vitamin E (alpha-tocopherol)	S3561
Riboflavin	S3561
Dihydrophylloquinone	S3561
20:5 n-3 (EPA)	S3561
24:1 c	S3561
20:0	S3561
18:3 undifferentiated	S3561
18:4	S3561
20:2 n-6 c,c	S3561
Protein	S3561
Magnesium, Mg	S3561
Tocopherol, gamma	S3561
Tocopherol, delta	S3561
Pantothenic acid	S3561
Vitamin B-12	S3561
8:0	S3561
18:0	S3561
18:1 undifferentiated	S3561
22:6 n-3 (DHA)	S3561
14:1	S3561
17:0	S3561
Phosphorus, P	S3561
Potassium, K	S3561
Folate, total	S3561
Folate, food	S3561
Cholesterol	S3561
10:0	S3561
16:0	S3561
16:1 undifferentiated	S3561
Fatty acids, total monounsaturated	S3561
Fatty acids, total polyunsaturated	S3561
15:0	S3561

NDB No. 35164 Seal, bearded (Oogruk), meat, dried, in oil (Alaska Native)

Iron, Fe	S3561
Methionine	S3561
12:0	S3561
22:0	S3561
14:1	S3561
20:1	S3561
17:0	S3561
22:4	S3561
Phosphorus, P	S3561
Manganese, Mn	S3561
Choline, total	S3561
Folic acid	S3561
Valine	S3561
8:0	S3561
18:2 undifferentiated	S3561
22:6 n-3 (DHA)	S3561
Alanine	S3561
Serine	S3561
Fatty acids, total saturated	S3561
16:0	S3561
20:0	S3561
18:4	S3561
20:5 n-3 (EPA)	S3561
Fatty acids, total monounsaturated	S3561
21:5	S3561
Selenium, Se	S3561
Tocopherol, beta	S3561
Tocopherol, delta	S3561
Riboflavin	S3561
Vitamin B-6	S3561
Leucine	S3561
Arginine	S3561
Cholesterol	S3561
18:1 undifferentiated	S3561
20:4 undifferentiated	S3561
16:1 undifferentiated	S3561
24:0	S3561

NDB No. 35164 Seal, bearded (Oogruk), meat, dried, in oil (Alaska Native)

20:2 n-6 c,c	S3561
17:1	S3561
Ash	S3561
Calcium, Ca	S3561
Magnesium, Mg	S3561
Copper, Cu	S3561
Niacin	S3561
Betaine	S3561
Proline	S3561
22:5 n-3 (DPA)	S3561
Fatty acids, total polyunsaturated	S3561
15:0	S3561
Protein	S3561
Sodium, Na	S3561
Vitamin E (alpha-tocopherol)	S3561
Thiamin	S3561
Vitamin K (phylloquinone)	S3561
Cystine	S3561
Glutamic acid	S3561
Glycine	S3561
10:0	S3561
14:0	S3561
18:3 undifferentiated	S3561
24:1 c	S3561
20:3 undifferentiated	S3561
Total lipid (fat)	S3561
Potassium, K	S3561
Folate, total	S3561
Folate, food	S3561
Threonine	S3561
Lysine	S3561
Phenylalanine	S3561
22:1 undifferentiated	S3561
Water	S3561
Zinc, Zn	S3561
Tocopherol, gamma	S3561
Pantothenic acid	S3561

NDB No. 35164 Seal, bearded (Oogruk), meat, dried, in oil (Alaska Native)

Vitamin B-12	S3561
Dihydrophylloquinone	S3561
Tryptophan	S3561
Isoleucine	S3561
Tyrosine	S3561
Histidine	S3561
Aspartic acid	S3561
18:0	S3561
15:1	S3561

NDB No. 35165 Fish, whitefish, dried (Alaska Native)

Calcium, Ca	S3561
Potassium, K	S3561
Riboflavin	S3561
Vitamin K (phylloquinone)	S3561
Folic acid	S3561
10:0	S3561
16:0	S3561
18:2 undifferentiated	S3561
18:3 undifferentiated	S3561
18:4	S3561
20:1	S3561
20:5 n-3 (EPA)	S3561
Fatty acids, total monounsaturated	S3561
15:0	S3561
Total lipid (fat)	S3561
Magnesium, Mg	S3561
Selenium, Se	S3561
Tocopherol, delta	S3561
Vitamin B-12	S3561
Threonine	S3561
Fatty acids, total saturated	S3561
18:0	S3561
20:0	S3561
20:4 undifferentiated	S3561
22:5 n-3 (DPA)	S3561

NDB No. 35165 Fish, whitefish, dried (Alaska Native)

24:1 c	S3561
20:2 n-6 c,c	S3561
Iron, Fe	S3561
Sodium, Na	S3561
Vitamin E (alpha-tocopherol)	S3561
Pantothenic acid	S3561
Isoleucine	S3561
Lysine	S3561
Cystine	S3561
Arginine	S3561
Alanine	S3561
18:1 undifferentiated	S3561
22:0	S3561
16:1 undifferentiated	S3561
22:1 undifferentiated	S3561
Protein	S3561
Zinc, Zn	S3561
Tocopherol, beta	S3561
Thiamin	S3561
Folate, total	S3561
Folate, food	S3561
Methionine	S3561
Valine	S3561
Histidine	S3561
Glutamic acid	S3561
22:6 n-3 (DHA)	S3561
17:0	S3561
Water	S3561
12:0	S3561
14:0	S3561
15:1	S3561
Ash	S3561
Phosphorus, P	S3561
Vitamin B-6	S3561
Dihydrophylloquinone	S3561
Betaine	S3561
Tryptophan	S3561

NDB No. 35165 Fish, whitefish, dried (Alaska Native)

Phenylalanine	S3561
Aspartic acid	S3561
Glycine	S3561
Manganese, Mn	S3561
Tocopherol, gamma	S3561
Choline, total	S3561
Proline	S3561
Cholesterol	S3561
14:1	S3561
Fatty acids, total polyunsaturated	S3561
20:3 undifferentiated	S3561
21:5	S3561
Copper, Cu	S3561
Niacin	S3561
Leucine	S3561
Tyrosine	S3561
Serine	S3561
8:0	S3561
24:0	S3561
17:1	S3561
22:4	S3561

NDB No. 35166 Fish, salmon, red, (sockeye), canned, smoked (Alaska Native)

Zinc, Zn	S3561
Copper, Cu	S3561
Vitamin B-12	S3561
Valine	S3561
Arginine	S3561
Histidine	S3561
Glutamic acid	S3561
18:4	S3561
20:5 n-3 (EPA)	S3561
24:1 c	S3561
Iron, Fe	S3561
Phosphorus, P	S3561
Tocopherol, gamma	S3561

NDB No. 35166 Fish, salmon, red, (sockeye), canned, smoked (Alaska Native)

Pantothenic acid	S3561
Threonine	S3561
Cystine	S3561
8:0	S3561
22:5 n-3 (DPA)	S3561
Folate, food	S3561
Betaine	S3561
Tyrosine	S3561
Alanine	S3561
Aspartic acid	S3561
Glycine	S3561
Fatty acids, total saturated	S3561
10:0	S3561
16:0	S3561
Fatty acids, total monounsaturated	S3561
15:0	S3561
20:2 n-6 c,c	S3561
Calcium, Ca	S3561
Sodium, Na	S3561
Folate, total	S3561
Leucine	S3561
18:3 undifferentiated	S3561
20:1	S3561
Niacin	S3561
14:0	S3561
22:6 n-3 (DHA)	S3561
17:1	S3561
20:3 undifferentiated	S3561
15:1	S3561
Protein	S3561
Total lipid (fat)	S3561
Ash	S3561
Magnesium, Mg	S3561
Potassium, K	S3561
Selenium, Se	S3561
Tocopherol, beta	S3561
Thiamin	S3561

NDB No. 35166 Fish, salmon, red, (sockeye), canned, smoked (Alaska Native)

Riboflavin	S3561
Choline, total	S3561
Dihydrophylloquinone	S3561
Vitamin K (phylloquinone)	S3561
Tryptophan	S3561
Isoleucine	S3561
Proline	S3561
18:1 undifferentiated	S3561
22:0	S3561
21:5	S3561
22:4	S3561
Water	S3561
Vitamin B-6	S3561
Lysine	S3561
12:0	S3561
20:4 undifferentiated	S3561
17:0	S3561
Manganese, Mn	S3561
Vitamin E (alpha-tocopherol)	S3561
Tocopherol, delta	S3561
Folic acid	S3561
Methionine	S3561
Phenylalanine	S3561
Serine	S3561
18:0	S3561
20:0	S3561
18:2 undifferentiated	S3561
14:1	S3561
16:1 undifferentiated	S3561
22:1 undifferentiated	S3561
Fatty acids, total polyunsaturated	S3561
24:0	S3561

NDB No. 35167 Fish, salmon, red, (sockeye), kippered (Alaska Native)

Total lipid (fat)	S3561
Tocopherol, delta	S3561

NDB No. 35167 Fish, salmon, red, (sockeye), kippered (Alaska Native)

10:0	S3561
18:2 undifferentiated	S3561
20:5 n-3 (EPA)	S3561
17:0	S3561
15:1	S3561
Ash	S3561
Phosphorus, P	S3561
Manganese, Mn	S3561
Tocopherol, beta	S3561
Betaine	S3561
18:0	S3561
14:1	S3561
20:1	S3561
Potassium, K	S3561
Sodium, Na	S3561
Niacin	S3561
Folate, total	S3561
Choline, total	S3561
8:0	S3561
16:0	S3561
18:3 undifferentiated	S3561
16:1 undifferentiated	S3561
22:5 n-3 (DPA)	S3561
Fatty acids, total polyunsaturated	S3561
17:1	S3561
21:5	S3561
Vitamin D	S3561
Fatty acids, total saturated	S3561
18:1 undifferentiated	S3561
22:1 undifferentiated	S3561
24:0	S3561
20:2 n-6 c,c	S3561
22:4	S3561
Protein	S3561
Water	S3561
Magnesium, Mg	S3561
Thiamin	S3561

NDB No. 35167 Fish, salmon, red, (sockeye), kippered (Alaska Native)

Riboflavin	S3561
Pantothenic acid	S3561
Vitamin K (phylloquinone)	S3561
Folate, food	S3561
20:4 undifferentiated	S3561
Fatty acids, total monounsaturated	S3561
15:0	S3561
Calcium, Ca	S3561
Iron, Fe	S3561
Copper, Cu	S3561
Selenium, Se	S3561
Tocopherol, gamma	S3561
Vitamin B-6	S3561
Vitamin B-12	S3561
Menaquinone-4	S3561
12:0	S3561
14:0	S3561
22:6 n-3 (DHA)	S3561
22:0	S3561
18:4	S3561
24:1 c	S3561
20:3 undifferentiated	S3561
Zinc, Zn	S3561
Vitamin E (alpha-tocopherol)	S3561
Dihydrophylloquinone	S3561
Folic acid	S3561
Cholesterol	S3561
20:0	S3561

NDB No. 35168 Fish, salmon, king, with skin, kippered, (Alaska Native)

Total lipid (fat)	S3561
Zinc, Zn	S3561
Copper, Cu	S3561
Riboflavin	S3561
Choline, total	S3561
Lysine	S3561

NDB No. 35168 Fish, salmon, king, with skin, kippered, (Alaska Native)

Phenylalanine	S3561
Histidine	S3561
Glutamic acid	S3561
20:0	S3561
24:1 c	S3561
20:3 undifferentiated	S3561
15:1	S3561
21:5	S3561
Calcium, Ca	S3561
Vitamin B-6	S3561
Folate, total	S3561
22:1 undifferentiated	S3561
17:1	S3561
Water	S3561
Potassium, K	S3561
Selenium, Se	S3561
Tocopherol, delta	S3561
Thiamin	S3561
Pantothenic acid	S3561
Folic acid	S3561
18:3 undifferentiated	S3561
20:4 undifferentiated	S3561
22:5 n-3 (DPA)	S3561
22:4	S3561
Protein	S3561
Tocopherol, gamma	S3561
Vitamin K (phylloquinone)	S3561
Folate, food	S3561
Betaine	S3561
Threonine	S3561
Isoleucine	S3561
Leucine	S3561
Arginine	S3561
Aspartic acid	S3561
Serine	S3561
Cholesterol	S3561
16:0	S3561

NDB No. 35168 Fish, salmon, king, with skin, kippered, (Alaska Native)

22:6 n-3 (DHA)	S3561
17:0	S3561
Tocopherol, beta	S3561
Dihydrophylloquinone	S3561
Cystine	S3561
Glycine	S3561
16:1 undifferentiated	S3561
20:5 n-3 (EPA)	S3561
Fatty acids, total monounsaturated	S3561
Magnesium, Mg	S3561
Sodium, Na	S3561
Tryptophan	S3561
Tyrosine	S3561
Fatty acids, total saturated	S3561
18:0	S3561
20:1	S3561
Fatty acids, total polyunsaturated	S3561
15:0	S3561
Ash	S3561
Iron, Fe	S3561
Niacin	S3561
Methionine	S3561
Proline	S3561
8:0	S3561
10:0	S3561
12:0	S3561
18:2 undifferentiated	S3561
22:0	S3561
18:4	S3561
24:0	S3561
20:2 n-6 c,c	S3561
Phosphorus, P	S3561
Manganese, Mn	S3561
Vitamin E (alpha-tocopherol)	S3561
Vitamin D	S3561
Vitamin B-12	S3561
Menaquinone-4	S3561

NDB No. 35168 Fish, salmon, king, with skin, kippered, (Alaska Native)

Valine	S3561
Alanine	S3561
14:0	S3561
18:1 undifferentiated	S3561
14:1	S3561

NDB No. 35169 Fish, sheefish, raw (Alaska Native)

Choline, total	S3561
Threonine	S3561
8:0	S3561
10:0	S3561
12:0	S3561
18:0	S3561
16:1 undifferentiated	S3561
17:0	S3561
20:2 n-6 c,c	S3561
20:3 undifferentiated	S3561
Protein	S3561
Ash	S3561
Water	S3561
Iron, Fe	S3561
Phosphorus, P	S3561
Vitamin E (alpha-tocopherol)	S3561
Tocopherol, gamma	S3561
Folate, total	S3561
Betaine	S3561
Tryptophan	S3561
Leucine	S3561
Aspartic acid	S3561
20:0	S3561
18:3 undifferentiated	S3561
22:0	S3561
14:1	S3561
Fatty acids, total polyunsaturated	S3561
17:1	S3561
Zinc, Zn	S3561

NDB No. 35169 Fish, sheefish, raw (Alaska Native)

Folic acid	S3561
Cystine	S3561
24:1 c	S3561
Tocopherol, delta	S3561
Vitamin K (phylloquinone)	S3561
Methionine	S3561
Serine	S3561
14:0	S3561
16:0	S3561
18:4	S3561
22:1 undifferentiated	S3561
Fatty acids, total monounsaturated	S3561
Manganese, Mn	S3561
Vitamin B-12	S3561
Isoleucine	S3561
Phenylalanine	S3561
Glutamic acid	S3561
Cholesterol	S3561
Fatty acids, total saturated	S3561
18:2 undifferentiated	S3561
22:6 n-3 (DHA)	S3561
20:1	S3561
20:5 n-3 (EPA)	S3561
15:1	S3561
Calcium, Ca	S3561
Magnesium, Mg	S3561
Potassium, K	S3561
Copper, Cu	S3561
Selenium, Se	S3561
Tocopherol, beta	S3561
Pantothenic acid	S3561
Dihydrophylloquinone	S3561
Tyrosine	S3561
Arginine	S3561
Histidine	S3561
Alanine	S3561
Glycine	S3561

NDB No. 35169 Fish, sheefish, raw (Alaska Native)

Proline	S3561
18:1 undifferentiated	S3561
22:5 n-3 (DPA)	S3561
Sodium, Na	S3561
Vitamin C, total ascorbic acid	S3561
Thiamin	S3561
Riboflavin	S3561
Niacin	S3561
Menaquinone-4	S3561
Lysine	S3561
Valine	S3561
20:4 undifferentiated	S3561
Total lipid (fat)	S3561
Vitamin B-6	S3561
Folate, food	S3561
15:0	S3561
24:0	S3561
21:5	S3561
22:4	S3561

NDB No. 35170 Seal, bearded (Oogruk), meat, low quadrant, raw (Alaska Native)

Vitamin E (alpha-tocopherol)	S3561
Isoleucine	S3561
Valine	S3561
Protein	S3561
Water	S3561
Iron, Fe	S3561
Zinc, Zn	S3561
Tocopherol, beta	S3561
Leucine	S3561
Lysine	S3561
Phenylalanine	S3561
Arginine	S3561
Glycine	S3561
Proline	S3561
Calcium, Ca	S3561

NDB No. 35170 Seal, bearded (Oogruk), meat, low quadrant, raw (Alaska Native)

Histidine	S3561
Magnesium, Mg	S3561
Copper, Cu	S3561
Betaine	S3561
Glutamic acid	S3561
Serine	S3561
Vitamin K (phylloquinone)	S3561
Threonine	S3561
Cystine	S3561
Potassium, K	S3561
Tocopherol, gamma	S3561
Alanine	S3561
Aspartic acid	S3561
Total lipid (fat)	S3561
Sodium, Na	S3561
Choline, total	S3561
Tryptophan	S3561
Methionine	S3561
Tyrosine	S3561
Ash	S3561
Phosphorus, P	S3561
Manganese, Mn	S3561
Tocopherol, delta	S3561
Menaquinone-4	S3561
Dihydrophylloquinone	S3561

NDB No. 35171 Fish, salmon, chum, dried (Alaska Native)

Protein	S3561, S3481
Iron, Fe	S3561, S3481
Vitamin E (alpha-tocopherol)	S3561, S3481
Menaquinone-4	S3561, S3481
Dihydrophylloquinone	S3561, S3481
Folate, food	S3561, S3481
12:0	S3561, S3481
22:6 n-3 (DHA)	S3561, S3481
24:0	S3561, S3481

NDB No. 35171 Fish, salmon, chum, dried (Alaska Native)

24:1 c	S3561, S3481
22:4	S3561, S3481
Tocopherol, delta	S3561, S3481
Vitamin K (phylloquinone)	S3561, S3481
14:0	S3561, S3481
18:3 undifferentiated	S3561, S3481
16:1 undifferentiated	S3561, S3481
Total lipid (fat)	S3561, S3481
Tocopherol, gamma	S3561, S3481
Vitamin B-6	S3561, S3481
Cholesterol	S3561, S3481
Fatty acids, total saturated	S3561, S3481
18:0	S3561, S3481
18:4	S3561, S3481
Fatty acids, total polyunsaturated	S3561, S3481
Magnesium, Mg	S3561, S3481
Copper, Cu	S3561, S3481
Manganese, Mn	S3561, S3481
Selenium, Se	S3561, S3481
Niacin	S3561, S3481
8:0	S3561, S3481
18:1 undifferentiated	S3561, S3481
20:4 undifferentiated	S3561, S3481
22:0	S3561, S3481
22:5 n-3 (DPA)	S3561, S3481
Calcium, Ca	S3561, S3481
Pantothenic acid	S3561, S3481
Folic acid	S3481
20:5 n-3 (EPA)	S3561, S3481
22:1 undifferentiated	S3561, S3481
Ash	S3561, S3481
Water	S3561, S3481
Phosphorus, P	S3561, S3481
Potassium, K	S3561, S3481
Sodium, Na	S3561, S3481
Retinol	S3481
Folate, total	S3561, S3481

NDB No. 35171 Fish, salmon, chum, dried (Alaska Native)

Betaine	S3561, S3541
16:0	S3561, S3481
18:2 undifferentiated	S3561, S3481
Fatty acids, total monounsaturated	S3561, S3481
20:2 n-6 c,c	S3561, S3481
Tocopherol, beta	S3561, S3481
Thiamin	S3561, S3481
Riboflavin	S3561, S3481
Vitamin B-12	S3561, S3481
Choline, total	S3561, S3541
10:0	S3561, S3481
14:1	S3561, S3481
20:1	S3561, S3481
20:3 undifferentiated	S3561, S3481
15:1	S3561, S3481
21:5	S3561, S3481
Zinc, Zn	S3561, S3481
20:0	S3561, S3481
15:0	S3561, S3481
17:0	S3561, S3481
17:1	S3561, S3481

NDB No. 35172 Elk, free range, ground, cooked patties (Shoshone Bannock)

Zinc, Zn	S2802
Copper, Cu	S2802
Vitamin E (alpha-tocopherol)	S2802
Vitamin B-6	S2802
Folate, total	S2802
Phenylalanine	S2802
18:0	S2802
18:2 n-6 c,c	S2802
20:3 undifferentiated	S2802
Potassium, K	S2802
Manganese, Mn	S2802
Thiamin	S2802
Niacin	S2802

NDB No. 35172 Elk, free range, ground, cooked patties (Shoshone Bannock)

Pantothenic acid	S2802
Histidine	S2802
8:0	S2802
12:0	S2802
16:0	S2802
18:1 c	S2802
Iron, Fe	S2802
Tocopherol, gamma	S2802
Lysine	S2802
Aspartic acid	S2802
Serine	S2802
14:1	S2802
18:1 t	S2802
15:1	S2802
Riboflavin	S2802
Vitamin B-12	S2802
Methionine	S2802
Cystine	S2802
Arginine	S2802
Cholesterol	S2802
10:0	S2802
20:1	S2802
17:1	S2802
Total lipid (fat)	S2802
Water	S2802
Magnesium, Mg	S2802
Selenium, Se	S2802
Tocopherol, beta	S2802
Threonine	S2802
Alanine	S2802
Glutamic acid	S2802
Glycine	S2802
20:0	S2802
20:4 undifferentiated	S2802
15:0	S2802
Phosphorus, P	S2802
Ash	S2802

NDB No. 35172 Elk, free range, ground, cooked patties (Shoshone Bannock)

Tocopherol, delta	S2802
Folate, food	S2802
Isoleucine	S2802
Proline	S2802
14:0	S2802
22:0	S2802
16:1 undifferentiated	S2802
18:2 t,t	S2802
20:2 n-6 c,c	S2802
18:3 n-3 c,c,c (ALA)	S2802
Calcium, Ca	S2802
Sodium, Na	S2802
Folic acid	S2802
Tryptophan	S2802
Leucine	S2802
Tyrosine	S2802
Valine	S2802
17:0	S2802
18:3 n-6 c,c,c	S2802

NDB No. 35173 Elk, free range, ground, raw (Shoshone Bannock)

Calcium, Ca	S2802
Copper, Cu	S2802
Threonine	S2802
20:1	S2802
Zinc, Zn	S2802
Niacin	S2802
Hydroxyproline	S2802
15:0	S2802
18:1 c	S2802
15:1	S2802
18:3 n-3 c,c,c (ALA)	S2802
Vitamin B-6	S2802
Alanine	S2802
18:0	S2802
20:4 undifferentiated	S2802

NDB No. 35173 Elk, free range, ground, raw (Shoshone Bannock)

18:3 n-6 c,c,c	S2802
17:1	S2802
Total lipid (fat)	S2802
Ash	S2802
Leucine	S2802
Glycine	S2802
8:0	S2802
14:0	S2802
18:1 t	S2802
Water	S2802
Magnesium, Mg	S2802
Sodium, Na	S2802
Riboflavin	S2802
Isoleucine	S2802
Lysine	S2802
Cystine	S2802
Glutamic acid	S2802
22:0	S2802
20:2 n-6 c,c	S2802
Selenium, Se	S2802
Vitamin B-12	S2802
Phenylalanine	S2802
Valine	S2802
Arginine	S2802
Aspartic acid	S2802
12:0	S2802
16:1 undifferentiated	S2802
17:0	S2802
Potassium, K	S2802
Thiamin	S2802
Tryptophan	S2802
Methionine	S2802
Tyrosine	S2802
Histidine	S2802
Serine	S2802
16:0	S2802
Iron, Fe	S2802

NDB No. 35173 Elk, free range, ground, raw (Shoshone Bannock)

Phosphorus, P	S2802
Manganese, Mn	S2802
Pantothenic acid	S2802
Proline	S2802
10:0	S2802
20:0	S2802
14:1	S2802
18:2 t,t	S2802
18:2 n-6 c,c	S2802
20:3 undifferentiated	S2802

NDB No. 35174 Buffalo, free range, top round steak, raw (Shoshone Bannock)

Water	S2802
Magnesium, Mg	S2802
Selenium, Se	S2802
Riboflavin	S2802
Niacin	S2802
Methionine	S2802
Phenylalanine	S2802
Glutamic acid	S2802
Proline	S2802
10:0	S2802
20:1	S2802
Ash	S2802
Iron, Fe	S2802
Vitamin B-12	S2802
Valine	S2802
18:0	S2802
14:1	S2802
20:2 n-6 c,c	S2802
20:3 undifferentiated	S2802
Total lipid (fat)	S2802
Glycine	S2802
Serine	S2802
16:1 undifferentiated	S2802
18:1 t	S2802

NDB No. 35174 Buffalo, free range, top round steak, raw (Shoshone Bannock)

18:1 c	S2802
Copper, Cu	S2802
Vitamin B-6	S2802
Tryptophan	S2802
Leucine	S2802
Arginine	S2802
12:0	S2802
Phosphorus, P	S2802
Potassium, K	S2802
Pantothenic acid	S2802
Threonine	S2802
Isoleucine	S2802
Cystine	S2802
14:0	S2802
16:0	S2802
20:0	S2802
20:4 undifferentiated	S2802
18:2 n-6 c,c	S2802
17:1	S2802
15:1	S2802
Sodium, Na	S2802
Zinc, Zn	S2802
Thiamin	S2802
Aspartic acid	S2802
8:0	S2802
22:0	S2802
15:0	S2802
Manganese, Mn	S2802
Lysine	S2802
17:0	S2802
18:2 t,t	S2802
18:3 n-6 c,c,c	S2802
18:3 n-3 c,c,c (ALA)	S2802
Calcium, Ca	S2802
Tyrosine	S2802
Histidine	S2802
Alanine	S2802

NDB No. 35174 Buffalo, free range, top round steak, raw (Shoshone Bannock)

Hydroxyproline	S2802

NDB No. 35175 Seal, bearded (Oogruk), meat, partially dried (Alaska Native)

Protein	S3561
Sodium, Na	S3561
Copper, Cu	S3561
Vitamin E (alpha-tocopherol)	S3561
Dihydrophylloquinone	S3561
Vitamin K (phylloquinone)	S3561
Leucine	S3561
Phenylalanine	S3561
Histidine	S3561
Glycine	S3561
Zinc, Zn	S3561
Menaquinone-4	S3561
Water	S3561
Magnesium, Mg	S3561
Isoleucine	S3561
Alanine	S3561
Aspartic acid	S3561
Iron, Fe	S3561
Betaine	S3561
Cystine	S3561
Ash	S3561
Tocopherol, beta	S3561
Tocopherol, gamma	S3561
Methionine	S3561
Proline	S3561
Manganese, Mn	S3561
Tryptophan	S3561
Threonine	S3561
Lysine	S3561
Arginine	S3561
Glutamic acid	S3561
Total lipid (fat)	S3561
Potassium, K	S3561

NDB No. 35175 Seal, bearded (Oogruk), meat, partially dried (Alaska Native)

Tyrosine	S3561
Valine	S3561
Calcium, Ca	S3561
Phosphorus, P	S3561
Tocopherol, delta	S3561
Choline, total	S3561
Serine	S3561

NDB No. 35176 Buffalo, free range, top round steak, cooked (Shoshone Bannock)

Potassium, K	S2802
Selenium, Se	S2802
20:1	S2802
18:2 t,t	S2802
18:3 n-6 c,c,c	S2802
20:3 undifferentiated	S2802
Niacin	S2802
Folate, total	S2802
Glutamic acid	S2802
16:0	S2802
16:1 undifferentiated	S2802
17:0	S2802
17:1	S2802
Magnesium, Mg	S2802
Vitamin E (alpha-tocopherol)	S2802
Tocopherol, gamma	S2802
Riboflavin	S2802
Valine	S2802
Arginine	S2802
10:0	S2802
14:1	S2802
Water	S2802
Vitamin B-12	S2802
Methionine	S2802
Tyrosine	S2802
Alanine	S2802
Cholesterol	S2802

NDB No. 35176 Buffalo, free range, top round steak, cooked (Shoshone Bannock)

14:0	S2802
18:1 c	S2802
15:1	S2802
Iron, Fe	S2802
Vitamin B-6	S2802
Tryptophan	S2802
Threonine	S2802
Cystine	S2802
Aspartic acid	S2802
20:0	S2802
18:1 t	S2802
20:2 n-6 c,c	S2802
18:3 n-3 c,c,c (ALA)	S2802
Ash	S2802
Zinc, Zn	S2802
Tocopherol, delta	S2802
Lysine	S2802
Serine	S2802
8:0	S2802
22:0	S2802
Calcium, Ca	S2802
Phosphorus, P	S2802
Sodium, Na	S2802
Copper, Cu	S2802
Manganese, Mn	S2802
Pantothenic acid	S2802
Folic acid	S2802
Glycine	S2802
20:4 undifferentiated	S2802
15:0	S2802
18:2 n-6 c,c	S2802
Total lipid (fat)	S2802
Tocopherol, beta	S2802
Thiamin	S2802
Folate, food	S2802
Isoleucine	S2802
Leucine	S2802

NDB No. 35176 Buffalo, free range, top round steak, cooked (Shoshone Bannock)

Phenylalanine	S2802
Histidine	S2802
Proline	S2802
12:0	S2802
18:0	S2802

NDB No. 35177 Elk, free range, roast, eye of round, raw (Shoshone Bannock)

Total lipid (fat)	S2802
Calcium, Ca	S2802
Phosphorus, P	S2802
Copper, Cu	S2802
Manganese, Mn	S2802
Selenium, Se	S2802
Phenylalanine	S2802
Aspartic acid	S2802
8:0	S2802
14:0	S2802
18:1 t	S2802
18:2 t,t	S2802
Sodium, Na	S2802
Vitamin B-12	S2802
Methionine	S2802
Cystine	S2802
Alanine	S2802
20:1	S2802
20:2 n-6 c,c	S2802
Water	S2802
Vitamin B-6	S2802
Leucine	S2802
Valine	S2802
10:0	S2802
18:0	S2802
20:3 undifferentiated	S2802
Pantothenic acid	S2802
Threonine	S2802
Isoleucine	S2802

NDB No. 35177 Elk, free range, roast, eye of round, raw (Shoshone Bannock)

Tyrosine	S2802
Histidine	S2802
18:2 n-6 c,c	S2802
17:1	S2802
Ash	S2802
Niacin	S2802
Lysine	S2802
Arginine	S2802
Glycine	S2802
16:0	S2802
14:1	S2802
17:0	S2802
18:3 n-6 c,c,c	S2802
Iron, Fe	S2802
Potassium, K	S2802
Zinc, Zn	S2802
Riboflavin	S2802
Tryptophan	S2802
Glutamic acid	S2802
Serine	S2802
Hydroxyproline	S2802
20:0	S2802
20:4 undifferentiated	S2802
16:1 undifferentiated	S2802
15:0	S2802
18:1 c	S2802
Magnesium, Mg	S2802
Proline	S2802
22:0	S2802
15:1	S2802
18:3 n-3 c,c,c (ALA)	S2802
Thiamin	S2802
12:0	S2802

NDB No. 35178 Elk, free range, roast, eye of round, cooked (Shoshone Bannock)

Phosphorus, P	S2802

NDB No. 35178 Elk, free range, roast, eye of round, cooked (Shoshone Bannock)

Vitamin E (alpha-tocopherol)	S2802
Riboflavin	S2802
Vitamin B-12	S2802
Glutamic acid	S2802
17:1	S2802
Water	S2802
Tocopherol, delta	S2802
Phenylalanine	S2802
16:1 undifferentiated	S2802
20:1	S2802
15:1	S2802
Ash	S2802
Sodium, Na	S2802
Copper, Cu	S2802
Cystine	S2802
Serine	S2802
20:2 n-6 c,c	S2802
18:1 c	S2802
Magnesium, Mg	S2802
Tocopherol, beta	S2802
Niacin	S2802
Vitamin B-6	S2802
Proline	S2802
8:0	S2802
16:0	S2802
20:0	S2802
18:2 n-6 c,c	S2802
Iron, Fe	S2802
Zinc, Zn	S2802
Manganese, Mn	S2802
Thiamin	S2802
Folic acid	S2802
Leucine	S2802
Methionine	S2802
Tyrosine	S2802
Histidine	S2802
Aspartic acid	S2802

NDB No. 35178 Elk, free range, roast, eye of round, cooked (Shoshone Bannock)

18:2 t,t	S2802
Total lipid (fat)	S2802
Selenium, Se	S2802
Threonine	S2802
Lysine	S2802
14:0	S2802
18:0	S2802
20:4 undifferentiated	S2802
18:3 n-6 c,c,c	S2802
20:3 undifferentiated	S2802
Potassium, K	S2802
Folate, food	S2802
Tryptophan	S2802
Isoleucine	S2802
Alanine	S2802
Glycine	S2802
10:0	S2802
12:0	S2802
18:1 t	S2802
Calcium, Ca	S2802
Tocopherol, gamma	S2802
Pantothenic acid	S2802
Folate, total	S2802
Valine	S2802
Arginine	S2802
Cholesterol	S2802
22:0	S2802
14:1	S2802
15:0	S2802
17:0	S2802
18:3 n-3 c,c,c (ALA)	S2802

NDB No. 35179 Chokecherries, raw, pitted (Shoshone Bannock)

Starch	S3481
Phosphorus, P	S3481
Manganese, Mn	S3481

NDB No. 35179 Chokecherries, raw, pitted (Shoshone Bannock)

Carotene, beta	S3481
Carotene, alpha	S3481
Thiamin	S3481
Folate, total	S3481
Dihydrophylloquinone	S3481
Vitamin K (phylloquinone)	S3481
Zinc, Zn	S3481
Tocopherol, gamma	S3481
Iron, Fe	S3481
Selenium, Se	S3481
Vitamin C, total ascorbic acid	S3481
Pantothenic acid	S3481
Menaquinone-4	S3481
Fructose	S3481
Lactose	S3481
Tocopherol, delta	S3481
Niacin	S3481
Glucose (dextrose)	S3481
Water	S3481
Magnesium, Mg	S3481
Sodium, Na	S3481
Tocopherol, beta	S3481
Vitamin B-6	S3481
Protein	S3481
Total lipid (fat)	S3481
Sucrose	S3481
Sugars, total	S3481
Calcium, Ca	S3481
Potassium, K	S3481
Cryptoxanthin, beta	S3481
Riboflavin	S3481
Ash	S3481
Maltose	S3481
Fiber, total dietary	S3481
Copper, Cu	S3481
Lycopene	S3481
Galactose	S3481

NDB No. 35179 Chokecherries, raw, pitted (Shoshone Bannock)

Vitamin E (alpha-tocopherol)	S3481

NDB No. 35180 Steelhead trout, dried, flesh (Shoshone Bannock)

Water	S3481
Vitamin E (alpha-tocopherol)	S3481
Menaquinone-4	S3481
Dihydrophylloquinone	S3481
8:0	S3481
12:0	S3481
14:1	S3481
16:1 undifferentiated	S3481
22:5 n-3 (DPA)	S3481
17:0	S3481
22:1 c	S3481
Phosphorus, P	S3481
Zinc, Zn	S3481
Manganese, Mn	S3481
Selenium, Se	S3481
Tocopherol, gamma	S3481
Tocopherol, delta	S3481
Cholesterol	S3481
16:0	S3481
18:0	S3481
Fatty acids, total monounsaturated	S3481
Tocopherol, beta	S3481
20:0	S3481
15:1	S3481
Protein	S3481
Calcium, Ca	S3481
Iron, Fe	S3481
Sodium, Na	S3481
10:0	S3481
14:0	S3481
18:1 undifferentiated	S3481
18:2 undifferentiated	S3481
20:5 n-3 (EPA)	S3481

NDB No. 35180 Steelhead trout, dried, flesh (Shoshone Bannock)

15:0	S3481
20:3 undifferentiated	S3481
Potassium, K	S3481
Vitamin D	S3481
22:0	S3481
24:0	S3481
20:2 n-6 c,c	S3481
18:3 n-6 c,c,c	S3481
Total lipid (fat)	S3481
20:1	S3481
22:1 undifferentiated	S3481
18:3 n-3 c,c,c (ALA)	S3481
Magnesium, Mg	S3481
Vitamin B-12	S3481
22:6 n-3 (DHA)	S3481
Ash	S3481
Copper, Cu	S3481
Vitamin K (phylloquinone)	S3481
Fatty acids, total saturated	S3481
18:3 undifferentiated	S3481
20:4 undifferentiated	S3481
Fatty acids, total polyunsaturated	S3481
17:1	S3481

NDB No. 35181 Steelhead trout, boiled, canned (Alaska Native)

Magnesium, Mg	S3481
Phosphorus, P	S3481
Potassium, K	S3481
12:0	S3481
20:0	S3481
18:3 undifferentiated	S3481
20:4 undifferentiated	S3481
20:5 n-3 (EPA)	S3481
Water	S3481
Copper, Cu	S3481
Menaquinone-4	S3481

NDB No. 35181 Steelhead trout, boiled, canned (Alaska Native)

Cholesterol	S3481
20:1	S3481
Fatty acids, total polyunsaturated	S3481
22:1 c	S3481
18:3 n-3 c,c,c (ALA)	S3481
Vitamin B-12	S3481
Calcium, Ca	S3481
Iron, Fe	S3481
Vitamin D	S3481
Dihydrophylloquinone	S3481
Fatty acids, total saturated	S3481
14:0	S3481
18:1 undifferentiated	S3481
22:6 n-3 (DHA)	S3481
Fatty acids, total monounsaturated	S3481
Total lipid (fat)	S3481
Sodium, Na	S3481
8:0	S3481
17:0	S3481
24:0	S3481
Tocopherol, delta	S3481
18:0	S3481
18:2 undifferentiated	S3481
22:0	S3481
22:5 n-3 (DPA)	S3481
15:0	S3481
20:2 n-6 c,c	S3481
18:3 n-6 c,c,c	S3481
17:1	S3481
15:1	S3481
Ash	S3481
Zinc, Zn	S3481
Manganese, Mn	S3481
Tocopherol, beta	S3481
10:0	S3481
22:1 undifferentiated	S3481
Protein	S3481

NDB No. 35181 Steelhead trout, boiled, canned (Alaska Native)

Selenium, Se	S3481
Vitamin E (alpha-tocopherol)	S3481
Tocopherol, gamma	S3481
Vitamin K (phylloquinone)	S3481
16:0	S3481
14:1	S3481
16:1 undifferentiated	S3481
20:3 undifferentiated	S3481

NDB No. 35182 Acorn stew (Apache)

Glucose (dextrose)	S3481
Maltose	S3481
Sugars, total	S3481
Magnesium, Mg	S3481
Phosphorus, P	S3481
Sodium, Na	S3481
Menaquinone-4	S3481
Tryptophan	S3481
Isoleucine	S3481
Tyrosine	S3481
Valine	S3481
18:0	S3481
14:1	S3481
20:1	S3481
Fatty acids, total polyunsaturated	S3481
15:0	S3481
17:0	S3481
20:3 undifferentiated	S3481
Folate, total	S3481
Dihydrophylloquinone	S3481
Cystine	S3481
Arginine	S3481
Cholesterol	S3481
Fatty acids, total saturated	S3481
10:0	S3481
12:0	S3481

NDB No. 35182 Acorn stew (Apache)

16:0	S3481
18:3 undifferentiated	S3481
22:6 n-3 (DHA)	S3481
18:4	S3481
15:1	S3481
Galactose	S3481
Calcium, Ca	S3481
Tocopherol, gamma	S3481
Thiamin	S3481
Vitamin B-12	S3481
Folic acid	S3481
Leucine	S3481
Methionine	S3481
Aspartic acid	S3481
Proline	S3481
8:0	S3481
24:0	S3481
22:4	S3481
Sucrose	S3481
Zinc, Zn	S3481
Pantothenic acid	S3481
Histidine	S3481
Glutamic acid	S3481
16:1 undifferentiated	S3481
20:2 n-6 c,c	S3481
Total lipid (fat)	S3481
Water	S3481
Selenium, Se	S3481
Vitamin E (alpha-tocopherol)	S3481
18:1 undifferentiated	S3481
22:0	S3481
20:5 n-3 (EPA)	S3481
22:5 n-3 (DPA)	S3481
Fatty acids, total monounsaturated	S3481
Fructose	S3481
Tocopherol, delta	S3481
Threonine	S3481

NDB No. 35182 Acorn stew (Apache)

Lysine	S3481
22:1 undifferentiated	S3481
21:5	S3481
Starch	S3481
Iron, Fe	S3481
Tocopherol, beta	S3481
Vitamin C, total ascorbic acid	S3481
Niacin	S3481
Vitamin B-6	S3481
Vitamin K (phylloquinone)	S3481
Folate, food	S3481
Phenylalanine	S3481
20:4 undifferentiated	S3481
24:1 c	S3481
17:1	S3481
Protein	S3481
Ash	S3481
Lactose	S3481
Fiber, total dietary	S3481
Potassium, K	S3481
Copper, Cu	S3481
Manganese, Mn	S3481
Riboflavin	S3481
Alanine	S3481
Glycine	S3481
Serine	S3481
14:0	S3481
20:0	S3481
18:2 undifferentiated	S3481

NDB No. 35183 Corn, dried, yellow (Northern Plains Indians)

Maltose	S3481
Folate, total	S3481
Phenylalanine	S3481
Arginine	S3481
20:4 undifferentiated	S3481

NDB No. 35183 Corn, dried, yellow (Northern Plains Indians)

15:1	S3481
Total lipid (fat)	S3481
Water	S3481
Iron, Fe	S3481
Phosphorus, P	S3481
Manganese, Mn	S3481
Carotene, beta	S3481
Tryptophan	S3481
Lysine	S3481
Methionine	S3481
Valine	S3481
Alanine	S3481
Aspartic acid	S3481
12:0	S3481
16:1 undifferentiated	S3481
Starch	S3481
Fructose	S3481
Galactose	S3481
Fiber, total dietary	S3481
Lycopene	S3481
Pantothenic acid	S3481
Leucine	S3481
Proline	S3481
10:0	S3481
16:0	S3481
18:0	S3481
20:1	S3481
Fatty acids, total polyunsaturated	S3481
20:2 n-6 c,c	S3481
18:3 n-3 c,c,c (ALA)	S3481
Protein	S3481
Ash	S3481
Lactose	S3481
Selenium, Se	S3481
Riboflavin	S3481
Isoleucine	S3481
Glutamic acid	S3481

NDB No. 35183 Corn, dried, yellow (Northern Plains Indians)

Serine	S3481
Fatty acids, total saturated	S3481
8:0	S3481
Tyrosine	S3481
Glycine	S3481
20:0	S3481
18:1 undifferentiated	S3481
18:2 undifferentiated	S3481
Fatty acids, total monounsaturated	S3481
17:0	S3481
Glucose (dextrose)	S3481
Sugars, total	S3481
Copper, Cu	S3481
Carotene, alpha	S3481
Threonine	S3481
Cystine	S3481
14:0	S3481
22:0	S3481
15:0	S3481
Sucrose	S3481
Calcium, Ca	S3481
Potassium, K	S3481
Sodium, Na	S3481
Zinc, Zn	S3481
Cryptoxanthin, beta	S3481
Thiamin	S3481
Niacin	S3481
Vitamin B-6	S3481
14:1	S3481
17:1	S3481
20:3 undifferentiated	S3481
Magnesium, Mg	S3481
Vitamin C, total ascorbic acid	S3481
Histidine	S3481
18:3 undifferentiated	S3481
18:3 n-6 c,c,c	S3481

NDB No. 35184 Smelt, dried (Alaska Native)

Protein	S3481
Ash	S3481
Iron, Fe	S3481
Tocopherol, gamma	S3481
Thiamin	S3481
Leucine	S3481
Tyrosine	S3481
Valine	S3481
Aspartic acid	S3481
Glutamic acid	S3481
18:4	S3481
20:2 n-6 c,c	S3481
Water	S3481
Riboflavin	S3481
Vitamin B-12	S3481
Lysine	S3481
Cholesterol	S3481
22:5 n-3 (DPA)	S3481
Fatty acids, total monounsaturated	S3481
24:0	S3481
Magnesium, Mg	S3481
Vitamin E (alpha-tocopherol)	S3481
Pantothenic acid	S3481
Dihydrophylloquinone	S3481
Cystine	S3481
8:0	S3481
16:0	S3481
Total lipid (fat)	S3481
Sodium, Na	S3481
Manganese, Mn	S3481
Tocopherol, beta	S3481
Vitamin K (phylloquinone)	S3481
Threonine	S3481
Phenylalanine	S3481
18:2 undifferentiated	S3481
20:4 undifferentiated	S3481
22:6 n-3 (DHA)	S3481

NDB No. 35184 Smelt, dried (Alaska Native)

14:1	S3481
15:0	S3481
20:3 undifferentiated	S3481
22:4	S3481
Calcium, Ca	S3481
Zinc, Zn	S3481
Vitamin B-6	S3481
10:0	S3481
12:0	S3481
17:1	S3481
Potassium, K	S3481
Retinol	S3481
Tocopherol, delta	S3481
Niacin	S3481
Isoleucine	S3481
Arginine	S3481
Histidine	S3481
Alanine	S3481
Glycine	S3481
18:0	S3481
18:1 undifferentiated	S3481
18:3 undifferentiated	S3481
22:0	S3481
16:1 undifferentiated	S3481
20:5 n-3 (EPA)	S3481
Fatty acids, total polyunsaturated	S3481
Copper, Cu	S3481
Selenium, Se	S3481
Menaquinone-4	S3481
Tryptophan	S3481
Methionine	S3481
Serine	S3481
Fatty acids, total saturated	S3481
14:0	S3481
20:1	S3481
24:1 c	S3481
Phosphorus, P	S3481

NDB No. 35184 Smelt, dried (Alaska Native)

Proline	S3481
20:0	S3481
22:1 undifferentiated	S3481
17:0	S3481
15:1	S3481
21:5	S3481

NDB No. 35185 Frybread, made with lard (Apache)

Protein	S3481
Ash	S3481
Glucose (dextrose)	S3481
Fructose	S3481
22:0	S3481
Sucrose	S3481
Lactose	S3481
Maltose	S3481
Galactose	S3481
Fiber, total dietary	S3481
Tocopherol, delta	S3481
Thiamin	S3481
Dihydrophylloquinone	S3481
Fatty acids, total saturated	S3481
8:0	S3481
14:1	S3481
16:1 undifferentiated	S3481
15:0	S3481
18:3 n-6 c,c,c	S3481
18:3 n-3 c,c,c (ALA)	S3481
Total lipid (fat)	S3481
Calcium, Ca	S3481
Magnesium, Mg	S3481
Sodium, Na	S3481
Zinc, Zn	S3481
Tocopherol, gamma	S3481
Folate, total	S3481
Vitamin B-12	S3481

NDB No. 35185 Frybread, made with lard (Apache)

10:0	S3481
20:0	S3481
Fatty acids, total monounsaturated	S3481
15:1	S3481
Starch	S3481
Iron, Fe	S3481
Vitamin E (alpha-tocopherol)	S3481
Vitamin K (phylloquinone)	S3481
14:0	S3481
16:0	S3481
18:1 undifferentiated	S3481
20:1	S3481
17:1	S3481
Sugars, total	S3481
Copper, Cu	S3481
Selenium, Se	S3481
Cholesterol	S3481
18:0	S3481
18:2 undifferentiated	S3481
20:3 undifferentiated	S3481
Water	S3481
Riboflavin	S3481
Menaquinone-4	S3481
Fatty acids, total polyunsaturated	S3481
17:0	S3481
Phosphorus, P	S3481
Vitamin B-6	S3481
Potassium, K	S3481
Manganese, Mn	S3481
Tocopherol, beta	S3481
Niacin	S3481
12:0	S3481
18:3 undifferentiated	S3481
20:4 undifferentiated	S3481
20:2 n-6 c,c	S3481

NDB No. 35186 Corned beef and potatoes in tortilla (Apache)

Copper, Cu	S3481
Vitamin E (alpha-tocopherol)	S3481
Riboflavin	S3481
Folate, total	S3481
20:0	S3481
14:1	S3481
16:1 undifferentiated	S3481
Lactose	S3481
Sodium, Na	S3481
Manganese, Mn	S3481
Fatty acids, total saturated	S3481
16:0	S3481
18:1 undifferentiated	S3481
Sugars, total	S3481
Fiber, total dietary	S3481
Tocopherol, delta	S3481
Dihydrophylloquinone	S3481
18:2 undifferentiated	S3481
20:4 undifferentiated	S3481
Protein	S3481
Ash	S3481
Glucose (dextrose)	S3481
Fructose	S3481
Potassium, K	S3481
Selenium, Se	S3481
Vitamin B-6	S3481
Vitamin B-12	S3481
Vitamin K (phylloquinone)	S3481
22:0	S3481
Calcium, Ca	S3481
Menaquinone-4	S3481
15:0	S3481
17:0	S3481
15:1	S3481
Iron, Fe	S3481
Phosphorus, P	S3481
Zinc, Zn	S3481

NDB No. 35186 Corned beef and potatoes in tortilla (Apache)

Tocopherol, beta	S3481
Tocopherol, gamma	S3481
Hydroxyproline	S3481
Cholesterol	S3481
8:0	S3481
10:0	S3481
18:0	S3481
18:3 undifferentiated	S3481
20:1	S3481
Fatty acids, total polyunsaturated	S3481
17:1	S3481
20:3 undifferentiated	S3481
Total lipid (fat)	S3481
Sucrose	S3481
Maltose	S3481
Magnesium, Mg	S3481
14:0	S3481
Fatty acids, total monounsaturated	S3481
Starch	S3481
Water	S3481
Galactose	S3481
Thiamin	S3481
Niacin	S3481
12:0	S3481
20:2 n-6 c,c	S3481
18:3 n-6 c,c,c	S3481
18:3 n-3 c,c,c (ALA)	S3481

NDB No. 35187 Tennis Bread, plain (Apache)

Total lipid (fat)	S3481
Starch	S3481
Calcium, Ca	S3481
Zinc, Zn	S3481
Tocopherol, gamma	S3481
Fatty acids, total saturated	S3481
18:1 undifferentiated	S3481

NDB No. 35187 Tennis Bread, plain (Apache)

22:5 n-3 (DPA)	S3481
24:0	S3481
24:1 c	S3481
15:1	S3481
21:5	S3481
22:4	S3481
Glucose (dextrose)	S3481
Lactose	S3481
Vitamin E (alpha-tocopherol)	S3481
Riboflavin	S3481
Vitamin B-6	S3481
Folic acid	S3481
20:1	S3481
Fatty acids, total monounsaturated	S3481
20:2 n-6 c,c	S3481
Ash	S3481
Magnesium, Mg	S3481
Phosphorus, P	S3481
Copper, Cu	S3481
Tocopherol, delta	S3481
Thiamin	S3481
Menaquinone-4	S3481
12:0	S3481
14:0	S3481
18:0	S3481
20:4 undifferentiated	S3481
20:5 n-3 (EPA)	S3481
17:0	S3481
Protein	S3481
Potassium, K	S3481
Folate, food	S3481
16:0	S3481
22:6 n-3 (DHA)	S3481
18:4	S3481
22:1 undifferentiated	S3481
Sucrose	S3481
Galactose	S3481

NDB No. 35187 Tennis Bread, plain (Apache)

Fiber, total dietary	S3481
Pantothenic acid	S3481
Dihydrophylloquinone	S3481
10:0	S3481
18:2 undifferentiated	S3481
Fatty acids, total polyunsaturated	S3481
15:0	S3481
Fructose	S3481
Maltose	S3481
Iron, Fe	S3481
Selenium, Se	S3481
14:1	S3481
17:1	S3481
Water	S3481
Manganese, Mn	S3481
8:0	S3481
20:0	S3481
22:0	S3481
16:1 undifferentiated	S3481
20:3 undifferentiated	S3481
Sugars, total	S3481
Sodium, Na	S3481
Tocopherol, beta	S3481
Niacin	S3481
Folate, total	S3481
Vitamin K (phylloquinone)	S3481
18:3 undifferentiated	S3481

NDB No. 35188 Fish, halibut, cooked, with skin (Alaska Native)

Iron, Fe	S3481
Menaquinone-4	S3481
Tyrosine	S3481
Arginine	S3481
Alanine	S3481
Hydroxyproline	S3481
22:6 n-3 (DHA)	S3481

NDB No. 35188 Fish, halibut, cooked, with skin (Alaska Native)

15:0	S3481
Riboflavin	S3481
Vitamin B-12	S3481
Lysine	S3481
Valine	S3481
8:0	S3481
10:0	S3481
16:0	S3481
18:0	S3481
20:1	S3481
20:5 n-3 (EPA)	S3481
Protein	S3481
Total lipid (fat)	S3481
Tocopherol, gamma	S3481
Threonine	S3481
Methionine	S3481
Glycine	S3481
22:0	S3481
Fatty acids, total monounsaturated	S3481
24:0	S3481
Water	S3481
Magnesium, Mg	S3481
Sodium, Na	S3481
Zinc, Zn	S3481
Vitamin B-6	S3481
Histidine	S3481
Proline	S3481
Cholesterol	S3481
14:1	S3481
Fatty acids, total polyunsaturated	S3481
20:2 n-6 c,c	S3481
20:3 undifferentiated	S3481
15:1	S3481
18:3 n-3 c,c,c (ALA)	S3481
Calcium, Ca	S3481
Potassium, K	S3481
Copper, Cu	S3481

NDB No. 35188 Fish, halibut, cooked, with skin (Alaska Native)

Manganese, Mn	S3481
Selenium, Se	S3481
Pantothenic acid	S3481
Vitamin K (phylloquinone)	S3481
Leucine	S3481
Aspartic acid	S3481
Fatty acids, total saturated	S3481
16:1 undifferentiated	S3481
22:5 n-3 (DPA)	S3481
17:0	S3481
Ash	S3481
Thiamin	S3481
Dihydrophylloquinone	S3481
Tryptophan	S3481
Glutamic acid	S3481
12:0	S3481
18:3 undifferentiated	S3481
22:1 c	S3481
Vitamin E (alpha-tocopherol)	S3481
Niacin	S3481
Folate, total	S3481
Isoleucine	S3481
Serine	S3481
20:0	S3481
18:2 undifferentiated	S3481
20:4 undifferentiated	S3481
18:3 n-6 c,c,c	S3481
17:1	S3481
Phosphorus, P	S3481
Tocopherol, beta	S3481
Tocopherol, delta	S3481
Cystine	S3481
Phenylalanine	S3481
14:0	S3481
18:1 undifferentiated	S3481
22:1 undifferentiated	S3481

NDB No. 35190 Salmon, red (sockeye), filets with skin, smoked (Alaska Native)

Ash	S3481, S4303
Water	S3481, S4303
Calcium, Ca	S3481, S4303
Menaquinone-4	S3481, S4303
Vitamin K (phylloquinone)	S3481, S4303
20:0	S3481, S4303
22:6 n-3 (DHA)	S3481, S4303
15:0	S3481, S4303
15:1	S3481, S4303
22:4	S3481, S4303
Magnesium, Mg	S3481, S4303
Copper, Cu	S3481, S4303
Manganese, Mn	S3481, S4303
Vitamin E (alpha-tocopherol)	S3481, S4303
Tocopherol, beta	S3481, S4303
16:1 undifferentiated	S3481, S4303
22:1 undifferentiated	S3481, S4303
17:0	S3481, S4303
17:1	S3481, S4303
Thiamin	S3481, S4303
Cholesterol	S3481, S4303
Fatty acids, total saturated	S3481, S4303
18:3 undifferentiated	S3481, S4303
18:4	S3481, S4303
Fatty acids, total monounsaturated	S3481, S4303
20:2 n-6 c,c	S3481, S4303
Zinc, Zn	S3481, S4303
Choline, total	S3541, S4303
Dihydrophylloquinone	S3481, S4303
14:0	S3481, S4303
22:5 n-3 (DPA)	S3481, S4303
Protein	S3481, S4303
Total lipid (fat)	S3481, S4303
Iron, Fe	S3481, S4303
Potassium, K	S3481, S4303
Vitamin B-12	S3481, S4303
10:0	S3481, S4303

NDB No. 35190 Salmon, red (sockeye), filets with skin, smoked (Alaska Native)

20:4 undifferentiated	S3481, S4303
22:0	S3481, S4303
14:1	S3481, S4303
Sodium, Na	S4303
Pantothenic acid	S3481, S4303
Folic acid	S3481
Folate, food	S3481, S4303
Betaine	S3541, S4303
16:0	S3481, S4303
18:1 undifferentiated	S3481, S4303
20:5 n-3 (EPA)	S3481, S4303
24:0	S3481, S4303
21:5	S3481, S4303
Selenium, Se	S3481, S4303
Retinol	S3481, S4303
Tocopherol, gamma	S3481, S4303
Riboflavin	S3481, S4303
Niacin	S3481, S4303
Vitamin B-6	S3481, S4303
18:2 undifferentiated	S3481, S4303
Fatty acids, total polyunsaturated	S3481, S4303
Phosphorus, P	S3481, S4303
Tocopherol, delta	S3481, S4303
Folate, total	S3481, S4303
8:0	S3481, S4303
12:0	S3481, S4303
18:0	S3481, S4303
20:1	S3481, S4303
24:1 c	S3481, S4303
20:3 undifferentiated	S3481, S4303

NDB No. 35192 Agave, raw (Southwest)

Sucrose	S3682
Iron, Fe	S3682
Potassium, K	S3682
Manganese, Mn	S3682

NDB No. 35192 Agave, raw (Southwest)

Cryptoxanthin, beta	S3682
Riboflavin	S3682
Vitamin K (phylloquinone)	S3682
Cystine	S3682
Glucose (dextrose)	S3682
Fructose	S3682
Phosphorus, P	S3682
Sodium, Na	S3682
Carotene, alpha	S3682
Vitamin E (alpha-tocopherol)	S3682
Thiamin	S3682
Folate, total	S3682
Tyrosine	S3682
Valine	S3682
Total lipid (fat)	S3682
Sugars, total	S3682
Zinc, Zn	S3682
Copper, Cu	S3682
Carotene, beta	S3682
Dihydrophylloquinone	S3682
Tryptophan	S3682
Lysine	S3682
Alanine	S3682
Glutamic acid	S3682
Fiber, total dietary	S3682
Magnesium, Mg	S3682
Niacin	S3682
Vitamin B-6	S3682
Aspartic acid	S3682
Protein	S3682
Galactose	S3682
Selenium, Se	S3682
Tocopherol, beta	S3682
Vitamin C, total ascorbic acid	S3682
Leucine	S3682
Histidine	S3682
Proline	S3682

NDB No. 35192 Agave, raw (Southwest)

Starch	S3682
Lactose	S3682
Lycopene	S3682
Tocopherol, gamma	S3682
Threonine	S3682
Isoleucine	S3682
Serine	S3682
Calcium, Ca	S3682
Tocopherol, delta	S3682
Arginine	S3682
Glycine	S3682
Ash	S3682
Maltose	S3682
Water	S3682
Pantothenic acid	S3682
Methionine	S3682
Phenylalanine	S3682

NDB No. 35193 Agave, cooked (Southwest)

Carotene, alpha	S3682
Vitamin K (phylloquinone)	S3682
Betaine	S3682
Magnesium, Mg	S3682
Fiber, total dietary	S3682
Potassium, K	S3682
Sodium, Na	S3682
Folate, total	S3682
Dihydrophylloquinone	S3682
Ash	S3682
Sucrose	S3682
Copper, Cu	S3682
Manganese, Mn	S3682
Tocopherol, gamma	S3682
Fructose	S3682
Water	S3682
Galactose	S3682

NDB No. 35193 Agave, cooked (Southwest)

Carotene, beta	S3682
Thiamin	S3682
Pantothenic acid	S3682
Starch	S3682
Glucose (dextrose)	S3682
Iron, Fe	S3682
Lycopene	S3682
Vitamin C, total ascorbic acid	S3682
Vitamin B-6	S3682
Maltose	S3682
Calcium, Ca	S3682
Zinc, Zn	S3682
Cryptoxanthin, beta	S3682
Tocopherol, beta	S3682
Tocopherol, delta	S3682
Riboflavin	S3682
Choline, total	S3682
Lactose	S3682
Sugars, total	S3682
Phosphorus, P	S3682
Selenium, Se	S3682
Vitamin E (alpha-tocopherol)	S3682
Niacin	S3682

NDB No. 35194 Agave, dried (Southwest)

Maltose	S3682
Iron, Fe	S3682
Phosphorus, P	S3682
Cryptoxanthin, beta	S3682
Thiamin	S3682
Dihydrophylloquinone	S3682
Fructose	S3682
Sugars, total	S3682
Zinc, Zn	S3682
Copper, Cu	S3682
Manganese, Mn	S3682

NDB No. 35194 Agave, dried (Southwest)

Carotene, beta	S3682
Vitamin E (alpha-tocopherol)	S3682
Lycopene	S3682
Fiber, total dietary	S3682
Vitamin B-6	S3682
Folate, total	S3682
Lactose	S3682
Tocopherol, beta	S3682
Protein	S3682
Sucrose	S3682
Galactose	S3682
Calcium, Ca	S3682
Selenium, Se	S3682
Carotene, alpha	S3682
Niacin	S3682
Glucose (dextrose)	S3682
Water	S3682
Tocopherol, gamma	S3682
Vitamin C, total ascorbic acid	S3682
Vitamin K (phylloquinone)	S3682
Total lipid (fat)	S3682
Ash	S3682
Starch	S3682
Magnesium, Mg	S3682
Potassium, K	S3682
Sodium, Na	S3682
Pantothenic acid	S3682
Tocopherol, delta	S3682
Riboflavin	S3682

NDB No. 35195 Cattail, Narrow Leaf Shoots (Northern Plains Indians)

Glucose (dextrose)	S3547
Galactose	S3547
Sodium, Na	S3547
Zinc, Zn	S3547
Menaquinone-4	S3547

NDB No. 35195 Cattail, Narrow Leaf Shoots (Northern Plains Indians)

Protein	S3547
Sucrose	S3547
Iron, Fe	S3547
Potassium, K	S3547
Dihydrophylloquinone	S3547
Ash	S3547
Lactose	S3547
Manganese, Mn	S3547
Lutein + zeaxanthin	S3547
Sugars, total	S3547
Fiber, total dietary	S3547
Selenium, Se	S3547
Lycopene	S3547
Vitamin B-6	S3547
Maltose	S3547
Water	S3547
Calcium, Ca	S3547
Magnesium, Mg	S3547
Cryptoxanthin, beta	S3547
Vitamin C, total ascorbic acid	S3547
Riboflavin	S3547
Niacin	S3547
Folate, total	S3547
Starch	S3547
Fructose	S3547
Copper, Cu	S3547
Choline, total	S3547
Vitamin K (phylloquinone)	S3547
Total lipid (fat)	S3547
Carotene, alpha	S3547
Folate, food	S3547
Phosphorus, P	S3547
Carotene, beta	S3547
Thiamin	S3547
Pantothenic acid	S3547
Betaine	S3547

NDB No. 35196 Lambsquarters, raw (Northern Plains Indians)

Total lipid (fat)	S3547
Phosphorus, P	S3547
Carotene, alpha	S3547
Cryptoxanthin, beta	S3547
Lutein + zeaxanthin	S3547
Thiamin	S3547
Menaquinone-4	S3547
Fiber, total dietary	S3547
Iron, Fe	S3547
Folate, total	S3547
Betaine	S3547
Zinc, Zn	S3547
Riboflavin	S3547
Vitamin B-6	S3547
Vitamin K (phylloquinone)	S3547
Water	S3547
Potassium, K	S3547
Sodium, Na	S3547
Manganese, Mn	S3547
Carotene, beta	S3547
Lycopene	S3547
Protein	S3547
Niacin	S3547
Dihydrophylloquinone	S3547
Folate, food	S3547
Magnesium, Mg	S3547
Copper, Cu	S3547
Selenium, Se	S3547
Choline, total	S3547
Ash	S3547
Calcium, Ca	S3547

NDB No. 35197 Lambsquarters, steamed (Northern Plains Indians)

Total lipid (fat)	S3547
Fiber, total dietary	S3547
Calcium, Ca	S3547

NDB No. 35197 Lambsquarters, steamed (Northern Plains Indians)

Potassium, K	S3547
Carotene, beta	S3547
Manganese, Mn	S3547
Thiamin	S3547
Water	S3547
Iron, Fe	S3547
Vitamin C, total ascorbic acid	S3547
Niacin	S3547
Sodium, Na	S3547
Cryptoxanthin, beta	S3547
Phosphorus, P	S3547
Copper, Cu	S3547
Lycopene	S3547
Lutein + zeaxanthin	S3547
Riboflavin	S3547
Magnesium, Mg	S3547
Zinc, Zn	S3547
Vitamin B-6	S3547
Protein	S3547
Ash	S3547
Carotene, alpha	S3547

NDB No. 35198 Plains Pricklypear, raw (Northern Plains Indians)

Protein	S3547
Fiber, total dietary	S3547
Copper, Cu	S3547
Total lipid (fat)	S3547
Sugars, total	S3547
Betaine	S3547
Iron, Fe	S3547
Phosphorus, P	S3547
Sodium, Na	S3547
Selenium, Se	S3547
Vitamin C, total ascorbic acid	S3547
Sucrose	S3547
Galactose	S3547

NDB No. 35198 Plains Pricklypear, raw (Northern Plains Indians)

Thiamin	S3547
Choline, total	S3547
Menaquinone-4	S3547
Dihydrophylloquinone	S3547
Vitamin K (phylloquinone)	S3547
Calcium, Ca	S3547
Zinc, Zn	S3547
Manganese, Mn	S3547
Vitamin B-6	S3547
Lactose	S3547
Niacin	S3547
Ash	S3547
Glucose (dextrose)	S3547
Water	S3547
Potassium, K	S3547
Riboflavin	S3547
Fructose	S3547
Maltose	S3547
Magnesium, Mg	S3547

NDB No. 35199 Plains Pricklypear, broiled (Northern Plains Indians)

Niacin	S3547
Vitamin C, total ascorbic acid	S3547
Vitamin B-6	S3547
Thiamin	S3547
Total lipid (fat)	S3547
Riboflavin	S3547
Protein	S3547
Ash	S3547
Water	S3547

NDB No. 35200 Prairie Turnips, raw (Northern Plains Indians)

Iron, Fe	S3547
Magnesium, Mg	S3547
Manganese, Mn	S3547
Riboflavin	S3547

NDB No. 35200 Prairie Turnips, raw (Northern Plains Indians)

Protein	S3547
Total lipid (fat)	S3547
Ash	S3547
Lactose	S3547
Sugars, total	S3547
Glucose (dextrose)	S3547
Maltose	S3547
Potassium, K	S3547
Copper, Cu	S3547
Selenium, Se	S3547
Niacin	S3547
Sucrose	S3547
Fructose	S3547
Calcium, Ca	S3547
Zinc, Zn	S3547
Vitamin C, total ascorbic acid	S3547
Starch	S3547
Water	S3547
Phosphorus, P	S3547
Vitamin K (phylloquinone)	S3547
Fiber, total dietary	S3547
Betaine	S3547
Sodium, Na	S3547
Thiamin	S3547
Folate, total	S3547
Choline, total	S3547
Menaquinone-4	S3547
Galactose	S3547
Vitamin B-6	S3547
Dihydrophylloquinone	S3547
Folate, food	S3547

NDB No. 35201 Prairie Turnips, boiled (Northern Plains Indians)

Starch	S3547
Fructose	S3547
Sodium, Na	S3547

NDB No. 35201 Prairie Turnips, boiled (Northern Plains Indians)

Thiamin	S3547
Water	S3547
Calcium, Ca	S3547
Phosphorus, P	S3547
Zinc, Zn	S3547
Vitamin C, total ascorbic acid	S3547
Protein	S3547
Glucose (dextrose)	S3547
Sugars, total	S3547
Potassium, K	S3547
Niacin	S3547
Total lipid (fat)	S3547
Maltose	S3547
Galactose	S3547
Fiber, total dietary	S3547
Manganese, Mn	S3547
Vitamin B-6	S3547
Lactose	S3547
Riboflavin	S3547
Iron, Fe	S3547
Magnesium, Mg	S3547
Copper, Cu	S3547
Ash	S3547
Sucrose	S3547

NDB No. 35202 Raspberries, wild (Northern Plains Indians)

Sugars, total	S3547
Lycopene	S3547
Vitamin K (phylloquinone)	S3547
Phosphorus, P	S3547
Potassium, K	S3547
Vitamin E (alpha-tocopherol)	S3547
Vitamin C, total ascorbic acid	S3547
Fiber, total dietary	S3547
Zinc, Zn	S3547
Carotene, beta	S3547

NDB No. 35202 Raspberries, wild (Northern Plains Indians)

Carotene, alpha	S3547
Menaquinone-4	S3547
Betaine	S3547
Fructose	S3547
Galactose	S3547
Manganese, Mn	S3547
Dihydrophylloquinone	S3547
Protein	S3547
Total lipid (fat)	S3547
Maltose	S3547
Calcium, Ca	S3547
Magnesium, Mg	S3547
Copper, Cu	S3547
Tocopherol, gamma	S3547
Riboflavin	S3547
Folate, total	S3547
Water	S3547
Sodium, Na	S3547
Cryptoxanthin, beta	S3547
Tocopherol, beta	S3547
Thiamin	S3547
Niacin	S3547
Pantothenic acid	S3547
Vitamin B-6	S3547
Folate, food	S3547
Ash	S3547
Sucrose	S3547
Glucose (dextrose)	S3547
Lactose	S3547
Iron, Fe	S3547
Lutein + zeaxanthin	S3547
Tocopherol, delta	S3547
Choline, total	S3547

NDB No. 35203 Rose Hips, wild (Northern Plains Indians)

Iron, Fe	S3547

NDB No. 35203 Rose Hips, wild (Northern Plains Indians)

Vitamin K (phylloquinone)	S3547
Sucrose	S3547
Water	S3547
Calcium, Ca	S3547
Potassium, K	S3547
Vitamin E (alpha-tocopherol)	S3547
Tocopherol, beta	S3547
Total lipid (fat)	S3547
Maltose	S3547
Copper, Cu	S3547
Tocopherol, delta	S3547
Dihydrophylloquinone	S3547
Lycopene	S3547
Riboflavin	S3547
Menaquinone-4	S3547
Folate, food	S3547
Ash	S3547
Glucose (dextrose)	S3547
Magnesium, Mg	S3547
Phosphorus, P	S3547
Sodium, Na	S3547
Lutein + zeaxanthin	S3547
Niacin	S3547
Galactose	S3547
Fiber, total dietary	S3547
Carotene, alpha	S3547
Pantothenic acid	S3547
Fructose	S3547
Lactose	S3547
Carotene, beta	S3547
Vitamin C, total ascorbic acid	S3547
Protein	S3547
Sugars, total	S3547
Zinc, Zn	S3547
Manganese, Mn	S3547
Cryptoxanthin, beta	S3547
Tocopherol, gamma	S3547

NDB No. 35203 Rose Hips, wild (Northern Plains Indians)

Thiamin	S3547
Vitamin B-6	S3547
Folate, total	S3547
Choline, total	S3547
Betaine	S3547

NDB No. 35204 Chokecherries, raw, pitted (Northern Plains Indians)

Sucrose	S3547
Zinc, Zn	S3547
Tocopherol, delta	S3547
Niacin	S3547
Vitamin B-6	S3547
Choline, total	S3547
Protein	S3547
Sodium, Na	S3547
Manganese, Mn	S3547
Riboflavin	S3547
Dihydrophylloquinone	S3547
Folate, food	S3547
Sugars, total	S3547
Lycopene	S3547
Vitamin C, total ascorbic acid	S3547
Vitamin K (phylloquinone)	S3547
Glucose (dextrose)	S3547
Fiber, total dietary	S3547
Calcium, Ca	S3547
Magnesium, Mg	S3547
Vitamin E (alpha-tocopherol)	S3547
Tocopherol, gamma	S3547
Fructose	S3547
Lactose	S3547
Galactose	S3547
Iron, Fe	S3547
Thiamin	S3547
Pantothenic acid	S3547
Folate, total	S3547

NDB No. 35204 Chokecherries, raw, pitted (Northern Plains Indians)

Tocopherol, beta	S3547
Betaine	S3547
Total lipid (fat)	S3547
Maltose	S3547
Water	S3547
Potassium, K	S3547
Carotene, beta	S3547
Carotene, alpha	S3547
Lutein + zeaxanthin	S3547
Ash	S3547
Phosphorus, P	S3547
Copper, Cu	S3547
Cryptoxanthin, beta	S3547
Menaquinone-4	S3547

NDB No. 35205 Stinging Nettles, blanched (Northern Plains Indians)

Carotene, alpha	S3547
Lutein + zeaxanthin	S3547
Galactose	S3547
Magnesium, Mg	S3547
Sodium, Na	S3547
Selenium, Se	S3547
Vitamin K (phylloquinone)	S3547
Total lipid (fat)	S3547
Glucose (dextrose)	S3547
Lactose	S3547
Riboflavin	S3547
Vitamin B-6	S3547
Folic acid	S3547
Betaine	S3547
Maltose	S3547
Phosphorus, P	S3547
Potassium, K	S3547
Copper, Cu	S3547
Manganese, Mn	S3547
Thiamin	S3547

NDB No. 35205 Stinging Nettles, blanched (Northern Plains Indians)

Niacin	S3547
Menaquinone-4	S3547
Sucrose	S3547
Water	S3547
Zinc, Zn	S3547
Folate, total	S3547
Ash	S3547
Fructose	S3547
Cryptoxanthin, beta	S3547
Lycopene	S3547
Folate, food	S3547
Fiber, total dietary	S3547
Calcium, Ca	S3547
Choline, total	S3547
Dihydrophylloquinone	S3547
Protein	S3547
Sugars, total	S3547
Iron, Fe	S3547
Carotene, beta	S3547

NDB No. 35206 Plums, wild (Northern Plains Indians)

Protein	S3547
Sugars, total	S3547
Potassium, K	S3547
Copper, Cu	S3547
Manganese, Mn	S3547
Cryptoxanthin, beta	S3547
Tocopherol, beta	S3547
Riboflavin	S3547
Dihydrophylloquinone	S3547
Magnesium, Mg	S3547
Thiamin	S3547
Sodium, Na	S3547
Carotene, alpha	S3547
Lycopene	S3547
Lutein + zeaxanthin	S3547

NDB No. 35206 Plums, wild (Northern Plains Indians)

Tocopherol, gamma	S3547
Vitamin B-6	S3547
Folate, food	S3547
Glucose (dextrose)	S3547
Iron, Fe	S3547
Choline, total	S3547
Ash	S3547
Lactose	S3547
Maltose	S3547
Fructose	S3547
Water	S3547
Calcium, Ca	S3547
Phosphorus, P	S3547
Vitamin C, total ascorbic acid	S3547
Carotene, beta	S3547
Tocopherol, delta	S3547
Pantothenic acid	S3547
Menaquinone-4	S3547
Betaine	S3547
Total lipid (fat)	S3547
Sucrose	S3547
Galactose	S3547
Fiber, total dietary	S3547
Zinc, Zn	S3547
Vitamin E (alpha-tocopherol)	S3547
Niacin	S3547
Folate, total	S3547
Vitamin K (phylloquinone)	S3547

NDB No. 35207 Pinon Nuts, roasted (Navajo)

Magnesium, Mg	S2381
Phosphorus, P	S2381
Sodium, Na	S2381
Thiamin	S2381
Pantothenic acid	S2381
18:0	S2381

NDB No. 35207 Pinon Nuts, roasted (Navajo)

20:0	S2381
22:0	S2381
18:4	S2381
20:1	S2381
15:0	S2381
16:1 undifferentiated	S2381
20:5 n-3 (EPA)	S2381
Sucrose	S2381
Iron, Fe	S2381
Vitamin C, total ascorbic acid	S2381
Riboflavin	S2381
18:3 undifferentiated	S2381
22:6 n-3 (DHA)	S2381
Protein	S2381
Ash	S2381
Water	S2381
Zinc, Zn	S2381
Fatty acids, total saturated	S2381
10:0	S2381
12:0	S2381
20:4 undifferentiated	S2381
22:1 undifferentiated	S2381
20:2 n-6 c,c	S2381
18:3 n-3 c,c,c (ALA)	S2381
Fructose	S2381
Fiber, total dietary	S2381
Calcium, Ca	S2381
Vitamin E (alpha-tocopherol)	S2381
Niacin	S2381
14:0	S2381
18:2 undifferentiated	S2381
Fatty acids, total monounsaturated	S2381
24:0	S2381
Total lipid (fat)	S2381
Starch	S2381
Glucose (dextrose)	S2381
Lactose	S2381

NDB No. 35207 Pinon Nuts, roasted (Navajo)

Manganese, Mn	S2381
Folate, total	S2381
14:1	S2381
22:5 n-3 (DPA)	S2381
20:3 undifferentiated	S2381
Copper, Cu	S2381
Vitamin B-6	S2381
18:1 undifferentiated	S2381
Fatty acids, total polyunsaturated	S2381
17:0	S2381
17:1	S2381
Maltose	S2381
Potassium, K	S2381
Tocopherol, gamma	S2381
Tocopherol, delta	S2381
8:0	S2381
16:0	S2381
15:1	S2381

NDB No. 35211 Caribou, hind quarter, meat, cooked (Alaska Native)

Total lipid (fat)	S3561, S4303
Copper, Cu	S3561, S4303
Manganese, Mn	S3561, S4303
Tocopherol, beta	S3561, S4303
Vitamin B-12	S3561, S4303
Folate, food	S3561
16:0	S3561, S4303
18:2 undifferentiated	S3561, S4303
20:4 undifferentiated	S3561, S4303
22:6 n-3 (DHA)	S3561, S4303
20:1	S3561, S4303
20:3 undifferentiated	S3561, S4303
Vitamin E (alpha-tocopherol)	S3561, S4303
Thiamin	S3561, S4303
Riboflavin	S3561, S4303
Niacin	S3561, S4303

NDB No. 35211 Caribou, hind quarter, meat, cooked (Alaska Native)

Vitamin B-6	S3561, S4303
Choline, total	S3561
8:0	S3561, S4303
18:1 undifferentiated	S3561, S4303
Fatty acids, total polyunsaturated	S3561, S4303
Iron, Fe	S3561, S4303
Sodium, Na	S3561, S4303
Tocopherol, gamma	S3561, S4303
Dihydrophylloquinone	S3561, S4303
Fatty acids, total saturated	S3561, S4303
10:0	S3561, S4303
14:0	S3561, S4303
18:0	S3561, S4303
20:0	S3561, S4303
14:1	S3561, S4303
16:1 undifferentiated	S3561, S4303
22:1 undifferentiated	S3561, S4303
24:0	S3561, S4303
21:5	S3561, S4303
Ash	S3561, S4303
Water	S3561, S4303
Calcium, Ca	S3561, S4303
Phosphorus, P	S3561, S4303
Potassium, K	S3561, S4303
Selenium, Se	S3561, S4303
Folate, total	S3561, S4303
Folic acid	S3561
12:0	S3561, S4303
18:4	S3561, S4303
22:5 n-3 (DPA)	S3561, S4303
Fatty acids, total monounsaturated	S3561, S4303
15:0	S3561, S4303
24:1 c	S3561, S4303
17:1	S3561, S4303
22:4	S3561, S4303
Pantothenic acid	S3561, S4303
Vitamin K (phylloquinone)	S3561, S4303

NDB No. 35211 Caribou, hind quarter, meat, cooked (Alaska Native)

22:0	S3561, S4303
20:5 n-3 (EPA)	S3561, S4303
15:1	S3561, S4303
Tocopherol, delta	S3561, S4303
Cholesterol	S3561, S4303
Protein	S3561, S4303
Magnesium, Mg	S3561, S4303
Zinc, Zn	S3561, S4303
Menaquinone-4	S3561, S4303
17:0	S3561, S4303
18:3 undifferentiated	S3561, S4303
20:2 n-6 c,c	S3561, S4303

NDB No. 35225 Agutuk, fish with shortening (Alaskan ice cream) (Alaska Native)

Protein	D4961
Total lipid (fat)	D4961
Fatty acids, total monounsaturated	D4961
Vitamin A, IU	D4961
Fatty acids, total saturated	D4961
18:3 undifferentiated	D4961
Carbohydrate, by difference	D4961
Copper, Cu	D4961
Vitamin E (alpha-tocopherol)	D4961
Thiamin	D4961
18:2 undifferentiated	D4961
Ash	D4961
Phosphorus, P	D4961
Sodium, Na	D4961
Niacin	D4961
Fatty acids, total polyunsaturated	D4961
Magnesium, Mg	D4961
Zinc, Zn	D4961
Riboflavin	D4961
Cholesterol	D4961
Water	D4961
Iron, Fe	D4961

NDB No. 35225 Agutuk, fish with shortening (Alaskan ice cream) (Alaska Native)

Potassium, K	D4961

NDB No. 35232 Yellow pond lily, Wocas, dried seeds (Pacific Northwest Indians)

Glucose (dextrose)	S6362
Maltose	S6362
Calcium, Ca	S6362
Zinc, Zn	S6362
22:5 n-3 (DPA)	S6362
15:0	S6362
18:1 t	S6362
22:1 t	S6362
16:1 c	S6362
15:1	S6362
Tocopherol, gamma	S6362
Fatty acids, total trans	S6362
14:0	S6362
18:1 undifferentiated	S6362
18:3 undifferentiated	S6362
Fatty acids, total monounsaturated	S6362
20:3 undifferentiated	S6362
Total lipid (fat)	S6362
Water	S6362
Galactose	S6362
Tocopherol, beta	S6362
Vitamin B-6	S6362
8:0	S6362
18:2 t not further defined	S6362
Protein	S6362
Starch	S6362
Manganese, Mn	S6362
Selenium, Se	S6362
Vitamin E (alpha-tocopherol)	S6362
Tocopherol, delta	S6362
Pantothenic acid	S6362
Folate, food	S6362
12:0	S6362

NDB No. 35232 Yellow pond lily, Wocas, dried seeds (Pacific Northwest Indians)

18:0	S6362
20:0	S6362
20:1	S6362
20:5 n-3 (EPA)	S6362
Fatty acids, total polyunsaturated	S6362
24:1 c	S6362
Fatty acids, total trans-monoenoic	S6362
Sucrose	S6362
Lactose	S6362
Riboflavin	S6362
Fatty acids, total saturated	S6362
10:0	S6362
18:2 undifferentiated	S6362
20:4 undifferentiated	S6362
14:1	S6362
22:1 undifferentiated	S6362
24:0	S6362
16:1 t	S6362
18:2 CLAs	S6362
17:1	S6362
Iron, Fe	S6362
Potassium, K	S6362
Copper, Cu	S6362
16:1 undifferentiated	S6362
18:4	S6362
18:2 n-6 c,c	S6362
18:3 n-6 c,c,c	S6362
18:3 n-3 c,c,c (ALA)	S6362
20:3 n-3	S6362
22:4	S6362
Phosphorus, P	S6362
Niacin	S6362
4:0	S6362
6:0	S6362
16:0	S6362
22:6 n-3 (DHA)	S6362
22:0	S6362

NDB No. 35232 Yellow pond lily, Wocas, dried seeds (Pacific Northwest Indians)

18:1 c	S6362
20:3 n-6	S6362
Ash	S6362
Fructose	S6362
Sugars, total	S6362
Fiber, total dietary	S6362
Magnesium, Mg	S6362
Sodium, Na	S6362
Thiamin	S6362
17:0	S6362
20:2 n-6 c,c	S6362
22:1 c	S6362
Fatty acids, total trans-polyenoic	S6362

NDB No. 35233 Hazelnuts, beaked (Northern Plains Indians)

Manganese, Mn	S3555
Thiamin	S3555
Total lipid (fat)	S3555
Calcium, Ca	S3555
Fiber, total dietary	S3555
Potassium, K	S3555
Riboflavin	S3555
Vitamin B-6	S3555
Protein	S3555
Ash	S3555
Water	S3555
Phosphorus, P	S3555
Sodium, Na	S3555
Magnesium, Mg	S3555
Niacin	S3555
Iron, Fe	S3555
Zinc, Zn	S3555
Copper, Cu	S3555

NDB No. 35234 Piki bread, made from blue cornmeal (Hopi)

Starch	S5802

NDB No. 35234 Piki bread, made from blue cornmeal (Hopi)

Sucrose	S5802
Sugars, total	S5802
Dihydrophylloquinone	S5802
20:0	S5802
20:4 undifferentiated	S5802
20:2 n-6 c,c	S5802
Fatty acids, total trans-polyenoic	S5802
18:3 n-3 c,c,c (ALA)	S5802
Fiber, total dietary	S5802
Carotene, alpha	S5802
12:0	S5802
14:1	S5802
18:4	S5802
20:1	S5802
20:5 n-3 (EPA)	S5802
22:1 undifferentiated	S5802
18:2 t not further defined	S5802
Calcium, Ca	S5802
Lutein + zeaxanthin	S5802
Tocopherol, gamma	S5802
Tocopherol, delta	S5802
Pantothenic acid	S5802
Menaquinone-4	S5802
8:0	S5802
14:0	S5802
Fatty acids, total monounsaturated	S5802
Fatty acids, total polyunsaturated	S5802
15:0	S5802
22:1 t	S5802
22:1 c	S5802
20:3 undifferentiated	S5802
Fructose	S5802
Copper, Cu	S5802
Carotene, beta	S5802
18:2 undifferentiated	S5802
20:3 n-3	S5802
Magnesium, Mg	S5802

NDB No. 35234 Piki bread, made from blue cornmeal (Hopi)

Sodium, Na	S5802
Zinc, Zn	S5802
Vitamin E (alpha-tocopherol)	S5802
Vitamin B-6	S5802
Vitamin K (phylloquinone)	S5802
Fatty acids, total trans	S5802
6:0	S5802
16:0	S5802
22:6 n-3 (DHA)	S5802
16:1 undifferentiated	S5802
24:0	S5802
17:1	S5802
Water	S5802
Galactose	S5802
Iron, Fe	S5802
Potassium, K	S5802
Manganese, Mn	S5802
Selenium, Se	S5802
Lycopene	S5802
18:3 undifferentiated	S5802
22:5 n-3 (DPA)	S5802
17:0	S5802
16:1 t	S5802
18:1 t	S5802
18:2 CLAs	S5802
24:1 c	S5802
18:3 n-6 c,c,c	S5802
22:4	S5802
Protein	S5802
Ash	S5802
Glucose (dextrose)	S5802
Phosphorus, P	S5802
Cryptoxanthin, beta	S5802
Niacin	S5802
Fatty acids, total saturated	S5802
10:0	S5802
18:0	S5802

NDB No. 35234 Piki bread, made from blue cornmeal (Hopi)

18:1 c	S5802
18:2 n-6 c,c	S5802
Fatty acids, total trans-monoenoic	S5802
Total lipid (fat)	S5802
Lactose	S5802
Maltose	S5802
Tocopherol, beta	S5802
Thiamin	S5802
Riboflavin	S5802
4:0	S5802
18:1 undifferentiated	S5802
22:0	S5802
16:1 c	S5802
15:1	S5802
20:3 n-6	S5802

NDB No. 35235 Yellow pond lily, Wocas, tuber, cooked (Pacific Northwest Indians)

Sugars, total	S6362
Fiber, total dietary	S6362
Selenium, Se	S6362
Riboflavin	S6362
6:0	S6362
14:0	S6362
22:6 n-3 (DHA)	S6362
18:4	S6362
22:5 n-3 (DPA)	S6362
Fatty acids, total monounsaturated	S6362
15:0	S6362
16:1 t	S6362
20:2 n-6 c,c	S6362
22:1 c	S6362
18:3 n-3 c,c,c (ALA)	S6362
20:3 n-6	S6362
Iron, Fe	S6362
Pantothenic acid	S6362

NDB No. 35235 Yellow pond lily, Wocas, tuber, cooked (Pacific Northwest Indians)

Folate, food	S6362
Fatty acids, total saturated	S6362
16:0	S6362
20:1	S6362
24:1 c	S6362
Fatty acids, total trans-monoenoic	S6362
Protein	S6362
Sucrose	S6362
Phosphorus, P	S6362
Tocopherol, gamma	S6362
Thiamin	S6362
4:0	S6362
12:0	S6362
14:1	S6362
24:0	S6362
18:1 t	S6362
15:1	S6362
Magnesium, Mg	S6362
Sodium, Na	S6362
Copper, Cu	S6362
Fatty acids, total trans	S6362
18:0	S6362
18:3 undifferentiated	S6362
20:4 undifferentiated	S6362
17:0	S6362
Total lipid (fat)	S6362
Glucose (dextrose)	S6362
Fructose	S6362
Tocopherol, beta	S6362
10:0	S6362
20:0	S6362
18:1 undifferentiated	S6362
16:1 undifferentiated	S6362
22:1 undifferentiated	S6362
Fatty acids, total polyunsaturated	S6362
18:2 n-6 c,c	S6362
18:3 n-6 c,c,c	S6362

NDB No. 35235 Yellow pond lily, Wocas, tuber, cooked (Pacific Northwest Indians)

20:3 undifferentiated	S6362
Fatty acids, total trans-polyenoic	S6362
Starch	S6362
Maltose	S6362
Water	S6362
Galactose	S6362
Zinc, Zn	S6362
Manganese, Mn	S6362
Niacin	S6362
8:0	S6362
22:0	S6362
20:5 n-3 (EPA)	S6362
22:1 t	S6362
18:2 t not further defined	S6362
18:1 c	S6362
17:1	S6362
22:4	S6362
Ash	S6362
Calcium, Ca	S6362
Tocopherol, delta	S6362
Vitamin B-6	S6362
20:3 n-3	S6362
Lactose	S6362
Potassium, K	S6362
Vitamin E (alpha-tocopherol)	S6362
18:2 undifferentiated	S6362
18:2 CLAs	S6362
16:1 c	S6362

NDB No. 35236 Stew, pinto bean and hominy, badufsuki (Hopi)

Fructose	S6362
Maltose	S6362
Tocopherol, beta	S6362
Vitamin B-6	S6362
18:1 undifferentiated	S6362
16:1 undifferentiated	S6362

NDB No. 35236 Stew, pinto bean and hominy, badufsuki (Hopi)

18:4	S6362
Stigmasterol	S6362
Fatty acids, total monounsaturated	S6362
15:0	S6362
18:1 t	S6362
16:1 c	S6362
20:3 undifferentiated	S6362
Water	S6362
Magnesium, Mg	S6362
Fatty acids, total trans	S6362
16:0	S6362
18:2 undifferentiated	S6362
20:3 n-3	S6362
20:3 n-6	S6362
Glucose (dextrose)	S6362
Sugars, total	S6362
Calcium, Ca	S6362
Phosphorus, P	S6362
Zinc, Zn	S6362
Manganese, Mn	S6362
Selenium, Se	S6362
Lutein + zeaxanthin	S6362
Vitamin K (phylloquinone)	S6362
18:0	S6362
20:0	S6362
22:0	S6362
14:1	S6362
22:5 n-3 (DPA)	S6362
17:0	S6362
20:2 n-6 c,c	S6362
18:3 n-3 c,c,c (ALA)	S6362
Ash	S6362
Iron, Fe	S6362
Carotene, alpha	S6362
Niacin	S6362
6:0	S6362
18:3 undifferentiated	S6362

NDB No. 35236 Stew, pinto bean and hominy, badufsuki (Hopi)

16:1 t	S6362
18:3 n-6 c,c,c	S6362
17:1	S6362
Fatty acids, total trans-monoenoic	S6362
15:1	S6362
Tocopherol, gamma	S6362
Riboflavin	S6362
Pantothenic acid	S6362
Fatty acids, total saturated	S6362
4:0	S6362
14:0	S6362
20:4 undifferentiated	S6362
22:6 n-3 (DHA)	S6362
22:1 undifferentiated	S6362
Beta-sitosterol	S6362
24:1 c	S6362
Fatty acids, total trans-polyenoic	S6362
Protein	S6362
Galactose	S6362
Potassium, K	S6362
Copper, Cu	S6362
Carotene, beta	S6362
Lycopene	S6362
12:0	S6362
20:1	S6362
18:2 t not further defined	S6362
18:2 CLAs	S6362
22:4	S6362
Total lipid (fat)	S6362
Sucrose	S6362
Lactose	S6362
Fiber, total dietary	S6362
Tocopherol, delta	S6362
Cholesterol	S6362
10:0	S6362
24:0	S6362
18:2 n-6 c,c	S6362

NDB No. 35236 Stew, pinto bean and hominy, badufsuki (Hopi)

22:1 c	S6362
Starch	S6362
Sodium, Na	S6362
Vitamin E (alpha-tocopherol)	S6362
Cryptoxanthin, beta	S6362
Thiamin	S6362
8:0	S6362
20:5 n-3 (EPA)	S6362
Campesterol	S6362
Fatty acids, total polyunsaturated	S6362
22:1 t	S6362
18:1 c	S6362

NDB No. 35237 Tamales, masa and pork filling (Hopi)

Total lipid (fat)	S6362
Lactose	S6362
Maltose	S6362
Magnesium, Mg	S6362
Tocopherol, gamma	S6362
10:0	S6362
18:4	S6362
22:5 n-3 (DPA)	S6362
17:0	S6362
16:1 t	S6362
17:1	S6362
18:3 n-3 c,c,c (ALA)	S6362
22:4	S6362
Galactose	S6362
Riboflavin	S6362
Fatty acids, total saturated	S6362
6:0	S6362
8:0	S6362
12:0	S6362
16:0	S6362
16:1 undifferentiated	S6362
Fatty acids, total monounsaturated	S6362

NDB No. 35237 Tamales, masa and pork filling (Hopi)

Fatty acids, total polyunsaturated	S6362
22:1 t	S6362
22:1 c	S6362
Fatty acids, total trans-monoenoic	S6362
Sucrose	S6362
Potassium, K	S6362
Selenium, Se	S6362
Lycopene	S6362
Niacin	S6362
18:2 undifferentiated	S6362
18:3 undifferentiated	S6362
18:1 t	S6362
18:2 n-6 c,c	S6362
Protein	S6362
Zinc, Zn	S6362
Carotene, beta	S6362
Lutein + zeaxanthin	S6362
18:0	S6362
20:4 undifferentiated	S6362
24:0	S6362
20:3 n-6	S6362
Ash	S6362
Starch	S6362
Manganese, Mn	S6362
Cryptoxanthin, beta	S6362
Tocopherol, beta	S6362
Vitamin B-12	S6362
Vitamin K (phylloquinone)	S6362
4:0	S6362
15:1	S6362
Glucose (dextrose)	S6362
Sugars, total	S6362
Retinol	S6362
Carotene, alpha	S6362
Tocopherol, delta	S6362
Thiamin	S6362
22:6 n-3 (DHA)	S6362

NDB No. 35237 Tamales, masa and pork filling (Hopi)

22:0	S6362
20:1	S6362
22:1 undifferentiated	S6362
18:2 CLAs	S6362
20:2 n-6 c,c	S6362
16:1 c	S6362
18:1 c	S6362
18:3 n-6 c,c,c	S6362
Water	S6362
Calcium, Ca	S6362
Iron, Fe	S6362
Vitamin E (alpha-tocopherol)	S6362
Vitamin B-6	S6362
Cholesterol	S6362
Fatty acids, total trans	S6362
14:0	S6362
20:0	S6362
18:1 undifferentiated	S6362
20:5 n-3 (EPA)	S6362
15:0	S6362
18:2 t not further defined	S6362
20:3 undifferentiated	S6362
Fatty acids, total trans-polyenoic	S6362
20:3 n-3	S6362
Fructose	S6362
Fiber, total dietary	S6362
Phosphorus, P	S6362
Sodium, Na	S6362
Copper, Cu	S6362
Pantothenic acid	S6362
Menaquinone-4	S6362
14:1	S6362
24:1 c	S6362

NDB No. 35238 Tea, herbal, brewed, Hohoysi (Hopi)

Ash	S6362

NDB No. 35238 Tea, herbal, brewed, Hohoysi (Hopi)

Calcium, Ca	S6362
Iron, Fe	S6362
Phosphorus, P	S6362
Zinc, Zn	S6362
Total lipid (fat)	S6362
Copper, Cu	S6362
Manganese, Mn	S6362
Protein	S6362
Water	S6362
Potassium, K	S6362
Magnesium, Mg	S6362
Sodium, Na	S6362

NDB No. 35239 Tortilla, blue corn, Sakwavikaviki (Hopi)

Glucose (dextrose)	S6362
Water	S6362
Galactose	S6362
Potassium, K	S6362
Tocopherol, beta	S6362
Vitamin B-6	S6362
14:0	S6362
22:6 n-3 (DHA)	S6362
18:2 CLAs	S6362
18:2 n-6 c,c	S6362
20:3 n-6	S6362
Ash	S6362
Starch	S6362
Lactose	S6362
Maltose	S6362
Iron, Fe	S6362
Selenium, Se	S6362
Fatty acids, total trans	S6362
8:0	S6362
18:2 undifferentiated	S6362
18:4	S6362
Fatty acids, total monounsaturated	S6362

NDB No. 35239 Tortilla, blue corn, Sakwavikaviki (Hopi)

18:1 c	S6362
Fatty acids, total trans-monoenoic	S6362
Fatty acids, total trans-polyenoic	S6362
22:4	S6362
Calcium, Ca	S6362
Cryptoxanthin, beta	S6362
Tocopherol, delta	S6362
Fatty acids, total saturated	S6362
12:0	S6362
20:4 undifferentiated	S6362
Fatty acids, total polyunsaturated	S6362
18:1 t	S6362
20:2 n-6 c,c	S6362
18:3 n-6 c,c,c	S6362
17:1	S6362
Zinc, Zn	S6362
Lycopene	S6362
4:0	S6362
20:5 n-3 (EPA)	S6362
17:0	S6362
18:2 t not further defined	S6362
16:1 c	S6362
20:3 n-3	S6362
Protein	S6362
Total lipid (fat)	S6362
Fiber, total dietary	S6362
Carotene, beta	S6362
Tocopherol, gamma	S6362
Riboflavin	S6362
18:0	S6362
22:1 undifferentiated	S6362
24:0	S6362
22:1 c	S6362
Sucrose	S6362
Sugars, total	S6362
Sodium, Na	S6362
Manganese, Mn	S6362

NDB No. 35239 Tortilla, blue corn, Sakwavikaviki (Hopi)

Lutein + zeaxanthin	S6362
Niacin	S6362
Pantothenic acid	S6362
18:3 undifferentiated	S6362
14:1	S6362
16:1 undifferentiated	S6362
16:1 t	S6362
18:3 n-3 c,c,c (ALA)	S6362
Fructose	S6362
Carotene, alpha	S6362
18:1 undifferentiated	S6362
22:0	S6362
20:1	S6362
22:5 n-3 (DPA)	S6362
22:1 t	S6362
24:1 c	S6362
20:3 undifferentiated	S6362
15:1	S6362
Magnesium, Mg	S6362
Phosphorus, P	S6362
Copper, Cu	S6362
Vitamin E (alpha-tocopherol)	S6362
Thiamin	S6362
6:0	S6362
10:0	S6362
16:0	S6362
20:0	S6362
15:0	S6362

NDB No. 35240 Bread, blue corn, somiviki (Hopi)

Glucose (dextrose)	S6362
Water	S6362
Magnesium, Mg	S6362
Zinc, Zn	S6362
Riboflavin	S6362
Niacin	S6362

NDB No. 35240 Bread, blue corn, somiviki (Hopi)

Fatty acids, total saturated	S6362
6:0	S6362
20:4 undifferentiated	S6362
14:1	S6362
18:4	S6362
20:1	S6362
20:5 n-3 (EPA)	S6362
17:0	S6362
18:3 n-3 c,c,c (ALA)	S6362
20:3 n-6	S6362
Potassium, K	S6362
Vitamin B-6	S6362
Fatty acids, total trans	S6362
4:0	S6362
20:0	S6362
18:3 undifferentiated	S6362
16:1 undifferentiated	S6362
22:1 undifferentiated	S6362
24:1 c	S6362
20:3 n-3	S6362
22:4	S6362
Total lipid (fat)	S6362
Fructose	S6362
Manganese, Mn	S6362
12:0	S6362
18:0	S6362
18:1 undifferentiated	S6362
Fatty acids, total monounsaturated	S6362
18:2 CLAs	S6362
Maltose	S6362
Galactose	S6362
Cryptoxanthin, beta	S6362
Lutein + zeaxanthin	S6362
Tocopherol, gamma	S6362
Thiamin	S6362
22:6 n-3 (DHA)	S6362
22:5 n-3 (DPA)	S6362

NDB No. 35240 Bread, blue corn, somiviki (Hopi)

16:1 t	S6362
18:1 c	S6362
15:1	S6362
Copper, Cu	S6362
Lycopene	S6362
Tocopherol, beta	S6362
Tocopherol, delta	S6362
16:0	S6362
22:1 c	S6362
18:3 n-6 c,c,c	S6362
Calcium, Ca	S6362
Phosphorus, P	S6362
Sodium, Na	S6362
Selenium, Se	S6362
Carotene, alpha	S6362
Pantothenic acid	S6362
8:0	S6362
18:2 undifferentiated	S6362
24:0	S6362
16:1 c	S6362
Fatty acids, total trans-monoenoic	S6362
Fatty acids, total trans-polyenoic	S6362
Ash	S6362
Sucrose	S6362
Lactose	S6362
Vitamin E (alpha-tocopherol)	S6362
14:0	S6362
15:0	S6362
18:1 t	S6362
Protein	S6362
Starch	S6362
Sugars, total	S6362
Fiber, total dietary	S6362
Iron, Fe	S6362
Carotene, beta	S6362
10:0	S6362
22:0	S6362

NDB No. 35240 Bread, blue corn, somiviki (Hopi)

Fatty acids, total polyunsaturated	S6362
22:1 t	S6362
18:2 t not further defined	S6362
20:2 n-6 c,c	S6362
18:2 n-6 c,c	S6362
17:1	S6362
20:3 undifferentiated	S6362

NDB No. 36000 APPLEBEE'S, 9 oz house sirloin steak

Total lipid (fat)	S4642
Zinc, Zn	S4642
Thiamin	S4642
Riboflavin	S4642
Methionine	S4642
Arginine	S4642
Proline	S4642
12:0	S4642
14:1	S4642
22:1 undifferentiated	S4642
Fatty acids, total polyunsaturated	S4642
22:1 t	S4642
18:2 CLAs	S4642
Fatty acids, total trans-polyenoic	S4642
15:1	S4642
Protein	S4642
Potassium, K	S4642
Copper, Cu	S4642
Tryptophan	S4642
Leucine	S4642
Glycine	S4642
Fatty acids, total trans	S4642
Fatty acids, total saturated	S4642
8:0	S4642
22:6 n-3 (DHA)	S4642
22:5 n-3 (DPA)	S4642
18:1 t	S4642

NDB No. 36000 APPLEBEE'S, 9 oz house sirloin steak

18:2 n-6 c,c	S4642
18:3 n-6 c,c,c	S4642
20:3 undifferentiated	S4642
Fatty acids, total trans-monoenoic	S4642
Ash	S4642
Iron, Fe	S4642
Pantothenic acid	S4642
Threonine	S4642
Valine	S4642
Alanine	S4642
10:0	S4642
18:0	S4642
20:0	S4642
18:1 undifferentiated	S4642
20:4 undifferentiated	S4642
20:1	S4642
15:0	S4642
17:0	S4642
24:1 c	S4642
20:2 n-6 c,c	S4642
22:1 c	S4642
18:3 n-3 c,c,c (ALA)	S4642
22:4	S4642
Cystine	S4642
Tyrosine	S4642
Cholesterol	S4642
16:1 undifferentiated	S4642
18:1 c	S4642
20:3 n-3	S4642
Magnesium, Mg	S4642
Phosphorus, P	S4642
Vitamin B-6	S4642
Glutamic acid	S4642
16:0	S4642
20:5 n-3 (EPA)	S4642
24:0	S4642
16:1 t	S4642

NDB No. 36000 APPLEBEE'S, 9 oz house sirloin steak

18:2 t not further defined	S4642
17:1	S4642
Selenium, Se	S4642
Vitamin B-12	S4642
Aspartic acid	S4642
6:0	S4642
14:0	S4642
18:2 undifferentiated	S4642
22:0	S4642
Fatty acids, total monounsaturated	S4642
Calcium, Ca	S4642
Niacin	S4642
Lysine	S4642
Histidine	S4642
18:4	S4642
16:1 c	S4642
20:3 n-6	S4642
Water	S4642
Sodium, Na	S4642
Manganese, Mn	S4642
Isoleucine	S4642
Phenylalanine	S4642
Serine	S4642
18:3 undifferentiated	S4642

NDB No. 36001 APPLEBEE'S, Double Crunch Shrimp

Sucrose	S4642
Maltose	S4642
Copper, Cu	S4642
Vitamin E (alpha-tocopherol)	S4642
Tocopherol, delta	S4642
Leucine	S4642
14:0	S4642
16:1 undifferentiated	S4642
18:4	S4642
20:5 n-3 (EPA)	S4642

NDB No. 36001 APPLEBEE'S, Double Crunch Shrimp

15:0	S4642
15:1	S4642
Protein	S4642
Total lipid (fat)	S4642
Calcium, Ca	S4642
Phosphorus, P	S4642
Manganese, Mn	S4642
Niacin	S4642
Methionine	S4642
Arginine	S4642
18:2 undifferentiated	S4642
20:1	S4642
Fatty acids, total monounsaturated	S4642
18:1 t	S4642
18:2 CLAs	S4642
24:1 c	S4642
22:1 c	S4642
Fatty acids, total trans-polyenoic	S4642
20:3 n-6	S4642
Fructose	S4642
Water	S4642
Fiber, total dietary	S4642
Pantothenic acid	S4642
Vitamin B-12	S4642
Tryptophan	S4642
Valine	S4642
12:0	S4642
18:0	S4642
16:1 c	S4642
17:1	S4642
Lysine	S4642
Tyrosine	S4642
Fatty acids, total trans	S4642
Fatty acids, total saturated	S4642
24:0	S4642
22:1 t	S4642
22:4	S4642

NDB No. 36001 APPLEBEE'S, Double Crunch Shrimp

Starch	S4642
Lactose	S4642
Thiamin	S4642
Phenylalanine	S4642
Alanine	S4642
10:0	S4642
22:5 n-3 (DPA)	S4642
Ash	S4642
Glucose (dextrose)	S4642
Sugars, total	S4642
Galactose	S4642
Potassium, K	S4642
Zinc, Zn	S4642
Tocopherol, beta	S4642
Riboflavin	S4642
Threonine	S4642
Glutamic acid	S4642
Proline	S4642
Serine	S4642
8:0	S4642
20:0	S4642
18:3 undifferentiated	S4642
22:6 n-3 (DHA)	S4642
14:1	S4642
22:1 undifferentiated	S4642
Fatty acids, total polyunsaturated	S4642
Fatty acids, total trans-monoenoic	S4642
20:3 n-3	S4642
Selenium, Se	S4642
Vitamin B-6	S4642
Isoleucine	S4642
Cystine	S4642
6:0	S4642
22:0	S4642
17:0	S4642
16:1 t	S4642
18:1 c	S4642

NDB No. 36001 APPLEBEE'S, Double Crunch Shrimp

18:2 n-6 c,c	S4642
18:3 n-6 c,c,c	S4642
20:3 undifferentiated	S4642
Iron, Fe	S4642
Magnesium, Mg	S4642
Sodium, Na	S4642
Tocopherol, gamma	S4642
Histidine	S4642
Aspartic acid	S4642
Glycine	S4642
Cholesterol	S4642
16:0	S4642
18:1 undifferentiated	S4642
20:4 undifferentiated	S4642
18:2 t not further defined	S4642
20:2 n-6 c,c	S4642
18:3 n-3 c,c,c (ALA)	S4642

NDB No. 36002 APPLEBEE'S, French fries

Starch	S4642
Copper, Cu	S4642
Selenium, Se	S4642
Tocopherol, gamma	S4642
Riboflavin	S4642
Fatty acids, total polyunsaturated	S4642
17:0	S4642
24:0	S4642
22:1 t	S4642
20:3 n-3	S4642
Magnesium, Mg	S4642
Fatty acids, total saturated	S4642
Fatty acids, total monounsaturated	S4642
16:1 t	S4642
24:1 c	S4642
Fructose	S4642
Galactose	S4642

NDB No. 36002 APPLEBEE'S, French fries

Calcium, Ca	S4642
Potassium, K	S4642
18:2 undifferentiated	S4642
22:6 n-3 (DHA)	S4642
Campesterol	S4642
18:1 t	S4642
18:2 n-6 c,c	S4642
18:3 n-6 c,c,c	S4642
Water	S4642
Tocopherol, delta	S4642
Pantothenic acid	S4642
Vitamin K (phylloquinone)	S4642
18:3 undifferentiated	S4642
22:1 undifferentiated	S4642
20:2 n-6 c,c	S4642
22:1 c	S4642
17:1	S4642
Fatty acids, total trans-monoenoic	S4642
Fatty acids, total trans-polyenoic	S4642
Total lipid (fat)	S4642
Sodium, Na	S4642
Zinc, Zn	S4642
Manganese, Mn	S4642
Thiamin	S4642
18:0	S4642
20:1	S4642
15:1	S4642
18:3 n-3 c,c,c (ALA)	S4642
Maltose	S4642
Phosphorus, P	S4642
Vitamin E (alpha-tocopherol)	S4642
Tocopherol, beta	S4642
Niacin	S4642
Dihydrophylloquinone	S4642
Cholesterol	S4642
10:0	S4642
15:0	S4642

NDB No. 36002 APPLEBEE'S, French fries

18:1 c	S4642
20:3 undifferentiated	S4642
20:3 n-6	S4642
Glucose (dextrose)	S4642
Lactose	S4642
Vitamin B-6	S4642
Menaquinone-4	S4642
Fatty acids, total trans	S4642
12:0	S4642
14:0	S4642
16:0	S4642
20:4 undifferentiated	S4642
22:0	S4642
18:4	S4642
20:5 n-3 (EPA)	S4642
18:2 t not further defined	S4642
16:1 c	S4642
Protein	S4642
Ash	S4642
Sucrose	S4642
Sugars, total	S4642
Fiber, total dietary	S4642
Iron, Fe	S4642
6:0	S4642
8:0	S4642
20:0	S4642
18:1 undifferentiated	S4642
14:1	S4642
16:1 undifferentiated	S4642
22:5 n-3 (DPA)	S4642
Stigmasterol	S4642
Beta-sitosterol	S4642
18:2 CLAs	S4642
22:4	S4642

NDB No. 36003 APPLEBEE'S, KRAFT, Macaroni & Cheese, from kid's menu

NDB No. 36003 APPLEBEE'S, KRAFT, Macaroni & Cheese, from kid's menu

Galactose	S4642
Iron, Fe	S4642
Phosphorus, P	S4642
Selenium, Se	S4642
Tocopherol, gamma	S4642
Threonine	S4642
Isoleucine	S4642
18:1 c	S4642
22:1 c	S4642
Total lipid (fat)	S4642
Starch	S4642
Sodium, Na	S4642
Manganese, Mn	S4642
Tocopherol, delta	S4642
Tryptophan	S4642
Cholesterol	S4642
18:0	S4642
22:4	S4642
Protein	S4642
Water	S4642
Magnesium, Mg	S4642
Potassium, K	S4642
Vitamin E (alpha-tocopherol)	S4642
Tocopherol, beta	S4642
Thiamin	S4642
Arginine	S4642
Aspartic acid	S4642
Glutamic acid	S4642
Proline	S4642
4:0	S4642
20:4 undifferentiated	S4642
15:0	S4642
24:0	S4642
Fatty acids, total trans-polyenoic	S4642
18:3 n-3 c,c,c (ALA)	S4642
20:3 n-3	S4642
Sucrose	S4642

NDB No. 36003 APPLEBEE'S, KRAFT, Macaroni & Cheese, from kid's menu

Lysine	S4642
Methionine	S4642
Glycine	S4642
8:0	S4642
20:0	S4642
20:5 n-3 (EPA)	S4642
17:0	S4642
18:1 t	S4642
24:1 c	S4642
16:1 c	S4642
17:1	S4642
20:3 undifferentiated	S4642
Fatty acids, total trans-monoenoic	S4642
15:1	S4642
Calcium, Ca	S4642
Copper, Cu	S4642
Niacin	S4642
Phenylalanine	S4642
Tyrosine	S4642
Fatty acids, total saturated	S4642
6:0	S4642
10:0	S4642
18:3 undifferentiated	S4642
22:0	S4642
18:4	S4642
16:1 t	S4642
18:2 n-6 c,c	S4642
20:3 n-6	S4642
Glucose (dextrose)	S4642
Fructose	S4642
Lactose	S4642
Maltose	S4642
Sugars, total	S4642
Fiber, total dietary	S4642
Vitamin B-12	S4642
Leucine	S4642
Alanine	S4642

NDB No. 36003 APPLEBEE'S, KRAFT, Macaroni & Cheese, from kid's menu

Serine	S4642
Fatty acids, total trans	S4642
12:0	S4642
22:1 undifferentiated	S4642
Ash	S4642
Zinc, Zn	S4642
Vitamin B-6	S4642
Valine	S4642
16:0	S4642
18:2 undifferentiated	S4642
22:6 n-3 (DHA)	S4642
16:1 undifferentiated	S4642
Fatty acids, total monounsaturated	S4642
Riboflavin	S4642
Cystine	S4642
Histidine	S4642
14:0	S4642
18:1 undifferentiated	S4642
14:1	S4642
20:1	S4642
22:5 n-3 (DPA)	S4642
Fatty acids, total polyunsaturated	S4642
22:1 t	S4642
18:2 t not further defined	S4642
18:2 CLAs	S4642
20:2 n-6 c,c	S4642
18:3 n-6 c,c,c	S4642

NDB No. 36004 APPLEBEE'S, mozzarella sticks

Iron, Fe	S4642
Manganese, Mn	S4642
Thiamin	S4642
Cystine	S4642
Fatty acids, total trans	S4642
20:4 undifferentiated	S4642
22:6 n-3 (DHA)	S4642

NDB No. 36004 APPLEBEE'S, mozzarella sticks

14:1	S4642
18:2 t not further defined	S4642
18:3 n-3 c,c,c (ALA)	S4642
20:3 n-6	S4642
Protein	S4642
Total lipid (fat)	S4642
Glucose (dextrose)	S4642
Phosphorus, P	S4642
Vitamin E (alpha-tocopherol)	S4642
Tocopherol, delta	S4642
Leucine	S4642
Tyrosine	S4642
Valine	S4642
Glutamic acid	S4642
12:0	S4642
22:5 n-3 (DPA)	S4642
16:1 c	S4642
22:4	S4642
Magnesium, Mg	S4642
Potassium, K	S4642
Tryptophan	S4642
Methionine	S4642
Arginine	S4642
Proline	S4642
4:0	S4642
8:0	S4642
22:0	S4642
22:1 undifferentiated	S4642
18:1 c	S4642
20:3 undifferentiated	S4642
Fatty acids, total trans-monoenoic	S4642
Starch	S4642
Sugars, total	S4642
Galactose	S4642
Menaquinone-4	S4642
Dihydrophylloquinone	S4642
Phenylalanine	S4642

NDB No. 36004 APPLEBEE'S, mozzarella sticks

Aspartic acid	S4642
Fatty acids, total saturated	S4642
6:0	S4642
18:0	S4642
20:0	S4642
Fatty acids, total monounsaturated	S4642
17:0	S4642
18:2 n-6 c,c	S4642
Sodium, Na	S4642
Zinc, Zn	S4642
Selenium, Se	S4642
Glycine	S4642
14:0	S4642
18:2 undifferentiated	S4642
24:1 c	S4642
22:1 c	S4642
18:3 n-6 c,c,c	S4642
20:3 n-3	S4642
Lactose	S4642
Water	S4642
Copper, Cu	S4642
Vitamin K (phylloquinone)	S4642
Serine	S4642
20:1	S4642
Fatty acids, total polyunsaturated	S4642
15:1	S4642
Ash	S4642
Maltose	S4642
Fiber, total dietary	S4642
Niacin	S4642
Vitamin B-6	S4642
Threonine	S4642
Isoleucine	S4642
Histidine	S4642
Cholesterol	S4642
16:1 undifferentiated	S4642
18:4	S4642

NDB No. 36004 APPLEBEE'S, mozzarella sticks

16:1 t	S4642
17:1	S4642
Sucrose	S4642
Fructose	S4642
Calcium, Ca	S4642
Tocopherol, beta	S4642
Tocopherol, gamma	S4642
Riboflavin	S4642
Vitamin B-12	S4642
Lysine	S4642
Alanine	S4642
10:0	S4642
16:0	S4642
18:1 undifferentiated	S4642
18:3 undifferentiated	S4642
20:5 n-3 (EPA)	S4642
15:0	S4642
24:0	S4642
18:1 t	S4642
22:1 t	S4642
18:2 CLAs	S4642
20:2 n-6 c,c	S4642
Fatty acids, total trans-polyenoic	S4642

NDB No. 36005 APPLEBEE'S, chicken fingers, from kids' menu

Galactose	S4642
Iron, Fe	S4642
Magnesium, Mg	S4642
Potassium, K	S4642
Copper, Cu	S4642
Tryptophan	S4642
Isoleucine	S4642
Lysine	S4642
Tyrosine	S4642
Arginine	S4642
Alanine	S4642

NDB No. 36005 APPLEBEE'S, chicken fingers, from kids' menu

Fatty acids, total saturated	S4642
6:0	S4642
22:0	S4642
14:1	S4642
22:1 undifferentiated	S4642
22:5 n-3 (DPA)	S4642
Fatty acids, total monounsaturated	S4642
17:0	S4642
22:4	S4642
Starch	S4642
Glucose (dextrose)	S4642
Fiber, total dietary	S4642
Phosphorus, P	S4642
Pantothenic acid	S4642
Vitamin B-12	S4642
Methionine	S4642
24:0	S4642
16:1 t	S4642
18:2 CLAs	S4642
17:1	S4642
15:1	S4642
Sodium, Na	S4642
Vitamin E (alpha-tocopherol)	S4642
Niacin	S4642
Phenylalanine	S4642
8:0	S4642
18:1 undifferentiated	S4642
18:2 t not further defined	S4642
Riboflavin	S4642
Menaquinone-4	S4642
Leucine	S4642
Valine	S4642
18:3 undifferentiated	S4642
20:1	S4642
Fatty acids, total polyunsaturated	S4642
18:1 c	S4642
20:3 undifferentiated	S4642

NDB No. 36005 APPLEBEE'S, chicken fingers, from kids' menu

20:3 n-3	S4642
Protein	S4642
Sucrose	S4642
Sugars, total	S4642
Calcium, Ca	S4642
Selenium, Se	S4642
Tocopherol, gamma	S4642
Cystine	S4642
Proline	S4642
Cholesterol	S4642
14:0	S4642
18:2 undifferentiated	S4642
20:4 undifferentiated	S4642
18:4	S4642
18:1 t	S4642
24:1 c	S4642
Fatty acids, total trans-monoenoic	S4642
Total lipid (fat)	S4642
Ash	S4642
Lactose	S4642
Maltose	S4642
Tocopherol, beta	S4642
Tocopherol, delta	S4642
Thiamin	S4642
Vitamin B-6	S4642
Dihydrophylloquinone	S4642
Threonine	S4642
Histidine	S4642
Glutamic acid	S4642
22:6 n-3 (DHA)	S4642
22:1 t	S4642
22:1 c	S4642
18:3 n-6 c,c,c	S4642
Fatty acids, total trans-polyenoic	S4642
Water	S4642
Zinc, Zn	S4642
Aspartic acid	S4642

NDB No. 36005 APPLEBEE'S, chicken fingers, from kids' menu

Glycine	S4642
20:0	S4642
16:1 undifferentiated	S4642
20:5 n-3 (EPA)	S4642
15:0	S4642
18:2 n-6 c,c	S4642
18:3 n-3 c,c,c (ALA)	S4642
Fructose	S4642
Manganese, Mn	S4642
Vitamin K (phylloquinone)	S4642
Serine	S4642
Fatty acids, total trans	S4642
10:0	S4642
12:0	S4642
16:0	S4642
18:0	S4642
20:2 n-6 c,c	S4642
16:1 c	S4642
20:3 n-6	S4642

NDB No. 36006 T.G.I. FRIDAY'S, FRIDAY'S Shrimp, breaded

Starch	S4642
Niacin	S4642
Tryptophan	S4642
Lysine	S4642
Phenylalanine	S4642
Proline	S4642
18:1 undifferentiated	S4642
16:1 undifferentiated	S4642
Fatty acids, total trans-monoenoic	S4642
Fatty acids, total trans-polyenoic	S4642
Total lipid (fat)	S4642
Tocopherol, beta	S4642
Isoleucine	S4642
Histidine	S4642
12:0	S4642

NDB No. 36006 T.G.I. FRIDAY'S, FRIDAY'S Shrimp, breaded

14:0	S4642
18:0	S4642
18:3 undifferentiated	S4642
24:1 c	S4642
20:3 n-6	S4642
Protein	S4642
Fructose	S4642
Lactose	S4642
Magnesium, Mg	S4642
Copper, Cu	S4642
Pantothenic acid	S4642
Vitamin B-12	S4642
Leucine	S4642
Glycine	S4642
Fatty acids, total trans	S4642
8:0	S4642
20:0	S4642
20:4 undifferentiated	S4642
22:0	S4642
22:1 undifferentiated	S4642
Fatty acids, total monounsaturated	S4642
22:1 c	S4642
15:1	S4642
Ash	S4642
Threonine	S4642
Methionine	S4642
Aspartic acid	S4642
20:1	S4642
17:0	S4642
20:2 n-6 c,c	S4642
16:1 c	S4642
Sucrose	S4642
Sodium, Na	S4642
Manganese, Mn	S4642
Selenium, Se	S4642
Vitamin E (alpha-tocopherol)	S4642
Thiamin	S4642

NDB No. 36006 T.G.I. FRIDAY'S, FRIDAY'S Shrimp, breaded

Valine	S4642
14:1	S4642
22:1 t	S4642
20:3 n-3	S4642
Glucose (dextrose)	S4642
Galactose	S4642
Fiber, total dietary	S4642
Tocopherol, gamma	S4642
Riboflavin	S4642
Tyrosine	S4642
Arginine	S4642
Serine	S4642
Fatty acids, total saturated	S4642
10:0	S4642
22:6 n-3 (DHA)	S4642
18:4	S4642
20:5 n-3 (EPA)	S4642
22:5 n-3 (DPA)	S4642
16:1 t	S4642
18:1 c	S4642
18:3 n-6 c,c,c	S4642
20:3 undifferentiated	S4642
Phosphorus, P	S4642
Tocopherol, delta	S4642
Cystine	S4642
Glutamic acid	S4642
16:0	S4642
Fatty acids, total polyunsaturated	S4642
18:2 CLAs	S4642
18:3 n-3 c,c,c (ALA)	S4642
Maltose	S4642
Water	S4642
Sugars, total	S4642
Calcium, Ca	S4642
Iron, Fe	S4642
Potassium, K	S4642
Zinc, Zn	S4642

NDB No. 36006 T.G.I. FRIDAY'S, FRIDAY'S Shrimp, breaded

Vitamin B-6	S4642
Alanine	S4642
Cholesterol	S4642
18:2 undifferentiated	S4642
15:0	S4642
24:0	S4642
18:1 t	S4642
18:2 t not further defined	S4642
18:2 n-6 c,c	S4642
17:1	S4642
22:4	S4642

NDB No. 36007 T.G.I. FRIDAY'S, French fries

22:6 n-3 (DHA)	S4642
14:1	S4642
Fatty acids, total polyunsaturated	S4642
24:0	S4642
16:1 t	S4642
18:2 t not further defined	S4642
18:1 c	S4642
20:3 undifferentiated	S4642
Fatty acids, total trans-polyenoic	S4642
Total lipid (fat)	S4642
Lactose	S4642
Water	S4642
Iron, Fe	S4642
Magnesium, Mg	S4642
Copper, Cu	S4642
Niacin	S4642
Pantothenic acid	S4642
Dihydrophylloquinone	S4642
10:0	S4642
20:5 n-3 (EPA)	S4642
22:1 undifferentiated	S4642
Stigmasterol	S4642
24:1 c	S4642

NDB No. 36007 T.G.I. FRIDAY'S, French fries

20:2 n-6 c,c	S4642
16:1 c	S4642
Sucrose	S4642
Potassium, K	S4642
Manganese, Mn	S4642
Vitamin E (alpha-tocopherol)	S4642
Riboflavin	S4642
Cholesterol	S4642
6:0	S4642
8:0	S4642
16:1 undifferentiated	S4642
20:1	S4642
22:5 n-3 (DPA)	S4642
Fatty acids, total monounsaturated	S4642
18:2 n-6 c,c	S4642
18:3 n-6 c,c,c	S4642
Starch	S4642
Maltose	S4642
Fiber, total dietary	S4642
Fatty acids, total trans	S4642
18:2 undifferentiated	S4642
Campesterol	S4642
Ash	S4642
Sugars, total	S4642
Zinc, Zn	S4642
Tocopherol, delta	S4642
12:0	S4642
20:4 undifferentiated	S4642
22:0	S4642
Beta-sitosterol	S4642
15:0	S4642
18:1 t	S4642
18:3 n-3 c,c,c (ALA)	S4642
Glucose (dextrose)	S4642
Sodium, Na	S4642
Tocopherol, gamma	S4642
18:3 undifferentiated	S4642

NDB No. 36007 T.G.I. FRIDAY'S, French fries

22:1 t	S4642
Fatty acids, total trans-monoenoic	S4642
15:1	S4642
20:3 n-6	S4642
22:4	S4642
Protein	S4642
Calcium, Ca	S4642
Selenium, Se	S4642
Thiamin	S4642
Vitamin K (phylloquinone)	S4642
14:0	S4642
18:0	S4642
18:1 undifferentiated	S4642
18:2 CLAs	S4642
22:1 c	S4642
Fructose	S4642
Galactose	S4642
Phosphorus, P	S4642
Tocopherol, beta	S4642
Vitamin B-6	S4642
Menaquinone-4	S4642
Fatty acids, total saturated	S4642
16:0	S4642
20:0	S4642
18:4	S4642
17:0	S4642
17:1	S4642
20:3 n-3	S4642

NDB No. 36008 T.G.I. FRIDAY'S, fried mozzarella

Vitamin E (alpha-tocopherol)	S4642
Methionine	S4642
Alanine	S4642
Glutamic acid	S4642
18:0	S4642
22:6 n-3 (DHA)	S4642

NDB No. 36008 T.G.I. FRIDAY'S, fried mozzarella

14:1	S4642
20:5 n-3 (EPA)	S4642
22:1 undifferentiated	S4642
Fatty acids, total polyunsaturated	S4642
18:1 c	S4642
20:3 undifferentiated	S4642
20:3 n-6	S4642
Starch	S4642
Phosphorus, P	S4642
Zinc, Zn	S4642
Vitamin B-6	S4642
Tryptophan	S4642
Serine	S4642
16:0	S4642
20:0	S4642
18:1 undifferentiated	S4642
17:0	S4642
16:1 t	S4642
18:2 t not further defined	S4642
17:1	S4642
Fatty acids, total trans-monoenoic	S4642
22:4	S4642
Sugars, total	S4642
Copper, Cu	S4642
Vitamin B-12	S4642
Menaquinone-4	S4642
Leucine	S4642
Arginine	S4642
Cholesterol	S4642
8:0	S4642
15:0	S4642
18:2 CLAs	S4642
20:2 n-6 c,c	S4642
Fatty acids, total trans-polyenoic	S4642
18:3 n-3 c,c,c (ALA)	S4642
Water	S4642
Fiber, total dietary	S4642

NDB No. 36008 T.G.I. FRIDAY'S, fried mozzarella

Selenium, Se	S4642
Vitamin K (phylloquinone)	S4642
Glycine	S4642
18:2 undifferentiated	S4642
20:1	S4642
22:5 n-3 (DPA)	S4642
18:3 n-6 c,c,c	S4642
Protein	S4642
Fructose	S4642
Calcium, Ca	S4642
Iron, Fe	S4642
Magnesium, Mg	S4642
Tocopherol, gamma	S4642
Tocopherol, delta	S4642
Threonine	S4642
Lysine	S4642
Valine	S4642
Histidine	S4642
Fatty acids, total saturated	S4642
20:4 undifferentiated	S4642
Fatty acids, total monounsaturated	S4642
Ash	S4642
Glucose (dextrose)	S4642
Lactose	S4642
Galactose	S4642
Isoleucine	S4642
Cystine	S4642
Phenylalanine	S4642
12:0	S4642
14:0	S4642
16:1 undifferentiated	S4642
18:4	S4642
22:1 t	S4642
20:3 n-3	S4642
Total lipid (fat)	S4642
Maltose	S4642
Sodium, Na	S4642

NDB No. 36008 T.G.I. FRIDAY'S, fried mozzarella

Tocopherol, beta	S4642
Thiamin	S4642
Niacin	S4642
Aspartic acid	S4642
Fatty acids, total trans	S4642
10:0	S4642
15:1	S4642
Sucrose	S4642
Potassium, K	S4642
Manganese, Mn	S4642
Riboflavin	S4642
Dihydrophylloquinone	S4642
Tyrosine	S4642
Proline	S4642
4:0	S4642
6:0	S4642
18:3 undifferentiated	S4642
22:0	S4642
24:0	S4642
18:1 t	S4642
24:1 c	S4642
16:1 c	S4642
18:2 n-6 c,c	S4642
22:1 c	S4642

NDB No. 36009 T.G.I. FRIDAY'S, Mac & Cheese, from kid's menu

Fiber, total dietary	S4642
Copper, Cu	S4642
Tocopherol, gamma	S4642
Tocopherol, delta	S4642
Glutamic acid	S4642
16:0	S4642
18:3 undifferentiated	S4642
22:0	S4642
22:5 n-3 (DPA)	S4642
Fatty acids, total polyunsaturated	S4642

NDB No. 36009 T.G.I. FRIDAY'S, Mac & Cheese, from kid's menu

24:0	S4642
20:3 n-3	S4642
Fructose	S4642
Galactose	S4642
Zinc, Zn	S4642
Selenium, Se	S4642
Riboflavin	S4642
Niacin	S4642
Vitamin B-12	S4642
Lysine	S4642
Valine	S4642
Proline	S4642
22:6 n-3 (DHA)	S4642
18:4	S4642
18:3 n-3 c,c,c (ALA)	S4642
Ash	S4642
Calcium, Ca	S4642
Iron, Fe	S4642
Phenylalanine	S4642
Histidine	S4642
Glycine	S4642
4:0	S4642
8:0	S4642
18:0	S4642
17:1	S4642
Total lipid (fat)	S4642
Vitamin B-6	S4642
Leucine	S4642
Serine	S4642
Fatty acids, total saturated	S4642
16:1 t	S4642
18:2 n-6 c,c	S4642
15:1	S4642
Protein	S4642
Glucose (dextrose)	S4642
Lactose	S4642
Maltose	S4642

NDB No. 36009 T.G.I. FRIDAY'S, Mac & Cheese, from kid's menu

Isoleucine	S4642
Tyrosine	S4642
Alanine	S4642
10:0	S4642
12:0	S4642
20:0	S4642
18:1 undifferentiated	S4642
14:1	S4642
22:1 undifferentiated	S4642
24:1 c	S4642
16:1 c	S4642
Fatty acids, total trans-monoenoic	S4642
Sucrose	S4642
Magnesium, Mg	S4642
Aspartic acid	S4642
Cholesterol	S4642
14:0	S4642
20:5 n-3 (EPA)	S4642
Fatty acids, total monounsaturated	S4642
15:0	S4642
18:2 t not further defined	S4642
18:2 CLAs	S4642
22:1 c	S4642
18:3 n-6 c,c,c	S4642
Water	S4642
Sugars, total	S4642
Sodium, Na	S4642
Vitamin E (alpha-tocopherol)	S4642
Tocopherol, beta	S4642
Threonine	S4642
Cystine	S4642
20:4 undifferentiated	S4642
Fatty acids, total trans-polyenoic	S4642
22:4	S4642
Starch	S4642
Phosphorus, P	S4642

NDB No. 36009 T.G.I. FRIDAY'S, Mac & Cheese, from kid's menu

Potassium, K	S4642
Manganese, Mn	S4642
Thiamin	S4642
Tryptophan	S4642
Methionine	S4642
Arginine	S4642
Fatty acids, total trans	S4642
6:0	S4642
18:2 undifferentiated	S4642
16:1 undifferentiated	S4642
20:1	S4642
17:0	S4642
18:1 t	S4642
22:1 t	S4642
20:2 n-6 c,c	S4642
18:1 c	S4642
20:3 undifferentiated	S4642
20:3 n-6	S4642

NDB No. 36010 T.G.I. FRIDAY'S, chicken fingers, from kids' menu

Protein	S4642
Ash	S4642
Sucrose	S4642
Riboflavin	S4642
Leucine	S4642
Histidine	S4642
Alanine	S4642
Aspartic acid	S4642
12:0	S4642
14:1	S4642
20:2 n-6 c,c	S4642
22:1 c	S4642
18:3 n-6 c,c,c	S4642
20:3 n-3	S4642
Starch	S4642
Magnesium, Mg	S4642

NDB No. 36010 T.G.I. FRIDAY'S, chicken fingers, from kids' menu

Vitamin K (phylloquinone)	S4642
Lysine	S4642
Tyrosine	S4642
6:0	S4642
10:0	S4642
20:4 undifferentiated	S4642
22:6 n-3 (DHA)	S4642
20:3 undifferentiated	S4642
Iron, Fe	S4642
Vitamin E (alpha-tocopherol)	S4642
Thiamin	S4642
Tryptophan	S4642
Cystine	S4642
Fatty acids, total trans	S4642
8:0	S4642
18:2 undifferentiated	S4642
22:5 n-3 (DPA)	S4642
15:0	S4642
18:2 t not further defined	S4642
22:4	S4642
Total lipid (fat)	S4642
Fructose	S4642
Sodium, Na	S4642
Pantothenic acid	S4642
Threonine	S4642
14:0	S4642
18:0	S4642
18:4	S4642
18:1 c	S4642
18:2 n-6 c,c	S4642
15:1	S4642
20:3 n-6	S4642
Copper, Cu	S4642
Tocopherol, delta	S4642
Valine	S4642
Arginine	S4642
Serine	S4642

NDB No. 36010 T.G.I. FRIDAY'S, chicken fingers, from kids' menu

20:1	S4642
22:1 undifferentiated	S4642
22:1 t	S4642
18:2 CLAs	S4642
18:3 n-3 c,c,c (ALA)	S4642
Lactose	S4642
Manganese, Mn	S4642
Phenylalanine	S4642
16:1 undifferentiated	S4642
Fatty acids, total monounsaturated	S4642
16:1 c	S4642
Fatty acids, total trans-monoenoic	S4642
Fiber, total dietary	S4642
Potassium, K	S4642
Tocopherol, beta	S4642
Tocopherol, gamma	S4642
Niacin	S4642
Vitamin B-6	S4642
Dihydrophylloquinone	S4642
Methionine	S4642
Proline	S4642
Cholesterol	S4642
Fatty acids, total saturated	S4642
20:0	S4642
18:1 undifferentiated	S4642
Fatty acids, total polyunsaturated	S4642
24:1 c	S4642
Glucose (dextrose)	S4642
Maltose	S4642
Water	S4642
Sugars, total	S4642
Galactose	S4642
Calcium, Ca	S4642
Phosphorus, P	S4642
Zinc, Zn	S4642
Selenium, Se	S4642

NDB No. 36010 T.G.I. FRIDAY'S, chicken fingers, from kids' menu

Vitamin B-12	S4642
Menaquinone-4	S4642
Isoleucine	S4642
Glutamic acid	S4642
Glycine	S4642
16:0	S4642
18:3 undifferentiated	S4642
22:0	S4642
20:5 n-3 (EPA)	S4642
17:0	S4642
24:0	S4642
16:1 t	S4642
18:1 t	S4642
17:1	S4642
Fatty acids, total trans-polyenoic	S4642

NDB No. 36011 T.G.I. FRIDAY'S, classic sirloin steak

Protein	S4642
Vitamin B-12	S4642
Isoleucine	S4642
Cystine	S4642
Phenylalanine	S4642
Tyrosine	S4642
Glutamic acid	S4642
Fatty acids, total trans	S4642
18:0	S4642
20:0	S4642
18:1 c	S4642
18:2 n-6 c,c	S4642
20:3 undifferentiated	S4642
Magnesium, Mg	S4642
Zinc, Zn	S4642
Riboflavin	S4642
Pantothenic acid	S4642
Lysine	S4642
Aspartic acid	S4642

NDB No. 36011 T.G.I. FRIDAY'S, classic sirloin steak

Glycine	S4642
Fatty acids, total saturated	S4642
16:0	S4642
18:1 undifferentiated	S4642
18:2 undifferentiated	S4642
22:6 n-3 (DHA)	S4642
22:0	S4642
18:4	S4642
18:2 CLAs	S4642
20:3 n-6	S4642
Calcium, Ca	S4642
Histidine	S4642
8:0	S4642
14:0	S4642
17:0	S4642
20:2 n-6 c,c	S4642
17:1	S4642
Sodium, Na	S4642
Manganese, Mn	S4642
Niacin	S4642
Tryptophan	S4642
14:1	S4642
20:5 n-3 (EPA)	S4642
18:1 t	S4642
15:1	S4642
Water	S4642
Selenium, Se	S4642
Thiamin	S4642
Vitamin B-6	S4642
Valine	S4642
Alanine	S4642
Cholesterol	S4642
10:0	S4642
22:5 n-3 (DPA)	S4642
Fatty acids, total polyunsaturated	S4642
Total lipid (fat)	S4642
Ash	S4642

NDB No. 36011 T.G.I. FRIDAY'S, classic sirloin steak

Potassium, K	S4642
Copper, Cu	S4642
Methionine	S4642
Arginine	S4642
12:0	S4642
18:3 undifferentiated	S4642
16:1 undifferentiated	S4642
24:0	S4642
18:3 n-6 c,c,c	S4642
Phosphorus, P	S4642
Threonine	S4642
Leucine	S4642
6:0	S4642
20:4 undifferentiated	S4642
24:1 c	S4642
18:3 n-3 c,c,c (ALA)	S4642
20:3 n-3	S4642
22:4	S4642
Iron, Fe	S4642
Proline	S4642
Serine	S4642
20:1	S4642
22:1 undifferentiated	S4642
Fatty acids, total monounsaturated	S4642
15:0	S4642
16:1 t	S4642
22:1 t	S4642
18:2 t not further defined	S4642
16:1 c	S4642
22:1 c	S4642
Fatty acids, total trans-monoenoic	S4642
Fatty acids, total trans-polyenoic	S4642

NDB No. 36012 Restaurant, family style, fried mozzarella sticks

Protein	S4642, S5801

NDB No. 36012 Restaurant, family style, fried mozzarella sticks

Sugars, total	S4642
Calcium, Ca	S4642, S5801
Zinc, Zn	S4642, S5801
Tocopherol, delta	S4642
Riboflavin	S4642, S5801
Niacin	S4642, S5801
Threonine	S4642, S5801
Arginine	S4642, S5801
Proline	S4642, S5801
24:0	S4642, S5801
18:2 t not further defined	S4642, S5801
24:1 c	S4642, S5801
17:1	S4642, S5801
Fatty acids, total trans-polyenoic	S4642, S5801
15:1	S4642, S5801
20:3 n-6	S4642, S5801
Sucrose	S4642
Pantothenic acid	S5801
Tyrosine	S4642, S5801
14:0	S4642, S5801
18:3 undifferentiated	S4642, S5801
Fatty acids, total polyunsaturated	S4642, S5801
22:4	S4642, S5801
Sodium, Na	S4642, S5801
Vitamin B-6	S4642, S5801
Tryptophan	S4642, S5801
Alanine	S4642, S5801
Glutamic acid	S4642, S5801
Glycine	S4642, S5801
Serine	S4642, S5801
22:6 n-3 (DHA)	S4642, S5801
22:1 t	S4642, S5801
18:2 CLAs	S4642, S5801
18:2 n-6 c,c	S4642, S5801
Fructose	S4642
Maltose	S4642
Water	S4642, S5801

NDB No. 36012 Restaurant, family style, fried mozzarella sticks

Galactose	S4642
Tocopherol, gamma	S4642
Menaquinone-4	S4642, S5801
Isoleucine	S4642, S5801
Cystine	S4642, S5801
Phenylalanine	S4642, S5801
Valine	S4642, S5801
8:0	S4642, S5801
18:0	S4642, S5801
20:0	S4642, S5801
20:4 undifferentiated	S4642, S5801
20:5 n-3 (EPA)	S4642, S5801
22:5 n-3 (DPA)	S4642, S5801
17:0	S4642, S5801
16:1 t	S4642, S5801
22:1 c	S4642, S5801
20:3 undifferentiated	S4642, S5801
18:3 n-3 c,c,c (ALA)	S4642, S5801
Glucose (dextrose)	S4642
Fiber, total dietary	S4642, S5801
Vitamin K (phylloquinone)	S4642, S5801
Histidine	S4642, S5801
Cholesterol	S4642, S5801
10:0	S4642, S5801
12:0	S4642, S5801
18:2 undifferentiated	S4642, S5801
22:1 undifferentiated	S4642, S5801
16:1 c	S4642, S5801
20:3 n-3	S4642, S5801
Ash	S4642, S5801
Starch	S4642, S5801
Tocopherol, beta	S4642
Dihydrophylloquinone	S4642, S5801
Leucine	S4642, S5801
Lysine	S4642, S5801
Aspartic acid	S4642, S5801
6:0	S4642, S5801

NDB No. 36012 Restaurant, family style, fried mozzarella sticks

16:0	S4642, S5801
22:0	S4642, S5801
20:1	S4642, S5801
18:1 c	S4642, S5801
18:3 n-6 c,c,c	S4642, S5801
Lactose	S4642
Phosphorus, P	S4642, S5801
Manganese, Mn	S4642, S5801
Methionine	S4642, S5801
Fatty acids, total trans	S4642, S5801
4:0	S4642, S5801
Fatty acids, total monounsaturated	S4642, S5801
18:1 t	S4642, S5801
20:2 n-6 c,c	S4642, S5801
Total lipid (fat)	S4642, S5801
Iron, Fe	S4642, S5801
Magnesium, Mg	S4642, S5801
Potassium, K	S4642, S5801
Copper, Cu	S4642, S5801
Selenium, Se	S4642, S5801
Retinol	S5801
Vitamin E (alpha-tocopherol)	S4642
Thiamin	S4642, S5801
Vitamin B-12	S4642, S5801
Fatty acids, total saturated	S4642, S5801
18:1 undifferentiated	S4642, S5801
14:1	S4642, S5801
16:1 undifferentiated	S4642, S5801
18:4	S4642, S5801
15:0	S4642, S5801
Fatty acids, total trans-monoenoic	S4642, S5801

NDB No. 36013 Restaurant, family style, sirloin steak

Sodium, Na	S4642, S5801
Zinc, Zn	S4642, S5801

NDB No. 36013 Restaurant, family style, sirloin steak

Isoleucine	S4642, S5801
20:0	S4642, S5801
15:0	S4642, S5801
20:3 n-6	S4642, S5801
Vitamin B-6	S4642, S5801
Lysine	S4642, S5801
Methionine	S4642, S5801
Alanine	S4642, S5801
Proline	S4642, S5801
Cholesterol	S4642, S5801
14:0	S4642, S5801
16:0	S4642, S5801
18:3 undifferentiated	S4642, S5801
14:1	S4642, S5801
18:4	S4642, S5801
22:1 t	S4642, S5801
16:1 c	S4642, S5801
Fatty acids, total trans-monoenoic	S4642, S5801
Protein	S4642, S5801
Calcium, Ca	S4642, S5801
Magnesium, Mg	S4642, S5801
Vitamin B-12	S4642, S5801
Tryptophan	S4642, S5801
Glutamic acid	S4642, S5801
18:0	S4642, S5801
20:4 undifferentiated	S4642, S5801
24:0	S4642, S5801
18:1 t	S4642, S5801
Ash	S4642, S5801
6:0	S4642
8:0	S4642, S5801
18:2 undifferentiated	S4642, S5801
22:0	S4642, S5801
16:1 undifferentiated	S4642, S5801
20:1	S4642, S5801
20:5 n-3 (EPA)	S4642, S5801
22:1 undifferentiated	S4642, S5801

NDB No. 36013 Restaurant, family style, sirloin steak

18:2 CLAs	S4642, S5801
24:1 c	S4642, S5801
20:2 n-6 c,c	S4642, S5801
20:3 undifferentiated	S4642, S5801
Fatty acids, total trans-polyenoic	S4642, S5801
Total lipid (fat)	S4642, S5801
Iron, Fe	S4642, S5801
Copper, Cu	S4642, S5801
Threonine	S4642, S5801
Cystine	S4642, S5801
Arginine	S4642, S5801
Aspartic acid	S4642, S5801
Fatty acids, total monounsaturated	S4642, S5801
17:0	S4642, S5801
18:2 t not further defined	S4642, S5801
18:2 n-6 c,c	S4642, S5801
18:3 n-3 c,c,c (ALA)	S4642, S5801
20:3 n-3	S4642, S5801
Phosphorus, P	S4642, S5801
Selenium, Se	S4642, S5801
Leucine	S4642, S5801
Phenylalanine	S4642, S5801
Serine	S4642, S5801
Fatty acids, total trans	S4642, S5801
12:0	S4642, S5801
16:1 t	S4642, S5801
18:3 n-6 c,c,c	S4642, S5801
Potassium, K	S4642, S5801
Manganese, Mn	S4642, S5801
Thiamin	S4642, S5801
Valine	S4642, S5801
Glycine	S4642, S5801
Fatty acids, total saturated	S4642, S5801
18:1 undifferentiated	S4642, S5801
22:6 n-3 (DHA)	S4642, S5801
22:5 n-3 (DPA)	S4642, S5801
18:1 c	S4642, S5801

NDB No. 36013 Restaurant, family style, sirloin steak

15:1	S4642, S5801
Water	S4642, S5801
Riboflavin	S4642, S5801
Niacin	S4642, S5801
Pantothenic acid	S4642, S5801
Tyrosine	S4642, S5801
Histidine	S4642, S5801
10:0	S4642, S5801
Fatty acids, total polyunsaturated	S4642, S5801
22:1 c	S4642, S5801
17:1	S4642, S5801
22:4	S4642, S5801

NDB No. 36014 Restaurant, family style, French fries

Glucose (dextrose)	S4642
Fructose	S4642
Water	S4642, S5801
Phosphorus, P	S4642, S5801
Pantothenic acid	S4642, S5801
Menaquinone-4	S4642, S5801
Dihydrophylloquinone	S4642, S5801
Isoleucine	S5801
Serine	S5801
6:0	S4642
18:1 undifferentiated	S4642, S5801
15:0	S4642, S5801
17:0	S4642, S5801
Lactose	S4642
Sugars, total	S4642
Fiber, total dietary	S4642, S5801
Potassium, K	S4642, S5801
Sodium, Na	S4642, S5801
Niacin	S4642, S5801
Lysine	S5801
Histidine	S5801
Alanine	S5801

NDB No. 36014 Restaurant, family style, French fries

8:0	S4642, S5801
14:0	S4642, S5801
18:0	S4642, S5801
20:0	S4642, S5801
20:1	S4642, S5801
Stigmasterol	S4642, S5801
Fatty acids, total monounsaturated	S4642, S5801
18:1 t	S4642, S5801
20:3 undifferentiated	S4642, S5801
15:1	S4642, S5801
Ash	S4642, S5801
Starch	S4642, S5801
Maltose	S4642
Zinc, Zn	S4642, S5801
Cystine	S5801
Glutamic acid	S5801
16:0	S4642, S5801
18:3 undifferentiated	S4642, S5801
22:6 n-3 (DHA)	S4642, S5801
16:1 undifferentiated	S4642, S5801
Campesterol	S4642, S5801
16:1 t	S4642, S5801
16:1 c	S4642, S5801
22:1 c	S4642, S5801
18:3 n-6 c,c,c	S4642, S5801
Fatty acids, total trans-polyenoic	S4642, S5801
18:3 n-3 c,c,c (ALA)	S4642, S5801
Total lipid (fat)	S4642, S5801
Sucrose	S4642
Magnesium, Mg	S4642, S5801
Manganese, Mn	S4642, S5801
Tryptophan	S5801
Methionine	S5801
Tyrosine	S5801
Glycine	S5801
Proline	S5801
Cholesterol	S4642, S5801

NDB No. 36014 Restaurant, family style, French fries

18:2 undifferentiated	S4642, S5801
18:4	S4642, S5801
Fatty acids, total polyunsaturated	S4642, S5801
18:2 t not further defined	S4642, S5801
20:2 n-6 c,c	S4642, S5801
Fatty acids, total trans-monoenoic	S4642, S5801
Iron, Fe	S4642, S5801
Tocopherol, beta	S4642
Tocopherol, gamma	S4642
Riboflavin	S4642, S5801
Threonine	S5801
Arginine	S5801
Aspartic acid	S5801
12:0	S4642, S5801
22:0	S4642, S5801
14:1	S4642, S5801
20:5 n-3 (EPA)	S4642, S5801
22:1 undifferentiated	S4642, S5801
20:3 n-3	S4642, S5801
20:3 n-6	S4642, S5801
Galactose	S4642
Thiamin	S4642, S5801
Vitamin B-6	S4642, S5801
Vitamin K (phylloquinone)	S4642, S5801
Phenylalanine	S5801
Valine	S5801
Fatty acids, total trans	S4642, S5801
22:1 t	S4642, S5801
24:1 c	S4642, S5801
18:1 c	S4642, S5801
18:2 n-6 c,c	S4642, S5801
22:4	S4642, S5801
Protein	S4642, S5801
Copper, Cu	S4642, S5801
Vitamin E (alpha-tocopherol)	S4642
Fatty acids, total saturated	S4642, S5801
Calcium, Ca	S4642, S5801

NDB No. 36014 Restaurant, family style, French fries

Selenium, Se	S4642, S5801
Tocopherol, delta	S4642
Leucine	S5801
10:0	S4642, S5801
20:4 undifferentiated	S4642, S5801
22:5 n-3 (DPA)	S4642, S5801
Beta-sitosterol	S4642, S5801
24:0	S4642, S5801
18:2 CLAs	S4642, S5801
17:1	S4642, S5801

NDB No. 36015 Restaurant, family style, chicken fingers, from kid's menu

Total lipid (fat)	S4642, S5801
Potassium, K	S4642, S5801
Riboflavin	S4642, S5801
Menaquinone-4	S4642, S5801
18:4	S4642, S5801
22:5 n-3 (DPA)	S4642, S5801
Fatty acids, total monounsaturated	S4642, S5801
20:3 n-3	S4642, S5801
Protein	S4642, S5801
Fructose	S4642
Maltose	S4642
Selenium, Se	S4642, S5801
Tocopherol, gamma	S4642
Tocopherol, delta	S4642
Leucine	S4642, S5801
Methionine	S4642, S5801
Fatty acids, total trans	S4642, S5801
14:1	S4642, S5801
20:1	S4642, S5801
16:1 t	S4642, S5801
22:1 c	S4642, S5801
Ash	S4642, S5801
Fiber, total dietary	S4642, S5801
Manganese, Mn	S4642, S5801

NDB No. 36015 Restaurant, family style, chicken fingers, from kid's menu

Vitamin B-12	S4642, S5801
Lysine	S4642, S5801
Tyrosine	S4642, S5801
Aspartic acid	S4642, S5801
Glutamic acid	S4642, S5801
Cholesterol	S4642, S5801
14:0	S4642, S5801
20:0	S4642, S5801
18:1 undifferentiated	S4642, S5801
20:2 n-6 c,c	S4642, S5801
18:2 n-6 c,c	S4642, S5801
18:3 n-6 c,c,c	S4642, S5801
17:1	S4642, S5801
Fatty acids, total trans-monoenoic	S4642, S5801
15:1	S4642, S5801
Water	S4642, S5801
Phosphorus, P	S4642, S5801
Copper, Cu	S4642, S5801
Threonine	S4642, S5801
Valine	S4642, S5801
Histidine	S4642, S5801
8:0	S4642, S5801
18:3 undifferentiated	S4642, S5801
Fatty acids, total polyunsaturated	S4642, S5801
18:1 c	S4642, S5801
22:4	S4642, S5801
Vitamin E (alpha-tocopherol)	S4642
Alanine	S4642, S5801
Serine	S4642, S5801
18:0	S4642, S5801
20:4 undifferentiated	S4642, S5801
24:0	S4642, S5801
22:1 t	S4642, S5801
18:2 t not further defined	S4642, S5801
16:1 c	S4642, S5801
Iron, Fe	S4642, S5801
Sodium, Na	S4642, S5801

NDB No. 36015 Restaurant, family style, chicken fingers, from kid's menu

Retinol	S5801
Thiamin	S4642, S5801
Niacin	S4642, S5801
Dihydrophylloquinone	S4642, S5801
Proline	S4642, S5801
Fatty acids, total saturated	S4642, S5801
16:0	S4642, S5801
17:0	S4642, S5801
18:2 CLAs	S4642, S5801
24:1 c	S4642, S5801
20:3 undifferentiated	S4642, S5801
18:3 n-3 c,c,c (ALA)	S4642, S5801
20:3 n-6	S4642, S5801
Starch	S4642
Sucrose	S4642
Galactose	S4642
Magnesium, Mg	S4642, S5801
Zinc, Zn	S4642, S5801
Tryptophan	S4642, S5801
Arginine	S4642, S5801
Glycine	S4642, S5801
6:0	S4642
10:0	S4642, S5801
22:6 n-3 (DHA)	S4642, S5801
22:0	S4642, S5801
16:1 undifferentiated	S4642, S5801
Fatty acids, total trans-polyenoic	S4642, S5801
Glucose (dextrose)	S4642
Lactose	S4642
Sugars, total	S4642
Calcium, Ca	S4642, S5801
Tocopherol, beta	S4642
Pantothenic acid	S4642, S5801
Vitamin B-6	S4642, S5801
Vitamin K (phylloquinone)	S4642, S5801
Isoleucine	S4642, S5801
Cystine	S4642, S5801

NDB No. 36015 Restaurant, family style, chicken fingers, from kid's menu

Phenylalanine	S4642, S5801
12:0	S4642, S5801
18:2 undifferentiated	S4642, S5801
20:5 n-3 (EPA)	S4642, S5801
22:1 undifferentiated	S4642, S5801
15:0	S4642, S5801
18:1 t	S4642, S5801

NDB No. 36016 Restaurant, family style, shrimp, breaded and fried

Protein	S4642, S5801
Total lipid (fat)	S4642, S5801
Starch	S4642, S5801
Water	S4642, S5801
Magnesium, Mg	S4642, S5801
Tryptophan	S4642, S5801
8:0	S4642, S5801
18:0	S4642, S5801
18:2 n-6 c,c	S4642, S5801
18:3 n-6 c,c,c	S4642, S5801
20:3 undifferentiated	S4642, S5801
22:4	S4642, S5801
Tocopherol, delta	S4642
Phenylalanine	S4642, S5801
Proline	S4642, S5801
18:1 undifferentiated	S4642, S5801
Fatty acids, total monounsaturated	S4642, S5801
Sugars, total	S4642
Phosphorus, P	S4642, S5801
Manganese, Mn	S4642, S5801
Tyrosine	S4642, S5801
Histidine	S4642, S5801
Glycine	S4642, S5801
Cholesterol	S4642, S5801
18:2 undifferentiated	S4642, S5801
16:1 undifferentiated	S4642, S5801
22:5 n-3 (DPA)	S4642, S5801

NDB No. 36016 Restaurant, family style, shrimp, breaded and fried

15:0	S4642, S5801
16:1 t	S4642, S5801
18:2 CLAs	S4642, S5801
16:1 c	S4642, S5801
Fatty acids, total trans-monoenoic	S4642, S5801
Ash	S4642, S5801
Lactose	S4642
Tocopherol, beta	S4642
Riboflavin	S4642, S5801
Isoleucine	S4642, S5801
Lysine	S4642, S5801
Valine	S4642, S5801
Arginine	S4642, S5801
Aspartic acid	S4642, S5801
Glutamic acid	S4642, S5801
Fatty acids, total saturated	S4642, S5801
10:0	S4642, S5801
14:1	S4642, S5801
22:1 undifferentiated	S4642, S5801
18:1 t	S4642, S5801
18:1 c	S4642, S5801
22:1 c	S4642, S5801
Fructose	S4642
Galactose	S4642
Copper, Cu	S4642, S5801
Vitamin E (alpha-tocopherol)	S4642
Methionine	S4642, S5801
12:0	S4642, S5801
14:0	S4642, S5801
20:1	S4642, S5801
24:0	S4642, S5801
17:1	S4642, S5801
Fatty acids, total trans-polyenoic	S4642, S5801
18:3 n-3 c,c,c (ALA)	S4642, S5801
Sucrose	S4642
Fiber, total dietary	S4642, S5801
Potassium, K	S4642, S5801

NDB No. 36016 Restaurant, family style, shrimp, breaded and fried

Sodium, Na	S4642, S5801
Zinc, Zn	S4642, S5801
Selenium, Se	S4642, S5801
Pantothenic acid	S4642, S5801
Leucine	S4642, S5801
20:0	S4642, S5801
Fatty acids, total polyunsaturated	S4642, S5801
22:1 t	S4642, S5801
18:2 t not further defined	S4642, S5801
15:1	S4642, S5801
20:3 n-3	S4642, S5801
Maltose	S4642
Tocopherol, gamma	S4642
Niacin	S4642, S5801
Vitamin B-6	S4642, S5801
Threonine	S4642, S5801
Alanine	S4642, S5801
Fatty acids, total trans	S4642, S5801
16:0	S4642, S5801
18:3 undifferentiated	S4642, S5801
18:4	S4642, S5801
24:1 c	S4642, S5801
Glucose (dextrose)	S4642
Calcium, Ca	S4642, S5801
Iron, Fe	S4642, S5801
Thiamin	S4642, S5801
Vitamin B-12	S4642, S5801
Cystine	S4642, S5801
Serine	S4642, S5801
6:0	S4642
20:4 undifferentiated	S4642, S5801
22:6 n-3 (DHA)	S4642, S5801
22:0	S4642, S5801
20:5 n-3 (EPA)	S4642, S5801
17:0	S4642, S5801
20:2 n-6 c,c	S4642, S5801
20:3 n-6	S4642, S5801

NDB No. 36017 Restaurant, family style, macaroni & cheese, from kids' menu

Water	S4642, S5801
Phosphorus, P	S4642, S5801
Zinc, Zn	S4642, S5801
Tocopherol, delta	S4642
Niacin	S4642, S5801
Vitamin B-12	S4642, S5801
Fatty acids, total saturated	S4642, S5801
14:1	S4642, S5801
18:4	S4642, S5801
Fatty acids, total polyunsaturated	S4642, S5801
16:1 t	S4642, S5801
18:2 t not further defined	S4642, S5801
18:1 c	S4642, S5801
20:3 undifferentiated	S4642, S5801
Glucose (dextrose)	S4642
Fiber, total dietary	S4642, S5801
Tocopherol, gamma	S4642
Isoleucine	S4642, S5801
Histidine	S4642, S5801
Glycine	S4642, S5801
4:0	S4642, S5801
6:0	S4642, S5801
16:0	S4642, S5801
20:0	S4642, S5801
22:6 n-3 (DHA)	S4642, S5801
20:5 n-3 (EPA)	S4642, S5801
18:2 CLAs	S4642, S5801
17:1	S4642, S5801
20:3 n-3	S4642, S5801
20:3 n-6	S4642, S5801
Protein	S4642, S5801
Ash	S4642, S5801
Sugars, total	S4642
Galactose	S4642
Calcium, Ca	S4642, S5801
Copper, Cu	S4642, S5801
Selenium, Se	S4642, S5801

NDB No. 36017 Restaurant, family style, macaroni & cheese, from kids' menu

Vitamin E (alpha-tocopherol)	S4642
Threonine	S4642, S5801
Leucine	S4642, S5801
Alanine	S4642, S5801
Serine	S4642, S5801
18:0	S4642, S5801
18:2 undifferentiated	S4642, S5801
22:0	S4642, S5801
18:2 n-6 c,c	S4642, S5801
Starch	S4642, S5801
Potassium, K	S4642, S5801
Sodium, Na	S4642, S5801
Manganese, Mn	S4642, S5801
Vitamin B-6	S4642, S5801
Lysine	S4642, S5801
Arginine	S4642, S5801
8:0	S4642, S5801
18:3 undifferentiated	S4642, S5801
22:5 n-3 (DPA)	S4642, S5801
Fatty acids, total monounsaturated	S4642, S5801
17:0	S4642, S5801
24:0	S4642, S5801
18:1 t	S4642, S5801
15:1	S4642, S5801
Tocopherol, beta	S4642
Thiamin	S4642, S5801
Riboflavin	S4642, S5801
Phenylalanine	S4642, S5801
Tyrosine	S4642, S5801
14:0	S4642, S5801
18:1 undifferentiated	S4642, S5801
20:4 undifferentiated	S4642, S5801
22:1 t	S4642, S5801
22:1 c	S4642, S5801
22:4	S4642, S5801
Fructose	S4642
Lactose	S4642

NDB No. 36017 Restaurant, family style, macaroni & cheese, from kids' menu

Maltose	S4642
Magnesium, Mg	S4642, S5801
Tryptophan	S4642, S5801
Aspartic acid	S4642, S5801
Fatty acids, total trans	S4642, S5801
12:0	S4642, S5801
22:1 undifferentiated	S4642, S5801
24:1 c	S4642, S5801
Fatty acids, total trans-monoenoic	S4642, S5801
Iron, Fe	S4642, S5801
Methionine	S4642, S5801
Cystine	S4642, S5801
Glutamic acid	S4642, S5801
Cholesterol	S4642, S5801
10:0	S4642, S5801
16:1 undifferentiated	S4642, S5801
Fatty acids, total trans-polyenoic	S4642, S5801
Total lipid (fat)	S4642, S5801
Sucrose	S4642
Valine	S4642, S5801
Proline	S4642, S5801
20:1	S4642, S5801
15:0	S4642, S5801
20:2 n-6 c,c	S4642, S5801
16:1 c	S4642, S5801
18:3 n-6 c,c,c	S4642, S5801
18:3 n-3 c,c,c (ALA)	S4642, S5801

NDB No. 36401 Restaurant, Latino, chicken and rice, entree, prepared

Maltose	S4532
Tocopherol, beta	S4532
Tocopherol, gamma	S4532
Menaquinone-4	S4532
Tryptophan	S4532
Fatty acids, total saturated	S4532
12:0	S4532

NDB No. 36401 Restaurant, Latino, chicken and rice, entree, prepared

14:0	S4532
20:1	S4532
16:1 t	S4532
24:1 c	S4532
15:1	S4532
Galactose	S4532
Magnesium, Mg	S4532
Zinc, Zn	S4532
Copper, Cu	S4532
Leucine	S4532
Lysine	S4532
Cystine	S4532
Alanine	S4532
6:0	S4532
16:0	S4532
20:0	S4532
18:3 undifferentiated	S4532
18:4	S4532
20:5 n-3 (EPA)	S4532
22:1 undifferentiated	S4532
22:1 c	S4532
Fatty acids, total trans-polyenoic	S4532
Protein	S4532
Starch	S4532
Glucose (dextrose)	S4532
Water	S4532
Sugars, total	S4532
Calcium, Ca	S4532
Thiamin	S4532
Vitamin K (phylloquinone)	S4532
Isoleucine	S4532
Tyrosine	S4532
Proline	S4532
22:6 n-3 (DHA)	S4532
22:1 t	S4532
18:1 c	S4532
18:3 n-6 c,c,c	S4532

NDB No. 36401 Restaurant, Latino, chicken and rice, entree, prepared

Phenylalanine	S4532
Aspartic acid	S4532
22:5 n-3 (DPA)	S4532
Fatty acids, total monounsaturated	S4532
18:1 t	S4532
20:3 n-3	S4532
Ash	S4532
Sucrose	S4532
Fiber, total dietary	S4532
Vitamin E (alpha-tocopherol)	S4532
Vitamin B-6	S4532
Threonine	S4532
Valine	S4532
Histidine	S4532
16:1 undifferentiated	S4532
18:2 t not further defined	S4532
18:2 n-6 c,c	S4532
17:1	S4532
Fructose	S4532
Phosphorus, P	S4532
Potassium, K	S4532
Manganese, Mn	S4532
Riboflavin	S4532
Pantothenic acid	S4532
Vitamin B-12	S4532
Arginine	S4532
Glutamic acid	S4532
Glycine	S4532
Cholesterol	S4532
8:0	S4532
14:1	S4532
16:1 c	S4532
Fatty acids, total trans-monoenoic	S4532
Lactose	S4532
Tocopherol, delta	S4532
Methionine	S4532

NDB No. 36401 Restaurant, Latino, chicken and rice, entree, prepared

Fatty acids, total trans	S4532
18:0	S4532
18:2 undifferentiated	S4532
15:0	S4532
24:0	S4532
20:2 n-6 c,c	S4532
20:3 n-6	S4532
22:4	S4532
Total lipid (fat)	S4532
Iron, Fe	S4532
Sodium, Na	S4532
Selenium, Se	S4532
Niacin	S4532
Dihydrophylloquinone	S4532
Serine	S4532
10:0	S4532
18:1 undifferentiated	S4532
20:4 undifferentiated	S4532
22:0	S4532
Fatty acids, total polyunsaturated	S4532
17:0	S4532
18:2 CLAs	S4532
20:3 undifferentiated	S4532
18:3 n-3 c,c,c (ALA)	S4532

NDB No. 36403 Restaurant, Latino, empanadas, beef, prepared

Iron, Fe	S4532
Thiamin	S4532
Lysine	S4532
Glycine	S4532
Serine	S4532
16:1 undifferentiated	S4532
24:0	S4532
16:1 c	S4532
20:3 n-6	S4532
22:4	S4532

NDB No. 36403 Restaurant, Latino, empanadas, beef, prepared

Protein	S4532
Starch	S4532
Galactose	S4532
Sodium, Na	S4532
Carotene, alpha	S4532
Phenylalanine	S4532
Glutamic acid	S4532
Fatty acids, total trans	S4532
10:0	S4532
20:4 undifferentiated	S4532
18:4	S4532
20:1	S4532
20:2 n-6 c,c	S4532
18:3 n-6 c,c,c	S4532
Fatty acids, total trans-polyenoic	S4532
Ash	S4532
Water	S4532
Lutein + zeaxanthin	S4532
Tocopherol, beta	S4532
Tocopherol, gamma	S4532
Tocopherol, delta	S4532
Dihydrophylloquinone	S4532
Valine	S4532
Cholesterol	S4532
12:0	S4532
18:0	S4532
22:0	S4532
18:2 t not further defined	S4532
22:1 c	S4532
Maltose	S4532
Sugars, total	S4532
Potassium, K	S4532
Tryptophan	S4532
Proline	S4532
14:0	S4532
22:1 undifferentiated	S4532
Fatty acids, total monounsaturated	S4532

NDB No. 36403 Restaurant, Latino, empanadas, beef, prepared

17:0	S4532
18:2 n-6 c,c	S4532
20:3 undifferentiated	S4532
18:3 n-3 c,c,c (ALA)	S4532
Total lipid (fat)	S4532
Fiber, total dietary	S4532
Zinc, Zn	S4532
Carotene, beta	S4532
Vitamin E (alpha-tocopherol)	S4532
Niacin	S4532
Vitamin B-6	S4532
Menaquinone-4	S4532
Arginine	S4532
Histidine	S4532
Aspartic acid	S4532
16:0	S4532
22:6 n-3 (DHA)	S4532
20:5 n-3 (EPA)	S4532
22:5 n-3 (DPA)	S4532
18:1 t	S4532
22:1 t	S4532
24:1 c	S4532
17:1	S4532
Fructose	S4532
Calcium, Ca	S4532
Cryptoxanthin, beta	S4532
Lycopene	S4532
Pantothenic acid	S4532
Vitamin K (phylloquinone)	S4532
Isoleucine	S4532
Leucine	S4532
Methionine	S4532
Fatty acids, total saturated	S4532
18:1 undifferentiated	S4532
Fatty acids, total polyunsaturated	S4532
15:0	S4532
20:3 n-3	S4532

NDB No. 36403 Restaurant, Latino, empanadas, beef, prepared

Lactose	S4532
Phosphorus, P	S4532
Manganese, Mn	S4532
Selenium, Se	S4532
Vitamin B-12	S4532
Threonine	S4532
Cystine	S4532
Alanine	S4532
6:0	S4532
20:0	S4532
14:1	S4532
16:1 t	S4532
18:2 CLAs	S4532
Sucrose	S4532
Glucose (dextrose)	S4532
Magnesium, Mg	S4532
Copper, Cu	S4532
Riboflavin	S4532
Tyrosine	S4532
18:2 undifferentiated	S4532
18:3 undifferentiated	S4532
18:1 c	S4532
Fatty acids, total trans-monoenoic	S4532
15:1	S4532

NDB No. 36404 Restaurant, Latino, arroz con leche (rice pudding)

Water	S4531
Tocopherol, delta	S4531
Niacin	S4531
Tyrosine	S4531
Aspartic acid	S4531
6:0	S4531
16:0	S4531
18:0	S4531
16:1 undifferentiated	S4531
20:2 n-6 c,c	S4531

NDB No. 36404 Restaurant, Latino, arroz con leche (rice pudding)

18:1 c	S4531
17:1	S4531
18:3 n-3 c,c,c (ALA)	S4531
Total lipid (fat)	S4531
Maltose	S4531
Copper, Cu	S4531
Vitamin B-12	S4531
Leucine	S4531
Valine	S4531
10:0	S4531
18:3 undifferentiated	S4531
Starch	S4531
Sugars, total	S4531
Zinc, Zn	S4531
Isoleucine	S4531
Lysine	S4531
Arginine	S4531
Glutamic acid	S4531
Cholesterol	S4531
4:0	S4531
18:2 undifferentiated	S4531
20:4 undifferentiated	S4531
20:5 n-3 (EPA)	S4531
Fatty acids, total polyunsaturated	S4531
20:3 undifferentiated	S4531
20:3 n-3	S4531
Iron, Fe	S4531
Potassium, K	S4531
Sodium, Na	S4531
Selenium, Se	S4531
Tryptophan	S4531
Methionine	S4531
Cystine	S4531
14:0	S4531
22:0	S4531
22:1 undifferentiated	S4531
15:0	S4531

NDB No. 36404 Restaurant, Latino, arroz con leche (rice pudding)

18:2 t not further defined	S4531
24:1 c	S4531
22:1 c	S4531
18:3 n-6 c,c,c	S4531
Fatty acids, total trans-monoenoic	S4531
Glucose (dextrose)	S4531
Calcium, Ca	S4531
Pantothenic acid	S4531
Phenylalanine	S4531
Histidine	S4531
Serine	S4531
Fatty acids, total trans	S4531
14:1	S4531
20:1	S4531
22:5 n-3 (DPA)	S4531
18:2 CLAs	S4531
18:2 n-6 c,c	S4531
Fatty acids, total trans-polyenoic	S4531
15:1	S4531
22:4	S4531
Ash	S4531
Lactose	S4531
Galactose	S4531
Phosphorus, P	S4531
Vitamin E (alpha-tocopherol)	S4531
8:0	S4531
12:0	S4531
18:1 undifferentiated	S4531
22:6 n-3 (DHA)	S4531
16:1 t	S4531
18:1 t	S4531
16:1 c	S4531
Magnesium, Mg	S4531
Tocopherol, beta	S4531
Riboflavin	S4531
Proline	S4531
Fatty acids, total saturated	S4531

NDB No. 36404 Restaurant, Latino, arroz con leche (rice pudding)

18:4	S4531
24:0	S4531
22:1 t	S4531
Protein	S4531
Sucrose	S4531
Fructose	S4531
Fiber, total dietary	S4531
Manganese, Mn	S4531
Tocopherol, gamma	S4531
Thiamin	S4531
Vitamin B-6	S4531
Threonine	S4531
Alanine	S4531
Glycine	S4531
20:0	S4531
Fatty acids, total monounsaturated	S4531
17:0	S4531
20:3 n-6	S4531

NDB No. 36405 Restaurant, Latino, Arroz con frijoles negros (rice and black beans)

Starch	S4531
Glucose (dextrose)	S4531
Fructose	S4531
Sugars, total	S4531
Calcium, Ca	S4531
Iron, Fe	S4531
Riboflavin	S4531
Pantothenic acid	S4531
Leucine	S4531
Alanine	S4531
Fatty acids, total trans	S4531
10:0	S4531
20:0	S4531
18:1 t	S4531
18:2 n-6 c,c	S4531
Fatty acids, total trans-polyenoic	S4531

NDB No. 36405 Restaurant, Latino, Arroz con frijoles negros (rice and black beans)

Vitamin E (alpha-tocopherol)	S4531
Cystine	S4531
Valine	S4531
18:4	S4531
20:5 n-3 (EPA)	S4531
15:0	S4531
16:1 c	S4531
17:1	S4531
20:3 n-6	S4531
Niacin	S4531
Threonine	S4531
Methionine	S4531
8:0	S4531
18:3 undifferentiated	S4531
20:4 undifferentiated	S4531
22:1 undifferentiated	S4531
Fatty acids, total polyunsaturated	S4531
17:0	S4531
24:0	S4531
16:1 t	S4531
22:1 t	S4531
24:1 c	S4531
18:3 n-3 c,c,c (ALA)	S4531
Galactose	S4531
Magnesium, Mg	S4531
Zinc, Zn	S4531
Selenium, Se	S4531
Lysine	S4531
Glycine	S4531
6:0	S4531
12:0	S4531
14:0	S4531
16:0	S4531
18:2 undifferentiated	S4531
Fatty acids, total monounsaturated	S4531
18:2 CLAs	S4531
20:3 undifferentiated	S4531

NDB No. 36405 Restaurant, Latino, Arroz con frijoles negros (rice and black beans)

Protein	S4531
Copper, Cu	S4531
Vitamin B-6	S4531
Menaquinone-4	S4531
Dihydrophylloquinone	S4531
Histidine	S4531
Glutamic acid	S4531
18:0	S4531
14:1	S4531
20:1	S4531
22:1 c	S4531
18:3 n-6 c,c,c	S4531
15:1	S4531
Ash	S4531
Maltose	S4531
Fiber, total dietary	S4531
Tocopherol, beta	S4531
Isoleucine	S4531
Fatty acids, total saturated	S4531
22:5 n-3 (DPA)	S4531
Fatty acids, total trans-monoenoic	S4531
20:3 n-3	S4531
Total lipid (fat)	S4531
Phosphorus, P	S4531
Manganese, Mn	S4531
Tocopherol, delta	S4531
Thiamin	S4531
Vitamin K (phylloquinone)	S4531
Tryptophan	S4531
Phenylalanine	S4531
Tyrosine	S4531
Aspartic acid	S4531
18:1 undifferentiated	S4531
22:0	S4531
18:2 t not further defined	S4531
Sucrose	S4531
Lactose	S4531

NDB No. 36405 Restaurant, Latino, Arroz con frijoles negros (rice and black beans)

Water	S4531
Potassium, K	S4531
Sodium, Na	S4531
Tocopherol, gamma	S4531
Arginine	S4531
Proline	S4531
Serine	S4531
22:6 n-3 (DHA)	S4531
16:1 undifferentiated	S4531
20:2 n-6 c,c	S4531
18:1 c	S4531
22:4	S4531

NDB No. 36406 Restaurant, Latino, Arroz con habichuelas colorados (Rice And Red Beans)

Galactose	S4531
Phosphorus, P	S4531
Potassium, K	S4531
Cystine	S4531
Proline	S4531
6:0	S4531
17:0	S4531
18:2 CLAs	S4531
Fatty acids, total trans-monoenoic	S4531
Total lipid (fat)	S4531
Lactose	S4531
Sugars, total	S4531
Fiber, total dietary	S4531
Copper, Cu	S4531
Manganese, Mn	S4531
Vitamin E (alpha-tocopherol)	S4531
Tocopherol, beta	S4531
Riboflavin	S4531
Niacin	S4531
Threonine	S4531
Lysine	S4531
Valine	S4531

NDB No. 36406 Restaurant, Latino, Arroz con habichuelas colorados (Rice And Red Beans)

Glutamic acid	S4531
14:1	S4531
18:1 t	S4531
18:3 n-6 c,c,c	S4531
17:1	S4531
20:3 n-6	S4531
Protein	S4531
Sucrose	S4531
Water	S4531
Iron, Fe	S4531
Tocopherol, delta	S4531
Phenylalanine	S4531
Tyrosine	S4531
Glycine	S4531
18:3 undifferentiated	S4531
Fatty acids, total polyunsaturated	S4531
16:1 c	S4531
18:1 c	S4531
Fatty acids, total trans-polyenoic	S4531
Fructose	S4531
Maltose	S4531
Calcium, Ca	S4531
Zinc, Zn	S4531
Tryptophan	S4531
Methionine	S4531
Alanine	S4531
Fatty acids, total saturated	S4531
22:6 n-3 (DHA)	S4531
16:1 undifferentiated	S4531
22:5 n-3 (DPA)	S4531
18:2 n-6 c,c	S4531
20:3 n-3	S4531
22:4	S4531
Ash	S4531
Starch	S4531
Thiamin	S4531
Dihydrophylloquinone	S4531

NDB No. 36406 Restaurant, Latino, Arroz con habichuelas colorados (Rice And Red Beans)

Arginine	S4531
Histidine	S4531
Serine	S4531
8:0	S4531
10:0	S4531
14:0	S4531
16:0	S4531
18:0	S4531
18:1 undifferentiated	S4531
22:0	S4531
18:4	S4531
20:5 n-3 (EPA)	S4531
15:0	S4531
22:1 c	S4531
18:3 n-3 c,c,c (ALA)	S4531
Magnesium, Mg	S4531
Sodium, Na	S4531
Menaquinone-4	S4531
Leucine	S4531
20:4 undifferentiated	S4531
22:1 undifferentiated	S4531
Fatty acids, total monounsaturated	S4531
18:2 t not further defined	S4531
24:1 c	S4531
20:2 n-6 c,c	S4531
15:1	S4531
Selenium, Se	S4531
Tocopherol, gamma	S4531
Pantothenic acid	S4531
Vitamin B-6	S4531
Isoleucine	S4531
Aspartic acid	S4531
Fatty acids, total trans	S4531
18:2 undifferentiated	S4531
22:1 t	S4531
20:3 undifferentiated	S4531
Glucose (dextrose)	S4531

NDB No. 36406 Restaurant, Latino, Arroz con habichuelas colorados (Rice And Red Beans)

Vitamin K (phylloquinone)	S4531
12:0	S4531
20:0	S4531
20:1	S4531
24:0	S4531
16:1 t	S4531

NDB No. 36407 Restaurant, Latino, Arroz con grandules (rice and pigeonpeas)

Protein	S4531
Total lipid (fat)	S4531
Sodium, Na	S4531
Tocopherol, beta	S4531
Tocopherol, delta	S4531
Thiamin	S4531
Riboflavin	S4531
Cystine	S4531
Serine	S4531
20:4 undifferentiated	S4531
20:5 n-3 (EPA)	S4531
22:1 undifferentiated	S4531
17:0	S4531
16:1 t	S4531
16:1 c	S4531
Fatty acids, total trans-polyenoic	S4531
Ash	S4531
Potassium, K	S4531
Copper, Cu	S4531
Tocopherol, gamma	S4531
Pantothenic acid	S4531
Menaquinone-4	S4531
Vitamin K (phylloquinone)	S4531
Tyrosine	S4531
Fatty acids, total trans	S4531
10:0	S4531
14:0	S4531
22:0	S4531

NDB No. 36407 Restaurant, Latino, Arroz con grandules (rice and pigeonpeas)

16:1 undifferentiated	S4531
20:3 n-3	S4531
Water	S4531
Manganese, Mn	S4531
Isoleucine	S4531
Methionine	S4531
Valine	S4531
Aspartic acid	S4531
6:0	S4531
14:1	S4531
18:4	S4531
17:1	S4531
15:1	S4531
Starch	S4531
Fiber, total dietary	S4531
Iron, Fe	S4531
Vitamin B-6	S4531
Dihydrophylloquinone	S4531
Threonine	S4531
Alanine	S4531
Glycine	S4531
8:0	S4531
18:0	S4531
20:1	S4531
18:1 c	S4531
20:3 undifferentiated	S4531
20:3 n-6	S4531
Magnesium, Mg	S4531
Phosphorus, P	S4531
Zinc, Zn	S4531
Niacin	S4531
Leucine	S4531
Arginine	S4531
12:0	S4531
22:6 n-3 (DHA)	S4531
22:5 n-3 (DPA)	S4531
24:0	S4531

NDB No. 36407 Restaurant, Latino, Arroz con grandules (rice and pigeonpeas)

18:2 t not further defined	S4531
20:2 n-6 c,c	S4531
18:3 n-6 c,c,c	S4531
18:3 n-3 c,c,c (ALA)	S4531
Calcium, Ca	S4531
Lysine	S4531
Histidine	S4531
Glutamic acid	S4531
16:0	S4531
18:2 undifferentiated	S4531
Fatty acids, total monounsaturated	S4531
Fatty acids, total polyunsaturated	S4531
15:0	S4531
18:1 t	S4531
24:1 c	S4531
18:2 n-6 c,c	S4531
Fatty acids, total trans-monoenoic	S4531
Proline	S4531
Fatty acids, total saturated	S4531
18:1 undifferentiated	S4531
18:3 undifferentiated	S4531
22:4	S4531
Vitamin E (alpha-tocopherol)	S4531
Tryptophan	S4531
Phenylalanine	S4531
20:0	S4531
22:1 t	S4531
18:2 CLAs	S4531
22:1 c	S4531

NDB No. 36408 Restaurant, Latino, pupusas con frijoles (pupusas, bean)

Glucose (dextrose)	S6603
Maltose	S6603
Calcium, Ca	S6603
Riboflavin	S6603

NDB No. 36408 Restaurant, Latino, pupusas con frijoles (pupusas, bean)

Vitamin B-6	S6603
Vitamin K (phylloquinone)	S6603
Leucine	S6603
Lysine	S6603
Phenylalanine	S6603
Aspartic acid	S6603
Glutamic acid	S6603
20:0	S6603
22:5 n-3 (DPA)	S6603
18:1 t	S6603
20:3 undifferentiated	S6603
Fatty acids, total trans-polyenoic	S6603
Sugars, total	S6603
Sodium, Na	S6603
Tocopherol, beta	S6603
Tryptophan	S6603
Threonine	S6603
Tyrosine	S6603
Glycine	S6603
8:0	S6603
10:0	S6603
18:2 undifferentiated	S6603
18:4	S6603
20:1	S6603
15:0	S6603
18:1 c	S6603
18:3 n-3 c,c,c (ALA)	S6603
20:3 n-3	S6603
Starch	S6603
Fiber, total dietary	S6603
Cystine	S6603
Valine	S6603
Alanine	S6603
Proline	S6603
Serine	S6603
14:0	S6603
16:0	S6603

NDB No. 36408 Restaurant, Latino, pupusas con frijoles (pupusas, bean)

22:6 n-3 (DHA)	S6603
16:1 undifferentiated	S6603
20:5 n-3 (EPA)	S6603
22:1 undifferentiated	S6603
Fatty acids, total polyunsaturated	S6603
24:0	S6603
22:1 t	S6603
20:3 n-6	S6603
Sucrose	S6603
Fructose	S6603
Lactose	S6603
Water	S6603
Galactose	S6603
Manganese, Mn	S6603
Betaine	S6603
Histidine	S6603
4:0	S6603
18:2 t not further defined	S6603
18:3 n-6 c,c,c	S6603
22:4	S6603
Ash	S6603
Selenium, Se	S6603
Niacin	S6603
Arginine	S6603
6:0	S6603
18:0	S6603
18:3 undifferentiated	S6603
22:0	S6603
14:1	S6603
18:2 n-6 c,c	S6603
22:1 c	S6603
17:1	S6603
Fatty acids, total trans-monoenoic	S6603
15:1	S6603
Total lipid (fat)	S6603
Potassium, K	S6603
Tocopherol, gamma	S6603

NDB No. 36408 Restaurant, Latino, pupusas con frijoles (pupusas, bean)

Pantothenic acid	S6603
Menaquinone-4	S6603
Fatty acids, total saturated	S6603
20:4 undifferentiated	S6603
18:2 CLAs	S6603
20:2 n-6 c,c	S6603
Protein	S6603
Copper, Cu	S6603
Thiamin	S6603
Isoleucine	S6603
Methionine	S6603
Fatty acids, total trans	S6603
18:1 undifferentiated	S6603
Fatty acids, total monounsaturated	S6603
16:1 t	S6603
24:1 c	S6603
Iron, Fe	S6603
Magnesium, Mg	S6603
Phosphorus, P	S6603
Zinc, Zn	S6603
Vitamin E (alpha-tocopherol)	S6603
Tocopherol, delta	S6603
Choline, total	S6603
12:0	S6603
17:0	S6603
16:1 c	S6603

NDB No. 36409 Restaurant, Latino, pupusas con queso (pupusas, cheese)

Total lipid (fat)	S6603
Sucrose	S6603
Iron, Fe	S6603
Phosphorus, P	S6603
Sodium, Na	S6603
Riboflavin	S6603
Tyrosine	S6603
Histidine	S6603

NDB No. 36409 Restaurant, Latino, pupusas con queso (pupusas, cheese)

6:0	S6603
18:2 undifferentiated	S6603
18:3 undifferentiated	S6603
22:1 t	S6603
17:1	S6603
Sugars, total	S6603
Retinol	S6603
Tocopherol, beta	S6603
Vitamin B-6	S6603
Tryptophan	S6603
Threonine	S6603
Aspartic acid	S6603
Serine	S6603
22:6 n-3 (DHA)	S6603
14:1	S6603
16:1 undifferentiated	S6603
Fatty acids, total monounsaturated	S6603
15:0	S6603
18:1 t	S6603
24:1 c	S6603
22:1 c	S6603
18:3 n-6 c,c,c	S6603
Protein	S6603
Potassium, K	S6603
Vitamin E (alpha-tocopherol)	S6603
Vitamin B-12	S6603
Betaine	S6603
Isoleucine	S6603
Leucine	S6603
Valine	S6603
4:0	S6603
16:0	S6603
20:4 undifferentiated	S6603
18:4	S6603
20:1	S6603
20:5 n-3 (EPA)	S6603
24:0	S6603

NDB No. 36409 Restaurant, Latino, pupusas con queso (pupusas, cheese)

18:3 n-3 c,c,c (ALA)	S6603
Glucose (dextrose)	S6603
Copper, Cu	S6603
Selenium, Se	S6603
Tocopherol, delta	S6603
Fatty acids, total saturated	S6603
8:0	S6603
20:3 undifferentiated	S6603
Fatty acids, total trans-polyenoic	S6603
Starch	S6603
Galactose	S6603
Fiber, total dietary	S6603
Menaquinone-4	S6603
Methionine	S6603
Phenylalanine	S6603
Glycine	S6603
Proline	S6603
Fatty acids, total trans	S6603
20:0	S6603
22:1 undifferentiated	S6603
18:2 CLAs	S6603
Fatty acids, total trans-monoenoic	S6603
15:1	S6603
20:3 n-3	S6603
Lactose	S6603
Niacin	S6603
Pantothenic acid	S6603
Cystine	S6603
12:0	S6603
22:5 n-3 (DPA)	S6603
17:0	S6603
18:2 n-6 c,c	S6603
20:3 n-6	S6603
Ash	S6603
Maltose	S6603
Water	S6603
Magnesium, Mg	S6603

NDB No. 36409 Restaurant, Latino, pupusas con queso (pupusas, cheese)

Zinc, Zn	S6603
Manganese, Mn	S6603
Choline, total	S6603
Arginine	S6603
Cholesterol	S6603
10:0	S6603
18:0	S6603
18:1 undifferentiated	S6603
Fatty acids, total polyunsaturated	S6603
20:2 n-6 c,c	S6603
16:1 c	S6603
18:1 c	S6603
22:4	S6603
Fructose	S6603
Calcium, Ca	S6603
Tocopherol, gamma	S6603
Thiamin	S6603
Vitamin K (phylloquinone)	S6603
Lysine	S6603
Alanine	S6603
Glutamic acid	S6603
14:0	S6603
22:0	S6603
16:1 t	S6603
18:2 t not further defined	S6603

NDB No. 36410 Restaurant, Latino, pupusas del cerdo (pupusas, pork)

Protein	S6603
Ash	S6603
Water	S6603
Iron, Fe	S6603
Potassium, K	S6603
Pantothenic acid	S6603
Isoleucine	S6603
Cystine	S6603
Aspartic acid	S6603

NDB No. 36410 Restaurant, Latino, pupusas del cerdo (pupusas, pork)

Cholesterol	S6603
18:1 undifferentiated	S6603
16:1 undifferentiated	S6603
17:1	S6603
20:3 n-3	S6603
Fructose	S6603
Lactose	S6603
Vitamin B-6	S6603
14:0	S6603
18:2 undifferentiated	S6603
24:0	S6603
16:1 t	S6603
22:4	S6603
Calcium, Ca	S6603
Tocopherol, gamma	S6603
Tocopherol, delta	S6603
Thiamin	S6603
Glycine	S6603
Serine	S6603
8:0	S6603
17:0	S6603
18:1 t	S6603
Sucrose	S6603
Maltose	S6603
Magnesium, Mg	S6603
Zinc, Zn	S6603
Copper, Cu	S6603
Vitamin K (phylloquinone)	S6603
Threonine	S6603
Glutamic acid	S6603
4:0	S6603
10:0	S6603
20:4 undifferentiated	S6603
22:1 undifferentiated	S6603
Fatty acids, total monounsaturated	S6603
22:1 c	S6603
15:1	S6603

NDB No. 36410 Restaurant, Latino, pupusas del cerdo (pupusas, pork)

Starch	S6603
Sodium, Na	S6603
Retinol	S6603
Tryptophan	S6603
Lysine	S6603
Phenylalanine	S6603
Tyrosine	S6603
Valine	S6603
Histidine	S6603
Fatty acids, total trans	S6603
20:0	S6603
22:5 n-3 (DPA)	S6603
Fatty acids, total polyunsaturated	S6603
15:0	S6603
22:1 t	S6603
18:2 CLAs	S6603
Fatty acids, total trans-monoenoic	S6603
Niacin	S6603
Methionine	S6603
Fatty acids, total saturated	S6603
6:0	S6603
18:0	S6603
22:6 n-3 (DHA)	S6603
20:3 n-6	S6603
Glucose (dextrose)	S6603
Fiber, total dietary	S6603
Phosphorus, P	S6603
Riboflavin	S6603
Vitamin B-12	S6603
Choline, total	S6603
Arginine	S6603
Alanine	S6603
12:0	S6603
16:0	S6603
18:3 undifferentiated	S6603
14:1	S6603
20:1	S6603

NDB No. 36410 Restaurant, Latino, pupusas del cerdo (pupusas, pork)

24:1 c	S6603
18:1 c	S6603
18:3 n-3 c,c,c (ALA)	S6603
Total lipid (fat)	S6603
Sugars, total	S6603
Galactose	S6603
Manganese, Mn	S6603
Selenium, Se	S6603
Vitamin E (alpha-tocopherol)	S6603
Tocopherol, beta	S6603
Menaquinone-4	S6603
Betaine	S6603
Leucine	S6603
Proline	S6603
22:0	S6603
18:4	S6603
20:5 n-3 (EPA)	S6603
18:2 t not further defined	S6603
20:2 n-6 c,c	S6603
16:1 c	S6603
18:2 n-6 c,c	S6603
18:3 n-6 c,c,c	S6603
20:3 undifferentiated	S6603
Fatty acids, total trans-polyenoic	S6603

NDB No. 36411 Restaurant, Latino, tamale, corn

Ash	S6603
Fiber, total dietary	S6603
Thiamin	S6603
Methionine	S6603
Histidine	S6603
Aspartic acid	S6603
22:0	S6603
Fatty acids, total polyunsaturated	S6603
15:0	S6603
24:1 c	S6603

NDB No. 36411 Restaurant, Latino, tamale, corn

18:2 n-6 c,c	S6603
22:1 c	S6603
18:3 n-6 c,c,c	S6603
18:3 n-3 c,c,c (ALA)	S6603
20:3 n-6	S6603
Total lipid (fat)	S6603
Sugars, total	S6603
Tocopherol, beta	S6603
Pantothenic acid	S6603
Vitamin B-6	S6603
Vitamin K (phylloquinone)	S6603
Betaine	S6603
Leucine	S6603
Lysine	S6603
Tyrosine	S6603
Fatty acids, total saturated	S6603
16:0	S6603
18:3 undifferentiated	S6603
20:4 undifferentiated	S6603
14:1	S6603
22:5 n-3 (DPA)	S6603
15:1	S6603
Protein	S6603
Magnesium, Mg	S6603
Lutein + zeaxanthin	S6603
Glycine	S6603
Fatty acids, total trans	S6603
10:0	S6603
18:0	S6603
22:6 n-3 (DHA)	S6603
20:1	S6603
16:1 t	S6603
22:1 t	S6603
20:2 n-6 c,c	S6603
22:4	S6603
Galactose	S6603
Sodium, Na	S6603

NDB No. 36411 Restaurant, Latino, tamale, corn

Copper, Cu	S6603
Carotene, alpha	S6603
Lycopene	S6603
Tocopherol, delta	S6603
Riboflavin	S6603
Menaquinone-4	S6603
Dihydrophylloquinone	S6603
Isoleucine	S6603
Cystine	S6603
Arginine	S6603
Glutamic acid	S6603
Serine	S6603
16:1 undifferentiated	S6603
16:1 c	S6603
Sucrose	S6603
Calcium, Ca	S6603
Iron, Fe	S6603
Phosphorus, P	S6603
Potassium, K	S6603
Zinc, Zn	S6603
Vitamin E (alpha-tocopherol)	S6603
Tocopherol, gamma	S6603
Threonine	S6603
Alanine	S6603
20:0	S6603
18:1 undifferentiated	S6603
18:2 t not further defined	S6603
18:2 CLAs	S6603
Starch	S6603
Carotene, beta	S6603
Choline, total	S6603
Tryptophan	S6603
Phenylalanine	S6603
Proline	S6603
6:0	S6603
12:0	S6603
14:0	S6603

NDB No. 36411 Restaurant, Latino, tamale, corn

18:4	S6603
Fatty acids, total monounsaturated	S6603
Fatty acids, total trans-monoenoic	S6603
20:3 n-3	S6603
Fructose	S6603
Water	S6603
Selenium, Se	S6603
4:0	S6603
18:2 undifferentiated	S6603
22:1 undifferentiated	S6603
17:0	S6603
24:0	S6603
20:3 undifferentiated	S6603
Glucose (dextrose)	S6603
Lactose	S6603
Maltose	S6603
Manganese, Mn	S6603
Cryptoxanthin, beta	S6603
Niacin	S6603
Valine	S6603
8:0	S6603
20:5 n-3 (EPA)	S6603
18:1 t	S6603
18:1 c	S6603
17:1	S6603
Fatty acids, total trans-polyenoic	S6603

NDB No. 36412 Restaurant, Latino, tamale, pork

Lactose	S6603
Sodium, Na	S6603
Cryptoxanthin, beta	S6603
Thiamin	S6603
Niacin	S6603
Cystine	S6603
Fatty acids, total trans	S6603

NDB No. 36412 Restaurant, Latino, tamale, pork

18:0	S6603
18:2 undifferentiated	S6603
16:1 undifferentiated	S6603
22:5 n-3 (DPA)	S6603
18:2 CLAs	S6603
18:2 n-6 c,c	S6603
Maltose	S6603
Fiber, total dietary	S6603
Magnesium, Mg	S6603
Zinc, Zn	S6603
Selenium, Se	S6603
Carotene, alpha	S6603
Vitamin E (alpha-tocopherol)	S6603
Tocopherol, beta	S6603
Tocopherol, delta	S6603
Vitamin B-6	S6603
Menaquinone-4	S6603
Isoleucine	S6603
Aspartic acid	S6603
Proline	S6603
Cholesterol	S6603
20:4 undifferentiated	S6603
20:5 n-3 (EPA)	S6603
20:2 n-6 c,c	S6603
16:1 c	S6603
18:3 n-6 c,c,c	S6603
Fatty acids, total trans-monoenoic	S6603
Fructose	S6603
6:0	S6603
20:0	S6603
14:1	S6603
16:1 t	S6603
18:2 t not further defined	S6603
Fatty acids, total trans-polyenoic	S6603
18:3 n-3 c,c,c (ALA)	S6603
Glucose (dextrose)	S6603
Galactose	S6603

NDB No. 36412 Restaurant, Latino, tamale, pork

Potassium, K	S6603
Riboflavin	S6603
Vitamin K (phylloquinone)	S6603
Tryptophan	S6603
Phenylalanine	S6603
Tyrosine	S6603
Valine	S6603
Glutamic acid	S6603
10:0	S6603
20:3 undifferentiated	S6603
22:4	S6603
Total lipid (fat)	S6603
Starch	S6603
Carotene, beta	S6603
Vitamin B-12	S6603
Arginine	S6603
Histidine	S6603
4:0	S6603
12:0	S6603
14:0	S6603
22:0	S6603
24:0	S6603
22:1 t	S6603
24:1 c	S6603
17:1	S6603
Ash	S6603
Sucrose	S6603
Sugars, total	S6603
Calcium, Ca	S6603
Copper, Cu	S6603
Manganese, Mn	S6603
Retinol	S6603
Tocopherol, gamma	S6603
Threonine	S6603
8:0	S6603
18:3 undifferentiated	S6603
22:1 undifferentiated	S6603

NDB No. 36412 Restaurant, Latino, tamale, pork

18:1 c	S6603
Water	S6603
Iron, Fe	S6603
Lutein + zeaxanthin	S6603
Pantothenic acid	S6603
Leucine	S6603
Methionine	S6603
Alanine	S6603
16:0	S6603
22:6 n-3 (DHA)	S6603
18:4	S6603
20:1	S6603
17:0	S6603
18:1 t	S6603
20:3 n-3	S6603
20:3 n-6	S6603
Protein	S6603
Phosphorus, P	S6603
Lycopene	S6603
Lysine	S6603
Glycine	S6603
Serine	S6603
Fatty acids, total saturated	S6603
18:1 undifferentiated	S6603
Fatty acids, total monounsaturated	S6603
Fatty acids, total polyunsaturated	S6603
15:0	S6603
22:1 c	S6603
15:1	S6603

NDB No. 36413 Restaurant, Latino, black bean soup

Protein	S6603
Ash	S6603
Iron, Fe	S6603
Sodium, Na	S6603
Vitamin E (alpha-tocopherol)	S6603

NDB No. 36413 Restaurant, Latino, black bean soup

Tocopherol, beta	S6603
Tocopherol, delta	S6603
Niacin	S6603
Phenylalanine	S6603
4:0	S6603
20:0	S6603
20:4 undifferentiated	S6603
14:1	S6603
22:5 n-3 (DPA)	S6603
17:0	S6603
24:1 c	S6603
20:2 n-6 c,c	S6603
22:1 c	S6603
18:3 n-3 c,c,c (ALA)	S6603
20:3 n-6	S6603
Sucrose	S6603
Lactose	S6603
Water	S6603
Magnesium, Mg	S6603
Betaine	S6603
Cystine	S6603
Tyrosine	S6603
Histidine	S6603
Aspartic acid	S6603
10:0	S6603
16:1 c	S6603
18:2 n-6 c,c	S6603
20:3 undifferentiated	S6603
22:4	S6603
Fructose	S6603
Fiber, total dietary	S6603
Phosphorus, P	S6603
Selenium, Se	S6603
Thiamin	S6603
Vitamin B-6	S6603
Vitamin B-12	S6603
Choline, total	S6603

NDB No. 36413 Restaurant, Latino, black bean soup

Vitamin K (phylloquinone)	S6603
Lysine	S6603
Glycine	S6603
Cholesterol	S6603
Fatty acids, total trans	S6603
Fatty acids, total saturated	S6603
Fatty acids, total polyunsaturated	S6603
Calcium, Ca	S6603
Tryptophan	S6603
Threonine	S6603
Methionine	S6603
Arginine	S6603
18:0	S6603
20:1	S6603
20:5 n-3 (EPA)	S6603
Fatty acids, total monounsaturated	S6603
15:0	S6603
16:1 t	S6603
18:2 t not further defined	S6603
18:2 CLAs	S6603
17:1	S6603
Fatty acids, total trans-polyenoic	S6603
15:1	S6603
20:3 n-3	S6603
Copper, Cu	S6603
Riboflavin	S6603
Menaquinone-4	S6603
Leucine	S6603
14:0	S6603
18:1 undifferentiated	S6603
18:3 undifferentiated	S6603
16:1 undifferentiated	S6603
18:3 n-6 c,c,c	S6603
Glucose (dextrose)	S6603
Proline	S6603
Serine	S6603
12:0	S6603

NDB No. 36413 Restaurant, Latino, black bean soup

16:0	S6603
22:6 n-3 (DHA)	S6603
22:0	S6603
22:1 undifferentiated	S6603
24:0	S6603
Total lipid (fat)	S6603
Sugars, total	S6603
Manganese, Mn	S6603
Pantothenic acid	S6603
Isoleucine	S6603
6:0	S6603
8:0	S6603
18:1 t	S6603
18:1 c	S6603
Starch	S6603
Maltose	S6603
Galactose	S6603
Potassium, K	S6603
Zinc, Zn	S6603
Retinol	S6603
Tocopherol, gamma	S6603
Valine	S6603
Alanine	S6603
Glutamic acid	S6603
18:2 undifferentiated	S6603
18:4	S6603
22:1 t	S6603
Fatty acids, total trans-monoenoic	S6603

NDB No. 36414 Restaurant, Latino, tripe soup

Protein	S6603
Manganese, Mn	S6603
Niacin	S6603
Fatty acids, total saturated	S6603
12:0	S6603
18:0	S6603

NDB No. 36414 Restaurant, Latino, tripe soup

14:1	S6603
20:5 n-3 (EPA)	S6603
Fatty acids, total monounsaturated	S6603
Fatty acids, total polyunsaturated	S6603
16:1 t	S6603
Fatty acids, total trans-polyenoic	S6603
Ash	S6603
Magnesium, Mg	S6603
Zinc, Zn	S6603
Tocopherol, gamma	S6603
Thiamin	S6603
Isoleucine	S6603
Methionine	S6603
Proline	S6603
10:0	S6603
18:1 undifferentiated	S6603
18:3 undifferentiated	S6603
20:4 undifferentiated	S6603
18:4	S6603
20:1	S6603
22:5 n-3 (DPA)	S6603
24:0	S6603
22:1 t	S6603
18:2 t not further defined	S6603
17:1	S6603
20:3 n-3	S6603
22:4	S6603
Calcium, Ca	S6603
Copper, Cu	S6603
Vitamin E (alpha-tocopherol)	S6603
Tocopherol, delta	S6603
Vitamin B-12	S6603
Choline, total	S6603
Vitamin K (phylloquinone)	S6603
Arginine	S6603
Alanine	S6603
8:0	S6603

NDB No. 36414 Restaurant, Latino, tripe soup

16:0	S6603
22:1 undifferentiated	S6603
17:0	S6603
20:2 n-6 c,c	S6603
18:3 n-3 c,c,c (ALA)	S6603
Water	S6603
Selenium, Se	S6603
Retinol	S6603
Pantothenic acid	S6603
4:0	S6603
20:0	S6603
22:6 n-3 (DHA)	S6603
18:3 n-6 c,c,c	S6603
Fatty acids, total trans-monoenoic	S6603
Total lipid (fat)	S6603
Vitamin B-6	S6603
Lysine	S6603
Cystine	S6603
Tyrosine	S6603
Serine	S6603
Cholesterol	S6603
6:0	S6603
14:0	S6603
22:0	S6603
16:1 undifferentiated	S6603
18:2 CLAs	S6603
24:1 c	S6603
16:1 c	S6603
20:3 undifferentiated	S6603
Iron, Fe	S6603
Potassium, K	S6603
Betaine	S6603
Threonine	S6603
Histidine	S6603
Glutamic acid	S6603
Fatty acids, total trans	S6603
18:1 t	S6603

NDB No. 36414 Restaurant, Latino, tripe soup

15:1	S6603
Phosphorus, P	S6603
Sodium, Na	S6603
Riboflavin	S6603
Tryptophan	S6603
Phenylalanine	S6603
18:2 undifferentiated	S6603
15:0	S6603
18:1 c	S6603
22:1 c	S6603
20:3 n-6	S6603
Tocopherol, beta	S6603
Menaquinone-4	S6603
Leucine	S6603
Valine	S6603
Aspartic acid	S6603
Glycine	S6603
18:2 n-6 c,c	S6603

NDB No. 36415 Restaurant, Latino, arepa (unleavened cornmeal bread)

Ash	S6603
Magnesium, Mg	S6603
Phosphorus, P	S6603
Potassium, K	S6603
Manganese, Mn	S6603
Vitamin E (alpha-tocopherol)	S6603
Lycopene	S6603
Lutein + zeaxanthin	S6603
Tocopherol, delta	S6603
Thiamin	S6603
Choline, total	S6603
Alanine	S6603
Cholesterol	S6603
6:0	S6603
18:2 undifferentiated	S6603
17:0	S6603

NDB No. 36415 Restaurant, Latino, arepa (unleavened cornmeal bread)

22:1 t	S6603
18:2 n-6 c,c	S6603
20:3 n-3	S6603
Total lipid (fat)	S6603
Retinol	S6603
Tocopherol, beta	S6603
Niacin	S6603
Isoleucine	S6603
Methionine	S6603
Glycine	S6603
Serine	S6603
12:0	S6603
16:0	S6603
20:0	S6603
16:1 undifferentiated	S6603
Fatty acids, total monounsaturated	S6603
Fatty acids, total polyunsaturated	S6603
18:1 c	S6603
18:3 n-6 c,c,c	S6603
Fatty acids, total trans-monoenoic	S6603
18:3 n-3 c,c,c (ALA)	S6603
Water	S6603
Galactose	S6603
Calcium, Ca	S6603
Zinc, Zn	S6603
Carotene, beta	S6603
Tocopherol, gamma	S6603
Vitamin B-6	S6603
Vitamin B-12	S6603
Betaine	S6603
Lysine	S6603
Aspartic acid	S6603
Proline	S6603
18:0	S6603
20:4 undifferentiated	S6603
22:0	S6603

NDB No. 36415 Restaurant, Latino, arepa (unleavened cornmeal bread)

18:4	S6603
22:1 undifferentiated	S6603
20:3 n-6	S6603
Copper, Cu	S6603
Cryptoxanthin, beta	S6603
Threonine	S6603
Tyrosine	S6603
Valine	S6603
Arginine	S6603
Fatty acids, total saturated	S6603
8:0	S6603
18:1 undifferentiated	S6603
15:0	S6603
24:0	S6603
16:1 t	S6603
18:2 t not further defined	S6603
Fatty acids, total trans-polyenoic	S6603
Protein	S6603
Lactose	S6603
Pantothenic acid	S6603
Fatty acids, total trans	S6603
22:6 n-3 (DHA)	S6603
20:5 n-3 (EPA)	S6603
18:2 CLAs	S6603
17:1	S6603
20:3 undifferentiated	S6603
Maltose	S6603
Sugars, total	S6603
Fiber, total dietary	S6603
Sodium, Na	S6603
Selenium, Se	S6603
Riboflavin	S6603
Tryptophan	S6603
Cystine	S6603
14:0	S6603
22:5 n-3 (DPA)	S6603
18:1 t	S6603

NDB No. 36415 Restaurant, Latino, arepa (unleavened cornmeal bread)

Glucose (dextrose)	S6603
Iron, Fe	S6603
Leucine	S6603
Histidine	S6603
Glutamic acid	S6603
10:0	S6603
18:3 undifferentiated	S6603
20:1	S6603
20:2 n-6 c,c	S6603
16:1 c	S6603
22:1 c	S6603
15:1	S6603
22:4	S6603
Sucrose	S6603
Fructose	S6603
Carotene, alpha	S6603
Menaquinone-4	S6603
Vitamin K (phylloquinone)	S6603
Phenylalanine	S6603
4:0	S6603
14:1	S6603
24:1 c	S6603

NDB No. 36416 Restaurant, Latino, bunuelos (fried yeast bread)

Fiber, total dietary	S6603
Selenium, Se	S6603
Tocopherol, beta	S6603
Methionine	S6603
Histidine	S6603
Glutamic acid	S6603
20:0	S6603
18:4	S6603
20:5 n-3 (EPA)	S6603
18:2 n-6 c,c	S6603
Fatty acids, total trans-polyenoic	S6603
Protein	S6603

NDB No. 36416 Restaurant, Latino, bunuelos (fried yeast bread)

Sucrose	S6603
Lactose	S6603
Potassium, K	S6603
Pantothenic acid	S6603
Leucine	S6603
Valine	S6603
Glycine	S6603
Fatty acids, total saturated	S6603
4:0	S6603
10:0	S6603
16:1 t	S6603
24:1 c	S6603
16:1 c	S6603
Total lipid (fat)	S6603
Glucose (dextrose)	S6603
Fructose	S6603
Sugars, total	S6603
Sodium, Na	S6603
Niacin	S6603
Isoleucine	S6603
Lysine	S6603
Cystine	S6603
Phenylalanine	S6603
Arginine	S6603
Serine	S6603
Fatty acids, total trans	S6603
16:0	S6603
18:3 undifferentiated	S6603
17:1	S6603
15:1	S6603
22:4	S6603
Ash	S6603
Water	S6603
Iron, Fe	S6603
Manganese, Mn	S6603
Vitamin K (phylloquinone)	S6603
Threonine	S6603

NDB No. 36416 Restaurant, Latino, bunuelos (fried yeast bread)

18:2 undifferentiated	S6603
16:1 undifferentiated	S6603
Fatty acids, total monounsaturated	S6603
15:0	S6603
18:1 c	S6603
Tryptophan	S6603
18:1 undifferentiated	S6603
22:0	S6603
20:1	S6603
Fatty acids, total trans-monoenoic	S6603
20:3 n-3	S6603
Maltose	S6603
Magnesium, Mg	S6603
Copper, Cu	S6603
Thiamin	S6603
Riboflavin	S6603
Choline, total	S6603
Menaquinone-4	S6603
6:0	S6603
12:0	S6603
18:0	S6603
14:1	S6603
22:1 undifferentiated	S6603
Fatty acids, total polyunsaturated	S6603
18:1 t	S6603
20:2 n-6 c,c	S6603
Starch	S6603
Calcium, Ca	S6603
Zinc, Zn	S6603
Tocopherol, gamma	S6603
Tocopherol, delta	S6603
Tyrosine	S6603
Aspartic acid	S6603
22:6 n-3 (DHA)	S6603
17:0	S6603
24:0	S6603

NDB No. 36416 Restaurant, Latino, bunuelos (fried yeast bread)

22:1 t	S6603
18:3 n-6 c,c,c	S6603
20:3 undifferentiated	S6603
20:3 n-6	S6603
Galactose	S6603
Phosphorus, P	S6603
Vitamin E (alpha-tocopherol)	S6603
Vitamin B-6	S6603
Dihydrophylloquinone	S6603
Betaine	S6603
Alanine	S6603
Proline	S6603
8:0	S6603
14:0	S6603
20:4 undifferentiated	S6603
22:5 n-3 (DPA)	S6603
18:2 t not further defined	S6603
18:2 CLAs	S6603
22:1 c	S6603
18:3 n-3 c,c,c (ALA)	S6603

NDB No. 36601 Restaurant, Chinese, egg rolls, assorted

Total lipid (fat)	S3551
Zinc, Zn	S3551
Vitamin C, total ascorbic acid	S3551
Riboflavin	S3551
Dihydrophylloquinone	S3551
Leucine	S3551
Lysine	S3551
Cystine	S3551
Glutamic acid	S3551
18:0	S3551
Fatty acids, total polyunsaturated	S3551
18:2 n-6 c,c	S3551
Lactose	S3551
Isoleucine	S3551

NDB No. 36601 Restaurant, Chinese, egg rolls, assorted

Cholesterol	S3551
8:0	S3551
18:3 undifferentiated	S3551
14:1	S3551
18:1 t	S3551
20:3 undifferentiated	S3551
Fatty acids, total trans-polyenoic	S3551
15:1	S3551
Ash	S3551
Fructose	S3551
Maltose	S3551
Vitamin B-12	S3551
Menaquinone-4	S3551
Threonine	S3551
Valine	S3551
Histidine	S3551
Hydroxyproline	S3551
18:1 undifferentiated	S3551
20:2 n-6 c,c	S3551
18:1 c	S3551
17:1	S3551
Water	S3551
Copper, Cu	S3551
Phenylalanine	S3551
Arginine	S3551
Aspartic acid	S3551
Fatty acids, total saturated	S3551
20:4 undifferentiated	S3551
17:0	S3551
18:2 t,t	S3551
Glucose (dextrose)	S3551
Phosphorus, P	S3551
Niacin	S3551
Vitamin B-6	S3551
Betaine	S3551
Tryptophan	S3551
Methionine	S3551

NDB No. 36601 Restaurant, Chinese, egg rolls, assorted

Glycine	S3551
12:0	S3551
14:0	S3551
20:0	S3551
18:2 undifferentiated	S3551
22:0	S3551
15:0	S3551
18:3 n-6 c,c,c	S3551
Calcium, Ca	S3551
Potassium, K	S3551
Selenium, Se	S3551
Tyrosine	S3551
Serine	S3551
16:0	S3551
Fatty acids, total monounsaturated	S3551
Fiber, total dietary	S3551
Iron, Fe	S3551
Thiamin	S3551
Pantothenic acid	S3551
Vitamin K (phylloquinone)	S3551
10:0	S3551
Fatty acids, total trans-monoenoic	S3551
Protein	S3551
Starch	S3551
Sucrose	S3551
Magnesium, Mg	S3551
Sodium, Na	S3551
Manganese, Mn	S3551
Choline, total	S3551
Alanine	S3551
Proline	S3551
Fatty acids, total trans	S3551
16:1 undifferentiated	S3551
20:1	S3551
18:3 n-3 c,c,c (ALA)	S3551

NDB No. 36602 Restaurant, Chinese, fried rice

Ash	S3551
Galactose	S3551
Calcium, Ca	S3551, S5881, S3841, S4061
Iron, Fe	S3551, S5881, S3841, S4061
Thiamin	S3551
Vitamin K (phylloquinone)	S3551
Tryptophan	S3551
Histidine	S3551
8:0	S3551
18:0	S3551
18:3 undifferentiated	S3551
22:0	S3551
18:1 t	S3551
18:3 n-3 c,c,c (ALA)	S3551
20:3 n-3	S3551
20:3 n-6	S3551
Starch	S3551
Lactose	S3551
Tocopherol, beta	S3551
Niacin	S3551
Dihydrophylloquinone	S3551
Folate, food	S3551
Threonine	S3551
Alanine	S3551
Serine	S3551
Cholesterol	S3551
12:0	S3551
Fatty acids, total monounsaturated	S3551
20:2 n-6 c,c	S3551
16:1 c	S3551
15:1	S3551
Water	S3551, S5881
Zinc, Zn	S3551, S5881, S3841, S4061
Menaquinone-4	S3551
Lysine	S3551
Methionine	S3551
Cystine	S3551

NDB No. 36602 Restaurant, Chinese, fried rice

Glutamic acid	S3551
14:0	S3551
18:2 undifferentiated	S3551
22:6 n-3 (DHA)	S3551
22:1 undifferentiated	S3551
24:1 c	S3551
18:2 n-6 c,c	S3551
Total lipid (fat)	S3551
Glucose (dextrose)	S3551
Phosphorus, P	S3551, S5881, S3841, S4061
Potassium, K	S3551, S5881, S3841, S4061
Leucine	S3551
Glycine	S3551
Fatty acids, total trans	S3551
20:4 undifferentiated	S3551
14:1	S3551
20:5 n-3 (EPA)	S3551
15:0	S3551
18:2 t not further defined	S3551
Maltose	S3551
Sodium, Na	S3551, S5881, S3841, S4061
Tocopherol, gamma	S3551
Vitamin B-6	S3551
Folate, total	S3551
Tyrosine	S3551
Arginine	S3551
Fatty acids, total saturated	S3551
10:0	S3551
22:1 t	S3551
18:2 CLAs	S3551
20:3 undifferentiated	S3551
Fructose	S3551
Copper, Cu	S3551, S5881, S3841, S4061
Isoleucine	S3551
Valine	S3551
Proline	S3551
16:0	S3551

NDB No. 36602 Restaurant, Chinese, fried rice

20:0	S3551
18:1 undifferentiated	S3551
18:4	S3551
Fatty acids, total polyunsaturated	S3551
18:3 n-6 c,c,c	S3551
Fatty acids, total trans-polyenoic	S3551
22:4	S3551
Protein	S3551
Sugars, total	S3551
Manganese, Mn	S3551, S5881, S3841, S4061
Selenium, Se	S5881, S3841, S4061
Vitamin B-12	S3551
Folic acid	S3551
Phenylalanine	S3551
Aspartic acid	S3551
20:1	S3551
24:0	S3551
16:1 t	S3551
17:1	S3551
Sucrose	S3551
Fiber, total dietary	S3551
Magnesium, Mg	S3551, S5881, S3841, S4061
Vitamin E (alpha-tocopherol)	S3551
Tocopherol, delta	S3551
Riboflavin	S3551
4:0	S3551
6:0	S3551
16:1 undifferentiated	S3551
22:5 n-3 (DPA)	S3551
17:0	S3551
18:1 c	S3551
22:1 c	S3551
Fatty acids, total trans-monoenoic	S3551

NDB No. 36603 Restaurant, Chinese, beef and vegetables

Protein	S6604

NDB No. 36603 Restaurant, Chinese, beef and vegetables

Carotene, beta	S6604
Carotene, alpha	S6604
Vitamin E (alpha-tocopherol)	S6604
Cryptoxanthin, beta	S6604
Vitamin K (phylloquinone)	S6604
Tryptophan	S6604
Cystine	S6604
Glutamic acid	S6604
18:2 undifferentiated	S6604
22:1 undifferentiated	S6604
16:1 t	S6604
18:1 c	S6604
Ash	S6604
Sucrose	S6604
Glucose (dextrose)	S6604
Maltose	S6604
Galactose	S6604
Retinol	S6604
Lycopene	S6604
Tocopherol, beta	S6604
Vitamin B-12	S6604
Isoleucine	S6604
12:0	S6604
20:4 undifferentiated	S6604
18:2 CLAs	S6604
20:2 n-6 c,c	S6604
16:1 c	S6604
18:2 n-6 c,c	S6604
18:3 n-6 c,c,c	S6604
20:3 undifferentiated	S6604
22:4	S6604
Total lipid (fat)	S6604
Fiber, total dietary	S6604
Tocopherol, delta	S6604
Choline, total	S6604
Leucine	S6604
18:3 undifferentiated	S6604

NDB No. 36603 Restaurant, Chinese, beef and vegetables

16:1 undifferentiated	S6604
15:1	S6604
Starch	S6604
Lactose	S6604
Magnesium, Mg	S5881, S3841, S4061, S6604
Potassium, K	S5881, S3841, S4061, S6604
Tocopherol, gamma	S6604
Vitamin C, total ascorbic acid	S6604
Betaine	S6604
Aspartic acid	S6604
Serine	S6604
Cholesterol	S6604
Fatty acids, total saturated	S6604
18:1 undifferentiated	S6604
20:1	S6604
17:1	S6604
Fructose	S6604
Sodium, Na	S5881, S3841, S4061, S6604
Lutein + zeaxanthin	S6604
Threonine	S6604
Lysine	S6604
Alanine	S6604
Glycine	S6604
18:0	S6604
14:1	S6604
24:0	S6604
Fatty acids, total trans-monoenoic	S6604
20:3 n-3	S6604
Calcium, Ca	S5881, S3841, S4061, S6604
Iron, Fe	S5881, S3841, S4061, S6604
Riboflavin	S6604
Pantothenic acid	S6604
Vitamin B-6	S6604
8:0	S6604
18:4	S6604
22:5 n-3 (DPA)	S6604
24:1 c	S6604

NDB No. 36603 Restaurant, Chinese, beef and vegetables

Fatty acids, total trans-polyenoic	S6604
18:3 n-3 c,c,c (ALA)	S6604
20:3 n-6	S6604
Water	S5881, S6604
Phosphorus, P	S5881, S3841, S4061, S6604
Copper, Cu	S5881, S3841, S4061, S6604
Thiamin	S6604
Menaquinone-4	S6604
Methionine	S6604
Valine	S6604
Arginine	S6604
Histidine	S6604
Proline	S6604
16:0	S6604
20:0	S6604
22:6 n-3 (DHA)	S6604
22:0	S6604
20:5 n-3 (EPA)	S6604
Fatty acids, total monounsaturated	S6604
15:0	S6604
22:1 t	S6604
18:2 t not further defined	S6604
Sugars, total	S6604
Zinc, Zn	S5881, S3841, S4061, S6604
Manganese, Mn	S5881, S3841, S4061, S6604
Selenium, Se	S5881, S3841, S4061, S6604
Niacin	S6604
Phenylalanine	S6604
Tyrosine	S6604
Fatty acids, total trans	S6604
4:0	S6604
6:0	S6604
10:0	S6604
14:0	S6604
Fatty acids, total polyunsaturated	S6604
17:0	S6604
18:1 t	S6604

NDB No. 36603 Restaurant, Chinese, beef and vegetables

22:1 c	S6604

NDB No. 36604 CRACKER BARREL, chicken tenderloin platter, fried, from kid's menu

Proline	S5801
Fatty acids, total trans	S5801
14:0	S5801
18:2 undifferentiated	S5801
20:1	S5801
22:1 undifferentiated	S5801
24:0	S5801
18:2 n-6 c,c	S5801
20:3 n-6	S5801
Isoleucine	S5801
Histidine	S5801
12:0	S5801
20:0	S5801
18:4	S5801
22:5 n-3 (DPA)	S5801
18:2 CLAs	S5801
20:2 n-6 c,c	S5801
18:3 n-6 c,c,c	S5801
Dihydrophylloquinone	S5801
Tryptophan	S5801
Leucine	S5801
Lysine	S5801
Tyrosine	S5801
Valine	S5801
Alanine	S5801
Serine	S5801
20:5 n-3 (EPA)	S5801
24:1 c	S5801
22:4	S5801
Protein	S5801
Zinc, Zn	S5801
Manganese, Mn	S5801
Niacin	S5801

NDB No. 36604 CRACKER BARREL, chicken tenderloin platter, fried, from kid's menu

Methionine	S5801
Cystine	S5801
Cholesterol	S5801
16:1 undifferentiated	S5801
Fatty acids, total monounsaturated	S5801
15:0	S5801
16:1 t	S5801
18:2 t not further defined	S5801
17:1	S5801
20:3 undifferentiated	S5801
Fatty acids, total trans-polyenoic	S5801
20:3 n-3	S5801
Total lipid (fat)	S5801
Fiber, total dietary	S5801
Thiamin	S5801
Pantothenic acid	S5801
10:0	S5801
20:4 undifferentiated	S5801
14:1	S5801
Magnesium, Mg	S5801
Sodium, Na	S5801
Selenium, Se	S5801
Riboflavin	S5801
Vitamin K (phylloquinone)	S5801
Aspartic acid	S5801
Glycine	S5801
Fatty acids, total saturated	S5801
18:0	S5801
22:0	S5801
Fatty acids, total polyunsaturated	S5801
16:1 c	S5801
22:1 c	S5801
Calcium, Ca	S5801
Potassium, K	S5801
Vitamin B-6	S5801
Vitamin B-12	S5801
Threonine	S5801

NDB No. 36604 CRACKER BARREL, chicken tenderloin platter, fried, from kid's menu

22:6 n-3 (DHA)	S5801
17:0	S5801
18:1 t	S5801
18:1 c	S5801
Fatty acids, total trans-monoenoic	S5801
18:3 n-3 c,c,c (ALA)	S5801
Ash	S5801
Water	S5801
Iron, Fe	S5801
Phosphorus, P	S5801
Copper, Cu	S5801
Retinol	S5801
Menaquinone-4	S5801
Phenylalanine	S5801
Arginine	S5801
Glutamic acid	S5801
8:0	S5801
16:0	S5801
18:1 undifferentiated	S5801
18:3 undifferentiated	S5801
22:1 t	S5801
15:1	S5801

NDB No. 36605 CRACKER BARREL, country fried shrimp platter

Ash	S5801
Starch	S5801
Copper, Cu	S5801
Vitamin B-12	S5801
Tryptophan	S5801
Histidine	S5801
8:0	S5801
16:0	S5801
18:0	S5801
20:0	S5801
Fatty acids, total polyunsaturated	S5801
18:2 t not further defined	S5801

NDB No. 36605 CRACKER BARREL, country fried shrimp platter

24:1 c	S5801
20:2 n-6 c,c	S5801
18:2 n-6 c,c	S5801
20:3 undifferentiated	S5801
Fatty acids, total trans-polyenoic	S5801
20:3 n-6	S5801
Retinol	S5801
Isoleucine	S5801
Aspartic acid	S5801
10:0	S5801
18:1 t	S5801
18:3 n-6 c,c,c	S5801
Iron, Fe	S5801
Potassium, K	S5801
Selenium, Se	S5801
Riboflavin	S5801
Threonine	S5801
Fatty acids, total trans	S5801
18:1 undifferentiated	S5801
14:1	S5801
20:1	S5801
20:5 n-3 (EPA)	S5801
22:5 n-3 (DPA)	S5801
18:2 CLAs	S5801
16:1 c	S5801
18:1 c	S5801
22:1 c	S5801
Magnesium, Mg	S5801
Pantothenic acid	S5801
Cystine	S5801
14:0	S5801
22:6 n-3 (DHA)	S5801
Fatty acids, total monounsaturated	S5801
15:0	S5801
16:1 t	S5801
Fatty acids, total trans-monoenoic	S5801

NDB No. 36605 CRACKER BARREL, country fried shrimp platter

22:4	S5801
Protein	S5801
Calcium, Ca	S5801
Sodium, Na	S5801
Zinc, Zn	S5801
Niacin	S5801
Valine	S5801
Proline	S5801
20:4 undifferentiated	S5801
17:0	S5801
18:3 n-3 c,c,c (ALA)	S5801
20:3 n-3	S5801
Water	S5801
Phosphorus, P	S5801
Manganese, Mn	S5801
Vitamin B-6	S5801
Vitamin K (phylloquinone)	S5801
Leucine	S5801
Lysine	S5801
Phenylalanine	S5801
Alanine	S5801
18:3 undifferentiated	S5801
18:4	S5801
22:1 undifferentiated	S5801
15:1	S5801
Total lipid (fat)	S5801
Fiber, total dietary	S5801
Dihydrophylloquinone	S5801
Methionine	S5801
Tyrosine	S5801
Cholesterol	S5801
12:0	S5801
16:1 undifferentiated	S5801
17:1	S5801
Thiamin	S5801
Menaquinone-4	S5801
Arginine	S5801

NDB No. 36605 CRACKER BARREL, country fried shrimp platter

Glutamic acid	S5801
Glycine	S5801
Serine	S5801
Fatty acids, total saturated	S5801
18:2 undifferentiated	S5801
22:0	S5801
24:0	S5801
22:1 t	S5801

NDB No. 36606 CRACKER BARREL, farm raised catfish platter

Fiber, total dietary	S5801
Iron, Fe	S5801
Manganese, Mn	S5801
18:0	S5801
20:4 undifferentiated	S5801
22:0	S5801
18:2 t not further defined	S5801
18:2 CLAs	S5801
18:3 n-3 c,c,c (ALA)	S5801
20:3 n-6	S5801
Phosphorus, P	S5801
Riboflavin	S5801
Niacin	S5801
Vitamin B-12	S5801
Cystine	S5801
Arginine	S5801
Alanine	S5801
Aspartic acid	S5801
Proline	S5801
Fatty acids, total saturated	S5801
18:1 undifferentiated	S5801
18:2 undifferentiated	S5801
22:6 n-3 (DHA)	S5801
22:1 undifferentiated	S5801
15:0	S5801
17:0	S5801

NDB No. 36606 CRACKER BARREL, farm raised catfish platter

24:1 c	S5801
18:1 c	S5801
22:1 c	S5801
Protein	S5801
Total lipid (fat)	S5801
Ash	S5801
Magnesium, Mg	S5801
Zinc, Zn	S5801
Thiamin	S5801
Dihydrophylloquinone	S5801
Vitamin K (phylloquinone)	S5801
Threonine	S5801
Leucine	S5801
Methionine	S5801
8:0	S5801
14:0	S5801
22:4	S5801
Selenium, Se	S5801
Histidine	S5801
Cholesterol	S5801
Fatty acids, total trans	S5801
20:1	S5801
20:5 n-3 (EPA)	S5801
Fatty acids, total monounsaturated	S5801
16:1 t	S5801
20:3 undifferentiated	S5801
Potassium, K	S5801
Retinol	S5801
Lysine	S5801
Phenylalanine	S5801
Glutamic acid	S5801
12:0	S5801
16:0	S5801
20:0	S5801
18:3 undifferentiated	S5801
16:1 undifferentiated	S5801
24:0	S5801

NDB No. 36606 CRACKER BARREL, farm raised catfish platter

18:2 n-6 c,c	S5801
15:1	S5801
Sodium, Na	S5801
Menaquinone-4	S5801
Tyrosine	S5801
Valine	S5801
Glycine	S5801
22:5 n-3 (DPA)	S5801
18:1 t	S5801
18:3 n-6 c,c,c	S5801
Fatty acids, total trans-monoenoic	S5801
Water	S5801
Vitamin B-6	S5801
Tryptophan	S5801
Isoleucine	S5801
Serine	S5801
14:1	S5801
18:4	S5801
Fatty acids, total polyunsaturated	S5801
22:1 t	S5801
Fatty acids, total trans-polyenoic	S5801
20:3 n-3	S5801
Calcium, Ca	S5801
Copper, Cu	S5801
Pantothenic acid	S5801
10:0	S5801
20:2 n-6 c,c	S5801
16:1 c	S5801
17:1	S5801

NDB No. 36607 CRACKER BARREL, steak fries

Phosphorus, P	S5801
Selenium, Se	S5801
Dihydrophylloquinone	S5801
20:0	S5801

NDB No. 36607 CRACKER BARREL, steak fries

18:2 undifferentiated	S5801
14:1	S5801
18:4	S5801
18:1 t	S5801
18:1 c	S5801
22:1 c	S5801
Water	S5801
Riboflavin	S5801
Vitamin B-6	S5801
Menaquinone-4	S5801
Cystine	S5801
Tyrosine	S5801
12:0	S5801
16:0	S5801
20:5 n-3 (EPA)	S5801
24:0	S5801
18:2 t not further defined	S5801
16:1 c	S5801
Manganese, Mn	S5801
Isoleucine	S5801
Valine	S5801
Glutamic acid	S5801
Fatty acids, total saturated	S5801
22:5 n-3 (DPA)	S5801
18:3 n-6 c,c,c	S5801
20:3 n-3	S5801
Fiber, total dietary	S5801
Phenylalanine	S5801
Fatty acids, total trans	S5801
22:6 n-3 (DHA)	S5801
Fatty acids, total monounsaturated	S5801
Fatty acids, total polyunsaturated	S5801
18:2 n-6 c,c	S5801
17:1	S5801
Fatty acids, total trans-polyenoic	S5801
20:3 n-6	S5801

NDB No. 36607 CRACKER BARREL, steak fries

Protein	S5801
Total lipid (fat)	S5801
Magnesium, Mg	S5801
Thiamin	S5801
Tryptophan	S5801
Leucine	S5801
Methionine	S5801
Proline	S5801
Serine	S5801
Cholesterol	S5801
18:0	S5801
20:4 undifferentiated	S5801
20:1	S5801
22:1 undifferentiated	S5801
Stigmasterol	S5801
Beta-sitosterol	S5801
16:1 t	S5801
24:1 c	S5801
Niacin	S5801
Lysine	S5801
Arginine	S5801
Histidine	S5801
10:0	S5801
14:0	S5801
22:0	S5801
Campesterol	S5801
17:0	S5801
20:3 undifferentiated	S5801
Fatty acids, total trans-monoenoic	S5801
15:1	S5801
18:3 n-3 c,c,c (ALA)	S5801
22:4	S5801
Starch	S5801
Calcium, Ca	S5801
Sodium, Na	S5801
Vitamin K (phylloquinone)	S5801

NDB No. 36607 CRACKER BARREL, steak fries

Alanine	S5801
Aspartic acid	S5801
Glycine	S5801
8:0	S5801
16:1 undifferentiated	S5801
15:0	S5801
Ash	S5801
Iron, Fe	S5801
Potassium, K	S5801
Zinc, Zn	S5801
Copper, Cu	S5801
Pantothenic acid	S5801
Threonine	S5801
18:1 undifferentiated	S5801
18:3 undifferentiated	S5801
22:1 t	S5801
18:2 CLAs	S5801
20:2 n-6 c,c	S5801

NDB No. 36608 CRACKER BARREL, grilled sirloin steak

Ash	S5801
Niacin	S5801
Pantothenic acid	S5801
Fatty acids, total trans	S5801
10:0	S5801
18:0	S5801
20:0	S5801
20:1	S5801
17:0	S5801
18:2 t not further defined	S5801
18:2 n-6 c,c	S5801
20:3 undifferentiated	S5801
Selenium, Se	S5801
Vitamin K (phylloquinone)	S5801
Tryptophan	S5801
Phenylalanine	S5801

NDB No. 36608 CRACKER BARREL, grilled sirloin steak

Aspartic acid	S5801
18:3 undifferentiated	S5801
22:0	S5801
20:5 n-3 (EPA)	S5801
22:1 undifferentiated	S5801
16:1 t	S5801
22:1 t	S5801
Calcium, Ca	S5801
Magnesium, Mg	S5801
Potassium, K	S5801
Vitamin B-12	S5801
Dihydrophylloquinone	S5801
Leucine	S5801
Lysine	S5801
Tyrosine	S5801
Glutamic acid	S5801
Glycine	S5801
Serine	S5801
14:0	S5801
22:5 n-3 (DPA)	S5801
24:0	S5801
20:2 n-6 c,c	S5801
18:1 c	S5801
18:3 n-6 c,c,c	S5801
15:1	S5801
20:3 n-6	S5801
Total lipid (fat)	S5801
Zinc, Zn	S5801
Copper, Cu	S5801
Cystine	S5801
Arginine	S5801
Alanine	S5801
12:0	S5801
20:4 undifferentiated	S5801
18:4	S5801
Fatty acids, total monounsaturated	S5801
Fatty acids, total polyunsaturated	S5801

NDB No. 36608 CRACKER BARREL, grilled sirloin steak

22:1 c	S5801
22:4	S5801
Vitamin B-6	S5801
Menaquinone-4	S5801
22:6 n-3 (DHA)	S5801
14:1	S5801
15:0	S5801
Fatty acids, total trans-polyenoic	S5801
Water	S5801
Phosphorus, P	S5801
Sodium, Na	S5801
Manganese, Mn	S5801
Isoleucine	S5801
Fatty acids, total saturated	S5801
16:0	S5801
16:1 undifferentiated	S5801
20:3 n-3	S5801
Protein	S5801
Iron, Fe	S5801
Thiamin	S5801
Riboflavin	S5801
Threonine	S5801
Proline	S5801
Cholesterol	S5801
18:2 undifferentiated	S5801
18:1 t	S5801
18:2 CLAs	S5801
16:1 c	S5801
17:1	S5801
Methionine	S5801
Valine	S5801
Histidine	S5801
8:0	S5801
18:1 undifferentiated	S5801
24:1 c	S5801
Fatty acids, total trans-monoenoic	S5801
18:3 n-3 c,c,c (ALA)	S5801

NDB No. 36609 CRACKER BARREL, macaroni n' cheese plate, from kid's menu

Zinc, Zn	S5801
Retinol	S5801
Menaquinone-4	S5801
Phenylalanine	S5801
4:0	S5801
8:0	S5801
12:0	S5801
18:0	S5801
20:0	S5801
18:1 undifferentiated	S5801
Fatty acids, total monounsaturated	S5801
18:2 CLAs	S5801
16:1 c	S5801
20:3 undifferentiated	S5801
Phosphorus, P	S5801
Riboflavin	S5801
Tyrosine	S5801
Aspartic acid	S5801
Cholesterol	S5801
24:0	S5801
24:1 c	S5801
22:1 c	S5801
18:3 n-3 c,c,c (ALA)	S5801
Total lipid (fat)	S5801
Starch	S5801
Fiber, total dietary	S5801
Manganese, Mn	S5801
Dihydrophylloquinone	S5801
Threonine	S5801
Isoleucine	S5801
Methionine	S5801
Glycine	S5801
18:2 undifferentiated	S5801
20:1	S5801
22:5 n-3 (DPA)	S5801
15:0	S5801
18:2 t not further defined	S5801

NDB No. 36609 CRACKER BARREL, macaroni n' cheese plate, from kid's menu

Magnesium, Mg	S5801
Niacin	S5801
Vitamin K (phylloquinone)	S5801
Valine	S5801
Alanine	S5801
20:4 undifferentiated	S5801
22:6 n-3 (DHA)	S5801
22:0	S5801
16:1 undifferentiated	S5801
18:4	S5801
17:0	S5801
18:2 n-6 c,c	S5801
Fatty acids, total trans-monoenoic	S5801
20:3 n-6	S5801
Protein	S5801
Water	S5801
Pantothenic acid	S5801
Cystine	S5801
Serine	S5801
10:0	S5801
16:0	S5801
22:1 undifferentiated	S5801
18:3 n-6 c,c,c	S5801
22:4	S5801
Potassium, K	S5801
Thiamin	S5801
Leucine	S5801
Arginine	S5801
Glutamic acid	S5801
Fatty acids, total trans	S5801
Fatty acids, total saturated	S5801
6:0	S5801
16:1 t	S5801
22:1 t	S5801
15:1	S5801
Calcium, Ca	S5801
Sodium, Na	S5801

NDB No. 36609 CRACKER BARREL, macaroni n' cheese plate, from kid's menu

Copper, Cu	S5801
Selenium, Se	S5801
Vitamin B-6	S5801
Vitamin B-12	S5801
Tryptophan	S5801
14:1	S5801
20:5 n-3 (EPA)	S5801
Fatty acids, total polyunsaturated	S5801
20:2 n-6 c,c	S5801
18:1 c	S5801
17:1	S5801
20:3 n-3	S5801
Ash	S5801
Iron, Fe	S5801
Lysine	S5801
Histidine	S5801
Proline	S5801
14:0	S5801
18:3 undifferentiated	S5801
18:1 t	S5801
Fatty acids, total trans-polyenoic	S5801

NDB No. 36610 DENNY'S, French fries

Protein	S5801
Selenium, Se	S5801
Pantothenic acid	S5801
Tyrosine	S5801
Glycine	S5801
10:0	S5801
18:4	S5801
20:1	S5801
Campesterol	S5801
22:1 t	S5801
Iron, Fe	S5801
Magnesium, Mg	S5801
Potassium, K	S5801

NDB No. 36610 DENNY'S, French fries

Vitamin B-6	S5801
Dihydrophylloquinone	S5801
Lysine	S5801
8:0	S5801
16:0	S5801
18:3 undifferentiated	S5801
20:5 n-3 (EPA)	S5801
24:0	S5801
24:1 c	S5801
17:1	S5801
20:3 n-3	S5801
Fiber, total dietary	S5801
Vitamin K (phylloquinone)	S5801
Threonine	S5801
Aspartic acid	S5801
Fatty acids, total saturated	S5801
18:1 undifferentiated	S5801
18:2 undifferentiated	S5801
Beta-sitosterol	S5801
Fatty acids, total polyunsaturated	S5801
18:2 t not further defined	S5801
22:1 c	S5801
18:3 n-3 c,c,c (ALA)	S5801
Total lipid (fat)	S5801
Ash	S5801
Calcium, Ca	S5801
Manganese, Mn	S5801
Isoleucine	S5801
Valine	S5801
Histidine	S5801
22:6 n-3 (DHA)	S5801
22:1 undifferentiated	S5801
Fatty acids, total monounsaturated	S5801
18:1 c	S5801
18:2 n-6 c,c	S5801
15:1	S5801
22:4	S5801

NDB No. 36610 DENNY'S, French fries

Starch	S5801
Sodium, Na	S5801
Methionine	S5801
Glutamic acid	S5801
12:0	S5801
14:0	S5801
18:0	S5801
20:0	S5801
14:1	S5801
16:1 c	S5801
20:3 undifferentiated	S5801
20:3 n-6	S5801
Water	S5801
Phosphorus, P	S5801
Thiamin	S5801
Niacin	S5801
Tryptophan	S5801
Arginine	S5801
Proline	S5801
Serine	S5801
Cholesterol	S5801
Fatty acids, total trans	S5801
22:0	S5801
16:1 undifferentiated	S5801
Stigmasterol	S5801
15:0	S5801
16:1 t	S5801
Zinc, Zn	S5801
Copper, Cu	S5801
Cystine	S5801
Phenylalanine	S5801
20:4 undifferentiated	S5801
20:2 n-6 c,c	S5801
18:3 n-6 c,c,c	S5801
Riboflavin	S5801
Menaquinone-4	S5801
Leucine	S5801

NDB No. 36610 DENNY'S, French fries

Alanine	S5801
22:5 n-3 (DPA)	S5801
17:0	S5801
18:1 t	S5801
18:2 CLAs	S5801
Fatty acids, total trans-monoenoic	S5801
Fatty acids, total trans-polyenoic	S5801

NDB No. 36611 DENNY'S, mozzarella cheese sticks

Riboflavin	S5801
Dihydrophylloquinone	S5801
Tyrosine	S5801
Arginine	S5801
Aspartic acid	S5801
Fatty acids, total saturated	S5801
6:0	S5801
18:2 undifferentiated	S5801
22:1 undifferentiated	S5801
15:0	S5801
24:1 c	S5801
17:1	S5801
Fatty acids, total trans-monoenoic	S5801
22:4	S5801
Water	S5801
Fiber, total dietary	S5801
Potassium, K	S5801
Retinol	S5801
Thiamin	S5801
Vitamin B-6	S5801
Threonine	S5801
Isoleucine	S5801
Methionine	S5801
Phenylalanine	S5801
Glycine	S5801
Proline	S5801

NDB No. 36611 DENNY'S, mozzarella cheese sticks

14:0	S5801
18:3 undifferentiated	S5801
22:0	S5801
20:1	S5801
16:1 t	S5801
16:1 c	S5801
15:1	S5801
Copper, Cu	S5801
Selenium, Se	S5801
Alanine	S5801
14:1	S5801
22:5 n-3 (DPA)	S5801
Fatty acids, total polyunsaturated	S5801
17:0	S5801
18:2 CLAs	S5801
22:1 c	S5801
20:3 n-6	S5801
Zinc, Zn	S5801
Cystine	S5801
Histidine	S5801
8:0	S5801
16:0	S5801
18:0	S5801
18:4	S5801
Fatty acids, total monounsaturated	S5801
18:3 n-6 c,c,c	S5801
18:3 n-3 c,c,c (ALA)	S5801
Protein	S5801
Manganese, Mn	S5801
Vitamin K (phylloquinone)	S5801
20:0	S5801
18:1 undifferentiated	S5801
20:5 n-3 (EPA)	S5801
Fatty acids, total trans-polyenoic	S5801
20:3 n-3	S5801
Total lipid (fat)	S5801
Ash	S5801

NDB No. 36611 DENNY'S, mozzarella cheese sticks

Starch	S5801
Phosphorus, P	S5801
Vitamin B-12	S5801
Menaquinone-4	S5801
Valine	S5801
Glutamic acid	S5801
Fatty acids, total trans	S5801
20:4 undifferentiated	S5801
24:0	S5801
18:2 t not further defined	S5801
20:2 n-6 c,c	S5801
18:1 c	S5801
18:2 n-6 c,c	S5801
20:3 undifferentiated	S5801
Iron, Fe	S5801
Magnesium, Mg	S5801
Sodium, Na	S5801
Lysine	S5801
Serine	S5801
16:1 undifferentiated	S5801
18:1 t	S5801
22:1 t	S5801
Calcium, Ca	S5801
Niacin	S5801
Pantothenic acid	S5801
Tryptophan	S5801
Leucine	S5801
Cholesterol	S5801
4:0	S5801
10:0	S5801
12:0	S5801
22:6 n-3 (DHA)	S5801

NDB No. 36612 DENNY'S, golden fried shrimp

Magnesium, Mg	S5801
Thiamin	S5801

NDB No. 36612 DENNY'S, golden fried shrimp

Glutamic acid	S5801
Proline	S5801
20:0	S5801
22:0	S5801
22:1 undifferentiated	S5801
22:5 n-3 (DPA)	S5801
Fatty acids, total polyunsaturated	S5801
18:1 c	S5801
17:1	S5801
18:3 n-3 c,c,c (ALA)	S5801
22:4	S5801
Protein	S5801
Total lipid (fat)	S5801
Iron, Fe	S5801
Selenium, Se	S5801
Leucine	S5801
12:0	S5801
Fatty acids, total monounsaturated	S5801
20:3 undifferentiated	S5801
15:1	S5801
Ash	S5801
Retinol	S5801
Niacin	S5801
Threonine	S5801
Serine	S5801
14:0	S5801
16:0	S5801
18:0	S5801
18:1 undifferentiated	S5801
16:1 undifferentiated	S5801
17:0	S5801
24:0	S5801
16:1 t	S5801
18:2 CLAs	S5801
Fatty acids, total trans-polyenoic	S5801
Pantothenic acid	S5801
Vitamin K (phylloquinone)	S5801

NDB No. 36612 DENNY'S, golden fried shrimp

Isoleucine	S5801
Methionine	S5801
Aspartic acid	S5801
Fatty acids, total saturated	S5801
18:3 undifferentiated	S5801
Potassium, K	S5801
Zinc, Zn	S5801
Vitamin B-6	S5801
Tyrosine	S5801
Alanine	S5801
Cholesterol	S5801
10:0	S5801
15:0	S5801
18:2 t not further defined	S5801
24:1 c	S5801
18:3 n-6 c,c,c	S5801
Water	S5801
Fiber, total dietary	S5801
Sodium, Na	S5801
Copper, Cu	S5801
Riboflavin	S5801
Menaquinone-4	S5801
Cystine	S5801
Phenylalanine	S5801
Valine	S5801
Arginine	S5801
Glycine	S5801
Fatty acids, total trans	S5801
8:0	S5801
14:1	S5801
20:1	S5801
22:1 t	S5801
20:2 n-6 c,c	S5801
Vitamin B-12	S5801
Tryptophan	S5801
20:4 undifferentiated	S5801
18:4	S5801

NDB No. 36612 DENNY'S, golden fried shrimp

20:5 n-3 (EPA)	S5801
16:1 c	S5801
18:2 n-6 c,c	S5801
22:1 c	S5801
Fatty acids, total trans-monoenoic	S5801
20:3 n-3	S5801
Starch	S5801
Calcium, Ca	S5801
Phosphorus, P	S5801
Manganese, Mn	S5801
Dihydrophylloquinone	S5801
Lysine	S5801
Histidine	S5801
18:2 undifferentiated	S5801
22:6 n-3 (DHA)	S5801
18:1 t	S5801
20:3 n-6	S5801

NDB No. 36613 DENNY'S, macaroni & cheese, from kid's menu

Magnesium, Mg	S5801
Riboflavin	S5801
Menaquinone-4	S5801
Fatty acids, total trans	S5801
14:0	S5801
18:2 undifferentiated	S5801
20:4 undifferentiated	S5801
22:5 n-3 (DPA)	S5801
Fatty acids, total monounsaturated	S5801
24:0	S5801
Fatty acids, total trans-polyenoic	S5801
Copper, Cu	S5801
Manganese, Mn	S5801
Glycine	S5801
Proline	S5801
20:0	S5801

NDB No. 36613 DENNY'S, macaroni & cheese, from kid's menu

14:1	S5801
22:1 t	S5801
Fatty acids, total trans-monoenoic	S5801
20:3 n-6	S5801
Phosphorus, P	S5801
Zinc, Zn	S5801
Retinol	S5801
Niacin	S5801
Pantothenic acid	S5801
Vitamin K (phylloquinone)	S5801
Isoleucine	S5801
Leucine	S5801
Phenylalanine	S5801
Valine	S5801
Alanine	S5801
Fatty acids, total saturated	S5801
16:0	S5801
20:1	S5801
18:2 t not further defined	S5801
18:1 c	S5801
18:3 n-3 c,c,c (ALA)	S5801
Starch	S5801
Vitamin B-12	S5801
Threonine	S5801
Lysine	S5801
Methionine	S5801
6:0	S5801
12:0	S5801
18:0	S5801
18:1 undifferentiated	S5801
22:0	S5801
18:4	S5801
17:0	S5801
16:1 t	S5801
18:2 CLAs	S5801
18:2 n-6 c,c	S5801
17:1	S5801

NDB No. 36613 DENNY'S, macaroni & cheese, from kid's menu

20:3 n-3	S5801
Ash	S5801
Water	S5801
Iron, Fe	S5801
Sodium, Na	S5801
Cholesterol	S5801
4:0	S5801
16:1 undifferentiated	S5801
22:1 undifferentiated	S5801
Fatty acids, total polyunsaturated	S5801
20:3 undifferentiated	S5801
Protein	S5801
Fiber, total dietary	S5801
Thiamin	S5801
Dihydrophylloquinone	S5801
Tyrosine	S5801
Aspartic acid	S5801
20:2 n-6 c,c	S5801
22:4	S5801
Potassium, K	S5801
Vitamin B-6	S5801
Cystine	S5801
Glutamic acid	S5801
10:0	S5801
20:5 n-3 (EPA)	S5801
15:0	S5801
18:1 t	S5801
24:1 c	S5801
15:1	S5801
Total lipid (fat)	S5801
Calcium, Ca	S5801
Selenium, Se	S5801
Tryptophan	S5801
Arginine	S5801
Histidine	S5801
Serine	S5801
8:0	S5801

NDB No. 36613 DENNY'S, macaroni & cheese, from kid's menu

18:3 undifferentiated	S5801
22:6 n-3 (DHA)	S5801
16:1 c	S5801
22:1 c	S5801
18:3 n-6 c,c,c	S5801

NDB No. 36614 DENNY'S, MOONS & STARS chicken nuggets, from kid's menu

Water	S5801
Magnesium, Mg	S5801
Sodium, Na	S5801
Selenium, Se	S5801
Leucine	S5801
Fatty acids, total trans	S5801
16:0	S5801
20:0	S5801
15:0	S5801
17:0	S5801
22:1 t	S5801
Copper, Cu	S5801
Thiamin	S5801
Menaquinone-4	S5801
Valine	S5801
Glutamic acid	S5801
Cholesterol	S5801
16:1 undifferentiated	S5801
22:1 undifferentiated	S5801
22:5 n-3 (DPA)	S5801
Fatty acids, total monounsaturated	S5801
24:1 c	S5801
18:3 n-6 c,c,c	S5801
Retinol	S5801
Riboflavin	S5801
Lysine	S5801
Alanine	S5801
18:3 undifferentiated	S5801
Fatty acids, total polyunsaturated	S5801

NDB No. 36614 DENNY'S, MOONS & STARS chicken nuggets, from kid's menu

16:1 t	S5801
18:2 CLAs	S5801
20:2 n-6 c,c	S5801
20:3 undifferentiated	S5801
Fatty acids, total trans-monoenoic	S5801
Ash	S5801
Dihydrophylloquinone	S5801
Threonine	S5801
Proline	S5801
Fatty acids, total saturated	S5801
14:1	S5801
22:1 c	S5801
Total lipid (fat)	S5801
Fiber, total dietary	S5801
Iron, Fe	S5801
Potassium, K	S5801
Zinc, Zn	S5801
Pantothenic acid	S5801
Aspartic acid	S5801
8:0	S5801
10:0	S5801
12:0	S5801
22:0	S5801
20:1	S5801
24:0	S5801
17:1	S5801
18:3 n-3 c,c,c (ALA)	S5801
Vitamin B-6	S5801
Tryptophan	S5801
20:4 undifferentiated	S5801
Protein	S5801
Calcium, Ca	S5801
Manganese, Mn	S5801
Niacin	S5801
Vitamin B-12	S5801
Isoleucine	S5801
Methionine	S5801

NDB No. 36614 DENNY'S, MOONS & STARS chicken nuggets, from kid's menu

Cystine	S5801
Phenylalanine	S5801
Tyrosine	S5801
Arginine	S5801
Serine	S5801
14:0	S5801
18:1 undifferentiated	S5801
18:2 undifferentiated	S5801
22:6 n-3 (DHA)	S5801
18:4	S5801
20:5 n-3 (EPA)	S5801
18:2 t not further defined	S5801
16:1 c	S5801
18:1 c	S5801
15:1	S5801
22:4	S5801
Starch	S5801
Phosphorus, P	S5801
Vitamin K (phylloquinone)	S5801
Histidine	S5801
Glycine	S5801
18:0	S5801
18:1 t	S5801
18:2 n-6 c,c	S5801
Fatty acids, total trans-polyenoic	S5801
20:3 n-3	S5801
20:3 n-6	S5801

NDB No. 36615 DENNY'S, top sirloin steak

Ash	S5801
Copper, Cu	S5801
Cystine	S5801
Glutamic acid	S5801
Proline	S5801
18:0	S5801
22:0	S5801

NDB No. 36615 DENNY'S, top sirloin steak

17:0	S5801
Thiamin	S5801
Vitamin B-6	S5801
Vitamin B-12	S5801
Threonine	S5801
Leucine	S5801
Alanine	S5801
Aspartic acid	S5801
18:1 undifferentiated	S5801
14:1	S5801
20:2 n-6 c,c	S5801
16:1 c	S5801
18:1 c	S5801
18:3 n-6 c,c,c	S5801
Potassium, K	S5801
Riboflavin	S5801
Niacin	S5801
Phenylalanine	S5801
Arginine	S5801
Glycine	S5801
Fatty acids, total trans	S5801
Fatty acids, total saturated	S5801
Fatty acids, total monounsaturated	S5801
Fatty acids, total polyunsaturated	S5801
18:3 n-3 c,c,c (ALA)	S5801
Calcium, Ca	S5801
Manganese, Mn	S5801
Selenium, Se	S5801
Vitamin K (phylloquinone)	S5801
8:0	S5801
20:4 undifferentiated	S5801
18:1 t	S5801
22:1 c	S5801
Protein	S5801
Total lipid (fat)	S5801
Phosphorus, P	S5801
Pantothenic acid	S5801

NDB No. 36615 DENNY'S, top sirloin steak

Isoleucine	S5801
Methionine	S5801
Tyrosine	S5801
Valine	S5801
Serine	S5801
10:0	S5801
14:0	S5801
16:0	S5801
18:4	S5801
22:1 undifferentiated	S5801
15:0	S5801
24:0	S5801
15:1	S5801
Water	S5801
Iron, Fe	S5801
Sodium, Na	S5801
Cholesterol	S5801
16:1 undifferentiated	S5801
22:1 t	S5801
18:2 t not further defined	S5801
18:2 CLAs	S5801
Zinc, Zn	S5801
Menaquinone-4	S5801
Tryptophan	S5801
Lysine	S5801
12:0	S5801
20:0	S5801
18:3 undifferentiated	S5801
20:1	S5801
20:5 n-3 (EPA)	S5801
22:5 n-3 (DPA)	S5801
18:2 n-6 c,c	S5801
17:1	S5801
Fatty acids, total trans-monoenoic	S5801
20:3 n-3	S5801
20:3 n-6	S5801
Magnesium, Mg	S5801

NDB No. 36615 DENNY'S, top sirloin steak

Dihydrophylloquinone	S5801
Histidine	S5801
18:2 undifferentiated	S5801
22:6 n-3 (DHA)	S5801
16:1 t	S5801
24:1 c	S5801
20:3 undifferentiated	S5801
Fatty acids, total trans-polyenoic	S5801
22:4	S5801

NDB No. 36617 Restaurant, Chinese, lemon chicken

Total lipid (fat)	S6604
Glucose (dextrose)	S6604
Calcium, Ca	S6604
Carotene, beta	S6604
Vitamin E (alpha-tocopherol)	S6604
Lycopene	S6604
Pantothenic acid	S6604
Vitamin B-12	S6604
Isoleucine	S6604
Leucine	S6604
12:0	S6604
14:0	S6604
18:3 undifferentiated	S6604
20:1	S6604
24:0	S6604
24:1 c	S6604
15:1	S6604
18:3 n-3 c,c,c (ALA)	S6604
20:3 n-6	S6604
Starch	S6604
Lactose	S6604
Sugars, total	S6604
Sodium, Na	S6604
Tocopherol, beta	S6604
Vitamin C, total ascorbic acid	S6604

NDB No. 36617 Restaurant, Chinese, lemon chicken

Menaquinone-4	S6604
Threonine	S6604
Fatty acids, total trans	S6604
18:1 c	S6604
18:3 n-6 c,c,c	S6604
22:4	S6604
Zinc, Zn	S6604
Cryptoxanthin, beta	S6604
Lutein + zeaxanthin	S6604
Vitamin K (phylloquinone)	S6604
Cholesterol	S6604
16:1 undifferentiated	S6604
17:0	S6604
22:1 t	S6604
18:2 n-6 c,c	S6604
22:1 c	S6604
Maltose	S6604
Tocopherol, gamma	S6604
Tocopherol, delta	S6604
Lysine	S6604
Cystine	S6604
Histidine	S6604
Serine	S6604
8:0	S6604
Fatty acids, total monounsaturated	S6604
15:0	S6604
18:2 CLAs	S6604
Magnesium, Mg	S6604
Potassium, K	S6604
Retinol	S6604
Thiamin	S6604
Niacin	S6604
Fatty acids, total saturated	S6604
18:0	S6604
18:2 undifferentiated	S6604
22:0	S6604
14:1	S6604

NDB No. 36617 Restaurant, Chinese, lemon chicken

20:2 n-6 c,c	S6604
17:1	S6604
Fatty acids, total trans-polyenoic	S6604
Iron, Fe	S6604
Phosphorus, P	S6604
Copper, Cu	S6604
Riboflavin	S6604
Choline, total	S6604
Phenylalanine	S6604
Tyrosine	S6604
Arginine	S6604
Aspartic acid	S6604
Glutamic acid	S6604
4:0	S6604
10:0	S6604
18:1 undifferentiated	S6604
22:1 undifferentiated	S6604
Fatty acids, total polyunsaturated	S6604
18:1 t	S6604
16:1 c	S6604
Sucrose	S6604
Fructose	S6604
Galactose	S6604
Fiber, total dietary	S6604
Carotene, alpha	S6604
Betaine	S6604
Methionine	S6604
Alanine	S6604
Glycine	S6604
Proline	S6604
6:0	S6604
16:0	S6604
20:0	S6604
22:6 n-3 (DHA)	S6604
20:5 n-3 (EPA)	S6604
18:2 t not further defined	S6604
Protein	S6604

NDB No. 36617 Restaurant, Chinese, lemon chicken

Ash	S6604
Water	S6604
Manganese, Mn	S6604
Selenium, Se	S6604
Vitamin B-6	S6604
Tryptophan	S6604
Valine	S6604
20:4 undifferentiated	S6604
18:4	S6604
22:5 n-3 (DPA)	S6604
16:1 t	S6604
20:3 undifferentiated	S6604
Fatty acids, total trans-monoenoic	S6604
20:3 n-3	S6604

NDB No. 36618 Restaurant, Chinese, general tso's chicken

Protein	S6604
Total lipid (fat)	S6604
Sucrose	S6604
Maltose	S6604
Carotene, beta	S6604
Riboflavin	S6604
Threonine	S6604
Lysine	S6604
Histidine	S6604
Cholesterol	S6604
18:0	S6604
18:2 undifferentiated	S6604
22:0	S6604
15:0	S6604
17:0	S6604
16:1 c	S6604
20:3 n-6	S6604
Phosphorus, P	S6604
Zinc, Zn	S6604
Vitamin E (alpha-tocopherol)	S6604

NDB No. 36618 Restaurant, Chinese, general tso's chicken

Tocopherol, delta	S6604
Vitamin B-6	S6604
Vitamin B-12	S6604
Choline, total	S6604
Tryptophan	S6604
Valine	S6604
Glycine	S6604
8:0	S6604
Fatty acids, total trans-polyenoic	S6604
Water	S6604
Galactose	S6604
Potassium, K	S6604
Sodium, Na	S6604
Vitamin C, total ascorbic acid	S6604
Niacin	S6604
Vitamin K (phylloquinone)	S6604
Alanine	S6604
6:0	S6604
14:0	S6604
20:0	S6604
18:4	S6604
18:1 t	S6604
18:2 CLAs	S6604
20:2 n-6 c,c	S6604
20:3 undifferentiated	S6604
Fatty acids, total trans-monoenoic	S6604
Ash	S6604
Iron, Fe	S6604
Magnesium, Mg	S6604
Selenium, Se	S6604
Retinol	S6604
Lycopene	S6604
Leucine	S6604
Arginine	S6604
12:0	S6604
14:1	S6604
16:1 undifferentiated	S6604

NDB No. 36618 Restaurant, Chinese, general tso's chicken

20:1	S6604
20:5 n-3 (EPA)	S6604
17:1	S6604
22:4	S6604
Menaquinone-4	S6604
16:0	S6604
18:1 undifferentiated	S6604
20:4 undifferentiated	S6604
22:6 n-3 (DHA)	S6604
22:1 undifferentiated	S6604
Fatty acids, total polyunsaturated	S6604
24:0	S6604
18:2 n-6 c,c	S6604
18:3 n-3 c,c,c (ALA)	S6604
Carotene, alpha	S6604
Tocopherol, beta	S6604
Tocopherol, gamma	S6604
Thiamin	S6604
Betaine	S6604
Tyrosine	S6604
Aspartic acid	S6604
Proline	S6604
Fatty acids, total saturated	S6604
Fatty acids, total monounsaturated	S6604
18:1 c	S6604
22:1 c	S6604
15:1	S6604
Fructose	S6604
Lactose	S6604
Sugars, total	S6604
Fiber, total dietary	S6604
Manganese, Mn	S6604
Pantothenic acid	S6604
Methionine	S6604
4:0	S6604
18:3 undifferentiated	S6604
18:2 t not further defined	S6604

NDB No. 36618 Restaurant, Chinese, general tso's chicken

Starch	S6604
Glucose (dextrose)	S6604
Calcium, Ca	S6604
Copper, Cu	S6604
Cryptoxanthin, beta	S6604
Lutein + zeaxanthin	S6604
Isoleucine	S6604
Cystine	S6604
Phenylalanine	S6604
Glutamic acid	S6604
Serine	S6604
Fatty acids, total trans	S6604
10:0	S6604
22:5 n-3 (DPA)	S6604
16:1 t	S6604
22:1 t	S6604
24:1 c	S6604
18:3 n-6 c,c,c	S6604
20:3 n-3	S6604

NDB No. 36619 Restaurant, Chinese, kung pao chicken

Sucrose	S6604
Fiber, total dietary	S6604
Retinol	S6604
Carotene, beta	S6604
Vitamin E (alpha-tocopherol)	S6604
Cryptoxanthin, beta	S6604
Lutein + zeaxanthin	S6604
Tocopherol, gamma	S6604
Pantothenic acid	S6604
Vitamin B-6	S6604
Tryptophan	S6604
Lysine	S6604
Cystine	S6604
18:1 undifferentiated	S6604
18:3 undifferentiated	S6604

NDB No. 36619 Restaurant, Chinese, kung pao chicken

14:1	S6604
20:3 undifferentiated	S6604
Fatty acids, total trans-polyenoic	S6604
Selenium, Se	S6604
Threonine	S6604
Methionine	S6604
Arginine	S6604
10:0	S6604
14:0	S6604
20:0	S6604
24:0	S6604
20:2 n-6 c,c	S6604
Fructose	S6604
Lactose	S6604
Sugars, total	S6604
Galactose	S6604
Iron, Fe	S6604
Riboflavin	S6604
Menaquinone-4	S6604
Glutamic acid	S6604
12:0	S6604
22:0	S6604
20:1	S6604
22:5 n-3 (DPA)	S6604
16:1 t	S6604
22:1 t	S6604
18:1 c	S6604
18:3 n-3 c,c,c (ALA)	S6604
22:4	S6604
Ash	S6604
Maltose	S6604
Thiamin	S6604
Isoleucine	S6604
Valine	S6604
Cholesterol	S6604
Fatty acids, total trans	S6604
18:0	S6604

NDB No. 36619 Restaurant, Chinese, kung pao chicken

20:4 undifferentiated	S6604
17:0	S6604
18:2 CLAs	S6604
22:1 c	S6604
15:1	S6604
20:3 n-3	S6604
Tocopherol, beta	S6604
Choline, total	S6604
Betaine	S6604
Leucine	S6604
18:4	S6604
18:2 t not further defined	S6604
24:1 c	S6604
Protein	S6604
Total lipid (fat)	S6604
Glucose (dextrose)	S6604
Magnesium, Mg	S6604
Manganese, Mn	S6604
Carotene, alpha	S6604
Lycopene	S6604
Vitamin B-12	S6604
Vitamin K (phylloquinone)	S6604
Phenylalanine	S6604
Tyrosine	S6604
Aspartic acid	S6604
Fatty acids, total saturated	S6604
6:0	S6604
18:2 undifferentiated	S6604
22:6 n-3 (DHA)	S6604
16:1 undifferentiated	S6604
20:5 n-3 (EPA)	S6604
Fatty acids, total monounsaturated	S6604
15:0	S6604
18:1 t	S6604
18:2 n-6 c,c	S6604
Starch	S6604
Water	S6604

NDB No. 36619 Restaurant, Chinese, kung pao chicken

Calcium, Ca	S6604
Potassium, K	S6604
Tocopherol, delta	S6604
Alanine	S6604
Glycine	S6604
Proline	S6604
Serine	S6604
4:0	S6604
22:1 undifferentiated	S6604
16:1 c	S6604
18:3 n-6 c,c,c	S6604
17:1	S6604
Fatty acids, total trans-monoenoic	S6604
20:3 n-6	S6604
Phosphorus, P	S6604
Sodium, Na	S6604
Zinc, Zn	S6604
Copper, Cu	S6604
Vitamin C, total ascorbic acid	S6604
Niacin	S6604
Histidine	S6604
8:0	S6604
16:0	S6604
Fatty acids, total polyunsaturated	S6604

NDB No. 42148 Candies, MARS SNACKFOOD US, M&M's Peanut Butter Chocolate Candies

Sugars, total	S3361
Fiber, total dietary	S3361
Sodium, Na	S3361
Iron, Fe	S3361
Vitamin A, IU	S3361
Vitamin C, total ascorbic acid	S3361
Fatty acids, total trans	S3361
Total lipid (fat)	S3361
Calcium, Ca	S3361
Cholesterol	S3361

NDB No. 42148 Candies, MARS SNACKFOOD US, M&M's Peanut Butter Chocolate Candies

Protein	S3361
Carbohydrate, by difference	S3361
Energy	S3361
Fatty acids, total saturated	S3361

NDB No. 42161 Bologna, beef, low fat

Total lipid (fat)	S281
Sodium, Na	S281
Cholesterol	S281
Water	S281
Ash	S281
Vitamin A, IU	S281
Protein	S281

NDB No. 42187 Frozen yogurts, flavors other than chocolate

Fluoride, F	D5301
Choline, total	S3461

NDB No. 42190 Pork sausage rice links, brown and serve, cooked

Potassium, K	S243
Copper, Cu	S243
Sodium, Na	S281, S243, S282
Iron, Fe	S243
Vitamin A, IU	S281
Vitamin C, total ascorbic acid	S243
Riboflavin	S243
Water	S281, S243, S282
Cholesterol	S281, S243, S282
Protein	S281, S243, S282
Calcium, Ca	S243
Phosphorus, P	S243
Zinc, Zn	S243
Manganese, Mn	S243
Thiamin	S243
Fiber, total dietary	S243

NDB No. 42190 Pork sausage rice links, brown and serve, cooked

Niacin	S243
Total lipid (fat)	S281, S243, S282
Ash	S281, S243, S282
Magnesium, Mg	S243

NDB No. 42192 Salad dressing, blue or roquefort cheese dressing, fat-free

Calcium, Ca	S4501
Protein	S4501
Fiber, total dietary	S4501
Sodium, Na	S4501
Sugars, total	S4501
Iron, Fe	S4501
Total lipid (fat)	S4501
Vitamin C, total ascorbic acid	S4501

NDB No. 42196 Candies, MARS SNACKFOOD US, MILKY WAY Midnight Bar

Cholesterol	S3361
Total lipid (fat)	S3361
Sugars, total	S3361
Sodium, Na	S3361
Fatty acids, total saturated	S3361
Protein	S3361
Calcium, Ca	S3361
Carbohydrate, by difference	S3361
Energy	S3361
Vitamin C, total ascorbic acid	S3361
Fiber, total dietary	S3361
Iron, Fe	S3361
Vitamin A, IU	S3361

NDB No. 42227 Candies, MARS SNACKFOOD US, M&M's Almond Chocolate Candies

Vitamin C, total ascorbic acid	S3361
Protein	S3361
Iron, Fe	S3361
Fatty acids, total trans	S3361

NDB No. 42227 Candies, MARS SNACKFOOD US, M&M's Almond Chocolate Candies

Energy	S3361
Calcium, Ca	S3361
Cholesterol	S3361
Total lipid (fat)	S3361
Carbohydrate, by difference	S3361
Sugars, total	S3361
Vitamin A, IU	S3361
Sodium, Na	S3361
Fiber, total dietary	S3361
Fatty acids, total saturated	S3361

NDB No. 42289 Oil, corn and canola

Ash	S2741
Tocopherol, beta	S2741
Menaquinone-4	S2741
Dihydrophylloquinone	S2741
Vitamin K (phylloquinone)	S2741
17:1	S2741
15:1	S2741
Vitamin E (alpha-tocopherol)	S2741
Fatty acids, total saturated	S2741
18:0	S2741
20:0	S2741
22:0	S2741
16:1 undifferentiated	S2741
18:2 t,t	S2741
20:3 undifferentiated	S2741
18:3 n-3 c,c,c (ALA)	S2741
18:1 t	S2741
20:2 n-6 c,c	S2741
Water	S2741
Tocopherol, gamma	S2741
16:0	S2741
18:3 undifferentiated	S2741
20:4 undifferentiated	S2741
Beta-sitosterol	S2741

NDB No. 42289 Oil, corn and canola

14:1	S2741
Fatty acids, total trans-monoenoic	S2741
Fatty acids, total trans-polyenoic	S2741
14:0	S2741
18:1 undifferentiated	S2741
18:2 undifferentiated	S2741
20:1	S2741
Stigmasterol	S2741
Betaine	S2741
10:0	S2741
12:0	S2741
15:0	S2741
18:2 n-6 c,c	S2741
Protein	S2741
Tocopherol, delta	S2741
Choline, total	S2741
Fatty acids, total trans	S2741
8:0	S2741
Campesterol	S2741
Fatty acids, total monounsaturated	S2741
17:0	S2741
18:1 c	S2741
18:3 n-6 c,c,c	S2741

NDB No. 42304 Cheese, mozzarella, nonfat

Calcium, Ca	S5
Sodium, Na	S5

NDB No. 43015 Salad dressing, caesar dressing, regular

Protein	S4501
Fiber, total dietary	S4501
Calcium, Ca	S4501
Iron, Fe	S4501
Vitamin A, IU	S4501

NDB No. 43015 Salad dressing, caesar dressing, regular

Choline, total	S4001
Betaine	S4001
Cholesterol	S4501
Sugars, total	S4501
Vitamin C, total ascorbic acid	S4501

NDB No. 43021 Salad dressing, caesar, low calorie

Betaine	S4001
Choline, total	S4001

NDB No. 43158 Sweeteners, tabletop, saccharin

Starch	S2109
Total lipid (fat)	S2109
Iron, Fe	S2109
Manganese, Mn	S2109
Ash	S2109
Magnesium, Mg	S2109
Calcium, Ca	S2109
Phosphorus, P	S2109
Water	S2109
Sodium, Na	S2109
Copper, Cu	S2109
Protein	S2109
Potassium, K	S2109
Zinc, Zn	S2109

NDB No. 43215 Salad dressing, buttermilk, lite

Glucose (dextrose)	S26
Lactose	S26
Water	S26
Fiber, total dietary	S26, S4501
Magnesium, Mg	S26
Cholesterol	S26, S4501
16:0	S26
14:1	S26

NDB No. 43215 Salad dressing, buttermilk, lite

Stigmasterol	S26
18:2 n-6 c,c	S26
Sucrose	S26
Galactose	S26
Niacin	S26
Vitamin B-6	S26
Vitamin K (phylloquinone)	S26
Beta-sitosterol	S26
17:0	S26
24:0	S26
18:2 i	S26
Fructose	S26
Iron, Fe	S26, S4501
Phosphorus, P	S26
Dihydrophylloquinone	S26
8:0	S26
10:0	S26
14:0	S26
20:1	S26
Campesterol	S26
24:1 c	S26
Protein	S26, S4501
Maltose	S26
Calcium, Ca	S26, S4501
Potassium, K	S26
Copper, Cu	S26
22:6 n-3 (DHA)	S26
20:5 n-3 (EPA)	S26
22:1 undifferentiated	S26
18:1 t	S26
18:3 n-3 c,c,c (ALA)	S26
Total lipid (fat)	S26, S4501
Sugars, total	S26, S4501
Zinc, Zn	S26
Vitamin C, total ascorbic acid	S26, S4501
6:0	S26
12:0	S26

NDB No. 43215 Salad dressing, buttermilk, lite

20:4 undifferentiated	S26
18:4	S26
22:5 n-3 (DPA)	S26
Ash	S26
Sodium, Na	S26, S4501
Manganese, Mn	S26
Vitamin A, IU	S4501
Thiamin	S26
Riboflavin	S26
Pantothenic acid	S26
Folate, total	S26
Vitamin B-12	S26
16:1 c	S26
Fatty acids, total trans	S4501
4:0	S26
18:0	S26
20:0	S26
22:0	S26
18:1 c	S26

NDB No. 43261 Yogurt, fruit variety, nonfat

Choline, total	S2105
Betaine	S2105

NDB No. 43274 Cheese, cream, low fat

Lactose	S2702
Sugars, total	S2702
Potassium, K	S2702
Folate, total	S2702
Histidine	S2702
10:0	S2702
16:1 undifferentiated	S2702
20:2 n-6 c,c	S2702
Glucose (dextrose)	S2702
Water	S2702
Glutamic acid	S2702

NDB No. 43274 Cheese, cream, low fat

8:0	S2702
20:4 undifferentiated	S2702
20:1	S2702
15:1	S2702
18:3 n-3 c,c,c (ALA)	S2702
Galactose	S2702
Iron, Fe	S2702
Tryptophan	S2702
Leucine	S2702
Cystine	S2702
Aspartic acid	S2702
12:0	S2702
16:0	S2702
14:1	S2702
Sucrose	S2702
Phosphorus, P	S2702
Sodium, Na	S2702
Carotene, alpha	S2702
Riboflavin	S2702
Vitamin B-12	S2702
Menaquinone-4	S2702
Threonine	S2702
Isoleucine	S2702
Glycine	S2702
Proline	S2702
18:0	S2702
20:0	S2702
17:1	S2702
Protein	S2702
Starch	S2702
Calcium, Ca	S2702
Zinc, Zn	S2702
Vitamin E (alpha-tocopherol)	S2702
Tocopherol, delta	S2702
Vitamin C, total ascorbic acid	S2702
Niacin	S2702
Vitamin B-6	S2702

NDB No. 43274 Cheese, cream, low fat

Valine	S2702
Serine	S2702
18:1 undifferentiated	S2702
17:0	S2702
Maltose	S2702
Cryptoxanthin, beta	S2702
Tocopherol, beta	S2702
Thiamin	S2702
Alanine	S2702
22:0	S2702
15:0	S2702
Total lipid (fat)	S2702
Copper, Cu	S2702
Manganese, Mn	S2702
Tocopherol, gamma	S2702
Pantothenic acid	S2702
Vitamin K (phylloquinone)	S2702
Lysine	S2702
Tyrosine	S2702
Hydroxyproline	S2702
18:2 undifferentiated	S2702
18:3 n-6 c,c,c	S2702
20:3 undifferentiated	S2702
Ash	S2702
Fructose	S2702
Carotene, beta	S2702
Lycopene	S2702
Dihydrophylloquinone	S2702
Methionine	S2702
Phenylalanine	S2702
Arginine	S2702
Cholesterol	S2702
14:0	S2702
18:3 undifferentiated	S2702

NDB No. 43297 Pork, oriental style, dehydrated

NDB No. 43297 Pork, oriental style, dehydrated

Cystine	S1082
Valine	S1082
Threonine	S1082
Isoleucine	S1082
Arginine	S1082
Glycine	S1082
Lysine	S1082
Glutamic acid	S1082
Leucine	S1082
Histidine	S1082
Methionine	S1082
Proline	S1082
Phenylalanine	S1082
Tyrosine	S1082
Aspartic acid	S1082
Tryptophan	S1082
Alanine	S1082
Serine	S1082

NDB No. 43312 Vegetables, mixed (corn, lima beans, peas, green beans, carrots) canned, no salt added

Fluoride, F	D5002

NDB No. 43329 Salad dressing, mayonnaise and mayonnaise-type, low calorie

Folic acid	S25
Zinc, Zn	S25
Phosphorus, P	S25
Iron, Fe	S25
Sodium, Na	S25
Sugars, total	S25
Pantothenic acid	S25
Vitamin E (alpha-tocopherol)	S25
Magnesium, Mg	S25
Potassium, K	S25

NDB No. 43364 Snacks, tortilla chips, unsalted, white corn

NDB No. 43364 Snacks, tortilla chips, unsalted, white corn

Protein	S26
Sucrose	S26
Maltose	S26
Phosphorus, P	S26
Iron, Fe	S26
Ash	S26
Riboflavin	S26
Pantothenic acid	S26
Vitamin B-12	S26
Calcium, Ca	S26
Magnesium, Mg	S26
Zinc, Zn	S26
Thiamin	S26
Vitamin B-6	S26
Starch	S26
Galactose	S26
Vitamin C, total ascorbic acid	S26
Dihydrophylloquinone	S26
Cholesterol	S26
Fructose	S26
Potassium, K	S26
Vitamin K (phylloquinone)	S26
Glucose (dextrose)	S26
Lactose	S26
Water	S26
Sugars, total	S26
Fiber, total dietary	S26
Niacin	S26

NDB No. 43372 Apple cider-flavored drink, powder, added vitamin C and sugar

Protein	S5
Total lipid (fat)	S5
Ash	S5
Water	S5
Vitamin C, total ascorbic acid	S5

NDB No. 43378 Pork, cured, bacon, cooked, broiled, pan-fried or roasted, reduced sodium

Manganese, Mn	S1082
Tryptophan	S1082
Cystine	S1082
Glycine	S1082
Proline	S1082
12:0	S1082
20:4 undifferentiated	S1082
Iron, Fe	S1082
Niacin	S1082
Threonine	S1082
Alanine	S1082
18:3 n-6 c,c,c	S1082
Isoleucine	S1082
Methionine	S1082
Glutamic acid	S1082
Cholesterol	S1082
20:1	S1082
17:1	S1082
Protein	S1082
Total lipid (fat)	S1082
Ash	S1082
Magnesium, Mg	S1082
Aspartic acid	S1082
Serine	S1082
14:1	S1082
17:0	S1082
Zinc, Zn	S1082
Copper, Cu	S1082
Lysine	S1082
Phenylalanine	S1082
10:0	S1082
15:0	S1082
18:2 n-6 c,c	S1082
20:3 undifferentiated	S1082
Water	S1082
Calcium, Ca	S1082
Phosphorus, P	S1082

NDB No. 43378 Pork, cured, bacon, cooked, broiled, pan-fried or roasted, reduced sodium

Retinol	S1082
Vitamin B-6	S1082
Folate, total	S1166
Vitamin B-12	S1082
Fatty acids, total trans	S1082
18:1 undifferentiated	S1082
22:0	S1082
20:2 n-6 c,c	S1082
18:3 n-3 c,c,c (ALA)	S1082
Selenium, Se	S1082
Tocopherol, delta	S1166
Dihydrophylloquinone	S1166
Vitamin K (phylloquinone)	S1166
Valine	S1082
Histidine	S1082
8:0	S1082
14:0	S1082
16:0	S1082
15:1	S1082
Potassium, K	S1082
Vitamin E (alpha-tocopherol)	S1166
Tocopherol, beta	S1166
Tocopherol, gamma	S1166
Thiamin	S1082
Riboflavin	S1082
Pantothenic acid	S1082
Leucine	S1082
Tyrosine	S1082
Arginine	S1082
18:0	S1082
20:0	S1082
16:1 undifferentiated	S1082

NDB No. 43514 Frozen novelties, ice type, pop, with low calorie sweetener

Sucrose	S1067
Fluoride, F	S1067

NDB No. 43514 Frozen novelties, ice type, pop, with low calorie sweetener

Glucose (dextrose)	S1067
Water	S1067
Manganese, Mn	S1067
Maltose	S1067
Iron, Fe	S1067
Magnesium, Mg	S1067
Potassium, K	S1067
Copper, Cu	S1067
Protein	S1067
Fructose	S1067
Zinc, Zn	S1067
Ash	S1067
Fiber, total dietary	S1067
Lactose	S1067
Calcium, Ca	S1067
Phosphorus, P	S1067
Sodium, Na	S1067
Vitamin C, total ascorbic acid	S1067

NDB No. 43535 Babyfood, juice, apple - cherry

Fluoride, F	D5201

NDB No. 43570 Cereals ready-to-eat, POST, HONEY BUNCHES OF OATS, honey roasted

Total lipid (fat)	S3774
Riboflavin	S3774
Niacin	S3774
Vitamin B-6	S3774
Betaine	S3461
Alanine	S3774
6:0	S3774
20:5 n-3 (EPA)	S3774
Fatty acids, total polyunsaturated	S3774
18:3 n-3 c,c,c (ALA)	S3774
Protein	S3774
Starch	S3774
Galactose	S3774

NDB No. 43570 Cereals ready-to-eat, POST, HONEY BUNCHES OF OATS, honey roasted

Calcium, Ca	S3774
Selenium, Se	S3774
Glycine	S3774
Fatty acids, total saturated	S3774
12:0	S3774
15:0	S3774
18:2 CLAs	S3774
24:1 c	S3774
Magnesium, Mg	S3774
Manganese, Mn	S3774
Threonine	S3774
Isoleucine	S3774
Methionine	S3774
10:0	S3774
18:4	S3774
24:0	S3774
18:2 t not further defined	S3774
16:1 c	S3774
18:1 c	S3774
22:1 c	S3774
18:3 n-6 c,c,c	S3774
Ash	S3774
Lactose	S3774
Water	S3774
Zinc, Zn	S3774
Tryptophan	S3774
Aspartic acid	S3774
16:0	S3774
20:0	S3774
20:2 n-6 c,c	S3774
17:1	S3774
20:3 undifferentiated	S3774
Fatty acids, total trans-monoenoic	S3774
15:1	S3774
22:4	S3774
Fructose	S3774
Sugars, total	S3774

NDB No. 43570 Cereals ready-to-eat, POST, HONEY BUNCHES OF OATS, honey roasted

Fiber, total dietary	S3774
Iron, Fe	S3774
Sodium, Na	S3774
Vitamin B-12	S3774
Histidine	S3774
8:0	S3774
14:0	S3774
20:4 undifferentiated	S3774
22:1 undifferentiated	S3774
17:0	S3774
Sucrose	S3774
Glucose (dextrose)	S3774
Phosphorus, P	S3774
Folic acid	S3774
Cystine	S3774
20:1	S3774
16:1 t	S3774
18:1 t	S3774
22:1 t	S3774
20:3 n-6	S3774
Maltose	S3774
Potassium, K	S3774
Copper, Cu	S3774
Vitamin C, total ascorbic acid	S3774
Thiamin	S3774
Pantothenic acid	S3774
Choline, total	S3461
Leucine	S3774
Tyrosine	S3774
Valine	S3774
Serine	S3774
Fatty acids, total trans	S3774
18:2 undifferentiated	S3774
22:6 n-3 (DHA)	S3774
22:0	S3774
14:1	S3774
18:2 n-6 c,c	S3774

NDB No. 43570 Cereals ready-to-eat, POST, HONEY BUNCHES OF OATS, honey roasted

Fatty acids, total trans-polyenoic	S3774
Retinol	S3774
Lysine	S3774
Phenylalanine	S3774
Arginine	S3774
Glutamic acid	S3774
Proline	S3774
18:0	S3774
18:1 undifferentiated	S3774
18:3 undifferentiated	S3774
16:1 undifferentiated	S3774
22:5 n-3 (DPA)	S3774
Fatty acids, total monounsaturated	S3774
20:3 n-3	S3774

NDB No. 48052 Vital wheat gluten

Total lipid (fat)	S1362
Energy	S1362
Protein	S1362
Fiber, total dietary	S1362
Ash	S1362
Iron, Fe	S1362
Calcium, Ca	S1362
Potassium, K	S1362
Water	S1362
Phosphorus, P	S1362
Sodium, Na	S1362

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S69 Produce Marketing Association (PMA) 1990
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Nutrient Content of Macadamia Nuts

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Modesto, CA

S80 Mushroom Council 1999
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Dublin, CA

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Nutrient Content of Almonds
Modesto, CA

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Chicago, IL

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Nutrient Composition of Fred Usinger, Inc. Luncheon Meats
Milwaukee, WI

S224 Tyson Foods, Inc. 1999
Nutrient Composition of Tyson Foods, Inc./Weaver Luncheon Meats
Springdale, AR

S225 Bar-S Foods 1999
Nutrient composition of Bar-S Foods Company Luncheon Meats
Clinton, OK

S226 Underwood 1999
Nutrient Composition of The Pillsbury Company/Underwood Luncheon Meats
St. Paul, MN

S227 Bil Mar Foods 1999
Nutrient Composition of Bil-Mar Foods Luncheon Meats
Zeeland, MI

S228 Bridgford 1999
Nutrient Composition of Bridgford Foods of Illinois, Inc. Luncheon Meats
Chicago, IL

S230 Carl Buddig 1999
Nutrient Composition of Carl Buddig and Company Luncheon Meats
South Holland, IL

S231 Carando Gourmet 1999
Nutrient Composition of Carando Gourmet Foods Corporation Luncheon Meats
Springfield, MA

S233 Citterio USA Corp. 1999
Nutrient Composition of Citterio USA Corporation Luncheon Meats
Freeland, PA

S235 Country Smoked Meats 1999
Nutrient Composition of Country Smoked Meats, Inc. Luncheon Meats
Wooster, OH

S237 Farmland 1999
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S238 Gallo Salame 1999
Nutrient Composition of Gallo Salame/Galileo Foods Luncheon Meats
San Lorenzo, CA

S239 Hillshire Farm & Kahn's 1999
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Cincinnati, OH

S241 Jimmy Dean Foods 1999
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S242 Johnsonville Foods Co. 1999
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S243 Jones 1999
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Fort Atkinson, WI

S244 Juniata Packing 1999
Nutrient Composition of Juniata Packing Luncheon Meats

S245 Penn Valley Farms 1999
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Chicago, IL

S247 Schaller & Weber Inc. 1999
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S248 Sutton Place Gourmet 1999
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Nutrient Composition of Odom's Tennessee Pride Sausage, Inc. Luncheon Meats
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S251 Bob Evans Farms 1999
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Columbus, OH

S252 Jerome Foods 1999
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S259 Hormel Foods Corp. 1999
Nutrient Composition of Hormel Foods Corporation Luncheon Meats

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S461 Nutrient Data Laboratory, ARS, USDA 2001
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Beltsville, MD

S482 Nutrient Data Laboratory, ARS, USDA 2001
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Beltsville, MD

S502 Nutrient Data Laboratory, ARS, USDA 2001
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Beltsville, MD

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Beltsville, MD

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Beltsville, MD

S561 Nutrient Data Laboratory, ARS, USDA 2000
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Beltsville, MD

S562 Nutrient Data Laboratory, ARS, USDA 2000
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Beltsville, MD

S563 Nutrient Data Laboratory, ARS, USDA 2001
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Beltsville, MD

S564 Nutrient Data Laboratory, ARS, USDA 2001
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Beltsville, MD

S565 Nutrient Data Laboratory, ARS, USDA 2001
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S566 Nutrient Data Laboratory, ARS, USDA 2001
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S581 Produce Marketing Association (PMA) 1989
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S625 National Food Processors Association 1993
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Crookston, MN

S682 Kellogg, Co. 2001
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S702 The Quaker Oats, Co. 2001
Quaker Oats Company Data

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S881 The Quaker Oats, Co. 2002
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S922 General Mills Inc. 2005
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S941 Hammons Products Company 2002
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Stockton, MO

S961 National Sunflower Association 2000
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Bismark, ND

S963 Produce Marketing Association (PMA) 1990
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S986 University of Maine 1982
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S1001 Southeastern Regional Lab (ARS South Atlantic Area), Georgia, USDA 1981
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Nutrient Content of Watermelon

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Nutrient Content of Avocado

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Nutrient composition of Oscar Mayer Luncheon Meats
Beltsville, MD

S1062 Nutrient Data Laboratory, ARS, USDA 2002
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S1063 Nutrient Data Laboratory, ARS, USDA 2002
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Beltsville, MD

S1064 Nutrient Data Laboratory, ARS, USDA 2002
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Beltsville, MD

S1065 Nutrient Data Laboratory, ARS, USDA 2002
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S1066 Nutrient Data Laboratory, ARS, USDA 2002
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Beltsville, MD

S1067 Nutrient Data Laboratory, ARS, USDA 2002
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Beltsville, MD

S1068 Nutrient Data Laboratory, ARS, USDA 2002
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S1069 Nutrient Data Laboratory, ARS, USDA 2002
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S1082 Nutrient Data Laboratory, ARS, USDA 2002
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Beltsville, MD

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Beltsville, MD

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S1162 Nutrient Data Laboratory, ARS, USDA 2002
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Beltsville, MD

S1163 Nutrient Data Laboratory, ARS, USDA 2002
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S1164 Nutrient Data Laboratory, ARS, USDA 2002
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Beltsville, MD

S1165 Nutrient Data Laboratory, ARS, USDA 2002
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Beltsville, MD

S1166 Nutrient Data Laboratory, ARS, USDA 2002
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Beltsville, MD

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Beltsville, MD

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Beltsville, MD

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Winnipeg,

S1222 University of Georgia, KC Institute GA0001 1992
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Beltsville, MD

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S1343 Nutrient Data Laboratory, ARS, USDA 2002
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Beltsville, MD

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Bismark, ND

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Beltsville, MD

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S1701 Ocean Spray Cranberries, Inc. 2002
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S1742 Nutrient Data Laboratory, ARS, USDA 2000
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Beltsville, MD

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Beltsville, MD

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Beltsville, MD

S2105 Nutrient Data Laboratory, ARS, USDA 2002
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Beltsville, MD

S2106 Nutrient Data Laboratory, ARS, USDA 2003
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Beltsville, MD

S2107 Nutrient Data Laboratory, ARS, USDA 2003
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Beltsville, MD

S2108 Nutrient Data Laboratory, ARS, USDA 2003
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Beltsville, MD

S2109 Nutrient Data Laboratory, ARS, USDA 2003
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Beltsville, MD

S2110 Nutrient Data Laboratory, ARS, USDA 2003
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Beltsville, MD

S2111 Nutrient Data Laboratory, ARS, USDA 2003
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Beltsville, MD

S2112 Nutrient Data Laboratory, ARS, USDA 2003
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Anchorage, AK

S2142 National Sunflower Association 2003
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Beltsville, MD

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Beltsville, MD

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S2502 Malt-O-Meal Company 2004
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Beltsville, MD

S2621 California Salmon Council 2000
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Folsom, CA

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Beltsville, MD

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Beltsville, MD

S2664 Nutrient Data Laboratory, ARS, USDA 2004
Kellogg Company Data
Beltsville, MD

S2664 Kellogg, Co. 2004
Kellogg Company Data

S2682 Food and Drug Administration (FDA), DHHS 2000
FDA Total Diet Study

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FDA Total Diet Study

S2684 Food and Drug Administration (FDA), DHHS 2002
FDA Total Diet Study

S2702 Nutrient Data Laboratory, ARS, USDA 2004
National Food and Nutrient Analysis Program Wave 8i
Beltsville, MD

S2703 National Cattlemen's Beef Association (NCBA) 2004
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Chicago, IL

S2722 Nutrient Data Laboratory, ARS, USDA 2004
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Beltsville, MD

S2741 Nutrient Data Laboratory, ARS, USDA 2004
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Beltsville, MD

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Beltsville, MD

S2782 Nutrient Data Laboratory, ARS, USDA 2004
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Beltsville, MD

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Beltsville, MD

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S2841 Alcohol and Tobacco Tax and Trade Bureau 2004
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Beltsville, MD

S2901 American Italian Pasta Company 2004
Trans fat in egg noodles
, MO

S2921 Uncle Ben's 2005
Niacin in parboiled rice

S2922 The Vinegar Institute 2002
Nutrient content of vinegars
Atlanta, GA

S2941 Mushroom Council 2004
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Dublin, CA

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S2982 University of Texas at Austin, KC Institute TX0002 1975
Minerals in selected fruits and fruit juices

S2982 University of Texas, SW Medical School, KC Institute TX0001 1975
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S3001 Reckitt Benckiser INC. (French's mustard) 2004
Nutrient content of French's Mustard
Springfield, MO

S3021 Mizkan Americas, Inc 2005
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S3061 Nutrient Data Laboratory, ARS, USDA 2004
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Beltsville, MD

S3081 National Grain Sorghum Producers 2005
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S3181 Almond Board of California 2005
Nutrient content of almond butter, Almond Board of California
Modesto, CA

S3221 University of California 2005
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S3241 Nutrition Coordinating Center, Univ. of Minnesota 2005
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Beltsville, MD

S3301 Nutrient Data Laboratory, ARS, USDA 2003
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Beltsville, MD

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Hackettstown, NJ

S3381 Smuckers 2006
Label 2006

S3402 California Strawberry Commission 2005
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Watsonville, CA

S3421 Kellogg, Co. 2005
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S3461 Nutrient Data Laboratory, ARS, USDA 2003
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Beltsville, MD

S3481 Nutrient Data Laboratory, ARS, USDA 2004
National Food and Nutrient Analysis Program Wave 8c
Beltsville, MD

S3501 Mizkan Americas, Inc 2006
Nutrient analysis of vinegar

S3521 McDonalds 2006
Data supplied by McDonalds

S3541 Nutrient Data Laboratory, ARS, USDA 2004
National Food and Nutrient Analysis Program, Wave 8g
Beltsville, MD

S3542 Nutrient Data Laboratory, ARS, USDA 2004
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Beltsville, MD

S3544 Nutrient Data Laboratory, ARS, USDA 2004
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Beltsville, MD

S3546 Nutrient Data Laboratory, ARS, USDA 2005
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Beltsville, MD

S3547 Nutrient Data Laboratory, ARS, USDA 2005
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Beltsville, MD

S3548 Nutrient Data Laboratory, ARS, USDA 2005
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Beltsville, MD

S3549 Nutrient Data Laboratory, ARS, USDA 2005
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Beltsville, MD

S3550 Nutrient Data Laboratory, ARS, USDA 2005
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Beltsville, MD

S3551 Nutrient Data Laboratory, ARS, USDA 2005
National Food and Nutrient Analysis Program, Wave 9n
Beltsville, MD

S3552 Nutrient Data Laboratory, ARS, USDA 2005
National Food and Nutrient Analysis Program, Wave 9o
Beltsville, MD

S3553 Nutrient Data Laboratory, ARS, USDA 2005
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Beltsville, MD

S3554 Nutrient Data Laboratory, ARS, USDA 2005
National Food and Nutrient Analysis Program, Wave 9q
Beltsville, MD

S3555 Nutrient Data Laboratory, ARS, USDA 2005
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Beltsville, MD

S3557 Nutrient Data Laboratory, ARS, USDA 2006
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Beltsville, MD

S3558 Nutrient Data Laboratory, ARS, USDA 2006
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Beltsville, MD

S3559 Nutrient Data Laboratory, ARS, USDA 2006
National Food and Nutrient Analysis Program, Wave 10e
Beltsville, MD

S3561 Nutrient Data Laboratory, ARS, USDA 2004
National Food and Nutrient Analysis Program Wave 8k
Beltsville, MD

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Nutrient content of prepared yellow mustard
City of Industry, CA

S3622 Plochman, Inc. 2005
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S3641 Mushroom Council 2006
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Dublin, CA

S3682 Nutrient Data Laboratory, ARS, USDA 2002
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Beltsville, MD

S3683 Unilever 2006
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Kitchener, ON,

S3742 ConAgra, Inc. 2005
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Omaha, NE

S3743 Continental Mills, Krusteaz 2005
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S3761 Anheuser-Busch 2005
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S3764 George weston Bakeries, Inc. 2005
George Watson company data
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S3765 H.J. Heinz, Co. 2005
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S3766 Pillsbury Co. 2005
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S3767 Smuckers 2005
Smuckers company data

S3770 Nestle USA, Inc. 2006
Nestle company data

S3773 Nutrient Data Laboratory, ARS, USDA 2006
National Food and Nutrient Analysis Program Wave 10h
Beltsville, MD

S3774 Nutrient Data Laboratory, ARS, USDA 2006
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Beltsville, MD

S3841 Food and Drug Administration (FDA), DHHS 2003
FDA Total Diet Study

S3901 The Quaker Oats, Co. 2006
Quaker Oats Company Data

S3921 Campbell Soup Company 2006
Campbell's Soup Company

S3941 National Pork Board (NPB) 2006
Pork Study - Natural Cuts - 2006

S3942 National Pork Board (NPB) 2006
Pork Study - Enhanced Cuts - 2006

S4001 Nutrient Data Laboratory, ARS, USDA 2006
Choline Study, Local pickup VPI, NFNAP
Beltsville, MD

S4021 Vitasoy 2006
Nutritional Values for Select Vitasoy Products

S4043 Nutrient Data Laboratory, ARS, USDA 2006
National Food and Nutrient Analysis Program Wave 10j
Beltsville, MD

S4061 Food and Drug Administration (FDA), DHHS 2004
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S4101 Nutrient Data Laboratory, ARS, USDA 2004
National Food and Nutrient Analysis Program Wave 8d
Beltsville, MD

S4121 Diamond Foods, Inc. 2007
Label 07
Stockton, CA

S4141 Almond Board of California 2006
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